



NATIONAL COLLEGE HEALTH ASSESSMENT

SPRING 2025

Reference Group Data Report



AMERICAN
COLLEGE
HEALTH
ASSOCIATION

Demographics of Participating Institutions

One hundred and six postsecondary institutions self-selected to participate in the Spring 2025 ACHA National College Health Assessment and 70,859 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all students or used a random sampling technique, and used the ACHA-NCHA III (currently only offered as a web survey) are included in the analysis, yielding a final data set consisting of 65,950 students at 97 schools. Demographic characteristics of the 97 campuses follow.

Demographic Characteristics of the 97 US Postsecondary Institutions Included in the Spring 2025 ACHA-NCHA III Reference Group	
Campus Characteristic (from 2023 Dept. of Education IPEDS data files)	<i>n</i>
Type of Institution	
Public	60
Private	37
2-year	5
4-year or above	92
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	21
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	20
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX, VA, WV)	20
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	36
Campus Size	
< 2,500 students	17
2,500 – 4,999 students	14
5,000 – 9,999 students	17
10,000 – 19,999 students	15
20,000 students or more	34
Campus Setting	
Urban	51
Suburban	23
Town	19
Rural	4
Carnegie Classification	
Associates Colleges	5
Baccalaureate Colleges	19
Baccalaureate/Associates Colleges	1
Masters Colleges and Universities	21
Doctoral Universities	49
Special Focus Institutions	2
Miscellaneous	0

Demographic Characteristics of the 97 US Postsecondary Institutions Included in the Spring 2025 ACHA-NCHA III Reference Group	
Campus Characteristic (from 2023 Dept. of Education IPEDS data files)	<i>n</i>
ACHA Membership Status	
Institutional Member	84
Nonmember	13
Religious Affiliation	
No	84
Yes	13
Postsecondary Minority Institution (US Department of Education)	
No	75
Yes	22
*If yes:	
Historically Black College or University (HBCU)	4
Hispanic-serving Institution (HSI)	13
Tribal College or University	1
Predominately Black Institution	0
Asian American and Native American Pacific Islander-serving	10
Alaska Native-serving or Native Hawaiian-serving Institution	0
Native American-serving Nontribal Institution	1
*institutions may hold more than one type of minority status	
NOTE: In an effort to protect the identity of the participating institutions, the minority institution status variables have been recoded into a single dichotomous (yes/no) variable in the Reference Group SPSS data files. Secondary researchers with access to the blind data files will not be able to ascertain which type of minority status designation an institution holds.	

	Spring 2025 Institutions
Number of institutions	97
Number of students	65,950
Mean response proportion	11%
Median response proportion	10%

Notes about the use of sex and gender in this report

RSEX variable

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

Beginning in Spring 2021, responses for transgender and gender-nonconforming students became readily available directly in the report documents.

Important considerations with this format

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

Questions about this report? Please reach out to Christine Kukich at Ckukich@acha.org



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III) Reference Group Data Report - Spring 2025

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. [Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.](#)

1) How would you describe your overall health?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	3176	19	4214	11	214	6	7793	12.8
2 Very good	6904	42	15607	40	1032	26	23875	39.3
3 Good	4909	30	14798	38	1663	43	21753	35.8
4 Fair	1272	8	4052	10	797	20	6292	10.4
5 Poor	218	1	531	1	199	5	988	1.6
Valid responses =	16479	27	39202	65	3905	6	60701	92.0

Invalid responses include no response.

2A) I feel that I belong at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	379	2	648	2	111	3	1218	1.9
2 Disagree	522	3	932	2	208	5	1727	2.6
3 Somewhat disagree	996	6	2247	5	370	9	3711	5.7
4 Somewhat agree	3809	21	9551	23	1195	28	14884	22.7
5 Agree	7783	43	18863	45	1685	40	28744	43.8
6 Strongly agree	4579	25	9916	24	656	16	15367	23.4
Valid responses =	18068	28	42157	64	4225	6	65651	99.5

Invalid responses include no response.

R2B) I feel that students' health and well-being are a priority of my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	465	3	867	2	194	5	1615	2.5
2 Disagree	777	4	1776	4	333	8	2965	4.5
3 Somewhat disagree	1583	9	3832	9	613	15	6196	9.5
4 Somewhat agree	5400	30	13444	32	1505	36	20719	31.6
5 Agree	6721	37	15632	37	1239	29	23919	36.5
6 Strongly agree	3098	17	6554	16	338	8	10149	15.5
Valid responses =	18044	28	42105	64	4222	6	65563	99.4

Invalid responses include no response.

R2C) I feel that the climate of my college/university encourages free and open discussion about students' health and well-being.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	395	2	678	2	143	3	1294	2.0
2 Disagree	597	3	1169	3	239	6	2076	3.2
3 Somewhat disagree	1267	7	2951	7	553	13	4902	7.5
4 Somewhat agree	4777	27	11413	27	1237	29	17785	27.1
5 Agree	7141	40	17407	41	1490	35	26394	40.3
6 Strongly agree	3853	21	8466	20	556	13	13070	19.9
Valid responses =	18030	28	42084	64	4218	6	65521	99.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

R2D) We are a college/university where we look out for each other.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	500	3	913	2	237	6	1737	2.7
2 Disagree	758	4	1717	4	310	7	2868	4.4
3 Somewhat disagree	1829	10	4035	10	602	14	6621	10.1
4 Somewhat agree	5287	29	13509	32	1461	35	20628	31.5
5 Agree	6259	35	15002	36	1198	29	22776	34.8
6 Strongly agree	3348	19	6847	16	397	9	10762	16.5
Valid responses =	17981	27	42023	64	4205	6	65392	99.2

Invalid responses include no response.

3A) How many hours do you spend in a typical week (7 days) on the following activities?

Attending classes, discussion sections, or labs

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	369	2	788	2	75	2	1258	1.9
2 1-5 hours	2338	13	6033	14	478	11	9005	13.7
3 6-10 hours	4471	25	10684	25	1023	24	16505	25.2
4 11-15 hours	4890	27	11019	26	1286	30	17476	26.6
5 16-20 hours	3593	20	8104	19	865	21	12762	19.5
6 21-25 hours	1225	7	2809	7	297	7	4419	6.7
7 26-30 hours	599	3	1394	3	110	3	2143	3.3
8 More than 30 hours	590	3	1311	3	92	2	2037	3.1
Valid responses =	18075	28	42142	64	4226	6	65605	99.5

Invalid responses include no response.

3B) How many hours do you spend in a typical week (7 days) on the following activities?

Studying and other academic activities outside of class

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	194	1	369	1	44	1	636	1.0
2 1-5 hours	3821	21	9171	22	934	22	14157	21.6
3 6-10 hours	5148	29	12580	30	1318	31	19382	29.6
4 11-15 hours	3540	20	8081	19	846	20	12681	19.4
5 16-20 hours	2308	13	5442	13	530	13	8427	12.9
6 21-25 hours	1171	7	2782	7	241	6	4266	6.5
7 26-30 hours	768	4	1817	4	150	4	2782	4.2
8 More than 30 hours	1090	6	1829	4	152	4	3147	4.8
Valid responses =	18040	28	42071	64	4215	6	65478	99.3

Invalid responses include no response.

3C) How many hours do you spend in a typical week (7 days) on the following activities?

Attending cultural events, movies, concerts, sports or other entertainment with others

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4601	26	10272	24	1215	29	16366	25.0
2 1-5 hours	9749	54	25217	60	2369	56	37900	57.9
3 6-10 hours	2383	13	4572	11	448	11	7576	11.6
4 11-15 hours	727	4	1192	3	103	2	2073	3.2
5 16-20 hours	283	2	456	1	49	1	820	1.3
6 21-25 hours	135	1	193	1	14	0	359	0.5
7 26-30 hours	80	0	113	0	11	0	217	0.3
8 More than 30 hours	77	0	87	0	11	0	197	0.3
Valid responses =	18035	28	42102	64	4220	6	65508	99.3

Invalid responses include no response.

3D) How many hours do you spend in a typical week (7 days) on the following activities?

Performing community service or volunteer activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	10817	60	22525	54	2577	61	36463	55.7
2 1-5 hours	5557	31	15909	38	1272	30	23097	35.3
3 6-10 hours	945	5	2284	5	189	5	3512	5.4
4 11-15 hours	326	2	754	2	74	2	1222	1.9
5 16-20 hours	182	1	307	1	35	1	553	0.8
6 21-25 hours	101	1	152	0	21	1	290	0.4
7 26-30 hours	60	0	102	0	34	1	212	0.3
8 More than 30 hours	54	0	74	0	15	0	165	0.3
Valid responses =	18042	28	42107	64	4217	6	65514	99.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2952	16	9681	23	1580	37	14490	22.1
2 1-5 hours	7089	39	19692	47	1815	43	29023	44.3
3 6-10 hours	4723	26	8309	20	543	13	13806	21.0
4 11-15 hours	1869	10	2458	6	164	4	4582	7.0
5 16-20 hours	753	4	1063	3	62	2	1938	3.0
6 21-25 hours	347	2	482	1	27	1	885	1.3
7 26-30 hours	165	1	250	1	20	1	450	0.7
8 More than 30 hours	176	1	199	1	16	0	413	0.6
Valid responses =	18074	28	42134	64	4227	6	65587	99.4

Invalid responses include no response.

3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	10991	61	26716	64	3374	80	41712	63.7
2 1-5 hours	5198	29	12060	29	655	16	18188	27.8
3 6-10 hours	1025	6	2131	5	78	2	3350	5.1
4 11-15 hours	377	2	609	1	55	1	1090	1.7
5 16-20 hours	186	1	235	1	23	1	468	0.7
6 21-25 hours	101	1	137	0	19	1	276	0.4
7 26-30 hours	64	0	98	0	9	0	180	0.3
8 More than 30 hours	92	1	118	0	9	0	239	0.4
Valid responses =	18034	28	42104	64	4222	6	65503	99.3

Invalid responses include no response.

3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	8313	46	19755	47	1914	45	30370	46.4
2 1-5 hours	6430	36	16068	38	1621	38	24557	37.5
3 6-10 hours	1889	11	4108	10	435	10	6592	10.1
4 11-15 hours	711	4	1164	3	144	3	2093	3.2
5 16-20 hours	322	2	473	1	52	1	882	1.3
6 21-25 hours	150	1	245	1	26	1	439	0.7
7 26-30 hours	91	1	121	0	14	0	241	0.4
8 More than 30 hours	108	1	108	0	11	0	243	0.4
Valid responses =	18014	28	42042	64	4217	6	65417	99.2

Invalid responses include no response.

3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1264	7	2268	5	272	7	3902	6.0
2 1-5 hours	6444	36	17284	41	1611	38	25748	39.5
3 6-10 hours	5154	29	12080	29	1290	31	18829	28.9
4 11-15 hours	2583	14	5430	13	546	13	8722	13.4
5 16-20 hours	1228	7	2370	6	249	6	3922	6.0
6 21-25 hours	567	3	1082	3	97	2	1784	2.7
7 26-30 hours	289	2	622	2	58	1	987	1.5
8 More than 30 hours	436	2	820	2	80	2	1367	2.1
Valid responses =	17965	28	41956	64	4203	6	65261	99.0

Invalid responses include no response.

3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	11184	63	25976	63	2966	71	40774	63.0
2 1-5 hours	4866	27	12280	30	934	22	18352	28.3
3 6-10 hours	1089	6	2310	6	161	4	3650	5.6
4 11-15 hours	361	2	587	1	38	1	1029	1.6
5 16-20 hours	168	1	225	1	20	1	439	0.7
6 21-25 hours	78	0	111	0	33	1	238	0.4
7 26-30 hours	50	0	60	0	11	0	130	0.2
8 More than 30 hours	59	0	42	0	10	0	128	0.2
Valid responses =	17855	28	41591	64	4173	6	64740	98.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

3J) How many hours do you spend in a typical week (7 days) on the following activities?

Spending time with family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	6532	36	13186	31	1839	44	21928	33.6
2 1-5 hours	6426	36	16925	40	1524	36	25279	38.7
3 6-10 hours	2174	12	5214	12	401	10	7943	12.2
4 11-15 hours	1031	6	2348	6	159	4	3609	5.5
5 16-20 hours	602	3	1414	3	102	2	2170	3.3
6 21-25 hours	294	2	692	2	47	1	1054	1.6
7 26-30 hours	192	1	461	1	48	1	714	1.1
8 More than 30 hours	729	4	1756	4	90	2	2624	4.0
Valid responses =	17980	28	41996	64	4210	6	65321	99.0

Invalid responses include no response.

3K) How many hours do you spend in a typical week (7 days) on the following activities?

Watching TV, streaming movies/TV, or other media for entertainment

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1234	7	2512	6	255	6	4113	6.3
2 1-5 hours	6778	38	17983	43	1585	38	26775	40.9
3 6-10 hours	5282	29	12424	30	1229	29	19234	29.4
4 11-15 hours	2511	14	5051	12	574	14	8294	12.7
5 16-20 hours	1138	6	2217	5	269	6	3705	5.7
6 21-25 hours	482	3	924	2	124	3	1558	2.4
7 26-30 hours	262	2	499	1	75	2	849	1.3
8 More than 30 hours	350	2	486	1	109	3	965	1.5
Valid responses =	18037	28	42096	64	4220	6	65493	99.3

Invalid responses include no response.

3L) How many hours do you spend in a typical week (7 days) on the following activities?

Gaming

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	6321	35	29634	71	1708	41	38170	58.4
2 1-5 hours	5705	32	8288	20	1334	32	15623	23.9
3 6-10 hours	3005	17	2331	6	607	14	6092	9.3
4 11-15 hours	1528	9	882	2	288	7	2779	4.3
5 16-20 hours	718	4	432	1	130	3	1326	2.0
6 21-25 hours	311	2	210	1	61	1	600	0.9
7 26-30 hours	192	1	130	0	38	1	371	0.6
8 More than 30 hours	250	1	106	0	43	1	423	0.6
Valid responses =	18030	28	42013	64	4209	6	65384	99.1

Invalid responses include no response.

3M) How many hours do you spend in a typical week (7 days) on the following activities?

Using social media

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1675	9	2038	5	362	9	4193	6.4
2 1-5 hours	6134	34	15122	36	1471	35	23120	35.5
3 6-10 hours	5029	28	13138	31	1173	28	19639	30.2
4 11-15 hours	2679	15	6172	15	600	14	9605	14.7
5 16-20 hours	1249	7	2792	7	309	7	4435	6.8
6 21-25 hours	546	3	1220	3	115	3	1913	2.9
7 26-30 hours	251	1	705	2	67	2	1042	1.6
8 More than 30 hours	336	2	722	2	83	2	1173	1.8
Valid responses =	17899	27	41909	64	4180	6	65120	98.7

Invalid responses include no response.

3N) How many hours do you spend in a typical week (7 days) on the following activities?

Commuting to school and/or to work

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4011	22	9551	23	1060	25	14873	22.8
2 1-5 hours	9903	55	23333	56	2276	54	36028	55.2
3 6-10 hours	2688	15	6143	15	622	15	9662	14.8
4 11-15 hours	777	4	1691	4	157	4	2702	4.1
5 16-20 hours	292	2	580	1	47	1	950	1.5
6 21-25 hours	113	1	265	1	20	1	412	0.6
7 26-30 hours	72	0	155	0	16	0	253	0.4
8 More than 30 hours	111	1	224	1	12	0	362	0.6
Valid responses =	17967	28	41942	64	4210	6	65242	98.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

3O) How many hours do you spend in a typical week (7 days) on the following activities?

Working for pay

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	7968	45	15371	37	1592	38	25341	39.0
2 1-5 hours	1780	10	4386	11	401	10	6717	10.3
3 6-10 hours	2053	12	5826	14	632	15	8677	13.4
4 11-15 hours	1519	9	4532	11	463	11	6636	10.2
5 16-20 hours	1743	10	4336	10	461	11	6642	10.2
6 21-25 hours	703	4	1955	5	189	5	2894	4.5
7 26-30 hours	467	3	1327	3	151	4	1980	3.0
8 More than 30 hours	1677	9	4043	10	295	7	6106	9.4
Valid responses =	17910	28	41776	64	4184	6	64993	98.5

Invalid responses include no response.

3P) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in meditation or meditative activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	13025	72	29570	70	3025	72	46308	70.9
2 1-5 hours	3817	21	10555	25	983	23	15607	23.9
3 6-10 hours	618	3	1094	3	110	3	1905	2.9
4 11-15 hours	227	1	340	1	35	1	646	1.0
5 16-20 hours	139	1	201	1	23	1	387	0.6
6 21-25 hours	74	0	99	0	14	0	201	0.3
7 26-30 hours	50	0	58	0	10	0	127	0.2
8 More than 30 hours	59	0	59	0	12	0	147	0.2
Valid responses =	18009	28	41976	64	4212	6	65328	99.1

Invalid responses include no response.

3Q) How many hours do you spend in a typical week (7 days) on the following activities?

Performing unpaid household responsibilities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3984	22	6625	16	619	15	11428	17.4
2 1-5 hours	9148	51	22558	54	2353	56	34564	52.7
3 6-10 hours	3148	17	7864	19	791	19	12030	18.3
4 11-15 hours	976	5	2488	6	267	6	3832	5.8
5 16-20 hours	366	2	1120	3	87	2	1615	2.5
6 21-25 hours	175	1	564	1	47	1	809	1.2
7 26-30 hours	106	1	343	1	22	1	483	0.7
8 More than 30 hours	169	1	579	1	36	1	809	1.2
Valid responses =	18072	28	42141	64	4222	6	65570	99.4

Invalid responses include no response.

3R) How many hours do you spend in a typical week (7 days) on the following activities?

Taking care of children or other family members (unpaid)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	14926	83	33807	80	3613	86	53157	81.1
2 1-5 hours	1420	8	3789	9	320	8	5651	8.6
3 6-10 hours	622	3	1402	3	93	2	2185	3.3
4 11-15 hours	329	2	687	2	58	1	1120	1.7
5 16-20 hours	252	1	513	1	35	1	824	1.3
6 21-25 hours	107	1	288	1	24	1	437	0.7
7 26-30 hours	98	1	243	1	22	1	375	0.6
8 More than 30 hours	314	2	1409	3	56	1	1812	2.8
Valid responses =	18068	28	42138	64	4221	6	65561	99.4

Invalid responses include no response.

4) How do you describe your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	297	2	297	1	58	1	670	1.0
2 Slightly underweight	2408	13	3491	8	536	13	6590	10.0
3 About the right weight	9455	52	23415	56	1962	46	35486	54.0
4 Slightly overweight	5100	28	12443	30	1330	32	19153	29.2
5 Very overweight	843	5	2544	6	339	8	3773	5.7
Valid responses =	18103	28	42190	64	4225	6	65672	99.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

5) Are you trying to do any of the following about your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	3535	20	8797	21	1397	33	14021	21.3
2 Stay the same weight	3930	22	8493	20	740	18	13470	20.5
3 Lose weight	6839	38	22747	54	1730	41	31734	48.3
4 Gain weight	3798	21	2165	5	362	9	6463	9.8
Valid responses =	18102	28	42202	64	4229	6	65688	99.6

Invalid responses include no response.

6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	587	3	1031	3	136	3	1799	2.8
1 1 to 149 Minutes	7826	44	19004	45	2055	49	29393	45.2
2 150 to 299 Minutes	4490	25	10134	24	944	23	15781	24.3
3 300 or More Minutes	5095	28	11670	28	1039	25	18073	27.8
Valid responses =	17998	28	41839	64	4174	6	65046	98.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	239.57	160.00	324.4	0	5040
Cis Women	245.76	150.00	357.02	0	5040
Trans/Gender Non-conforming	223.64	120.00	304.62	0	5040
Overall	242.27	150.00	344.9	0	5040

7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	3893	22	14465	35	1743	42	20407	31.4
1 1 to 74 Minutes	5190	29	12554	30	1357	33	19442	29.9
2 75 to 149 Minutes	2658	15	5588	13	457	11	8852	13.6
3 150 or More Minutes	6244	35	9134	22	611	15	16219	25.0
Valid responses =	17985	28	41741	64	4168	6	64920	98.4

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	155.47	69.00	220.97	0	3000
Cis Women	104.89	30.00	196.26	0	3000
Trans/Gender Non-conforming	73.84	20.00	154.91	0	2999
Overall	117.07	50.00	203.26	0	3000

8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	4830	27	15980	38	2180	52	23368	35.6
1 1 day	1852	10	5630	13	614	15	8236	12.6
2 2 days	2419	13	6460	15	540	13	9561	14.6
3 3 days	2875	16	5845	14	412	10	9268	14.1
4 4 days	2177	12	3540	8	197	5	6020	9.2
5 5 days	2056	11	2806	7	168	4	5120	7.8
6 6 days	1190	7	1126	3	52	1	2411	3.7
7 7 days	698	4	761	2	61	1	1566	2.4
Valid responses =	18097	28	42148	64	4224	6	65550	99.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?

One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.

If you do not drink sugar-sweetened beverages, please enter 0.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	6527	36	12304	29	1082	26	20265	31.2
2 1 serving	3559	20	9590	23	1044	25	14388	22.2
3 2 servings	2536	14	6514	16	702	17	9883	15.2
4 3 servings	1425	8	3678	9	337	8	5517	8.5
5 4 servings	801	5	2076	5	215	5	3129	4.8
6 5 servings	731	4	1769	4	160	4	2702	4.2
7 6 servings	441	3	1036	3	99	2	1600	2.5
8 7 servings	468	3	1497	4	148	4	2135	3.3
9 8 servings	254	1	568	1	42	1	877	1.4
10 9 or more servings	1217	7	2761	7	371	9	4423	6.8
Valid responses =	17959	28	41793	64	4200	6	64919	98.4

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.56	1.00	4.17	0	30
Cis Women	2.76	1.00	4.31	0	30
Trans/Gender Non-conforming	3.05	1.00	4.67	0	30
Overall	2.72	1.00	4.3	0	30

9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?

(for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	11301	63	27922	67	2724	65	42563	65.9
2 1-2 days	2111	12	4725	11	470	11	7415	11.5
3 3-4 days	1121	6	2513	6	243	6	3938	6.1
4 5-10 days	1628	9	3216	8	323	8	5263	8.2
5 11-15 days	444	3	1021	3	132	3	1616	2.5
6 16-20 days	435	2	891	2	100	2	1446	2.2
7 21-25 days	283	2	533	1	55	1	878	1.4
8 26-30 days	528	3	775	2	118	3	1453	2.3
Valid responses =	17851	28	41596	64	4165	6	64572	97.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.09	0.00	6.73	0	30
Cis Women	2.54	0.00	5.97	0	30
Trans/Gender Non-conforming	2.98	0.00	6.64	0	30
Overall	2.72	0.00	6.25	0	30

10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	3037	17	5277	13	782	19	9265	14.2
2 1-2 servings per day	11505	64	29210	69	2762	66	44104	67.4
3 3-4 servings per day	2963	16	6508	15	564	13	10201	15.6
4 5-6 servings per day	411	2	883	2	92	2	1432	2.2
5 More than 6 servings per day	161	1	254	1	18	0	447	0.7
Valid responses =	18077	28	42132	64	4218	6	65449	99.2

Invalid responses include no response.

11) In the last 7 days, how many servings of vegetables did you eat on average per day?

One serving is 1/2 cup of fresh, frozen, or canned vegetables; 1/4 cup 100% vegetable juice; or 1 cup salad greens

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	1988	11	3603	9	521	12	6215	9.5
2 1-2 servings per day	10803	60	26377	63	2519	60	40263	61.5
3 3-4 servings per day	4431	25	10249	24	1001	24	15952	24.4
4 5-6 servings per day	653	4	1522	4	135	3	2373	3.6
5 More than 6 servings per day	211	1	391	1	41	1	664	1.0
Valid responses =	18086	28	42142	64	4217	6	65467	99.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

The food that I bought just didn't last, and I didn't have money to get more

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never True	10659	59	22785	54	2114	50	36049	55.3	
1 Sometimes True	5844	33	15000	36	1509	36	22738	34.9	
2 Often True	1505	8	4206	10	597	14	6432	9.9	
Valid responses =	18008	28	41991	64	4220	6	65219	98.9	
Invalid responses include no response.									

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

I couldn't afford to eat balanced meals.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never True	10806	60	23079	55	1979	47	36342	55.9	
1 Sometimes True	5126	29	13582	32	1415	34	20479	31.5	
2 Often True	2023	11	5246	13	816	19	8241	12.7	
Valid responses =	17955	28	41907	64	4210	6	65062	98.7	
Invalid responses include no response.									

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	11630	64	26395	63	2319	55	40877	62.4	
1 Only 1 or 2 days	2635	15	6843	16	734	17	10381	15.8	
2 Yes, some days, but not every day	2964	16	7183	17	871	21	11245	17.2	
3 Yes, almost every day	871	5	1768	4	305	7	3036	4.6	
Valid responses =	18100	28	42189	64	4229	6	65539	99.4	
Invalid responses include no response.									

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	13385	74	30745	73	2753	65	47529	72.6	
1 Yes	4706	26	11426	27	1474	35	17965	27.4	
Valid responses =	18091	28	42171	64	4227	6	65494	99.3	
Invalid responses include no response.									

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	14394	80	33339	79	2991	71	51437	78.5	
1 Yes	3702	21	8845	21	1235	29	14084	21.5	
Valid responses =	18096	28	42184	64	4226	6	65521	99.3	
Invalid responses include no response.									

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Under 5 minutes	1989	11	3777	9	266	6	6113	9.3	
2 5-15 minutes	6465	36	13554	32	1146	27	21453	32.8	
3 16-30 minutes	5144	28	12127	29	1251	30	18809	28.7	
4 31 minutes - 1 hour	3049	17	8285	20	975	23	12533	19.1	
5 over 1 hour	1434	8	4443	11	591	14	6596	10.1	
Valid responses =	18081	28	42186	64	4229	6	65504	99.3	
Invalid responses include no response.									

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Less than 4 hours	236	1	466	1	55	1	785	1.2	
2 4 hours	556	3	1262	3	179	4	2058	3.1	
3 5 hours	2054	11	4623	11	568	13	7384	11.3	
4 6 hours	4819	27	10819	26	1142	27	17049	26.0	
5 7 hours	6466	36	14095	33	1302	31	22156	33.8	
6 8 hours	3243	18	8389	20	731	17	12525	19.1	
7 9 hours	573	3	1951	5	187	4	2756	4.2	
8 10 or more hours	152	1	597	1	65	2	828	1.3	
Valid responses =	18099	28	42202	64	4229	6	65541	99.4	
Invalid responses include no response.									



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	173	1	325	1	40	1	555	0.8
2 4 hours	352	2	737	2	122	3	1258	1.9
3 5 hours	882	5	2151	5	201	5	3300	5.0
4 6 hours	2184	12	4861	12	468	11	7672	11.7
5 7 hours	3977	22	8689	21	734	17	13571	20.7
6 8 hours	5752	32	13050	31	1141	27	20220	30.9
7 9 hours	3416	19	8562	20	915	22	13058	19.9
8 10 or more hours	1355	8	3823	9	608	14	5888	9.0
Valid responses =	18091	28	42198	64	4229	6	65522	99.4

Invalid responses include no response.

16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	9144	51	19408	46	1834	44	30759	47.0
2 1 day	3565	20	8043	19	833	20	12617	19.3
3 2 days	2370	13	6480	15	620	15	9613	14.7
4 3 days	1255	7	3541	8	415	10	5332	8.2
5 4 days	645	4	1813	4	174	4	2716	4.2
6 5 days	505	3	1287	3	142	3	1974	3.0
7 6 days	179	1	527	1	57	1	779	1.2
8 7 days	410	2	1047	3	123	3	1612	2.5
Valid responses =	18073	28	42146	64	4198	6	65402	99.2

Invalid responses include no response.

16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	1188	7	1285	3	114	3	2637	4.0
2 1 day	2023	11	2640	6	168	4	4903	7.5
3 2 days	3589	20	5843	14	483	12	10051	15.4
4 3 days	3335	18	7244	17	572	14	11330	17.3
5 4 days	2276	13	5997	14	519	12	8921	13.6
6 5 days	2246	12	6228	15	573	14	9168	14.0
7 6 days	891	5	3199	8	371	9	4549	6.9
8 7 days	2539	14	9734	23	1407	33	13895	21.2
Valid responses =	18087	28	42170	64	4207	6	65454	99.2

Invalid responses include no response.

16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	6276	35	12612	30	1010	24	20137	30.8
2 1 day	4611	26	9894	24	831	20	15531	23.7
3 2 days	2655	15	6420	15	685	16	9902	15.1
4 3 days	1409	8	3945	9	426	10	5913	9.0
5 4 days	854	5	2561	6	298	7	3807	5.8
6 5 days	833	5	2437	6	296	7	3637	5.6
7 6 days	420	2	1294	3	200	5	1949	3.0
8 7 days	1015	6	2985	7	456	11	4532	6.9
Valid responses =	18073	28	42148	64	4202	6	65408	99.2

Invalid responses include no response.

16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	2228	12	7190	17	940	22	10532	16.1
2 1 day	2712	15	8051	19	790	19	11717	17.9
3 2 days	3543	20	8740	21	849	20	13313	20.3
4 3 days	2775	15	6299	15	574	14	9807	15.0
5 4 days	2303	13	4454	11	403	10	7296	11.2
6 5 days	2186	12	3936	9	344	8	6555	10.0
7 6 days	1373	8	2048	5	175	4	3635	5.6
8 7 days	969	5	1443	3	125	3	2579	3.9
Valid responses =	18089	28	42161	64	4200	6	65434	99.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

16E) On how many of the last 7 days did you: Take a nap?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	7579	42	17550	42	1625	39	27106	41.4
2 1 day	3706	21	8608	20	889	21	13387	20.5
3 2 days	2756	15	6508	15	630	15	10036	15.3
4 3 days	1666	9	4056	10	429	10	6267	9.6
5 4 days	925	5	2106	5	239	6	3348	5.1
6 5 days	667	4	1510	4	190	5	2421	3.7
7 6 days	276	2	734	2	85	2	1119	1.7
8 7 days	490	3	1087	3	113	3	1721	2.6
Valid responses =	18065	28	42159	64	4200	6	65405	99.2

Invalid responses include no response.

