

Reference Group

Data Report Fall 2019

The ACHA-NCHA II supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

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Demographics of Participating Institutions

Three postsecondary institutions self-selected to participate in the Fall 2019 ACHA National Faculty & Staff Health Assessment and 2,992 surveys were completed by faculty and staff on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all faculty and staff or used a random sampling technique are included in the analysis, yielding a final data set consisting of 2,992 faculty and staff at 3 schools. Demographic characteristics of the 3 campuses follow. The mean response proportion was 32%, and the median response proportion was 31%.

Demographical Characteristics of the 3 US Postsecondary Institutions I in the Fall 2019 ACHA-NFSHA Reference Group	ncluded
Campus Characteristic	n
Type of Institution	
Public	3
Private	0
2-year	0
4-year or above	3
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	0
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	0
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC,	
TN, TX, VA, WV)	2
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	1
Campus Size	
< 2,500 students	1
2,500 – 4,999 students	0
5,000 – 9,999 students	0
10,000 – 19,999 students	0
20,000 students or more	2
Campus Setting	
Very large city (population over 500,000)	0
Large city (population 250,000-499,999)	0
Small city (population 50,000-249,999)	2
Large town (population 10,000 – 49,999)	1
Small town (population 2,500-9,999)	0
Rural community (population under 2,500)	0
Carnegie Classification	
Associates Colleges	0
Baccalaureate Colleges	0
Baccalaureate/Associates Colleges	0
Masters Colleges and Universities	1
Doctoral Universities	2
Special Focus Institutions	0
Miscellaneous/Not Classified	0

Demographical Characteristics of the 3 US Postsecondary Institutions In the Fall 2019 ACHA-NFSHA Reference Group	cluded in
Campus Characteristic	n
ACHA Membership Status	
Institutional Member	3
Nonmember	0
Religious Affiliation	
No	3
Yes	0
<u>If yes:</u>	
Catholic	0
Protestant or Other Christian	0
Postsecondary Minority Institution (US Department of Education)	
No	3
Yes	0
*If yes:	
Postsecondary Minority Institution	0
Historically Black College or University (HBCU)	0
High Hispanic Enrollment	0
Hispanic-serving Institution (HSI)	0
Tribal College or University	0
Predominately Black Institution	0
Asian American and Native American Pacific Islander-serving	0
Alaska Native-serving or Native Hawaiian-serving Institution	0
Native American-serving Nontribal Institution	0

*institutions may hold more than one type of minority status

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92 Web Surveys

A note about the use of sex and gender in this report:

Survey responses are reported by sex based on the responses to questions 46, 47, and 48. For the purpose of the ACHA-NFSHA report documents, respondents are reported as male or female only when their responses to these three questions are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either male or female. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as non-binary. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as male or female. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as non-binary. A respondent that skips any of the three questions is designated as unknown. Totals displayed in this report include non-binary and unknown responses. Only 3 of the 4 categories are displayed in this report. Respondents categorized as non-binary are included in the Total column, but are not presented in a separate column. When the Total of any given row is higher than the sum of the male, female, and unknown respondents, the difference can be attributed to non-binary respondents that selected the response option presented in that row.

1. How would you describe your general overall health?

,	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Excellent	124	13	169	9	0	0	295	9.9	
2 Very good	380	38	748	38	0	0	1133	38.2	
3 Good	377	38	746	38	0	0	1133	38.2	
4 Fair	102	10	251	13	0	0	355	12.0	
5 Poor	12	1	39	2	0	0	52	1.8	
6 Don't know	0	0	1	0	0	0	1	0.0	
Valid responses =	995	34	1954	66	0	0	2969	99.2	
Invalid responses in	clude no respons	e or multipl	e responses						

2. My college/university cares about my health and well-being

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly agree	132	13	263	14	0	0	397	13.4
2 Agree	553	56	1052	54	0	0	1610	54.3
3 Neutral	253	25	533	27	0	0	794	26.8
4 Disagree	49	5	81	4	0	0	135	4.6
5 Strongly disagree	8	1	23	1	0	0	31	1.0 🛮
Valid responses =	995	34	1952	66	0	0	2967	99.2
Invalid responses in	clude no respons	e or multiple	e responses					

3. Do you believe the health and well-being of university staff and faculty impact student success and learning?

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	2	28	1	0	0	46	1.6
2 Yes	917	92	1853	95	0	0	2789	94.1
3 Don't know	60	6	70	4	0	0	130	4.4
Valid responses =	994	34	1951	66	0	0	2965	99.1

4. How important do you feel it is to model positive health and wellness behavior to students?

	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	30	3	62	3	0	0	93	3.1	
2 Extremely important	311	31	721	37	0	0	1041	35.1	
3 Very important	402	40	827	42	0	0	1234	41.6	
4 Moderately important	185	19	276	14	0	0	464	15.6	
5 Slightly important	51	5	54	3	0	0	106	3.6	
6 Not at all important	16	2	12	1	0	0	29	1.0	
Valid responses =	995	34	1952	66	0	0	2967	99.2	
Invalid responses in	clude no respons	e or multiple	e responses						

5. Within the last 12 months have you received a flu vaccination (shot or mist)?

Invalid responses include no response or multiple responses.

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	392	40	674	35	0	0	1076	36.3
2 Yes	594	60	1269	65	0	0	1873	63.2
3 Don't Know	7	1	6	0	0	0	13	0.4
Valid responses =	993	34	1949	66	0	0	2962	99.0

Invalid responses include no response or multiple responses.

6A. Within the last 12 months, how often did you experience pain, discomfort, or numbness in your hands, wrists, arms, or shoulders when using a computer or working at a desk?

snoulders when using a con	nputer or working	at a desk?							
	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	15	2	11	1	0	0	26	0.9	
2 Never	385	39	486	25	0	0	878	29.6	
3 Rarely	292	29	486	25	0	0	781	26.3	
4 Sometimes	253	26	743	38	0	0	1004	33.9	
5 Most of the Time	41	4	191	10	0	0	234	7.9	
6 Always	8	1	34	2	0	0	42	1.4	•
Valid responses =	994	34	1951	66	0	0	2065	99.1	

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2992 Web Surveys

6B. Within the last 12 months, how often did you experience pain, discomfort, or numbness in your hands, wrists, arms, or shoulders when performing work tasks NOT at a desk or a computer?

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	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	10	1	22	1	0	0	32	1.1
2 Never	383	39	671	34	0	0	1,064	35.9
3 Rarely	313	32	588	30	0	0	904	30.5
4 Sometimes	234	24	581	30	0	0	822	27.7
5 Most of the Time	43	4	71	4	0	0	114	3.8
6 Always	11	1	17	1	0	0	28	0.9
Valid responses =	994	34	1950	66	0	0	2,964	99.1
Invalid responses i	include no respons	e or multiple	e responses					

6C. Within the last 12 months, experience pain, discomfort, or numbness in your neck or low back when using a computer or working at a desk?

· ·	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	20	2	9	1	0	0	29	1.0	
2 Never	291	29	330	17	0	0	625	21.1	
3 Rarely	263	27	406	21	0	0	672	22.7	
4 Sometimes	331	33	843	43	0	0	1,183	40.0	
5 Most of the Time	70	7	285	15	0	0	359	12.1	
6 Always	17	2	75	4	0	0	92	3.1	
Valid responses =	992	34	1948	66	0	0	2,960	98.9	
Invalid responses inc	clude no respons	e or multipl	e responses						

6D. Within the las 12 months, experience pain, discomfort, or numbness in your neck or low back when performing

WORK TASKS NOT at a desk or o	on a computer?							
	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	9	1	20	1	0	0	29	1.0
2 Never	276	28	427	22	0	0	707	23.9
3 Rarely	321	32	585	30	0	0	912	30.8
4 Sometimes	315	32	740	38	0	0	1,065	36.0
5 Most of the Time	55	6	140	7	0	0	195	6.6
6 Always	17	2	35	2	0	0	52	1.8
Valid responses =	993	34	1947	66	0	0	2,960	98.9
Invalid responses in	nclude no respons	e or multipl	e responses					

7A. How long has it been since you had the following checked? Blood pressure

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 12 months ago	823	83	1719	88	0	0	2557	86
2 1 year ago less than 2 years ago	95	10	136	7	0	0	235	8
3 2 years ago less than 3 years ag	30	3	33	2	0	0	63	2
4 3 years ago less than 5 years ag	17	2	29	2	0	0	46	2
5 5 or more years ago	15	2	15	1	0	0	30	1
6 Never	5	1	6	0	0	0	11	0
7 Don't know	10	1	14	1	0	0	24	1
Valid responses =	995	34	1952	66	0	0	2966	99.1
Invalid responses include	no respons	e or multiple	e responses					

7B. How long has it been since you had the following checked? Blood sugar

. Di tion long has it book omiss you				•					
	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Less than 12 months ago	621	63	1317	68	0	0	1950	65.9	
2 1 year ago less than 2 years ago	156	16	284	15	0	0	444	15	
3 2 years ago less than 3 years ag	46	5	82	4	0	0	130	4.4	
4 3 years ago less than 5 years ag	30	3	60	3	0	0	90	3	
5 5 or more years ago	34	3	40	2	0	0	74	2.5	
6 Never	36	4	48	3	0	0	84	2.8	
7 Don't know	70	7	116	6	0	0	187	6.3	
Valid responses =	993	34	1947	66	0	0	2959	98.9	
Invalid responses include	no respons	e or multiple	e responses						

7C. How long has it been since you had the following checked? Cholesterol

	Male	Male		Female		n	Total	tal
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 12 months ago	628	63	1301	67	0	0	1943	65.8
2 1 year ago less than 2 years ago	158	16	295	15	0	0	457	15.5
3 2 years ago less than 3 years ag	50	5	91	5	0	0	142	4.8
4 3 years ago less than 5 years ag	36	4	67	4	0	0	103	3.5
5 5 or more years ago	32	3	46	2	0	0	78	2.6
6 Never	39	4	44	2	0	0	83	2.8
7 Don't know	49	5	98	5	0	0	147	5
Valid responses =	992	34	1942	66	0	0	2953	98.7
Invalid responses include	no respons	e or multiple	e responses					

7D. How long has it been since you had the following checked? Dental exam

7D. How long has it been since you had the following checked? Dental exam												
	Male		Female		Unknow	Unknown						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.				
1 Less than 12 months ago	713	72	1503	77	0	0	2225	75.1				
2 1 year ago less than 2 years ago	104	11	183	9	0	0	293	9.9				
3 2 years ago less than 3 years ag	57	6	105	5	0	0	163	5.5				
4 3 years ago less than 5 years ag	41	4	57	3	0	0	98	3.3				
5 5 or more years ago	64	6	88	5	0	0	155	5.2				
6 Never	6	1	3	0	0	0	9	0.3	1			
7 Don't know	8	1	10	1	0	0	18	0.6	i			
Valid responses =	993	34	1949	66	0	0	2961	99.0	-			

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2992 Web Surveys

7E. How long has it been since you	u had the fo	llowing che	cked? Eye	exam					
	Male		Female		Unknowr	1	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Less than 12 months ago	531	54	1141	59	0	0	1681	56.9	
2 1 year ago less than 2 years ago	191	19	371	19	0	0	568	19.2	
3 2 years ago less than 3 years ag	82	8	169	9	0	0	253	8.6	
4 3 years ago less than 5 years ag	67	7	91	5	0	0	158	5.3	3
5 5 or more years ago	88	9	132	7	0	0	221	7.5	
6 Never	15	2	18	1	0	0	33	1.1	
7 Don't know	19	2	23	1	0	0	42	1.4	
Valid responses =	993	34	1945	66	0	0	2956	98.8	
Invalid responses include	no respons	e or multiple	e responses						

7F. How long has it been since you had the following checked? Hearing exam

	Male		Female		Unknow	1	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 12 months ago	209	21	313	16	0	0	529	18.1
2 1 year ago less than 2 years ago	138	14	153	8	0	0	295	10.1
3 2 years ago less than 3 years ag	89	9	164	9	0	0	255	8.7
4 3 years ago less than 5 years ag	78	8	162	8	0	0	241	8.2
5 5 or more years ago	276	28	556	29	0	0	834	28.5
6 Never	81	8	206	11	0	0	288	9.8
7 Don't know	110	11	370	19	0	0	482	16.5
Valid responses =	981	34	1924	66	0	0	2924	97.7
Invalid responses include	no respons	e or multipl	e responses					

7G. How long has it been since you had the following checked? Physical exam

-	Male	-	Female		Unknow	n	Total	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Less than 12 months ago	591	60	1315	68	0	0	1920	64.9	
2 1 year ago less than 2 years ago	178	18	300	15	0	0	483	16.3	
3 2 years ago less than 3 years ag	62	6	121	6	0	0	183	6.2	
4 3 years ago less than 5 years ag	47	5	76	4	0	0	123	4.2	
5 5 or more years ago	80	8	79	4	0	0	159	5.4	
6 Never	9	1	9	1	0	0	18	0.6	
7 Don't know	25	3	46	2	0	0	71	2.4	
Valid responses =	992	34	1946	66	0	0	2957	98.8	
Invalid responses include	no respons	e or multiple	e responses						

Invalid responses include no response or multiple responses.

