



# SPRING 2022

## Reference Group Data Report



AMERICAN  
COLLEGE  
HEALTH  
ASSOCIATION

### Demographics of Participating Institutions

One hundred thirty-eight postsecondary institutions self-selected to participate in the Spring 2022 ACHA National College Health Assessment and 72,468 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all students or used a random sampling technique, and used the ACHA-NCHA III (currently only offered as a web survey) are included in the analysis, yielding a final data set consisting of 69,131 students at 129 schools. Demographic characteristics of the 129 campuses follow.

<b>Demographical Characteristics of the 129 US Postsecondary Institutions Included in the Spring 2022 ACHA-NCHA III Reference Group</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
Type of Institution	
Public	77
Private	52
2-year	6
4-year or above	123
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	29
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	29
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX, VA, WV)	52
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	19
Campus Size	
< 2,500 students	39
2,500 – 4,999 students	23
5,000 – 9,999 students	14
10,000 – 19,999 students	21
20,000 students or more	32
Campus Setting	
Very large city (population over 500,000)	20
Large city (population 250,000-499,999)	11
Small city (population 50,000-249,999)	45
Large town (population 10,000-49,999)	31
Small town (population 2,500-9,999)	17
Rural community (population under 2,500)	5
Carnegie Classification	
Associates Colleges	5
Baccalaureate Colleges	27
Baccalaureate/Associates Colleges	1
Masters Colleges and Universities	34
Doctoral Universities	59
Special Focus Institutions	3
Miscellaneous/Not Classified	0

<b>Demographical Characteristics of the 129 US Postsecondary Institutions Included in the Spring 2022 ACHA-NCHA III Reference Group</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
ACHA Membership Status	
Institutional Member	107
Nonmember	22
Religious Affiliation	
No	99
Yes	30
<u>If yes:</u>	
Catholic	17
Protestant or Other Christian	13
Postsecondary Minority Institution (US Department of Education)	
No	114
Yes	15
<u>*If yes:</u>	
Postsecondary Minority Institution	0
Historically Black College or University (HBCU)	1
High Hispanic Enrollment	0
Hispanic-serving Institution (HSI)	9
Tribal College or University	0
Predominately Black Institution	0
Asian American and Native American Pacific Islander-serving	1
Alaska Native-serving or Native Hawaiian-serving Institution	2
Native American-serving Nontribal Institution	3
*institutions may hold more than one type of minority status	

	<b>Spring 2022 Institutions</b>
Number of institutions	129
Number of students	69,131
Mean response proportion	13%
Median response proportion	12%

**We need to draw your attention to an important change in your ACHA-NCHA Report documents. Beginning in Spring 2021, responses for transgender and gender-nonconforming students are readily available directly in the report documents. This represents an important change in the way we have been reporting ACHA-NCHA results. We've prepared the following information to better explain the specific changes, our reasoning for doing so, and tips for using these redesigned report documents.**

**I. What we've done to date**

- The ACHA-NCHA has asked respondents about their gender identity for 12 years.
- Data on transgender and gender-nonconforming (TGNC) students was available in the data file, but not displayed explicitly in the report documents in an effort to protect the privacy of TGNC students, particularly those students in smaller campus environments and at schools that publicly shared their ACHA-NCHA report documents.
- We have been trying to find the right balance between protecting students' privacy and making the results accessible to campus surveyors who may not use the statistical software that would be required to extract this information directly from the data files. Until now, we've erred on the side of protecting student privacy.

**II. Why change?**

- The number of TGNC students in our samples has been increasing over the years. Between 2008 and 2015, the number of students identifying as TGNC was very small (less than 0.05%). We've learned over the years that gender identity is complex and fluid. To better capture this complexity, we began asking separate questions about sex at birth and gender identity in Fall 2015. Now TGNC students tend to represent 3-4% of the overall sample.
- With greater number of students identifying as TGNC on the ACHA-NCHA in recent years, we have a better opportunity to understand their needs and behaviors than we have in years past.
- A number of health disparities between TGNC students and their cisgender peers have been well documented[1], and schools need readily available access to this data in order to better address the needs of TGNC students.

**III. What's different about the way we are reporting?**

- First – a note about how we have been reporting ACHA-NCHA results to date. RSEX is a variable we create based on the responses to the questions on sex at birth, whether or not a student identifies as transgender, and their gender identity. The RSEX variable had allowed us to sort respondents into 4 groups for reporting purposes: male, female, non-binary, and missing. (Details about this variable can be found in all report documents.)
- The value labels for RSEX have been revised to better represent gender identity rather than sex. A value of "1" has been changed from "Male" to "Cis Men[2]." A "2" has been changed from "Female" to "Cis Women[3]." The value "3" has been changed from "non-binary" to "Transgender and Gender-Nonconforming" (TGNC), as it's a more accurate and inclusive term. The value "4" on RSEX remains "missing/unknown" and is used for students who do not answer all three questions.
- The "missing/unknown" column in the Data Report document has been replaced with a "Trans/Gender-Nonconforming" column. Because space limitations in the report prevent us from displaying all 4 categories plus a total column in the same document, it's now the "missing/unknown" column that is not displayed. Now when the Total of any given row is higher than the sum of the cis men, cis women, and TGNC respondents, the difference can be attributed to "missing/unknown" respondents that selected the response option presented in that row.
- A column for "Trans/Gender-Nonconforming" has been added the Executive Summary Report document.

**IV. Important considerations with this new format**

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

**Questions about this report? Please reach out to Christine Kukich at [Ckukich@acha.org](mailto:Ckukich@acha.org)**

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[1] Greathouse M, BrckaLorenz A, Hoban M, Huseman R, Rankin S, Stolzenberg EB. (2018). Queer-spectrum and trans-spectrum student experiences in American higher education: The analysis of national survey findings. New Brunswick, NJ: Tyler Clementi Center, Rutgers University.

[2] Cisgender refers to people whose gender identity matches their sex assigned at birth. Cis men is short for "cisgender men" and is a term used to describe persons who identify as men and were assigned male at birth.

[3] Cis women is short for "cisgender women" and is a term used to describe persons who identify as women and were assigned female at birth.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
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[www.acha.org](http://www.acha.org)

December 21, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. **Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.**

#### A note about the use of sex and gender in this report:

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

#### 1) How would you describe your overall health?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	3384	19	4209	10	203	5	7940	12.2
2 Very good	7392	41	16468	39	981	26	25140	38.6
3 Good	5453	31	16221	38	1541	41	23539	36.2
4 Fair	1448	8	4925	12	894	24	7402	11.4
5 Poor	220	1	627	2	169	5	1055	1.6
Valid responses =	17897	28	42450	65	3788	6	65076	94.1

Invalid responses include no response.

#### 2A) I feel that I belong at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	396	2	728	2	109	3	1303	1.9
2 Disagree	616	3	1374	3	223	6	2271	3.3
3 Somewhat disagree	1096	6	2726	6	391	10	4312	6.3
4 Somewhat agree	4148	22	10724	24	1165	29	16284	26
5 Agree	8236	43	19418	43	1543	39	29526	42.9
6 Strongly agree	4670	24	9776	22	569	14	15198	22.1
Valid responses =	19162	28	44746	65	4000	6	68894	99.7

Invalid responses include no response.

#### 2B) I feel that students' health and well-being is a priority at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	621	3	1347	3	266	7	2331	3.4
2 Disagree	1075	6	2829	6	525	13	4531	6.6
3 Somewhat disagree	2008	11	5342	12	708	18	8195	11.9
4 Somewhat agree	5755	30	14996	34	1304	33	22350	32.5
5 Agree	6605	35	14509	33	906	23	22245	32.3
6 Strongly agree	3076	16	5677	13	286	7	9166	13.3
Valid responses =	19140	28	44700	65	3995	6	68818	99.5

Invalid responses include no response.

#### 2C) At my college/university, I feel that the campus climate encourages free and open discussion about students' health and well-being.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	470	3	843	2	149	4	1533	2.2
2 Disagree	778	4	1948	4	318	8	3121	4.5
3 Somewhat disagree	1592	8	4296	10	609	15	6630	9.6
4 Somewhat agree	5420	28	13824	31	1310	33	20835	30.3
5 Agree	7355	39	16610	37	1185	30	25424	37.0
6 Strongly agree	3512	18	7134	16	417	11	11206	16.3
Valid responses =	19127	28	44655	65	3988	6	68749	99.4

Invalid responses include no response.



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#### FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 2D) At my college/university, we are a campus where we look out for each other.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	578	3	1073	2	181	5	1913	2.8
2 Disagree	966	5	2260	5	361	9	3664	5.3
3 Somewhat disagree	2079	11	4994	11	642	16	7866	11.5
4 Somewhat agree	5960	31	15309	34	1472	37	23058	33.6
5 Agree	6532	34	14977	34	985	25	22719	33.1
6 Strongly agree	2979	16	5997	13	349	9	9447	13.8
Valid responses =	19094	28	44610	65	3990	6	68667	99.3

Invalid responses include no response.

#### 3A) How many hours do you spend in a typical week (7 days) on the following activities?

##### Attending classes, discussion sections, or labs

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	380	2	918	2	84	2	1407	2.0
2 1-5 hours	2302	12	6274	14	473	12	9172	13.3
3 6-10 hours	4674	24	10874	24	1003	25	16779	24.4
4 11-15 hours	5502	29	12282	28	1218	30	19295	28.0
5 16-20 hours	3952	21	8822	20	838	21	13793	20.0
6 21-25 hours	1232	6	2945	7	217	5	4461	6.5
7 26-30 hours	527	3	1331	3	91	2	1973	2.9
8 More than 30 hours	601	3	1270	3	79	2	1980	2.9
Valid responses =	19170	28	44716	65	4003	6	68860	99.6

Invalid responses include no response.

#### 3B) How many hours do you spend in a typical week (7 days) on the following activities?

##### Studying and other academic activities outside of class

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	214	1	394	1	36	1	665	1.0
2 1-5 hours	3854	20	8632	19	848	21	13487	19.6
3 6-10 hours	5545	29	13239	30	1223	31	20277	29.5
4 11-15 hours	3702	19	8994	20	773	19	13662	19.9
5 16-20 hours	2581	14	6220	14	531	13	9457	13.8
6 21-25 hours	1299	7	3177	7	268	7	4818	7.0
7 26-30 hours	848	4	1939	4	167	4	3013	4.4
8 More than 30 hours	1087	6	2076	5	143	4	3376	4.9
Valid responses =	19130	28	44671	65	3989	6	68755	99.5

Invalid responses include no response.

#### 3C) How many hours do you spend in a typical week (7 days) on the following activities?

##### Attending cultural events, movies, concerts, sports or other entertainment with others

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5329	28	12710	28	1370	34	19689	28.6
2 1-5 hours	10250	54	25928	58	2175	54	38811	56.4
3 6-10 hours	2313	12	4255	10	315	8	6988	10.2
4 11-15 hours	727	4	1053	2	75	2	1907	2.8
5 16-20 hours	281	2	431	1	40	1	782	1.1
6 21-25 hours	127	1	166	0	13	0	316	0.5
7 26-30 hours	53	0	82	0	6	0	153	0.2
8 More than 30 hours	58	0	70	0	7	0	143	0.2
Valid responses =	19138	28	44695	65	4001	6	68789	99.5

Invalid responses include no response.

#### 3D) How many hours do you spend in a typical week (7 days) on the following activities?

##### Performing community service or volunteer activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	12182	64	25482	57	2689	67	40876	59.4
2 1-5 hours	5602	29	16083	36	1051	26	23025	33.5
3 6-10 hours	788	4	2030	5	152	4	3029	4.4
4 11-15 hours	269	1	574	1	52	1	927	1.3
5 16-20 hours	143	1	278	1	26	1	479	0.7
6 21-25 hours	71	0	119	0	9	0	207	0.3
7 26-30 hours	40	0	71	0	7	0	125	0.2
8 More than 30 hours	34	0	69	0	6	0	120	0.2
Valid responses =	19129	28	44706	65	3992	6	68788	99.5

Invalid responses include no response.



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#### FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

### 3E) How many hours do you spend in a typical week (7 days) on the following activities?

#### Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3568	19	11890	27	1609	40	17355	25.2
2 1-5 hours	7619	40	20280	45	1729	43	29988	43.5
3 6-10 hours	4620	24	8079	18	435	11	13292	19.3
4 11-15 hours	1843	10	2425	5	124	3	4462	6.5
5 16-20 hours	837	4	1157	3	65	2	2104	3.1
6 21-25 hours	334	2	493	1	21	1	862	1.3
7 26-30 hours	168	1	232	1	9	0	423	0.6
8 More than 30 hours	166	1	202	1	11	0	394	0.6
Valid responses =	19155	28	44758	65	4003	6	68880	99.6

Invalid responses include no response.

### 3F) How many hours do you spend in a typical week (7 days) on the following activities?

#### Participating in spiritual or religious activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	12568	66	29759	67	3140	79	46023	66.9
2 1-5 hours	5091	27	12269	27	706	18	18309	26.6
3 6-10 hours	894	5	1740	4	74	2	2782	4.0
4 11-15 hours	280	2	519	1	37	1	869	1.3
5 16-20 hours	149	1	208	1	19	1	402	0.6
6 21-25 hours	61	0	99	0	7	0	177	0.3
7 26-30 hours	42	0	53	0	2	0	106	0.2
8 More than 30 hours	36	0	67	0	9	0	120	0.2
Valid responses =	19121	28	44714	65	3994	6	68788	99.5

Invalid responses include no response.

### 3G) How many hours do you spend in a typical week (7 days) on the following activities?

#### Participating in student clubs or organizations

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	9540	50	21743	49	1913	48	33590	48.9
2 1-5 hours	6521	34	16838	38	1500	38	25203	36.7
3 6-10 hours	1887	10	4121	9	382	10	6495	9.5
4 11-15 hours	619	3	1126	3	108	3	1908	2.8
5 16-20 hours	291	2	457	1	38	1	818	1.2
6 21-25 hours	124	1	185	0	22	1	342	0.5
7 26-30 hours	57	0	112	0	10	0	188	0.3
8 More than 30 hours	63	0	92	0	14	0	177	0.3
Valid responses =	19102	28	44674	65	3987	6	68721	99.4

Invalid responses include no response.

### 3H) How many hours do you spend in a typical week (7 days) on the following activities?

#### Socializing with friends

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1327	7	2655	6	265	7	4346	6.3
2 1-5 hours	6758	35	18120	41	1530	38	26749	39.0
3 6-10 hours	5478	29	13011	29	1140	29	19877	29.0
4 11-15 hours	2828	15	5713	13	535	13	9203	13.4
5 16-20 hours	1331	7	2526	6	220	6	4145	6.0
6 21-25 hours	608	3	1045	2	137	3	1811	2.6
7 26-30 hours	288	2	620	1	57	1	982	1.4
8 More than 30 hours	458	2	873	2	96	2	1454	2.1
Valid responses =	19076	28	44563	65	3980	6	68567	99.2

Invalid responses include no response.

### 3I) How many hours do you spend in a typical week (7 days) on the following activities?

#### Partying

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	10951	58	26742	61	2811	71	41072	60.4
2 1-5 hours	5663	30	13204	30	902	23	20009	29.4
3 6-10 hours	1467	8	2998	7	154	4	4668	6.9
4 11-15 hours	447	2	760	2	36	1	1274	1.9
5 16-20 hours	189	1	254	1	24	1	488	0.7
6 21-25 hours	97	1	106	0	8	0	220	0.3
7 26-30 hours	50	0	59	0	3	0	117	0.2
8 More than 30 hours	53	0	43	0	11	0	115	0.2
Valid responses =	18917	28	44166	65	3949	6	67963	98.3

Invalid responses include no response.





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### 3J) How many hours do you spend in a typical week (7 days) on the following activities?

#### Spending time with family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	7353	39	14982	34	1837	46	24503	35.7
2 1-5 hours	6805	36	16956	38	1408	35	25505	37.2
3 6-10 hours	2111	11	5503	12	335	8	8064	11.7
4 11-15 hours	963	5	2392	5	142	4	3561	5.2
5 16-20 hours	601	3	1477	3	88	2	2207	3.2
6 21-25 hours	294	2	694	2	42	1	1046	1.5
7 26-30 hours	196	1	505	1	28	1	740	1.1
8 More than 30 hours	748	4	2106	5	107	3	3005	4.4
Valid responses =	19071	28	44615	65	3987	6	68631	99.3

Invalid responses include no response.

### 3K) How many hours do you spend in a typical week (7 days) on the following activities?

#### Watching TV, streaming movies/TV, or other media for entertainment

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1087	6	2274	5	206	5	3642	5.3
2 1-5 hours	6925	36	18926	42	1387	35	27615	40.1
3 6-10 hours	5728	30	13365	30	1217	31	20568	29.9
4 11-15 hours	2843	15	5592	13	608	15	9146	13.3
5 16-20 hours	1320	7	2447	6	276	7	4121	6.0
6 21-25 hours	550	3	970	2	147	4	1694	2.5
7 26-30 hours	288	2	514	1	58	2	873	1.3
8 More than 30 hours	388	2	623	1	96	2	1130	1.6
Valid responses =	19129	28	44711	65	3995	6	68789	99.5

Invalid responses include no response.

### 3L) How many hours do you spend in a typical week (7 days) on the following activities?

#### Gaming

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	6373	33	32577	73	1662	42	41051	59.7
2 1-5 hours	6181	32	8087	18	1193	30	15725	22.9
3 6-10 hours	3290	17	2322	5	591	15	6310	9.2
4 11-15 hours	1615	8	841	2	259	7	2768	4.0
5 16-20 hours	798	4	408	1	129	3	1388	2.0
6 21-25 hours	383	2	196	0	74	2	667	1.0
7 26-30 hours	192	1	105	0	37	1	344	0.5
8 More than 30 hours	281	2	111	0	50	1	457	0.7
Valid responses =	19113	28	44647	65	3995	6	68710	99.4

Invalid responses include no response.

### 3M) How many hours do you spend in a typical week (7 days) on the following activities?

#### Using social media

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1803	10	2025	5	248	6	4188	6.1
2 1-5 hours	7458	39	17229	39	1398	35	26437	38.6
3 6-10 hours	5178	27	13818	31	1178	30	20423	29.8
4 11-15 hours	2370	13	6183	14	584	15	9245	13.5
5 16-20 hours	1174	6	2771	6	265	7	4274	6.2
6 21-25 hours	457	2	1120	3	124	3	1729	2.5
7 26-30 hours	239	1	625	1	76	2	957	1.4
8 More than 30 hours	323	2	741	2	84	2	1169	1.7
Valid responses =	19002	28	44512	65	3957	6	68422	99.0

Invalid responses include no response.

### 3N) How many hours do you spend in a typical week (7 days) on the following activities?

#### Commute to school and/or to work

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5011	26	12423	28	1284	32	18986	27.7
2 1-5 hours	10566	56	23998	54	2043	51	37066	54.1
3 6-10 hours	2362	12	5550	13	464	12	8501	12.4
4 11-15 hours	598	3	1377	3	103	3	2114	3.1
5 16-20 hours	245	1	538	1	44	1	856	1.2
6 21-25 hours	93	1	264	1	21	1	388	0.6
7 26-30 hours	68	0	136	0	9	0	222	0.3
8 More than 30 hours	100	1	252	1	16	0	382	0.6
Valid responses =	19043	28	44538	65	3984	6	68515	99.1

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 3O) How many hours do you spend in a typical week (7 days) on the following activities?

##### Working for pay

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	8615	45	15734	36	1500	38	26212	38.4
2 1-5 hours	1692	9	4377	10	377	10	6551	9.6
3 6-10 hours	2196	12	6408	15	650	16	9389	13.8
4 11-15 hours	1648	9	4761	11	440	11	6947	10.2
5 16-20 hours	1888	10	4616	10	389	10	7005	10.3
6 21-25 hours	753	4	2318	5	204	5	3311	4.9
7 26-30 hours	472	3	1463	3	127	3	2082	3.1
8 More than 30 hours	1744	9	4665	11	270	7	6755	9.9
Valid responses =	19008	28	44342	65	3957	6	68252	98.7

Invalid responses include no response.

#### 3P) How many hours do you spend in a typical week (7 days) on the following activities?

##### Participating in meditation or meditative activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	14087	74	31630	71	2789	70	49087	71.5
2 1-5 hours	3996	21	11243	25	1004	25	16490	24.0
3 6-10 hours	590	3	1064	2	123	3	1820	2.7
4 11-15 hours	179	1	300	1	34	1	537	0.8
5 16-20 hours	120	1	160	0	19	1	327	0.5
6 21-25 hours	53	0	87	0	10	0	161	0.2
7 26-30 hours	32	0	46	0	6	0	93	0.1
8 More than 30 hours	30	0	60	0	6	0	102	0.1
Valid responses =	19087	28	44590	65	3991	6	68617	99.3

Invalid responses include no response.

#### 3Q) How many hours do you spend in a typical week (7 days) on the following activities?

##### Performing unpaid household responsibilities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4259	22	6926	16	681	17	12040	17.5
2 1-5 hours	9862	52	24269	54	2144	54	36730	53.4
3 6-10 hours	3311	17	8096	18	767	19	12346	17.9
4 11-15 hours	933	5	2699	6	228	6	3926	5.7
5 16-20 hours	394	2	1114	3	108	3	1658	2.4
6 21-25 hours	162	1	591	1	33	1	803	1.2
7 26-30 hours	85	0	386	1	15	0	499	0.7
8 More than 30 hours	138	1	651	2	28	1	832	1.2
Valid responses =	19144	28	44732	65	4004	6	68834	99.6

Invalid responses include no response.

#### 3R) How many hours do you spend in a typical week (7 days) on the following activities?

##### Taking care of children or other family members (unpaid)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	16084	84	35582	80	3458	87	55818	81.1
2 1-5 hours	1405	7	4070	9	287	7	5871	8.5
3 6-10 hours	594	3	1502	3	88	2	2221	3.2
4 11-15 hours	291	2	780	2	52	1	1150	1.7
5 16-20 hours	215	1	476	1	32	1	759	1.1
6 21-25 hours	118	1	297	1	17	0	445	0.6
7 26-30 hours	87	1	283	1	8	0	387	0.6
8 More than 30 hours	339	2	1741	4	57	1	2163	3.1
Valid responses =	19133	28	44731	65	3999	6	68814	99.5

Invalid responses include no response.

#### 4) How do you describe your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	274	1	268	1	50	1	612	0.9
2 Slightly underweight	2420	13	3599	8	480	12	6603	9.6
3 About the right weight	10377	54	25155	56	1848	46	37863	55.0
4 Slightly overweight	5204	27	13026	29	1318	33	19798	28.7
5 Very overweight	899	5	2724	6	306	8	3990	5.8
Valid responses =	19174	28	44772	65	4002	6	68866	99.6

Invalid responses include no response.



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#### 5) Are you trying to do any of the following about your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	3693	19	9096	20	1375	34	14422	20.9
2 Stay the same weight	4740	25	10056	23	728	18	15732	22.8
3 Lose weight	6911	36	23256	52	1570	39	32081	46.6
4 Gain weight	3836	20	2379	5	331	8	6655	9.7
Valid responses =	19180	28	44787	65	4004	6	68890	99.7

Invalid responses include no response.

#### 6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	624	3	1247	3	132	3	2038	3.0
1 1 to 149 Minutes	9160	48	22148	50	2104	53	33833	49.6
2 150 to 299 Minutes	4325	23	10153	23	849	22	15511	22.7
3 300 or More Minutes	4956	26	10808	24	861	22	16821	24.7
Valid responses =	19065	28	44356	65	3946	6	68203	98.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	228.31	120.00	328.48	0	5040
Cis Women	230.19	120.00	361.85	0	5040
Trans/Gender Non-conforming	206.86	120.00	302.14	0	5040
Overall	228.42	120.00	350.57	0	5040

#### 7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	4691	25	16251	37	1757	45	22985	33.7
1 1 to 74 Minutes	5565	29	13058	30	1230	31	20129	29.6
2 75 to 149 Minutes	2614	14	5562	13	405	10	8666	12.7
3 150 or More Minutes	6185	33	9405	21	551	14	16327	24.0
Valid responses =	19055	28	44276	65	3943	6	68107	98.5

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	151.31	60.00	239.92	0	3000
Cis Women	102.93	30.00	199.68	0	3000
Trans/Gender Non-conforming	68.18	15.00	145.76	0	3000
Overall	114.53	40.00	210.86	0	3000

#### 8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	6068	32	18616	42	2192	55	27244	39.6
1 1 day	1908	10	5346	12	500	13	7859	11.4
2 2 days	2367	12	6404	14	475	12	9354	13.6
3 3 days	2715	14	5794	13	397	10	9015	13.1
4 4 days	1905	10	3433	8	167	4	5563	8.1
5 5 days	2083	11	2952	7	130	3	5228	7.6
6 6 days	1329	7	1323	3	70	2	2760	4.0
7 7 days	807	4	844	2	57	1	1738	2.5
Valid responses =	19182	28	44712	65	3988	6	68761	99.5

Invalid responses include no response.



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#### 9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?

One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.

If you do not drink sugar-sweetened beverages, please enter 0.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	6515	34	13438	30	1048	27	21267	31.2
2 1 serving	3692	19	9571	22	958	24	14407	21.1
3 2 servings	2722	14	6756	15	643	16	10242	15.0
4 3 servings	1529	8	3965	9	352	9	5908	8.7
5 4 servings	973	5	2236	5	199	5	3444	5.0
6 5 servings	857	5	1909	4	155	4	2948	4.3
7 6 servings	454	2	1022	2	82	2	1582	2.3
8 7 servings	506	3	1760	4	154	4	2443	3.6
9 8 servings	281	2	591	1	50	1	932	1.4
10 9 or more servings	1510	8	3148	7	317	8	5034	7.4
Valid responses =	19039	28	44396	65	3958	6	68207	98.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.81	1.00	4.48	0	30
Cis Women	2.82	1.00	4.37	0	30
Trans/Gender Non-conforming	2.96	1.00	4.56	0	30
Overall	2.82	1.00	4.41	0	30

#### 9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?

(for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	13405	71	33658	76	2821	72	50466	74.4
2 1-2 days	2080	11	4151	9	421	11	6744	9.9
3 3-4 days	968	5	1939	4	176	5	3131	4.6
4 5-10 days	1340	7	2511	6	269	7	4169	6.1
5 11-15 days	331	2	652	2	69	2	1067	1.6
6 16-20 days	294	2	508	1	77	2	891	1.3
7 21-25 days	179	1	261	1	31	1	477	0.7
8 26-30 days	317	2	489	1	71	2	890	1.3
Valid responses =	18914	28	44169	65	3935	6	67835	98.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.08	0.00	5.44	0	30
Cis Women	1.58	0.00	4.67	0	30
Trans/Gender Non-conforming	2.12	0.00	5.57	0	30
Overall	1.76	0.00	4.96	0	30

#### 10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	3478	18	6146	14	756	19	10527	15.3
2 1-2 servings per day	12199	64	30448	68	2569	64	45742	66.6
3 3-4 servings per day	2938	15	6952	16	575	14	10621	15.5
4 5-6 servings per day	381	2	875	2	65	2	1344	2.0
5 More than 6 servings per day	165	1	279	1	24	1	477	0.7
Valid responses =	19161	28	44700	65	3989	6	68711	99.4

Invalid responses include no response.

#### 11) In the last 7 days, how many servings of vegetables did you eat on average per day?

One serving is 1/2 cup of fresh, frozen, or canned vegetables; 1/4 cup 100% vegetable juice; or 1 cup salad greens

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	2260	12	4317	10	508	13	7181	10.4
2 1-2 servings per day	11295	59	27104	61	2345	59	41210	60.0
3 3-4 servings per day	4602	24	11018	25	950	24	16808	24.5
4 5-6 servings per day	740	4	1791	4	136	3	2704	3.9
5 More than 6 servings per day	273	1	483	1	47	1	822	1.2
Valid responses =	19170	28	44713	65	3986	6	68725	99.4

Invalid responses include no response.



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12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

The food that I bought just didn't last, and I didn't have money to get more

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	11652	61	24517	55	1953	49	38540	56.2
1 Sometimes True	5977	31	15411	35	1446	36	23149	33.8
2 Often True	1472	8	4653	10	589	15	6831	10.0
Valid responses =	19101	28	44581	65	3988	6	68520	99.1

Invalid responses include no response.

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

I couldn't afford to eat balanced meals.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	11666	61	24788	56	1831	46	38672	56.5
1 Sometimes True	5355	28	13779	31	1309	33	20741	30.3
2 Often True	2062	11	5925	13	845	21	8993	13.1
Valid responses =	19083	28	44492	65	3985	6	68406	99.0

Invalid responses include no response.

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	13137	68	29565	66	2290	57	45472	66.1
1 Only 1 or 2 days	2637	14	6443	14	628	16	9838	14.3
2 Yes, some days, but not every day	2679	14	7001	16	805	20	10661	15.5
3 Yes, almost every day	743	4	1775	4	273	7	2862	4.2
Valid responses =	19196	28	44784	65	3996	6	68833	99.6

Invalid responses include no response.

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	14826	77	33647	75	2663	67	51722	75.2
1 Yes	4360	23	11113	25	1327	33	17069	24.8
Valid responses =	19186	28	44760	65	3990	6	68791	99.5

Invalid responses include no response.

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	15869	83	36230	81	2930	73	55648	80.9
1 Yes	3321	17	8537	19	1061	27	13155	19.1
Valid responses =	19190	28	44767	65	3991	6	68803	99.5

Invalid responses include no response.

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	2119	11	3826	9	227	6	6255	9.1
2 5-15 minutes	6683	35	13694	31	972	24	21575	31.3
3 16-30 minutes	5161	27	12447	28	1139	29	18997	27.6
4 31 minutes - 1 hour	3474	18	9484	21	987	25	14126	20.5
5 over 1 hour	1756	9	5350	12	678	17	7907	11.5
Valid responses =	19193	28	44801	65	4003	6	68860	99.6

Invalid responses include no response.

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	249	1	508	1	72	2	863	1.3
2 4 hours	579	3	1444	3	176	4	2229	3.2
3 5 hours	2134	11	5290	12	536	13	8088	11.7
4 6 hours	5275	28	11693	26	1097	27	18317	26.6
5 7 hours	6812	36	14506	32	1181	30	22736	33.0
6 8 hours	3389	18	8724	20	660	17	12910	18.7
7 9 hours	589	3	1989	4	200	5	2811	4.1
8 10 or more hours	168	1	654	2	87	2	922	1.3
Valid responses =	19195	28	44808	65	4009	6	68876	99.6

Invalid responses include no response.



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15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	200	1	432	1	56	1	707	1.0
2 4 hours	416	2	949	2	99	3	1490	2.2
3 5 hours	1039	5	2766	6	218	5	4089	5.9
4 6 hours	2527	13	5998	13	490	12	9150	13.3
5 7 hours	4206	22	9416	21	734	18	14528	21.1
6 8 hours	6074	32	13260	30	1048	26	20600	29.9
7 9 hours	3378	18	8287	19	809	20	12621	18.3
8 10 or more hours	1354	7	3694	8	553	14	5679	8.2
Valid responses =	19194	28	44802	65	4007	6	68864	99.6

Invalid responses include no response.

16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	9686	51	19894	45	1683	42	31604	46.0
2 1 day	3759	20	8297	19	752	19	12969	18.9
3 2 days	2674	14	7161	16	601	15	10562	15.4
4 3 days	1262	7	4047	9	391	10	5789	8.4
5 4 days	638	3	1997	5	217	5	2904	4.2
6 5 days	515	3	1504	3	141	4	2201	3.2
7 6 days	185	1	587	1	64	2	853	1.2
8 7 days	444	2	1260	3	149	4	1877	2.7
Valid responses =	19163	28	44747	65	3998	6	68759	99.5

Invalid responses include no response.

