



ACHA Well-Being Assessment Fall 2026 Codebook

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ACHA Well-Being Assessment

This questionnaire asks you about your wellbeing and is completely voluntary. The results will be used to inform programs and policies at your school. Nobody will ever associate your answers with your identity, and all responses are confidential. When you hit the "Submit Survey" button on the last page of the survey, the link between your email address and your survey responses is destroyed.

Please try to answer each question as best you can. If, however, you would prefer not to answer a particular question, just leave it blank and go on to the next. You may complete the survey in multiple sessions. This survey link is unique to you. You may begin the survey on one device and continue where you left off on another device.

Your safety and Well-Being are important to us. If you are feeling overwhelmed at any point, pay attention to your needs. If you would like to talk with someone about the issues addressed in this survey, you are encouraged to reach out to the campus contact or local resources identified in your survey invitation or to contact one of these [additional resources](#).

By clicking the 'Begin Survey' button below, you agree that:

- the purpose of this study has been thoroughly explained to you;
- you are at least 18 years of age;
- and you consent to participate in the survey.

Mood

These items ask about how you have been feeling lately. *There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.*

Happiness

Over the **past two weeks**, how often have you experienced any of the following:

VarName	Question	Response options
HAPPY_1	Feeling cheerful	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day

HAPPY_2	Being in good spirits	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
HAPPY_3	Feeling extremely happy	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
HAPPY_4	Feeling full of life	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day

Anxiety

Over the **past two weeks**, how often have you experienced any of the following:

VarName	Question	Response options
ANX_1	Feeling nervous, anxious, or on edge	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
ANX_2	Not being able to stop or control worrying	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
ANX_3	Worrying too much about different things	1 = Not at all 2 = Several days 3 = Half the days

		4 = Over half the days 5 = Nearly every day
ANX_4	Being concerned that something bad might happen	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day

Depression

Over the **past two weeks**, how often have you experienced any of the following:

VarName	Question	Response options
DEP_1	Feeling depressed	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
DEP_2	Feeling sad	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
DEP_3	Feeling like nothing can make you happy	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
DEP_4	Thinking that others would be better off without you	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day

DEP_5	Feeling like you have let yourself, friends, or family down	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
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Loneliness

Over the **past two weeks**, how often have you experienced any of the following:

VarName	Question	Response options
LONE_1	Feeling like you don't have friends	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
LONE_2	Feeling left out	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
LONE_3	Feeling isolated from others	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
LONE_4	Feeling like no one understands you	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
LONE_5	Feeling excluded	1 = Not at all

		2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
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Social Anxiety

Over the **past two weeks**, how often have you experienced any of the following:

VarName	Question	Response options
SOCANX_1	Feeling an intense and persistent fear of a social situation in which people might judge you	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
SOCANX_2	Fearing that you will embarrass yourself	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day
SOCANX_3	Fearing that people will notice that you are anxious	1 = Not at all 2 = Several days 3 = Half the days 4 = Over half the days 5 = Nearly every day

Demographics

This part of the survey will help us understand your personal characteristics. There may be limitations to the response options provided, and the response categories offered may not represent your full identity nor use the language you prefer. We care about all identities and experiences and ask that you indicate which choice best describes you.

VarName	Question	Response options
SEX	What sex were you assigned at birth?	1 = Female 2 = Male 3 = Intersex
TRANS	Do you identify as transgender?	1 = No 2 = Yes
GENDER	Which term do you use to describe your gender identity?	1 = Woman or female 2 = Man or male 3 = Trans woman 4 = Trans man 5 = Genderqueer 7 = Agender 8 = Genderfluid 10 = Intersex 9 = Non-binary 6 = My identity is not listed above
GENDERTEXT	(if they select "My identity is not listed above" in GENDER) AKA GENDER_6 = 1 You selected that your gender identity was not listed in the previous question. What term do you use to describe your gender identity?	open response (GENDERTEXT)
SEX_OR	What term best describes your sexual orientation?	9 = Straight/Heterosexual 1 = Asexual 2 = Bisexual 3 = Gay 4 = Lesbian

VarName	Question	Response options
		5 = Pansexual 6 = Queer 7 = Questioning 10 = My identity is not listed above
SEX_ORTEXT	(if they select "My identity is not listed above" in SEX_OR) AKA SEX_OR_10 = 1 You selected that your sexual orientation identity was not listed in the previous question. What term do you use to describe your sexual orientation?	open response (SEX_ORTEXT)