7H. How long has it been since you	had the fo	llowing che	ecked? Trig	lycerides (blood fat)			
-	Male	-	Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 12 months ago	581	59	1192	61	0	0	1785	60.5
2 1 year ago less than 2 years ago	136	14	244	13	0	0	384	13
3 2 years ago less than 3 years ag	53	5	99	5	0	0	153	5.2
4 3 years ago less than 5 years ag	33	3	60	3	0	0	94	3.2
5 5 or more years ago	37	4	40	2	0	0	77	2.6
6 Never	48	5	80	4	0	0	128	4.3
7 Don't know	102	10	228	12	0	0	331	11.2

102 10 228 12 0 0 331 Valid responses = 990 34 1943 66 2952

11.2

8A. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	847	86	1390	72	0	0	2253	76.7
2 Yes, Dx/No Treatment	28	3	109	6	0	0	138	4.7
3 Yes, Dx/Received Treatment	105	11	438	23	0	0	546	18.6
Valid responses =	980	33	1937	66	0	0	2937	98.2
Invalid responses includ	le no respons	e or multiple	e responses					

8B. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

Depression								
	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	862	88	1447	75	0	0	2326	79.5
2 Yes, Dx/No Treatment	22	2	73	4	0	0	95	3.2
3 Yes, Dx/Received Treatment	94	10	408	21	0	0	503	17.2
Valid responses =	978	33	1928	66	0	0	2924	97.7
Invalid responses include	de no respons	e or multipl	e responses					

8C. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

Lictatea biood sagai	or alabetes							
	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	878	89	1741	90	0	0	2637	89.8
2 Yes, Dx/No Treatment	43	4	70	4	0	0	115	3.9
3 Yes, Dx/Received Treatment	62	6	123	6	0	0	185	6.3
Valid responses =	983	33	1934	66	0	0	2937	98.2
Invalid responses include	de no respons	e or multipl	e responses					

8D. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

2.014104 0.1010010101									
	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	729	74	1520	79	0	0	2262	76.8	
2 Yes, Dx/No Treatment	119	12	249	13	0	0	373	12.7	
3 Yes, Dx/Received Treatment	142	14	168	9	0	0	312	10.6	

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Surveys

Valid responses = 990 34 1937 66 2947 98.5

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February 19, 2020 FREQUENCY REPORT Number of Surveys (n) =

Surveys

8E. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

High	blood	pressure/hypertension
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	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	752	76	1574	81	0	0	2341	79.4
2 Yes, Dx/No Treatment	56	6	68	4	0	0	126	4.3
3 Yes, Dx/Received Treatment	185	19	293	15	0	0	481	16.3
Valid responses =	993	34	1935	66	0	0	2948	98.5

Invalid responses include no response or multiple responses.

8F. Has a doctor or other healthcare provider told you that you currently have any of the following conditions?

Low	hack	inium		cnino	problems
LOW	Dack	murv	10	Spille	propiems

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	819	83	1550	80	0	0	2386	81.2
2 Yes, Dx/No Treatment	65	7	109	6	0	0	175	6 📥
3 Yes, Dx/Received Treatment	100	10	276	14	0	0	378	12.9
Valid responses =	984	33	1935	66	0	0	2939	98.2
Invalid responses include	de no respons	e or multiple	e responses					

9. On how many of the past 7 days did you get enough sleep so that you felt rested when you woke up?

	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 days	78	8	183	9	0	0	265	8.9	
2 1 day	67	7	182	9	0	0	249	8.4	
3 2 days	116	12	284	15	0	0	405	13.7	
4 3 days	126	13	284	15	0	0	417	14.1	
5 4 days	157	16	304	16	0	0	462	15.6	
6 5 days	218	22	346	18	0	0	564	19	
7 6 days	119	12	204	11	0	0	323	10.9	
8 7 days	113	11	165	9	0	0	281	9.5	
Valid responses =	994	34	1952	66	0	0	2966	99.1	

Invalid responses include no response or multiple responses.

10. Over the last 2 weeks, what	i is ille average	amount or	sieep you i	iave gottei	i on weeking	niis (exclud	ing naps):		
	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Less than 4 hours	7	1	10	1	0	0	17	0.6	0
2 4 hours	13	1	50	3	0	0	64	2.2	
3 5.hours	103	10	244	13	0	0	349	11.8	
4 6.hours	330	33	579	30	0	0	919	31	
5 7 hours	419	42	761	39	0	0	1185	39.9	
6 8 hours	111	11	267	14	0	0	380	12.8	
7 9 hours	9	1	37	2	0	0	46	1.5	
8 10 or more hours	3	0	6	0	0	0	9	0.3	1
Valid responses =	995	34	1954	66	0	0	2969	99.2	
Invalid responses inc	lude no respons	e or multipl	e responses						

11A How long does it usually take you to fall aclean once you close your eyes?

	Male		Female		Unknow	Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	283	29	422	22	0	0	712	24
2 5-15 minutes	426	43	795	41	0	0	1225	41.4
3 16-30 minutes	182	18	455	23	0	0	641	21.6
4 31 minutes - 1 hour	82	8	216	11	0	0	302	10.2
5 Over 1 hour	21	2	60	3	0	0	82	2.8
Valid responses =	994	34	1948	66	0	0	2962	99.0
Invalid responses inclu	ude no respons	e or multipl	e responses					

11B1. In the last 12 months have you experienced the following?

Experienced diffic	culty staying aslee	эр							
	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	477	48	743	38	0	0	1226	41.3	
2 Yes	517	52	1208	62	0	0	1739	58.7	
Valid responses =	994	34	1951	66	0	0	2965	99.1	
Invalid responses i	include no respons	e or multipl	e responses	i.					

11B2. In the last 12 months have you experienced the following?

Osea an over-me-co	uniter medicativ	on to prom	ore areeh					
	Male		Female)	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	801	81	1361	70	0	0	2177	73.5
2 Yes	192	19	587	30	0	0	784	26.5
Valid responses =	993	34	1948	66	0	0	2961	99.0
Invalid responses incl	lude no respons	e or multiple	e responses	i.				

11B3. In the last 12 months have you experienced the following? Used a prescription medication to promote sleep

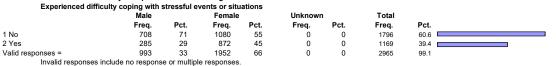
	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	927	94	1735	89	0	0	2681	90.7
2 Yes	64	7	211	11	0	0	276	9.3
Valid responses =	991	34	1946	66	0	0	2957	98.8

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11B4. In the last 12 months have you experienced the following?



11B5. In the last 12 months have you experienced the following? Felt so depressed that it was difficult to function

	Male	Male		Female Ui		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	894	90	1615	83	0	0	2521	85	
2 Yes	99	10	338	17	0	0	445	15	
Valid responses =	993	33	1953	66	0	0	2966	99.1	
Invalid responses incl	lude no respons	e or multiple	e responses						

11B6. In the last 12 months have you experienced the following?

Felt overwhelming anxiety

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	802	81	1231	63	0	0	2044	68.9
2 Yes	191	19	722	37	0	0	922	31.1
Valid responses =	993	33	1953	66	0	0	2966	99.1
Invalid responses inclu	de no respons	e or multipl	e responses					

11B7. In the last 12 months have you experienced the following?

Felt overwhelmed by all you had to do

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	571	57	739	38	0	0	1317	44.4
2 Yes	423	43	1213	62	0	0	1649	55.6
Valid responses =	994	34	1952	66	0	0	2966	99.1
Invalid responses i	include no respons	e or multipl	e responses					

12A1. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Alixiety									
	Male		Female	Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	205	21	306	16	0	0	511	17.4	
2 Never	309	31	418	22	0	0	731	24.9	
3 Rarely	254	26	538	28	0	0	795	27	
4 Sometimes	187	19	556	29	0	0	754	25.6	
5 Most of the time	27	3	95	5	0	0	124	4.2	
6 Always	5	1	20	1	0	0	25	0.9	
Valid responses =	987	34	1933	66	0	0	2940	98.3	

12A2. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Death of a close friend or family member

Invalid responses include no response or multiple responses.

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	495	50	1030	53	0	0	1532	51.9	
2 Never	277	28	397	21	0	0	681	23.1	
3 Rarely	117	12	240	12	0	0	359	12.2	
4 Sometimes	93	9	234	12	0	0	331	11.2	
5 Most of the time	8	1	22	1	0	0	30	1	0
6 Always	2	0	14	1	0	0	16	0.5	ı
Valid responses =	992	34	1937	66	0	0	2949	98.6	
Invalid responses in	clude no respons	e or multipl	e responses						

12A3. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Depression									
	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	273	28	525	27	0	0	799	27	
2 Never	430	43	643	33	0	0	1082	36.6	
3 Rarely	167	17	374	19	0	0	545	18.4	
4 Sometimes	105	11	338	17	0	0	449	15.2	
5 Most of the time	10	1	48	3	0	0	58	2	
6 Always	6	1	18	1	0	0	24	0.8	
Valid responses =	991	34	1946	66	0	0	2957	98.8	
Invalid responses inc	clude no respons	e or multiple	e responses						

12A4. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Financial concerns									
	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	183	18	348	18	0	0	531	17.9	
2 Never	338	34	589	30	0	0	933	31.5	
3 Rarely	225	23	438	23	0	0	668	22.6	
4 Sometimes	181	18	404	21	0	0	591	20	
5 Most of the time	42	4	119	6	0	0	163	5.5	
6 Always	24	2	51	3	0	0	76	2.6	
Valid responses =	993	34	1949	66	0	0	2962	aa n	

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12A5. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Lack of quality sleep									
	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	62	6	120	6	0	0	183	6.2	
2 Never	182	18	257	13	0	0	442	14.9	
3 Rarely	336	34	566	29	0	0	905	30.6	
4 Sometimes	324	33	796	41	0	0	1129	38.2	
5 Most of the time	75	8	172	9	0	0	251	8.5	
6 Always	15	2	33	2	0	0	48	1.6	
Valid responses =	994	34	1944	66	0	0	2958	98.9	

Invalid responses include no response or multiple responses.

12A6. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Severe neadaches	s/iiigi aiiies							
	Male		Female	Female		n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
6 Not Applicable	217	22	348	18	0	0	570	19.2
1 Never	442	44	525	27	0	0	974	32.9
2 Rarely	221	22	577	30	0	0	803	27.1
3 Sometimes	111	11	432	22	0	0	546	18.4
4 Most of the time	4	0	50	3	0	0	54	1.8
5 Always	0	0	15	1	0	0	15	0.5
Valid responses =	995	34	1947	66	0	0	2962	99.0
Invalid responses ir	nclude no respons	se or multipl	e responses	i.				

12A7. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

A family member's (child, parent, spouse/partner) special needs, illness, injury or surgery

Male Female Unknown Frea. Frea. Freq Freq. Pct. 1 Not Applicable 33 31.8 2 Never 3 Rarely 300 210 23 20 25.7 20.1 30 21 453 0 0 760 382 0 0 595 4 Sometimes 380 20 2.5 74 34 5 Most of the time 14 60 3 Ω Ω 6 Always 10 23 1.1 0 0 66

994 1948 Invalid responses include no response or multiple responses.

12A8. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

iviy own special ii	ieeus, iiiiless, iiiju	y or surge	ıy					
	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	277	28	552	28	0	0	833	28.1
2 Never	356	36	500	26	0	0	861	29.1
3 Rarely	226	23	470	24	0	0	703	23.7
4 Sometimes	117	12	359	18	0	0	479	16.2
5 Most of the time	7	1	49	3	0	0	57	1.9
6 Always	10	1	20	1	0	0	30	1
Valid responses =	993	34	1950	66	0	0	2963	99.0
Invalid responses	include no respons	e or multipl	e responses					

12A9. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Violence in my hom	ne (spouse/partr	ner, child)						
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	433	44	956	49	0	0	1399	47.2
2 Never	543	55	964	49	0	0	1517	51.2
3 Rarely	13	1	19	1	0	0	32	1.1 🛮
4 Sometimes	4	0	8	0	0	0	12	0.4 ▮
5 Most of the time	1	0	2	0	0	0	3	0.1 I
6 Always	0	0	2	0	0	0	2	0.1 I
Valid responses =	994	34	1951	66	0	0	2965	99.1
Invalid responses inc	clude no respons	e or multipl	e responses					

12B1. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	384	39	852	44	0	0	1246	42
2 Never	569	57	1051	54	0	0	1630	55
3 Rarely	24	2	32	2	0	0	56	1.9
4 Sometimes	14	1	14	1	0	0	28	0.9
Most of the time	0	0	3	0	0	0	3	0.1
6 Always	2	0	0	0	0	0	2	0.1
/alid responses =	993	33	1952	66	0	0	2965	99.1

12B2. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Addiction to alcohol or drugs of a close friend or family member										
	Male		Female	Female		Unknown				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not Applicable	391	39	825	42	0	0	1224	41.3		
2 Never	546	55	962	49	0	0	1519	51.3		
3 Rarely	32	3	78	4	0	0	110	3.7		
4 Sometimes	20	2	75	4	0	0	96	3.2		
5 Most of the time	2	0	9	1	0	0	11	0.4		
6 Always	1	0	2	0	0	0	3	0.1		
Valid recognoses =										

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12B3. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Lack of interest in it	iy work								
	Male		Female		Unknow	Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	175	18	383	20	0	0	564	19.1	
2 Never	405	41	671	35	0	0	1083	36.6	
3 Rarely	232	23	494	25	0	0	727	24.6	
4 Sometimes	147	15	347	18	0	0	499	16.9	
5 Most of the time	22	2	43	2	0	0	66	2.2	
6 Always	10	1	9	1	0	0	19	0.6	0
Valid responses =	991	34	1947	66	0	0	2958	98.9	
Invalid responses inc	lude no respons	e or multipl	e responses						

12B4. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Lack of tools and resources to perform functions of my job

Male Female Unknown Total Freq. Freq. Freq. Freq. 20 36 1 Not Applicable 170 17 396 0 19.2 2 Never 371 37 692 0 0 1067 36 3 Rarely 21 451 23 665 22.5 4 Sometimes 5 Most of the time 196 20 332 17 0 0 532 18 35 61 3 0 0 100 3.4 6 Always 17 27 0.9 1949 Valid responses = 991 33 66 Ω n 2960 98.9 Invalid responses include no response or multiple responses.

12C1. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	203	20	408	21	0	0	614	20.7	
2 Never	457	46	767	39	0	0	1,231	41.5	
3 Rarely	211	21	470	24	0	0	687	23.2	
4 Sometimes	106	11	272	14	0	0	382	12.9	
5 Most of the time	14	1	29	2	0	0	43	1.4	
6 Always	3	0	6	0	0	0	9	0.3	1

Invalid responses include no response or multiple responses.