16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	1313	7	1115	3	87	2	2555	3.7
2 1 day	2035	11	2457	6	140	4	4701	6.8
3 2 days	3573	19	5316	12	383	10	9354	13.6
4 3 days	3485	18	7027	16	469	12	11115	16.2
5 4 days	2364	12	6095	14	457	11	9034	13.1
6 5 days	2418	13	7096	16	621	16	10247	14.9
7 6 days	978	5	3517	8	322	8	4872	7.1
8 7 days	3006	16	12166	27	1528	38	16940	24.6
Valid responses =	19172	28	44789	65	4007	6	68818	99.5

Invalid responses include no response.

16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	6533	34	12622	28	838	21	20220	29.4
2 1 day	4556	24	9860	22	742	19	15306	22.3
3 2 days	2773	15	6933	16	635	16	10467	15.2
4 3 days	1618	8	4153	9	463	12	6341	9.2
5 4 days	1014	5	2764	6	279	7	4120	6.0
6 5 days	919	5	2870	6	312	8	4175	6.1
7 6 days	496	3	1489	3	169	4	2178	3.2
8 7 days	1266	7	4060	9	559	14	5966	8.7
Valid responses =	19175	28	44751	65	3997	6	68773	99.5

Invalid responses include no response.

16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	2864	15	9294	21	1065	27	13411	19.5
2 1 day	3016	16	9270	21	767	19	13214	19.2
3 2 days	3743	20	8992	20	803	20	13693	19.9
4 3 days	2695	14	5748	13	473	12	9033	13.1
5 4 days	2288	12	4354	10	354	9	7078	10.3
6 5 days	2193	11	3650	8	267	7	6185	9.0
7 6 days	1292	7	1884	4	151	4	3362	4.9
8 7 days	1080	6	1582	4	126	3	2828	4.1
Valid responses =	19171	28	44774	65	4006	6	68804	99.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 21, 2023

#### FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 16E) On how many of the last 7 days did you: Take a nap?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	7796	41	17501	39	1468	37	27085	39.4
2 1 day	3807	20	8832	20	768	19	13576	19.7
3 2 days	3062	16	7017	16	643	16	10844	15.8
4 3 days	1878	10	4765	11	436	11	7164	10.4
5 4 days	998	5	2548	6	280	7	3887	5.6
6 5 days	742	4	1837	4	170	4	2795	4.1
7 6 days	313	2	813	2	96	2	1238	1.8
8 7 days	571	3	1467	3	147	4	2216	3.2
Valid responses =	19167	28	44780	65	4008	6	68805	99.5

Invalid responses include no response.

#### 16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	2440	22	4401	16	406	16	7380	17.7
2 Between 30 and 59 minutes	5124	45	12289	45	974	39	18602	44.8
3 Between 60 and 119 minutes	2990	26	7911	29	847	34	11886	28.6
4 2 hours or more	755	7	2554	9	305	12	3665	8.8
Valid responses =	11309	27	27155	65	2532	6	41513	60.0

Invalid responses include no response.

#### 17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	10840	57	29437	66	2623	66	43404	63.3
2 Never	3620	19	6353	14	443	11	10529	15.4
3 Rarely	995	5	1728	4	138	4	2905	4.2
4 Sometimes	723	4	1346	3	146	4	2245	3.3
5 Most of the time	837	4	1535	3	145	4	2543	3.7
6 Always	2084	11	4258	10	497	12	6945	10.1
Valid responses =	19099	28	44657	65	3992	6	68571	99.2

Invalid responses include no response.

#### 17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	16126	85	40145	90	3669	92	60630	88.5
2 Never	1151	6	1610	4	108	3	2915	4.3
3 Rarely	227	1	279	1	24	1	557	0.8
4 Sometimes	211	1	252	1	21	1	502	0.7
5 Most of the time	235	1	306	1	18	1	569	0.8
6 Always	1134	6	2046	5	145	4	3361	4.9
Valid responses =	19084	28	44638	65	3985	6	68534	99.1

Invalid responses include no response.

#### 17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	15694	82	39557	89	3316	83	59228	86.5
2 Never	2338	12	3441	8	426	11	6287	9.2
3 Rarely	340	2	454	1	62	2	880	1.3
4 Sometimes	201	1	283	1	53	1	558	0.8
5 Most of the time	149	1	197	0	36	1	389	0.6
6 Always	348	2	667	2	94	2	1135	1.7
Valid responses =	19070	28	44599	65	3987	6	68477	99.1

Invalid responses include no response.

#### 18A) When, if ever, was the last time you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1200	6	2754	6	453	11	4511	6.6
2 Within the last 2 weeks	13613	71	33042	74	2342	59	49509	71.9
3 More than 2 weeks but within 30 days	970	5	2071	5	202	5	3296	4.8
4 More than 30 days but within 3 months	1811	9	3791	9	499	13	6194	9.0
5 More than 3 months but within 12 months	1034	5	2076	5	314	8	3480	5.1
6 More than 12 months ago	560	3	1043	2	195	5	1833	2.7
Valid responses =	19188	28	44777	65	4005	6	68823	99.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	67	1	153	1	13	1	238	0.5
1 1 to 4 Days	3015	22	6331	19	637	27	10105	20.5
2 5 to 10 Days	4174	31	10711	33	802	34	15845	32.1
3 11 to 14 Days	6314	47	15735	48	884	38	23127	46.9
Valid responses =	13570	28	32930	67	2336	5	49315	71.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	9.14	10.00	4.6	0	14
Cis Women	9.37	10.00	4.47	0	14
Trans/Gender Non-conforming	8.37	8.00	4.55	0	14
Overall	9.25	10.00	4.52	0	14

#### 18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	6161	46	14117	43	1199	52	21714	44.2
1 1 to 4 Days	3227	24	8455	26	614	26	12411	25.2
2 5 to 10 Days	1872	14	5252	16	294	13	7479	15.2
3 11 to 14 Days	2276	17	5001	15	218	9	7558	15.4
Valid responses =	13536	28	32825	67	2325	5	49162	71.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.80	1.00	5.09	0	14
Cis Women	3.79	1.00	4.94	0	14
Trans/Gender Non-conforming	2.74	0.00	4.28	0	14
Overall	3.73	1.00	4.95	0	14

#### 18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	15891	91	36872	90	2943	88	56315	90.3
2 One accident	1369	8	3627	9	363	11	5421	8.7
3 Two accidents	113	1	384	1	37	1	553	0.9
4 Three or more accidents	22	0	41	0	7	0	75	0.1
Valid responses =	17395	28	40924	66	3350	5	62364	90.2

Invalid responses include no response.

#### 19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner called me names, insulted me, or put me down to make me feel bad.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17475	92	39642	89	3537	89	61347	89.7
2 Yes	1610	8	4942	11	436	11	7082	10.3
Valid responses =	19085	28	44584	65	3973	6	68429	99.0

Invalid responses include no response.

#### 19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18050	95	41933	94	3701	93	64404	94.2
2 Yes	1019	5	2627	6	264	7	3976	5.8
Valid responses =	19069	28	44560	65	3965	6	68380	98.9

Invalid responses include no response.

#### 19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18577	98	43298	97	3810	96	66411	97.2
2 Yes	479	3	1220	3	155	4	1912	2.8
Valid responses =	19056	28	44518	65	3965	6	68323	98.8

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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Silver Spring, MD 20910  
(410) 859-1500  
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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18852	99	43727	98	3843	97	67157	98.2
2 Yes	209	1	823	2	119	3	1200	1.8
Valid responses =	19061	28	44550	65	3962	6	68357	98.9

Invalid responses include no response.

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18740	98	42870	96	3750	95	66090	96.8
2 Yes	314	2	1637	4	216	5	2219	3.2
Valid responses =	19054	28	44507	65	3966	6	68309	98.8

Invalid responses include no response.

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was in a physical fight.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18410	96	44091	99	3862	97	67109	97.8
2 Yes	723	4	607	1	129	3	1503	2.2
Valid responses =	19133	28	44698	65	3991	6	68612	99.2

Invalid responses include no response.

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was physically assaulted (do not include sexual assault).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18704	98	43889	98	3839	96	67171	97.9
2 Yes	437	2	809	2	149	4	1447	2.1
Valid responses =	19141	28	44698	65	3988	6	68618	99.3

Invalid responses include no response.

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was verbally threatened.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16728	88	40191	90	3199	80	60752	88.7
2 Yes	2368	12	4430	10	782	20	7735	11.3
Valid responses =	19096	28	44621	65	3981	6	68487	99.1

Invalid responses include no response.

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually touched without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18550	97	41058	92	3607	91	63915	93.5
2 Yes	545	3	3465	8	369	9	4462	6.5
Valid responses =	19095	28	44523	65	3976	6	68377	98.9

Invalid responses include no response.

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18945	99	43450	97	3828	96	66968	97.7
2 Yes	179	1	1191	3	157	4	1570	2.3
Valid responses =	19124	28	44641	65	3985	6	68538	99.1

Invalid responses include no response.

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18968	99	43742	98	3848	97	67308	98.2
2 Yes	163	1	896	2	141	4	1237	1.8
Valid responses =	19131	28	44638	65	3989	6	68545	99.2

Invalid responses include no response.



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FREQUENCY REPORT

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20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18740	98	42476	95	3691	93	65637	95.8
2 Yes	379	2	2158	5	289	7	2879	4.2
Valid responses =	19119	28	44634	65	3980	6	68516	99.1

Invalid responses include no response.

21A) How safe do you feel: On my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	97	1	179	0	37	1	343	0.5
2 Somewhat unsafe	269	1	871	2	150	4	1338	2.0
3 Somewhat safe	2889	15	10498	24	1161	29	14787	21.6
4 Very safe	15863	83	32926	74	2636	66	51903	75.9
Valid responses =	19118	28	44474	65	3984	6	68371	98.9

Invalid responses include no response.

21B) How safe do you feel: On my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	269	1	2280	5	240	6	2842	4.2
2 Somewhat unsafe	1509	8	11243	25	1047	26	13989	20.5
3 Somewhat safe	7792	41	22362	50	1912	48	32397	47.5
4 Very safe	9523	50	8470	19	776	20	18990	27.8
Valid responses =	19093	28	44355	65	3975	6	68218	98.7

Invalid responses include no response.

21C) How safe do you feel: In the community surrounding my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	244	1	758	2	76	2	1119	1.6
2 Somewhat unsafe	1500	8	5068	11	593	15	7273	10.6
3 Somewhat safe	7369	39	21589	49	2121	53	31455	46.1
4 Very safe	9998	52	16997	38	1187	30	28450	41.7
Valid responses =	19111	28	44412	65	3977	6	68297	98.8

Invalid responses include no response.

21D) How safe do you feel: In the community surrounding my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	1550	8	7803	18	750	19	10242	15.0
2 Somewhat unsafe	4425	23	16551	37	1572	40	22800	33.4
3 Somewhat safe	7636	40	15318	35	1291	33	24509	35.9
4 Very safe	5482	29	4704	11	362	9	10691	15.7
Valid responses =	19093	28	44376	65	3975	6	68242	98.7

Invalid responses include no response.

22A1) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	12304	64	30352	68	2640	66	45862	66.8
3 Yes	6859	36	14394	32	1355	34	22824	33.2
Valid responses =	19163	28	44746	65	3995	6	68686	99.4

Invalid responses include no response.

22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5924	31	11504	26	1076	27	18801	27.4
3 Yes	13212	69	33162	74	2918	73	49774	72.6
Valid responses =	19136	28	44666	65	3994	6	68575	99.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	11541	60	25996	58	1819	46	39826	58.1
3 Yes	7583	40	18671	42	2176	55	28738	41.9
Valid responses =	19124	28	44667	65	3995	6	68564	99.2

Invalid responses include no response.

#### 22A4) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	17643	93	41952	95	3710	94	64009	94.2
3 Yes	1336	7	2312	5	250	6	3963	5.8
Valid responses =	18979	28	44264	65	3960	6	67972	98.3

Invalid responses include no response.

#### 22A5) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	17453	91	41492	93	3611	91	63260	92.4
3 Yes	1644	9	3118	7	374	9	5208	7.6
Valid responses =	19097	28	44610	65	3985	6	68468	99.0

Invalid responses include no response.

#### 22A6) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	18822	99	44130	99	3906	98	67588	98.8
3 Yes	261	1	413	1	78	2	793	1.2
Valid responses =	19083	28	44543	65	3984	6	68381	98.9

Invalid responses include no response.

#### 22A7) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	18102	95	43440	98	3708	93	65961	96.5
3 Yes	975	5	1083	2	271	7	2386	3.5
Valid responses =	19077	28	44523	65	3979	6	68347	98.9

Invalid responses include no response.

#### 22A8) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	18108	95	42608	96	3680	92	65113	95.1
3 Yes	999	5	2012	5	311	8	3379	4.9
Valid responses =	19107	28	44620	65	3991	6	68492	99.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

22A9) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	16841	88	41036	92	3300	83	61850	90.3
3 Yes	2275	12	3600	8	689	17	6663	9.7
Valid responses =	19116	28	44636	65	3989	6	68513	99.1

Invalid responses include no response.

22A10) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	18830	99	44098	100	3908	99	67567	99.4
3 Yes	141	1	212	1	52	1	435	0.6
Valid responses =	18971	28	44310	65	3960	6	68002	98.4

Invalid responses include no response.

22A11) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	18278	96	43326	97	3763	94	66091	96.4
3 Yes	841	4	1328	3	222	6	2444	3.6
Valid responses =	19119	28	44654	65	3985	6	68535	99.1

Invalid responses include no response.

22A12) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	12863	98	27203	99	2433	97	42963	98.6
3 Yes	234	2	298	1	64	3	624	1.4
Valid responses =	13097	30	27501	63	2497	6	43587	63.0

Invalid responses include no response.

22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2307	34	5268	37	491	36	8152	35.8
2 Once or twice	1619	24	3532	25	279	21	5470	24.0
3 Monthly	493	7	1007	7	110	8	1630	7.2
4 Weekly	676	10	1226	9	119	9	2034	8.9
6 Daily or almost daily	1754	26	3349	23	353	26	5508	24.2
Valid responses =	6849	30	14382	63	1352	6	22794	33.0

Invalid responses include no response.

22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	985	8	2197	7	285	10	3519	7.1
2 Once or twice	3179	24	9225	28	895	31	13444	27.1
3 Monthly	2858	22	8051	24	731	25	11740	23.6
4 Weekly	5460	41	12719	38	882	30	19214	38.7
6 Daily or almost daily	704	5	901	3	121	4	1746	3.5
Valid responses =	13186	27	33093	67	2914	6	49663	71.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

**22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2416	32	6290	34	532	25	9330	32.5
2 Once or twice	1954	26	5311	29	501	23	7845	27.4
3 Monthly	950	13	2342	13	324	15	3656	12.7
4 Weekly	1133	15	2407	13	370	17	3956	13.8
6 Daily or almost daily	1114	15	2286	12	444	21	3891	13.6
Valid responses =	7567	26	18636	65	2171	8	28678	41.5

Invalid responses include no response.

**22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	881	66	1655	72	170	68	2740	69.4
2 Once or twice	302	23	491	21	51	20	855	21.7
3 Monthly	83	6	97	4	16	6	204	5.2
4 Weekly	44	3	48	2	6	2	99	2.5
6 Daily or almost daily	21	2	16	1	7	3	50	1.3
Valid responses =	1331	34	2307	58	250	6	3948	5.7

Invalid responses include no response.

**22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1056	65	1979	64	229	62	3300	63.6
2 Once or twice	319	20	721	23	75	20	1130	21.8
3 Monthly	103	6	154	5	36	10	303	5.8
4 Weekly	70	4	110	4	17	5	200	3.9
6 Daily or almost daily	89	5	142	5	15	4	252	4.9
Valid responses =	1637	32	3106	60	372	7	5185	7.5

Invalid responses include no response.

**22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	212	82	369	90	48	62	646	81.9
2 Once or twice	24	9	18	4	8	10	52	6.6
3 Monthly	8	3	6	2	11	14	38	4.8
4 Weekly	9	4	9	2	3	4	24	3.0
6 Daily or almost daily	7	3	10	2	7	9	29	3.7
Valid responses =	260	33	412	52	77	10	789	1.1

Invalid responses include no response.

**22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	621	64	789	73	158	59	1593	67.0
2 Once or twice	241	25	222	21	68	25	538	22.6
3 Monthly	55	6	42	4	22	8	130	5.5
4 Weekly	44	5	21	2	14	5	85	3.6
6 Daily or almost daily	12	1	7	1	7	3	31	1.3
Valid responses =	973	41	1081	45	269	11	2377	3.4

Invalid responses include no response.

**22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	694	70	1347	67	201	65	2273	67.5
2 Once or twice	158	16	346	17	53	17	561	16.7
3 Monthly	55	6	102	5	22	7	186	5.5
4 Weekly	48	5	105	5	19	6	177	5.3
6 Daily or almost daily	41	4	106	5	15	5	171	5.1
Valid responses =	996	30	2006	60	310	9	3368	4.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

**22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1493	66	2428	68	386	56	4364	65.6
2 Once or twice	626	28	1041	29	233	34	1921	28.9
3 Monthly	118	5	95	3	50	7	272	4.1
4 Weekly	22	1	20	1	15	2	61	0.9
6 Daily or almost daily	11	1	9	0	5	1	31	0.5
Valid responses =	2270	34	3593	54	689	10	6649	9.6

Invalid responses include no response.

**22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Heroin**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	108	77	183	87	29	57	328	76.3
2 Once or twice	10	7	4	2	2	4	18	4.2
3 Monthly	6	4	9	4	6	12	29	6.7
4 Weekly	9	6	10	5	6	12	26	6.0
6 Daily or almost daily	7	5	5	2	8	16	29	6.7
Valid responses =	140	33	211	49	51	12	430	0.6

Invalid responses include no response.

**22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)**  
*[Please report nonmedical use only.]*

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	683	82	1086	82	168	76	1964	80.7
2 Once or twice	111	13	182	14	36	16	331	13.6
3 Monthly	16	2	24	2	8	4	57	2.3
4 Weekly	20	2	24	2	6	3	53	2.2
6 Daily or almost daily	6	1	10	1	3	1	29	1.2
Valid responses =	836	34	1326	54	221	9	2434	3.5

Invalid responses include no response.

**22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Other**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	73	32	109	39	14	24	203	34.3
2 Once or twice	43	19	30	11	11	19	86	14.6
3 Monthly	24	11	23	8	7	12	60	10.2
4 Weekly	30	13	37	13	13	22	82	13.9
6 Daily or almost daily	55	24	83	29	14	24	160	27.1
Valid responses =	225	38	282	48	59	10	591	0.9

Invalid responses include no response.

**22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you?**  
**(only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	330	69	685	69	71	63	1104	68.5
1 Yes	138	29	272	28	37	33	455	28.2
99 Don't know	14	3	31	3	5	4	53	3.3
Valid responses =	482	30	988	61	113	7	1612	2.3

Invalid responses include no response.

**22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:**  
**(only includes students who were prescribed this substance)**

**Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	87	64	192	71	21	57	303	66.7
1 Yes	45	33	69	25	14	38	129	28.4
99 Don't know	5	4	11	4	2	5	22	4.8
Valid responses =	137	30	272	60	37	8	454	0.7

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	103	76	204	75	26	70	336	74.3
1 Yes	28	21	56	21	9	24	94	20.8
99 Don't know	5	4	11	4	2	5	22	4.9
Valid responses =	136	30	271	60	37	8	452	0.7

Invalid responses include no response.

22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.)

in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	220	74	378	58	68	64	674	62.2
1 Yes	67	22	242	37	29	27	350	32.3
99 Don't know	12	4	36	6	10	9	60	5.5
Valid responses =	299	28	656	61	107	10	1084	1.6

Invalid responses include no response.

22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	45	67	171	71	16	55	234	66.9
1 Yes	22	33	67	28	8	28	103	29.4
99 Don't know	0	0	4	2	5	17	13	3.7
Valid responses =	67	19	242	69	29	8	350	0.5

Invalid responses include no response.

22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	56	84	185	76	20	71	268	76.8
1 Yes	7	10	53	22	4	14	65	18.6
99 Don't know	4	6	4	2	4	14	16	4.6
Valid responses =	67	19	242	69	28	8	349	0.5

Invalid responses include no response.

22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	92	61	112	47	32	60	245	52.9
1 Yes	56	37	121	51	14	26	199	43.0
99 Don't know	4	3	6	3	7	13	19	4.1
Valid responses =	152	33	239	52	53	11	463	0.7

Invalid responses include no response.

22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	36	64	85	71	7	50	132	66.7
1 Yes	15	27	32	27	5	36	53	26.8
99 Don't know	5	9	3	3	2	14	13	6.6
Valid responses =	56	28	120	61	14	7	198	0.3

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: **(only includes students who were prescribed this substance)**

Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	41	73	86	71	7	50	139	69.8
1 Yes	11	20	28	23	5	36	45	22.6
99 Don't know	4	7	7	6	2	14	15	7.5
Valid responses =	56	28	121	61	14	7	199	0.3

Invalid responses include no response.

22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

**(only includes students who have used this substance within the last 3 months)**

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1482	34	2803	32	205	24	4517	31.9
3 Once or twice	661	15	1506	17	149	18	2339	16.5
4 Monthly	223	5	449	5	49	6	735	5.2
5 Weekly	548	12	968	11	97	12	1626	11.5
6 Daily or almost daily	1491	34	3081	35	341	41	4952	34.9
Valid responses =	4405	31	8807	62	841	6	14169	20.5

Invalid responses include no response.

22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

**(only includes students who have used this substance within the last 3 months)**

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5761	49	13036	44	1057	41	20012	45.1
3 Once or twice	2564	22	7295	25	655	26	10610	23.9
4 Monthly	1087	9	3260	11	304	12	4703	10.6
5 Weekly	1906	16	5000	17	402	16	7376	16.6
6 Daily or almost daily	491	4	1033	4	140	6	1690	3.8
Valid responses =	11809	27	29624	67	2558	6	44391	64.2

Invalid responses include no response.

22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

**(only includes students who have used this substance within the last 3 months)**

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) *[Please report nonmedical use only.]*

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2171	44	4647	40	469	30	7360	39.7
3 Once or twice	1011	20	2622	22	327	21	3997	21.6
4 Monthly	365	7	1118	10	139	9	1648	8.9
5 Weekly	706	14	1661	14	305	19	2699	14.6
6 Daily or almost daily	721	15	1718	15	352	22	2825	15.2
Valid responses =	4974	27	11766	64	1592	9	18529	26.8

Invalid responses include no response.

22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

**(only includes students who have used this substance within the last 3 months)**

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	279	62	371	58	38	48	697	58.7
3 Once or twice	80	18	134	21	12	15	229	19.3
4 Monthly	44	10	69	11	14	18	133	11.2
5 Weekly	29	7	43	7	10	13	85	7.2
6 Daily or almost daily	15	3	19	3	5	6	43	3.6
Valid responses =	447	38	636	54	79	7	1187	1.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	336	58	583	52	60	42	987	52.8
3 Once or twice	103	18	246	22	35	25	390	20.9
4 Monthly	47	8	76	7	19	13	145	7.8
5 Weekly	47	8	95	9	16	11	164	8.8
6 Daily or almost daily	43	8	121	11	12	9	184	9.8
Valid responses =	576	31	1121	60	142	8	1870	2.7

Invalid responses include no response.

22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	18	38	14	33	3	10	37	27.0
3 Once or twice	8	17	8	19	6	21	30	21.9
4 Monthly	12	26	6	14	11	38	30	21.9
5 Weekly	5	11	7	17	7	24	24	17.5
6 Daily or almost daily	4	9	7	17	2	7	16	11.7
Valid responses =	47	34	42	31	29	21	137	0.2

Invalid responses include no response.

22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	228	66	184	64	58	53	477	62.1
3 Once or twice	62	18	56	20	23	21	144	18.8
4 Monthly	20	6	22	8	10	9	60	7.8
5 Weekly	30	9	15	5	10	9	58	7.6
6 Daily or almost daily	6	2	10	4	8	7	29	3.8
Valid responses =	346	45	287	37	109	14	768	1.1

Invalid responses include no response.

22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	146	48	277	42	35	32	459	42.2
3 Once or twice	59	20	161	25	27	25	252	23.2
4 Monthly	33	11	62	10	10	9	112	10.3
5 Weekly	36	12	73	11	12	11	124	11.4
6 Daily or almost daily	28	9	83	13	24	22	141	13.0
Valid responses =	302	28	656	60	108	10	1088	1.6

Invalid responses include no response.

22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	442	58	651	57	137	46	1242	55.5
3 Once or twice	190	25	315	28	83	28	594	26.5
4 Monthly	72	10	114	10	41	14	235	10.5
5 Weekly	37	5	52	5	26	9	122	5.4
6 Daily or almost daily	19	3	13	1	10	3	46	2.1
Valid responses =	760	34	1145	51	297	13	2239	3.2

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

**22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

(only includes students who have used this substance within the last 3 months)

**Heroin**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	8	26	5	19	1	5	15	16.1
3 Once or twice	4	13	5	19	4	20	16	17.2
4 Monthly	8	26	8	31	9	45	28	30.1
5 Weekly	7	23	2	8	3	15	18	19.4
6 Daily or almost daily	4	13	6	23	3	15	16	17.2
Valid responses =	31	33	26	28	20	22	93	0.1

Invalid responses include no response.

**22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	84	55	128	54	13	25	228	49.0
3 Once or twice	30	20	57	24	12	23	100	21.5
4 Monthly	11	7	22	9	15	28	55	11.8
5 Weekly	20	13	20	8	5	9	51	11.0
6 Daily or almost daily	8	5	12	5	8	15	31	6.7
Valid responses =	153	33	239	51	53	11	465	0.7

Invalid responses include no response.

**22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

(only includes students who have used this substance within the last 3 months)

**Other**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	56	39	61	37	13	30	133	36.1
3 Once or twice	21	15	14	9	5	11	43	11.7
4 Monthly	19	13	16	10	9	21	47	12.8
5 Weekly	20	14	18	11	4	9	43	11.7
6 Daily or almost daily	29	20	54	33	13	30	102	27.7
Valid responses =	145	39	163	44	44	12	368	0.5

Invalid responses include no response.

**22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3755	83	7336	81	662	77	11838	81.0
4 Once or twice	394	9	877	10	103	12	1383	9.5
5 Monthly	113	3	295	3	37	4	458	3.1
6 Weekly	146	3	316	4	29	3	497	3.4
7 Daily or almost daily	131	3	279	3	28	3	444	3.0
Valid responses =	4539	31	9103	62	859	6	14620	21.1

Invalid responses include no response.

**22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	10651	87	27291	88	2330	89	40621	88.1
4 Once or twice	1023	8	2519	8	211	8	3788	8.2
5 Monthly	253	2	556	2	44	2	871	1.9
6 Weekly	207	2	438	1	31	1	681	1.5
7 Daily or almost daily	52	0	59	0	8	0	125	0.3
Valid responses =	12186	26	30863	67	2624	6	46086	66.7

Invalid responses include no response.



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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4382	85	10955	89	1366	84	16862	87.3
4 Once or twice	464	9	889	7	166	10	1542	8.0
5 Monthly	127	3	212	2	54	3	403	2.1
6 Weekly	106	2	171	1	30	2	319	1.7
7 Daily or almost daily	66	1	102	1	19	1	190	1.0
Valid responses =	5145	27	12329	64	1635	8	19316	27.9

Invalid responses include no response.

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	385	86	552	85	55	70	1000	83.3
4 Once or twice	33	7	62	10	8	10	106	8.8
5 Monthly	12	3	13	2	8	10	40	3.3
6 Weekly	14	3	12	2	4	5	31	2.6
7 Daily or almost daily	6	1	10	2	4	5	24	2.0
Valid responses =	450	37	649	54	79	7	1201	1.7

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	511	88	1013	90	110	78	1651	87.9
4 Once or twice	34	6	64	6	12	9	112	6.0
5 Monthly	16	3	15	1	12	9	50	2.7
6 Weekly	8	1	23	2	3	2	36	1.9
7 Daily or almost daily	11	2	10	1	5	4	29	1.5
Valid responses =	580	31	1125	60	142	8	1878	2.7

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	21	44	21	50	6	21	52	37.1
4 Once or twice	8	17	10	24	7	24	30	21.4
5 Monthly	9	19	7	17	10	35	32	22.9
6 Weekly	3	6	2	5	3	10	10	7.1
7 Daily or almost daily	7	15	2	5	3	10	16	11.4
Valid responses =	48	34	42	30	29	21	140	0.2

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	312	89	261	90	91	82	675	86.8
4 Once or twice	18	5	15	5	8	7	46	5.9
5 Monthly	6	2	8	3	5	5	23	3.0
6 Weekly	10	3	4	1	2	2	19	2.4
7 Daily or almost daily	5	1	3	1	5	5	15	1.9
Valid responses =	351	45	291	37	111	14	778	1.1

Invalid responses include no response.



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Number of Surveys (n) = 69131 Web Surveys

22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	247	82	580	88	76	71	909	83.7
4 Once or twice	16	5	39	6	15	14	72	6.6
5 Monthly	17	6	11	2	10	9	48	4.4
6 Weekly	9	3	14	2	2	2	26	2.4
7 Daily or almost daily	12	4	12	2	4	4	31	2.9
Valid responses =	301	28	656	60	107	10	1086	1.6

Invalid responses include no response.

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	710	92	1065	92	262	87	2060	90.4
4 Once or twice	36	5	76	7	23	8	137	6.0
5 Monthly	17	2	12	1	9	3	44	1.9
6 Weekly	8	1	4	0	4	1	19	0.8
7 Daily or almost daily	5	1	6	1	5	2	18	0.8
Valid responses =	776	34	1163	51	303	13	2278	3.3

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7	23	7	27	2	9	18	19.1
4 Once or twice	3	10	6	23	7	32	18	19.1
5 Monthly	11	37	6	23	5	23	28	29.8
6 Weekly	4	13	2	8	5	23	13	13.8
7 Daily or almost daily	5	17	5	19	3	14	17	18.1
Valid responses =	30	32	26	28	22	23	94	0.1

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	118	78	204	85	30	57	355	76.7
4 Once or twice	9	6	16	7	9	17	39	8.4
5 Monthly	12	8	6	3	6	11	32	6.9
6 Weekly	7	5	7	3	4	8	20	4.3
7 Daily or almost daily	5	3	6	3	4	8	17	3.7
Valid responses =	151	33	239	52	53	11	463	0.7

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	102	69	124	74	28	62	259	68.9
4 Once or twice	14	9	18	11	5	11	40	10.6
5 Monthly	16	11	9	5	6	13	34	9.0
6 Weekly	5	3	3	2	1	2	11	2.9
7 Daily or almost daily	12	8	13	8	5	11	32	8.5
Valid responses =	149	40	167	44	45	12	376	0.5

Invalid responses include no response.



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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	10857	89	27682	90	2365	90	41266	89.5
5 Once or twice	1021	8	2567	8	206	8	3828	8.3
6 Monthly	174	1	361	1	27	1	570	1.2
7 Weekly	112	1	233	1	21	1	371	0.8
8 Daily or almost daily	27	0	34	0	9	0	73	0.2
Valid responses =	12191	26	30877	67	2628	6	46108	66.7

Invalid responses include no response.

22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4327	84	10893	88	1314	80	16700	86.4
5 Once or twice	570	11	1040	8	210	13	1841	9.5
6 Monthly	112	2	180	2	55	3	352	1.8
7 Weekly	105	2	175	1	43	3	332	1.7
8 Daily or almost daily	35	1	47	0	14	1	101	0.5
Valid responses =	5149	27	12335	64	1636	8	19326	28.0

Invalid responses include no response.

