



NATIONAL COLLEGE HEALTH ASSESSMENT

# GRADUATE/PROFESSIONAL STUDENT Reference Group

## Data Report

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## Spring 2023

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

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AMERICAN COLLEGE HEALTH ASSOCIATION

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Updated report posted on April 8, 2024

### Demographics of Participating Institutions

One hundred twenty-seven postsecondary institutions self-selected to participate in the Spring 2023 ACHA National College Health Assessment and 79,137 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all students or used a random sampling technique, and used the ACHA-NCHA III (currently only offered as a web survey) are included in the analysis, yielding a final data set consisting of 78,024 students at 125 schools. **This report includes only data from 21,047 GRADUATE and PROFESSIONAL students at 94 schools.** Demographic characteristics of the 94 campuses follow.

<b>Demographical Characteristics of the 94 US Postsecondary Institutions Included in the Spring 2023 ACHA-NCHA III GRADUATE Reference Group</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
Type of Institution	
Public	64
Private	30
2-year	5
4-year or above	89
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	19
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	13
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX, VA, WV)	20
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	42
Campus Size	
< 2,500 students	12
2,500 – 4,999 students	17
5,000 – 9,999 students	17
10,000 – 19,999 students	13
20,000 students or more	35
Campus Setting	
Very large city (population over 500,000)	23
Large city (population 250,000-499,999)	10
Small city (population 50,000-249,999)	35
Large town (population 10,000-49,999)	18
Small town (population 2,500-9,999)	6
Rural community (population under 2,500)	2
Carnegie Classification	
Associates Colleges	5
Baccalaureate Colleges	7
Baccalaureate/Associates Colleges	2
Masters Colleges and Universities	21
Doctoral Universities	59
Special Focus Institutions	0
Miscellaneous/Not Classified	0

<b>Demographical Characteristics of the 94 US Postsecondary Institutions Included in the Spring 2023 ACHA-NCHA III GRADUATE Reference Group</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
ACHA Membership Status	
Institutional Member	85
Nonmember	9
Religious Affiliation	
No	82
Yes	12
<u>If yes:</u>	
Catholic	5
Protestant or Other Christian	7
Postsecondary Minority Institution (US Department of Education)	
No	73
Yes	21
<u>*If yes:</u>	
Historically Black College or University (HBCU)	0
Hispanic-serving Institution (HSI)	11
Tribal College or University	1
Predominately Black Institution	0
Asian American and Native American Pacific Islander-serving	13
Alaska Native-serving or Native Hawaiian-serving Institution	0
Native American-serving Nontribal Institution	3
*institutions may hold more than one type of minority status	
<b>NOTE:</b> In an effort to protect the identity of the participating institutions, the minority institution status variables have been recoded into a single dichotomous (yes/no) variable in the Reference Group SPSS data files. Secondary researchers with access to the blind data files will not be able to ascertain which type of minority status designation an institution holds.	

<b>GRADUATE</b>	<b>Spring 2023 Institutions</b>
Number of institutions	94
Number of students	21,047
Mean response proportion*	11%
Median response proportion*	10%

\*Calculation of response proportion is based all students surveyed at the institution, and not limited to only graduate and professional student responses.

**We need to draw your attention to an important change in your ACHA-NCHA Report documents. Beginning in Spring 2021, responses for transgender and gender-nonconforming students are readily available directly in the report documents. This represents an important change in the way we have been reporting ACHA-NCHA results. We've prepared the following information to better explain the specific changes, our reasoning for doing so, and tips for using these redesigned report documents.**

**I. What we've done to date**

- The ACHA-NCHA has asked respondents about their gender identity for 12 years.
- Data on transgender and gender-nonconforming (TGNC) students was available in the data file, but not displayed explicitly in the report documents in an effort to protect the privacy of TGNC students, particularly those students in smaller campus environments and at schools that publicly shared their ACHA-NCHA report documents.
- We have been trying to find the right balance between protecting students' privacy and making the results accessible to campus surveyors who may not use the statistical software that would be required to extract this information directly from the data files. Until now, we've erred on the side of protecting student privacy.

**II. Why change?**

- The number of TGNC students in our samples has been increasing over the years. Between 2008 and 2015, the number of students identifying as TGNC was very small (less than 0.05%). We've learned over the years that gender identity is complex and fluid. To better capture this complexity, we began asking separate questions about sex at birth and gender identity in Fall 2015. Now TGNC students tend to represent 3-4% of the overall sample.
- With greater number of students identifying as TGNC on the ACHA-NCHA in recent years, we have a better opportunity to understand their needs and behaviors than we have in years past.
- A number of health disparities between TGNC students and their cisgender peers have been well documented<sup>[1]</sup>, and schools need readily available access to this data in order to better address the needs of TGNC students.

**III. What's different about the way we are reporting?**

- First – a note about how we have been reporting ACHA-NCHA results to date. RSEX is a variable we create based on the responses to the questions on sex at birth, whether or not a student identifies as transgender, and their gender identity. The RSEX variable had allowed us to sort respondents into 4 groups for reporting purposes: male, female, non-binary, and missing. (Details about this variable can be found in all report documents.)
- The value labels for RSEX have been revised to better represent gender identity rather than sex. A value of "1" has been changed from "Male" to "Cis Men<sup>[2]</sup>." A "2" has been changed from "Female" to "Cis Women<sup>[3]</sup>." The value "3" has been changed from "non-binary" to "Transgender and Gender-Nonconforming" (TGNC), as it's a more accurate and inclusive term. The value "4" on RSEX remains "missing/unknown" and is used for students who do not answer all three questions.
- The "missing/unknown" column in the Data Report document has been replaced with a "Trans/Gender-Nonconforming" column. Because space limitations in the report prevent us from displaying all 4 categories plus a total column in the same document, it's now the "missing/unknown" column that is not displayed. Now when the Total of any given row is higher than the sum of the cis men, cis women, and TGNC respondents, the difference can be attributed to "missing/unknown" respondents that selected the response option presented in that row.
- A column for "Trans/Gender-Nonconforming" has been added the Executive Summary Report document.

**IV. Important considerations with this new format**

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

**Questions about this report? Please reach out to Christine Kukich at [Ckukich@acha.org](mailto:Ckukich@acha.org)**

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[1] Greathouse M, BrckaLorenz A, Hoban M, Huseman R, Rankin S, Stolzenberg EB. (2018). Queer-spectrum and trans-spectrum student experiences in American higher education: The analysis of national survey findings. New Brunswick, NJ: Tyler Clementi Center, Rutgers University.

[2] Cisgender refers to people whose gender identity matches their sex assigned at birth. Cis men is short for "cisgender men" and is a term used to describe persons who identify as men and were assigned male at birth.

[3] Cis women is short for "cisgender women" and is a term used to describe persons who identify as women and were assigned female at birth.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

### GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.

#### A note about the use of sex and gender in this report:

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

#### 1) How would you describe your overall health?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	1194	20	1474	11	63	8	2758	13.7
2 Very good	2620	44	5528	42	251	30	8470	41.9
3 Good	1717	29	4728	36	354	43	6879	34.1
4 Fair	418	7	1258	10	131	16	1832	9.1
5 Poor	62	1	150	1	34	4	254	1.3
Valid responses =	6011	30	13138	65	833	4	20193	95.9
Invalid responses include no response.								

#### 2A) I feel that I belong at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	141	2	252	2	33	4	443	2.1
2 Disagree	201	3	437	3	62	7	714	3.4
3 Somewhat disagree	356	6	870	6	84	10	1331	6.3
4 Somewhat agree	1288	21	3332	24	267	31	4946	23.5
5 Agree	2669	43	5928	44	310	36	8981	42.8
6 Strongly agree	1632	26	2814	21	114	13	4593	21.9
Valid responses =	6287	30	13633	65	870	4	21008	99.8
Invalid responses include no response.								

#### 2B) I feel that students' health and well-being is a priority at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	215	3	435	3	65	8	741	3.5
2 Disagree	282	5	746	6	103	12	1154	5.5
3 Somewhat disagree	560	9	1410	10	135	16	2140	10.2
4 Somewhat agree	1785	28	4334	32	300	35	6496	30.9
5 Agree	2306	37	4762	35	206	24	7309	34.8
6 Strongly agree	1136	18	1932	14	61	7	3149	15.0
Valid responses =	6284	30	13619	65	870	4	20989	99.7
Invalid responses include no response.								

#### 2C) At my college/university, I feel that the campus climate encourages free and open discussion about students' health and well-being.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	153	2	307	2	48	6	531	2.5
2 Disagree	204	3	543	4	74	9	835	4.0
3 Somewhat disagree	457	7	1102	8	118	14	1714	8.2
4 Somewhat agree	1626	26	3938	29	270	31	5905	28.2
5 Agree	2466	39	5250	39	265	31	8024	38.3
6 Strongly agree	1367	22	2459	18	93	11	3948	18.8
Valid responses =	6273	30	13599	65	868	4	20957	99.6
Invalid responses include no response.								



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## 2D) At my college/university, we are a campus where we look out for each other.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	200	3	371	3	51	6	643	3.1
2 Disagree	300	5	641	5	87	10	1048	5.0
3 Somewhat disagree	649	10	1516	11	133	15	2332	11.1
4 Somewhat agree	1922	31	4517	33	311	36	6825	32.6
5 Agree	2161	35	4567	34	201	23	6970	33.3
6 Strongly agree	1036	17	1973	15	83	10	3117	14.9
Valid responses =	6268	30	13585	65	866	4	20935	99.5

Invalid responses include no response.

## 3A) How many hours do you spend in a typical week (7 days) on the following activities?

Attending classes, discussion sections, or labs

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	348	6	675	5	54	6	1087	5.2
2 1-5 hours	1389	22	3182	23	202	23	4825	23.0
3 6-10 hours	1931	31	4284	31	298	34	6584	31.3
4 11-15 hours	1172	19	2488	18	169	19	3868	18.4
5 16-20 hours	644	10	1370	10	78	9	2116	10.1
6 21-25 hours	251	4	560	4	27	3	844	4.0
7 26-30 hours	185	3	424	3	18	2	634	3.0
8 More than 30 hours	376	6	642	5	24	3	1052	5.0
Valid responses =	6296	30	13625	65	870	4	21010	99.8

Invalid responses include no response.

## 3B) How many hours do you spend in a typical week (7 days) on the following activities?

Studying and other academic activities outside of class

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	106	2	151	1	17	2	279	1.3
2 1-5 hours	993	16	2628	19	153	18	3803	18.1
3 6-10 hours	1410	22	3352	25	190	22	5001	23.8
4 11-15 hours	1038	17	2382	18	167	19	3623	17.3
5 16-20 hours	884	14	1981	15	135	16	3044	14.5
6 21-25 hours	561	9	1117	8	79	9	1777	8.5
7 26-30 hours	447	7	832	6	41	5	1335	6.4
8 More than 30 hours	847	14	1166	9	86	10	2117	10.1
Valid responses =	6286	30	13609	65	868	4	20979	99.7

Invalid responses include no response.

## 3C) How many hours do you spend in a typical week (7 days) on the following activities?

Attending cultural events, movies, concerts, sports or other entertainment with others

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1576	25	3966	29	277	32	5874	28.0
2 1-5 hours	3477	55	7944	58	469	54	12003	57.2
3 6-10 hours	805	13	1215	9	87	10	2136	10.2
4 11-15 hours	242	4	301	2	18	2	569	2.7
5 16-20 hours	93	2	118	1	7	1	223	1.1
6 21-25 hours	46	1	38	0	4	1	89	0.4
7 26-30 hours	22	0	22	0	2	0	48	0.2
8 More than 30 hours	12	0	16	0	5	1	35	0.2
Valid responses =	6273	30	13620	65	869	4	20977	99.7

Invalid responses include no response.

## 3D) How many hours do you spend in a typical week (7 days) on the following activities?

Performing community service or volunteer activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3999	64	8231	61	546	63	12894	61.5
2 1-5 hours	1831	29	4470	33	241	28	6613	31.5
3 6-10 hours	240	4	515	4	44	5	808	3.9
4 11-15 hours	91	1	170	1	15	2	281	1.3
5 16-20 hours	51	1	112	1	10	1	178	0.8
6 21-25 hours	32	1	64	1	5	1	103	0.5
7 26-30 hours	23	0	19	0	2	0	45	0.2
8 More than 30 hours	12	0	29	0	4	1	47	0.2
Valid responses =	6279	30	13610	65	867	4	20969	99.6

Invalid responses include no response.



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## 3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1076	17	3086	23	258	30	4470	21.3
2 1-5 hours	2822	45	7018	52	416	48	10354	49.3
3 6-10 hours	1642	26	2625	19	141	16	4447	21.2
4 11-15 hours	453	7	595	4	36	4	1097	5.2
5 16-20 hours	162	3	183	1	6	1	356	1.7
6 21-25 hours	76	1	62	1	8	1	149	0.7
7 26-30 hours	28	0	31	0	2	0	64	0.3
8 More than 30 hours	28	0	24	0	4	1	59	0.3
Valid responses =	6287	30	13624	65	871	4	20996	99.8

Invalid responses include no response.

## 3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4142	66	9317	68	644	74	14251	67.9
2 1-5 hours	1630	26	3591	26	172	20	5435	25.9
3 6-10 hours	290	5	471	4	30	3	800	3.8
4 11-15 hours	90	1	121	1	6	1	223	1.1
5 16-20 hours	54	1	56	0	7	1	119	0.6
6 21-25 hours	25	0	28	0	5	1	60	0.3
7 26-30 hours	18	0	18	0	0	0	38	0.2
8 More than 30 hours	22	0	16	0	6	1	48	0.2
Valid responses =	6271	30	13618	65	870	4	20974	99.7

Invalid responses include no response.

## 3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3907	62	9207	68	557	64	13796	65.8
2 1-5 hours	1839	29	3709	27	254	29	5875	28.0
3 6-10 hours	314	5	455	3	28	3	800	3.8
4 11-15 hours	102	2	143	1	17	2	264	1.3
5 16-20 hours	59	1	52	0	6	1	121	0.6
6 21-25 hours	19	0	19	0	1	0	41	0.2
7 26-30 hours	23	0	11	0	0	0	35	0.2
8 More than 30 hours	12	0	13	0	4	1	31	0.1
Valid responses =	6275	30	13609	65	867	4	20963	99.6

Invalid responses include no response.

## 3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	463	7	899	7	66	8	1450	6.9
2 1-5 hours	2979	48	7594	56	439	51	11115	53.1
3 6-10 hours	1789	29	3494	26	225	26	5560	26.6
4 11-15 hours	627	10	1014	8	82	9	1738	8.3
5 16-20 hours	227	4	346	3	30	4	614	2.9
6 21-25 hours	72	1	118	1	14	2	208	1.0
7 26-30 hours	50	1	57	0	2	0	110	0.5
8 More than 30 hours	55	1	59	0	10	1	128	0.6
Valid responses =	6262	30	13581	65	868	4	20923	99.4

Invalid responses include no response.

## 3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3686	59	9099	68	634	74	13544	65.2
2 1-5 hours	1970	32	3727	28	181	21	5950	28.6
3 6-10 hours	367	6	462	3	29	3	864	4.2
4 11-15 hours	116	2	117	1	10	1	243	1.2
5 16-20 hours	48	1	46	0	1	0	97	0.5
6 21-25 hours	20	0	17	0	2	0	41	0.2
7 26-30 hours	13	0	8	0	0	0	23	0.1
8 More than 30 hours	9	0	8	0	4	1	24	0.1
Valid responses =	6229	30	13484	65	861	4	20786	98.8

Invalid responses include no response.



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## 3J) How many hours do you spend in a typical week (7 days) on the following activities?

### Spending time with family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2223	36	3892	29	345	40	6538	31.3
2 1-5 hours	2170	35	5417	40	311	36	7966	38.1
3 6-10 hours	719	12	1801	13	75	9	2615	12.5
4 11-15 hours	327	5	824	6	47	5	1211	5.8
5 16-20 hours	238	4	485	4	32	4	766	3.7
6 21-25 hours	130	2	227	2	6	1	367	1.8
7 26-30 hours	100	2	174	1	6	1	283	1.4
8 More than 30 hours	343	6	764	6	47	5	1168	5.6
Valid responses =	6250	30	13584	65	869	4	20914	99.4

Invalid responses include no response.

## 3K) How many hours do you spend in a typical week (7 days) on the following activities?

### Watching TV, streaming movies/TV, or other media for entertainment

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	369	6	651	5	48	6	1084	5.2
2 1-5 hours	2341	37	5746	42	327	38	8492	40.5
3 6-10 hours	1975	32	4315	32	250	29	6605	31.5
4 11-15 hours	863	14	1720	13	134	15	2745	13.1
5 16-20 hours	394	6	648	5	62	7	1118	5.3
6 21-25 hours	165	3	265	2	21	2	455	2.2
7 26-30 hours	73	1	128	1	10	1	215	1.0
8 More than 30 hours	96	2	141	1	17	2	258	1.2
Valid responses =	6276	30	13614	65	869	4	20972	99.6

Invalid responses include no response.

## 3L) How many hours do you spend in a typical week (7 days) on the following activities?

### Gaming

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3050	49	10471	77	437	50	14079	67.3
2 1-5 hours	1757	28	2126	16	239	28	4167	19.9
3 6-10 hours	774	12	590	4	112	13	1497	7.2
4 11-15 hours	354	6	230	2	40	5	636	3.0
5 16-20 hours	175	3	87	1	23	3	290	1.4
6 21-25 hours	73	1	34	0	7	1	121	0.6
7 26-30 hours	38	1	28	0	3	0	70	0.3
8 More than 30 hours	50	1	16	0	7	1	74	0.4
Valid responses =	6271	30	13582	65	868	4	20934	99.5

Invalid responses include no response.

## 3M) How many hours do you spend in a typical week (7 days) on the following activities?

### Using social media

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	737	12	852	6	77	9	1694	8.1
2 1-5 hours	2536	41	5778	43	315	37	8714	41.7
3 6-10 hours	1698	27	4110	30	255	30	6115	29.3
4 11-15 hours	738	12	1630	12	112	13	2504	12.0
5 16-20 hours	294	5	629	5	53	6	989	4.7
6 21-25 hours	110	2	273	2	15	2	402	1.9
7 26-30 hours	59	1	130	1	16	2	208	1.0
8 More than 30 hours	73	1	165	1	15	2	255	1.2
Valid responses =	6245	30	13567	65	858	4	20881	99.2

Invalid responses include no response.

## 3N) How many hours do you spend in a typical week (7 days) on the following activities?

### Commuting to school and/or to work

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	562	9	1297	10	71	8	1946	9.3
2 1-5 hours	4063	65	8589	63	534	62	13332	63.9
3 6-10 hours	1154	19	2730	20	192	22	4110	19.7
4 11-15 hours	290	5	621	5	48	6	969	4.6
5 16-20 hours	75	1	162	1	7	1	246	1.2
6 21-25 hours	42	1	57	0	5	1	106	0.5
7 26-30 hours	23	0	38	0	2	0	65	0.3
8 More than 30 hours	32	1	54	0	7	1	94	0.5
Valid responses =	6241	30	13548	65	866	4	20868	99.1

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

## 3O) How many hours do you spend in a typical week (7 days) on the following activities?

### Working for pay

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2382	38	4228	31	207	24	6886	33.1
2 1-5 hours	477	8	1191	9	59	7	1743	8.4
3 6-10 hours	573	9	1419	11	113	13	2130	10.2
4 11-15 hours	417	7	1103	8	80	9	1615	7.8
5 16-20 hours	772	12	1629	12	132	15	2559	12.3
6 21-25 hours	229	4	623	5	52	6	913	4.4
7 26-30 hours	144	2	520	4	37	4	708	3.4
8 More than 30 hours	1227	20	2803	21	181	21	4257	20.5
Valid responses =	6221	30	13516	65	861	4	20811	98.9

Invalid responses include no response.

## 3P) How many hours do you spend in a typical week (7 days) on the following activities?

### Participating in meditation or meditative activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4421	71	8982	66	535	62	14080	67.3
2 1-5 hours	1489	24	4092	30	265	31	5901	28.2
3 6-10 hours	195	3	305	2	41	5	548	2.6
4 11-15 hours	65	1	97	1	13	2	177	0.8
5 16-20 hours	39	1	46	0	4	1	91	0.4
6 21-25 hours	21	0	20	0	2	0	44	0.2
7 26-30 hours	18	0	16	0	1	0	37	0.2
8 More than 30 hours	16	0	19	0	5	1	40	0.2
Valid responses =	6264	30	13577	65	866	4	20918	99.4

Invalid responses include no response.

## 3Q) How many hours do you spend in a typical week (7 days) on the following activities?

### Performing unpaid household responsibilities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	752	12	847	6	27	3	1639	7.8
2 1-5 hours	3145	50	6832	50	430	49	10501	50.0
3 6-10 hours	1553	25	3680	27	265	30	5558	26.5
4 11-15 hours	472	8	1179	9	81	9	1754	8.4
5 16-20 hours	177	3	501	4	30	3	719	3.4
6 21-25 hours	75	1	237	2	17	2	332	1.6
7 26-30 hours	47	1	122	1	5	1	181	0.9
8 More than 30 hours	62	1	224	2	16	2	304	1.4
Valid responses =	6283	30	13622	65	871	4	20988	99.7

Invalid responses include no response.

## 3R) How many hours do you spend in a typical week (7 days) on the following activities?

### Taking care of children or other family members (unpaid)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5014	80	10250	75	701	81	16124	76.9
2 1-5 hours	468	8	1394	10	87	10	1970	9.4
3 6-10 hours	251	4	517	4	28	3	801	3.8
4 11-15 hours	142	2	242	2	15	2	406	1.9
5 16-20 hours	112	2	226	2	5	1	348	1.7
6 21-25 hours	58	1	111	1	8	1	180	0.9
7 26-30 hours	46	1	119	1	1	0	169	0.8
8 More than 30 hours	189	3	757	6	26	3	980	4.7
Valid responses =	6280	30	13616	65	871	4	20978	99.7

Invalid responses include no response.

## 4) How do you describe your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	54	1	67	1	11	1	134	0.6
2 Slightly underweight	603	10	927	7	78	9	1630	7.8
3 About the right weight	3108	49	7047	52	389	45	10648	50.7
4 Slightly overweight	2180	35	4488	33	308	36	7042	33.5
5 Very overweight	356	6	1102	8	82	9	1564	7.4
Valid responses =	6301	30	13631	65	868	4	21018	99.9

Invalid responses include no response.



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## 5) Are you trying to do any of the following about your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	1234	20	2832	21	307	35	4438	21.1
2 Stay the same weight	1532	24	2927	22	146	17	4647	22.1
3 Lose weight	2737	43	7456	55	364	42	10659	50.7
4 Gain weight	797	13	423	3	54	6	1283	6.1
Valid responses =	6300	30	13638	65	871	4	21027	99.9

Invalid responses include no response.

## 6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	241	4	460	3	40	5	745	3.6
1 1 to 149 Minutes	2774	44	6322	47	421	49	9620	46.1
2 150 to 299 Minutes	1642	26	3491	26	196	23	5387	25.8
3 300 or More Minutes	1595	26	3286	24	210	24	5136	24.6
Valid responses =	6252	30	13559	65	867	4	20888	99.2

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	219.30	150.00	285	0	5040
Cis Women	215.07	143.00	285.97	0	5040
Trans/Gender Non-conforming	208.42	120.00	251.97	0	3600
Overall	215.87	150.00	283.62	0	5040

## 7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	1687	27	5160	38	364	42	7279	34.9
1 1 to 74 Minutes	1719	28	3737	28	246	29	5764	27.6
2 75 to 149 Minutes	943	15	1823	14	119	14	2913	14.0
3 150 or More Minutes	1907	31	2814	21	134	16	4906	23.5
Valid responses =	6256	30	13534	65	863	4	20862	99.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	128.55	60.00	187.78	0	3000
Cis Women	87.00	30.00	141.33	0	3000
Trans/Gender Non-conforming	75.94	20.00	142.6	0	1500
Overall	99.28	45.00	158.4	0	3000

## 8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	2135	34	5456	40	397	46	8072	38.4
1 1 day	752	12	2013	15	122	14	2908	13.8
2 2 days	849	14	2118	16	128	15	3128	14.9
3 3 days	954	15	1832	13	103	12	2922	13.9
4 4 days	635	10	992	7	58	7	1704	8.1
5 5 days	527	8	736	5	33	4	1310	6.2
6 6 days	261	4	295	2	17	2	578	2.8
7 7 days	178	3	187	1	12	1	382	1.8
Valid responses =	6291	30	13629	65	870	4	21004	99.8

Invalid responses include no response.



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9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?

One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.

If you do not drink sugar-sweetened beverages, please enter 0.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	2751	44	5438	40	310	36	8601	41.2
2 1 serving	1303	21	3027	22	223	26	4594	22.0
3 2 servings	698	11	1737	13	120	14	2576	12.3
4 3 servings	386	6	910	7	71	8	1376	6.6
5 4 servings	228	4	462	3	28	3	727	3.5
6 5 servings	202	3	426	3	15	2	649	3.1
7 6 servings	115	2	247	2	14	2	380	1.8
8 7 servings	163	3	455	3	30	4	655	3.1
9 8 servings	48	1	146	1	5	1	200	1.0
10 9 or more servings	351	6	691	5	50	6	1101	5.3
Valid responses =	6245	30	13539	65	866	4	20859	99.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.14	1.00	3.99	0	30
Cis Women	2.15	1.00	3.71	0	30
Trans/Gender Non-conforming	2.20	1.00	3.7	0	30
Overall	2.15	1.00	3.79	0	30

9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?

(for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	4807	78	11248	84	688	80	16916	81.6
2 1-2 days	540	9	919	7	59	7	1530	7.4
3 3-4 days	249	4	365	3	46	5	668	3.2
4 5-10 days	336	5	520	4	36	4	901	4.3
5 11-15 days	78	1	132	1	11	1	223	1.1
6 16-20 days	61	1	103	1	8	1	173	0.8
7 21-25 days	56	1	59	0	5	1	120	0.6
8 26-30 days	74	1	105	1	8	1	189	0.9
Valid responses =	6201	30	13451	65	861	4	20720	98.4

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	1.57	0.00	4.8	0	30
Cis Women	1.08	0.00	3.98	0	30
Trans/Gender Non-conforming	1.35	0.00	4.35	0	30
Overall	1.24	0.00	4.26	0	30

10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	962	15	1516	11	145	17	2655	12.7
2 1-2 servings per day	4233	67	9788	72	582	67	14735	70.2
3 3-4 servings per day	924	15	1989	15	124	14	3073	14.6
4 5-6 servings per day	121	2	246	2	13	2	387	1.8
5 More than 6 servings per day	45	1	78	1	4	1	129	0.6
Valid responses =	6285	30	13617	65	868	4	20979	99.7

Invalid responses include no response.

11) In the last 7 days, how many servings of vegetables did you eat on average per day?

One serving is 1/2 cup of fresh, frozen, or canned vegetables; 3/4 cup 100% vegetable juice; or 1 cup salad greens

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	408	7	616	5	49	6	1088	5.2
2 1-2 servings per day	3736	59	8027	59	497	57	12375	58.9
3 3-4 servings per day	1750	28	4129	30	255	29	6197	29.5
4 5-6 servings per day	300	5	657	5	60	7	1031	4.9
5 More than 6 servings per day	97	2	200	2	9	1	308	1.5
Valid responses =	6291	30	13629	65	870	4	20999	99.8

Invalid responses include no response.



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Number of Surveys (n) = 21047 Web Surveys

12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

The food that I bought just didn't last, and I didn't have money to get more

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	3851	61	8474	62	457	53	12898	61.6
1 Sometimes True	1964	31	4088	30	300	35	6425	30.7
2 Often True	455	7	1034	8	111	13	1620	7.7
Valid responses =	6270	30	13596	65	868	4	20943	99.5
Invalid responses include no response.								

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

I couldn't afford to eat balanced meals.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	3780	60	8217	61	435	50	12545	60.0
1 Sometimes True	1775	28	4018	30	276	32	6135	29.3
2 Often True	711	11	1346	10	157	18	2245	10.7
Valid responses =	6266	30	13581	65	868	4	20925	99.4
Invalid responses include no response.								

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	4146	66	9353	69	512	59	14139	67.3
1 Only 1 or 2 days	904	14	1996	15	146	17	3077	14.6
2 Yes, some days, but not every day	979	16	1878	14	156	18	3052	14.5
3 Yes, almost every day	268	4	412	3	56	6	748	3.6
Valid responses =	6297	30	13639	65	870	4	21016	99.9
Invalid responses include no response.								

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	4654	74	10467	77	572	66	15835	75.4
1 Yes	1638	26	3168	23	297	34	5171	24.6
Valid responses =	6292	30	13635	65	869	4	21006	99.8
Invalid responses include no response.								

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5114	81	11524	85	652	75	17446	83.0
1 Yes	1185	19	2120	16	219	25	3577	17.0
Valid responses =	6299	30	13644	65	871	4	21023	99.9
Invalid responses include no response.								

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	833	13	1570	12	74	9	2498	11.9
2 5-15 minutes	2273	36	4443	33	245	28	7025	33.4
3 16-30 minutes	1650	26	3606	26	238	27	5545	26.4
4 31 minutes - 1 hour	1072	17	2610	19	213	25	3939	18.7
5 over 1 hour	462	7	1411	10	101	12	2007	9.6
Valid responses =	6290	30	13640	65	871	4	21014	99.8
Invalid responses include no response.								

