

# Reference Group

# Data Report Fall 2021

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#### **Demographics of Participating Institutions**

Three postsecondary institutions self-selected to participate in the Fall 2021 ACHA National Faculty & Staff Health Assessment and 2,359 surveys were completed by faculty and staff on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all faculty and staff or used a random sampling technique are included in the analysis, yielding a final data set consisting of 2,359 faculty and staff at 4 schools. Demographic characteristics of the 4 campuses follow. The mean response proportion was 24.1%, and the median response proportion was 23.9%.

Demographical Characteristics of the 4 US Postsecondary Institutions Included in the Fall 2021 ACHA-NFSHA Reference Group						
Campus Characteristic	n					
Type of Institution						
Public	4					
Private	0					
2-year	0					
4-year or above	4					
Location of Campus						
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	0					
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	1					
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC,						
TN, TX, VA, WV)	3					
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	0					
Campus Size						
< 2,500 students	1					
2,500 – 4,999 students	0					
5,000 – 9,999 students	0					
10,000 – 19,999 students	1					
20,000 students or more	2					
Campus Setting						
Very large city (population over 500,000)	1					
Large city (population 250,000-499,999)	0					
Small city (population 50,000-249,999)	1					
Large town (population 10,000 – 49,999)	2					
Small town (population 2,500-9,999)	0					
Rural community (population under 2,500)	0					
Carnegie Classification						
Associates Colleges	0					
Baccalaureate Colleges	0					
Baccalaureate/Associates Colleges	0					
Masters Colleges and Universities	0					
Doctoral Universities	3					
Special Focus Institutions	1					
Miscellaneous/Not Classified	0					

Demographical Characteristics of the 4 US Postsecondary Institutions In the Fall 2021 ACHA-NFSHA Reference Group						
Campus Characteristic	n					
ACHA Membership Status						
Institutional Member	4					
Nonmember	0					
Religious Affiliation						
No	4					
Yes	0					
<u>If yes:</u>						
Catholic	0					
Protestant or Other Christian	0					
Postsecondary Minority Institution (US Department of Education)						
No	4					
Yes	0					
*If yes:						
Postsecondary Minority Institution	0					
Historically Black College or University (HBCU)	0					
High Hispanic Enrollment	0					
Hispanic-serving Institution (HSI)	0					
Tribal College or University	0					
Predominately Black Institution	0					
Asian American and Native American Pacific Islander-serving	0					
Alaska Native-serving or Native Hawaiian-serving Institution	0					
Native American-serving Nontribal Institution	0					
*institutions may hold more than one type of minority status						



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March 14, 2022 FREQUENCY REPORT Number of Surveys (n) =

2359 Web

Surveys

#### A note about the use of sex and gender in this report:

Survey responses are reported by sex based on the responses to questions 46, 47, and 48. For the purpose of the ACHA-NFSHA report documents, respondents are reported as male or female only when their responses to these three questions are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either male or female. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as male or female. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming. A respondent that skips any of the three questions is designated as unknown. Totals displayed in this report include transgender/gender non-conforming and unknown responses. Only 3 of the 4 categories are displayed in this report. Respondents categorized as transgender/gender non-conforming are included in the Total column, but are not presented in a separate column. When the Total of any given row is higher than the sum of the male, female, and unknown respondents, the difference can be attributed to

1. How would you describe	your general overall health?
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	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	83	11	141	9	4	12	231	9.8
2 Very good	269	37	577	38	8	24	865	36.7
3 Good	257	35	585	38	16	47	878	37.3
4 Fair	105	14	202	13	4	12	327	13.9
5 Poor	14	2	33	2	2	6	54	2.3
6 Don't know	2	0	0	0	0	0	2	0.1
Valid responses =	730	31	1538	65	34	100	2357	99.9

Invalid responses include no response.

#### 2. My college/university cares about my health and well-being.

	iviale		remaie		Unknown		iotai		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly agree	104	14	179	12	4	11	292	12.4	
2 Agree	310	43	717	47	8	23	1051	44.6	
3 Neutral	189	26	424	28	10	29	636	27.0	
4 Disagree	91	13	166	11	7	20	278	11.8	
5 Strongly disagree	35	5	49	3	6	17	97	4.1 🗖	
Valid responses =	729	31	1535	65	35	1	2354	99.8	

Invalid responses include no response.

Invalid responses include no response.

#### 3. Do you believe the health and well-being of university staff and faculty impact student success and learning?

	iviale		remale Unknow		Ulikilow	n iolai		.I	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	20	3	20	1	0	0	42	1.8	
2 Yes	684	94	1471	96	32	91	2237	94.9	
3 Don't know	26	4	46	3	3	9	78	3.3	
Valid responses =	730	31	1537	65	35	100	2357	99.9	

4. How important do you feel it is to model positive health and wellness behavior to students?

	Male Female		Unknown Tota		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	18	3	35	2	1	3	57	2.4
2 Extremely important	237	33	679	44	1	3	950	40.3
3 Very important	302	41	566	37	1	3	898	38.1
4 Moderately important	125	17	213	14	1	3	350	14.9
5 Slightly important	34	5	29	2	1	3	73	3.1 🗖
6 Not at all important	14	2	14	1	1	3	28	1.2 0
Valid responses =	730	31	1536	65	1	3	2356	99.9

5. Within the last 12 months have you received a flu vaccination (shot or mist)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	239	33	492	32	11	31	762	32.4
2 Yes	480	66	1030	67	24	69	1569	66.8
3 Don't Know	8	1	10	1	0	0	18	0.8
Valid responses =	727	31	1532	65	35	100	2349	99.6

Invalid responses include no response.



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Surveys

6A. Within the last 12 months, how often did you experience pain, discomfort, or numbness in your hands, wrists, arms, or shoulders when using a computer or working at a desk?

	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	20	3	18	1	2.9	3	40	1.7 🖪	
2 Never	247	34	333	22	22.9	23	600	25.5	
3 Rarely	201	28	326	21	17.1	17	547	23.2	
4 Sometimes	219	30	622	41	40	40	869	36.9	
5 Most of the Time	38	5	197	13	14.3	14	251	10.7	
6 Always	5	1	38	3	2.9	3	47	2.0	
Valid responses =	730	31	1534	65	100	100	2354	99.8	

Invalid responses include no response.

6B. Within the last 12 months, how often did you experience pain, discomfort, or numbness in your hands, wrists, arms, or shoulders when performing work tasks NOT at a desk or a computer?

	Male		Female	)	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	14	2	26	2	2	6	44	1.9	
2 Never	261	36	505	33	7	20	794	33.9	
3 Rarely	226	31	465	31	9	26	712	30.4	
4 Sometimes	192	26	439	29	11	31	654	27.9	
5 Most of the Time	29	4	72	5	5	14	112	4.8	
6 Always	4	1	20	1	1	3	27	1.2 0	
Valid responses =	726	31	1527	65	35	100	2.343	99.3	

Invalid responses include no response.

6C. Within the last 12 months, experience pain, discomfort, or numbness in your neck or low back when using a computer or working at a desk?

	Male		Female	)	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	16	2	12	1	1	3	30	1.3	0
2 Never	178	25	208	14	5	14	399	17.0	
3 Rarely	181	25	254	17	4	11	447	19.0	
4 Sometimes	260	36	689	45	12	34	980	41.7	
5 Most of the Time	81	11	296	19	9	26	399	17.0	
6 Always	10	1	73	5	4	11	93	4.0	
Valid responses =	726	31	1532	65	35	100	2,348	99.5	

Invalid responses include no response.

6D. Within the las 12 months, experience pain, discomfort, or numbness in your neck or low back when performing work tasks NOT at a desk or on a computer?

	Male Female		Unknown		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	16	2	18	1	2	6	38	1.6 🔳
2 Never	187	26	306	20	4	12	508	21.7
3 Rarely	238	33	434	28	9	27	690	29.4
4 Sometimes	242	33	611	40	9	27	886	37.8
5 Most of the Time	37	5	133	9	7	21	181	7.7
6 Always	7	1	28	2	3	9	43	1.8
Valid responses =	727	31	1530	65	34	100	2,346	99.4

Invalid responses include no response.

7A. How long has it been since you had the follow	ing checked? Blood p	ressure						
	Male	Male		•	Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 12 months ago	598	82	1337	87	32	91	2011	85
2 1 year ago less than 2 years ago	57	8	117	8	2	6	181	8 🗖
3 2 years ago less than 3 years ago	31	4	40	3	0	0	73	3 🖪
4 3 years ago less than 5 years ago	25	3	16	1	0	0	42	2 0
5 5 or more years ago	10	1	11	1	1	3	22	1 [
6 Never	2	0	3	0	0	0	5	0 1
7 Don't know	8	1	12	1	0	0	23	1
Valid responses =	721	31	1536	65	35	100	2257	00.0

Invalid responses include no response.

7B. How long has it been since you had the following checked? Blood sugar

,	Male	•	Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 12 months ago	466	64	1030	67	24	68.6	1553	66.1
2 1 year ago less than 2 years ago	86	12	184	12	3	8.6	278	11.8
3 2 years ago less than 3 years ago	55	8	74	5	0	0	134	5.7 🗖
4 3 years ago less than 5 years ago	32	4	41	3	0	0	75	3.2
5 5 or more years ago	24	3	45	3	3	8.6	74	3.1
6 Never	28	4	55	4	2	5.7	86	3.7
7 Don't know	40	6	100	7	3	8.6	150	6.4
Valid responses =	731	31	1529	65	35	100	2350	99.6



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Invalid responses include no response.

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2359 Web Surveys

Maile   Freq.   Pot.   Freq.   Pot.   Freq.   Pot.   Pot	7C. How long has it been since you had the following	checked? Cholest	erol						
Less than 2 more this ago		Male		Female		Unknow		Total	
21 years ago less than 2 years ago 22 years ago less than 3 years ago 23 years ago less than 3 years ago 25 years ago less than 5 years ago 27 years ago less than 5 years ago 27 years ago less than 5 years ago 28 years ago less than 5 years ago 29 years ago less than 5 years ago 20 years ago less than 5 years ago 21 years ago less than 5 years ago 21 years ago less than 5 years ago 22 years ago less than 5 years ago 23 years ago less than 5 years ago 24 years ago less than 5 years ago 25 years ago less than 5 years ago 26 years ago less than 5 years ago 27 years ago less than 5 years ago 27 years ago less than 5 years ago 28 years ago less than 5 years ago 29 years ago less than 5 years ago 20 years ago less than 5 years ago 20 years ago less than 5 years ago 20 years ago less than 5 years ago 21 years ago les									
3 / years ago less thm 5 / years ago   59   8   75   5   0   0   12   75   5   0   0   52   75   5   0   0   52   75   5   0   0   52   75   5   0   0   52   75   5   0   0   52   75   75   0   0   52   75   75   0   0   55   0   75   75									
4 3 years agol less than 5 years ago 1 3 years agol less than 5 years ago 1 8 years agol less than 5 years ago 1 8 years agol less than 5 years ago 1 8 years agol less than 5 years ago 1 8 years agol less than 5 years ago 2 9 3 43 3 3 8 8 70 0 8 82 3 8 8 9 8 9 8 9 8 9 8 9 8 9 8 9 8 9 8 9									
20   3   43   3   3   8.8   70   3   4   7   1   7   1   1   2   1   1   1   1   1   1   1	, ,								
Second   S									
Tonk know   39   5   100   7   1   2.9   149   6.4									=
\( \text{valid tresponses include no response.} \)    To Now long has it been since you had the following checked? Detail a kante   Freq.   Pct.   Freq.   P									<del>-</del>
The Moving has it been since you had the following checked? Dental exams    Less than 12 months ago									
	·	725	31	1530	65	34	100	2344	99.4
Male   Fernale   Pett   Freque   Pett   P	invalid responses include no response.								
Male   Fernale   Pett   Freque   Pett   P	7D. How long has it been since you had the following	checked? Dental e	xam						
Less than 12 months ago		Male							
21 year ago less than 2 years ago 43 years ago less than 3 years ago 43 years ago less than 3 years ago 43 years ago less than 5 years ago 43 years ago less than 5 years ago 59 8 80 5 2 5.7 95 4 0 40 years ago less than 5 years ago 59 76 7 44 3 1 2.9 7 95 103 44 50 Never 78 1 1 5 0 0 0 0 14 0 0 14 50 I Valor		•				•		•	
22 years ago less than 3 years ago   39   8   80   5   2   5.7   146   0.2     3 years ago less than 5 years ago   36   5   4   2   5.7   56   4     5   5 or more years ago   54   7   44   3   3   1   2.9   103   44     5   10   10   10   10   10   10     6   7   10   16   1   10   0   2.4     7   1   16   1   0   0   2.4     8   1   5   0   0   0   0   2.4     8   1   5   0   0   0   0   2.4     9   10   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   2.4     1   10   10   0   0   2.4     1   10   10   0   0   2.4     1   10   10   0   0   0     1   10   10									_
3 years ago less than 5 years ago   36   5   54   4   2   5.7   95   103   44   1   1   1   1   1   1   1   1									10.0
5.6 or more years ago									6.2
Sever   8   1   5   0   0   0   14   0.6									
Valid responses   726   31   1532   65   35   100   2348   99.5									
The How long has it been since you had the following checked? Eye examulate the hollowing checked? Eye examulate the hollowing checked? Freq.   Pct.   Freq.									
	•	726	31	1532	65	35	100	2348	99.5
Male	Invalid responses include no response.								
Male	7E. How long has it been since you had the following	checked? Eve exa	m						
Less than 12 months ago	,	•		Female		Unknowi	n	Total	
21 year ago less than 2 years ago 22 years ago less than 2 years ago 32 years ago less than 3 years ago 32 years ago less than 3 years ago 33 years ago less than 3 years ago 37 years ago less than 3 years ago 37 years ago less than 5 years ago 38 Never 11		Freq.	Pct.	Freq.		Freq.	Pct.	Freq.	Pct.
2 years ago less than 3 years ago   72   10   157   10   4   11.4   240   10.2   10.5   10.	1 Less than 12 months ago	378	52	898	59	23	65.7	1330	56.6
3 years ago less than 5 years ago   51   7   73   5   2   5.7   127   5.4	2 1 year ago less than 2 years ago	133	18	291	19	4	11.4	439	18.7
5 for more years ago	3 2 years ago less than 3 years ago	72	10	157	10	4	11.4	240	10.2
5 for more years ago Newer 11 2 17 1 0 0 0 29 12   Valid responses = 728 31 1531 65 35 100 2349 99.6   Valid responses include no response.  Well response include n	4 3 years ago less than 5 years ago	51	7	73	5	2	5.7	127	5.4
Never	5 5 or more years ago	73	10	82	5	2	5.7	161	
Valid responses   10   1   13   1   0   0   23   1		11	2	17	1	0	0	29	
Valid responses include no response.  728 31 1531 65 35 100 2349 99.6 Invalid responses include no response.  75. How long has it been since you had the following checked? Hearing exam Male Freq. Pct. Freq. Pc	7 Don't know	10	1	13	1	0	0	23	4 *
Text    Text	Valid responses =	728	31	1531	65	35	100	2349	
Male   Female   Unknown   Total	Invalid responses include no response.								
Male   Female   Unknown   Total	7E. How long has it hoon since you had the following	chockod? Hoaring	ovam						
1 Less than 12 months ago 2 1 year ago less than 2 years ago 7 1 10 140 9 2 5.7 356 15.3 2 2 years ago less than 3 years ago 7 1 10 140 9 2 5.7 217 9.3 3 2 years ago less than 5 years ago 8 7 12 91 6 3 8.6 184 7.9 4 3 years ago less than 5 years ago 8 7 12 91 6 3 8.6 184 7.9 5 5 or more years ago 8 8 12 230 15 5 14.3 330 14.1 7 Don't know 7 0 10 294 19 4 11.4 382 16.4  Valid responses include no response.  7 Don't know 8 Don't kno	71 . How long has it been since you had the following		CAGIII	Female		Unknowi	n	Total	
1 Less than 12 months ago 2 1 year ago less than 2 years ago 7 1 10 140 9 2 5.7 356 15.3 2 2 years ago less than 3 years ago 7 1 10 140 9 2 5.7 217 9.3 3 2 years ago less than 5 years ago 8 7 12 91 6 3 8.6 184 7.9 4 3 years ago less than 5 years ago 8 7 12 91 6 3 8.6 184 7.9 5 5 or more years ago 8 8 12 230 15 5 14.3 330 14.1 7 Don't know 7 0 10 294 19 4 11.4 382 16.4  Valid responses include no response.  7 Don't know 8 Don't kno			Pct.	Freq.	Pct.	Freq.	Pct.		Pct.
3 2 years ago less than 3 years ago	1 Less than 12 months ago		16				25.7		15.3
3 2 years ago less than 3 years ago 87 11 134 9 4 11.4 218 9.3	2 1 year ago less than 2 years ago	71	10	140	9	2	5.7	217	9.3
4 3 years ago less than 5 years ago 218 30 409 27 8 22.9 646 27.7  5 5 or more years ago 218 30 409 27 8 22.9 646 27.7  6 Never 86 12 230 15 5 14.3 330 14.1  7 Don't know 70 10 294 19 4 11.4 382 16.4  Valid responses include no response.  76. How long has it been since you had the following checked? Physical exam Male Freq. Pct. Freq. Pct. Freq. Pct. Freq. Pct. Freq. Pct. Preq. Pct. Pct. Pct. Pct. Pct. Pct. Pct. Pct		77	11	134	9	4	11.4	218	9.3
\$ for more years ago									
86 Never									
77. Don't know 70 10 294 19 4 11.4 382 16.4 725 31 1519 65 35 100 2333 98.9 Invalid responses = Invalid responses include no response.  76. How long has it been since you had the following checked? Physical exam Male Freq. Pct. Fre									
Valid responses = 725 31 1519 65 35 100 2333 98.9    Invalid responses include no response.   725 31 1519 65 35 100 2333 98.9    Invalid responses include no response.   725 31 1519 65 35 100 2333 98.9    Invalid responses include no response.   725 31 1519 65 35 100 2333 98.9    Invalid responses include no response.   725 31 1519 65 35 100 2333 98.9    Invalid responses include no response   725 31 1519 65 35 100 2333 98.9    Invalid responses include no response   725 31 1519 65 35 100 2333 98.9    Invalid responses include no response   725 31 1519 65 35 100 2352 99.7    Invalid responses include no response   729 31 1533 65 35 100 2352 99.7    Invalid responses include no response   729 31 1533 65 35 100 2352 99.7    Invalid responses include no response   729 31 1533 65 35 100 2352 99.7    Invalid responses include no response   729 31 1533 65 35 100 2352 99.7    Invalid responses include no response   729 31 1533 65 35 100 2352 99.7    Invalid responses include no response   729 31 1533 65 35 100 2352 99.7    Invalid response include no response   729 31 1533 65 35 100 2352 99.7    Invalid response include no response   729 729 729 729 729 729 729 729 729 729									
Invalid responses include no response.									
Male   Female   Unknown   Total   Freq.   Process   Proc									
Male   Female   Unknown   Total   Freq.   Process   Process   Process   Process   Process   Process   Process   Proces									
Test   Pet   Pet   Freq   Pet   Pe	ν Θ. πονν long has it been since you had the following	•	ı exam	Female		Unknowi	n	Total	
1 Less than 12 months ago 2 1 year ago less than 2 years ago 3 1 year ago less than 2 years ago 425 58 1038 68 26 74.3 1523 64.8 2 1 year ago less than 2 years ago 4 3 years ago less than 3 years ago 4 3 years ago less than 5 years ago 4 3 years ago less than 5 years ago 4 3 years ago less than 5 years ago 6 9 10 59 4 2 5.7 133 5.7 6 6 Never 10 1 14 1 0 0 0 25 1.1 7 7 Don't know 7 Don't know 7 21 3 47 3 1 2.9 71 3 3 7 7 Walid responses include no response.  7 Preq. Pot. Freq. Fot. Freq. Pot. Freq. Fot. Freq. Fot		_	Pct.	_	Pct.	_		_	Pct.
2 1 year ago less than 2 years ago 97 13 236 15 5 14.3 342 14.5 3 2 years ago less than 3 years ago 64 9 92 6 0 0 0 164 7 3 1 2.9 94 4 5 5 5 14.3 5 5 5 5 5 7 1 5 5 14.3 5 7 1 5 5 14.3 5 7 1 5 5 14.3 5 7 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1 Less than 12 months ago								
3 2 years ago less than 3 years ago 4 3 years ago less than 5 years ago 4 3 years ago less than 5 years ago 6 4 4 9 9 92 6 0 0 0 164 7 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	· ·								
4 3 years ago less than 5 years ago  4 3 years ago less than 5 years ago  6 9 10 59 4 2 5.7 133 5.7 6 6 6 6 6 7 10 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1									
69 10 59 4 2 5.7 133 5.7 6 8 Never 10 1 14 1 0 0 0 25 1.1 1 7 Toolk fow was ago 8 Never 10 1 14 1 1 0 0 0 25 1.1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1									
10									_
7 Don't know 21 3 47 3 1 2.9 71 3	, 0								
Valid responses = 729 31 1533 65 35 100 2352 99.7 Invalid responses include no response.  7H. How long has it been since you had the following checked? Triglycerides (blood fat)    Male   Female   Unknown   Total									
Invalid responses include no response.									99.7
Male         Female         Unknown         Total           Freq.         Pct.	•	3							•
Male         Female         Unknown         Total           Freq.         Pct.									
Male         Female         Unknown         Total           Freq.         Pct.	7H. How long has it been since you had the following	checked? Triglyce	rides (bloc	od fat)					
1 Less than 12 months ago 418 57 914 60 21 60 1380 58.8 2 1 year ago less than 2 years ago 81 11 168 11 3 8.6 257 11 3 2 years ago less than 3 years ago 55 8 74 5 0 0 131 5.6 4 3 years ago less than 5 years ago 26 4 41 3 0 0 7 7 3 5 5 or more years ago 27 4 53 4 2 5.7 85 3.6 6 6 Never 49 7 87 6 3 8.6 141 6 6	<u> </u>		- (			Unknow	n	Total	
2 1 year ago less than 2 years ago 81 11 168 11 3 8.6 257 11 3 2 years ago 55 8 74 5 0 0 131 5.6 4 3 years ago 26 4 41 3 0 0 70 3 5 5 5 7 10 5 5 7 10 5 7 10 10 10 10 10 10 10 10 10 10 10 10 10			Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
3 2 years ago less than 3 years ago 55 8 74 5 0 0 131 5.6 <b>1</b> 4 3 years ago less than 5 years ago 26 4 41 3 0 0 70 3 <b>1</b> 5 5 or more years ago 27 4 53 4 2 5.7 85 3.6 <b>1</b> 6 Never 49 7 87 6 3 8.6 141 6 <b>1</b>	1 Less than 12 months ago	418	57	914	60	21	60	1380	58.8
4 3 years ago less than 5 years ago 26 4 41 3 0 0 70 3 <b>1</b> 5 5 or more years ago 27 4 53 4 2 5.7 85 3.6 <b>1</b> 6 Never 49 7 87 6 3 8.6 141 6 <b>1</b>		81	11	168	11	3	8.6	257	11 📥
4 3 years ago less than 5 years ago 26 4 41 3 0 0 70 3 <b></b> 5 5 or more years ago 27 4 53 4 2 5.7 85 3.6 <b></b> 6 Never 49 7 87 6 3 8.6 141 6 <b></b>									
5.5 or more years ago 27 4 53 4 2 5.7 85 3.6 <b>a</b> 8 Never 49 7 87 6 3 8.6 141 6 <b>a</b>									
6 Never 49 7 87 6 3 8.6 141 6 🗖									
7 Don't know 73 10 192 13 6 17.1 283 12.1 📩	6 Never	49	,	01	U				
Valid responses = 729 31 1529 65 35 100 2347 99.5	6 Never 7 Don't know	49 73	10	192	13	6			<del>-</del>



American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

March 14, 2022 FREQUENCY REPORT Number of Surveys (n) =

2359 Web

Surveys

### 8A. Has a doctor or other healthcare provider told you that you currently have any of the following conditions? Anxiety

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	566	79	933	61	26	74.3	1552	66.6
2 Yes, Dx/No Treatment	45	6	135	9	3	8.6	189	8.1 📥
3 Yes, Dx/Received Treatment	108	15	453	30	6	17.1	588	25.2
Valid responses =	719	31	1521	65	35	100	2329	98.7
Invalid responses include no response.								

