REFERENCE GROUP Data Report Fall 2023 - PILOT

American College Health Association Well-Being Assessment



A program by 🔷 ACHA

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Demographics of Participating Institutions

Six postsecondary institutions self-selected to participate in the Fall 2023 ACHA Well-Being Assessment Pilot and 5,627 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all students or used a random sampling technique are included in the analysis, yielding a final data set consisting of 5,627 students at 6 schools. Demographic characteristics of the 6 campuses follow.

Campus Characteristic	n
Type of Institution	
Public	2
Private	4
2-year	0
4-year or above	6
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	0
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	3
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX,	
VA, WV)	1
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	2
Campus Size	
< 2,500 students	1
2,500 – 4,999 students	2
5,000 – 9,999 students	0
10,000 – 19,999 students	0
20,000 students or more	3
Campus Setting	
Very large city (population over 500,000)	1
Large city (population 250,000-499,999)	0
Small city (population 50,000-249,999)	4
Large town (population 10,000-49,999)	1
Small town (population 2,500-9,999)	0
Rural community (population under 2,500)	0
Carnegie Classification	
Associates Colleges	0
Baccalaureate Colleges	2
Baccalaureate/Associates Colleges	0
Masters Colleges and Universities	0
Doctoral Universities	4
Special Focus Institutions	0

Demographical Characteristics of the 6 US Postsecondary Institutions Included in the Fall 2023 ACHA Well-Being Assessment Reference Group

Campus Characteristic	n
ACHA Membership Status	
Institutional Member	6
Nonmember	0
Religious Affiliation	
No	3
Yes	3
<u>If yes:</u>	
Catholic	0
Protestant or Other Christian	3
Postsecondary Minority Institution (US Department of Education)	
No	6
Yes	0
*If yes:	
Historically Black College or University (HBCU)	0
Hispanic-serving Institution (HSI)	0
Tribal College or University	0
Predominately Black Institution	0
Asian American and Native American Pacific Islander-serving	0
Alaska Native-serving or Native Hawaiian-serving Institution	0
Native American-serving Nontribal Institution	0
*institutions may hold more than one type of minority status	

	Fall 2023 Institutions
Number of institutions	6
Number of students	5,627
Mean response proportion	15%
Median response proportion	13%



American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500 www.acha.org n= 6 schools

May 1, 2024

Trans/Gondor

Number of Surveys (n) =

5627 Web

Survevs

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.

A note about the use of sex and gender in this report:

Survey results are reported by sex based on the responses to questions SEX, TRANS, and GENDER. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to SEX, TRANS, and GENDER are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on GENDER is designated missing in RSEX. A respondent that ships any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

HAPPY_1 Over the past two weeks, how often have you experienced any of the following: Feeling cheerful

					i i alis/G	ender		
	Cis N	len	Cis Wo	men	Non-con	forming	To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	64	4	121	3	16	5	208	3.7 🗖
2 Several days	257	17	660	18	88	27	1019	18.2
3 Half the days	301	20	909	24	104	32	1320	23.5
4 Over half the days	523	35	1225	33	76	24	1829	32.6
5 Nearly every day	371	25	818	22	38	12	1235	22.0
Valid responses =	1516	27	3733	67	322	6	5611	99.7
Invalid responses include no response.								

HAPPY_2 Over the past two weeks, how often have you experienced any of the following: Being in good spirits

					Trans/G	ender		
	Cis Men C		Cis Wo	Cis Women Non-conf		nforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	37	2	87	2	11	3	140	2.5
2 Several days	223	15	621	17	89	28	945	16.9
3 Half the days	315	21	880	24	101	31	1304	23.3
4 Over half the days	532	35	1278	34	82	25	1899	33.9
5 Nearly every day	406	27	863	23	40	12	1317	23.5
Valid responses =	1513	27	3729	67	323	6	5605	99.6
Invalid responses include no response.								

HAPPY_3 Over the past two weeks, how often have you experienced any of the following: Feeling extremely happy

					Trans/G	ender		
	Cis N	len	Cis Wo	Cis Women		Non-conforming		otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	224	15	511	14	65	20	813	14.5
2 Several days	444	29	1177	32	132	41	1768	31.6
3 Half the days	287	19	863	23	69	21	1222	21.8
4 Over half the days	355	24	819	22	34	11	1213	21.7
5 Nearly every day	200	13	359	10	22	7	585	10.4
Valid responses =	1510	27	3729	67	322	6	5601	99.5
Invalid responses include no response.								

HAPPY_4 Over the past two weeks, how often have you experienced any of the following: Feeling full of life

					Trans/G	ender		
	Cis Men Cis		Cis Wo	Cis Women Non-conforming			To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	189	13	443	12	61	19	703	12.6
2 Several days	325	22	1003	27	110	34	1451	25.9
3 Half the days	315	21	869	23	69	21	1255	22.4
4 Over half the days	403	27	887	24	57	18	1354	24.2
5 Nearly every day	279	19	524	14	25	8	836	14.9
Valid responses =	1511	27	3726	67	322	6	5599	99.5



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n= 6 schools

May 1, 2024

Trans/Gondor

Trans/Gondor

Number of Surveys (n) = 5627 Web

Surveys

ANX_1 Over the past two weeks, how often have you experienced any of the following: Feeling nervous, anxious, or on edge

	Cis Men Cis Women No			Trans/Go		To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	220	15	234	6	14	4	473	8.4
2 Several days	504	33	1009	27	60	19	1583	28.2
3 Half the days	272	18	741	20	54	17	1073	19.1
4 Over half the days	316	21	986	26	102	32	1416	25.2
5 Nearly every day	204	14	765	21	93	29	1069	19.0
Valid responses =	1516	27	3735	67	323	6	5614	99.8
Invalid responses include no response.								

ANX_2 Over the past two weeks, how often have you experienced any of the following: Not being able to stop or control worrying

Not being able to stop or control worrying	•		•		Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	540	36	849	23	40	12	1437	25.6
2 Several days	444	29	1013	27	87	27	1555	27.7
3 Half the days	233	15	600	16	63	20	905	16.1
4 Over half the days	197	13	736	20	74	23	1012	18.0
5 Nearly every day	99	7	535	14	59	18	700	12.5
Valid responses =	1513	27	3733	67	323	6	5609	99.7
Invalid responses include no response.								

ANX_3 Over the past two weeks, how often have you experienced any of the following: Worrying too much about different things

Worrying too much about unferent things					i i alioi O	ender		
	Cis N	len	Cis Wo	men	Non-con	forming	To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	324	21	467	13	26	8	821	14.7
2 Several days	498	33	1039	28	61	19	1609	28.7
3 Half the days	240	16	680	18	73	23	1003	17.9
4 Over half the days	277	18	847	23	78	24	1209	21.6
5 Nearly every day	174	12	695	19	85	26	962	17.2
Valid responses =	1513	27	3728	67	323	6	5604	99.6
Invalid responses include no response.								

ANX_4 Over the past two weeks, how often have you experienced any of the following: Being concerned that something had might hannen

being concerned that something bad might happen					i i alis/G	ender			
	Cis N	Cis Men (men	Non-con	forming	To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not at all	538	36	1115	30	49	15	1717	30.6	
2 Several days	473	31	1032	28	79	25	1590	28.4	
3 Half the days	212	14	576	16	57	18	857	15.3	
4 Over half the days	190	13	602	16	75	23	869	15.5	
5 Nearly every day	102	7	403	11	62	19	572	10.2	
Valid responses =	1515	27	3728	67	322	6	5605	99.6	
Invalid responses include no response.									

DEP_1 Over the past two weeks, how often have you experienced any of the following: Feeling depressed

• ,	Cis N	Cis Women		Trans/Gender Non-conforming		To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	783	52	1671	45	64	20	2534	45.2
2 Several days	402	27	969	26	92	28	1471	26.2
3 Half the days	141	9	450	12	71	22	666	11.9
4 Over half the days	106	7	421	11	47	15	579	10.3
5 Nearly every day	83	6	219	6	50	15	359	6.4 📟
Valid responses =	1515	27	3730	67	324	6	5609	99.7
Invalid responses include no response.								

$\label{eq:decomposition} \mbox{DEP_2 Over the past two weeks, how often have you experienced any of the following:}$ Feeling sad

					Trans/G	ender		
	Cis Men		Cis Wo	Cis Women Non-conforr		forming	To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	424	28	696	19	21	7	1147	20.5
2 Several days	704	47	1714	46	125	39	2560	45.7
3 Half the days	182	12	599	16	72	22	861	15.4
4 Over half the days	120	8	482	13	64	20	668	11.9
5 Nearly every day	82	5	234	6	42	13	365	6.5
Valid responses =	1512	27	3725	67	324	6	5601	99.5



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n= 6 schools

May 1, 2024

Number of Surveys (n) =

5627 Web

Surveys

DEP_3 Over the past two weeks, how often have you experienced any of the following: Feeling like nothing can make you happy

coming the notioning continues you mappy	Cis Men		Cis Wo	men	Trans/Gender Non-conforming T			Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not at all	982	65	2293	62	132	41	3428	61.2	
2 Several days	291	19	726	20	85	26	1109	19.8	
3 Half the days	103	7	325	9	46	14	478	8.5	
4 Over half the days	73	5	263	7	38	12	378	6.7	
5 Nearly every day	62	4	121	3	23	7	210	3.7	
Valid responses =	1511	27	3728	67	324	6	5603	99.6	
Invalid responses include no response.									

DEP_4 Over the past two weeks, how often have you experienced any of the following: Thinking that others would be better off without you

3	Trans/Gender										
	Cis Men		Cis Wo	men	Non-con	forming	To	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Not at all	1132	75	2810	75	173	53	4141	73.9			
2 Several days	212	14	497	13	64	20	777	13.9			
B Half the days	75	5	206	6	34	11	317	5.7 🔳			
1 Over half the days	54	4	131	4	29	9	217	3.9			
5 Nearly every day	39	3	86	2	24	7	154	2.7			
/alid responses =	1512	27	3730	67	324	6	5606	99.6			
Invalid responses include no response.											

DEP_5 Over the past two weeks, how often have you experienced any of the following: Feeling like you have let yourself, friends, or family down

					I rans/G	ender		
	Cis Men C		Cis Wo	men	Non-con	forming	To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	798	53	1889	51	85	26	2788	49.8
2 Several days	391	26	991	27	87	27	1481	26.4
3 Half the days	146	10	369	10	45	14	564	10.1
4 Over half the days	91	6	278	8	52	16	424	7.6
5 Nearly every day	83	6	204	6	54	17	346	6.2
Valid responses =	1509	27	3731	67	323	6	5603	99.6
Invalid responses include no response.								