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	62	1	98	1	11	1	175	0.8
2 4 hours	155	3	322	2	24	3	510	2.4
3 5 hours	630	10	1312	10	84	10	2051	9.8
4 6 hours	1802	29	3582	26	213	25	5651	26.9
5 7 hours	2423	39	4935	36	314	36	7745	36.9
6 8 hours	1023	16	2714	20	165	19	3936	18.7
7 9 hours	156	3	547	4	49	6	764	3.6
8 10 or more hours	43	1	132	1	10	1	185	0.9
Valid responses =	6294	30	13642	65	870	4	21017	99.9
Invalid responses include no response.								



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Number of Surveys (n) = 21047 Web Surveys

15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	37	1	74	1	9	1	121	0.6
2 4 hours	95	2	155	1	11	1	267	1.3
3 5 hours	266	4	537	4	30	4	844	4.0
4 6 hours	892	14	1580	12	100	12	2597	12.4
5 7 hours	1715	27	3184	23	195	22	5145	24.5
6 8 hours	2120	34	4681	34	269	31	7142	34.0
7 9 hours	885	14	2504	18	170	20	3593	17.1
8 10 or more hours	281	5	921	7	85	10	1300	6.2
Valid responses =	6291	30	13636	65	869	4	21009	99.8

Invalid responses include no response.

16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	3022	48	6566	48	395	45	10065	48.0
2 1 day	1242	20	2626	19	180	21	4093	19.5
3 2 days	930	15	2021	15	121	14	3102	14.8
4 3 days	457	7	1062	8	64	7	1609	7.7
5 4 days	200	3	490	4	35	4	733	3.5
6 5 days	214	3	395	3	33	4	651	3.1
7 6 days	67	1	155	1	8	1	232	1.1
8 7 days	154	2	301	2	35	4	495	2.4
Valid responses =	6286	30	13616	65	871	4	20980	99.7

Invalid responses include no response.

16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	486	8	539	4	25	3	1061	5.1
2 1 day	839	13	1176	9	49	6	2081	9.9
3 2 days	1347	21	2216	16	125	14	3725	17.7
4 3 days	1072	17	2305	17	134	15	3548	16.9
5 4 days	730	12	1738	13	103	12	2591	12.3
6 5 days	683	11	1817	13	117	13	2641	12.6
7 6 days	287	5	952	7	68	8	1320	6.3
8 7 days	842	13	2886	21	249	29	4026	19.2
Valid responses =	6286	30	13629	65	870	4	20993	99.7

Invalid responses include no response.

16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	2498	40	4786	35	259	30	7608	36.3
2 1 day	1625	26	3265	24	198	23	5138	24.5
3 2 days	829	13	1994	15	136	16	2987	14.2
4 3 days	444	7	1079	8	86	10	1630	7.8
5 4 days	268	4	679	5	52	6	1005	4.8
6 5 days	238	4	656	5	38	4	953	4.5
7 6 days	127	2	361	3	18	2	509	2.4
8 7 days	249	4	798	6	82	9	1143	5.4
Valid responses =	6278	30	13618	65	869	4	20973	99.6

Invalid responses include no response.

16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	811	13	2427	18	175	20	3463	16.5
2 1 day	978	16	2542	19	132	15	3682	17.5
3 2 days	1143	18	2611	19	182	21	3968	18.9
4 3 days	934	15	1855	14	120	14	2937	14.0
5 4 days	764	12	1445	11	91	10	2320	11.0
6 5 days	772	12	1422	10	85	10	2299	10.9
7 6 days	500	8	781	6	55	6	1349	6.4
8 7 days	386	6	546	4	31	4	978	4.7
Valid responses =	6288	30	13629	65	871	4	20996	99.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

## 16E) On how many of the last 7 days did you: Take a nap?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	2693	43	6329	46	379	44	9493	45.2
2 1 day	1324	21	2984	22	189	22	4541	21.6
3 2 days	1001	16	2028	15	128	15	3193	15.2
4 3 days	560	9	1052	8	79	9	1706	8.1
5 4 days	282	5	480	4	37	4	806	3.8
6 5 days	190	3	375	3	25	3	594	2.8
7 6 days	95	2	146	1	11	1	256	1.2
8 7 days	138	2	235	2	20	2	398	1.9
Valid responses =	6283	30	13629	65	868	4	20987	99.7

Invalid responses include no response.

## 16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	1080	30	1653	23	81	17	2851	24.9
2 Between 30 and 59 minutes	1648	46	3398	47	230	47	5317	46.5
3 Between 60 and 119 minutes	700	20	1731	24	133	27	2593	22.7
4 2 hours or more	136	4	480	7	43	9	667	5.8
Valid responses =	3564	31	7262	64	487	4	11428	54.3

Invalid responses include no response.

## 17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	3628	58	9096	67	552	64	13405	64.1
2 Never	819	13	1213	9	67	8	2122	10.1
3 Rarely	263	4	372	3	23	3	666	3.2
4 Sometimes	243	4	355	3	22	3	630	3.0
5 Most of the time	296	5	556	4	49	6	907	4.3
6 Always	1011	16	1981	15	152	18	3178	15.2
Valid responses =	6260	30	13573	65	865	4	20908	99.3

Invalid responses include no response.

## 17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	5259	84	12256	90	787	91	18482	88.5
2 Never	273	4	399	3	21	2	701	3.4
3 Rarely	69	1	67	1	8	1	151	0.7
4 Sometimes	78	1	84	1	7	1	172	0.8
5 Most of the time	103	2	96	1	10	1	209	1.0
6 Always	474	8	658	5	33	4	1175	5.6
Valid responses =	6256	30	13560	65	866	4	20890	99.3

Invalid responses include no response.

## 17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	5536	89	12667	94	783	91	19171	91.9
2 Never	379	6	433	3	42	5	859	4.1
3 Rarely	68	1	55	0	9	1	138	0.7
4 Sometimes	68	1	63	1	5	1	141	0.7
5 Most of the time	48	1	50	0	7	1	107	0.5
6 Always	150	2	280	2	19	2	453	2.2
Valid responses =	6249	30	13548	65	865	4	20869	99.2

Invalid responses include no response.

## 18A) When, if ever, was the last time you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	541	9	1385	10	69	8	2018	9.6
2 Within the last 2 weeks	3815	61	8884	65	559	64	13380	63.7
3 More than 2 weeks but within 30 days	260	4	398	3	33	4	702	3.3
4 More than 30 days but within 3 months	662	11	1153	9	85	10	1919	9.1
5 More than 3 months but within 12 months	638	10	1046	8	67	8	1766	8.4
6 More than 12 months ago	379	6	764	6	58	7	1220	5.8
Valid responses =	6295	30	13630	65	871	4	21005	99.8

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	31	1	49	1	5	1	87	0.7
1 1 to 4 Days	832	22	1426	16	107	19	2389	17.9
2 5 to 10 Days	1115	29	2615	30	192	35	3968	29.7
3 11 to 14 Days	1824	48	4769	54	253	45	6894	51.7
Valid responses =	3802	29	8859	66	557	4	13338	63.4
Invalid responses include no response.								
	Mean	Median	Std Dev	Min	Max			
Cis Men	9.24	10.00	4.66	0	14			
Cis Women	9.91	12.00	4.39	0	14			
Trans/Gender Non-conforming	9.15	10.00	4.44	0	14			
Overall	9.68	12.00	4.48	0	14			

18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	1785	47	3493	40	254	46	5597	42.1
1 1 to 4 Days	891	24	2337	27	144	26	3392	25.5
2 5 to 10 Days	511	14	1518	17	86	16	2132	16.0
3 11 to 14 Days	609	16	1486	17	68	12	2180	16.4
Valid responses =	3796	29	8834	66	552	4	13301	63.2
Invalid responses include no response.								
	Mean	Median	Std Dev	Min	Max			
Cis Men	3.68	1.00	5.05	0	14			
Cis Women	4.13	2.00	5.06	0	14			
Trans/Gender Non-conforming	3.36	1.00	4.69	0	14			
Overall	3.96	2.00	5.05	0	14			

18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	5003	93	10547	92	674	91	16376	92.3
2 One accident	328	6	831	7	58	8	1228	6.9
3 Two accidents	28	1	78	1	9	1	116	0.7
4 Three or more accidents	8	0	10	0	1	0	20	0.1
Valid responses =	5367	30	11466	65	742	4	17740	84.3
Invalid responses include no response.								

19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner called me names, insulted me, or put me down to make me feel bad.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5637	90	12307	91	771	89	18894	90.3
2 Yes	638	10	1279	9	98	11	2038	9.7
Valid responses =	6275	30	13586	65	869	4	20932	99.5
Invalid responses include no response.								

19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5955	95	13118	97	824	95	20085	96.0
2 Yes	310	5	464	3	45	5	830	4.0
Valid responses =	6265	30	13582	65	869	4	20915	99.4
Invalid responses include no response.								

19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6117	98	13334	98	840	97	20479	98.0
2 Yes	140	2	237	2	29	3	412	2.0
Valid responses =	6257	30	13571	65	869	4	20891	99.3
Invalid responses include no response.								



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Number of Surveys (n) = 21047 Web Surveys

19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6211	99	13451	99	846	97	20700	99.0
2 Yes	61	1	127	1	23	3	215	1.0
Valid responses =	6272	30	13578	65	869	4	20915	99.4
Invalid responses include no response.								

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6183	99	13339	98	841	97	20551	98.4
2 Yes	78	1	230	2	28	3	344	1.6
Valid responses =	6261	30	13569	65	869	4	20895	99.3
Invalid responses include no response.								

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was in a physical fight.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6164	98	13490	99	850	98	20700	98.8
2 Yes	123	2	114	1	19	2	260	1.2
Valid responses =	6287	30	13604	65	869	4	20960	99.6
Invalid responses include no response.								

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was physically assaulted (do not include sexual assault).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6158	98	13374	98	835	96	20561	98.1
2 Yes	127	2	228	2	36	4	397	1.9
Valid responses =	6285	30	13602	65	871	4	20958	99.6
Invalid responses include no response.								

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was verbally threatened.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5646	90	12438	92	712	82	18971	90.6
2 Yes	630	10	1153	9	155	18	1963	9.4
Valid responses =	6276	30	13591	65	867	4	20934	99.5
Invalid responses include no response.								

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually touched without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6139	98	13026	96	804	93	20162	96.4
2 Yes	126	2	553	4	63	7	749	3.6
Valid responses =	6265	30	13579	65	867	4	20911	99.4
Invalid responses include no response.								

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6233	99	13438	99	841	97	20708	98.8
2 Yes	50	1	160	1	27	3	241	1.2
Valid responses =	6283	30	13598	65	868	4	20949	99.5
Invalid responses include no response.								

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6251	99	13472	99	848	98	20768	99.1
2 Yes	35	1	136	1	22	3	196	0.9
Valid responses =	6286	30	13608	65	870	4	20964	99.6
Invalid responses include no response.								





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20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6187	99	13134	97	819	94	20330	97.0
2 Yes	95	2	466	3	50	6	621	3.0
Valid responses =	6282	30	13600	65	869	4	20951	99.5
Invalid responses include no response.								

21A) How safe do you feel: On my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	26	0	45	0	10	1	86	0.4
2 Somewhat unsafe	137	2	367	3	31	4	550	2.6
3 Somewhat safe	1084	17	3578	27	241	28	4954	23.8
4 Very safe	5018	80	9448	70	584	67	15186	73.1
Valid responses =	6265	30	13438	65	866	4	20776	98.7
Invalid responses include no response.								

21B) How safe do you feel: On my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	97	2	488	4	34	4	628	3.0
2 Somewhat unsafe	625	10	3001	22	187	22	3858	18.6
3 Somewhat safe	2533	41	6782	51	407	47	9813	47.3
4 Very safe	2996	48	3136	23	236	27	6428	31.0
Valid responses =	6251	30	13407	65	864	4	20727	98.5
Invalid responses include no response.								

21C) How safe do you feel: In the community surrounding my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	84	1	196	2	14	2	305	1.5
2 Somewhat unsafe	491	8	1423	11	90	10	2030	9.8
3 Somewhat safe	2346	38	6140	46	403	47	8983	43.3
4 Very safe	3337	53	5656	42	356	41	9424	45.4
Valid responses =	6258	30	13415	65	863	4	20742	98.6
Invalid responses include no response.								

21D) How safe do you feel: In the community surrounding my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	444	7	1610	12	88	10	2168	10.5
2 Somewhat unsafe	1476	24	4694	35	300	35	6542	31.6
3 Somewhat safe	2524	40	5304	40	334	39	8233	39.7
4 Very safe	1813	29	1802	13	141	16	3792	18.3
Valid responses =	6257	30	13410	65	863	4	20735	98.5
Invalid responses include no response.								

22A1) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3808	61	8935	66	501	58	13377	63.8
3 Yes	2483	40	4684	34	367	42	7605	36.2
Valid responses =	6291	30	13619	65	868	4	20982	99.7
Invalid responses include no response.								

22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1610	26	2524	19	128	15	4322	20.6
3 Yes	4677	74	11074	81	739	85	16634	79.4
Valid responses =	6287	30	13598	65	867	4	20956	99.6
Invalid responses include no response.								



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

GRADUATE/PROFESSIONAL STUDENTS

22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3591	57	6872	51	264	30	10833	51.7
3 Yes	2691	43	6717	49	605	70	10110	48.3
Valid responses =	6282	30	13589	65	869	4	20943	99.5

Invalid responses include no response.

22A4) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5514	88	12055	89	720	83	18466	88.7
3 Yes	730	12	1453	11	144	17	2353	11.3
Valid responses =	6244	30	13508	65	864	4	20819	98.9

Invalid responses include no response.

22A5) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5563	89	12127	89	730	85	18599	88.9
3 Yes	714	11	1457	11	132	15	2328	11.1
Valid responses =	6277	30	13584	65	862	4	20927	99.4

Invalid responses include no response.

22A6) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6140	98	13391	99	839	97	20566	98.4
3 Yes	129	2	172	1	29	3	336	1.6
Valid responses =	6269	30	13563	65	868	4	20902	99.3

Invalid responses include no response.

22A7) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5720	92	12986	96	728	85	19616	93.9
3 Yes	534	9	582	4	134	16	1270	6.1
Valid responses =	6254	30	13568	65	862	4	20886	99.2

Invalid responses include no response.

22A8) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5811	93	12682	93	757	87	19437	92.9
3 Yes	464	7	905	7	109	13	1493	7.1
Valid responses =	6275	30	13587	65	866	4	20930	99.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

22A9) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5230	83	11534	85	608	70	17532	83.7
3 Yes	1047	17	2059	15	260	30	3409	16.3
Valid responses =	6277	30	13593	65	868	4	20941	99.5

Invalid responses include no response.

22A10) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6187	99	13437	100	845	99	20669	99.4
3 Yes	52	1	58	0	13	2	124	0.6
Valid responses =	6239	30	13495	65	858	4	20793	98.8

Invalid responses include no response.

22A11) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5945	95	13053	96	789	91	19977	95.4
3 Yes	337	5	541	4	78	9	969	4.6
Valid responses =	6282	30	13594	65	867	4	20946	99.5

Invalid responses include no response.

22A12) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3763	98	7309	99	455	97	11643	98.4
3 Yes	75	2	85	1	15	3	184	1.6
Valid responses =	3838	32	7394	63	470	4	11827	56.2

Invalid responses include no response.

22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1093	44	2605	56	188	51	3925	51.7
2 Once or twice	533	22	948	20	63	17	1559	20.5
3 Monthly	157	6	258	6	23	6	444	5.8
4 Weekly	223	9	265	6	24	7	517	6.8
6 Daily or almost daily	476	19	602	13	69	19	1153	15.2
Valid responses =	2482	33	4678	62	367	5	7598	36.1

Invalid responses include no response.

22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	339	7	724	7	73	10	1148	6.9
2 Once or twice	849	18	2327	21	163	22	3373	20.3
3 Monthly	1018	22	2797	25	176	24	4023	24.2
4 Weekly	2099	45	4644	42	280	38	7083	42.6
6 Daily or almost daily	370	8	564	5	47	6	986	5.9
Valid responses =	4675	28	11056	67	739	4	16613	78.9

Invalid responses include no response.



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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

**22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1070	40	2912	43	189	31	4200	41.6
2 Once or twice	652	24	1652	25	131	22	2451	24.3
3 Monthly	310	12	760	11	61	10	1144	11.3
4 Weekly	361	13	789	12	116	19	1284	12.7
6 Daily or almost daily	294	11	595	9	108	18	1018	10.1
Valid responses =	2687	27	6708	66	605	6	10097	48.0

Invalid responses include no response.

**22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	531	73	1139	79	107	74	1793	76.4
2 Once or twice	118	16	212	15	24	17	360	15.3
3 Monthly	36	5	55	4	7	5	100	4.3
4 Weekly	29	4	35	2	5	4	70	3.0
6 Daily or almost daily	12	2	9	1	1	1	23	1.0
Valid responses =	726	31	1450	62	144	6	2346	11.1

Invalid responses include no response.

**22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	550	78	1141	78	97	74	1802	77.6
2 Once or twice	91	13	187	13	23	17	308	13.3
3 Monthly	28	4	51	4	4	3	86	3.7
4 Weekly	20	3	33	2	4	3	57	2.5
6 Daily or almost daily	21	3	45	3	4	3	70	3.0
Valid responses =	710	31	1457	63	132	6	2323	11.0

Invalid responses include no response.

**22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	107	84	156	91	21	72	289	86.5
2 Once or twice	11	9	8	5	2	7	22	6.6
3 Monthly	6	5	5	3	5	17	16	4.8
4 Weekly	4	3	0	0	0	0	4	1.2
6 Daily or almost daily	0	0	2	1	1	3	3	0.9
Valid responses =	128	38	171	51	29	9	334	1.6

Invalid responses include no response.

**22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	375	71	478	82	91	68	959	75.6
2 Once or twice	91	17	80	14	25	19	201	15.9
3 Monthly	37	7	18	3	10	8	65	5.1
4 Weekly	25	5	5	1	5	4	35	2.8
6 Daily or almost daily	4	1	1	0	3	2	8	0.6
Valid responses =	532	42	582	46	134	11	1268	6.0

Invalid responses include no response.

**22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	351	76	656	73	84	77	1102	73.9
2 Once or twice	49	11	152	17	10	9	214	14.4
3 Monthly	22	5	34	4	5	5	62	4.2
4 Weekly	24	5	31	3	6	6	61	4.1
6 Daily or almost daily	17	4	31	3	4	4	52	3.5
Valid responses =	463	31	904	61	109	7	1491	7.1

Invalid responses include no response.



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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

**22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	746	71	1464	71	174	67	2413	70.9
2 Once or twice	230	22	507	25	70	27	819	24.1
3 Monthly	49	5	69	3	12	5	132	3.9
4 Weekly	14	1	13	1	0	0	27	0.8
6 Daily or almost daily	6	1	2	0	4	2	12	0.4
Valid responses =	1045	31	2055	60	260	8	3403	16.2

Invalid responses include no response.

**22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	38	75	55	95	8	62	102	82.9
2 Once or twice	1	2	0	0	0	0	1	0.8
3 Monthly	4	8	0	0	1	8	5	4.1
4 Weekly	7	14	3	5	3	23	13	10.6
6 Daily or almost daily	1	2	0	0	1	8	2	1.6
Valid responses =	51	41	58	47	13	11	123	0.6

Invalid responses include no response.

**22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)  
[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	313	93	490	91	71	91	885	91.4
2 Once or twice	15	5	32	6	1	1	50	5.2
3 Monthly	5	2	6	1	2	3	13	1.3
4 Weekly	2	1	8	2	1	1	11	1.1
6 Daily or almost daily	2	1	4	1	3	4	9	0.9
Valid responses =	337	35	540	56	78	8	968	4.6

Invalid responses include no response.

**22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	29	40	35	43	5	36	72	40.9
2 Once or twice	9	12	9	11	4	29	25	14.2
3 Monthly	5	7	9	11	2	14	16	9.1
4 Weekly	13	18	12	15	1	7	28	15.9
6 Daily or almost daily	17	23	16	20	2	14	35	19.9
Valid responses =	73	41	81	46	14	8	176	0.8

Invalid responses include no response.

**22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	91	67	173	65	23	74	290	65.6
1 Yes	38	28	91	34	7	23	139	31.4
99 Don't know	7	5	4	2	1	3	13	2.9
Valid responses =	136	31	268	61	31	7	442	2.1

Invalid responses include no response.

**22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this substance)**

Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	27	71	69	76	5	71	103	74.1
1 Yes	10	26	19	21	1	14	31	22.3
99 Don't know	1	3	3	3	1	14	5	3.6
Valid responses =	38	27	91	65	7	5	139	0.7

Invalid responses include no response.



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Number of Surveys (n) = 21047 Web Surveys

**22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:**

**(only includes students who were prescribed this substance)**

**Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	31	82	73	80	6	86	112	80.6
1 Yes	5	13	17	19	0	0	23	16.5
99 Don't know	2	5	1	1	1	14	4	2.9
Valid responses =	38	27	91	65	7	5	139	0.7

Invalid responses include no response.

**22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.)**

**in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	70	63	116	47	15	60	204	52.4
1 Yes	39	35	121	49	8	32	169	43.4
99 Don't know	3	3	11	4	2	8	16	4.1
Valid responses =	112	29	248	64	25	6	389	1.8

Invalid responses include no response.

**22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:**

**(only includes students who were prescribed this substance)**

**Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	33	85	105	88	5	63	143	85.1
1 Yes	6	15	13	11	2	25	21	12.5
99 Don't know	0	0	2	2	1	13	4	2.4
Valid responses =	39	23	120	71	8	5	168	0.8

Invalid responses include no response.

**22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:**

**(only includes students who were prescribed this substance)**

**Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	34	87	107	89	7	88	149	88.7
1 Yes	5	13	10	8	0	0	15	8.9
99 Don't know	0	0	3	3	1	13	4	2.4
Valid responses =	39	23	120	71	8	5	168	0.8

Invalid responses include no response.

**22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	12	50	23	46	3	43	38	45.8
1 Yes	11	46	26	52	2	29	40	48.2
99 Don't know	1	4	1	2	2	29	5	6.0
Valid responses =	24	29	50	60	7	8	83	0.4

Invalid responses include no response.

**22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)**

**Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	7	64	23	89	1	50	32	80.0
1 Yes	3	27	2	8	0	0	5	12.5
99 Don't know	1	9	1	4	1	50	3	7.5
Valid responses =	11	28	26	65	2	5	40	0.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

**22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)**  
Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	8	73	21	81	1	50	30	75.0
1 Yes	3	27	5	19	0	0	9	22.5
99 Don't know	0	0	0	0	1	50	1	2.5
Valid responses =	11	28	26	65	2	5	40	0.2

Invalid responses include no response.

**22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	432	32	704	35	52	30	1200	33.5
3 Once or twice	241	18	381	19	25	15	651	18.2
4 Monthly	79	6	133	7	12	7	226	6.3
5 Weekly	181	13	229	11	20	12	436	12.2
6 Daily or almost daily	421	31	576	29	63	37	1068	29.8
Valid responses =	1354	38	2023	56	172	5	3581	17.0

Invalid responses include no response.

**22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2035	48	4876	49	295	46	7271	48.3
3 Once or twice	866	21	2335	23	151	23	3388	22.5
4 Monthly	408	10	952	10	65	10	1434	9.5
5 Weekly	737	17	1506	15	99	15	2357	15.7
6 Daily or almost daily	187	4	384	4	36	6	610	4.1
Valid responses =	4233	28	10053	67	646	4	15060	71.6

Invalid responses include no response.

**22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	784	49	1740	47	133	33	2681	46.8
3 Once or twice	285	18	767	21	84	21	1148	20.1
4 Monthly	114	7	306	8	38	10	466	8.1
5 Weekly	209	13	436	12	76	19	729	12.7
6 Daily or almost daily	196	12	419	11	69	17	699	12.2
Valid responses =	1588	28	3668	64	400	7	5723	27.2

Invalid responses include no response.

**22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	109	58	194	63	21	60	329	61.0
3 Once or twice	47	25	57	19	6	17	113	21.0
4 Monthly	9	5	17	6	5	14	33	6.1
5 Weekly	15	8	30	10	2	6	47	8.7
6 Daily or almost daily	7	4	9	3	1	3	17	3.2
Valid responses =	187	35	307	57	35	6	539	2.6

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	81	51	177	56	17	49	278	53.5
3 Once or twice	41	26	64	20	6	17	114	21.9
4 Monthly	15	9	24	8	6	17	47	9.0
5 Weekly	12	8	23	7	3	9	39	7.5
6 Daily or almost daily	10	6	28	9	3	9	42	8.1
Valid responses =	159	31	316	61	35	7	520	2.5

Invalid responses include no response.

22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	8	38	7	47	2	29	18	40.9
3 Once or twice	6	29	4	27	0	0	10	22.7
4 Monthly	1	5	0	0	2	29	3	6.8
5 Weekly	5	24	4	27	1	14	10	22.7
6 Daily or almost daily	1	5	0	0	2	29	3	6.8
Valid responses =	21	48	15	34	7	16	44	0.2

Invalid responses include no response.

22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	95	62	77	75	32	74	209	68.8
3 Once or twice	27	18	14	14	5	12	46	15.1
4 Monthly	16	11	7	7	1	2	24	7.9
5 Weekly	12	8	4	4	4	9	20	6.6
6 Daily or almost daily	3	2	1	1	1	2	5	1.6
Valid responses =	153	50	103	34	43	14	304	1.4

Invalid responses include no response.

22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	48	43	114	46	8	32	171	44.1
3 Once or twice	36	32	71	29	5	20	114	29.4
4 Monthly	4	4	16	7	3	12	24	6.2
5 Weekly	11	10	28	11	3	12	42	10.8
6 Daily or almost daily	12	11	19	8	6	24	37	9.5
Valid responses =	111	29	248	64	25	6	388	1.8

Invalid responses include no response.

22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	180	62	404	70	49	58	642	66.2
3 Once or twice	67	23	113	20	22	26	205	21.1
4 Monthly	26	9	45	8	4	5	77	7.9
5 Weekly	11	4	17	3	6	7	34	3.5
6 Daily or almost daily	7	2	1	0	4	5	12	1.2
Valid responses =	291	30	580	60	85	9	970	4.6

Invalid responses include no response.





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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	17	1	33	1	33	4	22.2
3 Once or twice	1	8	1	33	0	0	2	11.1
4 Monthly	2	17	1	33	0	0	3	16.7
5 Weekly	4	33	0	0	0	0	4	22.2
6 Daily or almost daily	3	25	0	0	2	67	5	27.8
Valid responses =	12	67	3	17	3	17	18	0.1

Invalid responses include no response.

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	11	46	27	54	1	17	40	48.8
3 Once or twice	4	17	12	24	1	17	18	22.0
4 Monthly	3	13	3	6	2	33	8	9.8
5 Weekly	3	13	6	12	1	17	10	12.2
6 Daily or almost daily	3	13	2	4	1	17	6	7.3
Valid responses =	24	29	50	61	6	7	82	0.4

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	13	30	13	31	3	33	31	31.0
3 Once or twice	6	14	7	17	0	0	15	15.0
4 Monthly	5	11	3	7	2	22	10	10.0
5 Weekly	8	18	5	12	3	33	17	17.0
6 Daily or almost daily	12	27	14	33	1	11	27	27.0
Valid responses =	44	44	42	42	9	9	100	0.5

Invalid responses include no response.

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1188	86	1788	86	152	85	3155	85.9
4 Once or twice	87	6	146	7	7	4	241	6.6
5 Monthly	36	3	43	2	10	6	90	2.5
6 Weekly	39	3	45	2	2	1	89	2.4
7 Daily or almost daily	38	3	51	3	8	5	97	2.6
Valid responses =	1388	38	2073	56	179	5	3672	17.4

Invalid responses include no response.

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3875	89	9303	90	590	89	13882	89.8
4 Once or twice	307	7	714	7	50	8	1082	7.0
5 Monthly	81	2	168	2	15	2	267	1.7
6 Weekly	64	2	113	1	7	1	185	1.2
7 Daily or almost daily	9	0	23	0	4	1	36	0.2
Valid responses =	4336	28	10321	67	666	4	15452	73.4

Invalid responses include no response.



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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1485	92	3530	93	358	86	5430	92.2
4 Once or twice	78	5	175	5	31	8	287	4.9
5 Monthly	24	2	49	1	13	3	92	1.6
6 Weekly	18	1	26	1	7	2	53	0.9
7 Daily or almost daily	11	1	12	0	7	2	30	0.5
Valid responses =	1616	27	3792	64	416	7	5892	28.0

Invalid responses include no response.

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	174	90	264	86	32	89	479	87.4
4 Once or twice	13	7	28	9	0	0	41	7.5
5 Monthly	2	1	10	3	2	6	15	2.7
6 Weekly	4	2	5	2	1	3	10	1.8
7 Daily or almost daily	1	1	1	0	1	3	3	0.5
Valid responses =	194	35	308	56	36	7	548	2.6

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	143	89	292	92	26	74	471	90.4
4 Once or twice	4	3	13	4	3	9	20	3.8
5 Monthly	3	2	8	3	1	3	12	2.3
6 Weekly	6	4	2	1	2	6	10	1.9
7 Daily or almost daily	4	3	1	0	3	9	8	1.5
Valid responses =	160	31	316	61	35	7	521	2.5

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	12	57	8	57	3	38	24	54.5
4 Once or twice	3	14	3	21	1	13	7	15.9
5 Monthly	1	5	2	14	2	25	5	11.4
6 Weekly	4	19	1	7	0	0	5	11.4
7 Daily or almost daily	1	5	0	0	2	25	3	6.8
Valid responses =	21	48	14	32	8	18	44	0.2

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	140	89	96	92	39	91	280	90.6
4 Once or twice	8	5	4	4	1	2	13	4.2
5 Monthly	5	3	4	4	2	5	11	3.6
6 Weekly	3	2	0	0	0	0	3	1.0
7 Daily or almost daily	1	1	0	0	1	2	2	0.6
Valid responses =	157	51	104	34	43	14	309	1.5

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	96	87	224	91	16	64	340	87.9
4 Once or twice	5	5	13	5	3	12	21	5.4
5 Monthly	4	4	6	2	2	8	12	3.1
6 Weekly	4	4	0	0	1	4	5	1.3
7 Daily or almost daily	2	2	4	2	3	12	9	2.3
Valid responses =	111	29	247	64	25	6	387	1.8

Invalid responses include no response.