12C2. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Relationship with	COWORKERS							
	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	141	14	273	14	0	0	417	14.1
2 Never	422	43	638	33	0	0	1,069	36.1
3 Rarely	252	25	577	30	0	0	831	28.0
4 Sometimes	158	16	401	21	0	0	563	19.0
5 Most of the time	18	2	54	3	0	0	73	2.5
6 Always	2	0	7	0	0	0	10	0.3
Valid responses =								

Invalid responses include no response or multiple responses.

12C3. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Relationship with su	upervisor								
	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	153	15	279	14	0	0	433	14.6	
2 Never	532	54	903	46	0	0	1,442	48.7	
3 Rarely	178	18	374	19	0	0	556	18.8	
4 Sometimes	96	10	295	15	0	0	397	13.4	
5 Most of the time	25	3	77	4	0	0	103	3.5	
6 Always	9	1	20	1	0	0	30	1.0	0
Valid responses =	993	34	1948	66	0	0	2,961	99.0	
Invalid responses inc	lude no respons	e or multipl	e responses						

12C4. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Ou essiul eliviloli	illielit within hily de	partification	41111						
	Male	Male		Female		n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	122	12	227	12	0	0	350	11.8	
2 Never	390	39	574	30	0	0	971	32.8	
3 Rarely	233	24	469	24	0	0	704	23.8	
4 Sometimes	186	19	496	26	0	0	689	23.3	
5 Most of the time	43	4	132	7	0	0	177	6.0	
6 Always	16	2	49	3	0	0	66	2.2	
Valid responses =	990	33	1947	66	0	0	2,957	98.8	
Invalid responses	include no respons	e or multiple	e responses						

12C5. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Supervisor or Manag	gement suppor	t							
	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	145	15	282	15	0	0	428	14.4	
2 Never	483	49	826	42	0	0	1,316	44.4	
3 Rarely	178	18	353	18	0	0	534	18.0	
4 Sometimes	144	15	348	18	0	0	498	16.8	
5 Most of the time	35	4	105	5	0	0	141	4.8	
6 Always	10	1	34	2	0	0	46	1.6	
Valid responses =	995	34	1948	66	0	0	2,963	99.0	

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12C6. Within the last 12 months, how often have the following negatively impacted your performance and/or productivity at work?

Other									
	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	228	54	441	61	0	0	672	58.4	
2 Never	159	38	178	25	0	0	338	29.4	
3 Rarely	5	1	7	1	0	0	13	1.1	
4 Sometimes	14	3	39	5	0	0	54	4.7	
5 Most of the time	13	3	36	5	0	0	50	4.3	
6 Always	4	1	17	2	0	0	24	2.1	
Valid responses =	423	37	718	62	0	0	1,151	38.5	

Invalid responses include no response or multiple responses.

13. My college/university promotes a culture of wellness

,	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly agree	138	14	326	17	0	0	465	15.7	
2 Agree	538	54	989	51	0	0	1,533	51.6	
3 Neutral	223	22	482	25	0	0	711	23.9	
4 Disagree	59	6	116	6	0	0	181	6.1	
5 Strongly disagree	26	3	34	2	0	0	61	2.1	_
6 Don't Know	12	1	6	0	0	0	18	0.6	-
Valid responses =	996	34	1953	66	0	0	2,969	99.2	

Invalid responses include no response or multiple responses.

14A. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Job responsibilities make it difficult to participate (shift work, coverage, fee based work)

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	545	55	934	48	0	0	1,487	50.4	
2 Yes	442	45	1009	52	0	0	1,463	49.6	
Valid responses =	987	33	1943	66	0	0	2,950	98.6	
Invalid responses in	nclude no respons	e or multiple	e responses	i.					

14B. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

I forget to attend or participate

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	688	70	1285	66	0	0	1,985	67.5
2 Yes	300	30	649	34	0	0	955	32.5
Valid responses =	988	34	1934	66	0	0	2,940	98.3
Invalid responses incl	lude no respons	e or multipl	e responses					

14C. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Concerns about confidentiality

	Male				Unknow	1	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	857	87	1644	85	0	0	2,517	85.4
2 Yes	133	13	293	15	0	0	430	14.6
Valid responses =	990	34	1937	66	0	0	2.947	98.5

14D. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	601	61	1165	60	0	0	1,780	60.6	
2 Yes	385	39	764	40	0	0	1,155	39.4	
Valid responses =	986	34	1929	66	0	0	2,935	98.1	
Invalid responses ir	nclude no respons	e or multipl	e responses						

14E. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs. Time management (have trouble fitting anything else into my busy schedule)

	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	334	34	631	32	0	0	970	32.8	
2Yes	658	66	1316	68	0	0	1,989	67.2	
Valid responses =	002	2.4	1017	cc	0	0	0.050	00.0	

Invalid responses include no response or multiple responses.

Invalid responses include no response or multiple responses.

14F. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Schedule of programs do not work for me

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	606	62	862	45	0	0	1,479	50.6
2 Yes	379	39	1059	55	0	0	1,446	49.4
Valid responses =	985	34	1921	66	0	0	2.925	97.8

14G. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Wellness programs are not offered at a convenient location

Invalid responses include no response or multiple responses.

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	693	71	1141	59	0	0	1,845	63.0
2 Yes	288	29	788	41	0	0	1,084	37.0
Valid responses =	981	33	1929	66	0	Λ	2 020	07.0

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14H. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

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	Male		Female	•	Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	948	96	1827	95	0	0	2,794	95.5	
2 Yes	35	4	97	5	0	0	132	4.5	
Valid responses =	983	34	1924	66	0	0	2,926	97.8	
Invalid responses in	clude no respons	e or multiple	e responses	i.					

14l. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Lack of interest in wellness activities available to me

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	693	70	1437	75	0	0	2,145	73.3
2 Yes	291	30	487	25	0	0	781	26.7
Valid responses =	984	34	1924	66	0	0	2,926	97.8
Invalid responses incl	ude no respons	e or multipl	e responses					

14J. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Injury or disability

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	921	94	1747	91	0	0	2,686	91.6
2 Yes	62	6	183	10	0	0	246	8.4
Valid responses =	983	34	1930	66	0	0	2,932	98.0
Invalid responses inc	clude no respons	e or multipl	e responses					

14K. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

	iviale		remaie		Unknow	n	iotai	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	803	83	1432	76	0	0	2,250	78.1
2 Yes	162	17	465	25	0	0	631	21.9
Valid responses =	965	33	1897	66	0	0	2,881	96.3
Invalid responses i	include no respons	e or multiple	e responses					

14L. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Not supported by coworkers

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	941	95	1786	93	0	0	2,746	93.8	
2 Yes	45	5	138	7	0	0	183	6.2	
Valid responses =	986	34	1924	66	0	0	2,929	97.9	
Invalid responses inc	lude no respons	e or multiple	e responses						

14M. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Do not feel comfortable participating in wellness-at-work programs

	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	810	82	1542	80	0	0	2,367	80.8
2 Yes	177	18	381	20	0	0	562	19.2
Valid responses =	987	34	1923	66	0	0	2,929	97.9
Invalid responses incl	ude no respons	se or multipl	e responses	S.				

14N. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Do not have the knowledge needed to participate

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	765	78	1572	82	0	0	2,352	80.3
2 Yes	220	22	354	18	0	0	578	19.7
Valid responses =	985	34	1926	66	0	0	2,930	97.9
Invalid responses inclu	de no respons	e or multiple	e responses					

140. Please indicate whether each of the following are a barrier that prevents you from participating in wellness-at-work programs.

Other

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	302	88	476	80	0	0	781	83.0
2 Yes	40	12	117	20	0	0	160	17.0
Valid responses =	342	36	593	63	0	0	941	31.5

Invalid responses include no response or multiple responses.

15A. Within the last 12 months I have felt... My work is consistent with my y

WIY WOLK IS COLISISTE	iii wilii iiiy vaiu	es.							
	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly agree	303	31	601	31	0	0	906	30.6	
2 Agree	529	53	992	51	0	0	1,530	51.6	
3 Neutral	118	12	257	13	0	0	381	12.8	
4 Disagree	38	4	83	4	0	0	124	4.2	
5 Strongly disagree	5	1	19	1	0	0	24	0.8	0
Valid responses =	993	33	1952	66	0	0	2,965	99.1	
Invalid responses inc	clude no respons	e or multipl	e responses						

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American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

February 19, 2020 FREQUENCY REPORT Number of Surveys (n) =

Surveys

15B. Within the last 12 months I have felt...

My office/de	partment va	lues m	v work.

•	Male	Male Female			Unknown To				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly agree	302	31	567	29	0	0	871	29.4	
2 Agree	451	46	894	46	0	0	1,354	45.7	
3 Neutral	148	15	285	15	0	0	437	14.8	
4 Disagree	65	7	158	8	0	0	225	7.6	
5 Strongly disagree	25	3	45	2	0	0	73	2.5	
Valid responses =	991	33	1949	66	0	0	2,960	98.9	
Invalid respon	nses include no respons	e or multipl	e responses						

15C. Within the last 12 months I have felt...

ort that I need to cope with the demands of my job

wy supervisor pro	wides the suppor	t tilat i liee	u to cope w	iui uie ueii	ilalius of filly	Juu.			
	Male		Female		Unknow	Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly agree	321	32	607	31	0	0	931	31.4	
2 Agree	432	44	774	40	0	0	1,214	41.0	
3 Neutral	149	15	341	18	0	0	492	16.6	
4 Disagree	65	7	170	9	0	0	240	8.1	
5 Strongly disagree	25	3	59	3	0	0	86	2.9	
Valid responses =	992	33	1951	66	0	0	2,963	99.0	
Invalid responses in	nclude no respons	e or multipl	e responses						

15D. Within the last 12 months I have felt...

i nave received ade	quate теепраск	to juage m	ıy work per	rormance.				
	Male		Female		Unknowr	Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly agree	240	24	486	25	0	0	729	24.6
2 Agree	446	45	837	43	0	0	1,287	43.5
3 Neutral	183	19	375	19	0	0	563	19.0
4 Disagree	93	9	190	10	0	0	289	9.8
5 Strongly disagree	28	3	62	3	0	0	92	3.1
Valid responses =	990	33	1950	66	0	0	2,960	98.9
Invalid responses inc	clude no respons	e or multiple	e responses					

15E. Within the last 12 months I have felt...

The now of confinding admit my office/department clearly defines expectations so I know now to effectively do my job.											
	Male		Female		Unknow	1	Total				
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Strongly agree	206	21	383	20	0	0	591	19.9			
2 Agree	423	43	793	41	0	0	1,223	41.2			
3 Neutral	195	20	402	21	0	0	601	20.3			
4 Disagree	120	12	279	14	0	0	403	13.6			
5 Strongly disagree	49	5	96	5	0	0	148	5.0			
Valid responses =	993	33	1953	66	0	0	2,966	99.1			
Invalid responses in	clude no respons	e or multiple	e responses								

15F. Within the last 12 months I have felt... I have been offered opportunities to learn and grow.

i liave been oner	a opportunities t	o icarri ario	giow.					
	Male	Male		Female		n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly agree	291	29	533	27	0	0	825	27.9
2 Agree	391	40	844	43	0	0	1,242	41.9
3 Neutral	195	20	339	17	0	0	541	18.3
4 Disagree	78	8	162	8	0	0	244	8.2
5 Strongly disagree	36	4	73	4	0	0	110	3.7
Valid responses =	991	33	1951	66	0	0	2 962	99.0

Invalid responses include no response or multiple responses.

15G. Within the last 12 months I have felt...

My department values the balance between my job and life outside the work setting.

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly agree	272	27	547	28	0	0	822	27.7
2 Agree	412	42	780	40	0	0	1,199	40.5
3 Neutral	206	21	357	18	0	0	565	19.1
4 Disagree	72	7	174	9	0	0	251	8.5
5 Strongly disagree	31	3	93	5	0	0	127	4.3
Valid responses =	993	34	1951	66	0	0	2,964	99.1
Invalid responses in	nclude no respons	e or multipl	e responses					

16. My college/university is concerned about my safety

16. Wy college/university is c	oncerned about i	ny salety.							
	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly agree	352	35	588	30	0	0	945	31.9	
2 Agree	503	51	1035	53	0	0	1,545	52.2	
3 Neutral	105	11	259	13	0	0	369	12.5	
4 Disagree	20	2	49	3	0	0	72	2.4	
5 Strongly disagree	13	1	15	1	0	0	28	0.9	
Valid responses =	993	34	1946	66	0	0	2,959	98.9	
Invalid responses in	nclude no respons	e or multipl	e responses						

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Reference Group Data Report - F American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

