




American College Health Association **National College Health Assessment**

# Reference Group Data Report



The first 8 questions ask about health, health education, and safety.

1. Considering your age, how would you describe your general health?

☐ Excellent    ☐ Very good    ☐ Good    ☐ Fair    ☐ Poor    ☐ Don't know

2. On which of the following health topics have you ever received information from your college or university? (Select all that apply)

<input type="radio"/> Tobacco use prevention	<input type="radio"/> Pregnancy prevention
<input type="radio"/> Alcohol and other drug use prevention	<input type="radio"/> AIDS or HIV infection prevention
<input type="radio"/> Sexual assault/relationship violence prevention	<input type="radio"/> Sexually transmitted disease (STD) prevention
<input type="radio"/> Violence prevention	<input type="radio"/> Dietary behaviors and nutrition
<input type="radio"/> Injury prevention and safety	<input type="radio"/> Physical activity and fitness
<input type="radio"/> Suicide prevention	<input type="radio"/> None of the above

4. Do you

scale below to record

Spring 2007



American College Health Association



# Reference Group Data Report

---

## Spring 2007

The ACHA-NCHA supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

Suggested citation for this document: American College Health Association. American College Health Association-National College Health Assessment: Reference Group Data Report Spring 2007. Baltimore: American College Health Association; 2007.

# Demographics of Participating Colleges/Universities

One hundred thirteen postsecondary institutions self-selected to participate in the Spring 2007 ACHA National College Health Assessment and 72,786 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only those institutions that surveyed all students, or used a random sampling technique are included in the analysis, yielding a final data set consisting of 71,860 students and 107 schools. Demographic characteristics of the 107 campuses follow:

<b>Demographical Characteristics of the 107 Postsecondary Institutions Included in the Spring 2007 ACHA-NCHA Reference Group.</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
Type of Institution	
Public	69
Private	38
2-year	14
4-year	93
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	24
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	29
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX, VA, WV)	20
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	32
Outside US	2
Campus Size	
< 2,500 students	16
2,500 – 4,999 students	10
5,000 – 9,999 students	20
10,000 – 19,999 students	25
20,000 students or more	36
Campus Setting	
Very large city (population over 500,000)	21
Large city (population 250,000-499,999)	14
Small city (population 50,000-249,999)	36
Large town (population 10,000 – 49,999)	26
Small town (population 2,500-9,999)	8
Rural community (population under 2,500)	2
Carnegie Classification	
Associates Colleges	14
Baccalaureate Colleges	14
Masters Colleges and Universities	35
Research Institutions	41
Special Focus Institutions	1
Miscellaneous/Not Classified	2

<b>Demographical Characteristics of the 107 Postsecondary Institutions Included in the Spring 2007 ACHA-NCHA Reference Group.</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
ACHA Membership Status	
Institutional Member	102
Nonmember	5
Religious Affiliation	
No	85
Yes	22
<u>If yes:</u>	
Catholic	11
Protestant or Other Christian	11
Postsecondary Minority Institution (US Department of Education)	
No	96
Yes	11
<u>*If yes:</u>	
Postsecondary Minority Institution	0
Historically Black College or University (HBCU)	1
High Hispanic Enrollment	10
Hispanic Serving Institution (HSI)	6
Indian Tribally Controlled College or University	0
Alaska Native-Serving Institution	0
Native Hawaiian-Serving Institution	0
*institutions may hold more than one type of minority status	

	<b>All Spring 2007 Institutions</b>	<b>Paper Survey Administration</b>	<b>Web Survey Administration</b>
Number of institutions	107	28	79
Number of students	71,860	18,227	53,633
Mean response proportion	39%	88%	22%
Median response proportion	24%	95%	19%



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 1. Considering your age, how would you describe your general health?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Excellent	5,075	20	5,955	13	380	16	11,410	15.9	
2 Very good	10,585	43	19,267	44	898	37	30,750	43.0	
3 Good	7,006	28	14,861	34	828	34	22,695	31.7	
4 Fair	1,794	7	3,574	8	248	10	5,616	7.8	
5 Poor	302	1	563	1	42	2	907	1.3	
6 Don't know	64	0	99	0	12	1	175	0.2	
Valid responses =	24,826	35	44,319	62	2,408	3	71,553	99.6	

Invalid responses include no response or multiple responses.

## 2. On which of the following health topics have you ever received information from your college or university?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Tobacco use prevention	6,477	26	10,151	23	602	24	17,230	24.0	
2 Alcohol and other drug use	12,922	52	21,575	49	960	39	35,457	49.3	
3 Sexual assault/relationship	10,342	42	20,411	46	804	32	31,557	43.9	
4 Violence prevention	5,128	21	9,616	22	443	18	15,187	21.1	
5 Injury prevention and safety	4,005	16	6,048	14	308	12	10,361	14.4	
6 Suicide prevention	4,036	16	6,641	15	298	12	10,975	15.3	
7 Pregnancy prevention	5,017	20	10,770	24	472	19	16,259	22.6	
8 AIDS or HIV infection	7,730	31	12,245	28	646	26	20,621	28.7	
9 Sexually transmitted disease	9,419	38	15,998	36	725	29	26,142	36.4	
10 Dietary behaviors and nutrition	7,050	28	14,851	33	579	23	22,480	31.3	
11 Physical activity and fitness	9,195	37	16,978	38	794	32	26,967	37.5	
12 None of the above	6,370	26	10,618	24	730	29	17,718	24.7	

Valid responses = all responses and blanks: since multiple responses were possible, more than 100% may be included.

## 3A. Believability of each source of health information:

## Leaflets, pamphlets, flyers

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Believable	12,187	50	28,500	65	1,272	57	41,959	59.7	
2 Neither believable nor unbelievable	10,366	43	13,821	32	841	38	25,028	35.6	
3 Unbelievable	1,803	7	1,381	3	124	6	3,308	4.7	
Valid responses =	24,356	35	43,702	62	2,237	3	70,295	97.8	

Invalid responses include no response or multiple responses.

## 3B. Believability of each source of health information:

## Campus newspaper articles

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Believable	11,016	45	21,991	51	1,098	50	34,105	48.7	
2 Neither believable nor unbelievable	11,249	46	19,021	44	966	44	31,236	44.6	
3 Unbelievable	2,016	8	2,475	6	149	7	4,640	6.6	
Valid responses =	24,281	35	43,487	62	2,213	3	69,981	97.4	

Invalid responses include no response or multiple responses.

## 3C. Believability of each source of health information:

## Health center medical staff

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Believable	21,281	88	38,706	89	1,908	86	61,895	88.3	
2 Neither believable nor unbelievable	2,588	11	4,193	10	270	12	7,051	10.1	
3 Unbelievable	401	2	708	2	45	2	1,154	1.6	
Valid responses =	24,270	35	43,607	62	2,223	3	70,100	97.6	

Invalid responses include no response or multiple responses.





# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

**3D. Believability of each source of health information:****Health educators**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Believable	20,881	86	39,331	90	1,911	86	62,123	88.7	
2 Neither believable nor unbelievable	3,059	13	3,955	9	279	13	7,293	10.4	
3 Unbelievable	341	1	277	1	34	2	652	0.9	
Valid responses =	24,281	35	43,563	62	2,224	3	70,068	97.5	

Invalid responses include no response or multiple responses.

**3E. Believability of each source of health information:****Friends**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Believable	5,891	24	10,996	25	596	27	17,483	24.9	
2 Neither believable nor unbelievable	15,897	65	29,149	67	1,417	64	46,463	66.2	
3 Unbelievable	2,577	11	3,484	8	214	10	6,275	8.9	
Valid responses =	24,365	35	43,629	62	2,227	3	70,221	97.7	

Invalid responses include no response or multiple responses.

**3F. Believability of each source of health information:****Resident assistants/advisors**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Believable	7,854	33	15,854	37	768	35	24,476	35.2	
2 Neither believable nor unbelievable	14,222	59	24,809	57	1,236	57	40,267	57.8	
3 Unbelievable	2,092	9	2,601	6	185	9	4,878	7.0	
Valid responses =	24,168	35	43,264	62	2,189	3	69,621	96.9	

Invalid responses include no response or multiple responses.

**3G. Believability of each source of health information:****Parents**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Believable	15,198	62	29,361	67	1,440	65	45,999	65.6	
2 Neither believable nor unbelievable	8,326	34	13,330	31	703	32	22,359	31.9	
3 Unbelievable	813	3	887	2	77	4	1,777	2.5	
Valid responses =	24,337	35	43,578	62	2,220	3	70,135	97.6	

Invalid responses include no response or multiple responses.

**3H. Believability of each source of health information:****Religious Center**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Believable	5,632	23	11,019	25	657	30	17,308	24.7	
2 Neither believable nor unbelievable	11,393	47	21,582	50	1,053	48	34,028	48.6	
3 Unbelievable	7,253	30	10,881	25	489	22	18,623	26.6	
Valid responses =	24,278	35	43,482	62	2,199	3	69,959	97.4	

Invalid responses include no response or multiple responses.

**3I. Believability of each source of health information:****Television**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Believable	3,306	14	5,876	13	432	20	9,614	13.7	
2 Neither believable nor unbelievable	14,695	60	27,732	64	1,294	58	43,721	62.2	
3 Unbelievable	6,386	26	10,090	23	493	22	16,969	24.1	
Valid responses =	24,387	35	43,698	62	2,219	3	70,304	97.8	

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**3J. Believability of each source of health information:**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Believable	5,116	21	10,271	24	581	26	15,968	22.8	
2 Neither believable nor unbelievable	14,591	60	26,158	60	1,272	58	42,021	59.9	
3 Unbelievable	4,594	19	7,184	17	361	16	12,139	17.3	
Valid responses =	24,301	35	43,613	62	2,214	3	70,128	97.6	

Invalid responses include no response or multiple responses.

**3K. Believability of each source of health information:**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Believable	9,949	41	20,687	48	908	42	31,544	45.3	
2 Neither believable nor unbelievable	12,748	53	20,961	48	1,128	52	34,837	50.0	
3 Unbelievable	1,461	6	1,695	4	148	7	3,304	4.7	
Valid responses =	24,158	35	43,343	62	2,184	3	69,685	97.0	

Invalid responses include no response or multiple responses.

**3L. Believability of each source of health information:**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Believable	14,607	60	28,662	66	1,207	55	44,476	63.7	
2 Neither believable nor unbelievable	8,717	36	13,837	32	875	40	23,429	33.6	
3 Unbelievable	879	4	930	2	108	5	1,917	2.7	
Valid responses =	24,203	35	43,429	62	2,190	3	69,822	97.2	

Invalid responses include no response or multiple responses.

**3M. Believability of each source of health information:**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Believable	6,174	25	11,060	25	650	30	17,884	25.5	
2 Neither believable nor unbelievable	15,499	64	28,692	66	1,290	59	45,481	64.8	
3 Unbelievable	2,668	11	3,880	9	250	11	6,798	9.7	
Valid responses =	24,341	35	43,632	62	2,190	3	70,163	97.6	

Invalid responses include no response or multiple responses.

**3N. Believability of each source of health information:**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Believable	2,099	12	3,676	12	180	23	5,955	12.2	
2 Neither believable nor unbelievable	13,818	80	25,320	82	532	68	39,670	81.3	
3 Unbelievable	1,354	8	1,732	6	69	9	3,155	6.5	
Valid responses =	17,271	35	30,728	63	781	2	48,780	67.9	

Invalid responses include no response or multiple responses.

**4A. Do you usually get health-related information from any of the following sources? Leaflets, pamphlets, flyers**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	14,088	58	18,429	42	1,108	52	33,625	48.1	
2 Yes	10,078	42	25,127	58	1,037	48	36,242	51.9	
Valid responses =	24,166	35	43,556	62	2,145	3	69,867	97.2	

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**4B. Do you usually get health-related information from any of the following sources? Campus newspaper articles**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17,363	72	31,501	73	1,538	73	50,402	72.4	
2 Yes	6,702	28	11,902	27	584	28	19,188	27.6	
Valid responses =	24,065	35	43,403	62	2,122	3	69,590	96.8	

Invalid responses include no response or multiple responses.

**4C. Do you usually get health-related information from any of the following sources? Health center medical staff**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	12,042	50	17,477	40	1,113	52	30,632	44.0	
2 Yes	12,039	50	25,976	60	1,021	48	39,036	56.0	
Valid responses =	24,081	35	43,453	62	2,134	3	69,668	96.9	

Invalid responses include no response or multiple responses.

**4D. Do you usually get health-related information from any of the following sources? Health educators**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	12,346	51	19,296	44	1,067	50	32,709	47.0	
2 Yes	11,684	49	24,122	56	1,050	50	36,856	53.0	
Valid responses =	24,030	35	43,418	62	2,117	3	69,565	96.8	

Invalid responses include no response or multiple responses

**4E. Do you usually get health-related information from any of the following sources? Friends**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11,153	46	15,455	36	938	45	27,546	39.6	
2 Yes	12,881	54	27,915	64	1,170	56	41,966	60.4	
Valid responses =	24,034	35	43,370	62	2,108	3	69,512	96.7	

Invalid responses include no response or multiple responses

**4F. Do you usually get health-related information from any of the following sources? Resident assistants/advisors**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	19,711	82	35,988	83	1,663	80	57,362	82.8	
2 Yes	4,244	18	7,214	17	421	20	11,879	17.2	
Valid responses =	23,955	35	43,202	62	2,084	3	69,241	96.4	

Invalid responses include no response or multiple responses

**4G. Do you usually get health-related information from any of the following sources? Parents**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	7,582	32	9,394	22	674	32	17,650	25.4	
2 Yes	16,434	68	34,018	78	1,436	68	51,888	74.6	
Valid responses =	24,016	35	43,412	62	2,110	3	69,538	96.8	

Invalid responses include no response or multiple responses

**4H. Do you usually get health-related information from any of the following sources? Religious center**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	21,356	89	38,955	90	1,745	84	62,056	89.2	
2 Yes	2,694	11	4,457	10	346	17	7,497	10.8	
Valid responses =	24,050	35	43,412	62	2,091	3	69,553	96.8	

Invalid responses include no response or multiple responses





# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

4I. Do you usually get health-related information from any of the following sources? **Television**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	13,882	58	23,107	53	1,161	55	38,150	54.8	
2 Yes	10,192	42	20,363	47	949	45	31,504	45.2	
Valid responses =	24,074	35	43,470	62	2,110	3	69,654	96.9	

Invalid responses include no response or multiple responses

4J. Do you usually get health-related information from any of the following sources? **Magazines**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	13,962	58	18,544	43	1,110	53	33,616	48.3	
2 Yes	10,066	42	24,917	57	994	47	35,977	51.7	
Valid responses =	24,028	35	43,461	62	2,104	3	69,593	96.8	