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	275	93	572	97	78	91	938	95.1
4 Once or twice	11	4	11	2	3	4	26	2.6
5 Monthly	2	1	5	1	1	1	8	0.8
6 Weekly	7	2	1	0	2	2	10	1.0
7 Daily or almost daily	2	1	0	0	2	2	4	0.4
Valid responses =	297	30	589	60	86	9	986	4.7

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	15	1	33	1	20	4	19.0
4 Once or twice	1	8	2	67	1	20	4	19.0
5 Monthly	3	23	0	0	1	20	4	19.0
6 Weekly	6	46	0	0	0	0	6	28.6
7 Daily or almost daily	1	8	0	0	2	40	3	14.3
Valid responses =	13	62	3	14	5	24	21	0.1

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	16	67	45	90	2	29	64	77.1
4 Once or twice	1	4	0	0	2	29	4	4.8
5 Monthly	2	8	3	6	0	0	5	6.0
6 Weekly	5	21	1	2	2	29	8	9.6
7 Daily or almost daily	0	0	1	2	1	14	2	2.4
Valid responses =	24	29	50	60	7	8	83	0.4

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	24	57	34	77	5	56	68	68.0
4 Once or twice	6	14	5	11	0	0	11	11.0
5 Monthly	3	7	4	9	4	44	11	11.0
6 Weekly	7	17	1	2	0	0	8	8.0
7 Daily or almost daily	2	5	0	0	0	0	2	2.0
Valid responses =	42	42	44	44	9	9	100	0.5

Invalid responses include no response.



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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3857	89	9426	91	603	91	14008	90.7
5 Once or twice	357	8	731	7	50	8	1143	7.4
6 Monthly	69	2	106	1	6	1	183	1.2
7 Weekly	45	1	51	1	4	1	101	0.7
8 Daily or almost daily	5	0	9	0	3	1	17	0.1
Valid responses =	4333	28	10323	67	666	4	15452	73.4

Invalid responses include no response.

22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1443	89	3491	92	364	88	5351	90.8
5 Once or twice	111	7	239	6	31	8	389	6.6
6 Monthly	29	2	33	1	7	2	71	1.2
7 Weekly	25	2	21	1	8	2	58	1.0
8 Daily or almost daily	9	1	11	0	4	1	25	0.4
Valid responses =	1617	27	3795	64	414	7	5894	28.0

Invalid responses include no response.

22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	172	89	274	88	32	87	487	88.5
5 Once or twice	12	6	23	7	0	0	35	6.4
6 Monthly	5	3	8	3	1	3	15	2.7
7 Weekly	2	1	4	1	2	5	8	1.5
8 Daily or almost daily	2	1	1	0	2	5	5	0.9
Valid responses =	193	35	310	56	37	7	550	2.6

Invalid responses include no response.

22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	142	89	305	97	27	77	483	92.7
5 Once or twice	6	4	5	2	1	3	13	2.5
6 Monthly	6	4	3	1	2	6	11	2.1
7 Weekly	2	1	3	1	1	3	6	1.2
8 Daily or almost daily	4	3	0	0	4	11	8	1.5
Valid responses =	160	31	316	61	35	7	521	2.5

Invalid responses include no response.

22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	13	62	7	47	3	38	24	53.3
5 Once or twice	2	10	4	27	0	0	6	13.3
6 Monthly	2	10	3	20	1	13	6	13.3
7 Weekly	2	10	1	7	2	25	5	11.1
8 Daily or almost daily	2	10	0	0	2	25	4	8.9
Valid responses =	21	47	15	33	8	18	45	0.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

**22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	141	90	98	94	39	91	283	91.6
5 Once or twice	6	4	0	0	1	2	7	2.3
6 Monthly	4	3	2	2	0	0	6	1.9
7 Weekly	4	3	3	3	1	2	8	2.6
8 Daily or almost daily	2	1	1	1	2	5	5	1.6
Valid responses =	157	51	104	34	43	14	309	1.5

Invalid responses include no response.

**22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	95	86	227	92	14	56	340	87.6
5 Once or twice	7	6	18	7	5	20	30	7.7
6 Monthly	4	4	1	0	2	8	7	1.8
7 Weekly	3	3	1	0	2	8	6	1.5
8 Daily or almost daily	2	2	1	0	2	8	5	1.3
Valid responses =	111	29	248	64	25	6	388	1.8

Invalid responses include no response.

**22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	271	91	574	97	78	91	937	94.8
5 Once or twice	16	5	12	2	1	1	29	2.9
6 Monthly	1	0	2	0	3	4	6	0.6
7 Weekly	6	2	3	1	2	2	11	1.1
8 Daily or almost daily	3	1	0	0	2	2	5	0.5
Valid responses =	297	30	591	60	86	9	988	4.7

Invalid responses include no response.

**22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Heroin**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	15	1	33	1	20	4	19.0
5 Once or twice	1	8	1	33	0	0	2	9.5
6 Monthly	3	23	1	33	0	0	4	19.0
7 Weekly	4	31	0	0	2	40	6	28.6
8 Daily or almost daily	3	23	0	0	2	40	5	23.8
Valid responses =	13	62	3	14	5	24	21	0.1

Invalid responses include no response.

**22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)**

**[Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	15	63	43	86	2	29	61	73.5
5 Once or twice	3	13	3	6	0	0	6	7.2
6 Monthly	4	17	2	4	2	29	9	10.8
7 Weekly	1	4	1	2	1	14	3	3.6
8 Daily or almost daily	1	4	1	2	2	29	4	4.8
Valid responses =	24	29	50	60	7	8	83	0.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?  
of you because of your use of the following substance(s)? (only includes students who have used this substance in the last 3 months)  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	27	63	35	80	4	50	71	71.0
5 Once or twice	5	12	3	7	0	0	8	8.0
6 Monthly	3	7	4	9	1	13	8	8.0
7 Weekly	6	14	2	5	1	13	9	9.0
8 Daily or almost daily	2	5	0	0	2	25	4	4.0
Valid responses =	43	43	44	44	8	8	100	0.5

Invalid responses include no response.

22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1889	76	3962	85	273	75	6180	81.3
3 Yes, not in the past 3 months	295	12	409	9	59	16	773	10.2
6 Yes, in the past 3 months	297	12	310	7	33	9	644	8.5
Valid responses =	2481	33	4681	62	365	5	7597	36.1

Invalid responses include no response.

22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3915	84	9825	89	620	84	14480	87.3
3 Yes, not in the past 3 months	501	11	861	8	85	12	1464	8.8
6 Yes, in the past 3 months	251	5	350	3	31	4	636	3.8
Valid responses =	4667	28	11036	67	736	4	16580	78.8

Invalid responses include no response.

22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2372	88	6256	93	524	88	9232	91.6
3 Yes, not in the past 3 months	215	8	315	5	54	9	592	5.9
6 Yes, in the past 3 months	99	4	130	2	21	4	257	2.5
Valid responses =	2686	27	6701	66	599	6	10081	47.9

Invalid responses include no response.

22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	655	90	1303	90	123	85	2104	89.6
3 Yes, not in the past 3 months	58	8	118	8	18	13	195	8.3
6 Yes, in the past 3 months	15	2	28	2	3	2	48	2.0
Valid responses =	728	31	1449	62	144	6	2347	11.2

Invalid responses include no response.

22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	663	93	1363	94	113	86	2161	93.1
3 Yes, not in the past 3 months	39	6	78	5	10	8	128	5.5
6 Yes, in the past 3 months	10	1	14	1	8	6	33	1.4
Valid responses =	712	31	1455	63	131	6	2322	11.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

**22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	104	81	138	80	17	59	265	79.1
3 Yes, not in the past 3 months	20	16	28	16	10	35	58	17.3
6 Yes, in the past 3 months	4	3	6	4	2	7	12	3.6
Valid responses =	128	38	172	51	29	9	335	1.6

Invalid responses include no response.

**22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	507	95	555	96	126	94	1207	95.3
3 Yes, not in the past 3 months	18	3	22	4	7	5	47	3.7
6 Yes, in the past 3 months	8	2	4	1	1	1	13	1.0
Valid responses =	533	42	581	46	134	11	1267	6.0

Invalid responses include no response.

**22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	408	89	822	91	88	81	1332	89.4
3 Yes, not in the past 3 months	41	9	64	7	17	16	123	8.3
6 Yes, in the past 3 months	12	3	19	2	4	4	35	2.3
Valid responses =	461	31	905	61	109	7	1490	7.1

Invalid responses include no response.

**22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	974	93	1963	95	238	92	3213	94.4
3 Yes, not in the past 3 months	61	6	76	4	15	6	157	4.6
6 Yes, in the past 3 months	10	1	19	1	5	2	34	1.0
Valid responses =	1045	31	2058	60	258	8	3404	16.2

Invalid responses include no response.

**22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Heroin**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	28	56	38	66	7	54	74	60.7
3 Yes, not in the past 3 months	16	32	18	31	5	39	39	32.0
6 Yes, in the past 3 months	6	12	2	3	1	8	9	7.4
Valid responses =	50	41	58	48	13	11	122	0.6

Invalid responses include no response.

**22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)**

**[Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	292	87	474	88	65	83	842	87.2
3 Yes, not in the past 3 months	38	11	61	11	13	17	113	11.7
6 Yes, in the past 3 months	5	2	5	1	0	0	11	1.1
Valid responses =	335	35	540	56	78	8	966	4.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	53	73	60	78	9	64	130	75.6
3 Yes, not in the past 3 months	9	12	8	10	3	21	20	11.6
6 Yes, in the past 3 months	11	15	9	12	2	14	22	12.8
Valid responses =	73	42	77	45	14	8	172	0.8

Invalid responses include no response.

22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1847	75	3752	80	268	74	5918	78.0
3 Yes, not in the past 3 months	305	12	474	10	53	15	843	11.1
6 Yes, in the past 3 months	327	13	451	10	43	12	829	10.9
Valid responses =	2479	33	4677	62	364	5	7590	36.1

Invalid responses include no response.

22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4102	88	9972	90	624	85	14819	89.4
3 Yes, not in the past 3 months	253	5	502	5	63	9	831	5.0
6 Yes, in the past 3 months	313	7	561	5	49	7	930	5.6
Valid responses =	4668	28	11035	67	736	4	16580	78.8

Invalid responses include no response.

22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2355	88	6190	92	502	83	9124	90.5
3 Yes, not in the past 3 months	173	7	236	4	50	8	464	4.6
6 Yes, in the past 3 months	151	6	276	4	50	8	489	4.9
Valid responses =	2679	27	6702	67	602	6	10077	47.9

Invalid responses include no response.

22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	676	93	1351	93	133	94	2184	93.2
3 Yes, not in the past 3 months	43	6	72	5	7	5	123	5.2
6 Yes, in the past 3 months	9	1	24	2	2	1	36	1.5
Valid responses =	728	31	1447	62	142	6	2343	11.1

Invalid responses include no response.

22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	670	94	1398	96	120	92	2211	95.3
3 Yes, not in the past 3 months	28	4	39	3	8	6	76	3.3
6 Yes, in the past 3 months	15	2	14	1	3	2	32	1.4
Valid responses =	713	31	1451	63	131	6	2319	11.0

Invalid responses include no response.

22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	109	85	146	85	20	71	281	84.4
3 Yes, not in the past 3 months	16	13	18	11	5	18	39	11.7
6 Yes, in the past 3 months	3	2	7	4	3	11	13	3.9
Valid responses =	128	38	171	51	28	8	333	1.6

Invalid responses include no response.





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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

**2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	500	94	564	97	128	96	1211	95.7
3 Yes, not in the past 3 months	19	4	11	2	3	2	33	2.6
6 Yes, in the past 3 months	12	2	5	1	3	2	21	1.7
Valid responses =	531	42	580	46	134	11	1265	6.0
Invalid responses include no response.								

**2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	423	92	841	93	97	89	1375	92.3
3 Yes, not in the past 3 months	25	5	44	5	8	7	78	5.2
6 Yes, in the past 3 months	14	3	18	2	4	4	36	2.4
Valid responses =	462	31	903	61	109	7	1489	7.1
Invalid responses include no response.								

**2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1006	97	2016	98	248	96	3312	97.5
3 Yes, not in the past 3 months	25	2	27	1	8	3	60	1.8
6 Yes, in the past 3 months	10	1	11	1	2	1	24	0.7
Valid responses =	1041	31	2054	60	258	8	3396	16.1
Invalid responses include no response.								

**22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	28	55	40	69	7	54	76	61.8
3 Yes, not in the past 3 months	14	28	17	29	4	31	35	28.5
6 Yes, in the past 3 months	9	18	1	2	2	15	12	9.8
Valid responses =	51	41	58	47	13	11	123	0.6
Invalid responses include no response.								

**22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)  
[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	310	92	482	89	67	86	871	90.1
3 Yes, not in the past 3 months	21	6	53	10	11	14	86	8.9
6 Yes, in the past 3 months	5	2	5	1	0	0	10	1.0
Valid responses =	336	35	540	56	78	8	967	4.6
Invalid responses include no response.								

**22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	49	70	61	79	7	58	125	74.9
3 Yes, not in the past 3 months	8	11	6	8	2	17	16	9.6
6 Yes, in the past 3 months	13	19	10	13	3	25	26	15.6
Valid responses =	70	42	77	46	12	7	167	0.8
Invalid responses include no response.								



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

### GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

#### 22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4781	99	11247	100	764	98	16942	99.4
1 Yes, not in the past 3 months	21	0	38	0	6	1	66	0.4
2 Yes, in the past 3 months	22	1	11	0	8	1	41	0.2
Valid responses =	4824	28	11296	66	778	5	17049	81.0

Invalid responses include no response.

#### 22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have used drugs by injection within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	16	73	7	64	4	50	27	65.9
1 More than once per week	6	27	4	36	4	50	14	34.1
Valid responses =	22	54	11	27	8	20	41	0.2

Invalid responses include no response.

#### 23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	596	45	1026	51	62	36	1698	48.0
2 Yes	731	55	978	49	112	64	1839	52.0
Valid responses =	1327	38	2004	57	174	5	3537	16.8

Invalid responses include no response.

#### 23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	553	42	696	35	62	37	1322	37.3
2 Yes	768	58	1324	66	107	63	2220	62.7
Valid responses =	1321	37	2020	57	169	5	3542	16.8

Invalid responses include no response.

#### 23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1122	89	1723	89	147	91	3018	88.6
2 Yes	144	11	223	12	15	9	387	11.4
Valid responses =	1266	37	1946	57	162	5	3405	16.2

Invalid responses include no response.

#### 23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1102	87	1896	98	149	91	3174	93.4
2 Yes	170	13	36	2	14	9	223	6.6
Valid responses =	1272	37	1932	57	163	5	3397	16.1

Invalid responses include no response.

#### 23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1050	82	1826	94	152	93	3057	89.3
2 Yes	238	19	114	6	12	7	366	10.7
Valid responses =	1288	38	1940	57	164	5	3423	16.3

Invalid responses include no response.

#### 23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	765	92	1122	97	88	92	1991	94.7
2 Yes	70	8	32	3	8	8	111	5.3
Valid responses =	835	40	1154	55	96	5	2102	10.0

Invalid responses include no response.



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FREQUENCY REPORT

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GRADUATE/PROFESSIONAL STUDENTS

24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3256	52	6102	45	229	26	9686	46.2
2 Within the last 2 weeks	970	15	2186	16	287	33	3500	16.7
3 More than 2 weeks but within 30 days	213	3	547	4	40	5	805	3.8
4 More than 30 days but within 3 months	404	6	915	7	80	9	1407	6.7
5 More than 3 months but within 12 months	430	7	1078	8	70	8	1586	7.6
6 More than 12 months ago	1015	16	2790	21	163	19	3995	19.0
Valid responses =	6288	30	13618	65	869	4	20979	99.7

Invalid responses include no response.

25A) When, if ever, was the last time you drank alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1077	17	1499	11	57	7	2667	12.7
2 Within the last 2 weeks	3640	58	8394	62	505	58	12648	60.2
3 More than 2 weeks but within 30 days	504	8	1354	10	100	12	1975	9.4
4 More than 30 days but within 3 months	462	7	1047	8	89	10	1617	7.7
5 More than 3 months but within 12 months	290	5	702	5	50	6	1055	5.0
6 More than 12 months ago	324	5	630	5	69	8	1034	4.9
Valid responses =	6297	30	13626	65	870	4	20996	99.8

Invalid responses include no response.

25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)  
Did you get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3426	75	8338	77	532	77	12403	76.5
2 Yes	1173	26	2450	23	160	23	3819	23.5
Valid responses =	4599	28	10788	67	692	4	16222	77.1

Invalid responses include no response.

25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)  
Did you intend to get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3447	75	8457	79	522	75	12532	77.4
2 Yes	1138	25	2319	22	170	25	3664	22.6
Valid responses =	4585	28	10776	67	692	4	16196	77.0

Invalid responses include no response.

26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.  
(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	64	1	119	1	9	1	195	1.2
1 1 to 2 Drinks	2441	53	6810	63	444	64	9784	60.5
2 3 to 4 Drinks	1197	26	2596	24	172	25	3996	24.7
3 5 to 6 Drinks	529	12	891	8	46	7	1477	9.1
4 7 to 8 Drinks	204	4	232	2	15	2	454	2.8
5 9 to 10 Drinks	85	2	67	1	3	0	156	1.0
6 11 or More Drinks	67	2	48	0	3	0	119	0.7
Total	4587	28	10763	67	692	4	16181	76.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.03	2.00	2.44	0	25
Cis Women	2.47	2.00	1.99	0	69
Trans/Gender Non-conforming	2.42	2.00	2.23	0	36
Overall	2.63	2.00	2.15	0	69



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27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	96	2	171	2	12	2	282	1.7
1 1 to 2 Hours	2031	44	4478	42	306	44	6886	42.6
2 3 to 4 Hours	1622	35	3791	35	250	36	5705	35.3
3 5 to 6 Hours	662	14	1882	18	108	16	2671	16.5
4 7 to 8 Hours	118	3	334	3	12	2	465	2.9
5 9 to 10 Hours	29	1	66	1	2	0	98	0.6
6 11 or More Hours	24	1	33	0	0	0	58	0.4
Total	4582	28	10755	67	690	4	16165	76.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.00	3.00	2.16	0	48
Cis Women	3.14	3.00	2.01	0	50
Trans/Gender Non-conforming	2.92	3.00	1.68	0	10
Overall	3.09	3.00	2.04	0	50

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	2080	57	5326	64	347	69	7822	62.0
2 1 time	797	22	1832	22	110	22	2761	21.9
3 2 times	394	11	745	9	25	5	1171	9.3
4 3 times	159	4	214	3	8	2	387	3.1
5 4 times	85	2	148	2	4	1	237	1.9
6 5 times	45	1	49	1	7	1	101	0.8
7 6 times	32	1	25	0	0	0	58	0.5
8 7 times	10	0	15	0	2	0	28	0.2
9 8 times	7	0	12	0	0	0	19	0.2
10 9 times	3	0	2	0	1	0	6	0.0
11 10 or more times	16	0	16	0	1	0	33	0.3
Total	3628	29	8384	66	505	4	12623	60.0

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Did something I later regretted

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4132	85	9668	84	613	83	14536	84.4
2 Yes	742	15	1789	16	127	17	2688	15.6
Valid responses =	4874	28	11457	67	740	4	17224	81.8

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4496	92	10637	93	690	93	15970	92.7
2 Yes	378	8	828	7	52	7	1264	7.3
Valid responses =	4874	28	11465	67	742	4	17234	81.9

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4085	84	9419	82	618	83	14252	82.7
2 Yes	786	16	2045	18	124	17	2978	17.3
Valid responses =	4871	28	11464	67	742	4	17230	81.9

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Got in trouble with the police

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4845	100	11428	100	734	99	17160	99.7
2 Yes	21	0	27	0	7	1	55	0.3
Valid responses =	4866	28	11455	67	741	4	17215	81.8

Invalid responses include no response.



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29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Got in trouble with college/university authorities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4853	100	11441	100	732	99	17179	99.8
2 Yes	13	0	14	0	5	1	32	0.2
Valid responses =	4866	28	11455	67	737	4	17211	81.8

Invalid responses include no response.

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Someone had sex with me without my consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4844	100	11359	99	726	98	17081	99.3
2 Yes	19	0	93	1	15	2	128	0.7
Valid responses =	4863	28	11452	67	741	4	17209	81.8

Invalid responses include no response.

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had sex with someone without their consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4867	100	11440	100	733	99	17192	99.8
2 Yes	7	0	17	0	8	1	32	0.2
Valid responses =	4874	28	11457	67	741	4	17224	81.8

Invalid responses include no response.

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had unprotected sex

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4448	91	10610	93	679	92	15878	92.1
2 Yes	430	9	863	8	61	8	1366	7.9
Valid responses =	4878	28	11473	67	740	4	17244	81.9

Invalid responses include no response.

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured myself

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4717	97	11065	97	710	96	16636	96.6
2 Yes	157	3	386	3	29	4	579	3.4
Valid responses =	4874	28	11451	67	739	4	17215	81.8

Invalid responses include no response.

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured another person

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4857	100	11439	100	737	100	17185	99.7
2 Yes	18	0	24	0	3	0	46	0.3
Valid responses =	4875	28	11463	67	740	4	17231	81.9

Invalid responses include no response.

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Seriously considered suicide

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4804	99	11307	99	704	95	16966	98.5
2 Yes	71	2	144	1	37	5	254	1.5
Valid responses =	4875	28	11451	66	741	4	17220	81.8

Invalid responses include no response.

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Needed medical help

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4823	99	11368	99	731	99	17075	99.3
2 Yes	40	1	65	1	10	1	115	0.7
Valid responses =	4863	28	11433	67	741	4	17190	81.7

Invalid responses include no response.



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## 30A) Within the last 30 days, did you drive after drinking any alcohol at all?

(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2128	75	5593	81	332	80	8119	79.5
2 Yes	694	25	1302	19	85	20	2094	20.5
Valid responses =	2822	28	6895	68	417	4	10213	48.5

Invalid responses include no response.

## 30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	4755	98	11279	98	723	97	16904	98.1
2 Alcohol use negatively impacted performance in class	85	2	143	1	15	2	245	1.4
3 Alcohol use delayed progress towards degree	34	1	42	0	4	1	83	0.5
Valid responses =	4874	28	11464	67	742	4	17232	81.9

Invalid responses include no response.

## 31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?

(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	571	69	1506	77	149	71	2252	74.2
2 Yes	252	31	462	24	61	29	785	25.8
Valid responses =	823	27	1968	65	210	7	3037	14.4

Invalid responses include no response.

## 31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance?

(only includes students who used cannabis within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	1864	96	4479	98	426	95	6838	97.1
2 Marijuana use negatively impacted performance in class	51	3	68	2	17	4	140	2.0
3 Marijuana use delayed progress towards degree	27	1	33	1	6	1	66	0.9
Valid responses =	1942	28	4580	65	449	6	7044	33.5

Invalid responses include no response.

## 32) Do you identify as a person in recovery from alcohol or other drug use?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5076	98	11886	98	761	94	17881	97.7
2 Yes	129	3	227	2	49	6	414	2.3
Valid responses =	5205	28	12113	66	810	4	18295	86.9

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

## 33A) When, if ever, was the last time you had:

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1755	28	3085	23	156	18	5052	24.4
2 Within the last 2 weeks	2041	33	4752	36	313	36	7162	34.6
3 More than 2 weeks but within 30 days	562	9	1285	10	96	11	1959	9.5
4 More than 30 days but within 3 months	597	10	1428	11	104	12	2154	10.4
5 More than 3 months but within 12 months	601	10	1280	10	79	9	1974	9.5
6 More than 12 months ago	690	11	1549	12	114	13	2373	11.5
Valid responses =	6246	30	13379	65	862	4	20674	98.2

Invalid responses include no response.

## 33B) When, if ever, was the last time you had:

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2053	33	2966	22	279	32	5376	26.0
2 Within the last 2 weeks	2204	35	5851	44	266	31	8378	40.6
3 More than 2 weeks but within 30 days	397	6	1054	8	58	7	1520	7.4
4 More than 30 days but within 3 months	512	8	1177	9	64	7	1764	8.5
5 More than 3 months but within 12 months	455	7	998	8	63	7	1531	7.4
6 More than 12 months ago	603	10	1331	10	131	15	2079	10.1
Valid responses =	6224	30	13377	65	861	4	20648	98.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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American College Health Association

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(410) 859-1500

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GRADUATE/PROFESSIONAL STUDENTS

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FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

33C) When, if ever, was the last time you had:

Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4496	72	10139	76	545	63	15320	74.4
2 Within the last 2 weeks	352	6	225	2	46	5	634	3.1
3 More than 2 weeks but within 30 days	128	2	143	1	23	3	297	1.4
4 More than 30 days but within 3 months	208	3	279	2	33	4	526	2.6
5 More than 3 months but within 12 months	250	4	465	4	54	6	778	3.8
6 More than 12 months ago	781	13	2087	16	160	19	3044	14.8
Valid responses =	6215	30	13338	65	861	4	20599	97.9

Invalid responses include no response.

34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse?

(only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	18	0	22	0	3	1	44	0.3
1 1 Partner	3153	74	7728	80	395	64	11359	77.5
2 2 Partners	343	8	884	9	93	15	1330	9.1
3 3 Partners	245	6	460	5	41	7	756	5.2
4 4 Partners	104	2	210	2	27	4	342	2.3
5 5 Partners	87	2	157	2	19	3	263	1.8
6 6 Partners	69	2	73	1	11	2	159	1.1
7 7 Partners	23	1	42	0	6	1	72	0.5
8 8 to 10 Partners	73	2	72	1	7	1	154	1.1
9 11 or More Partners	131	3	30	0	16	3	181	1.2
Valid responses =	4246	29	9678	66	618	4	14660	69.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.30	1.00	4.76	0	80
Cis Women	1.48	1.00	1.4	0	32
Trans/Gender Non-conforming	2.30	1.00	3.81	0	50
Overall	1.76	1.00	2.96	0	80

35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Women or females

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	589	14	8704	93	362	62	9705	68.1
2 Yes	3600	86	667	7	227	39	4556	31.9
Valid responses =	4189	29	9371	66	589	4	14261	67.8

Invalid responses include no response.

35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Men or males

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3448	85	491	5	222	38	4218	29.3
2 Yes	621	15	9127	95	370	63	10174	70.7
Valid responses =	4069	28	9618	67	592	4	14392	68.4

Invalid responses include no response.

35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Trans women

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3998	99	9270	100	523	91	13896	99.1
2 Yes	31	1	37	0	53	9	124	0.9
Valid responses =	4029	29	9307	66	576	4	14020	66.6

Invalid responses include no response.

35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Trans men

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3991	99	9250	100	515	90	13861	99.1
2 Yes	27	1	43	1	57	10	129	0.9
Valid responses =	4018	29	9293	66	572	4	13990	66.5

Invalid responses include no response.





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35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Genderqueer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3902	97	9168	98	398	68	13557	96.5
2 Yes	126	3	146	2	190	32	485	3.5
Valid responses =	4028	29	9314	66	588	4	14042	66.7

Invalid responses include no response.

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Person(s) with another identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3975	99	9232	99	495	87	13802	98.8
2 Yes	35	1	52	1	73	13	169	1.2
Valid responses =	4010	29	9284	66	568	4	13971	66.4

Invalid responses include no response.

36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had oral sex within the last 30 days)

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2316	89	5540	92	370	91	8290	91.1
2 Rarely	89	3	155	3	12	3	257	2.8
3 Sometimes	64	3	107	2	10	3	182	2.0
4 Most of the time	54	2	55	1	5	1	115	1.3
5 Always	72	3	170	3	10	3	255	2.8
Valid responses =	2595	29	6027	66	407	4	9099	43.2

Invalid responses include no response.

36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had vaginal intercourse within the last 30 days)

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1331	51	3905	57	178	55	5449	55.2
2 Rarely	131	5	389	6	22	7	544	5.5
3 Sometimes	180	7	489	7	22	7	702	7.1
4 Most of the time	260	10	618	9	32	10	915	9.3
5 Always	687	27	1486	22	70	22	2256	22.9
Valid responses =	2589	26	6887	70	324	3	9866	46.9

Invalid responses include no response.

36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had anal intercourse within the last 30 days)

Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	260	54	272	75	45	65	585	63.2
2 Rarely	41	9	15	4	5	7	62	6.7
3 Sometimes	58	12	19	5	8	12	88	9.5
4 Most of the time	46	10	14	4	3	4	64	6.9
5 Always	75	16	43	12	8	12	127	13.7
Valid responses =	480	52	363	39	69	7	926	4.4

Invalid responses include no response.

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?

(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	2843	80	7648	84	370	83	10928	83.0
2 No, not want prevent pregnancy	214	6	365	4	10	2	599	4.5
3 No, did not use any method	447	13	1035	11	63	14	1557	11.8
4 Don't know	55	2	22	0	5	1	84	0.6
Valid responses =	3559	27	9070	69	448	3	13168	62.6

Invalid responses include no response.





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**38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control pills (monthly or extended cycle)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1911	67	5124	67	278	75	7361	67.4
1 Selected	932	33	2524	33	92	25	3567	32.6
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.

