

UNDERGRADUATE STUDENT Reference Group

Data Report Fall 2024

Suggested citation for this document: American College Health Association. American College Health Association-Well-Being Assessment: Undergraduate Reference Group Executive Summary Fall 2024. Silver Spring, MD: American College Health Association; 2025



Copyright 2025

All Rights Reserved

Demographics of Participating Institutions

Eleven postsecondary institutions self-selected to participate in the Fall 2024 ACHA Well-Being Assessment and 8,692 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all students or used a random sampling technique are included in the analysis, yielding a final data set consisting of 8,498 students at 10 schools. This report includes only data from 6,747 UNDERGRADUATE students at 10 schools. Demographic characteristics of the 10 campuses follow.

Demographical Characteristics of the 10 US Postsecondary Institutions Included in the Fall 2024 ACHA Well-Being Assessment UNDERGRADUATE Reference Group						
Campus Characteristic (from 2023 Dept. of Education IPEDS data files)	n					
Type of Institution						
Public	5					
Private	5					
2-year	1					
4-year or above	9					
Location of Campus						
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	1					
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	5					
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN,						
TX, VA, WV)	2					
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	2					
Campus Size						
< 2,500 students	2					
2,500 – 4,999 students	2					
5,000 – 9,999 students	3					
10,000 – 19,999 students	2					
20,000 students or more	1					
Campus Setting						
Urban	3					
Suburban	0					
Town	5					
Rural	2					
Carnegie Classification						
Associates Colleges	1					
Baccalaureate Colleges	2					
Baccalaureate/Associates Colleges	0					
Masters Colleges and Universities	3					
Doctoral Universities	4					
Special Focus Institutions	0					

Demographical Characteristics of the 10 US Postsecondary Institutions Interesting the Fall 2024 ACHA Well-Being Assessment UNDERGRADUATE Reference	
Campus Characteristic (from 2023 Dept. of Education IPEDS data files)	n
ACHA Membership Status	
Institutional Member Nonmember	9 1
	¥_
Religious Affiliation No	7
Yes	3
Postsecondary Minority Institution (US Department of Education)	
No	9
Yes	1
<u>*If yes:</u>	
Historically Black College or University (HBCU)	0
Hispanic-serving Institution (HSI)	1
Tribal College or University	0
Predominately Black Institution	0
Asian American and Native American Pacific Islander-serving	0
Alaska Native-serving or Native Hawaiian-serving Institution	0
Native American-serving Nontribal Institution	0
*institutions may hold more than one type of minority status	

UNDERGRADUATE	Fall 2024 Institutions
Number of institutions	10
Number of students	6,747
Mean response proportion*	16%
Median response proportion*	18%

*Calculation of response proportion is based all students surveyed at the institution, and not limited to only undergraduate student responses.



AMERICAN COLLEGE HEALTH ASSOCIATION





Reference Group Data Report - Fall 2024

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org

UNDERGRADUATE STUDENTS

May 22, 2025 Number of Surveys (n) = 6747 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.

A note about the use of sex and gender in this report:

Survey results are reported by sex based on the responses to questions SEX, TRANS, and GENDER. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to SEX, TRANS, and GENDER are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, selects "another identity" on GENDER is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

Cis Women

Trans/Gender

Non-conforming

Total

HAPPY_1 Over the past two weeks, how often have you experienced any of the following: Feeling cheerful

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	123	7	172	4	57	10	361	5.4 🗖
2 Several days	383	20	794	19	175	31	1372	20.4
3 Half the days	382	20	1060	25	154	27	1611	24.0
4 Over half the days	554	29	1329	32	131	23	2035	30.3
5 Nearly every day	463	24	812	20	54	10	1345	20.0
Valid responses =	1905	28	4167	62	571	8	6724	99.7
Invalid responses include no response.								

HAPPY_2 Over the past two weeks, how often have you experienced any of the following: Being in good spirits

Being in good spints			
	Cis N	len	
	Freq.	Pct.	1
1 Not at all	00	F	

	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	88	5	126	3	39	7	259	3.9 🗖
2 Several days	357	19	783	19	183	32	1340	19.9
3 Half the days	389	20	1054	25	150	26	1614	24.0
4 Over half the days	556	29	1299	31	138	24	2013	30.0
5 Nearly every day	517	27	903	22	59	10	1495	22.2
Valid responses =	1907	28	4165	62	569	8	6721	99.6
Invalid responses include no response.								

HAPPY_3 Over the past two weeks, how often have you experienced any of the following: Feeling extremely happy

					Trans/G	ender		
	Cis Men		Cis Wo	Cis Women		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	301	16	539	13	151	27	1011	15.1
2 Several days	560	30	1268	31	211	37	2068	30.8
3 Half the days	361	19	1027	25	113	20	1513	22.6
4 Over half the days	392	21	867	21	69	12	1338	20.0
5 Nearly every day	286	15	453	11	25	4	774	11.5
Valid responses =	1900	28	4154	62	569	8	6704	99.4
Invalid responses include no response.								

HAPPY_4 Over the past two weeks, how often have you experienced any of the following: Feeling full of life

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	277	15	532	13	154	27	983	14.7
2 Several days	450	24	1063	26	187	33	1725	25.7
3 Half the days	366	19	964	23	120	21	1461	21.8
4 Over half the days	426	22	980	24	71	13	1491	22.2
5 Nearly every day	382	20	613	15	37	7	1043	15.6
Valid responses =	1901	28	4152	62	569	8	6703	99.3
Invalid responses include no response.								





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

(410) 859-1500 www.acha.org

UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

ANX_1 Over the past two weeks, how often have you experienced any of the following: Feeling nervous, anxious, or on edge

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	266	14	271	7	16	3	563	8.4
2 Several days	613	32	1064	26	98	17	1788	26.5
3 Half the days	346	18	780	19	97	17	1234	18.3
4 Over half the days	373	20	1113	27	167	29	1676	24.9
5 Nearly every day	309	16	949	23	194	34	1476	21.9
Valid responses =	1907	28	4177	62	572	8	6737	99.9
Invalid responses include no response.								

ANX_2 Over the past two weeks, how often have you experienced any of the following:

Not being able to stop or control worrying	Trans/Gender									
	Cis M	len	Cis Wo	men	Non-con	forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not at all	624	33	834	20	61	11	1537	22.9 🗖		
2 Several days	491	26	997	24	127	22	1630	24.2 💻		
3 Half the days	293	15	748	18	88	15	1147	17.1 🗖		
4 Over half the days	279	15	839	20	156	27	1290	19.2 🗖		
5 Nearly every day	214	11	752	18	139	24	1119	16.6 📩		
Valid responses =	1901	28	4170	62	571	8	6723	99.6		
Invalid responses include no response.										

ANX_3 Over the past two weeks, how often have you experienced any of the following:

				Trans/G	ender		
Cis M	Cis Men		Cis Women		forming	Тс	otal
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
405	21	471	11	42	7	933	13.9
540	28	1044	25	99	17	1694	25.2
302	16	728	18	93	16	1138	16.9
343	18	935	22	151	26	1449	21.6
312	16	991	24	186	33	1509	22.4
1902	28	4169	62	571	8	6723	99.6
	Freq. 405 540 302 343 312	Freq. Pct. 405 21 540 28 302 16 343 18 312 16	Freq. Pct. Freq. 405 21 471 540 28 1044 302 16 728 343 18 935 312 16 991	Freq. Pct. Freq. Pct. 405 21 471 11 540 28 1044 25 302 16 728 18 343 18 935 22 312 16 991 24	Cis Men Cis Women Non-control Freq. Pct. Freq. Pct. Freq. 405 21 471 11 42 540 28 1044 25 99 302 16 728 18 93 343 18 935 22 151 312 16 991 24 186	Freq.Pct.Freq.Pct.Freq.Pct.405214711142754028104425991730216728189316343189352215126312169912418633	Cis Men Cis Women Non-conforming To Freq. Pct. Freq. Psi Ps

Invalid responses include no response.

ANX_4 Over the past two weeks, how often have you experienced any of the following:

Being concerned that something bad might happen					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	674	35	1179	28	85	15	1958	29.1
2 Several days	502	26	1076	26	119	21	1717	25.5
3 Half the days	268	14	650	16	83	15	1015	15.1
4 Over half the days	243	13	650	16	133	23	1036	15.4
5 Nearly every day	216	11	612	15	151	26	996	14.8
Valid responses =	1903	28	4167	62	571	8	6722	99.6

Invalid responses include no response.

DEP_1 Over the past two weeks, how often have you experienced any of the following: Feeling depressed

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	968	51	1798	43	123	22	2919	43.4
2 Several days	417	22	1055	25	136	24	1621	24.1
3 Half the days	201	11	511	12	82	14	807	12.0
4 Over half the days	162	9	473	11	122	21	773	11.5 💶
5 Nearly every day	159	8	335	8	109	19	612	9.1 🔲
Valid responses =	1907	28	4172	62	572	8	6732	99.8
·								

Invalid responses include no response.

Feeling sad

DEP_2 Over the past two weeks, how often have you experienced any of the following:

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not at all	593	31	884	21	66	12	1556	23.2		
2 Several days	730	38	1724	41	183	32	2672	39.8		
3 Half the days	271	14	678	16	107	19	1068	15.9		
4 Over half the days	177	9	537	13	112	20	837	12.5		
5 Nearly every day	133	7	339	8	103	18	584	8.7		
Valid responses =	1904	28	4162	62	571	9	6717	99.6		





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

(410) 859-1500 www.acha.org

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

DEP_3 Over the past two weeks, how often have you experienced any of the following: Feeling like nothing can make you happy

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not at all	1208	64	2473	60	231	40	3958	59.0	
2 Several days	305	16	789	19	139	24	1247	18.6 💻	
3 Half the days	172	9	419	10	73	13	673	10.0 🗖	
4 Over half the days	123	7	286	7	64	11	476	7.1 🗖	
5 Nearly every day	95	5	184	4	65	11	353	5.3 🗖	
Valid responses =	1903	28	4151	62	572	9	6707	99.4	
Invalid responses include no response									

Invalid responses include no response.

DEP_4 Over the past two weeks, how often have you experienced any of the following:

Thinking that others would be better off without you

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		То	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Not at all	1379	72	2990	72	295	52	4718	70.2			
2 Several days	248	13	583	14	123	22	965	14.4 📩			
3 Half the days	99	5	257	6	54	10	416	6.2 🗖			
4 Over half the days	84	4	187	5	39	7	311	4.6			
5 Nearly every day	94	5	147	4	59	10	308	4.6			
Valid responses =	1904	28	4164	62	570	8	6718	99.6			
Invalid responses include no response.											

DEP_5 Over the past two weeks, how often have you experienced any of the following:

Feeling like you have let yourself, friends, or family down

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not at all	934	49	1979	48	165	29	3109	46.2		
2 Several days	460	24	1041	25	134	24	1658	24.7		
3 Half the days	187	10	444	11	81	14	719	10.7 📩		
4 Over half the days	159	8	366	9	88	15	621	9.2 📩		
5 Nearly every day	167	9	334	8	103	18	616	9.2 📩		
Valid responses =	1907	28	4164	62	571	8	6723	99.6		
Invalid responses include no response.										