16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	2249	22	3916	16	308	12	6596	17.3
2 Between 30 and 59 minutes	4880	47	10893	44	1084	42	17099	44.8
3 Between 60 and 119 minutes	2626	25	7257	30	837	33	10910	28.6
4 2 hours or more	682	7	2444	10	339	13	3522	9.2
Valid responses =	10437	27	24510	64	2568	7	38127	57.8

Invalid responses include no response.

17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	10715	60	28890	69	2766	66	42963	65.9
2 Never	2669	15	4573	11	395	9	7753	11.9
3 Rarely	889	5	1522	4	140	3	2603	4.0
4 Sometimes	689	4	1274	3	152	4	2165	3.3
5 Most of the time	774	4	1386	3	173	4	2369	3.6
6 Always	2239	13	4376	10	579	14	7306	11.2
Valid responses =	17975	28	42021	64	4205	6	65159	98.8

Invalid responses include no response.

17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	15079	84	37357	89	3802	91	57011	87.6
2 Never	1048	6	1732	4	134	3	2971	4.6
3 Rarely	254	1	294	1	58	1	639	1.0
4 Sometimes	207	1	314	1	28	1	580	0.9
5 Most of the time	247	1	362	1	20	1	645	1.0
6 Always	1138	6	1920	5	161	4	3271	5.0
Valid responses =	17973	28	41979	64	4203	6	65117	98.7

Invalid responses include no response.

17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	15388	86	38233	91	3704	88	58087	89.3
2 Never	1500	8	2132	5	272	7	3981	6.1
3 Rarely	264	2	342	1	67	2	707	1.1
4 Sometimes	207	1	304	1	32	1	575	0.9
5 Most of the time	167	1	192	1	36	1	411	0.6
6 Always	413	2	750	2	93	2	1286	2.0
Valid responses =	17939	28	41953	64	4204	6	65047	98.6

Invalid responses include no response.

18A) When, if ever, was the last time you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1427	8	3861	9	585	14	5993	9.1
2 Within the last 2 weeks	11521	64	27145	64	2237	53	41425	63.2
3 More than 2 weeks but within 30 days	966	5	2045	5	228	5	3325	5.1
4 More than 30 days but within 3 months	2100	12	4663	11	571	14	7462	11.4
5 More than 3 months but within 12 months	1382	8	2827	7	343	8	4637	7.1
6 More than 12 months ago	703	4	1640	4	263	6	2658	4.1
Valid responses =	18099	28	42181	64	4227	6	65500	99.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	79	1	208	1	19	1	316	0.8
1 1 to 4 Days	2680	23	5569	21	607	27	8987	21.8
2 5 to 10 Days	3387	30	8217	30	693	31	12460	30.2
3 11 to 14 Days	5334	47	13040	48	912	41	19466	47.2
Valid responses =	11480	28	27034	66	2231	5	41229	62.5

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	9.05	10.00	4.67	0	14
Cis Women	9.29	10.00	4.58	0	14
Trans/Gender Non-conforming	8.42	9.00	4.67	0	14
Overall	9.16	10.00	4.62	0	14

18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	5129	45	11520	43	1164	52	18048	43.9
1 1 to 4 Days	2899	25	7138	27	601	27	10756	26.2
2 5 to 10 Days	1621	14	4295	16	262	12	6243	15.2
3 11 to 14 Days	1805	16	3994	15	197	9	6056	14.7
Valid responses =	11454	28	26947	66	2224	5	41103	62.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.71	1.00	4.97	0	14
Cis Women	3.73	1.00	4.88	0	14
Trans/Gender Non-conforming	2.62	0.00	4.16	0	14
Overall	3.65	1.00	4.88	0	14

18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	14488	91	33099	90	2967	88	51208	90.2
2 One accident	1286	8	3183	9	335	10	4905	8.6
3 Two accidents	147	1	316	1	63	2	559	1.0
4 Three or more accidents	28	0	37	0	6	0	76	0.1
Valid responses =	15949	28	36635	65	3371	6	56748	86.0

Invalid responses include no response.

19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner called me names, insulted me, or put me down to make me feel bad.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16452	91	37957	90	3820	91	59023	90.7
2 Yes	1562	9	4028	10	374	9	6084	9.3
Valid responses =	18014	28	41985	64	4194	6	65107	98.7

Invalid responses include no response.

19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17000	95	39746	95	3961	95	61524	94.6
2 Yes	990	6	2191	5	223	5	3500	5.4
Valid responses =	17990	28	41937	64	4184	6	65024	98.6

Invalid responses include no response.

19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17463	97	40846	98	4043	97	63189	97.2
2 Yes	521	3	1052	3	145	4	1789	2.8
Valid responses =	17984	28	41898	64	4188	6	64978	98.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17733	99	41261	98	4069	97	63909	98.3
2 Yes	264	2	683	2	121	3	1130	1.7
Valid responses =	17997	28	41944	64	4190	6	65039	98.6
Invalid responses include no response.								

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17641	98	40717	97	3991	95	63188	97.3
2 Yes	333	2	1180	3	193	5	1771	2.7
Valid responses =	17974	28	41897	64	4184	6	64959	98.5
Invalid responses include no response.								

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was in a physical fight.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17341	96	41544	99	4097	97	63842	97.8
2 Yes	711	4	549	1	114	3	1431	2.2
Valid responses =	18052	28	42093	64	4211	6	65273	99.0
Invalid responses include no response.								

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was physically assaulted (do not include sexual assault).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17581	97	41303	98	4063	96	63804	97.7
2 Yes	471	3	789	2	152	4	1471	2.3
Valid responses =	18052	28	42092	64	4215	6	65275	99.0
Invalid responses include no response.								

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was verbally threatened.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15819	88	38227	91	3404	81	58202	89.3
2 Yes	2201	12	3785	9	804	19	6947	10.7
Valid responses =	18020	28	42012	64	4208	6	65149	98.8
Invalid responses include no response.								

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually touched without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17521	97	39666	95	3870	92	61882	95.1
2 Yes	492	3	2285	5	327	8	3192	4.9
Valid responses =	18013	28	41951	64	4197	6	65074	98.7
Invalid responses include no response.								

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17839	99	41226	98	4075	97	64001	98.1
2 Yes	204	1	835	2	130	3	1222	1.9
Valid responses =	18043	28	42061	64	4205	6	65223	98.9
Invalid responses include no response.								

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17872	99	41440	99	4099	97	64273	98.5
2 Yes	178	1	640	2	112	3	984	1.5
Valid responses =	18050	28	42080	64	4211	6	65257	98.9
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17632	98	40307	96	3957	94	62733	96.2
2 Yes	422	2	1752	4	252	6	2500	3.8
Valid responses =	18054	28	42059	64	4209	6	65233	98.9

Invalid responses include no response.

R21A) How safe do you feel: On my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	128	1	163	0	38	1	356	0.5
2 Somewhat unsafe	249	1	617	2	113	3	1018	1.6
3 Somewhat safe	1891	11	6283	15	779	18	9152	14.0
4 Very safe	15108	84	32720	78	3153	75	51598	78.9
5 Does not apply	699	4	2374	6	145	3	3271	5.0
Valid responses =	18075	28	42157	64	4228	6	65395	99.2

Invalid responses include no response.

R21B) How safe do you feel: On my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	254	1	1101	3	120	3	1510	2.3
2 Somewhat unsafe	1139	6	7024	17	731	17	9032	13.8
3 Somewhat safe	5528	31	19047	45	1888	45	26835	41.1
4 Very safe	9776	54	10988	26	1214	29	22291	34.1
5 Does not apply	1369	8	3968	9	272	6	5685	8.7
Valid responses =	18066	28	42128	64	4225	6	65353	99.1

Invalid responses include no response.

R21C) How safe do you feel: In the community surrounding my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	232	1	464	1	56	1	782	1.2
2 Somewhat unsafe	1138	6	3430	8	367	9	5027	7.7
3 Somewhat safe	5380	30	16559	39	1771	42	24056	36.8
4 Very safe	10322	57	18879	45	1805	43	31391	48.0
5 Does not apply	1003	6	2807	7	228	5	4113	6.3
Valid responses =	18075	28	42139	64	4227	6	65369	99.1

Invalid responses include no response.

R21D) How safe do you feel: In the community surrounding my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	1079	6	4468	11	432	10	6065	9.3
2 Somewhat unsafe	3306	18	13354	32	1390	33	18286	28.0
3 Somewhat safe	6283	35	14470	34	1512	36	22580	34.5
4 Very safe	6007	33	5925	14	567	13	12704	19.4
5 Does not apply	1397	8	3935	9	325	8	5748	8.8
Valid responses =	18072	28	42152	64	4226	6	65383	99.1

Invalid responses include no response.

22A1) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	12156	67	29123	69	2801	66	44739	68.4
3 Yes	5931	33	13032	31	1424	34	20626	31.6
Valid responses =	18087	28	42155	64	4225	6	65365	99.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6449	36	12959	31	1204	29	20992	32.2
3 Yes	11591	64	29128	69	3013	71	44240	67.8
Valid responses =	18040	28	42087	65	4217	6	65232	98.9

Invalid responses include no response.

22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	11323	63	24668	59	1856	44	38414	58.9
3 Yes	6748	37	17414	41	2364	56	26849	41.1
Valid responses =	18071	28	42082	64	4220	6	65263	99.0

Invalid responses include no response.

22A4) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	16799	94	39586	95	3889	93	61070	94.4
3 Yes	1136	6	2116	5	287	7	3614	5.6
Valid responses =	17935	28	41702	64	4176	6	64684	98.1

Invalid responses include no response.

22A5) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	16633	92	39575	94	3806	91	60804	93.3
3 Yes	1420	8	2469	6	395	9	4381	6.7
Valid responses =	18053	28	42044	64	4201	6	65185	98.8

Invalid responses include no response.

22A6) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	17758	99	41569	99	4101	98	64267	98.8
3 Yes	266	2	396	1	89	2	792	1.2
Valid responses =	18024	28	41965	65	4190	6	65059	98.6

Invalid responses include no response.

22A7) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	17040	95	40475	97	3763	90	62069	95.4
3 Yes	977	5	1474	4	435	10	2969	4.6
Valid responses =	18017	28	41949	64	4198	6	65038	98.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22A8) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	17194	95	40401	96	3905	93	62312	95.6
3 Yes	854	5	1680	4	296	7	2901	4.4
Valid responses =	18048	28	42081	65	4201	6	65213	98.9

Invalid responses include no response.

22A9) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	15838	88	38480	91	3458	82	58535	89.7
3 Yes	2213	12	3609	9	752	18	6695	10.3
Valid responses =	18051	28	42089	65	4210	6	65230	98.9

Invalid responses include no response.

22A10) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	17746	99	41541	100	4113	99	64226	99.3
3 Yes	156	1	185	0	50	1	432	0.7
Valid responses =	17902	28	41726	65	4163	6	64658	98.0

Invalid responses include no response.

22A11) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	17434	97	41066	98	4011	96	63333	97.1
3 Yes	628	4	1007	2	188	5	1881	2.9
Valid responses =	18062	28	42073	65	4199	6	65214	98.9

Invalid responses include no response.

22A12) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	11768	98	25014	99	2453	97	39731	98.5
3 Yes	206	2	265	1	69	3	585	1.5
Valid responses =	11974	30	25279	63	2522	6	40316	61.1

Invalid responses include no response.

22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1766	30	4641	36	446	31	6923	33.6
2 Once or twice	1410	24	3250	25	342	24	5062	24.6
3 Monthly	521	9	1039	8	125	9	1708	8.3
4 Weekly	633	11	1129	9	151	11	1942	9.4
6 Daily or almost daily	1596	27	2960	23	359	25	4966	24.1
Valid responses =	5926	29	13019	63	1423	7	20601	31.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1090	9	2294	8	342	11	3788	8.6
2 Once or twice	3171	27	9169	32	957	32	13444	30.4
3 Monthly	2777	24	7993	28	801	27	11704	26.5
4 Weekly	4123	36	9146	32	818	27	14218	32.2
6 Daily or almost daily	421	4	479	2	89	3	1011	2.3
Valid responses =	11582	26	29081	66	3007	7	44165	67.0

Invalid responses include no response.

22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2302	34	6327	36	588	25	9301	34.7
2 Once or twice	1654	25	4740	27	615	26	7073	26.4
3 Monthly	898	13	2283	13	341	14	3579	13.4
4 Weekly	1030	15	2214	13	443	19	3748	14.0
6 Daily or almost daily	854	13	1824	11	373	16	3099	11.6
Valid responses =	6738	25	17388	65	2360	9	26800	40.6

Invalid responses include no response.

22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	763	67	1551	74	179	63	2527	70.3
2 Once or twice	226	20	423	20	58	20	714	19.8
3 Monthly	85	8	86	4	19	7	201	5.6
4 Weekly	36	3	36	2	20	7	103	2.9
6 Daily or almost daily	22	2	13	1	9	3	52	1.4
Valid responses =	1132	31	2109	59	285	8	3597	5.5

Invalid responses include no response.

22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	918	65	1694	69	245	62	2893	66.3
2 Once or twice	240	17	421	17	78	20	758	17.4
3 Monthly	90	6	114	5	26	7	242	5.5
4 Weekly	69	5	97	4	19	5	197	4.5
6 Daily or almost daily	100	7	137	6	26	7	276	6.3
Valid responses =	1417	32	2463	56	394	9	4366	6.6

Invalid responses include no response.

22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	192	73	327	83	50	58	577	73.7
2 Once or twice	27	10	18	5	11	13	59	7.5
3 Monthly	26	10	24	6	6	7	65	8.3
4 Weekly	9	3	18	5	9	10	44	5.6
6 Daily or almost daily	10	4	8	2	11	13	38	4.9
Valid responses =	264	34	395	50	87	11	783	1.2

Invalid responses include no response.

22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	609	63	990	67	244	56	1869	63.1
2 Once or twice	225	23	370	25	115	27	730	24.7
3 Monthly	72	7	81	6	46	11	213	7.2
4 Weekly	53	5	23	2	19	4	108	3.6
6 Daily or almost daily	16	2	7	1	10	2	40	1.4
Valid responses =	975	33	1471	50	434	15	2960	4.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	588	69	1142	68	180	61	1930	66.8
2 Once or twice	122	14	266	16	57	19	451	15.6
3 Monthly	63	7	110	7	25	9	218	7.5
4 Weekly	41	5	88	5	16	5	156	5.4
6 Daily or almost daily	38	5	71	4	16	5	136	4.7
Valid responses =	852	29	1677	58	294	10	2891	4.4

Invalid responses include no response.

22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1481	67	2522	70	455	61	4515	67.6
2 Once or twice	583	26	910	25	233	31	1755	26.3
3 Monthly	107	5	132	4	40	5	292	4.4
4 Weekly	28	1	33	1	13	2	81	1.2
6 Daily or almost daily	11	1	7	0	9	1	36	0.5
Valid responses =	2210	33	3604	54	750	11	6679	10.1

Invalid responses include no response.

22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	92	60	131	72	20	43	248	58.9
2 Once or twice	16	10	15	8	4	9	39	9.3
3 Monthly	18	12	16	9	8	17	54	12.8
4 Weekly	18	12	15	8	9	19	50	11.9
6 Daily or almost daily	10	7	6	3	6	13	30	7.1
Valid responses =	154	37	183	43	47	11	421	0.6

Invalid responses include no response.

22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	497	79	855	85	136	73	1511	80.8
2 Once or twice	68	11	83	8	23	12	177	9.5
3 Monthly	32	5	34	3	11	6	86	4.6
4 Weekly	16	3	20	2	8	4	52	2.8
6 Daily or almost daily	13	2	14	1	8	4	44	2.4
Valid responses =	626	33	1006	54	186	10	1870	2.8

Invalid responses include no response.

22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	65	33	95	39	22	32	186	34.1
2 Once or twice	20	10	42	17	14	21	85	15.6
3 Monthly	25	13	21	9	10	15	64	11.7
4 Weekly	35	18	31	13	11	16	83	15.2
6 Daily or almost daily	51	26	56	23	11	16	128	23.4
Valid responses =	196	36	245	45	68	12	546	0.8

Invalid responses include no response.

22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you?

(only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	244	55	409	59	75	56	753	57.2
1 Yes	183	41	267	38	50	38	516	39.2
99 Don't know	15	3	19	3	8	6	47	3.6
Valid responses =	442	34	695	53	133	10	1316	2.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	123	67	206	77	31	62	367	71.3
1 Yes	41	22	50	19	13	26	109	21.2
99 Don't know	19	10	11	4	6	12	39	7.6
Valid responses =	183	36	267	52	50	10	515	0.8

Invalid responses include no response.

22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	133	73	222	83	29	58	393	76.3
1 Yes	25	14	37	14	10	20	76	14.8
99 Don't know	25	14	8	3	11	22	46	8.9
Valid responses =	183	36	267	52	50	10	515	0.8

Invalid responses include no response.

22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months, was it prescribed for you?

(only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	153	58	286	54	58	51	520	54.6
1 Yes	91	35	216	41	43	38	363	38.1
99 Don't know	20	8	27	5	13	11	69	7.2
Valid responses =	264	28	529	56	114	12	952	1.4

Invalid responses include no response.

22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	65	72	162	75	18	43	252	69.8
1 Yes	15	17	50	23	18	43	87	24.1
99 Don't know	10	11	4	2	6	14	22	6.1
Valid responses =	90	25	216	60	42	12	361	0.5

Invalid responses include no response.

22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	68	76	176	82	24	57	275	76.6
1 Yes	10	11	33	15	12	29	56	15.6
99 Don't know	11	12	7	3	6	14	28	7.8
Valid responses =	89	25	216	60	42	12	359	0.5

Invalid responses include no response.

22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	71	56	61	42	26	53	171	49.0
1 Yes	45	35	73	50	21	43	146	41.8
99 Don't know	12	9	13	9	2	4	32	9.2
Valid responses =	128	37	147	42	49	14	349	0.5

Invalid responses include no response.

22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	30	67	55	76	11	52	99	68.8
1 Yes	9	20	17	24	6	29	34	23.6
99 Don't know	6	13	0	0	4	19	11	7.6
Valid responses =	45	31	72	50	21	15	144	0.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: **(only includes students who were prescribed this substance)**
Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	33	73	53	74	8	38	98	68.1
1 Yes	5	11	17	24	9	43	32	22.2
99 Don't know	7	16	2	3	4	19	14	9.7
Valid responses =	45	31	72	50	21	15	144	0.2

Invalid responses include no response.

22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1285	32	2373	29	254	27	3958	30.0
3 Once or twice	650	16	1513	19	152	16	2332	17.7
4 Monthly	214	5	519	6	72	8	821	6.2
5 Weekly	503	13	969	12	115	12	1614	12.2
6 Daily or almost daily	1361	34	2722	34	356	38	4487	34.0
Valid responses =	4013	30	8096	61	949	7	13212	20.0

Invalid responses include no response.

22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5203	51	12573	49	1157	45	19131	49.0
3 Once or twice	2233	22	6565	25	635	25	9508	24.4
4 Monthly	954	9	2800	11	323	13	4142	10.6
5 Weekly	1427	14	3347	13	339	13	5167	13.2
6 Daily or almost daily	346	3	585	2	136	5	1087	2.8
Valid responses =	10163	26	25870	66	2590	7	39035	59.2

Invalid responses include no response.

22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) *[Please report nonmedical use only.]*

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1869	44	4285	40	556	33	6781	40.4
3 Once or twice	839	20	2425	23	396	23	3705	22.1
4 Monthly	397	9	1028	10	189	11	1647	9.8
5 Weekly	554	13	1425	14	267	16	2283	13.6
6 Daily or almost daily	616	14	1431	14	304	18	2386	14.2
Valid responses =	4275	25	10594	63	1712	10	16802	25.5

Invalid responses include no response.

22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	186	51	304	56	40	38	535	50.8
3 Once or twice	75	20	126	23	24	23	230	21.8
4 Monthly	57	16	57	10	18	17	143	13.6
5 Weekly	33	9	39	7	9	9	89	8.4
6 Daily or almost daily	17	5	22	4	14	13	57	5.4
Valid responses =	368	35	548	52	105	10	1054	1.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	283	57	400	52	68	46	764	52.2
3 Once or twice	87	18	174	23	28	19	297	20.3
4 Monthly	36	7	67	9	10	7	127	8.7
5 Weekly	45	9	65	9	26	17	145	9.9
6 Daily or almost daily	45	9	60	8	17	11	130	8.9
Valid responses =	496	34	766	52	149	10	1463	2.2

Invalid responses include no response.

22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	24	35	13	20	4	11	43	21.8
3 Once or twice	12	17	13	20	9	24	35	17.8
4 Monthly	10	15	25	38	5	14	51	25.9
5 Weekly	13	19	8	12	10	27	38	19.3
6 Daily or almost daily	10	15	7	11	9	24	30	15.2
Valid responses =	69	35	66	34	37	19	197	0.3

Invalid responses include no response.

22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	230	64	326	69	101	54	671	62.8
3 Once or twice	63	18	94	20	46	25	214	20.0
4 Monthly	27	8	26	6	18	10	81	7.6
5 Weekly	24	7	25	5	10	5	68	6.4
6 Daily or almost daily	15	4	5	1	11	6	35	3.3
Valid responses =	359	34	476	45	186	17	1069	1.6

Invalid responses include no response.

22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	116	44	219	41	34	30	376	39.3
3 Once or twice	54	21	125	23	30	26	216	22.6
4 Monthly	39	15	68	13	15	13	137	14.3
5 Weekly	25	10	71	13	19	17	126	13.2
6 Daily or almost daily	29	11	51	10	16	14	101	10.6
Valid responses =	263	28	534	56	114	12	956	1.4

Invalid responses include no response.

22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	440	62	630	60	143	50	1231	58.3
3 Once or twice	171	24	275	26	76	26	532	25.2
4 Monthly	53	8	95	9	35	12	195	9.2
5 Weekly	30	4	42	4	22	8	102	4.8
6 Daily or almost daily	15	2	17	2	13	5	51	2.4
Valid responses =	709	34	1059	50	289	14	2111	3.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	10	16	9	18	3	12	23	13.7	
3 Once or twice	11	18	10	20	4	15	32	19.0	
4 Monthly	17	27	16	31	6	23	50	29.8	
5 Weekly	14	23	11	22	5	19	34	20.2	
6 Daily or almost daily	10	16	5	10	8	31	29	17.3	
Valid responses =	62	37	51	30	26	15	168	0.3	

Invalid responses include no response.

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	56	43	67	45	13	26	139	39.4	
3 Once or twice	19	15	29	19	10	20	59	16.7	
4 Monthly	22	17	29	19	8	16	67	19.0	
5 Weekly	19	15	18	12	8	16	48	13.6	
6 Daily or almost daily	13	10	7	5	11	22	40	11.3	
Valid responses =	129	37	150	42	50	14	353	0.5	

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	43	34	49	35	9	20	103	30.2	
3 Once or twice	13	10	19	13	9	20	47	13.8	
4 Monthly	13	10	16	11	11	24	51	15.0	
5 Weekly	22	18	17	12	7	15	49	14.4	
6 Daily or almost daily	35	28	41	29	10	22	91	26.7	
Valid responses =	126	37	142	42	46	13	341	0.5	

Invalid responses include no response.

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	3490	84	6965	83	744	76	11302	82.7	
4 Once or twice	306	7	747	9	123	13	1198	8.8	
5 Monthly	107	3	247	3	45	5	416	3.0	
6 Weekly	120	3	201	2	31	3	361	2.6	
7 Daily or almost daily	136	3	206	3	33	3	384	2.8	
Valid responses =	4159	30	8366	61	976	7	13661	20.7	

Invalid responses include no response.

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	9286	89	23885	89	2353	88	35877	89.0	
4 Once or twice	803	8	2092	8	216	8	3145	7.8	
5 Monthly	209	2	438	2	55	2	722	1.8	
6 Weekly	147	1	290	1	28	1	476	1.2	
7 Daily or almost daily	43	0	41	0	13	1	105	0.3	
Valid responses =	10488	26	26746	66	2665	7	40325	61.1	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3796	86	9831	89	1502	85	15294	87.6
4 Once or twice	355	8	779	7	155	9	1314	7.5
5 Monthly	125	3	205	2	54	3	400	2.3
6 Weekly	106	2	137	1	33	2	285	1.6
7 Daily or almost daily	50	1	86	1	27	2	172	1.0
Valid responses =	4432	25	11038	63	1771	10	17465	26.5

Invalid responses include no response.

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	278	76	453	82	67	64	808	76.0
4 Once or twice	38	10	55	10	18	17	115	10.8
5 Monthly	30	8	30	5	9	9	78	7.3
6 Weekly	13	4	12	2	5	5	35	3.3
7 Daily or almost daily	9	2	5	1	6	6	27	2.5
Valid responses =	368	35	555	52	105	10	1063	1.6

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	418	84	667	87	111	75	1215	82.8
4 Once or twice	30	6	43	6	15	10	97	6.6
5 Monthly	26	5	32	4	11	7	77	5.2
6 Weekly	15	3	13	2	6	4	42	2.9
7 Daily or almost daily	10	2	12	2	6	4	36	2.5
Valid responses =	499	34	767	52	149	10	1467	2.2

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	32	44	21	32	7	19	63	31.2
4 Once or twice	11	15	13	20	11	30	40	19.8
5 Monthly	17	24	21	32	6	16	53	26.2
6 Weekly	3	4	7	11	4	11	16	7.9
7 Daily or almost daily	9	13	4	6	9	24	30	14.9
Valid responses =	72	36	66	33	37	18	202	0.3

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	313	86	431	90	153	81	919	85.0
4 Once or twice	15	4	18	4	16	8	57	5.3
5 Monthly	22	6	20	4	13	7	61	5.6
6 Weekly	11	3	7	2	3	2	26	2.4
7 Daily or almost daily	4	1	1	0	5	3	18	1.7
Valid responses =	365	34	477	44	190	18	1081	1.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	196	74	443	83	72	63	724	75.9
4 Once or twice	25	10	34	6	14	12	79	8.3
5 Monthly	23	9	32	6	14	12	81	8.5
6 Weekly	14	5	15	3	7	6	41	4.3
7 Daily or almost daily	6	2	7	1	7	6	29	3.0
Valid responses =	264	28	531	56	114	12	954	1.4

Invalid responses include no response.

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	664	91	1001	93	253	86	1954	90.5
4 Once or twice	25	3	42	4	19	6	90	4.2
5 Monthly	21	3	24	2	12	4	62	2.9
6 Weekly	9	1	10	1	3	1	24	1.1
7 Daily or almost daily	10	1	3	0	8	3	28	1.3
Valid responses =	729	34	1080	50	295	14	2158	3.3

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	15	25	14	28	5	19	35	21.0
4 Once or twice	8	14	16	31	4	15	38	22.8
5 Monthly	19	32	12	24	8	30	44	26.3
6 Weekly	8	14	7	14	5	19	25	15.0
7 Daily or almost daily	9	15	2	4	5	19	25	15.0
Valid responses =	59	35	51	31	27	16	167	0.3

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	81	63	102	69	27	54	211	59.9
4 Once or twice	10	8	13	9	7	14	33	9.4
5 Monthly	19	15	21	14	5	10	50	14.2
6 Weekly	9	7	11	7	4	8	30	8.5
7 Daily or almost daily	10	8	2	1	7	14	28	8.0
Valid responses =	129	37	149	42	50	14	352	0.5

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	83	65	104	71	17	37	208	59.8
4 Once or twice	13	10	13	9	9	20	39	11.2
5 Monthly	11	9	15	10	9	20	42	12.1
6 Weekly	9	7	8	6	4	9	27	7.8
7 Daily or almost daily	12	9	6	4	7	15	32	9.2
Valid responses =	128	37	146	42	46	13	348	0.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	9357	89	24287	91	2402	90	36407	90.3
5 Once or twice	827	8	1998	8	190	7	3042	7.5
6 Monthly	154	2	281	1	34	1	483	1.2
7 Weekly	118	1	179	1	26	1	335	0.8
8 Daily or almost daily	31	0	18	0	13	1	70	0.2
Valid responses =	10487	26	26763	66	2665	7	40337	61.2

Invalid responses include no response.

22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3663	83	9734	88	1454	82	15018	85.9
5 Once or twice	501	11	900	8	215	12	1637	9.4
6 Monthly	98	2	191	2	47	3	348	2.0
7 Weekly	127	3	165	2	41	2	349	2.0
8 Daily or almost daily	41	1	60	1	15	1	124	0.7
Valid responses =	4430	25	11050	63	1772	10	17476	26.5

Invalid responses include no response.

22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	291	79	462	83	74	70	836	78.7
5 Once or twice	26	7	49	9	11	10	88	8.3
6 Monthly	21	6	20	4	3	3	53	5.0
7 Weekly	20	5	17	3	9	9	51	4.8
8 Daily or almost daily	10	3	6	1	9	9	34	3.2
Valid responses =	368	35	554	52	106	10	1062	1.6

Invalid responses include no response.

22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	428	86	692	90	115	77	1254	85.4
5 Once or twice	22	4	28	4	10	7	66	4.5
6 Monthly	20	4	26	3	7	5	63	4.3
7 Weekly	14	3	17	2	7	5	46	3.1
8 Daily or almost daily	14	3	5	1	10	7	39	2.7
Valid responses =	498	34	768	52	149	10	1468	2.2

Invalid responses include no response.

