



# **SPRING 2024**

## Reference Group Data Report



AMERICAN  
COLLEGE  
HEALTH  
ASSOCIATION

### Demographics of Participating Institutions

One hundred and fifty-five postsecondary institutions self-selected to participate in the Spring 2024 ACHA National College Health Assessment and 103,695 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all students or used a random sampling technique, and used the ACHA-NCHA III (currently only offered as a web survey) are included in the analysis, yielding a final data set consisting of 103,639 students at 154 schools. Demographic characteristics of the 154 campuses follow.

<b>Demographical Characteristics of the 154 US Postsecondary Institutions Included in the Spring 2024 ACHA-NCHA III Reference Group</b>	
<b>Campus Characteristic</b> (from 2022 Dept. of Education IPEDS data files)	<b><i>n</i></b>
Type of Institution	
Public	115
Private	39
2-year	10
4-year or above	144
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	26
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	47
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX, VA, WV)	44
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	37
Campus Size	
< 2,500 students	30
2,500 – 4,999 students	22
5,000 – 9,999 students	25
10,000 – 19,999 students	35
20,000 students or more	42
Campus Setting	
Urban	74
Suburban	44
Town	32
Rural	4
Carnegie Classification	
Associates Colleges	10
Baccalaureate Colleges	28
Baccalaureate/Associates Colleges	2
Masters Colleges and Universities	54
Doctoral Universities	58
Special Focus Institutions	2

<b>Demographical Characteristics of the 154 US Postsecondary Institutions Included in the Spring 2024 ACHA-NCHA III Reference Group</b>	
<b>Campus Characteristic</b> (from 2022 Dept. of Education IPEDS data files)	<b><i>n</i></b>
ACHA Membership Status Institutional Member Nonmember	128 26
Religious Affiliation No Yes	137 17
Postsecondary Minority Institution (US Department of Education) No Yes *If yes: Historically Black College or University (HBCU) Hispanic-serving Institution (HSI) Tribal College or University Predominately Black Institution Asian American and Native American Pacific Islander-serving Alaska Native-serving or Native Hawaiian-serving Institution Native American-serving Nontribal Institution  *institutions may hold more than one type of minority status	116 38  1 30 0 2 15 0 1
<b>NOTE:</b> In an effort to protect the identity of the participating institutions, the minority institution status variables have been recoded into a single dichotomous (yes/no) variable in the Reference Group SPSS data files. Secondary researchers with access to the blind data files will not be able to ascertain which type of minority status designation an institution holds.	

	<b>Spring 2024 Institutions</b>
Number of institutions	154
Number of students	103,639
Mean response proportion	12%
Median response proportion	10%

**We need to draw your attention to an important change in your ACHA-NCHA Report documents. Beginning in Spring 2021, responses for transgender and gender-nonconforming students are readily available directly in the report documents. This represents an important change in the way we have been reporting ACHA-NCHA results. We've prepared the following information to better explain the specific changes, our reasoning for doing so, and tips for using these redesigned report documents.**

**I. What we've done to date**

- The ACHA-NCHA has asked respondents about their gender identity for 12 years.
- Data on transgender and gender-nonconforming (TGNC) students was available in the data file, but not displayed explicitly in the report documents in an effort to protect the privacy of TGNC students, particularly those students in smaller campus environments and at schools that publicly shared their ACHA-NCHA report documents.
- We have been trying to find the right balance between protecting students' privacy and making the results accessible to campus surveyors who may not use the statistical software that would be required to extract this information directly from the data files. Until now, we've erred on the side of protecting student privacy.

**II. Why change?**

- The number of TGNC students in our samples has been increasing over the years. Between 2008 and 2015, the number of students identifying as TGNC was very small (less than 0.05%). We've learned over the years that gender identity is complex and fluid. To better capture this complexity, we began asking separate questions about sex at birth and gender identity in Fall 2015. Now TGNC students tend to represent 3-4% of the overall sample.
- With greater number of students identifying as TGNC on the ACHA-NCHA in recent years, we have a better opportunity to understand their needs and behaviors than we have in years past.
- A number of health disparities between TGNC students and their cisgender peers have been well documented<sup>[1]</sup>, and schools need readily available access to this data in order to better address the needs of TGNC students.

**III. What's different about the way we are reporting?**

- First – a note about how we have been reporting ACHA-NCHA results to date. RSEX is a variable we create based on the responses to the questions on sex at birth, whether or not a student identifies as transgender, and their gender identity. The RSEX variable had allowed us to sort respondents into 4 groups for reporting purposes: male, female, non-binary, and missing. (Details about this variable can be found in all report documents.)
- The value labels for RSEX have been revised to better represent gender identity rather than sex. A value of "1" has been changed from "Male" to "Cis Men<sup>[2]</sup>." A "2" has been changed from "Female" to "Cis Women<sup>[3]</sup>." The value "3" has been changed from "non-binary" to "Transgender and Gender-Nonconforming" (TGNC), as it's a more accurate and inclusive term. The value "4" on RSEX remains "missing/unknown" and is used for students who do not answer all three questions.
- The "missing/unknown" column in the Data Report document has been replaced with a "Trans/Gender-Nonconforming" column. Because space limitations in the report prevent us from displaying all 4 categories plus a total column in the same document, it's now the "missing/unknown" column that is not displayed. Now when the Total of any given row is higher than the sum of the cis men, cis women, and TGNC respondents, the difference can be attributed to "missing/unknown" respondents that selected the response option presented in that row.
- A column for "Trans/Gender-Nonconforming" has been added the Executive Summary Report document.

**IV. Important considerations with this new format**

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

**Questions about this report? Please reach out to Christine Kukich at [Ckukich@acha.org](mailto:Ckukich@acha.org)**

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[1] Greathouse M, BrckaLorenz A, Hoban M, Huseman R, Rankin S, Stolzenberg EB. (2018). Queer-spectrum and trans-spectrum student experiences in American higher education: The analysis of national survey findings. New Brunswick, NJ: Tyler Clementi Center, Rutgers University.

[2] Cisgender refers to people whose gender identity matches their sex assigned at birth. Cis men is short for "cisgender men" and is a term used to describe persons who identify as men and were assigned male at birth.

[3] Cis women is short for "cisgender women" and is a term used to describe persons who identify as women and were assigned female at birth.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2024

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. **Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.**

#### A note about the use of sex and gender in this report:

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

#### 1) How would you describe your overall health?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	4805	19	5932	10	285	5	11267	11.7
2 Very good	10744	41	23770	38	1586	26	36685	38.1
3 Good	7927	30	24660	40	2638	43	35824	37.2
4 Fair	2232	9	7124	11	1414	23	11005	11.4
5 Poor	335	1	845	1	267	4	1504	1.6
Valid responses =	26043	27	62331	65	6190	6	96285	92.9

Invalid responses include no response.

#### 2A) I feel that I belong at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	571	2	948	1	148	2	1751	1.7
2 Disagree	794	3	1586	2	298	5	2768	2.7
3 Somewhat disagree	1510	5	3577	5	538	8	5783	5.6
4 Somewhat agree	5973	21	15344	23	1915	29	23680	22.9
5 Agree	12176	43	29949	45	2796	42	45621	44.2
6 Strongly agree	7147	25	15186	23	937	14	23640	22.9
Valid responses =	28171	27	66590	64	6632	6	103243	99.6

Invalid responses include no response.

#### R2B) I feel that students' health and well-being is a priority of my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	729	3	1402	2	271	4	2517	2.4
2 Disagree	1176	4	3005	5	634	10	4944	4.8
3 Somewhat disagree	2453	9	6299	10	1022	15	10027	9.7
4 Somewhat agree	8598	31	21816	33	2436	37	33392	32.4
5 Agree	10261	37	24101	36	1740	26	36646	35.5
6 Strongly agree	4915	18	9889	15	523	8	15588	15.1
Valid responses =	28132	27	66512	65	6626	6	103114	99.5

Invalid responses include no response.

#### R2C) I feel that the climate of my college/university encourages free and open discussion about students' health and well-being.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	577	2	1046	2	185	3	1895	1.8
2 Disagree	859	3	1989	3	378	6	3333	3.2
3 Somewhat disagree	1958	7	4910	7	833	13	7916	7.7
4 Somewhat agree	7539	27	18659	28	2236	34	28971	28.1
5 Agree	11251	40	27120	41	2203	33	41174	40.0
6 Strongly agree	5917	21	12761	19	785	12	19756	19.2
Valid responses =	28101	27	66485	65	6620	6	103045	99.4

Invalid responses include no response.





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#### R2D) We are a college/university where we look out for each other.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	803	3	1405	2	261	4	2576	2.5
2 Disagree	1306	5	2744	4	510	8	4693	4.6
3 Somewhat disagree	2782	10	6756	10	1018	15	10814	10.5
4 Somewhat agree	8730	31	21795	33	2484	38	33560	32.6
5 Agree	9564	34	23402	35	1735	26	35201	34.2
6 Strongly agree	4863	17	10285	16	593	9	16022	15.6
Valid responses =	28048	27	66387	65	6601	6	102866	99.3

Invalid responses include no response.

#### 3A) How many hours do you spend in a typical week (7 days) on the following activities?

##### Attending classes, discussion sections, or labs

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	549	2	1398	2	133	2	2110	2.0
2 1-5 hours	3671	13	10718	16	828	13	15462	15.0
3 6-10 hours	7477	27	18242	27	1860	28	28081	27.2
4 11-15 hours	7739	28	17122	26	1923	29	27246	26.4
5 16-20 hours	5284	19	11352	17	1218	18	18200	17.6
6 21-25 hours	1763	6	4040	6	402	6	6320	6.1
7 26-30 hours	778	3	1936	3	146	2	2912	2.8
8 More than 30 hours	928	3	1745	3	122	2	2864	2.8
Valid responses =	28189	27	66553	64	6632	6	103195	99.6

Invalid responses include no response.

#### 3B) How many hours do you spend in a typical week (7 days) on the following activities?

##### Studying and other academic activities outside of class

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	354	1	682	1	68	1	1132	1.1
2 1-5 hours	6290	22	15033	23	1569	24	23277	22.6
3 6-10 hours	8133	29	20183	30	2094	32	30901	30.0
4 11-15 hours	5284	19	12541	19	1247	19	19387	18.8
5 16-20 hours	3488	12	8269	12	784	12	12813	12.4
6 21-25 hours	1874	7	4273	6	374	6	6652	6.5
7 26-30 hours	1134	4	2661	4	234	4	4101	4.0
8 More than 30 hours	1578	6	2830	4	248	4	4771	4.6
Valid responses =	28135	27	66472	65	6618	6	103034	99.4

Invalid responses include no response.

#### 3C) How many hours do you spend in a typical week (7 days) on the following activities?

##### Attending cultural events, movies, concerts, sports or other entertainment with others

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	7845	28	18418	28	2117	32	28863	28.0
2 1-5 hours	14895	53	38879	58	3736	56	58438	56.7
3 6-10 hours	3458	12	6246	9	526	8	10453	10.1
4 11-15 hours	1109	4	1709	3	140	2	3031	2.9
5 16-20 hours	434	2	712	1	46	1	1240	1.2
6 21-25 hours	200	1	291	0	25	0	539	0.5
7 26-30 hours	95	0	155	0	12	0	272	0.3
8 More than 30 hours	108	0	110	0	17	0	261	0.3
Valid responses =	28144	27	66520	65	6619	6	103097	99.5

Invalid responses include no response.

#### 3D) How many hours do you spend in a typical week (7 days) on the following activities?

##### Performing community service or volunteer activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	17614	63	37517	56	4405	67	60472	58.7
2 1-5 hours	8136	29	23499	35	1769	27	33968	33.0
3 6-10 hours	1332	5	3455	5	263	4	5197	5.0
4 11-15 hours	506	2	1044	2	79	1	1691	1.6
5 16-20 hours	239	1	559	1	51	1	898	0.9
6 21-25 hours	143	1	209	0	22	0	391	0.4
7 26-30 hours	76	0	103	0	15	0	203	0.2
8 More than 30 hours	99	0	128	0	19	0	267	0.3
Valid responses =	28145	27	66514	65	6623	6	103087	99.5

Invalid responses include no response.



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FREQUENCY REPORT

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## 3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5083	18	17757	27	2628	40	25949	25.1
2 1-5 hours	10954	39	30206	45	2826	43	44670	43.3
3 6-10 hours	6923	25	11957	18	764	12	20017	19.4
4 11-15 hours	2888	10	3536	5	227	3	6770	6.6
5 16-20 hours	1265	5	1705	3	109	2	3162	3.1
6 21-25 hours	502	2	764	1	30	1	1331	1.3
7 26-30 hours	249	1	342	1	24	0	629	0.6
8 More than 30 hours	309	1	317	1	27	0	681	0.7
Valid responses =	28173	27	66584	65	6635	6	103209	99.6

Invalid responses include no response.

## 3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	17753	63	43415	65	5270	80	67517	65.5
2 1-5 hours	7783	28	18545	28	1106	17	27871	27.0
3 6-10 hours	1492	5	2919	4	137	2	4681	4.5
4 11-15 hours	513	2	836	1	50	1	1458	1.4
5 16-20 hours	254	1	372	1	20	0	688	0.7
6 21-25 hours	147	1	165	0	15	0	342	0.3
7 26-30 hours	81	0	130	0	13	0	233	0.2
8 More than 30 hours	126	0	142	0	21	0	310	0.3
Valid responses =	28149	27	66524	65	6632	6	103100	99.5

Invalid responses include no response.

## 3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	14031	50	33920	51	3144	48	51805	50.3
2 1-5 hours	9258	33	23743	36	2478	37	36119	35.1
3 6-10 hours	2841	10	5767	9	656	10	9504	9.2
4 11-15 hours	980	4	1748	3	182	3	2992	2.9
5 16-20 hours	483	2	698	1	90	1	1334	1.3
6 21-25 hours	212	1	323	1	26	0	587	0.6
7 26-30 hours	138	1	153	0	25	0	325	0.3
8 More than 30 hours	155	1	133	0	21	0	332	0.3
Valid responses =	28098	27	66485	65	6622	6	102998	99.4

Invalid responses include no response.

## 3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2108	8	4257	6	443	7	6949	6.8
2 1-5 hours	10272	37	28529	43	2568	39	42022	40.9
3 6-10 hours	7866	28	18350	28	1880	29	28606	27.8
4 11-15 hours	3860	14	7968	12	893	14	12941	12.6
5 16-20 hours	1900	7	3588	5	384	6	6002	5.8
6 21-25 hours	870	3	1492	2	188	3	2599	2.5
7 26-30 hours	427	2	871	1	97	2	1425	1.4
8 More than 30 hours	731	3	1246	2	149	2	2178	2.1
Valid responses =	28034	27	66301	65	6602	6	102722	99.1

Invalid responses include no response.

## 3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	17389	63	42026	64	4900	75	65355	64.2
2 1-5 hours	7589	27	18759	29	1357	21	28145	27.6
3 6-10 hours	1725	6	3484	5	181	3	5535	5.4
4 11-15 hours	547	2	880	1	48	1	1524	1.5
5 16-20 hours	246	1	335	1	29	0	648	0.6
6 21-25 hours	136	1	119	0	12	0	290	0.3
7 26-30 hours	69	0	59	0	11	0	146	0.1
8 More than 30 hours	87	0	55	0	14	0	177	0.2
Valid responses =	27788	27	65717	65	6552	6	101820	98.2

Invalid responses include no response.



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### 3J) How many hours do you spend in a typical week (7 days) on the following activities?

#### Spending time with family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	9419	34	18990	29	2774	42	31741	30.9
2 1-5 hours	9881	35	25583	39	2381	36	38506	37.5
3 6-10 hours	3705	13	9127	14	660	10	13729	13.4
4 11-15 hours	1718	6	4204	6	277	4	6318	6.1
5 16-20 hours	1040	4	2508	4	164	3	3787	3.7
6 21-25 hours	551	2	1315	2	91	1	1998	1.9
7 26-30 hours	370	1	929	1	58	1	1374	1.3
8 More than 30 hours	1335	5	3730	6	201	3	5343	5.2
Valid responses =	28019	27	66386	65	6606	6	102796	99.2

Invalid responses include no response.

### 3K) How many hours do you spend in a typical week (7 days) on the following activities?

#### Watching TV, streaming movies/TV, or other media for entertainment

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1809	6	3838	6	427	7	6221	6.0
2 1-5 hours	10486	37	28549	43	2311	35	42067	40.8
3 6-10 hours	7992	28	19463	29	1933	29	29875	29.0
4 11-15 hours	3944	14	7807	12	986	15	12939	12.6
5 16-20 hours	2003	7	3613	5	480	7	6214	6.0
6 21-25 hours	836	3	1494	2	190	3	2566	2.5
7 26-30 hours	416	2	796	1	119	2	1357	1.3
8 More than 30 hours	639	2	974	2	171	3	1826	1.8
Valid responses =	28125	27	66534	65	6617	6	103065	99.4

Invalid responses include no response.

### 3L) How many hours do you spend in a typical week (7 days) on the following activities?

#### Gaming

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	9333	33	46580	70	2503	38	59243	57.6
2 1-5 hours	8857	32	13212	20	2106	32	24650	23.9
3 6-10 hours	4756	17	3756	6	1040	16	9790	9.5
4 11-15 hours	2518	9	1422	2	483	7	4527	4.4
5 16-20 hours	1232	4	739	1	221	3	2253	2.2
6 21-25 hours	580	2	348	1	110	2	1069	1.0
7 26-30 hours	322	1	183	0	45	1	561	0.5
8 More than 30 hours	507	2	196	0	109	2	848	0.8
Valid responses =	28105	27	66436	65	6617	6	102941	99.3

Invalid responses include no response.

### 3M) How many hours do you spend in a typical week (7 days) on the following activities?

#### Using social media

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2626	9	3101	5	474	7	6361	6.2
2 1-5 hours	10112	36	24686	37	2238	34	37674	36.8
3 6-10 hours	7791	28	20446	31	1932	29	30649	29.9
4 11-15 hours	3794	14	9421	14	965	15	14426	14.1
5 16-20 hours	1882	7	4427	7	489	7	6908	6.7
6 21-25 hours	792	3	1876	3	216	3	2938	2.9
7 26-30 hours	408	2	1056	2	95	1	1590	1.6
8 More than 30 hours	533	2	1155	2	155	2	1889	1.8
Valid responses =	27938	27	66168	65	6564	6	102435	98.8

Invalid responses include no response.

### 3N) How many hours do you spend in a typical week (7 days) on the following activities?

#### Commuting to school and/or to work

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5855	21	15217	23	1861	28	23322	22.7
2 1-5 hours	15979	57	36922	56	3488	53	57293	55.8
3 6-10 hours	4060	15	9350	14	902	14	14595	14.2
4 11-15 hours	1113	4	2540	4	195	3	3944	3.8
5 16-20 hours	468	2	968	2	70	1	1554	1.5
6 21-25 hours	195	1	450	1	23	0	691	0.7
7 26-30 hours	143	1	283	0	23	0	460	0.4
8 More than 30 hours	218	1	525	1	25	0	788	0.8
Valid responses =	28031	27	66255	65	6587	6	102647	99.0

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

### 3O) How many hours do you spend in a typical week (7 days) on the following activities?

#### Working for pay

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	11595	42	21761	33	2380	36	36349	35.5
2 1-5 hours	2480	9	6353	10	602	9	9692	9.5
3 6-10 hours	3135	11	9103	14	1002	15	13492	13.2
4 11-15 hours	2564	9	7286	11	777	12	10798	10.6
5 16-20 hours	3092	11	7803	12	777	12	11858	11.6
6 21-25 hours	1308	5	3677	6	373	6	5457	5.3
7 26-30 hours	849	3	2356	4	212	3	3461	3.4
8 More than 30 hours	2882	10	7667	12	454	7	11145	10.9
Valid responses =	27905	27	66006	65	6577	6	102252	98.7

Invalid responses include no response.

### 3P) How many hours do you spend in a typical week (7 days) on the following activities?

#### Participating in meditation or meditative activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	20516	73	47896	72	4726	72	74246	72.2
2 1-5 hours	5875	21	15760	24	1587	24	23660	23.0
3 6-10 hours	861	3	1627	3	182	3	2779	2.7
4 11-15 hours	335	1	484	1	45	1	906	0.9
5 16-20 hours	202	1	273	0	26	0	539	0.5
6 21-25 hours	106	0	131	0	15	0	266	0.3
7 26-30 hours	73	0	93	0	10	0	188	0.2
8 More than 30 hours	86	0	95	0	16	0	211	0.2
Valid responses =	28054	27	66359	65	6607	6	102795	99.2

Invalid responses include no response.

### 3Q) How many hours do you spend in a typical week (7 days) on the following activities?

#### Performing unpaid household responsibilities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5554	20	9493	14	1007	15	16390	15.9
2 1-5 hours	14516	52	34991	53	3574	54	53940	52.3
3 6-10 hours	5113	18	12880	19	1312	20	19638	19.0
4 11-15 hours	1546	6	4385	7	384	6	6421	6.2
5 16-20 hours	622	2	1977	3	176	3	2849	2.8
6 21-25 hours	320	1	939	1	80	1	1371	1.3
7 26-30 hours	190	1	635	1	43	1	885	0.9
8 More than 30 hours	316	1	1298	2	57	1	1702	1.6
Valid responses =	28177	27	66598	65	6633	6	103196	99.6

Invalid responses include no response.

### 3R) How many hours do you spend in a typical week (7 days) on the following activities?

#### Taking care of children or other family members (unpaid)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	22796	81	50815	76	5596	84	80476	78.0
2 1-5 hours	2539	9	6843	10	537	8	10143	9.8
3 6-10 hours	1016	4	2605	4	208	3	3925	3.8
4 11-15 hours	507	2	1331	2	79	1	1969	1.9
5 16-20 hours	338	1	940	1	61	1	1391	1.3
6 21-25 hours	205	1	540	1	39	1	810	0.8
7 26-30 hours	171	1	492	1	26	0	704	0.7
8 More than 30 hours	588	2	3013	5	89	1	3735	3.6
Valid responses =	28160	27	66579	65	6635	6	103153	99.5

Invalid responses include no response.

### 4) How do you describe your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	395	1	438	1	110	2	969	0.9
2 Slightly underweight	3368	12	5136	8	808	12	9482	9.2
3 About the right weight	14278	51	34242	51	2877	43	52340	50.7
4 Slightly overweight	8438	30	21669	33	2213	33	32843	31.8
5 Very overweight	1740	6	5136	8	620	9	7609	7.4
Valid responses =	28219	27	66621	65	6628	6	103243	99.6

Invalid responses include no response.



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#### 5) Are you trying to do any of the following about your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	5280	19	13474	20	2225	34	21432	20.8
2 Stay the same weight	5988	21	13257	20	1066	16	20727	20.1
3 Lose weight	11305	40	36270	54	2755	42	51050	49.4
4 Gain weight	5643	20	3632	6	582	9	10031	9.7
Valid responses =	28216	27	66633	65	6628	6	103240	99.6

Invalid responses include no response.

#### 6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	941	3	1845	3	225	3	3088	3.0
1 1 to 149 Minutes	12714	45	31691	48	3302	50	48524	47.4
2 150 to 299 Minutes	6578	23	15317	23	1443	22	23712	23.2
3 300 or More Minutes	7827	28	17291	26	1590	24	27061	26.4
Valid responses =	28060	27	66144	65	6560	6	102385	98.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	239.09	150.00	334.8	0	5040
Cis Women	238.44	135.00	363.74	0	5040
Trans/Gender Non-conforming	234.53	120.00	375.4	0	5040
Overall	237.90	140.00	356.28	0	5040

#### 7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	6542	23	24563	37	2865	44	34485	33.8
1 1 to 74 Minutes	8287	30	19675	30	2109	32	30580	29.9
2 75 to 149 Minutes	4072	15	8317	13	629	10	13236	13.0
3 150 or More Minutes	9140	33	13439	20	915	14	23870	23.4
Valid responses =	28041	27	65994	65	6518	6	102171	98.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	151.44	60.00	235.87	0	3000
Cis Women	98.80	30.00	193.12	0	3000
Trans/Gender Non-conforming	70.35	15.00	159.28	0	3000
Overall	111.67	40.00	205.78	0	3000

#### 8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	8385	30	28301	43	3635	55	40970	39.7
1 1 day	2970	11	8201	12	804	12	12211	11.8
2 2 days	3586	13	9659	15	818	12	14303	13.9
3 3 days	4054	14	8629	13	623	9	13483	13.1
4 4 days	3213	11	5101	8	324	5	8784	8.5
5 5 days	3165	11	4085	6	236	4	7606	7.4
6 6 days	1739	6	1601	2	84	1	3497	3.4
7 7 days	1097	4	1013	2	92	1	2251	2.2
Valid responses =	28209	27	66590	65	6616	6	103105	99.5

Invalid responses include no response.



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#### 9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?

One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.

If you do not drink sugar-sweetened beverages, please enter 0.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	9515	34	18410	28	1635	25	30084	29.4
2 1 serving	5243	19	14385	22	1590	24	21521	21.0
3 2 servings	4023	14	10396	16	1178	18	15833	15.5
4 3 servings	2440	9	6205	9	580	9	9336	9.1
5 4 servings	1477	5	3648	6	355	5	5553	5.4
6 5 servings	1238	4	2976	5	282	4	4560	4.5
7 6 servings	686	2	1642	3	126	2	2486	2.4
8 7 servings	787	3	2638	4	215	3	3679	3.6
9 8 servings	434	2	1019	2	90	1	1563	1.5
10 9 or more servings	2159	8	4816	7	531	8	7628	7.5
Valid responses =	28002	27	66135	65	6582	6	102243	98.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.82	1.00	4.47	0	30
Cis Women	2.95	2.00	4.47	0	30
Trans/Gender Non-conforming	2.96	2.00	4.42	0	30
Overall	2.91	1.00	4.47	0	30

#### 9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?

(for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	18046	65	45425	69	4348	67	68812	67.7
2 1-2 days	3311	12	7081	11	679	10	11240	11.1
3 3-4 days	1720	6	3727	6	361	6	5904	5.8
4 5-10 days	2354	9	4970	8	542	8	7993	7.9
5 11-15 days	652	2	1503	2	169	3	2358	2.3
6 16-20 days	614	2	1250	2	164	3	2063	2.0
7 21-25 days	426	2	671	1	112	2	1224	1.2
8 26-30 days	715	3	1172	2	158	2	2083	2.0
Valid responses =	27838	27	65799	65	6533	6	101677	98.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.85	0.00	6.45	0	30
Cis Women	2.34	0.00	5.74	0	30
Trans/Gender Non-conforming	2.90	0.00	6.54	0	30
Overall	2.52	0.00	6.01	0	30

#### 10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	4901	17	9052	14	1316	20	15561	15.1
2 1-2 servings per day	18058	64	45879	69	4311	65	69186	67.2
3 3-4 servings per day	4408	16	9976	15	865	13	15509	15.1
4 5-6 servings per day	571	2	1243	2	103	2	1968	1.9
5 More than 6 servings per day	234	1	400	1	24	0	681	0.7
Valid responses =	28172	27	66550	65	6619	6	102905	99.3

Invalid responses include no response.

#### 11) In the last 7 days, how many servings of vegetables did you eat on average per day?

One serving is 1/2 cup of fresh, frozen, or canned vegetables; 3/4 cup 100% vegetable juice; or 1 cup salad greens

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	3553	13	6531	10	889	13	11179	10.9
2 1-2 servings per day	16784	60	41673	63	3914	59	63260	61.4
3 3-4 servings per day	6553	23	15455	23	1530	23	23902	23.2
4 5-6 servings per day	982	4	2313	4	220	3	3599	3.5
5 More than 6 servings per day	327	1	599	1	67	1	1023	1.0
Valid responses =	28199	27	66571	65	6620	6	102963	99.3

Invalid responses include no response.



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12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

The food that I bought just didn't last, and I didn't have money to get more

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never True	16115	57	34739	52	3093	47	54699	53.3	
1 Sometimes True	9463	34	24338	37	2521	38	36899	36.0	
2 Often True	2526	9	7245	11	991	15	10964	10.7	
Valid responses =	28104	27	66322	65	6605	6	102562	99.0	
Invalid responses include no response.									

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

I couldn't afford to eat balanced meals.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never True	16120	58	34256	52	2869	44	53965	52.7	
1 Sometimes True	8358	30	22003	33	2249	34	33159	32.4	
2 Often True	3545	13	9942	15	1481	22	15227	14.9	
Valid responses =	28023	27	66201	65	6599	6	102351	98.8	
Invalid responses include no response.									

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	18067	64	41210	62	3540	53	63666	61.8	
1 Only 1 or 2 days	4166	15	10680	16	1163	18	16259	15.8	
2 Yes, some days, but not every day	4637	16	11865	18	1441	22	18270	17.7	
3 Yes, almost every day	1350	5	2883	4	485	7	4846	4.7	
Valid responses =	28220	27	66638	65	6629	6	103041	99.4	
Invalid responses include no response.									

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	20829	74	47951	72	4195	63	74007	71.9	
1 Yes	7380	26	18663	28	2432	37	28983	28.1	
Valid responses =	28209	27	66614	65	6627	6	102990	99.4	
Invalid responses include no response.									

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	22408	79	52235	78	4612	70	80366	78.0	
1 Yes	5803	21	14392	22	2015	30	22639	22.0	
Valid responses =	28211	27	66627	65	6627	6	103005	99.4	
Invalid responses include no response.									

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Under 5 minutes	3114	11	5751	9	375	6	9378	9.1	
2 5-15 minutes	9932	35	20952	31	1705	26	33000	32.0	
3 16-30 minutes	7880	28	18834	28	1867	28	29018	28.2	
4 31 minutes - 1 hour	4863	17	13691	21	1625	25	20540	19.9	
5 over 1 hour	2399	9	7402	11	1059	16	11058	10.7	
Valid responses =	28188	27	66630	65	6631	6	102994	99.4	
Invalid responses include no response.									

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Less than 4 hours	356	1	704	1	130	2	1237	1.2	
2 4 hours	880	3	2077	3	262	4	3287	3.2	
3 5 hours	3166	11	7734	12	889	13	11987	11.6	
4 6 hours	7794	28	17537	26	1671	25	27427	26.6	
5 7 hours	9835	35	21631	32	2090	32	33997	33.0	
6 8 hours	5068	18	12997	20	1159	18	19499	18.9	
7 9 hours	841	3	2927	4	337	5	4165	4.0	
8 10 or more hours	277	1	1057	2	99	2	1466	1.4	
Valid responses =	28217	27	66664	65	6637	6	103065	99.4	
Invalid responses include no response.									



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FREQUENCY REPORT

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#### 15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	272	1	547	1	81	1	941	0.9
2 4 hours	543	2	1293	2	140	2	2033	2.0
3 5 hours	1518	5	3675	6	340	5	5630	5.5
4 6 hours	3583	13	8563	13	721	11	13085	12.7
5 7 hours	6313	22	14081	21	1234	19	21940	21.3
6 8 hours	8860	31	19827	30	1847	28	30929	30.0
7 9 hours	5017	18	12847	19	1391	21	19536	19.0
8 10 or more hours	2101	7	5808	9	880	13	8925	8.7
Valid responses =	28207	27	66641	65	6634	6	103019	99.4

Invalid responses include no response.