LONE_1 Over the past two weeks, how often have you experienced any of the following:

Feeling like you don't have friends

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Not at all	1239	65	2140	51	235	41	3654	54.2			
2 Several days	255	13	842	20	114	20	1226	18.2			
3 Half the days	147	8	393	9	51	9	604	9.0 📩			
4 Over half the days	135	7	386	9	87	15	615	9.1 📩			
5 Nearly every day	134	7	412	10	85	15	637	9.5			
Valid responses =	1910	28	4173	62	572	8	6736	99.8			
Invalid responses include no response.											

LONE_2 Over the past two weeks, how often have you experienced any of the following:

Feeling left out

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not at all	1092	57	1925	46	191	34	3246	48.2		
2 Several days	403	21	1111	27	156	27	1690	25.1		
3 Half the days	173	9	410	10	63	11	655	9.7		
4 Over half the days	120	6	410	10	76	13	612	9.1 🗖		
5 Nearly every day	119	6	313	8	85	15	525	7.8 🗖		
Valid responses =	1907	28	4169	62	571	8	6728	99.7		

Invalid responses include no response.

LONE_3 Over the past two weeks, how often have you experienced any of the following: Feeling isolated from others

-				
			Cis M	
			Ene er	D

	Transformati									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not at all	955	50	1819	44	133	23	2932	43.6		
2 Several days	420	22	1024	25	145	25	1614	24.0		
3 Half the days	196	10	494	12	79	14	776	11.5 💶		
4 Over half the days	173	9	454	11	95	17	731	10.9		
5 Nearly every day	165	9	374	9	120	21	674	10.0		
Valid responses =	1909	28	4165	62	572	9	6727	99.7		

Trans/Gender





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

(410) 859-1500 www.acha.org

UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) =

6747 Web Surveys

LONE_4 Over the past two weeks, how often have you experienced any of the following:

	Trans/Gender									
	Cis N	Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not at all	1053	55	2070	50	200	35	3354	49.9		
2 Several days	342	18	858	21	136	24	1352	20.1		
3 Half the days	178	9	449	11	67	12	704	10.5 📩		
4 Over half the days	155	8	405	10	76	13	647	9.6		
5 Nearly every day	177	9	383	9	92	16	665	9.9		
Valid responses =	1905	28	4165	62	571	8	6722	99.6		

Invalid responses include no response.

LONE_5 Over the past two weeks, how often have you experienced any of the following: Feeling excluded

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not at all	1225	64	2239	54	241	42	3746	55.7		
2 Several days	333	18	944	23	128	22	1423	21.2		
3 Half the days	136	7	357	9	63	11	561	8.3 📩		
4 Over half the days	109	6	343	8	68	12	529	7.9 📩		
5 Nearly every day	102	5	280	7	72	13	462	6.9		
Valid responses =	1905	28	4163	62	572	9	6721	99.6		
Invalid responses include no response.										

SOCANX_1 Over the past two weeks, how often have you experienced any of the following: Feeling an intense and persistent fear of a social situation in which people might judge you

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not at all	987	52	1697	41	144	25	2861	42.6	
2 Several days	393	21	949	23	100	18	1454	21.6	
3 Half the days	184	10	500	12	95	17	789	11.7	
4 Over half the days	166	9	513	12	90	16	782	11.6	
5 Nearly every day	173	9	509	12	142	25	836	12.4	
Valid responses =	1903	28	4168	62	571	8	6722	99.6	

Invalid responses include no response.

SOCANX_2 Over the past two weeks, how often have you experienced any of the following:

Fearing that you will embarrass yourself

	Trans/Gender							
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	895	47	1586	38	131	23	2639	39.3
2 Several days	485	26	1055	25	125	22	1685	25.1
3 Half the days	184	10	540	13	89	16	822	12.2
4 Over half the days	165	9	484	12	92	16	753	11.2
5 Nearly every day	173	9	495	12	134	24	813	12.1
Valid responses =	1902	28	4160	62	571	9	6712	99.5
Invalid responses include no response.								

SOCANX_3 Over the past two weeks, how often have you experienced any of the following:

Fearing that people will notice that you are anxious

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Not at all	1048	55	1892	46	174	31	3149	46.9			
2 Several days	359	19	880	21	101	18	1355	20.2			
3 Half the days	176	9	463	11	74	13	718	10.7 📩			
4 Over half the days	146	8	448	11	93	16	696	10.4			
5 Nearly every day	172	9	477	12	129	23	794	11.8			
Valid responses =	1901	28	4160	62	571	9	6712	99.5			
Invalid responses include no response.											

SEX What sex were you assigned at birth?

	Cis Men Cis Women					ender forming	то	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	4	0	4180	100	456	80	4676	69.4
2 Male	1908	100	2	0	112	20	2054	30.5
3 Intersex	0	0	0	0	4	1	5	0.1
Valid responses =	1912	28	4182	62	572	8	6735	99.8
Invalid responses include no response.								

AMERICAN COLLEGE HEALTH ASSOCIATION



American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

TRANS Do you identify as transgender?

www.acha.org

	Cis N	len	Cis Wo	men	Trans/Gender Non-conforming			Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1912	100	4182	100	184	32	6330	93.9	
2 Yes	0	0	0	0	388	68	409	6.1	
Valid responses =	1912	28	4182	62	572	8	6739	99.9	
Invalid responses include no response.									

GENDER Which term do you use to describe your gender identity?

					Trans/G	ender		
	Cis M	en	Cis Wo	men	Non-conforming		Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	4182	100	66	12	4249	63.1
2 Man or male	1912	100	0	0	48	8	1963	29.1
3 Trans woman	0	0	0	0	16	3	18	0.3
Trans man	0	0	0	0	64	11	65	1.0
Genderqueer	0	0	0	0	54	9	54	0.8
My identity is not listed	0	0	0	0	0	0	55	0.8
Agender	0	0	0	0	28	5	31	0.5 I
Genderfluid	0	0	0	0	80	14	80	1.2 🛛
Non-binary	0	0	0	0	215	38	219	3.3 🗖
0 Intersex	0	0	0	0	1	0	1	0.0
/alid responses =	1912	28	4182	62	572	8	6735	99.8
Invalid responses include no response.								

SEX_OR What term best describes your sexual orientation?

-					Trans/G	ender		
	Cis M	en	Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual	16	1	87	2	48	8	159	2.4 🛛
2 Bisexual	115	6	634	15	153	27	908	13.5 💻
3 Gay	91	5	2	0	23	4	118	1.8 🛛
4 Lesbian	0	0	139	3	59	10	205	3.1 🗖
5 Pansexual	21	1	136	3	84	15	250	3.7 🗖
6 Queer	6	0	83	2	101	18	201	3.0 🗖
7 Questioning	19	1	96	2	20	4	137	2.0 🛛
9 Straight/Heterosexual	1634	86	2959	71	66	12	4678	69.6 📩
10 My identity is not listed above (please specify)	4	0	28	1	17	3	62	0.9
Valid responses =	1906	28	4164	62	571	8	6718	99.6
Invalid responses include no response.								

AGE How old are you?

•					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	449	24	941	23	120	21	1528	22.9 🗖
2 19 Years	362	19	826	20	128	23	1332	20.0 🗖
3 20 Years	303	16	722	18	92	16	1128	16.9 🗖
4 21 Years	244	13	561	14	75	13	889	13.3 🗖
5 22 Years	131	7	237	6	35	6	406	6.1 🗖
6 23 Years	65	3	113	3	26	5	209	3.1 🗖
7 24 Years	37	2	67	2	15	3	121	1.8 🗖
8 25 Years	31	2	48	1	15	3	96	1.4 🗖
9 26 to 30 Years	86	5	152	4	30	5	272	4.1 🗖
10 31 to 40 Years	88	5	269	7	24	4	384	5.8 🗖
11 41 or More Years	95	5	194	5	8	1	300	4.5 🗖
Valid responses =	1891	28	4130	62	568	9	6665	98.8
Invalid responses include no response.								

	Mean	Median	Std Dev	Min	Max
Cis Men	22.48	20	8	17	86.0
Cis Women	22.41	20	7	16	80.0
Trans/Gender Non-conforming	21.39	20	5	16	52.0
Overall	22.34	20	7	16	86.0

YEAR What is your year in school?

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	707	37	1364	33	181	32	2282	33.8
2 2nd year undergraduate	420	22	951	23	145	25	1530	22.7
3 3rd year undergraduate	378	20	969	23	130	23	1492	22.1
4 4th year undergraduate	305	16	725	17	76	13	1121	16.6
5 5th year or more undergraduate	102	5	173	4	40	7	322	4.8
6 Master's (MA, MS, etc.)	0	0	0	0	0	0	0	0.0
7 Doctorate (PhD, EdD, MD, JD, etc.)	0	0	0	0	0	0	0	0.0
8 Not seeking a degree	0	0	0	0	0	0	0	0.0
9 Other (please specify):	0	0	0	0	0	0	0	0.0
Valid responses =	1912	28	4182	62	572	8	6747	100.0
Invalid responses include no response.								





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

(410) 859-1500 www.acha.org

UNDERGRADUATE STUDENTS

May 22, 2025

. .

Number of Surveys (n) = 6747 Web Surveys

RACE_1 How do you usually describe yourself? (Please select ALL that apply) American Indian or Native Alaskan

	Trans/Gender									
	Cis N	len	Cis Wo	men	Non-cont	forming	Т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	1777	93	3850	92	540	94	6241	92.5		
1 Selected	135	7	332	8	32	6	506	7.5 🗖		
Valid responses =	1912	28	4182	62	572	8	6747	100.0		
Invalid responses include no response.										

RACE_2 How do you usually describe yourself? (Please select ALL that apply) Asian or Asian American

					Trans/G	ender		
	Cis Men		Cis Women I		Non-conforming		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1765	92	3940	94	537	94	6318	93.6
1 Selected	147	8	242	6	35	6	429	6.4 🗖
Valid responses =	1912	28	4182	62	572	8	6747	100.0
Invalid responses include no response.								

RACE_3 How do you usually describe yourself? (Please select ALL that apply)

Black or African American

					Trans/G	ender		
	Cis M	Cis Women Non		Non-conforming		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1790	94	3913	94	539	94	6320	93.7
1 Selected	122	6	269	6	33	6	427	6.3 🗖
Valid responses =	1912	28	4182	62	572	8	6747	100.0
Invelid responses include no response								

Invalid responses include no response.

$\ensuremath{\mathsf{RACE_4}}$ How do you usually describe yourself? (Please select ALL that apply) Hispanic or Latino/a/x

					Trans/G	ender		
	Cis N	Cis Men		Cis Women		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1468	77	3022	72	439	77	4992	74.0
1 Selected	444	23	1160	28	133	23	1755	26.0
Valid responses =	1912	28	4182	62	572	8	6747	100.0

Invalid responses include no response.

