



A program by 🔘 ACHA

Fall 2024 Reference Group Data Report



Demographics of Participating Institutions

Eleven postsecondary institutions self-selected to participate in the Fall 2024 ACHA Well-Being Assessment and 8,692 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all students or used a random sampling technique are included in the analysis, yielding a final data set consisting of 8,498 students at 10 schools. Demographic characteristics of the 10 campuses follow.

Demographical Characteristics of the 10 US Postsecondary Institutions Included in the Fall 2024 ACHA Well-Being Assessment Reference Group							
Campus Characteristic (from 2023 Dept. of Education IPEDS data files)	n						
Type of Institution							
Public	5						
Private	5						
2-year	1						
4-year or above	9						
Location of Campus							
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	1						
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	5						
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN,							
TX, VA, WV)	2						
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	2						
Campus Size							
< 2,500 students	2						
2,500 – 4,999 students	2						
5,000 – 9,999 students	3						
10,000 – 19,999 students	2						
20,000 students or more	1						
Campus Setting							
Urban	3						
Suburban	0						
Town	5						
Rural	2						
Carnegie Classification							
Associates Colleges	1						
Baccalaureate Colleges	2						
Baccalaureate/Associates Colleges	0						
Masters Colleges and Universities	3						
Doctoral Universities	4						
Special Focus Institutions	0						

Demographical Characteristics of the 10 US Postsecondary Institutions In the Fall 2024 ACHA Well-Being Assessment Reference Group	ncluded in
Campus Characteristic (from 2023 Dept. of Education IPEDS data files)	n
ACHA Membership Status Institutional Member Nonmember	9 1
Religious Affiliation No Yes	7 3
Postsecondary Minority Institution (US Department of Education) No Yes	9 1
<u>*If yes:</u> Historically Black College or University (HBCU) Hispanic-serving Institution (HSI) Tribal College or University Predominately Black Institution Asian American and Native American Pacific Islander-serving Alaska Native-serving or Native Hawaiian-serving Institution Native American-serving Nontribal Institution	0 1 0 0 0 0 0
*institutions may hold more than one type of minority status	

	Fall 2024 Institutions
Number of institutions	10
Number of students	8,498
Mean response proportion	16%
Median response proportion	18%



American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025 Number of Surveys (n) = 8497 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.

A note about the use of sex and gender in this report:

Survey results are reported by sex based on the responses to questions SEX, TRANS, and GENDER. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to SEX, TRANS, and GENDER are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, selects "another identity" on GENDER is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

HAPPY_1 Over the past two weeks, how often have you experienced any of the following: Feeling cheerful

	Trans/Gender										
	Cis Men C		Cis Wo	Cis Women		forming	Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Not at all	151	6	232	4	65	10	460	5.4 🗖			
2 Several days	499	21	1011	19	199	29	1732	20.5			
3 Half the days	484	20	1324	25	186	27	2011	23.8			
4 Over half the days	698	29	1648	31	164	24	2536	30.0			
5 Nearly every day	607	25	1034	20	65	10	1726	20.4			
Valid responses =	2439	29	5249	62	679	8	8465	99.6			
Invalid responses include no response.											

HAPPY_2 Over the past two weeks, how often have you experienced any of the following:

Being in good spints									
	Cis N	len	Cis Wo	men	Non-cont	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not at all	110	5	159	3	46	7	323	3.8 🗖	
2 Several days	465	19	999	19	207	31	1692	20.0	
3 Half the days	485	20	1296	25	179	27	1983	23.4	
4 Over half the days	706	29	1635	31	168	25	2533	29.9	
5 Nearly every day	675	28	1157	22	76	11	1929	22.8	
Valid responses =	2441	29	5246	62	676	8	8460	99.6	

Invalid responses include no response.

HAPPY_3 Over the past two weeks, how often have you experienced any of the following: Feeling extremely happy

	Trans/Gender										
	Cis N	len	Cis Wo	men	Non-con	forming	Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Not at all	392	16	773	15	180	27	1372	16.3			
2 Several days	701	29	1587	30	247	37	2565	30.4			
3 Half the days	456	19	1248	24	135	20	1854	22.0			
4 Over half the days	508	21	1075	21	86	13	1681	19.9			
5 Nearly every day	376	16	548	11	28	4	966	11.4			
Valid responses =	2433	29	5231	62	676	8	8438	99.3			
Invalid responses include no response.											

HAPPY_4 Over the past two weeks, how often have you experienced any of the following: Feeling full of life

	Trans/Gender								
	Cis N	len	Cis Wo	men	Non-con	forming	Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not at all	355	15	712	14	175	26	1266	15.0	
2 Several days	566	23	1357	26	225	33	2176	25.8	
3 Half the days	464	19	1186	23	140	21	1803	21.4	
4 Over half the days	542	22	1214	23	90	13	1864	22.1	
5 Nearly every day	505	21	761	15	46	7	1327	15.7	
Valid responses =	2432	29	5230	62	676	8	8436	99.3	
Invalid responses include no response									

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025

Number of Surveys (n) = 8497 Web

Surveys

ANX_1 Over the past two weeks, how often have you experienced any of the following:

Feeling nervous, anxious, or on edge					Trans/C			
	Cis N	Trans/Gender Cis Women Non-conforming			Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	357	15	345	7	23	3	741	8.7
2 Several days	780	32	1353	26	116	17	2264	26.7
3 Half the days	435	18	986	19	118	17	1551	18.3
Over half the days	484	20	1367	26	193	28	2070	24.4
5 Nearly every day	388	16	1209	23	230	34	1856	21.9
Valid responses =	2444	29	5260	62	680	8	8482	99.8
Invalid responses include no response.								

ANX_2 Over the past two weeks, how often have you experienced any of the following:

Not being able to stop or control worrying	I rans/Gender											
	Cis N	Cis Wo	men	Non-conforming		Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 Not at all	804	33	1094	21	82	12	2005	23.7				
2 Several days	648	27	1273	24	157	23	2095	24.7				
3 Half the days	361	15	915	17	106	16	1400	16.5				
4 Over half the days	357	15	1047	20	178	26	1602	18.9				
5 Nearly every day	267	11	923	18	156	23	1364	16.1				
Valid responses =	2437	29	5252	62	679	8	8466	99.6				
Invalid responses include no response.												

ANX_3 Over the past two weeks, how often have you experienced any of the following:

Worrying too much about different things					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	533	22	611	12	50	7	1214	14.3
2 Several days	703	29	1360	26	128	19	2206	26.1
3 Half the days	373	15	906	17	112	17	1407	16.6
4 Over half the days	432	18	1165	22	184	27	1804	21.3
5 Nearly every day	394	16	1208	23	205	30	1831	21.6
Valid responses =	2435	29	5250	62	679	8	8462	99.6

Invalid responses include no response.

ANX_4 Over the past two weeks, how often have you experienced any of the following:

Being concerned that something bad might happen	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not at all	869	36	1503	29	109	16	2509	29.6	
2 Several days	646	27	1376	26	148	22	2193	25.9	
3 Half the days	336	14	817	16	97	14	1264	14.9	
4 Over half the days	310	13	809	15	154	23	1284	15.2	
5 Nearly every day	277	11	744	14	171	25	1213	14.3	
Valid responses =	2438	29	5249	62	679	8	8463	99.6	

Invalid responses include no response.

DEP_1 Over the past two weeks, how often have you experienced any of the following: Feeling depressed

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	1229	50	2268	43	151	22	3688	43.5
2 Several days	558	23	1366	26	178	26	2115	25.0
3 Half the days	255	10	626	12	97	14	992	11.7 💻
4 Over half the days	212	9	584	11	132	19	945	11.2 🛄
5 Nearly every day	188	8	412	8	122	18	735	8.7 💻
Valid responses =	2442	29	5256	62	680	8	8475	99.7
· · · · · · · · · · · · · · · · · · ·								

Invalid responses include no response.

Feeling sad

DEP_2 Over the past two weeks, how often have you experienced any of the following:

	Trans/Gender										
	Cis Men			Cis Women		Non-conforming		otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Not at all	773	32	1135	22	87	13	2017	23.9			
2 Several days	944	39	2209	42	228	34	3417	40.4			
3 Half the days	331	14	835	16	124	18	1302	15.4			
4 Over half the days	225	9	650	12	127	19	1015	12.0			
5 Nearly every day	163	7	415	8	112	17	703	8.3			
Valid responses =	2436	29	5244	62	678	8	8454	99.5			

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025

8497 Web

Number of Surveys (n) =

Surveys

DEP_3 Over the past two weeks, how often have you experienced any of the following:

					Trans/G	ender		
	Cis N	len	Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	1542	63	3148	60	288	42	5035	59.6
2 Several days	404	17	998	19	171	25	1588	18.8 💻
3 Half the days	220	9	502	10	79	12	810	9.6 🗖
4 Over half the days	148	6	358	7	74	11	586	6.9 🗖
5 Nearly every day	121	5	225	4	67	10	423	5.0 🗖
Valid responses =	2435	29	5231	62	679	8	8442	99.4

Invalid responses include no response.

DEP_4 Over the past two weeks, how often have you experienced any of the following:

Thinking that others would be better off without you

	Trans/Gender									
	Cis Men Cis Women Non-conforming Total									
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not at all	1790	73	3849	73	366	54	6070	71.7		
2 Several days	314	13	708	14	147	22	1182	14.0 📩		
3 Half the days	113	5	305	6	59	9	486	5.7 🗖		
4 Over half the days	114	5	214	4	44	7	373	4.4		
5 Nearly every day	108	4	171	3	62	9	350	4.1		
Valid responses =	2439	29	5247	62	678	8	8461	99.6		
Invalid responses include no response.										

DEP_5 Over the past two weeks, how often have you experienced any of the following:

Feeling like you have let yourself, friends, or family down

	Cis M	len	Cis Women		Trans/Gender Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	1245	51	2576	49	212	31	4073	48.1
2 Several days	589	24	1312	25	167	25	2092	24.7
3 Half the days	217	9	535	10	91	13	851	10.1 🗖
4 Over half the days	197	8	436	8	93	14	736	8.7 📩
5 Nearly every day	195	8	388	7	116	17	715	8.4
/alid responses =	2443	29	5247	62	679	8	8467	99.6
Invalid responses include no response.								

