



# FALL 2022

## Reference Group Data Report



AMERICAN  
COLLEGE  
HEALTH  
ASSOCIATION

### Demographics of Participating Institutions

Fifty-three postsecondary institutions self-selected to participate in the Fall 2022 ACHA National College Health Assessment and 35,692 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all students or used a random sampling technique, and used the ACHA-NCHA III (currently only offered as a web survey) are included in the analysis, yielding a final data set consisting of 33,774 students at 51 schools. Demographic characteristics of the 51 campuses follow.

<b>Demographical Characteristics of the 51 US Postsecondary Institutions Included in the Fall 2022 ACHA-NCHA III Reference Group</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
Type of Institution	
Public	31
Private	20
2-year	7
4-year or above	44
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	10
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	12
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX, VA, WV)	19
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	10
Campus Size	
< 2,500 students	9
2,500 – 4,999 students	8
5,000 – 9,999 students	12
10,000 – 19,999 students	11
20,000 students or more	11
Campus Setting	
Very large city (population over 500,000)	7
Large city (population 250,000-499,999)	9
Small city (population 50,000-249,999)	16
Large town (population 10,000-49,999)	11
Small town (population 2,500-9,999)	7
Rural community (population under 2,500)	1
Carnegie Classification	
Associates Colleges	6
Baccalaureate Colleges	5
Baccalaureate/Associates Colleges	1
Masters Colleges and Universities	15
Doctoral Universities	21
Special Focus Institutions	3
Miscellaneous/Not Classified	0

<b>Demographical Characteristics of the 51 US Postsecondary Institutions Included in the Fall 2022 ACHA-NCHA III Reference Group</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
ACHA Membership Status	
Institutional Member	47
Nonmember	4
Religious Affiliation	
No	45
Yes	6
<u>If yes:</u>	
Catholic	3
Protestant or Other Christian	3
Postsecondary Minority Institution (US Department of Education)	
No	45
Yes	6
<u>*If yes:</u>	
Postsecondary Minority Institution	0
Historically Black College or University (HBCU)	0
High Hispanic Enrollment	0
Hispanic-serving Institution (HSI)	6
Tribal College or University	0
Predominately Black Institution	0
Asian American and Native American Pacific Islander-serving	0
Alaska Native-serving or Native Hawaiian-serving Institution	0
Native American-serving Nontribal Institution	0
*institutions may hold more than one type of minority status	

	<b>Fall 2022 Institutions</b>
Number of institutions	51
Number of students	33,774
Mean response proportion	11%
Median response proportion	9%

**We need to draw your attention to an important change in your ACHA-NCHA Report documents. Beginning in Spring 2021, responses for transgender and gender-nonconforming students are readily available directly in the report documents. This represents an important change in the way we have been reporting ACHA-NCHA results. We've prepared the following information to better explain the specific changes, our reasoning for doing so, and tips for using these redesigned report documents.**

**I. What we've done to date**

- The ACHA-NCHA has asked respondents about their gender identity for 12 years.
- Data on transgender and gender-nonconforming (TGNC) students was available in the data file, but not displayed explicitly in the report documents in an effort to protect the privacy of TGNC students, particularly those students in smaller campus environments and at schools that publicly shared their ACHA-NCHA report documents.
- We have been trying to find the right balance between protecting students' privacy and making the results accessible to campus surveyors who may not use the statistical software that would be required to extract this information directly from the data files. Until now, we've erred on the side of protecting student privacy.

**II. Why change?**

- The number of TGNC students in our samples has been increasing over the years. Between 2008 and 2015, the number of students identifying as TGNC was very small (less than 0.05%). We've learned over the years that gender identity is complex and fluid. To better capture this complexity, we began asking separate questions about sex at birth and gender identity in Fall 2015. Now TGNC students tend to represent 3-4% of the overall sample.
- With greater number of students identifying as TGNC on the ACHA-NCHA in recent years, we have a better opportunity to understand their needs and behaviors than we have in years past.
- A number of health disparities between TGNC students and their cisgender peers have been well documented<sup>[1]</sup>, and schools need readily available access to this data in order to better address the needs of TGNC students.

**III. What's different about the way we are reporting?**

- First – a note about how we have been reporting ACHA-NCHA results to date. RSEX is a variable we create based on the responses to the questions on sex at birth, whether or not a student identifies as transgender, and their gender identity. The RSEX variable had allowed us to sort respondents into 4 groups for reporting purposes: male, female, non-binary, and missing. (Details about this variable can be found in all report documents.)
- The value labels for RSEX have been revised to better represent gender identity rather than sex. A value of "1" has been changed from "Male" to "Cis Men<sup>[2]</sup>." A "2" has been changed from "Female" to "Cis Women<sup>[3]</sup>." The value "3" has been changed from "non-binary" to "Transgender and Gender-Nonconforming" (TGNC), as it's a more accurate and inclusive term. The value "4" on RSEX remains "missing/unknown" and is used for students who do not answer all three questions.
- The "missing/unknown" column in the Data Report document has been replaced with a "Trans/Gender-Nonconforming" column. Because space limitations in the report prevent us from displaying all 4 categories plus a total column in the same document, it's now the "missing/unknown" column that is not displayed. Now when the Total of any given row is higher than the sum of the cis men, cis women, and TGNC respondents, the difference can be attributed to "missing/unknown" respondents that selected the response option presented in that row.
- A column for "Trans/Gender-Nonconforming" has been added the Executive Summary Report document.

**IV. Important considerations with this new format**

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

**Questions about this report? Please reach out to Christine Kukich at [Ckukich@acha.org](mailto:Ckukich@acha.org)**

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[1] Greathouse M, BrckaLorenz A, Hoban M, Huseman R, Rankin S, Stolzenberg EB. (2018). Queer-spectrum and trans-spectrum student experiences in American higher education: The analysis of national survey findings. New Brunswick, NJ: Tyler Clementi Center, Rutgers University.

[2] Cisgender refers to people whose gender identity matches their sex assigned at birth. Cis men is short for "cisgender men" and is a term used to describe persons who identify as men and were assigned male at birth.

[3] Cis women is short for "cisgender women" and is a term used to describe persons who identify as women and were assigned female at birth.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. **Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.**

#### A note about the use of sex and gender in this report:

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

#### 1) How would you describe your overall health?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	1722	18	1802	9	85	5	3690	11.7
2 Very good	3932	42	7314	37	433	25	11837	37.7
3 Good	2785	30	7798	40	735	42	11495	36.6
4 Fair	830	9	2468	13	417	24	3792	12.1
5 Poor	150	2	360	2	95	5	620	2.0
Valid responses =	9419	30	19742	63	1765	6	31434	93.1
Invalid responses include no response.								

#### 2A) I feel that I belong at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	207	2	359	2	40	2	630	1.9
2 Disagree	308	3	602	3	105	6	1041	3.1
3 Somewhat disagree	602	6	1271	6	197	10	2131	6.3
4 Somewhat agree	2081	21	5068	24	589	31	7897	23.5
5 Agree	4462	44	9119	43	709	37	14471	43.0
6 Strongly agree	2511	25	4620	22	266	14	7485	22.2
Valid responses =	10171	30	21039	63	1906	6	33655	99.6
Invalid responses include no response.								

#### 2B) I feel that students' health and well-being is a priority at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	320	3	567	3	104	6	1025	3.1
2 Disagree	482	5	1127	5	213	11	1876	5.6
3 Somewhat disagree	949	9	2283	11	324	17	3633	10.8
4 Somewhat agree	2904	29	6581	31	623	33	10250	30.5
5 Agree	3709	37	7172	34	451	24	11487	34.2
6 Strongly agree	1791	18	3273	16	191	10	5328	15.9
Valid responses =	10155	30	21003	63	1906	6	33599	99.5
Invalid responses include no response.								

#### 2C) At my college/university, I feel that the campus climate encourages free and open discussion about students' health and well-being.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	226	2	386	2	61	3	697	2.1
2 Disagree	353	4	758	4	147	8	1292	3.8
3 Somewhat disagree	784	8	1806	9	278	15	2932	8.7
4 Somewhat agree	2699	27	6003	29	590	31	9461	28.2
5 Agree	3954	39	7958	38	602	32	12672	37.7
6 Strongly agree	2134	21	4075	19	226	12	6521	19.4
Valid responses =	10150	30	20986	63	1904	6	33575	99.4
Invalid responses include no response.								



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#### 2D) At my college/university, we are a campus where we look out for each other.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	287	3	504	2	78	4	903	2.7
2 Disagree	450	4	900	4	141	7	1528	4.6
3 Somewhat disagree	972	10	2095	10	309	16	3451	10.3
4 Somewhat agree	3095	31	6715	32	650	34	10611	31.7
5 Agree	3498	35	7397	35	514	27	11563	34.5
6 Strongly agree	1823	18	3340	16	207	11	5451	16.3
Valid responses =	10125	30	20951	63	1899	6	33507	99.2

Invalid responses include no response.

#### 3A) How many hours do you spend in a typical week (7 days) on the following activities?

##### Attending classes, discussion sections, or labs

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	269	3	522	3	36	2	838	2.5
2 1-5 hours	1321	13	3096	15	239	13	4742	14.1
3 6-10 hours	2250	22	4833	23	461	24	7648	22.7
4 11-15 hours	2851	28	5631	27	552	29	9158	27.2
5 16-20 hours	2127	21	4087	19	389	20	6715	20.0
6 21-25 hours	726	7	1419	7	135	7	2326	6.9
7 26-30 hours	292	3	682	3	51	3	1039	3.1
8 More than 30 hours	339	3	752	4	43	2	1161	3.5
Valid responses =	10175	30	21022	63	1906	6	33627	99.6

Invalid responses include no response.

#### 3B) How many hours do you spend in a typical week (7 days) on the following activities?

##### Studying and other academic activities outside of class

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	177	2	263	1	22	1	473	1.4
2 1-5 hours	2096	21	4318	21	441	23	6952	20.7
3 6-10 hours	2704	27	5854	28	542	29	9233	27.5
4 11-15 hours	1850	18	3910	19	369	19	6222	18.5
5 16-20 hours	1350	13	2733	13	222	12	4363	13.0
6 21-25 hours	760	8	1609	8	114	6	2530	7.5
7 26-30 hours	461	5	1057	5	85	5	1630	4.9
8 More than 30 hours	754	7	1246	6	104	6	2157	6.4
Valid responses =	10152	30	20990	63	1899	6	33560	99.4

Invalid responses include no response.

#### 3C) How many hours do you spend in a typical week (7 days) on the following activities?

##### Attending cultural events, movies, concerts, sports or other entertainment with others

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2501	25	5347	25	568	30	8547	25.4
2 1-5 hours	5617	55	12630	60	1052	55	19575	58.3
3 6-10 hours	1373	14	2160	10	186	10	3780	11.3
4 11-15 hours	396	4	531	3	53	3	1000	3.0
5 16-20 hours	142	1	192	1	20	1	367	1.1
6 21-25 hours	73	1	82	0	11	1	174	0.5
7 26-30 hours	25	0	40	0	7	0	76	0.2
8 More than 30 hours	28	0	29	0	4	0	69	0.2
Valid responses =	10155	30	21011	63	1901	6	33588	99.4

Invalid responses include no response.

#### 3D) How many hours do you spend in a typical week (7 days) on the following activities?

##### Performing community service or volunteer activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	6491	64	11992	57	1270	67	20035	59.7
2 1-5 hours	2991	29	7624	36	497	26	11274	33.6
3 6-10 hours	404	4	935	5	89	5	1455	4.3
4 11-15 hours	128	1	240	1	21	1	403	1.2
5 16-20 hours	69	1	100	1	11	1	194	0.6
6 21-25 hours	42	0	59	0	7	0	117	0.3
7 26-30 hours	22	0	19	0	3	0	47	0.1
8 More than 30 hours	16	0	28	0	2	0	55	0.2
Valid responses =	10163	30	20997	63	1900	6	33580	99.4

Invalid responses include no response.



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## 3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1824	18	5755	27	778	41	8495	25.3
2 1-5 hours	4280	42	9844	47	754	40	15102	44.9
3 6-10 hours	2458	24	3566	17	251	13	6357	18.9
4 11-15 hours	848	8	977	5	61	3	1915	5.7
5 16-20 hours	405	4	507	2	33	2	969	2.9
6 21-25 hours	174	2	216	1	14	1	417	1.2
7 26-30 hours	105	1	95	1	9	1	211	0.6
8 More than 30 hours	73	1	70	0	6	0	159	0.5
Valid responses =	10167	30	21030	63	1906	6	33625	99.6

Invalid responses include no response.

## 3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	6552	65	13639	65	1492	78	22006	65.5
2 1-5 hours	2844	28	6011	29	332	18	9311	27.7
3 6-10 hours	473	5	908	4	43	2	1456	4.3
4 11-15 hours	153	2	248	1	19	1	431	1.3
5 16-20 hours	55	1	87	0	4	0	157	0.5
6 21-25 hours	35	0	52	0	4	0	99	0.3
7 26-30 hours	17	0	31	0	4	0	54	0.2
8 More than 30 hours	27	0	29	0	4	0	67	0.2
Valid responses =	10156	30	21005	63	1902	6	33581	99.4

Invalid responses include no response.

## 3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4809	47	9997	48	846	45	15844	47.2
2 1-5 hours	3541	35	7944	38	727	38	12418	37.0
3 6-10 hours	1165	12	2049	10	207	11	3479	10.4
4 11-15 hours	359	4	554	3	68	4	1007	3.0
5 16-20 hours	145	1	241	1	24	1	424	1.3
6 21-25 hours	63	1	103	1	13	1	188	0.6
7 26-30 hours	37	0	45	0	10	1	95	0.3
8 More than 30 hours	35	0	42	0	6	0	91	0.3
Valid responses =	10154	30	20975	63	1901	6	33546	99.3

Invalid responses include no response.

## 3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	677	7	1319	6	119	6	2162	6.5
2 1-5 hours	3790	37	9009	43	732	39	13721	41.0
3 6-10 hours	2983	29	5868	28	573	30	9557	28.5
4 11-15 hours	1359	13	2524	12	256	14	4210	12.6
5 16-20 hours	628	6	1095	5	107	6	1871	5.6
6 21-25 hours	304	3	479	2	29	2	827	2.5
7 26-30 hours	147	2	258	1	26	1	433	1.3
8 More than 30 hours	242	2	390	2	53	3	699	2.1
Valid responses =	10130	30	20942	63	1895	6	33480	99.1

Invalid responses include no response.

## 3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5979	60	12547	60	1344	72	20173	60.7
2 1-5 hours	2996	30	6344	31	425	23	9891	29.8
3 6-10 hours	696	7	1366	7	72	4	2173	6.5
4 11-15 hours	200	2	320	2	17	1	552	1.7
5 16-20 hours	84	1	112	1	8	0	213	0.6
6 21-25 hours	39	0	45	0	7	0	99	0.3
7 26-30 hours	19	0	18	0	5	0	45	0.1
8 More than 30 hours	28	0	22	0	2	0	61	0.2
Valid responses =	10041	30	20774	63	1880	6	33207	98.3

Invalid responses include no response.



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## 3J) How many hours do you spend in a typical week (7 days) on the following activities?

### Spending time with family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4008	40	7037	34	829	44	12069	36.0
2 1-5 hours	3631	36	8125	39	678	36	12617	37.7
3 6-10 hours	1060	11	2548	12	187	10	3840	11.5
4 11-15 hours	484	5	1070	5	67	4	1643	4.9
5 16-20 hours	314	3	627	3	43	2	1003	3.0
6 21-25 hours	146	1	347	2	27	1	537	1.6
7 26-30 hours	98	1	243	1	18	1	365	1.1
8 More than 30 hours	377	4	969	5	49	3	1422	4.2
Valid responses =	10118	30	20966	63	1898	6	33496	99.2

Invalid responses include no response.

## 3K) How many hours do you spend in a typical week (7 days) on the following activities?

### Watching TV, streaming movies/TV, or other media for entertainment

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	738	7	1430	7	135	7	2360	7.0
2 1-5 hours	3995	39	9639	46	715	38	14560	43.4
3 6-10 hours	2946	29	5865	28	548	29	9480	28.2
4 11-15 hours	1261	12	2273	11	240	13	3826	11.4
5 16-20 hours	616	6	974	5	138	7	1760	5.2
6 21-25 hours	254	3	388	2	58	3	718	2.1
7 26-30 hours	124	1	192	1	35	2	361	1.1
8 More than 30 hours	208	2	255	1	31	2	507	1.5
Valid responses =	10142	30	21016	63	1900	6	33572	99.4

Invalid responses include no response.

## 3L) How many hours do you spend in a typical week (7 days) on the following activities?

### Gaming

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3914	39	16096	77	808	43	21065	62.8
2 1-5 hours	3146	31	3297	16	576	30	7161	21.4
3 6-10 hours	1605	16	940	5	264	14	2862	8.5
4 11-15 hours	735	7	324	2	124	7	1210	3.6
5 16-20 hours	350	3	171	1	61	3	604	1.8
6 21-25 hours	151	2	81	0	31	2	269	0.8
7 26-30 hours	94	1	37	0	14	1	147	0.4
8 More than 30 hours	152	2	41	0	20	1	222	0.7
Valid responses =	10147	30	20987	63	1898	6	33540	99.3

Invalid responses include no response.

## 3M) How many hours do you spend in a typical week (7 days) on the following activities?

### Using social media

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1098	11	1072	5	113	6	2347	7.0
2 1-5 hours	4080	41	8677	42	701	37	13659	40.9
3 6-10 hours	2728	27	6247	30	567	30	9653	28.9
4 11-15 hours	1154	11	2617	13	244	13	4073	12.2
5 16-20 hours	511	5	1201	6	134	7	1880	5.6
6 21-25 hours	242	2	509	2	61	3	826	2.5
7 26-30 hours	126	1	278	1	27	1	435	1.3
8 More than 30 hours	143	1	316	2	41	2	517	1.5
Valid responses =	10082	30	20917	63	1888	6	33390	98.9

Invalid responses include no response.

## 3N) How many hours do you spend in a typical week (7 days) on the following activities?

### Commuting to school and/or to work

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2548	25	5312	25	489	26	8467	25.3
2 1-5 hours	5806	57	11731	56	1053	56	18878	56.5
3 6-10 hours	1229	12	2628	13	252	13	4163	12.5
4 11-15 hours	289	3	668	3	56	3	1027	3.1
5 16-20 hours	118	1	262	1	19	1	410	1.2
6 21-25 hours	51	1	116	1	13	1	190	0.6
7 26-30 hours	30	0	70	0	6	0	109	0.3
8 More than 30 hours	46	1	132	1	7	0	193	0.6
Valid responses =	10117	30	20919	63	1895	6	33437	99.0

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

## 3O) How many hours do you spend in a typical week (7 days) on the following activities?

### Working for pay

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4953	49	8454	41	781	41	14391	43.2
2 1-5 hours	986	10	2101	10	186	10	3346	10.0
3 6-10 hours	1096	11	2664	13	249	13	4075	12.2
4 11-15 hours	674	7	1928	9	198	11	2838	8.5
5 16-20 hours	811	8	1901	9	192	10	2949	8.9
6 21-25 hours	339	3	936	5	90	5	1383	4.2
7 26-30 hours	249	3	590	3	57	3	909	2.7
8 More than 30 hours	991	10	2255	11	136	7	3429	10.3
Valid responses =	10099	30	20829	63	1889	6	33320	98.7

Invalid responses include no response.

## 3P) How many hours do you spend in a typical week (7 days) on the following activities?

### Participating in meditation or meditative activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	7720	76	15596	74	1374	73	25042	74.8
2 1-5 hours	1969	19	4626	22	451	24	7145	21.3
3 6-10 hours	262	3	481	2	42	2	803	2.4
4 11-15 hours	74	1	107	1	11	1	204	0.6
5 16-20 hours	37	0	59	0	8	0	115	0.3
6 21-25 hours	38	0	35	0	5	0	85	0.3
7 26-30 hours	17	0	28	0	3	0	49	0.1
8 More than 30 hours	11	0	22	0	2	0	42	0.1
Valid responses =	10128	30	20954	63	1896	6	33485	99.1

Invalid responses include no response.

## 3Q) How many hours do you spend in a typical week (7 days) on the following activities?

### Performing unpaid household responsibilities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2386	24	3462	17	307	16	6269	18.7
2 1-5 hours	5208	51	11147	53	1017	53	17601	52.4
3 6-10 hours	1720	17	3871	18	379	20	6058	18.0
4 11-15 hours	459	5	1215	6	115	6	1822	5.4
5 16-20 hours	213	2	560	3	40	2	832	2.5
6 21-25 hours	65	1	232	1	18	1	327	1.0
7 26-30 hours	48	1	160	1	12	1	222	0.7
8 More than 30 hours	67	1	376	2	15	1	470	1.4
Valid responses =	10166	30	21023	63	1903	6	33601	99.5

Invalid responses include no response.

## 3R) How many hours do you spend in a typical week (7 days) on the following activities?

### Taking care of children or other family members (unpaid)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	8542	84	16683	79	1606	84	27210	81.0
2 1-5 hours	763	8	1965	9	151	8	2927	8.7
3 6-10 hours	329	3	678	3	54	3	1086	3.2
4 11-15 hours	160	2	335	2	36	2	543	1.6
5 16-20 hours	105	1	219	1	20	1	354	1.1
6 21-25 hours	52	1	157	1	8	0	230	0.7
7 26-30 hours	47	1	126	1	5	0	183	0.5
8 More than 30 hours	161	2	864	4	24	1	1063	3.2
Valid responses =	10159	30	21027	63	1904	6	33596	99.5

Invalid responses include no response.

## 4) How do you describe your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	167	2	156	1	28	2	360	1.1
2 Slightly underweight	1398	14	1800	9	229	12	3493	10.4
3 About the right weight	5263	52	11360	54	880	46	17758	52.8
4 Slightly overweight	2868	28	6334	30	613	32	9957	29.6
5 Very overweight	495	5	1404	7	157	8	2095	6.2
Valid responses =	10191	30	21054	63	1907	6	33663	99.7

Invalid responses include no response.



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#### 5) Are you trying to do any of the following about your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	2095	21	4669	22	610	32	7506	22.3
2 Stay the same weight	2278	22	4577	22	324	17	7307	21.7
3 Lose weight	3701	36	10709	51	810	43	15414	45.8
4 Gain weight	2121	21	1107	5	162	9	3449	10.2
Valid responses =	10195	30	21062	63	1906	6	33676	99.7

Invalid responses include no response.

#### 6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	368	4	611	3	64	3	1063	3.2
1 1 to 149 Minutes	4582	45	9935	48	905	48	15657	47.0
2 150 to 299 Minutes	2388	24	4901	24	401	21	7799	23.4
3 300 or More Minutes	2762	27	5414	26	513	27	8792	26.4
Valid responses =	10100	30	20861	63	1883	6	33311	98.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	241.14	150.00	344.73	0	5040
Cis Women	236.75	140.00	357.49	0	5040
Trans/Gender Non-conforming	233.78	120.00	324.54	0	5040
Overall	237.80	140.00	352.41	0	5040

#### 7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	2445	24	7876	38	808	43	11280	33.9
1 1 to 74 Minutes	2791	28	6112	29	596	32	9653	29.0
2 75 to 149 Minutes	1448	14	2545	12	188	10	4238	12.7
3 150 or More Minutes	3420	34	4278	21	287	15	8088	24.3
Valid responses =	10104	30	20811	63	1879	6	33259	98.5

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	156.98	60.00	239.72	0	3000
Cis Women	100.10	30.00	196.56	0	3000
Trans/Gender Non-conforming	72.85	20.00	134.6	0	1200
Overall	116.04	40.00	209.89	0	3000

#### 8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	3310	33	9664	46	1100	58	14287	42.5
1 1 day	1135	11	2713	13	218	12	4125	12.3
2 2 days	1335	13	3007	14	233	12	4633	13.8
3 3 days	1436	14	2519	12	167	9	4172	12.4
4 4 days	1001	10	1323	6	69	4	2429	7.2
5 5 days	1018	10	1087	5	62	3	2206	6.6
6 6 days	601	6	452	2	23	1	1095	3.3
7 7 days	355	4	264	1	31	2	664	2.0
Valid responses =	10191	30	21029	63	1903	6	33611	99.5

Invalid responses include no response.



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9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?

One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.

If you do not drink sugar-sweetened beverages, please enter 0.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	3290	33	6014	29	494	26	9957	29.9
2 1 serving	2001	20	4476	22	403	21	6968	20.9
3 2 servings	1448	14	3248	16	337	18	5082	15.3
4 3 servings	880	9	1949	9	182	10	3057	9.2
5 4 servings	545	5	1061	5	102	5	1728	5.2
6 5 servings	448	4	937	5	63	3	1466	4.4
7 6 servings	242	2	507	2	40	2	800	2.4
8 7 servings	289	3	796	4	59	3	1155	3.5
9 8 servings	159	2	314	2	28	2	508	1.5
10 9 or more servings	805	8	1562	8	182	10	2577	7.7
Valid responses =	10107	30	20864	63	1890	6	33298	98.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.86	1.00	4.48	0	30
Cis Women	2.95	1.00	4.54	0	30
Trans/Gender Non-conforming	3.10	2.00	4.56	0	30
Overall	2.92	1.00	4.52	0	30

9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?

(for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	7038	70	15509	75	1311	70	24162	73.1
2 1-2 days	1065	11	1941	9	195	10	3251	9.8
3 3-4 days	522	5	951	5	109	6	1606	4.9
4 5-10 days	739	7	1307	6	117	6	2189	6.6
5 11-15 days	193	2	363	2	46	3	613	1.9
6 16-20 days	177	2	279	1	34	2	492	1.5
7 21-25 days	117	1	136	1	27	1	287	0.9
8 26-30 days	169	2	255	1	38	2	471	1.4
Valid responses =	10020	30	20741	63	1877	6	33071	97.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.23	0.00	5.63	0	30
Cis Women	1.76	0.00	4.92	0	30
Trans/Gender Non-conforming	2.43	0.00	6.02	0	30
Overall	1.95	0.00	5.23	0	30

10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	1871	18	3177	15	372	20	5506	16.4
2 1-2 servings per day	6537	64	14473	69	1234	65	22503	67.1
3 3-4 servings per day	1505	15	2898	14	252	13	4728	14.1
4 5-6 servings per day	197	2	372	2	26	1	615	1.8
5 More than 6 servings per day	58	1	94	0	13	1	175	0.5
Valid responses =	10168	30	21014	63	1897	6	33527	99.3

Invalid responses include no response.

11) In the last 7 days, how many servings of vegetables did you eat on average per day?

One serving is 1/2 cup of fresh, frozen, or canned vegetables; 3/4 cup 100% vegetable juice; or 1 cup salad greens)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	1245	12	2128	10	267	14	3699	11.0
2 1-2 servings per day	6094	60	12882	61	1108	59	20337	60.6
3 3-4 servings per day	2339	23	5095	24	436	23	7983	23.8
4 5-6 servings per day	395	4	739	4	65	3	1221	3.6
5 More than 6 servings per day	106	1	179	1	17	1	310	0.9
Valid responses =	10179	30	21023	63	1893	6	33550	99.3

Invalid responses include no response.



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12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

The food that I bought just didn't last, and I didn't have money to get more

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	6327	62	11658	56	965	51	19183	57.3
1 Sometimes True	3067	30	7133	34	659	35	11018	32.9
2 Often True	748	7	2168	10	274	14	3248	9.7
Valid responses =	10142	30	20959	63	1898	6	33449	99.0

Invalid responses include no response.

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

I couldn't afford to eat balanced meals.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	6478	64	11895	57	927	49	19529	58.4
1 Sometimes True	2583	26	6310	30	554	29	9591	28.7
2 Often True	1072	11	2731	13	414	22	4294	12.9
Valid responses =	10133	30	20936	63	1895	6	33414	98.9

Invalid responses include no response.

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	7005	69	13772	65	1087	57	22122	65.8
1 Only 1 or 2 days	1393	14	3116	15	309	16	4886	14.5
2 Yes, some days, but not every day	1395	14	3330	16	377	20	5194	15.5
3 Yes, almost every day	394	4	836	4	133	7	1398	4.2
Valid responses =	10187	30	21054	63	1906	6	33600	99.5

Invalid responses include no response.

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	7910	78	15776	75	1253	66	25259	75.2
1 Yes	2274	22	5274	25	648	34	8326	24.8
Valid responses =	10184	30	21050	63	1901	6	33585	99.4

Invalid responses include no response.

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	8501	84	17059	81	1366	72	27262	81.1
1 Yes	1683	17	4001	19	540	28	6341	18.9
Valid responses =	10184	30	21060	63	1906	6	33603	99.5

Invalid responses include no response.

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	1265	12	2009	10	142	8	3463	10.3
2 5-15 minutes	3705	36	6943	33	481	25	11257	33.5
3 16-30 minutes	2601	26	5750	27	501	26	8990	26.8
4 31 minutes - 1 hour	1742	17	4078	19	471	25	6383	19.0
5 over 1 hour	863	9	2281	11	310	16	3503	10.4
Valid responses =	10176	30	21061	63	1905	6	33596	99.5

Invalid responses include no response.

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	117	1	228	1	37	2	393	1.2
2 4 hours	311	3	681	3	98	5	1113	3.3
3 5 hours	1131	11	2612	12	251	13	4053	12.1
4 6 hours	2899	29	5766	27	538	28	9329	27.8
5 7 hours	3617	36	6995	33	580	30	11334	33.7
6 8 hours	1748	17	3710	18	294	15	5818	17.3
7 9 hours	284	3	794	4	84	4	1184	3.5
8 10 or more hours	73	1	280	1	23	1	382	1.1
Valid responses =	10180	30	21066	63	1905	6	33606	99.5

Invalid responses include no response.



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#### 15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	94	1	209	1	24	1	338	1.0
2 4 hours	197	2	455	2	48	3	714	2.1
3 5 hours	522	5	1309	6	106	6	1964	5.8
4 6 hours	1242	12	2865	14	219	12	4392	13.1
5 7 hours	2321	23	4566	22	347	18	7326	21.8
6 8 hours	3188	31	6399	30	495	26	10206	30.4
7 9 hours	1857	18	3704	18	438	23	6079	18.1
8 10 or more hours	760	8	1553	7	229	12	2582	7.7
Valid responses =	10181	30	21060	63	1906	6	33601	99.5

Invalid responses include no response.