RACE_5 How do you usually describe yourself? (Please select ALL that apply) Middle Eastern/North African (MENA) or Arab Origin

Trans/Gender Cis Men **Cis Women** Non-conforming Total Freq. Pct. Freq. Pct. Freq. Pct. Freq. Pct. 99.1 🗖 0 Not selected 1889 99 4147 qq 566 gg 6683 64 1 Selected 23 1 35 1 6 1 0.9 1912 28 4182 62 6747 100.0 Valid responses = 572 8

Invalid responses include no response.

RACE_6 How do you usually describe yourself? (Please select ALL that apply) Native Hawaiian or Other Pacific Islander Native

					Trans/G	ender			
	Cis Men		Cis Women Non-co		Non-cont	on-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	1905	100	4158	99	571	100	6715	99.5	
1 Selected	7	0	24	1	1	0	32	0.5 I	
Valid responses =	1912	28	4182	62	572	8	6747	100.0	

Invalid responses include no response.

RACE_7 How do you usually describe yourself? (Please select ALL that apply) White

	Cis Men		Cis Women		Trans/Gender Non-conforming		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	683	36	1585	38	146	26	2438	36.1
1 Selected	1229	64	2597	62	426	75	4309	63.9
Valid responses =	1912	28	4182	62	572	8	6747	100.0
Invalid responses include no response.								

RACE_8 How do you usually describe yourself? (Please select ALL that apply) Biracial or Multiracial

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	1837	96	4001	96	532	93	6445	95.5		
1 Selected	75	4	181	4	40	7	302	4.5 🛛		
Valid responses =	1912	28	4182	62	572	8	6747	100.0		
Invalid responses include no response										





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

(410) 859-1500 www.acha.org

UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

RACE_9 How do you usually describe yourself? (Please select ALL that apply) Another Identity

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	1888	99	4152	99	567	99	6684	99.1		
1 Selected	24	1	30	1	5	1	63	0.9		
Valid responses =	1912	28	4182	62	572	8	6747	100.0		
have below and a standard and a second standard and the standard										

Invalid responses include no response.

RACE_HISPANIC_1 Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Mexican, Mexican American, Chicano

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	149	34	390	34	49	37	595	33.9		
1 Selected	295	66	770	66	84	63	1160	66.1		
Valid responses =	444	25	1160	66	133	8	1755	26.0		
Invalid responses include no response.										

RACE_HISPANIC_2 Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Puerto Rican

	Cis N	Trans/Gender Cis Women Non-conforming			т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	429	97	1101	95	124	93	1672	95.3
1 Selected	15	3	59	5	9	7	83	4.7 🛛
Valid responses =	444	25	1160	66	133	8	1755	26.0

Invalid responses include no response.

RACE_HISPANIC_3 Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Cuban

					Trans/G	ender			
	Cis Men		Cis Women Non		Non-con	Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	437	98	1150	99	130	98	1735	98.9	
1 Selected	7	2	10	1	3	2	20	1.1	
Valid responses =	444	25	1160	66	133	8	1755	26.0	
Invalid responses include no response.									

RACE_HISPANIC_4 Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Another Hispanic, Latino/a/x, or Spanish origin

	Trans/Gender									
	Cis Men		Cis Women Non-co		Non-con	forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	320	72	851	73	101	76	1282	73.0		
1 Selected	124	28	309	27	32	24	473	27.0		
Valid responses =	444	25	1160	66	133	8	1755	26.0		
lasse Rahamana and an Analysia and an and an an										

Invalid responses include no response.

RACE_ASIAN_1 Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

East Asian (for example: Chinese, Japanese, or Korean)

	Trans/Gender									
	Cis Men		Cis Women Non-conf		forming T		otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	111	76	162	67	19	54	296	69.0		
1 Selected	36	25	80	33	16	46	133	31.0		
Valid responses =	147	34	242	56	35	8	429	6.4		

Invalid responses include no response.

RACE_ASIAN_2 Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	86	59	139	57	18	51	245	57.1		
1 Selected	61	42	103	43	17	49	184	42.9		
Valid responses =	147	34	242	56	35	8	429	6.4		
Invalid responses include no response										

Invalid responses include no response.

RACE_ASIAN_3 Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	100	68	185	76	31	89	320	74.6		
1 Selected	47	32	57	24	4	11	109	25.4		
Valid responses =	147	34	242	56	35	8	429	6.4		
Involid reasonance include no reasonance										





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

www.acha.org

RACE_ASIAN_4 Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) Other Asian

	Trans/Gender									
	Cis Men		Cis Women I		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	142	97	235	97	35	100	417	97.2		
1 Selected	5	3	7	3	0	0	12	2.8 🛛		
Valid responses =	147	34	242	56	35	8	429	6.4		
Invalid responses include no response.										

GREEK Are you a member of a social fraternity or sorority?

					Trans/G	ender				
	Cis N	Cis Men			Cis Men Cis Women N		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	1709	89	3824	92	513	90	6121	90.9		
2 Yes	203	11	347	8	56	10	611	9.1 🗖		
Valid responses =	1912	28	4171	62	569	8	6732	99.8		
Invalid responses include no response.										

GREEK_RES Do you live in a fraternity or sorority residence?

_ , , , ,	Cis M	len	Cis Wo	men	Trans/Ge Non-cont		то	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1793	94	4013	96	540	95	6424	95.3
2 Yes	118	6	165	4	29	5	314	4.7 🛛
Valid responses =	1911	28	4178	62	569	8	6738	99.9
Invalid responses include no response.								

RESIDENCE Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

Trans/Gender									
Cis Men		Cis Women		Non-conforming		То	otal		
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
778	43	1660	41	237	44	2706	42.1		
407	23	961	24	137	25	1527	23.8		
570	32	1300	32	159	29	2054	32.0		
14	1	15	0	5	1	34	0.5		
2	0	5	0	0	0	7	0.1		
23	1	69	2	5	1	97	1.5 🛛		
1794	28	4010	62	543	8	6425	95.2		
	Freq. 778 407 570 14 2 23	Freq. Pct. 778 43 407 23 570 32 14 1 2 0 23 1	Freq. Pct. Freq. 778 43 1660 407 23 961 570 32 1300 14 1 15 2 0 5 23 1 69	Freq. Pct. Freq. Pct. 778 43 1660 41 407 23 961 24 570 32 1300 32 14 1 15 0 2 0 5 0 23 1 69 2	Cis Men Cis Women Non-con Freq. Pct. Freq. Pct. Freq. 778 43 1660 41 237 407 23 961 24 137 570 32 1300 32 159 14 1 15 0 5 2 0 5 0 0 23 1 69 2 5	Freq. Pct. Freq. Pct. Freq. Pct. 778 43 1660 41 237 44 407 23 961 24 137 25 570 32 1300 32 159 29 14 1 15 0 5 1 2 0 5 0 0 0 23 1 69 2 5 1	Cis Men Cis Women Non-conforming Teq. Freq. Pct. Freq. Pct. Freq. Pct. 778 43 1660 41 237 44 2706 407 23 961 24 137 25 1527 570 32 1300 32 159 29 2054 14 1 15 0 5 1 34 2 0 5 0 0 0 7 23 1 69 2 5 1 97		

Invalid responses include no response.

GPA What is your approximate cumulative grade average?

PA what is your approximate cumulative grade average		Trans/Gender									
	Cis N	len	Cis Wo	men	Non-cont	forming	Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
A+	154	8	365	9	56	10	584	8.7			
A	458	24	1267	30	130	23	1872	27.8			
A-	369	19	715	17	96	17	1192	17.7			
B+	261	14	565	14	62	11	898	13.3			
В	282	15	561	13	80	14	935	13.9			
B-	126	7	238	6	50	9	424	6.3 🔲			
C+	83	4	131	3	26	5	243	3.6 🗖			
C	59	3	132	3	33	6	225	3.3 🗖			
C-	27	1	40	1	9	2	78	1.2 🗖			
D+	16	1	11	0	4	1	32	0.5			
D	7	0	16	0	4	1	27	0.4			
D-	3	0	8	0	0	0	11	0.2			
3 F	4	0	7	0	1	0	12	0.2			
N/A	58	3	120	3	18	3	200	3.0 🗖			
alid responses =	1907	28	4176	62	569	8	6733	99.8			
Invalid responses include no response.											

SETTING I am taking classes this term:

SET TING I am taking classes this term.					Trans/G	ender		
	Cis N	Cis Women Non-cor			forming	Тс	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	1186	62	2075	50	321	56	3634	53.9
2 Entirely online	92	5	440	11	30	5	567	8.4 💻
3 A mix of in-person and online classes	633	33	1660	40	220	39	2537	37.7
Valid responses =	1911	28	4175	62	571	8	6738	99.9
Invalid responses include no response.								

ENROLL What is your enrollment status?

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Full-time	1751	92	3771	90	514	90	6111	90.7 💻			
2 Part-time	149	8	385	9	52	9	592	8.8 🗖			
3 Other	10	1	20	1	6	1	36	0.5			
Valid responses =	1910	28	4176	62	572	8	6739	99.9			
Invalid responses include no response.											





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

STUDY_US Are you studying in the United States this semester/term?

	Cis N	Cis Wo	men	Trans/Ge Non-cont		то	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	143	8	287	7	42	7	475	7.1 🗖
2 Yes	1764	93	3886	93	530	93	6257	92.9
Valid responses =	1907	28	4173	62	572	8	6732	99.8
Invalid responses include no response.								

VISA Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are studying in the U.S. this semester/term)

	i rans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	131	96	255	92	30	75	419	91.5		
2 Yes	6	4	23	8	10	25	39	8.5 🗖		
Valid responses =	137	30	278	61	40	9	458	6.8		
Invalid responses include no response.										

VISA_2 Would you need a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are NOT studying in the U.S. this semester/term) Trans/Gondor

	Trails/Gender								
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	131	96	255	92	30	75	419	91.5	
2 Yes	6	4	23	8	10	25	39	8.5 🗖	
Valid responses =	137	30	278	61	40	9	458	6.8	
Invalid responses include no response.									

ATHLETICS_1 Do you participate in organized college athletics at any of the following levels? Varsity

·	Cis M	Trans/Gen Cis Women Non-confo				т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1680	91	3795	92	549	97	6102	92.0
2 Yes	175	9	340	8	15	3	531	8.0 🗖
Valid responses =	1855	28	4135	62	564	9	6633	98.3
Invalid responses include no response								

Invalid responses include no response.

ATHLETICS_2 Do you participate in organized college athletics at any of the following levels? Club Sports

	Trans/Gender										
	Cis Men		Cis Women No		Non-conforming		тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	1637	89	3829	94	539	95	6080	92.5			
2 Yes	200	11	262	6	27	5	493	7.5 🗖			
Valid responses =	1837	28	4091	62	566	9	6573	97.4			

Invalid responses include no response.

