



NATIONAL COLLEGE HEALTH ASSESSMENT

# **Cisgender & Transgender/Gender Non- Conforming Students Side-by-Side Data Report Spring 2022**

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## **American College Health Association National College Health Assessment III**

### **ACHA-NCHA III**

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.



AMERICAN COLLEGE HEALTH ASSOCIATION



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. **Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.**

**Note:** In this report, cisgender and transgender/gender non-conforming (trans/GNC) are defined by the variable RSEX. RSEX is determined based on the responses to questions 67A, 67B, and 67C. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report **DO NOT** include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded.

#### 1) How would you describe your overall health?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	7593	13	203	5	7796	12.2
2 Very good	23860	40	981	26	24841	38.7
3 Good	21674	36	1541	41	23215	36.2
4 Fair	6373	11	894	24	7267	11.3
5 Poor	847	1	169	5	1016	1.6
Valid responses =	60347	94	3788	6	64135	94.2

Invalid responses include no response.

#### 2A) I feel that I belong at my college/university.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1124	2	109	3	1233	1.8
2 Disagree	1990	3	223	6	2213	3.3
3 Somewhat disagree	3822	6	391	10	4213	6.2
4 Somewhat agree	14872	23	1165	29	16037	23.6
5 Agree	27654	43	1543	39	29197	43.0
6 Strongly agree	14446	23	569	14	15015	22.1
Valid responses =	63908	94	4000	6	67908	99.7

Invalid responses include no response.

#### 2B) I feel that students' health and well-being is a priority at my college/university.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1968	3	266	7	2234	3.3
2 Disagree	3904	6	525	13	4429	6.5
3 Somewhat disagree	7350	12	708	18	8058	11.9
4 Somewhat agree	20751	33	1304	33	22055	32.5
5 Agree	21114	33	906	23	22020	32.5
6 Strongly agree	8753	14	286	7	9039	13.3
Valid responses =	63840	94	3995	6	67835	99.6

Invalid responses include no response.

#### 2C) At my college/university, I feel that the campus climate encourages free and open discussion about students' health and well-being.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1313	2	149	4	1462	2.2
2 Disagree	2726	4	318	8	3044	4.5
3 Somewhat disagree	5888	9	609	15	6497	9.6
4 Somewhat agree	19244	30	1310	33	20554	30.3
5 Agree	23965	38	1185	30	25150	37.1
6 Strongly agree	10646	17	417	11	11063	16.3
Valid responses =	63782	94	3988	6	67770	99.5

Invalid responses include no response.



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#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 2D) At my college/university, we are a campus where we look out for each other.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1651	3	181	5	1832	2.7
2 Disagree	3226	5	361	9	3587	5.3
3 Somewhat disagree	7073	11	642	16	7715	11.4
4 Somewhat agree	21269	33	1472	37	22741	33.6
5 Agree	21509	34	985	25	22494	33.2
6 Strongly agree	8976	14	349	9	9325	13.8
Valid responses =	63704	94	3990	6	67694	99.4

Invalid responses include no response.

#### 3A) How many hours do you spend in a typical week (7 days) on the following activities?

##### Attending classes, discussion sections, or labs

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1298	2	84	2	1382	2.0
2 1-5 hours	8576	13	473	12	9049	13.3
3 6-10 hours	15548	24	1003	25	16551	24.4
4 11-15 hours	17784	28	1218	30	19002	28.0
5 16-20 hours	12774	20	838	21	13612	20.1
6 21-25 hours	4177	7	217	5	4394	6.5
7 26-30 hours	1858	3	91	2	1949	2.9
8 More than 30 hours	1871	3	79	2	1950	2.9
Valid responses =	63886	94	4003	6	67889	99.7

Invalid responses include no response.

#### 3B) How many hours do you spend in a typical week (7 days) on the following activities?

##### Studying and other academic activities outside of class

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	608	1	36	1	644	0.9
2 1-5 hours	12486	20	848	21	13334	19.7
3 6-10 hours	18784	29	1223	31	20007	29.5
4 11-15 hours	12696	20	773	19	13469	19.9
5 16-20 hours	8801	14	531	13	9332	13.8
6 21-25 hours	4476	7	268	7	4744	7.0
7 26-30 hours	2787	4	167	4	2954	4.4
8 More than 30 hours	3163	5	143	4	3306	4.9
Valid responses =	63801	94	3989	6	67790	99.6

Invalid responses include no response.

#### 3C) How many hours do you spend in a typical week (7 days) on the following activities?

##### Attending cultural events, movies, concerts, sports or other entertainment with others

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	18039	28	1370	34	19409	28.6
2 1-5 hours	36178	57	2175	54	38353	56.5
3 6-10 hours	6568	10	315	8	6883	10.1
4 11-15 hours	1780	3	75	2	1855	2.7
5 16-20 hours	712	1	40	1	752	1.1
6 21-25 hours	293	1	13	0	306	0.5
7 26-30 hours	135	0	6	0	141	0.2
8 More than 30 hours	128	0	7	0	135	0.2
Valid responses =	63833	94	4001	6	67834	99.6

Invalid responses include no response.

#### 3D) How many hours do you spend in a typical week (7 days) on the following activities?

##### Performing community service or volunteer activities

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	37664	59	2689	67	40353	59.5
2 1-5 hours	21685	34	1051	26	22736	33.5
3 6-10 hours	2818	4	152	4	2970	4.4
4 11-15 hours	843	1	52	1	895	1.3
5 16-20 hours	421	1	26	1	447	0.7
6 21-25 hours	190	0	9	0	199	0.3
7 26-30 hours	111	0	7	0	118	0.2
8 More than 30 hours	103	0	6	0	109	0.2
Valid responses =	63835	94	3992	6	67827	99.6

Invalid responses include no response.



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### 3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	15458	24	1609	40	17067	25.1
2 1-5 hours	27899	44	1729	43	29628	43.6
3 6-10 hours	12699	20	435	11	13134	19.3
4 11-15 hours	4268	7	124	3	4392	6.5
5 16-20 hours	1994	3	65	2	2059	3.0
6 21-25 hours	827	1	21	1	848	1.2
7 26-30 hours	400	1	9	0	409	0.6
8 More than 30 hours	368	1	11	0	379	0.6
Valid responses =	63913	94	4003	6	67916	99.8

Invalid responses include no response.

### 3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	42327	66	3140	79	45467	67.0
2 1-5 hours	17360	27	706	18	18066	26.6
3 6-10 hours	2634	4	74	2	2708	4.0
4 11-15 hours	799	1	37	1	836	1.2
5 16-20 hours	357	1	19	1	376	0.6
6 21-25 hours	160	0	7	0	167	0.2
7 26-30 hours	95	0	2	0	97	0.1
8 More than 30 hours	103	0	9	0	112	0.2
Valid responses =	63835	94	3994	6	67829	99.6

Invalid responses include no response.

### 3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	31283	49	1913	48	33196	49.0
2 1-5 hours	23359	37	1500	38	24859	36.7
3 6-10 hours	6008	9	382	10	6390	9.4
4 11-15 hours	1745	3	108	3	1853	2.7
5 16-20 hours	748	1	38	1	786	1.2
6 21-25 hours	309	1	22	1	331	0.5
7 26-30 hours	169	0	10	0	179	0.3
8 More than 30 hours	155	0	14	0	169	0.2
Valid responses =	63776	94	3987	6	67763	99.5

Invalid responses include no response.

### 3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3982	6	265	7	4247	6.3
2 1-5 hours	24878	39	1530	38	26408	39.1
3 6-10 hours	18489	29	1140	29	19629	29.0
4 11-15 hours	8541	13	535	13	9076	13.4
5 16-20 hours	3857	6	220	6	4077	6.0
6 21-25 hours	1653	3	137	3	1790	2.6
7 26-30 hours	908	1	57	1	965	1.4
8 More than 30 hours	1331	2	96	2	1427	2.1
Valid responses =	63639	94	3980	6	67619	99.3

Invalid responses include no response.

### 3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	37693	60	2811	71	40504	60.4
2 1-5 hours	18867	30	902	23	19769	29.5
3 6-10 hours	4465	7	154	4	4619	6.9
4 11-15 hours	1207	2	36	1	1243	1.9
5 16-20 hours	443	1	24	1	467	0.7
6 21-25 hours	203	0	8	0	211	0.3
7 26-30 hours	109	0	3	0	112	0.2
8 More than 30 hours	96	0	11	0	107	0.2
Valid responses =	63083	94	3949	6	67032	98.5

Invalid responses include no response.



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### 3J) How many hours do you spend in a typical week (7 days) on the following activities? Spending time with family

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	22335	35	1837	46	24172	35.7
2 1-5 hours	23761	37	1408	35	25169	37.2
3 6-10 hours	7614	12	335	8	7949	11.7
4 11-15 hours	3355	5	142	4	3497	5.2
5 16-20 hours	2078	3	88	2	2166	3.2
6 21-25 hours	988	2	42	1	1030	1.5
7 26-30 hours	701	1	28	1	729	1.1
8 More than 30 hours	2854	5	107	3	2961	4.4
Valid responses =	63686	94	3987	6	67673	99.4

Invalid responses include no response.

### 3K) How many hours do you spend in a typical week (7 days) on the following activities? Watching TV, streaming movies/TV, or other media for entertainment

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3361	5	206	5	3567	5.3
2 1-5 hours	25851	41	1387	35	27238	40.2
3 6-10 hours	19093	30	1217	31	20310	29.9
4 11-15 hours	8435	13	608	15	9043	13.3
5 16-20 hours	3767	6	276	7	4043	6.0
6 21-25 hours	1520	2	147	4	1667	2.5
7 26-30 hours	802	1	58	2	860	1.3
8 More than 30 hours	1011	2	96	2	1107	1.6
Valid responses =	63840	94	3995	6	67835	99.6

Invalid responses include no response.

### 3L) How many hours do you spend in a typical week (7 days) on the following activities? Gaming

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	38950	61	1662	42	40612	59.9
2 1-5 hours	14268	22	1193	30	15461	22.8
3 6-10 hours	5612	9	591	15	6203	9.2
4 11-15 hours	2456	4	259	7	2715	4.0
5 16-20 hours	1206	2	129	3	1335	2.0
6 21-25 hours	579	1	74	2	653	1.0
7 26-30 hours	297	1	37	1	334	0.5
8 More than 30 hours	392	1	50	1	442	0.7
Valid responses =	63760	94	3995	6	67755	99.5

Invalid responses include no response.

### 3M) How many hours do you spend in a typical week (7 days) on the following activities? Using social media

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3828	6	248	6	4076	6.0
2 1-5 hours	24687	39	1398	35	26085	38.7
3 6-10 hours	18996	30	1178	30	20174	29.9
4 11-15 hours	8553	14	584	15	9137	13.5
5 16-20 hours	3945	6	265	7	4210	6.2
6 21-25 hours	1577	3	124	3	1701	2.5
7 26-30 hours	864	1	76	2	940	1.4
8 More than 30 hours	1064	2	84	2	1148	1.7
Valid responses =	63514	94	3957	6	67471	99.1

Invalid responses include no response.

### 3N) How many hours do you spend in a typical week (7 days) on the following activities? Commuting to school and/or to work

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	17434	27	1284	32	18718	27.7
2 1-5 hours	34564	54	2043	51	36607	54.2
3 6-10 hours	7912	12	464	12	8376	12.4
4 11-15 hours	1975	3	103	3	2078	3.1
5 16-20 hours	783	1	44	1	827	1.2
6 21-25 hours	357	1	21	1	378	0.6
7 26-30 hours	204	0	9	0	213	0.3
8 More than 30 hours	352	1	16	0	368	0.5
Valid responses =	63581	94	3984	6	67565	99.2

Invalid responses include no response.



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### 3O) How many hours do you spend in a typical week (7 days) on the following activities?

#### Working for pay

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	24349	38	1500	38	25849	38.4
2 1-5 hours	6069	10	377	10	6446	9.6
3 6-10 hours	8604	14	650	16	9254	13.7
4 11-15 hours	6409	10	440	11	6849	10.2
5 16-20 hours	6504	10	389	10	6893	10.2
6 21-25 hours	3071	5	204	5	3275	4.9
7 26-30 hours	1935	3	127	3	2062	3.1
8 More than 30 hours	6409	10	270	7	6679	9.9
Valid responses =	63350	94	3957	6	67307	98.9

Invalid responses include no response.

### 3P) How many hours do you spend in a typical week (7 days) on the following activities?

#### Participating in meditation or meditative activities

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	45717	72	2789	70	48506	71.7
2 1-5 hours	15239	24	1004	25	16243	24.0
3 6-10 hours	1654	3	123	3	1777	2.6
4 11-15 hours	479	1	34	1	513	0.8
5 16-20 hours	280	0	19	1	299	0.4
6 21-25 hours	140	0	10	0	150	0.2
7 26-30 hours	78	0	6	0	84	0.1
8 More than 30 hours	90	0	6	0	96	0.1
Valid responses =	63677	94	3991	6	67668	99.4

Invalid responses include no response.

### 3Q) How many hours do you spend in a typical week (7 days) on the following activities?

#### Performing unpaid household responsibilities

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	11185	18	681	17	11866	17.5
2 1-5 hours	34131	53	2144	54	36275	53.4
3 6-10 hours	11407	18	767	19	12174	17.9
4 11-15 hours	3632	6	228	6	3860	5.7
5 16-20 hours	1508	2	108	3	1616	2.4
6 21-25 hours	753	1	33	1	786	1.2
7 26-30 hours	471	1	15	0	486	0.7
8 More than 30 hours	789	1	28	1	817	1.2
Valid responses =	63876	94	4004	6	67880	99.7

Invalid responses include no response.

### 3R) How many hours do you spend in a typical week (7 days) on the following activities?

#### Taking care of children or other family members (unpaid)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	51666	81	3458	87	55124	81.2
2 1-5 hours	5475	9	287	7	5762	8.5
3 6-10 hours	2096	3	88	2	2184	3.2
4 11-15 hours	1071	2	52	1	1123	1.7
5 16-20 hours	691	1	32	1	723	1.1
6 21-25 hours	415	1	17	0	432	0.6
7 26-30 hours	370	1	8	0	378	0.6
8 More than 30 hours	2080	3	57	1	2137	3.1
Valid responses =	63864	94	3999	6	67863	99.7

Invalid responses include no response.

### 4) How do you describe your weight?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	542	1	50	1	592	0.9
2 Slightly underweight	6019	9	480	12	6499	9.6
3 About the right weight	35532	56	1848	46	37380	55.0
4 Slightly overweight	18230	29	1318	33	19548	28.8
5 Very overweight	3623	6	306	8	3929	5.8
Valid responses =	63946	94	4002	6	67948	99.8

Invalid responses include no response.



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#### 5) Are you trying to do any of the following about your weight?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	12789	20	1375	34	14164	20.8
2 Stay the same weight	14796	23	728	18	15524	22.8
3 Lose weight	30167	47	1570	39	31737	46.7
4 Gain weight	6215	10	331	8	6546	9.6
Valid responses =	63967	94	4004	6	67971	99.8

Invalid responses include no response.

#### 6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	1871	3	132	3	2003	3.0
1 1 to 149 Minutes	31308	49	2104	53	33412	49.6
2 150 to 299 Minutes	14478	23	849	22	15327	22.8
3 300 or More Minutes	15764	25	861	22	16625	24.7
Valid responses =	63421	94	3946	6	67367	98.9

Invalid responses include no response.

	Mean	Median	Std Dev	Max
Cisgender	229.62	120.00	352.15	5040
Trans/GNC	206.86	120.00	302.14	5040
Overall	228.29	120.00	349.46	5040

#### 7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	20942	33	1757	45	22699	33.7
1 1 to 74 Minutes	18623	29	1230	31	19853	29.5
2 75 to 149 Minutes	8176	13	405	10	8581	12.8
3 150 or More Minutes	15590	25	551	14	16141	24.0
Valid responses =	63331	94	3943	6	67274	98.8

Invalid responses include no response.

	Mean	Median	Std Dev	Max
Cisgender	117.49	45.00	213.75	3000
Trans/GNC	68.18	15.00	145.76	3000
Overall	114.60	40.00	210.69	3000

#### 8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	24684	39	2192	55	26876	39.6
1 1 day	7254	11	500	13	7754	11.4
2 2 days	8771	14	475	12	9246	13.6
3 3 days	8509	13	397	10	8906	13.1
4 4 days	5338	8	167	4	5505	8.1
5 5 days	5035	8	130	3	5165	7.6
6 6 days	2652	4	70	2	2722	4.0
7 7 days	1651	3	57	1	1708	2.5
Valid responses =	63894	94	3988	6	67882	99.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?

One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.  
If you do not drink sugar-sweetened beverages, please enter 0.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	19953	32	1048	27	21001	31.2
2 1 serving	13263	21	958	24	14221	21.1
3 2 servings	9478	15	643	16	10121	15.0
4 3 servings	5494	9	352	9	5846	8.7
5 4 servings	3209	5	199	5	3408	5.1
6 5 servings	2766	4	155	4	2921	4.3
7 6 servings	1476	2	82	2	1558	2.3
8 7 servings	2266	4	154	4	2420	3.6
9 8 servings	872	1	50	1	922	1.4
10 9 or more servings	4658	7	317	8	4975	7.4
Valid responses =	63435	94	3958	6	67393	99.0

Invalid responses include no response.

	Mean	Median	Std Dev	Max
Cisgender	2.82	1.00	4.4	30
Trans/GNC	2.96	1.00	4.56	30
Overall	2.82	1.00	4.41	30

#### 9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?

(for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	47063	75	2821	72	49884	74.4
2 1-2 days	6231	10	421	11	6652	9.9
3 3-4 days	2907	5	176	5	3083	4.6
4 5-10 days	3851	6	269	7	4120	6.1
5 11-15 days	983	2	69	2	1052	1.6
6 16-20 days	802	1	77	2	879	1.3
7 21-25 days	440	1	31	1	471	0.7
8 26-30 days	806	1	71	2	877	1.3
Valid responses =	63083	94	3935	6	67018	98.4

Invalid responses include no response.

	Mean	Median	Std Dev	Max
Cisgender	1.73	0.00	4.92	30
Trans/GNC	2.12	0.00	5.57	30
Overall	1.76	0.00	4.96	30

#### 10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	9624	15	756	19	10380	15.3
2 1-2 servings per day	42647	67	2569	64	45216	66.6
3 3-4 servings per day	9890	16	575	14	10465	15.4
4 5-6 servings per day	1256	2	65	2	1321	1.9
5 More than 6 servings per day	444	1	24	1	468	0.7
Valid responses =	63861	94	3989	6	67850	99.7

Invalid responses include no response.

#### 11) In the last 7 days, how many servings of vegetables did you eat on average per day?

One serving is 1/2 cup of fresh, frozen, or canned vegetables; 1/4 cup 100% vegetable juice; or 1 cup salad greens

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	6577	10	508	13	7085	10.4
2 1-2 servings per day	38399	60	2345	59	40744	60.0
3 3-4 servings per day	15620	25	950	24	16570	24.4
4 5-6 servings per day	2531	4	136	3	2667	3.9
5 More than 6 servings per day	756	1	47	1	803	1.2
Valid responses =	63883	94	3986	6	67869	99.7

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.**  
**The food that I bought just didn't last, and I didn't have money to get more**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	36169	57	1953	49	38122	56.3
1 Sometimes True	21388	34	1446	36	22834	33.7
2 Often True	6125	10	589	15	6714	9.9
Valid responses =	63682	94	3988	6	67670	99.4

Invalid responses include no response.

**12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.**  
**I couldn't afford to eat balanced meals.**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	36454	57	1831	46	38285	56.7
1 Sometimes True	19134	30	1309	33	20443	30.3
2 Often True	7987	13	845	21	8832	13.1
Valid responses =	63575	94	3985	6	67560	99.2

Invalid responses include no response.

**12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	42702	67	2290	57	44992	66.2
1 Only 1 or 2 days	9080	14	628	16	9708	14.3
2 Yes, some days, but not every day	9680	15	805	20	10485	15.4
3 Yes, almost every day	2518	4	273	7	2791	4.1
Valid responses =	63980	94	3996	6	67976	99.8

Invalid responses include no response.

**12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	48473	76	2663	67	51136	75.3
1 Yes	15473	24	1327	33	16800	24.7
Valid responses =	63946	94	3990	6	67936	99.8

Invalid responses include no response.

**12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	52099	82	2930	73	55029	81.0
1 Yes	11858	19	1061	27	12919	19.0
Valid responses =	63957	94	3991	6	67948	99.8

Invalid responses include no response.

**13) How long does it usually take for you to fall asleep at night once you close your eyes?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	5945	9	227	6	6172	9.1
2 5-15 minutes	20377	32	972	24	21349	31.4
3 16-30 minutes	17608	28	1139	29	18747	27.6
4 31 minutes - 1 hour	12958	20	987	25	13945	20.5
5 over 1 hour	7106	11	678	17	7784	11.4
Valid responses =	63994	94	4003	6	67997	99.9

Invalid responses include no response.

**14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	757	1	72	2	829	1.2
2 4 hours	2023	3	176	4	2199	3.2
3 5 hours	7424	12	536	13	7960	11.7
4 6 hours	16968	27	1097	27	18065	26.6
5 7 hours	21318	33	1181	30	22499	33.1
6 8 hours	12113	19	660	17	12773	18.8
7 9 hours	2578	4	200	5	2778	4.1
8 10 or more hours	822	1	87	2	909	1.3
Valid responses =	64003	94	4009	6	68012	99.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	632	1	56	1	688	1.0
2 4 hours	1365	2	99	3	1464	2.2
3 5 hours	3805	6	218	5	4023	5.9
4 6 hours	8525	13	490	12	9015	13.3
5 7 hours	13622	21	734	18	14356	21.1
6 8 hours	19334	30	1048	26	20382	30.0
7 9 hours	11665	18	809	20	12474	18.3
8 10 or more hours	5048	8	553	14	5601	8.2
Valid responses =	63996	94	4007	6	68003	99.9

Invalid responses include no response.

16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	29580	46	1683	42	31263	46.0
2 1 day	12056	19	752	19	12808	18.9
3 2 days	9835	15	601	15	10436	15.4
4 3 days	5309	8	391	10	5700	8.4
5 4 days	2635	4	217	5	2852	4.2
6 5 days	2019	3	141	4	2160	3.2
7 6 days	772	1	64	2	836	1.2
8 7 days	1704	3	149	4	1853	2.7
Valid responses =	63910	94	3998	6	67908	99.7

Invalid responses include no response.

16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	2428	4	87	2	2515	3.7
2 1 day	4492	7	140	4	4632	6.8
3 2 days	8889	14	383	10	9272	13.6
4 3 days	10512	16	469	12	10981	16.2
5 4 days	8459	13	457	11	8916	13.1
6 5 days	9514	15	621	16	10135	14.9
7 6 days	4495	7	322	8	4817	7.1
8 7 days	15172	24	1528	38	16700	24.6
Valid responses =	63961	94	4007	6	67968	99.8

Invalid responses include no response.

16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	19155	30	838	21	19993	29.4
2 1 day	14416	23	742	19	15158	22.3
3 2 days	9706	15	635	16	10341	15.2
4 3 days	5771	9	463	12	6234	9.2
5 4 days	3778	6	279	7	4057	6.0
6 5 days	3789	6	312	8	4101	6.0
7 6 days	1985	3	169	4	2154	3.2
8 7 days	5326	8	559	14	5885	8.7
Valid responses =	63926	94	3997	6	67923	99.8

Invalid responses include no response.

16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	12158	19	1065	27	13223	19.5
2 1 day	12286	19	767	19	13053	19.2
3 2 days	12735	20	803	20	13538	19.9
4 3 days	8443	13	473	12	8916	13.1
5 4 days	6642	10	354	9	6996	10.3
6 5 days	5843	9	267	7	6110	9.0
7 6 days	3176	5	151	4	3327	4.9
8 7 days	2662	4	126	3	2788	4.1
Valid responses =	63945	94	4006	6	67951	99.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 16E) On how many of the last 7 days did you: Take a nap?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	25297	40	1468	37	26765	39.4
2 1 day	12639	20	768	19	13407	19.7
3 2 days	10079	16	643	16	10722	15.8
4 3 days	6643	10	436	11	7079	10.4
5 4 days	3546	6	280	7	3826	5.6
6 5 days	2579	4	170	4	2749	4.0
7 6 days	1126	2	96	2	1222	1.8
8 7 days	2038	3	147	4	2185	3.2
Valid responses =	63947	94	4008	6	67955	99.8

Invalid responses include no response.

#### 16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	6841	18	406	16	7247	17.7
2 Between 30 and 59 minutes	17413	45	974	39	18387	44.9
3 Between 60 and 119 minutes	10901	28	847	34	11748	28.7
4 2 hours or more	3309	9	305	12	3614	8.8
Valid responses =	38464	94	2532	6	40996	60.2

Invalid responses include no response.

#### 17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	40277	63	2623	66	42900	63.3
2 Never	9973	16	443	11	10416	15.4
3 Rarely	2723	4	138	4	2861	4.2
4 Sometimes	2069	3	146	4	2215	3.3
5 Most of the time	2372	4	145	4	2517	3.7
6 Always	6342	10	497	12	6839	10.1
Valid responses =	63756	94	3992	6	67748	99.5

Invalid responses include no response.

#### 17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	56271	88	3669	92	59940	88.5
2 Never	2761	4	108	3	2869	4.2
3 Rarely	506	1	24	1	530	0.8
4 Sometimes	463	1	21	1	484	0.7
5 Most of the time	541	1	18	1	559	0.8
6 Always	3180	5	145	4	3325	4.9
Valid responses =	63722	94	3985	6	67707	99.4

Invalid responses include no response.

#### 17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	55251	87	3316	83	58567	86.6
2 Never	5779	9	426	11	6205	9.2
3 Rarely	794	1	62	2	856	1.3
4 Sometimes	484	1	53	1	537	0.8
5 Most of the time	346	1	36	1	382	0.6
6 Always	1015	2	94	2	1109	1.6
Valid responses =	63669	94	3987	6	67656	99.4

Invalid responses include no response.

#### 18A) When, if ever, was the last time you drove a car or other vehicle?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3954	6	453	11	4407	6.5
2 Within the last 2 weeks	46655	73	2342	59	48997	72.1
3 More than 2 weeks but within 30 days	3041	5	202	5	3243	4.8
4 More than 30 days but within 3 months	5602	9	499	13	6101	9.0
5 More than 3 months but within 12 months	3110	5	314	8	3424	5.0
6 More than 12 months ago	1603	3	195	5	1798	2.6
Valid responses =	63965	94	4005	6	67970	99.8

Invalid responses include no response.



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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	220	1	13	1	233	0.5
1 1 to 4 Days	9346	20	637	27	9983	20.4
2 5 to 10 Days	14885	32	802	34	15687	32.1
3 11 to 14 Days	22049	47	884	38	22933	47.0
Valid responses =	46500	95	2336	5	48836	71.7
Invalid responses include no response.						
	Mean	Median	Std Dev	Max		
Cisgender	9.30	10.00	4.51	14		
Trans/GNC	8.37	8.00	4.55	14		
Overall	9.26	10.00	4.52	14		

#### 18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	20278	44	1199	52	21477	44.1
1 1 to 4 Days	11682	25	614	26	12296	25.3
2 5 to 10 Days	7124	15	294	13	7418	15.2
3 11 to 14 Days	7277	16	218	9	7495	15.4
Valid responses =	46361	95	2325	5	48686	71.5
Invalid responses include no response.						
	Mean	Median	Std Dev	Max		
Cisgender	3.79	1.00	4.98	14		
Trans/GNC	2.74	0.00	4.28	14		
Overall	3.74	1.00	4.95	14		

#### 18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	52763	91	2943	88	55706	90.3
2 One accident	4996	9	363	11	5359	8.7
3 Two accidents	497	1	37	1	534	0.9
4 Three or more accidents	63	0	7	0	70	0.1
Valid responses =	58319	95	3350	5	61669	90.6
Invalid responses include no response.						