#### 8B. Has a doctor or other healthcare provider told you that you currently have any of the following conditions? Depression

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	600	84	1070	70	28	80	1726	74.1
2 Yes, Dx/No Treatment	23	3	76	5	2	5.7	108	4.6
3 Yes, Dx/Received Treatment	94	13	376	25	5	14.3	494	21.2
Valid responses =	717	31	1522	65	35	100	2328	98.7
Invalid responses include no response.								

### 8C. Has a doctor or other healthcare provider told you that you currently have any of the following conditions? Elevated blood sugar or diabetes

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	613	85	1363	90	32	94.1	2054	88.3
2 Yes, Dx/No Treatment	34	5	57	4	0	0	94	4 🖪
3 Yes, Dx/Received Treatment	71	10	99	7	2	5.9	177	7.6 🗖
Valid responses =	718	31	1519	65	34	100	2325	98.6
Invalid responses include no response.								

### 8D. Has a doctor or other healthcare provider told you that you currently have any of the following conditions? Elevated cholesterol level

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	485	67	1171	77	26	74.3	1722	73.8
2 Yes, Dx/No Treatment	98	14	203	13	2	5.7	311	13.3
3 Yes, Dx/Received Treatment	141	20	147	10	7	20	301	12.9
Valid responses =	724	31	1521	65	35	100	2334	98.9
Invalid responses include no response.								

### 8E. Has a doctor or other healthcare provider told you that you currently have any of the following conditions? High blood pressure/hypertension

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	498	68	1239	82	26	76.5	1806	77.2	
2 Yes, Dx/No Treatment	49	7	59	4	2	5.9	118	5 🗖	
3 Yes, Dx/Received Treatment	181	25	223	15	6	17.6	414	17.7	
Valid responses =	728	31	1521	65	34	100	2338	99.1	
Invalid responses include no response.									

# 8F. Has a doctor or other healthcare provider told you that you currently have any of the following conditions? Low back injury or spine problems

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	585	81	1181	78	24	68.6	1830	78.7
2 Yes, Dx/No Treatment	55	8	118	8	3	8.6	179	7.7 🗖
3 Yes, Dx/Received Treatment	81	11	217	14	8	22.9	317	13.6
Valid responses =	721	31	1516	65	35	100	2326	98.6
Invalid responses include no response.								

9. On how many of the past 7 days did you get enough sleep so that you felt rested when you woke up?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	80	11	192	13	4	11.4	287	12.2
2 1 day	50	7	155	10	3	8.6	216	9.2
3 2 days	87	12	197	13	4	11.4	294	12.5
4 3 days	99	14	221	14	5	14.3	330	14
5 4 days	95	13	226	15	2	5.7	329	14
6 5 days	144	20	276	18	6	17.1	431	18.3
7 6 days	86	12	143	9	3	8.6	236	10
8 7 days	90	12	125	8	8	22.9	233	9.9
Valid responses =	731	31	1535	65	35	100	2356	99 9



American College Health Association-Nati Reference Group Data Report - Fall 2021 American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

Invalid responses include no response.

March 14, 2022 FREQUENCY REPORT Number of Surveys (n) =

2359 Web Surveys

1 Less than 4 hours 2 4 hours 3 5.hours 4 6.hours 5 7 hours 6 8 hours 7 9 hours 8 10 or more hours Valid responses = Invalid responses include no response.  11A. How long does it usually take you to fall asleep once you close of the following of the fall distributes 1 Under 5 minutes 2 5-15 minutes 3 16-30 minutes 4 31 minutes - 1 hour 5 Over 1 hour Valid responses = Invalid responses include no response.  11B1. In the last 12 months have you experienced the following? Experienced difficulty staying asleep  Mo Fri 1 No 2 Yes Valid responses = Invalid responses include no response.  11B2. In the last 12 months have you experienced the following? Used an over-the-counter medication to promote sleep  Mo Fri 1 No 2 Yes Valid responses = Invalid responses include no response.  11B3. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep  Mo Fri 1 No 2 Yes Valid responses = Invalid responses include no response.	ale eq. 3 18 97 141 293 142 2729 e you ale eq. 85 284 333 330 ale eq. 820 109 729	Pct. 25 39 19 13 5 31 Pct. 44 56 31	Female Freq. 17 43 176 484 572 212 26 6 1536  Female Freq. 294 557 356 251 77 1535  Female Freq. 513 1022 1535	Pct. 1 3 12 32 37 14 2 0 65	Unknown Freq.  0 12 8 1 0 35  Unknown Freq. 7 7 9 6 6 35  Unknown Freq. 11 23 34	Pct. 0 2.9 11.4 25.7 34.3 22.9 0 100 Pct. 20 20.7 17.1 17.1 100	Total Freq. 20 65 287 747 860 321 46 9 2355  Total Freq. 496 866 5111 360 122 2355  Total Freq. 864 1489 2353	Pct.  0.8
Less than 4 hours   24 hours   35 hours   36 hours   36 hours   36 hours   37 hours   38 hours   39 hours   38 hours	3 18 97 241 293 14 2 229 <b>e you</b> <b>e eq.</b> 135 93 33 33 33 33 6 109 109 109 109	0 3 13 33 36 13 2 0 31  ur eyes?  Pct. 25 39 19 13 5 31	17 43 176 484 572 212 26 6 1536  Female Freq. 294 557 356 251 77 1535  Female Freq. 513 1022 1535	1 3 12 32 37 14 2 0 65 65 Pct. 19 36 23 16 5 65	0 1 4 9 12 8 1 0 35 Unknown Freq. 7 7 9 6 6 35	0 2.9 11.4 25.7 34.3 22.9 2.9 0 100 Pct. 20 25.7 17.1 17.1 100 Pct. 32.4 67.6	20 65 287 747 860 321 46 9 2355 Total Freq. 496 866 511 360 122 2355 Total Freq. 864 1489	0.8 II 2.8 II 12.2 III 31.7 III 36.5 III 36.6 III 99.8 III Pct. 21.1 III 36.8 III 21.7 III 36.8 III 21.7 III 36.8 III 36.8 III 21.7 III 36.8 III 36
4 hours 5. hours 6. hours 6. hours 7 hours 8 hours 9 hours 8 hours 9 hours 7 hour hour 8 hours 10 hour from hours 8 hours 10 hour 11 hour 12 hidid responses = 10 hourid responses include no response.  11 hurs has 12 months have you experienced the following? 11 hurs hour hour hour hour hour hour hour hour	18 97 241 2 2 29 e you ee you ale eeq. 185 230 330 330 330 330 330 330 330 330 330	3 13 33 36 13 2 0 31  ur eyes?  Pct. 25 39 19 13 5 31	43 176 484 572 212 26 6 1536  Female Freq. 294 557 356 251 77 1535  Female Freq. 513 1022 1535	3 12 32 37 14 2 0 65 <b>Pct.</b> 19 36 23 16 5 65	1 4 9 12 8 1 1 0 35 5	2.9 11.4 25.7 34.3 22.9 0 100  Pct. 20 20 25.7 17.1 17.1 100  Pct. 32.4 67.6	65 287 747 860 321 46 9 2355 <b>Total</b> <b>Freq.</b> 496 866 511 360 122 2355 <b>Total</b> <b>Freq.</b> 864 1489	2.8
5.hours 6.hours 6.hours 7 hours 8 hours 9 hours 10 or more hours 2 laid responses =	97 241 269 3 14 2 729 e you 885 884 335 330 ale eq. 800 907 29	13 33 36 13 2 0 31  ur eyes?  Pct. 25 39 19 13 5 31	176 484 572 212 26 6 1536  Female Freq. 294 557 356 251 77 1535  Female Freq. 513 1022 1535	12 32 37 14 2 0 65 Pct. 19 36 23 16 5 65	4 9 12 8 1 0 35 Unknown Freq. 7 7 9 6 6 6 35	11.4 25.7 34.3 22.9 2.9 0 100 Pct. 20 25.7 17.1 17.1 100	287 747 860 321 46 9 2355  Total Freq. 496 866 5111 360 122 2355  Total Freq. 864 1489	Pct. 21.1 36.8 21.7 15.3 5.2 99.8 Pct. 36.7 63.3
6.hours 7 hours 8 hours 9 hours 10 or more hours 11 or more hours 12 idid responses =	241 261 93 14 2 2729 e you ale eq. 85 284 335 93 33 33 33 30	33 36 13 2 0 31 ur eyes? Pct. 25 39 19 13 5 31	484 572 212 26 6 1536 Female Freq. 294 557 356 251 77 1535	32 37 14 2 0 65 Pct. 19 36 23 16 5 65	9 12 8 1 0 35  Unknown Freq. 7 7 9 6 6 35	25.7 34.3 22.9 0 100 Pct. 20 20 25.7 17.1 17.1 100 Pct. 32.4 67.6	747 880 321 46 9 2355 Total Freq. 496 866 511 360 122 2355 Total Freq. 864 1489	99.8  Pct. 21.1 36.8 2.1.7 15.3 5.2 99.8  Pct. 36.7 63.3
7 hours 8 hours 9 hours 10 or more hours alid responses = Invalid responses include no response.  1A. How long does it usually take you to fall asleep once you close March 10 or minutes 5-15 minutes 16-30 minutes 31 minutes - 1 hour Over 1 hour alid responses = Invalid responses include no response.  1B1. In the last 12 months have you experienced the following? Experienced difficulty staying asleep  Month 10 yes alid responses = Invalid responses include no response.  1B2. In the last 12 months have you experienced the following? Used an over-the-counter medication to promote sleep  Month 12 yes alid responses = Invalid responses include no response.  1B3. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep  Month 12 yes alid responses = Invalid responses include no response.  1B4. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	261 93 14 2 2729 e you ale eq. 135 93 33 33 33 30	36 13 2 0 31 ur eyes? Pct. 25 39 19 13 5 31	572 212 26 6 1536 Female Freq. 294 557 356 251 77 1535	37 14 2 0 65 <b>Pct.</b> 19 36 23 16 5 65	12 8 1 0 35 Unknown Freq. 7 7 9 6 6 35	34.3 22.9 2.9 0 100 Pct. 20 25.7 17.1 17.1 100 Pct. 32.4 67.6	860 321 46 9 2355 Total Freq. 496 866 511 360 122 2355 Total Freq. 864 1489	99.8  Pct. 21.1 36.8 21.7 35.3 5.2 99.8  Pct. 36.7 63.3
8 hours 9 hours 10 or more hours alid responses =	93 14 2 729 e you 85 884 135 93 33 730	13 2 0 31 ur eyes? Pct. 25 39 19 13 5 31	212 26 6 1536 Female Freq. 294 557 356 251 77 1535	14 2 0 65 Pct. 19 36 23 16 5 65	8 1 0 35 <b>Unknown</b> <b>Freq.</b> 7 7 9 6 6 35 <b>Unknown</b> <b>Freq.</b> 11 23	22.9 2.9 0 100  Pct. 20 20 25.7 17.1 17.1 100  Pct. 32.4 67.6	321 46 9 2355 Total Freq. 496 866 511 360 122 2355 Total Freq. 864 1489	Pct. 21.1 36.8 21.7 15.3 5.2 99.8 Pct. 36.7 63.3
9 hours 10 or more hours falid responses = Invalid responses include no response.  1A. How long does it usually take you to fall asleep once you clos  M Fr Under 5 minutes 5-15 minutes 16-30 minutes 31 minutes - 1 hour Over 1 hour falid responses = Invalid responses include no response.  1B1. In the last 12 months have you experienced the following? Experienced difficulty staying asleep  M Fr No Yes falid responses = Invalid responses include no response.  1B2. In the last 12 months have you experienced the following? Used an over-the-counter medication to promote sleep  M Fr No Yes falid responses = Invalid responses include no response.  1B3. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep  M Fr No Yes falid responses = Invalid responses include no response.  1B4. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	14 2 2 729 e you ee you ee you ee you ee you ee you ee eeq. 1335 93 33 730 alle eeq. 1320 1009 729	2 0 31 ur eyes? Pct. 25 39 19 13 5 31	26 6 1536 Female Freq. 294 557 356 251 77 1535 Female Freq. 513 1022 1535	2 0 65 Pct. 19 36 23 16 5 65	1 0 35 Unknown Freq. 7 7 9 6 6 6 35 Unknown Freq. 11 23	2.9 0 100 Pct. 20 20 25.7 17.1 17.1 100 Pct. 32.4 67.6	46 9 2355 Total Freq. 496 866 5111 360 122 2355 Total Freq. 864 1489	2
**Alid responses = Invalid responses include no response.  1A. How long does it usually take you to fall asleep once you clos    **M*  **Invalid responses include no response.**  1A. How long does it usually take you to fall asleep once you clos    **M*  **Invalid responses	2 729 e you ale eq. 185 93 33 33 33 30	0 31 ur eyes? Pct. 25 39 19 13 5 31	6 1536 Female Freq. 294 557 356 251 77 1535 Female Freq. 513 1022 1535	0 65  Pct. 19 36 23 16 5 65	0 35 Unknown Freq. 7 7 9 6 6 35 Unknown Freq. 11 23	0 100 Pct. 20 20 25.7 17.1 17.1 100 Pct. 32.4 67.6	9 2355 Total Freq. 496 866 511 360 122 2355 Total Freq. 864 1489	Pct. 21.1 36.8 21.7 15.3 5.2 99.8 Pct. 36.7 63.3
/alid responses =	e you ale eq. 85 84 33 33 33 33 30	31  ur eyes?  Pct. 25 39 19 13 5 31  Pct. 44 56 31	Female Freq. 294 557 356 251 77 1535  Female Freq. 513 1022 1535	Pct. 19 36 23 16 5 65	35  Unknown Freq. 7 7 9 6 6 35  Unknown Freq. 11 23	Pct. 20 20 25.7 17.1 17.1 100 Pct. 32.4 67.6	2355  Total Freq. 496 866 511 360 122 2355  Total Freq. 864 1489	Pct. 21.1 36.8 21.7 15.3 5.2 99.8 Pct. 36.7 63.3
Invalid responses include no response.  1A. How long does it usually take you to fall asleep once you clos   M Fr   Under 5 minutes   16-30 minutes   31 minutes   16-30 minutes   31 minutes   1 minu	e you ale eq. 185 284 35 93 33 33 33 33 30	Pct. 25 39 19 13 5 31 Pct. 44 56 31	Female Freq. 294 557 356 251 77 1535 Female Freq. 513 1022 1535	Pct. 19 36 23 16 5 65	Unknown Freq. 7 7 9 6 6 35  Unknown Freq. 11 23	Pct. 20 20 25.7 17.1 17.1 100 Pct. 32.4 67.6	Total Freq. 496 866 511 360 122 2355  Total Freq. 864 1489	Pct. 21.1 21.7 21.7 21.7 21.7 21.7 21.7 21.
Under 5 minutes 5-15 minutes 16-30 minutes 31 minutes - 1 hour Over 1 hour alid responses = Invalid responses include no response.  181. In the last 12 months have you experienced the following? Experienced difficulty staying asleep  Month of the last 12 months have you experienced the following? Invalid responses = Invalid responses include no response.  182. In the last 12 months have you experienced the following? Used an over-the-counter medication to promote sleep  Month of the last 12 months have you experienced the following? Invalid responses = Invalid responses include no response.  183. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep  Month of the last 12 months have you experienced the following? Invalid responses = Invalid responses include no response.	ale eq. 85 284 35 93 33 33 33 0	Pct. 25 39 19 13 5 31 Pct. 44 56 31	Freq. 294 557 356 251 77 1535  Female Freq. 513 1022 1535	Pct. 19 36 23 16 5 65 Pct. 33 67	Freq. 7 7 9 6 6 35  Unknown Freq. 11 23	Pct. 20 20 25.7 17.1 17.1 100 Pct. 32.4 67.6	Freq. 496 866 511 360 122 2355  Total Freq. 864 1489	21.1 36.8 21.7 15.3 5.2 99.8
Under 5 minutes 5-15 minutes 16-30 minutes 31 minutes - 1 hour Over 1 hour (alid responses =	eq	25 39 19 13 5 31 Pct. 44 56 31	Freq. 294 557 356 251 77 1535  Female Freq. 513 1022 1535	Pct. 19 36 23 16 5 65 Pct. 33 67	Freq. 7 7 9 6 6 35  Unknown Freq. 11 23	Pct. 20 20 25.7 17.1 17.1 100 Pct. 32.4 67.6	Freq. 496 866 511 360 122 2355  Total Freq. 864 1489	21.1 36.8 21.7 15.3 5.2 99.8
Under 5 minutes 5-15 minutes 16-30 minutes 16-30 minutes 31 minutes - 1 hour Over 1 hour (alid responses = Invalid responses include no response.  181. In the last 12 months have you experienced the following? Experienced difficulty staying asleep  M Fr No Yes (alid responses = Invalid responses include no response.  182. In the last 12 months have you experienced the following? Used an over-the-counter medication to promote sleep  M Fr No Yes (alid responses = Invalid responses include no response.  183. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep  M Fr No Yes (alid responses = Invalid responses include no response.  184. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	85 884 35 93 33 730 ale eq. 320 109 729	25 39 19 13 5 31 Pct. 44 56 31	294 557 356 251 77 1535 Female Freq. 513 1022 1535	19 36 23 16 5 65	7 7 9 6 6 35 <b>Unknown</b> <b>Freq.</b> 11 23	20 20 25.7 17.1 17.1 100 Pct. 32.4 67.6	496 866 511 360 122 2355 Total Freq. 864 1489	21.1 36.8 21.7 15.3 5.2 99.8
16-30 minutes 16-30 minutes 31 minutes - 1 hour Over 1 hour falid responses = Invalid responses include no response.  181. In the last 12 months have you experienced the following? Experienced difficulty staying asleep  M Fr No Yes falid responses = Invalid responses include no response.  182. In the last 12 months have you experienced the following? Used an over-the-counter medication to promote sleep  M Fr No Yes falid responses = Invalid responses include no response.  183. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep  M Fr No Yes falid responses = Invalid responses include no response.  184. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	284 335 93 333 730 ale eq. 320 109 729	39 19 13 5 31 Pct. 44 56 31	557 356 251 77 1535 Female Freq. 513 1022 1535	36 23 16 5 65	7 7 9 6 6 35 <b>Unknown</b> <b>Freq.</b> 11 23	20 25.7 17.1 17.1 100 Pct. 32.4 67.6	866 511 360 122 2355 <b>Total</b> <b>Freq.</b> 864 1489	99.8 Pct. 36.7 63.3
5-15 minutes 16-30 minutes 16-30 minutes 31 minutes - 1 hour Over 1 hour alid responses =	284 335 93 333 730 ale eq. 320 109 729	39 19 13 5 31 Pct. 44 56 31	557 356 251 77 1535 Female Freq. 513 1022 1535	23 16 5 65 <b>Pct.</b> 33 67	9 6 35 <b>Unknown</b> <b>Freq.</b> 11 23	25.7 17.1 17.1 100 Pct. 32.4 67.6	866 511 360 122 2355 <b>Total</b> <b>Freq.</b> 864 1489	99.8 Pct. 36.7 63.3
16-30 minutes 31 minutes - 1 hour Over 1 hour Over 1 hour alid responses = Invalid responses include no response.  181. In the last 12 months have you experienced the following? Experienced difficulty staying asleep  M Fr No Yes alid responses = Invalid responses include no response.  182. In the last 12 months have you experienced the following? Used an over-the-counter medication to promote sleep  M Fr No Yes alid responses = Invalid responses include no response.  183. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep  M Fr No Yes alid responses = Invalid responses include no response.  184. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	93 33 730 <b>ale</b> <b>eq.</b> 320 109 729	13 5 31 Pct. 44 56 31	356 251 77 1535 Female Freq. 513 1022 1535	23 16 5 65 <b>Pct.</b> 33 67	6 6 35 <b>Unknown</b> <b>Freq.</b> 11 23	17.1 17.1 100 Pct. 32.4 67.6	360 122 2355 <b>Total</b> <b>Freq.</b> 864 1489	21.7 15.3 5.2 99.8 Pct. 36.7 63.3
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Over 1 hour alid responses = Invalid responses include no response.  IB1. In the last 12 months have you experienced the following? Experienced difficulty staying asleep  M Fr No Yes alid responses = Invalid responses include no response.  IB2. In the last 12 months have you experienced the following? Used an over-the-counter medication to promote sleep  M Fr No Yes alid responses = Invalid responses include no response.  IB3. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep  M Fr No Yes alid responses = Invalid responses include no response.  IB4. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	33 730 <b>ale</b> <b>eq.</b> 320 409 729	5 31 Pct. 44 56 31	77 1535 Female Freq. 513 1022 1535	5 65 <b>Pct.</b> 33 67	6 35 Unknown Freq. 11 23	17.1 100 Pct. 32.4 67.6	122 2355 <b>Total</b> <b>Freq.</b> 864 1489	5.2 99.8 Pct. 36.7 63.3
alid responses =	730 ale eq. 320 109 729	Pct. 44 56 31	1535  Female Freq. 513 1022 1535	65 Pct. 33 67	Unknown Freq. 11 23	Pct. 32.4 67.6	2355  Total Freq. 864 1489	99.8  Pct. 36.7 63.3
Invalid responses include no response.  1B1. In the last 12 months have you experienced the following?  Experienced difficulty staying asleep  M Fr No Yes alid responses =	ale eq. 320 109 729	Pct. 44 56 31	Female Freq. 513 1022 1535	Pct. 33 67	Unknown Freq. 11 23	Pct. 32.4 67.6	<b>Total</b> <b>Freq.</b> 864 1489	Pct. 36.7 63.3
Experienced difficulty staying asleep  M Fr No Yes alid responses =	eq. 320 109 729 ale	44 56 31	Freq. 513 1022 1535	<b>Pct</b> . 33 67	<b>Freq.</b> 11 23	Pct. 32.4 67.6	<b>Freq.</b> 864 1489	36.7 <b>63.3</b>
No Yes alid responses = Invalid responses include no response.  IB2. In the last 12 months have you experienced the following? Used an over-the-counter medication to promote sleep  M Fr No Yes alid responses = Invalid responses include no response.  IB3. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep  M Fr No Yes alid responses = Invalid responses include no response.  IB4. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	eq. 320 109 729 ale	44 56 31	Freq. 513 1022 1535	<b>Pct</b> . 33 67	<b>Freq.</b> 11 23	Pct. 32.4 67.6	<b>Freq.</b> 864 1489	36.7 <b>63.3</b>
No Yes alidi responses = Invalid responses include no response.  1B2. In the last 12 months have you experienced the following? Used an over-the-counter medication to promote sleep  M Fr No Yes alid responses = Invalid responses include no response.  1B3. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep  M Fr No Yes alid responses = Invalid responses include no response.  1B4. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	eq. 320 109 729 ale	44 56 31	Freq. 513 1022 1535	<b>Pct</b> . 33 67	<b>Freq.</b> 11 23	Pct. 32.4 67.6	<b>Freq.</b> 864 1489	36.7 <b>63.3</b>
No Yes alid responses = Invalid responses include no response.  1B2. In the last 12 months have you experienced the following? Used an over-the-counter medication to promote sleep  M Fr No Yes alid responses = Invalid responses include no response.  1B3. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep  M Fr No Yes alid responses = Invalid responses include no response.  1B4. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	320 109 729 <b>ale</b>	44 56 31	513 1022 1535	33 67	11 23	32.4 67.6	864 1489	36.7 <b>63.3</b>
Yes alid responses =	109 729 ale	56 31 <b>Pct.</b>	1022 1535	67	23	67.6	1489	63.3
alid responses =	729	31 <b>Pct</b> .	1535					
Invalid responses include no response.  IB2. In the last 12 months have you experienced the following?  Used an over-the-counter medication to promote sleep  M Fr No Yes alid responses =	ale	Pct.		00	54	100	2000	30.1
Used an over-the-counter medication to promote sleep  M Fr No Yes alid responses =			Female					
In No 2 Yes Valid responses = Invalid responses include no response.  In No 2 Yes Valid responses = Invalid responses include no response.					Unknown		Total	
No Yes alid responses = Invalid responses include no response.  1B3. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep  M Fr No Yes alid responses = Invalid responses include no response.  1B4. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	ν٩٠		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Yes alid responses =	547	75	1013	66	21	61.8	1613	68.6
alid responses = Invalid responses include no response.  1B3. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep  M Fr No Yes alid responses = Invalid responses include no response.  1B4. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	82	25	521	34	13	38.2	739	31.4
Invalid responses include no response.  1B3. In the last 12 months have you experienced the following?  Used a prescription medication to promote sleep  M Fr No Yes  (alid responses = Invalid responses include no response.  1B4. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	729	31	1534	65	34	100	2352	99.7
Used a prescription medication to promote sleep  M Fr No Yes alid responses = Invalid responses include no response.  1B4. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	29	31	1004	05	34	100	2332	99.7
No Yes alid responses = Invalid responses include no response.  184. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si								
No Yes alid responses = Invalid responses include no response.  184. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	ale		Female		Unknown		Total	
No Yes alid responses = Invalid responses include no response.  1B4. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	eq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Yes alid responses =	69	92	1326	87	31	91.2	2069	88.2
alid responses = Invalid responses include no response.  1B4. In the last 12 months have you experienced the following? Experienced difficulty coping with stressful events or si	57	8	206	13	3	8.8	278	11.8
Invalid responses include no response.  1B4. In the last 12 months have you experienced the following?  Experienced difficulty coping with stressful events or si	726	31	1532	65	34	100	2347	99.5
Experienced difficulty coping with stressful events or si	20	31	1552	05	34	100	2347	99.5
M		ons					<b>-</b>	
	ale	_	Female		Unknown		Total	
	eq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
	115	57	698	46	16	47.1	1146	48.7
	315	43	837	55	18	52.9	1208	51.3
alid responses = Invalid responses include no response.	730	31	1535	65	34	100	2354	99.8
1B5. In the last 12 months have you experienced the following?								
Felt so depressed that it was difficult to function								
M								
Fr	ale		Female		Unknown		Total	
	ale eq.	Pct.	Female Freq.	Pct.	Unknown Freq.	Pct.	Total Freq.	Pct.
	eq.		Freq.	Pct.	Freq.	Pct.	Freq.	
alid responses =		<b>Pct.</b> 83 17						Pct. 77.9