LONE_1 Over the past two weeks, how often have you experienced any of the following:

Feeling like you don't have friends

	Trans/Gender									
	Cis N	Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not at all	1567	64	2761	53	291	43	4671	55.1		
2 Several days	358	15	1056	20	139	20	1568	18.5		
3 Half the days	188	8	489	9	58	9	749	8.8 📩		
4 Over half the days	164	7	467	9	98	14	737	8.7		
5 Nearly every day	168	7	481	9	94	14	751	8.9		
Valid responses =	2445	29	5254	62	680	8	8476	99.8		
Invalid responses include no response.										

LONE_2 Over the past two weeks, how often have you experienced any of the following: Fooling loft out

Feeling left out								
-					Trans/G	ender		
	Cis N	Cis Men (Cis Women Non-conforming		forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	1407	58	2498	48	233	34	4187	49.4
2 Several days	521	21	1382	26	190	28	2114	25.0
3 Half the days	215	9	503	10	77	11	805	9.5 🗖
4 Over half the days	154	6	496	9	84	12	742	8.8 🗖
5 Nearly every day	145	6	373	7	95	14	622	7.3 🗖
Valid responses =	2442	29	5252	62	679	8	8470	99.7

Invalid responses include no response.

LONE_3 Over the past two weeks, how often have you experienced any of the following: Feeling isolated fr m othe

reening isolated from others								
					Trans/G	ender		
	Cis N	len	Cis Wo	men	Non-cont	forming	То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	1233	51	2314	44	167	25	3748	44.3
2 Several days	531	22	1317	25	182	27	2057	24.3
3 Half the days	250	10	605	12	91	13	954	11.3 🔲
4 Over half the days	219	9	558	11	108	16	896	10.6 🗖
5 Nearly every day	209	9	451	9	132	19	809	9.6
Valid responses =	2442	29	5245	62	680	8	8464	99.6

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025

Number of Surveys (n) = 8497 Web Surveys

LONE_4 Over the past two weeks, how often have you experienced any of the following: Feeling like no one understands you

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Not at all	1372	56	2678	51	236	35	4324	51.1			
2 Several days	447	18	1076	21	168	25	1711	20.2			
3 Half the days	218	9	538	10	77	11	844	10.0 📩			
4 Over half the days	189	8	500	10	94	14	797	9.4			
5 Nearly every day	215	9	456	9	104	15	789	9.3			
Valid responses =	2441	29	5248	62	679	8	8465	99.6			
Involid reasonance include no reasonance											

Invalid responses include no response.

LONE_5 Over the past two weeks, how often have you experienced any of the following: Feeling excluded

	Trans/Gender									
	Cis Men			Cis Women		Non-conforming		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not at all	1577	65	2886	55	293	43	4808	56.8		
2 Several days	420	17	1175	22	160	24	1774	21.0		
3 Half the days	179	7	436	8	70	10	692	8.2 📩		
4 Over half the days	135	6	416	8	77	11	638	7.5 📩		
5 Nearly every day	128	5	332	6	80	12	549	6.5		
Valid responses =	2439	29	5245	62	680	8	8461	99.6		
Invalid responses include no response.										

SOCANX_1 Over the past two weeks, how often have you experienced any of the following: Feeling an intense and persistent fear of a social situation in which people might judge you

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Not at all	1296	53	2211	42	184	27	3736	44.1			
2 Several days	508	21	1218	23	127	19	1866	22.0			
3 Half the days	235	10	608	12	108	16	962	11.4 📩			
4 Over half the days	202	8	617	12	107	16	939	11.1			
5 Nearly every day	198	8	597	11	153	23	962	11.4			
Valid responses =	2439	29	5251	62	679	8	8465	99.6			

Invalid responses include no response.

SOCANX_2 Over the past two weeks, how often have you experienced any of the following:

Fearing that you will embarrass yourself

rearing that you will embarrass yoursen					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	1152	47	2036	39	164	24	3390	40.1
2 Several days	628	26	1382	26	162	24	2193	25.9
Half the days	246	10	647	12	103	15	1007	11.9
Over half the days	204	8	581	11	108	16	905	10.7
Nearly every day	208	9	596	11	142	21	959	11.3
/alid responses =	2438	29	5242	62	679	8	8454	99.5
Invalid responses include no response.								

SOCANX_3 Over the past two weeks, how often have you experienced any of the following:

Fearing that people will notice that you are anxious

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	1368	56	2418	46	217	32	4050	47.9
2 Several days	467	19	1144	22	133	20	1759	20.8
3 Half the days	221	9	580	11	85	13	892	10.5 📩
4 Over half the days	177	7	544	10	106	16	836	9.9
5 Nearly every day	204	8	557	11	138	20	918	10.9
Valid responses =	2437	29	5243	62	679	8	8455	99.5
Invalid responses include no response.								

SEX What sex were you assigned at birth?

	Cis N	Trans/Gender Cis Women Non-conforming			то	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	4	0	5263	100	536	79	5847	69.0
2 Male	2445	100	4	0	139	20	2625	31.0
3 Intersex	0	0	0	0	5	1	6	0.1
Valid responses =	2449	29	5267	62	680	8	8478	99.8
Invalid responses include no response.								

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025

Number of Surveys (n) = 8497 Web Surveys

TRANS Do you identify as transgender?

	Cis Men Cis Women			Trans/G Non-con		то	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2449	100	5267	100	231	34	8007	94.4
2 Yes	0	0	0	0	449	66	473	5.6
Valid responses =	2449	29	5267	62	680	8	8480	99.8
Invalid responses include no response.								

GENDER Which term do you use to describe your gender identity?

	-				Trans/G	ender		
	Cis M	en	Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
l Woman or female	0	0	5267	100	73	11	5341	63.0
Man or male	2449	100	0	0	61	9	2515	29.7
Trans woman	0	0	0	0	16	2	18	0.2
Trans man	0	0	0	0	68	10	69	0.8
Genderqueer	0	0	0	0	73	11	73	0.9 🛛
My identity is not listed	0	0	0	0	0	0	63	0.7 I
Agender	0	0	0	0	32	5	35	0.4 I
Genderfluid	0	0	0	0	92	14	92	1.1 0
Non-binary	0	0	0	0	264	39	269	3.2 🗖
) Intersex	0	0	0	0	1	0	1	0.0
alid responses =	2449	29	5267	62	680	8	8476	99.8
Invalid responses include no response.								

SEX_OR What term best describes your sexual orientation?

_ •					Trans/G	ender		
	Cis M	en	Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual	20	1	103	2	54	8	185	2.2
2 Bisexual	142	6	799	15	171	25	1120	13.3 🗖
3 Gay	132	5	5	0	27	4	166	2.0
4 Lesbian	0	0	169	3	69	10	246	2.9 🛛
5 Pansexual	25	1	159	3	97	14	291	3.4 🗖
6 Queer	8	0	116	2	140	21	277	3.3 🗖
7 Questioning	22	1	114	2	20	3	158	1.9 🛛
9 Straight/Heterosexual	2085	85	3738	71	80	12	5926	70.1 📩
10 My identity is not listed above (please specify)	7	0	36	1	21	3	79	0.9
Valid responses =	2441	29	5239	62	679	8	8448	99.4
Invalid responses include no response.								

AGE How old are you?

					Trans/G	ender		
	Cis M	len	Cis Wo	men	Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	450	19	945	18	121	18	1534	18.3
2 19 Years	362	15	832	16	129	19	1339	16.0
3 20 Years	307	13	727	14	93	14	1138	13.6 [[]
4 21 Years	254	11	582	11	77	11	923	11.0
5 22 Years	157	7	301	6	40	6	502	6.0
6 23 Years	101	4	195	4	33	5	335	4.0
7 24 Years	73	3	148	3	27	4	250	3.0
8 25 Years	64	3	121	2	26	4	215	2.6
9 26 to 30 Years	249	10	427	8	73	11	754	9.0
10 31 to 40 Years	214	9	535	10	44	7	800	9.6
11 41 or More Years	192	8	377	7	11	2	586	7.0
Valid responses =	2423	29	5190	62	674	8	8376	98.6
Invalid responses include no response.								

	Mean	Median	Std Dev	Min	Max
Cis Men	24.84	21	10	10	87.0
Cis Women	24.38	21	9	16	80.0
Trans/Gender Non-conforming	22.44	20	6	16	52.0
Overall	24.35	21	9	10	87.0

YEAR What is your year in school?

				114115/0	enuer		
Cis Men		Cis Women N		Non-con	forming	Тс	otal
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
707	29	1364	26	181	27	2282	26.9
420	17	951	18	145	21	1530	18.0
378	15	969	18	130	19	1492	17.6
305	13	725	14	76	11	1121	13.2
102	4	173	3	40	6	322	3.8 💻
228	9	481	9	48	7	765	9.0
247	10	453	9	44	7	750	8.8
33	1	65	1	7	1	106	1.2 🗖
28	1	81	2	9	1	119	1.4 🗖
2448	29	5262	62	680	8	8487	99.9
	Freq. 707 420 378 305 102 228 247 33 28	Freq. Pct. 707 29 420 17 378 15 305 13 102 4 228 9 247 10 33 1 28 1	Freq. Pct. Freq. 707 29 1364 420 17 951 378 15 969 305 13 725 102 4 173 228 9 481 247 10 453 33 1 65 28 1 81	Freq. Pct. Freq. Pct. 707 29 1364 26 420 17 951 18 378 15 969 18 305 13 725 14 102 4 173 3 228 9 481 9 247 10 453 9 33 1 65 1 28 1 81 2	Cis Men Cis Women Non-control Freq. Pct. Freq. Pct. Freq. 707 29 1364 26 181 420 17 951 18 145 378 15 969 18 130 305 13 725 14 76 102 4 173 3 40 228 9 481 9 48 247 10 453 9 44 33 1 65 1 7 28 1 81 2 9	Freq. Pct. Freq. Pct. Freq. Pct. 707 29 1364 26 181 27 420 17 951 18 145 21 378 15 969 18 130 19 305 13 725 14 76 11 102 4 173 3 40 6 228 9 481 9 48 7 247 10 453 9 44 7 33 1 65 1 7 1 28 1 81 2 9 1	Cis Men Cis Women Non-conforming To Freq. Pct. Preq. 2282 2282 2282 2282 2282 2282 2282 2305 13 145 21 1530 378 15 969 18 130 19 1492 305 13 725 14 76 11 1121 102 4 173 3 40 6 322 228 9 481 9 448 7 765 247 10 453 9 444 7 750 33 1 65 1 7 1 106 28 1 81 2 9 1 119 119

Trans/Gender

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025 8497 Web

Number of Surveys (n) = Surveys

RACE_1 How do you usually describe yourself? (Please select ALL that apply) American Indian or Native Alaskan

	Trans/Gender									
	Cis Men		Cis Women Non-confo		forming	т	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	2278	93	4865	92	644	95	7880	92.7		
1 Selected	171	7	402	8	36	5	617	7.3 🗖		
Valid responses =	2449	29	5267	62	680	8	8497	100.0		
Invalid responses include no response.										

