



Reference Group

Data Report

Fall 2021

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AMERICAN COLLEGE HEALTH ASSOCIATION

Demographics of Participating Institutions

Three postsecondary institutions self-selected to participate in the Fall 2021 ACHA National Faculty & Staff Health Assessment and 2,359 surveys were completed by faculty and staff on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all faculty and staff or used a random sampling technique are included in the analysis, yielding a final data set consisting of 2,359 faculty and staff at 4 schools. Demographic characteristics of the 4 campuses follow. *The mean response proportion was 24.1%, and the median response proportion was 23.9%.*

| Demographical Characteristics of the 4 US Postsecondary Institutions Included in the Fall 2021 ACHA-NFSHA Reference Group | |
|--|-----------------|
| Campus Characteristic | <i>n</i> |
| Type of Institution | |
| Public | 4 |
| Private | 0 |
| 2-year | 0 |
| 4-year or above | 4 |
| Location of Campus | |
| Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT) | 0 |
| Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI) | 1 |
| South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX, VA, WV) | 3 |
| West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY) | 0 |
| Campus Size | |
| < 2,500 students | 1 |
| 2,500 – 4,999 students | 0 |
| 5,000 – 9,999 students | 0 |
| 10,000 – 19,999 students | 1 |
| 20,000 students or more | 2 |
| Campus Setting | |
| Very large city (population over 500,000) | 1 |
| Large city (population 250,000-499,999) | 0 |
| Small city (population 50,000-249,999) | 1 |
| Large town (population 10,000 – 49,999) | 2 |
| Small town (population 2,500-9,999) | 0 |
| Rural community (population under 2,500) | 0 |
| Carnegie Classification | |
| Associates Colleges | 0 |
| Baccalaureate Colleges | 0 |
| Baccalaureate/Associates Colleges | 0 |
| Masters Colleges and Universities | 0 |
| Doctoral Universities | 3 |
| Special Focus Institutions | 1 |
| Miscellaneous/Not Classified | 0 |

| Demographical Characteristics of the 4 US Postsecondary Institutions Included in the Fall 2021 ACHA-NFSHA Reference Group | |
|--|-----------------|
| Campus Characteristic | <i>n</i> |
| ACHA Membership Status | |
| Institutional Member | 4 |
| Nonmember | 0 |
| Religious Affiliation | |
| No | 4 |
| Yes | 0 |
| <u>If yes:</u> | |
| Catholic | 0 |
| Protestant or Other Christian | 0 |
| Postsecondary Minority Institution (US Department of Education) | |
| No | 4 |
| Yes | 0 |
| <u>*If yes:</u> | |
| Postsecondary Minority Institution | 0 |
| Historically Black College or University (HBCU) | 0 |
| High Hispanic Enrollment | 0 |
| Hispanic-serving Institution (HSI) | 0 |
| Tribal College or University | 0 |
| Predominately Black Institution | 0 |
| Asian American and Native American Pacific Islander-serving | 0 |
| Alaska Native-serving or Native Hawaiian-serving Institution | 0 |
| Native American-serving Nontribal Institution | 0 |
| *institutions may hold more than one type of minority status | |



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March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) = 2359 Web Surveys

A note about the use of sex and gender in this report:

Survey responses are reported by sex based on the responses to questions 46, 47, and 48. For the purpose of the ACHA-NFSHA report documents, respondents are reported as male or female only when their responses to these three questions are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either male or female. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as male or female. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming. A respondent that skips any of the three questions is designated as unknown. Totals displayed in this report include transgender/gender non-conforming and unknown responses. Only 3 of the 4 categories are displayed in this report. Respondents categorized as transgender/gender non-conforming are included in the Total column, but are not presented in a separate column. When the Total of any given row is higher than the sum of the male, female, and unknown respondents, the difference can be attributed to

1. How would you describe your general overall health?

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Excellent | 83 | 11 | 141 | 9 | 4 | 12 | 231 | 9.8 | |
| 2 Very good | 269 | 37 | 577 | 38 | 8 | 24 | 865 | 36.7 | |
| 3 Good | 257 | 35 | 585 | 38 | 16 | 47 | 878 | 37.3 | |
| 4 Fair | 105 | 14 | 202 | 13 | 4 | 12 | 327 | 13.9 | |
| 5 Poor | 14 | 2 | 33 | 2 | 2 | 6 | 54 | 2.3 | |
| 6 Don't know | 2 | 0 | 0 | 0 | 0 | 0 | 2 | 0.1 | |
| Valid responses = | 730 | 31 | 1538 | 65 | 34 | 100 | 2357 | 99.9 | |

Invalid responses include no response.

2. My college/university cares about my health and well-being.

| | Male | | Female | | Unknown | | Total | | Pct. |
|---------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Strongly agree | 104 | 14 | 179 | 12 | 4 | 11 | 292 | 12.4 | |
| 2 Agree | 310 | 43 | 717 | 47 | 8 | 23 | 1051 | 44.6 | |
| 3 Neutral | 189 | 26 | 424 | 28 | 10 | 29 | 636 | 27.0 | |
| 4 Disagree | 91 | 13 | 166 | 11 | 7 | 20 | 278 | 11.8 | |
| 5 Strongly disagree | 35 | 5 | 49 | 3 | 6 | 17 | 97 | 4.1 | |
| Valid responses = | 729 | 31 | 1535 | 65 | 35 | 1 | 2354 | 99.8 | |

Invalid responses include no response.

3. Do you believe the health and well-being of university staff and faculty impact student success and learning?

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 No | 20 | 3 | 20 | 1 | 0 | 0 | 42 | 1.8 | |
| 2 Yes | 684 | 94 | 1471 | 96 | 32 | 91 | 2237 | 94.9 | |
| 3 Don't know | 26 | 4 | 46 | 3 | 3 | 9 | 78 | 3.3 | |
| Valid responses = | 730 | 31 | 1537 | 65 | 35 | 100 | 2357 | 99.9 | |

Invalid responses include no response.

4. How important do you feel it is to model positive health and wellness behavior to students?

| | Male | | Female | | Unknown | | Total | | Pct. |
|------------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Not Applicable | 18 | 3 | 35 | 2 | 1 | 3 | 57 | 2.4 | |
| 2 Extremely important | 237 | 33 | 679 | 44 | 1 | 3 | 950 | 40.3 | |
| 3 Very important | 302 | 41 | 566 | 37 | 1 | 3 | 898 | 38.1 | |
| 4 Moderately important | 125 | 17 | 213 | 14 | 1 | 3 | 350 | 14.9 | |
| 5 Slightly important | 34 | 5 | 29 | 2 | 1 | 3 | 73 | 3.1 | |
| 6 Not at all important | 14 | 2 | 14 | 1 | 1 | 3 | 28 | 1.2 | |
| Valid responses = | 730 | 31 | 1536 | 65 | 1 | 3 | 2356 | 99.9 | |

Invalid responses include no response.

5. Within the last 12 months have you received a flu vaccination (shot or mist)?

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 No | 239 | 33 | 492 | 32 | 11 | 31 | 762 | 32.4 | |
| 2 Yes | 480 | 66 | 1030 | 67 | 24 | 69 | 1569 | 66.8 | |
| 3 Don't Know | 8 | 1 | 10 | 1 | 0 | 0 | 18 | 0.8 | |
| Valid responses = | 727 | 31 | 1532 | 65 | 35 | 100 | 2349 | 99.6 | |

Invalid responses include no response.



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March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) =

2359 Web Surveys

6A. Within the last 12 months, how often did you experience pain, discomfort, or numbness in your hands, wrists, arms, or shoulders when using a computer or working at a desk?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not Applicable | 20 | 3 | 18 | 1 | 2.9 | 3 | 40 | 1.7 |
| 2 Never | 247 | 34 | 333 | 22 | 22.9 | 23 | 600 | 25.5 |
| 3 Rarely | 201 | 28 | 326 | 21 | 17.1 | 17 | 547 | 23.2 |
| 4 Sometimes | 219 | 30 | 622 | 41 | 40 | 40 | 869 | 36.9 |
| 5 Most of the Time | 38 | 5 | 197 | 13 | 14.3 | 14 | 251 | 10.7 |
| 6 Always | 5 | 1 | 38 | 3 | 2.9 | 3 | 47 | 2.0 |
| Valid responses = | 730 | 31 | 1534 | 65 | 100 | 100 | 2354 | 99.8 |

Invalid responses include no response.

6B. Within the last 12 months, how often did you experience pain, discomfort, or numbness in your hands, wrists, arms, or shoulders when performing work tasks NOT at a desk or a computer?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not Applicable | 14 | 2 | 26 | 2 | 2 | 6 | 44 | 1.9 |
| 2 Never | 261 | 36 | 505 | 33 | 7 | 20 | 794 | 33.9 |
| 3 Rarely | 226 | 31 | 465 | 31 | 9 | 26 | 712 | 30.4 |
| 4 Sometimes | 192 | 26 | 439 | 29 | 11 | 31 | 654 | 27.9 |
| 5 Most of the Time | 29 | 4 | 72 | 5 | 5 | 14 | 112 | 4.8 |
| 6 Always | 4 | 1 | 20 | 1 | 1 | 3 | 27 | 1.2 |
| Valid responses = | 726 | 31 | 1527 | 65 | 35 | 100 | 2,343 | 99.3 |

Invalid responses include no response.

6C. Within the last 12 months, experience pain, discomfort, or numbness in your neck or low back when using a computer or working at a desk?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not Applicable | 16 | 2 | 12 | 1 | 1 | 3 | 30 | 1.3 |
| 2 Never | 178 | 25 | 208 | 14 | 5 | 14 | 399 | 17.0 |
| 3 Rarely | 181 | 25 | 254 | 17 | 4 | 11 | 447 | 19.0 |
| 4 Sometimes | 260 | 36 | 689 | 45 | 12 | 34 | 980 | 41.7 |
| 5 Most of the Time | 81 | 11 | 296 | 19 | 9 | 26 | 399 | 17.0 |
| 6 Always | 10 | 1 | 73 | 5 | 4 | 11 | 93 | 4.0 |
| Valid responses = | 726 | 31 | 1532 | 65 | 35 | 100 | 2,348 | 99.5 |

Invalid responses include no response.

6D. Within the last 12 months, experience pain, discomfort, or numbness in your neck or low back when performing work tasks NOT at a desk or on a computer?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not Applicable | 16 | 2 | 18 | 1 | 2 | 6 | 38 | 1.6 |
| 2 Never | 187 | 26 | 306 | 20 | 4 | 12 | 508 | 21.7 |
| 3 Rarely | 238 | 33 | 434 | 28 | 9 | 27 | 690 | 29.4 |
| 4 Sometimes | 242 | 33 | 611 | 40 | 9 | 27 | 886 | 37.8 |
| 5 Most of the Time | 37 | 5 | 133 | 9 | 7 | 21 | 181 | 7.7 |
| 6 Always | 7 | 1 | 28 | 2 | 3 | 9 | 43 | 1.8 |
| Valid responses = | 727 | 31 | 1530 | 65 | 34 | 100 | 2,346 | 99.4 |

Invalid responses include no response.

7A. How long has it been since you had the following checked? Blood pressure

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Less than 12 months ago | 598 | 82 | 1337 | 87 | 32 | 91 | 2011 | 85 |
| 2 1 year ago less than 2 years ago | 57 | 8 | 117 | 8 | 2 | 6 | 181 | 8 |
| 3 2 years ago less than 3 years ago | 31 | 4 | 40 | 3 | 0 | 0 | 73 | 3 |
| 4 3 years ago less than 5 years ago | 25 | 3 | 16 | 1 | 0 | 0 | 42 | 2 |
| 5 5 or more years ago | 10 | 1 | 11 | 1 | 1 | 3 | 22 | 1 |
| 6 Never | 2 | 0 | 3 | 0 | 0 | 0 | 5 | 0 |
| 7 Don't know | 8 | 1 | 12 | 1 | 0 | 0 | 23 | 1 |
| Valid responses = | 731 | 31 | 1536 | 65 | 35 | 100 | 2357 | 99.9 |

Invalid responses include no response.

7B. How long has it been since you had the following checked? Blood sugar

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Less than 12 months ago | 466 | 64 | 1030 | 67 | 24 | 68.6 | 1553 | 66.1 |
| 2 1 year ago less than 2 years ago | 86 | 12 | 184 | 12 | 3 | 8.6 | 278 | 11.8 |
| 3 2 years ago less than 3 years ago | 55 | 8 | 74 | 5 | 0 | 0 | 134 | 5.7 |
| 4 3 years ago less than 5 years ago | 32 | 4 | 41 | 3 | 0 | 0 | 75 | 3.2 |
| 5 5 or more years ago | 24 | 3 | 45 | 3 | 3 | 8.6 | 74 | 3.1 |
| 6 Never | 28 | 4 | 55 | 4 | 2 | 5.7 | 86 | 3.7 |
| 7 Don't know | 40 | 6 | 100 | 7 | 3 | 8.6 | 150 | 6.4 |
| Valid responses = | 731 | 31 | 1529 | 65 | 35 | 100 | 2350 | 99.6 |

Invalid responses include no response.



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March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) =

2359 Web Surveys

7C. How long has it been since you had the following checked? Cholesterol

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Less than 12 months ago | 453 | 63 | 1017 | 67 | 25 | 73.5 | 1525 | 65.1 |
| 2 1 year ago less than 2 years ago | 88 | 12 | 190 | 12 | 3 | 8.8 | 286 | 12.2 |
| 3 2 years ago less than 3 years ago | 59 | 8 | 75 | 5 | 0 | 0 | 137 | 5.8 |
| 4 3 years ago less than 5 years ago | 27 | 4 | 52 | 3 | 0 | 0 | 82 | 3.5 |
| 5 5 or more years ago | 20 | 3 | 43 | 3 | 3 | 8.8 | 70 | 3 |
| 6 Never | 39 | 5 | 53 | 4 | 2 | 5.9 | 95 | 4.1 |
| 7 Don't know | 39 | 5 | 100 | 7 | 1 | 2.9 | 149 | 6.4 |
| Valid responses = | 725 | 31 | 1530 | 65 | 34 | 100 | 2344 | 99.4 |

Invalid responses include no response.

7D. How long has it been since you had the following checked? Dental exam

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Less than 12 months ago | 481 | 66 | 1168 | 76 | 27 | 77.1 | 1713 | 73 |
| 2 1 year ago less than 2 years ago | 81 | 11 | 165 | 11 | 3 | 8.6 | 254 | 10.8 |
| 3 2 years ago less than 3 years ago | 59 | 8 | 80 | 5 | 2 | 5.7 | 145 | 6.2 |
| 4 3 years ago less than 5 years ago | 36 | 5 | 54 | 4 | 2 | 5.7 | 95 | 4 |
| 5 5 or more years ago | 54 | 7 | 44 | 3 | 1 | 2.9 | 103 | 4.4 |
| 6 Never | 8 | 1 | 5 | 0 | 0 | 0 | 14 | 0.6 |
| 7 Don't know | 7 | 1 | 16 | 1 | 0 | 0 | 24 | 1 |
| Valid responses = | 726 | 31 | 1532 | 65 | 35 | 100 | 2348 | 99.5 |

Invalid responses include no response.

7E. How long has it been since you had the following checked? Eye exam

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Less than 12 months ago | 378 | 52 | 898 | 59 | 23 | 65.7 | 1330 | 56.6 |
| 2 1 year ago less than 2 years ago | 133 | 18 | 291 | 19 | 4 | 11.4 | 439 | 18.7 |
| 3 2 years ago less than 3 years ago | 72 | 10 | 157 | 10 | 4 | 11.4 | 240 | 10.2 |
| 4 3 years ago less than 5 years ago | 51 | 7 | 73 | 5 | 2 | 5.7 | 127 | 5.4 |
| 5 5 or more years ago | 73 | 10 | 82 | 5 | 2 | 5.7 | 161 | 6.9 |
| 6 Never | 11 | 2 | 17 | 1 | 0 | 0 | 29 | 1.2 |
| 7 Don't know | 10 | 1 | 13 | 1 | 0 | 0 | 23 | 1 |
| Valid responses = | 728 | 31 | 1531 | 65 | 35 | 100 | 2349 | 99.6 |

Invalid responses include no response.

7F. How long has it been since you had the following checked? Hearing exam

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Less than 12 months ago | 116 | 16 | 221 | 15 | 9 | 25.7 | 356 | 15.3 |
| 2 1 year ago less than 2 years ago | 71 | 10 | 140 | 9 | 2 | 5.7 | 217 | 9.3 |
| 3 2 years ago less than 3 years ago | 77 | 11 | 134 | 9 | 4 | 11.4 | 218 | 9.3 |
| 4 3 years ago less than 5 years ago | 87 | 12 | 91 | 6 | 3 | 8.6 | 184 | 7.9 |
| 5 5 or more years ago | 218 | 30 | 409 | 27 | 8 | 22.9 | 646 | 27.7 |
| 6 Never | 86 | 12 | 230 | 15 | 5 | 14.3 | 330 | 14.1 |
| 7 Don't know | 70 | 10 | 294 | 19 | 4 | 11.4 | 382 | 16.4 |
| Valid responses = | 725 | 31 | 1519 | 65 | 35 | 100 | 2333 | 98.9 |

Invalid responses include no response.

7G. How long has it been since you had the following checked? Physical exam

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Less than 12 months ago | 425 | 58 | 1038 | 68 | 26 | 74.3 | 1523 | 64.8 |
| 2 1 year ago less than 2 years ago | 97 | 13 | 236 | 15 | 5 | 14.3 | 342 | 14.5 |
| 3 2 years ago less than 3 years ago | 64 | 9 | 92 | 6 | 0 | 0 | 164 | 7 |
| 4 3 years ago less than 5 years ago | 43 | 6 | 47 | 3 | 1 | 2.9 | 94 | 4 |
| 5 5 or more years ago | 69 | 10 | 59 | 4 | 2 | 5.7 | 133 | 5.7 |
| 6 Never | 10 | 1 | 14 | 1 | 0 | 0 | 25 | 1.1 |
| 7 Don't know | 21 | 3 | 47 | 3 | 1 | 2.9 | 71 | 3 |
| Valid responses = | 729 | 31 | 1533 | 65 | 35 | 100 | 2352 | 99.7 |

Invalid responses include no response.