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11B6. In the last 12 months have you experienced the following? Felt overwhelming anxiety

	Male		Female	•	Unknow	n	l otal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	507	70	804	53	23	67.6	1349	57.5
2 Yes	222	31	724	47	11	32.4	997	42.5
Valid responses =	729	31	1528	65	34	100	2346	99.4
Invalid responses include no response.								

#### 11B7. In the last 12 months have you experienced the following? Felt overwhelmed by all you had to do

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	366	50	510	33	12	35.3	899	38.2
2 Yes	364	50	1022	67	22	64.7	1452	61.8
Valid responses =	730	31	1532	65	3/	100	2251	00.7

Invalid responses include no response.

### 12A1. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Anxiety

	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience issue/not applicable	299	42	375	25	12	36.4	696	29.8	
2 Experienced issue, but work performance/productivity not affected	252	35	673	44	12	36.4	956	40.9 <b>E</b>	
3 Experienced issue, and it negatively impacted work performance/productivity	170	24	482	32	9	27.3	687	29.4	
Valid responses = Invalid responses include no response.	721	31	1530	65	33	100	2339	99.2	

### 12A2. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Death of a close friend or family member

•	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	531	73	1007	66	22	66.7	1599	68.1
2 Experienced issue, but work performance/productivity not affected	252	35	673	44	12	36.4	956	40.9
3 Experienced issue, and it negatively impacted work performance/productivity	170	24	482	32	9	27.3	687	29.4
Valid responses = Invalid responses include no response.	729	31	1531	65	33	100	2348	99.5

### 12A3. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Decression

Bopicoolon									
	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience issue/not applicable	458	63	834	54	15	50	1327	56.6	
2 Experienced issue, but work	157	22	420	27	8	26.7	595	25.4	
performance/productivity not affected									
3 Experienced issue, and it negatively	113	16	278	18	7	23.3	423	18	
impacted work performance/productivity									
Valid responses =	728	31	1532	65	30	100	2345	99.4	
I a P. I. a control of the I are a control of the I									

Invalid responses include no response. Invalid responses include no response.

12A4. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity?

rinanciai concerns								
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	404	56	822	54	17	51.5	1264	53.9
2 Experienced issue, but work	259	36	599	39	11	33.3	897	38.3
performance/productivity not affected								
3 Experienced issue, and it negatively	64	9	109	7	5	15.2	184	7.8
impacted work performance/productivity								
Valid responses =	727	31	1530	65	33	100	2345	99.4

# 12A5. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Lack of quality sleep

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	253	35	352	23	11	33.3	630	26.8
2 Experienced issue, but work performance/productivity not affected	297	41	704	46	15	45.5	1037	44.1
3 Experienced issue, and it negatively impacted work performance/productivity	179	25	476	31	7	21.2	682	29
Valid responses =	729	31	1532	65	33	100	2349	99.6

Invalid responses include no response



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12A6. Within the last 12 months, have any of the following ne	gatively impacted your	work performanc	e and/or productivity?
Severe headaches/migraines			

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	573	79	930	61	21	65.6	1556	66.4
2 Experienced issue, but work performance/productivity not affected	110	15	357	23	4	12.5	487	20.8
Experienced issue, and it negatively impacted work performance/productivity	45	6	240	16	7	21.9	299	12.8
Valid responses = Invalid responses include no response.	728	31	1527	65	32	100	2342	99.3

### 12A7. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? A family member's (child, parent, spouse/partner) special needs, illness, injury or surgery

,,	,	,,	,,	3 ,				
	Male	Male		•	Unknow	'n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	471	65	965	63	23	69.7	1492	63.5
2 Experienced issue, but work	178	25	376	25	7	21.2	574	24.4
performance/productivity not affected								
3 Experienced issue, and it negatively	79	11	193	13	3	9.1	284	12.1
impacted work performance/productivity								
Valid responses =	728	31	1534	65	33	100	2350	99.6
Invalid responses include no response								

### 12A8. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? My own special needs, illness, injury or surgery

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	544	75	993	65	20	60.6	1593	67.8
2 Experienced issue, but work performance/productivity not affected	128	18	323	21	7	21.2	467	19.9
3 Experienced issue, and it negatively impacted work performance/productivity	58	8	216	14	6	18.2	290	12.3
Valid responses =	730	31	1532	65	33	100	2350	99.6
Invalid responses include no response.								

## 12A9. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Violence in my home (spouse/partner, child)

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	718	99	1511	99	33	100	2315	98.6
2 Experienced issue, but work performance/productivity not affected	6	1	14	1	0	0	20	0.9 1
3 Experienced issue, and it negatively impacted work performance/productivity	3	0	8	1	0	0	13	0.6
Valid responses =	727	31	1533	65	33	100	2348	99.5

### 12B1. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Personal problem with addiction to alcohol or drugs

·	Male		Female	)	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience issue/not applicable	680	93	1491	97	31	93.9	2250	95.7	
2 Experienced issue, but work	36	5	32	2	0	0	71	3 🛮	
performance/productivity not affected									
3 Experienced issue, and it negatively	12	2	11	1	2	6.1	29	1.2 ▮	
impacted work performance/productivity									
Valid responses =	728	31	1534	65	33	100	2350	99.6	
Invalid responses include no response.									

# 12B2. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Addiction to alcohol or drugs of a close friend or family member

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience issue/not applicable	678	93	1391	91	31	93.9	2149	91.4	
2 Experienced issue, but work	40	6	114	7	1	3	160	6.8	
performance/productivity not affected									
3 Experienced issue, and it negatively	11	2	28	2	1	3	41	1.7	
impacted work performance/productivity									
Valid responses =	729	31	1533	65	33	100	2350	99.6	
Invalid responses include no response.									



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### 12B3. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Lack of interest in my work

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience issue/not applicable	414	57	888	58	16	48.5	1345	57.3	
2 Experienced issue, but work	194	27	398	26	10	30.3	615	26.2	
performance/productivity not affected									
3 Experienced issue, and it negatively	121	17	246	16	7	21.2	389	16.6	
impacted work performance/productivity									
Valid responses =	729	31	1532	65	33	100	2349	99.6	
Invalid responses include no response.									

#### 12B4. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity?

Lack of tools and resources to perform funct	ions of my job							
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	473	65	1109	72	21	63.6	1639	69.7
2 Experienced issue, but work performance/productivity not affected	143	20	183	12	5	15.2	341	14.5
Experienced issue, and it negatively impacted work performance/productivity	113	16	241	16	7	21.2	370	15.7
Valid responses = Invalid responses include no response.	729	31	1533	65	33	100	2350	99.6

### 12C1. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Relationship in my personal life

reductioning in my personal me									
	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience issue/not applicable	505	70	1068	70	24	73	1,630	69.4	1
2 Experienced issue, but work performance/productivity not affected	159	22	324	21	5	15	502	21.4	
3 Experienced issue, and it negatively impacted work performance/productivity	63	9	143	9	4	12	218	9.3	
Valid responses =	727	31	1535	65	33	1	2,350	99.6	
Invalid responses include no response.									

### 12C2. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Relationship with coworkers

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	527	72	1093	71	24	73	1,685	71.7
2 Experienced issue, but work performance/productivity not affected	127	17	257	17	4	12	395	16.8
3 Experienced issue, and it negatively impacted work performance/productivity	75	10	182	12	5	15	269	11.5
Valid responses =	729	31	1532	65	33	1	2,349	99.6

## 12C3. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Relationship with supervisor

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	576	79	1200	79	28	85	1,847	78.9
2 Experienced issue, but work	78	11	170	11	1	3	252	10.8
performance/productivity not affected								
3 Experienced issue, and it negatively	71	10	157	10	4	12	241	10.3
impacted work performance/productivity								
Valid responses =	725	31	1527	65	33	1	2,340	99.2
Invalid responses include no response.								

# 12C4. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity? Stressful environment within my department/unit

	Male	ale Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	436	60	845	55	18	55	1,329	56.7
2 Experienced issue, but work	161	22	361	24	11	33	541	23.1
performance/productivity not affected								
3 Experienced issue, and it negatively	130	18	322	21	4	12	473	20.2
impacted work performance/productivity								
Valid responses =	727	31	1528	65	33	1	2,343	99.3
Invalid responses include no response.								



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12C5. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity?

Supervisor or Management support

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience issue/not applicable	531	73	1099	72	25	76	1,696	72.4	
2 Experienced issue, but work	105	15	206	14	3	9	322	13.7	
performance/productivity not affected									
3 Experienced issue, and it negatively	89	12	226	15	5	15	326	13.9	
impacted work performance/productivity									
Valid responses =	725	31	1531	65	33	1	2,344	99.4	
Invalid responses include no response.									

12C6. Within the last 12 months, have any of the following negatively impacted your work performance and/or productivity?

Other

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience issue/not applicable	251	85	493	85	4	57	766	84.2
2 Experienced issue, but work	6	2	19	3	0	0	26	2.9
performance/productivity not affected	40	14	69	12	3	43	118	13.0
3 Experienced issue, and it negatively	170	24	482	32	0	0	0	0
impacted work performance/productivity								
Valid responses =	297	33	581	64	7	1	910	38.6
Invalid responses include no response.								

13. My college/university promotes a culture of wellness.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly agree	110	15	225	15	6	17	345	14.7
2 Agree	332	46	670	44	7	20	1,021	43.4
3 Neutral	158	22	396	26	12	34	585	24.9
4 Disagree	69	10	167	11	4	11	252	10.7
5 Strongly disagree	51	7	70	5	6	17	134	5.7
6 Don't Know	6	1	9	1	0	0	16	0.7
Valid responses =	726	31	1537	65	35	1	2 353	99 7

Invalid responses include no response.

14A. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Job responsibilities make it difficult to participate (shift work, coverage, fee based work)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	422	58	790	52	13	39	1,249	53.6
2 Yes	302	42	729	48	20	61	1,081	46.4
Valid responses =	724	31	1519	65	33	1	2,330	98.8
Invalid responses include no response.								

14B. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

I forget to attend or participate

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	530	74	1034	68	27	82	1,625	69.9
2 Yes	191	27	483	32	6	18	700	30.1
Valid responses =	721	31	1517	65	33	1	2,325	98.6
Invalid responses include no response.								

14C. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Concerns about confidentiality

•	Male		Female	)	Unknowi	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	597	83	1226	81	22	67	1,884	80.9
2 Yes	123	17	295	19	11	33	445	19.1
Valid responses =	720	31	1521	65	33	1	2,329	98.7

14D. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Lack of personal motivation

·	Male	Male		Female		Unknown				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	410	57	876	58	24	73	1,337	57.6		
2 Yes	311	43	637	42	9	27	984	42.4		
Valid responses =	721	31	1513	65	33	1	2 321	08.4		

Invalid responses include no response.

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Invalid responses include no response.

Invalid responses include no response.

Invalid responses include no response.

Invalid responses include no response

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14E. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Time management (have trouble fitting anything else into my busy schedule)

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	312	43	515	34	13	39	858	36.8
2Yes	408	57	1010	66	20	61	1,474	63.2
Valid responses =	720	31	1525	65	33	1	2,332	98.9

14F. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Schedule of programs do not work for me

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	455	63	783	52	11	37	1,275	55.1
2 Yes	264	37	730	48	19	63	1,041	44.9
Valid responses =	719	31	1513	65	30	1	2.316	98.2

14G. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Wellness programs are not offered at a convenient location Male Female Unknown Total Freq. Pct. Freq. Pct. Freq. Pct. Freq. Pct. 1 No 524 73 1053 70 21 70 1,627 70.5 2 Yes 194 27 454 30 9 30 682 29.5 Valid responses = 718 31 1507 65 30 2,309 97.9 Invalid responses include no response

14H. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

My supervisor does not allow me to attend

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	693	96	1460	97	27	93	2,232	96.8
2 Yes	26	4	43	3	2	7	73	3.2 🏻
Valid responses =	719	31	1503	65	29	1	2,305	97.7

14I. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Lack of interest in wellness activities available to me

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	469	65	1094	73	20	67	1,615	70.0	
2 Yes	253	35	407	27	10	33	692	30.0	
Valid responses =	722	31	1501	65	30	1	2,307	97.8	

14J. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Injury or disability

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	664	92	1363	91	29	91	2,102	91.1
2 Yes	56	8	138	9	3	9	205	8.9 🗖
Valid responses =	720	31	1501	65	32	1	2,307	97.8
Invalid responses include no response.								

14K. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Cost

	Male		Female	Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	597	85	1214	83	25	86	1,879	83.3
2 Yes	105	15	257	18	4	14	377	16.7
Valid responses =	702	31	1471	65	29	1	2,256	95.6
Invalid responses include no response.								

14L. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Not supported by coworkers

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	674	94	1420	95	27	96	2,173	94.5
2 Yes	45	6	78	5	1	4	126	5.5 🗖
Valid responses =	719	31	1498	65	28	1	2.299	97.5



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14M. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	563	78	1151	76	21	72	1,775	76.7
2 Yes	156	22	361	24	8	28	540	23.3
Valid responses =	719	31	1512	65	29	1	2,315	98.1
Invalid responses include no response.								