#### 19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner called me names, insulted me, or put me down to make me feel bad.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57117	90	3537	89	60654	89.7
2 Yes	6552	10	436	11	6988	10.3
Valid responses =	63669	94	3973	6	67642	99.3
Invalid responses include no response.						

#### 19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59983	94	3701	93	63684	94.2
2 Yes	3646	6	264	7	3910	5.8
Valid responses =	63629	94	3965	6	67594	99.3
Invalid responses include no response.						

#### 19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61875	97	3810	96	65685	97.3
2 Yes	1699	3	155	4	1854	2.7
Valid responses =	63574	94	3965	6	67539	99.2
Invalid responses include no response.						



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?  
A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62579	98	3843	97	66422	98.3
2 Yes	1032	2	119	3	1151	1.7
Valid responses =	63611	94	3962	6	67573	99.2
Invalid responses include no response.						

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?  
A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61610	97	3750	95	65360	96.8
2 Yes	1951	3	216	5	2167	3.2
Valid responses =	63561	94	3966	6	67527	99.2
Invalid responses include no response.						

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.  
I was in a physical fight.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62501	98	3862	97	66363	97.8
2 Yes	1330	2	129	3	1459	2.2
Valid responses =	63831	94	3991	6	67822	99.6
Invalid responses include no response.						

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.  
I was physically assaulted (do not include sexual assault).

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62593	98	3839	96	66432	97.9
2 Yes	1246	2	149	4	1395	2.1
Valid responses =	63839	94	3988	6	67827	99.6
Invalid responses include no response.						

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.  
I was verbally threatened.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	56919	89	3199	80	60118	88.8
2 Yes	6798	11	782	20	7580	11.2
Valid responses =	63717	94	3981	6	67698	99.4
Invalid responses include no response.						

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.  
I was sexually touched without my consent.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59608	94	3607	91	63215	93.5
2 Yes	4010	6	369	9	4379	6.5
Valid responses =	63618	94	3976	6	67594	99.3
Invalid responses include no response.						

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.  
Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62395	98	3828	96	66223	97.7
2 Yes	1370	2	157	4	1527	2.3
Valid responses =	63765	94	3985	6	67750	99.5
Invalid responses include no response.						

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.  
I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62710	98	3848	97	66558	98.2
2 Yes	1059	2	141	4	1200	1.8
Valid responses =	63769	94	3989	6	67758	99.5
Invalid responses include no response.						



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61216	96	3691	93	64907	95.8
2 Yes	2537	4	289	7	2826	4.2
Valid responses =	63753	94	3980	6	67733	99.5
Invalid responses include no response.						

21A) How safe do you feel: On my campus (daytime)?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	276	0	37	1	313	0.5
2 Somewhat unsafe	1140	2	150	4	1290	1.9
3 Somewhat safe	13387	21	1161	29	14548	21.5
4 Very safe	48789	77	2636	66	51425	76.1
Valid responses =	63592	94	3984	6	67576	99.3
Invalid responses include no response.						

21B) How safe do you feel: On my campus (nighttime)?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	2549	4	240	6	2789	4.1
2 Somewhat unsafe	12752	20	1047	26	13799	20.5
3 Somewhat safe	30154	48	1912	48	32066	47.6
4 Very safe	17993	28	776	20	18769	27.8
Valid responses =	63448	94	3975	6	67423	99.0
Invalid responses include no response.						

21C) How safe do you feel: In the community surrounding my campus (daytime)?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	1002	2	76	2	1078	1.6
2 Somewhat unsafe	6568	10	593	15	7161	10.6
3 Somewhat safe	28958	46	2121	53	31079	46.0
4 Very safe	26995	43	1187	30	28182	41.8
Valid responses =	63523	94	3977	6	67500	99.1
Invalid responses include no response.						

21D) How safe do you feel: In the community surrounding my campus (nighttime)?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	9353	15	750	19	10103	15.0
2 Somewhat unsafe	20976	33	1572	40	22548	33.4
3 Somewhat safe	22954	36	1291	33	24245	35.9
4 Very safe	10186	16	362	9	10548	15.6
Valid responses =	63469	94	3975	6	67444	99.1
Invalid responses include no response.						

22A1) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	42656	67	2640	66	45296	66.7
3 Yes	21253	33	1355	34	22608	33.3
Valid responses =	63909	94	3995	6	67904	99.7
Invalid responses include no response.						

22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages (beer, wine, liquor, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	17428	27	1076	27	18504	27.3
3 Yes	46374	73	2918	73	49292	72.7
Valid responses =	63802	94	3994	6	67796	99.6



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

Invalid responses include no response.

#### 22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	37537	59	1819	46	39356	58.1
3 Yes	26254	41	2176	55	28430	41.9
Valid responses =	63791	94	3995	6	67786	99.6

Invalid responses include no response.

#### 22A4) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Cocaine (coke, crack, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	59595	94	3710	94	63305	94.2
3 Yes	3648	6	250	6	3898	5.8
Valid responses =	63243	94	3960	6	67203	98.7

Invalid responses include no response.

#### 22A5) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	58945	93	3611	91	62556	92.4
3 Yes	4762	8	374	9	5136	7.6
Valid responses =	63707	94	3985	6	67692	99.4

Invalid responses include no response.

#### 22A6) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Methamphetamine (speed, crystal meth, ice, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	62952	99	3906	98	66858	98.9
3 Yes	674	1	78	2	752	1.1
Valid responses =	63626	94	3984	6	67610	99.3

Invalid responses include no response.

#### 22A7) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	61542	97	3708	93	65250	96.6
3 Yes	2058	3	271	7	2329	3.4
Valid responses =	63600	94	3979	6	67579	99.3

Invalid responses include no response.

#### 22A8) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	60716	95	3680	92	64396	95.1
3 Yes	3011	5	311	8	3322	4.9
Valid responses =	63727	94	3991	6	67718	99.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 22A9) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	57877	91	3300	83	61177	90.3
3 Yes	5875	9	689	17	6564	9.7
Valid responses =	63752	94	3989	6	67741	99.5

Invalid responses include no response.

#### 22A10) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Heroin

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	62928	99	3908	99	66836	99.4
3 Yes	353	1	52	1	405	0.6
Valid responses =	63281	94	3960	6	67241	98.8

Invalid responses include no response.

#### 22A11) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	61604	97	3763	94	65367	96.5
3 Yes	2169	3	222	6	2391	3.5
Valid responses =	63773	94	3985	6	67758	99.5

Invalid responses include no response.

#### 22A12) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Other

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	40066	99	2433	97	42499	98.6
3 Yes	532	1	64	3	596	1.4
Valid responses =	40598	94	2497	6	43095	63.3

Invalid responses include no response.

#### 22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7575	36	491	36	8066	35.7
2 Once or twice	5151	24	279	21	5430	24.0
3 Monthly	1500	7	110	8	1610	7.1
4 Weekly	1902	9	119	9	2021	8.9
6 Daily or almost daily	5103	24	353	26	5456	24.2
Valid responses =	21231	94	1352	6	22583	33.2

Invalid responses include no response.

#### 22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3182	7	285	10	3467	7.0
2 Once or twice	12404	27	895	31	13299	27.0
3 Monthly	10909	24	731	25	11640	23.7
4 Weekly	18179	39	882	30	19061	38.7
6 Daily or almost daily	1605	4	121	4	1726	3.5
Valid responses =	46279	94	2914	6	49193	72.3

Invalid responses include no response.





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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	8706	33	532	25	9238	32.6
2 Once or twice	7265	28	501	23	7766	27.4
3 Monthly	3292	13	324	15	3616	12.7
4 Weekly	3540	14	370	17	3910	13.8
6 Daily or almost daily	3400	13	444	21	3844	13.5
Valid responses =	26203	92	2171	8	28374	41.7

Invalid responses include no response.

**22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Cocaine (coke, crack, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2536	70	170	68	2706	69.6
2 Once or twice	793	22	51	20	844	21.7
3 Monthly	180	5	16	6	196	5.0
4 Weekly	92	3	6	2	98	2.5
6 Daily or almost daily	37	1	7	3	44	1.1
Valid responses =	3638	94	250	6	3888	5.7

Invalid responses include no response.

**22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3035	64	229	62	3264	63.8
2 Once or twice	1040	22	75	20	1115	21.8
3 Monthly	257	5	36	10	293	5.7
4 Weekly	180	4	17	5	197	3.9
6 Daily or almost daily	231	5	15	4	246	4.8
Valid responses =	4743	93	372	7	5115	7.5

Invalid responses include no response.

**22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	581	87	48	62	629	84.0
2 Once or twice	42	6	8	10	50	6.7
3 Monthly	14	2	11	14	25	3.3
4 Weekly	18	3	3	4	21	2.8
6 Daily or almost daily	17	3	7	9	24	3.2
Valid responses =	672	90	77	10	749	1.1

Invalid responses include no response.

**22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1410	69	158	59	1568	67.5
2 Once or twice	463	23	68	25	531	22.9
3 Monthly	97	5	22	8	119	5.1
4 Weekly	65	3	14	5	79	3.4
6 Daily or almost daily	19	1	7	3	26	1.1
Valid responses =	2054	88	269	12	2323	3.4

Invalid responses include no response.

**22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2041	68	201	65	2242	67.7
2 Once or twice	504	17	53	17	557	16.8
3 Monthly	157	5	22	7	179	5.4
4 Weekly	153	5	19	6	172	5.2
6 Daily or almost daily	147	5	15	5	162	4.9
Valid responses =	3002	91	310	9	3312	4.9

Invalid responses include no response.



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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3921	67	386	56	4307	65.7
2 Once or twice	1667	28	233	34	1900	29.0
3 Monthly	213	4	50	7	263	4.0
4 Weekly	42	1	15	2	57	0.9
6 Daily or almost daily	20	0	5	1	25	0.4
Valid responses =	5863	89	689	11	6552	9.6

Invalid responses include no response.

**22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Heroin**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	291	83	29	57	320	79.6
2 Once or twice	14	4	2	4	16	4.0
3 Monthly	15	4	6	12	21	5.2
4 Weekly	19	5	6	12	25	6.2
6 Daily or almost daily	12	3	8	16	20	5.0
Valid responses =	351	87	51	13	402	0.6

Invalid responses include no response.

**22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)**  
*[Please report nonmedical use only.]*

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1769	82	168	76	1937	81.3
2 Once or twice	293	14	36	16	329	13.8
3 Monthly	40	2	8	4	48	2.0
4 Weekly	44	2	6	3	50	2.1
6 Daily or almost daily	16	1	3	1	19	0.8
Valid responses =	2162	91	221	9	2383	3.5

Invalid responses include no response.

**22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Other**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	182	36	14	24	196	34.6
2 Once or twice	73	14	11	19	84	14.8
3 Monthly	47	9	7	12	54	9.5
4 Weekly	67	13	13	22	80	14.1
6 Daily or almost daily	138	27	14	24	152	26.9
Valid responses =	507	90	59	10	566	0.8

Invalid responses include no response.

**22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1015	69	71	63	1086	68.6
1 Yes	410	28	37	33	447	28.2
99 Don't know	45	3	5	4	50	3.2
Valid responses =	1470	93	113	7	1583	2.3

Invalid responses include no response.

**22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this substance)**

**Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	279	68	21	57	300	67.3
1 Yes	114	28	14	38	128	28.7
99 Don't know	16	4	2	5	18	4.0
Valid responses =	409	92	37	8	446	0.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
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(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:**  
(only includes students who were prescribed this substance)

Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	307	75	26	70	333	75.0
1 Yes	84	21	9	24	93	20.9
99 Don't know	16	4	2	5	18	4.1
Valid responses =	407	92	37	8	444	0.7

Invalid responses include no response.

**22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	598	63	68	64	666	62.7
1 Yes	309	32	29	27	338	31.8
99 Don't know	48	5	10	9	58	5.5
Valid responses =	955	90	107	10	1062	1.6

Invalid responses include no response.

**22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:**  
(only includes students who were prescribed this substance)

Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	216	70	16	55	232	68.6
1 Yes	89	29	8	28	97	28.7
99 Don't know	4	1	5	17	9	2.7
Valid responses =	309	91	29	9	338	0.5

Invalid responses include no response.

**22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:**  
(only includes students who were prescribed this substance)

Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	241	78	20	71	261	77.4
1 Yes	60	19	4	14	64	19.0
99 Don't know	8	3	4	14	12	3.6
Valid responses =	309	92	28	8	337	0.5

Invalid responses include no response.

**22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	204	52	32	60	236	53.2
1 Yes	177	45	14	26	191	43.0
99 Don't know	10	3	7	13	17	3.8
Valid responses =	391	88	53	12	444	0.7

Invalid responses include no response.

**22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)**

Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	121	69	7	50	128	67.4
1 Yes	47	27	5	36	52	27.4
99 Don't know	8	5	2	14	10	5.3
Valid responses =	176	93	14	7	190	0.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)**  
Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	127	72	7	50	134	70.2
1 Yes	39	22	5	36	44	23.0
99 Don't know	11	6	2	14	13	6.8
Valid responses =	177	93	14	7	191	0.3

Invalid responses include no response.

**22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4285	32	205	24	4490	32.0
3 Once or twice	2167	16	149	18	2316	16.5
4 Monthly	672	5	49	6	721	5.1
5 Weekly	1516	12	97	12	1613	11.5
6 Daily or almost daily	4572	35	341	41	4913	35.0
Valid responses =	13212	94	841	6	14053	20.6

Invalid responses include no response.

**22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	18797	45	1057	41	19854	45.1
3 Once or twice	9859	24	655	26	10514	23.9
4 Monthly	4347	11	304	12	4651	10.6
5 Weekly	6906	17	402	16	7308	16.6
6 Daily or almost daily	1524	4	140	6	1664	3.8
Valid responses =	41433	94	2558	6	43991	64.6

Invalid responses include no response.

**22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	6818	41	469	30	7287	39.8
3 Once or twice	3633	22	327	21	3960	21.6
4 Monthly	1483	9	139	9	1622	8.8
5 Weekly	2367	14	305	19	2672	14.6
6 Daily or almost daily	2439	15	352	22	2791	15.2
Valid responses =	16740	91	1592	9	18332	26.9

Invalid responses include no response.

**22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	650	60	38	48	688	59.2
3 Once or twice	214	20	12	15	226	19.4
4 Monthly	113	10	14	18	127	10.9
5 Weekly	72	7	10	13	82	7.1
6 Daily or almost daily	34	3	5	6	39	3.4
Valid responses =	1083	93	79	7	1162	1.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	919	54	60	42	979	53.2
3 Once or twice	349	21	35	25	384	20.9
4 Monthly	123	7	19	13	142	7.7
5 Weekly	142	8	16	11	158	8.6
6 Daily or almost daily	164	10	12	9	176	9.6
Valid responses =	1697	92	142	8	1839	2.7

Invalid responses include no response.

**22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	32	36	3	10	35	29.7
3 Once or twice	16	18	6	21	22	18.6
4 Monthly	18	20	11	38	29	24.6
5 Weekly	12	14	7	24	19	16.1
6 Daily or almost daily	11	12	2	7	13	11.0
Valid responses =	89	75	29	25	118	0.2

Invalid responses include no response.

**22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	412	65	58	53	470	63.3
3 Once or twice	118	19	23	21	141	19.0
4 Monthly	42	7	10	9	52	7.0
5 Weekly	45	7	10	9	55	7.4
6 Daily or almost daily	16	3	8	7	24	3.2
Valid responses =	633	85	109	15	742	1.1

Invalid responses include no response.

**22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	423	44	35	32	458	43.0
3 Once or twice	220	23	27	25	247	23.2
4 Monthly	95	10	10	9	105	9.8
5 Weekly	109	11	12	11	121	11.4
6 Daily or almost daily	111	12	24	22	135	12.7
Valid responses =	958	90	108	10	1066	1.6

Invalid responses include no response.

**22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1093	57	137	46	1230	55.9
3 Once or twice	505	27	83	28	588	26.7
4 Monthly	186	10	41	14	227	10.3
5 Weekly	89	5	26	9	115	5.2
6 Daily or almost daily	32	2	10	3	42	1.9
Valid responses =	1905	87	297	13	2202	3.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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American College Health Association  
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(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

(only includes students who have used this substance within the last 3 months)

Heroin

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	13	23	1	5	14	18.2
3 Once or twice	9	16	4	20	13	16.9
4 Monthly	16	28	9	45	25	32.5
5 Weekly	9	16	3	15	12	15.6
6 Daily or almost daily	10	18	3	15	13	16.9
Valid responses =	57	74	20	26	77	0.1

Invalid responses include no response.

**22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	212	54	13	25	225	50.6
3 Once or twice	87	22	12	23	99	22.2
4 Monthly	33	8	15	28	48	10.8
5 Weekly	40	10	5	9	45	10.1
6 Daily or almost daily	20	5	8	15	28	6.3
Valid responses =	392	88	53	12	445	0.7

Invalid responses include no response.

**22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

(only includes students who have used this substance within the last 3 months)

Other

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	117	38	13	30	130	36.9
3 Once or twice	35	11	5	11	40	11.4
4 Monthly	35	11	9	21	44	12.5
5 Weekly	38	12	4	9	42	11.9
6 Daily or almost daily	83	27	13	30	96	27.3
Valid responses =	308	88	44	13	352	0.5

Invalid responses include no response.

**22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	11091	81	662	77	11753	81.0
4 Once or twice	1271	9	103	12	1374	9.5
5 Monthly	408	3	37	4	445	3.1
6 Weekly	462	3	29	3	491	3.4
7 Daily or almost daily	410	3	28	3	438	3.0
Valid responses =	13642	94	859	6	14501	21.3

Invalid responses include no response.

**22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	37942	88	2330	89	40272	88.2
4 Once or twice	3542	8	211	8	3753	8.2
5 Monthly	809	2	44	2	853	1.9
6 Weekly	645	2	31	1	676	1.5
7 Daily or almost daily	111	0	8	0	119	0.3
Valid responses =	43049	94	2624	6	45673	67.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
(only includes students who have used this substance within the last 3 months)

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.)** [Please report nonmedical use only.]

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	15337	88	1366	84	16703	87.4
4 Once or twice	1353	8	166	10	1519	7.9
5 Monthly	339	2	54	3	393	2.1
6 Weekly	277	2	30	2	307	1.6
7 Daily or almost daily	168	1	19	1	187	1.0
Valid responses =	17474	91	1635	9	19109	28.1

Invalid responses include no response.

**22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
(only includes students who have used this substance within the last 3 months)

**Cocaine (coke, crack, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	937	85	55	70	992	84.2
4 Once or twice	95	9	8	10	103	8.7
5 Monthly	25	2	8	10	33	2.8
6 Weekly	26	2	4	5	30	2.5
7 Daily or almost daily	16	2	4	5	20	1.7
Valid responses =	1099	93	79	7	1178	1.7

Invalid responses include no response.

**22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
(only includes students who have used this substance within the last 3 months)

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.)** [Please report nonmedical use only.]

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1524	89	110	78	1634	88.5
4 Once or twice	98	6	12	9	110	6.0
5 Monthly	31	2	12	9	43	2.3
6 Weekly	31	2	3	2	34	1.8
7 Daily or almost daily	21	1	5	4	26	1.4
Valid responses =	1705	92	142	8	1847	2.7

Invalid responses include no response.

**22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
(only includes students who have used this substance within the last 3 months)

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	42	47	6	21	48	40.3
4 Once or twice	18	20	7	24	25	21.0
5 Monthly	16	18	10	35	26	21.8
6 Weekly	5	6	3	10	8	6.7
7 Daily or almost daily	9	10	3	10	12	10.1
Valid responses =	90	76	29	24	119	0.2

Invalid responses include no response.

**22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
(only includes students who have used this substance within the last 3 months)

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	573	89	91	82	664	88.2
4 Once or twice	33	5	8	7	41	5.4
5 Monthly	14	2	5	5	19	2.5
6 Weekly	14	2	2	2	16	2.1
7 Daily or almost daily	8	1	5	5	13	1.7
Valid responses =	642	85	111	15	753	1.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
(only includes students who have used this substance within the last 3 months)

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	827	86	76	71	903	84.9
4 Once or twice	55	6	15	14	70	6.6
5 Monthly	28	3	10	9	38	3.6
6 Weekly	23	2	2	2	25	2.3
7 Daily or almost daily	24	3	4	4	28	2.6
Valid responses =	957	90	107	10	1064	1.6

Invalid responses include no response.

**22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
(only includes students who have used this substance within the last 3 months)

**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1775	92	262	87	2037	90.9
4 Once or twice	112	6	23	8	135	6.0
5 Monthly	29	2	9	3	38	1.7
6 Weekly	12	1	4	1	16	0.7
7 Daily or almost daily	11	1	5	2	16	0.7
Valid responses =	1939	86	303	14	2242	3.3

Invalid responses include no response.

**22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
(only includes students who have used this substance within the last 3 months)

**Heroin**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	14	25	2	9	16	20.5
4 Once or twice	9	16	7	32	16	20.5
5 Monthly	17	30	5	23	22	28.2
6 Weekly	6	11	5	23	11	14.1
7 Daily or almost daily	10	18	3	14	13	16.7
Valid responses =	56	72	22	28	78	0.1

Invalid responses include no response.

**22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
(only includes students who have used this substance within the last 3 months)

**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	322	83	30	57	352	79.5
4 Once or twice	25	6	9	17	34	7.7
5 Monthly	18	5	6	11	24	5.4
6 Weekly	14	4	4	8	18	4.1
7 Daily or almost daily	11	3	4	8	15	3.4
Valid responses =	390	88	53	12	443	0.7

Invalid responses include no response.

**22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
(only includes students who have used this substance within the last 3 months)

**Other**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	226	72	28	62	254	70.4
4 Once or twice	32	10	5	11	37	10.2
5 Monthly	25	8	6	13	31	8.6
6 Weekly	8	3	1	2	9	2.5
7 Daily or almost daily	25	8	5	11	30	8.3
Valid responses =	316	88	45	12	361	0.5

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	38539	90	2365	90	40904	89.5
5 Once or twice	3588	8	206	8	3794	8.3
6 Monthly	535	1	27	1	562	1.2
7 Weekly	345	1	21	1	366	0.8
8 Daily or almost daily	61	0	9	0	70	0.2
Valid responses =	43068	94	2628	6	45696	67.1

Invalid responses include no response.

**22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	15220	87	1314	80	16534	86.5
5 Once or twice	1610	9	210	13	1820	9.5
6 Monthly	292	2	55	3	347	1.8
7 Weekly	280	2	43	3	323	1.7
8 Daily or almost daily	82	1	14	1	96	0.5
Valid responses =	17484	91	1636	9	19120	28.1

Invalid responses include no response.

**22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

**Cocaine (coke, crack, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	995	91	56	71	1051	89.1
5 Once or twice	53	5	7	9	60	5.1
6 Monthly	19	2	6	8	25	2.1
7 Weekly	16	2	5	6	21	1.8
8 Daily or almost daily	17	2	5	6	22	1.9
Valid responses =	1100	93	79	7	1179	1.7

Invalid responses include no response.

**22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1603	94	117	82	1720	93.3
5 Once or twice	44	3	6	4	50	2.7
6 Monthly	16	1	6	4	22	1.2
7 Weekly	26	2	8	6	34	1.8
8 Daily or almost daily	13	1	5	4	18	1.0
Valid responses =	1702	92	142	8	1844	2.7

Invalid responses include no response.

**22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	48	53	6	21	54	45.8
5 Once or twice	11	12	4	14	15	12.7
6 Monthly	10	11	7	25	17	14.4
7 Weekly	12	13	5	18	17	14.4
8 Daily or almost daily	9	10	6	21	15	12.7
Valid responses =	90	76	28	24	118	0.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
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(410) 859-1500  
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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
(only includes students who were prescribed this substance)

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	590	92	92	84	682	90.7
5 Once or twice	13	2	5	5	18	2.4
6 Monthly	15	2	3	3	18	2.4
7 Weekly	13	2	6	6	19	2.5
8 Daily or almost daily	11	2	4	4	15	2.0
Valid responses =	642	85	110	15	752	1.1

Invalid responses include no response.

**22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
(only includes students who were prescribed this substance)

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	829	87	75	70	904	85.1
5 Once or twice	59	6	9	8	68	6.4
6 Monthly	29	3	11	10	40	3.8
7 Weekly	23	2	8	8	31	2.9
8 Daily or almost daily	15	2	4	4	19	1.8
Valid responses =	955	90	107	10	1062	1.6

Invalid responses include no response.

**22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
(only includes students who were prescribed this substance)

**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1822	94	268	89	2090	93.3
5 Once or twice	72	4	14	5	86	3.8
6 Monthly	18	1	7	2	25	1.1
7 Weekly	17	1	9	3	26	1.2
8 Daily or almost daily	10	1	4	1	14	0.6
Valid responses =	1939	87	302	13	2241	3.3

Invalid responses include no response.

**22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
(only includes students who were prescribed this substance)

**Heroin**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	18	31	3	14	21	26.3
5 Once or twice	3	5	5	23	8	10.0
6 Monthly	13	22	6	27	19	23.8
7 Weekly	18	31	3	14	21	26.3
8 Daily or almost daily	6	10	5	23	11	13.8
Valid responses =	58	73	22	28	80	0.1

Invalid responses include no response.

**22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
(only includes students who were prescribed this substance)

**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	326	83	33	62	359	80.7
5 Once or twice	15	4	8	15	23	5.2
6 Monthly	18	5	4	8	22	4.9
7 Weekly	19	5	5	9	24	5.4
8 Daily or almost daily	14	4	3	6	17	3.8
Valid responses =	392	88	53	12	445	0.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
**of you because of your use of the following substance(s)? (only includes students who were prescribed this substance)**  
**Other**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	239	74	27	61	266	72.7
5 Once or twice	28	9	5	11	33	9.0
6 Monthly	19	6	2	5	21	5.7
7 Weekly	17	5	4	9	21	5.7
8 Daily or almost daily	19	6	6	14	25	6.8
Valid responses =	322	88	44	12	366	0.5

Invalid responses include no response.

**22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	16401	77	939	69	17340	76.9
3 Yes, not in the past 3 months	2282	11	218	16	2500	11.1
6 Yes, in the past 3 months	2515	12	196	15	2711	12.0
Valid responses =	21198	94	1353	6	22551	33.1

Invalid responses include no response.

**22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	41338	90	2448	84	43786	89.2
3 Yes, not in the past 3 months	2680	6	287	10	2967	6.0
6 Yes, in the past 3 months	2153	5	169	6	2322	4.7
Valid responses =	46171	94	2904	6	49075	72.1

Invalid responses include no response.

**22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	23300	89	1772	82	25072	88.5
3 Yes, not in the past 3 months	1646	6	243	11	1889	6.7
6 Yes, in the past 3 months	1222	5	151	7	1373	4.8
Valid responses =	26168	92	2166	8	28334	41.6

Invalid responses include no response.

**22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Cocaine (coke, crack, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3114	86	184	74	3298	85.0
3 Yes, not in the past 3 months	390	11	47	19	437	11.3
6 Yes, in the past 3 months	126	4	17	7	143	3.7
Valid responses =	3630	94	248	6	3878	5.7

Invalid responses include no response.

**22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4283	90	296	80	4579	89.6
3 Yes, not in the past 3 months	324	7	50	14	374	7.3
6 Yes, in the past 3 months	134	3	22	6	156	3.1
Valid responses =	4741	93	368	7	5109	7.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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American College Health Association  
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(410) 859-1500  
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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	511	76	41	53	552	73.8
3 Yes, not in the past 3 months	136	20	27	35	163	21.8
6 Yes, in the past 3 months	24	4	9	12	33	4.4
Valid responses =	671	90	77	10	748	1.1

Invalid responses include no response.

