



NATIONAL COLLEGE HEALTH ASSESSMENT

# Canadian Reference Group

## Data Report Spring 2022

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The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

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AMERICAN COLLEGE HEALTH ASSOCIATION

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Updated report posted on April 8, 2024

## Demographics of Participating Institutions

Sixteen Canadian postsecondary institutions self-selected to participate in the Spring 2022 ACHA National College Health Assessment and 11,322 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only Canadian institutions that surveyed all students or used a random sampling technique are included in the analysis. *All schools collected data via the ACHA-NCHA web survey.*

*The mean response was 16% and the median was 16%.*

Demographic characteristics of the 16 campuses follow:

<b>Demographical Characteristics of the 16 Postsecondary Institutions Included in the Spring 2022 CANADIAN ACHA-NCHA II Reference Group.</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
Type of Institution	
Public	16
Private	0
2-year	2
4-year or above	13
Other	1
Location of Campus	
Canada	16
Campus Size	
< 2,500 students	2
2,500 – 4,999 students	1
5,000 – 9,999 students	2
10,000 – 19,999 students	4
20,000 students or more	7
Campus Setting	
Very large city (population over 500,000)	7
Large city (population 250,000-499,999)	2
Small city (population 50,000-249,999)	6
Large town (population 10,000-49,999)	0
Small town (population 2,500-9,999)	1
Rural community (population under 2,500)	0
Carnegie Classification	
Miscellaneous/Not Classified	16
ACHA Membership Status	
Institutional Member	9
Nonmember	7
Religious Affiliation	
No	14
Yes	2
If yes:	
Catholic	1
Protestant or Other Christian	1

**We need to draw your attention to an important change in your ACHA-NCHA Report documents.** Beginning in Spring 2021, responses for transgender and gender-nonconforming students are readily available directly in the report documents. This represents an important change in the way we have been reporting ACHA-NCHA results. We've prepared the following information to better explain the specific changes, our reasoning for doing so, and tips for using these redesigned report documents.

**I. What we've done to date**

- The ACHA-NCHA has asked respondents about their gender identity for 12 years.
- Data on transgender and gender-nonconforming (TGNC) students was available in the data file, but not displayed explicitly in the report documents in an effort to protect the privacy of TGNC students, particularly those students in smaller campus environments and at schools that publicly shared their ACHA-NCHA report documents.
- We have been trying to find the right balance between protecting students' privacy and making the results accessible to campus surveyors who may not use the statistical software that would be required to extract this information directly from the data files. Until now, we've erred on the side of protecting student privacy.

**II. Why change?**

- The number of TGNC students in our samples has been increasing over the years. Between 2008 and 2015, the number of students identifying as TGNC was very small (less than 0.05%). We've learned over the years that gender identity is complex and fluid. To better capture this complexity, we began asking separate questions about sex at birth and gender identity in Fall 2015. Now TGNC students tend to represent 3-4% of the overall sample.
- With greater number of students identifying as TGNC on the ACHA-NCHA in recent years, we have a better opportunity to understand their needs and behaviors than we have in years past.
- A number of health disparities between TGNC students and their cisgender peers have been well documented[1], and schools need readily available access to this data in order to better address the needs of TGNC students.

**III. What's different about the way we are reporting?**

- First – a note about how we have been reporting ACHA-NCHA results to date. RSEX is a variable we create based on the responses to the questions on sex at birth, whether or not a student identifies as transgender, and their gender identity. The RSEX variable had allowed us to sort respondents into 4 groups for reporting purposes: male, female, non-binary, and missing. (Details about this variable can be found in all report documents.)
- The value labels for RSEX have been revised to better represent gender identity rather than sex. A value of "1" has been changed from "Male" to "Cis Men[2]." A "2" has been changed from "Female" to "Cis Women[3]." The value "3" has been changed from "non-binary" to "Transgender and Gender-Nonconforming" (TGNC), as it's a more accurate and inclusive term. The value "4" on RSEX remains "missing/unknown" and is used for students who do not answer all three questions.
- The "missing/unknown" column in the Data Report document has been replaced with a "Trans/Gender-Nonconforming" column. Because space limitations in the report prevent us from displaying all 4 categories plus a total column in the same document, it's now the "missing/unknown" column that is not displayed. Now when the Total of any given row is higher than the sum of the cis men, cis women, and TGNC respondents, the difference can be attributed to "missing/unknown" respondents that selected the response option presented in that row.
- A column for "Trans/Gender-Nonconforming" has been added the Executive Summary Report document.

**IV. Important considerations with this new format**

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

**Questions about this report? Please reach out to Christine Kukich at [Ckukich@acha.org](mailto:Ckukich@acha.org)**

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[1] Greathouse M, BrckaLorenz A, Hoban M, Huseman R, Rankin S, Stolzenberg EB. (2018). Queer-spectrum and trans-spectrum student experiences in American higher education: The analysis of national survey findings. New Brunswick, NJ: Tyler Clementi Center, Rutgers University.

[2] Cisgender refers to people whose gender identity matches their sex assigned at birth. Cis men is short for "cisgender men" and is a term used to describe persons who identify as men and were assigned male at birth.

[3] Cis women is short for "cisgender women" and is a term used to describe persons who identify as women and were assigned female at birth.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
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[www.acha.org](http://www.acha.org)

### CANADIAN REFERENCE GROUP

December 21, 2023  
FREQUENCY REPORT  
Number of Surveys (n) = 11322 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. **Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.**

#### A note about the use of sex and gender in this report:

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

#### 1) How would you describe your overall health?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	446	16	571	8	22	4	1059	10.1
2 Very good	995	36	2433	34	104	19	3558	33.8
3 Good	911	33	2852	40	218	40	4032	38.3
4 Fair	319	12	1055	15	168	31	1569	14.9
5 Poor	76	3	194	3	35	6	315	3.0
Valid responses =	2747	26	7105	67	547	5	10533	93.0

Invalid responses include no response.

#### 2A) I feel that I belong at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	83	3	144	2	16	3	257	2.3
2 Disagree	133	4	335	4	34	6	510	4.5
3 Somewhat disagree	235	8	570	8	63	11	886	7.8
4 Somewhat agree	786	26	2061	27	190	33	3073	27.2
5 Agree	1211	40	3220	43	209	36	4690	41.5
6 Strongly agree	559	19	1233	16	67	12	1874	16.6
Valid responses =	3007	27	7563	67	579	5	11290	99.7

Invalid responses include no response.

#### 2B) I feel that students' health and well-being is a priority at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	164	6	310	4	43	7	530	4.7
2 Disagree	262	9	599	8	59	10	938	8.3
3 Somewhat disagree	393	13	1044	14	102	18	1569	13.9
4 Somewhat agree	917	31	2514	33	181	31	3648	32.3
5 Agree	869	29	2267	30	141	24	3306	29.3
6 Strongly agree	398	13	826	11	52	9	1291	11.4
Valid responses =	3003	27	7560	67	578	5	11282	99.6

Invalid responses include no response.

#### 2C) At my college/university, I feel that the campus climate encourages free and open discussion about students' health and well-being.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	92	3	156	2	22	4	283	2.5
2 Disagree	157	5	332	4	35	6	532	4.7
3 Somewhat disagree	287	10	822	11	83	14	1213	10.8
4 Somewhat agree	949	32	2398	32	193	33	3588	31.8
5 Agree	1043	35	2752	36	170	30	4003	35.5
6 Strongly agree	472	16	1091	14	74	13	1650	14.6
Valid responses =	3000	27	7551	67	577	5	11269	99.5

Invalid responses include no response.



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## 2D) At my college/university, we are a campus where we look out for each other.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	114	4	223	3	29	5	375	3.3
2 Disagree	213	7	465	6	52	9	745	6.6
3 Somewhat disagree	419	14	1034	14	106	18	1582	14.1
4 Somewhat agree	1070	36	2719	36	195	34	4026	35.8
5 Agree	812	27	2316	31	148	26	3308	29.4
6 Strongly agree	364	12	776	10	48	8	1205	10.7
Valid responses =	2992	27	7533	67	578	5	11241	99.3

Invalid responses include no response.

## 3A) How many hours do you spend in a typical week (7 days) on the following activities?

Attending classes, discussion sections, or labs

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	87	3	225	3	13	2	330	2.9
2 1-5 hours	454	15	1228	16	86	15	1792	15.9
3 6-10 hours	762	25	2028	27	170	29	3009	26.6
4 11-15 hours	712	24	1914	25	158	27	2808	24.9
5 16-20 hours	500	17	1093	14	79	14	1694	15.0
6 21-25 hours	241	8	534	7	36	6	818	7.2
7 26-30 hours	146	5	292	4	28	5	471	4.2
8 More than 30 hours	107	4	255	3	10	2	375	3.3
Valid responses =	3009	27	7569	67	580	5	11297	99.8

Invalid responses include no response.

## 3B) How many hours do you spend in a typical week (7 days) on the following activities?

Studying and other academic activities outside of class

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	57	2	120	2	13	2	193	1.7
2 1-5 hours	516	17	1287	17	125	22	1957	17.3
3 6-10 hours	735	25	1914	25	131	23	2815	24.9
4 11-15 hours	557	19	1411	19	109	19	2094	18.6
5 16-20 hours	433	14	1091	14	86	15	1632	14.5
6 21-25 hours	281	9	684	9	45	8	1024	9.1
7 26-30 hours	195	7	496	7	32	6	731	6.5
8 More than 30 hours	228	8	560	7	39	7	837	7.4
Valid responses =	3002	27	7563	67	580	5	11283	99.7

Invalid responses include no response.

## 3C) How many hours do you spend in a typical week (7 days) on the following activities?

Attending cultural events, movies, concerts, sports or other entertainment with others

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1015	34	2752	36	255	44	4077	36.1
2 1-5 hours	1423	47	3909	52	244	42	5632	49.9
3 6-10 hours	369	12	614	8	51	9	1045	9.3
4 11-15 hours	102	3	162	2	17	3	289	2.6
5 16-20 hours	53	2	67	1	8	1	130	1.2
6 21-25 hours	25	1	28	0	4	1	60	0.5
7 26-30 hours	11	0	13	0	1	0	26	0.2
8 More than 30 hours	6	0	12	0	0	0	20	0.2
Valid responses =	3004	27	7557	67	580	5	11279	99.6

Invalid responses include no response.

## 3D) How many hours do you spend in a typical week (7 days) on the following activities?

Performing community service or volunteer activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2052	68	4843	64	401	69	7367	65.4
2 1-5 hours	716	24	2129	28	136	24	3022	26.8
3 6-10 hours	141	5	369	5	28	5	552	4.9
4 11-15 hours	42	1	114	2	4	1	163	1.4
5 16-20 hours	22	1	54	1	5	1	84	0.7
6 21-25 hours	14	1	23	0	2	0	39	0.3
7 26-30 hours	4	0	12	0	3	1	21	0.2
8 More than 30 hours	11	0	6	0	0	0	19	0.2
Valid responses =	3002	27	7550	67	579	5	11267	99.5

Invalid responses include no response.



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## 3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	678	23	2127	28	232	40	3082	27.3
2 1-5 hours	1234	41	3503	46	248	43	5034	44.6
3 6-10 hours	668	22	1318	17	70	12	2087	18.5
4 11-15 hours	242	8	372	5	22	4	641	5.7
5 16-20 hours	96	3	141	2	2	0	241	2.1
6 21-25 hours	39	1	58	1	4	1	102	0.9
7 26-30 hours	21	1	23	0	1	0	48	0.4
8 More than 30 hours	25	1	19	0	2	0	48	0.4
Valid responses =	3003	27	7561	67	581	5	11283	99.7

Invalid responses include no response.

## 3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2105	70	5478	73	454	78	8114	71.9
2 1-5 hours	656	22	1638	22	98	17	2437	21.6
3 6-10 hours	132	4	287	4	22	4	447	4.0
4 11-15 hours	44	2	78	1	2	0	127	1.1
5 16-20 hours	33	1	31	0	2	0	69	0.6
6 21-25 hours	12	0	25	0	1	0	38	0.3
7 26-30 hours	9	0	8	0	1	0	20	0.2
8 More than 30 hours	11	0	13	0	1	0	27	0.2
Valid responses =	3002	27	7558	67	581	5	11279	99.6

Invalid responses include no response.

## 3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2148	72	5470	73	416	72	8122	72.2
2 1-5 hours	604	20	1628	22	117	20	2380	21.1
3 6-10 hours	145	5	283	4	25	4	461	4.1
4 11-15 hours	40	1	83	1	12	2	138	1.2
5 16-20 hours	28	1	47	1	3	1	79	0.7
6 21-25 hours	15	1	19	0	4	1	41	0.4
7 26-30 hours	11	0	6	0	2	0	21	0.2
8 More than 30 hours	6	0	6	0	2	0	15	0.1
Valid responses =	2997	27	7542	67	581	5	11257	99.4

Invalid responses include no response.

## 3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	273	9	568	8	50	9	910	8.1
2 1-5 hours	1117	37	3500	46	250	43	4917	43.7
3 6-10 hours	785	26	1939	26	143	25	2892	25.7
4 11-15 hours	422	14	835	11	77	13	1353	12.0
5 16-20 hours	183	6	329	4	22	4	540	4.8
6 21-25 hours	87	3	154	2	12	2	261	2.3
7 26-30 hours	58	2	86	1	9	2	157	1.4
8 More than 30 hours	64	2	127	2	15	3	212	1.9
Valid responses =	2989	27	7538	67	578	5	11242	99.3

Invalid responses include no response.

## 3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1824	62	4768	64	448	78	7125	64.2
2 1-5 hours	774	26	1932	26	93	16	2822	25.4
3 6-10 hours	236	8	493	7	16	3	755	6.8
4 11-15 hours	53	2	151	2	13	2	222	2.0
5 16-20 hours	31	1	51	1	2	0	84	0.8
6 21-25 hours	24	1	19	0	1	0	47	0.4
7 26-30 hours	11	0	8	0	1	0	22	0.2
8 More than 30 hours	12	0	6	0	1	0	24	0.2
Valid responses =	2965	27	7428	67	575	5	11101	98.0

Invalid responses include no response.



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## 3J) How many hours do you spend in a typical week (7 days) on the following activities?

### Spending time with family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	740	25	1633	22	167	29	2565	22.8
2 1-5 hours	1079	36	2958	39	220	38	4312	38.3
3 6-10 hours	522	18	1308	17	83	14	1928	17.1
4 11-15 hours	261	9	576	8	40	7	889	7.9
5 16-20 hours	129	4	367	5	16	3	521	4.6
6 21-25 hours	77	3	183	2	15	3	285	2.5
7 26-30 hours	50	2	114	2	4	1	171	1.5
8 More than 30 hours	132	4	403	5	33	6	576	5.1
Valid responses =	2990	27	7542	67	578	5	11247	99.3

Invalid responses include no response.

## 3K) How many hours do you spend in a typical week (7 days) on the following activities?

### Watching TV, streaming movies/TV, or other media for entertainment

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	132	4	301	4	20	3	460	4.1
2 1-5 hours	888	30	2657	35	157	27	3743	33.2
3 6-10 hours	878	29	2288	30	176	30	3381	30.0
4 11-15 hours	511	17	1206	16	97	17	1836	16.3
5 16-20 hours	292	10	581	8	57	10	943	8.4
6 21-25 hours	129	4	263	4	31	5	429	3.8
7 26-30 hours	56	2	133	2	16	3	207	1.8
8 More than 30 hours	113	4	131	2	27	5	279	2.5
Valid responses =	2999	27	7560	67	581	5	11278	99.6

Invalid responses include no response.

## 3L) How many hours do you spend in a typical week (7 days) on the following activities?

### Gaming

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	924	31	5427	72	211	36	6614	58.7
2 1-5 hours	848	28	1327	18	172	30	2382	21.2
3 6-10 hours	510	17	387	5	93	16	1011	9.0
4 11-15 hours	309	10	179	2	43	7	542	4.8
5 16-20 hours	187	6	98	1	33	6	325	2.9
6 21-25 hours	91	3	63	1	11	2	168	1.5
7 26-30 hours	50	2	37	1	11	2	100	0.9
8 More than 30 hours	80	3	29	0	5	1	119	1.1
Valid responses =	2999	27	7547	67	579	5	11261	99.5

Invalid responses include no response.

## 3M) How many hours do you spend in a typical week (7 days) on the following activities?

### Using social media

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	213	7	219	3	28	5	466	4.2
2 1-5 hours	1070	36	2470	33	186	33	3774	33.8
3 6-10 hours	793	27	2321	31	150	26	3299	29.5
4 11-15 hours	445	15	1235	17	94	17	1789	16.0
5 16-20 hours	228	8	633	8	49	9	923	8.3
6 21-25 hours	99	3	279	4	31	5	418	3.7
7 26-30 hours	57	2	163	2	14	3	236	2.1
8 More than 30 hours	71	2	176	2	19	3	271	2.4
Valid responses =	2976	27	7496	67	571	5	11176	98.7

Invalid responses include no response.

## 3N) How many hours do you spend in a typical week (7 days) on the following activities?

### Commuting to school and/or to work

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	703	24	1659	22	132	23	2523	22.5
2 1-5 hours	1506	50	4059	54	305	53	5928	52.8
3 6-10 hours	510	17	1228	16	98	17	1867	16.6
4 11-15 hours	150	5	323	4	27	5	509	4.5
5 16-20 hours	61	2	120	2	4	1	188	1.7
6 21-25 hours	26	1	69	1	5	1	103	0.9
7 26-30 hours	17	1	22	0	3	1	43	0.4
8 More than 30 hours	16	1	33	0	4	1	56	0.5
Valid responses =	2989	27	7513	67	578	5	11217	99.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

## 3O) How many hours do you spend in a typical week (7 days) on the following activities?

### Working for pay

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1342	45	3059	41	296	51	4751	42.5
2 1-5 hours	254	9	662	9	39	7	968	8.7
3 6-10 hours	342	12	955	13	50	9	1366	12.2
4 11-15 hours	269	9	825	11	57	10	1162	10.4
5 16-20 hours	342	12	840	11	58	10	1257	11.2
6 21-25 hours	145	5	393	5	31	5	577	5.2
7 26-30 hours	81	3	246	3	18	3	350	3.1
8 More than 30 hours	205	7	512	7	28	5	753	6.7
Valid responses =	2980	27	7492	67	577	5	11184	98.8

Invalid responses include no response.

## 3P) How many hours do you spend in a typical week (7 days) on the following activities?

### Participating in meditation or meditative activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2242	75	5306	71	394	68	8018	71.4
2 1-5 hours	566	19	1891	25	152	26	2651	23.6
3 6-10 hours	92	3	213	3	24	4	335	3.0
4 11-15 hours	31	1	48	1	6	1	88	0.8
5 16-20 hours	23	1	26	0	1	0	52	0.5
6 21-25 hours	15	1	26	0	1	0	44	0.4
7 26-30 hours	8	0	14	0	1	0	25	0.2
8 More than 30 hours	9	0	4	0	1	0	16	0.1
Valid responses =	2986	27	7528	67	580	5	11229	99.2

Invalid responses include no response.

## 3Q) How many hours do you spend in a typical week (7 days) on the following activities?

### Performing unpaid household responsibilities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	338	11	566	8	42	7	952	8.4
2 1-5 hours	1528	51	3835	51	270	47	5697	50.5
3 6-10 hours	690	23	1892	25	161	28	2776	24.6
4 11-15 hours	252	8	658	9	65	11	991	8.8
5 16-20 hours	99	3	248	3	18	3	367	3.3
6 21-25 hours	33	1	138	2	11	2	187	1.7
7 26-30 hours	34	1	85	1	4	1	130	1.2
8 More than 30 hours	30	1	139	2	10	2	184	1.6
Valid responses =	3004	27	7561	67	581	5	11284	99.7

Invalid responses include no response.

## 3R) How many hours do you spend in a typical week (7 days) on the following activities?

### Taking care of children or other family members (unpaid)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2338	78	5623	74	456	79	8503	75.4
2 1-5 hours	330	11	892	12	61	11	1304	11.6
3 6-10 hours	136	5	341	5	22	4	507	4.5
4 11-15 hours	63	2	137	2	14	2	219	1.9
5 16-20 hours	37	1	107	1	10	2	159	1.4
6 21-25 hours	18	1	84	1	3	1	108	1.0
7 26-30 hours	24	1	69	1	2	0	99	0.9
8 More than 30 hours	52	2	309	4	12	2	378	3.4
Valid responses =	2998	27	7562	67	580	5	11277	99.6

Invalid responses include no response.

## 4) How do you describe your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	49	2	74	1	15	3	139	1.2
2 Slightly underweight	411	14	781	10	89	16	1297	11.5
3 About the right weight	1546	51	4304	57	255	44	6173	54.7
4 Slightly overweight	853	28	2044	27	189	33	3123	27.7
5 Very overweight	151	5	365	5	28	5	553	4.9
Valid responses =	3010	27	7568	67	576	5	11285	99.7

Invalid responses include no response.





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FREQUENCY REPORT

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## 5) Are you trying to do any of the following about your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	618	21	1664	22	180	31	2503	22.2
2 Stay the same weight	679	23	1697	22	97	17	2502	22.2
3 Lose weight	1105	37	3697	49	256	45	5110	45.3
4 Gain weight	608	20	511	7	42	7	1172	10.4
Valid responses =	3010	27	7569	67	575	5	11287	99.7

Invalid responses include no response.

## 6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	152	5	222	3	29	5	410	3.7
1 1 to 149 Minutes	1392	47	3636	48	300	53	5390	48.2
2 150 to 299 Minutes	671	22	1684	22	105	19	2481	22.2
3 300 or More Minutes	776	26	1974	26	134	24	2913	26.0
Valid responses =	2991	27	7516	67	568	5	11194	98.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	238.43	120.00	370	0	5040
Cis Women	247.21	120.00	393.67	0	5040
Trans/Gender Non-conforming	226.23	120.00	352.29	0	4000
Overall	243.50	120.00	384.46	0	5040

## 7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	913	31	3064	41	286	50	4314	38.7
1 1 to 74 Minutes	837	28	2155	29	159	28	3185	28.5
2 75 to 149 Minutes	387	13	944	13	57	10	1409	12.6
3 150 or More Minutes	850	29	1325	18	65	12	2253	20.2
Valid responses =	2987	27	7488	67	567	5	11161	98.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	131.61	60.00	223.51	0	3000
Cis Women	84.22	30.00	161.08	0	3000
Trans/Gender Non-conforming	63.58	0.00	146.75	0	1800
Overall	95.63	30.00	180.22	0	3000

## 8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	1051	35	3459	46	321	56	4889	43.4
1 1 day	331	11	940	12	77	13	1363	12.1
2 2 days	394	13	953	13	61	11	1423	12.6
3 3 days	418	14	854	11	49	9	1339	11.9
4 4 days	249	8	514	7	28	5	797	7.1
5 5 days	292	10	500	7	15	3	816	7.2
6 6 days	152	5	200	3	15	3	372	3.3
7 7 days	125	4	143	2	10	2	278	2.5
Valid responses =	3012	27	7563	67	576	5	11277	99.6

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?

One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.

If you do not drink sugar-sweetened beverages, please enter 0.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	1024	34	2241	30	161	28	3454	30.9
2 1 serving	600	20	1590	21	123	21	2338	20.9
3 2 servings	398	13	1087	15	92	16	1592	14.2
4 3 servings	257	9	637	9	40	7	947	8.5
5 4 servings	141	5	369	5	33	6	547	4.9
6 5 servings	120	4	320	4	28	5	475	4.2
7 6 servings	74	3	211	3	15	3	304	2.7
8 7 servings	103	3	311	4	20	4	437	3.9
9 8 servings	41	1	101	1	12	2	156	1.4
10 9 or more servings	238	8	632	8	50	9	936	8.4
Valid responses =	2996	27	7499	67	574	5	11186	98.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.79	1.00	4.4	0	30
Cis Women	3.04	1.00	4.68	0	30
Trans/Gender Non-conforming	3.15	2.00	4.76	0	30
Overall	2.99	1.00	4.63	0	30

9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?

(for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	2268	76	6289	85	424	75	9060	81.6
2 1-2 days	324	11	570	8	45	8	961	8.7
3 3-4 days	108	4	186	3	28	5	329	3.0
4 5-10 days	168	6	245	3	39	7	460	4.1
5 11-15 days	40	1	57	1	15	3	112	1.0
6 16-20 days	26	1	51	1	6	1	84	0.8
7 21-25 days	12	0	15	0	4	1	31	0.3
8 26-30 days	26	1	30	0	8	1	65	0.6
Valid responses =	2972	27	7443	67	569	5	11102	98.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	1.38	0.00	4.21	0	30
Cis Women	0.82	0.00	3.18	0	30
Trans/Gender Non-conforming	1.93	0.00	5.13	0	30
Overall	1.03	0.00	3.62	0	30

10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	417	14	803	11	94	16	1333	11.8
2 1-2 servings per day	1923	64	4915	65	368	63	7283	64.6
3 3-4 servings per day	553	18	1545	20	104	18	2221	19.7
4 5-6 servings per day	89	3	217	3	8	1	317	2.8
5 More than 6 servings per day	27	1	77	1	6	1	113	1.0
Valid responses =	3009	27	7557	67	580	5	11267	99.5

Invalid responses include no response.

11) In the last 7 days, how many servings of vegetables did you eat on average per day?

One serving is 1/2 cup of fresh, frozen, or canned vegetables; 1/4 cup 100% vegetable juice; or 1 cup salad greens

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	199	7	387	5	52	9	654	5.8
2 1-2 servings per day	1677	56	4166	55	305	53	6217	55.1
3 3-4 servings per day	906	30	2395	32	173	30	3501	31.0
4 5-6 servings per day	177	6	471	6	35	6	691	6.1
5 More than 6 servings per day	53	2	144	2	14	2	213	1.9
Valid responses =	3012	27	7563	67	579	5	11276	99.6

Invalid responses include no response.



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Number of Surveys (n) = 11322 Web Surveys

12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

The food that I bought just didn't last, and I didn't have money to get more

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	1729	58	4304	57	297	52	6385	56.9
1 Sometimes True	1018	34	2471	33	197	34	3736	33.3
2 Often True	247	8	763	10	83	14	1108	9.9
Valid responses =	2994	27	7538	67	577	5	11229	99.2

Invalid responses include no response.

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

I couldn't afford to eat balanced meals.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	1708	57	4248	56	281	49	6288	56.1
1 Sometimes True	920	31	2268	30	183	32	3412	30.4
2 Often True	363	12	1015	14	112	19	1518	13.5
Valid responses =	2991	27	7531	67	576	5	11218	99.1

Invalid responses include no response.

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1953	65	5001	66	334	58	7352	65.2
1 Only 1 or 2 days	400	13	1013	13	93	16	1524	13.5
2 Yes, some days, but not every day	519	17	1223	16	109	19	1875	16.6
3 Yes, almost every day	140	5	328	4	45	8	527	4.7
Valid responses =	3012	27	7565	67	581	5	11278	99.6

Invalid responses include no response.

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2180	73	5558	73	377	65	8199	72.7
1 Yes	826	28	2010	27	204	35	3078	27.3
Valid responses =	3006	27	7568	67	581	5	11277	99.6

Invalid responses include no response.

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2373	79	6089	80	416	72	8965	79.5
1 Yes	638	21	1480	20	165	28	2316	20.5
Valid responses =	3011	27	7569	67	581	5	11281	99.6

Invalid responses include no response.

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	288	10	549	7	34	6	881	7.8
2 5-15 minutes	867	29	1948	26	114	20	2957	26.2
3 16-30 minutes	804	27	2001	26	129	22	2965	26.3
4 31 minutes - 1 hour	625	21	1766	23	152	26	2578	22.8
5 over 1 hour	430	14	1310	17	151	26	1911	16.9
Valid responses =	3014	27	7574	67	580	5	11292	99.7

Invalid responses include no response.

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	46	2	109	1	15	3	173	1.5
2 4 hours	87	3	222	3	24	4	335	3.0
3 5 hours	353	12	910	12	72	12	1359	12.0
4 6 hours	811	27	1837	24	153	26	2831	25.1
5 7 hours	1009	34	2327	31	163	28	3533	31.3
6 8 hours	525	17	1569	21	108	19	2222	19.7
7 9 hours	128	4	425	6	25	4	582	5.2
8 10 or more hours	54	2	176	2	21	4	256	2.3
Valid responses =	3013	27	7575	67	581	5	11291	99.7

Invalid responses include no response.



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15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	41	1	95	1	10	2	147	1.3
2 4 hours	53	2	170	2	12	2	246	2.2
3 5 hours	212	7	521	7	49	8	792	7.0
4 6 hours	466	16	1109	15	74	13	1675	14.8
5 7 hours	688	23	1666	22	128	22	2508	22.2
6 8 hours	884	29	2181	29	148	26	3234	28.6
7 9 hours	449	15	1229	16	90	16	1782	15.8
8 10 or more hours	222	7	601	8	70	12	907	8.0
Valid responses =	3015	27	7572	67	581	5	11291	99.7

Invalid responses include no response.

16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	1466	49	3252	43	251	43	5012	44.5
2 1 day	521	17	1376	18	111	19	2024	18.0
3 2 days	423	14	1248	17	75	13	1760	15.6
4 3 days	253	8	691	9	58	10	1020	9.0
5 4 days	115	4	348	5	25	4	497	4.4
6 5 days	89	3	293	4	28	5	421	3.7
7 6 days	39	1	108	1	7	1	156	1.4
8 7 days	102	3	246	3	25	4	383	3.4
Valid responses =	3008	27	7562	67	580	5	11273	99.6

Invalid responses include no response.

16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	178	6	202	3	17	3	402	3.6
2 1 day	285	10	438	6	15	3	742	6.6
3 2 days	483	16	884	12	41	7	1426	12.6
4 3 days	529	18	1062	14	70	12	1680	14.9
5 4 days	365	12	936	12	61	11	1375	12.2
6 5 days	387	13	1127	15	74	13	1600	14.2
7 6 days	193	6	594	8	42	7	839	7.4
8 7 days	593	20	2327	31	260	45	3221	28.5
Valid responses =	3013	27	7570	67	580	5	11285	99.7

Invalid responses include no response.

16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	879	29	1737	23	105	18	2744	24.3
2 1 day	698	23	1612	21	92	16	2421	21.5
3 2 days	409	14	1156	15	81	14	1665	14.8
4 3 days	266	9	733	10	58	10	1076	9.5
5 4 days	176	6	543	7	52	9	782	6.9
6 5 days	149	5	501	7	51	9	712	6.3
7 6 days	107	4	341	5	34	6	484	4.3
8 7 days	321	11	945	13	107	18	1392	12.3
Valid responses =	3005	27	7568	67	580	5	11276	99.6

Invalid responses include no response.