14N. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Do not have the knowledge needed to participate

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	567	79	1241	82	20	69	1,870	80.9
2 Yes	154	21	267	18	9	31	442	19.1
Valid responses =	721	31	1508	65	29	1	2,312	98.0
Invalid responses include no response.								

14O. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs

			Mala	Famala	Hadan access	_
Other						
i icacc illaloate wilctile	. caon or the remember	g are a barrier	inat provente y	ou mom purdorputing n	ii woninooo at work pr	og. a.mo.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	236	86	463	87	5	83	717	86.3
2 Yes	39	14	70	13	1	17	114	13.7
Valid responses =	275	33	533	64	6	1	831	35.2

Invalid responses include no response.

15A. Within the last 12 months I have felt...

My work is consistent with my values.

	Male		Female	Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly agree	252	35	468	31	11	33	749	31.9
2 Agree	312	43	757	49	10	30	1,102	47.0
3 Neutral	103	14	202	13	7	21	319	13.6
4 Disagree	41	6	80	5	2	6	128	5.5 🚃
5 Strongly disagree	17	2	27	2	3	9	49	2.1 🗖
Valid responses =	725	31	1534	65	33	1	2,347	99.5
Invalid responses include no response.								

15B. Within the last 12 months I have felt...

My office/department values my work.

	Male		Female	Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly agree	209	29	456	30	9	27	689	29.3	
2 Agree	318	44	664	43	10	29	1,013	43.1	
3 Neutral	102	14	212	14	5	15	331	14.1	
4 Disagree	57	8	132	9	4	12	197	8.4	
5 Strongly disagree	41	6	71	5	6	18	121	5.1 🚃	
Valid responses =	727	31	1535	65	34	1	2,351	99.7	

Invalid responses include no response.

15C. Within the last 12 months I have felt... My supervisor provides the support that I need to cope with the demands of my job.

<b>,</b>			Female	Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly agree	248	34	540	35	10	29	820	35.0
2 Agree	270	37	522	34	7	21	817	34.8
3 Neutral	109	15	239	16	11	32	366	15.6
4 Disagree	52	7	149	10	2	6	209	8.9
5 Strongly disagree	47	7	81	5	4	12	134	5.7
Valid responses =	726	31	1531	65	34	1	2,346	99.4

Invalid responses include no response.

15D. Within the last 12 months I have felt... I have received adequate feedback to judge my work performance.

,	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly agree	206	28	445	29	6	18	673	28.7
2 Agree	301	41	627	41	11	33	957	40.8
3 Neutral	120	17	266	17	11	33	411	17.5
4 Disagree	65	9	133	9	3	9	204	8.7
5 Strongly disagree	35	5	60	4	2	6	101	4.3
Valid responses =	727	31	1531	65	33	1	2.346	99.4



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15E.	Within	the	last	12	months	ı	have felt	٠

ISE. Within the last 12 months i have leit								
The flow of communication within my off	ice/department clear	ly defines e	expectation	s so I kno	w how to effe	ectively do	my job.	
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly agree	158	22	365	24	6	18	545	23.2
2 Agree	294	40	595	39	11	33	918	39.1
3 Neutral	132	18	278	18	10	30	432	18.4
4 Disagree	82	11	192	13	1	3	282	12.0
5 Strongly disagree	61	8	101	7	5	15	169	7.2
Valid responses =	727	31	1531	65	33	1	2,346	99.4

Invalid responses include no response.

#### 15F. Within the last 12 months I have felt...

I have been offered opportunities to learn and grow.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly agree	192	26	427	28	6	18	641	27.3
2 Agree	259	36	611	40	11	33	900	38.3
3 Neutral	148	20	285	19	6	18	448	19.1
4 Disagree	75	10	132	9	5	15	218	9.3
5 Strongly disagree	54	7	78	5	5	15	142	6.0
Valid responses =	728	31	1533	65	33	1	2,349	99.6
Invalid responses include no response.								

15G. Within the last 12 months I have felt...

My department values the balance between my job and life outside the work setting.

	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly agree	211	29	483	32	4	12	717	30.5	
2 Agree	249	34	552	36	8	24	821	35.0	
3 Neutral	135	19	250	16	11	33	409	17.4	
4 Disagree	67	9	134	9	6	18	214	9.1	
5 Strongly disagree	65	9	115	8	4	12	188	8.0	
Valid responses =	727	31	1534	65	33	1	2,349	99.6	

Invalid responses include no response.

#### ${\bf 16. \ My\ college/university\ is\ concerned\ about\ my\ safety}.$

	Male		Female	Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly agree	160	22	316	21	4	11	487	20.7
2 Agree	357	49	755	49	12	34	1,142	48.6
3 Neutral	111	15	296	19	9	26	429	18.2
4 Disagree	62	9	109	7	3	9	185	7.9
5 Strongly disagree	38	5	57	4	7	20	108	4.6
Valid responses =	728	31	1533	65	35	1	2,351	99.7
Invalid responses include no response.								

17A. How safe do you feel: On this campus (daytime)?

·		Male		Female		Unknown		Total		
	1	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 N/A		48	7	143	9	2	6	197	8.4	
2 Not safe at all		3	0	14	1	4	12	23	1.0	
3 Somewhat unsafe		30	4	45	3	2	6	83	3.5	
4 Somewhat safe		120	17	303	20	6	18	449	19.1	
5 Very safe		528	72	1026	67	19	58	1,596	68.0	
Valid responses =		729	31	1531	65	33	1	2,348	99.5	

Invalid responses include no response.

17B. How safe do you feel: On this campus (nighttime)?								
	Male		Female	9	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A	98	13	287	19	1	3	395	16.9
2 Not safe at all	9	1	70	5	7	22	92	3.9
3 Somewhat unsafe	57	8	254	17	7	22	328	14.0
4 Somewhat safe	235	32	594	39	11	34	861	36.7
5.1/	000	45	000	0.4	•	40		00 5

1527

65

32

2,343

99.3

31

729

Valid responses = Invalid responses include no response.



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Invalid responses include no response.

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I N/A  Not safe at all Somewhat unsafe Volent Sorresponses = Invalid responses include no response.	Male Freq. 38 6 38 235 413 730	Pct. 5 1 5 32 57 31	Female Freq. 125 27 90 498 790	Pct.	Unknown Freq.		Total	
Not safe at all Somewhat unsafe Somewhat safe So Very safe Valid responses = Invalid responses include no response.  ITD. How safe do you feel: In the community surrounding	Freq. 38 6 38 235 413 730  this campus (i	5 1 5 32 57	Freq. 125 27 90 498					
Not safe at all Somewhat unsafe Somewhat safe Very safe falid responses = Invalid responses include no response.  7D. How safe do you feel: In the community surrounding	38 6 38 235 413 730 this campus (i	5 1 5 32 57	125 27 90 498			Pct.	Freq.	Pct.
Not safe at all Somewhat unsafe Somewhat safe Very safe falid responses = Invalid responses include no response.  7D. How safe do you feel: In the community surrounding	6 38 235 413 730 this campus (i	1 5 32 57	27 90 498				•	
Somewhat unsafe Somewhat safe Very safe alid responses = Invalid responses include no response.  7D. How safe do you feel: In the community surrounding	38 235 413 730 this campus (i	5 32 57	90 498		0	0	167	7.1 💻
Somewhat safe Very safe alid responses = Invalid responses include no response.  7D. How safe do you feel: In the community surrounding	235 413 730 this campus (i	32 57	498	2	3	9	39	1.7 🛮
Very safe alid responses = Invalid responses include no response. 7D. How safe do you feel: In the community surrounding	413 730 this campus (i	57		6	3	9	139	5.9
Very safe alid responses = Invalid responses include no response.  7D. How safe do you feel: In the community surrounding	413 730 this campus (i	57		33	15	46	774	33.0
alid responses = Invalid responses include no response.  7D. How safe do you feel: In the community surrounding	730		1 30	52	12	36	1,228	52.3
Invalid responses include no response.  7D. How safe do you feel: In the community surrounding	this campus (	31	4500					
7D. How safe do you feel: In the community surrounding			1530	65	33	1	2,347	99.5
,		niahttime)?	>					
N/A	Male		Female		Unknown		Total	
N/A	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
	73	10	211	14	1	3	293	12.5
Not safe at all	25	3	144	9	7	22	185	7.9
Somewhat unsafe	108	15	313	21	6	19	442	18.9
Somewhat safe	275	38	558	37	14	44	862	36.8
Very safe	248	34	300	20	4	13	560	23.9
alid responses =	729	31	1526	65	32	1	2,342	99.3
Invalid responses include no response.						·	_,	
			_					
A. Within the last I2 months, how often did you: Wear a		you rode ir			Unknown		Total	
	Male	<b>D</b>	Female			B		B:1
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Not Applicable	3	0	3	0	0	0	6	0.3 1
Never	5	1	7	1	0	0	12	0.5
Rarely	3	0	1	0	0	0	5	0.2 I
			-					
Sometimes	4	1	6	0	2	6	14	0.6 I
Most of the time	37	5	41	3	0	0	78	3.3 □
Always	677	93	1474	96	32	94	2,234	95.1
alid responses =	729	31	1532	65	34	1	2,349	99.6
Invalid responses include no response.	.20	٥.	.002	00	٥.	•	2,010	00.0
BB. Within the last I2 months, how often did you: Wear a		you rode a			Undersone		Tatal	
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Not Applicable	368	51	900	59	18	53	1,314	56.0
Never	72	10	88	6	2	6	164	7.0
Rarely	14	2	42	3	1	3	57	2.4
		3	30	2	1			
Sometimes	22					3	54	2.3
Most of the time	36	5	57	4	1	3	98	4.2 🗖
Always	215	30	413	27	11	32	658	28.1
alid responses =	727	31	1530	65	34	1	2,345	99.4
Invalid responses include no response.							_,	
C. Within the last I2 months, how often did you: Wear a	i helmet when Male	you rode a	motorcycle <sup>2</sup> Female	?	Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Not Applicable	634	87	1368	90	27	79	2,075	88.6
Never	3	0	8	1	1	3	12	0.5 I
Rarely	2	0	0	0	0	0	2	0.1 I
Sometimes	4	1	3	0	1	3	8	0.3 I
Most of the time	4	1	7	1	0	0	11	0.5
	79	11	141	9	5	15	233	10.0
		31	1527	65	34	1	2,341	99.2
alid responses =	726							
	726			r cowork	ers?			
alid responses = Invalid responses include no response.  NA1. In the past twelve months, <u>have you observed any contact</u>		behaviors	among you					
alid responses = Invalid responses include no response.	of the following	∣ behaviors	• •				_	
alid responses = Invalid responses include no response.  NA1. In the past twelve months, <u>have you observed any contact</u>	o <u>f</u> the following Male		Female	D-4	Unknown	D-4	Total	D-4
alid responses = Invalid responses include no response.  A1. In the past twelve months, <u>have you observed any olders.</u> Ignoring phone calls or emails from coworkers	o <u>f</u> the following Male Freq.	Pct.	Female Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
alid responses = Invalid responses include no response.  A1. In the past twelve months, have you observed any of Ignoring phone calls or emails from coworkers  No	of the following Male Freq. 494	<b>Pct</b> . 68	Female Freq. 1049	69	<b>Freq.</b> 21	66	<b>Freq.</b> 1,604	68.4
lid responses = Invalid responses include no response.  A1. In the past twelve months, have you observed any of Ignoring phone calls or emails from coworkers	o <u>f</u> the following Male Freq.	Pct.	Female Freq.		Freq.		Freq.	
Alid responses = Invalid responses include no response.  A1. In the past twelve months, have you observed any of Ignoring phone calls or emails from coworkers  No Yes	of the following Male Freq. 494	<b>Pct</b> . 68	Female Freq. 1049	69	<b>Freq.</b> 21	66	<b>Freq.</b> 1,604	68.4
Alid responses = Invalid responses include no response.  A1. In the past twelve months, have you observed any of Ignoring phone calls or emails from coworkers  No Yes	of the following  Male  Freq.  494  233	<b>Pct.</b> 68 32	Female Freq. 1049 483	69 32	<b>Freq.</b> 21 11	66 34	<b>Freq.</b> 1,604 741	68.4 31.6
Al. In the past twelve months, have you observed any of Ignoring phone calls or emails from coworkers  No Yes Invalid responses include no response.	of the following Male Freq. 494 233 727	Pct. 68 32 31	Female Freq. 1049 483 1532	69 32 65	Freq. 21 11 32	66 34	<b>Freq.</b> 1,604 741	68.4 31.6
Alid responses = Invalid responses include no response.  A1. In the past twelve months, have you observed any or Ignoring phone calls or emails from coworkers  No Yes Alid responses = Invalid responses include no response.  A2. In the past twelve months, have you observed any or	of the following Male Freq. 494 233 727	Pct. 68 32 31	Female Freq. 1049 483 1532	69 32 65	Freq. 21 11 32	66 34	<b>Freq.</b> 1,604 741	68.4 31.6
alid responses = Invalid responses include no response.  A1. In the past twelve months, have you observed any or Ignoring phone calls or emails from coworkers  No Yes alid responses = Invalid responses include no response.	of the following  Male Freq. 494 233 727	Pct. 68 32 31	Female Freq. 1049 483 1532	69 32 65	Freq. 21 11 32 ers?	66 34	Freq. 1,604 741 2,345	68.4 31.6
Alid responses = Invalid responses include no response.  A1. In the past twelve months, have you observed any or Ignoring phone calls or emails from coworkers  No Yes Idid responses = Invalid responses include no response.  A2. In the past twelve months, have you observed any or	of the following  Male Freq. 494 233 727  of the following	Pct. 68 32 31 g behaviors	Female Freq. 1049 483 1532 among you	69 32 65 r cowork	Freq. 21 11 32 ers?	66 34 1	Freq. 1,604 741 2,345	68.4 31.6 99.4
Alid responses = Invalid responses include no response.  A1. In the past twelve months, have you observed any or Ignoring phone calls or emails from coworkers  No Yes alid responses = Invalid responses include no response.  A2. In the past twelve months, have you observed any or Silent treatment towards coworkers	of the following  Male Freq. 494 233 727  of the following  Male Freq.	Pct. 68 32 31 y behaviors	Female Freq. 1049 483 1532 among you Female Freq.	69 32 65 r cowork	Freq. 21 11 32 ers? Unknown Freq.	66 34 1	Freq. 1,604 741 2,345 Total Freq.	68.4 31.6 99.4
OA1. In the past twelve months, have you observed any or Ignoring phone calls or emails from coworkers  No Yes alid responses = Invalid responses include no response.  OA2. In the past twelve months, have you observed any or Silent treatment towards coworkers	of the following  Male Freq. 494 233 727  of the following  Male Freq. 548	Pct. 68 32 31 behaviors  Pct. 75	Female Freq. 1049 483 1532 among you Female Freq. 1148	69 32 65 r cowork Pct. 75	Freq. 21 11 32 ers? Unknown Freq. 23	66 34 1 <b>Pct.</b> 72	Freq. 1,604 741 2,345 Total Freq. 1,762	99.4 Pct. 75.1
Alid responses = Invalid responses include no response.  A1. In the past twelve months, have you observed any or Ignoring phone calls or emails from coworkers  No Yes alid responses = Invalid responses include no response.  A2. In the past twelve months, have you observed any or Silent treatment towards coworkers	of the following  Male Freq. 494 233 727  of the following  Male Freq.	Pct. 68 32 31 y behaviors	Female Freq. 1049 483 1532 among you Female Freq.	69 32 65 r cowork	Freq. 21 11 32 ers? Unknown Freq.	66 34 1	Freq. 1,604 741 2,345 Total Freq.	68.4 31.6 99.4



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19A3. In the past twelve months, have you observe	ed any of the following behaviors among your coworkers?
Spreading gossip about coworkers	

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	443	61	968	63	23	74	1,470	62.8
2 Yes	283	39	562	37	8	26	871	37.2
Valid responses =	726	31	1530	65	31	1	2,341	99.2
Invalid responses include no response.								

19A4. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers?

Coworkers are excluded from work-related social gatherings

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	624	86	1276	84	22	69	1,965	84.0	
2 Yes	102	14	252	17	10	31	375	16.0	
Valid responses =	726	31	1528	65	32	1	2.340	99.2	

Invalid responses include no response.

#### 19A5. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Coworkers take credit for work or ideas of others

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	567	78	1102	72	21	66	1,730	73.9
2 Yes	161	22	425	28	11	34	611	26.1
Valid responses =	728	31	1527	65	32	1	2,341	99.2

Invalid responses include no response.

#### 19A6. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Coworkers make insults about personal lives of others

	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	576	79	1228	80	25	78	1,873	79.9	
2 Yes	151	21	302	20	7	22	470	20.1	
Valid responses =	727	31	1530	65	32	1	2,343	99.3	

Invalid responses include no response.

# 19A7. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers? Coworkers display intimidating or humiliating behaviors toward others

	Male		Female	,	Unknown	1	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	595	82	1236	81	25	78	1,898	81.0
2 Yes	133	18	293	19	7	22	445	19.0
Valid responses =	728	31	1529	65	32	1	2.343	99.3

Invalid responses include no response.

#### 19A8. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Coworkers are being ignored/ostracized by others

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	571	79	1189	78	23	72	1,820	78.0
2 Yes	150	21	337	22	9	28	513	22.0
Valid responses =	721	31	1526	65	32	1	2,333	98.9
Invalid responses include no response.								

19A9. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Coworkers experience verbal abuse

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	633	87	1347	88	27	84	2,054	87.8
2 Yes	94	13	180	12	5	16	286	12.2
Valid responses =	727	31	1527	65	32	1	2,340	99.2
Invalid responses include no response.								

19A10. In the past twelve months, have you observed any of the following behaviors among your coworkers? Coworkers experience physical abuse

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	724	100	1523	100	32	100	2,333	99.5
2 Yes	4	1	8	1	0	0	12	0.5
Valid responses =	728	31	1531	65	32	1	2,345	99.4



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Invalid responses include no response

Invalid responses include no response.

Invalid responses include no response.

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19A11. In the past twelve months, have you observed any of the	e following behaviors among your coworkers?
Coworkers experience sexual abuse	

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	719	99	1515	99	32	100	2,318	99.0	
2 Yes	7	1	15	1	0	0	23	1.0	
Valid responses =	726	31	1530	65	32	1	2,341	99.2	
Invalid responses include no response.									

#### 19A12. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Misuse of authority within an organization for personal or financial gain

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	660	91	1402	92	24	77	2,134	91.4
2 Yes	66	9	123	8	7	23	202	8.6
Valid responses =	726	31	1525	65	31	1	2,336	99.0

19B1. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Ignoring my phone calls or emails

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	583	80	1255	82	24	75	1,911	81.5
2 Yes	145	20	275	18	8	25	434	18.5
Valid responses =	728	31	1530	65	32	1	2,345	99.4
Invalid responses include no response.								

### 19B2. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Silent treatment towards me

	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	623	86	1307	85	25	78	2,000	85.3	
2 Yes	104	14	223	15	7	22	344	14.7	
Valid responses =	727	31	1530	65	32	1	2,344	99.4	

19B3. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace?

Spreading gossip about me

opiouding goodip unout inc								
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	630	87	1344	88	27	84	2,050	88.1
2 Yes	91	13	176	12	5	16	278	11.9 📥
Valid responses =	721	31	1520	65	32	1	2,328	98.7

19B4. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace?

Coworkers exclude you from work-related social gatherings

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	669	93	1405	92	23	72	2,146	92.1
2 Yes	54	8	116	8	9	28	185	7.9 🗖
Valid responses =	723	31	1521	65	32	1	2,331	98.8
Invalid responses include no response.								

19B5. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Coworkers take credit for your work or your ideas

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	623	86	1232	81	24	75	1,925	82.3
2 Yes	100	14	297	19	8	25	414	17.7
Valid responses =	723	31	1529	65	32	1	2,339	99.2

19B6. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Coworkers make insults about your personal life

	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	686	95	1449	95	28	88	2,213	94.6	
2 Yes	40	6	78	5	4	13	127	5.4	
Valid responses =	726	31	1527	65	32	1	2 3 4 0	00.2	

Invalid responses include no response.

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Invalid responses include no response.

Invalid responses include no response.

Invalid responses include no response.

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19B7. In the past twelve months, have the following behaviors been directed toward you in the workplace?	,
Coworkers display intimidating or humiliating behaviors	

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	660	91	1369	90	27	87	2,108	90.0
2 Yes	67	9	160	11	4	13	234	10.0
Valid responses =	727	31	1529	65	31	1	2,342	99.3
Invalid responses include no response.								

### 19B8. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Verbal abuse

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	674	93	1441	95	26	87	2,191	94.1	
2 Yes	49	7	79	5	4	13	137	5.9	
Valid responses =	723	31	1520	65	30	1	2,328	98.7	

## 19B9. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Physical abuse

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	727	100	1524	100	32	100	2,338	99.8
2 Yes	0	0	4	0	0	0	4	0.2
Valid responses =	727	31	1528	65	32	1	2,342	99.3
Invalid responses include no response.								