#### 22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1864	91	235	88	2099	90.7
3 Yes, not in the past 3 months	125	6	21	8	146	6.3
6 Yes, in the past 3 months	57	3	12	5	69	3.0
Valid responses =	2046	88	268	12	2314	3.4

Invalid responses include no response.

#### 22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2572	86	229	74	2801	84.7
3 Yes, not in the past 3 months	314	11	53	17	367	11.1
6 Yes, in the past 3 months	112	4	27	9	139	4.2
Valid responses =	2998	91	309	9	3307	4.9

Invalid responses include no response.

#### 22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5353	92	577	84	5930	90.8
3 Yes, not in the past 3 months	386	7	77	11	463	7.1
6 Yes, in the past 3 months	105	2	33	5	138	2.1
Valid responses =	5844	89	687	11	6531	9.6

Invalid responses include no response.

#### 22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Heroin

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	223	64	26	50	249	62.1
3 Yes, not in the past 3 months	100	29	17	33	117	29.2
6 Yes, in the past 3 months	26	7	9	17	35	8.7
Valid responses =	349	87	52	13	401	0.6

Invalid responses include no response.

#### 22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1801	84	156	71	1957	82.3
3 Yes, not in the past 3 months	298	14	53	24	351	14.8
6 Yes, in the past 3 months	59	3	11	5	70	2.9
Valid responses =	2158	91	220	9	2378	3.5

Invalid responses include no response.



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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Other

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	397	79	36	58	433	76.2
3 Yes, not in the past 3 months	58	12	12	19	70	12.3
6 Yes, in the past 3 months	51	10	14	23	65	11.4
Valid responses =	506	89	62	11	568	0.8

Invalid responses include no response.

#### 22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	15386	73	934	69	16320	72.3
3 Yes, not in the past 3 months	2461	12	182	14	2643	11.7
6 Yes, in the past 3 months	3365	16	236	18	3601	16.0
Valid responses =	21212	94	1352	6	22564	33.1

Invalid responses include no response.

#### 22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	42656	92	2618	90	45274	92.2
3 Yes, not in the past 3 months	1432	3	144	5	1576	3.2
6 Yes, in the past 3 months	2104	5	149	5	2253	4.6
Valid responses =	46192	94	2911	6	49103	72.1

Invalid responses include no response.

#### 22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	23372	89	1815	84	25187	88.9
3 Yes, not in the past 3 months	1184	5	163	8	1347	4.8
6 Yes, in the past 3 months	1608	6	191	9	1799	6.3
Valid responses =	26164	92	2169	8	28333	41.6

Invalid responses include no response.

#### 22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3242	89	200	80	3442	88.8
3 Yes, not in the past 3 months	272	8	33	13	305	7.9
6 Yes, in the past 3 months	113	3	16	6	129	3.3
Valid responses =	3627	94	249	6	3876	5.7

Invalid responses include no response.

#### 22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4392	93	318	86	4710	92.1
3 Yes, not in the past 3 months	240	5	34	9	274	5.4
6 Yes, in the past 3 months	110	2	19	5	129	2.5
Valid responses =	4742	93	371	7	5113	7.5

Invalid responses include no response.

#### 22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	541	80	49	64	590	78.7
3 Yes, not in the past 3 months	105	16	19	25	124	16.5
6 Yes, in the past 3 months	27	4	9	12	36	4.8
Valid responses =	673	90	77	10	750	1.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1898	93	240	90	2138	92.4
3 Yes, not in the past 3 months	94	5	15	6	109	4.7
6 Yes, in the past 3 months	53	3	13	5	66	2.9
Valid responses =	2045	88	268	12	2313	3.4

Invalid responses include no response.

**2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2650	89	248	81	2898	87.7
3 Yes, not in the past 3 months	244	8	41	13	285	8.6
6 Yes, in the past 3 months	102	3	19	6	121	3.7
Valid responses =	2996	91	308	9	3304	4.9

Invalid responses include no response.

**2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5573	95	634	93	6207	95.1
3 Yes, not in the past 3 months	194	3	33	5	227	3.5
6 Yes, in the past 3 months	76	1	18	3	94	1.4
Valid responses =	5843	90	685	10	6528	9.6

Invalid responses include no response.

**22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Heroin**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	237	68	28	56	265	66.3
3 Yes, not in the past 3 months	86	25	11	22	97	24.3
6 Yes, in the past 3 months	27	8	11	22	38	9.5
Valid responses =	350	88	50	13	400	0.6

Invalid responses include no response.

**22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1864	86	176	80	2040	85.7
3 Yes, not in the past 3 months	249	12	30	14	279	11.7
6 Yes, in the past 3 months	47	2	15	7	62	2.6
Valid responses =	2160	91	221	9	2381	3.5

Invalid responses include no response.

**22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Other**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	423	84	43	71	466	82.2
3 Yes, not in the past 3 months	31	6	7	12	38	6.7
6 Yes, in the past 3 months	52	10	11	18	63	11.1
Valid responses =	506	89	61	11	567	0.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	47363	99	3028	99	50391	99.4
1 Yes, not in the past 3 months	211	0	16	1	227	0.4
2 Yes, in the past 3 months	61	0	23	1	84	0.2
Valid responses =	47635	94	3067	6	50702	74.5

Invalid responses include no response.

#### 22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY]

(only includes students who have used drugs by injection within the last 3 months)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	28	49	12	52	40	50.0
1 More than once per week	29	51	11	48	40	50.0
Valid responses =	57	71	23	29	80	0.1

Invalid responses include no response.

#### 23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Cigarettes

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8431	64	412	49	8843	63.2
2 Yes	4730	36	425	51	5155	36.8
Valid responses =	13161	94	837	6	13998	20.6

Invalid responses include no response.

#### 23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### E-cigarettes or other vape products (for example: Juul, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2784	21	174	21	2958	20.8
2 Yes	10625	79	668	79	11293	79.2
Valid responses =	13409	94	842	6	14251	20.9

Invalid responses include no response.

#### 23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Water pipe or hookah

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11687	91	715	89	12402	90.9
2 Yes	1150	9	88	11	1238	9.1
Valid responses =	12837	94	803	6	13640	20.0

Invalid responses include no response.

#### 23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Chewing or smokeless tobacco

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11922	93	773	97	12695	93.1
2 Yes	912	7	27	3	939	6.9
Valid responses =	12834	94	800	6	13634	20.0

Invalid responses include no response.

#### 23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Cigars or little cigars

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11318	88	710	88	12028	87.5
2 Yes	1624	13	96	12	1720	12.5
Valid responses =	12942	94	806	6	13748	20.2

Invalid responses include no response.

#### 23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Other

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8498	97	502	96	9000	96.7
2 Yes	286	3	20	4	306	3.3
Valid responses =	8784	94	522	6	9306	13.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	34444	54	1602	40	36046	53.1
2 Within the last 2 weeks	10530	17	1148	29	11678	17.2
3 More than 2 weeks but within 30 days	2588	4	209	5	2797	4.1
4 More than 30 days but within 3 months	3710	6	305	8	4015	5.9
5 More than 3 months but within 12 months	4942	8	321	8	5263	7.8
6 More than 12 months ago	7678	12	409	10	8087	11.9
Valid responses =	63892	94	3994	6	67886	99.7

Invalid responses include no response.

#### 25A) When, if ever, was the last time you drank alcohol?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	13195	21	775	19	13970	20.6
2 Within the last 2 weeks	32690	51	1778	44	34468	50.7
3 More than 2 weeks but within 30 days	5955	9	445	11	6400	9.4
4 More than 30 days but within 3 months	5626	9	470	12	6096	9.0
5 More than 3 months but within 12 months	3872	6	307	8	4179	6.2
6 More than 12 months ago	2581	4	227	6	2808	4.1
Valid responses =	63919	94	4002	6	67921	99.8

Invalid responses include no response.

#### 25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

##### Did you get drunk?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27377	62	1643	61	29020	61.9
2 Yes	16837	38	1043	39	17880	38.1
Valid responses =	44214	94	2686	6	46900	68.9

Invalid responses include no response.

#### 25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

##### Did you intend to get drunk?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26996	61	1593	59	28589	61.0
2 Yes	17166	39	1092	41	18258	39.0
Valid responses =	44162	94	2685	6	46847	68.8

Invalid responses include no response.

#### 26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink. (only includes students who drank alcohol within the last 3 months)

##### The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	806	2	74	3	880	1.9
1 1 to 2 Drinks	21187	48	1408	53	22595	48.4
2 3 to 4 Drinks	11519	26	723	27	12242	26.2
3 5 to 6 Drinks	6182	14	287	11	6469	13.8
4 7 to 8 Drinks	2405	6	82	3	2487	5.3
5 9 to 10 Drinks	1097	3	52	2	1149	2.5
6 11 or More Drinks	852	2	36	1	888	1.9
Total	44048	94	2662	6	46710	68.6

Invalid responses include no response.

	Mean	Median	Std Dev	Max
Cisgender	3.31	3.00	2.86	88
Trans/GNC	2.94	2.00	3.21	77
Overall	3.28	2.00	2.88	88





# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.  
(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	1103	3	91	3	1194	2.6
1 1 to 2 Hours	17819	41	1201	45	19020	40.7
2 3 to 4 Hours	15892	36	916	34	16808	36.0
3 5 to 6 Hours	7510	17	373	14	7883	16.9
4 7 to 8 Hours	1226	3	55	2	1281	2.7
5 9 to 10 Hours	265	1	9	0	274	0.6
6 11 or More Hours	201	1	15	1	216	0.5
Total	44016	94	2660	6	46676	68.6

Invalid responses include no response.

	Mean	Median	Std Dev	Max
Cisgender	3.11	3.00	2.03	50
Trans/GNC	2.91	3.00	2.32	50
Overall	3.10	3.00	2.05	50

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?  
(only includes students who drank alcohol within the last 2 weeks)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	16104	49	1041	59	17145	49.9
2 1 time	7940	24	409	23	8349	24.3
3 2 times	4280	13	161	9	4441	12.9
4 3 times	1869	6	60	3	1929	5.6
5 4 times	1180	4	38	2	1218	3.5
6 5 times	566	2	18	1	584	1.7
7 6 times	276	1	13	1	289	0.8
8 7 times	130	0	9	1	139	0.4
9 8 times	91	0	12	1	103	0.3
10 9 times	45	0	3	0	48	0.1
11 10 or more times	122	0	10	1	132	0.4
Total	32603	95	1774	5	34377	50.5

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Did something I later regretted

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38784	81	2492	84	41276	81.1
2 Yes	9143	19	491	17	9634	18.9
Valid responses =	47927	94	2983	6	50910	74.8

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42471	89	2741	92	45212	88.7
2 Yes	5502	12	250	8	5752	11.3
Valid responses =	47973	94	2991	6	50964	74.9

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	37211	78	2392	80	39603	77.7
2 Yes	10787	23	599	20	11386	22.3
Valid responses =	47998	94	2991	6	50989	74.9

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Got in trouble with the police

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47606	99	2963	99	50569	99.3
2 Yes	331	1	23	1	354	0.7
Valid responses =	47937	94	2986	6	50923	74.8

Invalid responses include no response.



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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Got in trouble with college/university authorities

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47475	99	2951	99	50426	99.0
2 Yes	466	1	35	1	501	1.0
Valid responses =	47941	94	2986	6	50927	74.8
Invalid responses include no response.						

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Someone had sex with me without my consent

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47198	99	2910	98	50108	98.4
2 Yes	737	2	75	3	812	1.6
Valid responses =	47935	94	2985	6	50920	74.8
Invalid responses include no response.						

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had sex with someone without their consent

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47900	100	2967	99	50867	99.8
2 Yes	72	0	21	1	93	0.2
Valid responses =	47972	94	2988	6	50960	74.8
Invalid responses include no response.						

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had unprotected sex

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42424	88	2717	91	45141	88.6
2 Yes	5565	12	268	9	5833	11.4
Valid responses =	47989	94	2985	6	50974	74.9
Invalid responses include no response.						

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured myself

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44567	93	2759	92	47326	92.9
2 Yes	3385	7	226	8	3611	7.1
Valid responses =	47952	94	2985	6	50937	74.8
Invalid responses include no response.						

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured another person

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47708	100	2955	99	50663	99.4
2 Yes	258	1	28	1	286	0.6
Valid responses =	47966	94	2983	6	50949	74.8
Invalid responses include no response.						

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Seriously considered suicide

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	46818	98	2776	93	49594	97.3
2 Yes	1144	2	214	7	1358	2.7
Valid responses =	47962	94	2990	6	50952	74.8
Invalid responses include no response.						

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Needed medical help

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47408	99	2940	99	50348	99.0
2 Yes	461	1	42	1	503	1.0
Valid responses =	47869	94	2982	6	50851	74.7
Invalid responses include no response.						



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#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 30A) Within the last 30 days, did you drive after drinking any alcohol at all?

(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27514	87	1326	87	28840	86.5
2 Yes	4289	14	199	13	4488	13.5
Valid responses =	31803	95	1525	5	33328	49.0

Invalid responses include no response.

#### 30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	46680	97	2871	96	49551	97.2
2 Alcohol use negatively impacted performance in class	1144	2	96	3	1240	2.4
3 Alcohol use delayed progress towards degree	183	0	20	1	203	0.4
Valid responses =	48007	94	2987	6	50994	74.9

Invalid responses include no response.

#### 31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?

(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7233	70	576	66	7809	69.2
2 Yes	3177	31	303	35	3480	30.8
Valid responses =	10410	92	879	8	11289	16.6

Invalid responses include no response.

#### 31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance?

(only includes students who used cannabis within the last 12 months)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	20040	95	1705	92	21745	94.8
2 Marijuana use negatively impacted performance in class	835	4	128	7	963	4.2
3 Marijuana use delayed progress towards degree	193	1	29	2	222	1.0
Valid responses =	21068	92	1862	8	22930	33.7

Invalid responses include no response.

#### 32) Do you identify as a person in recovery from alcohol or other drug use?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49687	98	3079	96	52766	97.9
2 Yes	991	2	142	4	1133	2.1
Valid responses =	50678	94	3221	6	53899	79.2

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

#### 33A) When, if ever, was the last time you had:

Oral sex (oral/genital contact)?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	22941	36	1437	36	24378	36.2
2 Within the last 2 weeks	19778	31	1109	28	20887	31.1
3 More than 2 weeks but within 30 days	4971	8	321	8	5292	7.9
4 More than 30 days but within 3 months	5327	8	350	9	5677	8.4
5 More than 3 months but within 12 months	5106	8	386	10	5492	8.2
6 More than 12 months ago	5156	8	382	10	5538	8.2
Valid responses =	63279	94	3985	6	67264	98.8

Invalid responses include no response.

#### 33B) When, if ever, was the last time you had:

Vaginal intercourse (penis in vagina)?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	24905	39	1961	49	26866	40.0
2 Within the last 2 weeks	21434	34	907	23	22341	33.2
3 More than 2 weeks but within 30 days	4045	6	227	6	4272	6.4
4 More than 30 days but within 3 months	4327	7	242	6	4569	6.8
5 More than 3 months but within 12 months	4126	7	268	7	4394	6.5
6 More than 12 months ago	4396	7	375	9	4771	7.1
Valid responses =	63233	94	3980	6	67213	98.7



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

Invalid responses include no response.

#### 33C) When, if ever, was the last time you had: Anal intercourse (penis in anus)?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	51766	82	3000	76	54766	81.7
2 Within the last 2 weeks	1501	2	152	4	1653	2.5
3 More than 2 weeks but within 30 days	771	1	100	3	871	1.3
4 More than 30 days but within 3 months	1321	2	129	3	1450	2.2
5 More than 3 months but within 12 months	2160	3	167	4	2327	3.5
6 More than 12 months ago	5552	9	424	11	5976	8.9
Valid responses =	63071	94	3972	6	67043	98.5

Invalid responses include no response.

#### 34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse? (only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	142	0	10	0	152	0.4
1 1 Partner	26768	71	1424	63	28192	70.1
2 2 Partners	4459	12	326	15	4785	11.9
3 3 Partners	2474	7	158	7	2632	6.5
4 4 Partners	1387	4	92	4	1479	3.7
5 5 Partners	882	2	80	4	962	2.4
6 6 Partners	488	1	45	2	533	1.3
7 7 Partners	320	1	20	1	340	0.8
8 8 to 10 Partners	654	2	48	2	702	1.7
9 11 or More Partners	414	1	48	2	462	1.1
Valid responses =	37988	94	2251	6	40239	59.1

Invalid responses include no response.

	Mean	Median	Std Dev	Max
Cisgender	1.90	1.00	2.75	89
Trans/GNC	2.36	1.00	4.31	94
Overall	1.93	1.00	2.86	94

#### 35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Women or females

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25517	69	1298	60	26815	68.1
2 Yes	11692	31	850	40	12542	31.9
Valid responses =	37209	95	2148	5	39357	57.8

Invalid responses include no response.

#### 35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Men or males

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10434	28	833	39	11267	28.5
2 Yes	26940	72	1318	61	28258	71.5
Valid responses =	37374	95	2151	5	39525	58.1

Invalid responses include no response.

#### 35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Trans women

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36430	99	1859	90	38289	98.9
2 Yes	215	1	214	10	429	1.1
Valid responses =	36645	95	2073	5	38718	56.9

Invalid responses include no response.

#### 35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Trans men

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36342	99	1862	90	38204	98.9
2 Yes	236	1	206	10	442	1.1
Valid responses =	36578	95	2068	5	38646	56.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)  
Genderqueer

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35973	98	1518	72	37491	96.8
2 Yes	633	2	601	28	1234	3.2
Valid responses =	36606	95	2119	5	38725	56.9

Invalid responses include no response.

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)  
Person(s) with another identity

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36249	99	1746	85	37995	98.4
2 Yes	294	1	310	15	604	1.6
Valid responses =	36543	95	2056	5	38599	56.7

Invalid responses include no response.

36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:  
(only includes students that have had oral sex within the last 30 days)  
Oral sex (oral/genital contact)?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	22194	90	1260	89	23454	89.9
2 Rarely	749	3	60	4	809	3.1
3 Sometimes	544	2	38	3	582	2.2
4 Most of the time	377	2	29	2	406	1.6
5 Always	803	3	36	3	839	3.2
Valid responses =	24667	95	1423	5	26090	38.3

Invalid responses include no response.

36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:  
(only includes students that have had vaginal intercourse within the last 30 days)  
Vaginal intercourse (penis in vagina)?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	11320	45	482	43	11802	44.6
2 Rarely	2073	8	89	8	2162	8.2
3 Sometimes	2382	9	102	9	2484	9.4
4 Most of the time	3321	13	165	15	3486	13.2
5 Always	6253	25	292	26	6545	24.7
Valid responses =	25349	96	1130	4	26479	38.9

Invalid responses include no response.

36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:  
(only includes students that have had anal intercourse within the last 30 days)  
Anal intercourse (penis in anus)?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1418	63	127	50	1545	61.6
2 Rarely	161	7	26	10	187	7.5
3 Sometimes	184	8	29	12	213	8.5
4 Most of the time	139	6	23	9	162	6.5
5 Always	356	16	47	19	403	16.1
Valid responses =	2258	90	252	10	2510	3.7

Invalid responses include no response.

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?  
(only includes students that have had vaginal intercourse within the last 12 months)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	28509	84	1316	80	29825	84.0
2 No, not want prevent pregnancy	858	3	37	2	895	2.5
3 No, did not use any method	4165	12	266	16	4431	12.5
4 Don't know	344	1	21	1	365	1.0
Valid responses =	33876	95	1640	5	35516	52.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Birth control pills (monthly or extended cycle)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	15276	54	848	64	16124	54.1
1 Selected	13233	46	468	36	13701	45.9
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.

**38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Birth control shots**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	27976	98	1286	98	29262	98.1
1 Selected	533	2	30	2	563	1.9
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.

**38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Birth control implants**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	26484	93	1199	91	27683	92.8
1 Selected	2025	7	117	9	2142	7.2
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.

**38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Birth control patch**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	28274	99	1302	99	29576	99.2
1 Selected	235	1	14	1	249	0.8
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.

**38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**The ring**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	27949	98	1281	97	29230	98.0
1 Selected	560	2	35	3	595	2.0
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.

**38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Emergency contraception ("morning after pill" or "Plan B")**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	27054	95	1241	94	28295	94.9
1 Selected	1455	5	75	6	1530	5.1
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.

**38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Intrauterine device (IUD)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	24046	84	1083	82	25129	84.3
1 Selected	4463	16	233	18	4696	15.7
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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American College Health Association  
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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

#### Male (external) condom

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	14928	52	620	47	15548	52.1
1 Selected	13581	48	696	53	14277	47.9
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.

**38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

#### Female (internal) condom

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	28444	100	1304	99	29748	99.7
1 Selected	65	0	12	1	77	0.3
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.

**38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

#### Diaphragm or cervical cap

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	28494	100	1314	100	29808	99.9
1 Selected	15	0	2	0	17	0.1
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.

**38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

#### Contraceptive sponge

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	28500	100	1316	100	29816	100.0
1 Selected	9	0	0	0	9	0.0
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.

**38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

#### Withdrawal

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	22219	78	1034	79	23253	78.0
1 Selected	6290	22	282	21	6572	22.0
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.

**38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

#### Fertility awareness (for example: calendar, mucous, and basal body temperature)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	27195	95	1241	94	28436	95.3
1 Selected	1314	5	75	6	1389	4.7
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.

**38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

#### Sterilization (for example: hysterectomy, tubes tied, or vasectomy)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	27773	97	1269	96	29042	97.4
1 Selected	736	3	47	4	783	2.6
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
Don't know

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	28398	100	1308	99	29706	99.6
1 Selected	111	0	8	1	119	0.4
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.

**38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
Other method

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	28200	99	1281	97	29481	98.8
1 Selected	309	1	35	3	344	1.2
Valid responses =	28509	96	1316	4	29825	43.8

Invalid responses include no response.

**39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")?**  
(only includes students that have had vaginal intercourse within the last 12 months)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27088	80	1248	76	28336	80.0
2 Yes	5920	18	297	18	6217	17.6
3 Don't know	338	1	28	2	366	1.0
4 Not applicable	438	1	62	4	500	1.4
Valid responses =	33784	95	1635	5	35419	52.0

Invalid responses include no response.

**40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32908	97	1574	96	34482	97.1
2 Yes, unintentionally	382	1	31	2	413	1.2
3 Yes, intentionally	441	1	22	1	463	1.3
4 Don't know	145	0	13	1	158	0.4
Valid responses =	33876	95	1640	5	35516	52.2

Invalid responses include no response.

**41A) Below are 8 statements with which you may agree or disagree.**

Using the scale below, indicate your agreement with each item by indicating that response for each statement.  
I lead a purposeful and meaningful life.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1115	2	158	4	1273	1.9
2 Disagree	1986	3	353	9	2339	3.4
3 Slightly disagree	2990	5	393	10	3383	5.0
4 Neither agree nor disagree	6626	10	644	16	7270	10.7
5 Slightly agree	12912	20	973	24	13885	20.4
6 Agree	23273	36	1038	26	24311	35.8
7 Strongly agree	15008	24	440	11	15448	22.7
Valid responses =	63910	94	3999	6	67909	99.7

Invalid responses include no response.

**41B) Below are 8 statements with which you may agree or disagree.**

Using the scale below, indicate your agreement with each item by indicating that response for each statement.  
My social relationships are supportive and rewarding.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	822	1	95	2	917	1.4
2 Disagree	1385	2	135	3	1520	2.2
3 Slightly disagree	2584	4	253	6	2837	4.2
4 Neither agree nor disagree	4727	7	340	9	5067	7.5
5 Slightly agree	13066	21	901	23	13967	20.6
6 Agree	25141	39	1488	37	26629	39.2
7 Strongly agree	16159	25	788	20	16947	25.0
Valid responses =	63884	94	4000	6	67884	99.7

Invalid responses include no response.





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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1124	2	177	4	1301	1.9
2 Disagree	2374	4	323	8	2697	4.0
3 Slightly disagree	4686	7	505	13	5191	7.6
4 Neither agree nor disagree	6173	10	495	12	6668	9.8
5 Slightly agree	16033	25	1120	28	17153	25.3
6 Agree	22153	35	1041	26	23194	34.2
7 Strongly agree	11324	18	338	9	11662	17.2
Valid responses =	63867	94	3999	6	67866	99.7

Invalid responses include no response.

41D) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	660	1	87	2	747	1.1
2 Disagree	919	1	132	3	1051	1.5
3 Slightly disagree	1580	3	179	5	1759	2.6
4 Neither agree nor disagree	5791	9	574	14	6365	9.4
5 Slightly agree	13561	21	991	25	14552	21.5
6 Agree	25080	39	1329	33	26409	38.9
7 Strongly agree	16239	25	704	18	16943	25.0
Valid responses =	63830	94	3996	6	67826	99.6

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	610	1	115	3	725	1.1
2 Disagree	928	2	161	4	1089	1.6
3 Slightly disagree	1885	3	304	8	2189	3.2
4 Neither agree nor disagree	3601	6	362	9	3963	5.8
5 Slightly agree	11278	18	951	24	12229	18.0
6 Agree	26481	42	1397	35	27878	41.1
7 Strongly agree	19099	30	708	18	19807	29.2
Valid responses =	63882	94	3998	6	67880	99.7

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	627	1	133	3	760	1.1
2 Disagree	880	1	169	4	1049	1.5
3 Slightly disagree	1791	3	283	7	2074	3.1
4 Neither agree nor disagree	5288	8	611	15	5899	8.7
5 Slightly agree	10880	17	954	24	11834	17.4
6 Agree	25425	40	1268	32	26693	39.3
7 Strongly agree	18990	30	579	15	19569	28.8
Valid responses =	63881	94	3997	6	67878	99.7

Invalid responses include no response.

41G) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1360	2	277	7	1637	2.4
2 Disagree	1994	3	375	9	2369	3.5
3 Slightly disagree	3578	6	497	12	4075	6.0
4 Neither agree nor disagree	5799	9	581	15	6380	9.4
5 Slightly agree	12089	19	926	23	13015	19.2
6 Agree	21228	33	871	22	22099	32.6
7 Strongly agree	17831	28	472	12	18303	27.0
Valid responses =	63879	94	3999	6	67878	99.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

People respect me.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	720	1	135	3	855	1.3
2 Disagree	1059	2	140	4	1199	1.8
3 Slightly disagree	2102	3	324	8	2426	3.6
4 Neither agree nor disagree	7105	11	761	19	7866	11.6
5 Slightly agree	12346	19	1005	25	13351	19.7
6 Agree	25916	41	1225	31	27141	40.0
7 Strongly agree	14603	23	404	10	15007	22.1
Valid responses =	63851	94	3994	6	67845	99.6

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	499	1	81	2	580	0.9
1 Rarely true	1558	2	250	6	1808	2.7
2 Sometimes true	13233	21	1252	31	14485	21.3
3 Often true	29380	46	1678	42	31058	45.8
4 True nearly all the time	19200	30	737	18	19937	29.4
Valid responses =	63870	94	3998	6	67868	99.7

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	694	1	103	3	797	1.2
1 Rarely true	2368	4	334	8	2702	4.0
2 Sometimes true	12858	20	1204	30	14062	20.7
3 Often true	26646	42	1555	39	28201	41.6
4 True nearly all the time	21225	33	794	20	22019	32.5
Valid responses =	63791	94	3990	6	67781	99.6

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12817	20	538	14	13355	19.8
2 Yes	50554	80	3441	87	53995	80.2
Valid responses =	63371	94	3979	6	67350	98.9

Invalid responses include no response.