VarName	Question	Response options
AGE	How old are you?	Open numeric entry
R_YEAR	Which best describes your current academic program?	1 = 1st year undergraduate 2 = 2nd year undergraduate 3 = 3rd year undergraduate 4 = 4th year undergraduate 5 = 5th year or more undergraduate 6 = Master's student (e.g. MA, MS, MEd, MFA, MBA, LLM, MPP, MPA, MPH, MSW or equivalent) 7 = Doctoral or professional student (e.g. PhD, EdD, JD, MD, DO, DDS, DNP, DPT, DrPH, AuD, PharmD or equivalent) 8 = Not enrolled in a degree program (e.g. certificate program, licensure program, completing prerequisites, non-degree student, special standing, etc.) 9 = Other
R_YEAR_9_TEXT	(if they select "Other" in R_YEAR) AKA R_YEAR = 9 You selected "other" for your current academic program. How would you best describe your current academic program?	open response (R_YEAR_9_TEXT)

RACE How do you usually describe yourself? (Please select ALL that apply) (“0” indicates that the option was not selected, “1” indicates that the option was selected)

VarName	Question	Response options
RACE_1	American Indian or Alaska Native	1 = Selected
RACE_2	Asian or Asian American	1 = Selected
RACE_3	Black or African American	1 = Selected
RACE_4	Hispanic or Latino/a/x	1 = Selected
RACE_5	Middle Eastern/North African (MENA) or Arab Origin	1 = Selected
RACE_6	Native Hawaiian or Other Pacific Islander Native	1 = Selected
RACE_7	White	1 = Selected
RACE_8	Biracial or Multiracial	1 = Selected
RACE_9	My identity is not listed above (please specify)	open response (RACE_9_TEXT)

(if they select “Hispanic or Latino/a/x” in RACE) AKA RACE_4 = 1

RACE_HISPANIC **Are you? (Please select ALL that apply)** (“0” indicates that the option was not selected, “1” indicates that the option was selected)

VarName	Question	Response options
RACE_HISPANIC_1	Mexican, Mexican American, Chicano	1 = Selected
RACE_HISPANIC_2	Puerto Rican	1 = Selected
RACE_HISPANIC_3	Cuban	1 = Selected
RACE_HISPANIC_4	Another Hispanic, Latino/a/x, or Spanish origin (please specify)	open response (RACE_HISPANIC_4_TEXT)

(if they select “Asian or Asian American” in RACE)

RACE_ASIAN **Are you? (Please select ALL that apply)** (“0” indicates that the option was not selected, “1” indicates that the option was selected)

VarName	Question	Response options
RACE_ASIAN_1	East Asian (for example: Chinese, Japanese, or Korean)	1 = Selected
RACE_ASIAN_2	Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)	1 = Selected
RACE_ASIAN_3	South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)	1 = Selected
RACE_ASIAN_4	Other Asian (please specify)	open response (RACE_ASIAN_4_TEXT)

VarName	Question	Response options
GREEK	Are you a member of a <u>social</u> fraternity or sorority?	1 = No 2 = Yes
GREEK_RES	Do you live in a fraternity or sorority residence?	1 = No 2 = Yes
RESIDENCE	(if GREEK_RES=1) Where do you currently live?	1 = Campus or university housing 2 = Parent/guardian/other family member's home 3 = Off-campus or other non-university housing that I rent or own 4 = Temporarily staying with a relative, friend, or "couch surfing" until I find housing 5 = I don't currently have a place to live 6 = Other (please specify) (RESIDENCE 6 TEXT)
GPA	What is your approximate cumulative grade average?	1 = A+ 2 = A 3 = A- 4 = B+ 5 = B 6 = B- 7 = C+ 8 = C 9 = C- 10 = D+ 11 = D 12 = D- 13 = F 14 = N/A

VarName	Question	Response options
SETTING	I am taking classes this term:	1 = Entirely in-person 2 = Entirely online 3 = A mix of in-person and online classes
ENROLL	What is your enrollment status?	1 = Full-time 2 = Part-time 3 = Other (please specify): <u>ENROLL 3 TEXT</u>
STUDY_US	Are you studying in the United State this semester/term <i>if yes, display VISA; if no, display VISA_2</i>	1 = No 2 = Yes
VISA	Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States?	1 = No 2 = Yes
VISA_2	Would you need a visa (for example: F-1, J-1, or M-1) to study or work in the United States? <i>(If you are an undocumented person in the US, please select the answer that best corresponds to how you think of yourself.)</i>	1 = No 2 = Yes
ATHLETICS_1-3	Do you participate in organized college athletics at any of the following levels? Varsity (ATHLETICS_1) Club Sports (ATHLETICS_2) Intramurals (ATHLETICS_3)	1 = No 2 = Yes