#### 16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	5497	54	9796	47	864	45	16369	48.8
2 1 day	1896	19	3898	19	374	20	6241	18.6
3 2 days	1282	13	3293	16	273	14	4909	14.6
4 3 days	625	6	1731	8	153	8	2547	7.6
5 4 days	308	3	877	4	87	5	1286	3.8
6 5 days	248	2	634	3	72	4	975	2.9
7 6 days	77	1	235	1	27	1	345	1.0
8 7 days	227	2	553	3	53	3	849	2.5
Valid responses =	10160	30	21017	63	1903	6	33521	99.3

Invalid responses include no response.

#### 16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	677	7	568	3	59	3	1318	3.9
2 1 day	1105	11	1228	6	87	5	2450	7.3
3 2 days	1913	19	2630	13	176	9	4778	14.2
4 3 days	1849	18	3403	16	255	13	5589	16.7
5 4 days	1243	12	2868	14	215	11	4383	13.1
6 5 days	1286	13	3129	15	288	15	4759	14.2
7 6 days	509	5	1614	8	145	8	2306	6.9
8 7 days	1592	16	5600	27	682	36	7980	23.8
Valid responses =	10174	30	21040	63	1907	6	33563	99.4

Invalid responses include no response.

#### 16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	3861	38	6636	32	468	25	11084	33.0
2 1 day	2446	24	4776	23	371	20	7685	22.9
3 2 days	1383	14	3144	15	264	14	4867	14.5
4 3 days	735	7	1880	9	191	10	2852	8.5
5 4 days	475	5	1154	6	117	6	1771	5.3
6 5 days	417	4	1185	6	145	8	1782	5.3
7 6 days	231	2	590	3	84	4	921	2.7
8 7 days	627	6	1663	8	267	14	2590	7.7
Valid responses =	10175	30	21028	63	1907	6	33552	99.3

Invalid responses include no response.

#### 16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	1400	14	4269	20	463	24	6220	18.5
2 1 day	1653	16	4402	21	379	20	6521	19.4
3 2 days	1998	20	4185	20	357	19	6616	19.7
4 3 days	1470	14	2833	14	246	13	4616	13.8
5 4 days	1162	11	1967	9	165	9	3342	10.0
6 5 days	1222	12	1719	8	154	8	3133	9.3
7 6 days	715	7	955	5	73	4	1768	5.3
8 7 days	557	6	695	3	66	4	1329	4.0
Valid responses =	10177	30	21025	63	1903	6	33545	99.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 16E) On how many of the last 7 days did you: Take a nap?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	4075	40	8051	38	730	38	13010	38.8
2 1 day	2107	21	4312	21	326	17	6828	20.4
3 2 days	1584	16	3270	16	324	17	5248	15.6
4 3 days	977	10	2235	11	221	12	3492	10.4
5 4 days	572	6	1134	5	98	5	1829	5.5
6 5 days	389	4	939	5	82	4	1428	4.3
7 6 days	175	2	424	2	50	3	660	2.0
8 7 days	295	3	665	3	73	4	1054	3.1
Valid responses =	10174	30	21030	63	1904	6	33549	99.3

Invalid responses include no response.

#### 16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	1385	23	2208	17	186	16	3846	18.8
2 Between 30 and 59 minutes	2738	45	5936	46	500	43	9276	45.4
3 Between 60 and 119 minutes	1571	26	3668	28	357	31	5672	27.7
4 2 hours or more	384	6	1105	9	126	11	1653	8.1
Valid responses =	6078	30	12917	63	1169	6	20447	60.5

Invalid responses include no response.

#### 17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	5625	56	13982	67	1264	67	21111	63.1
2 Never	1743	17	2780	13	202	11	4793	14.3
3 Rarely	490	5	767	4	60	3	1337	4.0
4 Sometimes	438	4	607	3	63	3	1122	3.4
5 Most of the time	536	5	768	4	85	5	1405	4.2
6 Always	1296	13	2078	10	225	12	3672	11.0
Valid responses =	10128	30	20982	63	1899	6	33440	99.0

Invalid responses include no response.

#### 17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	8499	84	18571	89	1733	91	29157	87.3
2 Never	633	6	1034	5	61	3	1762	5.3
3 Rarely	121	1	141	1	12	1	283	0.8
4 Sometimes	122	1	120	1	9	1	258	0.8
5 Most of the time	143	1	166	1	6	0	320	1.0
6 Always	600	6	928	4	79	4	1629	4.9
Valid responses =	10118	30	20960	63	1900	6	33409	98.9

Invalid responses include no response.

#### 17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	8563	85	18746	90	1647	87	29307	87.8
2 Never	1010	10	1473	7	162	9	2689	8.1
3 Rarely	161	2	171	1	19	1	356	1.1
4 Sometimes	109	1	125	1	19	1	263	0.8
5 Most of the time	86	1	90	0	9	1	188	0.6
6 Always	179	2	342	2	40	2	577	1.7
Valid responses =	10108	30	20947	63	1896	6	33380	98.8

Invalid responses include no response.

#### 18A) When, if ever, was the last time you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	758	7	1635	8	242	13	2681	8.0
2 Within the last 2 weeks	6672	66	14601	69	1047	55	22575	67.2
3 More than 2 weeks but within 30 days	593	6	975	5	108	6	1708	5.1
4 More than 30 days but within 3 months	1182	12	2081	10	255	13	3568	10.6
5 More than 3 months but within 12 months	651	6	1153	6	153	8	1986	5.9
6 More than 12 months ago	333	3	609	3	103	5	1073	3.2
Valid responses =	10189	30	21054	63	1908	6	33591	99.5

Invalid responses include no response.



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18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	48	1	77	1	4	0	131	0.6
1 1 to 4 Days	1762	27	3159	22	293	28	5301	23.6
2 5 to 10 Days	1908	29	4163	29	339	33	6477	28.8
3 11 to 14 Days	2934	44	7162	49	405	39	10592	47.1
Valid responses =	6652	30	14561	65	1041	5	22501	66.6
Invalid responses include no response.								
	Mean	Median	Std Dev	Min	Max			
Cis Men	8.74	10.00	4.8	0	14			
Cis Women	9.32	10.00	4.66	0	14			
Trans/Gender Non-conforming	8.32	8.00	4.65	0	14			
Overall	9.08	10.00	4.72	0	14			

18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	2966	45	6099	42	533	51	9720	43.4
1 1 to 4 Days	1698	26	3698	26	278	27	5737	25.6
2 5 to 10 Days	904	14	2301	16	130	13	3360	15.0
3 11 to 14 Days	1054	16	2392	17	95	9	3575	16.0
Valid responses =	6622	30	14490	65	1036	5	22392	66.3
Invalid responses include no response.								
	Mean	Median	Std Dev	Min	Max			
Cis Men	3.71	1.00	5.01	0	14			
Cis Women	3.94	2.00	5.04	0	14			
Trans/Gender Non-conforming	2.73	0.00	4.26	0	14			
Overall	3.81	1.00	5	0	14			

18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	8239	91	16863	90	1366	88	26776	89.9
2 One accident	745	8	1721	9	178	11	2680	9.0
3 Two accidents	83	1	170	1	12	1	280	0.9
4 Three or more accidents	13	0	30	0	4	0	48	0.2
Valid responses =	9080	30	18784	63	1560	5	29784	88.2
Invalid responses include no response.								

19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner called me names, insulted me, or put me down to make me feel bad.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9353	92	18765	90	1730	91	30211	90.4
2 Yes	779	8	2208	11	163	9	3198	9.6
Valid responses =	10132	30	20973	63	1893	6	33409	98.9
Invalid responses include no response.								

19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9598	95	19701	94	1786	94	31466	94.3
2 Yes	523	5	1249	6	107	6	1907	5.7
Valid responses =	10121	30	20950	63	1893	6	33373	98.8
Invalid responses include no response.								

19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9855	98	20361	97	1841	98	32435	97.3
2 Yes	253	3	568	3	48	3	896	2.7
Valid responses =	10108	30	20929	63	1889	6	33331	98.7
Invalid responses include no response.								



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19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10008	99	20555	98	1846	98	32794	98.3
2 Yes	102	1	378	2	47	3	552	1.7
Valid responses =	10110	30	20933	63	1893	6	33346	98.7

Invalid responses include no response.

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9935	98	20224	97	1809	96	32349	97.0
2 Yes	173	2	704	3	83	4	986	3.0
Valid responses =	10108	30	20928	63	1892	6	33335	98.7

Invalid responses include no response.

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was in a physical fight.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9826	97	20717	99	1855	98	32789	98.0
2 Yes	328	3	278	1	44	2	672	2.0
Valid responses =	10154	30	20995	63	1899	6	33461	99.1

Invalid responses include no response.

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was physically assaulted (do not include sexual assault).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9944	98	20601	98	1834	96	32770	97.9
2 Yes	205	2	392	2	68	4	688	2.1
Valid responses =	10149	30	20993	63	1902	6	33458	99.1

Invalid responses include no response.

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was verbally threatened.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8847	87	18974	90	1517	80	29670	88.8
2 Yes	1282	13	2008	10	381	20	3749	11.2
Valid responses =	10129	30	20982	63	1898	6	33419	98.9

Invalid responses include no response.

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually touched without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9836	97	19465	93	1733	92	31400	94.1
2 Yes	301	3	1464	7	162	9	1972	5.9
Valid responses =	10137	30	20929	63	1895	6	33372	98.8

Invalid responses include no response.

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10046	99	20444	98	1836	97	32718	97.9
2 Yes	95	1	532	3	66	4	714	2.1
Valid responses =	10141	30	20976	63	1902	6	33432	99.0

Invalid responses include no response.

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10062	99	20596	98	1855	98	32903	98.4
2 Yes	85	1	388	2	47	3	541	1.6
Valid responses =	10147	30	20984	63	1902	6	33444	99.0

Invalid responses include no response.





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**20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.**

**I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9939	98	19992	95	1752	92	32067	95.9
2 Yes	207	2	999	5	150	8	1383	4.1
Valid responses =	10146	30	20991	63	1902	6	33450	99.0
Invalid responses include no response.								

**21A) How safe do you feel: On my campus (daytime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	49	1	61	0	12	1	132	0.4
2 Somewhat unsafe	153	2	444	2	77	4	699	2.1
3 Somewhat safe	1586	16	5073	24	532	28	7298	21.9
4 Very safe	8344	82	15337	73	1277	67	25236	75.6
Valid responses =	10132	30	20915	63	1898	6	33365	98.8
Invalid responses include no response.								

**21B) How safe do you feel: On my campus (nighttime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	183	2	1036	5	98	5	1340	4.0
2 Somewhat unsafe	873	9	5032	24	508	27	6505	19.6
3 Somewhat safe	4091	41	10523	51	894	47	15670	47.1
4 Very safe	4958	49	4267	21	393	21	9758	29.3
Valid responses =	10105	30	20858	63	1893	6	33273	98.5
Invalid responses include no response.								

**21C) How safe do you feel: In the community surrounding my campus (daytime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	149	2	340	2	25	1	530	1.6
2 Somewhat unsafe	935	9	2570	12	255	14	3808	11.4
3 Somewhat safe	4078	40	10436	50	1026	54	15731	47.2
4 Very safe	4959	49	7540	36	588	31	13249	39.8
Valid responses =	10121	30	20886	63	1894	6	33318	98.6
Invalid responses include no response.								

**21D) How safe do you feel: In the community surrounding my campus (nighttime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	1045	10	3799	18	345	18	5241	15.7
2 Somewhat unsafe	2652	26	7971	38	771	41	11549	34.7
3 Somewhat safe	3863	38	7055	34	612	32	11663	35.0
4 Very safe	2558	25	2042	10	165	9	4841	14.5
Valid responses =	10118	30	20867	63	1893	6	33294	98.6
Invalid responses include no response.								

**22A1) In your life, which of the following substances have you ever used?**

*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6887	68	14707	70	1333	70	23235	69.3
3 Yes	3282	32	6324	30	572	30	10285	30.7
Valid responses =	10169	30	21031	63	1905	6	33520	99.2
Invalid responses include no response.								

**22A2) In your life, which of the following substances have you ever used?**

*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3422	34	5981	29	624	33	10213	30.5
3 Yes	6733	66	15015	72	1280	67	23256	69.5
Valid responses =	10155	30	20996	63	1904	6	33469	99.1
Invalid responses include no response.								



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(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6557	65	12946	62	988	52	20754	62.0
3 Yes	3594	35	8049	38	919	48	12710	38.0
Valid responses =	10151	30	20995	63	1907	6	33464	99.1

Invalid responses include no response.

#### 22A4) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9506	94	19797	95	1760	94	31450	94.8
3 Yes	575	6	993	5	120	6	1710	5.2
Valid responses =	10081	30	20790	63	1880	6	33160	98.2

Invalid responses include no response.

#### 22A5) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9430	93	19633	94	1750	92	31197	93.3
3 Yes	712	7	1333	6	153	8	2230	6.7
Valid responses =	10142	30	20966	63	1903	6	33427	99.0

Invalid responses include no response.

#### 22A6) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9987	99	20725	99	1861	98	32975	98.8
3 Yes	131	1	216	1	37	2	395	1.2
Valid responses =	10118	30	20941	63	1898	6	33370	98.8

Invalid responses include no response.

#### 22A7) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9670	95	20401	97	1770	93	32230	96.5
3 Yes	471	5	537	3	131	7	1163	3.5
Valid responses =	10141	30	20938	63	1901	6	33393	98.9

Invalid responses include no response.

#### 22A8) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9676	95	20123	96	1772	93	31965	95.6
3 Yes	465	5	870	4	131	7	1487	4.4
Valid responses =	10141	30	20993	63	1903	6	33452	99.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 22A9) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9067	89	19425	93	1632	86	30489	91.1
3 Yes	1080	11	1573	8	272	14	2974	8.9
Valid responses =	10147	30	20998	63	1904	6	33463	99.1

Invalid responses include no response.

#### 22A10) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	10013	99	20742	100	1868	99	33023	99.4
3 Yes	59	1	99	1	19	1	188	0.6
Valid responses =	10072	30	20841	63	1887	6	33211	98.3

Invalid responses include no response.

#### 22A11) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9774	96	20406	97	1801	95	32374	96.7
3 Yes	383	4	583	3	101	5	1088	3.3
Valid responses =	10157	30	20989	63	1902	6	33462	99.1

Invalid responses include no response.

#### 22A12) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

##### Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6752	99	12503	99	1154	98	20642	98.7
3 Yes	103	2	128	1	24	2	265	1.3
Valid responses =	6855	33	12631	60	1178	6	20907	61.9

Invalid responses include no response.

#### 22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1082	33	2311	37	203	36	3634	35.4
2 Once or twice	821	25	1527	24	137	24	2510	24.4
3 Monthly	253	8	434	7	34	6	731	7.1
4 Weekly	331	10	512	8	53	9	908	8.8
6 Daily or almost daily	791	24	1533	24	145	25	2490	24.2
Valid responses =	3278	32	6317	61	572	6	10273	30.4

Invalid responses include no response.

#### 22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	554	8	993	7	149	12	1724	7.4
2 Once or twice	1596	24	4120	28	376	29	6151	26.5
3 Monthly	1408	21	3546	24	309	24	5309	22.9
4 Weekly	2819	42	5908	39	395	31	9196	39.6
6 Daily or almost daily	343	5	425	3	50	4	837	3.6
Valid responses =	6720	29	14992	65	1279	6	23217	68.7

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

**22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1223	34	2926	36	205	22	4400	34.7
2 Once or twice	939	26	2223	28	247	27	3450	27.2
3 Monthly	440	12	1069	13	150	16	1677	13.2
4 Weekly	519	15	958	12	149	16	1648	13.0
6 Daily or almost daily	469	13	859	11	167	18	1516	11.9
Valid responses =	3590	28	8035	63	918	7	12691	37.6

Invalid responses include no response.

**22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	391	68	742	75	83	69	1226	71.8
2 Once or twice	116	20	178	18	20	17	318	18.6
3 Monthly	32	6	43	4	7	6	84	4.9
4 Weekly	21	4	19	2	8	7	51	3.0
6 Daily or almost daily	15	3	8	1	2	2	28	1.6
Valid responses =	575	34	990	58	120	7	1707	5.1

Invalid responses include no response.

**22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	495	70	911	68	103	68	1522	68.3
2 Once or twice	119	17	239	18	25	16	391	17.6
3 Monthly	37	5	68	5	9	6	120	5.4
4 Weekly	25	4	53	4	8	5	88	4.0
6 Daily or almost daily	36	5	61	5	7	5	106	4.8
Valid responses =	712	32	1332	60	152	7	2227	6.6

Invalid responses include no response.

**22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	112	86	190	88	24	67	330	84.2
2 Once or twice	5	4	7	3	2	6	15	3.8
3 Monthly	7	5	7	3	4	11	21	5.4
4 Weekly	2	2	4	2	3	8	9	2.3
6 Daily or almost daily	5	4	7	3	3	8	17	4.3
Valid responses =	131	33	215	55	36	9	392	1.2

Invalid responses include no response.

**22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	312	66	381	71	77	59	780	67.3
2 Once or twice	102	22	113	21	29	22	249	21.5
3 Monthly	28	6	22	4	12	9	67	5.8
4 Weekly	22	5	14	3	8	6	46	4.0
6 Daily or almost daily	6	1	5	1	4	3	17	1.5
Valid responses =	470	41	535	46	130	11	1159	3.4

Invalid responses include no response.

**22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	331	71	577	66	87	66	1002	67.5
2 Once or twice	60	13	165	19	24	18	251	16.9
3 Monthly	28	6	55	6	5	4	92	6.2
4 Weekly	23	5	31	4	8	6	65	4.4
6 Daily or almost daily	22	5	41	5	7	5	75	5.1
Valid responses =	464	31	869	59	131	9	1485	4.4

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

**22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	697	65	1066	68	155	57	1949	65.6
2 Once or twice	304	28	438	28	92	34	842	28.3
3 Monthly	58	5	50	3	18	7	132	4.4
4 Weekly	16	2	10	1	3	1	31	1.0
6 Daily or almost daily	5	1	7	0	3	1	17	0.6
Valid responses =	1080	36	1571	53	271	9	2971	8.8

Invalid responses include no response.

**22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	41	73	84	87	11	58	138	75.4
2 Once or twice	4	7	2	2	1	5	9	4.9
3 Monthly	6	11	4	4	3	16	18	9.8
4 Weekly	3	5	4	4	2	11	10	5.5
6 Daily or almost daily	2	4	3	3	2	11	8	4.4
Valid responses =	56	31	97	53	19	10	183	0.5

Invalid responses include no response.

**22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)  
[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	311	81	484	83	77	76	882	81.1
2 Once or twice	40	11	63	11	13	13	117	10.8
3 Monthly	16	4	16	3	3	3	38	3.5
4 Weekly	9	2	8	1	5	5	27	2.5
6 Daily or almost daily	6	2	12	2	3	3	23	2.1
Valid responses =	382	35	583	54	101	9	1087	3.2

Invalid responses include no response.

**22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	37	38	43	36	6	30	89	35.7
2 Once or twice	14	14	15	12	4	20	34	13.7
3 Monthly	7	7	12	10	3	15	23	9.2
4 Weekly	12	12	11	9	3	15	29	11.6
6 Daily or almost daily	28	29	40	33	4	20	74	29.7
Valid responses =	98	39	121	49	20	8	249	0.7

Invalid responses include no response.

**22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	113	61	244	67	26	61	392	64.7
1 Yes	65	35	107	29	13	30	189	31.2
99 Don't know	7	4	13	4	4	9	25	4.1
Valid responses =	185	31	364	60	43	7	606	1.8

Invalid responses include no response.

**22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this substance)**

Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	52	80	77	72	9	69	139	73.5
1 Yes	11	17	27	25	3	23	44	23.3
99 Don't know	2	3	3	3	1	8	6	3.2
Valid responses =	65	34	107	57	13	7	189	0.6

Invalid responses include no response.



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**22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:**

**(only includes students who were prescribed this substance)**

**Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	55	85	79	74	8	67	144	76.6
1 Yes	7	11	25	23	4	33	37	19.7
99 Don't know	3	5	3	3	0	0	7	3.7
Valid responses =	65	35	107	57	12	6	188	0.6

Invalid responses include no response.

**22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.)**

**in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	76	58	163	56	22	50	271	56.6
1 Yes	44	34	109	38	20	46	174	36.3
99 Don't know	11	8	18	6	2	5	34	7.1
Valid responses =	131	27	290	61	44	9	479	1.4

Invalid responses include no response.

**22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:**

**(only includes students who were prescribed this substance)**

**Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	29	66	82	75	8	40	119	68.4
1 Yes	10	23	22	20	10	50	43	24.7
99 Don't know	5	11	5	5	2	10	12	6.9
Valid responses =	44	25	109	63	20	11	174	0.5

Invalid responses include no response.

**22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:**

**(only includes students who were prescribed this substance)**

**Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	33	75	84	78	16	80	133	76.9
1 Yes	6	14	21	19	3	15	31	17.9
99 Don't know	5	11	3	3	1	5	9	5.2
Valid responses =	44	25	108	62	20	12	173	0.5

Invalid responses include no response.

**22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	36	51	47	48	13	57	104	51.5
1 Yes	32	46	49	50	7	30	88	43.6
99 Don't know	2	3	2	2	3	13	10	5.0
Valid responses =	70	35	98	49	23	11	202	0.6

Invalid responses include no response.

**22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone,**

**buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)**

**Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	20	63	38	78	5	71	63	71.6
1 Yes	9	28	7	14	2	29	18	20.5
99 Don't know	3	9	4	8	0	0	7	8.0
Valid responses =	32	36	49	56	7	8	88	0.3

Invalid responses include no response.



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Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

**22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)**  
Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	23	72	34	69	7	100	64	72.7
1 Yes	7	22	11	22	0	0	18	20.5
99 Don't know	2	6	4	8	0	0	6	6.8
Valid responses =	32	36	49	56	7	8	88	0.3

Invalid responses include no response.

**22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	792	37	1197	31	99	27	2111	47.9
3 Once or twice	341	16	628	16	57	16	1038	16.1
4 Monthly	93	4	200	5	18	5	316	4.9
5 Weekly	250	12	434	11	56	16	750	11.6
6 Daily or almost daily	671	31	1422	37	132	37	2241	34.7
Valid responses =	2147	33	3881	60	362	6	6456	19.1

Invalid responses include no response.

**22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3139	52	6217	46	506	46	9951	47.9
3 Once or twice	1195	20	3260	24	266	24	4773	23.0
4 Monthly	490	8	1368	10	109	10	1986	9.6
5 Weekly	922	15	2193	16	169	15	3307	15.9
6 Daily or almost daily	247	4	440	3	49	5	743	3.6
Valid responses =	5993	29	13478	65	1099	5	20760	61.5

Invalid responses include no response.

**22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1057	46	2072	42	244	35	3410	42.7
3 Once or twice	433	19	1091	22	161	23	1708	21.4
4 Monthly	182	8	419	9	69	10	686	8.6
5 Weekly	318	14	623	13	97	14	1047	13.1
6 Daily or almost daily	308	13	693	14	122	18	1135	14.2
Valid responses =	2298	29	4898	61	693	9	7986	23.6

Invalid responses include no response.

**22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	116	63	150	62	20	56	289	61.0
3 Once or twice	33	18	44	18	3	8	85	17.9
4 Monthly	14	8	19	8	5	14	38	8.0
5 Weekly	12	7	20	8	6	17	41	8.6
6 Daily or almost daily	9	5	9	4	2	6	21	4.4
Valid responses =	184	39	242	51	36	8	474	1.4

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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**22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	128	59	208	50	20	41	363	51.6
3 Once or twice	35	16	98	23	13	27	153	21.8
4 Monthly	18	8	37	9	3	6	59	8.4
5 Weekly	19	9	34	8	9	18	63	9.0
6 Daily or almost daily	16	7	43	10	4	8	65	9.2
Valid responses =	216	31	420	60	49	7	703	2.1

Invalid responses include no response.

**22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	22	5	20	5	42	16	26.2
3 Once or twice	0	0	3	12	3	25	8	13.1
4 Monthly	4	22	7	28	1	8	13	21.3
5 Weekly	6	33	5	20	2	17	13	21.3
6 Daily or almost daily	4	22	5	20	1	8	11	18.0
Valid responses =	18	30	25	41	12	20	61	0.2

Invalid responses include no response.

**22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	99	65	94	63	31	59	229	62.1
3 Once or twice	25	16	28	19	8	15	64	17.3
4 Monthly	10	7	13	9	6	11	31	8.4
5 Weekly	15	10	10	7	2	4	30	8.1
6 Daily or almost daily	4	3	4	3	6	11	15	4.1
Valid responses =	153	41	149	40	53	14	369	1.1

Invalid responses include no response.

**22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	59	44	123	42	13	30	200	41.5
3 Once or twice	26	20	78	27	13	30	121	25.1
4 Monthly	11	8	31	11	6	14	49	10.2
5 Weekly	18	14	25	9	6	14	52	10.8
6 Daily or almost daily	19	14	34	12	6	14	60	12.4
Valid responses =	133	28	291	60	44	9	482	1.4

Invalid responses include no response.

**22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	240	64	300	61	56	49	607	60.6
3 Once or twice	73	19	115	23	30	26	220	22.0
4 Monthly	33	9	54	11	18	16	107	10.7
5 Weekly	25	7	17	3	8	7	50	5.0
6 Daily or almost daily	6	2	8	2	2	2	18	1.8
Valid responses =	377	38	494	49	114	11	1002	3.0

Invalid responses include no response.





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FREQUENCY REPORT

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22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	13	2	15	4	50	11	24.4
3 Once or twice	3	20	3	23	1	13	8	17.8
4 Monthly	2	13	4	31	0	0	10	22.2
5 Weekly	4	27	3	23	1	13	9	20.0
6 Daily or almost daily	4	27	1	8	2	25	7	15.6
Valid responses =	15	33	13	29	8	18	45	0.1

Invalid responses include no response.

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	29	41	40	40	10	42	82	40.0
3 Once or twice	16	23	20	20	6	25	47	22.9
4 Monthly	7	10	11	11	3	13	22	10.7
5 Weekly	8	11	12	12	3	13	23	11.2
6 Daily or almost daily	11	16	16	16	2	8	31	15.1
Valid responses =	71	35	99	48	24	12	205	0.6

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	21	38	30	44	5	36	60	41.7
3 Once or twice	6	11	6	9	3	21	16	11.1
4 Monthly	7	13	5	7	2	14	15	10.4
5 Weekly	8	15	8	12	1	7	18	12.5
6 Daily or almost daily	13	24	19	28	3	21	35	24.3
Valid responses =	55	38	68	47	14	10	144	0.4

Invalid responses include no response.

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1844	84	3196	80	295	80	5386	81.2
4 Once or twice	182	8	406	10	32	9	626	9.4
5 Monthly	56	3	123	3	17	5	202	3.0
6 Weekly	55	3	137	3	6	2	201	3.0
7 Daily or almost daily	58	3	141	4	19	5	220	3.3
Valid responses =	2195	33	4003	60	369	6	6635	19.6

Invalid responses include no response.

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5452	89	12399	89	1028	91	19047	88.8
4 Once or twice	505	8	1127	8	74	7	1722	8.0
5 Monthly	88	1	238	2	15	1	346	1.6
6 Weekly	88	1	181	1	11	1	283	1.3
7 Daily or almost daily	25	0	34	0	2	0	63	0.3
Valid responses =	6158	29	13979	65	1130	5	21461	63.5

Invalid responses include no response.



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22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2070	88	4508	88	616	86	7273	87.9
4 Once or twice	176	8	359	7	67	9	615	7.4
5 Monthly	51	2	104	2	14	2	177	2.1
6 Weekly	37	2	81	2	9	1	127	1.5
7 Daily or almost daily	25	1	51	1	7	1	83	1.0
Valid responses =	2359	29	5103	62	713	9	8275	24.5

Invalid responses include no response.

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	150	82	214	87	25	68	395	82.5
4 Once or twice	16	9	20	8	3	8	43	9.0
5 Monthly	6	3	6	2	4	11	18	3.8
6 Weekly	8	4	4	2	4	11	16	3.3
7 Daily or almost daily	3	2	3	1	1	3	7	1.5
Valid responses =	183	38	247	52	37	8	479	1.4

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	180	83	368	87	38	78	597	84.7
4 Once or twice	18	8	25	6	5	10	51	7.2
5 Monthly	5	2	13	3	1	2	21	3.0
6 Weekly	8	4	9	2	3	6	22	3.1
7 Daily or almost daily	6	3	6	1	2	4	14	2.0
Valid responses =	217	31	421	60	49	7	705	2.1

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7	37	11	44	5	42	27	43.5
4 Once or twice	2	11	5	20	3	25	12	19.4
5 Monthly	3	16	4	16	1	8	8	12.9
6 Weekly	4	21	2	8	1	8	7	11.3
7 Daily or almost daily	3	16	3	12	2	17	8	12.9
Valid responses =	19	31	25	40	12	19	62	0.2

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	140	89	132	86	45	85	324	85.9
4 Once or twice	5	3	8	5	1	2	16	4.2
5 Monthly	9	6	9	6	3	6	25	6.6
6 Weekly	2	1	2	1	3	6	7	1.9
7 Daily or almost daily	2	1	2	1	1	2	5	1.3
Valid responses =	158	42	153	41	53	14	377	1.1

Invalid responses include no response.



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22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	108	81	242	83	35	80	394	82.1
4 Once or twice	9	7	29	10	4	9	45	9.4
5 Monthly	6	5	7	2	4	9	17	3.5
6 Weekly	6	5	5	2	1	2	13	2.7
7 Daily or almost daily	4	3	7	2	0	0	11	2.3
Valid responses =	133	28	290	60	44	9	480	1.4

Invalid responses include no response.

