



NATIONAL COLLEGE HEALTH ASSESSMENT

# UNDERGRADUATE STUDENT Reference Group

## Data Report

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## Fall 2022

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

Suggested citation for this document: American College Health Association. American College Health Association-National College Health Assessment III: Undergraduate Student Reference Group Data Report Fall 2022. Silver Spring, MD: American College Health Association; 2023.



AMERICAN COLLEGE HEALTH ASSOCIATION

### Demographics of Participating Institutions

Fifty-three postsecondary institutions self-selected to participate in the Fall 2022 ACHA National College Health Assessment and 35,692 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all students or used a random sampling technique, and used the ACHA-NCHA III (currently only offered as a web survey) are included in the analysis, yielding a final data set consisting of 33,774 students at 51 schools. **This report includes only data from 23,866 UNDERGRADUATE students at 51 schools.** Demographic characteristics of the 51 campuses follow.

<b>Demographical Characteristics of the 51 US Postsecondary Institutions Included in the Fall 2022 ACHA-NCHA III UNDERGRADUATE Reference Group</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
Type of Institution	
Public	31
Private	20
2-year	7
4-year or above	44
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	10
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	12
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX, VA, WV)	19
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	10
Campus Size	
< 2,500 students	9
2,500 – 4,999 students	8
5,000 – 9,999 students	12
10,000 – 19,999 students	11
20,000 students or more	11
Campus Setting	
Very large city (population over 500,000)	7
Large city (population 250,000-499,999)	9
Small city (population 50,000-249,999)	16
Large town (population 10,000-49,999)	11
Small town (population 2,500-9,999)	7
Rural community (population under 2,500)	1
Carnegie Classification	
Associates Colleges	6
Baccalaureate Colleges	5
Baccalaureate/Associates Colleges	1
Masters Colleges and Universities	15
Doctoral Universities	21
Special Focus Institutions	3
Miscellaneous/Not Classified	0

<b>Demographical Characteristics of the 51 US Postsecondary Institutions Included in the Fall 2022 ACHA-NCHA III UNDERGRADUATE Reference Group</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
ACHA Membership Status	
Institutional Member	47
Nonmember	4
Religious Affiliation	
No	45
Yes	6
<u>If yes:</u>	
Catholic	3
Protestant or Other Christian	3
Postsecondary Minority Institution (US Department of Education)	
No	45
Yes	6
<u>*If yes:</u>	
Postsecondary Minority Institution	0
Historically Black College or University (HBCU)	0
High Hispanic Enrollment	0
Hispanic-serving Institution (HSI)	6
Tribal College or University	0
Predominately Black Institution	0
Asian American and Native American Pacific Islander-serving	0
Alaska Native-serving or Native Hawaiian-serving Institution	0
Native American-serving Nontribal Institution	0
*institutions may hold more than one type of minority status	

<b>UNDERGRADUATE</b>	<b>Fall 2022 Institutions</b>
Number of institutions	51
Number of students	23,866
Mean response proportion*	11%
Median response proportion*	9%

\*Calculation of response proportion is based all students surveyed at the institution, and not limited to only undergraduate student responses.

**We need to draw your attention to an important change in your ACHA-NCHA Report documents. Beginning in Spring 2021, responses for transgender and gender-nonconforming students are readily available directly in the report documents. This represents an important change in the way we have been reporting ACHA-NCHA results. We've prepared the following information to better explain the specific changes, our reasoning for doing so, and tips for using these redesigned report documents.**

**I. What we've done to date**

- The ACHA-NCHA has asked respondents about their gender identity for 12 years.
- Data on transgender and gender-nonconforming (TGNC) students was available in the data file, but not displayed explicitly in the report documents in an effort to protect the privacy of TGNC students, particularly those students in smaller campus environments and at schools that publicly shared their ACHA-NCHA report documents.
- We have been trying to find the right balance between protecting students' privacy and making the results accessible to campus surveyors who may not use the statistical software that would be required to extract this information directly from the data files. Until now, we've erred on the side of protecting student privacy.

**II. Why change?**

- The number of TGNC students in our samples has been increasing over the years. Between 2008 and 2015, the number of students identifying as TGNC was very small (less than 0.05%). We've learned over the years that gender identity is complex and fluid. To better capture this complexity, we began asking separate questions about sex at birth and gender identity in Fall 2015. Now TGNC students tend to represent 3-4% of the overall sample.
- With greater number of students identifying as TGNC on the ACHA-NCHA in recent years, we have a better opportunity to understand their needs and behaviors than we have in years past.
- A number of health disparities between TGNC students and their cisgender peers have been well documented<sup>[1]</sup>, and schools need readily available access to this data in order to better address the needs of TGNC students.

**III. What's different about the way we are reporting?**

- First – a note about how we have been reporting ACHA-NCHA results to date. RSEX is a variable we create based on the responses to the questions on sex at birth, whether or not a student identifies as transgender, and their gender identity. The RSEX variable had allowed us to sort respondents into 4 groups for reporting purposes: male, female, non-binary, and missing. (Details about this variable can be found in all report documents.)
- The value labels for RSEX have been revised to better represent gender identity rather than sex. A value of "1" has been changed from "Male" to "Cis Men<sup>[2]</sup>." A "2" has been changed from "Female" to "Cis Women<sup>[3]</sup>." The value "3" has been changed from "non-binary" to "Transgender and Gender-Nonconforming" (TGNC), as it's a more accurate and inclusive term. The value "4" on RSEX remains "missing/unknown" and is used for students who do not answer all three questions.
- The "missing/unknown" column in the Data Report document has been replaced with a "Trans/Gender-Nonconforming" column. Because space limitations in the report prevent us from displaying all 4 categories plus a total column in the same document, it's now the "missing/unknown" column that is not displayed. Now when the Total of any given row is higher than the sum of the cis men, cis women, and TGNC respondents, the difference can be attributed to "missing/unknown" respondents that selected the response option presented in that row.
- A column for "Trans/Gender-Nonconforming" has been added the Executive Summary Report document.

**IV. Important considerations with this new format**

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

**Questions about this report? Please reach out to Christine Kukich at [Ckukich@acha.org](mailto:Ckukich@acha.org)**

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[1] Greathouse M, BrckaLorenz A, Hoban M, Huseman R, Rankin S, Stolzenberg EB. (2018). Queer-spectrum and trans-spectrum student experiences in American higher education: The analysis of national survey findings. New Brunswick, NJ: Tyler Clementi Center, Rutgers University.

[2] Cisgender refers to people whose gender identity matches their sex assigned at birth. Cis men is short for "cisgender men" and is a term used to describe persons who identify as men and were assigned male at birth.

[3] Cis women is short for "cisgender women" and is a term used to describe persons who identify as women and were assigned female at birth.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

### UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. **Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.**

#### A note about the use of sex and gender in this report:

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

#### 1) How would you describe your overall health?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	1156	18	1171	8	57	4	2402	11.0
2 Very good	2591	40	4898	35	309	22	7861	35.8
3 Good	1964	31	5635	41	575	42	8266	37.7
4 Fair	628	10	1898	14	355	26	2924	13.3
5 Poor	110	2	277	2	82	6	477	2.2
Valid responses =	6449	29	13879	63	1378	6	21930	91.9
Invalid responses include no response.								

#### 2A) I feel that I belong at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	143	2	262	2	29	2	442	1.9
2 Disagree	214	3	437	3	85	6	746	3.1
3 Somewhat disagree	435	6	875	6	158	11	1489	6.3
4 Somewhat agree	1497	21	3551	24	468	31	5604	23.5
5 Agree	3134	44	6456	43	558	37	10238	43.0
6 Strongly agree	1653	23	3390	23	213	14	5282	22.2
Valid responses =	7076	30	14971	63	1511	6	23801	99.7
Invalid responses include no response.								

#### 2B) I feel that students' health and well-being is a priority at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	215	3	396	3	88	6	712	3.0
2 Disagree	336	5	831	6	168	11	1362	5.7
3 Somewhat disagree	689	10	1682	11	266	18	2673	11.2
4 Somewhat agree	2114	30	4754	32	501	33	7436	31.3
5 Agree	2568	36	5013	34	343	23	7999	33.7
6 Strongly agree	1145	16	2268	15	145	10	3583	15.1
Valid responses =	7067	30	14944	63	1511	6	23765	99.6
Invalid responses include no response.								

#### 2C) At my college/university, I feel that the campus climate encourages free and open discussion about students' health and well-being.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	139	2	272	2	48	3	471	2.0
2 Disagree	249	4	516	4	119	8	900	3.8
3 Somewhat disagree	554	8	1274	9	224	15	2079	8.8
4 Somewhat agree	1929	27	4304	29	464	31	6779	28.5
5 Agree	2771	39	5671	38	480	32	9000	37.9
6 Strongly agree	1420	20	2903	19	174	12	4525	19.0
Valid responses =	7062	30	14940	63	1509	6	23754	99.5
Invalid responses include no response.								



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#### 2D) At my college/university, we are a campus where we look out for each other.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	195	3	364	2	66	4	642	2.7
2 Disagree	300	4	652	4	107	7	1078	4.5
3 Somewhat disagree	695	10	1516	10	249	17	2497	10.5
4 Somewhat agree	2214	31	4802	32	524	35	7606	32.1
5 Agree	2388	34	5205	35	394	26	8062	34.0
6 Strongly agree	1248	18	2376	16	165	11	3817	16.1
Valid responses =	7040	30	14915	63	1505	6	23702	99.3

Invalid responses include no response.

#### 3A) How many hours do you spend in a typical week (7 days) on the following activities?

##### Attending classes, discussion sections, or labs

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	62	1	118	1	12	1	193	0.8
2 1-5 hours	598	8	1720	12	141	9	2484	10.4
3 6-10 hours	1402	20	3341	22	354	24	5143	21.6
4 11-15 hours	2333	33	4577	31	485	32	7468	31.4
5 16-20 hours	1825	26	3427	23	353	23	5669	23.8
6 21-25 hours	586	8	1093	7	112	7	1814	7.6
7 26-30 hours	188	3	422	3	36	2	649	2.7
8 More than 30 hours	87	1	259	2	16	1	367	1.5
Valid responses =	7081	30	14957	63	1509	6	23787	99.7

Invalid responses include no response.

#### 3B) How many hours do you spend in a typical week (7 days) on the following activities?

##### Studying and other academic activities outside of class

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	92	1	149	1	13	1	258	1.1
2 1-5 hours	1600	23	3265	22	371	25	5282	22.2
3 6-10 hours	2079	29	4540	30	459	31	7144	30.1
4 11-15 hours	1399	20	2880	19	312	21	4637	19.5
5 16-20 hours	924	13	1888	13	164	11	3002	12.6
6 21-25 hours	495	7	1071	7	77	5	1666	7.0
7 26-30 hours	251	4	604	4	55	4	923	3.9
8 More than 30 hours	222	3	538	4	54	4	829	3.5
Valid responses =	7062	30	14935	63	1505	6	23741	99.5

Invalid responses include no response.

#### 3C) How many hours do you spend in a typical week (7 days) on the following activities?

##### Attending cultural events, movies, concerts, sports or other entertainment with others

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1721	24	3579	24	432	29	5798	24.4
2 1-5 hours	3880	55	9097	61	853	57	13966	58.7
3 6-10 hours	995	14	1592	11	148	10	2760	11.6
4 11-15 hours	277	4	411	3	43	3	739	3.1
5 16-20 hours	104	2	151	1	16	1	274	1.2
6 21-25 hours	56	1	67	0	7	1	131	0.6
7 26-30 hours	17	0	33	0	5	0	55	0.2
8 More than 30 hours	22	0	26	0	3	0	54	0.2
Valid responses =	7072	30	14956	63	1507	6	23777	99.6

Invalid responses include no response.

#### 3D) How many hours do you spend in a typical week (7 days) on the following activities?

##### Performing community service or volunteer activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4559	64	8318	56	1014	67	14040	59.1
2 1-5 hours	2040	29	5553	37	393	26	8056	33.9
3 6-10 hours	285	4	729	5	66	4	1092	4.6
4 11-15 hours	87	1	186	1	15	1	292	1.2
5 16-20 hours	54	1	80	1	8	1	143	0.6
6 21-25 hours	25	0	46	0	5	0	76	0.3
7 26-30 hours	12	0	12	0	2	0	26	0.1
8 More than 30 hours	13	0	22	0	2	0	42	0.2
Valid responses =	7075	30	14946	63	1505	6	23767	99.6

Invalid responses include no response.



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## 3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1305	18	4322	29	644	43	6352	26.7
2 1-5 hours	2788	39	6646	44	585	39	10126	42.6
3 6-10 hours	1684	24	2473	17	188	13	4377	18.4
4 11-15 hours	664	9	762	5	44	3	1482	6.2
5 16-20 hours	338	5	434	3	27	2	801	3.4
6 21-25 hours	142	2	190	1	10	1	344	1.4
7 26-30 hours	94	1	80	1	8	1	183	0.8
8 More than 30 hours	62	1	61	0	4	0	132	0.6
Valid responses =	7077	30	14968	63	1510	6	23797	99.7

Invalid responses include no response.

## 3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4613	65	9667	65	1173	78	15631	65.8
2 1-5 hours	1930	27	4249	28	271	18	6490	27.3
3 6-10 hours	323	5	683	5	34	2	1056	4.4
4 11-15 hours	112	2	192	1	15	1	322	1.4
5 16-20 hours	36	1	69	1	3	0	108	0.5
6 21-25 hours	23	0	45	0	4	0	72	0.3
7 26-30 hours	13	0	22	0	4	0	40	0.2
8 More than 30 hours	19	0	21	0	4	0	47	0.2
Valid responses =	7069	30	14948	63	1508	6	23766	99.6

Invalid responses include no response.

## 3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2996	42	6196	42	601	40	9872	41.6
2 1-5 hours	2571	36	6054	41	602	40	9331	39.3
3 6-10 hours	956	14	1805	12	193	13	2992	12.6
4 11-15 hours	308	4	493	3	62	4	873	3.7
5 16-20 hours	120	2	206	1	23	2	354	1.5
6 21-25 hours	55	1	94	1	10	1	160	0.7
7 26-30 hours	31	0	41	0	10	1	82	0.3
8 More than 30 hours	31	0	35	0	5	0	75	0.3
Valid responses =	7068	30	14924	63	1506	6	23739	99.5

Invalid responses include no response.

## 3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	445	6	860	6	92	6	1421	6.0
2 1-5 hours	2213	31	5483	37	538	36	8313	35.1
3 6-10 hours	2127	30	4454	30	458	31	7105	30.0
4 11-15 hours	1121	16	2131	14	214	14	3505	14.8
5 16-20 hours	533	8	939	6	96	6	1585	6.7
6 21-25 hours	270	4	438	3	29	2	742	3.1
7 26-30 hours	124	2	227	2	24	2	376	1.6
8 More than 30 hours	219	3	362	2	51	3	639	2.7
Valid responses =	7052	30	14894	63	1502	6	23686	99.2

Invalid responses include no response.

## 3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4082	58	8313	56	1061	71	13616	58.0
2 1-5 hours	2060	30	4812	33	344	23	7267	31.0
3 6-10 hours	548	8	1185	8	54	4	1800	7.7
4 11-15 hours	162	2	279	2	15	1	462	2.0
5 16-20 hours	64	1	94	1	5	0	165	0.7
6 21-25 hours	33	1	40	0	7	1	80	0.3
7 26-30 hours	15	0	15	0	5	0	36	0.2
8 More than 30 hours	24	0	19	0	2	0	49	0.2
Valid responses =	6988	30	14757	63	1493	6	23475	98.4

Invalid responses include no response.



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## UNDERGRADUATE STUDENTS

### 3J) How many hours do you spend in a typical week (7 days) on the following activities?

#### Spending time with family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2898	41	5217	35	668	44	8887	37.5
2 1-5 hours	2522	36	5652	38	536	36	8797	37.1
3 6-10 hours	735	10	1798	12	142	9	2691	11.4
4 11-15 hours	303	4	765	5	52	4	1126	4.7
5 16-20 hours	199	3	421	3	39	3	664	2.8
6 21-25 hours	98	1	245	2	18	1	366	1.5
7 26-30 hours	59	1	180	1	14	1	255	1.1
8 More than 30 hours	225	3	643	4	35	2	920	3.9
Valid responses =	7039	30	14921	63	1504	6	23706	99.3

Invalid responses include no response.

### 3K) How many hours do you spend in a typical week (7 days) on the following activities?

#### Watching TV, streaming movies/TV, or other media for entertainment

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	519	7	1050	7	104	7	1696	7.1
2 1-5 hours	2767	39	6931	46	563	37	10344	43.5
3 6-10 hours	2003	28	4017	27	436	29	6529	27.5
4 11-15 hours	867	12	1597	11	189	13	2681	11.3
5 16-20 hours	458	7	714	5	109	7	1292	5.4
6 21-25 hours	191	3	300	2	50	3	549	2.3
7 26-30 hours	84	1	143	1	31	2	265	1.1
8 More than 30 hours	169	2	204	1	24	2	405	1.7
Valid responses =	7058	30	14956	63	1506	6	23761	99.6

Invalid responses include no response.

### 3L) How many hours do you spend in a typical week (7 days) on the following activities?

#### Gaming

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2385	34	11289	76	607	40	14390	60.6
2 1-5 hours	2307	33	2431	16	476	32	5280	22.2
3 6-10 hours	1211	17	695	5	213	14	2153	9.1
4 11-15 hours	554	8	251	2	102	7	922	3.9
5 16-20 hours	281	4	130	1	52	4	470	2.0
6 21-25 hours	121	2	67	0	27	2	218	0.9
7 26-30 hours	70	1	32	0	12	1	115	0.5
8 More than 30 hours	135	2	37	0	16	1	192	0.8
Valid responses =	7064	30	14932	63	1505	6	23740	99.5

Invalid responses include no response.

### 3M) How many hours do you spend in a typical week (7 days) on the following activities?

#### Using social media

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	714	10	666	5	81	5	1488	6.3
2 1-5 hours	2694	38	5879	40	548	37	9212	39.0
3 6-10 hours	1953	28	4542	31	451	30	7003	29.7
4 11-15 hours	846	12	1938	13	193	13	3007	12.7
5 16-20 hours	394	6	951	6	108	7	1469	6.2
6 21-25 hours	191	3	408	3	52	4	658	2.8
7 26-30 hours	99	1	222	2	22	2	345	1.5
8 More than 30 hours	120	2	263	2	38	3	429	1.8
Valid responses =	7011	30	14869	63	1493	6	23611	98.9

Invalid responses include no response.

### 3N) How many hours do you spend in a typical week (7 days) on the following activities?

#### Commuting to school and/or to work

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2229	32	4667	31	452	30	7418	31.4
2 1-5 hours	3699	53	7727	52	799	53	12362	52.3
3 6-10 hours	742	11	1581	11	171	11	2516	10.6
4 11-15 hours	194	3	462	3	44	3	701	3.0
5 16-20 hours	79	1	202	1	14	1	297	1.3
6 21-25 hours	36	1	88	1	9	1	136	0.6
7 26-30 hours	21	0	50	0	4	0	75	0.3
8 More than 30 hours	36	1	105	1	6	0	150	0.6
Valid responses =	7036	30	14882	63	1499	6	23655	99.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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(410) 859-1500

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UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

## 3O) How many hours do you spend in a typical week (7 days) on the following activities?

### Working for pay

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3597	51	6082	41	631	42	10409	44.1
2 1-5 hours	757	11	1596	11	155	10	2540	10.8
3 6-10 hours	839	12	2162	15	212	14	3247	13.8
4 11-15 hours	510	7	1545	10	170	11	2248	9.5
5 16-20 hours	511	7	1335	9	154	10	2020	8.6
6 21-25 hours	259	4	709	5	73	5	1050	4.4
7 26-30 hours	171	2	439	3	46	3	663	2.8
8 More than 30 hours	388	6	970	7	55	4	1425	6.0
Valid responses =	7032	30	14838	63	1496	6	23602	98.9

Invalid responses include no response.

## 3P) How many hours do you spend in a typical week (7 days) on the following activities?

### Participating in meditation or meditative activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5515	78	11303	76	1108	74	18113	76.4
2 1-5 hours	1242	18	3093	21	338	23	4708	19.9
3 6-10 hours	173	3	333	2	32	2	545	2.3
4 11-15 hours	50	1	84	1	11	1	148	0.6
5 16-20 hours	25	0	43	0	5	0	73	0.3
6 21-25 hours	29	0	25	0	4	0	60	0.3
7 26-30 hours	13	0	21	0	3	0	37	0.2
8 More than 30 hours	9	0	12	0	1	0	25	0.1
Valid responses =	7056	30	14914	63	1502	6	23709	99.3

Invalid responses include no response.

## 3Q) How many hours do you spend in a typical week (7 days) on the following activities?

### Performing unpaid household responsibilities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2029	29	3026	20	277	18	5389	22.7
2 1-5 hours	3674	52	8104	54	827	55	12723	53.5
3 6-10 hours	916	13	2205	15	266	18	3427	14.4
4 11-15 hours	233	3	750	5	80	5	1073	4.5
5 16-20 hours	120	2	346	2	24	2	495	2.1
6 21-25 hours	34	1	148	1	14	1	199	0.8
7 26-30 hours	30	0	109	1	8	1	148	0.6
8 More than 30 hours	43	1	275	2	12	1	336	1.4
Valid responses =	7079	30	14963	63	1508	6	23790	99.7

Invalid responses include no response.

## 3R) How many hours do you spend in a typical week (7 days) on the following activities?

### Taking care of children or other family members (unpaid)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	6087	86	12052	81	1277	85	19619	82.5
2 1-5 hours	509	7	1378	9	128	9	2029	8.5
3 6-10 hours	193	3	475	3	38	3	715	3.0
4 11-15 hours	73	1	195	1	30	2	300	1.3
5 16-20 hours	68	1	135	1	12	1	219	0.9
6 21-25 hours	27	0	98	1	6	0	133	0.6
7 26-30 hours	22	0	76	1	3	0	103	0.4
8 More than 30 hours	98	1	557	4	15	1	674	2.8
Valid responses =	7077	30	14966	63	1509	6	23792	99.7

Invalid responses include no response.

## 4) How do you describe your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	136	2	125	1	24	2	289	1.2
2 Slightly underweight	1081	15	1331	9	187	12	2638	11.1
3 About the right weight	3760	53	8203	55	691	46	12762	53.6
4 Slightly overweight	1805	26	4385	29	484	32	6747	28.3
5 Very overweight	309	4	935	6	124	8	1386	5.8
Valid responses =	7091	30	14979	63	1510	6	23822	99.8

Invalid responses include no response.



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## UNDERGRADUATE STUDENTS

### 5) Are you trying to do any of the following about your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	1494	21	3354	22	490	33	5403	22.7
2 Stay the same weight	1513	21	3161	21	247	16	4979	20.9
3 Lose weight	2357	33	7601	51	641	43	10695	44.9
4 Gain weight	1730	24	870	6	131	9	2754	11.6
Valid responses =	7094	30	14986	63	1509	6	23831	99.9

Invalid responses include no response.

### 6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	226	3	388	3	45	3	662	2.8
1 1 to 149 Minutes	3199	46	7031	47	735	49	11086	47.0
2 150 to 299 Minutes	1603	23	3389	23	310	21	5361	22.7
3 300 or More Minutes	1993	28	4013	27	402	27	6458	27.4
Valid responses =	7021	30	14821	63	1492	6	23567	98.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	247.55	150.00	355.73	0	5040
Cis Women	247.67	140.00	382.64	0	5040
Trans/Gender Non-conforming	237.68	120.00	344.44	0	5040
Overall	246.93	150.00	372.38	0	5040

### 7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	1581	23	5428	37	646	43	7743	32.9
1 1 to 74 Minutes	1969	28	4419	30	473	32	6863	29.5
2 75 to 149 Minutes	958	14	1778	12	143	10	2903	12.3
3 150 or More Minutes	2518	36	3166	21	226	15	5947	25.3
Valid responses =	7026	30	14791	63	1488	6	23536	98.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	169.54	60.00	250.03	0	3000
Cis Women	108.01	30.00	212.9	0	3000
Trans/Gender Non-conforming	72.18	15.00	136.82	0	1200
Overall	124.01	45.00	223.13	0	3000

### 8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	2179	31	6875	46	894	59	10074	42.3
1 1 day	757	11	1832	12	178	12	2797	11.8
2 2 days	905	13	2130	14	161	11	3223	13.5
3 3 days	970	14	1768	12	133	9	2887	12.1
4 4 days	734	10	977	7	51	3	1777	7.5
5 5 days	771	11	807	5	47	3	1641	6.9
6 6 days	492	7	374	3	21	1	891	3.7
7 7 days	284	4	199	1	24	2	511	2.1
Valid responses =	7092	30	14962	63	1509	6	23801	99.7

Invalid responses include no response.



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9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?

One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.

If you do not drink sugar-sweetened beverages, please enter 0.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	1997	28	3720	25	331	22	6116	25.9
2 1 serving	1380	20	3087	21	321	21	4841	20.5
3 2 servings	1058	15	2451	17	286	19	3814	16.2
4 3 servings	676	10	1542	10	155	10	2404	10.2
5 4 servings	441	6	858	6	93	6	1404	6.0
6 5 servings	325	5	724	5	49	3	1108	4.7
7 6 servings	181	3	402	3	30	2	620	2.6
8 7 servings	210	3	567	4	49	3	832	3.5
9 8 servings	123	2	252	2	24	2	403	1.7
10 9 or more servings	636	9	1235	8	160	11	2052	8.7
Valid responses =	7027	30	14838	63	1498	6	23594	98.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.16	2.00	4.71	0	30
Cis Women	3.23	2.00	4.79	0	30
Trans/Gender Non-conforming	3.34	2.00	4.69	0	30
Overall	3.22	2.00	4.76	0	30

9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?

(for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	4727	68	10553	72	994	67	16428	70.1
2 1-2 days	796	11	1546	11	177	12	2546	10.9
3 3-4 days	390	6	761	5	96	7	1260	5.4
4 5-10 days	566	8	1070	7	98	7	1747	7.4
5 11-15 days	145	2	305	2	41	3	501	2.1
6 16-20 days	133	2	223	2	28	2	385	1.6
7 21-25 days	91	1	104	1	22	2	221	0.9
8 26-30 days	126	2	199	1	31	2	363	1.5
Valid responses =	6974	30	14761	63	1487	6	23451	98.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.42	0.00	5.81	0	30
Cis Women	1.98	0.00	5.15	0	30
Trans/Gender Non-conforming	2.59	0.00	6.12	0	30
Overall	2.16	0.00	5.44	0	30

10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	1402	20	2369	16	292	19	4114	17.3
2 1-2 servings per day	4440	63	10162	68	976	65	15718	66.1
3 3-4 servings per day	1057	15	2080	14	205	14	3379	14.2
4 5-6 servings per day	139	2	282	2	21	1	447	1.9
5 More than 6 servings per day	37	1	63	0	8	1	111	0.5
Valid responses =	7075	30	14956	63	1502	6	23769	99.6

Invalid responses include no response.

11) In the last 7 days, how many servings of vegetables did you eat on average per day?

One serving is 1/2 cup of fresh, frozen, or canned vegetables; 3/4 cup 100% vegetable juice; or 1 cup salad greens

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	1058	15	1809	12	231	15	3128	13.2
2 1-2 servings per day	4223	60	9241	62	886	59	14492	60.9
3 3-4 servings per day	1513	21	3360	23	324	22	5252	22.1
4 5-6 servings per day	237	3	443	3	47	3	735	3.1
5 More than 6 servings per day	54	1	108	1	11	1	175	0.7
Valid responses =	7085	30	14961	63	1499	6	23782	99.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

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12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

The food that I bought just didn't last, and I didn't have money to get more

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	4323	61	7825	53	733	49	13007	54.9
1 Sometimes True	2197	31	5319	36	547	36	8141	34.3
2 Often True	537	8	1763	12	223	15	2555	10.8
Valid responses =	7057	30	14907	63	1503	6	23703	99.3

Invalid responses include no response.

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

I couldn't afford to eat balanced meals.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	4473	64	8059	54	715	48	13367	56.5
1 Sometimes True	1819	26	4630	31	441	29	6962	29.4
2 Often True	752	11	2203	15	343	23	3342	14.1
Valid responses =	7044	30	14892	63	1499	6	23671	99.2

Invalid responses include no response.

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	4857	69	9444	63	849	56	15291	64.2
1 Only 1 or 2 days	979	14	2270	15	244	16	3526	14.8
2 Yes, some days, but not every day	975	14	2576	17	304	20	3898	16.4
3 Yes, almost every day	279	4	697	5	112	7	1110	4.7
Valid responses =	7090	30	14987	63	1509	6	23825	99.8

Invalid responses include no response.

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5493	78	10997	73	983	65	17640	74.1
1 Yes	1594	23	3984	27	523	35	6171	25.9
Valid responses =	7087	30	14981	63	1506	6	23811	99.8

Invalid responses include no response.

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5876	83	11833	79	1058	70	18946	79.5
1 Yes	1213	17	3155	21	451	30	4878	20.5
Valid responses =	7089	30	14988	63	1509	6	23824	99.8

Invalid responses include no response.

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	784	11	1318	9	93	6	2221	9.3
2 5-15 minutes	2522	36	4860	32	377	25	7817	32.8
3 16-30 minutes	1888	27	4139	28	393	26	6495	27.3
4 31 minutes - 1 hour	1266	18	3005	20	382	25	4701	19.7
5 over 1 hour	623	9	1667	11	264	18	2583	10.8
Valid responses =	7083	30	14989	63	1509	6	23817	99.8

Invalid responses include no response.