February 19, 2020 FREQUENCY REPORT Number of Surveys (n) =

2992 Web

(410) 859-1500				Nur	mber of Survey	/s (n) =		2992	Web	Surveys
<u>www.acha.org</u>										
17A. How safe do you feel: On	this campus (da	aytime)?								
	Male		Female		Unknown		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 N/A	59	6	158	8	0	0	219			
2 Not safe at all	2	0	6	0	0	0	9	0.3		
3 Somewhat unsafe	10	1	44	2	0	0	55			
4 Somewhat safe	148	15	396	20	0	0	552	18.6		
5 Very safe Valid responses =	774 993	78 34	1347 1951	69 66	0	0	2,129 2,964	71.8 99.1		
Invalid responses inc				00	U	U	2,904	99.1		
va.ia respenses ins	ado no respons	o or manipro	ооролооо.							
17B. How safe do you feel: On	this campus (ni	ghttime)?								
	Male		Female		Unknown		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 N/A	108	11	340	18	0	0	449	15.2		
2 Not safe at all	7	1	48 223	3	0	0	56			_
3 Somewhat unsafe 4 Somewhat safe	26 323	3 33	223 875	12 45	0	0	250 1,210	8.5		
5 Very safe	528	53	456	24	0	0	989	41.0 33.5		
Valid responses =	992	34	1942	66	0	0	2,954	98.7		
Invalid responses inc				00	Ü	Ü	2,554	30.7		
17C. How safe do you feel: In the		urrounding		ıs (daytime						
	Male		Female		Unknown		Total	_		
4 11/4	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 N/A	55	6	163	8	0	0	220	7.4		
2 Not safe at all	8 27	1 3	8 112	0 6	0	0	18	0.6		
3 Somewhat unsafe 4 Somewhat safe	300	30	680	5 35	0	0	141 987	4.8 33.3		
5 Very safe	603	30 61	985	35 51	0	0	1,595	53.3		
Valid responses =	993	34	1948	66	0	0	2,961	99.0		
Invalid responses inc					Ü	·	2,001	55.0		
•	·									
17D. How safe do you feel: In the		urrounding		ıs (nighttir						
	Male		Female	. .	Unknown		Total			
1 N/A	Freq.	Pct. 9	Freq. 269	Pct.	Freq.	Pct. 0	Freq.	Pct.		
2 Not safe at all	84 26	3	269 121	14 6	0	0	355 150	12.0		
3 Somewhat unsafe	100	10	397	20	0	0	499	16.9		
4 Somewhat safe	388	39	789	41	Ö	0	1,186	40.1		
5 Very safe	396	40	370	19	0	0	770	26.0		
Valid responses =	994	34	1946	66	0	0	2,960	98.9		
Invalid responses inc	lude no respons	e or multiple	responses.							
18A. Within the last I2 months,	how often did v	ou: Wear a	easthalt wh	on vou ro	de in a car?					
TOA. Within the last 12 months,	Male	ou. Wear a	Female	ien you io	Unknown		Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not Applicable	3	0	3	0	0	0	6	0.2		
2 Never	4	0	4	0	0	0	8	0.3		
3 Rarely	4	0	4	0	0	0	8	0.3		
4 Sometimes 5 Most of the time	12 64	1 6	7 77	0 4	0	0 0	20 141	0.7		
6 Always	906	91	1856	95	0	0	2,781	93.8		
Valid responses =	993	34	1951	66	0	0	2,761	99.1		
Invalid responses inc				00	ŭ	·	2,001	00.1		
·	·	•	•							
18B. Within the last I2 months,		ou: Wear a		en you roo						
	Male	D-4	Female Freq.	Pct.	Unknown		Total			
1 Not Applicable	Freq.	Pct.								
	5/15	55			Freq.	Pct.	Freq.	Pct.		
	545 68	55 7	1266	65	0	0	1,824	61.5		
2 Never	68	7	1266 68	65 4	0 0	0	1,824 137	61.5 4.6		
2 Never 3 Rarely	68 23	7 2	1266 68 32	65 4 2	0	0 0 0	1,824 137 55	61.5 4.6 1.9		
2 Never 3 Rarely 4 Sometimes	68 23 25	7 2 3	1266 68 32 43	65 4 2 2	0 0 0	0 0 0	1,824 137 55 69	61.5 4.6 1.9 2.3		
2 Never 3 Rarely 4 Sometimes 5 Most of the time	68 23	7 2	1266 68 32	65 4 2	0 0 0	0 0 0	1,824 137 55	61.5 4.6 1.9 2.3		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses =	68 23 25 53 281 995	7 2 3 5 28 34	1266 68 32 43 78 465 1952	65 4 2 2 4	0 0 0 0	0 0 0 0	1,824 137 55 69 131	61.5 4.6 1.9 2.3 4.4		
2 Never 3 Rarely 4 Sometimes 5 Most of the time	68 23 25 53 281 995	7 2 3 5 28 34	1266 68 32 43 78 465 1952	65 4 2 2 4 24	0 0 0 0 0	0 0 0 0 0	1,824 137 55 69 131 751	61.5 4.6 1.9 2.3 4.4 25.3		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc	68 23 25 53 281 995 Hude no respons	7 2 3 5 28 34 e or multiple	1266 68 32 43 78 465 1952 responses.	65 4 2 2 4 24 66	0 0 0 0 0 0	0 0 0 0 0 0	1,824 137 55 69 131 751	61.5 4.6 1.9 2.3 4.4 25.3		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc	68 23 25 53 281 995 lude no respons	7 2 3 5 28 34 e or multiple	1266 68 32 43 78 465 1952 responses.	65 4 2 2 4 24 66	0 0 0 0 0 0 0	0 0 0 0 0 0	1,824 137 55 69 131 751 2,967	61.5 4.6 1.9 2.3 4.4 25.3		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc	68 23 25 53 281 995 Hude no respons	7 2 3 5 28 34 e or multiple	1266 68 32 43 78 465 1952 responses.	65 4 2 2 4 24 66	0 0 0 0 0 0	0 0 0 0 0 0	1,824 137 55 69 131 751	61.5 4.6 1.9 2.3 4.4 25.3		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months,	68 23 25 53 281 995 lude no respons how often did y Male	7 2 3 5 28 34 e or multiple	1266 68 32 43 78 465 1952 responses. helmet wh	65 4 2 2 4 24 66 en you roo	0 0 0 0 0 0 0 0 Unknown	0 0 0 0 0 0 0	1,824 137 55 69 131 751 2,967	61.5 4.6 1.9 2.3 4.4 25.3 99.2		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months, 1 Not Applicable 2 Never	68 23 25 53 281 995 dude no respons how often did y Male Freq. 868 5	7 2 3 5 28 34 e or multiple rou: Wear a Pct. 87 1	1266 68 32 43 78 465 1952 responses. helmet wh Female Freq.	65 4 2 2 4 24 66 en you roo 90 0	0 0 0 0 0 0 0 0 Unknown Freq.	0 0 0 0 0 0 0 0	1,824 137 55 69 131 751 2,967 Total Freq. 2,646 11	61.5 4.6 1.9 2.3 4.4 25.3 99.2		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months, 1 Not Applicable 2 Never 3 Rarely	68 23 25 53 281 995 slude no respons how often did y Male Freq. 868 5	7 2 3 5 28 34 e or multiple rou: Wear a Pct. 87 1 0	1266 68 32 43 78 465 1952 responses. helmet wh Female Freq. 1760 6	65 4 2 2 4 24 66 en you roo Pct. 90 0	0 0 0 0 0 0 0 Unknown Freq. 0	0 0 0 0 0 0 0	1,824 137 55 69 131 751 2,967 Total Freq. 2,646 11	61.5 4.6 1.9 2.3 4.4 25.3 99.2 Pct. 89.3 0.4		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months, 1 Not Applicable 2 Never 3 Rarely 4 Sometimes	68 23 25 53 281 995 slude no respons how often did y Male Freq. 868 5 4	7 2 3 5 28 34 e or multiple rou: Wear a Pct. 87 1 0	1266 68 32 43 78 465 1952 responses. helmet wh Female Freq. 1760 6 1	65 4 2 2 4 24 66 Pct. 90 0	0 0 0 0 0 0 0 0 Unknown Freq. 0 0	0 0 0 0 0 0 0 0	1,824 137 55 69 131 751 2,967 Total Freq. 2,646 11 5	61.5 4.6 1.9 2.3 4.4 25.3 99.2 Pct. 89.3 0.4 0.2		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months, 1 Not Applicable 2 Never 3 Rarely 4 Sometimes 5 Most of the time	68 23 25 53 281 995 slude no respons how often did y Male Freq. 868 5 4 4 7	7 2 3 5 28 34 e or multiple rou: Wear a Pct. 87 1 0 0	1266 68 32 43 78 465 1952 responses. helmet wh Female Freq. 1760 6 1 2 6	65 4 2 2 4 24 66 en you roo Pct. 90 0 0	0 0 0 0 0 0 0 0 0 Unknown Freq. 0 0	0 0 0 0 0 0 0 0 0	1,824 137 55 69 131 751 2,967 Total Freq. 2,646 11 5 6	61.5 4.6 1.9 2.3 4.4 25.3 99.2 Pct. 89.3 0.4 0.2 0.2		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months, 1 Not Applicable 2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always	68 23 25 53 281 995 slude no respons how often did y Male Freq. 868 5 4 4 7 105	7 2 3 5 28 34 e or multiple vou: Wear a Pct. 87 1 0 0 1 11	1266 68 32 43 78 465 1952 responses. helmet wh Female Freq. 1760 6 1 2 6 175	65 4 2 2 4 24 66 en you roo 90 0 0 0 9	0 0 0 0 0 0 0 0 Unknown Freq. 0 0	0 0 0 0 0 0 0 0	1,824 137 55 69 131 751 2,967 Total Freq. 2,646 11 5 6	61.5 4.6 1.9 2.3 4.4 25.3 99.2 Pct. 89.3 0.4 0.2 0.2 0.4		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months, 1 Not Applicable 2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses =	68 23 25 53 281 995 slude no respons how often did y Male Freq. 868 5 4 4 7 105 993	7 2 3 5 28 8 34 4e or multiple rou: Wear a Pct. 87 1 0 0 1 11 34	1266 68 32 43 78 465 1952 responses. helmet wh Female Freq. 1760 6 1 2 6 175 1950	65 4 2 2 4 24 66 en you roo Pct. 90 0 0	0 0 0 0 0 0 0 0 0 Unknown Freq. 0 0	0 0 0 0 0 0 0 0 0	1,824 137 55 69 131 751 2,967 Total Freq. 2,646 11 5 6	61.5 4.6 1.9 2.3 4.4 25.3 99.2 Pct. 89.3 0.4 0.2 0.2		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months, 1 Not Applicable 2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always	68 23 25 53 281 995 slude no respons how often did y Male Freq. 868 5 4 4 7 105 993	7 2 3 5 28 8 34 4e or multiple rou: Wear a Pct. 87 1 0 0 1 11 34	1266 68 32 43 78 465 1952 responses. helmet wh Female Freq. 1760 6 1 2 6 175 1950	65 4 2 2 4 24 66 en you roo 90 0 0 0 9	0 0 0 0 0 0 0 0 Unknown Freq. 0 0	0 0 0 0 0 0 0 0	1,824 137 55 69 131 751 2,967 Total Freq. 2,646 11 5 6	61.5 4.6 1.9 2.3 4.4 25.3 99.2 Pct. 89.3 0.4 0.2 0.2 0.4		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months, 1 Not Applicable 2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses =	68 23 25 53 281 995 slude no respons how often did y Male Freq. 868 5 4 4 7 7 105 993	7 2 3 5 28 8 34 4e or multiple rou: Wear a Pct. 87 1 0 0 1 11 34	1266 68 32 43 78 465 1952 responses. helmet wh Female Freq. 1760 6 1 2 6 175 1950	65 4 2 2 4 24 66 en you roo 90 0 0 0 9	0 0 0 0 0 0 0 0 Unknown Freq. 0 0	0 0 0 0 0 0 0 0	1,824 137 55 69 131 751 2,967 Total Freq. 2,646 11 5 6	61.5 4.6 1.9 2.3 4.4 25.3 99.2 Pct. 89.3 0.4 0.2 0.2 0.4		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months, 1 Not Applicable 2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc	68 23 25 53 281 995 slude no respons how often did y Male Freq. 868 5 4 7 105 993 slude no respons	7 2 3 5 28 34 e or multiple OU: Wear a Pct. 87 1 0 0 1 11 34 e or multiple	1266 68 32 43 78 465 1952 responses. helmet wh Female Freq. 1760 6 1 2 6 6 175 1950 responses.	65 4 2 2 2 4 4 66 Pct. 90 0 0 0 0 0 9	0 0 0 0 0 0 0 0 Unknown Freq. 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0	1,824 137 55 69 131 751 2,967 Total Freq. 2,646 11 5 6 13 282 2,963	61.5 4.6 1.9 2.3 4.4 25.3 99.2 Pct. 89.3 0.4 0.2 0.2 0.4		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months, 1 Not Applicable 2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc	68 23 25 53 281 995 slude no respons how often did y Male Freq. 868 4 4 7 105 993 slude no respons	7 2 3 5 28 34 e or multiple OU: Wear a Pct. 87 1 0 0 1 11 34 e or multiple	1266 68 32 43 78 465 1952 responses. helmet wh Female Freq. 1760 6 1 2 6 175 1950 responses.	65 4 2 2 2 4 4 66 Pct. 90 0 0 0 0 0 9	0 0 0 0 0 0 0 0 Unknown Freq. 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0	1,824 137 55 69 131 751 2,967 Total Freq. 2,646 61 13 282 2,963	61.5 4.6 1.9 2.3 4.4 25.3 99.2 Pct. 89.3 0.4 0.2 0.2 0.4		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months, 1 Not Applicable 2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc	68 23 25 53 281 995 slude no respons how often did y Male Freq. 868 5 4 4 7 105 993 slude no respons s, have you obs s or emails from Male	7 2 3 5 28 34 e or multiple rou: Wear a Pct. 87 1 0 0 1 11 34 e or multiple rous according to a coworkers	1266 68 32 43 78 465 1952 responses. helmet wh Female Freq. 1760 6 1 2 6 6 175 1950 responses.	65 4 2 2 2 4 4 66 Pct. 90 0 0 0 0 0 9 66	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1,824 137 55 69 131 751 2,967 Total Freq. 2,646 11 5 6 13 282 2,963 ers? Total	61.5 4.6 1.9.2 2.3 4.4 25.3 99.2 Pct. 89.3 0.4 0.2 0.2 0.2 0.4 9.5 99.0		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months, 1 Not Applicable 2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 19A1. In the past twelve month Ignoring phone calls	68 23 25 53 281 995 slude no respons how often did y Male Freq. 868 5 4 7 105 993 slude no respons s, have you obs s or emails from Male Freq.	7 2 3 5 28 34 e or multiple OU: Wear a Pct. 87 1 0 1 11 34 e or multiple erved any o	1266 68 32 43 78 465 1952 responses. helmet wh Female Freq. 1760 6 175 1950 responses.	65 4 2 2 2 4 4 66 en you roo 90 0 0 0 0 0 0 0 66	de a motorcycl Unknown Freq. 0 0 0 0 0 Unknown Freq. 0 0 0 Unknown Freq.	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1,824 137 555 69 131 751 2,967 Total Freq. 2,646 11 5 6 13 282 2,963 ers? Total Freq.	61.5 4.6 1.9 2.3 4.4 25.3 99.2 Pct. 89.3 0.4 0.2 0.4 9.5 99.0		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months, 1 Not Applicable 2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 19A1. In the past twelve month Ignoring phone calls	68 23 25 53 281 995 slude no respons how often did y Male Freq. 868 4 4 7 105 993 slude no respons s, have you obs s or emails from Male Freq. 678	7 2 3 5 28 34 e or multiple rou: Wear a Pct. 87 1 0 0 1 11 34 e or multiple erved any o	1266 68 32 43 78 465 1952 responses. helmet wh Female Freq. 1760 6 1 1 2 6 175 1950 responses. f the follow Female Freq. 1270	65 4 2 2 4 4 24 66 Pct. 90 0 0 0 0 9 66	0 0 0 0 0 0 0 0 0 0 0 Unknown Freq. 0 0 0 0 Unknown Freg. Unknown Freq. 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1,824 137 55 69 131 751 2,967 Total Freq. 2,646 11 5 6 13 282 2,963 ers? Total Freq. 1,961	61.5 4.6 1.9 2.3 4.4 25.3 99.2 Pct. 89.3 0.4 0.2 0.2 0.4 9.5 99.0		
2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 18C. Within the last I2 months, 1 Not Applicable 2 Never 3 Rarely 4 Sometimes 5 Most of the time 6 Always Valid responses = Invalid responses inc 19A1. In the past twelve month Ignoring phone calls	68 23 25 53 281 995 slude no respons how often did y Male Freq. 868 5 4 7 105 993 slude no respons s, have you obs s or emails from Male Freq.	7 2 3 5 28 34 e or multiple OU: Wear a Pct. 87 1 0 1 11 34 e or multiple erved any o	1266 68 32 43 78 465 1952 responses. helmet wh Female Freq. 1760 6 175 1950 responses.	65 4 2 2 2 4 4 66 en you roo 90 0 0 0 0 0 0 0 66	de a motorcycl Unknown Freq. 0 0 0 0 0 Unknown Freq. 0 0 0 Unknown Freq.	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	1,824 137 555 69 131 751 2,967 Total Freq. 2,646 11 5 6 13 282 2,963 ers? Total Freq.	61.5 4.6 1.9 2.3 4.4 25.3 99.2 Pct. 89.3 0.4 0.2 0.4 9.5 99.0		