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	354	92	460	92	107	92	935	91.8
4 Once or twice	12	3	26	5	5	4	45	4.4
5 Monthly	8	2	10	2	2	2	21	2.1
6 Weekly	7	2	6	1	1	1	15	1.5
7 Daily or almost daily	2	1	0	0	1	1	3	0.3
Valid responses =	383	38	502	49	116	11	1019	3.0

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	13	2	15	5	63	13	29.5
4 Once or twice	2	13	4	31	2	25	11	25.0
5 Monthly	5	33	5	39	0	0	11	25.0
6 Weekly	3	20	2	15	1	13	6	13.6
7 Daily or almost daily	3	20	0	0	0	0	3	6.8
Valid responses =	15	34	13	30	8	18	44	0.1

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	51	72	67	68	16	70	141	69.1
4 Once or twice	8	11	16	16	2	9	28	13.7
5 Monthly	0	0	6	6	3	13	9	4.4
6 Weekly	9	13	8	8	1	4	19	9.3
7 Daily or almost daily	3	4	2	2	1	4	7	3.4
Valid responses =	71	35	99	49	23	11	204	0.6

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	40	66	63	82	10	77	117	74.5
4 Once or twice	6	10	3	4	0	0	9	5.7
5 Monthly	4	7	5	7	2	15	13	8.3
6 Weekly	5	8	5	7	1	8	11	7.0
7 Daily or almost daily	6	10	1	1	0	0	7	4.5
Valid responses =	61	39	77	49	13	8	157	0.5

Invalid responses include no response.



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**22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5522	90	12577	90	1024	91	19286	89.8
5 Once or twice	499	8	1155	8	82	7	1756	8.2
6 Monthly	73	1	134	1	10	1	224	1.0
7 Weekly	54	1	104	1	11	1	172	0.8
8 Daily or almost daily	11	0	15	0	1	0	27	0.1
Valid responses =	6159	29	13985	65	1128	5	21465	63.6

Invalid responses include no response.

**22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2008	85	4524	89	607	85	7221	87.2
5 Once or twice	236	10	404	8	75	11	723	8.7
6 Monthly	42	2	72	1	16	2	137	1.7
7 Weekly	59	3	73	1	10	1	145	1.8
8 Daily or almost daily	19	1	30	1	5	1	54	0.7
Valid responses =	2364	29	5103	62	713	9	8280	24.5

Invalid responses include no response.

**22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	157	86	226	92	28	76	417	87.2
5 Once or twice	9	5	10	4	0	0	23	4.8
6 Monthly	5	3	5	2	2	5	14	2.9
7 Weekly	9	5	2	1	5	14	16	3.3
8 Daily or almost daily	3	2	3	1	2	5	8	1.7
Valid responses =	183	38	246	51	37	8	478	1.4

Invalid responses include no response.

**22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	188	87	387	92	41	84	626	88.8
5 Once or twice	14	7	16	4	3	6	36	5.1
6 Monthly	6	3	11	3	3	6	24	3.4
7 Weekly	6	3	3	1	1	2	10	1.4
8 Daily or almost daily	3	1	4	1	1	2	9	1.3
Valid responses =	217	31	421	60	49	7	705	2.1

Invalid responses include no response.

**22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	6	32	10	40	4	33	23	37.1
5 Once or twice	5	26	4	16	2	17	13	21.0
6 Monthly	4	21	6	24	4	33	15	24.2
7 Weekly	2	11	1	4	1	8	4	6.5
8 Daily or almost daily	2	11	4	16	1	8	7	11.3
Valid responses =	19	31	25	40	12	19	62	0.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

**22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	143	91	137	90	45	85	334	88.4
5 Once or twice	5	3	7	5	0	0	14	3.7
6 Monthly	4	3	6	4	5	9	16	4.2
7 Weekly	3	2	3	2	1	2	9	2.4
8 Daily or almost daily	3	2	0	0	2	4	5	1.3
Valid responses =	158	42	153	40	53	14	378	1.1

Invalid responses include no response.

**22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	108	81	245	84	30	68	392	81.3
5 Once or twice	10	8	21	7	6	14	39	8.1
6 Monthly	8	6	10	3	4	9	24	5.0
7 Weekly	5	4	9	3	4	9	19	3.9
8 Daily or almost daily	2	2	6	2	0	0	8	1.7
Valid responses =	133	28	291	60	44	9	482	1.4

Invalid responses include no response.

**22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	354	92	472	94	101	87	939	92.0
5 Once or twice	14	4	18	4	8	7	42	4.1
6 Monthly	6	2	10	2	4	3	24	2.4
7 Weekly	6	2	3	1	2	2	11	1.1
8 Daily or almost daily	3	1	1	0	1	1	5	0.5
Valid responses =	383	38	504	49	116	11	1021	3.0

Invalid responses include no response.

**22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Heroin**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	20	3	23	4	50	15	33.3
5 Once or twice	2	13	4	31	1	13	7	15.6
6 Monthly	2	13	6	46	0	0	10	22.2
7 Weekly	4	27	0	0	3	38	9	20.0
8 Daily or almost daily	4	27	0	0	0	0	4	8.9
Valid responses =	15	33	13	29	8	18	45	0.1

Invalid responses include no response.

**22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)**

**[Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	52	73	73	75	17	74	150	73.9
5 Once or twice	5	7	9	9	1	4	15	7.4
6 Monthly	5	7	7	7	2	9	16	7.9
7 Weekly	6	9	7	7	2	9	16	7.9
8 Daily or almost daily	3	4	2	2	1	4	6	3.0
Valid responses =	71	35	98	48	23	11	203	0.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2022

American College Health Association

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Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

**22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
**of you because of your use of the following substance(s)? (only includes students who have used this substance in the last 3 months)**  
**Other**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	37	61	63	81	10	71	115	72.3
5 Once or twice	7	12	5	6	0	0	12	7.5
6 Monthly	6	10	4	5	1	7	12	7.5
7 Weekly	7	12	4	5	3	21	14	8.8
8 Daily or almost daily	4	7	2	3	0	0	6	3.8
Valid responses =	61	38	78	49	14	9	159	0.5

Invalid responses include no response.

**22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2460	75	5002	79	407	72	7945	77.4
3 Yes, not in the past 3 months	424	13	609	10	81	14	1124	11.0
6 Yes, in the past 3 months	394	12	698	11	81	14	1190	11.6
Valid responses =	3278	32	6309	61	569	6	10259	30.4

Invalid responses include no response.

**22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5774	86	13629	91	1099	87	20683	89.3
3 Yes, not in the past 3 months	524	8	806	5	105	8	1457	6.3
6 Yes, in the past 3 months	411	6	526	4	67	5	1021	4.4
Valid responses =	6709	29	14961	65	1271	5	23161	68.6

Invalid responses include no response.

**22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2997	84	7261	91	780	85	11155	88.1
3 Yes, not in the past 3 months	362	10	451	6	77	8	899	7.1
6 Yes, in the past 3 months	221	6	309	4	58	6	605	4.8
Valid responses =	3580	28	8021	63	915	7	12659	37.5

Invalid responses include no response.

**22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	477	83	852	86	95	79	1438	84.4
3 Yes, not in the past 3 months	71	12	105	11	20	17	197	11.6
6 Yes, in the past 3 months	25	4	34	3	5	4	69	4.0
Valid responses =	573	34	991	58	120	7	1704	5.0

Invalid responses include no response.

**22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	630	89	1207	91	128	84	1987	89.4
3 Yes, not in the past 3 months	56	8	75	6	17	11	149	6.7
6 Yes, in the past 3 months	26	4	47	4	7	5	86	3.9
Valid responses =	712	32	1329	60	152	7	2222	6.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	98	75	147	68	23	64	274	69.7
3 Yes, not in the past 3 months	27	21	59	27	8	22	95	24.2
6 Yes, in the past 3 months	6	5	10	5	5	14	24	6.1
Valid responses =	131	33	216	55	36	9	393	1.2

Invalid responses include no response.

#### 22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	428	91	491	92	115	88	1049	90.5
3 Yes, not in the past 3 months	32	7	28	5	12	9	75	6.5
6 Yes, in the past 3 months	10	2	15	3	4	3	35	3.0
Valid responses =	470	41	534	46	131	11	1159	3.4

Invalid responses include no response.

#### 22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	391	85	718	83	106	82	1231	83.2
3 Yes, not in the past 3 months	61	13	118	14	17	13	196	13.2
6 Yes, in the past 3 months	10	2	31	4	7	5	53	3.6
Valid responses =	462	31	867	59	130	9	1480	4.4

Invalid responses include no response.

#### 22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	972	90	1437	92	237	88	2685	90.6
3 Yes, not in the past 3 months	73	7	101	6	28	10	205	6.9
6 Yes, in the past 3 months	32	3	31	2	5	2	73	2.5
Valid responses =	1077	36	1569	53	270	9	2963	8.8

Invalid responses include no response.

#### 22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	32	56	56	57	13	68	106	57.3
3 Yes, not in the past 3 months	17	30	32	33	2	11	52	28.1
6 Yes, in the past 3 months	8	14	10	10	4	21	27	14.6
Valid responses =	57	31	98	53	19	10	185	0.5

Invalid responses include no response.

#### 22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	301	79	473	82	77	77	863	79.8
3 Yes, not in the past 3 months	65	17	83	14	19	19	171	15.8
6 Yes, in the past 3 months	15	4	24	4	4	4	48	4.4
Valid responses =	381	35	580	54	100	9	1082	3.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association

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(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	66	68	102	85	15	68	190	76.6
3 Yes, not in the past 3 months	17	18	11	9	3	14	31	12.5
6 Yes, in the past 3 months	14	14	7	6	4	18	27	10.9
Valid responses =	97	39	120	48	22	9	248	0.7

Invalid responses include no response.

#### 22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2415	74	4579	73	399	70	7463	72.7
3 Yes, not in the past 3 months	395	12	719	11	86	15	1208	11.8
6 Yes, in the past 3 months	468	14	1013	16	87	15	1593	15.5
Valid responses =	3278	32	6311	61	572	6	10264	30.4

Invalid responses include no response.

#### 22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	6131	92	13912	93	1166	91	21399	92.4
3 Yes, not in the past 3 months	257	4	465	3	70	6	804	3.5
6 Yes, in the past 3 months	313	5	598	4	41	3	968	4.2
Valid responses =	6701	29	14975	65	1277	6	23171	68.6

Invalid responses include no response.

#### 22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3089	86	7245	90	787	86	11237	88.7
3 Yes, not in the past 3 months	234	7	365	5	60	7	666	5.3
6 Yes, in the past 3 months	260	7	422	5	71	8	772	6.1
Valid responses =	3583	28	8032	63	918	7	12675	37.5

Invalid responses include no response.

#### 22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	510	89	882	89	101	84	1506	88.5
3 Yes, not in the past 3 months	45	8	80	8	16	13	143	8.4
6 Yes, in the past 3 months	18	3	26	3	3	3	52	3.1
Valid responses =	573	34	988	58	120	7	1701	5.0

Invalid responses include no response.

#### 22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	660	93	1206	91	137	90	2023	91.2
3 Yes, not in the past 3 months	31	4	84	6	12	8	128	5.8
6 Yes, in the past 3 months	20	3	37	3	3	2	68	3.1
Valid responses =	711	32	1327	60	152	7	2219	6.6

Invalid responses include no response.

#### 22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	101	78	148	69	23	64	278	71.6
3 Yes, not in the past 3 months	20	16	57	27	9	25	87	22.4
6 Yes, in the past 3 months	8	6	9	4	4	11	23	5.9
Valid responses =	129	33	214	55	36	9	388	1.1

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

**2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	432	92	500	94	119	92	1066	92.2
3 Yes, not in the past 3 months	22	5	20	4	8	6	51	4.4
6 Yes, in the past 3 months	15	3	15	3	2	2	39	3.4
Valid responses =	469	41	535	46	129	11	1156	3.4
Invalid responses include no response.								

**2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) *[Please report nonmedical use only.]*

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	409	89	743	86	114	87	1280	86.5
3 Yes, not in the past 3 months	33	7	88	10	14	11	136	9.2
6 Yes, in the past 3 months	17	4	37	4	3	2	63	4.3
Valid responses =	459	31	868	59	131	9	1479	4.4
Invalid responses include no response.								

**2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1023	95	1478	94	255	94	2794	94.5
3 Yes, not in the past 3 months	35	3	65	4	13	5	116	3.9
6 Yes, in the past 3 months	16	2	22	1	3	1	47	1.6
Valid responses =	1074	36	1565	53	271	9	2957	8.8
Invalid responses include no response.								

**22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	37	66	50	52	11	58	101	55.8
3 Yes, not in the past 3 months	12	21	41	43	7	37	62	34.3
6 Yes, in the past 3 months	7	13	5	5	1	5	18	9.9
Valid responses =	56	31	96	53	19	10	181	0.5
Invalid responses include no response.								

**22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)  
*[Please report nonmedical use only.]*

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	322	85	487	84	80	80	902	83.4
3 Yes, not in the past 3 months	45	12	72	12	19	19	138	12.8
6 Yes, in the past 3 months	12	3	23	4	1	1	42	3.9
Valid responses =	379	35	582	54	100	9	1082	3.2
Invalid responses include no response.								

**22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	74	77	102	85	18	82	199	80.6
3 Yes, not in the past 3 months	11	12	7	6	2	9	21	8.5
6 Yes, in the past 3 months	11	12	11	9	2	9	27	10.9
Valid responses =	96	39	120	49	22	9	247	0.7
Invalid responses include no response.								



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association

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FREQUENCY REPORT

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#### 22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	6929	99	15337	100	1344	99	23839	99.3
1 Yes, not in the past 3 months	29	0	69	0	11	1	112	0.5
2 Yes, in the past 3 months	14	0	15	0	10	1	46	0.2
Valid responses =	6972	29	15421	64	1365	6	23997	71.1

Invalid responses include no response.

#### 22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have used drugs by injection within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	8	62	10	71	5	71	25	61.0
1 More than once per week	5	39	4	29	2	29	16	39.0
Valid responses =	13	32	14	34	7	17	41	0.1

Invalid responses include no response.

#### 23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Cigarettes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1129	55	2422	63	176	49	3760	59.2
2 Yes	933	45	1441	37	185	51	2588	40.8
Valid responses =	2062	32	3863	61	361	6	6348	18.8

Invalid responses include no response.

#### 23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### E-cigarettes or other vape products (for example: Juul, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	623	30	703	18	78	22	1424	22.0
2 Yes	1478	70	3247	82	283	78	5051	78.0
Valid responses =	2101	32	3950	61	361	6	6475	19.2

Invalid responses include no response.

#### 23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Water pipe or hookah

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1801	91	3433	91	307	89	5585	90.7
2 Yes	190	10	328	9	39	11	572	9.3
Valid responses =	1991	32	3761	61	346	6	6157	18.2

Invalid responses include no response.

#### 23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Cheewing or smokeless tobacco

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1657	83	3621	97	323	94	5650	91.8
2 Yes	351	18	124	3	21	6	506	8.2
Valid responses =	2008	33	3745	61	344	6	6156	18.2

Invalid responses include no response.

#### 23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Cigars or little cigars

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1452	71	3537	94	303	86	5338	85.8
2 Yes	586	29	238	6	48	14	885	14.2
Valid responses =	2038	33	3775	61	351	6	6223	18.4

Invalid responses include no response.

#### 23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

##### Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1281	92	2483	98	236	96	4039	95.9
2 Yes	112	8	45	2	9	4	172	4.1
Valid responses =	1393	33	2528	60	245	6	4211	12.5

Invalid responses include no response.



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#### 24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	6123	60	11901	57	906	48	19168	57.2
2 Within the last 2 weeks	1454	14	2936	14	463	24	4913	14.7
3 More than 2 weeks but within 30 days	368	4	826	4	102	5	1319	3.9
4 More than 30 days but within 3 months	509	5	1139	5	140	7	1805	5.4
5 More than 3 months but within 12 months	599	6	1550	7	120	6	2298	6.9
6 More than 12 months ago	1122	11	2675	13	174	9	4009	12.0
Valid responses =	10175	30	21027	63	1905	6	33512	99.2

Invalid responses include no response.

#### 25A) When, if ever, was the last time you drank alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2732	27	4575	22	475	25	7929	23.6
2 Within the last 2 weeks	4879	48	10718	51	796	42	16545	49.3
3 More than 2 weeks but within 30 days	790	8	2046	10	186	10	3053	9.1
4 More than 30 days but within 3 months	736	7	1644	8	180	10	2589	7.7
5 More than 3 months but within 12 months	597	6	1209	6	152	8	1977	5.9
6 More than 12 months ago	445	4	849	4	115	6	1434	4.3
Valid responses =	10179	30	21041	63	1904	6	33527	99.3

Invalid responses include no response.

#### 25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4016	63	9254	64	743	64	14149	63.8
2 Yes	2379	37	5142	36	417	36	8011	36.2
Valid responses =	6395	29	14396	65	1160	5	22160	65.6

Invalid responses include no response.

#### 25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you intend to get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3961	62	9121	63	697	60	13903	62.8
2 Yes	2425	38	5259	37	462	40	8231	37.2
Valid responses =	6386	29	14380	65	1159	5	22134	65.5

Invalid responses include no response.

#### 26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	137	2	238	2	50	4	435	2.0
1 1 to 2 Drinks	2688	42	7523	52	616	53	10920	49.5
2 3 to 4 Drinks	1529	24	3896	27	287	25	5753	26.1
3 5 to 6 Drinks	955	15	1791	13	130	11	2902	13.1
4 7 to 8 Drinks	525	8	562	4	39	3	1140	5.2
5 9 to 10 Drinks	275	4	214	2	22	2	515	2.3
6 11 or More Drinks	265	4	122	1	12	1	407	1.8
Total	6374	29	14346	65	1156	5	22072	65.4

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.93	3.00	3.54	0	50
Cis Women	2.92	2.00	2.3	0	54
Trans/Gender Non-conforming	2.84	2.00	2.65	0	35
Overall	3.22	2.00	2.92	0	96



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27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	212	3	361	3	50	4	633	2.9
1 1 to 2 Hours	2737	43	6004	42	532	46	9364	42.5
2 3 to 4 Hours	2196	35	5099	36	387	34	7744	35.1
3 5 to 6 Hours	949	15	2309	16	159	14	3443	15.6
4 7 to 8 Hours	181	3	377	3	13	1	575	2.6
5 9 to 10 Hours	38	1	106	1	9	1	153	0.7
6 11 or More Hours	59	1	76	1	4	0	142	0.6
Total	6372	29	14332	65	1154	5	22054	65.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.03	3.00	2.13	0	30
Cis Women	3.08	3.00	2.04	0	50
Trans/Gender Non-conforming	2.76	2.00	1.92	0	24
Overall	3.05	3.00	2.09	0	50

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	2293	47	5604	53	458	58	8426	51.1
2 1 time	1122	23	2510	24	188	24	3853	23.4
3 2 times	685	14	1299	12	79	10	2084	12.6
4 3 times	306	6	593	6	27	3	938	5.7
5 4 times	208	4	332	3	18	2	560	3.4
6 5 times	102	2	161	2	10	1	276	1.7
7 6 times	67	1	92	1	4	1	164	1.0
8 7 times	25	1	35	0	3	0	64	0.4
9 8 times	20	0	22	0	2	0	44	0.3
10 9 times	10	0	4	0	1	0	16	0.1
11 10 or more times	29	1	32	0	4	1	65	0.4
Total	4867	30	10684	65	794	5	16490	48.8

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Did something I later regretted

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5819	84	12586	81	1112	85	19697	81.9
2 Yes	1153	17	2957	19	197	15	4345	18.1
Valid responses =	6972	29	15543	65	1309	5	24042	71.2

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6308	90	14000	90	1203	92	21710	90.2
2 Yes	671	10	1552	10	107	8	2348	9.8
Valid responses =	6979	29	15552	65	1310	5	24058	71.2

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5730	82	12169	78	1074	82	19150	79.5
2 Yes	1256	18	3393	22	236	18	4924	20.5
Valid responses =	6986	29	15562	65	1310	5	24074	71.3

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Got in trouble with the police

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6916	99	15435	99	1299	99	23860	99.2
2 Yes	64	1	108	1	10	1	189	0.8
Valid responses =	6980	29	15543	65	1309	5	24049	71.2

Invalid responses include no response.



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29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Got in trouble with college/university authorities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6909	99	15452	99	1303	100	23876	99.3
2 Yes	66	1	98	1	7	1	175	0.7
Valid responses =	6975	29	15550	65	1310	5	24051	71.2

Invalid responses include no response.

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Someone had sex with me without my consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6921	99	15314	99	1284	98	23725	98.7
2 Yes	50	1	235	2	24	2	319	1.3
Valid responses =	6971	29	15549	65	1308	5	24044	71.2

Invalid responses include no response.

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had sex with someone without their consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6967	100	15521	100	1307	100	24004	99.8
2 Yes	16	0	31	0	3	0	54	0.2
Valid responses =	6983	29	15552	65	1310	5	24058	71.2

Invalid responses include no response.

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had unprotected sex

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6320	91	13848	89	1211	93	21576	89.7
2 Yes	662	10	1707	11	97	7	2486	10.3
Valid responses =	6982	29	15555	65	1308	5	24062	71.2

Invalid responses include no response.

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured myself

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6581	94	14471	93	1214	93	22465	93.4
2 Yes	391	6	1077	7	94	7	1579	6.6
Valid responses =	6972	29	15548	65	1308	5	24044	71.2

Invalid responses include no response.

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured another person

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6936	100	15482	100	1303	100	23932	99.5
2 Yes	38	1	67	0	5	0	115	0.5
Valid responses =	6974	29	15549	65	1308	5	24047	71.2

Invalid responses include no response.

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Seriously considered suicide

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6791	97	15229	98	1231	94	23454	97.5
2 Yes	185	3	333	2	79	6	610	2.5
Valid responses =	6976	29	15562	65	1310	5	24064	71.3

Invalid responses include no response.

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Needed medical help

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6912	99	15408	99	1292	99	23821	99.1
2 Yes	61	1	127	1	15	1	212	0.9
Valid responses =	6973	29	15535	65	1307	5	24033	71.2

Invalid responses include no response.



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#### 30A) Within the last 30 days, did you drive after drinking any alcohol at all?

(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3538	82	8832	89	529	84	13005	86.5
2 Yes	777	18	1134	11	102	16	2029	13.5
Valid responses =	4315	29	9966	66	631	4	15034	44.5

Invalid responses include no response.

#### 30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	6762	97	15230	98	1271	97	23470	97.5
2 Alcohol use negatively impacted performance in class	175	3	274	2	27	2	483	2.0
3 Alcohol use delayed progress towards degree	42	1	62	0	7	1	114	0.5
Valid responses =	6979	29	15566	65	1305	5	24067	71.3

Invalid responses include no response.

#### 31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?

(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	914	66	2121	72	223	63	3293	69.9
2 Yes	464	34	809	28	132	37	1421	30.1
Valid responses =	1378	29	2930	62	355	8	4714	14.0

Invalid responses include no response.

#### 31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance?

(only includes students who used cannabis within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	2574	92	5984	96	710	93	9373	94.8
2 Marijuana use negatively impacted performance in class	182	7	188	3	42	6	418	4.2
3 Marijuana use delayed progress towards degree	38	1	53	1	8	1	99	1.0
Valid responses =	2794	28	6225	63	760	8	9890	29.3

Invalid responses include no response.

#### 32) Do you identify as a person in recovery from alcohol or other drug use?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7262	98	16137	98	1374	96	25019	97.8
2 Yes	180	2	310	2	55	4	555	2.2
Valid responses =	7442	29	16447	64	1429	6	25574	75.7

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

#### 33A) When, if ever, was the last time you had:

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4199	42	7922	38	737	39	13048	39.3
2 Within the last 2 weeks	2671	27	6077	29	459	24	9296	28.0
3 More than 2 weeks but within 30 days	716	7	1740	8	158	8	2644	8.0
4 More than 30 days but within 3 months	807	8	1771	9	169	9	2774	8.4
5 More than 3 months but within 12 months	829	8	1714	8	178	9	2738	8.3
6 More than 12 months ago	876	9	1587	8	196	10	2684	8.1
Valid responses =	10098	30	20811	63	1897	6	33184	98.3

Invalid responses include no response.

#### 33B) When, if ever, was the last time you had:

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4786	47	8304	40	965	51	14259	43.0
2 Within the last 2 weeks	2748	27	6928	33	392	21	10147	30.6
3 More than 2 weeks but within 30 days	533	5	1410	7	108	6	2069	6.2
4 More than 30 days but within 3 months	626	6	1517	7	118	6	2284	6.9
5 More than 3 months but within 12 months	657	7	1382	7	132	7	2194	6.6
6 More than 12 months ago	752	7	1268	6	180	10	2230	6.7
Valid responses =	10102	30	20809	63	1895	6	33183	98.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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FREQUENCY REPORT

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#### 33C) When, if ever, was the last time you had:

##### Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	8251	82	17392	84	1469	78	27413	82.8
2 Within the last 2 weeks	325	3	377	2	66	4	778	2.4
3 More than 2 weeks but within 30 days	136	1	175	1	27	1	347	1.0
4 More than 30 days but within 3 months	248	3	406	2	56	3	725	2.2
5 More than 3 months but within 12 months	345	3	646	3	79	4	1084	3.3
6 More than 12 months ago	763	8	1756	9	196	10	2745	8.3
Valid responses =	10068	30	20752	63	1893	6	33092	98.0

Invalid responses include no response.

#### 34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse?

(only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	36	1	43	0	10	1	91	0.5
1 1 Partner	3802	70	9051	73	677	67	13625	71.9
2 2 Partners	604	11	1464	12	147	15	2238	11.8
3 3 Partners	324	6	715	6	69	7	1122	5.9
4 4 Partners	201	4	405	3	29	3	642	3.4
5 5 Partners	117	2	238	2	25	3	384	2.0
6 6 Partners	86	2	147	1	20	2	256	1.4
7 7 Partners	57	1	81	1	6	1	146	0.8
8 8 to 10 Partners	91	2	119	1	15	2	231	1.2
9 11 or More Partners	106	2	84	1	16	2	209	1.1
Valid responses =	5424	29	12347	65	1014	5	18944	56.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.08	1.00	3.48	0	69
Cis Women	1.69	1.00	1.91	0	62
Trans/Gender Non-conforming	2.13	1.00	4.22	0	70
Overall	1.83	1.00	2.67	0	70

#### 35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

##### Women or females

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	538	10	11052	92	591	62	12257	66.4
2 Yes	4811	90	933	8	369	38	6189	33.6
Valid responses =	5349	29	11985	65	960	5	18446	54.6

Invalid responses include no response.

#### 35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

##### Men or males

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4563	88	638	5	362	38	5630	30.4
2 Yes	605	12	11621	95	603	63	12913	69.6
Valid responses =	5168	28	12259	66	965	5	18543	54.9

Invalid responses include no response.

#### 35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

##### Trans women

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5092	99	11841	100	844	91	17911	98.9
2 Yes	39	1	63	1	89	10	199	1.1
Valid responses =	5131	28	11904	66	933	5	18110	53.6

Invalid responses include no response.

#### 35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

##### Trans men

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5081	99	11840	100	852	91	17903	98.9
2 Yes	45	1	53	0	88	9	201	1.1
Valid responses =	5126	28	11893	66	940	5	18104	53.6

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

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**35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)**  
**Genderqueer**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4994	97	11733	99	724	76	17572	96.9
2 Yes	141	3	168	1	235	25	568	3.1
Valid responses =	5135	28	11901	66	959	5	18140	53.7

Invalid responses include no response.

**35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)**  
**Person(s) with another identity**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5042	99	11799	100	812	88	17772	98.5
2 Yes	73	1	62	1	111	12	268	1.5
Valid responses =	5115	28	11861	66	923	5	18040	53.4

Invalid responses include no response.

**36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during: (only includes students that have had oral sex within the last 30 days)**  
**Oral sex (oral/genital contact)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2990	89	7052	90	525	85	10659	89.6
2 Rarely	116	3	214	3	27	4	360	3.0
3 Sometimes	92	3	153	2	19	3	268	2.3
4 Most of the time	62	2	129	2	17	3	214	1.8
5 Always	117	4	249	3	27	4	399	3.4
Valid responses =	3377	28	7797	66	615	5	11900	35.2

Invalid responses include no response.

**36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)**  
**Vaginal intercourse (penis in vagina)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1236	38	3799	46	189	38	5258	43.3
2 Rarely	229	7	588	7	23	5	847	7.0
3 Sometimes	296	9	748	9	58	12	1112	9.2
4 Most of the time	495	15	1037	13	63	13	1610	13.2
5 Always	1008	31	2128	26	164	33	3324	27.4
Valid responses =	3264	27	8300	68	497	4	12151	36.0

Invalid responses include no response.

**36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during: (only includes students that have had anal intercourse within the last 30 days)**  
**Anal intercourse (penis in anus)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	231	50	398	72	44	48	680	60.8
2 Rarely	46	10	19	3	2	2	68	6.1
3 Sometimes	52	11	45	8	13	14	112	10.0
4 Most of the time	49	11	25	5	6	7	80	7.2
5 Always	81	18	64	12	26	29	178	15.9
Valid responses =	459	41	551	49	91	8	1118	3.3

Invalid responses include no response.

**37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)? (only includes students that have had vaginal intercourse within the last 12 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	3783	83	9388	84	632	84	13905	83.5
2 No, not want prevent pregnancy	158	4	282	3	11	2	458	2.7
3 No, did not use any method	532	12	1471	13	102	14	2124	12.7
4 Don't know	80	2	83	1	4	1	172	1.0
Valid responses =	4553	27	11224	67	749	4	16659	49.3

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

**38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control pills (monthly or extended cycle)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2201	58	5471	58	421	67	8161	58.7
1 Selected	1582	42	3917	42	211	33	5744	41.3
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.

**38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control shots**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3718	98	9225	98	616	98	13659	98.2
1 Selected	65	2	163	2	16	3	246	1.8
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.

**38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control implants**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3488	92	8748	93	574	91	12906	92.8
1 Selected	295	8	640	7	58	9	999	7.2
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.

**38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control patch**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3745	99	9308	99	624	99	13778	99.1
1 Selected	38	1	80	1	8	1	127	0.9
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.