22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	400	89	595	92	56	71	1062	88.3
5 Once or twice	23	5	30	5	7	9	64	5.3
6 Monthly	9	2	10	2	6	8	28	2.3
7 Weekly	9	2	7	1	5	6	24	2.0
8 Daily or almost daily	9	2	8	1	5	6	25	2.1
Valid responses =	450	37	650	54	79	7	1203	1.7

Invalid responses include no response.

22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	534	92	1069	95	117	82	1737	92.6
5 Once or twice	17	3	27	2	6	4	52	2.8
6 Monthly	8	1	8	1	6	4	26	1.4
7 Weekly	12	2	14	1	8	6	40	2.1
8 Daily or almost daily	8	1	5	0	5	4	21	1.1
Valid responses =	579	31	1123	60	142	8	1876	2.7

Invalid responses include no response.

22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	22	46	26	62	6	21	59	43.4
5 Once or twice	8	17	3	7	4	14	18	13.2
6 Monthly	6	13	4	10	7	25	20	14.7
7 Weekly	6	13	6	14	5	18	22	16.2
8 Daily or almost daily	6	13	3	7	6	21	17	12.5
Valid responses =	48	35	42	31	28	21	136	0.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	323	92	267	92	92	84	695	89.3
5 Once or twice	6	2	7	2	5	5	19	2.4
6 Monthly	9	3	6	2	3	3	24	3.1
7 Weekly	6	2	7	2	6	6	22	2.8
8 Daily or almost daily	7	2	4	1	4	4	18	2.3
Valid responses =	351	45	291	37	110	14	778	1.1

Invalid responses include no response.

22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	252	84	577	88	75	70	911	84.0
5 Once or twice	19	6	40	6	9	8	71	6.5
6 Monthly	15	5	14	2	11	10	46	4.2
7 Weekly	9	3	14	2	8	8	35	3.2
8 Daily or almost daily	6	2	9	1	4	4	22	2.0
Valid responses =	301	28	654	60	107	10	1085	1.6

Invalid responses include no response.

22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	730	94	1092	94	268	89	2112	92.7
5 Once or twice	25	3	47	4	14	5	88	3.9
6 Monthly	7	1	11	1	7	2	31	1.4
7 Weekly	10	1	7	1	9	3	31	1.4
8 Daily or almost daily	5	1	5	0	4	1	16	0.7
Valid responses =	777	34	1162	51	302	13	2278	3.3

Invalid responses include no response.

22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	10	31	8	31	3	14	23	24.2
5 Once or twice	1	3	2	8	5	23	11	11.6
6 Monthly	7	22	6	23	6	27	21	22.1
7 Weekly	10	31	8	31	3	14	26	27.4
8 Daily or almost daily	4	13	2	8	5	23	14	14.7
Valid responses =	32	34	26	27	22	23	95	0.1

Invalid responses include no response.

22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	120	78	206	86	33	62	365	78.3
5 Once or twice	5	3	10	4	8	15	25	5.4
6 Monthly	9	6	9	4	4	8	27	5.8
7 Weekly	12	8	7	3	5	9	29	6.2
8 Daily or almost daily	7	5	7	3	3	6	20	4.3
Valid responses =	153	33	239	51	53	11	466	0.7

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

of you because of your use of the following substance(s)? (only includes students who have used this substance in the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	106	70	133	78	27	61	269	70.8
5 Once or twice	15	10	13	8	5	11	35	9.2
6 Monthly	10	7	9	5	2	5	24	6.3
7 Weekly	8	5	9	5	4	9	24	6.3
8 Daily or almost daily	13	9	6	4	6	14	28	7.4
Valid responses =	152	40	170	45	44	12	380	0.5

Invalid responses include no response.

22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5097	75	11304	79	939	69	17490	76.9
3 Yes, not in the past 3 months	831	12	1451	10	218	16	2532	11.1
6 Yes, in the past 3 months	907	13	1608	11	196	15	2735	12.0
Valid responses =	6835	30	14363	63	1353	6	22757	32.9

Invalid responses include no response.

22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	11425	87	29913	91	2448	84	44178	89.2
3 Yes, not in the past 3 months	933	7	1747	5	287	10	3004	6.1
6 Yes, in the past 3 months	796	6	1357	4	169	6	2356	4.8
Valid responses =	13154	27	33017	67	2904	6	49538	71.7

Invalid responses include no response.

22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	6434	85	16866	91	1772	82	25309	88.4
3 Yes, not in the past 3 months	635	8	1011	5	243	11	1915	6.7
6 Yes, in the past 3 months	486	6	736	4	151	7	1404	4.9
Valid responses =	7555	26	18613	65	2166	8	28628	41.4

Invalid responses include no response.

22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1149	87	1965	85	184	74	3335	84.8
3 Yes, not in the past 3 months	123	9	267	12	47	19	446	11.3
6 Yes, in the past 3 months	57	4	69	3	17	7	150	3.8
Valid responses =	1329	34	2301	59	248	6	3931	5.7

Invalid responses include no response.

22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1487	91	2796	90	296	80	4628	89.4
3 Yes, not in the past 3 months	93	6	231	7	50	14	383	7.4
6 Yes, in the past 3 months	58	4	76	2	22	6	163	3.2
Valid responses =	1638	32	3103	60	368	7	5174	7.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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(410) 859-1500  
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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	204	79	307	75	41	53	571	72.9
3 Yes, not in the past 3 months	43	17	93	23	27	35	174	22.2
6 Yes, in the past 3 months	12	5	12	3	9	12	38	4.9
Valid responses =	259	33	412	53	77	10	783	1.1

Invalid responses include no response.

#### 22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	876	91	988	92	235	88	2132	90.2
3 Yes, not in the past 3 months	57	6	68	6	21	8	155	6.6
6 Yes, in the past 3 months	34	4	23	2	12	5	77	3.3
Valid responses =	967	41	1079	46	268	11	2364	3.4

Invalid responses include no response.

#### 22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	865	87	1707	85	229	74	2839	84.5
3 Yes, not in the past 3 months	89	9	225	11	53	17	375	11.2
6 Yes, in the past 3 months	39	4	73	4	27	9	146	4.3
Valid responses =	993	30	2005	60	309	9	3360	4.9

Invalid responses include no response.

#### 22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2047	91	3306	92	577	84	6060	90.7
3 Yes, not in the past 3 months	162	7	224	6	77	11	473	7.1
6 Yes, in the past 3 months	53	2	52	2	33	5	145	2.2
Valid responses =	2262	34	3582	54	687	10	6624	9.6

Invalid responses include no response.

#### 22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	85	61	138	66	26	50	261	61.3
3 Yes, not in the past 3 months	41	29	59	28	17	33	124	29.1
6 Yes, in the past 3 months	14	10	12	6	9	17	41	9.6
Valid responses =	140	33	209	49	52	12	426	0.6

Invalid responses include no response.

#### 22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	711	85	1090	83	156	71	1988	82.0
3 Yes, not in the past 3 months	101	12	197	15	53	24	358	14.8
6 Yes, in the past 3 months	25	3	34	3	11	5	77	3.2
Valid responses =	837	35	1321	55	220	9	2423	3.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	165	73	232	83	36	58	445	75.6
3 Yes, not in the past 3 months	30	13	28	10	12	19	73	12.4
6 Yes, in the past 3 months	31	14	20	7	14	23	71	12.1
Valid responses =	226	38	280	48	62	11	589	0.9

Invalid responses include no response.

#### 22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4863	71	10523	73	934	69	16471	72.3
3 Yes, not in the past 3 months	879	13	1582	11	182	14	2669	11.7
6 Yes, in the past 3 months	1104	16	2261	16	236	18	3628	15.9
Valid responses =	6846	30	14366	63	1352	6	22768	32.9

Invalid responses include no response.

#### 22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	12006	91	30650	93	2618	90	45687	92.2
3 Yes, not in the past 3 months	478	4	954	3	144	5	1603	3.2
6 Yes, in the past 3 months	681	5	1423	4	149	5	2276	4.6
Valid responses =	13165	27	33027	67	2911	6	49566	71.7

Invalid responses include no response.

#### 22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	6519	86	16853	91	1815	84	25433	88.8
3 Yes, not in the past 3 months	459	6	725	4	163	8	1371	4.8
6 Yes, in the past 3 months	575	8	1033	6	191	9	1825	6.4
Valid responses =	7553	26	18611	65	2169	8	28629	41.4

Invalid responses include no response.

#### 22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1193	90	2049	89	200	80	3482	88.6
3 Yes, not in the past 3 months	92	7	180	8	33	13	311	7.9
6 Yes, in the past 3 months	45	3	68	3	16	6	135	3.4
Valid responses =	1330	34	2297	58	249	6	3928	5.7

Invalid responses include no response.

#### 22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1523	93	2869	93	318	86	4759	91.9
3 Yes, not in the past 3 months	74	5	166	5	34	9	283	5.5
6 Yes, in the past 3 months	43	3	67	2	19	5	136	2.6
Valid responses =	1640	32	3102	60	371	7	5178	7.5

Invalid responses include no response.

#### 22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	214	82	327	79	49	64	610	77.7
3 Yes, not in the past 3 months	30	12	75	18	19	25	132	16.8
6 Yes, in the past 3 months	17	7	10	2	9	12	43	5.5
Valid responses =	261	33	412	52	77	10	785	1.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

**2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	905	93	993	93	240	90	2176	92.0
3 Yes, not in the past 3 months	35	4	59	6	15	6	117	4.9
6 Yes, in the past 3 months	32	3	21	2	13	5	71	3.0
Valid responses =	972	41	1073	45	268	11	2364	3.4

Invalid responses include no response.

**2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	888	89	1762	88	248	81	2934	87.4
3 Yes, not in the past 3 months	70	7	174	9	41	13	294	8.8
6 Yes, in the past 3 months	37	4	65	3	19	6	128	3.8
Valid responses =	995	30	2001	60	308	9	3356	4.9

Invalid responses include no response.

**2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2160	95	3413	95	634	93	6285	94.9
3 Yes, not in the past 3 months	68	3	126	4	33	5	234	3.5
6 Yes, in the past 3 months	36	2	40	1	18	3	101	1.5
Valid responses =	2264	34	3579	54	685	10	6620	9.6

Invalid responses include no response.

**22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Heroin**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	93	66	144	69	28	56	276	65.1
3 Yes, not in the past 3 months	30	21	56	27	11	22	103	24.3
6 Yes, in the past 3 months	17	12	10	5	11	22	45	10.6
Valid responses =	140	33	210	50	50	12	424	0.6

Invalid responses include no response.

**22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	733	88	1131	86	176	80	2070	85.3
3 Yes, not in the past 3 months	81	10	168	13	30	14	287	11.8
6 Yes, in the past 3 months	23	3	24	2	15	7	70	2.9
Valid responses =	837	34	1323	55	221	9	2427	3.5

Invalid responses include no response.

**22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Other**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	183	81	240	86	43	71	478	81.2
3 Yes, not in the past 3 months	11	5	20	7	7	12	42	7.1
6 Yes, in the past 3 months	33	15	19	7	11	18	69	11.7
Valid responses =	227	39	279	47	61	10	589	0.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	13562	99	33801	100	3028	99	50861	99.4
1 Yes, not in the past 3 months	75	1	136	0	16	1	236	0.5
2 Yes, in the past 3 months	40	0	21	0	23	1	95	0.2
Valid responses =	13677	27	33958	66	3067	6	51192	74.1

Invalid responses include no response.

22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY]

(only includes students who have used drugs by injection within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	19	50	9	47	12	52	48	53.9
1 More than once per week	19	50	10	53	11	48	41	46.1
Valid responses =	38	43	19	21	23	26	89	0.1

Invalid responses include no response.

23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)  
Cigarettes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2502	58	5929	67	412	49	8902	63.1
2 Yes	1820	42	2910	33	425	51	5212	36.9
Valid responses =	4322	31	8839	63	837	6	14114	20.4

Invalid responses include no response.

23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)  
E-cigarettes or other vape products (for example: Juul, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1224	28	1560	17	174	21	2988	20.8
2 Yes	3173	72	7452	83	668	79	11377	79.2
Valid responses =	4397	31	9012	63	842	6	14365	20.8

Invalid responses include no response.

23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)  
Water pipe or hookah

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3737	90	7950	92	715	89	12493	90.8
2 Yes	424	10	726	8	88	11	1259	9.2
Valid responses =	4161	30	8676	63	803	6	13752	19.9

Invalid responses include no response.

23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)  
Chewing or smokeless tobacco

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3444	82	8478	98	773	97	12790	93.1
2 Yes	744	18	168	2	27	3	955	6.9
Valid responses =	4188	30	8646	63	800	6	13745	19.9

Invalid responses include no response.

23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)  
Cigars or little cigars

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3110	73	8208	94	710	88	12119	87.4
2 Yes	1139	27	485	6	96	12	1740	12.6
Valid responses =	4249	31	8693	63	806	6	13859	20.0

Invalid responses include no response.

23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2731	93	5767	99	502	96	9067	96.6
2 Yes	203	7	83	1	20	4	315	3.4
Valid responses =	2934	31	5850	62	522	6	9382	13.6

Invalid responses include no response.



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24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	10663	56	23781	53	1602	40	36477	53.1
2 Within the last 2 weeks	3198	17	7332	16	1148	29	11803	17.2
3 More than 2 weeks but within 30 days	747	4	1841	4	209	5	2832	4.1
4 More than 30 days but within 3 months	1081	6	2629	6	305	8	4065	5.9
5 More than 3 months but within 12 months	1271	7	3671	8	321	8	5309	7.7
6 More than 12 months ago	2203	12	5475	12	409	10	8164	11.9
Valid responses =	19163	28	44729	65	3994	6	68650	99.3

Invalid responses include no response.

25A) When, if ever, was the last time you drank alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4614	24	8581	19	775	19	14208	20.7
2 Within the last 2 weeks	9566	50	23124	52	1778	44	34746	50.6
3 More than 2 weeks but within 30 days	1526	8	4429	10	445	11	6464	9.4
4 More than 30 days but within 3 months	1555	8	4071	9	470	12	6184	9.0
5 More than 3 months but within 12 months	1070	6	2802	6	307	8	4230	6.2
6 More than 12 months ago	847	4	1734	4	227	6	2850	4.1
Valid responses =	19178	28	44741	65	4002	6	68682	99.4

Invalid responses include no response.

25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7586	60	19791	63	1643	61	29288	61.9
2 Yes	5044	40	11793	37	1043	39	18033	38.1
Valid responses =	12630	27	31584	67	2686	6	47321	68.5

Invalid responses include no response.

25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you intend to get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7445	59	19551	62	1593	59	28852	61.0
2 Yes	5174	41	11992	38	1092	41	18416	39.0
Valid responses =	12619	27	31543	67	2685	6	47268	68.4

Invalid responses include no response.

26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	274	2	532	2	74	3	897	1.9
1 1 to 2 Drinks	5092	41	16095	51	1408	53	22808	48.4
2 3 to 4 Drinks	3015	24	8504	27	723	27	12334	26.2
3 5 to 6 Drinks	1945	16	4237	14	287	11	6514	13.8
4 7 to 8 Drinks	1064	9	1341	4	82	3	2506	5.3
5 9 to 10 Drinks	598	5	499	2	52	2	1157	2.5
6 11 or More Drinks	594	5	258	1	36	1	895	1.9
Total	12582	27	31466	67	2662	6	47111	68.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	4.09	3.00	3.7	0	88
Cis Women	2.99	2.00	2.37	0	75
Trans/Gender Non-conforming	2.94	2.00	3.21	0	77
Overall	3.28	2.00	2.88	0	88



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#### FREQUENCY REPORT

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27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	401	3	702	2	91	3	1213	2.6
1 1 to 2 Hours	5138	41	12681	40	1201	45	19190	40.8
2 3 to 4 Hours	4460	36	11432	36	916	34	16948	36.0
3 5 to 6 Hours	2050	16	5460	17	373	14	7944	16.9
4 7 to 8 Hours	351	3	875	3	55	2	1288	2.7
5 9 to 10 Hours	101	1	164	1	9	0	278	0.6
6 11 or More Hours	77	1	124	0	15	1	216	0.5
Total	12578	27	31438	67	2660	6	47077	68.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.10	3.00	2.13	0	50
Cis Women	3.12	3.00	1.99	0	50
Trans/Gender Non-conforming	2.91	3.00	2.32	0	50
Overall	3.10	3.00	2.05	0	50

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	4300	45	11804	51	1041	59	17289	49.9
2 1 time	2259	24	5681	25	409	23	8409	24.3
3 2 times	1408	15	2872	13	161	9	4475	12.9
4 3 times	604	6	1265	6	60	3	1938	5.6
5 4 times	457	5	723	3	38	2	1227	3.5
6 5 times	205	2	361	2	18	1	585	1.7
7 6 times	128	1	148	1	13	1	291	0.8
8 7 times	52	1	78	0	9	1	140	0.4
9 8 times	39	0	52	0	12	1	104	0.3
10 9 times	22	0	23	0	3	0	48	0.1
11 10 or more times	66	1	56	0	10	1	134	0.4
Total	9540	28	23063	67	1774	5	34640	50.1

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Did something I later regretted

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11183	82	27601	81	2492	84	41650	81.1
2 Yes	2466	18	6677	20	491	17	9713	18.9
Valid responses =	13649	27	34278	67	2983	6	51363	74.3

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12112	89	30359	89	2741	92	45620	88.7
2 Yes	1557	11	3945	12	250	8	5796	11.3
Valid responses =	13669	27	34304	67	2991	6	51416	74.4

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10881	80	26330	77	2392	80	39977	77.7
2 Yes	2793	20	7994	23	599	20	11464	22.3
Valid responses =	13674	27	34324	67	2991	6	51441	74.4

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Got in trouble with the police

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13512	99	34094	99	2963	99	51014	99.3
2 Yes	137	1	194	1	23	1	360	0.7
Valid responses =	13649	27	34288	67	2986	6	51374	74.3

Invalid responses include no response.





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29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Got in trouble with college/university authorities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13500	99	33975	99	2951	99	50872	99.0
2 Yes	163	1	303	1	35	1	508	1.0
Valid responses =	13663	27	34278	67	2986	6	51380	74.3

Invalid responses include no response.

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Someone had sex with me without my consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13535	99	33663	98	2910	98	50550	98.4
2 Yes	123	1	614	2	75	3	821	1.6
Valid responses =	13658	27	34277	67	2985	6	51371	74.3

Invalid responses include no response.

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had sex with someone without their consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13634	100	34266	100	2967	99	51312	99.8
2 Yes	30	0	42	0	21	1	99	0.2
Valid responses =	13664	27	34308	67	2988	6	51411	74.4

Invalid responses include no response.

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had unprotected sex

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12139	89	30285	88	2717	91	45548	88.6
2 Yes	1523	11	4042	12	268	9	5877	11.4
Valid responses =	13662	27	34327	67	2985	6	51425	74.4

Invalid responses include no response.

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured myself

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12792	94	31775	93	2759	92	47746	92.9
2 Yes	868	6	2517	7	226	8	3643	7.1
Valid responses =	13660	27	34292	67	2985	6	51389	74.3

Invalid responses include no response.

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured another person

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13550	99	34158	100	2955	99	51108	99.4
2 Yes	110	1	148	0	28	1	291	0.6
Valid responses =	13660	27	34306	67	2983	6	51399	74.4

Invalid responses include no response.

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Seriously considered suicide

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13324	98	33494	98	2776	93	50023	97.3
2 Yes	345	3	799	2	214	7	1382	2.7
Valid responses =	13669	27	34293	67	2990	6	51405	74.4

Invalid responses include no response.

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Needed medical help

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13501	99	33907	99	2940	99	50786	99.0
2 Yes	127	1	334	1	42	1	514	1.0
Valid responses =	13628	27	34241	67	2982	6	51300	74.2

Invalid responses include no response.



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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 30A) Within the last 30 days, did you drive after drinking any alcohol at all?

(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7455	83	20059	88	1326	87	29043	86.5
2 Yes	1584	18	2705	12	199	13	4521	13.5
Valid responses =	9039	27	22764	68	1525	5	33564	48.6

Invalid responses include no response.

#### 30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	13179	96	33501	98	2871	96	49978	97.1
2 Alcohol use negatively impacted performance in class	423	3	721	2	96	3	1259	2.4
3 Alcohol use delayed progress towards degree	73	1	110	0	20	1	208	0.4
Valid responses =	13675	27	34332	67	2987	6	51445	74.4

Invalid responses include no response.

#### 31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?

(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1980	63	5253	72	576	66	7887	69.2
2 Yes	1146	37	2031	28	303	35	3505	30.8
Valid responses =	3126	27	7284	64	879	8	11392	16.5

Invalid responses include no response.

#### 31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance?

(only includes students who used cannabis within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	5591	92	14449	96	1705	92	21951	94.8
2 Marijuana use negatively impacted performance in class	379	6	456	3	128	7	984	4.2
3 Marijuana use delayed progress towards degree	97	2	96	1	29	2	225	1.0
Valid responses =	6067	26	15001	65	1862	8	23160	33.5

Invalid responses include no response.

#### 32) Do you identify as a person in recovery from alcohol or other drug use?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14191	98	35496	98	3079	96	53276	97.9
2 Yes	350	2	641	2	142	4	1156	2.1
Valid responses =	14541	27	36137	66	3221	6	54432	78.7

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

#### 33A) When, if ever, was the last time you had:

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	7289	38	15652	35	1437	36	24713	36.4
2 Within the last 2 weeks	5553	29	14225	32	1109	28	21064	31.0
3 More than 2 weeks but within 30 days	1327	7	3644	8	321	8	5345	7.9
4 More than 30 days but within 3 months	1519	8	3808	9	350	9	5720	8.4
5 More than 3 months but within 12 months	1576	8	3530	8	386	10	5536	8.1
6 More than 12 months ago	1751	9	3405	8	382	10	5595	8.2
Valid responses =	19015	28	44264	65	3985	6	67973	98.3

Invalid responses include no response.

#### 33B) When, if ever, was the last time you had:

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	8404	44	16501	37	1961	49	27253	40.1
2 Within the last 2 weeks	5541	29	15893	36	907	23	22508	33.1
3 More than 2 weeks but within 30 days	1041	6	3004	7	227	6	4316	6.4
4 More than 30 days but within 3 months	1200	6	3127	7	242	6	4605	6.8
5 More than 3 months but within 12 months	1241	7	2885	7	268	7	4416	6.5
6 More than 12 months ago	1555	8	2841	6	375	9	4822	7.1
Valid responses =	18982	28	44251	65	3980	6	67920	98.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

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#### 33C) When, if ever, was the last time you had: Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	15257	81	36509	83	3000	76	55316	81.6
2 Within the last 2 weeks	738	4	763	2	152	4	1686	2.5
3 More than 2 weeks but within 30 days	301	2	470	1	100	3	892	1.3
4 More than 30 days but within 3 months	428	2	893	2	129	3	1474	2.2
5 More than 3 months but within 12 months	647	3	1513	3	167	4	2347	3.5
6 More than 12 months ago	1563	8	3989	9	424	11	6034	8.9
Valid responses =	18934	28	44137	65	3972	6	67749	98.0

Invalid responses include no response.

#### 34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse? (only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	61	1	81	0	10	0	163	0.4
1 1 Partner	7229	68	19539	72	1424	63	28399	70.0
2 2 Partners	1260	12	3199	12	326	15	4819	11.9
3 3 Partners	715	7	1759	6	158	7	2652	6.5
4 4 Partners	436	4	951	4	92	4	1489	3.7
5 5 Partners	290	3	592	2	80	4	970	2.4
6 6 Partners	161	2	327	1	45	2	540	1.3
7 7 Partners	108	1	212	1	20	1	342	0.8
8 8 to 10 Partners	251	2	403	2	48	2	711	1.8
9 11 or More Partners	196	2	218	1	48	2	475	1.2
Valid responses =	10707	26	27281	67	2251	6	40560	58.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.21	1.00	3.95	0	89
Cis Women	1.78	1.00	2.09	0	70
Trans/Gender Non-conforming	2.36	1.00	4.31	0	94
Overall	1.94	1.00	2.91	0	94

#### 35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Women or females

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1092	10	24425	92	1298	60	26968	68.0
2 Yes	9489	90	2203	8	850	40	12680	32.0
Valid responses =	10581	27	26628	67	2148	5	39648	57.4

Invalid responses include no response.

#### 35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Men or males

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9055	88	1379	5	833	39	11391	28.6
2 Yes	1205	12	25735	95	1318	61	28419	71.4
Valid responses =	10260	26	27114	68	2151	5	39810	57.6

Invalid responses include no response.

#### 35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Trans women

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10110	99	26320	100	1859	90	38546	98.9
2 Yes	89	1	126	1	214	10	447	1.1
Valid responses =	10199	26	26446	68	2073	5	38993	56.4

Invalid responses include no response.

#### 35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Trans men

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10072	99	26270	100	1862	90	38463	98.8
2 Yes	98	1	138	1	206	10	458	1.2
Valid responses =	10170	26	26408	68	2068	5	38921	56.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Genderqueer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9930	98	26043	99	1518	72	37723	96.7
2 Yes	243	2	390	2	601	28	1283	3.3
Valid responses =	10173	26	26433	68	2119	5	39006	56.4

Invalid responses include no response.

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Person(s) with another identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10063	99	26186	99	1746	85	38245	98.4
2 Yes	114	1	180	1	310	15	623	1.6
Valid responses =	10177	26	26366	68	2056	5	38868	56.2

Invalid responses include no response.

36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during: (only includes students that have had oral sex within the last 30 days)

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	6043	88	16151	91	1260	89	23634	89.8
2 Rarely	239	4	510	3	60	4	821	3.1
3 Sometimes	192	3	352	2	38	3	591	2.2
4 Most of the time	133	2	244	1	29	2	415	1.6
5 Always	246	4	557	3	36	3	846	3.2
Valid responses =	6853	26	17814	68	1423	5	26307	38.1

Invalid responses include no response.

36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2618	40	8702	46	482	43	11890	44.6
2 Rarely	487	8	1586	8	89	8	2182	8.2
3 Sometimes	621	10	1761	9	102	9	2504	9.4
4 Most of the time	940	14	2381	13	165	15	3515	13.2
5 Always	1870	29	4383	23	292	26	6590	24.7
Valid responses =	6536	24	18813	71	1130	4	26681	38.6

Invalid responses include no response.

36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during: (only includes students that have had anal intercourse within the last 30 days)

Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	533	52	885	72	127	50	1572	61.4
2 Rarely	88	9	73	6	26	10	195	7.6
3 Sometimes	126	12	58	5	29	12	219	8.6
4 Most of the time	94	9	45	4	23	9	163	6.4
5 Always	193	19	163	13	47	19	410	16.0
Valid responses =	1034	40	1224	48	252	10	2559	3.7

Invalid responses include no response.

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?

(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	7464	83	21045	85	1316	80	30021	83.9
2 No, not want prevent pregnancy	270	3	588	2	37	2	906	2.5
3 No, did not use any method	1083	12	3082	12	266	16	4467	12.5
4 Don't know	184	2	160	1	21	1	378	1.1
Valid responses =	9001	25	24875	70	1640	5	35722	51.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

**38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control pills (monthly or extended cycle)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3940	53	11336	54	848	64	16238	54.1
1 Selected	3524	47	9709	46	468	36	13783	45.9
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.

**38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control shots

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7330	98	20646	98	1286	98	29455	98.1
1 Selected	134	2	399	2	30	2	566	1.9
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.

**38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control implants

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6886	92	19598	93	1199	91	27863	92.8
1 Selected	578	8	1447	7	117	9	2158	7.2
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.

**38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control patch

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7397	99	20877	99	1302	99	29769	99.2
1 Selected	67	1	168	1	14	1	252	0.8
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.

**38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

The ring

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7333	98	20616	98	1281	97	29423	98.0
1 Selected	131	2	429	2	35	3	598	2.0
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.

**38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Emergency contraception ("morning after pill" or "Plan B")

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7095	95	19959	95	1241	94	28480	94.9
1 Selected	369	5	1086	5	75	6	1541	5.1
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.

**38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Intrauterine device (IUD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6413	86	17633	84	1083	82	25292	84.2
1 Selected	1051	14	3412	16	233	18	4729	15.8
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.



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**38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Male (external) condom**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3409	46	11519	55	620	47	15666	52.2
1 Selected	4055	54	9526	45	696	53	14355	47.8
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.

**38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Female (internal) condom**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7446	100	20998	100	1304	99	29943	99.7
1 Selected	18	0	47	0	12	1	78	0.3
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.

**38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Diaphragm or cervical cap**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7455	100	21039	100	1314	100	30004	99.9
1 Selected	9	0	6	0	2	0	17	0.1
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.

**38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Contraceptive sponge**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7460	100	21040	100	1316	100	30012	100.0
1 Selected	4	0	5	0	0	0	9	0.0
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.

**38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Withdrawal**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6120	82	16099	77	1034	79	23417	78.0
1 Selected	1344	18	4946	24	282	21	6604	22.0
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.

**38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Fertility awareness (for example: calendar, mucous, and basal body temperature)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7224	97	19971	95	1241	94	28627	95.4
1 Selected	240	3	1074	5	75	6	1394	4.6
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.

**38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Sterilization (for example: hysterectomy, tubes tied, or vasectomy)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7286	98	20487	97	1269	96	29235	97.4
1 Selected	178	2	558	3	47	4	786	2.6
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

**38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Don't know

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7380	99	21018	100	1308	99	29899	99.6
1 Selected	84	1	27	0	8	1	122	0.4
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.

**38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Other method

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7396	99	20804	99	1281	97	29668	98.8
1 Selected	68	1	241	1	35	3	353	1.2
Valid responses =	7464	25	21045	70	1316	4	30021	43.4

Invalid responses include no response.

**39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")?**  
(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7158	80	19930	80	1248	76	28526	80.0
2 Yes	1423	16	4497	18	297	18	6261	17.6
3 Don't know	279	3	59	0	28	2	374	1.0
4 Not applicable	112	1	326	1	62	4	508	1.4
Valid responses =	8972	25	24812	70	1635	5	35669	51.6

Invalid responses include no response.

**40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8678	96	24230	97	1574	96	34714	97.1
2 Yes, unintentionally	87	1	295	1	31	2	418	1.2
3 Yes, intentionally	159	2	282	1	22	1	469	1.3
4 Don't know	76	1	69	0	13	1	167	0.5
Valid responses =	9000	25	24876	70	1640	5	35768	51.7

Invalid responses include no response.

**41A) Below are 8 statements with which you may agree or disagree.**

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I lead a purposeful and meaningful life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	503	3	612	1	158	4	1332	1.9
2 Disagree	781	4	1205	3	353	9	2384	3.5
3 Slightly disagree	940	5	2050	5	393	10	3442	5.0
4 Neither agree nor disagree	2131	11	4495	10	644	16	7372	10.7
5 Slightly agree	3523	18	9389	21	973	24	14032	20.4
6 Agree	6732	35	16541	37	1038	26	24485	35.7
7 Strongly agree	4550	24	10458	23	440	11	15583	22.7
Valid responses =	19160	28	44750	65	3999	6	68630	99.3

Invalid responses include no response.

**41B) Below are 8 statements with which you may agree or disagree.**

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	341	2	481	1	95	2	959	1.4
2 Disagree	523	3	862	2	135	3	1547	2.3
3 Slightly disagree	811	4	1773	4	253	6	2877	4.2
4 Neither agree nor disagree	1811	10	2916	7	340	9	5145	7.5
5 Slightly agree	3821	20	9245	21	901	23	14111	20.6
6 Agree	7287	38	17854	40	1488	37	26862	39.2
7 Strongly agree	4558	24	11601	26	788	20	17104	24.9
Valid responses =	19152	28	44732	65	4000	6	68605	99.2

Invalid responses include no response.