VarName	Question	Response options
CONDITIONS_1-10	Do you have any of the following? Attention-Deficit/Hyperactivity Disorder (ADD or ADHD) (CONDITIONS_1) Autism Spectrum Disorder (CONDITIONS_2) Blind/vision impairment (even when wearing glasses or contacts) (CONDITIONS_3) Chronic illness (e.g. cancer, diabetes, autoimmune disorder, etc.) (CONDITIONS_4) Deaf/Hearing impairment (CONDITIONS_5) Learning disorder(e.g. dyslexia, etc.) (CONDITIONS_6) Mobility/Dexterity impairment (CONDITIONS_7) Psychological or mental health condition (e.g. anxiety, depression, etc.) (CONDITIONS_8) Speech or language disorder (CONDITIONS_9) Traumatic brain injury (TBI) (CONDITIONS_10)	1 = No 2 = Yes
VETERAN	Are you currently or have you been a member of the Armed Services?	1 = No 2 = Yes and I have served in a geographic area of hazardous duty 3 = Yes and I have not served in a geographic area of hazardous duty

PARENT_EDU	What is the highest level of education completed by either of your parents (or guardians)?	1 = Did not finish high school 2= High school diploma or GED 3 = Attended college but did not complete degree 4 = Associate's degree (AA, AS, etc.) or trade/technical training 5 = Bachelor's degree (BA, BS, etc.) 6 = Master's degree (MA, MS, MFA, MBA, MPP, MPA, MPH, etc.) 7 = Doctoral or professional degree (PhD, EdD, JD, MD, etc.) 8 = Don't know
PARENT	Are you a parent or guardian of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?	1 = No 2 = Yes

VarName	Question	Response options
MAJOR-0 - 22	If YEAR is any of the following: 1 = 1st year undergraduate 2 = 2nd year undergraduate 3 = 3rd year undergraduate 4 = 4th year undergraduate 5 = 5th year or more undergraduate Which of these fields best describes your major? (select up to 2) Not yet selected a major (MAJOR_0) Agriculture (MAJOR_1) Biological/life sciences (biology, biochemistry, botany, zoology, etc.) (MAJOR_2) Business (accounting, business administration, marketing, management, etc.) (MAJOR_3) Communication (speech, journalism, television/radio, etc.) (MAJOR_4) Computer and information sciences (MAJOR_5) Education (MAJOR_6) Engineering (MAJOR_7) Ethnic, cultural studies, and area studies (MAJOR_8) Foreign languages and literature (French, Spanish, etc.) (MAJOR_9) Health-related fields (nursing, physical therapy, health technology, etc.) (MAJOR_10) History (MAJOR_11) Humanities (English, literature, philosophy, religion, etc.) (MAJOR_12) Liberal/general studies (MAJOR_13) Mathematics (MAJOR_14) Multi/interdisciplinary studies (international relations, ecology, environmental studies, etc.) (MAJOR_15) Parks, recreation, leisure studies, sports management (MAJOR_16)	1 = Selected

	Physical sciences (physics, chemistry, astronomy, earth science, etc.) (MAJOR_17) Pre-professional (pre-dental, pre-law, pre-medical, pre-veterinary) (MAJOR_18) Public administration (city management, law enforcement, etc.) (MAJOR_19) Social sciences (anthropology, economics, political science, psychology, sociology, etc.) (MAJOR_20) Visual and performing arts (art, music, theater, dance, etc.) (MAJOR_21) Other (please specify) (MAJOR_22) <u>MAJOR 22 TEXT</u>	
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Financial Resources

FIN_RES - Please indicate how often you have experienced the following during the current academic year:

VarName	Question	Response options
FIN_RES_1	During the current academic year, I have worried about being able to pay for my educational expenses	1 = Never 2 = Seldom 3 = Sometimes 4 = Often 5 = Very often
FIN_RES_2	During the current academic year, I was unable to participate in events and activities at school because I didn't have enough money	1 = Never 2 = Seldom 3 = Sometimes 4 = Often 5 = Very often
FIN_RES_3	During the current academic year, I have contributed money to help support family members who were not my own domestic partner or children	1 = Never 2 = Seldom 3 = Sometimes 4 = Often 5 = Very often

Work & Academic Plans

This set of items asks about your work and academic plans.