ATHLETICS_3 Do you participate in organized college athletics at any of the following levels? Intramurals

					Trans/G	ender			
	Cis Men Cis Women Nor			Non-con	forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1531	84	3762	92	546	97	5916	90.3	
2 Yes	300	16	311	8	19	3	632	9.7 🗖	
Valid responses =	1831	28	4073	62	565	9	6548	97.1	
Invalid responses include no response.									

CONDITIONS_1 Do you have any of the following? Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

·	Cis M	len	Cis Wo	men	Trans/G Non-con		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1413	77	3179	78	306	56	4946	76.0
2 Yes	424	23	875	22	242	44	1565	24.0
Valid responses =	1837	28	4054	62	548	8	6511	96.5

Invalid responses include no response.

CONDITIONS_2 Do you have any of the following? Autism Spectrum Disorder

					Trans/G	ender			
	Cis N	len	Cis Wo	men	Non-cont	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1703	94	3796	95	365	67	5920	92.0	
2 Yes	116	6	203	5	179	33	516	8.0 🗖	
Valid responses =	1819	28	3999	62	544	8	6436	95.4	
Invalid responses include no response.									





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500 <u>www.acha.org</u> UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

CONDITIONS_3 Do you have any of the following?

Blind/Low Vision								
	0		01-141-		Trans/Gender n Non-conforming		-	- 4 - 1
	Cis M Freq.	/len Pct.	Cis Wo Freq.	omen Pct.	Non-con Freq.	forming Pct.	To Freq.	otal Pct.
1 No	1688	93	3502	87	465	86	5718	88.7
2 Yes	1000	93 7	514	13	405	15	732	11.3 🗖
/alid responses =	1815	28	4016	62	544	8	6450	95.6
Invalid responses include no response.	1010	20	4010	02	044	0	0400	00.0
invalid responses include no response.								
CONDITIONS_4 Do you have any of the following?								
Chronic illness								
					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
No	1727	95	3581	89	432	79	5802	89.8
Yes	87	5	441	11	117	21	658	10.2 🗖
alid responses =	1814	28	4022	62	549	8	6460	95.7
Invalid responses include no response.								
ONDITIONS_5 Do you have any of the following?								
eaf/Hearing impairment					Trans/G	ondor		
	Cis M	/len	Cis Wo	men	Non-con		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
No	1783	98	3914	98	513	95	6281	97.7
Yes	33	2	83	2	30	6	149	2.3
/alid responses =	1816	28	3997	62	543	8	6430	95.3
Invalid responses include no response.	1010	20	0001	02	0-10	0	0400	30.0
ONDITIONS_6 Do you have any of the following?								
earning disorder								
					Trans/G			
	Cis M		Cis Wo	men	Non-con			otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
No	1709	94	3673	92	451	83	5899	91.5
Yes	107	6	337	8	94	17	547	8.5 🗖
alid responses =	1816	28	4010	62	545	8	6446	95.5
Invalid responses include no response.								
ONDITIONS_7 Do you have any of the following?								
lobility/Dexterity impairment					T			
	Cia I		Cia Wa		Trans/G		т	
	Cis M		Cis Wo		Non-con			otal
Ne	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
No Yes	1774	98	3893	98	486	90	6222	97.0
	37	2	93	2	55	10	190	3.0
alid responses =	1811	28	3986	62	541	8	6412	95.0
Invalid responses include no response.								
ONDITIONS_8 Do you have any of the following?								
sychological or mental health condition								
					Trans/G	ender		
	Cis M	/len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
No	1388	75	2203	54	146	26	3769	57.4
Yes	452	25	1892	46	415	74	2801	42.6
alid responses =	1840	28	4095	62	561	9	6570	97.4
Invalid responses include no response.								
ONDITIONS_9 Do you have any of the following?								
beech or language disorder					Trans/C	ondor		
	Cis M	lon	Cis Wo	mor	Trans/G Non-con		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
No	1778	98	Freq. 3919	98	Freq. 519	96	6288	98.0
NO Yes	33	96	3919 70	90	20	90 4	126	2.0
alid responses =	33 1811	28	3989	2 62	20 539	4 8	6414	95.1
Invalid responses include no response.	1011	20	0309	02	339	U	0414	55.1
antana responses mondue no response.								
ONDITIONS_10 Do you have any of the following?								
raumatic brain injury (TBI)								
					Trans/G	ender		
	Cis M	/len	Cis Wo		Non-con			otal
	Freq	Pct	Freq	Pct	Freq	Pct	Freq	Pct

	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1767	98	3923	98	524	97	6286	98.0	
2 Yes	41	2	71	2	16	3	130	2.0	
Valid responses =	1808	28	3994	62	540	8	6416	95.1	
Invalid responses include no response.									





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

(410) 859-1500 www.acha.org

UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

VETERAN Are you currently or have you been a member of the Armed Services?

					Trans/G Non-con		то	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1826	96	4117	99	561	98	6580	97.7
2 Yes, have served in area of hazardous duty	42	2	12	0	5	1	61	0.9
3 Yes, have not served in area hazardous duty	41	2	44	1	4	1	92	1.4
Valid responses =	1909	28	4173	62	570	8	6733	99.8
Invalid responses include no response.								

PARENT_EDU What is the highest level of education completed by either of your parents (or guardians)?

					Trans/G	ender		
	Cis M	len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	73	4	216	5	11	2	301	4.5 💻
2 High school diploma or GED	422	22	946	23	98	17	1478	21.9
3 Attended college but no degree	179	9	472	11	67	12	722	10.7
4 Associate's degree	165	9	524	13	55	10	752	11.2
5 Bachelor's degree	484	25	910	22	151	26	1569	23.3
6 Master's degree	409	21	761	18	130	23	1323	19.6
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	141	7	289	7	49	9	482	7.1 💶
8 Don't know	39	2	60	1	11	2	115	1.7 🗖
Valid responses =	1912	28	4178	62	572	8	6742	99.9
Invalid responses include no response.								

PARENT Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis N	Т	otal						
	Freq.	Pct.	Cis Wo Freq.	Pct.	Non-con Freq.	Pct.	Freq.	Pct.	
1 No	1806	95	3782	91	543	95	6210	92.1	
2 Yes	105	6	396	10	28	5	531	7.9 🗖	
Valid responses =	1911	28	4178	62	571	8	6741	99.9	

Invalid responses include no response.

Which of these fields best describes your major? (select up to 2) (only undergraduate students)

	Trans/Gender									
	Cis M	en	Cis Wo	men	Non-cont	forming	То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not yet selected a major	70	4	145	4	17	3	235	3.5		
1 Agriculture	33	2	89	2	5	1	129	1.9		
2 Biological/life sciences	144	8	517	12	60	11	729	10.8		
3 Business	373	20	606	15	30	5	1015	15.0		
4 Communication	43	2	139	3	19	3	203	3.0		
5 Computer and information sciences	189	10	78	2	27	5	298	4.4		
6 Education	70	4	357	9	34	6	465	6.9		
7 Engineering	344	18	179	4	30	5	560	8.3		
8 Ethnic, cultural studies, and area studies	10	1	28	1	5	1	45	0.7		
9 Foreign languages and literature	12	1	69	2	16	3	98	1.5		
10 Health-related fields	139	7	647	16	29	5	818	12.1		
11 History	34	2	41	1	15	3	94	1.4		
12 Humanities	73	4	149	4	42	7	269	4.0		
13 Liberal/general studies	32	2	67	2	8	1	108	1.6		
14 Mathematics	53	3	50	1	8	1	115	1.7		
15 Multi/interdisciplinary studies	26	1	78	2	13	2	123	1.8		
16 Parks, recreation, leisure studies, sports management	6	0	9	0	1	0	16	0.2	I	
17 Physical sciences	76	4	118	3	33	6	229	3.4		
18 Pre-professional (pre-dental, pre-law, pre-medical, pre-veterinary)	57	3	286	7	19	3	365	5.4		
19 Public administration	12	1	42	1	6	1	61	0.9		
20 Social sciences	203	11	714	17	127	22	1053	15.6		
21 Visual and performing arts (art, music, theater, dance, etc.) (MAJC	97	5	177	4	99	17	388	5.8		
22 Other (please specify)	198	10	434	10	54	9	695	10.3		
Totals may add up to more than 100% from students selecti	ng two opti	ons								

FIN_RES_1 During the current academic year, I have worried about being able to pay for my educational expenses

					Trans/G	enaer		
	Cis Men Cis Women N				Non-cont	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	604	32	974	23	103	18	1697	25.2
2 Seldom	382	20	656	16	81	14	1134	16.8
3 Sometimes	402	21	929	22	131	23	1486	22.1
4 Often	250	13	668	16	106	19	1035	15.4
5 Very often	270	14	947	23	150	26	1381	20.5
Valid responses =	1908	28	4174	62	571	8	6733	99.8





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

(410) 859-1500 www.acha.org

UNDERGRADUATE STUDENTS

May 22, 2025 Number of Surveys (n) = 6747 Web Surveys

FIN_RES_2 During the current academic year, I was unable to participate in events and activities at school because I didn't have enough money

					Trans/G	ender		
	Cis N	Cis Men Cis Women Non-confor			forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1065	56	2202	53	247	43	3551	52.8
2 Seldom	339	18	716	17	100	18	1171	17.4 💶
3 Sometimes	257	14	604	15	95	17	965	14.4 📖
4 Often	123	7	283	7	54	10	465	6.9 🗖
5 Very often	122	6	360	9	74	13	569	8.5 📼
Valid responses =	1906	28	4165	62	570	8	6721	99.6
Invalid responses include no response.								

FIN_RES_3 During the current academic year, I have contributed money to help support family members who were not my own domestic partner or children Trans/Gender

Cis M Freq.		Cis Wo	men	Non-cont	forming	Т	otal
Freq					onning		Jidi
1109.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1321	69	2779	67	379	66	4526	67.3
236	12	477	12	72	13	798	11.9 💻
199	10	447	11	57	10	710	10.6 💻
77	4	205	5	29	5	315	4.7 🗖
74	4	256	6	34	6	372	5.5 🗖
1907	28	4164	62	571	8	6721	99.6
	1321 236 199 77 74	1321 69 236 12 199 10 77 4 74 4	1321 69 2779 236 12 477 199 10 447 77 4 205 74 4 256	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	1321 69 2779 67 379 236 12 477 12 72 199 10 447 11 57 77 4 205 5 29 74 4 256 6 34	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$

OUTCOMES_1 How likely is it that you will:

Leave your school before graduating and transfer to another school?

	Trans/Gender									
	Cis Men		Cis Wo	men Non-con		forming	То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Very likely	58	3	131	3	21	4	213	3.2 🗖		
2 Moderately likely	66	4	160	4	23	4	254	3.8 🗖		
3 Slightly likely	163	9	335	8	51	9	556	8.3 🗖		
4 Slightly unlikely	143	8	242	6	40	7	432	6.4 🗖		
5 Moderately unlikely	307	16	580	14	102	18	1000	14.9 🔲		
6 Very unlikely	1171	61	2724	65	334	59	4276	63.5		
Valid responses =	1908	28	4172	62	571	8	6731	99.8		
Invalid responses include no response.										

