



AMERICAN  
COLLEGE  
HEALTH  
ASSOCIATION

## ACHA Consulting Guides Residential High School Through Leadership Transition

### Ensuring Strong, Accessible Student Health Services

When a residential high school lost its longtime medical director, it faced a critical leadership gap that threatened continuity of care. At the same time, growing mental health needs—exacerbated by COVID-19 and a recent student tragedy—placed additional strain on the school’s health services. Seeking expert guidance, the school partnered with ACHA Consulting to develop a strategic plan that strengthened healthcare access, expanded mental health support, and ensured long-term sustainability.

#### THE CHALLENGES

- The departure of the medical director left a major leadership void.
- Increased mental health needs required stronger support systems.
- Ensuring psychiatric care for underinsured students posed financial challenges.

#### THE KEY FINDINGS

- Establishing a senior leadership position dedicated to student well-being would help the transition to a new care model.
- Expanded clinical staff coverage would help improve accessibility.
- A strategy for securing psychiatric care for underinsured students was needed.
- Mental health outreach and preventative care initiatives needed strengthening.
- A long-term strategic plan for student health services was essential.

#### THE RESULTS

ACHA consultants developed a strategy to help the school improve healthcare access and support student well-being.

- ACHA’s guidance led to better access, reduced emergency visits, and a more inclusive environment.
- The school is now equipped to provide comprehensive health services that support both academic success and personal well-being.

**Residential schools face similar health and well-being challenges as colleges and universities. For those needs, ACHA Consulting has you covered. Contact us at [consulting@acha.org](mailto:consulting@acha.org).**