RACE_2 How do you usually describe yourself? (Please select ALL that apply) Asian or Asian American

	Trans/Gender								
	Cis Men		Cis Women Non-o		Non-con	nforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	2225	91	4892	93	638	94	7850	92.4	
1 Selected	224	9	375	7	42	6	647	7.6 🗖	
Valid responses =	2449	29	5267	62	680	8	8497	100.0	
Invalid responses include no response.									

RACE_3 How do you usually describe yourself? (Please select ALL that apply)

Black or African American

	Trans/Gender								
	Cis Men		Cis Women Non-co		Non-con	forming	т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	2286	93	4958	94	640	94	7980	93.9	
1 Selected	163	7	309	6	40	6	517	6.1 🗖	
Valid responses =	2449	29	5267	62	680	8	8497	100.0	
Involid responses include no response									

Invalid responses include no response.

RACE_4 How do you usually describe yourself? (Please select ALL that apply) Hispanic or Latino/a/x

	Cis N	Trans/Gender Cis Women Non-conforming			т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1868	76	3793	72	515	76	6258	73.6
1 Selected	581	24	1474	28	165	24	2239	26.4
Valid responses =	2449	29	5267	62	680	8	8497	100.0
Invelid seeses include ne seeses								

Invalid responses include no response.

RACE_5 How do you usually describe yourself? (Please select ALL that apply) Middle Eastern/North African (MENA) or Arab Origin

Trans/Gender Cis Men **Cis Women** Non-conforming Total Freq. Pct. Freq. Pct. Freq. Pct. Freq. Pct. 98.8 🗖 0 Not selected 2409 98 5213 99 672 99 8394 103 1 Selected 40 2 54 1 8 1 1.2 Valid responses = 2449 5267 62 680 100.0 29 8 8497

Invalid responses include no response.

RACE_6 How do you usually describe yourself? (Please select ALL that apply) Native Hawaiian or Other Pacific Islander Native

					Trans/G	ender			
	Cis Men		Cis Women Non-con		forming		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	2439	100	5238	99	677	100	8455	99.5 💻	
1 Selected	10	0	29	1	3	0	42	0.5 I	
Valid responses =	2449	29	5267	62	680	8	8497	100.0	

Invalid responses include no response.

RACE_7 How do you usually describe yourself? (Please select ALL that apply) White

	Cis N	len	Cis Wo	men	Trans/Gondant Non-cont		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	944	39	2075	39	181	27	3239	38.1
1 Selected	1505	62	3192	61	499	73	5258	61.9
Valid responses =	2449	29	5267	62	680	8	8497	100.0
Invalid responses include no response.								

RACE_8 How do you usually describe yourself? (Please select ALL that apply) Biracial or Multiracial

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	2344	96	5030	96	628	92	8096	95.3	
1 Selected	105	4	237	5	52	8	401	4.7 🛛	
Valid responses =	2449	29	5267	62	680	8	8497	100.0	
Invalid responses include no response.									

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025

Number of Surveys (n) = 8497 Web Surveys

RACE_9 How do you usually describe yourself? (Please select ALL that apply) Another Identity

-	Cis N	Cis Wo	men	Trans/Gender Non-conforming		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2407	98	5210	99	674	99	8384	98.7
1 Selected	42	2	57	1	6	1	113	1.3
Valid responses =	2449	29	5267	62	680	8	8497	100.0
Invalid responses include no response.								

RACE_HISPANIC_1 Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Mexican, Mexican American, Chicano

	Cis N	otal						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	202	35	519	35	65	39	794	35.5
1 Selected	379	65	955	65	100	61	1445	64.5
Valid responses =	581	26	1474	66	165	7	2239	26.4
Invalid responses include no response.								

RACE_HISPANIC_2 Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Puerto Rican

		_			Trans/G		_		
	Cis N	Cis Men		Cis Women Non-co		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	563	97	1406	95	154	93	2142	95.7	
1 Selected	18	3	68	5	11	7	97	4.3 🛛	
Valid responses =	581	26	1474	66	165	7	2239	26.4	

. Invalid responses include no response.

RACE_HISPANIC_3 Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Cuban

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	572	99	1461	99	162	98	2214	98.9	
1 Selected	9	2	13	1	3	2	25	1.1 📕	
Valid responses =	581	26	1474	66	165	7	2239	26.4	
Invalid responses include no response.									

RACE_HISPANIC_4 Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Another Hispanic, Latino/a/x, or Spanish origin

					Trans/G	ender		
	Cis N	len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	400	69	1038	70	116	70	1564	69.9
1 Selected	181	31	436	30	49	30	675	30.1
Valid responses =	581	26	1474	66	165	7	2239	26.4
lassellation en en el contrate una presenta el								

Invalid responses include no response.

RACE_ASIAN_1 Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

East Asian (for example: Chinese, Japanese, or Korean)

					Trans/G	ender		
	Cis N	Cis Men		Cis Women		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	168	75	243	65	22	52	437	67.5
1 Selected	56	25	132	35	20	48	210	32.5
Valid responses =	224	35	375	58	42	6	647	7.6

Invalid responses include no response.

RACE_ASIAN_2 Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

					Trans/G	ender		
	Cis N	len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	151	67	243	65	22	52	419	64.8
1 Selected	73	33	132	35	20	48	228	35.2
Valid responses =	224	35	375	58	42	6	647	7.6
Invalid responses include no response.								

RACE_ASIAN_3 Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

					Trans/G	ender		
	Cis Men		Cis Women No		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	135	60	268	72	35	83	443	68.5
1 Selected	89	40	107	29	7	17	204	31.5
Valid responses =	224	35	375	58	42	6	647	7.6
Involid responses include no response								

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500



February 25, 2025 Number of Surveys (n) = 8497 Web Surveys

Trans/Gondor

Trans/Gondor

www.acha.org

RACE_ASIAN_4 Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) Other Asian

					Trans/G	ender			
	Cis N	Cis Men		Cis Women		forming	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	214	96	363	97	42	100	625	96.6	
1 Selected	10	5	12	3	0	0	22	3.4 🛛	
Valid responses =	224	35	375	58	42	6	647	7.6	

Invalid responses include no response.

GREEK Are you a member of a social fraternity or sorority?								
					Trans/G	ender		
	Cis N	len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2214	90	4838	92	614	91	7755	91.5
2 Yes	234	10	414	8	63	9	717	8.5 🗖
Valid responses =	2448	29	5252	62	677	8	8472	99.7
Invalid responses include no response.								

GREEK_RES Do you live in a fraternity or sorority residence?

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2320	95	5080	97	646	95	8138	96.0	
2 Yes	127	5	178	3	31	5	339	4.0	
Valid responses =	2447	29	5258	62	677	8	8477	99.8	
Invalid responses include no response.									

RESIDENCE Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

Trans/Gender									
Cis Men		Cis Women		Non-conforming		То	otal		
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
802	35	1706	34	239	37	2781	34.2		
460	20	1082	21	147	23	1713	21.0		
996	43	2161	43	250	39	3440	42.3		
19	1	23	1	6	1	48	0.6		
4	0	6	0	0	0	10	0.1		
40	2	99	2	5	1	146	1.8 🛛		
2321	29	5077	62	647	8	8138	95.8		
	Freq. 802 460 996 19 4 40	Freq. Pct. 802 35 460 20 996 43 19 1 4 0 40 2	Freq. Pct. Freq. 802 35 1706 460 20 1082 996 43 2161 19 1 23 4 0 6 40 2 99	Freq. Pct. Freq. Pct. 802 35 1706 34 460 20 1082 21 996 43 2161 43 19 1 23 1 4 0 6 0 40 2 99 2	Cis Men Cis Women Non-control Freq. Pct. Freq. Pct. Freq. 802 35 1706 34 239 460 20 1082 21 147 996 43 2161 43 250 19 1 23 1 6 4 0 6 0 0 40 2 99 2 5	Cis Men Cis Women Non-conforming Freq. Pct. Freq. Pct. Freq. Pct. 802 35 1706 34 239 37 460 20 1082 21 147 23 996 43 2161 43 250 39 19 1 23 1 6 1 4 0 6 0 0 0 40 2 99 2 5 1	Cis Men Cis Women Non-conforming Teq. Freq. Pct. Freq. Pct. Freq. Pct. Freq. 802 35 1706 34 239 37 2781 460 20 1082 21 147 23 1713 996 43 2161 43 250 39 3440 19 1 23 1 6 1 48 4 0 6 0 0 10 10 40 2 99 2 5 1 146		

Invalid responses include no response.

GPA What is your approximate cumulative grade average?