**38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control shots**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2806	99	7589	99	366	99	10828	99.1
1 Selected	37	1	59	1	4	1	100	0.9
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.

**38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control implants**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2666	94	7182	94	339	92	10249	93.8
1 Selected	177	6	466	6	31	8	679	6.2
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.

**38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control patch**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2825	99	7604	99	366	99	10862	99.4
1 Selected	18	1	44	1	4	1	66	0.6
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.

**38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**The ring**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2809	99	7486	98	357	97	10717	98.1
1 Selected	34	1	162	2	13	4	211	1.9
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.

**38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Emergency contraception ("morning after pill" or "Plan B")**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2775	98	7447	97	359	97	10644	97.4
1 Selected	68	2	201	3	11	3	284	2.6
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.

**38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Intrauterine device (IUD)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2321	82	5711	75	264	71	8347	76.4
1 Selected	522	18	1937	25	106	29	2581	23.6
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.



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**38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Male (external) condom**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1432	50	4698	61	221	60	6383	58.4
1 Selected	1411	50	2950	39	149	40	4545	41.6
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.

**38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Female (internal) condom**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2835	100	7633	100	364	98	10899	99.7
1 Selected	8	0	15	0	6	2	29	0.3
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.

**38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Diaphragm or cervical cap**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2842	100	7643	100	369	100	10921	99.9
1 Selected	1	0	5	0	1	0	7	0.1
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.

**38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Contraceptive sponge**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2842	100	7646	100	370	100	10925	100.0
1 Selected	1	0	2	0	0	0	3	0.0
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.

**38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Withdrawal**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2465	87	6401	84	311	84	9232	84.5
1 Selected	378	13	1247	16	59	16	1696	15.5
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.

**38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Fertility awareness (for example: calendar, mucous, and basal body temperature)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2755	97	7299	95	352	95	10421	95.8
1 Selected	88	3	349	5	18	5	458	4.2
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.

**38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Sterilization (for example: hysterectomy, tubes tied, or vasectomy)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2722	96	7291	95	344	93	10421	95.4
1 Selected	121	4	357	5	26	7	507	4.6
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.



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[www.acha.org](http://www.acha.org)

GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
Don't know

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2822	99	7640	100	368	100	10896	99.7
1 Selected	21	1	8	0	2	1	32	0.3
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.

38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
Other method

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2816	99	7554	99	358	97	10792	98.8
1 Selected	27	1	94	1	12	3	136	1.2
Valid responses =	2843	26	7648	70	370	3	10928	51.9

Invalid responses include no response.

39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")?  
(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3109	88	7890	87	381	85	11452	87.2
2 Yes	336	10	1001	11	42	9	1391	10.6
3 Don't know	62	2	12	0	8	2	82	0.6
4 Not applicable	42	1	138	2	17	4	203	1.5
Valid responses =	3549	27	9041	69	448	3	13128	62.4

Invalid responses include no response.

40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3322	93	8775	97	436	97	12616	95.8
2 Yes, unintentionally	40	1	103	1	7	2	155	1.2
3 Yes, intentionally	175	5	182	2	4	1	364	2.8
4 Don't know	21	1	10	0	2	0	33	0.3
Valid responses =	3558	27	9070	69	449	3	13168	62.6

Invalid responses include no response.

41A) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I lead a purposeful and meaningful life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	103	2	126	1	19	2	256	1.2
2 Disagree	137	2	208	2	24	3	379	1.8
3 Slightly disagree	203	3	406	3	43	5	656	3.1
4 Neither agree nor disagree	479	8	828	6	92	11	1411	6.7
5 Slightly agree	1119	18	2332	17	171	20	3664	17.5
6 Agree	2387	38	5480	40	316	36	8248	39.4
7 Strongly agree	1850	30	4232	31	202	23	6338	30.3
Valid responses =	6278	30	13612	65	867	4	20952	99.5

Invalid responses include no response.

41B) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	92	2	115	1	13	2	231	1.1
2 Disagree	139	2	208	2	24	3	376	1.8
3 Slightly disagree	236	4	434	3	33	4	709	3.4
4 Neither agree nor disagree	468	8	638	5	55	6	1178	5.6
5 Slightly agree	1196	19	2216	16	176	20	3623	17.3
6 Agree	2408	38	5447	40	312	36	8242	39.3
7 Strongly agree	1741	28	4551	33	254	29	6594	31.5
Valid responses =	6280	30	13609	65	867	4	20953	99.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	96	2	154	1	23	3	283	1.4
2 Disagree	180	3	341	3	49	6	576	2.7
3 Slightly disagree	329	5	713	5	67	8	1114	5.3
4 Neither agree nor disagree	485	8	953	7	65	8	1528	7.3
5 Slightly agree	1368	22	3059	23	234	27	4702	22.4
6 Agree	2366	38	5286	39	281	32	8002	38.2
7 Strongly agree	1454	23	3101	23	148	17	4742	22.6
Valid responses =	6278	30	13607	65	867	4	20947	99.5

Invalid responses include no response.

41D) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	71	1	102	1	15	2	194	0.9
2 Disagree	93	2	160	1	18	2	279	1.3
3 Slightly disagree	156	3	260	2	30	4	450	2.1
4 Neither agree nor disagree	574	9	881	7	80	9	1558	7.4
5 Slightly agree	1309	21	2535	19	184	21	4063	19.4
6 Agree	2348	37	5558	41	309	36	8281	39.6
7 Strongly agree	1723	28	4105	30	231	27	6112	29.2
Valid responses =	6274	30	13601	65	867	4	20937	99.5

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	65	1	100	1	15	2	187	0.9
2 Disagree	92	2	158	1	19	2	272	1.3
3 Slightly disagree	138	2	358	3	43	5	543	2.6
4 Neither agree nor disagree	304	5	542	4	53	6	915	4.4
5 Slightly agree	1029	16	2201	16	183	21	3448	16.5
6 Agree	2567	41	5711	42	336	39	8684	41.5
7 Strongly agree	2079	33	4536	33	218	25	6893	32.9
Valid responses =	6274	30	13606	65	867	4	20942	99.5

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	71	1	96	1	13	2	186	0.9
2 Disagree	85	1	96	1	18	2	203	1.0
3 Slightly disagree	152	2	271	2	34	4	461	2.2
4 Neither agree nor disagree	497	8	723	5	101	12	1344	6.4
5 Slightly agree	974	16	1863	14	184	21	3054	14.6
6 Agree	2421	39	5612	41	301	35	8411	40.2
7 Strongly agree	2076	33	4949	36	216	25	7289	34.8
Valid responses =	6276	30	13610	65	867	4	20948	99.5

Invalid responses include no response.

41G) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	133	2	190	1	39	5	375	1.8
2 Disagree	153	2	234	2	37	4	429	2.0
3 Slightly disagree	253	4	518	4	65	8	841	4.0
4 Neither agree nor disagree	474	8	846	6	96	11	1442	6.9
5 Slightly agree	1023	16	2191	16	164	19	3412	16.3
6 Agree	2137	34	4971	37	256	30	7427	35.5
7 Strongly agree	2102	34	4655	34	209	24	7015	33.5
Valid responses =	6275	30	13605	65	866	4	20941	99.5

Invalid responses include no response.



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41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

People respect me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	71	1	121	1	17	2	215	1.0
2 Disagree	80	1	134	1	23	3	243	1.2
3 Slightly disagree	172	3	308	2	50	6	535	2.6
4 Neither agree nor disagree	596	10	1027	8	110	13	1759	8.4
5 Slightly agree	1031	16	2245	17	194	22	3508	16.8
6 Agree	2623	42	5950	44	314	36	8962	42.8
7 Strongly agree	1697	27	3815	28	158	18	5708	27.3
Valid responses =	6270	30	13600	65	866	4	20930	99.4

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.<sup>1</sup>

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	46	1	83	1	5	1	140	0.7
1 Rarely true	91	1	271	2	35	4	404	1.9
2 Sometimes true	940	15	2380	18	194	22	3552	17.0
3 Often true	2790	44	6217	46	376	43	9468	45.2
4 True nearly all the time	2410	38	4659	34	257	30	7389	35.3
Valid responses =	6277	30	13610	65	867	4	20953	99.6

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.<sup>1</sup>

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	78	1	132	1	8	1	224	1.1
1 Rarely true	183	3	453	3	46	5	689	3.3
2 Sometimes true	972	16	2456	18	210	24	3679	17.6
3 Often true	2469	39	5701	42	326	38	8577	41.0
4 True nearly all the time	2569	41	4858	36	277	32	7767	37.1
Valid responses =	6271	30	13600	65	867	4	20936	99.5

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1355	22	1214	9	74	9	2675	12.9
2 Yes	4864	78	12305	91	788	91	18119	87.1
Valid responses =	6219	30	13519	65	862	4	20794	98.8

Invalid responses include no response.

44A) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel nervous?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	728	12	883	7	28	3	1650	7.9
1 A little of the time	2017	32	3292	24	145	17	5494	26.2
2 Some of the time	2465	39	5696	42	347	40	8588	41.0
3 Most of the time	815	13	2774	20	246	28	3879	18.5
4 All of the time	245	4	959	7	103	12	1323	6.3
Valid responses =	6270	30	13604	65	869	4	20934	99.5

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel hopeless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	2564	41	5430	40	210	24	8267	39.6
1 A little of the time	1837	29	4017	30	273	32	6175	29.6
2 Some of the time	1339	21	3043	22	258	30	4697	22.5
3 Most of the time	390	6	812	6	87	10	1303	6.2
4 All of the time	120	2	255	2	37	4	421	2.0
Valid responses =	6250	30	13557	65	865	4	20863	99.1

Invalid responses include no response.



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44C) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel restless or fidgety?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	1362	22	2353	17	70	8	3808	18.2
1 A little of the time	1894	30	3774	28	163	19	5884	28.2
2 Some of the time	1928	31	4516	33	297	34	6797	32.5
3 Most of the time	836	13	2238	17	232	27	3346	16.0
4 All of the time	228	4	700	5	107	12	1055	5.1
Valid responses =	6248	30	13581	65	869	4	20890	99.3

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	3256	52	6397	47	290	33	10008	47.8
1 A little of the time	1667	27	3994	29	287	33	5999	28.7
2 Some of the time	994	16	2371	17	205	24	3624	17.3
3 Most of the time	273	4	617	5	57	7	960	4.6
4 All of the time	76	1	215	2	30	4	328	1.6
Valid responses =	6266	30	13594	65	869	4	20919	99.4

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel that everything was an effort?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	1762	28	3210	24	114	13	5120	24.5
1 A little of the time	1960	31	4081	30	201	23	6294	30.1
2 Some of the time	1550	25	3604	27	245	28	5450	26.0
3 Most of the time	738	12	1885	14	191	22	2846	13.6
4 All of the time	257	4	818	6	119	14	1217	5.8
Valid responses =	6267	30	13598	65	870	4	20927	99.4

Invalid responses include no response.

44F) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel worthless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	3641	58	8009	59	367	42	12104	57.9
1 A little of the time	1380	22	2966	22	214	25	4600	22.0
2 Some of the time	820	13	1726	13	170	20	2763	13.2
3 Most of the time	289	5	583	4	73	8	952	4.6
4 All of the time	128	2	297	2	44	5	479	2.3
Valid responses =	6258	30	13581	65	868	4	20898	99.3

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you.

How often do you feel that you lack companionship?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	2545	41	5852	43	303	35	8759	41.8
2 Some of the time	2612	42	5808	43	366	42	8879	42.4
3 Often	1122	18	1951	14	200	23	3316	15.8
Valid responses =	6279	30	13611	65	869	4	20954	99.6

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you.

How often do you feel left out?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	2712	43	5477	40	254	29	8501	40.6
2 Some of the time	2726	43	6391	47	412	47	9624	45.9
3 Often	844	13	1741	13	203	23	2828	13.5
Valid responses =	6282	30	13609	65	869	4	20953	99.6

Invalid responses include no response.



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45C) Indicate how often each of the statements below is descriptive of you.

How often do you feel isolated from others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	2626	42	5794	43	223	26	8701	41.5
2 Some of the time	2612	42	5783	43	398	46	8874	42.3
3 Often	1046	17	2032	15	250	29	3384	16.1
Valid responses =	6284	30	13609	65	871	4	20959	99.6
Invalid responses include no response.								

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	5988	96	12794	94	735	85	19684	94.0
2 Once or twice	235	4	676	5	95	11	1029	4.9
3 Monthly	38	1	85	1	22	3	149	0.7
4 Weekly	8	0	35	0	9	1	54	0.3
5 Daily or almost daily	4	0	12	0	6	1	22	0.1
Valid responses =	6273	30	13602	65	867	4	20938	99.5
Invalid responses include no response.								

47A1) Within the last 12 months, have you had problems or challenges with any the following?

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4066	65	8520	63	470	54	13156	62.9
2 Yes	2210	35	5054	37	399	46	7756	37.1
Valid responses =	6276	30	13574	65	869	4	20912	99.4
Invalid responses include no response.								

47A2) Within the last 12 months, have you had problems or challenges with any the following?

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3675	59	8223	61	463	53	12455	59.6
2 Yes	2595	41	5335	39	407	47	8436	40.4
Valid responses =	6270	30	13558	65	870	4	20891	99.3
Invalid responses include no response.								

47A3) Within the last 12 months, have you had problems or challenges with any the following?

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3465	55	6709	50	358	41	10619	50.8
2 Yes	2806	45	6856	51	509	59	10277	49.2
Valid responses =	6271	30	13565	65	867	4	20896	99.3
Invalid responses include no response.								

47A4) Within the last 12 months, have you had problems or challenges with any the following?

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2346	38	4384	32	205	24	6933	33.5
2 Yes	3915	63	9177	68	663	76	13891	66.5
Valid responses =	6261	30	13561	65	868	4	20884	99.2
Invalid responses include no response.								

47A5) Within the last 12 months, have you had problems or challenges with any the following?

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5332	85	11540	85	640	74	17642	84.6
2 Yes	931	15	2002	15	227	26	3222	15.4
Valid responses =	6263	30	13542	65	867	4	20864	99.1
Invalid responses include no response.								





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

## 47A6) Within the last 12 months, have you had problems or challenges with any the following?

### Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4649	74	8557	63	429	49	13742	65.9
2 Yes	1615	26	4989	37	439	51	7126	34.1
Valid responses =	6264	30	13546	65	868	4	20868	99.1

Invalid responses include no response.

## 47A7) Within the last 12 months, have you had problems or challenges with any the following?

### Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4017	64	8585	63	499	58	13220	63.4
2 Yes	2240	36	4963	37	367	42	7642	36.6
Valid responses =	6257	30	13548	65	866	4	20862	99.1

Invalid responses include no response.

## 47A8) Within the last 12 months, have you had problems or challenges with any the following?

### Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5159	83	10916	81	624	72	16841	80.8
2 Yes	1090	17	2608	19	245	28	3991	19.2
Valid responses =	6249	30	13524	65	869	4	20832	99.0

Invalid responses include no response.

## 47A9) Within the last 12 months, have you had problems or challenges with any the following?

### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5238	84	10812	80	626	72	16820	80.8
2 Yes	1011	16	2696	20	241	28	3994	19.2
Valid responses =	6249	30	13508	65	867	4	20814	98.9

Invalid responses include no response.

## 47A10) Within the last 12 months, have you had problems or challenges with any the following?

### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4262	68	7220	53	360	42	11944	57.4
2 Yes	1978	32	6301	47	505	58	8873	42.6
Valid responses =	6240	30	13521	65	865	4	20817	98.9

Invalid responses include no response.

## 47A11) Within the last 12 months, have you had problems or challenges with any the following?

### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4126	66	7867	58	429	50	12517	60.1
2 Yes	2119	34	5671	42	436	50	8321	39.9
Valid responses =	6245	30	13538	65	865	4	20838	99.0

Invalid responses include no response.

## 47A12) Within the last 12 months, have you had problems or challenges with any the following?

### Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5007	80	10337	76	619	72	16096	77.1
2 Yes	1250	20	3217	24	247	29	4768	22.9
Valid responses =	6257	30	13554	65	866	4	20864	99.1

Invalid responses include no response.

## 47A13) Within the last 12 months, have you had problems or challenges with any the following?

### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5998	96	12725	94	779	90	19670	94.2
2 Yes	268	4	838	6	87	10	1212	5.8
Valid responses =	6266	30	13563	65	866	4	20882	99.2

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2023

American College Health Association

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### GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

#### 47A14) Within the last 12 months, have you had problems or challenges with any the following?

Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6104	97	13292	98	822	95	20397	97.7
2 Yes	162	3	264	2	45	5	478	2.3
Valid responses =	6266	30	13556	65	867	4	20875	99.2

Invalid responses include no response.

#### 47A15) Within the last 12 months, have you had problems or challenges with any the following?

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6202	99	13443	99	853	98	20681	99.0
2 Yes	68	1	114	1	14	2	200	1.0
Valid responses =	6270	30	13557	65	867	4	20881	99.2

Invalid responses include no response.

#### 47A16) Within the last 12 months, have you had problems or challenges with any the following?

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5361	86	10304	76	398	46	16172	77.4
2 Yes	902	14	3262	24	470	54	4713	22.6
Valid responses =	6263	30	13566	65	868	4	20885	99.2

Invalid responses include no response.

#### 47A17) Within the last 12 months, have you had problems or challenges with any the following?

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6117	98	12232	90	723	83	19241	92.2
2 Yes	143	2	1325	10	145	17	1632	7.8
Valid responses =	6260	30	13557	65	868	4	20873	99.2

Invalid responses include no response.

#### 47A18) Within the last 12 months, have you had problems or challenges with any the following?

Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5518	88	11697	86	598	69	17944	85.9
2 Yes	746	12	1863	14	270	31	2936	14.1
Valid responses =	6264	30	13560	65	868	4	20880	99.2

Invalid responses include no response.

#### 47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	36	2	31	1	1	0	72	0.9
2 Minimal Distress	381	17	708	14	45	11	1159	15.0
3 Moderate Distress	1041	47	2052	41	169	43	3286	42.5
4 High Distress	740	34	2248	45	182	46	3208	41.5
Valid responses =	2198	28	5039	65	397	5	7725	36.7

Invalid responses include no response.

#### 47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	39	2	45	1	1	0	86	1.0
2 Minimal Distress	491	19	897	17	67	17	1474	17.5
3 Moderate Distress	1104	43	2206	42	172	43	3523	41.9
4 High Distress	953	37	2163	41	165	41	3317	39.5
Valid responses =	2587	31	5311	63	405	5	8400	39.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	40	1	45	1	0	0	86	0.8
2 Minimal Distress	660	24	1300	19	62	12	2034	19.9
3 Moderate Distress	1221	44	2934	43	209	41	4406	43.0
4 High Distress	879	31	2551	37	234	46	3714	36.3
Valid responses =	2800	27	6830	67	505	5	10240	48.7

Invalid responses include no response.

47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	158	4	218	2	20	3	400	2.9
2 Minimal Distress	1542	40	3203	35	190	29	4974	36.0
3 Moderate Distress	1498	38	3639	40	280	43	5470	39.6
4 High Distress	705	18	2077	23	166	25	2985	21.6
Valid responses =	3903	28	9137	66	656	5	13829	65.7

Invalid responses include no response.

47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	40	4	65	3	3	1	111	3.5
2 Minimal Distress	373	41	675	34	64	28	1133	35.4
3 Moderate Distress	319	35	755	38	89	40	1179	36.9
4 High Distress	188	20	496	25	69	31	774	24.2
Valid responses =	920	29	1991	62	225	7	3197	15.2

Invalid responses include no response.

47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	60	4	85	2	7	2	155	2.2
2 Minimal Distress	632	39	1508	30	108	25	2267	31.9
3 Moderate Distress	598	37	2049	41	191	44	2867	40.4
4 High Distress	317	20	1330	27	131	30	1810	25.5
Valid responses =	1607	23	4972	70	437	6	7099	33.7

Invalid responses include no response.

47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	89	4	135	3	6	2	235	3.1
2 Minimal Distress	738	33	1590	32	127	35	2472	32.5
3 Moderate Distress	831	37	1852	38	122	33	2831	37.2
4 High Distress	571	26	1368	28	110	30	2072	27.2
Valid responses =	2229	29	4945	65	365	5	7610	36.2

Invalid responses include no response.

47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	62	6	104	4	7	3	174	4.4
2 Minimal Distress	498	46	1008	39	87	36	1610	40.6
3 Moderate Distress	340	31	892	34	78	32	1323	33.3
4 High Distress	186	17	589	23	70	29	862	21.7
Valid responses =	1086	27	2593	65	242	6	3969	18.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	90	9	124	5	9	4	224	5.6
2 Minimal Distress	515	51	1322	49	113	48	1968	49.6
3 Moderate Distress	312	31	923	34	77	33	1330	33.5
4 High Distress	87	9	315	12	37	16	447	11.3
Valid responses =	1004	25	2684	68	236	6	3969	18.9

Invalid responses include no response.

47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	103	5	146	2	9	2	259	2.9
2 Minimal Distress	999	51	2722	43	204	41	3968	44.9
3 Moderate Distress	649	33	2382	38	186	37	3240	36.7
4 High Distress	222	11	1021	16	102	20	1366	15.5
Valid responses =	1973	22	6271	71	501	6	8833	42.0

Invalid responses include no response.

47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	116	6	168	3	12	3	301	3.6
2 Minimal Distress	806	38	1762	31	130	30	2719	32.7
3 Moderate Distress	774	37	2237	40	173	40	3223	38.8
4 High Distress	420	20	1491	26	120	28	2060	24.8
Valid responses =	2116	25	5658	68	435	5	8303	39.4

Invalid responses include no response.

47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	66	5	85	3	6	2	159	3.3
2 Minimal Distress	383	31	685	21	55	22	1133	23.8
3 Moderate Distress	424	34	1173	37	74	30	1687	35.4
4 High Distress	374	30	1268	40	112	45	1780	37.4
Valid responses =	1247	26	3211	67	247	5	4759	22.6

Invalid responses include no response.

47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	32	12	63	8	8	9	105	8.7
2 Minimal Distress	99	37	266	32	25	29	395	32.8
3 Moderate Distress	78	29	288	35	28	33	403	33.4
4 High Distress	57	21	218	26	24	28	302	25.1
Valid responses =	266	22	835	69	85	7	1205	5.7

Invalid responses include no response.

47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	24	15	31	12	5	11	60	12.7
2 Minimal Distress	65	41	100	38	12	27	179	37.8
3 Moderate Distress	38	24	81	31	16	36	136	28.7
4 High Distress	33	21	51	19	11	25	99	20.9
Valid responses =	160	34	263	55	44	9	474	2.3

Invalid responses include no response.



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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	10	15	23	20	2	14	36	18.1
2 Minimal Distress	24	36	28	25	2	14	54	27.1
3 Moderate Distress	21	31	31	27	5	36	58	29.1
4 High Distress	12	18	32	28	5	36	51	25.6
Valid responses =	67	34	114	57	14	7	199	0.9

Invalid responses include no response.

47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	127	14	216	7	19	4	367	7.8
2 Minimal Distress	490	54	1747	54	217	47	2485	52.9
3 Moderate Distress	208	23	923	28	162	35	1321	28.1
4 High Distress	75	8	370	11	69	15	528	11.2
Valid responses =	900	19	3256	69	467	10	4701	22.3

Invalid responses include no response.

47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	27	19	94	7	8	6	129	7.9
2 Minimal Distress	65	46	643	49	52	36	770	47.2
3 Moderate Distress	31	22	387	29	53	37	477	29.2
4 High Distress	20	14	201	15	32	22	256	15.7
Valid responses =	143	9	1325	81	145	9	1632	7.8

Invalid responses include no response.

47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	64	9	89	5	4	2	158	5.4
2 Minimal Distress	329	45	763	41	85	32	1195	41.0
3 Moderate Distress	228	31	664	36	105	39	1015	34.8
4 High Distress	119	16	339	18	74	28	550	18.8
Valid responses =	740	25	1855	64	268	9	2918	13.9

Invalid responses include no response.

47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1521	59	3274	62	226	56	5076	60.4
2 Negatively impacted performance in a class	807	31	1486	28	128	32	2444	29.1
3 Delayed progress towards degree	258	10	554	10	51	13	881	10.5
Valid responses =	2586	31	5314	63	405	5	8401	39.9

Invalid responses include no response.

47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1756	63	4772	70	298	59	6888	67.3
2 Negatively impacted performance in a class	773	28	1463	21	158	31	2418	23.6
3 Delayed progress towards degree	259	9	598	9	51	10	924	9.0
Valid responses =	2788	27	6833	67	507	5	10230	48.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1715	44	4385	48	269	41	6430	46.5
2 Negatively impacted performance in a class	1715	44	3868	42	321	49	5958	43.1
3 Delayed progress towards degree	462	12	895	10	68	10	1441	10.4
Valid responses =	3892	28	9148	66	658	5	13829	65.7

Invalid responses include no response.

47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	412	45	911	46	78	35	1425	44.5
2 Negatively impacted performance in a class	361	39	763	38	102	45	1250	39.0
3 Delayed progress towards degree	148	16	323	16	45	20	527	16.5
Valid responses =	921	29	1997	62	225	7	3202	15.2

Invalid responses include no response.

47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1113	69	3645	74	303	70	5116	72.3
2 Negatively impacted performance in a class	396	25	1046	21	113	26	1572	22.2
3 Delayed progress towards degree	95	6	266	5	20	5	391	5.5
Valid responses =	1604	23	4957	70	436	6	7079	33.6

Invalid responses include no response.

47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1530	69	3497	71	264	73	5336	70.2
2 Negatively impacted performance in a class	571	26	1203	24	78	22	1872	24.6
3 Delayed progress towards degree	129	6	236	5	21	6	392	5.2
Valid responses =	2230	29	4936	65	363	5	7600	36.1

Invalid responses include no response.

47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	816	75	2009	77	169	70	3029	76.3
2 Negatively impacted performance in a class	227	21	497	19	59	24	791	19.9
3 Delayed progress towards degree	42	4	90	4	14	6	150	3.8
Valid responses =	1085	27	2596	65	242	6	3970	18.9

Invalid responses include no response.

47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	740	74	2064	77	159	68	2996	75.7
2 Negatively impacted performance in a class	221	22	523	20	62	26	815	20.6
3 Delayed progress towards degree	40	4	93	4	14	6	148	3.7
Valid responses =	1001	25	2680	68	235	6	3959	18.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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Number of Surveys (n) = 21047 Web Surveys

#### 47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1718	87	5691	91	431	86	7908	89.5
2 Negatively impacted performance in a class	216	11	496	8	51	10	776	8.8
3 Delayed progress towards degree	35	2	90	1	19	4	148	1.7
Valid responses =	1969	22	6277	71	501	6	8832	42.0

Invalid responses include no response.

#### 47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1580	75	4161	74	299	69	6101	73.6
2 Negatively impacted performance in a class	421	20	1204	21	110	25	1756	21.2
3 Delayed progress towards degree	107	5	287	5	25	6	429	5.2
Valid responses =	2108	25	5652	68	434	5	8286	39.4

Invalid responses include no response.

#### 47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	810	65	1996	62	121	49	2955	62.1
2 Negatively impacted performance in a class	343	28	959	30	98	40	1416	29.8
3 Delayed progress towards degree	91	7	256	8	28	11	384	8.1
Valid responses =	1244	26	3211	68	247	5	4755	22.6

Invalid responses include no response.

#### 47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	170	64	528	63	44	52	754	62.7
2 Negatively impacted performance in a class	66	25	230	28	31	37	332	27.6
3 Delayed progress towards degree	28	11	76	9	10	12	116	9.7
Valid responses =	264	22	834	69	85	7	1202	5.7

Invalid responses include no response.

#### 47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	114	71	199	75	26	59	342	72.0
2 Negatively impacted performance in a class	33	21	47	18	12	27	94	19.8
3 Delayed progress towards degree	13	8	18	7	6	14	39	8.2
Valid responses =	160	34	264	56	44	9	475	2.3

Invalid responses include no response.

#### 47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	34	52	57	50	5	36	98	49.7
2 Negatively impacted performance in a class	23	35	37	33	4	29	65	33.0
3 Delayed progress towards degree	9	14	19	17	5	36	34	17.3
Valid responses =	66	34	113	57	14	7	197	0.9

Invalid responses include no response.



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**47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype) Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	717	80	2642	81	333	71	3741	79.6
2 Negatively impacted performance in a class	149	17	502	15	117	25	791	16.8
3 Delayed progress towards degree	32	4	111	3	18	4	165	3.5
Valid responses =	898	19	3255	69	468	10	4697	22.3

Invalid responses include no response.

**47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	116	83	1132	85	108	75	1369	84.0
2 Negatively impacted performance in a class	16	11	160	12	24	17	204	12.5
3 Delayed progress towards degree	8	6	33	3	13	9	56	3.4
Valid responses =	140	9	1325	81	145	9	1629	7.7

Invalid responses include no response.

**47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Discrimination**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	515	70	1304	70	163	61	2013	69.0
2 Negatively impacted performance in a class	177	24	420	23	80	30	693	23.8
3 Delayed progress towards degree	49	7	131	7	24	9	211	7.2
Valid responses =	741	25	1855	64	267	9	2917	13.9

Invalid responses include no response.

**48) Within the last 30 days, how would you rate the overall level of stress you have experienced?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	204	3	115	1	9	1	330	1.6
2 Low	1863	30	2620	19	132	15	4665	22.2
3 Moderate	2983	47	6901	51	423	49	10391	49.5
4 High	1242	20	3998	29	300	35	5611	26.7
Valid responses =	6292	30	13634	65	864	4	20988	99.7

Invalid responses include no response.