22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	33	47	22	33	7	19	64	31.8
5 Once or twice	9	13	11	16	9	24	31	15.4
6 Monthly	12	17	19	28	3	8	42	20.9
7 Weekly	9	13	11	16	10	27	34	16.9
8 Daily or almost daily	8	11	4	6	8	22	30	14.9
Valid responses =	71	35	67	33	37	18	201	0.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	316	87	432	91	159	84	931	86.3
5 Once or twice	11	3	11	2	8	4	34	3.2
6 Monthly	16	4	19	4	10	5	51	4.7
7 Weekly	12	3	14	3	5	3	38	3.5
8 Daily or almost daily	8	2	1	0	7	4	25	2.3
Valid responses =	363	34	477	44	189	18	1079	1.6

Invalid responses include no response.

22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	200	76	436	82	69	61	718	75.3
5 Once or twice	14	5	42	8	13	11	72	7.6
6 Monthly	21	8	20	4	12	11	63	6.6
7 Weekly	14	5	27	5	9	8	60	6.3
8 Daily or almost daily	13	5	7	1	11	10	40	4.2
Valid responses =	262	27	532	56	114	12	953	1.4

Invalid responses include no response.

22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	665	92	999	92	259	88	1958	90.8
5 Once or twice	28	4	36	3	13	4	79	3.7
6 Monthly	13	2	22	2	7	2	48	2.2
7 Weekly	11	2	20	2	4	1	37	1.7
8 Daily or almost daily	10	1	4	0	12	4	35	1.6
Valid responses =	727	34	1081	50	295	14	2157	3.3

Invalid responses include no response.

22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	14	24	11	22	6	22	33	19.9
5 Once or twice	8	14	5	10	3	11	20	12.0
6 Monthly	14	24	18	36	4	15	45	27.1
7 Weekly	12	20	13	26	8	30	41	24.7
8 Daily or almost daily	11	19	3	6	6	22	27	16.3
Valid responses =	59	36	50	30	27	16	166	0.3

Invalid responses include no response.

22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	78	61	99	66	29	58	207	58.3
5 Once or twice	8	6	12	8	6	12	29	8.2
6 Monthly	17	13	20	13	5	10	47	13.2
7 Weekly	18	14	17	11	4	8	45	12.7
8 Daily or almost daily	8	6	2	1	6	12	27	7.6
Valid responses =	129	36	150	42	50	14	355	0.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
of you because of your use of the following substance(s)? (only includes students who have used this substance in the last 3 months)
 Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	82	67	109	74	19	41	215	62.1
5 Once or twice	8	7	8	5	4	9	21	6.1
6 Monthly	12	10	8	5	7	15	35	10.1
7 Weekly	11	9	17	12	8	17	42	12.1
8 Daily or almost daily	10	8	5	3	8	17	33	9.5
Valid responses =	123	36	147	42	46	13	346	0.5

Invalid responses include no response.

22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4444	75	10393	80	1006	71	16001	77.8
3 Yes, not in the past 3 months	659	11	1334	10	196	14	2224	10.8
6 Yes, in the past 3 months	808	14	1287	10	221	16	2348	11.4
Valid responses =	5911	29	13014	63	1423	7	20573	31.2

Invalid responses include no response.

22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	9998	87	26439	91	2579	86	39422	89.5
3 Yes, not in the past 3 months	870	8	1606	6	276	9	2797	6.3
6 Yes, in the past 3 months	677	6	973	3	155	5	1836	4.2
Valid responses =	11545	26	29018	66	3010	7	44055	66.8

Invalid responses include no response.

22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5635	84	15700	90	1965	83	23532	87.9
3 Yes, not in the past 3 months	636	10	1051	6	249	11	1973	7.4
6 Yes, in the past 3 months	456	7	622	4	146	6	1259	4.7
Valid responses =	6727	25	17373	65	2360	9	26764	40.6

Invalid responses include no response.

22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	937	83	1790	85	208	73	2976	82.9
3 Yes, not in the past 3 months	130	12	240	11	53	19	435	12.1
6 Yes, in the past 3 months	60	5	79	4	24	8	179	5.0
Valid responses =	1127	31	2109	59	285	8	3590	5.4

Invalid responses include no response.

22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1274	90	2246	91	322	82	3898	89.5
3 Yes, not in the past 3 months	90	6	151	6	51	13	306	7.0
6 Yes, in the past 3 months	50	4	66	3	20	5	152	3.5
Valid responses =	1414	32	2463	57	393	9	4356	6.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	187	71	283	73	48	55	532	68.5
3 Yes, not in the past 3 months	56	21	84	22	24	27	171	22.0
6 Yes, in the past 3 months	22	8	23	6	16	18	74	9.5
Valid responses =	265	34	390	50	88	11	777	1.2

Invalid responses include no response.

22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	877	90	1372	93	371	86	2667	90.6
3 Yes, not in the past 3 months	52	5	62	4	39	9	168	5.7
6 Yes, in the past 3 months	42	4	36	2	20	5	108	3.7
Valid responses =	971	33	1470	50	430	15	2943	4.5

Invalid responses include no response.

22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	713	84	1446	86	212	72	2403	83.2
3 Yes, not in the past 3 months	101	12	163	10	55	19	336	11.6
6 Yes, in the past 3 months	37	4	69	4	27	9	150	5.2
Valid responses =	851	29	1678	58	294	10	2889	4.4

Invalid responses include no response.

22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1999	91	3360	93	662	88	6108	91.6
3 Yes, not in the past 3 months	166	8	180	5	60	8	418	6.3
6 Yes, in the past 3 months	41	2	63	2	27	4	141	2.1
Valid responses =	2206	33	3603	54	749	11	6667	10.1

Invalid responses include no response.

22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	84	55	114	64	20	42	226	54.6
3 Yes, not in the past 3 months	43	28	44	25	19	40	115	27.8
6 Yes, in the past 3 months	25	16	21	12	9	19	73	17.6
Valid responses =	152	37	179	43	48	12	414	0.6

Invalid responses include no response.

22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	496	80	811	81	135	72	1463	78.5
3 Yes, not in the past 3 months	101	16	161	16	36	19	316	17.0
6 Yes, in the past 3 months	27	4	29	3	16	9	84	4.5
Valid responses =	624	33	1001	54	187	10	1863	2.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	129	67	192	78	34	53	365	67.7
3 Yes, not in the past 3 months	38	20	29	12	18	28	96	17.8
6 Yes, in the past 3 months	26	14	26	11	12	19	78	14.5
Valid responses =	193	36	247	46	64	12	539	0.8

Invalid responses include no response.

22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4245	72	9357	72	951	67	14706	71.5
3 Yes, not in the past 3 months	744	13	1589	12	215	15	2582	12.5
6 Yes, in the past 3 months	929	16	2071	16	256	18	3294	16.0
Valid responses =	5918	29	13017	63	1422	7	20582	31.2

Invalid responses include no response.

22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	10465	91	26782	92	2665	89	40337	91.5
3 Yes, not in the past 3 months	472	4	1026	4	180	6	1708	3.9
6 Yes, in the past 3 months	617	5	1234	4	162	5	2042	4.6
Valid responses =	11554	26	29042	66	3007	7	44087	66.8

Invalid responses include no response.

22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5670	84	15347	88	1950	83	23206	86.7
3 Yes, not in the past 3 months	495	7	909	5	194	8	1630	6.1
6 Yes, in the past 3 months	559	8	1117	6	214	9	1924	7.2
Valid responses =	6724	25	17373	65	2358	9	26760	40.6

Invalid responses include no response.

22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	973	87	1868	89	232	82	3116	87.1
3 Yes, not in the past 3 months	98	9	172	8	35	12	315	8.8
6 Yes, in the past 3 months	50	5	65	3	15	5	146	4.1
Valid responses =	1121	31	2105	59	282	8	3577	5.4

Invalid responses include no response.

22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1291	92	2268	92	343	87	3963	91.0
3 Yes, not in the past 3 months	66	5	126	5	31	8	233	5.4
6 Yes, in the past 3 months	53	4	70	3	20	5	159	3.7
Valid responses =	1410	32	2464	57	394	9	4355	6.6

Invalid responses include no response.

22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	189	72	299	76	52	58	552	70.9
3 Yes, not in the past 3 months	47	18	67	17	24	27	147	18.9
6 Yes, in the past 3 months	28	11	27	7	13	15	80	10.3
Valid responses =	264	34	393	50	89	11	779	1.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	886	91	1374	94	392	90	2701	91.7
3 Yes, not in the past 3 months	50	5	58	4	23	5	143	4.9
6 Yes, in the past 3 months	33	3	33	2	19	4	100	3.4
Valid responses =	969	33	1465	50	434	15	2944	4.5

Invalid responses include no response.

2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	737	87	1476	88	221	75	2471	85.9
3 Yes, not in the past 3 months	71	8	127	8	43	15	250	8.7
6 Yes, in the past 3 months	38	5	71	4	29	10	156	5.4
Valid responses =	846	29	1674	58	293	10	2877	4.4

Invalid responses include no response.

2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2078	94	3428	95	699	93	6294	94.4
3 Yes, not in the past 3 months	82	4	122	3	27	4	243	3.6
6 Yes, in the past 3 months	49	2	50	1	22	3	130	1.9
Valid responses =	2209	33	3600	54	748	11	6667	10.1

Invalid responses include no response.

22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	90	59	112	63	20	41	231	55.7
3 Yes, not in the past 3 months	40	26	47	26	16	33	114	27.5
6 Yes, in the past 3 months	22	15	20	11	13	27	70	16.9
Valid responses =	152	37	179	43	49	12	415	0.6

Invalid responses include no response.

22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)
[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	517	83	841	84	139	74	1521	81.6
3 Yes, not in the past 3 months	75	12	132	13	33	18	254	13.6
6 Yes, in the past 3 months	32	5	30	3	16	9	88	4.7
Valid responses =	624	33	1003	54	188	10	1863	2.8

Invalid responses include no response.

22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	143	75	203	82	41	65	397	73.7
3 Yes, not in the past 3 months	24	13	21	8	9	14	65	12.1
6 Yes, in the past 3 months	25	13	25	10	13	21	77	14.3
Valid responses =	192	36	249	46	63	12	539	0.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	11990	99	29800	100	3134	98	45421	99.1
1 Yes, not in the past 3 months	74	1	92	0	29	1	205	0.4
2 Yes, in the past 3 months	72	1	63	0	35	1	198	0.4
Valid responses =	12136	26	29955	65	3198	7	45824	69.5

Invalid responses include no response.

22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have used drugs by injection within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	37	55	41	76	20	63	113	64.2
1 More than once per week	30	45	13	24	12	38	63	35.8
Valid responses =	67	38	54	31	32	18	176	0.3

Invalid responses include no response.

23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1808	46	4078	50	300	31	6238	47.2
2 Yes	2166	55	4052	50	657	69	6970	52.8
Valid responses =	3974	30	8130	62	957	7	13208	20.0

Invalid responses include no response.

23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1597	40	1941	24	286	30	3885	29.2
2 Yes	2371	60	6290	76	670	70	9420	70.8
Valid responses =	3968	30	8231	62	956	7	13305	20.2

Invalid responses include no response.

23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3432	91	7350	93	831	92	11734	92.5
2 Yes	328	9	520	7	76	8	946	7.5
Valid responses =	3760	30	7870	62	907	7	12680	19.2

Invalid responses include no response.

23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2994	78	7417	94	844	92	11370	89.0
2 Yes	835	22	465	6	73	8	1404	11.0
Valid responses =	3829	30	7882	62	917	7	12774	19.4

Invalid responses include no response.

23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2946	77	7531	96	826	90	11417	89.5
2 Yes	865	23	354	5	91	10	1341	10.5
Valid responses =	3811	30	7885	62	917	7	12758	19.3

Invalid responses include no response.

23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2255	84	4920	95	532	91	7790	91.4
2 Yes	429	16	237	5	50	9	734	8.6
Valid responses =	2684	31	5157	60	582	7	8524	12.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	10347	57	22393	53	1645	39	34876	53.4
2 Within the last 2 weeks	2811	16	6464	15	1153	27	10581	16.2
3 More than 2 weeks but within 30 days	631	4	1783	4	242	6	2705	4.1
4 More than 30 days but within 3 months	921	5	2370	6	332	8	3674	5.6
5 More than 3 months but within 12 months	1188	7	3283	8	393	9	4915	7.5
6 More than 12 months ago	2180	12	5854	14	458	11	8566	13.1
Valid responses =	18078	28	42147	65	4223	6	65317	99.0

Invalid responses include no response.

25A) When, if ever, was the last time you drank alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4952	27	9582	23	861	20	15697	24.0
2 Within the last 2 weeks	7752	43	18945	45	1711	41	28716	43.9
3 More than 2 weeks but within 30 days	1577	9	4544	11	472	11	6670	10.2
4 More than 30 days but within 3 months	1663	9	4320	10	542	13	6611	10.1
5 More than 3 months but within 12 months	1216	7	2926	7	368	9	4574	7.0
6 More than 12 months ago	932	5	1841	4	272	6	3089	4.7
Valid responses =	18092	28	42158	65	4226	6	65357	99.1

Invalid responses include no response.

25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6856	63	17901	65	1650	61	26697	63.7
2 Yes	4119	38	9868	36	1067	39	15224	36.3
Valid responses =	10975	26	27769	66	2717	6	41921	63.6

Invalid responses include no response.

25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you intend to get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6702	61	17704	64	1564	58	26247	62.7
2 Yes	4256	39	10039	36	1156	43	15633	37.3
Valid responses =	10958	26	27743	66	2720	6	41880	63.5

Invalid responses include no response.

26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	241	2	446	2	66	3	775	1.9
1 1 to 2 Drinks	4844	44	15385	56	1471	55	21933	52.5
2 3 to 4 Drinks	2661	24	7265	26	725	27	10730	25.7
3 5 to 6 Drinks	1580	14	3120	11	271	10	5008	12.0
4 7 to 8 Drinks	768	7	952	3	90	3	1835	4.4
5 9 to 10 Drinks	423	4	330	1	42	2	806	1.9
6 11 or More Drinks	437	4	189	1	20	1	657	1.6
Total	10954	26	27687	66	2685	6	41744	63.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.79	3.00	3.53	0	69
Cis Women	2.78	2.00	2.24	0	80
Trans/Gender Non-conforming	2.78	2.00	2.84	0	90
Overall	3.05	2.00	2.74	0	90



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	362	3	682	3	74	3	1140	2.7
1 1 to 2 Hours	4753	43	11811	43	1193	44	17957	43.0
2 3 to 4 Hours	3777	35	9665	35	967	36	14534	34.8
3 5 to 6 Hours	1624	15	4578	17	376	14	6628	15.9
4 7 to 8 Hours	270	3	709	3	57	2	1045	2.5
5 9 to 10 Hours	81	1	123	0	10	0	221	0.5
6 11 or More Hours	77	1	110	0	10	0	202	0.5
Total	10944	26	27678	66	2687	6	41727	63.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.01	3.00	2.17	0	50
Cis Women	3.04	3.00	2.06	0	50
Trans/Gender Non-conforming	2.92	3.00	2.26	0	50
Overall	3.02	3.00	2.11	0	50

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	3870	50	10460	55	1004	60	15511	54.2
2 1 time	1863	24	4722	25	377	22	7013	24.5
3 2 times	996	13	2124	11	172	10	3314	11.6
4 3 times	436	6	781	4	62	4	1289	4.5
5 4 times	287	4	432	2	24	1	754	2.6
6 5 times	107	1	174	1	12	1	296	1.0
7 6 times	62	1	87	1	13	1	164	0.6
8 7 times	38	1	45	0	5	0	89	0.3
9 8 times	20	0	30	0	4	0	55	0.2
10 9 times	8	0	8	0	1	0	17	0.1
11 10 or more times	49	1	34	0	10	1	98	0.3
Total	7736	27	18897	66	1684	6	28600	43.4

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Did something I later regretted

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10220	84	24873	81	2557	84	38052	82.2
2 Yes	1941	16	5732	19	499	16	8256	17.8
Valid responses =	12161	26	30605	66	3056	7	46308	70.2

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10945	90	27704	91	2822	92	41904	90.5
2 Yes	1216	10	2921	10	237	8	4424	9.5
Valid responses =	12161	26	30625	66	3059	7	46328	70.2

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10131	83	24502	80	2523	82	37553	81.0
2 Yes	2037	17	6142	20	538	18	8807	19.0
Valid responses =	12168	26	30644	66	3061	7	46360	70.3

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Got in trouble with the police

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12039	99	30408	99	3015	99	45929	99.2
2 Yes	112	1	188	1	38	1	351	0.8
Valid responses =	12151	26	30596	66	3053	7	46280	70.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Got in trouble with college/university authorities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12035	99	30414	99	3016	99	45931	99.2
2 Yes	119	1	198	1	38	1	371	0.8
Valid responses =	12154	26	30612	66	3054	7	46302	70.2
Invalid responses include no response.								

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Someone had sex with me without my consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12061	99	30193	99	2972	97	45689	98.7
2 Yes	102	1	397	1	82	3	600	1.3
Valid responses =	12163	26	30590	66	3054	7	46289	70.2
Invalid responses include no response.								

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Had sex with someone without their consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12123	100	30554	100	3034	99	46181	99.7
2 Yes	40	0	68	0	24	1	142	0.3
Valid responses =	12163	26	30622	66	3058	7	46323	70.2
Invalid responses include no response.								

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Had unprotected sex

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10904	90	27663	90	2801	92	41789	90.2
2 Yes	1259	10	2973	10	258	8	4547	9.8
Valid responses =	12163	26	30636	66	3059	7	46336	70.3
Invalid responses include no response.								

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Physically injured myself

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11536	95	28787	94	2816	92	43580	94.1
2 Yes	620	5	1827	6	233	8	2718	5.9
Valid responses =	12156	26	30614	66	3049	7	46298	70.2
Invalid responses include no response.								

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Physically injured another person

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12062	99	30515	100	3022	99	46064	99.4
2 Yes	96	1	109	0	36	1	256	0.6
Valid responses =	12158	26	30624	66	3058	7	46320	70.2
Invalid responses include no response.								

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Seriously considered suicide

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11916	98	30130	98	2892	95	45388	98.0
2 Yes	248	2	496	2	165	5	937	2.0
Valid responses =	12164	26	30626	66	3057	7	46325	70.2
Invalid responses include no response.								

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Needed medical help

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12032	99	30326	99	2993	98	45810	99.0
2 Yes	106	1	267	1	55	2	448	1.0
Valid responses =	12138	26	30593	66	3048	7	46258	70.1
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

30A) Within the last 30 days, did you drive after drinking any alcohol at all?

(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5697	83	15340	89	1161	86	22379	87.3
2 Yes	1187	17	1839	11	194	14	3251	12.7
Valid responses =	6884	27	17179	67	1355	5	25630	38.9

Invalid responses include no response.

30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	11760	97	29940	98	2947	96	45097	97.3
2 Alcohol use negatively impacted performance in class	336	3	572	2	116	4	1052	2.3
3 Alcohol use delayed progress towards degree	72	1	107	0	19	1	204	0.4
Valid responses =	12168	26	30619	66	3082	7	46353	70.3

Invalid responses include no response.

31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?

(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1706	69	4471	76	595	72	6851	73.6
2 Yes	784	32	1410	24	234	28	2455	26.4
Valid responses =	2490	27	5881	63	829	9	9306	14.1

Invalid responses include no response.

31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance?

(only includes students who used cannabis within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	4826	91	12725	95	1784	90	19549	93.5
2 Marijuana use negatively impacted performance in class	369	7	555	4	169	9	1123	5.4
3 Marijuana use delayed progress towards degree	90	2	113	1	29	2	238	1.1
Valid responses =	5285	25	13393	64	1982	9	20910	31.7

Invalid responses include no response.

32) Do you identify as a person in recovery from alcohol or other drug use?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12759	97	31935	98	3153	94	48400	97.6
2 Yes	352	3	598	2	204	6	1173	2.4
Valid responses =	13111	26	32533	66	3357	7	49573	75.2

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

33A) When, if ever, was the last time you had:

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	6992	39	15973	38	1508	36	24860	38.4
2 Within the last 2 weeks	4994	28	11851	28	1129	27	18153	28.1
3 More than 2 weeks but within 30 days	1310	7	3248	8	359	9	4976	7.7
4 More than 30 days but within 3 months	1544	9	3635	9	403	10	5649	8.7
5 More than 3 months but within 12 months	1539	9	3589	9	405	10	5605	8.7
6 More than 12 months ago	1581	9	3400	8	401	10	5444	8.4
Valid responses =	17960	28	41696	64	4205	7	64687	98.1

Invalid responses include no response.

33B) When, if ever, was the last time you had:

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	8070	45	16706	40	2132	51	27344	42.3
2 Within the last 2 weeks	4975	28	13389	32	846	20	19379	30.0
3 More than 2 weeks but within 30 days	1051	6	2695	7	221	5	4019	6.2
4 More than 30 days but within 3 months	1190	7	2969	7	283	7	4500	7.0
5 More than 3 months but within 12 months	1211	7	2960	7	330	8	4560	7.1
6 More than 12 months ago	1447	8	2968	7	382	9	4849	7.5
Valid responses =	17944	28	41687	64	4194	6	64651	98.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

33C) When, if ever, was the last time you had:
Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	14410	81	35426	85	3198	76	53675	83.3
2 Within the last 2 weeks	701	4	591	1	186	4	1517	2.4
3 More than 2 weeks but within 30 days	304	2	329	1	83	2	737	1.1
4 More than 30 days but within 3 months	438	2	667	2	121	3	1262	2.0
5 More than 3 months but within 12 months	592	3	1127	3	183	4	1929	3.0
6 More than 12 months ago	1436	8	3433	8	419	10	5343	8.3
Valid responses =	17881	28	41573	64	4190	6	64463	97.7

Invalid responses include no response.

34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse?
(only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	84	1	114	1	14	1	224	0.6
1 1 Partner	7190	71	18457	76	1547	65	27438	73.9
2 2 Partners	1092	11	2738	11	314	13	4184	11.3
3 3 Partners	581	6	1317	5	170	7	2093	5.6
4 4 Partners	322	3	668	3	92	4	1091	2.9
5 5 Partners	226	2	399	2	62	3	699	1.9
6 6 Partners	126	1	213	1	37	2	380	1.0
7 7 Partners	75	1	115	1	28	1	219	0.6
8 8 to 10 Partners	184	2	184	1	45	2	422	1.1
9 11 or More Partners	204	2	115	1	69	3	403	1.1
Valid responses =	10084	27	24320	65	2378	6	37153	56.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.07	1.00	3.68	0	98
Cis Women	1.57	1.00	1.67	0	54
Trans/Gender Non-conforming	2.54	1.00	5.37	0	80
Overall	1.78	1.00	2.82	0	98

35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)
Women or females

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1158	12	21436	91	1370	62	24158	67.0
2 Yes	8774	88	2130	9	850	38	11885	33.0
Valid responses =	9932	28	23566	65	2220	6	36043	54.7

Invalid responses include no response.

35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)
Men or males

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8440	88	1630	7	919	41	11130	30.7
2 Yes	1207	13	22438	93	1300	59	25125	69.3
Valid responses =	9647	27	24068	66	2219	6	36255	55.0

Invalid responses include no response.

35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)
Trans women

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9480	99	23237	99	1832	85	34831	98.3
2 Yes	97	1	162	1	326	15	616	1.7
Valid responses =	9577	27	23399	66	2158	6	35447	53.7

Invalid responses include no response.

35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)
Trans men

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9425	99	23214	99	1846	86	34763	98.2
2 Yes	135	1	143	1	307	14	624	1.8
Valid responses =	9560	27	23357	66	2153	6	35387	53.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Genderqueer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9317	97	23022	98	1588	73	34175	96.4
2 Yes	266	3	365	2	596	27	1291	3.6
Valid responses =	9583	27	23387	66	2184	6	35466	53.8

Invalid responses include no response.

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Person(s) with another identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9427	99	23158	99	1872	89	34725	98.5
2 Yes	123	1	146	1	238	11	537	1.5
Valid responses =	9550	27	23304	66	2110	6	35262	53.5

Invalid responses include no response.

R36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	5429	86	13424	89	1263	86	20290	88.2
2 Rarely	260	4	480	3	74	5	827	3.6
3 Sometimes	208	3	372	3	51	4	639	2.8
4 Most of the time	152	2	227	2	34	2	420	1.8
5 Always	234	4	548	4	41	3	834	3.6
Valid responses =	6283	27	15051	65	1463	6	23010	34.9

Invalid responses include no response.

R36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2357	39	7264	45	449	43	10154	43.7
2 Rarely	443	7	1243	8	80	8	1787	7.7
3 Sometimes	606	10	1463	9	114	11	2210	9.5
4 Most of the time	897	15	2012	13	115	11	3044	13.1
5 Always	1700	28	4037	25	286	27	6065	26.1
Valid responses =	6003	26	16019	69	1044	4	23260	35.3

Invalid responses include no response.

R36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)

Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	540	54	637	70	117	48	1320	59.9
2 Rarely	103	10	75	8	31	13	215	9.8
3 Sometimes	133	13	52	6	25	10	216	9.8
4 Most of the time	99	10	39	4	21	9	163	7.4
5 Always	123	12	110	12	50	21	290	13.2
Valid responses =	998	45	913	41	244	11	2204	3.3

Invalid responses include no response.

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?

(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	6710	80	18165	83	1344	80	26443	81.7
2 No, not want prevent pregnancy	287	3	562	3	60	4	923	2.9
3 No, did not use any method	1236	15	3081	14	261	16	4624	14.3
4 Don't know	181	2	172	1	15	1	385	1.2
Valid responses =	8414	26	21980	68	1680	5	32375	49.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

R38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control pills (monthly or extended cycle)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4294	64	11751	65	960	71	17160	64.9
1 Selected	2416	36	6414	35	384	29	9283	35.1
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.

R38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control shots

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6624	99	17930	99	1314	98	26085	98.6
1 Selected	86	1	235	1	30	2	358	1.4
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.

R38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control implants

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6216	93	16933	93	1224	91	24583	93.0
1 Selected	494	7	1232	7	120	9	1860	7.0
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.

R38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control patch

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6611	99	17932	99	1324	99	26087	98.7
1 Selected	99	2	233	1	20	2	356	1.3
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.

R38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
The ring

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6615	99	17790	98	1326	99	25953	98.1
1 Selected	95	1	375	2	18	1	490	1.9
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.

R38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Emergency contraception ("morning after pill" or "Plan B")

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6340	95	17043	94	1248	93	24843	93.9
1 Selected	370	6	1122	6	96	7	1600	6.1
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.

R38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Intrauterine device (IUD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5613	84	14679	81	1074	80	21555	81.5
1 Selected	1097	16	3486	19	270	20	4888	18.5
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

R38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

External condom (sometimes called "male" condom)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3133	47	9642	53	633	47	13531	51.2
1 Selected	3577	53	8523	47	711	53	12912	48.8
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.

R38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Internal condom (sometimes called "female" condom)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6677	100	18123	100	1332	99	26355	99.7
1 Selected	33	1	42	0	12	1	88	0.3
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.

R38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Diaphragm or cervical cap

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6702	100	18152	100	1341	100	26418	99.9
1 Selected	8	0	13	0	3	0	25	0.1
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.

R38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Contraceptive sponge

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6705	100	18159	100	1343	100	26430	100.0
1 Selected	5	0	6	0	1	0	13	0.0
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.

R38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Withdrawal

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5577	83	14363	79	1111	83	21239	80.3
1 Selected	1133	17	3802	21	233	17	5204	19.7
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.

R38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Fertility awareness (for example: calendar, mucous, and basal body temperature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6449	96	17105	94	1260	94	25027	94.6
1 Selected	261	4	1060	6	84	6	1416	5.4
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.

R38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Sterilization (for example: hysterectomy, tubes tied, or vasectomy)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6537	97	17626	97	1275	95	25653	97.0
1 Selected	173	3	539	3	69	5	790	3.0
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

R38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Don't know

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6601	98	18108	100	1335	99	26262	99.3
1 Selected	109	2	57	0	9	1	181	0.7
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.

R38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Other method

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6623	99	17963	99	1296	96	26093	98.7
1 Selected	87	1	202	1	48	4	350	1.3
Valid responses =	6710	25	18165	69	1344	5	26443	40.1

Invalid responses include no response.

39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")?
(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6507	78	17302	79	1237	74	25252	78.3
2 Yes	1496	18	4231	19	336	20	6112	19.0
3 Don't know	240	3	64	0	33	2	352	1.1
4 Not applicable	121	1	315	1	67	4	523	1.6
Valid responses =	8364	26	21912	68	1673	5	32239	48.9

Invalid responses include no response.

40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7988	95	21360	97	1585	94	31194	96.4
2 Yes, unintentionally	127	2	297	1	45	3	482	1.5
3 Yes, intentionally	193	2	248	1	35	2	486	1.5
4 Don't know	93	1	65	0	15	1	181	0.6
Valid responses =	8401	26	21970	68	1680	5	32343	49.0

Invalid responses include no response.

40B) Within the last 12 months, to what extent did your pregnancy (or a partner's pregnancy) affect your academic performance?
(Please select the most serious outcome below) (only includes students or students with partners that have become pregnant in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Pregnancy did not affect my academics	227	72	314	58	42	53	592	61.7
2 Pregnancy negatively impacted my performance in a class	68	22	148	27	29	37	253	26.4
3 Pregnancy delayed progress towards my degree	22	7	80	15	8	10	114	11.9
Valid responses =	317	33	542	57	79	8	959	1.5

Invalid responses include no response.

41A) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I lead a purposeful and meaningful life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	455	3	473	1	137	3	1120	1.7
2 Disagree	604	3	724	2	261	6	1639	2.5
3 Slightly disagree	751	4	1405	3	292	7	2497	3.8
4 Neither agree nor disagree	1858	10	3459	8	544	13	5977	9.2
5 Slightly agree	3291	18	7985	19	988	23	12413	19.0
6 Agree	6556	36	16785	40	1383	33	24975	38.3
7 Strongly agree	4576	25	11314	27	611	15	16639	25.5
Valid responses =	18091	28	42145	65	4216	6	65260	99.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

41B) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	335	2	450	1	81	2	913	1.4
2 Disagree	479	3	611	1	153	4	1278	2.0
3 Slightly disagree	679	4	1297	3	210	5	2225	3.4
4 Neither agree nor disagree	1524	8	2440	6	276	7	4330	6.6
5 Slightly agree	3569	20	7700	18	891	21	12302	18.9
6 Agree	6994	39	17316	41	1607	38	26201	40.2
7 Strongly agree	4512	25	12326	29	1002	24	18005	27.6
Valid responses =	18092	28	42140	65	4220	6	65254	98.9

Invalid responses include no response.