GPA what is your approximate cumulative grade average?	Trans/Gender										
	Cis N	Cis Men		men	Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 A+	252	10	566	11	75	11	906	10.7 💻			
2 A	649	27	1750	33	174	26	2594	30.6			
3 A-	451	19	853	16	109	16	1425	16.8			
4 B+	319	13	655	13	73	11	1058	12.5			
5 B	321	13	634	12	86	13	1055	12.4			
6 B-	136	6	258	5	53	8	457	5.4 💻			
′ C+	85	4	145	3	26	4	259	3.1 🗖			
3 C	65	3	141	3	33	5	241	2.8 🗖			
) C-	28	1	41	1	10	2	81	1.0			
0 D+	16	1	13	0	4	1	34	0.4			
1 D	7	0	17	0	4	1	28	0.3			
2 D-	3	0	9	0	0	0	12	0.1			
3 F	4	0	7	0	2	0	13	0.2			
4 N/A	107	4	169	3	27	4	311	3.7 🗖			
/alid responses =	2443	29	5258	62	676	8	8474	99.7			
Invalid responses include no response.											

SETTING I am taking classes this term:

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	1502	62	2663	51	392	58	4617	54.6
2 Entirely online	177	7	675	13	43	6	904	10.7 💻
3 A mix of in-person and online classes	763	31	1907	36	240	36	2938	34.7
Valid responses =	2442	29	5245	62	675	8	8459	99.6
Invalid responses include no response.								

ENROLL What is your enrollment status?

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Full-time	2158	88	4553	87	594	87	7393	87.2		
2 Part-time	268	11	660	13	77	11	1013	11.9 🗖		
3 Other	21	1	45	1	9	1	76	0.9		
Valid responses =	2447	29	5258	62	680	8	8482	99.8		
Invalid responses include no response.										

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025

Number of Surveys (n) = 8497 Web Surveys

STUDY_US Are you studying in the United States this semester/term?

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	163	7	337	6	46	7	551	6.5 🗖		
2 Yes	2281	93	4917	94	634	93	7923	93.5		
Valid responses =	2444	29	5254	62	680	8	8474	99.7		
Invalid responses include no response.										

VISA Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are studying in the U.S. this semester/term)

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	145	93	304	93	34	77	488	91.7		
2 Yes	11	7	23	7	10	23	44	8.3 🗖		
Valid responses =	156	29	327	61	44	8	532	6.3		
Invalid responses include no response.										

VISA_2 Would you need a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are NOT studying in the U.S. this semester/term)

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	145	93	304	93	34	77	488	91.7	
2 Yes	11	7	23	7	10	23	44	8.3 🗖	
Valid responses =	156	29	327	61	44	8	532	6.3	
Invalid responses include no response.									

ATHLETICS_1 Do you participate in organized college athletics at any of the following levels? Varsity

	Cis M	Cis Wo	men	Trans/G Non-con		Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2204	92	4855	93	656	98	7808	93.4
2 Yes	182	8	353	7	15	2	551	6.6 🗖
Valid responses =	2386	29	5208	62	671	8	8359	98.4
Invalid reanances include no reanance								

Invalid responses include no response.

ATHLETICS_2 Do you participate in organized college athletics at any of the following levels? Club Sports

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	2146	91	4879	95	646	96	7760	93.5			
2 Yes	223	9	283	6	27	4	538	6.5 🗖			
Valid responses =	2369	29	5162	62	673	8	8298	97.7			

Invalid responses include no response.

ATHLETICS_3 Do you participate in organized college athletics at any of the following levels? Intramurals

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	2036	86	4793	93	648	96	7568	91.6		
2 Yes	326	14	344	7	24	4	697	8.4 🗖		
Valid responses =	2362	29	5137	62	672	8	8265	97.3		
Invalid responses include no response.										

CONDITIONS_1 Do you have any of the following? Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Trans/Gender Cis Men Cis Women Non-conforming Total									
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	1834	78	4008	78	364	56	6266	76.3		
2 Yes	526	22	1103	22	292	45	1947	23.7		
Valid responses =	2360	29	5111	62	656	8	8213	96.7		

. Invalid responses include no response.

CONDITIONS_2 Do you have any of the following? Autism Spectrum Disorder

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	2197	94	4792	95	435	67	7491	92.3			
2 Yes	141	6	252	5	215	33	628	7.7 🗖			
Valid responses =	2338	29	5044	62	650	8	8119	95.6			
Invalid responses include no response.											

Page 10 of 24

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025 Number of Surveys (n) = 8497 Web Surveys

CONDITIONS_3 Do you have any of the following?

Blind/Low Vision									
			.		Trans/Ge		_		
	Cis N		Cis Wo		Non-conf			otal	
4 No	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No 2 Yes	2185	94 6	4470 595	88 12	559 90	86 14	7288 849	89.6	
Valid responses =	149 2334	29	5065	62	90 649	8	8137	10.4 🗖 95.8	
Invalid responses include no response.	2004	29	3003	02	045	0	0157	55.0	
invalid responses include no response.									
CONDITIONS_4 Do you have any of the following?									
hronic illness					TranalC				
	Cis N	lon	Cis Wo	mon	Trans/Ge Non-conf		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
No	2200	94	4454	88	515	79	7241	88.8	
Yes	137	6	618	12	139	21	910	11.2 🗖	
alid responses =	2337	29	5072	62	654	8	8151	95.9	
Invalid responses include no response.						-			
NULTIONS 5 Do you have any of the following?									
DNDITIONS_5 Do you have any of the following? af/Hearing impairment									
<u> </u>					Trans/Ge	ender			
	Cis N	len	Cis Wo	men	Non-conf	forming	т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
No	2286	98	4926	98	609	94	7904	97.5	
Yes	51	2	112	2	39	6	206	2.5	
alid responses =	2337	29	5038	62	648	8	8110	95.4	
Invalid responses include no response.									
ONDITIONS_6 Do you have any of the following?									
arning disorder					T				
	Cie M	lon	Cia Wa	mon	Trans/Ge		т	otol	
	Cis N Freq.	Pct.	Cis Wo Freq.	men Pct.	Non-conf Freq.	Pct.	Freq.	otal Pct.	
No	2206	94	4657	92	545	84	7485	92.0	
vo /es	133	94 6	4057	92	545 105	04 16	652	8.0	
res Iid responses =	2339	29	403 5060	62	650	8	8137	95.8	
Invalid responses include no response.	2009	29	5000	02	000	U	0137	90.0	
ONDITIONS_7 Do you have any of the following? obility/Dexterity impairment									
					Trans/Ge	ender			
	Cis N	len	Cis Wo	men	Non-conf		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
No	2280	98	4910	98	582	90	7852	97.0	
Yes	51	2	118	2	64	10	240	3.0 🛛	
lid responses =	2331	29	5028	62	646	8	8092	95.2	
Invalid responses include no response.									
ONDITIONS_8 Do you have any of the following?									
sychological or mental health condition					.				
	Cis N	lon	Cio W-	mor	Trans/Ge		т.	otal	
	Freq.	Pct.	Cis Wo Freq.	Pct.	Non-conf Freq.	Pct.	Freq.	Pct.	
No	1778	75	2783	54	181	27	4782	57.8	
Yes	585	75 25	2783	54 46	486	73	4782 3490	42.2	
lid responses =	2363	23	5155	40 62	480 667	8	8272	97.4	
Invalid responses include no response.	2000	23	0100	02	507	5	5212	01.7	
NDITIONS_9 Do you have any of the following? eech or language disorder									
		_			Trans/Ge				
	Cis N		Cis Wo		Non-conf	•		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
lo	2292	99	4958	99	619	96	7953	98.3	
/es	35	2	77	2	25	4	141	1.7	
alid responses =	2327	29	5035	62	644	8	8094	95.3	
Invalid responses include no response.									
ONDITIONS_10 Do you have any of the following?									
aumatic brain injury (TBI)					T				
	0-1		Cia 18/-		Trans/Ge	ender	-	- t -1	

	013 1				Non-comonning		iotai		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2278	98	4954	98	623	97	7939	98.1	
2 Yes	49	2	83	2	22	3	157	1.9 🛙	
Valid responses =	2327	29	5037	62	645	8	8096	95.3	
Invalid responses include no response.									

Cis Mon

Cis Women Non-conforming

Total

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025

Number of Surveys (n) = 8497 Web Surveys

VETERAN Are you currently or have you been a member of the Armed Services?

	Cis N	Cis Wo	men	Trans/G Non-con		то	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2323	95	5177	99	666	98	8258	97.4
2 Yes, have served in area of hazardous duty	61	3	21	0	7	1	91	1.1
3 Yes, have not served in area hazardous duty	62	3	57	1	4	1	126	1.5 🛛
Valid responses =	2446	29	5255	62	677	8	8475	99.7
Invalid responses include no response.								

PARENT_EDU What is the highest level of education completed by either of your parents (or guardians)?

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not finish high school	105	4	283	5	13	2	403	4.8 💻	
2 High school diploma or GED	485	20	1070	20	108	16	1677	19.8	
3 Attended college but no degree	216	9	540	10	74	11	836	9.9 💶	
4 Associate's degree	200	8	610	12	59	9	878	10.4 💶 🔤	
5 Bachelor's degree	651	27	1232	23	181	27	2090	24.6	
6 Master's degree	523	21	1005	19	165	24	1719	20.3	
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	224	9	452	9	67	10	750	8.8	
8 Don't know	45	2	68	1	12	2	130	1.5 🗖	
Valid responses =	2449	29	5260	62	679	8	8483	99.8	
Invalid responses include no response.									

PARENT Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Wo	men	Trans/G Non-con		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2256	92	4656	89	639	94	7644	90.1	
2 Yes	192	8	604	12	39	6	839	9.9 🗖	
Valid responses =	2448	29	5260	62	678	8	8483	99.8	
Valid responses =	2448	29	5260	62	678	8	8483	99.8	

Invalid responses include no response.