7H. How long has it been since you had the following checked? Triglycerides (blood fat)

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Less than 12 months ago | 418 | 57 | 914 | 60 | 21 | 60 | 1380 | 58.8 |
| 2 1 year ago less than 2 years ago | 81 | 11 | 168 | 11 | 3 | 8.6 | 257 | 11 |
| 3 2 years ago less than 3 years ago | 55 | 8 | 74 | 5 | 0 | 0 | 131 | 5.6 |
| 4 3 years ago less than 5 years ago | 26 | 4 | 41 | 3 | 0 | 0 | 70 | 3 |
| 5 5 or more years ago | 27 | 4 | 53 | 4 | 2 | 5.7 | 85 | 3.6 |
| 6 Never | 49 | 7 | 87 | 6 | 3 | 8.6 | 141 | 6 |
| 7 Don't know | 73 | 10 | 192 | 13 | 6 | 17.1 | 283 | 12.1 |
| Valid responses = | 729 | 31 | 1529 | 65 | 35 | 100 | 2347 | 99.5 |

Invalid responses include no response.



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FREQUENCY REPORT
Number of Surveys (n) =

2359 Web Surveys

8A. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

Anxiety

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 566 | 79 | 933 | 61 | 26 | 74.3 | 1552 | 66.6 |
| 2 Yes, Dx/No Treatment | 45 | 6 | 135 | 9 | 3 | 8.6 | 189 | 8.1 |
| 3 Yes, Dx/Received Treatment | 108 | 15 | 453 | 30 | 6 | 17.1 | 588 | 25.2 |
| Valid responses = | 719 | 31 | 1521 | 65 | 35 | 100 | 2329 | 98.7 |

Invalid responses include no response.

8B. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

Depression

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 600 | 84 | 1070 | 70 | 28 | 80 | 1726 | 74.1 |
| 2 Yes, Dx/No Treatment | 23 | 3 | 76 | 5 | 2 | 5.7 | 108 | 4.6 |
| 3 Yes, Dx/Received Treatment | 94 | 13 | 376 | 25 | 5 | 14.3 | 494 | 21.2 |
| Valid responses = | 717 | 31 | 1522 | 65 | 35 | 100 | 2328 | 98.7 |

Invalid responses include no response.

8C. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

Elevated blood sugar or diabetes

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 613 | 85 | 1363 | 90 | 32 | 94.1 | 2054 | 88.3 |
| 2 Yes, Dx/No Treatment | 34 | 5 | 57 | 4 | 0 | 0 | 94 | 4 |
| 3 Yes, Dx/Received Treatment | 71 | 10 | 99 | 7 | 2 | 5.9 | 177 | 7.6 |
| Valid responses = | 718 | 31 | 1519 | 65 | 34 | 100 | 2325 | 98.6 |

Invalid responses include no response.

8D. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

Elevated cholesterol level

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 485 | 67 | 1171 | 77 | 26 | 74.3 | 1722 | 73.8 |
| 2 Yes, Dx/No Treatment | 98 | 14 | 203 | 13 | 2 | 5.7 | 311 | 13.3 |
| 3 Yes, Dx/Received Treatment | 141 | 20 | 147 | 10 | 7 | 20 | 301 | 12.9 |
| Valid responses = | 724 | 31 | 1521 | 65 | 35 | 100 | 2334 | 98.9 |

Invalid responses include no response.

8E. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

High blood pressure/hypertension

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 498 | 68 | 1239 | 82 | 26 | 76.5 | 1806 | 77.2 |
| 2 Yes, Dx/No Treatment | 49 | 7 | 59 | 4 | 2 | 5.9 | 118 | 5 |
| 3 Yes, Dx/Received Treatment | 181 | 25 | 223 | 15 | 6 | 17.6 | 414 | 17.7 |
| Valid responses = | 728 | 31 | 1521 | 65 | 34 | 100 | 2338 | 99.1 |

Invalid responses include no response.

8F. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

Low back injury or spine problems

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 585 | 81 | 1181 | 78 | 24 | 68.6 | 1830 | 78.7 |
| 2 Yes, Dx/No Treatment | 55 | 8 | 118 | 8 | 3 | 8.6 | 179 | 7.7 |
| 3 Yes, Dx/Received Treatment | 81 | 11 | 217 | 14 | 8 | 22.9 | 317 | 13.6 |
| Valid responses = | 721 | 31 | 1516 | 65 | 35 | 100 | 2326 | 98.6 |

Invalid responses include no response.

9. On how many of the past 7 days did you get enough sleep so that you felt rested when you woke up?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 0 days | 80 | 11 | 192 | 13 | 4 | 11.4 | 287 | 12.2 |
| 2 1 day | 50 | 7 | 155 | 10 | 3 | 8.6 | 216 | 9.2 |
| 3 2 days | 87 | 12 | 197 | 13 | 4 | 11.4 | 294 | 12.5 |
| 4 3 days | 99 | 14 | 221 | 14 | 5 | 14.3 | 330 | 14 |
| 5 4 days | 95 | 13 | 226 | 15 | 2 | 5.7 | 329 | 14 |
| 6 5 days | 144 | 20 | 276 | 18 | 6 | 17.1 | 431 | 18.3 |
| 7 6 days | 86 | 12 | 143 | 9 | 3 | 8.6 | 236 | 10 |
| 8 7 days | 90 | 12 | 125 | 8 | 8 | 22.9 | 233 | 9.9 |
| Valid responses = | 731 | 31 | 1535 | 65 | 35 | 100 | 2366 | 99.9 |

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) =

2359 Web Surveys

10. Over the last 2 weeks, what is the average amount of sleep you have gotten on weeknights (excluding naps)?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|---------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Less than 4 hours | 3 | 0 | 17 | 1 | 0 | 0 | 20 | 0.8 |
| 2 4 hours | 18 | 3 | 43 | 3 | 1 | 2.9 | 65 | 2.8 |
| 3 5 hours | 97 | 13 | 176 | 12 | 4 | 11.4 | 287 | 12.2 |
| 4 6 hours | 241 | 33 | 484 | 32 | 9 | 25.7 | 747 | 31.7 |
| 5 7 hours | 261 | 36 | 572 | 37 | 12 | 34.3 | 860 | 36.5 |
| 6 8 hours | 93 | 13 | 212 | 14 | 8 | 22.9 | 321 | 13.6 |
| 7 9 hours | 14 | 2 | 26 | 2 | 1 | 2.9 | 46 | 2 |
| 8 10 or more hours | 2 | 0 | 6 | 0 | 0 | 0 | 9 | 0.4 |
| Valid responses = | 729 | 31 | 1536 | 65 | 35 | 100 | 2355 | 99.8 |

Invalid responses include no response.

11A. How long does it usually take you to fall asleep once you close your eyes?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-----------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Under 5 minutes | 185 | 25 | 294 | 19 | 7 | 20 | 496 | 21.1 |
| 2 5-15 minutes | 284 | 39 | 557 | 36 | 7 | 20 | 866 | 36.8 |
| 3 16-30 minutes | 135 | 19 | 356 | 23 | 9 | 25.7 | 511 | 21.7 |
| 4 31 minutes - 1 hour | 93 | 13 | 251 | 16 | 6 | 17.1 | 360 | 15.3 |
| 5 Over 1 hour | 33 | 5 | 77 | 5 | 6 | 17.1 | 122 | 5.2 |
| Valid responses = | 730 | 31 | 1535 | 65 | 35 | 100 | 2355 | 99.8 |

Invalid responses include no response.

11B1. In the last 12 months have you experienced the following? Experienced difficulty staying asleep

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 320 | 44 | 513 | 33 | 11 | 32.4 | 864 | 36.7 |
| 2 Yes | 409 | 56 | 1022 | 67 | 23 | 67.6 | 1489 | 63.3 |
| Valid responses = | 729 | 31 | 1535 | 65 | 34 | 100 | 2353 | 99.7 |

Invalid responses include no response.

11B2. In the last 12 months have you experienced the following? Used an over-the-counter medication to promote sleep

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 547 | 75 | 1013 | 66 | 21 | 61.8 | 1613 | 68.6 |
| 2 Yes | 182 | 25 | 521 | 34 | 13 | 38.2 | 739 | 31.4 |
| Valid responses = | 729 | 31 | 1534 | 65 | 34 | 100 | 2352 | 99.7 |

Invalid responses include no response.

11B3. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 669 | 92 | 1326 | 87 | 31 | 91.2 | 2069 | 88.2 |
| 2 Yes | 57 | 8 | 206 | 13 | 3 | 8.8 | 278 | 11.8 |
| Valid responses = | 726 | 31 | 1532 | 65 | 34 | 100 | 2347 | 99.5 |

Invalid responses include no response.

11B4. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or situations

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 415 | 57 | 698 | 46 | 16 | 47.1 | 1146 | 48.7 |
| 2 Yes | 315 | 43 | 837 | 55 | 18 | 52.9 | 1208 | 51.3 |
| Valid responses = | 730 | 31 | 1535 | 65 | 34 | 100 | 2354 | 99.8 |

Invalid responses include no response.

11B5. In the last 12 months have you experienced the following? Felt so depressed that it was difficult to function

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 606 | 83 | 1168 | 76 | 27 | 79.4 | 1829 | 77.9 |
| 2 Yes | 123 | 17 | 362 | 24 | 7 | 20.6 | 519 | 22.1 |
| Valid responses = | 729 | 31 | 1530 | 65 | 34 | 100 | 2348 | 99.5 |

Invalid responses include no response.



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FREQUENCY REPORT
Number of Surveys (n) = 2359 Web Surveys

11B6. In the last 12 months have you experienced the following? Felt overwhelming anxiety

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|-------------------|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 No | 507 | 70 | 804 | 53 | 23 | 67.6 | 1349 | 57.5 | |
| 2 Yes | 222 | 31 | 724 | 47 | 11 | 32.4 | 997 | 42.5 | |
| Valid responses = | 729 | 31 | 1528 | 65 | 34 | 100 | 2346 | 99.4 | |

Invalid responses include no response.

11B7. In the last 12 months have you experienced the following? Felt overwhelmed by all you had to do

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|-------------------|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 No | 366 | 50 | 510 | 33 | 12 | 35.3 | 899 | 38.2 | |
| 2 Yes | 364 | 50 | 1022 | 67 | 22 | 64.7 | 1452 | 61.8 | |
| Valid responses = | 730 | 31 | 1532 | 65 | 34 | 100 | 2351 | 99.7 | |

Invalid responses include no response.

12A1. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Anxiety

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 299 | 42 | 375 | 25 | 12 | 36.4 | 696 | 29.8 | |
| 2 Experienced issue, but work performance/productivity not affected | 252 | 35 | 673 | 44 | 12 | 36.4 | 956 | 40.9 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 170 | 24 | 482 | 32 | 9 | 27.3 | 687 | 29.4 | |
| Valid responses = | 721 | 31 | 1530 | 65 | 33 | 100 | 2339 | 99.2 | |

Invalid responses include no response.

12A2. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Death of a close friend or family member

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 531 | 73 | 1007 | 66 | 22 | 66.7 | 1599 | 68.1 | |
| 2 Experienced issue, but work performance/productivity not affected | 252 | 35 | 673 | 44 | 12 | 36.4 | 956 | 40.9 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 170 | 24 | 482 | 32 | 9 | 27.3 | 687 | 29.4 | |
| Valid responses = | 729 | 31 | 1531 | 65 | 33 | 100 | 2348 | 99.5 | |

Invalid responses include no response.

12A3. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Depression

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 458 | 63 | 834 | 54 | 15 | 50 | 1327 | 56.6 | |
| 2 Experienced issue, but work performance/productivity not affected | 157 | 22 | 420 | 27 | 8 | 26.7 | 595 | 25.4 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 113 | 16 | 278 | 18 | 7 | 23.3 | 423 | 18 | |
| Valid responses = | 728 | 31 | 1532 | 65 | 30 | 100 | 2345 | 99.4 | |

Invalid responses include no response.

Invalid responses include no response.

12A4. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Financial concerns

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 404 | 56 | 822 | 54 | 17 | 51.5 | 1264 | 53.9 | |
| 2 Experienced issue, but work performance/productivity not affected | 259 | 36 | 599 | 39 | 11 | 33.3 | 897 | 38.3 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 64 | 9 | 109 | 7 | 5 | 15.2 | 184 | 7.8 | |
| Valid responses = | 727 | 31 | 1530 | 65 | 33 | 100 | 2345 | 99.4 | |

Invalid responses include no response.

12A5. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Lack of quality sleep

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 253 | 35 | 352 | 23 | 11 | 33.3 | 630 | 26.8 | |
| 2 Experienced issue, but work performance/productivity not affected | 297 | 41 | 704 | 46 | 15 | 45.5 | 1037 | 44.1 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 179 | 25 | 476 | 31 | 7 | 21.2 | 682 | 29 | |
| Valid responses = | 729 | 31 | 1532 | 65 | 33 | 100 | 2349 | 99.6 | |

Invalid responses include no response.



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FREQUENCY REPORT
Number of Surveys (n) = 2359 Web Surveys

12A6. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Severe headaches/migraines

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 573 | 79 | 930 | 61 | 21 | 65.6 | 1556 | 66.4 | |
| 2 Experienced issue, but work performance/productivity not affected | 110 | 15 | 357 | 23 | 4 | 12.5 | 487 | 20.8 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 45 | 6 | 240 | 16 | 7 | 21.9 | 299 | 12.8 | |
| Valid responses = | 728 | 31 | 1527 | 65 | 32 | 100 | 2342 | 99.3 | |

Invalid responses include no response.

12A7. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? A family member's (child, parent, spouse/partner) special needs, illness, injury or surgery

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 471 | 65 | 965 | 63 | 23 | 69.7 | 1492 | 63.5 | |
| 2 Experienced issue, but work performance/productivity not affected | 178 | 25 | 376 | 25 | 7 | 21.2 | 574 | 24.4 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 79 | 11 | 193 | 13 | 3 | 9.1 | 284 | 12.1 | |
| Valid responses = | 728 | 31 | 1534 | 65 | 33 | 100 | 2350 | 99.6 | |

Invalid responses include no response.

12A8. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? My own special needs, illness, injury or surgery

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 544 | 75 | 993 | 65 | 20 | 60.6 | 1593 | 67.8 | |
| 2 Experienced issue, but work performance/productivity not affected | 128 | 18 | 323 | 21 | 7 | 21.2 | 467 | 19.9 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 58 | 8 | 216 | 14 | 6 | 18.2 | 290 | 12.3 | |
| Valid responses = | 730 | 31 | 1532 | 65 | 33 | 100 | 2350 | 99.6 | |

Invalid responses include no response.

12A9. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Violence in my home (spouse/partner, child)

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 718 | 99 | 1511 | 99 | 33 | 100 | 2315 | 98.6 | |
| 2 Experienced issue, but work performance/productivity not affected | 6 | 1 | 14 | 1 | 0 | 0 | 20 | 0.9 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 3 | 0 | 8 | 1 | 0 | 0 | 13 | 0.6 | |
| Valid responses = | 727 | 31 | 1533 | 65 | 33 | 100 | 2348 | 99.5 | |

Invalid responses include no response.

12B1. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Personal problem with addiction to alcohol or drugs

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 680 | 93 | 1491 | 97 | 31 | 93.9 | 2250 | 95.7 | |
| 2 Experienced issue, but work performance/productivity not affected | 36 | 5 | 32 | 2 | 0 | 0 | 71 | 3 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 12 | 2 | 11 | 1 | 2 | 6.1 | 29 | 1.2 | |
| Valid responses = | 728 | 31 | 1534 | 65 | 33 | 100 | 2350 | 99.6 | |

Invalid responses include no response.

12B2. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Addiction to alcohol or drugs of a close friend or family member

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 678 | 93 | 1391 | 91 | 31 | 93.9 | 2149 | 91.4 | |
| 2 Experienced issue, but work performance/productivity not affected | 40 | 6 | 114 | 7 | 1 | 3 | 160 | 6.8 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 11 | 2 | 28 | 2 | 1 | 3 | 41 | 1.7 | |
| Valid responses = | 729 | 31 | 1533 | 65 | 33 | 100 | 2350 | 99.6 | |

Invalid responses include no response.



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FREQUENCY REPORT
Number of Surveys (n) = 2359 Web Surveys

12B3. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Lack of interest in my work

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 414 | 57 | 888 | 58 | 16 | 48.5 | 1345 | 57.3 | |
| 2 Experienced issue, but work performance/productivity not affected | 194 | 27 | 398 | 26 | 10 | 30.3 | 615 | 26.2 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 121 | 17 | 246 | 16 | 7 | 21.2 | 389 | 16.6 | |
| Valid responses = | 729 | 31 | 1532 | 65 | 33 | 100 | 2349 | 99.6 | |

Invalid responses include no response.

12B4. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Lack of tools and resources to perform functions of my job

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 473 | 65 | 1109 | 72 | 21 | 63.6 | 1639 | 69.7 | |
| 2 Experienced issue, but work performance/productivity not affected | 143 | 20 | 183 | 12 | 5 | 15.2 | 341 | 14.5 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 113 | 16 | 241 | 16 | 7 | 21.2 | 370 | 15.7 | |
| Valid responses = | 729 | 31 | 1533 | 65 | 33 | 100 | 2350 | 99.6 | |

Invalid responses include no response.

12C1. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Relationship in my personal life

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 505 | 70 | 1068 | 70 | 24 | 73 | 1,630 | 69.4 | |
| 2 Experienced issue, but work performance/productivity not affected | 159 | 22 | 324 | 21 | 5 | 15 | 502 | 21.4 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 63 | 9 | 143 | 9 | 4 | 12 | 218 | 9.3 | |
| Valid responses = | 727 | 31 | 1535 | 65 | 33 | 1 | 2,350 | 99.6 | |

Invalid responses include no response.

12C2. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Relationship with coworkers

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 527 | 72 | 1093 | 71 | 24 | 73 | 1,685 | 71.7 | |
| 2 Experienced issue, but work performance/productivity not affected | 127 | 17 | 257 | 17 | 4 | 12 | 395 | 16.8 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 75 | 10 | 182 | 12 | 5 | 15 | 269 | 11.5 | |
| Valid responses = | 729 | 31 | 1532 | 65 | 33 | 1 | 2,349 | 99.6 | |

Invalid responses include no response.

12C3. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Relationship with supervisor

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 576 | 79 | 1200 | 79 | 28 | 85 | 1,847 | 78.9 | |
| 2 Experienced issue, but work performance/productivity not affected | 78 | 11 | 170 | 11 | 1 | 3 | 252 | 10.8 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 71 | 10 | 157 | 10 | 4 | 12 | 241 | 10.3 | |
| Valid responses = | 725 | 31 | 1527 | 65 | 33 | 1 | 2,340 | 99.2 | |

Invalid responses include no response.