#### 16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	14057	50	29551	44	2812	43	47044	45.7
2 1 day	5529	20	12850	19	1262	19	19931	19.4
3 2 days	3918	14	10741	16	1063	16	15938	15.5
4 3 days	2002	7	5786	9	638	10	8578	8.3
5 4 days	924	3	2846	4	307	5	4179	4.1
6 5 days	760	3	2155	3	213	3	3184	3.1
7 6 days	272	1	810	1	105	2	1216	1.2
8 7 days	716	3	1815	3	220	3	2797	2.7
Valid responses =	28178	27	66554	65	6620	6	102867	99.3

Invalid responses include no response.

#### 16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	1877	7	1824	3	133	2	3914	3.8
2 1 day	3130	11	3869	6	290	4	7419	7.2
3 2 days	5402	19	8652	13	644	10	14923	14.5
4 3 days	5277	19	11093	17	843	13	17450	16.9
5 4 days	3573	13	9063	14	828	13	13665	13.3
6 5 days	3432	12	10175	15	913	14	14714	14.3
7 6 days	1454	5	5189	8	560	9	7293	7.1
8 7 days	4059	14	16741	25	2415	36	23575	22.9
Valid responses =	28204	27	66606	65	6626	6	102953	99.3

Invalid responses include no response.

#### 16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	9858	35	19413	29	1507	23	31197	30.3
2 1 day	6939	25	14914	22	1304	20	23477	22.8
3 2 days	4058	14	10507	16	1056	16	15821	15.4
4 3 days	2208	8	6310	10	694	11	9371	9.1
5 4 days	1410	5	4074	6	449	7	6045	5.9
6 5 days	1351	5	3916	6	453	7	5819	5.7
7 6 days	661	2	2125	3	294	4	3137	3.0
8 7 days	1691	6	5328	8	865	13	8028	7.8
Valid responses =	28176	27	66587	65	6622	6	102895	99.3

Invalid responses include no response.

#### 16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	3732	13	12629	19	1533	23	18171	17.7
2 1 day	4454	16	13411	20	1277	19	19412	18.9
3 2 days	5462	19	13679	21	1319	20	20766	20.2
4 3 days	4152	15	9286	14	802	12	14459	14.0
5 4 days	3545	13	6652	10	645	10	11013	10.7
6 5 days	3341	12	5656	9	565	9	9705	9.4
7 6 days	1972	7	2945	4	281	4	5267	5.1
8 7 days	1533	5	2330	4	202	3	4126	4.0
Valid responses =	28191	27	66588	65	6624	6	102919	99.3

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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## 16E) On how many of the last 7 days did you: Take a nap?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	11494	41	26598	40	2541	38	41180	40.0
2 1 day	5902	21	13377	20	1249	19	20822	20.2
3 2 days	4366	16	10461	16	1053	16	16111	15.7
4 3 days	2693	10	6697	10	720	11	10290	10.0
5 4 days	1455	5	3653	6	420	6	5633	5.5
6 5 days	1054	4	2644	4	283	4	4059	3.9
7 6 days	433	2	1166	2	127	2	1754	1.7
8 7 days	795	3	1984	3	235	4	3061	3.0
Valid responses =	28192	27	66580	65	6628	6	102910	99.3

Invalid responses include no response.

## 16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	3626	22	6361	16	544	13	10701	17.4
2 Between 30 and 59 minutes	7613	46	17413	44	1671	41	27088	44.1
3 Between 60 and 119 minutes	4293	26	11702	29	1297	32	17553	28.6
4 2 hours or more	1097	7	4341	11	561	14	6109	9.9
Valid responses =	16629	27	39817	65	4073	7	61451	59.3

Invalid responses include no response.

## 17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	16506	59	45846	69	4487	68	67748	66.1
2 Never	4934	18	8301	13	665	10	14110	13.8
3 Rarely	1333	5	2272	3	208	3	3868	3.8
4 Sometimes	980	4	1819	3	198	3	3052	3.0
5 Most of the time	1157	4	2068	3	240	4	3538	3.5
6 Always	3169	11	6068	9	801	12	10197	9.9
Valid responses =	28079	27	66374	65	6599	6	102513	98.9

Invalid responses include no response.

## 17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	23388	83	58995	89	6037	92	89634	87.5
2 Never	1818	7	2885	4	189	3	4986	4.9
3 Rarely	317	1	432	1	42	1	821	0.8
4 Sometimes	361	1	447	1	36	1	891	0.9
5 Most of the time	448	2	550	1	41	1	1067	1.0
6 Always	1707	6	2996	5	256	4	5018	4.9
Valid responses =	28039	27	66305	65	6601	6	102417	98.8

Invalid responses include no response.

## 17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	23526	84	59888	90	5786	88	90397	88.3
2 Never	2964	11	4045	6	469	7	7613	7.4
3 Rarely	410	2	515	1	87	1	1043	1.0
4 Sometimes	295	1	398	1	73	1	813	0.8
5 Most of the time	218	1	322	1	49	1	615	0.6
6 Always	597	2	1087	2	130	2	1843	1.8
Valid responses =	28010	27	66255	65	6594	6	102324	98.7

Invalid responses include no response.

## 18A) When, if ever, was the last time you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2056	7	5093	8	785	12	8143	7.9
2 Within the last 2 weeks	19792	70	48093	72	3846	58	72582	70.5
3 More than 2 weeks but within 30 days	1327	5	2783	4	359	5	4563	4.4
4 More than 30 days but within 3 months	2486	9	5507	8	724	11	8892	8.6
5 More than 3 months but within 12 months	1635	6	3179	5	531	8	5454	5.3
6 More than 12 months ago	913	3	1942	3	390	6	3316	3.2
Valid responses =	28209	27	66597	65	6635	6	102950	99.3

Invalid responses include no response.



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#### 18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	119	1	239	1	24	1	394	0.5
1 1 to 4 Days	4218	21	8761	18	996	26	14159	19.6
2 5 to 10 Days	5935	30	15091	32	1279	33	22571	31.2
3 11 to 14 Days	9441	48	23816	50	1534	40	35135	48.6
Valid responses =	19713	27	47907	66	3833	5	72259	69.7
Invalid responses include no response.								
	Mean	Median	Std Dev	Min	Max			
Cis Men	9.26	10.00	4.6	0	14			
Cis Women	9.54	10.00	4.46	0	14			
Trans/Gender Non-conforming	8.50	9.00	4.55	0	14			
Overall	9.40	10.00	4.52	0	14			

#### 18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	8437	43	19966	42	1933	51	30716	42.6
1 1 to 4 Days	4910	25	12128	25	1042	27	18260	25.3
2 5 to 10 Days	2855	15	7956	17	499	13	11428	15.8
3 11 to 14 Days	3486	18	7747	16	350	9	11700	16.2
Valid responses =	19688	27	47797	66	3824	5	72104	69.6
Invalid responses include no response.								
	Mean	Median	Std Dev	Min	Max			
Cis Men	4.00	1.00	5.16	0	14			
Cis Women	3.97	2.00	5.02	0	14			
Trans/Gender Non-conforming	2.73	0.00	4.25	0	14			
Overall	3.91	1.00	5.03	0	14			

#### 18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	23023	91	53578	90	4833	89	82463	90.3
2 One accident	1949	8	5330	9	518	10	7916	8.7
3 Two accidents	204	1	510	1	83	2	838	0.9
4 Three or more accidents	31	0	57	0	15	0	109	0.1
Valid responses =	25207	28	59475	65	5449	6	91326	88.1
Invalid responses include no response.								

#### 19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner called me names, insulted me, or put me down to make me feel bad.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25595	91	59651	90	5989	91	92479	90.3
2 Yes	2458	9	6670	10	602	9	9885	9.7
Valid responses =	28053	27	66321	65	6591	6	102364	98.8
Invalid responses include no response.								

#### 19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26471	94	62556	94	6209	94	96519	94.4
2 Yes	1563	6	3696	6	373	6	5748	5.6
Valid responses =	28034	27	66252	65	6582	6	102267	98.7
Invalid responses include no response.								

#### 19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27250	97	64484	97	6353	97	99390	97.3
2 Yes	759	3	1722	3	217	3	2791	2.7
Valid responses =	28009	27	66206	65	6570	6	102181	98.6
Invalid responses include no response.								



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19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27689	99	65244	98	6428	98	100682	98.4
2 Yes	330	1	1038	2	150	2	1593	1.6
Valid responses =	28019	27	66282	65	6578	6	102275	98.7

Invalid responses include no response.

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27537	98	64362	97	6298	96	99507	97.4
2 Yes	461	2	1840	3	277	4	2661	2.6
Valid responses =	27998	27	66202	65	6575	6	102168	98.6

Invalid responses include no response.

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was in a physical fight.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27092	96	65661	99	6457	98	100527	97.9
2 Yes	1042	4	835	1	156	2	2120	2.1
Valid responses =	28134	27	66496	65	6613	6	102647	99.0

Invalid responses include no response.

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was physically assaulted (do not include sexual assault).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27491	98	65277	98	6402	97	100489	97.9
2 Yes	652	2	1204	2	211	3	2151	2.1
Valid responses =	28143	27	66481	65	6613	6	102640	99.0

Invalid responses include no response.

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was verbally threatened.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24787	88	60459	91	5392	82	91795	89.6
2 Yes	3294	12	5918	9	1213	18	10669	10.4
Valid responses =	28081	27	66377	65	6605	6	102464	98.9

Invalid responses include no response.

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually touched without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27271	97	62539	94	6070	92	97159	94.9
2 Yes	792	3	3737	6	523	8	5172	5.1
Valid responses =	28063	27	66276	65	6593	6	102331	98.7

Invalid responses include no response.

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27842	99	65126	98	6397	97	100690	98.2
2 Yes	271	1	1322	2	204	3	1872	1.8
Valid responses =	28113	27	66448	65	6601	6	102562	99.0

Invalid responses include no response.

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27901	99	65409	98	6437	97	101084	98.5
2 Yes	234	1	1034	2	170	3	1498	1.5
Valid responses =	28135	27	66443	65	6607	6	102582	99.0

Invalid responses include no response.



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**20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.**

**I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27501	98	63450	96	6166	93	98408	95.9
2 Yes	627	2	3013	5	445	7	4192	4.1
Valid responses =	28128	27	66463	65	6611	6	102600	99.0

Invalid responses include no response.

**R21A) How safe do you feel: On my campus (daytime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	144	1	190	0	54	1	426	0.4
2 Somewhat unsafe	306	1	917	1	163	3	1442	1.4
3 Somewhat safe	2877	10	9981	15	1294	20	14450	14.1
4 Very safe	23636	84	51065	77	4894	74	80537	78.3
5 Does not apply	1234	4	4426	7	225	3	5969	5.8
Valid responses =	28197	27	66579	65	6630	6	102824	99.2

Invalid responses include no response.

**R21B) How safe do you feel: On my campus (nighttime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	316	1	1980	3	218	3	2580	2.5
2 Somewhat unsafe	1587	6	11690	18	1266	19	14761	14.4
3 Somewhat safe	8591	31	29472	44	2920	44	41519	40.4
4 Very safe	14973	53	15506	23	1725	26	32654	31.8
5 Does not apply	2698	10	7889	12	501	8	11230	10.9
Valid responses =	28165	27	66537	65	6630	6	102744	99.1

Invalid responses include no response.

**R21C) How safe do you feel: In the community surrounding my campus (daytime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	297	1	713	1	87	1	1143	1.1
2 Somewhat unsafe	1652	6	5285	8	618	9	7686	7.5
3 Somewhat safe	8453	30	25972	39	2951	45	37908	36.9
4 Very safe	15861	56	29006	44	2550	39	48011	46.7
5 Does not apply	1915	7	5549	8	420	6	7995	7.8
Valid responses =	28178	27	66525	65	6626	6	102743	99.1

Invalid responses include no response.

**R21D) How safe do you feel: In the community surrounding my campus (nighttime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	1578	6	7443	11	781	12	9965	9.7
2 Somewhat unsafe	5046	18	20430	31	2202	33	28020	27.3
3 Somewhat safe	9785	35	22219	33	2227	34	34705	33.8
4 Very safe	8911	32	8415	13	765	12	18380	17.9
5 Does not apply	2860	10	8047	12	651	10	11709	11.4
Valid responses =	28180	27	66554	65	6626	6	102779	99.2

Invalid responses include no response.

**22A1) In your life, which of the following substances have you ever used?**

**For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.**

**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	18612	67	45694	70	4480	69	69775	69.0
3 Yes	9043	33	19917	30	2054	31	31377	31.0
Valid responses =	27655	27	65611	65	6534	6	101152	97.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9595	35	19140	29	1829	28	31113	30.8
3 Yes	18017	65	46356	71	4697	72	69868	69.2
Valid responses =	27612	27	65496	65	6526	6	100981	97.4

Invalid responses include no response.

#### 22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	17237	62	38940	60	2962	45	59985	59.4
3 Yes	10379	38	26554	41	3562	55	40998	40.6
Valid responses =	27616	27	65494	65	6524	6	100983	97.4

Invalid responses include no response.

#### 22A4) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	25636	94	61688	95	6088	94	94641	94.7
3 Yes	1744	6	3115	5	379	6	5329	5.3
Valid responses =	27380	27	64803	65	6467	6	99970	96.5

Invalid responses include no response.

#### 22A5) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	25562	93	61712	94	5983	92	94496	93.7
3 Yes	2024	7	3721	6	525	8	6375	6.3
Valid responses =	27586	27	65433	65	6508	6	100871	97.3

Invalid responses include no response.

#### 22A6) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	27095	98	64602	99	6368	98	99348	98.7
3 Yes	447	2	724	1	118	2	1337	1.3
Valid responses =	27542	27	65326	65	6486	6	100685	97.1

Invalid responses include no response.

#### 22A7) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	26142	95	63386	97	6000	92	96769	96.1
3 Yes	1384	5	1937	3	509	8	3928	3.9
Valid responses =	27526	27	65323	65	6509	6	100697	97.2

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 22A8) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	26256	95	62696	96	6077	93	96279	95.5
3 Yes	1308	5	2758	4	434	7	4586	4.5
Valid responses =	27564	27	65454	65	6511	6	100865	97.3

Invalid responses include no response.

#### 22A9) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	24374	88	60193	92	5494	84	91232	90.4
3 Yes	3226	12	5289	8	1022	16	9697	9.6
Valid responses =	27600	27	65482	65	6516	6	100929	97.4

Invalid responses include no response.

#### 22A10) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	27153	99	64557	100	6369	99	99367	99.3
3 Yes	246	1	350	1	76	1	701	0.7
Valid responses =	27399	27	64907	65	6445	6	100068	96.6

Invalid responses include no response.

#### 22A11) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	26504	96	63649	97	6205	95	97626	96.7
3 Yes	1090	4	1845	3	301	5	3304	3.3
Valid responses =	27594	27	65494	65	6506	6	100930	97.4

Invalid responses include no response.

#### 22A12) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	18345	98	39445	99	3917	97	62526	98.6
3 Yes	321	2	416	1	122	3	905	1.4
Valid responses =	18666	29	39861	63	4039	6	63431	61.2

Invalid responses include no response.

#### 22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2979	32	7502	37	746	36	11354	35.7
2 Once or twice	2266	25	4995	25	524	25	7861	24.7
3 Monthly	749	8	1384	7	159	8	2327	7.3
4 Weekly	911	10	1529	8	166	8	2639	8.3
6 Daily or almost daily	2286	25	4756	24	491	24	7619	24.0
Valid responses =	9191	29	20166	63	2086	7	31800	30.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

**22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1760	10	3746	8	555	12	6159	8.7
2 Once or twice	5054	28	15185	32	1617	34	22095	31.1
3 Monthly	4327	24	12626	27	1270	27	18420	26.0
4 Weekly	6504	35	14628	31	1188	25	22553	31.8
6 Daily or almost daily	714	4	845	2	136	3	1725	2.4
Valid responses =	18359	26	47030	66	4766	7	70952	68.5

Invalid responses include no response.

**22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3746	35	9577	36	929	26	14394	34.5
2 Once or twice	2600	25	7364	27	868	24	10950	26.3
3 Monthly	1254	12	3502	13	465	13	5301	12.7
4 Weekly	1542	15	3396	13	693	19	5708	13.7
6 Daily or almost daily	1446	14	3118	12	658	18	5309	12.7
Valid responses =	10588	25	26957	65	3613	9	41662	40.2

Invalid responses include no response.

**22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1265	71	2438	77	268	70	4017	74.4
2 Once or twice	334	19	523	17	69	18	944	17.5
3 Monthly	88	5	116	4	24	6	240	4.4
4 Weekly	57	3	48	2	7	2	119	2.2
6 Daily or almost daily	29	2	27	1	13	3	78	1.4
Valid responses =	1773	33	3152	58	381	7	5398	5.2

Invalid responses include no response.

**22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1417	69	2675	71	337	63	4479	69.1
2 Once or twice	337	16	629	17	94	18	1080	16.7
3 Monthly	97	5	164	4	31	6	303	4.7
4 Weekly	103	5	117	3	22	4	249	3.8
6 Daily or almost daily	114	6	196	5	48	9	373	5.8
Valid responses =	2068	32	3781	58	532	8	6484	6.3

Invalid responses include no response.

**22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	344	77	628	87	69	58	1061	79.4
2 Once or twice	30	7	36	5	18	15	89	6.7
3 Monthly	28	6	24	3	15	13	74	5.5
4 Weekly	21	5	19	3	3	3	46	3.4
6 Daily or almost daily	24	5	15	2	15	13	66	4.9
Valid responses =	447	33	722	54	120	9	1336	1.3

Invalid responses include no response.

**22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	910	64	1417	72	304	59	2679	67.1
2 Once or twice	321	23	410	21	133	26	882	22.1
3 Monthly	93	7	90	5	39	8	234	5.9
4 Weekly	65	5	36	2	27	5	137	3.4
6 Daily or almost daily	23	2	11	1	13	3	58	1.5
Valid responses =	1412	35	1964	49	516	13	3990	3.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2024

American College Health Association

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

**22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	929	70	1900	68	289	66	3166	68.3
2 Once or twice	188	14	473	17	72	16	738	15.9
3 Monthly	64	5	127	5	24	6	221	4.8
4 Weekly	87	7	143	5	23	5	261	5.6
6 Daily or almost daily	63	5	140	5	31	7	251	5.4
Valid responses =	1331	29	2783	60	439	9	4637	4.5

Invalid responses include no response.

**22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2189	66	3744	70	613	59	6630	67.2
2 Once or twice	880	27	1395	26	335	32	2661	27.0
3 Monthly	159	5	164	3	57	6	388	3.9
4 Weekly	53	2	48	1	17	2	127	1.3
6 Daily or almost daily	21	1	14	0	13	1	57	0.6
Valid responses =	3302	33	5365	54	1035	10	9863	9.5

Invalid responses include no response.

**22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Heroin**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	181	74	291	83	37	49	515	73.6
2 Once or twice	17	7	15	4	7	9	40	5.7
3 Monthly	11	5	19	5	11	15	49	7.0
4 Weekly	16	7	19	5	7	9	47	6.7
6 Daily or almost daily	19	8	7	2	13	17	49	7.0
Valid responses =	244	35	351	50	75	11	700	0.7

Invalid responses include no response.

**22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	904	82	1579	85	230	75	2750	82.2
2 Once or twice	114	10	172	9	35	12	329	9.8
3 Monthly	30	3	50	3	18	6	105	3.1
4 Weekly	31	3	40	2	6	2	82	2.5
6 Daily or almost daily	29	3	23	1	16	5	78	2.3
Valid responses =	1108	33	1864	56	305	9	3344	3.2

Invalid responses include no response.

**22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Other**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	115	37	154	40	34	29	318	37.1
2 Once or twice	34	11	44	11	26	22	106	12.4
3 Monthly	34	11	31	8	10	8	87	10.2
4 Weekly	38	12	32	8	14	12	89	10.4
6 Daily or almost daily	87	28	124	32	35	29	257	30.0
Valid responses =	308	36	385	45	119	14	857	0.8

Invalid responses include no response.

**22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	362	63	595	61	93	54	1074	60.9
1 Yes	188	33	349	36	69	40	622	35.3
99 Don't know	21	4	29	3	11	6	68	3.9
Valid responses =	571	32	973	55	173	10	1764	1.7

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	139	74	279	80	42	62	467	75.3
1 Yes	43	23	63	18	20	29	131	21.1
99 Don't know	6	3	6	2	6	9	22	3.5
Valid responses =	188	30	348	56	68	11	620	0.6

Invalid responses include no response.

22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	150	80	281	81	48	71	487	78.5
1 Yes	28	15	60	17	16	24	108	17.4
99 Don't know	10	5	7	2	4	6	25	4.0
Valid responses =	188	30	348	56	68	11	620	0.6

Invalid responses include no response.

22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	255	65	462	53	84	57	818	56.4
1 Yes	111	28	375	43	50	34	545	37.6
99 Don't know	29	7	38	4	14	10	87	6.0
Valid responses =	395	27	875	60	148	10	1450	1.4

Invalid responses include no response.

22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	85	77	286	77	25	51	401	73.8
1 Yes	20	18	79	21	23	47	124	22.8
99 Don't know	6	5	9	2	1	2	18	3.3
Valid responses =	111	20	374	69	49	9	543	0.5

Invalid responses include no response.

22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	96	88	306	83	32	65	439	81.6
1 Yes	9	8	53	14	14	29	79	14.7
99 Don't know	4	4	12	3	3	6	20	3.7
Valid responses =	109	20	371	69	49	9	538	0.5

Invalid responses include no response.

22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	110	55	127	45	41	56	292	50.0
1 Yes	79	40	140	50	26	36	253	43.3
99 Don't know	11	6	16	6	6	8	39	6.7
Valid responses =	200	34	283	48	73	13	584	0.6

Invalid responses include no response.

22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	52	67	107	76	9	35	172	68.3
1 Yes	17	22	32	23	15	58	66	26.2
99 Don't know	9	12	1	1	2	8	14	5.6
Valid responses =	78	31	140	56	26	10	252	0.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2024

American College Health Association

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(410) 859-1500

[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

**22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)**  
**Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	51	65	106	76	15	58	176	69.8
1 Yes	21	27	32	23	8	31	62	24.6
99 Don't know	6	8	2	1	3	12	14	5.6
Valid responses =	78	31	140	56	26	10	252	0.2

Invalid responses include no response.

**22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
**(only includes students who have used this substance within the last 3 months)**

**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2116	35	3731	31	369	28	6279	31.9
3 Once or twice	960	16	2128	18	222	17	3346	17.0
4 Monthly	327	6	632	5	102	8	1079	5.5
5 Weekly	685	11	1345	11	159	12	2221	11.3
6 Daily or almost daily	1911	32	4348	36	456	35	6787	34.4
Valid responses =	5999	30	12184	62	1308	7	19712	19.0

Invalid responses include no response.

**22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
**(only includes students who have used this substance within the last 3 months)**

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	8363	52	20224	49	1915	47	30811	49.3
3 Once or twice	3459	22	10546	25	1044	26	15207	24.3
4 Monthly	1496	9	4397	11	427	10	6403	10.2
5 Weekly	2169	14	5529	13	529	13	8311	13.3
6 Daily or almost daily	580	4	983	2	180	4	1780	2.8
Valid responses =	16067	26	41679	67	4095	7	62512	60.3

Invalid responses include no response.

**22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
**(only includes students who have used this substance within the last 3 months)**

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2861	43	6714	41	797	31	10496	40.2
3 Once or twice	1287	20	3804	23	586	23	5735	22.0
4 Monthly	524	8	1502	9	230	9	2296	8.8
5 Weekly	944	14	2201	13	458	18	3658	14.0
6 Daily or almost daily	987	15	2361	14	524	20	3938	15.1
Valid responses =	6603	25	16582	63	2595	10	26123	25.2

Invalid responses include no response.

**22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
**(only includes students who have used this substance within the last 3 months)**

**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	289	58	417	59	47	42	766	56.6
3 Once or twice	101	20	149	21	21	19	281	20.8
4 Monthly	30	6	60	9	12	11	109	8.1
5 Weekly	47	10	51	7	12	11	117	8.6
6 Daily or almost daily	28	6	25	4	21	19	81	6.0
Valid responses =	495	37	702	52	113	8	1354	1.3

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

**22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	380	59	605	55	84	43	1083	54.4
3 Once or twice	96	15	212	19	35	18	356	17.9
4 Monthly	54	8	85	8	28	14	172	8.6
5 Weekly	66	10	89	8	24	12	191	9.6
6 Daily or almost daily	49	8	110	10	23	12	190	9.5
Valid responses =	645	32	1101	55	194	10	1992	1.9

Invalid responses include no response.

**22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	27	27	31	33	10	20	71	26.1
3 Once or twice	20	20	15	16	8	16	48	17.6
4 Monthly	18	18	21	22	14	28	60	22.1
5 Weekly	19	19	8	9	9	18	42	15.4
6 Daily or almost daily	17	17	19	20	10	20	51	18.8
Valid responses =	101	37	94	35	51	19	272	0.3

Invalid responses include no response.

**22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	303	61	356	66	117	56	796	61.7
3 Once or twice	97	20	96	18	48	23	248	19.2
4 Monthly	40	8	55	10	14	7	119	9.2
5 Weekly	37	8	20	4	19	9	81	6.3
6 Daily or almost daily	19	4	9	2	10	5	46	3.6
Valid responses =	496	38	536	42	208	16	1290	1.2

Invalid responses include no response.

**22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	187	47	381	43	57	38	635	43.4
3 Once or twice	87	22	223	25	36	24	348	23.8
4 Monthly	38	10	87	10	15	10	145	9.9
5 Weekly	45	11	97	11	18	12	169	11.6
6 Daily or almost daily	42	11	95	11	23	15	166	11.3
Valid responses =	399	27	883	60	149	10	1463	1.4

Invalid responses include no response.

**22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	666	61	997	63	196	48	1888	59.9
3 Once or twice	241	22	369	23	120	29	748	23.7
4 Monthly	95	9	119	8	50	12	273	8.7
5 Weekly	54	5	58	4	24	6	145	4.6
6 Daily or almost daily	29	3	37	2	22	5	96	3.0
Valid responses =	1085	34	1580	50	412	13	3150	3.0

Invalid responses include no response.



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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	11	18	18	30	2	5	35	19.3
3 Once or twice	8	13	11	18	3	8	26	14.4
4 Monthly	8	13	15	25	14	38	40	22.1
5 Weekly	19	31	9	15	7	19	40	22.1
6 Daily or almost daily	15	25	7	12	11	30	40	22.1
Valid responses =	61	34	60	33	37	20	181	0.2

Invalid responses include no response.

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	96	47	132	47	23	31	256	43.3
3 Once or twice	44	22	60	21	14	19	121	20.5
4 Monthly	18	9	38	13	10	13	72	12.2
5 Weekly	19	9	19	7	14	19	60	10.2
6 Daily or almost daily	26	13	35	12	14	19	82	13.9
Valid responses =	203	34	284	48	75	13	591	0.6

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	65	35	75	36	23	28	167	33.2
3 Once or twice	21	11	31	15	11	13	69	13.7
4 Monthly	17	9	17	8	16	20	54	10.7
5 Weekly	23	12	17	8	17	21	61	12.1
6 Daily or almost daily	59	32	71	34	15	18	152	30.2
Valid responses =	185	37	211	42	82	16	503	0.5

Invalid responses include no response.

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5234	84	10409	82	1058	79	16870	82.6
4 Once or twice	450	7	1122	9	133	10	1725	8.4
5 Monthly	156	3	399	3	47	4	621	3.0
6 Weekly	182	3	358	3	52	4	599	2.9
7 Daily or almost daily	183	3	369	3	47	4	610	3.0
Valid responses =	6205	30	12657	62	1337	7	20425	19.7

Invalid responses include no response.

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	14660	88	38627	89	3780	90	57661	89.1
4 Once or twice	1290	8	3296	8	297	7	4940	7.6
5 Monthly	297	2	750	2	74	2	1137	1.8
6 Weekly	249	2	469	1	44	1	777	1.2
7 Daily or almost daily	80	1	82	0	12	0	181	0.3
Valid responses =	16576	26	43224	67	4207	7	64696	62.4

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5849	86	15355	89	2259	84	23741	87.2
4 Once or twice	576	8	1234	7	259	10	2109	7.8
5 Monthly	184	3	351	2	86	3	637	2.3
6 Weekly	129	2	243	1	49	2	429	1.6
7 Daily or almost daily	90	1	169	1	28	1	296	1.1
Valid responses =	6828	25	17352	64	2681	10	27212	26.3

Invalid responses include no response.

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	388	77	604	85	74	66	1086	79.0
4 Once or twice	52	10	53	7	15	13	128	9.3
5 Monthly	24	5	29	4	10	9	69	5.0
6 Weekly	24	5	16	2	8	7	55	4.0
7 Daily or almost daily	16	3	10	1	6	5	36	2.6
Valid responses =	504	37	712	52	113	8	1374	1.3

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	536	83	987	89	154	79	1700	85.1
4 Once or twice	51	8	48	4	11	6	115	5.8
5 Monthly	30	5	40	4	15	8	96	4.8
6 Weekly	14	2	16	1	8	4	45	2.3
7 Daily or almost daily	18	3	13	1	7	4	42	2.1
Valid responses =	649	32	1104	55	195	10	1998	1.9

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	38	37	46	49	14	28	103	37.7
4 Once or twice	20	19	15	16	13	26	53	19.4
5 Monthly	18	18	18	19	6	12	51	18.7
6 Weekly	13	13	10	11	10	20	35	12.8
7 Daily or almost daily	14	14	5	5	7	14	31	11.4
Valid responses =	103	38	94	34	50	18	273	0.3

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	430	86	498	92	176	83	1130	86.5
4 Once or twice	23	5	18	3	12	6	59	4.5
5 Monthly	21	4	17	3	10	5	57	4.4
6 Weekly	15	3	8	2	6	3	34	2.6
7 Daily or almost daily	12	2	3	1	8	4	27	2.1
Valid responses =	501	38	544	42	212	16	1307	1.3

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	312	78	751	85	110	73	1187	81.0
4 Once or twice	35	9	68	8	13	9	120	8.2
5 Monthly	24	6	29	3	13	9	75	5.1
6 Weekly	18	5	25	3	6	4	51	3.5
7 Daily or almost daily	12	3	8	1	8	5	32	2.2
Valid responses =	401	27	881	60	150	10	1465	1.4

Invalid responses include no response.

#### 22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	993	90	1511	93	381	90	2940	91.1
4 Once or twice	65	6	70	4	22	5	162	5.0
5 Monthly	25	2	18	1	3	1	54	1.7
6 Weekly	13	1	11	1	8	2	35	1.1
7 Daily or almost daily	14	1	10	1	8	2	37	1.1
Valid responses =	1110	34	1620	50	422	13	3228	3.1

Invalid responses include no response.

#### 22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	16	26	24	40	6	16	51	28.0
4 Once or twice	12	19	8	13	6	16	28	15.4
5 Monthly	16	26	14	23	11	29	48	26.4
6 Weekly	9	15	8	13	5	13	25	13.7
7 Daily or almost daily	9	15	6	10	10	26	30	16.5
Valid responses =	62	34	60	33	38	21	182	0.2

Invalid responses include no response.

#### 22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	134	66	226	79	37	49	405	68.6
4 Once or twice	24	12	14	5	14	19	55	9.3
5 Monthly	17	8	22	8	7	9	55	9.3
6 Weekly	17	8	13	5	9	12	43	7.3
7 Daily or almost daily	10	5	10	4	8	11	32	5.4
Valid responses =	202	34	285	48	75	13	590	0.6

Invalid responses include no response.