**49) Have you ever thought about or attempted to kill yourself?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4079	65	7899	58	245	28	12312	58.7
2 Just a brief passing thought	1419	23	3428	25	246	28	5143	24.5
3 Planned at least once, but did not try to do it	403	6	1095	8	139	16	1653	7.9
4 Planned at least once, wanted to die	219	4	588	4	116	13	943	4.5
5 Attempted, but did not want to die	84	1	294	2	47	5	431	2.1
6 Attempted, really hoped to die	82	1	308	2	73	8	479	2.3
Valid responses =	6286	30	13612	65	866	4	20961	99.6

Invalid responses include no response.

**50) How often have you thought about killing yourself in the past year?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4958	79	10183	75	444	52	15710	75.0
2 Rarely (1 time)	610	10	1545	11	140	16	2316	11.1
3 Sometimes (2 times)	352	6	983	7	133	15	1484	7.1
4 Often (3-4 times)	148	2	472	4	45	5	680	3.2
5 Very often (5 or more times)	224	4	411	3	100	12	753	3.6
Valid responses =	6292	30	13594	65	862	4	20943	99.5

Invalid responses include no response.





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Number of Surveys (n) = 21047 Web Surveys

## 51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5472	87	11182	82	564	65	17367	82.9
2 Yes, one time, did not want to die	455	7	1313	10	100	12	1879	9.0
3 Yes, one time, wanted to die	173	3	544	4	79	9	816	3.9
4 Yes, more than once, did not want to do it	128	2	313	2	60	7	505	2.4
5 Yes, more than once, wanted to do it	54	1	245	2	61	7	370	1.8
Valid responses =	6282	30	13597	65	864	4	20937	99.5

Invalid responses include no response.

## 52) How likely is it that you will attempt suicide someday?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4528	72	9594	71	379	44	14619	69.8
1 No chance at all	743	12	1659	12	118	14	2538	12.1
2 Rather unlikely	720	12	1648	12	223	26	2620	12.5
3 Unlikely	189	3	486	4	84	10	775	3.7
4 Likely	65	1	154	1	41	5	267	1.3
5 Rather likely	22	0	29	0	12	1	66	0.3
6 Very likely	18	0	28	0	8	1	56	0.3
Valid responses =	6285	30	13598	65	865	4	20941	99.5

Invalid responses include no response.

## 53) Within the last 12 months, have you attempted suicide?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6178	99	13416	99	841	97	20626	98.8
2 Yes	89	1	130	1	25	3	248	1.2
Valid responses =	6267	30	13546	65	866	4	20874	99.2

Invalid responses include no response.

## 54A) Have you ever received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3467	55	4363	32	121	14	8017	38.2
2 Yes	2824	45	9259	68	749	86	12961	61.8
Valid responses =	6291	30	13622	65	870	4	20978	99.7

Invalid responses include no response.

## 54B) Within the last 12 months, have you received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4537	72	6992	51	236	27	11856	56.6
2 Yes	1751	28	6619	49	634	73	9109	43.4
Valid responses =	6288	30	13611	65	870	4	20965	99.6

Invalid responses include no response.

## 54C1) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

My current campus health and/or counseling center?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	941	56	4155	65	425	69	5585	63.5
2 Yes	746	44	2247	35	187	31	3216	36.5
Valid responses =	1687	19	6402	73	612	7	8801	41.8

Invalid responses include no response.

## 54C2) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider in the local community near my campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1091	65	4135	65	324	52	5614	64.0
2 Yes	599	35	2236	35	294	48	3163	36.0
Valid responses =	1690	19	6371	73	618	7	8777	41.7

Invalid responses include no response.





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54C3) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider in my home town?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1160	70	3918	61	401	65	5543	63.3
2 Yes	510	31	2458	39	212	35	3216	36.7
Valid responses =	1670	19	6376	73	613	7	8759	41.6

Invalid responses include no response.

54C4) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider not described above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1214	85	4197	81	378	78	5851	81.2
2 Yes	223	16	1010	19	105	22	1358	18.8
Valid responses =	1437	20	5207	72	483	7	7209	34.3

Invalid responses include no response.

55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner,

physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2497	40	2898	21	150	17	5601	26.7
2 Yes	3786	60	10712	79	720	83	15358	73.3
Valid responses =	6283	30	13610	65	870	4	20959	99.6

Invalid responses include no response.

55B1) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)

My current campus health center?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1981	55	6611	64	418	60	9095	61.6
2 Yes	1631	45	3706	36	277	40	5660	38.4
Valid responses =	3612	24	10317	70	695	5	14755	70.1

Invalid responses include no response.

55B2) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)

A medical service provider in the local community near my campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2196	61	6174	61	347	50	8789	60.1
2 Yes	1390	39	4032	40	351	50	5829	39.9
Valid responses =	3586	25	10206	70	698	5	14618	69.5

Invalid responses include no response.

55B3) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)

A medical service provider in my home town?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1867	52	4385	43	370	54	6688	45.5
2 Yes	1722	48	5912	57	315	46	8010	54.5
Valid responses =	3589	24	10297	70	685	5	14698	69.8

Invalid responses include no response.

55B4) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)

A medical service provider not described above?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2735	93	7455	92	482	89	10760	92.2
2 Yes	199	7	642	8	62	11	913	7.8
Valid responses =	2934	25	8097	69	544	5	11673	55.5

Invalid responses include no response.



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56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3914	62	3825	28	272	31	8095	38.6
2 Yes	378	6	9647	71	509	59	10620	50.7
3 Don't know	36	1	76	1	5	1	118	0.6
4 Not applicable	1958	31	63	1	81	9	2127	10.1
Valid responses =	6286	30	13611	65	867	4	20960	99.6

Invalid responses include no response.

57) Have you had a dental exam and cleaning in the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2574	41	4129	30	324	37	7104	33.9
2 Yes	3659	58	9371	69	536	62	13686	65.3
3 Don't know	57	1	114	1	11	1	182	0.9
Valid responses =	6290	30	13614	65	871	4	20972	99.6

Invalid responses include no response.

58) When you are outdoors in the sun, how often do you wear sunscreen?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1179	19	632	5	73	8	1910	9.1
2 Rarely	1628	26	1701	13	159	18	3524	16.8
3 Sometimes	1864	30	3495	26	249	29	5670	27.0
4 Usually	1278	20	4906	36	267	31	6506	31.0
5 Always	345	6	2897	21	123	14	3384	16.1
Valid responses =	6294	30	13631	65	871	4	20994	99.7

Invalid responses include no response.

59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?  
Wear a shirt with sleeves

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	899	14	1637	12	111	13	2681	12.9
2 Rarely	1061	17	2497	18	142	16	3721	17.8
3 Sometimes	1886	30	5121	38	319	37	7392	35.4
4 Usually	1699	27	3270	24	225	26	5242	25.1
5 Always	702	11	1027	8	70	8	1818	8.7
Valid responses =	6247	30	13552	65	867	4	20854	99.1

Invalid responses include no response.

59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?  
Wear sunglasses

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1113	18	1240	9	137	16	2523	12.1
2 Rarely	991	16	1687	12	138	16	2839	13.6
3 Sometimes	1550	25	3451	25	217	25	5270	25.2
4 Usually	1674	27	4490	33	226	26	6435	30.8
5 Always	930	15	2725	20	146	17	3838	18.4
Valid responses =	6258	30	13593	65	864	4	20905	99.3

Invalid responses include no response.

59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?  
Stay in the shade

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	356	6	457	3	30	4	856	4.1
2 Rarely	746	12	1582	12	72	8	2415	11.6
3 Sometimes	2609	42	5873	43	378	44	8949	42.8
4 Usually	2185	35	4641	34	308	36	7194	34.4
5 Always	366	6	1019	8	78	9	1477	7.1
Valid responses =	6262	30	13572	65	866	4	20891	99.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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American College Health Association

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GRADUATE/PROFESSIONAL STUDENTS

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FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear a hat

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1197	19	2217	16	168	20	3617	17.3
2 Rarely	1211	19	3111	23	181	21	4547	21.8
3 Sometimes	1965	31	5233	39	301	35	7564	36.3
4 Usually	1376	22	2350	17	160	19	3920	18.8
5 Always	503	8	644	5	53	6	1212	5.8
Valid responses =	6252	30	13555	65	863	4	20860	99.1

Invalid responses include no response.

60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	4255	69	7258	54	580	68	12212	59.4
1 1 time	197	3	478	4	35	4	720	3.5
2 2 times	305	5	777	6	42	5	1131	5.5
3 3 times	189	3	544	4	29	3	773	3.8
4 4 times	102	2	315	2	17	2	436	2.1
5 5 times	252	4	751	6	44	5	1055	5.1
6 6 to 10 times	407	7	1358	10	47	6	1827	8.9
7 11 to 15 times	115	2	421	3	12	1	549	2.7
8 16 to 20 times	117	2	547	4	21	3	689	3.4
9 21 to 49 times	110	2	551	4	17	2	681	3.3
10 50 or More times	107	2	374	3	10	1	493	2.4
Valid responses =	6156	30	13374	65	854	4	20566	97.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.86	0.00	16.18	0	365
Cis Women	6.48	0.00	18.38	0	365
Trans/Gender Non-conforming	3.14	0.00	9.27	0	100
Overall	5.54	0.00	17.49	0	365

61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	2399	38	3297	24	152	18	5905	28.3
2 Have started, but not completed HPV vaccine	310	5	812	6	70	8	1203	5.8
3 Completed HPV vaccine	2188	35	8170	60	547	63	11000	52.6
4 I don't know my HPV vaccination status	1361	22	1300	10	101	12	2786	13.3
Valid responses =	6258	30	13579	65	870	4	20894	99.3

Invalid responses include no response.

62) Did you have a flu vaccine within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2115	34	4103	30	217	25	6496	31.0
2 Yes	4016	64	9312	69	638	73	14092	67.3
3 Don't know	142	2	183	1	15	2	343	1.6
Valid responses =	6273	30	13598	65	870	4	20931	99.4

Invalid responses include no response.

COVIDVAXA Have you been vaccinated against COVID-19?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	165	3	487	4	20	2	683	3.3
2 Yes	6113	97	13106	96	850	98	20246	96.7
Valid responses =	6278	30	13593	65	870	4	20929	99.4

Invalid responses include no response.

COVIDVAXC Was your first COVID-19 vaccine the Johnson & Johnson vaccine? (only includes students who have been vaccinated against COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5424	89	11930	91	764	90	18277	90.6
2 Yes	667	11	1132	9	83	10	1896	9.4
Valid responses =	6091	30	13062	65	847	4	20173	95.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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#### COVAXSTATUS Vaccination Status

(This variable was calculated using number of doses received and is based on whether a student received Johnson & Johnson as their first vaccine. Students studying in the U.S. on a visa were coded to missing for this variable, unless they reported not being vaccinated against COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Have not been vaccinated against COVID-19	165	3	487	4	20	2	683	3.3
1 Received one dose of two-dose primary series	33	1	61	1	4	1	99	0.5
2 Received primary dose(s)	911	15	1849	14	61	7	2838	13.7
3 Received primary dose(s) and one booster dose	2950	48	6031	45	323	38	9379	45.4
4 Received primary dose(s) and two or more booster doses	2132	34	5003	37	453	53	7659	37.1
Valid responses =	6191	30	13431	65	861	4	20658	98.2

Invalid responses include no response.

#### COVIDINF Have you tested positive for COVID-19 within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3825	61	7481	55	438	50	11857	56.7
2 Yes	2448	39	6113	45	432	50	9066	43.3
Valid responses =	6273	30	13594	65	870	4	20923	99.4

Invalid responses include no response.

#### 63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6126	98	13072	97	830	96	20199	97.1
2 Yes	118	2	447	3	36	4	605	2.9
Valid responses =	6244	30	13519	65	866	4	20804	98.8

Invalid responses include no response.

#### 63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6150	99	13378	99	856	99	20556	99.1
2 Yes	68	1	100	1	9	1	179	0.9
Valid responses =	6218	30	13478	65	865	4	20735	98.5

Invalid responses include no response.

#### 63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6152	100	13286	100	849	99	20457	99.6
2 Yes	34	1	50	0	6	1	90	0.4
Valid responses =	6186	30	13336	65	855	4	20547	97.6

Invalid responses include no response.

#### 63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4874	78	8985	67	592	69	14575	70.2
2 Yes	1361	22	4515	33	272	32	6199	29.8
Valid responses =	6235	30	13500	65	864	4	20774	98.7

Invalid responses include no response.

#### 63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6173	99	13273	98	837	97	20452	98.4
2 Yes	63	1	235	2	27	3	330	1.6
Valid responses =	6236	30	13508	65	864	4	20782	98.7

Invalid responses include no response.

#### 63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6155	99	13424	100	859	100	20610	99.5
2 Yes	64	1	39	0	3	0	107	0.5
Valid responses =	6219	30	13463	65	862	4	20717	98.4

Invalid responses include no response.



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63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5508	89	11754	87	761	88	18182	87.6
2 Yes	714	12	1733	13	101	12	2562	12.4
Valid responses =	6222	30	13487	65	862	4	20744	98.6
Invalid responses include no response.								

63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6191	100	13406	100	856	100	20626	99.8
2 Yes	17	0	22	0	3	0	42	0.2
Valid responses =	6208	30	13428	65	859	4	20668	98.2
Invalid responses include no response.								

63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6163	99	13319	99	847	99	20500	99.3
2 Yes	38	1	100	1	9	1	149	0.7
Valid responses =	6201	30	13419	65	856	4	20649	98.1
Invalid responses include no response.								

63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5792	93	12258	91	779	90	18981	91.4
2 Yes	445	7	1242	9	83	10	1791	8.6
Valid responses =	6237	30	13500	65	862	4	20772	98.7
Invalid responses include no response.								

63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6213	100	13440	100	853	99	20679	99.6
2 Yes	12	0	59	0	7	1	78	0.4
Valid responses =	6225	30	13499	65	860	4	20757	98.6
Invalid responses include no response.								

63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6169	99	13334	99	848	99	20520	99.2
2 Yes	48	1	114	1	9	1	173	0.8
Valid responses =	6217	30	13448	65	857	4	20693	98.3
Invalid responses include no response.								

63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6160	99	13336	100	852	99	20516	99.4
2 Yes	43	1	69	1	8	1	122	0.6
Valid responses =	6203	30	13405	65	860	4	20638	98.1
Invalid responses include no response.								

63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5885	95	12055	89	766	89	18858	90.9
2 Yes	345	6	1434	11	97	11	1897	9.1
Valid responses =	6230	30	13489	65	863	4	20755	98.6
Invalid responses include no response.								



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### 63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

#### Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6172	99	11831	88	773	90	18937	91.2
2 Yes	61	1	1658	12	90	10	1821	8.8
Valid responses =	6233	30	13489	65	863	4	20758	98.6

Invalid responses include no response.

### 63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

#### Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4878	97	10004	95	605	92	15610	95.6
2 Yes	162	3	492	5	51	8	715	4.4
Valid responses =	5040	31	10496	64	656	4	16325	77.6

Invalid responses include no response.

### 63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

#### Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	66	57	251	58	17	47	337	57.1
2 Negatively impacted performance in a class	43	37	171	39	18	50	233	39.5
3 Delayed progress towards degree	7	6	12	3	1	3	20	3.4
Valid responses =	116	20	434	74	36	6	590	2.8

Invalid responses include no response.

### 63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

#### Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	58	88	76	83	6	100	142	85.5
2 Negatively impacted performance in a class	7	11	15	16	0	0	22	13.3
3 Delayed progress towards degree	1	2	1	1	0	0	2	1.2
Valid responses =	66	40	92	55	6	4	166	0.8

Invalid responses include no response.

### 63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

#### Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	24	75	46	100	2	33	72	85.7
2 Negatively impacted performance in a class	5	16	0	0	3	50	8	9.5
3 Delayed progress towards degree	3	9	0	0	1	17	4	4.8
Valid responses =	32	38	46	55	6	7	84	0.4

Invalid responses include no response.

### 63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

#### Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	908	67	2670	60	135	50	3746	60.8
2 Negatively impacted performance in a class	412	30	1683	38	127	47	2240	36.3
3 Delayed progress towards degree	37	3	132	3	10	4	179	2.9
Valid responses =	1357	22	4485	73	272	4	6165	29.3

Invalid responses include no response.

### 63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

#### Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	31	50	99	43	5	20	138	43.1
2 Negatively impacted performance in a class	25	40	104	46	14	56	144	45.0
3 Delayed progress towards degree	6	10	25	11	6	24	38	11.9
Valid responses =	62	19	228	71	25	8	320	1.5

Invalid responses include no response.



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#### 63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	53	87	30	86	3	100	87	87.0
2 Negatively impacted performance in a class	7	12	4	11	0	0	11	11.0
3 Delayed progress towards degree	1	2	1	3	0	0	2	2.0
Valid responses =	61	61	35	35	3	3	100	0.5

Invalid responses include no response.

#### 63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	428	61	919	54	39	39	1394	55.3
2 Negatively impacted performance in a class	246	35	710	42	52	53	1014	40.2
3 Delayed progress towards degree	28	4	78	5	8	8	114	4.5
Valid responses =	702	28	1707	68	99	4	2522	12.0

Invalid responses include no response.

#### 63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	13	77	18	95	1	33	32	82.1
2 Negatively impacted performance in a class	3	18	1	5	1	33	5	12.8
3 Delayed progress towards degree	1	6	0	0	1	33	2	5.1
Valid responses =	17	44	19	49	3	8	39	0.2

Invalid responses include no response.

#### 63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	24	65	47	49	5	56	76	52.8
2 Negatively impacted performance in a class	11	30	40	42	4	44	56	38.9
3 Delayed progress towards degree	2	5	9	9	0	0	12	8.3
Valid responses =	37	26	96	67	9	6	144	0.7

Invalid responses include no response.

#### 63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	334	75	885	72	49	59	1280	71.8
2 Negatively impacted performance in a class	89	20	288	23	28	34	411	23.1
3 Delayed progress towards degree	21	5	62	5	6	7	92	5.2
Valid responses =	444	25	1235	69	83	5	1783	8.5

Invalid responses include no response.

#### 63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	10	83	34	62	3	43	47	63.5
2 Negatively impacted performance in a class	1	8	16	29	4	57	21	28.4
3 Delayed progress towards degree	1	8	5	9	0	0	6	8.1
Valid responses =	12	16	55	74	7	9	74	0.4

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

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(410) 859-1500

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GRADUATE/PROFESSIONAL STUDENTS

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FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

**63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

**Pneumonia**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	25	52	53	49	3	33	81	48.2
2 Negatively impacted performance in a class	18	38	46	42	6	67	72	42.9
3 Delayed progress towards degree	5	10	10	9	0	0	15	8.9
Valid responses =	48	29	109	65	9	5	168	0.8

Invalid responses include no response.

**63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

**Shingles**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	27	64	47	73	4	67	80	70.2
2 Negatively impacted performance in a class	13	31	14	22	2	33	29	25.4
3 Delayed progress towards degree	2	5	3	5	0	0	5	4.4
Valid responses =	42	37	64	56	6	5	114	0.5

Invalid responses include no response.

**63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

**Stomach or GI virus or bug, food poisoning, or gastritis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	218	64	913	64	50	52	1194	63.4
2 Negatively impacted performance in a class	107	32	467	33	40	41	620	32.9
3 Delayed progress towards degree	15	4	47	3	7	7	70	3.7
Valid responses =	340	18	1427	76	97	5	1864	9.0

Invalid responses include no response.

**63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

**Urinary tract infection**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	41	68	1288	80	62	71	1400	79.4
2 Negatively impacted performance in a class	15	25	297	19	22	25	336	19.0
3 Delayed progress towards degree	4	7	19	1	4	5	28	1.6
Valid responses =	60	3	1604	91	88	5	1764	8.4

Invalid responses include no response.

**63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

**Other short-term, temporary illness not listed above**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	97	62	289	63	33	66	421	62.5
2 Negatively impacted performance in a class	46	30	142	31	16	32	207	30.7
3 Delayed progress towards degree	13	8	29	6	1	2	46	6.8
Valid responses =	156	23	460	68	50	7	674	3.2

Invalid responses include no response.

**64) Have you ever been tested for HIV?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	901	14	2195	16	229	26	3363	16.1
2 Yes, more than 12 months ago	1065	17	2803	21	213	25	4118	19.7
3 No	4114	66	7732	57	387	45	12330	58.9
4 Unsure	201	3	882	7	40	5	1134	5.4
Valid responses =	6281	30	13612	65	869	4	20945	99.5

Invalid responses include no response.

**64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5994	96	13463	99	833	96	20467	97.8
2 Yes	278	4	137	1	35	4	457	2.2
Valid responses =	6272	30	13600	65	868	4	20924	99.4

Invalid responses include no response.





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FREQUENCY REPORT

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65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4923	79	9176	68	601	70	14828	71.6
2 Yes	1282	21	4302	32	258	30	5892	28.4
Valid responses =	6205	30	13478	65	859	4	20720	98.4

Invalid responses include no response.

65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5669	91	11907	88	634	73	18343	88.3
2 Yes	569	9	1590	12	230	27	2433	11.7
Valid responses =	6238	30	13497	65	864	4	20776	98.7

Invalid responses include no response.

65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6124	98	13335	99	824	96	20456	98.4
2 Yes	110	2	178	1	38	4	329	1.6
Valid responses =	6234	30	13513	65	862	4	20785	98.8

Invalid responses include no response.

65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5708	92	11683	87	712	83	18253	87.9
2 Yes	521	8	1810	13	150	17	2506	12.1
Valid responses =	6229	30	13493	65	862	4	20759	98.6

Invalid responses include no response.

65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5578	90	11493	85	693	81	17907	86.5
2 Yes	644	10	1965	15	166	19	2806	13.5
Valid responses =	6222	30	13458	65	859	4	20713	98.4

Invalid responses include no response.

65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4766	77	9118	68	553	64	14556	70.1
2 Yes	1461	24	4390	33	311	36	6216	29.9
Valid responses =	6227	30	13508	65	864	4	20772	98.7

Invalid responses include no response.

65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5074	81	8038	59	299	35	13507	64.9
2 Yes	1168	19	5487	41	565	65	7299	35.1
Valid responses =	6242	30	13525	65	864	4	20806	98.9

Invalid responses include no response.

65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5462	88	11420	85	674	78	17709	85.3
2 Yes	771	12	2072	15	190	22	3055	14.7
Valid responses =	6233	30	13492	65	864	4	20764	98.7

Invalid responses include no response.



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Number of Surveys (n) = 21047 Web Surveys

#### 65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6138	99	13325	99	793	93	20421	98.7
2 Yes	77	1	114	1	64	8	265	1.3
Valid responses =	6215	30	13439	65	857	4	20686	98.3

Invalid responses include no response.

#### 65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6150	99	13117	97	787	92	20213	97.4
2 Yes	80	1	380	3	71	8	546	2.6
Valid responses =	6230	30	13497	65	858	4	20759	98.6

Invalid responses include no response.

#### 65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6213	100	13359	99	821	95	20564	98.9
2 Yes	25	0	153	1	41	5	223	1.1
Valid responses =	6238	30	13512	65	862	4	20787	98.8

Invalid responses include no response.

#### 65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6179	99	13293	99	852	99	20496	98.7
2 Yes	53	1	197	2	9	1	262	1.3
Valid responses =	6232	30	13490	65	861	4	20758	98.6

Invalid responses include no response.

#### 65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6191	100	13224	99	833	98	20418	99.0
2 Yes	18	0	158	1	20	2	200	1.0
Valid responses =	6209	30	13382	65	853	4	20618	98.0

Invalid responses include no response.

#### 65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5902	95	12141	90	713	83	18898	91.2
2 Yes	318	5	1331	10	147	17	1829	8.8
Valid responses =	6220	30	13472	65	860	4	20727	98.5

Invalid responses include no response.

#### 65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5266	84	9516	70	369	43	15255	73.4
2 Yes	970	16	3998	30	493	57	5531	26.6
Valid responses =	6236	30	13514	65	862	4	20786	98.8

Invalid responses include no response.

#### 65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6055	97	12944	96	817	95	19983	96.4
2 Yes	172	3	537	4	42	5	757	3.6
Valid responses =	6227	30	13481	65	859	4	20740	98.5

Invalid responses include no response.



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65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6149	99	12496	93	736	86	19535	94.2
2 Yes	76	1	992	7	123	14	1211	5.8
Valid responses =	6225	30	13488	65	859	4	20746	98.6

Invalid responses include no response.

65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6218	100	13004	97	828	96	20219	97.5
2 Yes	5	0	472	4	32	4	515	2.5
Valid responses =	6223	30	13476	65	860	4	20734	98.5

Invalid responses include no response.

65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6218	100	13457	100	856	100	20704	99.9
2 Yes	6	0	8	0	2	0	16	0.1
Valid responses =	6224	30	13465	65	858	4	20720	98.4

Invalid responses include no response.

65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6115	99	13057	98	833	97	20178	98.1
2 Yes	60	1	310	2	22	3	393	1.9
Valid responses =	6175	30	13367	65	855	4	20571	97.7

Invalid responses include no response.

65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5886	95	12362	92	764	89	19164	92.4
2 Yes	342	6	1124	8	98	11	1586	7.6
Valid responses =	6228	30	13486	65	862	4	20750	98.6

Invalid responses include no response.

65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6104	98	13106	97	827	96	20205	97.3
2 Yes	128	2	397	3	35	4	566	2.7
Valid responses =	6232	30	13503	65	862	4	20771	98.7

Invalid responses include no response.

65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6193	100	13440	100	854	100	20681	99.6
2 Yes	30	1	47	0	2	0	79	0.4
Valid responses =	6223	30	13487	65	856	4	20740	98.5

Invalid responses include no response.

65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5826	94	13000	97	822	96	19813	95.6
2 Yes	398	6	461	3	36	4	904	4.4
Valid responses =	6224	30	13461	65	858	4	20717	98.4

Invalid responses include no response.



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Number of Surveys (n) = 21047 Web Surveys

65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5905	95	12756	95	816	95	19641	94.8
2 Yes	318	5	707	5	45	5	1079	5.2
Valid responses =	6223	30	13463	65	861	4	20720	98.4

Invalid responses include no response.

65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6157	100	13352	100	856	100	20538	99.8
2 Yes	24	0	13	0	2	0	39	0.2
Valid responses =	6181	30	13365	65	858	4	20577	97.8

Invalid responses include no response.

65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6135	99	12697	94	833	97	19832	95.8
2 Yes	81	1	751	6	29	3	866	4.2
Valid responses =	6216	30	13448	65	862	4	20698	98.3

Invalid responses include no response.

65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5925	96	12290	92	720	84	19084	92.4
2 Yes	278	5	1140	9	137	16	1578	7.6
Valid responses =	6203	30	13430	65	857	4	20662	98.2

Invalid responses include no response.

65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6017	97	12374	92	761	89	19308	93.1
2 Yes	202	3	1103	8	99	12	1421	6.9
Valid responses =	6219	30	13477	65	860	4	20729	98.5

Invalid responses include no response.

65A41) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6150	98.7	13100	97.1	821	95.7	20237	97.5
2 Yes	79	1.3	392	2.9	37	4.3	515	2.5
Valid responses =	6229	30	13492	65	858	4	20752	98.6

Invalid responses include no response.

65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5810	94	11094	83	656	77	17693	85.7
2 Yes	384	6	2323	17	202	24	2947	14.3
Valid responses =	6194	30	13417	65	858	4	20640	98.1

Invalid responses include no response.

65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6087	98	12623	94	745	86	19617	94.4
2 Yes	144	2	881	7	120	14	1157	5.6
Valid responses =	6231	30	13504	65	865	4	20774	98.7

Invalid responses include no response.



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#### 65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6206	100	12468	93	810	94	19652	94.9
2 Yes	1	0	999	7	52	6	1057	5.1
Valid responses =	6207	30	13467	65	862	4	20709	98.4

Invalid responses include no response.

#### 65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6046	97	12100	90	633	74	18918	91.1
2 Yes	180	3	1402	10	228	27	1844	8.9
Valid responses =	6226	30	13502	65	861	4	20762	98.6

Invalid responses include no response.

#### 65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6208	100	13464	100	847	99	20691	99.7
2 Yes	16	0	26	0	12	1	54	0.3
Valid responses =	6224	30	13490	65	859	4	20745	98.6

Invalid responses include no response.

#### 65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5990	96	13180	98	817	95	20150	97.2
2 Yes	231	4	289	2	41	5	571	2.8
Valid responses =	6221	30	13469	65	858	4	20721	98.5

Invalid responses include no response.

#### 65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6110	98	12586	93	805	94	19668	94.9
2 Yes	110	2	884	7	52	6	1052	5.1
Valid responses =	6220	30	13470	65	857	4	20720	98.4

Invalid responses include no response.

#### 65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6207	100	13436	100	850	99	20664	99.7
2 Yes	10	0	34	0	7	1	53	0.3
Valid responses =	6217	30	13470	65	857	4	20717	98.4

Invalid responses include no response.

#### 65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6129	99	13245	98	826	96	20359	98.4
2 Yes	81	1	210	2	32	4	337	1.6
Valid responses =	6210	30	13455	65	858	4	20696	98.3

Invalid responses include no response.



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65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6179	99	13191	98	834	97	20372	98.2
2 Yes	43	1	307	2	28	3	382	1.8
Valid responses =	6222	30	13498	65	862	4	20754	98.6

Invalid responses include no response.

65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5612	96	11542	93	664	85	17959	93.4
2 Yes	258	4	879	7	117	15	1275	6.6
Valid responses =	5870	31	12421	65	781	4	19234	91.4

Invalid responses include no response.

65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Allergic & immunologic disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	207	90	660	85	92	84	976	86.3
2 Yes	23	10	114	15	17	16	155	13.7
Valid responses =	230	20	774	68	109	10	1131	5.4

Invalid responses include no response.