41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	410	2	546	1	106	3	1109	1.7
2 Disagree	626	4	1026	2	257	6	1944	3.0
3 Slightly disagree	1018	6	2371	6	411	10	3874	5.9
4 Neither agree nor disagree	1732	10	3477	8	419	10	5752	8.8
5 Slightly agree	4254	24	10074	24	1204	29	15718	24.1
6 Agree	6402	35	16240	39	1351	32	24230	37.1
7 Strongly agree	3641	20	8387	20	472	11	12601	19.3
Valid responses =	18083	28	42121	65	4220	6	65228	98.9

Invalid responses include no response.

41D) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	315	2	343	1	90	2	795	1.2
2 Disagree	357	2	440	1	128	3	940	1.4
3 Slightly disagree	492	3	831	2	182	4	1542	2.4
4 Neither agree nor disagree	1971	11	3188	8	477	11	5757	8.8
5 Slightly agree	3892	22	8348	20	951	23	13374	20.5
6 Agree	6759	37	17555	42	1564	37	26131	40.1
7 Strongly agree	4290	24	11397	27	821	20	16645	25.5
Valid responses =	18076	28	42102	65	4213	6	65184	98.8

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	255	1	340	1	101	2	735	1.1
2 Disagree	271	2	488	1	144	3	933	1.4
3 Slightly disagree	516	3	1027	2	257	6	1847	2.8
4 Neither agree nor disagree	1134	6	2147	5	286	7	3667	5.6
5 Slightly agree	3112	17	7199	17	954	23	11420	17.5
6 Agree	7180	40	18104	43	1610	38	27164	41.7
7 Strongly agree	5614	31	12814	30	863	21	19440	29.8
Valid responses =	18082	28	42119	65	4215	6	65206	98.9

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	319	2	332	1	100	2	789	1.2
2 Disagree	323	2	361	1	172	4	886	1.4
3 Slightly disagree	597	3	845	2	270	6	1764	2.7
4 Neither agree nor disagree	1830	10	2789	7	559	13	5302	8.1
5 Slightly agree	3082	17	6736	16	947	23	10905	16.7
6 Agree	6822	38	17653	42	1426	34	26162	40.1
7 Strongly agree	5113	28	13416	32	742	18	19414	29.8
Valid responses =	18086	28	42132	65	4216	6	65222	98.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

41G) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	521	3	679	2	298	7	1561	2.4
2 Disagree	650	4	1031	2	369	9	2091	3.2
3 Slightly disagree	987	6	1950	5	498	12	3522	5.4
4 Neither agree nor disagree	1782	10	3205	8	500	12	5600	8.6
5 Slightly agree	3229	18	7687	18	937	22	12003	18.4
6 Agree	5622	31	14873	35	987	23	21685	33.2
7 Strongly agree	5297	29	12700	30	628	15	18761	28.8
Valid responses =	18088	28	42125	65	4217	6	65223	98.9

Invalid responses include no response.

41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

People respect me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	322	2	395	1	123	3	878	1.3
2 Disagree	352	2	522	1	179	4	1089	1.7
3 Slightly disagree	596	3	1202	3	307	7	2147	3.3
4 Neither agree nor disagree	2331	13	4299	10	813	19	7594	11.6
5 Slightly agree	3486	19	8041	19	1008	24	12702	19.5
6 Agree	6976	39	17814	42	1336	32	26374	40.4
7 Strongly agree	4019	22	9851	23	446	11	14419	22.1
Valid responses =	18082	28	42124	65	4212	6	65203	98.9

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.¹

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	213	1	325	1	101	2	669	1.0
1 Rarely true	337	2	969	2	241	6	1607	2.5
2 Sometimes true	3086	17	8630	21	1276	30	13226	20.3
3 Often true	8130	45	19606	47	1759	42	29777	45.7
4 True nearly all the time	6308	35	12596	30	846	20	19923	30.6
Valid responses =	18074	28	42126	65	4223	6	65202	98.9

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.¹

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	262	2	481	1	112	3	885	1.4
1 Rarely true	519	3	1490	4	343	8	2419	3.7
2 Sometimes true	2876	16	8310	20	1139	27	12550	19.3
3 Often true	7256	40	18120	43	1655	39	27305	41.9
4 True nearly all the time	7127	40	13670	33	969	23	21954	33.7
Valid responses =	18040	28	42071	65	4218	6	65113	98.7

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6039	34	6929	17	638	15	13840	21.4
2 Yes	11831	66	34837	83	3556	85	50757	78.6
Valid responses =	17870	28	41766	65	4194	6	64597	97.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

44A) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel nervous?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	1991	11	2465	6	131	3	4660	7.2
1 A little of the time	5402	30	8705	21	583	14	14819	22.8
2 Some of the time	7073	39	17330	41	1530	36	26205	40.3
3 Most of the time	2621	15	9669	23	1354	32	13830	21.2
4 All of the time	965	5	3919	9	609	15	5587	8.6
Valid responses =	18052	28	42088	65	4207	6	65101	98.7

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel hopeless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	7194	40	15320	37	729	17	23428	36.2
1 A little of the time	5121	29	12293	29	1181	28	18763	29.0
2 Some of the time	3984	22	10287	25	1412	34	15923	24.6
3 Most of the time	1182	7	2918	7	632	15	4835	7.5
4 All of the time	503	3	1068	3	239	6	1856	2.9
Valid responses =	17984	28	41886	65	4193	6	64805	98.3

Invalid responses include no response.

44C) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel restless or fidgety?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	3833	21	6620	16	297	7	10844	16.7
1 A little of the time	5031	28	10513	25	711	17	16401	25.3
2 Some of the time	5503	31	13797	33	1362	32	20917	32.2
3 Most of the time	2574	14	7930	19	1260	30	11946	18.4
4 All of the time	1048	6	3083	7	575	14	4780	7.4
Valid responses =	17989	28	41943	65	4205	6	64888	98.4

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	9474	53	19036	45	1194	28	29951	46.0
1 A little of the time	4749	26	12699	30	1392	33	19048	29.3
2 Some of the time	2742	15	7619	18	1106	26	11662	17.9
3 Most of the time	732	4	1933	5	375	9	3103	4.8
4 All of the time	354	2	781	2	144	3	1321	2.0
Valid responses =	18051	28	42068	65	4211	6	65085	98.7

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel that everything was an effort?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	5264	29	9881	24	425	10	15703	24.1
1 A little of the time	5309	29	11944	28	861	21	18261	28.1
2 Some of the time	4480	25	11404	27	1256	30	17350	26.7
3 Most of the time	2082	12	6132	15	1010	24	9381	14.4
4 All of the time	912	5	2715	7	657	16	4387	6.7
Valid responses =	18047	28	42076	65	4209	6	65082	98.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

44F) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel worthless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	10382	58	23924	57	1506	36	36101	55.5
1 A little of the time	3784	21	9133	22	1112	26	14199	21.8
2 Some of the time	2439	14	5813	14	890	21	9293	14.3
3 Most of the time	861	5	2093	5	437	10	3466	5.3
4 All of the time	555	3	1063	3	263	6	1940	3.0
Valid responses =	18021	28	42026	65	4208	6	64999	98.6

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you.

How often do you feel that you lack companionship?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	7431	41	17345	41	1273	30	26295	40.4
2 Some of the time	7202	40	18358	44	1876	45	27759	42.6
3 Often	3430	19	6426	15	1070	25	11105	17.0
Valid responses =	18063	28	42129	65	4219	6	65159	98.8

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you.

How often do you feel left out?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	7922	44	15810	38	1090	26	25057	38.5
2 Some of the time	7725	43	19909	47	2025	48	29998	46.0
3 Often	2408	13	6405	15	1101	26	10088	15.5
Valid responses =	18055	28	42124	65	4216	6	65143	98.8

Invalid responses include no response.

45C) Indicate how often each of the statements below is descriptive of you.

How often do you feel isolated from others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	7712	43	17235	41	1020	24	26182	40.2
2 Some of the time	7135	40	17807	42	1885	45	27163	41.7
3 Often	3213	18	7081	17	1316	31	11813	18.1
Valid responses =	18060	28	42123	65	4221	6	65158	98.8

Invalid responses include no response.

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	16786	93	38025	91	2981	71	58393	89.9
2 Once or twice	926	5	3144	8	844	20	5007	7.7
3 Monthly	187	1	580	1	255	6	1060	1.6
4 Weekly	69	0	194	1	92	2	377	0.6
5 Daily or almost daily	18	0	59	0	38	1	126	0.2
Valid responses =	17986	28	42002	65	4210	6	64963	98.5

Invalid responses include no response.

47A1) Within the last 12 months, have you had problems or challenges with any of the following?

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10446	58	22870	54	1814	43	35469	54.5
2 Yes	7587	42	19206	46	2399	57	29568	45.5
Valid responses =	18033	28	42076	65	4213	6	65037	98.6

Invalid responses include no response.

47A2) Within the last 12 months, have you had problems or challenges with any of the following?

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11346	63	26023	62	2279	54	40058	61.7
2 Yes	6665	37	16005	38	1928	46	24895	38.3
Valid responses =	18011	28	42028	65	4207	6	64953	98.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

47A3) Within the last 12 months, have you had problems or challenges with any of the following?

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	10415	58	20974	50	1778	42	33531	51.6	
2 Yes	7591	42	21051	50	2430	58	31413	48.4	
Valid responses =	18006	28	42025	65	4208	6	64944	98.5	
Invalid responses include no response.									

47A4) Within the last 12 months, have you had problems or challenges with any of the following?

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	5562	31	11490	27	729	17	17972	27.7	
2 Yes	12433	69	30537	73	3477	83	46962	72.3	
Valid responses =	17995	28	42027	65	4206	6	64934	98.5	
Invalid responses include no response.									

47A5) Within the last 12 months, have you had problems or challenges with any of the following?

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	15907	89	37117	89	3492	83	57070	88.0	
2 Yes	2069	12	4838	12	705	17	7756	12.0	
Valid responses =	17976	28	41955	65	4197	6	64826	98.3	
Invalid responses include no response.									

47A6) Within the last 12 months, have you had problems or challenges with any of the following?

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	13505	75	25964	62	1961	47	41806	64.4	
2 Yes	4473	25	16021	38	2247	53	23065	35.6	
Valid responses =	17978	28	41985	65	4208	6	64871	98.4	
Invalid responses include no response.									

47A7) Within the last 12 months, have you had problems or challenges with any of the following?

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	12088	67	27131	65	2481	59	42122	64.9	
2 Yes	5901	33	14859	35	1719	41	22743	35.1	
Valid responses =	17989	28	41990	65	4200	6	64865	98.4	
Invalid responses include no response.									

47A8) Within the last 12 months, have you had problems or challenges with any of the following?

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	14416	80	29989	72	2892	69	47785	73.8	
2 Yes	3542	20	11937	29	1301	31	16983	26.2	
Valid responses =	17958	28	41926	65	4193	6	64768	98.2	
Invalid responses include no response.									

47A9) Within the last 12 months, have you had problems or challenges with any of the following?

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	14725	82	31991	76	2776	66	49964	77.2	
2 Yes	3202	18	9893	24	1420	34	14727	22.8	
Valid responses =	17927	28	41884	65	4196	6	64691	98.1	
Invalid responses include no response.									

47A10) Within the last 12 months, have you had problems or challenges with any of the following?

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11328	63	18908	45	1369	33	31934	49.3	
2 Yes	6637	37	23012	55	2831	67	32845	50.7	
Valid responses =	17965	28	41920	65	4200	6	64779	98.2	
Invalid responses include no response.									



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

47A11) Within the last 12 months, have you had problems or challenges with any of the following?

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	12206	68	24874	59	2241	53	39712	61.3	
2 Yes	5741	32	17065	41	1962	47	25062	38.7	
Valid responses =	17947	28	41939	65	4203	6	64774	98.2	
Invalid responses include no response.									

47A12) Within the last 12 months, have you had problems or challenges with any of the following?

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	14452	80	32078	76	3173	76	50220	77.4	
2 Yes	3539	20	9895	24	1025	24	14630	22.6	
Valid responses =	17991	28	41973	65	4198	6	64850	98.3	
Invalid responses include no response.									

R47A13) Within the last 12 months, have you had problems or challenges with any of the following?

I was bullied (threats, rumors, physical or verbal attacks, or being excluded from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17177	95	39417	94	3698	88	60909	93.8	
2 Yes	826	5	2598	6	506	12	4005	6.2	
Valid responses =	18003	28	42015	65	4204	6	64914	98.4	
Invalid responses include no response.									

R47A14) Within the last 12 months, have you had problems or challenges with any of the following?

I was cyberbullied (technology was used to harass, threaten, embarrass, or target me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17472	97	40887	97	3943	94	62935	96.9	
2 Yes	533	3	1133	3	261	6	1981	3.1	
Valid responses =	18005	28	42020	65	4204	6	64916	98.4	
Invalid responses include no response.									

R47A15) Within the last 12 months, have you had problems or challenges with any of the following?

I was hazed (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation were used as a way of initiating me into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17729	99	41643	99	4137	98	64180	98.9	
2 Yes	274	2	376	1	67	2	740	1.1	
Valid responses =	18003	28	42019	65	4204	6	64920	98.4	
Invalid responses include no response.									

R47A16) Within the last 12 months, have you had problems or challenges with any of the following?

I experienced microaggression(s) directed at me (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	15677	87	34482	82	2414	57	53014	81.7	
2 Yes	2326	13	7554	18	1790	43	11913	18.3	
Valid responses =	18003	28	42036	65	4204	6	64927	98.4	
Invalid responses include no response.									

R47A17) Within the last 12 months, have you had problems or challenges with any of the following?

I was sexually harassed (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17518	97	37974	90	3535	84	59628	91.9	
2 Yes	485	3	4037	10	670	16	5277	8.1	
Valid responses =	18003	28	42011	65	4205	6	64905	98.4	
Invalid responses include no response.									



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

R47A18) Within the last 12 months, have you had problems or challenges with any of the following?

I experienced discrimination directed at me (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16480	92	37997	90	3093	74	58096	89.5
2 Yes	1523	9	4026	10	1110	26	6821	10.5
Valid responses =	18003	28	42023	65	4203	6	64917	98.4

Invalid responses include no response.

47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	128	2	121	1	11	1	265	0.9
2 Minimal Distress	1360	18	2287	12	303	13	3985	13.5
3 Moderate Distress	3513	46	8396	44	1038	43	13112	44.5
4 High Distress	2567	34	8343	44	1042	44	12108	41.1
Valid responses =	7568	26	19147	65	2394	8	29470	44.7

Invalid responses include no response.

47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	170	3	270	2	35	2	485	2.0
2 Minimal Distress	1670	25	3580	23	452	24	5768	23.3
3 Moderate Distress	2785	42	6825	43	845	44	10565	42.6
4 High Distress	2016	30	5270	33	587	31	7971	32.2
Valid responses =	6641	27	15945	64	1919	8	24789	37.6

Invalid responses include no response.

47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	143	2	253	1	22	1	427	1.4
2 Minimal Distress	2017	27	4361	21	398	16	6832	21.8
3 Moderate Distress	3156	42	8835	42	1021	42	13152	42.1
4 High Distress	2243	30	7521	36	981	41	10866	34.7
Valid responses =	7559	24	20970	67	2422	8	31277	47.4

Invalid responses include no response.

47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	501	4	784	3	68	2	1369	2.9
2 Minimal Distress	4730	38	9996	33	965	28	15824	33.9
3 Moderate Distress	4686	38	12225	40	1336	39	18453	39.5
4 High Distress	2464	20	7377	24	1091	32	11075	23.7
Valid responses =	12381	26	30382	65	3460	7	46721	70.8

Invalid responses include no response.

47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	139	7	237	5	26	4	414	5.4
2 Minimal Distress	901	44	1916	40	313	45	3168	41.1
3 Moderate Distress	671	33	1684	35	239	34	2633	34.2
4 High Distress	351	17	971	20	121	17	1484	19.3
Valid responses =	2062	27	4808	62	699	9	7699	11.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	197	4	338	2	29	1	573	2.5
2 Minimal Distress	1711	39	4966	31	585	26	7354	32.1
3 Moderate Distress	1628	37	6308	40	904	41	8962	39.1
4 High Distress	906	20	4343	27	715	32	6054	26.4
Valid responses =	4442	19	15955	70	2233	10	22943	34.8

Invalid responses include no response.

47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	334	6	497	3	55	3	898	4.0
2 Minimal Distress	1938	33	4750	32	557	33	7316	32.3
3 Moderate Distress	2090	36	5414	37	582	34	8185	36.1
4 High Distress	1515	26	4147	28	518	30	6254	27.6
Valid responses =	5877	26	14808	65	1712	8	22653	34.3

Invalid responses include no response.

47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	237	7	412	4	41	3	698	4.1
2 Minimal Distress	1689	48	4641	39	518	40	6918	40.9
3 Moderate Distress	1059	30	4069	34	410	32	5602	33.1
4 High Distress	543	15	2759	23	330	25	3686	21.8
Valid responses =	3528	21	11881	70	1299	8	16904	25.6

Invalid responses include no response.

47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	285	9	599	6	45	3	942	6.4
2 Minimal Distress	1702	54	4674	48	647	46	7105	48.6
3 Moderate Distress	883	28	3277	33	489	35	4719	32.3
4 High Distress	313	10	1278	13	226	16	1857	12.7
Valid responses =	3183	22	9828	67	1407	10	14623	22.2

Invalid responses include no response.

47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	334	5	563	3	54	2	964	2.9
2 Minimal Distress	3296	50	9062	40	1086	39	13571	41.5
3 Moderate Distress	2075	31	8700	38	998	35	11902	36.4
4 High Distress	910	14	4587	20	683	24	6264	19.2
Valid responses =	6615	20	22912	70	2821	9	32701	49.6

Invalid responses include no response.

47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	358	6	647	4	68	4	1089	4.4
2 Minimal Distress	2188	38	5540	33	647	33	8463	33.9
3 Moderate Distress	2061	36	6728	40	735	38	9632	38.6
4 High Distress	1111	19	4095	24	506	26	5786	23.2
Valid responses =	5718	23	17010	68	1956	8	24970	37.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	214	6	321	3	29	3	569	3.9
2 Minimal Distress	1014	29	2200	22	227	22	3482	23.9
3 Moderate Distress	1229	35	3442	35	336	33	5063	34.7
4 High Distress	1074	30	3901	40	431	42	5468	37.5
Valid responses =	3531	24	9864	68	1023	7	14582	22.1

Invalid responses include no response.

R47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was bullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	139	17	245	10	34	7	423	10.6
2 Minimal Distress	291	35	759	29	178	35	1248	31.4
3 Moderate Distress	236	29	846	33	149	30	1253	31.5
4 High Distress	156	19	735	28	142	28	1056	26.5
Valid responses =	822	21	2585	65	503	13	3980	6.0

Invalid responses include no response.

R47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was cyberbullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	100	19	131	12	29	11	265	13.5
2 Minimal Distress	187	35	359	32	87	34	652	33.1
3 Moderate Distress	152	29	322	29	68	26	557	28.3
4 High Distress	93	18	313	28	76	29	494	25.1
Valid responses =	532	27	1125	57	260	13	1968	3.0

Invalid responses include no response.

R47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was hazed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	74	27	93	25	10	15	177	24.3
2 Minimal Distress	96	35	81	22	15	22	197	27.0
3 Moderate Distress	60	22	105	29	19	28	192	26.3
4 High Distress	44	16	90	24	23	34	163	22.4
Valid responses =	274	38	369	51	67	9	729	1.1

Invalid responses include no response.

R47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I experienced microaggression(s) directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	475	21	896	12	166	9	1558	13.1
2 Minimal Distress	1188	51	3922	52	887	50	6107	51.5
3 Moderate Distress	468	20	1948	26	527	30	3017	25.4
4 High Distress	190	8	759	10	205	12	1187	10.0
Valid responses =	2321	20	7525	63	1785	15	11869	18.0

Invalid responses include no response.

R47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was sexually harassed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	96	20	324	8	39	6	468	8.9
2 Minimal Distress	194	40	1551	39	214	32	1983	37.7
3 Moderate Distress	118	24	1281	32	221	33	1647	31.3
4 High Distress	75	16	870	22	192	29	1161	22.1
Valid responses =	483	9	4026	77	666	13	5259	8.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

R47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I experienced discrimination directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	244	16	332	8	57	5	641	9.4
2 Minimal Distress	656	43	1679	42	387	35	2772	40.8
3 Moderate Distress	419	28	1277	32	402	36	2153	31.7
4 High Distress	201	13	722	18	261	24	1228	18.1
Valid responses =	1520	22	4010	59	1107	16	6794	10.3

Invalid responses include no response.

47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4250	64	10474	66	1219	64	16115	65.1
2 Negatively impacted performance in a class	1819	27	4167	26	529	28	6596	26.6
3 Delayed progress towards degree	574	9	1275	8	169	9	2043	8.3
Valid responses =	6643	27	15916	64	1917	8	24754	37.5

Invalid responses include no response.

47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4955	66	14264	68	1469	61	20875	66.7
2 Negatively impacted performance in a class	1923	25	4831	23	708	29	7558	24.2
3 Delayed progress towards degree	683	9	1878	9	242	10	2841	9.1
Valid responses =	7561	24	20973	67	2419	8	31274	47.4

Invalid responses include no response.

47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4447	36	11832	39	998	29	17434	37.3
2 Negatively impacted performance in a class	6623	53	15829	52	2059	60	24778	53.0
3 Delayed progress towards degree	1322	11	2757	9	403	12	4549	9.7
Valid responses =	12392	27	30418	65	3460	7	46761	70.9

Invalid responses include no response.

47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	925	45	2202	46	289	42	3468	45.2
2 Negatively impacted performance in a class	860	42	1994	42	312	45	3221	41.9
3 Delayed progress towards degree	270	13	599	13	96	14	990	12.9
Valid responses =	2055	27	4795	62	697	9	7679	11.6

Invalid responses include no response.

47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3141	71	11206	71	1501	67	16044	70.1
2 Negatively impacted performance in a class	1069	24	3840	24	600	27	5588	24.4
3 Delayed progress towards degree	238	5	855	5	128	6	1253	5.5
Valid responses =	4448	19	15901	69	2229	10	22885	34.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4030	69	10226	69	1076	63	15486	68.5
2 Negatively impacted performance in a class	1569	27	3878	26	548	32	6070	26.8
3 Delayed progress towards degree	274	5	680	5	87	5	1062	4.7
Valid responses =	5873	26	14784	65	1711	8	22618	34.3

Invalid responses include no response.

47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2680	76	9227	78	919	71	12957	76.8
2 Negatively impacted performance in a class	722	21	2268	19	305	24	3344	19.8
3 Delayed progress towards degree	125	4	374	3	67	5	577	3.4
Valid responses =	3527	21	11869	70	1291	8	16878	25.6

Invalid responses include no response.

47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2431	77	7720	79	1002	72	11287	77.4
2 Negatively impacted performance in a class	632	20	1819	19	338	24	2843	19.5
3 Delayed progress towards degree	111	4	273	3	61	4	456	3.1
Valid responses =	3174	22	9812	67	1401	10	14586	22.1

Invalid responses include no response.

47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	5742	87	20165	88	2365	84	28553	87.4
2 Negatively impacted performance in a class	725	11	2324	10	386	14	3490	10.7
3 Delayed progress towards degree	138	2	412	2	57	2	618	1.9
Valid responses =	6605	20	22901	70	2808	9	32661	49.5

Invalid responses include no response.

47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4303	75	12510	74	1380	71	18376	73.6
2 Negatively impacted performance in a class	1180	21	3776	22	467	24	5497	22.0
3 Delayed progress towards degree	238	4	715	4	106	5	1082	4.3
Valid responses =	5721	23	17001	68	1953	8	24955	37.8

Invalid responses include no response.

47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2257	64	5722	58	543	53	8600	59.0
2 Negatively impacted performance in a class	1031	29	3363	34	366	36	4824	33.1
3 Delayed progress towards degree	244	7	784	8	112	11	1156	7.9
Valid responses =	3532	24	9869	68	1021	7	14580	22.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

R47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was bullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	535	65	1693	66	321	64	2583	65.0
2 Negatively impacted performance in a class	224	27	706	27	142	28	1096	27.6
3 Delayed progress towards degree	62	8	187	7	39	8	296	7.4
Valid responses =	821	21	2586	65	502	13	3975	6.0

Invalid responses include no response.

R47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was cyberbullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	362	68	742	66	165	64	1298	66.2
2 Negatively impacted performance in a class	123	23	287	26	64	25	488	24.9
3 Delayed progress towards degree	47	9	92	8	30	12	175	8.9
Valid responses =	532	27	1121	57	259	13	1961	3.0

Invalid responses include no response.

R47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was hazed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	157	58	185	50	29	43	376	51.6
2 Negatively impacted performance in a class	85	31	137	37	21	31	251	34.5
3 Delayed progress towards degree	31	11	48	13	17	25	101	13.9
Valid responses =	273	38	370	51	67	9	728	1.1

Invalid responses include no response.

R47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I experienced microaggression(s) directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1932	83	6260	83	1406	79	9769	82.3
2 Negatively impacted performance in a class	315	14	1061	14	315	18	1743	14.7
3 Delayed progress towards degree	77	3	206	3	59	3	352	3.0
Valid responses =	2324	20	7527	63	1780	15	11864	18.0

Invalid responses include no response.

R47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was sexually harassed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	358	74	3195	79	478	72	4090	77.8
2 Negatively impacted performance in a class	96	20	675	17	142	21	932	17.7
3 Delayed progress towards degree	29	6	156	4	46	7	234	4.5
Valid responses =	483	9	4026	77	666	13	5256	8.0

Invalid responses include no response.

R47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I experienced discrimination directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1164	77	2945	74	743	67	4942	72.8
2 Negatively impacted performance in a class	262	17	845	21	283	26	1439	21.2
3 Delayed progress towards degree	96	6	217	5	80	7	406	6.0
Valid responses =	1522	22	4007	59	1106	16	6787	10.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

48) Within the last 30 days, how would you rate the overall level of stress you have experienced?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	709	4	449	1	55	1	1256	1.9
2 Low	5660	31	7998	19	584	14	14390	22.1
3 Moderate	8492	47	22126	53	2076	49	33027	50.6
4 High	3214	18	11598	28	1511	36	16570	25.4
Valid responses =	18075	28	42171	65	4226	6	65243	98.9

Invalid responses include no response.

49) Have you ever thought about or attempted to kill yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	11075	61	23926	57	899	21	36215	55.6
2 Just a brief passing thought	4199	23	9821	23	1105	26	15293	23.5
3 Planned at least once, but did not try to do it	1397	8	3892	9	806	19	6193	9.5
4 Planned at least once, wanted to die	724	4	2128	5	591	14	3521	5.4
5 Attempted, but did not want to die	298	2	1063	3	300	7	1690	2.6
6 Attempted, really hoped to die	371	2	1261	3	513	12	2197	3.4
Valid responses =	18064	28	42091	65	4214	6	65109	98.7

Invalid responses include no response.

50) How often have you thought about killing yourself in the past year?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	13591	75	30691	73	1836	44	46522	71.5
2 Rarely (1 time)	1879	10	4831	12	715	17	7525	11.6
3 Sometimes (2 times)	1336	7	3524	8	683	16	5639	8.7
4 Often (3-4 times)	542	3	1557	4	398	9	2537	3.9
5 Very often (5 or more times)	721	4	1480	4	581	14	2858	4.4
Valid responses =	18069	28	42083	65	4213	6	65081	98.7

Invalid responses include no response.

51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15117	84	33609	80	2479	59	51715	79.5
2 Yes, one time, did not want to die	1504	8	4137	10	532	13	6236	9.6
3 Yes, one time, wanted to die	620	3	1894	5	455	11	3019	4.6
4 Yes, more than once, did not want to do it	509	3	1423	3	333	8	2311	3.6
5 Yes, more than once, wanted to do it	298	2	1005	2	412	10	1757	2.7
Valid responses =	18048	28	42068	65	4211	6	65038	98.6

Invalid responses include no response.

52) How likely is it that you will attempt suicide someday?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	12662	70	29710	71	1489	35	44236	68.0
1 No chance at all	2276	13	4995	12	652	16	8003	12.3
2 Rather unlikely	2109	12	5015	12	1143	27	8414	12.9
3 Unlikely	642	4	1516	4	548	13	2765	4.2
4 Likely	234	1	597	1	237	6	1095	1.7
5 Rather likely	62	0	159	0	82	2	311	0.5
6 Very likely	73	0	94	0	63	2	246	0.4
Valid responses =	18058	28	42086	65	4214	6	65070	98.7

Invalid responses include no response.

53) Within the last 12 months, have you attempted suicide?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17549	97	41312	98	3991	95	63561	97.8
2 Yes	475	3	670	2	215	5	1400	2.2
Valid responses =	18024	28	41982	65	4206	6	64961	98.5

Invalid responses include no response.

54A) Have you ever received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10772	60	16693	40	747	18	28490	43.7
2 Yes	7313	40	25467	60	3478	82	36710	56.3
Valid responses =	18085	28	42160	65	4225	6	65200	98.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

54B) Within in the last 12 months, have you received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	13693	76	24921	59	1521	36	40518	62.2	
2 Yes	4379	24	17222	41	2704	64	24641	37.8	
Valid responses =	18072	28	42143	65	4225	6	65159	98.8	
Invalid responses include no response.									

55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	7331	41	9874	23	693	16	18118	27.8	
2 Yes	10745	59	32274	77	3534	84	47041	72.2	
Valid responses =	18076	28	42148	65	4227	6	65159	98.8	
Invalid responses include no response.									