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	84	1	189	1	32	2	308	1.3
2 4 hours	240	3	515	3	88	6	856	3.6
3 5 hours	805	11	1932	13	205	14	2969	12.5
4 6 hours	1978	28	4031	27	433	29	6506	27.3
5 7 hours	2451	35	4811	32	436	29	7780	32.7
6 8 hours	1259	18	2672	18	226	15	4193	17.6
7 9 hours	212	3	610	4	66	4	900	3.8
8 10 or more hours	56	1	232	2	23	2	313	1.3
Valid responses =	7085	30	14992	63	1509	6	23825	99.8

Invalid responses include no response.



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## UNDERGRADUATE STUDENTS

15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	75	1	177	1	23	2	278	1.2
2 4 hours	155	2	374	3	44	3	579	2.4
3 5 hours	379	5	1057	7	88	6	1539	6.5
4 6 hours	867	12	2115	14	178	12	3195	13.4
5 7 hours	1450	21	3124	21	271	18	4883	20.5
6 8 hours	2147	30	4240	28	356	24	6807	28.6
7 9 hours	1392	20	2699	18	345	23	4485	18.8
8 10 or more hours	623	9	1203	8	205	14	2061	8.6
Valid responses =	7088	30	14989	63	1510	6	23827	99.8

Invalid responses include no response.

16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	3913	55	6831	46	661	44	11522	48.4
2 1 day	1314	19	2799	19	291	19	4448	18.7
3 2 days	868	12	2401	16	224	15	3531	14.8
4 3 days	420	6	1276	9	129	9	1838	7.7
5 4 days	208	3	642	4	75	5	929	3.9
6 5 days	159	2	448	3	62	4	680	2.9
7 6 days	42	1	174	1	21	1	240	1.0
8 7 days	153	2	395	3	45	3	601	2.5
Valid responses =	7077	30	14966	63	1508	6	23789	99.7

Invalid responses include no response.

16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	436	6	326	2	40	3	810	3.4
2 1 day	687	10	761	5	62	4	1524	6.4
3 2 days	1300	18	1722	12	123	8	3176	13.3
4 3 days	1293	18	2389	16	198	13	3916	16.4
5 4 days	889	13	2104	14	166	11	3183	13.4
6 5 days	939	13	2304	15	220	15	3501	14.7
7 6 days	367	5	1217	8	117	8	1725	7.2
8 7 days	1177	17	4154	28	585	39	5979	25.1
Valid responses =	7088	30	14977	63	1511	6	23814	99.8

Invalid responses include no response.

16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	2516	36	4366	29	336	22	7288	30.6
2 1 day	1712	24	3383	23	284	19	5434	22.8
3 2 days	1022	14	2291	15	215	14	3561	15.0
4 3 days	523	7	1406	9	151	10	2096	8.8
5 4 days	348	5	876	6	96	6	1329	5.6
6 5 days	309	4	888	6	120	8	1335	5.6
7 6 days	176	3	449	3	72	5	709	3.0
8 7 days	483	7	1310	9	237	16	2054	8.6
Valid responses =	7089	30	14969	63	1511	6	23806	99.7

Invalid responses include no response.

16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	980	14	3118	21	386	26	4536	19.1
2 1 day	1168	17	3235	22	316	21	4771	20.0
3 2 days	1394	20	3002	20	276	18	4704	19.8
4 3 days	1027	15	2019	14	190	13	3270	13.7
5 4 days	809	11	1358	9	131	9	2325	9.8
6 5 days	861	12	1170	8	112	7	2161	9.1
7 6 days	468	7	611	4	50	3	1144	4.8
8 7 days	382	5	455	3	48	3	892	3.7
Valid responses =	7089	30	14968	63	1509	6	23803	99.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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American College Health Association

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(410) 859-1500

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

## UNDERGRADUATE STUDENTS

16E) On how many of the last 7 days did you: Take a nap?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	2770	39	5393	36	567	38	8813	37.0
2 1 day	1450	21	3005	20	256	17	4760	20.0
3 2 days	1096	16	2355	16	252	17	3740	15.7
4 3 days	734	10	1681	11	181	12	2625	11.0
5 4 days	413	6	885	6	84	6	1390	5.8
6 5 days	280	4	758	5	72	5	1122	4.7
7 6 days	132	2	338	2	40	3	518	2.2
8 7 days	214	3	555	4	57	4	838	3.5
Valid responses =	7089	30	14970	63	1509	6	23806	99.7

Invalid responses include no response.

16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	846	20	1489	16	122	13	2492	16.7
2 Between 30 and 59 minutes	1947	45	4365	46	412	44	6781	45.4
3 Between 60 and 119 minutes	1200	28	2804	29	298	32	4342	29.1
4 2 hours or more	310	7	879	9	107	11	1318	8.8
Valid responses =	4303	29	9537	64	939	6	14933	62.6

Invalid responses include no response.

17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	3902	55	9838	66	1018	68	14898	62.8
2 Never	1331	19	2213	15	159	11	3743	15.8
3 Rarely	384	5	620	4	55	4	1068	4.5
4 Sometimes	316	5	470	3	46	3	836	3.5
5 Most of the time	356	5	544	4	67	5	975	4.1
6 Always	761	11	1249	8	158	11	2202	9.3
Valid responses =	7050	30	14934	63	1503	6	23722	99.4

Invalid responses include no response.

17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	5901	84	13161	88	1374	91	20639	87.1
2 Never	462	7	769	5	50	3	1298	5.5
3 Rarely	90	1	103	1	10	1	206	0.9
4 Sometimes	85	1	86	1	6	0	179	0.8
5 Most of the time	102	1	134	1	3	0	239	1.0
6 Always	403	6	666	5	62	4	1140	4.8
Valid responses =	7043	30	14919	63	1505	6	23701	99.3

Invalid responses include no response.

17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	5807	83	13119	88	1288	86	20413	86.2
2 Never	832	12	1221	8	143	10	2221	9.4
3 Rarely	123	2	148	1	17	1	288	1.2
4 Sometimes	88	1	98	1	13	1	201	0.8
5 Most of the time	60	1	73	1	9	1	142	0.6
6 Always	127	2	251	2	31	2	416	1.8
Valid responses =	7037	30	14910	63	1501	6	23681	99.2

Invalid responses include no response.

18A) When, if ever, was the last time you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	489	7	1078	7	191	13	1784	7.5
2 Within the last 2 weeks	4641	65	10340	69	805	53	15911	66.8
3 More than 2 weeks but within 30 days	438	6	781	5	88	6	1324	5.6
4 More than 30 days but within 3 months	931	13	1653	11	233	15	2854	12.0
5 More than 3 months but within 12 months	422	6	792	5	120	8	1353	5.7
6 More than 12 months ago	174	3	342	2	74	5	604	2.5
Valid responses =	7095	30	14986	63	1511	6	23830	99.8

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	36	1	58	1	4	1	98	0.6
1 1 to 4 Days	1285	28	2357	23	243	30	3926	24.7
2 5 to 10 Days	1332	29	2948	29	259	32	4578	28.9
3 11 to 14 Days	1972	43	4954	48	295	37	7265	45.8
Valid responses =	4625	29	10317	65	801	5	15867	66.5
Invalid responses include no response.								
	Mean	Median	Std Dev	Min	Max			
Cis Men	8.56	9.00	4.81	0	14			
Cis Women	9.19	10.00	4.71	0	14			
Trans/Gender Non-conforming	8.07	7.00	4.68	0	14			
Overall	8.94	10.00	4.75	0	14			

18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	2050	45	4341	42	418	52	6869	43.5
1 1 to 4 Days	1200	26	2650	26	210	26	4094	25.9
2 5 to 10 Days	630	14	1612	16	101	13	2356	14.9
3 11 to 14 Days	728	16	1666	16	69	9	2479	15.7
Valid responses =	4608	29	10269	65	798	5	15798	66.2
Invalid responses include no response.								
	Mean	Median	Std Dev	Min	Max			
Cis Men	3.69	1.00	4.99	0	14			
Cis Women	3.90	2.00	5.02	0	14			
Trans/Gender Non-conforming	2.66	0.00	4.19	0	14			
Overall	3.77	1.00	4.98	0	14			

18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	5755	90	12028	89	1081	87	19033	88.9
2 One accident	585	9	1359	10	150	12	2116	9.9
3 Two accidents	65	1	141	1	10	1	222	1.0
4 Three or more accidents	13	0	25	0	3	0	41	0.2
Valid responses =	6418	30	13553	63	1244	6	21412	89.7
Invalid responses include no response.								

19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner called me names, insulted me, or put me down to make me feel bad.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6532	93	13292	89	1370	92	21400	90.2
2 Yes	524	7	1642	11	127	9	2319	9.8
Valid responses =	7056	30	14934	63	1497	6	23719	99.4
Invalid responses include no response.								

19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6663	95	13892	93	1408	94	22182	93.7
2 Yes	382	5	1018	7	89	6	1501	6.3
Valid responses =	7045	30	14910	63	1497	6	23683	99.2
Invalid responses include no response.								

19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6850	97	14437	97	1454	97	22956	97.0
2 Yes	188	3	462	3	42	3	705	3.0
Valid responses =	7038	30	14899	63	1496	6	23661	99.1
Invalid responses include no response.								



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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## UNDERGRADUATE STUDENTS

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Number of Surveys (n) = 23866 Web Surveys

19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6958	99	14580	98	1457	97	23216	98.1
2 Yes	80	1	325	2	40	3	455	1.9
Valid responses =	7038	30	14905	63	1497	6	23671	99.2

Invalid responses include no response.

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6890	98	14285	96	1422	95	22810	96.4
2 Yes	143	2	612	4	75	5	846	3.6
Valid responses =	7033	30	14897	63	1497	6	23656	99.1

Invalid responses include no response.

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was in a physical fight.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6792	96	14714	99	1463	97	23191	97.7
2 Yes	281	4	227	2	40	3	558	2.3
Valid responses =	7073	30	14941	63	1503	6	23749	99.5

Invalid responses include no response.

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was physically assaulted (do not include sexual assault).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6913	98	14641	98	1449	96	23223	97.8
2 Yes	154	2	300	2	58	4	525	2.2
Valid responses =	7067	30	14941	63	1507	6	23748	99.5

Invalid responses include no response.

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was verbally threatened.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6072	86	13412	90	1181	79	20845	87.9
2 Yes	982	14	1525	10	321	21	2878	12.1
Valid responses =	7054	30	14937	63	1502	6	23723	99.4

Invalid responses include no response.

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually touched without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6816	97	13675	92	1362	91	22060	93.1
2 Yes	244	4	1220	8	137	9	1626	6.9
Valid responses =	7060	30	14895	63	1499	6	23686	99.2

Invalid responses include no response.

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6989	99	14462	97	1447	96	23120	97.4
2 Yes	74	1	468	3	59	4	612	2.6
Valid responses =	7063	30	14930	63	1506	6	23732	99.4

Invalid responses include no response.

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7003	99	14608	98	1462	97	23295	98.1
2 Yes	66	1	336	2	44	3	455	1.9
Valid responses =	7069	30	14944	63	1506	6	23750	99.5

Invalid responses include no response.



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20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6916	98	14146	95	1375	91	22654	95.4
2 Yes	154	2	794	5	132	9	1095	4.6
Valid responses =	7070	30	14940	63	1507	6	23749	99.5

Invalid responses include no response.

21A) How safe do you feel: On my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	36	1	40	0	7	1	90	0.4
2 Somewhat unsafe	98	1	264	2	60	4	428	1.8
3 Somewhat safe	1071	15	3439	23	435	29	5010	21.1
4 Very safe	5870	83	11201	75	1005	67	18235	76.7
Valid responses =	7075	30	14944	63	1507	6	23763	99.6

Invalid responses include no response.

21B) How safe do you feel: On my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	93	1	644	4	77	5	825	3.5
2 Somewhat unsafe	541	8	3562	24	426	28	4589	19.4
3 Somewhat safe	2926	42	7734	52	705	47	11465	48.4
4 Very safe	3496	50	2973	20	295	20	6829	28.8
Valid responses =	7056	30	14913	63	1503	6	23708	99.3

Invalid responses include no response.

21C) How safe do you feel: In the community surrounding my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	95	1	190	1	19	1	314	1.3
2 Somewhat unsafe	586	8	1702	11	201	13	2514	10.6
3 Somewhat safe	2929	42	7668	51	840	56	11559	48.7
4 Very safe	3455	49	5365	36	444	30	9342	39.4
Valid responses =	7065	30	14925	63	1504	6	23729	99.4

Invalid responses include no response.

21D) How safe do you feel: In the community surrounding my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	618	9	2580	17	286	19	3517	14.8
2 Somewhat unsafe	1880	27	5843	39	628	42	8452	35.6
3 Somewhat safe	2769	39	5102	34	477	32	8417	35.5
4 Very safe	1795	25	1392	9	110	7	3328	14.0
Valid responses =	7062	30	14917	63	1501	6	23714	99.4

Invalid responses include no response.

22A1) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	4922	70	10364	69	1067	71	16532	69.5
3 Yes	2161	31	4602	31	442	29	7264	30.5
Valid responses =	7083	30	14966	63	1509	6	23796	99.7

Invalid responses include no response.

22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2616	37	4746	32	522	35	7996	33.6
3 Yes	4459	63	10196	68	988	65	15768	66.4
Valid responses =	7075	30	14942	63	1510	6	23764	99.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	4585	65	9314	62	787	52	14831	62.4
3 Yes	2484	35	5635	38	724	48	8932	37.6
Valid responses =	7069	30	14949	63	1511	6	23763	99.6

Invalid responses include no response.

22A4) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6695	95	14254	96	1417	95	22592	96.0
3 Yes	328	5	539	4	70	5	946	4.0
Valid responses =	7023	30	14793	63	1487	6	23538	98.6

Invalid responses include no response.

22A5) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6623	94	14091	94	1406	93	22338	94.1
3 Yes	446	6	831	6	101	7	1396	5.9
Valid responses =	7069	30	14922	63	1507	6	23734	99.4

Invalid responses include no response.

22A6) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6968	99	14759	99	1475	98	23432	98.9
3 Yes	82	1	143	1	28	2	258	1.1
Valid responses =	7050	30	14902	63	1503	6	23690	99.3

Invalid responses include no response.

22A7) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6788	96	14553	98	1414	94	22979	96.9
3 Yes	279	4	341	2	92	6	724	3.1
Valid responses =	7067	30	14894	63	1506	6	23703	99.3

Invalid responses include no response.

22A8) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6769	96	14377	96	1409	94	22782	95.9
3 Yes	296	4	566	4	98	7	971	4.1
Valid responses =	7065	30	14943	63	1507	6	23753	99.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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### UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

#### 22A9) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6385	90	14004	94	1321	88	21922	92.3
3 Yes	685	10	940	6	187	12	1838	7.7
Valid responses =	7070	30	14944	63	1508	6	23760	99.6

Invalid responses include no response.

#### 22A10) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6984	99	14771	100	1481	99	23470	99.5
3 Yes	41	1	68	1	14	1	126	0.5
Valid responses =	7025	30	14839	63	1495	6	23596	98.9

Invalid responses include no response.

#### 22A11) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6830	97	14560	97	1432	95	23048	97.0
3 Yes	250	4	384	3	75	5	721	3.0
Valid responses =	7080	30	14944	63	1507	6	23769	99.6

Invalid responses include no response.

#### 22A12) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	4922	98	9252	99	942	98	15263	98.7
3 Yes	78	2	91	1	22	2	194	1.3
Valid responses =	5000	32	9343	60	964	6	15457	64.8

Invalid responses include no response.

#### 22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	588	27	1324	29	142	32	2070	28.5
2 Once or twice	568	26	1178	26	110	25	1872	25.8
3 Monthly	180	8	351	8	27	6	563	7.8
4 Weekly	239	11	439	10	40	9	726	10.0
6 Daily or almost daily	582	27	1305	28	123	28	2024	27.9
Valid responses =	2157	30	4597	63	442	6	7255	30.4

Invalid responses include no response.

#### 22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	383	9	711	7	115	12	1227	7.8
2 Once or twice	1168	26	3023	30	318	32	4544	28.9
3 Monthly	931	21	2343	23	241	24	3539	22.5
4 Weekly	1812	41	3908	38	282	29	6043	38.4
6 Daily or almost daily	156	4	194	2	31	3	388	2.5
Valid responses =	4450	28	10179	65	987	6	15741	66.0

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

**22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	680	27	1715	31	145	20	2563	28.7
2 Once or twice	704	28	1625	29	196	27	2555	28.6
3 Monthly	335	14	834	15	124	17	1301	14.6
4 Weekly	380	15	740	13	116	16	1250	14.0
6 Daily or almost daily	381	15	712	13	142	20	1249	14.0
Valid responses =	2480	28	5626	63	723	8	8918	37.4

Invalid responses include no response.

**22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	212	65	383	71	52	74	651	68.9
2 Once or twice	85	26	118	22	9	13	214	22.6
3 Monthly	18	6	24	5	5	7	47	5.0
4 Weekly	10	3	9	2	2	3	23	2.4
6 Daily or almost daily	3	1	4	1	2	3	10	1.1
Valid responses =	328	35	538	57	70	7	945	4.0

Invalid responses include no response.

**22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	278	62	513	62	61	61	860	61.6
2 Once or twice	92	21	182	22	19	19	299	21.4
3 Monthly	31	7	49	6	8	8	91	6.5
4 Weekly	17	4	41	5	6	6	64	4.6
6 Daily or almost daily	28	6	46	6	6	6	81	5.8
Valid responses =	446	32	831	60	100	7	1395	5.8

Invalid responses include no response.

**22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	71	87	127	89	17	63	219	85.2
2 Once or twice	3	4	5	4	1	4	9	3.5
3 Monthly	4	5	4	3	3	11	11	4.3
4 Weekly	1	1	3	2	3	11	7	2.7
6 Daily or almost daily	3	4	4	3	3	11	11	4.3
Valid responses =	82	32	143	56	27	11	257	1.1

Invalid responses include no response.

**22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	176	63	216	63	53	58	451	62.4
2 Once or twice	72	26	90	26	21	23	187	25.9
3 Monthly	16	6	19	6	8	9	44	6.1
4 Weekly	12	4	12	4	5	6	29	4.0
6 Daily or almost daily	3	1	4	1	4	4	12	1.7
Valid responses =	279	39	341	47	91	13	723	3.0

Invalid responses include no response.

**22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	206	70	363	64	61	62	635	65.5
2 Once or twice	44	15	115	20	20	20	179	18.5
3 Monthly	20	7	40	7	3	3	66	6.8
4 Weekly	12	4	20	4	7	7	40	4.1
6 Daily or almost daily	13	4	27	5	7	7	49	5.1
Valid responses =	295	30	565	58	98	10	969	4.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

**22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	409	60	589	63	103	55	1117	60.8
2 Once or twice	220	32	302	32	67	36	595	32.4
3 Monthly	42	6	37	4	11	6	92	5.0
4 Weekly	11	2	5	1	2	1	19	1.0
6 Daily or almost daily	3	0	6	1	3	2	13	0.7
Valid responses =	685	37	939	51	186	10	1836	7.7

Invalid responses include no response.

**22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	30	79	59	88	6	43	97	79.5
2 Once or twice	3	8	1	2	1	7	6	4.9
3 Monthly	2	5	3	5	3	21	8	6.6
4 Weekly	2	5	2	3	2	14	6	4.9
6 Daily or almost daily	1	3	2	3	2	14	5	4.1
Valid responses =	38	31	67	55	14	11	122	0.5

Invalid responses include no response.

**22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)  
[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	193	78	305	79	56	75	562	78.1
2 Once or twice	36	15	53	14	11	15	100	13.9
3 Monthly	8	3	14	4	2	3	25	3.5
4 Weekly	7	3	3	1	4	5	16	2.2
6 Daily or almost daily	5	2	9	2	2	3	17	2.4
Valid responses =	249	35	384	53	75	10	720	3.0

Invalid responses include no response.

**22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	26	36	35	40	6	32	68	37.4
2 Once or twice	13	18	9	10	4	21	27	14.8
3 Monthly	5	7	7	8	3	16	15	8.2
4 Weekly	6	8	7	8	3	16	16	8.8
6 Daily or almost daily	23	32	29	33	3	16	56	30.8
Valid responses =	73	40	87	48	19	10	182	0.8

Invalid responses include no response.

**22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	87	61	189	68	22	67	303	65.9
1 Yes	50	35	78	28	8	24	138	30.0
99 Don't know	5	4	11	4	3	9	19	4.1
Valid responses =	142	31	278	60	33	7	460	1.9

Invalid responses include no response.

**22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this substance)**

Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	40	80	53	68	6	75	99	71.7
1 Yes	9	18	22	28	1	13	34	24.6
99 Don't know	1	2	3	4	1	13	5	3.6
Valid responses =	50	36	78	57	8	6	138	0.6

Invalid responses include no response.



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FREQUENCY REPORT

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**22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:**

**(only includes students who were prescribed this substance)**

**Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	43	86	59	76	5	71	108	78.8
1 Yes	5	10	16	21	2	29	24	17.5
99 Don't know	2	4	3	4	0	0	5	3.6
Valid responses =	50	36	78	57	7	5	137	0.6

Invalid responses include no response.

**22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.)**

**in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	55	63	113	57	20	54	193	58.5
1 Yes	25	29	73	37	16	43	114	34.5
99 Don't know	7	8	14	7	1	3	23	7.0
Valid responses =	87	26	200	61	37	11	330	1.4

Invalid responses include no response.

**22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:**

**(only includes students who were prescribed this substance)**

**Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	15	60	55	75	7	44	77	67.5
1 Yes	7	28	14	19	7	44	28	24.6
99 Don't know	3	12	4	6	2	13	9	7.9
Valid responses =	25	22	73	64	16	14	114	0.5

Invalid responses include no response.

**22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:**

**(only includes students who were prescribed this substance)**

**Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	16	64	54	75	12	75	82	72.6
1 Yes	6	24	15	21	3	19	24	21.2
99 Don't know	3	12	3	4	1	6	7	6.2
Valid responses =	25	22	72	64	16	14	113	0.5

Invalid responses include no response.

**22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	27	48	39	50	11	58	81	51.6
1 Yes	27	48	37	47	5	26	69	43.9
99 Don't know	2	4	2	3	3	16	7	4.5
Valid responses =	56	36	78	50	19	12	157	0.7

Invalid responses include no response.

**22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)**

**Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	15	56	27	73	3	60	45	65.2
1 Yes	9	33	7	19	2	40	18	26.1
99 Don't know	3	11	3	8	0	0	6	8.7
Valid responses =	27	39	37	54	5	7	69	0.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

## UNDERGRADUATE STUDENTS

**22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)**  
Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	19	70	26	70	5	100	50	72.5
1 Yes	7	26	9	24	0	0	16	23.2
99 Don't know	1	4	2	5	0	0	3	4.3
Valid responses =	27	39	37	54	5	7	69	0.3

Invalid responses include no response.

**22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	573	38	941	30	84	29	1609	32.0
3 Once or twice	228	15	494	16	43	15	773	15.4
4 Monthly	55	4	162	5	18	6	237	4.7
5 Weekly	182	12	350	11	43	15	582	11.6
6 Daily or almost daily	492	32	1213	38	107	36	1825	36.3
Valid responses =	1530	30	3160	63	295	6	5026	21.1

Invalid responses include no response.

**22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2016	51	4055	45	388	46	6508	46.6
3 Once or twice	821	21	2228	25	202	24	3278	23.5
4 Monthly	328	8	979	11	82	10	1404	10.0
5 Weekly	615	16	1531	17	140	17	2294	16.4
6 Daily or almost daily	150	4	296	3	39	5	489	3.5
Valid responses =	3930	28	9089	65	851	6	13973	58.5

Invalid responses include no response.

**22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	776	45	1471	39	192	34	2462	40.4
3 Once or twice	324	19	849	23	131	23	1320	21.6
4 Monthly	138	8	335	9	52	9	535	8.8
5 Weekly	257	15	498	13	84	15	842	13.8
6 Daily or almost daily	245	14	581	16	104	19	941	15.4
Valid responses =	1740	29	3734	61	563	9	6100	25.6

Invalid responses include no response.

**22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	74	64	93	61	8	47	175	60.3
3 Once or twice	20	17	27	18	2	12	52	17.9
4 Monthly	10	9	14	9	3	18	27	9.3
5 Weekly	8	7	11	7	2	12	22	7.6
6 Daily or almost daily	4	3	7	5	2	12	14	4.8
Valid responses =	116	40	152	52	17	6	290	1.2

Invalid responses include no response.



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## UNDERGRADUATE STUDENTS

**22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	104	62	161	51	16	41	284	53.3
3 Once or twice	26	16	70	22	10	26	111	20.8
4 Monthly	13	8	25	8	3	8	41	7.7
5 Weekly	14	8	26	8	6	15	46	8.6
6 Daily or almost daily	10	6	35	11	4	10	51	9.6
Valid responses =	167	31	317	59	39	7	533	2.2

Invalid responses include no response.

**22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	18	4	25	5	50	11	28.9
3 Once or twice	0	0	1	6	2	20	4	10.5
4 Monthly	3	27	4	25	1	10	8	21.1
5 Weekly	4	36	2	13	1	10	7	18.4
6 Daily or almost daily	2	18	5	31	1	10	8	21.1
Valid responses =	11	29	16	42	10	26	38	0.2

Invalid responses include no response.

**22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	63	64	75	63	21	55	161	61.2
3 Once or twice	20	20	22	18	6	16	51	19.4
4 Monthly	5	5	12	10	5	13	22	8.4
5 Weekly	8	8	7	6	1	3	16	6.1
6 Daily or almost daily	3	3	4	3	5	13	13	4.9
Valid responses =	99	38	120	46	38	14	263	1.1

Invalid responses include no response.

**22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	43	48	81	40	10	27	136	40.8
3 Once or twice	17	19	54	27	11	30	85	25.5
4 Monthly	4	5	22	11	5	14	31	9.3
5 Weekly	13	15	17	9	5	14	35	10.5
6 Daily or almost daily	12	14	27	13	6	16	46	13.8
Valid responses =	89	27	201	60	37	11	333	1.4

Invalid responses include no response.

**22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	164	61	191	56	34	42	395	56.3
3 Once or twice	53	20	89	26	24	29	167	23.8
4 Monthly	27	10	38	11	15	18	81	11.5
5 Weekly	23	9	14	4	7	9	44	6.3
6 Daily or almost daily	4	2	8	2	2	2	15	2.1
Valid responses =	271	39	340	48	82	12	702	2.9

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

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FREQUENCY REPORT

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22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	13	2	25	4	50	7	28.0
3 Once or twice	2	25	0	0	1	13	3	12.0
4 Monthly	1	13	4	50	0	0	6	24.0
5 Weekly	1	13	1	13	1	13	3	12.0
6 Daily or almost daily	3	38	1	13	2	25	6	24.0
Valid responses =	8	32	8	32	8	32	25	0.1

Invalid responses include no response.

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	25	45	32	41	7	37	64	40.5
3 Once or twice	15	27	17	22	6	32	40	25.3
4 Monthly	3	5	10	13	2	11	15	9.5
5 Weekly	4	7	7	9	2	11	13	8.2
6 Daily or almost daily	9	16	13	17	2	11	26	16.5
Valid responses =	56	35	79	50	19	12	158	0.7

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	20	47	23	51	5	39	49	47.6
3 Once or twice	6	14	3	7	3	23	12	11.7
4 Monthly	4	9	2	4	2	15	9	8.7
5 Weekly	4	9	4	9	1	8	9	8.7
6 Daily or almost daily	9	21	13	29	2	15	24	23.3
Valid responses =	43	42	45	44	13	13	103	0.4

Invalid responses include no response.

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1301	83	2553	78	236	79	4121	79.5
4 Once or twice	140	9	369	11	28	9	542	10.5
5 Monthly	41	3	110	3	13	4	166	3.2
6 Weekly	44	3	117	4	6	2	170	3.3
7 Daily or almost daily	42	3	121	4	17	6	182	3.5
Valid responses =	1568	30	3270	63	300	6	5181	21.7

Invalid responses include no response.

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3568	88	8226	87	790	91	12675	87.4
4 Once or twice	363	9	875	9	62	7	1312	9.1
5 Monthly	54	1	190	2	9	1	254	1.8
6 Weekly	60	2	138	2	10	1	209	1.4
7 Daily or almost daily	16	0	25	0	1	0	44	0.3
Valid responses =	4061	28	9454	65	872	6	14494	60.7

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

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FREQUENCY REPORT

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22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1546	86	3388	87	489	85	5476	86.3
4 Once or twice	154	9	311	8	61	11	535	8.4
5 Monthly	45	3	92	2	13	2	153	2.4
6 Weekly	30	2	70	2	9	2	109	1.7
7 Daily or almost daily	19	1	46	1	6	1	71	1.1
Valid responses =	1794	28	3907	62	578	9	6344	26.6

Invalid responses include no response.

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	93	81	137	89	12	67	244	83.6
4 Once or twice	11	10	8	5	0	0	21	7.2
5 Monthly	4	4	5	3	2	11	12	4.1
6 Weekly	6	5	2	1	3	17	11	3.8
7 Daily or almost daily	1	1	2	1	1	6	4	1.4
Valid responses =	115	39	154	53	18	6	292	1.2

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	139	83	277	87	30	77	452	84.5
4 Once or twice	16	10	20	6	5	13	42	7.9
5 Monthly	5	3	9	3	1	3	16	3.0
6 Weekly	5	3	7	2	2	5	16	3.0
7 Daily or almost daily	3	2	5	2	1	3	9	1.7
Valid responses =	168	31	318	59	39	7	535	2.2

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	36	9	56	5	50	18	47.4
4 Once or twice	0	0	2	13	2	20	5	13.2
5 Monthly	2	18	2	13	1	10	5	13.2
6 Weekly	3	27	0	0	1	10	4	10.5
7 Daily or almost daily	2	18	3	19	1	10	6	15.8
Valid responses =	11	29	16	42	10	26	38	0.2

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	96	93	110	89	32	84	242	89.6
4 Once or twice	1	1	5	4	0	0	7	2.6
5 Monthly	4	4	5	4	2	5	11	4.1
6 Weekly	1	1	2	2	3	8	6	2.2
7 Daily or almost daily	1	1	2	2	1	3	4	1.5
Valid responses =	103	38	124	46	38	14	270	1.1

Invalid responses include no response.