Invalid responses include no response or multiple responses

4K. Do you usually get health-related information from any of the following sources? **Campus peer educators**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	19,552	82	34,867	81	1,669	80	56,088	80.9	
2 Yes	4,423	18	8,399	19	421	20	13,243	19.1	
Valid responses =	23,975	35	43,266	62	2,090	3	69,331	96.5	

Invalid responses include no response or multiple responses

4L. Do you usually get health-related information from any of the following sources? **Faculty/coursework**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	15,915	66	25,901	60	1,407	67	43,223	62.3	
2 Yes	8,073	34	17,409	40	684	33	26,166	37.7	
Valid responses =	23,988	35	43,310	62	2,091	3	69,389	96.6	

Invalid responses include no response or multiple responses

4M. Do you usually get health-related information from any of the following sources? **Internet/world wide web**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	7,592	32	9,987	23	810	39	18,389	26.4	
2 Yes	16,488	69	33,489	77	1,295	62	51,272	73.6	
Valid responses =	24,080	35	43,476	62	2,105	3	69,661	96.9	

Invalid responses include no response or multiple responses

4N. Do you usually get health-related information from any of the following sources? **Other**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11,489	63	18,482	57	581	65	30,552	59.2	
2 Yes	6,640	37	14,101	43	312	35	21,053	40.8	
Valid responses =	18,129	35	32,583	63	893	2	51,605	71.8	

Invalid responses include no response or multiple responses

5A. Within the last school year, how often did you: **Wear a seatbelt when you rode in a car?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 N/A didn't do this within the last	164	1	172	0	22	1	358	0.5	
2 Never	187	1	124	0	32	1	343	0.5	
3 Rarely	635	3	514	1	57	2	1,206	1.7	
4 Sometimes	1,088	4	1,137	3	107	5	2,332	3.3	
5 Most of the time	4,655	19	6,899	16	423	18	11,977	16.8	
6 Always	18,095	73	35,418	80	1,722	73	55,235	77.3	
Valid responses =	24,824	35	44,264	62	2,363	3	71,451	99.4	

Invalid responses include no response or multiple responses



**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**5B. Within the last school year, how often did you: Wear a helmet when you rode a bicycle?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 N/A didn't do this within the last	10,623	43	25,347	57	1,155	50	37,125	52.1	
2 Never	7,116	29	8,501	19	589	25	16,206	22.7	
3 Rarely	1,756	7	2,432	6	148	6	4,336	6.1	
4 Sometimes	1,331	5	1,811	4	94	4	3,236	4.5	
5 Most of the time	1,364	6	2,073	5	110	5	3,547	5.0	
6 Always	2,568	10	3,995	9	232	10	6,795	9.5	
Valid responses =	24,758	35	44,159	62	2,328	3	71,245	99.1	

Invalid responses include no response or multiple responses

**5C. Within the last school year, how often did you: Wear a helmet when you rode a motorcycle?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 N/A didn't do this within the last	20,426	83	37,510	85	1,755	76	59,691	83.9	
2 Never	611	3	662	2	94	4	1,367	1.9	
3 Rarely	190	1	209	1	26	1	425	0.6	
4 Sometimes	247	1	275	1	35	2	557	0.8	
5 Most of the time	452	2	449	1	52	2	953	1.3	
6 Always	2,812	11	5,000	11	351	15	8,163	11.5	
Valid responses =	24,738	35	44,105	62	2,313	3	71,156	99.0	

Invalid responses include no response or multiple responses

**5D. Within the last school year, how often did you: Wear a helmet when you were inline skating?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 N/A didn't do this within the last	19,797	80	36,917	84	1,792	77	58,506	82.3	
2 Never	3,246	13	4,841	11	333	14	8,420	11.8	
3 Rarely	436	2	711	2	40	2	1,187	1.7	
4 Sometimes	321	1	383	1	37	2	741	1.0	
5 Most of the time	234	1	329	1	29	1	592	0.8	
6 Always	676	3	898	2	84	4	1,658	2.3	
Valid responses =	24,710	35	44,079	62	2,315	3	71,104	98.9	

Invalid responses include no response or multiple responses

**6A. Within the last school year, were you: In a physical fight?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	21,401	86	42,666	96	2,090	89	66,157	92.6	
2 Yes	3,394	14	1,599	4	266	11	5,259	7.4	
Valid responses =	24,795	35	44,265	62	2,356	3	71,416	99.4	

Invalid responses include no response or multiple responses

**6B. Within the last school year, were you: Physically assaulted (do not include sexual assault)?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	23,336	94	42,778	97	2,185	94	68,299	95.8	
2 Yes	1,410	6	1,461	3	143	6	3,014	4.2	
Valid responses =	24,746	35	44,239	62	2,328	3	71,313	99.2	

Invalid responses include no response or multiple responses

**7A. Within the last school year, have you experienced:  
Verbal threats for sex against your will?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	24,153	97	42,513	96	2,237	95	68,903	96.4	
2 Yes	681	3	1,787	4	119	5	2,587	3.6	
Valid responses =	24,834	35	44,300	62	2,356	3	71,490	99.5	

Invalid responses include no response or multiple responses



**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**7B. Within the last school year, have you experienced:**

**Sexual touching against your will?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	23,721	96	39,562	89	2,144	91	65,427	91.6	
2 Yes	1,083	4	4,675	11	206	9	5,964	8.4	
Valid responses =	24,804	35	44,237	62	2,350	3	71,391	99.3	
Invalid responses include no response or multiple responses									

**7C. Within the last school year, have you experienced:**

**Attempted sexual penetration (vaginal, anal, oral intercourse) against your will?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	24,512	99	42,598	96	2,262	96	69,372	97.2	
2 Yes	289	1	1,627	4	84	4	2,000	2.8	
Valid responses =	24,801	35	44,225	62	2,346	3	71,372	99.3	
Invalid responses include no response or multiple responses									

**7D. Within the last school year, have you experienced:**

**Sexual penetration (vaginal, anal, oral intercourse) against your will?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	24,503	99	43,307	98	2,271	98	70,081	98.4	
2 Yes	222	1	833	2	58	3	1,113	1.6	
Valid responses =	24,725	35	44,140	62	2,329	3	71,194	99.1	
Invalid responses include no response or multiple responses									

**8A. Within the last school year, have you been in a relationship that was**

**Emotionally abusive?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	22,326	90	37,353	84	1,998	86	61,677	86.4	
2 Yes	2,464	10	6,909	16	339	15	9,712	13.6	
Valid responses =	24,790	35	44,262	62	2,337	3	71,389	99.3	
Invalid responses include no response or multiple responses									

**8B. Within the last school year, have you been in a relationship that was:**

**Physically abusive?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	24,302	98	43,073	97	2,250	96	69,625	97.6	
2 Yes	456	2	1,146	3	90	4	1,692	2.4	
Valid responses =	24,758	35	44,219	62	2,340	3	71,317	99.2	
Invalid responses include no response or multiple responses									

**8C. Within the last school year, have you been in a relationship that was:**

**Sexually abusive?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	24,405	99	43,355	98	2,268	97	70,028	98.3	
2 Yes	322	1	835	2	63	3	1,220	1.7	
Valid responses =	24,727	35	44,190	62	2,331	3	71,248	99.1	
Invalid responses include no response or multiple responses									



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association

P.O. Box 28937

Baltimore, MD 21240-8937

(410) 859-1500

[www.acha.org](http://www.acha.org)

August 30, 2007

FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

**9A. Within the last thirty days, on how many days did you use: Cigarettes**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	15,491	62	28,757	65	1,492	64	45,740	64.0	
2 Have used, but not in last 30	4,213	17	7,933	18	325	14	12,471	17.5	
3 1 - 2 days	1,516	6	2,353	5	124	5	3,993	5.6	
4 3 - 5 days	665	3	912	2	50	2	1,627	2.3	
5 6 - 9 days	410	2	634	1	35	2	1,079	1.5	
6 10 - 19 days	600	2	896	2	54	2	1,550	2.2	
7 20 - 29 days	663	3	867	2	69	3	1,599	2.2	
8 All 30 days	1,261	5	1,958	4	185	8	3,404	4.8	
Valid responses =	24,819	35	44,310	62	2,334	3	71,463	99.4	

Invalid responses include no response or multiple responses

**9B. Within the last thirty days, on how many days did you use: Cigars**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	14,535	59	36,348	82	1,759	76	52,642	73.9	
2 Have used, but not in last 30	7,491	30	6,718	15	409	18	14,618	20.5	
3 1 - 2 days	1,943	8	901	2	92	4	2,936	4.1	
4 3 - 5 days	379	2	111	0	22	1	512	0.7	
5 6 - 9 days	172	1	53	0	14	1	239	0.3	
6 10 - 19 days	93	0	47	0	13	1	153	0.2	
7 20 - 29 days	54	0	29	0	7	0	90	0.1	
8 All 30 days	64	0	13	0	12	1	89	0.1	
Valid responses =	24,731	35	44,220	62	2,328	3	71,279	99.2	

Invalid responses include no response or multiple responses

**9C. Within the last thirty days, on how many days did you use: Smokeless tobacco**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	19,819	81	41,294	94	1,997	87	63,110	89.1	
2 Have used, but not in last 30	3,018	12	2,003	5	172	8	5,193	7.3	
3 1 - 2 days	551	2	295	1	41	2	887	1.3	
4 3 - 5 days	282	1	107	0	23	1	412	0.6	
5 6 - 9 days	216	1	68	0	13	1	297	0.4	
6 10 - 19 days	222	1	64	0	17	1	303	0.4	
7 20 - 29 days	212	1	18	0	14	1	244	0.3	
8 All 30 days	308	1	21	0	27	1	356	0.5	
Valid responses =	24,628	35	43,870	62	2,304	3	70,802	98.5	

Invalid responses include no response or multiple responses

**9D. Within the last thirty days, on how many days did you use: Alcohol (beer, wine, liquor)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	4,731	19	7,939	18	545	24	13,215	18.6	
2 Have used, but not in last 30	2,986	12	6,674	15	337	15	9,997	14.0	
3 1 - 2 days	3,849	16	9,058	21	360	16	13,267	18.6	
4 3 - 5 days	4,191	17	8,246	19	357	15	12,794	18.0	
5 6 - 9 days	4,134	17	6,713	15	333	14	11,180	15.7	
6 10 - 19 days	3,470	14	4,481	10	264	11	8,215	11.5	
7 20 - 29 days	1,168	5	906	2	90	4	2,164	3.0	
8 All 30 days	244	1	120	0	31	1	395	0.6	
Valid responses =	24,773	35	44,137	62	2,317	3	71,227	99.1	

Invalid responses include no response or multiple responses



**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**9E. Within the last thirty days, on how many days did you use: Marijuana (pot, hash, hash oil)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	15,100	61	28,946	66	1,501	65	45,547	63.9	
2 Have used, but not in last 30	4,723	19	8,875	20	382	17	13,980	19.6	
3 1 - 2 days	1,551	6	2,682	6	121	5	4,354	6.1	
4 3 - 5 days	707	3	1,073	2	66	3	1,846	2.6	
5 6 - 9 days	534	2	798	2	39	2	1,371	1.9	
6 10 - 19 days	674	3	739	2	64	3	1,477	2.1	
7 20 - 29 days	764	3	648	2	65	3	1,477	2.1	
8 All 30 days	702	3	439	1	77	3	1,218	1.7	
Valid responses =	24,755	35	44,200	62	2,315	3	71,270	99.2	

Invalid responses include no response or multiple responses

**9F. Within the last thirty days, on how many days did you use: Cocaine (crack, rock, freebase)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	22,734	92	41,384	94	2,111	91	66,229	92.8	
2 Have used, but not in last 30	1,504	6	2,131	5	150	6	3,785	5.3	
3 1 - 2 days	327	1	426	1	28	1	781	1.1	
4 3 - 5 days	116	1	128	0	9	0	253	0.4	
5 6 - 9 days	54	0	83	0	6	0	143	0.2	
6 10 - 19 days	36	0	46	0	7	0	89	0.1	
7 20 - 29 days	7	0	6	0	7	0	20	0.0	
8 All 30 days	29	0	7	0	9	0	45	0.1	
Valid responses =	24,807	35	44,211	62	2,327	3	71,345	99.3	

Invalid responses include no response or multiple responses

**9G. Within the last thirty days, on how many days did you use: Amphetamines (diet pills, speed, meth, crank)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	23,037	93	40,634	92	2,112	91	65,783	92.2	
2 Have used, but not in last 30	1,162	5	2,406	5	137	6	3,705	5.2	
3 1 - 2 days	244	1	398	1	24	1	666	0.9	
4 3 - 5 days	110	0	203	1	13	1	326	0.5	
5 6 - 9 days	55	0	161	0	7	0	223	0.3	
6 10 - 19 days	72	0	174	0	7	0	253	0.4	
7 20 - 29 days	56	0	114	0	8	0	178	0.2	
8 All 30 days	59	0	138	0	11	1	208	0.3	
Valid responses =	24,795	35	44,228	62	2,319	3	71,342	99.3	

Invalid responses include no response or multiple responses

**9H. Within the last thirty days, on how many days did you use: Rohypnol (roofies), GHB or Liquid X (intentional use)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	24,425	99	43,854	99	2,263	98	70,542	98.9	
2 Have used, but not in last 30	292	1	343	1	38	2	673	0.9	
3 1 - 2 days	23	0	16	0	6	0	45	0.1	
4 3 - 5 days	12	0	7	0	2	0	21	0.0	
5 6 - 9 days	4	0	2	0	4	0	10	0.0	
6 10 - 19 days	3	0	2	0	0	0	5	0.0	
7 20 - 29 days	2	0	1	0	1	0	4	0.0	
8 All 30 days	19	0	2	0	4	0	25	0.0	
Valid responses =	24,780	35	44,227	62	2,318	3	71,325	99.3	

Invalid responses include no response or multiple responses



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association

P.O. Box 28937

Baltimore, MD 21240-8937

(410) 859-1500

[www.acha.org](http://www.acha.org)

August 30, 2007

FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

**9J. Within the last thirty days, on how many days did you use: MDMA (Ecstasy, XTC, E, X, Adam)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	16,983	95	33,095	95	633	95	50,711	95.1
2 Have used, but not in last 30	828	5	1,421	4	26	4	2,275	4.3
3 1 - 2 days	98	1	153	0	5	1	256	0.5
4 3 - 5 days	16	0	28	0	0	0	44	0.1
5 6 - 9 days	2	0	9	0	0	0	11	0.0
6 10 - 19 days	2	0	2	0	0	0	4	0.0
7 20 - 29 days	3	0	0	0	0	0	3	0.0
8 All 30 days	6	0	3	0	1	0	10	0.0
Valid responses =	17,938	34	34,711	65	665	1	53,314	74.2