16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	543	18	1799	24	179	31	2551	22.6
2 1 day	492	16	1498	20	121	21	2135	18.9
3 2 days	619	21	1439	19	101	17	2176	19.3
4 3 days	398	13	897	12	62	11	1379	12.2
5 4 days	304	10	701	9	41	7	1057	9.4
6 5 days	304	10	579	8	33	6	929	8.2
7 6 days	204	7	347	5	17	3	571	5.1
8 7 days	147	5	311	4	26	5	487	4.3
Valid responses =	3011	27	7571	67	580	5	11285	99.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

16E) On how many of the last 7 days did you: Take a nap?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	1321	44	3248	43	232	40	4848	43.0
2 1 day	559	19	1431	19	112	19	2119	18.8
3 2 days	405	14	1087	14	76	13	1590	14.1
4 3 days	292	10	748	10	61	11	1118	9.9
5 4 days	171	6	385	5	45	8	611	5.4
6 5 days	113	4	261	4	24	4	404	3.6
7 6 days	59	2	128	2	6	1	194	1.7
8 7 days	89	3	277	4	22	4	392	3.5
Valid responses =	3009	27	7565	67	578	5	11276	99.6

Invalid responses include no response.

16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	380	23	785	19	53	16	1236	19.6
2 Between 30 and 59 minutes	726	44	1899	45	141	42	2798	44.3
3 Between 60 and 119 minutes	432	26	1144	27	95	28	1689	26.7
4 2 hours or more	124	8	415	10	47	14	593	9.4
Valid responses =	1662	26	4243	67	336	5	6316	55.8

Invalid responses include no response.

17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	1492	50	4420	59	352	61	6341	56.5
2 Never	494	17	943	13	54	9	1505	13.4
3 Rarely	152	5	310	4	21	4	488	4.3
4 Sometimes	142	5	272	4	22	4	441	3.9
5 Most of the time	180	6	385	5	28	5	597	5.3
6 Always	533	18	1204	16	102	18	1854	16.5
Valid responses =	2993	27	7534	67	579	5	11226	99.2

Invalid responses include no response.

17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	2499	84	6649	88	533	92	9779	87.2
2 Never	106	4	229	3	16	3	358	3.2
3 Rarely	25	1	30	0	3	1	63	0.6
4 Sometimes	37	1	50	1	2	0	92	0.8
5 Most of the time	42	1	56	1	3	1	103	0.9
6 Always	280	9	508	7	22	4	815	7.3
Valid responses =	2989	27	7522	67	579	5	11210	99.0

Invalid responses include no response.

17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	2489	83	6602	88	482	83	9664	86.2
2 Never	285	10	548	7	49	9	898	8.0
3 Rarely	50	2	80	1	13	2	148	1.3
4 Sometimes	38	1	58	1	8	1	106	0.9
5 Most of the time	37	1	51	1	3	1	93	0.8
6 Always	92	3	183	2	23	4	301	2.7
Valid responses =	2991	27	7522	67	578	5	11210	99.0

Invalid responses include no response.

18A) When, if ever, was the last time you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	348	12	1040	14	126	22	1539	13.6
2 Within the last 2 weeks	1766	59	4505	60	244	42	6576	58.3
3 More than 2 weeks but within 30 days	135	5	343	5	25	4	512	4.5
4 More than 30 days but within 3 months	236	8	586	8	49	8	880	7.8
5 More than 3 months but within 12 months	316	11	661	9	74	13	1061	9.4
6 More than 12 months ago	212	7	436	6	62	11	718	6.4
Valid responses =	3013	27	7571	67	580	5	11286	99.7

Invalid responses include no response.



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CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	16	1	29	1	3	1	49	0.7
1 1 to 4 Days	493	28	1176	26	83	34	1772	27.0
2 5 to 10 Days	641	36	1694	38	80	33	2438	37.2
3 11 to 14 Days	610	35	1595	36	78	32	2297	35.0
Valid responses =	1760	27	4494	69	244	4	6556	57.9
Invalid responses include no response.								
	Mean	Median	Std Dev	Min	Max			
Cis Men	8.04	7.00	4.55	0	14			
Cis Women	8.25	8.00	4.47	0	14			
Trans/Gender Non-conforming	7.70	7.00	4.71	0	14			
Overall	8.17	8.00	4.5	0	14			

18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	1033	59	2614	58	161	67	3836	58.7
1 1 to 4 Days	381	22	956	21	51	21	1404	21.5
2 5 to 10 Days	181	10	472	11	9	4	670	10.3
3 11 to 14 Days	159	9	435	10	21	9	621	9.5
Valid responses =	1754	27	4477	69	242	4	6531	57.7
Invalid responses include no response.								
	Mean	Median	Std Dev	Min	Max			
Cis Men	2.43	0.00	4.23	0	14			
Cis Women	2.52	0.00	4.32	0	14			
Trans/Gender Non-conforming	1.94	0.00	4.03	0	14			
Overall	2.48	0.00	4.29	0	14			

18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	2290	94	5607	92	354	90	8328	92.4
2 One accident	137	6	426	7	33	8	601	6.7
3 Two accidents	14	1	47	1	4	1	70	0.8
4 Three or more accidents	5	0	7	0	1	0	13	0.1
Valid responses =	2446	27	6087	68	392	4	9012	79.6
Invalid responses include no response.								

19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner called me names, insulted me, or put me down to make me feel bad.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2672	89	6599	88	502	87	9875	88.1
2 Yes	327	11	920	12	75	13	1333	11.9
Valid responses =	2999	27	7519	67	577	5	11208	99.0
Invalid responses include no response.								

19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2774	93	7039	94	533	93	10452	93.4
2 Yes	219	7	471	6	41	7	739	6.6
Valid responses =	2993	27	7510	67	574	5	11191	98.8
Invalid responses include no response.								

19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2891	97	7284	97	554	96	10833	96.8
2 Yes	99	3	227	3	21	4	357	3.2
Valid responses =	2990	27	7511	67	575	5	11190	98.8
Invalid responses include no response.								



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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2941	98	7371	98	559	97	10977	98.0
2 Yes	50	2	149	2	18	3	225	2.0
Valid responses =	2991	27	7520	67	577	5	11202	98.9

Invalid responses include no response.

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2923	98	7230	96	543	95	10802	96.6
2 Yes	63	2	277	4	31	5	378	3.4
Valid responses =	2986	27	7507	67	574	5	11180	98.7

Invalid responses include no response.

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was in a physical fight.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2841	95	7411	98	557	96	10916	97.0
2 Yes	165	6	138	2	23	4	336	3.0
Valid responses =	3006	27	7549	67	580	5	11252	99.4

Invalid responses include no response.

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was physically assaulted (do not include sexual assault).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2911	97	7362	97	561	97	10946	97.2
2 Yes	95	3	193	3	20	3	313	2.8
Valid responses =	3006	27	7555	67	581	5	11259	99.4

Invalid responses include no response.

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was verbally threatened.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2483	83	6561	87	432	75	9569	85.2
2 Yes	518	17	974	13	148	26	1664	14.8
Valid responses =	3001	27	7535	67	580	5	11233	99.2

Invalid responses include no response.

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually touched without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2903	97	6848	91	505	87	10360	92.4
2 Yes	95	3	674	9	73	13	854	7.6
Valid responses =	2998	27	7522	67	578	5	11214	99.0

Invalid responses include no response.

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2966	99	7335	97	558	96	10969	97.6
2 Yes	36	1	203	3	22	4	268	2.4
Valid responses =	3002	27	7538	67	580	5	11237	99.2

Invalid responses include no response.

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2969	99	7401	98	557	96	11039	98.2
2 Yes	35	1	144	2	24	4	208	1.8
Valid responses =	3004	27	7545	67	581	5	11247	99.3

Invalid responses include no response.



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CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2916	97	7105	94	526	91	10651	94.8
2 Yes	84	3	430	6	53	9	580	5.2
Valid responses =	3000	27	7535	67	579	5	11231	99.2

Invalid responses include no response.

21A) How safe do you feel: On my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	15	1	28	0	3	1	50	0.4
2 Somewhat unsafe	37	1	169	2	21	4	232	2.1
3 Somewhat safe	504	17	1837	24	174	30	2552	22.7
4 Very safe	2449	82	5491	73	377	66	8388	74.7
Valid responses =	3005	27	7525	67	575	5	11222	99.1

Invalid responses include no response.

21B) How safe do you feel: On my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	31	1	383	5	36	6	458	4.1
2 Somewhat unsafe	198	7	1785	24	147	26	2153	19.3
3 Somewhat safe	1130	38	3901	52	291	51	5369	48.0
4 Very safe	1637	55	1419	19	102	18	3195	28.6
Valid responses =	2996	27	7488	67	576	5	11175	98.7

Invalid responses include no response.

21C) How safe do you feel: In the community surrounding my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	25	1	95	1	7	1	133	1.2
2 Somewhat unsafe	153	5	603	8	67	12	841	7.5
3 Somewhat safe	1023	34	3511	47	295	51	4876	43.5
4 Very safe	1799	60	3299	44	207	36	5351	47.8
Valid responses =	3000	27	7508	67	576	5	11201	98.9

Invalid responses include no response.

21D) How safe do you feel: In the community surrounding my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	136	5	1047	14	93	16	1288	11.5
2 Somewhat unsafe	477	16	2810	38	236	41	3561	31.8
3 Somewhat safe	1297	43	2876	38	200	35	4409	39.4
4 Very safe	1085	36	768	10	47	8	1930	17.3
Valid responses =	2995	27	7501	67	576	5	11188	98.8

Invalid responses include no response.

22A1) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1691	56	4371	58	329	57	6455	57.3
3 Yes	1318	44	3193	42	250	43	4815	42.7
Valid responses =	3009	27	7564	67	579	5	11270	99.5

Invalid responses include no response.

22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	775	26	1492	20	104	18	2402	21.3
3 Yes	2233	74	6056	80	475	82	8851	78.7
Valid responses =	3008	27	7548	67	579	5	11253	99.4

Invalid responses include no response.





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FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1507	50	3452	46	222	38	5229	46.5
3 Yes	1498	50	4100	54	357	62	6025	53.5
Valid responses =	3005	27	7552	67	579	5	11254	99.4

Invalid responses include no response.

22A4) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2694	91	6833	92	516	90	10138	91.2
3 Yes	274	9	630	8	58	10	979	8.8
Valid responses =	2968	27	7463	67	574	5	11117	98.2

Invalid responses include no response.

22A5) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2711	91	7004	93	522	91	10334	92.1
3 Yes	284	10	529	7	54	9	885	7.9
Valid responses =	2995	27	7533	67	576	5	11219	99.1

Invalid responses include no response.

22A6) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2932	98	7391	98	549	95	10982	98.1
3 Yes	59	2	121	2	27	5	212	1.9
Valid responses =	2991	27	7512	67	576	5	11194	98.9

Invalid responses include no response.

22A7) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2858	96	7379	98	543	94	10887	97.3
3 Yes	131	4	130	2	32	6	299	2.7
Valid responses =	2989	27	7509	67	575	5	11186	98.8

Invalid responses include no response.

22A8) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2832	95	7058	94	519	90	10507	93.8
3 Yes	162	5	466	6	55	10	700	6.2
Valid responses =	2994	27	7524	67	574	5	11207	99.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

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(410) 859-1500

[www.acha.org](http://www.acha.org)

CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

22A9) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2491	83	6577	87	458	80	9613	85.6
3 Yes	508	17	958	13	118	21	1613	14.4
Valid responses =	2999	27	7535	67	576	5	11226	99.2

Invalid responses include no response.

22A10) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2948	99	7433	100	560	98	11049	99.4
3 Yes	23	1	28	0	11	2	67	0.6
Valid responses =	2971	27	7461	67	571	5	11116	98.2

Invalid responses include no response.

22A11) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2860	95	7272	97	536	93	10773	96.0
3 Yes	137	5	255	3	41	7	444	4.0
Valid responses =	2997	27	7527	67	577	5	11217	99.1

Invalid responses include no response.

22A12) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2022	97	4679	98	349	95	7121	97.8
3 Yes	54	3	74	2	19	5	158	2.2
Valid responses =	2076	29	4753	65	368	5	7279	64.3

Invalid responses include no response.

22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	460	35	1240	39	92	37	1813	37.7
2 Once or twice	283	22	729	23	54	22	1079	22.4
3 Monthly	101	8	233	7	23	9	359	7.5
4 Weekly	141	11	259	8	23	9	425	8.8
6 Daily or almost daily	332	25	731	23	58	23	1137	23.6
Valid responses =	1317	27	3192	66	250	5	4813	42.5

Invalid responses include no response.

22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	193	9	414	7	43	9	658	7.4
2 Once or twice	547	25	1723	29	172	36	2464	27.9
3 Monthly	508	23	1542	26	119	25	2192	24.8
4 Weekly	864	39	2174	36	126	27	3188	36.1
6 Daily or almost daily	117	5	193	3	15	3	333	3.8
Valid responses =	2229	25	6046	68	475	5	8835	78.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

**22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	407	27	1175	29	85	24	1684	28.0
2 Once or twice	376	25	1099	27	83	23	1570	26.1
3 Monthly	229	15	605	15	41	12	880	14.6
4 Weekly	212	14	563	14	60	17	848	14.1
6 Daily or almost daily	271	18	647	16	88	25	1029	17.1
Valid responses =	1495	25	4089	68	357	6	6011	53.1

Invalid responses include no response.

**22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	170	62	434	69	41	71	655	67.0
2 Once or twice	69	25	133	21	10	17	217	22.2
3 Monthly	18	7	30	5	5	9	53	5.4
4 Weekly	14	5	26	4	1	2	41	4.2
6 Daily or almost daily	3	1	5	1	1	2	11	1.1
Valid responses =	274	28	628	64	58	6	977	8.6

Invalid responses include no response.

**22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	172	61	324	61	29	54	538	60.8
2 Once or twice	62	22	106	20	17	32	185	20.9
3 Monthly	20	7	30	6	5	9	56	6.3
4 Weekly	13	5	24	5	1	2	40	4.5
6 Daily or almost daily	17	6	45	9	2	4	66	7.5
Valid responses =	284	32	529	60	54	6	885	7.8

Invalid responses include no response.

**22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	40	68	108	89	19	70	170	80.6
2 Once or twice	9	15	9	7	3	11	21	10.0
3 Monthly	2	3	3	3	3	11	8	3.8
4 Weekly	5	9	0	0	1	4	6	2.8
6 Daily or almost daily	3	5	1	1	1	4	6	2.8
Valid responses =	59	28	121	57	27	13	211	1.9

Invalid responses include no response.

**22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	89	69	107	82	23	72	222	74.5
2 Once or twice	20	15	15	12	6	19	42	14.1
3 Monthly	12	9	3	2	2	6	17	5.7
4 Weekly	6	5	4	3	1	3	12	4.0
6 Daily or almost daily	3	2	1	1	0	0	5	1.7
Valid responses =	130	44	130	44	32	11	298	2.6

Invalid responses include no response.

**22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	99	62	263	56	35	64	410	58.7
2 Once or twice	23	14	110	24	5	9	140	20.1
3 Monthly	13	8	35	8	8	15	57	8.2
4 Weekly	15	9	29	6	4	7	48	6.9
6 Daily or almost daily	10	6	29	6	3	6	43	6.2
Valid responses =	160	23	466	67	55	8	698	6.2

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

**22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	307	61	643	67	68	58	1033	64.1
2 Once or twice	160	32	267	28	38	32	474	29.4
3 Monthly	24	5	37	4	9	8	73	4.5
4 Weekly	13	3	11	1	2	2	26	1.6
6 Daily or almost daily	3	1	0	0	1	1	5	0.3
Valid responses =	507	31	958	59	118	7	1611	14.2

Invalid responses include no response.

**22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	13	59	25	89	5	46	43	67.2
2 Once or twice	1	5	1	4	0	0	2	3.1
3 Monthly	2	9	1	4	4	36	7	10.9
4 Weekly	4	18	1	4	2	18	7	10.9
6 Daily or almost daily	2	9	0	0	0	0	5	7.8
Valid responses =	22	34	28	44	11	17	64	0.6

Invalid responses include no response.

**22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)  
[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	99	73	204	80	30	73	341	77.0
2 Once or twice	21	15	37	15	9	22	67	15.1
3 Monthly	7	5	7	3	2	5	16	3.6
4 Weekly	6	4	4	2	0	0	12	2.7
6 Daily or almost daily	3	2	3	1	0	0	7	1.6
Valid responses =	136	31	255	58	41	9	443	3.9

Invalid responses include no response.

**22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	12	25	33	49	5	26	54	37.5
2 Once or twice	4	8	8	12	4	21	17	11.8
3 Monthly	9	18	3	5	3	16	16	11.1
4 Weekly	9	18	4	6	3	16	16	11.1
6 Daily or almost daily	15	31	19	28	4	21	41	28.5
Valid responses =	49	34	67	47	19	13	144	1.3

Invalid responses include no response.

**22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	63	65	101	56	13	59	178	58.9
1 Yes	31	32	73	41	9	41	114	37.7
99 Don't know	3	3	6	3	0	0	10	3.3
Valid responses =	97	32	180	60	22	7	302	2.7

Invalid responses include no response.

**22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this substance)**

Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	18	58	54	74	4	44	76	66.7
1 Yes	11	36	16	22	5	56	33	28.9
99 Don't know	2	7	3	4	0	0	5	4.4
Valid responses =	31	27	73	64	9	8	114	1.0

Invalid responses include no response.



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CANADIAN REFERENCE GROUP

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FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	24	77	59	81	5	56	88	77.2
1 Yes	7	23	10	14	3	33	21	18.4
99 Don't know	0	0	4	6	1	11	5	4.4
Valid responses =	31	27	73	64	9	8	114	1.0

Invalid responses include no response.

22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.)

in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	48	80	113	56	12	60	176	61.5
1 Yes	10	17	82	41	8	40	100	35.0
99 Don't know	2	3	7	4	0	0	10	3.5
Valid responses =	60	21	202	71	20	7	286	2.5

Invalid responses include no response.

22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	7	70	60	73	1	13	68	68.0
1 Yes	2	20	20	24	7	88	29	29.0
99 Don't know	1	10	2	2	0	0	3	3.0
Valid responses =	10	10	82	82	8	8	100	0.9

Invalid responses include no response.

22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6	60	68	83	3	38	77	77.0
1 Yes	4	40	13	16	5	63	22	22.0
99 Don't know	0	0	1	1	0	0	1	1.0
Valid responses =	10	10	82	82	8	8	100	0.9

Invalid responses include no response.

22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	26	72	24	48	8	73	60	60.0
1 Yes	7	19	26	52	3	27	36	36.0
99 Don't know	3	8	0	0	0	0	4	4.0
Valid responses =	36	36	50	50	11	11	100	0.9

Invalid responses include no response.

22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5	71	18	69	2	67	25	69.4
1 Yes	2	29	7	27	1	33	10	27.8
99 Don't know	0	0	1	4	0	0	1	2.8
Valid responses =	7	19	26	72	3	8	36	0.3

Invalid responses include no response.



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22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: **(only includes students who were prescribed this substance)**

Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5	71	16	62	1	33	22	61.1
1 Yes	2	29	9	35	2	67	13	36.1
99 Don't know	0	0	1	4	0	0	1	2.8
Valid responses =	7	19	26	72	3	8	36	0.3

Invalid responses include no response.

22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

**(only includes students who have used this substance within the last 3 months)**

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	279	34	585	31	39	25	913	31.3
3 Once or twice	126	15	286	15	26	17	442	15.1
4 Monthly	39	5	122	6	12	8	173	5.9
5 Weekly	105	13	225	12	22	14	355	12.2
6 Daily or almost daily	282	34	682	36	57	37	1036	35.5
Valid responses =	831	28	1900	65	156	5	2919	25.8

Invalid responses include no response.

22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

**(only includes students who have used this substance within the last 3 months)**

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	942	48	2373	43	167	40	3514	44.3
3 Once or twice	398	20	1332	24	108	26	1853	23.3
4 Monthly	216	11	606	11	51	12	882	11.1
5 Weekly	312	16	918	17	66	16	1307	16.5
6 Daily or almost daily	106	5	241	4	28	7	380	4.8
Valid responses =	1974	25	5470	69	420	5	7936	70.1

Invalid responses include no response.

22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

**(only includes students who have used this substance within the last 3 months)**

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) *[Please report nonmedical use only.]*

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	440	42	1026	36	66	25	1546	37.0
3 Once or twice	184	18	601	21	52	20	846	20.2
4 Monthly	88	8	269	10	24	9	384	9.2
5 Weekly	150	14	385	14	45	17	585	14.0
6 Daily or almost daily	188	18	539	19	76	29	822	19.7
Valid responses =	1050	25	2820	67	263	6	4183	36.9

Invalid responses include no response.

22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

**(only includes students who have used this substance within the last 3 months)**

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	58	56	92	49	7	41	160	51.4
3 Once or twice	13	13	50	27	6	35	69	22.2
4 Monthly	15	15	15	8	1	6	31	10.0
5 Weekly	13	13	19	10	1	6	33	10.6
6 Daily or almost daily	4	4	11	6	2	12	18	5.8
Valid responses =	103	33	187	60	17	5	311	2.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	55	50	82	40	9	36	146	42.3
3 Once or twice	28	25	47	23	9	36	84	24.3
4 Monthly	8	7	23	11	2	8	34	9.9
5 Weekly	12	11	20	10	4	16	36	10.4
6 Daily or almost daily	8	7	33	16	1	4	45	13.0
Valid responses =	111	32	205	59	25	7	345	3.0

Invalid responses include no response.

22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	6	32	5	39	2	25	13	31.7
3 Once or twice	4	21	5	39	1	13	10	24.4
4 Monthly	2	11	1	8	3	38	6	14.6
5 Weekly	5	26	0	0	1	13	6	14.6
6 Daily or almost daily	2	11	2	15	1	13	6	14.6
Valid responses =	19	46	13	32	8	20	41	0.4

Invalid responses include no response.

22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	23	59	11	50	4	44	39	53.4
3 Once or twice	8	21	4	18	3	33	15	20.5
4 Monthly	3	8	1	5	2	22	6	8.2
5 Weekly	1	3	4	18	0	0	6	8.2
6 Daily or almost daily	4	10	2	9	0	0	7	9.6
Valid responses =	39	53	22	30	9	12	73	0.6

Invalid responses include no response.

22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	16	26	69	34	3	15	91	31.7
3 Once or twice	19	31	61	30	4	20	84	29.3
4 Monthly	9	15	19	9	4	20	32	11.1
5 Weekly	7	12	25	12	4	20	36	12.5
6 Daily or almost daily	10	16	28	14	5	25	44	15.3
Valid responses =	61	21	202	70	20	7	287	2.5

Invalid responses include no response.

22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	110	57	165	53	26	54	304	53.6
3 Once or twice	48	25	81	26	12	25	146	25.7
4 Monthly	22	11	35	11	4	8	65	11.5
5 Weekly	9	5	20	6	2	4	31	5.5
6 Daily or almost daily	5	3	11	4	4	8	21	3.7
Valid responses =	194	34	312	55	48	8	567	5.0

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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American College Health Association

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(410) 859-1500

[www.acha.org](http://www.acha.org)

CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	22	0	0	0	0	2	9.5
3 Once or twice	2	22	1	33	2	33	6	28.6
4 Monthly	2	22	0	0	1	17	3	14.3
5 Weekly	2	22	2	67	2	33	6	28.6
6 Daily or almost daily	1	11	0	0	1	17	4	19.0
Valid responses =	9	43	3	14	6	29	21	0.2

Invalid responses include no response.

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	15	41	27	53	4	36	46	45.1
3 Once or twice	6	16	10	20	4	36	20	19.6
4 Monthly	4	11	4	8	1	9	11	10.8
5 Weekly	6	16	2	4	2	18	10	9.8
6 Daily or almost daily	6	16	8	16	0	0	15	14.7
Valid responses =	37	36	51	50	11	11	102	0.9

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	6	17	12	38	4	31	24	27.9
3 Once or twice	6	17	3	9	2	15	11	12.8
4 Monthly	5	14	3	9	2	15	10	11.6
5 Weekly	7	19	4	13	1	8	13	15.1
6 Daily or almost daily	12	33	10	31	4	31	28	32.6
Valid responses =	36	42	32	37	13	15	86	0.8

Invalid responses include no response.

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	675	79	1542	79	109	69	2349	78.4
4 Once or twice	74	9	194	10	22	14	293	9.8
5 Monthly	35	4	69	4	10	6	117	3.9
6 Weekly	34	4	67	3	10	6	114	3.8
7 Daily or almost daily	39	5	79	4	7	4	125	4.2
Valid responses =	857	29	1951	65	158	5	2998	26.5

Invalid responses include no response.

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1761	87	4858	86	379	88	7061	86.5
4 Once or twice	178	9	517	9	32	7	734	9.0
5 Monthly	50	3	132	2	11	3	198	2.4
6 Weekly	37	2	102	2	8	2	147	1.8
7 Daily or almost daily	9	0	15	0	1	0	26	0.3
Valid responses =	2035	25	5624	69	431	5	8166	72.1

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	911	84	2536	87	223	82	3704	85.8
4 Once or twice	92	9	219	8	25	9	344	8.0
5 Monthly	36	3	68	2	10	4	118	2.7
6 Weekly	29	3	52	2	6	2	90	2.1
7 Daily or almost daily	19	2	35	1	7	3	63	1.5
Valid responses =	1087	25	2910	67	271	6	4319	38.1

Invalid responses include no response.

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	84	81	160	83	12	71	260	81.7
4 Once or twice	6	6	18	9	3	18	27	8.5
5 Monthly	8	8	8	4	1	6	17	5.3
6 Weekly	5	5	5	3	1	6	12	3.8
7 Daily or almost daily	1	1	1	1	0	0	2	0.6
Valid responses =	104	33	192	60	17	5	318	2.8

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	95	86	166	81	18	72	281	81.7
4 Once or twice	6	5	24	12	2	8	32	9.3
5 Monthly	7	6	7	3	4	16	18	5.2
6 Weekly	3	3	2	1	1	4	7	2.0
7 Daily or almost daily	0	0	6	3	0	0	6	1.7
Valid responses =	111	32	205	60	25	7	344	3.0

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	10	53	8	62	3	38	21	51.2
4 Once or twice	2	11	3	23	2	25	7	17.1
5 Monthly	1	5	0	0	1	13	3	7.3
6 Weekly	5	26	2	15	2	25	9	22.0
7 Daily or almost daily	1	5	0	0	0	0	1	2.4
Valid responses =	19	46	13	32	8	20	41	0.4

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	29	71	19	83	6	67	55	72.4
4 Once or twice	7	17	1	4	1	11	9	11.8
5 Monthly	2	5	1	4	1	11	5	6.6
6 Weekly	2	5	1	4	1	11	5	6.6
7 Daily or almost daily	1	2	1	4	0	0	2	2.6
Valid responses =	41	54	23	30	9	12	76	0.7

Invalid responses include no response.



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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	47	77	181	89	12	60	242	84.0
4 Once or twice	6	10	8	4	3	15	17	5.9
5 Monthly	5	8	5	3	4	20	15	5.2
6 Weekly	2	3	7	3	0	0	10	3.5
7 Daily or almost daily	1	2	2	1	1	5	4	1.4
Valid responses =	61	21	203	70	20	7	288	2.5

Invalid responses include no response.

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	183	92	294	93	43	86	531	91.9
4 Once or twice	10	5	14	4	3	6	27	4.7
5 Monthly	4	2	4	1	2	4	11	1.9
6 Weekly	3	2	2	1	1	2	7	1.2
7 Daily or almost daily	0	0	1	0	1	2	2	0.3
Valid responses =	200	35	315	54	50	9	578	5.1

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	44	0	0	0	0	4	19.0
4 Once or twice	2	22	1	33	4	67	7	33.3
5 Monthly	1	11	1	33	2	33	5	23.8
6 Weekly	2	22	1	33	0	0	4	19.0
7 Daily or almost daily	0	0	0	0	0	0	1	4.8
Valid responses =	9	43	3	14	6	29	21	0.2

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	24	65	43	84	7	64	74	72.5
4 Once or twice	4	11	4	8	1	9	9	8.8
5 Monthly	5	14	2	4	3	27	12	11.8
6 Weekly	4	11	1	2	0	0	6	5.9
7 Daily or almost daily	0	0	1	2	0	0	1	1.0
Valid responses =	37	36	51	50	11	11	102	0.9

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	24	67	29	85	9	64	64	71.9
4 Once or twice	3	8	1	3	2	14	6	6.7
5 Monthly	5	14	2	6	2	14	10	11.2
6 Weekly	3	8	1	3	1	7	5	5.6
7 Daily or almost daily	1	3	1	3	0	0	4	4.5
Valid responses =	36	40	34	38	14	16	89	0.8

Invalid responses include no response.



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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1792	88	5009	89	386	89	7256	88.8
5 Once or twice	182	9	477	9	31	7	694	8.5
6 Monthly	26	1	84	2	11	3	123	1.5
7 Weekly	23	1	50	1	3	1	77	0.9
8 Daily or almost daily	11	1	7	0	1	0	19	0.2
Valid responses =	2034	25	5627	69	432	5	8169	72.2

Invalid responses include no response.

22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	893	82	2512	86	214	79	3660	84.7
5 Once or twice	113	10	280	10	39	14	436	10.1
6 Monthly	32	3	47	2	4	2	86	2.0
7 Weekly	28	3	51	2	10	4	91	2.1
8 Daily or almost daily	19	2	23	1	4	2	47	1.1
Valid responses =	1085	25	2913	67	271	6	4320	38.2

Invalid responses include no response.

22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	79	77	171	89	13	77	268	84.0
5 Once or twice	11	11	12	6	2	12	25	7.8
6 Monthly	3	3	6	3	0	0	9	2.8
7 Weekly	8	8	3	2	2	12	14	4.4
8 Daily or almost daily	2	2	1	1	0	0	3	0.9
Valid responses =	103	32	193	61	17	5	319	2.8

Invalid responses include no response.

22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	98	90	185	91	20	80	305	89.2
5 Once or twice	2	2	11	5	2	8	15	4.4
6 Monthly	2	2	3	2	1	4	7	2.0
7 Weekly	6	6	3	2	2	8	12	3.5
8 Daily or almost daily	1	1	2	1	0	0	3	0.9
Valid responses =	109	32	204	60	25	7	342	3.0

Invalid responses include no response.

22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	9	47	10	77	5	63	24	58.5
5 Once or twice	3	16	2	15	0	0	5	12.2
6 Monthly	3	16	0	0	0	0	3	7.3
7 Weekly	3	16	1	8	3	38	8	19.5
8 Daily or almost daily	1	5	0	0	0	0	1	2.4
Valid responses =	19	46	13	32	8	20	41	0.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	29	74	21	91	6	67	57	77.0
5 Once or twice	3	8	0	0	0	0	3	4.1
6 Monthly	3	8	0	0	0	0	3	4.1
7 Weekly	4	10	2	9	3	33	10	13.5
8 Daily or almost daily	0	0	0	0	0	0	1	1.4
Valid responses =	39	53	23	31	9	12	74	0.7

Invalid responses include no response.