Which of these fields best describes your major? (select up to 2) (only undergraduate students)

	Trans/Gender								
	Cis M	len	Cis Wo	men	Non-cont	forming	То	tal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not yet selected a major	70	4	145	4	17	3	235	3.5	
1 Agriculture	33	2	89	2	5	1	129	1.9	
2 Biological/life sciences	144	8	517	12	60	11	729	10.8	
3 Business	373	20	606	15	30	5	1015	15.0	
4 Communication	43	2	139	3	19	3	203	3.0	
5 Computer and information sciences	189	10	78	2	27	5	298	4.4	
6 Education	70	4	357	9	34	6	465	6.9	
7 Engineering	344	18	179	4	30	5	560	8.3	
8 Ethnic, cultural studies, and area studies	10	1	28	1	5	1	45	0.7	0
9 Foreign languages and literature	12	1	69	2	16	3	98	1.5	
10 Health-related fields	139	7	647	16	29	5	818	12.1	
11 History	34	2	41	1	15	3	94	1.4	
12 Humanities	73	4	149	4	42	7	269	4.0	
13 Liberal/general studies	32	2	67	2	8	1	108	1.6	
14 Mathematics	53	3	50	1	8	1	115	1.7	
15 Multi/interdisciplinary studies	26	1	78	2	13	2	123	1.8	
16 Parks, recreation, leisure studies, sports management	6	0	9	0	1	0	16	0.2	I
17 Physical sciences	76	4	118	3	33	6	229	3.4	
18 Pre-professional (pre-dental, pre-law, pre-medical, pre-veterinary)	57	3	286	7	19	3	365	5.4	
19 Public administration	12	1	42	1	6	1	61	0.9	
20 Social sciences	203	11	714	17	127	22	1053	15.6	
21 Visual and performing arts (art, music, theater, dance, etc.) (MAJC	97	5	177	4	99	17	388	5.8	
22 Other (please specify)	198	10	434	10	54	9	695	10.3	
Totals may add up to more than 100% from students selection	ng two opti	ons							

FIN_RES_1 During the current academic year, I have worried about being able to pay for my educational expenses

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	829	34	1293	25	127	19	2271	26.8	
2 Seldom	467	19	813	16	95	14	1392	16.4	
3 Sometimes	505	21	1165	22	157	23	1855	21.9	
4 Often	312	13	848	16	126	19	1297	15.3	
5 Very often	330	14	1138	22	173	26	1660	19.6	
Valid responses =	2443	29	5257	62	678	8	8475	99.7	

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025

Number of Surveys (n) = 8497 Web Surveys

FIN_RES_2 During the current academic year, I was unable to participate in events and activities at school because I didn't have enough money

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never	1373	56	2743	52	285	42	4446	52.5		
2 Seldom	420	17	901	17	125	19	1466	17.3 💻		
3 Sometimes	330	14	779	15	113	17	1233	14.6 🔲		
4 Often	165	7	366	7	68	10	604	7.1 📼		
5 Very often	154	6	457	9	86	13	713	8.4 🗖		
Valid responses =	2442	29	5246	62	677	8	8462	99.6		
Invalid responses include no response.										

FIN_RES_3 During the current academic year, I have contributed money to help support family members who were not my own domestic partner or children Trans/Gender

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	1656	68	3448	66	440	65	5604	66.2	
2 Seldom	297	12	607	12	90	13	1007	11.9 💻	
3 Sometimes	258	11	580	11	71	11	919	10.9 💻	
4 Often	121	5	277	5	35	5	437	5.2 🗖	
5 Very often	110	5	334	6	42	6	495	5.8 🗖	
Valid responses =	2442	29	5246	62	678	8	8462	99.6	
Invalid responses include no response.									

OUTCOMES_1 How likely is it that you will:

Leave your school before graduating and transfer to another school?

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Very likely	74	3	135	3	25	4	239	2.8	
2 Moderately likely	84	3	186	4	24	4	299	3.5 🗖	
3 Slightly likely	188	8	385	7	59	9	639	7.5 🗖	
4 Slightly unlikely	161	7	285	5	44	7	500	5.9 🗖	
5 Moderately unlikely	358	15	658	13	118	17	1146	13.5 💻	
6 Very unlikely	1578	65	3600	69	409	60	5644	66.7	
Valid responses =	2443	29	5249	62	679	8	8467	99.6	
Invalid responses include no response.									

OUTCOMES_2 How likely is it that you will:

Attend a graduate or professional school (e.g., law school, medical school, a PhD or master's program) within 6 months of graduating from your school?

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Very likely	466	19	1363	26	110	16	1961	23.3	
2 Moderately likely	331	14	706	14	120	18	1169	13.9	
3 Slightly likely	348	14	804	15	110	16	1278	15.2	
4 Slightly unlikely	231	10	403	8	67	10	708	8.4	
5 Moderately unlikely	342	14	536	10	81	12	966	11.5	
6 Very unlikely	711	29	1415	27	190	28	2345	27.8	
Valid responses =	2429	29	5227	62	678	8	8427	99.2	
Invalid responses include no response.									

OUTCOMES_3 How likely is it that you will:

Have a job (of any type) within 6 months of graduating from your school?

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Very likely	1107	45	2630	50	252	37	4032	47.7		
2 Moderately likely	593	24	1293	25	187	28	2089	24.7		
3 Slightly likely	371	15	732	14	135	20	1251	14.8 💻		
4 Slightly unlikely	144	6	225	4	44	7	422	5.0 🗖		
5 Moderately unlikely	90	4	159	3	35	5	292	3.5 🗖		
3 Very unlikely	134	6	202	4	24	4	367	4.3 🗖		
Valid responses =	2439	29	5241	62	677	8	8453	99.5		
Invalid responses include no response.										

OUTCOMES_4 How likely is it that you will:

Leave your school before graduating without transferring to another school?

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
Very likely	76	3	121	2	14	2	216	2.6			
Moderately likely	56	2	100	2	22	3	184	2.2			
Slightly likely	123	5	208	4	49	7	387	4.6 🗖			
Slightly unlikely	127	5	227	4	45	7	405	4.8 🗖			
Moderately unlikely	307	13	510	10	91	13	922	10.9 🗖			
Very unlikely	1751	72	4076	78	457	67	6343	75.0			
/alid responses =	2440	29	5242	62	678	8	8457	99.5			
Invalid responses include no response.											



American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

www.acha.org



February 25, 2025

Number of Surveys (n) = Surveys

8497 Web

OUTCOMES_LEAVING_1 What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school) Lack of safe and/or affordable housing

	Trans/Gender										
	Cis N	Cis Men		Cis Women No		Non-conforming		otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	342	74	615	71	94	62	1073	71.2			
2 Yes	118	26	256	29	57	38	435	28.8			
Valid responses =	460	31	871	58	151	10	1508	17.7			

Invalid responses include no response.

OUTCOMES_LEAVING_2 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Financial concerns other than housing

	Cis N	Trans/Gender Cis Women Non-conforming				то	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	215	47	361	42	51	33	641	42.4
2 Yes	247	54	509	59	103	67	871	57.6
Valid responses =	462	31	870	58	154	10	1512	17.8
Invalid responses include no response.								

OUTCOMES_LEAVING_3 What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school) Need to take care of family members/children

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	365	80	655	76	119	81	1158	77.6			
2 Yes	93	20	208	24	28	19	335	22.4 📖			
Valid responses =	458	31	863	58	147	10	1493	17.6			
have the second s											

Invalid responses include no response.

OUTCOMES_LEAVING_4 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Conflicts with work responsibilities/schedule

	Cis N	Trans/Gender Cis Women Non-conformi				т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	320	70	543	63	87	58	967	64.7
2 Yes	136	30	322	37	62	42	528	35.3
Valid responses =	456	31	865	58	149	10	1495	17.6

Invalid responses include no response.

OUTCOMES_LEAVING_5 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Ongoing physical and/or mental health issues

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	290	63	475	55	36	24	810	53.8	
2 Yes	168	37	396	46	115	76	695	46.2	
Valid responses =	458	30	871	58	151	10	1505	17.7	
Invelid responses include no response									

Invalid responses include no response.

OUTCOMES_LEAVING_6 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school)

Change in my academic plans and/or professional goals (e.g., institution doesn't have the academic program I want; I may not want my chosen degree anymore)

					114115/00	enuer			
	Cis Men		Cis Women		Non-conforming		То	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	245	53	460	53	77	51	797	53.0	
2 Yes	215	47	408	47	73	49	708	47.0	
Valid responses =	460	31	868	58	150	10	1505	17.7	

Invalid responses include no response.

OUTCOMES_LEAVING_7 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school)

Poor academic performance

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	322	71	636	73	80	53	1053	70.2
2 Yes	132	29	233	27	72	47	447	29.8
Valid responses =	454	30	869	58	152	10	1500	17.7



American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

www.acha.org



February 25, 2025

Number of Surveys (n) = Surveys

8497 Web

OUTCOMES_LEAVING_8 What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school) Negative experience at my college/university

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Т	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	289	63	546	63	80	53	926	61.7			
2 Yes	172	37	318	37	70	47	574	38.3			
Valid responses =	461	31	864	58	150	10	1500	17.7			

Invalid responses include no response.

OUTCOMES_LEAVING_9 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) I don't feel like I fit in at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	303	66	551	64	77	51	948	63.5
2 Yes	155	34	310	36	73	49	546	36.5
Valid responses =	458	31	861	58	150	10	1494	17.6
have below and a standard a second as								

Invalid responses include no response.

OUTCOMES_LEAVING_10 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Other (please specify)

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	174	86	285	85	45	75	513	84.1			
2 Yes	29	14	49	15	15	25	97	15.9 🔲			
Valid responses =	203	33	334	55	60	10	610	7.2			
have the second s											

Invalid responses include no response.

LIFESAT_1 Please rate how strongly you agree or disagree with the following statements:

So far, I have gotten the important things I want in life

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	182	8	180	3	59	9	437	5.2 🗖	
2 Disagree	296	12	386	7	83	12	775	9.2	
3 Slightly disagree	287	12	606	12	109	16	1011	11.9	
4 Slightly agree	606	25	1471	28	201	30	2309	27.3	
5 Agree	741	30	1756	34	169	25	2686	31.7	
6 Strongly agree	328	13	845	16	59	9	1243	14.7	
Valid responses =	2440	29	5244	62	680	8	8461	99.6	

Invalid responses include no response.