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22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	72	81	168	84	29	78	273	82.0
4 Once or twice	6	7	20	10	3	8	30	9.0
5 Monthly	5	6	5	3	4	11	14	4.2
6 Weekly	4	5	3	2	1	3	9	2.7
7 Daily or almost daily	2	2	5	3	0	0	7	2.1
Valid responses =	89	27	201	60	37	11	333	1.4

Invalid responses include no response.

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	256	93	316	91	74	89	654	91.3
4 Once or twice	9	3	20	6	5	6	35	4.9
5 Monthly	5	2	7	2	2	2	14	2.0
6 Weekly	5	2	4	1	1	1	11	1.5
7 Daily or almost daily	1	0	0	0	1	1	2	0.3
Valid responses =	276	39	347	48	83	12	716	3.0

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	25	2	25	5	63	9	36.0
4 Once or twice	1	13	2	25	2	25	5	20.0
5 Monthly	2	25	4	50	0	0	7	28.0
6 Weekly	1	13	0	0	1	13	2	8.0
7 Daily or almost daily	2	25	0	0	0	0	2	8.0
Valid responses =	8	32	8	32	8	32	25	0.1

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	44	79	56	71	12	67	114	72.6
4 Once or twice	6	11	12	15	2	11	21	13.4
5 Monthly	0	0	5	6	2	11	7	4.5
6 Weekly	4	7	4	5	1	6	10	6.4
7 Daily or almost daily	2	4	2	3	1	6	5	3.2
Valid responses =	56	36	79	50	18	11	157	0.7

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	34	72	43	84	9	75	87	77.7
4 Once or twice	3	6	2	4	0	0	5	4.5
5 Monthly	3	6	3	6	2	17	9	8.0
6 Weekly	3	6	2	4	1	8	6	5.4
7 Daily or almost daily	4	9	1	2	0	0	5	4.5
Valid responses =	47	42	51	46	12	11	112	0.5

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3614	89	8409	89	784	90	12899	89.0
5 Once or twice	348	9	859	9	70	8	1288	8.9
6 Monthly	51	1	104	1	5	1	163	1.1
7 Weekly	43	1	80	1	10	1	133	0.9
8 Daily or almost daily	6	0	9	0	1	0	16	0.1
Valid responses =	4062	28	9461	65	870	6	14499	60.8

Invalid responses include no response.

22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1517	84	3404	87	488	84	5465	86.1
5 Once or twice	187	10	354	9	63	11	610	9.6
6 Monthly	35	2	61	2	14	2	113	1.8
7 Weekly	47	3	62	2	8	1	117	1.8
8 Daily or almost daily	12	1	25	1	5	1	42	0.7
Valid responses =	1798	28	3906	62	578	9	6347	26.6

Invalid responses include no response.

22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	96	84	143	93	12	67	254	87.0
5 Once or twice	7	6	3	2	0	0	11	3.8
6 Monthly	3	3	5	3	2	11	11	3.8
7 Weekly	8	7	1	1	2	11	11	3.8
8 Daily or almost daily	1	1	2	1	2	11	5	1.7
Valid responses =	115	39	154	53	18	6	292	1.2

Invalid responses include no response.

22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	146	87	294	93	32	82	479	89.5
5 Once or twice	12	7	11	4	2	5	27	5.0
6 Monthly	3	2	9	3	3	8	16	3.0
7 Weekly	5	3	2	1	1	3	8	1.5
8 Daily or almost daily	2	1	2	1	1	3	5	0.9
Valid responses =	168	31	318	59	39	7	535	2.2

Invalid responses include no response.

22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	36	7	44	4	40	15	39.5
5 Once or twice	3	27	3	19	2	20	9	23.7
6 Monthly	3	27	3	19	2	20	8	21.1
7 Weekly	0	0	1	6	1	10	2	5.3
8 Daily or almost daily	1	9	2	13	1	10	4	10.5
Valid responses =	11	29	16	42	10	26	38	0.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

**22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	95	92	114	92	32	84	246	90.8
5 Once or twice	3	3	4	3	0	0	8	3.0
6 Monthly	2	2	4	3	4	11	10	3.7
7 Weekly	2	2	2	2	1	3	5	1.8
8 Daily or almost daily	1	1	0	0	1	3	2	0.7
Valid responses =	103	38	124	46	38	14	271	1.1

Invalid responses include no response.

**22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	72	81	164	82	25	68	266	79.9
5 Once or twice	6	7	19	10	5	14	31	9.3
6 Monthly	6	7	8	4	3	8	17	5.1
7 Weekly	4	5	6	3	4	11	14	4.2
8 Daily or almost daily	1	1	4	2	0	0	5	1.5
Valid responses =	89	27	201	60	37	11	333	1.4

Invalid responses include no response.

**22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	253	92	327	94	68	82	656	91.4
5 Once or twice	13	5	13	4	8	10	35	4.9
6 Monthly	4	1	7	2	4	5	16	2.2
7 Weekly	4	1	2	1	2	2	8	1.1
8 Daily or almost daily	2	1	0	0	1	1	3	0.4
Valid responses =	276	38	349	49	83	12	718	3.0

Invalid responses include no response.

**22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Heroin**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	25	2	25	4	50	8	32.0
5 Once or twice	2	25	2	25	1	13	5	20.0
6 Monthly	1	13	4	50	0	0	5	20.0
7 Weekly	1	13	0	0	3	38	5	20.0
8 Daily or almost daily	2	25	0	0	0	0	2	8.0
Valid responses =	8	32	8	32	8	32	25	0.1

Invalid responses include no response.

**22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)**

**[Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	44	79	62	80	13	72	122	78.2
5 Once or twice	4	7	7	9	0	0	11	7.1
6 Monthly	3	5	3	4	2	11	9	5.8
7 Weekly	3	5	4	5	2	11	9	5.8
8 Daily or almost daily	2	4	2	3	1	6	5	3.2
Valid responses =	56	36	78	50	18	12	156	0.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?  
of you because of your use of the following substance(s)? (only includes students who have used this substance in the last 3 months)  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	32	68	44	85	9	69	86	76.1
5 Once or twice	6	13	2	4	0	0	8	7.1
6 Monthly	1	2	3	6	1	8	5	4.4
7 Weekly	5	11	1	2	3	23	9	8.0
8 Daily or almost daily	3	6	2	4	0	0	5	4.4
Valid responses =	47	42	52	46	13	12	113	0.5

Invalid responses include no response.

22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1617	75	3564	78	309	70	5530	76.3
3 Yes, not in the past 3 months	264	12	452	10	61	14	783	10.8
6 Yes, in the past 3 months	276	13	573	13	70	16	931	12.9
Valid responses =	2157	30	4589	63	440	6	7244	30.4

Invalid responses include no response.

22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3866	87	9253	91	857	87	14076	89.7
3 Yes, not in the past 3 months	285	6	488	5	71	7	857	5.5
6 Yes, in the past 3 months	292	7	413	4	53	5	768	4.9
Valid responses =	4443	28	10154	65	981	6	15701	65.8

Invalid responses include no response.

22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2022	82	4997	89	606	84	7693	86.5
3 Yes, not in the past 3 months	260	11	340	6	62	9	667	7.5
6 Yes, in the past 3 months	190	8	273	5	53	7	529	6.0
Valid responses =	2472	28	5610	63	721	8	8889	37.2

Invalid responses include no response.

22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	258	79	438	81	53	76	755	80.0
3 Yes, not in the past 3 months	50	15	73	14	14	20	138	14.6
6 Yes, in the past 3 months	19	6	27	5	3	4	51	5.4
Valid responses =	327	35	538	57	70	7	944	4.0

Invalid responses include no response.

22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	385	86	741	90	80	80	1220	87.6
3 Yes, not in the past 3 months	42	9	52	6	15	15	110	7.9
6 Yes, in the past 3 months	19	4	35	4	5	5	62	4.5
Valid responses =	446	32	828	59	100	7	1392	5.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	58	71	95	66	17	63	173	67.3
3 Yes, not in the past 3 months	21	26	44	31	7	26	73	28.4
6 Yes, in the past 3 months	3	4	4	3	3	11	11	4.3
Valid responses =	82	32	143	56	27	11	257	1.1

Invalid responses include no response.

22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	249	90	308	91	78	85	644	89.4
3 Yes, not in the past 3 months	21	8	20	6	11	12	53	7.4
6 Yes, in the past 3 months	8	3	10	3	3	3	23	3.2
Valid responses =	278	39	338	47	92	13	720	3.0

Invalid responses include no response.

22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	240	82	454	81	77	79	781	89.5
3 Yes, not in the past 3 months	47	16	87	15	15	16	149	15.4
6 Yes, in the past 3 months	6	2	23	4	5	5	35	3.6
Valid responses =	293	30	564	58	97	10	965	4.0

Invalid responses include no response.

22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	608	89	845	90	164	88	1639	89.5
3 Yes, not in the past 3 months	52	8	67	7	19	10	140	7.6
6 Yes, in the past 3 months	23	3	24	3	3	2	52	2.8
Valid responses =	683	37	936	51	186	10	1831	7.7

Invalid responses include no response.

22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	23	59	40	59	9	64	73	58.9
3 Yes, not in the past 3 months	12	31	22	32	1	7	36	29.0
6 Yes, in the past 3 months	4	10	6	9	4	29	15	12.1
Valid responses =	39	31	68	55	14	11	124	0.5

Invalid responses include no response.

22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	188	76	304	79	58	78	556	77.4
3 Yes, not in the past 3 months	51	21	63	16	12	16	129	18.0
6 Yes, in the past 3 months	10	4	16	4	4	5	33	4.6
Valid responses =	249	35	383	53	74	10	718	3.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association

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### UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

#### 22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	52	71	75	87	15	75	144	79.1
3 Yes, not in the past 3 months	12	16	9	11	2	10	23	12.6
6 Yes, in the past 3 months	9	12	2	2	3	15	15	8.2
Valid responses =	73	40	86	47	20	11	182	0.8

Invalid responses include no response.

#### 22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1559	72	3194	70	299	68	5087	70.2
3 Yes, not in the past 3 months	261	12	531	12	68	15	864	11.9
6 Yes, in the past 3 months	337	16	865	19	75	17	1296	17.9
Valid responses =	2157	30	4590	63	442	6	7247	30.4

Invalid responses include no response.

#### 22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4091	92	9468	93	910	92	14576	92.8
3 Yes, not in the past 3 months	145	3	271	3	45	5	466	3.0
6 Yes, in the past 3 months	199	5	428	4	31	3	668	4.3
Valid responses =	4435	28	10167	65	986	6	15710	65.8

Invalid responses include no response.

#### 22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2109	85	5003	89	616	85	7798	87.6
3 Yes, not in the past 3 months	161	7	271	5	48	7	483	5.4
6 Yes, in the past 3 months	206	8	346	6	59	8	624	7.0
Valid responses =	2476	28	5620	63	723	8	8905	37.3

Invalid responses include no response.

#### 22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	283	86	466	87	58	83	812	86.2
3 Yes, not in the past 3 months	29	9	53	10	10	14	93	9.9
6 Yes, in the past 3 months	16	5	16	3	2	3	37	3.9
Valid responses =	328	35	535	57	70	7	942	3.9

Invalid responses include no response.

#### 22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	410	92	742	90	88	88	1253	90.2
3 Yes, not in the past 3 months	21	5	58	7	9	9	88	6.3
6 Yes, in the past 3 months	14	3	26	3	3	3	48	3.5
Valid responses =	445	32	826	59	100	7	1389	5.8

Invalid responses include no response.

#### 22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	62	77	97	68	17	63	179	69.9
3 Yes, not in the past 3 months	14	17	41	29	8	30	64	25.0
6 Yes, in the past 3 months	5	6	5	4	2	7	13	5.1
Valid responses =	81	32	143	56	27	11	256	1.1

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

**2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	259	93	316	93	85	93	668	92.6
3 Yes, not in the past 3 months	13	5	14	4	5	6	33	4.6
6 Yes, in the past 3 months	6	2	10	3	1	1	20	2.8
Valid responses =	278	39	340	47	91	13	721	3.0
Invalid responses include no response.								

**2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	256	88	470	83	84	86	818	84.7
3 Yes, not in the past 3 months	24	8	65	12	11	11	100	10.4
6 Yes, in the past 3 months	12	4	30	5	3	3	48	5.0
Valid responses =	292	30	565	58	98	10	966	4.0
Invalid responses include no response.								

**2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	641	94	868	93	173	93	1703	93.3
3 Yes, not in the past 3 months	26	4	50	5	10	5	87	4.8
6 Yes, in the past 3 months	13	2	16	2	3	2	36	2.0
Valid responses =	680	37	934	51	186	10	1826	7.7
Invalid responses include no response.								

**22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	28	74	34	52	8	57	70	57.9
3 Yes, not in the past 3 months	7	18	30	46	5	36	43	35.5
6 Yes, in the past 3 months	3	8	2	3	1	7	8	6.6
Valid responses =	38	31	66	55	14	12	121	0.5
Invalid responses include no response.								

**22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)  
[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	210	85	309	81	59	80	586	81.6
3 Yes, not in the past 3 months	29	12	58	15	15	20	103	14.3
6 Yes, in the past 3 months	9	4	17	4	0	0	29	4.0
Valid responses =	248	35	384	53	74	10	718	3.0
Invalid responses include no response.								

**22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	56	79	75	88	18	90	151	84.4
3 Yes, not in the past 3 months	7	10	4	5	1	5	12	6.7
6 Yes, in the past 3 months	8	11	6	7	1	5	16	8.9
Valid responses =	71	40	85	47	20	11	179	0.8
Invalid responses include no response.								



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

### UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

#### 22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4601	99	10454	99	1047	99	16231	99.3
1 Yes, not in the past 3 months	21	1	50	1	6	1	80	0.5
2 Yes, in the past 3 months	10	0	10	0	8	1	30	0.2
Valid responses =	4632	28	10514	64	1061	6	16341	68.5

Invalid responses include no response.

#### 22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have used drugs by injection within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	5	56	7	78	4	67	16	61.5
1 More than once per week	4	44	2	22	2	33	10	38.5
Valid responses =	9	35	9	35	6	23	26	0.1

Invalid responses include no response.

#### 23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Cigarettes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	821	56	2028	64	146	50	3014	60.6
2 Yes	656	44	1135	36	147	50	1959	39.4
Valid responses =	1477	30	3163	64	293	6	4973	20.8

Invalid responses include no response.

#### 23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### E-cigarettes or other vape products (for example: Juul, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	344	23	446	14	53	18	853	16.7
2 Yes	1171	77	2802	86	242	82	4247	83.3
Valid responses =	1515	30	3248	64	295	6	5100	21.4

Invalid responses include no response.

#### 23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Water pipe or hookah

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1302	91	2848	92	248	89	4428	91.6
2 Yes	129	9	237	8	31	11	407	8.4
Valid responses =	1431	30	3085	64	279	6	4835	20.3

Invalid responses include no response.

#### 23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Chewing or smokeless tobacco

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1180	81	2980	97	263	95	4455	92.0
2 Yes	269	19	100	3	14	5	390	8.0
Valid responses =	1449	30	3080	64	277	6	4845	20.3

Invalid responses include no response.

#### 23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Cigars or little cigars

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1039	71	2916	94	246	87	4233	86.5
2 Yes	432	29	186	6	37	13	662	13.5
Valid responses =	1471	30	3102	63	283	6	4895	20.5

Invalid responses include no response.

#### 23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	962	94	2091	98	194	97	3272	96.7
2 Yes	65	6	33	2	7	4	110	3.3
Valid responses =	1027	30	2124	63	201	6	3382	14.2

Invalid responses include no response.



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## UNDERGRADUATE STUDENTS

24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4308	61	8577	57	725	48	13746	57.7
2 Within the last 2 weeks	1121	16	2305	15	383	25	3849	16.2
3 More than 2 weeks but within 30 days	269	4	618	4	79	5	982	4.1
4 More than 30 days but within 3 months	379	5	835	6	111	7	1333	5.6
5 More than 3 months but within 12 months	409	6	1091	7	93	6	1609	6.8
6 More than 12 months ago	602	9	1544	10	119	8	2284	9.6
Valid responses =	7088	30	14970	63	1510	6	23803	99.7

Invalid responses include no response.

25A) When, if ever, was the last time you drank alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2162	31	3770	25	407	27	6430	27.0
2 Within the last 2 weeks	3087	44	7012	47	589	39	10766	45.2
3 More than 2 weeks but within 30 days	561	8	1461	10	143	10	2180	9.2
4 More than 30 days but within 3 months	539	8	1216	8	153	10	1927	8.1
5 More than 3 months but within 12 months	449	6	906	6	130	9	1501	6.3
6 More than 12 months ago	289	4	608	4	86	6	998	4.2
Valid responses =	7087	30	14973	63	1508	6	23802	99.7

Invalid responses include no response.

25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2329	56	5581	58	535	61	8508	57.3
2 Yes	1850	44	4100	42	350	40	6348	42.7
Valid responses =	4179	28	9681	65	885	6	14856	62.2

Invalid responses include no response.

25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you intend to get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2263	54	5431	56	496	56	8247	55.6
2 Yes	1910	46	4240	44	388	44	6592	44.4
Valid responses =	4173	28	9671	65	884	6	14839	62.2

Invalid responses include no response.

26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	99	2	184	2	41	5	331	2.2
1 1 to 2 Drinks	1543	37	4522	47	440	50	6555	44.3
2 3 to 4 Drinks	944	23	2804	29	230	26	3998	27.0
3 5 to 6 Drinks	690	17	1390	14	111	13	2205	14.9
4 7 to 8 Drinks	428	10	467	5	32	4	936	6.3
5 9 to 10 Drinks	234	6	176	2	16	2	426	2.9
6 11 or More Drinks	228	6	97	1	10	1	340	2.3
Total	4166	28	9640	65	880	6	14791	62.0

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	4.38	3.00	3.76	0	40
Cis Women	3.15	3.00	2.46	0	54
Trans/Gender Non-conforming	2.93	2.00	2.62	0	35
Overall	3.49	3.00	3.06	0	96



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27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	153	4	277	3	43	5	479	3.2
1 1 to 2 Hours	1730	42	3966	41	401	46	6147	41.6
2 3 to 4 Hours	1453	35	3508	36	301	34	5294	35.8
3 5 to 6 Hours	634	15	1539	16	115	13	2301	15.6
4 7 to 8 Hours	130	3	221	2	10	1	363	2.5
5 9 to 10 Hours	25	1	69	1	5	1	99	0.7
6 11 or More Hours	40	1	52	1	4	1	98	0.7
Total	4165	28	9632	65	879	6	14781	61.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.06	3.00	2.16	0	30
Cis Women	3.07	3.00	2.06	0	50
Trans/Gender Non-conforming	2.74	2.00	1.93	0	24
Overall	3.05	3.00	2.12	0	50

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	1246	41	3202	46	323	55	4804	44.8
2 1 time	753	25	1729	25	148	25	2651	24.7
3 2 times	474	15	1022	15	67	11	1573	14.7
4 3 times	233	8	478	7	20	3	737	6.9
5 4 times	164	5	277	4	15	3	457	4.3
6 5 times	81	3	130	2	6	1	218	2.0
7 6 times	62	2	76	1	3	1	142	1.3
8 7 times	23	1	29	0	2	0	54	0.5
9 8 times	15	1	19	0	1	0	35	0.3
10 9 times	9	0	1	0	1	0	11	0.1
11 10 or more times	19	1	22	0	2	0	43	0.4
Total	3079	29	6985	65	588	5	10725	44.9

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Did something I later regretted

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3758	81	8299	79	857	85	13009	79.9
2 Yes	856	19	2245	21	154	15	3281	20.1
Valid responses =	4614	28	10544	65	1011	6	16290	68.3

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4079	88	9324	88	921	91	14434	88.5
2 Yes	544	12	1226	12	91	9	1872	11.5
Valid responses =	4623	28	10550	65	1012	6	16306	68.3

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3686	80	7988	76	818	81	12588	77.2
2 Yes	940	20	2564	24	194	19	3723	22.8
Valid responses =	4626	28	10552	65	1012	6	16311	68.3

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Got in trouble with the police

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4566	99	10450	99	1003	99	16137	99.0
2 Yes	57	1	96	1	9	1	165	1.0
Valid responses =	4623	28	10546	65	1012	6	16302	68.3

Invalid responses include no response.



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29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Got in trouble with college/university authorities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4558	99	10456	99	1005	99	16139	99.0
2 Yes	62	1	92	1	7	1	162	1.0
Valid responses =	4620	28	10548	65	1012	6	16301	68.3

Invalid responses include no response.

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Someone had sex with me without my consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4575	99	10346	98	990	98	16026	98.4
2 Yes	42	1	198	2	20	2	266	1.6
Valid responses =	4617	28	10544	65	1010	6	16292	68.3

Invalid responses include no response.

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had sex with someone without their consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4611	100	10523	100	1009	100	16261	99.7
2 Yes	15	0	25	0	3	0	46	0.3
Valid responses =	4626	28	10548	65	1012	6	16307	68.3

Invalid responses include no response.

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had unprotected sex

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4155	90	9219	87	933	92	14417	88.4
2 Yes	470	10	1331	13	77	8	1889	11.6
Valid responses =	4625	28	10550	65	1010	6	16306	68.3

Invalid responses include no response.

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured myself

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4306	93	9634	91	932	92	14979	91.9
2 Yes	311	7	911	9	78	8	1314	8.1
Valid responses =	4617	28	10545	65	1010	6	16293	68.3

Invalid responses include no response.

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured another person

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4590	99	10488	100	1005	100	16203	99.4
2 Yes	32	1	57	1	5	1	95	0.6
Valid responses =	4622	28	10545	65	1010	6	16298	68.3

Invalid responses include no response.

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Seriously considered suicide

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4466	97	10276	97	947	94	15800	96.9
2 Yes	155	3	277	3	66	7	508	3.1
Valid responses =	4621	28	10553	65	1013	6	16308	68.3

Invalid responses include no response.

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Needed medical help

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4575	99	10430	99	998	99	16120	99.0
2 Yes	47	1	106	1	12	1	170	1.0
Valid responses =	4622	28	10536	65	1010	6	16290	68.3

Invalid responses include no response.



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Number of Surveys (n) = 23866 Web Surveys

#### 30A) Within the last 30 days, did you drive after drinking any alcohol at all?

(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2392	85	6085	92	396	88	8925	89.7
2 Yes	411	15	556	8	56	12	1028	10.3
Valid responses =	2803	28	6641	67	452	5	9953	41.7

Invalid responses include no response.

#### 30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	4472	97	10288	97	977	97	15852	97.2
2 Alcohol use negatively impacted performance in class	129	3	221	2	25	3	380	2.3
3 Alcohol use delayed progress towards degree	23	1	50	1	6	1	81	0.5
Valid responses =	4624	28	10559	65	1008	6	16313	68.4

Invalid responses include no response.

#### 31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?

(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	665	64	1600	71	174	62	2464	68.3
2 Yes	368	36	660	29	106	38	1143	31.7
Valid responses =	1033	29	2260	63	280	8	3607	15.1

Invalid responses include no response.

#### 31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance?

(only includes students who used cannabis within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	1887	91	4452	95	566	93	6973	94.0
2 Marijuana use negatively impacted performance in class	154	7	167	4	36	6	360	4.9
3 Marijuana use delayed progress towards degree	30	1	46	1	7	1	83	1.1
Valid responses =	2071	28	4665	63	609	8	7416	31.1

Invalid responses include no response.

#### 32) Do you identify as a person in recovery from alcohol or other drug use?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4801	98	10961	98	1064	97	16958	97.7
2 Yes	121	3	232	2	37	3	397	2.3
Valid responses =	4922	28	11193	64	1101	6	17355	72.7

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

#### 33A) When, if ever, was the last time you had:

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3235	46	6264	42	630	42	10250	43.4
2 Within the last 2 weeks	1753	25	4273	29	356	24	6431	27.2
3 More than 2 weeks but within 30 days	434	6	1159	8	121	8	1735	7.3
4 More than 30 days but within 3 months	517	7	1161	8	123	8	1815	7.7
5 More than 3 months but within 12 months	568	8	1123	8	138	9	1836	7.8
6 More than 12 months ago	541	8	883	6	135	9	1572	6.7
Valid responses =	7048	30	14863	63	1503	6	23639	99.0

Invalid responses include no response.

#### 33B) When, if ever, was the last time you had:

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3724	53	6723	45	817	54	11398	48.2
2 Within the last 2 weeks	1693	24	4599	31	295	20	6624	28.0
3 More than 2 weeks but within 30 days	331	5	930	6	83	6	1354	5.7
4 More than 30 days but within 3 months	396	6	1013	7	90	6	1511	6.4
5 More than 3 months but within 12 months	452	6	905	6	103	7	1474	6.2
6 More than 12 months ago	449	6	692	5	114	8	1273	5.4
Valid responses =	7045	30	14862	63	1502	6	23634	99.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2022

American College Health Association

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(410) 859-1500

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December 21, 2023

FREQUENCY REPORT

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## UNDERGRADUATE STUDENTS

33C) When, if ever, was the last time you had:  
Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	5970	85	12770	86	1193	80	20120	85.3
2 Within the last 2 weeks	193	3	289	2	52	4	539	2.3
3 More than 2 weeks but within 30 days	92	1	127	1	20	1	244	1.0
4 More than 30 days but within 3 months	149	2	285	2	45	3	489	2.1
5 More than 3 months but within 12 months	243	4	451	3	65	4	767	3.3
6 More than 12 months ago	382	5	907	6	124	8	1424	6.0
Valid responses =	7029	30	14829	63	1499	6	23583	98.8

Invalid responses include no response.

34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse?  
(only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	28	1	31	0	8	1	68	0.5
1 1 Partner	2297	67	5783	70	514	67	8639	68.4
2 2 Partners	432	13	1097	13	104	14	1648	13.0
3 3 Partners	249	7	560	7	57	7	878	6.9
4 4 Partners	141	4	310	4	26	3	482	3.8
5 5 Partners	76	2	190	2	19	3	289	2.3
6 6 Partners	62	2	123	2	18	2	205	1.6
7 7 Partners	44	1	67	1	4	1	117	0.9
8 8 to 10 Partners	53	2	94	1	11	1	158	1.3
9 11 or More Partners	69	2	71	1	12	2	154	1.2
Valid responses =	3451	27	8326	66	773	6	12638	53.0

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.14	1.00	3.4	0	69
Cis Women	1.81	1.00	2.1	0	62
Trans/Gender Non-conforming	2.20	1.00	4.63	0	70
Overall	1.93	1.00	2.73	0	70

35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)  
Women or females

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	321	9	7382	91	460	62	8206	66.7
2 Yes	3078	91	701	9	277	38	4098	33.3
Valid responses =	3399	28	8083	66	737	6	12304	51.6

Invalid responses include no response.

35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)  
Men or males

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2936	89	451	6	272	37	3694	29.8
2 Yes	355	11	7812	95	465	63	8682	70.2
Valid responses =	3291	27	8263	67	737	6	12376	51.9

Invalid responses include no response.

35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)  
Trans women

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3237	99	7983	100	648	90	11941	98.7
2 Yes	31	1	44	1	71	10	152	1.3
Valid responses =	3268	27	8027	66	719	6	12093	50.7

Invalid responses include no response.

35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)  
Trans men

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3230	99	7983	100	651	90	11935	98.7
2 Yes	36	1	36	0	74	10	156	1.3
Valid responses =	3266	27	8019	66	725	6	12091	50.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

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35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)  
Genderqueer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3178	97	7901	98	555	76	11696	96.6
2 Yes	95	3	125	2	174	24	414	3.4
Valid responses =	3273	27	8026	66	729	6	12110	50.7

Invalid responses include no response.

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)  
Person(s) with another identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3199	98	7939	99	625	88	11824	98.3
2 Yes	58	2	49	1	84	12	209	1.7
Valid responses =	3257	27	7988	66	709	6	12033	50.4

Invalid responses include no response.

36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:  
(only includes students that have had oral sex within the last 30 days)  
Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1910	88	4869	90	402	84	7237	88.9
2 Rarely	79	4	155	3	19	4	255	3.1
3 Sometimes	68	3	118	2	18	4	206	2.5
4 Most of the time	46	2	89	2	16	3	156	1.9
5 Always	79	4	186	3	22	5	290	3.6
Valid responses =	2182	27	5417	67	477	6	8144	34.1

Invalid responses include no response.

36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:  
(only includes students that have had vaginal intercourse within the last 30 days)  
Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	633	31	2246	41	123	33	3021	38.1
2 Rarely	160	8	435	8	16	4	616	7.8
3 Sometimes	201	10	556	10	51	14	812	10.2
4 Most of the time	348	17	773	14	56	15	1185	14.9
5 Always	671	33	1491	27	131	35	2303	29.0
Valid responses =	2013	25	5501	69	377	5	7937	33.3

Invalid responses include no response.

36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:  
(only includes students that have had anal intercourse within the last 30 days)  
Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	132	47	297	72	32	46	466	60.0
2 Rarely	30	11	16	4	2	3	48	6.2
3 Sometimes	30	11	32	8	9	13	71	9.1
4 Most of the time	34	12	20	5	6	9	60	7.7
5 Always	57	20	50	12	21	30	132	17.0
Valid responses =	283	36	415	53	70	9	777	3.3

Invalid responses include no response.

