



ALASKA, ARIZONA, CALIFORNIA, HAWAII, IDAHO,
NEVADA, OREGON, UTAH, WASHINGTON, AND THE
PACIFIC RIM INCLUDING WESTERN CANADA, AUSTRALIA,
NEW ZEALAND, GUAM, AND ALL OTHER ASIAN COUNTRIES

Greetings PCCHA Members!

Happy spring semester, we hope this newsletter finds you all well! We would like to start this newsletter off with a call for PCCHA 2023 Executive Board Nominations!

Why Join and Get Involved with PCCHA?

The Pacific Coast College Health Association (PCCHA) is a regional affiliate (Region VI) of the American College Health Association (ACHA).

The purpose of the PCCHA is to provide a professional organization which institutions of higher education, their health services, other interested individuals, and organizations may join in order to work together to promote health, including preventive and health promotion programs, on behalf of those they serve—the students. PCCHA provides a great way to network with colleagues, share ideas, and support and learn from one another.

PCCHA represents Alaska, Arizona, California, Hawaii, Idaho, Oregon, Nevada, Utah, and Washington. PCCHA is also represented internationally in Asia, Australia, New Zealand, and Western Canada (Alberta, British Columbia, the Northwest Territories, and the Yukon).

The PCCHA encompasses the largest geographic area of any ACHA affiliate allowing for further diversity and inclusivity among college health providers from many different backgrounds. Joining the Executive Board of the PCCHA allows professionals further opportunities to impact the health of college students in our region and purvey health promotion in an interdisciplinary network of others with the same goals. Being a member also allows for further opportunities to apply for numerous grants and awards to recognize outstanding achievements in advancing college health.

We Need You!

Call for PCCHA 2023 Executive Board Nominations

The Pacific Coast College Health Association (PCCHA) is looking to fill a number of open positions on its Executive Board for the 2023 term. Terms begin January 1 of the calendar year, unless stated otherwise. The list of available opportunities is below:

1. **President-Elect** (3-year commitment, First Year-President-elect, Second Year-President, Third Year-Past President)
2. **Vice President-Elect** (2-year commitment, First Year-Vice President-elect, Second Year-Vice President)

How to Apply:

1. Read the attached PCCHA Executive Committee Positions and Responsibilities document.
2. If you are interested in being considered for one of the Executive Board positions, please complete the attached PCCHA Candidate Interest Form and submit it electronically, including all required documents, to amy.chadwick@wsu.edu.
3. Must be a PCCHA member in good standing and maintain the membership during your tenure in the position.

We would also like to introduce you to our current PCCHA Executive Board Members for 2023!

- **Amy Chadwick, PCCHA President**

Amy serves as the PCCHA President and is the Patient Service Manager Washington State University. She has been involved in college health for the past 8 years.

- **Dr. Jeanne Harris-Caldwell, PCCHA Vice President**

Dr. Harris-Caldwell is the PCCHA Vice President and is the Dean of Wellness, Social Services, and Child Development Services at Saddleback College.

- **Kristin Shockney, PCCHA Secretary**

Kristin has been in college health for the past 17 years at the University of Nevada, Reno Student Health Center.

- **Julee Demello, PCCHA Treasurer**

Julee is the Assistant Director of the University of Nevada, Reno Student Health Center and has been in college health for the past 29 years.

- **Caitlin Pingrey, PCCHA Historian**

Caitlin is a Nurse Practitioner at the Student Health and Wellness Center at Otis College of Art and Design in Los Angeles, California.

- **Jeanie Deakyne, PCCHA Member at Large: Research and Grants**

Jeanie is the Front Office Manager at the University of California, Irvine.

- **Brian Davies MA, LPC, PCCHA Member at Large: Awards**

Brian has been in college health as a mental health counselor for 8 years. He now works for Boise State University Health Services.

- **Malia Sanderson, PCCHA Student Representative**

Malia is the Graduate Assistant Public Health Education Coordinator for the Student Health Center at the University of Nevada, Reno.