12C4. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Stressful environment within my department/unit

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Did not experience issue/not applicable | 436 | 60 | 845 | 55 | 18 | 55 | 1,329 | 56.7 | |
| 2 Experienced issue, but work performance/productivity not affected | 161 | 22 | 361 | 24 | 11 | 33 | 541 | 23.1 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 130 | 18 | 322 | 21 | 4 | 12 | 473 | 20.2 | |
| Valid responses = | 727 | 31 | 1528 | 65 | 33 | 1 | 2,343 | 99.3 | |

Invalid responses include no response.



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12C5. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Supervisor or Management support

| | Male | | Female | | Unknown | | Total | | Pct. |
|---|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Did not experience issue/not applicable | 531 | 73 | 1099 | 72 | 25 | 76 | 1,696 | 72.4 | |
| 2 Experienced issue, but work performance/productivity not affected | 105 | 15 | 206 | 14 | 3 | 9 | 322 | 13.7 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 89 | 12 | 226 | 15 | 5 | 15 | 326 | 13.9 | |
| Valid responses = | 725 | 31 | 1531 | 65 | 33 | 1 | 2,344 | 99.4 | |

Invalid responses include no response.

12C6. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Other

| | Male | | Female | | Unknown | | Total | | Pct. |
|---|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Did not experience issue/not applicable | 251 | 85 | 493 | 85 | 4 | 57 | 766 | 84.2 | |
| 2 Experienced issue, but work performance/productivity not affected | 6 | 2 | 19 | 3 | 0 | 0 | 26 | 2.9 | |
| 3 Experienced issue, and it negatively impacted work performance/productivity | 40 | 14 | 69 | 12 | 3 | 43 | 118 | 13.0 | |
| Valid responses = | 170 | 24 | 482 | 32 | 0 | 0 | 0 | 0 | |
| Valid responses = | 297 | 33 | 581 | 64 | 7 | 1 | 910 | 38.6 | |

Invalid responses include no response.

13. My college/university promotes a culture of wellness.

| | Male | | Female | | Unknown | | Total | | Pct. |
|---------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Strongly agree | 110 | 15 | 225 | 15 | 6 | 17 | 345 | 14.7 | |
| 2 Agree | 332 | 46 | 670 | 44 | 7 | 20 | 1,021 | 43.4 | |
| 3 Neutral | 158 | 22 | 396 | 26 | 12 | 34 | 585 | 24.9 | |
| 4 Disagree | 69 | 10 | 167 | 11 | 4 | 11 | 252 | 10.7 | |
| 5 Strongly disagree | 51 | 7 | 70 | 5 | 6 | 17 | 134 | 5.7 | |
| 6 Don't Know | 6 | 1 | 9 | 1 | 0 | 0 | 16 | 0.7 | |
| Valid responses = | 726 | 31 | 1537 | 65 | 35 | 1 | 2,353 | 99.7 | |

Invalid responses include no response.

14A. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Job responsibilities make it difficult to participate (shift work, coverage, fee based work)

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 No | 422 | 58 | 790 | 52 | 13 | 39 | 1,249 | 53.6 | |
| 2 Yes | 302 | 42 | 729 | 48 | 20 | 61 | 1,081 | 46.4 | |
| Valid responses = | 724 | 31 | 1519 | 65 | 33 | 1 | 2,330 | 98.8 | |

Invalid responses include no response.

14B. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. I forget to attend or participate

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 No | 530 | 74 | 1034 | 68 | 27 | 82 | 1,625 | 69.9 | |
| 2 Yes | 191 | 27 | 483 | 32 | 6 | 18 | 700 | 30.1 | |
| Valid responses = | 721 | 31 | 1517 | 65 | 33 | 1 | 2,325 | 98.6 | |

Invalid responses include no response.

14C. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Concerns about confidentiality

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 No | 597 | 83 | 1226 | 81 | 22 | 67 | 1,884 | 80.9 | |
| 2 Yes | 123 | 17 | 295 | 19 | 11 | 33 | 445 | 19.1 | |
| Valid responses = | 720 | 31 | 1521 | 65 | 33 | 1 | 2,329 | 98.7 | |

Invalid responses include no response.

14D. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Lack of personal motivation

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 No | 410 | 57 | 876 | 58 | 24 | 73 | 1,337 | 57.6 | |
| 2 Yes | 311 | 43 | 637 | 42 | 9 | 27 | 984 | 42.4 | |
| Valid responses = | 721 | 31 | 1513 | 65 | 33 | 1 | 2,321 | 98.4 | |

Invalid responses include no response.



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FREQUENCY REPORT
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14E. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Time management (have trouble fitting anything else into my busy schedule)

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 312 | 43 | 515 | 34 | 13 | 39 | 858 | 36.8 |
| 2 Yes | 408 | 57 | 1010 | 66 | 20 | 61 | 1,474 | 63.2 |
| Valid responses = | 720 | 31 | 1525 | 65 | 33 | 1 | 2,332 | 98.9 |

Invalid responses include no response.

14F. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Schedule of programs do not work for me

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 455 | 63 | 783 | 52 | 11 | 37 | 1,275 | 55.1 |
| 2 Yes | 264 | 37 | 730 | 48 | 19 | 63 | 1,041 | 44.9 |
| Valid responses = | 719 | 31 | 1513 | 65 | 30 | 1 | 2,316 | 98.2 |

Invalid responses include no response.

14G. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Wellness programs are not offered at a convenient location

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 524 | 73 | 1053 | 70 | 21 | 70 | 1,627 | 70.5 |
| 2 Yes | 194 | 27 | 454 | 30 | 9 | 30 | 682 | 29.5 |
| Valid responses = | 718 | 31 | 1507 | 65 | 30 | 1 | 2,309 | 97.9 |

Invalid responses include no response.

14H. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. My supervisor does not allow me to attend

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 693 | 96 | 1460 | 97 | 27 | 93 | 2,232 | 96.8 |
| 2 Yes | 26 | 4 | 43 | 3 | 2 | 7 | 73 | 3.2 |
| Valid responses = | 719 | 31 | 1503 | 65 | 29 | 1 | 2,305 | 97.7 |

Invalid responses include no response.

14I. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Lack of interest in wellness activities available to me

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 469 | 65 | 1094 | 73 | 20 | 67 | 1,615 | 70.0 |
| 2 Yes | 253 | 35 | 407 | 27 | 10 | 33 | 692 | 30.0 |
| Valid responses = | 722 | 31 | 1501 | 65 | 30 | 1 | 2,307 | 97.8 |

Invalid responses include no response.

14J. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Injury or disability

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 664 | 92 | 1363 | 91 | 29 | 91 | 2,102 | 91.1 |
| 2 Yes | 56 | 8 | 138 | 9 | 3 | 9 | 205 | 8.9 |
| Valid responses = | 720 | 31 | 1501 | 65 | 32 | 1 | 2,307 | 97.8 |

Invalid responses include no response.

14K. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Cost

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 597 | 85 | 1214 | 83 | 25 | 86 | 1,879 | 83.3 |
| 2 Yes | 105 | 15 | 257 | 18 | 4 | 14 | 377 | 16.7 |
| Valid responses = | 702 | 31 | 1471 | 65 | 29 | 1 | 2,256 | 95.6 |

Invalid responses include no response.

14L. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Not supported by coworkers

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 674 | 94 | 1420 | 95 | 27 | 96 | 2,173 | 94.5 |
| 2 Yes | 45 | 6 | 78 | 5 | 1 | 4 | 126 | 5.5 |
| Valid responses = | 719 | 31 | 1498 | 65 | 28 | 1 | 2,299 | 97.5 |

Invalid responses include no response.



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14M. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Do not feel comfortable participating in wellness-at-work programs

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 563 | 78 | 1151 | 76 | 21 | 72 | 1,775 | 76.7 |
| 2 Yes | 156 | 22 | 361 | 24 | 8 | 28 | 540 | 23.3 |
| Valid responses = | 719 | 31 | 1512 | 65 | 29 | 1 | 2,315 | 98.1 |

Invalid responses include no response.

14N. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Do not have the knowledge needed to participate

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 567 | 79 | 1241 | 82 | 20 | 69 | 1,870 | 80.9 |
| 2 Yes | 154 | 21 | 267 | 18 | 9 | 31 | 442 | 19.1 |
| Valid responses = | 721 | 31 | 1508 | 65 | 29 | 1 | 2,312 | 98.0 |

Invalid responses include no response.

14O. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Other

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 236 | 86 | 463 | 87 | 5 | 83 | 717 | 86.3 |
| 2 Yes | 39 | 14 | 70 | 13 | 1 | 17 | 114 | 13.7 |
| Valid responses = | 275 | 33 | 533 | 64 | 6 | 1 | 831 | 35.2 |

Invalid responses include no response.

15A. Within the last 12 months I have felt... My work is consistent with my values.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|---------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Strongly agree | 252 | 35 | 468 | 31 | 11 | 33 | 749 | 31.9 |
| 2 Agree | 312 | 43 | 757 | 49 | 10 | 30 | 1,102 | 47.0 |
| 3 Neutral | 103 | 14 | 202 | 13 | 7 | 21 | 319 | 13.6 |
| 4 Disagree | 41 | 6 | 80 | 5 | 2 | 6 | 128 | 5.5 |
| 5 Strongly disagree | 17 | 2 | 27 | 2 | 3 | 9 | 49 | 2.1 |
| Valid responses = | 725 | 31 | 1534 | 65 | 33 | 1 | 2,347 | 99.5 |

Invalid responses include no response.

15B. Within the last 12 months I have felt... My office/department values my work.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|---------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Strongly agree | 209 | 29 | 456 | 30 | 9 | 27 | 689 | 29.3 |
| 2 Agree | 318 | 44 | 664 | 43 | 10 | 29 | 1,013 | 43.1 |
| 3 Neutral | 102 | 14 | 212 | 14 | 5 | 15 | 331 | 14.1 |
| 4 Disagree | 57 | 8 | 132 | 9 | 4 | 12 | 197 | 8.4 |
| 5 Strongly disagree | 41 | 6 | 71 | 5 | 6 | 18 | 121 | 5.1 |
| Valid responses = | 727 | 31 | 1535 | 65 | 34 | 1 | 2,351 | 99.7 |

Invalid responses include no response.

15C. Within the last 12 months I have felt... My supervisor provides the support that I need to cope with the demands of my job.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|---------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Strongly agree | 248 | 34 | 540 | 35 | 10 | 29 | 820 | 35.0 |
| 2 Agree | 270 | 37 | 522 | 34 | 7 | 21 | 817 | 34.8 |
| 3 Neutral | 109 | 15 | 239 | 16 | 11 | 32 | 366 | 15.6 |
| 4 Disagree | 52 | 7 | 149 | 10 | 2 | 6 | 209 | 8.9 |
| 5 Strongly disagree | 47 | 7 | 81 | 5 | 4 | 12 | 134 | 5.7 |
| Valid responses = | 726 | 31 | 1531 | 65 | 34 | 1 | 2,346 | 99.4 |

Invalid responses include no response.

15D. Within the last 12 months I have felt... I have received adequate feedback to judge my work performance.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|---------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Strongly agree | 206 | 28 | 445 | 29 | 6 | 18 | 673 | 28.7 |
| 2 Agree | 301 | 41 | 627 | 41 | 11 | 33 | 957 | 40.8 |
| 3 Neutral | 120 | 17 | 266 | 17 | 11 | 33 | 411 | 17.5 |
| 4 Disagree | 65 | 9 | 133 | 9 | 3 | 9 | 204 | 8.7 |
| 5 Strongly disagree | 35 | 5 | 60 | 4 | 2 | 6 | 101 | 4.3 |
| Valid responses = | 727 | 31 | 1531 | 65 | 33 | 1 | 2,346 | 99.4 |

Invalid responses include no response.



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15E. Within the last 12 months I have felt...

The flow of communication within my office/department clearly defines expectations so I know how to effectively do my job.

| | Male | | Female | | Unknown | | Total | | Pct. |
|---------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Strongly agree | 158 | 22 | 365 | 24 | 6 | 18 | 545 | 23.2 | |
| 2 Agree | 294 | 40 | 595 | 39 | 11 | 33 | 918 | 39.1 | |
| 3 Neutral | 132 | 18 | 278 | 18 | 10 | 30 | 432 | 18.4 | |
| 4 Disagree | 82 | 11 | 192 | 13 | 1 | 3 | 282 | 12.0 | |
| 5 Strongly disagree | 61 | 8 | 101 | 7 | 5 | 15 | 169 | 7.2 | |
| Valid responses = | 727 | 31 | 1531 | 65 | 33 | 1 | 2,346 | 99.4 | |

Invalid responses include no response.

15F. Within the last 12 months I have felt...

I have been offered opportunities to learn and grow.

| | Male | | Female | | Unknown | | Total | | Pct. |
|---------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Strongly agree | 192 | 26 | 427 | 28 | 6 | 18 | 641 | 27.3 | |
| 2 Agree | 259 | 36 | 611 | 40 | 11 | 33 | 900 | 38.3 | |
| 3 Neutral | 148 | 20 | 285 | 19 | 6 | 18 | 448 | 19.1 | |
| 4 Disagree | 75 | 10 | 132 | 9 | 5 | 15 | 218 | 9.3 | |
| 5 Strongly disagree | 54 | 7 | 78 | 5 | 5 | 15 | 142 | 6.0 | |
| Valid responses = | 728 | 31 | 1533 | 65 | 33 | 1 | 2,349 | 99.6 | |

Invalid responses include no response.

15G. Within the last 12 months I have felt...

My department values the balance between my job and life outside the work setting.

| | Male | | Female | | Unknown | | Total | | Pct. |
|---------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Strongly agree | 211 | 29 | 483 | 32 | 4 | 12 | 717 | 30.5 | |
| 2 Agree | 249 | 34 | 552 | 36 | 8 | 24 | 821 | 35.0 | |
| 3 Neutral | 135 | 19 | 250 | 16 | 11 | 33 | 409 | 17.4 | |
| 4 Disagree | 67 | 9 | 134 | 9 | 6 | 18 | 214 | 9.1 | |
| 5 Strongly disagree | 65 | 9 | 115 | 8 | 4 | 12 | 188 | 8.0 | |
| Valid responses = | 727 | 31 | 1534 | 65 | 33 | 1 | 2,349 | 99.6 | |

Invalid responses include no response.

16. My college/university is concerned about my safety.

| | Male | | Female | | Unknown | | Total | | Pct. |
|---------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Strongly agree | 160 | 22 | 316 | 21 | 4 | 11 | 487 | 20.7 | |
| 2 Agree | 357 | 49 | 755 | 49 | 12 | 34 | 1,142 | 48.6 | |
| 3 Neutral | 111 | 15 | 296 | 19 | 9 | 26 | 429 | 18.2 | |
| 4 Disagree | 62 | 9 | 109 | 7 | 3 | 9 | 185 | 7.9 | |
| 5 Strongly disagree | 38 | 5 | 57 | 4 | 7 | 20 | 108 | 4.6 | |
| Valid responses = | 728 | 31 | 1533 | 65 | 35 | 1 | 2,351 | 99.7 | |

Invalid responses include no response.

17A. How safe do you feel: On this campus (daytime)?

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 N/A | 48 | 7 | 143 | 9 | 2 | 6 | 197 | 8.4 | |
| 2 Not safe at all | 3 | 0 | 14 | 1 | 4 | 12 | 23 | 1.0 | |
| 3 Somewhat unsafe | 30 | 4 | 45 | 3 | 2 | 6 | 83 | 3.5 | |
| 4 Somewhat safe | 120 | 17 | 303 | 20 | 6 | 18 | 449 | 19.1 | |
| 5 Very safe | 528 | 72 | 1026 | 67 | 19 | 58 | 1,596 | 68.0 | |
| Valid responses = | 729 | 31 | 1531 | 65 | 33 | 1 | 2,348 | 99.5 | |

Invalid responses include no response.

17B. How safe do you feel: On this campus (nighttime)?

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 N/A | 98 | 13 | 287 | 19 | 1 | 3 | 395 | 16.9 | |
| 2 Not safe at all | 9 | 1 | 70 | 5 | 7 | 22 | 92 | 3.9 | |
| 3 Somewhat unsafe | 57 | 8 | 254 | 17 | 7 | 22 | 328 | 14.0 | |
| 4 Somewhat safe | 235 | 32 | 594 | 39 | 11 | 34 | 861 | 36.7 | |
| 5 Very safe | 330 | 45 | 322 | 21 | 6 | 19 | 667 | 28.5 | |
| Valid responses = | 729 | 31 | 1527 | 65 | 32 | 1 | 2,343 | 99.3 | |

Invalid responses include no response.



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17C. How safe do you feel: In the community surrounding this campus (daytime)?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 N/A | 38 | 5 | 125 | 8 | 0 | 0 | 167 | 7.1 |
| 2 Not safe at all | 6 | 1 | 27 | 2 | 3 | 9 | 39 | 1.7 |
| 3 Somewhat unsafe | 38 | 5 | 90 | 6 | 3 | 9 | 139 | 5.9 |
| 4 Somewhat safe | 235 | 32 | 498 | 33 | 15 | 46 | 774 | 33.0 |
| 5 Very safe | 413 | 57 | 790 | 52 | 12 | 36 | 1,228 | 52.3 |
| Valid responses = | 730 | 31 | 1530 | 65 | 33 | 1 | 2,347 | 99.5 |

Invalid responses include no response.

17D. How safe do you feel: In the community surrounding this campus (nighttime)?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 N/A | 73 | 10 | 211 | 14 | 1 | 3 | 293 | 12.5 |
| 2 Not safe at all | 25 | 3 | 144 | 9 | 7 | 22 | 185 | 7.9 |
| 3 Somewhat unsafe | 108 | 15 | 313 | 21 | 6 | 19 | 442 | 18.9 |
| 4 Somewhat safe | 275 | 38 | 558 | 37 | 14 | 44 | 862 | 36.8 |
| 5 Very safe | 248 | 34 | 300 | 20 | 4 | 13 | 560 | 23.9 |
| Valid responses = | 729 | 31 | 1526 | 65 | 32 | 1 | 2,342 | 99.3 |

Invalid responses include no response.

18A. Within the last 12 months, how often did you: Wear a seatbelt when you rode in a car?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not Applicable | 3 | 0 | 3 | 0 | 0 | 0 | 6 | 0.3 |
| 2 Never | 5 | 1 | 7 | 1 | 0 | 0 | 12 | 0.5 |
| 3 Rarely | 3 | 0 | 1 | 0 | 0 | 0 | 5 | 0.2 |
| 4 Sometimes | 4 | 1 | 6 | 0 | 2 | 6 | 14 | 0.6 |
| 5 Most of the time | 37 | 5 | 41 | 3 | 0 | 0 | 78 | 3.3 |
| 6 Always | 677 | 93 | 1474 | 96 | 32 | 94 | 2,234 | 95.1 |
| Valid responses = | 729 | 31 | 1532 | 65 | 34 | 1 | 2,349 | 99.6 |

Invalid responses include no response.