LONE_1 Over the past two weeks, how often have you experienced any of the following: Feeling like you don't have friends

	Trans/Gender Trans/Gender									
	Cis Men		Cis Wo	men	Non-conf	forming	To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not at all	947	63	2073	56	155	48	3193	56.9		
2 Several days	264	17	783	21	67	21	1122	20.0		
3 Half the days	123	8	328	9	34	11	487	8.7		
4 Over half the days	101	7	305	8	40	12	453	8.1		
5 Nearly every day	81	5	243	7	28	9	357	6.4		
Valid responses =	1516	27	3732	67	324	6	5612	99.7		
Invalid responses include no response.										

LONE_2 Over the past two weeks, how often have you experienced any of the following: Feeling left out

	Cis Men		Cis Wo	men	Trans/Gender Non-conforming		Te	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	834	55	1761	47	114	35	2723	48.6
2 Several days	390	26	1102	30	93	29	1596	28.5
3 Half the days	119	8	368	10	41	13	531	9.5
4 Over half the days	105	7	299	8	48	15	460	8.2
5 Nearly every day	66	4	198	5	28	9	296	5.3
Valid responses =	1514	27	3728	67	324	6	5606	99.6
Invalid responses include no response.								

LONE_3 Over the past two weeks, how often have you experienced any of the following: Feeling isolated from others

					Trans/G	ender		
	Cis Men		Cis Wo	men	Non-conforming		To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all	713	47	1621	44	78	24	2424	43.2
2 Several days	420	28	1068	29	87	27	1584	28.3
3 Half the days	148	10	406	11	56	17	613	10.9
4 Over half the days	131	9	380	10	64	20	586	10.5
5 Nearly every day	100	7	254	7	39	12	398	7.1 📥
Valid responses =	1512	27	3729	67	324	6	5605	99.6



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n= 6 schools

May 1, 2024

Trans/Gender

Number of Surveys (n) = 56

5627 Web

Surveys

LONE_4 Over the past two weeks, how often have you experienced any of the following: Feeling like no one understands you

	Trans/Gender										
	Cis Men		Cis Wo	men	Non-conforming		To	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Not at all	887	59	1911	51	99	31	2912	51.9			
2 Several days	286	19	876	24	81	25	1251	22.3			
B Half the days	134	9	368	10	53	16	560	10.0			
4 Over half the days	110	7	336	9	47	15	500	8.9			
5 Nearly every day	98	7	237	6	44	14	384	6.8			
Valid responses =	1515	27	3728	66	324	6	5607	99.6			
Invalid responses include no response.											

LONE_5 Over the past two weeks, how often have you experienced any of the following: Feeling excluded

					11411070	onaoi			
	Cis Men		Cis Women		Non-conforming		To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not at all	937	62	2094	56	131	41	3178	56.8	
2 Several days	338	22	901	24	93	29	1345	24.0	
3 Half the days	102	7	305	8	31	10	440	7.9 📥	
4 Over half the days	81	5	247	7	41	13	376	6.7	
5 Nearly every day	55	4	176	5	26	8	259	4.6	
Valid responses =	1513	27	3723	67	322	6	5598	99.5	
Invalid responses include no response.									

SOCANX_1 Over the past two weeks, how often have you experienced any of the following: Feeling an intense and persistent fear of a social situation in which people might judge you

	Trans/Gender										
	Cis Men C		Cis Wo	Cis Women		Non-conforming		otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Not at all	834	55	1611	43	97	30	2559	45.6			
2 Several days	351	23	938	25	62	19	1357	24.2			
3 Half the days	142	9	466	13	39	12	652	11.6			
4 Over half the days	115	8	389	10	60	19	570	10.1			
5 Nearly every day	77	5	332	9	66	20	480	8.5			
Valid responses =	1519	27	3736	67	324	6	5618	99.8			
Invalid responses include no response.											

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SOCANX_2 Over the past two weeks, how often have you experienced any of the following: Fearing that you will embarrass yourself

Trans/Gender Trans/Gender									
Cis Men (Cis Wo	Cis Women		orming	To	otal		
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
743	49	1477	40	81	25	2315	41.3		
429	28	1079	29	68	21	1586	28.3		
148	10	478	13	54	17	683	12.2		
122	8	371	10	60	19	557	9.9		
76	5	324	9	61	19	469	8.4		
1518	27	3729	66	324	6	5610	99.7		
	Freq. 743 429 148 122 76	Freq. Pct. 743 49 429 28 148 10 122 8 76 5	Freq. Pct. Freq. 743 49 1477 429 28 1079 148 10 478 122 8 371 76 5 324	Freq. Pct. Freq. Pct. 743 49 1477 40 429 28 1079 29 148 10 478 13 122 8 371 10 76 5 324 9	Cis Men Cis Women Non-conf Freq. Pct. Freq. Pct. Freq. 743 49 1477 40 81 429 28 1079 29 68 148 10 478 13 54 122 8 371 10 60 76 5 324 9 61	Cis Ment Cis Woment Non-conforming Freq. Pct. Freq. Pct. Freq. Pct. 743 49 1477 40 81 25 429 28 1079 29 68 21 148 10 478 13 54 17 122 8 371 10 60 19 76 5 324 9 61 19	Cis Men Cis Women Non-conforming To Freq. Pct. Freq. Pct. Freq. Pct. 743 49 1477 40 81 25 2315 429 28 1079 29 68 21 1586 148 10 478 13 54 17 683 122 8 371 10 60 19 557 76 5 324 9 61 19 469		

SOCANX_3 Over the past two weeks, how often have you experienced any of the following: Fearing that people will notice that you are anxious

	Trans/Gender Trans/Gender									
	Cis Men		Cis Wo	men	Non-con	forming	To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not at all	924	61	1792	48	109	34	2846	50.7		
2 Several days	306	20	865	23	62	19	1238	22.1		
3 Half the days	130	9	431	12	51	16	615	11.0		
4 Over half the days	88	6	358	10	50	15	503	9.0		
5 Nearly every day	70	5	285	8	52	16	410	7.3		
Valid responses =	1518	27	3731	66	324	6	5612	99.7		
Invalid responses include no response										

SEX What sex were you assigned at birth?

	Trans/Gender Trans/Gender										
	Cis M	Cis Men		Cis Women Non-conforming			To	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Female	1	0	3734	100	250	77	4003	71.3			
2 Male	1518	100	4	0	73	23	1612	28.7			
3 Intersex	0	0	0	0	1	0	1	0.0			
Valid responses =	1519	27	3738	67	324	6	5616	99.8			



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n= 6 schools

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Number of Surveys (n) =

Trans/Gender

Trans/Gender

5627 Web

Surveys

TRANS Do you identify as transgender?

	Cis Men		Cis Wo	men	Non-conforming		To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1519	100	3738	100	108	33	5387	96.1
2 Yes	0	0	0	0	216	67	220	3.9
Valid responses =	1519	27	3738	67	324	6	5607	99.6
Invalid responses include no response.								

GENDER Which term do you use to describe your gender identity?

OLINDLIK Willow to mad you doe to describe your gender lac		Trans/Gender									
	Cis M	Cis Men		men	Non-conf	forming	To	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Woman or female	0	0	3738	100	58	18	3797	67.7			
2 Man or male	1519	100	0	0	42	13	1565	27.9			
3 Trans woman	0	0	0	0	10	3	10	0.2 I			
Trans man	0	0	0	0	25	8	25	0.4 I			
5 Genderqueer	0	0	0	0	36	11	36	0.6 ▮			
My identity is not listed	0	0	0	0	0	0	23	0.4 I			
Agender	0	0	0	0	21	7	21	0.4			
Genderfluid	0	0	0	0	36	11	38	0.7			
Non-binary	0	0	0	0	96	30	97	1.7 0			
0 Intersex	0	0	0	0	0	0	0	0.0			
/alid responses =	1519	27	3738	67	324	6	5612	99.7			
Invalid responses include no response.											

SEX_OR What term best describes your sexual orientation?

Trans/Sender								
Cis N	len	Cis Wo	men	Non-conf	orming	Total		
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
14	1	52	1	34	11	101	1.8	
71	5	499	13	62	19	637	11.4	
78	5	3	0	14	4	98	1.8 □	
1	0	138	4	30	9	171	3.1	
9	1	79	2	32	10	122	2.2 🛮	
8	1	79	2	64	20	154	2.8	
14	1	79	2	12	4	107	1.9 🛮	
1302	86	2767	74	73	23	4153	74.4	
11	1	22	1	3	1	39	0.7	
1508	27	3718	67	324	6	5582	99.2	
	Freq. 14 71 78 1 9 8 14 1302	14 1 71 5 78 5 1 0 9 1 8 1 14 1 1302 86 11 1	Freq. Pct. Freq. 14 1 52 71 5 499 78 5 3 1 0 138 9 1 79 8 1 79 14 1 79 1302 86 2767 11 1 22	Freq. Pct. Freq. Pct. 14 1 52 1 71 5 499 13 78 5 3 0 1 0 138 4 9 1 79 2 8 1 79 2 14 1 79 2 1302 86 2767 74 11 1 22 1	Cis Men Cis Women Non-conference Freq. Pct. Freq. Pct. Freq. 14 1 52 1 34 71 5 499 13 62 78 5 3 0 14 1 0 138 4 30 9 1 79 2 32 8 1 79 2 64 14 1 79 2 12 1302 86 2767 74 73 11 1 22 1 3	Cis Men Cis Women Non-conforming Freq. Pct. Freq. Pct. 14 1 52 1 34 11 71 5 499 13 62 19 78 5 3 0 14 4 1 0 138 4 30 9 9 1 79 2 32 10 8 1 79 2 64 20 14 1 79 2 12 4 1302 86 2767 74 73 23 11 1 22 1 3 1	Cis Men Cis Women Non-conforming To Freq. Pct. Freq. Pct. Freq. Pct. Freq. 14 1 52 1 34 11 101 71 5 499 13 62 19 637 78 5 3 0 14 4 98 1 0 138 4 30 9 171 9 1 79 2 32 10 122 8 1 79 2 64 20 154 14 1 79 2 12 4 107 1302 86 2767 74 73 23 4153 11 1 22 1 3 1 39	Cis Men Cis Women Non-conforming Total Freq. Pct. Freq. Pct. Freq. Pct. 14 1 52 1 34 11 101 1.8 □ 71 5 499 13 62 19 637 11.4 □ 78 5 3 0 14 4 98 1.8 □ 1 0 138 4 30 9 171 3.1 □ 9 1 79 2 32 10 122 2.2 □ 8 1 79 2 64 20 154 2.8 □ 14 1 79 2 12 4 107 1.9 □ 1302 86 2767 74 73 23 4153 74.4 □ 11 1 22 1 3 1 39 0.7 <

AGE How old are you?