**38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**The ring**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3715	98	9211	98	622	98	13647	98.1
1 Selected	68	2	177	2	10	2	258	1.9
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.

**38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Emergency contraception ("morning after pill" or "Plan B")**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3608	95	8918	95	607	96	13231	95.2
1 Selected	175	5	470	5	25	4	674	4.8
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.

**38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Intrauterine device (IUD)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3228	85	7691	82	505	80	11507	82.8
1 Selected	555	15	1697	18	127	20	2398	17.2
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.



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**38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Male (external) condom

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1628	43	4898	52	284	45	6858	49.3
1 Selected	2155	57	4490	48	348	55	7047	50.7
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.

**38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Female (internal) condom

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3773	100	9367	100	627	99	13868	99.7
1 Selected	10	0	21	0	5	1	37	0.3
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.

**38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Diaphragm or cervical cap

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3774	100	9384	100	632	100	13892	99.9
1 Selected	9	0	4	0	0	0	13	0.1
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.

**38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Contraceptive sponge

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3780	100	9386	100	631	100	13899	100.0
1 Selected	3	0	2	0	1	0	6	0.0
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.

**38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Withdrawal

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3112	82	7344	78	511	81	11047	79.4
1 Selected	671	18	2044	22	121	19	2858	20.6
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.

**38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Fertility awareness (for example: calendar, mucous, and basal body temperature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3651	97	8847	94	574	91	13169	94.7
1 Selected	132	4	541	6	58	9	736	5.3
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.

**38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Sterilization (for example: hysterectomy, tubes tied, or vasectomy)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3689	98	9145	97	613	97	13545	97.4
1 Selected	94	3	243	3	19	3	360	2.6
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.



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**38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
Don't know

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3752	99	9372	100	629	100	13852	99.6
1 Selected	31	1	16	0	3	1	53	0.4
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.

**38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
Other method

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3739	99	9282	99	608	96	13329	98.7
1 Selected	44	1	106	1	24	4	176	1.3
Valid responses =	3783	27	9388	68	632	5	13905	41.2

Invalid responses include no response.

**39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")?**  
(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3667	81	8938	80	606	81	13307	80.2
2 Yes	695	15	2046	18	107	14	2875	17.3
3 Don't know	123	3	30	0	10	1	165	1.0
4 Not applicable	62	1	161	1	25	3	254	1.5
Valid responses =	4547	27	11175	67	748	5	16601	49.2

Invalid responses include no response.

**40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4380	96	10898	97	728	97	16127	96.9
2 Yes, unintentionally	43	1	133	1	7	1	185	1.1
3 Yes, intentionally	99	2	140	1	8	1	250	1.5
4 Don't know	32	1	37	0	6	1	81	0.5
Valid responses =	4554	27	11208	67	749	5	16643	49.3

Invalid responses include no response.

**41A) Below are 8 statements with which you may agree or disagree.**

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I lead a purposeful and meaningful life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	281	3	300	1	76	4	684	2.0
2 Disagree	411	4	617	3	149	8	1202	3.6
3 Slightly disagree	497	5	922	4	197	10	1648	4.9
4 Neither agree nor disagree	990	10	2007	10	283	15	3342	10.0
5 Slightly agree	1824	18	4047	19	424	22	6359	19.0
6 Agree	3597	35	7871	37	538	28	12114	36.2
7 Strongly agree	2577	25	5260	25	238	13	8138	24.3
Valid responses =	10177	30	21024	63	1905	6	33487	99.2

Invalid responses include no response.

**41B) Below are 8 statements with which you may agree or disagree.**

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	204	2	260	1	40	2	522	1.6
2 Disagree	275	3	446	2	66	4	804	2.4
3 Slightly disagree	443	4	787	4	116	6	1371	4.1
4 Neither agree nor disagree	837	8	1349	6	157	8	2385	7.1
5 Slightly agree	1955	19	4120	20	438	23	6591	19.7
6 Agree	3854	38	8312	40	702	37	12997	38.8
7 Strongly agree	2607	26	5751	27	387	20	8818	26.3
Valid responses =	10175	30	21025	63	1906	6	33488	99.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	240	2	364	2	61	3	681	2.0
2 Disagree	371	4	733	4	146	8	1280	3.8
3 Slightly disagree	623	6	1445	7	243	13	2347	7.0
4 Neither agree nor disagree	915	9	1906	9	219	12	3096	9.2
5 Slightly agree	2242	22	5154	25	483	25	7972	23.8
6 Agree	3692	36	7484	36	550	29	11830	35.3
7 Strongly agree	2085	21	3937	19	201	11	6272	18.7
Valid responses =	10168	30	21023	63	1903	6	33478	99.1

Invalid responses include no response.

41D) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	177	2	202	1	45	2	440	1.3
2 Disagree	198	2	283	1	62	3	560	1.7
3 Slightly disagree	326	3	474	2	106	6	923	2.8
4 Neither agree nor disagree	986	10	1692	8	244	13	2983	8.9
5 Slightly agree	2166	21	4270	20	474	25	6984	20.9
6 Agree	3739	37	8551	41	621	33	13034	39.0
7 Strongly agree	2577	25	5530	26	352	19	8530	25.5
Valid responses =	10169	30	21002	63	1904	6	33454	99.1

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	144	1	198	1	47	3	404	1.2
2 Disagree	170	2	299	1	65	3	553	1.7
3 Slightly disagree	315	3	660	3	156	8	1160	3.5
4 Neither agree nor disagree	577	6	1188	6	170	9	1976	5.9
5 Slightly agree	1623	16	3726	18	442	23	5891	17.5
6 Agree	4051	40	8711	41	692	36	13588	40.6
7 Strongly agree	3289	32	6235	30	334	18	9932	29.7
Valid responses =	10169	30	21017	63	1906	6	33472	99.1

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	179	2	210	1	57	3	465	1.4
2 Disagree	207	2	238	1	80	4	543	1.6
3 Slightly disagree	347	3	570	3	139	7	1082	3.2
4 Neither agree nor disagree	1002	10	1557	7	303	16	2921	8.7
5 Slightly agree	1733	17	3465	17	421	22	5685	17.0
6 Agree	3759	37	8522	41	597	31	12997	38.8
7 Strongly agree	2948	29	6451	31	308	16	9777	29.2
Valid responses =	10175	30	21013	63	1905	6	33470	99.1

Invalid responses include no response.

41G) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	326	3	420	2	122	6	891	2.7
2 Disagree	320	3	540	3	153	8	1039	3.1
3 Slightly disagree	513	5	1030	5	208	11	1779	5.3
4 Neither agree nor disagree	931	9	1667	8	253	13	2900	8.7
5 Slightly agree	1749	17	3803	18	402	21	6039	18.0
6 Agree	3143	31	7275	35	468	25	10982	32.8
7 Strongly agree	3189	31	6279	30	300	16	9840	29.4
Valid responses =	10171	30	21014	63	1906	6	33470	99.1

Invalid responses include no response.



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41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

People respect me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	195	2	239	1	56	3	508	1.5
2 Disagree	221	2	323	2	95	5	653	2.0
3 Slightly disagree	339	3	709	3	167	9	1246	3.7
4 Neither agree nor disagree	1304	13	2266	11	363	19	4009	12.0
5 Slightly agree	1886	19	3920	19	452	24	6318	18.9
6 Agree	3863	38	8692	41	567	30	13239	39.6
7 Strongly agree	2361	23	4868	23	206	11	7498	22.4
Valid responses =	10169	30	21017	63	1906	6	33471	99.1

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.<sup>1</sup>

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	92	1	187	1	36	2	325	1.0
1 Rarely true	224	2	577	3	117	6	934	2.8
2 Sometimes true	1807	18	4756	23	620	33	7302	21.8
3 Often true	4589	45	9450	45	736	39	14927	44.6
4 True nearly all the time	3461	34	6056	29	395	21	9991	29.8
Valid responses =	10173	30	21026	63	1904	6	33479	99.1

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.<sup>1</sup>

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	114	1	294	1	37	2	456	1.4
1 Rarely true	314	3	836	4	163	9	1339	4.0
2 Sometimes true	1657	16	4471	21	606	32	6843	20.5
3 Often true	3965	39	8799	42	710	37	13600	40.7
4 True nearly all the time	4106	40	6594	31	389	20	11194	33.5
Valid responses =	10156	30	20994	63	1905	6	33432	99.0

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3181	32	3395	16	330	17	7020	21.2
2 Yes	6866	68	17468	84	1568	83	26152	78.8
Valid responses =	10047	30	20863	63	1898	6	33172	98.2

Invalid responses include no response.

44A) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel nervous?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	1077	11	1119	5	65	3	2294	6.9
1 A little of the time	3062	30	4343	21	262	14	7729	23.1
2 Some of the time	3906	38	8393	40	654	34	13084	39.1
3 Most of the time	1539	15	4860	23	605	32	7094	21.2
4 All of the time	584	6	2300	11	317	17	3248	9.7
Valid responses =	10168	30	21015	63	1903	6	33449	99.0

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel hopeless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	4210	42	7452	36	348	18	12106	36.3
1 A little of the time	2789	28	6107	29	510	27	9503	28.5
2 Some of the time	2156	21	5154	25	643	34	8056	24.2
3 Most of the time	682	7	1591	8	277	15	2598	7.8
4 All of the time	284	3	627	3	120	6	1047	3.1
Valid responses =	10121	30	20931	63	1898	6	33310	98.6

Invalid responses include no response.



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44C) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel restless or fidgety?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	2071	20	3206	15	131	7	5462	16.4
1 A little of the time	2799	28	5003	24	261	14	8122	24.4
2 Some of the time	3047	30	6761	32	520	27	10435	31.3
3 Most of the time	1530	15	4150	20	600	32	6366	19.1
4 All of the time	683	7	1816	9	387	20	2937	8.8
Valid responses =	10130	30	20936	63	1899	6	33322	98.7

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	5266	52	8807	42	496	26	14694	44.0
1 A little of the time	2726	27	6318	30	591	31	9734	29.1
2 Some of the time	1492	15	4141	20	538	28	6265	18.7
3 Most of the time	467	5	1212	6	198	10	1905	5.7
4 All of the time	207	2	526	3	82	4	830	2.5
Valid responses =	10158	30	21004	63	1905	6	33428	99.0

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel that everything was an effort?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	2806	28	4554	22	195	10	7621	22.8
1 A little of the time	3055	30	5779	28	348	18	9265	27.7
2 Some of the time	2548	25	5746	27	525	28	8912	26.7
3 Most of the time	1242	12	3245	16	465	24	5016	15.0
4 All of the time	511	5	1677	8	370	19	2611	7.8
Valid responses =	10162	30	21001	63	1903	6	33425	99.0

Invalid responses include no response.

44F) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel worthless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	5806	57	11048	53	591	31	17590	52.7
1 A little of the time	2081	21	4783	23	482	25	7417	22.2
2 Some of the time	1372	14	3155	15	455	24	5062	15.2
3 Most of the time	541	5	1227	6	214	11	2020	6.0
4 All of the time	352	4	776	4	161	9	1313	3.9
Valid responses =	10152	30	20989	63	1903	6	33402	98.9

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you.

How often do you feel that you lack companionship?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	3818	38	7665	37	496	26	12090	36.1
2 Some of the time	4118	41	9583	46	882	46	14736	44.0
3 Often	2232	22	3777	18	527	28	6641	19.8
Valid responses =	10168	30	21025	63	1905	6	33467	99.1

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you.

How often do you feel left out?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	4027	40	6883	33	418	22	11444	34.2
2 Some of the time	4511	44	10250	49	939	49	15858	47.4
3 Often	1623	16	3890	19	548	29	6154	18.4
Valid responses =	10161	30	21023	63	1905	6	33456	99.1

Invalid responses include no response.



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45C) Indicate how often each of the statements below is descriptive of you.

How often do you feel isolated from others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	3954	39	7549	36	398	21	12005	35.9
2 Some of the time	4139	41	9236	44	833	44	14369	43.0
3 Often	2071	20	4229	20	673	35	7078	21.2
Valid responses =	10164	30	21014	63	1904	6	33452	99.0
Invalid responses include no response.								

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	9391	93	18743	89	1296	68	29718	89.0
2 Once or twice	598	6	1730	8	420	22	2803	8.4
3 Monthly	101	1	329	2	126	7	577	1.7
4 Weekly	31	0	134	1	42	2	215	0.6
5 Daily or almost daily	13	0	49	0	11	1	78	0.2
Valid responses =	10134	30	20985	63	1895	6	33391	98.9
Invalid responses include no response.								

47A1) Within the last 12 months, have you had problems or challenges with any the following?

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5738	57	10864	52	728	38	17489	52.4
2 Yes	4412	44	10129	48	1174	62	15908	47.6
Valid responses =	10150	30	20993	63	1902	6	33397	98.9
Invalid responses include no response.								

47A2) Within the last 12 months, have you had problems or challenges with any the following?

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6895	68	13775	66	1101	58	21968	65.9
2 Yes	3248	32	7189	34	798	42	11385	34.1
Valid responses =	10143	30	20964	63	1899	6	33353	98.8
Invalid responses include no response.								

47A3) Within the last 12 months, have you had problems or challenges with any the following?

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6254	62	11161	53	865	46	18467	55.4
2 Yes	3879	38	9811	47	1037	55	14887	44.6
Valid responses =	10133	30	20972	63	1902	6	33354	98.8
Invalid responses include no response.								

47A4) Within the last 12 months, have you had problems or challenges with any the following?

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3135	31	5721	27	316	17	9264	27.8
2 Yes	6994	69	15259	73	1583	83	24094	72.2
Valid responses =	10129	30	20980	63	1899	6	33358	98.8
Invalid responses include no response.								

47A5) Within the last 12 months, have you had problems or challenges with any the following?

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9006	89	18545	89	1576	83	29404	88.3
2 Yes	1119	11	2391	11	316	17	3892	11.7
Valid responses =	10125	30	20936	63	1892	6	33296	98.6
Invalid responses include no response.								





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#### 47A6) Within the last 12 months, have you had problems or challenges with any the following?

##### Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7477	74	12568	60	818	43	21053	63.2
2 Yes	2645	26	8375	40	1081	57	12258	36.8
Valid responses =	10122	30	20943	63	1899	6	33311	98.6

Invalid responses include no response.

#### 47A7) Within the last 12 months, have you had problems or challenges with any the following?

##### Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6691	66	12929	62	1088	57	20923	62.8
2 Yes	3435	34	8011	38	810	43	12387	37.2
Valid responses =	10126	30	20940	63	1898	6	33310	98.6

Invalid responses include no response.

#### 47A8) Within the last 12 months, have you had problems or challenges with any the following?

##### Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8362	83	15485	74	1362	72	25467	76.6
2 Yes	1746	17	5430	26	533	28	7795	23.4
Valid responses =	10108	30	20915	63	1895	6	33262	98.5

Invalid responses include no response.

#### 47A9) Within the last 12 months, have you had problems or challenges with any the following?

##### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8305	82	15845	76	1282	68	25662	77.2
2 Yes	1794	18	5055	24	611	32	7576	22.8
Valid responses =	10099	30	20900	63	1893	6	33238	98.4

Invalid responses include no response.

#### 47A10) Within the last 12 months, have you had problems or challenges with any the following?

##### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6379	63	9179	44	568	30	16272	48.9
2 Yes	3739	37	11755	56	1325	70	17018	51.1
Valid responses =	10118	30	20934	63	1893	6	33290	98.6

Invalid responses include no response.

#### 47A11) Within the last 12 months, have you had problems or challenges with any the following?

##### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6708	66	12271	59	1005	53	20180	60.7
2 Yes	3405	34	8645	41	891	47	13088	39.3
Valid responses =	10113	30	20916	63	1896	6	33268	98.5

Invalid responses include no response.

#### 47A12) Within the last 12 months, have you had problems or challenges with any the following?

##### Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8057	80	15611	75	1424	75	25346	76.1
2 Yes	2072	21	5325	25	473	25	7959	23.9
Valid responses =	10129	30	20936	63	1897	6	33305	98.6

Invalid responses include no response.

#### 47A13) Within the last 12 months, have you had problems or challenges with any the following?

##### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9605	95	19442	93	1679	89	31032	93.1
2 Yes	534	5	1522	7	219	12	2311	6.9
Valid responses =	10139	30	20964	63	1898	6	33343	98.7

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

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(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 47A14) Within the last 12 months, have you had problems or challenges with any the following?

Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9858	97	20320	97	1762	93	32259	96.7
2 Yes	282	3	642	3	136	7	1088	3.3
Valid responses =	10140	30	20962	63	1898	6	33347	98.7

Invalid responses include no response.

#### 47A15) Within the last 12 months, have you had problems or challenges with any the following?

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9969	98	20717	99	1873	99	32893	98.7
2 Yes	170	2	242	1	26	1	449	1.3
Valid responses =	10139	30	20959	63	1899	6	33342	98.7

Invalid responses include no response.

#### 47A16) Within the last 12 months, have you had problems or challenges with any the following?

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8963	88	17178	82	1035	54	27395	82.2
2 Yes	1172	12	3782	18	866	46	5950	17.8
Valid responses =	10135	30	20960	63	1901	6	33345	98.7

Invalid responses include no response.

#### 47A17) Within the last 12 months, have you had problems or challenges with any the following?

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9825	97	18406	88	1549	81	30076	90.2
2 Yes	314	3	2550	12	353	19	3266	9.8
Valid responses =	10139	30	20956	63	1902	6	33342	98.7

Invalid responses include no response.

#### 47A18) Within the last 12 months, have you had problems or challenges with any the following?

Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9227	91	18668	89	1400	74	29569	88.7
2 Yes	909	9	2290	11	499	26	3767	11.3
Valid responses =	10136	30	20958	63	1899	6	33336	98.7

Invalid responses include no response.

#### 47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	58	1	50	1	8	1	118	0.7
2 Minimal Distress	750	17	1193	12	132	11	2100	13.2
3 Moderate Distress	1979	45	4164	41	477	41	6686	42.2
4 High Distress	1606	37	4699	47	553	47	6952	43.8
Valid responses =	4393	28	10106	64	1170	7	15856	46.9

Invalid responses include no response.

#### 47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	95	3	146	2	16	2	260	2.3
2 Minimal Distress	826	26	1654	23	201	25	2719	24.0
3 Moderate Distress	1380	43	3023	42	341	43	4796	42.3
4 High Distress	929	29	2337	33	237	30	3555	31.4
Valid responses =	3230	29	7160	63	795	7	11330	33.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	85	2	104	1	14	1	204	1.4
2 Minimal Distress	1079	28	2187	22	199	19	3495	23.6
3 Moderate Distress	1621	42	3952	40	389	38	6030	40.7
4 High Distress	1075	28	3534	36	430	42	5095	34.4
Valid responses =	3860	26	9777	66	1032	7	14824	43.9

Invalid responses include no response.

47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	276	4	334	2	31	2	648	2.7
2 Minimal Distress	2541	37	4754	31	405	26	7753	32.4
3 Moderate Distress	2703	39	6145	41	628	40	9579	40.0
4 High Distress	1432	21	3953	26	508	32	5983	25.0
Valid responses =	6952	29	15186	63	1572	7	23963	71.0

Invalid responses include no response.

47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	79	7	111	5	19	6	213	5.5
2 Minimal Distress	449	40	922	39	123	39	1522	39.4
3 Moderate Distress	375	34	839	35	109	35	1343	34.8
4 High Distress	209	19	504	21	61	20	785	20.3
Valid responses =	1112	29	2376	62	312	8	3863	11.4

Invalid responses include no response.

47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	108	4	192	2	17	2	321	2.6
2 Minimal Distress	959	36	2418	29	252	23	3671	30.1
3 Moderate Distress	980	37	3217	39	391	36	4646	38.1
4 High Distress	587	22	2500	30	417	39	3553	29.1
Valid responses =	2634	22	8327	68	1077	9	12191	36.1

Invalid responses include no response.

47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	155	5	269	3	31	4	457	3.7
2 Minimal Distress	1066	31	2561	32	251	31	3921	31.8
3 Moderate Distress	1206	35	2873	36	277	34	4392	35.6
4 High Distress	992	29	2280	29	249	31	3567	28.9
Valid responses =	3419	28	7983	65	808	7	12337	36.5

Invalid responses include no response.

47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	106	6	209	4	21	4	339	4.4
2 Minimal Distress	826	48	2067	38	175	33	3098	39.9
3 Moderate Distress	520	30	1875	35	178	34	2601	33.5
4 High Distress	283	16	1258	23	157	30	1720	22.2
Valid responses =	1735	22	5409	70	531	7	7758	23.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	122	7	259	5	34	6	420	5.6
2 Minimal Distress	901	51	2346	47	247	41	3542	47.1
3 Moderate Distress	543	31	1726	34	221	36	2526	33.6
4 High Distress	213	12	694	14	105	17	1034	13.7
Valid responses =	1779	24	5025	67	607	8	7522	22.3

Invalid responses include no response.

#### 47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	169	5	266	2	29	2	467	2.8
2 Minimal Distress	1773	48	4437	38	432	33	6720	39.7
3 Moderate Distress	1243	33	4311	37	486	37	6107	36.1
4 High Distress	537	14	2686	23	371	28	3640	21.5
Valid responses =	3722	22	11700	69	1318	8	16934	50.1

Invalid responses include no response.

#### 47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	183	5	329	4	27	3	542	4.2
2 Minimal Distress	1242	37	2729	32	287	32	4308	33.1
3 Moderate Distress	1296	38	3280	38	309	35	4941	37.9
4 High Distress	669	20	2274	26	263	30	3240	24.9
Valid responses =	3390	26	8612	66	886	7	13031	38.6

Invalid responses include no response.

#### 47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	109	5	175	3	22	5	309	3.9
2 Minimal Distress	567	27	1090	21	97	21	1776	22.4
3 Moderate Distress	717	35	1816	34	130	28	2691	33.9
4 High Distress	673	33	2229	42	223	47	3158	39.8
Valid responses =	2066	26	5310	67	472	6	7934	23.5

Invalid responses include no response.

#### 47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	67	13	113	8	12	6	194	8.4
2 Minimal Distress	186	35	499	33	75	35	775	33.7
3 Moderate Distress	161	30	520	34	72	33	761	33.1
4 High Distress	118	22	383	25	58	27	570	24.8
Valid responses =	532	23	1515	66	217	9	2300	6.8

Invalid responses include no response.

#### 47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	43	15	81	13	14	10	141	13.1
2 Minimal Distress	105	38	208	33	51	38	376	34.8
3 Moderate Distress	72	26	200	31	41	30	320	29.7
4 High Distress	60	21	148	23	29	22	242	22.4
Valid responses =	280	26	637	59	135	13	1079	3.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	34	20	61	25	8	31	104	23.3
2 Minimal Distress	52	31	80	33	8	31	143	32.1
3 Moderate Distress	50	29	59	25	5	19	116	26.0
4 High Distress	34	20	41	17	5	19	83	18.6
Valid responses =	170	38	241	54	26	6	446	1.3

Invalid responses include no response.

#### 47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	203	17	354	9	63	7	629	10.6
2 Minimal Distress	624	53	2055	55	436	51	3180	53.6
3 Moderate Distress	245	21	987	26	259	30	1531	25.8
4 High Distress	98	8	373	10	106	12	589	9.9
Valid responses =	1170	20	3769	64	864	15	5929	17.6

Invalid responses include no response.

#### 47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	27	9	151	6	14	4	194	6.0
2 Minimal Distress	141	45	991	39	129	37	1269	39.1
3 Moderate Distress	87	28	814	32	113	32	1028	31.7
4 High Distress	59	19	583	23	94	27	755	23.3
Valid responses =	314	10	2539	78	350	11	3246	9.6

Invalid responses include no response.

#### 47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	120	13	144	6	17	3	284	7.6
2 Minimal Distress	394	43	1043	46	181	36	1642	43.8
3 Moderate Distress	267	29	719	32	198	40	1206	32.1
4 High Distress	127	14	374	16	102	21	620	16.5
Valid responses =	908	24	2280	61	498	13	3752	11.1

Invalid responses include no response.

#### 47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2031	63	4457	62	488	61	7069	62.5
2 Negatively impacted performance in a class	896	28	1932	27	230	29	3097	27.4
3 Delayed progress towards degree	292	9	756	11	79	10	1138	10.1
Valid responses =	3219	28	7145	63	797	7	11304	33.5

Invalid responses include no response.

#### 47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2564	67	6587	67	633	61	9875	66.7
2 Negatively impacted performance in a class	942	24	2262	23	284	28	3532	23.8
3 Delayed progress towards degree	349	9	921	9	117	11	1406	9.5
Valid responses =	3855	26	9770	66	1034	7	14813	43.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2492	36	5679	37	416	26	8659	36.1
2 Negatively impacted performance in a class	3732	54	7902	52	953	60	12728	53.1
3 Delayed progress towards degree	737	11	1603	11	210	13	2591	10.8
Valid responses =	6961	29	15184	63	1579	7	23978	71.0

Invalid responses include no response.

#### 47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	517	47	1044	44	130	41	1715	44.6
2 Negatively impacted performance in a class	412	37	985	42	150	48	1576	41.0
3 Delayed progress towards degree	173	16	332	14	35	11	550	14.3
Valid responses =	1102	29	2361	61	315	8	3841	11.4

Invalid responses include no response.

#### 47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1880	72	5598	67	666	62	8235	67.7
2 Negatively impacted performance in a class	596	23	2183	26	331	31	3157	26.0
3 Delayed progress towards degree	151	6	526	6	76	7	767	6.3
Valid responses =	2627	22	8307	68	1073	9	12159	36.0

Invalid responses include no response.

#### 47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2377	70	5553	70	551	68	8555	69.4
2 Negatively impacted performance in a class	867	25	2070	26	215	27	3195	25.9
3 Delayed progress towards degree	168	5	351	4	41	5	570	4.6
Valid responses =	3412	28	7974	65	807	7	12320	36.5

Invalid responses include no response.

#### 47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1335	77	4191	78	382	72	5958	76.9
2 Negatively impacted performance in a class	336	19	1022	19	120	23	1504	19.4
3 Delayed progress towards degree	62	4	187	4	29	6	286	3.7
Valid responses =	1733	22	5400	70	531	7	7748	22.9

Invalid responses include no response.

#### 47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1384	78	3974	79	437	72	5865	78.2
2 Negatively impacted performance in a class	339	19	901	18	144	24	1416	18.9
3 Delayed progress towards degree	56	3	130	3	25	4	221	2.9
Valid responses =	1779	24	5005	67	606	8	7502	22.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3262	88	10243	88	1110	84	14776	87.3
2 Negatively impacted performance in a class	373	10	1211	10	178	14	1786	10.6
3 Delayed progress towards degree	83	2	236	2	33	3	361	2.1
Valid responses =	3718	22	11690	69	1321	8	16923	50.1

Invalid responses include no response.

#### 47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2580	76	6228	72	600	68	9506	73.0
2 Negatively impacted performance in a class	670	20	1969	23	225	25	2899	22.3
3 Delayed progress towards degree	135	4	411	5	60	7	615	4.7
Valid responses =	3385	26	8608	66	885	7	13020	38.6

Invalid responses include no response.

#### 47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1333	65	3048	58	237	50	4665	58.9
2 Negatively impacted performance in a class	580	28	1816	34	175	37	2599	32.8
3 Delayed progress towards degree	152	7	435	8	60	13	657	8.3
Valid responses =	2065	26	5299	67	472	6	7921	23.5

Invalid responses include no response.

#### 47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	378	72	1020	68	140	64	1558	68.1
2 Negatively impacted performance in a class	107	20	381	25	58	27	558	24.4
3 Delayed progress towards degree	43	8	105	7	21	10	173	7.6
Valid responses =	528	23	1506	66	219	10	2289	6.8

Invalid responses include no response.

#### 47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	195	70	459	72	97	71	770	71.4
2 Negatively impacted performance in a class	62	22	141	22	29	21	235	21.8
3 Delayed progress towards degree	23	8	37	6	10	7	74	6.9
Valid responses =	280	26	637	59	136	13	1079	3.2

Invalid responses include no response.

#### 47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	97	58	154	65	15	58	268	61.0
2 Negatively impacted performance in a class	52	31	61	26	8	31	126	28.7
3 Delayed progress towards degree	18	11	21	9	3	12	45	10.3
Valid responses =	167	38	236	54	26	6	439	1.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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**47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype) Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	987	85	3121	83	695	81	4895	82.9
2 Negatively impacted performance in a class	143	12	507	14	145	17	815	13.8
3 Delayed progress towards degree	36	3	125	3	23	3	194	3.3
Valid responses =	1166	20	3753	64	863	15	5904	17.5

Invalid responses include no response.

**47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	239	77	1993	79	253	72	2510	77.5
2 Negatively impacted performance in a class	52	17	439	17	74	21	574	17.7
3 Delayed progress towards degree	20	6	100	4	24	7	153	4.7
Valid responses =	311	10	2532	78	351	11	3237	9.6

Invalid responses include no response.

**47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Discrimination**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	690	76	1662	73	351	71	2744	73.4
2 Negatively impacted performance in a class	166	18	473	21	117	24	768	20.6
3 Delayed progress towards degree	48	5	136	6	29	6	224	6.0
Valid responses =	904	24	2271	61	497	13	3736	11.1

Invalid responses include no response.

**48) Within the last 30 days, how would you rate the overall level of stress you have experienced?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	355	4	181	1	21	1	568	1.7
2 Low	3154	31	3539	17	255	13	7026	21.0
3 Moderate	4673	46	10690	51	860	45	16384	48.9
4 High	1987	20	6641	32	771	40	9522	28.4
Valid responses =	10169	30	21051	63	1907	6	33500	99.2

Invalid responses include no response.

**49) Have you ever thought about or attempted to kill yourself?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	5941	59	11488	55	410	22	17990	53.9
2 Just a brief passing thought	2497	25	5137	25	475	25	8192	24.5
3 Planned at least once, but did not try to do it	842	8	2075	10	353	19	3323	9.9
4 Planned at least once, wanted to die	484	5	1109	5	297	16	1925	5.8
5 Attempted, but did not want to die	175	2	505	2	123	7	823	2.5
6 Attempted, really hoped to die	217	2	676	3	246	13	1154	3.5
Valid responses =	10156	30	20990	63	1904	6	33407	98.9

Invalid responses include no response.

