



AMERICAN  
COLLEGE  
HEALTH  
ASSOCIATION

## ACHA Consulting Helps University Navigate Shift from Outsourced to In-House Healthcare Model

### Creating an Independent, Student-Centered Health System

When a Midwestern regional university's contract with an outsourced health services provider ended, the institution faced a critical decision: how to successfully transition to an independent healthcare model without disrupting student care. Turning to ACHA Consulting for expert guidance, the university explored multiple healthcare delivery options and identified the advantages of establishing an on-campus system.

#### THE CHALLENGES

- Shifting from outsourced health services to an internal system required careful planning.
- Students and staff were uncertain about maintaining continuity of care.
- The university needed a financially accessible healthcare solution.
- Health and counseling services lacked integration, limiting their effectiveness.

#### THE KEY FINDINGS

- ACHA Consultants presented three potential healthcare delivery models.
- A multipath approach allowed the university to evaluate and select the best fit for its students.
- Continuity of care and financial accessibility were identified as top priorities.

#### THE RESULTS

ACHA consultants offered multiple roadmaps to providing better, more accessible healthcare to students.

- The university chose a new path toward establishing a sustainable, cost-effective healthcare system that enhances service quality.
- Student well-being remains a core focus, aligning with the institution's mission to foster a healthy, supportive learning environment.

Whether you need advice on healthcare delivery models or more, ACHA Consulting has you covered. Contact us at [consulting@acha.org](mailto:consulting@acha.org).