	Trans/Gender									
	Cis Men		Cis Wo	men	Non-conf	forming	To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 18 Years	190	13	641	17	56	18	892	16.2		
2 19 Years	238	16	645	18	65	20	955	17.3		
3 20 Years	204	14	563	15	57	18	826	15.0		
4 21 Years	177	12	460	13	38	12	678	12.3		
5 22 Years	108	7	258	7	23	7	393	7.1		
6 23 Years	62	4	134	4	12	4	211	3.8		
7 24 Years	36	2	123	3	7	2	168	3.0		
8 25 Years	48	3	94	3	12	4	156	2.8		
9 26 to 30 Years	231	16	315	9	32	10	581	10.5		
10 31 to 40 Years	138	9	267	7	14	4	421	7.6		
11 41 or More Years	60	4	174	5	4	1	238	4.3		
Valid responses =	1492	27	3674	67	320	6	5519	98.1		

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	23.95	21	7	14	64.0
Cis Women	23.11	20	7	15	65.0
Trans/Gender Non-conforming	21.91	20	5	17	56.0
Overall	23.26	21	7	14	65.0

YEAR What is your year in school?

TEAR What is your your in concor.					Trans/G	andor		
	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	314	21	932	25	76	24	1332	23.7
2 2nd year undergraduate	203	13	650	17	72	22	932	16.6 💳
3 3rd year undergraduate	254	17	611	16	49	15	920	16.4 💳
4 4th year undergraduate	175	12	490	13	41	13	710	12.6 💳
5 5th year or more undergraduate	33	2	86	2	10	3	129	2.3
6 Master's (MA, MS, etc.)	247	16	496	13	32	10	781	13.9 💳
7 Doctorate (PhD, EdD, MD, JD, etc.)	272	18	431	12	39	12	748	13.3 💳
8 Not seeking a degree	2	0	5	0	2	1	9	0.2
9 Other (please specify):	17	1	32	1	3	1	52	0.9
Valid responses =	1517	27	3733	67	324	6	5613	99.8
Invalid responses include no response.								

WELL-BEING ASSESSMENT

American College Health Association-Well-Being Assessment Reference Group Data Report - Fall 2023

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

n= 6 schools

May 1, 2024

Number of Surveys (n) = 5627 Web Surveys

RACE_1 How do you usually describe yourself? (Please select ALL that apply) American Indian or Native Alaskan

	Cis Men Cis Wor			mon	Trans/G Non-con		otal		
	Freq.	Pct.	Freq.	Pct.	Frea.	Pct.	Freq.	Pct.	
0 Not selected	1491	98	3699	99	319	99	5553	98.7	
1 Selected	28	2	39	1	5	2	74	1.3 ▮	
Valid responses =	1519	27	3738	66	324	6	5627	100.0	
Invalid responses include no response.									

RACE_2 How do you usually describe yourself? (Please select ALL that apply) Asian or Asian American

	Cis N	Cis Wo	men	Trans/G		т	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1215	80	3260	87	283	87	4802	85.3
1 Selected	304	20	478	13	41	13	825	14.7 🔲
Valid responses =	1519	27	3738	66	324	6	5627	100.0
Invalid responses include no response.								

RACE_3 How do you usually describe yourself? (Please select ALL that apply) Black or African American

	Cis Men		Trans/Gender Cis Women Non-conforming				т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1416	93	3528	94	306	94	5294	94.1
1 Selected	103	7	210	6	18	6	333	5.9
Valid responses =	1519	27	3738	66	324	6	5627	100.0
Invalid responses include no response.								

RACE_4 How do you usually describe yourself? (Please select ALL that apply) Hispanic or Latino/a/x

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	1391	92	3473	93	301	93	5209	92.6		
1 Selected	128	8	265	7	23	7	418	7.4		
Valid responses =	1519	27	3738	66	324	6	5627	100.0		
Invalid responses include no response.										

RACE_5 How do you usually describe yourself? (Please select ALL that apply) Middle Eastern/North African (MENA) or Arab Origin

	Trans/Gender									
	Cis Men		Cis Women 1		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	1492	98	3681	99	317	98	5536	98.4		
1 Selected	27	2	57	2	7	2	91	1.6 ▮		
Valid responses =	1519	27	3738	66	324	6	5627	100.0		
Invalid responses include no response.										

RACE_6 How do you usually describe yourself? (Please select ALL that apply) Native Hawaiian or Other Pacific Islander Native

	Cis N	Trans/Gender Cis Women Non-conforming				T	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	1512	100	3721	100	324	100	5603	99.6	
1 Selected	7	1	17	1	0	0	24	0.4	
Valid responses =	1519	27	3738	66	324	6	5627	100.0	

RACE_7 How do you usually describe yourself? (Please select ALL that apply) White

Invalid responses include no response.

Invalid responses include no response.

		Trans/Gender							
	Cis M	Cis Men	Cis Wo	men	Non-conforming		Te	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	526	35	854	23	65	20	1462	26.0	
1 Selected	993	65	2884	77	259	80	4165	74.0	
Valid responses =	1519	27	3738	66	324	6	5627	100.0	

RACE_8 How do you usually describe yourself? (Please select ALL that apply) Biracial or Multiracial

	1141107 0011401										
	Cis Men		Cis Wo	Cis Women		Non-conforming		otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
0 Not selected	1454	96	3601	96	295	91	5394	95.9			
1 Selected	65	4	137	4	29	9	233	4.1			
Valid responses =	1519	27	3738	66	324	6	5627	100.0			
Invalid responses include no response.											

Trans/Gender

WELL-BEING ASSESSMENT

American College Health Association-Well-Being Assessment Reference Group Data Report - Fall 2023

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

Invalid responses include no response.

n= 6 schools

May 1, 2024

Trans/Gender

Number of Surveys (n) = 5627 Web Surveys

RACE_9 How do you usually describe yourself? (Please select ALL that apply) Another Identity

	Trails/Certaer									
	Cis Men		Cis Women Non		Non-con	Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not selected	1483	98	3707	99	321	99	5555	98.7		
1 Selected	36	2	31	1	3	1	72	1.3 ▮		
Valid responses =	1519	27	3738	66	324	6	5627	100.0		
Invalid responses include no response.										

RACE_HISPANIC_1 Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Mexican, Mexican American, Chicano

					Trans/G	ender			
	Cis N	len 💮	Cis Wo	men	Non-con	forming	To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	81	63	139	53	13	57	233	55.7	
1 Selected	47	37	126	48	10	44	185	44.3	
Valid responses =	128	31	265	63	23	6	418	7.4	
Invalid responses include no response.									

RACE_HISPANIC_2 Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latinolalx) Puerto Rican

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	117	91	239	90	22	96	380	90.9
1 Selected	11	9	26	10	1	4	38	9.1 🗖
Valid responses =	128	31	265	63	23	6	418	7.4
Invalid responses include no response.								

RACE_HISPANIC_3 Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Cuban

	Cis N	/len	Cis Wo	men	Trans/G		To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	124	97	257	97	22	96	405	96.9
1 Selected	4	3	8	3	1	4	13	3.1
Valid responses =	128	31	265	63	23	6	418	7.4
Invalid responses include no response.								

RACE_HISPANIC_4 Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x) Another Hispanic, Latino/a/x, or Spanish origin

					Trans/G	ender			
	Cis Men Cis Women Non-conformin	forming	To	otal					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	60	47	146	55	9	39	217	51.9	
1 Selected	68	53	119	45	14	61	201	48.1	
Valid responses =	128	31	265	63	23	6	418	7.4	
Invalid responses include no response.									

RACE_ASIAN_1 Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) East Asian (for example: Chinese, Japanese, or Korean)

					I rans/G	ender			
	Cis N	len	Cis Wo	men	Non-con	forming	To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	138	45	189	40	17	42	345	41.8	
1 Selected	166	55	289	61	24	59	480	58.2	
Valid responses =	304	37	478	58	41	5	825	14.7	
Invalid responses include no response.									

RACE_ASIAN_2 Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

					Trans/G	ender		
	Cis M	Cis Men	Cis Wo	men	Non-conforming		To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	266	88	399	84	32	78	698	84.6
1 Selected	38	13	79	17	9	22	127	15.4
Valid responses =	304	37	478	58	41	5	825	14.7

RACE_ASIAN_3 Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

Trans/Gender

					i i ui io, o	onaci		
	Cis N	len	Cis Wo	men	Non-conf	forming	To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	199	66	363	76	35	85	599	72.6
1 Selected	105	35	115	24	6	15	226	27.4
Valid responses =	304	37	478	58	41	5	825	14.7
Invalid responses include no response.								



American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

n= 6 schools

May 1, 2024

Number of Surveys (n) =

Trans/Gender

5627 Web

Surveys

RACE_ASIAN_4 Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American) Other Asian

Trans/Schaci										
Cis Men Cis Wo		men	Non-con	forming	To	otal				
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
298	98	471	99	40	98	811	98.3			
6	2	7	2	1	2	14	1.7			
304	37	478	58	41	5	825	14.7			
	Freq. 298 6	Freq. Pct. 298 98 6 2	Freq. Pct. Freq. 298 98 471 6 2 7	Freq. Pct. Freq. Pct. 298 98 471 99 6 2 7 2	Cis Men Cis Women Non-con Freq. Pct. Freq. Pct. Freq. 298 98 471 99 40 6 2 7 2 1	Cis Men Cis Women Non-conforming Freq. Pct. Freq. Pct. 298 98 471 99 40 98 6 2 7 2 1 2	Cis Men Cis Women Non-conforming To Freq. Pct. Freq. Pct. Freq. Pct. 298 98 471 99 40 98 811 6 2 7 2 1 2 14			

GREEK Are you a member of a social fraternity or sorority?

	Cis N	Cis Men			Trans/G Non-con		Т	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1372	91	3429	92	290	90	5127	91.5
2 Yes	142	9	298	8	32	10	475	8.5
Valid responses =	1514	27	3727	67	322	6	5602	99.6
Invalid responses include no response.								

GREEK_RES Do you live in a fraternity or sorority residence?

ONEEN_NEED BO YOU INVE III A HALEHIILY OF SOLORILY RESIDENCE		Trans/Gender Cis Men Cis Women Non-conforming Total							
	Cis N	Cis Men		Cis Women		Non-conforming		otai	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1470	97	3645	98	309	95	5461	97.3	
2 Yes	45	3	90	2	15	5	152	2.7	
/alid responses =	1515	27	3735	67	324	6	5613	99.8	
Invalid responses include no response.									