18B. Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not Applicable | 368 | 51 | 900 | 59 | 18 | 53 | 1,314 | 56.0 |
| 2 Never | 72 | 10 | 88 | 6 | 2 | 6 | 164 | 7.0 |
| 3 Rarely | 14 | 2 | 42 | 3 | 1 | 3 | 57 | 2.4 |
| 4 Sometimes | 22 | 3 | 30 | 2 | 1 | 3 | 54 | 2.3 |
| 5 Most of the time | 36 | 5 | 57 | 4 | 1 | 3 | 98 | 4.2 |
| 6 Always | 215 | 30 | 413 | 27 | 11 | 32 | 658 | 28.1 |
| Valid responses = | 727 | 31 | 1530 | 65 | 34 | 1 | 2,345 | 99.4 |

Invalid responses include no response.

18C. Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not Applicable | 634 | 87 | 1368 | 90 | 27 | 79 | 2,075 | 88.6 |
| 2 Never | 3 | 0 | 8 | 1 | 1 | 3 | 12 | 0.5 |
| 3 Rarely | 2 | 0 | 0 | 0 | 0 | 0 | 2 | 0.1 |
| 4 Sometimes | 4 | 1 | 3 | 0 | 1 | 3 | 8 | 0.3 |
| 5 Most of the time | 4 | 1 | 7 | 1 | 0 | 0 | 11 | 0.5 |
| 6 Always | 79 | 11 | 141 | 9 | 5 | 15 | 233 | 10.0 |
| Valid responses = | 726 | 31 | 1527 | 65 | 34 | 1 | 2,341 | 99.2 |

Invalid responses include no response.

19A1. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Ignoring phone calls or emails from coworkers

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 494 | 68 | 1049 | 69 | 21 | 66 | 1,604 | 68.4 |
| 2 Yes | 233 | 32 | 483 | 32 | 11 | 34 | 741 | 31.6 |
| Valid responses = | 727 | 31 | 1532 | 65 | 32 | 1 | 2,345 | 99.4 |

Invalid responses include no response.

19A2. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Silent treatment towards coworkers

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 548 | 75 | 1148 | 75 | 23 | 72 | 1,762 | 75.1 |
| 2 Yes | 179 | 25 | 385 | 25 | 9 | 28 | 583 | 24.9 |
| Valid responses = | 727 | 31 | 1533 | 65 | 32 | 1 | 2,345 | 99.4 |

Invalid responses include no response.



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www.acha.org

March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) = 2359 Web Surveys

19A3. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Spreading gossip about coworkers

| | Male | | Female | | Unknown | | Total | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 443 | 61 | 968 | 63 | 23 | 74 | 1,470 | 62.8 |
| 2 Yes | 283 | 39 | 562 | 37 | 8 | 26 | 871 | 37.2 |
| Valid responses = | 726 | 31 | 1530 | 65 | 31 | 1 | 2,341 | 99.2 |

Invalid responses include no response.

19A4. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Coworkers are excluded from work-related social gatherings

| | Male | | Female | | Unknown | | Total | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 624 | 86 | 1276 | 84 | 22 | 69 | 1,965 | 84.0 |
| 2 Yes | 102 | 14 | 252 | 17 | 10 | 31 | 375 | 16.0 |
| Valid responses = | 726 | 31 | 1528 | 65 | 32 | 1 | 2,340 | 99.2 |

Invalid responses include no response.

19A5. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Coworkers take credit for work or ideas of others

| | Male | | Female | | Unknown | | Total | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 567 | 78 | 1102 | 72 | 21 | 66 | 1,730 | 73.9 |
| 2 Yes | 161 | 22 | 425 | 28 | 11 | 34 | 611 | 26.1 |
| Valid responses = | 728 | 31 | 1527 | 65 | 32 | 1 | 2,341 | 99.2 |

Invalid responses include no response.

19A6. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Coworkers make insults about personal lives of others

| | Male | | Female | | Unknown | | Total | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 576 | 79 | 1228 | 80 | 25 | 78 | 1,873 | 79.9 |
| 2 Yes | 151 | 21 | 302 | 20 | 7 | 22 | 470 | 20.1 |
| Valid responses = | 727 | 31 | 1530 | 65 | 32 | 1 | 2,343 | 99.3 |

Invalid responses include no response.

19A7. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Coworkers display intimidating or humiliating behaviors toward others

| | Male | | Female | | Unknown | | Total | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 595 | 82 | 1236 | 81 | 25 | 78 | 1,898 | 81.0 |
| 2 Yes | 133 | 18 | 293 | 19 | 7 | 22 | 445 | 19.0 |
| Valid responses = | 728 | 31 | 1529 | 65 | 32 | 1 | 2,343 | 99.3 |

Invalid responses include no response.

19A8. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Coworkers are being ignored/ostracized by others

| | Male | | Female | | Unknown | | Total | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 571 | 79 | 1189 | 78 | 23 | 72 | 1,820 | 78.0 |
| 2 Yes | 150 | 21 | 337 | 22 | 9 | 28 | 513 | 22.0 |
| Valid responses = | 721 | 31 | 1526 | 65 | 32 | 1 | 2,333 | 98.9 |

Invalid responses include no response.

19A9. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Coworkers experience verbal abuse

| | Male | | Female | | Unknown | | Total | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 633 | 87 | 1347 | 88 | 27 | 84 | 2,054 | 87.8 |
| 2 Yes | 94 | 13 | 180 | 12 | 5 | 16 | 286 | 12.2 |
| Valid responses = | 727 | 31 | 1527 | 65 | 32 | 1 | 2,340 | 99.2 |

Invalid responses include no response.

19A10. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Coworkers experience physical abuse

| | Male | | Female | | Unknown | | Total | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 724 | 100 | 1523 | 100 | 32 | 100 | 2,333 | 99.5 |
| 2 Yes | 4 | 1 | 8 | 1 | 0 | 0 | 12 | 0.5 |
| Valid responses = | 728 | 31 | 1531 | 65 | 32 | 1 | 2,345 | 99.4 |

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) = 2359 Web Surveys

19A11. In the past twelve months, have you observed any of the following behaviors among your coworkers? Coworkers experience sexual abuse

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 719 | 99 | 1515 | 99 | 32 | 100 | 2,318 | 99.0 |
| 2 Yes | 7 | 1 | 15 | 1 | 0 | 0 | 23 | 1.0 |
| Valid responses = | 726 | 31 | 1530 | 65 | 32 | 1 | 2,341 | 99.2 |

Invalid responses include no response.

19A12. In the past twelve months, have you observed any of the following behaviors among your coworkers? Misuse of authority within an organization for personal or financial gain

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 660 | 91 | 1402 | 92 | 24 | 77 | 2,134 | 91.4 |
| 2 Yes | 66 | 9 | 123 | 8 | 7 | 23 | 202 | 8.6 |
| Valid responses = | 726 | 31 | 1525 | 65 | 31 | 1 | 2,336 | 99.0 |

Invalid responses include no response.

19B1. In the past twelve months, have the following behaviors been directed toward you in the workplace? Ignoring my phone calls or emails

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 583 | 80 | 1255 | 82 | 24 | 75 | 1,911 | 81.5 |
| 2 Yes | 145 | 20 | 275 | 18 | 8 | 25 | 434 | 18.5 |
| Valid responses = | 728 | 31 | 1530 | 65 | 32 | 1 | 2,345 | 99.4 |

Invalid responses include no response.

19B2. In the past twelve months, have the following behaviors been directed toward you in the workplace? Silent treatment towards me

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 623 | 86 | 1307 | 85 | 25 | 78 | 2,000 | 85.3 |
| 2 Yes | 104 | 14 | 223 | 15 | 7 | 22 | 344 | 14.7 |
| Valid responses = | 727 | 31 | 1530 | 65 | 32 | 1 | 2,344 | 99.4 |

Invalid responses include no response.

19B3. In the past twelve months, have the following behaviors been directed toward you in the workplace? Spreading gossip about me

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 630 | 87 | 1344 | 88 | 27 | 84 | 2,050 | 88.1 |
| 2 Yes | 91 | 13 | 176 | 12 | 5 | 16 | 278 | 11.9 |
| Valid responses = | 721 | 31 | 1520 | 65 | 32 | 1 | 2,328 | 98.7 |

Invalid responses include no response.

19B4. In the past twelve months, have the following behaviors been directed toward you in the workplace? Coworkers exclude you from work-related social gatherings

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 669 | 93 | 1405 | 92 | 23 | 72 | 2,146 | 92.1 |
| 2 Yes | 54 | 8 | 116 | 8 | 9 | 28 | 185 | 7.9 |
| Valid responses = | 723 | 31 | 1521 | 65 | 32 | 1 | 2,331 | 98.8 |

Invalid responses include no response.

19B5. In the past twelve months, have the following behaviors been directed toward you in the workplace? Coworkers take credit for your work or your ideas

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 623 | 86 | 1232 | 81 | 24 | 75 | 1,925 | 82.3 |
| 2 Yes | 100 | 14 | 297 | 19 | 8 | 25 | 414 | 17.7 |
| Valid responses = | 723 | 31 | 1529 | 65 | 32 | 1 | 2,339 | 99.2 |

Invalid responses include no response.

19B6. In the past twelve months, have the following behaviors been directed toward you in the workplace? Coworkers make insults about your personal life

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 686 | 95 | 1449 | 95 | 28 | 88 | 2,213 | 94.6 |
| 2 Yes | 40 | 6 | 78 | 5 | 4 | 13 | 127 | 5.4 |
| Valid responses = | 726 | 31 | 1527 | 65 | 32 | 1 | 2,340 | 99.2 |

Invalid responses include no response.



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March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) = 2359 Web Surveys

19B7. In the past twelve months, have the following behaviors been directed toward you in the workplace? Coworkers display intimidating or humiliating behaviors

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 660 | 91 | 1369 | 90 | 27 | 87 | 2,108 | 90.0 |
| 2 Yes | 67 | 9 | 160 | 11 | 4 | 13 | 234 | 10.0 |
| Valid responses = | 727 | 31 | 1529 | 65 | 31 | 1 | 2,342 | 99.3 |

Invalid responses include no response.

19B8. In the past twelve months, have the following behaviors been directed toward you in the workplace? Verbal abuse

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 674 | 93 | 1441 | 95 | 26 | 87 | 2,191 | 94.1 |
| 2 Yes | 49 | 7 | 79 | 5 | 4 | 13 | 137 | 5.9 |
| Valid responses = | 723 | 31 | 1520 | 65 | 30 | 1 | 2,328 | 98.7 |

Invalid responses include no response.

19B9. In the past twelve months, have the following behaviors been directed toward you in the workplace? Physical abuse

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 727 | 100 | 1524 | 100 | 32 | 100 | 2,338 | 99.8 |
| 2 Yes | 0 | 0 | 4 | 0 | 0 | 0 | 4 | 0.2 |
| Valid responses = | 727 | 31 | 1528 | 65 | 32 | 1 | 2,342 | 99.3 |

Invalid responses include no response.

19B10. In the past twelve months, have the following behaviors been directed toward you in the workplace? Sexual abuse

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 725 | 100 | 1523 | 100 | 32 | 100 | 2,335 | 99.7 |
| 2 Yes | 2 | 0 | 4 | 0 | 0 | 0 | 6 | 0.3 |
| Valid responses = | 727 | 31 | 1527 | 65 | 32 | 1 | 2,341 | 99.2 |

Invalid responses include no response.

19B11. In the past twelve months, have the following behaviors been directed toward you in the workplace? Supervisor abuses their power over me

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 671 | 92 | 1438 | 94 | 29 | 91 | 2,188 | 93.5 |
| 2 Yes | 56 | 8 | 88 | 6 | 3 | 9 | 152 | 6.5 |
| Valid responses = | 727 | 31 | 1526 | 65 | 32 | 1 | 2,340 | 99.2 |

Invalid responses include no response.

19B12. In the past twelve months, have the following behaviors been directed toward you in the workplace? Coworkers are ignoring/ostracizing me.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 673 | 93 | 1414 | 93 | 29 | 94 | 2,166 | 92.6 |
| 2 Yes | 53 | 7 | 113 | 7 | 2 | 7 | 173 | 7.4 |
| Valid responses = | 726 | 31 | 1527 | 65 | 31 | 1 | 2,339 | 99.2 |

Invalid responses include no response.

20. In the last twelve months, I have missed work due to being bullied in workplace.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not Applicable | 400 | 55 | 816 | 53 | 12 | 38 | 1,261 | 53.8 |
| 2 No | 313 | 43 | 664 | 44 | 18 | 56 | 1,015 | 43.3 |
| 3 Yes | 15 | 2 | 48 | 3 | 2 | 6 | 67 | 2.9 |
| Valid responses = | 728 | 31 | 1528 | 65 | 32 | 1 | 2,343 | 99.3 |

Invalid responses include no response.

21A. Please indicate the extent to which you agree or disagree with each of the following statements: In the last twelve months: My emotional health has been negatively affected due to being bullied at work.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|---------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not Applicable | 501 | 69 | 1044 | 68 | 20 | 65 | 1,600 | 68.1 |
| 2 Strongly agree | 23 | 3 | 63 | 4 | 3 | 10 | 93 | 4.0 |
| 3 Agree | 35 | 5 | 93 | 6 | 1 | 3 | 132 | 5.6 |
| 4 Neutral | 26 | 4 | 52 | 3 | 2 | 7 | 84 | 3.6 |
| 5 Disagree | 44 | 6 | 91 | 6 | 3 | 10 | 139 | 5.9 |
| 6 Strongly disagree | 99 | 14 | 192 | 13 | 2 | 7 | 301 | 12.8 |
| Valid responses = | 728 | 31 | 1535 | 65 | 31 | 1 | 2,349 | 99.6 |

Invalid responses include no response.



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March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) = 2359 Web Surveys

**21B. Please indicate the extent to which you agree or disagree with each of the following statements: In the last twelve months:
My physical health has been negatively affected due to being bullied at work.**

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|---------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not Applicable | 504 | 69 | 1049 | 68 | 20 | 63 | 1,608 | 68.4 |
| 2 Strongly agree | 14 | 2 | 43 | 3 | 3 | 9 | 63 | 2.7 |
| 3 Agree | 21 | 3 | 57 | 4 | 0 | 0 | 80 | 3.4 |
| 4 Neutral | 24 | 3 | 54 | 4 | 2 | 6 | 82 | 3.5 |
| 5 Disagree | 56 | 8 | 117 | 8 | 5 | 16 | 180 | 7.7 |
| 6 Strongly disagree | 110 | 15 | 214 | 14 | 2 | 6 | 337 | 14.3 |
| Valid responses = | 729 | 31 | 1534 | 65 | 32 | 1 | 2,350 | 99.6 |

Invalid responses include no response.

**21C. Please indicate the extent to which you agree or disagree with each of the following statements: In the last twelve months:
My stress level has been increased due to being bullied at work.**

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|---------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not Applicable | 502 | 69 | 1043 | 68 | 21 | 66 | 1,601 | 68.2 |
| 2 Strongly agree | 30 | 4 | 62 | 4 | 3 | 9 | 98 | 4.2 |
| 3 Agree | 27 | 4 | 82 | 5 | 3 | 9 | 116 | 4.9 |
| 4 Neutral | 23 | 3 | 49 | 3 | 0 | 0 | 74 | 3.2 |
| 5 Disagree | 46 | 6 | 98 | 6 | 3 | 9 | 149 | 6.3 |
| 6 Strongly disagree | 100 | 14 | 199 | 13 | 2 | 6 | 310 | 13.2 |
| Valid responses = | 728 | 31 | 1533 | 65 | 32 | 1 | 2,348 | 99.5 |

Invalid responses include no response.

22A. In the past 7 days, how many (total) minutes did you spend doing moderate physical activity?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-----------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 0 minutes | 80 | 11 | 163 | 11 | 4 | 14 | 253 | 11.0 |
| 2 .1 - 30 minutes | 81 | 11 | 189 | 13 | 3 | 10 | 280 | 12.1 |
| 3 30.1 - 60 minutes | 102 | 14 | 264 | 18 | 4 | 14 | 382 | 16.5 |
| 4 60.1 - 120 minutes | 163 | 23 | 365 | 24 | 3 | 10 | 544 | 23.5 |
| 5 120.1 - 240 minutes | 146 | 20 | 328 | 22 | 7 | 24 | 491 | 21.3 |
| 6 GE 240.1 minutes | 143 | 20 | 202 | 13 | 8 | 28 | 360 | 15.6 |
| Valid responses = | 715 | 31 | 1511 | 65 | 29 | 1 | 2,310 | 97.9 |

Invalid responses include no response.

| | Mean | Median | Std Dev | Min | Max |
|---------|--------|--------|---------|-----|------|
| Male | 174.20 | 120.00 | 245.61 | 0 | 2280 |
| Female | 134.36 | 100.00 | 155.55 | 0 | 2100 |
| Overall | 147.87 | 100.00 | 197.11 | 0 | 3001 |

22B. In the past 7 days, how many (total) minutes did you spend doing vigorous physical activity?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-----------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 0 minutes | 304 | 43 | 775 | 52 | 11 | 41 | 1,116 | 49.2 |
| 2 .1 - 30 minutes | 114 | 16 | 220 | 15 | 5 | 19 | 354 | 15.6 |
| 3 30.1 - 60 minutes | 70 | 10 | 161 | 11 | 1 | 4 | 238 | 10.5 |
| 4 60.1 - 120 minutes | 99 | 14 | 148 | 10 | 3 | 11 | 253 | 11.1 |
| 5 120.1 - 240 minutes | 65 | 9 | 113 | 8 | 3 | 11 | 183 | 8.1 |
| 6 GE 240.1 minutes | 58 | 8 | 62 | 4 | 4 | 15 | 126 | 5.6 |
| Valid responses = | 710 | 31 | 1479 | 65 | 27 | 1 | 2,270 | 96.2 |

Invalid responses include no response.

| | Mean | Median | Std Dev | Min | Max |
|---------|-------|--------|---------|-----|------|
| Male | 77.45 | 20.00 | 155.48 | 0 | 2500 |
| Female | 50.75 | 0.00 | 116.45 | 0 | 2700 |
| Overall | 59.29 | 4.00 | 130 | 0 | 2700 |

22C. In the last 7 days, how many days did you spend doing exercises to strengthen or tone your muscles?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 0 days | 377 | 52 | 800 | 53 | 16 | 57 | 1,227 | 53.0 |
| 2 .1 - 2 days | 130 | 18 | 346 | 23 | 4 | 14 | 490 | 21.2 |
| 3 2.1 - 4 days | 111 | 15 | 244 | 16 | 4 | 14 | 365 | 15.8 |
| 4 GE 4.1 days | 102 | 14 | 123 | 8 | 4 | 14 | 233 | 10.1 |
| Valid responses = | 720 | 31 | 1513 | 65 | 28 | 1 | 2,315 | 98.1 |

Invalid responses include no response.

| | Mean | Median | Std Dev | Min | Max |
|---------|------|--------|---------|-----|-----|
| Male | 1.62 | 0.00 | 2.12 | 0 | 7 |
| Female | 1.38 | 0.00 | 1.83 | 0 | 7 |
| Overall | 1.45 | 0.00 | 1.93 | 0 | 7 |



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Number of Surveys (n) =

2359 Web Surveys

23. In the past 30 days, on average which of the following best represents how much time you spend sitting while at work?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-----------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 10% (48 mins per day) | 55 | 8 | 27 | 2 | 4 | 13 | 88 | 3.8 |
| 2 20% (1.6 hours per day) | 25 | 3 | 35 | 2 | 2 | 7 | 64 | 2.7 |
| 3 30% (2.4 hours per day) | 54 | 7 | 46 | 3 | 0 | 0 | 101 | 4.3 |
| 4 40% (3.2 hours per day) | 50 | 7 | 61 | 4 | 0 | 0 | 113 | 4.8 |
| 5 50% (4.0 hours per day) | 99 | 14 | 114 | 7 | 1 | 3 | 219 | 9.3 |
| 6 60% (4.8 hours per day) | 53 | 7 | 115 | 8 | 3 | 10 | 177 | 7.5 |
| 7 70% (5.6 hours per day) | 78 | 11 | 227 | 15 | 7 | 23 | 317 | 13.5 |
| 8 80% (6.4 hours per day) | 147 | 20 | 376 | 25 | 6 | 19 | 539 | 23.0 |
| 9 90% (7.2 hours per day) | 110 | 15 | 366 | 24 | 5 | 16 | 491 | 20.9 |
| 10 100% (8.0 hours per day) | 55 | 8 | 167 | 11 | 3 | 10 | 237 | 10.1 |
| Valid responses = | 726 | 31 | 1534 | 65 | 31 | 1 | 2,346 | 99.4 |

Invalid responses include no response.