22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	49	82	174	86	16	80	242	84.6
5 Once or twice	3	5	19	9	0	0	22	7.7
6 Monthly	4	7	3	2	1	5	9	3.1
7 Weekly	3	5	5	3	3	15	11	3.8
8 Daily or almost daily	1	2	1	1	0	0	2	0.7
Valid responses =	60	21	202	71	20	7	286	2.5

Invalid responses include no response.

22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	183	92	299	95	43	86	536	92.7
5 Once or twice	8	4	11	4	3	6	22	3.8
6 Monthly	6	3	2	1	2	4	10	1.7
7 Weekly	3	2	3	1	2	4	9	1.6
8 Daily or almost daily	0	0	0	0	0	0	1	0.2
Valid responses =	200	35	315	54	50	9	578	5.1

Invalid responses include no response.

22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	38	0	0	0	0	3	15.0
5 Once or twice	2	25	1	33	3	50	6	30.0
6 Monthly	2	25	1	33	1	17	4	20.0
7 Weekly	1	13	1	33	2	33	6	30.0
8 Daily or almost daily	0	0	0	0	0	0	1	5.0
Valid responses =	8	40	3	15	6	30	20	0.2

Invalid responses include no response.

22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	26	70	45	88	7	64	79	78.2
5 Once or twice	0	0	2	4	1	9	3	3.0
6 Monthly	6	16	0	0	0	0	6	5.9
7 Weekly	5	14	2	4	2	18	9	8.9
8 Daily or almost daily	0	0	2	4	1	9	4	4.0
Valid responses =	37	37	51	50	11	11	101	0.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?  
of you because of your use of the following substance(s)? (only includes students who have used this substance within the last 3 months)  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	24	67	27	79	9	64	61	68.5
5 Once or twice	3	8	2	6	2	14	7	7.9
6 Monthly	2	6	3	9	1	7	8	9.0
7 Weekly	6	17	2	6	2	14	11	12.4
8 Daily or almost daily	1	3	0	0	0	0	2	2.2
Valid responses =	36	40	34	38	14	16	89	0.8

Invalid responses include no response.

22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	945	72	2498	78	170	68	3651	75.9
3 Yes, not in the past 3 months	170	13	350	11	49	20	580	12.1
6 Yes, in the past 3 months	201	15	343	11	31	12	579	12.0
Valid responses =	1316	27	3191	66	250	5	4810	42.5

Invalid responses include no response.

22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1913	86	5341	89	386	81	7707	87.4
3 Yes, not in the past 3 months	169	8	419	7	58	12	656	7.4
6 Yes, in the past 3 months	142	6	274	5	31	7	453	5.1
Valid responses =	2224	25	6034	68	475	5	8816	77.9

Invalid responses include no response.

22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1218	82	3538	87	264	74	5067	84.4
3 Yes, not in the past 3 months	145	10	287	7	52	15	498	8.3
6 Yes, in the past 3 months	128	9	264	7	39	11	437	7.3
Valid responses =	1491	25	4089	68	355	6	6002	53.0

Invalid responses include no response.

22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	212	78	504	80	41	71	770	79.1
3 Yes, not in the past 3 months	39	14	94	15	14	24	148	15.2
6 Yes, in the past 3 months	21	8	30	5	3	5	55	5.7
Valid responses =	272	28	628	65	58	6	973	8.6

Invalid responses include no response.

22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	255	90	463	88	34	63	764	86.9
3 Yes, not in the past 3 months	18	6	40	8	14	26	74	8.4
6 Yes, in the past 3 months	9	3	24	5	6	11	41	4.7
Valid responses =	282	32	527	60	54	6	879	7.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	39	66	88	73	11	41	140	66.7
3 Yes, not in the past 3 months	16	27	26	22	14	52	57	27.1
6 Yes, in the past 3 months	4	7	6	5	2	7	13	6.2
Valid responses =	59	28	120	57	27	13	210	1.9

Invalid responses include no response.

22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	111	86	114	88	25	81	254	85.8
3 Yes, not in the past 3 months	12	9	9	7	3	10	25	8.4
6 Yes, in the past 3 months	6	5	7	5	3	10	17	5.7
Valid responses =	129	44	130	44	31	10	296	2.6

Invalid responses include no response.

22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	129	81	383	82	38	69	564	80.9
3 Yes, not in the past 3 months	18	11	53	11	13	24	86	12.3
6 Yes, in the past 3 months	13	8	29	6	4	7	47	6.7
Valid responses =	160	23	465	67	55	8	697	6.2

Invalid responses include no response.

22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	451	89	857	90	92	79	1424	79
3 Yes, not in the past 3 months	40	8	79	8	23	20	144	9.0
6 Yes, in the past 3 months	15	3	18	2	2	2	37	2.3
Valid responses =	506	32	954	59	117	7	1605	14.2

Invalid responses include no response.

22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	10	46	18	64	3	27	31	48.4
3 Yes, not in the past 3 months	8	36	7	25	4	36	19	29.7
6 Yes, in the past 3 months	4	18	3	11	4	36	14	21.9
Valid responses =	22	34	28	44	11	17	64	0.6

Invalid responses include no response.

22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	108	80	213	84	27	66	355	80.5
3 Yes, not in the past 3 months	17	13	34	13	11	27	63	14.3
6 Yes, in the past 3 months	10	7	8	3	3	7	23	5.2
Valid responses =	135	31	255	58	41	9	441	3.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	31	63	54	78	11	58	101	68.7
3 Yes, not in the past 3 months	9	18	7	10	5	26	22	15.0
6 Yes, in the past 3 months	9	18	8	12	3	16	24	16.3
Valid responses =	49	33	69	47	19	13	147	1.3

Invalid responses include no response.

22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	921	70	2338	73	161	64	3455	90.5
3 Yes, not in the past 3 months	183	14	385	12	53	21	629	13.1
6 Yes, in the past 3 months	213	16	468	15	36	14	727	15.1
Valid responses =	1317	27	3191	66	250	5	4811	42.5

Invalid responses include no response.

22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2007	90	5494	91	415	88	7985	90.5
3 Yes, not in the past 3 months	96	4	241	4	39	8	386	4.4
6 Yes, in the past 3 months	125	6	305	5	20	4	453	5.1
Valid responses =	2228	25	6040	68	474	5	8824	77.9

Invalid responses include no response.

22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1209	81	3530	86	272	76	5061	84.3
3 Yes, not in the past 3 months	118	8	210	5	38	11	373	6.2
6 Yes, in the past 3 months	165	11	350	9	47	13	572	9.5
Valid responses =	1492	25	4090	68	357	6	6006	53.0

Invalid responses include no response.

22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	225	82	541	86	45	79	825	84.8
3 Yes, not in the past 3 months	27	10	65	10	10	18	102	10.5
6 Yes, in the past 3 months	21	8	21	3	2	4	46	4.7
Valid responses =	273	28	627	64	57	6	973	8.6

Invalid responses include no response.

22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	253	90	476	90	39	72	780	88.8
3 Yes, not in the past 3 months	16	6	35	7	12	22	64	7.3
6 Yes, in the past 3 months	12	4	16	3	3	6	34	3.9
Valid responses =	281	32	527	60	54	6	878	7.8

Invalid responses include no response.

22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	43	73	93	77	17	63	155	73.5
3 Yes, not in the past 3 months	9	15	22	18	9	33	41	19.4
6 Yes, in the past 3 months	7	12	6	5	1	4	15	7.1
Valid responses =	59	28	121	57	27	13	211	1.9

Invalid responses include no response.





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CANADIAN REFERENCE GROUP

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FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

**2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	112	88	115	89	25	78	256	86.5
3 Yes, not in the past 3 months	7	6	9	7	6	19	23	7.8
6 Yes, in the past 3 months	9	7	6	5	1	3	17	5.7
Valid responses =	128	43	130	44	32	11	296	2.6

Invalid responses include no response.

**2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	135	84	396	85	40	73	586	83.8
3 Yes, not in the past 3 months	13	8	44	9	13	24	71	10.2
6 Yes, in the past 3 months	13	8	26	6	2	4	42	6.0
Valid responses =	161	23	466	67	55	8	699	6.2

Invalid responses include no response.

**2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	475	94	908	95	107	91	1514	94.2
3 Yes, not in the past 3 months	16	3	40	4	9	8	68	4.2
6 Yes, in the past 3 months	12	2	10	1	2	2	25	1.6
Valid responses =	503	31	958	60	118	7	1607	14.2

Invalid responses include no response.

**22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Heroin**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	11	50	20	71	2	18	33	51.6
3 Yes, not in the past 3 months	5	23	7	25	8	73	20	31.3
6 Yes, in the past 3 months	6	27	1	4	1	9	11	17.2
Valid responses =	22	34	28	44	11	17	64	0.6

Invalid responses include no response.

**22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	108	80	219	86	28	68	361	82.0
3 Yes, not in the past 3 months	14	10	30	12	11	27	56	12.7
6 Yes, in the past 3 months	13	10	6	2	2	5	23	5.2
Valid responses =	135	31	255	58	41	9	440	3.9

Invalid responses include no response.

**22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Other**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	32	64	55	79	12	63	105	70.9
3 Yes, not in the past 3 months	8	16	8	11	3	16	20	13.5
6 Yes, in the past 3 months	10	20	7	10	4	21	23	15.5
Valid responses =	50	34	70	47	19	13	148	1.3

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2314	98	6261	100	476	97	9139	99.2
1 Yes, not in the past 3 months	21	1	18	0	9	2	50	0.5
2 Yes, in the past 3 months	17	1	4	0	4	1	28	0.3
Valid responses =	2352	26	6283	68	489	5	9217	81.4

Invalid responses include no response.

22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY]

(only includes students who have used drugs by injection within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	14	82	3	75	3	75	21	80.8
1 More than once per week	3	18	1	25	1	25	5	19.2
Valid responses =	17	65	4	15	4	15	26	0.2

Invalid responses include no response.

23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)  
Cigarettes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	382	47	1063	57	69	45	1527	53.6
2 Yes	428	53	790	43	86	56	1322	46.4
Valid responses =	810	28	1853	65	155	5	2849	25.2

Invalid responses include no response.

23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)  
E-cigarettes or other vape products (for example: Juul, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	212	26	342	18	32	21	597	20.5
2 Yes	606	74	1571	82	120	79	2317	79.5
Valid responses =	818	28	1913	66	152	5	2914	25.7

Invalid responses include no response.

23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)  
Water pipe or hookah

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	633	84	1556	87	124	88	2338	86.1
2 Yes	124	16	231	13	17	12	378	13.9
Valid responses =	757	28	1787	66	141	5	2716	24.0

Invalid responses include no response.

23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)  
Chewing or smokeless tobacco

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	686	91	1734	98	136	97	2583	96.0
2 Yes	68	9	35	2	4	3	109	4.0
Valid responses =	754	28	1769	66	140	5	2692	23.8

Invalid responses include no response.

23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)  
Cigars or little cigars

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	569	74	1672	94	126	89	2338	88.1
2 Yes	200	26	105	6	15	11	324	11.9
Valid responses =	769	28	1777	65	141	5	2716	24.0

Invalid responses include no response.

23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	506	94	1261	99	89	93	1872	97.1
2 Yes	32	6	13	1	7	7	55	2.9
Valid responses =	538	28	1274	66	96	5	1927	17.0

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1392	46	3165	42	199	34	4802	42.6
2 Within the last 2 weeks	676	23	1765	23	192	33	2671	23.7
3 More than 2 weeks but within 30 days	165	6	394	5	25	4	592	5.3
4 More than 30 days but within 3 months	206	7	563	7	46	8	820	7.3
5 More than 3 months but within 12 months	246	8	710	9	56	10	1022	9.1
6 More than 12 months ago	326	11	966	13	62	11	1364	12.1
Valid responses =	3011	27	7563	67	580	5	11271	99.5

Invalid responses include no response.

25A) When, if ever, was the last time you drank alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	569	19	1085	14	70	12	1743	15.5
2 Within the last 2 weeks	1531	51	3985	53	257	44	5826	51.6
3 More than 2 weeks but within 30 days	244	8	816	11	72	12	1147	10.2
4 More than 30 days but within 3 months	312	10	850	11	99	17	1276	11.3
5 More than 3 months but within 12 months	200	7	519	7	47	8	777	6.9
6 More than 12 months ago	159	5	311	4	36	6	511	4.5
Valid responses =	3015	27	7566	67	581	5	11280	99.6

Invalid responses include no response.

25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1275	61	3513	62	262	61	5104	62.0
2 Yes	809	39	2127	38	165	39	3128	38.0
Valid responses =	2084	25	5640	69	427	5	8232	72.7

Invalid responses include no response.

25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you intend to get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1247	60	3449	61	256	60	5005	60.9
2 Yes	832	40	2182	39	172	40	3215	39.1
Valid responses =	2079	25	5631	69	428	5	8220	72.6

Invalid responses include no response.

26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	23	1	70	1	8	2	105	1.3
1 1 to 2 Drinks	812	39	2514	45	201	47	3561	43.4
2 3 to 4 Drinks	465	22	1418	25	118	28	2015	24.6
3 5 to 6 Drinks	331	16	920	16	60	14	1318	16.1
4 7 to 8 Drinks	192	9	424	8	14	3	640	7.8
5 9 to 10 Drinks	123	6	169	3	9	2	305	3.7
6 11 or More Drinks	137	7	111	2	14	3	263	3.2
Total	2083	25	5626	69	424	5	8207	72.5

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	4.49	3.00	4.08	0	46
Cis Women	3.57	3.00	3.23	0	80
Trans/Gender Non-conforming	3.35	3.00	3	0	30
Overall	3.79	3.00	3.48	0	80



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Number of Surveys (n) = 11322 Web Surveys

27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	45	2	113	2	12	3	172	2.1
1 1 to 2 Hours	729	35	1856	33	166	39	2779	33.9
2 3 to 4 Hours	739	36	1928	34	148	35	2841	34.6
3 5 to 6 Hours	427	21	1356	24	79	19	1874	22.9
4 7 to 8 Hours	98	5	289	5	10	2	402	4.9
5 9 to 10 Hours	22	1	51	1	6	1	79	1.0
6 11 or More Hours	21	1	29	1	3	1	53	0.6
Total	2081	25	5622	69	424	5	8200	72.4

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.47	3.00	2.45	0	48
Cis Women	3.54	3.00	2.13	0	36
Trans/Gender Non-conforming	3.21	3.00	2.04	0	12
Overall	3.50	3.00	2.21	0	48

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	673	44	1802	45	137	54	2643	45.5
2 1 time	367	24	1075	27	63	25	1511	26.0
3 2 times	229	15	558	14	26	10	818	14.1
4 3 times	101	7	248	6	15	6	366	6.3
5 4 times	68	5	142	4	6	2	217	3.7
6 5 times	46	3	76	2	3	1	126	2.2
7 6 times	12	1	26	1	4	2	43	0.7
8 7 times	10	1	14	0	0	0	24	0.4
9 8 times	5	0	6	0	1	0	12	0.2
10 9 times	5	0	6	0	0	0	11	0.2
11 10 or more times	12	1	23	1	1	0	38	0.7
Total	1528	26	3976	68	256	4	5809	51.3

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Did something I later regretted

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1802	79	4649	76	378	80	6899	76.9
2 Yes	475	21	1494	24	93	20	2078	23.1
Valid responses =	2277	25	6143	68	471	5	8977	79.3

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2041	89	5416	88	421	90	7961	88.6
2 Yes	242	11	732	12	49	10	1026	11.4
Valid responses =	2283	25	6148	68	470	5	8987	79.4

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1799	79	4631	75	372	79	6876	76.5
2 Yes	483	21	1519	25	99	21	2113	23.5
Valid responses =	2282	25	6150	68	471	5	8989	79.4

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Got in trouble with the police

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2252	99	6101	99	469	100	8907	99.2
2 Yes	28	1	43	1	2	0	74	0.8
Valid responses =	2280	25	6144	68	471	5	8981	79.3

Invalid responses include no response.



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CANADIAN REFERENCE GROUP

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FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Got in trouble with college/university authorities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2251	99	6102	99	469	100	8907	99.2
2 Yes	27	1	41	1	2	0	71	0.8
Valid responses =	2278	25	6143	68	471	5	8978	79.3

Invalid responses include no response.

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Someone had sex with me without my consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2262	99	6023	98	450	96	8820	98.2
2 Yes	20	1	119	2	20	4	160	1.8
Valid responses =	2282	25	6142	68	470	5	8980	79.3

Invalid responses include no response.

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had sex with someone without their consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2275	100	6142	100	469	99	8971	99.7
2 Yes	8	0	16	0	3	1	28	0.3
Valid responses =	2283	25	6158	68	472	5	8999	79.5

Invalid responses include no response.

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had unprotected sex

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1993	87	5204	85	412	88	7688	85.5
2 Yes	289	13	950	15	59	13	1304	14.5
Valid responses =	2282	25	6154	68	471	5	8992	79.4

Invalid responses include no response.

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured myself

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2074	91	5469	89	417	88	8037	89.5
2 Yes	205	9	677	11	55	12	946	10.5
Valid responses =	2279	25	6146	68	472	5	8983	79.3

Invalid responses include no response.

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured another person

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2257	99	6102	99	463	98	8905	99.1
2 Yes	22	1	46	1	8	2	78	0.9
Valid responses =	2279	25	6148	68	471	5	8983	79.3

Invalid responses include no response.

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Seriously considered suicide

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2201	97	5912	96	426	90	8616	95.9
2 Yes	81	4	236	4	46	10	372	4.1
Valid responses =	2282	25	6148	68	472	5	8988	79.4

Invalid responses include no response.

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Needed medical help

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2250	99	6064	99	456	97	8852	98.7
2 Yes	28	1	73	1	15	3	118	1.3
Valid responses =	2278	25	6137	68	471	5	8970	79.2

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

30A) Within the last 30 days, did you drive after drinking any alcohol at all?

(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1042	84	2998	89	134	84	4207	87.9
2 Yes	192	16	358	11	26	16	580	12.1
Valid responses =	1234	26	3356	70	160	3	4787	42.3

Invalid responses include no response.

30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	2167	95	5970	97	443	94	8659	96.2
2 Alcohol use negatively impacted performance in class	105	5	147	2	26	6	281	3.1
3 Alcohol use delayed progress towards degree	12	1	41	1	3	1	57	0.6
Valid responses =	2284	25	6158	68	472	5	8997	79.5

Invalid responses include no response.

31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?

(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	433	75	1201	80	79	70	1729	77.9
2 Yes	143	25	304	20	34	30	490	22.1
Valid responses =	576	26	1505	68	113	5	2219	19.6

Invalid responses include no response.

31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance?

(only includes students who used cannabis within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	1107	89	3102	93	269	87	4523	91.9
2 Marijuana use negatively impacted performance in class	106	9	159	5	31	10	300	6.1
3 Marijuana use delayed progress towards degree	30	2	60	2	8	3	100	2.0
Valid responses =	1243	25	3321	67	308	6	4923	43.5

Invalid responses include no response.

32) Do you identify as a person in recovery from alcohol or other drug use?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2360	97	6327	98	469	92	9246	97.2
2 Yes	77	3	150	2	39	8	270	2.8
Valid responses =	2437	26	6477	68	508	5	9516	84.0

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

33A) When, if ever, was the last time you had:

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1148	38	2518	34	228	40	3928	35.3
2 Within the last 2 weeks	890	30	2451	33	156	27	3524	31.6
3 More than 2 weeks but within 30 days	202	7	638	9	47	8	895	8.0
4 More than 30 days but within 3 months	217	7	604	8	36	6	868	7.8
5 More than 3 months but within 12 months	241	8	620	8	55	10	926	8.3
6 More than 12 months ago	290	10	639	9	54	9	997	9.0
Valid responses =	2988	27	7470	67	576	5	11138	98.4

Invalid responses include no response.

33B) When, if ever, was the last time you had:

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1282	43	2597	35	294	51	4213	37.8
2 Within the last 2 weeks	899	30	2777	37	134	23	3835	34.4
3 More than 2 weeks but within 30 days	161	5	548	7	28	5	747	6.7
4 More than 30 days but within 3 months	193	7	493	7	30	5	724	6.5
5 More than 3 months but within 12 months	201	7	503	7	34	6	745	6.7
6 More than 12 months ago	246	8	556	7	54	9	870	7.8
Valid responses =	2982	27	7474	67	574	5	11134	98.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

33C) When, if ever, was the last time you had:

Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2314	78	5959	80	408	71	8755	79.0
2 Within the last 2 weeks	114	4	133	2	31	5	281	2.5
3 More than 2 weeks but within 30 days	53	2	86	1	15	3	156	1.4
4 More than 30 days but within 3 months	95	3	183	3	18	3	299	2.7
5 More than 3 months but within 12 months	111	4	271	4	27	5	412	3.7
6 More than 12 months ago	284	10	805	11	75	13	1181	10.7
Valid responses =	2971	27	7437	67	574	5	11084	97.9

Invalid responses include no response.

34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse?

(only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	18	1	10	0	1	0	30	0.5
1 1 Partner	1127	67	3367	73	202	67	4740	71.2
2 2 Partners	190	11	510	11	38	13	743	11.2
3 3 Partners	106	6	249	5	21	7	380	5.7
4 4 Partners	54	3	158	3	17	6	229	3.4
5 5 Partners	50	3	113	2	8	3	171	2.6
6 6 Partners	25	2	55	1	7	2	89	1.3
7 7 Partners	17	1	48	1	1	0	66	1.0
8 8 to 10 Partners	43	3	79	2	1	0	124	1.9
9 11 or More Partners	42	3	39	1	5	2	87	1.3
Valid responses =	1672	25	4628	69	301	5	6659	58.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.22	1.00	3.36	0	50
Cis Women	1.81	1.00	2.26	0	50
Trans/Gender Non-conforming	2.07	1.00	4.21	0	68
Overall	1.93	1.00	2.79	0	68

35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Women or females

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	152	9	4107	93	183	64	4477	69.7
2 Yes	1489	91	333	8	103	36	1945	30.3
Valid responses =	1641	26	4440	69	286	4	6422	56.7

Invalid responses include no response.

35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Men or males

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1421	90	203	4	95	34	1740	26.7
2 Yes	165	10	4396	96	187	66	4781	73.3
Valid responses =	1586	24	4599	71	282	4	6521	57.6

Invalid responses include no response.

35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Trans women

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1557	99	4390	100	256	93	6253	99.3
2 Yes	12	1	13	0	19	7	45	0.7
Valid responses =	1569	25	4403	70	275	4	6298	55.6

Invalid responses include no response.

35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Trans men

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1555	99	4377	100	254	93	6232	99.1
2 Yes	12	1	19	0	19	7	56	0.9
Valid responses =	1567	25	4396	70	273	4	6288	55.5

Invalid responses include no response.



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35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Genderqueer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1535	98	4338	99	212	76	6125	97.2
2 Yes	36	2	62	1	68	24	178	2.8
Valid responses =	1571	25	4400	70	280	4	6303	55.7
Invalid responses include no response.								

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Person(s) with another identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1559	99	4366	99	236	89	6207	98.8
2 Yes	14	1	27	1	30	11	76	1.2
Valid responses =	1573	25	4393	70	266	4	6283	55.5
Invalid responses include no response.								

36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during: (only includes students that have had oral sex within the last 30 days)

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	975	89	2850	93	172	85	4026	91.3
2 Rarely	36	3	83	3	10	5	129	2.9
3 Sometimes	24	2	49	2	6	3	80	1.8
4 Most of the time	20	2	32	1	6	3	60	1.4
5 Always	35	3	67	2	9	4	114	2.6
Valid responses =	1090	25	3081	70	203	5	4409	38.9
Invalid responses include no response.								

36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	436	41	1654	50	70	44	2179	47.8
2 Rarely	99	9	269	8	15	9	384	8.4
3 Sometimes	92	9	302	9	16	10	414	9.1
4 Most of the time	151	14	371	11	21	13	547	12.0
5 Always	277	26	716	22	37	23	1037	22.7
Valid responses =	1055	23	3312	73	159	3	4561	40.3
Invalid responses include no response.								

36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during: (only includes students that have had anal intercourse within the last 30 days)

Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	91	55	141	65	25	54	260	59.9
2 Rarely	13	8	11	5	11	24	35	8.1
3 Sometimes	25	15	12	6	4	9	42	9.7
4 Most of the time	17	10	12	6	2	4	31	7.1
5 Always	20	12	41	19	4	9	66	15.2
Valid responses =	166	38	217	50	46	11	434	3.8
Invalid responses include no response.								

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?

(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	1184	82	3604	83	174	77	5001	82.7
2 No, not want prevent pregnancy	50	3	93	2	7	3	151	2.5
3 No, did not use any method	188	13	589	14	41	18	825	13.6
4 Don't know	31	2	33	1	4	2	70	1.2
Valid responses =	1453	24	4319	71	226	4	6047	53.4
Invalid responses include no response.								





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FREQUENCY REPORT

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38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)

(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control pills (monthly or extended cycle)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	682	58	2131	59	119	68	2961	59.2
1 Selected	502	42	1473	41	55	32	2040	40.8
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.

38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)

(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control shots

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1171	99	3560	99	168	97	4937	98.7
1 Selected	13	1	44	1	6	3	64	1.3
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.

38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)

(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control implants

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1146	97	3543	98	173	99	4900	98.0
1 Selected	38	3	61	2	1	1	101	2.0
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.

38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)

(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control patch

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1170	99	3555	99	172	99	4933	98.6
1 Selected	14	1	49	1	2	1	68	1.4
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.

38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)

(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

The ring

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1169	99	3546	98	171	98	4923	98.4
1 Selected	15	1	58	2	3	2	78	1.6
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.

38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)

(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Emergency contraception ("morning after pill" or "Plan B")

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1130	95	3446	96	169	97	4781	95.6
1 Selected	54	5	158	4	5	3	220	4.4
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.

38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)

(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Intrauterine device (IUD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	920	78	2739	76	119	68	3804	76.1
1 Selected	264	22	865	24	55	32	1197	23.9
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.





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38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Male (external) condom

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	579	49	2078	58	88	51	2767	55.3
1 Selected	605	51	1526	42	86	49	2234	44.7
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.

38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Female (internal) condom

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1180	100	3592	100	174	100	4984	99.7
1 Selected	4	0	12	0	0	0	17	0.3
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.

38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Diaphragm or cervical cap

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1182	100	3604	100	174	100	4998	99.9
1 Selected	2	0	0	0	0	0	3	0.1
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.

38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Contraceptive sponge

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1183	100	3604	100	174	100	4999	100.0
1 Selected	1	0	0	0	0	0	2	0.0
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.

38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Withdrawal

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	973	82	2861	79	148	85	4015	80.3
1 Selected	211	18	743	21	26	15	986	19.7
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.

38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Fertility awareness (for example: calendar, mucous, and basal body temperature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1152	97	3399	94	163	94	4750	95.0
1 Selected	32	3	205	6	11	6	251	5.0
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.

38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Sterilization (for example: hysterectomy, tubes tied, or vasectomy)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1157	98	3516	98	171	98	4881	97.6
1 Selected	27	2	88	2	3	2	120	2.4
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.



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**38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Don't know

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1170	99	3593	100	171	98	4971	99.4
1 Selected	14	1	11	0	3	2	30	0.6
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.

**38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Other method

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1169	99	3576	99	169	97	4952	99.0
1 Selected	15	1	28	1	5	3	49	1.0
Valid responses =	1184	24	3604	72	174	3	5001	44.2

Invalid responses include no response.

**39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")?**  
(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1182	82	3504	81	186	83	4911	81.4
2 Yes	204	14	738	17	26	12	973	16.1
3 Don't know	47	3	8	0	6	3	64	1.1
4 Not applicable	14	1	62	1	7	3	85	1.4
Valid responses =	1447	24	4312	71	225	4	6033	53.3

Invalid responses include no response.

**40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1389	96	4198	97	211	93	5843	96.7
2 Yes, unintentionally	23	2	64	2	10	4	100	1.7
3 Yes, intentionally	25	2	43	1	2	1	70	1.2
4 Don't know	14	1	13	0	3	1	31	0.5
Valid responses =	1451	24	4318	71	226	4	6044	53.4

Invalid responses include no response.

**41A1) During the past month, how often do you feel-Happy?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	80	3	99	1	12	2	200	1.8
1 Once or twice	269	9	602	8	62	11	950	8.4
2 About once a week	333	11	807	11	109	19	1261	11.2
3 About 2 or 3 times a week	936	31	2563	34	222	38	3747	33.3
4 Almost every day	1049	35	2801	37	152	26	4034	35.9
5 Every day	339	11	683	9	24	4	1057	9.4
Valid responses =	3006	27	7555	67	581	5	11249	99.4

Invalid responses include no response or multiple responses.

**41A2) During the past month, how often do you feel-Interested in life?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	99	3	170	2	19	3	302	2.7
1 Once or twice	264	9	678	9	99	17	1057	9.4
2 About once a week	369	12	972	13	99	17	1453	12.9
3 About 2 or 3 times a week	747	25	2101	28	195	34	3063	27.3
4 Almost every day	967	32	2526	34	116	20	3640	32.4
5 Every day	559	19	1103	15	52	9	1724	15.3
Valid responses =	3005	27	7550	67	580	5	11239	99.3

Invalid responses include no response or multiple responses.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

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(410) 859-1500

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CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

## 41A3) During the past month, how often do you feel-Satisfied with life?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	276	9	459	6	74	13	830	7.4
1 Once or twice	383	13	966	13	116	20	1486	13.2
2 About once a week	424	14	1171	16	131	23	1740	15.5
3 About 2 or 3 times a week	771	26	2105	28	149	26	3047	27.2
4 Almost every day	786	26	2154	29	79	14	3037	27.1
5 Every day	361	12	678	9	29	5	1076	9.6
Valid responses =	3001	27	7533	67	578	5	11216	99.1

Invalid responses include no response or multiple responses.

## 41A4) During the past month, how often do you feel-That you had something important to contribute to society?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	417	14	941	13	121	21	1505	13.4
1 Once or twice	496	17	1352	18	136	23	2002	17.8
2 About once a week	446	15	1331	18	104	18	1892	16.8
3 About 2 or 3 times a week	661	22	1728	23	118	20	2528	22.5
4 Almost every day	612	20	1552	21	71	12	2253	20.1
5 Every day	367	12	641	9	30	5	1049	9.3
Valid responses =	2999	27	7545	67	580	5	11229	99.2

Invalid responses include no response or multiple responses.