RESIDENCE Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

Trans/Gender							
Cis Men		Cis Women		Non-conforming		To	otal
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
598	41	1639	45	141	46	2394	43.8
76	5	256	7	24	8	360	6.6
781	53	1685	46	142	46	2624	48.1
3	0	6	0	0	0	9	0.2
1	0	1	0	0	0	2	0.0
13	1	55	2	2	1	71	1.3
1472	27	3642	67	309	6	5460	97.0
	Freq. 598 76 781 3 1 13	Freq. Pct. 598 41 76 5 781 53 3 0 1 0 13 1	Freq. Pct. Freq. 598 41 1639 76 5 256 781 53 1685 3 0 6 1 0 1 13 1 55	Freq. Pct. Freq. Pct. 598 41 1639 45 76 5 256 7 781 53 1685 46 3 0 6 0 1 0 1 0 13 1 55 2	Cis Men Cis Women Non-conf Freq. Pct. Freq. Pct. Freq. 598 41 1639 45 141 76 5 256 7 24 781 53 1685 46 142 3 0 6 0 0 1 0 1 0 0 13 1 55 2 2	Cis Ment Cis Women Non-conforming Freq. Pct. Freq. Pct. 598 41 1639 45 141 46 76 5 256 7 24 8 781 53 1685 46 142 46 3 0 6 0 0 0 1 0 1 0 0 0 13 1 55 2 2 1	Freq. Pct. Freq. Pct. Freq. Pct. Freq. 598 41 1639 45 141 46 2394 76 5 256 7 24 8 360 781 53 1685 46 142 46 2624 3 0 6 0 0 0 9 1 0 1 0 0 0 2 13 1 55 2 2 1 71

GPA What is your approximate cumulative grade average?

GFA What is your approximate cumulative grade average?					Trans/Ge	ender		
	Cis N	len	Cis Wo	men	Non-conf	orming	To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	185	12	407	11	37	11	632	11.3
2 A	452	30	1282	34	96	30	1847	33.0
3 A-	332	22	728	20	58	18	1126	20.1
4 B+	206	14	496	13	31	10	739	13.2
В	158	10	393	11	50	15	603	10.8
B-	48	3	142	4	14	4	205	3.7
C+	32	2	57	2	9	3	98	1.7
C	28	2	57	2	13	4	98	1.7
C-	7	1	25	1	2	1	35	0.6
0 D+	6	0	5	0	1	0	12	0.2
1 D	1	0	2	0	2	1	5	0.1 I
2 D-	0	0	0	0	0	0	0	0.0
3 F	1	0	1	0	0	0	2	0.0
4 N/A	57	4	132	4	11	3	201	3.6
/alid responses =	1513	27	3727	67	324	6	5603	99.6
Invalid responses include no response.								

SETTING I am taking classes this term:

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Entirely in-person	1023	68	2176	59	209	65	3434	61.6		
2 Entirely online	109	7	431	12	19	6	563	10.1 📟		
3 A mix of in-person and online classes	370	25	1106	30	92	29	1577	28.3		
Valid responses =	1502	27	3713	67	320	6	5574	99.1		
Invalid responses include no response.										

ENROLL What is your enrollment status?

	Cis N	Trans/Gender Cis Women Non-conforming				To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	1383	91	3409	91	296	91	5125	91.3
2 Part-time	121	8	297	8	26	8	445	7.9 🗖
3 Other	12	1	29	1	2	1	44	0.8
Valid responses =	1516	27	3735	67	324	6	5614	99.8



American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

n= 6 schools

May 1, 2024

Trans/Gender

Number of Surveys (n) = 5627 Web

Web Surveys

STUDY_US Are you studying in the United States this semester/term?

	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	85	6	215	6	16	5	320	5.7	
2 Yes	1430	94	3518	94	307	95	5290	94.3	
Valid responses =	1515	27	3733	67	323	6	5610	99.7	
Invalid responses include no response.									

VISA Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are studying in the U.S. this semester/term) Trans/Gender

	Cis N	len 💮	Cis Women		Non-conforming		To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	78	195	93	11	73	275	88.4
2 Yes	18	22	14	7	4	27	36	11.6 🗖
Valid responses =	83	27	209	67	15	5	311	5.5
Invalid seemenee include ne seemenee								

VISA_2 Would you need a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are NOT studying in the U.S. this semester/term)

					rans/G	enaer			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	65	78	195	93	11	73	275	88.4	
2 Yes	18	22	14	7	4	27	36	11.6 💳	
Valid responses =	83	27	209	67	15	5	311	5.5	
Invalid responses include no response.									

ATHLETICS_1 Do you participate in organized college athletics at any of the following levels? Varsity

					i rans/G	enaer			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1391	95	3511	96	313	98	5248	95.7	
2 Yes	79	5	149	4	5	2	237	4.3	
Valid responses =	1470	27	3660	67	318	6	5485	97.5	
Invalid responses include no response.									

ATHLETICS_2 Do you participate in organized college athletics at any of the following levels? Club Sports

					Halls/G	enuer			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1324	90	3412	94	290	91	5062	92.4	
2 Yes	148	10	237	7	28	9	414	7.6 🗖	
Valid responses =	1472	27	3649	67	318	6	5476	97.3	
Invalid responses include no response.									

ATHLETICS_3 Do you participate in organized college athletics at any of the following levels?

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	1128	76	3280	90	283	88	4723	86.0		
2 Yes	355	24	371	10	37	12	770	14.0		
Valid responses =	1483	27	3651	66	320	6	5493	97.6		
Invalid responses include no response.										

CONDITIONS_1 Do you have any of the following? Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1252	84	3012	82	206	64	4492	81.4
2 Yes	233	16	666	18	115	36	1025	18.6
Valid responses =	1485	27	3678	67	321	6	5517	98.0
Invalid responses include no response.								

CONDITIONS_2 Do you have any of the following? Autism Spectrum Disorder

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1435	98	3557	98	245	77	5264	96.2	
2 Yes	37	3	91	3	72	23	206	3.8	
Valid responses =	1472	27	3648	67	317	6	5470	97.2	

Trans/Gondor





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Trans/Gender

Trans/Gender

Trans/Gender

Trans/Gender

Number of Surveys (n) =

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CONDITIONS_3 Do you have any of the following? Blind/Low Vision

	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1381	94	3360	92	285	90	5056	92.3	
2 Yes	89	6	299	8	32	10	424	7.7 🗖	
Valid responses =	1470	27	3659	67	317	6	5480	97.4	
Invalid responses include no response.									

CONDITIONS_4 Do you have any of the following? Chronic illness

	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1396	95	3338	91	249	78	5012	91.3	
2 Yes	80	5	324	9	69	22	477	8.7 🗖	
Valid responses =	1476	27	3662	67	318	6	5489	97.5	
Invalid responses include no response.									

CONDITIONS_5 Do you have any of the following? Deaf/Hearing impairment

3,	Cis Men Cis Women				Trans/G		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1442	98	3606	99	308	97	5388	98.4	
2 Yes	28	2	52	1	9	3	90	1.6 ▮	
Valid responses =	1470	27	3658	67	317	6	5478	97.4	
Invalid responses include no response.									

CONDITIONS_6 Do you have any of the following? Learning disorder

					Trans/G	ender		
	Cis N	Cis Women		Non-conforming		To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1426	97	3475	95	290	92	5218	95.5
2 Yes	43	3	174	5	25	8	247	4.5
Valid responses =	1469	27	3649	67	315	6	5465	97.1
Invalid responses include no response.								

CONDITIONS_7 Do you have any of the following? Mobility/Dexterity impairment

	Cis N	len .	Cis Wo	men	Trans/G Non-con		T	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1447	99	3601	99	299	94	5377	98.4
2 Yes	22	2	47	1	18	6	89	1.6 ▮
Valid responses =	1469	27	3648	67	317	6	5466	97.1
Invalid responses include no response								

CONDITIONS_8 Do you have any of the following? Psychological or mental health condition

					i rans/G	enaer			
	Cis Men Cis		Cis Wo	Cis Women Non		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1198	81	2009	54	105	33	3329	60.1	
2 Yes	287	19	1690	46	215	67	2209	39.9	
Valid responses =	1485	27	3699	67	320	6	5538	98.4	
Invalid responses include no response.									

CONDITIONS_9 Do you have any of the following? Speech or language disorder

	Cis Men		Cis Women		Non-conforming		To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1440	98	3623	99	305	96	5399	98.6
2 Yes	29	2	33	1	12	4	76	1.4 ▮
Valid responses =	1469	27	3656	67	317	6	5475	97.3
Invalid responses include no response.								

CONDITIONS_10 Do you have any of the following? Traumatic brain injury (TBI)

	Cis Men		Cis Women		Non-conforming		To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1447	99	3607	99	309	98	5393	98.8
2 Yes	15	1	37	1	8	3	63	1.2
Valid responses =	1462	27	3644	67	317	6	5456	97.0
Invalid responses include no response.								

WELL-ASSESSM

American College Health Association-Well-Being Assessment Reference Group Data Report - Fall 2023

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n= 6 schools

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Number of Surveys (n) =

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VETERAN Are you currently or have you been a member of the Armed Services?

					Trans/G	ender		
	Cis N	len	Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1457	96	3700	99	322	99	5513	98.4
2 Yes, have served in area of hazardous duty	21	1	7	0	1	0	30	0.5
3 Yes, have not served in area hazardous duty	34	2	19	1	1	0	57	1.0
Valid responses =	1512	27	3726	67	324	6	5600	99.5
Invalid responses include no response.								

PARENT_EDU What is the highest level of education completed by either of your parents (or guardians)?

	Trans/Gender											
	Cis Men		Cis Women		Non-conforming		To	otal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 Did not finish high school	53	4	74	2	7	2	135	2.4 🗖				
2 High school diploma or GED	199	13	595	16	50	15	849	15.1				
3 Attended college but no degree	72	5	240	6	27	8	340	6.1				
4 Associate's degree	92	6	322	9	16	5	432	7.7				
5 Bachelor's degree	433	29	1038	28	88	27	1571	28.0				
6 Master's degree	447	30	1001	27	94	29	1557	27.7				
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	211	14	448	12	41	13	702	12.5				
8 Don't know	9	1	15	0	1	0	25	0.4				
Valid responses =	1516	27	3733	67	324	6	5611	99.7				

Invalid responses include no response.

PARENT Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1406	93	3434	92	318	98	5193	92.6	
2 Yes	110	7	298	8	6	2	417	7.4	
Valid responses =	1516	27	3732	67	324	6	5610	99.7	
Invalid responses include no response.									