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41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	427	2	697	2	177	4	1354	2.0
2 Disagree	758	4	1616	4	323	8	2741	4.0
3 Slightly disagree	1293	7	3393	8	505	13	5254	7.7
4 Neither agree nor disagree	1902	10	4271	10	495	12	6759	9.9
5 Slightly agree	4482	23	11551	26	1120	28	17306	25.2
6 Agree	6631	35	15522	35	1041	26	23398	34.1
7 Strongly agree	3653	19	7671	17	338	9	11769	17.2
Valid responses =	19146	28	44721	65	3999	6	68581	99.2

Invalid responses include no response.

41D) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	301	2	359	1	87	2	783	1.1
2 Disagree	367	2	552	1	132	3	1077	1.6
3 Slightly disagree	537	3	1043	2	179	5	1798	2.6
4 Neither agree nor disagree	2086	11	3705	8	574	14	6462	9.4
5 Slightly agree	4156	22	9405	21	991	25	14700	21.4
6 Agree	7029	37	18051	40	1329	33	26636	38.9
7 Strongly agree	4666	24	11573	26	704	18	17089	24.9
Valid responses =	19142	28	44688	65	3996	6	68545	99.2

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	221	1	389	1	115	3	760	1.1
2 Disagree	307	2	621	1	161	4	1110	1.6
3 Slightly disagree	564	3	1321	3	304	8	2236	3.3
4 Neither agree nor disagree	1159	6	2442	6	362	9	4049	5.9
5 Slightly agree	3157	17	8121	18	951	24	12373	18.0
6 Agree	7769	41	18712	42	1397	35	28099	41.0
7 Strongly agree	5979	31	13120	29	708	18	19971	29.1
Valid responses =	19156	28	44726	65	3998	6	68598	99.2

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	257	1	370	1	133	3	801	1.2
2 Disagree	329	2	551	1	169	4	1070	1.6
3 Slightly disagree	630	3	1161	3	283	7	2114	3.1
4 Neither agree nor disagree	1933	10	3355	8	611	15	6007	8.8
5 Slightly agree	3274	17	7606	17	954	24	11981	17.5
6 Agree	7217	38	18208	41	1268	32	26901	39.2
7 Strongly agree	5509	29	13481	30	579	15	19721	28.7
Valid responses =	19149	28	44732	65	3997	6	68595	99.2

Invalid responses include no response.

41G) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	545	3	815	2	277	7	1697	2.5
2 Disagree	656	3	1338	3	375	9	2409	3.5
3 Slightly disagree	1040	5	2538	6	497	12	4131	6.0
4 Neither agree nor disagree	2016	11	3783	9	581	15	6484	9.5
5 Slightly agree	3379	18	8710	20	926	23	13158	19.2
6 Agree	5936	31	15292	34	871	22	22267	32.5
7 Strongly agree	5582	29	12249	27	472	12	18448	26.9
Valid responses =	19154	28	44725	65	3999	6	68594	99.2

Invalid responses include no response.



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41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

People respect me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	296	2	424	1	135	3	900	1.3
2 Disagree	384	2	675	2	140	4	1227	1.8
3 Slightly disagree	632	3	1470	3	324	8	2465	3.6
4 Neither agree nor disagree	2473	13	4632	10	761	19	8004	11.7
5 Slightly agree	3540	19	8806	20	1005	25	13501	19.7
6 Agree	7449	39	18467	41	1225	31	27344	39.9
7 Strongly agree	4356	23	10247	23	404	10	15120	22.1
Valid responses =	19130	28	44721	65	3994	6	68561	99.2

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.<sup>1</sup>

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	183	1	316	1	81	2	624	0.9
1 Rarely true	413	2	1145	3	250	6	1850	2.7
2 Sometimes true	3401	18	9832	22	1252	31	14676	21.4
3 Often true	8721	46	20659	46	1678	42	31328	45.7
4 True nearly all the time	6432	34	12768	29	737	18	20115	29.3
Valid responses =	19150	28	44720	65	3998	6	68593	99.2

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.<sup>1</sup>

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	245	1	449	1	103	3	835	1.2
1 Rarely true	594	3	1774	4	334	8	2746	4.0
2 Sometimes true	3220	17	9638	22	1204	30	14244	20.8
3 Often true	7653	40	18993	43	1555	39	28467	41.6
4 True nearly all the time	7409	39	13816	31	794	20	22208	32.4
Valid responses =	19121	28	44670	65	3990	6	68500	99.1

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5946	31	6871	16	538	14	13544	19.9
2 Yes	13004	69	37550	85	3441	87	54514	80.1
Valid responses =	18950	28	44421	65	3979	6	68058	98.4

Invalid responses include no response.

44A) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel nervous?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	1886	10	2144	5	95	2	4189	6.1
1 A little of the time	5490	29	8302	19	440	11	14343	20.9
2 Some of the time	7735	40	17733	40	1320	33	27020	39.4
3 Most of the time	2910	15	11349	25	1391	35	15821	23.1
4 All of the time	1123	6	5194	12	748	19	7192	10.5
Valid responses =	19144	28	44722	65	3994	6	68565	99.2

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel hopeless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	7531	40	14639	33	574	14	22917	33.6
1 A little of the time	5306	28	12857	29	1041	26	19379	28.4
2 Some of the time	4452	23	11987	27	1483	37	18122	26.5
3 Most of the time	1237	7	3570	8	593	15	5484	8.0
4 All of the time	545	3	1473	3	285	7	2366	3.5
Valid responses =	19071	28	44526	65	3976	6	68268	98.8



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Invalid responses include no response.

#### 44C) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel restless or fidgety?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	3821	20	5981	13	197	5	10096	14.8
1 A little of the time	5102	27	10156	23	510	13	15880	23.2
2 Some of the time	6045	32	14588	33	1170	29	21992	32.2
3 Most of the time	2899	15	9590	22	1263	32	13934	20.4
4 All of the time	1213	6	4261	10	836	21	6425	9.4
Valid responses =	19080	28	44576	65	3976	6	68327	98.8

Invalid responses include no response.

#### 44D) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	9396	49	17064	38	828	21	27509	40.2
1 A little of the time	5112	27	13617	31	1269	32	20182	29.5
2 Some of the time	3261	17	9908	22	1244	31	14596	21.3
3 Most of the time	955	5	2926	7	440	11	4391	6.4
4 All of the time	408	2	1174	3	210	5	1835	2.7
Valid responses =	19132	28	44689	65	3991	6	68513	99.1

Invalid responses include no response.

#### 44E) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel that everything was an effort?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	5343	28	9199	21	307	8	14983	21.9
1 A little of the time	5468	29	12037	27	659	17	18294	26.7
2 Some of the time	4901	26	12586	28	1170	29	18844	27.5
3 Most of the time	2345	12	7344	16	1035	26	10867	15.9
4 All of the time	1079	6	3521	8	820	21	5523	8.1
Valid responses =	19136	28	44687	65	3991	6	68511	99.1

Invalid responses include no response.

#### 44F) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel worthless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	10573	55	22525	51	1139	29	34500	50.4
1 A little of the time	4064	21	10260	23	998	25	15471	22.6
2 Some of the time	2831	15	7218	16	1028	26	11226	16.4
3 Most of the time	1054	6	2970	7	467	12	4573	6.7
4 All of the time	590	3	1675	4	351	9	2671	3.9
Valid responses =	19112	28	44648	65	3983	6	68441	99.0

Invalid responses include no response.

#### 45A) Indicate how often each of the statements below is descriptive of you.

How often do you feel that you lack companionship?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	7289	38	16722	37	990	25	25251	36.8
2 Some of the time	7694	40	19864	44	1853	46	29701	43.3
3 Often	4149	22	8141	18	1150	29	13606	19.8
Valid responses =	19132	28	44727	65	3993	6	68558	99.2

Invalid responses include no response.

#### 45B) Indicate how often each of the statements below is descriptive of you.

How often do you feel left out?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	7649	40	14156	32	875	22	22891	33.4
2 Some of the time	8475	44	22020	49	1953	49	32785	47.8
3 Often	3010	16	8535	19	1165	29	12869	18.8
Valid responses =	19134	28	44711	65	3993	6	68545	99.2

Invalid responses include no response.



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45C) Indicate how often each of the statements below is descriptive of you.  
How often do you feel isolated from others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	7494	39	15667	35	749	19	24123	35.2
2 Some of the time	7720	40	19646	44	1818	46	29464	43.0
3 Often	3919	21	9409	21	1428	36	14966	21.8
Valid responses =	19133	28	44722	65	3995	6	68553	99.2
Invalid responses include no response.								

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	17843	93	39860	89	2750	69	60999	89.1
2 Once or twice	995	5	3743	8	863	22	5703	8.3
3 Monthly	175	1	693	2	234	6	1138	1.7
4 Weekly	61	0	280	1	113	3	470	0.7
5 Daily or almost daily	21	0	97	0	32	1	155	0.2
Valid responses =	19095	28	44673	65	3992	6	68465	99.0
Invalid responses include no response.								

47A1) Within the last 12 months, have you had problems or challenges with any the following?  
Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10522	55	23209	52	1471	37	35479	51.8
2 Yes	8614	45	21514	48	2526	63	33059	48.2
Valid responses =	19136	28	44723	65	3997	6	68538	99.1
Invalid responses include no response.								

47A2) Within the last 12 months, have you had problems or challenges with any the following?  
Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12777	67	28882	65	2226	56	44264	64.7
2 Yes	6327	33	15775	35	1762	44	24156	35.3
Valid responses =	19104	28	44657	65	3988	6	68420	99.0
Invalid responses include no response.								

47A3) Within the last 12 months, have you had problems or challenges with any the following?  
Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11358	59	22997	52	1765	44	36445	53.2
2 Yes	7750	41	21682	49	2230	56	32010	46.8
Valid responses =	19108	28	44679	65	3995	6	68455	99.0
Invalid responses include no response.								

47A4) Within the last 12 months, have you had problems or challenges with any the following?  
Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5586	29	11543	26	555	14	17839	26.1
2 Yes	13521	71	33103	74	3431	86	50569	73.9
Valid responses =	19107	28	44646	65	3986	6	68408	99.0
Invalid responses include no response.								

47A5) Within the last 12 months, have you had problems or challenges with any the following?  
Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16725	88	39017	88	3203	81	59448	87.0
2 Yes	2363	12	5589	13	775	20	8886	13.0
Valid responses =	19088	28	44606	65	3978	6	68334	98.8
Invalid responses include no response.								



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 47A6) Within the last 12 months, have you had problems or challenges with any the following?

##### Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14097	74	26232	59	1619	41	42283	61.8
2 Yes	4997	26	18407	41	2371	59	26111	38.2
Valid responses =	19094	28	44639	65	3990	6	68394	98.9

Invalid responses include no response.

#### 47A7) Within the last 12 months, have you had problems or challenges with any the following?

##### Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12360	65	27482	62	2164	54	42425	62.1
2 Yes	6718	35	17124	38	1819	46	25905	37.9
Valid responses =	19078	28	44606	65	3983	6	68330	98.8

Invalid responses include no response.

#### 47A8) Within the last 12 months, have you had problems or challenges with any the following?

##### Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15037	79	30438	68	2590	65	48521	71.1
2 Yes	4032	21	14132	32	1387	35	19755	28.9
Valid responses =	19069	28	44570	65	3977	6	68276	98.8

Invalid responses include no response.

#### 47A9) Within the last 12 months, have you had problems or challenges with any the following?

##### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15449	81	33580	76	2586	65	52062	76.4
2 Yes	3590	19	10916	25	1394	35	16112	23.6
Valid responses =	19039	28	44496	65	3980	6	68174	98.6

Invalid responses include no response.

#### 47A10) Within the last 12 months, have you had problems or challenges with any the following?

##### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11851	62	18658	42	1130	28	31934	46.7
2 Yes	7231	38	25943	58	2855	72	36392	53.3
Valid responses =	19082	28	44601	65	3985	6	68326	98.8

Invalid responses include no response.

#### 47A11) Within the last 12 months, have you had problems or challenges with any the following?

##### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12816	67	25407	57	1992	50	40573	59.5
2 Yes	6238	33	19131	43	1981	50	27651	40.5
Valid responses =	19054	28	44538	65	3973	6	68224	98.7

Invalid responses include no response.

#### 47A12) Within the last 12 months, have you had problems or challenges with any the following?

##### Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14779	77	32109	72	2858	72	50210	73.4
2 Yes	4317	23	12522	28	1121	28	18153	26.6
Valid responses =	19096	28	44631	65	3979	6	68363	98.9

Invalid responses include no response.

#### 47A13) Within the last 12 months, have you had problems or challenges with any the following?

##### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18195	95	41442	93	3555	89	63773	93.2
2 Yes	920	5	3220	7	431	11	4650	6.8
Valid responses =	19115	28	44662	65	3986	6	68423	99.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 47A14) Within the last 12 months, have you had problems or challenges with any the following? Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18545	97	43166	97	3689	93	66007	96.5
2 Yes	560	3	1485	3	295	7	2389	3.5
Valid responses =	19105	28	44651	65	3984	6	68396	98.9

Invalid responses include no response.

#### 47A15) Within the last 12 months, have you had problems or challenges with any the following? Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18803	98	44234	99	3930	99	67608	98.8
2 Yes	302	2	414	1	54	1	787	1.2
Valid responses =	19105	28	44648	65	3984	6	68395	98.9

Invalid responses include no response.

#### 47A16) Within the last 12 months, have you had problems or challenges with any the following? Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17081	89	36817	82	2253	57	56585	82.7
2 Yes	2035	11	7845	18	1735	44	11840	17.3
Valid responses =	19116	28	44662	65	3988	6	68425	99.0

Invalid responses include no response.

#### 47A17) Within the last 12 months, have you had problems or challenges with any the following? Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18530	97	38891	87	3244	81	61219	89.5
2 Yes	573	3	5761	13	740	19	7174	10.5
Valid responses =	19103	28	44652	65	3984	6	68393	98.9

Invalid responses include no response.

#### 47A18) Within the last 12 months, have you had problems or challenges with any the following? Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17489	92	39979	90	2947	74	60914	89.0
2 Yes	1619	9	4679	11	1040	26	7493	11.0
Valid responses =	19108	28	44658	65	3987	6	68407	99.0

Invalid responses include no response.

#### 47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	95	1	103	1	5	0	209	0.6
2 Minimal Distress	1303	15	1984	9	221	9	3551	10.8
3 Moderate Distress	3895	45	8589	40	1025	41	13650	41.4
4 High Distress	3281	38	10775	50	1267	50	15522	47.1
Valid responses =	8574	26	21451	65	2518	8	32932	47.6

Invalid responses include no response.

#### 47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress? (only includes students that had problems or challenges with this issue within the last 12 months) Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	157	3	232	2	27	2	422	1.8
2 Minimal Distress	1576	25	3276	21	371	21	5285	22.0
3 Moderate Distress	2797	44	6877	44	795	45	10582	44.0
4 High Distress	1771	28	5329	34	560	32	7758	32.3
Valid responses =	6301	26	15714	65	1753	7	24047	34.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	142	2	214	1	14	1	373	1.2
2 Minimal Distress	1955	25	4059	19	379	17	6454	20.3
3 Moderate Distress	3361	44	9290	43	887	40	13680	42.9
4 High Distress	2253	29	8029	37	935	42	11344	35.6
Valid responses =	7711	24	21592	68	2215	7	31851	46.1

Invalid responses include no response.

#### 47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	511	4	644	2	41	1	1211	2.4
2 Minimal Distress	4738	35	9741	30	790	23	15400	30.6
3 Moderate Distress	5355	40	13697	42	1400	41	20628	41.0
4 High Distress	2846	21	8874	27	1182	35	13075	26.0
Valid responses =	13450	27	32956	66	3413	7	50314	72.8

Invalid responses include no response.

#### 47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	154	7	234	4	11	1	404	4.6
2 Minimal Distress	961	41	2091	38	303	39	3405	38.6
3 Moderate Distress	812	35	2074	37	287	37	3235	36.7
4 High Distress	417	18	1156	21	169	22	1781	20.2
Valid responses =	2344	27	5555	63	770	9	8825	12.8

Invalid responses include no response.

#### 47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	203	4	311	2	27	1	548	2.1
2 Minimal Distress	1826	37	5101	28	560	24	7562	29.1
3 Moderate Distress	1881	38	7392	40	891	38	10278	39.6
4 High Distress	1046	21	5511	30	878	37	7569	29.2
Valid responses =	4956	19	18315	71	2356	9	25957	37.5

Invalid responses include no response.

#### 47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	323	5	512	3	38	2	878	3.4
2 Minimal Distress	2219	33	5450	32	518	29	8257	32.0
3 Moderate Distress	2409	36	6181	36	673	37	9339	36.2
4 High Distress	1731	26	4901	29	576	32	7290	28.3
Valid responses =	6682	26	17044	66	1805	7	25764	37.3

Invalid responses include no response.

#### 47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	254	6	426	3	35	3	724	3.7
2 Minimal Distress	1853	46	4873	35	448	33	7232	36.8
3 Moderate Distress	1262	32	5044	36	472	34	6837	34.8
4 High Distress	637	16	3727	27	425	31	4858	24.7
Valid responses =	4006	20	14070	72	1380	7	19651	28.4

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	275	8	486	5	43	3	816	5.1
2 Minimal Distress	1905	53	4973	46	592	43	7556	47.2
3 Moderate Distress	1019	29	3803	35	496	36	5391	33.7
4 High Distress	368	10	1593	15	254	18	2250	14.1
Valid responses =	3567	22	10855	68	1385	9	16013	23.2

Invalid responses include no response.

#### 47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	331	5	497	2	45	2	891	2.5
2 Minimal Distress	3478	48	9296	36	904	32	13801	38.1
3 Moderate Distress	2375	33	10031	39	1097	39	13627	37.7
4 High Distress	1012	14	5977	23	795	28	7874	21.8
Valid responses =	7196	20	25801	71	2841	8	36193	52.4

Invalid responses include no response.

#### 47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	293	5	572	3	47	2	919	3.3
2 Minimal Distress	2286	37	5719	30	600	30	8689	31.5
3 Moderate Distress	2393	39	7584	40	800	41	10888	39.5
4 High Distress	1242	20	5182	27	529	27	7046	25.6
Valid responses =	6214	23	19057	69	1976	7	27542	39.8

Invalid responses include no response.

#### 47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	199	5	300	2	26	2	533	2.9
2 Minimal Distress	1088	25	2508	20	240	22	3878	21.5
3 Moderate Distress	1564	36	4288	34	346	31	6253	34.6
4 High Distress	1441	34	5384	43	504	45	7415	41.0
Valid responses =	4292	24	12480	69	1116	6	18079	26.2

Invalid responses include no response.

#### 47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	120	13	219	7	26	6	372	8.1
2 Minimal Distress	382	42	1103	34	143	33	1650	35.7
3 Moderate Distress	261	29	1096	34	158	37	1541	33.4
4 High Distress	149	16	785	25	102	24	1057	22.9
Valid responses =	912	20	3203	69	429	9	4620	6.7

Invalid responses include no response.

#### 47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	84	15	152	10	26	9	267	11.3
2 Minimal Distress	221	40	514	35	116	40	866	36.5
3 Moderate Distress	163	29	456	31	96	33	725	30.6
4 High Distress	87	16	354	24	56	19	515	21.7
Valid responses =	555	23	1476	62	294	12	2373	3.4

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	74	25	82	20	7	13	164	21.1
2 Minimal Distress	83	28	107	26	24	44	215	27.7
3 Moderate Distress	94	31	117	29	17	32	233	30.0
4 High Distress	48	16	104	25	6	11	165	21.2
Valid responses =	299	38	410	53	54	7	777	1.1

Invalid responses include no response.

#### 47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	351	17	704	9	108	6	1176	10.0
2 Minimal Distress	1042	52	4050	52	852	49	6030	51.2
3 Moderate Distress	476	24	2196	28	569	33	3325	28.2
4 High Distress	152	8	863	11	200	12	1252	10.6
Valid responses =	2021	17	7813	66	1729	15	11783	17.0

Invalid responses include no response.

#### 47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	78	14	278	5	24	3	383	5.4
2 Minimal Distress	231	41	2173	38	237	32	2667	37.3
3 Moderate Distress	172	30	1931	34	261	35	2404	33.7
4 High Distress	86	15	1358	24	217	29	1689	23.6
Valid responses =	567	8	5740	80	739	10	7143	10.3

Invalid responses include no response.

#### 47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	191	12	275	6	28	3	503	6.7
2 Minimal Distress	728	45	1936	42	363	35	3067	41.1
3 Moderate Distress	471	29	1619	35	439	42	2585	34.7
4 High Distress	219	14	827	18	207	20	1300	17.4
Valid responses =	1609	22	4657	62	1037	14	7455	10.8

Invalid responses include no response.

#### 47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3951	63	9743	62	1034	59	14890	62.0
2 Negatively impacted performance in a class	1784	28	4472	29	535	31	6860	28.6
3 Delayed progress towards degree	559	9	1479	9	182	10	2258	9.4
Valid responses =	6294	26	15694	65	1751	7	24008	34.7

Invalid responses include no response.

#### 47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4905	64	14137	66	1264	57	20489	64.3
2 Negatively impacted performance in a class	2080	27	5411	25	707	32	8282	26.0
3 Delayed progress towards degree	729	10	2035	9	248	11	3071	9.6
Valid responses =	7714	24	21583	68	2219	7	31842	46.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4605	34	11951	36	895	26	17614	35.0
2 Negatively impacted performance in a class	7454	55	17773	54	2081	61	27566	54.7
3 Delayed progress towards degree	1417	11	3250	10	443	13	5176	10.3
Valid responses =	13476	27	32974	65	3419	7	50356	72.8

Invalid responses include no response.

#### 47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	976	42	2385	43	292	38	3700	42.0
2 Negatively impacted performance in a class	1061	45	2483	45	382	50	3996	45.4
3 Delayed progress towards degree	302	13	687	12	94	12	1113	12.6
Valid responses =	2339	27	5555	63	768	9	8809	12.7

Invalid responses include no response.

#### 47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3456	70	12403	68	1513	64	17572	67.8
2 Negatively impacted performance in a class	1250	25	4820	26	699	30	6856	26.4
3 Delayed progress towards degree	262	5	1060	6	146	6	1502	5.8
Valid responses =	4968	19	18283	71	2358	9	25930	37.5

Invalid responses include no response.

#### 47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4531	68	11720	69	1180	65	17572	68.2
2 Negatively impacted performance in a class	1825	27	4575	27	540	30	7001	27.2
3 Delayed progress towards degree	330	5	750	4	88	5	1189	4.6
Valid responses =	6686	26	17045	66	1808	7	25762	37.3

Invalid responses include no response.

#### 47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3043	76	10555	75	953	69	14664	74.7
2 Negatively impacted performance in a class	832	21	3043	22	357	26	4286	21.8
3 Delayed progress towards degree	131	3	469	3	68	5	690	3.5
Valid responses =	4006	20	14067	72	1378	7	19640	28.4

Invalid responses include no response.

#### 47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2741	77	8442	78	994	72	12312	77.0
2 Negatively impacted performance in a class	712	20	2124	20	353	26	3238	20.3
3 Delayed progress towards degree	112	3	276	3	36	3	438	2.7
Valid responses =	3565	22	10842	68	1383	9	15988	23.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	6329	88	22660	88	2333	82	31591	87.3
2 Negatively impacted performance in a class	729	10	2714	11	443	16	3947	10.9
3 Delayed progress towards degree	131	2	440	2	64	2	654	1.8
Valid responses =	7189	20	25814	71	2840	8	36192	52.4

Invalid responses include no response.

#### 47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4607	74	13576	71	1351	69	19720	71.7
2 Negatively impacted performance in a class	1316	21	4621	24	533	27	6544	23.8
3 Delayed progress towards degree	290	5	852	5	87	4	1257	4.6
Valid responses =	6213	23	19049	69	1971	7	27521	39.8

Invalid responses include no response.

#### 47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2659	62	6868	55	536	48	10166	56.2
2 Negatively impacted performance in a class	1306	30	4579	37	480	43	6420	35.5
3 Delayed progress towards degree	332	8	1031	8	102	9	1493	8.3
Valid responses =	4297	24	12478	69	1118	6	18079	26.2

Invalid responses include no response.

#### 47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	626	68	2203	69	285	66	3152	68.1
2 Negatively impacted performance in a class	238	26	856	27	110	26	1229	26.6
3 Delayed progress towards degree	52	6	149	5	34	8	248	5.4
Valid responses =	916	20	3208	69	429	9	4629	6.7

Invalid responses include no response.

#### 47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	396	71	1052	71	199	68	1674	70.6
2 Negatively impacted performance in a class	137	25	346	23	79	27	573	24.2
3 Delayed progress towards degree	22	4	79	5	15	5	125	5.3
Valid responses =	555	23	1477	62	293	12	2372	3.4

Invalid responses include no response.

#### 47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	174	58	239	59	25	47	440	57.0
2 Negatively impacted performance in a class	91	30	133	33	21	40	250	32.4
3 Delayed progress towards degree	34	11	36	9	7	13	82	10.6
Valid responses =	299	39	408	53	53	7	772	1.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype) Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1673	83	6452	83	1340	78	9614	81.7
2 Negatively impacted performance in a class	284	14	1149	15	338	20	1817	15.4
3 Delayed progress towards degree	64	3	206	3	51	3	342	2.9
Valid responses =	2021	17	7807	66	1729	15	11773	17.0

Invalid responses include no response.

#### 47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	431	76	4436	77	533	72	5457	76.4
2 Negatively impacted performance in a class	113	20	1069	19	170	23	1376	19.3
3 Delayed progress towards degree	25	4	238	4	33	5	309	4.3
Valid responses =	569	8	5743	80	736	10	7142	10.3

Invalid responses include no response.

#### 47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1198	75	3370	72	691	67	5340	71.7
2 Negatively impacted performance in a class	320	20	1042	22	284	28	1693	22.7
3 Delayed progress towards degree	91	6	241	5	58	6	412	5.5
Valid responses =	1609	22	4653	62	1033	14	7445	10.8

Invalid responses include no response.

#### 48) Within the last 30 days, how would you rate the overall level of stress you have experienced?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	643	3	350	1	30	1	1055	1.5
2 Low	5832	30	7177	16	407	10	13528	19.7
3 Moderate	8862	46	22823	51	1840	46	33814	49.3
4 High	3836	20	14431	32	1728	43	20259	29.5
Valid responses =	19173	28	44781	65	4005	6	68656	99.3

Invalid responses include no response.

#### 49) Have you ever thought about or attempted to kill yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	11373	59	24151	54	784	20	36597	53.4
2 Just a brief passing thought	4704	25	11252	25	1055	26	17142	25.0
3 Planned at least once, but did not try to do it	1607	8	4339	10	790	20	6832	10.0
4 Planned at least once, wanted to die	786	4	2486	6	610	15	3966	5.8
5 Attempted, but did not want to die	311	2	1105	3	273	7	1716	2.5
6 Attempted, really hoped to die	383	2	1376	3	486	12	2296	3.3
Valid responses =	19164	28	44709	65	3998	6	68549	99.2

Invalid responses include no response.

#### 50) How often have you thought about killing yourself in the past year?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	14019	73	30312	68	1518	38	46241	67.5
2 Rarely (1 time)	2191	11	5735	13	680	17	8681	12.7
3 Sometimes (2 times)	1412	7	4366	10	694	17	6565	9.6
4 Often (3-4 times)	690	4	2137	5	434	11	3306	4.8
5 Very often (5 or more times)	847	4	2135	5	668	17	3723	5.4
Valid responses =	19159	28	44685	65	3994	6	68516	99.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16155	84	35401	79	2300	58	54333	79.3
2 Yes, one time, did not want to die	1592	8	4502	10	508	13	6656	9.7
3 Yes, one time, wanted to die	606	3	2128	5	460	12	3250	4.7
4 Yes, more than once, did not want to do it	482	3	1441	3	282	7	2236	3.3
5 Yes, more than once, wanted to do it	317	2	1189	3	446	11	2007	2.9
Valid responses =	19152	28	44661	65	3996	6	68482	99.1

Invalid responses include no response.

#### 52) How likely is it that you will attempt suicide someday?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	13274	69	30043	67	1332	33	45006	65.7
1 No chance at all	2392	13	5664	13	560	14	8695	12.7
2 Rather unlikely	2345	12	5842	13	1103	28	9422	13.8
3 Unlikely	739	4	2002	5	525	13	3321	4.8
4 Likely	283	2	817	2	313	8	1443	2.1
5 Rather likely	66	0	201	0	95	2	372	0.5
6 Very likely	66	0	114	0	61	2	248	0.4
Valid responses =	19165	28	44683	65	3989	6	68507	99.1

Invalid responses include no response.

#### 53) Within the last 12 months, have you attempted suicide?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18584	97	43636	98	3725	93	66608	97.4
2 Yes	520	3	939	2	266	7	1757	2.6
Valid responses =	19104	28	44575	65	3991	6	68365	98.9

Invalid responses include no response.

#### 54A) Have you ever received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12142	63	19806	44	826	21	33036	48.1
2 Yes	7037	37	24982	56	3179	79	35611	51.9
Valid responses =	19179	28	44788	65	4005	6	68647	99.3

Invalid responses include no response.

#### 54B) Within the last 12 months, have you received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15040	79	27232	61	1431	36	44052	64.2
2 Yes	4122	22	17526	39	2572	64	24541	35.8
Valid responses =	19162	28	44758	65	4003	6	68593	99.2

Invalid responses include no response.

#### 54C1) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

My current campus health and/or counseling center?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2363	59	10162	59	1462	58	14148	58.8
2 Yes	1674	42	7034	41	1068	42	9919	41.2
Valid responses =	4037	17	17196	71	2530	11	24067	34.8

Invalid responses include no response.

#### 54C2) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider in the local community near my campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3082	77	12971	76	1766	70	18034	75.4
2 Yes	911	23	4119	24	755	30	5869	24.6
Valid responses =	3993	17	17090	71	2521	11	23903	34.6

Invalid responses include no response.



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Number of Surveys (n) = 69131 Web Surveys

#### 54C3) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider in my home town?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2274	57	8914	52	1252	49	12603	52.4
2 Yes	1744	43	8271	48	1280	51	11436	47.6
Valid responses =	4018	17	17185	71	2532	11	24039	34.8

Invalid responses include no response.

#### 54C4) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider not described above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3038	87	12314	87	1766	86	17305	87.0
2 Yes	451	13	1798	13	288	14	2586	13.0
Valid responses =	3489	18	14112	71	2054	10	19891	28.8

Invalid responses include no response.

#### 55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8108	42	10821	24	833	21	19988	29.2
2 Yes	11048	58	33907	76	3163	79	48552	70.8
Valid responses =	19156	28	44728	65	3996	6	68540	99.1

Invalid responses include no response.

#### 55B1) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)

My current campus health center?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7432	70	22657	69	1970	64	32314	68.8
2 Yes	3168	30	10252	31	1096	36	14663	31.2
Valid responses =	10600	23	32909	70	3066	7	46977	68.0

Invalid responses include no response.

#### 55B2) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)

A medical service provider in the local community near my campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7587	72	22954	70	2011	66	32846	70.2
2 Yes	2959	28	9810	30	1056	34	13928	29.8
Valid responses =	10546	23	32764	70	3067	7	46774	67.7

Invalid responses include no response.

#### 55B3) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)

A medical service provider in my home town?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2950	27	7734	23	890	29	11677	24.5
2 Yes	7808	73	25587	77	2218	71	35921	75.5
Valid responses =	10758	23	33321	70	3108	7	47598	68.9

Invalid responses include no response.