MH1) Have you ever been prescribed medication for a mental health condition?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	14399	80	27259	65	1697	40	43756	67.2	
2 Yes	3674	20	14876	35	2524	60	21373	32.8	
Valid responses =	18073	28	42135	65	4221	6	65129	98.8	
Invalid responses include no response.									

MH2) When were you first prescribed medication for a mental health condition? (only students that were ever prescribed medication for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Before starting at your current college/university	2619	72	10786	73	1937	77	15559	72.9	
2 After starting at your current college/university	1044	29	4067	27	584	23	5776	27.1	
Valid responses =	3663	17	14853	70	2521	12	21335	32.4	
Invalid responses include no response.									

MH3) Were you prescribed medication for a mental health condition in the last 12 months?

(only students that were ever prescribed medication for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1805	49	6365	43	887	35	9152	42.9	
2 Yes	1865	51	8494	57	1634	65	12195	57.1	
Valid responses =	3670	17	14859	70	2521	12	21347	32.4	
Invalid responses include no response.									

MH4) Have you ever had counseling for a mental health condition?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	13319	74	22671	54	1176	28	37493	57.6	
2 Yes	4746	26	19461	46	3050	72	27631	42.4	
Valid responses =	18065	28	42132	65	4226	6	65124	98.7	
Invalid responses include no response.									

MH5) When did you first start counseling for a mental health condition? (only students that have ever had counseling for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Before starting at your current college/university	3421	72	14713	76	2484	82	20903	75.8	
2 After starting at your current college/university	1312	28	4708	24	559	18	6662	24.2	
Valid responses =	4733	17	19421	70	3043	11	27565	41.8	
Invalid responses include no response.									

MH6) Have you had counseling for a mental health condition in the last 12 months? (only students that have ever had counseling for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2120	45	6967	36	830	27	10019	36.3	
2 Yes	2611	55	12461	64	2215	73	17556	63.7	
Valid responses =	4731	17	19428	70	3045	11	27575	41.8	
Invalid responses include no response.									



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12198	68	19156	45	1993	47	33735	51.8
2 Yes	1097	6	22277	53	1814	43	25402	39.0
3 Don't know	291	2	419	1	87	2	809	1.2
4 Not applicable	4495	25	299	1	331	8	5211	8.0
Valid responses =	18081	28	42151	65	4225	6	65157	98.8

Invalid responses include no response.

57) Have you had a dental exam and cleaning in the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5014	28	9512	23	1211	29	15944	24.5
2 Yes	12724	70	31847	76	2879	68	47922	73.5
3 Don't know	350	2	806	2	140	3	1327	2.0
Valid responses =	18088	28	42165	65	4230	6	65193	98.9

Invalid responses include no response.

58) When you are outdoors in the sun, how often do you wear sunscreen?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3411	19	2417	6	429	10	6385	9.8
2 Rarely	5456	30	6370	15	997	24	12979	19.9
3 Sometimes	5126	28	12325	29	1308	31	18965	29.1
4 Usually	3184	18	13576	32	1104	26	18027	27.6
5 Always	913	5	7494	18	391	9	8870	13.6
Valid responses =	18090	28	42182	65	4229	6	65226	98.9

Invalid responses include no response.

59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear a shirt with sleeves

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2899	16	6898	16	568	14	10480	16.2
2 Rarely	3366	19	8643	21	746	18	12847	19.8
3 Sometimes	5012	28	14804	35	1408	34	21453	33.1
4 Usually	4742	26	8755	21	1056	25	14704	22.7
5 Always	2003	11	2902	7	408	10	5388	8.3
Valid responses =	18022	28	42002	65	4186	6	64872	98.4

Invalid responses include no response.

59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear sunglasses

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3460	19	5728	14	903	22	10232	15.8
2 Rarely	3248	18	6601	16	796	19	10760	16.6
3 Sometimes	4646	26	11755	28	1031	25	17617	27.1
4 Usually	4484	25	12088	29	897	21	17604	27.1
5 Always	2180	12	5880	14	555	13	8701	13.4
Valid responses =	18018	28	42052	65	4182	6	64914	98.4

Invalid responses include no response.

59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Stay in the shade

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1106	6	1871	5	180	4	3211	4.9
2 Rarely	2215	12	5333	13	327	8	7937	12.2
3 Sometimes	7559	42	17692	42	1427	34	26924	41.5
4 Usually	6082	34	14046	33	1870	45	22246	34.3
5 Always	1050	6	3082	7	381	9	4568	7.0
Valid responses =	18012	28	42024	65	4185	6	64886	98.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear a hat

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3828	21	9888	24	1026	25	14907	23.0
2 Rarely	3645	20	11595	28	1068	26	16473	25.4
3 Sometimes	5468	30	14037	34	1280	31	20985	32.4
4 Usually	3552	20	4988	12	601	14	9230	14.3
5 Always	1501	8	1436	3	191	5	3172	4.9
Valid responses =	17994	28	41944	65	4166	6	64767	98.2

Invalid responses include no response.

60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	11716	66	18380	44	2795	68	33310	52.1
1 1 time	636	4	1257	3	146	4	2062	3.2
2 2 times	890	5	2288	6	232	6	3445	5.4
3 3 times	564	3	1767	4	166	4	2517	3.9
4 4 times	317	2	997	2	78	2	1400	2.2
5 5 times	678	4	2320	6	165	4	3184	5.0
6 6 to 10 times	1179	7	4652	11	255	6	6116	9.6
7 11 to 15 times	376	2	1657	4	72	2	2112	3.3
8 16 to 20 times	451	3	2428	6	72	2	2964	4.6
9 21 to 49 times	452	3	2920	7	78	2	3463	5.4
10 50 or More times	468	3	2759	7	61	2	3306	5.2
Valid responses =	17727	28	41425	65	4120	6	63879	96.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	5.25	0.00	20.39	0	365
Cis Women	11.16	2.00	25.39	0	365
Trans/Gender Non-conforming	3.66	0.00	14.77	0	365
Overall	9.00	0.00	23.81	0	365

61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	3855	21	6466	15	443	11	10873	16.8
2 Have started, but not completed HPV vaccine	564	3	1710	4	264	6	2568	4.0
3 Completed HPV vaccine	7995	44	24177	58	2455	58	34940	53.8
4 I don't know my HPV vaccination status	5609	31	9661	23	1049	25	16503	25.4
Valid responses =	18023	28	42014	65	4211	6	64884	98.4

Invalid responses include no response.

62) Did you have a flu vaccine within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8548	47	18662	44	1602	38	29096	44.8
2 Yes	8299	46	21345	51	2369	56	32339	49.8
3 Don't know	1204	7	2068	5	239	6	3550	5.5
Valid responses =	18051	28	42075	65	4210	6	64985	98.5

Invalid responses include no response.

COVIDVAXD) Have you received at least one dose of a COVID-19 vaccine?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2280	13	5066	12	259	6	7682	11.8
2 Yes	15523	86	36603	87	3912	93	56595	87.1
3 Not sure	254	1	415	1	48	1	736	1.1
Valid responses =	18057	28	42084	65	4219	6	65013	98.6

Invalid responses include no response.

COVIDVAXE) Have you received a COVID-19 vaccine in the last 12 months? (only students that have received at least one dose of a COVID-19 vaccine)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11060	71	25159	69	2039	52	38582	68.4
2 Yes	3665	24	9646	26	1611	41	15104	26.8
3 Not sure	760	5	1705	5	256	7	2761	4.9
Valid responses =	15485	27	36510	65	3906	7	56447	85.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

COVIDINF Have you tested positive for COVID-19 within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16394	91	37354	89	3532	84	57834	89.0
2 Yes	1652	9	4704	11	683	16	7130	11.0
Valid responses =	18046	28	42058	65	4215	6	64964	98.5
Invalid responses include no response.								

63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17542	98	40152	96	3997	96	62260	96.2
2 Yes	442	3	1781	4	175	4	2432	3.8
Valid responses =	17984	28	41933	65	4172	6	64089	98.1
Invalid responses include no response.								

63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17753	99	41333	99	4091	99	63177	98.8
2 Yes	190	1	485	1	64	2	758	1.2
Valid responses =	17943	28	41818	65	4155	6	64015	97.8
Invalid responses include no response.								

63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17750	100	41153	100	4073	99	63073	99.5
2 Yes	96	1	196	1	36	1	343	0.5
Valid responses =	17846	28	41349	65	4109	6	63303	96.9
Invalid responses include no response.								

63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13140	73	25492	61	2553	61	41185	64.3
2 Yes	4828	27	16418	39	1622	39	23079	35.7
Valid responses =	17968	28	41910	65	4175	6	64053	98.0
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17574	98	40673	97	3999	96	62817	97.3
2 Yes	386	2	1200	3	164	4	1776	2.7
Valid responses =	17960	28	41873	65	4163	6	64593	97.9

Invalid responses include no response.

63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17764	99	41543	100	4099	99	63986	99.4
2 Yes	133	1	166	0	46	1	360	0.6
Valid responses =	17897	28	41709	65	4145	6	64346	97.6

Invalid responses include no response.

63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15509	87	34727	83	3453	83	54195	84.0
2 Yes	2411	14	7083	17	710	17	10292	16.0
Valid responses =	17920	28	41810	65	4163	6	64487	97.8

Invalid responses include no response.

63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17814	100	41541	100	4121	99	64055	99.7
2 Yes	63	0	106	0	30	1	213	0.3
Valid responses =	17877	28	41647	65	4151	6	64268	97.4

Invalid responses include no response.

63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17653	99	40952	98	4059	98	63229	98.5
2 Yes	206	1	656	2	84	2	967	1.5
Valid responses =	17859	28	41608	65	4143	6	64196	97.3

Invalid responses include no response.

63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16623	93	38120	91	3694	89	58971	91.2
2 Yes	1341	8	3779	9	474	11	5659	8.8
Valid responses =	17964	28	41899	65	4168	6	64630	98.0

Invalid responses include no response.

63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17877	100	41621	100	4125	99	64202	99.5
2 Yes	65	0	213	1	35	1	330	0.5
Valid responses =	17942	28	41834	65	4160	6	64532	97.8

Invalid responses include no response.

63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17581	98	40695	98	4049	98	62892	97.7
2 Yes	320	2	1029	3	103	3	1478	2.3
Valid responses =	17901	28	41724	65	4152	6	64370	97.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17789	100	41313	100	4100	99	63775	99.5
2 Yes	79	0	208	1	40	1	342	0.5
Valid responses =	17868	28	41521	65	4140	6	64117	97.2

Invalid responses include no response.

63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16753	93	37160	89	3668	88	58106	90.0
2 Yes	1210	7	4681	11	500	12	6462	10.0
Valid responses =	17963	28	41841	65	4168	6	64568	97.9

Invalid responses include no response.

63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17757	99	36802	88	3719	89	58810	91.2
2 Yes	179	1	4993	12	439	11	5672	8.8
Valid responses =	17936	28	41795	65	4158	6	64482	97.8

Invalid responses include no response.

63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13974	98	30567	96	2889	94	47828	96.3
2 Yes	365	3	1226	4	195	6	1818	3.7
Valid responses =	14339	29	31793	64	3084	6	49646	75.3

Invalid responses include no response.

63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	265	63	899	52	74	43	1251	52.9
2 Negatively impacted performance in a class	137	32	773	44	79	46	999	42.2
3 Delayed progress towards degree	22	5	69	4	18	11	115	4.9
Valid responses =	424	18	1741	74	171	7	2365	3.6

Invalid responses include no response.

63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	151	85	383	82	47	78	590	82.2
2 Negatively impacted performance in a class	16	9	75	16	8	13	101	14.1
3 Delayed progress towards degree	10	6	9	2	5	8	27	3.8
Valid responses =	177	25	467	65	60	8	718	1.1

Invalid responses include no response.

63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	74	83	167	90	21	60	268	84.0
2 Negatively impacted performance in a class	10	11	10	5	9	26	30	9.4
3 Delayed progress towards degree	5	6	8	4	5	14	21	6.6
Valid responses =	89	28	185	58	35	11	319	0.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2918	61	8749	54	711	44	12462	54.2
2 Negatively impacted performance in a class	1794	37	7213	44	851	53	9960	43.3
3 Delayed progress towards degree	94	2	403	3	57	4	564	2.5
Valid responses =	4806	21	16365	71	1619	7	22986	34.9

Invalid responses include no response.

63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	170	46	443	38	71	45	695	40.5
2 Negatively impacted performance in a class	161	44	617	53	68	43	849	49.4
3 Delayed progress towards degree	37	10	110	9	20	13	173	10.1
Valid responses =	368	21	1170	68	159	9	1717	2.6

Invalid responses include no response.

63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	98	76	137	90	31	76	273	81.7
2 Negatively impacted performance in a class	23	18	10	7	8	20	42	12.6
3 Delayed progress towards degree	8	6	6	4	2	5	19	5.7
Valid responses =	129	39	153	46	41	12	334	0.5

Invalid responses include no response.

63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1209	51	3112	44	255	36	4605	45.3
2 Negatively impacted performance in a class	1078	46	3628	52	420	60	5173	50.9
3 Delayed progress towards degree	75	3	281	4	30	4	393	3.9
Valid responses =	2362	23	7021	69	705	7	10171	15.4

Invalid responses include no response.

63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	37	66	85	87	16	59	143	74.1
2 Negatively impacted performance in a class	11	20	11	11	5	19	29	15.0
3 Delayed progress towards degree	8	14	2	2	6	22	21	10.9
Valid responses =	56	29	98	51	27	14	193	0.3

Invalid responses include no response.

63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	102	52	295	46	39	49	443	47.3
2 Negatively impacted performance in a class	81	41	299	46	32	41	415	44.3
3 Delayed progress towards degree	15	8	50	8	8	10	79	8.4
Valid responses =	198	21	644	69	79	8	937	1.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	942	71	2568	68	266	56	3812	67.6
2 Negatively impacted performance in a class	331	25	1012	27	164	35	1523	27.0
3 Delayed progress towards degree	63	5	190	5	43	9	302	5.4
Valid responses =	1336	24	3770	67	473	8	5637	8.5

Invalid responses include no response.

63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	37	59	147	71	16	47	206	64.6
2 Negatively impacted performance in a class	19	30	45	22	10	29	76	23.8
3 Delayed progress towards degree	7	11	16	8	8	24	37	11.6
Valid responses =	63	20	208	65	34	11	319	0.5

Invalid responses include no response.

63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	149	48	420	42	32	32	611	42.6
2 Negatively impacted performance in a class	139	45	529	53	57	58	731	51.0
3 Delayed progress towards degree	22	7	56	6	10	10	92	6.4
Valid responses =	310	22	1005	70	99	7	1434	2.2

Invalid responses include no response.

63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	55	74	144	74	19	50	223	69.7
2 Negatively impacted performance in a class	13	18	37	19	13	34	66	20.6
3 Delayed progress towards degree	6	8	15	8	6	16	31	9.7
Valid responses =	74	23	196	61	38	12	320	0.5

Invalid responses include no response.

63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	726	60	2564	55	241	49	3557	55.5
2 Negatively impacted performance in a class	442	37	1923	41	228	46	2623	40.9
3 Delayed progress towards degree	33	3	166	4	26	5	234	3.6
Valid responses =	1201	19	4653	73	495	8	6414	9.7

Invalid responses include no response.

63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	137	80	3820	78	316	73	4310	77.9
2 Negatively impacted performance in a class	26	15	965	20	100	23	1103	19.9
3 Delayed progress towards degree	9	5	90	2	15	4	118	2.1
Valid responses =	172	3	4875	88	431	8	5531	8.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	224	65	745	64	107	59	1093	63.8
2 Negatively impacted performance in a class	109	32	356	31	59	32	531	31.0
3 Delayed progress towards degree	11	3	58	5	17	9	89	5.2
Valid responses =	344	20	1159	68	183	11	1713	2.6

Invalid responses include no response.

64) Have you ever been tested for HIV?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	1843	10	5311	13	786	19	8031	12.3
2 Yes, more than 12 months ago	1618	9	4344	10	433	10	6463	9.9
3 No	13639	76	28955	69	2711	64	45716	70.3
4 Unsure	973	5	3537	8	292	7	4857	7.5
Valid responses =	18073	28	42147	65	4222	6	65067	98.7

Invalid responses include no response.

64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17421	97	41441	99	4072	97	63531	97.8
2 Yes	618	3	627	2	143	3	1411	2.2
Valid responses =	18039	28	42068	65	4215	6	64942	98.5

Invalid responses include no response.

65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13808	77	28387	68	2887	69	45469	70.6
2 Yes	4113	23	13380	32	1271	31	18939	29.4
Valid responses =	17921	28	41767	65	4158	6	64408	97.7

Invalid responses include no response.

65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15527	86	35978	86	2817	68	54736	84.7
2 Yes	2434	14	5915	14	1351	32	9850	15.3
Valid responses =	17961	28	41893	65	4168	6	64586	97.9

Invalid responses include no response.

R65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17670	98	41396	99	4043	97	63641	98.5
2 Yes	307	2	485	1	123	3	939	1.5
Valid responses =	17977	28	41881	65	4166	6	64580	97.9

Invalid responses include no response.

65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16055	90	35780	86	3457	83	55763	86.5
2 Yes	1864	10	6027	14	708	17	8690	13.5
Valid responses =	17919	28	41807	65	4165	6	64453	97.7

Invalid responses include no response.

65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15725	88	35702	86	3443	83	55332	85.9
2 Yes	2193	12	6041	15	715	17	9045	14.1
Valid responses =	17918	28	41743	65	4158	6	64377	97.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	13434	75	29252	70	2752	66	45810	70.9	
2 Yes	4525	25	12630	30	1415	34	18758	29.1	
Valid responses =	17959	28	41882	65	4167	6	64568	97.9	
Invalid responses include no response.									

65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	14663	82	25102	60	1637	39	41688	64.5	
2 Yes	3299	18	16864	40	2540	61	22974	35.5	
Valid responses =	17962	28	41966	65	4177	6	64662	98.0	
Invalid responses include no response.									

65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	15499	87	35184	84	3306	79	54440	84.5	
2 Yes	2415	14	6639	16	856	21	10011	15.5	
Valid responses =	17914	28	41823	65	4162	6	64451	97.7	
Invalid responses include no response.									

65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17347	97	40900	98	3495	84	62223	96.8	
2 Yes	531	3	791	2	660	16	2050	3.2	
Valid responses =	17878	28	41691	65	4155	6	64273	97.5	
Invalid responses include no response.									

65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17667	98	40819	97	3856	93	62857	97.4	
2 Yes	290	2	1072	3	305	7	1700	2.6	
Valid responses =	17957	28	41891	65	4161	6	64557	97.9	
Invalid responses include no response.									

65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17831	99	41253	98	3943	95	63546	98.4	
2 Yes	132	1	659	2	226	5	1046	1.6	
Valid responses =	17963	28	41912	65	4169	6	64592	97.9	
Invalid responses include no response.									

65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17797	99	41481	99	4117	99	63925	99.1	
2 Yes	138	1	376	1	48	1	578	0.9	
Valid responses =	17935	28	41857	65	4165	6	64503	97.8	
Invalid responses include no response.									

65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17742	99	41015	99	4063	98	63354	98.9	
2 Yes	102	1	512	1	72	2	695	1.1	
Valid responses =	17844	28	41527	65	4135	6	64049	97.1	
Invalid responses include no response.									



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17117	95	38293	92	3427	82	59295	92.0	
2 Yes	826	5	3521	8	735	18	5173	8.0	
Valid responses =	17943	28	41814	65	4162	6	64468	97.8	
Invalid responses include no response.									

65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	15294	85	30062	72	1870	45	47546	73.6	
2 Yes	2668	15	11847	28	2305	55	17053	26.4	
Valid responses =	17962	28	41909	65	4175	6	64599	98.0	
Invalid responses include no response.									

65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17485	98	40233	96	3962	95	62209	96.5	
2 Yes	430	2	1581	4	201	5	2235	3.5	
Valid responses =	17915	28	41814	65	4163	6	64444	97.7	
Invalid responses include no response.									

65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17633	99	38457	92	3567	86	60147	93.3	
2 Yes	277	2	3376	8	596	14	4306	6.7	
Valid responses =	17910	28	41833	65	4163	6	64453	97.7	
Invalid responses include no response.									

65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17874	100	40677	97	4023	97	63099	98.0	
2 Yes	32	0	1095	3	135	3	1282	2.0	
Valid responses =	17906	28	41772	65	4158	6	64381	97.6	
Invalid responses include no response.									

65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17857	100	41705	100	4132	99	64230	99.8	
2 Yes	67	0	43	0	24	1	144	0.2	
Valid responses =	17924	28	41748	65	4156	6	64374	97.6	
Invalid responses include no response.									

65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17665	99	40804	99	4070	99	63067	98.9	
2 Yes	115	1	517	1	51	1	697	1.1	
Valid responses =	17780	28	41321	65	4121	6	63764	96.7	
Invalid responses include no response.									

65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17281	96	39281	94	3788	91	60844	94.3	
2 Yes	654	4	2564	6	379	9	3651	5.7	
Valid responses =	17935	28	41845	65	4167	6	64495	97.8	
Invalid responses include no response.									



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org


August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?


Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17612	98	40733	97	3988	96	62851	97.4	
2 Yes	342	2	1154	3	181	4	1707	2.6	
Valid responses =	17954	28	41887	65	4169	6	64558	97.9	

Invalid responses include no response.

65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?


Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17874	100	41771	100	4140	99	64318	99.7	
2 Yes	63	0	80	0	24	1	176	0.3	
Valid responses =	17937	28	41851	65	4164	6	64494	97.8	

Invalid responses include no response.

65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?


High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17178	96	40642	97	4028	97	62363	96.9	
2 Yes	743	4	1109	3	125	3	2003	3.1	
Valid responses =	17921	28	41751	65	4153	6	64366	97.6	

Invalid responses include no response.

65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?


High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17313	97	40076	96	3950	95	61850	96.1	
2 Yes	590	3	1682	4	205	5	2508	3.9	
Valid responses =	17903	28	41758	65	4155	6	64358	97.6	

Invalid responses include no response.

65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?


HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17737	100	41301	100	4104	100	63671	99.8	
2 Yes	60	0	44	0	21	1	134	0.2	
Valid responses =	17797	28	41345	65	4125	6	63805	96.7	

Invalid responses include no response.

65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?


Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17768	99	40937	98	4080	98	63306	98.4	
2 Yes	127	1	795	2	67	2	1004	1.6	
Valid responses =	17895	28	41732	65	4147	6	64310	97.5	

Invalid responses include no response.

65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?


Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17083	96	38437	93	3482	84	59452	92.9	
2 Yes	741	4	3087	7	658	16	4571	7.1	
Valid responses =	17824	28	41524	65	4140	6	64023	97.1	

Invalid responses include no response.

65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17433	97	39357	94	3844	92	61127	94.9	
2 Yes	472	3	2425	6	315	8	3261	5.1	
Valid responses =	17905	28	41782	65	4159	6	64388	97.6	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65A41) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17737	98.9	41065	98.2	3999	96.2	63313	98.2	
2 Yes	194	1.1	761	1.8	158	3.8	1144	1.8	
Valid responses =	17931		41826		4157		64457	97.7	
Invalid responses include no response.									

65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	16783	94	35524	86	3349	81	56101	87.8	
2 Yes	993	6	5977	14	765	19	7825	12.2	
Valid responses =	17776		41501		4114		63926	96.9	
Invalid responses include no response.									

65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17422	97	38715	92	3516	84	60127	93.2	
2 Yes	527	3	3163	8	648	16	4407	6.8	
Valid responses =	17949		41878		4164		64534	97.9	
Invalid responses include no response.									

65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17852	100	39411	94	3899	94	61654	95.9	
2 Yes	22	0	2332	6	254	6	2650	4.1	
Valid responses =	17874		41743		4153		64304	97.5	
Invalid responses include no response.									

65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17357	97	38164	91	3309	80	59272	91.9	
2 Yes	587	3	3707	9	855	21	5246	8.1	
Valid responses =	17944		41871		4164		64518	97.8	
Invalid responses include no response.									

65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17852	100	41735	100	4094	98	64205	99.6	
2 Yes	78	0	108	0	70	2	269	0.4	
Valid responses =	17930		41843		4164		64474	97.8	
Invalid responses include no response.									

65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17351	97	40915	98	3991	96	62772	97.6	
2 Yes	547	3	840	2	164	4	1569	2.4	
Valid responses =	17898		41755		4155		64341	97.6	
Invalid responses include no response.									



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17668	99	40029	96	3975	96	62173	96.7	
2 Yes	207	1	1705	4	174	4	2120	3.3	
Valid responses =	17875	28	41734	65	4149	6	64293	97.5	
Invalid responses include no response.									

65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17805	100	41581	100	4052	98	63458	99.3	
2 Yes	97	1	197	1	103	3	419	0.7	
Valid responses =	17902	28	41778	65	4155	6	64377	97.6	
Invalid responses include no response.									

65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17654	99	41224	99	4059	98	63452	98.6	
2 Yes	250	1	517	1	95	2	862	1.4	
Valid responses =	17904	28	41741	65	4154	6	64335	97.6	
Invalid responses include no response.									

65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17818	99	41226	99	4087	98	63651	98.7	
2 Yes	119	1	614	2	72	2	805	1.3	
Valid responses =	17937	28	41840	65	4159	6	64776	97.8	
Invalid responses include no response.									

65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	16221	96	35213	93	3163	85	55017	93.4	
2 Yes	617	4	2625	7	570	15	3812	6.6	
Valid responses =	16838	29	37838	64	3733	6	58907	89.3	
Invalid responses include no response.									

65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Allergic & immunologic disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	474	88	1955	84	386	82	2815	84.0	
2 Yes	68	13	378	16	87	18	533	16.0	
Valid responses =	542	16	2333	68	473	14	3418	5.2	
Invalid responses include no response.									

65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Autoimmune disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	434	79	1675	71	349	73	2502	72.1	
2 Yes	118	21	696	29	128	27	942	27.9	
Valid responses =	552	16	2371	68	477	14	3470	5.3	
Invalid responses include no response.									



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Blood disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	503	93	2078	90	420	90	3062	90.0
2 Yes	40	7	245	11	49	10	342	10.0
Valid responses =	543	16	2323	68	469	14	3404	5.2

Invalid responses include no response.

65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Brain & nervous system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	456	84	1937	83	358	74	2801	81.6
2 Yes	88	16	403	17	125	26	633	18.4
Valid responses =	544	16	2340	68	483	14	3434	5.2

Invalid responses include no response.

65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Hair, skin, nails disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	444	81	2056	88	406	86	2955	86.3
2 Yes	105	19	277	12	67	14	471	13.7
Valid responses =	549	16	2333	68	473	14	3426	5.2

Invalid responses include no response.

65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Digestive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	436	80	1929	83	383	82	2805	82.4
2 Yes	108	20	392	17	86	18	598	17.6
Valid responses =	544	16	2321	68	469	14	3403	5.2

Invalid responses include no response.

65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Endocrine system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	504	93	2164	94	426	90	3148	92.7
2 Yes	36	7	149	6	47	10	247	7.3
Valid responses =	540	16	2313	68	473	14	3395	5.1

Invalid responses include no response.

65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Eye/ear/nose/throat disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	461	85	2079	90	411	88	3003	88.7
2 Yes	79	15	232	10	55	12	381	11.3
Valid responses =	540	16	2311	68	466	14	3384	5.1

Invalid responses include no response.

65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Heart & vascular disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	501	93	2107	91	407	87	3072	90.6
2 Yes	39	7	204	9	63	13	319	9.4
Valid responses =	540	16	2311	68	470	14	3391	5.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Infectious disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	516	97	2237	98	445	96	3258	97.0
2 Yes	16	3	55	2	21	5	101	3.0
Valid responses =	532	16	2292	68	466	14	3359	5.1

Invalid responses include no response.

65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Mental health/psychological disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	466	86	1828	78	296	61	2637	77.0
2 Yes	75	14	503	22	189	39	788	23.0
Valid responses =	541	16	2331	68	485	14	3425	5.2

Invalid responses include no response.

65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Musculoskeletal disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	473	87	2008	86	366	76	2895	84.5
2 Yes	68	13	327	14	115	24	532	15.5
Valid responses =	541	16	2335	68	481	14	3427	5.2

Invalid responses include no response.

65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Reproductive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	518	97	2114	91	425	90	3109	91.6
2 Yes	17	3	204	9	47	10	285	8.4
Valid responses =	535	16	2318	68	472	14	3394	5.1

Invalid responses include no response.

65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Respiratory disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	503	94	2201	95	441	94	3202	94.6
2 Yes	34	6	110	5	26	6	182	5.4
Valid responses =	537	16	2311	68	467	14	3384	5.1

Invalid responses include no response.

65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Sleep-wake disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	500	94	2164	94	416	89	3134	92.5
2 Yes	35	7	151	7	52	11	253	7.5
Valid responses =	535	16	2315	68	468	14	3387	5.1

Invalid responses include no response.

65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Urinary system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	515	96	2240	97	447	96	3260	96.4
2 Yes	22	4	67	3	21	5	121	3.6
Valid responses =	537	16	2307	68	468	14	3381	5.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an ongoing or chronic condition not listed above)
Other ongoing or chronic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	308	67	1296	68	256	64	1890	67.3
2 Yes	149	33	604	32	143	36	918	32.7
Valid responses =	457	16	1900	68	399	14	2808	4.3

Invalid responses include no response.

65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Anaphylaxis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51	77	256	71	54	64	365	69.4
2 Yes	15	23	107	30	30	36	161	30.6
Valid responses =	66	13	363	69	84	16	526	0.8

Invalid responses include no response.

65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Medication allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	60	197	54	39	46	278	52.5
2 Yes	27	40	168	46	46	54	252	47.5
Valid responses =	67	13	365	69	85	16	530	0.8

Invalid responses include no response.