OUTCOMES_2 How likely is it that you will:

Attend a graduate or professional school (e.g., law school, medical school, a PhD or master's program) within 6 months of graduating from your school?

	i rans/Gender									
	Cis Men		Cis Wo	men	Non-con	forming	Т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Very likely	347	18	1095	26	85	15	1548	23.0		
2 Moderately likely	299	16	645	16	111	19	1066	15.9		
3 Slightly likely	311	16	724	17	102	18	1153	17.2		
4 Slightly unlikely	201	11	348	8	63	11	617	9.2		
5 Moderately unlikely	294	15	458	11	69	12	827	12.3		
6 Very unlikely	453	24	894	22	141	25	1510	22.5		
Valid responses =	1905	28	4164	62	571	8	6721	99.6		
Invalid responses include no response										

Invalid responses include no response.

OUTCOMES_3 How likely is it that you will:

Have a job (of any type) within 6 months of graduating from your school?

	Trans/Gender									
	Cis Men		Cis Wo	Women Non-conforming		forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Very likely	790	41	1945	47	197	35	2966	44.1		
2 Moderately likely	514	27	1095	26	164	29	1787	26.6		
3 Slightly likely	318	17	650	16	120	21	1100	16.4 💻		
4 Slightly unlikely	126	7	194	5	40	7	369	5.5 🗖		
5 Moderately unlikely	77	4	140	3	31	5	256	3.8 🗖		
6 Very unlikely	81	4	143	3	18	3	246	3.7 🗖		
Valid responses =	1906	28	4167	62	570	8	6724	99.7		
Invalid responses include no response.										

OUTCOMES_4 How likely is it that you will:

Leave your school before graduating without transferring to another school?

	Trans/Gender										
	Cis Men		Cis Wo	Cis Women Non-conforming		forming	Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Very likely	54	3	97	2	12	2	165	2.5			
2 Moderately likely	43	2	76	2	22	4	145	2.2			
3 Slightly likely	102	5	161	4	40	7	309	4.6 🗖			
4 Slightly unlikely	103	5	184	4	39	7	331	4.9 🗖			
5 Moderately unlikely	249	13	408	10	77	14	746	11.1 🗖			
δ Very unlikely	1355	71	3240	78	380	67	5027	74.8			
/alid responses =	1906	28	4166	62	570	8	6723	99.6			





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

(410) 859-1500

UNDERGRADUATE STUDENTS

May 22, 2025

/S

www.acha.org

Number of Surveys	(n)	=	6747	Web	Surveys

OUTCOMES_LEAVING_1 What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school) Lack of safe and/or affordable housing

	Trans/Gender									
	Cis Men		Cis Women Non-conformi		forming	То	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	278	73	520	70	81	62	896	70.4		
2 Yes	102	27	221	30	50	38	376	29.6		
Valid responses =	380	30	741	58	131	10	1272	18.9		

Invalid responses include no response.

OUTCOMES_LEAVING_2 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Financial concerns other than housing

-	Cis Men		Trans/Gender Cis Women Non-conforming			то	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	172	45	312	42	47	35	541	42.3
2 Yes	210	55	430	58	87	65	737	57.7
Valid responses =	382	30	742	58	134	10	1278	18.9
Invalid responses include no response.								

OUTCOMES_LEAVING_3 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Need to take care of family members/children

					Trans/G	ender			
	Cis Men		Cis Women Non-conforming		forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	309	82	574	78	103	81	1000	79.6	
2 Yes	69	18	158	22	24	19	256	20.4	
Valid responses =	378	30	732	58	127	10	1256	18.6	
Invelid seepenees include as seepenee									

Invalid responses include no response.

OUTCOMES_LEAVING_4 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Conflicts with work responsibilities/schedule

	Trans/Gender									
	Cis Men		Cis Wo	Cis Women Non-conforming		forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	272	72	481	66	81	63	846	67.2		
2 Yes	104	28	253	35	48	37	412	32.8		
Valid responses =	376	30	734	58	129	10	1258	18.6		

Invalid responses include no response.

OUTCOMES_LEAVING_5 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Ongoing physical and/or mental health issues

					Trans/G	ender			
	Cis Men		Cis Women Non-co		Non-con	lon-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	236	62	410	55	33	25	685	54.0	
2 Yes	142	38	330	45	99	75	584	46.0	1
Valid responses =	378	30	740	58	132	10	1269	18.8	
Invelid responses include no response									

Invalid responses include no response.

OUTCOMES_LEAVING_6 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school)

Change in my academic plans and/or professional goals (e.g., institution doesn't have the academic program I want; I may not want my chosen degree anymore)

					114115/00	enuer			
	Cis Men		Cis Wo	Cis Women Non-conforming		То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	205	54	399	54	66	51	681	53.7	1
2 Yes	173	46	339	46	64	49	586	46.3	
Valid responses =	378	30	738	58	130	10	1267	18.8	

Invalid responses include no response.

OUTCOMES_LEAVING_7 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school)

Poor academic performance

					Trans/G	ender		
	Cis Men		Cis Women Non-confor		forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	68	533	72	66	50	862	68.2
2 Yes	121	32	206	28	66	50	402	31.8
Valid responses =	374	30	739	58	132	10	1264	18.7





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

(410) 859-1500 www.acha.org

OUTCOMES_LEAVING_8 What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school) Negative experience at my college/university

					Trans/G	ender		
	Cis Men		Cis Women Non-confor		forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	233	61	468	64	74	57	782	61.9
2 Yes	147	39	266	36	56	43	481	38.1
Valid responses =	380	30	734	58	130	10	1263	18.7

Invalid responses include no response.

OUTCOMES_LEAVING_9 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) I don't feel like I fit in at my college/university

	Cis N	len	Cis Wo	men	Trans/Ge Non-cont		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	244	65	460	63	67	52	783	62.1
2 Yes	134	35	274	37	63	49	478	37.9
Valid responses =	378	30	734	58	130	10	1261	18.7
have believe and a standard and a second and								

Invalid responses include no response.

OUTCOMES_LEAVING_10 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Other (please specify)

					Trans/G	ender			
	Cis N	Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	142	85	248	86	43	78	439	84.3	
2 Yes	26	16	41	14	12	22	82	15.7 🔲	
Valid responses =	168	32	289	55	55	11	521	7.7	
lassa Balancan ang sa Sundsa da ang sang sa s									

Invalid responses include no response.

LIFESAT_1 Please rate how strongly you agree or disagree with the following statements:

So far, I have gotten the important things I want in life

					Trans/G	ender			
	Cis Men Cis Wome Freq. Pct. Freq. 151 8 157 243 13 331 244 13 517 489 26 1222 559 29 1350 219 12 590 1905 28 4167	men	Non-con	forming	Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	151	8	157	4	52	9	372	5.5 💻	
2 Disagree	243	13	331	8	78	14	661	9.8	
3 Slightly disagree	244	13	517	12	97	17	867	12.9	
4 Slightly agree	489	26	1222	29	173	30	1909	28.4	
5 Agree	559	29	1350	32	135	24	2060	30.6	1
6 Strongly agree	219	12	590	14	37	7	855	12.7	
Valid responses =	1905	28	4167	62	572	9	6724	99.7	

Invalid responses include no response.

LIFESAT_2 Please rate how strongly you agree or disagree with the following statements:

Overall, I would say that I am satisfied with my life

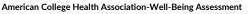
	Trans/Gender							
	Cis Men C		Cis Wo	Cis Women		forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	148	8	187	5	53	9	397	5.9 💻
2 Disagree	232	12	335	8	98	17	674	10.0 💶
3 Slightly disagree	227	12	511	12	99	17	845	12.6
4 Slightly agree	409	21	1011	24	147	26	1592	23.7
5 Agree	579	30	1450	35	132	23	2179	32.4
6 Strongly agree	312	16	668	16	42	7	1033	15.4
Valid responses =	1907	28	4162	62	571	8	6720	99.6
Invalid responses include no response.								

LIFESAT_3 Please rate how strongly you agree or disagree with the following statements:

I am satisfied with the direction my life is going

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	94	5	109	3	30	5	235	3.5 🗖
2 Disagree	84	4	182	4	44	8	314	4.7 🗖
B Slightly disagree	171	9	349	8	75	13	606	9.0
Slightly agree	477	25	989	24	178	31	1667	24.8
Agree	650	34	1600	38	169	30	2442	36.3
Strongly agree	430	23	933	22	76	13	1456	21.7
/alid responses =	1906	28	4162	62	572	9	6720	99.6
Invalid responses include no response.								





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

www.acha.org



UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

SELFEST_1 Please rate how strongly you agree or disagree with the following statements: I really like myself

					Trans/G	ender		
	Cis Men		Cis Wo	Cis Women		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	128	7	208	5	75	13	423	6.3 💻
2 Disagree	170	9	359	9	88	15	626	9.3
3 Slightly disagree	209	11	487	12	95	17	801	11.9
4 Slightly agree	432	23	1032	25	157	28	1640	24.4
5 Agree	555	29	1389	33	110	19	2074	30.8
6 Strongly agree	409	22	694	17	46	8	1159	17.2
Valid responses =	1903	28	4169	62	571	8	6723	99.6
Invelid responses include ne responses								

Invalid responses include no response.

SELFEST_2 Please rate how strongly you agree or disagree with the following statements: On the whole, I am satisfied with myself

					Trans/G	ender		
			Cis Wo	Women Non-conforming			Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	129	7	209	5	86	15	434	6.5 🔲
2 Disagree	216	11	374	9	96	17	697	10.4 🔲
3 Slightly disagree	268	14	571	14	114	20	965	14.3
4 Slightly agree	427	22	1043	25	132	23	1621	24.1
5 Agree	523	27	1309	31	106	19	1958	29.1
6 Strongly agree	344	18	661	16	37	7	1050	15.6
Valid responses =	1907	28	4167	62	571	8	6725	99.7
Invalid reasonage include no reasonage								

Invalid responses include no response.