65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Autoimmune disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	186	79	524	66	75	69	798	68.9
2 Yes	49	21	272	34	34	31	360	31.1
Valid responses =	235	20	796	69	109	9	1158	5.5

Invalid responses include no response.

65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Blood disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	220	96	694	89	99	93	1029	91.1
2 Yes	9	4	83	11	7	7	100	8.9
Valid responses =	229	20	777	69	106	9	1129	5.4

Invalid responses include no response.

65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Brain & nervous system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	198	85	654	84	91	84	957	84.3
2 Yes	34	15	123	16	17	16	178	15.7
Valid responses =	232	20	777	68	108	10	1135	5.4

Invalid responses include no response.

65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Hair, skin, nails disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	197	85	669	86	98	91	980	86.1
2 Yes	34	15	112	14	10	9	158	13.9
Valid responses =	231	20	781	69	108	9	1138	5.4

Invalid responses include no response.



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**65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Digestive system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	185	80	625	80	87	79	913	80.0
2 Yes	47	20	156	20	23	21	228	20.0
Valid responses =	232	20	781	68	110	10	1141	5.4

Invalid responses include no response.

**65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Endocrine system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	223	97	718	93	95	91	1051	93.8
2 Yes	7	3	51	7	10	10	70	6.2
Valid responses =	230	21	769	69	105	9	1121	5.3

Invalid responses include no response.

**65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Eye/ear/nose/throat disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	202	88	686	89	101	94	1005	89.3
2 Yes	27	12	86	11	6	6	121	10.7
Valid responses =	229	20	772	69	107	10	1126	5.3

Invalid responses include no response.

**65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Heart & vascular disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	217	95	720	95	95	89	1047	94.0
2 Yes	11	5	41	5	12	11	67	6.0
Valid responses =	228	20	761	68	107	10	1114	5.3

Invalid responses include no response.

**65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Infectious disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	224	98	742	97	104	97	1086	97.1
2 Yes	4	2	23	3	3	3	32	2.9
Valid responses =	228	20	765	68	107	10	1118	5.3

Invalid responses include no response.

**65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Mental health/psychological disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	200	88	641	83	75	70	931	82.8
2 Yes	27	12	131	17	32	30	193	17.2
Valid responses =	227	20	772	69	107	10	1124	5.3

Invalid responses include no response.

**65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Musculoskeletal disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	210	92	684	88	91	84	1001	88.3
2 Yes	19	8	93	12	18	17	133	11.7
Valid responses =	229	20	777	69	109	10	1134	5.4

Invalid responses include no response.



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**65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Reproductive system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	216	96	692	90	96	88	1019	90.6
2 Yes	10	4	81	11	13	12	106	9.4
Valid responses =	226	20	773	69	109	10	1125	5.3

Invalid responses include no response.

**65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Respiratory disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	217	96	738	96	103	96	1075	95.9
2 Yes	10	4	31	4	4	4	46	4.1
Valid responses =	227	20	769	69	107	10	1121	5.3

Invalid responses include no response.

**65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Sleep-wake disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	218	97	717	94	98	93	1047	93.8
2 Yes	8	4	50	7	7	7	69	6.2
Valid responses =	226	20	767	69	105	9	1116	5.3

Invalid responses include no response.

**65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Urinary system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	217	95	742	97	104	98	1079	96.6
2 Yes	12	5	22	3	2	2	38	3.4
Valid responses =	229	21	764	68	106	9	1117	5.3

Invalid responses include no response.

**65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Other ongoing or chronic condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	136	73	440	69	63	69	648	69.9
2 Yes	51	27	195	31	28	31	279	30.1
Valid responses =	187	20	635	69	91	10	927	4.4

Invalid responses include no response.

**65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**

**Anaphylaxis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	95	84	74	13	81	118	78.1
2 Yes	1	5	29	26	3	19	33	21.9
Valid responses =	21	14	113	75	16	11	151	0.7

Invalid responses include no response.

**65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**

**Medication allergy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	73	63	56	12	75	92	60.9
2 Yes	6	27	49	44	4	25	59	39.1
Valid responses =	22	15	112	74	16	11	151	0.7

Invalid responses include no response.





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65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Latex allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	91	96	87	13	81	129	87.2
2 Yes	2	10	14	13	3	19	19	12.8
Valid responses =	21	14	110	74	16	11	148	0.7

Invalid responses include no response.

65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Insect/bee sting allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	91	85	77	12	75	118	79.2
2 Yes	2	9	25	23	4	25	31	20.8
Valid responses =	22	15	110	74	16	11	149	0.7

Invalid responses include no response.

65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Immune deficiency

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	80	78	69	6	38	101	67.3
2 Yes	4	20	35	31	10	63	49	32.7
Valid responses =	20	13	113	75	16	11	150	0.7

Invalid responses include no response.

65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Other allergic or immunologic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	67	61	70	9	75	82	69.5
2 Yes	6	33	26	30	3	25	36	30.5
Valid responses =	18	15	87	74	12	10	118	0.6

Invalid responses include no response.

65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other allergic or immunologic condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	37	84	195	77	25	74	262	77.7
2 Yes	7	16	59	23	9	27	75	22.3
Valid responses =	44	13	254	75	34	10	337	1.6

Invalid responses include no response.

65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Rheumatoid Arthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	91	217	84	27	82	287	84.7
2 Yes	4	9	41	16	6	18	52	15.3
Valid responses =	43	13	258	76	33	10	339	1.6

Invalid responses include no response.

65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Scleroderma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42	98	251	99	33	100	331	99.1
2 Yes	1	2	2	1	0	0	3	0.9
Valid responses =	43	13	253	76	33	10	334	1.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Systemic Lupus Erythematosus

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42	93	224	88	28	85	299	88.5
2 Yes	3	7	31	12	5	15	39	11.5
Valid responses =	45	13	255	75	33	10	338	1.6

Invalid responses include no response.

65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other autoimmune disorder not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	42	118	50	18	64	155	50.3
2 Yes	24	59	117	50	10	36	153	49.7
Valid responses =	41	13	235	76	28	9	308	1.5

Invalid responses include no response.

65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Anemia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	88	30	38	3	43	40	42.1
2 Yes	1	13	49	62	4	57	55	57.9
Valid responses =	8	8	79	83	7	7	95	0.5

Invalid responses include no response.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hemophilia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	89	74	96	6	100	89	95.7
2 Yes	1	11	3	4	0	0	4	4.3
Valid responses =	9	10	77	83	6	6	93	0.4

Invalid responses include no response.

65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hypercoagulable states

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	100	66	86	5	83	81	87.1
2 Yes	0	0	11	14	1	17	12	12.9
Valid responses =	9	10	77	83	6	6	93	0.4

Invalid responses include no response.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Platelet Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	100	67	86	5	83	82	87.2
2 Yes	0	0	11	14	1	17	12	12.8
Valid responses =	9	10	78	83	6	6	94	0.4

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Sickle Cell Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	100	77	99	6	100	93	98.9
2 Yes	0	0	1	1	0	0	1	1.1
Valid responses =	9	10	78	83	6	6	94	0.4

Invalid responses include no response.



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65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Other blood condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	33	36	55	3	60	42	54.5
2 Yes	4	67	29	45	2	40	35	45.5
Valid responses =	6	8	65	84	5	6	77	0.4

Invalid responses include no response.

65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Cerebral Palsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	100	114	98	15	94	165	98.2
2 Yes	0	0	2	2	1	6	3	1.8
Valid responses =	32	19	116	69	16	10	168	0.8

Invalid responses include no response.

65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Epilepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	69	89	77	14	88	129	76.8
2 Yes	10	31	27	23	2	13	39	23.2
Valid responses =	32	19	116	69	16	10	168	0.8

Invalid responses include no response.

65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Seizure Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	72	95	82	14	88	136	81.0
2 Yes	9	28	21	18	2	13	32	19.0
Valid responses =	32	19	116	69	16	10	168	0.8

Invalid responses include no response.

65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Multiple Sclerosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	97	100	85	15	94	150	88.2
2 Yes	1	3	18	15	1	6	20	11.8
Valid responses =	32	19	118	69	16	9	170	0.8

Invalid responses include no response.

65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Other brain or nervous system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	50	49	49	3	25	67	46.9
2 Yes	14	50	51	51	9	75	76	53.1
Valid responses =	28	20	100	70	12	8	143	0.7

Invalid responses include no response.

65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Alopecia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	91	86	87	8	89	125	88.0
2 Yes	3	9	13	13	1	11	17	12.0
Valid responses =	32	23	99	70	9	6	142	0.7

Invalid responses include no response.



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65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Eczema

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	56	50	47	4	40	72	47.7
2 Yes	14	44	57	53	6	60	79	52.3
Valid responses =	32	21	107	71	10	7	151	0.7

Invalid responses include no response.

65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hirsutism

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	100	91	92	9	100	133	94.3
2 Yes	0	0	8	8	0	0	8	5.7
Valid responses =	31	22	99	70	9	6	141	0.7

Invalid responses include no response.

65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hyperhidrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	100	96	96	8	100	136	97.1
2 Yes	0	0	4	4	0	0	4	2.9
Valid responses =	30	21	100	71	8	6	140	0.7

Invalid responses include no response.

65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Photodermatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	100	96	98	9	100	137	98.6
2 Yes	0	0	2	2	0	0	2	1.4
Valid responses =	30	22	98	71	9	6	139	0.7

Invalid responses include no response.

65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Psoriasis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	75	73	75	9	100	108	76.6
2 Yes	8	25	25	26	0	0	33	23.4
Valid responses =	32	23	98	70	9	6	141	0.7

Invalid responses include no response.

65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Vitiligo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	100	93	95	8	89	133	95.7
2 Yes	0	0	5	5	1	11	6	4.3
Valid responses =	30	22	98	71	9	6	139	0.7

Invalid responses include no response.

65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Other hair, skin, or nail condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	70	54	61	5	63	80	64.0
2 Yes	8	30	34	39	3	38	45	36.0
Valid responses =	27	22	88	70	8	6	125	0.6

Invalid responses include no response.



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Number of Surveys (n) = 21047 Web Surveys

65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Crohn's Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	80	123	83	18	82	177	81.6
2 Yes	9	21	26	17	4	18	40	18.4
Valid responses =	44	20	149	69	22	10	217	1.0

Invalid responses include no response.

65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Diverticular Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	88	144	98	21	100	205	96.2
2 Yes	5	12	3	2	0	0	8	3.8
Valid responses =	43	20	147	69	21	10	213	1.0

Invalid responses include no response.

65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Esophageal Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	43	100	143	97	20	95	208	97.2
2 Yes	0	0	5	3	1	5	6	2.8
Valid responses =	43	20	148	69	21	10	214	1.0

Invalid responses include no response.

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Gallbladder Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42	98	132	89	18	86	194	90.2
2 Yes	1	2	17	11	3	14	21	9.8
Valid responses =	43	20	149	69	21	10	215	1.0

Invalid responses include no response.

65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Ulcerative Colitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	76	124	84	18	90	178	82.4
2 Yes	11	24	24	16	2	10	38	17.6
Valid responses =	46	21	148	69	20	9	216	1.0

Invalid responses include no response.

65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Other digestive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	66	64	57	7	44	95	57.6
2 Yes	12	34	49	43	9	56	70	42.4
Valid responses =	35	21	113	68	16	10	165	0.8

Invalid responses include no response.

65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	73	60	71	3	50	84	71.2
2 Yes	7	27	24	29	3	50	34	28.8
Valid responses =	26	22	84	71	6	5	118	0.6

Invalid responses include no response.



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65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Uveitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	92	81	96	6	100	113	95.8
2 Yes	2	8	3	4	0	0	5	4.2
Valid responses =	26	22	84	71	6	5	118	0.6

Invalid responses include no response.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Vertigo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	92	71	84	5	83	101	84.9
2 Yes	2	8	14	17	1	17	18	15.1
Valid responses =	26	22	85	71	6	5	119	0.6

Invalid responses include no response.

65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Other eye/ear/nose/throat condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	38	28	41	1	25	38	39.2
2 Yes	15	63	40	59	3	75	59	60.8
Valid responses =	24	25	68	70	4	4	97	0.5

Invalid responses include no response.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Cardiac Arrhythmia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	90	27	68	10	83	49	75.4
2 Yes	1	10	13	33	2	17	16	24.6
Valid responses =	10	15	40	62	12	18	65	0.3

Invalid responses include no response.

65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Coronary Artery Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	100	39	98	12	100	62	96.9
2 Yes	0	0	1	3	0	0	2	3.1
Valid responses =	9	14	40	63	12	19	64	0.3

Invalid responses include no response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congenital Heart Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	90	39	98	11	92	62	95.4
2 Yes	1	10	1	3	1	8	3	4.6
Valid responses =	10	15	40	62	12	18	65	0.3

Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congestive Heart Failure

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	100	37	93	11	100	61	95.3
2 Yes	0	0	3	8	0	0	3	4.7
Valid responses =	10	16	40	63	11	17	64	0.3

Invalid responses include no response.



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65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Heart Murmur

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	90	37	93	11	92	59	90.8
2 Yes	1	10	3	8	1	8	6	9.2
Valid responses =	10	15	40	62	12	18	65	0.3

Invalid responses include no response.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Valvular Heart Disease (for example: Mitral valve prolapse)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	90	35	88	11	92	58	89.2
2 Yes	1	10	5	13	1	8	7	10.8
Valid responses =	10	15	40	62	12	18	65	0.3

Invalid responses include no response.

65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Other heart or vascular condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	33	18	46	3	25	25	39.7
2 Yes	6	67	21	54	9	75	38	60.3
Valid responses =	9	14	39	62	12	19	63	0.3

Invalid responses include no response.

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Lyme Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	100	19	83	1	33	26	81.3
2 Yes	0	0	4	17	2	67	6	18.8
Valid responses =	4	13	23	72	3	9	32	0.2

Invalid responses include no response.

65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Other infectious disease not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	13	72	1	50	18	72.0
2 Yes	0	0	5	28	1	50	7	28.0
Valid responses =	3	12	18	72	2	8	25	0.1

Invalid responses include no response.

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Carpal Tunnel Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	100	81	89	11	69	111	88.1
2 Yes	0	0	10	11	5	31	15	11.9
Valid responses =	17	13	91	72	16	13	126	0.6

Invalid responses include no response.

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Fibromyalgia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	94	75	82	9	53	102	80.3
2 Yes	1	6	16	18	8	47	25	19.7
Valid responses =	17	13	91	72	17	13	127	0.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Gout

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	94	88	98	16	100	123	97.6
2 Yes	1	6	2	2	0	0	3	2.4
Valid responses =	18	14	90	71	16	13	126	0.6

Invalid responses include no response.

65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Muscular Dystrophy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	100	87	96	16	100	123	96.9
2 Yes	0	0	4	4	0	0	4	3.1
Valid responses =	18	14	91	72	16	13	127	0.6

Invalid responses include no response.

65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoarthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	94	69	76	12	75	99	78.0
2 Yes	1	6	22	24	4	25	28	22.0
Valid responses =	18	14	91	72	16	13	127	0.6

Invalid responses include no response.

65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoporosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	100	85	93	16	100	121	95.3
2 Yes	0	0	6	7	0	0	6	4.7
Valid responses =	18	14	91	72	16	13	127	0.6

Invalid responses include no response.

65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Temporomandibular Joint Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	78	73	80	15	94	104	81.3
2 Yes	4	22	18	20	1	6	24	18.8
Valid responses =	18	14	91	71	16	13	128	0.6

Invalid responses include no response.

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Other musculoskeletal condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	47	27	37	5	39	41	38.7
2 Yes	9	53	47	64	8	62	65	61.3
Valid responses =	17	16	74	70	13	12	106	0.5

Invalid responses include no response.

65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Amenorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	100	61	79	12	92	84	83.2
2 Yes	0	0	16	21	1	8	17	16.8
Valid responses =	9	9	77	76	13	13	101	0.5

Invalid responses include no response.





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## GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023  
FREQUENCY REPORT  
Number of Surveys (n) = 21047 Web Surveys

**65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?**  
(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)  
**Cervical Dysplasia**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	100	71	92	12	92	94	93.1
2 Yes	0	0	6	8	1	8	7	6.9
Valid responses =	9	9	77	76	13	13	101	0.5

Invalid responses include no response.

**65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?**  
(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)  
**Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	100	46	59	6	46	63	61.8
2 Yes	0	0	32	41	7	54	39	38.2
Valid responses =	9	9	78	76	13	13	102	0.5

Invalid responses include no response.

**65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?**  
(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)  
**Prostatitis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	89	77	100	12	100	99	99.0
2 Yes	1	11	0	0	0	0	1	1.0
Valid responses =	9	9	77	77	12	12	100	0.5

Invalid responses include no response.

**65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?**  
(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)  
**Sexual Dysfunction**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	89	73	95	12	100	95	95.0
2 Yes	1	11	4	5	0	0	5	5.0
Valid responses =	9	9	77	77	12	12	100	0.5

Invalid responses include no response.

**65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?**  
(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)  
**Other reproductive system condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	38	25	36	5	56	34	38.2
2 Yes	5	63	45	64	4	44	55	61.8
Valid responses =	8	9	70	79	9	10	89	0.4

Invalid responses include no response.

**65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?**  
(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)  
**Cystic Fibrosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	100	28	93	4	100	43	95.6
2 Yes	0	0	2	7	0	0	2	4.4
Valid responses =	10	22	30	67	4	9	45	0.2

Invalid responses include no response.

**65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?**  
(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)  
**Sarcoidosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	100	27	93	4	100	42	95.5
2 Yes	0	0	2	7	0	0	2	4.5
Valid responses =	10	23	29	66	4	9	44	0.2

Invalid responses include no response.



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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Active Tuberculous

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	100	29	100	4	100	44	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	10	23	29	66	4	9	44	0.2

Invalid responses include no response.

65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Other respiratory system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	56	13	52	3	100	21	56.8
2 Yes	4	44	12	48	0	0	16	43.2
Valid responses =	9	24	25	68	3	8	37	0.2

Invalid responses include no response.

65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Hypersomnolence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	86	32	65	4	57	46	68.7
2 Yes	1	14	17	35	3	43	21	31.3
Valid responses =	7	10	49	73	7	10	67	0.3

Invalid responses include no response.

65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Narcolepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	86	34	68	5	83	49	73.1
2 Yes	1	14	16	32	1	17	18	26.9
Valid responses =	7	10	50	75	6	9	67	0.3

Invalid responses include no response.

65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Restless Leg Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	88	43	92	5	83	59	90.8
2 Yes	1	13	4	9	1	17	6	9.2
Valid responses =	8	12	47	72	6	9	65	0.3

Invalid responses include no response.

65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Paralysis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	100	35	73	5	83	51	78.5
2 Yes	0	0	13	27	1	17	14	21.5
Valid responses =	7	11	48	74	6	9	65	0.3

Invalid responses include no response.

65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Terrors (or night terrors)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	100	39	81	4	67	54	83.1
2 Yes	0	0	9	19	2	33	11	16.9
Valid responses =	7	11	48	74	6	9	65	0.3

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Walking

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	100	40	83	5	83	56	86.2
2 Yes	0	0	8	17	1	17	9	13.8
Valid responses =	7	11	48	74	6	9	65	0.3

Invalid responses include no response.

65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Other sleep-wake condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	43	26	67	6	100	37	67.3
2 Yes	4	57	13	33	0	0	18	32.7
Valid responses =	7	13	39	71	6	11	55	0.3

Invalid responses include no response.

65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Bladder disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	91	19	95	1	50	32	91.4
2 Yes	1	9	1	5	1	50	3	8.6
Valid responses =	11	31	20	57	2	6	35	0.2

Invalid responses include no response.

65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	82	16	80	2	100	29	82.9
2 Yes	2	18	4	20	0	0	6	17.1
Valid responses =	11	31	20	57	2	6	35	0.2

Invalid responses include no response.

65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney stone

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	73	18	90	1	50	28	80.0
2 Yes	3	27	2	10	1	50	7	20.0
Valid responses =	11	31	20	57	2	6	35	0.2

Invalid responses include no response.

65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Urinary Incontinence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	91	15	71	0	0	26	72.2
2 Yes	1	9	6	29	2	100	10	27.8
Valid responses =	11	31	21	58	2	6	36	0.2

Invalid responses include no response.

65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Other urinary system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	56	10	50	1	50	17	53.1
2 Yes	4	44	10	50	1	50	15	46.9
Valid responses =	9	28	20	63	2	6	32	0.2

Invalid responses include no response.



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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 1 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	110	79	375	86	22	71	512	83.7
2 Yes	30	21	60	14	9	29	100	16.3
Valid responses =	140	23	435	71	31	5	612	2.9

Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 2 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	88	61	353	79	25	78	470	74.7
2 Yes	56	39	94	21	7	22	159	25.3
Valid responses =	144	23	447	71	32	5	629	3.0

Invalid responses include no response.

65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Pre-diabetes or insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	76	49	124	25	13	34	214	30.5
2 Yes	79	51	378	75	25	66	487	69.5
Valid responses =	155	22	502	72	38	5	701	3.3

Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Gestational Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	134	100	386	90	28	93	553	92.0
2 Yes	0	0	45	10	2	7	48	8.0
Valid responses =	134	22	431	72	30	5	601	2.9

Invalid responses include no response.

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1006	79	2522	59	185	72	3747	64.0
2 Yes	267	21	1753	41	71	28	2106	36.0
Valid responses =	1273	22	4275	73	256	4	5853	27.8

Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	194	34	328	21	43	19	577	23.8
2 Yes	375	66	1256	79	185	81	1848	76.2
Valid responses =	569	23	1584	65	228	9	2425	11.5

Invalid responses include no response.

65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61	56	105	59	20	54	187	57.2
2 Yes	48	44	73	41	17	46	140	42.8
Valid responses =	109	33	178	54	37	11	327	1.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

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(410) 859-1500

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GRADUATE/PROFESSIONAL STUDENTS

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Number of Surveys (n) = 21047 Web Surveys

65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	400	77	1258	70	111	75	1787	71.6
2 Yes	120	23	544	30	38	26	709	28.4
Valid responses =	520	21	1802	72	149	6	2496	11.9

Invalid responses include no response.

65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	521	81	1423	73	127	77	2098	75.0
2 Yes	121	19	534	27	39	24	698	25.0
Valid responses =	642	23	1957	70	166	6	2796	13.3

Invalid responses include no response.

65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1126	77	3083	71	228	74	4476	72.4
2 Yes	330	23	1285	29	81	26	1710	27.6
Valid responses =	1456	24	4368	71	309	5	6186	29.4

Invalid responses include no response.

65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	365	31	1080	20	85	15	1546	21.2
2 Yes	799	69	4394	80	480	85	5735	78.8
Valid responses =	1164	16	5474	75	565	8	7281	34.6

Invalid responses include no response.

65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	584	76	1257	61	118	62	1971	65.1
2 Yes	184	24	791	39	71	38	1056	34.9
Valid responses =	768	25	2048	68	189	6	3027	14.4

Invalid responses include no response.

65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Autism Spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	65	48	43	18	28	119	45.2
2 Yes	27	36	65	58	46	72	144	54.8
Valid responses =	76	29	113	43	64	24	263	1.2

Invalid responses include no response.

65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	34	90	24	24	34	148	27.2
2 Yes	53	66	289	76	47	66	397	72.8
Valid responses =	80	15	379	70	71	13	545	2.6

Invalid responses include no response.



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65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	48	50	33	16	39	81	36.3
2 Yes	13	52	103	67	25	61	142	63.7
Valid responses =	25	11	153	69	41	18	223	1.1

Invalid responses include no response.

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	31	64	33	4	44	86	33.1
2 Yes	36	69	132	67	5	56	174	66.9
Valid responses =	52	20	196	75	9	3	260	1.2

Invalid responses include no response.

65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	61	74	47	12	63	100	50.5
2 Yes	7	39	83	53	7	37	98	49.5
Valid responses =	18	9	157	79	19	10	198	0.9

Invalid responses include no response.

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	109	35	396	30	44	30	557	30.6
2 Yes	207	66	929	70	103	70	1264	69.4
Valid responses =	316	17	1325	73	147	8	1821	8.7

Invalid responses include no response.

65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	314	32	893	22	97	20	1318	23.9
2 Yes	654	68	3096	78	396	80	4201	76.1
Valid responses =	968	18	3989	72	493	9	5519	26.2

Invalid responses include no response.

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34	20	142	27	11	28	187	24.8
2 Yes	138	80	394	74	29	73	567	75.2
Valid responses =	172	23	536	71	40	5	754	3.6

Invalid responses include no response.

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51	68	515	52	67	55	642	53.3
2 Yes	24	32	472	48	56	46	563	46.7
Valid responses =	75	6	987	82	123	10	1205	5.7

Invalid responses include no response.



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65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	100	194	41	13	41	216	42.1
2 Yes	0	0	276	59	19	59	297	57.9
Valid responses =	5	1	470	92	32	6	513	2.4

Invalid responses include no response.

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	67	8	100	1	50	13	81.3
2 Yes	2	33	0	0	1	50	3	18.8
Valid responses =	6	38	8	50	2	13	16	0.1

Invalid responses include no response.

65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42	70	190	62	15	71	247	63.3
2 Yes	18	30	118	38	6	29	143	36.7
Valid responses =	60	15	308	79	21	5	390	1.9

Invalid responses include no response.

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	179	53	544	49	50	51	783	49.6
2 Yes	159	47	577	52	48	49	796	50.4
Valid responses =	338	21	1121	71	98	6	1579	7.5

Invalid responses include no response.

65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	54	42	163	42	16	46	235	42.0
2 Yes	74	58	227	58	19	54	324	58.0
Valid responses =	128	23	390	70	35	6	559	2.7

Invalid responses include no response.

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	47	31	66	1	50	46	58.2
2 Yes	16	53	16	34	1	50	33	41.8
Valid responses =	30	38	47	59	2	3	79	0.4

Invalid responses include no response.

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	115	29	104	23	12	33	233	25.8
2 Yes	282	71	356	77	24	67	669	74.2
Valid responses =	397	44	460	51	36	4	902	4.3

Invalid responses include no response.



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65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	89	28	203	29	15	33	308	28.7
2 Yes	229	72	500	71	30	67	767	71.3
Valid responses =	318	30	703	65	45	4	1075	5.1

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	17	8	62	1	50	13	33.3
2 Yes	20	83	5	39	1	50	26	66.7
Valid responses =	24	62	13	33	2	5	39	0.2

Invalid responses include no response.

65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59	73	402	54	17	59	483	55.9
2 Yes	22	27	347	46	12	41	381	44.1
Valid responses =	81	9	749	87	29	3	864	4.1

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	132	48	474	42	52	38	669	42.5
2 Yes	144	52	664	58	85	62	905	57.5
Valid responses =	276	18	1138	72	137	9	1574	7.5

Invalid responses include no response.

65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	106	53	522	48	50	52	686	48.5
2 Yes	94	47	577	53	47	49	727	51.5
Valid responses =	200	14	1099	78	97	7	1413	6.7

Invalid responses include no response.

N3Q65T41) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34	44	118	30.2	12	32.4	165	32.2
2 Yes	44	56	273	69.8	25	67.6	348	67.8
Valid responses =	78	15	391	76	37	7	513	2.4

Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	237	62	1139	49	95	47	1487	50.6
2 Yes	146	38	1177	51	106	53	1450	49.4
Valid responses =	383	13	2316	79	201	7	2937	14.0

Invalid responses include no response.





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65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	46	285	32	36	31	388	33.7
2 Yes	78	54	595	68	82	70	765	66.3
Valid responses =	144	12	880	76	118	10	1153	5.5

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	323	33	17	33	343	32.7
2 Yes	0	0	668	67	34	67	705	67.3
Valid responses =	1	0	991	95	51	5	1048	5.0

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	36	383	27	50	22	505	27.5
2 Yes	113	64	1014	73	178	78	1331	72.5
Valid responses =	177	10	1397	76	228	12	1836	8.7

Invalid responses include no response.

65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	40	14	54	7	58	27	50.9
2 Yes	9	60	12	46	5	42	26	49.1
Valid responses =	15	28	26	49	12	23	53	0.3

Invalid responses include no response.

65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	93	40	131	46	20	49	250	43.9
2 Yes	138	60	157	55	21	51	320	56.1
Valid responses =	231	41	288	51	41	7	570	2.7

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	19	175	20	18	35	214	20.4
2 Yes	88	81	706	80	34	65	834	79.6
Valid responses =	109	10	881	84	52	5	1048	5.0

Invalid responses include no response.

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	70	26	77	3	43	38	71.7
2 Yes	3	30	8	24	4	57	15	28.3
Valid responses =	10	19	34	64	7	13	53	0.3

Invalid responses include no response.



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**65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

**Traumatic brain injury (TBI)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51	64	133	65	20	63	212	64.0
2 Yes	29	36	72	35	12	38	119	36.0
Valid responses =	80	24	205	62	32	10	331	1.6

Invalid responses include no response.

**65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

**Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	35	136	44	10	37	163	42.9
2 Yes	28	65	170	56	17	63	217	57.1
Valid responses =	43	11	306	81	27	7	380	1.8

Invalid responses include no response.

**65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

**Other ongoing or chronic condition not listed above**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	118	48	299	36	33	31	454	38.1
2 Yes	126	52	523	64	74	69	738	61.9
Valid responses =	244	20	822	69	107	9	1192	5.7

Invalid responses include no response.

**65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**ADD/ADHD - Attention Deficit/Hyperactivity Disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	37	10	96	8	10	5	145	7.9
2 Medicine only	180	48	440	35	39	21	673	36.5
3 Therapy only	33	9	125	10	37	20	198	10.7
4 Both medicine and therapy	123	33	590	47	98	53	824	44.7
5 Other Treatment	1	0	3	0	1	1	5	0.3
Valid responses =	374	20	1254	68	185	10	1845	8.8

Invalid responses include no response.