65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Latex allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	89	316	87	63	76	442	84.4
2 Yes	7	11	47	13	20	24	82	15.6
Valid responses =	65	12	363	69	83	16	524	0.8

Invalid responses include no response.

65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Insect/bee sting allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57	86	309	86	70	83	442	84.5
2 Yes	9	14	51	14	14	17	81	15.5
Valid responses =	66	13	360	69	84	16	523	0.8

Invalid responses include no response.

65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Immune deficiency

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55	85	252	70	58	68	370	71.0
2 Yes	10	15	106	30	27	32	151	29.0
Valid responses =	65	12	358	69	85	16	521	0.8

Invalid responses include no response.

65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Other allergic or immunologic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	77	208	74	38	62	292	72.3
2 Yes	12	23	74	26	23	38	112	27.7
Valid responses =	52	13	282	70	61	15	404	0.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other allergic or immunologic condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	86	75	510	79	80	66	688	75.6
2 Yes	28	25	139	21	42	34	222	24.4
Valid responses =	114	13	649	71	122	13	910	1.4

Invalid responses include no response.

65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Rheumatoid Arthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	97	87	544	85	104	85	764	84.5
2 Yes	15	13	100	16	18	15	140	15.5
Valid responses =	112	12	644	71	122	13	904	1.4

Invalid responses include no response.

65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Scleroderma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	103	92	630	98	111	93	863	96.1
2 Yes	9	8	10	2	9	8	35	3.9
Valid responses =	112	12	640	71	120	13	898	1.4

Invalid responses include no response.

65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Systemic Lupus Erythematosus

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	101	92	574	89	106	90	800	89.2
2 Yes	9	8	69	11	12	10	97	10.8
Valid responses =	110	12	643	72	118	13	897	1.4

Invalid responses include no response.

65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other autoimmune disorder not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51	50	290	51	52	48	403	50.2
2 Yes	52	51	280	49	56	52	399	49.8
Valid responses =	103	13	570	71	108	13	802	1.2

Invalid responses include no response.

65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Anemia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	50	83	36	18	38	120	36.9
2 Yes	18	50	150	64	30	63	205	63.1
Valid responses =	36	11	233	72	48	15	325	0.5

Invalid responses include no response.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hemophilia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	81	204	95	33	75	267	88.4
2 Yes	7	19	10	5	11	25	35	11.6
Valid responses =	36	12	214	71	44	15	302	0.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hypercoagulable states

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	74	198	93	36	82	261	87.0
2 Yes	9	26	15	7	8	18	39	13.0
Valid responses =	35	12	213	71	44	15	300	0.5

Invalid responses include no response.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Platelet Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	74	190	90	35	80	252	84.8
2 Yes	9	26	21	10	9	21	45	15.2
Valid responses =	35	12	211	71	44	15	297	0.5

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Sickle Cell Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	69	203	95	36	82	264	87.7
2 Yes	11	31	11	5	8	18	37	12.3
Valid responses =	35	12	214	71	44	15	301	0.5

Invalid responses include no response.

65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Other blood condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	66	109	60	20	48	154	58.8
2 Yes	11	34	72	40	22	52	108	41.2
Valid responses =	32	12	181	69	42	16	262	0.4

Invalid responses include no response.

65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Cerebral Palsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	77	93	367	98	108	92	561	94.8
2 Yes	6	7	9	2	10	9	31	5.2
Valid responses =	83	14	376	64	118	20	592	0.9

Invalid responses include no response.

65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Epilepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55	66	317	82	101	84	481	79.6
2 Yes	29	35	68	18	19	16	123	20.4
Valid responses =	84	14	385	64	120	20	604	0.9

Invalid responses include no response.

65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Seizure Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55	65	307	81	91	77	461	77.0
2 Yes	30	35	74	19	27	23	138	23.0
Valid responses =	85	14	381	64	118	20	599	0.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Multiple Sclerosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	74	90	348	93	106	90	536	90.8
2 Yes	8	10	28	7	12	10	54	9.2
Valid responses =	82	14	376	64	118	20	590	0.9

Invalid responses include no response.

65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Other brain or nervous system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	63	183	56	34	35	266	52.2
2 Yes	26	37	144	44	64	65	244	47.8
Valid responses =	70	14	327	64	98	19	510	0.8

Invalid responses include no response.

65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Alopecia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	80	87	220	87	53	86	366	86.1
2 Yes	12	13	32	13	9	15	59	13.9
Valid responses =	92	22	252	59	62	15	425	0.6

Invalid responses include no response.

65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Eczema

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	42	122	46	24	37	195	43.5
2 Yes	57	58	144	54	41	63	253	56.5
Valid responses =	98	22	266	59	65	15	448	0.7

Invalid responses include no response.

65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hirsutism

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	84	92	234	96	53	86	384	92.1
2 Yes	7	8	11	5	9	15	33	7.9
Valid responses =	91	22	245	59	62	15	417	0.6

Invalid responses include no response.

65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hyperhidrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	75	82	233	94	53	86	371	88.3
2 Yes	17	19	14	6	9	15	49	11.7
Valid responses =	92	22	247	59	62	15	420	0.6

Invalid responses include no response.

65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Photodermatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	83	90	236	96	55	89	386	92.3
2 Yes	9	10	9	4	7	11	32	7.7
Valid responses =	92	22	245	59	62	15	418	0.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Psoriasis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	69	72	192	76	47	73	319	73.7
2 Yes	27	28	62	24	17	27	114	26.3
Valid responses =	96	22	254	59	64	15	433	0.7

Invalid responses include no response.

65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Vitiligo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	83	90	237	96	52	84	384	91.2
2 Yes	9	10	11	4	10	16	37	8.8
Valid responses =	92	22	248	59	62	15	421	0.6

Invalid responses include no response.

65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Other hair, skin, or nail condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61	74	131	63	34	63	236	65.2
2 Yes	21	26	78	37	20	37	126	34.8
Valid responses =	82	23	209	58	54	15	362	0.5

Invalid responses include no response.

65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Crohn's Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	67	299	81	63	77	433	77.0
2 Yes	33	33	70	19	19	23	129	23.0
Valid responses =	100	18	369	66	82	15	562	0.9

Invalid responses include no response.

65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Diverticular Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	88	90	351	97	74	90	517	93.5
2 Yes	10	10	11	3	8	10	36	6.5
Valid responses =	98	18	362	65	82	15	553	0.8

Invalid responses include no response.

65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Esophageal Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	84	85	331	92	67	82	487	88.1
2 Yes	15	15	30	8	15	18	66	11.9
Valid responses =	99	18	361	65	82	15	553	0.8

Invalid responses include no response.

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Gallbladder Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	90	91	334	93	66	81	494	89.3
2 Yes	9	9	27	8	16	20	59	10.7
Valid responses =	99	18	361	65	82	15	553	0.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Ulcerative Colitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	77	74	314	85	64	77	457	80.5
2 Yes	27	26	56	15	19	23	111	19.5
Valid responses =	104	18	370	65	83	15	568	0.9

Invalid responses include no response.

65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Other digestive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57	70	190	62	30	46	283	60.9
2 Yes	25	31	119	39	35	54	182	39.1
Valid responses =	82	18	309	66	65	14	465	0.7

Invalid responses include no response.

65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55	71	161	71	30	58	253	68.6
2 Yes	22	29	65	29	22	42	116	31.4
Valid responses =	77	21	226	61	52	14	369	0.6

Invalid responses include no response.

65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Uveitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	88	208	96	42	82	326	91.1
2 Yes	9	12	9	4	9	18	32	8.9
Valid responses =	76	21	217	61	51	14	358	0.5

Invalid responses include no response.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Vertigo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63	81	170	78	34	64	275	75.5
2 Yes	15	19	49	22	19	36	89	24.5
Valid responses =	78	21	219	60	53	15	364	0.6

Invalid responses include no response.

65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Other eye/ear/nose/throat condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	43	75	41	24	49	131	42.8
2 Yes	36	57	107	59	25	51	175	57.2
Valid responses =	63	21	182	59	49	16	306	0.5

Invalid responses include no response.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Cardiac Arrhythmia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	71	151	78	45	76	226	74.6
2 Yes	11	29	43	22	14	24	77	25.4
Valid responses =	38	13	194	64	59	19	303	0.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Coronary Artery Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	78	185	95	50	91	268	89.6
2 Yes	8	22	10	5	5	9	31	10.4
Valid responses =	37	12	195	65	55	18	299	0.5

Invalid responses include no response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congenital Heart Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	71	181	93	45	79	258	85.4
2 Yes	11	29	14	7	12	21	44	14.6
Valid responses =	38	13	195	65	57	19	302	0.5

Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congestive Heart Failure

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	70	186	96	46	82	262	87.9
2 Yes	11	30	8	4	10	18	36	12.1
Valid responses =	37	12	194	65	56	19	298	0.5

Invalid responses include no response.

65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Heart Murmur

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	71	148	77	37	65	216	72.0
2 Yes	11	29	45	23	20	35	84	28.0
Valid responses =	38	13	193	64	57	19	300	0.5

Invalid responses include no response.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Valvular Heart Disease (for example: Mitral valve prolapse)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	68	167	86	46	81	243	80.7
2 Yes	12	32	27	14	11	19	58	19.3
Valid responses =	38	13	194	64	57	19	301	0.5

Invalid responses include no response.

65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Other heart or vascular condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	58	65	37	18	32	107	39.2
2 Yes	14	42	109	63	38	68	166	60.8
Valid responses =	33	12	174	64	56	21	273	0.4

Invalid responses include no response.

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Lyme Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	63	34	63	10	50	56	56.6
2 Yes	6	38	20	37	10	50	43	43.4
Valid responses =	16	16	54	55	20	20	99	0.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Other infectious disease not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	44	26	68	9	53	42	60.0
2 Yes	5	56	12	32	8	47	28	40.0
Valid responses =	9	13	38	54	17	24	70	0.1

Invalid responses include no response.

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Carpal Tunnel Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47	77	264	86	87	83	411	83.2
2 Yes	14	23	42	14	18	17	83	16.8
Valid responses =	61	12	306	62	105	21	494	0.7

Invalid responses include no response.

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Fibromyalgia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47	77	229	76	76	72	364	74.3
2 Yes	14	23	72	24	30	28	126	25.7
Valid responses =	61	12	301	61	106	22	490	0.7

Invalid responses include no response.

65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Gout

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	56	92	293	98	97	93	462	94.9
2 Yes	5	8	7	2	7	7	25	5.1
Valid responses =	61	13	300	62	104	21	487	0.7

Invalid responses include no response.

65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Muscular Dystrophy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	50	85	287	96	98	93	452	93.2
2 Yes	9	15	11	4	8	8	33	6.8
Valid responses =	59	12	298	61	106	22	485	0.7

Invalid responses include no response.

65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoarthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	75	244	81	91	88	395	81.3
2 Yes	15	25	56	19	13	13	91	18.7
Valid responses =	60	12	300	62	104	21	486	0.7

Invalid responses include no response.

65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoporosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51	84	276	92	97	94	441	90.9
2 Yes	10	16	23	8	6	6	44	9.1
Valid responses =	61	13	299	62	103	21	485	0.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Temporomandibular Joint Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51	84	235	77	85	81	385	78.1
2 Yes	10	16	71	23	20	19	108	21.9
Valid responses =	61	12	306	62	105	21	493	0.7

Invalid responses include no response.

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Other musculoskeletal condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	50	97	36	24	27	156	35.9
2 Yes	28	50	175	64	65	73	278	64.1
Valid responses =	56	13	272	63	89	21	434	0.7

Invalid responses include no response.

65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Amenorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	71	155	81	35	80	208	77.3
2 Yes	5	29	36	19	9	21	61	22.7
Valid responses =	17	6	191	71	44	16	269	0.4

Invalid responses include no response.

65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Cervical Dysplasia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	65	181	96	39	89	242	90.6
2 Yes	6	35	8	4	5	11	25	9.4
Valid responses =	17	6	189	71	44	16	267	0.4

Invalid responses include no response.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	59	109	56	19	43	146	53.3
2 Yes	7	41	87	44	25	57	128	46.7
Valid responses =	17	6	196	72	44	16	274	0.4

Invalid responses include no response.

65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Prostatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	65	182	97	39	89	242	91.0
2 Yes	6	35	6	3	5	11	24	9.0
Valid responses =	17	6	188	71	44	17	266	0.4

Invalid responses include no response.

65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Sexual Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	59	170	89	33	75	223	83.2
2 Yes	7	41	21	11	11	25	45	16.8
Valid responses =	17	6	191	71	44	16	268	0.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Other reproductive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	40	87	54	14	41	114	51.6
2 Yes	9	60	74	46	20	59	107	48.4
Valid responses =	15	7	161	73	34	15	221	0.3

Invalid responses include no response.

65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Cystic Fibrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	82	99	93	20	80	152	86.4
2 Yes	6	18	7	7	5	20	24	13.6
Valid responses =	34	19	106	60	25	14	176	0.3

Invalid responses include no response.

65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Sarcoidosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	82	97	92	20	80	151	86.3
2 Yes	6	18	8	8	5	20	24	13.7
Valid responses =	34	19	105	60	25	14	175	0.3

Invalid responses include no response.

65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Active Tuberculous

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	79	99	94	21	84	151	86.8
2 Yes	7	21	6	6	4	16	23	13.2
Valid responses =	33	19	105	60	25	14	174	0.3

Invalid responses include no response.

65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Other respiratory system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	64	57	63	12	55	91	60.7
2 Yes	10	36	34	37	10	46	59	39.3
Valid responses =	28	19	91	61	22	15	150	0.2

Invalid responses include no response.

65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Hypersomnolence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	74	107	76	29	60	169	71.3
2 Yes	9	27	33	24	19	40	68	28.7
Valid responses =	34	14	140	59	48	20	237	0.4

Invalid responses include no response.

65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Narcolepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	50	87	60	34	71	146	60.6
2 Yes	17	50	57	40	14	29	95	39.4
Valid responses =	34	14	144	60	48	20	241	0.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Restless Leg Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	61	106	76	30	64	162	69.8
2 Yes	12	39	33	24	17	36	70	30.2
Valid responses =	31	13	139	60	47	20	232	0.4

Invalid responses include no response.

65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Paralysis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	69	109	79	31	66	169	72.8
2 Yes	10	31	29	21	16	34	63	27.2
Valid responses =	32	14	138	59	47	20	232	0.4

Invalid responses include no response.

65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Terrors (or night terrors)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	63	103	76	36	78	168	73.4
2 Yes	12	38	33	24	10	22	61	26.6
Valid responses =	32	14	136	59	46	20	229	0.3

Invalid responses include no response.

65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Walking

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	70	118	86	37	79	187	80.3
2 Yes	10	30	20	15	10	21	46	19.7
Valid responses =	33	14	138	59	47	20	233	0.4

Invalid responses include no response.

65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Other sleep-wake condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	69	85	73	21	55	135	69.2
2 Yes	9	31	31	27	17	45	60	30.8
Valid responses =	29	15	116	59	38	19	195	0.3

Invalid responses include no response.

65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Bladder disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	73	56	88	11	58	88	75.9
2 Yes	6	27	8	13	8	42	28	24.1
Valid responses =	22	19	64	55	19	16	116	0.2

Invalid responses include no response.

65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	64	50	77	12	63	81	69.2
2 Yes	8	36	15	23	7	37	36	30.8
Valid responses =	22	19	65	56	19	16	117	0.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney stone

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	59	48	75	11	58	76	65.5
2 Yes	9	41	16	25	8	42	40	34.5
Valid responses =	22	19	64	55	19	16	116	0.2

Invalid responses include no response.

65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Urinary Incontinence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	68	40	64	10	53	70	60.9
2 Yes	7	32	23	37	9	47	45	39.1
Valid responses =	22	19	63	55	19	17	115	0.2

Invalid responses include no response.

65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Other urinary system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	67	23	45	7	47	49	51.6
2 Yes	7	33	28	55	8	53	46	48.4
Valid responses =	21	22	51	54	15	16	95	0.1

Invalid responses include no response.

65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 1 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	247	71	1008	83	113	75	1379	79.7
2 Yes	99	29	209	17	37	25	352	20.3
Valid responses =	346	20	1217	70	150	9	1731	2.6

Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 2 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	237	70	957	79	109	74	1312	76.8
2 Yes	101	30	249	21	38	26	396	23.2
Valid responses =	338	20	1206	71	147	9	1708	2.6

Invalid responses include no response.

65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Pre-diabetes or insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	152	39	352	24	41	23	551	26.9
2 Yes	234	61	1110	76	139	77	1496	73.1
Valid responses =	386	19	1462	71	180	9	2047	3.1

Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Gestational Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	309	97	1077	92	130	93	1526	72.7
2 Yes	10	3	93	8	10	7	121	7.3
Valid responses =	319	19	1170	71	140	9	1647	2.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2884	71	7165	54	840	67	10999	58.7
2 Yes	1186	29	6091	46	412	33	7742	41.3
Valid responses =	4070	22	13256	71	1252	7	18741	28.4

Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	939	39	1504	26	292	22	2773	28.3
2 Yes	1483	61	4382	74	1050	78	7020	71.7
Valid responses =	2422	25	5886	60	1342	14	9793	14.8

Invalid responses include no response.

R65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	178	58	266	55	53	45	508	54.8
2 Yes	127	42	215	45	66	56	419	45.2
Valid responses =	305	33	481	52	119	13	927	1.4

Invalid responses include no response.

65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1357	74	3920	66	507	73	5846	67.9
2 Yes	488	26	2059	34	189	27	2759	32.1
Valid responses =	1845	21	5979	69	696	8	8605	13.0

Invalid responses include no response.

65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1679	77	4144	69	534	76	6422	71.7
2 Yes	496	23	1843	31	173	25	2536	28.3
Valid responses =	2175	24	5987	67	707	8	8958	13.6

Invalid responses include no response.

65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3470	77	8608	69	1073	77	13284	71.3
2 Yes	1035	23	3944	31	329	24	5354	28.7
Valid responses =	4505	24	12552	67	1402	8	18638	28.3

Invalid responses include no response.

65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1142	35	4282	26	553	22	6033	26.4
2 Yes	2141	65	12523	75	1971	78	16839	73.6
Valid responses =	3283	14	16805	73	2524	11	22872	34.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1804	75	3974	60	553	66	6390	64.3	
2 Yes	594	25	2620	40	291	35	3541	35.7	
Valid responses =	2398	24	6594	66	844	8	9931	15.1	

Invalid responses include no response.

65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Autism Spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	318	61	352	45	263	40	961	47.5	
2 Yes	208	40	430	55	389	60	1061	52.5	
Valid responses =	526	26	782	39	652	32	2022	3.1	

Invalid responses include no response.

65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	112	39	296	28	81	27	499	29.6	
2 Yes	176	61	770	72	221	73	1188	70.4	
Valid responses =	288	17	1066	63	302	18	1687	2.6	

Invalid responses include no response.

65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	68	52	219	33	68	30	364	35.0	
2 Yes	64	49	439	67	156	70	677	65.0	
Valid responses =	132	13	658	63	224	22	1041	1.6	

Invalid responses include no response.

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	53	39	126	34	24	52	213	37.4	
2 Yes	82	61	247	66	22	48	356	62.6	
Valid responses =	135	24	373	66	46	8	569	0.9	

Invalid responses include no response.

65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	54	54	240	47	35	50	331	48.2	
2 Yes	46	46	270	53	35	50	356	51.8	
Valid responses =	100	15	510	74	70	10	687	1.0	

Invalid responses include no response.

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	286	35	993	28	220	30	1522	29.6	
2 Yes	533	65	2511	72	504	70	3614	70.4	
Valid responses =	819	16	3504	68	724	14	5136	7.8	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	952	36	3159	27	514	22	4675	27.5
2 Yes	1708	64	8654	73	1780	78	12316	72.5
Valid responses =	2660	16	11813	70	2294	14	16991	25.8

Invalid responses include no response.

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	112	26	405	26	66	33	592	26.7
2 Yes	314	74	1169	74	132	67	1626	73.3
Valid responses =	426	19	1574	71	198	9	2218	3.4

Invalid responses include no response.

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	157	58	1765	53	272	46	2225	52.0
2 Yes	116	43	1594	48	320	54	2053	48.0
Valid responses =	273	6	3359	79	592	14	4278	6.5

Invalid responses include no response.

65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	60	358	33	54	41	431	34.0
2 Yes	12	40	730	67	77	59	837	66.0
Valid responses =	30	2	1088	86	131	10	1268	1.9

Invalid responses include no response.

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47	75	31	74	14	64	97	71.3
2 Yes	16	25	11	26	8	36	39	28.7
Valid responses =	63	46	42	31	22	16	136	0.2

Invalid responses include no response.

65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	60	282	55	21	44	377	54.8
2 Yes	46	40	231	45	27	56	311	45.2
Valid responses =	114	17	513	75	48	7	688	1.0

Invalid responses include no response.

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	322	50	1183	46	205	55	1730	47.7
2 Yes	328	51	1369	54	170	45	1896	52.3
Valid responses =	650	18	2552	70	375	10	3626	5.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	163	48	448	39	74	41	700	41.2
2 Yes	177	52	702	61	105	59	997	58.8
Valid responses =	340	20	1150	68	179	11	1697	2.6

Invalid responses include no response.

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	62	54	69	16	70	111	65.7
2 Yes	23	38	24	31	7	30	58	34.3
Valid responses =	61	36	78	46	23	14	169	0.3

Invalid responses include no response.

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	244	33	314	29	38	31	605	30.5
2 Yes	495	67	786	72	85	69	1381	69.5
Valid responses =	739	37	1100	55	123	6	1986	3.0

Invalid responses include no response.

65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	201	34	592	35	81	40	884	35.5
2 Yes	385	66	1082	65	121	60	1606	64.5
Valid responses =	586	24	1674	67	202	8	2490	3.8

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	32	36	82	8	40	65	50.0
2 Yes	41	68	8	18	12	60	65	50.0
Valid responses =	60	46	44	34	20	15	130	0.2

Invalid responses include no response.

65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	73	59	403	51	38	58	523	52.7
2 Yes	51	41	386	49	28	42	470	47.3
Valid responses =	124	12	789	79	66	7	993	1.5

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	354	48	1339	44	260	40	1992	43.9
2 Yes	384	52	1733	56	390	60	2550	56.1
Valid responses =	738	16	3072	68	650	14	4542	6.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	222	48	1097	45	155	50	1494	46.1
2 Yes	245	53	1320	55	157	50	1747	53.9
Valid responses =	467	14	2417	75	312	10	3241	4.9

Invalid responses include no response.

65T41) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	118	62	437	57.9	82	53.2	650	57.5
2 Yes	74	39	318	42.1	72	46.8	480	42.5
Valid responses =	192	17	755	67	154	14	1130	1.7

Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	593	60	2697	45	375	49	3704	47.6
2 Yes	395	40	3249	55	384	51	4074	52.4
Valid responses =	988	13	5946	76	759	10	7778	11.8

Invalid responses include no response.

65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	215	41	1013	32	176	27	1426	32.5
2 Yes	311	59	2136	68	469	73	2959	67.5
Valid responses =	526	12	3149	72	645	15	4385	6.6

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	73	630	27	85	34	743	28.2
2 Yes	6	27	1692	73	167	66	1894	71.8
Valid responses =	22	1	2322	88	252	10	2637	4.0

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	185	32	1199	33	211	25	1623	31.1
2 Yes	399	68	2495	68	639	75	3598	68.9
Valid responses =	584	11	3694	71	850	16	5221	7.9

Invalid responses include no response.

65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	48	55	51	25	37	119	45.9
2 Yes	39	52	52	49	42	63	140	54.1
Valid responses =	75	29	107	41	67	26	259	0.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	241	44	382	46	85	54	713	45.9
2 Yes	304	56	451	54	74	47	841	54.1
Valid responses =	545	35	833	54	159	10	1554	2.4

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	69	34	370	22	54	31	499	23.7
2 Yes	133	66	1329	78	118	69	1605	76.3
Valid responses =	202	10	1699	81	172	8	2104	3.2

Invalid responses include no response.

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62	64	115	59	50	51	236	57.1
2 Yes	35	36	81	41	49	50	177	42.9
Valid responses =	97	23	196	47	99	24	413	0.6

Invalid responses include no response.

65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	145	58	301	59	61	66	516	59.2
2 Yes	104	42	210	41	31	34	355	40.8
Valid responses =	249	29	511	59	92	11	871	1.3

Invalid responses include no response.

65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	54	45	251	41	31	44	344	42.0
2 Yes	65	55	361	59	39	56	475	58.0
Valid responses =	119	15	612	75	70	9	819	1.2

Invalid responses include no response.

65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	281	48	973	40	184	35	1458	40.2
2 Yes	304	52	1468	60	349	66	2169	59.8
Valid responses =	585	16	2441	67	533	15	3627	5.5

Invalid responses include no response.

65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	135	9	448	10	108	10	702	10.0
2 Medicine only	740	50	1574	36	292	28	2634	37.6
3 Therapy only	113	8	533	12	150	14	807	11.5
4 Both medicine and therapy	480	32	1802	41	492	47	2826	40.3
5 Other Treatment	13	1	18	0	7	1	40	0.6
Valid responses =	1481	21	4375	62	1049	15	7009	10.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

R65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	19	15	32	15	11	17	64	15.3
2 Medicine only	11	9	3	1	3	5	17	4.1
3 Therapy only	65	51	113	53	36	55	219	52.5
4 Both medicine and therapy	24	19	49	23	14	21	88	21.1
5 Other Treatment	8	6	18	8	2	3	29	7.0
Valid responses =	127	30	215	52	66	16	417	0.6

Invalid responses include no response.

65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	158	7	783	6	94	5	1047	6.2
2 Medicine only	459	22	2521	20	266	14	3272	19.4
3 Therapy only	531	25	3072	25	464	24	4113	24.4
4 Both medicine and therapy	976	46	6071	49	1127	57	8289	49.3
5 Other Treatment	14	1	66	1	19	1	104	0.6
Valid responses =	2138	13	12513	74	1970	12	16825	25.5

Invalid responses include no response.

65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	63	30	122	28	116	30	310	29.3
2 Medicine only	22	11	12	3	5	1	40	3.8
3 Therapy only	79	38	208	48	211	54	516	48.7
4 Both medicine and therapy	36	17	82	19	52	13	173	16.3
5 Other Treatment	7	3	6	1	4	1	20	1.9
Valid responses =	207	20	430	41	388	37	1059	1.6

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	10	6	39	5	11	5	63	5.3
2 Medicine only	29	17	151	20	28	13	212	17.9
3 Therapy only	19	11	78	10	25	11	124	10.4
4 Both medicine and therapy	114	65	502	65	155	70	782	65.9
5 Other Treatment	3	2	0	0	2	1	6	0.5
Valid responses =	175	15	770	65	221	19	1187	1.8

Invalid responses include no response.

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	6	9	27	6	11	7	49	7.2
2 Medicine only	4	6	39	9	9	6	52	7.7
3 Therapy only	18	28	132	30	58	37	212	31.3
4 Both medicine and therapy	32	50	240	55	74	47	354	52.3
5 Other Treatment	4	6	1	0	4	3	10	1.5
Valid responses =	64	9	439	65	156	23	677	1.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	92	5	431	5	63	4	593	4.8
2 Medicine only	309	18	1640	19	235	13	2208	17.9
3 Therapy only	415	24	1776	21	385	22	2613	21.2
4 Both medicine and therapy	883	52	4764	55	1087	61	6834	55.5
5 Other Treatment	7	0	39	1	9	1	61	0.5
Valid responses =	1706	14	8650	70	1779	14	12309	18.7

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	28	24	261	16	42	13	336	16.4
2 Medicine only	10	9	78	5	11	3	100	4.9
3 Therapy only	47	41	837	53	185	58	1080	52.7
4 Both medicine and therapy	28	24	384	24	69	22	485	23.7
5 Other Treatment	3	3	30	2	12	4	47	2.3
Valid responses =	116	6	1590	78	319	16	2048	3.1

Invalid responses include no response.

65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	5	31	4	36	1	14	12	31.6
2 Medicine only	3	19	2	18	1	14	6	15.8
3 Therapy only	3	19	2	18	1	14	7	18.4
4 Both medicine and therapy	2	13	2	18	3	43	7	18.4
5 Other Treatment	3	19	1	9	1	14	6	15.8
Valid responses =	16	42	11	29	7	18	38	0.1

Invalid responses include no response.

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	75	20	344	20	59	15	492	19.4
2 Medicine only	118	31	615	36	157	41	904	35.6
3 Therapy only	64	17	204	12	49	13	319	12.6
4 Both medicine and therapy	114	30	523	30	111	29	760	29.9
5 Other Treatment	12	3	41	2	11	3	65	2.6
Valid responses =	383	15	1727	68	387	15	2540	3.9

Invalid responses include no response.

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	21	7	186	9	29	6	242	8.2
2 Medicine only	53	17	281	13	51	11	388	13.1
3 Therapy only	81	26	639	30	140	30	875	29.6
4 Both medicine and therapy	151	49	1021	48	244	52	1433	48.4
5 Other Treatment	5	2	8	0	5	1	20	0.7
Valid responses =	311	11	2135	72	469	16	2958	4.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	42	11	171	7	37	6	260	7.2
2 Medicine only	29	7	162	7	29	5	224	6.2
3 Therapy only	156	39	1070	43	291	46	1539	42.8
4 Both medicine and therapy	164	41	1071	43	275	43	1538	42.8
5 Other Treatment	8	2	20	1	6	1	35	1.0
Valid responses =	399	11	2494	69	638	18	3596	5.5

Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	3	8	1	2	2	5	8	5.8
2 Medicine only	9	23	8	15	3	7	20	14.4
3 Therapy only	3	8	5	10	11	27	22	15.8
4 Both medicine and therapy	21	54	38	73	24	59	84	60.4
5 Other Treatment	3	8	0	0	1	2	5	3.6
Valid responses =	39	28	52	37	41	29	139	0.2

Invalid responses include no response.