**50) How often have you thought about killing yourself in the past year?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	7321	72	14376	69	754	40	22652	67.8
2 Rarely (1 time)	1180	12	2651	13	315	17	4192	12.6
3 Sometimes (2 times)	774	8	2007	10	313	17	3131	9.4
4 Often (3-4 times)	366	4	968	5	172	9	1528	4.6
5 Very often (5 or more times)	514	5	978	5	348	18	1888	5.7
Valid responses =	10155	30	20980	63	1902	6	33391	98.9

Invalid responses include no response.





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#### 51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8542	84	16674	79	1121	59	26592	79.6
2 Yes, one time, did not want to die	831	8	2110	10	238	13	3212	9.6
3 Yes, one time, wanted to die	350	3	974	5	210	11	1550	4.6
4 Yes, more than once, did not want to do it	243	2	672	3	132	7	1069	3.2
5 Yes, more than once, wanted to do it	182	2	557	3	200	11	966	2.9
Valid responses =	10148	30	20987	63	1901	6	33389	98.9

Invalid responses include no response.

#### 52) How likely is it that you will attempt suicide someday?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	6823	67	14105	67	639	34	21752	65.1
1 No chance at all	1304	13	2585	12	279	15	4215	12.6
2 Rather unlikely	1363	13	2790	13	505	27	4720	14.1
3 Unlikely	392	4	962	5	261	14	1642	4.9
4 Likely	169	2	407	2	137	7	731	2.2
5 Rather likely	51	1	83	0	45	2	183	0.5
6 Very likely	50	1	66	0	33	2	158	0.5
Valid responses =	10152	30	20998	63	1899	6	33401	98.9

Invalid responses include no response.

#### 53) Within the last 12 months, have you attempted suicide?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9872	97	20522	98	1777	94	32527	97.5
2 Yes	274	3	427	2	119	6	833	2.5
Valid responses =	10146	30	20949	63	1896	6	33360	98.8

Invalid responses include no response.

#### 54A) Have you ever received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6334	62	9283	44	468	25	16235	48.5
2 Yes	3835	38	11757	56	1437	75	17234	51.5
Valid responses =	10169	30	21040	63	1905	6	33469	99.1

Invalid responses include no response.

#### 54B) Within in the last 12 months, have you received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7947	78	12995	62	797	42	21933	65.6
2 Yes	2215	22	8025	38	1107	58	11504	34.4
Valid responses =	10162	30	21020	63	1904	6	33437	99.0

Invalid responses include no response.

#### 54C1) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

My current campus health and/or counseling center?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1237	58	4791	62	688	64	6811	61.1
2 Yes	900	42	2992	38	389	36	4330	38.9
Valid responses =	2137	19	7783	70	1077	10	11141	33.0

Invalid responses include no response.

#### 54C2) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider in the local community near my campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1654	79	5857	76	759	71	8376	75.9
2 Yes	453	22	1866	24	313	29	2666	24.1
Valid responses =	2107	19	7723	70	1072	10	11042	32.7

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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Number of Surveys (n) = 33774 Web Surveys

**54C3) Were the psychological or mental health services you received in the last 12 months provided by:**  
(only includes students that received psychological or mental health services within the last 12 months)  
**A mental health provider in my home town?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1137	53	3787	49	507	47	5501	49.3
2 Yes	997	47	4019	52	570	53	5659	50.7
Valid responses =	2134	19	7806	70	1077	10	11160	33.0

Invalid responses include no response.

**54C4) Were the psychological or mental health services you received in the last 12 months provided by:**  
(only includes students that received psychological or mental health services within the last 12 months)  
**A mental health provider not described above**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1514	85	5215	86	706	83	7521	85.0
2 Yes	277	16	884	15	143	17	1329	15.0
Valid responses =	1791	20	6099	69	849	10	8850	26.2

Invalid responses include no response.

**55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4104	40	5087	24	429	23	9741	29.1
2 Yes	6056	60	15931	76	1472	77	23681	70.9
Valid responses =	10160	30	21018	63	1901	6	33422	99.0

Invalid responses include no response.

**55B1) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)**  
**My current campus health center?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3940	69	10435	68	993	70	15501	68.6
2 Yes	1791	31	4812	32	436	31	7106	31.4
Valid responses =	5731	25	15247	67	1429	6	22607	66.9

Invalid responses include no response.

**55B2) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)**  
**A medical service provider in the local community near my campus?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4190	74	10612	70	960	67	15899	70.7
2 Yes	1493	26	4561	30	467	33	6588	29.3
Valid responses =	5683	25	15173	67	1427	6	22487	66.6

Invalid responses include no response.

**55B3) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)**  
**A medical service provider in my home town?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1640	28	3854	25	401	28	5951	25.8
2 Yes	4240	72	11685	75	1039	72	17118	74.2
Valid responses =	5880	25	15539	67	1440	6	23069	68.3

Invalid responses include no response.

**55B4) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)**  
**A medical service provider not described above?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4320	93	10919	94	1014	92	16394	93.5
2 Yes	325	7	701	6	92	8	1135	6.5
Valid responses =	4645	26	11620	66	1106	6	17529	51.9

Invalid responses include no response.



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#### 56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6792	67	9879	47	1083	57	17971	53.8
2 Yes	426	4	10820	52	653	34	11976	35.8
3 Don't know	180	2	192	1	31	2	411	1.2
4 Not applicable	2765	27	135	1	136	7	3075	9.2
Valid responses =	10163	30	21026	63	1903	6	33433	99.0

Invalid responses include no response.

#### 57) Have you had a dental exam and cleaning in the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2798	28	5112	24	552	29	8572	25.6
2 Yes	7150	70	15574	74	1298	68	24259	72.4
3 Don't know	218	2	369	2	57	3	662	2.0
Valid responses =	10166	30	21055	63	1907	6	33493	99.2

Invalid responses include no response.

#### 58) When you are outdoors in the sun, how often do you wear sunscreen?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1994	20	1540	7	212	11	3819	11.4
2 Rarely	3186	31	3794	18	522	27	7594	22.7
3 Sometimes	3014	30	6559	31	565	30	10240	30.6
4 Usually	1654	16	6289	30	446	23	8463	25.3
5 Always	325	3	2879	14	163	9	3394	10.1
Valid responses =	10173	30	21061	63	1908	6	33510	99.2

Invalid responses include no response.

#### 59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

##### Wear a shirt with sleeves

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1875	19	3814	18	287	15	6046	18.1
2 Rarely	1987	20	4523	22	337	18	6897	20.7
3 Sometimes	2851	28	7195	34	616	32	10772	32.3
4 Usually	2380	24	4088	20	489	26	7027	21.1
5 Always	1046	10	1323	6	172	9	2583	7.8
Valid responses =	10139	30	20943	63	1901	6	33325	98.7

Invalid responses include no response.

#### 59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

##### Wear sunglasses

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2200	22	3196	15	472	25	5959	17.9
2 Rarely	1795	18	3348	16	392	21	5596	16.8
3 Sometimes	2463	24	5483	26	419	22	8459	25.4
4 Usually	2388	24	5857	28	392	21	8694	26.1
5 Always	1279	13	3068	15	223	12	4610	13.8
Valid responses =	10125	30	20952	63	1898	6	33318	98.6

Invalid responses include no response.

#### 59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

##### Stay in the shade

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	567	6	822	4	70	4	1489	4.5
2 Rarely	1146	11	2326	11	126	7	3637	10.9
3 Sometimes	4171	41	8480	41	578	30	13341	40.0
4 Usually	3678	36	7713	37	922	49	12431	37.3
5 Always	573	6	1622	8	204	11	2440	7.3
Valid responses =	10135	30	20963	63	1900	6	33338	98.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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#### 59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

##### Wear a hat

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2225	22	5193	25	526	28	8040	24.2
2 Rarely	2022	20	5581	27	431	23	8113	24.4
3 Sometimes	2855	28	6766	32	571	30	10286	30.9
4 Usually	2063	20	2641	13	270	14	5018	15.1
5 Always	961	10	732	4	96	5	1818	5.5
Valid responses =	10126	30	20913	63	1894	6	33275	98.5

Invalid responses include no response.

#### 60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	6290	63	9036	44	1246	67	16779	51.3
1 1 time	354	4	717	4	71	4	1156	3.5
2 2 times	589	6	1301	6	112	6	2019	6.2
3 3 times	371	4	954	5	76	4	1411	4.3
4 4 times	217	2	578	3	50	3	851	2.6
5 5 times	408	4	1228	6	66	4	1713	5.2
6 6 to 10 times	734	7	2401	12	120	7	3275	10.0
7 11 to 15 times	229	2	841	4	34	2	1110	3.4
8 16 to 20 times	252	3	1171	6	26	1	1455	4.4
9 21 to 49 times	263	3	1275	6	33	2	1574	4.8
10 50 or More times	239	2	1110	5	23	1	1383	4.2
Valid responses =	9946	30	20612	63	1857	6	32726	96.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	5.27	0.00	19.69	0	365
Cis Women	9.84	2.00	22.94	0	365
Trans/Gender Non-conforming	3.39	0.00	13.91	0	365
Overall	8.07	0.00	21.94	0	365

#### 61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	2453	24	3757	18	254	13	6530	19.6
2 Have started, but not completed HPV vaccine	340	3	1010	5	120	6	1484	4.5
3 Completed HPV vaccine	4303	43	11760	56	1083	57	17306	51.9
4 I don't know my HPV vaccination status	3031	30	4434	21	444	23	8006	24.0
Valid responses =	10127	30	20961	63	1901	6	33326	98.7

Invalid responses include no response.

#### 62) Did you have a flu vaccine within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3843	38	8017	38	692	36	12664	37.9
2 Yes	5709	56	11941	57	1090	57	18937	56.7
3 Don't know	599	6	1048	5	122	6	1802	5.4
Valid responses =	10151	30	21006	63	1904	6	33403	98.9

Invalid responses include no response.

#### COVIDVAXA Have you been vaccinated against COVID-19?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1695	17	2978	14	200	11	4926	14.8
2 Yes	8445	83	17983	86	1703	90	28425	85.2
Valid responses =	10140	30	20961	63	1903	6	33351	98.7

Invalid responses include no response.

#### COVIDVAXC Was your first COVID-19 vaccine the Johnson & Johnson vaccine? (only includes students who have been vaccinated against COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7528	84	16489	89	1546	87	25827	87.2
2 Yes	1411	16	2110	11	229	13	3784	12.8
Valid responses =	8939	30	18599	63	1775	6	29611	87.7

Invalid responses include no response.



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#### COVAXSTATUS Vaccination Status

(This variable was calculated using number of doses received and is based on whether a student received Johnson & Johnson as their first vaccine. Students studying in the U.S. on a visa were coded to missing for this variable, unless they reported not being vaccinated against COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Have not been vaccinated against COVID-19	1130	14	2257	12	114	7	3542	12.3
1 Received one dose of two-dose primary series	82	1	130	1	12	1	231	0.8
2 Received primary dose(s)	1974	24	4280	23	315	18	6618	23
3 Received primary dose(s) and one booster dose	4052	49	9134	50	912	53	14257	49.5
4 Received primary dose(s) and two or more booster doses	1118	13	2632	14	362	21	4164	14.5
Valid responses =	8356	29	18433	64	1715	6	28812	85.3

Invalid responses include no response.

#### COVIDINF Have you tested positive for COVID-19 within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5804	57	11324	54	1042	55	18358	55
2 Yes	4343	43	9661	46	857	45	15012	45
Valid responses =	10147	30	20985	63	1899	6	33370	98.8

Invalid responses include no response.

#### 63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9908	98	20091	96	1836	97	32139	96.8
2 Yes	194	2	801	4	56	3	1063	3.2
Valid responses =	10102	30	20892	63	1892	6	33202	98.3

Invalid responses include no response.

#### 63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9998	99	20559	99	1869	99	32732	98.9
2 Yes	71	1	265	1	13	1	354	1.1
Valid responses =	10069	30	20824	63	1882	6	33086	98.0

Invalid responses include no response.

#### 63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9978	100	20510	100	1865	100	32654	99.5
2 Yes	44	0	107	1	6	0	161	0.5
Valid responses =	10022	31	20617	63	1871	6	32815	97.2

Invalid responses include no response.

#### 63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7727	77	13291	64	1262	67	22502	67.8
2 Yes	2375	24	7581	36	629	33	10677	32.2
Valid responses =	10102	30	20872	63	1891	6	33179	98.2

Invalid responses include no response.

#### 63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9900	98	20253	97	1817	96	32273	97.3
2 Yes	187	2	612	3	75	4	886	2.7
Valid responses =	10087	30	20865	63	1892	6	33159	98.2

Invalid responses include no response.

#### 63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9993	99	20696	100	1873	100	32867	99.5
2 Yes	60	1	87	0	7	0	160	0.5
Valid responses =	10053	30	20783	63	1880	6	33027	97.8

Invalid responses include no response.



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#### 63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9175	91	18708	90	1686	89	29848	90.3
2 Yes	869	9	2098	10	199	11	3200	9.7
Valid responses =	10044	30	20806	63	1885	6	33048	97.9

Invalid responses include no response.

#### 63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10023	100	20675	100	1872	100	32875	99.7
2 Yes	28	0	66	0	5	0	105	0.3
Valid responses =	10051	30	20741	63	1877	6	32980	97.6

Invalid responses include no response.

#### 63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9906	99	20282	98	1848	99	32338	98.2
2 Yes	120	1	427	2	26	1	582	1.8
Valid responses =	10026	30	20709	63	1874	6	32920	97.5

Invalid responses include no response.

#### 63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9301	92	18745	90	1698	90	30026	90.6
2 Yes	793	8	2116	10	195	10	3132	9.4
Valid responses =	10094	30	20861	63	1893	6	33158	98.2

Invalid responses include no response.

#### 63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10054	100	20752	100	1878	100	32990	99.6
2 Yes	28	0	89	0	6	0	128	0.4
Valid responses =	10082	30	20841	63	1884	6	33118	98.1

Invalid responses include no response.

#### 63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9961	99	20510	99	1857	99	32635	98.8
2 Yes	94	1	269	1	22	1	390	1.2
Valid responses =	10055	30	20779	63	1879	6	33025	97.8

Invalid responses include no response.

#### 63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9986	100	20571	100	1862	99	32722	99.5
2 Yes	40	0	113	1	14	1	172	0.5
Valid responses =	10026	30	20684	63	1876	6	32894	97.4

Invalid responses include no response.

#### 63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9572	95	18808	90	1688	89	30343	91.5
2 Yes	514	5	2054	10	201	11	2805	8.5
Valid responses =	10086	30	20862	63	1889	6	33148	98.1

Invalid responses include no response.



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#### 63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9973	99	18196	87	1700	90	30148	91.1
2 Yes	102	1	2635	13	189	10	2961	8.9
Valid responses =	10075	30	20831	63	1889	6	33109	98.0

Invalid responses include no response.

#### 63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8150	97	15553	96	1370	95	25282	96.0
2 Yes	239	3	736	5	72	5	1066	4.0
Valid responses =	8389	32	16289	62	1442	5	26348	78.0

Invalid responses include no response.

#### 63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	117	64	377	48	23	43	522	50.8
2 Negatively impacted performance in a class	61	33	367	47	28	52	461	44.8
3 Delayed progress towards degree	6	3	36	5	3	6	45	4.4
Valid responses =	184	18	780	76	54	5	1028	3.0

Invalid responses include no response.

#### 63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	56	88	232	90	8	67	299	88.7
2 Negatively impacted performance in a class	7	11	21	8	4	33	32	9.5
3 Delayed progress towards degree	1	2	5	2	0	0	6	1.8
Valid responses =	64	19	258	77	12	4	337	1.0

Invalid responses include no response.

#### 63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	35	85	101	96	2	50	140	92.1
2 Negatively impacted performance in a class	4	10	2	2	2	50	8	5.3
3 Delayed progress towards degree	2	5	2	2	0	0	4	2.6
Valid responses =	41	27	105	69	4	3	152	0.5

Invalid responses include no response.

#### 63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1505	64	4140	55	326	52	6016	56.6
2 Negatively impacted performance in a class	807	34	3183	42	279	44	4311	40.6
3 Delayed progress towards degree	50	2	224	3	24	4	300	2.8
Valid responses =	2362	22	7547	71	629	6	10627	31.5

Invalid responses include no response.

#### 63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	68	39	222	37	23	33	316	37.2
2 Negatively impacted performance in a class	89	51	307	52	36	51	438	51.5
3 Delayed progress towards degree	19	11	65	11	11	16	96	11.3
Valid responses =	176	21	594	70	70	8	850	2.5

Invalid responses include no response.



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#### 63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	44	82	76	89	4	67	128	85.3
2 Negatively impacted performance in a class	8	15	7	8	2	33	18	12.0
3 Delayed progress towards degree	2	4	2	2	0	0	4	2.7
Valid responses =	54	36	85	57	6	4	150	0.4

Invalid responses include no response.

#### 63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	512	60	1012	49	95	48	1636	51.7
2 Negatively impacted performance in a class	319	37	979	47	94	47	1407	44.4
3 Delayed progress towards degree	24	3	90	4	10	5	124	3.9
Valid responses =	855	27	2081	66	199	6	3167	9.4

Invalid responses include no response.

#### 63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	20	83	58	89	3	75	84	86.6
2 Negatively impacted performance in a class	2	8	4	6	1	25	8	8.2
3 Delayed progress towards degree	2	8	3	5	0	0	5	5.2
Valid responses =	24	25	65	67	4	4	97	0.3

Invalid responses include no response.

#### 63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	60	52	178	42	9	36	251	44.3
2 Negatively impacted performance in a class	45	39	205	49	13	52	266	46.9
3 Delayed progress towards degree	10	9	37	9	3	12	50	8.8
Valid responses =	115	20	420	74	25	4	567	1.7

Invalid responses include no response.

#### 63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	585	74	1474	70	116	60	2191	70.3
2 Negatively impacted performance in a class	177	23	534	25	64	33	782	25.1
3 Delayed progress towards degree	26	3	101	5	13	7	143	4.6
Valid responses =	788	25	2109	68	193	6	3116	9.2

Invalid responses include no response.

#### 63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	23	92	62	71	3	75	91	75.2
2 Negatively impacted performance in a class	2	8	20	23	1	25	24	19.8
3 Delayed progress towards degree	0	0	6	7	0	0	6	5.0
Valid responses =	25	21	88	73	4	3	121	0.4

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	46	52	136	51	9	45	193	51.2
2 Negatively impacted performance in a class	33	38	104	39	9	45	147	39.0
3 Delayed progress towards degree	9	10	26	10	2	10	37	9.8
Valid responses =	88	23	266	71	20	5	377	1.1

Invalid responses include no response.

#### 63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	31	84	87	78	8	67	127	78.4
2 Negatively impacted performance in a class	5	14	21	19	4	33	31	19.1
3 Delayed progress towards degree	1	3	3	3	0	0	4	2.5
Valid responses =	37	23	111	69	12	7	162	0.5

Invalid responses include no response.

#### 63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	317	63	1143	56	95	48	1569	56.3
2 Negatively impacted performance in a class	170	34	812	40	86	43	1088	39.1
3 Delayed progress towards degree	18	4	93	5	17	9	128	4.6
Valid responses =	505	18	2048	74	198	7	2785	8.2

Invalid responses include no response.

#### 63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	80	82	2050	80	137	75	2283	79.3
2 Negatively impacted performance in a class	14	14	485	19	42	23	555	19.3
3 Delayed progress towards degree	4	4	30	1	5	3	41	1.4
Valid responses =	98	3	2565	89	184	6	2879	8.5

Invalid responses include no response.

#### 63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	144	66	468	68	40	57	666	66.7
2 Negatively impacted performance in a class	65	30	175	25	26	37	269	26.9
3 Delayed progress towards degree	10	5	50	7	4	6	64	6.4
Valid responses =	219	22	693	69	70	7	999	3.0

Invalid responses include no response.

#### 64) Have you ever been tested for HIV?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	838	8	2363	11	250	13	3490	10.4
2 Yes, more than 12 months ago	814	8	2150	10	168	9	3156	9.4
3 No	7961	78	14786	70	1364	72	24348	72.9
4 Unsure	547	5	1712	8	123	7	2415	7.2
Valid responses =	10160	30	21011	63	1905	6	33409	98.9

Invalid responses include no response.

#### 64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9866	97	20631	98	1834	96	32646	97.9
2 Yes	278	3	328	2	68	4	686	2.1
Valid responses =	10144	30	20959	63	1902	6	33332	98.7

Invalid responses include no response.





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#### 65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	7593	75	14241	68	1322	70	23372	70.6	
2 Yes	2474	25	6611	32	564	30	9740	29.4	
Valid responses =	10067	30	20852	63	1886	6	33112	98.0	

Invalid responses include no response.

#### 65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8870	88	18418	88	1354	71	28871	87.1	
2 Yes	1221	12	2452	12	542	29	4292	12.9	
Valid responses =	10091	30	20870	63	1896	6	33163	98.2	

Invalid responses include no response.

#### 65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	9939	99	20628	99	1861	98	32726	98.7	
2 Yes	145	1	260	1	33	2	445	1.3	
Valid responses =	10084	30	20888	63	1894	6	33171	98.2	

Invalid responses include no response.

#### 65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	9131	91	17948	86	1535	81	28862	87.1	
2 Yes	947	9	2903	14	354	19	4259	12.9	
Valid responses =	10078	30	20851	63	1889	6	33121	98.1	

Invalid responses include no response.

#### 65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8861	88	17919	86	1545	82	28580	86.4	
2 Yes	1208	12	2903	14	340	18	4501	13.6	
Valid responses =	10069	30	20822	63	1885	6	33081	97.9	

Invalid responses include no response.

#### 65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	7398	73	14334	69	1224	65	23157	69.8	
2 Yes	2694	27	6540	31	670	35	10010	30.2	
Valid responses =	10092	30	20874	63	1894	6	33167	98.2	

Invalid responses include no response.

#### 65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8340	83	13003	62	799	42	22313	67.1	
2 Yes	1767	18	7922	38	1099	58	10928	32.9	
Valid responses =	10107	30	20925	63	1898	6	33241	98.4	

Invalid responses include no response.

#### 65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8653	86	17549	84	1504	80	27953	84.4	
2 Yes	1415	14	3307	16	382	20	5163	15.6	
Valid responses =	10068	30	20856	63	1886	6	33116	98.1	

Invalid responses include no response.



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#### 65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9836	98	20488	99	1648	88	32251	97.7
2 Yes	225	2	281	1	234	12	765	2.3
Valid responses =	10061	30	20769	63	1882	6	33016	97.8

Invalid responses include no response.

#### 65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9945	99	20328	97	1752	93	32318	97.5
2 Yes	131	1	538	3	142	8	826	2.5
Valid responses =	10076	30	20866	63	1894	6	33144	98.1

Invalid responses include no response.

#### 65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10031	99	20626	99	1800	95	32747	98.7
2 Yes	65	1	269	1	94	5	445	1.3
Valid responses =	10096	30	20895	63	1894	6	33192	98.3

Invalid responses include no response.

#### 65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9990	99	20661	99	1868	99	32819	99.0
2 Yes	86	1	211	1	22	1	324	1.0
Valid responses =	10076	30	20872	63	1890	6	33143	98.1

Invalid responses include no response.

#### 65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9972	100	20465	99	1847	99	32582	99.0
2 Yes	54	1	242	1	25	1	326	1.0
Valid responses =	10026	30	20707	63	1872	6	32908	97.4

Invalid responses include no response.

#### 65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9625	96	19072	92	1548	82	30517	92.2
2 Yes	444	4	1764	9	340	18	2580	7.8
Valid responses =	10069	30	20836	63	1888	6	33097	98.0

Invalid responses include no response.

#### 65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8641	86	15017	72	878	46	24717	74.5
2 Yes	1459	14	5868	28	1015	54	8466	25.5
Valid responses =	10100	30	20885	63	1893	6	33183	98.3

Invalid responses include no response.

#### 65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9864	98	20184	97	1825	97	32163	97.2
2 Yes	208	2	654	3	63	3	937	2.8
Valid responses =	10072	30	20838	63	1888	6	33100	98.0

Invalid responses include no response.



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#### 65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9924	99	19217	92	1622	86	31036	93.7
2 Yes	142	1	1633	8	268	14	2073	6.3
Valid responses =	10066	30	20850	63	1890	6	33109	98.0

Invalid responses include no response.

#### 65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10061	100	20293	98	1836	98	32489	98.2
2 Yes	7	0	521	3	48	3	580	1.8
Valid responses =	10068	30	20814	63	1884	6	33069	97.9

Invalid responses include no response.

#### 65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10040	100	20807	100	1879	100	33023	99.9
2 Yes	22	0	15	0	9	1	49	0.1
Valid responses =	10062	30	20822	63	1888	6	33072	97.9

Invalid responses include no response.

#### 65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9957	100	20362	99	1849	99	32465	99.1
2 Yes	42	0	241	1	21	1	307	0.9
Valid responses =	9999	31	20603	63	1870	6	32772	97.0

Invalid responses include no response.

#### 65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9724	96	19498	94	1734	92	31231	94.3
2 Yes	360	4	1361	7	154	8	1903	5.7
Valid responses =	10084	30	20859	63	1888	6	33134	98.1

Invalid responses include no response.

#### 65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9892	98	20278	97	1812	96	32273	97.3
2 Yes	195	2	601	3	77	4	886	2.7
Valid responses =	10087	30	20879	63	1889	6	33159	98.2

Invalid responses include no response.

#### 65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10053	100	20823	100	1879	100	33053	99.8
2 Yes	25	0	34	0	5	0	68	0.2
Valid responses =	10078	30	20857	63	1884	6	33121	98.1

Invalid responses include no response.

#### 65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9649	96	20202	97	1822	97	31970	96.7
2 Yes	405	4	608	3	65	3	1084	3.3
Valid responses =	10054	30	20810	63	1887	6	33054	97.9

Invalid responses include no response.



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#### 65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9773	97	20077	96	1792	95	31933	96.6
2 Yes	295	3	739	4	87	5	1134	3.4
Valid responses =	10068	30	20816	63	1879	6	33067	97.9

Invalid responses include no response.

#### 65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9978	100	20607	100	1853	100	32736	99.9
2 Yes	22	0	18	0	5	0	48	0.1
Valid responses =	10000	31	20625	63	1858	6	32784	97.1

Invalid responses include no response.

#### 65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10001	100	20348	98	1861	99	32507	98.5
2 Yes	51	1	428	2	23	1	506	1.5
Valid responses =	10052	30	20776	63	1884	6	33013	97.7

Invalid responses include no response.

#### 65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9636	96	19233	93	1563	83	30691	93.2
2 Yes	392	4	1502	7	316	17	2250	6.8
Valid responses =	10028	30	20735	63	1879	6	32941	97.5

Invalid responses include no response.

#### 65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9837	98	19505	94	1727	92	31345	94.7
2 Yes	233	2	1327	6	161	9	1746	5.3
Valid responses =	10070	30	20832	63	1888	6	33091	98.0

Invalid responses include no response.

#### 65A41) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9944	98.6	20283	97.2	1819	96.2	32337	97.6
2 Yes	138	1.4	576	2.8	72	3.8	797	2.4
Valid responses =	10082	30	20859	63	1891	6	33134	98.1

Invalid responses include no response.

#### 65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9407	94	17528	85	1536	82	28727	87.6
2 Yes	572	6	3125	15	340	18	4079	12.4
Valid responses =	9979	30	20653	63	1876	6	32806	97.1

Invalid responses include no response.

#### 65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9812	97	19461	93	1632	86	31169	94.0
2 Yes	274	3	1420	7	261	14	1994	6.0
Valid responses =	10086	30	20881	63	1893	6	33163	98.2

Invalid responses include no response.



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#### 65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10036	100	19723	95	1783	95	31830	96.4
2 Yes	11	0	1071	5	99	5	1195	3.6
Valid responses =	10047	30	20794	63	1882	6	33025	97.8

Invalid responses include no response.

#### 65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9805	97	19216	92	1526	81	30802	92.9
2 Yes	283	3	1650	8	366	19	2345	7.1
Valid responses =	10088	30	20866	63	1892	6	33147	98.1

Invalid responses include no response.

#### 65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10037	100	20804	100	1858	98	32992	99.6
2 Yes	31	0	60	0	31	2	130	0.4
Valid responses =	10068	30	20864	63	1889	6	33122	98.1

Invalid responses include no response.

#### 65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9825	98	20457	98	1839	97	32410	98.0
2 Yes	232	2	370	2	49	3	661	2.0
Valid responses =	10057	30	20827	63	1888	6	33071	97.9

Invalid responses include no response.

#### 65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9930	99	19931	96	1796	96	31943	96.7
2 Yes	109	1	890	4	85	5	1100	3.3
Valid responses =	10039	30	20821	63	1881	6	33043	97.8

Invalid responses include no response.

#### 65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10001	99	20741	100	1838	98	32875	99.4
2 Yes	56	1	80	0	47	3	189	0.6
Valid responses =	10057	30	20821	63	1885	6	33064	97.9

Invalid responses include no response.

#### 65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

##### Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9936	99	20591	99	1841	98	32654	98.8
2 Yes	115	1	218	1	35	2	381	1.2
Valid responses =	10051	30	20809	63	1876	6	33035	97.8

Invalid responses include no response.



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65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	10003	99	20538	99	1851	98	32687	98.7	
2 Yes	75	1	319	2	41	2	441	1.3	
Valid responses =	10078	30	20857	63	1892	6	33128	98.1	
Invalid responses include no response.									

65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	9133	96	17747	93	1495	86	28615	93.6	
2 Yes	374	4	1310	7	241	14	1958	6.4	
Valid responses =	9507	31	19057	62	1736	6	30573	90.5	
Invalid responses include no response.									

65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Allergic & immunologic disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	294	89	998	85	183	87	1490	85.9	
2 Yes	36	11	173	15	27	13	245	14.1	
Valid responses =	330	19	1171	67	210	12	1735	5.1	
Invalid responses include no response.									