#### 55B4) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)

A medical service provider not described above?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8236	94	24598	94	2268	93	35367	94.0
2 Yes	555	6	1471	6	177	7	2240	6.0
Valid responses =	8791	23	26069	69	2445	7	37607	54.4

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

**56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13203	69	20907	47	2125	53	36609	53.4
2 Yes	852	4	23216	52	1545	39	25813	37.7
3 Don't know	217	1	357	1	57	1	642	0.9
4 Not applicable	4893	26	258	1	269	7	5486	8.0
Valid responses =	19165	28	44738	65	3996	6	68550	99.2

Invalid responses include no response.

**57) Have you had a dental exam and cleaning in the last 12 months?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5913	31	11538	26	1302	33	18981	27.7
2 Yes	12831	67	32399	72	2577	64	48221	70.3
3 Don't know	429	2	852	2	123	3	1432	2.1
Valid responses =	19173	28	44789	65	4002	6	68634	99.3

Invalid responses include no response.

**58) When you are outdoors in the sun, how often do you wear sunscreen?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3981	21	3202	7	474	12	7777	11.3
2 Rarely	6044	32	8277	19	1018	25	15513	22.6
3 Sometimes	5532	29	14435	32	1268	32	21433	31.2
4 Usually	3079	16	13673	31	963	24	17835	26.0
5 Always	550	3	5222	12	282	7	6116	8.9
Valid responses =	19186	28	44809	65	4005	6	68674	99.3

Invalid responses include no response.

**59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Wear a shirt with sleeves**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3286	17	7748	17	502	13	11646	17.0
2 Rarely	3566	19	9527	21	719	18	13930	20.4
3 Sometimes	5407	28	15454	35	1316	33	22383	32.8
4 Usually	4837	25	9140	21	1058	27	15179	22.2
5 Always	2021	11	2739	6	386	10	5205	7.6
Valid responses =	19117	28	44608	65	3981	6	68343	98.9

Invalid responses include no response.

**59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Wear sunglasses**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3366	18	5281	12	840	21	9636	14.1
2 Rarely	3285	17	6594	15	747	19	10750	15.7
3 Sometimes	5088	27	12272	28	1024	26	18550	27.1
4 Usually	5019	26	14012	31	893	22	20043	29.3
5 Always	2361	12	6500	15	478	12	9417	13.8
Valid responses =	19119	28	44659	65	3982	6	68396	98.9

Invalid responses include no response.

**59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Stay in the shade**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1118	6	2016	5	148	4	3328	4.9
2 Rarely	2484	13	5853	13	332	8	8730	12.8
3 Sometimes	8400	44	19532	44	1424	36	29594	43.3
4 Usually	6177	32	14410	32	1721	43	22535	33.0
5 Always	931	5	2830	6	363	9	4189	6.1
Valid responses =	19110	28	44641	65	3988	6	68376	98.9

Invalid responses include no response.



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#### 59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

##### Wear a hat

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3638	19	10187	23	916	23	14904	21.8
2 Rarely	3790	20	11981	27	1022	26	16952	24.8
3 Sometimes	5882	31	15647	35	1216	31	22919	33.6
4 Usually	4113	22	5371	12	620	16	10198	14.9
5 Always	1658	9	1372	3	201	5	3274	4.8
Valid responses =	19081	28	44558	65	3975	6	68247	98.7

Invalid responses include no response.

#### 60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	11693	62	18056	41	2628	68	32779	48.7
1 1 time	630	3	1302	3	134	3	2095	3.1
2 2 times	1001	5	2485	6	231	6	3743	5.6
3 3 times	674	4	1866	4	151	4	2712	4.0
4 4 times	368	2	1126	3	75	2	1579	2.3
5 5 times	862	5	2625	6	153	4	3663	5.4
6 6 to 10 times	1466	8	5537	13	237	6	7269	10.8
7 11 to 15 times	438	2	1927	4	67	2	2439	3.6
8 16 to 20 times	566	3	2812	6	80	2	3472	5.2
9 21 to 49 times	576	3	3149	7	78	2	3818	5.7
10 50 or More times	553	3	3045	7	60	2	3672	5.5
Valid responses =	18827	28	43930	65	3894	6	67241	97.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	5.99	0.00	21.54	0	365
Cis Women	11.57	3.00	24.66	0	365
Trans/Gender Non-conforming	3.80	0.00	15.9	0	365
Overall	9.51	1.00	23.66	0	365

#### 61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	4420	23	7966	18	549	14	13059	19.1
2 Have started, but not completed HPV vaccine	586	3	2022	5	214	5	2845	4.2
3 Completed HPV vaccine	7883	41	25417	57	2300	58	35893	52.5
4 I don't know my HPV vaccination status	6220	33	9189	21	929	23	16513	24.2
Valid responses =	19109	28	44594	65	3992	6	68310	98.8

Invalid responses include no response.

#### 62) Did you have a flu vaccine within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8462	44	18374	41	1416	36	28515	41.7
2 Yes	9622	50	24824	56	2415	61	37190	54.3
3 Don't know	1052	6	1475	3	161	4	2723	4.0
Valid responses =	19136	28	44673	65	3992	6	68428	99.0

Invalid responses include no response.

#### 63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18658	98	42822	96	3867	97	65935	96.6
2 Yes	421	2	1740	4	111	3	2289	3.4
Valid responses =	19079	28	44562	65	3978	6	68224	98.7

Invalid responses include no response.

#### 63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18844	99	43773	99	3914	99	67128	98.7
2 Yes	182	1	652	2	55	1	896	1.3
Valid responses =	19026	28	44425	65	3969	6	68024	98.4

Invalid responses include no response.



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#### FREQUENCY REPORT

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#### 63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18823	100	43770	100	3907	100	67096	99.5
2 Yes	93	1	193	0	21	1	312	0.5
Valid responses =	18916	28	43963	65	3928	6	67408	97.5

Invalid responses include no response.

#### 63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14570	77	28404	64	2738	69	46158	67.7
2 Yes	4484	24	16100	36	1241	31	21985	32.3
Valid responses =	19054	28	44504	65	3979	6	68143	98.6

Invalid responses include no response.

#### 63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18673	98	43154	97	3828	96	66237	97.2
2 Yes	376	2	1351	3	145	4	1893	2.8
Valid responses =	19049	28	44505	65	3973	6	68130	98.6

Invalid responses include no response.

#### 63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18870	99	44196	100	3937	99	67593	99.6
2 Yes	114	1	129	0	29	1	279	0.4
Valid responses =	18984	28	44325	65	3966	6	67872	98.2

Invalid responses include no response.

#### 63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17324	91	40263	91	3621	92	61758	90.9
2 Yes	1666	9	4137	9	333	8	6189	9.1
Valid responses =	18990	28	44400	65	3954	6	67947	98.3

Invalid responses include no response.

#### 63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18869	100	44144	100	3936	100	67540	99.7
2 Yes	60	0	94	0	18	1	179	0.3
Valid responses =	18929	28	44238	65	3954	6	67719	98.0

Invalid responses include no response.

#### 63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18686	99	43418	98	3886	98	66581	98.4
2 Yes	249	1	790	2	66	2	1115	1.6
Valid responses =	18935	28	44208	65	3952	6	67696	97.9

Invalid responses include no response.

#### 63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17645	93	40311	91	3572	90	62079	91.1
2 Yes	1401	7	4202	9	405	10	6059	8.9
Valid responses =	19046	28	44513	65	3977	6	68138	98.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18966	100	44301	100	3947	99	67805	99.6
2 Yes	47	0	164	0	22	1	239	0.4
Valid responses =	19013	28	44465	65	3969	6	68044	98.4

Invalid responses include no response.

#### 63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18796	99	43793	99	3910	99	67088	98.9
2 Yes	185	1	536	1	42	1	773	1.1
Valid responses =	18981	28	44329	65	3952	6	67861	98.2

Invalid responses include no response.

#### 63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18866	100	43951	100	3927	99	67331	99.6
2 Yes	83	0	185	0	22	1	297	0.4
Valid responses =	18949	28	44136	65	3949	6	67628	97.8

Invalid responses include no response.

#### 63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18051	95	40315	91	3542	89	62455	91.7
2 Yes	988	5	4172	9	428	11	5640	8.3
Valid responses =	19039	28	44487	65	3970	6	68095	98.5

Invalid responses include no response.

#### 63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18822	99	38283	86	3530	89	61197	90.0
2 Yes	194	1	6152	14	437	11	6820	10.0
Valid responses =	19016	28	44435	65	3967	6	68017	98.4

Invalid responses include no response.

#### 63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15345	96	33508	95	2976	94	52256	95.4
2 Yes	570	4	1690	5	204	6	2495	4.6
Valid responses =	15915	29	35198	64	3180	6	54751	79.2

Invalid responses include no response.

#### 63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	229	56	852	50	49	47	1139	51.0
2 Negatively impacted performance in a class	167	41	781	46	50	48	1002	44.9
3 Delayed progress towards degree	13	3	68	4	6	6	91	4.1
Valid responses =	409	18	1701	76	105	5	2232	3.2

Invalid responses include no response.



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#### 63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	148	88	528	85	38	73	717	84.1
2 Negatively impacted performance in a class	18	11	89	14	11	21	118	13.8
3 Delayed progress towards degree	3	2	8	1	3	6	18	2.1
Valid responses =	169	20	625	73	52	6	853	1.2

Invalid responses include no response.

#### 63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	78	88	165	90	12	67	256	86.5
2 Negatively impacted performance in a class	10	11	15	8	5	28	30	10.1
3 Delayed progress towards degree	1	1	4	2	1	6	10	3.4
Valid responses =	89	30	184	62	18	6	296	0.4

Invalid responses include no response.

#### 63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2908	65	9057	57	635	51	12675	57.9
2 Negatively impacted performance in a class	1449	33	6563	41	567	46	8653	39.5
3 Delayed progress towards degree	103	2	419	3	37	3	568	2.6
Valid responses =	4460	20	16039	73	1239	6	21896	31.7

Invalid responses include no response.

#### 63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	146	42	439	34	37	27	624	34.4
2 Negatively impacted performance in a class	168	48	715	55	81	59	974	53.7
3 Delayed progress towards degree	36	10	153	12	20	15	216	11.9
Valid responses =	350	19	1307	72	138	8	1814	2.6

Invalid responses include no response.

#### 63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	91	84	101	87	18	69	210	82.4
2 Negatively impacted performance in a class	15	14	13	11	4	15	32	12.5
3 Delayed progress towards degree	2	2	2	2	4	15	13	5.1
Valid responses =	108	42	116	45	26	10	255	0.4

Invalid responses include no response.

#### 63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	974	60	1870	46	147	45	3011	49.4
2 Negatively impacted performance in a class	596	37	2065	51	162	49	2846	46.7
3 Delayed progress towards degree	59	4	155	4	20	6	242	4.0
Valid responses =	1629	27	4090	67	329	5	6099	8.8

Invalid responses include no response.



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#### 63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	45	79	78	89	7	44	131	78.4
2 Negatively impacted performance in a class	10	18	7	8	5	31	23	13.8
3 Delayed progress towards degree	2	4	3	3	4	25	13	7.8
Valid responses =	57	34	88	53	16	10	167	0.2

Invalid responses include no response.

#### 63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	119	49	338	43	24	38	484	44.4
2 Negatively impacted performance in a class	107	44	373	48	30	48	512	46.9
3 Delayed progress towards degree	15	6	67	9	9	14	95	8.7
Valid responses =	241	22	778	71	63	6	1091	1.6

Invalid responses include no response.

#### 63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	965	69	2888	69	223	56	4103	68.0
2 Negatively impacted performance in a class	352	25	1137	27	151	38	1654	27.4
3 Delayed progress towards degree	78	6	163	4	28	7	279	4.6
Valid responses =	1395	23	4188	69	402	7	6036	8.7

Invalid responses include no response.

#### 63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	36	86	101	63	11	52	149	65.1
2 Negatively impacted performance in a class	6	14	50	31	5	24	62	27.1
3 Delayed progress towards degree	0	0	9	6	5	24	18	7.9
Valid responses =	42	18	160	70	21	9	229	0.3

Invalid responses include no response.

#### 63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	93	53	225	43	17	43	339	45.2
2 Negatively impacted performance in a class	71	40	245	47	18	45	335	44.7
3 Delayed progress towards degree	12	7	55	11	5	13	76	10.1
Valid responses =	176	23	525	70	40	5	750	1.1

Invalid responses include no response.

#### 63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	56	74	121	69	11	52	189	67.5
2 Negatively impacted performance in a class	14	18	45	26	8	38	69	24.6
3 Delayed progress towards degree	6	8	10	6	2	10	22	7.9
Valid responses =	76	27	176	63	21	8	280	0.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2022

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8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	638	66	2275	55	191	45	3124	55.8
2 Negatively impacted performance in a class	296	30	1696	41	200	47	2213	39.5
3 Delayed progress towards degree	40	4	176	4	34	8	260	4.6
Valid responses =	974	17	4147	74	425	8	5597	8.1

Invalid responses include no response.

#### 63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	156	83	4740	79	322	75	5240	78.4
2 Negatively impacted performance in a class	30	16	1197	20	95	22	1332	19.9
3 Delayed progress towards degree	2	1	94	2	13	3	113	1.7
Valid responses =	188	3	6031	90	430	6	6685	9.7

Invalid responses include no response.

#### 63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	362	68	967	61	95	50	1441	61.5
2 Negatively impacted performance in a class	146	27	537	34	69	37	757	32.3
3 Delayed progress towards degree	26	5	88	6	25	13	144	6.1
Valid responses =	534	23	1592	68	189	8	2342	3.4

Invalid responses include no response.

#### 64) Have you ever been tested for HIV?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	1678	9	5332	12	623	16	7702	11.2
2 Yes, more than 12 months ago	1698	9	4624	10	453	11	6849	10.0
3 No	14766	77	31104	70	2656	66	48966	71.4
4 Unsure	1027	5	3684	8	269	7	5023	7.3
Valid responses =	19169	28	44744	65	4001	6	68540	99.1

Invalid responses include no response.

#### 64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18606	97	43886	98	3871	97	66956	97.9
2 Yes	517	3	770	2	123	3	1431	2.1
Valid responses =	19123	28	44656	65	3994	100	68387	98.9

Invalid responses include no response.

#### 65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14491	76	30387	68	2696	68	48002	70.5
2 Yes	4561	24	14065	32	1277	32	20068	29.5
Valid responses =	19052	28	44452	65	3973	6	68070	98.5

Invalid responses include no response.

#### 65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16920	89	39519	89	2803	71	59693	87.7
2 Yes	2135	11	4961	11	1169	29	8406	12.3
Valid responses =	19055	28	44480	65	3972	6	68099	98.5

Invalid responses include no response.





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FREQUENCY REPORT

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65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18766	98	44006	99	3870	97	67205	98.6
2 Yes	299	2	529	1	106	3	958	1.4
Valid responses =	19065	28	44535	65	3976	6	68163	98.6

Invalid responses include no response.

65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17135	90	38020	86	3282	83	58925	86.6
2 Yes	1878	10	6419	14	686	17	9084	13.4
Valid responses =	19013	28	44439	65	3968	6	68009	98.4

Invalid responses include no response.

65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16644	88	37753	85	3276	83	58172	85.6
2 Yes	2360	12	6630	15	680	17	9755	14.4
Valid responses =	19004	28	44383	65	3956	6	67927	98.3

Invalid responses include no response.

65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13868	73	30002	68	2519	64	46796	68.7
2 Yes	5180	27	14475	33	1451	37	21286	31.3
Valid responses =	19048	28	44477	65	3970	6	68082	98.5

Invalid responses include no response.

65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15719	82	27081	61	1525	38	44633	65.4
2 Yes	3353	18	17499	39	2456	62	23584	34.6
Valid responses =	19072	28	44580	65	3981	6	68217	98.7

Invalid responses include no response.

65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16194	85	36724	83	3124	79	56517	83.1
2 Yes	2839	15	7727	17	849	21	11525	16.9
Valid responses =	19033	28	44451	65	3973	6	68042	98.4

Invalid responses include no response.

65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18495	98	43721	99	3521	89	66269	97.9
2 Yes	446	2	488	1	427	11	1407	2.1
Valid responses =	18941	28	44209	65	3948	6	67676	97.9

Invalid responses include no response.

65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18808	99	43320	97	3702	93	66375	97.5
2 Yes	246	1	1172	3	270	7	1725	2.5
Valid responses =	19054	28	44492	65	3972	6	68100	98.5

Invalid responses include no response.



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**65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18982	100	43978	99	3782	95	67300	98.7
2 Yes	95	1	569	1	199	5	889	1.3
Valid responses =	19077	28	44547	65	3981	6	68189	98.6

Invalid responses include no response.

**65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Cancer**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18880	99	44080	99	3930	99	67462	99.1
2 Yes	154	1	395	1	37	1	595	0.9
Valid responses =	19034	28	44475	65	3967	6	68057	98.4

Invalid responses include no response.

**65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Celiac disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18855	100	43619	99	3868	98	66909	99.0
2 Yes	95	1	520	1	65	2	689	1.0
Valid responses =	18950	28	44139	65	3933	6	67598	97.8

Invalid responses include no response.

**65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18164	96	40676	92	3307	83	62640	92.1
2 Yes	865	5	3738	8	659	17	5343	7.9
Valid responses =	19029	28	44414	65	3966	6	67983	98.3

Invalid responses include no response.

**65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16313	86	31541	71	1668	42	49863	73.1
2 Yes	2744	14	13008	29	2312	58	18309	26.9
Valid responses =	19057	28	44549	65	3980	6	68172	98.6

Invalid responses include no response.

**65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Diabetes or pre-diabetes/insulin resistance**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18644	98	43228	97	3816	96	66240	97.4
2 Yes	389	2	1220	3	154	4	1790	2.6
Valid responses =	19033	28	44448	65	3970	6	68030	98.4

Invalid responses include no response.

**65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18807	99	41095	92	3380	85	63810	93.7
2 Yes	243	1	3427	8	591	15	4312	6.3
Valid responses =	19050	28	44522	65	3971	6	68122	98.5

Invalid responses include no response.

**65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Endometriosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19007	100	43305	98	3856	97	66730	98.1
2 Yes	24	0	1116	3	114	3	1270	1.9
Valid responses =	19031	28	44421	65	3970	6	68000	98.4

Invalid responses include no response.



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Number of Surveys (n) = 69131 Web Surveys

65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18957	100	44311	100	3942	100	67782	99.9
2 Yes	41	0	29	0	14	0	88	0.1
Valid responses =	18998	28	44340	65	3956	6	67870	98.2

Invalid responses include no response.

65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18842	100	43601	99	3888	99	66893	99.0
2 Yes	97	1	505	1	58	2	670	1.0
Valid responses =	18939	28	44106	65	3946	6	67563	97.7

Invalid responses include no response.

65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18348	96	41544	93	3616	91	64031	94.1
2 Yes	685	4	2940	7	351	9	4026	5.9
Valid responses =	19033	28	44484	65	3967	6	68057	98.4

Invalid responses include no response.

65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18685	98	43305	97	3808	96	66353	97.4
2 Yes	369	2	1241	3	167	4	1797	2.6
Valid responses =	19054	28	44546	65	3975	6	68150	98.6

Invalid responses include no response.

65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18990	100	44376	100	3951	100	67882	99.8
2 Yes	53	0	76	0	14	0	151	0.2
Valid responses =	19043	28	44452	65	3965	6	68033	98.4

Invalid responses include no response.

65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18179	96	43145	97	3823	97	65689	96.7
2 Yes	845	4	1235	3	140	4	2251	3.3
Valid responses =	19024	28	44380	65	3963	6	67940	98.3

Invalid responses include no response.

65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18413	97	42850	97	3828	97	65640	96.7
2 Yes	575	3	1534	4	138	4	2271	3.3
Valid responses =	18988	28	44384	65	3966	6	67911	98.2

Invalid responses include no response.

65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18875	100	44155	100	3917	100	67512	99.8
2 Yes	62	0	31	0	17	0	116	0.2
Valid responses =	18937	28	44186	65	3934	6	67628	97.8

Invalid responses include no response.



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#### 65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18919	99	43573	98	3904	98	66960	98.4
2 Yes	109	1	870	2	69	2	1059	1.6
Valid responses =	19028	28	44443	65	3973	6	68019	98.4

Invalid responses include no response.

#### 65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18295	96	41224	93	3340	84	63355	93.3
2 Yes	693	4	3155	7	621	16	4543	6.7
Valid responses =	18988	28	44379	65	3961	6	67898	98.2

Invalid responses include no response.

#### 65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18563	98	41453	93	3641	92	64178	94.3
2 Yes	467	3	3027	7	333	8	3878	5.7
Valid responses =	19030	28	44480	65	3974	6	68056	98.4

Invalid responses include no response.

#### 65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17913	94	37601	85	3217	81	59213	87.2
2 Yes	1057	6	6771	15	740	19	8653	12.8
Valid responses =	18970	28	44372	65	3957	6	67866	98.2

Invalid responses include no response.

#### 65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18549	97	41634	94	3416	86	64097	94.1
2 Yes	501	3	2867	6	564	14	4008	5.9
Valid responses =	19050	28	44501	65	3980	6	68105	98.5

Invalid responses include no response.

#### 65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18973	100	42302	95	3753	95	65570	96.5
2 Yes	21	0	2103	5	211	5	2364	3.5
Valid responses =	18994	28	44405	65	3964	6	67934	98.3

Invalid responses include no response.

#### 65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18517	97	40640	91	3128	79	62763	92.2
2 Yes	525	3	3870	9	853	21	5343	7.8
Valid responses =	19042	28	44510	65	3981	6	68106	98.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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#### 65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18994	100	44437	100	3924	99	67920	99.7
2 Yes	54	0	86	0	55	1	204	0.3
Valid responses =	19048	28	44523	65	3979	6	68124	98.5

Invalid responses include no response.

#### 65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18544	97	43761	98	3871	97	66732	98.1
2 Yes	490	3	717	2	102	3	1323	1.9
Valid responses =	19034	28	44478	65	3973	6	68055	98.4

Invalid responses include no response.

#### 65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18763	99	42352	96	3771	96	65427	96.4
2 Yes	227	1	2001	5	173	4	2429	3.6
Valid responses =	18990	28	44353	65	3944	6	67856	98.2

Invalid responses include no response.

#### 65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18936	99	44319	100	3899	98	67716	99.5
2 Yes	109	1	154	0	70	2	342	0.5
Valid responses =	19045	28	44473	65	3969	6	68058	98.4

Invalid responses include no response.

#### 65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18799	99	43800	99	3876	98	67033	98.9
2 Yes	184	1	491	1	92	2	779	1.1
Valid responses =	18983	28	44291	65	3968	6	67812	98.1

Invalid responses include no response.

#### 65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18926	99	43701	98	3900	98	67090	98.5
2 Yes	120	1	811	2	72	2	1014	1.5
Valid responses =	19046	28	44512	65	3972	6	68104	98.5

Invalid responses include no response.

#### 65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17367	96	37905	93	3125	86	58833	93.5
2 Yes	645	4	2828	7	504	14	4064	6.5
Valid responses =	18012	29	40733	65	3629	6	62897	91.0

Invalid responses include no response.



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65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Allergic & immunologic disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	505	89	2146	85	377	82	3091	84.9
2 Yes	64	11	393	16	82	18	550	15.1
Valid responses =	569	16	2539	70	459	13	3641	5.3

Invalid responses include no response.

65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Autoimmune disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	451	78	1841	71	345	74	2691	72.8
2 Yes	124	22	741	29	120	26	1005	27.2
Valid responses =	575	16	2582	70	465	13	3696	5.3

Invalid responses include no response.

65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Blood disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	525	92	2246	89	404	89	3242	89.2
2 Yes	44	8	290	11	52	11	391	10.8
Valid responses =	569	16	2536	70	456	13	3633	5.3

Invalid responses include no response.

65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Brain & nervous system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	491	86	2135	84	368	81	3058	84.0
2 Yes	83	15	403	16	88	19	583	16.0
Valid responses =	574	16	2538	70	456	13	3641	5.3

Invalid responses include no response.

65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Hair, skin, nails disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	495	86	2236	88	403	88	3197	87.5
2 Yes	81	14	309	12	55	12	456	12.5
Valid responses =	576	16	2545	70	458	13	3653	5.3

Invalid responses include no response.

65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Digestive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	461	80	2051	81	364	79	2931	80.2
2 Yes	114	20	497	20	98	21	725	19.8
Valid responses =	575	16	2548	70	462	13	3656	5.3

Invalid responses include no response.

65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Endocrine system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	540	96	2374	94	429	94	3404	94.2
2 Yes	25	4	150	6	27	6	211	5.8
Valid responses =	565	16	2524	70	456	13	3615	5.2

Invalid responses include no response.



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**65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Eye/ear/nose/throat disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	493	87	2252	90	397	87	3208	88.8
2 Yes	74	13	260	10	61	13	404	11.2
Valid responses =	567	16	2512	70	458	13	3612	5.2

Invalid responses include no response.

**65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Heart & vascular disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	525	93	2328	92	408	90	3327	91.9
2 Yes	40	7	200	8	45	10	292	8.1
Valid responses =	565	16	2528	70	453	13	3619	5.2

Invalid responses include no response.

**65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Infectious disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	553	98	2440	97	438	97	3499	97.3
2 Yes	12	2	68	3	14	3	97	2.7
Valid responses =	565	16	2508	70	452	13	3596	5.2

Invalid responses include no response.

**65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Mental health/psychological disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	490	87	2024	80	287	62	2846	78.3
2 Yes	76	13	502	20	179	38	787	21.7
Valid responses =	566	16	2526	70	466	13	3633	5.3

Invalid responses include no response.

**65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Musculoskeletal disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	503	88	2209	87	368	80	3142	86.3
2 Yes	71	12	323	13	94	20	497	13.7
Valid responses =	574	16	2532	70	462	13	3639	5.3

Invalid responses include no response.

**65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Reproductive system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	546	96	2281	91	410	90	3296	91.2
2 Yes	21	4	237	9	47	10	318	8.8
Valid responses =	567	16	2518	70	457	13	3614	5.2

Invalid responses include no response.

**65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Respiratory disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	542	96	2385	95	420	93	3411	94.7
2 Yes	24	4	126	5	33	7	190	5.3
Valid responses =	566	16	2511	70	453	13	3601	5.2

Invalid responses include no response.





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**65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Sleep-wake disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	534	94	2342	93	420	92	3363	93.3
2 Yes	32	6	171	7	36	8	243	6.7
Valid responses =	566	16	2513	70	456	13	3606	5.2

Invalid responses include no response.

**65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Urinary system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	550	97	2429	97	429	95	3476	96.3
2 Yes	20	4	86	3	23	5	133	3.7
Valid responses =	570	16	2515	70	452	13	3609	5.2

Invalid responses include no response.

**65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Other ongoing or chronic condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	336	69	1485	70	245	65	2100	68.8
2 Yes	149	31	640	30	131	35	954	31.2
Valid responses =	485	16	2125	70	376	12	3054	4.4

Invalid responses include no response.

**65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Anaphylaxis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	83	299	78	57	70	414	77.0
2 Yes	11	18	85	22	24	30	124	23.0
Valid responses =	63	12	384	71	81	15	538	0.8

Invalid responses include no response.

**65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Medication allergy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	56	206	53	37	46	283	52.2
2 Yes	28	44	181	47	44	54	259	47.8
Valid responses =	64	12	387	71	81	15	542	0.8

Invalid responses include no response.

**65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Latex allergy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61	95	324	85	62	78	455	85.0
2 Yes	3	5	57	15	18	23	80	15.0
Valid responses =	64	12	381	71	80	15	535	0.8

Invalid responses include no response.

**65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Insect/bee sting allergy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57	89	331	87	68	84	463	86.5
2 Yes	7	11	49	13	13	16	72	13.5
Valid responses =	64	12	380	71	81	15	535	0.8

Invalid responses include no response.



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#### 65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

##### Immune deficiency

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	81	284	74	52	64	395	73.3
2 Yes	12	19	100	26	29	36	144	26.7
Valid responses =	64	12	384	71	81	15	539	0.8

Invalid responses include no response.

#### 65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

##### Other allergic or immunologic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	69	228	78	44	70	315	75.4
2 Yes	17	31	65	22	19	30	103	24.6
Valid responses =	55	13	293	70	63	15	418	0.6

Invalid responses include no response.

#### 65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

##### Other allergic or immunologic condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	91	79	544	77	74	64	723	75.6
2 Yes	24	21	164	23	41	36	233	24.4
Valid responses =	115	12	708	74	115	12	956	1.4

Invalid responses include no response.

#### 65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

##### Rheumatoid Arthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	100	89	590	84	89	77	792	83.8
2 Yes	13	12	109	16	26	23	153	16.2
Valid responses =	113	12	699	74	115	12	945	1.4

Invalid responses include no response.

#### 65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

##### Scleroderma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	112	99	671	98	109	97	908	97.6
2 Yes	1	1	15	2	4	4	22	2.4
Valid responses =	113	12	686	74	113	12	930	1.3

Invalid responses include no response.

#### 65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

##### Systemic Lupus Erythematosus

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	110	97	610	88	95	85	827	88.5
2 Yes	3	3	81	12	17	15	107	11.5
Valid responses =	113	12	691	74	112	12	934	1.4

Invalid responses include no response.

#### 65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

##### Other autoimmune disorder not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59	53	295	49	49	58	412	50.6
2 Yes	53	47	308	51	35	42	403	49.4
Valid responses =	112	14	603	74	84	10	815	1.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Anemia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	71	99	35	19	37	148	39.2
2 Yes	12	29	182	65	33	64	230	60.8
Valid responses =	41	11	281	74	52	14	378	0.5

Invalid responses include no response.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hemophilia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	37	90	255	96	41	80	335	92.3
2 Yes	4	10	12	5	10	20	28	7.7
Valid responses =	41	11	267	74	51	14	363	0.5

Invalid responses include no response.

65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hypercoagulable states

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34	87	243	92	44	86	323	90.0
2 Yes	5	13	22	8	7	14	36	10.0
Valid responses =	39	11	265	74	51	14	359	0.5

Invalid responses include no response.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Platelet Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	68	229	87	40	78	299	83.1
2 Yes	13	32	35	13	11	22	61	16.9
Valid responses =	41	11	264	73	51	14	360	0.5

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Sickle Cell Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	92	257	97	40	78	335	93.6
2 Yes	3	8	7	3	11	22	23	6.4
Valid responses =	39	11	264	74	51	14	358	0.5

Invalid responses include no response.

65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Other blood condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	49	149	64	26	58	193	60.7
2 Yes	19	51	83	36	19	42	125	39.3
Valid responses =	37	12	232	73	45	14	318	0.5

Invalid responses include no response.

65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Cerebral Palsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	74	95	365	97	75	92	519	95.8
2 Yes	4	5	10	3	7	9	23	4.2
Valid responses =	78	14	375	69	82	15	542	0.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

##### Epilepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	65	307	80	64	77	427	77.1
2 Yes	28	35	77	20	19	23	127	22.9
Valid responses =	80	14	384	69	83	15	554	0.8

Invalid responses include no response.

#### 65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

##### Seizure Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55	68	306	80	56	68	420	76.1
2 Yes	26	32	76	20	26	32	132	23.9
Valid responses =	81	15	382	69	82	15	552	0.8

Invalid responses include no response.

#### 65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

##### Multiple Sclerosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	77	99	342	92	69	84	493	91.5
2 Yes	1	1	30	8	13	16	46	8.5
Valid responses =	78	14	372	69	82	15	539	0.8

Invalid responses include no response.