24. Has a doctor or other health care provider instructed you to restrict your current physical activity?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 687 | 94 | 1439 | 94 | 27 | 87 | 2,203 | 93.9 |
| 2 Yes | 41 | 6 | 94 | 6 | 4 | 13 | 144 | 6.1 |
| Valid responses = | 728 | 31 | 1533 | 65 | 31 | 1 | 2,347 | 99.5 |

Invalid responses include no response.

25. Do you currently have difficulty walking or using stairs or require an assistive device to help with mobility?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 682 | 93 | 1417 | 92 | 27 | 82 | 2,173 | 92.3 |
| 2 Yes | 48 | 7 | 120 | 8 | 6 | 18 | 182 | 7.7 |
| Valid responses = | 730 | 31 | 1537 | 65 | 33 | 1 | 2,355 | 99.8 |

Invalid responses include no response.

26. In the past 30 days, how often do you use the stairs instead of an elevator or escalator while at work?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not Applicable | 48 | 7 | 167 | 12 | 4 | 15 | 224 | 10.3 |
| 2 Never | 28 | 4 | 64 | 5 | 0 | 0 | 95 | 4.4 |
| 3 Rarely | 46 | 7 | 120 | 9 | 1 | 4 | 168 | 7.7 |
| 4 Some of the time | 163 | 24 | 323 | 23 | 7 | 27 | 507 | 23.4 |
| 5 Most of the time | 216 | 32 | 365 | 26 | 4 | 15 | 596 | 27.5 |
| 6 Always | 181 | 27 | 377 | 27 | 10 | 39 | 581 | 26.8 |
| Valid responses = | 682 | 31 | 1416 | 65 | 26 | 1 | 2,171 | 92.0 |

Invalid responses include no response.

27. I consider myself to be:

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Underweight | 18 | 3 | 13 | 1 | 0 | 0 | 32 | 1.4 |
| 2 A healthy weight | 262 | 36 | 595 | 39 | 14 | 42 | 896 | 38.0 |
| 3 Overweight | 364 | 50 | 708 | 46 | 14 | 42 | 1,104 | 46.9 |
| 4 Obese | 79 | 11 | 207 | 14 | 5 | 15 | 300 | 12.7 |
| 5 Unsure | 7 | 1 | 14 | 1 | 0 | 0 | 23 | 1.0 |
| Valid responses = | 730 | 31 | 1537 | 65 | 33 | 1 | 2,355 | 99.8 |

Invalid responses include no response.

28. Are you trying to do any of the following about your weight?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Trying nothing about weight | 115 | 16 | 248 | 16 | 4 | 12 | 384 | 16.3 |
| 2 Stay the same weight | 157 | 22 | 305 | 20 | 10 | 30 | 483 | 20.5 |
| 3 Lose weight | 433 | 59 | 975 | 64 | 19 | 58 | 1,453 | 61.8 |
| 4 Gain weight | 25 | 3 | 6 | 0 | 0 | 0 | 32 | 1.4 |
| Valid responses = | 730 | 31 | 1534 | 65 | 33 | 1 | 2,352 | 99.7 |

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National Faculty and Staff Health Assessment (ACHA-NFSHA) Reference Group Data Report - Fall 2021

American College Health Association
8455 Colesville Rd., Suite 740
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(410) 859-1500
www.acha.org

March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) =

2359 Web Surveys

29. In the last week, how many servings of fruit did you eat on average per day?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 0 servings/day | 114 | 16 | 178 | 12 | 4 | 13 | 306 | 13.0 |
| 2 1-2 servings/day | 469 | 64 | 1031 | 67 | 21 | 66 | 1,554 | 66.2 |
| 3 3-4 servings/day | 118 | 16 | 276 | 18 | 6 | 19 | 409 | 17.4 |
| 4 5-6 servings/day | 17 | 2 | 34 | 2 | 0 | 0 | 51 | 2.2 |
| 5 >6 servings/day | 10 | 1 | 15 | 1 | 1 | 3 | 29 | 1.2 |
| Valid responses = | 728 | 31 | 1534 | 65 | 32 | 1 | 2,349 | 99.6 |

Invalid responses include no response.

30. In the last week, how many servings of vegetables did you eat on average per day?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 0 servings/day | 37 | 5 | 43 | 3 | 1 | 3 | 85 | 3.6 |
| 2 1-2 servings/day | 423 | 58 | 803 | 52 | 17 | 53 | 1,275 | 54.3 |
| 3 3-4 servings/day | 201 | 28 | 550 | 36 | 8 | 25 | 772 | 32.9 |
| 4 5-6 servings/day | 54 | 7 | 102 | 7 | 5 | 16 | 162 | 6.9 |
| 5 >6 servings/day | 11 | 2 | 35 | 2 | 1 | 3 | 52 | 2.2 |
| Valid responses = | 726 | 31 | 1533 | 65 | 32 | 1 | 2,346 | 99.4 |

Invalid responses include no response.

31. In the last week, how many servings of whole grains did you eat on average per day?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 0 servings/day | 76 | 11 | 180 | 12 | 6 | 19 | 265 | 11.3 |
| 2 1-2 servings/day | 380 | 52 | 908 | 59 | 19 | 59 | 1,334 | 56.8 |
| 3 3-4 servings/day | 220 | 30 | 366 | 24 | 6 | 19 | 611 | 26.0 |
| 4 5-6 servings/day | 41 | 6 | 69 | 5 | 1 | 3 | 113 | 4.8 |
| 5 >6 servings/day | 10 | 1 | 10 | 1 | 0 | 0 | 24 | 1.0 |
| Valid responses = | 727 | 31 | 1533 | 65 | 32 | 1 | 2,347 | 99.5 |

Invalid responses include no response.

32. In the last week, how many servings of low-fat dairy or calcium fortified products did you eat on average per day?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 0 servings/day | 155 | 21 | 204 | 13 | 3 | 10 | 373 | 15.9 |
| 2 1-2 servings/day | 427 | 59 | 1001 | 65 | 23 | 74 | 1,483 | 63.2 |
| 3 3-4 servings/day | 119 | 16 | 290 | 19 | 5 | 16 | 422 | 18.0 |
| 4 5-6 servings/day | 18 | 3 | 29 | 2 | 0 | 0 | 49 | 2.1 |
| 5 >6 servings/day | 10 | 1 | 8 | 1 | 0 | 0 | 20 | 0.9 |
| Valid responses = | 729 | 31 | 1532 | 65 | 31 | 1 | 2,347 | 99.5 |

Invalid responses include no response.

33. In the last week, how many ounces of lean proteins did you eat on average per day?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 0-2 ounces per day | 88 | 12 | 183 | 12 | 6 | 19 | 283 | 12.1 |
| 2 3-5 ounces per day | 287 | 40 | 715 | 47 | 16 | 50 | 1,048 | 44.7 |
| 3 6-8 ounces per day | 234 | 32 | 516 | 34 | 8 | 25 | 771 | 32.9 |
| 4 9-11 ounces per day | 87 | 12 | 100 | 7 | 1 | 3 | 193 | 8.2 |
| 5 More than 11 ounces per day | 31 | 4 | 17 | 1 | 1 | 3 | 50 | 2.1 |
| Valid responses = | 727 | 31 | 1531 | 65 | 32 | 1 | 2,345 | 99.4 |

Invalid responses include no response.

34. In the last week, how many servings of sugar-sweetened beverages did you drink on average per day?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 0 servings/day | 411 | 56 | 843 | 55 | 21 | 66 | 1,304 | 55.4 |
| 2 1-2 servings/day | 248 | 34 | 568 | 37 | 10 | 31 | 842 | 35.8 |
| 3 3-4 servings/day | 43 | 6 | 96 | 6 | 1 | 3 | 150 | 6.4 |
| 4 5-6 servings/day | 17 | 2 | 20 | 1 | 0 | 0 | 37 | 1.6 |
| 5 >6 servings/day | 10 | 1 | 9 | 1 | 0 | 0 | 19 | 0.8 |
| Valid responses = | 729 | 31 | 1536 | 65 | 32 | 1 | 2,352 | 99.7 |

Invalid responses include no response.



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March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) = 2359 Web Surveys

35A. Within the last thirty days, on how many days did you use: Alcohol (beer, wine, liquor)?

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---------------------------------|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Never used | 151 | 21 | 285 | 19 | 12 | 39 | 453 | 19.3 | |
| 2 Have used, but not in last 30 | 93 | 13 | 241 | 16 | 4 | 13 | 347 | 14.8 | |
| 3 1 - 2 days | 143 | 20 | 353 | 23 | 5 | 16 | 513 | 21.8 | |
| 4 3 - 5 days | 106 | 15 | 214 | 14 | 2 | 7 | 334 | 14.2 | |
| 5 6 - 9 days | 75 | 10 | 183 | 12 | 3 | 10 | 266 | 11.3 | |
| 6 10 - 19 days | 80 | 11 | 144 | 9 | 2 | 7 | 231 | 9.8 | |
| 7 20 - 29 days | 50 | 7 | 69 | 5 | 3 | 10 | 126 | 5.4 | |
| 8 Used daily | 32 | 4 | 46 | 3 | 0 | 0 | 80 | 3.4 | |
| Valid responses = | 730 | 31 | 1535 | 65 | 31 | 1 | 2,350 | 99.6 | |

Invalid responses include no response.

35B. Within the last thirty days, on how many days did you use: Cigarettes?

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---------------------------------|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Never used | 588 | 82 | 1304 | 86 | 26 | 84 | 1,961 | 84.2 | |
| 2 Have used, but not in last 30 | 93 | 13 | 161 | 11 | 2 | 7 | 263 | 11.3 | |
| 3 1 - 2 days | 12 | 2 | 9 | 1 | 2 | 7 | 24 | 1.0 | |
| 4 3 - 5 days | 1 | 0 | 6 | 0 | 1 | 3 | 8 | 0.3 | |
| 5 6 - 9 days | 2 | 0 | 4 | 0 | 0 | 0 | 6 | 0.3 | |
| 6 10 - 19 days | 2 | 0 | 2 | 0 | 0 | 0 | 4 | 0.2 | |
| 7 20 - 29 days | 1 | 0 | 4 | 0 | 0 | 0 | 5 | 0.2 | |
| 8 Used daily | 21 | 3 | 34 | 2 | 0 | 0 | 57 | 2.4 | |
| Valid responses = | 720 | 31 | 1524 | 65 | 31 | 1 | 2,328 | 98.7 | |

Invalid responses include no response.

35C. Within the last thirty days, on how many days did you use: Cigars, little cigars, clove cigarettes?

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---------------------------------|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Never used | 597 | 82 | 1442 | 94 | 29 | 94 | 2,113 | 90.2 | |
| 2 Have used, but not in last 30 | 109 | 15 | 78 | 5 | 2 | 7 | 195 | 8.3 | |
| 3 1 - 2 days | 15 | 2 | 3 | 0 | 0 | 0 | 19 | 0.8 | |
| 4 3 - 5 days | 2 | 0 | 2 | 0 | 0 | 0 | 5 | 0.2 | |
| 5 6 - 9 days | 1 | 0 | 3 | 0 | 0 | 0 | 4 | 0.2 | |
| 6 10 - 19 days | 1 | 0 | 0 | 0 | 0 | 0 | 1 | 0.0 | |
| 7 20 - 29 days | 1 | 0 | 0 | 0 | 0 | 0 | 1 | 0.0 | |
| 8 Used daily | 0 | 0 | 3 | 0 | 0 | 0 | 4 | 0.2 | |
| Valid responses = | 726 | 31 | 1531 | 65 | 31 | 1 | 2,342 | 99.3 | |

Invalid responses include no response.

35D. Within the last thirty days, on how many days did you use: E-cigarettes or other vape products?

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---------------------------------|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Never used | 652 | 90 | 1443 | 94 | 28 | 90 | 2,168 | 92.5 | |
| 2 Have used, but not in last 30 | 50 | 7 | 52 | 3 | 3 | 10 | 111 | 4.7 | |
| 3 1 - 2 days | 2 | 0 | 3 | 0 | 0 | 0 | 5 | 0.2 | |
| 4 3 - 5 days | 3 | 0 | 6 | 0 | 0 | 0 | 10 | 0.4 | |
| 5 6 - 9 days | 2 | 0 | 4 | 0 | 0 | 0 | 6 | 0.3 | |
| 6 10 - 19 days | 2 | 0 | 0 | 0 | 0 | 0 | 2 | 0.1 | |
| 7 20 - 29 days | 4 | 1 | 2 | 0 | 0 | 0 | 6 | 0.3 | |
| 8 Used daily | 11 | 2 | 21 | 1 | 0 | 0 | 35 | 1.5 | |
| Valid responses = | 726 | 31 | 1531 | 65 | 31 | 1 | 2,343 | 99.3 | |

Invalid responses include no response.

35E. Within the last thirty days, on how many days did you use: Smokeless tobacco (chew, snuff)?

| | Male | | Female | | Unknown | | Total Freq. | Pct. | |
|---------------------------------|-------|------|--------|------|---------|------|----------------|------|--|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | | |
| 1 Never used | 653 | 90 | 1501 | 98 | 30 | 100 | 2,233 | 95.5 | |
| 2 Have used, but not in last 30 | 56 | 8 | 29 | 2 | 0 | 0 | 89 | 3.8 | |
| 3 1 - 2 days | 1 | 0 | 0 | 0 | 0 | 0 | 1 | 0.0 | |
| 4 3 - 5 days | 2 | 0 | 0 | 0 | 0 | 0 | 2 | 0.1 | |
| 5 6 - 9 days | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 | |
| 6 10 - 19 days | 2 | 0 | 0 | 0 | 0 | 0 | 2 | 0.1 | |
| 7 20 - 29 days | 2 | 0 | 0 | 0 | 0 | 0 | 2 | 0.1 | |
| 8 Used daily | 10 | 1 | 0 | 0 | 0 | 0 | 10 | 0.4 | |
| Valid responses = | 726 | 31 | 1530 | 65 | 30 | 1 | 2,339 | 99.2 | |

Invalid responses include no response.



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March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) = 2359 Web Surveys

35F. Within the last thirty days, on how many days did you use: Tobacco from a water pipe (hookah)?

| | Male | | Female | | Unknown | | Total | | Pct. |
|---------------------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Never used | 672 | 93 | 1464 | 96 | 28 | 90 | 2,209 | 94.7 | |
| 2 Have used, but not in last 30 | 48 | 7 | 57 | 4 | 3 | 10 | 116 | 5.0 | |
| 3 1 - 2 days | 3 | 0 | 0 | 0 | 0 | 0 | 4 | 0.2 | |
| 4 3 - 5 days | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0.0 | |
| 5 6 - 9 days | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 | |
| 6 10 - 19 days | 1 | 0 | 0 | 0 | 0 | 0 | 1 | 0.0 | |
| 7 20 - 29 days | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0.0 | |
| 8 Used daily | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 | |
| Valid responses = | 724 | 31 | 1523 | 65 | 31 | 1 | 2,332 | 98.9 | |

Invalid responses include no response.

36. Over the last two weeks, how many times have you had five or more drinks of alcohol at a sitting?

| | Male | | Female | | Unknown | | Total | | Pct. |
|---------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Not Applicable | 160 | 22 | 294 | 19 | 14 | 45 | 474 | 20.2 | |
| 2 None | 389 | 53 | 1020 | 67 | 14 | 45 | 1,461 | 62.2 | |
| 3 1 time | 78 | 11 | 134 | 9 | 0 | 0 | 216 | 9.2 | |
| 4 2 times | 42 | 6 | 35 | 2 | 1 | 3 | 82 | 3.5 | |
| 5 3 times | 18 | 3 | 16 | 1 | 1 | 3 | 36 | 1.5 | |
| 6 4 times | 10 | 1 | 11 | 1 | 0 | 0 | 21 | 0.9 | |
| 7 5 times | 12 | 2 | 7 | 1 | 0 | 0 | 19 | 0.8 | |
| 8 6 times | 3 | 0 | 4 | 0 | 0 | 0 | 7 | 0.3 | |
| 9 7 times | 6 | 1 | 5 | 0 | 1 | 3 | 12 | 0.5 | |
| 10 8 times | 2 | 0 | 1 | 0 | 0 | 0 | 3 | 0.1 | |
| 11 9 times | 3 | 0 | 2 | 0 | 0 | 0 | 5 | 0.2 | |
| 12 10 or more times | 7 | 1 | 5 | 0 | 0 | 0 | 14 | 0.6 | |
| Valid responses = | 730 | 31 | 1534 | 65 | 31 | 1 | 2,350 | 99.6 | |

Invalid responses include no response.