There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

How likely is it that you will do any of the following:

VarName	Question	Response options
OUTCOMES_1	Leave your school before graduating and transfer to another school?	1 = Very likely 2 = Moderately likely 3 = Slightly likely 4 = Slightly unlikely 5 = Moderately unlikely 6 = Very unlikely
OUTCOMES_2	Attend a graduate or professional school (e.g., law school, medical school, a PhD or master's program) within 6 months of graduating from your school?	1 = Very likely 2 = Moderately likely 3 = Slightly likely 4 = Slightly unlikely 5 = Moderately unlikely 6 = Very unlikely
OUTCOMES_3	Have a job (of any type) within 6 months of graduating from your school?	1 = Very likely 2 = Moderately likely 3 = Slightly likely 4 = Slightly unlikely 5 = Moderately unlikely 6 = Very unlikely
OUTCOMES_4	Leave your school before graduating without transferring to another school?	1 = Very likely 2 = Moderately likely 3 = Slightly likely 4 = Slightly unlikely 5 = Moderately unlikely 6 = Very unlikely

What would be your reason(s) for leaving your current college/university?

If OUTCOMES 1-4 are any of the following:

1 = Very likely

2 = Moderately likely

3 = Slightly likely

VarName	Question	Response options
OUTCOMES_LEAVING_1	Lack of safe and/or affordable housing	1 = No 2 = Yes
OUTCOMES_LEAVING_2	Financial concerns other than housing	1 = No 2 = Yes
OUTCOMES_LEAVING_3	Need to take care of family members/children	1 = No 2 = Yes
OUTCOMES_LEAVING_4	Conflicts with work responsibilities/schedule	1 = No 2 = Yes
OUTCOMES_LEAVING_5	Ongoing physical and/or mental health issues	1 = No 2 = Yes
OUTCOMES_LEAVING_6	Change in my academic plans and/or professional goals (e.g., institution doesn't have the academic program I want; I may not want my chosen degree anymore)	1 = No 2 = Yes
OUTCOMES_LEAVING_7	Poor academic performance	1 = No 2 = Yes
OUTCOMES_LEAVING_8	Negative experience at my college/university	1 = No 2 = Yes

OUTCOMES_ LEAVING__9	I don't feel like I fit in at my college/university	1 = No 2 = Yes
OUTCOMES_ LEAVING__10	Other (please specify)	1 = No 2 = Yes

Life Satisfaction

This set of items asks how satisfied you are with several areas in your life. There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Life satisfaction - Please rate how strongly you agree or disagree with the following statements:

VarName	Question	Response options
LIFESAT_1	So far, I have gotten the important things I want in life	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
LIFESAT_2	Overall, I would say that I am satisfied with my life	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
LIFESAT_3	I am satisfied with the direction my life is going	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree

Self-esteem

Please rate how strongly you agree or disagree with the following statements:

VarName	Question	Response options
SELFEST_1	I really like myself	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
SELFEST_2	On the whole, I am satisfied with myself	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
SELFEST_3	I feel that I have a number of good qualities	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree

Optimism

This set of items asks about your behaviors and attitudes toward life. *There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.*

Optimism - Please rate how strongly you agree or disagree with the following statements:

VarName	Question	Response options
OPT_1	When things are uncertain in life, I expect the best	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
OPT_2	Overall, I expect more good things to happen to me than bad	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
OPT_3	When I think about the future, I feel positive about it	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree

Positive Coping

This set of items asks about your behaviors and attitudes towards stressful events.

There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Outcomes: Coping self-efficacy - Please rate how strongly you agree or disagree with the following statements:

VarName	Question	Response options
COPING_1	I tend to take a long time to get over stressful events in my life	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
COPING_2	I have a hard time making it through stressful events	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
COPING_3	It is hard for me to tolerate it when something bad happens	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree

Activity Engagement

This set of items asks about the activities you are involved in.