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?  
(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	2441	85	6222	84	480	84	9200	84.1
2 No, not want prevent pregnancy	57	2	130	2	9	2	199	1.8
3 No, did not use any method	306	11	1021	14	78	14	1414	12.9
4 Don't know	61	2	65	1	3	1	132	1.2
Valid responses =	2865	26	7438	68	570	5	10945	45.9

Invalid responses include no response.



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FREQUENCY REPORT

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**38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control pills (monthly or extended cycle)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1312	54	3419	55	302	63	5068	55.1
1 Selected	1129	46	2803	45	178	37	4132	44.9
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.

**38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control shots**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2386	98	6090	98	464	97	8996	97.8
1 Selected	55	2	132	2	16	3	204	2.2
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.

**38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control implants**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2232	91	5767	93	435	91	8488	92.3
1 Selected	209	9	455	7	45	9	712	7.7
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.

**38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control patch**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2411	99	6167	99	472	98	9106	99.0
1 Selected	30	1	55	1	8	2	94	1.0
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.

**38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**The ring**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2396	98	6114	98	472	98	9037	98.2
1 Selected	45	2	108	2	8	2	163	1.8
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.

**38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Emergency contraception ("morning after pill" or "Plan B")**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2293	94	5826	94	461	96	8635	93.9
1 Selected	148	6	396	6	19	4	565	6.1
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.

**38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Intrauterine device (IUD)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2128	87	5320	86	404	84	7898	85.8
1 Selected	313	13	902	15	76	16	1302	14.2
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.



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38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Male (external) condom

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	965	40	3012	48	198	41	4202	45.7
1 Selected	1476	61	3210	52	282	59	4998	54.3
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.

38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Female (internal) condom

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2435	100	6207	100	475	99	9173	99.7
1 Selected	6	0	15	0	5	1	27	0.3
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.

38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Diaphragm or cervical cap

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2439	100	6219	100	480	100	9195	99.9
1 Selected	2	0	3	0	0	0	5	0.1
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.

38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Contraceptive sponge

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2438	100	6220	100	479	100	9194	99.9
1 Selected	3	0	2	0	1	0	6	0.1
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.

38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Withdrawal

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1993	82	4704	76	383	80	7124	77.4
1 Selected	448	18	1518	24	97	20	2076	22.6
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.

38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Fertility awareness (for example: calendar, mucous, and basal body temperature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2364	97	5844	94	439	92	8703	94.6
1 Selected	77	3	378	6	41	9	497	5.4
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.

38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Sterilization (for example: hysterectomy, tubes tied, or vasectomy)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2402	98	6103	98	470	98	9029	98.1
1 Selected	39	2	119	2	10	2	171	1.9
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.



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[www.acha.org](http://www.acha.org)

UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

**38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Don't know**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2418	99	6209	100	478	100	9161	99.6
1 Selected	23	1	13	0	2	0	39	0.4
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.

**38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Other method**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2416	99	6151	99	460	96	9083	98.7
1 Selected	25	1	71	1	20	4	117	1.3
Valid responses =	2441	27	6222	68	480	5	9200	38.5

Invalid responses include no response.

**39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")?**  
(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2184	76	5618	76	450	79	8304	76.1
2 Yes	560	20	1662	22	93	16	2330	21.4
3 Don't know	86	3	19	0	7	1	113	1.0
4 Not applicable	32	1	110	2	20	4	165	1.5
Valid responses =	2862	26	7409	68	570	5	10912	45.7

Invalid responses include no response.

**40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2796	98	7238	98	555	97	10655	97.5
2 Yes, unintentionally	23	1	98	1	4	1	127	1.2
3 Yes, intentionally	26	1	58	1	6	1	90	0.8
4 Don't know	23	1	29	0	5	1	60	0.5
Valid responses =	2868	26	7423	68	570	5	10932	45.8

Invalid responses include no response.

**41A) Below are 8 statements with which you may agree or disagree.**

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I lead a purposeful and meaningful life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	221	3	245	2	63	4	543	2.3
2 Disagree	331	5	491	3	128	9	967	4.1
3 Slightly disagree	390	6	731	5	170	11	1316	5.5
4 Neither agree nor disagree	767	11	1599	11	245	16	2652	11.1
5 Slightly agree	1303	18	2984	20	358	24	4683	19.7
6 Agree	2438	34	5403	36	398	26	8301	34.9
7 Strongly agree	1641	23	3510	24	148	10	5332	22.4
Valid responses =	7091	30	14963	63	1510	6	23794	99.7

Invalid responses include no response.

**41B) Below are 8 statements with which you may agree or disagree.**

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	147	2	200	1	33	2	386	1.6
2 Disagree	205	3	339	2	54	4	607	2.6
3 Slightly disagree	337	5	598	4	101	7	1052	4.4
4 Neither agree nor disagree	611	9	1056	7	125	8	1813	7.6
5 Slightly agree	1411	20	3051	20	352	23	4861	20.4
6 Agree	2641	37	5834	39	557	37	9114	38.3
7 Strongly agree	1737	25	3887	26	289	19	5962	25.1
Valid responses =	7089	30	14965	63	1511	6	23795	99.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	178	3	292	2	54	4	529	2.2
2 Disagree	288	4	565	4	125	8	988	4.2
3 Slightly disagree	486	7	1094	7	191	13	1797	7.6
4 Neither agree nor disagree	671	10	1437	10	176	12	2318	9.7
5 Slightly agree	1606	23	3791	25	401	27	5851	24.6
6 Agree	2534	36	5123	34	430	29	8152	34.3
7 Strongly agree	1321	19	2660	18	132	9	4142	17.4
Valid responses =	7084	30	14962	63	1509	6	23787	99.7

Invalid responses include no response.

41D) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	137	2	153	1	40	3	335	1.4
2 Disagree	144	2	210	1	47	3	413	1.7
3 Slightly disagree	237	3	337	2	90	6	673	2.8
4 Neither agree nor disagree	748	11	1240	8	197	13	2218	9.3
5 Slightly agree	1534	22	3080	21	388	26	5048	21.2
6 Agree	2561	36	6015	40	485	32	9138	38.4
7 Strongly agree	1725	24	3913	26	262	17	5946	25.0
Valid responses =	7086	30	14948	63	1509	6	23771	99.6

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	107	2	155	1	36	2	303	1.3
2 Disagree	134	2	212	1	57	4	416	1.7
3 Slightly disagree	228	3	466	3	130	9	841	3.5
4 Neither agree nor disagree	409	6	867	6	143	10	1440	6.1
5 Slightly agree	1157	16	2693	18	358	24	4254	17.9
6 Agree	2792	39	6158	41	537	36	9568	40.2
7 Strongly agree	2257	32	4409	30	250	17	6961	29.3
Valid responses =	7084	30	14960	63	1511	6	23783	99.7

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	138	2	173	1	51	3	369	1.6
2 Disagree	166	2	183	1	69	5	429	1.8
3 Slightly disagree	270	4	438	3	121	8	847	3.6
4 Neither agree nor disagree	759	11	1192	8	252	17	2237	9.4
5 Slightly agree	1261	18	2608	17	338	22	4249	17.9
6 Agree	2553	36	5918	40	466	31	9004	37.9
7 Strongly agree	1942	27	4445	30	213	14	6646	27.9
Valid responses =	7089	30	14957	63	1510	6	23781	99.6

Invalid responses include no response.

41G) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	244	3	328	2	104	7	687	2.9
2 Disagree	253	4	423	3	130	9	826	3.5
3 Slightly disagree	386	5	803	5	178	12	1388	5.8
4 Neither agree nor disagree	703	10	1259	8	206	14	2196	9.2
5 Slightly agree	1245	18	2785	19	324	21	4407	18.5
6 Agree	2109	30	4995	33	358	24	7514	31.6
7 Strongly agree	2144	30	4364	29	211	14	6760	28.4
Valid responses =	7084	30	14957	63	1511	6	23778	99.6

Invalid responses include no response.



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41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

People respect me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	146	2	195	1	53	4	403	1.7
2 Disagree	179	3	257	2	84	6	528	2.2
3 Slightly disagree	263	4	543	4	136	9	963	4.0
4 Neither agree nor disagree	1002	14	1740	12	303	20	3088	13.0
5 Slightly agree	1370	19	2840	19	365	24	4610	19.4
6 Agree	2576	36	6059	41	430	29	9137	38.4
7 Strongly agree	1548	22	3325	22	140	9	5051	21.2
Valid responses =	7084	30	14959	63	1511	6	23780	99.6

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.<sup>1</sup>

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	63	1	145	1	31	2	243	1.0
1 Rarely true	170	2	466	3	105	7	754	3.2
2 Sometimes true	1361	19	3672	25	521	35	5632	23.7
3 Often true	3186	45	6626	44	572	38	10471	44.0
4 True nearly all the time	2304	33	4051	27	279	19	6682	28.1
Valid responses =	7084	30	14960	63	1508	6	23782	99.6

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.<sup>1</sup>

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	81	1	224	2	32	2	342	1.4
1 Rarely true	235	3	660	4	141	9	1053	4.4
2 Sometimes true	1213	17	3369	23	498	33	5154	21.7
3 Often true	2750	39	6208	42	555	37	9585	40.3
4 True nearly all the time	2795	40	4480	30	283	19	7621	32.1
Valid responses =	7074	30	14941	63	1509	6	23755	99.5

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2460	35	2737	18	279	19	5542	23.5
2 Yes	4545	65	12106	82	1225	81	18036	76.5
Valid responses =	7005	30	14843	63	1504	6	23578	98.8

Invalid responses include no response.

44A) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel nervous?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	722	10	740	5	48	3	1524	6.4
1 A little of the time	2093	30	2899	19	180	12	5203	21.9
2 Some of the time	2710	38	5820	39	504	33	9116	38.3
3 Most of the time	1107	16	3645	24	505	34	5322	22.4
4 All of the time	451	6	1854	12	271	18	2611	11.0
Valid responses =	7083	30	14958	63	1508	6	23776	99.6

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel hopeless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	2869	41	4977	33	239	16	8134	34.4
1 A little of the time	1918	27	4365	29	406	27	6754	28.5
2 Some of the time	1537	22	3786	25	526	35	5918	25.0
3 Most of the time	507	7	1245	8	230	15	2016	8.5
4 All of the time	217	3	515	4	101	7	843	3.6
Valid responses =	7048	30	14888	63	1502	6	23665	99.2

Invalid responses include no response.



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44C) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel restless or fidgety?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	1448	21	2094	14	92	6	3659	15.5
1 A little of the time	1861	26	3326	22	171	11	5387	22.8
2 Some of the time	2085	30	4799	32	392	26	7343	31.0
3 Most of the time	1111	16	3189	21	509	34	4872	20.6
4 All of the time	550	8	1484	10	340	23	2414	10.2
Valid responses =	7055	30	14892	63	1504	6	23675	99.2

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	3587	51	5879	39	354	24	9892	41.6
1 A little of the time	1930	27	4561	31	475	32	7029	29.6
2 Some of the time	1052	15	3119	21	446	30	4681	19.7
3 Most of the time	343	5	957	6	166	11	1486	6.3
4 All of the time	163	2	431	3	68	5	671	2.8
Valid responses =	7075	30	14947	63	1509	6	23759	99.6

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel that everything was an effort?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	1959	28	3129	21	139	9	5262	22.1
1 A little of the time	2091	30	3960	27	247	16	6348	26.7
2 Some of the time	1757	25	4172	28	423	28	6410	27.0
3 Most of the time	885	13	2392	16	387	26	3709	15.6
4 All of the time	387	6	1290	9	312	21	2029	8.5
Valid responses =	7079	30	14943	63	1508	6	23758	99.5

Invalid responses include no response.

44F) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel worthless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	3977	56	7448	50	424	28	11925	50.2
1 A little of the time	1427	20	3512	24	384	26	5374	22.6
2 Some of the time	984	14	2354	16	373	25	3744	15.9
3 Most of the time	399	6	983	7	190	13	1601	6.7
4 All of the time	289	4	641	4	136	9	1083	4.6
Valid responses =	7076	30	14938	63	1507	6	23747	99.5

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you.

How often do you feel that you lack companionship?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	2540	36	5172	35	370	25	8149	34.3
2 Some of the time	2865	40	6996	47	709	47	10664	44.8
3 Often	1678	24	2794	19	430	29	4970	20.9
Valid responses =	7083	30	14962	63	1509	6	23783	99.7

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you.

How often do you feel left out?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	2699	38	4533	30	300	20	7599	32.0
2 Some of the time	3146	45	7393	49	738	49	11373	47.8
3 Often	1231	17	3032	20	471	31	4799	20.2
Valid responses =	7076	30	14958	63	1509	6	23771	99.6

Invalid responses include no response.



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45C) Indicate how often each of the statements below is descriptive of you.

How often do you feel isolated from others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	2683	38	5088	34	288	19	8120	34.2
2 Some of the time	2834	40	6596	44	664	44	10195	42.9
3 Often	1562	22	3269	22	556	37	5455	22.9
Valid responses =	7079	30	14953	63	1508	6	23770	99.6
Invalid responses include no response.								

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	6446	91	13057	87	976	65	20639	87.0
2 Once or twice	486	7	1438	10	364	24	2335	9.8
3 Monthly	84	1	280	2	116	8	495	2.1
4 Weekly	28	0	122	1	36	2	191	0.8
5 Daily or almost daily	13	0	34	0	9	1	59	0.2
Valid responses =	7057	30	14931	63	1501	6	23719	99.4
Invalid responses include no response.								

47A1) Within the last 12 months, have you had problems or challenges with any the following?

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3832	54	7297	49	544	36	11756	49.5
2 Yes	3240	46	7643	51	963	64	11987	50.5
Valid responses =	7072	30	14940	63	1507	6	23743	99.5
Invalid responses include no response.								

47A2) Within the last 12 months, have you had problems or challenges with any the following?

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4962	70	9949	67	885	59	15917	67.1
2 Yes	2107	30	4961	33	620	41	7790	32.9
Valid responses =	7069	30	14910	63	1505	6	23707	99.3
Invalid responses include no response.								

47A3) Within the last 12 months, have you had problems or challenges with any the following?

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4432	63	7931	53	678	45	13158	55.5
2 Yes	2627	37	6995	47	829	55	10555	44.5
Valid responses =	7059	30	14926	63	1507	6	23713	99.4
Invalid responses include no response.								

47A4) Within the last 12 months, have you had problems or challenges with any the following?

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1993	28	3754	25	221	15	6012	25.3
2 Yes	5065	72	11182	75	1284	85	17712	74.7
Valid responses =	7058	30	14936	63	1505	6	23724	99.4
Invalid responses include no response.								

47A5) Within the last 12 months, have you had problems or challenges with any the following?

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6375	90	13406	90	1261	84	21223	89.7
2 Yes	675	10	1495	10	237	16	2446	10.3
Valid responses =	7050	30	14901	63	1498	6	23669	99.2
Invalid responses include no response.								



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

## 47A6) Within the last 12 months, have you had problems or challenges with any the following?

### Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5206	74	8701	58	610	41	14622	61.7
2 Yes	1846	26	6202	42	896	60	9062	38.3
Valid responses =	7052	30	14903	63	1506	6	23684	99.2

Invalid responses include no response.

## 47A7) Within the last 12 months, have you had problems or challenges with any the following?

### Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4633	66	9041	61	852	57	14656	61.9
2 Yes	2423	34	5860	39	652	43	9028	38.1
Valid responses =	7056	30	14901	63	1504	6	23684	99.2

Invalid responses include no response.

## 47A8) Within the last 12 months, have you had problems or challenges with any the following?

### Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5773	82	10522	71	1068	71	17527	74.1
2 Yes	1270	18	4374	29	432	29	6135	25.9
Valid responses =	7043	30	14896	63	1500	6	23662	99.1

Invalid responses include no response.

## 47A9) Within the last 12 months, have you had problems or challenges with any the following?

### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5687	81	11037	74	992	66	17860	75.6
2 Yes	1355	19	3837	26	507	34	5778	24.4
Valid responses =	7042	30	14874	63	1499	6	23638	99.0

Invalid responses include no response.

## 47A10) Within the last 12 months, have you had problems or challenges with any the following?

### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4253	60	5859	39	396	26	10581	44.7
2 Yes	2799	40	9045	61	1103	74	13097	55.3
Valid responses =	7052	30	14904	63	1499	6	23678	99.2

Invalid responses include no response.

## 47A11) Within the last 12 months, have you had problems or challenges with any the following?

### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4673	66	8687	58	779	52	14265	60.3
2 Yes	2374	34	6198	42	724	48	9394	39.7
Valid responses =	7047	30	14885	63	1503	6	23659	99.1

Invalid responses include no response.

## 47A12) Within the last 12 months, have you had problems or challenges with any the following?

### Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5579	79	10997	74	1121	75	17864	75.4
2 Yes	1480	21	3905	26	382	25	5822	24.6
Valid responses =	7059	30	14902	63	1503	6	23686	99.2

Invalid responses include no response.

## 47A13) Within the last 12 months, have you had problems or challenges with any the following?

### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6687	95	13791	92	1336	89	22014	92.8
2 Yes	378	5	1130	8	169	11	1698	7.2
Valid responses =	7065	30	14921	63	1505	6	23712	99.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

47A14) Within the last 12 months, have you had problems or challenges with any the following?

Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6849	97	14404	97	1389	92	22852	96.4
2 Yes	218	3	514	3	115	8	862	3.6
Valid responses =	7067	30	14918	63	1504	6	23714	99.4

Invalid responses include no response.

47A15) Within the last 12 months, have you had problems or challenges with any the following?

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6940	98	14745	99	1486	99	23389	98.6
2 Yes	124	2	175	1	19	1	322	1.4
Valid responses =	7064	30	14920	63	1505	6	23711	99.4

Invalid responses include no response.

47A16) Within the last 12 months, have you had problems or challenges with any the following?

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6304	89	12505	84	841	56	19783	83.4
2 Yes	760	11	2415	16	665	44	3933	16.6
Valid responses =	7064	30	14920	63	1506	6	23716	99.4

Invalid responses include no response.

47A17) Within the last 12 months, have you had problems or challenges with any the following?

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6811	96	12923	87	1217	81	21142	89.2
2 Yes	255	4	1995	13	290	19	2572	10.8
Valid responses =	7066	30	14918	63	1507	6	23714	99.4

Invalid responses include no response.

47A18) Within the last 12 months, have you had problems or challenges with any the following?

Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6507	92	13458	90	1113	74	21256	89.7
2 Yes	558	8	1459	10	391	26	2451	10.3
Valid responses =	7065	30	14917	63	1504	6	23707	99.3

Invalid responses include no response.

47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	42	1	38	1	4	0	85	0.7
2 Minimal Distress	524	16	841	11	94	10	1476	12.4
3 Moderate Distress	1451	45	3127	41	392	41	5020	42.0
4 High Distress	1208	38	3616	47	470	49	5365	44.9
Valid responses =	3225	27	7622	64	960	8	11946	50.1

Invalid responses include no response.

47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	71	3	116	2	12	2	202	2.6
2 Minimal Distress	593	28	1213	25	164	27	1995	25.7
3 Moderate Distress	877	42	2098	43	270	44	3281	42.3
4 High Distress	552	26	1513	31	172	28	2274	29.3
Valid responses =	2093	27	4940	64	618	8	7752	32.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	65	3	87	1	12	2	164	1.6
2 Minimal Distress	765	29	1544	22	152	18	2483	23.6
3 Moderate Distress	1057	40	2756	40	308	37	4168	39.6
4 High Distress	731	28	2581	37	352	43	3699	35.2
Valid responses =	2618	25	6968	66	824	8	10514	44.1

Invalid responses include no response.

47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	203	4	238	2	22	2	468	2.7
2 Minimal Distress	1796	36	3323	30	319	25	5470	31.1
3 Moderate Distress	1943	39	4519	41	514	40	7048	40.0
4 High Distress	1089	22	3052	27	418	33	4630	26.3
Valid responses =	5031	29	11132	63	1273	7	17616	73.8

Invalid responses include no response.

47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	57	9	85	6	12	5	157	6.5
2 Minimal Distress	301	45	613	41	101	43	1035	42.6
3 Moderate Distress	213	32	520	35	83	36	825	34.0
4 High Distress	101	15	268	18	38	16	413	17.0
Valid responses =	672	28	1486	61	234	10	2430	10.2

Invalid responses include no response.

47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	74	4	146	2	12	1	235	2.6
2 Minimal Distress	665	36	1758	29	200	22	2657	29.5
3 Moderate Distress	669	36	2346	38	322	36	3381	37.5
4 High Distress	431	23	1918	31	359	40	2745	30.4
Valid responses =	1839	20	6168	68	893	10	9018	37.8

Invalid responses include no response.

47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	121	5	209	4	25	4	357	4.0
2 Minimal Distress	738	31	1864	32	197	30	2829	31.5
3 Moderate Distress	840	35	2065	35	220	34	3150	35.0
4 High Distress	713	30	1699	29	208	32	2655	29.5
Valid responses =	2412	27	5837	65	650	7	8911	37.7

Invalid responses include no response.

47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	73	6	175	4	16	4	266	4.4
2 Minimal Distress	612	49	1660	38	134	31	2429	39.8
3 Moderate Distress	360	29	1528	35	147	34	2053	33.6
4 High Distress	217	17	993	23	133	31	1359	22.3
Valid responses =	1262	21	4356	71	430	7	6107	25.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

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### UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

#### 47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	96	7	200	5	27	5	325	5.7
2 Minimal Distress	673	50	1762	46	194	39	2665	46.5
3 Moderate Distress	409	31	1314	35	189	38	1937	33.8
4 High Distress	165	12	536	14	93	19	810	14.1
Valid responses =	1343	23	3812	66	503	9	5737	24.0

Invalid responses include no response.

#### 47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	121	4	200	2	23	2	346	2.7
2 Minimal Distress	1296	47	3228	36	343	31	4921	37.7
3 Moderate Distress	945	34	3311	37	402	37	4710	36.1
4 High Distress	426	15	2264	25	328	30	3059	23.5
Valid responses =	2788	21	9003	69	1096	8	13036	54.6

Invalid responses include no response.

#### 47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	136	6	259	4	21	3	419	4.5
2 Minimal Distress	854	36	1968	32	238	33	3097	33.1
3 Moderate Distress	886	38	2310	37	248	35	3482	37.2
4 High Distress	489	21	1633	27	212	30	2354	25.2
Valid responses =	2365	25	6170	66	719	8	9352	39.2

Invalid responses include no response.

#### 47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	73	5	143	4	16	4	234	4.0
2 Minimal Distress	391	27	775	20	81	21	1262	21.7
3 Moderate Distress	496	34	1293	33	101	27	1907	32.9
4 High Distress	516	35	1682	43	183	48	2401	41.4
Valid responses =	1476	25	3893	67	381	7	5804	24.3

Invalid responses include no response.

#### 47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	49	13	94	8	9	5	153	9.1
2 Minimal Distress	137	36	372	33	60	36	579	34.3
3 Moderate Distress	114	30	402	36	54	32	575	34.1
4 High Distress	77	20	255	23	44	26	381	22.6
Valid responses =	377	22	1123	67	167	10	1688	7.1

Invalid responses include no response.

#### 47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	35	16	62	12	10	9	108	12.6
2 Minimal Distress	74	34	169	33	45	40	295	34.5
3 Moderate Distress	58	27	169	33	36	32	270	31.6
4 High Distress	50	23	109	21	23	20	182	21.3
Valid responses =	217	25	509	60	114	13	855	3.6

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	25	20	47	27	5	26	77	24.0
2 Minimal Distress	41	33	56	32	6	32	105	32.7
3 Moderate Distress	36	29	44	25	5	26	86	26.8
4 High Distress	22	18	27	16	3	16	53	16.5
Valid responses =	124	39	174	54	19	6	321	1.3

Invalid responses include no response.

47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	133	18	251	10	49	7	441	11.2
2 Minimal Distress	415	55	1336	55	334	50	2134	54.4
3 Moderate Distress	148	20	601	25	203	31	977	24.9
4 High Distress	62	8	222	9	77	12	370	9.4
Valid responses =	758	19	2410	61	663	17	3922	16.4

Invalid responses include no response.

47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	24	9	115	6	9	3	150	5.9
2 Minimal Distress	112	44	740	37	100	35	958	37.4
3 Moderate Distress	69	27	658	33	93	32	828	32.3
4 High Distress	50	20	475	24	86	30	625	24.4
Valid responses =	255	10	1988	78	288	11	2561	10.7

Invalid responses include no response.

47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	81	15	100	7	10	3	192	7.9
2 Minimal Distress	252	45	690	47	147	38	1104	45.2
3 Moderate Distress	150	27	445	31	159	41	767	31.4
4 High Distress	74	13	220	15	74	19	381	15.6
Valid responses =	557	23	1455	60	390	16	2444	10.2

Invalid responses include no response.

47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1348	65	3093	63	385	62	4895	63.2
2 Negatively impacted performance in a class	571	27	1321	27	173	28	2092	27.0
3 Delayed progress towards degree	172	8	519	11	61	10	757	9.8
Valid responses =	2091	27	4933	64	619	8	7744	32.4

Invalid responses include no response.

47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1766	68	4605	66	501	61	6938	66.0
2 Negatively impacted performance in a class	615	24	1651	24	230	28	2521	24.0
3 Delayed progress towards degree	231	9	712	10	96	12	1051	10.0
Valid responses =	2612	25	6968	66	827	8	10510	44.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

### UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

#### 47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1666	33	3825	34	303	24	5836	33.1
2 Negatively impacted performance in a class	2859	57	6090	55	800	63	9858	55.9
3 Delayed progress towards degree	519	10	1216	11	177	14	1941	11.0
Valid responses =	5044	29	11131	63	1280	7	17635	73.9

Invalid responses include no response.

#### 47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	317	48	667	45	91	39	1089	45.2
2 Negatively impacted performance in a class	252	38	650	44	123	52	1042	43.2
3 Delayed progress towards degree	93	14	158	11	22	9	280	11.6
Valid responses =	662	27	1475	61	236	10	2411	10.1

Invalid responses include no response.

#### 47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1301	71	4088	66	534	60	5994	66.6
2 Negatively impacted performance in a class	424	23	1665	27	291	33	2418	26.9
3 Delayed progress towards degree	108	6	402	7	64	7	583	6.5
Valid responses =	1833	20	6155	68	889	10	8995	37.7

Invalid responses include no response.

#### 47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1696	70	4001	69	436	67	6189	68.9
2 Negatively impacted performance in a class	600	25	1573	27	181	28	2385	26.5
3 Delayed progress towards degree	114	5	261	5	33	5	413	4.6
Valid responses =	2410	27	5835	65	650	7	8987	37.7

Invalid responses include no response.

#### 47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	973	77	3372	78	306	71	4687	76.8
2 Negatively impacted performance in a class	243	19	831	19	103	24	1196	19.6
3 Delayed progress towards degree	47	4	147	3	22	5	220	3.6
Valid responses =	1263	21	4350	71	431	7	6103	25.6

Invalid responses include no response.

#### 47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1052	78	3036	80	360	72	4497	78.5
2 Negatively impacted performance in a class	260	19	671	18	124	25	1080	18.9
3 Delayed progress towards degree	34	3	92	2	19	4	150	2.6
Valid responses =	1346	24	3799	66	503	9	5727	24.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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#### 47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2434	87	7792	87	911	83	11258	86.4
2 Negatively impacted performance in a class	291	10	1014	11	158	14	1483	11.4
3 Delayed progress towards degree	63	2	191	2	30	3	291	2.2
Valid responses =	2788	21	8997	69	1099	8	13032	54.6

Invalid responses include no response.

#### 47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1789	76	4443	72	486	68	6787	72.6
2 Negatively impacted performance in a class	482	20	1439	23	179	25	2124	22.7
3 Delayed progress towards degree	90	4	291	5	53	7	439	4.7
Valid responses =	2361	25	6173	66	718	8	9350	39.2

Invalid responses include no response.

#### 47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	927	63	2155	55	196	51	3311	57.1
2 Negatively impacted performance in a class	443	30	1395	36	141	37	1995	34.4
3 Delayed progress towards degree	108	7	337	9	45	12	495	8.5
Valid responses =	1478	25	3887	67	382	7	5801	24.3

Invalid responses include no response.

#### 47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	279	74	778	70	114	68	1185	70.4
2 Negatively impacted performance in a class	72	19	272	24	42	25	391	23.2
3 Delayed progress towards degree	25	7	68	6	13	8	108	6.4
Valid responses =	376	22	1118	66	169	10	1684	7.1

Invalid responses include no response.

#### 47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	148	68	367	72	83	72	609	71.1
2 Negatively impacted performance in a class	50	23	113	22	23	20	189	22.1
3 Delayed progress towards degree	20	9	29	6	9	8	59	6.9
Valid responses =	218	25	509	59	115	13	857	3.6

Invalid responses include no response.

#### 47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	71	58	114	67	9	47	195	61.5
2 Negatively impacted performance in a class	40	33	40	23	7	37	90	28.4
3 Delayed progress towards degree	12	10	17	10	3	16	32	10.1
Valid responses =	123	39	171	54	19	6	317	1.3

Invalid responses include no response.



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47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype) Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	653	86	2032	85	535	81	3219	84.2
2 Negatively impacted performance in a class	83	11	299	13	108	16	505	12.9
3 Delayed progress towards degree	21	3	67	3	19	3	112	2.9
Valid responses =	757	19	2398	61	662	17	3906	16.4

Invalid responses include no response.

47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	196	77	1535	77	206	71	1954	76.4
2 Negatively impacted performance in a class	41	16	362	18	61	21	470	18.4
3 Delayed progress towards degree	17	7	87	4	22	8	133	5.2
Valid responses =	254	10	1984	78	289	11	2557	10.7

Invalid responses include no response.

47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	436	78	1076	74	282	73	1822	74.9
2 Negatively impacted performance in a class	98	18	295	20	90	23	490	20.1
3 Delayed progress towards degree	22	4	76	5	17	4	122	5.0
Valid responses =	556	23	1447	59	389	16	2434	10.2

Invalid responses include no response.