SELFEST_3 Please rate how strongly you agree or disagree with the following statements: I feel that I have a number of good qualities

Trans/Gender								
Cis Men C		Cis Women		Non-conforming		Тс	otal	
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
67	4	109	3	38	7	219	3.3 🗖	
89	5	166	4	47	8	309	4.6 🗖	
125	7	271	7	49	9	452	6.7 🛄	
411	22	980	24	189	33	1599	23.8	
689	36	1658	40	171	30	2545	37.9	
525	28	981	24	77	14	1598	23.8	
1906	28	4165	62	571	8	6722	99.6	
	Freq. 67 89 125 411 689 525	Freq. Pct. 67 4 89 5 125 7 411 22 689 36 525 28	Freq. Pct. Freq. 67 4 109 89 5 166 125 7 271 411 22 980 689 36 1658 525 28 981	Freq. Pct. Freq. Pct. 67 4 109 3 89 5 166 4 125 7 271 7 411 22 980 24 689 36 1658 40 525 28 981 24	Cis Men Cis Women Non-contribution Freq. Pct. Freq. Pct. Freq. 67 4 109 3 38 89 5 166 4 47 125 7 271 7 49 411 22 980 24 189 689 36 1658 40 171 525 28 981 24 77	Freq. Pct. Freq. Pct. Freq. Pct. 67 4 109 3 38 7 89 5 166 4 47 8 125 7 271 7 49 9 411 22 980 24 189 33 689 36 1658 40 171 30 525 28 981 24 77 14	Cis Men Cis Women Non-conforming To Freq. Pct. Freq. Pct. Freq. Pct. 67 4 109 3 38 7 219 89 5 166 4 47 8 309 125 7 271 7 49 9 452 411 22 980 24 189 33 1599 689 36 1658 40 171 30 2545 525 28 981 24 77 14 1598	

OPT_1 Please rate how strongly you agree or disagree with the following statements: When things are uncertain in life, I expect the best

	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	175	9	357	9	115	20	658	9.8
2 Disagree	331	17	798	19	162	29	1311	19.5
3 Slightly disagree	371	20	874	21	130	23	1399	20.8
4 Slightly agree	497	26	1141	27	102	18	1750	26.1
5 Agree	367	19	719	17	44	8	1136	16.9
6 Strongly agree	158	8	275	7	16	3	458	6.8
Valid responses =	158	34	275	60	16	3	458	6.8
Involid responses include no response								

Invalid responses include no response.

OPT_2 Please rate how strongly you agree or disagree with the following statements:

Overall, I expect more good things to happen to me than bad

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	122	6	265	6	98	17	497	7.4
2 Disagree	257	14	591	14	115	20	977	14.6
3 Slightly disagree	329	17	753	18	116	20	1215	18.1
4 Slightly agree	506	27	1161	28	146	26	1823	27.2
5 Agree	448	24	969	23	68	12	1500	22.4
6 Strongly agree	236	12	421	10	26	5	694	10.3
Valid responses =	1898	28	4160	62	569	8	6706	99.4
Invalid responses include no response								





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

(410) 859-1500 www.acha.org

UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

OPT_3 Please rate how strongly you agree or disagree with the following statements: When I think about the future, I feel positive about it

· ·	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	110	6	166	4	74	13	360	5.4 💻		
2 Disagree	152	8	255	6	76	13	488	7.3 🛄		
3 Slightly disagree	233	12	509	12	105	19	861	12.8		
4 Slightly agree	516	27	1224	29	171	30	1934	28.8		
5 Agree	544	29	1317	32	100	18	1976	29.5		
6 Strongly agree	345	18	688	17	43	8	1088	16.2		
Valid responses =	1900	28	4159	62	569	8	6707	99.4		

Invalid responses include no response.

COPING_1 Please rate how strongly you agree or disagree with the following statements: I tend to take a long time to get over stressful events in my life

	Trans/Gender									
	Cis Men		Cis Wo	omen Non-con		forming	Т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	151	8	623	15	135	24	921	13.7		
2 Disagree	325	17	1027	25	164	29	1539	23.0		
3 Slightly disagree	429	23	1119	27	121	21	1678	25.0		
4 Slightly agree	402	21	676	16	73	13	1167	17.4		
5 Agree	410	22	537	13	55	10	1013	15.1		
6 Strongly agree	179	9	173	4	19	3	381	5.7 🛄		
Valid responses =	1896	28	4155	62	567	8	6699	99.3		
Investid responses include no responses										

Invalid responses include no response.

COPING_2 Please rate how strongly you agree or disagree with the following statements:

I have a hard time making it through stressful events

	Trans/Gender								
	Cis Men		Cis Wo	men	Non-cont	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	106	6	426	10	105	19	645	9.6	
2 Disagree	235	12	802	19	137	24	1190	17.8	
3 Slightly disagree	395	21	982	24	136	24	1528	22.8	
4 Slightly agree	431	23	877	21	90	16	1413	21.1	
5 Agree	510	27	817	20	73	13	1415	21.1	
6 Strongly agree	216	11	249	6	25	4	501	7.5	
Valid responses =	1893	28	4153	62	566	8	6692	99.2	
Invalid responses include no response.									

COPING_3 Please rate how strongly you agree or disagree with the following statements: It is hard for me to tolerate it when something bad happens

31	Trans/Gender										
	Cis Men		Cis Wo	is Women Non-c		forming	Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	96	5	418	10	104	18	625	9.3			
2 Disagree	229	12	758	18	132	23	1132	16.9			
3 Slightly disagree	371	20	977	24	140	25	1505	22.5			
4 Slightly agree	411	22	862	21	79	14	1367	20.4			
5 Agree	528	28	827	20	85	15	1456	21.8			
6 Strongly agree	260	14	310	8	27	5	608	9.1			
Valid responses =	1895	28	4152	62	567	8	6693	99.2			
Invalid responses include no response.											

ACT1 In an average week during the school year, do you participate in any group activities outside of your academic work?

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	603	32	1459	36	221	39	2314	35.0		
2 Yes	1260	68	2640	64	342	61	4290	65.0		
Valid responses =	1863	28	4099	62	563	9	6604	97.9		
Invalid responses include no response.										



AMERICAN COLLEGE HEALTH ASSOCIATION



American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740

Silver Spring, MD 20910 (410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

a.org

ACT2_1 Please rate how strongly you agree or disagree with the following statements: I am involved in at least one activity that I enjoy

	Trans/Gender									
	Cis Men		Cis Wo	men	Non-conforming		То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	163	9	345	8	43	8	557	8.4 🔲		
2 Disagree	102	5	356	9	49	9	515	7.7 🗖		
3 Slightly disagree	64	3	186	5	25	4	278	4.2 🗖		
4 Slightly agree	239	13	564	14	96	17	911	13.7		
5 Agree	617	33	1430	35	192	34	2268	34.1		
6 Strongly agree	696	37	1251	30	161	28	2131	32.0		
Valid responses =	1881	28	4132	62	566	8	6660	98.7		
Invalid responses include no response										

Invalid responses include no response.

ACT2_2 Please rate how strongly you agree or disagree with the following statements: I am involved in at least one activity that has expanded my skills

	Trans/Gender										
	Cis N	Cis Men		men	Non-conforming		То	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	171	9	355	9	51	9	582	8.7			
2 Disagree	149	8	434	11	62	11	653	9.8			
3 Slightly disagree	118	6	303	7	47	8	473	7.1 📖			
4 Slightly agree	298	16	677	16	111	20	1103	16.6			
5 Agree	548	29	1260	31	170	30	2005	30.1			
6 Strongly agree	595	32	1101	27	125	22	1840	27.6			
Valid responses =	1879	28	4130	62	566	9	6656	98.7			

Invalid responses include no response.

ACT2_3 Please rate how strongly you agree or disagree with the following statements: I am involved in at least one activity that is meaningful to me

	Trans/Gender									
	Cis Men		Cis Wo	omen Non-confe		forming	Т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	163	9	342	8	46	8	557	8.4 📖		
2 Disagree	106	6	346	8	49	9	507	7.6 🗖		
3 Slightly disagree	98	5	221	5	26	5	349	5.2 🗖		
4 Slightly agree	234	13	577	14	97	17	923	13.9		
5 Agree	553	30	1303	32	173	31	2057	30.9		
6 Strongly agree	722	39	1340	33	175	31	2259	34.0		
Valid responses =	1876	28	4129	62	566	9	6652	98.6		
have the second s										

. Invalid responses include no response.

ACAENG_1 Please rate how strongly you agree or disagree with the following statements: During the current academic year, my classes have been generally interesting and engaging

	Trans/Gender									
	Cis Men		Cis Wo	men	Non-con	forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	47	3	56	1	15	3	121	1.8 🛛		
2 Disagree	132	7	162	4	33	6	328	4.9 🗖		
3 Slightly disagree	155	8	301	7	41	7	507	7.6 🗖		
4 Slightly agree	474	25	988	24	147	26	1634	24.4		
5 Agree	768	41	1900	46	235	41	2937	43.8		
6 Strongly agree	319	17	750	18	101	18	1178	17.6		
Valid responses =	1895	28	4157	62	572	9	6705	99.4		
Invalid responses include no response.										

ACAENG_2 Please rate how strongly you agree or disagree with the following statements: During the current academic year, I have been able to find courses that are interesting to me

	Trans/Gender									
	Cis Men		Cis Wo	men	Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	52	3	59	1	15	3	127	1.9 🗖		
2 Disagree	106	6	158	4	29	5	294	4.4 🗖		
3 Slightly disagree	144	8	306	7	29	5	488	7.3 🗖		
4 Slightly agree	505	27	938	23	152	27	1620	24.2		
5 Agree	736	39	1863	45	235	41	2866	42.8		
6 Strongly agree	352	19	831	20	112	20	1308	19.5		
Valid responses =	1895	28	4155	62	572	9	6703	99.3		
Invelid responses include no response										





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

(410) 859-1500 www.acha.org

UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

ACAENG_3 Please rate how strongly you agree or disagree with the following statements:

During the current academic year, the academic projects I have worked on have excited me

	Trans/Gender										
	Cis Men		Cis Wo	omen Non-conforming		forming	То	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	130	7	167	4	37	7	350	5.2 💻			
2 Disagree	209	11	346	8	58	10	620	9.3			
3 Slightly disagree	300	16	653	16	85	15	1049	15.7			
4 Slightly agree	534	28	1272	31	167	29	1996	29.8			
5 Agree	481	25	1194	29	147	26	1835	27.4			
6 Strongly agree	239	13	524	13	77	14	851	12.7			
Valid responses =	1893	28	4156	62	571	9	6701	99.3			
Invelid recommendation in stude we recommende											

Invalid responses include no response.

BELONG_1 Please rate how strongly you agree or disagree with the following statements: I feel a sense of belonging to my school

	Trans/Gender										
	Cis Men		Cis Wo	men	Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	115	6	150	4	63	11	335	5.0 📼			
2 Disagree	172	9	305	7	69	12	561	8.4			
3 Slightly disagree	207	11	522	13	97	17	833	12.4			
4 Slightly agree	489	26	1142	28	161	28	1818	27.1			
5 Agree	637	34	1438	35	131	23	2227	33.2			
6 Strongly agree	277	15	603	15	50	9	934	13.9			
Valid responses =	1897	28	4160	62	571	9	6708	99.4			
Invalid responses include no response											

Invalid responses include no response.

BELONG_2 Please rate how strongly you agree or disagree with the following statements: I feel accepted at my school

	Trans/Gender								
	Cis Men		Cis Wo	men	Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	69	4	91	2	35	6	201	3.0 🗖	
2 Disagree	94	5	156	4	39	7	296	4.4 🗖	
3 Slightly disagree	147	8	353	9	74	13	583	8.7	
4 Slightly agree	441	23	1094	26	175	31	1728	25.8	
5 Agree	790	42	1754	42	190	33	2766	41.3	
6 Strongly agree	355	19	710	17	58	10	1130	16.9	
Valid responses =	1896	28	4158	62	571	9	6704	99.4	
Invalid responses include no response.									