There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

In an average week during the school year, do you participate in any group activities outside of your academic work? (ACT1) Some examples include sports/fitness/recreation, Greek life, student government or clubs, church or religious activities, volunteering, community organizations, political activities, visual and performing arts, gaming groups, and many more. Please think about all the group activities you are involved in, whether or not they are through your school, in-person or online/virtual.

Response options
1 = No 2 = Yes

Please think about all the activities you are involved in, whether or not they are through your school, in-person, or online/virtual. Thinking about all these activities, please rate how strongly you agree or disagree with the following statements:

VarName	Question	Response options
ACT2_1	I am involved in at least one activity that I enjoy	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
ACT2_2	I am involved in at least one activity that has expanded my skills	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree

ACT2_3	I am involved in at least one activity that is meaningful to me	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
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Academic Engagement

This set of items asks you about your academic experiences.

There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Please rate how strongly you agree or disagree with the following statements:

VarName	Question	Response options
ACAENG_1	During the current academic year, my classes have been generally interesting and engaging	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
ACAENG_2	During the current academic year, I have been able to find courses that are interesting to me	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
ACAENG_3	During the current academic year, the academic projects I have worked on have excited me	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree

Belonging

This set of items asks you about your sense of belonging at your school.

There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Please rate how strongly you agree or disagree with the following statements:

VarName	Question	Response options
BELONG_1	I feel a sense of belonging to my school	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
BELONG_2	I feel accepted at my school	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
BELONG_3	I feel included at my school	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree

BDISC - This set of items asks you about your experiences with discrimination at your school.

There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

During the current academic year, I have experienced discrimination at my school (e.g., being excluded from activities; receiving unfair treatment; being the target of disparaging jokes, slurs, or comments; etc.) as a result of my:

VarName	Question	Response options
BDISC_1	Racial/ethnic background	1 = No 2 = Yes
BDISC_2	Gender identity	1 = No 2 = Yes
BDISC_3	Religious affiliation	1 = No 2 = Yes
BDISC_4	Socioeconomic status	1 = No 2 = Yes
BDISC_5	Political beliefs	1 = No 2 = Yes
BDISC_6	Sexual orientation	1 = No 2 = Yes
BDISC_7	(physical mobility, learning ability, chronic illness, hearing/vision ability)	1 = No 2 = Yes

Meaning

This set of items asks you about your sense of meaning in life.

There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Outcomes - Please rate how strongly you agree or disagree with the following statements:

VarName	Question	Response options
MEANING_1	My life feels meaningful to me	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
MEANING_2	I do something meaningful with my life every day	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
MEANING_3	I live my life in a meaningful way	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree

Purpose

This set of items asks you about your goals in life.

By *goals*, we mean plans for your life after graduation.

There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Please rate how strongly you agree or disagree with the following statements:

VarName	Question	Response options
PURP_1	I have a set of goals that I care about for my life after graduation	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
PURP_2	I have a set of goals for my life after graduation that are in line with my true interests	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree
PURP_3	I have a set of goals for my life after graduation that are guided by my values	1 = Strongly disagree 2 = Disagree 3 = Slightly disagree 4 = Slightly agree 5 = Agree 6 = Strongly agree

Basic Security Needs

This set of items asks you about some basic needs.

There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Please indicate whether you have experienced any of the following:

VarName	Question	Response options
CAREMED_1	Do you currently know where to obtain medical care if you need it?	1 = No 2 = Yes
CAREMED_2	Can you currently afford to obtain medical care if you need it?	1 = No 2 = Yes
CAREMENT_1	Do you currently know where to obtain mental health care if you need it?	1 = No 2 = Yes
CAREMENT_2	Can you currently afford to obtain mental health care if you need it?	1 = No 2 = Yes

Food security – These questions are about the food you've eaten in the last 30 days and whether you were able to buy the food you needed. Please read the statements and answer to the best of your knowledge how often these statements have been true for you.

VarName	Question	Response options
RFOOD_1	Within the last 30 days, the food that I bought just didn't last, and I didn't have money to get more.	0 = Never true 1 = Sometimes true 2 = Often true
RFOOD_2	Within the last 30 days, I couldn't afford to eat balanced meals.	0 = Never true 1 = Sometimes true 2 = Often true
RFOOD_3	Within the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?	0 = No 1 = Only 1 or 2 days 2 = Yes, some days, but not every day 3 = Yes, almost every day

RFOOD_4	Within the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?	0 = No 1 = Yes
RFOOD_5	In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?	0 = No 1 = Yes