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February 19, 2020 FREQUENCY REPORT Number of Surveys (n) =

= 2992 Web Surveys

19A2. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Olient deathlent to	waius coworker	•							
	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	734	74	1291	66	0	0	2,038	68.9	
2 Yes	258	26	655	34	0	0	920	31.1	
Valid responses =	992	34	1946	66	0	0	2,958	98.9	
Invalid responses in	nclude no respons	e or multiple	e responses						

19A3. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers?

opieauliy yossi	p about coworkers	•						
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	558	56	1011	52	Ö	0	1,581	53.4
2 Yes	436	44	935	48	0	0	1,379	46.6
Valid responses =	994	34	1946	66	0	0	2.960	98.9

19A4. In the past twelve months, have you observed any of the following behaviors among your coworkers?

Invalid responses include no response or multiple responses

COWDINEIS are ex	kciuueu ii oiii woik	-i elateu su	iciai yatilei	iiiyə				
	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	833	84	1488	77	0	0	2,333	79.0
2 Yes	155	16	457	24	0	0	620	21.0
Valid responses =	988	33	1945	66	0	0	2,953	98.7
Invalid responses	include no respons	e or multiple	e responses	S.				

19A5. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers? Coworkers take credit for work or ideas of others

	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	722	73	1327	68	Ö	0	2,059	69.5
2 Yes	272	27	620	32	0	0	902	30.5
Valid responses =	994	34	1947	66	0	0	2,961	99.0
Invalid responses in	nclude no respons	e or multipl	e responses	i.				

19A6. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers?

Coworkers make	insuits about pers	sonai iives	or otners						
	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	805	81	1475	76	0	0	2,294	77.4	
2 Yes	189	19	474	24	0	0	669	22.6	
Valid responses =	994	34	1949	66	0	0	2,963	99.0	
Invalid responses i	include no respons	e or multiple	e responses						

19A7. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers?

Coworkers displa	ıy intimidating or l	numiliating	behaviors 1	toward oth	ers				
	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	812	82	1507	77	0	0	2,333	78.8	
2 Yes	179	18	442	23	0	0	627	21.2	
Valid responses =	991	33	1949	66	0	0	2,960	98.9	
Invalid responses	include no respons	e or multiple	e responses	i.					

19A8. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers?

COWDINEIS are bei	ng ignorea/ostra	cized by o	11613						
	Male		Female		Unknow	Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	781	79	1413	73	0	0	2,207	74.7	
2 Yes	210	21	530	27	0	0	747	25.3	
Valid responses =	991	34	1943	66	0	0	2,954	98.7	
Invalid responses in	clude no respons	e or multiple	e responses						

19A9. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers?

Coworkers experi	ence verbai abus	е							
	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	873	88	1681	86	0	0	2,567	86.9	
2 Yes	117	12	264	14	0	0	388	13.1	
Valid responses =	990	34	1945	66	0	0	2,955	98.8	
Invalid responses in	nclude no respons	e or multiple	e responses	i.					

19A10. In the past twelve months, <u>have you observed any of</u> the following behaviors among your coworkers?

Coworkers exper	ience physical ab	use							
	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	987	100	1941	100	0	0	2,948	99.7	
2 Yes	2	0	7	0	0	0	9	0.3	1
Valid responses =	989	33	1948	66	0	0	2,957	98.8	
Invalid responses	include no respons	e or multipl	e responses						

$\textbf{19A11. In the past twelve months,} \, \underline{\textbf{have you observed any of}} \, \underline{\textbf{the following behaviors among your coworkers?}} \, \underline{\textbf{rown}} \, \underline{\textbf{the following behaviors among your coworkers?}} \, \underline{\textbf{rown}} \, \underline{\textbf{r$

Coworkers ex	perience sexual abus	se						
	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	986	100	1928	99	0	0	2,934	99.3
2 Yes	5	1	16	1	0	0	21	0.7
Valid responses =	991	34	1944	66	0	0	2,955	98.8
	2. 1. 1.	102.0						

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February 19, 2020 FREQUENCY REPORT

Number of Surveys (n) = 2992 Web Surveys

19A12. In the past twelve months, in	ave you ous	serveu any o	trie rollov	willig bellavio	rs among y	our coworke	181	
Misuse of authority withi	n an organiz	zation for pe	rsonal or t	inancial gair	ı			
•	Male	•	Female		Unknown		Total	
	Eroa	Dot	Eroa	Dot	Eroa	Dot	Eroa	Dot

	iviale		remale		Ulikilowii		i Otai		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	909	92	1786	92	0	0	2,711	91.9	
2 Yes	81	8	155	8	0	0	240	8.1	
Valid responses =	990	34	1941	66	0	0	2,951	98.6	
Invalid responses in	nclude no respons	e or multipl	e responses	i.					

19B1. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Ignoring my phone calls or emails

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	839	84	1584	81	0	0	2,440	82.3
2 Yes	155	16	366	19	0	0	524	17.7
Valid responses =	994	34	1950	66	0	0	2,964	99.1
Invalid responses in	nclude no respons	e or multipl	e responses					

19B2. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace?

	Male	Male		Female		Unknown			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	853	86	1595	82	0	0	2,464	83.4	
2 Yes	138	14	350	18	0	0	492	16.6	
Valid responses =	991	34	1945	66	0	0	2,956	98.8	
Invalid responses in	clude no respons	e or multipl	e responses						

19B3. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Spreading gossip about me

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	846	86	1658	85	0	0	2,520	85.4
2 Yes	141	14	286	15	0	0	431	14.6
Valid responses =	987	33	1944	66	0	0	2,951	98.6
Invalid responses inc	lude no respons	e or multiple	e responses					

19B4. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Coworkers exclude you from work-related social gatherings

OOWOTHETS CACIGGE	c you nom work	i ciatea so	nai gatiiciii	.go				
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	929	94	1706	88	0	0	2,651	89.9
2 Yes	62	6	231	12	0	0	297	10.1
Valid responses =	991	34	1937	66	0	0	2,948	98.5
Invalid responses in	clude no respons	e or multipl	e responses					

19B5. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Coworkers take credit for your work or your ideas

COWDINETS take credit	i ioi youi woi	k or your it	Jeas					
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	833	84	1542	79	0	0	2,392	80.8
2 Yes	159	16	407	21	0	0	569	19.2
Valid responses =	992	34	1949	66	0	0	2,961	99.0
Invalid responses inclu-	de no respons	e or multiple	e responses					

19B6. In the past twelve months, have the following behaviors been directed toward you in the workplace?

Coworkers make	insuits about you	r personai	lite						
	Male	Male		Female		n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	940	95	1812	93	0	0	2,767	93.5	
2 Yes	50	5	136	7	0	0	191	6.5	
Valid responses =	990	33	1948	66	0	0	2,958	98.9	
Invalid responses	include no respons	e or multipl	e responses	i.					

19B7. In the past twelve months, have the following behaviors been directed toward you in the workplace?

Coworkers displa	Coworkers display intimidating or humiliating behaviors												
	Male	Male		Female		n	Total						
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.					
1 No	927	93	1726	89	0	0	2,670	90.2					
2 Yes	65	7	221	11	0	0	289	9.8					
Valid responses =	992	34	1947	66	0	0	2,959	98.9					

19B8. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Verbal abuse

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	944	95	1808	93	0	0	2,768	93.8
2 Yes	48	5	131	7	0	0	183	6.2
Valid responses =	992	34	1939	66	0	0	2,951	98.6
Invalid responses i	include no respons	e or multipl	e responses					

19B9. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace?

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	992	100	1939	100	0	0	2,951	99.9
2 Yes	1	0	3	0	0	0	4	0.1
Valid responses =	993	34	1942	66	0	0	2,955	98.8

Invalid responses include no response or multiple responses.

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February 19, 2020 FREQUENCY REPORT Number of Surveys (n) =

2992 Web Surveys

19B10. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Sexual abuse

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	990	100	1940	100	0	0	2,950	99.9
2 Yes	0	0	2	0	0	0	2	0.1
Valid responses =	990	34	1942	66	0	0	2,952	98.7
Invalid responses in	nclude no respons	e or multiple	e responses					

19B11. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Supervisor abuses their power over me

	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	949	96	1810	93	0	0	2,775	93.8	
2 Yes	45	5	134	7	0	0	183	6.2	
Valid responses =	994	34	1944	66	0	0	2,958	98.9	
Invalid responses incl	ude no respons	e or multiple	e responses						

19B12. In the past twelve months, have the following behaviors been <u>directed toward you</u> in the workplace? Coworkers are ignoring/ostracizing me.

Male Total Freq. Pct. Freq. Pct. Freq. Pct. Freq. Pct. 94 91 2,711 92.0 2 Yes 63 6 170 9 0 Ω 236 8.0 992 66 0 1935 0 2,947 98.5 Valid responses = Invalid responses include no response or multiple responses

20. In the last twelve months, I have missed work due to being bullied in workplace.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	542	55	1027	53	0	0	1,577	53.3
2 No	430	43	856	44	0	0	1,296	43.8
3 Yes	19	2	66	3	0	0	87	2.9
Valid responses =	991	33	1949	66	0	0	2,960	98.9
Invalid responses inc	clude no respons	e or multipl	e responses					

21A. Please indicate the extent to which you agree or disagree with each of the following statements: In the last twelve months: My emotional health has been negatively affected due to being bullied at work.

,	•						Total	
	Male		Female	Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	620	62	1205	62	0	0	1,836	61.9
2 Strongly agree	20	2	56	3	0	0	78	2.6
3 Agree	39	4	131	7	0	0	172	5.8
4 Neutral	41	4	100	5	0	0	143	4.8
5 Disagree	61	6	133	7	0	0	194	6.5
6 Strongly disagree	213	21	329	17	0	0	545	18.4
Valid responses =	994	33	1954	66	0	0	2,968	99.2
Invalid responses in	nclude no respons	e or multipl	e responses					

21B. Please indicate the extent to which you agree or disagree with each of the following statements: In the last twelve months:

My physical near	tn nas been negat	ively affect	ea aue to b	eing buille	a at work.			
	Male	Male		Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not Applicable	624	63	1207	62	0	0	1,842	62.0
2 Strongly agree	12	1	43	2	0	0	56	1.9
3 Agree	29	3	86	4	0	0	117	3.9
4 Neutral	28	3	88	5	0	0	118	4.0
5 Disagree	73	7	165	8	0	0	239	8.0
6 Strongly disagree	229	23	365	19	0	0	597	20.1
V P I	005	0.4	1051	00		•		

21C. Please indicate the extent to which you agree or disagree with each of the following statements: In the last twelve months:

My stress level has b	been increased	due to bei	ng bullied a	it work.					
	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	621	63	1196	61	0	0	1,828	61.7	
2 Strongly agree	19	2	63	3	0	0	83	2.8	
3 Agree	44	4	109	6	0	0	155	5.2	
4 Neutral	36	4	97	5	0	0	135	4.6	
5 Disagree	60	6	140	7	0	0	201	6.8	3
6 Strongly disagree	213	22	343	18	0	0	559	18.9	
Valid responses =	993	34	1948	66	0	0	2,961	99.0	

22A In the next 7 days, how many (total) minutes did you around dains maderate physical activity?