## 41A5) During the past month, how often do you feel-That you belonged to a community (like a social group or your neighborhood)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	435	15	1048	14	114	20	1622	14.4
1 Once or twice	467	16	1363	18	122	21	1969	17.5
2 About once a week	432	14	1162	15	103	18	1706	15.2
3 About 2 or 3 times a week	620	21	1641	22	121	21	2407	21.4
4 Almost every day	627	21	1635	22	81	14	2358	21.0
5 Every day	425	14	711	9	40	7	1191	10.6
Valid responses =	3006	27	7560	67	581	5	11253	99.4

Invalid responses include no response or multiple responses.

## 41A6) During the past month, how often do you feel-That our society is a good place, or is becoming a better place for all people?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	697	23	1640	22	196	34	2578	22.9
1 Once or twice	597	20	1819	24	172	30	2608	23.2
2 About once a week	473	16	1293	17	89	15	1864	16.6
3 About 2 or 3 times a week	550	18	1482	20	70	12	2120	18.9
4 Almost every day	438	15	975	13	34	6	1453	12.9
5 Every day	250	8	342	5	20	3	620	5.5
Valid responses =	3005	27	7551	67	581	5	11243	99.3

Invalid responses include no response or multiple responses.

## 41A7) During the past month, how often do you feel-That people are basically good?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	438	15	897	12	90	16	1451	12.9
1 Once or twice	542	18	1692	22	144	25	2398	21.3
2 About once a week	437	15	1348	18	115	20	1918	17.1
3 About 2 or 3 times a week	700	23	1768	23	109	19	2596	23.1
4 Almost every day	596	20	1365	18	90	16	2067	18.4
5 Every day	292	10	478	6	32	6	809	7.2
Valid responses =	3005	27	7548	67	580	5	11239	99.3

Invalid responses include no response or multiple responses.

## 41B1) During the past month, how often do you feel-That the way our society works makes sense to you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	631	21	2029	27	287	50	2989	26.6
1 Once or twice	537	18	1788	24	121	21	2473	22.0
2 About once a week	503	17	1270	17	69	12	1853	16.5
3 About 2 or 3 times a week	664	22	1482	20	56	10	2214	19.7
4 Almost every day	478	16	783	10	36	6	1304	11.6
5 Every day	192	6	195	3	11	2	402	3.6
Valid responses =	3005	27	7547	67	580	5	11235	99.2

Invalid responses include no response or multiple responses.



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## 41B2) During the past month, how often do you feel-That you liked most parts of your personality?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	189	6	413	6	72	12	691	6.1
1 Once or twice	348	12	1014	13	122	21	1504	13.4
2 About once a week	419	14	1139	15	92	16	1664	14.8
3 About 2 or 3 times a week	765	25	2064	27	141	24	2995	26.6
4 Almost every day	837	28	2125	28	113	20	3091	27.5
5 Every day	448	15	799	11	39	7	1297	11.5
Valid responses =	3006	27	7554	67	579	5	11242	99.3

Invalid responses include no response or multiple responses.

## 41B3) During the past month, how often do you feel-Good at managing the responsibilities of your daily life?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	235	8	500	7	93	16	847	7.5
1 Once or twice	346	12	916	12	114	20	1396	12.4
2 About once a week	446	15	1207	16	106	18	1776	15.8
3 About 2 or 3 times a week	809	27	2062	27	144	25	3042	27.1
4 Almost every day	803	27	2105	28	99	17	3019	26.9
5 Every day	362	12	758	10	25	4	1153	10.3
Valid responses =	3001	27	7548	67	581	5	11233	99.2

Invalid responses include no response or multiple responses.

## 41B4) During the past month, how often do you feel-That you had warm and trusting relationships with others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	179	6	245	3	39	7	471	4.2
1 Once or twice	307	10	738	10	95	16	1157	10.3
2 About once a week	372	12	962	13	84	15	1438	12.8
3 About 2 or 3 times a week	657	22	1747	23	129	22	2554	22.7
4 Almost every day	867	29	2381	32	152	26	3417	30.4
5 Every day	618	21	1473	20	82	14	2192	19.5
Valid responses =	3000	27	7546	67	581	5	11229	99.2

Invalid responses include no response or multiple responses.

## 41B5) During the past month, how often do you feel-That you had experiences that challenged you to grow and become a better person?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	174	6	268	4	51	9	505	4.5
1 Once or twice	394	13	874	12	100	17	1387	12.3
2 About once a week	450	15	1188	16	105	18	1759	15.7
3 About 2 or 3 times a week	785	26	2098	28	157	27	3066	27.3
4 Almost every day	736	25	2034	27	105	18	2889	25.7
5 Every day	465	16	1087	14	63	11	1629	14.5
Valid responses =	3004	27	7549	67	581	5	11235	99.2

Invalid responses include no response or multiple responses.

## 41B6) During the past month, how often do you feel-Confident to think or express your own ideas and opinions?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	171	6	358	5	58	10	599	5.3
1 Once or twice	316	11	874	12	87	15	1290	11.5
2 About once a week	383	13	1155	15	85	15	1634	14.5
3 About 2 or 3 times a week	678	23	2000	27	145	25	2856	25.4
4 Almost every day	833	28	2082	28	135	23	3067	27.3
5 Every day	625	21	1080	14	71	12	1791	15.9
Valid responses =	3006	27	7549	67	581	5	11237	99.2

Invalid responses include no response or multiple responses.

## 41B7) During the past month, how often do you feel-That your life has a sense of direction or meaning to it?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	329	11	691	9	121	21	1169	10.4
1 Once or twice	415	14	1183	16	128	22	1749	15.6
2 About once a week	424	14	1180	16	111	19	1722	15.3
3 About 2 or 3 times a week	635	21	1789	24	104	18	2552	22.7
4 Almost every day	663	22	1712	23	63	11	2451	21.8
5 Every day	541	18	995	13	52	9	1595	14.2
Valid responses =	3007	27	7550	67	579	5	11238	99.3

Invalid responses include no response or multiple responses.



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42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	39	1	92	1	19	3	160	1.4
1 Rarely true	132	4	334	4	52	9	530	4.7
2 Sometimes true	663	22	2045	27	197	34	2942	26.2
3 Often true	1206	40	3190	42	201	35	4628	41.2
4 True nearly all the time	965	32	1890	25	111	19	2983	26.5
Valid responses =	3005	27	7551	67	580	5	11243	99.3

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	68	2	133	2	29	5	241	2.1
1 Rarely true	175	6	470	6	54	9	709	6.3
2 Sometimes true	584	20	2038	27	187	32	2839	25.3
3 Often true	1114	37	2967	39	185	32	4300	38.3
4 True nearly all the time	1058	35	1934	26	125	22	3139	28.0
Valid responses =	2999	27	7542	67	580	5	11228	99.2

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	992	33	1306	17	96	17	2417	21.7
2 Yes	1975	67	6206	83	479	83	8741	78.3
Valid responses =	2967	27	7512	67	575	5	11158	98.6

Invalid responses include no response.

44A) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel nervous?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	224	8	246	3	13	2	489	4.4
1 A little of the time	684	23	1147	15	60	10	1899	16.9
2 Some of the time	1212	40	2769	37	195	34	4209	37.5
3 Most of the time	606	20	2242	30	186	32	3065	27.3
4 All of the time	276	9	1145	15	127	22	1573	14.0
Valid responses =	3002	27	7549	67	581	5	11235	99.2

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel hopeless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	801	27	1516	20	57	10	2386	21.3
1 A little of the time	859	29	2179	29	131	23	3193	28.6
2 Some of the time	811	27	2350	31	190	33	3378	30.2
3 Most of the time	365	12	1018	14	152	26	1555	13.9
4 All of the time	149	5	454	6	50	9	671	6.0
Valid responses =	2985	27	7517	67	580	5	11183	98.8

Invalid responses include no response.

44C) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel restless or fidgety?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	363	12	640	9	22	4	1029	9.2
1 A little of the time	723	24	1466	20	71	12	2270	20.3
2 Some of the time	920	31	2483	33	150	26	3585	32.0
3 Most of the time	651	22	1970	26	184	32	2836	25.4
4 All of the time	326	11	963	13	152	26	1466	13.1
Valid responses =	2983	27	7522	67	579	5	11186	98.8

Invalid responses include no response.



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44D) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	1105	37	1966	26	92	16	3186	28.4
1 A little of the time	893	30	2492	33	165	28	3575	31.9
2 Some of the time	646	22	2045	27	182	31	2904	25.9
3 Most of the time	252	8	743	10	105	18	1113	9.9
4 All of the time	100	3	296	4	37	6	444	4.0
Valid responses =	2996	27	7542	67	581	5	11222	99.1

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel that everything was an effort?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	499	17	842	11	36	6	1384	12.3
1 A little of the time	795	27	1833	24	75	13	2715	24.2
2 Some of the time	886	30	2353	31	154	27	3424	30.5
3 Most of the time	543	18	1646	22	169	29	2380	21.2
4 All of the time	272	9	868	12	147	25	1319	11.8
Valid responses =	2995	27	7542	67	581	5	11222	99.1

Invalid responses include no response.

44F) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel worthless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	1306	44	2874	38	125	22	4328	38.6
1 A little of the time	712	24	1968	26	140	24	2842	25.4
2 Some of the time	574	19	1487	20	141	24	2224	19.8
3 Most of the time	247	8	779	10	104	18	1143	10.2
4 All of the time	155	5	423	6	71	12	669	6.0
Valid responses =	2994	27	7531	67	581	5	11206	99.0

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you.

How often do you feel that you lack companionship?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	985	33	2411	32	134	23	3555	31.6
2 Some of the time	1210	40	3408	45	240	41	4903	43.6
3 Often	811	27	1733	23	207	36	2787	24.8
Valid responses =	3006	27	7552	67	581	5	11245	99.3

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you.

How often do you feel left out?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	1024	34	2070	27	110	19	3225	28.7
2 Some of the time	1378	46	3723	49	262	45	5413	48.1
3 Often	601	20	1758	23	209	36	2605	23.2
Valid responses =	3003	27	7551	67	581	5	11243	99.3

Invalid responses include no response.

45C) Indicate how often each of the statements below is descriptive of you.

How often do you feel isolated from others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	925	31	2047	27	93	16	3080	27.4
2 Some of the time	1272	42	3377	45	217	37	4912	43.7
3 Often	802	27	2126	28	271	47	3245	28.9
Valid responses =	2999	27	7550	67	581	5	11237	99.2

Invalid responses include no response.



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CANADIAN REFERENCE GROUP

## 46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2683	90	6343	84	363	63	9466	84.4
2 Once or twice	221	7	905	12	145	25	1286	11.5
3 Monthly	57	2	201	3	41	7	309	2.8
4 Weekly	17	1	66	1	27	5	113	1.0
5 Daily or almost daily	8	0	27	0	4	1	42	0.4
Valid responses =	2986	27	7542	67	580	5	11216	99.1
Invalid responses include no response.								

## 47A1) Within the last 12 months, have you had problems or challenges with any the following?

### Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1279	43	2971	39	167	29	4451	39.6
2 Yes	1726	57	4586	61	413	71	6798	60.4
Valid responses =	3005	27	7557	67	580	5	11249	99.4
Invalid responses include no response.								

## 47A2) Within the last 12 months, have you had problems or challenges with any the following?

### Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1641	55	3873	51	288	50	5849	52.0
2 Yes	1360	45	3678	49	291	50	5391	48.0
Valid responses =	3001	27	7551	67	579	5	11240	99.3
Invalid responses include no response.								

## 47A3) Within the last 12 months, have you had problems or challenges with any the following?

### Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1494	50	3261	43	234	40	5031	44.8
2 Yes	1506	50	4293	57	345	60	6207	55.2
Valid responses =	3000	27	7554	67	579	5	11238	99.3
Invalid responses include no response.								

## 47A4) Within the last 12 months, have you had problems or challenges with any the following?

### Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	606	20	1266	17	74	13	1969	17.5
2 Yes	2392	80	6281	83	506	87	9262	82.5
Valid responses =	2998	27	7547	67	580	5	11231	99.2
Invalid responses include no response.								

## 47A5) Within the last 12 months, have you had problems or challenges with any the following?

### Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2425	81	6226	83	444	77	9167	81.9
2 Yes	565	19	1301	17	131	23	2029	18.1
Valid responses =	2990	27	7527	67	575	5	11196	98.9
Invalid responses include no response.								





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

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Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

47A6) Within the last 12 months, have you had problems or challenges with any the following?

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1928	64	3770	50	217	37	5955	53.0
2 Yes	1071	36	3772	50	364	63	5274	47.0
Valid responses =	2999	27	7542	67	581	5	11229	99.2

Invalid responses include no response.

47A7) Within the last 12 months, have you had problems or challenges with any the following?

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1801	60	4227	56	317	55	6406	57.2
2 Yes	1187	40	3307	44	261	45	4800	42.8
Valid responses =	2988	27	7534	67	578	5	11206	99.0

Invalid responses include no response.

47A8) Within the last 12 months, have you had problems or challenges with any the following?

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2341	79	5395	72	381	66	8195	73.2
2 Yes	641	22	2130	28	196	34	2994	26.8
Valid responses =	2982	27	7525	67	577	5	11189	98.8

Invalid responses include no response.

47A9) Within the last 12 months, have you had problems or challenges with any the following?

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2282	77	5289	70	383	67	8021	71.8
2 Yes	691	23	2229	30	192	33	3149	28.2
Valid responses =	2973	27	7518	67	575	5	11170	98.7

Invalid responses include no response.

47A10) Within the last 12 months, have you had problems or challenges with any the following?

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1587	53	2319	31	126	22	4072	36.3
2 Yes	1404	47	5215	69	452	78	7137	63.7
Valid responses =	2991	27	7534	67	578	5	11209	99.0

Invalid responses include no response.

47A11) Within the last 12 months, have you had problems or challenges with any the following?

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1748	59	3737	50	261	45	5793	51.7
2 Yes	1240	42	3790	50	316	55	5405	48.3
Valid responses =	2988	27	7527	67	577	5	11198	98.9

Invalid responses include no response.

47A12) Within the last 12 months, have you had problems or challenges with any the following?

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2288	76	5440	72	405	70	8210	73.2
2 Yes	710	24	2098	28	173	30	3012	26.8
Valid responses =	2998	27	7538	67	578	5	11222	99.1

Invalid responses include no response.

47A13) Within the last 12 months, have you had problems or challenges with any the following?

Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2781	93	6915	92	518	89	10305	91.7
2 Yes	215	7	633	8	63	11	927	8.3
Valid responses =	2996	27	7548	67	581	5	11232	99.2

Invalid responses include no response.





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CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

**47A14) Within the last 12 months, have you had problems or challenges with any the following?**  
**Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2846	95	7197	95	512	88	10648	94.9
2 Yes	145	5	346	5	68	12	571	5.1
Valid responses =	2991	27	7543	67	580	5	11219	99.1

Invalid responses include no response.

**47A15) Within the last 12 months, have you had problems or challenges with any the following?**  
**Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2924	98	7401	98	565	97	10992	98.0
2 Yes	67	2	141	2	15	3	228	2.0
Valid responses =	2991	27	7542	67	580	5	11220	99.1

Invalid responses include no response.

**47A16) Within the last 12 months, have you had problems or challenges with any the following?**  
**Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2604	87	5930	79	319	55	8914	79.4
2 Yes	394	13	1614	21	261	45	2314	20.6
Valid responses =	2998	27	7544	67	580	5	11228	99.2

Invalid responses include no response.

**47A17) Within the last 12 months, have you had problems or challenges with any the following?**  
**Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2893	97	6337	84	453	78	9764	87.0
2 Yes	104	4	1203	16	126	22	1456	13.0
Valid responses =	2997	27	7540	67	579	5	11220	99.1

Invalid responses include no response.

**47A18) Within the last 12 months, have you had problems or challenges with any the following?**  
**Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2623	87	6428	85	410	71	9538	85.0
2 Yes	377	13	1112	15	171	29	1687	15.0
Valid responses =	3000	27	7540	67	581	5	11225	99.1

Invalid responses include no response.

**47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?**  
**(only includes students that had problems or challenges with this issue within the last 12 months)**  
**Academics**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	11	1	23	1	1	0	36	0.5
2 Minimal Distress	220	13	340	7	36	9	598	8.8
3 Moderate Distress	677	39	1620	35	150	36	2472	36.5
4 High Distress	811	47	2594	57	225	55	3673	54.2
Valid responses =	1719	25	4577	68	412	6	6779	59.9

Invalid responses include no response.

**47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?**  
**(only includes students that had problems or challenges with this issue within the last 12 months)**  
**Career**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	21	2	51	1	5	2	78	1.5
2 Minimal Distress	299	22	752	21	54	19	1110	20.7
3 Moderate Distress	542	40	1549	42	115	40	2226	41.6
4 High Distress	485	36	1310	36	115	40	1943	36.3
Valid responses =	1347	25	3662	68	289	5	5357	47.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

**47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Finances**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	25	2	35	1	5	2	65	1.1
2 Minimal Distress	321	22	711	17	46	13	1085	17.6
3 Moderate Distress	622	42	1788	42	122	36	2549	41.3
4 High Distress	527	35	1743	41	171	50	2477	40.1
Valid responses =	1495	24	4277	69	344	6	6176	54.5

Invalid responses include no response.

**47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Procrastination**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	58	2	110	2	6	1	174	1.9
2 Minimal Distress	660	28	1423	23	83	16	2187	23.7
3 Moderate Distress	931	39	2412	39	196	39	3559	38.6
4 High Distress	728	31	2308	37	220	44	3295	35.8
Valid responses =	2377	26	6253	68	505	5	9215	81.4

Invalid responses include no response.

**47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Faculty**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	28	5	49	4	2	2	79	3.9
2 Minimal Distress	211	38	470	37	48	37	743	37.1
3 Moderate Distress	205	37	458	36	52	40	720	35.9
4 High Distress	116	21	307	24	28	22	463	23.1
Valid responses =	560	28	1284	64	130	6	2005	17.7

Invalid responses include no response.

**47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Family**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	40	4	77	2	6	2	125	2.4
2 Minimal Distress	373	35	1104	29	100	28	1596	30.5
3 Moderate Distress	398	38	1441	38	125	34	1987	37.9
4 High Distress	248	23	1131	30	133	37	1532	29.2
Valid responses =	1059	20	3753	72	364	7	5240	46.3

Invalid responses include no response.

**47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Intimate relationships**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	71	6	111	3	13	5	197	4.1
2 Minimal Distress	366	31	1090	33	85	33	1556	32.6
3 Moderate Distress	398	34	1170	36	73	28	1651	34.5
4 High Distress	349	30	921	28	90	35	1375	28.8
Valid responses =	1184	25	3292	69	261	5	4779	42.2

Invalid responses include no response.

**47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Roommate/housemate**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	45	7	82	4	4	2	132	4.4
2 Minimal Distress	261	41	726	34	71	36	1063	35.7
3 Moderate Distress	203	32	717	34	58	30	987	33.2
4 High Distress	127	20	596	28	62	32	795	26.7
Valid responses =	636	21	2121	71	195	7	2977	26.3

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

**47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	71	10	109	5	8	4	191	6.1
2 Minimal Distress	350	51	1022	46	89	47	1472	47.1
3 Moderate Distress	182	27	751	34	72	38	1019	32.6
4 High Distress	81	12	335	15	22	12	446	14.3
Valid responses =	684	22	2217	71	191	6	3128	27.6

Invalid responses include no response.

**47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	62	5	86	2	13	3	162	2.3
2 Minimal Distress	645	46	1785	34	119	27	2572	36.2
3 Moderate Distress	453	33	1996	39	174	39	2645	37.3
4 High Distress	233	17	1324	26	143	32	1720	24.2
Valid responses =	1393	20	5191	73	449	6	7099	62.7

Invalid responses include no response.

**47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	63	5	103	3	11	4	179	3.3
2 Minimal Distress	412	33	1163	31	93	30	1685	31.3
3 Moderate Distress	460	37	1473	39	114	36	2067	38.4
4 High Distress	298	24	1032	27	97	31	1446	26.9
Valid responses =	1233	23	3771	70	315	6	5377	47.5

Invalid responses include no response.

**47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	35	5	57	3	8	5	101	3.4
2 Minimal Distress	160	23	388	19	43	25	596	19.9
3 Moderate Distress	261	37	678	32	51	30	1001	33.4
4 High Distress	252	36	967	46	71	41	1302	43.4
Valid responses =	708	24	2090	70	173	6	3000	26.5

Invalid responses include no response.

**47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	26	12	53	8	2	3	82	8.9
2 Minimal Distress	81	38	218	35	29	47	335	36.4
3 Moderate Distress	62	29	209	33	16	26	290	31.5
4 High Distress	43	20	152	24	15	24	214	23.2
Valid responses =	212	23	632	69	62	7	921	8.1

Invalid responses include no response.

**47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	25	17	29	8	5	7	60	10.5
2 Minimal Distress	55	38	112	32	29	43	200	35.1
3 Moderate Distress	40	28	108	31	18	27	167	29.3
4 High Distress	24	17	97	28	16	24	143	25.1
Valid responses =	144	25	346	61	68	12	570	5.0

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

**47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	18	27	29	21	3	20	51	22.7
2 Minimal Distress	16	24	52	37	3	20	72	32.0
3 Moderate Distress	17	26	26	19	6	40	51	22.7
4 High Distress	15	23	33	24	3	20	51	22.7
Valid responses =	66	29	140	62	15	7	225	2.0

Invalid responses include no response.

**47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	77	20	138	9	8	3	228	9.9
2 Minimal Distress	177	45	805	50	124	48	1128	49.0
3 Moderate Distress	93	24	451	28	99	38	653	28.3
4 High Distress	44	11	215	13	30	12	295	12.8
Valid responses =	391	17	1609	70	261	11	2304	20.3

Invalid responses include no response.

**47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	18	18	52	4	8	6	79	5.4
2 Minimal Distress	32	31	475	40	38	30	554	38.2
3 Moderate Distress	30	29	405	34	42	33	482	33.2
4 High Distress	22	22	269	22	38	30	336	23.2
Valid responses =	102	7	1201	83	126	9	1451	12.8

Invalid responses include no response.

**47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	44	12	60	5	7	4	113	6.7
2 Minimal Distress	168	45	459	41	62	36	696	41.4
3 Moderate Distress	91	24	358	32	60	35	516	30.7
4 High Distress	73	19	232	21	42	25	357	21.2
Valid responses =	376	22	1109	66	171	10	1682	14.9

Invalid responses include no response.

**47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	717	53	2100	57	161	56	3007	56.0
2 Negatively impacted performance in a class	459	34	1109	30	98	34	1683	31.4
3 Delayed progress towards degree	178	13	455	12	31	11	676	12.6
Valid responses =	1354	25	3664	68	290	5	5366	47.4

Invalid responses include no response.

**47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	786	53	2505	59	175	51	3487	56.5
2 Negatively impacted performance in a class	499	33	1209	28	115	33	1844	29.9
3 Delayed progress towards degree	213	14	560	13	55	16	844	13.7
Valid responses =	1498	24	4274	69	345	6	6175	54.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

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(410) 859-1500

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CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	546	23	1640	26	110	22	2311	25.1
2 Negatively impacted performance in a class	1386	58	3632	58	297	59	5353	58.1
3 Delayed progress towards degree	450	19	981	16	96	19	1551	16.8
Valid responses =	2382	26	6253	68	503	5	9215	81.4

Invalid responses include no response.

47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	178	32	518	40	41	32	744	37.1
2 Negatively impacted performance in a class	277	50	559	43	68	52	917	45.8
3 Delayed progress towards degree	102	18	210	16	21	16	342	17.1
Valid responses =	557	28	1287	64	130	6	2003	17.7

Invalid responses include no response.

47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	649	61	2323	62	215	59	3217	61.5
2 Negatively impacted performance in a class	317	30	1123	30	121	33	1584	30.3
3 Delayed progress towards degree	96	9	298	8	27	7	429	8.2
Valid responses =	1062	20	3744	72	363	7	5230	46.2

Invalid responses include no response.

47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	728	62	2130	65	155	60	3036	63.7
2 Negatively impacted performance in a class	374	32	951	29	91	35	1427	29.9
3 Delayed progress towards degree	77	7	206	6	14	5	302	6.3
Valid responses =	1179	25	3287	69	260	5	4765	42.1

Invalid responses include no response.

47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	432	68	1450	68	127	66	2020	67.9
2 Negatively impacted performance in a class	156	25	552	26	55	29	774	26.0
3 Delayed progress towards degree	49	8	119	6	11	6	183	6.1
Valid responses =	637	21	2121	71	193	6	2977	26.3

Invalid responses include no response.

47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	488	71	1640	74	141	74	2285	73.1
2 Negatively impacted performance in a class	172	25	502	23	45	24	731	23.4
3 Delayed progress towards degree	27	4	71	3	5	3	110	3.5
Valid responses =	687	22	2213	71	191	6	3126	27.6

Invalid responses include no response.



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**47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Personal appearance**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1160	83	4362	84	350	78	5919	83.4
2 Negatively impacted performance in a class	193	14	679	13	91	20	975	13.7
3 Delayed progress towards degree	45	3	146	3	8	2	205	2.9
Valid responses =	1398	20	5187	73	449	6	7099	62.7

Invalid responses include no response.

**47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Health of someone close to me**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	846	69	2590	69	193	62	3665	68.1
2 Negatively impacted performance in a class	301	24	934	25	102	33	1350	25.1
3 Delayed progress towards degree	86	7	252	7	18	6	365	6.8
Valid responses =	1233	23	3776	70	313	6	5380	47.5

Invalid responses include no response.

**47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Death of a family member, friend, or someone close to me**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	393	56	1007	48	86	50	1501	50.1
2 Negatively impacted performance in a class	238	34	833	40	63	37	1145	38.2
3 Delayed progress towards degree	76	11	249	12	23	13	350	11.7
Valid responses =	707	24	2089	70	172	6	2996	26.5

Invalid responses include no response.

**47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	138	65	404	64	40	64	588	64.1
2 Negatively impacted performance in a class	59	28	171	27	23	37	257	28.0
3 Delayed progress towards degree	14	7	54	9	0	0	72	7.9
Valid responses =	211	23	629	69	63	7	917	8.1

Invalid responses include no response.

**47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	100	70	219	64	48	71	374	66.1
2 Negatively impacted performance in a class	34	24	93	27	18	27	148	26.1
3 Delayed progress towards degree	9	6	31	9	2	3	44	7.8
Valid responses =	143	25	343	61	68	12	566	5.0

Invalid responses include no response.

**47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	32	49	88	63	7	47	128	57.4
2 Negatively impacted performance in a class	25	39	34	25	6	40	67	30.0
3 Delayed progress towards degree	8	12	17	12	2	13	28	12.6
Valid responses =	65	29	139	62	15	7	223	2.0

Invalid responses include no response.



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**47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype) Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	307	78	1291	80	204	78	1830	79.4
2 Negatively impacted performance in a class	66	17	259	16	46	18	378	16.4
3 Delayed progress towards degree	19	5	59	4	11	4	96	4.2
Valid responses =	392	17	1609	70	261	11	2304	20.3

Invalid responses include no response.

**47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	71	70	930	77	93	74	1108	76.4
2 Negatively impacted performance in a class	19	19	206	17	26	21	256	17.6
3 Delayed progress towards degree	12	12	65	5	7	6	87	6.0
Valid responses =	102	7	1201	83	126	9	1451	12.8

Invalid responses include no response.

**47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

Discrimination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	264	70	778	70	106	62	1160	69.1
2 Negatively impacted performance in a class	80	21	241	22	53	31	380	22.6
3 Delayed progress towards degree	32	9	88	8	12	7	139	8.3
Valid responses =	376	22	1107	66	171	10	1679	14.8

Invalid responses include no response.

**48) Within the last 30 days, how would you rate the overall level of stress you have experienced?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	80	3	49	1	4	1	135	1.2
2 Low	678	23	971	13	43	7	1704	15.1
3 Moderate	1405	47	3593	48	253	44	5293	47.0
4 High	845	28	2956	39	279	48	4134	36.7
Valid responses =	3008	27	7569	67	579	5	11266	99.5

Invalid responses include no response.

**49) Have you ever thought about or attempted to kill yourself?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1540	51	3305	44	78	14	4954	44.0
2 Just a brief passing thought	827	28	2217	29	152	26	3225	28.7
3 Planned at least once, but did not try to do it	332	11	899	12	124	21	1368	12.2
4 Planned at least once, wanted to die	184	6	537	7	104	18	843	7.5
5 Attempted, but did not want to die	43	1	272	4	23	4	341	3.0
6 Attempted, really hoped to die	81	3	327	4	98	17	517	4.6
Valid responses =	3007	27	7557	67	579	5	11248	99.3

Invalid responses include no response.

**50) How often have you thought about killing yourself in the past year?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1940	65	4385	58	153	27	6514	57.9
2 Rarely (1 time)	411	14	1176	16	99	17	1701	15.1
3 Sometimes (2 times)	309	10	949	13	116	20	1391	12.4
4 Often (3-4 times)	133	4	484	6	63	11	696	6.2
5 Very often (5 or more times)	210	7	565	8	147	25	941	8.4
Valid responses =	3003	27	7559	67	578	5	11243	99.3

Invalid responses include no response.





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## 51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2420	81	5589	74	308	53	8380	74.5
2 Yes, one time, did not want to die	286	10	911	12	88	15	1298	11.5
3 Yes, one time, wanted to die	131	4	454	6	65	11	661	5.9
4 Yes, more than once, did not want to do it	96	3	314	4	41	7	460	4.1
5 Yes, more than once, wanted to do it	75	3	286	4	77	13	445	4.0
Valid responses =	3008	27	7554	67	579	5	11244	99.3

Invalid responses include no response.

## 52) How likely is it that you will attempt suicide someday?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1852	62	4459	59	140	24	6497	57.8
1 No chance at all	402	13	1029	14	85	15	1527	13.6
2 Rather unlikely	474	16	1243	16	167	29	1906	17.0
3 Unlikely	165	6	518	7	96	17	792	7.0
4 Likely	62	2	202	3	55	10	325	2.9
5 Rather likely	27	1	66	1	22	4	119	1.1
6 Very likely	23	1	40	1	12	2	76	0.7
Valid responses =	3005	27	7557	67	577	5	11242	99.3

Invalid responses include no response.

## 53) Within the last 12 months, have you attempted suicide?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2912	97	7353	98	534	93	10897	97.1
2 Yes	86	3	183	2	43	8	320	2.9
Valid responses =	2998	27	7536	67	577	5	11217	99.1

Invalid responses include no response.

## 54A) Have you ever received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1981	66	3567	47	149	26	5738	51.0
2 Yes	1029	34	4001	53	428	74	5522	49.0
Valid responses =	3010	27	7568	67	577	5	11260	99.5

Invalid responses include no response.