#### 22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	125	67	180	79	43	52	356	68.3
4 Once or twice	15	8	13	6	13	16	43	8.3
5 Monthly	15	8	10	4	11	13	44	8.4
6 Weekly	12	6	10	4	8	10	33	6.3
7 Daily or almost daily	21	11	14	6	7	9	45	8.6
Valid responses =	188	36	227	44	82	16	521	0.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

**22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	14836	89	39327	91	3850	92	58615	90.5
5 Once or twice	1317	8	3141	7	262	6	4768	7.4
6 Monthly	227	1	482	1	46	1	770	1.2
7 Weekly	160	1	258	1	40	1	470	0.7
8 Daily or almost daily	49	0	41	0	10	0	111	0.2
Valid responses =	16589	26	43249	67	4208	7	64734	62.5

Invalid responses include no response.

**22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5605	82	15260	88	2216	83	23352	85.8
5 Once or twice	789	12	1489	9	323	12	2641	9.7
6 Monthly	187	3	275	2	66	3	549	2.0
7 Weekly	184	3	248	1	56	2	500	1.8
8 Daily or almost daily	72	1	86	1	21	1	188	0.7
Valid responses =	6837	25	17358	64	2682	10	27230	26.3

Invalid responses include no response.

**22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	404	80	618	87	76	67	1120	81.3
5 Once or twice	40	8	44	6	13	12	102	7.4
6 Monthly	19	4	33	5	9	8	68	4.9
7 Weekly	26	5	15	2	6	5	54	3.9
8 Daily or almost daily	17	3	4	1	9	8	34	2.5
Valid responses =	506	37	714	52	113	8	1378	1.3

Invalid responses include no response.

**22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	564	87	1021	93	158	81	1769	88.5
5 Once or twice	26	4	38	3	7	4	75	3.8
6 Monthly	21	3	21	2	12	6	62	3.1
7 Weekly	20	3	19	2	9	5	56	2.8
8 Daily or almost daily	17	3	5	1	9	5	36	1.8
Valid responses =	648	32	1104	55	195	10	1998	1.9

Invalid responses include no response.

**22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	38	37	44	47	16	31	104	38.0
5 Once or twice	13	13	8	9	3	6	32	11.7
6 Monthly	15	15	22	23	14	28	53	19.3
7 Weekly	24	23	15	16	7	14	53	19.3
8 Daily or almost daily	13	13	5	5	11	22	32	11.7
Valid responses =	103	38	94	34	51	19	274	0.3

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

**22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	440	88	495	91	179	84	1139	87.3
5 Once or twice	14	3	15	3	5	2	40	3.1
6 Monthly	22	4	14	3	11	5	51	3.9
7 Weekly	14	3	12	2	8	4	44	3.4
8 Daily or almost daily	12	2	6	1	9	4	31	2.4
Valid responses =	502	38	542	42	212	16	1305	1.3

Invalid responses include no response.

**22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	310	77	756	86	105	70	1185	80.9
5 Once or twice	24	6	64	7	14	9	106	7.2
6 Monthly	26	7	32	4	15	10	75	5.1
7 Weekly	20	5	21	2	10	7	56	3.8
8 Daily or almost daily	21	5	9	1	6	4	43	2.9
Valid responses =	401	27	882	60	150	10	1465	1.4

Invalid responses include no response.

**22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1015	91	1530	94	378	90	2978	92.2
5 Once or twice	35	3	50	3	22	5	109	3.4
6 Monthly	26	2	18	1	8	2	58	1.8
7 Weekly	22	2	17	1	6	1	53	1.6
8 Daily or almost daily	13	1	6	0	8	2	32	1.0
Valid responses =	1111	34	1621	50	422	13	3230	3.1

Invalid responses include no response.

**22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Heroin**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	17	27	23	39	9	24	55	30.1
5 Once or twice	10	16	5	9	3	8	19	10.4
6 Monthly	9	14	11	19	8	21	32	17.5
7 Weekly	16	25	14	24	9	24	46	25.1
8 Daily or almost daily	11	18	6	10	9	24	31	16.9
Valid responses =	63	34	59	32	38	21	183	0.2

Invalid responses include no response.

**22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)**

**[Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	138	68	229	81	39	52	415	70.3
5 Once or twice	13	6	13	5	5	7	34	5.8
6 Monthly	15	7	20	7	11	15	50	8.5
7 Weekly	23	11	12	4	12	16	54	9.2
8 Daily or almost daily	14	7	10	4	8	11	37	6.3
Valid responses =	203	34	284	48	75	13	590	0.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

**22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s) of you because of your use of the following substance(s)? (only includes students who have used this substance in the last 3 months)**  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	127	67	178	79	45	55	358	68.7
5 Once or twice	13	7	15	7	9	11	42	8.1
6 Monthly	16	8	11	5	8	10	35	6.7
7 Weekly	16	8	15	7	14	17	52	10.0
8 Daily or almost daily	18	10	7	3	6	7	34	6.5
Valid responses =	190	36	226	43	82	16	521	0.5

Invalid responses include no response.

**22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

(only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	6914	75	15964	79	1551	74	24683	77.7
3 Yes, not in the past 3 months	1073	12	2096	10	258	12	3478	11.0
6 Yes, in the past 3 months	1196	13	2082	10	275	13	3598	11.3
Valid responses =	9183	29	20142	63	2084	7	31759	30.6

Invalid responses include no response.

**22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

(only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	15874	87	42674	91	4076	86	63285	89.4
3 Yes, not in the past 3 months	1383	8	2578	6	428	9	4456	6.3
6 Yes, in the past 3 months	1070	6	1656	4	256	5	3030	4.3
Valid responses =	18327	26	46908	66	4760	7	70771	68.3

Invalid responses include no response.

**22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

(only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	8870	84	24198	90	3005	83	36473	87.7
3 Yes, not in the past 3 months	1045	10	1620	6	356	10	3082	7.4
6 Yes, in the past 3 months	668	6	1108	4	244	7	2052	4.9
Valid responses =	10583	25	26926	65	3605	9	41607	40.1

Invalid responses include no response.

**22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

(only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1449	82	2655	84	290	76	4454	82.7
3 Yes, not in the past 3 months	228	13	374	12	72	19	690	12.8
6 Yes, in the past 3 months	88	5	119	4	19	5	239	4.4
Valid responses =	1765	33	3148	58	381	7	5383	5.2

Invalid responses include no response.

**22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

(only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1834	89	3407	90	425	80	5734	88.6
3 Yes, not in the past 3 months	169	8	268	7	73	14	529	8.2
6 Yes, in the past 3 months	63	3	100	3	33	6	210	3.2
Valid responses =	2066	32	3775	58	531	8	6473	6.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2024

American College Health Association

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(410) 859-1500

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	297	66	523	72	62	53	907	67.8
3 Yes, not in the past 3 months	117	26	177	24	36	31	339	25.4
6 Yes, in the past 3 months	34	8	25	3	20	17	91	6.8
Valid responses =	448	34	725	54	118	9	1337	1.3

Invalid responses include no response.

#### 22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1256	89	1793	92	441	86	3560	89.7
3 Yes, not in the past 3 months	108	8	117	6	44	9	283	7.1
6 Yes, in the past 3 months	47	3	41	2	27	5	125	3.2
Valid responses =	1411	36	1951	49	512	13	3968	3.8

Invalid responses include no response.

#### 22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1110	84	2373	85	319	73	3856	83.4
3 Yes, not in the past 3 months	169	13	308	11	98	22	590	12.8
6 Yes, in the past 3 months	51	4	97	4	21	5	180	3.9
Valid responses =	1330	29	2778	60	438	9	4626	4.5

Invalid responses include no response.

#### 22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2954	90	4974	93	892	87	8949	90.9
3 Yes, not in the past 3 months	265	8	289	5	102	10	676	6.9
6 Yes, in the past 3 months	81	3	95	2	36	4	220	2.2
Valid responses =	3300	34	5358	54	1030	10	9845	9.5

Invalid responses include no response.

#### 22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	142	58	234	68	35	49	424	61.7
3 Yes, not in the past 3 months	84	34	92	27	26	37	208	30.3
6 Yes, in the past 3 months	20	8	17	5	10	14	55	8.0
Valid responses =	246	36	343	50	71	10	687	0.7

Invalid responses include no response.

#### 22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	899	81	1536	83	206	69	2682	80.6
3 Yes, not in the past 3 months	164	15	280	15	74	25	530	15.9
6 Yes, in the past 3 months	43	4	45	2	19	6	115	3.5
Valid responses =	1106	33	1861	56	299	9	3327	3.2

Invalid responses include no response.



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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	213	69	308	80	69	59	612	71.8
3 Yes, not in the past 3 months	62	20	43	11	24	20	140	16.4
6 Yes, in the past 3 months	34	11	32	8	25	21	100	11.7
Valid responses =	309	36	383	45	118	14	852	0.8

Invalid responses include no response.

#### 22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	6655	73	14266	71	1460	70	22626	71.2
3 Yes, not in the past 3 months	1164	13	2594	13	306	15	4114	12.9
6 Yes, in the past 3 months	1366	15	3293	16	317	15	5029	15.8
Valid responses =	9185	29	20153	63	2083	7	31769	30.7

Invalid responses include no response.

#### 22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	16571	90	43289	92	4272	90	64809	91.5
3 Yes, not in the past 3 months	820	5	1607	3	249	5	2728	3.9
6 Yes, in the past 3 months	947	5	2034	4	246	5	3272	4.6
Valid responses =	18338	26	46930	66	4767	7	70809	68.3

Invalid responses include no response.

#### 22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	8890	84	23717	88	3038	84	36046	86.6
3 Yes, not in the past 3 months	801	8	1456	5	242	7	2538	6.1
6 Yes, in the past 3 months	899	9	1749	7	328	9	3029	7.3
Valid responses =	10590	25	26922	65	3608	9	41613	40.2

Invalid responses include no response.

#### 22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1520	86	2763	88	312	82	4660	86.6
3 Yes, not in the past 3 months	169	10	291	9	46	12	520	9.7
6 Yes, in the past 3 months	74	4	91	3	24	6	198	3.7
Valid responses =	1763	33	3145	58	382	7	5378	5.2

Invalid responses include no response.

#### 22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1855	90	3468	92	446	84	5835	90.2
3 Yes, not in the past 3 months	146	7	218	6	60	11	442	6.8
6 Yes, in the past 3 months	62	3	86	2	26	5	189	2.9
Valid responses =	2063	32	3772	58	532	8	6466	6.2

Invalid responses include no response.

#### 22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	302	67	528	73	68	58	924	69.2
3 Yes, not in the past 3 months	109	24	163	23	26	22	310	23.2
6 Yes, in the past 3 months	38	9	33	5	23	20	102	7.6
Valid responses =	449	34	724	54	117	9	1336	1.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

**2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1259	89	1828	94	453	89	3610	91.0
3 Yes, not in the past 3 months	104	7	88	5	36	7	242	6.1
6 Yes, in the past 3 months	45	3	40	2	21	4	117	2.9
Valid responses =	1408	35	1956	49	510	13	3969	3.8
Invalid responses include no response.								

**2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1132	85	2452	88	351	80	3995	86.4
3 Yes, not in the past 3 months	146	11	231	8	64	15	454	9.8
6 Yes, in the past 3 months	49	4	98	4	23	5	177	3.8
Valid responses =	1327	29	2781	60	438	9	4626	4.5
Invalid responses include no response.								

**2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3077	94	5090	95	958	93	9262	94.3
3 Yes, not in the past 3 months	142	4	199	4	43	4	396	4.0
6 Yes, in the past 3 months	68	2	64	1	30	3	169	1.7
Valid responses =	3287	33	5353	54	1031	10	9827	9.5
Invalid responses include no response.								

**22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	140	58	244	70	37	51	433	62.8
3 Yes, not in the past 3 months	82	34	92	26	21	29	205	29.7
6 Yes, in the past 3 months	21	9	13	4	14	19	52	7.5
Valid responses =	243	35	349	51	72	10	690	0.7
Invalid responses include no response.								

**22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)  
[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	915	83	1589	86	231	76	2774	83.4
3 Yes, not in the past 3 months	152	14	219	12	53	18	439	13.2
6 Yes, in the past 3 months	37	3	49	3	19	6	112	3.4
Valid responses =	1104	33	1857	56	303	9	3325	3.2
Invalid responses include no response.								

**22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	226	75	329	84	72	62	648	76.3
3 Yes, not in the past 3 months	50	17	34	9	22	19	119	14.0
6 Yes, in the past 3 months	25	8	30	8	22	19	82	9.7
Valid responses =	301	35	393	46	116	14	849	0.8
Invalid responses include no response.								



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FREQUENCY REPORT

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#### 22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	18960	99	48232	99	4998	99	72994	99.2
1 Yes, not in the past 3 months	146	1	212	0	35	1	406	0.6
2 Yes, in the past 3 months	75	0	63	0	36	1	197	0.3
Valid responses =	19181	26	48507	66	5069	7	73597	71.0

Invalid responses include no response.

#### 22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have used drugs by injection within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	42	62	38	67	17	50	112	61.9
1 More than once per week	26	38	19	33	17	50	69	38.1
Valid responses =	68	38	57	31	34	19	181	0.2

Invalid responses include no response.

#### 23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Cigarettes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3109	53	7185	59	530	41	10928	55.6
2 Yes	2800	47	5064	41	771	59	8743	44.4
Valid responses =	5909	30	12249	62	1301	7	19671	19.0

Invalid responses include no response.

#### 23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### E-cigarettes or other vape products (for example: Juul, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2148	36	2551	21	380	29	5152	25.9
2 Yes	3781	64	9889	80	935	71	14747	74.1
Valid responses =	5929	30	12440	63	1315	7	19899	19.2

Invalid responses include no response.

#### 23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Water pipe or hookah

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5082	90	11177	94	1161	93	17596	92.5
2 Yes	551	10	761	6	92	7	1433	7.5
Valid responses =	5633	30	11938	63	1253	7	19029	18.4

Invalid responses include no response.

#### 23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Chewing or smokeless tobacco

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4455	78	11262	94	1165	93	17054	89.2
2 Yes	1286	22	671	6	84	7	2075	10.8
Valid responses =	5741	30	11933	62	1249	7	19129	18.5

Invalid responses include no response.

#### 23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Cigars or little cigars

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4275	74	11348	95	1162	92	16950	88.3
2 Yes	1483	26	623	5	104	8	2252	11.7
Valid responses =	5758	30	11971	62	1266	7	19202	18.5

Invalid responses include no response.

#### 23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3529	87	7808	97	788	95	12250	93.4
2 Yes	547	13	253	3	45	5	867	6.6
Valid responses =	4076	31	8061	61	833	6	13117	12.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	16090	57	35908	54	2662	40	55424	54.0
2 Within the last 2 weeks	4264	15	10356	16	1825	28	16684	16.2
3 More than 2 weeks but within 30 days	995	4	2562	4	344	5	3953	3.8
4 More than 30 days but within 3 months	1460	5	3724	6	503	8	5763	5.6
5 More than 3 months but within 12 months	1914	7	5052	8	553	8	7611	7.4
6 More than 12 months ago	3450	12	8967	14	734	11	13276	12.9
Valid responses =	28173	27	66569	65	6621	6	102711	99.1

Invalid responses include no response.

#### 25A) When, if ever, was the last time you drank alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	7408	26	14042	21	1354	20	23229	22.6
2 Within the last 2 weeks	12258	44	30381	46	2640	40	45765	44.5
3 More than 2 weeks but within 30 days	2454	9	7167	11	820	12	10557	10.3
4 More than 30 days but within 3 months	2611	9	7021	11	817	12	10594	10.3
5 More than 3 months but within 12 months	1888	7	4814	7	598	9	7397	7.2
6 More than 12 months ago	1575	6	3161	5	399	6	5215	5.1
Valid responses =	28194	27	66586	65	6628	6	102757	99.1

Invalid responses include no response.

#### 25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10669	62	29002	65	2654	62	42808	64.1
2 Yes	6620	38	15498	35	1614	38	23982	35.9
Valid responses =	17289	26	44500	67	4268	6	66790	64.4

Invalid responses include no response.

#### 25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you intend to get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10526	61	28590	64	2542	60	42115	63.1
2 Yes	6731	39	15865	36	1725	40	24599	36.9
Valid responses =	17257	26	44455	67	4267	6	66714	64.4

Invalid responses include no response.

#### 26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	390	2	753	2	120	3	1293	1.9
1 1 to 2 Drinks	7432	43	24053	54	2436	57	34298	51.5
2 3 to 4 Drinks	4120	24	11886	27	1009	24	17170	25.8
3 5 to 6 Drinks	2574	15	5125	12	459	11	8224	12.3
4 7 to 8 Drinks	1348	8	1659	4	138	3	3173	4.8
5 9 to 10 Drinks	682	4	585	1	57	1	1340	2.0
6 11 or More Drinks	719	4	324	1	39	1	1103	1.7
Total	17265	26	44385	67	4258	6	66601	64.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.88	3.00	3.64	0	91
Cis Women	2.84	2.00	2.27	0	76
Trans/Gender Non-conforming	2.75	2.00	3.06	0	85
Overall	3.11	2.00	2.79	0	91





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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	616	4	1167	3	165	4	1985	3.0
1 1 to 2 Hours	7186	42	18286	41	2008	47	27777	41.7
2 3 to 4 Hours	6002	35	15618	35	1425	34	23273	35.0
3 5 to 6 Hours	2674	16	7607	17	536	13	10923	16.4
4 7 to 8 Hours	532	3	1241	3	93	2	1884	2.8
5 9 to 10 Hours	124	1	217	1	15	0	358	0.5
6 11 or More Hours	122	1	213	1	16	0	356	0.5
Total	17256	26	44349	67	4258	6	66556	64.2

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.07	3.00	2.31	0	50
Cis Women	3.09	3.00	2.07	0	50
Trans/Gender Non-conforming	2.80	2.00	2.35	0	50
Overall	3.07	3.00	2.17	0	50

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	5958	49	16648	55	1646	63	24530	53.8
2 1 time	2878	24	7412	25	579	22	10960	24.0
3 2 times	1687	14	3555	12	216	8	5495	12.0
4 3 times	743	6	1271	4	89	3	2119	4.6
5 4 times	480	4	775	3	42	2	1315	2.9
6 5 times	191	2	299	1	20	1	514	1.1
7 6 times	114	1	135	0	11	0	262	0.6
8 7 times	61	1	60	0	4	0	127	0.3
9 8 times	40	0	42	0	4	0	87	0.2
10 9 times	17	0	26	0	6	0	53	0.1
11 10 or more times	70	1	82	0	15	1	172	0.4
Total	12239	27	30305	66	2632	6	45634	44.0

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Did something I later regretted

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15989	84	40187	82	4089	84	60919	82.3
2 Yes	3161	17	8999	18	765	16	13062	17.7
Valid responses =	19150	26	49186	66	4854	7	73981	71.4

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17172	90	44209	90	4475	92	66553	89.9
2 Yes	1975	10	5019	10	388	8	7477	10.1
Valid responses =	19147	26	49228	66	4863	7	74030	71.4

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15889	83	39186	80	4025	83	59756	80.7
2 Yes	3265	17	10059	20	840	17	14299	19.3
Valid responses =	19154	26	49245	66	4865	7	74055	71.5

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Got in trouble with the police

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18933	99	48863	99	4812	99	73376	99.2
2 Yes	202	1	324	1	50	1	595	0.8
Valid responses =	19135	26	49187	66	4862	7	73971	71.4

Invalid responses include no response.



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29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Got in trouble with college/university authorities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18945	99	48870	99	4813	99	73396	99.2
2 Yes	182	1	302	1	48	1	557	0.8
Valid responses =	19127	26	49172	66	4861	7	73953	71.4

Invalid responses include no response.

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Someone had sex with me without my consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18996	99	48568	99	4741	98	73075	98.8
2 Yes	132	1	617	1	106	2	870	1.2
Valid responses =	19128	26	49185	67	4847	7	73945	71.3

Invalid responses include no response.

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had sex with someone without their consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19110	100	49144	100	4831	99	73855	99.8
2 Yes	42	0	87	0	33	1	180	0.2
Valid responses =	19152	26	49231	66	4864	7	74035	71.4

Invalid responses include no response.

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had unprotected sex

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17219	90	44109	90	4440	91	66480	89.8
2 Yes	1932	10	5104	10	426	9	7535	10.2
Valid responses =	19151	26	49213	66	4866	7	74015	71.4

Invalid responses include no response.

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured myself

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18103	95	46208	94	4545	94	69584	94.1
2 Yes	1029	5	2983	6	310	6	4382	5.9
Valid responses =	19132	26	49191	67	4855	7	73966	71.4

Invalid responses include no response.

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured another person

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19011	99	49006	100	4819	99	73603	99.5
2 Yes	129	1	202	0	40	1	390	0.5
Valid responses =	19140	26	49208	67	4859	7	73993	71.4

Invalid responses include no response.

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Seriously considered suicide

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18697	98	48331	98	4598	95	72361	97.8
2 Yes	440	2	897	2	268	6	1654	2.2
Valid responses =	19137	26	49228	67	4866	7	74015	71.4

Invalid responses include no response.

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Needed medical help

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18915	99	48722	99	4777	98	73180	99.1
2 Yes	192	1	389	1	77	2	676	0.9
Valid responses =	19107	26	49111	66	4854	7	73856	71.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 30A) Within the last 30 days, did you drive after drinking any alcohol at all?

(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9805	83	26968	89	2058	87	39176	87.2
2 Yes	2084	18	3283	11	321	14	5747	12.8
Valid responses =	11889	26	30251	67	2379	5	44923	43.3

Invalid responses include no response.

#### 30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	18489	97	48098	98	4710	97	72041	97.3
2 Alcohol use negatively impacted performance in class	538	3	934	2	122	3	1627	2.2
3 Alcohol use delayed progress towards degree	117	1	195	0	33	1	355	0.5
Valid responses =	19144	26	49227	67	4865	7	74023	71.4

Invalid responses include no response.

#### 31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?

(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2667	65	7256	73	977	69	11010	70.3
2 Yes	1434	35	2714	27	438	31	4647	29.7
Valid responses =	4101	26	9970	64	1415	9	15657	15.1

Invalid responses include no response.

#### 31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance?

(only includes students who used cannabis within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	7502	91	19893	95	2721	92	30451	93.8
2 Marijuana use negatively impacted performance in class	577	7	792	4	202	7	1615	5.0
3 Marijuana use delayed progress towards degree	134	2	198	1	48	2	394	1.2
Valid responses =	8213	25	20883	64	2971	9	32460	31.3

Invalid responses include no response.

#### 32) Do you identify as a person in recovery from alcohol or other drug use?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20122	97	51358	98	5019	95	77371	97.4
2 Yes	633	3	1143	2	253	5	2062	2.6
Valid responses =	20755	26	52501	66	5272	7	79433	76.6

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

#### 33A) When, if ever, was the last time you had:

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	11215	40	24322	37	2502	38	38643	38.0
2 Within the last 2 weeks	7729	28	19641	30	1759	27	29412	28.9
3 More than 2 weeks but within 30 days	1893	7	5440	8	516	8	7950	7.8
4 More than 30 days but within 3 months	2257	8	5718	9	558	9	8621	8.5
5 More than 3 months but within 12 months	2324	8	5454	8	582	9	8449	8.3
6 More than 12 months ago	2597	9	5342	8	685	10	8724	8.6
Valid responses =	28015	28	65917	65	6602	6	101799	98.2

Invalid responses include no response.

#### 33B) When, if ever, was the last time you had:

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	12694	45	25041	38	3357	51	41760	41.1
2 Within the last 2 weeks	7757	28	22773	35	1454	22	32252	31.7
3 More than 2 weeks but within 30 days	1486	5	4544	7	374	6	6489	6.4
4 More than 30 days but within 3 months	1790	6	4653	7	356	5	6870	6.8
5 More than 3 months but within 12 months	1949	7	4417	7	416	6	6853	6.7
6 More than 12 months ago	2297	8	4470	7	633	10	7492	7.4
Valid responses =	27973	28	65898	65	6590	6	101716	98.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

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#### 33C) When, if ever, was the last time you had:

##### Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	22520	81	55081	84	5102	78	83715	82.5
2 Within the last 2 weeks	1034	4	1079	2	244	4	2399	2.4
3 More than 2 weeks but within 30 days	457	2	585	1	122	2	1202	1.2
4 More than 30 days but within 3 months	630	2	1152	2	180	3	1999	2.0
5 More than 3 months but within 12 months	922	3	1965	3	287	4	3207	3.2
6 More than 12 months ago	2335	8	5883	9	649	10	8959	8.8
Valid responses =	27898	27	65745	65	6584	6	101481	97.9

Invalid responses include no response.

#### 34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse?

(only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	116	1	135	0	22	1	286	0.5
1 1 Partner	10872	71	30280	76	2373	67	43903	73.9
2 2 Partners	1693	11	4353	11	496	14	6605	11.1
3 3 Partners	979	6	2120	5	223	6	3353	5.6
4 4 Partners	516	3	1062	3	139	4	1738	2.9
5 5 Partners	330	2	744	2	81	2	1170	2.0
6 6 Partners	203	1	366	1	64	2	650	1.1
7 7 Partners	106	1	219	1	41	1	371	0.6
8 8 to 10 Partners	273	2	360	1	58	2	708	1.2
9 11 or More Partners	282	2	230	1	65	2	587	1.0
Valid responses =	15370	26	39869	67	3562	6	59371	57.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.04	1.00	3.55	0	90
Cis Women	1.61	1.00	1.87	0	75
Trans/Gender Non-conforming	2.18	1.00	4.05	0	83
Overall	1.76	1.00	2.63	0	90

#### 35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

##### Women or females

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1674	11	35659	92	2146	64	39772	68.8
2 Yes	13489	89	3106	8	1225	36	18052	31.2
Valid responses =	15163	26	38765	67	3371	6	57824	55.8

Invalid responses include no response.

#### 35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

##### Men or males

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12933	88	2364	6	1333	40	16872	29.0
2 Yes	1768	12	37166	94	2041	61	41257	71.0
Valid responses =	14701	25	39530	68	3374	6	58129	56.1

Invalid responses include no response.

#### 35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

##### Trans women

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14487	99	38292	99	2877	88	56118	98.6
2 Yes	116	1	238	1	403	12	805	1.4
Valid responses =	14603	26	38530	68	3280	6	56923	54.9

Invalid responses include no response.

#### 35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

##### Trans men

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14383	99	38228	100	2850	87	55925	98.5
2 Yes	177	1	198	1	434	13	852	1.5
Valid responses =	14560	26	38426	68	3284	6	56777	54.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Genderqueer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14221	98	37866	98	2391	72	54899	96.5
2 Yes	357	2	619	2	938	28	2002	3.5
Valid responses =	14578	26	38485	68	3329	6	56901	54.9

Invalid responses include no response.

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Person(s) with another identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14359	99	38110	99	2808	87	55721	98.4
2 Yes	181	1	262	1	413	13	916	1.6
Valid responses =	14540	26	38372	68	3221	6	56637	54.6

Invalid responses include no response.

36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had oral sex within the last 30 days)

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	8435	88	22382	90	1982	87	33104	88.9
2 Rarely	338	4	786	3	91	4	1235	3.3
3 Sometimes	255	3	524	2	79	4	874	2.3
4 Most of the time	220	2	415	2	45	2	693	1.9
5 Always	356	4	897	4	70	3	1333	3.6
Valid responses =	9604	26	25004	67	2267	6	37239	35.9

Invalid responses include no response.

36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had vaginal intercourse within the last 30 days)

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3686	40	12525	46	795	44	17150	44.5
2 Rarely	675	7	2149	8	137	8	2990	7.8
3 Sometimes	845	9	2476	9	177	10	3531	9.2
4 Most of the time	1361	15	3364	12	222	12	4989	12.9
5 Always	2634	29	6693	25	488	27	9901	25.7
Valid responses =	9201	24	27207	71	1819	5	38561	37.2

Invalid responses include no response.

36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had anal intercourse within the last 30 days)

Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	764	51	1141	69	191	53	2129	59.5
2 Rarely	146	10	104	6	37	10	291	8.1
3 Sometimes	183	12	113	7	40	11	348	9.7
4 Most of the time	142	10	75	5	34	9	258	7.2
5 Always	254	17	223	14	62	17	550	15.4
Valid responses =	1489	42	1656	46	364	10	3576	3.5

Invalid responses include no response.

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?

(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	10337	80	29445	81	2117	82	42229	80.7
2 No, not want prevent pregnancy	452	4	944	3	42	2	1464	2.8
3 No, did not use any method	1919	15	5634	16	397	15	8048	15.4
4 Don't know	255	2	313	1	36	1	618	1.2
Valid responses =	12963	25	36336	69	2592	5	52359	50.5

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

**38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control pills (monthly or extended cycle)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6361	62	18254	62	1498	71	26322	62.3
1 Selected	3976	39	11191	38	619	29	15907	37.7
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.

**38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control shots**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10141	98	28893	98	2052	97	41406	98.1
1 Selected	196	2	552	2	65	3	823	1.9
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.

**38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control implants**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	9542	92	27342	93	1907	90	39087	92.6
1 Selected	795	8	2103	7	210	10	3142	7.4
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.

**38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control patch**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10200	99	29100	99	2090	99	41718	98.8
1 Selected	137	1	345	1	27	1	511	1.2
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.

**38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**The ring**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10166	98	28902	98	2076	98	41466	98.2
1 Selected	171	2	543	2	41	2	763	1.8
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.

**38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Emergency contraception ("morning after pill" or "Plan B")**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	9740	94	27634	94	1965	93	39652	93.9
1 Selected	597	6	1811	6	152	7	2577	6.1
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.

**38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Intrauterine device (IUD)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	8885	86	24570	83	1699	80	35439	83.9
1 Selected	1452	14	4875	17	418	20	6790	16.1
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.



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**38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Male (external) condom**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4458	43	15430	52	990	47	21051	49.8
1 Selected	5879	57	14015	48	1127	53	21178	50.2
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.

**38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Female (internal) condom**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10301	100	29367	100	2101	99	42097	99.7
1 Selected	36	0	78	0	16	1	132	0.3
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.

**38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Diaphragm or cervical cap**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10331	100	29431	100	2115	100	42206	99.9
1 Selected	6	0	14	0	2	0	23	0.1
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.

**38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Contraceptive sponge**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10334	100	29437	100	2111	100	42212	100.0
1 Selected	3	0	8	0	6	0	17	0.0
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.

**38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Withdrawal**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	8600	83	23122	79	1746	83	33754	79.9
1 Selected	1737	17	6323	22	371	18	8475	20.1
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.

**38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Fertility awareness (for example: calendar, mucous, and basal body temperature)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10014	97	27637	94	1984	94	39951	94.6
1 Selected	323	3	1808	6	133	6	2278	5.4
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.

**38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Sterilization (for example: hysterectomy, tubes tied, or vasectomy)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10046	97	28383	96	2012	95	40754	96.5
1 Selected	291	3	1062	4	105	5	1475	3.5
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
Don't know

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10224	99	29368	100	2107	100	42028	99.5
1 Selected	113	1	77	0	10	1	201	0.5
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.

38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
Other method

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10221	99	29093	99	2036	96	41667	98.7
1 Selected	116	1	352	1	81	4	562	1.3
Valid responses =	10337	24	29445	70	2117	5	42229	40.7

Invalid responses include no response.