22A. In the past 7 days, now many (total) minutes did you spend doing moderate physical activity?											
	Male		Female	Female		Unknown					
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 0 minutes	101	10	232	12	0	0	335	11.4			
2 .1 - 30 minutes	110	11	299	16	0	0	410	14.0			
3 30.1 - 60 minutes	157	16	324	17	0	0	484	16.5			
4 60.1 - 120 minutes	234	24	443	23	0	0	682	23.3			
5 120.1 - 240 minutes	197	20	376	20	0	0	576	19.6			
6 GE 240.1 minutes	185	19	255	13	0	0	446	15.2			
Valid responses =	984	34	1929	66	0	0	2,933	98.0			

Invalid responses include no response or multiple responses.

Invalid responses include no response or multiple responses.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National Faculty and Staff Health Assessment (ACHA-NFSHA) Reference Group Data Report - Fall 2019

American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

February 19, 2020 FREQUENCY REPORT

		f Surveys		=		2992	Web	Surveys
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	Mean	Median	Std Dev	Min	Max
Male	179.38	120.00	302.58	0	5000
Female	133.45	90.00	193.57	0	3500
Overall	149.15	90.00	236.66	0	5000

22B. In the past 7 days, how many (total) minutes did you spend doing vigorous physical activity?

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 minutes	384	39	1024	54	0	0	1,414	49.0
2 .1 - 30 minutes	160	16	262	14	0	0	424	14.7
3 30.1 - 60 minutes	104	11	201	11	0	0	310	10.7
4 60.1 - 120 minutes	129	13	192	10	0	0	324	11.2
5 120.1 - 240 minutes	117	12	136	7	0	0	255	8.8
6 GE 240.1 minutes	85	9	73	4	0	0	160	5.5
Valid responses =	979	34	1888	65	0	0	2,887	96.5

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	81.50	30.00	134.5	0	1440
Female	47.23	0.00	93.3	0	1300
Overall	59.13	5.00	110.42	0	1440

22C. In the last 7 days, how many days did you spend doing exercises to strengthen or tone your muscles?

-	Male	-	Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	484	49	1062	55	0	0	1,557	53.0
2 .1 - 2 days	209	21	425	22	0	0	640	21.8
3 2.1 - 4 days	163	17	286	15	0	0	451	15.3
4 GE 4.1 days	131	13	160	8	0	0	292	9.9
Valid responses =	987	34	1933	66	0	0	2,940	98.3
Invalid responses	include no respons	e or multipl	e responses					

 Mean
 Median
 Std Dev
 Min
 Max

 Male
 1.63
 1.00
 2.05
 0

 Female
 1.30
 0.00
 1.8
 0

 Overall
 1.41
 0.00
 1.89
 0

23. In the past 30 days, on average which of the following best represents how much time you spend sitting while at work?

	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 10% (48 mins per day)	70	7	61	3	0	0	133	4.5	
2 20% (1.6 hours per day)	70	7	45	2	0	0	115	3.9	
3 30% (2.4 hours per day)	67	7	77	4	0	0	145	4.9	
4 40% (3.2 hours per day)	68	7	79	4	0	0	149	5.0	
5 50% (4.0 hours per day)	113	11	170	9	0	0	286	9.7	
6 60% (4.8 hours per day)	88	9	160	8	0	0	248	8.4	
7 70% (5.6 hours per day)	145	15	281	14	0	0	428	14.5	
8 80% (6.4 hours per day)	200	20	481	25	0	0	689	23.3	
9 90% (7.2 hours per day)	133	13	461	24	0	0	596	20.1	
10 100% (8.0 hours per day)	38	4	134	7	0	0	172	5.8	
Valid responses =	992	34	1949	66	0	0	2.961	99.0	

Invalid responses include no response or multiple responses.

24. Has a doctor or other health care provider instructed you to restrict your current physical activity?

	waie		remaie		Unknowi	1	iotai		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	947	95	1814	93	0	0	2,778	93.7	
2 Yes	46	5	137	7	0	0	186	6.3	
Valid responses =	993	34	1951	66	0	0	2,964	99.1	
Invalid responses inclu	ide no respons	e or multiple	e responses						

25. Do you currently have difficulty walking or using stairs or require an assistive device to help with mobility?

	,						· · · · · · · · · · · · · · · · · · ·	
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	954	96	1791	92	0	0	2,763	93.2
2 Yes	39	4	162	8	0	0	203	6.8
Valid responses =	993	33	1953	66	0	0	2,966	99.1
Invalid responses inc	clude no respons	e or multiple	e responses	s.				

26. In the past 30 days, how often do you use the stairs instead of an elevator or escalator while at work?

	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not Applicable	36	4	122	7	0	0	159	5.8	
2 Never	34	4	71	4	0	0	105	3.8	
3 Rarely	80	8	175	10	0	0	258	9.3	
4 Some of the time	224	24	446	25	0	0	675	24.4	
5 Most of the time	324	34	533	30	0	0	861	31.2	
6 Always	255	27	444	25	0	0	704	25.5	
Valid responses =	953	35	1791	65	0	0	2,762	92.3	
Invalid responses includ	e no respons	e or multiple	e responses						

Reference Group Data Report - F American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

Invalid responses include no response or multiple responses.

February 19, 2020 FREQUENCY REPORT Number of Surveys (n) =

2992 Web Surveys

(410) 859-1500 www.acha.org				ING	mber of Surve	ys (II) -		2992	Web Surveys
www.acna.org									
27. I consider myself to be:									
	Male	. .	Female		Unknown		Total		
1 Underweight	Freq. 20	Pct. 2	Freq. 19	Pct.	Freq.	Pct. 0	Freq. 39	Pct.	
2 A healthy weight	454	46	759	39	0	0	1,221	1.3 41.2	
3 Overweight	448	45	901	46	0	0	1,360	45.9	
4 Obese	67	7	257	13	Ö	0	325	11.0	
5 Unsure	5	1	16	1	0	0	21	0.7	
Valid responses =	994	34	1952	66	0	Ő	2,966	99.1	
Invalid responses includ									
28. Are you trying to do any of the	e following al	oout your v							
	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Trying nothing about weight	171 249	17 25	270 393	14 20	0 0	0	443 645	15.0	
2 Stay the same weight 3 Lose weight	545	55	1269	65	0	0	1,828	21.8 61.7	
Gain weight	29	3	17	1	0	0	47	1.6	
/alid responses =	994	34	1949	66	0	0	2,963	99.0	-
Invalid responses includ				00	U	U	2,903	99.0	
29. In the last week, how many s	ervings of fru	it did you a	eat on avera	ne ner da	v?				
uio iuot moen, now many s	Male	ala you t	Female	go por ua	Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 servings/day	141	14	225	12	0	0	369	12.5	
! 1-2 servings/day	661	66	1339	69	0	0	2,010	67.8	
3-4 servings/day	171	17	314	16	0	0	491	16.6	
5-6 servings/day	15	2	52	3	0	0	68	2.3	
>6 servings/day	7	1	18	1	0	0	25	0.8	0
/alid responses =	995	34	1948	66	0	0	2,963	99.0	
Invalid responses include	de no respons	e or multiple	e responses.						
0. In the last week, how many s		getables di		average					
	Male	Det	Female	Pct.	Unknown	Pct.	Total	Pct.	
O contingo/dov	Freq.	Pct.	Freq. 40	2 2	Freq.		Freq.		
0 servings/day	31 566	3 57	985	∠ 51	0	0 0	71	2.4	
1-2 servings/day	322	33	706	36	0	0	1,559	52.7 35.0	
3-4 servings/day 5-6 servings/day	53	5 5	156	8	0	0	1,035 213	7.2	
								2.7	
>6 carvinge/day	10	2	50	3	0				
/alid responses = Invalid responses includ	•	•		3 66	0 0	0	79 2,957	98.8	
> 6 servings/day /alid responses = Invalid responses include 11. In the last week, how many s	991 de no respons ervings of wh Male	34 e or multiple nole grains	1946 e responses. did you eat Female	66 on averag	0 ge per day? Unknown	0	2,957 Total	98.8	
/alid responses = Invalid responses includes 1. In the last week, how many s	991 de no respons ervings of wh	34 e or multiple	1946 e responses. did you eat	66	0 je per day?		2,957 Total Freq.	98.8 Pct.	
/alid responses = Invalid responses includ In the last week, how many s I o servings/day	991 de no respons ervings of wh Male Freq.	34 e or multiple nole grains Pct.	1946 e responses. did you eat Female Freq.	66 on averag Pct.	0 ge per day? Unknown Freq.	0 Pct.	2,957 Total Freq. 362	98.8	
/alid responses = Invalid responses includ In the last week, how many s O servings/day 1-2 servings/day	991 de no respons ervings of wh Male Freq. 106 582	34 e or multiple nole grains Pct. 11 59	1946 e responses. did you eat e Female Freq. 254 1207	66 on averag Pct. 13 62	0 ge per day? Unknown Freq. 0	0 Pct. 0 0	2,957 Total Freq. 362 1,800	98.8 Pct. 12.2 60.7	
/alid responses = Invalid responses includ In the last week, how many s O servings/day 1-2 servings/day 3-4 servings/day	991 de no respons ervings of wh Male Freq. 106	34 e or multiple nole grains Pct. 11	1946 e responses. did you eat e Female Freq. 254	66 on averag Pct. 13	ge per day? Unknown Freq. 0	0 Pct. 0	2,957 Total Freq. 362	98.8 Pct. 12.2	
/alid responses = Invalid responses includ In the last week, how many s In servings/day	991 de no respons ervings of wh Male Freq. 106 582 242	34 e or multiple nole grains Pct. 11 59 24	1946 e responses. did you eat of Female Freq. 254 1207 417	66 on averag Pct. 13 62 21	0 ge per day? Unknown Freq. 0 0	0 Pct. 0 0	2,957 Total Freq. 362 1,800 666	98.8 Pct. 12.2 60.7 22.5	
/alid responses := Invalid responses includ 11. In the last week, how many s 10 servings/day 21-2 servings/day 3-4 servings/day 1-6-6 servings/day >>6 servings/day	991 de no respons ervings of wh Male Freq. 106 582 242 47	34 e or multiple tole grains Pct. 11 59 24 5	1946 e responses. did you eat Female Freq. 254 1207 417 57	66 on averag Pct. 13 62 21 3	0 ge per day? Unknown Freq. 0 0 0	Pct. 0 0 0	2,957 Total Freq. 362 1,800 666 104	98.8 Pct. 12.2 60.7 22.5 3.5	
/alid responses = Invalid responses includ In the last week, how many s 0 servings/day 2 1-2 servings/day 3-4 servings/day 5-6 servings/day >>6 servings/day	991 de no respons ervings of wh Male Freq. 106 582 242 47 17 994	34 e or multiple nole grains Pct. 11 59 24 5 2 34	1946 e responses. did you eat Female Freq. 254 1207 417 57 14 1949	66 on average Pct. 13 62 21 3 1	ge per day? Unknown Freq. 0 0 0	0 Pct. 0 0 0 0 0	2,957 Total Freq. 362 1,800 666 104 31	98.8 Pct. 12.2 60.7 22.5 3.5 1.0	
/alid responses = Invalid responses includ 11. In the last week, how many s 0 servings/day 1-2 servings/day 3-4 servings/day 5-6 servings/day i>6 servings/day Invalid responses includ	991 de no respons ervings of wh Male Freq. 106 582 242 47 17 994 de no respons ervings of low	34 e or multiple tole grains Pct. 11 59 24 5 2 34 e or multiple	1946 e responses. did you eat remale Freq. 254 1207 417 57 14 1949 e responses.	66 Pct. 13 62 21 3 1 66	ge per day? Unknown Freq. 0 0 0 0 0 0	Pct. 0 0 0 0	2,957 Total Freq. 362 1,800 666 104 31 2,963 erage per day	98.8 Pct. 12.2 60.7 22.5 3.5 1.0 99.0	
/alid responses = Invalid responses includ In the last week, how many s In servings/day In the last week, how many s In servings/day In the last week, how many s In servings/day In the last week, how many s Invalid responses including the last week, how many s Inv	991 de no respons ervings of wh Male Freq. 106 582 242 47 17 994 de no respons ervings of low Male	34 e or multiple nole grains Pct. 11 59 24 5 2 34 e or multiple	1946 e responses. did you eat remale Freq. 254 1207 417 57 14 1949 e responses. or calcium fo Female	66 on average Pct. 13 62 21 3 1 66 rtified pro	ge per day? Unknown Freq. 0 0 0 0 0 0 Unknown Unknown	Pct. 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	2,957 Total Freq. 362 1,800 666 104 31 2,963 erage per day Total	98.8 Pct. 12.2 60.7 22.5 3.5 1.0 99.0	
/alid responses = Invalid responses include In the last week, how many s In servings/day In se	991 de no respons ervings of wh Male Freq. 106 582 242 47 17 994 de no respons ervings of low Male Freq.	34 e or multiple nole grains Pct. 11 59 24 5 2 34 e or multiple r-fat dairy c	1946 e responses. did you eat e Female Freq. 254 1207 417 57 14 1949 e responses. or calcium fo Female Freq.	66 on average Pct. 13 62 21 3 1 66 rtified pro	ge per day? Unknown Freq. 0 0 0 0 0 0 understanding of the series of the	Pct. 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	2,957 Total Freq. 362 1,800 666 104 31 2,963 erage per day Total Freq.	98.8 Pct. 12.2 60.7 22.5 3.5 1.0 99.0	
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/alid responses = Invalid responses includ 11. In the last week, how many s 0 servings/day 1-2 servings/day 3-4 servings/day 5-6 servings/day /alid responses = Invalid responses includ 12. In the last week, how many se 0 servings/day 1-2 servings/day 1-2 servings/day 1-2 servings/day 3-4 servings/day 3-4 servings/day	991 de no respons ervings of wh Male Freq. 106 582 242 47 17 994 de no respons ervings of low Male Freq. 169 597 185	34 e or multiple tole grains Pct. 11 59 24 5 2 34 e or multiple r-fat dairy c Pct. 17 60 19	1946 e responses. did you eat remale Freq. 254 1207 417 57 14 1949 e responses. or calcium fo Female Freq. 282 1263 340	66 on average Pct. 13 62 21 3 1 66 rtified pro Pct. 15 65 18	ge per day? Unknown Freq. 0 0 0 0 0 0 Unknown Freq. 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Pct. 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	2,957 Total Freq. 362 1,800 666 104 31 2,963 Prage per day Total Freq. 456 1,870 528	98.8 Pct. 12.2 60.7 22.5 3.5 1.0 99.0 Pct. 15.4 63.2 17.8	
/alid responses = Invalid responses includ 11. In the last week, how many s 0 servings/day 11-2 servings/day 3.4 servings/day 5.6 servings/day i>6 servings/day 2. In the last week, how many se 0 servings/day 11-2 servings/day 3.3 servings/day 3.4 servings/day 3.5 servings/day 3.6 servings/day 3.7 servings/day 3.7 servings/day 3.8 servings/day 3.9 servings/day	991 de no respons ervings of wh Male Freq. 106 582 242 47 17 994 de no respons ervings of low Male Freq. 169 597 185 27	34 e or multiple tole grains Pct. 11 59 24 5 2 34 e or multiple v-fat dairy c Pct. 17 60 19 3	1946 e responses. did you eat of Female Freq. 254 1207 417 57 14 1949 e responses. or calcium for Female Freq. 282 1263 340 45	66 on average Pct. 13 62 21 3 1 66 rtified pro Pct. 15 65 18 2	ge per day? Unknown Freq. 0 0 0 0 0 0 0 vducts did you Unknown Freq. 0 0 0	Pct. 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	2,957 Total Freq. 362 1,800 666 104 31 2,963 erage per day Total Freq. 456 1,870 528 74	98.8 Pct. 12.2 60.7 22.5 3.5 1.0 99.0 Pct. 15.4 63.2 17.8 2.5	
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/alid responses = Invalid responses include In In the last week, how many s I o servings/day 1-2 servings/day 1-5-6 servings/day 2-6 servings/day 2-7 in the last week, how many servings/day 2-1 in the last week, how many servings/day 1-2 servings/day 1-2 servings/day 1-6 servings/day 1-6 servings/day 1-6 servings/day 1-6 servings/day 1-6 servings/day 1-6 servings/day 1-7 in the last week 1 in the last week 2 in the last week 3 in the last week 4	991 de no respons ervings of wh Male Freq. 106 582 242 47 17 994 de no respons ervings of low Male Freq. 169 597 185 27 13 991 de no respons	34 e or multiple tole grains Pct. 11 59 24 5 2 34 e or multiple t-fat dairy of Pct. 17 60 19 3 1 33 e or multiple proteins d	1946 e responses. did you eat of Female Freq. 254 1207 417 57 14 1949 e responses. or calcium for Female Freq. 282 1263 3340 45 18 1948 e responses. id you eat of Female	66 on average Pct. 13 62 21 1 66 rtified pro Pct. 15 65 18 2 1 66 an average	ge per day? Unknown Freq. 0 0 0 0 0 0 unknown Freq. 0 0 0 unknown Freq. 0 0 0 0 Unknown Freq. 10 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Pct. 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	2,957 Total Freq. 362 1,800 666 104 31 2,963 erage per day Total Freq. 456 1,870 528 74 31 2,959	98.8 Pct. 12.2 60.7 22.5 3.5 1.0 99.0 Pct. 15.4 63.2 17.8 2.5 1.0 98.9	
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American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