Which of these fields best describes your major? (select up to 2) (only undergraduate students)

	Trans/Gender									
	Cis M	len	Cis Wo	men	Non-conforming			Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Not yet selected a major	30	3	69	3	4	2	105	2.6		
1 Agriculture	3	0	8	0	2	1	13	0.3	0	
2 Biological/life sciences	77	8	267	10	30	12	374	9.3		
3 Business	198	20	306	11	19	8	523	13.0		
4 Communication	58	6	239	9	11	4	311	7.7		
5 Computer and information sciences	85	9	59	2	11	4	158	3.9		
6 Education	35	4	228	8	13	5	278	6.9		
7 Engineering	162	17	132	5	19	8	314	7.8		
8 Ethnic, cultural studies, and area studies	1	0	13	1	4	2	19	0.5	0	
9 Foreign languages and literature	10	1	49	2	4	2	64	1.6		
10 Health-related fields	75	8	547	20	13	5	637	15.8		
11 History	16	2	37	1	13	5	67	1.7		
12 Humanities	37	4	154	6	20	8	214	5.3		
13 Liberal/general studies	4	0	14	1	2	1	20	0.5	0	
14 Mathematics	27	3	33	1	5	2	65	1.6		
15 Multi/interdisciplinary studies	20	2	45	2	5	2	70	1.7		
16 Parks, recreation, leisure studies, sports management	2	0	12	0	3	1	18	0.4	0	
17 Physical sciences	35	4	66	2	7	3	109	2.7		
18 Pre-professional (pre-dental, pre-law, pre-medical, pre-veterinary)	28	3	132	5	8	3	169	4.2		
19 Public administration	4	0	5	0	3	1	12	0.3	0	
20 Social sciences	108	11	509	18	35	14	657	16.3		
21 Visual and performing arts (art, music, theater, dance, etc.) (MAJC	70	7	192	7	48	19	314	7.8		
22 Other (please specify)	71	7	216	8	28	11	316	7.9		
Totals may add up to more than 100% from students selecti	ng two opti	ons								

FIN_RES_1 During the current academic year, I have worried about being able to pay for my educational expenses

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never	553	37	1061	28	66	20	1689	30.1		
2 Seldom	290	19	605	16	62	19	965	17.2		
3 Sometimes	307	20	779	21	82	25	1176	21.0		
4 Often	193	13	592	16	55	17	845	15.1		
5 Very often	174	12	696	19	58	18	937	16.7		
Valid responses =	1517	27	3733	67	323	6	5612	99.7		
Invalid responses include no response.										



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FIN_RES_2 During the current academic year, I was unable to participate in events and activities at school because I didn't have enough money

	Cis Men		Cis Women		Non-conforming		To	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Never	842	56	1949	52	134	42	2942	52.4			
2 Seldom	277	18	745	20	66	20	1097	19.5			
3 Sometimes	229	15	549	15	66	20	852	15.2			
4 Often	91	6	234	6	25	8	353	6.3 🗖			
5 Very often	78	5	256	7	32	10	368	6.6 🗖			
Valid responses =	1517	27	3733	67	323	6	5612	99.7			
Invalid responses include no response.											

FIN_RES_3 During the current academic year, I have contributed money to help support family members who were not my own domestic partner or children

					Trans/G	ender			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	1117	74	2729	73	223	69	4099	73.1	
2 Seldom	163	11	386	10	41	13	592	10.6	
3 Sometimes	118	8	306	8	34	11	461	8.2	
4 Often	53	4	155	4	14	4	224	4.0	
5 Very often	65	4	155	4	11	3	233	4.2	
Valid responses =	1516	27	3731	67	323	6	5609	99.7	
Invalid responses include no response.									

OUTCOMES_1 How likely is it that you will:

Leave your school before graduating and transfer to another school?

	rans/Gender									
	Cis M	en	Cis Women Non-conforming			forming	To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Very likely	31	2	76	2	7	2	119	2.1		
2 Moderately likely	36	2	84	2	10	3	132	2.4		
3 Slightly likely	75	5	170	5	26	8	272	4.9		
4 Slightly unlikely	53	4	151	4	16	5	223	4.0		
5 Moderately unlikely	169	11	433	12	47	15	652	11.6 💳		
6 Very unlikely	1153	76	2815	76	216	67	4209	75.1		
Valid responses =	1517	27	3729	67	322	6	5607	99.6		

Invalid responses include no response.

OUTCOMES_2 How likely is it that you will:

Attend a graduate or professional school (e.g., law school, medical school, a PhD or master's program) within 6 months of graduating from your school?

		Trans/Gender								
	Cis M	Cis Men		Cis Women		Non-conforming		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Very likely	240	16	800	22	51	16	1098	19.7		
2 Moderately likely	205	14	533	14	61	19	804	14.4		
3 Slightly likely	180	12	564	15	45	14	794	14.3		
4 Slightly unlikely	165	11	279	8	31	10	480	8.6		
5 Moderately unlikely	204	14	462	13	39	12	711	12.8		
6 Very unlikely	512	34	1067	29	92	29	1682	30.2		
Valid responses =	1506	27	3705	67	319	6	5569	99.0		

Invalid responses include no response.

OUTCOMES_3 How likely is it that you will:

Have a job (of any type) within 6 months of graduating from your school?

					Trans/G			
	Cis Men		Cis Women		Non-conforming		To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	755	50	1976	53	135	42	2883	51.5
2 Moderately likely	395	26	922	25	82	26	1405	25.1
3 Slightly likely	200	13	469	13	67	21	741	13.2
4 Slightly unlikely	57	4	132	4	18	6	212	3.8
5 Moderately unlikely	49	3	112	3	13	4	178	3.2
6 Very unlikely	56	4	113	3	6	2	177	3.2
Valid responses =	1512	27	3724	67	321	6	5596	99.4

Invalid responses include no response.

OUTCOMES_4 How likely is it that you will:

Leave your school before graduating without transferring to another school?

	Talis/Gender									
	Cis M	Cis Men		men	Non-conforming		To	tal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Very likely	29	2	82	2	11	3	125	2.2 0		
2 Moderately likely	22	2	39	1	11	3	74	1.3		
3 Slightly likely	56	4	88	2	12	4	158	2.8		
4 Slightly unlikely	60	4	103	3	17	5	183	3.3 □		
5 Moderately unlikely	141	9	328	9	44	14	519	9.3		
6 Very unlikely	1208	80	3087	83	226	70	4544	81.1		
Valid responses =	1516	27	3727	67	321	6	5603	99.6		

Trans/Gender



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OUTCOMES_LEAVING_1 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school)

Lack of safe and/or affordable housing

	Talls/Gelidel									
	Cis Men		Cis Women		Non-conforming		To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	136	72	316	75	44	75	501	73.8		
2 Yes	52	28	107	25	15	25	178	26.2		
Valid responses =	188	28	423	62	59	9	679	12.1		
Invalid responses include no response.										

OUTCOMES_LEAVING_2 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school)

Financial concerns other than housing

·	Cis N	Trans/Gender Cis Women Non-conforming				To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	92	49	185	44	23	39	302	44.4
2 Yes	96	51	238	56	36	61	378	55.6
Valid responses =	188	28	423	62	59	9	680	12.1
Invalid responses include no response.								

OUTCOMES_LEAVING_3 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Need to take care of family members/children

					rans/G	enaer			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	160	86	344	82	48	81	561	82.7	
2 Yes	27	14	78	19	11	19	117	17.3	
Valid responses =	187	28	422	62	59	9	678	12.0	
Invalid responses include no response.									

OUTCOMES_LEAVING_4 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Conflicts with work responsibilities/schedule

	Trans/Gender											
	Cis Men		Cis Women		Non-conforming		To	otal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 No	152	81	314	74	43	75	516	76.2				
2 Yes	35	19	109	26	14	25	161	23.8				
Valid responses =	187	28	423	62	57	8	677	12.0				
Invalid responses include no response.												

OUTCOMES_LEAVING_5 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Ongoing physical and/or mental health issues

	Trans/Gender											
	Cis Men		Cis Women		Non-conforming		To	tal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 No	121	65	233	55	17	28	376	55.5				
2 Yes	65	35	189	45	43	72	302	44.5				
Valid responses =	186	27	422	62	60	9	678	12.0				
Invalid responses include no response.												

OUTCOMES_LEAVING_6 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school)

Change in my academic plans and/or professional goals (e.g., institution doesn't have the academic program I want; I may not want my chosen degree anymore)

	Trans/Gender											
	Cis Men		Cis Women		Non-conforming		To	otal				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 No	99	52	242	57	33	57	378	55.3				
2 Yes	90	48	184	43	25	43	305	44.7				
Valid responses =	189	28	426	62	58	8	683	12.1				
Invalid responses include no response.												

OUTCOMES_LEAVING_7 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Poor academic performance

	rans/Gender									
	Cis Men		Cis Women		Non-conforming		To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	144	77	334	79	37	65	522	77.2		
2 Yes	43	23	88	21	20	35	154	22.8		
Valid responses =	187	28	422	62	57	8	676	12.0		
Invalid responses include no response.										



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OUTCOMES_LEAVING_8 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school)

Negative experience at my college/university

		Cis N	len	Cis Wo	men	Non-con	forming	To	tal			
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No		109	58	235	56	33	56	383	56.4			
2 Yes		78	42	188	44	26	44	296	43.6			
Valid responses =		187	28	423	62	59	9	679	12.1			
Invalid r	responses include no response.											

OUTCOMES_LEAVING_9 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school)

I don't feel like I fit in at my college/university

	Trans/ Conde										
	Cis N	len	Cis Wo	men	Non-conf	forming	To	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	117	62	234	55	34	59	388	57.0			
2 Yes	71	38	191	45	24	41	293	43.0			
Valid responses =	188	28	425	62	58	9	681	12.1			
Invalid responses include no response.											

OUTCOMES_LEAVING_10 What would be your reason(s) for leaving your current college/university? (only students that are very, moderately, or slightly likely to leave their school) Other (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	70	89	148	83	18	78	238	83.5
2 Yes	9	11	31	17	5	22	47	16.5
Valid responses =	79	28	179	63	23	8	285	5.1
Invalid responses include no response.								

LIFESAT_1 Please rate how strongly you agree or disagree with the following statements: So far, I have gotten the important things I want in life

	Trans/Gender												
	Cis Men		Cis Women		Non-conforming		To	otal					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.					
1 Strongly disagree	93	6	76	2	20	6	193	3.4 🗖					
2 Disagree	152	10	288	8	53	16	498	8.9					
3 Slightly disagree	178	12	405	11	44	14	633	11.3					
4 Slightly agree	386	26	1006	27	100	31	1501	26.8					
5 Agree	500	33	1394	37	90	28	1996	35.6					
6 Strongly agree	207	14	561	15	16	5	787	14.0					
Valid responses =	1516	27	3730	67	323	6	5608	99.7					
Invalid responses include no response.													

LIFESAT_2 Please rate how strongly you agree or disagree with the following statements: Overall, I would say that I am satisfied with my life

	Trans/Gender										
	Cis Men		Cis Wo	men	Non-conforming		To	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	76	5	96	3	24	7	200	3.6 🗖			
2 Disagree	139	9	269	7	48	15	461	8.2			
3 Slightly disagree	182	12	406	11	64	20	656	11.7			
4 Slightly agree	335	22	907	24	81	25	1334	23.8			
5 Agree	510	34	1395	37	86	27	2000	35.7			
6 Strongly agree	274	18	658	18	20	6	958	17.1			
Valid responses =	1516	27	3731	67	323	6	5609	99.7			
Invalid responses include no response.											