39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")?  
(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10182	79	28306	78	1955	75	40773	78.1
2 Yes	2178	17	7302	20	487	19	10045	19.2
3 Don't know	353	3	122	0	49	2	547	1.0
4 Not applicable	204	2	521	1	102	4	851	1.6
Valid responses =	12917	25	36251	69	2593	5	52216	50.4

Invalid responses include no response.

40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12451	96	35329	97	2493	96	50688	96.8
2 Yes, unintentionally	136	1	495	1	58	2	704	1.3
3 Yes, intentionally	266	2	401	1	30	1	717	1.4
4 Don't know	107	1	110	0	18	1	247	0.5
Valid responses =	12960	25	36335	69	2599	5	52356	50.5

Invalid responses include no response.

40B) Within the last 12 months, to what extent did your pregnancy (or a partner's pregnancy) affect your academic performance?  
(Please select the most serious outcome below) (only includes students or students with partners that have become pregnant in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Pregnancy did not affect my academics	272	68	543	61	41	47	873	61.6
2 Pregnancy negatively impacted my performance in a class	93	23	224	25	36	41	364	25.7
3 Pregnancy delayed progress towards my degree	36	9	128	14	11	13	180	12.7
Valid responses =	401	28	895	63	88	6	1417	1.4

Invalid responses include no response.

41A) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I lead a purposeful and meaningful life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	737	3	776	1	247	4	1827	1.8
2 Disagree	940	3	1405	2	399	6	2803	2.7
3 Slightly disagree	1274	5	2409	4	568	9	4336	4.2
4 Neither agree nor disagree	2964	11	6067	9	981	15	10203	9.9
5 Slightly agree	5233	19	13100	20	1578	24	20148	19.6
6 Agree	9932	35	26031	39	1993	30	38319	37.3
7 Strongly agree	7113	25	16788	25	857	13	24999	24.4
Valid responses =	28193	27	66576	65	6623	6	102635	99.0

Invalid responses include no response.



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41B) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	560	2	687	1	120	2	1427	1.4
2 Disagree	760	3	1107	2	203	3	2110	2.1
3 Slightly disagree	1133	4	2180	3	384	6	3769	3.7
4 Neither agree nor disagree	2497	9	4108	6	499	8	7257	7.1
5 Slightly agree	5655	20	12666	19	1492	23	20050	19.5
6 Agree	10733	38	27399	41	2526	38	41065	40.0
7 Strongly agree	6841	24	18421	28	1403	21	26937	26.3
Valid responses =	28179	27	66568	65	6627	6	102615	99.0

Invalid responses include no response.

41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	621	2	859	1	188	3	1732	1.7
2 Disagree	953	3	1822	3	428	7	3265	3.2
3 Slightly disagree	1653	6	4128	6	751	11	6624	6.5
4 Neither agree nor disagree	2610	9	5884	9	729	11	9412	9.2
5 Slightly agree	6631	24	16540	25	1904	29	25356	24.7
6 Agree	10055	36	24912	37	1985	30	37323	36.4
7 Strongly agree	5650	20	12410	19	639	10	18883	18.4
Valid responses =	28173	27	66555	65	6624	6	102595	99.0

Invalid responses include no response.

41D) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	458	2	531	1	127	2	1169	1.1
2 Disagree	503	2	686	1	157	2	1377	1.3
3 Slightly disagree	786	3	1342	2	267	4	2455	2.4
4 Neither agree nor disagree	3002	11	5387	8	749	11	9322	9.1
5 Slightly agree	6159	22	13433	20	1669	25	21524	21.0
6 Agree	10322	37	27787	42	2400	36	40889	39.9
7 Strongly agree	6928	25	17350	26	1246	19	25792	25.2
Valid responses =	28158	27	66516	65	6615	6	102528	98.9

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	385	1	505	1	144	2	1085	1.1
2 Disagree	387	1	692	1	232	4	1351	1.3
3 Slightly disagree	772	3	1669	3	455	7	2964	2.9
4 Neither agree nor disagree	1748	6	3501	5	494	8	5903	5.8
5 Slightly agree	4703	17	11420	17	1571	24	17939	17.5
6 Agree	11389	40	28879	43	2479	37	43154	42.1
7 Strongly agree	8800	31	19893	30	1249	19	30207	29.4
Valid responses =	28184	27	66559	65	6624	6	102603	99.0

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	490	2	500	1	155	2	1199	1.2
2 Disagree	485	2	610	1	203	3	1340	1.3
3 Slightly disagree	887	3	1430	2	426	6	2817	2.7
4 Neither agree nor disagree	2833	10	4661	7	1014	15	8718	8.5
5 Slightly agree	4950	18	10956	17	1592	24	17719	17.3
6 Agree	10551	38	27973	42	2194	33	41105	40.1
7 Strongly agree	7977	28	20432	31	1039	16	29696	28.9
Valid responses =	28173	27	66562	65	6623	6	102594	99.0

Invalid responses include no response.



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41G) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	832	3	1017	2	387	6	2321	2.3
2 Disagree	845	3	1494	2	479	7	2882	2.8
3 Slightly disagree	1408	5	3032	5	722	11	5266	5.1
4 Neither agree nor disagree	2686	10	5018	8	863	13	8748	8.5
5 Slightly agree	4983	18	12389	19	1511	23	19112	18.6
6 Agree	8942	32	23845	36	1698	26	34798	33.9
7 Strongly agree	8479	30	19746	30	966	15	29448	28.7
Valid responses =	28175	27	66541	65	6626	6	102575	99.0

Invalid responses include no response.

41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

People respect me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	505	2	626	1	197	3	1390	1.4
2 Disagree	558	2	871	1	261	4	1729	1.7
3 Slightly disagree	967	3	2039	3	537	8	3616	3.5
4 Neither agree nor disagree	3695	13	7005	11	1301	20	12241	11.9
5 Slightly agree	5390	19	12846	19	1577	24	20061	19.6
6 Agree	10788	38	28036	42	2016	30	41213	40.2
7 Strongly agree	6266	22	15089	23	733	11	22287	21.7
Valid responses =	28169	27	66512	65	6622	6	102537	98.9

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.<sup>1</sup>

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	319	1	527	1	104	2	997	1.0
1 Rarely true	639	2	1620	2	428	7	2746	2.7
2 Sometimes true	5084	18	14577	22	2189	33	22221	21.7
3 Often true	12644	45	30629	46	2700	41	46438	45.3
4 True nearly all the time	9480	34	19190	29	1213	18	30161	29.4
Valid responses =	28166	27	66543	65	6634	6	102563	99.0

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.<sup>1</sup>

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	408	2	763	1	144	2	1369	1.3
1 Rarely true	907	3	2584	4	541	8	4106	4.0
2 Sometimes true	4522	16	13920	21	1978	30	20772	20.3
3 Often true	11190	40	28313	43	2525	38	42457	41.5
4 True nearly all the time	11094	40	20867	31	1433	22	33703	32.9
Valid responses =	28121	27	66447	65	6621	6	102407	98.8

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9708	35	11573	18	964	15	22572	22.3
2 Yes	18063	65	54324	82	5624	85	78488	77.7
Valid responses =	27771	27	65897	65	6588	6	101420	97.9

Invalid responses include no response.



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44A) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel nervous?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	3129	11	3885	6	192	3	7301	7.1
1 A little of the time	8429	30	13463	20	824	12	22935	22.4
2 Some of the time	11076	39	26967	41	2482	38	40978	40.0
3 Most of the time	4009	14	15441	23	2034	31	21762	21.2
4 All of the time	1501	5	6733	10	1088	16	9454	9.2
Valid responses =	28144	27	66489	65	6620	6	102430	98.8

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel hopeless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	11645	42	24661	37	1208	18	37788	37.1
1 A little of the time	7809	28	19312	29	1900	29	29349	28.8
2 Some of the time	5975	21	15981	24	2242	34	24549	24.1
3 Most of the time	1812	7	4494	7	870	13	7312	7.2
4 All of the time	787	3	1736	3	377	6	2973	2.9
Valid responses =	28028	27	66184	65	6597	6	101971	98.4

Invalid responses include no response.

44C) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel restless or fidgety?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	6010	22	10166	15	386	6	16711	16.4
1 A little of the time	7677	27	15894	24	931	14	24734	24.2
2 Some of the time	8585	31	21966	33	2099	32	33019	32.4
3 Most of the time	4043	14	13023	20	2036	31	19366	19.0
4 All of the time	1698	6	5231	8	1146	17	8233	8.1
Valid responses =	28013	27	66280	65	6598	6	102063	98.5

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	14640	52	28890	44	1753	27	45665	44.6
1 A little of the time	7336	26	20190	30	2205	33	30082	29.4
2 Some of the time	4387	16	12701	19	1775	27	19153	18.7
3 Most of the time	1204	4	3349	5	608	9	5262	5.1
4 All of the time	567	2	1301	2	273	4	2198	2.1
Valid responses =	28134	27	66431	65	6614	6	102360	98.8

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel that everything was an effort?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	8166	29	15245	23	628	10	24243	23.7
1 A little of the time	8143	29	18505	28	1292	20	28203	27.6
2 Some of the time	7129	25	18375	28	1943	29	27796	27.2
3 Most of the time	3215	11	9844	15	1584	24	14858	14.5
4 All of the time	1474	5	4463	7	1177	18	7260	7.1
Valid responses =	28127	27	66432	65	6624	6	102360	98.8

Invalid responses include no response.



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44F) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel worthless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	16090	57	36708	55	2201	33	55461	54.2
1 A little of the time	5934	21	14819	22	1766	27	22791	22.3
2 Some of the time	3777	13	9424	14	1453	22	14910	14.6
3 Most of the time	1425	5	3579	5	728	11	5829	5.7
4 All of the time	876	3	1869	3	462	7	3283	3.2
Valid responses =	28102	27	66399	65	6610	6	102274	98.7

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you.

How often do you feel that you lack companionship?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	11153	40	26916	40	1915	29	40364	39.4
2 Some of the time	11322	40	28957	44	2964	45	43769	42.7
3 Often	5674	20	10670	16	1751	26	18354	17.9
Valid responses =	28149	27	66543	65	6630	6	102487	98.9

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you.

How often do you feel left out?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	11763	42	23407	35	1556	24	37095	38.5
2 Some of the time	12216	43	31980	48	3256	49	47996	46.8
3 Often	4157	15	11138	17	1818	27	17363	16.9
Valid responses =	28136	27	66525	65	6630	6	102454	98.9

Invalid responses include no response.

45C) Indicate how often each of the statements below is descriptive of you.

How often do you feel isolated from others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	11571	41	26107	39	1459	22	39471	38.5
2 Some of the time	11208	40	28301	43	2982	45	43010	42.0
3 Often	5363	19	12118	18	2190	33	19981	19.5
Valid responses =	28142	27	66526	65	6631	6	102462	98.9

Invalid responses include no response.

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	26153	93	60039	91	4703	71	91806	89.8
2 Once or twice	1462	5	5082	8	1332	20	8039	7.9
3 Monthly	298	1	842	1	380	6	1579	1.5
4 Weekly	98	0	314	1	143	2	571	0.6
5 Daily or almost daily	34	0	100	0	46	1	189	0.2
Valid responses =	28045	27	66377	65	6604	6	102184	98.6

Invalid responses include no response.

47A1) Within the last 12 months, have you had problems or challenges with any of the following?

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15973	57	35908	54	2625	40	55052	53.8
2 Yes	12162	43	30543	46	3998	60	47258	46.2
Valid responses =	28135	27	66451	65	6623	6	102310	98.7

Invalid responses include no response.

47A2) Within the last 12 months, have you had problems or challenges with any of the following?

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18047	64	41902	63	3668	56	64270	62.9
2 Yes	10042	36	24484	37	2946	45	37915	37.1
Valid responses =	28089	27	66386	65	6614	6	102185	98.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2024

American College Health Association

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Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 47A3) Within the last 12 months, have you had problems or challenges with any of the following?

##### Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15761	56	32194	49	2729	41	51231	50.1
2 Yes	12323	44	34215	52	3887	59	50971	49.9
Valid responses =	28084	27	66409	65	6616	6	102202	98.6

Invalid responses include no response.

#### 47A4) Within the last 12 months, have you had problems or challenges with any of the following?

##### Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8534	30	17633	27	1039	16	27523	26.9
2 Yes	19550	70	48715	73	5578	84	74616	73.1
Valid responses =	28084	27	66348	65	6617	6	102139	98.6

Invalid responses include no response.

#### 47A5) Within the last 12 months, have you had problems or challenges with any of the following?

##### Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24865	89	58750	89	5442	82	89930	88.2
2 Yes	3163	11	7528	11	1161	18	12061	11.8
Valid responses =	28028	27	66278	65	6603	6	101991	98.4

Invalid responses include no response.

#### 47A6) Within the last 12 months, have you had problems or challenges with any of the following?

##### Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20746	74	40167	61	2893	44	64395	63.1
2 Yes	7300	26	26166	39	3719	56	37675	36.9
Valid responses =	28046	27	66333	65	6612	6	102070	98.5

Invalid responses include no response.

#### 47A7) Within the last 12 months, have you had problems or challenges with any of the following?

##### Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18623	66	42248	64	3793	57	65350	64.0
2 Yes	9423	34	24068	36	2812	43	36687	36.0
Valid responses =	28046	27	66316	65	6605	6	102037	98.5

Invalid responses include no response.

#### 47A8) Within the last 12 months, have you had problems or challenges with any of the following?

##### Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22492	80	47961	72	4454	68	75684	74.3
2 Yes	5495	20	18263	28	2145	33	26201	25.7
Valid responses =	27987	27	66224	65	6599	6	101885	98.3

Invalid responses include no response.

#### 47A9) Within the last 12 months, have you had problems or challenges with any of the following?

##### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23074	83	51101	77	4360	66	79298	77.9
2 Yes	4911	18	15036	23	2236	34	22489	22.1
Valid responses =	27985	27	66137	65	6596	6	101787	98.2

Invalid responses include no response.

#### 47A10) Within the last 12 months, have you had problems or challenges with any of the following?

##### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17306	62	28607	43	2053	31	48491	47.6
2 Yes	10688	38	37666	57	4551	69	53452	52.4
Valid responses =	27994	27	66273	65	6604	6	101943	98.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 47A11) Within the last 12 months, have you had problems or challenges with any of the following?

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	18433	66	38221	58	3271	50	60534	59.4	
2 Yes	9565	34	28007	42	3328	50	41365	40.6	
Valid responses =	27998	27	66228	65	6599	6	101899	98.3	

Invalid responses include no response.

#### 47A12) Within the last 12 months, have you had problems or challenges with any of the following?

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	22182	79	49589	75	4860	74	77448	75.9	
2 Yes	5873	21	16728	25	1749	27	24600	24.1	
Valid responses =	28055	27	66317	65	6609	6	102048	98.5	

Invalid responses include no response.

#### R47A13) Within the last 12 months, have you had problems or challenges with any of the following?

I was bullied (threats, rumors, physical or verbal attacks, or being excluded from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	26618	95	61944	93	5847	88	95365	93.4	
2 Yes	1460	5	4431	7	770	12	6777	6.6	
Valid responses =	28078	27	66375	65	6617	6	102142	98.6	

Invalid responses include no response.

#### R47A14) Within the last 12 months, have you had problems or challenges with any of the following?

I was cyberbullied (technology was used to harass, threaten, embarrass, or target me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	27230	97	64530	97	6171	93	98937	96.9	
2 Yes	844	3	1853	3	442	7	3206	3.1	
Valid responses =	28074	27	66383	65	6613	6	102143	98.6	

Invalid responses include no response.

#### R47A15) Within the last 12 months, have you had problems or challenges with any of the following?

I was hazed (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation were used as a way of initiating me into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	27617	98	65815	99	6515	99	100987	98.9	
2 Yes	460	2	569	1	96	2	1159	1.1	
Valid responses =	28077	27	66384	65	6611	6	102146	98.6	

Invalid responses include no response.

#### R47A16) Within the last 12 months, have you had problems or challenges with any of the following?

I experienced microaggression(s) directed at me (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	24607	88	55017	83	3837	58	84201	82.4	
2 Yes	3483	12	11382	17	2782	42	17982	17.6	
Valid responses =	28090	27	66399	65	6619	6	102183	98.6	

Invalid responses include no response.

#### R47A17) Within the last 12 months, have you had problems or challenges with any of the following?

I was sexually harassed (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	27274	97	59865	90	5492	83	93559	91.6	
2 Yes	799	3	6517	10	1122	17	8577	8.4	
Valid responses =	28073	27	66382	65	6614	6	102136	98.5	

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### R47A18) Within the last 12 months, have you had problems or challenges with any of the following?

I experienced discrimination directed at me (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25665	91	60247	91	5028	76	91806	89.9
2 Yes	2415	9	6127	9	1586	24	10332	10.1
Valid responses =	28080	27	66374	65	6614	6	102138	98.6

Invalid responses include no response.

#### 47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	186	2	172	1	16	0	384	0.8
2 Minimal Distress	2166	18	3509	12	440	11	6181	13.1
3 Moderate Distress	5541	46	12937	43	1724	43	20416	43.4
4 High Distress	4217	35	13833	45	1807	45	20105	42.7
Valid responses =	12110	26	30451	65	3987	8	47086	45.4

Invalid responses include no response.

#### 47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	288	3	432	2	45	2	782	2.1
2 Minimal Distress	2605	26	5563	23	690	24	8936	23.7
3 Moderate Distress	4199	42	10344	42	1246	43	15984	42.4
4 High Distress	2910	29	8034	33	949	32	12025	31.9
Valid responses =	10002	27	24373	65	2930	8	37727	36.4

Invalid responses include no response.

#### 47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	230	2	358	1	26	1	628	1.2
2 Minimal Distress	3144	26	6930	20	696	18	10863	21.4
3 Moderate Distress	5094	42	14183	42	1550	40	21040	41.5
4 High Distress	3784	31	12599	37	1599	41	18186	35.9
Valid responses =	12252	24	34070	67	3871	8	50717	48.9

Invalid responses include no response.

#### 47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	800	4	1171	2	123	2	2119	2.9
2 Minimal Distress	7151	37	15550	32	1522	27	24421	32.9
3 Moderate Distress	7623	39	19694	41	2211	40	29815	40.2
4 High Distress	3881	20	12023	25	1695	31	17840	24.0
Valid responses =	19455	26	48438	65	5551	7	74195	71.6

Invalid responses include no response.

#### 47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	235	8	398	5	50	4	695	5.8
2 Minimal Distress	1329	42	3025	41	464	40	4896	40.9
3 Moderate Distress	1022	33	2595	35	425	37	4114	34.4
4 High Distress	553	18	1458	20	212	18	2259	18.9
Valid responses =	3139	26	7476	62	1151	10	11964	11.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	309	4	519	2	55	2	893	2.4
2 Minimal Distress	2759	38	7901	30	1003	27	11796	31.5
3 Moderate Distress	2680	37	10383	40	1383	37	14635	39.1
4 High Distress	1503	21	7228	28	1255	34	10124	27.0
Valid responses =	7251	19	26031	70	3696	10	37448	36.1

Invalid responses include no response.

#### 47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	538	6	794	3	76	3	1432	3.9
2 Minimal Distress	3077	33	7885	33	882	32	11945	32.7
3 Moderate Distress	3335	36	8686	36	969	35	13121	36.0
4 High Distress	2422	26	6582	28	869	31	9985	27.4
Valid responses =	9372	26	23947	66	2796	8	36483	35.2

Invalid responses include no response.

#### 47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	373	7	663	4	83	4	1135	4.4
2 Minimal Distress	2552	47	6841	38	786	37	10274	39.4
3 Moderate Distress	1702	31	6324	35	724	34	8843	33.9
4 High Distress	840	15	4346	24	540	25	5808	22.3
Valid responses =	5467	21	18174	70	2133	8	26060	25.1

Invalid responses include no response.

#### 47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	431	9	806	5	100	5	1356	6.1
2 Minimal Distress	2573	53	6967	47	950	43	10629	47.6
3 Moderate Distress	1346	28	5085	34	785	35	7314	32.8
4 High Distress	529	11	2078	14	383	17	3032	13.6
Valid responses =	4879	22	14936	67	2218	10	22331	21.5

Invalid responses include no response.

#### 47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	524	5	856	2	99	2	1498	2.8
2 Minimal Distress	5131	48	14431	39	1638	36	21403	40.3
3 Moderate Distress	3532	33	14054	38	1669	37	19457	36.6
4 High Distress	1436	14	8129	22	1114	25	10786	20.3
Valid responses =	10623	20	37470	71	4520	9	53144	51.3

Invalid responses include no response.

#### 47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	553	6	973	4	99	3	1643	4.0
2 Minimal Distress	3490	37	8974	32	1070	32	13687	33.2
3 Moderate Distress	3639	38	10646	38	1260	38	15714	38.2
4 High Distress	1838	19	7298	26	883	27	10131	24.6
Valid responses =	9520	23	27891	68	3312	8	41175	39.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	333	6	520	3	57	3	924	3.8
2 Minimal Distress	1569	27	3483	21	363	21	5464	22.3
3 Moderate Distress	2146	37	5779	35	578	33	8585	35.0
4 High Distress	1801	31	6887	41	742	43	9526	38.9
Valid responses =	5849	24	16669	68	1740	7	24499	23.6

Invalid responses include no response.

#### 47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	217	15	423	10	43	6	691	10.3
2 Minimal Distress	543	37	1362	31	251	33	2193	32.5
3 Moderate Distress	400	28	1457	33	272	35	2164	32.1
4 High Distress	291	20	1167	27	203	26	1692	25.1
Valid responses =	1451	22	4409	65	769	11	6740	6.5

Invalid responses include no response.

#### 47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	157	19	236	13	43	10	445	14.0
2 Minimal Distress	297	35	585	32	162	37	1065	33.4
3 Moderate Distress	210	25	510	28	132	30	873	27.4
4 High Distress	175	21	510	28	103	23	802	25.2
Valid responses =	839	26	1841	58	440	14	3185	3.1

Invalid responses include no response.

#### 47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	123	27	137	24	19	20	283	24.7
2 Minimal Distress	129	28	138	25	22	23	299	26.1
3 Moderate Distress	120	26	154	27	25	26	309	26.8
4 High Distress	83	18	135	24	29	31	257	22.4
Valid responses =	455	40	564	49	95	8	1146	1.1

Invalid responses include no response.

#### 47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	654	19	1260	11	218	8	2162	12.1
2 Minimal Distress	1777	51	5830	51	1418	51	9184	51.2
3 Moderate Distress	742	21	3003	27	848	31	4686	26.1
4 High Distress	299	9	1260	11	290	11	1898	10.6
Valid responses =	3472	19	11353	63	2774	15	17930	17.3

Invalid responses include no response.

#### 47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	137	17	448	7	60	5	654	7.7
2 Minimal Distress	321	41	2566	40	357	32	3288	38.5
3 Moderate Distress	196	25	2066	32	398	36	2705	31.7
4 High Distress	139	18	1410	22	303	27	1890	22.1
Valid responses =	793	9	6490	76	1118	13	8537	8.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2024

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	376	16	511	8	73	5	970	9.4
2 Minimal Distress	1068	44	2570	42	598	38	4307	41.8
3 Moderate Distress	618	26	1930	32	561	36	3176	30.9
4 High Distress	343	14	1096	18	349	22	1839	17.9
Valid responses =	2405	23	6107	59	1581	15	10292	9.9

Invalid responses include no response.

#### 47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	6224	62	15525	64	1797	61	23801	63.1
2 Negatively impacted performance in a class	2814	28	6477	27	884	30	10299	27.3
3 Delayed progress towards degree	950	10	2383	10	248	9	3623	9.6
Valid responses =	9988	26	24385	65	2929	8	37723	36.4

Invalid responses include no response.

#### 47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	7721	63	22547	66	2329	60	32893	64.9
2 Negatively impacted performance in a class	3239	26	8140	24	1109	29	12663	25.0
3 Delayed progress towards degree	1304	11	3374	10	431	11	5157	10.2
Valid responses =	12264	24	34061	67	3869	8	50713	48.9

Invalid responses include no response.

#### 47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	6720	35	18536	38	1609	29	27078	36.4
2 Negatively impacted performance in a class	10515	54	24948	51	3239	58	39140	52.7
3 Delayed progress towards degree	2236	12	5043	10	705	13	8076	10.9
Valid responses =	19471	26	48527	65	5553	7	74294	71.7

Invalid responses include no response.

#### 47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1288	41	3326	45	466	41	5153	43.1
2 Negatively impacted performance in a class	1334	43	3217	43	512	45	5157	43.2
3 Delayed progress towards degree	518	17	925	12	172	15	1639	13.7
Valid responses =	3140	26	7468	62	1150	10	11949	11.5

Invalid responses include no response.

#### 47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	5016	69	17764	68	2375	64	25462	68.2
2 Negatively impacted performance in a class	1762	24	6663	26	1076	29	9627	25.8
3 Delayed progress towards degree	462	6	1541	6	236	6	2271	6.1
Valid responses =	7240	19	25968	70	3687	10	37360	36.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	6319	67	16481	69	1836	66	24852	68.1
2 Negatively impacted performance in a class	2562	27	6311	26	801	29	9797	26.9
3 Delayed progress towards degree	492	5	1168	5	153	6	1836	5.0
Valid responses =	9373	26	23960	66	2790	8	36485	35.2

Invalid responses include no response.

#### 47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4113	76	13849	76	1532	72	19673	75.6
2 Negatively impacted performance in a class	1132	21	3660	20	513	24	5387	20.7
3 Delayed progress towards degree	206	4	657	4	89	4	970	3.7
Valid responses =	5451	21	18166	70	2134	8	26030	25.1

Invalid responses include no response.

#### 47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3660	75	11654	78	1633	74	17150	76.9
2 Negatively impacted performance in a class	1010	21	2834	19	530	24	4449	20.0
3 Delayed progress towards degree	198	4	426	3	55	3	691	3.1
Valid responses =	4868	22	14914	67	2218	10	22290	21.5

Invalid responses include no response.

#### 47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	9269	87	32737	87	3778	84	46210	87.0
2 Negatively impacted performance in a class	1129	11	4001	11	638	14	5855	11.0
3 Delayed progress towards degree	230	2	733	2	101	2	1079	2.0
Valid responses =	10628	20	37471	71	4517	8	53144	51.3

Invalid responses include no response.

#### 47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	7080	74	19854	71	2264	68	29497	71.6
2 Negatively impacted performance in a class	1981	21	6609	24	859	26	9572	23.2
3 Delayed progress towards degree	463	5	1430	5	189	6	2107	5.1
Valid responses =	9524	23	27893	68	3312	8	41176	39.7

Invalid responses include no response.

#### 47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3672	63	9359	56	877	51	14029	57.3
2 Negatively impacted performance in a class	1733	30	5810	35	663	38	8298	33.9
3 Delayed progress towards degree	441	8	1510	9	197	11	2175	8.9
Valid responses =	5846	24	16679	68	1737	7	24502	23.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	951	66	2944	67	464	60	4411	65.5
2 Negatively impacted performance in a class	379	26	1172	27	242	32	1838	27.3
3 Delayed progress towards degree	121	8	291	7	62	8	484	7.2
Valid responses =	1451	22	4407	65	768	11	6733	6.5

Invalid responses include no response.

47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	555	66	1246	68	303	69	2136	67.1
2 Negatively impacted performance in a class	201	24	453	25	99	22	775	24.3
3 Delayed progress towards degree	80	10	145	8	40	9	274	8.6
Valid responses =	836	26	1844	58	442	14	3185	3.1

Invalid responses include no response.

47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	248	55	321	57	44	47	623	54.6
2 Negatively impacted performance in a class	146	32	169	30	26	28	358	31.4
3 Delayed progress towards degree	59	13	72	13	24	26	160	14.0
Valid responses =	453	40	562	49	94	8	1141	1.1

Invalid responses include no response.

47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype) Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2802	81	9377	83	2229	80	14637	81.8
2 Negatively impacted performance in a class	525	15	1609	14	455	16	2670	14.9
3 Delayed progress towards degree	138	4	350	3	88	3	591	3.3
Valid responses =	3465	19	11336	63	2772	15	17898	17.3

Invalid responses include no response.

47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	591	75	5127	79	828	74	6631	77.7
2 Negatively impacted performance in a class	151	19	1075	17	218	20	1480	17.3
3 Delayed progress towards degree	48	6	294	5	69	6	424	5.0
Valid responses =	790	9	6496	76	1115	13	8535	8.2

Invalid responses include no response.

47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1729	72	4501	74	1098	69	7432	72.3
2 Negatively impacted performance in a class	527	22	1232	20	367	23	2198	21.4
3 Delayed progress towards degree	145	6	362	6	116	7	643	6.3
Valid responses =	2401	23	6095	59	1581	15	10273	9.9

Invalid responses include no response.



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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 48) Within the last 30 days, how would you rate the overall level of stress you have experienced?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	1034	4	728	1	50	1	1862	1.8
2 Low	9091	32	12186	18	857	13	22370	21.8
3 Moderate	12956	46	34665	52	3270	49	51406	50.1
4 High	5089	18	19038	29	2452	37	26937	26.3
Valid responses =	28170	27	66617	65	6629	6	102575	99.0

Invalid responses include no response.

#### 49) Have you ever thought about or attempted to kill yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	17268	61	37460	56	1321	20	56543	55.2
2 Just a brief passing thought	6499	23	15826	24	1737	26	24316	23.8
3 Planned at least once, but did not try to do it	2156	8	6277	9	1376	21	9954	9.7
4 Planned at least once, wanted to die	1201	4	3271	5	958	15	5526	5.4
5 Attempted, but did not want to die	493	2	1675	3	435	7	2642	2.6
6 Attempted, really hoped to die	543	2	1971	3	790	12	3392	3.3
Valid responses =	28160	28	66480	65	6617	6	102373	98.8

Invalid responses include no response.

#### 50) How often have you thought about killing yourself in the past year?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	21097	75	47682	72	2733	41	72168	70.5
2 Rarely (1 time)	3006	11	7950	12	1137	17	12231	11.9
3 Sometimes (2 times)	1928	7	5847	9	1133	17	9042	8.8
4 Often (3-4 times)	836	3	2500	4	643	10	4033	3.9
5 Very often (5 or more times)	1288	5	2513	4	972	15	4888	4.8
Valid responses =	28155	28	66492	65	6618	6	102362	98.8

Invalid responses include no response.

#### 51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23748	84	53239	80	3905	59	81673	79.8
2 Yes, one time, did not want to die	2239	8	6571	10	809	12	9734	9.5
3 Yes, one time, wanted to die	950	3	2951	4	717	11	4683	4.6
4 Yes, more than once, did not want to die	799	3	2098	3	513	8	3463	3.4
5 Yes, more than once, wanted to die	411	2	1602	2	672	10	2751	2.7
Valid responses =	28147	28	66461	65	6616	6	102304	98.7

Invalid responses include no response.

#### 52) How likely is it that you will attempt suicide someday?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	19927	71	46766	70	2376	36	69644	68.0
1 No chance at all	3408	12	7812	12	936	14	12313	12.0
2 Rather unlikely	3212	11	8031	12	1854	28	13293	13.0
3 Unlikely	990	4	2535	4	776	12	4378	4.3
4 Likely	401	1	980	2	434	7	1867	1.8
5 Rather likely	100	0	218	0	128	2	463	0.5
6 Very likely	121	0	138	0	119	2	400	0.4
Valid responses =	28159	28	66480	65	6623	6	102358	98.8

Invalid responses include no response.