65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Autoimmune disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	275	83	841	71	169	79	1300	73.7	
2 Yes	57	17	352	30	45	21	463	26.3	
Valid responses =	332	19	1193	68	214	12	1763	5.2	
Invalid responses include no response.									

65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Blood disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	308	94	1025	87	191	91	1540	88.8	
2 Yes	20	6	148	13	20	10	195	11.2	
Valid responses =	328	19	1173	68	211	12	1735	5.1	
Invalid responses include no response.									

65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Brain & nervous system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	289	87	994	85	171	83	1471	84.7	
2 Yes	44	13	178	15	36	17	265	15.3	
Valid responses =	333	19	1172	68	207	12	1736	5.1	
Invalid responses include no response.									

65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Hair, skin, nails disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	287	87	1032	89	182	86	1516	87.8	
2 Yes	43	13	132	11	29	14	211	12.2	
Valid responses =	330	19	1164	67	211	12	1727	5.1	
Invalid responses include no response.									



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**65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Digestive system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	276	83	932	80	178	86	1404	81.0
2 Yes	56	17	238	20	29	14	329	19.0
Valid responses =	332	19	1170	68	207	12	1733	5.1

Invalid responses include no response.

**65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Endocrine system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	306	93	1074	93	195	95	1593	92.9
2 Yes	23	7	84	7	11	5	122	7.1
Valid responses =	329	19	1158	68	206	12	1715	5.1

Invalid responses include no response.

**65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Eye/ear/nose/throat disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	294	89	1046	90	191	91	1550	89.9
2 Yes	38	11	116	10	18	9	175	10.1
Valid responses =	332	19	1162	67	209	12	1725	5.1

Invalid responses include no response.

**65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Heart & vascular disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	312	95	1051	91	188	91	1571	91.3
2 Yes	18	6	110	10	18	9	150	8.7
Valid responses =	330	19	1161	67	206	12	1721	5.1

Invalid responses include no response.

**65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Infectious disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	320	98	1116	98	202	98	1659	97.5
2 Yes	7	2	29	3	5	2	43	2.5
Valid responses =	327	19	1145	67	207	12	1702	5.0

Invalid responses include no response.

**65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Mental health/psychological disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	291	88	931	81	132	63	1366	79.5
2 Yes	38	12	225	20	79	37	353	20.5
Valid responses =	329	19	1156	67	211	12	1719	5.1

Invalid responses include no response.

**65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Musculoskeletal disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	303	92	1013	87	169	80	1505	87.1
2 Yes	27	8	151	13	42	20	222	12.9
Valid responses =	330	19	1164	67	211	12	1727	5.1

Invalid responses include no response.



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**65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Reproductive system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	316	97	1048	90	186	89	1568	91.3
2 Yes	10	3	113	10	23	11	150	8.7
Valid responses =	326	19	1161	68	209	12	1718	5.1

Invalid responses include no response.

**65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Respiratory disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	316	96	1090	94	199	95	1624	94.6
2 Yes	12	4	67	6	11	5	93	5.4
Valid responses =	328	19	1157	67	210	12	1717	5.1

Invalid responses include no response.

**65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Sleep-wake disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	311	94	1071	93	191	91	1591	92.7
2 Yes	19	6	84	7	18	9	125	7.3
Valid responses =	330	19	1155	67	209	12	1716	5.1

Invalid responses include no response.

**65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Urinary system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	317	97	1116	97	199	97	1653	97.2
2 Yes	9	3	32	3	6	3	48	2.8
Valid responses =	326	19	1148	67	205	12	1701	5.0

Invalid responses include no response.

**65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Other ongoing or chronic condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	185	65	624	68	117	61	938	65.9
2 Yes	98	35	301	33	76	39	485	34.1
Valid responses =	283	20	925	65	193	14	1423	4.2

Invalid responses include no response.

**65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**

**Anaphylaxis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	84	132	81	21	81	184	79.7
2 Yes	5	16	32	20	5	19	47	20.3
Valid responses =	32	14	164	71	26	11	231	0.7

Invalid responses include no response.

**65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**

**Medication allergy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	62	99	59	15	58	140	58.8
2 Yes	13	38	70	41	11	42	98	41.2
Valid responses =	34	14	169	71	26	11	238	0.7

Invalid responses include no response.





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65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Latex allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	94	135	83	19	73	189	82.5
2 Yes	2	6	27	17	7	27	40	17.5
Valid responses =	32	14	162	71	26	11	229	0.7

Invalid responses include no response.

65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Insect/bee sting allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	81	144	88	21	81	196	85.6
2 Yes	6	19	19	12	5	19	33	14.4
Valid responses =	31	14	163	71	26	11	229	0.7

Invalid responses include no response.

65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Immune deficiency

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	81	118	72	16	64	164	71.0
2 Yes	6	19	47	29	9	36	67	29.0
Valid responses =	32	14	165	71	25	11	231	0.7

Invalid responses include no response.

65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Other allergic or immunologic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	72	90	73	14	67	126	71.6
2 Yes	7	28	33	27	7	33	50	28.4
Valid responses =	25	14	123	70	21	12	176	0.5

Invalid responses include no response.

65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other allergic or immunologic condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	73	255	76	31	82	333	76.4
2 Yes	15	27	79	24	7	18	103	23.6
Valid responses =	55	13	334	77	38	9	436	1.3

Invalid responses include no response.

65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Rheumatoid Arthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	89	274	83	33	89	363	84.2
2 Yes	6	11	56	17	4	11	68	15.8
Valid responses =	55	13	330	77	37	9	431	1.3

Invalid responses include no response.

65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Scleroderma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	96	316	97	34	94	410	96.2
2 Yes	2	4	11	3	2	6	16	3.8
Valid responses =	54	13	327	77	36	8	426	1.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

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65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Systemic Lupus Erythematosus

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	91	288	89	32	87	377	88.7
2 Yes	5	9	37	11	5	14	48	11.3
Valid responses =	54	13	325	76	37	9	425	1.3

Invalid responses include no response.

65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other autoimmune disorder not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	57	138	48	11	29	179	47.4
2 Yes	20	43	149	52	27	71	199	52.6
Valid responses =	47	12	287	76	38	10	378	1.1

Invalid responses include no response.

65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Anemia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	72	50	36	2	11	67	36.4
2 Yes	5	28	91	65	16	89	117	63.6
Valid responses =	18	10	141	77	18	10	184	0.5

Invalid responses include no response.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hemophilia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	82	126	96	14	88	159	93.0
2 Yes	3	18	5	4	2	13	12	7.0
Valid responses =	17	10	131	77	16	9	171	0.5

Invalid responses include no response.

65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hypercoagulable states

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	89	120	92	13	81	155	90.6
2 Yes	2	11	10	8	3	19	16	9.4
Valid responses =	18	11	130	76	16	9	171	0.5

Invalid responses include no response.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Platelet Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	88	112	87	12	75	143	84.6
2 Yes	2	12	17	13	4	25	26	15.4
Valid responses =	17	10	129	76	16	9	169	0.5

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Sickle Cell Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	78	127	97	11	73	158	92.4
2 Yes	4	22	4	3	4	27	13	7.6
Valid responses =	18	11	131	77	15	9	171	0.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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#### 65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Other blood condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	38	80	68	7	47	98	63.6
2 Yes	10	63	37	32	8	53	56	36.4
Valid responses =	16	10	117	76	15	10	154	0.5

Invalid responses include no response.

#### 65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Cerebral Palsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	93	166	99	31	89	240	96.4
2 Yes	3	7	1	1	4	11	9	3.6
Valid responses =	41	16	167	67	35	14	249	0.7

Invalid responses include no response.

#### 65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Epilepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	72	135	80	30	86	201	79.8
2 Yes	12	28	33	20	5	14	51	20.2
Valid responses =	43	17	168	67	35	14	252	0.7

Invalid responses include no response.

#### 65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Seizure Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	67	129	78	28	78	190	75.7
2 Yes	14	33	37	22	8	22	61	24.3
Valid responses =	43	17	166	66	36	14	251	0.7

Invalid responses include no response.

#### 65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Multiple Sclerosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	37	93	158	95	33	94	233	94.3
2 Yes	3	8	8	5	2	6	14	5.7
Valid responses =	40	16	166	67	35	14	247	0.7

Invalid responses include no response.

#### 65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Other brain or nervous system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	54	69	48	13	43	105	47.5
2 Yes	18	46	76	52	17	57	116	52.5
Valid responses =	39	18	145	66	30	14	221	0.7

Invalid responses include no response.

#### 65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Alopecia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	80	106	87	20	80	159	84.1
2 Yes	7	20	16	13	5	20	30	15.9
Valid responses =	35	19	122	65	25	13	189	0.6

Invalid responses include no response.



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65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Eczema

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	43	65	51	13	52	98	48.5
2 Yes	24	57	63	49	12	48	104	51.5
Valid responses =	42	21	128	63	25	12	202	0.6

Invalid responses include no response.

65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hirsutism

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	94	116	94	21	84	173	92.5
2 Yes	2	6	7	6	4	16	14	7.5
Valid responses =	32	17	123	66	25	13	187	0.6

Invalid responses include no response.

65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hyperhidrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	91	116	95	20	80	172	91.5
2 Yes	3	9	6	5	5	20	16	8.5
Valid responses =	34	18	122	65	25	13	188	0.6

Invalid responses include no response.

65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Photodermatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	94	115	98	21	84	173	94.0
2 Yes	2	6	3	3	4	16	11	6.0
Valid responses =	34	18	118	64	25	14	184	0.5

Invalid responses include no response.

65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Psoriasis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	72	94	78	20	77	145	76.3
2 Yes	10	28	27	22	6	23	45	23.7
Valid responses =	36	19	121	64	26	14	190	0.6

Invalid responses include no response.

65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Vitiligo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	91	116	96	17	68	170	90.4
2 Yes	3	9	5	4	8	32	18	9.6
Valid responses =	35	19	121	64	25	13	188	0.6

Invalid responses include no response.

65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Other hair, skin, or nail condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	66	60	62	13	57	97	61.8
2 Yes	11	34	37	38	10	44	60	38.2
Valid responses =	32	20	97	62	23	15	157	0.5

Invalid responses include no response.



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65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Crohn's Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	72	188	82	22	79	252	79.7
2 Yes	15	28	42	18	6	21	64	20.3
Valid responses =	53	17	230	73	28	9	316	0.9

Invalid responses include no response.

65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Diverticular Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	96	222	97	25	89	300	95.8
2 Yes	2	4	7	3	3	11	13	4.2
Valid responses =	51	16	229	73	28	9	313	0.9

Invalid responses include no response.

65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Esophageal Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	43	86	210	93	24	86	281	90.6
2 Yes	7	14	17	8	4	14	29	9.4
Valid responses =	50	16	227	73	28	9	310	0.9

Invalid responses include no response.

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Gallbladder Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	96	201	88	22	85	276	89.0
2 Yes	2	4	27	12	4	15	34	11.0
Valid responses =	51	16	228	74	26	8	310	0.9

Invalid responses include no response.

65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Ulcerative Colitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	75	201	87	23	82	269	84.3
2 Yes	14	26	30	13	5	18	50	15.7
Valid responses =	55	17	231	72	28	9	319	0.9

Invalid responses include no response.

65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Other digestive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	71	106	60	10	46	149	60.1
2 Yes	13	30	71	40	12	55	99	39.9
Valid responses =	44	18	177	71	22	9	248	0.7

Invalid responses include no response.

65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	73	84	75	12	71	125	74.0
2 Yes	10	27	28	25	5	29	44	26.0
Valid responses =	37	22	112	66	17	10	169	0.5

Invalid responses include no response.



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65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Uveitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	89	104	95	14	88	153	92.2
2 Yes	4	11	6	6	2	13	13	7.8
Valid responses =	37	22	110	66	16	10	166	0.5

Invalid responses include no response.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Vertigo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	87	87	79	11	69	131	78.9
2 Yes	5	14	23	21	5	31	35	21.1
Valid responses =	37	22	110	66	16	10	166	0.5

Invalid responses include no response.

65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Other eye/ear/nose/throat condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	42	43	49	5	33	61	45.2
2 Yes	18	58	45	51	10	67	74	54.8
Valid responses =	31	23	88	65	15	11	135	0.4

Invalid responses include no response.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Cardiac Arrhythmia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	83	71	70	12	71	99	70.7
2 Yes	3	17	31	30	5	29	41	29.3
Valid responses =	18	13	102	73	17	12	140	0.4

Invalid responses include no response.

65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Coronary Artery Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	94	97	98	13	81	128	94.8
2 Yes	1	6	2	2	3	19	7	5.2
Valid responses =	17	13	99	73	16	12	135	0.4

Invalid responses include no response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congenital Heart Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	94	94	94	15	88	126	92.0
2 Yes	1	6	6	6	2	12	11	8.0
Valid responses =	17	12	100	73	17	12	137	0.4

Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congestive Heart Failure

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	88	95	96	13	77	125	91.9
2 Yes	2	12	4	4	4	24	11	8.1
Valid responses =	17	13	99	73	17	13	136	0.4

Invalid responses include no response.



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65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Heart Murmur

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	88	83	86	11	65	111	82.8
2 Yes	2	12	14	14	6	35	23	17.2
Valid responses =	17	13	97	72	17	13	134	0.4

Invalid responses include no response.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Valvular Heart Disease (for example: Mitral valve prolapse)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	82	91	90	13	77	120	87.0
2 Yes	3	18	10	10	4	24	18	13.0
Valid responses =	17	12	101	73	17	12	138	0.4

Invalid responses include no response.

65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Other heart or vascular condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	44	28	33	4	31	40	33.9
2 Yes	9	56	57	67	9	69	78	66.1
Valid responses =	16	14	85	72	13	11	118	0.3

Invalid responses include no response.

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Lyme Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	23	79	3	60	32	74.4
2 Yes	2	29	6	21	2	40	11	25.6
Valid responses =	7	16	29	67	5	12	43	0.1

Invalid responses include no response.

65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Other infectious disease not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	40	13	62	3	75	18	56.3
2 Yes	3	60	8	38	1	25	14	43.8
Valid responses =	5	16	21	66	4	13	32	0.1

Invalid responses include no response.

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Carpal Tunnel Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	84	110	81	27	84	159	81.5
2 Yes	4	16	26	19	5	16	36	18.5
Valid responses =	25	13	136	70	32	16	195	0.6

Invalid responses include no response.

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Fibromyalgia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	96	111	81	22	67	158	80.6
2 Yes	1	4	26	19	11	33	38	19.4
Valid responses =	25	13	137	70	33	17	196	0.6

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Gout

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	92	133	99	31	97	188	97.9
2 Yes	2	8	1	1	1	3	4	2.1
Valid responses =	25	13	134	70	32	17	192	0.6

Invalid responses include no response.

65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Muscular Dystrophy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	96	126	95	28	85	179	93.2
2 Yes	1	4	7	5	5	15	13	6.8
Valid responses =	25	13	133	69	33	17	192	0.6

Invalid responses include no response.

65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoarthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	76	106	79	27	84	153	79.3
2 Yes	6	24	28	21	5	16	40	20.7
Valid responses =	25	13	134	69	32	17	193	0.6

Invalid responses include no response.

65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoporosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	92	125	94	29	91	177	92.7
2 Yes	2	8	8	6	3	9	14	7.3
Valid responses =	24	13	133	70	32	17	191	0.6

Invalid responses include no response.

65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Temporomandibular Joint Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	96	104	74	24	73	153	76.9
2 Yes	1	4	36	26	9	27	46	23.1
Valid responses =	25	13	140	70	33	17	199	0.6

Invalid responses include no response.

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Other musculoskeletal condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	25	40	33	11	37	57	32.6
2 Yes	18	75	81	67	19	63	118	67.4
Valid responses =	24	14	121	69	30	17	175	0.5

Invalid responses include no response.

65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Amenorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	89	85	78	16	84	110	79.1
2 Yes	1	11	24	22	3	16	29	20.9
Valid responses =	9	6	109	78	19	14	139	0.4

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Cervical Dysplasia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	89	105	96	17	90	131	94.9
2 Yes	1	11	4	4	2	11	7	5.1
Valid responses =	9	7	109	79	19	14	138	0.4

Invalid responses include no response.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	89	70	64	9	43	88	62.0
2 Yes	1	11	40	36	12	57	54	38.0
Valid responses =	9	6	110	77	21	15	142	0.4

Invalid responses include no response.

65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Prostatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	89	107	100	17	90	133	97.8
2 Yes	1	11	0	0	2	11	3	2.2
Valid responses =	9	7	107	79	19	14	136	0.4

Invalid responses include no response.

65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Sexual Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	56	99	92	16	84	121	88.3
2 Yes	4	44	9	8	3	16	16	11.7
Valid responses =	9	7	108	79	19	14	137	0.4

Invalid responses include no response.

65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Other reproductive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	63	45	52	6	38	57	50.9
2 Yes	3	38	42	48	10	63	55	49.1
Valid responses =	8	7	87	78	16	14	112	0.3

Invalid responses include no response.

65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Cystic Fibrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	83	62	97	7	78	81	93.1
2 Yes	2	17	2	3	2	22	6	6.9
Valid responses =	12	14	64	74	9	10	87	0.3

Invalid responses include no response.

65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Sarcoidosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	91	62	97	7	78	81	94.2
2 Yes	1	9	2	3	2	22	5	5.8
Valid responses =	11	13	64	74	9	10	86	0.3

Invalid responses include no response.



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65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Active Tuberculous

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	91	62	100	7	78	81	96.4
2 Yes	1	9	0	0	2	22	3	3.6
Valid responses =	11	13	62	74	9	11	84	0.2

Invalid responses include no response.

65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Other respiratory system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	44	38	64	3	50	45	60.0
2 Yes	5	56	21	36	3	50	30	40.0
Valid responses =	9	12	59	79	6	8	75	0.2

Invalid responses include no response.

65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Hypersomnolence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	65	55	68	6	38	73	62.9
2 Yes	6	35	26	32	10	63	43	37.1
Valid responses =	17	15	81	70	16	14	116	0.3

Invalid responses include no response.

65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Narcolepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	53	59	72	10	59	78	66.1
2 Yes	8	47	23	28	7	41	40	33.9
Valid responses =	17	14	82	69	17	14	118	0.3

Invalid responses include no response.

65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Restless Leg Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	69	58	73	9	56	80	70.8
2 Yes	5	31	21	27	7	44	33	29.2
Valid responses =	16	14	79	70	16	14	113	0.3

Invalid responses include no response.

65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Paralysis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	80	59	75	11	69	83	74.1
2 Yes	3	20	20	25	5	31	29	25.9
Valid responses =	15	13	79	71	16	14	112	0.3

Invalid responses include no response.

65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Terrors (or night terrors)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	40	57	72	12	75	77	68.8
2 Yes	9	60	22	28	4	25	35	31.3
Valid responses =	15	13	79	71	16	14	112	0.3

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Walking

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	73	70	90	13	81	96	86.5
2 Yes	4	27	8	10	3	19	15	13.5
Valid responses =	15	14	78	70	16	14	111	0.3

Invalid responses include no response.

65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Other sleep-wake condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	53	42	67	8	73	59	64.8
2 Yes	7	47	21	33	3	27	32	35.2
Valid responses =	15	16	63	69	11	12	91	0.3

Invalid responses include no response.

65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Bladder disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	26	90	4	67	36	83.7
2 Yes	2	25	3	10	2	33	7	16.3
Valid responses =	8	19	29	67	6	14	43	0.1

Invalid responses include no response.

65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	24	83	4	67	34	79.1
2 Yes	2	25	5	17	2	33	9	20.9
Valid responses =	8	19	29	67	6	14	43	0.1

Invalid responses include no response.

65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney stone

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	56	21	72	4	67	30	68.2
2 Yes	4	44	8	28	2	33	14	31.8
Valid responses =	9	20	29	66	6	14	44	0.1

Invalid responses include no response.

65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Urinary Incontinence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	50	19	63	3	50	26	59.1
2 Yes	4	50	11	37	3	50	18	40.9
Valid responses =	8	18	30	68	6	14	44	0.1

Invalid responses include no response.

65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Other urinary system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	33	14	56	2	33	18	48.6
2 Yes	4	67	11	44	4	67	19	51.4
Valid responses =	6	16	25	68	6	16	37	0.1

Invalid responses include no response.



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Number of Surveys (n) = 33774 Web Surveys

65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 1 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	108	59	416	79	33	67	564	73.5
2 Yes	76	41	108	21	16	33	203	26.5
Valid responses =	184	24	524	68	49	6	767	2.3

Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 2 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	124	71	419	82	37	80	588	79.2
2 Yes	50	29	93	18	9	20	154	20.8
Valid responses =	174	23	512	69	46	6	742	2.2

Invalid responses include no response.

65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Pre-diabetes or insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	88	50	160	26	13	23	265	31.2
2 Yes	89	50	446	74	43	77	585	68.8
Valid responses =	177	21	606	71	56	7	850	2.5

Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Gestational Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	158	96	453	91	41	95	662	92.5
2 Yes	6	4	46	9	2	5	54	7.5
Valid responses =	164	23	499	70	43	6	716	2.1

Invalid responses include no response.

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1669	68	3631	55	366	66	5721	59.2
2 Yes	788	32	2926	45	190	34	3936	40.8
Valid responses =	2457	25	6557	68	556	6	9657	28.6

Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	479	39	596	24	116	22	1209	28.3
2 Yes	736	61	1842	76	424	79	3059	71.7
Valid responses =	1215	28	2438	57	540	13	4268	12.6

Invalid responses include no response.

65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	72	50	139	54	17	52	232	53.1
2 Yes	71	50	117	46	16	49	205	46.9
Valid responses =	143	33	256	59	33	8	437	1.3

Invalid responses include no response.



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**65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	691	73	1816	63	250	71	2788	65.9
2 Yes	251	27	1069	37	103	29	1443	34.1
Valid responses =	942	22	2885	68	353	8	4231	12.5

Invalid responses include no response.

**65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	923	77	1948	68	260	77	3166	70.9
2 Yes	277	23	935	32	77	23	1300	29.1
Valid responses =	1200	27	2883	65	337	8	4466	13.2

Invalid responses include no response.

**65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2050	76	4255	66	494	74	6874	69.1
2 Yes	632	24	2240	35	171	26	3070	30.9
Valid responses =	2682	27	6495	65	665	7	9944	29.4

Invalid responses include no response.

**65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	584	33	1795	23	192	18	2589	23.8
2 Yes	1178	67	6100	77	904	83	8300	76.2
Valid responses =	1762	16	7895	73	1096	10	10889	32.2

Invalid responses include no response.

**65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1030	73	1996	61	254	67	3312	64.7
2 Yes	374	27	1286	39	127	33	1810	35.3
Valid responses =	1404	27	3282	64	381	7	5122	15.2

Invalid responses include no response.

**65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

Autism Spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	141	64	138	50	94	41	382	50.7
2 Yes	80	36	139	50	138	60	371	49.3
Valid responses =	221	29	277	37	232	31	753	2.2

Invalid responses include no response.

**65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	46	35	114	21	35	25	200	24.4
2 Yes	84	65	421	79	105	75	619	75.6
Valid responses =	130	16	535	65	140	17	819	2.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	44	75	28	27	29	135	30.8
2 Yes	36	56	193	72	65	71	304	69.2
Valid responses =	64	15	268	61	92	21	439	1.3

Invalid responses include no response.

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	38	77	37	4	18	113	35.3
2 Yes	53	62	132	63	18	82	207	64.7
Valid responses =	85	27	209	65	22	7	320	0.9

Invalid responses include no response.

65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	59	108	45	10	40	151	46.9
2 Yes	22	42	133	55	15	60	171	53.1
Valid responses =	53	16	241	75	25	8	322	1.0

Invalid responses include no response.

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	145	33	493	28	113	33	760	29.6
2 Yes	297	67	1265	72	226	67	1810	70.4
Valid responses =	442	17	1758	68	339	13	2570	7.6

Invalid responses include no response.

65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	494	34	1339	23	181	18	2038	24.2
2 Yes	957	66	4504	77	831	82	6389	75.8
Valid responses =	1451	17	5843	69	1012	12	8427	25.0

Invalid responses include no response.

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	25	181	28	23	37	261	28.1
2 Yes	156	75	466	72	39	63	667	71.9
Valid responses =	208	22	647	70	62	7	928	2.7

Invalid responses include no response.

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	76	54	766	47	136	51	990	48.1
2 Yes	65	46	858	53	130	49	1069	51.9
Valid responses =	141	7	1624	79	266	13	2059	6.1

Invalid responses include no response.





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65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

#### Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	43	178	34	15	31	198	34.4
2 Yes	4	57	339	66	33	69	377	65.6
Valid responses =	7	1	517	90	48	8	575	1.7

Invalid responses include no response.

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

#### Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	59	12	80	5	56	31	66.0
2 Yes	9	41	3	20	4	44	16	34.0
Valid responses =	22	47	15	32	9	19	47	0.1

Invalid responses include no response.

65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

#### Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	76	126	52	9	43	168	54.9
2 Yes	10	24	115	48	12	57	138	45.1
Valid responses =	42	14	241	79	21	7	306	0.9

Invalid responses include no response.

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

#### Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	178	49	641	47	87	57	923	48.8
2 Yes	182	51	712	53	66	43	969	51.2
Valid responses =	360	19	1353	72	153	8	1892	5.6

Invalid responses include no response.

65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

#### Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	88	46	215	36	32	42	341	38.8
2 Yes	105	54	384	64	44	58	539	61.3
Valid responses =	193	22	599	68	76	9	880	2.6

Invalid responses include no response.

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

#### Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	56	21	62	2	40	38	57.6
2 Yes	11	44	13	38	3	60	28	42.4
Valid responses =	25	38	34	52	5	8	66	0.2

Invalid responses include no response.

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

#### High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	123	31	164	27	31	48	320	29.7
2 Yes	280	70	442	73	33	52	758	70.3
Valid responses =	403	37	606	56	64	6	1078	3.2

Invalid responses include no response.



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65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	96	33	242	33	43	50	385	34.1
2 Yes	199	68	495	67	43	50	744	65.9
Valid responses =	295	26	737	65	86	8	1129	3.3

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	24	11	61	1	20	18	39.1
2 Yes	16	76	7	39	4	80	28	60.9
Valid responses =	21	46	18	39	5	11	46	0.1

Invalid responses include no response.

65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	65	213	50	15	65	261	51.8
2 Yes	18	35	215	50	8	35	243	48.2
Valid responses =	51	10	428	85	23	5	504	1.5

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	203	53	602	40	162	52	976	43.8
2 Yes	183	47	887	60	151	48	1250	56.2
Valid responses =	386	17	1489	67	313	14	2226	6.6

Invalid responses include no response.

65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	127	55	560	43	82	52	780	45.1
2 Yes	105	45	756	57	77	48	948	54.9
Valid responses =	232	13	1316	76	159	9	1728	5.1

Invalid responses include no response.

N3Q65T41) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57	42	173	30.3	20	28.2	252	32.1
2 Yes	79	58	398	69.7	51	71.8	534	67.9
Valid responses =	136	17	571	73	71	9	786	2.3

Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	364	64	1436	46	163	48	1983	49.0
2 Yes	204	36	1670	54	174	52	2067	51.0
Valid responses =	568	14	3106	77	337	8	4050	12.0

Invalid responses include no response.



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65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	116	43	463	33	93	36	677	34.2
2 Yes	157	58	949	67	166	64	1303	65.8
Valid responses =	273	14	1412	71	259	13	1980	5.9

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	64	328	31	33	33	373	31.3
2 Yes	4	36	740	69	66	67	818	68.7
Valid responses =	11	1	1068	90	99	8	1191	3.5

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	93	33	503	31	84	23	687	29.4
2 Yes	189	67	1142	69	281	77	1649	70.6
Valid responses =	282	12	1645	70	365	16	2336	6.9

Invalid responses include no response.

65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	39	21	36	9	30	46	36.5
2 Yes	19	61	38	64	21	70	80	63.5
Valid responses =	31	25	59	47	30	24	126	0.4

Invalid responses include no response.

65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	87	38	167	45	19	39	280	42.8
2 Yes	142	62	201	55	30	61	374	57.2
Valid responses =	229	35	368	56	49	7	654	1.9

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	29	176	20	18	21	232	21.3
2 Yes	77	71	708	80	66	79	859	78.7
Valid responses =	109	10	884	81	84	8	1091	3.2

Invalid responses include no response.

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	71	36	46	21	45	101	54.0
2 Yes	16	29	43	54	26	55	86	46.0
Valid responses =	56	30	79	42	47	25	187	0.6

Invalid responses include no response.



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**65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

**Traumatic brain injury (TBI)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	60	125	58	21	60	220	58.5
2 Yes	46	40	92	42	14	40	156	41.5
Valid responses =	114	30	217	58	35	9	376	1.1

Invalid responses include no response.

**65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

**Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	40	124	39	17	42	174	39.7
2 Yes	45	60	193	61	24	59	264	60.3
Valid responses =	75	17	317	72	41	9	438	1.3

Invalid responses include no response.

**65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

(only includes students that have been diagnosed with this condition)

**Other ongoing or chronic condition not listed above**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	170	47	478	40	81	35	737	40.4
2 Yes	192	53	730	60	148	65	1089	59.6
Valid responses =	362	20	1208	66	229	13	1826	5.4

Invalid responses include no response.

**65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**ADD/ADHD - Attention Deficit/Hyperactivity Disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	86	12	203	11	48	11	343	11.2
2 Medicine only	399	54	768	42	139	33	1320	43.2
3 Therapy only	48	7	205	11	60	14	324	10.6
4 Both medicine and therapy	198	27	651	35	173	41	1047	34.3
5 Other Treatment	4	1	11	1	4	1	19	0.6
Valid responses =	735	24	1838	60	424	14	3053	9.0

Invalid responses include no response.

**65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Alcohol or Other Drug-Related Abuse or Addiction**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	18	25	17	15	3	19	38	18.6
2 Medicine only	3	4	2	2	1	6	6	2.9
3 Therapy only	32	45	58	50	10	63	101	49.5
4 Both medicine and therapy	15	21	26	22	1	6	42	20.6
5 Other Treatment	3	4	13	11	1	6	17	8.3
Valid responses =	71	35	116	57	16	8	204	0.6

Invalid responses include no response.