44A) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel nervous?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	4030	6	95	2	4125	6.1
1 A little of the time	13792	22	440	11	14232	21.0
2 Some of the time	25468	40	1320	33	26788	39.5
3 Most of the time	14259	22	1391	35	15650	23.1
4 All of the time	6317	10	748	19	7065	10.4
Valid responses =	63866	94	3994	6	67860	99.7

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel hopeless?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	22170	35	574	14	22744	33.7
1 A little of the time	18163	29	1041	26	19204	28.4
2 Some of the time	16439	26	1483	37	17922	26.5
3 Most of the time	4807	8	593	15	5400	8.0
4 All of the time	2018	3	285	7	2303	3.4
Valid responses =	63597	94	3976	6	67573	99.2



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

Invalid responses include no response.

44C) The next 6 questions ask about how you have been feeling during the past 30 days.  
For each question, please select the response that best describes how often you had this feeling.  
During the past 30 days, about how often did you feel restless or fidgety?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	9802	15	197	5	9999	14.8
1 A little of the time	15258	24	510	13	15768	23.3
2 Some of the time	20633	32	1170	29	21803	32.2
3 Most of the time	12489	20	1263	32	13752	20.3
4 All of the time	5474	9	836	21	6310	9.3
Valid responses =	63656	94	3976	6	67632	99.3

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days.  
For each question, please select the response that best describes how often you had this feeling.  
During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	26460	42	828	21	27288	40.2
1 A little of the time	18729	29	1269	32	19998	29.5
2 Some of the time	13169	21	1244	31	14413	21.3
3 Most of the time	3881	6	440	11	4321	6.4
4 All of the time	1582	3	210	5	1792	2.6
Valid responses =	63821	94	3991	6	67812	99.6

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days.  
For each question, please select the response that best describes how often you had this feeling.  
During the past 30 days, about how often did you feel that everything was an effort?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	14542	23	307	8	14849	21.9
1 A little of the time	17505	27	659	17	18164	26.8
2 Some of the time	17487	27	1170	29	18657	27.5
3 Most of the time	9689	15	1035	26	10724	15.8
4 All of the time	4600	7	820	21	5420	8.0
Valid responses =	63823	94	3991	6	67814	99.6

Invalid responses include no response.

44F) The next 6 questions ask about how you have been feeling during the past 30 days.  
For each question, please select the response that best describes how often you had this feeling.  
During the past 30 days, about how often did you feel worthless?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	33098	52	1139	29	34237	50.5
1 A little of the time	14324	23	998	25	15322	22.6
2 Some of the time	10049	16	1028	26	11077	16.4
3 Most of the time	4024	6	467	12	4491	6.6
4 All of the time	2265	4	351	9	2616	3.9
Valid responses =	63760	94	3983	6	67743	99.5

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you.  
How often do you feel that you lack companionship?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	24011	38	990	25	25001	36.8
2 Some of the time	27558	43	1853	46	29411	43.3
3 Often	12290	19	1150	29	13440	19.8
Valid responses =	63859	94	3993	6	67852	99.7

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you.  
How often do you feel left out?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	21805	34	875	22	22680	33.4
2 Some of the time	30495	48	1953	49	32448	47.8
3 Often	11545	18	1165	29	12710	18.7
Valid responses =	63845	94	3993	6	67838	99.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

45C) Indicate how often each of the statements below is descriptive of you.  
How often do you feel isolated from others?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	23161	36	749	19	23910	35.2
2 Some of the time	27366	43	1818	46	29184	43.0
3 Often	13328	21	1428	36	14756	21.7
Valid responses =	63855	94	3995	6	67850	99.7
Invalid responses include no response.						

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	57703	91	2750	69	60453	89.2
2 Once or twice	4738	7	863	22	5601	8.3
3 Monthly	868	1	234	6	1102	1.6
4 Weekly	341	1	113	3	454	0.7
5 Daily or almost daily	118	0	32	1	150	0.2
Valid responses =	63768	94	3992	6	67760	99.5
Invalid responses include no response.						

47A1) Within the last 12 months, have you had problems or challenges with any the following?  
Academics

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33731	53	1471	37	35202	51.9
2 Yes	30128	47	2526	63	32654	48.1
Valid responses =	63859	94	3997	6	67856	99.7
Invalid responses include no response.						

47A2) Within the last 12 months, have you had problems or challenges with any the following?  
Career

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41659	65	2226	56	43885	64.8
2 Yes	22102	35	1762	44	23864	35.2
Valid responses =	63761	94	3988	6	67749	99.5
Invalid responses include no response.						

47A3) Within the last 12 months, have you had problems or challenges with any the following?  
Finances

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34355	54	1765	44	36120	53.3
2 Yes	29432	46	2230	56	31662	46.7
Valid responses =	63787	94	3995	6	67782	99.6
Invalid responses include no response.						

47A4) Within the last 12 months, have you had problems or challenges with any the following?  
Procrastination

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17129	27	555	14	17684	26.1
2 Yes	46624	73	3431	86	50055	73.9
Valid responses =	63753	94	3986	6	67739	99.5
Invalid responses include no response.						

47A5) Within the last 12 months, have you had problems or challenges with any the following?  
Faculty

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55742	88	3203	81	58945	87.1
2 Yes	7952	13	775	20	8727	12.9
Valid responses =	63694	94	3978	6	67672	99.4
Invalid responses include no response.						



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Number of Surveys (n) = 68085 Web Surveys

#### 47A6) Within the last 12 months, have you had problems or challenges with any the following?

##### Family

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40329	63	1619	41	41948	61.9
2 Yes	23404	37	2371	59	25775	38.1
Valid responses =	63733	94	3990	6	67723	99.5

Invalid responses include no response.

#### 47A7) Within the last 12 months, have you had problems or challenges with any the following?

##### Intimate relationships

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39842	63	2164	54	42006	62.1
2 Yes	23842	37	1819	46	25661	37.9
Valid responses =	63684	94	3983	6	67667	99.4

Invalid responses include no response.

#### 47A8) Within the last 12 months, have you had problems or challenges with any the following?

##### Roommate/housemate

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45475	72	2590	65	48065	71.1
2 Yes	18164	29	1387	35	19551	28.9
Valid responses =	63639	94	3977	6	67616	99.3

Invalid responses include no response.

#### 47A9) Within the last 12 months, have you had problems or challenges with any the following?

##### Peers

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49029	77	2586	65	51615	76.4
2 Yes	14506	23	1394	35	15900	23.6
Valid responses =	63535	94	3980	6	67515	99.2

Invalid responses include no response.

#### 47A10) Within the last 12 months, have you had problems or challenges with any the following?

##### Personal appearance

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30509	48	1130	28	31639	46.8
2 Yes	33174	52	2855	72	36029	53.2
Valid responses =	63683	94	3985	6	67668	99.4

Invalid responses include no response.

#### 47A11) Within the last 12 months, have you had problems or challenges with any the following?

##### Health of someone close to me

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38223	60	1992	50	40215	59.5
2 Yes	25369	40	1981	50	27350	40.5
Valid responses =	63592	94	3973	6	67565	99.2

Invalid responses include no response.

#### 47A12) Within the last 12 months, have you had problems or challenges with any the following?

##### Death of a family member, friend, or someone close to me

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	46888	74	2858	72	49746	73.5
2 Yes	16839	26	1121	28	17960	26.5
Valid responses =	63727	94	3979	6	67706	99.4

Invalid responses include no response.

#### 47A13) Within the last 12 months, have you had problems or challenges with any the following?

##### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59637	94	3555	89	63192	93.3
2 Yes	4140	7	431	11	4571	6.7
Valid responses =	63777	94	3986	6	67763	99.5

Invalid responses include no response.



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Number of Surveys (n) = 68085 Web Surveys

**47A14) Within the last 12 months, have you had problems or challenges with any the following?**  
**Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61711	97	3689	93	65400	96.5
2 Yes	2045	3	295	7	2340	3.5
Valid responses =	63756	94	3984	6	67740	99.5

Invalid responses include no response.

**47A15) Within the last 12 months, have you had problems or challenges with any the following?**

**Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63037	99	3930	99	66967	98.9
2 Yes	716	1	54	1	770	1.1
Valid responses =	63753	94	3984	6	67737	99.5

Invalid responses include no response.

**47A16) Within the last 12 months, have you had problems or challenges with any the following?**

**Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	53898	85	2253	57	56151	82.9
2 Yes	9880	16	1735	44	11615	17.1
Valid responses =	63778	94	3988	6	67766	99.5

Invalid responses include no response.

**47A17) Within the last 12 months, have you had problems or challenges with any the following?**

**Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57421	90	3244	81	60665	89.6
2 Yes	6334	10	740	19	7074	10.4
Valid responses =	63755	94	3984	6	67739	99.5

Invalid responses include no response.

**47A18) Within the last 12 months, have you had problems or challenges with any the following?**

**Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57468	90	2947	74	60415	89.2
2 Yes	6298	10	1040	26	7338	10.8
Valid responses =	63766	94	3987	6	67753	99.5

Invalid responses include no response.

**47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

#### Academics

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	198	1	5	0	203	0.6
2 Minimal Distress	3287	11	221	9	3508	10.8
3 Moderate Distress	12484	42	1025	41	13509	41.5
4 High Distress	14056	47	1267	50	15323	47.1
Valid responses =	30025	92	2518	8	32543	47.8

Invalid responses include no response.

**47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

#### Career

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	389	2	27	2	416	1.8
2 Minimal Distress	4852	22	371	21	5223	22.0
3 Moderate Distress	9674	44	795	45	10469	44.0
4 High Distress	7100	32	560	32	7660	32.2
Valid responses =	22015	93	1753	7	23768	34.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Finances

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	356	1	14	1	370	1.2
2 Minimal Distress	6014	21	379	17	6393	20.3
3 Moderate Distress	12651	43	887	40	13538	43.0
4 High Distress	10282	35	935	42	11217	35.6
Valid responses =	29303	93	2215	7	31518	46.3

Invalid responses include no response.

#### 47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Procrastination

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	1155	3	41	1	1196	2.4
2 Minimal Distress	14479	31	790	23	15269	30.6
3 Moderate Distress	19052	41	1400	41	20452	41.1
4 High Distress	11720	25	1182	35	12902	25.9
Valid responses =	46406	93	3413	7	49819	73.2

Invalid responses include no response.

#### 47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Faculty

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	388	5	11	1	399	4.6
2 Minimal Distress	3052	39	303	39	3355	38.7
3 Moderate Distress	2886	37	287	37	3173	36.6
4 High Distress	1573	20	169	22	1742	20.1
Valid responses =	7899	91	770	9	8669	12.7

Invalid responses include no response.

#### 47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Family

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	514	2	27	1	541	2.1
2 Minimal Distress	6927	30	560	24	7487	29.2
3 Moderate Distress	9273	40	891	38	10164	39.7
4 High Distress	6557	28	878	37	7435	29.0
Valid responses =	23271	91	2356	9	25627	37.6

Invalid responses include no response.

#### 47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Intimate relationships

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	835	4	38	2	873	3.4
2 Minimal Distress	7669	32	518	29	8187	32.1
3 Moderate Distress	8590	36	673	37	9263	36.3
4 High Distress	6632	28	576	32	7208	28.2
Valid responses =	23726	93	1805	7	25531	37.5

Invalid responses include no response.

#### 47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Roommate/housemate

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	680	4	35	3	715	3.7
2 Minimal Distress	6726	37	448	33	7174	36.9
3 Moderate Distress	6306	35	472	34	6778	34.8
4 High Distress	4364	24	425	31	4789	24.6
Valid responses =	18076	93	1380	7	19456	28.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
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Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Peers

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	761	5	43	3	804	5.1
2 Minimal Distress	6878	48	592	43	7470	47.3
3 Moderate Distress	4822	33	496	36	5318	33.6
4 High Distress	1961	14	254	18	2215	14.0
Valid responses =	14422	91	1385	9	15807	23.2

Invalid responses include no response.

#### 47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Personal appearance

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	828	3	45	2	873	2.4
2 Minimal Distress	12774	39	904	32	13678	38.2
3 Moderate Distress	12406	38	1097	39	13503	37.7
4 High Distress	6989	21	795	28	7784	21.7
Valid responses =	32997	92	2841	8	35838	52.6

Invalid responses include no response.

#### 47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Health of someone close to me

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	865	3	47	2	912	3.3
2 Minimal Distress	8005	32	600	30	8605	31.6
3 Moderate Distress	9977	40	800	41	10777	39.6
4 High Distress	6424	25	529	27	6953	25.5
Valid responses =	25271	93	1976	7	27247	40.0

Invalid responses include no response.

#### 47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Death of a family member, friend, or someone close to me

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	499	3	26	2	525	2.9
2 Minimal Distress	3596	21	240	22	3836	21.4
3 Moderate Distress	5852	35	346	31	6198	34.6
4 High Distress	6825	41	504	45	7329	41.0
Valid responses =	16772	94	1116	6	17888	26.3

Invalid responses include no response.

#### 47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	339	8	26	6	365	8.0
2 Minimal Distress	1485	36	143	33	1628	35.8
3 Moderate Distress	1357	33	158	37	1515	33.3
4 High Distress	934	23	102	24	1036	22.8
Valid responses =	4115	91	429	9	4544	6.7

Invalid responses include no response.

#### 47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	236	12	26	9	262	11.3
2 Minimal Distress	735	36	116	40	851	36.6
3 Moderate Distress	619	31	96	33	715	30.8
4 High Distress	441	22	56	19	497	21.4
Valid responses =	2031	87	294	13	2325	3.4

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
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(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	156	22	7	13	163	21.4
2 Minimal Distress	190	27	24	44	214	28.0
3 Moderate Distress	211	30	17	32	228	29.9
4 High Distress	152	21	6	11	158	20.7
Valid responses =	709	93	54	7	763	1.1

Invalid responses include no response.

#### 47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	1055	11	108	6	1163	10.1
2 Minimal Distress	5092	52	852	49	5944	51.4
3 Moderate Distress	2672	27	569	33	3241	28.0
4 High Distress	1015	10	200	12	1215	10.5
Valid responses =	9834	85	1729	15	11563	17.0

Invalid responses include no response.

#### 47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	356	6	24	3	380	5.4
2 Minimal Distress	2404	38	237	32	2641	37.5
3 Moderate Distress	2103	33	261	35	2364	33.6
4 High Distress	1444	23	217	29	1661	23.6
Valid responses =	6307	90	739	10	7046	10.3

Invalid responses include no response.

#### 47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	466	7	28	3	494	6.8
2 Minimal Distress	2664	43	363	35	3027	41.4
3 Moderate Distress	2090	33	439	42	2529	34.6
4 High Distress	1046	17	207	20	1253	17.2
Valid responses =	6266	86	1037	14	7303	10.7

Invalid responses include no response.

#### 47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	13694	62	1034	59	14728	62.0
2 Negatively impacted performance in a class	6256	29	535	31	6791	28.6
3 Delayed progress towards degree	2038	9	182	10	2220	9.4
Valid responses =	21988	93	1751	7	23739	34.9

Invalid responses include no response.

#### 47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	19042	65	1264	57	20306	64.4
2 Negatively impacted performance in a class	7491	26	707	32	8198	26.0
3 Delayed progress towards degree	2764	9	248	11	3012	9.6
Valid responses =	29297	93	2219	7	31516	46.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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American College Health Association  
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(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Procrastination

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	16556	36	895	26	17451	35.0
2 Negatively impacted performance in a class	25227	54	2081	61	27308	54.8
3 Delayed progress towards degree	4667	10	443	13	5110	10.2
Valid responses =	46450	93	3419	7	49869	73.2

Invalid responses include no response.

#### 47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Faculty

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3361	43	292	38	3653	42.2
2 Negatively impacted performance in a class	3544	45	382	50	3926	45.3
3 Delayed progress towards degree	989	13	94	12	1083	12.5
Valid responses =	7894	91	768	9	8662	12.7

Invalid responses include no response.

#### 47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Family

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	15859	68	1513	64	17372	67.8
2 Negatively impacted performance in a class	6070	26	699	30	6769	26.4
3 Delayed progress towards degree	1322	6	146	6	1468	5.7
Valid responses =	23251	91	2358	9	25609	37.6

Invalid responses include no response.

#### 47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Intimate relationships

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	16251	69	1180	65	17431	68.3
2 Negatively impacted performance in a class	6400	27	540	30	6940	27.2
3 Delayed progress towards degree	1080	5	88	5	1168	4.6
Valid responses =	23731	93	1808	7	25539	37.5

Invalid responses include no response.

#### 47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Roommate/housemate

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	13598	75	953	69	14551	74.8
2 Negatively impacted performance in a class	3875	21	357	26	4232	21.8
3 Delayed progress towards degree	600	3	68	5	668	3.4
Valid responses =	18073	93	1378	7	19451	28.6

Invalid responses include no response.

#### 47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Peers

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	11183	78	994	72	12177	77.1
2 Negatively impacted performance in a class	2836	20	353	26	3189	20.2
3 Delayed progress towards degree	388	3	36	3	424	2.7
Valid responses =	14407	91	1383	9	15790	23.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Personal appearance

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	28989	88	2333	82	31322	87.4
2 Negatively impacted performance in a class	3443	10	443	16	3886	10.8
3 Delayed progress towards degree	571	2	64	2	635	1.8
Valid responses =	33003	92	2840	8	35843	52.6

Invalid responses include no response.

#### 47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Health of someone close to me

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	18183	72	1351	69	19534	71.7
2 Negatively impacted performance in a class	5937	24	533	27	6470	23.8
3 Delayed progress towards degree	1142	5	87	4	1229	4.5
Valid responses =	25262	93	1971	7	27233	40.0

Invalid responses include no response.

#### 47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Death of a family member, friend, or someone close to me

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	9527	57	536	48	10063	56.2
2 Negatively impacted performance in a class	5885	35	480	43	6365	35.6
3 Delayed progress towards degree	1363	8	102	9	1465	8.2
Valid responses =	16775	94	1118	6	17893	26.3

Invalid responses include no response.

#### 47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2829	69	285	66	3114	68.4
2 Negatively impacted performance in a class	1094	27	110	26	1204	26.4
3 Delayed progress towards degree	201	5	34	8	235	5.2
Valid responses =	4124	91	429	9	4553	6.7

Invalid responses include no response.

#### 47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1448	71	199	68	1647	70.8
2 Negatively impacted performance in a class	483	24	79	27	562	24.2
3 Delayed progress towards degree	101	5	15	5	116	5.0
Valid responses =	2032	87	293	13	2325	3.4

Invalid responses include no response.

#### 47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	413	58	25	47	438	57.6
2 Negatively impacted performance in a class	224	32	21	40	245	32.2
3 Delayed progress towards degree	70	10	7	13	77	10.1
Valid responses =	707	93	53	7	760	1.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Microaggression** (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype) **Discrimination** (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	8125	83	1340	78	9465	81.9
2 Negatively impacted performance in a class	1433	15	338	20	1771	15.3
3 Delayed progress towards degree	270	3	51	3	321	2.8
Valid responses =	9828	85	1729	15	11557	17.0

Invalid responses include no response.

**47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Sexual Harassment** (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4867	77	533	72	5400	76.6
2 Negatively impacted performance in a class	1182	19	170	23	1352	19.2
3 Delayed progress towards degree	263	4	33	5	296	4.2
Valid responses =	6312	90	736	10	7048	10.4

Invalid responses include no response.

**47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Discrimination**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4568	73	691	67	5259	72.1
2 Negatively impacted performance in a class	1362	22	284	28	1646	22.6
3 Delayed progress towards degree	332	5	58	6	390	5.3
Valid responses =	6262	86	1033	14	7295	10.7

Invalid responses include no response.

**48) Within the last 30 days, how would you rate the overall level of stress you have experienced?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	993	2	30	1	1023	1.5
2 Low	13009	20	407	10	13416	19.7
3 Moderate	31685	50	1840	46	33525	49.3
4 High	18267	29	1728	43	19995	29.4
Valid responses =	63954	94	4005	6	67959	99.8

Invalid responses include no response.

**49) Have you ever thought about or attempted to kill yourself?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	35524	56	784	20	36308	53.5
2 Just a brief passing thought	15956	25	1055	26	17011	25.1
3 Planned at least once, but did not try to do it	5946	9	790	20	6736	9.9
4 Planned at least once, wanted to die	3272	5	610	15	3882	5.7
5 Attempted, but did not want to die	1416	2	273	7	1689	2.5
6 Attempted, really hoped to die	1759	3	486	12	2245	3.3
Valid responses =	63873	94	3998	6	67871	99.7

Invalid responses include no response.

**50) How often have you thought about killing yourself in the past year?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	44331	69	1518	38	45849	67.6
2 Rarely (1 time)	7926	12	680	17	8606	12.7
3 Sometimes (2 times)	5778	9	694	17	6472	9.5
4 Often (3-4 times)	2827	4	434	11	3261	4.8
5 Very often (5 or more times)	2982	5	668	17	3650	5.4
Valid responses =	63844	94	3994	6	67838	99.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
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(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51556	81	2300	58	53856	79.4
2 Yes, one time, did not want to die	6094	10	508	13	6602	9.7
3 Yes, one time, wanted to die	2734	4	460	12	3194	4.7
4 Yes, more than once, did not want to do it	1923	3	282	7	2205	3.3
5 Yes, more than once, wanted to do it	1506	2	446	11	1952	2.9
Valid responses =	63813	94	3996	6	67809	99.6

Invalid responses include no response.

#### 52) How likely is it that you will attempt suicide someday?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	43317	68	1332	33	44649	65.8
1 No chance at all	8056	13	560	14	8616	12.7
2 Rather unlikely	8187	13	1103	28	9290	13.7
3 Unlikely	2741	4	525	13	3266	4.8
4 Likely	1100	2	313	8	1413	2.1
5 Rather likely	267	0	95	2	362	0.5
6 Very likely	180	0	61	2	241	0.4
Valid responses =	63848	94	3989	6	67837	99.6

Invalid responses include no response.

#### 53) Within the last 12 months, have you attempted suicide?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62220	98	3725	93	65945	97.5
2 Yes	1459	2	266	7	1725	2.5
Valid responses =	63679	94	3991	6	67670	99.4

Invalid responses include no response.

#### 54A) Have you ever received psychological or mental health services?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31948	50	826	21	32774	48.2
2 Yes	32019	50	3179	79	35198	51.8
Valid responses =	63967	94	4005	6	67972	99.8

Invalid responses include no response.

#### 54B) Within in the last 12 months, have you received psychological or mental health services?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42272	66	1431	36	43703	64.3
2 Yes	21648	34	2572	64	24220	35.7
Valid responses =	63920	94	4003	6	67923	99.8

Invalid responses include no response.

#### 54C1) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

My current campus health and/or counseling center?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12525	59	1462	58	13987	58.9
2 Yes	8708	41	1068	42	9776	41.1
Valid responses =	21233	89	2530	11	23763	34.9

Invalid responses include no response.

#### 54C2) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider in the local community near my campus?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16053	76	1766	70	17819	75.5
2 Yes	5030	24	755	30	5785	24.5
Valid responses =	21083	89	2521	11	23604	34.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**54C3) Were the psychological or mental health services you received in the last 12 months provided by:**  
(only includes students that received psychological or mental health services within the last 12 months)

**A mental health provider in my home town?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11188	53	1252	49	12440	52.4
2 Yes	10015	47	1280	51	11295	47.6
Valid responses =	21203	89	2532	11	23735	34.9

Invalid responses include no response.

**54C4) Were the psychological or mental health services you received in the last 12 months provided by:**  
(only includes students that received psychological or mental health services within the last 12 months)

**A mental health provider not described above**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15352	87	1766	86	17118	87.1
2 Yes	2249	13	288	14	2537	12.9
Valid responses =	17601	90	2054	10	19655	28.9

Invalid responses include no response.

**55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18929	30	833	21	19762	29.1
2 Yes	44955	70	3163	79	48118	70.9
Valid responses =	63884	94	3996	6	67880	99.7

Invalid responses include no response.

**55B1) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)**  
**My current campus health center?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30089	69	1970	64	32059	68.8
2 Yes	13420	31	1096	36	14516	31.2
Valid responses =	43509	93	3066	7	46575	68.4

Invalid responses include no response.

**55B2) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)**  
**A medical service provider in the local community near my campus?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30541	71	2011	66	32552	70.2
2 Yes	12769	30	1056	34	13825	29.8
Valid responses =	43310	93	3067	7	46377	68.1

Invalid responses include no response.

**55B3) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)**  
**A medical service provider in my home town?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10684	24	890	29	11574	24.5
2 Yes	33395	76	2218	71	35613	75.5
Valid responses =	44079	93	3108	7	47187	69.3

Invalid responses include no response.

**55B4) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)**  
**A medical service provider not described above?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32834	94	2268	93	35102	94.1
2 Yes	2026	6	177	7	2203	5.9
Valid responses =	34860	93	2445	7	37305	54.8

Invalid responses include no response.



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#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34110	53	2125	53	36235	53.4
2 Yes	24068	38	1545	39	25613	37.7
3 Don't know	574	1	57	1	631	0.9
4 Not applicable	5151	8	269	7	5420	8.0
Valid responses =	63903	94	3996	6	67899	99.7

Invalid responses include no response.

**57) Have you had a dental exam and cleaning in the last 12 months?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17451	27	1302	33	18753	27.6
2 Yes	45230	71	2577	64	47807	70.3
3 Don't know	1281	2	123	3	1404	2.1
Valid responses =	63962	94	4002	6	67964	99.8

Invalid responses include no response.

**58) When you are outdoors in the sun, how often do you wear sunscreen?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	7183	11	474	12	7657	11.3
2 Rarely	14321	22	1018	25	15339	22.6
3 Sometimes	19967	31	1268	32	21235	31.2
4 Usually	16752	26	963	24	17715	26.1
5 Always	5772	9	282	7	6054	8.9
Valid responses =	63995	94	4005	6	68000	99.9

Invalid responses include no response.

**59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?**

**Wear a shirt with sleeves**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	11034	17	502	13	11536	17.0
2 Rarely	13093	21	719	18	13812	20.4
3 Sometimes	20861	33	1316	33	22177	32.8
4 Usually	13977	22	1058	27	15035	22.2
5 Always	4760	8	386	10	5146	7.6
Valid responses =	63725	94	3981	6	67706	99.4

Invalid responses include no response.

**59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?**

**Wear sunglasses**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	8647	14	840	21	9487	14.0
2 Rarely	9879	16	747	19	10626	15.7
3 Sometimes	17360	27	1024	26	18384	27.1
4 Usually	19031	30	893	22	19924	29.4
5 Always	8861	14	478	12	9339	13.8
Valid responses =	63778	94	3982	6	67760	99.5

Invalid responses include no response.

**59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?**

**Stay in the shade**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3134	5	148	4	3282	4.8
2 Rarely	8337	13	332	8	8669	12.8
3 Sometimes	27932	44	1424	36	29356	43.3
4 Usually	20587	32	1721	43	22308	32.9
5 Always	3761	6	363	9	4124	6.1
Valid responses =	63751	94	3988	6	67739	99.5

Invalid responses include no response.



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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?**  
**Wear a hat**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	13825	22	916	23	14741	21.8
2 Rarely	15771	25	1022	26	16793	24.8
3 Sometimes	21529	34	1216	31	22745	33.6
4 Usually	9484	15	620	16	10104	14.9
5 Always	3030	5	201	5	3231	4.8
Valid responses =	63639	94	3975	6	67614	99.3

Invalid responses include no response.

**60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	29749	47	2628	68	32377	48.6
1 1 time	1932	3	134	3	2066	3.1
2 2 times	3486	6	231	6	3717	5.6
3 3 times	2540	4	151	4	2691	4.0
4 4 times	1494	2	75	2	1569	2.4
5 5 times	3487	6	153	4	3640	5.5
6 6 to 10 times	7003	11	237	6	7240	10.9
7 11 to 15 times	2365	4	67	2	2432	3.6
8 16 to 20 times	3378	5	80	2	3458	5.2
9 21 to 49 times	3725	6	78	2	3803	5.7
10 50 or More times	3598	6	60	2	3658	5.5
Valid responses =	62757	94	3894	6	66651	97.9

Invalid responses include no response.