LIFESAT_3 Please rate how strongly you agree or disagree with the following statements: I am satisfied with the direction my life is going

					i rans/G	ender			
	Cis Men		Cis Women		Non-conforming		To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	36	2	59	2	13	4	112	2.0	
2 Disagree	69	5	104	3	18	6	192	3.4	
3 Slightly disagree	120	8	270	7	39	12	436	7.8	
4 Slightly agree	374	25	865	23	105	33	1355	24.2	
5 Agree	553	37	1561	42	114	35	2237	39.9	
6 Strongly agree	364	24	872	23	34	11	1277	22.8	
Valid responses =	1516	27	3731	67	323	6	5609	99.7	
Invalid responses include no response.									

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

n= 6 schools

May 1, 2024

Number of Surveys (n) =

Trans/Gender

5627 Web

Surveys

SELFEST_1 Please rate how strongly you agree or disagree with the following statements: I really like myself

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	67	4	131	4	32	10	235	4.2 🗖		
2 Disagree	112	7	319	9	50	16	484	8.6		
3 Slightly disagree	152	10	453	12	63	20	671	12.0		
4 Slightly agree	340	23	1074	29	79	25	1506	26.9		
5 Agree	555	37	1246	33	73	23	1884	33.6		
6 Strongly agree	285	19	503	14	26	8	819	14.6		
Valid responses =	1511	27	3726	67	323	6	5599	99.5		
Invalid responses include no response.										

SELFEST_2 Please rate how strongly you agree or disagree with the following statements: On the whole, I am satisfied with myself

	Trails/Gender										
	Cis Men		Cis Wo	men	Non-conforming		To	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	71	5	125	3	25	8	227	4.1 📟			
2 Disagree	141	9	351	9	63	20	558	10.0			
3 Slightly disagree	181	12	544	15	66	20	798	14.3			
4 Slightly agree	377	25	956	26	77	24	1419	25.3			
5 Agree	495	33	1248	34	61	19	1814	32.4			
6 Strongly agree	246	16	502	14	31	10	783	14.0			
Valid responses =	1511	27	3726	67	323	6	5599	99.5			
Invalid responses include no response.											

SELFEST_3 Please rate how strongly you agree or disagree with the following statements:

I feel that I have a number of good qualities

The state of the s	Trans/Gender										
	Cis Men		Cis Women		Non-conforming		To	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	28	2	63	2	10	3	105	1.9			
2 Disagree	61	4	127	3	14	4	203	3.6			
3 Slightly disagree	58	4	235	6	33	10	331	5.9 🗖			
4 Slightly agree	333	22	938	25	103	32	1385	24.7			
5 Agree	629	42	1520	41	110	34	2269	40.5			
6 Strongly agree	401	27	842	23	53	16	1304	23.3			
Valid responses =	1510	27	3725	67	323	6	5597	99.5			
Invalid responses include no response.											

OPT_1 Please rate how strongly you agree or disagree with the following statements:

When things are uncertain in life, I expect the best

	Trans/Gender								
	Cis N	Cis Men		Cis Women		Non-conforming		otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	102	7	290	8	51	16	451	8.0	
2 Disagree	264	17	778	21	98	30	1151	20.5	
3 Slightly disagree	296	20	869	23	79	25	1250	22.3	
4 Slightly agree	416	28	997	27	51	16	1469	26.2	
5 Agree	307	20	597	16	36	11	946	16.9	
6 Strongly agree	130	9	195	5	8	3	336	6.0	
Valid responses =	130	39	195	58	8	2	336	6.0	
Invalid responses include no response.									

OPT_2 Please rate how strongly you agree or disagree with the following statements: Overall, I expect more good things to happen to me than bad

	Trans/Gender									
	Cis M	Cis Men		Cis Women		Non-conforming		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	82	5	191	5	33	10	311	5.6		
2 Disagree	167	11	510	14	74	23	759	13.5		
3 Slightly disagree	246	16	708	19	80	25	1044	18.6		
4 Slightly agree	401	27	1027	28	75	23	1510	26.9		
5 Agree	425	28	947	25	50	16	1427	25.5		
6 Strongly agree	194	13	343	9	11	3	552	9.9		
Valid responses =	1515	27	3726	67	323	6	5603	99.6		



American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

n= 6 schools

May 1, 2024

Number of Surveys (n) =

Trans/Gondor

5627 Web

Surveys

OPT_3 Please rate how strongly you agree or disagree with the following statements: When I think about the future, I feel positive about it

	rans/Gender										
	Cis Men		Cis Women		Non-conforming		To	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	63	4	107	3	29	9	204	3.6			
2 Disagree	94	6	235	6	47	15	381	6.8			
3 Slightly disagree	161	11	472	13	56	17	699	12.5			
4 Slightly agree	413	27	1118	30	96	30	1635	29.2			
5 Agree	488	32	1211	33	69	22	1773	31.7			
6 Strongly agree	296	20	583	16	24	8	909	16.2			
Valid responses =	1515	27	3726	67	321	6	5601	99.5			
Invalid responses include no response.											

COPING_1 Please rate how strongly you agree or disagree with the following statements:

I tend to take a long time to get over stressful events in my life

		Trans/Gender									
	Cis M	Cis Men		Cis Women		forming	To	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly disagree	110	7	466	13	64	20	645	11.5			
2 Disagree	280	19	874	24	92	29	1257	22.5			
3 Slightly disagree	342	23	1094	29	77	24	1522	27.2			
Slightly agree	309	21	675	18	47	15	1037	18.6			
5 Agree	355	24	510	14	31	10	903	16.2			
Strongly agree	115	8	98	3	12	4	226	4.0			
Valid responses =	1511	27	3717	66	323	6	5590	99.3			
Invalid responses include no response.											

 ${\bf COPING_2\ Please\ rate\ how\ strongly\ you\ agree\ or\ disagree\ with\ the\ following\ statements:}$

I have a hard time making it through stressful events

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	65	4	305	8	45	14	421	7.5	
2 Disagree	186	12	657	18	76	24	925	16.6	
3 Slightly disagree	322	21	992	27	81	25	1403	25.1	
4 Slightly agree	359	24	818	22	55	17	1235	22.1	
5 Agree	408	27	758	20	53	17	1233	22.1	
6 Strongly agree	170	11	186	5	12	4	370	6.6	
Valid responses =	1510	27	3716	67	322	6	5587	99.3	
Invalid responses include no response.									

COPING_3 Please rate how strongly you agree or disagree with the following statements:

It is hard for me to tolerate it when something bad happens

	Trans/Gender								
	Cis Men		Cis Women		Non-conforming		To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	56	4	289	8	40	12	388	6.9	
2 Disagree	167	11	633	17	66	20	877	15.7	
3 Slightly disagree	325	22	966	26	92	29	1391	24.9	
4 Slightly agree	352	23	838	23	60	19	1256	22.5	
5 Agree	426	28	769	21	48	15	1252	22.4	
6 Strongly agree	184	12	223	6	17	5	426	7.6	
Valid responses =	1510	27	3718	67	323	6	5590	99.3	
Invalid responses include no response.									

ACT1 In an average week during the school year, do you participate in any group activities outside of your academic work?

	Trails/Gender								
	Cis M	Cis Men		Cis Women		forming	To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	337	23	868	24	84	27	1302	23.8	
2 Yes	1126	77	2787	76	233	74	4172	76.2	
Valid responses =	1463	27	3655	67	317	6	5474	97.3	

WELL-BEING ASSESSMENT

American College Health Association-Well-Being Assessment Reference Group Data Report - Fall 2023

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

n= 6 schools

May 1, 2024

Tuese/Condes

Trans/Gondor

Number of Surveys (n) =

5627 Web

Surveys

ACT2_1 Please rate how strongly you agree or disagree with the following statements: I am involved in at least one activity that I enjoy

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	67	4	176	5	15	5	259	4.6		
2 Disagree	79	5	235	6	28	9	343	6.2		
3 Slightly disagree	50	3	146	4	10	3	209	3.7 🗖		
4 Slightly agree	180	12	466	13	49	15	701	12.6		
5 Agree	535	35	1376	37	107	33	2031	36.4		
6 Strongly agree	600	40	1307	35	113	35	2034	36.5		
Valid responses =	1511	27	3706	66	322	6	5577	99.1		
Invalid responses include no response.										

ACT2_2 Please rate how strongly you agree or disagree with the following statements: I am involved in at least one activity that has expanded my skills

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	76	5	198	5	17	5	294	5.3		
2 Disagree	104	7	324	9	30	9	461	8.3		
3 Slightly disagree	96	6	216	6	18	6	334	6.0		
4 Slightly agree	255	17	587	16	60	19	910	16.3		
5 Agree	490	33	1210	33	95	30	1805	32.4		
6 Strongly agree	489	32	1169	32	101	32	1769	31.7		
Valid responses =	1510	27	3704	66	321	6	5573	99.0		

Invalid responses include no response.

ACT2_3 Please rate how strongly you agree or disagree with the following statements: I am involved in at least one activity that is meaningful to me

	i rans/Gender									
	Cis Men		Cis Women		Non-conforming		To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	71	5	177	5	16	5	267	4.8		
2 Disagree	74	5	249	7	27	8	352	6.3		
3 Slightly disagree	66	4	149	4	13	4	230	4.1 🗖		
4 Slightly agree	205	14	479	13	45	14	736	13.2		
5 Agree	494	33	1268	34	99	31	1870	33.5		
6 Strongly agree	601	40	1383	37	122	38	2121	38.0		
Valid responses =	1511	27	3705	66	322	6	5576	99.1		
Invalid responses include no response.										

ACAENG_1 Please rate how strongly you agree or disagree with the following statements: During the current academic year, my classes have been generally interesting and engaging

	rans/Gender								
	Cis Men		Cis Women		Non-conforming		To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	45	3	48	1	6	2	102	1.8	
2 Disagree	78	5	136	4	11	3	230	4.1 🗖	
3 Slightly disagree	101	7	229	6	25	8	359	6.4 🔲	
4 Slightly agree	357	24	870	23	93	29	1326	23.7	
5 Agree	655	43	1692	46	146	46	2509	44.9	
6 Strongly agree	274	18	743	20	39	12	1061	19.0	
Valid responses =	1510	27	3718	67	320	6	5587	99.3	
Invalid responses include no response.									