- **Cheryl Hug-English, MD, MPH, ACHA Region VI Representative**

Dr. Hug-English is the Medical Director at the Student Health Center at the University of Nevada, Reno. She has been in college health for the past 35 years.

Announcements:

PCCHA will be hosting our first Zoom Luncheon on April 17th, 2023, from 12:00-12:45: In our first PCCHA Zoom Luncheon, we will be discussing sexual health and what everyone is doing on their campus. Some of the areas to discuss will be:

- Sexual health in the college population.
- STI testing, does your institution provide tests free of charge? Do you charge for this service, and if so, how much?
- Do you utilize an online scheduling platform for sexual health related services like testing? How web-booking impacted the amount of patients you see?
- What are your current practices around HIV care? Does your institution prescribe PEP or PrEP? Are you currently utilizing rapid HIV testing at your institution?

These will be informal discussions where we invite you to share with other college health professionals on what your current practices are at your institution.

We hope to see you all there and join together in a lunch time conversation.

Zoom link for event: <https://wsu.zoom.us/j/92438280109?pwd=OEsrTkMxOVhVaDBoMTFHWG03L1dWUT09>

Meeting ID: 924 3828 0109

Passcode: 880674

If you have ideas for future luncheon topics, please email your thoughts or ideas to amy.chadwick@wsu.edu

Due to impacts of the COVID-19 pandemic, the PCCHA will unfortunately not be hosting a 2023 conference this year. We will continue to look for the best ways to connect virtually. Stay tuned for more details on the upcoming PCCHA conference in the fall of 2024! More information to come.

Don't forget to register for the ACHA Annual Meeting!

About the Meeting

When: May 30-June 3, 2023

Where: Boston Marriott Copley Place

Who Attends: Nearly 2,000 college health and wellness professionals, including clinical and mental health providers, campus health center directors and administrators, health promotion professionals, and other campus stakeholders

Why Attend: The ACHA Annual Meeting is the largest annual gathering of professionals who serve, promote, and advocate for the wellness needs of students on our nation's college and university campuses.

Join us as we gather with colleagues from across the country to experience . . .

- More than 150 sessions and workshops featuring progressive strategies, best practices, new research, and emerging trends
- Networking opportunities with a dynamic community of college health and well-being experts and peers
- More than 20 hours of CE credit for multiple disciplines
- Discounted registration fees for ACHA members

Register here:

https://www.acha.org/AnnualMeeting23/Home/AnnualMeeting23/Home_2023_Annual_Meeting.aspx?hkey=2bc4b158-6aa8-4325-aedf-b398b35f378a

CURRENT AWARDS:

Congratulations to Ms. Rebecca Norwick on receiving the 2023 Affiliate New Professional Award!

Over the past 3 years, educators experienced first-hand, the importance of flexibility and innovation as they grappled with how to execute their mission in a pandemic environment where self-quarantining and isolation were the norm.

How do you operate a place of higher education in a way that minimizes human interaction while also facilitating learning and engagement?

Ms. Rebecca Norwick, from Sonoma County, California's Santa Rosa Junior College (SRJC), was one of the individuals tasked with helping bridge these seemingly incompatible demands, and by the accounts of her nominators, she more than succeeded. In addition to working with college administrators to develop and implement protocols for addressing the unique public health needs of the time, Ms. Norwick resourcefully procured free vaccines, operated drive-through vaccination clinics, organized mass vaccination events and otherwise generally advocated for student health by any means necessary. And while she could have been consumed completely with duties related to the coronavirus pandemic, Ms. Norwick still found time and energy to expand the reproductive health services offered at SRJC and broaden student access to these services by working to increase insurance coverage. For her passion, resourcefulness, and tireless advocacy for student health, PCCHA is delighted to honor Ms. Norwick with this year's Affiliate New Professional Award! Please join us in recognizing her!