#### 65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

##### Other brain or nervous system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47	70	146	47	34	49	230	51.0
2 Yes	20	30	162	53	36	51	221	49.0
Valid responses =	67	15	308	68	70	16	451	0.7

Invalid responses include no response.

#### 65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

##### Alopecia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	91	264	92	43	83	381	90.1
2 Yes	7	10	24	8	9	17	42	9.9
Valid responses =	74	17	288	68	52	12	423	0.6

Invalid responses include no response.

#### 65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

##### Eczema

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	51	131	44	25	46	202	45.8
2 Yes	39	49	167	56	29	54	239	54.2
Valid responses =	79	18	298	68	54	12	441	0.6

Invalid responses include no response.

#### 65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

##### Hirsutism

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	70	93	276	97	45	85	398	94.5
2 Yes	5	7	8	3	8	15	23	5.5
Valid responses =	75	18	284	67	53	13	421	0.6

Invalid responses include no response.



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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

**65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Hyperhidrosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	70	95	268	94	42	81	387	92.1
2 Yes	4	5	17	6	10	19	33	7.9
Valid responses =	74	18	285	68	52	12	420	0.6

Invalid responses include no response.

**65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Photodermatitis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	70	96	275	97	48	92	400	95.9
2 Yes	3	4	8	3	4	8	17	4.1
Valid responses =	73	18	283	68	52	12	417	0.6

Invalid responses include no response.

**65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Psoriasis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	68	225	77	38	73	321	74.7
2 Yes	25	33	67	23	14	27	109	25.3
Valid responses =	77	18	292	68	52	12	430	0.6

Invalid responses include no response.

**65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Vitiligo**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	70	93	270	93	46	90	393	92.7
2 Yes	5	7	19	7	5	10	31	7.3
Valid responses =	75	18	289	68	51	12	424	0.6

Invalid responses include no response.

**65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Other hair, skin, or nail condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	70	171	71	21	57	238	67.8
2 Yes	19	30	71	29	16	43	113	32.2
Valid responses =	63	18	242	69	37	11	351	0.5

Invalid responses include no response.

**65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?**

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

**Crohn's Disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	77	71	397	84	77	82	563	81.1
2 Yes	32	29	78	16	17	18	131	18.9
Valid responses =	109	16	475	68	94	14	694	1.0

Invalid responses include no response.

**65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?**

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

**Diverticular Disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	97	93	455	97	88	94	652	95.7
2 Yes	7	7	14	3	6	6	29	4.3
Valid responses =	104	15	469	69	94	14	681	1.0

Invalid responses include no response.



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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Esophageal Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	93	89	437	93	86	91	628	91.8
2 Yes	12	11	32	7	9	10	56	8.2
Valid responses =	105	15	469	69	95	14	684	1.0

Invalid responses include no response.

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Gallbladder Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	97	94	436	93	84	89	629	92.1
2 Yes	6	6	35	7	10	11	54	7.9
Valid responses =	103	15	471	69	94	14	683	1.0

Invalid responses include no response.

65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Ulcerative Colitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	84	80	390	83	88	93	574	83.4
2 Yes	21	20	83	18	7	7	114	16.6
Valid responses =	105	15	473	69	95	14	688	1.0

Invalid responses include no response.

65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Other digestive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59	68	221	58	50	65	336	60.1
2 Yes	28	32	159	42	27	35	223	39.9
Valid responses =	87	16	380	68	77	14	559	0.8

Invalid responses include no response.

65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	43	59	182	73	37	63	265	68.3
2 Yes	30	41	66	27	22	37	123	31.7
Valid responses =	73	19	248	64	59	15	388	0.6

Invalid responses include no response.

65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Uveitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	69	97	239	96	54	95	368	95.6
2 Yes	2	3	10	4	3	5	17	4.4
Valid responses =	71	18	249	65	57	15	385	0.6

Invalid responses include no response.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Vertigo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59	83	195	78	40	70	299	77.3
2 Yes	12	17	56	22	17	30	88	22.7
Valid responses =	71	18	251	65	57	15	387	0.6

Invalid responses include no response.



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65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Other eye/ear/nose/throat condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	37	101	47	20	42	144	43.8
2 Yes	39	63	112	53	28	58	185	56.2
Valid responses =	62	19	213	65	48	15	329	0.5

Invalid responses include no response.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Cardiac Arrhythmia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	65	144	76	29	67	204	72.9
2 Yes	14	35	46	24	14	33	76	27.1
Valid responses =	40	14	190	68	43	15	280	0.4

Invalid responses include no response.

65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Coronary Artery Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	85	179	96	37	86	254	92.0
2 Yes	6	15	8	4	6	14	22	8.0
Valid responses =	39	14	187	68	43	16	276	0.4

Invalid responses include no response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congenital Heart Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	78	170	90	34	79	239	86.0
2 Yes	9	23	18	10	9	21	39	14.0
Valid responses =	40	14	188	68	43	15	278	0.4

Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congestive Heart Failure

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34	85	176	96	37	86	252	92.3
2 Yes	6	15	7	4	6	14	21	7.7
Valid responses =	40	15	183	67	43	16	273	0.4

Invalid responses include no response.

65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Heart Murmur

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	70	141	74	32	74	204	72.9
2 Yes	12	30	49	26	11	26	76	27.1
Valid responses =	40	14	190	68	43	15	280	0.4

Invalid responses include no response.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Valvular Heart Disease (for example: Mitral valve prolapse)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	88	170	90	33	77	243	87.4
2 Yes	5	13	18	10	10	23	35	12.6
Valid responses =	40	14	188	68	43	15	278	0.4

Invalid responses include no response.





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65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Other heart or vascular condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	62	70	43	15	41	109	44.9
2 Yes	14	38	92	57	22	60	134	55.1
Valid responses =	37	15	162	67	37	15	243	0.4
Invalid responses include no response.								

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Lyme Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	83	42	65	7	54	60	64.5
2 Yes	2	17	23	35	6	46	33	35.5
Valid responses =	12	13	65	70	13	14	93	0.1
Invalid responses include no response.								

65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Other infectious disease not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	73	30	64	5	46	43	60.6
2 Yes	3	27	17	36	6	55	28	39.4
Valid responses =	11	15	47	66	11	15	71	0.1
Invalid responses include no response.								

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Carpal Tunnel Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	91	261	87	70	78	391	84.8
2 Yes	6	9	40	13	20	22	70	15.2
Valid responses =	64	14	301	65	90	20	461	0.7
Invalid responses include no response.								

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Fibromyalgia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	60	95	236	78	63	70	362	78.4
2 Yes	3	5	67	22	27	30	100	21.6
Valid responses =	63	14	303	66	90	19	462	0.7
Invalid responses include no response.								

65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Gout

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	60	97	295	99	82	92	441	96.7
2 Yes	2	3	4	1	7	8	15	3.3
Valid responses =	62	14	299	66	89	20	456	0.7
Invalid responses include no response.								

65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Muscular Dystrophy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57	91	283	95	80	91	424	93.4
2 Yes	6	10	14	5	8	9	30	6.6
Valid responses =	63	14	297	65	88	19	454	0.7
Invalid responses include no response.								



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

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(410) 859-1500

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoarthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	53	83	251	82	74	84	382	82.5
2 Yes	11	17	54	18	14	16	81	17.5
Valid responses =	64	14	305	66	88	19	463	0.7

Invalid responses include no response.

65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoporosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	60	97	286	96	78	87	428	93.7
2 Yes	2	3	13	4	12	13	29	6.3
Valid responses =	62	14	299	65	90	20	457	0.7

Invalid responses include no response.

65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Temporomandibular Joint Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55	89	237	78	65	72	361	78.0
2 Yes	7	11	67	22	25	28	102	22.0
Valid responses =	62	13	304	66	90	19	463	0.7

Invalid responses include no response.

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Other musculoskeletal condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	31	93	35	23	34	136	34.0
2 Yes	43	69	172	65	45	66	264	66.0
Valid responses =	62	16	265	66	68	17	400	0.6

Invalid responses include no response.

65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Amenorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	86	190	84	34	76	251	82.6
2 Yes	3	14	35	16	11	24	53	17.4
Valid responses =	21	7	225	74	45	15	304	0.4

Invalid responses include no response.

65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Cervical Dysplasia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	90	211	96	38	86	278	93.3
2 Yes	2	10	10	5	6	14	20	6.7
Valid responses =	20	7	221	74	44	15	298	0.4

Invalid responses include no response.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	81	121	52	25	56	169	54.5
2 Yes	4	19	110	48	20	44	141	45.5
Valid responses =	21	7	231	75	45	15	310	0.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

##### Prostatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	70	224	99	39	87	288	94.7
2 Yes	6	30	2	1	6	13	16	5.3
Valid responses =	20	7	226	74	45	15	304	0.4

Invalid responses include no response.

#### 65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

##### Sexual Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	67	204	90	36	80	262	85.6
2 Yes	7	33	23	10	9	20	44	14.4
Valid responses =	21	7	227	74	45	15	306	0.4

Invalid responses include no response.

#### 65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

##### Other reproductive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	50	109	57	27	61	149	56.2
2 Yes	9	50	84	44	17	39	116	43.8
Valid responses =	18	7	193	73	44	17	265	0.4

Invalid responses include no response.

#### 65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

##### Cystic Fibrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	91	115	94	27	82	166	90.7
2 Yes	2	9	7	6	6	18	17	9.3
Valid responses =	22	12	122	67	33	18	183	0.3

Invalid responses include no response.

#### 65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

##### Sarcoidosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	76	118	97	27	82	165	90.7
2 Yes	5	24	4	3	6	18	17	9.3
Valid responses =	21	12	122	67	33	18	182	0.3

Invalid responses include no response.

#### 65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

##### Active Tuberculous

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	86	121	99	31	94	174	95.6
2 Yes	3	14	1	1	2	6	8	4.4
Valid responses =	21	12	122	67	33	18	182	0.3

Invalid responses include no response.

#### 65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

##### Other respiratory system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	46	54	54	17	59	82	52.6
2 Yes	12	55	47	47	12	41	74	47.4
Valid responses =	22	14	101	65	29	19	156	0.2

Invalid responses include no response.



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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

##### Hypersomnolence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	86	123	76	24	71	172	75.1
2 Yes	4	14	40	25	10	29	57	24.9
Valid responses =	28	12	163	71	34	15	229	0.3

Invalid responses include no response.

#### 65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

##### Narcolepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	65	100	63	22	65	144	63.2
2 Yes	11	36	60	38	12	35	84	36.8
Valid responses =	31	14	160	70	34	15	228	0.3

Invalid responses include no response.

#### 65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

##### Restless Leg Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	82	131	81	22	67	178	79.1
2 Yes	5	18	30	19	11	33	47	20.9
Valid responses =	28	12	161	72	33	15	225	0.3

Invalid responses include no response.

#### 65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

##### Sleep Paralysis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	79	138	86	24	71	186	81.9
2 Yes	6	21	22	14	10	29	41	18.1
Valid responses =	29	13	160	70	34	15	227	0.3

Invalid responses include no response.

#### 65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

##### Sleep Terrors (or night terrors)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	83	134	83	26	77	186	81.9
2 Yes	5	17	27	17	8	24	41	18.1
Valid responses =	29	13	161	71	34	15	227	0.3

Invalid responses include no response.

#### 65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

##### Sleep Walking

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	86	145	91	29	85	201	89.3
2 Yes	4	14	14	9	5	15	24	10.7
Valid responses =	29	13	159	71	34	15	225	0.3

Invalid responses include no response.

#### 65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

##### Other sleep-wake condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	67	99	75	22	71	141	73.1
2 Yes	9	33	33	25	9	29	52	26.9
Valid responses =	27	14	132	68	31	16	193	0.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

##### Bladder disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	77	74	93	16	73	104	86.0
2 Yes	4	24	6	8	6	27	17	14.0
Valid responses =	17	14	80	66	22	18	121	0.2

Invalid responses include no response.

#### 65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

##### Kidney disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	72	68	82	11	50	93	74.4
2 Yes	5	28	15	18	11	50	32	25.6
Valid responses =	18	14	83	66	22	18	125	0.2

Invalid responses include no response.

#### 65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

##### Kidney stone

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	72	59	73	13	57	86	68.8
2 Yes	5	28	22	27	10	44	39	31.2
Valid responses =	18	14	81	65	23	18	125	0.2

Invalid responses include no response.

#### 65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

##### Urinary Incontinence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	41	57	70	13	59	79	64.2
2 Yes	10	59	24	30	9	41	44	35.8
Valid responses =	17	14	81	66	22	18	123	0.2

Invalid responses include no response.

#### 65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

##### Other urinary system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	47	25	44	11	61	44	46.3
2 Yes	9	53	32	56	7	39	51	53.7
Valid responses =	17	18	57	60	18	19	95	0.1

Invalid responses include no response.

#### 65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

##### Type 1 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	223	67	788	78	74	64	1099	74.4
2 Yes	108	33	225	22	41	36	378	25.6
Valid responses =	331	22	1013	69	115	8	1477	2.1

Invalid responses include no response.

#### 65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

##### Type 2 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	221	69	787	79	86	75	1105	76.0
2 Yes	100	31	211	21	28	25	348	24.0
Valid responses =	321	22	998	69	114	8	1453	2.1

Invalid responses include no response.



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Number of Surveys (n) = 69131 Web Surveys

65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Pre-diabetes or insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	175	51	370	33	48	34	603	36.6
2 Yes	170	49	770	68	95	66	1046	63.4
Valid responses =	345	21	1140	69	143	9	1649	2.4
Invalid responses include no response.								

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Gestational Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	294	98	891	92	98	93	1297	93.0
2 Yes	6	2	80	8	8	8	97	7.0
Valid responses =	300	22	971	70	106	8	1394	2.0
Invalid responses include no response.								

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3185	70	7464	54	863	68	11617	58.4
2 Yes	1355	30	6473	46	400	32	8277	41.6
Valid responses =	4540	23	13937	70	1263	6	19894	28.8
Invalid responses include no response.								

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	831	39	1166	24	243	21	2276	27.2
2 Yes	1296	61	3779	76	916	79	6088	72.8
Valid responses =	2127	25	4945	59	1159	14	8364	12.1
Invalid responses include no response.								

65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	166	56	315	60	47	44	540	56.7
2 Yes	133	45	211	40	59	56	412	43.3
Valid responses =	299	31	526	55	106	11	952	1.4
Invalid responses include no response.								

65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1416	76	4196	66	492	73	6171	68.5
2 Yes	451	24	2178	34	187	28	2842	31.5
Valid responses =	1867	21	6374	71	679	8	9013	13.0
Invalid responses include no response.								

65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1873	80	4629	70	518	77	7080	73.1
2 Yes	478	20	1960	30	152	23	2608	26.9
Valid responses =	2351	24	6589	68	670	7	9688	14.0
Invalid responses include no response.								



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FREQUENCY REPORT

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65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4010	78	9932	69	1115	77	15190	71.8
2 Yes	1147	22	4467	31	328	23	5980	28.2
Valid responses =	5157	24	14399	68	1443	7	21170	30.6

Invalid responses include no response.

65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1125	34	3830	22	450	18	5461	23.2
2 Yes	2211	66	13610	78	1998	82	18032	76.8
Valid responses =	3336	14	17440	74	2448	10	23493	34.0

Invalid responses include no response.

65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2127	75	4696	61	557	66	7451	65.1
2 Yes	700	25	2982	39	287	34	3998	34.9
Valid responses =	2827	25	7678	67	844	7	11449	16.6

Invalid responses include no response.

65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Autism Spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	283	64	237	49	166	39	701	50.4
2 Yes	160	36	247	51	257	61	691	49.6
Valid responses =	443	32	484	35	423	30	1392	2.0

Invalid responses include no response.

65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	84	34	281	24	48	18	421	24.7
2 Yes	161	66	884	76	216	82	1286	75.3
Valid responses =	245	14	1165	68	264	15	1707	2.5

Invalid responses include no response.

65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	42	159	28	50	26	260	29.7
2 Yes	55	58	405	72	145	74	615	70.3
Valid responses =	95	11	564	64	195	22	875	1.3

Invalid responses include no response.

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	43	152	39	14	38	234	39.9
2 Yes	86	57	240	61	23	62	352	60.1
Valid responses =	152	26	392	67	37	6	586	0.8

Invalid responses include no response.





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65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	56	59	234	46	29	45	323	47.4
2 Yes	39	41	280	55	36	55	358	52.6
Valid responses =	95	14	514	75	65	10	681	1.0
Invalid responses include no response.								

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	305	36	1102	30	196	30	1626	30.6
2 Yes	555	65	2617	70	457	70	3682	69.4
Valid responses =	860	16	3719	70	653	12	5308	7.7
Invalid responses include no response.								

65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	912	33	2826	22	444	19	4228	23.2
2 Yes	1824	67	10135	78	1861	81	14013	76.8
Valid responses =	2736	15	12961	71	2305	13	18241	26.4
Invalid responses include no response.								

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	110	29	362	30	46	31	532	30.2
2 Yes	273	71	845	70	105	70	1232	69.8
Valid responses =	383	22	1207	68	151	9	1764	2.6
Invalid responses include no response.								

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	140	58	1544	45	266	45	1976	46.1
2 Yes	100	42	1868	55	322	55	2313	53.9
Valid responses =	240	6	3412	80	588	14	4289	6.2
Invalid responses include no response.								

65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	87	431	39	48	43	505	40.1
2 Yes	3	13	678	61	64	57	753	59.9
Valid responses =	23	2	1109	88	112	9	1258	1.8
Invalid responses include no response.								

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	71	26	90	6	43	62	72.1
2 Yes	12	29	3	10	8	57	24	27.9
Valid responses =	41	48	29	34	14	16	86	0.1
Invalid responses include no response.								



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65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57	59	248	50	30	52	336	50.8
2 Yes	40	41	253	51	28	48	326	49.2
Valid responses =	97	15	501	76	58	9	662	1.0

Invalid responses include no response.

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	342	50	1350	46	168	49	1884	47.1
2 Yes	340	50	1574	54	177	51	2115	52.9
Valid responses =	682	17	2924	73	345	9	3999	5.8

Invalid responses include no response.

65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	170	46	508	41	75	46	759	42.5
2 Yes	198	54	727	59	89	54	1025	57.5
Valid responses =	368	21	1235	69	164	9	1784	2.6

Invalid responses include no response.

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	63	51	68	5	39	90	62.5
2 Yes	19	37	24	32	8	62	54	37.5
Valid responses =	51	35	75	52	13	9	144	0.2

Invalid responses include no response.

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	304	36	349	29	52	38	720	32.3
2 Yes	537	64	876	72	86	62	1511	67.7
Valid responses =	841	38	1225	55	138	6	2231	3.2

Invalid responses include no response.

65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	212	37	560	37	57	42	834	37.0
2 Yes	360	63	965	63	79	58	1421	63.0
Valid responses =	572	25	1525	68	136	6	2255	3.3

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	36	22	73	6	38	51	45.9
2 Yes	40	65	8	27	10	63	60	54.1
Valid responses =	62	56	30	27	16	14	111	0.2

Invalid responses include no response.



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65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	74	68	474	55	42	62	595	56.6
2 Yes	35	32	393	45	26	38	457	43.4
Valid responses =	109	10	867	82	68	6	1052	1.5

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	350	51	1260	40	242	40	1884	41.9
2 Yes	339	49	1864	60	369	60	2610	58.1
Valid responses =	689	15	3124	70	611	14	4494	6.5

Invalid responses include no response.

65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	206	44	1204	40	146	45	1580	41.1
2 Yes	259	56	1802	60	181	55	2266	58.9
Valid responses =	465	12	3006	78	327	9	3846	5.6

Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	663	63	3039	45	369	50	4115	47.8
2 Yes	391	37	3694	55	364	50	4486	52.2
Valid responses =	1054	12	6733	78	733	9	8601	12.4

Invalid responses include no response.

65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	233	47	890	31	159	28	1310	32.8
2 Yes	267	53	1966	69	402	72	2679	67.2
Valid responses =	500	13	2856	72	561	14	3989	5.8

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	75	667	32	79	38	768	32.8
2 Yes	5	25	1420	68	131	62	1574	67.2
Valid responses =	20	1	2087	89	210	9	2342	3.4

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	197	38	1025	27	201	24	1446	27.2
2 Yes	328	63	2826	73	643	76	3865	72.8
Valid responses =	525	10	3851	73	844	16	5311	7.7

Invalid responses include no response.



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65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	49	42	50	18	34	88	45.1
2 Yes	27	51	42	50	35	66	107	54.9
Valid responses =	53	27	84	43	53	27	195	0.3

Invalid responses include no response.

65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	223	46	321	45	57	58	607	46.6
2 Yes	262	54	387	55	42	42	696	53.4
Valid responses =	485	37	708	54	99	8	1303	1.9

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	30	361	18	34	20	467	19.4
2 Yes	157	70	1632	82	137	80	1944	80.6
Valid responses =	223	9	1993	83	171	7	2411	3.5

Invalid responses include no response.

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	70	64	81	54	30	44	183	54.8
2 Yes	39	36	70	46	38	56	151	45.2
Valid responses =	109	33	151	45	68	20	334	0.5

Invalid responses include no response.

65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	121	66	267	55	44	48	436	57.0
2 Yes	63	34	216	45	47	52	329	43.0
Valid responses =	184	24	483	63	91	12	765	1.1

Invalid responses include no response.

65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	32	305	38	27	38	372	37.1
2 Yes	82	68	500	62	44	62	631	62.9
Valid responses =	120	12	805	80	71	7	1003	1.5

Invalid responses include no response.

65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	322	52	1070	41	177	38	1599	42.1
2 Yes	296	48	1563	59	287	62	2195	57.9
Valid responses =	618	16	2633	69	464	12	3794	5.5

Invalid responses include no response.



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65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	136	11	431	11	101	11	677	11.1
2 Medicine only	707	55	1518	40	270	30	2526	41.6
3 Therapy only	82	6	388	10	127	14	615	10.1
4 Both medicine and therapy	359	28	1416	38	407	45	2218	36.5
5 Other Treatment	12	1	19	1	7	1	39	0.6
Valid responses =	1296	21	3772	62	912	15	6075	8.8

Invalid responses include no response.

65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	30	23	36	17	8	14	75	18.3
2 Medicine only	8	6	4	2	1	2	14	3.4
3 Therapy only	58	44	114	54	30	53	206	50.4
4 Both medicine and therapy	31	23	48	23	7	12	88	21.5
5 Other Treatment	6	5	8	4	11	19	26	6.4
Valid responses =	133	33	210	51	57	14	409	0.6

Invalid responses include no response.

65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	170	8	899	7	89	5	1169	6.5
2 Medicine only	519	24	2784	21	261	13	3593	20.0
3 Therapy only	522	24	3370	25	484	24	4440	24.7
4 Both medicine and therapy	976	44	6463	48	1152	58	8697	48.3
5 Other Treatment	19	1	79	1	7	0	107	0.6
Valid responses =	2206	12	13595	76	1993	11	18006	26.0

Invalid responses include no response.

65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	41	26	101	41	97	38	247	36.0
2 Medicine only	21	13	4	2	7	3	33	4.8
3 Therapy only	49	31	96	39	117	46	273	39.8
4 Both medicine and therapy	46	29	42	17	27	11	119	17.3
5 Other Treatment	2	1	3	1	7	3	14	2.0
Valid responses =	159	23	246	36	255	37	686	1.0

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	9	6	51	6	13	6	77	6.0
2 Medicine only	42	26	181	21	25	12	253	19.7
3 Therapy only	11	7	102	12	29	13	142	11.1
4 Both medicine and therapy	98	61	545	62	147	68	805	62.6
5 Other Treatment	1	1	4	1	2	1	8	0.6
Valid responses =	161	13	883	69	216	17	1285	1.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	11	20	37	9	11	8	59	9.6
2 Medicine only	7	13	30	7	8	6	46	7.5
3 Therapy only	18	33	110	27	47	32	179	29.2
4 Both medicine and therapy	18	33	224	55	78	54	324	52.8
5 Other Treatment	1	2	3	1	1	1	6	1.0
Valid responses =	55	9	404	66	145	24	614	0.9

Invalid responses include no response.

#### 65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	111	6	489	5	68	4	678	4.8
2 Medicine only	374	21	1941	19	233	13	2572	18.4
3 Therapy only	407	22	2119	21	383	21	2962	21.2
4 Both medicine and therapy	913	50	5529	55	1167	63	7712	55.1
5 Other Treatment	13	1	48	1	8	0	72	0.5
Valid responses =	1818	13	10126	72	1859	13	13996	20.2

Invalid responses include no response.

#### 65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	12	12	314	17	67	21	399	17.3
2 Medicine only	11	11	66	4	12	4	89	3.9
3 Therapy only	52	52	1030	55	169	53	1262	54.7
4 Both medicine and therapy	17	17	409	22	65	20	496	21.5
5 Other Treatment	8	8	45	2	9	3	63	2.7
Valid responses =	100	4	1864	81	322	14	2309	3.3

Invalid responses include no response.

#### 65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	17	2	100	0	0	4	17.4
2 Medicine only	1	8	0	0	1	13	2	8.7
3 Therapy only	8	67	0	0	3	38	11	47.8
4 Both medicine and therapy	1	8	0	0	2	25	3	13.0
5 Other Treatment	0	0	0	0	2	25	3	13.0
Valid responses =	12	52	2	9	8	35	23	0.0

Invalid responses include no response.

#### 65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	72	21	349	19	64	18	492	19.0
2 Medicine only	113	33	686	37	108	30	919	35.4
3 Therapy only	60	18	219	12	56	15	339	13.1
4 Both medicine and therapy	84	25	562	30	128	35	788	30.4
5 Other Treatment	10	3	35	2	10	3	56	2.2
Valid responses =	339	13	1851	71	366	14	2594	3.8

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	21	8	186	10	44	11	252	9.4
2 Medicine only	48	18	229	12	29	7	311	11.6
3 Therapy only	79	30	601	31	132	33	828	30.9
4 Both medicine and therapy	115	43	937	48	191	48	1263	47.2
5 Other Treatment	4	2	12	1	6	2	24	0.9
Valid responses =	267	10	1965	73	402	15	2678	3.9

Invalid responses include no response.

65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	29	9	196	7	34	5	262	6.8
2 Medicine only	26	8	174	6	26	4	231	6.0
3 Therapy only	149	45	1223	43	279	43	1684	43.6
4 Both medicine and therapy	119	36	1203	43	298	46	1644	42.6
5 Other Treatment	5	2	24	1	6	1	38	1.0
Valid responses =	328	8	2820	73	643	17	3859	5.6

Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	3	11	7	17	2	6	13	12.1
2 Medicine only	8	30	8	19	2	6	18	16.8
3 Therapy only	3	11	4	10	11	31	18	16.8
4 Both medicine and therapy	11	41	22	52	17	49	51	47.7
5 Other Treatment	2	7	1	2	3	9	7	6.5
Valid responses =	27	25	42	39	35	33	107	0.2

Invalid responses include no response.

65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	8	21	23	33	13	34	46	30.5
2 Medicine only	13	33	19	27	9	24	41	27.2
3 Therapy only	11	28	10	14	6	16	27	17.9
4 Both medicine and therapy	5	13	15	21	7	18	27	17.9
5 Other Treatment	2	5	3	4	3	8	10	6.6
Valid responses =	39	26	70	46	38	25	151	0.2

Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	18	29	59	27	8	17	85	25.8
2 Medicine only	12	19	40	19	8	17	60	18.2
3 Therapy only	12	19	34	16	9	19	56	17.0
4 Both medicine and therapy	18	29	59	27	14	30	92	28.0
5 Other Treatment	3	5	24	11	8	17	36	10.9
Valid responses =	63	19	216	66	47	14	329	0.5

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	201	15	748	12	81	21	1041	12.7
2 Yes	1143	85	5656	88	314	80	7150	87.3
Valid responses =	1344	16	6404	78	395	5	8191	11.8

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

**65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	210	48	862	40	79	43	1164	41.5
2 Yes	230	52	1293	60	106	57	1640	58.5
Valid responses =	440	16	2155	77	185	7	2804	4.1

Invalid responses include no response.

**65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	153	33	547	28	43	29	747	29.1
2 Yes	313	67	1391	72	106	71	1824	70.9
Valid responses =	466	18	1938	75	149	6	2571	3.7

Invalid responses include no response.

**65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	316	28	1143	26	92	28	1565	26.4
2 Yes	813	72	3285	74	232	72	4353	73.6
Valid responses =	1129	19	4428	75	324	5	5918	8.6

Invalid responses include no response.

**65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	134	20	435	15	39	14	614	15.5
2 Yes	553	81	2520	85	247	86	3342	84.5
Valid responses =	687	17	2955	75	286	7	3956	5.7

Invalid responses include no response.

**65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	46	87	36	13	57	140	40.0
2 Yes	46	54	152	64	10	44	210	60.0
Valid responses =	85	24	239	68	23	7	350	0.5

Invalid responses include no response.

**65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	51	100	36	16	44	136	38.5
2 Yes	19	49	175	64	20	56	217	61.5
Valid responses =	39	11	275	78	36	10	353	0.5

Invalid responses include no response.

**65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	105	19	466	18	115	25	695	18.9
2 Yes	449	81	2143	82	341	75	2977	81.1
Valid responses =	554	15	2609	71	456	12	3672	5.3

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

**65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Diabetes or pre-diabetes/insulin resistance**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	15	191	23	26	25	261	21.3
2 Yes	232	85	649	77	79	75	966	78.7
Valid responses =	273	22	840	68	105	9	1227	1.8

Invalid responses include no response.

**65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Endometriosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	156	23	19	30	180	24.0
2 Yes	1	33	519	77	45	70	570	76.0
Valid responses =	3	0	675	90	64	9	750	1.1

Invalid responses include no response.

**65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Genital herpes**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	23	36	14	3	11	48	14.9
2 Yes	31	78	214	86	25	89	275	85.1
Valid responses =	40	12	250	77	28	9	323	0.5

Invalid responses include no response.

**65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Gastroesophageal Reflux Disease (GERD) or acid reflux**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47	14	219	14	27	15	300	14.3
2 Yes	291	86	1346	86	150	85	1804	85.7
Valid responses =	338	16	1565	74	177	8	2104	3.0

Invalid responses include no response.

**65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	73	37	258	36	24	27	359	35.1
2 Yes	125	63	468	65	64	73	664	64.9
Valid responses =	198	19	726	71	88	9	1023	1.5

Invalid responses include no response.

**65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Hepatitis B or C**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	26	16	67	2	25	24	44.4
2 Yes	14	74	8	33	6	75	30	55.6
Valid responses =	19	35	24	44	8	15	54	0.1

Invalid responses include no response.

**65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**High blood pressure (hypertension)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	124	23	158	18	27	31	311	20.7
2 Yes	411	77	711	82	59	69	1191	79.3
Valid responses =	535	36	869	58	86	6	1502	2.2

Invalid responses include no response.



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Number of Surveys (n) = 69131 Web Surveys

**65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	128	36	453	48	26	33	614	43.7
2 Yes	229	64	499	52	52	67	790	56.3
Valid responses =	357	25	952	68	78	6	1404	2.0

Invalid responses include no response.

**65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	20	1	13	1	10	10	16.7
2 Yes	32	80	7	88	9	90	50	83.3
Valid responses =	40	67	8	13	10	17	60	0.1

Invalid responses include no response.

**65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	9	199	51	9	35	212	46.8
2 Yes	32	91	190	49	17	65	241	53.2
Valid responses =	35	8	389	86	26	6	453	0.7

Invalid responses include no response.

**65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	75	29	507	28	40	22	631	28.0
2 Yes	184	71	1285	72	141	78	1625	72.0
Valid responses =	259	11	1792	79	181	8	2256	3.3

Invalid responses include no response.