#### 19B10. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace?

	Male		Female	)	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	725	100	1523	100	32	100	2,335	99.7	
2 Yes	2	0	4	0	0	0	6	0.3	
Valid responses =	727	31	1527	65	32	1	2.341	99.2	

# 19B11. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Supervisor abuses their power over me

cupervisor abases then perior ever inc								
	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	671	92	1438	94	29	91	2,188	93.5
2 Yes	56	8	88	6	3	9	152	6.5
Valid responses =	727	31	1526	65	32	1	2,340	99.2

# 19B12. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Coworkers are ignoring/ostracizing me.

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	673	93	1414	93	29	94	2,166	92.6
2 Yes	53	7	113	7	2	7	173	7.4 🗖
Valid responses =	726	31	1527	65	31	1	2,339	99.2
Invalid responses include no response.								

#### 20. In the last twelve months, I have missed work due to being bullied in workplace.

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	400	55	816	53	12	38	1,261	53.8
2 No	313	43	664	44	18	56	1,015	43.3
3 Yes	15	2	48	3	2	6	67	2.9
Valid responses =	728	31	1528	65	32	1	2,343	99.3
Invalid responses include no response.								

#### 21A. Please indicate the extent to which you agree or disagree with each of the following statements: In the last twelve months:

wy emotional nearth has been	negatively affected due to being	g builled at	WOLK.					
	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	501	69	1044	68	20	65	1,600	68.1
2 Strongly agree	23	3	63	4	3	10	93	4.0
3 Agree	35	5	93	6	1	3	132	5.6 🗖
4 Neutral	26	4	52	3	2	7	84	3.6 □
5 Disagree	44	6	91	6	3	10	139	5.9 🗖
6 Strongly disagree	99	14	192	13	2	7	301	12.8
Valid responses =	728	31	1535	65	31	1	2.349	99.6



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21B. Please indicate the extent to which you agree or disagree with each of the following statements: In the last twelve months:
My physical health has been negatively affected due to being bullied at work.

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	504	69	1049	68	20	63	1,608	68.4
2 Strongly agree	14	2	43	3	3	9	63	2.7
3 Agree	21	3	57	4	0	0	80	3.4
4 Neutral	24	3	54	4	2	6	82	3.5
5 Disagree	56	8	117	8	5	16	180	7.7
6 Strongly disagree	110	15	214	14	2	6	337	14.3
Valid responses =	729	31	1534	65	32	1	2,350	99.6

21C. Please indicate the extent to which you agree or disagree with each of the following statements: In the last twelve months:

My stress level has been increased due to being bullied at work.

-	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	502	69	1043	68	21	66	1,601	68.2
2 Strongly agree	30	4	62	4	3	9	98	4.2
3 Agree	27	4	82	5	3	9	116	4.9
4 Neutral	23	3	49	3	0	0	74	3.2
5 Disagree	46	6	98	6	3	9	149	6.3
6 Strongly disagree	100	14	199	13	2	6	310	13.2
Valid responses =	728	31	1533	65	32	1	2.348	99.5

Invalid responses include no response.

Invalid responses include no response.

22A. In the past 7 days, how many (total) minutes did you spend doing moderate physical activity?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 minutes	80	11	163	11	4	14	253	11.0
2 .1 - 30 minutes	81	11	189	13	3	10	280	12.1
3 30.1 - 60 minutes	102	14	264	18	4	14	382	16.5
4 60.1 - 120 minutes	163	23	365	24	3	10	544	23.5
5 120.1 - 240 minutes	146	20	328	22	7	24	491	21.3
6 GE 240.1 minutes	143	20	202	13	8	28	360	15.6
Valid responses =	715	31	1511	65	29	1	2 310	97.9

Invalid responses include no response.

Mean		Median	Std Dev	Min	Max
Male	174.20	120.00	245.61	0	2280
Female	134.36	100.00	155.55	0	2100
Overall	147 87	100.00	197 11	0	3001

22B. In the past 7 days, how many (total) minutes did you spend doing vigorous physical activity?

, , , , , , , , , , , , , , , , , , , ,	Male		Female	,	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 minutes	304	43	775	52	11	41	1,116	49.2
2 .1 - 30 minutes	114	16	220	15	5	19	354	15.6
3 30.1 - 60 minutes	70	10	161	11	1	4	238	10.5
4 60.1 - 120 minutes	99	14	148	10	3	11	253	11.1
5 120.1 - 240 minutes	65	9	113	8	3	11	183	8.1
6 GE 240.1 minutes	58	8	62	4	4	15	126	5.6
Valid responses =	710	31	1479	65	27	1	2,270	96.2

Invalid responses include no response.

Mean		Median	Std Dev	Min	Max
Male	77.45	20.00	155.48	0	2500
Female	50.75	0.00	116.45	0	2700
Overall	59.29	4.00	130	0	2700

22C. In the last 7 days, how many days did you spend doing exercises to strengthen or tone your muscles?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	377	52	800	53	16	57	1,227	53.0
2 .1 - 2 days	130	18	346	23	4	14	490	21.2
3 2.1 - 4 days	111	15	244	16	4	14	365	15.8
4 GE 4.1 days	102	14	123	8	4	14	233	10.1
Valid responses =	720	31	1513	65	28	1	2,315	98.1

Mean		Median	Std Dev	Min	Max
Male	1.62	0.00	2.12	0	7
Female	1.38	0.00	1.83	0	7
Overall	1.45	0.00	1.93	0	7

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Valid responses =

Invalid responses include no response.

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	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
10% (48 mins per day)	55	8	27	2	4	13	88	3.8
20% (1.6 hours per day)	25	3	35	2	2	7	64	2.7
30% (2.4 hours per day)	54	7	46	3	0	0	101	4.3
40% (3.2 hours per day)	50	7	61	4	0	0	113	4.8
50% (4.0 hours per day)	99	14	114	7	1	3	219	9.3
,		7		8	3			
60% (4.8 hours per day)	53		115			10	177	7.5
70% (5.6 hours per day)	78	11	227	15	7	23	317	13.5
80% (6.4 hours per day)	147	20	376	25	6	19	539	23.0
90% (7.2 hours per day)	110	15	366	24	5	16	491	20.9
0 100% ( 8.0 hours per day)	55	8	167	11	3	10	237	10.1
/alid responses =	726	31	1534	65	31	1	2,346	99.4
Invalid responses include no response.								
4. Has a doctor or other health care provider instructed	d you to restrict y	your currer	nt physical a	ctivity?				
·	Male	-	Female	-	Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freg.	Pct.
No	687	94	1439	94	27	87	2,203	93.9
? Yes	41	6	94	6	4	13	144	
								6.1
/alid responses =	728	31	1533	65	31	1	2,347	99.5
Invalid responses include no response.								
5. Do you currently have difficulty walking or using sta	airs or require an Male	assistive of	device to hel Female	p with m	obility? Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
No	682	93	1417	92	27	82	2,173	92.3
Yes	48	7	120	8	6	18	182	7.7
	730	31	1537	65	33	1		99.8
/alid responses =								
Invalid responses include no response.						'	2,355	39.0
Invalid responses include no response.	instead of an ele Male	evator or es	scalator whil Female	e at work	? Unknown		Total	
Invalid responses include no response.  16. In the past 30 days, how often do you use the stairs	instead of an ele Male Freq.	vator or es	scalator whil Female Freq.	e at work Pct.	? Unknown Freq.	Pct.	Total Freq.	Pct.
Invalid responses include no response.  26. In the past 30 days, how often do you use the stairs  I Not Applicable	instead of an ele Male Freq. 48	evator or es Pct. 7	scalator whil Female Freq. 167	e at work Pct. 12	? Unknown Freq. 4	<b>Pct.</b> 15	Total Freq. 224	Pct. 10.3
Invalid responses include no response.  26. In the past 30 days, how often do you use the stairs  Not Applicable  Never	instead of an ele Male Freq. 48 28	evator or es Pct. 7 4	scalator whil Female Freq. 167 64	e at work Pct. 12 5	? Unknown Freq. 4 0	Pct. 15 0	<b>Total Freq.</b> 224 95	Pct. 10.3
Invalid responses include no response.  26. In the past 30 days, how often do you use the stairs  Not Applicable Rever Rarely	instead of an ele Male Freq. 48 28 46	Pct. 7 4 7	Female Female Freq. 167 64 120	<b>e at work Pct.</b> 12  5  9	? Unknown Freq. 4 0	Pct. 15 0 4	<b>Total Freq.</b> 224 95 168	Pct. 10.3 4.4 7.7
Invalid responses include no response.  26. In the past 30 days, how often do you use the stairs  I Not Applicable 2 Never 3 Rarely 4 Some of the time	instead of an ele Male Freq. 48 28 46 163	Pct. 7 4 7 24	Female Freq. 167 64 120 323	e at work  Pct. 12 5 9 23	? Unknown Freq. 4 0 1 7	Pct. 15 0 4 27	Total Freq. 224 95 168 507	Pct. 10.3 4.4 7.7 23.4
Invalid responses include no response.  26. In the past 30 days, how often do you use the stairs  I Not Applicable 2 Never 3 Rarely 4 Some of the time 5 Most of the time	instead of an ele	Pct. 7 4 7 24 32	Female Freq. 167 64 120 323 365	e at work  Pct. 12 5 9 23 26	? Unknown Freq. 4 0 1 7 4	Pct. 15 0 4 27 15	Total Freq. 224 95 168 507 596	Pct. 10.3
Invalid responses include no response.  26. In the past 30 days, how often do you use the stairs  1 Not Applicable 2 Never 3 Rarely 4 Some of the time 5 Most of the time	instead of an ele Male Freq. 48 28 46 163 216 181	Pct. 7 4 7 24 32 27	Female Freq. 167 64 120 323 365 377	e at work  Pct. 12 5 9 23 26 27	? Unknown Freq. 4 0 1 7 4	Pct. 15 0 4 27 15 39	Total Freq. 224 95 168 507	Pct. 10.3
Invalid responses include no response.  26. In the past 30 days, how often do you use the stairs  Not Applicable Property Propert	instead of an ele	Pct. 7 4 7 24 32	Female Freq. 167 64 120 323 365	e at work  Pct. 12 5 9 23 26	? Unknown Freq. 4 0 1 7 4	Pct. 15 0 4 27 15	Total Freq. 224 95 168 507 596	Pct. 10.3
Invalid responses include no response.  26. In the past 30 days, how often do you use the stairs  Not Applicable Property Propert	instead of an ele Male Freq. 48 28 46 163 216 181	Pct. 7 4 7 24 32 27	Female Freq. 167 64 120 323 365 377	e at work  Pct. 12 5 9 23 26 27	? Unknown Freq. 4 0 1 7 4	Pct. 15 0 4 27 15 39	Total Freq. 224 95 168 507 596 581	Pct. 10.3
Invalid responses include no response.  6. In the past 30 days, how often do you use the stairs  Not Applicable Never Rarely Some of the time Most of the time Always (alid responses = Invalid responses include no response.	instead of an ele Male Freq. 48 28 46 163 216 181 682	Pct. 7 4 7 24 32 27	scalator whill Female Freq. 167 64 120 323 365 377 1416	e at work  Pct. 12 5 9 23 26 27	? Unknown Freq. 4 0 1 7 4 10 26	Pct. 15 0 4 27 15 39	Total Freq. 224 95 168 507 596 581 2,171	Pct. 10.3
Invalid responses include no response.  16. In the past 30 days, how often do you use the stairs  Not Applicable Never Rarely Some of the time Most of the time Always //alid responses = Invalid responses include no response.	instead of an ele Male Freq. 48 28 46 163 216 181 682	Pct. 7 4 7 24 32 27 31	scalator whill Female Freq. 167 64 120 323 365 377 1416	e at work  Pct.  12  5  9  23  26  27  65	? Unknown Freq. 4 0 1 7 4 10 26	Pct. 15 0 4 27 15 39 1	Total Freq. 224 95 168 507 596 581 2,171	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0
Invalid responses include no response.  16. In the past 30 days, how often do you use the stairs  Not Applicable Never Rarely Some of the time Most of the time Always //alid responses = Invalid responses include no response.	instead of an ele	Pct. 7 4 7 24 32 27 31	scalator while Female Freq. 167 64 120 323 365 377 1416	e at work  Pct.  12  5  9  23  26  27  65	? Unknown Freq. 4 0 1 7 4 10 26  Unknown Freq.	Pct. 15 0 4 27 15 39 1	Total Freq. 224 95 168 507 596 581 2,171	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0
Invalid responses include no response.  16. In the past 30 days, how often do you use the stairs  Not Applicable Never Rarely Some of the time Most of the time Always //alid responses = Invalid responses include no response.	instead of an ele Male Freq. 48 28 46 163 216 181 682	Pct. 7 4 7 24 32 27 31	scalator whill Female Freq. 167 64 120 323 365 377 1416	e at work  Pct.  12  5  9  23  26  27  65	? Unknown Freq. 4 0 1 7 4 10 26	Pct. 15 0 4 27 15 39 1	Total Freq. 224 95 168 507 596 581 2,171	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0
Invalid responses include no response.  26. In the past 30 days, how often do you use the stairs  Not Applicable Never Saraely Some of the time Most of the time Always /alid responses = Invalid responses include no response.  27. I consider myself to be:  Underweight	instead of an ele	Pct. 7 4 7 24 32 27 31	scalator while Female Freq. 167 64 120 323 365 377 1416	e at work  Pct.  12  5  9  23  26  27  65	? Unknown Freq. 4 0 1 7 4 10 26  Unknown Freq.	Pct. 15 0 4 27 15 39 1	Total Freq. 224 95 168 507 596 581 2,171	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0
Invalid responses include no response.  16. In the past 30 days, how often do you use the stairs  Not Applicable Never Rarely Some of the time Most of the time Always (alid responses = Invalid responses include no response.  17. I consider myself to be:  Underweight A healthy weight	instead of an ele	Pct. 3	scalator whill Female Freq. 167 64 120 323 365 377 1416  Female Freq. 13	Pct. 12 5 9 23 26 27 65 Pct. 1	? Unknown Freq. 4 0 1 7 4 10 26  Unknown Freq. 0	Pct. 15 0 4 27 15 39 1	Total Freq. 224 95 168 507 596 581 2,171  Total Freq. 32 896	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0 Pct. 1.4 p
Invalid responses include no response.  16. In the past 30 days, how often do you use the stairs  Not Applicable Never Rarely Some of the time Most of the time Always (alid responses = Invalid responses include no response.  17. I consider myself to be:  Underweight A healthy weight Overweight	instead of an ele Male Freq. 48 28 46 163 216 181 682 Male Freq. 18 262 364	Pct. 3 36 50	Female Freq. 167 64 120 323 365 377 1416  Female Freq. 13 595 708	e at work  Pct.  12  5  9  23  26  27  65	? Unknown Freq.  4 0 1 7 4 10 26  Unknown Freq. 0 14 14	Pct. 15 0 4 27 15 39 1	Total Freq. 224 95 168 507 596 581 2,171  Total Freq. 32 896 1,104	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0  Pct. 14 0 38.0 46.9
Invalid responses include no response.  16. In the past 30 days, how often do you use the stairs  Not Applicable Never Rarely Some of the time Most of the time Always Alid responses = Invalid responses include no response.  17. I consider myself to be:  Underweight A healthy weight Overweight Obese	instead of an ele Male Freq. 48 28 46 163 216 181 682 Male Freq. 18 262 364 79	Pct. 7 4 7 24 32 27 31	Female Freq. 323 365 377 1416  Female Freq. 13 595 708 207	e at work  Pct. 12 5 9 23 26 27 65	? Unknown Freq.  4 0 1 7 4 10 26  Unknown Freq. 0 14 14 5	Pct. 15 0 4 27 15 39 1	Total Freq. 224 95 168 507 596 581 2,171  Total Freq. 32 896 1,104 300	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0  Pct. 1.4   38.0 46.9 12.7
Invalid responses include no response.  6. In the past 30 days, how often do you use the stairs  Not Applicable Never Rarely Some of the time Most of the time Always (alid responses = Invalid responses include no response.  7. I consider myself to be:  Underweight A healthy weight Overweight Obese Unsure	instead of an ele Male Freq. 48 28 46 163 216 181 682 Male Freq. 18 262 364 79 7	Pct. 3 36 50 11 1	Female Freq. 167 64 120 323 365 377 1416  Female Freq. 13 595 708 207 14	Pct. 12 5 9 23 26 27 65  Pct. 1 39 46 14 1	? Unknown Freq. 4 0 1 7 4 10 26  Unknown Freq. 0 14 14 5 0	Pct. 15 0 4 27 15 39 1 Pct. 0 42 42 15 0	Total Freq. 224 95 168 507 596 581 2,171  Total Freq. 32 886 1,104 300 23	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0  Pct. 1.4 0 38.0 46.9 12.7 1.0 0
Invalid responses include no response.  6. In the past 30 days, how often do you use the stairs  Not Applicable Never Rarely Some of the time Most of the time Always 'alid responses = Invalid responses include no response.  7. I consider myself to be:  Underweight A healthy weight Overweight Obese Unsure	instead of an ele Male Freq. 48 28 46 163 216 181 682 Male Freq. 18 262 364 79	Pct. 7 4 7 24 32 27 31	Female Freq. 323 365 377 1416  Female Freq. 13 595 708 207	e at work  Pct. 12 5 9 23 26 27 65	? Unknown Freq.  4 0 1 7 4 10 26  Unknown Freq. 0 14 14 5	Pct. 15 0 4 27 15 39 1	Total Freq. 224 95 168 507 596 581 2,171  Total Freq. 32 896 1,104 300	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0  Pct. 1.4   38.0 46.9 12.7
Invalid responses include no response.  16. In the past 30 days, how often do you use the stairs  Not Applicable Never Rarely Some of the time Most of the time Always (alid responses = Invalid responses include no response.  17. I consider myself to be:  Underweight A healthy weight Overweight Obese Unsure (alid responses = Invalid responses include no response.	instead of an ele	Pct. 3 36 50 11 1	Female Freq. 167 64 120 323 365 377 1416  Female Freq. 13 595 708 207 14 1537	Pct. 12 5 9 23 26 27 65  Pct. 1 39 46 14 1	? Unknown Freq. 4 0 1 7 4 10 26  Unknown Freq. 0 14 14 5 0 33	Pct. 15 0 4 27 15 39 1 Pct. 0 42 42 15 0	Total Freq. 224 95 168 507 596 581 2,171  Total Freq. 32 896 1,104 300 23 2,355	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0  Pct. 1.4 0 38.0 46.9 12.7 1.0 0
Invalid responses include no response.  16. In the past 30 days, how often do you use the stairs  Not Applicable Never Rarely Some of the time Most of the time Always (alid responses = Invalid responses include no response.  17. I consider myself to be:  Underweight A healthy weight Overweight Obese Unsure (alid responses = Invalid responses include no response.	instead of an ele	Pct. 7 24 32 27 31 Pct. 3 36 50 11 1 31	Female Freq. 13 595 708 207 1416 Female Freq. 13 595 708 207 14 1537	Pct. 12 5 9 23 26 27 65	? Unknown Freq. 4 0 1 7 4 10 26  Unknown Freq. 0 14 14 5 0 33	Pct. 15 0 4 27 15 39 1 Pct. 0 42 42 15 0 1	Total Freq. 224 95 168 507 596 581 2,171  Total Freq. 32 896 1,104 300 23 2,355	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0  Pct. 1.4   1.4   1.5   1.5   1.7   1.0   99.8
Invalid responses include no response.  26. In the past 30 days, how often do you use the stairs  Not Applicable Pever Rarely Some of the time Most of the time Always Alid responses = Invalid responses include no response.  27. I consider myself to be:  Underweight A healthy weight Overweight Obese Unsure Alid responses = Invalid responses include no response.	instead of an ele	Pct. 3 36 50 11 1	Female Freq. 167 64 120 323 365 377 1416  Female Freq. 13 595 708 207 14 1537	Pct. 12 5 9 23 26 27 65  Pct. 1 39 46 14 1	? Unknown Freq. 4 0 1 7 4 10 26  Unknown Freq. 0 14 14 5 0 33	Pct. 15 0 4 27 15 39 1 Pct. 0 42 42 15 0	Total Freq. 224 95 168 507 596 581 2,171  Total Freq. 32 896 1,104 300 23 2,355	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0  Pct. 1.4 0 38.0 46.9 12.7 1.0 0
Invalid responses include no response.  6. In the past 30 days, how often do you use the stairs  Not Applicable Never Rarely Some of the time Most of the time Always alid responses = Invalid responses include no response.  7. I consider myself to be:  Underweight A healthy weight Overweight Obese Unsure falid responses = Invalid responses include no response.  8. Are you trying to do any of the following about your	instead of an ele	Pct. 7 24 32 27 31 Pct. 3 36 50 11 1 31	Female Freq. 13 595 708 207 1416 Female Freq. 13 595 708 207 14 1537	Pct. 12 5 9 23 26 27 65	? Unknown Freq. 4 0 1 7 4 10 26  Unknown Freq. 0 14 14 5 0 33	Pct. 15 0 4 27 15 39 1 Pct. 0 42 42 15 0 1	Total Freq. 224 95 168 507 596 581 2,171  Total Freq. 32 896 1,104 300 23 2,355	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0  Pct. 1.4   1.4   1.5   1.5   1.7   1.0   99.8
Invalid responses include no response.  16. In the past 30 days, how often do you use the stairs  Not Applicable 1 Never 1 Rarely 2 Some of the time 3 Always 1 Always 1 Always 1 I consider myself to be:  Underweight 1 A healthy weight 2 Overweight 3 Overweight 4 Overweight 5 Overweight 6 Overweight 7 I consider myself to be:  Underweight 8 A healthy weight 9 Overweight 9 Overweight 1 Obese 1 Unsure 1 I consider myself to do any of the following about your  Trying nothing about weight	instead of an ele	Pct. 3 36 50 11 1 31 Pct. 16	Female Freq. 13 595 708 207 14 1537	e at work  Pct.  12  5  9  23  26  27  65  Pct.  1  39  46  14  1  65	? Unknown Freq.  4 0 1 7 4 10 26  Unknown Freq. 0 14 14 5 0 33  Unknown Freq. 4	Pct. 15 0 4 27 15 39 1 1 Pct. 0 42 42 15 0 1	Total Freq. 224 95 168 507 596 581 2,171  Total Freq. 32 896 1,104 300 23 2,355  Total Freq. 384	Pct. 10.3
Invalid responses include no response.  16. In the past 30 days, how often do you use the stairs  1 Not Applicable 2 Never 3 Rarely 4 Some of the time 5 Most of the time 6 Most of the time 7 Always 7 Alid responses =	instead of an ele	Pct. 3 36 50 11 1 31 Pct. 16 22	Female Freq. 13 595 708 207 14 1537  Female Freq. 248 305	Pct. 1 65 Pct. 16 20	? Unknown Freq. 4 0 1 7 4 10 26  Unknown Freq. 0 14 14 5 0 33  Unknown Freq. 4 10	Pct. 15 39 1 Pct. 0 42 42 15 0 1	Total Freq. 224 95 188 507 596 581 2,171  Total Freq. 32 896 1,104 300 23 2,355  Total Freq. 384 483	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0  Pct. 1.4   1.0
Invalid responses include no response.  26. In the past 30 days, how often do you use the stairs  1 Not Applicable 2 Never 3 Rarely 4 Some of the time 5 Most of the time 6 Most of the time 6 Always 7 Alid responses = Invalid responses include no response.  27. I consider myself to be:  1 Underweight 2 A healthy weight 3 Overweight 4 Obese 5 Unsure 7 Alid responses = Invalid responses include no response.  28. Are you trying to do any of the following about your  1 Trying nothing about weight 2 Stay the same weight 3 Lose weight	instead of an ele	Pct. 3 36 50 11 1 31 Pct. 16 22 59	Female Freq. 13 595 708 207 14 1537  Female Freq. 248 305 975	Pct. 1 39 46 14 1 65 Pct. 16 20 64	? Unknown Freq.  0 11 7 4 10 26  Unknown Freq. 0 14 14 5 0 33  Unknown Freq. 4 10 19	Pct. 15 0 4 27 15 39 1 1 Pct. 0 42 42 15 0 1 1 Pct. 12 30 58	Total Freq. 224 95 168 507 596 581 2,171  Total Freq. 32 886 1,104 300 23 2,355  Total Freq. 384 483 1,453	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0  Pct. 1.4   1.0   99.8  Pct. 16.3 20.5 61.8
Invalid responses include no response.  26. In the past 30 days, how often do you use the stairs  1 Not Applicable 2 Never 3 Rarely 4 Some of the time 5 Most of the time 6 Always Valid responses =	instead of an ele	Pct. 3 36 50 11 1 31 Pct. 16 22	Female Freq. 13 595 708 207 14 1537  Female Freq. 248 305	Pct. 1 65 Pct. 16 20	? Unknown Freq. 4 0 1 7 4 10 26  Unknown Freq. 0 14 14 5 0 33  Unknown Freq. 4 10	Pct. 15 39 1 Pct. 0 42 42 15 0 1	Total Freq. 224 95 188 507 596 581 2,171  Total Freq. 32 896 1,104 300 23 2,355  Total Freq. 384 483	Pct. 10.3 4.4 7.7 23.4 27.5 26.8 92.0  Pct. 1.4   1.0