Invalid responses include no response or multiple responses

**9I. Within the last thirty days, on how many days did you use: Other drugs**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	21,235	88	39,625	92	1,947	89	62,807	90.4
2 Have used, but not in last 30	1,988	8	2,338	5	140	6	4,466	6.4
3 1 - 2 days	448	2	570	1	43	2	1,061	1.5
4 3 - 5 days	198	1	197	1	19	1	414	0.6
5 6 - 9 days	90	0	108	0	11	1	209	0.3
6 10 - 19 days	59	0	65	0	7	0	131	0.2
7 20 - 29 days	45	0	35	0	3	0	83	0.1
8 All 30 days	123	1	130	0	23	1	276	0.4
Valid responses =	24,186	35	43,068	62	2,193	3	69,447	96.6

Invalid responses include no response or multiple responses

**10A. Within the last thirty days, how often do you think the typical student at your school used:****Cigarettes**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	3,389	14	4,261	10	315	14	7,965	11.2
2 One or more days	13,227	54	21,231	48	1,014	45	35,472	49.9
3 Used daily	8,120	33	18,624	42	944	42	27,688	38.9
Valid responses =	24,736	35	44,116	62	2,273	3	71,125	99.0

Invalid responses include no response or multiple responses

**10B. Within the last thirty days, how often do you think the typical student at your school used:****Cigars**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	10,540	43	18,508	42	950	42	29,998	42.3
2 One or more days	13,051	53	23,760	54	1,144	51	37,955	53.5
3 Used daily	1,064	4	1,735	4	169	8	2,968	4.2
Valid responses =	24,655	35	44,003	62	2,263	3	70,921	98.7

Invalid responses include no response or multiple responses

**10C. Within the last thirty days, how often do you think the typical student at your school used:****Smokeless tobacco**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	11,342	46	19,333	44	926	41	31,601	44.7
2 One or more days	10,544	43	20,012	46	1,003	44	31,559	44.6
3 Used daily	2,715	11	4,532	10	333	15	7,580	10.7
Valid responses =	24,601	35	43,877	62	2,262	3	70,740	98.4

Invalid responses include no response or multiple responses





**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**10D. Within the last thirty days, how often do you think the typical student at your school used::**

**Alcohol (beer, wine, liquor)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	982	4	1,491	3	197	9	2,670	3.8
2 One or more days	14,900	60	25,452	58	1,231	54	41,583	58.5
3 Used daily	8,823	36	17,128	39	841	37	26,792	37.7
Valid responses =	24,705	35	44,071	62	2,269	3	71,045	98.9

Invalid responses include no response or multiple responses

**10E. Within the last thirty days, how often do you think the typical student at your school used:**

**Marijuana (pot, hash, hash oil)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	4,974	20	6,987	16	470	21	12,431	17.5
2 One or more days	14,404	58	25,907	59	1,201	53	41,512	58.5
3 Used daily	5,291	21	11,075	25	593	26	16,959	23.9
Valid responses =	24,669	35	43,969	62	2,264	3	70,902	98.7

Invalid responses include no response or multiple responses

**10F. Within the last thirty days, how often do you think the typical student at your school used:**

**Cocaine (crack, rock, freebase)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	16,348	66	25,513	58	1,270	56	43,131	61.0
2 One or more days	7,606	31	16,815	38	880	39	25,301	35.8
3 Used daily	672	3	1,529	4	111	5	2,312	3.3
Valid responses =	24,626	35	43,857	62	2,261	3	70,744	98.4

Invalid responses include no response or multiple responses

**10G. Within the last thirty days, how often do you think the typical student at your school used:**

**Amphetamines (diet pills, speed, meth, crank)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	15,593	64	22,335	51	1,121	51	39,049	55.4
2 One or more days	7,957	33	18,606	43	940	42	27,503	39.0
3 Used daily	900	4	2,849	7	161	7	3,910	5.5
Valid responses =	24,450	35	43,790	62	2,222	3	70,462	98.1

Invalid responses include no response or multiple responses

**10H. Within the last thirty days, how often do you think the typical student at your school used:**

**Rohypnol (roofies), GHB or Liquid X (intentional use)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	18,868	77	31,478	72	1,551	70	51,897	73.8
2 One or more days	5,204	21	11,636	27	613	28	17,453	24.8
3 Used daily	332	1	574	1	48	2	954	1.4
Valid responses =	24,404	35	43,688	62	2,212	3	70,304	97.8

Invalid responses include no response or multiple responses

**10J. Within the last thirty days, how often do you think the typical student at your school used:**

**MDMA (Ecstasy, XTC, E, X, Adam)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	12,604	71	22,279	65	436	67	35,319	66.7
2 One or more days	4,967	28	11,649	34	205	31	16,821	31.8
3 Used daily	251	1	557	2	13	2	821	1.6
Valid responses =	17,822	34	34,485	65	654	1	52,961	73.7

Invalid responses include no response or multiple responses



**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**10I. Within the last thirty days, how often do you think the typical student at your school used:**

**Other drugs**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	13,174	55	20,419	49	1,074	52	34,667	51.0	
2 One or more days	9,542	40	19,642	47	889	43	30,073	44.2	
3 Used daily	1,069	5	2,072	5	122	6	3,263	4.8	
Valid responses =	23,785	35	42,133	62	2,085	3	68,003	94.6	

Invalid responses include no response or multiple responses

**11A. Within the last thirty days, did you:**

**Drive after drinking any alcohol at all**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drive	3,238	13	5,926	13	301	13	9,465	13.3	
2 Not applicable/Don't drink	4,427	18	7,865	18	393	17	12,685	17.8	
3 No	10,073	41	20,942	47	983	43	31,998	44.9	
4 Yes	7,024	28	9,467	21	613	27	17,104	24.0	
Valid responses =	24,762	35	44,200	62	2,290	3	71,252	99.2	

Invalid responses include no response or multiple responses

**11B. Within the last thirty days, did you:**

**Drive after having 5 or more drinks**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drive	3,247	13	5,917	13	295	13	9,459	13.3	
2 Not applicable/Don't drink	4,442	18	7,968	18	397	17	12,807	18.0	
3 No	15,025	61	28,803	65	1,408	62	45,236	63.6	
4 Yes	1,991	8	1,393	3	190	8	3,574	5.0	
Valid responses =	24,705	35	44,081	62	2,290	3	71,076	98.9	

Invalid responses include no response or multiple responses

**12. The last time you "partied"/socialized, how many hours did you drink alcohol?**

	Male		Female		Unknown		Total		
Hours	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0	5,785	24	10,284	24	626	28	16,695	24.0	
1-2	4,714	19	10,624	25	490	22	15,828	22.7	
3-4	6,985	29	13,480	31	561	25	21,026	30.2	
5-6	4,809	20	6,991	16	385	17	12,185	17.5	
7-8	1,175	5	1,191	3	92	4	2,458	3.5	
9-10	406	2	319	1	46	2	771	1.1	
11-12	211	1	109	0	10	0	330	0.5	
13-14	59	0	22	0	8	0	89	0.1	
15-16	41	0	16	0	7	0	64	0.1	
GE 17	107	0	70	0	14	1	191	0.3	
Valid responses =	24,292	35	43,106	62	2,239	3	69,637	96.9	

Invalid responses include no response or multiple responses

	Mean	Median	Std Dev	Min	Max
Male	3.17	3.00	3.23	0	70
Female	2.68	3.00	2.53	0	69
Overall	2.86	3.00	2.86	0	70



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 13. The last time you "partied"/socialized, how many alcoholic drinks did you have?

	Male		Female		Unknown		Total		
Drinks	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0	5,588	23	9,762	22	593	26	15,943	22.6	
1-2	2,879	12	9,115	21	359	16	12,353	17.5	
3-4	3,685	15	10,543	24	390	17	14,618	20.7	
5-6	3,779	15	7,828	18	354	16	11,961	16.9	
7-8	2,760	11	3,615	8	191	9	6,566	9.3	
9-10	2,421	10	1,819	4	154	7	4,394	6.2	
11-12	1,332	5	548	1	74	3	1,954	2.8	
13-14	475	2	153	0	33	2	661	0.9	
15-16	832	3	240	1	44	2	1,116	1.6	
GE 17	865	4	159	0	58	3	1,082	1.5	
Valid responses=	24,616	35	43,782	62	2,250	3	70,648	98.3	

Invalid responses include no response or multiple responses

	Mean	Median	Std Dev	Min	Max
Male	5.56	5.00	5.50	0	93
Female	3.51	3.00	3.34	0	78
Overall	4.26	3.00	4.37	0	93

## 14. In the last two weeks, on how many occasions did you drink the same or more alcohol as indicated in item #13?

	Male		Female		Unknown		Total		
Occasions	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0	11,284	46	21,535	49	1,121	51	33,940	48.1	
1	4,855	20	9,460	22	418	19	14,733	20.9	
2	3,864	16	6,380	15	301	14	10,545	14.9	
3	1,903	8	2,878	7	161	7	4,942	7.0	
4	1,149	5	1,841	4	77	4	3,067	4.3	
5	656	3	840	2	54	2	1,550	2.2	
6	299	1	361	1	24	1	684	1.0	
7	137	1	163	0	11	1	311	0.4	
8	112	1	112	0	16	1	240	0.3	
GE 9	317	1	270	1	33	2	620	0.9	
Valid responses=	24,576	35	43,840	62	2,216	3	70,632	98.3	

Invalid responses include no response or multiple responses

	Mean	Median	Std Dev	Min	Max
Male	1.36	1.36	1.98	0	23
Female	1.13	1.00	1.65	0	23
Overall	1.22	1.00	1.79	0	23



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 15. How many alcoholic drinks do you think the typical student at your school had the last time he/she "partied"/socialized?

Drinks	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	1,310	5	1,916	4	192	9	3,418	4.9
1-2	1,246	5	1,936	4	135	6	3,317	4.7
3-4	5,142	21	10,849	25	438	20	16,429	23.4
5-6	8,191	34	16,395	38	678	31	25,264	36.0
7-8	4,283	18	6,821	16	289	13	11,393	16.2
9-10	2,995	12	4,344	10	306	14	7,645	10.9
11-12	589	2	586	1	47	2	1,222	1.7
13-14	82	0	113	0	10	1	205	0.3
15-16	310	1	402	1	27	1	739	1.1
GE 17	218	1	275	1	39	2	532	0.8
Valid responses=	24,366	35	43,637	62	2,161	3	70,164	97.6

Invalid responses include no response or multiple responses

	Mean	Median	Std Dev	Min	Max
Male	5.96	5.00	3.69	0	88
Female	5.65	5.00	3.41	0	90
Overall	5.77	5.00	3.56	0	90

## 16. Think back over the last two weeks. How many times, if any, have you had five or more alcoholic drinks at a sitting?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	12,858	52	29,708	67	1,345	60	43,911	61.7
2 1 time	3,516	14	6,042	14	305	14	9,863	13.9
3 2 times	2,780	11	3,523	8	212	9	6,515	9.2
4 3 times	1,767	7	1,919	4	130	6	3,816	5.4
5 4 times	1,434	6	1,394	3	95	4	2,923	4.1
6 5 times	873	4	701	2	66	3	1,640	2.3
7 6 times	567	2	365	1	32	1	964	1.4
8 7 times	317	1	205	1	16	1	538	0.8
9 8 times	223	1	116	0	14	1	353	0.5
10 9 or more times	376	2	180	0	34	2	590	0.8
Valid responses=	24,711	35	44,153	62	2,249	3	71,113	99.0

Invalid responses include no response or multiple responses

## 17A. During the last school year, if you "partied"/socialized, how often did you...

## Alternate non-alcoholic with alcoholic beverages

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	5,512	22	9,405	21	552	25	15,469	21.8
2 Always	1,554	6	4,334	10	157	7	6,045	8.5
3 Usually	3,286	13	7,336	17	306	14	10,928	15.4
4 Sometimes	5,008	20	9,994	23	386	17	15,388	21.7
5 Rarely	4,640	19	7,491	17	376	17	12,507	17.6
6 Never	4,687	19	5,530	13	457	21	10,674	15.0
Valid responses=	24,687	35	44,090	62	2,234	3	71,011	98.8

Invalid responses include no response or multiple responses



**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**17B. During the last school year, if you "partied"/socialized, how often did you...**

**Determine, in advance, not to exceed a set number of drinks**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	5,421	22	9,401	21	544	25	15,366	21.7	
2 Always	2,752	11	7,308	17	302	14	10,362	14.6	
3 Usually	3,338	14	7,611	17	294	13	11,243	15.8	
4 Sometimes	3,846	16	7,383	17	330	15	11,559	16.3	
5 Rarely	3,730	15	5,804	13	311	14	9,845	13.9	
6 Never	5,588	23	6,539	15	439	20	12,566	17.7	
Valid responses=	24,675	35	44,046	62	2,220	3	70,941	98.7	

Invalid responses include no response or multiple responses

**17C. During the last school year, if you "partied"/socialized, how often did you...**

**Choose not to drink alcohol**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	4,610	19	7,101	16	445	20	12,156	17.1	
2 Always	1,186	5	3,061	7	162	7	4,409	6.2	
3 Usually	3,069	13	7,711	18	329	15	11,109	15.7	
4 Sometimes	9,120	37	18,417	42	777	35	28,314	39.9	
5 Rarely	4,356	18	5,675	13	334	15	10,365	14.6	
6 Never	2,306	9	2,075	5	181	8	4,562	6.4	
Valid responses=	24,647	35	44,040	62	2,228	3	70,915	98.7	

Invalid responses include no response or multiple responses

**17D. During the last school year, if you "partied"/socialized, how often did you...**

**Use a designated driver**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	6,002	24	10,439	24	582	26	17,023	24.1	
2 Always	9,234	38	21,422	49	818	37	31,474	44.5	
3 Usually	4,198	17	6,338	14	398	18	10,934	15.5	
4 Sometimes	2,232	9	2,765	6	196	9	5,193	7.3	
5 Rarely	1,045	4	997	2	93	4	2,135	3.0	
6 Never	1,866	8	1,951	4	131	6	3,948	5.6	
Valid responses=	24,577	35	43,912	62	2,218	3	70,707	98.4	

Invalid responses include no response or multiple responses

**17E. During the last school year, if you "partied"/socialized, how often did you...**

**Eat before and/or during drinking**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	5,358	22	9,187	21	546	25	15,091	21.3	
2 Always	6,984	28	14,921	34	609	27	22,514	31.7	
3 Usually	8,125	33	13,436	31	663	30	22,224	31.3	
4 Sometimes	3,271	13	5,112	12	268	12	8,651	12.2	
5 Rarely	508	2	917	2	61	3	1,486	2.1	
6 Never	406	2	461	1	78	4	945	1.3	
Valid responses=	24,652	35	44,034	62	2,225	3	70,911	98.7	

Invalid responses include no response or multiple responses



American College Health Association-National College Health Assessment (ACHA-NCHA)

Reference Group Data Report - Spring 2007

American College Health Association

P.O. Box 28937

Baltimore, MD 21240-8937

(410) 859-1500

[www.acha.org](http://www.acha.org)

August 30, 2007

FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper & Web Surveys

17F. During the last school year, if you "partied"/socialized, how often did you...