	Mean	Median	Std Dev	Max
Cisgender	9.89	1.00	23.91	365
Trans/GNC	3.80	0.00	15.9	365
Overall	9.54	1.00	23.56	365

**61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	12386	19	549	14	12935	19.1
2 Have started, but not completed HPV vaccine	2608	4	214	5	2822	4.2
3 Completed HPV vaccine	33300	52	2300	58	35600	52.6
4 I don't know my HPV vaccination status	15409	24	929	23	16338	24.1
Valid responses =	63703	94	3992	6	67695	99.4

Invalid responses include no response.

**62) Did you have a flu vaccine within the last 12 months?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26836	42	1416	36	28252	41.7
2 Yes	34446	54	2415	61	36861	54.4
3 Don't know	2527	4	161	4	2688	4.0
Valid responses =	63809	94	3992	6	67801	99.6

Invalid responses include no response.

**63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**  
**Bronchitis**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61480	97	3867	97	65347	96.6
2 Yes	2161	3	111	3	2272	3.4
Valid responses =	63641	94	3978	6	67619	99.3

Invalid responses include no response.

**63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**  
**Chlamydia**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62617	99	3914	99	66531	98.7
2 Yes	834	1	55	1	889	1.3
Valid responses =	63451	94	3969	6	67420	99.0

Invalid responses include no response.





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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**  
**Chicken Pox (Varicella)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62593	100	3907	100	66500	99.5
2 Yes	286	1	21	1	307	0.5
Valid responses =	62879	94	3928	6	66807	98.1

Invalid responses include no response.

**63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**  
**Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42974	68	2738	69	45712	67.7
2 Yes	20584	32	1241	31	21825	32.3
Valid responses =	63558	94	3979	6	67537	99.2

Invalid responses include no response.

**63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**  
**Concussion**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61827	97	3828	96	65655	97.2
2 Yes	1727	3	145	4	1872	2.8
Valid responses =	63554	94	3973	6	67527	99.2

Invalid responses include no response.

**63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**  
**Gonorrhea**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63066	100	3937	99	67003	99.6
2 Yes	243	0	29	1	272	0.4
Valid responses =	63309	94	3966	6	67275	98.8

Invalid responses include no response.

**63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**  
**Flu (influenza) or flu-like illness**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57587	91	3621	92	61208	90.9
2 Yes	5803	9	333	8	6136	9.1
Valid responses =	63390	94	3954	6	67344	98.9

Invalid responses include no response.

**63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**  
**Mumps**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63013	100	3936	100	66949	99.7
2 Yes	154	0	18	1	172	0.3
Valid responses =	63167	94	3954	6	67121	98.6

Invalid responses include no response.

**63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**  
**Mononucleosis (mono)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62104	98	3886	98	65990	98.4
2 Yes	1039	2	66	2	1105	1.6
Valid responses =	63143	94	3952	6	67095	98.5

Invalid responses include no response.

**63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**  
**Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57956	91	3572	90	61528	91.1
2 Yes	5603	9	405	10	6008	8.9
Valid responses =	63559	94	3977	6	67536	99.2

Invalid responses include no response.



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#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Pelvic Inflammatory Disease

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63267	100	3947	99	67214	99.7
2 Yes	211	0	22	1	233	0.3
Valid responses =	63478	94	3969	6	67447	99.1

Invalid responses include no response.

#### 63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Pneumonia

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62589	99	3910	99	66499	98.9
2 Yes	721	1	42	1	763	1.1
Valid responses =	63310	94	3952	6	67262	98.8

Invalid responses include no response.

#### 63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Shingles

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62817	100	3927	99	66744	99.6
2 Yes	268	0	22	1	290	0.4
Valid responses =	63085	94	3949	6	67034	98.5

Invalid responses include no response.

#### 63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Stomach or GI virus or bug, food poisoning, or gastritis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58366	92	3542	89	61908	91.7
2 Yes	5160	8	428	11	5588	8.3
Valid responses =	63526	94	3970	6	67496	99.1

Invalid responses include no response.

#### 63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Urinary tract infection

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57105	90	3530	89	60635	89.9
2 Yes	6346	10	437	11	6783	10.1
Valid responses =	63451	94	3967	6	67418	99.0

Invalid responses include no response.

#### 63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Other short-term, temporary illness not listed above

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	48853	96	2976	94	51829	95.5
2 Yes	2260	4	204	6	2464	4.5
Valid responses =	51113	94	3180	6	54293	79.7

Invalid responses include no response.

#### 63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance? (only includes students who have been diagnosed within the last 12 months)

##### Bronchitis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1081	51	49	47	1130	51.0
2 Negatively impacted performance in a class	948	45	50	48	998	45.1
3 Delayed progress towards degree	81	4	6	6	87	3.9
Valid responses =	2110	95	105	5	2215	3.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Chlamydia

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	676	85	38	73	714	84.4
2 Negatively impacted performance in a class	107	14	11	21	118	13.9
3 Delayed progress towards degree	11	1	3	6	14	1.7
Valid responses =	794	94	52	6	846	1.2

Invalid responses include no response.

#### 63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Chicken Pox (Varicella)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	243	89	12	67	255	87.6
2 Negatively impacted performance in a class	25	9	5	28	30	10.3
3 Delayed progress towards degree	5	2	1	6	6	2.1
Valid responses =	273	94	18	6	291	0.4

Invalid responses include no response.

#### 63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	11965	58	635	51	12600	58.0
2 Negatively impacted performance in a class	8012	39	567	46	8579	39.5
3 Delayed progress towards degree	522	3	37	3	559	2.6
Valid responses =	20499	94	1239	6	21738	31.9

Invalid responses include no response.

#### 63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Concussion

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	585	35	37	27	622	34.7
2 Negatively impacted performance in a class	883	53	81	59	964	53.7
3 Delayed progress towards degree	189	11	20	15	209	11.6
Valid responses =	1657	92	138	8	1795	2.6

Invalid responses include no response.

#### 63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Gonorrhea

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	192	86	18	69	210	84.0
2 Negatively impacted performance in a class	28	13	4	15	32	12.8
3 Delayed progress towards degree	4	2	4	15	8	3.2
Valid responses =	224	90	26	10	250	0.4

Invalid responses include no response.

#### 63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Flu (influenza) or flu-like illness

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2844	50	147	45	2991	49.5
2 Negatively impacted performance in a class	2661	47	162	49	2823	46.7
3 Delayed progress towards degree	214	4	20	6	234	3.9
Valid responses =	5719	95	329	5	6048	8.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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Number of Surveys (n) = 68085 Web Surveys

#### 63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Mumps

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	123	85	7	44	130	80.7
2 Negatively impacted performance in a class	17	12	5	31	22	13.7
3 Delayed progress towards degree	5	3	4	25	9	5.6
Valid responses =	145	90	16	10	161	0.2

Invalid responses include no response.

#### 63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Mononucleosis (mono)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	457	45	24	38	481	44.5
2 Negatively impacted performance in a class	480	47	30	48	510	47.1
3 Delayed progress towards degree	82	8	9	14	91	8.4
Valid responses =	1019	94	63	6	1082	1.6

Invalid responses include no response.

#### 63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3853	69	223	56	4076	68.1
2 Negatively impacted performance in a class	1489	27	151	38	1640	27.4
3 Delayed progress towards degree	241	4	28	7	269	4.5
Valid responses =	5583	93	402	7	5985	8.8

Invalid responses include no response.

#### 63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Pelvic Inflammatory Disease

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	137	68	11	52	148	66.4
2 Negatively impacted performance in a class	56	28	5	24	61	27.4
3 Delayed progress towards degree	9	5	5	24	14	6.3
Valid responses =	202	91	21	9	223	0.3

Invalid responses include no response.

#### 63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Pneumonia

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	318	45	17	43	335	45.2
2 Negatively impacted performance in a class	316	45	18	45	334	45.1
3 Delayed progress towards degree	67	10	5	13	72	9.7
Valid responses =	701	95	40	5	741	1.1

Invalid responses include no response.

#### 63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Shingles

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	177	70	11	52	188	68.9
2 Negatively impacted performance in a class	59	23	8	38	67	24.5
3 Delayed progress towards degree	16	6	2	10	18	6.6
Valid responses =	252	92	21	8	273	0.4

Invalid responses include no response.



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Number of Surveys (n) = 68085 Web Surveys

#### 63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Stomach or GI virus or bug, food poisoning, or gastritis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2913	57	191	45	3104	56.0
2 Negatively impacted performance in a class	1992	39	200	47	2192	39.5
3 Delayed progress towards degree	216	4	34	8	250	4.5
Valid responses =	5121	92	425	8	5546	8.1

Invalid responses include no response.

#### 63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Urinary tract infection

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4896	79	322	75	5218	78.5
2 Negatively impacted performance in a class	1227	20	95	22	1322	19.9
3 Delayed progress towards degree	96	2	13	3	109	1.6
Valid responses =	6219	94	430	6	6649	9.8

Invalid responses include no response.

#### 63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Other short-term, temporary illness not listed above

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1329	63	95	50	1424	61.5
2 Negatively impacted performance in a class	683	32	69	37	752	32.5
3 Delayed progress towards degree	114	5	25	13	139	6.0
Valid responses =	2126	92	189	8	2315	3.4

Invalid responses include no response.

#### 64) Have you ever been tested for HIV?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	7010	11	623	16	7633	11.2
2 Yes, more than 12 months ago	6322	10	453	11	6775	10.0
3 No	45870	72	2656	66	48526	71.5
4 Unsure	4711	7	269	7	4980	7.3
Valid responses =	63913	94	4001	6	67914	99.7

Invalid responses include no response.

#### 64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62492	98	3871	97	66363	97.9
2 Yes	1287	2	123	3	1410	2.1
Valid responses =	63779	94	3994	6	67773	0.0

Invalid responses include no response.

#### Acne

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44878	71	2696	68	47574	70.5
2 Yes	18626	29	1277	32	19903	29.5
Valid responses =	63504	94	3973	6	67477	99.1

Invalid responses include no response.

#### 65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	56439	89	2803	71	59242	87.8
2 Yes	7096	11	1169	29	8265	12.2
Valid responses =	63535	94	3972	6	67507	99.2

Invalid responses include no response.

#### 65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Alcohol or Other Drug-Related Abuse or Addiction

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

1 No	62772	99	3870	97	66642	98.6	<div><div></div></div>
2 Yes	828	1	106	3	934	1.4	<div><div></div></div>
Valid responses =	63600	94	3976	6	67576	99.3	

Invalid responses include no response.



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#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Allergies - food allergy**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55155	87	3282	83	58437	86.7
2 Yes	8297	13	686	17	8983	13.3
Valid responses =	63452	94	3968	6	67420	99.0

Invalid responses include no response.

**65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Allergies - animals/pets**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	54397	86	3276	83	57673	85.6
2 Yes	8990	14	680	17	9670	14.4
Valid responses =	63387	94	3956	6	67343	98.9

Invalid responses include no response.

**65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Allergies - environmental (for example: pollen, grass, dust, mold)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	43870	69	2519	64	46389	68.7
2 Yes	19655	31	1451	37	21106	31.3
Valid responses =	63525	94	3970	6	67495	99.1

Invalid responses include no response.

**65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42800	67	1525	38	44325	65.5
2 Yes	20852	33	2456	62	23308	34.5
Valid responses =	63652	94	3981	6	67633	99.3

Invalid responses include no response.

**65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Asthma**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52918	83	3124	79	56042	83.1
2 Yes	10566	17	849	21	11415	16.9
Valid responses =	63484	94	3973	6	67457	99.1

Invalid responses include no response.

**65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Autism spectrum**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62216	99	3521	89	65737	98.0
2 Yes	934	2	427	11	1361	2.0
Valid responses =	63150	94	3948	6	67098	98.6

Invalid responses include no response.

**65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62128	98	3702	93	65830	97.5
2 Yes	1418	2	270	7	1688	2.5
Valid responses =	63546	94	3972	6	67518	99.2

Invalid responses include no response.

**65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62960	99	3782	95	66742	98.7
2 Yes	664	1	199	5	863	1.3
Valid responses =	63624	94	3981	6	67605	99.3

Invalid responses include no response.



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Number of Surveys (n) = 68085 Web Surveys

#### 65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Cancer

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62960	99	3930	99	66890	99.1
2 Yes	549	1	37	1	586	0.9
Valid responses =	63509	94	3967	6	67476	99.1

Invalid responses include no response.

#### 65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Celiac disease

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62474	99	3868	98	66342	99.0
2 Yes	615	1	65	2	680	1.0
Valid responses =	63089	94	3933	6	67022	98.4

Invalid responses include no response.

#### 65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58840	93	3307	83	62147	92.2
2 Yes	4603	7	659	17	5262	7.8
Valid responses =	63443	94	3966	6	67409	99.0

Invalid responses include no response.

#### 65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47854	75	1668	42	49522	73.3
2 Yes	15752	25	2312	58	18064	26.7
Valid responses =	63606	94	3980	6	67586	99.3

Invalid responses include no response.

#### 65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Diabetes or pre-diabetes/insulin resistance

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61872	98	3816	96	65688	97.4
2 Yes	1609	3	154	4	1763	2.6
Valid responses =	63481	94	3970	6	67451	99.1

Invalid responses include no response.

#### 65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59902	94	3380	85	63282	93.7
2 Yes	3670	6	591	15	4261	6.3
Valid responses =	63572	94	3971	6	67543	99.2

Invalid responses include no response.

#### 65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Endometriosis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62312	98	3856	97	66168	98.1
2 Yes	1140	2	114	3	1254	1.9
Valid responses =	63452	94	3970	6	67422	99.0

Invalid responses include no response.

#### 65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Gambling Disorder

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63268	100	3942	100	67210	99.9
2 Yes	70	0	14	0	84	0.1
Valid responses =	63338	94	3956	6	67294	98.8

Invalid responses include no response.





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**65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Genital herpes**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62443	99	3888	99	66331	99.0
2 Yes	602	1	58	2	660	1.0
Valid responses =	63045	94	3946	6	66991	98.4

Invalid responses include no response.

**65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Gastroesophageal Reflux Disease (GERD) or acid reflux**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59892	94	3616	91	63508	94.1
2 Yes	3625	6	351	9	3976	5.9
Valid responses =	63517	94	3967	6	67484	99.1

Invalid responses include no response.

**65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61990	98	3808	96	65798	97.4
2 Yes	1610	3	167	4	1777	2.6
Valid responses =	63600	94	3975	6	67575	99.3

Invalid responses include no response.

**65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Hepatitis B or C**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63366	100	3951	100	67317	99.8
2 Yes	129	0	14	0	143	0.2
Valid responses =	63495	94	3965	6	67460	99.1

Invalid responses include no response.

**65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**High blood pressure (hypertension)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61324	97	3823	97	65147	96.7
2 Yes	2080	3	140	4	2220	3.3
Valid responses =	63404	94	3963	6	67367	98.9

Invalid responses include no response.

**65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**High cholesterol (hyperlipidemia)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61263	97	3828	97	65091	96.7
2 Yes	2109	3	138	4	2247	3.3
Valid responses =	63372	94	3966	6	67338	98.9

Invalid responses include no response.

**65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**HIV or AIDS**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63030	100	3917	100	66947	99.8
2 Yes	93	0	17	0	110	0.2
Valid responses =	63123	94	3934	6	67057	98.5

Invalid responses include no response.

**65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Human papillomavirus (HPV) or genital warts**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62492	99	3904	98	66396	98.4
2 Yes	979	2	69	2	1048	1.6
Valid responses =	63471	94	3973	6	67444	99.1

Invalid responses include no response.



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Number of Surveys (n) = 68085 Web Surveys

**65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Insomnia**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59519	94	3340	84	62859	93.4
2 Yes	3848	6	621	16	4469	6.6
Valid responses =	63367	94	3961	6	67328	98.9

Invalid responses include no response.

**65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Irritable bowel syndrome (spastic colon or spastic bowel)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	60016	95	3641	92	63657	94.3
2 Yes	3494	6	333	8	3827	5.7
Valid responses =	63510	94	3974	6	67484	99.1

Invalid responses include no response.

**65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Migraine headaches**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55514	88	3217	81	58731	87.3
2 Yes	7828	12	740	19	8568	12.7
Valid responses =	63342	94	3957	6	67299	98.8

Invalid responses include no response.

**65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	60183	95	3416	86	63599	94.2
2 Yes	3368	5	564	14	3932	5.8
Valid responses =	63551	94	3980	6	67531	99.2

Invalid responses include no response.

**65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Polycystic Ovarian Syndrome (PCOS)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61275	97	3753	95	65028	96.5
2 Yes	2124	3	211	5	2335	3.5
Valid responses =	63399	94	3964	6	67363	98.9

Invalid responses include no response.

**65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59157	93	3128	79	62285	92.2
2 Yes	4395	7	853	21	5248	7.8
Valid responses =	63552	94	3981	6	67533	99.2

Invalid responses include no response.

**65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63431	100	3924	99	67355	99.7
2 Yes	140	0	55	1	195	0.3
Valid responses =	63571	94	3979	6	67550	99.2

Invalid responses include no response.



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#### 65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Sleep Apnea

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62305	98	3871	97	66176	98.1
2 Yes	1207	2	102	3	1309	1.9
Valid responses =	63512	94	3973	6	67485	99.1

Invalid responses include no response.

#### 65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Thyroid condition or disorder

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61115	97	3771	96	64886	96.4
2 Yes	2228	4	173	4	2401	3.6
Valid responses =	63343	94	3944	6	67287	98.8

Invalid responses include no response.

#### 65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Tourette's or other neurodevelopmental condition not already listed

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63255	100	3899	98	67154	99.5
2 Yes	263	0	70	2	333	0.5
Valid responses =	63518	94	3969	6	67487	99.1

Invalid responses include no response.

#### 65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Traumatic brain injury (TBI)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62599	99	3876	98	66475	98.9
2 Yes	675	1	92	2	767	1.1
Valid responses =	63274	94	3968	6	67242	98.8

Invalid responses include no response.

#### 65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62627	99	3900	98	66527	98.5
2 Yes	931	2	72	2	1003	1.5
Valid responses =	63558	94	3972	6	67530	99.2

Invalid responses include no response.

#### 65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Other ongoing or chronic condition not listed above

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55272	94	3125	86	58397	93.6
2 Yes	3473	6	504	14	3977	6.4
Valid responses =	58745	94	3629	6	62374	91.6

Invalid responses include no response.

#### 65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above) Allergic & immunologic disorder

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2651	85	377	82	3028	84.9
2 Yes	457	15	82	18	539	15.1
Valid responses =	3108	87	459	13	3567	5.2

Invalid responses include no response.



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**65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Autoimmune disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2292	73	345	74	2637	72.8
2 Yes	865	27	120	26	985	27.2
Valid responses =	3157	87	465	13	3622	5.3

Invalid responses include no response.

**65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Blood disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2771	89	404	89	3175	89.2
2 Yes	334	11	52	11	386	10.8
Valid responses =	3105	87	456	13	3561	5.2

Invalid responses include no response.

**65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Brain & nervous system disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2626	84	368	81	2994	83.9
2 Yes	486	16	88	19	574	16.1
Valid responses =	3112	87	456	13	3568	5.2

Invalid responses include no response.

**65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Hair, skin, nails disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2731	88	403	88	3134	87.6
2 Yes	390	13	55	12	445	12.4
Valid responses =	3121	87	458	13	3579	5.3

Invalid responses include no response.

**65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Digestive system disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2512	80	364	79	2876	80.2
2 Yes	611	20	98	21	709	19.8
Valid responses =	3123	87	462	13	3585	5.3

Invalid responses include no response.

**65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Endocrine system disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2914	94	429	94	3343	94.3
2 Yes	175	6	27	6	202	5.7
Valid responses =	3089	87	456	13	3545	5.2

Invalid responses include no response.

**65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Eye/ear/nose/throat disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2745	89	397	87	3142	88.8
2 Yes	334	11	61	13	395	11.2
Valid responses =	3079	87	458	13	3537	5.2

Invalid responses include no response.



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**65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Heart & vascular disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2853	92	408	90	3261	92.0
2 Yes	240	8	45	10	285	8.0
Valid responses =	3093	87	453	13	3546	5.2

Invalid responses include no response.

**65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Infectious disease**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2993	97	438	97	3431	97.3
2 Yes	80	3	14	3	94	2.7
Valid responses =	3073	87	452	13	3525	5.2

Invalid responses include no response.

**65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Mental health/psychological disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2514	81	287	62	2801	78.7
2 Yes	578	19	179	38	757	21.3
Valid responses =	3092	87	466	13	3558	5.2

Invalid responses include no response.

**65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Musculoskeletal disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2712	87	368	80	3080	86.3
2 Yes	394	13	94	20	488	13.7
Valid responses =	3106	87	462	13	3568	5.2

Invalid responses include no response.

**65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Reproductive system disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2827	92	410	90	3237	91.4
2 Yes	258	8	47	10	305	8.6
Valid responses =	3085	87	457	13	3542	5.2

Invalid responses include no response.

**65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Respiratory disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2927	95	420	93	3347	94.8
2 Yes	150	5	33	7	183	5.2
Valid responses =	3077	87	453	13	3530	5.2

Invalid responses include no response.

**65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Sleep-wake disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2876	93	420	92	3296	93.2
2 Yes	203	7	36	8	239	6.8
Valid responses =	3079	87	456	13	3535	5.2

Invalid responses include no response.



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**65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Urinary system disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2979	97	429	95	3408	96.4
2 Yes	106	3	23	5	129	3.6
Valid responses =	3085	87	452	13	3537	5.2

Invalid responses include no response.

**65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Other ongoing or chronic condition not previously reported**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1821	70	245	65	2066	69.2
2 Yes	789	30	131	35	920	30.8
Valid responses =	2610	87	376	13	2986	4.4

Invalid responses include no response.

**65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Anaphylaxis**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	351	79	57	70	408	77.3
2 Yes	96	22	24	30	120	22.7
Valid responses =	447	85	81	15	528	0.8

Invalid responses include no response.

**65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Medication allergy**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	242	54	37	46	279	52.4
2 Yes	209	46	44	54	253	47.6
Valid responses =	451	85	81	15	532	0.8

Invalid responses include no response.

**65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Latex allergy**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	385	87	62	78	447	85.1
2 Yes	60	14	18	23	78	14.9
Valid responses =	445	85	80	15	525	0.8

Invalid responses include no response.

**65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Insect/bee sting allergy**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	388	87	68	84	456	86.9
2 Yes	56	13	13	16	69	13.1
Valid responses =	444	85	81	15	525	0.8

Invalid responses include no response.

**65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Immune deficiency**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	336	75	52	64	388	73.3
2 Yes	112	25	29	36	141	26.7
Valid responses =	448	85	81	15	529	0.8

Invalid responses include no response.



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#### 65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Other allergic or immunologic condition not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	266	76	44	70	310	75.4
2 Yes	82	24	19	30	101	24.6
Valid responses =	348	85	63	15	411	0.6

Invalid responses include no response.

#### 65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other allergic or immunologic condition

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	635	77	74	64	709	75.6
2 Yes	188	23	41	36	229	24.4
Valid responses =	823	88	115	12	938	1.4

Invalid responses include no response.

#### 65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Rheumatoid Arthritis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	690	85	89	77	779	84.0
2 Yes	122	15	26	23	148	16.0
Valid responses =	812	88	115	12	927	1.4

Invalid responses include no response.

#### 65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Scleroderma

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	783	98	109	97	892	97.8
2 Yes	16	2	4	4	20	2.2
Valid responses =	799	88	113	12	912	1.3

Invalid responses include no response.

#### 65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Systemic Lupus Erythematosus

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	720	90	95	85	815	89.0
2 Yes	84	10	17	15	101	11.0
Valid responses =	804	88	112	12	916	1.3

Invalid responses include no response.

#### 65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other autoimmune disorder not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	354	50	49	58	403	50.4
2 Yes	361	51	35	42	396	49.6
Valid responses =	715	89	84	11	799	1.2

Invalid responses include no response.

#### 65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Anemia

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	128	40	19	37	147	39.3
2 Yes	194	60	33	64	227	60.7
Valid responses =	322	86	52	14	374	0.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

##### Hemophilia

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	292	95	41	80	333	92.8
2 Yes	16	5	10	20	26	7.2
Valid responses =	308	86	51	14	359	0.5

Invalid responses include no response.

#### 65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

##### Hypercoagulable states

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	277	91	44	86	321	90.4
2 Yes	27	9	7	14	34	9.6
Valid responses =	304	86	51	14	355	0.5

Invalid responses include no response.

#### 65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

##### Platelet Conditions

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	257	84	40	78	297	83.4
2 Yes	48	16	11	22	59	16.6
Valid responses =	305	86	51	14	356	0.5

Invalid responses include no response.

#### 65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

##### Sickle Cell Disease

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	293	97	40	78	333	94.1
2 Yes	10	3	11	22	21	5.9
Valid responses =	303	86	51	14	354	0.5

Invalid responses include no response.

#### 65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

##### Other blood condition not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	167	62	26	58	193	61.5
2 Yes	102	38	19	42	121	38.5
Valid responses =	269	86	45	14	314	0.5

Invalid responses include no response.

#### 65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

##### Cerebral Palsy

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	439	97	75	92	514	96.1
2 Yes	14	3	7	9	21	3.9
Valid responses =	453	85	82	15	535	0.8

Invalid responses include no response.

#### 65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

##### Epilepsy

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	359	77	64	77	423	77.3
2 Yes	105	23	19	23	124	22.7
Valid responses =	464	85	83	15	547	0.8

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

##### Seizure Conditions

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	361	78	56	68	417	76.5
2 Yes	102	22	26	32	128	23.5
Valid responses =	463	85	82	15	545	0.8

Invalid responses include no response.

#### 65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

##### Multiple Sclerosis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	419	93	69	84	488	91.7
2 Yes	31	7	13	16	44	8.3
Valid responses =	450	85	82	15	532	0.8

Invalid responses include no response.

#### 65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

##### Other brain or nervous system condition not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	193	52	34	49	227	51.0
2 Yes	182	49	36	51	218	49.0
Valid responses =	375	84	70	16	445	0.7

Invalid responses include no response.

#### 65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

##### Alopecia

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	331	91	43	83	374	90.3
2 Yes	31	9	9	17	40	9.7
Valid responses =	362	87	52	13	414	0.6

Invalid responses include no response.

#### 65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

##### Eczema

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	171	45	25	46	196	45.5
2 Yes	206	55	29	54	235	54.5
Valid responses =	377	87	54	13	431	0.6

Invalid responses include no response.

#### 65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

##### Hirsutism

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	346	96	45	85	391	94.9
2 Yes	13	4	8	15	21	5.1
Valid responses =	359	87	53	13	412	0.6

Invalid responses include no response.

#### 65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

##### Hyperhidrosis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	338	94	42	81	380	92.5
2 Yes	21	6	10	19	31	7.5
Valid responses =	359	87	52	13	411	0.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

##### Photodermatitis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	345	97	48	92	393	96.3
2 Yes	11	3	4	8	15	3.7
Valid responses =	356	87	52	13	408	0.6

Invalid responses include no response.

#### 65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

##### Psoriasis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	277	75	38	73	315	74.8
2 Yes	92	25	14	27	106	25.2
Valid responses =	369	88	52	12	421	0.6

Invalid responses include no response.

#### 65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

##### Vitiligo

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	340	93	46	90	386	93.0
2 Yes	24	7	5	10	29	7.0
Valid responses =	364	88	51	12	415	0.6

Invalid responses include no response.

#### 65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

##### Other hair, skin, or nail condition not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	215	71	21	57	236	69.0
2 Yes	90	30	16	43	106	31.0
Valid responses =	305	89	37	11	342	0.5

Invalid responses include no response.

#### 65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

##### Crohn's Disease

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	474	81	77	82	551	81.3
2 Yes	110	19	17	18	127	18.7
Valid responses =	584	86	94	14	678	1.0

Invalid responses include no response.