730

31

1534

65

1

33

2,352

99.7



American College Health Association-Nati Reference Group Data Report - Fall 2021 American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

5 >6 servings/day Valid responses =

Invalid responses include no response.

March 14, 2022 FREQUENCY REPORT Number of Surveys (n) =

2,352

99.7

32

2359 Web

Surveys

www.acha.org								•
	_							
29. In the last week, how many servings of fruit did you		er day?	Famala	_	University	_	Tatal	
	Male		Female		Unknow		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings/day	114	16	178	12	4	13	306	13.0
2 1-2 servings/day	469	64	1031	67	21	66	1,554	66.2
3 3-4 servings/day	118	16	276	18	6	19	409	17.4
4 5-6 servings/day	17	2	34	2	0	0	51	2.2
5 >6 servings/day	10	1	15	1	1	3	29	1.2
Valid responses =	728	31	1534	65	32	1	2,349	99.6
Invalid responses include no response.							,	
30. In the last week, how many servings of vegetables	did you gat on av	orago por (	day2					
50. III the last week, now many servings of vegetables	Male	erage per t	r Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings/day	37	5	43	3	1	3	85	3.6
2 1-2 servings/day	423	58	803	52	17	53		54.3
• •							1,275	
3 3-4 servings/day	201	28	550	36	8	25	772	32.9
4 5-6 servings/day	54	7	102	7	5	16	162	6.9
5 >6 servings/day	11	2	35	2	1	3	52	2.2
Valid responses =	726	31	1533	65	32	1	2,346	99.4
Invalid responses include no response.								
31. In the last week, how many servings of whole grain	ns did you eat on a	average pe	r day?					
	Male	٠.	Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings/day	76	11	180	12	6	19	265	11.3
2 1-2 servings/day	380	52	908	59	19	59	1,334	56.8
3 3-4 servings/day	220	30	366	24	6	19	611	26.0
4 5-6 servings/day	41	6	69	5	1	3	113	4.8
• •								
5 >6 servings/day	10	1	10	1	0	0	24	1.0
Valid responses = Invalid responses include no response.	727	31	1533	65	32	1	2,347	99.5
22. In the lest week how many consinue of low fet deliver	n, ar aalaium fartii	fied ared	did			•		
32. In the last week, how many servings of low-fat dair	y or calcium fortii Male	nea proau	cts ala you Female		erage per day Unknow		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings/day	155	21	204	13	3	10	373	
	427	59	1001	65	23	74	1,483	15.9
2 1-2 servings/day								63.2
3 3-4 servings/day	119	16	290	19	5	16	422	18.0
4 5-6 servings/day	18	3	29	2	0	0	49	2.1
5 >6 servings/day	10	1	8	1	0	0	20	0.9
Valid responses =	729	31	1532	65	31	1	2,347	99.5
Invalid responses include no response.								
33. In the last week, how many ounces of lean proteins	s did you eat on a	verage per	day?					
, , , , , , , , , , , , , , , , , , , ,	Male	Q - 1	Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0-2 ounces per day	88	12	183	12	6	19	283	12.1
2 3-5 ounces per day	287	40	715	47	16	50	1,048	44.7
3 6-8 ounces per day	234	32	516	34	8	25	771	32.9
4 9-11 ounces per day	87	12	100	7	1	3	193	8.2
5 More than 11 ounces per day	31	4	17	1	1	3	50	
Valid responses =	727	31	1531	65	32	1	2,345	99.4
Invalid responses include no response.								
34. In the last week, how many servings of sugar-swee		did you dr						
	Male	_	Female		Unknow		Total	_
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings/day	411	56	843	55	21	66	1,304	55.4
2 1-2 servings/day	248	34	568	37	10	31	842	35.8
3 3-4 servings/day	43	6	96	6	1	3	150	6.4
4 5-6 servings/day	17	2	20	1	0	0	37	1.6
5 >6 servings/day	10	1	9	1	0	0	19	0.8
V-lid	720	21	1526	GE I	22	4	0.050	0.0

729

31

1536

65



American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

7 20 - 29 days

Valid responses =

Invalid responses include no response.

8 Used daily

March 14 2022 FREQUENCY REPORT

Number of Surveys (n) =

2359 Web Surveys

35A. Within the last thirty days, on how many days did you use: Alcohol (beer, wine, liquor)? Male Female Unknown Total Pct. Pct. Pct. Freq. Pct. Freq. 1 Never used 151 21 285 19 12 39 453 19.3 2 Have used, but not in last 30 93 13 241 16 4 13 347 14.8 3 1 - 2 days 143 20 353 23 5 16 513 21.8 4 3 - 5 days 106 15 214 14 2 334 14.2 56 - 9 days 75 10 183 12 3 10 266 11.3 6 10 - 19 days 2 11 144 231 9.8 7 20 - 29 days 50 69 5 3 10 126 5.4 8 Used daily 32 46 3 0 0 80 3.4 Valid responses = 730 31 1535 65 31 2.350 99.6 1 Invalid responses include no response. 35B. Within the last thirty days, on how many days did you use: Cigarettes? Female Unknown Total Male Freq. Frea. Pct. Pct. Pct. Freq. Pct. Freq. 1 Never used 588 82 1304 86 26 84 1,961 84.2 2 Have used, but not in last 30 93 13 161 11 2 7 263 11.3 3 1 - 2 days 12 2 9 2 24 1.0 I 4 3 - 5 days 1 0 6 0 3 8 0.3 56 - 9 days 2 0 4 0 0 0 6 0.3 I 6 10 - 19 days 2 0 2 0 0 0 0.2 I 7 20 - 29 days 0 4 0 0 0 5 0.2 8 Used daily 21 3 34 2 0 0 57 2.4 Valid responses = 720 31 1524 65 31 2,328 98.7 Invalid responses include no response 35C. Within the last thirty days, on how many days did you use: Cigars, little cigars, clove cigarettes? Male Female Unknown Total Freq. Freq. Pct. Freq. Pct. Freq. Pct. 1 Never used 597 82 94 94 90.2 1442 29 2.113 2 Have used, but not in last 30 109 15 78 5 2 195 8.3 3 1 - 2 days 15 2 3 0 0 0 19 0.8 0 4 3 - 5 days 2 2 0 0 0 0.2 5 56 - 9 days 0 3 0 1 0 0 0.2 6 10 - 19 days 0 0 0 0 1 0 0.0 7 20 - 29 days 1 0 0 0 0 0 0.0 8 Used daily 0 0 3 n n 0 4 0.2 Valid responses = 726 31 1531 65 31 2.342 99.3 Invalid responses include no response 35D. Within the last thirty days, on how many days did you use: E-cigarettes or other vape products? Male **Female** Unknown Total Freq. Pct. Freq. Pct. Freq. Pct. Freq. Pct. 1 Never used 652 90 1443 94 28 90 2,168 92.5 2 Have used, but not in last 30 50 7 52 3 3 10 111 4.7 3 1 - 2 days 2 0 3 0 0 0 5 0.2 4 3 - 5 days 3 0 6 0 0 0 10 0.4 5 6 - 9 days 2 0 4 0 0 0 0.3 6 6 10 - 19 days 0 0 0 2 0.1 7 20 - 29 days 4 0 0 0 6 0.3 8 Used daily 11 2 21 0 0 35 1.5 31 Valid responses = 726 31 1531 65 2,343 99.3 Invalid responses include no response 35E. Within the last thirty days, on how many days did you use: Smokeless tobacco (chew, snuff)? Total Male Female Unknown Frea. Pct. Freq. Pct. Freq. Pct. Pct. Frea. 90 100 1 Never used 653 1501 98 30 2 233 95.5 2 Have used, but not in last 30 56 8 2 0 29 0 89 3.8 31 - 2 days 1 0 0 n 0 n 0.0 43 - 5 days 2 0 0 n n n 2 0.1 1 56 - 9 days 0 0 n 0 n 0 n 0.0 6 10 - 19 days 2 0 0 0 0 0 2 0.1 I

2

10

726

0

1

31

0

0

1530

0

0

65

0

0

30

0

0

2

10

2,339

0.1

0.4 I

99.2



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Invalid responses include no response.

March 14, 2022 FREQUENCY REPORT Number of Surveys (n) =

2359 Web

Surveys

www.acha.org				110	inibol of curveys (II)		2000 Web Curveye
35F. Within the last thirty days, on how many days	did vou use: Tobac	co from a w	ater pipe (ho	okah)?			
· · · · · · · · · · · · · · · · · · ·	Male		Female	,	Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.	Freq.	Pct.
1 Never used	672	93	1464	96	28 90	2,209	94.7
2 Have used, but not in last 30	48	7	57	4	3 10	116	5.0
3 1 - 2 days	3	0	0	0	0 0	4	0.2
4 3 - 5 days	0	0	1	0	0 0	1	0.0
5 6 - 9 days	0	Ö	Ö	0	0 0	0	0.0
6 10 - 19 days	1	Ö	0	0	0 0	1	0.0
7 20 - 29 days	0	0	1	0	0 0	1	0.0
8 Used daily	0	0	0	0	0 0	0	0.0
Valid responses =	724	31	1523	65	31 1	2,332	98.9
Invalid responses include no response.	724	31	1323	00	51 1	2,332	90.9
36. Over the last two weeks, how many times have			alcohol at a s	sitting?			
	Male		Female	D-4	Unknown	Total	Det
ANIAARI	Freq.	Pct.	Freq.	Pct.	Freq. Pct.	Freq.	Pct.
1 Not Applicable	160	22	294	19	14 45	474	20.2
2 None	389	53	1020	67	14 45	1,461	62.2
3 1 time	78	11	134	9	0 0	216	9.2
4 2 times	42	6	35	2	1 3	82	3.5
5 3 times	18	3	16	1	1 3	36	1.5 🏻
6 4 times	10	1	11	1	0 0	21	0.9
7 5 times	12	2	7	1	0 0	19	0.8
8 6 times	3	0	4	0	0 0	7	0.3
9 7 times	6	1	5	0	1 3	12	0.5
10 8 times	2	0	1	0	0 0	3	0.1
11 9 times	3	0	2	0	0 0	5	0.2
12 10 or more times	7	1	5	0	0 0	14	0.6
Valid responses =	730	31	1534	65	31 1	2,350	99.6
Invalid responses include no response.							
37. When you drink alcohol, how many drinks do y							
	Male		Female		Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.	Freq.	Pct.
1 0 drinks	160	22	284	19	11 41	460	20.1
2 .1 - 1 drink	189	26	567	38	7 26	778	33.9
3 1.1 - 2 drinks	204	29	454	30	6 22	681	29.7
4 GE 2.1.drinks	163	23	192	13	3 11	374	16.3
Valid responses =	716	31	1497	65	27 1	2,293	97.2
Invalid responses include no response.							
Mean		Median	Sto	d Dev	Min	Ma	
Male	1.73	2.00		1.59	0		12
Female	1.43	1.00		1.13	0		10
Overall	1.55	1.00		1.34	0		12
38. In the last 12 months, have you felt the need to	reduce vour drinki	na?					
oo. In the last 12 months, have you left the need to	Male	ııg.	Female		Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.	Freq.	Pct.
1 Not Applicable	158	22	287	19	14 45	466	19.9
2 No	456	63	1049	69	15 48	1,559	66.5
3 Yes	114	16	196	13	2 7	321	13.7
Valid responses =	728	31	1532	65	31 1	2,346	99.4
Invalid responses include no response.	720	01	1002	00	01	2,040	00.4
39. In the last 12 months, has a family member, fri	end, colleague, or a	nyone expre	ssed concerr	n about y	our drinking		
or suggested you reduce your consumption?			_				
	Male		Female		Unknown	Total	
	Freq.		Freq.	Pct.	Freq. Pct.	Freq.	Pct.
1 Not Applicable	157	22	297	19	13 41	474	20.2
2 No	536	73	1210	79	19 59	1,807	76.9
3 Yes	37	5	27	2	0 0	70	3.0
Valid responses = Invalid responses include no response.	730	31	1534	65	32 1	2,351	99.7
·							
40. Are you having any financial, work, family, or o		result of you			Hadre *****	T-1-1	
	Male		Female		Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.	Freq.	Pct.
1 Not Applicable	162		303	20	12 39	484	20.6
2 No	560	77	1224	80	19 61	1,848	78.7
3 Yes	4	1	8	1	0 0	15	0.6 I
Valid responses =	726	31	1535	65	31 1	2,347	99.5
Invalid responses include no response							



American College Health Association-Nati Reference Group Data Report - Fall 2021 American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

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41. Are you in recovery from alcohol or other subs	tance ahus	e or denen	idence?						
41. Are you in recovery from alcohor or other subs	tarice abus	Male	idence:	Female		Unknown		Total	
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No		717	99	1520	99	30	97	2,320	98.7
2 Yes		11	2	16	1	1	3	30	1.3
/alid responses =		728	31	1536	65	31	1	2,350	99.6
Invalid responses include no response.									
12. How do you usually describe yourself?									
		Male		Female		Unknown		Total	
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
American Indian or Native Alaskan		21	3	42	3	0	0	63	2.7
Asian or Asian American		41	6	50	3	1	3	95	4.0
rab/Middle Eastern/North African		8	1	11	1	0	0	20	0.8
lack or African American		35	5	71	5	2	6	110	4.7
lispanic or Latino/a		29	4	58	4	0	0	88	3.7
lative Hawaiian Pacific Islander Native		2	0	1222	0	0	0 51	2	0.1
/hite		599 11	82 2	1323 25	86 2	18 0	0	1,986 37	84.2 1.6
iracial or Multiracial nother Identity		27	4	25 19	1	1	3	50	2.1
alid responses = all responses and blanks: since	multinle resr					· · · · · · · · · · · · · · · · · · ·	3	50	2.1
and responses — an responses and bianks. Since i	mulipic resp	JOHSUS WCF	c possible, i	nore than re-	070 may b	oc included.			
2A. Are you: (only includes respondents that desc	cribe thems	elves as H	lispanic or l	Latino/a/x)					
		Male		Female		Unknown		Total	
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Mexican, Mexican Am., Chicano		115	16	248	16	4	12	384	16.3
Puerto Rican		157	22	305	20	10	30	483	20.5
Cuban		433	59	975	64	19	58	1,453	61.8
Another Hispanic, Latino, Spanish		25	3	6	0	0	0	32	1.4 0
'alid responses =		730	31	1534	65	33	1	2,352	99.7
Invalid responses include no response.									
2B Are you: (only includes respondents that desc	ribe thems	elves as A	sian or Asia	an American	)				
		Male		Female		Unknown		Total	
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
East Asian		115	16	248	16	4	12	384	16.3
Southeast Asian		157	22	305	20	10	30	483	20.5
South Asian		433	59	975	64	19	58	1,453	61.8
Other Asian		25	3	6	0	0	0	32	1.4
alid responses =		730	31	1534	65	33	1	2,352	99.7
Invalid responses include no response.									
3. How old are you?									
		Male		Female		Unknown		Total	
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
18 - 30		120	17	272	18	2	12	408	17.7
30.1 - 40		165	23	383	25	6	35	570	24.8
40.1 - 50		149	21	353	23	0	0	513	22.3
50.1 - 60		169	23	316	21	3	18	496	21.5
GE 60.1		122	17	183	12	6	35	316	13.7
alid responses =		725	31	1507	65	17	1	2,303	97.6
Invalid responses include no response.									
Mean		M	ledian	Sto	d Dev	Min		Ма	x
Male	45.95		45.00		13.45		20		81
Female	44.02		43.00		12.93		19		87
Overall	44.57		43.00		13.18		19		87
4. What is your height in feet (') and inches (")?									
		Male		Female		Unknown		Total	
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Low-36 inches		0	0	0	0	0	0	0	0.0
37-48 inches		0	0	0	0	0	0	0	0.0
49-60 inches		3	0	80	5	2	11	85	3.7
61-72 inches		571	80	1425	94	13	72	2,057	89.4
73-84 inches		144	20	5	0	3	17	158	6.9 🗖
GE 85 inches		0	0	0	0	0	0	0	0.0
alid responses =		718	31	1510	66	18	1	2,300	97.5
Invalid responses include no response.									
Mean		N/	ledian	Q+,	d Dev	Min		Ма	Y.
Male Male	70.37	IV	70.00	310	2.92	IVIIII	52	iVia	84
Female	64.89		65.00		2.82		50		79
Overall	66.70		66.00		3.88		50		84
	55.76		55.50		0.00				<b>.</b>



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45. What is your weight in pounds?							
	Male		Female		Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.	Freq.	Pct.
1 Low - 50 pounds	0	0	1	0	0 0	1	0.0
2 51-100 pounds	0	0	11	1	0 0	11	0.5 ▮
3 101-150 pounds	71	10	557	38	3 17	644	28.5
4 151-200 pounds	324	45	606	41	9 50	963	42.6
5 201-250 pounds	225	31	199	14	4 22	432	19.1
6 251-300 pounds	77	11	72	5	2 11	159	7.0
7 301-350 pounds	20	3	15	1	0 0	36	1.6
8 351-400 pounds	4	1	6	0	0 0	11	0.5
9 401-450 pounds	1	0	1	0	0 0	2	0.1
10 GE 451 pounds	0	0	0	0	0 0	0	0.0
Valid responses =	722	32	1468	65	18 1	2,259	95.8
Invalid responses include no response.							
Mean		edian		d Dev	Min	Ma	
Male -	205.22	198.00		46.75	111		445
Female	172.44	165.00		46.67	50		405
Total	183.51	175.00		49.35	50		445
46. What say wore you assigned at hirth?							
46. What sex were you assigned at birth?	Male		Female		Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.	Freq.	Pct.
1 Female	0	0	1538	100	7 44	1,578	67.4
2 Male	731	100	0	0	9 56	762	32.6
3 Intersex	0	0	0	0	9 56	762 0	0.0
	731	31	1538	66	16 1		99.2
Valid responses = Invalid responses include no response.	131	31	1000	00	10 [	2,340	ಶಶ.∠
invalid responses include no response.							
47. Do you identify as transgender?							
	Male		Female		Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.	Freq.	Pct.
1 No	731	100	1538	100	11 92	2,307	98.8
2 Yes	0	0	0	0	1 8	29	1.2
Valid responses =	731	31	1538	66	12 1	2,336	99.0
Invalid responses include no response.							
48. Which term do you use to describe your gender							
	Male		Female		Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.	Freq.	Pct.
1 Woman	0	0	1538	100	5 50	1,555	66.6
2 Man	731	100	0	0	4 40	739	31.7
3 Trans woman	0	0	0	0	0 0	5	0.2 I
4 Trans man	0	0	0	0	0 0	2	0.1 I
5 Genderqueer	0	0	0	0	0 0	4	0.2 I
6 Agender	0	0	0	0	0 0	2	0.1
7 Genderfluid	0	0	0	0	0 0	3	0.1
8 Intersex	0	0	0	0	0 0	0	0.0
9 Nonbinary	0	0	0	0	0 0	15	0.6
10 Another identity	0	0	0	0	1 10	9	0.4
Valid responses =	731	31	1538	66	10 0	2,334	98.9
Invalid responses include no response.							
DCEV Cov boood on mattern of 40, 47 and 40							
RSEX. Sex based on pattern of 46, 47 and 48.	Male		Female		Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.	Freq.	Pct.
1 Female	0	0	1538	100	0 0	1,538	65.2
2 Male	731	100	0	0	0 0	731	31.0
2 Transgender/gender non-conforming	0	0	0	0	0 0	55	2.3
Valid responses =	731	31	1538	65	35 1	2,359	100.0
Invalid responses include no response.	701	01	1000	00	00 1	2,559	100.0
ana respenses menade ne respense.							
49. What term best describes your sexual orientation							
	Male		Female		Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.	Freq.	Pct.
1 Asexual	1	0.1	2	0.1	0 0	6	0.3
2 Bisexual	26	3.6	75	4.9	0 0	111	4.8
3 Gay	45	6.2	2	0.1	1 5.6	51	2.2 g
4 Lesbian	0	0	36	2.4	0 0	42	1.8 g
5 Pansexual	6	0.8	16	1.1	0 0	26	1.1 1
6 Queer	3	0.4	12	8.0	0 0	20	0.9
7 Questioning	3	0.4	5	0.3	0 0	10	0.4
9 Straight/Heterosexual	641	88	1365	89.6	17 94.4	2044	88
10 Another identity	3	0.4	10	0.7	0 0	14	0.6
Valid responses =	728	31	1523	66	18 1	2324	98.5
·	720	31	1323	00	10 1	202	00.0
Invalid responses include no response.	720	31	1323	00	10 1	2024	33.3



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Invalid responses include no response.