ACAENG_2 Please rate how strongly you agree or disagree with the following statements: During the current academic year, I have been able to find courses that are interesting to me

					Trans/G	ender			
	Cis Men Cis Women Nor				Non-conforming			Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	40	3	51	1	5	2	99	1.8	
2 Disagree	60	4	127	3	17	5	208	3.7 🗖	
3 Slightly disagree	115	8	208	6	24	8	349	6.3 🗀	
4 Slightly agree	340	23	817	22	88	28	1255	22.5	
5 Agree	631	42	1683	45	132	41	2461	44.1	
6 Strongly agree	321	21	832	22	54	17	1212	21.7	
Valid responses =	1507	27	3718	67	320	6	5584	99.2	
2 Disagree 3 Slightly disagree 4 Slightly agree 5 Agree 6 Strongly agree	60 115 340 631 321	4 8 23 42 21	127 208 817 1683 832	22 45 22	17 24 88 132 54	5 8 28 41 17	208 349 1255 2461 1212	3.7	1



American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

n= 6 schools

May 1, 2024

Number of Surveys (n) =

5627 Web

Surveys

ACAENG_3 Please rate how strongly you agree or disagree with the following statements: During the current academic year, the academic projects I have worked on have excited me

Taming and outrom addactine your, and addactine projects that					Trans/G	ender		
	Cis Men		Cis Wo	men	Non-conforming		To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	69	5	126	3	16	5	215	3.8 🗖
2 Disagree	121	8	257	7	27	8	406	7.3
3 Slightly disagree	186	12	552	15	53	17	797	14.2
4 Slightly agree	436	29	1096	30	95	30	1639	29.3
5 Agree	442	29	1107	30	95	30	1654	29.6
6 Strongly agree	259	17	581	16	36	11	882	15.8
Valid responses =	1513	27	3719	66	322	6	5593	99.4

Invalid responses include no response.

BELONG_1 Please rate how strongly you agree or disagree with the following statements: I feel a sense of belonging to my school

rieer a sense of belonging to my school					Trans/G	ender		
	Cis Men		Cis Women		Non-conforming		To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	70	5	126	3	20	6	222	4.0 🗖
2 Disagree	119	8	240	6	41	13	405	7.2
3 Slightly disagree	137	9	344	9	54	17	540	9.6
4 Slightly agree	367	24	954	26	91	28	1424	25.4
5 Agree	495	33	1348	36	88	27	1938	34.6
6 Strongly agree	326	22	711	19	29	9	1070	19.1
Valid responses =	1514	27	3723	66	323	6	5599	99.5
Invalid responses include no response								

BELONG_2 Please rate how strongly you agree or disagree with the following statements: I feel accepted at my school

				I rans/G	ender			
Cis N	Cis Women		Non-conforming		To	otal		
Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
35	2	84	2	20	6	144	2.6	
65	4	125	3	19	6	212	3.8	
99	7	240	6	36	11	380	6.8	
334	22	847	23	88	27	1284	22.9	
602	40	1646	44	124	38	2378	42.5	
379	25	781	21	36	11	1201	21.5	
1514	27	3723	66	323	6	5599	99.5	
	Freq. 35 65 99 334 602 379	35 2 65 4 99 7 334 22 602 40 379 25	Freq. Pct. Freq. 35 2 84 65 4 125 99 7 240 334 22 847 602 40 1646 379 25 781	Freq. Pct. Freq. Pct. 35 2 84 2 65 4 125 3 99 7 240 6 334 22 847 23 602 40 1646 44 379 25 781 21	Cis Men Cis Women Non-conference Freq. Pct. Freq. Pct. Freq. 35 2 84 2 20 65 4 125 3 19 99 7 240 6 36 334 22 847 23 88 602 40 1646 44 124 379 25 781 21 36	Freq. Pct. Freq. Pct. Freq. Pct. 35 2 84 2 20 6 65 4 125 3 19 6 99 7 240 6 36 11 334 22 847 23 88 27 602 40 1646 44 124 38 379 25 781 21 36 11	Cis Men Cis Women Non-conforming Total Freq. Pct. Freq. Pct. Freq. Pct. 35 2 84 2 20 6 144 65 4 125 3 19 6 212 99 7 240 6 36 11 380 334 22 847 23 88 27 1284 602 40 1646 44 124 38 2378 379 25 781 21 36 11 1201	Cis Men Cis Women Non-conforming Total Freq. Pct. Freq. Pct. Freq. Pct. 35 2 84 2 20 6 144 2.6 144 65 4 125 3 19 6 212 3.8 3.8 28 27 1284 2.9 128 <t< td=""></t<>

BELONG_3 Please rate how strongly you agree or disagree with the following statements:

I feel included at my school

	Trans/Gender									
	Cis Men Cis Women No			Non-conf	forming	To	otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	44	3	100	3	19	6	168	3.0 🗖		
2 Disagree	81	5	175	5	29	9	287	5.1 🗀		
3 Slightly disagree	143	9	352	10	58	18	558	10.0		
4 Slightly agree	348	23	895	24	90	28	1348	24.1		
5 Agree	561	37	1476	40	96	30	2142	38.3		
6 Strongly agree	337	22	723	19	31	10	1094	19.5		
Valid responses =	1514	27	3721	66	323	6	5597	99.5		
Invalid responses include no response.										

BDISC_1 During the current academic year, I have experienced discrimination at my school as a result of my: Racial/ethnic background

	Trans/Gender Trans/Gender									
	Cis Men		Cis Women		Non-conforming		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	1376	91	3509	95	292	90	5206	93.3		
2 Yes	131	9	206	6	31	10	376	6.7 🗖		
Valid responses =	1507	27	3715	67	323	6	5582	99.2		
Invalid responses include no response.										

BDISC_2 During the current academic year, I have experienced discrimination at my school as a result of my: Gender identity

	Trans/Gender										
	Cis M	Cis Men		Cis Women Non-confo		forming T		otal			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	1460	97	3481	94	229	71	5197	93.2			
2 Yes	46	3	229	6	94	29	378	6.8 🗖			
Valid responses =	1506	27	3710	67	323	6	5575	99.1			

WELL-BEING ASSESSMENT

American College Health Association-Well-Being Assessment Reference Group Data Report - Fall 2023

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

n= 6 schools

May 1, 2024

Number of Surveys (n) =

Trans/Conder

5627 Web

Surveys

BDISC_3 During the current academic year, I have experienced discrimination at my school as a result of my: Religious affiliation

•	Cis N	len	Cis Wo	men	Trans/G		Te	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1419	94	3494	94	298	93	5241	94.0
2 Yes	88	6	215	6	23	7	333	6.0 🗖
Valid responses =	1507	27	3709	67	321	6	5574	99.1
Invalid responses include no response.								

BDISC_4 During the current academic year, I have experienced discrimination at my school as a result of my: Socioeconomic status

					i rans/G	enaer			
	Cis Men		Cis Women		Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1437	96	3525	95	287	89	5279	94.7	
2 Yes	67	5	184	5	36	11	293	5.3	
Valid responses =	1504	27	3709	67	323	6	5572	99.0	
Invalid responses include no response.									

BDISC_5 During the current academic year, I have experienced discrimination at my school as a result of my: Political beliefs

	Trans/Gender									
	Cis Men		Cis Women		Non-conforming		To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	1392	92	3439	93	292	91	5152	92.5		
2 Yes	116	8	263	7	30	9	417	7.5		
Valid responses =	1508	27	3702	66	322	6	5569	99.0		
Invalid responses include no response.										

BDISC_6 During the current academic year, I have experienced discrimination at my school as a result of my: Sexual orientation

	Cis N	len	Cis Wo	men	Trans/Go		Te	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1441	96	3569	96	254	79	5292	94.9
2 Yes	65	4	140	4	69	21	282	5.1 🗖
Valid responses =	1506	27	3709	67	323	6	5574	99.1
Invalid responses include no response.								

BDISC_7 During the current academic year, I have experienced discrimination at my school as a result of my: Disability

	Cis N	Cis Wo	men	Trans/Gender Non-conforming		To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1471	98	3566	96	279	87	5344	95.9
2 Yes	35	2	143	4	43	13	229	4.1 🛮
Valid responses =	1506	27	3709	67	322	6	5573	99.0
Invalid responses include no response								

MEANING_1 Please rate how strongly you agree or disagree with the following statements: My life feels meaningful to me

	Trans/Gender								
	Cis Men			Cis Women		forming	To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	44	3	66	2	11	3	125	2.2	
2 Disagree	62	4	122	3	30	9	218	3.9	
3 Slightly disagree	94	6	201	5	30	9	327	5.8 📟	
4 Slightly agree	243	16	677	18	102	32	1026	18.3	
5 Agree	605	40	1561	42	107	33	2289	40.9	
6 Strongly agree	467	31	1097	30	43	13	1616	28.9	
Valid responses =	1515	27	3724	66	323	6	5601	99.5	
Invalid responses include no response.									

MEANING_2 Please rate how strongly you agree or disagree with the following statements: I do something meaningful with my life every day

	Trans/Gender									
	Cis Men Cis Women Non					forming	To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	65	4	118	3	27	8	216	3.9 📟		
2 Disagree	164	11	357	10	49	15	575	10.3		
3 Slightly disagree	206	14	609	16	81	25	900	16.1		
4 Slightly agree	382	25	1008	27	84	26	1482	26.5		
5 Agree	431	28	1017	27	55	17	1514	27.0		
6 Strongly agree	267	18	614	17	27	8	914	16.3		
Valid responses =	1515	27	3723	66	323	6	5601	99.5		

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

n= 6 schools

May 1, 2024

Number of Surveys (n) =

Trans/Gender

Trans/Gondor

Trans/Gondor

5627 Web

Surveys

MEANING_3 Please rate how strongly you agree or disagree with the following statements: I live my life in a meaningful way

	Trans/Gender Trans/Gender								
	Cis Men Cis Wo			men	Non-con	forming	To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	43	3	69	2	17	5	134	2.4	
2 Disagree	90	6	177	5	29	9	300	5.4 📟	
3 Slightly disagree	142	9	422	11	60	19	628	11.2	
4 Slightly agree	362	24	1004	27	102	32	1475	26.3	
5 Agree	569	38	1278	34	85	26	1944	34.7	
6 Strongly agree	308	20	774	21	30	9	1119	20.0	
Valid responses =	1514	27	3724	67	323	6	5600	99.5	

Invalid responses include no response.

PURP_1 Please rate how strongly you agree or disagree with the following statements:

I have a set of goals that I care about for my life after graduation

	Trans/Gender									
	Cis Men			Cis Women		Non-conforming		otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Strongly disagree	17	1	21	1	7	2	50	0.9		
2 Disagree	49	3	88	2	17	5	160	2.9 🗖		
3 Slightly disagree	76	5	126	3	20	6	222	4.0		
4 Slightly agree	228	15	555	15	72	22	861	15.4		
5 Agree	549	36	1327	36	129	40	2014	36.0		
6 Strongly agree	595	39	1607	43	78	24	2293	40.9		
Valid responses =	1514	27	3724	67	323	6	5600	99.5		

Invalid responses include no response.