#### 53) Within the last 12 months, have you attempted suicide?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27368	98	65117	98	6260	95	99835	97.8
2 Yes	707	3	1118	2	339	5	2211	2.2
Valid responses =	28075	28	66235	65	6599	6	102046	98.5

Invalid responses include no response.

#### 54A) Have you ever received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17752	63	28815	43	1224	19	48243	47.1
2 Yes	10431	37	37777	57	5404	82	54276	52.9
Valid responses =	28183	27	66592	65	6628	6	102519	98.9

Invalid responses include no response.





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#### 54B) Within in the last 12 months, have you received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22083	78	41314	62	2417	37	66433	64.8
2 Yes	6078	22	25246	38	4207	64	36013	35.2
Valid responses =	28161	27	66560	65	6624	6	102446	98.8

Invalid responses include no response.

#### 55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11768	42	15890	24	1116	17	29133	28.4
2 Yes	16404	58	50678	76	5512	83	73325	71.6
Valid responses =	28172	27	66568	65	6628	6	102458	98.9

Invalid responses include no response.

#### MH1) Have you ever been prescribed medication for a mental health condition?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22735	81	43807	66	2614	40	69809	68.2
2 Yes	5426	19	22748	34	4007	61	32611	31.8
Valid responses =	28161	27	66555	65	6621	6	102420	98.8

Invalid responses include no response.

#### MH2) When were you first prescribed medication for a mental health condition? (only students that were ever prescribed medication for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Before starting at your current college/university	3861	71	16133	71	3013	75	23324	71.7
2 After starting at your current college/university	1551	29	6570	29	989	25	9217	28.3
Valid responses =	5412	17	22703	70	4002	12	32541	31.4

Invalid responses include no response.

#### MH3) Were you prescribed medication for a mental health condition in the last 12 months? (only students that were ever prescribed medication for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2596	48	9583	42	1420	36	13764	42.3
2 Yes	2814	52	13133	58	2582	65	18787	57.7
Valid responses =	5410	17	22716	70	4002	12	32551	31.4

Invalid responses include no response.

#### MH4) Have you ever had counseling for a mental health condition?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21276	76	37601	57	1811	27	61244	59.8
2 Yes	6869	24	28945	44	4814	73	41155	40.2
Valid responses =	28145	27	66546	65	6625	6	102399	98.8

Invalid responses include no response.

#### MH5) When did you first start counseling for a mental health condition? (only students that have ever had counseling for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Before starting at your current college/university	4944	72	21262	74	3879	81	30487	74.3
2 After starting at your current college/university	1903	28	7599	26	924	19	10541	25.7
Valid responses =	6847	17	28861	70	4803	12	41028	39.6

Invalid responses include no response.

#### MH6) Have you had counseling for a mental health condition in the last 12 months? (only students that have ever had counseling for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3134	46	10590	37	1295	27	15194	37.0
2 Yes	3712	54	18296	63	3510	73	25863	63.0
Valid responses =	6846	17	28886	70	4805	12	41057	39.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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**56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18934	67	30057	45	3269	49	52869	51.6
2 Yes	1512	5	35248	53	2686	41	39773	38.8
3 Don't know	494	2	744	1	133	2	1402	1.4
4 Not applicable	7235	26	510	1	539	8	8397	8.2
Valid responses =	28175	28	66559	65	6627	6	102441	98.8

Invalid responses include no response.

**57) Have you had a dental exam and cleaning in the last 12 months?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8402	30	16523	25	2055	31	27309	26.6
2 Yes	19218	68	48758	73	4320	65	73014	71.2
3 Don't know	579	2	1332	2	258	4	2209	2.2
Valid responses =	28199	28	66613	65	6633	6	102532	98.9

Invalid responses include no response.

**58) When you are outdoors in the sun, how often do you wear sunscreen?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	5747	20	4217	6	745	11	10879	10.6
2 Rarely	8691	31	11161	17	1663	25	21780	21.2
3 Sometimes	8108	29	19953	30	2053	31	30419	29.7
4 Usually	4500	16	20604	31	1599	24	26953	26.3
5 Always	1155	4	10700	16	577	9	12532	12.2
Valid responses =	28201	27	66635	65	6637	6	102563	99.0

Invalid responses include no response.

**59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?**

**Wear a shirt with sleeves**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4532	16	10573	16	821	12	16079	15.7
2 Rarely	5122	18	13656	21	1189	18	20140	19.7
3 Sometimes	7812	28	23120	35	2204	33	33466	32.8
4 Usually	7281	26	14169	21	1770	27	23486	23.0
5 Always	3359	12	4846	7	621	9	8935	8.8
Valid responses =	28106	28	66364	65	6605	6	102106	98.5

Invalid responses include no response.

**59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?**

**Wear sunglasses**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	5570	20	9216	14	1423	22	16422	16.1
2 Rarely	5064	18	10533	16	1283	19	17060	16.7
3 Sometimes	7131	25	18179	27	1633	25	27207	26.6
4 Usually	6723	24	18821	28	1474	22	27268	26.7
5 Always	3605	13	9659	15	796	12	14179	13.9
Valid responses =	28093	28	66408	65	6609	6	102136	98.5

Invalid responses include no response.

**59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?**

**Stay in the shade**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1579	6	2907	4	242	4	4796	4.7
2 Rarely	3388	12	8031	12	525	8	12053	11.8
3 Sometimes	11858	42	27677	42	2283	35	42185	41.3
4 Usually	9459	34	22610	34	2941	45	35403	34.7
5 Always	1792	6	5164	8	618	9	7663	7.5
Valid responses =	28076	27	66389	65	6609	6	102100	98.5

Invalid responses include no response.



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#### 59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

##### Wear a hat

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	5875	21	16883	26	1728	26	24722	24.3
2 Rarely	5581	20	18331	28	1701	26	25872	25.4
3 Sometimes	8123	29	21182	32	1965	30	31582	31.0
4 Usually	5755	21	7659	12	936	14	14506	14.2
5 Always	2713	10	2170	3	267	4	5211	5.1
Valid responses =	28047	28	66225	65	6597	6	101893	98.3

Invalid responses include no response.

#### 60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	18336	66	29631	45	4585	71	53206	52.9
1 1 time	901	3	2013	3	228	4	3177	3.2
2 2 times	1364	5	3758	6	340	5	5511	5.5
3 3 times	880	3	2768	4	248	4	3925	3.9
4 4 times	508	2	1630	3	124	2	2278	2.3
5 5 times	1103	4	3707	6	211	3	5053	5.0
6 6 to 10 times	1860	7	7358	11	360	6	9636	9.6
7 11 to 15 times	569	2	2526	4	94	1	3205	3.2
8 16 to 20 times	717	3	3518	5	105	2	4356	4.3
9 21 to 49 times	737	3	4329	7	105	2	5186	5.2
10 50 or More times	713	3	4200	6	90	1	5024	5.0
Valid responses =	27688	28	65438	65	6490	6	100557	97.0

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	5.33	0.00	20.82	0	365
Cis Women	10.75	2.00	25.16	0	365
Trans/Gender Non-conforming	3.46	0.00	16.79	0	365
Overall	8.73	0.00	23.71	0	365

#### 61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	6609	24	11498	17	756	11	19028	18.6
2 Have started, but not completed HPV vaccine	786	3	2743	4	345	5	3925	3.8
3 Completed HPV vaccine	11382	41	35987	54	3752	57	51597	50.6
4 I don't know my HPV vaccination status	9311	33	16105	24	1770	27	27479	26.9
Valid responses =	28088	28	66333	65	6623	6	102029	98.4

Invalid responses include no response.

#### 62) Did you have a flu vaccine within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13529	48	30468	46	2542	38	46951	45.9
2 Yes	12808	46	32847	49	3673	55	49857	48.8
3 Don't know	1812	6	3148	5	413	6	5445	5.3
Valid responses =	28149	28	66463	65	6628	6	102253	98.7

Invalid responses include no response.

#### COVIDVAXD) Have you received at least one dose of a COVID-19 vaccine?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3523	13	8278	13	337	5	12271	12.0
2 Yes	24306	86	57646	87	6221	94	89027	87.0
3 Not sure	330	1	556	1	64	1	977	1.0
Valid responses =	28159	28	66480	65	6622	6	102275	98.7

Invalid responses include no response.

#### COVIDVAXE) Have you received a COVID-19 vaccine in the last 12 months? (only students that have received at least one dose of a COVID-19 vaccine)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15419	64	35808	62	2917	47	54550	61.4
2 Yes	7441	31	18627	32	2873	46	29304	33.0
3 Not sure	1384	6	3094	5	423	7	4973	5.6
Valid responses =	24244	27	57529	65	6213	7	88827	85.7

Invalid responses include no response.



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#### COVIDINF Have you tested positive for COVID-19 within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23490	83	53519	81	5011	76	82829	81.0
2 Yes	4662	17	12933	20	1609	24	19405	19.0
Valid responses =	28152	28	66452	65	6620	6	102234	98.6

Invalid responses include no response.

#### 63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27409	98	63480	96	6360	96	98172	96.4
2 Yes	635	2	2806	4	236	4	3711	3.6
Valid responses =	28044	28	66286	65	6596	6	101883	98.3

Invalid responses include no response.

#### 63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27701	99	65220	99	6498	99	100359	98.8
2 Yes	248	1	838	1	77	1	1176	1.2
Valid responses =	27949	28	66058	65	6575	6	101535	98.0

Invalid responses include no response.

#### 63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27658	100	64910	100	6450	99	99949	99.5
2 Yes	140	1	347	1	45	1	542	0.5
Valid responses =	27798	28	65257	65	6495	6	100491	97.0

Invalid responses include no response.

#### 63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20837	74	40398	61	4132	63	66052	64.9
2 Yes	7175	26	25812	39	2467	37	35726	35.1
Valid responses =	28012	28	66210	65	6599	6	101778	98.2

Invalid responses include no response.



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#### 63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27436	98	64315	97	6352	96	99015	97.3
2 Yes	547	2	1877	3	243	4	2706	2.7
Valid responses =	27983	28	66192	65	6595	6	101721	98.1

Invalid responses include no response.

#### 63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27688	99	65675	100	6513	99	100811	99.5
2 Yes	193	1	257	0	56	1	517	0.5
Valid responses =	27881	28	65932	65	6569	6	101328	97.8

Invalid responses include no response.

#### 63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24535	88	56040	85	5663	86	87075	85.8
2 Yes	3383	12	9999	15	905	14	14391	14.2
Valid responses =	27918	28	66039	65	6568	6	101466	97.9

Invalid responses include no response.

#### 63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27751	100	65596	100	6513	99	100791	99.7
2 Yes	85	0	169	0	40	1	302	0.3
Valid responses =	27836	28	65765	65	6553	6	101093	97.5

Invalid responses include no response.

#### 63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27496	99	64712	98	6433	98	99563	98.5
2 Yes	336	1	1055	2	126	2	1532	1.5
Valid responses =	27832	28	65767	65	6559	6	101095	97.5

Invalid responses include no response.

#### 63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25979	93	60311	91	5915	90	93053	91.5
2 Yes	2013	7	5903	9	673	10	8684	8.5
Valid responses =	27992	28	66214	65	6588	6	101737	98.2

Invalid responses include no response.

#### 63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27860	100	65818	100	6540	99	101148	99.6
2 Yes	81	0	288	0	45	1	424	0.4
Valid responses =	27941	28	66106	65	6585	6	101572	98.0

Invalid responses include no response.

#### 63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27608	99	64976	99	6464	99	99973	98.7
2 Yes	256	1	958	2	97	2	1324	1.3
Valid responses =	27864	28	65934	65	6561	6	101297	97.7

Invalid responses include no response.



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#### 63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27679	100	65336	100	6489	99	100430	99.5
2 Yes	122	0	294	0	52	1	480	0.5
Valid responses =	27801	28	65630	65	6541	6	100910	97.4

Invalid responses include no response.

#### 63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26267	94	59234	90	5849	89	92203	90.7
2 Yes	1702	6	6896	10	738	11	9428	9.3
Valid responses =	27969	28	66130	65	6587	6	101631	98.1

Invalid responses include no response.

#### 63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27656	99	57727	87	5887	90	92126	90.8
2 Yes	291	1	8300	13	691	11	9367	9.2
Valid responses =	27947	28	66027	65	6578	6	101493	97.9

Invalid responses include no response.

#### 63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22083	97	48852	96	4715	94	76319	96.1
2 Yes	593	3	2165	4	290	6	3090	3.9
Valid responses =	22676	29	51017	64	5005	6	79409	76.6

Invalid responses include no response.

#### 63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	336	56	1416	52	88	39	1858	51.9
2 Negatively impacted performance in a class	236	39	1191	44	117	52	1553	43.4
3 Delayed progress towards degree	32	5	111	4	21	9	167	4.7
Valid responses =	604	17	2718	76	226	6	3578	3.5

Invalid responses include no response.

#### 63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	201	87	666	83	53	70	929	83.2
2 Negatively impacted performance in a class	21	9	119	15	19	25	159	14.2
3 Delayed progress towards degree	9	4	14	2	4	5	28	2.5
Valid responses =	231	21	799	72	76	7	1116	1.1

Invalid responses include no response.

#### 63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	104	78	302	92	30	71	441	86.6
2 Negatively impacted performance in a class	20	15	18	6	6	14	44	8.6
3 Delayed progress towards degree	9	7	7	2	6	14	24	4.7
Valid responses =	133	26	327	64	42	8	509	0.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2024

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4361	61	13578	53	1138	46	19196	54.0
2 Negatively impacted performance in a class	2616	37	11375	44	1250	51	15375	43.2
3 Delayed progress towards degree	161	2	759	3	67	3	995	2.8
Valid responses =	7138	20	25712	72	2455	7	35566	34.3

Invalid responses include no response.

#### 63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	281	54	711	39	84	36	1086	41.7
2 Negatively impacted performance in a class	192	37	919	51	117	51	1250	48.0
3 Delayed progress towards degree	51	10	185	10	30	13	270	10.4
Valid responses =	524	20	1815	70	231	9	2606	2.5

Invalid responses include no response.

#### 63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	145	82	204	87	32	62	388	82.0
2 Negatively impacted performance in a class	22	13	28	12	11	21	63	13.3
3 Delayed progress towards degree	9	5	3	1	9	17	22	4.7
Valid responses =	176	37	235	50	52	11	473	0.5

Invalid responses include no response.

#### 63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1819	55	4565	46	328	37	6758	47.6
2 Negatively impacted performance in a class	1393	42	4888	49	528	59	6864	48.3
3 Delayed progress towards degree	114	3	433	4	40	5	588	4.1
Valid responses =	3326	23	9886	70	896	6	14210	13.7

Invalid responses include no response.

#### 63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	59	78	145	93	22	60	232	84.1
2 Negatively impacted performance in a class	10	13	5	3	9	24	24	8.7
3 Delayed progress towards degree	7	9	6	4	6	16	20	7.2
Valid responses =	76	28	156	57	37	13	276	0.3

Invalid responses include no response.

#### 63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	174	54	479	46	43	36	704	47.2
2 Negatively impacted performance in a class	118	37	475	46	57	48	654	43.8
3 Delayed progress towards degree	29	9	83	8	19	16	134	9.0
Valid responses =	321	22	1037	70	119	8	1492	1.4

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1408	70	4058	69	395	59	5917	68.4
2 Negatively impacted performance in a class	494	25	1530	26	225	34	2276	26.3
3 Delayed progress towards degree	99	5	299	5	50	8	458	5.3
Valid responses =	2001	23	5887	68	670	8	8651	8.3

Invalid responses include no response.

#### 63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	46	63	192	70	25	60	269	67.3
2 Negatively impacted performance in a class	13	18	63	23	10	24	88	22.0
3 Delayed progress towards degree	14	19	21	8	7	17	43	10.8
Valid responses =	73	18	276	69	42	11	400	0.4

Invalid responses include no response.

#### 63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	126	51	388	42	31	34	551	43.0
2 Negatively impacted performance in a class	97	39	470	51	49	53	620	48.4
3 Delayed progress towards degree	24	10	73	8	12	13	110	8.6
Valid responses =	247	19	931	73	92	7	1281	1.2

Invalid responses include no response.

#### 63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	74	66	200	73	31	63	312	70.0
2 Negatively impacted performance in a class	26	23	62	23	11	22	101	22.6
3 Delayed progress towards degree	13	12	12	4	7	14	33	7.4
Valid responses =	113	25	274	61	49	11	446	0.4

Invalid responses include no response.

#### 63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1040	62	3722	54	350	48	5157	55.1
2 Negatively impacted performance in a class	558	33	2850	42	341	47	3792	40.5
3 Delayed progress towards degree	85	5	276	4	43	6	405	4.3
Valid responses =	1683	18	6848	73	734	8	9354	9.0

Invalid responses include no response.

#### 63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	209	75	6283	78	481	71	7029	76.9
2 Negatively impacted performance in a class	50	18	1687	21	174	26	1932	21.1
3 Delayed progress towards degree	21	8	137	2	20	3	180	2.0
Valid responses =	280	3	8107	89	675	7	9141	8.8

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	369	65	1265	62	141	53	1798	61.7
2 Negatively impacted performance in a class	157	28	645	32	101	38	915	31.4
3 Delayed progress towards degree	39	7	137	7	23	9	202	6.9
Valid responses =	565	19	2047	70	265	9	2915	2.8

Invalid responses include no response.

64) Have you ever been tested for HIV?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	2529	9	7898	12	1011	15	11559	11.3
2 Yes, more than 12 months ago	2480	9	7094	11	693	11	10358	10.1
3 No	21736	77	45800	69	4457	67	72684	71.0
4 Unsure	1418	5	5748	9	466	7	7723	7.5
Valid responses =	28163	28	66540	65	6627	6	102324	98.7

Invalid responses include no response.

64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27311	97	65380	98	6432	97	100065	97.9
2 Yes	825	3	1049	2	194	3	2110	2.1
Valid responses =	28136	28	66429	65	6626	6	102175	98.6

Invalid responses include no response.

65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21713	78	45967	70	4496	68	72842	71.8
2 Yes	6213	22	20120	30	2087	32	28664	28.2
Valid responses =	27926	28	66087	65	6583	6	101506	97.9

Invalid responses include no response.

65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24538	88	57847	88	4515	69	87570	86.2
2 Yes	3446	12	8269	13	2081	32	14032	13.8
Valid responses =	27984	28	66116	65	6596	6	101602	98.0

Invalid responses include no response.

65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27514	98	65347	99	6396	97	100139	98.5
2 Yes	494	2	856	1	195	3	1568	1.5
Valid responses =	28008	28	66203	65	6591	6	101707	98.1

Invalid responses include no response.

65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25233	90	57171	87	5455	83	88618	87.3
2 Yes	2727	10	8927	14	1132	17	12924	12.7
Valid responses =	27960	28	66098	65	6587	6	101542	98.0

Invalid responses include no response.

65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24617	88	56598	86	5409	82	87393	86.2
2 Yes	3296	12	9397	14	1171	18	13992	13.8
Valid responses =	27913	28	65995	65	6580	6	101385	97.8

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21145	76	45965	70	4265	65	71988	70.8
2 Yes	6851	25	20210	31	2329	35	29677	29.2
Valid responses =	27996	28	66175	65	6594	6	101665	98.1

Invalid responses include no response.

#### 65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23098	82	39996	60	2393	36	65989	64.8
2 Yes	4925	18	26307	40	4211	64	35844	35.2
Valid responses =	28023	28	66303	65	6604	6	101833	98.3

Invalid responses include no response.

#### 65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24096	86	55223	84	5233	80	85269	84.0
2 Yes	3836	14	10866	16	1349	21	16230	16.0
Valid responses =	27932	28	66089	65	6582	6	101499	97.9

Invalid responses include no response.

#### 65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27011	97	64782	98	5589	85	98163	96.9
2 Yes	866	3	1149	2	983	15	3107	3.1
Valid responses =	27877	28	65931	65	6572	6	101270	97.7

Invalid responses include no response.

#### 65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27567	99	64394	97	6135	93	98935	97.3
2 Yes	409	2	1774	3	461	7	2696	2.7
Valid responses =	27976	28	66168	65	6596	6	101631	98.1

Invalid responses include no response.

#### 65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27838	99	65301	99	6255	95	100252	98.5
2 Yes	178	1	979	2	343	5	1534	1.5
Valid responses =	28016	28	66280	65	6598	6	101786	98.2

Invalid responses include no response.

#### 65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27743	99	65563	99	6520	99	100704	99.1
2 Yes	228	1	607	1	66	1	911	0.9
Valid responses =	27971	28	66170	65	6586	6	101615	98.0

Invalid responses include no response.

#### 65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27666	100	64862	99	6411	98	99810	99.0
2 Yes	135	1	778	1	116	2	1046	1.0
Valid responses =	27801	28	65640	65	6527	6	100856	97.3

Invalid responses include no response.



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**65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	26682	95	60231	91	5440	83	93109	91.7	
2 Yes	1280	5	5892	9	1140	17	8446	8.3	
Valid responses =	27962	28	66123	65	6580	6	101555	98.0	
Invalid responses include no response.									

**65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	23942	86	47175	71	2878	44	74544	73.3	
2 Yes	4066	15	19079	29	3722	56	27210	26.7	
Valid responses =	28008	28	66254	65	6600	6	101754	98.2	
Invalid responses include no response.									

**65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Diabetes or pre-diabetes/insulin resistance**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	27201	97	63574	96	6331	96	97967	96.5	
2 Yes	741	3	2550	4	253	4	3572	3.5	
Valid responses =	27942	28	66124	65	6584	6	101539	98.0	
Invalid responses include no response.									

**65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	27519	99	61179	93	5669	86	95172	93.7	
2 Yes	425	2	4937	8	913	14	6359	6.3	
Valid responses =	27944	28	66116	65	6582	6	101531	98.0	
Invalid responses include no response.									

**65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Endometriosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	27869	100	64327	97	6360	97	99414	98.1	
2 Yes	39	0	1695	3	211	3	1975	1.9	
Valid responses =	27908	28	66022	65	6571	6	101389	97.8	
Invalid responses include no response.									

**65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Gambling Disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	27861	100	65956	100	6547	100	101242	99.8	
2 Yes	74	0	51	0	32	1	162	0.2	
Valid responses =	27935	28	66007	65	6579	6	101404	97.8	
Invalid responses include no response.									

**65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Genital herpes**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	27577	99	64538	99	6411	99	99389	98.9	
2 Yes	159	1	792	1	89	1	1055	1.1	
Valid responses =	27736	28	65330	65	6500	6	100444	96.9	
Invalid responses include no response.									

**65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Gastroesophageal Reflux Disease (GERD) or acid reflux**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	26946	96	61924	94	6007	91	95691	94.2	
2 Yes	1018	4	4241	6	577	9	5911	5.8	
Valid responses =	27964	28	66165	65	6584	6	101602	98.0	
Invalid responses include no response.									



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Number of Surveys (n) = 103639 Web Surveys

#### 65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27463	98	64440	97	6291	95	99046	97.4
2 Yes	536	2	1793	3	300	5	2663	2.6
Valid responses =	27999	28	66233	65	6591	6	101709	98.1

Invalid responses include no response.

#### 65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27865	100	66012	100	6554	100	101310	99.7
2 Yes	111	0	148	0	35	1	298	0.3
Valid responses =	27976	28	66160	65	6589	6	101608	98.0

Invalid responses include no response.

#### 65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26663	96	64051	97	6294	96	97857	96.5
2 Yes	1254	5	1955	3	260	4	3501	3.5
Valid responses =	27917	28	66006	65	6554	6	101358	97.8

Invalid responses include no response.

#### 65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26987	97	63352	96	6276	96	97450	96.1
2 Yes	941	3	2653	4	291	4	3927	3.9
Valid responses =	27928	28	66005	65	6567	6	101377	97.8

Invalid responses include no response.

#### 65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27645	100	65395	100	6468	99	100375	99.8
2 Yes	95	0	53	0	41	1	195	0.2
Valid responses =	27740	28	65448	65	6509	6	100570	97.0

Invalid responses include no response.

#### 65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27765	100	64686	98	6465	98	99790	98.5
2 Yes	142	1	1248	2	110	2	1509	1.5
Valid responses =	27907	28	65934	65	6575	6	101299	97.7

Invalid responses include no response.

#### 65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26707	96	60787	93	5415	83	93658	92.8
2 Yes	1075	4	4904	8	1129	17	7239	7.2
Valid responses =	27782	28	65691	65	6544	6	100897	97.4

Invalid responses include no response.

#### 65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27216	98	61974	94	6052	92	96075	94.7
2 Yes	711	3	4079	6	521	8	5361	5.3
Valid responses =	27927	28	66053	65	6573	6	101436	97.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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#### 65A41) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27641	98.8	64607	97.7	6367	96.7	99467	97.9
2 Yes	338	1.2	1516	2.3	219	3.3	2102	2.1
Valid responses =	27979	28	66123	65	6586	6	101569	98.0

Invalid responses include no response.

#### 65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26231	95	55701	85	5313	82	87980	87.4
2 Yes	1509	5	9877	15	1208	19	12733	12.6
Valid responses =	27740	28	65578	65	6521	6	100713	97.2

Invalid responses include no response.

#### 65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27298	98	61878	93	5615	85	95562	94.0
2 Yes	707	3	4349	7	970	15	6133	6.0
Valid responses =	28005	28	66227	65	6585	6	101695	98.1

Invalid responses include no response.

#### 65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27825	100	62309	95	6187	94	97167	96.0
2 Yes	31	0	3615	6	367	6	4043	4.0
Valid responses =	27856	28	65924	65	6554	6	101210	97.7

Invalid responses include no response.

#### 65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27086	97	60430	91	5131	78	93377	91.8
2 Yes	893	3	5791	9	1463	22	8292	8.2
Valid responses =	27979	28	66221	65	6594	6	101669	98.1

Invalid responses include no response.

#### 65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27844	100	65951	100	6479	99	101141	99.6
2 Yes	122	0	196	0	102	2	432	0.4
Valid responses =	27966	28	66147	65	6581	6	101573	98.0

Invalid responses include no response.

#### 65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27059	97	64703	98	6347	97	98950	97.6
2 Yes	848	3	1293	2	220	3	2394	2.4
Valid responses =	27907	28	65996	65	6567	6	101344	97.8

Invalid responses include no response.



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#### 65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27573	99	63124	96	6301	96	97831	96.5
2 Yes	347	1	2858	4	265	4	3510	3.5
Valid responses =	27920	28	65982	65	6566	6	101341	97.8

Invalid responses include no response.

#### 65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27801	100	65822	100	6422	98	100903	99.4
2 Yes	149	1	254	0	156	2	577	0.6
Valid responses =	27950	28	66076	65	6578	6	101480	97.9

Invalid responses include no response.

#### 65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27622	99	65244	99	6413	98	100132	98.8
2 Yes	316	1	759	1	146	2	1241	1.2
Valid responses =	27938	28	66003	65	6559	6	101373	97.8

Invalid responses include no response.

#### 65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27763	99	65080	98	6457	98	100157	98.6
2 Yes	219	1	1103	2	128	2	1468	1.4
Valid responses =	27982	28	66183	65	6585	6	101625	98.1

Invalid responses include no response.

#### 65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25462	97	56129	93	5163	86	87435	93.7
2 Yes	933	4	4029	7	825	14	5917	6.3
Valid responses =	26395	28	60158	64	5988	6	93352	90.1

Invalid responses include no response.

#### 65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Allergic & immunologic disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	725	87	3025	85	606	84	4451	84.9
2 Yes	112	13	543	15	114	16	792	15.1
Valid responses =	837	16	3568	68	720	14	5243	5.1

Invalid responses include no response.

#### 65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Autoimmune disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	671	79	2506	69	562	77	3832	71.9
2 Yes	180	21	1123	31	171	23	1498	28.1
Valid responses =	851	16	3629	68	733	14	5330	5.1

Invalid responses include no response.





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65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Blood disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	778	94	3188	89	642	89	4714	89.9
2 Yes	52	6	387	11	77	11	527	10.1
Valid responses =	830	16	3575	68	719	14	5241	5.1

Invalid responses include no response.

65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Brain & nervous system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	721	86	3005	84	577	79	4395	83.5
2 Yes	115	14	576	16	151	21	867	16.5
Valid responses =	836	16	3581	68	728	14	5262	5.1

Invalid responses include no response.

65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Hair, skin, nails disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	709	85	3131	88	641	89	4586	87.4
2 Yes	123	15	447	13	77	11	660	12.6
Valid responses =	832	16	3578	68	718	14	5246	5.1

Invalid responses include no response.

65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Digestive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	686	82	2860	80	588	81	4232	80.5
2 Yes	152	18	716	20	137	19	1022	19.5
Valid responses =	838	16	3576	68	725	14	5254	5.1

Invalid responses include no response.

65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Endocrine system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	785	95	3315	94	654	91	4853	93.4
2 Yes	40	5	221	6	65	9	341	6.6
Valid responses =	825	16	3536	68	719	14	5194	5.0

Invalid responses include no response.

65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Eye/ear/nose/throat disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	718	87	3170	90	639	89	4627	88.9
2 Yes	107	13	369	10	82	11	575	11.1
Valid responses =	825	16	3539	68	721	14	5202	5.0

Invalid responses include no response.

65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Heart & vascular disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	788	95	3238	92	635	88	4768	91.8
2 Yes	39	5	296	8	83	12	427	8.2
Valid responses =	827	16	3534	68	718	14	5195	5.0

Invalid responses include no response.



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65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Infectious disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	802	97	3444	98	679	95	5039	97.4
2 Yes	23	3	76	2	35	5	137	2.6
Valid responses =	825	16	3520	68	714	14	5176	5.0

Invalid responses include no response.

65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Mental health/psychological disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	717	87	2736	77	443	60	3971	76.0
2 Yes	110	13	808	23	290	40	1253	24.0
Valid responses =	827	16	3544	68	733	14	5224	5.0

Invalid responses include no response.

65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Musculoskeletal disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	746	90	3097	87	568	79	4496	85.9
2 Yes	83	10	469	13	154	21	737	14.1
Valid responses =	829	16	3566	68	722	14	5233	5.0

Invalid responses include no response.

65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Reproductive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	798	97	3217	91	638	89	4752	91.3
2 Yes	27	3	328	9	81	11	453	8.7
Valid responses =	825	16	3545	68	719	14	5205	5.0

Invalid responses include no response.

65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Respiratory disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	773	94	3347	95	661	92	4892	94.5
2 Yes	50	6	172	5	56	8	284	5.5
Valid responses =	823	16	3519	68	717	14	5176	5.0

Invalid responses include no response.

65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Sleep-wake disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	788	95	3303	94	648	90	4847	93.5
2 Yes	39	5	215	6	73	10	336	6.5
Valid responses =	827	16	3518	68	721	14	5183	5.0

Invalid responses include no response.

65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Urinary system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	796	96	3402	97	672	94	4981	96.0
2 Yes	33	4	123	4	44	6	205	4.0
Valid responses =	829	16	3525	68	716	14	5186	5.0

Invalid responses include no response.



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65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Other ongoing or chronic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	467	65	1949	68	377	63	2856	66.3
2 Yes	254	35	932	32	226	38	1449	33.7
Valid responses =	721	17	2881	67	603	14	4305	4.2

Invalid responses include no response.