**65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

**Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	85	7	434	7	52	6	577	7.0
2 Medicine only	256	22	1286	21	148	16	1704	20.6
3 Therapy only	309	26	1499	25	225	25	2069	25.0
4 Both medicine and therapy	520	44	2842	47	467	52	3889	46.9
5 Other Treatment	7	1	30	1	12	1	49	0.6
Valid responses =	1177	14	6091	73	904	11	8288	24.5

Invalid responses include no response.



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65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	30	38	51	37	58	42	142	38.4
2 Medicine only	11	14	8	6	0	0	19	5.1
3 Therapy only	18	23	55	40	59	43	142	38.4
4 Both medicine and therapy	21	26	22	16	19	14	63	17.0
5 Other Treatment	0	0	2	1	2	1	4	1.1
Valid responses =	80	22	138	37	138	37	370	1.1

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	7	8	19	5	6	6	32	5.2
2 Medicine only	26	31	96	23	15	14	137	22.2
3 Therapy only	9	11	42	10	13	13	64	10.4
4 Both medicine and therapy	42	50	261	62	68	65	380	61.6
5 Other Treatment	0	0	2	1	2	2	4	0.6
Valid responses =	84	14	420	68	104	17	617	1.8

Invalid responses include no response.

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	5	14	21	11	7	11	33	10.9
2 Medicine only	3	8	26	14	0	0	29	9.5
3 Therapy only	8	22	55	29	26	40	95	31.3
4 Both medicine and therapy	20	56	91	47	30	46	145	47.7
5 Other Treatment	0	0	0	0	2	3	2	0.7
Valid responses =	36	12	193	63	65	21	304	0.9

Invalid responses include no response.

65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	54	6	244	5	37	5	340	5.3
2 Medicine only	189	20	922	21	133	16	1253	19.6
3 Therapy only	217	23	904	20	178	21	1322	20.7
4 Both medicine and therapy	494	52	2416	54	470	57	3439	53.9
5 Other Treatment	3	0	14	0	13	2	30	0.5
Valid responses =	957	15	4500	70	831	13	6384	18.9

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	12	19	186	22	27	21	227	21.2
2 Medicine only	3	5	37	4	7	5	47	4.4
3 Therapy only	36	55	435	51	65	50	546	51.1
4 Both medicine and therapy	12	19	183	21	25	19	222	20.8
5 Other Treatment	2	3	17	2	6	5	27	2.5
Valid responses =	65	6	858	80	130	12	1069	3.2

Invalid responses include no response.



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65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	4	44	1	33	0	0	5	31.3
2 Medicine only	0	0	0	0	1	25	1	6.3
3 Therapy only	3	33	2	67	0	0	5	31.3
4 Both medicine and therapy	1	11	0	0	2	50	3	18.8
5 Other Treatment	1	11	0	0	1	25	2	12.5
Valid responses =	9	56	3	19	4	25	16	0.0

Invalid responses include no response.

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	26	14	180	20	38	25	249	20.0
2 Medicine only	71	39	355	40	42	28	477	38.3
3 Therapy only	27	15	92	10	22	15	147	11.8
4 Both medicine and therapy	54	30	235	27	43	29	340	27.3
5 Other Treatment	5	3	20	2	5	3	31	2.5
Valid responses =	183	15	882	71	150	12	1244	3.7

Invalid responses include no response.

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	25	16	101	11	18	11	148	11.4
2 Medicine only	21	13	104	11	19	11	145	11.1
3 Therapy only	35	22	300	32	64	39	415	31.9
4 Both medicine and therapy	76	48	438	46	62	37	586	45.0
5 Other Treatment	0	0	5	1	3	2	8	0.6
Valid responses =	157	12	948	73	166	13	1302	3.9

Invalid responses include no response.

65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	22	12	71	6	24	9	117	7.1
2 Medicine only	11	6	91	8	13	5	117	7.1
3 Therapy only	79	42	485	43	125	45	707	42.9
4 Both medicine and therapy	77	41	484	42	112	40	690	41.8
5 Other Treatment	0	0	11	1	7	3	18	1.1
Valid responses =	189	11	1142	69	281	17	1649	4.9

Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	3	16	4	11	1	5	8	10.0
2 Medicine only	2	11	4	11	6	29	13	16.3
3 Therapy only	1	5	3	8	2	10	7	8.8
4 Both medicine and therapy	13	68	27	71	11	52	51	63.8
5 Other Treatment	0	0	0	0	1	5	1	1.3
Valid responses =	19	24	38	48	21	26	80	0.2

Invalid responses include no response.



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65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	5	31	15	35	10	39	30	34.9
2 Medicine only	6	38	17	40	6	23	29	33.7
3 Therapy only	2	13	4	9	3	12	10	11.6
4 Both medicine and therapy	3	19	7	16	6	23	16	18.6
5 Other Treatment	0	0	0	0	1	4	1	1.2
Valid responses =	16	19	43	50	26	30	86	0.3

Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	17	37	26	28	1	7	44	28.2
2 Medicine only	9	20	16	17	3	21	28	17.9
3 Therapy only	7	15	12	13	0	0	20	12.8
4 Both medicine and therapy	11	24	28	30	4	29	46	29.5
5 Other Treatment	2	4	10	11	6	43	18	11.5
Valid responses =	46	29	92	59	14	9	156	0.5

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	100	13	371	13	41	22	517	13.3
2 Yes	682	87	2523	87	147	78	3378	86.7
Valid responses =	782	20	2894	74	188	5	3895	11.5

Invalid responses include no response.

65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	105	43	409	39	42	41	565	39.6
2 Yes	139	57	651	61	61	59	861	60.4
Valid responses =	244	17	1060	74	103	7	1426	4.2

Invalid responses include no response.

65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	90	33	240	26	19	25	353	27.6
2 Yes	181	67	683	74	58	75	928	72.4
Valid responses =	271	21	923	72	77	6	1281	3.8

Invalid responses include no response.

65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	173	28	532	24	46	27	761	25.1
2 Yes	448	72	1681	76	125	73	2270	74.9
Valid responses =	621	20	2213	73	171	6	3031	9.0

Invalid responses include no response.





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65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	71	19	201	16	18	14	293	16.3
2 Yes	295	81	1077	84	109	86	1500	83.7
Valid responses =	366	20	1278	71	127	7	1793	5.3

Invalid responses include no response.

65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	32	42	32	9	50	70	33.8
2 Yes	36	68	90	68	9	50	137	66.2
Valid responses =	53	26	132	64	18	9	207	0.6

Invalid responses include no response.

65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	46	50	38	5	33	65	38.5
2 Yes	12	55	81	62	10	67	104	61.5
Valid responses =	22	13	131	78	15	9	169	0.5

Invalid responses include no response.

65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	14	234	19	58	26	340	18.9
2 Yes	254	86	1026	81	167	74	1462	81.1
Valid responses =	295	16	1260	70	225	12	1802	5.3

Invalid responses include no response.

65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	16	96	21	8	21	129	19.4
2 Yes	130	84	369	79	31	80	535	80.6
Valid responses =	154	23	465	70	39	6	664	2.0

Invalid responses include no response.

65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	77	23	10	30	87	23.2
2 Yes	4	100	260	77	23	70	288	76.8
Valid responses =	4	1	337	90	33	9	375	1.1

Invalid responses include no response.

65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	30	25	22	1	8	29	21.2
2 Yes	7	70	89	78	11	92	108	78.8
Valid responses =	10	7	114	83	12	9	137	0.4

Invalid responses include no response.



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65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	16	110	16	10	15	150	15.6
2 Yes	152	84	599	85	56	85	814	84.4
Valid responses =	180	19	709	74	66	7	964	2.9

Invalid responses include no response.

65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	39	123	32	12	27	178	33.3
2 Yes	64	61	257	68	32	73	357	66.7
Valid responses =	105	20	380	71	44	8	535	1.6

Invalid responses include no response.

65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	18	6	46	0	0	8	28.6
2 Yes	9	82	7	54	3	100	20	71.4
Valid responses =	11	39	13	46	3	11	28	0.1

Invalid responses include no response.

65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	74	27	105	24	14	44	193	25.7
2 Yes	205	74	333	76	18	56	559	74.3
Valid responses =	279	37	438	58	32	4	752	2.2

Invalid responses include no response.

65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	80	40	250	51	19	44	352	47.6
2 Yes	119	60	240	49	24	56	387	52.4
Valid responses =	199	27	490	66	43	6	739	2.2

Invalid responses include no response.

65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	6	4	57	2	50	7	25.0
2 Yes	15	94	3	43	2	50	21	75.0
Valid responses =	16	57	7	25	4	14	28	0.1

Invalid responses include no response.

65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	22	108	51	5	63	117	49.0
2 Yes	14	78	103	49	3	38	122	51.0
Valid responses =	18	8	211	88	8	3	239	0.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

**65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**

**Irritable bowel syndrome (spastic colon or spastic bowel)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34	32	228	30	26	34	291	30.8
2 Yes	71	68	525	70	51	66	654	69.2
Valid responses =	105	11	753	80	77	8	945	2.8

Invalid responses include no response.

**65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**

**Migraine headaches**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	22	383	23	43	25	478	23.2
2 Yes	160	78	1278	77	130	75	1579	76.8
Valid responses =	204	10	1661	81	173	8	2057	6.1

Invalid responses include no response.

**65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**

**Polycystic Ovarian Syndrome (PCOS)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	75	165	22	13	20	181	22.3
2 Yes	1	25	570	78	53	80	632	77.7
Valid responses =	4	0	735	90	66	8	813	2.4

Invalid responses include no response.

**65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**

**Sleep Apnea**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	25	51	26	4	13	91	24.4
2 Yes	106	75	149	75	26	87	282	75.6
Valid responses =	142	38	200	54	30	8	373	1.1

Invalid responses include no response.

**65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**

**Thyroid condition or disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	20	106	15	15	23	136	16.0
2 Yes	62	81	595	85	50	77	715	84.0
Valid responses =	77	9	701	82	65	8	851	2.5

Invalid responses include no response.

**65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**

**Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	16	28	15	5	21	40	15.3
2 Yes	38	84	163	85	19	79	222	84.7
Valid responses =	45	17	191	73	24	9	262	0.8

Invalid responses include no response.

**65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

**(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)**

**Acne**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	57	201	57	22	58	277	57.2
2 Yes	40	44	149	43	16	42	207	42.8
Valid responses =	92	19	350	72	38	8	484	1.4

Invalid responses include no response.



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65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51	61	130	65	36	75	222	65.9
2 Yes	33	39	69	35	12	25	115	34.1
Valid responses =	84	25	199	59	48	14	337	1.0

Invalid responses include no response.

65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	78	14	82	3	100	31	81.6
2 Yes	4	22	3	18	0	0	7	18.4
Valid responses =	18	47	17	45	3	8	38	0.1

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	53	222	57	19	48	297	54.9
2 Yes	47	48	171	44	21	53	244	45.1
Valid responses =	99	18	393	73	40	7	541	1.6

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	48	55	131	58	11	61	193	57.4
2 Yes	39	45	96	42	7	39	143	42.6
Valid responses =	87	26	227	68	18	5	336	1.0

Invalid responses include no response.

65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	95	56	282	56	26	62	410	56.6
2 Yes	74	44	222	44	16	38	314	43.4
Valid responses =	169	23	504	70	42	6	724	2.1

Invalid responses include no response.

65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57	68	296	69	40	77	398	69.7
2 Yes	27	32	134	31	12	23	173	30.3
Valid responses =	84	15	430	75	52	9	571	1.7

Invalid responses include no response.

65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	44	111	58	6	38	149	53.6
2 Yes	39	57	79	42	10	63	129	46.4
Valid responses =	69	25	190	68	16	6	278	0.8

Invalid responses include no response.



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65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	57	17	90	5	83	26	81.3
2 Yes	3	43	2	11	1	17	6	18.8
Valid responses =	7	22	19	59	6	19	32	0.1

Invalid responses include no response.

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	14	74	5	83	24	75.0
2 Yes	2	29	5	26	1	17	8	25.0
Valid responses =	7	22	19	59	6	19	32	0.1

Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	100	18	86	4	57	27	81.8
2 Yes	0	0	3	14	3	43	6	18.2
Valid responses =	5	15	21	64	7	21	33	0.1

Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	13	8	20	4	44	15	22.4
2 Yes	14	88	32	80	5	56	52	77.6
Valid responses =	16	24	40	60	9	13	67	0.2

Invalid responses include no response.

65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	22	31	62	3	60	36	56.3
2 Yes	7	78	19	38	2	40	28	43.8
Valid responses =	9	14	50	78	5	8	64	0.2

Invalid responses include no response.

65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	63	150	69	36	68	218	68.8
2 Yes	15	37	66	31	17	32	99	31.2
Valid responses =	41	13	216	68	53	17	317	0.9

Invalid responses include no response.

65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	74	176	73	27	73	248	73.4
2 Yes	14	26	66	27	10	27	90	26.6
Valid responses =	54	16	242	72	37	11	338	1.0

Invalid responses include no response.



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65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	42	50	55	3	43	64	52.0
2 Yes	14	58	41	45	4	57	59	48.0
Valid responses =	24	20	91	74	7	6	123	0.4

Invalid responses include no response.

65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	50	129	70	17	65	154	68.8
2 Yes	6	50	55	30	9	35	70	31.3
Valid responses =	12	5	184	82	26	12	224	0.7

Invalid responses include no response.

65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	41	55	2	20	43	51.2
2 Yes	0	0	33	45	8	80	41	48.8
Valid responses =	0	0	74	88	10	12	84	0.2

Invalid responses include no response.

65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	75	1	100	0	0	4	80.0
2 Yes	1	25	0	0	0	0	1	20.0
Valid responses =	4	80	1	20	0	0	5	0.0

Invalid responses include no response.

65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	10	42	0	0	11	40.7
2 Yes	1	50	14	58	1	100	16	59.3
Valid responses =	2	7	24	89	1	4	27	0.1

Invalid responses include no response.

65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	58	68	68	5	63	90	66.2
2 Yes	11	42	32	32	3	38	46	33.8
Valid responses =	26	19	100	74	8	6	136	0.4

Invalid responses include no response.

65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	28	42	36	8	67	61	35.7
2 Yes	28	72	76	64	4	33	110	64.3
Valid responses =	39	23	118	69	12	7	171	0.5

Invalid responses include no response.



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**65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Hepatitis B or C**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	3	50	0	0	4	50.0
2 Yes	1	50	3	50	0	0	4	50.0
Valid responses =	2	25	6	75	0	0	8	0.0

Invalid responses include no response.

**65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**High blood pressure (hypertension)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	41	52	54	7	50	88	48.4
2 Yes	42	59	45	46	7	50	94	51.6
Valid responses =	71	39	97	53	14	8	182	0.5

Invalid responses include no response.

**65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**High cholesterol (hyperlipidemia)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	40	86	36	8	42	126	37.1
2 Yes	47	60	154	64	11	58	214	62.9
Valid responses =	78	23	240	71	19	6	340	1.0

Invalid responses include no response.

**65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
or that you can stop treatment, for the following conditions?  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**HIV or AIDS**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	50	1	50	4	57.1
2 Yes	0	0	2	50	1	50	3	42.9
Valid responses =	1	14	4	57	2	29	7	0.0

Invalid responses include no response.

**65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
or that you can stop treatment, for the following conditions?  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Human papillomavirus (HPV) or genital warts**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	17	17	1	20	20	18.9
2 Yes	1	33	81	83	4	80	86	81.1
Valid responses =	3	3	98	92	5	5	106	0.3

Invalid responses include no response.

**65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Insomnia**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	76	125	71	26	72	174	72.2
2 Yes	6	24	50	29	10	28	67	27.8
Valid responses =	25	10	175	73	36	15	241	0.7

Invalid responses include no response.

**65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Irritable bowel syndrome (spastic colon or spastic bowel)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	69	136	64	19	73	179	65.3
2 Yes	10	31	78	36	7	27	95	34.7
Valid responses =	32	12	214	78	26	9	274	0.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

**65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Migraine headaches**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	38	226	62	26	68	275	60.7
2 Yes	26	62	139	38	12	32	178	39.3
Valid responses =	42	9	365	81	38	8	453	1.3

Invalid responses include no response.

**65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	72	69	70	16	89	107	73.3
2 Yes	7	28	30	30	2	11	39	26.7
Valid responses =	25	17	99	68	18	12	146	0.4

Invalid responses include no response.

**65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Polycystic Ovarian Syndrome (PCOS)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	98	62	5	42	105	60.7
2 Yes	1	33	60	38	7	58	68	39.3
Valid responses =	3	2	158	91	12	7	173	0.5

Invalid responses include no response.

**65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	77	62	89	19	79	98	84.5
2 Yes	5	23	8	11	5	21	18	15.5
Valid responses =	22	19	70	60	24	21	116	0.3

Invalid responses include no response.

**65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	2	50	1	100	6	75.0
2 Yes	0	0	2	50	0	0	2	25.0
Valid responses =	3	38	4	50	1	13	8	0.0

Invalid responses include no response.

**65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Sleep Apnea**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	69	39	78	3	75	67	74.4
2 Yes	11	31	11	22	1	25	23	25.6
Valid responses =	36	40	50	56	4	4	90	0.3

Invalid responses include no response.

**65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Thyroid condition or disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	57	42	42	10	67	60	46.5
2 Yes	6	43	58	58	5	33	69	53.5
Valid responses =	14	11	100	78	15	12	129	0.4

Invalid responses include no response.





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**65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	60	11	73	5	50	19	63.3
2 Yes	2	40	4	27	5	50	11	36.7
Valid responses =	5	17	15	50	10	33	30	0.1

Invalid responses include no response.

**65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	50	10	39	1	100	19	44.2
2 Yes	8	50	16	62	0	0	24	55.8
Valid responses =	16	37	26	60	1	2	43	0.1

Invalid responses include no response.

**65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	57	11	41	1	20	16	41.0
2 Yes	3	43	16	59	4	80	23	59.0
Valid responses =	7	18	27	69	5	13	39	0.1

Invalid responses include no response.

**65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?**

(only includes students with an ongoing or chronic condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4744	72	9829	60	614	38	15288	61.8
2 Negatively impacted performance in a class	1441	22	5300	33	792	49	7632	30.9
3 Delayed progress towards degree	382	6	1166	7	226	14	1806	7.3
Valid responses =	6567	27	16295	66	1632	7	24726	73.2

Invalid responses include no response.

**66A) Within the last 12 months, have any of the following affected your academic performance?**

Assault (physical)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	9859	98	20263	97	1794	95	32184	97.0
2 Did not affect academic performance	197	2	443	2	69	4	721	2.2
3 Negatively impacted performance in a class	29	0	151	1	22	1	205	0.6
4 Delayed progress towards degree	13	0	36	0	8	0	58	0.2
Valid responses =	10098	30	20893	63	1893	6	33168	98.2

Invalid responses include no response.

**66B) Within the last 12 months, have any of the following affected your academic performance?**

Assault (sexual)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	9850	98	19194	92	1663	88	30954	93.6
2 Did not affect academic performance	171	2	1105	5	130	7	1426	4.3
3 Negatively impacted performance in a class	34	0	445	2	71	4	566	1.7
4 Delayed progress towards degree	9	0	90	0	25	1	127	0.4
Valid responses =	10064	30	20834	63	1889	6	33073	97.9

Invalid responses include no response.

**66C) Within the last 12 months, have any of the following affected your academic performance?**

Allergies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6804	68	12647	61	1093	58	20717	62.7
2 Did not affect academic performance	2999	30	7328	35	687	36	11108	33.6
3 Negatively impacted performance in a class	239	2	774	4	94	5	1123	3.4
4 Delayed progress towards degree	21	0	55	0	11	1	89	0.3
Valid responses =	10063	30	20804	63	1885	6	33037	97.8

Invalid responses include no response.



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FREQUENCY REPORT

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#### 66D) Within the last 12 months, have any of the following affected your academic performance?

##### Anxiety

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5080	51	6105	29	338	18	11612	35.2
2 Did not affect academic performance	2789	28	7207	35	545	29	10612	32.2
3 Negatively impacted performance in a class	1849	18	6498	31	830	44	9281	28.2
4 Delayed progress towards degree	318	3	933	5	168	9	1441	4.4
Valid responses =	10036	30	20743	63	1881	6	32946	97.5

Invalid responses include no response.

#### 66E) Within the last 12 months, have any of the following affected your academic performance?

##### Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	8519	85	17333	83	1155	61	27197	82.2
2 Did not affect academic performance	632	6	1141	6	160	9	1950	5.9
3 Negatively impacted performance in a class	760	8	1949	9	440	23	3212	9.7
4 Delayed progress towards degree	166	2	423	2	129	7	731	2.2
Valid responses =	10077	30	20846	63	1884	6	33090	98.0

Invalid responses include no response.

#### 66F) Within the last 12 months, have any of the following affected your academic performance?

##### Concussion or Traumatic Brain Injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	9811	97	20171	97	1789	95	32039	96.7
2 Did not affect academic performance	130	1	320	2	49	3	502	1.5
3 Negatively impacted performance in a class	115	1	304	2	39	2	466	1.4
4 Delayed progress towards degree	30	0	70	0	12	1	114	0.3
Valid responses =	10086	30	20865	63	1889	6	33121	98.1

Invalid responses include no response.

#### 66S) Within the last 12 months, have any of the following affected your academic performance?

##### COVID-19

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6716	67	12804	61	1156	61	20849	63
2 Did not affect academic performance	2361	23	5236	25	416	22	8070	24.4
3 Negatively impacted performance in a class	878	9	2502	12	270	14	3699	11.2
4 Delayed progress towards degree	120	1	319	2	46	2	489	1.5
Valid responses =	10075	30	20861	63	1888	6	33107	98.0

Invalid responses include no response.

#### 66G) Within the last 12 months, have any of the following affected your academic performance?

##### Depression

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6925	69	12052	58	580	31	19680	59.6
2 Did not affect academic performance	1465	15	3590	17	369	20	5472	16.6
3 Negatively impacted performance in a class	1310	13	4201	20	706	37	6303	19.1
4 Delayed progress towards degree	353	4	937	5	231	12	1545	4.7
Valid responses =	10053	30	20780	63	1886	6	33000	97.7

Invalid responses include no response.

#### 66H) Within the last 12 months, have any of the following affected your academic performance?

##### Eating disorder/problem

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	9398	94	17245	83	1314	70	28184	85.5
2 Did not affect academic performance	494	5	2580	12	400	21	3508	10.6
3 Negatively impacted performance in a class	118	1	814	4	137	7	1087	3.3
4 Delayed progress towards degree	22	0	146	1	34	2	204	0.6
Valid responses =	10032	30	20785	63	1885	6	32983	97.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 66I) Within the last 12 months, have any of the following affected your academic performance?

##### Headaches/migraines

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	7725	77	12546	61	1034	55	21472	65.2
2 Did not affect academic performance	1800	18	5352	26	490	26	7716	23.4
3 Negatively impacted performance in a class	447	5	2632	13	320	17	3439	10.4
4 Delayed progress towards degree	43	0	211	1	33	2	291	0.9
Valid responses =	10015	30	20741	63	1877	6	32918	97.5

Invalid responses include no response.

#### 66J) Within the last 12 months, have any of the following affected your academic performance?

##### Influenza or influenza like illness (the flu)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	9021	90	18180	87	1608	85	29051	87.9
2 Did not affect academic performance	769	8	1729	8	165	9	2685	8.1
3 Negatively impacted performance in a class	255	3	866	4	111	6	1251	3.8
4 Delayed progress towards degree	23	0	46	0	4	0	73	0.2
Valid responses =	10068	30	20821	63	1888	6	33060	97.9

Invalid responses include no response.

#### 66K) Within the last 12 months, have any of the following affected your academic performance?

##### Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	8904	88	18605	89	1621	86	29381	88.7
2 Did not affect academic performance	978	10	1717	8	201	11	2919	8.8
3 Negatively impacted performance in a class	163	2	445	2	57	3	675	2.0
4 Delayed progress towards degree	41	0	74	0	14	1	131	0.4
Valid responses =	10086	30	20841	63	1893	6	33106	98.0

Invalid responses include no response.

#### 66L) Within the last 12 months, have any of the following affected your academic performance?

##### PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	10043	100	11792	57	1171	62	23206	70.1
2 Did not affect academic performance	24	0	6456	31	424	22	6960	21.0
3 Negatively impacted performance in a class	4	0	2460	12	284	15	2775	8.4
4 Delayed progress towards degree	4	0	162	1	16	1	183	0.6
Valid responses =	10075	30	20870	63	1895	6	33124	98.1

Invalid responses include no response.

#### 66M) Within the last 12 months, have any of the following affected your academic performance?

##### Post Traumatic Stress Disorder (PTSD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	9716	97	19017	92	1478	79	30437	92.3
2 Did not affect academic performance	170	2	983	5	180	10	1356	4.1
3 Negatively impacted performance in a class	111	1	595	3	166	9	894	2.7
4 Delayed progress towards degree	35	0	189	1	57	3	290	0.9
Valid responses =	10032	30	20784	63	1881	6	32977	97.6

Invalid responses include no response.

#### 66N) Within the last 12 months, have any of the following affected your academic performance?

##### Short-term illness, excluding upper respiratory illness and influenza

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	8979	89	17610	85	1516	80	28334	85.7
2 Did not affect academic performance	823	8	2198	11	246	13	3295	10.0
3 Negatively impacted performance in a class	242	2	973	5	117	6	1354	4.1
4 Delayed progress towards degree	20	0	56	0	6	0	82	0.2
Valid responses =	10064	30	20837	63	1885	6	33065	97.9

Invalid responses include no response.



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#### 66O) Within the last 12 months, have any of the following affected your academic performance?

Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	8236	82	14714	71	1296	69	24438	73.8
2 Did not affect academic performance	1409	14	4253	20	393	21	6110	18.5
3 Negatively impacted performance in a class	407	4	1801	9	183	10	2425	7.3
4 Delayed progress towards degree	25	0	78	0	16	1	121	0.4
Valid responses =	10077	30	20846	63	1888	6	33094	98.0

Invalid responses include no response.

#### 66P) Within the last 12 months, have any of the following affected your academic performance?

Sleep difficulties

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5895	58	10660	51	674	36	17360	52.4
2 Did not affect academic performance	2340	23	5373	26	515	27	8292	25.0
3 Negatively impacted performance in a class	1673	17	4379	21	633	34	6765	20.4
4 Delayed progress towards degree	182	2	437	2	70	4	700	2.1
Valid responses =	10090	30	20849	63	1892	6	33117	98.1

Invalid responses include no response.

#### 66Q) Within the last 12 months, have any of the following affected your academic performance?

Stress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	3587	36	4030	19	265	14	7952	24.0
2 Did not affect academic performance	3615	36	7830	38	521	28	12038	36.3
3 Negatively impacted performance in a class	2494	25	7851	38	925	49	11392	34.4
4 Delayed progress towards degree	393	4	1145	6	181	10	1742	5.3
Valid responses =	10089	30	20856	63	1892	6	33124	98.1

Invalid responses include no response.

#### 66R) Within the last 12 months, have any of the following affected your academic performance?

Other issue not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	7547	98	14053	98	1211	95	22982	97.7
2 Did not affect academic performance	58	1	124	1	17	1	204	0.9
3 Negatively impacted performance in a class	38	1	134	1	35	3	213	0.9
4 Delayed progress towards degree	33	0	84	1	13	1	132	0.6
Valid responses =	7676	33	14395	61	1276	5	23531	69.7

Invalid responses include no response.

#### 67A) What sex were you assigned at birth?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	21084	100	1487	78	22743	67.9
2 Male	10203	100	0	0	417	22	10723	32.0
3 Intersex	2	0	1	0	5	0	9	0.0
Valid responses =	10205	30	21085	63	1909	6	33475	99.1

Invalid responses include no response.

#### 67B) Do you identify as transgender?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10205	100	21085	100	791	41	32260	96.5
2 Yes	0	0	0	0	1118	59	1117	3.5
Valid responses =	10205	31	21085	63	1909	6	33431	99.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 67C) Which term do you use to describe your gender identity?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	21085	100	227	12	21345	63.8
2 Man or male	10205	100	0	0	172	9	10396	31.1
3 Trans woman	0	0	0	0	55	3	56	0.2
4 Trans man	0	0	0	0	138	7	139	0.4
5 Genderqueer	0	0	0	0	216	11	218	0.7
6 My identity is not listed	0	0	0	0	0	0	178	0.5
7 Agender	0	0	0	0	102	5	102	0.3
8 Genderfluid	0	0	0	0	225	12	226	0.7
9 Non-binary	0	0	0	0	772	40	777	2.3
10 Intersex	0	0	0	0	2	0	2	0.0
Valid responses =	10205	31	21085	63	1909	6	33439	99.0

Invalid responses include no response.

#### 68) What term best describes your sexual orientation?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual (from write-ins)	35	0	298	1	135	7	494	1.5
2 Bisexual	589	6	3098	15	475	25	4204	12.6
3 Gay	543	5	30	0	97	5	680	2.0
4 Lesbian	1	0	546	3	193	10	760	2.3
5 Pansexual	83	1	480	2	242	13	822	2.5
6 Queer	44	0	456	2	392	21	923	2.8
7 Questioning	192	2	671	3	58	3	936	2.8
9 Straight/Heterosexual	8623	85	15284	73	282	15	24273	72.9
10 My identity not listed above	47	1	93	0	31	2	189	0.6
Valid responses =	10157	31	20956	63	1905	6	33281	98.5

Invalid responses include no response.