Have a friend let you know when you've had enough

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	5,581	23	9,855	22	557	25	15,993	22.6	
2 Always	1,919	8	5,871	13	291	13	8,081	11.4	
3 Usually	2,287	9	5,326	12	278	13	7,891	11.1	
4 Sometimes	3,085	13	6,062	14	282	13	9,429	13.3	
5 Rarely	4,547	19	6,900	16	318	14	11,765	16.6	
6 Never	7,224	29	9,939	23	485	22	17,648	24.9	
Valid responses=	24,643	35	43,953	62	2,211	3	70,807	98.5	

Invalid responses include no response or multiple responses

17G. During the last school year, if you "partied"/socialized, how often did you...

Keep track of how many drinks you were having

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	5,408	22	9,393	21	547	25	15,348	21.7	
2 Always	6,061	25	14,897	34	545	25	21,503	30.4	
3 Usually	4,788	19	9,464	22	422	19	14,674	20.7	
4 Sometimes	3,351	14	4,933	11	291	13	8,575	12.1	
5 Rarely	2,705	11	3,148	7	209	9	6,062	8.6	
6 Never	2,337	10	2,145	5	201	9	4,683	6.6	
Valid responses=	24,650	35	43,980	62	2,215	3	70,845	98.6	

Invalid responses include no response or multiple responses

17H. During the last school year, if you "partied"/socialized, how often did you...

Pace your drinks to 1 or fewer per hour

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	5,445	22	9,474	22	551	25	15,470	21.8	
2 Always	1,421	6	5,482	13	215	10	7,118	10.0	
3 Usually	2,183	9	6,524	15	247	11	8,954	12.6	
4 Sometimes	4,130	17	8,752	20	362	16	13,244	18.7	
5 Rarely	5,312	22	8,029	18	396	18	13,737	19.4	
6 Never	6,160	25	5,712	13	437	20	12,309	17.4	
Valid responses=	24,651	35	43,973	62	2,208	3	70,832	98.6	

Invalid responses include no response or multiple responses

17I. During the last school year, if you "partied"/socialized, how often did you...

Avoid drinking games

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	5,358	22	9,009	21	536	24	14,903	21.1	
2 Always	3,141	13	8,335	19	365	17	11,841	16.7	
3 Usually	2,959	12	6,011	14	272	12	9,242	13.1	
4 Sometimes	3,520	14	7,245	17	311	14	11,076	15.7	
5 Rarely	4,252	17	7,359	17	322	15	11,933	16.9	
6 Never	5,400	22	5,952	14	403	18	11,755	16.6	
Valid responses=	24,630	35	43,911	62	2,209	3	70,750	98.5	

Invalid responses include no response or multiple responses





**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**17J. During the last school year, if you "partied"/socialized, how often did you...  
Drink an alcohol look-alike (non-alcoholic beer, punch etc.)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	5,311	22	8,778	20	523	24	14,612	20.6	
2 Always	356	1	1,108	3	59	3	1,523	2.2	
3 Usually	567	2	1,834	4	83	4	2,484	3.5	
4 Sometimes	2,150	9	6,903	16	258	12	9,311	13.2	
5 Rarely	3,113	13	6,905	16	303	14	10,321	14.6	
6 Never	13,128	53	18,410	42	983	45	32,521	46.0	
Valid responses=	24,625	35	43,938	62	2,209	3	70,772	98.5	

Invalid responses include no response or multiple responses

**18A. If you drink alcohol, within the last school year, have you experienced any of the following as a consequence  
of your drinking? Physically injured yourself**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	5,376	22	9,341	21	548	25	15,265	21.5	
2 No	15,438	62	28,266	64	1,306	59	45,010	63.3	
3 Yes	3,909	16	6,522	15	363	16	10,794	15.2	
Valid responses =	24,723	35	44,129	62	2,217	3	71,069	98.9	

Invalid responses include no response or multiple responses

**18B. If you drink alcohol, within the last school year, have you experienced any of the following as a consequence  
of your drinking? Physically injured another person**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	5,347	22	9,330	21	537	24	15,214	21.4	
2 No	17,887	73	33,716	77	1,556	70	53,159	74.9	
3 Yes	1,454	6	1,042	2	122	6	2,618	3.7	
Valid responses =	24,688	35	44,088	62	2,215	3	70,991	98.8	

Invalid responses include no response or multiple responses

**18C. If you drink alcohol, within the last school year, have you experienced any of the following as a consequence  
of your drinking? Been involved in a fight**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	5,354	22	9,321	21	540	24	15,215	21.4	
2 No	17,191	70	33,041	75	1,485	67	51,717	72.9	
3 Yes	2,148	9	1,709	4	192	9	4,049	5.7	
Valid responses =	24,693	35	44,071	62	2,217	3	70,981	98.8	

Invalid responses include no response or multiple responses

**18D. If you drink alcohol, within the last school year, have you experienced any of the following as a consequence  
of your drinking? Did something you later regretted**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	5,337	22	9,301	21	533	24	15,171	21.4	
2 No	12,072	49	22,537	51	1,051	48	35,660	50.3	
3 Yes	7,274	30	12,212	28	624	28	20,110	28.3	
Valid responses =	24,683	35	44,050	62	2,208	3	70,941	98.7	

Invalid responses include no response or multiple responses



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 18E. If you drink alcohol, within the last school year, have you experienced any of the following as a consequence of your drinking? Forgot where you were or what you did

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	5,343	22	9,293	21	538	24	15,174	21.4	
2 No	12,641	51	24,464	56	1,126	51	38,231	53.9	
3 Yes	6,680	27	10,275	23	548	25	17,503	24.7	
Valid responses =	24,664	35	44,032	62	2,212	3	70,908	98.7	

Invalid responses include no response or multiple responses

## 18F. If you drink alcohol, within the last school year, have you experienced any of the following as a consequence of your drinking? Had someone use force or threat of force to have sex with you

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	5,350	22	9,323	21	541	25	15,214	21.5	
2 No	19,160	78	34,102	77	1,618	73	54,880	77.4	
3 Yes	165	1	615	1	50	2	830	1.2	
Valid responses =	24,675	35	44,040	62	2,209	3	70,924	98.7	

Invalid responses include no response or multiple responses

## 18G. If you drink alcohol, within the last school year, have you experienced any of the following as a consequence of your drinking? Had unprotected sex

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not applicable/Don't drink	5,323	22	9,290	21	533	24	15,146	21.4	
2 No	15,823	64	29,704	68	1,318	60	46,845	66.2	
3 Yes	3,493	14	4,947	11	356	16	8,796	12.4	
Valid responses =	24,639	35	43,941	62	2,207	3	70,787	98.5	

Invalid responses include no response or multiple responses

## 19A. Within the last 30 days, what percent of students at your school used?

	Male		Female		Unknown		Total		
Percent Cigarettes	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0	284	1	385	1	63	3	732	1.0	
1-10	2,502	10	2,827	7	175	8	5,504	7.9	
11-20	4,025	17	4,869	11	198	10	9,092	13.0	
21-30	4,736	19	7,109	16	331	16	12,176	17.4	
31-40	4,198	17	7,009	16	304	15	11,511	16.4	
41-50	3,741	15	8,158	19	384	18	12,283	17.5	
51-60	1,839	8	4,233	10	205	10	6,277	9.0	
61-70	1,460	6	3,675	8	163	8	5,298	7.6	
71-80	1,221	5	3,686	9	183	9	5,090	7.3	
81-90	351	1	1,362	3	69	3	1,782	2.5	
91-99	56	0	202	1	14	1	272	0.4	
Valid responses =	24,413	35	43,515	62	2,089	3	70,017	97.4	

Invalid responses include no response or multiple responses

	Mean	Median	Std Dev	Min	Max
Male	36.89	35.00	20.56	0	98
Female	43.61	40.00	21.58	0	98
Overall	41.24	40.00	21.51	0	98



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 19B. Within the last 30 days, what percent of students at your school used?

Percent Alcohol	Male		Female		% Used Alcohol Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0	288	1	379	1	66	3	733	1.1	
1-10	335	1	420	1	59	3	814	1.2	
11-20	382	2	433	1	33	2	848	1.2	
21-30	701	3	971	2	72	4	1,744	2.5	
31-40	1,106	5	1,414	3	87	4	2,607	3.8	
41-50	2,174	9	3,520	8	187	9	5,881	8.5	
51-60	2,334	10	4,071	10	184	9	6,589	9.5	
61-70	3,811	16	6,454	15	302	15	10,567	15.3	
71-80	6,825	28	12,663	29	529	26	20,017	29.0	
81-90	4,795	20	10,055	23	418	21	15,268	22.1	
91-99	1,312	6	2,649	6	95	5	4,056	5.9	
Valid responses =	24,063	35	43,029	62	2,032	3	69,124	96.2	

Invalid responses include no response or multiple responses

	Mean	Median	Std Dev	Min	Max
Male	68.68	75.00	20.58	0	99
Female	71.35	75.00	19.04	0	99
Overall	70.26	75.00	19.80	0	99

## 19C. Within the last 30 days, what percent of students at your school used?

Percent Rohypnol or GHB	Male		Female		% Used Rohypnol or GHB Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0	3,172	14	4,022	10	291	15	7,485	11.1	
1-10	15,529	66	24,668	59	1,076	55	41,273	61.2	
11-20	2,812	12	6,809	16	298	15	9,919	14.7	
21-30	1,117	5	3,503	8	127	7	4,747	7.0	
31-40	387	2	1,385	3	71	4	1,843	2.7	
41-50	346	2	1,063	3	60	3	1,469	2.2	
51-60	57	0	274	1	15	1	346	0.5	
61-70	48	0	155	0	14	1	217	0.3	
71-80	27	0	89	0	10	1	126	0.2	
81-90	16	0	34	0	5	0	55	0.1	
91-99	3	0	7	0	1	0	11	0.0	
Valid responses =	23,514	35	42,009	62	1,968	3	67,491	93.9	

Invalid responses include no response or multiple responses

	Mean	Median	Std Dev	Min	Max
Male	8.31	5.00	10.63	0	95
Female	11.69	10.00	12.95	0	96
Overall	10.52	5.00	12.35	0	96



**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**20. Within the last school year, with how many partners, if any, have you had sex (oral, vaginal, or anal)?**

Partners	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0	7,468	31	12,764	29	590	28	20,822	29.5	
1	10,020	41	21,095	48	914	44	32,029	45.4	
2	2,769	11	4,975	11	233	11	7,977	11.3	
3	1,655	7	2,459	6	136	7	4,250	6.0	
4	828	3	1,113	3	59	3	2,000	2.8	
5	609	3	645	2	39	2	1,293	1.8	
6	311	1	321	1	19	1	651	0.9	
7	181	1	150	0	12	1	343	0.5	
8	155	1	96	0	14	1	265	0.4	
GE 9	526	2	261	1	60	3	847	1.2	
Valid responses =	24,522	35	43,879	62	2,076	3	70,477	98.1	

Invalid responses include no response or multiple responses

	Mean	Median	Std Dev	Min	Max
Male	1.68	1.00	3.91	0	97
Female	1.23	1.00	1.94	0	95
Overall	1.41	1.00	2.93	0	97

**21. Within the last school year, were your sexual partner(s), if any:**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 N/A	7,096	29	12,346	28	525	27	19,967	28.6	
2 Male	968	4	29,783	68	759	38	31,510	45.2	
3 Female	15,961	66	743	2	662	33	17,366	24.9	
4 Both male and female	239	1	648	2	36	2	923	1.3	
Valid responses =	24,264	35	43,520	62	1,982	3	69,766	97.1	

Invalid responses include no response or multiple responses

**22. Within the last school year, with how many partners do you think the typical student at your school has had sex (oral, vaginal, or anal)?**

Partners	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0	1,048	4	1,057	2	116	6	2,221	3.2	
1	4,208	17	4,832	11	237	12	9,277	13.4	
2	7,436	31	12,425	29	469	24	20,330	29.3	
3	5,677	24	12,260	28	452	23	18,389	26.5	
4	1,829	8	4,263	10	196	10	6,288	9.1	
5	2,190	9	4,963	12	240	12	7,393	10.7	
6	409	2	984	2	48	2	1,441	2.1	
7	186	1	489	1	28	1	703	1.0	
8	199	1	388	1	23	1	610	0.9	
GE 9	956	4	1,520	4	175	9	2,651	3.8	
Valid responses =	24,138	35	43,181	62	1,984	3	69,303	96.4	

Invalid responses include no response or multiple responses

	Mean	Median	Std Dev	Min	Max
Male	3.26	2.00	5.35	0	98
Female	3.48	3.00	5.07	0	98
Overall	3.46	3.00	5.45	0	98



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

**23A. Within the last 30 days, if you are sexually active, how many times did you have Oral sex?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never did this sexual activity	6,487	27	12,317	29	536	28	19,340	28.3	
2 Have not done this during last	6,597	28	10,988	26	522	27	18,107	26.5	
3 1-2 times	4,082	17	7,457	18	295	15	11,834	17.3	
4 3-4 times	2,494	10	4,409	10	185	10	7,088	10.4	
5 5-6 times	1,413	6	2,667	6	137	7	4,217	6.2	
6 7-8 times	823	3	1,493	4	81	4	2,397	3.5	
7 9-10 times	603	3	1,038	2	52	3	1,693	2.5	
8 11 or more times	1,424	6	2,164	5	142	7	3,730	5.5	
Valid responses =	23,923	35	42,533	62	1,950	3	68,406	95.2	

Invalid responses include no response or multiple responses

**23B. Within the last 30 days, if you are sexually active, how many times did you have Vaginal intercourse?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never did this sexual activity	7,733	32	13,102	31	571	29	21,406	31.3	
2 Have not done this during last	5,359	22	7,646	18	360	19	13,365	19.6	
3 1-2 times	2,197	9	4,175	10	202	10	6,574	9.6	
4 3-4 times	1,775	7	3,638	9	166	9	5,579	8.2	
5 5-6 times	1,493	6	3,196	8	127	7	4,816	7.0	
6 7-8 times	1,149	5	2,586	6	120	6	3,855	5.6	
7 9-10 times	1,051	4	2,255	5	99	5	3,405	5.0	
8 11 or more times	3,136	13	5,892	14	303	16	9,331	13.7	
Valid responses =	23,893	35	42,490	62	1,948	3	68,331	95.1	