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EO Deletienskin status							
50. Relationship status:	Male		Female		Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.		Pct.
1 Single, never married	138	19	308	20	4 17	•	20.1
2 Single, divorced	32	4	156	10	1 4		8.3
3 Separated	9	1	12	10	0 0		0.9
4 Engaged	15	2	56	4	0 0		3.1
5 Married	502	69	918	60	17 74		62.5
6 Widowed	502	1	25	2	0 0		1.3
7 Other	28	4	56	4	1 4		3.8
	729	31	1531	65	23 1		
Valid responses =	129	31	1551	00	23 1	2,338	99.1
Invalid responses include no response.							
51. Highest level of education:							
	Male		Female		Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.	•	Pct.
1 Grades 1-8	0	0	0	0	0 0	0	0.0
2 Grades 9-11	2	0	1	0	0 0	3	0.1
3 High school grad or GED	24	3	41	3	0 0	67	2.9
4 Some college (no degree)	28	4	94	6	6 24	132	5.6
5 Trade/technical/vocational	27	4	37	2	1 4	69	2.9
6 Associate's degree	26	4	60	4	2 8		3.8
7 Bachelor's degree	173	24	379	25	5 20		24.3
8 Master's degree	203	28	574	37	4 16		34.0
9 Doctoral Degree	199	27	289	19	7 28		21.7
	47	6		4	0 0		4.8
10 Professional Degree		31	62	66			4.0
Valid responses = Invalid responses include no response.	729	31	1537	00	25 1	2,346	99.4
,							
52A. The food that I bought just didn't last, and I didn't		et more.					
	Male		Female		Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.	Freq.	Pct.
1 Often true	10	1	22	1	1 3	36	1.5
2 Sometimes true	59	8	127	8	8 28	201	8.6 🗖
3 Never true	660	91	1380	90	20 69	2,105	89.9
Valid responses =	729	31	1529	65	29 1	2,342	99.3
Invalid responses include no response.							
52B.I couldn't afford to eat balanced meals.							
52B.I Couldn't afford to eat balanced meals.	Male		Female		Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.		Pct.
1 Often true	22	3	45	3	2 7		3.2
2 Sometimes true	57	8	166	11	4 14		9.9
3 Never true	650	89	1319	86	23 79		86.9
Valid responses =	729	31	1530	65	29 1	2,343	99.3
Invalid responses include no response.							
53. In the last 30 days, did you ever cut the size of your	meals or skip me	eals becau	se				
there wasn't enough money for food?			F			T. (.)	
	Male		Female		Unknown	Total	
	Freq.	Pct.	Freq.	Pct.	Freq. Pct.		Pct.
1 Yes, almost every day	7	1	7	1	1 3		0.6
2 Yes, some but not every day	25	3	64	4	2 7		4.2
3 Only 1 or 2 days	25	3	72	5	1 3	100	4.3
4 No	672	92	1391	91	26 87	2,135	90.9
Valid responses =	729	31	1534	65	30 1	2,348	99.5
Invalid responses include no response.							
54. In the last 30 days, did you ever eat less than you fe	olt vou should bo	carred					
there wasn't enough money for food?	at you should be	Lause					
there wash t enough money for roou!	Male		Female		Unknown	Total	
		D-4		D-4			D-4
1 No	Freq.	Pct.	Freq.	Pct.	Freq. Pct.		Pct.
1 No	692	95	1426	93	25 86		93.4
2 Yes,	37	5	108	7	4 14		6.6
Valid responses = Invalid responses include no response.	729	31	1534	65	29 1	2,347	99.5
·							
55. In the last 30 days, were you ever hungry but didn't	eat because						
there wasn't enough money for food?	Male		Female		Unknown	Total	
		Dot		Det			Pot
1 No	Freq.	Pct.	Freq.	Pct.	Freq. Pct.		Pct.
1 No	703	96	1466	96	26 93		95.9
2 Yes,	26	4	68	4	2 7		4.1
Valid responses =	729	31	1534	65	28 1	2,346	99.4
Invalid responses include no response.							



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Invalid responses include no response.

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56. Within the past 12 months, to what extent have your values, sense of purpose, faith	
or spirituality been useful to you?	

56. Within the past 12 months, to what extent have your value	es, sense o	f purpose,	faith					
or spirituality been useful to you?								
	Male	D. 1	Female		Unknown		Total	B. (
4.7	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 To no extent	63	9	76	5	3	11	152	6.5
2 To little extent	73	10	131	9	2	7	212	9.1
3 To some extent	204	28	452	30	5	19	671	28.7
4 To great extent	229	31	453	30	10	37	706	30.2
5 To very great extent	161	22	418	27	7	26	600	25.6
Valid responses =	730	31	1530	65	27	1	2,341	99.2
Invalid responses include no response.								
		_						
57. Are you currently or have you been a member of the Arm		?						
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	663	91	1512	99	27	93	2,252	95.9
2 Yes area of hazardous duty	39	5	1	0	0	0	42	1.8
3 Yes not of hazardous duty	28	4	22	1	2	7	54	2.3 [
Valid responses =	730	31	1535	65	29	1	2,348	99.5
Invalid responses include no response.								
58. Employee Classification: (Choose your primary position)								
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Staff	362	50	925	60	16	55	1,332	56.7
2 Adjunct Faculty	32	4	58	4	1	3	93	4.0
3 Faculty	195	27	307	20	6	21	520	22.1
4 Administration	44	6	82	5	0	0	128	5.4
5 Graduate/professional	94	13	153	10	5	17	261	11.1
6 Other	4	1	10	1	1	3	16	0.7
Valid responses =	731	31	1535	65	29	1	2,350	99.6
Invalid responses include no response.								
·								
59. Pay type:								
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hourly	118	16	305	20	8	28	444	19.0
2 Salaried	610	84	1224	80	21	72	1,897	81.0
Valid responses =	728	31	1529	65	29	1	2,341	99.2
Invalid responses include no response.							**	
·								
60. What shift do you usually work?								
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Day (1st)	97	82	292	96	7	88	409	92.1
2 Evening (2nd)	14	12	9	3	1	13	24	5.4 □
3 Night (3rd)	7	6	4	1	0	0	11	2.5 🛮
Valid responses =	118	27	305	69	8	2	444	18.8
Invalid responses include no response.								
61. What is your yearly appointment?								
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 9 month	164	23	302	20	8	30	483	21.0
2 10 month	4	1	13	1	0	0	17	0.7
3 11 month	0	0	3	0	1	4	4	0.2 1
4 12 month	554	77	1182	79	18	67	1,800	78.1
Valid responses =	722	31	1500	65	27	1	2,304	97.7
Invalid responses include no response.								
62. Employment status:								
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Part-time without benefits	49	7	98	6	4	13	159	6.8
2 Part-time with benefits	41	6	85	6	2	7	130	5.5 🗖
3 Full-time without benefits	23	3	32	2	1	3	57	2.4
4 Full-time with benefits	616	85	1316	86	24	77	2,000	85.3
Valid responses =	729	31	1531	65	31	1	2,346	99.4
Invalid responses include no response.								
63. Are you:								
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct
1 Employed college/university	728	100	1512	99	32	100	2,326	98.9
2 Employed outsourced group	3	0	23	2	0	0	27	1.1
Valid responses =	731	31	1535	65	32	1	2,353	99.7
Invalid responses include no response.								



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#### 64. Do you have health insurance?

					•	•			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	5	1	18	1	0	0	23	1.0	
2 Yes	722	99	1520	99	32	100	2,328	98.9	
3 I don't know	3	0	0	0	0	0	4	0.2	
Valid responses =	730	31	1538	65	32	1	2,355	99.8	
Invalid responses include no response.									

Female

65. Years of employment at this institution or outsourced group at this institution:

	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 <=5	343	47	751	49	8	28	1,128	48.1	
2 6-10	129	18	299	20	11	38	454	19.4	
3 11-15	81	11	178	12	5	17	268	11.4	
4 16-20	62	9	119	8	1	3	186	7.9	
5 21-25	36	5	70	5	2	7	110	4.7	
6 26-30	31	4	56	4	0	0	88	3.8	
7 31-35	24	3	28	2	2	7	56	2.4	
8 36-40	17	2	15	1	0	0	32	1.4	0
9 More than 40 years	8	1	13	1	0	0	22	0.9	0
Valid responses =	731	31	1529	65	29	1	2 344	99.4	

Invalid responses include no response.

Invalid responses include no response.

#### 66. Are you a member of an employment union?

	Male	Male		€	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	633	87	1331	87	27	90	2,037	87.0
2 Yes	96	13	196	13	3	10	304	13.0
Valid responses =	729	31	1527	65	30	1	2.341	99.2

67A1. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement. I lead a purposeful and meaningful life.

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	24	3	28	2	1	4	57	2.4
2 Disagree	21	3	36	2	0	0	59	2.5
3 Slightly disagree	35	5	61	4	1	4	102	4.4
4 Neither agree nor disagree	53	7	119	8	1	4	180	7.7
5 Slightly agree	111	15	259	17	3	11	383	16.4
6 Agree	296	41	650	42	13	46	978	41.8
7 Strongly agree	186	26	380	25	9	32	583	24.9
Valid responses =	726	31	1533	65	28	1	2,342	0.0

67A2. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

Invalid responses include no response.

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	18	3	27	2	0	0	46	2.0
2 Disagree	27	4	33	2	1	3	63	2.7
3 Slightly disagree	37	5	56	4	3	10	97	4.1
4 Neither agree nor disagree	60	8	106	7	1	3	177	7.5
5 Slightly agree	148	20	257	17	4	14	419	17.9
6 Agree	297	41	661	43	12	41	988	42.1
7 Strongly agree	139	19	395	26	8	28	555	23.7
Valid responses =	726	31	1535	65	29	1	2,345	0.0

67A3. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

Invalid responses include no response.

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	21	3	25	2	1	3	48	2.0
2 Disagree	21	3	40	3	0	0	67	2.9 🗖
3 Slightly disagree	41	6	93	6	1	3	140	6.0
4 Neither agree nor disagree	57	8	119	8	1	3	185	7.9
5 Slightly agree	140	19	305	20	4	14	460	19.6
6 Agree	296	41	637	42	14	48	962	41.0
7 Strongly agree	150	21	315	21	8	28	482	20.6
Valid responses =	726	31	1534	65	29	1	2,344	0.0

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#### 67A4. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	10	1	18	1	0	0	29	1.2
2 Disagree	8	1	18	1	0	0	27	1.2
3 Slightly disagree	17	2	29	2	1	3	49	2.1
4 Neither agree nor disagree	53	7	88	6	4	14	156	6.7
5 Slightly agree	152	21	262	17	3	10	429	18.3
6 Agree	301	42	681	44	12	41	1,011	43.2
7 Strongly agree	182	25	437	29	9	31	639	27.3
Valid responses =	723	31	1533	66	29	1	2,340	0.0

Invalid responses include no response.

#### 67A5. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement. I am competent and capable in the activities that are important to me.

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	9	1	15	1	0	0	24	1.0
2 Disagree	7	1	4	0	0	0	12	0.5
3 Slightly disagree	14	2	15	1	1	3	32	1.4 0
4 Neither agree nor disagree	28	4	51	3	1	3	84	3.6 □
5 Slightly agree	83	11	178	12	0	0	270	11.5
6 Agree	326	45	772	50	15	52	1,138	48.5
7 Strongly agree	260	36	498	33	12	41	784	33.4
Valid responses =	727	31	1533	65	29	1	2,344	0.0

Invalid responses include no response.

#### 67A6. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement. I am a good person and live a good life.

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	8	1	15	1	0	0	23	1.0
2 Disagree	6	1	1	0	0	0	9	0.4 1
3 Slightly disagree	12	2	10	1	1	4	24	1.0
4 Neither agree nor disagree	48	7	59	4	1	4	116	5.0 🗖
5 Slightly agree	87	12	154	10	2	7	253	10.8
6 Agree	337	46	754	49	15	54	1,124	48.0
7 Strongly agree	228	31	541	35	9	32	794	33.9
Valid responses =	726	31	1534	65	28	1	2,343	0.0

#### 67A7. Below are 8 statements with which you may agree or disagree.

Invalid responses include no response.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

•	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	28	4	25	2	1	3	56	2.4
2 Disagree	25	3	38	3	1	3	70	3.0
3 Slightly disagree	35	5	60	4	1	3	101	4.3
4 Neither agree nor disagree	72	10	103	7	3	10	187	8.0
5 Slightly agree	121	17	259	17	3	10	390	16.6
6 Agree	255	35	639	42	13	45	923	39.4
7 Strongly agree	189	26	411	27	7	24	617	26.3
Valid responses =	725	31	1535	65	29	1	2,344	0.0

Invalid responses include no response.

#### 67A8. Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement. People respect me.

	Male		Female	)	Unknow	own To		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	13	2	18	1	0	0	32	1.4 0
2 Disagree	12	2	16	1	0	0	30	1.3
3 Slightly disagree	24	3	30	2	2	7	60	2.6
4 Neither agree nor disagree	78	11	121	8	6	21	214	9.1
5 Slightly agree	119	16	234	15	3	10	368	15.7
6 Agree	324	45	758	49	14	48	1,117	47.7
7 Strongly agree	155	21	358	23	4	14	523	22.3
Valid responses =	725	31	1535	65	29	1	2,344	0.0
Invalid responses include no response.								



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68A1. Please indicate how much you agree with the following statements as they apply to you over the last month If a particular situation has not occurred recently, answer according to how you think you would have felt. I am able to adapt when changes occur.

, , , , , , , , , , , , , , , , , , ,	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	0	0	5	0	0	0	5	0.2
1 Rarely true	6	1	7	1	0	0	14	0.6
2 Sometimes true	91	13	196	13	6	21	306	13.1
3 Often true	319	44	710	46	10	35	1,063	45.4
4 True nearly all the time	308	43	615	40	13	45	953	40.7
Valid responses =	724	31	1533	65	29	1	2.341	0.0

68A2. Please indicate how much you agree with the following statements as they apply to you over the last month If a particular situation has not occurred recently, answer according to how you think you would have felt. I tend to bounce back after illness, injury, or other hardships.

Invalid responses include no response.

	Male		Female	•	Unknowi	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	2	0	10	1	0	0	12	0.5
1 Rarely true	5	1	21	1	1	3	28	1.2
2 Sometimes true	88	12	233	15	4	14	338	14.4
3 Often true	289	40	611	40	8	28	930	39.7
4 True nearly all the time	340	47	657	43	16	55	1,032	44.1
Valid responses =	724	31	1532	65	29	1	2,340	0.0

69A1. Indicate how often each of the statements below is descriptive of you.

How often do you feel that you lack companionship?

Invalid responses include no response.

Invalid responses include no response.

	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Hardly ever	367	51	727	48	16	55	1,137	48.5	
2 Some of the time	260	36	606	40	10	35	891	38.0	
3 Often	100	14	199	13	3	10	315	13.4	
Valid responses =	727	31	1532	65	29	1	2.343	0.0	

69A2. Indicate how often each of the statements below is descriptive of you. How often do you feel left out?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	389	54	763	50	8	28	1,187	50.6
2 Some of the time	270	37	634	41	17	59	941	40.1
3 Often	68	9	137	9	4	14	217	9.3
Valid responses =	727	31	1534	65	29	1	2,345	0.0
Invalid responses include no response.								

69A3. Indicate how often each of the statements below is descriptive of you. How often do you feel isolated from others?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	358	49	773	50	11	38	1,162	49.6
2 Some of the time	269	37	576	38	13	45	876	37.4
3 Often	100	14	184	12	5	17	306	13.1
Valid responses =	727	31	1533	65	29	1	2,344	0.0
Invalid responses include no response.								

**DIENER Diener Flourishing Score** 

	Mean	Median	Std Dev	Min	Max
Male	44.99	47.00	8.63	8	56
Female	46.18	48.00	7.86	8	56
Overall	45.71	48.00	8.18	8	56
CDDICCO Common Devide on Beniliano Com	a 2 (CD BICC2) Coor	•			
CDRISC2 Connor-Davidson Resilience Sca	e z (CD-RISCZ) SCOR	3			
CDRISC2 Connor-Davidson Resilience Sca	Mean	Median	Std Dev	Min	Max

6.00

6.00

1.37

1.36

0

0

8

8

6 49

6.52

**ULS3 UCLA Loneliness Scale Score** 

Female

Overall

	Mean	Median	Std Dev	Min	Max
Male	4.84	4.00	1.82	3	9
Female	4.86	5.00	1.77	3	9
Overall	4.87	5.00	1.79	3	9

Reference Group Data Report - Fall 2021
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1 Strongly disagree

5 Strongly agree

Valid responses =

3 Neither disagree nor agree

Invalid responses include no response.