37. When you drink alcohol, how many drinks do you typically have?

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 0 drinks | 160 | 22 | 284 | 19 | 11 | 41 | 460 | 20.1 | |
| 2 1 - 1 drink | 189 | 26 | 567 | 38 | 7 | 26 | 778 | 33.9 | |
| 3 1.1 - 2 drinks | 204 | 29 | 454 | 30 | 6 | 22 | 681 | 29.7 | |
| 4 GE 2.1.drinks | 163 | 23 | 192 | 13 | 3 | 11 | 374 | 16.3 | |
| Valid responses = | 716 | 31 | 1497 | 65 | 27 | 1 | 2,293 | 97.2 | |

Invalid responses include no response.

| | Mean | Median | Std Dev | Min | Max |
|---------|------|--------|---------|-----|-----|
| Male | 1.73 | 2.00 | 1.59 | 0 | 12 |
| Female | 1.43 | 1.00 | 1.13 | 0 | 10 |
| Overall | 1.55 | 1.00 | 1.34 | 0 | 12 |

38. In the last 12 months, have you felt the need to reduce your drinking?

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Not Applicable | 158 | 22 | 287 | 19 | 14 | 45 | 466 | 19.9 | |
| 2 No | 456 | 63 | 1049 | 69 | 15 | 48 | 1,559 | 66.5 | |
| 3 Yes | 114 | 16 | 196 | 13 | 2 | 7 | 321 | 13.7 | |
| Valid responses = | 728 | 31 | 1532 | 65 | 31 | 1 | 2,346 | 99.4 | |

Invalid responses include no response.

39. In the last 12 months, has a family member, friend, colleague, or anyone expressed concern about your drinking or suggested you reduce your consumption?

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Not Applicable | 157 | 22 | 297 | 19 | 13 | 41 | 474 | 20.2 | |
| 2 No | 536 | 73 | 1210 | 79 | 19 | 59 | 1,807 | 76.9 | |
| 3 Yes | 37 | 5 | 27 | 2 | 0 | 0 | 70 | 3.0 | |
| Valid responses = | 730 | 31 | 1534 | 65 | 32 | 1 | 2,351 | 99.7 | |

Invalid responses include no response.

40. Are you having any financial, work, family, or other problems as a result of your drinking?

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Not Applicable | 162 | 22 | 303 | 20 | 12 | 39 | 484 | 20.6 | |
| 2 No | 560 | 77 | 1224 | 80 | 19 | 61 | 1,848 | 78.7 | |
| 3 Yes | 4 | 1 | 8 | 1 | 0 | 0 | 15 | 0.6 | |
| Valid responses = | 726 | 31 | 1535 | 65 | 31 | 1 | 2,347 | 99.5 | |

Invalid responses include no response.



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FREQUENCY REPORT
Number of Surveys (n) = 2359 Web Surveys

41. Are you in recovery from alcohol or other substance abuse or dependence?

| | Male | | Female | | Unknown | | Total | |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 No | 717 | 99 | 1520 | 99 | 30 | 97 | 2,320 | 98.7 |
| 2 Yes | 11 | 2 | 16 | 1 | 1 | 3 | 30 | 1.3 |
| Valid responses = | 728 | 31 | 1536 | 65 | 31 | 1 | 2,350 | 99.6 |

Invalid responses include no response.

42. How do you usually describe yourself?

| | Male | | Female | | Unknown | | Total | |
|---|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| American Indian or Native Alaskan | 21 | 3 | 42 | 3 | 0 | 0 | 63 | 2.7 |
| Asian or Asian American | 41 | 6 | 50 | 3 | 1 | 3 | 95 | 4.0 |
| Arab/Middle Eastern/North African | 8 | 1 | 11 | 1 | 0 | 0 | 20 | 0.8 |
| Black or African American | 35 | 5 | 71 | 5 | 2 | 6 | 110 | 4.7 |
| Hispanic or Latino/a | 29 | 4 | 58 | 4 | 0 | 0 | 88 | 3.7 |
| Native Hawaiian Pacific Islander Native | 2 | 0 | 0 | 0 | 0 | 0 | 2 | 0.1 |
| White | 599 | 82 | 1323 | 86 | 18 | 51 | 1,986 | 84.2 |
| Biracial or Multiracial | 11 | 2 | 25 | 2 | 0 | 0 | 37 | 1.6 |
| Another Identity | 27 | 4 | 19 | 1 | 1 | 3 | 50 | 2.1 |

Valid responses = all responses and blanks: since multiple responses were possible, more than 100% may be included.

42A. Are you: (only includes respondents that describe themselves as Hispanic or Latino/a/x)

| | Male | | Female | | Unknown | | Total | |
|-------------------------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Mexican, Mexican Am., Chicano | 115 | 16 | 248 | 16 | 4 | 12 | 384 | 16.3 |
| 2 Puerto Rican | 157 | 22 | 305 | 20 | 10 | 30 | 483 | 20.5 |
| 3 Cuban | 433 | 59 | 975 | 64 | 19 | 58 | 1,453 | 61.8 |
| 4 Another Hispanic, Latino, Spanish | 25 | 3 | 6 | 0 | 0 | 0 | 32 | 1.4 |
| Valid responses = | 730 | 31 | 1534 | 65 | 33 | 1 | 2,352 | 99.7 |

Invalid responses include no response.

42B Are you: (only includes respondents that describe themselves as Asian or Asian American)

| | Male | | Female | | Unknown | | Total | |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 East Asian | 115 | 16 | 248 | 16 | 4 | 12 | 384 | 16.3 |
| 2 Southeast Asian | 157 | 22 | 305 | 20 | 10 | 30 | 483 | 20.5 |
| 3 South Asian | 433 | 59 | 975 | 64 | 19 | 58 | 1,453 | 61.8 |
| 4 Other Asian | 25 | 3 | 6 | 0 | 0 | 0 | 32 | 1.4 |
| Valid responses = | 730 | 31 | 1534 | 65 | 33 | 1 | 2,352 | 99.7 |

Invalid responses include no response.

43. How old are you?

| | Male | | Female | | Unknown | | Total | |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 18 - 30 | 120 | 17 | 272 | 18 | 2 | 12 | 408 | 17.7 |
| 2 30.1 - 40 | 165 | 23 | 383 | 25 | 6 | 35 | 570 | 24.8 |
| 3 40.1 - 50 | 149 | 21 | 353 | 23 | 0 | 0 | 513 | 22.3 |
| 4 50.1 - 60 | 169 | 23 | 316 | 21 | 3 | 18 | 496 | 21.5 |
| 5 GE 60.1 | 122 | 17 | 183 | 12 | 6 | 35 | 316 | 13.7 |
| Valid responses = | 725 | 31 | 1507 | 65 | 17 | 1 | 2,303 | 97.6 |

Invalid responses include no response.

| | Mean | Median | Std Dev | Min | Max |
|---------|-------|--------|---------|-----|-----|
| Male | 45.95 | 45.00 | 13.45 | 20 | 81 |
| Female | 44.02 | 43.00 | 12.93 | 19 | 87 |
| Overall | 44.57 | 43.00 | 13.18 | 19 | 87 |

44. What is your height in feet (') and inches (")?

| | Male | | Female | | Unknown | | Total | |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Low-36 inches | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 2 37-48 inches | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 3 49-60 inches | 3 | 0 | 80 | 5 | 2 | 11 | 85 | 3.7 |
| 4 61-72 inches | 571 | 80 | 1425 | 94 | 13 | 72 | 2,057 | 89.4 |
| 5 73-84 inches | 144 | 20 | 5 | 0 | 3 | 17 | 158 | 6.9 |
| 6 GE 85 inches | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| Valid responses = | 718 | 31 | 1510 | 66 | 18 | 1 | 2,300 | 97.5 |

Invalid responses include no response.

| | Mean | Median | Std Dev | Min | Max |
|---------|-------|--------|---------|-----|-----|
| Male | 70.37 | 70.00 | 2.92 | 52 | 84 |
| Female | 64.89 | 65.00 | 2.82 | 50 | 79 |
| Overall | 66.70 | 66.00 | 3.88 | 50 | 84 |



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www.acha.org

March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) = 2359 Web Surveys

45. What is your weight in pounds?

| | Male | | Female | | Unknown | | Total | |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Low - 50 pounds | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0.0 |
| 2 51-100 pounds | 0 | 0 | 11 | 1 | 0 | 0 | 11 | 0.5 |
| 3 101-150 pounds | 71 | 10 | 557 | 38 | 3 | 17 | 644 | 28.5 |
| 4 151-200 pounds | 324 | 45 | 606 | 41 | 9 | 50 | 963 | 42.6 |
| 5 201-250 pounds | 225 | 31 | 199 | 14 | 4 | 22 | 432 | 19.1 |
| 6 251-300 pounds | 77 | 11 | 72 | 5 | 2 | 11 | 159 | 7.0 |
| 7 301-350 pounds | 20 | 3 | 15 | 1 | 0 | 0 | 36 | 1.6 |
| 8 351-400 pounds | 4 | 1 | 6 | 0 | 0 | 0 | 11 | 0.5 |
| 9 401-450 pounds | 1 | 0 | 1 | 0 | 0 | 0 | 2 | 0.1 |
| 10 GE 451 pounds | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| Valid responses = | 722 | 32 | 1468 | 65 | 18 | 1 | 2,259 | 95.8 |

Invalid responses include no response.

| | Mean | Median | Std Dev | Min | Max |
|--------|--------|--------|---------|-----|-----|
| Male | 205.22 | 198.00 | 46.75 | 111 | 445 |
| Female | 172.44 | 165.00 | 46.67 | 50 | 405 |
| Total | 183.51 | 175.00 | 49.35 | 50 | 445 |

46. What sex were you assigned at birth?

| | Male | | Female | | Unknown | | Total | |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Female | 0 | 0 | 1538 | 100 | 7 | 44 | 1,578 | 67.4 |
| 2 Male | 731 | 100 | 0 | 0 | 9 | 56 | 762 | 32.6 |
| 3 Intersex | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| Valid responses = | 731 | 31 | 1538 | 66 | 16 | 1 | 2,340 | 99.2 |

Invalid responses include no response.

47. Do you identify as transgender?

| | Male | | Female | | Unknown | | Total | |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 No | 731 | 100 | 1538 | 100 | 11 | 92 | 2,307 | 98.8 |
| 2 Yes | 0 | 0 | 0 | 0 | 1 | 8 | 29 | 1.2 |
| Valid responses = | 731 | 31 | 1538 | 66 | 12 | 1 | 2,336 | 99.0 |

Invalid responses include no response.

48. Which term do you use to describe your gender identity?

| | Male | | Female | | Unknown | | Total | |
|---------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Woman | 0 | 0 | 1538 | 100 | 5 | 50 | 1,555 | 66.6 |
| 2 Man | 731 | 100 | 0 | 0 | 4 | 40 | 739 | 31.7 |
| 3 Trans woman | 0 | 0 | 0 | 0 | 0 | 0 | 5 | 0.2 |
| 4 Trans man | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 0.1 |
| 5 Genderqueer | 0 | 0 | 0 | 0 | 0 | 0 | 4 | 0.2 |
| 6 Agender | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 0.1 |
| 7 Genderfluid | 0 | 0 | 0 | 0 | 0 | 0 | 3 | 0.1 |
| 8 Intersex | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 9 Nonbinary | 0 | 0 | 0 | 0 | 0 | 0 | 15 | 0.6 |
| 10 Another identity | 0 | 0 | 0 | 0 | 1 | 10 | 9 | 0.4 |
| Valid responses = | 731 | 31 | 1538 | 66 | 10 | 0 | 2,334 | 98.9 |

Invalid responses include no response.

RSEX. Sex based on pattern of 46, 47 and 48.

| | Male | | Female | | Unknown | | Total | |
|-------------------------------------|-------|------|--------|------|---------|------|-------|-------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Female | 0 | 0 | 1538 | 100 | 0 | 0 | 1,538 | 65.2 |
| 2 Male | 731 | 100 | 0 | 0 | 0 | 0 | 731 | 31.0 |
| 2 Transgender/gender non-conforming | 0 | 0 | 0 | 0 | 0 | 0 | 55 | 2.3 |
| Valid responses = | 731 | 31 | 1538 | 65 | 35 | 1 | 2,359 | 100.0 |

Invalid responses include no response.

49. What term best describes your sexual orientation?

| | Male | | Female | | Unknown | | Total | |
|-------------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Asexual | 1 | 0.1 | 2 | 0.1 | 0 | 0 | 6 | 0.3 |
| 2 Bisexual | 26 | 3.6 | 75 | 4.9 | 0 | 0 | 111 | 4.8 |
| 3 Gay | 45 | 6.2 | 2 | 0.1 | 1 | 5.6 | 51 | 2.2 |
| 4 Lesbian | 0 | 0 | 36 | 2.4 | 0 | 0 | 42 | 1.8 |
| 5 Pansexual | 6 | 0.8 | 16 | 1.1 | 0 | 0 | 26 | 1.1 |
| 6 Queer | 3 | 0.4 | 12 | 0.8 | 0 | 0 | 20 | 0.9 |
| 7 Questioning | 3 | 0.4 | 5 | 0.3 | 0 | 0 | 10 | 0.4 |
| 9 Straight/Heterosexual | 641 | 88 | 1365 | 89.6 | 17 | 94.4 | 2044 | 88 |
| 10 Another identity | 3 | 0.4 | 10 | 0.7 | 0 | 0 | 14 | 0.6 |
| Valid responses = | 728 | 31 | 1523 | 66 | 18 | 1 | 2324 | 98.5 |

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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50. Relationship status:

| | Male | | Female | | Unknown | | Total | Pct. |
|-------------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Single, never married | 138 | 19 | 308 | 20 | 4 | 17 | 471 | 20.1 |
| 2 Single, divorced | 32 | 4 | 156 | 10 | 1 | 4 | 194 | 8.3 |
| 3 Separated | 9 | 1 | 12 | 1 | 0 | 0 | 21 | 0.9 |
| 4 Engaged | 15 | 2 | 56 | 4 | 0 | 0 | 72 | 3.1 |
| 5 Married | 502 | 69 | 918 | 60 | 17 | 74 | 1,461 | 62.5 |
| 6 Widowed | 5 | 1 | 25 | 2 | 0 | 0 | 30 | 1.3 |
| 7 Other | 28 | 4 | 56 | 4 | 1 | 4 | 89 | 3.8 |
| Valid responses = | 729 | 31 | 1531 | 65 | 23 | 1 | 2,338 | 99.1 |

Invalid responses include no response.

51. Highest level of education:

| | Male | | Female | | Unknown | | Total | Pct. |
|------------------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Grades 1-8 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 2 Grades 9-11 | 2 | 0 | 1 | 0 | 0 | 0 | 3 | 0.1 |
| 3 High school grad or GED | 24 | 3 | 41 | 3 | 0 | 0 | 67 | 2.9 |
| 4 Some college (no degree) | 28 | 4 | 94 | 6 | 6 | 24 | 132 | 5.6 |
| 5 Trade/technical/vocational | 27 | 4 | 37 | 2 | 1 | 4 | 69 | 2.9 |
| 6 Associate's degree | 26 | 4 | 60 | 4 | 2 | 8 | 88 | 3.8 |
| 7 Bachelor's degree | 173 | 24 | 379 | 25 | 5 | 20 | 570 | 24.3 |
| 8 Master's degree | 203 | 28 | 574 | 37 | 4 | 16 | 797 | 34.0 |
| 9 Doctoral Degree | 199 | 27 | 289 | 19 | 7 | 28 | 508 | 21.7 |
| 10 Professional Degree | 47 | 6 | 62 | 4 | 0 | 0 | 112 | 4.8 |
| Valid responses = | 729 | 31 | 1537 | 66 | 25 | 1 | 2,346 | 99.4 |

Invalid responses include no response.

52A. The food that I bought just didn't last, and I didn't have money to get more.

| | Male | | Female | | Unknown | | Total | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Often true | 10 | 1 | 22 | 1 | 1 | 3 | 36 | 1.5 |
| 2 Sometimes true | 59 | 8 | 127 | 8 | 8 | 28 | 201 | 8.6 |
| 3 Never true | 660 | 91 | 1380 | 90 | 20 | 69 | 2,105 | 89.9 |
| Valid responses = | 729 | 31 | 1529 | 65 | 29 | 1 | 2,342 | 99.3 |

Invalid responses include no response.

52B. I couldn't afford to eat balanced meals.

| | Male | | Female | | Unknown | | Total | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Often true | 22 | 3 | 45 | 3 | 2 | 7 | 75 | 3.2 |
| 2 Sometimes true | 57 | 8 | 166 | 11 | 4 | 14 | 231 | 9.9 |
| 3 Never true | 650 | 89 | 1319 | 86 | 23 | 79 | 2,037 | 86.9 |
| Valid responses = | 729 | 31 | 1530 | 65 | 29 | 1 | 2,343 | 99.3 |

Invalid responses include no response.

53. In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

| | Male | | Female | | Unknown | | Total | Pct. |
|-------------------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Yes, almost every day | 7 | 1 | 7 | 1 | 1 | 3 | 15 | 0.6 |
| 2 Yes, some but not every day | 25 | 3 | 64 | 4 | 2 | 7 | 98 | 4.2 |
| 3 Only 1 or 2 days | 25 | 3 | 72 | 5 | 1 | 3 | 100 | 4.3 |
| 4 No | 672 | 92 | 1391 | 91 | 26 | 87 | 2,135 | 90.9 |
| Valid responses = | 729 | 31 | 1534 | 65 | 30 | 1 | 2,348 | 99.5 |

Invalid responses include no response.

54. In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

| | Male | | Female | | Unknown | | Total | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 692 | 95 | 1426 | 93 | 25 | 86 | 2,192 | 93.4 |
| 2 Yes, | 37 | 5 | 108 | 7 | 4 | 14 | 155 | 6.6 |
| Valid responses = | 729 | 31 | 1534 | 65 | 29 | 1 | 2,347 | 99.5 |

Invalid responses include no response.

55. In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

| | Male | | Female | | Unknown | | Total | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 703 | 96 | 1466 | 96 | 26 | 93 | 2,249 | 95.9 |
| 2 Yes, | 26 | 4 | 68 | 4 | 2 | 7 | 97 | 4.1 |
| Valid responses = | 729 | 31 | 1534 | 65 | 28 | 1 | 2,346 | 99.4 |

Invalid responses include no response.