Invalid responses include no response or multiple responses

**23C. Within the last 30 days, if you are sexually active, how many times did you have Anal intercourse?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never did this sexual activity	16,598	70	32,670	77	1,383	72	50,651	74.4	
2 Have not done this during last	5,565	23	7,958	19	396	21	13,919	20.4	
3 1-2 times	934	4	1,377	3	82	4	2,393	3.5	
4 3-4 times	252	1	209	1	18	1	479	0.7	
5 5-6 times	123	1	76	0	11	1	210	0.3	
6 7-8 times	77	0	37	0	5	0	119	0.2	
7 9-10 times	42	0	17	0	1	0	60	0.1	
8 11 or more times	172	1	54	0	25	1	251	0.4	
Valid responses =	23,763	35	42,398	62	1,921	3	68,082	94.7	

Invalid responses include no response or multiple responses

**24A. How many times within the last 30 days do you think the typical student at your school has had:****Oral sex?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 times	1,990	8	2,184	5	160	8	4,334	6.4	
2 1-2 times	8,589	36	11,563	27	580	31	20,732	30.6	
3 3-4 times	6,294	27	11,607	28	486	26	18,387	27.1	
4 5-6 times	3,478	15	8,040	19	282	15	11,800	17.4	
5 7-8 times	1,523	6	4,086	10	163	9	5,772	8.5	
6 9-10 times	717	3	1,998	5	82	4	2,797	4.1	
7 11 or more times	1,180	5	2,668	6	149	8	3,997	5.9	
Valid responses =	23,771	35	42,146	62	1,902	3	67,819	94.4	

Invalid responses include no response or multiple responses



**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**24B. How many times within the last 30 days do you think the typical student at your school has had:  
Vaginal intercourse?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 times	1,820	7	1,838	4	136	7	3,794	5.6	
2 1-2 times	7,296	31	8,129	19	447	24	15,872	23.4	
3 3-4 times	6,160	26	10,190	24	423	22	16,773	24.7	
4 5-6 times	3,944	17	8,843	21	317	17	13,104	19.3	
5 7-8 times	2,035	9	5,381	13	214	11	7,630	11.3	
6 9-10 times	1,047	4	3,328	8	130	7	4,505	6.6	
7 11 or more times	1,461	6	4,401	11	239	13	6,101	9.0	
Valid responses =	23,763	35	42,110	62	1,906	3	67,779	94.3	

Invalid responses include no response or multiple responses

**24C. How many times within the last 30 days do you think the typical student at your school has had:  
Anal intercourse?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 times	10,427	44	14,266	34	626	33	25,319	37.5	
2 1-2 times	9,521	40	18,699	45	793	42	29,013	43.0	
3 3-4 times	1,893	8	4,817	12	216	11	6,926	10.3	
4 5-6 times	814	3	2,231	5	104	6	3,149	4.7	
5 7-8 times	311	1	817	2	61	3	1,189	1.8	
6 9-10 times	148	1	352	1	22	1	522	0.8	
7 11 or more times	556	2	789	2	67	4	1,412	2.1	
Valid responses =	23,670	35	41,971	62	1,889	3	67,530	94.0	

Invalid responses include no response or multiple responses

**25A. Within the last 30 days, if you are sexually active, how often did you or your partner(s) use a condom during  
Oral sex?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never did this sexual activity	6,681	28	12,616	30	517	29	19,814	29.5	
2 Have not done this during last	5,299	23	9,052	22	343	19	14,694	21.8	
3 Never	10,354	44	18,510	44	820	45	29,684	44.1	
4 Rarely	454	2	727	2	42	2	1,223	1.8	
5 Sometimes	212	1	319	1	16	1	547	0.8	
6 Mostly	135	1	179	0	19	1	333	0.5	
7 Always	361	2	551	1	58	3	970	1.4	
Valid responses =	23,496	35	41,954	62	1,815	3	67,265	93.6	

Invalid responses include no response or multiple responses

**25B. Within the last 30 days, if you are sexually active, how often did you or your partner(s) use a condom during  
Vaginal intercourse?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never did this sexual activity	7,714	33	13,150	31	534	29	21,398	31.8	
2 Have not done this during last	4,620	20	6,990	17	271	15	11,881	17.6	
3 Never	2,914	12	7,704	18	345	19	10,963	16.3	
4 Rarely	924	4	1,867	4	102	6	2,893	4.3	
5 Sometimes	1,008	4	1,786	4	97	5	2,891	4.3	
6 Mostly	2,062	9	3,055	7	158	9	5,275	7.8	
7 Always	4,289	18	7,447	18	322	18	12,058	17.9	
Valid responses =	23,531	35	41,999	62	1,829	3	67,359	93.7	

Invalid responses include no response or multiple responses





**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**25C. Within the last 30 days, if you are sexually active, how often did you or your partner(s) use a condom during Anal intercourse?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never did this sexual activity	15,801	67	31,202	75	1,195	66	48,198	71.8	
2 Have not done this during last	4,619	20	6,697	16	302	17	11,618	17.3	
3 Never	1,432	6	2,810	7	186	10	4,428	6.6	
4 Rarely	208	1	195	1	21	1	424	0.6	
5 Sometimes	205	1	140	0	24	1	369	0.5	
6 Mostly	267	1	177	0	17	1	461	0.7	
7 Always	931	4	668	2	72	4	1,671	2.5	
Valid responses =	23,463	35	41,889	62	1,817	3	67,169	93.5	

Invalid responses include no response or multiple responses

**26A. Within the last 30 days, how often do you think the typical student at your school has used a condom during Oral sex?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Typical student at my school	1,400	6	1,624	4	82	5	3,106	4.6	
2 Never	11,104	47	16,062	38	697	38	27,863	41.2	
3 Rarely	6,814	29	14,684	35	534	29	22,032	32.6	
4 Sometimes	2,483	11	6,206	15	329	18	9,018	13.3	
5 Mostly	1,533	7	3,079	7	158	9	4,770	7.1	
6 Always	309	1	454	1	40	2	803	1.2	
Valid responses =	23,643	35	42,109	62	1,840	3	67,592	94.1	

Invalid responses include no response or multiple responses

**26B. Within the last 30 days, how often do you think the typical student at your school has used a condom during Vaginal sex?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Typical student at my school	1,217	5	1,267	3	79	4	2,563	3.8	
2 Never	274	1	364	1	39	2	677	1.0	
3 Rarely	1,122	5	2,270	5	166	9	3,558	5.3	
4 Sometimes	6,304	27	13,025	31	683	37	20,012	29.6	
5 Mostly	13,168	56	22,849	54	788	42	36,805	54.4	
6 Always	1,604	7	2,376	6	103	6	4,083	6.0	
Valid responses =	23,689	35	42,151	62	1,858	3	67,698	94.2	

Invalid responses include no response or multiple responses

**26C. Within the last 30 days, how often do you think the typical student at your school has used a condom during Anal sex?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Typical student at my school	6,489	28	9,869	24	359	20	16,717	24.8	
2 Never	1,453	6	3,056	7	182	10	4,691	7.0	
3 Rarely	3,015	13	7,060	17	346	19	10,421	15.5	
4 Sometimes	4,956	21	10,526	25	472	26	15,954	23.7	
5 Mostly	5,929	25	9,421	22	368	20	15,718	23.3	
6 Always	1,769	8	2,035	5	111	6	3,915	5.8	
Valid responses =	23,611	35	41,967	62	1,838	3	67,416	93.8	

Invalid responses include no response or multiple responses



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 27A. If you are sexually active, did you use a condom the last time you had

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never did this sexual activity	6,454	27	12,697	29	534	27	19,685	28.4
2 No	16,666	69	28,874	67	1,284	66	46,824	67.6
3 Yes	894	4	1,234	3	90	5	2,218	3.2
4 Don't know/Don't remember	192	1	311	1	39	2	542	0.8
Valid responses =	24,206	35	43,116	62	1,947	3	69,269	96.4

Invalid responses include no response or multiple responses

## 27B. If you are sexually active, did you use a condom the last time you had:

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never did this sexual activity	7,817	32	13,168	31	548	28	21,533	31.1
2 No	6,508	27	14,766	34	700	36	21,974	31.7
3 Yes	9,648	40	14,898	35	673	34	25,219	36.4
4 Don't know/Don't remember	248	1	269	1	37	2	554	0.8
Valid responses =	24,221	35	43,101	62	1,958	3	69,280	96.4

Invalid responses include no response or multiple responses

## 27C. If you are sexually active, did you use a condom the last time you had:

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never did this sexual activity	18,398	76	34,994	81	1,425	74	54,817	79.4
2 No	3,350	14	5,961	14	349	18	9,660	14.0
3 Yes	2,097	9	1,742	4	130	7	3,969	5.7
4 Don't know/Don't remember	281	1	278	1	34	2	593	0.9
Valid responses =	24,126	35	42,975	62	1,938	3	69,039	96.1

Invalid responses include no response or multiple responses

## 28. If you have had vaginal intercourse, what method did you or your partner use to prevent pregnancy the last time?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not had vaginal	5,629	23	10,759	24	396	16	16,784	23.4
2 Birth control pills	9,120	37	17,719	40	740	30	27,579	38.4
3 Depo Provera (shots)	286	1	704	2	41	2	1,031	1.4
4 Norplant (implant)	111	0	64	0	6	0	181	0.3
5 Condoms (male or female)	10,313	41	16,300	37	717	29	27,330	38.0
6 Diaphragm/Cervical	149	1	141	0	9	0	299	0.4
7 Spermicide (e.g. foam)	797	3	873	2	48	2	1,718	2.4
8 Fertility awareness	613	3	1,152	3	43	2	1,808	2.5
9 Withdrawal	3,640	15	7,108	16	307	12	11,055	15.4
10 Other method	844	3	2,315	5	106	4	3,265	4.5
11 Nothing	1,182	5	1,938	4	157	6	3,277	4.6

Valid responses = all responses and blanks: since multiple responses were possible, more than 100% may be included

## 29. Within the last school year, if you are sexually active, have you or your partner(s) used emergency contraception ("morning after pill")?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13,771	57	26,096	60	1,108	57	40,975	59.0
2 Yes	1,861	8	4,325	10	219	11	6,405	9.2
3 Don't know	1,667	7	186	0	112	6	1,965	2.8
4 Not sexually active	6,830	28	12,779	30	494	26	20,103	28.9
Valid responses =	24,129	35	43,386	62	1,933	3	69,448	96.6

Invalid responses include no response or multiple responses



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 30. Within the last school year, have you unintentionally become pregnant or gotten someone else pregnant?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
Not had vaginal intercourse in	7,379	30	12,829	29	441	23	20,649	29.6	
1 No	15,940	66	29,780	68	1,374	71	47,094	67.5	
2 Yes	419	2	718	2	61	3	1,198	1.7	
3 Don't know	533	2	264	1	55	3	852	1.2	
Valid responses =	24,271	35	43,591	62	1,931	3	69,793	97.1	

Invalid responses include no response or multiple responses

## 31. Have you ever been tested for HIV infection?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17,507	71	28,409	65	1,168	60	47,084	66.9	
2 Yes	5,952	24	13,321	30	681	35	19,954	28.4	
3 Don't know	1,092	4	2,161	5	93	5	3,346	4.8	
Valid responses =	24,551	35	43,891	62	1,942	3	70,384	97.9	

Invalid responses include no response or multiple responses

## 32. Which of the following best describes you?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Heterosexual	22,788	93	41,127	94	1,524	92	65,439	93.5	
2 Gay/Lesbian	881	4	472	1	31	2	1,384	2.0	
3 Bisexual	427	2	1,407	3	31	2	1,865	2.7	
4 Transgendered	31	0	29	0	15	1	75	0.1	
5 Unsure	392	2	753	2	57	3	1,202	1.7	
Valid responses =	24,519	35	43,788	63	1,658	2	69,965	97.4	

Invalid responses include no response or multiple responses

## 33. If you have a credit card(s) how much total credit card debt did you carry last month?

That is, what was the total unpaid balance on all of your credit cards (that you are responsible for paying)?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 None, I don't have credit	9,294	38	17,701	41	635	38	27,630	39.8	
2 None, I pay the full amount	8,588	35	12,823	30	424	25	21,835	31.4	
3 \$1 - \$99	633	3	1,333	3	41	2	2,007	2.9	
4 \$100 - \$249	856	4	1,786	4	62	4	2,704	3.9	
5 \$250 - \$499	1,030	4	1,942	5	93	6	3,065	4.4	
6 \$500 - \$999	1,027	4	2,116	5	131	8	3,274	4.7	
7 \$1,000 - \$1,999	982	4	1,948	5	94	6	3,024	4.4	
8 \$2,000 - \$2,999	551	2	1,063	2	50	3	1,664	2.4	
9 \$3,000 - \$3,999	349	1	699	2	39	2	1,087	1.6	
10 \$4,000 - \$4,999	200	1	448	1	19	1	667	1.0	
11 \$5,000 - \$5,999	191	1	415	1	18	1	624	0.9	
12 \$6,000 or more	608	3	1,240	3	70	4	1,918	2.8	
Valid responses =	24,309	35	43,514	63	1,676	2	69,499	96.7	

Invalid responses include no response or multiple responses

## 34. What is your approximate cumulative grade average?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 A	7,223	30	15,906	36	376	23	23,505	33.7	
2 B	12,386	51	21,664	50	890	54	34,940	50.1	
3 C	4,131	17	5,340	12	315	19	9,786	14.0	
4 D/F	262	1	281	1	20	1	563	0.8	
5 N/A	318	1	528	1	39	2	885	1.3	
Valid responses =	24,320	35	43,719	63	1,640	2	69,679	97.0	

Invalid responses include no response or multiple responses



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 35. How do you describe your weight?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	242	1	185	0	29	2	456	0.6
2 Slightly underweight	3,526	14	3,058	7	203	10	6,787	9.7
3 About the right weight	13,005	53	23,424	53	1,039	53	37,468	53.3
4 Slightly overweight	6,944	28	15,084	34	585	30	22,613	32.2
5 Very overweight	698	3	2,158	5	100	5	2,956	4.2
Valid responses =	24,415	35	43,909	62	1,956	3	70,280	97.8