**65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	102	26	847	23	100	28	1058	23.8
2 Yes	287	74	2812	77	264	73	3391	76.2
Valid responses =	389	9	3659	82	364	8	4449	6.4

Invalid responses include no response.

**65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	60	314	22	23	18	343	22.0
2 Yes	2	40	1091	78	106	82	1214	78.0
Valid responses =	5	0	1405	90	129	8	1557	2.3

Invalid responses include no response.

**65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57	22	83	22	12	29	153	22.1
2 Yes	203	78	301	78	30	71	538	77.9
Valid responses =	260	38	384	56	42	6	691	1.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

**65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	19	232	14	19	14	283	14.7
2 Yes	126	81	1386	86	118	86	1645	85.3
Valid responses =	155	8	1618	84	137	7	1928	2.8

Invalid responses include no response.

**65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	16	76	15	4	9	93	14.8
2 Yes	68	84	422	85	40	91	535	85.2
Valid responses =	81	13	498	79	44	7	628	0.9

Invalid responses include no response.

**65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	97	51	399	58	48	63	550	56.9
2 Yes	92	49	294	42	28	37	417	43.1
Valid responses =	189	20	693	72	76	8	967	1.4

Invalid responses include no response.

**65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	83	64	294	69	68	68	451	67.9
2 Yes	46	36	133	31	32	32	213	32.1
Valid responses =	129	19	427	64	100	15	664	1.0

Invalid responses include no response.

**65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	63	25	69	8	100	52	69.3
2 Yes	11	37	11	31	0	0	23	30.7
Valid responses =	30	40	36	48	8	11	75	0.1

Invalid responses include no response.

**65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	100	53	467	57	46	61	620	56.3
2 Yes	90	47	358	43	29	39	482	43.7
Valid responses =	190	17	825	75	75	7	1102	1.6

Invalid responses include no response.

**65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	76	53	327	63	26	65	431	60.8
2 Yes	67	47	196	38	14	35	278	39.2
Valid responses =	143	20	523	74	40	6	709	1.0

Invalid responses include no response.



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65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	160	55	632	60	61	70	861	59.3
2 Yes	131	45	429	40	26	30	591	40.7
Valid responses =	291	20	1061	73	87	6	1452	2.1

Invalid responses include no response.

65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	117	71	630	71	70	79	826	71.6
2 Yes	48	29	259	29	19	21	327	28.4
Valid responses =	165	14	889	77	89	8	1153	1.7

Invalid responses include no response.

65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63	49	238	58	26	74	331	56.9
2 Yes	65	51	176	43	9	26	251	43.1
Valid responses =	128	22	414	71	35	6	582	0.8

Invalid responses include no response.

65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	100	41	84	10	77	62	82.7
2 Yes	0	0	8	16	3	23	13	17.3
Valid responses =	9	12	49	65	13	17	75	0.1

Invalid responses include no response.

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	78	36	71	9	69	53	68.8
2 Yes	2	22	15	29	4	31	24	31.2
Valid responses =	9	12	51	66	13	17	77	0.1

Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	73	28	76	6	55	42	71.2
2 Yes	3	27	9	24	5	46	17	28.8
Valid responses =	11	19	37	63	11	19	59	0.1

Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	19	22	26	5	42	34	25.4
2 Yes	30	81	62	74	7	58	100	74.6
Valid responses =	37	28	84	63	12	9	134	0.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

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**65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Celiac disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	59	68	72	10	63	88	69.3
2 Yes	7	41	26	28	6	38	39	30.7
Valid responses =	17	13	94	74	16	13	127	0.2

Invalid responses include no response.

**65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	69	315	72	82	75	471	72.0
2 Yes	30	31	124	28	27	25	183	28.0
Valid responses =	98	15	439	67	109	17	654	0.9

Invalid responses include no response.

**65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	81	73	353	73	51	75	494	73.3
2 Yes	30	27	132	27	17	25	180	26.7
Valid responses =	111	16	485	72	68	10	674	1.0

Invalid responses include no response.

**65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Diabetes or pre-diabetes/insulin resistance**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	51	89	52	14	61	123	52.6
2 Yes	18	49	82	48	9	39	111	47.4
Valid responses =	37	16	171	73	23	10	234	0.3

Invalid responses include no response.

**65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	92	227	73	50	76	293	74.2
2 Yes	1	8	84	27	16	24	102	25.8
Valid responses =	12	3	311	79	66	17	395	0.6

Invalid responses include no response.

**65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Endometriosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	98	68	13	72	114	67.9
2 Yes	1	50	47	32	5	28	54	32.1
Valid responses =	2	1	145	86	18	11	168	0.2

Invalid responses include no response.

**65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Gambling Disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	2	100	0	0	3	75.0
2 Yes	1	50	0	0	0	0	1	25.0
Valid responses =	2	50	2	50	0	0	4	0.0

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

**65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	67	14	40	3	100	23	48.9
2 Yes	3	33	21	60	0	0	24	51.1
Valid responses =	9	19	35	74	3	6	47	0.1

Invalid responses include no response.

**65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	70	130	62	14	56	178	62.2
2 Yes	13	30	81	38	11	44	108	37.8
Valid responses =	43	15	211	74	25	9	286	0.4

Invalid responses include no response.

**65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	34	80	33	7	30	111	32.7
2 Yes	46	66	162	67	16	70	228	67.3
Valid responses =	70	21	242	71	23	7	339	0.5

Invalid responses include no response.

**65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	60	8	53	1	50	12	52.2
2 Yes	2	40	7	47	1	50	11	47.8
Valid responses =	5	22	15	65	2	9	23	0.0

Invalid responses include no response.

**65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47	39	65	45	10	37	122	41.5
2 Yes	73	61	81	56	17	63	172	58.5
Valid responses =	120	41	146	50	27	9	294	0.4

Invalid responses include no response.

**65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	48	171	41	9	38	243	42.6
2 Yes	62	52	249	59	15	63	328	57.4
Valid responses =	120	21	420	74	24	4	571	0.8

Invalid responses include no response.

**65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	63	1	100	1	100	7	70.0
2 Yes	3	38	0	0	0	0	3	30.0
Valid responses =	8	80	1	10	1	10	10	0.0

Invalid responses include no response.





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65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	46	25	0	0	47	24.0
2 Yes	1	50	139	75	8	100	149	76.0
Valid responses =	2	1	185	94	8	4	196	0.3

Invalid responses include no response.

65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	75	257	75	48	75	361	75.1
2 Yes	17	25	84	25	16	25	120	24.9
Valid responses =	69	14	341	71	64	13	481	0.7

Invalid responses include no response.

65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	59	296	61	26	67	369	61.6
2 Yes	28	41	186	39	13	33	230	38.4
Valid responses =	69	12	482	80	39	7	599	0.9

Invalid responses include no response.

65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62	63	510	64	76	78	652	64.9
2 Yes	37	37	290	36	21	22	352	35.1
Valid responses =	99	10	800	80	97	10	1004	1.5

Invalid responses include no response.

65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	76	123	67	34	77	174	69.3
2 Yes	5	24	62	34	10	23	77	30.7
Valid responses =	21	8	185	74	44	18	251	0.4

Invalid responses include no response.

65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	171	58	15	68	189	58.7
2 Yes	1	33	123	42	7	32	133	41.3
Valid responses =	3	1	294	91	22	7	322	0.5

Invalid responses include no response.

65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	66	159	82	29	85	209	80.1
2 Yes	10	35	36	19	5	15	52	19.9
Valid responses =	29	11	195	75	34	13	261	0.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

8455 Colesville Road, Suite 740

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(410) 859-1500

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	5	71	1	50	9	69.2
2 Yes	1	33	2	29	1	50	4	30.8
Valid responses =	3	23	7	54	2	15	13	0.0

Invalid responses include no response.

65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	82	59	74	8	67	113	76.4
2 Yes	10	18	21	26	4	33	35	23.6
Valid responses =	55	37	80	54	12	8	148	0.2

Invalid responses include no response.

65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	50	87	41	9	50	110	41.8
2 Yes	14	50	127	59	9	50	153	58.2
Valid responses =	28	11	214	81	18	7	263	0.4

Invalid responses include no response.

65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	38	12	52	7	54	23	50.0
2 Yes	5	63	11	48	6	46	23	50.0
Valid responses =	8	17	23	50	13	28	46	0.1

Invalid responses include no response.

65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	39	22	37	5	63	34	40.0
2 Yes	11	61	37	63	3	38	51	60.0
Valid responses =	18	21	59	69	8	9	85	0.1

Invalid responses include no response.

65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	46	42	57	2	50	50	54.9
2 Yes	7	54	32	43	2	50	41	45.1
Valid responses =	13	14	74	81	4	4	91	0.1

Invalid responses include no response.

65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?

(only includes students with an ongoing or chronic condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	8769	71	20830	59	1196	34	30988	60.3
2 Negatively impacted performance in a class	2846	23	11973	34	1794	51	16816	32.7
3 Delayed progress towards degree	710	6	2266	7	522	15	3560	6.9
Valid responses =	12325	24	35069	68	3512	7	51364	74.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 66A) Within the last 12 months, have any of the following affected your academic performance?

##### Assault (physical)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	18620	98	43146	97	3747	94	66046	96.9
2 Did not affect academic performance	372	2	911	2	156	4	1461	2.1
3 Negatively impacted performance in a class	69	0	375	1	58	2	509	0.7
4 Delayed progress towards degree	17	0	89	0	16	0	127	0.2
Valid responses =	19078	28	44521	65	3977	6	68143	98.6

Invalid responses include no response.

#### 66B) Within the last 12 months, have any of the following affected your academic performance?

##### Assault (sexual)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	18616	98	40655	92	3456	87	63230	93.0
2 Did not affect academic performance	297	2	2494	6	299	8	3123	4.6
3 Negatively impacted performance in a class	78	0	1061	2	181	5	1343	2.0
4 Delayed progress towards degree	25	0	210	1	35	1	276	0.4
Valid responses =	19016	28	44420	65	3971	6	67972	98.3

Invalid responses include no response.

#### 66C) Within the last 12 months, have any of the following affected your academic performance?

##### Allergies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	13187	70	27425	62	2308	58	43282	63.8
2 Did not affect academic performance	5303	28	15427	35	1482	37	22390	33.0
3 Negatively impacted performance in a class	445	2	1381	3	154	4	1997	2.9
4 Delayed progress towards degree	38	0	114	0	14	0	171	0.3
Valid responses =	18973	28	44347	65	3958	6	67840	98.1

Invalid responses include no response.

#### 66D) Within the last 12 months, have any of the following affected your academic performance?

##### Anxiety

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	9215	49	11944	27	585	15	21900	32.4
2 Did not affect academic performance	5287	28	15051	34	1030	26	21513	31.8
3 Negatively impacted performance in a class	3844	20	15299	35	1984	50	21343	31.5
4 Delayed progress towards degree	597	3	1914	4	353	9	2911	4.3
Valid responses =	18943	28	44208	65	3952	6	67667	97.9

Invalid responses include no response.

#### 66E) Within the last 12 months, have any of the following affected your academic performance?

##### Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	16288	86	37125	84	2397	60	56193	82.6
2 Did not affect academic performance	1001	5	2236	5	309	8	3589	5.3
3 Negatively impacted performance in a class	1443	8	4277	10	1004	25	6830	10.0
4 Delayed progress towards degree	307	2	805	2	257	7	1402	2.1
Valid responses =	19039	28	44443	65	3967	6	68014	98.4

Invalid responses include no response.

#### 66F) Within the last 12 months, have any of the following affected your academic performance?

##### Concussion or Traumatic Brain Injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	18556	97	42928	97	3750	95	65773	96.6
2 Did not affect academic performance	255	1	697	2	87	2	1049	1.5
3 Negatively impacted performance in a class	187	1	717	2	100	3	1014	1.5
4 Delayed progress towards degree	44	0	158	0	33	1	238	0.3
Valid responses =	19042	28	44500	65	3970	6	68074	98.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 66G) Within the last 12 months, have any of the following affected your academic performance? Depression

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	12767	67	24615	55	1013	26	38647	56.9
2 Did not affect academic performance	2867	15	7855	18	769	19	11560	17.0
3 Negatively impacted performance in a class	2730	14	10023	23	1740	44	14676	21.6
4 Delayed progress towards degree	648	3	1938	4	444	11	3085	4.5
Valid responses =	19012	28	44431	65	3966	6	67968	98.3

Invalid responses include no response.

#### 66H) Within the last 12 months, have any of the following affected your academic performance? Eating disorder/problem

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	17776	94	36361	82	2706	69	57281	84.6
2 Did not affect academic performance	890	5	5807	13	848	22	7630	11.3
3 Negatively impacted performance in a class	255	1	1841	4	337	9	2462	3.6
4 Delayed progress towards degree	45	0	262	1	58	2	372	0.5
Valid responses =	18966	28	44271	65	3949	6	67745	98.0

Invalid responses include no response.

#### 66I) Within the last 12 months, have any of the following affected your academic performance? Headaches/migraines

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	14582	77	26031	59	2140	54	43092	63.6
2 Did not affect academic performance	3347	18	11890	27	1035	26	16396	24.2
3 Negatively impacted performance in a class	946	5	5944	13	698	18	7674	11.3
4 Delayed progress towards degree	78	0	435	1	78	2	599	0.9
Valid responses =	18953	28	44300	65	3951	6	67761	98.0

Invalid responses include no response.

#### 66J) Within the last 12 months, have any of the following affected your academic performance? Influenza or influenza like illness (the flu)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	17166	90	38968	88	3440	87	60057	88.5
2 Did not affect academic performance	1231	7	3282	7	297	8	4850	7.1
3 Negatively impacted performance in a class	558	3	1987	5	207	5	2781	4.1
4 Delayed progress towards degree	36	0	112	0	21	1	174	0.3
Valid responses =	18991	28	44349	65	3965	6	67862	98.2

Invalid responses include no response.

#### 66K) Within the last 12 months, have any of the following affected your academic performance? Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	16960	89	40105	90	3465	87	61025	89.7
2 Did not affect academic performance	1637	9	3282	7	329	8	5292	7.8
3 Negatively impacted performance in a class	385	2	946	2	157	4	1505	2.2
4 Delayed progress towards degree	76	0	142	0	24	1	248	0.4
Valid responses =	19058	28	44475	65	3975	6	68070	98.5

Invalid responses include no response.

#### 66L) Within the last 12 months, have any of the following affected your academic performance? PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	18963	100	24438	55	2444	62	46230	67.9
2 Did not affect academic performance	56	0	14502	33	919	23	15590	22.9
3 Negatively impacted performance in a class	13	0	5223	12	576	15	5871	8.6
4 Delayed progress towards degree	3	0	334	1	35	1	380	0.6
Valid responses =	19035	28	44497	65	3974	6	68071	98.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 66M) Within the last 12 months, have any of the following affected your academic performance?

##### Post Traumatic Stress Disorder (PTSD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	18354	97	40259	91	3032	77	62094	91.5
2 Did not affect academic performance	350	2	2110	5	386	10	2895	4.3
3 Negatively impacted performance in a class	224	1	1560	4	413	10	2242	3.3
4 Delayed progress towards degree	57	0	409	1	127	3	612	0.9
Valid responses =	18985	28	44338	65	3958	6	67843	98.1

Invalid responses include no response.

#### 66N) Within the last 12 months, have any of the following affected your academic performance?

##### Short-term illness, excluding upper respiratory illness and influenza

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	16991	89	37183	84	3229	81	57880	85.2
2 Did not affect academic performance	1447	8	4677	11	456	12	6630	9.8
3 Negatively impacted performance in a class	533	3	2405	5	253	6	3224	4.7
4 Delayed progress towards degree	40	0	143	0	27	1	214	0.3
Valid responses =	19011	28	44408	65	3965	6	67948	98.3

Invalid responses include no response.

#### 66O) Within the last 12 months, have any of the following affected your academic performance?

##### Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	15650	82	31398	71	2812	71	50260	73.9
2 Did not affect academic performance	2510	13	8870	20	735	19	12217	18.0
3 Negatively impacted performance in a class	825	4	3989	9	394	10	5268	7.7
4 Delayed progress towards degree	51	0	196	0	29	1	280	0.4
Valid responses =	19036	28	44453	65	3970	6	68025	98.4

Invalid responses include no response.

#### 66P) Within the last 12 months, have any of the following affected your academic performance?

##### Sleep difficulties

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	10857	57	21200	48	1306	33	33619	49.4
2 Did not affect academic performance	4502	24	12064	27	1040	26	17746	26.1
3 Negatively impacted performance in a class	3353	18	10263	23	1473	37	15237	22.4
4 Delayed progress towards degree	335	2	924	2	155	4	1435	2.1
Valid responses =	19047	28	44451	65	3974	6	68037	98.4

Invalid responses include no response.

#### 66Q) Within the last 12 months, have any of the following affected your academic performance?

##### Stress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6739	35	8224	19	480	12	15569	22.9
2 Did not affect academic performance	6485	34	16291	37	991	25	23918	35.2
3 Negatively impacted performance in a class	5086	27	17576	40	2115	53	25008	36.8
4 Delayed progress towards degree	729	4	2361	5	382	10	3533	5.2
Valid responses =	19039	28	44452	65	3968	6	68028	98.4

Invalid responses include no response.

#### 66R) Within the last 12 months, have any of the following affected your academic performance?

##### Other issue not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	14542	98	31302	98	2721	95	48924	97.7
2 Did not affect academic performance	83	1	231	1	34	1	357	0.7
3 Negatively impacted performance in a class	115	1	360	1	68	2	556	1.1
4 Delayed progress towards degree	47	0	155	1	36	1	251	0.5
Valid responses =	14787	30	32048	64	2859	6	50088	72.5

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 67A) What sex were you assigned at birth?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	44853	100	3201	80	48398	70.5
2 Male	19214	100	0	0	791	20	20177	29.4
3 Intersex	5	0	2	0	19	1	31	0.0
Valid responses =	19219	28	44855	65	4011	6	68606	99.2

Invalid responses include no response.

#### 67B) Do you identify as transgender?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19219	100	44855	100	1824	46	66267	96.7
2 Yes	0	0	0	0	2187	55	2286	3.3
Valid responses =	19219	28	44855	65	4011	6	68553	99.2

Invalid responses include no response.

#### 67C) Which term do you use to describe your gender identity?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	44855	100	381	10	45294	66.1
2 Man or male	19219	100	0	0	308	8	19567	28.5
3 Trans woman	0	0	0	0	117	3	119	0.2
4 Trans man	0	0	0	0	253	6	253	0.4
5 Genderqueer	0	0	0	0	474	12	477	0.7
6 My identity is not listed	0	0	0	0	0	0	358	0.5
7 Agender	0	0	0	0	208	5	215	0.3
8 Genderfluid	0	0	0	0	429	11	431	0.6
9 Non-binary	0	0	0	0	1832	46	1846	2.7
10 Intersex	0	0	0	0	9	0	9	0.0
Valid responses =	19219	28	44855	65	4011	6	68569	99.2

Invalid responses include no response.

#### 68) What term best describes your sexual orientation?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual (from write-ins)	82	0	579	1	256	6	960	1.4
2 Bisexual	1005	5	6745	15	999	25	8834	12.9
3 Gay	1080	6	72	0	197	5	1368	2.0
4 Lesbian	1	0	1202	3	466	12	1708	2.5
5 Pansexual	135	1	1053	2	544	14	1779	2.6
6 Queer	85	0	962	2	889	22	2015	2.9
7 Questioning	294	2	1479	3	104	3	1900	2.8
9 Straight/Heterosexual	16408	86	32345	73	488	12	49384	72.3
10 My identity not listed above	64	0	203	1	64	2	388	0.6
Valid responses =	19154	28	44640	65	4007	6	68336	98.9

Invalid responses include no response.

#### 69) How old are you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	1903	10	4935	11	520	13	7419	10.9
2 19 Years	3369	18	8226	19	765	19	12479	18.3
3 20 Years	2919	15	7690	17	723	18	11423	16.8
4 21 Years	2850	15	6926	16	659	17	10510	15.4
5 22 Years	1907	10	4237	10	405	10	6587	9.7
6 23 Years	952	5	1994	5	180	5	3150	4.6
7 24 Years	715	4	1507	3	120	3	2360	3.5
8 25 Years	625	3	1198	3	105	3	1948	2.9
9 26 to 30 Years	1994	10	3621	8	293	7	5951	8.7
10 31 to 40 Years	1234	7	2502	6	164	4	3932	5.8
11 41 or More Years	639	3	1631	4	51	1	2341	3.4
Valid responses =	19107	28	44467	65	3985	6	68100	98.5

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	23.16	21.00	6.66	18	84
Cis Women	22.85	21.00	6.65	18	80
Trans/Gender Non-conforming	21.83	20.00	5.03	18	91
Overall	22.88	21.00	6.58	18	91



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 71) What is your weight in pounds?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	84	0	1254	3	112	3	1465	2.2
2 101 to 150 Pounds	4927	26	26841	61	1932	50	33933	50.4
3 151 to 200 Pounds	10036	53	11812	27	1249	32	23266	34.6
4 201 to 250 Pounds	2978	16	2899	7	421	11	6358	9.5
5 251 to 300 Pounds	718	4	816	2	137	4	1693	2.5
6 301 or More Pounds	269	1	238	1	45	1	555	0.8
Valid responses =	19012	28	43860	65	3896	6	67270	97.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	178.24	170.00	41.23	51	500
Cis Women	150.07	140.00	38.79	51	500
Trans/Gender Non-conforming	161.09	150.00	46.49	60	454
Overall	158.76	150.00	41.93	51	500

#### 72) What is your year in school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	4162	22	9470	21	960	24	14724	21.5
2 2nd year undergraduate	3340	17	8225	18	808	20	12509	18.2
3 3rd year undergraduate	3586	19	9021	20	872	22	13587	19.8
4 4th year undergraduate	2865	15	7297	16	633	16	10877	15.9
5 5th year or more undergraduate	793	4	1518	3	170	4	2507	3.7
6 Master's (MA, MS, etc.)	2333	12	5278	12	316	8	8004	11.7
7 Doctorate (PhD, EdD, MD, JD, etc.)	1891	10	3451	8	203	5	5596	8.2
8 Not seeking a degree	57	0	123	0	11	0	196	0.3
9 Other (please specify):	162	1	402	1	32	1	610	0.9
Valid responses =	19189	28	44785	65	4005	6	68610	99.2

Invalid responses include no response.

#### 73) What is your enrollment status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	17708	92	40795	91	3662	92	62722	91.6
2 Part-time	1351	7	3671	8	305	8	5380	7.9
3 Other	96	1	227	1	26	1	357	0.5
Valid responses =	19155	28	44693	65	3993	6	68459	99.0

Invalid responses include no response.

#### 73A) I am taking classes this term:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	10403	54	21630	48	2151	54	34516	50.4
2 Entirely online	1456	8	5170	12	319	8	7013	10.2
3 A mix of in-person and online classes	7276	38	17888	40	1521	38	26902	39.3
Valid responses =	19135	28	44688	65	3991	6	68431	99.0

Invalid responses include no response.

#### 74) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15747	82	40035	90	3671	92	59979	87.9
2 Yes	3367	18	4529	10	309	8	8271	12.1
Valid responses =	19114	28	44564	65	3980	6	68250	98.7

Invalid responses include no response.

#### 75A1) How do you usually describe yourself? (Please select ALL that apply)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	18793	98	43859	98	3896	97	67562	97.7
1 Selected	426	2	996	2	115	3	1569	2.3
Valid responses =	19219	28	44855	65	4011	6	69131	100.0

Invalid responses include no response.





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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

## 75A2) How do you usually describe yourself? (Please select ALL that apply)

Asian or Asian American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	15746	82	38940	87	3544	88	59193	85.6
1 Selected	3473	18	5915	13	467	12	9938	14.4
Valid responses =	19219	28	44855	65	4011	6	69131	100.0
Invalid responses include no response.								

## 75A3) How do you usually describe yourself? (Please select ALL that apply)

Black or African American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	18173	95	41807	93	3798	95	64791	93.7
1 Selected	1046	5	3048	7	213	5	4340	6.3
Valid responses =	19219	28	44855	65	4011	6	69131	100.0
Invalid responses include no response.								

## 75A4) How do you usually describe yourself? (Please select ALL that apply)

Hispanic or Latino/a/x

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	16996	88	39392	88	3570	89	60933	88.1
1 Selected	2223	12	5463	12	441	11	8198	11.9
Valid responses =	19219	28	44855	65	4011	6	69131	100.0
Invalid responses include no response.								

## 75A5) How do you usually describe yourself? (Please select ALL that apply)

Middle Eastern/North African (MENA) or Arab Origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	18829	98	44081	98	3942	98	67879	98.2
1 Selected	390	2	774	2	69	2	1252	1.8
Valid responses =	19219	28	44855	65	4011	6	69131	100.0
Invalid responses include no response.								

## 75A6) How do you usually describe yourself? (Please select ALL that apply)

Native Hawaiian or Other Pacific Islander Native

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	19124	100	44625	100	3985	99	68777	99.5
1 Selected	95	1	230	1	26	1	354	0.5
Valid responses =	19219	28	44855	65	4011	6	69131	100.0
Invalid responses include no response.								

## 75A7) How do you usually describe yourself? (Please select ALL that apply)

White

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6395	33	13436	30	952	24	21435	31.0
1 Selected	12824	67	31419	70	3059	76	47696	69.0
Valid responses =	19219	28	44855	65	4011	6	69131	100.0
Invalid responses include no response.								

## 75A8) How do you usually describe yourself? (Please select ALL that apply)

Biracial or Multiracial

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	18486	96	42869	96	3732	93	66092	95.6
1 Selected	733	4	1986	4	279	7	3039	4.4
Valid responses =	19219	28	44855	65	4011	6	69131	100.0
Invalid responses include no response.								

## 75A9) How do you usually describe yourself? (Please select ALL that apply)

Another Identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	18893	98	44448	99	3953	99	68301	98.8
1 Selected	326	2	407	1	58	1	830	1.2
Valid responses =	19219	28	44855	65	4011	6	69131	100.0
Invalid responses include no response.								



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

**75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)**  
Mexican, Mexican American, Chicano

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1122	51	2660	49	229	52	4046	49.4
1 Selected	1101	50	2803	51	212	48	4152	50.6
Valid responses =	2223	27	5463	67	441	5	8198	11.9

Invalid responses include no response.

**75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)**  
Puerto Rican

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1965	88	4717	86	361	82	7106	86.7
1 Selected	258	12	746	14	80	18	1092	13.3
Valid responses =	2223	27	5463	67	441	5	8198	11.9

Invalid responses include no response.

**75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)**  
Cuban

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2090	94	5095	93	402	91	7655	93.4
1 Selected	133	6	368	7	39	9	543	6.6
Valid responses =	2223	27	5463	67	441	5	8198	11.9

Invalid responses include no response.

**75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)**  
Another Hispanic, Latino/a/x, or Spanish origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1364	61	3569	65	292	66	5267	64.2
1 Selected	859	39	1894	35	149	34	2931	35.8
Valid responses =	2223	27	5463	67	441	5	8198	11.9

Invalid responses include no response.

**75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)**  
East Asian (for example: Chinese, Japanese, or Korean)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2046	59	3151	53	194	42	5447	54.8
1 Selected	1427	41	2764	47	273	59	4491	45.2
Valid responses =	3473	35	5915	60	467	5	9938	14.4

Invalid responses include no response.

**75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)**  
Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2803	81	4471	76	332	71	7662	77.1
1 Selected	670	19	1444	24	135	29	2276	22.9
Valid responses =	3473	35	5915	60	467	5	9938	14.4

Invalid responses include no response.

**75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)**  
South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2092	60	4113	70	390	84	6650	66.9
1 Selected	1381	40	1802	31	77	17	3288	33.1
Valid responses =	3473	35	5915	60	467	5	9938	14.4

Invalid responses include no response.

**75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)**  
Other Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3402	98	5800	98	461	99	9741	98.0
1 Selected	71	2	115	2	6	1	197	2.0
Valid responses =	3473	35	5915	60	467	5	9938	14.4

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 76) What is your relationship status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	10868	57	21945	49	2083	52	35234	51.4
2 In relationship not married/partnered	6525	34	18390	41	1642	41	26782	39.1
3 Married/partnered	1782	9	4422	10	279	7	6543	9.5
Valid responses =	19175	28	44757	65	4004	6	68559	99.2

Invalid responses include no response.

#### 77A) Are you a member of a social fraternity or sorority?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17777	93	40422	90	3833	96	62636	91.4
2 Yes	1384	7	4326	10	171	4	5911	8.6
Valid responses =	19161	28	44748	65	4004	6	68547	99.2

Invalid responses include no response.

#### 77B) Do you live in a fraternity or sorority residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18856	98	44237	99	3957	99	67676	98.7
2 Yes	304	2	517	1	46	1	878	1.3
Valid responses =	19160	28	44754	65	4003	6	68554	99.2

Invalid responses include no response.

#### 78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	7383	39	17192	39	2000	51	26865	39.7
2 Parent/guardian/other family member's home	2607	14	6492	15	486	12	9691	14.3
3 Off-campus/non-university housing	8632	46	19808	45	1420	36	30100	44.5
4 Temporarily with relative, friend, couch surfing	63	0	127	0	22	1	214	0.3
5 Don't have a place to live	15	0	13	0	4	0	34	0.1
6 Other (please specify)	170	1	599	1	25	1	806	1.2
Valid responses =	18870	28	44231	65	3957	6	67710	97.9

Invalid responses include no response.

#### 79) What is your primary source of health insurance?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 College/university Health Insurance Plan	3382	18	5210	12	499	13	9177	13.4
2 Covered by parent/guardian plan	11547	60	28879	65	2646	66	43452	63.4
3 Covered by employer-based plan	1375	7	4102	9	212	5	5734	8.4
4 Medicaid, Medicare, SCHIP, VA/Tricare	1360	7	3615	8	370	9	5409	7.9
5 I bought a plan on my own	565	3	1055	2	80	2	1723	2.5
6 Don't have health insurance	470	3	1106	3	116	3	1717	2.5
7 Don't know if I have health insurance	153	1	223	1	32	1	414	0.6
8 Have insurance, don't know primary source	299	2	520	1	47	1	876	1.3
Valid responses =	19151	28	44710	65	4002	6	68502	99.1

Invalid responses include no response.

#### 80) What is your approximate cumulative grade average?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	2138	11	5509	12	402	10	8133	11.9
2 A	5412	28	14849	33	1145	29	21583	31.5
3 A-	3737	20	8916	20	774	19	13557	19.8
4 B+	2828	15	5885	13	521	13	9322	13.6
5 B	2345	12	4846	11	493	12	7742	11.3
6 B-	1007	5	1747	4	210	5	2997	4.4
7 C+	631	3	986	2	139	4	1773	2.6
8 C	456	2	801	2	133	3	1402	2.0
9 C-	152	1	252	1	45	1	456	0.7
10 D+	60	0	83	0	18	1	163	0.2
11 D	33	0	67	0	15	0	118	0.2
12 D-	12	0	21	0	8	0	43	0.1
13 F	15	0	28	0	10	0	53	0.1
14 N/A	327	2	676	2	82	2	1102	1.6
Valid responses =	19153	28	44666	65	3995	6	68444	99.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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#### FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 81A) Do you participate in organized college athletics at any of the following levels?

##### Varsity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17396	92	41649	94	3872	97	63488	93.8
2 Yes	1485	8	2620	6	104	3	4232	6.2
Valid responses =	18881	28	44269	65	3976	6	67720	98.0

Invalid responses include no response.