February 19, 2020
FREQUENCY REPORT
Number of Surveys (n)

Number of Surveys (n) = 2992 Web Surveys

1.2

98.8

	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	161	16	351	18	0	0	517	17.4	
2 Have used, but not in last 30	135	14	309	16	0	0	446	15.0	
3 1 - 2 days	170	17	447	23	0	0	620	20.9	
4 3 - 5 days	159	16	309	16	0	0	474	16.0	
5 6 - 9 days	114	12	195	10	0	0	310	10.5	
6 10 - 19 days	131	13	180	9	0	0	312	10.5	
7 20 - 29 days	78	8	103	5	0	0	183	6.2	
8 Used daily	47	5	57	3	0	0	104	3.5	
Valid responses =	995	34	1951	66	0	0	2,966	99.1	

35B. Within the last thirty days, on how many days did you use: Cigarettes?

JJD. Within the last thirty days, t	on now many	uays ulu yi	ou use. Oigi	arettes:				
	Male		Female	•	Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	785	80	1616	83	0	0	2,418	82.0
2 Have used, but not in last 30	146	15	227	12	0	0	375	12.7
3 1 - 2 days	10	1	14	1	0	0	25	0.8
4 3 - 5 days	6	1	4	0	0	0	10	0.3
5 6 - 9 days	3	0	7	0	0	0	10	0.3
6 10 - 19 days	5	1	9	1	0	0	14	0.5
7 20 - 29 days	1	0	7	0	0	0	8	0.3
8 Used daily	28	3	60	3	0	0	88	3.0
Valid responses =	984	33	1944	66	0	0	2,948	98.5

Invalid responses include no response or multiple responses.

,	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	809	82	1832	94	0	0	2,658	89.9
2 Have used, but not in last 30	155	16	107	6	0	0	264	8.9
3 1 - 2 days	15	2	5	0	0	0	21	0.7
4 3 - 5 days	2	0	0	0	0	0	2	0.1
5 6 - 9 days	2	0	1	0	0	0	3	0.1
6 10 - 19 days	0	0	1	0	0	0	1	0.0
7 20 - 29 days	1	0	0	0	0	0	1	0.0
8 Used daily	4	0	2	0	0	0	6	0.2
Valid responses =	988	33	1948	66	0	0	2,956	98.8
Invalid responses include	de no respons	e or multiple	e responses					

35D Within the last thirty days, on how many days did you use: E-cigarettes or other vane products?

35D. Within the last thirty days, o	n now many	aays ala yo	ou use: E-ci	garettes o	r otner vape	products?			
	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	892	90	1843	95	0	0	2,753	93.1	
2 Have used, but not in last 30	65	7	68	4	0	0	133	4.5	
3 1 - 2 days	4	0	10	1	0	0	15	0.5	1
4 3 - 5 days	4	0	2	0	0	0	6	0.2	1
5 6 - 9 days	2	0	3	0	0	0	5	0.2	I
6 10 - 19 days	2	0	4	0	0	0	6	0.2	1
7 20 - 29 days	3	0	1	0	0	0	4	0.1	1

0

0

2,957

66

Valid responses = 989 33 1948
Invalid responses include no response or multiple responses.

35E. Within the last thirty days, on how many days did you use: Smokeless tobacco (chew, snuff)?

	Male		Female		Unknown	1	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never used	869	88	1916	99	0	0	2,803	95.0		
2 Have used, but not in last 30	78	8	23	1	0	0	101	3.4		
3 1 - 2 days	6	1	0	0	0	0	7	0.2	1	
4 3 - 5 days	7	1	0	0	0	0	7	0.2	1	
5 6 - 9 days	1	0	1	0	0	0	2	0.1	1	
6 10 - 19 days	1	0	0	0	0	0	1	0.0		
7 20 - 29 days	4	0	0	0	0	0	4	0.1	1	
8 Used daily	22	2	1	0	0	0	24	8.0		
Valid responses =	988	34	1941	66	0	0	2,949	98.6		
Invalid responses includ	le no respons	e or multiple	e responses.							

35F. Within the last thirty days, on how many days did you use: Tobacco from a water pipe (hookah)?										
	Male		Female		Unknow	n	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never used	901	91	1861	96	0	0	2,782	94.4		
2 Have used, but not in last 30	78	8	72	4	0	0	150	5.1		
3 1 - 2 days	4	0	4	0	0	0	8	0.3	1	
4 3 - 5 days	1	0	2	0	0	0	3	0.1	1	
5 6 - 9 days	2	0	1	0	0	0	3	0.1	ı	
6 10 - 19 days	0	0	0	0	0	0	0	0.0		
7 20 - 29 days	0	0	0	0	0	0	0	0.0		
8 Used daily	0	0	0	0	0	0	0	0.0		
Valid responses =	986	33	1940	66	0	0	2,946	98.5		
Invalid responses inclu	de no respons	e or multiple	e responses							

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Surveys

36. Over the last two weeks, how many times have you had five or more drinks of alcohol at a sitting? Male Female Unknown Total Freq. Freq. Pct. Freq. Freq. 1 Not Applicable 18 401 21 19.8 2 None 573 58 1284 66 n n 1 866 62.8 3 1 time 130 227 7.6 4 2 times 56 26 6 58 37 0 0 114 3.8 5 3 times 0 0 64 2.2 39 6 4 times 1.3 7.5 times 11 9 n n 20 0.7 11 17 8 6 times 6 0 0 0 0.6 10.8 times n n n 0.3 11 9 times 0 0 0 0.2 12 10 or more times 0 Valid responses = 995 34 1954 66 n n 2 969 99.2 Invalid responses include no response or multiple 37. When you drink alcohol, how many drinks do you typically have? Female Total Pct. 20 Pct. 21 Freq. Pct. Freq. Pct. 1 0 drinks 196 397 0 599 20.5 27 737 39 1,007 34.5 3 1 1 - 2 drinks 320 33 584 31 n n 909 31.2 4 GE 2.1.drinks 195 10 203 21 402 13.8 0 0 1913 0 2,917 Invalid responses include no response or multiple responses Median Std Dev Min 1.70 2.00 0 9 Male 1.41 Female Overall 1.47 1.00 0 9 38. In the last 12 months, have you felt the need to reduce your drinking? Total Male Unknown Female Freq. 1 Not Applicable 184 19 407 21 0 598 20.2 2 No 665 67 1334 69 2,011 67.9 0 3 Yes 146 15 207 0 0 354 66 Valid responses = 995 34 1948 0 0 2.963 99.0 Invalid responses include no response or multiple 39. In the last 12 months, has a family member, friend, colleague, or anyone expressed concern about your drinking or suggested you reduce your consumption? Male Unknown Total Pct. Pct. Pct. Freq. Freq. Freq. Freq 20.3 77.0 1 Not Applicable 18 411 21 77 2 No 773 78 1496 0 0 2.281 39 43 0 2.8 3 Yes 0 82 Valid responses = 995 34 1950 66 0 0 2,964 99.1 Invalid responses include no response or multiple responses. 40. Are you having any financial, work, family, or other problems as a result of your drinking? Total Male Female Unknown Freq. Freq. Pct. 1 Not Applicable 186 19 420 22 77 0 613 20.7 2 No 798 80 78.3 1510 0 2,321 0 0 996 1950 66 2.966 Valid responses = 34 0 99.1 Invalid responses include no response or multiple responses 41. Are you in recovery from alcohol or other substance abuse or dependence? Female Unknown Total Pct. Freq. Pct. 1 No 98 1931 99 98.6 975 0 2.925 0 Valid responses = 996 34 1950 66 0 0 2,966 99.1 Invalid responses include no response or multiple responses 42. How do you usually describe yourself? Unknown Total Female Freq. Pct. 1.1 American Indian or Native Alaskan 13 Asian or Asian American 62 63 129 4.3 0.4 Arab/Middle Eastern/North African 6 6 0 0 0 12 Black or African American 118 30 6 0 149 5.0 Hispanic or Latino/a 38 48 86 Native Hawaiian Pacific Islander N 0 0 0 0 0 0.1 I White 849 1707 87 2.571 86.6 85 0 0 Biracial or Multiracial 14 24 n 0 38 1.3 1.2 Another Identity Valid responses 11 22 0 0 35