48) Within the last 30 days, how would you rate the overall level of stress you have experienced?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	255	4	129	1	16	1	405	1.7
2 Low	2198	31	2461	16	191	13	4894	20.6
3 Moderate	3254	46	7584	51	676	45	11610	48.8
4 High	1376	19	4808	32	628	42	6899	29.0
Valid responses =	7083	30	14982	63	1511	6	23808	99.8

Invalid responses include no response.

49) Have you ever thought about or attempted to kill yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3950	56	7839	53	286	19	12147	51.1
2 Just a brief passing thought	1779	25	3672	25	366	24	5873	24.7
3 Planned at least once, but did not try to do it	655	9	1613	11	294	20	2603	11.0
4 Planned at least once, wanted to die	381	5	854	6	259	17	1523	6.4
5 Attempted, but did not want to die	134	2	403	3	104	7	660	2.8
6 Attempted, really hoped to die	178	3	560	4	200	13	948	4.0
Valid responses =	7077	30	14941	63	1509	6	23754	99.5

Invalid responses include no response.

50) How often have you thought about killing yourself in the past year?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4912	69	9797	66	546	36	15363	64.7
2 Rarely (1 time)	862	12	2002	13	251	17	3150	13.3
3 Sometimes (2 times)	599	9	1571	11	261	17	2458	10.4
4 Often (3-4 times)	299	4	784	5	146	10	1247	5.3
5 Very often (5 or more times)	402	6	778	5	302	20	1521	6.4
Valid responses =	7074	30	14932	63	1506	6	23739	99.5

Invalid responses include no response.



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## UNDERGRADUATE STUDENTS

### 51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5848	83	11584	78	848	56	18426	77.6
2 Yes, one time, did not want to die	621	9	1615	11	201	13	2463	10.4
3 Yes, one time, wanted to die	271	4	763	5	178	12	1224	5.2
4 Yes, more than once, did not want to do it	181	3	530	4	115	8	845	3.6
5 Yes, more than once, wanted to do it	149	2	446	3	164	11	783	3.3
Valid responses =	7070	30	14938	63	1506	6	23741	99.5

Invalid responses include no response.

### 52) How likely is it that you will attempt suicide someday?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4623	65	9825	66	471	31	15020	63.2
1 No chance at all	920	13	1884	13	221	15	3056	12.9
2 Rather unlikely	1022	14	2030	14	409	27	3507	14.8
3 Unlikely	292	4	768	5	214	14	1296	5.5
4 Likely	130	2	318	2	120	8	582	2.5
5 Rather likely	46	1	66	0	39	3	155	0.7
6 Very likely	42	1	59	0	30	2	138	0.6
Valid responses =	7075	30	14950	63	1504	6	23754	99.5

Invalid responses include no response.

### 53) Within the last 12 months, have you attempted suicide?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6838	97	14554	98	1395	93	23005	97.0
2 Yes	230	3	361	2	106	7	708	3.0
Valid responses =	7068	30	14915	63	1501	6	23713	99.4

Invalid responses include no response.

### 54A) Have you ever received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4546	64	6928	46	363	24	11918	50.1
2 Yes	2541	36	8050	54	1147	76	11884	49.9
Valid responses =	7087	30	14978	63	1510	6	23802	99.7

Invalid responses include no response.

### 54B) Within the last 12 months, have you received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5607	79	9391	63	611	41	15725	66.1
2 Yes	1479	21	5572	37	898	60	8058	33.9
Valid responses =	7086	30	14963	63	1509	6	23783	99.7

Invalid responses include no response.

### 54C1) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

My current campus health and/or counseling center?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	872	61	3383	63	563	65	4885	62.5
2 Yes	561	39	2021	37	310	36	2929	37.5
Valid responses =	1433	18	5404	69	873	11	7814	32.7

Invalid responses include no response.

### 54C2) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider in the local community near my campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1142	81	4198	78	647	75	6066	78.4
2 Yes	266	19	1164	22	220	25	1673	21.6
Valid responses =	1408	18	5362	69	867	11	7739	32.4

Invalid responses include no response.



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54C3) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider in my home town?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	663	46	2314	43	378	43	3399	43.3
2 Yes	767	54	3119	57	497	57	4445	56.7
Valid responses =	1430	18	5433	69	875	11	7844	32.9

Invalid responses include no response.

54C4) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider not described above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1034	86	3656	87	571	83	5329	86.5
2 Yes	170	14	533	13	117	17	833	13.5
Valid responses =	1204	20	4189	68	688	11	6162	25.8

Invalid responses include no response.

55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2913	41	3798	25	325	22	7104	29.9
2 Yes	4170	59	11166	75	1182	78	16675	70.1
Valid responses =	7083	30	14964	63	1507	6	23779	99.6

Invalid responses include no response.

55B1) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)

My current campus health center?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2946	75	7571	71	822	72	11438	72.0
2 Yes	980	25	3092	29	324	28	4440	28.0
Valid responses =	3926	25	10663	67	1146	7	15878	66.5

Invalid responses include no response.

55B2) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)

A medical service provider in the local community near my campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3001	77	7737	73	804	70	11648	73.6
2 Yes	910	23	2888	27	338	30	4176	26.4
Valid responses =	3911	25	10625	67	1142	7	15824	66.3

Invalid responses include no response.

55B3) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)

A medical service provider in my home town?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	764	19	1973	18	260	22	3027	18.5
2 Yes	3303	81	8983	82	900	78	13310	81.5
Valid responses =	4067	25	10956	67	1160	7	16337	68.5

Invalid responses include no response.

55B4) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)

A medical service provider not described above?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2943	93	7652	95	824	92	11522	94.0
2 Yes	214	7	440	5	69	8	733	6.0
Valid responses =	3157	26	8092	66	893	7	12255	51.3

Invalid responses include no response.



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56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4979	70	8121	54	909	60	14155	59.5
2 Yes	279	4	6589	44	471	31	7386	31.1
3 Don't know	161	2	152	1	27	2	347	1.5
4 Not applicable	1663	24	110	1	101	7	1896	8.0
Valid responses =	7082	30	14972	63	1508	6	23784	99.7

Invalid responses include no response.

57) Have you had a dental exam and cleaning in the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1530	22	3209	21	404	27	5208	21.9
2 Yes	5352	76	11457	77	1056	70	18023	75.7
3 Don't know	196	3	319	2	51	3	577	2.4
Valid responses =	7078	30	14985	63	1511	6	23808	99.8

Invalid responses include no response.

58) When you are outdoors in the sun, how often do you wear sunscreen?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1393	20	1175	8	173	11	2788	11.7
2 Rarely	2360	33	3009	20	441	29	5866	24.6
3 Sometimes	2109	30	4846	32	442	29	7466	31.3
4 Usually	1045	15	4140	28	336	22	5570	23.4
5 Always	179	3	1822	12	119	8	2132	8.9
Valid responses =	7086	30	14992	63	1511	6	23822	99.8

Invalid responses include no response.

59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear a shirt with sleeves

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1381	20	3011	20	238	16	4678	19.7
2 Rarely	1443	20	3377	23	265	18	5119	21.6
3 Sometimes	1887	27	4893	33	480	32	7329	30.9
4 Usually	1632	23	2739	18	390	26	4806	20.3
5 Always	723	10	883	6	132	9	1764	7.4
Valid responses =	7066	30	14903	63	1505	6	23696	99.3

Invalid responses include no response.

59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear sunglasses

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1560	22	2512	17	392	26	4526	19.1
2 Rarely	1309	19	2527	17	315	21	4190	17.7
3 Sometimes	1757	25	4014	27	340	23	6170	26.0
4 Usually	1619	23	3931	26	300	20	5889	24.9
5 Always	814	12	1924	13	156	10	2918	12.3
Valid responses =	7059	30	14908	63	1503	6	23693	99.3

Invalid responses include no response.

59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Stay in the shade

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	398	6	642	4	57	4	1113	4.7
2 Rarely	862	12	1761	12	99	7	2745	11.6
3 Sometimes	2932	42	5987	40	450	30	9446	39.8
4 Usually	2503	35	5402	36	730	49	8716	36.8
5 Always	371	5	1125	8	169	11	1690	7.1
Valid responses =	7066	30	14917	63	1505	6	23710	99.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

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59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear a hat

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1564	22	4029	27	441	29	6104	25.8
2 Rarely	1429	20	4125	28	342	23	5947	25.1
3 Sometimes	1941	28	4637	31	455	30	7097	30.0
4 Usually	1390	20	1662	11	192	13	3265	13.8
5 Always	731	10	423	3	70	5	1240	5.2
Valid responses =	7055	30	14876	63	1500	6	23653	99.1

Invalid responses include no response.

60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	4204	61	5681	39	971	66	10992	47.2
1 1 time	233	3	482	3	56	4	781	3.4
2 2 times	424	6	939	6	88	6	1465	6.3
3 3 times	267	4	703	5	65	4	1043	4.5
4 4 times	165	2	439	3	43	3	652	2.8
5 5 times	300	4	879	6	47	3	1233	5.3
6 6 to 10 times	556	8	1858	13	100	7	2527	10.9
7 11 to 15 times	179	3	680	5	27	2	889	3.8
8 16 to 20 times	192	3	977	7	22	2	1194	5.1
9 21 to 49 times	211	3	1067	7	29	2	1309	5.6
10 50 or More times	202	3	970	7	19	1	1197	5.1
Valid responses =	6933	30	14675	63	1467	6	23282	97.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	6.13	0.00	22.21	0	365
Cis Women	11.54	3.00	24.66	0	365
Trans/Gender Non-conforming	3.63	0.00	14.99	0	365
Overall	9.39	1.00	23.77	0	365

61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	1244	18	2280	15	164	11	3724	15.7
2 Have started, but not completed HPV vaccine	212	3	648	4	84	6	954	4.0
3 Completed HPV vaccine	3242	46	8162	55	871	58	12383	52.2
4 I don't know my HPV vaccination status	2357	33	3833	26	388	26	6648	28.0
Valid responses =	7055	30	14923	63	1507	6	23709	99.3

Invalid responses include no response.

62) Did you have a flu vaccine within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2991	42	6511	44	591	39	10173	42.8
2 Yes	3551	50	7518	50	808	54	11997	50.5
3 Don't know	527	8	921	6	110	7	1583	6.7
Valid responses =	7069	30	14950	63	1509	6	23753	99.5

Invalid responses include no response.

COVIDVAXA Have you been vaccinated against COVID-19?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1341	19	2486	17	171	11	4033	17
2 Yes	5717	81	12420	83	1338	89	19688	83
Valid responses =	7058	30	14906	63	1509	6	23701	99.3

Invalid responses include no response.

COVIDVAXC Was your first COVID-19 vaccine the Johnson & Johnson vaccine? (only includes students who have been vaccinated against COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5035	84	11309	88	1212	87	17731	87
2 Yes	952	16	1483	12	179	13	2638	13
Valid responses =	5987	29	12792	63	1391	7	20369	85.3

Invalid responses include no response.



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#### COVAXSTATUS Vaccination Status

(This variable was calculated using number of doses received and is based on whether a student received Johnson & Johnson as their first vaccine. Students studying in the U.S. on a visa were coded to missing for this variable, unless they reported not being vaccinated against COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Have not been vaccinated against COVID-19	1014	16	2026	15	107	8	3175	14.8
1 Received one dose of two-dose primary series	69	1	109	1	9	1	189	0.9
2 Received primary dose(s)	1596	26	3455	25	282	20	5369	25
3 Received primary dose(s) and one booster dose	2866	46	6449	47	734	52	10157	47.3
4 Received primary dose(s) and two or more booster doses	692	11	1568	12	274	20	2567	12
Valid responses =	6237	29	13607	63	1406	7	21457	89.9

Invalid responses include no response.

#### COVIDINF Have you tested positive for COVID-19 within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4131	59	8231	55	826	55	13311	56.1
2 Yes	2932	42	6704	45	681	45	10417	43.9
Valid responses =	7063	30	14935	63	1507	6	23728	99.4

Invalid responses include no response.

#### 63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6895	98	14227	96	1453	97	22785	96.3
2 Yes	155	2	653	4	47	3	864	3.7
Valid responses =	7050	30	14880	63	1500	6	23649	99.1

Invalid responses include no response.

#### 63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6975	99	14611	99	1480	99	23279	98.8
2 Yes	53	1	215	2	11	1	281	1.2
Valid responses =	7028	30	14826	63	1491	6	23560	98.7

Invalid responses include no response.

#### 63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6952	100	14601	100	1478	100	23240	99.5
2 Yes	33	1	74	1	3	0	112	0.5
Valid responses =	6985	30	14675	63	1481	6	23352	97.8

Invalid responses include no response.

#### 63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5209	74	8918	60	973	65	15244	64.5
2 Yes	1837	26	5952	40	528	35	8389	35.5
Valid responses =	7046	30	14870	63	1501	6	23633	99.0

Invalid responses include no response.

#### 63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6890	98	14351	97	1437	96	22888	96.9
2 Yes	151	2	509	3	63	4	731	3.1
Valid responses =	7041	30	14860	63	1500	6	23619	99.0

Invalid responses include no response.

#### 63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6975	99	14721	100	1484	100	23395	99.5
2 Yes	42	1	68	1	5	0	117	0.5
Valid responses =	7017	30	14789	63	1489	6	23512	98.5

Invalid responses include no response.



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#### 63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6357	91	13149	89	1328	89	21024	89.4
2 Yes	643	9	1662	11	165	11	2497	10.6
Valid responses =	7000	30	14811	63	1493	6	23521	98.6

Invalid responses include no response.

#### 63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6997	100	14717	100	1483	100	23411	99.7
2 Yes	19	0	49	0	4	0	74	0.3
Valid responses =	7016	30	14766	63	1487	6	23485	98.4

Invalid responses include no response.

#### 63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6887	99	14375	97	1461	99	22935	97.8
2 Yes	97	1	382	3	22	2	506	2.2
Valid responses =	6984	30	14757	63	1483	6	23441	98.2

Invalid responses include no response.

#### 63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6482	92	13301	90	1351	90	21335	90.4
2 Yes	560	8	1554	11	150	10	2278	9.6
Valid responses =	7042	30	14855	63	1501	6	23613	98.9

Invalid responses include no response.

#### 63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7017	100	14785	100	1490	100	23508	99.6
2 Yes	20	0	61	0	4	0	87	0.4
Valid responses =	7037	30	14846	63	1494	6	23595	98.9

Invalid responses include no response.

#### 63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6944	99	14568	99	1470	99	23198	98.7
2 Yes	72	1	215	2	20	1	309	1.3
Valid responses =	7016	30	14783	63	1490	6	23507	98.5

Invalid responses include no response.

#### 63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6968	100	14643	100	1480	99	23303	99.5
2 Yes	24	0	71	1	10	1	107	0.5
Valid responses =	6992	30	14714	63	1490	6	23410	98.1

Invalid responses include no response.

#### 63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6675	95	13365	90	1337	89	21565	91.4
2 Yes	357	5	1496	10	160	11	2041	8.6
Valid responses =	7032	30	14861	63	1497	6	23606	98.9

Invalid responses include no response.



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#### 63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6956	99	12898	87	1355	91	21399	90.8
2 Yes	66	1	1934	13	141	9	2169	9.2
Valid responses =	7022	30	14832	63	1496	6	23568	98.8

Invalid responses include no response.

#### 63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5790	97	11205	96	1098	95	18237	96.3
2 Yes	153	3	485	4	53	5	703	3.7
Valid responses =	5943	31	11690	62	1151	6	18940	79.4

Invalid responses include no response.

#### 63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	91	62	301	47	18	40	413	49.2
2 Negatively impacted performance in a class	53	36	308	48	24	53	390	46.5
3 Delayed progress towards degree	4	3	29	5	3	7	36	4.3
Valid responses =	148	18	638	76	45	5	839	3.5

Invalid responses include no response.

#### 63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	41	89	191	91	6	60	238	89.1
2 Negatively impacted performance in a class	4	9	17	8	4	40	25	9.4
3 Delayed progress towards degree	1	2	3	1	0	0	4	1.5
Valid responses =	46	17	211	79	10	4	267	1.1

Invalid responses include no response.

#### 63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	26	87	70	96	0	0	97	92.4
2 Negatively impacted performance in a class	3	10	2	3	1	100	6	5.7
3 Delayed progress towards degree	1	3	1	1	0	0	2	1.9
Valid responses =	30	29	73	70	1	1	105	0.4

Invalid responses include no response.

#### 63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1134	62	3120	53	262	50	4517	54.5
2 Negatively impacted performance in a class	664	36	2636	45	246	47	3547	42.9
3 Delayed progress towards degree	29	2	168	3	20	4	218	2.6
Valid responses =	1827	22	5924	71	528	6	8350	35.0

Invalid responses include no response.

#### 63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	53	37	173	35	20	35	247	35.3
2 Negatively impacted performance in a class	74	52	265	54	29	50	373	53.4
3 Delayed progress towards degree	16	11	54	11	9	16	79	11.3
Valid responses =	143	20	492	70	58	8	699	2.9

Invalid responses include no response.



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Number of Surveys (n) = 23866 Web Surveys

#### 63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	30	81	60	91	2	50	93	86.1
2 Negatively impacted performance in a class	6	16	5	8	2	50	13	12.0
3 Delayed progress towards degree	1	3	1	2	0	0	2	1.9
Valid responses =	37	34	66	61	4	4	108	0.5

Invalid responses include no response.

#### 63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	361	57	754	46	79	48	1207	48.8
2 Negatively impacted performance in a class	255	40	822	50	77	47	1167	47.2
3 Delayed progress towards degree	17	3	74	5	9	6	100	4.0
Valid responses =	633	26	1650	67	165	7	2474	10.4

Invalid responses include no response.

#### 63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	13	87	43	90	2	67	58	87.9
2 Negatively impacted performance in a class	1	7	3	6	1	33	5	7.6
3 Delayed progress towards degree	1	7	2	4	0	0	3	4.5
Valid responses =	15	23	48	73	3	5	66	0.3

Invalid responses include no response.

#### 63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	46	50	152	40	7	33	207	41.9
2 Negatively impacted performance in a class	41	44	192	51	12	57	247	50.0
3 Delayed progress towards degree	6	7	32	9	2	10	40	8.1
Valid responses =	93	19	376	76	21	4	494	2.1

Invalid responses include no response.

#### 63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	410	74	1056	68	92	62	1569	69.3
2 Negatively impacted performance in a class	128	23	426	28	47	32	603	26.6
3 Delayed progress towards degree	17	3	65	4	9	6	91	4.0
Valid responses =	555	25	1547	68	148	7	2263	9.5

Invalid responses include no response.

#### 63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	15	88	48	80	1	50	65	81.3
2 Negatively impacted performance in a class	2	12	8	13	1	50	11	13.8
3 Delayed progress towards degree	0	0	4	7	0	0	4	5.0
Valid responses =	17	21	60	75	2	3	80	0.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

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(410) 859-1500

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### UNDERGRADUATE STUDENTS

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FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

#### 63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	33	49	112	53	8	44	153	51.3
2 Negatively impacted performance in a class	27	40	83	39	9	50	119	39.9
3 Delayed progress towards degree	7	10	18	9	1	6	26	8.7
Valid responses =	67	22	213	71	18	6	298	1.2

Invalid responses include no response.

#### 63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	17	81	58	83	5	63	80	80.8
2 Negatively impacted performance in a class	4	19	10	14	3	38	17	17.2
3 Delayed progress towards degree	0	0	2	3	0	0	2	2.0
Valid responses =	21	21	70	71	8	8	99	0.4

Invalid responses include no response.

#### 63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	212	61	803	54	76	48	1101	54.3
2 Negatively impacted performance in a class	126	36	629	42	66	42	837	41.3
3 Delayed progress towards degree	12	3	63	4	15	10	90	4.4
Valid responses =	350	17	1495	74	157	8	2028	8.5

Invalid responses include no response.

#### 63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	51	82	1505	80	105	77	1674	79.1
2 Negatively impacted performance in a class	8	13	362	19	29	21	411	19.4
3 Delayed progress towards degree	3	5	23	1	3	2	30	1.4
Valid responses =	62	3	1890	89	137	6	2115	8.9

Invalid responses include no response.

#### 63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	91	66	309	68	32	63	440	67.4
2 Negatively impacted performance in a class	42	31	119	26	17	33	180	27.6
3 Delayed progress towards degree	4	3	27	6	2	4	33	5.1
Valid responses =	137	21	455	70	51	8	653	2.7

Invalid responses include no response.

#### 64) Have you ever been tested for HIV?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	443	6	1411	9	168	11	2047	8.6
2 Yes, more than 12 months ago	320	5	936	6	94	6	1363	5.7
3 No	5864	83	11295	76	1138	75	18461	77.7
4 Unsure	449	6	1310	9	109	7	1893	8.0
Valid responses =	7076	30	14952	63	1509	6	23764	99.6

Invalid responses include no response.

#### 64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6897	98	14660	98	1453	96	23226	98.0
2 Yes	170	2	246	2	53	4	476	2.0
Valid responses =	7067	30	14906	63	1506	6	23702	99.3

Invalid responses include no response.



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#### 65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5197	74	10176	69	1054	71	16576	70.3
2 Yes	1821	26	4678	32	442	30	7007	29.7
Valid responses =	7018	30	14854	63	1496	6	23583	98.8

Invalid responses include no response.

#### 65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6085	87	13039	88	1061	71	20336	86.1
2 Yes	951	14	1821	12	441	29	3278	13.9
Valid responses =	7036	30	14860	63	1502	6	23614	98.9

Invalid responses include no response.

#### 65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6930	99	14688	99	1476	98	23307	98.7
2 Yes	100	1	183	1	25	2	311	1.3
Valid responses =	7030	30	14871	63	1501	6	23618	99.0

Invalid responses include no response.

#### 65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6328	90	12736	86	1209	81	20447	86.7
2 Yes	702	10	2114	14	288	19	3143	13.3
Valid responses =	7030	30	14850	63	1497	6	23590	98.8

Invalid responses include no response.

#### 65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6173	88	12731	86	1213	81	20296	86.2
2 Yes	846	12	2087	14	281	19	3249	13.8
Valid responses =	7019	30	14818	63	1494	6	23545	98.7

Invalid responses include no response.

#### 65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5149	73	10278	69	961	64	16528	70.0
2 Yes	1885	27	4586	31	541	36	7088	30.0
Valid responses =	7034	30	14864	63	1502	6	23616	99.0

Invalid responses include no response.

#### 65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5811	83	9126	61	601	40	15649	66.1
2 Yes	1232	18	5773	39	904	60	8017	33.9
Valid responses =	7043	30	14899	63	1505	6	23666	99.2

Invalid responses include no response.

#### 65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6012	86	12497	84	1192	80	19875	84.3
2 Yes	1009	14	2356	16	302	20	3708	15.7
Valid responses =	7021	30	14853	63	1494	6	23583	98.8

Invalid responses include no response.



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65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6819	97	14562	99	1291	87	22868	97.3
2 Yes	192	3	220	2	199	13	630	2.7
Valid responses =	7011	30	14782	63	1490	6	23498	98.5

Invalid responses include no response.

65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6932	99	14434	97	1387	92	22958	97.3
2 Yes	92	1	424	3	114	8	643	2.7
Valid responses =	7024	30	14858	63	1501	6	23601	98.9

Invalid responses include no response.

65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6993	99	14668	99	1417	94	23282	98.5
2 Yes	49	1	213	1	84	6	360	1.5
Valid responses =	7042	30	14881	63	1501	6	23642	99.1

Invalid responses include no response.

65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6973	99	14767	99	1483	99	23437	99.3
2 Yes	51	1	101	1	15	1	168	0.7
Valid responses =	7024	30	14868	63	1498	6	23605	98.9

Invalid responses include no response.

65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6951	100	14560	99	1463	99	23185	98.9
2 Yes	37	1	189	1	19	1	248	1.1
Valid responses =	6988	30	14749	63	1482	6	23433	98.2

Invalid responses include no response.

65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6762	96	13669	92	1220	82	21842	92.6
2 Yes	263	4	1172	8	277	19	1737	7.4
Valid responses =	7025	30	14841	63	1497	6	23579	98.8

Invalid responses include no response.

65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6059	86	10573	71	669	45	17419	73.7
2 Yes	982	14	4299	29	832	55	6213	26.3
Valid responses =	7041	30	14872	63	1501	6	23632	99.0

Invalid responses include no response.

65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6907	98	14419	97	1448	97	22980	97.5
2 Yes	115	2	421	3	48	3	592	2.5
Valid responses =	7022	30	14840	63	1496	6	23572	98.8

Invalid responses include no response.



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#### 65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6917	99	13572	91	1277	85	21957	93.1
2 Yes	102	2	1271	9	221	15	1618	6.9
Valid responses =	7019	30	14843	63	1498	6	23575	98.8

Invalid responses include no response.

#### 65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7014	100	14484	98	1460	98	23170	98.4
2 Yes	4	0	336	2	32	2	375	1.6
Valid responses =	7018	30	14820	63	1492	6	23545	98.7

Invalid responses include no response.

#### 65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6998	100	14811	100	1489	100	23510	99.8
2 Yes	19	0	13	0	8	1	41	0.2
Valid responses =	7017	30	14824	63	1497	6	23551	98.7

Invalid responses include no response.

#### 65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6959	100	14531	99	1468	99	23172	99.3
2 Yes	20	0	122	1	16	1	158	0.7
Valid responses =	6979	30	14653	63	1484	6	23330	97.8

Invalid responses include no response.

#### 65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6826	97	14019	94	1374	92	22415	95.0
2 Yes	207	3	836	6	123	8	1186	5.0
Valid responses =	7033	30	14855	63	1497	6	23601	98.9

Invalid responses include no response.

#### 65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6892	98	14471	97	1435	96	23006	97.4
2 Yes	142	2	397	3	62	4	610	2.6
Valid responses =	7034	30	14868	63	1497	6	23616	99.0

Invalid responses include no response.

#### 65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7014	100	14825	100	1489	100	23542	99.8
2 Yes	12	0	21	0	4	0	38	0.2
Valid responses =	7026	30	14846	63	1493	6	23580	98.8

Invalid responses include no response.

#### 65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6793	97	14413	97	1449	97	22867	97.2
2 Yes	213	3	395	3	46	3	658	2.8
Valid responses =	7006	30	14808	63	1495	6	23525	98.6

Invalid responses include no response.



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#### 65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6873	98	14372	97	1427	96	22883	97.2
2 Yes	147	2	447	3	64	4	664	2.8
Valid responses =	7020	30	14819	63	1491	6	23547	98.7

Invalid responses include no response.

#### 65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6957	100	14649	100	1467	100	23286	99.9
2 Yes	11	0	14	0	5	0	31	0.1
Valid responses =	6968	30	14663	63	1472	6	23317	97.7

Invalid responses include no response.

#### 65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6986	100	14642	99	1481	99	23324	99.3
2 Yes	20	0	140	1	11	1	171	0.7
Valid responses =	7006	30	14782	63	1492	6	23495	98.4

Invalid responses include no response.

#### 65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6726	96	13665	93	1232	83	21805	93.1
2 Yes	258	4	1078	7	258	17	1626	6.9
Valid responses =	6984	30	14743	63	1490	6	23431	98.2

Invalid responses include no response.

#### 65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6879	98	13931	94	1382	92	22395	95.0
2 Yes	141	2	899	6	115	8	1168	5.0
Valid responses =	7020	30	14830	63	1497	6	23563	98.7

Invalid responses include no response.

#### 65A41) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6933	98.6	14421	97.1	1442	96.2	23005	97.5
2 Yes	95	1.4	427	2.9	57	3.8	586	2.5
Valid responses =	7028	30	14848	63	1499	6	23591	98.8

Invalid responses include no response.

#### 65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6560	94	12571	86	1223	82	20537	88.0
2 Yes	387	6	2120	14	265	18	2802	12.0
Valid responses =	6947	30	14691	63	1488	6	23339	97.8

Invalid responses include no response.

#### 65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6837	97	13772	93	1282	85	22076	93.5
2 Yes	195	3	1098	7	219	15	1543	6.5
Valid responses =	7032	30	14870	63	1501	6	23619	99.0

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

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65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6991	100	14149	96	1420	95	22763	96.8
2 Yes	9	0	652	4	71	5	744	3.2
Valid responses =	7000	30	14801	63	1491	6	23507	98.5

Invalid responses include no response.

65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6830	97	13703	92	1206	80	21916	92.8
2 Yes	202	3	1162	8	294	20	1696	7.2
Valid responses =	7032	30	14865	63	1500	6	23612	98.9

Invalid responses include no response.

65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6994	100	14800	100	1474	99	23480	99.6
2 Yes	23	0	49	0	23	2	99	0.4
Valid responses =	7017	30	14849	63	1497	6	23579	98.8

Invalid responses include no response.

65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6869	98	14578	98	1459	98	23115	98.2
2 Yes	138	2	244	2	38	3	425	1.8
Valid responses =	7007	30	14822	63	1497	6	23540	98.6

Invalid responses include no response.

65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6939	99	14283	96	1427	96	22856	97.2
2 Yes	55	1	530	4	65	4	659	2.8
Valid responses =	6994	30	14813	63	1492	6	23515	98.5

Invalid responses include no response.

65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6965	99	14760	100	1453	97	23390	99.4
2 Yes	42	1	67	1	40	3	153	0.6
Valid responses =	7007	30	14827	63	1493	6	23543	98.6

Invalid responses include no response.

65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6933	99	14674	99	1462	99	23274	99.0
2 Yes	71	1	138	1	23	2	241	1.0
Valid responses =	7004	30	14812	63	1485	6	23515	98.5

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

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65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6991	100	14646	99	1471	98	23320	98.9
2 Yes	35	1	201	1	30	2	270	1.1
Valid responses =	7026	30	14847	63	1501	6	23590	98.8

Invalid responses include no response.