Invalid responses include no response or multiple responses

## 36. Are you trying to do any of the following about your weight?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 I am not trying to do anything	5,242	22	5,558	13	326	17	11,126	15.8
2 Stay the same weight	6,252	26	10,397	24	503	26	17,152	24.4
3 Lose weight	8,408	35	26,894	61	924	47	36,226	51.6
4 Gain weight	4,482	18	1,020	2	200	10	5,702	8.1
Valid responses =	24,384	35	43,869	62	1,953	3	70,206	97.7

Invalid responses include no response or multiple responses

## 37. Within the last 30 days, did you do any of the following?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Exercise to lose weight	10,960	44	27,220	61	1,035	42	39,215	54.6
2 Diet to lose weight	5,632	23	18,852	42	569	23	25,053	34.9
3 Vomit or take laxatives to lose	146	1	1,564	4	47	2	1,757	2.4
4 Take diet pills to lose weight	521	2	2,106	5	77	3	2,704	3.8
5 I didn't do any of the above	12,487	50	13,718	31	791	32	26,996	37.6

Valid responses = all responses and blanks: since multiple responses were possible, more than 100% may be included

## 38. How many servings of fruits and vegetables do you usually have per day?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 I don't eat fruits and veg.	1,239	5	1,167	3	87	5	2,493	3.6
2 1-2	15,579	64	25,772	59	1,234	64	42,585	60.7
3 3-4	6,140	25	13,771	31	501	26	20,412	29.1
4 5 or more	1,410	6	3,155	7	114	6	4,679	6.7
Valid responses =	24,368	35	43,865	63	1,936	3	70,169	97.6

Invalid responses include no response or multiple responses

## 39A. On how many of the past 7 days did you:

Participate in vigorous exercise for at least 20 minutes or moderate exercise for at least 30 minutes?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	5,431	22	12,327	28	540	27	18,298	25.9
2 1 day	3,538	14	6,351	14	273	14	10,162	14.4
3 2 days	4,036	16	7,642	17	319	16	11,997	17.0
4 3 days	4,101	17	7,097	16	310	16	11,508	16.3
5 4 days	2,625	11	4,072	9	171	9	6,868	9.7
6 5 days	2,521	10	3,504	8	186	9	6,211	8.8
7 6 days	1,321	5	1,936	4	113	6	3,370	4.8
8 7 days	1,084	4	1,159	3	79	4	2,322	3.3
Valid responses =	24,657	35	44,088	62	1,991	3	70,736	98.4

Invalid responses include no response or multiple responses



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

**39B. On how many of the past 7 days did you:****Do exercises to strength or tone your muscles, such as push-ups, sit-ups, or weight lifting?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 days	8,045	33	18,021	41	708	36	26,774	38.0	
2 1 day	3,169	13	6,308	14	258	13	9,735	13.8	
3 2 days	3,372	14	6,891	16	319	16	10,582	15.0	
4 3 days	3,786	15	5,985	14	282	14	10,053	14.3	
5 4 days	2,413	10	2,959	7	153	8	5,525	7.8	
6 5 days	2,084	9	2,117	5	137	7	4,338	6.2	
7 6 days	862	4	942	2	56	3	1,860	2.6	
8 7 days	835	3	709	2	63	3	1,607	2.3	
Valid responses =	24,566	35	43,932	62	1,976	3	70,474	98.1	

Invalid responses include no response or multiple responses

**39C. On how many of the past 7 days did you:****Get enough sleep so that you felt rested when you woke up in the morning?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 days	2,356	10	4,716	11	266	13	7,338	10.4	
2 1 day	2,426	10	4,909	11	224	11	7,559	10.7	
3 2 days	4,145	17	7,171	16	318	16	11,634	16.5	
4 3 days	4,445	18	7,601	17	319	16	12,365	17.5	
5 4 days	4,051	16	6,991	16	296	15	11,338	16.0	
6 5 days	3,720	15	6,532	15	248	13	10,500	14.9	
7 6 days	1,771	7	3,067	7	116	6	4,954	7.0	
8 7 days	1,719	7	3,079	7	198	10	4,996	7.1	
Valid responses =	24,633	35	44,066	62	1,985	3	70,684	98.4	

Invalid responses include no response or multiple responses

**40A. Within the last school year how many times have you:****Felt things were hopeless**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	11,053	45	14,216	32	720	36	25,989	36.7	
2 1 - 2 times	6,165	25	12,609	29	566	29	19,340	27.3	
3 3 - 4 times	2,481	10	5,556	13	232	12	8,269	11.7	
4 5 - 6 times	1,372	6	3,445	8	118	6	4,935	7.0	
5 7 - 8 times	816	3	2,088	5	94	5	2,998	4.2	
6 9 - 10 times	599	2	1,496	3	59	3	2,154	3.0	
7 11 or more times	2,199	9	4,694	11	192	10	7,085	10.0	
Valid responses =	24,685	35	44,104	62	1,981	3	70,770	98.5	

Invalid responses include no response or multiple responses

**40B. Within the last school year how many times have you:****Felt overwhelmed by all you had to do**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	3,049	12	1,550	4	242	12	4,841	6.8	
2 1 - 2 times	5,386	22	5,944	14	360	18	11,690	16.5	
3 3 - 4 times	4,304	17	6,386	15	295	15	10,985	15.5	
4 5 - 6 times	3,203	13	6,673	15	245	13	10,121	14.3	
5 7 - 8 times	2,231	9	5,208	12	206	11	7,645	10.8	
6 9 - 10 times	1,710	7	4,633	11	139	7	6,482	9.2	
7 11 or more times	4,802	20	13,708	31	480	24	18,990	26.8	
Valid responses =	24,685	35	44,102	62	1,967	3	70,754	98.5	

Invalid responses include no response or multiple responses



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 40C. Within the last school year how many times have you: Felt exhausted (not from physical activity)

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	3,580	15	2,557	6	294	15	6,431	9.1	
2 1 - 2 times	5,192	21	6,795	15	347	18	12,334	17.4	
3 3 - 4 times	3,748	15	6,337	14	269	14	10,354	14.6	
4 5 - 6 times	3,010	12	6,328	14	243	12	9,581	13.5	
5 7 - 8 times	2,204	9	5,052	12	193	10	7,449	10.5	
6 9 - 10 times	1,731	7	4,302	10	159	8	6,192	8.8	
7 11 or more times	5,219	21	12,725	29	455	23	18,399	26.0	
Valid responses =	24,684	35	44,096	62	1,960	3	70,740	98.4	

Invalid responses include no response or multiple responses

## 40D. Within the last school year how many times have you: Felt very sad

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	7,436	30	6,769	15	497	25	14,702	20.8	
2 1 - 2 times	7,784	32	13,400	30	564	29	21,748	30.8	
3 3 - 4 times	3,032	12	6,736	15	251	13	10,019	14.2	
4 5 - 6 times	1,874	8	4,700	11	163	8	6,737	9.5	
5 7 - 8 times	1,174	5	3,232	7	144	7	4,550	6.4	
6 9 - 10 times	853	4	2,535	6	90	5	3,478	4.9	
7 11 or more times	2,505	10	6,651	15	253	13	9,409	13.3	
Valid responses =	24,658	35	44,023	62	1,962	3	70,643	98.3	

Invalid responses include no response or multiple responses

## 40E. Within the last school year how many times have you: Felt so depressed that it was difficult to function

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	15,048	61	22,777	52	1,045	53	38,870	55.0	
2 1 - 2 times	4,645	19	9,888	22	427	22	14,960	21.2	
3 3 - 4 times	1,505	6	3,166	7	136	7	4,807	6.8	
4 5 - 6 times	890	4	2,028	5	80	4	2,998	4.2	
5 7 - 8 times	592	2	1,436	3	73	4	2,101	3.0	
6 9 - 10 times	444	2	1,213	3	39	2	1,696	2.4	
7 11 or more times	1,538	6	3,556	8	157	8	5,251	7.4	
Valid responses =	24,662	35	44,064	62	1,957	3	70,683	98.4	

Invalid responses include no response or multiple responses.

## 40F. Within the last school year how many times have you: Seriously considered attempting suicide

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	22,473	91	39,638	90	1,726	88	63,837	90.2	
2 1 - 2 times	1,405	6	3,038	7	131	7	4,574	6.5	
3 3 - 4 times	291	1	534	1	32	2	857	1.2	
4 5 - 6 times	151	1	264	1	20	1	435	0.6	
5 7 - 8 times	72	0	137	0	18	1	227	0.3	
6 9 - 10 times	64	0	105	0	4	0	173	0.2	
7 11 or more times	247	1	423	1	35	2	705	1.0	
Valid responses =	24,703	35	44,139	62	1,966	3	70,808	98.5	

Invalid responses include no response or multiple responses.



## American College Health Association-National College Health Assessment (ACHA-NCHA)

## Reference Group Data Report - Spring 2007

American College Health Association

P.O. Box 28937

Baltimore, MD 21240-8937

(410) 859-1500

[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 40G. Within the last school year how many times have you:

## Attempted suicide

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	24,281	99	43,413	99	1,888	96	69,582	98.5
2 1 - 2 times	208	1	458	1	28	1	694	1.0
3 3 - 4 times	62	0	67	0	15	1	144	0.2
4 5 - 6 times	31	0	32	0	7	0	70	0.1
5 7 - 8 times	21	0	18	0	4	0	43	0.1
6 9 - 10 times	11	0	6	0	9	1	26	0.0
7 11 or more times	40	0	59	0	12	1	111	0.2
Valid responses =	24,654	35	44,053	62	1,963	3	70,670	98.3

Invalid responses include no response or multiple responses.

## 41. Have you ever been diagnosed with depression?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	2,531	10	7,928	18	316	16	10,775	15.3
2 No	22,078	90	36,076	82	1,636	84	59,790	84.7
Valid responses =	24,609	35	44,004	62	1,952	3	70,565	98.2

Invalid responses include no response or multiple responses.

## 41A. If yes to # 41:

## Have you been diagnosed with depression within the last school year?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1,791	72	5,212	66	187	62	7,190	67.5
2 Yes	715	29	2,637	34	116	38	3,468	32.5
Valid responses =	2,506	24	7,849	74	303	3	10,658	14.8

Invalid responses include no response or multiple responses.

## 41B. If yes to # 41:

## Are you currently in therapy for depression?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1,960	78	5,819	74	234	78	8,013	75.2
2 Yes	544	22	2,036	26	67	22	2,647	24.8
Valid responses =	2,504	23	7,855	74	301	3	10,660	14.8

Invalid responses include no response or multiple responses.

## 41C. If yes to # 41:

## Are you currently taking medication for depression?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1,788	71	4,948	63	192	64	6,928	65.1
2 Yes	716	29	2,894	37	109	36	3,719	34.9
Valid responses =	2,504	24	7,842	74	301	3	10,647	14.8

Invalid responses include no response or multiple responses.

## 42A. Have you:

## Been vaccinated against hepatitis B?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2,451	10	3,513	8	298	16	6,262	8.9
2 Yes	16,895	69	32,702	74	1,225	65	50,822	71.9
3 Don't Know	5,325	22	7,885	18	377	20	13,587	19.2
Valid responses =	24,671	35	44,100	62	1,900	3	70,671	98.3

Invalid responses include no response or multiple responses.





**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**42B. Have you:**

**Been vaccinated against meningococcal disease (meningococcal meningitis)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4,009	16	7,801	18	453	24	12,263	17.4
2 Yes	13,609	55	26,332	60	882	47	40,823	57.8
3 Don't Know	7,018	29	9,920	23	555	29	17,493	24.8
Valid responses =	24,636	35	44,053	62	1,890	3	70,579	98.2

Invalid responses include no response or multiple responses.

**42C. Have you:**

**Been vaccinated against varicella (chicken pox)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7,526	31	15,946	36	570	30	24,042	34.1
2 Yes	13,550	55	22,607	51	1,053	56	37,210	52.8
3 Don't Know	3,553	14	5,453	12	262	14	9,268	13.1
Valid responses =	24,629	35	44,006	62	1,885	3	70,520	98.1

Invalid responses include no response or multiple responses.

**42D. Have you:**

**Been vaccinated with measles, mumps, rubella (2 shots)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1,909	8	2,460	6	232	12	4,601	6.5
2 Yes	18,547	75	36,274	82	1,315	70	56,136	79.6
3 Don't Know	4,184	17	5,307	12	334	18	9,825	13.9
Valid responses =	24,640	35	44,041	62	1,881	3	70,562	98.2

Invalid responses include no response or multiple responses.

**42E. Have you:**

**Been vaccinated against influenza (the flu) in the last year?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14,728	60	28,981	66	1,075	57	44,784	63.5
2 Yes	7,163	29	11,908	27	583	31	19,654	27.9
3 Don't Know	2,722	11	3,155	7	221	12	6,098	8.6
Valid responses =	24,613	35	44,044	62	1,879	3	70,536	98.2

Invalid responses include no response or multiple responses.

**42F. Have you:**

**Had a dental exam and cleaning in the last year?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5,480	22	8,622	20	452	24	14,554	20.6
2 Yes	18,558	75	34,876	79	1,365	73	54,799	77.7
3 Don't Know	616	3	502	1	60	3	1,178	1.7
Valid responses =	24,654	35	44,000	62	1,877	3	70,531	98.2

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA)

Reference Group Data Report - Spring 2007

American College Health Association

P.O. Box 28937

Baltimore, MD 21240-8937

(410) 859-1500

[www.acha.org](http://www.acha.org)

August 30, 2007

FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper & Web Surveys

42G. Have you:

(Males) Performed testicular self exam in the last month?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12,987	53	0	0	681	60	13,668	53.2
2 Yes	10,615	43	0	0	356	31	10,971	42.7
3 Don't Know	961	4	0	0	106	9	1,067	4.2
Valid responses =	24,563	96	0	0	1,143	4	25,706	35.8

Invalid responses include no response or multiple responses.

42H. Have you:

(Females) Performed breast self exam in the last month?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	24,989	57	669	55	25,658	56.8
2 Yes	0	0	18,601	42	484	40	19,085	42.2
3 Don't Know	0	0	396	1	63	5	459	1.0
Valid responses =	0	0	43,986	97	1,216	3	45,202	62.9

Invalid responses include no response or multiple responses.

42I. Have you:

(Females) had a routine gynecological exam in the last year?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	17,622	40	526	44	18,148	40.2
2 Yes	0	0	25,930	59	621	51	26,551	58.8
3 Don't Know	0	0	432	1	61	5	493	1.1
Valid responses =	0	0	43,984	97	1,208	3	45,192	62.9

Invalid responses include no response or multiple responses.