LIFESAT_2 Please rate how strongly you agree or disagree with the following statements:

Overall, I would say that I am satisfied with my life

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	177	7	213	4	60	9	462	5.5 💻		
2 Disagree	278	11	394	8	107	16	790	9.3		
3 Slightly disagree	276	11	594	11	111	16	991	11.7		
4 Slightly agree	533	22	1274	24	182	27	2016	23.8		
5 Agree	740	30	1869	36	159	23	2792	33.0		
6 Strongly agree	438	18	893	17	60	9	1404	16.6		
Valid responses =	2442	29	5237	62	679	8	8455	99.5		
Invalid responses include no response.										

LIFESAT_3 Please rate how strongly you agree or disagree with the following statements:

I am satisfied with the direction my life is going

	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	109	5	120	2	35	5	269	3.2 🗖			
2 Disagree	105	4	219	4	49	7	377	4.5 🗖			
3 Slightly disagree	196	8	411	8	78	12	697	8.2			
4 Slightly agree	594	24	1213	23	208	31	2042	24.1			
5 Agree	836	34	2029	39	207	30	3099	36.6			
6 Strongly agree	601	25	1246	24	103	15	1972	23.3			
Valid responses =	2441	29	5238	62	680	8	8456	99.5			
Invalid responses include no response.											

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025

Number of Surveys (n) = 8497 Web Surveys

SELFEST_1 Please rate how strongly you agree or disagree with the following statements: I really like myself

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	149	6	242	5	79	12	484	5.7 🛄
2 Disagree	206	9	429	8	93	14	739	8.7
3 Slightly disagree	263	11	560	11	113	17	948	11.2 💶
4 Slightly agree	534	22	1307	25	191	28	2053	24.3
5 Agree	743	31	1819	35	141	21	2729	32.3
6 Strongly agree	540	22	890	17	62	9	1505	17.8
Valid responses =	2435	29	5247	62	679	8	8458	99.5
Invalid reasonade include no reasonade								

Invalid responses include no response.

SELFEST_2 Please rate how strongly you agree or disagree with the following statements: On the whole, I am satisfied with myself

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	146	6	241	5	92	14	492	5.8 💻
2 Disagree	269	11	446	9	106	16	834	9.9
3 Slightly disagree	334	14	681	13	129	19	1158	13.7
4 Slightly agree	530	22	1284	25	164	24	1999	23.6
5 Agree	698	29	1754	33	135	20	2613	30.9
6 Strongly agree	462	19	841	16	53	8	1366	16.1
Valid responses =	2439	29	5247	62	679	8	8462	99.6
Invalid responses include no response								

Invalid responses include no response.

SELFEST_3 Please rate how strongly you agree or disagree with the following statements:

I feel that I have a number of good qualities

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	77	3	119	2	40	6	243	2.9 🗖	
2 Disagree	98	4	192	4	47	7	344	4.1 🗖	
3 Slightly disagree	159	7	325	6	55	8	548	6.5 🗖	
4 Slightly agree	518	21	1180	23	225	33	1945	23.0	
5 Agree	888	36	2161	41	204	30	3287	38.9	
6 Strongly agree	697	29	1269	24	108	16	2092	24.7	
Valid responses =	2437	29	5246	62	679	8	8459	99.6	
Invalid responses include no response.									

OPT_1 Please rate how strongly you agree or disagree with the following statements: When things are uncertain in life, I expect the best

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	222	9	426	8	128	19	792	9.4
2 Disagree	420	17	991	19	190	28	1621	19.2
3 Slightly disagree	452	19	1109	21	149	22	1739	20.6
4 Slightly agree	619	26	1414	27	135	20	2180	25.8
5 Agree	499	21	935	18	57	8	1499	17.7
6 Strongly agree	219	9	368	7	18	3	617	7.3
Valid responses =	219	35	368	60	18	3	617	7.3
Investid responses include no response								

Invalid responses include no response.

OPT_2 Please rate how strongly you agree or disagree with the following statements:

Overall, I expect more good things to happen to me than bad

		Trans/Gender										
	Cis M	Cis Men		men	Non-conforming		Тс	otal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 Strongly disagree	150	6	308	6	109	16	583	6.9				
2 Disagree	314	13	694	13	135	20	1159	13.7				
3 Slightly disagree	402	17	931	18	132	20	1483	17.6				
4 Slightly agree	621	26	1463	28	179	26	2276	27.0				
5 Agree	622	26	1289	25	91	13	2019	23.9				
6 Strongly agree	321	13	553	11	31	5	921	10.9				
Valid responses =	2430	29	5238	62	677	8	8441	99.3				
Invalid responses include no response.												

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025

Number of Surveys (n) = 8497 Web Surveys

OPT_3 Please rate how strongly you agree or disagree with the following statements: When I think about the future, I feel positive about it

· · · · · · · · · · · · · · · · · · ·	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	138	6	196	4	83	12	432	5.1 💻		
2 Disagree	188	8	316	6	87	13	597	7.1 🛄		
3 Slightly disagree	302	12	618	12	116	17	1053	12.5		
4 Slightly agree	634	26	1564	30	214	32	2437	28.9		
5 Agree	715	29	1673	32	128	19	2534	30.0		
6 Strongly agree	456	19	873	17	49	7	1393	16.5		
Valid responses =	2433	29	5240	62	677	8	8446	99.4		
Involid records include no records										

Invalid responses include no response.

COPING_1 Please rate how strongly you agree or disagree with the following statements: I tend to take a long time to get over stressful events in my life

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	194	8	773	15	151	22	1131	13.4
2 Disagree	446	18	1290	25	204	30	1966	23.3
3 Slightly disagree	548	23	1415	27	143	21	2118	25.1
4 Slightly agree	485	20	865	17	84	13	1454	17.2
5 Agree	528	22	679	13	69	10	1290	15.3
6 Strongly agree	226	9	213	4	23	3	475	5.6 💻
Valid responses =	2427	29	5235	62	674	8	8434	99.3
Involid reasonance include no reasonance								

Invalid responses include no response.

COPING_2 Please rate how strongly you agree or disagree with the following statements: I have a hard time making it through stressful events

	Trans/Gender									
	Cis M	Cis Men		Cis Women		forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	123	5	514	10	114	17	759	9.0		
2 Disagree	307	13	991	19	164	24	1478	17.5		
3 Slightly disagree	513	21	1241	24	161	24	1933	22.9		
4 Slightly agree	538	22	1120	21	116	17	1791	21.3		
5 Agree	656	27	1029	20	89	13	1796	21.3		
6 Strongly agree	287	12	335	6	29	4	667	7.9		
Valid responses =	2424	29	5230	62	673	8	8424	99.1		
Investigation and a second sec										

Invalid responses include no response.

COPING_3 Please rate how strongly you agree or disagree with the following statements: It is hard for me to tolerate it when something bad happens

o 11	Trans/Gender										
	Cis N	Cis Men		Cis Women		forming	Тс	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	121	5	519	10	113	17	760	9.0			
2 Disagree	288	12	943	18	155	23	1399	16.6			
3 Slightly disagree	494	20	1216	23	173	26	1901	22.6			
4 Slightly agree	507	21	1092	21	100	15	1717	20.4			
5 Agree	679	28	1067	20	101	15	1870	22.2			
6 Strongly agree	337	14	394	8	32	5	779	9.2			
Valid responses =	2426	29	5231	62	674	8	8426	99.2			
Invalid responses include no response.											

ACT1 In an average week during the school year, do you participate in any group activities outside of your academic work?

	Trans/Gender							
	Cis Men C		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	768	32	1853	36	258	39	2915	35.2
2 Yes	1615	68	3284	64	413	62	5370	64.8
Valid responses =	2383	29	5137	62	671	8	8285	97.5
Invalid responses include no response.								



American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

www.acha.org



February 25, 2025

Number of Surveys (n) = 8497 Web Surveys

ACT2_1 Please rate how strongly you agree or disagree with the following statements: I am involved in at least one activity that I enjoy

					Trans/G	ender		
	Cis Men C		Cis Wo	Cis Women		forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	191	8	418	8	49	7	667	8.0 🔲
2 Disagree	133	6	450	9	54	8	646	7.7 🗖
3 Slightly disagree	77	3	225	4	28	4	333	4.0 🗖
4 Slightly agree	314	13	712	14	113	17	1151	13.7
5 Agree	808	34	1820	35	231	34	2893	34.5
6 Strongly agree	887	37	1576	30	199	30	2692	32.1
Valid responses =	2410	29	5201	62	674	8	8382	98.6
Invalid responses include no response								

Invalid responses include no response.

ACT2_2 Please rate how strongly you agree or disagree with the following statements: I am involved in at least one activity that has expanded my skills

	Trans/Gender								
	Cis Men C			Cis Women Non-conforming			Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	199	8	431	8	59	9	697	8.3	
2 Disagree	192	8	543	10	73	11	817	9.8	
3 Slightly disagree	155	6	387	7	54	8	602	7.2 🔲	
4 Slightly agree	380	16	857	17	128	19	1385	16.5	
5 Agree	718	30	1610	31	198	29	2555	30.5	J.
6 Strongly agree	764	32	1371	26	162	24	2322	27.7	
Valid responses =	2408	29	5199	62	674	8	8378	98.6	

Invalid responses include no response.

ACT2_3 Please rate how strongly you agree or disagree with the following statements: I am involved in at least one activity that is meaningful to me

	Trans/Gender								
	Cis Men			Cis Women		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	192	8	405	8	53	8	659	7.9 📖	
2 Disagree	128	5	430	8	57	9	622	7.4 🔲	
3 Slightly disagree	118	5	271	5	29	4	422	5.0 🗖	
4 Slightly agree	316	13	742	14	109	16	1183	14.1	
5 Agree	728	30	1669	32	208	31	2637	31.5	
6 Strongly agree	924	38	1684	32	218	32	2855	34.1	
Valid responses =	2406	29	5201	62	674	8	8378	98.6	

. Invalid responses include no response.