65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6431	97	12689	94	1177	85	20472	93.9
2 Yes	231	4	878	7	201	15	1330	6.1
Valid responses =	6662	31	13567	62	1378	6	21802	91.4

Invalid responses include no response.

65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Allergic & immunologic disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	184	90	678	86	154	87	1028	86.2
2 Yes	21	10	115	15	23	13	164	13.8
Valid responses =	205	17	793	67	177	15	1192	5.0

Invalid responses include no response.

65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Autoimmune disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	174	84	586	73	147	82	918	75.9
2 Yes	34	16	221	27	32	18	292	24.1
Valid responses =	208	17	807	67	179	15	1210	5.1

Invalid responses include no response.

65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Blood disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	187	92	695	87	161	90	1055	88.4
2 Yes	16	8	101	13	17	10	138	11.6
Valid responses =	203	17	796	67	178	15	1193	5.0

Invalid responses include no response.

65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Brain & nervous system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	178	86	690	87	145	83	1026	86.1
2 Yes	29	14	104	13	29	17	166	13.9
Valid responses =	207	17	794	67	174	15	1192	5.0

Invalid responses include no response.

65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Hair, skin, nails disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	182	88	723	92	154	87	1071	90.4
2 Yes	25	12	63	8	23	13	114	9.6
Valid responses =	207	17	786	66	177	15	1185	5.0

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

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**65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Digestive system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	176	85	633	80	151	87	972	81.7
2 Yes	30	15	159	20	23	13	217	18.3
Valid responses =	206	17	792	67	174	15	1189	5.0

Invalid responses include no response.

**65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Endocrine system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	191	93	733	94	165	96	1102	93.7
2 Yes	14	7	51	7	7	4	74	6.3
Valid responses =	205	17	784	67	172	15	1176	4.9

Invalid responses include no response.

**65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Eye/ear/nose/throat disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	181	88	714	90	160	91	1068	90.1
2 Yes	24	12	76	10	16	9	118	9.9
Valid responses =	205	17	790	67	176	15	1186	5.0

Invalid responses include no response.

**65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Heart & vascular disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	193	95	712	90	158	91	1078	91.1
2 Yes	11	5	78	10	15	9	105	8.9
Valid responses =	204	17	790	67	173	15	1183	5.0

Invalid responses include no response.

**65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Infectious disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	198	98	761	98	170	98	1144	97.8
2 Yes	5	3	17	2	4	2	26	2.2
Valid responses =	203	17	778	66	174	15	1170	4.9

Invalid responses include no response.

**65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Mental health/psychological disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	171	83	616	78	108	61	903	76.1
2 Yes	34	17	173	22	68	39	283	23.9
Valid responses =	205	17	789	67	176	15	1186	5.0

Invalid responses include no response.

**65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Musculoskeletal disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	190	92	701	89	139	78	1044	87.8
2 Yes	17	8	88	11	39	22	145	12.2
Valid responses =	207	17	789	66	178	15	1189	5.0

Invalid responses include no response.



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FREQUENCY REPORT

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**65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Reproductive system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	195	97	715	91	155	88	1078	91.3
2 Yes	7	4	73	9	21	12	103	8.7
Valid responses =	202	17	788	67	176	15	1181	4.9

Invalid responses include no response.

**65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Respiratory disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	197	96	740	94	168	95	1118	94.6
2 Yes	8	4	45	6	9	5	64	5.4
Valid responses =	205	17	785	66	177	15	1182	5.0

Invalid responses include no response.

**65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Sleep-wake disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	192	94	739	94	160	91	1105	93.6
2 Yes	13	6	45	6	16	9	75	6.4
Valid responses =	205	17	784	66	176	15	1180	4.9

Invalid responses include no response.

**65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Urinary system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	199	99	760	98	167	97	1141	97.6
2 Yes	3	2	19	2	6	4	28	2.4
Valid responses =	202	17	779	67	173	15	1169	4.9

Invalid responses include no response.

**65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Other ongoing or chronic condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	113	64	409	66	97	60	628	64.3
2 Yes	64	36	213	34	66	41	348	35.7
Valid responses =	177	18	622	64	163	17	976	4.1

Invalid responses include no response.

**65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**

**Anaphylaxis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	90	89	82	17	77	126	81.8
2 Yes	2	11	19	18	5	23	28	18.2
Valid responses =	19	12	108	70	22	14	154	0.6

Invalid responses include no response.

**65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**

**Medication allergy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	65	61	55	13	59	90	56.6
2 Yes	7	35	51	46	9	41	69	43.4
Valid responses =	20	13	112	70	22	14	159	0.7

Invalid responses include no response.



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FREQUENCY REPORT

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65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Latex allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	95	88	83	17	77	127	83.6
2 Yes	1	5	18	17	5	23	25	16.4
Valid responses =	19	13	106	70	22	14	152	0.6

Invalid responses include no response.

65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Insect/bee sting allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	79	95	89	18	82	131	85.6
2 Yes	4	21	12	11	4	18	22	14.4
Valid responses =	19	12	107	70	22	14	153	0.6

Invalid responses include no response.

65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Immune deficiency

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	74	75	69	13	62	105	68.6
2 Yes	5	26	33	31	8	38	48	31.4
Valid responses =	19	12	108	71	21	14	153	0.6

Invalid responses include no response.

65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Other allergic or immunologic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	69	58	74	13	65	85	72.0
2 Yes	5	31	20	26	7	35	33	28.0
Valid responses =	16	14	78	66	20	17	118	0.5

Invalid responses include no response.

65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other allergic or immunologic condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	73	168	78	22	82	219	77.9
2 Yes	9	27	48	22	5	19	62	22.1
Valid responses =	33	12	216	77	27	10	281	1.2

Invalid responses include no response.

65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Rheumatoid Arthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	88	175	83	22	85	229	83.3
2 Yes	4	13	37	18	4	15	46	16.7
Valid responses =	32	12	212	77	26	9	275	1.2

Invalid responses include no response.

65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Scleroderma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	94	203	96	23	92	261	95.6
2 Yes	2	6	8	4	2	8	12	4.4
Valid responses =	32	12	211	77	25	9	273	1.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Systemic Lupus Erythematosus

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	88	187	90	22	85	242	89.0
2 Yes	4	13	22	11	4	15	30	11.0
Valid responses =	32	12	209	77	26	10	272	1.1

Invalid responses include no response.

65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other autoimmune disorder not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	48	98	53	8	31	123	50.6
2 Yes	15	52	86	47	18	69	120	49.4
Valid responses =	29	12	184	76	26	11	243	1.0

Invalid responses include no response.

65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Anemia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	71	31	32	2	13	45	34.9
2 Yes	4	29	65	68	13	87	84	65.1
Valid responses =	14	11	96	74	15	12	129	0.5

Invalid responses include no response.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hemophilia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	77	85	97	11	85	110	93.2
2 Yes	3	23	3	3	2	15	8	6.8
Valid responses =	13	11	88	75	13	11	118	0.5

Invalid responses include no response.

65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hypercoagulable states

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	86	83	97	11	85	110	94.0
2 Yes	2	14	3	4	2	15	7	6.0
Valid responses =	14	12	86	74	13	11	117	0.5

Invalid responses include no response.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Platelet Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	85	77	91	10	77	101	87.8
2 Yes	2	15	8	9	3	23	14	12.2
Valid responses =	13	11	85	74	13	11	115	0.5

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Sickle Cell Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	79	86	98	8	67	109	92.4
2 Yes	3	21	2	2	4	33	9	7.6
Valid responses =	14	12	88	75	12	10	118	0.5

Invalid responses include no response.



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FREQUENCY REPORT

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65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Other blood condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	25	51	62	6	50	64	58.2
2 Yes	9	75	31	38	6	50	46	41.8
Valid responses =	12	11	82	75	12	11	110	0.5

Invalid responses include no response.

65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Cerebral Palsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	89	99	100	26	93	151	96.8
2 Yes	3	12	0	0	2	7	5	3.2
Valid responses =	26	17	99	63	28	18	156	0.7

Invalid responses include no response.

65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Epilepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	75	79	79	25	89	128	80.5
2 Yes	7	25	21	21	3	11	31	19.5
Valid responses =	28	18	100	63	28	18	159	0.7

Invalid responses include no response.

65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Seizure Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	64	74	75	23	79	117	73.6
2 Yes	10	36	25	25	6	21	42	26.4
Valid responses =	28	18	99	62	29	18	159	0.7

Invalid responses include no response.

65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Multiple Sclerosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	92	93	95	26	93	146	94.2
2 Yes	2	8	5	5	2	7	9	5.8
Valid responses =	26	17	98	63	28	18	155	0.6

Invalid responses include no response.

65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Other brain or nervous system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	56	43	49	9	38	68	48.6
2 Yes	11	44	44	51	15	63	72	51.4
Valid responses =	25	18	87	62	24	17	140	0.6

Invalid responses include no response.

65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Alopecia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	90	56	93	15	79	92	90.2
2 Yes	2	10	4	7	4	21	10	9.8
Valid responses =	20	20	60	59	19	19	102	0.4

Invalid responses include no response.



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FREQUENCY REPORT

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65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Eczema

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	33	29	47	8	42	46	42.6
2 Yes	16	67	33	53	11	58	62	57.4
Valid responses =	24	22	62	57	19	18	108	0.5

Invalid responses include no response.

65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hirsutism

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	89	57	95	17	90	93	93.0
2 Yes	2	11	3	5	2	11	7	7.0
Valid responses =	18	18	60	60	19	19	100	0.4

Invalid responses include no response.

65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hyperhidrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	84	58	97	15	79	92	91.1
2 Yes	3	16	2	3	4	21	9	8.9
Valid responses =	19	19	60	59	19	19	101	0.4

Invalid responses include no response.

65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Photodermatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	90	57	97	16	84	93	93.0
2 Yes	2	11	2	3	3	16	7	7.0
Valid responses =	19	19	59	59	19	19	100	0.4

Invalid responses include no response.

65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Psoriasis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	80	47	80	16	80	82	80.4
2 Yes	4	20	12	20	4	20	20	19.6
Valid responses =	20	20	59	58	20	20	102	0.4

Invalid responses include no response.

65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Vitiligo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	85	56	95	13	68	88	87.1
2 Yes	3	15	3	5	6	32	13	12.9
Valid responses =	20	20	59	58	19	19	101	0.4

Invalid responses include no response.

65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Other hair, skin, or nail condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	63	32	67	10	59	56	65.1
2 Yes	7	37	16	33	7	41	30	34.9
Valid responses =	19	22	48	56	17	20	86	0.4

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Crohn's Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	79	129	83	17	77	172	81.9
2 Yes	6	21	27	17	5	23	38	18.1
Valid responses =	28	13	156	74	22	10	210	0.9

Invalid responses include no response.

65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Diverticular Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	96	153	98	20	91	204	97.1
2 Yes	1	4	3	2	2	9	6	2.9
Valid responses =	28	13	156	74	22	10	210	0.9

Invalid responses include no response.

65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Esophageal Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	82	147	95	19	86	193	92.3
2 Yes	5	18	8	5	3	14	16	7.7
Valid responses =	28	13	155	74	22	11	209	0.9

Invalid responses include no response.

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Gallbladder Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	93	140	90	17	85	187	90.3
2 Yes	2	7	15	10	3	15	20	9.7
Valid responses =	28	14	155	75	20	10	207	0.9

Invalid responses include no response.

65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Ulcerative Colitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	77	140	89	17	77	184	86.4
2 Yes	7	23	17	11	5	23	29	13.6
Valid responses =	30	14	157	74	22	10	213	0.9

Invalid responses include no response.

65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Other digestive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	58	72	58	8	44	96	56.5
2 Yes	10	42	52	42	10	56	74	43.5
Valid responses =	24	14	124	73	18	11	170	0.7

Invalid responses include no response.

65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	74	55	75	10	67	84	74.3
2 Yes	6	26	18	25	5	33	29	25.7
Valid responses =	23	20	73	65	15	13	113	0.5

Invalid responses include no response.



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65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Uveitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	83	68	94	13	93	102	91.9
2 Yes	4	17	4	6	1	7	9	8.1
Valid responses =	23	21	72	65	14	13	111	0.5

Invalid responses include no response.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Vertigo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	91	52	72	10	71	84	75.7
2 Yes	2	9	20	28	4	29	27	24.3
Valid responses =	23	21	72	65	14	13	111	0.5

Invalid responses include no response.

65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Other eye/ear/nose/throat condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	38	28	48	5	39	41	44.6
2 Yes	13	62	30	52	8	62	51	55.4
Valid responses =	21	23	58	63	13	14	92	0.4

Invalid responses include no response.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Cardiac Arrhythmia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	82	48	69	9	64	66	69.5
2 Yes	2	18	22	31	5	36	29	30.5
Valid responses =	11	12	70	74	14	15	95	0.4

Invalid responses include no response.

65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Coronary Artery Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	90	68	99	10	77	87	94.6
2 Yes	1	10	1	1	3	23	5	5.4
Valid responses =	10	11	69	75	13	14	92	0.4

Invalid responses include no response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congenital Heart Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	90	65	94	12	86	86	92.5
2 Yes	1	10	4	6	2	14	7	7.5
Valid responses =	10	11	69	74	14	15	93	0.4

Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congestive Heart Failure

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	80	68	99	11	79	87	93.5
2 Yes	2	20	1	1	3	21	6	6.5
Valid responses =	10	11	69	74	14	15	93	0.4

Invalid responses include no response.



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65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Heart Murmur

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	90	59	86	11	79	79	84.9
2 Yes	1	10	10	15	3	21	14	15.1
Valid responses =	10	11	69	74	14	15	93	0.4

Invalid responses include no response.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Valvular Heart Disease (for example: Mitral valve prolapse)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	80	66	94	11	79	85	90.4
2 Yes	2	20	4	6	3	21	9	9.6
Valid responses =	10	11	70	74	14	15	94	0.4

Invalid responses include no response.

65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Other heart or vascular condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	40	21	34	4	36	29	34.9
2 Yes	6	60	40	66	7	64	54	65.1
Valid responses =	10	12	61	73	11	13	83	0.3

Invalid responses include no response.

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Lyme Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	60	14	82	2	50	19	73.1
2 Yes	2	40	3	18	2	50	7	26.9
Valid responses =	5	19	17	65	4	15	26	0.1

Invalid responses include no response.

65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Other infectious disease not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	9	69	2	67	13	65.0
2 Yes	2	50	4	31	1	33	7	35.0
Valid responses =	4	20	13	65	3	15	20	0.1

Invalid responses include no response.

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Carpal Tunnel Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	75	68	85	24	83	105	83.3
2 Yes	4	25	12	15	5	17	21	16.7
Valid responses =	16	13	80	63	29	23	126	0.5

Invalid responses include no response.

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Fibromyalgia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	94	70	86	20	67	106	82.8
2 Yes	1	6	11	14	10	33	22	17.2
Valid responses =	16	13	81	63	30	23	128	0.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UNDERGRADUATE STUDENTS

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FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Gout

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	94	78	99	28	97	122	97.6
2 Yes	1	6	1	1	1	3	3	2.4
Valid responses =	16	13	79	63	29	23	125	0.5

Invalid responses include no response.

65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Muscular Dystrophy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	94	74	94	25	83	115	91.3
2 Yes	1	6	5	6	5	17	11	8.7
Valid responses =	16	13	79	63	30	24	126	0.5

Invalid responses include no response.

65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoarthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	81	64	80	24	83	102	81.0
2 Yes	3	19	16	20	5	17	24	19.0
Valid responses =	16	13	80	63	29	23	126	0.5

Invalid responses include no response.

65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoporosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	88	76	97	26	90	117	94.4
2 Yes	2	13	2	3	3	10	7	5.6
Valid responses =	16	13	78	63	29	23	124	0.5

Invalid responses include no response.

65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Temporomandibular Joint Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	94	66	83	22	73	104	81.9
2 Yes	1	6	14	18	8	27	23	18.1
Valid responses =	16	13	80	63	30	24	127	0.5

Invalid responses include no response.

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Other musculoskeletal condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	33	21	30	10	37	36	32.4
2 Yes	10	67	48	70	17	63	75	67.6
Valid responses =	15	14	69	62	27	24	111	0.5

Invalid responses include no response.

65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Amenorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	83	56	79	14	82	76	80.0
2 Yes	1	17	15	21	3	18	19	20.0
Valid responses =	6	6	71	75	17	18	95	0.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UNDERGRADUATE STUDENTS

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65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Cervical Dysplasia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	83	69	97	15	88	90	94.7
2 Yes	1	17	2	3	2	12	5	5.3
Valid responses =	6	6	71	75	17	18	95	0.4

Invalid responses include no response.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	83	44	62	8	42	58	59.8
2 Yes	1	17	27	38	11	58	39	40.2
Valid responses =	6	6	71	73	19	20	97	0.4

Invalid responses include no response.

65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Prostatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	83	69	100	15	88	90	96.8
2 Yes	1	17	0	0	2	12	3	3.2
Valid responses =	6	6	69	74	17	18	93	0.4

Invalid responses include no response.

65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Sexual Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	50	66	94	15	88	85	90.4
2 Yes	3	50	4	6	2	12	9	9.6
Valid responses =	6	6	70	74	17	18	94	0.4

Invalid responses include no response.

65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Other reproductive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	67	35	60	6	40	46	57.5
2 Yes	2	33	23	40	9	60	34	42.5
Valid responses =	6	8	58	73	15	19	80	0.3

Invalid responses include no response.

65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Cystic Fibrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	43	98	5	71	56	91.8
2 Yes	2	25	1	2	2	29	5	8.2
Valid responses =	8	13	44	72	7	11	61	0.3

Invalid responses include no response.

65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Sarcoidosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	86	42	98	6	86	56	94.9
2 Yes	1	14	1	2	1	14	3	5.1
Valid responses =	7	12	43	73	7	12	59	0.2

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

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FREQUENCY REPORT

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65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Active Tuberculous

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	86	43	100	5	71	56	94.9
2 Yes	1	14	0	0	2	29	3	5.1
Valid responses =	7	12	43	73	7	12	59	0.2

Invalid responses include no response.

65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Other respiratory system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	40	29	71	2	40	33	63.5
2 Yes	3	60	12	29	3	60	19	36.5
Valid responses =	5	10	41	79	5	10	52	0.2

Invalid responses include no response.

65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Hypersomnolence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	82	30	70	6	43	46	66.7
2 Yes	2	18	13	30	8	57	23	33.3
Valid responses =	11	16	43	62	14	20	69	0.3

Invalid responses include no response.

65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Narcolepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	64	32	73	9	60	48	67.6
2 Yes	4	36	12	27	6	40	23	32.4
Valid responses =	11	15	44	62	15	21	71	0.3

Invalid responses include no response.

65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Restless Leg Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	64	33	79	8	57	49	72.1
2 Yes	4	36	9	21	6	43	19	27.9
Valid responses =	11	16	42	62	14	21	68	0.3

Invalid responses include no response.

65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Paralysis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	70	29	67	10	71	46	67.6
2 Yes	3	30	14	33	4	29	22	32.4
Valid responses =	10	15	43	63	14	21	68	0.3

Invalid responses include no response.

65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Terrors (or night terrors)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	20	27	64	11	79	41	61.2
2 Yes	8	80	15	36	3	21	26	38.8
Valid responses =	10	15	42	63	14	21	67	0.3

Invalid responses include no response.



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Number of Surveys (n) = 23866 Web Surveys

65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Walking

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	70	38	91	11	79	57	85.1
2 Yes	3	30	4	10	3	21	10	14.9
Valid responses =	10	15	42	63	14	21	67	0.3

Invalid responses include no response.

65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Other sleep-wake condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	46	23	72	6	67	34	64.2
2 Yes	6	55	9	28	3	33	19	35.8
Valid responses =	11	21	32	60	9	17	53	0.2

Invalid responses include no response.

65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Bladder disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	15	88	4	67	21	80.8
2 Yes	1	33	2	12	2	33	5	19.2
Valid responses =	3	12	17	65	6	23	26	0.1

Invalid responses include no response.

65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	15	88	4	67	21	80.8
2 Yes	1	33	2	12	2	33	5	19.2
Valid responses =	3	12	17	65	6	23	26	0.1

Invalid responses include no response.

65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney stone

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	14	82	4	67	19	73.1
2 Yes	2	67	3	18	2	33	7	26.9
Valid responses =	3	12	17	65	6	23	26	0.1

Invalid responses include no response.

65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Urinary Incontinence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	11	61	3	50	15	55.6
2 Yes	2	67	7	39	3	50	12	44.4
Valid responses =	3	11	18	67	6	22	27	0.1

Invalid responses include no response.

65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Other urinary system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	8	53	2	33	11	47.8
2 Yes	1	50	7	47	4	67	12	52.2
Valid responses =	2	9	15	65	6	26	23	0.1

Invalid responses include no response.



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## UNDERGRADUATE STUDENTS

65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

### Type 1 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	50	49	252	76	21	58	328	68.5
2 Yes	52	51	81	24	15	42	151	31.5
Valid responses =	102	21	333	70	36	8	479	2.0

Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

### Type 2 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	74	268	83	26	79	367	80.8
2 Yes	24	26	54	17	7	21	87	19.2
Valid responses =	91	20	322	71	33	7	454	1.9

Invalid responses include no response.

65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

### Pre-diabetes or insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	53	56	107	28	11	27	174	32.9
2 Yes	42	44	278	72	30	73	355	67.1
Valid responses =	95	18	385	73	41	8	529	2.2

Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

### Gestational Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	81	93	287	92	28	93	404	92.2
2 Yes	6	7	26	8	2	7	34	7.8
Valid responses =	87	20	313	71	30	7	438	1.8

Invalid responses include no response.

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

### Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1147	63	2430	52	279	64	3897	56.0
2 Yes	662	37	2215	48	157	36	3058	44.0
Valid responses =	1809	26	4645	67	436	6	6955	29.1

Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

### ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	384	41	467	26	96	22	961	29.5
2 Yes	562	59	1344	74	343	78	2299	70.5
Valid responses =	946	29	1811	56	439	13	3260	13.7

Invalid responses include no response.

65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

### Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	53	96	54	12	48	163	53.4
2 Yes	46	47	83	46	13	52	142	46.6
Valid responses =	98	32	179	59	25	8	305	1.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2022

American College Health Association

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(410) 859-1500

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UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	505	72	1286	61	207	72	2021	64.7
2 Yes	195	28	814	39	80	28	1104	35.3
Valid responses =	700	22	2100	67	287	9	3125	13.1

Invalid responses include no response.

65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	632	75	1391	67	211	76	2260	70.0
2 Yes	210	25	684	33	67	24	969	30.0
Valid responses =	842	26	2075	64	278	9	3229	13.5

Invalid responses include no response.

65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1422	76	2945	65	401	75	4825	68.5
2 Yes	455	24	1607	35	136	25	2217	31.5
Valid responses =	1877	27	4552	65	537	8	7042	29.5

Invalid responses include no response.

65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	421	34	1304	23	156	17	1895	23.7
2 Yes	807	66	4449	77	746	83	6095	76.3
Valid responses =	1228	15	5753	72	902	11	7990	33.5

Invalid responses include no response.

65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	728	73	1393	60	197	65	2338	63.5
2 Yes	275	27	946	40	104	35	1344	36.5
Valid responses =	1003	27	2339	64	301	8	3682	15.4

Invalid responses include no response.

65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Autism Spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	118	62	104	48	75	38	304	48.9
2 Yes	71	38	113	52	122	62	318	51.1
Valid responses =	189	30	217	35	197	32	622	2.6

Invalid responses include no response.

65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34	37	87	21	22	20	148	23.2
2 Yes	57	63	335	79	90	80	490	76.8
Valid responses =	91	14	422	66	112	18	638	2.7

Invalid responses include no response.



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65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	40	55	26	22	27	101	28.4
2 Yes	29	60	157	74	60	73	255	71.6
Valid responses =	48	13	212	60	82	23	356	1.5

Invalid responses include no response.

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	38	33	33	3	20	55	33.1
2 Yes	31	62	67	67	12	80	111	66.9
Valid responses =	50	30	100	60	15	9	166	0.7

Invalid responses include no response.

65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	58	79	42	8	42	110	44.7
2 Yes	15	42	109	58	11	58	136	55.3
Valid responses =	36	15	188	76	19	8	246	1.0

Invalid responses include no response.

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	80	31	310	27	89	32	485	28.0
2 Yes	182	70	859	74	187	68	1247	72.0
Valid responses =	262	15	1169	67	276	16	1732	7.3

Invalid responses include no response.

65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	330	34	924	22	138	17	1413	22.8
2 Yes	647	66	3358	78	691	83	4774	77.2
Valid responses =	977	16	4282	69	829	13	6187	25.9

Invalid responses include no response.

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	28	104	25	18	38	157	26.7
2 Yes	83	72	313	75	29	62	430	73.3
Valid responses =	115	20	417	71	47	8	587	2.5

Invalid responses include no response.

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	46	46	559	44	105	48	719	44.8
2 Yes	55	55	703	56	114	52	887	55.2
Valid responses =	101	6	1262	79	219	14	1606	6.7

Invalid responses include no response.



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FREQUENCY REPORT

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65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

#### Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	25	106	32	9	28	118	31.8
2 Yes	3	75	226	68	23	72	253	68.2
Valid responses =	4	1	332	89	32	9	371	1.6

Invalid responses include no response.

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

#### Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	58	10	77	4	50	26	63.4
2 Yes	8	42	3	23	4	50	15	36.6
Valid responses =	19	46	13	32	8	20	41	0.2

Invalid responses include no response.

65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

#### Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	65	54	44	6	38	73	46.2
2 Yes	7	35	68	56	10	63	85	53.8
Valid responses =	20	13	122	77	16	10	158	0.7

Invalid responses include no response.

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

#### Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	110	53	392	47	69	57	583	49.4
2 Yes	97	47	438	53	53	43	596	50.6
Valid responses =	207	18	830	70	122	10	1179	4.9

Invalid responses include no response.

65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	56	40	124	31	25	41	208	34.3
2 Yes	85	60	271	69	36	59	398	65.7
Valid responses =	141	23	395	65	61	10	606	2.5

Invalid responses include no response.

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

#### Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	75	11	52	1	25	22	57.9
2 Yes	3	25	10	48	3	75	16	42.1
Valid responses =	12	32	21	55	4	11	38	0.2

Invalid responses include no response.

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

#### High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	76	36	117	30	21	47	216	33.0
2 Yes	136	64	277	70	24	53	439	67.0
Valid responses =	212	32	394	60	45	7	655	2.7

Invalid responses include no response.



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65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57	39	141	32	29	46	229	34.6
2 Yes	90	61	304	68	34	54	432	65.4
Valid responses =	147	22	445	67	63	10	661	2.8

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	30	7	50	1	20	12	40.0
2 Yes	7	70	7	50	4	80	18	60.0
Valid responses =	10	33	14	47	5	17	30	0.1

Invalid responses include no response.

65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	65	70	50	6	55	89	52.0
2 Yes	7	35	70	50	5	46	82	48.0
Valid responses =	20	12	140	82	11	6	171	0.7

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	138	55	428	40	134	53	708	44.1
2 Yes	114	45	640	60	121	48	898	55.9
Valid responses =	252	16	1068	67	255	16	1606	6.7

Invalid responses include no response.

65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	73	52	350	39	55	48	483	41.7
2 Yes	68	48	542	61	59	52	676	58.3
Valid responses =	141	12	892	77	114	10	1159	4.9

Invalid responses include no response.

N3Q65T41) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	41	135	31.9	15	26.8	190	32.8
2 Yes	56	59	288	68.1	41	73.2	390	67.2
Valid responses =	95	16	423	73	56	10	580	2.4

Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	241	63	935	44	132	50	1319	47.5
2 Yes	143	37	1169	56	130	50	1460	52.5
Valid responses =	384	14	2104	76	262	9	2779	11.6

Invalid responses include no response.



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65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	79	41	351	32	72	33	506	33.0
2 Yes	115	59	739	68	145	67	1026	67.0
Valid responses =	194	13	1090	71	217	14	1532	6.4

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	67	192	30	20	28	222	29.9
2 Yes	3	33	458	71	51	72	520	70.1
Valid responses =	9	1	650	88	71	10	742	3.1

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	32	348	30	64	22	483	28.6
2 Yes	137	68	811	70	229	78	1208	71.4
Valid responses =	201	12	1159	69	293	17	1691	7.1

Invalid responses include no response.

65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	39	18	38	5	23	35	36.1
2 Yes	14	61	30	63	17	77	62	63.9
Valid responses =	23	24	48	49	22	23	97	0.4

Invalid responses include no response.

65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47	34	108	44	14	37	173	40.9
2 Yes	90	66	135	56	24	63	250	59.1
Valid responses =	137	32	243	57	38	9	423	1.8

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	27	101	19	15	23	137	20.9
2 Yes	40	73	425	81	49	77	517	79.1
Valid responses =	55	8	526	80	64	10	654	2.7

Invalid responses include no response.

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	64	29	44	17	43	76	50.0
2 Yes	15	36	37	56	23	58	76	50.0
Valid responses =	42	28	66	43	40	26	152	0.6

Invalid responses include no response.



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FREQUENCY REPORT

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65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	63	69	50	13	57	132	55.0
2 Yes	26	37	68	50	10	44	108	45.0
Valid responses =	71	30	137	57	23	10	240	1.0

Invalid responses include no response.

65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	46	69	35	14	47	101	37.7
2 Yes	19	54	130	65	16	53	167	62.3
Valid responses =	35	13	199	74	30	11	268	1.1

Invalid responses include no response.

65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	115	51	327	41	71	37	519	41.7
2 Yes	110	49	481	60	122	63	726	58.3
Valid responses =	225	18	808	65	193	16	1245	5.2

Invalid responses include no response.