## 54B) Within the last 12 months, have you received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2443	81	4854	64	266	46	7623	67.7
2 Yes	564	19	2710	36	312	54	3633	32.3
Valid responses =	3007	27	7564	67	578	5	11256	99.4

Invalid responses include no response.

## 54C1) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

My current campus health and/or counseling center?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	324	60	1604	61	161	53	2108	60.0
2 Yes	219	40	1022	39	145	47	1408	40.0
Valid responses =	543	15	2626	75	306	9	3516	31.1

Invalid responses include no response.

## 54C2) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider in the local community near my campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	445	82	2050	79	215	71	2737	78.5
2 Yes	95	18	553	21	87	29	750	21.5
Valid responses =	540	15	2603	75	302	9	3487	30.8

Invalid responses include no response.





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54C3) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider in my home town?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	50	1229	47	158	52	1685	47.8
2 Yes	276	50	1398	53	145	48	1838	52.2
Valid responses =	549	16	2627	75	303	9	3523	31.1

Invalid responses include no response.

54C4) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider not described above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	408	85	1805	83	208	81	2449	82.8
2 Yes	73	15	379	17	48	19	507	17.2
Valid responses =	481	16	2184	74	256	9	2956	26.1

Invalid responses include no response.

55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1617	54	2493	33	164	29	4314	38.4
2 Yes	1392	46	5064	67	412	72	6930	61.6
Valid responses =	3009	27	7557	67	576	5	11244	99.3

Invalid responses include no response.

55B1) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)  
My current campus health center?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1054	81	3697	76	250	63	5036	76.0
2 Yes	256	20	1165	24	150	38	1592	24.0
Valid responses =	1310	20	4862	73	400	6	6628	58.5

Invalid responses include no response.

55B2) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)  
A medical service provider in the local community near my campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1000	76	3683	76	276	69	4998	75.5
2 Yes	316	24	1161	24	125	31	1621	24.5
Valid responses =	1316	20	4844	73	401	6	6619	58.5

Invalid responses include no response.

55B3) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)  
A medical service provider in my home town?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	337	25	1103	22	139	35	1600	23.7
2 Yes	1013	75	3848	78	263	65	5163	76.3
Valid responses =	1350	20	4951	73	402	6	6763	59.7

Invalid responses include no response.

55B4) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)  
A medical service provider not described above?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	974	91	3501	91	300	91	4813	90.8
2 Yes	97	9	352	9	31	9	489	9.2
Valid responses =	1071	20	3853	73	331	6	5302	46.8

Invalid responses include no response.



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**56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2236	74	4524	60	359	62	7188	63.9
2 Yes	178	6	2914	39	164	28	3282	29.2
3 Don't know	32	1	70	1	7	1	112	1.0
4 Not applicable	563	19	55	1	47	8	670	6.0
Valid responses =	3009	27	7563	67	577	5	11252	99.4
Invalid responses include no response.								

**57) Have you had a dental exam and cleaning in the last 12 months?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1018	34	1996	26	195	34	3254	28.9
2 Yes	1954	65	5448	72	374	65	7834	69.5
3 Don't know	41	1	124	2	10	2	177	1.6
Valid responses =	3013	27	7568	67	579	5	11265	99.5
Invalid responses include no response.								

**58) When you are outdoors in the sun, how often do you wear sunscreen?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	700	23	530	7	70	12	1321	11.7
2 Rarely	846	28	1257	17	134	23	2267	20.1
3 Sometimes	826	27	2161	29	171	30	3185	28.3
4 Usually	536	18	2559	34	154	27	3270	29.0
5 Always	104	4	1064	14	51	9	1227	10.9
Valid responses =	3012	27	7571	67	580	5	11270	99.5
Invalid responses include no response.								

**59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?**

**Wear a shirt with sleeves**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	557	19	1294	17	87	15	1953	17.4
2 Rarely	641	21	1670	22	116	20	2445	21.8
3 Sometimes	764	26	2502	33	169	29	3463	30.9
4 Usually	721	24	1475	20	145	25	2364	21.1
5 Always	318	11	584	8	61	11	976	8.7
Valid responses =	3001	27	7525	67	578	5	11201	98.9
Invalid responses include no response.								

**59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?**

**Wear sunglasses**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	578	19	900	12	103	18	1594	14.2
2 Rarely	501	17	1026	14	101	18	1646	14.7
3 Sometimes	747	25	1903	25	136	24	2813	25.1
4 Usually	798	27	2492	33	142	25	3458	30.9
5 Always	371	12	1217	16	96	17	1698	15.1
Valid responses =	2995	27	7538	67	578	5	11209	99.0
Invalid responses include no response.								

**59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?**

**Stay in the shade**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	200	7	362	5	24	4	591	5.3
2 Rarely	405	14	1085	14	65	11	1564	13.9
3 Sometimes	1219	41	3170	42	186	32	4607	41.1
4 Usually	1004	33	2386	32	235	41	3666	32.7
5 Always	175	6	541	7	66	12	792	7.1
Valid responses =	3003	27	7544	67	576	5	11220	99.1
Invalid responses include no response.								



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59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear a hat

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	510	17	1289	17	103	18	1917	17.1
2 Rarely	499	17	1824	24	110	19	2455	21.9
3 Sometimes	819	27	2650	35	193	33	3695	33.0
4 Usually	773	26	1349	18	122	21	2265	20.2
5 Always	385	13	415	6	50	9	856	7.7
Valid responses =	2986	27	7527	67	578	5	11188	98.8

Invalid responses include no response.

60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	1949	66	3233	44	375	66	5619	51.1
1 1 time	98	3	193	3	14	3	306	2.8
2 2 times	146	5	392	5	40	7	584	5.3
3 3 times	115	4	294	4	21	4	435	4.0
4 4 times	42	1	208	3	12	2	263	2.4
5 5 times	96	3	434	6	24	4	555	5.0
6 6 to 10 times	191	7	897	12	36	6	1128	10.3
7 11 to 15 times	66	2	296	4	11	2	374	3.4
8 16 to 20 times	67	2	427	6	16	3	514	4.7
9 21 to 49 times	86	3	588	8	7	1	681	6.2
10 50 or More times	86	3	441	6	11	2	540	4.9
Valid responses =	2942	27	7403	67	567	5	10999	97.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	4.96	0.00	15.28	0	300
Cis Women	10.71	2.00	21.89	0	365
Trans/Gender Non-conforming	3.81	0.00	11.83	0	100
Overall	8.77	0.00	20.11	0	365

61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	1047	35	1659	22	115	20	2839	25.3
2 Have started, but not completed HPV vaccine	54	2	248	3	28	5	331	3.0
3 Completed HPV vaccine	637	21	3769	50	273	47	4715	42.1
4 I don't know my HPV vaccination status	1258	42	1868	25	163	28	3325	29.7
Valid responses =	2996	27	7544	67	579	5	11210	99.0

Invalid responses include no response.

62) Did you have a flu vaccine within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1884	63	4667	62	326	56	6919	61.7
2 Yes	942	31	2615	35	220	38	3820	34.0
3 Don't know	178	6	261	4	33	6	480	4.3
Valid responses =	3004	27	7543	67	579	5	11219	99.1

Invalid responses include no response.

63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2953	99	7385	98	565	98	10991	98.3
2 Yes	42	1	137	2	11	2	193	1.7
Valid responses =	2995	27	7522	67	576	5	11184	98.8

Invalid responses include no response.

63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2944	99	7388	99	568	99	10990	98.5
2 Yes	44	2	115	2	4	1	164	1.5
Valid responses =	2988	27	7503	67	572	5	11154	98.5

Invalid responses include no response.



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63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2938	99	7351	99	564	100	10941	99.4
2 Yes	21	1	43	1	1	0	67	0.6
Valid responses =	2959	27	7394	67	565	5	11008	97.2

Invalid responses include no response.

63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2503	84	5695	76	451	79	8724	78.1
2 Yes	487	16	1822	24	123	21	2449	21.9
Valid responses =	2990	27	7517	67	574	5	11173	98.7

Invalid responses include no response.

63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2897	97	7219	96	557	97	10760	96.4
2 Yes	90	3	293	4	19	3	406	3.6
Valid responses =	2987	27	7512	67	576	5	11166	98.6

Invalid responses include no response.

63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2961	100	7460	100	568	100	11075	99.6
2 Yes	16	1	23	0	3	1	44	0.4
Valid responses =	2977	27	7483	67	571	5	11119	98.2

Invalid responses include no response.

63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2741	92	6748	90	528	93	10104	90.9
2 Yes	239	8	727	10	43	8	1012	9.1
Valid responses =	2980	27	7475	67	571	5	11116	98.2

Invalid responses include no response.

63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2950	100	7436	100	572	100	11046	99.7
2 Yes	16	1	19	0	1	0	37	0.3
Valid responses =	2966	27	7455	67	573	5	11083	97.9

Invalid responses include no response.

63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2931	99	7383	99	570	100	10972	99.0
2 Yes	26	1	77	1	3	1	107	1.0
Valid responses =	2957	27	7460	67	573	5	11079	97.9

Invalid responses include no response.

63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2766	93	6847	91	515	89	10207	91.4
2 Yes	223	8	664	9	61	11	959	8.6
Valid responses =	2989	27	7511	67	576	5	11166	98.6

Invalid responses include no response.



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63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2968	99	7459	99	569	99	11086	99.4
2 Yes	17	1	43	1	6	1	67	0.6
Valid responses =	2985	27	7502	67	575	5	11153	98.5

Invalid responses include no response.

63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2949	99	7382	99	566	99	10997	99.0
2 Yes	29	1	79	1	7	1	116	1.0
Valid responses =	2978	27	7472	67	573	5	11113	98.2

Invalid responses include no response.

63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2947	99	7382	99	568	100	10985	99.3
2 Yes	26	1	53	1	2	0	82	0.7
Valid responses =	2973	27	7435	67	570	5	11067	97.7

Invalid responses include no response.

63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2855	96	6952	93	531	93	10424	93.8
2 Yes	130	4	551	7	41	7	727	6.5
Valid responses =	2985	27	7503	67	572	5	11151	98.5

Invalid responses include no response.

63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2945	99	6465	86	512	89	10004	89.8
2 Yes	39	1	1025	14	62	11	1134	10.2
Valid responses =	2984	27	7490	67	574	5	11138	98.4

Invalid responses include no response.

63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2430	97	5707	94	422	93	8628	94.7
2 Yes	87	4	352	6	32	7	484	5.3
Valid responses =	2517	28	6059	66	454	5	9112	80.5

Invalid responses include no response.

63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	24	60	72	54	5	46	102	54.5
2 Negatively impacted performance in a class	10	25	57	43	5	46	73	39.0
3 Delayed progress towards degree	6	15	5	4	1	9	12	6.4
Valid responses =	40	21	134	72	11	6	187	1.7

Invalid responses include no response.



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**63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	27	68	98	88	1	25	127	81.4
2 Negatively impacted performance in a class	10	25	12	11	2	50	24	15.4
3 Delayed progress towards degree	3	8	1	1	1	25	5	3.2
Valid responses =	40	26	111	71	4	3	156	1.4

Invalid responses include no response.

**63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	13	68	39	91	1	100	54	84.4
2 Negatively impacted performance in a class	4	21	3	7	0	0	7	10.9
3 Delayed progress towards degree	2	11	1	2	0	0	3	4.7
Valid responses =	19	30	43	67	1	2	64	0.6

Invalid responses include no response.

**63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	302	62	889	49	65	53	1267	51.9
2 Negatively impacted performance in a class	162	33	844	46	54	44	1065	43.6
3 Delayed progress towards degree	21	4	86	5	3	3	110	4.5
Valid responses =	485	20	1819	74	122	5	2442	21.6

Invalid responses include no response.

**63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	33	39	85	29	4	22	123	31.2
2 Negatively impacted performance in a class	39	46	143	50	11	61	193	49.0
3 Delayed progress towards degree	12	14	61	21	3	17	78	19.8
Valid responses =	84	21	289	73	18	5	394	3.5

Invalid responses include no response.

**63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	10	71	22	96	2	67	35	85.4
2 Negatively impacted performance in a class	1	7	0	0	1	33	2	4.9
3 Delayed progress towards degree	3	21	1	4	0	0	4	9.8
Valid responses =	14	34	23	56	3	7	41	0.4

Invalid responses include no response.

**63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	121	52	353	49	18	43	493	49.4
2 Negatively impacted performance in a class	98	42	323	45	24	57	446	44.7
3 Delayed progress towards degree	14	6	45	6	0	0	59	5.9
Valid responses =	233	23	721	72	42	4	998	8.8

Invalid responses include no response.



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**63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	10	71	17	90	1	100	29	82.9
2 Negatively impacted performance in a class	3	21	1	5	0	0	4	11.4
3 Delayed progress towards degree	1	7	1	5	0	0	2	5.7
Valid responses =	14	40	19	54	1	3	35	0.3

Invalid responses include no response.

**63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	9	38	34	45	1	33	44	42.7
2 Negatively impacted performance in a class	11	46	34	45	2	67	47	45.6
3 Delayed progress towards degree	4	17	8	11	0	0	12	11.7
Valid responses =	24	23	76	74	3	3	103	0.9

Invalid responses include no response.

**63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	144	66	430	65	37	61	617	64.7
2 Negatively impacted performance in a class	60	27	193	29	22	36	277	29.1
3 Delayed progress towards degree	16	7	39	6	2	3	59	6.2
Valid responses =	220	23	662	69	61	6	953	8.4

Invalid responses include no response.

**63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	11	69	31	72	3	50	45	69.2
2 Negatively impacted performance in a class	4	25	8	19	2	33	14	21.5
3 Delayed progress towards degree	1	6	4	9	1	17	6	9.2
Valid responses =	16	25	43	66	6	9	65	0.6

Invalid responses include no response.

**63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	11	39	34	44	3	43	48	42.5
2 Negatively impacted performance in a class	13	46	33	42	4	57	50	44.2
3 Delayed progress towards degree	4	14	11	14	0	0	15	13.3
Valid responses =	28	25	78	69	7	6	113	1.0

Invalid responses include no response.

**63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	16	67	37	71	1	50	54	69.2
2 Negatively impacted performance in a class	5	21	12	23	1	50	18	23.1
3 Delayed progress towards degree	3	13	3	6	0	0	6	7.7
Valid responses =	24	31	52	67	2	3	78	0.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Spring 2022

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### CANADIAN REFERENCE GROUP

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Number of Surveys (n) = 11322 Web Surveys

#### 63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	73	58	279	51	22	54	377	52.4
2 Negatively impacted performance in a class	42	33	236	43	18	44	298	41.4
3 Delayed progress towards degree	12	9	31	6	1	2	44	6.1
Valid responses =	127	18	546	76	41	6	719	6.4

Invalid responses include no response.

#### 63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	27	73	747	74	44	72	824	73.8
2 Negatively impacted performance in a class	7	19	243	24	16	26	268	24.0
3 Delayed progress towards degree	3	8	21	2	1	2	25	2.2
Valid responses =	37	3	1011	91	61	5	1117	9.9

Invalid responses include no response.

#### 63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	51	62	194	59	16	52	268	59.4
2 Negatively impacted performance in a class	23	28	104	32	15	48	144	31.9
3 Delayed progress towards degree	8	10	29	9	0	0	39	8.6
Valid responses =	82	18	327	73	31	7	451	4.0

Invalid responses include no response.

#### 64) Have you ever been tested for HIV?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	215	7	568	8	55	10	843	7.5
2 Yes, more than 12 months ago	248	8	742	10	75	13	1077	9.6
3 No	2421	80	5685	75	412	71	8589	76.4
4 Unsure	126	4	568	8	35	6	736	6.5
Valid responses =	3010	27	7563	67	577	5	11245	99.3

Invalid responses include no response.

#### 64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infections?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2919	97	7444	99	563	98	11019	98.2
2 Yes	85	3	103	1	13	2	204	1.8
Valid responses =	3004	27	7547	67	576	5	11223	99.1

Invalid responses include no response.

#### 65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2390	80	5326	71	423	73	8208	73.6
2 Yes	598	20	2174	29	153	27	2942	26.4
Valid responses =	2988	27	7500	67	576	5	11150	98.5

Invalid responses include no response.

#### 65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2656	89	6604	88	417	72	9736	87.2
2 Yes	341	11	898	12	160	28	1425	12.8
Valid responses =	2997	27	7502	67	577	5	11161	98.6

Invalid responses include no response.





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65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2941	98	7401	99	547	95	10971	98.2
2 Yes	57	2	111	2	31	5	203	1.8
Valid responses =	2998	27	7512	67	578	5	11174	98.7

Invalid responses include no response.

65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2702	90	6452	86	467	81	9667	86.6
2 Yes	294	10	1074	14	111	19	1491	13.4
Valid responses =	2996	27	7499	67	578	5	11158	98.6

Invalid responses include no response.

65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2612	88	6452	86	472	82	9615	86.4
2 Yes	369	12	1034	14	105	18	1514	13.6
Valid responses =	2981	27	7486	67	577	5	11129	98.3

Invalid responses include no response.

65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2331	78	5655	75	402	70	8451	75.7
2 Yes	665	22	1848	25	176	30	2711	24.3
Valid responses =	2996	27	7503	67	578	5	11162	98.6

Invalid responses include no response.

65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2518	84	4791	64	258	45	7606	68.0
2 Yes	484	16	2733	36	321	55	3584	32.0
Valid responses =	3002	27	7524	67	579	5	11190	98.8

Invalid responses include no response.

65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2578	86	6290	84	448	78	9384	84.2
2 Yes	414	14	1207	16	129	22	1767	15.8
Valid responses =	2992	27	7497	67	577	5	11151	98.5

Invalid responses include no response.

65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2901	98	7367	99	519	90	10862	98.0
2 Yes	73	3	80	1	59	10	222	2.0
Valid responses =	2974	27	7447	67	578	5	11084	97.9

Invalid responses include no response.

65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2968	99	7358	98	560	97	10969	98.3
2 Yes	26	1	147	2	19	3	195	1.7
Valid responses =	2994	27	7505	67	579	5	11164	98.6

Invalid responses include no response.



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## CANADIAN REFERENCE GROUP

**65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2966	99	7327	98	523	90	10897	97.4
2 Yes	38	1	190	3	56	10	288	2.6
Valid responses =	3004	27	7517	67	579	5	11185	98.8

Invalid responses include no response.

**65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Cancer**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2966	99	7451	99	570	99	11072	99.3
2 Yes	23	1	52	1	6	1	81	0.7
Valid responses =	2989	27	7503	67	576	5	11153	98.5

Invalid responses include no response.

**65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Celiac disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2959	99	7315	98	557	97	10911	98.5
2 Yes	23	1	124	2	15	3	166	1.5
Valid responses =	2982	27	7439	67	572	5	11077	97.8

Invalid responses include no response.

**65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2830	95	6715	90	477	83	10099	90.7
2 Yes	165	6	768	10	100	17	1041	9.3
Valid responses =	2995	27	7483	67	577	5	11140	98.4

Invalid responses include no response.

**65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2597	87	5484	73	302	52	8424	75.4
2 Yes	403	13	2021	27	276	48	2745	24.6
Valid responses =	3000	27	7505	67	578	5	11169	98.6

Invalid responses include no response.

**65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Diabetes or pre-diabetes/insulin resistance**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2947	99	7331	98	565	98	10926	98.1
2 Yes	45	2	153	2	12	2	212	1.9
Valid responses =	2992	27	7484	67	577	5	11138	98.4

Invalid responses include no response.

**65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2952	99	6878	92	473	82	10377	92.9
2 Yes	43	1	640	9	105	18	799	7.1
Valid responses =	2995	27	7518	67	578	5	11176	98.7

Invalid responses include no response.

**65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
Endometriosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2982	100	7298	97	555	96	10918	98.0
2 Yes	9	0	193	3	21	4	224	2.0
Valid responses =	2991	27	7491	67	576	5	11142	98.4

Invalid responses include no response.



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Number of Surveys (n) = 11322 Web Surveys

65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2975	100	7469	100	577	100	11106	99.8
2 Yes	14	1	3	0	1	0	18	0.2
Valid responses =	2989	27	7472	67	578	5	11124	98.3

Invalid responses include no response.

65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2953	99	7354	99	571	99	10961	99.0
2 Yes	19	1	81	1	6	1	107	1.0
Valid responses =	2972	27	7435	67	577	5	11068	97.8

Invalid responses include no response.

65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2891	97	7074	94	533	92	10576	94.9
2 Yes	100	3	419	6	45	8	571	5.1
Valid responses =	2991	27	7493	67	578	5	11147	98.5

Invalid responses include no response.

65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2936	98	7333	98	559	97	10909	97.6
2 Yes	60	2	179	2	19	3	263	2.4
Valid responses =	2996	27	7512	67	578	5	11172	98.7

Invalid responses include no response.

65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2983	100	7484	100	573	99	11125	99.7
2 Yes	14	1	13	0	4	1	31	0.3
Valid responses =	2997	27	7497	67	577	5	11156	98.5

Invalid responses include no response.

65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2900	97	7338	98	563	98	10883	97.8
2 Yes	88	3	143	2	13	2	247	2.2
Valid responses =	2988	27	7481	67	576	5	11130	98.3

Invalid responses include no response.

65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2928	98	7396	99	565	98	10970	98.5
2 Yes	61	2	96	1	11	2	170	1.5
Valid responses =	2989	27	7492	67	576	5	11140	98.4

Invalid responses include no response.

65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2972	100	7457	100	569	99	11083	99.8
2 Yes	11	0	5	0	4	1	20	0.2
Valid responses =	2983	27	7462	67	573	5	11103	98.1

Invalid responses include no response.



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65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2973	99	7404	99	569	98	11030	98.8
2 Yes	29	1	98	1	9	2	137	1.2
Valid responses =	3002	27	7502	67	578	5	11167	98.6

Invalid responses include no response.

65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2863	96	6896	92	478	83	10313	92.6
2 Yes	133	4	588	8	99	17	829	7.4
Valid responses =	2996	27	7484	67	577	5	11142	98.4

Invalid responses include no response.

65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2897	97	6965	93	517	90	10460	93.8
2 Yes	97	3	531	7	60	10	692	6.2
Valid responses =	2994	27	7496	67	577	5	11152	98.5

Invalid responses include no response.

65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2799	94	6337	85	477	83	9689	87.1
2 Yes	188	6	1141	15	99	17	1437	12.9
Valid responses =	2987	27	7478	67	576	5	11126	98.3

Invalid responses include no response.

65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2914	97	7019	94	491	85	10500	94.1
2 Yes	79	3	486	7	86	15	663	5.9
Valid responses =	2993	27	7505	67	577	5	11163	98.6

Invalid responses include no response.

65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2978	100	7085	95	544	94	10686	96.1
2 Yes	5	0	395	5	32	6	439	3.9
Valid responses =	2983	27	7480	67	576	5	11125	98.3

Invalid responses include no response.

65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2920	97	6866	91	480	83	10337	92.5
2 Yes	79	3	643	9	99	17	836	7.5
Valid responses =	2999	27	7509	67	579	5	11173	98.7

Invalid responses include no response.



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65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2980	100	7492	100	569	98	11125	99.6
2 Yes	16	1	14	0	10	2	42	0.4
Valid responses =	2996	27	7506	67	579	5	11167	98.6

Invalid responses include no response.

65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2915	97	7378	98	569	98	10945	98.1
2 Yes	80	3	121	2	10	2	213	1.9
Valid responses =	2995	27	7499	67	579	5	11158	98.6

Invalid responses include no response.

65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2947	99	7179	96	552	96	10757	96.7
2 Yes	41	1	296	4	22	4	365	3.3
Valid responses =	2988	27	7475	67	574	5	11122	98.2

Invalid responses include no response.

65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2979	99	7478	100	565	98	11107	99.5
2 Yes	21	1	23	0	13	2	58	0.5
Valid responses =	3000	27	7501	67	578	5	11165	98.6

Invalid responses include no response.

65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2953	99	7351	99	557	97	10943	98.5
2 Yes	36	1	106	1	19	3	164	1.5
Valid responses =	2989	27	7457	67	576	5	11107	98.1

Invalid responses include no response.

65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2970	99	7369	98	560	97	10983	98.4
2 Yes	29	1	130	2	18	3	178	1.6
Valid responses =	2999	27	7499	67	578	5	11161	98.6

Invalid responses include no response.

65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2715	96	6364	92	454	86	9601	92.6
2 Yes	118	4	555	8	75	14	762	7.4
Valid responses =	2833	27	6919	67	529	5	10363	91.5

Invalid responses include no response.



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65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Allergic & immunologic disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	96	87	420	85	57	84	579	84.4
2 Yes	15	14	77	16	11	16	107	15.6
Valid responses =	111	16	497	72	68	10	686	6.1

Invalid responses include no response.

65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Autoimmune disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	93	84	374	74	60	88	537	77.4
2 Yes	18	16	130	26	8	12	157	22.6
Valid responses =	111	16	504	73	68	10	694	6.1

Invalid responses include no response.

65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Blood disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	102	92	426	87	60	88	597	88.1
2 Yes	9	8	63	13	8	12	81	11.9
Valid responses =	111	16	489	72	68	10	678	6.0

Invalid responses include no response.

65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Brain & nervous system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	96	86	422	85	55	82	582	84.8
2 Yes	16	14	75	15	12	18	104	15.2
Valid responses =	112	16	497	72	67	10	686	6.1

Invalid responses include no response.

65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Hair, skin, nails disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	92	83	417	86	62	90	578	85.6
2 Yes	19	17	68	14	7	10	97	14.4
Valid responses =	111	16	485	72	69	10	675	6.0

Invalid responses include no response.

65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Digestive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	83	75	403	81	55	82	549	80.3
2 Yes	28	25	94	19	12	18	135	19.7
Valid responses =	111	16	497	73	67	10	684	6.0

Invalid responses include no response.

65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Endocrine system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	105	95	456	93	61	90	632	93.2
2 Yes	6	5	33	7	7	10	46	6.8
Valid responses =	111	16	489	72	68	10	678	6.0

Invalid responses include no response.



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65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Eye/ear/nose/throat disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	99	89	432	89	62	91	603	89.1
2 Yes	12	11	56	12	6	9	74	10.9
Valid responses =	111	16	488	72	68	10	677	6.0
Invalid responses include no response.								

65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Heart & vascular disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	99	90	459	94	61	92	629	93.3
2 Yes	11	10	29	6	5	8	45	6.7
Valid responses =	110	16	488	72	66	10	674	6.0
Invalid responses include no response.								

65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Infectious disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	105	96	480	99	66	99	661	98.4
2 Yes	4	4	6	1	1	2	11	1.6
Valid responses =	109	16	486	72	67	10	672	5.9
Invalid responses include no response.								

65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Mental health/psychological disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	90	81	396	81	43	63	536	78.6
2 Yes	21	19	96	20	25	37	146	21.4
Valid responses =	111	16	492	72	68	10	682	6.0
Invalid responses include no response.								

65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Musculoskeletal disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	100	89	434	87	57	84	602	87.4
2 Yes	12	11	64	13	11	16	87	12.6
Valid responses =	112	16	498	72	68	10	689	6.1
Invalid responses include no response.								

65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Reproductive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	103	93	437	90	58	85	608	89.8
2 Yes	8	7	51	11	10	15	69	10.2
Valid responses =	111	16	488	72	68	10	677	6.0
Invalid responses include no response.								

65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Respiratory disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	99	89	455	93	58	87	622	92.0
2 Yes	12	11	33	7	9	13	54	8.0
Valid responses =	111	16	488	72	67	10	676	6.0
Invalid responses include no response.								



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**65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Sleep-wake disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	104	94	457	94	64	96	635	93.8
2 Yes	7	6	32	7	3	5	42	6.2
Valid responses =	111	16	489	72	67	10	677	6.0

Invalid responses include no response.

**65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Urinary system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	104	94	470	97	63	94	647	96.1
2 Yes	7	6	15	3	4	6	26	3.9
Valid responses =	111	16	485	72	67	10	673	5.9

Invalid responses include no response.

**65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Other ongoing or chronic condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	72	288	70	44	71	404	69.9
2 Yes	26	28	123	30	18	29	174	30.1
Valid responses =	94	16	411	71	62	11	578	5.1

Invalid responses include no response.

**65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Anaphylaxis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	73	48	64	8	80	71	68.3
2 Yes	4	27	27	36	2	20	33	31.7
Valid responses =	15	14	75	72	10	10	104	0.9

Invalid responses include no response.

**65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Medication allergy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	53	43	58	4	36	58	55.8
2 Yes	7	47	31	42	7	64	46	44.2
Valid responses =	15	14	74	71	11	11	104	0.9

Invalid responses include no response.

**65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Latex allergy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	80	66	90	9	90	91	89.2
2 Yes	3	20	7	10	1	10	11	10.8
Valid responses =	15	15	73	72	10	10	102	0.9

Invalid responses include no response.

**65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Insect/bee sting allergy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	87	60	82	9	90	86	84.3
2 Yes	2	13	13	18	1	10	16	15.7
Valid responses =	15	15	73	72	10	10	102	0.9

Invalid responses include no response.





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**65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?**

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Immune deficiency

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	73	52	71	6	60	72	70.6
2 Yes	4	27	21	29	4	40	30	29.4
Valid responses =	15	15	73	72	10	10	102	0.9

Invalid responses include no response.

**65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?**

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Other allergic or immunologic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	71	43	73	7	78	62	72.9
2 Yes	4	29	16	27	2	22	23	27.1
Valid responses =	14	16	59	69	9	11	85	0.8

Invalid responses include no response.

**65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?**

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other allergic or immunologic condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	83	105	84	5	63	125	82.8
2 Yes	3	17	20	16	3	38	26	17.2
Valid responses =	18	12	125	83	8	5	151	1.3

Invalid responses include no response.

**65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?**

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Rheumatoid Arthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	78	106	85	5	63	125	82.2
2 Yes	4	22	19	15	3	38	27	17.8
Valid responses =	18	12	125	82	8	5	152	1.3

Invalid responses include no response.

**65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?**

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Scleroderma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	88	122	99	8	100	145	98.0
2 Yes	2	12	1	1	0	0	3	2.0
Valid responses =	17	11	123	83	8	5	148	1.3

Invalid responses include no response.

**65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?**

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Systemic Lupus Erythematosus

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	89	106	84	7	88	129	84.9
2 Yes	2	11	20	16	1	13	23	15.1
Valid responses =	18	12	126	83	8	5	152	1.3

Invalid responses include no response.

**65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?**

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other autoimmune disorder not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	63	60	55	3	43	73	55.3
2 Yes	6	38	49	45	4	57	59	44.7
Valid responses =	16	12	109	83	7	5	132	1.2

Invalid responses include no response.