#### 65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

##### Diverticular Disease

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	552	96	88	94	640	96.0
2 Yes	21	4	6	6	27	4.0
Valid responses =	573	86	94	14	667	1.0

Invalid responses include no response.

#### 65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

##### Esophageal Disease

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	530	92	86	91	616	92.1
2 Yes	44	8	9	10	53	7.9
Valid responses =	574	86	95	14	669	1.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

##### Gallbladder Disease

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	533	93	84	89	617	92.4
2 Yes	41	7	10	11	51	7.6
Valid responses =	574	86	94	14	668	1.0

Invalid responses include no response.

#### 65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

##### Ulcerative Colitis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	474	82	88	93	562	83.5
2 Yes	104	18	7	7	111	16.5
Valid responses =	578	86	95	14	673	1.0

Invalid responses include no response.

#### 65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

##### Other digestive system condition not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	280	60	50	65	330	60.7
2 Yes	187	40	27	35	214	39.3
Valid responses =	467	86	77	14	544	0.8

Invalid responses include no response.

#### 65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

##### Hearing loss

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	225	70	37	63	262	68.9
2 Yes	96	30	22	37	118	31.1
Valid responses =	321	84	59	16	380	0.6

Invalid responses include no response.

#### 65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

##### Uveitis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	308	96	54	95	362	96.0
2 Yes	12	4	3	5	15	4.0
Valid responses =	320	85	57	15	377	0.6

Invalid responses include no response.

#### 65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

##### Vertigo

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	254	79	40	70	294	77.6
2 Yes	68	21	17	30	85	22.4
Valid responses =	322	85	57	15	379	0.6

Invalid responses include no response.

#### 65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

##### Other eye/ear/nose/throat condition not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	124	45	20	42	144	44.6
2 Yes	151	55	28	58	179	55.4
Valid responses =	275	85	48	15	323	0.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

##### Cardiac Arrhythmia

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	170	74	29	67	199	72.9
2 Yes	60	26	14	33	74	27.1
Valid responses =	230	84	43	16	273	0.4

Invalid responses include no response.

#### 65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

##### Coronary Artery Disease

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	212	94	37	86	249	92.6
2 Yes	14	6	6	14	20	7.4
Valid responses =	226	84	43	16	269	0.4

Invalid responses include no response.

#### 65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

##### Congenital Heart Condition

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	201	88	34	79	235	86.7
2 Yes	27	12	9	21	36	13.3
Valid responses =	228	84	43	16	271	0.4

Invalid responses include no response.

#### 65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

##### Congestive Heart Failure

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	210	94	37	86	247	92.9
2 Yes	13	6	6	14	19	7.1
Valid responses =	223	84	43	16	266	0.4

Invalid responses include no response.

#### 65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

##### Heart Murmur

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	169	74	32	74	201	73.6
2 Yes	61	27	11	26	72	26.4
Valid responses =	230	84	43	16	273	0.4

Invalid responses include no response.

#### 65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

##### Valvular Heart Disease (for example: Mitral valve prolapse)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	205	90	33	77	238	87.8
2 Yes	23	10	10	23	33	12.2
Valid responses =	228	84	43	16	271	0.4

Invalid responses include no response.

#### 65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

##### Other heart or vascular condition not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	93	47	15	41	108	45.8
2 Yes	106	53	22	60	128	54.2
Valid responses =	199	84	37	16	236	0.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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February 28, 2023

FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

##### Lyme Disease

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	68	7	54	59	65.6
2 Yes	25	33	6	46	31	34.4
Valid responses =	77	86	13	14	90	0.1

Invalid responses include no response.

#### 65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

##### Other infectious disease not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	66	5	46	43	62.3
2 Yes	20	35	6	55	26	37.7
Valid responses =	58	84	11	16	69	0.1

Invalid responses include no response.

#### 65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

##### Carpal Tunnel Syndrome

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	319	87	70	78	389	85.5
2 Yes	46	13	20	22	66	14.5
Valid responses =	365	80	90	20	455	0.7

Invalid responses include no response.

#### 65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

##### Fibromyalgia

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	296	81	63	70	359	78.7
2 Yes	70	19	27	30	97	21.3
Valid responses =	366	80	90	20	456	0.7

Invalid responses include no response.

#### 65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

##### Gout

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	355	98	82	92	437	97.1
2 Yes	6	2	7	8	13	2.9
Valid responses =	361	80	89	20	450	0.7

Invalid responses include no response.

#### 65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

##### Muscular Dystrophy

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	340	94	80	91	420	93.8
2 Yes	20	6	8	9	28	6.3
Valid responses =	360	80	88	20	448	0.7

Invalid responses include no response.

#### 65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

##### Osteoarthritis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	304	82	74	84	378	82.7
2 Yes	65	18	14	16	79	17.3
Valid responses =	369	81	88	19	457	0.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

##### Osteoporosis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	346	96	78	87	424	94.0
2 Yes	15	4	12	13	27	6.0
Valid responses =	361	80	90	20	451	0.7

Invalid responses include no response.

#### 65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

##### Temporomandibular Joint Dysfunction

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	292	80	65	72	357	78.3
2 Yes	74	20	25	28	99	21.7
Valid responses =	366	80	90	20	456	0.7

Invalid responses include no response.

#### 65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

##### Other musculoskeletal condition not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	112	34	23	34	135	34.2
2 Yes	215	66	45	66	260	65.8
Valid responses =	327	83	68	17	395	0.6

Invalid responses include no response.

#### 65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

##### Amenorrhea

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	208	85	34	76	242	83.2
2 Yes	38	15	11	24	49	16.8
Valid responses =	246	85	45	15	291	0.4

Invalid responses include no response.

#### 65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

##### Cervical Dysplasia

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	229	95	38	86	267	93.7
2 Yes	12	5	6	14	18	6.3
Valid responses =	241	85	44	15	285	0.4

Invalid responses include no response.

#### 65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

##### Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	138	55	25	56	163	54.9
2 Yes	114	45	20	44	134	45.1
Valid responses =	252	85	45	15	297	0.4

Invalid responses include no response.

#### 65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

##### Prostatitis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	238	97	39	87	277	95.2
2 Yes	8	3	6	13	14	4.8
Valid responses =	246	85	45	15	291	0.4

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

##### Sexual Dysfunction

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	218	88	36	80	254	86.7
2 Yes	30	12	9	20	39	13.3
Valid responses =	248	85	45	15	293	0.4

Invalid responses include no response.

#### 65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

##### Other reproductive system condition not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	118	56	27	61	145	56.9
2 Yes	93	44	17	39	110	43.1
Valid responses =	211	83	44	17	255	0.4

Invalid responses include no response.

#### 65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

##### Cystic Fibrosis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	135	94	27	82	162	91.5
2 Yes	9	6	6	18	15	8.5
Valid responses =	144	81	33	19	177	0.3

Invalid responses include no response.

#### 65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

##### Sarcoidosis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	134	94	27	82	161	91.5
2 Yes	9	6	6	18	15	8.5
Valid responses =	143	81	33	19	176	0.3

Invalid responses include no response.

#### 65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

##### Active Tuberculous

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	139	97	31	94	170	96.6
2 Yes	4	3	2	6	6	3.4
Valid responses =	143	81	33	19	176	0.3

Invalid responses include no response.

#### 65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

##### Other respiratory system condition not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	52	17	59	81	53.3
2 Yes	59	48	12	41	71	46.7
Valid responses =	123	81	29	19	152	0.2

Invalid responses include no response.

#### 65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

##### Hypersomnolence

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	147	77	24	71	171	76.0
2 Yes	44	23	10	29	54	24.0
Valid responses =	191	85	34	15	225	0.3

Invalid responses include no response.



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Number of Surveys (n) = 68085 Web Surveys

**65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

#### Narcolepsy

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	120	63	22	65	142	63.1
2 Yes	71	37	12	35	83	36.9
Valid responses =	191	85	34	15	225	0.3

Invalid responses include no response.

**65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

#### Restless Leg Syndrome

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	154	82	22	67	176	79.3
2 Yes	35	19	11	33	46	20.7
Valid responses =	189	85	33	15	222	0.3

Invalid responses include no response.

**65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

#### Sleep Paralysis

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	161	85	24	71	185	83.0
2 Yes	28	15	10	29	38	17.0
Valid responses =	189	85	34	15	223	0.3

Invalid responses include no response.

**65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

#### Sleep Terrors (or night terrors)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	158	83	26	77	184	82.1
2 Yes	32	17	8	24	40	17.9
Valid responses =	190	85	34	15	224	0.3

Invalid responses include no response.

**65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

#### Sleep Walking

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	170	90	29	85	199	89.6
2 Yes	18	10	5	15	23	10.4
Valid responses =	188	85	34	15	222	0.3

Invalid responses include no response.

**65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

#### Other sleep-wake condition not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	117	74	22	71	139	73.2
2 Yes	42	26	9	29	51	26.8
Valid responses =	159	84	31	16	190	0.3

Invalid responses include no response.

**65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?**  
(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

#### Bladder disease

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	87	90	16	73	103	86.6
2 Yes	10	10	6	27	16	13.4
Valid responses =	97	82	22	18	119	0.2

Invalid responses include no response.





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February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

##### Kidney disease

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	81	80	11	50	92	74.8
2 Yes	20	20	11	50	31	25.2
Valid responses =	101	82	22	18	123	0.2

Invalid responses include no response.

#### 65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

##### Kidney stone

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	72	73	13	57	85	69.7
2 Yes	27	27	10	44	37	30.3
Valid responses =	99	81	23	19	122	0.2

Invalid responses include no response.

#### 65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

##### Urinary incontinence

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	65	13	59	77	64.2
2 Yes	34	35	9	41	43	35.8
Valid responses =	98	82	22	18	120	0.2

Invalid responses include no response.

#### 65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

##### Other urinary system condition not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	45	11	61	44	47.8
2 Yes	41	55	7	39	48	52.2
Valid responses =	74	80	18	20	92	0.1

Invalid responses include no response.

#### 65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

##### Type 1 Diabetes

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1011	75	74	64	1085	74.4
2 Yes	333	25	41	36	374	25.6
Valid responses =	1344	92	115	8	1459	2.1

Invalid responses include no response.

#### 65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

##### Type 2 Diabetes

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1008	76	86	75	1094	76.3
2 Yes	311	24	28	25	339	23.7
Valid responses =	1319	92	114	8	1433	2.1

Invalid responses include no response.

#### 65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

##### Pre-diabetes or insulin resistance

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	545	37	48	34	593	36.4
2 Yes	940	63	95	66	1035	63.6
Valid responses =	1485	91	143	9	1628	2.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:**

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

**Gestational Diabetes**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1185	93	98	93	1283	93.2
2 Yes	86	7	8	8	94	6.8
Valid responses =	1271	92	106	8	1377	2.0

Invalid responses include no response.

**65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

**Acne**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10649	58	863	68	11512	58.3
2 Yes	7828	42	400	32	8228	41.7
Valid responses =	18477	94	1263	6	19740	29.0

Invalid responses include no response.

**65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

**ADD/ADHD - Attention Deficit/Hyperactivity Disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1997	28	243	21	2240	27.2
2 Yes	5075	72	916	79	5991	72.8
Valid responses =	7072	86	1159	14	8231	12.1

Invalid responses include no response.

**65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

**Alcohol or Other Drug-Related Abuse or Addiction**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	481	58	47	44	528	56.7
2 Yes	344	42	59	56	403	43.3
Valid responses =	825	89	106	11	931	1.4

Invalid responses include no response.

**65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

**Allergies - food allergy**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5612	68	492	73	6104	68.4
2 Yes	2629	32	187	28	2816	31.6
Valid responses =	8241	92	679	8	8920	13.1

Invalid responses include no response.

**65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

**Allergies - animals/pets**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6502	73	518	77	7020	73.0
2 Yes	2438	27	152	23	2590	27.0
Valid responses =	8940	93	670	7	9610	14.1

Invalid responses include no response.

**65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

**Allergies - environmental (for example: pollen, grass, dust, mold)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13942	71	1115	77	15057	71.7
2 Yes	5614	29	328	23	5942	28.3
Valid responses =	19556	93	1443	7	20999	30.8

Invalid responses include no response.



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#### FREQUENCY REPORT

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**65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

**Anxiety** (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4955	24	450	18	5405	23.3
2 Yes	15821	76	1998	82	17819	76.7
Valid responses =	20776	89	2448	11	23224	34.1

Invalid responses include no response.

**65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

**Asthma**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6823	65	557	66	7380	65.0
2 Yes	3682	35	287	34	3969	35.0
Valid responses =	10505	93	844	7	11349	16.7

Invalid responses include no response.

**65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

**Autism Spectrum**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	520	56	166	39	686	50.8
2 Yes	407	44	257	61	664	49.2
Valid responses =	927	69	423	31	1350	2.0

Invalid responses include no response.

**65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

**Bipolar and Related Conditions** (for example: Bipolar I, II, Hypomanic Episode)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	365	26	48	18	413	24.7
2 Yes	1045	74	216	82	1261	75.3
Valid responses =	1410	84	264	16	1674	2.5

Invalid responses include no response.

**65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

**Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	199	30	50	26	249	29.2
2 Yes	460	70	145	74	605	70.8
Valid responses =	659	77	195	23	854	1.3

Invalid responses include no response.

**65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

**Cancer**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	218	40	14	38	232	39.9
2 Yes	326	60	23	62	349	60.1
Valid responses =	544	94	37	6	581	0.9

Invalid responses include no response.

**65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

**Celiac disease**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	290	48	29	45	319	47.3
2 Yes	319	52	36	55	355	52.7
Valid responses =	609	90	65	10	674	1.0

Invalid responses include no response.



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Number of Surveys (n) = 68085 Web Surveys

**65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

**(only includes students that have been diagnosed with this condition)**

**Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1407	31	196	30	1603	30.6
2 Yes	3172	69	457	70	3629	69.4
Valid responses =	4579	88	653	12	5232	7.7

Invalid responses include no response.

**65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

**(only includes students that have been diagnosed with this condition)**

**Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3738	24	444	19	4182	23.2
2 Yes	11959	76	1861	81	13820	76.8
Valid responses =	15697	87	2305	13	18002	26.4

Invalid responses include no response.

**65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

**(only includes students that have been diagnosed with this condition)**

**Diabetes or pre-diabetes/insulin resistance**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	472	30	46	31	518	29.8
2 Yes	1118	70	105	70	1223	70.2
Valid responses =	1590	91	151	9	1741	2.6

Invalid responses include no response.

**65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

**(only includes students that have been diagnosed with this condition)**

**Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1684	46	266	45	1950	46.0
2 Yes	1968	54	322	55	2290	54.0
Valid responses =	3652	86	588	14	4240	6.2

Invalid responses include no response.

**65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

**(only includes students that have been diagnosed with this condition)**

**Endometriosis**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	451	40	48	43	499	40.1
2 Yes	681	60	64	57	745	59.9
Valid responses =	1132	91	112	9	1244	1.8

Invalid responses include no response.

**65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

**(only includes students that have been diagnosed with this condition)**

**Gambling Disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55	79	6	43	61	72.6
2 Yes	15	21	8	57	23	27.4
Valid responses =	70	83	14	17	84	0.1

Invalid responses include no response.

**65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

**(only includes students that have been diagnosed with this condition)**

**Genital herpes**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	305	51	30	52	335	51.1
2 Yes	293	49	28	48	321	48.9
Valid responses =	598	91	58	9	656	1.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1692	47	168	49	1860	47.1
2 Yes	1914	53	177	51	2091	52.9
Valid responses =	3606	91	345	9	3951	5.8

Invalid responses include no response.

**65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	678	42	75	46	753	42.6
2 Yes	925	58	89	54	1014	57.4
Valid responses =	1603	91	164	9	1767	2.6

Invalid responses include no response.

**65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

Hepatitis B or C

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	83	66	5	39	88	63.3
2 Yes	43	34	8	62	51	36.7
Valid responses =	126	91	13	9	139	0.2

Invalid responses include no response.

**65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

High blood pressure (hypertension)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	653	32	52	38	705	32.0
2 Yes	1413	68	86	62	1499	68.0
Valid responses =	2066	94	138	6	2204	3.2

Invalid responses include no response.

**65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	772	37	57	42	829	37.1
2 Yes	1325	63	79	58	1404	62.9
Valid responses =	2097	94	136	6	2233	3.3

Invalid responses include no response.

**65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	48	6	38	50	46.3
2 Yes	48	52	10	63	58	53.7
Valid responses =	92	85	16	15	108	0.2

Invalid responses include no response.

**65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	548	56	42	62	590	56.5
2 Yes	428	44	26	38	454	43.5
Valid responses =	976	93	68	7	1044	1.5

Invalid responses include no response.



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#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

#### Insomnia

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1610	42	242	40	1852	41.9
2 Yes	2203	58	369	60	2572	58.1
Valid responses =	3813	86	611	14	4424	6.5

Invalid responses include no response.

**65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

#### Irritable bowel syndrome (spastic colon or spastic bowel)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1410	41	146	45	1556	41.0
2 Yes	2061	59	181	55	2242	59.0
Valid responses =	3471	91	327	9	3798	5.6

Invalid responses include no response.

**65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

#### Migraine headaches

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3702	48	369	50	4071	47.8
2 Yes	4085	53	364	50	4449	52.2
Valid responses =	7787	91	733	9	8520	12.5

Invalid responses include no response.

**65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

#### Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1123	34	159	28	1282	32.7
2 Yes	2233	67	402	72	2635	67.3
Valid responses =	3356	86	561	14	3917	5.8

Invalid responses include no response.

**65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

#### Polycystic Ovarian Syndrome (PCOS)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	682	32	79	38	761	32.8
2 Yes	1425	68	131	62	1556	67.2
Valid responses =	2107	91	210	9	2317	3.4

Invalid responses include no response.

**65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

#### PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1222	28	201	24	1423	27.3
2 Yes	3154	72	643	76	3797	72.7
Valid responses =	4376	84	844	16	5220	7.7

Invalid responses include no response.

**65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

#### Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	50	18	34	86	45.3
2 Yes	69	50	35	66	104	54.7
Valid responses =	137	72	53	28	190	0.3

Invalid responses include no response.



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#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

#### Sleep Apnea

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	544	46	57	58	601	46.5
2 Yes	649	54	42	42	691	53.5
Valid responses =	1193	92	99	8	1292	1.9

Invalid responses include no response.

**65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

#### Thyroid condition or disorder

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	427	19	34	20	461	19.3
2 Yes	1789	81	137	80	1926	80.7
Valid responses =	2216	93	171	7	2387	3.5

Invalid responses include no response.

**65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

#### Tourette's or other neurodevelopmental condition not already listed

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	151	58	30	44	181	55.2
2 Yes	109	42	38	56	147	44.8
Valid responses =	260	79	68	21	328	0.5

Invalid responses include no response.

**65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

#### Traumatic brain injury (TBI)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	388	58	44	48	432	57.0
2 Yes	279	42	47	52	326	43.0
Valid responses =	667	88	91	12	758	1.1

Invalid responses include no response.

**65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

#### Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	343	37	27	38	370	37.1
2 Yes	582	63	44	62	626	62.9
Valid responses =	925	93	71	7	996	1.5

Invalid responses include no response.

**65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

#### Other ongoing or chronic condition not listed above

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1392	43	177	38	1569	42.2
2 Yes	1859	57	287	62	2146	57.8
Valid responses =	3251	88	464	12	3715	5.5

Invalid responses include no response.

**65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

#### ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	567	11	101	11	668	11.2
2 Medicine only	2225	44	270	30	2495	41.7
3 Therapy only	470	9	127	14	597	10.0
4 Both medicine and therapy	1775	35	407	45	2182	36.5
5 Other Treatment	31	1	7	1	38	0.6
Valid responses =	5068	85	912	15	5980	8.8

Invalid responses include no response.



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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

##### Alcohol or Other Drug-Related Abuse or Addiction

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	66	19	8	14	74	18.5
2 Medicine only	12	4	1	2	13	3.3
3 Therapy only	172	50	30	53	202	50.5
4 Both medicine and therapy	79	23	7	12	86	21.5
5 Other Treatment	14	4	11	19	25	6.3
Valid responses =	343	86	57	14	400	0.6

Invalid responses include no response.

#### 65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

##### Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1069	7	89	5	1158	6.5
2 Medicine only	3303	21	261	13	3564	20.0
3 Therapy only	3892	25	484	24	4376	24.6
4 Both medicine and therapy	7439	47	1152	58	8591	48.3
5 Other Treatment	98	1	7	0	105	0.6
Valid responses =	15801	89	1993	11	17794	26.1

Invalid responses include no response.

#### 65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

##### Autism spectrum

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	142	35	97	38	239	36.2
2 Medicine only	25	6	7	3	32	4.8
3 Therapy only	145	36	117	46	262	39.7
4 Both medicine and therapy	88	22	27	11	115	17.4
5 Other Treatment	5	1	7	3	12	1.8
Valid responses =	405	61	255	39	660	1.0

Invalid responses include no response.

#### 65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

##### Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	60	6	13	6	73	5.8
2 Medicine only	223	21	25	12	248	19.7
3 Therapy only	113	11	29	13	142	11.3
4 Both medicine and therapy	643	62	147	68	790	62.7
5 Other Treatment	5	1	2	1	7	0.6
Valid responses =	1044	83	216	17	1260	1.9

Invalid responses include no response.

#### 65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

##### Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	48	11	11	8	59	9.8
2 Medicine only	37	8	8	6	45	7.5
3 Therapy only	128	28	47	32	175	29.0
4 Both medicine and therapy	242	53	78	54	320	53.0
5 Other Treatment	4	1	1	1	5	0.8
Valid responses =	459	76	145	24	604	0.9

Invalid responses include no response.





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#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	600	5	68	4	668	4.8
2 Medicine only	2315	19	233	13	2548	18.5
3 Therapy only	2526	21	383	21	2909	21.1
4 Both medicine and therapy	6442	54	1167	63	7609	55.1
5 Other Treatment	61	1	8	0	69	0.5
Valid responses =	11944	87	1859	13	13803	20.3

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	326	17	67	21	393	17.2
2 Medicine only	77	4	12	4	89	3.9
3 Therapy only	1082	55	169	53	1251	54.7
4 Both medicine and therapy	426	22	65	20	491	21.5
5 Other Treatment	53	3	9	3	62	2.7
Valid responses =	1964	86	322	14	2286	3.4

Invalid responses include no response.

65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gambling Disorder

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	4	29	0	0	4	18.2
2 Medicine only	1	7	1	13	2	9.1
3 Therapy only	8	57	3	38	11	50.0
4 Both medicine and therapy	1	7	2	25	3	13.6
5 Other Treatment	0	0	2	25	2	9.1
Valid responses =	14	64	8	36	22	0.0

Invalid responses include no response.

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Insomnia

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	421	19	64	18	485	19.0
2 Medicine only	799	37	108	30	907	35.5
3 Therapy only	279	13	56	15	335	13.1
4 Both medicine and therapy	646	30	128	35	774	30.3
5 Other Treatment	45	2	10	3	55	2.2
Valid responses =	2190	86	366	14	2556	3.8

Invalid responses include no response.

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	207	9	44	11	251	9.5
2 Medicine only	277	12	29	7	306	11.6
3 Therapy only	680	31	132	33	812	30.8
4 Both medicine and therapy	1052	47	191	48	1243	47.2
5 Other Treatment	16	1	6	2	22	0.8
Valid responses =	2232	85	402	15	2634	3.9

Invalid responses include no response.



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### Side-by-side Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	225	7	34	5	259	6.8
2 Medicine only	200	6	26	4	226	6.0
3 Therapy only	1372	44	279	43	1651	43.6
4 Both medicine and therapy	1322	42	298	46	1620	42.7
5 Other Treatment	29	1	6	1	35	0.9
Valid responses =	3148	83	643	17	3791	5.6

Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	10	15	2	6	12	11.5
2 Medicine only	16	23	2	6	18	17.3
3 Therapy only	7	10	11	31	18	17.3
4 Both medicine and therapy	33	48	17	49	50	48.1
5 Other Treatment	3	4	3	9	6	5.8
Valid responses =	69	66	35	34	104	0.2

Invalid responses include no response.

65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	31	28	13	34	44	29.9
2 Medicine only	32	29	9	24	41	27.9
3 Therapy only	21	19	6	16	27	18.4
4 Both medicine and therapy	20	18	7	18	27	18.4
5 Other Treatment	5	5	3	8	8	5.4
Valid responses =	109	74	38	26	147	0.2

Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	77	28	8	17	85	26.1
2 Medicine only	52	19	8	17	60	18.4
3 Therapy only	46	17	9	19	55	16.9
4 Both medicine and therapy	77	28	14	30	91	27.9
5 Other Treatment	27	10	8	17	35	10.7
Valid responses =	279	86	47	14	326	0.5

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Acne

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	949	12	81	21	1030	12.6
2 Yes	6799	88	314	80	7113	87.4
Valid responses =	7748	95	395	5	8143	12.0

Invalid responses include no response.

65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - food allergy

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1072	41	79	43	1151	41.4
2 Yes	1523	59	106	57	1629	58.6
Valid responses =	2595	93	185	7	2780	4.1

Invalid responses include no response.



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**65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Allergies - animals/pets**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	700	29	43	29	743	29.1
2 Yes	1704	71	106	71	1810	70.9
Valid responses =	2404	94	149	6	2553	3.7

Invalid responses include no response.

**65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Allergies - environmental (for example: pollen, grass, dust, mold)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1459	26	92	28	1551	26.4
2 Yes	4098	74	232	72	4330	73.6
Valid responses =	5557	94	324	6	5881	8.6

Invalid responses include no response.

**65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Asthma**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	569	16	39	14	608	15.5
2 Yes	3073	84	247	86	3320	84.5
Valid responses =	3642	93	286	7	3928	5.8

Invalid responses include no response.

**65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Cancer**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	126	39	13	57	139	40.1
2 Yes	198	61	10	44	208	59.9
Valid responses =	324	93	23	7	347	0.5

Invalid responses include no response.

**65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Celiac disease**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	120	38	16	44	136	38.9
2 Yes	194	62	20	56	214	61.1
Valid responses =	314	90	36	10	350	0.5

Invalid responses include no response.

**65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	571	18	115	25	686	19.0
2 Yes	2592	82	341	75	2933	81.0
Valid responses =	3163	87	456	13	3619	5.3

Invalid responses include no response.

**65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Diabetes or pre-diabetes/insulin resistance**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	232	21	26	25	258	21.2
2 Yes	881	79	79	75	960	78.8
Valid responses =	1113	91	105	9	1218	1.8

Invalid responses include no response.



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**65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**

**Endometriosis**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	158	23	19	30	177	23.9
2 Yes	520	77	45	70	565	76.1
Valid responses =	678	91	64	9	742	1.1

Invalid responses include no response.

**65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**

**Genital herpes**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	16	3	11	48	15.1
2 Yes	245	85	25	89	270	84.9
Valid responses =	290	91	28	9	318	0.5

Invalid responses include no response.

**65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**

**Gastroesophageal Reflux Disease (GERD) or acid reflux**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	266	14	27	15	293	14.1
2 Yes	1637	86	150	85	1787	85.9
Valid responses =	1903	91	177	9	2080	3.1

Invalid responses include no response.

**65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**

**Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	331	36	24	27	355	35.1
2 Yes	593	64	64	73	657	64.9
Valid responses =	924	91	88	9	1012	1.5

Invalid responses include no response.

**65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**

**Hepatitis B or C**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	49	2	25	23	45.1
2 Yes	22	51	6	75	28	54.9
Valid responses =	43	84	8	16	51	0.1

Invalid responses include no response.

**65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**

**High blood pressure (hypertension)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	282	20	27	31	309	20.7
2 Yes	1122	80	59	69	1181	79.3
Valid responses =	1404	94	86	6	1490	2.2

Invalid responses include no response.