42J. Have you:

Had your blood pressure checked in the last 2 years?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2,780	12	3,335	8	246	14	6,361	9.1
2 Yes	20,503	85	39,830	90	1,459	83	61,792	88.5
3 Don't Know	733	3	873	2	56	3	1,662	2.4
Valid responses =	24,016	34	44,038	63	1,761	3	69,815	97.2

Invalid responses include no response or multiple responses.

42K. Have you:

Had your cholesterol checked in the last 5 years?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10,662	44	18,311	42	786	45	29,759	42.7
2 Yes	10,423	43	19,863	45	772	44	31,058	44.5
3 Don't Know	2,906	12	5,844	13	198	11	8,948	12.8
Valid responses =	23,991	34	44,018	63	1,756	3	69,765	97.1

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA)**

**Reference Group Data Report - Spring 2007**

American College Health Association

P.O. Box 28937

Baltimore, MD 21240-8937

(410) 859-1500

[www.acha.org](http://www.acha.org)

August 30, 2007

FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper & Web Surveys

**42L. Have you:**

**Used sunscreen daily?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	21,262	89	33,438	76	1,381	79	56,081	80.4	
2 Yes	2,195	9	10,084	23	325	19	12,604	18.1	
3 Don't Know	516	2	472	1	47	3	1,035	1.5	
Valid responses =	23,973	34	43,994	63	1,753	3	69,720	97.0	

Invalid responses include no response or multiple responses.

**43A1. Within the last school year, have you had any of the following?**

**Allergy problems**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	13,784	56	22,393	51	1,055	59	37,232	53.0	
2 Yes	10,701	44	21,594	49	746	41	33,041	47.0	
Valid responses =	24,485	35	43,987	63	1,801	3	70,273	97.8	

Invalid responses include no response or multiple responses.

**43A2. Within the last school year, have you had any of the following?**

**Anorexia**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	24,205	99	42,811	98	1,751	98	68,767	98.2	
2 Yes	173	1	1,075	2	37	2	1,285	1.8	
Valid responses =	24,378	35	43,886	63	1,788	3	70,052	97.5	

Invalid responses include no response or multiple responses.

**43A3. Within the last school year, have you had any of the following?**

**Anxiety Disorder**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	22,339	92	36,693	84	1,556	87	60,588	86.6	
2 Yes	2,001	8	7,168	16	228	13	9,397	13.4	
Valid responses =	24,340	35	43,861	63	1,784	3	69,985	97.4	

Invalid responses include no response or multiple responses.

**43A4. Within the last school year, have you had any of the following?**

**Asthma**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	21,990	90	38,035	87	1,583	89	61,608	88.1	
2 Yes	2,344	10	5,809	13	192	11	8,345	11.9	
Valid responses =	24,334	35	43,844	63	1,775	3	69,953	97.3	

Invalid responses include no response or multiple responses.

**43A5. Within the last school year, have you had any of the following?**

**Bulimia**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	24,152	100	42,406	97	1,738	98	68,296	97.8	
2 Yes	133	1	1,393	3	35	2	1,561	2.2	
Valid responses =	24,285	35	43,799	63	1,773	3	69,857	97.2	

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA)**

**Reference Group Data Report - Spring 2007**

American College Health Association

P.O. Box 28937

Baltimore, MD 21240-8937

(410) 859-1500

[www.acha.org](http://www.acha.org)

August 30, 2007

FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper & Web Surveys

**43A6. Within the last school year, have you had any of the following?**

**Chronic Fatigue Syndrome**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23,746	98	42,165	96	1,716	97	67,627	96.7
2 Yes	573	2	1,683	4	57	3	2,313	3.3
Valid responses =	24,319	35	43,848	63	1,773	3	69,940	97.3

Invalid responses include no response or multiple responses.

**43A7. Within the last school year, have you had any of the following?**

**Depression**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20,828	86	34,811	79	1,438	81	57,077	81.6
2 Yes	3,519	15	9,053	21	334	19	12,906	18.4
Valid responses =	24,347	35	43,864	63	1,772	3	69,983	97.4

Invalid responses include no response or multiple responses.

**43A8. Within the last school year, have you had any of the following?**

**Diabetes**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,093	99	43,381	99	1,731	98	69,205	99.0
2 Yes	221	1	431	1	30	2	682	1.0
Valid responses =	24,314	35	43,812	63	1,761	3	69,887	97.3

Invalid responses include no response or multiple responses.

**43A9. Within the last school year, have you had any of the following?**

**Endometriosis**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,216	100	43,221	99	1,732	99	69,169	99.1
2 Yes	56	0	574	1	26	2	656	0.9
Valid responses =	24,272	35	43,795	63	1,758	3	69,825	97.2

Invalid responses include no response or multiple responses.

**43A10. Within the last school year, have you had any of the following?**

**Genital herpes**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,170	99	43,302	99	1,736	99	69,208	99.0
2 Yes	139	1	506	1	21	1	666	1.0
Valid responses =	24,309	35	43,808	63	1,757	3	69,874	97.2

Invalid responses include no response or multiple responses.

**43A11. Within the last school year, have you had any of the following?**

**Genital warts/HPV**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,023	99	42,360	97	1,714	98	68,097	97.5
2 Yes	271	1	1,440	3	44	3	1,755	2.5
Valid responses =	24,294	35	43,800	63	1,758	3	69,852	97.2

Invalid responses include no response or multiple responses.



## American College Health Association-National College Health Assessment (ACHA-NCHA)

## Reference Group Data Report - Spring 2007

American College Health Association

P.O. Box 28937

Baltimore, MD 21240-8937

(410) 859-1500

[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 43A12. Within the last school year, have you had any of the following?

## Hepatitis B or C

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,210	100	43,678	100	1,739	99	69,627	99.7
2 Yes	93	0	117	0	14	1	224	0.3
Valid responses =	24,303	35	43,795	63	1,753	3	69,851	97.2

Invalid responses include no response or multiple responses.

## 43A13. Within the last school year, have you had any of the following?

## High blood pressure

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22,657	93	42,201	96	1,649	94	66,507	95.3
2 Yes	1,638	7	1,560	4	99	6	3,297	4.7
Valid responses =	24,295	35	43,761	63	1,748	3	69,804	97.1

Invalid responses include no response or multiple responses.

## 43A14. Within the last school year, have you had any of the following?

## High cholesterol

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23,364	96	42,060	96	1,679	96	67,103	96.2
2 Yes	912	4	1,672	4	73	4	2,657	3.8
Valid responses =	24,276	35	43,732	63	1,752	3	69,760	97.1

Invalid responses include no response or multiple responses.

## 43A15. Within the last school year, have you had any of the following?

## HIV infection

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,132	100	43,527	100	1,722	99	69,381	99.7
2 Yes	86	0	95	0	11	1	192	0.3
Valid responses =	24,218	35	43,622	63	1,733	2	69,573	96.8

Invalid responses include no response or multiple responses.

## 43A16. Within the last school year, have you had any of the following?

## Repetitive stress injury (e.g. carpal tunnel syndrome)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22,910	94	40,871	93	1,586	94	65,367	93.6
2 Yes	1,347	6	2,982	7	109	6	4,438	6.4
Valid responses =	24,257	35	43,853	63	1,695	2	69,805	97.1

Invalid responses include no response or multiple responses.

## 43A17. Within the last school year, have you had any of the following?

## Seasonal Affective Disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22,802	94	39,947	91	1,614	96	64,363	92.3
2 Yes	1,429	6	3,862	9	74	4	5,365	7.7
Valid responses =	24,231	35	43,809	63	1,688	2	69,728	97.0

Invalid responses include no response or multiple responses.



## American College Health Association-National College Health Assessment (ACHA-NCHA)

## Reference Group Data Report - Spring 2007

American College Health Association

P.O. Box 28937

Baltimore, MD 21240-8937

(410) 859-1500

[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 43A18. Within the last school year, have you had any of the following?

## Substance abuse problem

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23,002	95	42,269	97	1,614	96	66,885	96.0
2 Yes	1,210	5	1,498	3	74	4	2,782	4.0
Valid responses =	24,212	35	43,767	63	1,688	2	69,667	96.9

Invalid responses include no response or multiple responses.

## 43A19. Within the last school year, have you had any of the following?

## Back pain

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14,018	58	21,994	50	988	58	37,000	53.0
2 Yes	10,243	42	21,845	50	714	42	32,802	47.0
Valid responses =	24,261	35	43,839	63	1,702	2	69,802	97.1

Invalid responses include no response or multiple responses.

## 43A20. Within the last school year, have you had any of the following?

## Broken bone/fracture

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22,653	94	41,977	96	1,584	94	66,214	95.0
2 Yes	1,582	7	1,812	4	105	6	3,499	5.0
Valid responses =	24,235	35	43,789	63	1,689	2	69,713	97.0

Invalid responses include no response or multiple responses.

## 43A21. Within the last school year, have you had any of the following?

## Bronchitis

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22,922	95	39,978	91	1,547	92	64,447	92.4
2 Yes	1,299	5	3,832	9	136	8	5,267	7.6
Valid responses =	24,221	35	43,810	63	1,683	2	69,714	97.0

Invalid responses include no response or multiple responses.

## 43A22. Within the last school year, have you had any of the following?

## Chlamydia

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,065	99	43,399	99	1,651	99	69,115	99.2
2 Yes	140	1	404	1	24	1	568	0.8
Valid responses =	24,205	35	43,803	63	1,675	2	69,683	97.0

Invalid responses include no response or multiple responses.

## 43A23. Within the last school year, have you had any of the following?

## Ear infection

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22,485	93	38,760	89	1,535	91	62,780	90.0
2 Yes	1,744	7	5,050	12	151	9	6,945	10.0
Valid responses =	24,229	35	43,810	63	1,686	2	69,725	97.0

Invalid responses include no response or multiple responses.



## American College Health Association-National College Health Assessment (ACHA-NCHA)

## Reference Group Data Report - Spring 2007

American College Health Association

P.O. Box 28937

Baltimore, MD 21240-8937

(410) 859-1500

[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 43A24. Within the last school year, have you had any of the following?

## Gonorrhea

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,131	100	43,695	100	1,671	100	69,497	99.8
2 Yes	64	0	73	0	9	1	146	0.2
Valid responses =	24,195	35	43,768	63	1,680	2	69,643	96.9

Invalid responses include no response or multiple responses.

## 43A25. Within the last school year, have you had any of the following?

## Mononucleosis

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23,810	98	42,661	98	1,646	98	68,117	97.8
2 Yes	382	2	1,105	3	27	2	1,514	2.2
Valid responses =	24,192	35	43,766	63	1,673	2	69,631	96.9

Invalid responses include no response or multiple responses.

## 43A26. Within the last school year, have you had any of the following?

## Pelvic Inflammatory Disease

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,127	100	43,591	100	1,662	99	69,380	99.7
2 Yes	50	0	182	0	10	1	242	0.3
Valid responses =	24,177	35	43,773	63	1,672	2	69,622	96.9

Invalid responses include no response or multiple responses.

## 43A27. Within the last school year, have you had any of the following?

## Sinus infection

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18,615	77	29,369	67	1,306	78	49,290	70.7
2 Yes	5,633	23	14,466	33	374	22	20,473	29.3
Valid responses =	24,248	35	43,835	63	1,680	2	69,763	97.1

Invalid responses include no response or multiple responses.

## 43A28. Within the last school year, have you had any of the following?

## Strep throat

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21,351	88	37,149	85	1,442	86	59,942	86.0
2 Yes	2,862	12	6,657	15	236	14	9,755	14.0
Valid responses =	24,213	35	43,806	63	1,678	2	69,697	97.0

Invalid responses include no response or multiple responses.

## 43A29. Within the last school year, have you had any of the following?

## Tuberculosis

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,067	100	43,547	100	1,647	99	69,261	99.7
2 Yes	64	0	122	0	13	1	199	0.3
Valid responses =	24,131	35	43,669	63	1,660	2	69,460	96.7

Invalid responses include no response or multiple responses.





# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 43B1. Have you ever been diagnosed with any of the following?

## Allergy problems

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15,391	63	25,878	59	1,064	64	42,333	60.8
2 Yes	8,931	37	17,788	41	597	36	27,316	39.2
Valid responses =	24,322	35	43,666	63	1,661	2	69,649	96.9

Invalid responses include no response or multiple responses.

## 43B2. Have you ever been diagnosed with any of the following?

## Anorexia

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,123	100	42,205	97	1,602	97	67,930	97.8
2 Yes	104	0	1,360	3	48	3	1,512	2.2
Valid responses =	24,227	35	43,565	63	1,650	2	69,442	96.6

Invalid responses include no response or multiple responses.

## 43B3. Have you ever been diagnosed with any of the following?

## Anxiety Disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23,010	95	38,560	89	1,472	90	63,042	90.8
2 Yes	1,208	5	4,997	12	160	10	6,365	9.2
Valid responses =	24,218	35	43,557	63	1,632	2	69,407	96.6

Invalid responses include no response or multiple responses.

## 43B4. Have you ever been diagnosed with any of the following?

## Asthma

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20,430	84	35,734	82	1,364	83	57,528	82.9
2 Yes	3,794	16	7,794	18	272	17	11,860	17.1
Valid responses =	24,224	35	43,528	63	1,636	2	69,388	96.6

Invalid responses include no response or multiple responses.

## 43B5. Have you ever been diagnosed with any of the following?

## Bulimia

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,113	100	42,510	98	1,607	98	68,230	98.4
2 Yes	70	0	999	2	30	2	1,099	1.6
Valid responses =	24,183	35	43,509	63	1,637	2	69,329	96.5

Invalid responses include no response or multiple responses.

## 43B6. Have you ever been diagnosed with any of the following?

## Chronic Fatigue Syndrome

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,069	99	42,910	99	1,600	98	68,579	98.8
2 Yes	145	1	626	1	30	2	801	1.2
Valid responses =	24,214	35	43,536	63	1,630	2	69,380	96.5

Invalid responses include no response or multiple responses.



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

**43B7. Have you ever been diagnosed with any of the following?****Depression**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21,942	91	36,048	83	1,385	85	59,375	85.5
2 Yes	2,291	10	7,543	17	241	15	10,075	14.5
Valid responses =	24,233	35	43,591	63	1,626	2	69,450	96.6

Invalid responses include no response or multiple responses.

**43B8. Have you ever been diagnosed with any of the following?****Diabetes**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,013	99	43,102	99	1,597	99	68,712	99.0
2 Yes	196	1	447	1	24	2	667	1.0
Valid responses =	24,209	35	43,549	63	1,621	2	69,379	96.5

Invalid responses include no response or multiple responses.

**43B9. Have you ever been diagnosed with any of the following?****Endometriosis**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,165	100	42,908	99	1,589	98	68,662	99.0
2 Yes	33	0	644	2	27	2	704	1.0
Valid responses =	24,198	35	43,552	63	1,616	2	69,366	96.5

Invalid responses include no response or multiple responses.