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65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Anemia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	63	14	23	3	38	22	28.2
2 Yes	3	38	47	77	5	63	56	71.8
Valid responses =	8	10	61	78	8	10	78	0.7

Invalid responses include no response.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hemophilia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	88	56	93	8	100	71	92.2
2 Yes	1	13	4	7	0	0	6	7.8
Valid responses =	8	10	60	78	8	10	77	0.7

Invalid responses include no response.

65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hypercoagulable states

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	57	95	7	88	71	92.2
2 Yes	2	25	3	5	1	13	6	7.8
Valid responses =	8	10	60	78	8	10	77	0.7

Invalid responses include no response.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Platelet Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	55	92	5	63	67	87.0
2 Yes	2	25	5	8	3	38	10	13.0
Valid responses =	8	10	60	78	8	10	77	0.7

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Sickle Cell Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	58	97	8	100	73	94.8
2 Yes	2	25	2	3	0	0	4	5.2
Valid responses =	8	10	60	78	8	10	77	0.7

Invalid responses include no response.

65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Other blood condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	33	38	73	4	57	45	68.2
2 Yes	4	67	14	27	3	43	21	31.8
Valid responses =	6	9	52	79	7	11	66	0.6

Invalid responses include no response.

65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Cerebral Palsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	80	67	96	11	100	91	93.8
2 Yes	3	20	3	4	0	0	6	6.2
Valid responses =	15	15	70	72	11	11	97	0.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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Number of Surveys (n) = 11322 Web Surveys

65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Epilepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	81	57	81	10	83	81	81.8
2 Yes	3	19	13	19	2	17	18	18.2
Valid responses =	16	16	70	71	12	12	99	0.9

Invalid responses include no response.

65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Seizure Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	81	58	83	9	75	81	92.9
2 Yes	3	19	12	17	3	25	18	18.2
Valid responses =	16	16	70	71	12	12	99	0.9

Invalid responses include no response.

65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Multiple Sclerosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	87	66	93	11	100	91	92.9
2 Yes	2	13	5	7	0	0	7	7.1
Valid responses =	15	15	71	72	11	11	98	0.9

Invalid responses include no response.

65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Other brain or nervous system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	47	38	59	4	40	50	54.9
2 Yes	8	53	27	42	6	60	41	45.1
Valid responses =	15	16	65	71	10	11	91	0.8

Invalid responses include no response.

65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Alopecia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	78	62	94	5	83	83	89.2
2 Yes	4	22	4	6	1	17	10	10.8
Valid responses =	18	19	66	71	6	6	93	0.8

Invalid responses include no response.

65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Eczema

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	72	28	41	3	50	45	47.4
2 Yes	5	28	40	59	3	50	50	52.6
Valid responses =	18	19	68	72	6	6	95	0.8

Invalid responses include no response.

65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hirsutism

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	89	63	97	5	100	87	95.6
2 Yes	2	11	2	3	0	0	4	4.4
Valid responses =	18	20	65	71	5	5	91	0.8

Invalid responses include no response.



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**65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Hyperhidrosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	83	63	96	5	100	86	93.5
2 Yes	3	17	3	5	0	0	6	6.5
Valid responses =	18	20	66	72	5	5	92	0.8

Invalid responses include no response.

**65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Photodermatitis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	83	64	97	5	100	87	94.6
2 Yes	3	17	2	3	0	0	5	5.4
Valid responses =	18	20	66	72	5	5	92	0.8

Invalid responses include no response.

**65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Psoriasis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	63	48	73	3	50	66	70.2
2 Yes	7	37	18	27	3	50	28	29.8
Valid responses =	19	20	66	70	6	6	94	0.8

Invalid responses include no response.

**65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Vitiligo**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	83	62	94	4	80	83	90.2
2 Yes	3	17	4	6	1	20	9	9.8
Valid responses =	18	20	66	72	5	5	92	0.8

Invalid responses include no response.

**65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Other hair, skin, or nail condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	63	40	74	3	50	56	70.9
2 Yes	6	38	14	26	3	50	23	29.1
Valid responses =	16	20	54	68	6	8	79	0.7

Invalid responses include no response.

**65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?**

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

**Crohn's Disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	79	71	80	11	100	105	81.4
2 Yes	6	21	18	20	0	0	24	18.6
Valid responses =	28	22	89	69	11	9	129	1.1

Invalid responses include no response.

**65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?**

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

**Diverticular Disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	89	87	99	9	90	122	96.1
2 Yes	3	11	1	1	1	10	5	3.9
Valid responses =	28	22	88	69	10	8	127	1.1

Invalid responses include no response.



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Number of Surveys (n) = 11322 Web Surveys

65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Esophageal Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	85	82	93	9	82	115	90.6
2 Yes	4	15	6	7	2	18	12	9.4
Valid responses =	27	21	88	69	11	9	127	1.1

Invalid responses include no response.

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Gallbladder Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	96	80	90	10	91	117	90.7
2 Yes	1	4	9	10	1	9	12	9.3
Valid responses =	28	22	89	69	11	9	129	1.1

Invalid responses include no response.

65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Ulcerative Colitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	68	73	83	9	82	102	79.7
2 Yes	9	32	15	17	2	18	26	20.3
Valid responses =	28	22	88	69	11	9	128	1.1

Invalid responses include no response.

65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Other digestive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	67	45	63	5	50	67	63.2
2 Yes	8	33	26	37	5	50	39	36.8
Valid responses =	24	23	71	67	10	9	106	0.9

Invalid responses include no response.

65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	75	43	77	3	50	55	74.3
2 Yes	3	25	13	23	3	50	19	25.7
Valid responses =	12	16	56	76	6	8	74	0.7

Invalid responses include no response.

65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Uveitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	83	49	89	5	83	64	87.7
2 Yes	2	17	6	11	1	17	9	12.3
Valid responses =	12	16	55	75	6	8	73	0.6

Invalid responses include no response.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Vertigo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	83	39	70	4	80	53	72.6
2 Yes	2	17	17	30	1	20	20	27.4
Valid responses =	12	16	56	77	5	7	73	0.6

Invalid responses include no response.



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65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Other eye/ear/nose/throat condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	50	17	35	5	83	27	42.2
2 Yes	5	50	31	65	1	17	37	57.8
Valid responses =	10	16	48	75	6	9	64	0.6

Invalid responses include no response.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Cardiac Arrhythmia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	70	20	74	4	80	31	73.8
2 Yes	3	30	7	26	1	20	11	26.2
Valid responses =	10	24	27	64	5	12	42	0.4

Invalid responses include no response.

65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Coronary Artery Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	60	25	93	5	100	36	85.7
2 Yes	4	40	2	7	0	0	6	14.3
Valid responses =	10	24	27	64	5	12	42	0.4

Invalid responses include no response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congenital Heart Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	60	23	85	5	100	34	81.0
2 Yes	4	40	4	15	0	0	8	19.0
Valid responses =	10	24	27	64	5	12	42	0.4

Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congestive Heart Failure

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	80	25	96	5	100	38	92.7
2 Yes	2	20	1	4	0	0	3	7.3
Valid responses =	10	24	26	63	5	12	41	0.4

Invalid responses include no response.

65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Heart Murmur

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	60	18	67	4	80	28	66.7
2 Yes	4	40	9	33	1	20	14	33.3
Valid responses =	10	24	27	64	5	12	42	0.4

Invalid responses include no response.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Valvular Heart Disease (for example: Mitral valve prolapse)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	90	21	78	5	100	35	83.3
2 Yes	1	10	6	22	0	0	7	16.7
Valid responses =	10	24	27	64	5	12	42	0.4

Invalid responses include no response.



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65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Other heart or vascular condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	46	11	44	2	50	18	45.0
2 Yes	6	55	14	56	2	50	22	55.0
Valid responses =	11	28	25	63	4	10	40	0.4

Invalid responses include no response.

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Lyme Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	4	67	1	100	7	63.6
2 Yes	2	50	2	33	0	0	4	36.4
Valid responses =	4	36	6	55	1	9	11	0.1

Invalid responses include no response.

65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Other infectious disease not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	1	20	1	100	4	44.4
2 Yes	1	33	4	80	0	0	5	55.6
Valid responses =	3	33	5	56	1	11	9	0.1

Invalid responses include no response.

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Carpal Tunnel Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	91	51	88	11	100	72	90.0
2 Yes	1	9	7	12	0	0	8	10.0
Valid responses =	11	14	58	73	11	14	80	0.7

Invalid responses include no response.

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Fibromyalgia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	82	47	80	7	64	63	77.8
2 Yes	2	18	12	20	4	36	18	22.2
Valid responses =	11	14	59	73	11	14	81	0.7

Invalid responses include no response.

65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Gout

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	82	57	98	10	100	76	96.2
2 Yes	2	18	1	2	0	0	3	3.8
Valid responses =	11	14	58	73	10	13	79	0.7

Invalid responses include no response.

65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Muscular Dystrophy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	73	56	98	10	100	74	94.9
2 Yes	3	27	1	2	0	0	4	5.1
Valid responses =	11	14	57	73	10	13	78	0.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoarthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	73	51	86	8	80	67	83.8
2 Yes	3	27	8	14	2	20	13	16.3
Valid responses =	11	14	59	74	10	13	80	0.7

Invalid responses include no response.

65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoporosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	90	52	90	9	90	70	89.7
2 Yes	1	10	6	10	1	10	8	10.3
Valid responses =	10	13	58	74	10	13	78	0.7

Invalid responses include no response.

65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Temporomandibular Joint Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	82	49	82	8	73	66	80.5
2 Yes	2	18	11	18	3	27	16	19.5
Valid responses =	11	13	60	73	11	13	82	0.7

Invalid responses include no response.

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Other musculoskeletal condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	27	22	40	2	25	27	36.5
2 Yes	8	73	33	60	6	75	47	63.5
Valid responses =	11	15	55	74	8	11	74	0.7

Invalid responses include no response.

65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Amenorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	63	44	90	9	90	58	86.6
2 Yes	3	38	5	10	1	10	9	13.4
Valid responses =	8	12	49	73	10	15	67	0.6

Invalid responses include no response.

65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Cervical Dysplasia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	38	47	96	10	100	60	89.6
2 Yes	5	63	2	4	0	0	7	10.4
Valid responses =	8	12	49	73	10	15	67	0.6

Invalid responses include no response.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	26	53	5	50	37	55.2
2 Yes	2	25	23	47	5	50	30	44.8
Valid responses =	8	12	49	73	10	15	67	0.6

Invalid responses include no response.





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FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Prostatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	63	46	96	10	100	61	92.4
2 Yes	3	38	2	4	0	0	5	7.6
Valid responses =	8	12	48	73	10	15	66	0.6

Invalid responses include no response.

65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Sexual Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	50	41	87	9	90	54	83.1
2 Yes	4	50	6	13	1	10	11	16.9
Valid responses =	8	12	47	72	10	15	65	0.6

Invalid responses include no response.

65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Other reproductive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	50	20	43	6	60	30	46.2
2 Yes	4	50	27	57	4	40	35	53.8
Valid responses =	8	12	47	72	10	15	65	0.6

Invalid responses include no response.

65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Cystic Fibrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	73	27	84	8	89	43	82.7
2 Yes	3	27	5	16	1	11	9	17.3
Valid responses =	11	21	32	62	9	17	52	0.5

Invalid responses include no response.

65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Sarcoidosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	83	30	97	7	88	47	92.2
2 Yes	2	17	1	3	1	13	4	7.8
Valid responses =	12	24	31	61	8	16	51	0.5

Invalid responses include no response.

65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Active Tuberculous

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	82	30	97	8	100	47	94.0
2 Yes	2	18	1	3	0	0	3	6.0
Valid responses =	11	22	31	62	8	16	50	0.4

Invalid responses include no response.

65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Other respiratory system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	46	11	44	5	71	21	48.8
2 Yes	6	55	14	56	2	29	22	51.2
Valid responses =	11	26	25	58	7	16	43	0.4

Invalid responses include no response.



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Number of Surveys (n) = 11322 Web Surveys

65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Hypersomnolence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	22	79	3	100	30	78.9
2 Yes	2	29	6	21	0	0	8	21.1
Valid responses =	7	18	28	74	3	8	38	0.3

Invalid responses include no response.

65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Narcolepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	57	22	76	3	100	29	74.4
2 Yes	3	43	7	24	0	0	10	25.6
Valid responses =	7	18	29	74	3	8	39	0.3

Invalid responses include no response.

65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Restless Leg Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	21	75	1	33	27	71.1
2 Yes	2	29	7	25	2	67	11	28.9
Valid responses =	7	18	28	74	3	8	38	0.3

Invalid responses include no response.

65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Paralysis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	22	79	3	100	30	78.9
2 Yes	2	29	6	21	0	0	8	21.1
Valid responses =	7	18	28	74	3	8	38	0.3

Invalid responses include no response.

65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Terrors (or night terrors)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	43	21	72	3	100	27	69.2
2 Yes	4	57	8	28	0	0	12	30.8
Valid responses =	7	18	29	74	3	8	39	0.3

Invalid responses include no response.

65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Walking

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	43	23	79	3	100	29	74.4
2 Yes	4	57	6	21	0	0	10	25.6
Valid responses =	7	18	29	74	3	8	39	0.3

Invalid responses include no response.

65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Other sleep-wake condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	50	15	68	3	100	21	67.7
2 Yes	3	50	7	32	0	0	10	32.3
Valid responses =	6	19	22	71	3	10	31	0.3

Invalid responses include no response.



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Number of Surveys (n) = 11322 Web Surveys

65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Bladder disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	12	86	4	100	21	84.0
2 Yes	2	29	2	14	0	0	4	16.0
Valid responses =	7	28	14	56	4	16	25	0.2

Invalid responses include no response.

65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	86	11	79	4	100	21	84.0
2 Yes	1	14	3	21	0	0	4	16.0
Valid responses =	7	28	14	56	4	16	25	0.2

Invalid responses include no response.

65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney stone

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	12	86	4	100	21	84.0
2 Yes	2	29	2	14	0	0	4	16.0
Valid responses =	7	28	14	56	4	16	25	0.2

Invalid responses include no response.

65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Urinary Incontinence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	57	9	60	4	100	17	65.4
2 Yes	3	43	6	40	0	0	9	34.6
Valid responses =	7	27	15	58	4	15	26	0.2

Invalid responses include no response.

65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Other urinary system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	40	6	50	2	67	10	50.0
2 Yes	3	60	6	50	1	33	10	50.0
Valid responses =	5	25	12	60	3	15	20	0.2

Invalid responses include no response.

65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 1 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	58	82	68	8	89	114	66.7
2 Yes	17	43	39	32	1	11	57	33.3
Valid responses =	40	23	121	71	9	5	171	1.5

Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 2 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	68	79	69	4	44	110	67.1
2 Yes	12	32	36	31	5	56	54	32.9
Valid responses =	38	23	115	70	9	5	164	1.4

Invalid responses include no response.



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65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Pre-diabetes or insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	62	52	41	3	30	79	45.1
2 Yes	14	38	75	59	7	70	96	54.9
Valid responses =	37	21	127	73	10	6	175	1.5

Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Gestational Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	91	91	85	7	88	130	86.1
2 Yes	3	9	16	15	1	13	21	13.9
Valid responses =	35	23	107	71	8	5	151	1.3

Invalid responses include no response.

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	427	72	1181	55	100	66	1719	59.0
2 Yes	168	28	970	45	51	34	1195	41.0
Valid responses =	595	20	2151	74	151	5	2914	25.7

Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	155	46	214	24	28	18	399	28.2
2 Yes	185	54	677	76	132	83	1017	71.8
Valid responses =	340	24	891	63	160	11	1416	12.5

Invalid responses include no response.

65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	46	55	50	14	47	97	48.5
2 Yes	31	54	55	50	16	53	103	51.5
Valid responses =	57	29	110	55	30	15	200	1.8

Invalid responses include no response.

65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	218	74	739	70	86	79	1051	71.2
2 Yes	75	26	324	31	23	21	425	28.8
Valid responses =	293	20	1063	72	109	7	1476	13.0

Invalid responses include no response.

65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	309	85	776	76	83	81	1174	78.4
2 Yes	55	15	248	24	20	19	323	21.6
Valid responses =	364	24	1024	68	103	7	1497	13.2

Invalid responses include no response.



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Number of Surveys (n) = 11322 Web Surveys

65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	555	84	1349	73	137	79	2057	76.4
2 Yes	105	16	489	27	37	21	637	23.6
Valid responses =	660	24	1838	68	174	6	2694	23.8

Invalid responses include no response.

65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	175	36	727	27	81	25	992	27.8
2 Yes	308	64	1997	73	240	75	2581	72.2
Valid responses =	483	14	2724	76	321	9	3573	31.6

Invalid responses include no response.

65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	318	78	800	67	87	69	1217	69.5
2 Yes	92	22	396	33	40	32	533	30.5
Valid responses =	410	23	1196	68	127	7	1750	15.5

Invalid responses include no response.

65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Autism Spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	67	39	50	24	41	117	53.4
2 Yes	24	33	39	50	34	59	102	46.6
Valid responses =	73	33	78	36	58	26	219	1.9

Invalid responses include no response.

65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	23	36	25	5	26	47	24.2
2 Yes	20	77	110	75	14	74	147	75.8
Valid responses =	26	13	146	75	19	10	194	1.7

Invalid responses include no response.

65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	53	52	28	11	20	84	29.3
2 Yes	18	47	137	73	45	80	203	70.7
Valid responses =	38	13	189	66	56	20	287	2.5

Invalid responses include no response.

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	52	19	38	2	33	33	41.8
2 Yes	11	48	31	62	4	67	46	58.2
Valid responses =	23	29	50	63	6	8	79	0.7

Invalid responses include no response.



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65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	39	60	49	8	53	78	47.3
2 Yes	14	61	63	51	7	47	87	52.7
Valid responses =	23	14	123	75	15	9	165	1.5

Invalid responses include no response.

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62	38	227	30	31	31	322	31.1
2 Yes	103	62	535	70	69	69	713	68.9
Valid responses =	165	16	762	74	100	10	1035	9.1

Invalid responses include no response.

65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	146	36	546	27	76	28	773	28.3
2 Yes	256	64	1464	73	199	72	1958	71.7
Valid responses =	402	15	2010	74	275	10	2731	24.1

Invalid responses include no response.

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	31	41	27	3	25	59	28.0
2 Yes	31	69	111	73	9	75	152	72.0
Valid responses =	45	21	152	72	12	6	211	1.9

Invalid responses include no response.

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	63	319	51	54	51	405	51.5
2 Yes	16	37	311	49	51	49	382	48.5
Valid responses =	43	5	630	80	105	13	787	7.0

Invalid responses include no response.

65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	44	72	38	8	38	84	37.8
2 Yes	5	56	119	62	13	62	138	62.2
Valid responses =	9	4	191	86	21	9	222	2.0

Invalid responses include no response.

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	43	1	33	0	0	7	38.9
2 Yes	8	57	2	67	1	100	11	61.1
Valid responses =	14	78	3	17	1	6	18	0.2

Invalid responses include no response.



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65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	58	44	54	1	17	57	53.3
2 Yes	8	42	37	46	5	83	50	46.7
Valid responses =	19	18	81	76	6	6	107	0.9

Invalid responses include no response.

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	53	169	41	14	32	238	42.0
2 Yes	47	48	248	60	30	68	329	58.0
Valid responses =	99	17	417	74	44	8	567	5.0

Invalid responses include no response.

65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	43	80	45	11	58	120	46.2
2 Yes	34	57	97	55	8	42	140	53.8
Valid responses =	60	23	177	68	19	7	260	2.3

Invalid responses include no response.

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	50	8	62	3	75	18	58.1
2 Yes	7	50	5	39	1	25	13	41.9
Valid responses =	14	45	13	42	4	13	31	0.3

Invalid responses include no response.

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	38	47	34	7	54	89	36.6
2 Yes	55	63	92	66	6	46	154	63.4
Valid responses =	88	36	139	57	13	5	243	2.1

Invalid responses include no response.

65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	30	35	37	7	64	60	35.3
2 Yes	43	71	61	64	4	36	110	64.7
Valid responses =	61	36	96	56	11	6	170	1.5

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	27	3	60	2	50	8	40.0
2 Yes	8	73	2	40	2	50	12	60.0
Valid responses =	11	55	5	25	4	20	20	0.2

Invalid responses include no response.





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65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	59	58	60	5	56	81	60.0
2 Yes	12	41	38	40	4	44	54	40.0
Valid responses =	29	21	96	71	9	7	135	1.2

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	71	53	238	41	44	45	357	43.5
2 Yes	62	47	344	59	54	55	464	56.5
Valid responses =	133	16	582	71	98	12	821	7.3

Invalid responses include no response.

65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	56	58	221	42	31	53	311	45.5
2 Yes	41	42	302	58	28	48	372	54.5
Valid responses =	97	14	523	77	59	9	683	6.0

Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	115	62	499	44	44	45	664	46.8
2 Yes	72	39	627	56	53	55	755	53.2
Valid responses =	187	13	1126	79	97	7	1419	12.5

Invalid responses include no response.

65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42	53	183	38	31	36	259	39.3
2 Yes	37	47	299	62	55	64	400	60.7
Valid responses =	79	12	482	73	86	13	659	5.8

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	40	129	33	14	44	148	33.9
2 Yes	3	60	263	67	18	56	288	66.1
Valid responses =	5	1	392	90	32	7	436	3.9

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34	43	208	33	29	29	276	33.2
2 Yes	45	57	430	67	70	71	555	66.8
Valid responses =	79	10	638	77	99	12	831	7.3

Invalid responses include no response.



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65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	63	5	36	1	10	17	40.5
2 Yes	6	38	9	64	9	90	25	59.5
Valid responses =	16	38	14	33	10	24	42	0.4

Invalid responses include no response.

65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34	43	64	53	7	78	106	50.0
2 Yes	46	58	57	47	2	22	106	50.0
Valid responses =	80	38	121	57	9	4	212	1.9

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	37	70	24	9	41	94	25.8
2 Yes	26	63	226	76	13	59	271	74.2
Valid responses =	41	11	296	81	22	6	365	3.2

Invalid responses include no response.

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	76	9	39	6	46	31	54.4
2 Yes	5	24	14	61	7	54	26	45.6
Valid responses =	21	37	23	40	13	23	57	0.5

Invalid responses include no response.

65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	56	44	42	11	58	76	46.6
2 Yes	16	44	61	58	8	42	87	53.4
Valid responses =	36	22	105	64	19	12	163	1.4

Invalid responses include no response.

65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	48	41	32	7	39	63	35.8
2 Yes	15	52	87	68	11	61	113	64.2
Valid responses =	29	16	128	73	18	10	176	1.6

Invalid responses include no response.

65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	58	216	41	28	39	317	43.8
2 Yes	49	42	307	59	44	61	407	56.2
Valid responses =	116	16	523	72	72	10	724	6.4

Invalid responses include no response.



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65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	20	11	124	18	15	12	163	16.0
2 Medicine only	97	52	282	42	45	34	436	42.9
3 Therapy only	14	8	52	8	11	8	80	7.9
4 Both medicine and therapy	51	28	216	32	59	45	329	32.4
5 Other Treatment	3	2	3	0	1	1	8	0.8
Valid responses =	185	18	677	67	131	13	1016	9.0

Invalid responses include no response.

65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	8	26	12	22	2	13	22	21.4
2 Medicine only	2	7	5	9	2	13	9	8.7
3 Therapy only	10	32	25	46	8	50	43	41.7
4 Both medicine and therapy	10	32	11	20	3	19	24	23.3
5 Other Treatment	1	3	2	4	1	6	5	4.9
Valid responses =	31	30	55	53	16	16	103	0.9

Invalid responses include no response.

65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	31	10	194	10	15	6	243	9.4
2 Medicine only	60	20	394	20	45	19	509	19.8
3 Therapy only	95	31	523	26	57	24	682	26.5
4 Both medicine and therapy	119	39	868	44	120	50	1121	43.5
5 Other Treatment	3	1	15	1	2	1	22	0.9
Valid responses =	308	12	1994	77	239	9	2577	22.8

Invalid responses include no response.

65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	12	50	20	51	15	44	50	49.0
2 Medicine only	2	8	1	3	1	3	4	3.9
3 Therapy only	8	33	15	39	12	35	37	36.3
4 Both medicine and therapy	2	8	3	8	5	15	10	9.8
5 Other Treatment	0	0	0	0	1	3	1	1.0
Valid responses =	24	24	39	38	34	33	102	0.9

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	3	15	14	13	3	21	21	14.3
2 Medicine only	3	15	27	25	4	29	34	23.1
3 Therapy only	1	5	8	7	2	14	11	7.5
4 Both medicine and therapy	13	65	61	56	5	36	79	53.7
5 Other Treatment	0	0	0	0	0	0	2	1.4
Valid responses =	20	14	110	75	14	10	147	1.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	4	22	14	10	7	16	26	12.8
2 Medicine only	1	6	17	12	8	18	26	12.8
3 Therapy only	6	33	27	20	13	29	46	22.7
4 Both medicine and therapy	6	33	78	57	17	38	103	50.7
5 Other Treatment	1	6	1	1	0	0	2	1.0
Valid responses =	18	9	137	67	45	22	203	1.8

Invalid responses include no response.

65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	13	5	111	8	6	3	134	6.9
2 Medicine only	54	21	316	22	40	20	418	21.4
3 Therapy only	68	27	287	20	37	19	399	20.4
4 Both medicine and therapy	116	45	736	50	114	58	984	50.4
5 Other Treatment	5	2	11	1	1	1	19	1.0
Valid responses =	256	13	1461	75	198	10	1954	17.3

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	4	25	75	24	15	29	95	25.0
2 Medicine only	2	13	20	7	2	4	24	6.3
3 Therapy only	3	19	136	44	22	43	162	42.6
4 Both medicine and therapy	5	31	69	22	9	18	84	22.1
5 Other Treatment	2	13	9	3	3	6	15	3.9
Valid responses =	16	4	309	81	51	13	380	3.4

Invalid responses include no response.

65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	3	38	0	0	0	0	3	27.3
2 Medicine only	1	13	0	0	0	0	1	9.1
3 Therapy only	2	25	2	100	0	0	4	36.4
4 Both medicine and therapy	1	13	0	0	1	100	2	18.2
5 Other Treatment	1	13	0	0	0	0	1	9.1
Valid responses =	8	73	2	18	1	9	11	0.1

Invalid responses include no response.

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	13	21	86	25	14	26	115	24.8
2 Medicine only	21	34	115	34	17	32	154	33.3
3 Therapy only	14	23	41	12	5	9	60	13.0
4 Both medicine and therapy	12	19	86	25	14	26	112	24.2
5 Other Treatment	2	3	15	4	4	7	22	4.8
Valid responses =	62	13	343	74	54	12	463	4.1

Invalid responses include no response.



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65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	5	14	46	15	10	18	66	16.5
2 Medicine only	8	22	41	14	8	15	57	14.3
3 Therapy only	8	22	92	31	12	22	115	28.8
4 Both medicine and therapy	15	42	120	40	24	44	160	40.1
5 Other Treatment	0	0	0	0	1	2	1	0.3
Valid responses =	36	9	299	75	55	14	399	3.5

Invalid responses include no response.

65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	9	20	46	11	8	11	64	11.5
2 Medicine only	4	9	20	5	4	6	29	5.2
3 Therapy only	16	36	195	45	29	41	243	43.8
4 Both medicine and therapy	16	36	166	39	27	39	212	38.2
5 Other Treatment	0	0	3	1	2	3	7	1.3
Valid responses =	45	8	430	77	70	13	555	4.9

Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	33	3	38	0	0	5	20.8
2 Medicine only	1	17	1	13	2	22	4	16.7
3 Therapy only	0	0	1	13	1	11	2	8.3
4 Both medicine and therapy	3	50	3	38	6	67	13	54.2
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	6	25	8	33	9	38	24	0.2

Invalid responses include no response.

65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	40	5	36	4	57	11	42.3
2 Medicine only	1	20	6	43	0	0	7	26.9
3 Therapy only	1	20	1	7	0	0	2	7.7
4 Both medicine and therapy	1	20	1	7	3	43	5	19.2
5 Other Treatment	0	0	1	7	0	0	1	3.8
Valid responses =	5	19	14	54	7	27	26	0.2

Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	5	31	15	25	3	38	24	27.6
2 Medicine only	1	6	3	5	0	0	4	4.6
3 Therapy only	6	38	21	34	1	13	29	33.3
4 Both medicine and therapy	3	19	13	21	1	13	17	19.5
5 Other Treatment	1	6	9	15	3	38	13	14.9
Valid responses =	16	18	61	70	8	9	87	0.8

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	18	125	13	10	20	166	14.0
2 Yes	136	82	835	87	41	80	1016	86.0
Valid responses =	165	14	960	81	51	4	1182	10.4

Invalid responses include no response.



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65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	41	165	51	10	44	205	48.7
2 Yes	44	60	156	49	13	57	216	51.3
Valid responses =	74	18	321	76	23	5	421	3.7

Invalid responses include no response.

65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	40	92	38	9	45	123	34.8
2 Yes	33	60	151	62	11	55	195	61.3
Valid responses =	55	17	243	76	20	6	318	2.8

Invalid responses include no response.

65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	37	164	34	14	38	218	34.8
2 Yes	65	63	316	66	23	62	408	65.2
Valid responses =	103	16	480	77	37	6	626	5.5

Invalid responses include no response.

65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	23	69	18	4	10	94	17.7
2 Yes	71	77	324	82	36	90	436	82.3
Valid responses =	92	17	393	74	40	8	530	4.7

Invalid responses include no response.

65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	55	12	41	2	50	20	45.5
2 Yes	5	46	17	59	2	50	24	54.5
Valid responses =	11	25	29	66	4	9	44	0.4

Invalid responses include no response.

65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	69	36	57	1	14	47	55.3
2 Yes	4	31	27	43	6	86	38	44.7
Valid responses =	13	15	63	74	7	8	85	0.8

Invalid responses include no response.

65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	20	102	19	19	28	143	20.2
2 Yes	82	80	427	81	50	73	564	79.8
Valid responses =	103	15	529	75	69	10	707	6.2

Invalid responses include no response.



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Number of Surveys (n) = 11322 Web Surveys

**65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	26	30	27	3	33	41	27.0
2 Yes	23	74	81	73	6	67	111	73.0
Valid responses =	31	20	111	73	9	6	152	1.3

Invalid responses include no response.

**65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	32	27	5	39	40	29.2
2 Yes	2	50	87	73	8	62	97	70.8
Valid responses =	4	3	119	87	13	9	137	1.2

Invalid responses include no response.

**65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	38	5	14	0	0	8	16.0
2 Yes	5	63	32	87	5	100	42	84.0
Valid responses =	8	16	37	74	5	10	50	0.4

Invalid responses include no response.