PURP_2 Please rate how strongly you agree or disagree with the following statements: I have a set of goals for my life after graduation that are in line with my true interests

Thave a set of goals for my me after graduation that are m	, , , ,				Trans/G	ender		
	Cis N	Cis Women		Non-conforming		To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	17	1	26	1	7	2	55	1.0 🛮
2 Disagree	48	3	94	3	18	6	164	2.9 🗖
3 Slightly disagree	91	6	172	5	22	7	288	5.1 🗖
4 Slightly agree	275	18	632	17	74	23	986	17.6
5 Agree	559	37	1352	36	118	37	2040	36.4
6 Strongly agree	524	35	1447	39	84	26	2066	36.9
Valid responses =	1514	27	3723	66	323	6	5599	99.5
Invalid responses include no response.								

PURP_3 Please rate how strongly you agree or disagree with the following statements:

I have a set of goals for my life after graduation that are guided by my values

	rans/Gender								
	Cis Men Cis W			omen Non-conforming			To	tal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	18	1	16	0	9	3	48	0.9	
2 Disagree	42	3	71	2	18	6	134	2.4	
3 Slightly disagree	77	5	148	4	16	5	243	4.3	
4 Slightly agree	267	18	590	16	79	25	942	16.8	
5 Agree	548	36	1356	36	117	36	2030	36.3	
6 Strongly agree	561	37	1541	41	84	26	2200	39.3	
Valid responses =	1513	27	3722	66	323	6	5597	99.5	
Invalid responses include no response.									

CAREMED_1 Do you currently know where to obtain medical care if you need it?

	Cis N		Cis Wo	men	Trans/G		To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	189	13	292	8	33	10	524	9.4	
2 Yes	1323	88	3427	92	289	90	5068	90.6	
Valid responses =	1512	27	3719	67	322	6	5592	99.4	
Invalid responses include no response.									

CAREMED_2 Can you currently afford to obtain medical care if you need it?

					11411070	ciiaci			
	Cis N	en	Cis Women I		Non-conforming		To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	314	21	714	19	93	29	1135	20.3	
2 Yes	1192	79	3001	81	228	71	4446	79.7	
Valid responses =	1506	27	3715	67	321	6	5581	99.2	

WELL-BEING ASSESSMENT

American College Health Association-Well-Being Assessment Reference Group Data Report - Fall 2023

American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

n= 6 schools

May 1, 2024

Number of Surveys (n) =

5627 Web

Surveys

CAREMENT_1 Do you currently know where to obtain mental health care if you need it?

	Trans/Gender											
	Cis N	Cis Women		Non-conforming		To	otal					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 No	283	19	482	13	48	15	828	14.8 📟				
2 Yes	1228	81	3230	87	273	85	4755	85.2				
Valid responses =	1511	27	3712	66	321	6	5583	99.2				
Invalid responses include no response.												

CAREMENT_2 Can you currently afford to obtain mental health care if you need it?

	Cis N		Trans/Gender Cis Women Non-conforming				To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	327	22	808	22	81	25	1229	22.0
2 Yes	1180	78	2905	78	240	75	4351	78.0
Valid responses =	1507	27	3713	67	321	6	5580	99.2
Invalid responses include no response.								

RFOOD_1 Within the last 30 days, the food that I bought just didn't last, and I didn't have money to get more.

	Trans/Gender								
	Cis Men Ci		Cis Women		Non-conforming		To	tal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never true	1181	78	2836	76	218	68	4264	76.3	
1 Sometimes true	279	19	683	18	71	22	1040	18.6	
2 Often true	52	3	196	5	34	11	285	5.1 🗖	
Valid responses =	1512	27	3715	66	323	6	5589	99.3	
Invalid responses include no response									

RFOOD_2 Within the last 30 days, I couldn't afford to eat balanced meals.

	Trans/Gender Cis Men Cis Women Non-conforming Total									
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never true	1192	79	2671	72	197	61	4083	73.1		
1 Sometimes true	222	15	701	19	74	23	1008	18.0		
2 Often true	96	6	343	9	52	16	496	8.9 🗖		
Valid responses =	1510	27	3715	66	323	6	5587	99.3		
Invalid responses include no response.										

RFOOD_3 Within the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

					i rans/G	enaer		
	Cis Men Cis Women		men	Non-conforming		To	otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1137	75	2674	72	194	60	4030	72.0
1 Only 1 or 2 days	200	13	541	15	51	16	801	14.3
2 Yes, some days, but not every day	154	10	413	11	59	18	629	11.2 🗖
3 Yes, almost every day	23	2	93	3	19	6	137	2.4 0
Valid responses =	1514	27	3721	66	323	6	5597	99.5
Invalid responses include no response.								

RFOOD_4 Within the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	rans/Gender									
	Cis Men		Cis Women		Non-conforming		To	otal		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No	1261	83	2942	79	216	67	4451	79.5	3	
1 Yes	253	17	781	21	107	33	1148	20.5		
Valid responses =	1514	27	3723	66	323	6	5599	99.5		
Invalid responses include no response.										

RFOOD_5 In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

					Trans/G	ender		
	Cis Me	n	Cis Wo	men	Non-conf	orming	To	otal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1319	87	3153	85	241	75	4746	84.8
1 Yes	195	13	569	15	82	25	852	15.2
Valid responses =	151/	27	3722	66	323	6	5508	00.5





	American College Health Association			n= 6 schools				
	8455 Colesville Road, Suite 740 Silver Spring, MD 20910			May 1, 2024				
	(410) 859-1500			Number of Surv	/eys (n) =	56	627 Web Surveys	
	www.acha.org						<u> </u>	
HAPPINE	SS SCORE							
	Cis Men	Mean 33.40	Median 35.00	Std Dev 10.96	Min	10	Max 50	
	Cis Women	32.39	33.00	10.63		10 10	50	
	Trans/Gender Non-conforming	28.25	28.00	10.03		10	50	
	Overall	32.39	33.00	10.77		10	50	
ANXIETY	SCORE							
		Mean	Median	Std Dev	Min		Max	
	Cis Men	24.49	23.00	11.09		10	50	
	Cis Women	28.46	27.00	11.79		10	50	
	Trans/Gender Non-conforming Overall	32.55 27.62	33.00 27.00	11.43 11.78		10 10	50 50	
	Overall	21.02	27.00	11.70		10	50	
DEPRES	SION SCORE							
		Mean	Median	Std Dev	Min		Max	
	Cis Men	19.67	17.00	9.93		10	50	
	Cis Women	21.34	17.00	10.38		10	50	
	Trans/Gender Non-conforming	28.05	27.00	11.47		10	50	
	Overall	21.30	17.00	10.51		10	50	
LONELIN	ESS SCORE							
LUNELIN	ESS SCORE	Mean	Median	Std Dev	Min		Max	
	Cis Men	17.32	10.00	10.46	IVIIII	10	Max 50	
	Cis Women	18.70	15.00	11.12		10	50	
	Trans/Gender Non-conforming	22.61	20.00	12.60		10	50	
	Overall	18.58	15.00	11.11		10	50	
SOCIAL	ANXIETY SCORE							
		Mean	Median	Std Dev	Min		Max	
	Cis Men	18.34	13.00	10.42		10	50	
	Cis Women Trans/Gender Non-conforming	21.39 27.55	17.00 23.00	11.86 13.64		10 10	50 50	
	Overall	20.94	17.00	11.80		10	50	
		20.01		11.00			33	
LIFE SAT	ISFACTION SCORE							
		Mean	Median	Std Dev	Min		Max	
	Cis Men	43.16	47.00	11.73		10	60	
	Cis Women	44.86	47.00	10.47		10	60	
	Trans/Gender Non-conforming	38.70	40.00	11.20		10 10	60 60	
	Overall	44.00	47.00	11.01		10	00	
SELF-ES	TEEM SCORE							
		Mean	Median	Std Dev	Min		Max	
	Cis Men	44.47	47.00	11.73		10	60	
	Cis Women	43.52	47.00	11.36		10	60	
	Trans/Gender Non-conforming	38.42	40.00	12.41		10	60	
	Overall	43.45	47.00	11.62		10	60	
OPTIMIS	M SCORE							
OI IIIIIIO	# OOKE	Mean	Median	Std Dev	Min		Max	
	Cis Men	39.92	40.00	11.83		10	60	
	Cis Women	38.34	40.00	11.38		10	60	
	Trans/Gender Non-conforming	32.24	33.00	11.48		10	60	
	Overall	38.37	40.00	11.66		10	60	
CODING	SCORE							
COPING	SCORE	Mean	Median	Std Dev	Min		Max	
	Cis Men	38.19	40.00	12.05	IVIIII	10	60	
	Cis Women	33.27	33.00	11.93		10	60	
	Trans/Gender Non-conforming	30.15	30.00	12.18		10	60	
	Overall	34.41	33.00	12.22		10	60	
ACTIVITY	'ENGAGEMENT SCORE		Mar all and	044 0				
	Cis Men	Mean 47.79	Median 50.00	Std Dev 12.94	Min	10	Max 60	
	Cis Women	47.79	50.00	13.48		10	60	
	Trans/Gender Non-conforming	46.40	50.00	13.79		10	60	
	Overall	47.18	50.00	13.36		10	60	
ACADEM	IC ENGAGEMENT SCORE							
	Ole Mari	Mean	Median	Std Dev	Min	10	Max	
	Cis Men	44.53 45.46	47.00 47.00	11.15		10	60 60	
	Cis Women Trans/Gender Non-conforming	45.46 43.46	47.00 43.00	10.19 10.25		10 10	60 60	
	Overall	45.46 45.06	47.00 47.00	10.25		10	60	
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American College Health Association 8455 Colesville Road, Suite 740 Silver Spring, MD 20910 (410) 859-1500

n= 6 schools

May 1, 2024 Number of Surveys (n) = 5627 Web Surveys

BELONGING SCORE					
	Mean	Median	Std Dev	Min	Max
Cis Men	45.25	50.00	11.72	10	60
Cis Women	45.33	50.00	11.20	10	60
Trans/Gender Non-conforming	39.97	40.00	12.19	10	60
Overall	44.94	47.00	11.51	10	60
MEANING SCORE					
	Mean	Median	Std Dev	Min	Max
Cis Men	44.75	47.00	11.68	10	60
Cis Women	44.95	47.00	10.93	10	60
Trans/Gender Non-conforming	38.92	40.00	11.84	10	60
Overall	44.51	47.00	11.32	10	60
URPOSE SCORE					
	Mean	Median	Std Dev	Min	Max
Cis Men	49.56	50.00	10.26	10	60
Cis Women	50.82	50.00	9.47	10	60
Trans/Gender Non-conforming	46.43	50.00	11.43	10	60
Overall	50.17	50.00	9.96	10	60