65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	6	17	25	31	13	27	49	28.0
2 Medicine only	14	40	22	28	14	29	52	29.7
3 Therapy only	2	6	11	14	8	16	23	13.1
4 Both medicine and therapy	10	29	19	24	9	18	38	21.7
5 Other Treatment	3	9	3	4	5	10	13	7.4
Valid responses =	35	20	80	46	49	28	175	0.3

Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	38	37	66	32	4	13	111	31.6
2 Medicine only	13	13	33	16	3	10	49	14.0
3 Therapy only	21	20	34	16	8	27	64	18.2
4 Both medicine and therapy	21	20	49	23	11	37	83	23.6
5 Other Treatment	10	10	27	13	4	13	44	12.5
Valid responses =	103	29	209	60	30	9	351	0.5

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	140	12	656	11	73	18	878	11.5
2 Yes	1036	88	5367	89	336	82	6781	88.5
Valid responses =	1176	15	6023	79	409	5	7659	11.6

Invalid responses include no response.

65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	217	45	824	41	77	41	1126	41.4
2 Yes	262	55	1211	60	109	59	1595	58.6
Valid responses =	479	18	2035	75	186	7	2721	4.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	174	36	494	27	51	30	731	29.3
2 Yes	314	64	1318	73	120	70	1763	70.7
Valid responses =	488	20	1812	73	171	7	2494	3.8

Invalid responses include no response.

65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	304	30	1040	27	97	30	1461	27.7
2 Yes	716	70	2847	73	227	70	3814	72.3
Valid responses =	1020	19	3887	74	324	6	5275	8.0

Invalid responses include no response.

65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	104	18	352	14	38	13	501	14.3
2 Yes	482	82	2238	86	251	87	3000	85.7
Valid responses =	586	17	2590	74	289	8	3501	5.3

Invalid responses include no response.

65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	40	87	36	11	50	133	37.8
2 Yes	48	60	158	65	11	50	219	62.2
Valid responses =	80	23	245	70	22	6	352	0.5

Invalid responses include no response.

65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	46	103	38	15	44	141	39.8
2 Yes	25	54	166	62	19	56	213	60.2
Valid responses =	46	13	269	76	34	10	354	0.5

Invalid responses include no response.

65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	93	18	469	19	131	26	716	19.9
2 Yes	436	82	2029	81	371	74	2879	80.1
Valid responses =	529	15	2498	69	502	14	3595	5.5

Invalid responses include no response.

65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	84	27	303	26	25	19	418	25.8
2 Yes	230	73	860	74	105	81	1200	74.2
Valid responses =	314	19	1163	72	130	8	1618	2.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	50	196	27	17	22	225	27.2
2 Yes	6	50	524	73	59	78	601	72.8
Valid responses =	12	1	720	87	76	9	826	1.3

Invalid responses include no response.

65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	27	35	15	10	39	59	19.2
2 Yes	33	73	194	85	16	62	248	80.8
Valid responses =	45	15	229	75	26	8	307	0.5

Invalid responses include no response.

65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	13	206	15	38	22	290	15.4
2 Yes	283	87	1152	85	132	78	1591	84.6
Valid responses =	324	17	1358	72	170	9	1881	2.9

Invalid responses include no response.

65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	73	42	213	30	36	34	327	32.9
2 Yes	103	59	487	70	69	66	667	67.1
Valid responses =	176	18	700	70	105	11	994	1.5

Invalid responses include no response.

65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	39	13	54	3	43	27	46.6
2 Yes	14	61	11	46	4	57	31	53.4
Valid responses =	23	40	24	41	7	12	58	0.1

Invalid responses include no response.

65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	120	24	149	19	22	26	295	21.5
2 Yes	374	76	631	81	62	74	1078	78.5
Valid responses =	494	36	780	57	84	6	1373	2.1

Invalid responses include no response.

65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	149	39	503	47	56	47	718	45.0
2 Yes	236	61	571	53	64	53	879	55.0
Valid responses =	385	24	1074	67	120	8	1597	2.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	15	2	25	3	27	13	20.6
2 Yes	34	85	6	75	8	73	50	79.4
Valid responses =	40	63	8	13	11	17	63	0.1

Invalid responses include no response.

65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	18	168	44	10	39	189	40.9
2 Yes	42	82	212	56	16	62	273	59.1
Valid responses =	51	11	380	82	26	6	462	0.7

Invalid responses include no response.

65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	26	350	27	61	39	484	27.9
2 Yes	179	74	962	73	95	61	1252	72.1
Valid responses =	243	14	1312	76	156	9	1736	2.6

Invalid responses include no response.

65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	102	26	729	23	97	25	941	23.3
2 Yes	293	74	2494	77	286	75	3106	76.7
Valid responses =	395	10	3223	80	383	9	4047	6.1

Invalid responses include no response.

65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	33	397	24	39	23	446	23.7
2 Yes	4	67	1283	76	128	77	1436	76.3
Valid responses =	6	0	1680	89	167	9	1882	2.9

Invalid responses include no response.

65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	71	23	115	26	18	25	209	24.9
2 Yes	233	77	335	74	55	75	630	75.1
Valid responses =	304	36	450	54	73	9	839	1.3

Invalid responses include no response.

65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	24	219	17	18	16	273	17.2
2 Yes	101	76	1095	83	98	85	1315	82.8
Valid responses =	133	8	1314	83	116	7	1588	2.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	29	56	16	10	26	91	19.3
2 Yes	46	71	302	84	29	74	380	80.7
Valid responses =	65	14	358	76	39	8	471	0.7

Invalid responses include no response.

65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	72	53	353	57	44	64	475	57.2
2 Yes	63	47	265	43	25	36	356	42.8
Valid responses =	135	16	618	74	69	8	831	1.3

Invalid responses include no response.

65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	81	63	309	70	84	78	482	69.9
2 Yes	48	37	133	30	24	22	208	30.1
Valid responses =	129	19	442	64	108	16	690	1.0

Invalid responses include no response.

R65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	58	16	52	6	55	35	55.6
2 Yes	8	42	15	48	5	46	28	44.4
Valid responses =	19	30	31	49	11	17	63	0.1

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	119	57	454	58	51	74	629	58.7
2 Yes	91	43	332	42	18	26	443	41.3
Valid responses =	210	20	786	73	69	6	1072	1.6

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	85	50	272	58	30	59	396	56.5
2 Yes	84	50	198	42	21	41	305	43.5
Valid responses =	169	24	470	67	51	7	701	1.1

Invalid responses include no response.

65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	173	60	572	59	58	63	819	60.0
2 Yes	115	40	393	41	34	37	545	40.0
Valid responses =	288	21	965	71	92	7	1364	2.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	108	69	504	66	67	71	688	66.8
2 Yes	48	31	265	35	27	29	342	33.2
Valid responses =	156	15	769	75	94	9	1030	1.6

Invalid responses include no response.

65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	56	54	200	59	22	61	283	58.2
2 Yes	47	46	140	41	14	39	203	41.8
Valid responses =	103	21	340	70	36	7	486	0.7

Invalid responses include no response.

65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	64	43	78	23	62	79	71.8
2 Yes	5	36	12	22	14	38	31	28.2
Valid responses =	14	13	55	50	37	34	110	0.2

Invalid responses include no response.

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	60	20	51	9	82	38	60.3
2 Yes	4	40	19	49	2	18	25	39.7
Valid responses =	10	16	39	62	11	17	63	0.1

Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	50	21	78	10	91	39	79.6
2 Yes	3	50	6	22	1	9	10	20.4
Valid responses =	6	12	27	55	11	22	49	0.1

Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	41	13	15	5	46	33	25.0
2 Yes	19	59	73	85	6	55	99	75.0
Valid responses =	32	24	86	65	11	8	132	0.2

Invalid responses include no response.

65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	55	61	63	11	73	85	63.4
2 Yes	9	45	36	37	4	27	49	36.6
Valid responses =	20	15	97	72	15	11	134	0.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59	68	319	72	90	76	486	72.5
2 Yes	28	32	123	28	29	24	184	27.5
Valid responses =	87	13	442	66	119	18	670	1.0

Invalid responses include no response.

65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	71	289	68	51	81	411	70.1
2 Yes	26	29	136	32	12	19	175	29.9
Valid responses =	91	16	425	73	63	11	586	0.9

Invalid responses include no response.

65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	39	151	53	11	44	196	50.3
2 Yes	45	61	134	47	14	56	194	49.7
Valid responses =	74	19	285	73	25	6	390	0.6

Invalid responses include no response.

65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	68	170	66	32	76	225	67.8
2 Yes	9	32	87	34	10	24	107	32.2
Valid responses =	28	8	257	77	42	13	332	0.5

Invalid responses include no response.

65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	67	138	73	11	69	157	72.0
2 Yes	2	33	52	27	5	31	61	28.0
Valid responses =	6	3	190	87	16	7	218	0.3

Invalid responses include no response.

65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	100	4	100	1	100	12	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	5	42	4	33	1	8	12	0.0

Invalid responses include no response.

65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	33	15	43	3	30	24	40.7
2 Yes	8	67	20	57	7	70	35	59.3
Valid responses =	12	20	35	59	10	17	59	0.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	41	123	62	20	57	163	59.1
2 Yes	23	59	74	38	15	43	113	40.9
Valid responses =	39	14	197	71	35	13	276	0.4

Invalid responses include no response.

65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	46	74	37	17	49	124	40.4
2 Yes	36	55	127	63	18	51	183	59.6
Valid responses =	66	21	201	65	35	11	307	0.5

Invalid responses include no response.

65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	56	5	39	2	67	14	51.9
2 Yes	4	44	8	62	1	33	13	48.1
Valid responses =	9	33	13	48	3	11	27	0.0

Invalid responses include no response.

65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	44	63	44	10	48	125	45.0
2 Yes	62	56	79	56	11	52	153	55.0
Valid responses =	111	40	142	51	21	8	278	0.4

Invalid responses include no response.

65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	53	38	198	41	21	40	277	40.4
2 Yes	88	62	285	59	31	60	408	59.6
Valid responses =	141	21	483	71	52	8	685	1.0

Invalid responses include no response.

65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	67	0	0	1	50	7	58.3
2 Yes	2	33	2	100	1	50	5	41.7
Valid responses =	6	50	2	17	2	17	12	0.0

Invalid responses include no response.

65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	44	35	22	4	44	45	25.1
2 Yes	5	56	124	78	5	56	134	74.9
Valid responses =	9	5	159	89	9	5	179	0.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	50	68	234	69	47	81	340	70.1
2 Yes	24	32	105	31	11	19	145	29.9
Valid responses =	74	15	339	70	58	12	485	0.7

Invalid responses include no response.

65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42	68	212	63	41	70	302	65.1
2 Yes	20	32	123	37	18	31	162	34.9
Valid responses =	62	13	335	72	59	13	464	0.7

Invalid responses include no response.

65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	56	60	452	65	59	64	575	64.0
2 Yes	38	40	248	35	33	36	324	36.0
Valid responses =	94	10	700	78	92	10	899	1.4

Invalid responses include no response.

65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	52	126	69	23	79	164	68.9
2 Yes	10	48	56	31	6	21	74	31.1
Valid responses =	21	9	182	76	29	12	238	0.4

Invalid responses include no response.

65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	206	56	24	63	234	56.0
2 Yes	1	50	164	44	14	37	184	44.0
Valid responses =	2	0	370	89	38	9	418	0.6

Invalid responses include no response.

65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	74	137	81	31	84	208	80.6
2 Yes	11	26	32	19	6	16	50	19.4
Valid responses =	42	16	169	66	37	14	258	0.4

Invalid responses include no response.

65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	1	100	2	100	8	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	3	38	1	13	2	25	8	0.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	77	84	77	12	71	153	76.9
2 Yes	16	24	25	23	5	29	46	23.1
Valid responses =	68	34	109	55	17	9	199	0.3

Invalid responses include no response.

65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	50	77	38	6	33	101	39.3
2 Yes	15	50	128	62	12	67	156	60.7
Valid responses =	30	12	205	80	18	7	257	0.4

Invalid responses include no response.

65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	33	7	29	6	46	18	37.5
2 Yes	4	67	17	71	7	54	30	62.5
Valid responses =	6	13	24	50	13	27	48	0.1

Invalid responses include no response.

65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	61	29	45	2	50	56	50.9
2 Yes	15	40	36	55	2	50	54	49.1
Valid responses =	38	35	65	59	4	4	110	0.2

Invalid responses include no response.

65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	53	31	56	7	70	49	55.7
2 Yes	8	47	24	44	3	30	39	44.3
Valid responses =	17	19	55	63	10	11	88	0.1

Invalid responses include no response.

65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?

(only includes students with an ongoing or chronic condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	8379	73	20525	62	1462	40	30540	62.8
2 Negatively impacted performance in a class	2575	22	10572	32	1774	48	15123	31.1
3 Delayed progress towards degree	605	5	1868	6	430	12	2972	6.1
Valid responses =	11559	24	32965	68	3666	8	48635	73.7

Invalid responses include no response.

66A) Within the last 12 months, have any of the following affected your academic performance?

Assault (physical)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	17542	98	40780	97	3952	95	62772	97.2
2 Did not affect academic performance	351	2	825	2	138	3	1336	2.1
3 Negatively impacted performance in a class	70	0	239	1	64	2	381	0.6
4 Delayed progress towards degree	24	0	68	0	11	0	107	0.2
Valid responses =	17987	28	41912	65	4165	6	64596	97.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

66B) Within the last 12 months, have any of the following affected your academic performance? Assault (sexual)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	17564	98	39067	94	3688	89	60803	94.4
2 Did not affect academic performance	261	2	1947	5	291	7	2521	3.9
3 Negatively impacted performance in a class	76	0	638	2	139	3	870	1.4
4 Delayed progress towards degree	21	0	141	0	31	1	200	0.3
Valid responses =	17922	28	41793	65	4149	6	64394	97.6

Invalid responses include no response.

66C) Within the last 12 months, have any of the following affected your academic performance? Allergies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	12570	70	26956	65	2490	60	42345	65.9
2 Did not affect academic performance	4875	27	13386	32	1471	36	19901	31.0
3 Negatively impacted performance in a class	419	2	1234	3	167	4	1840	2.9
4 Delayed progress towards degree	38	0	126	0	16	0	188	0.3
Valid responses =	17902	28	41702	65	4144	6	64274	97.5

Invalid responses include no response.

66D) Within the last 12 months, have any of the following affected your academic performance? Anxiety

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	9105	51	12504	30	703	17	22459	35.0
2 Did not affect academic performance	5140	29	15446	37	1434	35	22171	34.6
3 Negatively impacted performance in a class	3139	18	12185	29	1733	42	17246	26.9
4 Delayed progress towards degree	451	3	1460	4	275	7	2233	3.5
Valid responses =	17835	28	41595	65	4145	6	64109	97.2

Invalid responses include no response.

66E) Within the last 12 months, have any of the following affected your academic performance? Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	14879	83	33790	81	2436	59	51455	79.8
2 Did not affect academic performance	1239	7	2919	7	469	11	4680	7.3
3 Negatively impacted performance in a class	1511	8	4334	10	1014	24	6950	10.8
4 Delayed progress towards degree	331	2	794	2	244	6	1399	2.2
Valid responses =	17960	28	41837	65	4163	6	64484	97.8

Invalid responses include no response.

66F) Within the last 12 months, have any of the following affected your academic performance? Concussion or Traumatic Brain Injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	17447	97	40482	97	3957	95	62383	96.7
2 Did not affect academic performance	262	2	673	2	105	3	1048	1.6
3 Negatively impacted performance in a class	197	1	594	1	74	2	878	1.4
4 Delayed progress towards degree	45	0	118	0	28	1	196	0.3
Valid responses =	17951	28	41867	65	4164	6	64505	97.8

Invalid responses include no response.

66S) Within the last 12 months, have any of the following affected your academic performance? COVID-19

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	16257	91	36981	88	3442	83	57117	88.6
2 Did not affect academic performance	1213	7	3441	8	445	11	5134	8
3 Negatively impacted performance in a class	398	2	1248	3	243	6	1928	3
4 Delayed progress towards degree	64	0	155	0	38	1	267	0.4
Valid responses =	17932	28	41825	65	4168	6	64446	97.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

66G) Within the last 12 months, have any of the following affected your academic performance?

Depression

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	13112	73	26129	63	1384	33	40853	63.6
2 Did not affect academic performance	2352	13	7081	17	974	24	10515	16.4
3 Negatively impacted performance in a class	1913	11	7128	17	1447	35	10627	16.5
4 Delayed progress towards degree	494	3	1329	3	347	8	2219	3.5
Valid responses =	17871	28	41667	65	4152	6	64214	97.4

Invalid responses include no response.

66H) Within the last 12 months, have any of the following affected your academic performance?

Eating disorder/problem

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	16760	94	35217	85	3065	74	55447	86.3
2 Did not affect academic performance	829	5	4901	12	782	19	6585	10.3
3 Negatively impacted performance in a class	237	1	1375	3	271	7	1914	3.0
4 Delayed progress towards degree	43	0	203	1	30	1	286	0.4
Valid responses =	17869	28	41696	65	4148	6	64232	97.4

Invalid responses include no response.

66I) Within the last 12 months, have any of the following affected your academic performance?

Headaches/migraines

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	14065	79	25959	62	2328	56	42668	66.6
2 Did not affect academic performance	2909	16	10470	25	1083	26	14590	22.8
3 Negatively impacted performance in a class	778	4	4784	12	657	16	6284	9.8
4 Delayed progress towards degree	74	0	358	1	64	2	510	0.8
Valid responses =	17826	28	41571	65	4132	6	64052	97.1

Invalid responses include no response.

66J) Within the last 12 months, have any of the following affected your academic performance?

Influenza or influenza like illness (the flu)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	15326	86	33882	81	3210	77	52831	82.1
2 Did not affect academic performance	1706	10	4813	12	502	12	7074	11.0
3 Negatively impacted performance in a class	844	5	2922	7	418	10	4231	6.6
4 Delayed progress towards degree	48	0	159	0	21	1	235	0.4
Valid responses =	17924	28	41776	65	4151	6	64371	97.6

Invalid responses include no response.

66K) Within the last 12 months, have any of the following affected your academic performance?

Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	16046	89	37840	90	3583	86	57918	89.8
2 Did not affect academic performance	1484	8	2974	7	386	9	4888	7.6
3 Negatively impacted performance in a class	341	2	889	2	163	4	1410	2.2
4 Delayed progress towards degree	77	0	135	0	30	1	251	0.4
Valid responses =	17948	28	41838	65	4162	6	64467	97.8

Invalid responses include no response.

66L) Within the last 12 months, have any of the following affected your academic performance?

PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	17865	100	25594	61	2723	65	46541	72.2
2 Did not affect academic performance	42	0	11545	28	868	21	12554	19.5
3 Negatively impacted performance in a class	25	0	4434	11	535	13	5047	7.8
4 Delayed progress towards degree	8	0	299	1	37	1	355	0.6
Valid responses =	17940	28	41872	65	4163	6	64497	97.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

66M) Within the last 12 months, have any of the following affected your academic performance?

Post Traumatic Stress Disorder (PTSD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	17229	96	38044	91	3250	78	58951	91.8
2 Did not affect academic performance	365	2	2182	5	472	11	3060	4.8
3 Negatively impacted performance in a class	205	1	1133	3	336	8	1704	2.7
4 Delayed progress towards degree	80	0	330	1	89	2	517	0.8
Valid responses =	17879	28	41689	65	4147	6	64232	97.4

Invalid responses include no response.

66N) Within the last 12 months, have any of the following affected your academic performance?

Short-term illness, excluding upper respiratory illness and influenza

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	15475	86	33349	80	3065	74	52295	81.2
2 Did not affect academic performance	1782	10	5745	14	642	15	8224	12.8
3 Negatively impacted performance in a class	651	4	2569	6	426	10	3698	5.7
4 Delayed progress towards degree	32	0	154	0	25	1	215	0.3
Valid responses =	17940	28	41817	65	4158	6	64432	97.7

Invalid responses include no response.

66O) Within the last 12 months, have any of the following affected your academic performance?

Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	14329	80	28411	68	2566	62	45651	70.8
2 Did not affect academic performance	2597	15	9156	22	973	23	12824	19.9
3 Negatively impacted performance in a class	965	5	4081	10	588	14	5703	8.8
4 Delayed progress towards degree	49	0	187	0	30	1	270	0.4
Valid responses =	17940	28	41835	65	4157	6	64448	97.7

Invalid responses include no response.

66P) Within the last 12 months, have any of the following affected your academic performance?

Sleep difficulties

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	10549	59	21149	51	1425	34	33325	51.7
2 Did not affect academic performance	4195	23	11433	27	1167	28	16936	26.3
3 Negatively impacted performance in a class	2888	16	8531	20	1407	34	12987	20.1
4 Delayed progress towards degree	308	2	728	2	163	4	1219	1.9
Valid responses =	17940	28	41841	65	4162	6	64467	97.8

Invalid responses include no response.

66Q) Within the last 12 months, have any of the following affected your academic performance?

Stress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6923	39	9265	22	564	14	16870	26.2
2 Did not affect academic performance	6181	35	16350	39	1298	31	23968	37.2
3 Negatively impacted performance in a class	4225	24	14402	34	1985	48	20825	32.3
4 Delayed progress towards degree	605	3	1812	4	320	8	2790	4.3
Valid responses =	17934	28	41829	65	4167	6	64453	97.7

Invalid responses include no response.

66R) Within the last 12 months, have any of the following affected your academic performance?

Other issue not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	12874	98	27569	98	2526	94	43273	97.6
2 Did not affect academic performance	99	1	244	1	49	2	399	0.9
3 Negatively impacted performance in a class	72	1	298	1	80	3	462	1.0
4 Delayed progress towards degree	38	0	127	0	38	1	211	0.5
Valid responses =	13083	30	28238	64	2693	6	44345	67.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

67A) What sex were you assigned at birth?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	42247	100	3336	79	45878	70.5
2 Male	18128	100	0	0	863	20	19147	29.4
3 Intersex	6	0	4	0	39	1	56	0.1
Valid responses =	18134	28	42251	65	4238	7	65081	98.7
Invalid responses include no response.								

67B) Do you identify as transgender?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18134	100	42251	100	1637	39	62327	95.8
2 Yes	0	0	0	0	2601	61	2720	4.2
Valid responses =	18134	28	42251	65	4238	7	65047	98.6
Invalid responses include no response.								

67C) Which term do you use to describe your gender identity?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	42251	100	403	10	42706	65.7
2 Man or male	18134	100	0	0	351	8	18512	28.5
3 Trans woman	0	0	0	0	181	4	182	0.3
4 Trans man	0	0	0	0	473	11	478	0.7
5 Genderqueer	0	0	0	0	561	13	568	0.9
6 My identity is not listed	0	0	0	0	0	0	293	0.5
7 Agender	0	0	0	0	258	6	261	0.4
8 Genderfluid	0	0	0	0	463	11	465	0.7
9 Non-binary	0	0	0	0	1536	36	1556	2.4
10 Intersex	0	0	0	0	12	0	13	0.0
Valid responses =	18134	28	42251	65	4238	7	65034	98.6
Invalid responses include no response.								

68) What term best describes your sexual orientation?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual	156	1	800	2	448	11	1451	2.2
2 Bisexual	937	5	6395	15	960	23	8362	12.9
3 Gay	1143	6	59	0	237	6	1459	2.3
4 Lesbian	1	0	1590	4	475	11	2108	3.3
5 Pansexual	179	1	997	2	497	12	1706	2.6
6 Queer	104	1	1135	3	976	23	2278	3.5
7 Questioning	220	1	1053	3	117	3	1414	2.2
9 Straight/Heterosexual	15252	85	29783	71	438	10	45575	70.4
10 My identity not listed above	63	0	198	1	81	2	411	0.6
Valid responses =	18055	28	42010	65	4229	7	64764	98.2
Invalid responses include no response.								

69) How old are you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	1841	10	4735	11	483	12	7117	11.0
2 19 Years	2930	16	7000	17	812	19	10813	16.8
3 20 Years	2541	14	6578	16	706	17	9901	15.3
4 21 Years	2300	13	5829	14	639	15	8842	13.7
5 22 Years	1696	9	3728	9	376	9	5844	9.1
6 23 Years	1072	6	2179	5	235	6	3510	5.4
7 24 Years	818	5	1792	4	159	4	2794	4.3
8 25 Years	710	4	1503	4	144	3	2380	3.7
9 26 to 30 Years	2164	12	4418	11	382	9	7007	10.9
10 31 to 40 Years	1335	7	2594	6	187	5	4145	6.4
11 41 or More Years	589	3	1499	4	52	1	2158	3.3
Valid responses =	17996	28	41855	65	4175	6	64511	97.8
Invalid responses include no response.								

	Mean	Median	Std Dev	Min	Max
Cis Men	23.45	21.00	6.72	18	98
Cis Women	23.16	21.00	6.62	18	75
Trans/Gender Non-conforming	22.12	21.00	5.25	18	98
Overall	23.18	21.00	6.58	18	98



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

71) What is your weight in pounds?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	88	1	1447	4	117	3	1668	2.6
2 101 to 150 Pounds	4739	27	26153	63	2167	53	33293	52.3
3 151 to 200 Pounds	9644	54	10416	25	1247	31	21444	33.7
4 201 to 250 Pounds	2628	15	2471	6	381	9	5528	8.7
5 251 to 300 Pounds	585	3	628	2	112	3	1331	2.1
6 301 or More Pounds	176	1	190	1	47	1	423	0.7
Valid responses =	17860	28	41305	65	4071	6	63687	96.6
Invalid responses include no response.								
	Mean		Median		Std Dev		Min	
Cis Men	176.04		170.00		39.45		57	
Cis Women	147.45		140.00		37.61		52	
Trans/Gender Non-conforming	157.64		147.00		45.5		60	
Overall	156.20		150.00		40.8		52	
	Max						500	

72) What is your year in school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	3884	22	8684	21	967	23	13667	21.0
2 2nd year undergraduate	2917	16	7156	17	809	19	10982	16.8
3 3rd year undergraduate	3127	17	7922	19	798	19	11968	18.4
4 4th year undergraduate	2354	13	5826	14	628	15	8907	13.7
5 5th year or more undergraduate	507	3	986	2	151	4	1670	2.6
6 Master's (MA, MS, etc.)	2780	15	6523	16	506	12	9891	15.2
7 Doctorate (PhD, EdD, MD, JD, etc.)	2325	13	4549	11	320	8	7276	11.2
8 Not seeking a degree	64	0	145	0	31	1	249	0.4
9 Other (please specify):	139	1	401	1	22	1	571	0.9
Valid responses =	18097	28	42192	65	4232	6	65181	98.8
Invalid responses include no response.								

73) What is your enrollment status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	16560	92	38434	91	3871	92	59425	91.5
2 Part-time	1394	8	3425	8	324	8	5186	8.0
3 Other	100	1	217	1	24	1	347	0.5
Valid responses =	18054	28	42076	65	4219	6	64958	98.5
Invalid responses include no response.								

73A) I am taking classes this term:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	12414	69	25651	61	2884	69	41379	63.8
2 Entirely online	962	5	3450	8	248	6	4706	7.3
3 A mix of in-person and online classes	4658	26	12930	31	1081	26	18804	29.0
Valid responses =	18034	28	42031	65	4213	6	64889	98.4
Invalid responses include no response.								

73B1) How likely is it that you will:

Leave your school before graduating and transfer to another school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	481	3	910	2	118	3	1528	2.4
2 Moderately likely	311	2	616	2	103	2	1041	1.6
3 Slightly likely	674	4	1528	4	205	5	2447	3.8
4 Slightly unlikely	684	4	1210	3	170	4	2089	3.2
5 Moderately unlikely	1644	9	3289	8	466	11	5466	8.4
6 Very unlikely	14272	79	34554	82	3154	75	52408	80.7
Valid responses =	18066	28	42107	65	4216	6	64969	98.5
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

73B2) How likely is it that you will:

Leave your school before graduating without transferring to another school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	361	2	792	1.9	109	2.6	1262	2.0
2 Moderately likely	198	1.1	319	0.8	81	1.9	605	0.9
3 Slightly likely	353	2	659	2	135	3	1147	1.8
4 Slightly unlikely	479	2.7	806	1.9	154	3.7	1439	2.2
5 Moderately unlikely	1185	6.6	2114	5	374	8.9	3733	5.7
6 Very unlikely	15477	86	37397	89	3363	80	56679	87.3
Valid responses =	18053	28	42087	65	4216	6	64933	98.5

Invalid responses include no response.

73C1) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Lack of safe and/or affordable housing

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1451	79.6	2880	74.7	359	65	4744	75.1
2 Yes	372	20.4	978	25.3	193	35	1571	24.9
Valid responses =	1823	29	3858	61	552	9	6315	9.6

Invalid responses include no response.

73C2) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Financial concerns other than housing

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1151	63.3	2136	55.4	242	43.9	3571	56.6
2 Yes	667	36.7	1717	44.6	309	56.1	2733	43.4
Valid responses =	1818	29	3853	61	551	9	6304	9.6

Invalid responses include no response.

73C3) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Need to take care of family members/children

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1621	89.4	3359	87.4	481	87.6	5533	88.0
2 Yes	193	10.6	483	12.6	68	12.4	755	12.0
Valid responses =	1814	29	3842	61	549	9	6288	9.5

Invalid responses include no response.

73C4) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Conflicts with work responsibilities/schedule

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1548	85.3	3210	83.6	433	78.4	5258	83.6
2 Yes	266	14.7	631	16.4	119	21.6	1028	16.4
Valid responses =	1814	29	3841	61	552	9	6286	9.5

Invalid responses include no response.

73C5) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Ongoing physical and/or mental health issues

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1473	81.2	2778	72.4	281	51.1	4578	72.9
2 Yes	341	18.8	1057	27.6	269	48.9	1704	27.1
Valid responses =	1814	29	3835	61	550	9	6282	9.5

Invalid responses include no response.