ACAENG_1 Please rate how strongly you agree or disagree with the following statements: During the current academic year, my classes have been generally interesting and engaging

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	62	3	69	1	17	3	154	1.8 🛛	
2 Disagree	146	6	195	4	37	6	380	4.5 🗖	
3 Slightly disagree	179	7	354	7	56	8	600	7.1 🗖	
4 Slightly agree	587	24	1189	23	159	24	1964	23.3	
5 Agree	984	41	2391	46	281	42	3695	43.8	
6 Strongly agree	466	19	1033	20	127	19	1637	19.4	
Valid responses =	2424	29	5231	62	677	8	8430	99.2	
Invalid responses include no response.									

ACAENG_2 Please rate how strongly you agree or disagree with the following statements: During the current academic year, I have been able to find courses that are interesting to me

	Trans/Gender									
	Cis Men			Cis Women Non-conf			Т	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	66	3	76	2	18	3	164	1.9 🗖		
2 Disagree	122	5	202	4	31	5	357	4.2 🗖		
3 Slightly disagree	186	8	355	7	41	6	592	7.0 🗖		
4 Slightly agree	605	25	1142	22	175	26	1950	23.1		
5 Agree	951	39	2364	45	273	40	3625	43.0		
6 Strongly agree	494	20	1090	21	139	21	1740	20.6		
Valid responses =	2424	29	5229	62	677	8	8428	99.2		
Involid reasonance include no reasonance										

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025

Number of Surveys (n) = 8497 Web Surveys

ACAENG_3 Please rate how strongly you agree or disagree with the following statements: During the current academic year, the academic projects I have worked on have excited me

		Trans/Gender									
	Cis N	Cis Women		Non-conforming		Тс	otal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	146	6	200	4	42	6	408	4.8 🗖			
2 Disagree	241	10	411	8	63	9	723	8.6			
3 Slightly disagree	344	14	760	15	95	14	1211	14.4			
4 Slightly agree	654	27	1523	29	196	29	2398	28.4			
5 Agree	677	28	1583	30	179	26	2457	29.1			
6 Strongly agree	362	15	753	14	104	15	1234	14.6			
Valid responses =	2424	29	5230	62	679	8	8431	99.2			

Invalid responses include no response.

BELONG_1 Please rate how strongly you agree or disagree with the following statements: I feel a sense of belonging to my school

	Trans/Gender									
	Cis N	Cis Women		Non-conforming		Т	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	139	6	199	4	71	11	421	5.0 🗖		
2 Disagree	227	9	407	8	91	13	742	8.8		
3 Slightly disagree	261	11	641	12	113	17	1024	12.1		
4 Slightly agree	609	25	1440	28	193	28	2270	26.9		
5 Agree	823	34	1790	34	151	22	2788	33.0		
6 Strongly agree	368	15	759	15	60	9	1194	14.1		
Valid responses =	2427	29	5236	62	679	8	8439	99.3		
Invalid responses include no response										

Invalid responses include no response.

BELONG_2 Please rate how strongly you agree or disagree with the following statements: I feel accepted at my school

	Trans/Gender							
	Cis M	Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	85	4	126	2	45	7	267	3.2 🗖
2 Disagree	115	5	199	4	46	7	368	4.4 🗖
3 Slightly disagree	182	8	433	8	80	12	705	8.4 📖
4 Slightly agree	551	23	1351	26	213	31	2136	25.3
5 Agree	1023	42	2223	43	225	33	3507	41.6
6 Strongly agree	469	19	901	17	70	10	1450	17.2
Valid responses =	2425	29	5233	62	679	8	8433	99.2
Invalid responses include no response.								

BELONG_3 Please rate how strongly you agree or disagree with the following statements: I feel included at my school

	Trans/Gender									
	Cis Men			Cis Women		forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	93	4	160	3	46	7	309	3.7 🗖		
2 Disagree	147	6	275	5	74	11	505	6.0 🗖		
3 Slightly disagree	255	11	631	12	102	15	1006	11.9		
4 Slightly agree	576	24	1436	27	216	32	2257	26.8		
5 Agree	927	38	1903	36	181	27	3034	36.0		
6 Strongly agree	424	18	829	16	60	9	1320	15.7		
Valid responses =	2422	29	5234	62	679	8	8431	99.2		
Invalid responses include no response.										

BDISC_1 During the current academic year, I have experienced discrimination at my school as a result of my: Racial/ethnic background

-	Trans/Gender Cis Men Cis Women Non-conforming Total							otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2271	94	4884	94	628	93	7870	93.5
2 Yes	158	7	337	7	45	7	549	6.5 🗖
Valid responses =	2429	29	5221	62	673	8	8419	99.1
Invalid responses include no response.								

BDISC_2 During the current academic year, I have experienced discrimination at my school as a result of my: Gender identity -

	Cis N	Cis Wo	men	Trans/G Non-con		Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2361	97	4952	95	504	75	7898	94.0
2 Yes	67	3	255	5	169	25	505	6.0 🗖
Valid responses =	2428	29	5207	62	673	8	8403	98.9
· · · · · · · · · · · · · · · · · · ·								

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025

Number of Surveys (n) = 8497 Web Surveys

BDISC_3 During the current academic year, I have experienced discrimination at my school as a result of my: **Religious affiliation**

-	Trans/Gender										
	Cis N	Cis Women		Non-conforming		Т	otal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	2283	94	4924	95	626	93	7915	94.2			
2 Yes	144	6	285	6	45	7	488	5.8 🗖			
Valid responses =	2427	29	5209	62	671	8	8403	98.9			
Invalid responses include no response											

Invalid responses include no response.

BDISC_4 During the current academic year, I have experienced discrimination at my school as a result of my: Socioeconomic status

	Cis N	len	Cis Wo	men	Trans/Ge Non-cont		т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2319	96	4969	96	613	92	7986	95.1
2 Yes	106	4	236	5	57	9	410	4.9 🗖
Valid responses =	2425	29	5205	62	670	8	8396	98.8
Invalid responses include no response.								

BDISC_5 During the current academic year, I have experienced discrimination at my school as a result of my: Political beliefs

Trans/Gender Cis Men Cis Women Non-conforming Total Freq. Pct. Freq. Pct. Freq. Pct. Freq. Pct. 90.7 🗖 1 No 2219 91 4733 91 582 87 7615 783 9.3 🗖 2 Yes 209 9 473 9 86 13 Valid responses = 2428 29 5206 62 668 8 8398 98.8

Invalid responses include no response.

BDISC_6 During the current academic year, I have experienced discrimination at my school as a result of my: Sexual orientation

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2326	96	5055	97	554	82	8018	95.4
2 Yes	100	4	152	3	118	18	383	4.6
Valid responses =	2426	29	5207	62	672	8	8401	98.9
Invalid responses include no response.								

BDISC_7 During the current academic year, I have experienced discrimination at my school as a result of my: Disability

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2354	97	4983	96	574	85	7996	95.1	
2 Yes	72	3	228	4	98	15	408	4.9 🗖	
Valid responses =	2426	29	5211	62	672	8	8404	98.9	
Invalid responses include no response.									

MEANING_1 Please rate how strongly you agree or disagree with the following statements:

My life feels meaningful to me

					Trans/G	ender		
	Cis N	len	Cis Wo	men	Non-con	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	93	4	115	2	48	7	261	3.1 🗖
2 Disagree	142	6	179	3	61	9	389	4.6 🗖
3 Slightly disagree	142	6	310	6	82	12	542	6.4 🔲
4 Slightly agree	450	19	1013	19	164	24	1653	19.6
5 Agree	853	35	2064	39	206	31	3147	37.3
6 Strongly agree	750	31	1555	30	115	17	2445	29.0
Valid responses =	2430	29	5236	62	676	8	8437	99.3
Invalid responses include no response								

Invalid responses include no response.

MEANING_2 Please rate how strongly you agree or disagree with the following statements: I do something meaningful with my life every day

	Trans/Gender									
	Cis Men C		Cis Wo	men	Non-con	forming	То	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	137	6	178	3	78	12	402	4.8 🔲		
2 Disagree	269	11	431	8	128	19	838	9.9		
3 Slightly disagree	318	13	759	15	137	20	1237	14.7		
4 Slightly agree	550	23	1388	27	160	24	2114	25.1		
5 Agree	669	28	1464	28	109	16	2263	26.8		
6 Strongly agree	487	20	1017	19	65	10	1585	18.8		
Valid responses =	2430	29	5237	62	677	8	8439	99.3		
Investid recommends include no recommende										

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025

Number of Surveys (n) = 8497 Web Surveys

MEANING_3 Please rate how strongly you agree or disagree with the following statements:

The my me in a meaningful way					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	95	4	132	3	55	8	289	3.4 🗖
2 Disagree	175	7	243	5	78	12	506	6.0 💻
3 Slightly disagree	275	11	566	11	116	17	972	11.5
4 Slightly agree	557	23	1379	26	201	30	2162	25.6
5 Agree	753	31	1736	33	139	21	2647	31.4
6 Strongly agree	573	24	1173	22	88	13	1853	22.0
Valid responses =	2428	29	5229	62	677	8	8429	99.2
Incord all as a second standards are as a second second								

Invalid responses include no response.

PURP_1 Please rate how strongly you agree or disagree with the following statements: I have a set of goals that I care about for my life after graduation

	Trans/Gender									
	Cis M	len	Cis Wo	men	Non-cont	forming	Тс	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	52	2	62	1	17	3	138	1.6 🛛		
2 Disagree	72	3	133	3	49	7	261	3.1 🗖		
3 Slightly disagree	123	5	195	4	56	8	382	4.5 🗖		
4 Slightly agree	355	15	723	14	142	21	1236	14.7		
5 Agree	856	35	1844	35	217	32	2941	34.9		
6 Strongly agree	972	40	2275	44	195	29	3475	41.2		
Valid responses =	2430	29	5232	62	676	8	8433	99.2		

Invalid responses include no response.