all responses and blanks: since multiple responses were possible, more than

American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910

February 19, 2020 FREQUENCY REPORT

Silver Spring (410) 859-15						EQUENCY REI		20	92 Web	Surveys
www.acha.or					ivu	illiber of ourve	.ys (II) –		702 WED	Ourveys
42A. Are you:										
		Male		Female		Unknown		Total		
	01.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
 Mexican, Mexican Am. Puerto Rican 	, Chicano	10 4	26 11	17 5	35 10	0	0 0	27 9	31.4	
3 Cuban		3	8	2	4	0	0	5	5.8	
4 Another Hispanic, Latir	no, Spanis	21	55	24	50	0	0	45	52.3	
Valid responses =	nses include n	38 o respon	44 se or multiple	48 responses.	56	0	0	86	2.9	
42B Are you:										
42B Ale you.		Male		Female		Unknown		Total		
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 East Asian 2 Southeast Asian		32 10	52 16	35 11	56 18	0	0	70 22	54.3	
3 South Asian		18	29	16	25	0	0	34	26.4	
4 Other Asian		2	3	1	2	0	0	3	2.3	
Valid responses =	nses include n	62 o respon	48 se or multiple	63 responses.	49	0	0	129	4.3	
		о тоорот	oo or manapie	, , , , , , , , , , , , , , , , , , , ,						
43. How old are you?		Male		Female		Unknown		Total		
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 18 - 30		143	15	335	17	0	0	480	16.3	
2 30.1 - 40 3 40.1 - 50		284	29	504	26	0	0	794	27.0	
3 40.1 - 50 4 50.1 - 60		218 201	22 20	488 417	25 22	0	0	710 623	24.2	
5 GE 60.1		141	14	188	10	0	0	331	11.3	
Valid responses =		987	34	1932	66	0	0	2,938	98.2	
Invalid respo	nses include n	o respon	se or multiple	responses.						
	lean	N	ledian	St	d Dev	Min		Max	0.4	
Male Female	45.03 43.57		44.00 43.00		13.03 12.13		20 22		94 79	
Overall	44.07		43.00		12.46		20		94	
44. What is your heigh	t in feet (') and	d inches	(")?							
		Male		Female	Det	Unknown	Det	Total	Dat	
1 Low-36 inches		Freq.	Pct . 0	Freq.	Pct. 0	Freq.	Pct. 0	Freq.	Pct. 0.0	
2 37-48 inches		0	0	2	0	0	0	2	0.1 I	
3 49-60 inches		2	0	81	4	0	Ō	84	2.9	
4 61-72 inches		717	73	1846	95	0	0	2,579	87.9	
5 73-84 inches		262	27	6	0	0	0	269	9.2	
6 GE 85 inches Valid responses =		0 981	0 33	0 1935	0 66	0	0	0 2,934	0.0 98.1	
	nses include n				00	U	O	2,934	90.1	
N	lean	N	ledian	St	d Dev	Min	ı	Max		
Male	70.71		71.00		2.98		60		80	
Female Overall	65.03 66.94		65.00 67.00		2.82 3.93		42 42		76 80	
45. What is your weigh	t in pounds?									
		Male	5.4	Female		Unknown	5 .	Total		
1 Low - 50 pounds		Freq.	Pct .	Freq.	Pct. 0	Freq.	Pct. 0	Freq.	Pct. 0.0	
2 51-100 pounds		1	0	12	1	0	0	13	0.4	
3 101-150 pounds		101	10	771	40	0	0	879	30.2	
4 151-200 pounds		491	50	713	37	0	0	1,212	41.6	
5 201-250 pounds		285	29	288	15	0	0	576	19.8	
6 251-300 pounds		82	8	101	5	0	0	184	6.3	
7 301-350 pounds 8 351-400 pounds		18	2	19	1	0	0 0	37	1.3	
9 401-450 pounds		4 1	0 0	5 1	0	0	0	9 2	0.3 0.1	
10 GE 451 pounds		1	0	0	0	0	Ö	1	0.0	
Valid responses =		984	34	1910	66	0	Ö	2,913	97.4	
Invalid respo	nses include n	o respon	se or multiple	responses.						
	lean	N	ledian	St	d Dev	Min		Max		
Male	199.35		190.00		43.47		77		480	
Female Total	172.62 181.64		160.00 175.00		46.81 47.37		89 77		436 480	
46. What sex were you	assigned at b									
		Male	Pct.	Female Freq.	Pct.	Unknown Freq.	Pct.	Total Freq.	Pct.	
1 Female		Freq.	0	1954	100	Freq.	PCt. 0	1,966	66.2	
2 Male		996	100	0	0	0	0	1,004	33.8	
3 Intersex		0	0	0	0	0	0	0	0.0	-
Valid responses =	nses include n	996 o respon	34 se or multiple	1954 responses.	66	0	0	2,970	99.3	
·		oopon	_ > o. manuple							
47. Do you identify as t	ransgender?	Male		Female		Unknown		Total		
		Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No		996	100	1954	100	0	0	2,960	99.7	
2 Yes		0	0 34	0 1954	0 66	0	0 0	10 2,970	0.3 99.3	
Valid recognoses =										
Valid responses = Invalid respo	nses include n	996 o respon			00	Ü	Ü	2,010	00.0	

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Valid responses =

onses = 990 33 1947
Invalid responses include no response or multiple responses.

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(410) 859-1500	10				mber of Surve			2992 Web Surveys
<u>www.acha.org</u>								
48. Which term do you use to de	escribe your ge	ender ident						
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
l Woman	0	0	1954	100	0	0	1,960	66.0
2 Man	996	100	0	0	0	0	998	33.6
3 Trans woman	0	0	0	0	0	0	0	0.0
Trans man	0	0	0	0	0	0	1	0.0
Genderqueer	0	0	0	0	0	0	0	0.0
Agender Genderfluid	0	0	0	0	0	0	0	0.0 0.0
Intersex	0	0	0	0	0	0	0	0.0
Nonbinary	0	0	0	0	0	0	4	0.0
0 Another identity	0	0	0	0	0	0	6	0.1
alid responses =	996	34	1954	66	0	0	2,970	99.3
Invalid responses inclu				00	Ü	Ü	2,010	33.3
00EV 0 bd	40 47 40							
RSEX. Sex based on pattern of	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Female	0	0	1954	100	0	0	1,954	65.8
Male	996	100	0	0	0	0	996	33.5
Non-binary	0	0	0	0	Ö	0	20	0.7
/alid responses =	996	34	1954	66	0	Ö	2,970	99.3
Invalid responses inclu				00	Ü	Ü	2,010	33.3
9. What term best describes yo	our sexual orie	ntation?						
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Straight/Heterosexual	922	92.7	1798	92.8	0	0	2732	92.5
Bisexual	23	2.3	69	3.6	0	Ō	92	3.1
Gay	38	3.8	0	0	0	0	38	1.3
Lesbian	0	0	30	1.5	Ō	Ō	30	1 0
Pansexual	1	0.1	8	0.4	0	Ö	11	0.4
Queer	4	0.4	7	0.4	0	0	12	0.4
Questioning	5	0.5	12	0.6	0	0	17	0.6
	1	0.5	8	0.4	0	0	13	0.4
Another identity Asexual	1	0.1	5	0.4	0	0	7	0.2
	995	100		100	0	0		
'alid responses = Invalid responses inclu			1937 e responses	100	U	U	2952	98.7
vana responese men	140 110 10000110	o or manapa	о гооропосо.					
0. Relationship status:								
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Single, never married	167	17	400	21	0	0	574	19.4
Single, divorced	50	5	196	10	0	0	246	8.3
Separated	10	1	22	1	0	0	32	1.1 0
Engaged	28	3	48	3	0	0	79	2.7 🗖
Married	714	72	1193	61	0	0	1,915	64.7
Widowed	6	1	33	2	0	0	39	1.3 🛮
' Other	20	2	53	3	0	0	75	2.5
/alid responses =	995	34	1945	66	0	0	2,960	98.9
Invalid responses inclu	ide no respons	e or multiple	e responses.					
1. Highest level of education:								
	Male		Female		Unknown	. .	Total	B.4
0110	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Grades 1-8	1	0	0	0	0	0	1	0.0
Grades 9-11	2	0	2	0	0	0	4	0.1 I
High school grad or GED	44	4	76	4	0	0	120	4.0
Some college (no degree)	64	6	184	9	0	0	251	8.5
Trade/technical/vocational	28	3	22	1	0	0	50	1.7 💻
Associate's degree	48	5	130	7	0	0	178	6.0
Bachelor's degree	199	20	504	26	0	0	709	23.9
Master's degree	273	28	647	33	0	0	925	31.2
Doctoral Degree	309	31	341	18	0	0	654	22.1
0 Professional Degree	26	3	44	2	0	0	72	2.4
/alid responses =	994	34	1950	66	0	0	2,964	99.1
Invalid responses inclu	ude no respons	e or multiple	e responses.					
2A. The food that I bought just	didn't last an	d I didn't h	ave money *	aet mar	•			
A. THE 1000 that I bought just	: didn't last, and Male	u i ulan't ha	ave money to Female	yet more	e. Unknown		Total	
		Pct.		Pct.	Freq.	Pct.	Freq.	Pct.
Often true	Freq.		Freq.					
	14	1	27	1	0	0	41	1.4 0
Sometimes true	60	6	204	11	0	0	265	8.9
Never true	919	93	1720	88	0	0	2,658	89.7
/alid responses = Invalid responses inclu	993 ude no respons	34 e or multiple	1951 e responses.	66	0	0	2,964	99.1
a.a respenses mon	3oopons	_ 0u.upi	coponicos.					
2B.I couldn't afford to eat balar			_				_	
	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Often true	23	2	53	3	0	0	77	2.6
Sometimes true	85	9	247	13	0	0	334	11.3
3 Never true	882	89	1647	85	0	0	2,546	86.1
/alid responses =	000	22	1047	66	0	^	0.057	00.0

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2992 Web Surveys

2,957

53. In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

,	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Yes, almost every day	6	1	12	1	0	0	18	0.6	
2 Yes, some but not every day	31	3	89	5	0	0	121	4.1	_
3 Only 1 or 2 days	39	4	105	5	0	0	146	4.9	
4 No	919	92	1743	89	0	0	2,679	90.4	
Valid responses =	995	34	1949	66	0	0	2 964	99.1	

Invalid responses include no response or multiple responses. 54.In the last 30 days, did you ever eat less than you felt you should because

there wash t enough money for h	oou :									
	Male		Female		Unknow	n	Total			
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	934	94	1795	92	0	0	2,747	92.9		
2 Yes.	60	6	148	8	0	0	210	7.1		

994 1943 Invalid responses include no response or multiple responses

55.In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Male		Female		Unknow	n	Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	955	96	1861	95	0	0	2,836	95.6
2 Yes,	39	4	90	5	0	0	129	4.4
Valid responses =	994	3/	1051	66	0	0	2 065	00.1

Invalid responses include no response or multiple responses.

56. Within the past 12 months, to what extent have your values, sense of purpose, faith or spirituality been useful to you?

	Male		Female		Unknow	1	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 To no extent	77	8	84	4	0	0	164	5.5	
2 To little extent	74	8	158	8	0	0	234	7.9	
3 To some extent	261	26	495	25	0	0	757	25.5	
4 To great extent	334	34	589	30	0	0	928	31.3	
5 To very great extent	247	25	624	32	0	0	880	29.7	
Valid responses =	993	34	1950	66	0	0	2,963	99.0	
Invalid responses inclu-	de no respons	e or multiple	e responses						

57. Are you currently or have you been a member of the Armed Services?

	Male			Female		Unknown		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	887	89	1932	99	0	0	2,839	95.7
2 Yes area of hazardous duty	47	5	6	0	0	0	53	1.8
3 Yes not of hazardous duty	61	6	14	1	0	0	75	2.5
Valid responses =	995	34	1952	66	0	0	2,967	99.2
Invalid responses include	de no respons	e or multipl	e responses					

58. Employee Classification: (Choose your primary position)

	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Staff	488	49	1252	64	0	0	1,751	59.0	
2 Adjunct Faculty	29	3	29	2	0	0	58	2.0	
3 Faculty	382	38	507	26	0	0	895	30.1	
4 Administration	60	6	118	6	0	0	178	6.0	
5 Graduate/professional	27	3	31	2	0	0	59	2.0	_
6 Other	10	1	16	1	0	0	28	0.9	_
Valid responses =	996	34	1953	66	0	0	2,969	99.2	
Invalid responses inc	lude no respons	e or multiple	e responses						

59. Pay type:

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hourly	176	18	456	23	0	0	638	21.5
2 Salaried	819	82	1492	77	0	0	2,325	78.5
Valid responses =	995	34	1948	66	0	0	2,963	99.0
Invalid responses i	include no respons	e or multipl	e responses					

60. What shift do you usually work?

	Male		Female		Unknowi	1	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Day (1st)	159	91	436	96	0	0	600	94.5	
2 Evening (2nd)	9	5	14	3	0	0	23	3.6	
3 Night (3rd)	6	3	5	1	0	0	12	1.9	
Valid responses =	174	27	455	72	0	0	635	21.2	
Invalid responses inc	clude no respons	e or multipl	e responses						

61. What is your yearly app	ointment?								
	Male		Female		Unknow	n	Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 9 month	189	19	238	12	0	0	430	14.7	
2 10 month	10	1	19	1	0	0	30	1.0	
3 11 month	5	1	9	1	0	0	14	0.5	
4 12 month	777	79	1661	86	0	0	2,454	83.8	
Valid responses =	981	34	1927	66	0	0	2 928	97.9	

Reference Group Data Report - F American College Health Association 8455 Colesville Rd., Suite 740 Silver Spring, MD 20910 (410) 859-1500

February 19, 2020 FREQUENCY REPORT Number of Surveys (n) =

992 Web Surveys

www.acha.org						J- (··/			
62. Employment status:									
--	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Part-time without benefits	32	3	57	3	0	0	90	3.0	
2 Part-time with benefits	11	1	24	1	0	0	35	1.2	
3 Full-time without benefits	11	1	11	1	0	0	22	0.7	
Full-time with benefits	939	95	1860	95	0	0	2,818	95.0	
/alid responses =	993	33	1952	66	0	0	2,965	99.1	
Invalid responses inclu	de no respons	e or multipl	e responses.						
33. Are you:									
•	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
Employed college/university	987	99	1949	100	0	0	2,956	99.6	
Employed outsourced group	8	1	4	0	0	Ō	12	0.4	
/alid responses =	995	34	1953	66	0	0	2,968	99.2	
Invalid responses inclu					_	-	,		
4. Do you have health insurance	e?								
20 you mate mount mourant	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
No	7	1	15	1	0	0	22	0.7	
Yes	986	99	1937	99	0	0	2,942	99.1	
I don't know	2	0	2	0	Ö	Ö	5	0.2	
/alid responses =	995	34	1954	66	0	0	2,969	99.2	
Invalid responses inclu					ŭ	Ü	2,000	00.2	
65. Years of employment at this i	institution or	outsourced	l group at th	ie inetituti	ion:				
o. rears or employment at this	Male	outooutoot	Female	io iliotituti	Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
<=5	482	49	969	50	0	0	1,462	49.3	
2 6-10	176	18	349	18	0	0	528	17.8	
3 11-15	117	12	235	12	0	0	354	11.9	
16-20	77	8	142	7	0	0	220	_ : _	
5 21-25	47	5	103	5	0	0	150	5.1	
3 26-30	31	3	68	4	0	0	100	3.4	
7 31-35	33	3	54	3	0	0	87	2.9	•
31-35	33 15	2	20	3 1	0	0			
		2		1	0		36	1.2	
More than 40 years	15	33	12		0	0	28	0.9	
/alid responses = Invalid responses inclu	993 de no respons		1952 e responses.	66	U	0	2,965	99.1	
•	•		c . coponoco.						
66. Are you a member of an emp	loyment unio Male	n?	Female		Unknown		Total		
	- Iviaid	. .	- cinale		- CIIKIIOWII		- Iolai		

	Male		Female)	Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	918	93	1797	92	0	0	2,732	92.4
2 Yes	74	8	147	8	0	0	224	7.6
Valid responses =	992	34	1944	66	0	0	2.956	98.8