65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Anaphylaxis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	77	71	388	74	74	67	553	72.5
2 Yes	32	29	136	26	36	33	210	27.5
Valid responses =	109	14	524	69	110	14	763	0.7

Invalid responses include no response.

65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Medication allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	62	273	51	53	47	402	51.4
2 Yes	42	38	265	49	59	53	380	48.6
Valid responses =	110	14	538	69	112	14	782	0.8

Invalid responses include no response.

65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Latex allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	102	94	449	86	87	78	654	85.5
2 Yes	7	6	76	15	24	22	111	14.5
Valid responses =	109	14	525	69	111	15	765	0.7

Invalid responses include no response.

65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Insect/bee sting allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	98	90	442	84	89	81	645	84.4
2 Yes	11	10	82	16	21	19	119	15.6
Valid responses =	109	14	524	69	110	14	764	0.7

Invalid responses include no response.

65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Immune deficiency

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	90	83	366	70	75	68	546	71.2
2 Yes	19	17	160	30	36	32	221	28.8
Valid responses =	109	14	526	69	111	14	767	0.7

Invalid responses include no response.

65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Other allergic or immunologic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	69	78	298	75	61	66	444	74.6
2 Yes	20	23	97	25	32	34	151	25.4
Valid responses =	89	15	395	66	93	16	595	0.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2024

American College Health Association

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Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other allergic or immunologic condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	133	78	838	79	109	69	1094	77.8
2 Yes	37	22	218	21	49	31	312	22.2
Valid responses =	170	12	1056	75	158	11	1406	1.4

Invalid responses include no response.

#### 65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Rheumatoid Arthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	158	93	898	86	130	82	1202	85.9
2 Yes	12	7	151	14	29	18	197	14.1
Valid responses =	170	12	1049	75	159	11	1399	1.3

Invalid responses include no response.

#### 65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Scleroderma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	162	96	1011	99	143	92	1334	97.3
2 Yes	7	4	15	2	12	8	37	2.7
Valid responses =	169	12	1026	75	155	11	1371	1.3

Invalid responses include no response.

#### 65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Systemic Lupus Erythematosus

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	159	95	919	88	135	88	1231	88.7
2 Yes	8	5	128	12	18	12	157	11.3
Valid responses =	167	12	1047	75	153	11	1388	1.3

Invalid responses include no response.

#### 65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other autoimmune disorder not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	69	49	473	52	62	45	612	50.8
2 Yes	71	51	435	48	75	55	593	49.2
Valid responses =	140	12	908	75	137	11	1205	1.2

Invalid responses include no response.

#### 65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Anemia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	69	102	27	25	34	163	32.2
2 Yes	15	31	271	73	49	66	343	67.8
Valid responses =	48	9	373	74	74	15	506	0.5

Invalid responses include no response.

#### 65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hemophilia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	74	333	96	58	82	433	90.8
2 Yes	13	27	15	4	13	18	44	9.2
Valid responses =	49	10	348	73	71	15	477	0.5

Invalid responses include no response.



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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hypercoagulable states

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	73	330	95	56	79	428	90.1
2 Yes	13	27	17	5	15	21	47	9.9
Valid responses =	48	10	347	73	71	15	475	0.5

Invalid responses include no response.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Platelet Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	73	304	87	55	76	401	83.9
2 Yes	13	27	45	13	17	24	77	16.1
Valid responses =	48	10	349	73	72	15	478	0.5

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Sickle Cell Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	85	335	96	58	82	441	92.5
2 Yes	7	15	14	4	13	18	36	7.5
Valid responses =	48	10	349	73	71	15	477	0.5

Invalid responses include no response.

65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Other blood condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	56	199	65	39	65	264	63.5
2 Yes	18	44	107	35	21	35	152	36.5
Valid responses =	41	10	306	74	60	14	416	0.4

Invalid responses include no response.

65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Cerebral Palsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	93	93	533	97	127	91	775	95.4
2 Yes	7	7	15	3	13	9	37	4.6
Valid responses =	100	12	548	67	140	17	812	0.8

Invalid responses include no response.

65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Epilepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	69	63	439	80	115	82	640	77.9
2 Yes	40	37	110	20	25	18	182	22.1
Valid responses =	109	13	549	67	140	17	822	0.8

Invalid responses include no response.

65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Seizure Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	79	75	432	79	106	75	635	77.4
2 Yes	27	26	116	21	35	25	185	22.6
Valid responses =	106	13	548	67	141	17	820	0.8

Invalid responses include no response.



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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

**65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?**

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

**Multiple Sclerosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	91	91	511	95	126	89	750	92.9
2 Yes	9	9	30	6	16	11	57	7.1
Valid responses =	100	12	541	67	142	18	807	0.8

Invalid responses include no response.

**65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?**

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

**Other brain or nervous system condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	62	238	51	48	37	354	49.9
2 Yes	35	38	226	49	83	63	356	50.1
Valid responses =	93	13	464	65	131	18	710	0.7

Invalid responses include no response.

**65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Alopecia**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	103	91	364	90	56	81	532	89.0
2 Yes	10	9	40	10	13	19	66	11.0
Valid responses =	113	19	404	68	69	12	598	0.6

Invalid responses include no response.

**65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Eczema**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	71	59	204	49	29	40	309	49.4
2 Yes	49	41	217	52	43	60	316	50.6
Valid responses =	120	19	421	67	72	12	625	0.6

Invalid responses include no response.

**65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Hirsutism**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	107	95	383	97	57	81	555	94.1
2 Yes	6	5	12	3	13	19	35	5.9
Valid responses =	113	19	395	67	70	12	590	0.6

Invalid responses include no response.

**65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Hyperhidrosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	101	90	380	95	54	77	544	91.4
2 Yes	11	10	21	5	16	23	51	8.6
Valid responses =	112	19	401	67	70	12	595	0.6

Invalid responses include no response.

**65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Photodermatitis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	107	96	390	99	56	82	562	96.2
2 Yes	4	4	4	1	12	18	22	3.8
Valid responses =	111	19	394	67	68	12	584	0.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Psoriasis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	73	65	317	78	46	66	445	73.7
2 Yes	40	35	91	22	24	34	159	26.3
Valid responses =	113	19	408	68	70	12	604	0.6

Invalid responses include no response.

65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Vitiligo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	107	96	384	97	54	78	554	93.9
2 Yes	5	5	13	3	15	22	36	6.1
Valid responses =	112	19	397	67	69	12	590	0.6

Invalid responses include no response.

65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Other hair, skin, or nail condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62	68	210	62	35	58	311	62.3
2 Yes	29	32	128	38	25	42	188	37.7
Valid responses =	91	18	338	68	60	12	499	0.5

Invalid responses include no response.

65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Crohn's Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	103	70	558	84	102	80	775	81.1
2 Yes	45	30	107	16	25	20	181	18.9
Valid responses =	148	15	665	70	127	13	956	0.9

Invalid responses include no response.

65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Diverticular Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	130	92	630	96	109	87	883	93.8
2 Yes	12	9	28	4	16	13	58	6.2
Valid responses =	142	15	658	70	125	13	941	0.9

Invalid responses include no response.

65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Esophageal Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	132	92	613	94	106	85	865	92.0
2 Yes	12	8	42	6	19	15	75	8.0
Valid responses =	144	15	655	70	125	13	940	0.9

Invalid responses include no response.

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Gallbladder Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	131	92	585	88	104	83	833	87.9
2 Yes	11	8	80	12	21	17	115	12.1
Valid responses =	142	15	665	70	125	13	948	0.9

Invalid responses include no response.





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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

##### Ulcerative Colitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	102	71	581	86	93	74	789	82.4
2 Yes	41	29	92	14	32	26	168	17.6
Valid responses =	143	15	673	70	125	13	957	0.9

Invalid responses include no response.

#### 65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

##### Other digestive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	79	71	314	58	49	45	444	57.1
2 Yes	33	30	231	42	60	55	333	42.9
Valid responses =	112	14	545	70	109	14	777	0.7

Invalid responses include no response.

#### 65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

##### Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63	61	250	71	43	57	367	67.1
2 Yes	40	39	103	29	33	43	180	32.9
Valid responses =	103	19	353	65	76	14	547	0.5

Invalid responses include no response.

#### 65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

##### Uveitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	95	95	332	96	58	77	498	92.9
2 Yes	5	5	14	4	17	23	38	7.1
Valid responses =	100	19	346	65	75	14	536	0.5

Invalid responses include no response.

#### 65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

##### Vertigo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	87	85	276	79	51	67	427	78.8
2 Yes	16	16	72	21	25	33	115	21.2
Valid responses =	103	19	348	64	76	14	542	0.5

Invalid responses include no response.

#### 65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

##### Other eye/ear/nose/throat condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51	51	124	43	27	41	203	43.4
2 Yes	49	49	165	57	39	59	265	56.6
Valid responses =	100	21	289	62	66	14	468	0.5

Invalid responses include no response.

#### 65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

##### Cardiac Arrhythmia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	74	214	76	59	76	306	76.1
2 Yes	9	26	67	24	19	24	96	23.9
Valid responses =	35	9	281	70	78	19	402	0.4

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Coronary Artery Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	91	267	97	63	83	369	93.4
2 Yes	3	9	9	3	13	17	26	6.6
Valid responses =	35		276		76		395	0.4

Invalid responses include no response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congenital Heart Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	78	250	92	60	79	345	87.8
2 Yes	8	22	23	8	16	21	48	12.2
Valid responses =	36		273		76		393	0.4

Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congestive Heart Failure

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	89	264	96	62	83	365	92.9
2 Yes	4	11	10	4	13	17	28	7.1
Valid responses =	36		274		75		393	0.4

Invalid responses include no response.

65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Heart Murmur

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	78	216	79	55	71	306	77.7
2 Yes	8	22	57	21	22	29	88	22.3
Valid responses =	36		273		77		394	0.4

Invalid responses include no response.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Valvular Heart Disease (for example: Mitral valve prolapse)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	89	250	91	61	79	349	88.1
2 Yes	4	11	26	9	16	21	47	11.9
Valid responses =	35		276		77		396	0.4

Invalid responses include no response.

65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Other heart or vascular condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	39	89	37	23	33	124	35.2
2 Yes	19	61	155	64	47	67	228	64.8
Valid responses =	31		244		70		352	0.3

Invalid responses include no response.

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Lyme Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	77	59	80	17	50	94	71.2
2 Yes	5	23	15	20	17	50	38	28.8
Valid responses =	22		74		34		132	0.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2024

American College Health Association

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(410) 859-1500

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Other infectious disease not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	77	34	58	13	43	60	55.6
2 Yes	4	24	25	42	17	57	48	44.4
Valid responses =	17	16	59	55	30	28	108	0.1

Invalid responses include no response.

#### 65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Carpal Tunnel Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	72	92	370	85	126	84	593	85.7
2 Yes	6	8	65	15	24	16	99	14.3
Valid responses =	78	11	435	63	150	22	692	0.7

Invalid responses include no response.

#### 65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Fibromyalgia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	70	90	331	76	98	66	520	75.0
2 Yes	8	10	107	24	50	34	173	25.0
Valid responses =	78	11	438	63	148	21	693	0.7

Invalid responses include no response.

#### 65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Gout

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	70	90	425	99	132	90	654	95.8
2 Yes	8	10	5	1	14	10	29	4.2
Valid responses =	78	11	430	63	146	21	683	0.7

Invalid responses include no response.

#### 65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Muscular Dystrophy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	87	412	97	131	89	638	94.0
2 Yes	10	13	14	3	16	11	41	6.0
Valid responses =	77	11	426	63	147	22	679	0.7

Invalid responses include no response.

#### 65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoarthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63	83	352	81	112	77	551	80.4
2 Yes	13	17	82	19	34	23	134	19.6
Valid responses =	76	11	434	63	146	21	685	0.7

Invalid responses include no response.

#### 65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoporosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	72	92	399	93	128	87	626	92.1
2 Yes	6	8	28	7	19	13	54	7.9
Valid responses =	78	11	427	63	147	22	680	0.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Temporomandibular Joint Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	69	90	341	78	108	74	537	77.9
2 Yes	8	10	96	22	39	27	152	22.1
Valid responses =	77	11	437	63	147	21	689	0.7

Invalid responses include no response.

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Other musculoskeletal condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	43	110	29	53	43	200	33.6
2 Yes	38	57	268	71	71	57	395	66.4
Valid responses =	67	11	378	64	124	21	595	0.6

Invalid responses include no response.

65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Amenorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	88	251	83	52	68	337	80.4
2 Yes	3	12	53	17	24	32	82	19.6
Valid responses =	25	6	304	73	76	18	419	0.4

Invalid responses include no response.

65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Cervical Dysplasia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	84	289	95	60	82	382	92.0
2 Yes	4	16	14	5	13	18	33	8.0
Valid responses =	25	6	303	73	73	18	415	0.4

Invalid responses include no response.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	80	142	46	30	38	198	46.4
2 Yes	5	20	167	54	49	62	229	53.6
Valid responses =	25	6	309	72	79	19	427	0.4

Invalid responses include no response.

65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Prostatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	77	293	98	61	82	387	93.9
2 Yes	6	23	5	2	13	18	25	6.1
Valid responses =	26	6	298	72	74	18	412	0.4

Invalid responses include no response.

65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Sexual Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	60	273	90	51	68	349	83.5
2 Yes	10	40	31	10	24	32	69	16.5
Valid responses =	25	6	304	73	75	18	418	0.4

Invalid responses include no response.



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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

6506) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Other reproductive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	60	125	51	37	54	179	51.9
2 Yes	8	40	121	49	31	46	166	48.1
Valid responses =	20	6	246	71	68	20	345	0.3

Invalid responses include no response.

65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Cystic Fibrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	92	160	95	40	76	247	90.5
2 Yes	4	8	8	5	13	25	26	9.5
Valid responses =	48	18	168	62	53	19	273	0.3

Invalid responses include no response.

65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Sarcoidosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42	88	162	96	42	79	249	90.9
2 Yes	6	13	7	4	11	21	25	9.1
Valid responses =	48	18	169	62	53	19	274	0.3

Invalid responses include no response.

65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Active Tuberculous

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	43	90	165	99	41	77	252	92.6
2 Yes	5	10	2	1	12	23	20	7.4
Valid responses =	48	18	167	61	53	19	272	0.3

Invalid responses include no response.

65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Other respiratory system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	56	86	61	23	49	134	57.3
2 Yes	18	44	56	39	24	51	100	42.7
Valid responses =	41	18	142	61	47	20	234	0.2

Invalid responses include no response.

65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Hypersomnolence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	67	147	72	37	53	214	67.7
2 Yes	12	33	56	28	33	47	102	32.3
Valid responses =	36	11	203	64	70	22	316	0.3

Invalid responses include no response.

65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Narcolepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	60	139	70	46	67	211	67.8
2 Yes	14	40	61	31	23	33	100	32.2
Valid responses =	35	11	200	64	69	22	311	0.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

##### Restless Leg Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	74	143	74	38	56	209	68.8
2 Yes	9	27	51	26	30	44	95	31.3
Valid responses =	34	11	194	64	68	22	304	0.3

Invalid responses include no response.

#### 65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

##### Sleep Paralysis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	77	161	82	43	64	235	76.8
2 Yes	8	23	36	18	24	36	71	23.2
Valid responses =	35	11	197	64	67	22	306	0.3

Invalid responses include no response.

#### 65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

##### Sleep Terrors (or night terrors)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	77	141	71	43	64	213	69.6
2 Yes	8	24	57	29	24	36	93	30.4
Valid responses =	34	11	198	65	67	22	306	0.3

Invalid responses include no response.

#### 65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

##### Sleep Walking

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	77	177	90	50	75	257	84.3
2 Yes	8	24	20	10	17	25	48	15.7
Valid responses =	34	11	197	65	67	22	305	0.3

Invalid responses include no response.

#### 65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

##### Other sleep-wake condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	79	110	72	26	54	158	68.4
2 Yes	5	21	42	28	22	46	73	31.6
Valid responses =	24	10	152	66	48	21	231	0.2

Invalid responses include no response.

#### 65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

##### Bladder disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	77	97	86	27	64	150	78.9
2 Yes	7	23	16	14	15	36	40	21.1
Valid responses =	31	16	113	59	42	22	190	0.2

Invalid responses include no response.

#### 65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

##### Kidney disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	80	92	80	24	56	143	74.5
2 Yes	6	20	23	20	19	44	49	25.5
Valid responses =	30	16	115	60	43	22	192	0.2

Invalid responses include no response.



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65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney stone

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	67	86	75	23	54	132	68.8
2 Yes	10	33	29	25	20	47	60	31.3
Valid responses =	30	16	115	60	43	22	192	0.2

Invalid responses include no response.

65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Urinary Incontinence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	55	70	61	22	51	111	57.8
2 Yes	14	45	44	39	21	49	81	42.2
Valid responses =	31	16	114	59	43	22	192	0.2

Invalid responses include no response.

65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Other urinary system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	56	47	56	15	46	78	53.1
2 Yes	12	44	37	44	18	55	69	46.9
Valid responses =	27	18	84	57	33	22	147	0.1

Invalid responses include no response.

65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 1 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	443	72	1666	84	150	74	2271	80.8
2 Yes	170	28	310	16	52	26	539	19.2
Valid responses =	613	22	1976	70	202	7	2810	2.7

Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 2 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	392	65	1533	76	147	76	2083	73.7
2 Yes	210	35	483	24	46	24	744	26.3
Valid responses =	602	21	2016	71	193	7	2827	2.7

Invalid responses include no response.

65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Pre-diabetes or insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	283	43	605	25	54	23	950	28.9
2 Yes	370	57	1774	75	182	77	2342	71.1
Valid responses =	653	20	2379	72	236	7	3292	3.2

Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Gestational Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	541	98	1753	90	169	90	2478	91.6
2 Yes	13	2	194	10	18	10	227	8.4
Valid responses =	554	20	1947	72	187	7	2705	2.6

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2024

American College Health Association

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(410) 859-1500

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4416	72	11163	56	1399	68	17130	60.3
2 Yes	1755	28	8782	44	666	32	11286	39.7
Valid responses =	6171	22	19945	70	2065	7	28416	27.4

Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1381	40	2166	26	459	22	4068	29.1
2 Yes	2054	60	6068	74	1606	78	9898	70.9
Valid responses =	3435	25	8234	59	2065	15	13966	13.5

Invalid responses include no response.

65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	51	503	59	104	55	872	55.9
2 Yes	241	49	351	41	87	46	688	44.1
Valid responses =	494	32	854	55	191	12	1560	1.5

Invalid responses include no response.

65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2048	75	5773	65	793	71	8705	67.8
2 Yes	671	25	3099	35	324	29	4136	32.2
Valid responses =	2719	21	8872	69	1117	9	12841	12.4

Invalid responses include no response.

65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2588	79	6477	70	870	76	10031	72.3
2 Yes	699	21	2845	31	278	24	3848	27.7
Valid responses =	3287	24	9322	67	1148	8	13879	13.4

Invalid responses include no response.

65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5233	77	13656	68	1766	77	20870	70.7
2 Yes	1599	23	6451	32	537	23	8647	29.3
Valid responses =	6832	23	20107	68	2303	8	29517	28.5

Invalid responses include no response.

65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1715	35	6579	25	857	20	9245	25.9
2 Yes	3202	65	19642	75	3336	80	26478	74.1
Valid responses =	4917	14	26221	73	4193	12	35723	34.5

Invalid responses include no response.



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65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2816	74	6502	60	855	64	10299	63.9
2 Yes	996	26	4294	40	478	36	5811	36.1
Valid responses =	3812	24	10796	67	1333	8	16110	15.5

Invalid responses include no response.

65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Autism Spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	534	62	504	44	375	39	1461	47.5
2 Yes	325	38	636	56	594	61	1613	52.5
Valid responses =	859	28	1140	37	969	32	3074	3.0

Invalid responses include no response.

65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	162	40	516	29	113	25	803	30.0
2 Yes	244	60	1251	71	343	75	1877	70.0
Valid responses =	406	15	1767	66	456	17	2680	2.6

Invalid responses include no response.

65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD), Avoidant Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	82	46	307	32	94	28	490	32.3
2 Yes	95	54	661	68	245	72	1026	67.7
Valid responses =	177	12	968	64	339	22	1516	1.5

Invalid responses include no response.

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	103	46	231	38	31	49	370	41.2
2 Yes	122	54	372	62	32	51	529	58.8
Valid responses =	225	25	603	67	63	7	899	0.9

Invalid responses include no response.

65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	81	61	349	45	55	49	491	47.5
2 Yes	52	39	425	55	57	51	542	52.5
Valid responses =	133	13	774	75	112	11	1033	1.0

Invalid responses include no response.

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	477	37	1684	29	372	33	2576	30.7
2 Yes	797	63	4178	71	760	67	5820	69.3
Valid responses =	1274	15	5862	70	1132	13	8396	8.1

Invalid responses include no response.



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65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1449	36	4973	26	809	22	7315	27.0
2 Yes	2605	64	14049	74	2893	78	19801	73.0
Valid responses =	4054	15	19022	70	3702	14	27116	26.2

Invalid responses include no response.

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	233	32	688	27	87	35	1012	28.5
2 Yes	506	69	1850	73	162	65	2539	71.5
Valid responses =	739	21	2538	71	249	7	3551	3.4

Invalid responses include no response.

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	252	60	2502	51	451	50	3246	51.4
2 Yes	169	40	2405	49	456	50	3071	48.6
Valid responses =	421	7	4907	78	907	14	6317	6.1

Invalid responses include no response.

65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	71	629	37	83	40	754	38.6
2 Yes	11	29	1051	63	124	60	1200	61.4
Valid responses =	38	2	1680	86	207	11	1954	1.9

Invalid responses include no response.

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	54	76	38	76	16	53	110	71.4
2 Yes	17	24	12	24	14	47	44	28.6
Valid responses =	71	46	50	32	30	19	154	0.1

Invalid responses include no response.

65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	80	51	439	56	52	59	579	55.5
2 Yes	76	49	348	44	36	41	465	44.5
Valid responses =	156	15	787	75	88	8	1044	1.0

Invalid responses include no response.

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	531	52	1897	45	314	55	2772	47.2
2 Yes	483	48	2323	55	256	45	3102	52.8
Valid responses =	1014	17	4220	72	570	10	5874	5.7

Invalid responses include no response.



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65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	48	705	40	126	42	1091	41.2
2 Yes	279	52	1080	61	171	58	1556	58.8
Valid responses =	532	20	1785	67	297	11	2647	2.6

Invalid responses include no response.

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	83	76	86	59	16	49	185	63.8
2 Yes	26	24	59	41	17	52	105	36.2
Valid responses =	109	38	145	50	33	11	290	0.3

Invalid responses include no response.

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	425	34	524	27	110	43	1072	30.9
2 Yes	824	66	1413	73	146	57	2400	69.1
Valid responses =	1249	36	1937	56	256	7	3472	3.4

Invalid responses include no response.

65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	349	37	894	34	131	45	1384	35.5
2 Yes	584	63	1744	66	158	55	2516	64.5
Valid responses =	933	24	2638	68	289	7	3900	3.8

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	35	31	61	17	47	85	45.7
2 Yes	61	65	20	39	19	53	101	54.3
Valid responses =	94	51	51	27	36	19	186	0.2

Invalid responses include no response.

65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	95	69	677	55	59	55	834	55.7
2 Yes	42	31	566	46	49	45	662	44.3
Valid responses =	137	9	1243	83	108	7	1496	1.4

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	538	50	2017	42	455	41	3074	42.8
2 Yes	531	50	2847	59	662	59	4105	57.2
Valid responses =	1069	15	4864	68	1117	16	7179	6.9

Invalid responses include no response.



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65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	361	51	1776	44	262	51	2423	45.4
2 Yes	347	49	2284	56	256	49	2912	54.6
Valid responses =	708	13	4060	76	518	10	5335	5.1

Invalid responses include no response.

65T41) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	207	61	708	47	114	52.8	1041	49.9
2 Yes	131	39	799	53	102	47.2	1046	50.1
Valid responses =	338	16	1507	72	216	10	2087	2.0

Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	930	62	4407	45	594	50	5994	47.5
2 Yes	567	38	5394	55	603	50	6638	52.5
Valid responses =	1497	12	9801	78	1197	9	12632	12.2

Invalid responses include no response.

65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	341	49	1478	34	305	32	2160	35.4
2 Yes	360	51	2850	66	656	68	3935	64.6
Valid responses =	701	12	4328	71	961	16	6095	5.9

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	76	1073	30	140	38	1250	31.1
2 Yes	7	24	2522	70	225	62	2768	68.9
Valid responses =	29	1	3595	89	365	9	4018	3.9

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	310	35	1838	32	391	27	2582	31.3
2 Yes	577	65	3939	68	1060	73	5675	68.7
Valid responses =	887	11	5777	70	1451	18	8257	8.0

Invalid responses include no response.

65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51	43	82	42	40	40	176	41.2
2 Yes	69	58	114	58	61	60	251	58.8
Valid responses =	120	28	196	46	101	24	427	0.4

Invalid responses include no response.



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FREQUENCY REPORT

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65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	388	46	605	47	119	55	1129	47.6
2 Yes	454	54	677	53	98	45	1243	52.4
Valid responses =	842	35	1282	54	217	9	2372	2.3

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	89	26	569	20	75	29	742	21.3
2 Yes	256	74	2277	80	184	71	2747	78.7
Valid responses =	345	10	2846	82	259	7	3489	3.4

Invalid responses include no response.

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	106	71	138	56	71	47	322	57.4
2 Yes	43	29	109	44	79	53	239	42.6
Valid responses =	149	27	247	44	150	27	561	0.5

Invalid responses include no response.

65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	197	63	426	57	81	56	713	58.0
2 Yes	118	38	326	43	63	44	517	42.0
Valid responses =	315	26	752	61	144	12	1230	1.2

Invalid responses include no response.

65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	102	47	442	40	57	46	604	41.5
2 Yes	116	53	653	60	68	54	851	58.5
Valid responses =	218	15	1095	75	125	9	1455	1.4

Invalid responses include no response.

65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	461	52	1493	40	289	37	2286	41.4
2 Yes	425	48	2243	60	483	63	3231	58.6
Valid responses =	886	16	3736	68	772	14	5517	5.3

Invalid responses include no response.

65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	202	10	642	11	148	9	1007	10.2
2 Medicine only	1045	51	2309	38	464	29	3888	39.3
3 Therapy only	174	9	751	12	249	16	1190	12.0
4 Both medicine and therapy	619	30	2330	38	730	46	3745	37.9
5 Other Treatment	12	1	30	1	12	1	57	0.6
Valid responses =	2052	21	6062	61	1603	16	9887	9.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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(410) 859-1500

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	35	15	57	16	13	15	106	15.4
2 Medicine only	5	2	15	4	3	3	23	3.3
3 Therapy only	121	50	168	48	48	55	343	49.9
4 Both medicine and therapy	57	24	88	25	14	16	160	23.3
5 Other Treatment	22	9	23	7	9	10	55	8.0
Valid responses =	240	35	351	51	87	13	687	0.7

Invalid responses include no response.

65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	257	8	1362	7	168	5	1806	6.8
2 Medicine only	723	23	4361	22	483	15	5625	21.3
3 Therapy only	766	24	4673	24	776	23	6287	23.8
4 Both medicine and therapy	1429	45	9123	47	1890	57	12587	47.6
5 Other Treatment	22	1	107	1	15	1	146	0.6
Valid responses =	3197	12	19626	74	3332	13	26451	25.5

Invalid responses include no response.

65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	91	28	210	33	179	30	500	31.1
2 Medicine only	41	13	34	5	16	3	92	5.7
3 Therapy only	112	35	276	44	300	51	713	44.3
4 Both medicine and therapy	73	23	112	18	91	15	283	17.6
5 Other Treatment	7	2	2	0	8	1	21	1.3
Valid responses =	324	20	634	39	594	37	1609	1.6

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	14	6	57	5	20	6	93	5.0
2 Medicine only	51	21	238	19	53	16	354	18.9
3 Therapy only	31	13	149	12	33	10	219	11.7
4 Both medicine and therapy	146	60	800	64	232	68	1196	63.8
5 Other Treatment	2	1	6	1	4	1	13	0.7
Valid responses =	244	13	1250	67	342	18	1875	1.8

Invalid responses include no response.

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	10	11	51	8	21	9	87	8.5
2 Medicine only	11	12	67	10	19	8	99	9.7
3 Therapy only	35	37	197	30	90	37	330	32.3
4 Both medicine and therapy	35	37	341	52	112	46	497	48.6
5 Other Treatment	3	3	2	0	3	1	9	0.9
Valid responses =	94	9	658	64	245	24	1022	1.0

Invalid responses include no response.





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65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	174	7	717	5	114	4	1019	5.2
2 Medicine only	515	20	2959	21	409	14	3931	19.9
3 Therapy only	569	22	2822	20	563	20	4007	20.3
4 Both medicine and therapy	1334	51	7481	53	1787	62	10736	54.3
5 Other Treatment	11	0	56	0	17	1	87	0.4
Valid responses =	2603	13	14035	71	2890	15	19780	19.1

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	26	15	434	18	75	17	544	17.7
2 Medicine only	18	11	117	5	20	4	158	5.2
3 Therapy only	74	44	1222	51	260	57	1579	51.5
4 Both medicine and therapy	46	27	556	23	91	20	697	22.7
5 Other Treatment	5	3	74	3	9	2	89	2.9
Valid responses =	169	6	2403	78	455	15	3067	3.0

Invalid responses include no response.

65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	4	25	4	36	6	43	14	33.3
2 Medicine only	2	13	3	27	2	14	7	16.7
3 Therapy only	7	44	2	18	0	0	9	21.4
4 Both medicine and therapy	2	13	2	18	2	14	6	14.3
5 Other Treatment	1	6	0	0	4	29	6	14.3
Valid responses =	16	38	11	26	14	33	42	0.0

Invalid responses include no response.

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	103	20	576	20	118	18	805	19.7
2 Medicine only	196	37	1068	38	235	36	1527	37.4
3 Therapy only	75	14	323	11	89	14	500	12.2
4 Both medicine and therapy	138	26	790	28	204	31	1144	28.0
5 Other Treatment	16	3	75	3	14	2	108	2.6
Valid responses =	528	13	2832	69	660	16	4084	3.9

Invalid responses include no response.

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	47	13	301	11	50	8	409	10.4
2 Medicine only	46	13	367	13	68	10	491	12.5
3 Therapy only	110	31	842	30	212	32	1188	30.2
4 Both medicine and therapy	152	42	1322	46	323	49	1820	46.3
5 Other Treatment	4	1	16	1	3	1	24	0.6
Valid responses =	359	9	2848	72	656	17	3932	3.8

Invalid responses include no response.



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65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	59	10	255	7	75	7	395	7.0
2 Medicine only	44	8	256	7	44	4	350	6.2
3 Therapy only	223	39	1657	42	453	43	2381	42.0
4 Both medicine and therapy	240	42	1715	44	478	45	2470	43.6
5 Other Treatment	8	1	53	1	9	1	71	1.3
Valid responses =	574	10	3936	69	1059	19	5667	5.5

Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	9	13	8	7	8	13	25	10.0
2 Medicine only	17	25	20	18	11	18	48	19.2
3 Therapy only	8	12	15	13	11	18	37	14.8
4 Both medicine and therapy	33	48	70	62	30	49	136	54.4
5 Other Treatment	2	3	0	0	1	2	4	1.6
Valid responses =	69	28	113	45	61	24	250	0.2

Invalid responses include no response.