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2359 Web Surveys

56. Within the past 12 months, to what extent have your values, sense of purpose, faith or spirituality been useful to you?

| | Male | | Female | | Unknown | | Total | |
|------------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 To no extent | 63 | 9 | 76 | 5 | 3 | 11 | 152 | 6.5 |
| 2 To little extent | 73 | 10 | 131 | 9 | 2 | 7 | 212 | 9.1 |
| 3 To some extent | 204 | 28 | 452 | 30 | 5 | 19 | 671 | 28.7 |
| 4 To great extent | 229 | 31 | 453 | 30 | 10 | 37 | 706 | 30.2 |
| 5 To very great extent | 161 | 22 | 418 | 27 | 7 | 26 | 600 | 25.6 |
| Valid responses = | 730 | 31 | 1530 | 65 | 27 | 1 | 2,341 | 99.2 |

Invalid responses include no response.

57. Are you currently or have you been a member of the Armed Services?

| | Male | | Female | | Unknown | | Total | |
|------------------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 No | 663 | 91 | 1512 | 99 | 27 | 93 | 2,252 | 95.9 |
| 2 Yes area of hazardous duty | 39 | 5 | 1 | 0 | 0 | 0 | 42 | 1.8 |
| 3 Yes not of hazardous duty | 28 | 4 | 22 | 1 | 2 | 7 | 54 | 2.3 |
| Valid responses = | 730 | 31 | 1535 | 65 | 29 | 1 | 2,348 | 99.5 |

Invalid responses include no response.

58. Employee Classification: (Choose your primary position)

| | Male | | Female | | Unknown | | Total | |
|-------------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Staff | 362 | 50 | 925 | 60 | 16 | 55 | 1,332 | 56.7 |
| 2 Adjunct Faculty | 32 | 4 | 58 | 4 | 1 | 3 | 93 | 4.0 |
| 3 Faculty | 195 | 27 | 307 | 20 | 6 | 21 | 520 | 22.1 |
| 4 Administration | 44 | 6 | 82 | 5 | 0 | 0 | 128 | 5.4 |
| 5 Graduate/professional | 94 | 13 | 153 | 10 | 5 | 17 | 261 | 11.1 |
| 6 Other | 4 | 1 | 10 | 1 | 1 | 3 | 16 | 0.7 |
| Valid responses = | 731 | 31 | 1535 | 65 | 29 | 1 | 2,350 | 99.6 |

Invalid responses include no response.

59. Pay type:

| | Male | | Female | | Unknown | | Total | |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Hourly | 118 | 16 | 305 | 20 | 8 | 28 | 444 | 19.0 |
| 2 Salaried | 610 | 84 | 1224 | 80 | 21 | 72 | 1,897 | 81.0 |
| Valid responses = | 728 | 31 | 1529 | 65 | 29 | 1 | 2,341 | 99.2 |

Invalid responses include no response.

60. What shift do you usually work?

| | Male | | Female | | Unknown | | Total | |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Day (1st) | 97 | 82 | 292 | 96 | 7 | 88 | 409 | 92.1 |
| 2 Evening (2nd) | 14 | 12 | 9 | 3 | 1 | 13 | 24 | 5.4 |
| 3 Night (3rd) | 7 | 6 | 4 | 1 | 0 | 0 | 11 | 2.5 |
| Valid responses = | 118 | 27 | 305 | 69 | 8 | 2 | 444 | 18.8 |

Invalid responses include no response.

61. What is your yearly appointment?

| | Male | | Female | | Unknown | | Total | |
|-------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 9 month | 164 | 23 | 302 | 20 | 8 | 30 | 483 | 21.0 |
| 2 10 month | 4 | 1 | 13 | 1 | 0 | 0 | 17 | 0.7 |
| 3 11 month | 0 | 0 | 3 | 0 | 1 | 4 | 4 | 0.2 |
| 4 12 month | 554 | 77 | 1182 | 79 | 18 | 67 | 1,800 | 78.1 |
| Valid responses = | 722 | 31 | 1500 | 65 | 27 | 1 | 2,304 | 97.7 |

Invalid responses include no response.

62. Employment status:

| | Male | | Female | | Unknown | | Total | |
|------------------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Part-time without benefits | 49 | 7 | 98 | 6 | 4 | 13 | 159 | 6.8 |
| 2 Part-time with benefits | 41 | 6 | 85 | 6 | 2 | 7 | 130 | 5.5 |
| 3 Full-time without benefits | 23 | 3 | 32 | 2 | 1 | 3 | 57 | 2.4 |
| 4 Full-time with benefits | 616 | 85 | 1316 | 86 | 24 | 77 | 2,000 | 85.3 |
| Valid responses = | 729 | 31 | 1531 | 65 | 31 | 1 | 2,346 | 99.4 |

Invalid responses include no response.

63. Are you:

| | Male | | Female | | Unknown | | Total | |
|-------------------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Employed college/university | 728 | 100 | 1512 | 99 | 32 | 100 | 2,326 | 98.9 |
| 2 Employed outsourced group | 3 | 0 | 23 | 2 | 0 | 0 | 27 | 1.1 |
| Valid responses = | 731 | 31 | 1535 | 65 | 32 | 1 | 2,353 | 99.7 |

Invalid responses include no response.



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64. Do you have health insurance?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 5 | 1 | 18 | 1 | 0 | 0 | 23 | 1.0 |
| 2 Yes | 722 | 99 | 1520 | 99 | 32 | 100 | 2,328 | 98.9 |
| 3 I don't know | 3 | 0 | 0 | 0 | 0 | 0 | 4 | 0.2 |
| Valid responses = | 730 | 31 | 1538 | 65 | 32 | 1 | 2,355 | 99.8 |

Invalid responses include no response.

65. Years of employment at this institution or outsourced group at this institution:

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|----------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 <=5 | 343 | 47 | 751 | 49 | 8 | 28 | 1,128 | 48.1 |
| 2 6-10 | 129 | 18 | 299 | 20 | 11 | 38 | 454 | 19.4 |
| 3 11-15 | 81 | 11 | 178 | 12 | 5 | 17 | 268 | 11.4 |
| 4 16-20 | 62 | 9 | 119 | 8 | 1 | 3 | 186 | 7.9 |
| 5 21-25 | 36 | 5 | 70 | 5 | 2 | 7 | 110 | 4.7 |
| 6 26-30 | 31 | 4 | 56 | 4 | 0 | 0 | 88 | 3.8 |
| 7 31-35 | 24 | 3 | 28 | 2 | 2 | 7 | 56 | 2.4 |
| 8 36-40 | 17 | 2 | 15 | 1 | 0 | 0 | 32 | 1.4 |
| 9 More than 40 years | 8 | 1 | 13 | 1 | 0 | 0 | 22 | 0.9 |
| Valid responses = | 731 | 31 | 1529 | 65 | 29 | 1 | 2,344 | 99.4 |

Invalid responses include no response.

66. Are you a member of an employment union?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|-------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 No | 633 | 87 | 1331 | 87 | 27 | 90 | 2,037 | 87.0 |
| 2 Yes | 96 | 13 | 196 | 13 | 3 | 10 | 304 | 13.0 |
| Valid responses = | 729 | 31 | 1527 | 65 | 30 | 1 | 2,341 | 99.2 |

Invalid responses include no response.

67A1. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I lead a purposeful and meaningful life.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Strongly disagree | 24 | 3 | 28 | 2 | 1 | 4 | 57 | 2.4 |
| 2 Disagree | 21 | 3 | 36 | 2 | 0 | 0 | 59 | 2.5 |
| 3 Slightly disagree | 35 | 5 | 61 | 4 | 1 | 4 | 102 | 4.4 |
| 4 Neither agree nor disagree | 53 | 7 | 119 | 8 | 1 | 4 | 180 | 7.7 |
| 5 Slightly agree | 111 | 15 | 259 | 17 | 3 | 11 | 383 | 16.4 |
| 6 Agree | 296 | 41 | 650 | 42 | 13 | 46 | 978 | 41.8 |
| 7 Strongly agree | 186 | 26 | 380 | 25 | 9 | 32 | 583 | 24.9 |
| Valid responses = | 726 | 31 | 1533 | 65 | 28 | 1 | 2,342 | 0.0 |

Invalid responses include no response.

67A2. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Strongly disagree | 18 | 3 | 27 | 2 | 0 | 0 | 46 | 2.0 |
| 2 Disagree | 27 | 4 | 33 | 2 | 1 | 3 | 63 | 2.7 |
| 3 Slightly disagree | 37 | 5 | 56 | 4 | 3 | 10 | 97 | 4.1 |
| 4 Neither agree nor disagree | 60 | 8 | 106 | 7 | 1 | 3 | 177 | 7.5 |
| 5 Slightly agree | 148 | 20 | 257 | 17 | 4 | 14 | 419 | 17.9 |
| 6 Agree | 297 | 41 | 661 | 43 | 12 | 41 | 988 | 42.1 |
| 7 Strongly agree | 139 | 19 | 395 | 26 | 8 | 28 | 555 | 23.7 |
| Valid responses = | 726 | 31 | 1535 | 65 | 29 | 1 | 2,345 | 0.0 |

Invalid responses include no response.

67A3. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Strongly disagree | 21 | 3 | 25 | 2 | 1 | 3 | 48 | 2.0 |
| 2 Disagree | 21 | 3 | 40 | 3 | 0 | 0 | 67 | 2.9 |
| 3 Slightly disagree | 41 | 6 | 93 | 6 | 1 | 3 | 140 | 6.0 |
| 4 Neither agree nor disagree | 57 | 8 | 119 | 8 | 1 | 3 | 185 | 7.9 |
| 5 Slightly agree | 140 | 19 | 305 | 20 | 4 | 14 | 460 | 19.6 |
| 6 Agree | 296 | 41 | 637 | 42 | 14 | 48 | 962 | 41.0 |
| 7 Strongly agree | 150 | 21 | 315 | 21 | 8 | 28 | 482 | 20.6 |
| Valid responses = | 726 | 31 | 1534 | 65 | 29 | 1 | 2,344 | 0.0 |

Invalid responses include no response.



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67A4. Below are 8 statements with which you may agree or disagree.
Using the scale below, indicate your agreement with each item by indicating that response for each statement.
I actively contribute to the happiness and well-being of others.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Strongly disagree | 10 | 1 | 18 | 1 | 0 | 0 | 29 | 1.2 |
| 2 Disagree | 8 | 1 | 18 | 1 | 0 | 0 | 27 | 1.2 |
| 3 Slightly disagree | 17 | 2 | 29 | 2 | 1 | 3 | 49 | 2.1 |
| 4 Neither agree nor disagree | 53 | 7 | 88 | 6 | 4 | 14 | 156 | 6.7 |
| 5 Slightly agree | 152 | 21 | 262 | 17 | 3 | 10 | 429 | 18.3 |
| 6 Agree | 301 | 42 | 681 | 44 | 12 | 41 | 1,011 | 43.2 |
| 7 Strongly agree | 182 | 25 | 437 | 29 | 9 | 31 | 639 | 27.3 |
| Valid responses = | 723 | 31 | 1533 | 66 | 29 | 1 | 2,340 | 0.0 |

Invalid responses include no response.

67A5. Below are 8 statements with which you may agree or disagree.
Using the scale below, indicate your agreement with each item by indicating that response for each statement.
I am competent and capable in the activities that are important to me.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Strongly disagree | 9 | 1 | 15 | 1 | 0 | 0 | 24 | 1.0 |
| 2 Disagree | 7 | 1 | 4 | 0 | 0 | 0 | 12 | 0.5 |
| 3 Slightly disagree | 14 | 2 | 15 | 1 | 1 | 3 | 32 | 1.4 |
| 4 Neither agree nor disagree | 28 | 4 | 51 | 3 | 1 | 3 | 84 | 3.6 |
| 5 Slightly agree | 83 | 11 | 178 | 12 | 0 | 0 | 270 | 11.5 |
| 6 Agree | 326 | 45 | 772 | 50 | 15 | 52 | 1,138 | 48.5 |
| 7 Strongly agree | 260 | 36 | 498 | 33 | 12 | 41 | 784 | 33.4 |
| Valid responses = | 727 | 31 | 1533 | 65 | 29 | 1 | 2,344 | 0.0 |

Invalid responses include no response.

67A6. Below are 8 statements with which you may agree or disagree.
Using the scale below, indicate your agreement with each item by indicating that response for each statement.
I am a good person and live a good life.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Strongly disagree | 8 | 1 | 15 | 1 | 0 | 0 | 23 | 1.0 |
| 2 Disagree | 6 | 1 | 1 | 0 | 0 | 0 | 9 | 0.4 |
| 3 Slightly disagree | 12 | 2 | 10 | 1 | 1 | 4 | 24 | 1.0 |
| 4 Neither agree nor disagree | 48 | 7 | 59 | 4 | 1 | 4 | 116 | 5.0 |
| 5 Slightly agree | 87 | 12 | 154 | 10 | 2 | 7 | 253 | 10.8 |
| 6 Agree | 337 | 46 | 754 | 49 | 15 | 54 | 1,124 | 48.0 |
| 7 Strongly agree | 228 | 31 | 541 | 35 | 9 | 32 | 794 | 33.9 |
| Valid responses = | 726 | 31 | 1534 | 65 | 28 | 1 | 2,343 | 0.0 |

Invalid responses include no response.

67A7. Below are 8 statements with which you may agree or disagree.
Using the scale below, indicate your agreement with each item by indicating that response for each statement.
I am optimistic about my future.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Strongly disagree | 28 | 4 | 25 | 2 | 1 | 3 | 56 | 2.4 |
| 2 Disagree | 25 | 3 | 38 | 3 | 1 | 3 | 70 | 3.0 |
| 3 Slightly disagree | 35 | 5 | 60 | 4 | 1 | 3 | 101 | 4.3 |
| 4 Neither agree nor disagree | 72 | 10 | 103 | 7 | 3 | 10 | 187 | 8.0 |
| 5 Slightly agree | 121 | 17 | 259 | 17 | 3 | 10 | 390 | 16.6 |
| 6 Agree | 255 | 35 | 639 | 42 | 13 | 45 | 923 | 39.4 |
| 7 Strongly agree | 189 | 26 | 411 | 27 | 7 | 24 | 617 | 26.3 |
| Valid responses = | 725 | 31 | 1535 | 65 | 29 | 1 | 2,344 | 0.0 |

Invalid responses include no response.

67A8. Below are 8 statements with which you may agree or disagree.
Using the scale below, indicate your agreement with each item by indicating that response for each statement.
People respect me.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Strongly disagree | 13 | 2 | 18 | 1 | 0 | 0 | 32 | 1.4 |
| 2 Disagree | 12 | 2 | 16 | 1 | 0 | 0 | 30 | 1.3 |
| 3 Slightly disagree | 24 | 3 | 30 | 2 | 2 | 7 | 60 | 2.6 |
| 4 Neither agree nor disagree | 78 | 11 | 121 | 8 | 6 | 21 | 214 | 9.1 |
| 5 Slightly agree | 119 | 16 | 234 | 15 | 3 | 10 | 368 | 15.7 |
| 6 Agree | 324 | 45 | 758 | 49 | 14 | 48 | 1,117 | 47.7 |
| 7 Strongly agree | 155 | 21 | 358 | 23 | 4 | 14 | 523 | 22.3 |
| Valid responses = | 725 | 31 | 1535 | 65 | 29 | 1 | 2,344 | 0.0 |

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) = 2359 Web Surveys

68A1. Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.

| | Male | | Female | | Unknown | | Total | |
|----------------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 0 Not at all true | 0 | 0 | 5 | 0 | 0 | 0 | 5 | 0.2 |
| 1 Rarely true | 6 | 1 | 7 | 1 | 0 | 0 | 14 | 0.6 |
| 2 Sometimes true | 91 | 13 | 196 | 13 | 6 | 21 | 306 | 13.1 |
| 3 Often true | 319 | 44 | 710 | 46 | 10 | 35 | 1,063 | 45.4 |
| 4 True nearly all the time | 308 | 43 | 615 | 40 | 13 | 45 | 953 | 40.7 |
| Valid responses = | 724 | 31 | 1533 | 65 | 29 | 1 | 2,341 | 0.0 |

Invalid responses include no response.

68A2. Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.

| | Male | | Female | | Unknown | | Total | |
|----------------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 0 Not at all true | 2 | 0 | 10 | 1 | 0 | 0 | 12 | 0.5 |
| 1 Rarely true | 5 | 1 | 21 | 1 | 1 | 3 | 28 | 1.2 |
| 2 Sometimes true | 88 | 12 | 233 | 15 | 4 | 14 | 338 | 14.4 |
| 3 Often true | 289 | 40 | 611 | 40 | 8 | 28 | 930 | 39.7 |
| 4 True nearly all the time | 340 | 47 | 657 | 43 | 16 | 55 | 1,032 | 44.1 |
| Valid responses = | 724 | 31 | 1532 | 65 | 29 | 1 | 2,340 | 0.0 |

Invalid responses include no response.

69A1. Indicate how often each of the statements below is descriptive of you.

How often do you feel that you lack companionship?

| | Male | | Female | | Unknown | | Total | |
|--------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Hardly ever | 367 | 51 | 727 | 48 | 16 | 55 | 1,137 | 48.5 |
| 2 Some of the time | 260 | 36 | 606 | 40 | 10 | 35 | 891 | 38.0 |
| 3 Often | 100 | 14 | 199 | 13 | 3 | 10 | 315 | 13.4 |
| Valid responses = | 727 | 31 | 1532 | 65 | 29 | 1 | 2,343 | 0.0 |

Invalid responses include no response.

69A2. Indicate how often each of the statements below is descriptive of you.

How often do you feel left out?

| | Male | | Female | | Unknown | | Total | |
|--------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Hardly ever | 389 | 54 | 763 | 50 | 8 | 28 | 1,187 | 50.6 |
| 2 Some of the time | 270 | 37 | 634 | 41 | 17 | 59 | 941 | 40.1 |
| 3 Often | 68 | 9 | 137 | 9 | 4 | 14 | 217 | 9.3 |
| Valid responses = | 727 | 31 | 1534 | 65 | 29 | 1 | 2,345 | 0.0 |

Invalid responses include no response.

69A3. Indicate how often each of the statements below is descriptive of you.

How often do you feel isolated from others?

| | Male | | Female | | Unknown | | Total | |
|--------------------|-------|------|--------|------|---------|------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. |
| 1 Hardly ever | 358 | 49 | 773 | 50 | 11 | 38 | 1,162 | 49.6 |
| 2 Some of the time | 269 | 37 | 576 | 38 | 13 | 45 | 876 | 37.4 |
| 3 Often | 100 | 14 | 184 | 12 | 5 | 17 | 306 | 13.1 |
| Valid responses = | 727 | 31 | 1533 | 65 | 29 | 1 | 2,344 | 0.0 |

Invalid responses include no response.