#### 69) How old are you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	1809	18	3611	17	402	21	5883	17.8
2 19 Years	1546	15	3345	16	362	19	5295	16.0
3 20 Years	1289	13	2777	13	260	14	4371	13.2
4 21 Years	1145	11	2613	13	256	14	4042	12.2
5 22 Years	720	7	1494	7	142	8	2381	7.2
6 23 Years	498	5	1058	5	101	5	1667	5.0
7 24 Years	419	4	834	4	80	4	1338	4.0
8 25 Years	388	4	774	4	55	3	1219	3.7
9 26 to 30 Years	1292	13	2192	11	137	7	3644	11.0
10 31 to 40 Years	719	7	1384	7	60	3	2178	6.6
11 41 or More Years	286	3	770	4	34	2	1102	3.3
Valid responses =	10111	31	20852	63	1889	6	33120	98.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	23.06	21.00	6.5	18	77
Cis Women	23.07	21.00	6.8	18	85
Trans/Gender Non-conforming	21.65	20.00	5.17	18	77
Overall	22.98	21.00	6.65	18	85

#### 71) What is your weight in pounds?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	49	1	649	3	45	2	751	2.3
2 101 to 150 Pounds	2783	28	12795	62	974	53	16662	51.0
3 151 to 200 Pounds	5255	52	5334	26	557	30	11234	34.4
4 201 to 250 Pounds	1520	15	1306	6	203	11	3057	9.3
5 251 to 300 Pounds	331	3	382	2	49	3	771	2.4
6 301 or More Pounds	100	1	103	1	16	1	225	0.7
Valid responses =	10038	31	20569	63	1844	6	32700	98.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	175.79	170.00	39.56	51	500
Cis Women	148.61	140.00	38.53	51	424
Trans/Gender Non-conforming	158.13	150.00	44.18	61	500
Overall	157.64	150.00	41.27	51	500



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FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 72) What is your year in school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	2513	25	4571	22	478	25	7644	22.9
2 2nd year undergraduate	1625	16	3797	18	395	21	5874	17.6
3 3rd year undergraduate	1415	14	3222	15	289	15	4987	14.9
4 4th year undergraduate	1182	12	2761	13	255	13	4228	12.6
5 5th year or more undergraduate	368	4	655	3	95	5	1133	3.4
6 Master's (MA, MS, etc.)	1472	15	3080	15	210	11	4799	14.3
7 Doctorate (PhD, EdD, MD, JD, etc.)	1458	14	2525	12	156	8	4172	12.5
8 Not seeking a degree	43	0	100	1	7	0	153	0.5
9 Other (please specify):	106	1	325	2	20	1	459	1.4
Valid responses =	10182	30	21036	63	1905	6	33449	99.0

Invalid responses include no response.

#### 73) What is your enrollment status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	9206	91	18775	89	1696	89	29954	89.8
2 Part-time	885	9	2102	10	190	10	3219	9.6
3 Other	61	1	125	1	15	1	201	0.6
Valid responses =	10152	30	21002	63	1901	6	33374	98.8

Invalid responses include no response.

#### 73A) I am taking classes this term:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	6802	67	12590	60	1214	64	20835	62.6
2 Entirely online	691	7	2044	10	137	7	2898	8.7
3 A mix of in-person and online classes	2639	26	6312	30	553	29	9569	28.7
Valid responses =	10132	30	20946	63	1904	6	33302	98.6

Invalid responses include no response.

#### 74) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8141	80	18196	87	1684	89	28279	85.0
2 Yes	1994	20	2731	13	204	11	4971	15.0
Valid responses =	10135	30	20927	63	1888	6	33250	98.4

Invalid responses include no response.

#### 75A1) How do you usually describe yourself? (Please select ALL that apply)

##### American Indian or Native Alaskan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	9982	98	20635	98	1855	97	33034	97.8
1 Selected	223	2	450	2	54	3	740	2.2
Valid responses =	10205	30	21085	62	1909	6	33774	100.0

Invalid responses include no response.

#### 75A2) How do you usually describe yourself? (Please select ALL that apply)

##### Asian or Asian American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	8152	80	17561	83	1615	85	27861	82.5
1 Selected	2053	20	3524	17	294	15	5913	17.5
Valid responses =	10205	30	21085	62	1909	6	33774	100.0

Invalid responses include no response.

#### 75A3) How do you usually describe yourself? (Please select ALL that apply)

##### Black or African American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	9534	93	19401	92	1789	94	31276	92.6
1 Selected	671	7	1684	8	120	6	2498	7.4
Valid responses =	10205	30	21085	62	1909	6	33774	100.0

Invalid responses include no response.



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FREQUENCY REPORT

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#### 75A4) How do you usually describe yourself? (Please select ALL that apply)

##### Hispanic or Latino/a/x

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	8896	87	18109	86	1647	86	29191	86.4
1 Selected	1309	13	2976	14	262	14	4583	13.6
Valid responses =	10205	30	21085	62	1909	6	33774	100.0

Invalid responses include no response.

#### 75A5) How do you usually describe yourself? (Please select ALL that apply)

##### Middle Eastern/North African (MENA) or Arab Origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10000	98	20749	98	1881	99	33198	98.3
1 Selected	205	2	336	2	28	2	576	1.7
Valid responses =	10205	30	21085	62	1909	6	33774	100.0

Invalid responses include no response.

#### 75A6) How do you usually describe yourself? (Please select ALL that apply)

##### Native Hawaiian or Other Pacific Islander Native

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10137	99	20982	100	1896	99	33589	99.5
1 Selected	68	1	103	1	13	1	185	0.5
Valid responses =	10205	30	21085	62	1909	6	33774	100.0

Invalid responses include no response.

#### 75A7) How do you usually describe yourself? (Please select ALL that apply)

##### White

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3860	38	7742	37	559	29	12536	37.1
1 Selected	6345	62	13343	63	1350	71	21238	62.9
Valid responses =	10205	30	21085	62	1909	6	33774	100.0

Invalid responses include no response.

#### 75A8) How do you usually describe yourself? (Please select ALL that apply)

##### Biracial or Multiracial

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	9798	96	20164	96	1783	93	32305	95.7
1 Selected	407	4	921	4	126	7	1469	4.3
Valid responses =	10205	30	21085	62	1909	6	33774	100.0

Invalid responses include no response.

#### 75A9) How do you usually describe yourself? (Please select ALL that apply)

##### Another Identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10015	98	20874	99	1890	99	33342	98.7
1 Selected	190	2	211	1	19	1	432	1.3
Valid responses =	10205	30	21085	62	1909	6	33774	100.0

Invalid responses include no response.

#### 75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

##### Mexican, Mexican American, Chicano

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	556	43	1144	38	97	37	1811	39.5
1 Selected	753	58	1832	62	165	63	2772	60.5
Valid responses =	1309	29	2976	65	262	6	4583	13.6

Invalid responses include no response.

#### 75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

##### Puerto Rican

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1215	93	2710	91	236	90	4194	91.5
1 Selected	94	7	266	9	26	10	389	8.5
Valid responses =	1309	29	2976	65	262	6	4583	13.6

Invalid responses include no response.



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FREQUENCY REPORT

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#### 75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

##### Cuban

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1258	96	2870	96	247	94	4410	96.2
1 Selected	51	4	106	4	15	6	173	3.8
Valid responses =	1309	29	2976	65	262	6	4583	13.6
Invalid responses include no response.								

#### 75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

##### Another Hispanic, Latino/a/x, or Spanish origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	841	64	2046	69	186	71	3096	67.6
1 Selected	468	36	930	31	76	29	1487	32.4
Valid responses =	1309	29	2976	65	262	6	4583	13.6
Invalid responses include no response.								

#### 75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

##### East Asian (for example: Chinese, Japanese, or Korean)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1062	52	1603	46	83	28	2766	46.8
1 Selected	991	48	1921	55	211	72	3147	53.2
Valid responses =	2053	35	3524	60	294	5	5913	17.5
Invalid responses include no response.								

#### 75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

##### Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1671	81	2817	80	237	81	4762	80.5
1 Selected	382	19	707	20	57	19	1151	19.5
Valid responses =	2053	35	3524	60	294	5	5913	17.5
Invalid responses include no response.								

#### 75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

##### South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1361	66	2581	73	251	85	4227	71.5
1 Selected	692	34	943	27	43	15	1686	28.5
Valid responses =	2053	35	3524	60	294	5	5913	17.5
Invalid responses include no response.								

#### 75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

##### Other Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2020	98	3464	98	291	99	5816	98.4
1 Selected	33	2	60	2	3	1	97	1.6
Valid responses =	2053	35	3524	60	294	5	5913	17.5
Invalid responses include no response.								

#### 76) What is your relationship status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	5868	58	10721	51	1023	54	17807	53.3
2 In relationship not married/partnered	3248	32	8066	38	784	41	12200	36.5
3 Married/partnered	1056	10	2246	11	98	5	3430	10.3
Valid responses =	10172	30	21033	63	1905	6	33437	99.0
Invalid responses include no response.								

#### 77A) Are you a member of a social fraternity or sorority?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9500	93	19150	91	1824	96	30779	92.0
2 Yes	672	7	1883	9	81	4	2659	8.0
Valid responses =	10172	30	21033	63	1905	6	33438	99.0
Invalid responses include no response.								





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#### 77B) Do you live in a fraternity or sorority residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9953	98	20676	98	1882	99	32829	98.2
2 Yes	220	2	346	2	22	1	598	1.8
Valid responses =	10173	30	21022	63	1904	6	33427	99.0

Invalid responses include no response.

#### 78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	3778	38	7081	34	809	43	11817	36.0
2 Parent/guardian/other family member's home	1492	15	3164	15	321	17	5033	15.3
3 Off-campus/non-university housing	4536	46	10064	49	726	39	15444	47.0
4 Temporarily with relative, friend, couch surfing	43	0	84	0	16	1	146	0.4
5 Don't have a place to live	13	0	11	0	2	0	27	0.1
6 Other (please specify)	91	1	296	1	11	1	403	1.2
Valid responses =	9953	30	20700	63	1885	6	32870	97.3

Invalid responses include no response.

#### 79) What is your primary source of health insurance?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 College/university Health Insurance Plan	2447	24	3760	18	340	18	6625	19.8
2 Covered by parent/guardian plan	5629	55	12203	58	1216	64	19233	57.5
3 Covered by employer-based plan	657	7	1936	9	70	4	2686	8.0
4 Medicaid, Medicare, SCHIP, VA/Tricare	631	6	1710	8	157	8	2518	7.5
5 I bought a plan on my own	326	3	517	3	33	2	880	2.6
6 Don't have health insurance	220	2	493	2	60	3	783	2.3
7 Don't know if I have health insurance	111	1	151	1	13	1	282	0.8
8 Have insurance, don't know primary source	144	1	249	1	17	1	414	1.2
Valid responses =	10165	30	21019	63	1906	6	33421	99.0

Invalid responses include no response.

#### 80) What is your approximate cumulative grade average?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	1066	11	2207	11	140	7	3456	10.4
2 A	3113	31	6994	33	559	30	10772	32.4
3 A-	1957	19	4013	19	356	19	6375	19.2
4 B+	1319	13	2654	13	275	15	4284	12.9
5 B	1070	11	2188	11	210	11	3499	10.5
6 B-	415	4	781	4	93	5	1305	3.9
7 C+	274	3	474	2	60	3	817	2.5
8 C	178	2	370	2	56	3	609	1.8
9 C-	81	1	128	1	25	1	236	0.7
10 D+	27	0	41	0	13	1	81	0.2
11 D	21	0	42	0	9	1	72	0.2
12 D-	10	0	15	0	2	0	28	0.1
13 F	8	0	15	0	1	0	25	0.1
14 N/A	597	6	1015	5	99	5	1729	5.2
Valid responses =	10136	30	20937	63	1898	6	33288	98.6

Invalid responses include no response.

#### 81A) Do you participate in organized college athletics at any of the following levels?

##### Varsity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9331	94	19801	95	1849	98	31261	94.9
2 Yes	644	7	972	5	36	2	1664	5.1
Valid responses =	9975	30	20773	63	1885	6	32925	97.5

Invalid responses include no response.

#### 81B) Do you participate in organized college athletics at any of the following levels?

##### Club Sports

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8796	88	19174	93	1730	92	29955	91.1
2 Yes	1172	12	1562	8	159	8	2927	8.9
Valid responses =	9968	30	20736	63	1889	6	32882	97.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### 81C) Do you participate in organized college athletics at any of the following levels?

##### Intramurals

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8091	81	18901	92	1785	96	29044	88.9
2 Yes	1861	19	1668	8	84	5	3634	11.1
Valid responses =	9952	30	20569	63	1869	6	32678	96.8

Invalid responses include no response.

#### 82A) Do you have any of the following?

##### Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8716	86	18020	86	1222	65	28164	84.9
2 Yes	1390	14	2885	14	666	35	5023	15.1
Valid responses =	10106	30	20905	63	1888	6	33187	98.3

Invalid responses include no response.

#### 82B) Do you have any of the following?

##### Autism Spectrum Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9835	98	20523	98	1530	81	32136	97.1
2 Yes	247	2	331	2	354	19	967	2.9
Valid responses =	10082	30	20854	63	1884	6	33103	98.0

Invalid responses include no response.

#### 82C) Do you have any of the following?

##### Deaf/Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9816	98	20436	98	1804	96	32330	97.9
2 Yes	242	2	381	2	74	4	709	2.1
Valid responses =	10058	30	20817	63	1878	6	33039	97.8

Invalid responses include no response.

#### 82D) Do you have any of the following?

##### Learning disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9701	97	19885	96	1648	88	31488	95.5
2 Yes	354	4	888	4	226	12	1499	4.5
Valid responses =	10055	30	20773	63	1874	6	32987	97.7

Invalid responses include no response.

#### 82E) Do you have any of the following?

##### Mobility/Dexterity disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9970	99	20582	99	1771	94	32594	98.5
2 Yes	104	1	252	1	113	6	485	1.5
Valid responses =	10074	30	20834	63	1884	6	33079	97.9

Invalid responses include no response.

#### 82F) Do you have any of the following?

##### Blind/Low Vision

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9749	97	20043	96	1796	96	31859	96.5
2 Yes	307	3	761	4	82	4	1164	3.5
Valid responses =	10056	30	20804	63	1878	6	33023	97.8

Invalid responses include no response.

#### 82G) Do you have any of the following?

##### Speech or language disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9941	99	20632	99	1822	97	32668	98.9
2 Yes	127	1	153	1	56	3	347	1.1
Valid responses =	10068	30	20785	63	1878	6	33015	97.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

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#### 83) Are you currently or have you been a member of the Armed Services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9737	96	20719	99	1872	99	32625	98.0
2 Yes, have served in area of hazardous duty	184	2	70	0	17	1	273	0.8
3 Yes, have not served in area hazardous duty	218	2	171	1	11	1	403	1.2
Valid responses =	10139	30	20960	63	1900	6	33301	98.6

Invalid responses include no response.

#### 84) What is the highest level of education completed by either of your parents (or guardians)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	353	4	896	4	46	2	1314	3.9
2 High school diploma or GED	1402	14	3090	15	278	15	4805	14.4
3 Attended college but no degree	644	6	1677	8	172	9	2512	7.5
4 Associate's degree	648	6	1605	8	138	7	2411	7.2
5 Bachelor's degree	2977	29	5908	28	496	26	9459	28.4
6 Master's degree	2514	25	5015	24	461	24	8060	24.2
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	1455	14	2552	12	286	15	4344	13.0
8 Don't know	151	2	244	1	25	1	427	1.3
Valid responses =	10144	30	20987	63	1902	6	33332	98.7

Invalid responses include no response.

#### 85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9591	95	19573	93	1842	97	31294	93.9
2 Yes	542	5	1412	7	57	3	2027	6.1
Valid responses =	10133	30	20985	63	1899	6	33321	98.7

Invalid responses include no response.

#### HT\_INCH Height in Inches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	0	0	1	0	1	0.0
3 49 to 60 Inches	10	0	1190	6	86	5	1296	4.0
4 61 to 72 Inches	7639	77	19424	94	1709	92	28992	88.5
5 73 to 84 Inches	2303	23	81	0	66	4	2466	7.5
6 85 or More Inches	5	0	12	0	2	0	20	0.1
Valid responses =	9957	30	20707	63	1864	6	32775	97.0

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

#### BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.04	0.02	0.06	0	0.50
Cis Women	0.04	0.02	0.06	0	0.49
Trans/Gender Non-conforming	0.04	0.02	0.05	0	0.50
Overall	0.04	0.02	0.06	0	0.50

#### BAC Estimated Blood Alcohol Content

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	2592	41	4740	34	435	39	7823	36.2
1 .01 to .05% Alcohol	2172	34	5616	40	430	39	8252	38.2
2 .06 to .07% Alcohol	446	7	1043	7	69	6	1566	7.2
3 .08 to .09% Alcohol	281	5	753	5	51	5	1091	5.0
4 .10 to .15% Alcohol	528	8	1283	9	87	8	1905	8.8
5 .16 to .20% Alcohol	149	2	368	3	25	2	545	2.5
6 .21 to .25% Alcohol	67	1	155	1	10	1	234	1.1
7 .26 to .30% Alcohol	31	1	66	1	5	0	102	0.5
8 .31 to .49% Alcohol	41	1	60	0	4	0	106	0.5
Valid responses =	6307	29	14084	65	1116	5	21624	64.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

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#### RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	5210	83	11399	81	934	84	17641	81.6
1 .08% or higher	1097	17	2685	19	182	16	3983	18.4
Valid responses =	6307	29	14084	65	1116	5	21624	64.0

Invalid responses include no response.

#### RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	5491	87	12152	86	985	88	18732	86.6
1 .1% or higher	816	13	1932	14	131	12	2892	13.4
Valid responses =	6307	29	14084	65	1116	5	21624	64.0

Invalid responses include no response.

#### BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Cis Men	24.90	24.00	5.19	7	71
Cis Women	24.92	23.00	6.15	6	78
Trans/Gender Non-conforming	25.52	24.00	6.55	9	70
Overall	24.95	24.00	5.91	6	78

#### RBMI Body Mass Index Classifications

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	459	5	1241	6	127	7	1849	5.7
2 Desired weight (18.5- 24.9)	5360	54	11714	57	929	51	18107	55.9
3 Overweight (25- 29.9)	2792	28	4136	20	388	21	7369	22.7
4 Class I obesity (30- 34.9)	860	9	1880	9	205	11	2973	9.2
5 Class II obesity (35- 39.9)	284	3	831	4	113	6	1243	3.8
6 Class III obesity (>=40)	151	2	633	3	59	3	856	2.6
Valid responses =	9906	31	20435	63	1821	6	32397	95.9

Invalid responses include no response.

#### USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Cis Men	1.60	1.00	2.07	0	6
Cis Women	1.85	1.00	2.15	0	6
Trans/Gender Non-conforming	2.31	2.00	2.34	0	6
Overall	1.81	1.00	2.15	0	6

#### RUSDAFI USDA Food Security Category

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	1563	16	3810	18	507	27	5981	18.0
2 Low food security (2-4)	2192	22	5094	24	441	23	7852	23.6
3 High or marginal food security (0-1)	6349	63	11956	57	934	50	19457	58.4
Valid responses =	10104	30	20860	63	1882	6	33290	98.6

Invalid responses include no response.

#### KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Cis Men	7.27	6.00	5.16	0	24
Cis Women	8.52	8.00	5.29	0	24
Trans/Gender Non-conforming	11.55	12.00	5.48	0	24
Overall	8.33	8.00	5.36	0	24

#### RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress\*

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-12)	8503	85	16248	78	1067	57	26050	78.8
3 Serious psychological distress (13-24)	1539	15	4535	22	817	43	7010	21.2
Valid responses =	10042	30	20783	63	1884	6	33060	97.9

Invalid responses include no response.

\*ACHA discontinued the practice of reporting moderate psychological distress in fall 2023 due to lack of consensus on an appropriate cut off score. Instead, we recommend reporting only students who screen positive (or negative) for serious psychological distress as indicated above. All reference group reports were updated to reflect this change.

#### ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.42	5.00	1.92	3	9
Cis Women	5.51	6.00	1.85	3	9
Trans/Gender Non-conforming	6.23	6.00	1.86	3	9
Overall	5.53	6.00	1.88	3	9



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### RULS3 Recoded UCLA Loneliness Scale

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	5171	51	10190	49	644	34	16152	48.3
2 Positive for loneliness (6-9)	4986	49	10817	52	1260	66	17283	51.7
Valid responses =	10157	30	21007	63	1904	6	33435	99.0

Invalid responses include no response.

#### SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.04	4.00	2.91	3	18
Cis Women	5.27	4.00	3.08	3	18
Trans/Gender Non-conforming	8.20	8.00	3.94	3	18
Overall	5.38	4.00	3.18	3	18

#### RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	7772	77	15384	74	721	38	24086	72.4
2 Positive for suicidal screening (7-18)	2346	23	5535	27	1174	62	9190	27.6
Valid responses =	10118	30	20919	63	1895	6	33276	98.5

Invalid responses include no response.

#### DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Cis Men	44.44	47.00	9.15	8	56
Cis Women	45.13	47.00	8.48	8	56
Trans/Gender Non-conforming	40.17	42.00	9.79	8	56
Overall	44.58	47.00	8.88	8	56

#### CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.24	6.00	1.54	0	8
Cis Women	5.96	6.00	1.58	0	8
Trans/Gender Non-conforming	5.36	5.00	1.71	0	8
Overall	6.00	6.00	1.59	0	8

#### SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	7.47	3.00	8.35	0	31
Cis Women	7.49	3.00	8.69	0	31
Trans/Gender Non-conforming	8.23	5.00	9.03	0	31
Overall	7.53	3.00	8.61	0	31

#### TOBACCORISK ASSIST Tobacco Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1638	51	3194	52	264	47	5142	51.1
2 Moderate Risk (4-26)	1492	46	2758	45	268	48	4569	45.4
3 High Risk (27-39)	93	3	222	4	30	5	349	3.5
Valid responses =	3223	32	6174	61	562	6	10060	29.8

Invalid responses include no response.

#### SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.84	5.00	6.15	0	39
Cis Women	6.67	5.00	5.62	0	39
Trans/Gender Non-conforming	6.39	5.00	5.87	0	39
Overall	6.71	5.00	5.81	0	39

#### ALCOHOLRISK ASSIST Alcohol Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	5308	82	11967	83	1031	83	18472	82.7
2 Moderate Risk (11-26)	1077	17	2233	16	189	15	3532	15.8
3 High Risk (27-39)	120	2	190	1	18	2	338	1.5
Valid responses =	6505	29	14390	64	1238	6	22342	66.2

Invalid responses include no response.

#### SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	5.98	3.00	7.53	0	39
Cis Women	5.18	2.00	6.83	0	39
Trans/Gender Non-conforming	7.37	5.00	7.84	0	39
Overall	5.59	3.00	7.17	0	39



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FREQUENCY REPORT

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#### CANNABISRISK ASSIST Cannabis Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1915	55	4472	58	376	42	6831	55.5
2 Moderate Risk (4-26)	1476	42	3150	41	477	53	5164	41.9
3 High Risk (27-39)	108	3	160	2	40	5	318	2.6
Valid responses =	3499	28	7782	63	893	7	12313	36.5

Invalid responses include no response.

#### SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.92	0.00	5.85	0	37
Cis Women	2.13	0.00	4.49	0	33
Trans/Gender Non-conforming	3.83	0.00	7.78	0	33
Overall	2.61	0.00	5.49	0	37

#### COCAINERISK ASSIST Cocaine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	445	78	813	83	89	75	1356	80.4
2 Moderate Risk (4-26)	113	20	158	16	23	19	300	17.8
3 High Risk (27-39)	11	2	7	1	7	6	30	1.8
Valid responses =	569	34	978	58	119	7	1686	5.0

Invalid responses include no response.

#### SSSMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.87	0.00	8.3	0	33
Cis Women	3.83	0.00	7.14	0	35
Trans/Gender Non-conforming	7.39	3.00	11.1	0	36
Overall	4.32	0.00	8.16	0	36

#### METHRISK ASSIST Methamphetamine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	99	77	145	68	20	56	267	69.2
2 Moderate Risk (4-26)	22	17	60	28	11	31	97	25.1
3 High Risk (27-39)	7	6	8	4	5	14	22	5.7
Valid responses =	128	33	213	55	36	9	386	1.1

Invalid responses include no response.

#### SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.39	0.00	5.38	0	33
Cis Women	2.01	0.00	5.02	0	32
Trans/Gender Non-conforming	3.39	0.00	6.45	0	31
Overall	2.44	0.00	5.59	0	33

#### INHALANTRISK ASSIST Inhalant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	386	84	448	85	100	78	946	83.0
2 Moderate Risk (4-26)	68	15	70	13	26	20	171	15.0
3 High Risk (27-39)	8	2	9	2	3	2	23	2.0
Valid responses =	462	41	527	46	129	11	1140	3.4

Invalid responses include no response.

#### SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.14	0.00	5.22	0	33
Cis Women	2.27	0.00	4.88	0	38
Trans/Gender Non-conforming	3.05	0.00	6.44	0	39
Overall	2.37	0.00	5.31	0	39

#### RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	603	85	1067	81	120	79	1806	81.5
2 Moderate Risk (4-26)	96	14	248	19	28	18	379	17.1
3 High Risk (27-39)	11	2	9	1	4	3	30	1.4
Valid responses =	710	32	1324	60	152	7	2215	6.6

Invalid responses include no response.

#### SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.84	0.00	6.09	0	35
Cis Women	3.02	0.00	5.78	0	39
Trans/Gender Non-conforming	3.51	0.00	6.57	0	31
Overall	3.10	0.00	6.08	0	39



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2022

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 21, 2023

FREQUENCY REPORT

Number of Surveys (n) = 33774 Web Surveys

#### SEDATIVERISK ASSIST Sedative Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	356	78	642	74	95	73	1099	74.7
2 Moderate Risk (4-26)	92	20	209	24	32	25	344	23.4
3 High Risk (27-39)	10	2	13	2	3	2	29	2.0
Valid responses =	458	31	864	59	130	9	1472	4.4

Invalid responses include no response.

#### SSSHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.13	0.00	4.47	0	36
Cis Women	1.86	0.00	3.76	0	31
Trans/Gender Non-conforming	2.90	0.00	4.77	0	31
Overall	2.09	0.00	4.22	0	36

#### HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	888	83	1288	83	194	72	2403	82.0
2 Moderate Risk (4-26)	167	16	253	16	71	27	503	17.2
3 High Risk (27-39)	11	1	8	1	3	1	23	0.8
Valid responses =	1066	36	1549	53	268	9	2929	8.7

Invalid responses include no response.

#### SSSHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	8.04	3.00	11.84	0	33
Cis Women	5.41	3.00	8.13	0	33
Trans/Gender Non-conforming	7.79	3.00	11.35	0	31
Overall	7.01	3.00	10.08	0	33

#### HEROINRISK ASSIST Heroin Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	33	60	51	54	11	58	96	53.6
2 Moderate Risk (4-26)	12	22	39	41	4	21	62	34.6
3 High Risk (27-39)	10	18	5	5	4	21	21	11.7
Valid responses =	55	31	95	53	19	11	179	0.5

Invalid responses include no response.

#### SSSRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.71	0.00	6.27	0	36
Cis Women	2.44	0.00	5.91	0	36
Trans/Gender Non-conforming	3.33	0.00	6.76	0	36
Overall	2.75	0.00	6.31	0	36

#### RXOPIOIDRISK ASSIST Opioid Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	310	82	476	82	72	72	866	80.3
2 Moderate Risk (4-26)	59	16	90	16	25	25	184	17.1
3 High Risk (27-39)	10	3	13	2	3	3	29	2.7
Valid responses =	379	35	579	54	100	9	1079	3.2

Invalid responses include no response.

#### SSSOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	9.26	6.00	10.75	0	33
Cis Women	7.02	4.00	8.19	0	34
Trans/Gender Non-conforming	8.42	5.00	9.81	0	33
Overall	8.07	6.00	9.46	0	34

#### OTHERSSISRISK ASSIST Other Drug Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	38	44	51	48	7	37	99	45.2
2 Moderate Risk (4-26)	36	41	50	47	11	58	100	45.7
3 High Risk (27-39)	13	15	6	6	1	5	20	9.1
Valid responses =	87	40	107	49	19	9	219	0.6

Invalid responses include no response.



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#### PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Cis Men	554.19	360.00	676.62	0	9600
Cis Women	435.41	240.00	605.76	0	11040
Trans/Gender Non-conforming	378.55	240.00	469.02	0	5040
Overall	468.60	280.00	625.63	0	11040

#### PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2377	24	6701	32	690	37	9917	29.9
2 Yes	7697	76	14052	68	1182	63	23247	70.1
Valid responses =	10074	30	20753	63	1872	6	33164	98.2

Invalid responses include no response.

#### PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4965	49	13257	64	1388	74	19897	60.0
2 Yes	5107	51	7495	36	484	26	13264	40.0
Valid responses =	10072	30	20752	63	1872	6	33161	98.2

Invalid responses include no response.

#### HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5837	58	14806	71	1481	79	22463	67.7
2 Yes	4235	42	5946	29	391	21	10698	32.3
Valid responses =	10072	30	20752	63	1872	6	33161	98.2

Invalid responses include no response.

#### References

<sup>1</sup> Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.

The following questions about guns/firearms require an opt-in on the part of the campus. The firearm questions were included in the ACHA-NCHA at 7 schools.

#### 86A) Do you have access to a gun/firearm?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1286	84	3585	89	290	90	5208	87.6
2 Yes	255	17	448	11	31	10	736	12.4
Valid responses =	1541	26	4033	68	321	5	5944	17.6

Invalid responses include no response.

#### 86B) During the last 30 days, on how many days did you carry a gun/firearm on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	1495	99	3907	100	309	100	5753	99.7
2 1-2 days	2	0	3	0	0	0	5	0.1
3 3-4 days	0	0	0	0	1	0	1	0.0
4 5-30 days	8	1	5	0	0	0	13	0.2
Valid responses =	1505	26	3915	68	310	5	5772	17.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	0.12	0.00	1.63	0	30
Cis Female	2.00	0.00	0.73	0	30
Trans/Gender Non-conforming	0.01	0.00	0.17	0	3
Overall	0.05	0.00	1.03	0	30

#### 86C) To what extent are you concerned about gun violence on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all concerned	733	48	1296	32	81	25	2126	35.7
2 Slightly concerned	500	32	1577	39	108	34	2197	36.9
3 Moderately concerned	196	13	794	20	95	30	1091	18.3
4 Very concerned	76	5	242	6	25	8	353	5.9
5 Extremely concerned	37	2	131	3	12	4	182	3.1
Valid responses =	1542	26	4040	68	321	5	5949	17.6

Invalid responses include no response.