**65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	13	30	12	1	3	40	12.2
2 Yes	40	87	218	88	29	97	288	87.8
Valid responses =	46	14	248	76	30	9	328	2.9

Invalid responses include no response.

**65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	53	48	50	3	38	69	49.3
2 Yes	16	47	49	51	5	63	71	50.7
Valid responses =	34	24	97	69	8	6	140	1.2

Invalid responses include no response.

**65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	67	3	60	1	100	8	66.7
2 Yes	2	33	2	40	0	0	4	33.3
Valid responses =	6	50	5	42	1	8	12	0.1

Invalid responses include no response.

**65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	31	22	25	1	17	40	26.5
2 Yes	38	69	67	75	5	83	111	73.5
Valid responses =	55	36	89	59	6	4	151	1.3

Invalid responses include no response.





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**65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	26	26	43	0	0	37	33.6
2 Yes	32	74	35	57	4	100	73	66.4
Valid responses =	43	39	61	55	4	4	110	1.0

Invalid responses include no response.

**65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	57	0	0	1	50	5	45.5
2 Yes	3	43	2	100	1	50	6	54.5
Valid responses =	7	64	2	18	2	18	11	0.1

Invalid responses include no response.

**65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	25	18	47	0	0	21	38.9
2 Yes	9	75	20	53	4	100	33	61.1
Valid responses =	12	22	38	70	4	7	54	0.5

Invalid responses include no response.

**65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	38	128	43	9	32	152	41.3
2 Yes	25	63	171	57	19	68	216	58.7
Valid responses =	40	11	299	81	28	8	368	3.3

Invalid responses include no response.

**65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	31	195	31	11	21	230	30.6
2 Yes	50	69	430	69	41	79	522	69.4
Valid responses =	72	10	625	83	52	7	752	6.6

Invalid responses include no response.

**65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	75	29	6	33	85	30.0
2 Yes	1	33	183	71	12	67	198	70.0
Valid responses =	3	1	258	91	18	6	283	2.5

Invalid responses include no response.

**65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	46	25	44	1	50	47	45.2
2 Yes	24	55	32	56	1	50	57	54.8
Valid responses =	44	42	57	55	2	2	104	0.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	20	36	16	0	0	41	15.3
2 Yes	20	80	188	84	13	100	227	84.7
Valid responses =	25	9	224	84	13	5	268	2.4

Invalid responses include no response.

65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	23	17	20	5	46	25	22.5
2 Yes	10	77	70	81	6	55	86	77.5
Valid responses =	13	12	87	78	11	10	111	1.0

Invalid responses include no response.

65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	46	69	58	5	56	88	55.3
2 Yes	15	54	51	43	4	44	71	44.7
Valid responses =	28	18	120	75	9	6	159	1.4

Invalid responses include no response.

65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	75	83	67	13	87	115	70.6
2 Yes	5	25	41	33	2	13	48	29.4
Valid responses =	20	12	124	76	15	9	163	1.4

Invalid responses include no response.

65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	100	8	67	2	100	18	81.8
2 Yes	0	0	4	33	0	0	4	18.2
Valid responses =	8	36	12	55	2	9	22	0.2

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	59	88	56	7	70	112	57.4
2 Yes	12	41	68	44	3	30	83	42.6
Valid responses =	29	15	156	80	10	5	195	1.7

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	59	50	56	8	89	71	58.7
2 Yes	9	41	40	44	1	11	50	41.3
Valid responses =	22	18	90	74	9	7	121	1.1

Invalid responses include no response.



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65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	49	87	55	10	71	117	55.7
2 Yes	19	51	70	45	4	29	93	44.3
Valid responses =	37	18	157	75	14	7	210	1.9

Invalid responses include no response.

65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	87	135	70	10	67	174	72.2
2 Yes	4	13	58	30	5	33	67	27.8
Valid responses =	30	12	193	80	15	6	241	2.1

Invalid responses include no response.

65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	55	46	67	3	75	60	64.5
2 Yes	9	45	23	33	1	25	33	35.5
Valid responses =	20	22	69	74	4	4	93	0.8

Invalid responses include no response.

65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	9	69	3	100	16	80.0
2 Yes	0	0	4	31	0	0	4	20.0
Valid responses =	3	15	13	65	3	15	20	0.2

Invalid responses include no response.

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	11	79	1	33	15	71.4
2 Yes	1	33	3	21	2	67	6	28.6
Valid responses =	3	14	14	67	3	14	21	0.2

Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	100	13	93	6	86	24	92.3
2 Yes	0	0	1	7	1	14	2	7.7
Valid responses =	4	15	14	54	7	27	26	0.2

Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	40	2	18	1	50	5	27.8
2 Yes	3	60	9	82	1	50	13	72.2
Valid responses =	5	28	11	61	2	11	18	0.2

Invalid responses include no response.



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65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	26	81	1	100	33	78.6
2 Yes	2	25	6	19	0	0	9	21.4
Valid responses =	8	19	32	76	1	2	42	0.4

Invalid responses include no response.

65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	60	67	73	18	95	97	73.5
2 Yes	8	40	25	27	1	5	35	26.5
Valid responses =	20	15	92	70	19	14	132	1.2

Invalid responses include no response.

65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	77	76	70	5	83	94	71.2
2 Yes	3	23	33	30	1	17	38	28.8
Valid responses =	13	10	109	83	6	5	132	1.2

Invalid responses include no response.

65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	86	16	55	0	0	22	56.4
2 Yes	1	14	13	45	3	100	17	43.6
Valid responses =	7	18	29	74	3	8	39	0.3

Invalid responses include no response.

65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	100	57	77	13	87	75	79.8
2 Yes	0	0	17	23	2	13	19	20.2
Valid responses =	4	4	74	79	15	16	94	0.8

Invalid responses include no response.

65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	18	58	4	80	24	61.5
2 Yes	0	0	13	42	1	20	15	38.5
Valid responses =	2	5	31	79	5	13	39	0.3

Invalid responses include no response.

65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	0	0	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	3	100	0	0	0	0	3	0.0

Invalid responses include no response.



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65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	2	40	0	0	5	62.5
2 Yes	0	0	3	60	0	0	3	37.5
Valid responses =	3	38	5	63	0	0	8	0.1

Invalid responses include no response.

65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	80	20	67	1	100	27	71.1
2 Yes	1	20	10	33	0	0	11	28.9
Valid responses =	5	13	30	79	1	3	38	0.3

Invalid responses include no response.

65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	53	18	38	1	33	28	41.2
2 Yes	8	47	30	63	2	67	40	58.8
Valid responses =	17	25	48	71	3	4	68	0.6

Invalid responses include no response.

65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	1	33	1	100	4	50.0
2 Yes	2	50	2	67	0	0	4	50.0
Valid responses =	4	50	3	38	1	13	8	0.1

Invalid responses include no response.

65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	59	9	41	1	100	20	50.0
2 Yes	7	41	13	59	0	0	20	50.0
Valid responses =	17	43	22	55	1	3	40	0.4

Invalid responses include no response.

65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	64	7	28	0	0	14	38.9
2 Yes	4	36	18	72	0	0	22	61.1
Valid responses =	11	31	25	69	0	0	36	0.3

Invalid responses include no response.

65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	100	0	0	0	0	4	80.0
2 Yes	0	0	0	0	1	100	1	20.0
Valid responses =	4	80	0	0	1	20	5	0.0

Invalid responses include no response.



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65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?  
or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	3	20	0	0	5	27.8
2 Yes	1	33	12	80	0	0	13	72.2
Valid responses =	3	17	15	83	0	0	18	0.2

Invalid responses include no response.

65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	46	59	71	12	86	79	70.5
2 Yes	7	54	24	29	2	14	33	29.5
Valid responses =	13	12	83	74	14	13	112	1.0

Invalid responses include no response.

65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	60	72	60	7	88	88	61.1
2 Yes	6	40	49	41	1	13	56	38.9
Valid responses =	15	10	121	84	8	6	144	1.3

Invalid responses include no response.

65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	73	136	73	10	91	163	73.8
2 Yes	6	27	50	27	1	9	58	26.2
Valid responses =	22	10	186	84	11	5	221	2.0

Invalid responses include no response.

65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	100	33	72	8	80	51	77.3
2 Yes	0	0	13	28	2	20	15	22.7
Valid responses =	5	8	46	70	10	15	66	0.6

Invalid responses include no response.

65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	42	58	4	67	49	60.5
2 Yes	0	0	30	42	2	33	32	39.5
Valid responses =	2	2	72	89	6	7	81	0.7

Invalid responses include no response.

65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	89	38	84	8	100	55	87.3
2 Yes	1	11	7	16	0	0	8	12.7
Valid responses =	9	14	45	71	8	13	63	0.6

Invalid responses include no response.



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Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

CANADIAN REFERENCE GROUP

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	3	100	0	0	4	80.0
2 Yes	1	50	0	0	0	0	1	20.0
Valid responses =	2	40	3	60	0	0	5	0.0

Invalid responses include no response.

65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	80	14	56	1	100	31	66.0
2 Yes	4	20	11	44	0	0	16	34.0
Valid responses =	20	43	25	53	1	2	47	0.4

Invalid responses include no response.

65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	60	15	44	0	0	18	46.2
2 Yes	2	40	19	56	0	0	21	53.8
Valid responses =	5	13	34	87	0	0	39	0.3

Invalid responses include no response.

65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	2	40	3	75	7	63.6
2 Yes	0	0	3	60	1	25	4	36.4
Valid responses =	2	18	5	45	4	36	11	0.1

Invalid responses include no response.

65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	80	10	67	3	100	18	75.0
2 Yes	1	20	5	33	0	0	6	25.0
Valid responses =	5	21	15	63	3	13	24	0.2

Invalid responses include no response.

65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	7	47	3	60	12	52.2
2 Yes	1	33	8	53	2	40	11	47.8
Valid responses =	3	13	15	65	5	22	23	0.2

Invalid responses include no response.

65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?

(only includes students with an ongoing or chronic condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1144	63	2933	51	149	31	4244	52.3
2 Negatively impacted performance in a class	489	27	2158	38	233	48	2911	35.9
3 Delayed progress towards degree	194	11	637	11	103	21	956	11.8
Valid responses =	1827	23	5728	71	485	6	8111	71.6

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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#### 66A) Within the last 12 months, have any of the following affected your academic performance?

##### Assault (physical)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2899	97	7224	96	547	95	10750	96.1
2 Did not affect academic performance	76	3	198	3	23	4	300	2.7
3 Negatively impacted performance in a class	16	1	73	1	6	1	95	0.8
4 Delayed progress towards degree	4	0	29	0	2	0	38	0.3
Valid responses =	2995	27	7524	67	578	5	11183	98.8

Invalid responses include no response.

#### 66B) Within the last 12 months, have any of the following affected your academic performance?

##### Assault (sexual)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2923	98	6795	91	497	86	10288	92.3
2 Did not affect academic performance	44	2	473	6	44	8	568	5.1
3 Negatively impacted performance in a class	12	0	187	3	27	5	227	2.0
4 Delayed progress towards degree	4	0	51	1	8	1	67	0.6
Valid responses =	2983	27	7506	67	576	5	11150	98.5

Invalid responses include no response.

#### 66C) Within the last 12 months, have any of the following affected your academic performance?

##### Allergies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2335	78	5374	72	395	69	8165	73.5
2 Did not affect academic performance	569	19	1871	25	154	27	2614	23.5
3 Negatively impacted performance in a class	66	2	193	3	24	4	285	2.6
4 Delayed progress towards degree	8	0	37	1	3	1	49	0.4
Valid responses =	2978	27	7475	67	576	5	11113	98.2

Invalid responses include no response.

#### 66D) Within the last 12 months, have any of the following affected your academic performance?

##### Anxiety

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	1294	44	1848	25	77	13	3239	29.2
2 Did not affect academic performance	714	24	2063	28	146	25	2939	26.5
3 Negatively impacted performance in a class	757	26	2963	40	282	49	4036	36.4
4 Delayed progress towards degree	202	7	580	8	72	13	869	7.8
Valid responses =	2967	27	7454	67	577	5	11083	97.9

Invalid responses include no response.

#### 66E) Within the last 12 months, have any of the following affected your academic performance?

##### Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2468	83	6113	82	352	61	8979	80.5
2 Did not affect academic performance	130	4	312	4	39	7	486	4.4
3 Negatively impacted performance in a class	281	9	835	11	129	22	1264	11.3
4 Delayed progress towards degree	110	4	243	3	57	10	424	3.8
Valid responses =	2989	27	7503	67	577	5	11153	98.5

Invalid responses include no response.

#### 66F) Within the last 12 months, have any of the following affected your academic performance?

##### Concussion or Traumatic Brain Injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2867	96	7149	95	542	94	10636	95.3
2 Did not affect academic performance	56	2	135	2	14	2	208	1.9
3 Negatively impacted performance in a class	53	2	160	2	10	2	225	2.0
4 Delayed progress towards degree	13	0	64	1	10	2	89	0.8
Valid responses =	2989	27	7508	67	576	5	11158	98.6

Invalid responses include no response.



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#### 66G) Within the last 12 months, have any of the following affected your academic performance?

##### Depression

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	1837	62	4042	54	159	28	6069	54.4
2 Did not affect academic performance	408	14	1106	15	110	19	1635	14.7
3 Negatively impacted performance in a class	553	19	1793	24	227	39	2604	23.4
4 Delayed progress towards degree	190	6	559	8	82	14	843	7.6
Valid responses =	2988	27	7500	67	578	5	11151	98.5

Invalid responses include no response.

#### 66H) Within the last 12 months, have any of the following affected your academic performance?

##### Eating disorder/problem

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2704	91	5956	80	370	65	9093	81.9
2 Did not affect academic performance	187	6	1044	14	128	22	1371	12.3
3 Negatively impacted performance in a class	65	2	408	6	58	10	533	4.8
4 Delayed progress towards degree	15	1	73	1	17	3	111	1.0
Valid responses =	2971	27	7481	67	573	5	11108	98.1

Invalid responses include no response.

#### 66I) Within the last 12 months, have any of the following affected your academic performance?

##### Headaches/migraines

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2107	71	4052	54	289	50	6498	58.4
2 Did not affect academic performance	615	21	2008	27	154	27	2794	25.1
3 Negatively impacted performance in a class	229	8	1281	17	118	21	1642	14.8
4 Delayed progress towards degree	24	1	148	2	13	2	188	1.7
Valid responses =	2975	27	7489	67	574	5	11122	98.2

Invalid responses include no response.

#### 66J) Within the last 12 months, have any of the following affected your academic performance?

##### Influenza or influenza like illness (the flu)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2684	90	6403	86	495	86	9656	86.7
2 Did not affect academic performance	197	7	648	9	44	8	895	8.0
3 Negatively impacted performance in a class	97	3	397	5	34	6	532	4.8
4 Delayed progress towards degree	10	0	35	1	3	1	48	0.4
Valid responses =	2988	27	7483	67	576	5	11131	98.3

Invalid responses include no response.

#### 66K) Within the last 12 months, have any of the following affected your academic performance?

##### Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2653	89	6723	90	505	88	9950	89.2
2 Did not affect academic performance	251	8	553	7	48	8	860	7.7
3 Negatively impacted performance in a class	76	3	195	3	22	4	300	2.7
4 Delayed progress towards degree	10	0	34	1	2	0	47	0.4
Valid responses =	2990	27	7505	67	577	5	11157	98.5

Invalid responses include no response.

#### 66L) Within the last 12 months, have any of the following affected your academic performance?

##### PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2967	99	3877	52	340	59	7241	64.9
2 Did not affect academic performance	10	0	2332	31	136	24	2492	22.3
3 Negatively impacted performance in a class	8	0	1209	16	92	16	1320	11.8
4 Delayed progress towards degree	2	0	98	1	10	2	112	1.0
Valid responses =	2987	27	7516	67	578	5	11165	98.6

Invalid responses include no response.



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66M) Within the last 12 months, have any of the following affected your academic performance?

Post Traumatic Stress Disorder (PTSD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2869	96	6765	90	455	79	10155	91.3
2 Did not affect academic performance	48	2	309	4	49	9	412	3.7
3 Negatively impacted performance in a class	41	1	306	4	55	10	408	3.7
4 Delayed progress towards degree	18	1	106	1	15	3	146	1.3
Valid responses =	2976	27	7486	67	574	5	11121	98.2

Invalid responses include no response.

66N) Within the last 12 months, have any of the following affected your academic performance?

Short-term illness, excluding upper respiratory illness and influenza

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2739	92	6608	88	498	87	9920	89.0
2 Did not affect academic performance	167	6	556	7	52	9	781	7.0
3 Negatively impacted performance in a class	67	2	310	4	22	4	403	3.6
4 Delayed progress towards degree	13	0	28	0	2	0	43	0.4
Valid responses =	2986	27	7502	67	574	5	11147	98.5

Invalid responses include no response.

66O) Within the last 12 months, have any of the following affected your academic performance?

Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2577	86	5765	77	442	77	8851	79.3
2 Did not affect academic performance	284	10	1121	15	81	14	1499	13.4
3 Negatively impacted performance in a class	115	4	583	8	46	8	750	6.7
4 Delayed progress towards degree	11	0	38	1	6	1	55	0.5
Valid responses =	2987	27	7507	67	575	5	11155	98.5

Invalid responses include no response.

66P) Within the last 12 months, have any of the following affected your academic performance?

Sleep difficulties

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	1482	50	3120	42	153	27	4782	42.9
2 Did not affect academic performance	670	22	1920	26	153	27	2764	24.8
3 Negatively impacted performance in a class	707	24	2199	29	236	41	3168	28.4
4 Delayed progress towards degree	131	4	267	4	33	6	442	4.0
Valid responses =	2990	27	7506	67	575	5	11156	98.5

Invalid responses include no response.

66Q) Within the last 12 months, have any of the following affected your academic performance?

Stress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	846	28	1200	16	55	10	2112	18.9
2 Did not affect academic performance	858	29	2196	29	134	23	3209	28.8
3 Negatively impacted performance in a class	1015	34	3432	46	316	55	4799	43.0
4 Delayed progress towards degree	269	9	677	9	72	13	1036	9.3
Valid responses =	2988	27	7505	67	577	5	11156	98.5

Invalid responses include no response.

66R) Within the last 12 months, have any of the following affected your academic performance?

Other issue not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2266	97	5390	97	378	93	8091	96.6
2 Did not affect academic performance	24	1	47	1	5	1	76	0.9
3 Negatively impacted performance in a class	25	1	85	2	16	4	129	1.5
4 Delayed progress towards degree	19	1	52	1	7	2	81	1.0
Valid responses =	2334	28	5574	67	406	5	8377	74.0

Invalid responses include no response.



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## 67A) What sex were you assigned at birth?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	7578	100	455	78	8090	71.9
2 Male	3016	100	0	0	122	21	3161	28.1
3 Intersex	1	0	1	0	4	1	8	0.1
Valid responses =	3017	27	7579	67	581	5	11259	99.4
Invalid responses include no response.								

## 67B) Do you identify as transgender?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3017	100	7579	100	262	45	10915	97.0
2 Yes	0	0	0	0	319	55	336	3.0
Valid responses =	3017	27	7579	67	581	5	11251	99.4
Invalid responses include no response.								

## 67C) Which term do you use to describe your gender identity?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	7579	100	101	17	7693	68.4
2 Man or male	3017	100	0	0	53	9	3076	27.3
3 Trans woman	0	0	0	0	13	2	13	0.1
4 Trans man	0	0	0	0	36	6	36	0.3
5 Genderqueer	0	0	0	0	57	10	57	0.5
6 My identity is not listed	0	0	0	0	0	0	58	0.5
7 Agender	0	0	0	0	31	5	31	0.3
8 Genderfluid	0	0	0	0	63	11	63	0.6
9 Non-binary	0	0	0	0	225	39	226	2.0
10 Intersex	0	0	0	0	2	0	2	0.0
Valid responses =	3017	27	7579	67	581	5	11255	99.4
Invalid responses include no response.								

## 68) What term best describes your sexual orientation?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual (from write-ins)	8	0	91	1	33	6	136	1.2
2 Bisexual	161	5	1081	14	129	22	1384	12.4
3 Gay	148	5	5	0	21	4	174	1.6
4 Lesbian	0	0	160	2	57	10	223	2.0
5 Pansexual	15	1	209	3	96	17	326	2.9
6 Queer	17	1	161	2	112	19	303	2.7
7 Questioning	38	1	280	4	16	3	338	3.0
9 Straight/Heterosexual	2595	87	5498	73	105	18	8226	73.4
10 My identity not listed above	17	1	52	1	10	2	90	0.8
Valid responses =	2999	27	7537	67	579	5	11200	98.9
Invalid responses include no response.								

## 69) How old are you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	287	10	746	10	73	13	1115	10.0
2 19 Years	409	14	1115	15	98	17	1630	14.6
3 20 Years	409	14	1185	16	85	15	1691	15.1
4 21 Years	408	14	1116	15	76	13	1608	14.4
5 22 Years	292	10	748	10	66	11	1112	10.0
6 23 Years	217	7	467	6	45	8	737	6.6
7 24 Years	157	5	334	4	18	3	516	4.6
8 25 Years	138	5	300	4	19	3	458	4.1
9 26 to 30 Years	336	11	730	10	58	10	1139	10.2
10 31 to 40 Years	241	8	516	7	29	5	792	7.1
11 41 or More Years	104	4	258	3	10	2	376	3.4
Valid responses =	2998	27	7515	67	577	5	11174	98.7
Invalid responses include no response.								

	Mean	Median	Std Dev	Min	Max
Cis Men	23.69	21.00	6.81	18	93
Cis Women	23.26	21.00	6.37	18	68
Trans/Gender Non-conforming	22.42	21.00	5.27	18	65
Overall	23.34	21.00	6.45	18	93



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## 71) What is your weight in pounds?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	51	2	354	5	29	5	440	4.0
2 101 to 150 Pounds	792	27	4643	63	284	51	5752	52.5
3 151 to 200 Pounds	1541	52	1824	25	161	29	3550	32.4
4 201 to 250 Pounds	441	15	411	6	58	11	918	8.4
5 251 to 300 Pounds	94	3	100	1	17	3	215	2.0
6 301 or More Pounds	41	1	30	0	4	1	78	0.7
Valid responses =	2960	27	7362	67	553	5	10953	96.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	175.42	170.00	42.68	55	500
Cis Women	145.35	136.00	37.8	51	416
Trans/Gender Non-conforming	156.49	145.00	46.47	56	499
Overall	154.21	145.00	41.95	51	500

## 72) What is your year in school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	638	21	1739	23	162	28	2559	22.7
2 2nd year undergraduate	625	21	1530	20	111	19	2285	20.3
3 3rd year undergraduate	525	17	1425	19	116	20	2084	18.5
4 4th year undergraduate	423	14	1099	15	68	12	1607	14.3
5 5th year or more undergraduate	189	6	367	5	41	7	605	5.4
6 Master's (MA, MS, etc.)	304	10	640	9	40	7	993	8.8
7 Doctorate (PhD, EdD, MD, JD, etc.)	172	6	273	4	10	2	460	4.1
8 Not seeking a degree	35	1	129	2	8	1	173	1.5
9 Other (please specify):	102	3	360	5	25	4	494	4.4
Valid responses =	3013	27	7562	67	581	5	11260	99.5

Invalid responses include no response.

## 73) What is your enrollment status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	2781	92	6912	92	520	90	10302	91.6
2 Part-time	192	6	545	7	44	8	791	7.0
3 Other	37	1	96	1	15	3	153	1.4
Valid responses =	3010	27	7553	67	579	5	11246	99.3

Invalid responses include no response.

## 73A) I am taking classes this term:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	433	14	1062	14	70	12	1582	14.1
2 Entirely online	650	22	1672	22	110	19	2461	22.0
3 A mix of in-person and online classes	1919	64	4789	64	399	69	7100	63.9
Valid responses =	3002	27	7523	67	579	5	11203	98.9

Invalid responses include no response.

## 74) What is your Canadian citizenship status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Canadian citizen	2237	74	6285	83	498	86	9107	80.8
2 Study permit holder	620	21	926	12	63	11	1619	14.4
3 Permanent resident	142	5	333	4	15	3	494	4.4
4 Refugee	3	0	4	0	2	0	10	0.1
5 Other (please specify)	14	1	21	0	3	1	39	0.3
Valid responses =	3016	27	7569	100	581	5	11269	99.5

Invalid responses include no response.

## 75A1) What is your racial or ethnic identification? (Please select ALL that apply)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2933	97	7279	96	551	95	10899	96.3
1 Selected	84	3	300	4	30	5	423	3.7
Valid responses =	3017	27	7579	67	581	5	11322	100.0

Invalid responses include no response.



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## 75A2) What is your racial or ethnic identification? (Please select ALL that apply)

### Arab

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2884	96	7368	97	569	98	10961	96.8
1 Selected	133	4	211	3	12	2	361	3.2
Valid responses =	3017	27	7579	67	581	5	11322	100.0

Invalid responses include no response.

## 75A3) What is your racial or ethnic identification? (Please select ALL that apply)

### Black

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2869	95	7132	94	561	97	10700	94.5
1 Selected	148	5	447	6	20	3	622	5.5
Valid responses =	3017	27	7579	67	581	5	11322	100.0

Invalid responses include no response.

## 75A4) What is your racial or ethnic identification? (Please select ALL that apply)

### Chinese

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2794	93	7120	94	522	90	10577	93.4
1 Selected	223	7	459	6	59	10	745	6.6
Valid responses =	3017	27	7579	67	581	5	11322	100.0

Invalid responses include no response.

## 75A5) What is your racial or ethnic identification? (Please select ALL that apply)

### Filipino

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2919	97	7310	97	566	97	10935	96.6
1 Selected	98	3	269	4	15	3	387	3.4
Valid responses =	3017	27	7579	67	581	5	11322	100.0

Invalid responses include no response.

## 75A6) What is your racial or ethnic identification? (Please select ALL that apply)

### Japanese

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2984	99	7546	100	578	100	11252	99.4
1 Selected	33	1	33	0	3	1	70	0.6
Valid responses =	3017	27	7579	67	581	5	11322	100.0

Invalid responses include no response.

## 75A7) What is your racial or ethnic identification? (Please select ALL that apply)

### Korean

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2983	99	7530	99	577	99	11235	99.2
1 Selected	34	1	49	1	4	1	87	0.8
Valid responses =	3017	27	7579	67	581	5	11322	100.0

Invalid responses include no response.

## 75A8) What is your racial or ethnic identification? (Please select ALL that apply)

### Latin American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2906	96	7311	97	573	99	10935	96.6
1 Selected	111	4	268	4	8	1	387	3.4
Valid responses =	3017	27	7579	67	581	5	11322	100.0

Invalid responses include no response.

## 75A9) What is your racial or ethnic identification? (Please select ALL that apply)

### South Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2640	88	6991	92	556	96	10327	91.2
1 Selected	377	13	588	8	25	4	995	8.8
Valid responses =	3017	27	7579	67	581	5	11322	100.0

Invalid responses include no response.



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## 75A10) What is your racial or ethnic identification? (Please select ALL that apply)

### Southeast Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2873	95	7343	97	564	97	10921	96.5
1 Selected	144	5	236	3	17	3	401	3.5
Valid responses =	3017	27	7579	67	581	5	11322	100.0

Invalid responses include no response.

## 75A11) What is your racial or ethnic identification? (Please select ALL that apply)

### West Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2974	99	7521	99	575	99	11215	99.1
1 Selected	43	1	58	1	6	1	107	0.9
Valid responses =	3017	27	7579	67	581	5	11322	100.0

Invalid responses include no response.

## 75A12) What is your racial or ethnic identification? (Please select ALL that apply)

### White

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1399	46	2801	37	160	28	4449	39.3
1 Selected	1618	54	4778	63	421	73	6873	60.7
Valid responses =	3017	27	7579	67	581	5	11322	100.0

Invalid responses include no response.

## 75A14) What is your racial or ethnic identification? (Please select ALL that apply)

### My identity is not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2878	95	7269	96	555	96	10836	95.7
1 Selected	139	5	310	4	26	5	486	4.3
Valid responses =	3017	27	7579	67	581	5	11322	100.0

Invalid responses include no response.

## 76) What is your relationship status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	1737	58	3762	50	331	57	5873	52.2
2 In relationship not married/partnered	953	32	2952	39	204	35	4149	36.9
3 Married/partnered	317	11	845	11	45	8	1219	10.8
Valid responses =	3007	27	7559	67	580	5	11241	99.3

Invalid responses include no response.

## 77A) Are you a member of a social fraternity or sorority?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2959	98	7447	99	570	98	11071	98.5
2 Yes	53	2	105	1	9	2	167	1.5
Valid responses =	3012	27	7552	67	579	5	11238	99.3

Invalid responses include no response.

## 77B) Do you live in a fraternity or sorority residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2985	99	7524	100	575	99	11178	99.4
2 Yes	26	1	30	0	4	1	64	0.6
Valid responses =	3011	27	7554	67	579	5	11242	99.3

Invalid responses include no response.

## 78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	360	12	1007	13	91	16	1468	13.1
2 Parent/guardian/other family member's home	1106	37	2626	35	178	31	3943	35.3
3 Off-campus/non-university housing	1442	48	3633	48	291	51	5407	48.3
4 Temporarily with relative, friend, couch surfing	24	1	63	1	2	0	92	0.8
5 Don't have a place to live	0	0	2	0	2	0	4	0.0
6 Other (please specify)	54	2	197	3	12	2	271	2.4
Valid responses =	2986	27	7528	67	576	5	11185	98.8

Invalid responses include no response.





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## 79) What is your primary source of supplemental health insurance?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 I have a college/university Student Health Insurance Plan	1177	39	2499	33	223	38	3943	35.1
2 Covered by my parent/guardian's supplemental plan	1228	41	3663	49	263	45	5182	46.1
3 Covered by my employer-based plan (or spouse/partner's)	196	7	599	8	26	5	830	7.4
4 I bought a plan on my own	51	2	99	1	10	2	163	1.5
5 I don't have supplemental health insurance	127	4	334	4	25	4	489	4.4
6 I don't know if I have supplemental health insurance	181	6	272	4	24	4	485	4.3
7 Have supplemental health insurance, don't know source	44	2	86	1	10	2	144	1.3
Valid responses =	3004	27	7552	67	581	5	11236	99.2

Invalid responses include no response.

## 80) What is your approximate cumulative grade average?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	285	10	665	9	51	9	1014	9.0
2 A	681	23	2019	27	130	23	2844	25.3
3 A-	604	20	1676	22	111	19	2410	21.5
4 B+	463	15	1255	17	93	16	1827	16.3
5 B	420	14	872	12	80	14	1387	12.3
6 B-	234	8	419	6	48	8	711	6.3
7 C+	107	4	222	3	18	3	352	3.1
8 C	83	3	164	2	23	4	274	2.4
9 C-	37	1	67	1	5	1	109	1.0
10 D+	12	0	23	0	6	1	42	0.4
11 D	12	0	25	0	2	0	39	0.3
12 D-	8	0	9	0	2	0	19	0.2
13 F	6	0	9	0	2	0	18	0.2
14 N/A	60	2	117	2	8	1	188	1.7
Valid responses =	3012	27	7542	67	579	5	11234	99.2

Invalid responses include no response.