**65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**

**High cholesterol (hyperlipidemia)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	581	44	26	33	607	43.8
2 Yes	728	56	52	67	780	56.2
Valid responses =	1309	94	78	6	1387	2.0

Invalid responses include no response.



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**65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**  
**HIV or AIDS**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	19	1	10	10	17.2
2 Yes	39	81	9	90	48	82.8
Valid responses =	48	83	10	17	58	0.1

Invalid responses include no response.

**65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**  
**Human papillomavirus (HPV) or genital warts**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	202	48	9	35	211	46.9
2 Yes	222	52	17	65	239	53.1
Valid responses =	424	94	26	6	450	0.7

Invalid responses include no response.

**65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**  
**Irritable bowel syndrome (spastic colon or spastic bowel)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	582	28	40	22	622	27.9
2 Yes	1469	72	141	78	1610	72.1
Valid responses =	2051	92	181	8	2232	3.3

Invalid responses include no response.

**65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**  
**Migraine headaches**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	949	23	100	28	1049	23.8
2 Yes	3099	77	264	73	3363	76.2
Valid responses =	4048	92	364	8	4412	6.5

Invalid responses include no response.

**65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**  
**Polycystic Ovarian Syndrome (PCOS)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	317	23	23	18	340	22.1
2 Yes	1093	78	106	82	1199	77.9
Valid responses =	1410	92	129	8	1539	2.3

Invalid responses include no response.

**65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**  
**Sleep Apnea**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	140	22	12	29	152	22.2
2 Yes	504	78	30	71	534	77.8
Valid responses =	644	94	42	6	686	1.0

Invalid responses include no response.

**65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**  
**Thyroid condition or disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	261	15	19	14	280	14.7
2 Yes	1512	85	118	86	1630	85.3
Valid responses =	1773	93	137	7	1910	2.8

Invalid responses include no response.



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65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	89	15	4	9	93	14.9
2 Yes	490	85	40	91	530	85.1
Valid responses =	579	93	44	7	623	0.9

Invalid responses include no response.

65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Acne

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	496	56	48	63	544	56.8
2 Yes	386	44	28	37	414	43.2
Valid responses =	882	92	76	8	958	1.4

Invalid responses include no response.

65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	377	68	68	68	445	67.8
2 Yes	179	32	32	32	211	32.2
Valid responses =	556	85	100	15	656	1.0

Invalid responses include no response.

65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	67	8	100	52	70.3
2 Yes	22	33	0	0	22	29.7
Valid responses =	66	89	8	11	74	0.1

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - food allergy

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	567	56	46	61	613	56.2
2 Yes	448	44	29	39	477	43.8
Valid responses =	1015	93	75	7	1090	1.6

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - animals/pets

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	403	61	26	65	429	60.8
2 Yes	263	40	14	35	277	39.2
Valid responses =	666	94	40	6	706	1.0

Invalid responses include no response.

65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	792	59	61	70	853	59.3
2 Yes	560	41	26	30	586	40.7
Valid responses =	1352	94	87	6	1439	2.1

Invalid responses include no response.



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**65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Anxiety** (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	747	71	70	79	817	71.5
2 Yes	307	29	19	21	326	28.5
Valid responses =	1054	92	89	8	1143	1.7

Invalid responses include no response.

**65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Asthma**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	301	56	26	74	327	56.7
2 Yes	241	45	9	26	250	43.3
Valid responses =	542	94	35	6	577	0.8

Invalid responses include no response.

**65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Autism spectrum**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	50	86	10	77	60	84.5
2 Yes	8	14	3	23	11	15.5
Valid responses =	58	82	13	18	71	0.1

Invalid responses include no response.

**65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Bipolar and Related Conditions** (for example: Bipolar I, II, Hypomanic Episode)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	43	72	9	69	52	71.2
2 Yes	17	28	4	31	21	28.8
Valid responses =	60	82	13	18	73	0.1

Invalid responses include no response.

**65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	75	6	55	42	71.2
2 Yes	12	25	5	46	17	28.8
Valid responses =	48	81	11	19	59	0.1

Invalid responses include no response.

**65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Cancer**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	24	5	42	34	25.6
2 Yes	92	76	7	58	99	74.4
Valid responses =	121	91	12	9	133	0.2

Invalid responses include no response.

**65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Celiac disease**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	78	70	10	63	88	69.3
2 Yes	33	30	6	38	39	30.7
Valid responses =	111	87	16	13	127	0.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	383	71	82	75	465	72.0
2 Yes	154	29	27	25	181	28.0
Valid responses =	537	83	109	17	646	0.9

Invalid responses include no response.

**65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	434	73	51	75	485	73.0
2 Yes	162	27	17	25	179	27.0
Valid responses =	596	90	68	10	664	1.0

Invalid responses include no response.

**65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Diabetes or pre-diabetes/insulin resistance**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	108	52	14	61	122	52.8
2 Yes	100	48	9	39	109	47.2
Valid responses =	208	90	23	10	231	0.3

Invalid responses include no response.

**65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	238	74	50	76	288	74.0
2 Yes	85	26	16	24	101	26.0
Valid responses =	323	83	66	17	389	0.6

Invalid responses include no response.

**65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Endometriosis**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	99	67	13	72	112	67.9
2 Yes	48	33	5	28	53	32.1
Valid responses =	147	89	18	11	165	0.2

Invalid responses include no response.

**65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Gambling Disorder**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	75	0	0	3	75.0
2 Yes	1	25	0	0	1	25.0
Valid responses =	4	100	0	0	4	0.0

Invalid responses include no response.

**65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Genital herpes**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	46	3	100	23	48.9
2 Yes	24	55	0	0	24	51.1
Valid responses =	44	94	3	6	47	0.1

Invalid responses include no response.





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### Cisgender & Transgender/Gender Non-Conforming Students

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Number of Surveys (n) = 68085 Web Surveys

**65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	160	63	14	56	174	62.4
2 Yes	94	37	11	44	105	37.6
Valid responses =	254	91	25	9	279	0.4

Invalid responses include no response.

**65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	104	33	7	30	111	33.1
2 Yes	208	67	16	70	224	66.9
Valid responses =	312	93	23	7	335	0.5

Invalid responses include no response.

**65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Hepatitis B or C

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	55	1	50	12	54.5
2 Yes	9	45	1	50	10	45.5
Valid responses =	20	91	2	9	22	0.0

Invalid responses include no response.

**65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High blood pressure (hypertension)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	112	42	10	37	122	41.6
2 Yes	154	58	17	63	171	58.4
Valid responses =	266	91	27	9	293	0.4

Invalid responses include no response.

**65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	229	42	9	38	238	42.2
2 Yes	311	58	15	63	326	57.8
Valid responses =	540	96	24	4	564	0.8

Invalid responses include no response.

**65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

HIV or AIDS

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	67	1	100	7	70.0
2 Yes	3	33	0	0	3	30.0
Valid responses =	9	90	1	10	10	0.0

Invalid responses include no response.

**65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47	25	0	0	47	24.1
2 Yes	140	75	8	100	148	75.9
Valid responses =	187	96	8	4	195	0.3

Invalid responses include no response.



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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Insomnia

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	309	75	48	75	357	75.3
2 Yes	101	25	16	25	117	24.7
Valid responses =	410	86	64	14	474	0.7

Invalid responses include no response.

**65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	337	61	26	67	363	61.5
2 Yes	214	39	13	33	227	38.5
Valid responses =	551	93	39	7	590	0.9

Invalid responses include no response.

**65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Migraine headaches

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	572	64	76	78	648	65.1
2 Yes	327	36	21	22	348	34.9
Valid responses =	899	90	97	10	996	1.5

Invalid responses include no response.

**65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	139	68	34	77	173	69.2
2 Yes	67	33	10	23	77	30.8
Valid responses =	206	82	44	18	250	0.4

Invalid responses include no response.

**65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	173	58	15	68	188	58.9
2 Yes	124	42	7	32	131	41.1
Valid responses =	297	93	22	7	319	0.5

Invalid responses include no response.

**65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	178	80	29	85	207	80.2
2 Yes	46	21	5	15	51	19.8
Valid responses =	224	87	34	13	258	0.4

Invalid responses include no response.

**65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	70	1	50	8	66.7
2 Yes	3	30	1	50	4	33.3
Valid responses =	10	83	2	17	12	0.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Sleep Apnea

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	104	77	8	67	112	76.2
2 Yes	31	23	4	33	35	23.8
Valid responses =	135	92	12	8	147	0.2

Invalid responses include no response.

**65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Thyroid condition or disorder

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	101	42	9	50	110	42.3
2 Yes	141	58	9	50	150	57.7
Valid responses =	242	93	18	7	260	0.4

Invalid responses include no response.

**65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	48	7	54	22	50.0
2 Yes	16	52	6	46	22	50.0
Valid responses =	31	70	13	30	44	0.1

Invalid responses include no response.

**65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	38	5	63	34	40.0
2 Yes	48	62	3	38	51	60.0
Valid responses =	77	91	8	9	85	0.1

Invalid responses include no response.

**65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	48	55	2	50	50	54.9
2 Yes	39	45	2	50	41	45.1
Valid responses =	87	96	4	4	91	0.1

Invalid responses include no response.

**65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?**

(only includes students with an ongoing or chronic condition)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	29599	63	1196	34	30795	60.5
2 Negatively impacted performance in a class	14819	31	1794	51	16613	32.6
3 Delayed progress towards degree	2976	6	522	15	3498	6.9
Valid responses =	47394	93	3512	7	50906	74.8

Invalid responses include no response.

**66A) Within the last 12 months, have any of the following affected your academic performance?**

Assault (physical)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	61766	97	3747	94	65513	96.9
2 Did not affect academic performance	1283	2	156	4	1439	2.1
3 Negatively impacted performance in a class	444	1	58	2	502	0.7
4 Delayed progress towards degree	106	0	16	0	122	0.2
Valid responses =	63599	94	3977	6	67576	99.3

Invalid responses include no response.



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#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 66B) Within the last 12 months, have any of the following affected your academic performance? Assault (sexual)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	59271	93	3456	87	62727	93.1
2 Did not affect academic performance	2791	4	299	8	3090	4.6
3 Negatively impacted performance in a class	1139	2	181	5	1320	2.0
4 Delayed progress towards degree	235	0	35	1	270	0.4
Valid responses =	63436	94	3971	6	67407	99.0

Invalid responses include no response.

#### 66C) Within the last 12 months, have any of the following affected your academic performance? Allergies

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	40612	64	2308	58	42920	63.8
2 Did not affect academic performance	20730	33	1482	37	22212	33.0
3 Negatively impacted performance in a class	1826	3	154	4	1980	2.9
4 Delayed progress towards degree	152	0	14	0	166	0.2
Valid responses =	63320	94	3958	6	67278	98.8

Invalid responses include no response.

#### 66D) Within the last 12 months, have any of the following affected your academic performance? Anxiety

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	21159	34	585	15	21744	32.4
2 Did not affect academic performance	20338	32	1030	26	21368	31.8
3 Negatively impacted performance in a class	19143	30	1984	50	21127	31.5
4 Delayed progress towards degree	2511	4	353	9	2864	4.3
Valid responses =	63151	94	3952	6	67103	98.6

Invalid responses include no response.

#### 66E) Within the last 12 months, have any of the following affected your academic performance? Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	53413	84	2397	60	55810	82.7
2 Did not affect academic performance	3237	5	309	8	3546	5.3
3 Negatively impacted performance in a class	5720	9	1004	25	6724	10.0
4 Delayed progress towards degree	1112	2	257	7	1369	2.0
Valid responses =	63482	94	3967	6	67449	99.1

Invalid responses include no response.

#### 66F) Within the last 12 months, have any of the following affected your academic performance? Concussion or Traumatic Brain Injury (TBI)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	61484	97	3750	95	65234	96.6
2 Did not affect academic performance	952	2	87	2	1039	1.5
3 Negatively impacted performance in a class	904	1	100	3	1004	1.5
4 Delayed progress towards degree	202	0	33	1	235	0.3
Valid responses =	63542	94	3970	6	67512	99.2

Invalid responses include no response.

#### 66G) Within the last 12 months, have any of the following affected your academic performance? Depression

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	37382	59	1013	26	38395	57.0
2 Did not affect academic performance	10722	17	769	19	11491	17.0
3 Negatively impacted performance in a class	12753	20	1740	44	14493	21.5
4 Delayed progress towards degree	2586	4	444	11	3030	4.5
Valid responses =	63443	94	3966	6	67409	99.0

Invalid responses include no response.



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#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 66H) Within the last 12 months, have any of the following affected your academic performance? Eating disorder/problem

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	54137	86	2706	69	56843	84.6
2 Did not affect academic performance	6697	11	848	22	7545	11.2
3 Negatively impacted performance in a class	2096	3	337	9	2433	3.6
4 Delayed progress towards degree	307	1	58	2	365	0.5
Valid responses =	63237	94	3949	6	67186	98.7

Invalid responses include no response.

#### 66I) Within the last 12 months, have any of the following affected your academic performance? Headaches/migraines

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	40613	64	2140	54	42753	63.6
2 Did not affect academic performance	15237	24	1035	26	16272	24.2
3 Negatively impacted performance in a class	6890	11	698	18	7588	11.3
4 Delayed progress towards degree	513	1	78	2	591	0.9
Valid responses =	63253	94	3951	6	67204	98.7

Invalid responses include no response.

#### 66J) Within the last 12 months, have any of the following affected your academic performance? Influenza or influenza like illness (the flu)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	56134	89	3440	87	59574	88.5
2 Did not affect academic performance	4513	7	297	8	4810	7.1
3 Negatively impacted performance in a class	2545	4	207	5	2752	4.1
4 Delayed progress towards degree	148	0	21	1	169	0.3
Valid responses =	63340	94	3965	6	67305	98.9

Invalid responses include no response.

#### 66K) Within the last 12 months, have any of the following affected your academic performance? Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	57065	90	3465	87	60530	89.7
2 Did not affect academic performance	4919	8	329	8	5248	7.8
3 Negatively impacted performance in a class	1331	2	157	4	1488	2.2
4 Delayed progress towards degree	218	0	24	1	242	0.4
Valid responses =	63533	94	3975	6	67508	99.2

Invalid responses include no response.

#### 66L) Within the last 12 months, have any of the following affected your academic performance? PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	43401	68	2444	62	45845	67.9
2 Did not affect academic performance	14558	23	919	23	15477	22.9
3 Negatively impacted performance in a class	5236	8	576	15	5812	8.6
4 Delayed progress towards degree	337	1	35	1	372	0.6
Valid responses =	63532	94	3974	6	67506	99.1

Invalid responses include no response.

#### 66M) Within the last 12 months, have any of the following affected your academic performance? Post Traumatic Stress Disorder (PTSD)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	58613	93	3032	77	61645	91.6
2 Did not affect academic performance	2460	4	386	10	2846	4.2
3 Negatively impacted performance in a class	1784	3	413	10	2197	3.3
4 Delayed progress towards degree	466	1	127	3	593	0.9
Valid responses =	63323	94	3958	6	67281	98.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
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(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 66N) Within the last 12 months, have any of the following affected your academic performance? Short-term illness, excluding upper respiratory illness and influenza

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	54174	85	3229	81	57403	85.2
2 Did not affect academic performance	6124	10	456	12	6580	9.8
3 Negatively impacted performance in a class	2938	5	253	6	3191	4.7
4 Delayed progress towards degree	183	0	27	1	210	0.3
Valid responses =	63419	94	3965	6	67384	99.0

Invalid responses include no response.

#### 66O) Within the last 12 months, have any of the following affected your academic performance? Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	47048	74	2812	71	49860	73.9
2 Did not affect academic performance	11380	18	735	19	12115	18.0
3 Negatively impacted performance in a class	4814	8	394	10	5208	7.7
4 Delayed progress towards degree	247	0	29	1	276	0.4
Valid responses =	63489	94	3970	6	67459	99.1

Invalid responses include no response.

#### 66P) Within the last 12 months, have any of the following affected your academic performance? Sleep difficulties

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	32057	51	1306	33	33363	49.4
2 Did not affect academic performance	16566	26	1040	26	17606	26.1
3 Negatively impacted performance in a class	13616	21	1473	37	15089	22.4
4 Delayed progress towards degree	1259	2	155	4	1414	2.1
Valid responses =	63498	94	3974	6	67472	99.1

Invalid responses include no response.

#### 66Q) Within the last 12 months, have any of the following affected your academic performance? Stress

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	14963	24	480	12	15443	22.9
2 Did not affect academic performance	22776	36	991	25	23767	35.2
3 Negatively impacted performance in a class	22662	36	2115	53	24777	36.7
4 Delayed progress towards degree	3090	5	382	10	3472	5.1
Valid responses =	63491	94	3968	6	67459	99.1

Invalid responses include no response.

#### 66R) Within the last 12 months, have any of the following affected your academic performance? Other issue not previously reported

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	45844	98	2721	95	48565	97.7
2 Did not affect academic performance	314	1	34	1	348	0.7
3 Negatively impacted performance in a class	475	1	68	2	543	1.1
4 Delayed progress towards degree	202	0	36	1	238	0.5
Valid responses =	46835	94	2859	6	49694	73.0

Invalid responses include no response.

#### 67A) What sex were you assigned at birth?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	44853	70	3201	80	48054	70.6
2 Male	19214	30	791	20	20005	29.4
3 Intersex	7	0	19	1	26	0.0
Valid responses =	64074	94	4011	6	68085	100.0

Invalid responses include no response.

#### 67B) Do you identify as transgender?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64074	100	1824	46	65898	96.8
2 Yes	0	0	2187	55	2187	3.2
Valid responses =	64074	94	4011	6	68085	100.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 67C) Which term do you use to describe your gender identity?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	44855	70	381	10	45236	66.4
2 Man or male	19219	30	308	8	19527	28.7
3 Trans woman	0	0	117	3	117	0.2
4 Trans man	0	0	253	6	253	0.4
5 Genderqueer	0	0	474	12	474	0.7
6 My identity is not listed	0	0	0	0	0	0.0
7 Agender	0	0	208	5	208	0.3
8 Genderfluid	0	0	429	11	429	0.6
9 Non-binary	0	0	1832	46	1832	2.7
10 Intersex	0	0	9	0	9	0.0
Valid responses =	64074	94	4011	6	68085	100.0

Invalid responses include no response.

#### 68) What term best describes your sexual orientation?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual (from write-ins)	661	1	256	6	917	1.4
2 Bisexual	7750	12	999	25	8749	12.9
3 Gay	1152	2	197	5	1349	2.0
4 Lesbian	1203	2	466	12	1669	2.5
5 Pansexual	1188	2	544	14	1732	2.6
6 Queer	1047	2	889	22	1936	2.9
7 Questioning	1773	3	104	3	1877	2.8
9 Straight/Heterosexual	48753	76	488	12	49241	72.6
10 My identity not listed above	267	0	64	2	331	0.5
Valid responses =	63794	94	4007	6	67801	99.6

Invalid responses include no response.

#### 69) How old are you?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	6838	11	520	13	7358	10.9
2 19 Years	11595	18	765	19	12360	18.3
3 20 Years	10609	17	723	18	11332	16.8
4 21 Years	9776	15	659	17	10435	15.4
5 22 Years	6144	10	405	10	6549	9.7
6 23 Years	2946	5	180	5	3126	4.6
7 24 Years	2222	4	120	3	2342	3.5
8 25 Years	1823	3	105	3	1928	2.9
9 26 to 30 Years	5615	9	293	7	5908	8.7
10 31 to 40 Years	3736	6	164	4	3900	5.8
11 41 or More Years	2270	4	51	1	2321	3.4
Valid responses =	63574	94	3985	6	67559	99.2

Invalid responses include no response.

	Mean	Median	Std Dev	Max
Cisgender	22.94	21.00	6.66	84
Trans/GNC	21.83	20.00	5.03	91
Overall	22.88	21.00	6.58	91

#### 71) What is your weight in pounds?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	1338	2	112	3	1450	2.2
2 101 to 150 Pounds	31768	51	1932	50	33700	50.5
3 151 to 200 Pounds	21848	35	1249	32	23097	34.6
4 201 to 250 Pounds	5877	9	421	11	6298	9.4
5 251 to 300 Pounds	1534	2	137	4	1671	2.5
6 301 or More Pounds	507	1	45	1	552	0.8
Valid responses =	62872	94	3896	6	66768	98.1

Invalid responses include no response.

	Mean	Median	Std Dev	Max
Cisgender	158.59	150.00	41.6	500
Trans/GNC	161.09	150.00	46.49	454
Overall	158.73	150.00	41.91	500



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 72) What is your year in school?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	13632	21	960	24	14592	21.5
2 2nd year undergraduate	11565	18	808	20	12373	18.2
3 3rd year undergraduate	12607	20	872	22	13479	19.8
4 4th year undergraduate	10162	16	633	16	10795	15.9
5 5th year or more undergraduate	2311	4	170	4	2481	3.6
6 Master's (MA, MS, etc.)	7611	12	316	8	7927	11.7
7 Doctorate (PhD, EdD, MD, JD, etc.)	5342	8	203	5	5545	8.2
8 Not seeking a degree	180	0	11	0	191	0.3
9 Other (please specify):	564	1	32	1	596	0.9
Valid responses =	63974	94	4005	6	67979	99.8

Invalid responses include no response.

#### 73) What is your enrollment status?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	58503	92	3662	92	62165	91.6
2 Part-time	5022	8	305	8	5327	7.9
3 Other	323	1	26	1	349	0.5
Valid responses =	63848	94	3993	6	67841	99.6

Invalid responses include no response.

#### 73A) I am taking classes this term:

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	32033	50	2151	54	34184	50.4
2 Entirely online	6626	10	319	8	6945	10.2
3 A mix of in-person and online classes	25164	39	1521	38	26685	39.4
Valid responses =	63823	94	3991	6	67814	99.6

Invalid responses include no response.

#### 74) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55782	88	3671	92	59453	87.9
2 Yes	7896	12	309	8	8205	12.1
Valid responses =	63678	94	3980	6	67658	99.4

Invalid responses include no response.

#### 75A1) How do you usually describe yourself? (Please select ALL that apply) American Indian or Native Alaskan

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	62652	98	3896	97	66548	97.7
1 Selected	1422	2	115	3	1537	2.3
Valid responses =	64074	94	4011	6	68085	100.0

Invalid responses include no response.

#### 75A2) How do you usually describe yourself? (Please select ALL that apply) Asian or Asian American

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	54686	85	3544	88	58230	85.5
1 Selected	9388	15	467	12	9855	14.5
Valid responses =	64074	94	4011	6	68085	100.0

Invalid responses include no response.

#### 75A3) How do you usually describe yourself? (Please select ALL that apply) Black or African American

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	59980	94	3798	95	63778	93.7
1 Selected	4094	6	213	5	4307	6.3
Valid responses =	64074	94	4011	6	68085	100.0

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 75A4) How do you usually describe yourself? (Please select ALL that apply) Hispanic or Latino/a/x

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	56388	88	3570	89	59958	88.1
1 Selected	7686	12	441	11	8127	11.9
Valid responses =	64074	94	4011	6	68085	100.0

Invalid responses include no response.

#### 75A5) How do you usually describe yourself? (Please select ALL that apply) Middle Eastern/North African (MENA) or Arab Origin

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	62910	98	3942	98	66852	98.2
1 Selected	1164	2	69	2	1233	1.8
Valid responses =	64074	94	4011	6	68085	100.0

Invalid responses include no response.

#### 75A6) How do you usually describe yourself? (Please select ALL that apply) Native Hawaiian or Other Pacific Islander Native

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	63749	100	3985	99	67734	99.5
1 Selected	325	1	26	1	351	0.5
Valid responses =	64074	94	4011	6	68085	100.0

Invalid responses include no response.

#### 75A7) How do you usually describe yourself? (Please select ALL that apply) White

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	19831	31	952	24	20783	30.5
1 Selected	44243	69	3059	76	47302	69.5
Valid responses =	64074	94	4011	6	68085	100.0

Invalid responses include no response.

#### 75A8) How do you usually describe yourself? (Please select ALL that apply) Biracial or Multiracial

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	61355	96	3732	93	65087	95.6
1 Selected	2719	4	279	7	2998	4.4
Valid responses =	64074	94	4011	6	68085	100.0

Invalid responses include no response.

#### 75A9) How do you usually describe yourself? (Please select ALL that apply) Another Identity

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	63341	99	3953	99	67294	98.8
1 Selected	733	1	58	1	791	1.2
Valid responses =	64074	94	4011	6	68085	100.0

Invalid responses include no response.

#### 75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Mexican, Mexican American, Chicano

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3782	49	229	52	4011	49.4
1 Selected	3904	51	212	48	4116	50.6
Valid responses =	7686	95	441	5	8127	11.9

Invalid responses include no response.

#### 75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Puerto Rican

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6682	87	361	82	7043	86.7
1 Selected	1004	13	80	18	1084	13.3
Valid responses =	7686	95	441	5	8127	11.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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#### FREQUENCY REPORT

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#### 75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Cuban

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7185	94	402	91	7587	93.4
1 Selected	501	7	39	9	540	6.6
Valid responses =	7686	95	441	5	8127	11.9

Invalid responses include no response.

#### 75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Another Hispanic, Latino/a/x, or Spanish origin

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4933	64	292	66	5225	64.3
1 Selected	2753	36	149	34	2902	35.7
Valid responses =	7686	95	441	5	8127	11.9

Invalid responses include no response.

#### 75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) East Asian (for example: Chinese, Japanese, or Korean)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5197	55	194	42	5391	54.7
1 Selected	4191	45	273	59	4464	45.3
Valid responses =	9388	95	467	5	9855	14.5

Invalid responses include no response.

#### 75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7274	78	332	71	7606	77.2
1 Selected	2114	23	135	29	2249	22.8
Valid responses =	9388	95	467	5	9855	14.5

Invalid responses include no response.

#### 75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6205	66	390	84	6595	66.9
1 Selected	3183	34	77	17	3260	33.1
Valid responses =	9388	95	467	5	9855	14.5

Invalid responses include no response.

#### 75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) Other Asian

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	9202	98	461	99	9663	98.1
1 Selected	186	2	6	1	192	1.9
Valid responses =	9388	95	467	5	9855	14.5

Invalid responses include no response.

#### 76) What is your relationship status?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	32813	51	2083	52	34896	51.4
2 In relationship not married/partnered	24915	39	1642	41	26557	39.1
3 Married/partnered	6204	10	279	7	6483	9.5
Valid responses =	63932	94	4004	6	67936	99.8

Invalid responses include no response.

#### 77A) Are you a member of a social fraternity or sorority?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58199	91	3833	96	62032	91.3
2 Yes	5710	9	171	4	5881	8.7
Valid responses =	63909	94	4004	6	67913	99.7

Invalid responses include no response.



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#### 77B) Do you live in a fraternity or sorority residence?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63093	99	3957	99	67050	98.7
2 Yes	821	1	46	1	867	1.3
Valid responses =	63914	94	4003	6	67917	99.8

Invalid responses include no response.

#### 78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	24575	39	2000	51	26575	39.6
2 Parent/guardian/other family member's home	9099	14	486	12	9585	14.3
3 Off-campus/non-university housing	28440	45	1420	36	29860	44.5
4 Temporarily with relative, friend, couch surfing	190	0	22	1	212	0.3
5 Don't have a place to live	28	0	4	0	32	0.0
6 Other (please specify)	769	1	25	1	794	1.2
Valid responses =	63101	94	3957	6	67058	98.5

Invalid responses include no response.

#### 79) What is your primary source of health insurance?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 College/university Health Insurance Plan	8592	14	499	13	9091	13.4
2 Covered by parent/guardian plan	40426	63	2646	66	43072	63.5
3 Covered by employer-based plan	5477	9	212	5	5689	8.4
4 Medicaid, Medicare, SCHIP, VA/Tricare	4975	8	370	9	5345	7.9
5 I bought a plan on my own	1620	3	80	2	1700	2.5
6 Don't have health insurance	1576	3	116	3	1692	2.5
7 Don't know if I have health insurance	376	1	32	1	408	0.6
8 Have insurance, don't know primary source	819	1	47	1	866	1.3
Valid responses =	63861	94	4002	6	67863	99.7

Invalid responses include no response.