65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	69	12	172	13	44	13	290	12.6
2 Medicine only	305	54	563	42	113	33	994	43.3
3 Therapy only	39	7	156	12	54	16	259	11.3
4 Both medicine and therapy	145	26	440	33	129	38	736	32.1
5 Other Treatment	3	1	9	1	3	1	15	0.7
Valid responses =	561	24	1340	58	343	15	2294	9.6

Invalid responses include no response.

65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	11	24	14	17	3	23	28	19.7
2 Medicine only	2	4	1	1	1	8	4	2.8
3 Therapy only	23	50	43	52	7	54	73	51.4
4 Both medicine and therapy	8	17	18	22	1	8	27	19.0
5 Other Treatment	2	4	7	8	1	8	10	7.0
Valid responses =	46	32	83	58	13	9	142	0.6

Invalid responses include no response.

65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	66	8	354	8	46	6	471	7.7
2 Medicine only	174	22	971	22	127	17	1282	21.1
3 Therapy only	209	26	1063	24	190	26	1488	24.5
4 Both medicine and therapy	354	44	2031	46	374	50	2810	46.2
5 Other Treatment	3	0	22	1	9	1	34	0.6
Valid responses =	806	13	4441	73	746	12	6085	25.5

Invalid responses include no response.



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## UNDERGRADUATE STUDENTS

65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	27	38	41	37	54	44	125	39.4
2 Medicine only	11	16	8	7	0	0	19	6.0
3 Therapy only	17	24	40	36	51	42	117	36.9
4 Both medicine and therapy	16	23	21	19	15	12	52	16.4
5 Other Treatment	0	0	2	2	2	2	4	1.3
Valid responses =	71	22	112	35	122	38	317	1.3

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	7	12	17	5	4	5	28	5.7
2 Medicine only	14	25	80	24	13	15	107	21.9
3 Therapy only	7	12	36	11	11	12	54	11.1
4 Both medicine and therapy	29	51	199	60	60	67	296	60.7
5 Other Treatment	0	0	2	1	1	1	3	0.6
Valid responses =	57	12	334	68	89	18	488	2.0

Invalid responses include no response.

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	5	17	17	11	7	12	29	11.4
2 Medicine only	2	7	22	14	0	0	24	9.4
3 Therapy only	7	24	39	25	24	40	75	29.4
4 Both medicine and therapy	15	52	79	50	27	45	125	49.0
5 Other Treatment	0	0	0	0	2	3	2	0.8
Valid responses =	29	11	157	62	60	24	255	1.1

Invalid responses include no response.

65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	41	6	203	6	34	5	282	5.9
2 Medicine only	132	20	696	21	115	17	950	19.9
3 Therapy only	142	22	665	20	152	22	979	20.5
4 Both medicine and therapy	330	51	1779	53	379	55	2534	53.1
5 Other Treatment	2	0	11	0	11	2	24	0.5
Valid responses =	647	14	3354	70	691	14	4769	20.0

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	9	16	157	22	22	19	190	21.4
2 Medicine only	1	2	28	4	7	6	36	4.1
3 Therapy only	32	58	358	51	60	53	459	51.7
4 Both medicine and therapy	11	20	144	21	20	18	177	20.0
5 Other Treatment	2	4	16	2	5	4	25	2.8
Valid responses =	55	6	703	79	114	13	887	3.7

Invalid responses include no response.



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65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	4	50	1	33	0	0	5	33.3
2 Medicine only	0	0	0	0	1	25	1	6.7
3 Therapy only	3	38	2	67	0	0	5	33.3
4 Both medicine and therapy	1	13	0	0	2	50	3	20.0
5 Other Treatment	0	0	0	0	1	25	1	6.7
Valid responses =	8	53	3	20	4	27	15	0.1

Invalid responses include no response.

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	17	15	135	21	30	25	185	20.7
2 Medicine only	48	42	256	40	37	31	348	38.9
3 Therapy only	15	13	66	10	18	15	105	11.7
4 Both medicine and therapy	32	28	168	26	32	27	238	26.6
5 Other Treatment	2	2	12	2	3	3	18	2.0
Valid responses =	114	13	637	71	120	13	894	3.7

Invalid responses include no response.

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphism, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	21	18	87	12	16	11	128	12.5
2 Medicine only	18	16	86	12	17	12	122	11.9
3 Therapy only	25	22	236	32	56	39	332	32.4
4 Both medicine and therapy	51	44	324	44	54	37	436	42.5
5 Other Treatment	0	0	5	1	2	1	7	0.7
Valid responses =	115	11	738	72	145	14	1025	4.3

Invalid responses include no response.

65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	21	15	55	7	22	10	98	8.1
2 Medicine only	6	4	75	9	13	6	96	7.9
3 Therapy only	59	43	344	42	104	45	522	43.2
4 Both medicine and therapy	51	37	327	40	84	37	476	39.4
5 Other Treatment	0	0	10	1	6	3	16	1.3
Valid responses =	137	11	811	67	229	19	1208	5.1

Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	14	2	7	1	6	5	8.1
2 Medicine only	1	7	3	10	4	24	9	14.5
3 Therapy only	0	0	1	3	2	12	3	4.8
4 Both medicine and therapy	11	79	24	80	9	53	44	71.0
5 Other Treatment	0	0	0	0	1	6	1	1.6
Valid responses =	14	23	30	48	17	27	62	0.3

Invalid responses include no response.



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65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	4	27	11	30	9	39	24	31.6
2 Medicine only	6	40	16	43	4	17	26	34.2
3 Therapy only	2	13	4	11	3	13	10	13.2
4 Both medicine and therapy	3	20	6	16	6	26	15	19.7
5 Other Treatment	0	0	0	0	1	4	1	1.3
Valid responses =	15	20	37	49	23	30	76	0.3

Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	11	42	21	31	1	10	33	30.6
2 Medicine only	5	19	11	16	3	30	19	17.6
3 Therapy only	5	19	9	13	0	0	15	13.9
4 Both medicine and therapy	4	15	20	29	1	10	28	25.9
5 Other Treatment	1	4	7	10	5	50	13	12.0
Valid responses =	26	24	68	63	10	9	108	0.5

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	82	13	284	13	34	22	404	13.4
2 Yes	574	88	1905	87	121	78	2620	86.6
Valid responses =	656	22	2189	72	155	5	3024	12.7

Invalid responses include no response.

65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	92	49	317	39	34	43	449	41.2
2 Yes	97	51	489	61	46	58	641	58.8
Valid responses =	189	17	806	74	80	7	1090	4.6

Invalid responses include no response.

65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	75	37	173	26	19	28	270	28.3
2 Yes	129	63	502	74	48	72	684	71.7
Valid responses =	204	21	675	71	67	7	954	4.0

Invalid responses include no response.

65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	134	30	382	24	42	31	567	25.9
2 Yes	311	70	1207	76	94	69	1622	74.1
Valid responses =	445	20	1589	73	136	6	2189	9.2

Invalid responses include no response.



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65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55	21	161	17	15	14	233	17.5
2 Yes	212	79	780	83	89	86	1098	82.5
Valid responses =	267	20	941	71	104	8	1331	5.6

Invalid responses include no response.

65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	29	23	34	5	42	38	34.2
2 Yes	22	71	44	66	7	58	73	65.8
Valid responses =	31	28	67	60	12	11	111	0.5

Invalid responses include no response.

65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	40	40	37	2	18	48	35.8
2 Yes	9	60	67	63	9	82	86	64.2
Valid responses =	15	11	107	80	11	8	134	0.6

Invalid responses include no response.

65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	15	162	19	50	27	246	19.8
2 Yes	153	85	693	81	136	73	994	80.2
Valid responses =	180	15	855	69	186	15	1240	5.2

Invalid responses include no response.

65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	12	71	23	6	21	88	20.5
2 Yes	72	88	242	77	23	79	341	79.5
Valid responses =	82	19	313	73	29	7	429	1.8

Invalid responses include no response.

65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	51	23	8	35	59	23.4
2 Yes	3	100	174	77	15	65	193	76.6
Valid responses =	3	1	225	89	23	9	252	1.1

Invalid responses include no response.

65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	29	17	25	1	10	20	23.5
2 Yes	5	71	51	75	9	90	65	76.5
Valid responses =	7	8	68	80	10	12	85	0.4

Invalid responses include no response.



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65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	19	74	17	7	13	100	16.9
2 Yes	77	81	362	83	46	87	492	83.1
Valid responses =	95	16	436	74	53	9	592	2.5

Invalid responses include no response.

65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	41	83	31	8	22	128	32.5
2 Yes	50	59	184	69	28	78	266	67.5
Valid responses =	85	22	267	68	36	9	394	1.7

Invalid responses include no response.

65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	3	30	0	0	4	25.0
2 Yes	2	67	7	70	3	100	12	75.0
Valid responses =	3	19	10	63	3	19	16	0.1

Invalid responses include no response.

65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	30	74	27	11	48	126	29.0
2 Yes	95	70	200	73	12	52	309	71.0
Valid responses =	136	31	274	63	23	5	435	1.8

Invalid responses include no response.

65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	42	154	51	16	47	210	49.0
2 Yes	52	58	147	49	18	53	219	51.0
Valid responses =	90	21	301	70	34	8	429	1.8

Invalid responses include no response.

65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	57	2	50	6	33.3
2 Yes	7	100	3	43	2	50	12	66.7
Valid responses =	7	39	7	39	4	22	18	0.1

Invalid responses include no response.

65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	29	30	43	2	40	34	41.5
2 Yes	5	71	40	57	3	60	48	58.5
Valid responses =	7	9	70	85	5	6	82	0.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	29	158	29	19	32	199	29.6
2 Yes	48	71	381	71	40	68	474	70.4
Valid responses =	68	10	539	80	59	9	673	2.8

Invalid responses include no response.

65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	23	299	26	35	27	375	25.8
2 Yes	110	77	864	74	94	73	1078	74.2
Valid responses =	143	10	1163	80	129	9	1453	6.1

Invalid responses include no response.

65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	99	22	9	18	110	21.4
2 Yes	1	33	354	78	42	82	405	78.6
Valid responses =	3	1	453	88	51	10	515	2.2

Invalid responses include no response.

65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	31	37	27	4	17	69	27.6
2 Yes	62	69	98	73	20	83	181	72.4
Valid responses =	90	36	135	54	24	10	250	1.0

Invalid responses include no response.

65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	20	79	19	13	27	100	19.5
2 Yes	32	80	343	81	35	73	413	80.5
Valid responses =	40	8	422	82	48	9	513	2.1

Invalid responses include no response.

65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	11	17	13	4	25	23	13.9
2 Yes	17	90	112	87	12	75	143	86.1
Valid responses =	19	11	129	78	16	10	166	0.7

Invalid responses include no response.

65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	58	146	55	16	52	207	55.1
2 Yes	32	42	120	45	15	48	169	44.9
Valid responses =	76	20	266	71	31	8	376	1.6

Invalid responses include no response.



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65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	58	107	63	34	77	184	64.6
2 Yes	28	42	62	37	10	23	101	35.4
Valid responses =	67	24	169	59	44	15	285	1.2

Invalid responses include no response.

65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	73	12	86	3	100	23	82.1
2 Yes	3	27	2	14	0	0	5	17.9
Valid responses =	11	39	14	50	3	11	28	0.1

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	47	170	56	16	50	230	53.6
2 Yes	46	54	135	44	16	50	199	46.4
Valid responses =	86	20	305	71	32	7	429	1.8

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	50	92	57	11	61	142	55.9
2 Yes	36	50	69	43	7	39	112	44.1
Valid responses =	72	28	161	63	18	7	254	1.1

Invalid responses include no response.

65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	52	202	56	24	63	299	56.0
2 Yes	63	49	156	44	14	37	235	44.0
Valid responses =	130	24	358	67	38	7	534	2.2

Invalid responses include no response.

65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	46	71	245	70	36	78	331	70.9
2 Yes	19	29	107	30	10	22	136	29.1
Valid responses =	65	14	352	75	46	10	467	2.0

Invalid responses include no response.

65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	44	92	60	5	39	123	55.4
2 Yes	30	56	61	40	8	62	99	44.6
Valid responses =	54	24	153	69	13	6	222	0.9

Invalid responses include no response.



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65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	57	15	88	3	75	22	78.6
2 Yes	3	43	2	12	1	25	6	21.4
Valid responses =	7	25	17	61	4	14	28	0.1

Invalid responses include no response.

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	13	77	3	75	21	75.0
2 Yes	2	29	4	24	1	25	7	25.0
Valid responses =	7	25	17	61	4	14	28	0.1

Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	100	15	88	4	57	24	82.8
2 Yes	0	0	2	12	3	43	5	17.2
Valid responses =	5	17	17	59	7	24	29	0.1

Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	11	4	18	2	40	8	21.6
2 Yes	8	89	18	82	3	60	29	78.4
Valid responses =	9	24	22	59	5	14	37	0.2

Invalid responses include no response.

65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	17	26	65	1	50	28	58.3
2 Yes	5	83	14	35	1	50	20	41.7
Valid responses =	6	13	40	83	2	4	48	0.2

Invalid responses include no response.

65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	67	98	66	32	71	154	67.8
2 Yes	9	33	50	34	13	29	73	32.2
Valid responses =	27	12	148	65	45	20	227	1.0

Invalid responses include no response.

65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	76	150	75	24	71	209	74.6
2 Yes	10	24	51	25	10	29	71	25.4
Valid responses =	41	15	201	72	34	12	280	1.2

Invalid responses include no response.



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65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	30	37	54	2	40	43	51.2
2 Yes	7	70	31	46	3	60	41	48.8
Valid responses =	10	12	68	81	5	6	84	0.4

Invalid responses include no response.

65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	44	112	72	14	67	132	70.6
2 Yes	5	56	43	28	7	33	55	29.4
Valid responses =	9	5	155	83	21	11	187	0.8

Invalid responses include no response.

65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	33	67	2	25	35	61.4
2 Yes	0	0	16	33	6	75	22	38.6
Valid responses =	0	0	49	86	8	14	57	0.2

Invalid responses include no response.

65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	75	1	100	0	0	4	80.0
2 Yes	1	25	0	0	0	0	1	20.0
Valid responses =	4	80	1	20	0	0	5	0.0

Invalid responses include no response.

65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	8	50	0	0	9	50.0
2 Yes	0	0	8	50	1	100	9	50.0
Valid responses =	1	6	16	89	1	6	18	0.1

Invalid responses include no response.

65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	59	45	67	3	50	59	64.8
2 Yes	7	41	22	33	3	50	32	35.2
Valid responses =	17	19	67	74	6	7	91	0.4

Invalid responses include no response.

65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	33	28	35	6	75	45	36.9
2 Yes	22	67	51	65	2	25	77	63.1
Valid responses =	33	27	79	65	8	7	122	0.5

Invalid responses include no response.



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65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	0	0	2	50.0
2 Yes	1	100	1	33	0	0	2	50.0
Valid responses =	1	25	3	75	0	0	4	0.0

Invalid responses include no response.

65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	45	37	54	5	46	59	50.4
2 Yes	21	55	31	46	6	55	58	49.6
Valid responses =	38	32	68	58	11	9	117	0.5

Invalid responses include no response.

65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	43	57	39	8	50	82	40.4
2 Yes	21	57	91	62	8	50	121	59.6
Valid responses =	37	18	148	73	16	8	203	0.9

Invalid responses include no response.

65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	50	1	50	3	50.0
2 Yes	0	0	2	50	1	50	3	50.0
Valid responses =	0	0	4	67	2	33	6	0.0

Invalid responses include no response.

65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	4	15	1	50	6	20.7
2 Yes	0	0	22	85	1	50	23	79.3
Valid responses =	1	3	26	90	2	7	29	0.1

Invalid responses include no response.

65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	71	91	70	21	75	126	70.4
2 Yes	5	29	40	31	7	25	53	29.6
Valid responses =	17	9	131	73	28	16	179	0.8

Invalid responses include no response.

65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	75	87	60	14	74	118	63.4
2 Yes	5	25	58	40	5	26	68	36.6
Valid responses =	20	11	145	78	19	10	186	0.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2022

American College Health Association

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(410) 859-1500

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UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	39	172	61	21	68	212	60.1
2 Yes	19	61	111	39	10	32	141	39.9
Valid responses =	31	9	283	80	31	9	353	1.5

Invalid responses include no response.

65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	71	58	68	14	88	91	72.2
2 Yes	6	29	27	32	2	13	35	27.8
Valid responses =	21	17	85	67	16	13	126	0.5

Invalid responses include no response.

65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	60	65	4	44	65	62.5
2 Yes	1	50	33	36	5	56	39	37.5
Valid responses =	2	2	93	89	9	9	104	0.4

Invalid responses include no response.

65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	76	46	85	17	77	79	81.4
2 Yes	5	24	8	15	5	23	18	18.6
Valid responses =	21	22	54	56	22	23	97	0.4

Invalid responses include no response.

65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	1	50	1	100	4	80.0
2 Yes	0	0	1	50	0	0	1	20.0
Valid responses =	2	40	2	40	1	20	5	0.0

Invalid responses include no response.

65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	64	29	81	3	75	50	73.5
2 Yes	10	36	7	19	1	25	18	26.5
Valid responses =	28	41	36	53	4	6	68	0.3

Invalid responses include no response.

65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	36	47	9	69	50	52.1
2 Yes	2	29	40	53	4	31	46	47.9
Valid responses =	7	7	76	79	13	14	96	0.4

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	7	64	5	56	14	58.3
2 Yes	2	50	4	36	4	44	10	41.7
Valid responses =	4	17	11	46	9	38	24	0.1

Invalid responses include no response.

65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	50	9	43	1	100	15	46.9
2 Yes	5	50	12	57	0	0	17	53.1
Valid responses =	10	31	21	66	1	3	32	0.1

Invalid responses include no response.

65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	8	50	1	25	10	45.5
2 Yes	1	50	8	50	3	75	12	54.5
Valid responses =	2	9	16	73	4	18	22	0.1

Invalid responses include no response.

65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?

(only includes students with an ongoing or chronic condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3307	72	6720	58	452	35	10548	59.8
2 Negatively impacted performance in a class	1061	23	4010	35	658	51	5811	32.9
3 Delayed progress towards degree	244	5	837	7	187	14	1290	7.3
Valid responses =	4612	26	11567	66	1297	7	17649	74.0

Invalid responses include no response.

66A) Within the last 12 months, have any of the following affected your academic performance?

Assault (physical)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6867	98	14384	97	1420	95	22864	96.8
2 Did not affect academic performance	142	2	348	2	56	4	558	2.4
3 Negatively impacted performance in a class	20	0	120	1	18	1	161	0.7
4 Delayed progress towards degree	7	0	30	0	6	0	44	0.2
Valid responses =	7036	30	14882	63	1500	6	23627	99.0

Invalid responses include no response.

66B) Within the last 12 months, have any of the following affected your academic performance?

Assault (sexual)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6840	98	13439	91	1305	87	21765	92.4
2 Did not affect academic performance	137	2	946	6	107	7	1204	5.1
3 Negatively impacted performance in a class	26	0	378	3	62	4	481	2.0
4 Delayed progress towards degree	8	0	78	1	23	2	112	0.5
Valid responses =	7011	30	14841	63	1497	6	23562	98.7

Invalid responses include no response.

66C) Within the last 12 months, have any of the following affected your academic performance?

Allergies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4675	67	8982	61	856	57	14637	62.2
2 Did not affect academic performance	2156	31	5208	35	553	37	7990	34.0
3 Negatively impacted performance in a class	170	2	591	4	74	5	846	3.6
4 Delayed progress towards degree	15	0	29	0	10	1	55	0.2
Valid responses =	7016	30	14810	63	1493	6	23528	98.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

#### 66D) Within the last 12 months, have any of the following affected your academic performance? Anxiety

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	3476	50	4149	28	242	16	7922	33.8
2 Did not affect academic performance	1931	28	4942	34	410	28	7331	31.3
3 Negatively impacted performance in a class	1380	20	5004	34	693	47	7169	30.6
4 Delayed progress towards degree	210	3	665	5	146	10	1036	4.4
Valid responses =	6997	30	14760	63	1491	6	23458	98.3

Invalid responses include no response.

#### 66E) Within the last 12 months, have any of the following affected your academic performance? Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5832	83	12197	82	898	60	19053	80.8
2 Did not affect academic performance	462	7	811	6	126	8	1412	6.0
3 Negatively impacted performance in a class	599	9	1529	10	367	25	2556	10.8
4 Delayed progress towards degree	131	2	307	2	102	7	548	2.3
Valid responses =	7024	30	14844	63	1493	6	23569	98.8

Invalid responses include no response.

#### 66F) Within the last 12 months, have any of the following affected your academic performance? Concussion or Traumatic Brain Injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6820	97	14307	96	1415	95	22740	96.4
2 Did not affect academic performance	98	1	246	2	39	3	385	1.6
3 Negatively impacted performance in a class	88	1	245	2	30	2	370	1.6
4 Delayed progress towards degree	24	0	58	0	12	1	95	0.4
Valid responses =	7030	30	14856	63	1496	6	23590	98.8

Invalid responses include no response.

#### 66S) Within the last 12 months, have any of the following affected your academic performance? COVID-19

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4789	68	9287	63	922	62	15124	64.1
2 Did not affect academic performance	1551	22	3489	24	315	21	5396	22.9
3 Negatively impacted performance in a class	610	9	1866	13	224	15	2739	11.6
4 Delayed progress towards degree	71	1	220	2	35	2	328	1.4
Valid responses =	7021	30	14862	63	1496	6	23587	98.8

Invalid responses include no response.

#### 66G) Within the last 12 months, have any of the following affected your academic performance? Depression

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4800	68	8292	56	421	28	13596	57.8
2 Did not affect academic performance	1000	14	2492	17	286	19	3810	16.2
3 Negatively impacted performance in a class	971	14	3306	22	595	40	4945	21.0
4 Delayed progress towards degree	244	4	712	5	194	13	1169	5.0
Valid responses =	7015	30	14802	63	1496	6	23520	98.6

Invalid responses include no response.

#### 66H) Within the last 12 months, have any of the following affected your academic performance? Eating disorder/problem

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6538	94	11879	80	997	67	19575	83.3
2 Did not affect academic performance	352	5	2100	14	347	23	2828	12.0
3 Negatively impacted performance in a class	89	1	705	5	118	8	927	3.9
4 Delayed progress towards degree	16	0	116	1	30	2	164	0.7
Valid responses =	6995	30	14800	63	1492	6	23494	98.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

#### 66I) Within the last 12 months, have any of the following affected your academic performance?

##### Headaches/migraines

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5367	77	8823	60	797	54	15107	64.4
2 Did not affect academic performance	1266	18	3788	26	401	27	5512	23.5
3 Negatively impacted performance in a class	325	5	2012	14	263	18	2627	11.2
4 Delayed progress towards degree	29	0	142	1	26	2	201	0.9
Valid responses =	6987	30	14765	63	1487	6	23447	98.2

Invalid responses include no response.

#### 66J) Within the last 12 months, have any of the following affected your academic performance?

##### Influenza or influenza like illness (the flu)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6266	89	12804	86	1260	84	20506	87.1
2 Did not affect academic performance	534	8	1290	9	131	9	1972	8.4
3 Negatively impacted performance in a class	200	3	698	5	100	7	1014	4.3
4 Delayed progress towards degree	16	0	36	0	4	0	56	0.2
Valid responses =	7016	30	14828	63	1495	6	23548	98.7

Invalid responses include no response.

#### 66K) Within the last 12 months, have any of the following affected your academic performance?

##### Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6192	88	13185	89	1279	85	20841	88.4
2 Did not affect academic performance	689	10	1265	9	164	11	2135	9.1
3 Negatively impacted performance in a class	120	2	349	2	47	3	522	2.2
4 Delayed progress towards degree	29	0	43	0	11	1	83	0.4
Valid responses =	7030	30	14842	63	1501	6	23581	98.8

Invalid responses include no response.

#### 66L) Within the last 12 months, have any of the following affected your academic performance?

##### PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	7003	100	8240	55	895	60	16277	69.0
2 Did not affect academic performance	13	0	4576	31	354	24	4989	21.1
3 Negatively impacted performance in a class	2	0	1937	13	239	16	2201	9.3
4 Delayed progress towards degree	4	0	115	1	14	1	134	0.6
Valid responses =	7022	30	14868	63	1502	6	23601	98.9

Invalid responses include no response.

#### 66M) Within the last 12 months, have any of the following affected your academic performance?

##### Post Traumatic Stress Disorder (PTSD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6768	97	13523	91	1162	78	21617	92.0
2 Did not affect academic performance	120	2	697	5	147	10	984	4.2
3 Negatively impacted performance in a class	78	1	442	3	133	9	671	2.9
4 Delayed progress towards degree	26	0	137	1	47	3	217	0.9
Valid responses =	6992	30	14799	63	1489	6	23489	98.4

Invalid responses include no response.

#### 66N) Within the last 12 months, have any of the following affected your academic performance?

##### Short-term illness, excluding upper respiratory illness and influenza

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6183	88	12360	83	1195	80	19900	84.5
2 Did not affect academic performance	627	9	1637	11	197	13	2484	10.5
3 Negatively impacted performance in a class	185	3	808	5	96	6	1109	4.7
4 Delayed progress towards degree	18	0	34	0	5	0	57	0.2
Valid responses =	7013	30	14839	63	1493	6	23550	98.7

Invalid responses include no response.



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FREQUENCY REPORT

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#### 66O) Within the last 12 months, have any of the following affected your academic performance?

Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5662	81	10253	69	1011	68	17061	72.4
2 Did not affect academic performance	1012	14	3048	21	309	21	4410	18.7
3 Negatively impacted performance in a class	332	5	1491	10	162	11	2016	8.6
4 Delayed progress towards degree	17	0	53	0	15	1	86	0.4
Valid responses =	7023	30	14845	63	1497	6	23573	98.8

Invalid responses include no response.

#### 66P) Within the last 12 months, have any of the following affected your academic performance?

Sleep difficulties

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4014	57	7439	50	498	33	12043	51.0
2 Did not affect academic performance	1622	23	3696	25	404	27	5768	24.5
3 Negatively impacted performance in a class	1268	18	3403	23	540	36	5275	22.4
4 Delayed progress towards degree	126	2	314	2	58	4	505	2.1
Valid responses =	7030	30	14852	63	1500	6	23591	98.8

Invalid responses include no response.

#### 66Q) Within the last 12 months, have any of the following affected your academic performance?

Stress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2477	35	2773	19	199	13	5497	23.3
2 Did not affect academic performance	2452	35	5264	35	387	26	8151	34.5
3 Negatively impacted performance in a class	1848	26	5987	40	762	51	8695	36.8
4 Delayed progress towards degree	256	4	832	6	152	10	1256	5.3
Valid responses =	7033	30	14856	63	1500	6	23599	98.9

Invalid responses include no response.

#### 66R) Within the last 12 months, have any of the following affected your academic performance?

Other issue not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5424	98	10260	98	990	95	16804	97.8
2 Did not affect academic performance	36	1	84	1	14	1	138	0.8
3 Negatively impacted performance in a class	29	1	90	1	29	3	154	0.9
4 Delayed progress towards degree	22	0	51	1	10	1	83	0.5
Valid responses =	5511	32	10485	61	1043	6	17179	72.0

Invalid responses include no response.

#### 67A) What sex were you assigned at birth?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	15006	100	1200	79	16340	68.6
2 Male	7102	100	0	0	307	20	7483	31.4
3 Intersex	1	0	0	0	5	0	6	0.0
Valid responses =	7103	30	15006	63	1512	6	23829	99.8

Invalid responses include no response.

#### 67B) Do you identify as transgender?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7103	100	15006	100	622	41	22859	96.1
2 Yes	0	0	0	0	890	59	935	3.9
Valid responses =	7103	30	15006	63	1512	6	23794	99.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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American College Health Association

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

## 67C) Which term do you use to describe your gender identity?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	15006	100	168	11	15197	63.8
2 Man or male	7103	100	0	0	115	8	7231	30.4
3 Trans woman	0	0	0	0	44	3	44	0.2
4 Trans man	0	0	0	0	123	8	123	0.5
5 Genderqueer	0	0	0	0	172	11	173	0.7
6 My identity is not listed	0	0	0	0	0	0	141	0.6
7 Agender	0	0	0	0	73	5	73	0.3
8 Genderfluid	0	0	0	0	182	12	183	0.8
9 Non-binary	0	0	0	0	633	42	636	2.7
10 Intersex	0	0	0	0	2	0	2	0.0
Valid responses =	7103	30	15006	63	1512	6	23803	99.7

Invalid responses include no response.

## 68) What term best describes your sexual orientation?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual (from write-ins)	32	1	224	2	110	7	386	1.6
2 Bisexual	438	6	2406	16	385	26	3259	13.7
3 Gay	328	5	21	0	78	5	434	1.8
4 Lesbian	1	0	431	3	170	11	619	2.6
5 Pansexual	71	1	370	3	202	13	658	2.8
6 Queer	23	0	344	2	311	21	707	3.0
7 Questioning	156	2	545	4	44	3	756	3.2
9 Straight/Heterosexual	6001	85	10513	71	181	12	16752	70.7
10 My identity not listed above	28	0	68	1	28	2	136	0.6
Valid responses =	7078	30	14922	63	1509	6	23707	99.3

Invalid responses include no response.