## 81A) Do you participate in organized college athletics at any of the following levels?

### Varsity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2846	96	7277	97	567	99	10783	96.9
2 Yes	120	4	220	3	8	1	349	3.1
Valid responses =	2966	27	7497	67	575	5	11132	98.3

Invalid responses include no response.

## 81B) Do you participate in organized college athletics at any of the following levels?

### Club Sports

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2726	92	7155	96	554	96	10527	94.6
2 Yes	247	8	331	4	21	4	601	5.4
Valid responses =	2973	27	7486	67	575	5	11128	98.3

Invalid responses include no response.

## 81C) Do you participate in organized college athletics at any of the following levels?

### Intramurals

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2480	83	6843	92	543	95	9952	89.9
2 Yes	492	17	597	8	27	5	1123	10.1
Valid responses =	2972	27	7440	67	570	5	11075	97.8

Invalid responses include no response.

## 82A) Do you have any of the following?

### Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2586	86	6447	86	380	66	9464	84.5
2 Yes	416	14	1084	14	195	34	1734	15.5
Valid responses =	3002	27	7531	67	575	5	11198	98.9

Invalid responses include no response.



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## 82B) Do you have any of the following?

### Autism Spectrum Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2921	98	7403	99	491	86	10889	97.5
2 Yes	74	3	108	1	83	15	279	2.5
Valid responses =	2995	27	7511	67	574	5	11168	98.6

Invalid responses include no response.

## 82C) Do you have any of the following?

### Deaf/Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2920	98	7389	99	551	96	10945	98.3
2 Yes	65	2	103	1	24	4	194	1.7
Valid responses =	2985	27	7492	67	575	5	11139	98.4

Invalid responses include no response.

## 82D) Do you have any of the following?

### Learning disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2808	94	6964	93	471	83	10316	93.0
2 Yes	169	6	498	7	99	17	781	7.0
Valid responses =	2977	27	7462	67	570	5	11097	98.0

Invalid responses include no response.

## 82E) Do you have any of the following?

### Mobility/Dexterity disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2949	99	7389	99	539	94	10960	98.4
2 Yes	38	1	103	1	36	6	183	1.6
Valid responses =	2987	27	7492	67	575	5	11143	98.4

Invalid responses include no response.

## 82F) Do you have any of the following?

### Blind/Low Vision

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2890	97	7204	96	539	94	10716	96.4
2 Yes	89	3	274	4	35	6	402	3.6
Valid responses =	2979	27	7478	67	574	5	11118	98.2

Invalid responses include no response.

## 82G) Do you have any of the following?

### Speech or language disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2947	99	7423	99	555	97	11011	98.8
2 Yes	42	1	68	1	18	3	130	1.2
Valid responses =	2989	27	7491	67	573	5	11141	98.4

Invalid responses include no response.

## 83) Are you currently or have you been a member of your country's Armed Services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2920	97	7508	100	575	100	11095	98.9
2 Yes, have served in area of hazardous duty	27	1	11	0	1	0	39	0.3
3 Yes, have not served in area hazardous duty	55	2	27	0	1	0	85	0.8
Valid responses =	3002	27	7546	67	577	5	11219	99.1

Invalid responses include no response.



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## 84) What is the highest level of education completed by either of your parents (or guardians)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	113	4	289	4	19	3	428	3.8
2 High school diploma or GED	461	15	1214	16	91	16	1783	15.9
3 Attended college but no degree	156	5	581	8	51	9	796	7.1
4 Associate's degree	315	11	970	13	85	15	1378	12.3
5 Bachelor's degree	1015	34	2553	34	166	29	3761	33.5
6 Master's degree	580	19	1181	16	93	16	1866	16.6
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	241	8	519	7	56	10	824	7.3
8 Don't know	126	4	249	3	17	3	395	3.5
Valid responses =	3007	27	7556	67	578	5	11231	99.2

Invalid responses include no response.

## 85) Are you a parent or guardian of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2844	95	7038	93	562	97	10530	93.7
2 Yes	165	6	520	7	16	3	708	6.3
Valid responses =	3009	27	7558	67	578	5	11238	99.3

Invalid responses include no response.

## 85B) How many dependents under the age of 18 are you responsible for? (only includes students who are a parent/guardian)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1	291	71	703	69	35	73	1033	69.7
2 2	80	20	194	19	7	15	283	19.1
3 3	29	7	85	8	4	8	121	8.2
4 4	7	2	22	2	1	2	30	2.0
5 5 or more	4	1	11	1	1	2	16	1.1
Valid responses =	411	28	1015	68	48	3	1483	13.1

## HT\_INCH Height in Inches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	0	0	0	0	0	0.0
3 49 to 60 Inches	1	0	309	4	15	3	327	3.0
4 61 to 72 Inches	2207	76	7031	95	522	92	9833	89.7
5 73 to 84 Inches	712	24	46	1	27	5	790	7.2
6 85 or More Inches	1	0	6	0	1	0	8	0.1
Valid responses =	2921	27	7392	67	565	5	10958	96.8

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

## BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.05	0.02	0.07	0	0.50
Cis Women	0.06	0.03	0.07	0	0.50
Trans/Gender Non-conforming	0.05	0.02	0.07	0	0.43
Overall	0.06	0.03	0.07	0	0.50

## BAC Estimated Blood Alcohol Content

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	797	39	1590	29	141	35	2543	31.8
1 .01 to .05% Alcohol	698	34	2017	37	157	39	2889	36.1
2 .06 to .07% Alcohol	140	7	418	8	26	6	586	7.3
3 .08 to .09% Alcohol	111	5	323	6	19	5	458	5.7
4 .10 to .15% Alcohol	174	9	649	12	28	7	858	10.7
5 .16 to .20% Alcohol	65	3	254	5	20	5	342	4.3
6 .21 to .25% Alcohol	36	2	119	2	7	2	163	2.0
7 .26 to .30% Alcohol	12	1	57	1	3	1	72	0.9
8 .31 to .49% Alcohol	22	1	69	1	5	1	97	1.2
Valid responses =	2055	26	5496	69	406	5	8008	70.7

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 11322 Web Surveys

## CANADIAN REFERENCE GROUP

### RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	1635	80	4025	73	324	80	6018	75.1
1 .08% or higher	420	20	1471	27	82	20	1990	24.9
Valid responses =	2055	26	5496	69	406	5	8008	70.7

Invalid responses include no response.

### RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	1746	85	4348	79	343	85	6476	80.9
1 .1% or higher	309	15	1148	21	63	16	1532	19.1
Valid responses =	2055	26	5496	69	406	5	8008	70.7

Invalid responses include no response.

### BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Cis Men	24.85	24.00	5.65	6	94
Cis Women	24.21	23.00	5.97	6	68
Trans/Gender Non-conforming	24.93	23.00	6.83	5	62
Overall	24.44	23.00	5.96	5	94

### RBMI Body Mass Index Classifications

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	206	7	638	9	60	11	913	8.5
2 Desired weight (18.5- 24.9)	1478	51	4236	58	269	50	6014	55.8
3 Overweight (25- 29.9)	812	28	1368	19	107	20	2307	21.4
4 Class I obesity (30- 34.9)	264	9	603	8	61	11	935	8.7
5 Class II obesity (35- 39.9)	88	3	248	3	25	5	364	3.4
6 Class III obesity (>=40)	48	2	172	2	20	4	247	2.3
Valid responses =	2896	27	7265	67	542	5	10780	95.2

Invalid responses include no response.

### USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Cis Men	1.90	1.00	2.2	0	6
Cis Women	1.86	1.00	2.2	0	6
Trans/Gender Non-conforming	2.30	2.00	2.35	0	6
Overall	1.90	1.00	2.21	0	6

### RUSDAFI USDA Food Security Category

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	586	20	1462	20	156	27	2235	20.0
2 Low food security (2-4)	699	24	1696	23	133	23	2558	22.9
3 High or marginal food security (0-1)	1690	57	4342	58	285	50	6371	57.1
Valid responses =	2975	27	7500	67	574	5	11164	98.6

Invalid responses include no response.

### KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Cis Men	9.30	9.00	5.44	0	24
Cis Women	10.59	10.00	5.37	0	24
Trans/Gender Non-conforming	13.30	13.00	5.25	0	24
Overall	10.42	10.00	5.47	0	24

### RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress\*

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-12)	2179	74	4892	66	264	46	7377	66.6
3 Serious psychological distress (13-24)	766	26	2562	34	314	54	3698	33.4
Valid responses =	2945	27	7454	67	578	5	11075	97.8

Invalid responses include no response.

\*ACHA discontinued the practice of reporting moderate psychological distress in fall 2023 due to lack of consensus on an appropriate cut off score. Instead, we recommend reporting only students who screen positive (or negative) for serious psychological distress as indicated above. All reference group reports were updated to reflect this change.



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## ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.76	6.00	1.94	3	9
Cis Women	5.88	6.00	1.88	3	9
Trans/Gender Non-conforming	6.60	7.00	1.91	3	9
Overall	5.89	6.00	1.91	3	9

## RULS3 Recoded UCLA Loneliness Scale

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	1323	44	3137	42	155	27	4644	41.4
2 Positive for loneliness (6-9)	1672	56	4406	58	426	73	6581	58.6
Valid responses =	2995	27	7543	67	581	5	11225	99.1
Invalid responses include no response.								

## SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.54	4.00	3.23	3	18
Cis Women	6.00	5.00	3.45	3	18
Trans/Gender Non-conforming	9.19	9.00	3.92	3	18
Overall	6.06	5.00	3.51	3	18

## RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	2122	71	4898	65	165	29	7226	64.5
2 Positive for suicidal screening (7-18)	873	29	2630	35	411	71	3974	35.5
Valid responses =	2995	27	7528	67	576	5	11200	98.9
Invalid responses include no response.								

## MHC-SF Three Category Diagnosis of Positive Mental Health.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Languishing	415	16	1001	16	130	27	1576	16.8
2 Moderate	1268	49	3177	51	264	55	4758	50.8
3 Flourishing	898	35	2039	33	87	18	3038	32.4
Valid responses =	2581	28	6217	66	481	5	9372	82.8
Invalid responses include no response or multiple responses.								

## SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	8.12	4.00	9.12	0	31
Cis Women	7.29	3.00	8.67	0	31
Trans/Gender Non-conforming	8.55	6.00	9.27	0	31
Overall	7.59	3.00	8.84	0	31

## TOBACCORISK ASSIST Tobacco Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	630	49	1641	52	108	44	2405	50.9
2 Moderate Risk (4-26)	592	46	1366	44	126	51	2108	44.6
3 High Risk (27-39)	68	5	130	4	14	6	214	4.5
Valid responses =	1290	27	3137	66	248	5	4727	41.8
Invalid responses include no response.								

## SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	7.21	6.00	6.44	0	39
Cis Women	7.10	6.00	6.17	0	39
Trans/Gender Non-conforming	7.19	6.00	6.54	0	34
Overall	7.14	6.00	6.26	0	39

## ALCOHOLRISK ASSIST Alcohol Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	1703	79	4682	80	369	80	6815	79.8
2 Moderate Risk (11-26)	410	19	1063	18	80	17	1570	18.4
3 High Risk (27-39)	41	2	102	2	13	3	157	1.8
Valid responses =	2154	25	5847	68	462	5	8542	75.4
Invalid responses include no response.								



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## SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	7.52	4.00	8.89	0	39
Cis Women	6.68	4.00	7.94	0	39
Trans/Gender Non-conforming	9.47	6.00	9.57	0	39
Overall	7.09	4.00	8.36	0	39

## CANNABISRISK ASSIST Cannabis Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	693	48	1957	49	120	35	2795	47.9
2 Moderate Risk (4-26)	666	46	1864	47	198	58	2762	47.4
3 High Risk (27-39)	87	6	156	4	26	8	275	4.7
Valid responses =	1446	25	3977	68	344	6	5832	51.5

Invalid responses include no response.

## SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	4.09	0.00	7.24	0	33
Cis Women	3.05	0.00	5.44	0	34
Trans/Gender Non-conforming	4.05	0.00	6.72	0	29
Overall	3.41	0.00	6.16	0	37

## COCAINERISK ASSIST Cocaine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	194	72	459	74	37	65	701	73.4
2 Moderate Risk (4-26)	64	24	149	24	19	33	232	24.3
3 High Risk (27-39)	11	4	9	2	1	2	22	2.3
Valid responses =	269	28	617	65	57	6	955	8.4

Invalid responses include no response.

## SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.31	2.00	9.96	0	32
Cis Women	2.68	0.00	5.34	0	32
Trans/Gender Non-conforming	6.81	3.00	8.88	0	32
Overall	4.38	0.00	7.88	0	36

## METHRISK ASSIST Methamphetamine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	38	64	92	77	14	52	146	69.5
2 Moderate Risk (4-26)	16	27	26	22	11	41	54	25.7
3 High Risk (27-39)	5	9	2	2	2	7	10	4.8
Valid responses =	59	28	120	57	27	13	210	1.9

Invalid responses include no response.

## SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.23	0.00	7.41	0	36
Cis Women	2.13	0.00	5.32	0	34
Trans/Gender Non-conforming	4.06	0.00	8.26	0	30
Overall	3.00	0.00	7.05	0	36

## INHALANTRISK ASSIST Inhalant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	103	83	107	83	23	74	237	81.7
2 Moderate Risk (4-26)	16	13	20	16	6	19	42	14.5
3 High Risk (27-39)	5	4	2	2	2	7	11	3.8
Valid responses =	124	43	129	44	31	11	290	2.6

Invalid responses include no response.

## SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.91	0.00	5.84	0	32
Cis Women	2.84	0.00	5.05	0	33
Trans/Gender Non-conforming	5.28	3.00	6.93	0	26
Overall	3.05	0.00	5.57	0	34

## RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	214	77	386	73	29	54	639	73.0
2 Moderate Risk (4-26)	59	21	137	26	25	46	225	25.7
3 High Risk (27-39)	6	2	4	1	0	0	11	1.3
Valid responses =	279	32	527	60	54	6	875	7.7

Invalid responses include no response.



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## SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	4.72	0.00	7.85	0	33
Cis Women	3.49	0.00	5.98	0	35
Trans/Gender Non-conforming	5.80	3.00	7.99	0	29
Overall	3.95	0.00	6.71	0	36

## SEDATIVERISK ASSIST Sedative Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	104	66	322	69	32	58	473	68.2
2 Moderate Risk (4-26)	49	31	137	30	22	40	209	30.1
3 High Risk (27-39)	5	3	5	1	1	2	12	1.7
Valid responses =	158	23	464	67	55	8	694	6.1

Invalid responses include no response.

## SSISHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.53	0.00	4.78	0	32
Cis Women	2.03	0.00	3.64	0	36
Trans/Gender Non-conforming	3.38	2.00	5.83	0	32
Overall	2.32	0.00	4.35	0	38

## HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	390	79	758	80	86	75	1251	78.7
2 Moderate Risk (4-26)	102	21	190	20	26	23	326	20.5
3 High Risk (27-39)	5	1	3	0	3	3	13	0.8
Valid responses =	497	31	951	60	115	7	1590	14.0

Invalid responses include no response.

## SSISHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	9.14	6.00	11.01	0	33
Cis Women	4.32	0.00	8.49	0	29
Trans/Gender Non-conforming	15.73	20.00	12	0	29
Overall	9.44	6.00	12.16	0	38

## HEROINRISK ASSIST Heroin Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	9	43	19	68	2	18	30	47.6
2 Moderate Risk (4-26)	9	43	7	25	5	46	21	33.3
3 High Risk (27-39)	3	14	2	7	4	36	12	19.0
Valid responses =	21	33	28	44	11	17	63	0.6

Invalid responses include no response.

## SSISRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	4.01	0.00	8.3	0	33
Cis Women	1.89	0.00	4.18	0	27
Trans/Gender Non-conforming	4.63	2.00	7.9	0	29
Overall	2.91	0.00	6.48	0	38

## RXOPIOIDRISK ASSIST Opioid Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	104	78	209	82	28	68	348	79.3
2 Moderate Risk (4-26)	21	16	45	18	11	27	78	17.8
3 High Risk (27-39)	9	7	1	0	2	5	13	3.0
Valid responses =	134	31	255	58	41	9	439	3.9

Invalid responses include no response.

## SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	12.52	12.00	10.3	0	33
Cis Women	7.08	3.00	9.13	0	35
Trans/Gender Non-conforming	11.89	10.00	10.79	0	29
Overall	9.87	6.00	10.36	0	35





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## OTHERSSISIRISK ASSIST Other Drug Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	13	27	33	52	6	33	57	41.6
2 Moderate Risk (4-26)	28	58	25	40	9	50	63	46.0
3 High Risk (27-39)	7	15	5	8	3	17	17	12.4
Valid responses =	48	35	63	46	18	13	137	1.2

Invalid responses include no response.

## PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Cis Men	499.49	300.00	680.06	0	11040
Cis Women	415.07	240.00	584.59	0	10100
Trans/Gender Non-conforming	350.13	180.00	502.63	0	5000
Overall	433.64	240.00	607.62	0	11040

## PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	871	29	2589	35	246	44	3749	33.7
2 Yes	2108	71	4881	65	317	56	7382	66.3
Valid responses =	2979	27	7470	67	563	5	11131	98.3

Invalid responses include no response.

## PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1585	53	4790	64	432	77	6887	61.9
2 Yes	1394	47	2680	36	131	23	4244	38.1
Valid responses =	2979	27	7470	67	563	5	11131	98.3

Invalid responses include no response.

## HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1867	63	5373	72	461	82	7794	70.0
2 Yes	1112	37	2097	28	102	18	3337	30.0
Valid responses =	2979	27	7470	67	563	5	11131	98.3

Invalid responses include no response.



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## QCOVID1 Have you ever had COVID-19 (the novel coronavirus disease)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	867	29	2394	32	108	19	3404	30.1
6 No	1796	60	4514	60	399	69	6790	60.1
7 Unsure	347	12	657	9	74	13	1099	9.7
Valid responses =	3010	27	7565	67	581	5	11293	99.7

Invalid responses include no response.

## QCOVID1A How severe were any symptoms that you experienced? (only includes students who selected Yes or Maybe to ever having had COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Severe (e.g., difficulty breathing or speaking, low blood pressure, high fever of 103 F (39.4 C or higher)	47	5	159	7	7	7	214	6.3
2 Moderate (e.g., some shortness of breath, cough, fever of 100.4 F (38 C) or higher)	291	34	1049	44	55	51	1414	41.5
3 Mild (e.g., cold-like symptoms)	471	54	1045	44	39	36	1569	46.1
4 No symptoms (asymptomatic)	58	7	141	6	7	7	207	6.1
Valid responses =	867	25	2394	70	108	3	3404	30.1

Invalid responses include no response.

## QCOVID1B Were you hospitalized because of your COVID-19 symptoms? (only includes students who selected Yes or Maybe to ever having had COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	12	1	26	1	1	1	39	1.1
2 No	853	99	2366	99	106	99	3359	98.9
Valid responses =	865	25	2392	70	107	3	3398	30.0

Invalid responses include no response.

## QCOVID1C Did you/are you experiencing symptoms that have continued more than 4 weeks after your initial COVID-19 illness, and were not experienced before the illness? Examples include fatigue, brain fog, heart racing, headaches, or worsening mood. (only includes students who selected Yes to ever having COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	174	20	821	34	36	33	1043	30.7
2 No	692	80	1568	66	72	67	2354	69.3
Valid responses =	866	25	2389	70	108	3	3397	30.0

Invalid responses include no response.

## QCOVID2 Have you had a loved one, close family member, or friend die due to COVID-19?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	361	12	969	13	65	11	1417	12.5
2 No	2650	88	6595	87	516	89	9875	87.5
Valid responses =	3011	27	7564	67	581	5	11292	99.7

Invalid responses include no response.

## QCOVID3 Do you have a loved one, close family member, or friend that has been dealing with long term effects (or a long recovery) following a COVID-19 illness?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	520	17	1934	26	134	23	2629	23.3
2 No	2494	83	5641	75	447	77	8677	76.7
Valid responses =	3014	27	7575	67	581	5	11306	99.9

Invalid responses include no response.

## QCOVID5 I believe that my campus has done enough to protect students from COVID-19.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	135	5	330	4	50	9	525	4.6
2 Disagree	245	8	864	11	96	17	1228	10.9
3 Neither disagree nor agree	593	20	1416	19	107	18	2151	19.0
4 Agree	1258	42	3368	45	229	40	4895	43.3
5 Strongly agree	783	26	1593	21	98	17	2501	22.1
Valid responses =	3014	27	7571	67	580	5	11300	99.8

Invalid responses include no response.



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Number of Surveys (n) = 11322 Web Surveys

**QCOVID6 I follow my campus policies related to COVID-19.**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	66	2	149	2	19	3	243	2.2
2 Disagree	93	3	73	1	4	1	175	1.5
3 Neither disagree nor agree	189	6	285	4	14	2	501	4.4
4 Agree	1069	36	2377	31	148	26	3635	32.2
5 Strongly agree	1585	53	4665	62	391	67	6706	59.3
6 N/A, my campus does not have policies related to COVID-19	11	0	22	0	4	1	40	0.4
Valid responses =	3013	27	7571	67	580	5	11300	99.8

Invalid responses include no response.

**QCOVID8 I believe that students at my school are taking precautions to protect one another from COVID-19.**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	123	4	308	4	38	7	475	4.2
2 Disagree	324	11	998	13	102	18	1447	12.8
3 Neither disagree nor agree	734	24	2032	27	142	25	2949	26.1
4 Agree	1453	48	3484	46	246	43	5232	46.3
5 Strongly agree	377	13	745	10	51	9	1189	10.5
Valid responses =	3011	27	7567	67	579	5	11292	99.7

Invalid responses include no response.

**QCOVID13A Over the past 30 days, on average, how much have you been concerned with the following?**

**How long the COVID-19 pandemic will last**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	512	17	711	9	40	7	1282	11.3
2 Slightly concerned	659	22	1555	21	101	17	2340	20.7
3 Moderately concerned	891	30	2426	32	176	30	3525	31.2
4 Very concerned	583	19	1755	23	144	25	2518	22.3
5 Extremely concerned	370	12	1123	15	120	21	1637	14.5
Valid responses =	3015	27	7570	67	581	5	11302	99.8

Invalid responses include no response.

**QCOVID13B Over the past 30 days, on average, how much have you been concerned with the following?**

**That you will get COVID-19 (only includes students who selected Maybe, Probably not, or No to having had COVID-19)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	677	32	888	17	67	14	1650	20.9
2 Slightly concerned	612	29	1372	27	97	21	2101	26.7
3 Moderately concerned	475	22	1409	27	146	31	2065	26.2
4 Very concerned	240	11	937	18	95	20	1283	16.3
5 Extremely concerned	136	6	558	11	68	14	780	9.9
Valid responses =	2140	27	5164	66	473	6	7879	69.6

Invalid responses include no response.

**QCOVID13C Over the past 30 days, on average, how much have you been concerned with the following?**

**That you will get COVID-19 again (only includes students who selected Yes to having had COVID-19)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	443	51	849	36	24	22	1328	39.1
2 Slightly concerned	210	24	610	26	25	23	855	25.1
3 Moderately concerned	122	14	452	19	24	22	603	17.7
4 Very concerned	63	7	290	12	20	19	376	11.1
5 Extremely concerned	28	3	191	8	15	14	238	7.0
Valid responses =	866	25	2392	70	108	3	3400	30.0

Invalid responses include no response.

**QCOVID13D Over the past 30 days, on average, how much have you been concerned with the following?**

**That someone you care about will get COVID-19**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	577	19	864	11	58	10	1519	13.4
2 Slightly concerned	740	25	1679	22	96	17	2540	22.5
3 Moderately concerned	807	27	1996	26	133	23	2965	26.3
4 Very concerned	565	19	1760	23	147	25	2504	22.2
5 Extremely concerned	321	11	1269	17	147	25	1767	15.6
Valid responses =	3010	27	7568	67	581	5	11295	99.8

Invalid responses include no response.



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**QCOVID13E Over the past 30 days, on average, how much have you been concerned with the following?**

**That someone you care about will die from COVID-19**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	1077	36	2013	27	131	23	3250	28.8
2 Slightly concerned	801	27	1886	25	124	21	2836	25.1
3 Moderately concerned	466	16	1320	17	101	17	1922	17.0
4 Very concerned	347	12	1124	15	97	17	1589	14.1
5 Extremely concerned	321	11	1224	16	127	22	1698	15.0
Valid responses =	3012	27	7567	67	580	5	11295	99.8

Invalid responses include no response.

**QCOVID13F Over the past 30 days, on average, how much have you been concerned with the following?**

**Not being able to spend time with people you care about**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	595	20	985	13	67	12	1664	14.7
2 Slightly concerned	589	20	1275	17	95	16	1975	17.5
3 Moderately concerned	687	23	1790	24	143	25	2657	23.5
4 Very concerned	650	22	2020	27	132	23	2842	25.2
5 Extremely concerned	492	16	1499	20	142	25	2159	19.1
Valid responses =	3013	27	7569	67	579	5	11297	99.8

Invalid responses include no response.

**QCOVID13G Over the past 30 days, on average, how much have you been concerned with the following?**

**Uncertainty of the future**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	348	12	528	7	25	4	912	8.1
2 Slightly concerned	481	16	901	12	49	8	1446	12.8
3 Moderately concerned	684	23	1590	21	78	13	2380	21.1
4 Very concerned	676	23	1965	26	146	25	2820	25.0
5 Extremely concerned	819	27	2581	34	283	49	3732	33.1
Valid responses =	3008	27	7565	67	581	5	11290	99.7

Invalid responses include no response.

**QCOVID14 If you have received counseling or therapy (either in-person or by telehealth) in the past 12 months, how has your access to**

**mental health care been affected by the COVID-19 pandemic? (only includes students who have received psychological or mental health services in the last 12 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Much more difficult or limited access	75	13	429	16	64	21	580	16.0
2 Somewhat more difficult or limited access	199	35	971	36	116	37	1296	35.8
3 No significant change in access	201	36	855	32	90	29	1158	32.0
4 Somewhat less difficult or limited access	31	6	183	7	19	6	238	6.6
5 Much less difficult or limited access	15	3	134	5	15	5	168	4.6
6 Don't know or not applicable (have not tried to access care since the pandemic began)	42	8	127	5	8	3	180	5.0
Valid responses =	563	0	2699	75	312	9	3620	32.0

Invalid responses include no response.

**QCOVID15 As a result of the COVID-19 pandemic, have you experienced any discriminatory or hostile behavior due to your race/ethnicity**

**(or what someone thought was your race/ethnicity)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	277	9	647	9	65	11	1002	8.9
2 No	2734	91	6913	91	514	89	10282	91.1
Valid responses =	3011	27	7560	67	579	5	11284	99.7

Invalid responses include no response.

**QCOVID16 As a result of the COVID-19 pandemic, have you witnessed (online exchanges or in-person) any discriminatory or hostile behavior**

**or exchanges towards others due to their race/ethnicity (or what someone thought was their race/ethnicity)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	1095	36	3595	48	380	65	5134	45.4
2 No	1917	64	3974	53	201	35	6162	54.6
Valid responses =	3012	27	7569	67	581	5	11296	99.8

Invalid responses include no response.



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## QCOVID17 How has your financial situation been affected by the COVID-19 pandemic?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A lot more stressful	704	23	1942	26	183	32	2872	25.4
2 Somewhat more stressful	1085	36	2912	39	217	37	4267	37.8
3 No significant change	1043	35	2401	32	165	28	3642	32.2
4 Somewhat less stressful	134	4	244	3	13	2	395	3.5
5 A lot less stressful	48	2	72	1	3	1	125	1.1
Valid responses =	3014	27	7571	67	581	5	11301	99.8

Invalid responses include no response.

## QCOVID18 How has the COVID-19 pandemic impacted your overall level of stress?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Significantly increased my level of stress	944	31	3267	43	314	54	4598	40.7
2 Somewhat increased my level of stress	1495	50	3505	46	216	37	5261	46.6
3 No change in my level of stress	463	15	624	8	35	6	1133	10.0
4 Somewhat decreased my level of stress	81	3	148	2	13	2	245	2.2
5 Significantly decreased my level of stress	29	1	28	0	3	1	62	0.5
Valid responses =	3012	27	7572	67	581	5	11299	99.8

Invalid responses include no response.

## QCOVID19B How would you describe your COVID-19 vaccination status (not including "boosters")?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Received all doses required to be fully vaccinated	2871	95	7293	96	562	97	10844	96.1
2 Started the vaccination process, but need another dose	52	2	78	1	9	2	144	1.3
3 Will get vaccinated as soon as possible	14	1	18	0	2	0	34	0.3
4 Will only get vaccinated if required	36	1	69	1	4	1	113	1.0
5 Will not get vaccinated	38	1	105	1	3	1	152	1.3
Valid responses =	3011	27	7563	67	580	5	11287	99.7

Invalid responses include no response.

## QCOVID19C Have you had an additional or "booster" dose of a COVID-19 vaccine?

(only includes students who selected Yes to having received all the doses to be fully vaccinated against COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	1576	55	4531	62	400	71	6581	60.8
2 I plan to get an additional or "booster" dose when I am eligible	421	15	1061	15	93	17	1591	14.7
3 I will only get an additional or "booster" dose if required	358	13	666	9	36	6	1069	9.9
4 I am not sure if I will get an additional or "booster" dose	255	9	547	8	21	4	832	7.7
5 I will not get an additional or "booster" dose	252	9	477	7	12	2	751	6.9
Valid responses =	2862	26	7282	67	562	5	10824	95.6

## QCOVID23 Did you test positive for COVID-19 after you were fully vaccinated (2 weeks after your second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine)?

(only includes students who selected Yes to having COVID-19 and received all the doses to be fully vaccinated against COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	557	68	1679	74	64	62	2323	72.1
2 No	263	32	589	26	39	38	897	27.9
Valid responses =	820	25	2268	70	103	3	3220	28.4

Invalid responses include no response.

## QCOVID21 Were it not for the COVID-19 pandemic, I would prefer to take most of my classes:

(only includes students who are taking classes entirely online, or a mix of in-person and online classes)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 In-person	2195	73	5199	69	431	74	7884	70.1
2 Online	816	27	2363	31	149	26	3368	29.9
Valid responses =	3011	27	7562	67	580	5	11252	99.4

Invalid responses include no response.