#### 80) What is your approximate cumulative grade average?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	7647	12	402	10	8049	11.9
2 A	20261	32	1145	29	21406	31.6
3 A-	12653	20	774	19	13427	19.8
4 B+	8713	14	521	13	9234	13.6
5 B	7191	11	493	12	7684	11.3
6 B-	2754	4	210	5	2964	4.4
7 C+	1617	3	139	4	1756	2.6
8 C	1257	2	133	3	1390	2.0
9 C-	404	1	45	1	449	0.7
10 D+	143	0	18	1	161	0.2
11 D	100	0	15	0	115	0.2
12 D-	33	0	8	0	41	0.1
13 F	43	0	10	0	53	0.1
14 N/A	1003	2	82	2	1085	1.6
Valid responses =	63819	94	3995	6	67814	99.6

Invalid responses include no response.

#### 81A) Do you participate in organized college athletics at any of the following levels?

##### Varsity

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59045	94	3872	97	62917	93.7
2 Yes	4105	7	104	3	4209	6.3
Valid responses =	63150	94	3976	6	67126	98.6

Invalid responses include no response.

#### 81B) Do you participate in organized college athletics at any of the following levels?

##### Club Sports

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57700	92	3649	92	61349	91.7
2 Yes	5216	8	318	8	5534	8.3
Valid responses =	62916	94	3967	6	66883	98.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Side-by-side Data Report - Spring 2022

American College Health Association  
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(410) 859-1500  
[www.acha.org](http://www.acha.org)

### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 81C) Do you participate in organized college athletics at any of the following levels? Intramurals

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55542	89	3745	95	59287	89.1
2 Yes	7051	11	186	5	7237	10.9
Valid responses =	62593	94	3931	6	66524	97.7

Invalid responses include no response.

#### 82A) Do you have any of the following? Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55414	87	2528	64	57942	85.7
2 Yes	8217	13	1442	36	9659	14.3
Valid responses =	63631	94	3970	6	67601	99.3

Invalid responses include no response.

#### 82B) Do you have any of the following? Autism Spectrum Disorder

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62433	98	3313	84	65746	97.4
2 Yes	1113	2	647	16	1760	2.6
Valid responses =	63546	94	3960	6	67506	99.1

Invalid responses include no response.

#### 82C) Do you have any of the following? Deaf/Hearing loss

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62222	98	3788	96	66010	97.9
2 Yes	1220	2	170	4	1390	2.1
Valid responses =	63442	94	3958	6	67400	99.0

Invalid responses include no response.

#### 82D) Do you have any of the following? Learning disability

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	60790	96	3479	88	64269	95.7
2 Yes	2407	4	472	12	2879	4.3
Valid responses =	63197	94	3951	6	67148	98.6

Invalid responses include no response.

#### 82E) Do you have any of the following? Mobility/Dexterity disability

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62833	99	3755	95	66588	98.7
2 Yes	650	1	204	5	854	1.3
Valid responses =	63483	94	3959	6	67442	99.1

Invalid responses include no response.

#### 82F) Do you have any of the following? Blind/Low Vision

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61239	97	3747	95	64986	96.5
2 Yes	2160	3	213	5	2373	3.5
Valid responses =	63399	94	3960	6	67359	98.9

Invalid responses include no response.

#### 82G) Do you have any of the following? Speech or language disorder

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62758	99	3847	97	66605	98.9
2 Yes	599	1	112	3	711	1.1
Valid responses =	63357	94	3959	6	67316	98.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### 83) Are you currently or have you been a member of the Armed Services?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62489	98	3937	99	66426	98.0
2 Yes, have served in area of hazardous duty	575	1	34	1	609	0.9
3 Yes, have not served in area hazardous duty	714	1	25	1	739	1.1
Valid responses =	63778	94	3996	6	67774	99.5

Invalid responses include no response.

#### 84) What is the highest level of education completed by either of your parents (or guardians)?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	2059	3	96	2	2155	3.2
2 High school diploma or GED	9166	14	436	11	9602	14.2
3 Attended college but no degree	5047	8	354	9	5401	8.0
4 Associate's degree	5618	9	364	9	5982	8.8
5 Bachelor's degree	19101	30	1150	29	20251	29.9
6 Master's degree	15446	24	1016	25	16462	24.3
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	6679	11	530	13	7209	10.6
8 Don't know	684	1	50	1	734	1.1
Valid responses =	63800	94	3996	6	67796	99.6

Invalid responses include no response.

#### 85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59950	94	3886	97	63836	94.2
2 Yes	3844	6	106	3	3950	5.8
Valid responses =	63794	94	3992	6	67786	99.6

Invalid responses include no response.

#### HT\_INCH Height in Inches

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0.0
2 37 to 48 Inches	1	0	0	0	1	0.0
3 49 to 60 Inches	2425	4	172	4	2597	3.9
4 61 to 72 Inches	55889	89	3579	91	59468	88.8
5 73 to 84 Inches	4672	7	187	5	4859	7.3
6 85 or More Inches	27	0	3	0	30	0.0
Valid responses =	63014	94	3941	6	66955	98.3

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

#### BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Max
Cisgender	0.04	0.02	0.06	0.50
Trans/GNC	0.04	0.02	0.05	0.45
Overall	0.04	0.02	0.06	0.50

#### BAC Estimated Blood Alcohol Content

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	15119	35	1008	39	16127	35.0
1 .01 to .05% Alcohol	16617	38	967	38	17584	38.2
2 .06 to .07% Alcohol	3186	7	187	7	3373	7.3
3 .08 to .09% Alcohol	2374	6	142	6	2516	5.5
4 .10 to .15% Alcohol	4006	9	178	7	4184	9.1
5 .16 to .20% Alcohol	1225	3	50	2	1275	2.8
6 .21 to .25% Alcohol	509	1	23	1	532	1.2
7 .26 to .30% Alcohol	218	1	11	0	229	0.5
8 .31 to .49% Alcohol	182	0	11	0	193	0.4
Valid responses =	43436	94	2577	6	46013	67.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	34922	80	2162	84	37084	80.6
1 .08% or higher	8514	20	415	16	8929	19.4
Valid responses =	43436	94	2577	6	46013	67.6

Invalid responses include no response.

#### RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	37296	86	2304	89	39600	86.1
1 .1% or higher	6140	14	273	11	6413	13.9
Valid responses =	43436	94	2577	6	46013	67.6

Invalid responses include no response.

#### BMI Body Mass Index

	Mean	Median	Std Dev	Max
Cisgender	25.13	24.00	5.94	94
Trans/GNC	25.99	24.00	6.92	76
Overall	25.18	24.00	6.01	94

#### RBMI Body Mass Index Classifications

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	3205	5	271	7	3476	5.2
2 Desired weight (18.5- 24.9)	34577	55	1861	48	36438	55.0
3 Overweight (25- 29.9)	14400	23	859	22	15259	23.0
4 Class I obesity (30- 34.9)	5942	10	456	12	6398	9.7
5 Class II obesity (35- 39.9)	2472	4	236	6	2708	4.1
6 Class III obesity (>=40)	1812	3	186	5	1998	3.0
Valid responses =	62408	94	3869	6	66277	97.3

Invalid responses include no response.

#### USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Max
Cisgender	1.80	1.00	2.14	6
Trans/GNC	2.34	2.00	2.3	6
Overall	1.84	1.00	2.15	6

#### RUSDAFI USDA Food Security Category

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	11281	18	1018	26	12299	18.3
2 Low food security (2-4)	15311	24	1055	27	16366	24.3
3 High or marginal food security (0-1)	36772	58	1882	48	38654	57.4
Valid responses =	63364	94	3955	6	67319	98.9

Invalid responses include no response.

#### KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Max
Cisgender	8.48	8.00	5.32	24
Trans/GNC	12.13	12.00	5.26	24
Overall	8.69	8.00	5.39	24

#### RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-4)	16513	26	310	8	16823	25.1
2 Moderate psychological distress (5-12)	32954	52	1782	45	34736	51.8
3 Serious psychological distress (13-24)	13680	22	1847	47	15527	23.1
Valid responses =	63147	94	3939	6	67086	98.5

Invalid responses include no response.

#### ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Max
Cisgender	5.50	6.00	1.88	9
Trans/GNC	6.28	6.00	1.85	9
Overall	5.55	6.00	1.89	9



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### RULS3 Recoded UCLA Loneliness Scale

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	31367	49	1306	33	32673	48.2
2 Positive for loneliness (6-9)	32440	51	2685	67	35125	51.8
Valid responses =	63807	94	3991	6	67798	99.6

Invalid responses include no response.

#### SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Max
Cisgender	5.18	4.00	3.02	18
Trans/GNC	8.26	8.00	3.89	18
Overall	5.36	4.00	3.16	18

#### RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	47583	75	1478	37	49061	72.5
2 Positive for suicidal screening (7-18)	16090	25	2502	63	18592	27.5
Valid responses =	63673	94	3980	6	67653	99.4

Invalid responses include no response.

#### DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Max
Cisgender	44.75	47.00	8.56	56
Trans/GNC	39.66	41.00	9.7	56
Overall	44.45	46.00	8.72	56

#### CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Max
Cisgender	6.05	6.00	1.54	8
Trans/GNC	5.34	5.00	1.7	8
Overall	6.00	6.00	1.56	8

#### SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Max
Cisgender	7.50	3.00	8.61	31
Trans/GNC	8.44	5.00	9.08	31
Overall	7.56	3.00	8.64	31

#### TOBACCORISK ASSIST Tobacco Risk

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	10553	51	617	47	11170	50.7
2 Moderate Risk (4-26)	9405	45	648	49	10053	45.6
3 High Risk (27-39)	765	4	63	5	828	3.8
Valid responses =	20723	94	1328	6	22051	32.4

Invalid responses include no response.

#### SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Max
Cisgender	6.88	6.00	5.89	39
Trans/GNC	6.99	6.00	6.3	39
Overall	6.89	6.00	5.92	39

#### ALCOHOLRISK ASSIST Alcohol Risk

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	36251	82	2289	81	38540	81.7
2 Moderate Risk (11-26)	7390	17	474	17	7864	16.7
3 High Risk (27-39)	693	2	63	2	756	1.6
Valid responses =	44334	94	2826	6	47160	69.3

Invalid responses include no response.

#### SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Max
Cisgender	5.75	3.00	7.19	39
Trans/GNC	8.15	6.00	8.38	39
Overall	5.94	3.00	7.32	39



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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### CANNABISRISK ASSIST Cannabis Risk

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	13607	54	836	40	14443	52.7
2 Moderate Risk (4-26)	11016	44	1168	55	12184	44.4
3 High Risk (27-39)	697	3	106	5	803	2.9
Valid responses =	25320	92	2110	8	27430	40.3

Invalid responses include no response.

#### SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Max
Cisgender	2.51	0.00	4.99	35
Trans/GNC	4.36	0.00	8.09	33
Overall	2.63	0.00	5.26	35

#### COCAINERISK ASSIST Cocaine Risk

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	2884	80	178	73	3062	79.9
2 Moderate Risk (4-26)	666	19	50	21	716	18.7
3 High Risk (27-39)	39	1	16	7	55	1.4
Valid responses =	3589	94	244	6	3833	5.6

Invalid responses include no response.

#### SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Max
Cisgender	3.04	0.00	6.67	38
Trans/GNC	9.17	3.00	12.09	33
Overall	3.66	0.00	7.63	38

#### METHRISK ASSIST Methamphetamine Risk

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	522	78	48	63	570	76.6
2 Moderate Risk (4-26)	123	18	13	17	136	18.3
3 High Risk (27-39)	23	3	15	20	38	5.1
Valid responses =	668	90	76	10	744	1.1

Invalid responses include no response.

#### SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Max
Cisgender	2.13	0.00	4.87	38
Trans/GNC	3.58	0.00	7.24	37
Overall	2.29	0.00	5.22	38

#### INHALANTRISK ASSIST Inhalant Risk

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1703	84	202	77	1905	83.4
2 Moderate Risk (4-26)	291	14	47	18	338	14.8
3 High Risk (27-39)	29	1	13	5	42	1.8
Valid responses =	2023	89	262	11	2285	3.4

Invalid responses include no response.

#### SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Max
Cisgender	2.33	0.00	4.68	37
Trans/GNC	3.82	0.00	6.91	33
Overall	2.44	0.00	4.89	37

#### RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	3768	80	265	72	4033	79.5
2 Moderate Risk (4-26)	897	19	88	24	985	19.4
3 High Risk (27-39)	40	1	13	4	53	1.0
Valid responses =	4705	93	366	7	5071	7.4

Invalid responses include no response.

#### SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Max
Cisgender	2.78	0.00	5.57	37
Trans/GNC	4.80	0.00	8.28	34
Overall	2.97	0.00	5.91	37





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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### SEDATIVERISK ASSIST Sedative Risk

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	2300	77	212	69	2512	76.4
2 Moderate Risk (4-26)	638	21	75	24	713	21.7
3 High Risk (27-39)	43	1	20	7	63	1.9
Valid responses =	2981	91	307	9	3288	4.8

Invalid responses include no response.

#### SSISHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Max
Cisgender	1.93	0.00	3.8	35
Trans/GNC	3.41	2.00	5.78	33
Overall	2.09	0.00	4.08	35

#### HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	4736	82	476	70	5212	80.8
2 Moderate Risk (4-26)	1006	17	187	28	1193	18.5
3 High Risk (27-39)	30	1	13	2	43	0.7
Valid responses =	5772	90	676	10	6448	9.5

Invalid responses include no response.

#### SSISHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Max
Cisgender	4.99	0.00	8.89	39
Trans/GNC	11.23	3.00	13.32	33
Overall	5.76	0.00	9.74	39

#### HEROINRISK ASSIST Heroin Risk

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	225	65	25	52	250	63.8
2 Moderate Risk (4-26)	96	28	10	21	106	27.0
3 High Risk (27-39)	23	7	13	27	36	9.2
Valid responses =	344	88	48	12	392	0.6

Invalid responses include no response.

#### SSISRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Max
Cisgender	2.01	0.00	4.99	37
Trans/GNC	4.12	0.00	7.81	33
Overall	2.21	0.00	5.35	37

#### RXOPIOIDRISK ASSIST Opioid Risk

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1805	84	161	73	1966	83.1
2 Moderate Risk (4-26)	307	14	48	22	355	15.0
3 High Risk (27-39)	35	2	11	5	46	1.9
Valid responses =	2147	91	220	9	2367	3.5

Invalid responses include no response.

#### SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Max
Cisgender	8.32	6.00	9.47	39
Trans/GNC	12.25	9.00	11.4	33
Overall	8.74	6.00	9.76	39

#### OTHERSSISRISK ASSIST Other Drug Risk

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	203	43	19	34	222	42.4
2 Moderate Risk (4-26)	227	49	26	46	253	48.3
3 High Risk (27-39)	38	8	11	20	49	9.4
Valid responses =	468	89	56	11	524	0.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Max
Cisgender	463.48	270.00	640.14	11040
Trans/GNC	342.22	186.00	496.94	11040
Overall	456.38	270.00	633.29	11040

#### PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19377	31	1573	40	20950	31.2
2 Yes	43798	69	2357	60	46155	68.8
Valid responses =	63175	94	3930	6	67105	98.6

Invalid responses include no response.

#### PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35409	56	2860	73	38269	57.0
2 Yes	27760	44	1070	27	28830	43.0
Valid responses =	63169	94	3930	6	67099	98.6

Invalid responses include no response.

#### HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41165	65	3153	80	44318	66.0
2 Yes	22004	35	777	20	22781	34.0
Valid responses =	63169	94	3930	6	67099	98.6

Invalid responses include no response.



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#### FREQUENCY REPORT

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#### QCOVID1 Have you ever had COVID-19 (the novel coronavirus disease)?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	25797	40	1134	28	26931	39.6
6 No	32947	52	2510	63	35457	52.1
7 Unsure	5276	8	366	9	5642	8.3
Valid responses =	64020	94	4010	6	68030	99.9

Invalid responses include no response.

#### QCOVID1A How severe were any symptoms that you experienced? (only includes students who selected Yes to ever having had COVID-19)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Severe (e.g., difficulty breathing or speaking, low blood pressure, high fever of 103 F (39.4 C or higher)	1608	6	104	9	1712	6.4
2 Moderate (e.g., some shortness of breath, cough, fever of 100.4 F (38 C) or higher)	10189	40	486	43	10675	39.7
3 Mild (e.g., cold-like symptoms)	11659	45	466	41	12125	45.1
4 No symptoms (asymptomatic)	2319	9	78	7	2397	8.9
Valid responses =	25775	96	1134	4	26909	39.5

Invalid responses include no response.

#### QCOVID1B Were you hospitalized because of your COVID-19 symptoms? (only includes students who selected Yes to ever having had COVID-19)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	358	1	21	2	379	1.4
2 No	25418	99	1110	98	26528	98.6
Valid responses =	25776	96	1131	4	26907	39.5

Invalid responses include no response.

#### QCOVID1C Did you/are you experiencing symptoms that have continued more than 4 weeks after your initial COVID-19 illness, and were not experienced before the illness? Examples include fatigue, brain fog, heart racing, headaches, or worsening mood. (only includes students who selected Yes to ever having COVID-19)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	7079	27.5	420	37.1	7499	27.9
2 No	18690	72.5	712	62.9	19402	72.1
Valid responses =	25769	96	1132	4	26901	39.5

Invalid responses include no response.

#### QCOVID2 Have you had a loved one, close family member, or friend die due to COVID-19?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	12225	19	683	17	12908	19.0
2 No	51783	81	3327	83	55110	81.0
Valid responses =	64008	94	4010	6	68018	99.9

Invalid responses include no response.

#### QCOVID3 Do you have a loved one, close family member, or friend that has been dealing with long term effects (or a long recovery) following a COVID-19 illness?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	19353	30	1447	36	20800	30.6
2 No	44636	70	2558	64	47194	69.4
Valid responses =	63989	94	4005	6	67994	99.9

Invalid responses include no response.

#### QCOVID5 I believe that my campus has done enough to protect students from COVID-19.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	2946	5	430	11	3376	5.0
2 Disagree	7058	11	922	23	7980	11.7
3 Neither disagree nor agree	10852	17	813	20	11665	17.1
4 Agree	27969	44	1384	35	29353	43.2
5 Strongly agree	15187	24	459	12	15646	23.0
Valid responses =	64012	94	4008	6	68020	99.9

Invalid responses include no response.



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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### QCOVID6A I follow my campus policies related to COVID-19.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1143	2	39	1	1182	1.7
2 Disagree	1314	2	52	1	1366	2.0
3 Neither disagree nor agree	4174	7	136	3	4310	6.3
4 Agree	24125	38	1203	30	25328	37.2
5 Strongly agree	32641	51	2513	63	35154	51.7
6 N/A, my campus does not have policies related to COVID-19	619	1	66	2	685	1.0
Valid responses =	64016	94	4009	6	68025	99.9

Invalid responses include no response.

#### QCOVID8 I believe that students at my school are taking precautions to protect one another from COVID-19.

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	3938	6	441	11	4379	6.4
2 Disagree	10427	16	976	24	11403	16.8
3 Neither disagree nor agree	17831	28	1058	26	18889	27.8
4 Agree	26027	41	1308	33	27335	40.2
5 Strongly agree	5782	9	225	6	6007	8.8
Valid responses =	64005	94	4008	6	68013	99.9

Invalid responses include no response.

#### QCOVID13A Over the past 30 days, on average, how much have you been concerned with the following?

##### How long the COVID-19 pandemic will last

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	10354	16	311	8	10665	15.7
2 Slightly concerned	15800	25	712	18	16512	24.3
3 Moderately concerned	20065	31	1253	31	21318	31.3
4 Very concerned	12108	19	1024	26	13132	19.3
5 Extremely concerned	5672	9	704	18	6376	9.4
Valid responses =	63999	94	4004	6	68003	99.9

Invalid responses include no response.

#### QCOVID13B Over the past 30 days, on average, how much have you been concerned with the following?

##### That you will get COVID-19 (only includes students who selected No or Unsure to having had COVID-19)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	9699	25	320	11	10019	24.4
2 Slightly concerned	11224	29	762	27	11986	29.2
3 Moderately concerned	9684	25	861	30	10545	25.7
4 Very concerned	5001	13	535	19	5536	13.5
5 Extremely concerned	2539	7	389	14	2928	7.1
Valid responses =	38147	93	2867	7	41014	60.2

Invalid responses include no response.

#### QCOVID13C Over the past 30 days, on average, how much have you been concerned with the following?

##### That you will get COVID-19 again (only includes students who selected Yes to having had COVID-19)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	10223	40	239	21	10462	38.9
2 Slightly concerned	7372	29	310	27	7682	28.6
3 Moderately concerned	4885	19	283	25	5168	19.2
4 Very concerned	2288	9	189	17	2477	9.2
5 Extremely concerned	1004	4	112	10	1116	4.1
Valid responses =	25772	96	1133	4	26905	39.5

Invalid responses include no response.

#### QCOVID13D Over the past 30 days, on average, how much have you been concerned with the following?

##### That someone you care about will get COVID-19

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	10916	17	348	9	11264	16.6
2 Slightly concerned	16210	25	766	19	16976	25.0
3 Moderately concerned	16946	27	1095	27	18041	26.5
4 Very concerned	12653	20	971	24	13624	20.0
5 Extremely concerned	7226	11	823	21	8049	11.8
Valid responses =	63951	94	4003	6	67954	99.8

Invalid responses include no response.



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### Cisgender & Transgender/Gender Non-Conforming Students

February 28, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

**QCOVID13E Over the past 30 days, on average, how much have you been concerned with the following?**  
**That someone you care about will die from COVID-19**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	19048	30	826	21	19874	29.2
2 Slightly concerned	16700	26	1010	25	17710	26.1
3 Moderately concerned	11304	18	767	19	12071	17.8
4 Very concerned	8747	14	649	16	9396	13.8
5 Extremely concerned	8148	13	751	19	8899	13.1
Valid responses =	63947	94	4003	6	67950	99.8

Invalid responses include no response.

**QCOVID13F Over the past 30 days, on average, how much have you been concerned with the following?**  
**Not being able to spend time with people you care about**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	13964	22	529	13	14493	21.3
2 Slightly concerned	13683	21	738	18	14421	21.2
3 Moderately concerned	15111	24	993	25	16104	23.7
4 Very concerned	12984	20	1012	25	13996	20.6
5 Extremely concerned	8213	13	733	18	8946	13.2
Valid responses =	63955	94	4005	6	67960	99.8

Invalid responses include no response.

**QCOVID13G Over the past 30 days, on average, how much have you been concerned with the following?**  
**Uncertainty of the future**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	8026	13	202	5	8228	12.1
2 Slightly concerned	11094	17	339	9	11433	16.8
3 Moderately concerned	14872	23	714	18	15586	22.9
4 Very concerned	15255	24	1075	27	16330	24.0
5 Extremely concerned	14694	23	1672	42	16366	24.1
Valid responses =	63941	94	4002	6	67943	99.8

Invalid responses include no response.

**QCOVID14 If you have received counseling or therapy (either in-person or by telehealth) in the past 12 months, how has your access to mental health care been affected by the COVID-19 pandemic? (only includes students who have received psychological or mental health services in the last 12 months)**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Much more difficult or limited access	2353	11	420	16	2773	11.5
2 Somewhat more difficult or limited access	6802	32	953	37	7755	32.1
3 No significant change in access	8596	40	729	28	9325	38.6
4 Somewhat less difficult or limited access	1430	7	210	8	1640	6.8
5 Much less difficult or limited access	1394	7	175	7	1569	6.5
6 Don't know or not applicable (have not tried to access care since the pandemic began)	1024	5	81	3	1105	4.6
Valid responses =	21599	0	2568	11	24167	35.5

Invalid responses include no response.

**QCOVID15 As a result of the COVID-19 pandemic, have you experienced any discriminatory or hostile behavior due to your race/ethnicity (or what someone thought was your race/ethnicity)?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	4463	7	325	8	4788	7.1
2 No	59440	93	3677	92	63117	92.9
Valid responses =	63903	94	4002	6	67905	99.7

Invalid responses include no response.

**QCOVID16 As a result of the COVID-19 pandemic, have you witnessed (online exchanges or in-person) any discriminatory or hostile behavior or exchanges towards others due to their race/ethnicity (or what someone thought was their race/ethnicity)?**

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	24411	38	2521	63	26932	39.6
2 No	39557	62	1484	37	41041	60.4
Valid responses =	63968	94	4005	6	67973	99.8

Invalid responses include no response.



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#### FREQUENCY REPORT

Number of Surveys (n) = 68085 Web Surveys

#### QCOVID17A How has your current financial situation been affected by the COVID-19 pandemic?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A lot more stressful	12044	19	955	24	12999	19.1
2 Somewhat more stressful	24428	38	1624	41	26052	38.3
3 No significant change	25289	40	1297	32	26586	39.1
4 Somewhat less stressful	1713	3	95	2	1808	2.7
5 A lot less stressful	525	1	34	1	559	0.8
Valid responses =	63999	94	4005	6	68004	99.9

Invalid responses include no response.

#### QCOVID18A How has your current overall level of stress been impacted by the COVID-19 pandemic?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Significantly increased my level of stress	19036	30	1918	48	20954	30.8
2 Somewhat increased my level of stress	34176	53	1722	43	35898	52.8
3 No change in my level of stress	9460	15	286	7	9746	14.3
4 Somewhat decreased my level of stress	1070	2	63	2	1133	1.7
5 Significantly decreased my level of stress	263	0	17	0	280	0.4
Valid responses =	64005	94	4006	6	68011	99.9

Invalid responses include no response.

#### QCOVID19B How would you describe your COVID-19 vaccination status?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 I have received all doses required to be fully vaccinated against COVID-19	56368	88	3826	96	60194	88.7
2 I have started the vaccination process, but need another dose	1578	3	68	2	1646	2.4
3 I will get vaccinated as soon as possible	506	1	39	1	545	0.8
4 I will only get vaccinated if required	1898	3	40	1	1938	2.9
5 I will not get vaccinated	3486	6	33	1	3519	5.2
Valid responses =	63836	94	4006	6	67842	99.6

Invalid responses include no response.

#### QCOVID19C Have you had an additional or "booster" dose of a COVID-19 vaccine?

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	41258	73	3139	82	44397	73.9
2 I plan to get an additional or "booster" dose when I am eligible	6503	12	445	12	6948	11.6
3 I will only get an additional or "booster" dose if required	2548	5	72	2	2620	4.4
4 I am not sure if I will get an additional or "booster" dose	3625	6	128	3	3753	6.2
5 I will not get an additional or "booster" dose	2330	4	36	1	2366	3.9
Valid responses =	56264	94	3820	6	60084	88.2

Invalid responses include no response.

#### QCOVID23 Did you test positive for COVID-19 after you were fully vaccinated (2 weeks after your second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine)?

(only includes students who selected Yes to having COVID-19 and received all the injections to be fully vaccinated against COVID-19)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	11792	55	619	59	12411	55.4
2 No	9553	45	431	41	9984	44.6
Valid responses =	21345	95	1050	5	22395	32.9

Invalid responses include no response.

#### QCOVID21 Were it not for the COVID-19 pandemic, I would prefer to take most of my classes:

(only includes students who are taking classes entirely online, or a mix of in-person and online classes)

	Cisgender		Trans/GNC		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 In-person	21420	68	1294	71	22714	67.9
2 Online	10217	32	534	29	10751	32.1
Valid responses =	31637	95	1828	5	33465	49.2

Invalid responses include no response.

#### References

<sup>1</sup> Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.