BELONG_3 Please rate how strongly you agree or disagree with the following statements:

					Trans/G	ender		
	Cis N	Cis Men		Cis Women		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	75	4	120	3	39	7	239	3.6 🗖
2 Disagree	113	6	220	5	64	11	405	6.0 🗖
3 Slightly disagree	199	11	503	12	89	16	806	12.0
4 Slightly agree	464	25	1156	28	177	31	1823	27.2
5 Agree	721	38	1502	36	155	27	2400	35.8
6 Strongly agree	321	17	657	16	47	8	1028	15.3
Valid responses =	1893	28	4158	62	571	9	6701	99.3

Invalid responses include no response.

BDISC_1 During the current academic year, I have experienced discrimination at my school as a result of my: Racial/ethnic background

-	Cis N	Cis Wo	men	Trans/Gender Non-conforming		то	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1782	94	3895	94	534	94	6284	93.9
2 Yes	116	6	253	6	32	6	408	6.1 🗖
Valid responses =	1898	28	4148	62	566	8	6692	99.2
Invalid responses include no response.								

BDISC_2 During the current academic year, I have experienced discrimination at my school as a result of my: Gender identity

	Cis N	Cis Men Cis Women					т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1855	98	3945	95	428	76	6294	94.2	
2 Yes	43	2	193	5	137	24	386	5.8 🗖	
Valid responses =	1898	28	4138	62	565	8	6680	99.0	





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

(410) 859-1500

Socioeconomic status

UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

www.acha.org

BDISC_3 During the current academic year, I have experienced discrimination at my school as a result of my: **Religious affiliation**

	Cis N	Cis Wo	men	Trans/Gender Non-conforming		Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1785	94	3906	94	524	93	6282	94.1
2 Yes	111	6	233	6	39	7	395	5.9 🗖
Valid responses =	1896	28	4139	62	563	8	6677	99.0
Invalid responses include no response.								

BDISC_4 During the current academic year, I have experienced discrimination at my school as a result of my:

	Cis M	Cis Wo	men	Trans/G Non-con		Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1808	95	3949	96	522	93	6350	95.2
2 Yes	87	5	185	5	40	7	321	4.8 🗖
Valid responses =	1895	28	4134	62	562	8	6671	98.9
· · · · · · · · · · · · · · · · · · ·								

Invalid responses include no response.

BDISC_5 During the current academic year, I have experienced discrimination at my school as a result of my: Political beliefs

Trans/Gender Cis Men Cis Women Non-conforming Total Freq. Pct. Freq. Pct. Freq. Pct. Freq. Pct. 1 No 92 3739 90 484 86 6028 90.3 1738 400 76 648 9.7 🗖 2 Yes 159 10 14 8 Valid responses = 1897 28 4139 62 560 8 6676 98.9

Invalid responses include no response.

BDISC_6 During the current academic year, I have experienced discrimination at my school as a result of my: Sexual orientation

	Trans/Gender										
	Cis N	Cis Men		Cis Women N		Non-conforming		otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	1813	96	4012	97	468	83	6361	95.3			
2 Yes	82	4	125	3	96	17	315	4.7 🛛			
Valid responses =	1895	28	4137	62	564	8	6676	98.9			
Invalid responses include no response.											

BDISC_7 During the current academic year, I have experienced discrimination at my school as a result of my: Disability

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	1841	97	3957	96	486	86	6355	95.1		
2 Yes	56	3	183	4	79	14	326	4.9 🗖		
Valid responses =	1897	28	4140	62	565	8	6681	99.0		
Invalid responses include no response.										

MEANING_1 Please rate how strongly you agree or disagree with the following statements:

My life feels meaningful to me

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		То	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	78	4	95	2	45	8	223	3.3 🗖			
2 Disagree	118	6	153	4	55	10	331	4.9 🗖			
3 Slightly disagree	115	6	253	6	72	13	448	6.7 🛄			
4 Slightly agree	355	19	821	20	148	26	1345	20.1			
5 Agree	661	35	1628	39	166	29	2473	36.9			
6 Strongly agree	573	30	1208	29	82	14	1884	28.1			
Valid responses =	1900	28	4158	62	568	8	6704	99.4			
Invalid responses include no response											

Invalid responses include no response.

MEANING_2 Please rate how strongly you agree or disagree with the following statements: I do something meaningful with my life every day

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		То	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	113	6	152	4	72	13	346	5.2 💻			
2 Disagree	224	12	368	9	117	21	717	10.7			
3 Slightly disagree	242	13	607	15	119	21	988	14.7			
4 Slightly agree	442	23	1108	27	132	23	1694	25.3			
5 Agree	516	27	1140	27	88	16	1761	26.3			
6 Strongly agree	363	19	784	19	41	7	1200	17.9			
Valid responses =	1900	28	4159	62	569	8	6706	99.4			
lossellation and a strategic and an and a second											





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910

(410) 859-1500 www.acha.org

UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

MEANING_3 Please rate how strongly you agree or disagree with the following statements: I live my life in a meaningful way

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	79	4	114	3	53	9	253	3.8 🗖		
2 Disagree	142	8	214	5	69	12	433	6.5 🔲		
3 Slightly disagree	216	11	458	11	110	19	798	11.9		
4 Slightly agree	453	24	1113	27	169	30	1756	26.2		
5 Agree	589	31	1342	32	108	19	2054	30.7		
6 Strongly agree	420	22	911	22	60	11	1404	21.0		
Valid responses =	1899	28	4152	62	569	8	6698	99.3		

Invalid responses include no response.

PURP_1 Please rate how strongly you agree or disagree with the following statements: I have a set of goals that I care about for my life after graduation

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	41	2	53	1	16	3	113	1.7 🗖			
2 Disagree	61	3	117	3	44	8	228	3.4 🗖			
3 Slightly disagree	101	5	147	4	50	9	305	4.6 🗖			
4 Slightly agree	293	15	591	14	114	20	1013	15.1			
5 Agree	659	35	1443	35	185	33	2308	34.4			
6 Strongly agree	744	39	1806	43	159	28	2736	40.8			
Valid responses =	1899	28	4157	62	568	8	6703	99.3			

Invalid responses include no response.

PURP_2 Please rate how strongly you agree or disagree with the following statements: I have a set of goals for my life after graduation that are in line with my true interests

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	47	3	55	1	17	3	123	1.8 🗖			
2 Disagree	66	4	129	3	44	8	245	3.7 🗖			
3 Slightly disagree	127	7	222	5	50	9	403	6.0 🗖			
4 Slightly agree	333	18	702	17	125	22	1180	17.6			
5 Agree	644	34	1426	34	187	33	2278	34.0			
6 Strongly agree	680	36	1622	39	145	26	2471	36.9			
Valid responses =	1897	28	4156	62	568	8	6700	99.3			

Invalid responses include no response.

PURP_3 Please rate how strongly you agree or disagree with the following statements:

I have a set of	f goals for my lif	ie after gi	aduation that	at are guided by my va	alues

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Strongly disagree	44	2	48	1	19	3	114	1.7 🗖
Disagree	64	3	106	3	41	7	216	3.2 🗖
Slightly disagree	101	5	165	4	38	7	307	4.6 🗖
Slightly agree	305	16	671	16	124	22	1118	16.7
Agree	663	35	1495	36	184	32	2370	35.4
Strongly agree	718	38	1668	40	162	29	2570	38.4
alid responses =	1895	28	4153	62	568	8	6695	99.2
Invalid responses include no response.								

CAREMED_1 Do you currently know where to obtain medical care if you need it?

					Trans/G	enaer			
	Cis M	Cis Men		Cis Women N		Non-conforming		tal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	264	14	394	10	67	12	736	11.1 🗖	
2 Yes	1610	86	3727	90	502	88	5907	88.9	
Valid responses =	1874	28	4121	62	569	9	6643	98.5	
Invalid responses include no response.									

Trans/Candan

*'***^** .

CAREMED_2 Can you currently afford to obtain medical care if you need it?

	Trans/Gender									
	Cis Men		Cis Women Non-co		Non-con	-conforming T		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	471	25	998	24	180	32	1678	25.3		
2 Yes	1400	75	3118	76	389	68	4955	74.7		
Valid responses =	1871	28	4116	62	569	9	6633	98.3		
lassellation and a standard and an and a second										





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

May 22, 2025

Number of Surveys (n) = 6747 Web Surveys

CAREMENT_1 Do you currently know where to obtain mental health care if you need it?

						ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	414	22	685	17	98	17	1217	18.3 💻
2 Yes	1458	78	3427	83	472	83	5416	81.7
Valid responses =	1872	28	4112	62	570	9	6633	98.3
Invalid responses include no response.								

CAREMENT_2 Can you currently afford to obtain mental health care if you need it?

en	Cis Wo	men	Non-conf	orming	То	otal
Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
27	1122	27	174	31	1836	27.7
73	2987	73	394	69	4788	72.3
28	4109	62	568	9	6624	98.2
	73	73 2987	73 2987 73	73 2987 73 394	73 2987 73 394 69	73 2987 73 394 69 4788

Invalid responses include no response.

RFOOD_1 Within the last 30 days, the food that I bought just didn't last, and I didn't have money to get more.

	Trans/Gender								
	Cis N	Cis Men		Cis Women Non-conform			orming Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never true	1325	74	2633	67	349	63	4360	68.5	
1 Sometimes true	362	20	988	25	151	27	1519	23.9	
2 Often true	102	6	322	8	52	9	483	7.6 🗖	
Valid responses =	1789	28	3943	62	552	9	6362	94.3	
Invalid responses include no response.									

RFOOD_2 Within the last 30 days, I couldn't afford to eat balanced meals.

Ki OOD_2 within the last 30 days, i couldn't anord to eat b	alanced meals.				Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never true	1275	71	2536	64	301	55	4160	65.5
1 Sometimes true	351	20	897	23	140	25	1407	22.2
2 Often true	159	9	502	13	111	20	783	12.3 📩
Valid responses =	1785	28	3935	62	552	9	6350	94.1
Invalid responses include no response.								

RFOOD_3 Within the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

					Trans/G				
	Cis N	Cis Men		Cis Women		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	1339	71	2728	66	338	59	4457	66.5	
1 Only 1 or 2 days	236	12	609	15	87	15	943	14.1 🔲	
2 Yes, some days, but not every day	261	14	691	17	108	19	1069	15.9 🔲	
3 Yes, almost every day	61	3	131	3	36	6	236	3.5 🗖	
Valid responses =	1897	28	4159	62	569	8	6705	99.4	
Invalid responses include no response.									

RFOOD_4 Within the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

						ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1462	77	3090	74	383	67	4998	74.6
1 Yes	434	23	1065	26	186	33	1702	25.4
Valid responses =	1896	28	4155	62	569	8	6700	99.3
Invalid responses include no response.								