65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	10	24	36	33	25	32	75	31.5
2 Medicine only	18	43	30	28	19	24	68	28.6
3 Therapy only	6	14	10	9	15	19	32	13.4
4 Both medicine and therapy	6	14	28	26	18	23	53	22.3
5 Other Treatment	2	5	5	5	2	3	10	4.2
Valid responses =	42	18	109	46	79	33	238	0.2

Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	42	36	81	25	20	32	146	28.3
2 Medicine only	19	16	57	18	10	16	86	16.7
3 Therapy only	18	15	58	18	8	13	85	16.5
4 Both medicine and therapy	28	24	95	29	15	24	142	27.6
5 Other Treatment	10	9	35	11	10	16	56	10.9
Valid responses =	117	23	326	63	63	12	515	0.5

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	239	14	1143	13	137	21	1535	13.7
2 Yes	1497	86	7542	87	527	79	9633	86.3
Valid responses =	1736	16	8685	78	664	6	11168	10.8

Invalid responses include no response.

65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	285	43	1230	40	150	46	1684	41.1
2 Yes	373	57	1845	60	174	54	2414	58.9
Valid responses =	658	16	3075	75	324	8	4098	4.0

Invalid responses include no response.



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**65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	212	31	767	27	83	30	1072	28.2
2 Yes	473	69	2048	73	192	70	2729	71.8
Valid responses =	685	18	2815	74	275	7	3801	3.7

Invalid responses include no response.

**65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	444	28	1649	26	170	32	2285	26.7
2 Yes	1125	72	4733	74	365	68	6258	73.3
Valid responses =	1569	18	6382	75	535	6	8543	8.2

Invalid responses include no response.

**65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	217	22	623	15	72	15	917	15.9
2 Yes	767	78	3637	85	404	85	4846	84.1
Valid responses =	984	17	4260	74	476	8	5763	5.6

Invalid responses include no response.

**65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59	49	152	41	13	41	225	42.9
2 Yes	62	51	217	59	19	59	300	57.1
Valid responses =	121	23	369	70	32	6	525	0.5

Invalid responses include no response.

**65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	52	182	43	31	54	241	44.5
2 Yes	25	48	242	57	26	46	300	55.5
Valid responses =	52	10	424	78	57	11	541	0.5

Invalid responses include no response.

**65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	166	21	784	19	202	27	1174	20.3
2 Yes	628	79	3369	81	554	73	4613	79.7
Valid responses =	794	14	4153	72	756	13	5787	5.6

Invalid responses include no response.

**65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	106	21	477	26	48	30	635	25.1
2 Yes	398	79	1363	74	113	70	1891	74.9
Valid responses =	504	20	1840	73	161	6	2526	2.4

Invalid responses include no response.



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65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	64	296	28	34	28	343	28.8
2 Yes	4	36	749	72	89	72	850	71.2
Valid responses =	11	1	1045	88	123	10	1193	1.2

Invalid responses include no response.

65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	24	50	15	6	17	75	16.2
2 Yes	58	76	295	86	30	83	387	83.8
Valid responses =	76	16	345	75	36	8	462	0.4

Invalid responses include no response.

65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	73	15	352	15	49	19	481	15.6
2 Yes	407	85	1958	85	206	81	2603	84.4
Valid responses =	480	16	2310	75	255	8	3084	3.0

Invalid responses include no response.

65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	106	38	332	31	54	32	503	32.5
2 Yes	170	62	744	69	117	68	1046	67.5
Valid responses =	276	18	1076	69	171	11	1549	1.5

Invalid responses include no response.

65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	46	31	53	8	47	51	48.6
2 Yes	14	54	28	48	9	53	54	51.4
Valid responses =	26	25	59	56	17	16	105	0.1

Invalid responses include no response.

65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	205	25	257	18	35	24	505	21.2
2 Yes	614	75	1145	82	110	76	1878	78.8
Valid responses =	819	34	1402	59	145	6	2383	2.3

Invalid responses include no response.

65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	200	35	807	47	72	46	1096	43.9
2 Yes	380	66	921	53	86	54	1400	56.1
Valid responses =	580	23	1728	69	158	6	2496	2.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2024

American College Health Association

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[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	10	5	25	4	21	15	14.9
2 Yes	55	90	15	75	15	79	86	85.1
Valid responses =	61	60	20	20	19	19	101	0.1

Invalid responses include no response.

65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	29	261	46	23	47	299	45.3
2 Yes	30	71	304	54	26	53	361	54.7
Valid responses =	42	6	565	86	49	7	660	0.6

Invalid responses include no response.

65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	96	28	674	30	70	28	851	29.3
2 Yes	251	72	1603	70	185	73	2053	70.7
Valid responses =	347	12	2277	78	255	9	2904	2.8

Invalid responses include no response.

65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	150	27	1215	23	141	24	1525	23.1
2 Yes	411	73	4138	77	459	77	5063	76.9
Valid responses =	561	9	5353	81	600	9	6588	6.4

Invalid responses include no response.

65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	14	602	24	56	25	661	24.1
2 Yes	6	86	1899	76	168	75	2085	75.9
Valid responses =	7	0	2501	91	224	8	2746	2.6

Invalid responses include no response.

65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	88	20	186	28	24	25	302	24.4
2 Yes	364	81	486	72	74	76	934	75.6
Valid responses =	452	37	672	54	98	8	1236	1.2

Invalid responses include no response.

65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	19	378	17	27	15	459	16.9
2 Yes	206	81	1876	83	157	85	2264	83.1
Valid responses =	255	9	2254	83	184	7	2723	2.6

Invalid responses include no response.



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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	12	111	17	11	16	136	16.1
2 Yes	102	88	538	83	57	84	711	83.9
Valid responses =	116	14	649	77	68	8	847	0.8

Invalid responses include no response.

65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	111	50	595	57	90	70	803	56.8
2 Yes	112	50	451	43	39	30	610	43.2
Valid responses =	223	16	1046	74	129	9	1413	1.4

Invalid responses include no response.

65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	136	68	412	66	114	78	674	68.1
2 Yes	63	32	217	35	33	22	316	31.9
Valid responses =	199	20	629	64	147	15	990	1.0

Invalid responses include no response.

65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	83	37	65	11	85	78	73.6
2 Yes	6	17	20	35	2	15	28	26.4
Valid responses =	35	33	57	54	13	12	106	0.1

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	170	61	711	61	79	56	975	60.5
2 Yes	109	39	461	39	63	44	637	39.5
Valid responses =	279	17	1172	73	142	9	1612	1.6

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	128	62	440	61	53	68	629	62.0
2 Yes	77	38	282	39	25	32	385	38.0
Valid responses =	205	20	722	71	78	8	1014	1.0

Invalid responses include no response.

65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	248	59	904	59	98	61	1263	59.4
2 Yes	171	41	622	41	63	39	863	40.6
Valid responses =	419	20	1526	72	161	8	2126	2.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	171	67	878	65	123	74	1186	66.4
2 Yes	83	33	467	35	44	26	599	33.6
Valid responses =	254	14	1345	75	167	9	1785	1.7

Invalid responses include no response.

65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	119	58	363	61	39	55	524	59.8
2 Yes	87	42	231	39	32	45	352	40.2
Valid responses =	206	24	594	68	71	8	876	0.8

Invalid responses include no response.

65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	77	48	84	16	80	76	82.6
2 Yes	3	23	9	16	4	20	16	17.4
Valid responses =	13	14	57	62	20	22	92	0.1

Invalid responses include no response.

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	86	40	70	15	75	68	73.1
2 Yes	2	14	17	30	5	25	25	26.9
Valid responses =	14	15	57	61	20	22	93	0.1

Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	80	41	82	15	71	68	79.1
2 Yes	2	20	9	18	6	29	18	20.9
Valid responses =	10	12	50	58	21	24	86	0.1

Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	26	26	18	5	42	45	21.1
2 Yes	41	75	119	82	7	58	168	78.9
Valid responses =	55	26	145	68	12	6	213	0.2

Invalid responses include no response.

65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	48	114	66	16	53	143	62.2
2 Yes	14	52	58	34	14	47	87	37.8
Valid responses =	27	12	172	75	30	13	230	0.2

Invalid responses include no response.





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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	118	74	503	70	145	76	778	71.2
2 Yes	41	26	220	30	45	24	315	28.8
Valid responses =	159	15	723	66	190	17	1093	1.1

Invalid responses include no response.

65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	122	70	464	65	83	73	681	67.1
2 Yes	52	30	249	35	31	27	334	32.9
Valid responses =	174	17	713	70	114	11	1015	1.0

Invalid responses include no response.

65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	48	47	243	54	27	60	319	52.9
2 Yes	54	53	209	46	18	40	284	47.1
Valid responses =	102	17	452	75	45	7	603	0.6

Invalid responses include no response.

65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	73	303	71	59	79	389	72.2
2 Yes	7	27	126	29	16	21	150	27.8
Valid responses =	26	5	429	80	75	14	539	0.5

Invalid responses include no response.

65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	29	173	63	22	67	202	62.7
2 Yes	5	71	104	38	11	33	120	37.3
Valid responses =	7	2	277	86	33	10	322	0.3

Invalid responses include no response.

65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	100	2	67	4	67	10	76.9
2 Yes	0	0	1	33	2	33	3	23.1
Valid responses =	4	31	3	23	6	46	13	0.0

Invalid responses include no response.

65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	72	21	45	4	67	38	52.8
2 Yes	5	28	26	55	2	33	34	47.2
Valid responses =	18	25	47	65	6	8	72	0.1

Invalid responses include no response.



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65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	65	210	63	33	72	292	64.6
2 Yes	24	35	121	37	13	28	160	35.4
Valid responses =	68	15	331	73	46	10	452	0.4

Invalid responses include no response.

65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	39	124	40	29	56	198	41.5
2 Yes	62	61	188	60	23	44	279	58.5
Valid responses =	102	21	312	65	52	11	477	0.5

Invalid responses include no response.

65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	58	12	39	6	75	25	49.0
2 Yes	5	42	19	61	2	25	26	51.0
Valid responses =	12	24	31	61	8	16	51	0.0

Invalid responses include no response.

65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	76	39	118	48	18	51	216	44.4
2 Yes	119	61	130	52	17	49	270	55.6
Valid responses =	195	40	248	51	35	7	486	0.5

Invalid responses include no response.

65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	87	47	325	43	34	49	452	43.8
2 Yes	100	54	434	57	36	51	581	56.2
Valid responses =	187	18	759	73	70	7	1033	1.0

Invalid responses include no response.

65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	83	5	100	4	100	14	93.3
2 Yes	1	17	0	0	0	0	1	6.7
Valid responses =	6	40	5	33	4	27	15	0.0

Invalid responses include no response.

65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	46	69	28	7	33	82	29.3
2 Yes	6	55	176	72	14	67	198	70.7
Valid responses =	11	4	245	88	21	8	280	0.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2024

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63	61	377	67	85	73	531	67.5
2 Yes	40	39	184	33	31	27	256	32.5
Valid responses =	103	13	561	71	116	15	787	0.8

Invalid responses include no response.

65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	54	61	401	63	53	78	517	64.6
2 Yes	34	39	233	37	15	22	283	35.4
Valid responses =	88	11	634	79	68	9	800	0.8

Invalid responses include no response.

65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	84	60	721	62	93	69	906	62.6
2 Yes	55	40	436	38	42	31	542	37.4
Valid responses =	139	10	1157	80	135	9	1448	1.4

Invalid responses include no response.

65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	70	208	70	41	82	293	72.3
2 Yes	14	30	89	30	9	18	112	27.7
Valid responses =	47	12	297	73	50	12	405	0.4

Invalid responses include no response.

65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	350	61	40	76	391	62.3
2 Yes	0	0	223	39	13	25	237	37.7
Valid responses =	1	0	573	91	53	8	628	0.6

Invalid responses include no response.

65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	76	191	75	67	89	308	78.2
2 Yes	14	24	63	25	8	11	86	21.8
Valid responses =	59	15	254	64	75	19	394	0.4

Invalid responses include no response.

65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	67	7	88	6	75	19	76.0
2 Yes	3	33	1	13	2	25	6	24.0
Valid responses =	9	36	8	32	8	32	25	0.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61	69	130	73	22	92	217	73.8
2 Yes	27	31	48	27	2	8	77	26.2
Valid responses =	88	30	178	61	24	8	294	0.3

Invalid responses include no response.

65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	43	140	40	11	46	173	40.6
2 Yes	25	57	213	60	13	54	253	59.4
Valid responses =	44	10	353	83	24	6	426	0.4

Invalid responses include no response.

65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	60	16	44	15	63	40	54.1
2 Yes	4	40	20	56	9	38	34	45.9
Valid responses =	10	14	36	49	24	32	74	0.1

Invalid responses include no response.

65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	61	33	42	10	50	70	49.0
2 Yes	16	39	46	58	10	50	73	51.0
Valid responses =	41	29	79	55	20	14	143	0.1

Invalid responses include no response.

65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	62	62	57	6	60	76	58.0
2 Yes	5	39	46	43	4	40	55	42.0
Valid responses =	13	10	108	82	10	8	131	0.1

Invalid responses include no response.

65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?

(only includes students with an ongoing or chronic condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	12577	71	31721	62	2245	39	46840	62.0
2 Negatively impacted performance in a class	3994	23	16315	32	2802	48	23400	31.0
3 Delayed progress towards degree	1048	6	3391	7	785	14	5332	7.1
Valid responses =	17619	23	51427	68	5832	8	75572	72.9

Invalid responses include no response.

66A) Within the last 12 months, have any of the following affected your academic performance?

Assault (physical)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	27372	98	64440	97	6259	95	98888	97.2
2 Did not affect academic performance	533	2	1285	2	220	3	2068	2.0
3 Negatively impacted performance in a class	91	0	410	1	69	1	578	0.6
4 Delayed progress towards degree	28	0	105	0	36	1	175	0.2
Valid responses =	28024	28	66240	65	6584	6	101709	98.1

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 66B) Within the last 12 months, have any of the following affected your academic performance? Assault (sexual)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	27357	98	61771	94	5863	89	95764	94.4
2 Did not affect academic performance	446	2	2980	5	423	6	3901	3.8
3 Negatively impacted performance in a class	103	0	1053	2	225	3	1402	1.4
4 Delayed progress towards degree	23	0	241	0	64	1	336	0.3
Valid responses =	27929	28	66045	65	6575	6	101403	97.8

Invalid responses include no response.

#### 66C) Within the last 12 months, have any of the following affected your academic performance? Allergies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	19488	70	41800	64	3848	59	65660	64.9
2 Did not affect academic performance	7641	27	21733	33	2405	37	32070	31.7
3 Negatively impacted performance in a class	695	3	2135	3	273	4	3141	3.1
4 Delayed progress towards degree	57	0	207	0	27	0	296	0.3
Valid responses =	27881	28	65875	65	6553	6	101167	97.6

Invalid responses include no response.

#### 66D) Within the last 12 months, have any of the following affected your academic performance? Anxiety

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	14018	50	19234	29	1009	15	34522	34.2
2 Did not affect academic performance	8058	29	24270	37	2119	32	34677	34.4
3 Negatively impacted performance in a class	4995	18	19548	30	2956	45	27803	27.6
4 Delayed progress towards degree	737	3	2650	4	447	7	3899	3.9
Valid responses =	27808	28	65702	65	6531	6	100901	97.4

Invalid responses include no response.

#### 66E) Within the last 12 months, have any of the following affected your academic performance? Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	23467	84	54325	82	3876	59	82229	81.0
2 Did not affect academic performance	1758	6	4211	6	658	10	6694	6.6
3 Negatively impacted performance in a class	2261	8	6344	10	1651	25	10430	10.3
4 Delayed progress towards degree	483	2	1240	2	396	6	2169	2.1
Valid responses =	27969	28	66120	65	6581	6	101522	98.0

Invalid responses include no response.

#### 66F) Within the last 12 months, have any of the following affected your academic performance? Concussion or Traumatic Brain Injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	27288	98	64126	97	6248	95	98474	96.9
2 Did not affect academic performance	407	2	997	2	162	3	1583	1.6
3 Negatively impacted performance in a class	235	1	876	1	123	2	1252	1.2
4 Delayed progress towards degree	54	0	192	0	39	1	296	0.3
Valid responses =	27984	28	66191	65	6572	6	101605	98.0

Invalid responses include no response.

#### 66S) Within the last 12 months, have any of the following affected your academic performance? COVID-19

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	23552	84	53481	81	4949	75	82666	81.4
2 Did not affect academic performance	3105	11	8209	12	835	13	12252	12.1
3 Negatively impacted performance in a class	1164	4	3973	6	690	11	5886	5.8
4 Delayed progress towards degree	157	1	470	1	98	2	734	0.7
Valid responses =	27978	28	66133	65	6572	6	101538	98.0

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 66G) Within the last 12 months, have any of the following affected your academic performance? Depression

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	19844	71	39920	61	2006	31	62164	61.4
2 Did not affect academic performance	3921	14	11682	18	1468	22	17218	17.0
3 Negatively impacted performance in a class	3302	12	11823	18	2429	37	17787	17.6
4 Delayed progress towards degree	821	3	2463	4	651	10	4014	4.0
Valid responses =	27888	28	65888	65	6554	6	101183	97.6

Invalid responses include no response.

#### 66H) Within the last 12 months, have any of the following affected your academic performance? Eating disorder/problem

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	25985	93	55458	84	4719	72	86836	85.9
2 Did not affect academic performance	1430	5	7811	12	1350	21	10718	10.6
3 Negatively impacted performance in a class	378	1	2246	3	414	6	3076	3.0
4 Delayed progress towards degree	60	0	356	1	70	1	496	0.5
Valid responses =	27853	28	65871	65	6553	6	101126	97.6

Invalid responses include no response.

#### 66I) Within the last 12 months, have any of the following affected your academic performance? Headaches/migraines

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	21642	78	39563	60	3592	55	65319	64.7
2 Did not affect academic performance	4766	17	17335	26	1712	26	24000	23.8
3 Negatively impacted performance in a class	1282	5	8112	12	1146	18	10665	10.6
4 Delayed progress towards degree	114	0	699	1	89	1	917	0.9
Valid responses =	27804	28	65709	65	6539	6	100901	97.4

Invalid responses include no response.

#### 66J) Within the last 12 months, have any of the following affected your academic performance? Influenza or influenza like illness (the flu)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	24223	87	54862	83	5321	81	85106	84.0
2 Did not affect academic performance	2584	9	7005	11	728	11	10407	10.3
3 Negatively impacted performance in a class	1069	4	3920	6	479	7	5522	5.4
4 Delayed progress towards degree	68	0	221	0	26	0	320	0.3
Valid responses =	27944	28	66008	65	6554	6	101355	97.8

Invalid responses include no response.

#### 66K) Within the last 12 months, have any of the following affected your academic performance? Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	24952	89	59847	91	5673	86	91208	89.8
2 Did not affect academic performance	2354	8	4759	7	620	9	7816	7.7
3 Negatively impacted performance in a class	568	2	1312	2	237	4	2141	2.1
4 Delayed progress towards degree	102	0	234	0	48	1	395	0.4
Valid responses =	27976	28	66152	65	6578	6	101560	98.0

Invalid responses include no response.

#### 66L) Within the last 12 months, have any of the following affected your academic performance? PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	27827	100	39232	59	4165	63	71817	70.7
2 Did not affect academic performance	105	0	19069	29	1471	22	20804	20.5
3 Negatively impacted performance in a class	32	0	7383	11	896	14	8405	8.3
4 Delayed progress towards degree	10	0	518	1	47	1	585	0.6
Valid responses =	27974	28	66202	65	6579	6	101611	98.0

Invalid responses include no response.



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#### 66M) Within the last 12 months, have any of the following affected your academic performance? Post Traumatic Stress Disorder (PTSD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	26853	96	60141	91	5061	77	92745	91.7
2 Did not affect academic performance	581	2	3336	5	706	11	4692	4.6
3 Negatively impacted performance in a class	330	1	1847	3	586	9	2818	2.8
4 Delayed progress towards degree	104	0	546	1	203	3	884	0.9
Valid responses =	27868	28	65870	65	6556	6	101139	97.6

Invalid responses include no response.

#### 66N) Within the last 12 months, have any of the following affected your academic performance? Short-term illness, excluding upper respiratory illness and influenza

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	24294	87	54060	82	5070	77	84105	82.9
2 Did not affect academic performance	2710	10	8168	12	937	14	11911	11.7
3 Negatively impacted performance in a class	877	3	3656	6	521	8	5125	5.1
4 Delayed progress towards degree	46	0	222	0	39	1	312	0.3
Valid responses =	27927	28	66106	65	6567	6	101453	97.9

Invalid responses include no response.

#### 66O) Within the last 12 months, have any of the following affected your academic performance? Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	22476	80	45143	68	4153	63	72363	71.3
2 Did not affect academic performance	4115	15	14235	22	1482	23	19998	19.7
3 Negatively impacted performance in a class	1299	5	6419	10	891	14	8699	8.6
4 Delayed progress towards degree	81	0	305	1	37	1	429	0.4
Valid responses =	27971	28	66102	65	6563	6	101489	97.9

Invalid responses include no response.

#### 66P) Within the last 12 months, have any of the following affected your academic performance? Sleep difficulties

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	16215	58	32990	50	2229	34	51798	51.0
2 Did not affect academic performance	6647	24	18228	28	1850	28	26928	26.5
3 Negatively impacted performance in a class	4583	16	13624	21	2234	34	20694	20.4
4 Delayed progress towards degree	527	2	1279	2	256	4	2100	2.1
Valid responses =	27972	28	66121	65	6569	6	101520	98.0

Invalid responses include no response.

#### 66Q) Within the last 12 months, have any of the following affected your academic performance? Stress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	10520	38	14092	21	904	14	25718	25.3
2 Did not affect academic performance	9817	35	25669	39	1930	29	37658	37.1
3 Negatively impacted performance in a class	6603	24	23139	35	3164	48	33253	32.8
4 Delayed progress towards degree	997	4	3205	5	575	9	4853	4.8
Valid responses =	27937	28	66105	65	6573	6	101482	97.9

Invalid responses include no response.

#### 66R) Within the last 12 months, have any of the following affected your academic performance? Other issue not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	20437	99	44720	98	4284	95	69963	97.8
2 Did not affect academic performance	142	1	383	1	57	1	596	0.8
3 Negatively impacted performance in a class	110	1	407	1	95	2	630	0.9
4 Delayed progress towards degree	65	0	209	1	64	1	348	0.5
Valid responses =	20754	29	45719	64	4500	6	71537	69.0

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 67A) What sex were you assigned at birth?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	66729	100	5330	80	72586	70.9
2 Male	28245	100	0	0	1282	19	29775	29.1
3 Intersex	8	0	6	0	33	1	59	0.1
Valid responses =	28253	28	66735	65	6645	6	102420	98.8

Invalid responses include no response.

#### 67B) Do you identify as transgender?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28253	100	66735	100	2701	41	98196	96.0
2 Yes	0	0	0	0	3944	59	4139	4.0
Valid responses =	28253	28	66735	65	6645	6	102335	98.7

Invalid responses include no response.

#### 67C) Which term do you use to describe your gender identity?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	66735	100	659	10	67487	65.9
2 Man or male	28253	100	0	0	463	7	28768	28.1
3 Trans woman	0	0	0	0	237	4	238	0.2
4 Trans man	0	0	0	0	610	9	614	0.6
5 Genderqueer	0	0	0	0	901	14	906	0.9
6 My identity is not listed	0	0	0	0	0	0	517	0.5
7 Agender	0	0	0	0	407	6	410	0.4
8 Genderfluid	0	0	0	0	742	11	747	0.7
9 Non-binary	0	0	0	0	2612	39	2642	2.6
10 Intersex	0	0	0	0	14	0	14	0.0
Valid responses =	28253	28	66735	65	6645	6	102343	98.7

Invalid responses include no response.

#### 68) What term best describes your sexual orientation?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual	249	1	1299	2	710	11	2331	2.3
2 Bisexual	1504	5	9616	15	1573	24	12832	12.6
3 Gay	1659	6	104	0	286	4	2069	2.0
4 Lesbian	4	0	2103	3	718	11	2872	2.8
5 Pansexual	263	1	1692	3	858	13	2868	2.8
6 Queer	118	0	1647	3	1450	22	3323	3.3
7 Questioning	351	1	1668	3	177	3	2224	2.2
9 Straight/Heterosexual	23849	85	47908	72	696	11	72688	71.3
10 My identity not listed above	102	0	332	1	160	2	699	0.7
Valid responses =	28099	28	66369	65	6628	7	101906	98.3

Invalid responses include no response.

#### 69) How old are you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	2610	9	7093	11	809	12	10602	10.4
2 19 Years	4430	16	11048	17	1316	20	16915	16.7
3 20 Years	3966	14	10473	16	1171	18	15728	15.5
4 21 Years	3624	13	9479	14	923	14	14155	13.9
5 22 Years	2617	9	6035	9	620	9	9346	9.2
6 23 Years	1737	6	3497	5	340	5	5613	5.5
7 24 Years	1304	5	2555	4	280	4	4185	4.1
8 25 Years	1091	4	2085	3	202	3	3410	3.4
9 26 to 30 Years	3383	12	6362	10	561	9	10383	10.2
10 31 to 40 Years	2208	8	4591	7	282	4	7133	7.0
11 41 or More Years	1094	4	2886	4	98	2	4115	4.1
Valid responses =	28064	28	66104	65	6602	6	101585	98.0

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	23.76	21.00	7.11	18	98
Cis Women	23.41	21.00	7.05	18	91
Trans/Gender Non-conforming	22.02	21.00	5.07	18	93
Overall	23.42	21.00	6.98	18	98



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 71) What is your weight in pounds?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	134	1	1938	3	185	3	2286	2.3
2 101 to 150 Pounds	6850	25	38329	59	3156	49	48669	48.5
3 151 to 200 Pounds	14668	53	18211	28	2034	32	35185	35.1
4 201 to 250 Pounds	4657	17	4998	8	750	12	10497	10.5
5 251 to 300 Pounds	1203	4	1369	2	237	4	2852	2.8
6 301 or More Pounds	410	2	346	1	95	2	862	0.9
Valid responses =	27922	28	65191	65	6457	6	100351	96.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	180.03	174.00	42.45	52	500
Cis Women	151.84	140.00	40.2	51	500
Trans/Gender Non-conforming	162.50	150.00	48.78	55	500
Overall	160.48	150.00	43.37	51	500

#### 72) What is your year in school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	5639	20	13421	20	1575	24	20832	20.3
2 2nd year undergraduate	4483	16	11281	17	1329	20	17239	16.8
3 3rd year undergraduate	5337	19	13669	21	1385	21	20600	20.1
4 4th year undergraduate	4022	14	10649	16	958	14	15796	15.4
5 5th year or more undergraduate	1492	5	2824	4	398	6	4779	4.7
6 Master's (MA, MS, etc.)	4047	14	8918	13	570	9	13646	13.3
7 Doctorate (PhD, EdD, MD, JD, etc.)	2856	10	4940	7	319	5	8198	8.0
8 Not seeking a degree	90	0	183	0	25	0	301	0.3
9 Other (please specify):	246	1	754	1	77	1	1092	1.1
Valid responses =	28212	28	66639	65	6636	6	102483	98.9

Invalid responses include no response.

#### 73) What is your enrollment status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	25402	90	59758	90	6026	91	92043	90.1
2 Part-time	2521	9	6343	10	559	8	9505	9.3
3 Other	215	1	365	1	38	1	630	0.6
Valid responses =	28138	28	66466	65	6623	6	102178	98.6

Invalid responses include no response.

#### 73A) I am taking classes this term:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	16559	59	33140	50	3891	59	54165	53.0
2 Entirely online	1810	6	6998	11	445	7	9328	9.1
3 A mix of in-person and online classes	9750	35	26287	40	2277	34	38615	37.8
Valid responses =	28119	28	66425	65	6613	6	102108	98.5

Invalid responses include no response.

#### 73B1) How likely is it that you will:

Leave your school before graduating and transfer to another school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	753	3	1563	2	179	3	2534	2.5
2 Moderately likely	495	2	997	2	159	2	1669	1.6
3 Slightly likely	1102	4	2467	4	342	5	3945	3.9
4 Slightly unlikely	972	4	1947	3	285	4	3247	3.2
5 Moderately unlikely	2643	9	5171	8	753	11	8676	8.5
6 Very unlikely	22196	79	54348	82	4903	74	82124	80.4
Valid responses =	28161	28	66493	65	6621	6	102195	98.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 73B2) How likely is it that you will:

Leave your school before graduating without transferring to another school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	610	2.2	1200	1.8	141	2.1	1976	1.9
2 Moderately likely	294	1	533	0.8	109	1.6	945	0.9
3 Slightly likely	597	2	1019	2	216	3	1852	1.8
4 Slightly unlikely	755	2.7	1346	2	245	3.7	2393	2.3
5 Moderately unlikely	1976	7	3531	5.3	653	9.9	6269	6.1
6 Very unlikely	23923	85	58837	89	5258	79	88728	86.8
Valid responses =	28155	28	66466	65	6622	6	102163	98.6

Invalid responses include no response.

#### 73C1) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Lack of safe and/or affordable housing

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2391	80.8	4782	76.5	585	66.8	7835	76.9
2 Yes	567	19.2	1472	23.5	291	33.2	2359	23.1
Valid responses =	2958	29	6254	61	876	9	10194	9.8

Invalid responses include no response.

#### 73C2) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Financial concerns other than housing

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1881	63.6	3649	58.5	408	46.4	5999	58.9
2 Yes	1076	36.4	2590	41.5	471	53.6	4182	41.1
Valid responses =	2957	29	6239	61	879	9	10181	9.8

Invalid responses include no response.

#### 73C3) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Need to take care of family members/children

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2574	87.2	5323	85.4	737	84.7	8727	85.9
2 Yes	378	12.8	912	14.6	133	15.3	1436	14.1
Valid responses =	2952	29	6235	61	870	9	10163	9.8

Invalid responses include no response.

#### 73C4) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Conflicts with work responsibilities/schedule

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2425	82.5	5003	80.4	675	77.2	8186	80.7
2 Yes	514	17.5	1220	19.6	199	22.8	1956	19.3
Valid responses =	2939	29	6223	61	874	9	10142	9.8

Invalid responses include no response.

#### 73C5) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Ongoing physical and/or mental health issues

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2340	79.3	4251	68.4	391	44.5	7047	69.4
2 Yes	609	20.7	1967	31.6	487	55.5	3105	30.6
Valid responses =	2949	29	6218	61	878	9	10152	9.8

Invalid responses include no response.

#### 73C6) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Change in my academic plans and/or professional goals (e.g., institution doesn't have the academic program I want; I may not want my chosen degree anymore)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1618	54.6	3397	54.3	408	46.5	5480	53.7
2 Yes	1345	45.4	2862	45.7	469	53.5	4727	46.3
Valid responses =	2963	29	6259	61	877	9	10207	9.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 73C7) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Poor academic performance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2377	80.7	5070	81.3	599	68.5	8135	80.1
2 Yes	570	19.3	1163	18.7	276	31.5	2025	19.9
Valid responses =	2947	29	6233	61	875	9	10160	9.8

Invalid responses include no response.