73C6) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Change in my academic plans and/or professional goals (e.g., institution doesn't have the academic program I want; I may not want my chosen degree anymore)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1050	57.5	2131	55.2	292	52.8	3520	55.7
2 Yes	777	42.5	1728	44.8	261	47.2	2801	44.3
Valid responses =	1827	29	3859	61	553	9	6321	9.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

73C7) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Poor academic performance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1497	82.7	3224	84.1	414	75.1	5196	82.8
2 Yes	313	17.3	608	15.9	137	24.9	1080	17.2
Valid responses =	1810	29	3832	61	551	9	6276	9.5

Invalid responses include no response.

73C8) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Negative experience at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1350	74.2	2631	68.4	349	63.2	4376	69.4
2 Yes	470	25.8	1215	31.6	203	36.8	1926	30.6
Valid responses =	1820	29	3846	61	552	9	6302	9.6

Invalid responses include no response.

73C9) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

I don't feel like I fit in at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1274	70.3	2515	65.5	344	62.4	4183	66.5
2 Yes	539	29.7	1327	34.5	207	37.6	2106	33.5
Valid responses =	1813	29	3842	61	551	9	6289	9.5

Invalid responses include no response.

73C10) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Other (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1103	88.5	2282	89	307	82.7	3722	88.2
2 Yes	144	11.5	274	11	64	17.3	497	11.8
Valid responses =	1247	30	2556	61	371	9	4219	6.4

Invalid responses include no response.

74A) Are you studying in the United States this semester/term?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1167	6.5	2602	6	293	7	4107	6.3
2 Yes	16835	93.5	39410	94	3918	93	60733	93.7
Valid responses =	18002	28	42012	65	4211	6	64840	98.3

Invalid responses include no response.

74B) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are studying in the U.S. this semester/term)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12614	77	31685	82	3372	88	48115	81.1
2 Yes	3852	23	6842	18	444	12	11202	18.9
Valid responses =	16466	28	38527	65	3816	6	59317	89.9

Invalid responses include no response.

74C) Would you need a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are NOT studying in the U.S. this semester/term)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	886	78.2	2170	85.3	232	80.6	3322	82.9
2 Yes	247	21.8	375	14.7	56	19.4	687	17.1
Valid responses =	1133	28	2545	63	288	7	4009	6.1

Invalid responses include no response.

75A1) How do you usually describe yourself? (Please select ALL that apply)

American Indian or Native Alaskan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	17720	98	41265	98	4087	96	64378	97.6
1 Selected	414	2	986	2	151	4	1572	2.4
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

75A2) How do you usually describe yourself? (Please select ALL that apply)

Asian or Asian American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	13728	76	34006	81	3530	83	52491	79.6
1 Selected	4406	24	8245	20	708	17	13459	20.4
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.

75A3) How do you usually describe yourself? (Please select ALL that apply)

Black or African American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	16667	92	38160	90	3884	92	59989	91.0
1 Selected	1467	8	4091	10	354	8	5961	9.0
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.

75A4) How do you usually describe yourself? (Please select ALL that apply)

Hispanic or Latino/a/x

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	15777	87	36072	85	3718	88	56814	86.1
1 Selected	2357	13	6179	15	520	12	9136	13.9
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.

75A5) How do you usually describe yourself? (Please select ALL that apply)

Middle Eastern/North African (MENA) or Arab Origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	17719	98	41361	98	4153	98	64545	97.9
1 Selected	415	2	890	2	85	2	1405	2.1
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.

75A6) How do you usually describe yourself? (Please select ALL that apply)

Native Hawaiian or Other Pacific Islander Native

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	17997	99	42012	99	4185	99	65510	99.3
1 Selected	137	1	239	1	53	1	440	0.7
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.

75A7) How do you usually describe yourself? (Please select ALL that apply)

White

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7724	43	17095	41	1286	30	27096	41.1
1 Selected	10410	57	25156	60	2952	70	38854	58.9
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.

75A8) How do you usually describe yourself? (Please select ALL that apply)

Biracial or Multiracial

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	17345	96	40058	95	3852	91	62531	94.8
1 Selected	789	4	2193	5	386	9	3419	5.2
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.

75A9) How do you usually describe yourself? (Please select ALL that apply)

Another Identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	17809	98	41789	99	4184	99	65082	98.7
1 Selected	325	2	462	1	54	1	868	1.3
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)
Mexican, Mexican American, Chicano

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1141	48	2849	46	229	44	4256	46.6
1 Selected	1216	52	3330	54	291	56	4880	53.4
Valid responses =	2357	26	6179	68	520	6	9136	13.9

Invalid responses include no response.

75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)
Puerto Rican

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2127	90	5547	90	451	87	8192	89.7
1 Selected	230	10	632	10	69	13	944	10.3
Valid responses =	2357	26	6179	68	520	6	9136	13.9

Invalid responses include no response.

75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)
Cuban

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2253	96	5983	97	490	94	8800	96.3
1 Selected	104	4	196	3	30	6	336	3.7
Valid responses =	2357	26	6179	68	520	6	9136	13.9

Invalid responses include no response.

75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)
Another Hispanic, Latino/a/x, or Spanish origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1416	60	3766	61	333	64	5565	60.9
1 Selected	941	40	2413	39	187	36	3571	39.1
Valid responses =	2357	26	6179	68	520	6	9136	13.9

Invalid responses include no response.

75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
East Asian (for example: Chinese, Japanese, or Korean)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2236	51	3787	46	292	41	6361	47.3
1 Selected	2170	49	4458	54	416	59	7098	52.7
Valid responses =	4406	33	8245	61	708	5	13459	20.4

Invalid responses include no response.

75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3510	80	6389	78	484	68	10457	77.7
1 Selected	896	20	1856	23	224	32	3002	22.3
Valid responses =	4406	33	8245	61	708	5	13459	20.4

Invalid responses include no response.

75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3009	68	6094	74	599	85	9777	72.6
1 Selected	1397	32	2151	26	109	15	3682	27.4
Valid responses =	4406	33	8245	61	708	5	13459	20.4

Invalid responses include no response.

75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
Other Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4324	98	8117	98	698	99	13238	98.4
1 Selected	82	2	128	2	10	1	221	1.6
Valid responses =	4406	33	8245	61	708	5	13459	20.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

76) What is your relationship status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	9865	55	21157	50	2231	53	33610	51.7
2 In relationship not married/partnered	6297	35	16749	40	1701	40	24952	38.4
3 Married/partnered	1913	11	4220	10	295	7	6482	10.0
Valid responses =	18075	28	42126	65	4227	6	65044	98.6
Invalid responses include no response.								

77A) Are you a member of a social fraternity or sorority?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16894	94	38611	92	4066	96	60157	92.4
2 Yes	1179	7	3548	8	163	4	4929	7.6
Valid responses =	18073	28	42159	65	4229	6	65086	98.7
Invalid responses include no response.								

77B) Do you live in a fraternity or sorority residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17786	98	41656	99	4161	98	64212	98.7
2 Yes	284	2	487	1	68	2	857	1.3
Valid responses =	18070	28	42143	65	4229	6	65069	98.7
Invalid responses include no response.								

78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	6936	39	15858	38	1867	45	24922	38.8
2 Parent/guardian/other family member's home	2658	15	5871	14	589	14	9222	14.3
3 Off-campus/non-university housing	8005	45	19299	46	1653	40	29209	45.4
4 Temporarily with relative, friend, couch surfing	55	0	125	0	21	1	208	0.3
5 Don't have a place to live	21	0	19	0	11	0	57	0.1
6 Other (please specify)	121	1	495	1	19	1	654	1.0
Valid responses =	17796	28	41667	65	4160	6	64272	97.5
Invalid responses include no response.								

79_1) What is your primary source of health insurance? (select all that apply)

I have a college/university Student Health Insurance Plan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	13502	74.5	33617	79.6	3395	80.1	51698	78.4
1 Selected	4632	25.5	8634	20.4	843	19.9	14252	21.6
Valid responses =	18134	27	42251	64	4238	6	65950	100.0
Invalid responses include no response.								

79_2) What is your primary source of health insurance? (select all that apply)

I have health insurance through my parent/guardian (or their employer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	8535	47.1	17915	42.4	1575	37.2	28995	44.0
1 Selected	9599	52.9	24336	57.6	2663	62.8	36955	56.0
Valid responses =	18134	27	42251	64	4238	6	65950	100.0
Invalid responses include no response.								

79_3) What is your primary source of health insurance? (select all that apply)

I have health insurance through my employer (or my spouse/partner's employer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	16778	92.5	38536	91.2	3999	94.4	60607	91.9
1 Selected	1356	7.5	3715	8.8	239	5.6	5343	8.1
Valid responses =	18134	27	42251	64	4238	6	65950	100.0
Invalid responses include no response.								

79_4) What is your primary source of health insurance? (select all that apply)

I have health insurance through Medicaid, Medicare, or VA/Tricare

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	16468	90.8	37983	89.9	3771	89	59477	90.2
1 Selected	1666	9.2	4268	10.1	467	11	6473	9.8
Valid responses =	18134	27	42251	64	4238	6	65950	100.0
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

79_5) What is your primary source of health insurance? (select all that apply)

I have health insurance that was purchased from the exchange or an insurance carrier directly

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	17720	97.7	41468	98.1	4175	98.5	64675	98.1
1 Selected	414	2.3	783	1.9	63	1.5	1275	1.9
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.

79_9) What is your primary source of health insurance? (select all that apply)

I have health insurance through an embassy or sponsoring agency for international students

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	18079	99.7	42147	99.8	4230	99.8	65781	99.7
1 Selected	55	0.3	104	0.2	8	0.2	169	0.3
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.

79_10) What is your primary source of health insurance? (select all that apply)

I have health insurance through another source (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	17897	98.7	41617	98.5	4201	99.1	65026	98.6
1 Selected	237	1.3	634	1.5	37	0.9	924	1.4
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.

79_8) What is your primary source of health insurance? (select all that apply)

I have health insurance, but I don't know the primary source

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	17688	97.5	41512	98.3	4181	98.7	64697	98.1
1 Selected	446	2.5	739	1.7	57	1.3	1253	1.9
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.

79_6) What is your primary source of health insurance? (select all that apply)

I don't have health insurance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	17721	97.7	41319	97.8	4138	97.6	64485	97.8
1 Selected	413	2.3	932	2.2	100	2.4	1465	2.2
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.

79_7) What is your primary source of health insurance? (select all that apply)

I don't know if I have health insurance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	17868	98.5	41923	99.2	4194	99	65297	99.0
1 Selected	266	1.5	328	0.8	44	1	653	1.0
Valid responses =	18134	27	42251	64	4238	6	65950	100.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

80) What is your approximate cumulative grade average?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	2305	13	5567	13	505	12	8475	13.1
2 A	5450	30	14602	35	1417	34	21651	33.3
3 A-	3748	21	8292	20	812	19	12970	20.0
4 B+	2334	13	5232	12	506	12	8144	12.5
5 B	1939	11	4084	10	408	10	6490	10.0
6 B-	816	5	1628	4	184	4	2652	4.1
7 C+	485	3	874	2	122	3	1497	2.3
8 C	393	2	587	1	93	2	1088	1.7
9 C-	127	1	213	1	49	1	394	0.6
10 D+	40	0	58	0	9	0	109	0.2
11 D	26	0	59	0	14	0	102	0.2
12 D-	13	0	23	0	7	0	47	0.1
13 F	24	0	25	0	7	0	58	0.1
14 N/A	355	2	797	2	81	2	1246	1.9
Valid responses =	18055	28	42041	65	4214	6	64923	98.4

Invalid responses include no response.

81A) Do you participate in organized college athletics at any of the following levels?

Varsity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16789	95	39826	96	4054	98	61194	95.6
2 Yes	948	5	1737	4	99	2	2803	4.4
Valid responses =	17737	28	41563	65	4153	6	63997	97.0

Invalid responses include no response.

81B) Do you participate in organized college athletics at any of the following levels?

Club Sports

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15585	88	38520	93	3861	93	58467	91.4
2 Yes	2149	12	3012	7	283	7	5487	8.6
Valid responses =	17734	28	41532	65	4144	6	63954	97.0

Invalid responses include no response.

81C) Do you participate in organized college athletics at any of the following levels?

Intramurals

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14467	82	38073	92	3914	95	56959	89.4
2 Yes	3206	18	3266	8	210	5	6723	10.6
Valid responses =	17673	28	41339	65	4124	6	63682	96.6

Invalid responses include no response.

82A) Do you have any of the following?

Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15203	85	35109	84	2554	62	53229	82.5
2 Yes	2763	15	6807	16	1600	39	11330	17.5
Valid responses =	17966	28	41916	65	4154	6	64559	97.9

Invalid responses include no response.

82B) Do you have any of the following?

Autism Spectrum Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17293	97	40728	98	3160	76	61605	95.7
2 Yes	628	4	1060	3	975	24	2757	4.3
Valid responses =	17921	28	41788	65	4135	6	64362	97.6

Invalid responses include no response.

82C) Do you have any of the following?

Deaf/Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17416	97	41008	98	3967	96	62883	97.8
2 Yes	479	3	753	2	174	4	1432	2.2
Valid responses =	17895	28	41761	65	4141	6	64315	97.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

82D) Do you have any of the following?

Learning disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17300	97	39775	96	3641	88	61176	95.3
2 Yes	578	3	1886	5	501	12	3021	4.7
Valid responses =	17878	28	41661	65	4142	6	64197	97.3

Invalid responses include no response.

82E) Do you have any of the following?

Mobility/Dexterity disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17685	99	41140	99	3823	92	63131	98.1
2 Yes	224	1	628	2	323	8	1213	1.9
Valid responses =	17909	28	41768	65	4146	6	64344	97.6

Invalid responses include no response.

82F) Do you have any of the following?

Blind/Low Vision

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17279	97	40177	96	3937	95	61889	96.3
2 Yes	602	3	1544	4	200	5	2369	3.7
Valid responses =	17881	28	41721	65	4137	6	64258	97.4

Invalid responses include no response.

82G) Do you have any of the following?

Speech or language disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17631	99	41361	99	4035	97	63527	98.9
2 Yes	246	1	351	1	112	3	729	1.1
Valid responses =	17877	28	41712	65	4147	6	64256	97.4

Invalid responses include no response.

83) Are you currently or have you been a member of the Armed Services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17132	95	41542	99	4128	98	63342	97.8
2 Yes, have served in area of hazardous duty	359	2	160	0	60	1	589	0.9
3 Yes, have not served in area hazardous duty	519	3	311	1	29	1	868	1.3
Valid responses =	18010	28	42013	65	4217	7	64799	98.3

Invalid responses include no response.

84) What is the highest level of education completed by either of your parents (or guardians)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	669	4	1703	4	124	3	2513	3.9
2 High school diploma or GED	2631	15	6321	15	522	12	9541	14.7
3 Attended college but no degree	1197	7	3231	8	321	8	4794	7.4
4 Associate's degree	1206	7	3198	8	303	7	4750	7.3
5 Bachelor's degree	5332	30	11854	28	1190	28	18516	28.5
6 Master's degree	4483	25	10357	25	1084	26	16071	24.8
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	2255	13	4934	12	605	14	7872	12.1
8 Don't know	266	2	451	1	62	2	800	1.2
Valid responses =	18039	28	42049	65	4211	6	64857	98.3

Invalid responses include no response.

85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17059	95	39594	94	4066	97	61246	94.5
2 Yes	958	5	2434	6	144	3	3568	5.5
Valid responses =	18017	28	42028	65	4210	6	64814	98.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

HT_INCH Height in Inches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	4	0	0	0	4	0.0
3 49 to 60 Inches	12	0	2336	6	191	5	2561	4.0
4 61 to 72 Inches	13782	78	38935	94	3739	91	56858	89.1
5 73 to 84 Inches	3925	22	186	0	186	5	4337	6.8
6 85 or More Inches	29	0	13	0	10	0	56	0.1
Valid responses =	17748	28	41474	65	4126	6	63816	96.8

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.04	0.02	0.05	0	0.46
Cis Women	0.04	0.02	0.05	0	0.50
Trans/Gender Non-conforming	0.04	0.02	0.05	0	0.49
Overall	0.04	0.02	0.05	0	0.50

BAC Estimated Blood Alcohol Content

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	4635	43	9292	34	1023	40	15034	36.8
1 .01 to .05% Alcohol	3842	36	11322	42	1028	40	16273	39.8
2 .06 to .07% Alcohol	672	6	1945	7	163	6	2789	6.8
3 .08 to .09% Alcohol	462	4	1297	5	119	5	1888	4.6
4 .10 to .15% Alcohol	754	7	2274	8	177	7	3222	7.9
5 .16 to .20% Alcohol	255	2	646	2	49	2	954	2.3
6 .21 to .25% Alcohol	108	1	271	1	19	1	398	1.0
7 .26 to .30% Alcohol	54	1	89	0	10	0	154	0.4
8 .31 to .49% Alcohol	40	0	114	0	4	0	158	0.4
Valid responses =	10822	26	27250	67	2592	6	40870	62.0

Invalid responses include no response.

RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	9149	85	22559	83	2214	85	34096	83.4
1 .08% or higher	1673	16	4691	17	378	15	6774	16.6
Valid responses =	10822	26	27250	67	2592	6	40870	62.0

Invalid responses include no response.

RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	9611	89	23856	88	2333	90	35984	88.0
1 .1% or higher	1211	11	3394	13	259	10	4886	12.0
Valid responses =	10822	26	27250	67	2592	6	40870	62.0

Invalid responses include no response.

BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Cis Men	24.96	24.00	5.08	5	98
Cis Women	24.75	23.00	5.98	7	88
Trans/Gender Non-conforming	25.50	24.00	6.71	6	76
Overall	24.86	24.00	5.8	5	98

RBMI Body Mass Index Classifications

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	776	4	2563	6	290	7	3670	5.8
2 Desired weight (18.5- 24.9)	9411	53	23842	58	2076	51	35565	56.3
3 Overweight (25- 29.9)	5232	30	8394	21	876	22	14600	23.1
4 Class I obesity (30- 34.9)	1499	9	3503	9	436	11	5479	8.7
5 Class II obesity (35- 39.9)	469	3	1604	4	211	5	2301	3.6
6 Class III obesity (>=40)	268	2	1111	3	158	4	1549	2.5
Valid responses =	17655	28	41017	65	4047	6	63164	95.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Cis Men	1.83	1.00	2.18	0	6
Cis Women	1.97	1.00	2.19	0	6
Trans/Gender Non-conforming	2.40	2.00	2.33	0	6
Overall	1.96	1.00	2.2	0	6

RUSDAFI USDA Food Security Category

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	3358	19	8309	20	1137	27	13063	20.2
2 Low food security (2-4)	4064	23	10538	25	1037	25	15908	24.6
3 High or marginal food security (0-1)	10470	59	22896	55	2020	48	35822	55.3
Valid responses =	17892	28	41743	64	4194	6	64793	98.2

Invalid responses include no response.

KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Cis Men	7.16	6.00	5.11	0	24
Cis Women	8.09	7.00	5.05	0	24
Trans/Gender Non-conforming	10.95	11.00	5.22	0	24
Overall	8.04	7.00	5.17	0	24

RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-12)	15265	86	33818	81	2631	63	52212	81.3
3 Serious psychological distress (13-24)	2553	14	7713	19	1536	37	12031	18.7
Valid responses =	17818	28	41531	65	4167	6	64243	97.4

Invalid responses include no response.

ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.22	5.00	1.89	3	9
Cis Women	5.28	5.00	1.83	3	9
Trans/Gender Non-conforming	6.02	6.00	1.9	3	9
Overall	5.32	5.00	1.86	3	9

RULS3 Recoded UCLA Loneliness Scale

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	9928	55	22800	54	1623	39	34659	53.3
2 Positive for loneliness (6-9)	8111	45	19296	46	2587	61	30427	46.7
Valid responses =	18039	28	42096	65	4210	6	65086	98.7

Invalid responses include no response.

SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Cis Men	4.84	3.00	2.78	3	18
Cis Women	5.03	3.00	2.88	3	18
Trans/Gender Non-conforming	7.92	8.00	3.78	3	18
Overall	5.18	4.00	3.02	3	18

RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	14215	79	31993	76	1718	41	48323	74.5
2 Positive for suicidal screening (7-18)	3793	21	9960	24	2472	59	16523	25.5
Valid responses =	18008	28	41953	65	4190	6	64846	98.3

Invalid responses include no response.

DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Cis Men	44.40	47.00	9.08	8	56
Cis Women	45.80	48.00	8.06	8	56
Trans/Gender Non-conforming	41.08	43.00	9.57	8	56
Overall	45.04	47.00	8.61	8	56

CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.24	6.00	1.57	0	8
Cis Women	6.05	6.00	1.53	0	8
Trans/Gender Non-conforming	5.43	6.00	1.74	0	8
Overall	6.05	6.00	1.57	0	8



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	8.12	5.00	8.54	0	31
Cis Women	7.33	4.00	8.32	0	31
Trans/Gender Non-conforming	8.78	6.00	9.14	0	31
Overall	7.67	5.00	8.46	0	31

TOBACCORISK ASSIST Tobacco Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	2653	46	6346	50	603	43	9700	48.3
2 Moderate Risk (4-26)	2910	51	6015	47	712	51	9744	48.5
3 High Risk (27-39)	193	3	347	3	76	6	627	3.1
Valid responses =	5756	29	12708	63	1391	7	20071	30.4

Invalid responses include no response.

SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.67	5.00	6.25	0	39
Cis Women	6.23	5.00	5.51	0	39
Trans/Gender Non-conforming	6.65	5.00	6.52	0	39
Overall	6.38	5.00	5.82	0	39

ALCOHOLRISK ASSIST Alcohol Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	9157	82	23727	85	2425	83	35678	83.8
2 Moderate Risk (11-26)	1809	16	3938	14	422	14	6238	14.7
3 High Risk (27-39)	220	2	341	1	81	3	664	1.6
Valid responses =	11186	26	28006	66	2928	7	42580	64.6

Invalid responses include no response.

SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.33	3.00	8.04	0	39
Cis Women	5.32	2.00	6.95	0	39
Trans/Gender Non-conforming	7.55	5.00	8.19	0	39
Overall	5.81	3.00	7.43	0	39

CANNABISRISK ASSIST Cannabis Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	3533	54	9546	57	961	42	14163	54.5
2 Moderate Risk (4-26)	2742	42	6921	41	1223	53	11026	42.4
3 High Risk (27-39)	264	4	388	2	109	5	790	3.0
Valid responses =	6539	25	16855	65	2293	9	25979	39.4

Invalid responses include no response.

SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.46	0.00	6.84	0	36
Cis Women	2.50	0.00	5.36	0	36
Trans/Gender Non-conforming	5.03	2.00	8.46	0	36
Overall	3.17	0.00	6.52	0	39

COCAINERISK ASSIST Cocaine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	842	76	1687	81	195	69	2760	78.0
2 Moderate Risk (4-26)	235	21	364	18	67	24	680	19.2
3 High Risk (27-39)	33	3	31	2	19	7	99	2.8
Valid responses =	1110	31	2082	59	281	8	3539	5.4

Invalid responses include no response.

SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	5.52	0.00	9.68	0	36
Cis Women	4.29	0.00	8.48	0	33
Trans/Gender Non-conforming	11.02	3.00	12.91	0	36
Overall	6.13	0.00	10.33	0	39

METHRISK ASSIST Methamphetamine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	175	68	286	74	45	52	515	67.4
2 Moderate Risk (4-26)	62	24	73	19	20	23	163	21.3
3 High Risk (27-39)	22	9	28	7	21	24	86	11.3
Valid responses =	259	34	387	51	86	11	764	1.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.78	0.00	6.02	0	36
Cis Women	1.97	0.00	4.64	0	34
Trans/Gender Non-conforming	3.72	0.00	7.18	0	35
Overall	2.69	0.00	5.98	0	39

INHALANTRISK ASSIST Inhalant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	776	81	1248	86	319	75	2378	82.0
2 Moderate Risk (4-26)	156	16	182	13	84	20	441	15.2
3 High Risk (27-39)	24	3	23	2	20	5	82	2.8
Valid responses =	956	33	1453	50	423	15	2901	4.4

Invalid responses include no response.

SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.58	0.00	6	0	36
Cis Women	2.14	0.00	4.98	0	38
Trans/Gender Non-conforming	3.93	0.00	7.79	0	36
Overall	2.61	0.00	6.01	0	39

RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1138	81	2021	82	297	75	3505	80.8
2 Moderate Risk (4-26)	228	16	399	16	76	19	720	16.6
3 High Risk (27-39)	37	3	33	1	21	5	111	2.6
Valid responses =	1403	32	2453	57	394	9	4336	6.6

Invalid responses include no response.

SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.31	0.00	7.16	0	36
Cis Women	2.87	0.00	6.07	0	38
Trans/Gender Non-conforming	5.69	1.00	9.47	0	36
Overall	3.54	0.00	7.29	0	38

SEDATIVERISK ASSIST Sedative Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	653	78	1297	78	193	67	2169	75.7
2 Moderate Risk (4-26)	154	18	338	20	70	24	575	20.1
3 High Risk (27-39)	35	4	38	2	27	9	123	4.3
Valid responses =	842	29	1673	58	290	10	2867	4.3

Invalid responses include no response.

SSISHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.09	0.00	4.59	0	39
Cis Women	1.75	0.00	4.01	0	34
Trans/Gender Non-conforming	3.01	0.00	6.13	0	38
Overall	2.08	0.00	4.69	0	39

HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1820	84	3022	85	568	77	5480	83.1
2 Moderate Risk (4-26)	334	15	512	14	150	20	1021	15.5
3 High Risk (27-39)	26	1	34	1	21	3	94	1.4
Valid responses =	2180	33	3568	54	739	11	6595	10.0

Invalid responses include no response.

SSISHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	9.58	3.00	12.19	0	36
Cis Women	7.03	0.00	10.62	0	35
Trans/Gender Non-conforming	14.72	10.00	13.18	0	33
Overall	10.22	4.00	12.47	0	36

HEROINRISK ASSIST Heroin Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	72	50	103	59	15	33	195	49.4
2 Moderate Risk (4-26)	45	32	51	29	13	28	117	29.6
3 High Risk (27-39)	26	18	20	12	18	39	83	21.0
Valid responses =	143	36	174	44	46	12	395	0.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

SSISRXP OPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.21	0.00	7.42	0	36
Cis Women	2.31	0.00	5.84	0	34
Trans/Gender Non-conforming	5.11	0.00	9.1	0	36
Overall	3.14	0.00	7.28	0	37

RX OPIOID RISK ASSIST Opioid Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	503	81	838	84	128	69	1492	80.7
2 Moderate Risk (4-26)	90	15	134	14	43	23	274	14.8
3 High Risk (27-39)	29	5	24	2	15	8	82	4.4
Valid responses =	622	34	996	54	186	10	1848	2.8

Invalid responses include no response.

SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	10.17	6.00	10.83	0	39
Cis Women	8.08	5.00	9.52	0	38
Trans/Gender Non-conforming	13.73	9.00	12.54	0	36
Overall	10.29	6.00	11.1	0	39

OTHER SSIS RISK ASSIST Other Drug Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	71	40	96	44	22	35	193	39.8
2 Moderate Risk (4-26)	83	46	102	47	23	37	214	44.1
3 High Risk (27-39)	25	14	21	10	18	29	78	16.1
Valid responses =	179	37	219	45	63	13	485	0.7

Invalid responses include no response.

PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Cis Men	549.80	360.00	632.96	0	11040
Cis Women	454.60	290.00	614.57	0	11040
Trans/Gender Non-conforming	370.81	210.00	504.4	0	11037
Overall	475.46	300.00	616.62	0	11040

PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3889	22	12102	29	1529	37	17853	27.6
2 Yes	14053	78	29544	71	2631	63	46917	72.4
Valid responses =	17942	28	41646	64	4160	6	64770	98.2

Invalid responses include no response.

PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7749	43	23743	57	2966	71	35044	54.1
2 Yes	10191	57	17901	43	1194	29	29722	45.9
Valid responses =	17940	28	41644	64	4160	6	64766	98.2

Invalid responses include no response.

HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9565	53	27520	66	3266	79	41030	63.4
2 Yes	8375	47	14124	34	894	22	23736	36.6
Valid responses =	17940	28	41644	64	4160	6	64766	98.2

Invalid responses include no response.

References

¹ Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2025

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

August 18, 2025

FREQUENCY REPORT

Number of Surveys (n) = 65950 Web Surveys

The following questions about guns/firearms are included in all surveys unless a school choses to opt-out. The firearm questions were included in the ACHA-NCHA at 71 schools.

86A) Do you have access to a gun/firearm?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	10304	83	25627	90	2790	93	39066	88.0	
2 Yes	2116	17	2942	10	219	7	5327	12.0	
Valid responses =	12420	28	28569	64	3009	0	44393	67.3	
Invalid responses include no response.									

86B) During the last 30 days, on how many days did you carry a gun/firearm on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 days	11958	99	27608	100	2889	99	42796	99.4	
2 1-2 days	25	0	20	0	2	0	49	0.1	
3 3-4 days	20	0	9	0	1	0	30	0.1	
4 5-30 days	103	1	44	0	13	0	161	0.4	
Valid responses =	12106	28	27681	64	2905	7	43036	65.3	
Invalid responses include no response.									

	Mean	Median	Std Dev	Min	Max
Cis Men	0.16	0.00	1.91	0	30
Cis Female	0.03	0.00	0.8	0	30
Trans/Gender Non-conforming	0.07	0.00	1.25	0	30
Overall	0.07	0.00	1.25	0	30

86C) To what extent are you concerned about gun violence on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not at all concerned	6745	54	9877	35	869	29	17659	39.7	
2 Slightly concerned	3676	30	10879	38	1168	39	15840	35.6	
3 Moderately concerned	1325	11	5241	18	671	22	7320	16.5	
4 Very concerned	437	4	1688	6	206	7	2355	5.3	
5 Extremely concerned	268	2	896	3	102	3	1279	2.9	
Valid responses =	12451	28	28581	64	3016	7	44453	67.4	
Invalid responses include no response.									