DIENER Diener Flourishing Score

| | Mean | Median | Std Dev | Min | Max |
|---------|-------|--------|---------|-----|-----|
| Male | 44.99 | 47.00 | 8.63 | 8 | 56 |
| Female | 46.18 | 48.00 | 7.86 | 8 | 56 |
| Overall | 45.71 | 48.00 | 8.18 | 8 | 56 |

CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

| | Mean | Median | Std Dev | Min | Max |
|---------|------|--------|---------|-----|-----|
| Male | 6.61 | 7.00 | 1.3 | 1 | 8 |
| Female | 6.49 | 6.00 | 1.37 | 0 | 8 |
| Overall | 6.52 | 6.00 | 1.36 | 0 | 8 |

ULS3 UCLA Loneliness Scale Score

| | Mean | Median | Std Dev | Min | Max |
|---------|------|--------|---------|-----|-----|
| Male | 4.84 | 4.00 | 1.82 | 3 | 9 |
| Female | 4.86 | 5.00 | 1.77 | 3 | 9 |
| Overall | 4.87 | 5.00 | 1.79 | 3 | 9 |



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RULS3 Recoded UCLA Loneliness Scale

| | Male | | Female | | Unknown | | Total | | Pct. |
|---------------------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Negative for loneliness (3-5) | 458 | 63 | 970 | 63 | 16 | 55 | 1,475 | 63.1 | |
| 2 Positive for loneliness (6-9) | 268 | 37 | 559 | 37 | 13 | 45 | 864 | 36.9 | |
| Valid responses = | 726 | 31 | 1529 | 65 | 29 | 1 | 2,339 | 0.0 | |

Invalid responses include no response.

QCOVID1 Have you ever had COVID-19 (the novel coronavirus disease)?

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|-------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Yes | 66 | 9 | 207 | 14 | 2 | 6 | 280 | 11.9 | |
| 6 No | 607 | 83 | 1231 | 80 | 30 | 88 | 1,911 | 81.0 | |
| 7 Unsure | 58 | 8 | 100 | 7 | 2 | 6 | 167 | 7.1 | |
| Valid responses = | 731 | 31 | 1538 | 65 | 34 | 1 | 2,358 | 100.0 | |

Invalid responses include no response.

QCOVID1A How severe were any symptoms that you experienced? (only includes faculty/staff who selected Yes to ever having had COVID-19)

| | Male | | Female | | Unknown | | Total | | Pct. |
|--|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Severe (e.g., difficulty breathing or speaking, low blood pressure, high fever of 103 F (39.4 C or higher) | 6 | 9 | 12 | 6 | 0 | 0 | 18 | 6.4 | |
| 2 Moderate (e.g., some shortness of breath, cough, fever of 100.4 F (38 C) or higher) | 20 | 30 | 87 | 42 | 0 | 0 | 108 | 38.6 | |
| 3 Mild (e.g., cold-like symptoms) | 34 | 52 | 95 | 46 | 1 | 50 | 134 | 47.9 | |
| 4 No symptoms (asymptomatic) | 6 | 9 | 13 | 6 | 1 | 50 | 20 | 7.1 | |
| Valid responses = | 66 | 24 | 207 | 74 | 2 | 1 | 280 | 11.9 | |

Invalid responses include no response.

QCOVID1B Were you hospitalized because of your COVID-19 symptoms? (only includes faculty/staff who selected Yes to ever having had COVID-19)

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Yes | 3 | 5 | 3 | 1 | 0 | 0 | 6 | 2.1 | |
| 2 No | 63 | 96 | 204 | 99 | 2 | 100 | 274 | 97.9 | |
| Valid responses = | 66 | 24 | 207 | 74 | 2 | 1 | 280 | 11.9 | |

Invalid responses include no response.

QCOVID1C Did you/are you experiencing symptoms that have continued more than 4 weeks after your initial COVID-19 illness, and were not experienced before the illness? Examples include fatigue, brain fog, heart racing, headaches, or worsening mood. (only includes faculty/staff who selected Yes to ever having COVID-19)

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Yes | 23 | 35 | 90 | 44 | 1 | 50 | 116 | 41.6 | |
| 2 No | 43 | 65 | 116 | 56 | 1 | 50 | 163 | 58.4 | |
| Valid responses = | 66 | 24 | 206 | 74 | 2 | 1 | 279 | 11.8 | |

Invalid responses include no response.

QCOVID2 Have you had a loved one, close family member, or friend die due to COVID-19?

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Yes | 148 | 20 | 341 | 22 | 11 | 33 | 508 | 21.6 | |
| 2 No | 582 | 80 | 1196 | 78 | 22 | 67 | 1,847 | 78.4 | |
| Valid responses = | 730 | 31 | 1537 | 65 | 33 | 1 | 2,355 | 99.8 | |

Invalid responses include no response.

QCOVID3 Do you have a loved one, close family member, or friend that has been dealing with long term effects (or a long recovery) following a COVID-19 illness?

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Yes | 197 | 27 | 450 | 29 | 11 | 32 | 678 | 28.8 | |
| 2 No | 534 | 73 | 1087 | 71 | 23 | 68 | 1,679 | 71.2 | |
| Valid responses = | 731 | 31 | 1537 | 65 | 34 | 1 | 2,357 | 99.9 | |

Invalid responses include no response.

QCOVID5 I believe that my campus has done enough to protect faculty and staff from COVID-19.

| | Male | | Female | | Unknown | | Total | | Pct. |
|------------------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Strongly disagree | 101 | 14 | 176 | 12 | 12 | 35 | 302 | 12.8 | |
| 2 Disagree | 135 | 19 | 348 | 23 | 6 | 18 | 506 | 21.5 | |
| 3 Neither disagree nor agree | 93 | 13 | 234 | 15 | 4 | 12 | 338 | 14.4 | |
| 4 Agree | 261 | 36 | 532 | 35 | 10 | 29 | 813 | 34.5 | |
| 5 Strongly agree | 140 | 19 | 246 | 16 | 2 | 6 | 396 | 16.8 | |
| Valid responses = | 730 | 31 | 1536 | 65 | 34 | 1 | 2,355 | 99.8 | |

Invalid responses include no response.



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March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) = 2359 Web Surveys

QCOVID6A I follow my campus policies related to COVID-19.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|---|-------|------|--------|------|---------|------|----------------|-------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Strongly disagree | 26 | 4 | 54 | 4 | 2 | 6 | 83 | 3.5 |
| 2 Disagree | 6 | 1 | 4 | 0 | 0 | 0 | 10 | 0.4 |
| 3 Neither disagree nor agree | 25 | 3 | 25 | 2 | 0 | 0 | 54 | 2.3 |
| 4 Agree | 209 | 29 | 392 | 26 | 9 | 27 | 619 | 26.3 |
| 5 Strongly agree | 465 | 64 | 1062 | 69 | 22 | 65 | 1,590 | 67.4 |
| 6 N/A, my campus does not have policies related to COVID-19 | 0 | 0 | 1 | 0 | 1 | 3 | 2 | 0.1 |
| Valid responses = | 731 | 31 | 1538 | 65 | 34 | 1 | 2,358 | 100.0 |

Invalid responses include no response.

QCOVID8 I believe that students at my school are taking precautions to protect one another from COVID-19.

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Strongly disagree | 101 | 14 | 183 | 12 | 9 | 28 | 305 | 13.0 |
| 2 Disagree | 163 | 22 | 368 | 24 | 4 | 13 | 552 | 23.4 |
| 3 Neither disagree nor agree | 213 | 29 | 490 | 32 | 12 | 38 | 734 | 31.2 |
| 4 Agree | 212 | 29 | 441 | 29 | 5 | 16 | 665 | 28.2 |
| 5 Strongly agree | 42 | 6 | 54 | 4 | 2 | 6 | 98 | 4.2 |
| Valid responses = | 731 | 31 | 1536 | 65 | 32 | 1 | 2,354 | 99.8 |

Invalid responses include no response.

QCOVID13A Over the past 30 days, on average, how much have you been concerned with the following? How long the COVID-19 pandemic will last

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not concerned at all | 63 | 9 | 77 | 5 | 1 | 3 | 146 | 6.2 |
| 2 Slightly concerned | 115 | 16 | 245 | 16 | 3 | 9 | 368 | 15.6 |
| 3 Moderately concerned | 248 | 34 | 454 | 30 | 9 | 27 | 722 | 30.7 |
| 4 Very concerned | 196 | 27 | 485 | 32 | 11 | 32 | 713 | 30.3 |
| 5 Extremely concerned | 109 | 15 | 274 | 18 | 10 | 29 | 406 | 17.2 |
| Valid responses = | 731 | 31 | 1535 | 65 | 34 | 1 | 2,355 | 99.8 |

Invalid responses include no response.

QCOVID13B Over the past 30 days, on average, how much have you been concerned with the following? That you will get COVID-19 (only includes faculty/staff who selected Unsure or No to having had COVID-19)

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not concerned at all | 114 | 17 | 146 | 11 | 3 | 9 | 269 | 13.0 |
| 2 Slightly concerned | 238 | 36 | 431 | 32 | 9 | 28 | 695 | 33.5 |
| 3 Moderately concerned | 186 | 28 | 398 | 30 | 7 | 22 | 603 | 29.1 |
| 4 Very concerned | 79 | 12 | 203 | 15 | 6 | 19 | 296 | 14.3 |
| 5 Extremely concerned | 45 | 7 | 151 | 11 | 7 | 22 | 210 | 10.1 |
| Valid responses = | 662 | 32 | 1329 | 64 | 32 | 2 | 2,073 | 87.9 |

Invalid responses include no response.

QCOVID13C Over the past 30 days, on average, how much have you been concerned with the following? That you will get COVID-19 again (only includes faculty/staff who selected Yes to having had COVID-19)

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Not concerned at all | 17 | 26 | 49 | 24 | 0 | 0 | 67 | 24.0 |
| 2 Slightly concerned | 23 | 35 | 57 | 28 | 1 | 50 | 82 | 29.4 |
| 3 Moderately concerned | 13 | 20 | 55 | 27 | 0 | 0 | 69 | 24.7 |
| 4 Very concerned | 8 | 12 | 30 | 15 | 1 | 50 | 40 | 14.3 |
| 5 Extremely concerned | 5 | 8 | 15 | 7 | 0 | 0 | 21 | 7.5 |
| Valid responses = | 66 | 24 | 206 | 74 | 2 | 1 | 279 | 11.8 |

Invalid responses include no response.



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Number of Surveys (n) = 2359 Web Surveys

QCOVID13D Over the past 30 days, on average, how much have you been concerned with the following? That someone you care about will get COVID-19

| | Male | | Female | | Unknown | | Total | | Pct. |
|------------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Not concerned at all | 54 | 7 | 81 | 5 | 1 | 3 | 140 | 5.9 | |
| 2 Slightly concerned | 148 | 20 | 258 | 17 | 4 | 12 | 414 | 17.6 | |
| 3 Moderately concerned | 210 | 29 | 430 | 28 | 6 | 18 | 661 | 28.1 | |
| 4 Very concerned | 200 | 27 | 393 | 26 | 11 | 32 | 622 | 26.4 | |
| 5 Extremely concerned | 119 | 16 | 371 | 24 | 12 | 35 | 516 | 21.9 | |
| Valid responses = | 731 | 31 | 1533 | 65 | 34 | 1 | 2,353 | 99.7 | |

Invalid responses include no response.

QCOVID13E Over the past 30 days, on average, how much have you been concerned with the following? That someone you care about will die from COVID-19

| | Male | | Female | | Unknown | | Total | | Pct. |
|------------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Not concerned at all | 115 | 16 | 182 | 12 | 2 | 6 | 303 | 12.9 | |
| 2 Slightly concerned | 222 | 31 | 407 | 27 | 11 | 32 | 654 | 27.8 | |
| 3 Moderately concerned | 157 | 22 | 333 | 22 | 2 | 6 | 503 | 21.4 | |
| 4 Very concerned | 126 | 17 | 283 | 18 | 8 | 24 | 431 | 18.3 | |
| 5 Extremely concerned | 109 | 15 | 331 | 22 | 11 | 32 | 463 | 19.7 | |
| Valid responses = | 729 | 31 | 1536 | 65 | 34 | 1 | 2,354 | 99.8 | |

Invalid responses include no response.

QCOVID13F Over the past 30 days, on average, how much have you been concerned with the following? Not being able to spend time with people you care about

| | Male | | Female | | Unknown | | Total | | Pct. |
|------------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Not concerned at all | 123 | 17 | 206 | 13 | 4 | 12 | 340 | 14.4 | |
| 2 Slightly concerned | 132 | 18 | 301 | 20 | 1 | 3 | 445 | 18.9 | |
| 3 Moderately concerned | 201 | 28 | 369 | 24 | 8 | 24 | 585 | 24.9 | |
| 4 Very concerned | 158 | 22 | 342 | 22 | 10 | 29 | 523 | 22.2 | |
| 5 Extremely concerned | 115 | 16 | 317 | 21 | 11 | 32 | 460 | 19.5 | |
| Valid responses = | 729 | 31 | 1535 | 65 | 34 | 1 | 2,353 | 99.7 | |

Invalid responses include no response.

QCOVID13G Over the past 30 days, on average, how much have you been concerned with the following? Uncertainty of the future

| | Male | | Female | | Unknown | | Total | | Pct. |
|------------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Not concerned at all | 99 | 14 | 151 | 10 | 4 | 12 | 261 | 11.1 | |
| 2 Slightly concerned | 152 | 21 | 311 | 20 | 3 | 9 | 472 | 20.1 | |
| 3 Moderately concerned | 176 | 24 | 357 | 23 | 4 | 12 | 541 | 23.0 | |
| 4 Very concerned | 168 | 23 | 378 | 25 | 12 | 36 | 572 | 24.3 | |
| 5 Extremely concerned | 134 | 18 | 339 | 22 | 10 | 30 | 507 | 21.5 | |
| Valid responses = | 729 | 31 | 1536 | 65 | 33 | 1 | 2,353 | 99.7 | |

Invalid responses include no response.

QCOVID15 As a result of the COVID-19 pandemic, have you experienced any discriminatory or hostile behavior due to your race/ethnicity (or what someone thought was your race/ethnicity)?

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Yes | 26 | 4 | 55 | 4 | 3 | 9 | 88 | 3.7 | |
| 2 No | 704 | 96 | 1482 | 96 | 32 | 91 | 2,269 | 96.3 | |
| Valid responses = | 730 | 31 | 1537 | 65 | 35 | 1 | 2,357 | 99.9 | |

Invalid responses include no response.

QCOVID16 As a result of the COVID-19 pandemic, have you witnessed (online exchanges or in-person) any discriminatory or hostile behavior or exchanges towards others due to their race/ethnicity (or what someone thought was their race/ethnicity)?

| | Male | | Female | | Unknown | | Total | | Pct. |
|-------------------|-------|------|--------|------|---------|------|-------|------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | |
| 1 Yes | 160 | 22 | 423 | 28 | 12 | 34 | 624 | 26.5 | |
| 2 No | 569 | 78 | 1112 | 72 | 23 | 66 | 1,729 | 73.5 | |
| Valid responses = | 729 | 31 | 1535 | 65 | 35 | 1 | 2,353 | 99.7 | |

Invalid responses include no response.



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March 14, 2022
FREQUENCY REPORT
Number of Surveys (n) =

2359 Web Surveys

QCOVID17A How has your current financial situation been affected by the COVID-19 pandemic?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|---------------------------|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 A lot more stressful | 59 | 8 | 145 | 9 | 7 | 20 | 219 | 9.3 |
| 2 Somewhat more stressful | 212 | 29 | 391 | 26 | 11 | 31 | 630 | 26.7 |
| 3 No significant change | 394 | 54 | 902 | 59 | 17 | 49 | 1,339 | 56.8 |
| 4 Somewhat less stressful | 50 | 7 | 77 | 5 | 0 | 0 | 131 | 5.6 |
| 5 A lot less stressful | 15 | 2 | 21 | 1 | 0 | 0 | 37 | 1.6 |
| Valid responses = | 730 | 31 | 1536 | 65 | 35 | 1 | 2,356 | 99.9 |

Invalid responses include no response.

QCOVID18A How has your current overall level of stress been impacted by the COVID-19 pandemic?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|--|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Significantly increased my level of stress | 171 | 23 | 535 | 35 | 17 | 49 | 752 | 31.9 |
| 2 Somewhat increased my level of stress | 421 | 58 | 807 | 53 | 17 | 49 | 1,265 | 53.7 |
| 3 No change in my level of stress | 125 | 17 | 168 | 11 | 1 | 3 | 298 | 12.6 |
| 4 Somewhat decreased my level of stress | 8 | 1 | 22 | 1 | 0 | 0 | 30 | 1.3 |
| 5 Significantly decreased my level of stress | 5 | 1 | 4 | 0 | 0 | 0 | 11 | 0.5 |
| Valid responses = | 730 | 31 | 1536 | 65 | 35 | 1 | 2,356 | 99.9 |

Invalid responses include no response.

QCOVID19B How would you describe your COVID-19 vaccination status?

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|---|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Received all the injections required to be fully vaccinated | 693 | 95 | 1425 | 94 | 33 | 97 | 2,202 | 94.1 |
| 2 Started the vaccination process, but need another shot | 8 | 1 | 11 | 1 | 0 | 0 | 19 | 0.8 |
| 3 Plan to get vaccinated | 1 | 0 | 8 | 1 | 1 | 3 | 10 | 0.4 |
| 4 Will only get vaccinated if required | 7 | 1 | 23 | 2 | 0 | 0 | 30 | 1.3 |
| 5 Will not get vaccinated | 19 | 3 | 56 | 4 | 0 | 0 | 79 | 3.4 |
| Valid responses = | 728 | 31 | 1523 | 65 | 34 | 1 | 2,340 | 99.2 |

Invalid responses include no response.

QCOVID23 I am currently working or teaching classes:

| | Male | | Female | | Unknown | | Total Freq. | Pct. |
|---|-------|------|--------|------|---------|------|----------------|------|
| | Freq. | Pct. | Freq. | Pct. | Freq. | Pct. | | |
| 1 Entirely in-person | 424 | 61 | 755 | 52 | 13 | 45 | 1,216 | 54.7 |
| 2 Entirely online/telecommuting | 69 | 10 | 169 | 12 | 2 | 7 | 251 | 11.3 |
| 3 A mix of in-person and online/telecommuting | 206 | 30 | 518 | 36 | 14 | 48 | 756 | 34.0 |
| Valid responses = | 699 | 31 | 1442 | 65 | 29 | 1 | 2,223 | 94.2 |

Invalid responses include no response.