## 69) How old are you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	1799	26	3583	24	397	26	5838	24.7
2 19 Years	1538	22	3329	22	359	24	5266	22.3
3 20 Years	1279	18	2751	19	257	17	4331	18.3
4 21 Years	1103	16	2492	17	244	16	3863	16.3
5 22 Years	484	7	859	6	89	6	1449	6.1
6 23 Years	178	3	322	2	45	3	550	2.3
7 24 Years	94	1	152	1	28	2	275	1.2
8 25 Years	83	1	135	1	13	1	232	1.0
9 26 to 30 Years	217	3	434	3	29	2	683	2.9
10 31 to 40 Years	187	3	477	3	21	1	689	2.9
11 41 or More Years	94	1	340	2	20	1	459	1.9
Valid responses =	7056	30	14874	63	1502	6	23635	99.0

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	20.77	20.00	4.62	18	70
Cis Women	21.09	20.00	5.48	18	85
Trans/Gender Non-conforming	20.45	19.00	4.24	18	77
Overall	20.95	20.00	5.17	18	85

## 71) What is your weight in pounds?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	26	0	468	3	36	3	538	2.3
2 101 to 150 Pounds	2082	30	9198	63	778	53	12145	52.2
3 151 to 200 Pounds	3574	51	3723	25	436	30	7798	33.5
4 201 to 250 Pounds	1014	15	918	6	157	11	2111	9.1
5 251 to 300 Pounds	240	3	260	2	41	3	546	2.3
6 301 or More Pounds	63	1	72	1	11	1	149	0.6
Valid responses =	6999	30	14639	63	1459	6	23287	97.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	174.59	170.00	39.31	51	500
Cis Women	148.26	140.00	38.25	51	424
Trans/Gender Non-conforming	157.37	149.00	43.65	61	500
Overall	156.87	150.00	40.82	51	500



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UNDERGRADUATE STUDENTS

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FREQUENCY REPORT

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## 72) What is your year in school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	2513	35	4571	31	478	32	7644	32.0
2 2nd year undergraduate	1625	23	3797	25	395	26	5874	24.6
3 3rd year undergraduate	1415	20	3222	22	289	19	4987	20.9
4 4th year undergraduate	1182	17	2761	18	255	17	4228	17.7
5 5th year or more undergraduate	368	5	655	4	95	6	1133	4.7
6 Master's (MA, MS, etc.)	0	0	0	0	0	0	0	0.0
7 Doctorate (PhD, EdD, MD, JD, etc.)	0	0	0	0	0	0	0	0.0
8 Not seeking a degree	0	0	0	0	0	0	0	0.0
9 Other (please specify):	0	0	0	0	0	0	0	0.0
Valid responses =	7103	30	15006	63	1512	6	23866	100.0

Invalid responses include no response.

## 73) What is your enrollment status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	6548	93	13703	92	1360	90	21819	91.9
2 Part-time	489	7	1182	8	135	9	1833	7.7
3 Other	32	1	61	0	9	1	102	0.4
Valid responses =	7069	30	14946	63	1504	6	23754	99.5

Invalid responses include no response.

## 73A) I am taking classes this term:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	4888	69	9259	62	982	65	15303	64.2
2 Entirely online	280	4	1029	7	83	6	1407	5.9
3 A mix of in-person and online classes	1924	27	4701	31	445	30	7118	29.9
Valid responses =	7092	30	14989	63	1510	6	23828	99.8

Invalid responses include no response.

## 74) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6144	87	13495	91	1384	93	21220	89.6
2 Yes	919	13	1399	9	111	7	2457	10.4
Valid responses =	7063	30	14894	63	1495	6	23677	99.2

Invalid responses include no response.

## 75A1) How do you usually describe yourself? (Please select ALL that apply)

American Indian or Native Alaskan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6928	98	14652	98	1465	97	23278	97.5
1 Selected	175	3	354	2	47	3	588	2.5
Valid responses =	7103	30	15006	63	1512	6	23866	100.0

Invalid responses include no response.

## 75A2) How do you usually describe yourself? (Please select ALL that apply)

Asian or Asian American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6111	86	13179	88	1338	89	20846	87.3
1 Selected	992	14	1827	12	174	12	3020	12.7
Valid responses =	7103	30	15006	63	1512	6	23866	100.0

Invalid responses include no response.

## 75A3) How do you usually describe yourself? (Please select ALL that apply)

Black or African American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6639	94	13845	92	1415	94	22126	92.7
1 Selected	464	7	1161	8	97	6	1740	7.3
Valid responses =	7103	30	15006	63	1512	6	23866	100.0

Invalid responses include no response.



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#### 75A4) How do you usually describe yourself? (Please select ALL that apply)

##### Hispanic or Latino/a/x

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6056	85	12597	84	1290	85	20159	84.5
1 Selected	1047	15	2409	16	222	15	3707	15.5
Valid responses =	7103	30	15006	63	1512	6	23866	100.0
Invalid responses include no response.								

#### 75A5) How do you usually describe yourself? (Please select ALL that apply)

##### Middle Eastern/North African (MENA) or Arab Origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6974	98	14801	99	1493	99	23509	98.5
1 Selected	129	2	205	1	19	1	357	1.5
Valid responses =	7103	30	15006	63	1512	6	23866	100.0
Invalid responses include no response.								

#### 75A6) How do you usually describe yourself? (Please select ALL that apply)

##### Native Hawaiian or Other Pacific Islander Native

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7049	99	14933	100	1500	99	23726	99.4
1 Selected	54	1	73	1	12	1	140	0.6
Valid responses =	7103	30	15006	63	1512	6	23866	100.0
Invalid responses include no response.								

#### 75A7) How do you usually describe yourself? (Please select ALL that apply)

##### White

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2277	32	4914	33	398	26	7681	32.2
1 Selected	4826	68	10092	67	1114	74	16185	67.8
Valid responses =	7103	30	15006	63	1512	6	23866	100.0
Invalid responses include no response.								

#### 75A8) How do you usually describe yourself? (Please select ALL that apply)

##### Biracial or Multiracial

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	6788	96	14296	95	1406	93	22722	95.2
1 Selected	315	4	710	5	106	7	1144	4.8
Valid responses =	7103	30	15006	63	1512	6	23866	100.0
Invalid responses include no response.								

#### 75A9) How do you usually describe yourself? (Please select ALL that apply)

##### Another Identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7008	99	14904	99	1495	99	23644	99.1
1 Selected	95	1	102	1	17	1	222	0.9
Valid responses =	7103	30	15006	63	1512	6	23866	100.0
Invalid responses include no response.								

#### 75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

##### Mexican, Mexican American, Chicano

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	401	38	856	36	81	37	1349	36.4
1 Selected	646	62	1553	65	141	64	2358	63.6
Valid responses =	1047	28	2409	65	222	6	3707	15.5
Invalid responses include no response.								

#### 75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

##### Puerto Rican

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	977	93	2194	91	202	91	3400	91.7
1 Selected	70	7	215	9	20	9	307	8.3
Valid responses =	1047	28	2409	65	222	6	3707	15.5
Invalid responses include no response.								



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**75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)**

Cuban

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1013	97	2333	97	211	95	3586	96.7
1 Selected	34	3	76	3	11	5	121	3.3
Valid responses =	1047	28	2409	65	222	6	3707	15.5

Invalid responses include no response.

**75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)**

Another Hispanic, Latino/a/x, or Spanish origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	707	68	1713	71	158	71	2597	70.1
1 Selected	340	33	696	29	64	29	1110	29.9
Valid responses =	1047	28	2409	65	222	6	3707	15.5

Invalid responses include no response.

**75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)**

East Asian (for example: Chinese, Japanese, or Korean)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	483	49	801	44	55	32	1348	44.6
1 Selected	509	51	1026	56	119	68	1672	55.4
Valid responses =	992	33	1827	60	174	6	3020	12.7

Invalid responses include no response.

**75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)**

Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	726	73	1383	76	131	75	2263	74.9
1 Selected	266	27	444	24	43	25	757	25.1
Valid responses =	992	33	1827	60	174	6	3020	12.7

Invalid responses include no response.

**75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)**

South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	761	77	1438	79	148	85	2370	78.5
1 Selected	231	23	389	21	26	15	650	21.5
Valid responses =	992	33	1827	60	174	6	3020	12.7

Invalid responses include no response.

**75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)**

Other Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	973	98	1791	98	173	99	2964	98.1
1 Selected	19	2	36	2	1	1	56	1.9
Valid responses =	992	33	1827	60	174	6	3020	12.7

Invalid responses include no response.

**76) What is your relationship status?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	4584	65	8333	56	839	56	13901	58.4
2 In relationship not married/partnered	2221	31	5818	39	633	42	8747	36.7
3 Married/partnered	285	4	827	6	37	3	1159	4.9
Valid responses =	7090	30	14978	63	1509	6	23807	99.8

Invalid responses include no response.

**77A) Are you a member of a social fraternity or sorority?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6554	92	13404	90	1444	96	21617	90.8
2 Yes	536	8	1578	11	66	4	2198	9.2
Valid responses =	7090	30	14982	63	1510	6	23815	99.8

Invalid responses include no response.



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#### 77B) Do you live in a fraternity or sorority residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6892	97	14650	98	1491	99	23259	97.7
2 Yes	199	3	321	2	18	1	545	2.3
Valid responses =	7091	30	14971	63	1509	6	23804	99.7

Invalid responses include no response.

#### 78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	3492	51	6726	46	776	52	11118	47.8
2 Parent/guardian/other family member's home	1268	18	2645	18	290	19	4246	18.2
3 Off-campus/non-university housing	2050	30	5049	34	405	27	7563	32.5
4 Temporarily with relative, friend, couch surfing	27	0	58	0	12	1	100	0.4
5 Don't have a place to live	10	0	7	0	1	0	18	0.1
6 Other (please specify)	41	1	183	1	9	1	235	1.0
Valid responses =	6888	30	14668	63	1493	6	23280	97.5

Invalid responses include no response.

#### 79) What is your primary source of health insurance?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 College/university Health Insurance Plan	767	11	1300	9	147	10	2249	9.5
2 Covered by parent/guardian plan	5094	72	10690	71	1115	74	17059	71.7
3 Covered by employer-based plan	230	3	697	5	26	2	961	4.0
4 Medicaid, Medicare, SCHIP, VA/Tricare	451	6	1304	9	129	9	1897	8.0
5 I bought a plan on my own	131	2	201	1	11	1	344	1.4
6 Don't have health insurance	176	3	417	3	54	4	652	2.7
7 Don't know if I have health insurance	103	2	141	1	13	1	263	1.1
8 Have insurance, don't know primary source	129	2	212	1	16	1	360	1.5
Valid responses =	7081	30	14962	63	1511	6	23785	99.7

Invalid responses include no response.

#### 80) What is your approximate cumulative grade average?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	588	8	1240	8	84	6	1935	8.2
2 A	1897	27	4577	31	394	26	6937	29.2
3 A-	1415	20	3024	20	292	19	4767	20.1
4 B+	1027	15	2071	14	238	16	3368	14.2
5 B	908	13	1802	12	180	12	2913	12.3
6 B-	383	5	667	5	89	6	1153	4.9
7 C+	256	4	437	3	58	4	760	3.2
8 C	167	2	343	2	55	4	569	2.4
9 C-	79	1	123	1	23	2	227	1.0
10 D+	24	0	40	0	13	1	77	0.3
11 D	20	0	41	0	9	1	70	0.3
12 D-	10	0	14	0	2	0	27	0.1
13 F	7	0	13	0	1	0	22	0.1
14 N/A	286	4	528	4	68	5	892	3.8
Valid responses =	7067	30	14920	63	1506	6	23717	99.4

Invalid responses include no response.

#### 81A) Do you participate in organized college athletics at any of the following levels?

##### Varsity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6356	92	13886	94	1465	98	21911	93.6
2 Yes	581	8	886	6	28	2	1503	6.4
Valid responses =	6937	30	14772	63	1493	6	23414	98.1

Invalid responses include no response.

#### 81B) Do you participate in organized college athletics at any of the following levels?

##### Club Sports

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5965	86	13402	91	1358	91	20910	89.4
2 Yes	961	14	1347	9	139	9	2473	10.6
Valid responses =	6926	30	14749	63	1497	6	23383	98.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

## UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

### 81C) Do you participate in organized college athletics at any of the following levels?

#### Intramurals

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5494	80	13306	91	1420	96	20412	87.9
2 Yes	1407	20	1318	9	59	4	2801	12.1
Valid responses =	6901	30	14624	63	1479	6	23213	97.3

Invalid responses include no response.

### 82A) Do you have any of the following?

#### Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5977	85	12726	86	949	63	19794	83.7
2 Yes	1072	15	2157	15	549	37	3849	16.3
Valid responses =	7049	30	14883	63	1498	6	23643	99.1

Invalid responses include no response.

### 82B) Do you have any of the following?

#### Autism Spectrum Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6819	97	14572	98	1196	80	22769	96.6
2 Yes	211	3	268	2	298	20	807	3.4
Valid responses =	7030	30	14840	63	1494	6	23576	98.8

Invalid responses include no response.

### 82C) Do you have any of the following?

#### Deaf/Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6842	98	14536	98	1427	96	23010	97.8
2 Yes	169	2	280	2	62	4	518	2.2
Valid responses =	7011	30	14816	63	1489	6	23528	98.6

Invalid responses include no response.

### 82D) Do you have any of the following?

#### Learning disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6725	96	14073	95	1296	87	22279	94.8
2 Yes	286	4	712	5	192	13	1217	5.2
Valid responses =	7011	30	14785	63	1488	6	23496	98.4

Invalid responses include no response.

### 82E) Do you have any of the following?

#### Mobility/Dexterity disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6952	99	14647	99	1394	93	23193	98.4
2 Yes	77	1	181	1	99	7	370	1.6
Valid responses =	7029	30	14828	63	1493	6	23563	98.7

Invalid responses include no response.

### 82F) Do you have any of the following?

#### Blind/Low Vision

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6759	96	14158	96	1417	95	22536	95.8
2 Yes	254	4	648	4	72	5	984	4.2
Valid responses =	7013	30	14806	63	1489	6	23520	98.6

Invalid responses include no response.

### 82G) Do you have any of the following?

#### Speech or language disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6913	99	14678	99	1449	97	23241	98.8
2 Yes	108	2	119	1	41	3	278	1.2
Valid responses =	7021	30	14797	63	1490	6	23519	98.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

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#### 83) Are you currently or have you been a member of the Armed Services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6832	97	14780	99	1485	99	23315	98.3
2 Yes, have served in area of hazardous duty	102	1	37	0	13	1	154	0.6
3 Yes, have not served in area hazardous duty	134	2	105	1	8	1	248	1.0
Valid responses =	7068	30	14922	63	1506	6	23717	99.4

Invalid responses include no response.

#### 84) What is the highest level of education completed by either of your parents (or guardians)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	234	3	708	5	40	3	1000	4.2
2 High school diploma or GED	1128	16	2533	17	233	15	3922	16.5
3 Attended college but no degree	525	7	1324	9	146	10	2011	8.5
4 Associate's degree	489	7	1248	8	121	8	1874	7.9
5 Bachelor's degree	1968	28	3909	26	398	26	6331	26.7
6 Master's degree	1685	24	3456	23	352	23	5543	23.3
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	914	13	1563	11	198	13	2708	11.4
8 Don't know	123	2	204	1	21	1	353	1.5
Valid responses =	7066	30	14945	63	1509	6	23742	99.5

Invalid responses include no response.

#### 85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6843	97	14124	95	1468	98	22650	95.5
2 Yes	217	3	817	6	38	3	1079	4.5
Valid responses =	7060	30	14941	63	1506	6	23729	99.4

Invalid responses include no response.

#### HT\_INCH Height in Inches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	0	0	0	0	0	0.0
3 49 to 60 Inches	8	0	897	6	76	5	991	4.2
4 61 to 72 Inches	5261	76	13825	94	1358	92	20614	88.0
5 73 to 84 Inches	1700	24	57	0	44	3	1811	7.7
6 85 or More Inches	3	0	9	0	2	0	15	0.1
Valid responses =	6972	30	14788	63	1480	6	23431	98.2

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

#### BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.05	0.03	0.06	0	0.50
Cis Women	0.05	0.03	0.06	0	0.47
Trans/Gender Non-conforming	0.04	0.02	0.06	0	0.50
Overall	0.05	0.03	0.06	0	0.50

#### BAC Estimated Blood Alcohol Content

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	1452	35	2798	30	297	35	4585	31.6
1 .01 to .05% Alcohol	1396	34	3645	39	335	40	5398	37.2
2 .06 to .07% Alcohol	339	8	791	8	61	7	1199	8.3
3 .08 to .09% Alcohol	224	5	601	6	41	5	870	6.0
4 .10 to .15% Alcohol	455	11	1075	11	76	9	1612	11.1
5 .16 to .20% Alcohol	139	3	311	3	22	3	475	3.3
6 .21 to .25% Alcohol	60	2	137	1	10	1	209	1.4
7 .26 to .30% Alcohol	26	1	59	1	3	0	88	0.6
8 .31 to .49% Alcohol	39	1	48	1	4	1	92	0.6
Valid responses =	4130	28	9465	65	849	6	14528	60.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

#### RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	3187	77	7234	76	693	82	11182	77.0
1 .08% or higher	943	23	2231	24	156	18	3346	23.0
Valid responses =	4130	28	9465	65	849	6	14528	60.9
Invalid responses include no response.								

#### RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	3411	83	7835	83	734	87	12052	83.0
1 .1% or higher	719	17	1630	17	115	14	2476	17.0
Valid responses =	4130	28	9465	65	849	6	14528	60.9
Invalid responses include no response.								

#### BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Cis Men	24.67	24.00	5.15	9	66
Cis Women	24.87	23.00	6.13	6	78
Trans/Gender Non-conforming	25.49	24.00	6.54	9	64
Overall	24.86	23.00	5.9	6	78

#### RBMI Body Mass Index Classifications

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	369	5	899	6	105	7	1394	6.0
2 Desired weight (18.5- 24.9)	3876	56	8407	58	723	50	13084	56.6
3 Overweight (25- 29.9)	1791	26	2912	20	322	22	5067	21.9
4 Class I obesity (30- 34.9)	595	9	1312	9	152	11	2078	9.0
5 Class II obesity (35- 39.9)	204	3	584	4	90	6	891	3.9
6 Class III obesity (>=40)	98	1	450	3	50	4	608	2.6
Valid responses =	6933	30	14564	63	1442	6	23122	96.9
Invalid responses include no response.								

#### USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Cis Men	1.63	1.00	2.08	0	6
Cis Women	1.99	1.00	2.2	0	6
Trans/Gender Non-conforming	2.38	2.00	2.36	0	6
Overall	1.91	1.00	2.18	0	6

#### RUSDAFI USDA Food Security Category

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	1106	16	2990	20	418	28	4569	19.4
2 Low food security (2-4)	1553	22	3766	25	349	23	5730	24.3
3 High or marginal food security (0-1)	4370	62	8080	55	722	49	13290	56.3
Valid responses =	7029	30	14836	63	1489	6	23589	98.8
Invalid responses include no response.								

#### KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Cis Men	7.45	6.00	5.28	0	24
Cis Women	8.90	8.00	5.39	0	24
Trans/Gender Non-conforming	12.01	12.00	5.36	0	24
Overall	8.68	8.00	5.47	0	24

#### RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress\*

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-12)	5833	83	11195	76	794	53	17956	76.5
3 Serious psychological distress (13-24)	1157	17	3575	24	697	47	5518	23.5
Valid responses =	6990	30	14770	63	1491	6	23474	98.4
Invalid responses include no response.								

\*ACHA discontinued the practice of reporting moderate psychological distress in fall 2023 due to lack of consensus on an appropriate cut off score. Instead, we recommend reporting only students who screen positive (or negative) for serious psychological distress as indicated above. All reference group reports were updated to reflect this change.

#### ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.51	6.00	1.94	3	9
Cis Women	5.62	6.00	1.86	3	9
Trans/Gender Non-conforming	6.33	6.00	1.84	3	9
Overall	5.64	6.00	1.89	3	9



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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

## RULS3 Recoded UCLA Loneliness Scale

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	3470	49	6882	46	476	32	10919	46.0
2 Positive for loneliness (6-9)	3603	51	8066	54	1032	68	12838	54.0
Valid responses =	7073	30	14948	63	1508	6	23757	99.5

Invalid responses include no response.

## SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.23	4.00	3.04	3	18
Cis Women	5.45	4.00	3.2	3	18
Trans/Gender Non-conforming	8.48	8.00	3.94	3	18
Overall	5.60	4.00	3.31	3	18

## RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	5250	74	10600	71	522	35	16485	69.6
2 Positive for suicidal screening (7-18)	1802	26	4293	29	980	65	7184	30.4
Valid responses =	7052	30	14893	63	1502	6	23669	99.2

Invalid responses include no response.

## DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Cis Men	43.91	46.00	9.3	8	56
Cis Women	44.75	47.00	8.63	8	56
Trans/Gender Non-conforming	39.54	41.00	9.7	8	56
Overall	44.13	46.00	9.02	8	56

## CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.18	6.00	1.56	0	8
Cis Women	5.88	6.00	1.6	0	8
Trans/Gender Non-conforming	5.25	5.00	1.7	0	8
Overall	5.92	6.00	1.61	0	8

## SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	8.11	5.00	8.49	0	31
Cis Women	8.59	5.00	8.91	0	31
Trans/Gender Non-conforming	8.79	6.00	9.24	0	31
Overall	8.47	5.00	8.81	0	31

## TOBACCORISK ASSIST Tobacco Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	997	47	2019	45	192	44	3227	45.6
2 Moderate Risk (4-26)	1047	50	2262	51	214	49	3558	50.3
3 High Risk (27-39)	68	3	187	4	29	7	286	4.0
Valid responses =	2112	30	4468	63	435	6	7071	29.6

Invalid responses include no response.

## SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.77	5.00	6.15	0	39
Cis Women	6.78	5.00	5.76	0	39
Trans/Gender Non-conforming	6.35	5.00	5.84	0	39
Overall	6.75	5.00	5.89	0	39

## ALCOHOLRISK ASSIST Alcohol Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	3504	82	8004	82	797	83	12398	82.1
2 Moderate Risk (11-26)	704	16	1602	16	149	16	2473	16.4
3 High Risk (27-39)	74	2	137	1	13	1	230	1.5
Valid responses =	4282	28	9743	65	959	6	15101	63.3

Invalid responses include no response.

## SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.78	4.00	7.8	0	38
Cis Women	5.99	3.00	7.26	0	39
Trans/Gender Non-conforming	7.82	6.00	8.08	0	39
Overall	6.37	3.00	7.52	0	39



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FREQUENCY REPORT

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## CANNABISRISK ASSIST Cannabis Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1201	50	2794	52	276	39	4308	50.1
2 Moderate Risk (4-26)	1120	47	2479	46	391	56	4032	46.9
3 High Risk (27-39)	82	3	141	3	37	5	265	3.1
Valid responses =	2403	28	5414	63	704	8	8605	36.1

Invalid responses include no response.

## SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.32	0.00	6.29	0	37
Cis Women	2.54	0.00	4.9	0	33
Trans/Gender Non-conforming	3.91	0.00	8.38	0	33
Overall	2.99	0.00	5.89	0	37

## COCAINERISK ASSIST Cocaine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	247	76	424	80	53	77	727	77.8
2 Moderate Risk (4-26)	71	22	103	19	11	16	189	20.2
3 High Risk (27-39)	7	2	5	1	5	7	19	2.0
Valid responses =	325	35	532	57	69	7	935	3.9

Invalid responses include no response.

## SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.91	0.00	7.75	0	33
Cis Women	3.64	0.00	6.49	0	34
Trans/Gender Non-conforming	7.41	3.00	10.66	0	36
Overall	4.20	0.00	7.61	0	36

## METHRISK ASSIST Methamphetamine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	60	74	96	67	14	52	173	67.6
2 Moderate Risk (4-26)	18	22	42	29	10	37	71	27.7
3 High Risk (27-39)	3	4	5	4	3	11	12	4.7
Valid responses =	81	32	143	56	27	11	256	1.1

Invalid responses include no response.

## SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.40	0.00	4.92	0	33
Cis Women	2.35	0.00	5.03	0	32
Trans/Gender Non-conforming	3.62	2.00	6.51	0	31
Overall	2.57	0.00	5.23	0	33

## INHALANTRISK ASSIST Inhalant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	220	81	270	81	68	75	564	79.5
2 Moderate Risk (4-26)	50	18	59	18	21	23	135	19.0
3 High Risk (27-39)	3	1	5	2	2	2	10	1.4
Valid responses =	273	39	334	47	91	13	709	3.0

Invalid responses include no response.

## SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.52	0.00	5.35	0	33
Cis Women	2.72	0.00	5.18	0	38
Trans/Gender Non-conforming	3.90	0.00	7.12	0	39
Overall	2.81	0.00	5.55	0	39

## RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	359	81	630	76	72	72	1072	77.3
2 Moderate Risk (4-26)	80	18	189	23	25	25	298	21.5
3 High Risk (27-39)	5	1	6	1	3	3	17	1.2
Valid responses =	444	32	825	59	100	7	1387	5.8

Invalid responses include no response.

## SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.02	0.00	5.88	0	33
Cis Women	3.37	0.00	6.06	0	39
Trans/Gender Non-conforming	4.14	0.00	7.14	0	31
Overall	3.39	0.00	6.19	0	39



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

## SEDATIVERISK ASSIST Sedative Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	218	75	406	72	65	67	693	72.0
2 Moderate Risk (4-26)	67	23	147	26	29	30	249	25.9
3 High Risk (27-39)	6	2	10	2	3	3	20	2.1
Valid responses =	291	30	563	59	97	10	962	4.0

Invalid responses include no response.

## SSSHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.48	0.00	4.71	0	36
Cis Women	2.24	0.00	3.92	0	30
Trans/Gender Non-conforming	3.36	2.00	5.38	0	31
Overall	2.46	0.00	4.43	0	36

## HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	539	80	720	78	126	68	1403	77.8
2 Moderate Risk (4-26)	128	19	197	21	56	30	388	21.5
3 High Risk (27-39)	7	1	3	0	3	2	13	0.7
Valid responses =	674	37	920	51	185	10	1804	7.6

Invalid responses include no response.

## SSSHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.24	3.00	10.14	0	33
Cis Women	4.98	3.00	7.33	0	31
Trans/Gender Non-conforming	9.93	4.00	12.54	0	31
Overall	6.18	3.00	9.13	0	33

## HEROINRISK ASSIST Heroin Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	24	65	34	52	7	50	65	54.6
2 Moderate Risk (4-26)	9	24	28	43	3	21	43	36.1
3 High Risk (27-39)	4	11	3	5	4	29	11	9.2
Valid responses =	37	31	65	55	14	12	119	0.5

Invalid responses include no response.

## SSSRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.86	0.00	5.86	0	36
Cis Women	2.74	0.00	5.94	0	36
Trans/Gender Non-conforming	3.51	0.00	7.19	0	36
Overall	2.95	0.00	6.16	0	36

## RXOPIOIDRISK ASSIST Opioid Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	195	79	299	78	52	70	552	77.1
2 Moderate Risk (4-26)	49	20	76	20	19	26	149	20.8
3 High Risk (27-39)	4	2	7	2	3	4	15	2.1
Valid responses =	248	35	382	53	74	10	716	3.0

Invalid responses include no response.

## SSSOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	8.62	6.00	10.01	0	33
Cis Women	6.13	3.00	7.52	0	32
Trans/Gender Non-conforming	7.72	5.00	9.6	0	33
Overall	7.27	5.00	8.83	0	33

## OTHERSSISRISK ASSIST Other Drug Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	28	43	39	51	7	39	75	46.3
2 Moderate Risk (4-26)	29	45	35	46	10	56	75	46.3
3 High Risk (27-39)	8	12	3	4	1	6	12	7.4
Valid responses =	65	40	77	48	18	11	162	0.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association

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Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

### UNDERGRADUATE STUDENTS

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 23866 Web Surveys

#### PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Cis Men	585.85	360.00	701.92	0	9600
Cis Women	462.14	250.00	657.48	0	11040
Trans/Gender Non-conforming	381.55	220.00	487.29	0	5040
Overall	493.71	300.00	665.85	0	11040

#### PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1639	23	4700	32	570	38	6985	29.8
2 Yes	5364	77	10046	68	913	62	16478	70.2
Valid responses =	7003	30	14746	63	1483	6	23463	98.3

Invalid responses include no response.

#### PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3311	47	9329	63	1128	76	13935	59.4
2 Yes	3690	53	5416	37	355	24	9525	40.6
Valid responses =	7001	30	14745	63	1483	6	23460	98.3

Invalid responses include no response.

#### HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3908	56	10397	71	1188	80	15684	66.9
2 Yes	3093	44	4348	30	295	20	7776	33.1
Valid responses =	7001	30	14745	63	1483	6	23460	98.3

Invalid responses include no response.

#### References

<sup>1</sup> Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.

The following questions about guns/firearms require an opt-in on the part of the campus.

#### 86A) Do you have access to a gun/firearm?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	894	82	2463	88	223	88	3618	86.3
2 Yes	203	19	337	12	30	12	572	13.7
Valid responses =	1097	26	2800	67	253	6	4190	17.6

Invalid responses include no response.

#### 86B) During the last 30 days, on how many days did you carry a gun/firearm on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	1067	99	2733	100	243	100	4077	99.6
2 1-2 days	2	0	2	0	0	0	4	0.1
3 3-4 days	0	0	0	0	1	0	1	0.0
4 5-30 days	6	1	5	0	0	0	11	0.3
Valid responses =	1075	26	2740	67	244	6	4093	17.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	0.12	0.00	1.64	0	30
Cis Female	0.03	0.00	0.87	0	30
Trans/Gender Non-conforming	0.01	0.00	0.19	0	3
Overall	0.06	0.00	1.1	0	30

#### 86C) To what extent are you concerned about gun violence on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all concerned	597	54	1020	36	68	27	1700	40.5
2 Slightly concerned	341	31	1059	38	88	35	1495	35.7
3 Moderately concerned	113	10	521	19	69	27	707	16.9
4 Very concerned	33	3	139	5	19	8	200	4.8
5 Extremely concerned	13	1	67	2	9	4	91	2.2
Valid responses =	1097	26	2806	67	253	6	4193	17.6

Invalid responses include no response.