**65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Alcohol or Other Drug-Related Abuse or Addiction**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	10	21	8	11	3	18	21	15.0
2 Medicine only	2	4	3	4	0	0	5	3.6
3 Therapy only	24	50	40	55	10	59	75	53.6
4 Both medicine and therapy	11	23	14	19	3	18	29	20.7
5 Other Treatment	1	2	8	11	1	6	10	7.1
Valid responses =	48	34	73	52	17	12	140	0.7

Invalid responses include no response.

**65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	39	5	196	5	14	3	250	4.4
2 Medicine only	158	20	701	16	49	10	914	16.0
3 Therapy only	228	29	1281	29	145	30	1674	29.2
4 Both medicine and therapy	370	46	2183	50	272	57	2859	49.9
5 Other Treatment	4	1	27	1	0	0	31	0.5
Valid responses =	799	14	4388	77	480	8	5728	27.2

Invalid responses include no response.



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65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	6	23	19	29	11	24	38	26.6
2 Medicine only	0	0	2	3	1	2	3	2.1
3 Therapy only	13	50	31	48	24	52	72	50.3
4 Both medicine and therapy	6	23	13	20	9	20	28	19.6
5 Other Treatment	1	4	0	0	1	2	2	1.4
Valid responses =	26	18	65	45	46	32	143	0.7

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	4	8	11	4	3	6	18	4.5
2 Medicine only	12	23	47	16	7	15	67	16.9
3 Therapy only	6	11	39	14	3	6	48	12.1
4 Both medicine and therapy	31	59	191	66	34	72	263	66.2
5 Other Treatment	0	0	1	0	0	0	1	0.3
Valid responses =	53	13	289	73	47	12	397	1.9

Invalid responses include no response.

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1	8	8	8	2	8	11	7.7
2 Medicine only	1	8	8	8	3	12	12	8.5
3 Therapy only	5	39	30	29	9	36	45	31.7
4 Both medicine and therapy	5	39	56	54	11	44	72	50.7
5 Other Treatment	1	8	1	1	0	0	2	1.4
Valid responses =	13	9	103	73	25	18	142	0.7

Invalid responses include no response.

65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	29	4	97	3	14	4	140	3.3
2 Medicine only	119	18	470	15	34	9	626	14.9
3 Therapy only	162	25	753	24	94	24	1021	24.3
4 Both medicine and therapy	338	52	1759	57	254	64	2390	56.9
5 Other Treatment	6	1	13	0	0	0	20	0.5
Valid responses =	654	16	3092	74	396	9	4197	19.9

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	4	17	54	11	9	16	70	12.5
2 Medicine only	2	8	25	5	0	0	27	4.8
3 Therapy only	14	58	271	57	36	66	327	58.2
4 Both medicine and therapy	3	13	114	24	8	15	127	22.6
5 Other Treatment	1	4	8	2	2	4	11	2.0
Valid responses =	24	4	472	84	55	10	562	2.7

Invalid responses include no response.



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65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1	50	0	0	0	0	1	33.3
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	1	50	0	0	0	0	1	33.3
4 Both medicine and therapy	0	0	0	0	1	100	1	33.3
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	2	67	0	0	1	33	3	0.0

Invalid responses include no response.

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	18	13	92	14	11	13	125	13.9
2 Medicine only	55	38	217	33	28	33	301	33.4
3 Therapy only	26	18	87	13	10	12	125	13.9
4 Both medicine and therapy	41	29	244	37	34	40	324	36.0
5 Other Treatment	4	3	20	3	2	2	26	2.9
Valid responses =	144	16	660	73	85	9	901	4.3

Invalid responses include no response.

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphism, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	8	10	34	6	3	4	45	5.9
2 Medicine only	17	22	67	11	4	5	88	11.5
3 Therapy only	19	24	186	31	40	49	250	32.8
4 Both medicine and therapy	34	44	304	51	35	43	378	49.6
5 Other Treatment	0	0	1	0	0	0	1	0.1
Valid responses =	78	10	592	78	82	11	762	3.6

Invalid responses include no response.

65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	8	7	45	5	8	5	61	4.6
2 Medicine only	9	8	46	5	3	2	59	4.4
3 Therapy only	47	42	453	45	83	47	591	44.5
4 Both medicine and therapy	46	41	454	45	83	47	599	45.1
5 Other Treatment	2	2	13	1	1	1	17	1.3
Valid responses =	112	8	1011	76	178	13	1327	6.3

Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	2	17	0	0	2	7.7
2 Medicine only	2	22	4	33	1	20	7	26.9
3 Therapy only	2	22	2	17	1	20	5	19.2
4 Both medicine and therapy	5	56	4	33	3	60	12	46.2
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	9	35	12	46	5	19	26	0.1

Invalid responses include no response.



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65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1	33	0	0	0	0	1	6.7
2 Medicine only	0	0	4	50	0	0	4	26.7
3 Therapy only	0	0	1	13	2	50	3	20.0
4 Both medicine and therapy	2	67	2	25	2	50	6	40.0
5 Other Treatment	0	0	1	13	0	0	1	6.7
Valid responses =	3	20	8	53	4	27	15	0.1

Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	13	45	17	24	3	25	35	29.4
2 Medicine only	5	17	9	13	0	0	15	12.6
3 Therapy only	4	14	14	19	3	25	22	18.5
4 Both medicine and therapy	4	14	20	28	4	33	29	24.4
5 Other Treatment	3	10	12	17	2	17	18	15.1
Valid responses =	29	24	72	61	12	10	119	0.6

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	14	192	11	8	12	241	11.6
2 Yes	226	86	1540	89	61	88	1839	88.4
Valid responses =	264	13	1732	83	69	3	2080	9.9

Invalid responses include no response.

65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57	48	195	36	17	46	272	38.7
2 Yes	61	52	345	64	20	54	430	61.3
Valid responses =	118	17	540	77	37	5	702	3.3

Invalid responses include no response.

65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	37	31	154	29	14	37	206	29.7
2 Yes	84	69	377	71	24	63	488	70.3
Valid responses =	121	17	531	77	38	5	694	3.3

Invalid responses include no response.

65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	90	28	294	23	23	29	410	24.3
2 Yes	235	72	977	77	57	71	1280	75.7
Valid responses =	325	19	1271	75	80	5	1690	8.0

Invalid responses include no response.



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65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	14	104	13	7	10	138	13.2
2 Yes	156	86	683	87	63	90	910	86.8
Valid responses =	181	17	787	75	70	7	1048	5.0

Invalid responses include no response.

65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	50	40	30	1	20	60	34.5
2 Yes	18	50	92	70	4	80	114	65.5
Valid responses =	36	21	132	76	5	3	174	0.8

Invalid responses include no response.

65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	43	32	39	3	43	38	39.2
2 Yes	4	57	51	61	4	57	59	60.8
Valid responses =	7	7	83	86	7	7	97	0.5

Invalid responses include no response.

65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	17	128	14	19	18	184	14.6
2 Yes	172	83	794	86	84	82	1073	85.4
Valid responses =	207	16	922	73	103	8	1257	6.0

Invalid responses include no response.

65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34	25	73	19	7	24	115	20.3
2 Yes	104	75	320	81	22	76	451	79.7
Valid responses =	138	24	393	69	29	5	566	2.7

Invalid responses include no response.

65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	63	23	6	32	69	23.2
2 Yes	0	0	213	77	13	68	228	76.8
Valid responses =	0	0	276	93	19	6	297	1.4

Invalid responses include no response.

65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	11	19	16	1	17	23	16.2
2 Yes	16	89	98	84	5	83	119	83.8
Valid responses =	18	13	117	82	6	4	142	0.7

Invalid responses include no response.



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65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	15	74	13	8	17	108	13.7
2 Yes	136	86	499	87	39	83	683	86.3
Valid responses =	159	20	573	72	47	6	791	3.8

Invalid responses include no response.

65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	40	79	35	5	26	113	35.1
2 Yes	44	60	147	65	14	74	209	64.9
Valid responses =	73	23	226	70	19	6	322	1.5

Invalid responses include no response.

65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	44	4	25	0	0	11	33.3
2 Yes	9	56	12	75	1	100	22	66.7
Valid responses =	16	48	16	48	1	3	33	0.2

Invalid responses include no response.

65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	53	19	60	17	7	29	122	18.3
2 Yes	227	81	294	83	17	71	543	81.7
Valid responses =	280	42	354	53	24	4	665	3.2

Invalid responses include no response.

65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	77	34	242	49	8	27	331	43.5
2 Yes	152	66	252	51	22	73	430	56.5
Valid responses =	229	30	494	65	30	4	761	3.6

Invalid responses include no response.

65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	20	0	0	1	3.8
2 Yes	20	100	4	80	1	100	25	96.2
Valid responses =	20	77	5	19	1	4	26	0.1

Invalid responses include no response.

65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	9	160	47	7	58	169	44.8
2 Yes	20	91	183	53	5	42	208	55.2
Valid responses =	22	6	343	91	12	3	377	1.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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Number of Surveys (n) = 21047 Web Surveys

65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	25	177	31	16	34	218	30.1
2 Yes	70	75	398	69	31	66	506	69.9
Valid responses =	93	13	575	79	47	6	724	3.4

Invalid responses include no response.

65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	26	215	18	24	23	282	19.5
2 Yes	106	74	957	82	82	77	1161	80.5
Valid responses =	144	10	1172	81	106	7	1443	6.9

Invalid responses include no response.

65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	158	24	9	27	167	23.9
2 Yes	0	0	506	76	24	73	533	76.1
Valid responses =	0	0	664	95	33	5	700	3.3

Invalid responses include no response.

65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	18	40	26	3	14	69	21.7
2 Yes	112	82	116	74	18	86	249	78.3
Valid responses =	137	43	156	49	21	7	318	1.5

Invalid responses include no response.

65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	9	96	14	2	6	108	13.1
2 Yes	80	91	602	86	32	94	718	86.9
Valid responses =	88	11	698	85	34	4	826	3.9

Invalid responses include no response.

65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	21	23	14	3	18	32	14.7
2 Yes	22	79	147	87	14	82	185	85.3
Valid responses =	28	13	170	78	17	8	217	1.0

Invalid responses include no response.

65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	57	104	59	6	75	133	59.6
2 Yes	15	43	73	41	2	25	90	40.4
Valid responses =	35	16	177	79	8	4	223	1.1

Invalid responses include no response.





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65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	66	68	72	9	90	102	71.8
2 Yes	12	34	27	28	1	10	40	28.2
Valid responses =	35	25	95	67	10	7	142	0.7

Invalid responses include no response.

65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	90	7	88	1	33	17	81.0
2 Yes	1	10	1	13	2	67	4	19.0
Valid responses =	10	48	8	38	3	14	21	0.1

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	50	107	58	10	63	147	56.8
2 Yes	27	50	79	43	6	38	112	43.2
Valid responses =	54	21	186	72	16	6	259	1.2

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	56	93	62	9	69	122	61.3
2 Yes	16	44	56	38	4	31	77	38.7
Valid responses =	36	18	149	75	13	7	199	0.9

Invalid responses include no response.

65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51	61	170	61	12	57	235	61.0
2 Yes	33	39	107	39	9	43	150	39.0
Valid responses =	84	22	277	72	21	5	385	1.8

Invalid responses include no response.

65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	67	116	60	10	71	152	61.3
2 Yes	13	33	79	41	4	29	96	38.7
Valid responses =	39	16	195	79	14	6	248	1.2

Invalid responses include no response.

65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	68	56	55	2	29	76	55.9
2 Yes	8	32	46	45	5	71	60	44.1
Valid responses =	25	18	102	75	7	5	136	0.6

Invalid responses include no response.



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65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	100	8	73	3	100	15	83.3
2 Yes	0	0	3	27	0	0	3	16.7
Valid responses =	4	22	11	61	3	17	18	0.1

Invalid responses include no response.

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	75	5	46	2	67	10	55.6
2 Yes	1	25	6	55	1	33	8	44.4
Valid responses =	4	22	11	61	3	17	18	0.1

Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	7	88	1	50	9	81.8
2 Yes	0	0	1	13	1	50	2	18.2
Valid responses =	1	9	8	73	2	18	11	0.1

Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	7	18	0	0	8	13.3
2 Yes	18	100	33	83	1	100	52	86.7
Valid responses =	18	30	40	67	1	2	60	0.3

Invalid responses include no response.

65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	20	63	1	50	23	63.9
2 Yes	0	0	12	38	1	50	13	36.1
Valid responses =	2	6	32	89	2	6	36	0.2

Invalid responses include no response.

65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	82	83	69	13	77	125	72.3
2 Yes	6	18	37	31	4	24	48	27.7
Valid responses =	34	20	120	69	17	10	173	0.8

Invalid responses include no response.

65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	59	61	63	9	69	87	62.6
2 Yes	12	41	36	37	4	31	52	37.4
Valid responses =	29	21	97	70	13	9	139	0.7

Invalid responses include no response.



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65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	31	37	54	5	71	53	48.6
2 Yes	22	69	32	46	2	29	56	51.4
Valid responses =	32	29	69	63	7	6	109	0.5

Invalid responses include no response.

65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	39	74	5	56	48	69.6
2 Yes	2	50	14	26	4	44	21	30.4
Valid responses =	4	6	53	77	9	13	69	0.3

Invalid responses include no response.

65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	42	69	4	67	46	68.7
2 Yes	0	0	19	31	2	33	21	31.3
Valid responses =	0	0	61	91	6	9	67	0.3

Invalid responses include no response.

65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	1	100	0	0	0	0	1	100.0
Valid responses =	1	100	0	0	0	0	1	0.0

Invalid responses include no response.

65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	3	16	1	100	5	21.7
2 Yes	1	50	16	84	0	0	18	78.3
Valid responses =	2	9	19	83	1	4	23	0.1

Invalid responses include no response.

65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	44	45	65	7	88	63	61.2
2 Yes	13	57	24	35	1	13	40	38.8
Valid responses =	23	22	69	67	8	8	103	0.5

Invalid responses include no response.

65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	26	24	31	2	67	33	30.6
2 Yes	20	74	54	69	1	33	75	69.4
Valid responses =	27	25	78	72	3	3	108	0.5

Invalid responses include no response.



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**65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Hepatitis B or C**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	50	0	0	2	18.2
2 Yes	7	100	2	50	0	0	9	81.8
Valid responses =	7	64	4	36	0	0	11	0.1

Invalid responses include no response.

**65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**High blood pressure (hypertension)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	51	26	45	3	60	56	48.7
2 Yes	25	49	32	55	2	40	59	51.3
Valid responses =	51	44	58	50	5	4	115	0.5

Invalid responses include no response.

**65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**High cholesterol (hyperlipidemia)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	42	91	39	3	50	127	40.4
2 Yes	42	58	141	61	3	50	187	59.6
Valid responses =	72	23	232	74	6	2	314	1.5

Invalid responses include no response.

**65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
or that you can stop treatment, for the following conditions?  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**HIV or AIDS**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.0

Invalid responses include no response.

**65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
or that you can stop treatment, for the following conditions?  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Human papillomavirus (HPV) or genital warts**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	29	19	1	14	30	18.8
2 Yes	2	100	122	81	6	86	130	81.3
Valid responses =	2	1	151	94	7	4	160	0.8

Invalid responses include no response.

**65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Insomnia**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	78	67	74	9	82	94	76.4
2 Yes	4	22	23	26	2	18	29	23.6
Valid responses =	18	15	90	73	11	9	123	0.6

Invalid responses include no response.

**65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Irritable bowel syndrome (spastic colon or spastic bowel)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	52	103	61	13	87	128	62.1
2 Yes	10	48	66	39	2	13	78	37.9
Valid responses =	21	10	169	82	15	7	206	1.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

**65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Migraine headaches**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	63	145	70	16	70	190	69.6
2 Yes	14	37	62	30	7	30	83	30.4
Valid responses =	38	14	207	76	23	8	273	1.3

Invalid responses include no response.

**65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphism, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	43	26	77	3	100	32	72.7
2 Yes	4	57	8	24	0	0	12	27.3
Valid responses =	7	16	34	77	3	7	44	0.2

Invalid responses include no response.

**65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Polycystic Ovarian Syndrome (PCOS)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	72	48	4	50	76	48.4
2 Yes	0	0	77	52	4	50	81	51.6
Valid responses =	0	0	149	95	8	5	157	0.7

Invalid responses include no response.

**65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	88	29	64	6	75	42	68.9
2 Yes	1	13	16	36	2	25	19	31.1
Valid responses =	8	13	45	74	8	13	61	0.3

Invalid responses include no response.

**65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.0

Invalid responses include no response.

**65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Sleep Apnea**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	76	30	79	3	100	53	79.1
2 Yes	6	24	8	21	0	0	14	20.9
Valid responses =	25	37	38	57	3	4	67	0.3

Invalid responses include no response.

**65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Thyroid condition or disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	38	24	27	1	50	28	28.0
2 Yes	5	63	64	73	1	50	72	72.0
Valid responses =	8	8	88	88	2	2	100	0.5

Invalid responses include no response.



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65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	1	100	0	0	0	0	1	100.0
Valid responses =	1	100	0	0	0	0	1	0.0
Invalid responses include no response.								

65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	69	6	38	1	33	17	50.0
2 Yes	4	31	10	63	2	67	17	50.0
Valid responses =	13	38	16	47	3	9	34	0.2
Invalid responses include no response.								

65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	33	9	39	3	100	14	43.8
2 Yes	4	67	14	61	0	0	18	56.3
Valid responses =	6	19	23	72	3	9	32	0.2
Invalid responses include no response.								

65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?

(only includes students with an ongoing or chronic condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2865	73	7092	65	333	43	10357	65.5
2 Negatively impacted performance in a class	841	21	3235	30	339	44	4469	28.2
3 Delayed progress towards degree	228	6	651	6	101	13	998	6.3
Valid responses =	3934	25	10978	69	773	5	15824	75.2
Invalid responses include no response.								

66A) Within the last 12 months, have any of the following affected your academic performance?

Assault (physical)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6116	98	13161	97	812	94	20252	97.3
2 Did not affect academic performance	107	2	268	2	34	4	413	2.0
3 Negatively impacted performance in a class	19	0	77	1	12	1	109	0.5
4 Delayed progress towards degree	9	0	20	0	3	0	35	0.2
Valid responses =	6251	30	13526	65	861	4	20809	98.9
Invalid responses include no response.								

66B) Within the last 12 months, have any of the following affected your academic performance?

Assault (sexual)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6142	99	12865	95	783	91	19946	96.1
2 Did not affect academic performance	68	1	451	3	40	5	566	2.7
3 Negatively impacted performance in a class	13	0	141	1	29	3	187	0.9
4 Delayed progress towards degree	2	0	35	0	10	1	50	0.2
Valid responses =	6225	30	13492	65	862	4	20749	98.6
Invalid responses include no response.								

66C) Within the last 12 months, have any of the following affected your academic performance?

Allergies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4621	74	8725	65	522	61	13974	67.5
2 Did not affect academic performance	1459	24	4374	33	305	36	6196	29.9
3 Negatively impacted performance in a class	121	2	337	3	28	3	490	2.4
4 Delayed progress towards degree	15	0	34	0	5	1	55	0.3
Valid responses =	6216	30	13470	65	860	4	20715	98.4
Invalid responses include no response.								



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FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

#### 66D) Within the last 12 months, have any of the following affected your academic performance?

##### Anxiety

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	3167	51	4102	30	137	16	7465	36.0
2 Did not affect academic performance	1829	29	5266	39	322	38	7465	36.0
3 Negatively impacted performance in a class	1031	17	3533	26	331	39	4944	23.9
4 Delayed progress towards degree	191	3	577	4	68	8	849	4.1
Valid responses =	6218	30	13478	65	858	4	20723	98.5

Invalid responses include no response.

#### 66E) Within the last 12 months, have any of the following affected your academic performance?

##### Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5472	88	11381	84	559	65	17540	84.5
2 Did not affect academic performance	312	5	800	6	80	9	1205	5.8
3 Negatively impacted performance in a class	366	6	1115	8	180	21	1681	8.1
4 Delayed progress towards degree	92	2	206	2	37	4	343	1.7
Valid responses =	6242	30	13502	65	856	4	20769	98.7

Invalid responses include no response.

#### 66F) Within the last 12 months, have any of the following affected your academic performance?

##### Concussion or Traumatic Brain Injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6142	98	13151	97	818	95	20266	97.5
2 Did not affect academic performance	55	1	194	1	15	2	270	1.3
3 Negatively impacted performance in a class	35	1	131	1	19	2	189	0.9
4 Delayed progress towards degree	12	0	32	0	7	1	53	0.3
Valid responses =	6244	30	13508	65	859	4	20778	98.7

Invalid responses include no response.

#### 66S) Within the last 12 months, have any of the following affected your academic performance?

##### COVID-19

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4171	67	8193	61	488	57	12958	62.3
2 Did not affect academic performance	1515	24	3748	28	238	28	5536	26.6
3 Negatively impacted performance in a class	471	8	1374	10	117	14	1984	9.5
4 Delayed progress towards degree	81	1	197	2	20	2	305	1.5
Valid responses =	6238	30	13512	65	863	4	20783	98.7

Invalid responses include no response.

#### 66G) Within the last 12 months, have any of the following affected your academic performance?

##### Depression

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4344	70	8175	61	306	36	12911	62.4
2 Did not affect academic performance	978	16	2662	20	210	24	3878	18.7
3 Negatively impacted performance in a class	698	11	2174	16	279	32	3193	15.4
4 Delayed progress towards degree	196	3	445	3	66	8	721	3.5
Valid responses =	6216	30	13456	65	861	4	20703	98.4

Invalid responses include no response.

#### 66H) Within the last 12 months, have any of the following affected your academic performance?

##### Eating disorder/problem

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5871	94	11833	88	683	80	18524	89.5
2 Did not affect academic performance	257	4	1271	9	116	14	1666	8.0
3 Negatively impacted performance in a class	81	1	305	2	51	6	444	2.1
4 Delayed progress towards degree	9	0	45	0	9	1	65	0.3
Valid responses =	6218	30	13454	65	859	4	20699	98.3

Invalid responses include no response.





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FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

#### 66I) Within the last 12 months, have any of the following affected your academic performance? Headaches/migraines

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4856	78	8425	63	489	57	13862	67.1
2 Did not affect academic performance	1040	17	3549	26	235	27	4869	23.6
3 Negatively impacted performance in a class	276	5	1332	10	121	14	1749	8.5
4 Delayed progress towards degree	27	0	140	1	14	2	189	0.9
Valid responses =	6199	30	13446	65	859	4	20669	98.2

Invalid responses include no response.

#### 66J) Within the last 12 months, have any of the following affected your academic performance? Influenza or influenza like illness (the flu)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5367	86	11249	84	701	82	17455	84.2
2 Did not affect academic performance	649	10	1576	12	95	11	2333	11.3
3 Negatively impacted performance in a class	190	3	611	5	58	7	872	4.2
4 Delayed progress towards degree	16	0	42	0	4	1	63	0.3
Valid responses =	6222	30	13478	65	858	4	20723	98.5

Invalid responses include no response.

#### 66K) Within the last 12 months, have any of the following affected your academic performance? Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5610	90	12252	91	755	88	18757	90.3
2 Did not affect academic performance	515	8	960	7	74	9	1569	7.6
3 Negatively impacted performance in a class	97	2	229	2	26	3	359	1.7
4 Delayed progress towards degree	19	0	56	0	6	1	82	0.4
Valid responses =	6241	30	13497	65	861	4	20767	98.7

Invalid responses include no response.

#### 66L) Within the last 12 months, have any of the following affected your academic performance? PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6207	100	8173	61	579	67	15078	72.6
2 Did not affect academic performance	18	0	4057	30	180	21	4287	20.6
3 Negatively impacted performance in a class	6	0	1179	9	93	11	1292	6.2
4 Delayed progress towards degree	1	0	102	1	9	1	114	0.5
Valid responses =	6232	30	13511	65	861	4	20771	98.7

Invalid responses include no response.

#### 66M) Within the last 12 months, have any of the following affected your academic performance? Post Traumatic Stress Disorder (PTSD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5999	97	12115	90	645	75	18890	91.3
2 Did not affect academic performance	124	2	796	6	96	11	1028	5.0
3 Negatively impacted performance in a class	72	1	410	3	87	10	583	2.8
4 Delayed progress towards degree	18	0	130	1	31	4	184	0.9
Valid responses =	6213	30	13451	65	859	4	20685	98.3

Invalid responses include no response.

#### 66N) Within the last 12 months, have any of the following affected your academic performance? Short-term illness, excluding upper respiratory illness and influenza

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5552	89	11214	83	672	78	17569	84.7
2 Did not affect academic performance	524	8	1697	13	115	13	2364	11.4
3 Negatively impacted performance in a class	144	2	525	4	64	8	741	3.6
4 Delayed progress towards degree	12	0	47	0	7	1	67	0.3
Valid responses =	6232	30	13483	65	858	4	20741	98.5

Invalid responses include no response.





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#### 66O) Within the last 12 months, have any of the following affected your academic performance?

Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5064	81	9340	69	589	69	15113	72.8
2 Did not affect academic performance	929	15	3166	24	174	20	4306	20.8
3 Negatively impacted performance in a class	224	4	931	7	89	10	1254	6.0
4 Delayed progress towards degree	17	0	53	0	6	1	77	0.4
Valid responses =	6234	30	13490	65	858	4	20750	98.6

Invalid responses include no response.

#### 66P) Within the last 12 months, have any of the following affected your academic performance?

Sleep difficulties

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	3781	61	7106	53	331	38	11297	54.4
2 Did not affect academic performance	1524	24	3884	29	276	32	5731	27.6
3 Negatively impacted performance in a class	819	13	2258	17	227	26	3336	16.1
4 Delayed progress towards degree	110	2	250	2	29	3	398	1.9
Valid responses =	6234	30	13498	65	863	4	20762	98.6

Invalid responses include no response.

#### 66Q) Within the last 12 months, have any of the following affected your academic performance?

Stress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2266	36	2737	20	131	15	5175	24.9
2 Did not affect academic performance	2385	38	5866	43	297	35	8607	41.4
3 Negatively impacted performance in a class	1354	22	4225	31	359	42	5991	28.8
4 Delayed progress towards degree	233	4	674	5	74	9	997	4.8
Valid responses =	6238	30	13502	65	861	4	20770	98.7

Invalid responses include no response.

#### 66R) Within the last 12 months, have any of the following affected your academic performance?

Other issue not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4391	98	8500	97	499	92	13482	97.4
2 Did not affect academic performance	29	1	83	1	12	2	128	0.9
3 Negatively impacted performance in a class	33	1	88	1	16	3	142	1.0
4 Delayed progress towards degree	16	0	57	1	13	2	90	0.7
Valid responses =	4469	32	8728	63	540	4	13842	65.8

Invalid responses include no response.

#### 67A) What sex were you assigned at birth?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	13649	100	656	75	14398	68.6
2 Male	6304	100	0	0	212	24	6576	31.3
3 Intersex	2	0	2	0	3	0	7	0.0
Valid responses =	6306	30	13651	65	871	4	20981	99.7

Invalid responses include no response.

#### 67B) Do you identify as transgender?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6306	100	13651	100	426	49	20491	97.8
2 Yes	0	0	0	0	445	51	471	2.2
Valid responses =	6306	30	13651	65	871	4	20962	99.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

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(410) 859-1500

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GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

## 67C) Which term do you use to describe your gender identity?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	13651	100	102	12	13770	65.7
2 Man or male	6306	100	0	0	49	6	6370	30.4
3 Trans woman	0	0	0	0	28	3	28	0.1
4 Trans man	0	0	0	0	41	5	41	0.2
5 Genderqueer	0	0	0	0	141	16	145	0.7
6 My identity is not listed	0	0	0	0	0	0	99	0.5
7 Agender	0	0	0	0	57	7	57	0.3
8 Genderfluid	0	0	0	0	80	9	81	0.4
9 Non-binary	0	0	0	0	370	43	375	1.8
10 Intersex	0	0	0	0	3	0	3	0.0
Valid responses =	6306	30	13651	65	871	4	20969	99.6

Invalid responses include no response.

## 68) What term best describes your sexual orientation?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual (from write-ins)	11	0	120	1	37	4	175	0.8
2 Bisexual	312	5	1782	13	161	19	2281	10.9
3 Gay	540	9	15	0	39	5	602	2.9
4 Lesbian	0	0	310	2	76	9	397	1.9
5 Pansexual	47	1	267	2	115	13	439	2.1
6 Queer	73	1	349	3	274	32	718	3.4
7 Questioning	43	1	252	2	17	2	315	1.5
9 Straight/Heterosexual	5229	83	10413	77	142	16	15841	75.9
10 My identity not listed above	15	0	61	0	9	1	98	0.5
Valid responses =	6270	30	13569	65	870	4	20866	99.1

Invalid responses include no response.