PURP_2 Please rate how strongly you agree or disagree with the following statements: I have a set of goals for my life after graduation that are in line with my true interests

	Trans/Gender								
	Cis Men C		Cis Women		Non-conforming		Тс	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	59	2	61	1	18	3	146	1.7 🗖	
2 Disagree	87	4	156	3	48	7	298	3.5 🗖	
3 Slightly disagree	152	6	266	5	57	8	480	5.7 🛄	
4 Slightly agree	413	17	858	16	149	22	1442	17.1	
5 Agree	832	34	1828	35	225	33	2908	34.5	
6 Strongly agree	885	36	2063	39	179	27	3157	37.4	
Valid responses =	2428	29	5232	62	676	8	8431	99.2	

Invalid responses include no response.

Invalid responses include no response.

6 Strongly agree

Valid responses =

PURP_3 Please rate how strongly you agree or disagree with the following statements: I have

					Trans/G	ender				
	Cis N	Cis Men		Cis Men Cis Women			Non-cont	forming	Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	53	2	53	1	20	3	133	1.6 🗖		
2 Disagree	75	3	124	2	43	6	247	2.9 🗖		
3 Slightly disagree	120	5	211	4	39	6	374	4.4 🗖		
4 Slightly agree	386	16	815	16	150	22	1370	16.3 💻		
5 Agree	859	35	1886	36	220	33	2995	35.6 💻		
-										

933

2426

CAREMED_1 Do you currently know where to obtain medical care if you need it?

	Cis N		Cis Wo	men	Trans/G Non-con		то	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	312	13	466	9	78	12	869	10.4 🗖
2 Yes	2093	87	4732	91	598	89	7506	89.6
Valid responses =	2405	29	5198	62	676	8	8375	98.6
Invalid responses include no response.								

39

29

2135

5224

41

62

204

676

30

8

3302

8421

39.2

99.1

CAREMED_2 Can you currently afford to obtain medical care if you need it?

	Trans/Gender Cis Men Cis Women Non-conforming Total											
	Freq.	Pct.	Frea.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 No	599	25	1249	24	215	32	2100	25.1				
2 Yes	1802	75	3944	76	461	68	6264	74.9				
Valid responses =	2401	29	5193	62	676	8	8364	98.4				
Invalid responses include no response.												

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org



February 25, 2025

Number of Surveys (n) = 8497 Web Surveys

CAREMENT_1 Do you currently know where to obtain mental health care if you need it?

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		То	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	514	21	852	16	112	17	1503	18.0 💻
2 Yes	1887	79	4337	84	565	84	6860	82.0
Valid responses =	2401	29	5189	62	677	8	8363	98.4
Invalid responses include no response.								

CAREMENT_2 Can you currently afford to obtain mental health care if you need it?

	Cis Men				Trans/Gender Non-conforming		то	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	645	27	1390	27	209	31	2287	27.4
2 Yes	1755	73	3793	73	466	69	6065	72.6
Valid responses =	2400	29	5183	62	675	8	8352	98.3
Invalid responses include no response.								

RFOOD_1 Within the last 30 days, the food that I bought just didn't last, and I didn't have money to get more.

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never true	1735	75	3452	69	424	64	5675	70.3	
1 Sometimes true	449	19	1180	24	175	27	1826	22.6	
2 Often true	132	6	373	8	60	9	574	7.1 🗖	
Valid responses =	2316	29	5005	62	659	8	8075	95.0	
Invalid responses include no response.									

RFOOD_2 Within the last 30 days, I couldn't afford to eat balanced meals.

IN OOD_2 within the last 50 days, I couldn't anord to eat t					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never true	1669	72	3303	66	366	56	5394	66.9
1 Sometimes true	445	19	1114	22	171	26	1753	21.7 💶
2 Often true	199	9	581	12	122	19	918	11.4 🗖
Valid responses =	2313	29	4998	62	659	8	8065	94.9
Invalid responses include no response.								

RFOOD_3 Within the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	1746	72	3513	67	404	60	5725	67.8	1
1 Only 1 or 2 days	287	12	754	14	103	15	1158	13.7 💻	
2 Yes, some days, but not every day	318	13	820	16	129	19	1278	15.1 🔲	
3 Yes, almost every day	77	3	152	3	41	6	280	3.3 🗖	
Valid responses =	2428	29	5239	62	677	8	8441	99.3	
Invalid responses include no response.									

RFOOD_4 Within the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1899	78	3958	76	458	68	6388	75.7
1 Yes	530	22	1275	24	219	32	2048	24.3
Valid responses =	2429	29	5233	62	677	8	8436	99.3
Invalid responses include no response.								

RFOOD_5 In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

					Trans/G	ender		
	Cis Men		Cis Women N		Non-conforming		Тс	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2007	83	4226	81	495	73	6801	80.6
1 Yes	424	17	1010	19	182	27	1640	19.4 🗖
Valid responses =	2431	29	5236	62	677	8	8441	99.3
Invalid reapanasa include na reapanas								

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859.1500



8455 Colesville Road, Suite 740						
Silver Spring, MD 20910			February 25, 202	25		
(410) 859-1500			Number of Surv	veys (n) = 849	7 Web Surveys	
www.acha.org				, , ,	,	
HAPPINESS SCORE						
HAPPINESS SCORE	Mean	Median	Std Dev	Min	Max	
Cis Men	32.63	33.00	11.79	10	50	
Cis Women	31.85	33.00	10.87	10	50	
	26.78	25.00	10.36	10	50	
Trans/Gender Non-conforming Overall	31.64	30.00	11.22	10	50	
Overall	01.04	50.00	11.22	10	50	
ANXIETY SCORE						
	Mean	Median	Std Dev	Min	Max	
Cis Men	25.75	23.00	12.10	10	50	
Cis Women	29.42	30.00	12.11	10	50	
Trans/Gender Non-conforming	33.89	37.00	11.75	10	50	
Overall	28.73	27.00	12.30	10	50	
DEPRESSION SCORE	Mean	Median	Std Dev	Min	Max	
Cis Men	20.64	17.00	11.06	10	50	
Cis Women	21.91	17.00	10.97	10	50	
Trans/Gender Non-conforming	27.94	27.00	12.25	10	50	
Overall	27.94	20.00	11.28	10	50	
Overall	22.00	20.00	11.20	10	50	
LONELINESS SCORE						
	Mean	Median	Std Dev	Min	Max	
Cis Men	17.57	10.00	11.20	10	50	
Cis Women	19.52	15.00	11.99	10	50	
Trans/Gender Non-conforming	23.43	20.00	13.64	10	50	
Overall	19.28	15.00	12.02	10	50	
SOCIAL ANXIETY SCORE						
	Mean	Median	Std Dev	Min	Max	
Cis Men	19.84	17.00	11.81	10	50	
Cis Women	22.47	20.00	12.71	10	50	
Trans/Gender Non-conforming	28.21	27.00	13.70	10	50	
Overall	22.19	17.00	12.74	10	50	
LIFE SATISFACTION SCORE		Madian	041 0			
Ole Mar	Mean	Median	Std Dev	Min	Max	
Cis Men	42.09	43.00	12.63	10	60	
Cis Women	44.11	47.00	11.21	10	60	
Trans/Gender Non-conforming	38.74	40.00	12.19	10	60	
Overall	43.04	47.00	11.85	10	60	
SELF-ESTEEM SCORE						
	Mean	Median	Std Dev	Min	Max	
Cis Men	43.71	47.00	12.81	10	60	
Cis Women	43.96	47.00	11.94	10	60	
Trans/Gender Non-conforming	37.57	40.00	13.25	10	60	
Overall	43.32	47.00	12.46	10	60	
OPTIMISM SCORE						
	Mean	Median	Std Dev	Min	Max	
Cis Men	39.04	40.00	12.54	10	60	
Cis Women	38.75	40.00	11.69	10	60	
Trans/Gender Non-conforming	31.59	33.00	12.00	10	60	
Overall	38.21	40.00	12.17	10	60	
COPING SCORE		Madian	041 0			
Ole Mar	Mean	Median	Std Dev	Min	Max	
Cis Men	38.10	40.00	12.53	10	60	
Cis Women	32.94	33.00	12.65	10	60	
Trans/Gender Non-conforming	28.96	30.00	12.63	10	60	
Overall	34.15	33.00	12.92	10	60	
ACTIVITY ENGAGEMENT SCORE						
ACTIVITY ENGAGEMENT SCORE	Mean	Median	Std Dev	Min	Max	
Cis Men	46.08	50.00	14.65	10	60	
Cis Women	40.00	50.00	14.03	10	60	
Trans/Gender Non-conforming	44.40	50.00	14.50	10	60	
Overall	44.12	50.00	14.50	10	60	
	11.00	00.00		10		
ACADEMIC ENGAGEMENT SCORE						
	Mean	Median	Std Dev	Min	Max	
Cis Men	43.73	47.00	11.49	10	60	
Cis Women	45.08	47.00	10.35	10	60	
Trans/Gender Non-conforming	43.87	47.00	11.30	10	60	
Overall	44.55	47.00	10.81	10	60	

American College Health Association-Well-Being Assessment

Reference Group Data Report - Fall 2024 American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500



6455 Colesville Road, Suite 740						
Silver Spring, MD 20910			February 25, 202	25		
(410) 859-1500			Number of Surv	/eys (n) = 84	497 Web Surveys	
www.acha.org						
BELONGING SCORE						
	Mean	Median	Std Dev	Min	Max	
Cis Men	43.66	47.00	12.02	10	60	
Cis Women	43.80	47.00	11.29	10	60	
Trans/Gender Non-conforming	38.69	40.00	12.67	10	60	
Overall	43.28	47.00	11.74	10	60	
MEANING SCORE						
	Mean	Median	Std Dev	Min	Max	
Cis Men	44.14	47.00	12.68	10	60	
Cis Women	45.18	47.00	11.41	10	60	
Trans/Gender Non-conforming	37.93	40.00	13.41	10	60	
Overall	44.25	47.00	12.15	10	60	
PURPOSE SCORE						
	Mean	Median	Std Dev	Min	Max	
Cis Men	49.30	50.00	11.21	10	60	
Cis Women	50.49	50.00	10.23	10	60	
Trans/Gender Non-conforming	46.02	50.00	12.34	10	60	
Overall	49.73	50.00	10.84	10	60	