#### 81B) Do you participate in organized college athletics at any of the following levels?

##### Club Sports

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16645	89	41055	93	3649	92	61891	91.7
2 Yes	2139	11	3077	7	318	8	5583	8.3
Valid responses =	18784	28	44132	65	3967	6	67474	97.6

Invalid responses include no response.

#### 81C) Do you participate in organized college athletics at any of the following levels?

##### Intramurals

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15185	81	40357	92	3745	95	59839	89.2
2 Yes	3570	19	3481	8	186	5	7275	10.8
Valid responses =	18755	28	43838	65	3931	6	67114	97.1

Invalid responses include no response.

#### 82A) Do you have any of the following?

##### Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16731	88	38683	87	2528	64	58361	85.6
2 Yes	2358	12	5859	13	1442	36	9823	14.4
Valid responses =	19089	28	44542	65	3970	6	68184	98.6

Invalid responses include no response.

#### 82B) Do you have any of the following?

##### Autism Spectrum Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18584	98	43849	99	3313	84	66258	97.3
2 Yes	485	3	628	1	647	16	1820	2.7
Valid responses =	19069	28	44477	65	3960	6	68078	98.5

Invalid responses include no response.

#### 82C) Do you have any of the following?

##### Deaf/Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18610	98	43612	98	3788	96	66563	97.9
2 Yes	430	2	790	2	170	4	1413	2.1
Valid responses =	19040	28	44402	65	3958	6	67976	98.3

Invalid responses include no response.

#### 82D) Do you have any of the following?

##### Learning disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18402	97	42388	96	3479	88	64784	95.7
2 Yes	568	3	1839	4	472	12	2938	4.3
Valid responses =	18970	28	44227	65	3951	6	67722	98.0

Invalid responses include no response.

#### 82E) Do you have any of the following?

##### Mobility/Dexterity disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18864	99	43969	99	3755	95	67140	98.7
2 Yes	172	1	478	1	204	5	874	1.3
Valid responses =	19036	28	44447	65	3959	6	68014	98.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
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[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 82F) Do you have any of the following?

##### Blind/Low Vision

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18392	97	42847	97	3747	95	65526	96.5
2 Yes	628	3	1532	4	213	5	2404	3.5
Valid responses =	19020	28	44379	65	3960	6	67930	98.3

Invalid responses include no response.

#### 82G) Do you have any of the following?

##### Speech or language disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18758	99	44000	99	3847	97	67155	98.9
2 Yes	236	1	363	1	112	3	732	1.1
Valid responses =	18994	28	44363	65	3959	6	67887	98.2

Invalid responses include no response.

#### 83) Are you currently or have you been a member of the Armed Services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18311	96	44178	99	3937	99	67007	98.0
2 Yes, have served in area of hazardous duty	433	2	142	0	34	1	619	0.9
3 Yes, have not served in area hazardous duty	390	2	324	1	25	1	746	1.1
Valid responses =	19134	28	44644	65	3996	6	68372	98.9

Invalid responses include no response.

#### 84) What is the highest level of education completed by either of your parents (or guardians)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	639	3	1420	3	96	2	2174	3.2
2 High school diploma or GED	2604	14	6562	15	436	11	9669	14.1
3 Attended college but no degree	1292	7	3755	8	354	9	5452	8.0
4 Associate's degree	1456	8	4162	9	364	9	6032	8.8
5 Bachelor's degree	5927	31	13174	30	1150	29	20435	29.9
6 Master's degree	4738	25	10708	24	1016	25	16592	24.3
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	2196	12	4483	10	530	13	7285	10.7
8 Don't know	287	2	397	1	50	1	749	1.1
Valid responses =	19139	28	44661	65	3996	6	68388	98.9

Invalid responses include no response.

#### 85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18131	95	41819	94	3886	97	64405	94.2
2 Yes	1000	5	2844	6	106	3	3983	5.8
Valid responses =	19131	28	44663	65	3992	6	68388	98.9

Invalid responses include no response.

#### HT\_INCH Height in Inches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	1	0	0	0	1	0.0
3 49 to 60 Inches	16	0	2409	6	172	4	2613	3.9
4 61 to 72 Inches	14369	76	41520	94	3579	91	59927	88.8
5 73 to 84 Inches	4462	24	210	1	187	5	4899	7.3
6 85 or More Inches	16	0	11	0	3	0	33	0.0
Valid responses =	18863	28	44151	65	3941	6	67473	97.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

#### BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.04	0.02	0.06	0	0.50
Cis Women	0.05	0.02	0.06	0	0.50
Trans/Gender Non-conforming	0.04	0.02	0.05	0	0.45
Overall	0.04	0.02	0.06	0	0.50

#### BAC Estimated Blood Alcohol Content

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	5029	40	10090	33	1008	39	16233	35.1
1 .01 to .05% Alcohol	4359	35	12258	40	967	38	17686	38.2
2 .06 to .07% Alcohol	830	7	2356	8	187	7	3389	7.3
3 .08 to .09% Alcohol	606	5	1768	6	142	6	2530	5.5
4 .10 to .15% Alcohol	1059	9	2947	10	178	7	4199	9.1
5 .16 to .20% Alcohol	330	3	895	3	50	2	1281	2.8
6 .21 to .25% Alcohol	140	1	369	1	23	1	536	1.2
7 .26 to .30% Alcohol	76	1	142	1	11	0	229	0.5
8 .31 to .49% Alcohol	53	0	129	0	11	0	194	0.4
Valid responses =	12482	27	30954	67	2577	6	46277	66.9

Invalid responses include no response.

#### RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	10218	82	24704	80	2162	84	37308	80.6
1 .08% or higher	2264	18	6250	20	415	16	8969	19.4
Valid responses =	12482	27	30954	67	2577	6	46277	66.9

Invalid responses include no response.

#### RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	10824	87	26472	86	2304	89	39838	86.1
1 .1% or higher	1658	13	4482	15	273	11	6439	13.9
Valid responses =	12482	27	30954	67	2577	6	46277	66.9

Invalid responses include no response.

#### BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Cis Men	25.18	24.00	5.35	4	74
Cis Women	25.11	23.00	6.18	8	94
Trans/Gender Non-conforming	25.99	24.00	6.92	9	76
Overall	25.19	24.00	6.01	4	94

#### RBMI Body Mass Index Classifications

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	848	5	2357	5	271	7	3514	5.3
2 Desired weight (18.5- 24.9)	9873	53	24704	57	1861	48	36679	54.9
3 Overweight (25- 29.9)	5268	28	9132	21	859	22	15370	23.0
4 Class I obesity (30- 34.9)	1787	10	4155	10	456	12	6450	9.7
5 Class II obesity (35- 39.9)	668	4	1804	4	236	6	2737	4.1
6 Class III obesity (>=40)	349	2	1463	3	186	5	2017	3.0
Valid responses =	18793	28	43615	65	3869	6	66767	96.6

Invalid responses include no response.

#### USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Cis Men	1.67	1.00	2.09	0	6
Cis Women	1.86	1.00	2.15	0	6
Trans/Gender Non-conforming	2.34	2.00	2.3	0	6
Overall	1.84	1.00	2.15	0	6



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December 21, 2023

FREQUENCY REPORT

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#### RUSDAFI USDA Food Security Category

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	3093	16	8188	19	1018	26	12507	18.4
2 Low food security (2-4)	4289	23	11022	25	1055	27	16592	24.3
3 High or marginal food security (0-1)	11636	61	25136	57	1882	48	39052	57.3
Valid responses =	19018	28	44346	65	3955	6	68151	98.6

Invalid responses include no response.

#### KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Cis Men	7.48	7.00	5.2	0	24
Cis Women	8.91	8.00	5.32	0	24
Trans/Gender Non-conforming	12.13	12.00	5.26	0	24
Overall	8.71	8.00	5.4	0	24

#### RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress\*

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-12)	15870	84	33597	76	2092	53	51991	76.7
3 Serious psychological distress (13-24)	3067	16	10613	24	1847	47	15770	23.3
Valid responses =	18937	28	44210	65	3939	6	67761	98.0

\*ACHA discontinued the practice of reporting moderate psychological distress in fall 2023 due to lack of consensus on an appropriate cut off score. Instead, we recommend reporting only students who screen positive (or negative) for serious psychological distress as indicated above. All reference group reports were updated to reflect this change.

#### ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.41	5.00	1.91	3	9
Cis Women	5.54	6.00	1.86	3	9
Trans/Gender Non-conforming	6.28	6.00	1.85	3	9
Overall	5.55	6.00	1.89	3	9

#### RULS3 Recoded UCLA Loneliness Scale

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	9756	51	21611	48	1306	33	32967	48.1
2 Positive for loneliness (6-9)	9362	49	23078	52	2685	67	35529	51.9
Valid responses =	19118	28	44689	65	3991	6	68496	99.1

Invalid responses include no response.

#### SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Cis Men	4.93	3.00	2.84	3	18
Cis Women	5.28	4.00	3.08	3	18
Trans/Gender Non-conforming	8.26	8.00	3.89	3	18
Overall	5.37	4.00	3.17	3	18

#### RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	14929	78	32654	73	1478	37	49431	72.4
2 Positive for suicidal screening (7-18)	4194	22	11896	27	2502	63	18884	27.6
Valid responses =	19123	28	44550	65	3980	6	68315	98.8

Invalid responses include no response.

#### DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Cis Men	44.26	46.00	8.99	8	56
Cis Women	44.96	47.00	8.36	8	56
Trans/Gender Non-conforming	39.66	41.00	9.7	8	56
Overall	44.40	46.00	8.76	8	56

#### CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.21	6.00	1.55	0	8
Cis Women	5.98	6.00	1.54	0	8
Trans/Gender Non-conforming	5.34	5.00	1.7	0	8
Overall	6.00	6.00	1.57	0	8

#### SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	7.83	4.00	8.61	0	31
Cis Women	7.34	3.00	8.61	0	31
Trans/Gender Non-conforming	8.44	5.00	9.08	0	31
Overall	7.56	3.00	8.65	0	31





# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### TOBACCORISK ASSIST Tobacco Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	3294	49	7259	52	617	47	11272	50.7
2 Moderate Risk (4-26)	3165	47	6240	45	648	49	10141	45.6
3 High Risk (27-39)	231	4	534	4	63	5	835	3.8
Valid responses =	6690	30	14033	63	1328	6	22248	32.2

Invalid responses include no response.

#### SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	7.08	5.00	6.23	0	39
Cis Women	6.80	6.00	5.75	0	39
Trans/Gender Non-conforming	6.99	6.00	6.3	0	39
Overall	6.89	6.00	5.93	0	39

#### ALCOHOLRISK ASSIST Alcohol Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	10225	81	26026	82	2289	81	38884	81.7
2 Moderate Risk (11-26)	2224	18	5166	16	474	17	7947	16.7
3 High Risk (27-39)	258	2	435	1	63	2	774	1.6
Valid responses =	12707	27	31627	66	2826	6	47605	68.9

Invalid responses include no response.

#### SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.39	3.00	7.84	0	39
Cis Women	5.49	3.00	6.9	0	39
Trans/Gender Non-conforming	8.15	6.00	8.38	0	39
Overall	5.95	3.00	7.34	0	39

#### CANNABISRISK ASSIST Cannabis Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	3824	52	9783	54	836	40	14585	52.6
2 Moderate Risk (4-26)	3238	44	7778	43	1168	55	12304	44.4
3 High Risk (27-39)	283	4	414	2	106	5	824	3.0
Valid responses =	7345	27	17975	65	2110	8	27713	40.1

Invalid responses include no response.

#### SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.75	0.00	5.49	0	35
Cis Women	2.37	0.00	4.67	0	34
Trans/Gender Non-conforming	4.36	0.00	8.09	0	33
Overall	2.68	0.00	5.38	0	35

#### COCAINERISK ASSIST Cocaine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1046	79	1838	81	178	73	3097	79.8
2 Moderate Risk (4-26)	253	19	413	18	50	21	725	18.7
3 High Risk (27-39)	20	2	19	1	16	7	60	1.5
Valid responses =	1319	34	2270	58	244	6	3882	5.6

Invalid responses include no response.

#### SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.57	0.00	7.89	0	34
Cis Women	2.70	0.00	5.77	0	38
Trans/Gender Non-conforming	9.17	3.00	12.09	0	33
Overall	3.97	0.00	8.06	0	38

#### METHRISK ASSIST Methamphetamine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	202	79	320	78	48	63	585	75.4
2 Moderate Risk (4-26)	41	16	82	20	13	17	147	18.9
3 High Risk (27-39)	14	5	9	2	15	20	44	5.7
Valid responses =	257	33	411	53	76	10	776	1.1

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.44	0.00	5.35	0	35
Cis Women	1.84	0.00	4.38	0	38
Trans/Gender Non-conforming	3.58	0.00	7.24	0	37
Overall	2.42	0.00	5.51	0	38

#### INHALANTRISK ASSIST Inhalant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	790	83	913	86	202	77	1932	82.8
2 Moderate Risk (4-26)	150	16	141	13	47	18	350	15.0
3 High Risk (27-39)	17	2	12	1	13	5	51	2.2
Valid responses =	957	41	1066	46	262	11	2333	3.4

Invalid responses include no response.

#### SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.39	0.00	5.1	0	34
Cis Women	2.29	0.00	4.44	0	37
Trans/Gender Non-conforming	3.82	0.00	6.91	0	33
Overall	2.49	0.00	5.02	0	37

#### RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1319	81	2449	80	265	72	4074	79.4
2 Moderate Risk (4-26)	283	17	614	20	88	24	1001	19.5
3 High Risk (27-39)	21	1	19	1	13	4	59	1.1
Valid responses =	1623	32	3082	60	366	7	5134	7.4

Invalid responses include no response.

#### SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.83	0.00	6.01	0	34
Cis Women	2.75	0.00	5.34	0	37
Trans/Gender Non-conforming	4.80	0.00	8.28	0	34
Overall	3.06	0.00	6.1	0	37

#### SEDATIVERISK ASSIST Sedative Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	776	79	1524	76	212	69	2542	76.1
2 Moderate Risk (4-26)	191	19	447	22	75	24	724	21.7
3 High Risk (27-39)	20	2	23	1	20	7	73	2.2
Valid responses =	987	30	1994	60	307	9	3339	4.8

Invalid responses include no response.

#### SSISHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.07	0.00	4.19	0	35
Cis Women	1.85	0.00	3.53	0	33
Trans/Gender Non-conforming	3.41	2.00	5.78	0	33
Overall	2.13	0.00	4.22	0	35

#### HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1831	82	2905	82	476	70	5273	80.7
2 Moderate Risk (4-26)	385	17	621	18	187	28	1215	18.6
3 High Risk (27-39)	17	1	13	0	13	2	49	0.7
Valid responses =	2233	34	3539	54	676	10	6537	9.5

Invalid responses include no response.

#### SSISHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.31	0.00	10.41	0	39
Cis Women	4.12	0.00	7.62	0	35
Trans/Gender Non-conforming	11.23	3.00	13.32	0	33
Overall	6.33	0.00	10.27	0	39

#### HEROINRISK ASSIST Heroin Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	85	62	140	68	25	52	257	62.1
2 Moderate Risk (4-26)	37	27	59	29	10	21	114	27.5
3 High Risk (27-39)	15	11	8	4	13	27	43	10.4
Valid responses =	137	33	207	50	48	12	414	0.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### SSISRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.14	0.00	5.66	0	37
Cis Women	1.93	0.00	4.52	0	36
Trans/Gender Non-conforming	4.12	0.00	7.81	0	33
Overall	2.31	0.00	5.61	0	37

#### RXOPIOIDRISK ASSIST Opioid Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	704	85	1101	84	161	73	1995	82.7
2 Moderate Risk (4-26)	105	13	202	15	48	22	362	15.0
3 High Risk (27-39)	21	3	14	1	11	5	54	2.2
Valid responses =	830	34	1317	55	220	9	2411	3.5

Invalid responses include no response.

#### SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	9.00	6.00	10.16	0	39
Cis Women	7.76	6.00	8.86	0	38
Trans/Gender Non-conforming	12.25	9.00	11.4	0	33
Overall	9.01	6.00	10.04	0	39

#### OTHERSSISRISK ASSIST Other Drug Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	88	42	115	45	19	34	228	42.1
2 Moderate Risk (4-26)	100	48	127	49	26	46	258	47.6
3 High Risk (27-39)	22	11	16	6	11	20	56	10.3
Valid responses =	210	39	258	48	56	10	542	0.8

Invalid responses include no response.

#### PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Cis Men	530.34	340.00	678.74	0	11040
Cis Women	434.70	240.00	620.58	0	11040
Trans/Gender Non-conforming	342.22	186.00	496.94	0	11040
Overall	456.38	270.00	634.83	0	11040

#### PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4871	26	14506	33	1573	40	21240	31.3
2 Yes	14141	74	29657	67	2357	60	46692	68.7
Valid responses =	19012	28	44163	65	3930	6	67932	98.3

Invalid responses include no response.

#### PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9171	48	26238	59	2860	73	38789	57.1
2 Yes	9839	52	17921	41	1070	27	29137	42.9
Valid responses =	19010	28	44159	65	3930	6	67926	98.3

Invalid responses include no response.

#### HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10957	58	30208	68	3153	80	44905	66.1
2 Yes	8053	42	13951	32	777	20	23021	33.9
Valid responses =	19010	28	44159	65	3930	6	67926	98.3

Invalid responses include no response.



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December 21, 2023

FREQUENCY REPORT

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#### QCOVID1 Have you ever had COVID-19 (the novel coronavirus disease)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	7311	38	18486	41	1134	28	27237	39.5
6 No	9982	52	22965	51	2510	63	36013	52.2
7 Unsure	1902	10	3374	8	366	9	5755	8.3
Valid responses =	19195	28	44825	65	4010	6	69005	99.8

Invalid responses include no response.

#### QCOVID1A How severe were any symptoms that you experienced? (only includes students who selected Yes to ever having had COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Severe (e.g., difficulty breathing or speaking, low blood pressure, high fever of 103 F (39.4 C or higher)	363	5	1245	7	104	9	1742	6.4
2 Moderate (e.g., some shortness of breath, cough, fever of 100.4 F (38 C) or higher)	2432	33	7757	42	486	43	10780	39.6
3 Mild (e.g., cold-like symptoms)	3595	49	8064	44	466	41	12254	45.0
4 No symptoms (asymptomatic)	918	13	1401	8	78	7	2435	8.9
Valid responses =	7308	27	18467	68	1134	4	27211	39.4

Invalid responses include no response.

#### QCOVID1B Were you hospitalized because of your COVID-19 symptoms? (only includes students who selected Yes to ever having had COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	94	1	264	1	21	2	389	1.4
2 No	7213	99	18205	99	1110	98	26821	98.6
Valid responses =	7307	27	18469	68	1131	4	27210	39.4

Invalid responses include no response.

#### QCOVID1C Did you/are you experiencing symptoms that have continued more than 4 weeks after your initial COVID-19 illness, and were not experienced before the illness? Examples include fatigue, brain fog, heart racing, headaches, or worsening mood. (only includes students who selected Yes to ever having COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	1362	18.6	5717	31	420	37.1	7583	27.9
2 No	5942	81.4	12748	69	712	62.9	19617	72.1
Valid responses =	7304	27	18465	68	1132	4	27200	39.3

Invalid responses include no response.

#### QCOVID2 Have you had a loved one, close family member, or friend die due to COVID-19?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	3233	17	8992	20	683	17	13109	19.0
2 No	15956	83	35827	80	3327	83	55878	81.0
Valid responses =	19189	28	44819	65	4010	6	68987	99.8

Invalid responses include no response.

#### QCOVID3 Do you have a loved one, close family member, or friend that has been dealing with long term effects (or a long recovery) following a COVID-19 illness?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	4348	23	15005	34	1447	36	21084	30.6
2 No	14840	77	29796	67	2558	64	47873	69.4
Valid responses =	19188	28	44801	65	4005	6	68957	99.7

Invalid responses include no response.

#### QCOVID5 I believe that my campus has done enough to protect students from COVID-19.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	902	5	2044	5	430	11	3467	5.0
2 Disagree	1652	9	5406	12	922	23	8130	11.8
3 Neither disagree nor agree	3214	17	7638	17	813	20	11896	17.2
4 Agree	8132	42	19837	44	1384	35	29652	43.0
5 Strongly agree	5294	28	9893	22	459	12	15843	23.0
Valid responses =	19194	28	44818	65	4008	6	68988	99.8

Invalid responses include no response.



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FREQUENCY REPORT

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#### QCOVID6A I follow my campus policies related to COVID-19.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	550	3	593	1	39	1	1220	1.8
2 Disagree	738	4	576	1	52	1	1399	2.0
3 Neither disagree nor agree	1674	9	2500	6	136	3	4401	6.4
4 Agree	7629	40	16496	37	1203	30	25670	37.2
5 Strongly agree	8422	44	24219	54	2513	63	35601	51.6
6 N/A, my campus does not have policies related to COVID-19	184	1	435	1	66	2	700	1.0
Valid responses =	19197	28	44819	65	4009	6	68991	99.8

Invalid responses include no response.

#### QCOVID8 I believe that students at my school are taking precautions to protect one another from COVID-19.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1146	6	2792	6	441	11	4474	6.5
2 Disagree	2582	13	7845	18	976	24	11566	16.8
3 Neither disagree nor agree	5468	29	12363	28	1058	26	19197	27.8
4 Agree	8058	42	17969	40	1308	33	27645	40.1
5 Strongly agree	1946	10	3836	9	225	6	6095	8.8
Valid responses =	19200	28	44805	65	4008	6	68977	99.8

Invalid responses include no response.

#### QCOVID13A Over the past 30 days, on average, how much have you been concerned with the following? How long the COVID-19 pandemic will last

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	4693	25	5661	13	311	8	10846	15.7
2 Slightly concerned	4918	26	10882	24	712	18	16684	24.2
3 Moderately concerned	5347	28	14718	33	1253	31	21583	31.3
4 Very concerned	2801	15	9307	21	1024	26	13312	19.3
5 Extremely concerned	1430	8	4242	10	704	18	6508	9.4
Valid responses =	19189	28	44810	65	4004	6	68933	99.7

Invalid responses include no response.

#### QCOVID13B Over the past 30 days, on average, how much have you been concerned with the following? That you will get COVID-19 (only includes students who selected No or Unsure to having had COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	4408	37	5291	20	320	11	10179	24.4
2 Slightly concerned	3524	30	7700	29	762	27	12128	29.1
3 Moderately concerned	2425	20	7259	28	861	30	10720	25.7
4 Very concerned	1038	9	3963	15	535	19	5648	13.6
5 Extremely concerned	466	4	2073	8	389	14	2984	7.2
Valid responses =	11861	28	26286	63	2867	7	41659	60.3

Invalid responses include no response.

#### QCOVID13C Over the past 30 days, on average, how much have you been concerned with the following? That you will get COVID-19 again (only includes students who selected Yes to having had COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	3850	53	6373	35	239	21	10568	38.9
2 Slightly concerned	1874	26	5498	30	310	27	7746	28.5
3 Moderately concerned	1024	14	3861	21	283	25	5224	19.2
4 Very concerned	409	6	1879	10	189	17	2502	9.2
5 Extremely concerned	146	2	858	5	112	10	1143	4.2
Valid responses =	7303	27	18469	68	1133	4	27183	39.3

Invalid responses include no response.

#### QCOVID13D Over the past 30 days, on average, how much have you been concerned with the following? That someone you care about will get COVID-19

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	4669	24	6247	14	348	9	11450	16.6
2 Slightly concerned	5206	27	11004	25	766	19	17143	24.9
3 Moderately concerned	4861	25	12085	27	1095	27	18282	26.5
4 Very concerned	3001	16	9652	22	971	24	13814	20.1
5 Extremely concerned	1435	8	5791	13	823	21	8194	11.9
Valid responses =	19172	28	44779	65	4003	6	68883	99.6

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### QCOVID13E Over the past 30 days, on average, how much have you been concerned with the following? That someone you care about will die from COVID-19

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	7273	38	11775	26	826	21	20144	29.2
2 Slightly concerned	5137	27	11563	26	1010	25	17897	26.0
3 Moderately concerned	3054	16	8250	18	767	19	12273	17.8
4 Very concerned	2023	11	6724	15	649	16	9530	13.8
5 Extremely concerned	1685	9	6463	14	751	19	9033	13.1
Valid responses =	19172	28	44775	65	4003	6	68877	99.6

Invalid responses include no response.

#### QCOVID13F Over the past 30 days, on average, how much have you been concerned with the following? Not being able to spend time with people you care about

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	5447	28	8517	19	529	13	14697	21.3
2 Slightly concerned	4226	22	9457	21	738	18	14582	21.2
3 Moderately concerned	4304	22	10807	24	993	25	16340	23.7
4 Very concerned	3262	17	9722	22	1012	25	14178	20.6
5 Extremely concerned	1937	10	6276	14	733	18	9091	13.2
Valid responses =	19176	28	44779	65	4005	6	68888	99.6

Invalid responses include no response.

#### QCOVID13G Over the past 30 days, on average, how much have you been concerned with the following? Uncertainty of the future

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	3582	19	4444	10	202	5	8376	12.2
2 Slightly concerned	3722	19	7372	17	339	9	11564	16.8
3 Moderately concerned	4474	23	10398	23	714	18	15784	22.9
4 Very concerned	3772	20	11483	26	1075	27	16495	24.0
5 Extremely concerned	3623	19	11071	25	1672	42	16653	24.2
Valid responses =	19173	28	44768	65	4002	6	68872	99.6

Invalid responses include no response.

#### QCOVID14 If you have received counseling or therapy (either in-person or by telehealth) in the past 12 months, how has your access to mental health care been affected by the COVID-19 pandemic? (only includes students who have received psychological or mental health services in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Much more difficult or limited access	405	10	1948	11	420	16	2822	11.5
2 Somewhat more difficult or limited access	1164	28	5638	32	953	37	7862	32.1
3 No significant change in access	1739	42	6857	39	729	28	9411	38.4
4 Somewhat less difficult or limited access	255	6	1175	7	210	8	1669	6.8
5 Much less difficult or limited access	259	6	1135	7	175	7	1588	6.5
6 Don't know or not applicable (have not tried to access care since the pandemic began)	281	7	743	4	81	3	1129	4.6
Valid responses =	4103	0	17496	71	2568	10	24481	35.4

Invalid responses include no response.

#### QCOVID15 As a result of the COVID-19 pandemic, have you experienced any discriminatory or hostile behavior due to your race/ethnicity (or what someone thought was your race/ethnicity)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	1276	7	3187	7	325	8	4889	7.1
2 No	17878	93	41562	93	3677	92	63940	92.9
Valid responses =	19154	28	44749	65	4002	6	68829	99.6

Invalid responses include no response.

#### QCOVID16 As a result of the COVID-19 pandemic, have you witnessed (online exchanges or in-person) any discriminatory or hostile behavior or exchanges towards others due to their race/ethnicity (or what someone thought was their race/ethnicity)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	5576	29	18835	42	2521	63	27331	39.7
2 No	13597	71	25960	58	1484	37	41569	60.3
Valid responses =	19173	28	44795	65	4005	6	68900	99.7

Invalid responses include no response.



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#### QCOVID17A How has your current financial situation been affected by the COVID-19 pandemic?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A lot more stressful	3071	16	8973	20	955	24	13226	19.2
2 Somewhat more stressful	7008	37	17420	39	1624	41	26387	38.3
3 No significant change	8167	43	17122	38	1297	32	26905	39.0
4 Somewhat less stressful	706	4	1007	2	95	2	1839	2.7
5 A lot less stressful	238	1	287	1	34	1	579	0.8
Valid responses =	19190	28	44809	65	4005	6	68936	99.7

Invalid responses include no response.

#### QCOVID18A How has your current overall level of stress been impacted by the COVID-19 pandemic?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Significantly increased my level of stress	4028	21	15008	34	1918	48	21289	30.9
2 Somewhat increased my level of stress	10035	52	24141	54	1722	43	36287	52.6
3 No change in my level of stress	4514	24	4946	11	286	7	9919	14.4
4 Somewhat decreased my level of stress	477	3	593	1	63	2	1161	1.7
5 Significantly decreased my level of stress	139	1	124	0	17	0	290	0.4
Valid responses =	19193	28	44812	65	4006	6	68946	99.7

Invalid responses include no response.

#### QCOVID19B How would you describe your COVID-19 vaccination status (not including "boosters")?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Received all doses required to be fully vaccinated	16692	87	39676	89	3826	96	60993	88.7
2 Started the vaccination process, but need another dose	522	3	1056	2	68	2	1670	2.4
3 Will get vaccinated as soon as possible	167	1	339	1	39	1	566	0.8
4 Will only get vaccinated if required	676	4	1222	3	40	1	1957	2.8
5 Will not get vaccinated	1098	6	2388	5	33	1	3576	5.2
Valid responses =	19155	28	44681	65	4006	6	68762	99.5

Invalid responses include no response.

#### QCOVID19C Have you had an additional or "booster" dose of a COVID-19 vaccine?

(only includes students who selected Yes to having received all the doses to be fully vaccinated against COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	11878	71	29380	74	3139	82	45020	73.9
2 I plan to get an additional or "booster" dose when I am eligible	1736	10	4767	12	445	12	7017	11.5
3 I will only get an additional or "booster" dose if required	933	6	1615	4	72	2	2647	4.3
4 I am not sure if I will get an additional or "booster" dose	1140	7	2485	6	128	3	3793	6.2
5 I will not get an additional or "booster" dose	972	6	1358	3	36	1	2405	4.0
Valid responses =	16659	27	39605	65	3820	6	60882	88.1

#### QCOVID23 Did you test positive for COVID-19 after you were fully vaccinated (2 weeks after your second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine)?

(only includes students who selected Yes to having COVID-19 and received all the doses to be fully vaccinated against COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	3133	53	8659	56	619	59	12533	55.4
2 No	2818	47	6735	44	431	41	10079	44.6
Valid responses =	5951	26	15394	68	1050	5	22612	32.7

Invalid responses include no response.

#### QCOVID21 Were it not for the COVID-19 pandemic, I would prefer to take most of my classes:

(only includes students who are taking classes entirely online, or a mix of in-person and online classes)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 In-person	6355	73	15065	66	1294	71	22892	67.8
2 Online	2339	27	7878	34	534	29	10851	32.2
Valid responses =	8694	26	22943	68	1828	5	33743	48.8

Invalid responses include no response.

#### References

<sup>1</sup> Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.





# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 69131 Web Surveys

#### 86A) Do you have access to a gun/firearm?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1053	89	2527	93	306	94	3944	91.8
2 Yes	125	11	202	7	19	6	350	8.2
Valid responses =	1178	27	2729	64	325	63	4294	6.2

Invalid responses include no response.

#### 86B) During the last 30 days, on how many days did you carry a gun/firearm on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	1137	100	2648	100	313	99	4149	99.8
2 1-2 days	0	0	0	0	0	0	0	0.0
3 3-4 days	0	0	0	0	0	0	0	0.0
4 5-30 days	2	0	3	0	2	1	7	0.2
Valid responses =	1139	27	2651	64	315	8	4156	6.0

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	0.03	0.00	0.66	0	20
Cis Female	0.03	0.00	1.01	0	30
Trans/Gender Non-conforming	0.17	0.00	2.13	0	30
Overall	0.04	0.00	1.05	0	30

#### 86C) To what extent are you concerned about gun violence on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all concerned	606	51	839	31	99	30	1564	36.4
2 Slightly concerned	356	30	1060	39	130	40	1570	36.5
3 Moderately concerned	161	14	535	20	67	21	776	18.0
4 Very concerned	36	3	182	7	19	6	240	5.6
5 Extremely concerned	23	2	114	4	11	3	150	3.5
Valid responses =	1182	27	2730	63	326	8	4300	6.2

Invalid responses include no response.