## 69) How old are you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	0	0	3	0	0	0	4	0.0
2 19 Years	1	0	5	0	0	0	6	0.0
3 20 Years	10	0	22	0	3	0	35	0.2
4 21 Years	50	1	169	1	11	1	230	1.1
5 22 Years	376	6	962	7	58	7	1403	6.7
6 23 Years	618	10	1636	12	114	13	2389	11.5
7 24 Years	654	11	1602	12	117	14	2397	11.5
8 25 Years	694	11	1555	12	104	12	2374	11.4
9 26 to 30 Years	2237	36	4327	32	278	32	6889	33.1
10 31 to 40 Years	1202	19	2181	16	145	17	3560	17.1
11 41 or More Years	407	7	1049	8	33	4	1500	7.2
Valid responses =	6249	30	13511	65	863	4	20787	98.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	28.76	27.00	6.99	19	82
Cis Women	28.49	26.00	7.21	18	83
Trans/Gender Non-conforming	27.51	26.00	5.67	20	58
Overall	28.53	26.00	7.09	18	83

## 71) What is your weight in pounds?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	46	1	349	3	17	2	420	2.0
2 101 to 150 Pounds	1380	22	8034	60	406	48	9879	48.0
3 151 to 200 Pounds	3534	57	3733	28	290	34	7613	37.0
4 201 to 250 Pounds	999	16	889	7	98	12	2012	9.8
5 251 to 300 Pounds	198	3	250	2	30	4	486	2.4
6 301 or More Pounds	69	1	81	1	9	1	161	0.8
Valid responses =	6226	30	13336	65	850	4	20571	97.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	178.25	172.00	38.81	53	445
Cis Women	150.55	140.00	39.44	51	500
Trans/Gender Non-conforming	163.33	151.00	45.94	51	500
Overall	159.61	150.00	41.59	51	500



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GRADUATE/PROFESSIONAL STUDENTS

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FREQUENCY REPORT

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## 72) What is your year in school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	0	0	0	0	0	0	0	0.0
2 2nd year undergraduate	0	0	0	0	0	0	0	0.0
3 3rd year undergraduate	0	0	0	0	0	0	0	0.0
4 4th year undergraduate	0	0	0	0	0	0	0	0.0
5 5th year or more undergraduate	0	0	0	0	0	0	0	0.0
6 Master's (MA, MS, etc.)	3574	57	8707	64	554	64	12959	61.6
7 Doctorate (PhD, EdD, MD, JD, etc.)	2732	43	4944	36	317	36	8088	38.4
8 Not seeking a degree	0	0	0	0	0	0	0	0.0
9 Other (please specify):	0	0	0	0	0	0	0	0.0
Valid responses =	6306	30	13651	65	871	4	21047	100.0

Invalid responses include no response.

## 73) What is your enrollment status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	5475	87	11452	84	756	87	17853	85.1
2 Part-time	769	12	2072	15	109	13	2982	14.2
3 Other	48	1	93	1	6	1	149	0.7
Valid responses =	6292	30	13617	65	871	4	20984	99.7

Invalid responses include no response.

## 73A) I am taking classes this term:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	4388	70	8064	60	562	66	13148	63.3
2 Entirely online	585	9	2128	16	101	12	2834	13.6
3 A mix of in-person and online classes	1261	20	3287	24	195	23	4791	23.1
Valid responses =	6234	30	13479	65	858	4	20773	98.7

Invalid responses include no response.

## 74) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3794	61	10438	77	746	86	15126	72.5
2 Yes	2459	39	3119	23	120	14	5747	27.5
Valid responses =	6253	30	13557	65	866	4	20873	99.2

Invalid responses include no response.

## 75A1) How do you usually describe yourself? (Please select ALL that apply)

American Indian or Native Alaskan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6219	99	13443	99	857	98	20729	98.5
1 Selected	87	1	208	2	14	2	318	1.5
Valid responses =	6306	30	13651	65	871	4	21047	100.0

Invalid responses include no response.

## 75A2) How do you usually describe yourself? (Please select ALL that apply)

Asian or Asian American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4088	65	10236	75	716	82	15218	72.3
1 Selected	2218	35	3415	25	155	18	5829	27.7
Valid responses =	6306	30	13651	65	871	4	21047	100.0

Invalid responses include no response.

## 75A3) How do you usually describe yourself? (Please select ALL that apply)

Black or African American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6001	95	12844	94	806	93	19857	94.3
1 Selected	305	5	807	6	65	8	1190	5.7
Valid responses =	6306	30	13651	65	871	4	21047	100.0

Invalid responses include no response.



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#### 75A4) How do you usually describe yourself? (Please select ALL that apply)

##### Hispanic or Latino/a/x

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5615	89	11980	88	777	89	18573	88.2
1 Selected	691	11	1671	12	94	11	2474	11.8
Valid responses =	6306	30	13651	65	871	4	21047	100.0
Invalid responses include no response.								

#### 75A5) How do you usually describe yourself? (Please select ALL that apply)

##### Middle Eastern/North African (MENA) or Arab Origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6099	97	13269	97	850	98	20432	97.1
1 Selected	207	3	382	3	21	2	615	2.9
Valid responses =	6306	30	13651	65	871	4	21047	100.0
Invalid responses include no response.								

#### 75A6) How do you usually describe yourself? (Please select ALL that apply)

##### Native Hawaiian or Other Pacific Islander Native

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6287	100	13597	100	869	100	20971	99.6
1 Selected	19	0	54	0	2	0	76	0.4
Valid responses =	6306	30	13651	65	871	4	21047	100.0
Invalid responses include no response.								

#### 75A7) How do you usually describe yourself? (Please select ALL that apply)

##### White

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3289	52	5921	43	306	35	9632	45.8
1 Selected	3017	48	7730	57	565	65	11415	54.2
Valid responses =	6306	30	13651	65	871	4	21047	100.0
Invalid responses include no response.								

#### 75A8) How do you usually describe yourself? (Please select ALL that apply)

##### Biracial or Multiracial

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6115	97	13084	96	803	92	20202	96.0
1 Selected	191	3	567	4	68	8	845	4.0
Valid responses =	6306	30	13651	65	871	4	21047	100.0
Invalid responses include no response.								

#### 75A9) How do you usually describe yourself? (Please select ALL that apply)

##### Another Identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6122	97	13391	98	849	98	20568	97.7
1 Selected	184	3	260	2	22	3	479	2.3
Valid responses =	6306	30	13651	65	871	4	21047	100.0
Invalid responses include no response.								

#### 75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

##### Mexican, Mexican American, Chicano

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	392	57	831	50	48	51	1281	51.8
1 Selected	299	43	840	50	46	49	1193	48.2
Valid responses =	691	28	1671	68	94	4	2474	11.8
Invalid responses include no response.								

#### 75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

##### Puerto Rican

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	640	93	1532	92	78	83	2265	91.6
1 Selected	51	7	139	8	16	17	209	8.4
Valid responses =	691	28	1671	68	94	4	2474	11.8
Invalid responses include no response.								



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#### 75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

##### Cuban

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	666	96	1606	96	89	95	2377	96.1
1 Selected	25	4	65	4	5	5	97	3.9
Valid responses =	691	28	1671	68	94	4	2474	11.8

Invalid responses include no response.

#### 75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

##### Another Hispanic, Latino/a/x, or Spanish origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	349	51	951	57	59	63	1371	55.4
1 Selected	342	50	720	43	35	37	1103	44.6
Valid responses =	691	28	1671	68	94	4	2474	11.8

Invalid responses include no response.

#### 75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

##### East Asian (for example: Chinese, Japanese, or Korean)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1226	55	1615	47	64	41	2929	50.2
1 Selected	992	45	1800	53	91	59	2900	49.8
Valid responses =	2218	38	3415	59	155	3	5829	27.7

Invalid responses include no response.

#### 75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

##### Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2012	91	2983	87	121	78	5153	88.4
1 Selected	206	9	432	13	34	22	676	11.6
Valid responses =	2218	38	3415	59	155	3	5829	27.7

Invalid responses include no response.

#### 75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

##### South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1186	54	2221	65	120	77	3549	60.9
1 Selected	1032	47	1194	35	35	23	2280	39.1
Valid responses =	2218	38	3415	59	155	3	5829	27.7

Invalid responses include no response.

#### 75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

##### Other Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2187	99	3357	98	153	99	5737	98.4
1 Selected	31	1	58	2	2	1	92	1.6
Valid responses =	2218	38	3415	59	155	3	5829	27.7

Invalid responses include no response.

#### 76) What is your relationship status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	2622	42	5008	37	334	38	8049	38.4
2 In relationship not married/partnered	2064	33	5304	39	347	40	7774	37.1
3 Married/partnered	1604	26	3304	24	190	22	5150	24.6
Valid responses =	6290	30	13616	65	871	4	20973	99.6

Invalid responses include no response.

#### 77A) Are you a member of a social fraternity or sorority?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6065	97	13096	96	848	97	20198	96.4
2 Yes	216	3	518	4	23	3	762	3.6
Valid responses =	6281	30	13614	65	871	4	20960	99.6

Invalid responses include no response.



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#### 77B) Do you live in a fraternity or sorority residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6247	99	13574	100	864	99	20876	99.6
2 Yes	35	1	35	0	7	1	80	0.4
Valid responses =	6282	30	13609	65	871	4	20956	99.6

Invalid responses include no response.

#### 78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	951	15	1341	10	104	12	2417	11.6
2 Parent/guardian/other family member's home	345	6	1314	10	65	8	1731	8.3
3 Off-campus/non-university housing	4850	78	10596	78	676	78	16279	77.9
4 Temporarily with relative, friend, couch surfing	28	0	39	0	6	1	75	0.4
5 Don't have a place to live	3	0	10	0	1	0	15	0.1
6 Other (please specify)	80	1	283	2	10	1	380	1.8
Valid responses =	6257	30	13583	65	862	4	20897	99.3

Invalid responses include no response.

#### 79) What is your primary source of health insurance?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 College/university Health Insurance Plan	3463	58	5255	41	356	43	9168	46.2
2 Covered by parent/guardian plan	796	13	2943	23	188	23	3960	20.0
3 Covered by employer-based plan	901	15	2702	21	130	16	3772	19.0
4 Medicaid, Medicare, SCHIP, VA/Tricare	438	7	1070	8	92	11	1613	8.1
5 I bought a plan on my own	261	4	600	5	37	5	904	4.6
6 Don't have health insurance	76	1	188	2	13	2	280	1.4
7 Don't know if I have health insurance	17	0	21	0	1	0	42	0.2
8 Have insurance, don't know primary source	29	1	58	1	5	1	94	0.5
Valid responses =	5981	30	12837	65	822	4	19833	94.2

Invalid responses include no response.

#### 80) What is your approximate cumulative grade average?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	1111	18	2737	20	198	23	4086	19.5
2 A	2524	40	5873	43	376	43	8861	42.3
3 A-	1216	19	2186	16	161	19	3587	17.1
4 B+	680	11	1272	9	63	7	2037	9.7
5 B	334	5	717	5	34	4	1093	5.2
6 B-	89	1	189	1	7	1	286	1.4
7 C+	33	1	70	1	2	0	105	0.5
8 C	19	0	34	0	3	0	56	0.3
9 C-	5	0	11	0	0	0	16	0.1
10 D+	1	0	3	0	0	0	4	0.0
11 D	2	0	3	0	0	0	5	0.0
12 D-	0	0	1	0	0	0	3	0.0
13 F	0	0	2	0	0	0	2	0.0
14 N/A	264	4	492	4	26	3	788	3.8
Valid responses =	6278	30	13590	65	870	4	20929	99.4

Invalid responses include no response.

#### 81A) Do you participate in organized college athletics at any of the following levels?

##### Varsity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6079	98	13322	99	847	99	20423	98.4
2 Yes	132	2	178	1	11	1	326	1.6
Valid responses =	6211	30	13500	65	858	4	20749	98.6

Invalid responses include no response.

#### 81B) Do you participate in organized college athletics at any of the following levels?

##### Club Sports

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5884	95	13133	97	831	97	20020	96.6
2 Yes	324	5	351	3	23	3	706	3.4
Valid responses =	6208	30	13484	65	854	4	20726	98.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2023

American College Health Association

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(410) 859-1500

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### GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

#### 81C) Do you participate in organized college athletics at any of the following levels?

##### Intramurals

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5557	90	12833	96	824	97	19384	94.1
2 Yes	627	10	554	4	29	3	1220	5.9
Valid responses =	6184	30	13387	65	853	4	20604	97.9

Invalid responses include no response.

#### 82A) Do you have any of the following?

##### Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5599	90	11726	87	592	69	18046	86.7
2 Yes	650	10	1812	13	269	31	2777	13.3
Valid responses =	6249	30	13538	65	861	4	20823	98.9

Invalid responses include no response.

#### 82B) Do you have any of the following?

##### Autism Spectrum Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6143	99	13354	99	736	86	20385	98.0
2 Yes	95	2	170	1	124	14	411	2.0
Valid responses =	6238	30	13524	65	860	4	20796	98.8

Invalid responses include no response.

#### 82C) Do you have any of the following?

##### Deaf/Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6092	98	13260	98	824	96	20339	98.0
2 Yes	142	2	230	2	36	4	417	2.0
Valid responses =	6234	30	13490	65	860	4	20756	98.6

Invalid responses include no response.

#### 82D) Do you have any of the following?

##### Learning disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6101	98	13023	97	790	92	20070	97.0
2 Yes	116	2	426	3	65	8	622	3.0
Valid responses =	6217	30	13449	65	855	4	20692	98.3

Invalid responses include no response.

#### 82E) Do you have any of the following?

##### Mobility/Dexterity disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6195	99	13350	99	827	96	20535	98.8
2 Yes	45	1	158	1	35	4	248	1.2
Valid responses =	6240	30	13508	65	862	4	20783	98.7

Invalid responses include no response.

#### 82F) Do you have any of the following?

##### Blind/Low Vision

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6126	99	13228	98	830	96	20351	98.1
2 Yes	93	2	263	2	31	4	394	1.9
Valid responses =	6219	30	13491	65	861	4	20745	98.6

Invalid responses include no response.

#### 82G) Do you have any of the following?

##### Speech or language disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6179	99	13425	100	843	98	20619	99.3
2 Yes	51	1	66	1	20	2	138	0.7
Valid responses =	6230	30	13491	65	863	4	20757	98.6

Invalid responses include no response.



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GRADUATE/PROFESSIONAL STUDENTS

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FREQUENCY REPORT

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## 83) Are you currently or have you been a member of the Armed Services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5931	95	13397	99	848	98	20342	97.5
2 Yes, have served in area of hazardous duty	167	3	72	1	10	1	256	1.2
3 Yes, have not served in area hazardous duty	158	3	105	1	9	1	274	1.3
Valid responses =	6256	30	13574	65	867	4	20872	99.2

Invalid responses include no response.

## 84) What is the highest level of education completed by either of your parents (or guardians)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	266	4	470	4	29	3	778	3.7
2 High school diploma or GED	610	10	1377	10	82	9	2086	10.0
3 Attended college but no degree	248	4	690	5	47	5	994	4.8
4 Associate's degree	265	4	843	6	35	4	1152	5.5
5 Bachelor's degree	2055	33	4264	31	265	31	6625	31.7
6 Master's degree	1781	28	3686	27	239	28	5763	27.6
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	1000	16	2190	16	171	20	3395	16.2
8 Don't know	45	1	68	1	2	0	117	0.6
Valid responses =	6270	30	13588	65	870	4	20910	99.3

Invalid responses include no response.

## 85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5610	90	12147	90	814	94	18735	89.7
2 Yes	658	11	1422	11	55	6	2150	10.3
Valid responses =	6268	30	13569	65	869	4	20885	99.2

Invalid responses include no response.

## HT\_INCH Height in Inches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	1	0	0	0	1	0.0
3 49 to 60 Inches	5	0	611	5	33	4	653	3.2
4 61 to 72 Inches	4945	81	12701	95	779	91	18562	90.5
5 73 to 84 Inches	1177	19	52	0	47	6	1296	6.3
6 85 or More Inches	3	0	6	0	0	0	9	0.0
Valid responses =	6130	30	13371	65	859	4	20521	97.5

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

## BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.02	0.01	0.04	0	0.48
Cis Women	0.03	0.02	0.04	0	0.49
Trans/Gender Non-conforming	0.02	0.01	0.03	0	0.34
Overall	0.03	0.01	0.04	0	0.49

## BAC Estimated Blood Alcohol Content

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	2442	54	4430	42	330	49	7254	45.7
1 .01 to .05% Alcohol	1586	35	4498	43	267	40	6384	40.2
2 .06 to .07% Alcohol	203	5	598	6	32	5	841	5.3
3 .08 to .09% Alcohol	105	2	368	4	13	2	494	3.1
4 .10 to .15% Alcohol	148	3	477	5	22	3	650	4.1
5 .16 to .20% Alcohol	37	1	104	1	4	1	146	0.9
6 .21 to .25% Alcohol	11	0	33	0	0	0	44	0.3
7 .26 to .30% Alcohol	10	0	13	0	0	0	23	0.1
8 .31 to .49% Alcohol	2	0	23	0	1	0	26	0.2
Valid responses =	4544	29	10544	66	669	4	15862	75.4

Invalid responses include no response.





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### GRADUATE/PROFESSIONAL STUDENTS

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FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

#### RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	4231	93	9526	90	629	94	14479	91.3
1 .08% or higher	313	7	1018	10	40	6	1383	8.7
Valid responses =	4544	29	10544	66	669	4	15862	75.4
Invalid responses include no response.								

#### RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	4336	95	9894	94	642	96	14973	94.4
1 .1% or higher	208	5	650	6	27	4	889	5.6
Valid responses =	4544	29	10544	66	669	4	15862	75.4
Invalid responses include no response.								

#### BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Cis Men	25.40	25.00	4.99	7	63
Cis Women	25.17	24.00	6.29	7	88
Trans/Gender Non-conforming	26.14	24.00	6.71	12	60
Overall	25.29	24.00	5.96	7	88

#### RBMI Body Mass Index Classifications

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	203	3	708	5	44	5	965	4.7
2 Desired weight (18.5- 24.9)	3039	50	7394	56	417	49	10926	53.7
3 Overweight (25- 29.9)	2024	33	2848	22	202	24	5106	25.1
4 Class I obesity (30- 34.9)	575	9	1280	10	95	11	1969	9.7
5 Class II obesity (35- 39.9)	171	3	586	4	46	6	815	4.0
6 Class III obesity (>=40)	95	2	412	3	40	5	556	2.7
Valid responses =	6107	30	13228	65	844	4	20337	96.6
Invalid responses include no response.								

#### USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Cis Men	1.76	1.00	2.18	0	6
Cis Women	1.64	1.00	2.07	0	6
Trans/Gender Non-conforming	2.22	1.00	2.31	0	6
Overall	1.70	1.00	2.12	0	6

#### RUSDAFI USDA Food Security Category

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	1142	18	2080	15	210	24	3482	16.7
2 Low food security (2-4)	1327	21	3087	23	215	25	4676	22.4
3 High or marginal food security (0-1)	3772	60	8372	62	438	51	12690	60.9
Valid responses =	6241	30	13539	65	863	4	20848	99.1
Invalid responses include no response.								

#### KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.88	6.00	4.83	0	24
Cis Women	7.63	7.00	4.89	0	24
Trans/Gender Non-conforming	10.07	10.00	5.24	0	24
Overall	7.52	7.00	4.94	0	24

#### RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress\*

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-12)	5424	87	11314	84	602	70	17485	84.3
3 Serious psychological distress (13-24)	775	13	2169	16	262	30	3248	15.7
Valid responses =	6199	30	13483	65	864	4	20733	98.5
Invalid responses include no response.								

\*ACHA discontinued the practice of reporting moderate psychological distress in fall 2023 due to lack of consensus on an appropriate cut off score. Instead, we recommend reporting only students who screen positive (or negative) for serious psychological distress as indicated above. All reference group reports were updated to reflect this change.

#### ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.22	5.00	1.86	3	9
Cis Women	5.16	5.00	1.79	3	9
Trans/Gender Non-conforming	5.85	6.00	1.91	3	9
Overall	5.22	5.00	1.82	3	9



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GRADUATE/PROFESSIONAL STUDENTS

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FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

## RULS3 Recoded UCLA Loneliness Scale

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	3429	55	7745	57	371	43	11619	55.5
2 Positive for loneliness (6-9)	2846	45	5859	43	498	57	9322	44.5
Valid responses =	6275	30	13604	65	869	4	20941	99.5

Invalid responses include no response.

## SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Cis Men	4.60	3.00	2.57	3	18
Cis Women	4.87	3.00	2.7	3	18
Trans/Gender Non-conforming	7.12	7.00	3.64	3	18
Overall	4.89	3.00	2.76	3	18

## RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	5172	83	10633	78	427	50	16357	78.3
2 Positive for suicidal screening (7-18)	1096	18	2928	22	432	50	4522	21.7
Valid responses =	6268	30	13561	65	859	4	20879	99.2

Invalid responses include no response.

## DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Cis Men	45.72	48.00	8.41	8	56
Cis Women	46.64	48.00	7.93	8	56
Trans/Gender Non-conforming	43.58	46.00	9.25	8	56
Overall	46.21	48.00	8.19	8	56

## CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.34	6.00	1.5	0	8
Cis Women	6.19	6.00	1.51	0	8
Trans/Gender Non-conforming	5.92	6.00	1.63	0	8
Overall	6.22	6.00	1.52	0	8

## SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.55	2.00	8.22	0	31
Cis Women	4.72	2.00	7.27	0	31
Trans/Gender Non-conforming	6.04	2.00	8.01	0	31
Overall	5.39	2.00	7.68	0	31

## TOBACCORISK ASSIST Tobacco Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1396	57	3093	67	209	59	4745	63.3
2 Moderate Risk (4-26)	979	40	1453	32	141	40	2594	34.6
3 High Risk (27-39)	69	3	74	2	7	2	152	2.0
Valid responses =	2444	33	4620	62	357	5	7491	35.6

Invalid responses include no response.

## SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	7.44	6.00	6.33	0	39
Cis Women	6.77	6.00	5.68	0	39
Trans/Gender Non-conforming	7.20	6.00	6.3	0	39
Overall	6.98	6.00	5.91	0	39

## ALCOHOLRISK ASSIST Alcohol Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	3606	79	8846	83	559	78	13124	81.5
2 Moderate Risk (11-26)	844	19	1699	16	141	20	2706	16.8
3 High Risk (27-39)	105	2	158	2	15	2	280	1.7
Valid responses =	4555	28	10703	66	715	4	16110	76.5

Invalid responses include no response.

## SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	4.92	2.00	6.76	0	39
Cis Women	4.08	2.00	5.8	0	39
Trans/Gender Non-conforming	6.72	5.00	7.68	0	37
Overall	4.50	2.00	6.29	0	39



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FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

## CANNABISRISK ASSIST Cannabis Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1624	61	4242	65	271	47	6179	62.6
2 Moderate Risk (4-26)	970	37	2241	34	285	49	3540	35.8
3 High Risk (27-39)	53	2	74	1	24	4	158	1.6
Valid responses =	2647	27	6557	66	580	6	9877	46.9

Invalid responses include no response.

## SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.01	0.00	4.39	0	36
Cis Women	1.71	0.00	4.22	0	34
Trans/Gender Non-conforming	1.84	0.00	4.76	0	33
Overall	1.82	0.00	4.33	0	36

## COCAINERISK ASSIST Cocaine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	600	84	1245	87	123	89	1987	85.8
2 Moderate Risk (4-26)	111	16	179	13	13	9	309	13.3
3 High Risk (27-39)	6	1	11	1	3	2	21	0.9
Valid responses =	717	31	1435	62	139	6	2317	11.0

Invalid responses include no response.

## SSSMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.80	0.00	6.9	0	33
Cis Women	1.99	0.00	5.5	0	33
Trans/Gender Non-conforming	6.15	0.00	10.84	0	33
Overall	2.62	0.00	6.67	0	33

## METHRISK ASSIST Methamphetamine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	104	81	146	86	19	70	275	83.3
2 Moderate Risk (4-26)	20	16	19	11	4	15	43	13.0
3 High Risk (27-39)	4	3	4	2	4	15	12	3.6
Valid responses =	128	39	169	51	27	8	330	1.6

Invalid responses include no response.

## SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	1.99	0.00	4.82	0	33
Cis Women	0.97	0.00	3.22	0	31
Trans/Gender Non-conforming	1.99	0.00	5.32	0	33
Overall	1.50	0.00	4.22	0	33

## INHALANTRISK ASSIST Inhalant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	446	85	539	93	117	87	1120	89.2
2 Moderate Risk (4-26)	72	14	35	6	14	10	122	9.7
3 High Risk (27-39)	6	1	4	1	3	2	13	1.0
Valid responses =	524	42	578	46	134	11	1255	6.0

Invalid responses include no response.

## SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	1.65	0.00	4.49	0	34
Cis Women	1.25	0.00	3.28	0	33
Trans/Gender Non-conforming	2.93	0.00	7.33	0	33
Overall	1.48	0.00	4.03	0	34

## RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	614	87	1290	89	109	83	2031	87.8
2 Moderate Risk (4-26)	85	12	155	11	14	11	260	11.2
3 High Risk (27-39)	10	1	5	0	8	6	23	1.0
Valid responses =	709	31	1450	63	131	6	2314	11.0

Invalid responses include no response.

## SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.07	0.00	5.09	0	34
Cis Women	1.63	0.00	4.03	0	36
Trans/Gender Non-conforming	3.30	0.00	7.39	0	33
Overall	1.89	0.00	4.7	0	36



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

## SEDATIVERISK ASSIST Sedative Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	385	84	771	86	87	80	1254	84.4
2 Moderate Risk (4-26)	68	15	124	14	18	17	214	14.4
3 High Risk (27-39)	7	2	6	1	4	4	17	1.1
Valid responses =	460	31	901	61	109	7	1485	7.1

Invalid responses include no response.

## SSSHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	1.62	0.00	3.92	0	36
Cis Women	1.23	0.00	2.65	0	31
Trans/Gender Non-conforming	2.11	0.00	5.11	0	34
Overall	1.42	0.00	3.33	0	36

## HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	891	86	1823	90	215	84	2965	88.1
2 Moderate Risk (4-26)	132	13	209	10	37	15	385	11.4
3 High Risk (27-39)	9	1	4	0	4	2	17	0.5
Valid responses =	1032	31	2036	60	256	8	3367	16.0

Invalid responses include no response.

## SSSHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	7.47	3.00	11.67	0	34
Cis Women	2.78	0.00	5.43	0	29
Trans/Gender Non-conforming	7.45	0.00	12.86	0	33
Overall	5.12	0.00	9.45	0	34

## HEROINRISK ASSIST Heroin Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	31	63	39	67	6	55	77	64.7
2 Moderate Risk (4-26)	10	20	18	31	3	27	31	26.1
3 High Risk (27-39)	8	16	1	2	2	18	11	9.2
Valid responses =	49	41	58	49	11	9	119	0.6

Invalid responses include no response.

## SSSRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	1.31	0.00	4.41	0	33
Cis Women	1.12	0.00	3.42	0	38
Trans/Gender Non-conforming	2.01	0.00	6.4	0	33
Overall	1.27	0.00	4.12	0	38

## RXOPIOIDRISK ASSIST Opioid Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	309	93	486	90	69	90	875	90.9
2 Moderate Risk (4-26)	21	6	50	9	6	8	79	8.2
3 High Risk (27-39)	4	1	3	1	2	3	9	0.9
Valid responses =	334	35	539	56	77	8	963	4.6

Invalid responses include no response.

## SSSOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	10.15	6.00	11.61	0	36
Cis Women	7.64	4.00	9.34	0	34
Trans/Gender Non-conforming	12.10	4.00	13.96	0	33
Overall	8.76	4.00	10.59	0	36

## OTHERSSISRISK ASSIST Other Drug Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	30	44	35	47	5	50	75	46.9
2 Moderate Risk (4-26)	27	40	35	47	2	20	67	41.9
3 High Risk (27-39)	11	16	4	5	3	30	18	11.3
Valid responses =	68	43	74	46	10	6	160	0.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2023

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(410) 859-1500

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### GRADUATE/PROFESSIONAL STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 21047 Web Surveys

#### PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Cis Men	475.35	330.00	541.14	0	10600
Cis Women	387.04	260.00	446.31	0	9000
Trans/Gender Non-conforming	356.81	240.00	430.56	0	6000
Overall	412.64	290.00	478.41	0	10600

#### PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1521	24	4182	31	293	34	6055	29.1
2 Yes	4711	76	9315	69	568	66	14744	70.9
Valid responses =	6232	30	13497	65	861	4	20799	98.8

Invalid responses include no response.

#### PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3185	51	8084	60	572	67	11956	57.5
2 Yes	3046	49	5410	40	288	34	8838	42.5
Valid responses =	6231	30	13494	65	860	4	20794	98.8

Invalid responses include no response.

#### HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3747	60	9306	69	645	75	13835	66.5
2 Yes	2484	40	4188	31	215	25	6959	33.5
Valid responses =	6231	30	13494	65	860	4	20794	98.8

Invalid responses include no response.

#### References

<sup>1</sup> Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.

The following questions about guns/firearms require an opt-in on the part of the campus. The firearm questions were included in the ACHA-NCHA at 15 schools.

#### 86A) Do you have access to a gun/firearm?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	469	77	1355	81	65	88	1898	80.2
2 Yes	143	23	310	19	9	12	470	19.8
Valid responses =	612	26	1665	70	74	0	2368	11.3

Invalid responses include no response.

#### 86B) During the last 30 days, on how many days did you carry a gun/firearm on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	591	100	1638	100	71	97	2315	99.7
2 1-2 days	0	0	0	0	0	0	0	0.0
3 3-4 days	0	0	1	0	0	0	1	0.0
4 5-30 days	3	1	0	0	2	3	6	0.3
Valid responses =	594	26	1639	71	73	3	2322	11.0

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	0.10	0.00	1.58	0	30
Cis Female	0.00	0.00	0.07	0	3
Trans/Gender Non-conforming	0.25	0.00	1.48	0	9
Overall	0.05	0.00	1.05	0	30

#### 86C) To what extent are you concerned about gun violence on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all concerned	212	35	277	17	7	10	501	21.1
2 Slightly concerned	224	37	611	37	31	42	872	36.8
3 Moderately concerned	110	18	449	27	19	26	582	24.5
4 Very concerned	35	6	198	12	8	11	241	10.2
5 Extremely concerned	32	5	130	8	9	12	175	7.4
Valid responses =	613	26	1665	70	74	3	2371	11.3

Invalid responses include no response.