#### 73C8) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Negative experience at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2111	71.6	4250	68.3	533	61	6960	68.5
2 Yes	839	28.4	1975	31.7	341	39	3194	31.5
Valid responses =	2950	29	6225	61	874	9	10154	9.8

Invalid responses include no response.

#### 73C9) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

I don't feel like I fit in at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2073	70	3964	63.5	485	55.5	6576	64.6
2 Yes	887	30	2274	36.5	389	44.5	3602	35.4
Valid responses =	2960	29	6238	61	874	9	10178	9.8

Invalid responses include no response.

#### 73C10) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Other (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1848	87.3	3729	90	491	85.8	6112	88.5
2 Yes	268	12.7	429	10	81	14.2	791	11.5
Valid responses =	2116	31	4158	60	572	8	6903	6.7

Invalid responses include no response.

#### 74A) Are you studying in the United States this semester/term?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1691	6	3952	6	391	5.9	6094	6.0
2 Yes	26400	94	62456	94	6222	94.1	95985	94.0
Valid responses =	28091	28	66408	65	6613	6	102079	98.5

Invalid responses include no response.

#### 74B) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are studying in the U.S. this semester/term)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19637	76	51027	84	5431	90	76812	82.0
2 Yes	6126	24	9977	16	639	11	16844	18.0
Valid responses =	25763	28	61004	65	6070	6	93656	90.4

Invalid responses include no response.

#### 74C) Would you need a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are NOT studying in the U.S. this semester/term)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1376	83.4	3445	89.7	325	87.1	5193	87.1
2 Yes	274	16.6	397	10.3	48	12.9	725	12.3
Valid responses =	1650	28	3842	65	373	6	5918	5.7

Invalid responses include no response.

#### 75A1) How do you usually describe yourself? (Please select ALL that apply)

American Indian or Native Alaskan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	27609	98	65270	98	6433	97	101285	97.7
1 Selected	644	2	1465	2	212	3	2354	2.3
Valid responses =	28253	27	66735	64	6645	6	103639	100.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 75A2) How do you usually describe yourself? (Please select ALL that apply)

##### Asian or Asian American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	22267	79	56345	84	5743	86	86214	83.2
1 Selected	5986	21	10390	16	902	14	17425	16.8
Valid responses =	28253	27	66735	64	6645	6	103639	100.0

Invalid responses include no response.

#### 75A3) How do you usually describe yourself? (Please select ALL that apply)

##### Black or African American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	26503	94	61985	93	6282	95	96719	93.3
1 Selected	1750	6	4750	7	363	6	6920	6.7
Valid responses =	28253	27	66735	64	6645	6	103639	100.0

Invalid responses include no response.

#### 75A4) How do you usually describe yourself? (Please select ALL that apply)

##### Hispanic or Latino/a/x

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	23419	83	53650	80	5595	84	84519	81.6
1 Selected	4834	17	13085	20	1050	16	19120	18.4
Valid responses =	28253	27	66735	64	6645	6	103639	100.0

Invalid responses include no response.

#### 75A5) How do you usually describe yourself? (Please select ALL that apply)

##### Middle Eastern/North African (MENA) or Arab Origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	27660	98	65474	98	6540	98	101654	98.1
1 Selected	593	2	1261	2	105	2	1985	1.9
Valid responses =	28253	27	66735	64	6645	6	103639	100.0

Invalid responses include no response.

#### 75A6) How do you usually describe yourself? (Please select ALL that apply)

##### Native Hawaiian or Other Pacific Islander Native

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	28084	99	66359	99	6587	99	103024	99.4
1 Selected	169	1	376	1	58	1	615	0.6
Valid responses =	28253	27	66735	64	6645	6	103639	100.0

Invalid responses include no response.

#### 75A7) How do you usually describe yourself? (Please select ALL that apply)

##### White

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	11803	42	25674	39	1877	28	40782	39.4
1 Selected	16450	58	41061	62	4768	72	62857	60.6
Valid responses =	28253	27	66735	64	6645	6	103639	100.0

Invalid responses include no response.

#### 75A8) How do you usually describe yourself? (Please select ALL that apply)

##### Biracial or Multiracial

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	27047	96	63444	95	6035	91	98456	95.0
1 Selected	1206	4	3291	5	610	9	5183	5.0
Valid responses =	28253	27	66735	64	6645	6	103639	100.0

Invalid responses include no response.

#### 75A9) How do you usually describe yourself? (Please select ALL that apply)

##### Another Identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	27711	98	66023	99	6547	99	102228	98.6
1 Selected	542	2	712	1	98	2	1411	1.4
Valid responses =	28253	27	66735	64	6645	6	103639	100.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Mexican, Mexican American, Chicano

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1880	39	4779	37	421	40	7147	37.4
1 Selected	2954	61	8306	64	629	60	11973	62.6
Valid responses =	4834	25	13085	68	1050	5	19120	18.4

Invalid responses include no response.

#### 75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Puerto Rican

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4476	93	12097	92	915	87	17618	92.1
1 Selected	358	7	988	8	135	13	1502	7.9
Valid responses =	4834	25	13085	68	1050	5	19120	18.4

Invalid responses include no response.

#### 75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Cuban

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4599	95	12346	94	989	94	18073	94.5
1 Selected	235	5	739	6	61	6	1047	5.5
Valid responses =	4834	25	13085	68	1050	5	19120	18.4

Invalid responses include no response.

#### 75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Another Hispanic, Latino/a/x, or Spanish origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3285	68	9110	70	727	69	13227	69.2
1 Selected	1549	32	3975	30	323	31	5893	30.8
Valid responses =	4834	25	13085	68	1050	5	19120	18.4

Invalid responses include no response.

#### 75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) East Asian (for example: Chinese, Japanese, or Korean)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3720	62	5706	55	436	48	9950	57.1
1 Selected	2266	38	4684	45	466	52	7475	42.9
Valid responses =	5986	34	10390	60	902	5	17425	16.8

Invalid responses include no response.

#### 75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4474	75	7374	71	574	64	12522	71.9
1 Selected	1512	25	3016	29	328	36	4903	28.1
Valid responses =	5986	34	10390	60	902	5	17425	16.8

Invalid responses include no response.

#### 75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3660	61	7499	72	753	84	12018	69.0
1 Selected	2326	39	2891	28	149	17	5407	31.0
Valid responses =	5986	34	10390	60	902	5	17425	16.8

Invalid responses include no response.

#### 75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) Other Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5887	98	10189	98	882	98	17097	98.1
1 Selected	99	2	201	2	20	2	328	1.9
Valid responses =	5986	34	10390	60	902	5	17425	16.8

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 76) What is your relationship status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	15691	56	31740	48	3486	53	51466	50.3
2 In relationship not married/partnered	9638	34	27845	42	2644	40	40431	39.5
3 Married/partnered	2838	10	6982	11	499	8	10434	10.2
Valid responses =	28167	28	66567	65	6629	6	102331	98.7

Invalid responses include no response.

#### 77A) Are you a member of a social fraternity or sorority?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26530	94	61872	93	6399	97	95731	93.5
2 Yes	1648	6	4724	7	234	4	6657	6.5
Valid responses =	28178	28	66596	65	6633	6	102388	98.8

Invalid responses include no response.

#### 77B) Do you live in a fraternity or sorority residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27783	99	65936	99	6578	99	101260	98.9
2 Yes	386	1	643	1	58	1	1108	1.1
Valid responses =	28169	28	66579	65	6636	6	102368	98.8

Invalid responses include no response.

#### 78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	9176	33	22181	34	3001	46	34745	34.3
2 Parent/guardian/other family member's home	5627	20	13536	21	1181	18	20545	20.3
3 Off-campus/non-university housing	12563	45	28980	44	2286	35	44210	43.6
4 Temporarily with relative, friend, couch surfing	118	0	284	0	46	1	453	0.4
5 Don't have a place to live	26	0	37	0	13	0	80	0.1
6 Other (please specify)	294	1	934	1	52	1	1302	1.3
Valid responses =	27804	27	65952	65	6579	6	101335	97.8

Invalid responses include no response.

#### 79\_1) What is your primary source of health insurance? (select all that apply)

I have a college/university Student Health Insurance Plan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	22640	80.1	58003	86.9	5821	87.6	88320	85.2
1 Selected	5613	19.9	8732	13.1	824	12.4	15319	14.8
Valid responses =	28253	27	66735	64	6645	6	103639	100.0

Invalid responses include no response.

#### 79\_2) What is your primary source of health insurance? (select all that apply)

I have health insurance through my parent/guardian (or their employer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	12886	45.6	26931	40.4	2344	35.3	43607	42.1
1 Selected	15367	54.4	39804	59.6	4301	64.7	60032	57.9
Valid responses =	28253	27	66735	64	6645	6	103639	100.0

Invalid responses include no response.

#### 79\_3) What is your primary source of health insurance? (select all that apply)

I have health insurance through my employer (or my spouse/partner's employer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	25911	91.7	59924	89.8	6267	94.3	94027	90.7
1 Selected	2342	8.3	6811	10.2	378	5.7	9612	9.3
Valid responses =	28253	27	66735	64	6645	6	103639	100.0

Invalid responses include no response.

#### 79\_4) What is your primary source of health insurance? (select all that apply)

I have health insurance through Medicaid, Medicare, or VA/Tricare

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	25404	89.9	58967	88.4	5779	87	92037	88.8
1 Selected	2849	10.1	7768	11.6	866	13	11602	11.2
Valid responses =	28253	27	66735	64	6645	6	103639	100.0

Invalid responses include no response.





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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 79\_5) What is your primary source of health insurance? (select all that apply)

I have health insurance that was purchased from the exchange or an insurance carrier directly

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not Selected	27683	98	65635	98.4	6540	98.4	101843	98.3	
1 Selected	570	2	1100	1.6	105	1.6	1796	1.7	
Valid responses =	28253	27	66735	64	6645	6	103639	100.0	

Invalid responses include no response.

#### 79\_9) What is your primary source of health insurance? (select all that apply)

I have health insurance through an embassy or sponsoring agency for international students

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not Selected	28173	99.7	66609	99.8	6636	99.9	103419	99.8	
1 Selected	80	0.3	126	0.2	9	0.1	220	0.2	
Valid responses =	28253	27	66735	64	6645	6	103639	100.0	

Invalid responses include no response.

#### 79\_10) What is your primary source of health insurance? (select all that apply)

I have health insurance through another source (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not Selected	27831	98.5	65378	98	6553	98.6	101735	98.2	
1 Selected	422	1.5	1357	2	92	1.4	1904	1.8	
Valid responses =	28253	27	66735	64	6645	6	103639	100.0	

Invalid responses include no response.

#### 79\_8) What is your primary source of health insurance? (select all that apply)

I have health insurance, but I don't know the primary source

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not Selected	27481	97.3	65170	97.7	6534	98.3	101175	97.6	
1 Selected	772	2.7	1565	2.3	111	1.7	2464	2.4	
Valid responses =	28253	27	66735	64	6645	6	103639	100.0	

Invalid responses include no response.

#### 79\_6) What is your primary source of health insurance? (select all that apply)

I don't have health insurance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not Selected	27370	96.9	64784	97.1	6422	96.6	100550	97.0	
1 Selected	883	3.1	1951	2.9	223	3.4	3089	3.0	
Valid responses =	28253	27	66735	64	6645	6	103639	100.0	

Invalid responses include no response.

#### 79\_7) What is your primary source of health insurance? (select all that apply)

I don't know if I have health insurance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not Selected	27696	98	66079	99	6533	98.3	102292	98.7	
1 Selected	557	2	656	1	112	1.7	1347	1.3	
Valid responses =	28253	27	66735	64	6645	6	103639	100.0	

Invalid responses include no response.



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Number of Surveys (n) = 103639 Web Surveys

#### 80) What is your approximate cumulative grade average?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	3294	12	7744	12	655	10	11811	11.6
2 A	7930	28	22221	34	1935	29	32368	31.7
3 A-	5385	19	12710	19	1255	19	19539	19.1
4 B+	3989	14	8531	13	840	13	13476	13.2
5 B	3529	13	7425	11	794	12	11853	11.6
6 B-	1420	5	2698	4	401	6	4570	4.5
7 C+	920	3	1680	3	218	3	2852	2.8
8 C	709	3	1341	2	215	3	2287	2.2
9 C-	184	1	436	1	76	1	702	0.7
10 D+	79	0	128	0	23	0	233	0.2
11 D	48	0	101	0	25	0	176	0.2
12 D-	17	0	32	0	4	0	56	0.1
13 F	19	0	48	0	17	0	87	0.1
14 N/A	615	2	1328	2	149	2	2122	2.1
Valid responses =	28138	28	66423	65	6607	6	102132	98.5
Invalid responses include no response.								

#### 81A) Do you participate in organized college athletics at any of the following levels?

##### Varsity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26073	94	62692	95	6398	97	96024	95.1
2 Yes	1614	6	3129	5	175	3	4947	4.9
Valid responses =	27687	27	65821	65	6573	7	100971	97.4
Invalid responses include no response.								

#### 81B) Do you participate in organized college athletics at any of the following levels?

##### Club Sports

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24605	89	61392	94	6123	93	92934	92.3
2 Yes	3008	11	4260	7	445	7	7787	7.7
Valid responses =	27613	27	65652	65	6568	7	100721	97.2
Invalid responses include no response.								

#### 81C) Do you participate in organized college athletics at any of the following levels?

##### Intramurals

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22593	82	60072	92	6228	96	89708	89.5
2 Yes	4979	18	5164	8	286	4	10493	10.5
Valid responses =	27572	28	65236	65	6514	7	100201	96.7
Invalid responses include no response.								

#### 82A) Do you have any of the following?

##### Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24066	86	56425	85	4040	61	85104	83.7
2 Yes	3974	14	9798	15	2536	39	16591	16.3
Valid responses =	28040	28	66223	65	6576	6	101695	98.1
Invalid responses include no response.								

#### 82B) Do you have any of the following?

##### Autism Spectrum Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26941	96	64534	98	4966	76	97112	95.7
2 Yes	1038	4	1546	2	1581	24	4344	4.3
Valid responses =	27979	28	66080	65	6547	6	101456	97.9
Invalid responses include no response.								

#### 82C) Do you have any of the following?

##### Deaf/Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27160	97	64689	98	6262	96	98914	97.7
2 Yes	739	3	1260	2	262	4	2306	2.3
Valid responses =	27899	28	65949	65	6524	6	101220	97.7
Invalid responses include no response.								



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#### 82D) Do you have any of the following?

##### Learning disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26881	97	62729	95	5659	87	96007	95.0
2 Yes	959	3	3088	5	867	13	5017	5.0
Valid responses =	27840	28	65817	65	6526	6	101024	97.5

Invalid responses include no response.

#### 82E) Do you have any of the following?

##### Mobility/Dexterity disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27607	99	65064	99	6064	93	99518	98.2
2 Yes	325	1	938	1	475	7	1803	1.8
Valid responses =	27932	28	66002	65	6539	6	101321	97.8

Invalid responses include no response.

#### 82F) Do you have any of the following?

##### Blind/Low Vision

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26937	97	63513	96	6192	95	97436	96.3
2 Yes	944	3	2406	4	339	5	3741	3.7
Valid responses =	27881	28	65919	65	6531	6	101177	97.6

Invalid responses include no response.

#### 82G) Do you have any of the following?

##### Speech or language disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27514	99	65335	99	6317	97	99972	98.8
2 Yes	376	1	558	1	198	3	1167	1.2
Valid responses =	27890	28	65893	65	6515	6	101139	97.6

Invalid responses include no response.

#### 83) Are you currently or have you been a member of the Armed Services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26864	96	65691	99	6508	98	99972	98.0
2 Yes, have served in area of hazardous duty	587	2	193	0	48	1	843	0.8
3 Yes, have not served in area hazardous duty	625	2	508	1	56	1	1206	1.2
Valid responses =	28076	28	66392	65	6612	6	101966	98.4

Invalid responses include no response.

#### 84) What is the highest level of education completed by either of your parents (or guardians)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	1555	6	4003	6	196	3	5791	5.7
2 High school diploma or GED	4397	16	11116	17	862	13	16499	16.2
3 Attended college but no degree	2085	7	5791	9	658	10	8621	8.4
4 Associate's degree	2339	8	6742	10	589	9	9733	9.6
5 Bachelor's degree	8120	29	17942	27	1798	27	28082	27.5
6 Master's degree	6233	22	13880	21	1592	24	21919	21.5
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	2901	10	6169	9	800	12	9966	9.8
8 Don't know	488	2	808	1	130	2	1448	1.4
Valid responses =	28118	28	66451	65	6625	6	102089	98.5

Invalid responses include no response.

#### 85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26545	95	61438	93	6420	97	95247	93.4
2 Yes	1550	6	4974	8	194	3	6765	6.6
Valid responses =	28095	28	66412	65	6614	6	102012	98.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2024

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[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### HT\_INCH Height in Inches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	0	0	0	0	0	0.0
3 49 to 60 Inches	33	0	4135	6	316	5	4516	4.5
4 61 to 72 Inches	21537	78	61175	93	5931	91	89335	88.8
5 73 to 84 Inches	6108	22	258	0	274	4	6716	6.7
6 85 or More Inches	20	0	21	0	9	0	52	0.1
Valid responses =	27698	28	65589	65	6530	6	100619	97.1

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

#### BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.04	0.02	0.05	0	0.47
Cis Women	0.04	0.02	0.05	0	0.50
Trans/Gender Non-conforming	0.03	0.02	0.05	0	0.48
Overall	0.04	0.02	0.05	0	0.50

#### BAC Estimated Blood Alcohol Content

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	7478	44	15399	35	1721	42	24756	38.0
1 .01 to .05% Alcohol	5861	34	17767	41	1617	39	25404	39.0
2 .06 to .07% Alcohol	1114	7	3085	7	244	6	4463	6.8
3 .08 to .09% Alcohol	773	5	2147	5	168	4	3100	4.8
4 .10 to .15% Alcohol	1224	7	3499	8	267	7	5013	7.7
5 .16 to .20% Alcohol	354	2	972	2	73	2	1411	2.2
6 .21 to .25% Alcohol	150	1	397	1	22	1	570	0.9
7 .26 to .30% Alcohol	74	0	171	0	7	0	253	0.4
8 .31 to .49% Alcohol	78	1	138	0	15	0	234	0.4
Valid responses =	17106	26	43575	67	4134	6	65204	62.9

Invalid responses include no response.

#### RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	14453	85	36251	83	3582	87	54623	83.8
1 .08% or higher	2653	16	7324	17	552	13	10581	16.2
Valid responses =	17106	26	43575	67	4134	6	65204	62.9

Invalid responses include no response.

#### RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	15226	89	38398	88	3750	91	57723	88.5
1 .1% or higher	1880	11	5177	12	384	9	7441	11.5
Valid responses =	17106	26	43575	67	4134	6	65204	62.9

Invalid responses include no response.

#### BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Cis Men	25.57	24.00	5.56	6	94
Cis Women	25.53	24.00	6.39	7	94
Trans/Gender Non-conforming	26.31	24.00	7.29	10	95
Overall	25.60	24.00	6.25	6	98

#### RBMI Body Mass Index Classifications

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	1099	4	3353	5	435	7	4927	5.0
2 Desired weight (18.5- 24.9)	13549	49	34615	54	2992	47	51516	51.8
3 Overweight (25- 29.9)	8472	31	14274	22	1436	22	24386	24.5
4 Class I obesity (30- 34.9)	2834	10	6965	11	799	13	10672	10.7
5 Class II obesity (35- 39.9)	1002	4	3129	5	398	6	4581	4.6
6 Class III obesity (>=40)	635	2	2424	4	354	6	3451	3.5
Valid responses =	27591	28	64760	65	6414	6	99533	96.0

Invalid responses include no response.



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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Cis Men	1.88	1.00	2.18	0	6
Cis Women	2.05	1.00	2.2	0	6
Trans/Gender Non-conforming	2.52	2.00	2.36	0	6
Overall	2.04	1.00	2.21	0	6

#### RUSDAFI USDA Food Security Category

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	5348	19	13776	21	1931	29	21436	21.0
2 Low food security (2-4)	6633	24	17384	26	1678	26	26116	25.6
3 High or marginal food security (0-1)	15939	57	34794	53	2956	45	54379	53.3
Valid responses =	27920	27	65954	65	6565	6	101931	98.4
Invalid responses include no response.								

#### KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Cis Men	7.17	6.00	5.12	0	24
Cis Women	8.24	8.00	5.12	0	24
Trans/Gender Non-conforming	11.27	11.00	5.27	0	24
Overall	8.16	7.00	5.23	0	24

#### RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-12)	23765	86	52919	81	3941	60	81437	80.5
3 Serious psychological distress (13-24)	4012	14	12780	20	2598	40	19710	19.5
Valid responses =	27777	27	65699	65	6539	6	101147	97.6
Invalid responses include no response.								

#### ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.31	5.00	1.91	3	9
Cis Women	5.36	5.00	1.84	3	9
Trans/Gender Non-conforming	6.12	6.00	1.88	3	9
Overall	5.40	5.00	1.87	3	9

#### RULS3 Recoded UCLA Loneliness Scale

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	15006	53	34849	52	2421	37	52742	51.5
2 Positive for loneliness (6-9)	13104	47	31629	48	4204	64	49625	48.5
Valid responses =	28110	27	66478	65	6625	6	102367	98.8
Invalid responses include no response.								

#### SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Cis Men	4.85	3.00	2.81	3	18
Cis Women	5.07	4.00	2.9	3	18
Trans/Gender Non-conforming	8.03	8.00	3.83	3	18
Overall	5.21	4.00	3.05	3	18

#### RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	22179	79	50219	76	2591	39	75640	74.1
2 Positive for suicidal screening (7-18)	5894	21	16066	24	4007	61	26379	25.9
Valid responses =	28073	28	66285	65	6598	6	102019	98.4
Invalid responses include no response.								

#### DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Cis Men	44.42	47.00	9.03	8	56
Cis Women	45.55	47.00	8.07	8	56
Trans/Gender Non-conforming	40.81	42.00	9.38	8	56
Overall	44.88	47.00	8.57	8	56

#### CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.20	6.00	1.57	0	8
Cis Women	5.99	6.00	1.54	0	8
Trans/Gender Non-conforming	5.37	6.00	1.69	0	8
Overall	6.00	6.00	1.58	0	8



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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	7.63	4.00	8.37	0	31
Cis Women	7.35	3.00	8.5	0	31
Trans/Gender Non-conforming	7.89	5.00	8.64	0	31
Overall	7.47	3.00	8.47	0	31

#### TOBACCORISK ASSIST Tobacco Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	4283	49	9962	52	945	47	15351	50.3
2 Moderate Risk (4-26)	4247	48	8758	45	987	49	14156	46.4
3 High Risk (27-39)	269	3	639	3	84	4	1003	3.3
Valid responses =	8799	29	19359	63	2016	7	30510	29.4

Invalid responses include no response.

#### SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.61	5.00	6.15	0	39
Cis Women	6.21	5.00	5.52	0	39
Trans/Gender Non-conforming	6.34	5.00	6.17	0	39
Overall	6.33	5.00	5.76	0	39

#### ALCOHOLRISK ASSIST Alcohol Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	14263	82	37702	85	3824	84	56385	84.1
2 Moderate Risk (11-26)	2778	16	6205	14	636	14	9723	14.5
3 High Risk (27-39)	320	2	513	1	99	2	967	1.4
Valid responses =	17361	26	44420	66	4559	7	67075	64.7

Invalid responses include no response.

#### SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.31	3.00	7.97	0	39
Cis Women	5.48	3.00	7.07	0	39
Trans/Gender Non-conforming	7.75	6.00	8.23	0	39
Overall	5.92	3.00	7.48	0	39

#### CANNABISRISK ASSIST Cannabis Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	5431	54	14251	56	1420	41	21329	53.9
2 Moderate Risk (4-26)	4252	42	10689	42	1882	55	17029	43.0
3 High Risk (27-39)	399	4	650	3	152	4	1234	3.1
Valid responses =	10082	25	25590	65	3454	9	39592	38.2

Invalid responses include no response.

#### SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.08	0.00	6.44	0	39
Cis Women	2.25	0.00	4.81	0	36
Trans/Gender Non-conforming	4.29	0.00	8.01	0	39
Overall	2.77	0.00	5.89	0	39

#### COCAINERISK ASSIST Cocaine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1336	79	2513	82	270	73	4169	79.8
2 Moderate Risk (4-26)	314	19	526	17	80	22	944	18.1
3 High Risk (27-39)	49	3	29	1	21	6	111	2.1
Valid responses =	1699	33	3068	59	371	7	5224	5.0

Invalid responses include no response.

#### SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	5.61	0.00	9.62	0	39
Cis Women	3.44	0.00	6.98	0	37
Trans/Gender Non-conforming	10.22	3.00	12.26	0	39
Overall	5.10	0.00	9.12	0	39

#### METHRISK ASSIST Methamphetamine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	284	65	521	73	57	50	883	67.6
2 Moderate Risk (4-26)	116	26	161	23	33	29	319	24.4
3 High Risk (27-39)	39	9	29	4	23	20	105	8.0
Valid responses =	439	34	711	54	113	9	1307	1.3

Invalid responses include no response.



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July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### SSSINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.80	0.00	5.74	0	39
Cis Women	1.79	0.00	4.33	0	35
Trans/Gender Non-conforming	3.58	0.00	7	0	39
Overall	2.52	0.00	5.62	0	39

#### INHALANTRISK ASSIST Inhalant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1073	79	1636	86	377	76	3146	81.7
2 Moderate Risk (4-26)	264	19	241	13	101	20	620	16.1
3 High Risk (27-39)	30	2	19	1	21	4	87	2.3
Valid responses =	1367	35	1896	49	499	13	3853	3.7

Invalid responses include no response.

#### SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.46	0.00	5.69	0	39
Cis Women	1.96	0.00	4.46	0	39
Trans/Gender Non-conforming	3.82	0.00	7.17	0	39
Overall	2.38	0.00	5.4	0	39

#### RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1633	81	3071	83	381	74	5141	81.4
2 Moderate Risk (4-26)	324	16	590	16	120	23	1059	16.8
3 High Risk (27-39)	49	2	31	1	16	3	112	1.8
Valid responses =	2006	32	3692	58	517	8	6312	6.1

Invalid responses include no response.

#### SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.19	0.00	6.82	0	39
Cis Women	2.71	0.00	5.58	0	34
Trans/Gender Non-conforming	4.51	0.00	7.84	0	39
Overall	3.10	0.00	6.38	0	39

#### SEDATIVERISK ASSIST Sedative Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	992	77	2120	78	298	69	3460	76.3
2 Moderate Risk (4-26)	261	20	574	21	110	26	960	21.2
3 High Risk (27-39)	41	3	37	1	22	5	112	2.5
Valid responses =	1294	29	2731	60	430	9	4532	4.4

Invalid responses include no response.

#### SSISHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.23	0.00	4.72	0	39
Cis Women	1.69	0.00	3.59	0	35
Trans/Gender Non-conforming	3.02	0.00	5.54	0	39
Overall	2.06	0.00	4.39	0	39

#### HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	2578	81	4414	85	744	74	7840	82.3
2 Moderate Risk (4-26)	549	17	762	15	242	24	1585	16.6
3 High Risk (27-39)	41	1	29	1	18	2	102	1.1
Valid responses =	3168	33	5205	55	1004	11	9527	9.2

Invalid responses include no response.

#### SSISHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	7.12	3.00	10.64	0	39
Cis Women	4.39	0.00	8.01	0	34
Trans/Gender Non-conforming	13.07	6.00	13	0	39
Overall	6.76	0.00	10.4	0	39

#### HEROINRISK ASSIST Heroin Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	127	55	220	66	27	39	381	57.9
2 Moderate Risk (4-26)	76	33	92	28	27	39	201	30.5
3 High Risk (27-39)	30	13	20	6	15	22	76	11.6
Valid responses =	233	35	332	50	69	10	658	0.6

Invalid responses include no response.





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FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### SSSRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.78	0.00	6.84	0	39
Cis Women	2.02	0.00	5.01	0	39
Trans/Gender Non-conforming	4.71	0.00	8.69	0	39
Overall	2.64	0.00	6.36	0	39

#### RXOPIOIDRISK ASSIST Opioid Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	874	81	1520	83	209	71	2639	80.8
2 Moderate Risk (4-26)	165	15	284	16	68	23	529	16.2
3 High Risk (27-39)	44	4	27	2	18	6	99	3.0
Valid responses =	1083	33	1831	56	295	9	3267	3.2

Invalid responses include no response.

#### SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	9.35	6.00	10.8	0	38
Cis Women	7.56	5.00	8.85	0	38
Trans/Gender Non-conforming	12.39	7.00	11.7	0	39
Overall	9.07	6.00	10.28	0	39

#### OTHERSSISRISK ASSIST Other Drug Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	121	44	152	44	31	30	315	42.0
2 Moderate Risk (4-26)	114	42	171	50	52	51	349	46.5
3 High Risk (27-39)	40	15	20	6	19	19	86	11.5
Valid responses =	275	37	343	46	102	14	750	0.7

Invalid responses include no response.

#### PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Cis Men	541.21	360.00	673.76	0	11040
Cis Women	434.60	250.00	615.51	0	11040
Trans/Gender Non-conforming	374.14	210.00	555.68	0	11040
Overall	460.03	280.00	630.93	0	11040

#### PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6608	24	21029	32	2447	38	30633	30.1
2 Yes	21371	76	44796	68	4055	62	71282	69.9
Valid responses =	27979	27	65825	65	6502	6	101915	98.3

Invalid responses include no response.

#### PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12955	46	39769	60	4706	72	58398	57.3
2 Yes	15018	54	26052	40	1793	28	43501	42.7
Valid responses =	27973	27	65821	65	6499	6	101899	98.3

Invalid responses include no response.

#### HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15670	56	45504	69	5175	80	67458	66.2
2 Yes	12303	44	20317	31	1324	20	34441	33.8
Valid responses =	27973	27	65821	65	6499	6	101899	98.3

Invalid responses include no response.

#### References

<sup>1</sup> Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

July 9, 2024

FREQUENCY REPORT

Number of Surveys (n) = 103639 Web Surveys

#### 86A) Do you have access to a gun/firearm?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21918	84	55040	89	5581	92	83296	87.6
2 Yes	4261	16	6970	11	467	8	11812	12.4
Valid responses =	26179	28	62010	65	6048	0	95108	91.8

Invalid responses include no response.

#### 86B) During the last 30 days, on how many days did you carry a gun/firearm on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	25504	99	60403	100	5865	100	92541	99.7
2 1-2 days	32	0	30	0	8	0	70	0.1
3 3-4 days	6	0	10	0	5	0	21	0.0
4 5-30 days	119	1	69	0	17	0	218	0.2
Valid responses =	25661	28	60512	65	5895	6	92850	89.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	0.10	0.00	1.63	0	30
Cis Female	0.02	0.00	0.68	0	30
Trans/Gender Non-conforming	0.05	0.00	1.08	0	30
Overall	0.05	0.00	1.1	0	30

#### 86C) To what extent are you concerned about gun violence on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all concerned	12947	49	19247	31	1540	25	34023	35.8
2 Slightly concerned	8262	32	23282	38	2342	39	34199	35.9
3 Moderately concerned	3125	12	12625	20	1450	24	17387	18.3
4 Very concerned	1054	4	4289	7	447	7	5847	6.1
5 Extremely concerned	796	3	2580	4	277	5	3692	3.9
Valid responses =	26184	28	62023	65	6056	6	95148	91.8

Invalid responses include no response.