2 Disagree

4 Agree

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	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	458	63	970	63	16	55	1,475	63.1
2 Positive for Ioneliness (6-9)	268	37	559	37	13	45	864	36.9
/alid responses =	726	31	1529	65	29	1	2,339	0.0
Invalid responses include no response.	720	31	1023	00	25	į.	2,333	0.0
invalid responses include no response.								
QCOVID1 Have you ever had COVID-19 (the novel coronaviru	ıs disease)?	•						
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Frea.	Pct.
1 Yes	66	9	207	14	2	6	280	11.9
6 No	607	83	1231	80	30	88	1,911	81.0
7 Unsure	58	8	100	7	2	6	167	7.1
	731	31	1538	65	34	1		
/alid responses = Invalid responses include no response.	731	31	1330	00	34	,	2,358	100.0
invalid responses include no response.								
COVID1A How severe were any symptoms that you experie	enced? (only	/ includes 1	aculty/staff	who sele	cted Yes to eve	er having	had COVID-	19)
	Male		Female		Unknown	•	Total	•
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freg.	Pct.
Severe (e.g., difficulty breathing or speaking, low blood								- <del></del>
pressure, high fever of 103 F (39.4 C or higher)	6	9	12	6	0	0	18	6.4 🗖
2 Moderate (e.g., some shortness of breath, cough,	U	J	12	U	U	3	10	U.7 <b>—</b>
	20	30	87	42	0	0	108	29.6
fever of 100.4 F (38 C) or higher)	20 34							38.6
B Mild (e.g., cold-like symptoms)		52	95	46	1	50	134	47.9
No symptoms (asymptomatic)	6	9	13	6	1	50	20	7.1 🗖
/alid responses =	66	24	207	74	2	1	280	11.9
Invalid responses include no response.								
200//ID4D Wess beautitalized because of 00//ID 4/		O (			I4I V			OV(ID 40)
QCOVID1B Were you hospitalized because of your COVID-19	symptoms Male	? (only inc	udes facult Female	y/starr wn	o selected Yes Unknown	to ever	naving nad C Total	OVID-19)
		Pct.		Det		Det		Pct.
l Vee	Freq.		Freq.	Pct.	Freq.	Pct.	Freq.	
1 Yes	3	5	3	1	0	0	6	2.1
2 No	63	96	204	99	2	100	274	97.9
Valid responses =	66	24	207	74	2	1	280	11.9
•								
Invalid responses include no response.								
Invalid responses include no response.		l moro than	. 4 wooke at	tor vour i	nitial COVID-19	llnoss	and wore no	t avnarianced before the i
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have	ve continued			•				•
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have	ve continued s, or worsen		(only includ	•	/staff who sele		s to ever hav	•
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have	ve continued s, or worsen Male	ing mood.	only includ Female	es faculty	/staff who sele Unknown	ected Yes	s to ever hav Total	ing COVID-19)
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have samples include fatigue, brain fog, heart racing, headaches	ve continued s, or worsen Male Freq.	ing mood. Pct.	only include Female Freq.	es faculty Pct.	r/staff who sele Unknown Freq.	Pct.	s to ever hav Total Freq.	ing COVID-19) Pct.
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have Examples include fatigue, brain fog, heart racing, headaches	ve continued s, or worsen Male Freq. 23	ing mood.  Pct. 35	(only include Female Freq. 90	es faculty Pct. 44	r/staff who sele Unknown Freq. 1	Pct. 50	to ever hav Total Freq. 116	Pct. 41.6
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have Examples include fatigue, brain fog, heart racing, headaches  1 Yes 2 No	ve continued s, or worsen Male Freq. 23 43	Pct. 35 65	(only include Female Freq. 90 116	Pct. 44 56	r/staff who sele Unknown Freq. 1 1	Pct. 50 50	s to ever hav Total Freq. 116 163	Pct. 41.6 58.4
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have been been been been been been been be	ve continued s, or worsen Male Freq. 23	ing mood.  Pct. 35	(only include Female Freq. 90	es faculty Pct. 44	r/staff who sele Unknown Freq. 1	Pct. 50	to ever hav Total Freq. 116	Pct. 41.6
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have been smaller include fatigue, brain fog, heart racing, headaches are seen as a live seen and seen are seen as a live seen as a live seen are seen as a live seen as a live seen as a live seen are seen as a live	ve continued s, or worsen Male Freq. 23 43	Pct. 35 65	(only include Female Freq. 90 116	Pct. 44 56	r/staff who sele Unknown Freq. 1 1	Pct. 50 50	s to ever hav Total Freq. 116 163	Pct. 41.6 58.4
Invalid responses include no response.  CCOVID1C Did you/are you experiencing symptoms that have been been been been been been been be	ve continued s, or worsen Male Freq. 23 43 66	Pct. 35 65 24	(only include Female Freq. 90 116 206	Pct. 44 56	r/staff who sele Unknown Freq. 1 1	Pct. 50 50	s to ever hav Total Freq. 116 163	Pct. 41.6 58.4
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have been supported by the properties of the p	ve continued s, or worsen Male Freq. 23 43 66	Pct. 35 65 24	(only include Female Freq. 90 116 206	Pct. 44 56	r/staff who seld Unknown Freq. 1 1 2	Pct. 50 50	s to ever hav Total Freq. 116 163 279	Pct. 41.6 58.4
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have been been been been been been been be	ve continued s, or worsen Male Freq. 23 43 66	Pct. 35 65 24 due to CO\	(only include Female Freq. 90 116 206	Pct. 44 56 74	v/staff who seld Unknown Freq. 1 1 2	Pct. 50 50 1	s to ever hav Total Freq. 116 163 279	Pct. 41.6 58.4 11.8
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have been been been been been been been be	ve continued s, or worsen Male Freq. 23 43 66 or friend die Male Freq.	Pct. 35 65 24  due to COV	(only include Female Freq. 90 116 206 VID-19? Female Freq.	Pct. 44 56 74 Pct.	v/staff who seld Unknown Freq. 1 1 2 Unknown Freq.	Pct. 50 50 1	s to ever hav Total Freq. 116 163 279  Total Freq.	Pct. 41.6 58.4 11.8
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have been supported by the second of	ve continued s, or worsen Male Freq. 23 43 66 or friend die Male Freq. 148	Pct. 35 65 24 due to COV	(only include Female Freq. 90 116 206 VID-19? Female Freq. 341	Pct. 44 56 74 Pct. 22	v/staff who seld Unknown Freq. 1 1 2 Unknown Freq. 11	Pct. 50 50 1	s to ever hav	Pct. 21.6 ————————————————————————————————————
Invalid responses include no response.  CCOVID1C Did you/are you experiencing symptoms that have been provided include fatigue, brain fog, heart racing, headaches are less than the second of the sec	ve continueds, or worsen Male Freq. 23 43 66 or friend die Male Freq. 148 582	Pct. 35 65 24 due to CO\ Pct. 20 80	(only include Female Freq. 90 116 206 VID-19? Female Freq. 341 1196	Pct. 44 56 74  Pct. 22 78	v/staff who seld Unknown Freq. 1 1 2 Unknown Freq. 11 22	Pct. 50 50 1 Pct. 33 67	s to ever hav Total Freq. 116 163 279  Total Freq. 508 1,847	Pct. 21.6 ————————————————————————————————————
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have examples include fatigue, brain fog, heart racing, headaches  Yes No Valid responses = Invalid responses include no response.  QCOVID2 Have you had a loved one, close family member, or yes No Valid responses =	ve continued s, or worsen Male Freq. 23 43 66 or friend die Male Freq. 148	Pct. 35 65 24 due to COV	(only include Female Freq. 90 116 206 VID-19? Female Freq. 341	Pct. 44 56 74 Pct. 22	v/staff who seld Unknown Freq. 1 1 2 Unknown Freq. 11	Pct. 50 50 1	s to ever hav	Pct. 21.6 ————————————————————————————————————
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have been provided include fatigue, brain fog, heart racing, headaches are less than the provided include fatigue, brain fog, heart racing, headaches are less than the provided include fatigue, brain fog, heart racing, headaches are less than the provided include fatigue, brain fog, heart racing, headaches are less than the provided included	ve continueds, or worsen Male Freq. 23 43 66 or friend die Male Freq. 148 582	Pct. 35 65 24 due to CO\ Pct. 20 80	(only include Female Freq. 90 116 206 VID-19? Female Freq. 341 1196	Pct. 44 56 74  Pct. 22 78	v/staff who seld Unknown Freq. 1 1 2 Unknown Freq. 11 22	Pct. 50 50 1 Pct. 33 67	s to ever hav Total Freq. 116 163 279  Total Freq. 508 1,847	Pct. 21.6 ————————————————————————————————————
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have examples include fatigue, brain fog, heart racing, headaches  Yes No /alid responses =	ve continued s, or worsen Male Freq. 23 43 66 or friend die Male Freq. 148 582 730	Pct. 35 65 24 due to CO\ Pct. 20 80 31	(only include Female Freq. 90 116 206 VID-19? Female Freq. 341 1196 1537	Pct. 22 78 65	u/staff who seld Unknown Freq. 1 1 2 Unknown Freq. 11 22 33	Pct. 50 50 1 Pct. 33 67 1	Total Freq. 116 163 279 Total Freq. 508 1,847 2,355	Pct. 41.6
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have been been been been been been been be	ve continueds, or worsen Male Freq. 23 43 66 or friend die Male Freq. 148 582 730 friend that I	Pct. 35 65 24 due to CO\ Pct. 20 80 31	(only include Female Freq. 90 116 206 VID-19? Female Freq. 341 1196 1537	Pct. 22 78 65	v/staff who seld Unknown Freq. 1 2 Unknown Freq. 11 22 33	Pct. 50 50 1 Pct. 33 67 1	Total Freq. 116 163 279 Total Freq. 508 1,847 2,355	Pct. 41.6
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have been provided include fatigue, brain fog, heart racing, headaches are less local to the provided include fatigue, brain fog, heart racing, headaches are less local loc	ve continued s, or worsen Male Freq. 23 43 66 or friend die Male Freq. 148 582 730 friend that I	Pct. 35 65 24 due to CO\ Pct. 20 80 31	(only include Female Freq. 90 116 206 VID-19? Female Freq. 341 1196 1537	Pct. 22 78 65	v/staff who seld Unknown Freq.  1 1 2  Unknown Freq. 11 22 33  effects (or a lo	Pct. 33 67 1	Total Freq. 116 163 279  Total Freq. 508 1,847 2,355	Pct. 21.6 — 78.4 — 99.8
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have examples include fatigue, brain fog, heart racing, headaches are leaded to the second of the second o	re continueds, or worsen Male Freq. 23 43 66 r friend die Male Freq. 148 582 730 friend that I Male Freq.	Pct. 35 65 24 due to CO\ Pct. 20 80 31 has been de Pct.	(only include Female Freq. 90 116 206   /ID-19? Female Freq. 341 1196 1537   ealing with Female Freq.	Pct. 22 78 65 long term	unknown Freq.  1 2  Unknown Freq.  1 2  Unknown Freq.  11 22 33  effects (or a lo Unknown Freq.	Pct. 33 67 1 cong recov	Total Freq. 116 163 279  Total Freq. 508 1,847 2,355  very) followin Total Freq.	Pct. 21.6 78.4 99.8 pg a COVID-19 illness?
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have examples include fatigue, brain fog, heart racing, headaches are leaded as a large of the second of t	re continueds, or worsen Male Freq. 23 43 66 r friend die Male Freq. 148 582 730 friend that I Male Freq. 197	Pct. 20 80 31 has been de Pct. 27	(only include Female Freq. 90 116 206   VID-19? Female Freq. 341 1196 1537   ealing with Female Freq. 450	Pct. 22 78 65 long term Pct. 29	Unknown Freq.  1 1 2  Unknown Freq. 11 22  Unknown Freq. 11 22 33  effects (or a lo Unknown Freq. 111	Pct. 33 67 1 cong recov	Total Freq. 508 1,847 2,355  very) followir Total Freq. 678	Pct. 21.6 ————————————————————————————————————
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have been been been been been been been be	re continueds, or worsen Male Freq. 23 43 66 r friend die Male Freq. 148 582 730 friend that I Male Freq. 197 534	Pct. 20 80 31 has been de Pct. 27 73	(only include Female Freq. 90 116 206 VID-19? Female Freq. 341 1196 1537 ealing with Female Freq. 450 1087	Pct. 22 78 65 long term Pct. 29 71	unknown Freq.  1 2  Unknown Freq.  11 22 33  effects (or a lo Unknown Freq.  Unknown Freq.  11 22 33	Pct. 33 67 1 cong recov	Total Freq. 508 1,847 2,355  very) followin Total Freq. 608 1,847 2,355	Pct. 21.6 78.4 99.8 Pct. 28.8 71.2
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have examples include fatigue, brain fog, heart racing, headaches are leaded as a large of the second of t	re continueds, or worsen Male Freq. 23 43 66 r friend die Male Freq. 148 582 730 friend that I Male Freq. 197	Pct. 20 80 31 has been de Pct. 27	(only include Female Freq. 90 116 206   VID-19? Female Freq. 341 1196 1537   ealing with Female Freq. 450	Pct. 22 78 65 long term Pct. 29	Unknown Freq.  1 1 2  Unknown Freq. 11 22  Unknown Freq. 11 22 33  effects (or a lo Unknown Freq. 111	Pct. 33 67 1 cong recov	Total Freq. 508 1,847 2,355  very) followir Total Freq. 678	Pct. 21.6 ————————————————————————————————————
Invalid responses include no response.  QCOVID1C Did you/are you experiencing symptoms that have examples include fatigue, brain fog, heart racing, headaches  Yes No (Alid responses = Invalid responses include no response.)  QCOVID2 Have you had a loved one, close family member, or  Yes No (Alid responses = Invalid responses include no response.)  QCOVID3 Do you have a loved one, close family member, or	re continueds, or worsen Male Freq. 23 43 66 r friend die Male Freq. 148 582 730 friend that I Male Freq. 197 534	Pct. 20 80 31 has been de Pct. 27 73	(only include Female Freq. 90 116 206 VID-19? Female Freq. 341 1196 1537 ealing with Female Freq. 450 1087	Pct. 22 78 65 long term Pct. 29 71	unknown Freq.  1 2  Unknown Freq.  11 22 33  effects (or a lo Unknown Freq.  Unknown Freq.  11 22 33	Pct. 33 67 1 cong recov	Total Freq. 508 1,847 2,355  very) followin Total Freq. 608 1,847 2,355	Pct. 21.6 78.4 99.8 Pct. 28.8 71.2

Female

Pct.

12

23

15

35

16

65

Freq.

176

348

234

532

246

1536

Unknown

12

6

4

10

2

34

Freq.

Pct.

35

18

12

29

Total

302

506

338

813

396

2,355

Freq.

Pct.

12.8

21.5

14.4

34.5

16.8

99.8

Male

Freq.

101

135

261

140

730

93

Pct.

14

19

13

36

19

31



American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

March 14, 2022 FREQUENCY REPORT Number of Surveys (n) =

2359 Web Surveys

QCOVID6A I follow my campus policies related to COVID-19.

	waie		remaie	;	Unknow	n	iotai		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	26	4	54	4	2	6	83	3.5 ■	
2 Disagree	6	1	4	0	0	0	10	0.4 1	
3 Neither disagree nor agree	25	3	25	2	0	0	54	2.3 □	
4 Agree	209	29	392	26	9	27	619	26.3	
5 Strongly agree	465	64	1062	69	22	65	1,590	67.4	
6 N/A, my campus does not have policies related to COVID-19	0	0	1	0	1	3	2	0.1 I	
Valid responses =	731	31	1538	65	34	1	2,358	100.0	
Invalid responses include no response.									

QCOVID8 I believe that students at my school are taking precautions to protect one another from COVID-19.

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	101	14	183	12	9	28	305	13.0
2 Disagree	163	22	368	24	4	13	552	23.4
3 Neither disagree nor agree	213	29	490	32	12	38	734	31.2
4 Agree	212	29	441	29	5	16	665	28.2
5 Strongly agree	42	6	54	4	2	6	98	4.2
Valid responses =	731	31	1536	65	32	1	2.354	99.8

Invalid responses include no response.

QCOVID13A Over the past 30 days, on average, how much have you been concerned with the following? How long the COVID-19 pandemic will last

	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	63	9	77	5	1	3	146	6.2
2 Slightly concerned	115	16	245	16	3	9	368	15.6
3 Moderately concerned	248	34	454	30	9	27	722	30.7
4 Very concerned	196	27	485	32	11	32	713	30.3
5 Extremely concerned	109	15	274	18	10	29	406	17.2
Valid responses =	731	31	1535	65	34	1	2,355	99.8
Invalid responses include no response.								

QCOVID13B Over the past 30 days, on average, how much have you been concerned with the following?

That you will get COVID-19 (only includes faculty/staff who selected Unsure or No to having had COVID-19)

3	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	114	17	146	11	3	9	269	13.0
2 Slightly concerned	238	36	431	32	9	28	695	33.5
3 Moderately concerned	186	28	398	30	7	22	603	29.1
4 Very concerned	79	12	203	15	6	19	296	14.3
5 Extremely concerned	45	7	151	11	7	22	210	10.1
Valid responses =	662	32	1329	64	32	2	2 073	87 9

QCOVID13C Over the past 30 days, on average, how much have you been concerned with the following?

That you will get COVID-19 again (only includes faculty/staff who selected Yes to having had COVID-19)

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	17	26	49	24	0	0	67	24.0
2 Slightly concerned	23	35	57	28	1	50	82	29.4
3 Moderately concerned	13	20	55	27	0	0	69	24.7
4 Very concerned	8	12	30	15	1	50	40	14.3
5 Extremely concerned	5	8	15	7	0	0	21	7.5
Valid responses =	66	24	206	74	2	1	279	11.8

Invalid responses include no response.



American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

March 14, 2022 FREQUENCY REPORT Number of Surveys (n) =

2359 Web

Surveys

QCOVID13D Over the past 30 days, on average, how much have you been concerned with the following? That someone you care about will get COVID-19

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	54	7	81	5	1	3	140	5.9
2 Slightly concerned	148	20	258	17	4	12	414	17.6
3 Moderately concerned	210	29	430	28	6	18	661	28.1
4 Very concerned	200	27	393	26	11	32	622	26.4
5 Extremely concerned	119	16	371	24	12	35	516	21.9
Valid responses =	731	31	1533	65	34	1	2,353	99.7
Invalid responses include no response.								

QCOVID13E Over the past 30 days, on average, how much have you been concerned with the following? That someone you care about will die from COVID-19

•	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	115	16	182	12	2	6	303	12.9
2 Slightly concerned	222	31	407	27	11	32	654	27.8
3 Moderately concerned	157	22	333	22	2	6	503	21.4
4 Very concerned	126	17	283	18	8	24	431	18.3
5 Extremely concerned	109	15	331	22	11	32	463	19.7
Valid responses =	729	31	1536	65	34	1	2.354	99.8

QCOVID13F Over the past 30 days, on average, how much have you been concerned with the following?

Not being able to spend time with people you care about

Invalid responses include no response.

Invalid responses include no response.

not some actor to opone anno man poopto you onto acout	Male		Female	)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	123	17	206	13	4	12	340	14.4
2 Slightly concerned	132	18	301	20	1	3	445	18.9
3 Moderately concerned	201	28	369	24	8	24	585	24.9
4 Very concerned	158	22	342	22	10	29	523	22.2
5 Extremely concerned	115	16	317	21	11	32	460	19.5
Valid responses =	729	31	1535	65	34	1	2,353	99.7

QCOVID13G Over the past 30 days, on average, how much have you been concerned with the following? Uncertainty of the future

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not concerned at all	99	14	151	10	4	12	261	11.1
2 Slightly concerned	152	21	311	20	3	9	472	20.1
3 Moderately concerned	176	24	357	23	4	12	541	23.0
4 Very concerned	168	23	378	25	12	36	572	24.3
5 Extremely concerned	134	18	339	22	10	30	507	21.5
Valid responses =	729	31	1536	65	33	1	2,353	99.7
Invalid responses include no response.								

QCOVID15 As a result of the COVID-19 pandemic, have you experienced any discriminatory or hostile behavior due to your race/ethnicity (or what someone thought was your race/ethnicity)?

(	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Yes	26	4	55	4	3	9	88	3.7	
2 No	704	96	1482	96	32	91	2,269	96.3	
Valid responses =	730	31	1537	65	35	1	2 357	99 9	

QCOVID16 As a result of the COVID-19 pandemic, have you witnessed (online exchanges or in-person) any discriminatory or hostile behavior or exchanges towards others due to their race/ethnicity (or what someone thought was their race/ethnicity)?

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	160	22	423	28	12	34	624	26.5
2 No	569	78	1112	72	23	66	1,729	73.5
Valid responses =	729	31	1535	65	35	1	2,353	99.7

Invalid responses include no response.



American College Health Association-Nati Reference Group Data Report - Fall 2021 American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

March 14, 2022 FREQUENCY REPORT

Number of Surveys (n) = 2359 Web Surveys

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
A lot more stressful	59	8	145	9	7	20	219	9.3
Somewhat more stressful	212	29	391	26	11	31	630	26.7
No significant change	394	54	902	59	17	49	1,339	56.8
Somewhat less stressful	50	7	77	5	0	0	131	5.6
A lot less stressful	15	2	21	1	0	0	37	1.6 <sup>0</sup>
/alid responses =	730	31	1536	65	35	1	2,356	99.9
Invalid responses include no response.							·	
QCOVID18A How has your current overall level of stress be	een impacted	by the CO	VID-19 pand	lemic?				
	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Significantly increased my level of stress	171	23	535	35	17	49	752	31.9
2 Somewhat increased my level of stress	421	58	807	53	17	49	1,265	53.7
No change in my level of stress	125	17	168	11	1	3	298	12.6
Somewhat decreased my level of stress	8	1	22	1	0	0	30	1.3 🛮
Significantly decreased my level of stress	5	1	4	0	0	0	11	0.5
/alid responses =	730	31	1536	65	35	1	2,356	99.9
Invalid responses include no response.								
QCOVID19B How would you describe your COVID-19 vacci		?						
	Male		Female		Unknow		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Received all the injections required to be fully vaccinated	693	95	1425	94	33	97	2,202	94.1
Started the vaccination porcess, but need another shot	8	1	11	1	0	0	19	0.8 I
B Plan to get vaccinated	1	0	8	1	1	3	10	0.4 I
Will only get vaccinated if required	7	1	23	2	0	0	30	1.3 •
5 Will not get vaccinated	19	3	56	4	0	0	79	3.4
/alid responses =	728	31	1523	65	34	1	2,340	99.2
Invalid responses include no response.								
QCOVID23 I am currently working or teaching classes:								
	Male		Female		Unknow		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
			755	52	13	45	1,216	54.7
	424	61						
Enitrely in-person 2 Entirely online/telecommuting	69	10	169	12	2	7	251	11.3