RFOOD_5 In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Trans/Gender								
	Cis N	Cis Men		Cis Women		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	1538	81	3297	79	416	73	5313	79.3	
1 Yes	360	19	859	21	153	27	1390	20.7 📩	
Valid responses =	1898	28	4156	62	569	8	6703	99.3	
lance for an experience for shear and a second second									





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740

UNDERGRADUATE STUDENTS

Silver Spring, MD 20910			May 22, 2025		
(410) 859-1500			Number of Surv	/eys (n) =	6747 Web Surveys
www.acha.org					
APPINESS SCORE					
APPINESS SCORE	Maan	Madian	Ctd Dav	Min	Max
o	Mean	Median	Std Dev	Min	Max
Cis Men	32.52	33.00	11.71	10	
Cis Women	32.05	33.00	10.79	10	
Trans/Gender Non-conforming	26.50	25.00	10.37	10	50
Overall	31.67	30.00	11.15	10	50
IXIETY SCORE					
	Mean	Median	Std Dev	Min	Max
Cis Men	25.87	23.00	12.10	10	
Cis Women	29.61	30.00	12.11	10	
Trans/Gender Non-conforming	34.43		11.62	10	
		37.00			
Overall	28.98	27.00	12.30	10	50
PRESSION SCORE					
PRESSION SCORE		Madian	Otal David		
	Mean	Median	Std Dev	Min	Max
Cis Men	20.95	17.00	11.30	10	
Cis Women	22.20	20.00	11.14	10	
Trans/Gender Non-conforming	28.79	27.00	12.31	10	50
Overall	22.44	20.00	11.48	10	50
NELINESS SCORE					
	Mean	Median	Std Dev	Min	Max
Cis Men	17.68	10.00	11.32	10	
Cis Women	19.86	15.00	12.15	10	
Trans/Gender Non-conforming	23.95	20.00	13.85	10	
Overall	19.60	15.00	12.19	10	50
OCIAL ANXIETY SCORE					
	Mean	Median	Std Dev	Min	Max
Cis Men	20.21	17.00	12.12	10	50
Cis Women	22.92	20.00	12.88	10	50
Trans/Gender Non-conforming	29.19	30.00	13.87	10	
Overall	22.71	20.00	12.98	10	
Overall	22.71	20.00	12.50		50
FE SATISFACTION SCORE					
	Mean	Median	Std Dev	Min	Max
Cis Men	41.34	43.00	12.66	10	60
Cis Women	43.48	47.00	11.31	10	60
Trans/Gender Non-conforming	37.85	40.00	11.94	10	60
Overall	42.35	43.00	11.90	10	
LF-ESTEEM SCORE					
	Mean	Median	Std Dev	Min	Мах
Cis Men	43.15	47.00	13.01	10	
Cis Women	43.46	47.00	12.18	10	
Trans/Gender Non-conforming	36.44	37.00	13.35	10	
Overall	42.72	43.00	12.70	10	60
TIMISM SCORE					
	Mean	Median	Std Dev	Min	Max
Cis Men	38.60	40.00	12.42	10	
Cis Women	38.39	40.00	11.76	10	
Trans/Gender Non-conforming	31.00	30.00	11.99	10	
		40.00	12.19	10	
				10	60
Overall	37.78	40.00	12.13		
Overall	37.78	40.00	12.13		
Overall					Max
Overall DPING SCORE	Mean	Median	Std Dev	Min	Max
Overall OPING SCORE Cis Men	Mean 38.12	Median 40.00	Std Dev 12.54	Min 10	60
Overall DPING SCORE Cis Men Cis Women	Mean 38.12 32.77	Median 40.00 33.00	Std Dev 12.54 12.64	Min 10 10	60 60
Overall DPING SCORE Cis Men	Mean 38.12	Median 40.00	Std Dev 12.54	Min 10 10 10	60 60 60 60
Overall OPING SCORE Cis Men Cis Women	Mean 38.12 32.77	Median 40.00 33.00	Std Dev 12.54 12.64	Min 10 10	60 60 60 60
Overall PPING SCORE Cis Men Cis Women Trans/Gender Non-conforming	Mean 38.12 32.77 28.59	Median 40.00 33.00 27.00	Std Dev 12.54 12.64 12.79	Min 10 10 10	60 60 60 60
Overall OPING SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall	Mean 38.12 32.77 28.59	Median 40.00 33.00 27.00	Std Dev 12.54 12.64 12.79	Min 10 10 10	60 60 60 60
Overall OPING SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall	Mean 38.12 32.77 28.59	Median 40.00 33.00 27.00	Std Dev 12.54 12.64 12.79	Min 10 10 10	60 60 60 60
Overall OPING SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall	Mean 38.12 32.77 28.59 33.96	Median 40.00 33.00 27.00 33.00 Median	Std Dev 12.54 12.64 12.79 12.96 Std Dev	Min 10 10 10 10 Min	60 60 60 60 60 Max
Overall DPING SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall CIVITY ENGAGEMENT SCORE Cis Men	Mean 38.12 32.77 28.59 33.96 Mean 45.78	Median 40.00 33.00 27.00 33.00 Median 50.00	Std Dev 12.54 12.64 12.79 12.96 Std Dev 14.97	Min 10 10 10 10 10 Min 10	60 60 60 60 Max 60
Overall OPING SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall CTIVITY ENGAGEMENT SCORE Cis Men Cis Women	Mean 38.12 32.77 28.59 33.96 Mean 45.78 44.25	Median 40.00 33.00 27.00 33.00 Median 50.00 50.00	Std Dev 12.54 12.64 12.79 12.96 Std Dev 14.97 15.17	Min 10 10 10 10 10 Min 10	60 60 60 60 Max 60 60 60
Overall DPING SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall CTIVITY ENGAGEMENT SCORE Cis Men Cis Women Trans/Gender Non-conforming	Mean 38.12 32.77 28.59 33.96 Mean 45.78 44.25 43.65	Median 40.00 33.00 27.00 33.00 Median 50.00 50.00 50.00	Std Dev 12.54 12.64 12.79 12.96 Std Dev 14.97 15.17 14.51	Min 10 10 10 10 10 Min 10 10 10	60 60 60 60 60 60 60 60 60
Overall DPING SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall TIVITY ENGAGEMENT SCORE Cis Men Cis Women	Mean 38.12 32.77 28.59 33.96 Mean 45.78 44.25	Median 40.00 33.00 27.00 33.00 Median 50.00 50.00	Std Dev 12.54 12.64 12.79 12.96 Std Dev 14.97 15.17	Min 10 10 10 10 10 Min 10	60 60 60 60 60 60 60 60 60
Overall DPING SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall CTIVITY ENGAGEMENT SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall	Mean 38.12 32.77 28.59 33.96 Mean 45.78 44.25 43.65	Median 40.00 33.00 27.00 33.00 Median 50.00 50.00 50.00	Std Dev 12.54 12.64 12.79 12.96 Std Dev 14.97 15.17 14.51	Min 10 10 10 10 10 Min 10 10 10	60 60 60 60 60 60 60 60 60
Overall PPING SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall TIVITY ENGAGEMENT SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall	Mean 38.12 32.77 28.59 33.96 Mean 45.78 44.25 43.65 44.63	Median 40.00 33.00 27.00 33.00 Median 50.00 50.00 50.00 50.00	Std Dev 12.54 12.64 12.79 12.96 Std Dev 14.97 15.17 14.51 15.06	Min 10 10 10 10 10 10 10 10 10 10 10	60 60 60 60 60 60 60 60 60 60 60 60
Overall PPING SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall TIVITY ENGAGEMENT SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall ADEMIC ENGAGEMENT SCORE	Mean 38.12 32.77 28.59 33.96 Mean 45.78 44.25 43.65 44.63 Mean	Median 40.00 33.00 27.00 33.00 Median 50.00 50.00 50.00 50.00	Std Dev 12.54 12.64 12.79 12.96 Std Dev 14.97 15.17 14.51 15.06 Std Dev	Min 10 10 10 10 10 10 10 10 10 10 10 10	60 60 60 60 60 60 60 60 60 60 60 60 60
Overall DPING SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall CIVITY ENGAGEMENT SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall	Mean 38.12 32.77 28.59 33.96 Mean 45.78 44.25 43.65 44.63	Median 40.00 33.00 27.00 33.00 Median 50.00 50.00 50.00 50.00	Std Dev 12.54 12.64 12.79 12.96 Std Dev 14.97 15.17 14.51 15.06	Min 10 10 10 10 10 10 10 10 10 10 10	60 60 60 60 60 60 60 60 60 60 60 60 60
Overall PPING SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall TIVITY ENGAGEMENT SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall ADEMIC ENGAGEMENT SCORE	Mean 38.12 32.77 28.59 33.96 Mean 45.78 44.25 43.65 44.63 Mean	Median 40.00 33.00 27.00 33.00 Median 50.00 50.00 50.00 50.00	Std Dev 12.54 12.64 12.79 12.96 Std Dev 14.97 15.17 14.51 15.06 Std Dev	Min 10 10 10 10 10 10 10 10 10 10 10 10	60 60 60 60 60 60 60 60 60 60 60 60 60 6
Overall DPING SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall CTIVITY ENGAGEMENT SCORE Cis Men Cis Women Trans/Gender Non-conforming Overall CADEMIC ENGAGEMENT SCORE Cis Men	Mean 38.12 32.77 28.59 33.96 Mean 45.78 44.25 43.65 44.63 Mean 42.87	Median 40.00 33.00 27.00 33.00 Median 50.00 50.00 50.00 50.00 50.00	Std Dev 12.54 12.64 12.79 12.96 Std Dev 14.97 15.17 14.51 15.06 Std Dev 11.52	Min 10 10 10 10 10 10 10 10 10 10 10 10 10	60 60 60 60 60 60 60 60 60 60 60 60 60 6





Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

UNDERGRADUATE STUDENTS

Silver Spring, MD 20910			May 22, 2025				
(410) 859-1500				Number of Surveys (n) = 674		7 Web Surveys	
www.acha.org							
BELONGING SCORE							
	Mean	Median	Std Dev	Min	Max		
Cis Men	43.46	47.00	12.06	10	60		
Cis Women	43.86	47.00	11.20	10	60		
Trans/Gender Non-conforming	38.66	40.00	12.67	10	60		
Overall	43.23	47.00	11.69	10	60		
MEANING SCORE							
	Mean	Median	Std Dev	Min	Max		
Cis Men	43.74	47.00	12.76	10	60		
Cis Women	44.85	47.00	11.56	10	60		
Trans/Gender Non-conforming	36.70	37.00	13.25	10	60		
Overall	43.78	47.00	12.31	10	60		
PURPOSE SCORE							
	Mean	Median	Std Dev	Min	Max		
Cis Men	49.04	50.00	11.34	10	60		
Cis Women	50.31	50.00	10.39	10	60		
Trans/Gender Non-conforming	45.49	50.00	12.67	10	60		
Overall	49.49	50.00	11.00	10	60		