**43B10. Have you ever been diagnosed with any of the following?****Gential herpes**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,066	100	42,980	99	1,591	98	68,637	99.0
2 Yes	121	1	564	1	27	2	712	1.0
Valid responses =	24,187	35	43,544	63	1,618	2	69,349	96.5

Invalid responses include no response or multiple responses.

**43B11. Have you ever been diagnosed with any of the following?****Gential warts/HPV**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23,931	99	41,562	95	1,554	96	67,047	96.7
2 Yes	258	1	1,994	5	63	4	2,315	3.3
Valid responses =	24,189	35	43,556	63	1,617	2	69,362	96.5

Invalid responses include no response or multiple responses.

**43B12. Have you ever been diagnosed with any of the following?****Hepatitis B or C**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,081	100	43,396	100	1,593	99	69,070	99.6
2 Yes	108	0	138	0	25	2	271	0.4
Valid responses =	24,189	35	43,534	63	1,618	2	69,341	96.5

Invalid responses include no response or multiple responses.



## American College Health Association-National College Health Assessment (ACHA-NCHA)

## Reference Group Data Report - Spring 2007

American College Health Association

P.O. Box 28937

Baltimore, MD 21240-8937

(410) 859-1500

[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 43B13. Have you ever been diagnosed with any of the following?

## High blood pressure

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22,925	95	42,285	97	1,523	95	66,733	96.2
2 Yes	1,249	5	1,266	3	88	6	2,603	3.8
Valid responses =	24,174	35	43,551	63	1,611	2	69,336	96.5

Invalid responses include no response or multiple responses.

## 43B14. Have you ever been diagnosed with any of the following?

## High cholesterol

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23,171	96	41,490	95	1,546	96	66,207	95.6
2 Yes	992	4	1,986	5	68	4	3,046	4.4
Valid responses =	24,163	35	43,476	63	1,614	2	69,253	96.4

Invalid responses include no response or multiple responses.

## 43B15. Have you ever been diagnosed with any of the following?

## HIV infection

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23,979	100	43,280	100	1,594	99	68,853	99.8
2 Yes	79	0	64	0	12	1	155	0.2
Valid responses =	24,058	35	43,344	63	1,606	2	69,008	96.0

Invalid responses include no response or multiple responses.

## 43B16. Have you ever been diagnosed with any of the following?

## Repetitive stress injury (e.g. carpal tunnel syndrome)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23,223	96	40,886	94	1,489	94	65,598	94.8
2 Yes	870	4	2,647	6	88	6	3,605	5.2
Valid responses =	24,093	35	43,533	63	1,577	2	69,203	96.3

Invalid responses include no response or multiple responses.

## 43B17. Have you ever been diagnosed with any of the following?

## Seasonal Affective Disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23,649	98	42,176	97	1,530	98	67,355	97.5
2 Yes	409	2	1,281	3	31	2	1,721	2.5
Valid responses =	24,058	35	43,457	63	1,561	2	69,076	96.1

Invalid responses include no response or multiple responses.

## 43B18. Have you ever been diagnosed with any of the following?

## Substance abuse problem

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23,520	98	42,599	98	1,499	97	67,618	97.9
2 Yes	529	2	845	2	51	3	1,425	2.1
Valid responses =	24,049	35	43,444	63	1,550	2	69,043	96.1

Invalid responses include no response or multiple responses.



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

**43B19. Have you ever been diagnosed with any of the following?****Back pain**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19,707	82	33,596	77	1,208	78	54,511	78.8
2 Yes	4,390	18	9,937	23	337	22	14,664	21.2
Valid responses =	24,097	35	43,533	63	1,545	2	69,175	96.3

Invalid responses include no response or multiple responses.

**43B20. Have you ever been diagnosed with any of the following?****Broken bone/fracture**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18,447	77	34,958	80	1,286	83	54,691	79.1
2 Yes	5,659	24	8,548	20	269	17	14,476	20.9
Valid responses =	24,106	35	43,506	63	1,555	2	69,167	96.3

Invalid responses include no response or multiple responses.

**43B21. Have you ever been diagnosed with any of the following?****Bronchitis**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20,741	86	34,567	80	1,327	86	56,635	81.9
2 Yes	3,338	14	8,921	21	225	15	12,484	18.1
Valid responses =	24,079	35	43,488	63	1,552	2	69,119	96.2

Invalid responses include no response or multiple responses.

**43B22. Have you ever been diagnosed with any of the following?****Chlamydia**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23,791	99	42,336	97	1,506	97	67,633	97.9
2 Yes	261	1	1,123	3	46	3	1,430	2.1
Valid responses =	24,052	35	43,459	63	1,552	2	69,063	96.1

Invalid responses include no response or multiple responses.

**43B23. Have you ever been diagnosed with any of the following?****Ear infection**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17,178	71	26,504	61	1,179	76	44,861	64.8
2 Yes	6,915	29	17,041	39	382	25	24,338	35.2
Valid responses =	24,093	35	43,545	63	1,561	2	69,199	96.3

Invalid responses include no response or multiple responses.

**43B24. Have you ever been diagnosed with any of the following?****Gonorrhea**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23,934	100	43,276	100	1,526	99	68,736	99.5
2 Yes	123	1	193	0	18	1	334	0.5
Valid responses =	24,057	35	43,469	63	1,544	2	69,070	96.1

Invalid responses include no response or multiple responses.



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 43B25. Have you ever been diagnosed with any of the following?

## Mononucleosis

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22,753	95	39,270	90	1,451	94	63,474	91.9
2 Yes	1,313	6	4,218	10	89	6	5,620	8.1
Valid responses =	24,066	35	43,488	63	1,540	2	69,094	96.2

Invalid responses include no response or multiple responses.

## 43B26. Have you ever been diagnosed with any of the following?

## Pelvic Inflammatory Disease

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24,028	100	43,143	99	1,525	99	68,696	99.4
2 Yes	46	0	332	1	18	1	396	0.6
Valid responses =	24,074	35	43,475	63	1,543	2	69,092	96.1

Invalid responses include no response or multiple responses.

## 43B27. Have you ever been diagnosed with any of the following?

## Sinus infection

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17,065	71	25,215	58	1,114	72	43,394	62.7
2 Yes	7,055	29	18,335	42	428	28	25,818	37.3
Valid responses =	24,120	35	43,550	63	1,542	2	69,212	96.3

Invalid responses include no response or multiple responses.

## 43B28. Have you ever been diagnosed with any of the following?

## Strep throat

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15,703	65	24,335	56	1,067	70	41,105	59.4
2 Yes	8,403	35	19,191	44	465	30	28,059	40.6
Valid responses =	24,106	35	43,526	63	1,532	2	69,164	96.2

Invalid responses include no response or multiple responses.

## 43B29. Have you ever been diagnosed with any of the following?

## Tuberculosis

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23,797	99	42,989	99	1,512	99	68,298	99.2
2 Yes	199	1	326	1	23	2	548	0.8
Valid responses =	23,996	35	43,315	63	1,535	2	68,846	95.8

Invalid responses include no response or multiple responses.

## 44A. Within the last school year, have any of the following affected your academic performance?

## Alcohol use

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	9,958	41	19,896	45	816	53	30,670	43.9
2 Exprd academics not affected	12,183	50	21,059	48	614	40	33,856	48.4
3 Received lower grade exam	1,634	7	2,167	5	71	5	3,872	5.5
4 Received lower grade course	581	2	616	1	38	3	1,235	1.8
5 Received incomplete/dropped	122	1	153	0	12	1	287	0.4
Valid responses =	24,478	35	43,891	63	1,551	2	69,920	97.3

Invalid responses include no response or multiple responses.



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

**44B. Within the last school year, have any of the following affected your academic performance?****Allergies**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not happen to me/not N/A	15,031	62	25,057	57	968	63	41,056	58.8	
2 Exprd academics not affected	8,262	34	16,644	38	503	33	25,409	36.4	
3 Received lower grade exam	929	4	1,821	4	50	3	2,800	4.0	
4 Received lower grade course	161	1	250	1	9	1	420	0.6	
5 Received incomplete/dropped	26	0	63	0	6	0	95	0.1	
Valid responses =	24,409	35	43,835	63	1,536	2	69,780	97.1	

Invalid responses include no response or multiple responses.

**44C. Within the last school year, have any of the following affected your academic performance?****Assault (physical)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not happen to me/not N/A	22,996	94	42,137	96	1,388	91	66,521	95.5	
2 Exprd academics not affected	1,223	5	1,264	3	124	8	2,611	3.8	
3 Received lower grade exam	86	0	189	0	14	1	289	0.4	
4 Received lower grade course	35	0	91	0	5	0	131	0.2	
5 Received incomplete/dropped	18	0	54	0	2	0	74	0.1	
Valid responses =	24,358	35	43,735	63	1,533	2	69,626	96.9	

Invalid responses include no response or multiple responses.

**44D. Within the last school year, have any of the following affected your academic performance?****Assault (sexual)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not happen to me/not N/A	23,558	97	41,746	95	1,418	92	66,722	95.8	
2 Exprd academics not affected	722	3	1,494	3	91	6	2,307	3.3	
3 Received lower grade exam	57	0	239	1	15	1	311	0.4	
4 Received lower grade course	27	0	167	0	10	1	204	0.3	
5 Received incomplete/dropped	12	0	97	0	3	0	112	0.2	
Valid responses =	24,376	35	43,743	63	1,537	2	69,656	96.9	

Invalid responses include no response or multiple responses.

**44E. Within the last school year, have any of the following affected your academic performance?****Attention Deficit Disorder**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not happen to me/not N/A	20,130	83	38,405	88	1,263	83	59,798	86.1	
2 Exprd academics not affected	1,862	8	2,356	5	152	10	4,370	6.3	
3 Received lower grade exam	1,133	5	1,494	3	55	4	2,682	3.9	
4 Received lower grade course	981	4	1,099	3	44	3	2,124	3.1	
5 Received incomplete/dropped	215	1	273	1	10	1	498	0.7	
Valid responses =	24,321	35	43,627	63	1,524	2	69,472	96.7	

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**44F. Within the last school year, have any of the following affected your academic performance?**

**Cold/Flu/Sore throat**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	6,623	27	6,448	15	536	35	13,607	19.5
2 Exprd academics not affected	12,106	50	24,416	56	656	43	37,178	53.3
3 Received lower grade exam	4,857	20	11,320	26	262	17	16,439	23.6
4 Received lower grade course	712	3	1,402	3	42	3	2,156	3.1
5 Received incomplete/dropped	86	0	204	1	19	1	309	0.4
Valid responses =	24,384	35	43,790	63	1,515	2	69,689	97.0

Invalid responses include no response or multiple responses.

**44G. Within the last school year, have any of the following affected your academic performance?**

**Concern for a troubled friend or family member**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	11,460	47	13,433	31	726	48	25,619	36.8
2 Exprd academics not affected	9,265	38	20,973	48	557	37	30,795	44.2
3 Received lower grade exam	2,630	11	7,011	16	161	11	9,802	14.1
4 Received lower grade course	830	3	1,923	4	48	3	2,801	4.0
5 Received incomplete/dropped	189	1	414	1	26	2	629	0.9
Valid responses =	24,374	35	43,754	63	1,518	2	69,646	96.9

Invalid responses include no response or multiple responses.

**44H. Within the last school year, have any of the following affected your academic performance?**

**Chronic illness (diabetes, asthma, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	21,902	90	37,632	86	1,301	86	60,835	87.3
2 Exprd academics not affected	1,978	8	4,618	11	149	10	6,745	9.7
3 Received lower grade exam	248	1	859	2	28	2	1,135	1.6
4 Received lower grade course	178	1	430	1	21	1	629	0.9
5 Received incomplete/dropped	60	0	265	1	9	1	334	0.5
Valid responses =	24,366	35	43,804	63	1,508	2	69,678	97.0

Invalid responses include no response or multiple responses.

**44I. Within the last school year, have any of the following affected your academic performance?**

**Chronic pain**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	21,591	89	37,256	85	1,268	84	60,115	86.4
2 Exprd academics not affected	2,264	9	4,832	11	174	12	7,270	10.4
3 Received lower grade exam	341	1	1,094	3	39	3	1,474	2.1
4 Received lower grade course	125	1	399	1	13	1	537	0.8
5 Received incomplete/dropped	46	0	167	0	8	1	221	0.3
Valid responses =	24,367	35	43,748	63	1,502	2	69,617	96.9

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**44J. Within the last school year, have any of the following affected your academic performance?**

**Death of a friend or family member**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	18,279	75	30,655	70	1,075	72	50,009	71.8
2 Exprd academics not affected	4,339	18	8,435	19	284	19	13,058	18.8
3 Received lower grade exam	1,064	4	2,905	7	80	5	4,049	5.8
4 Received lower grade course	498	2	1,288	3	44	3	1,830	2.6
5 Received incomplete/dropped	203	1	472	1	20	1	695	1.0
Valid responses =	24,383	35	43,755	63	1,503	2	69,641	96.9

Invalid responses include no response or multiple responses.

**44K. Within the last school year, have any of the following affected your academic performance?**

**Depression/Anxiety Disorder/Seasonal Affective Disorder**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	18,326	75	28,535	65	1,035	69	47,896	68.8
2 Exprd academics not affected	3,010	12	7,095	16	252	17	10,357	14.9
3 Received lower grade exam	1,629	7	4,384	10	115	8	6,128	8.8
4 Received lower grade course	1,018	4	2,743	6	65	4	3,826	5.5
5 Received incomplete/dropped	396	2	999	2	35	2	1,430	2.1
Valid responses =	24,379	35	43,756	63	1,502	2	69,637	96.9

Invalid responses include no response or multiple responses.

**44L. Within the last school year, have any of the following affected your academic performance?**

**Drug use**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	19,741	81	38,741	89	1,227	82	59,709	85.8
2 Exprd academics not affected	3,551	15	4,050	9	208	14	7,809	11.2
3 Received lower grade exam	629	3	587	1	35	2	1,251	1.8
4 Received lower grade course	353	1	282	1	21	1	656	0.9
5 Received incomplete/dropped	97	0	90	0	8	1	195	0.3
Valid responses =	24,371	35	43,750	63	1,499	2	69,620	96.9

Invalid responses include no response or multiple responses.

**44M. Within the last school year, have any of the following affected your academic performance?**

**Eating disorder/problem**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	23,402	96	39,871	91	1,335	90	64,608	92.9
2 Exprd academics not affected	795	3	3,079	7	119	8	3,993	5.7
3 Received lower grade exam	102	0	430	1	22	2	554	0.8
4 Received lower grade course	42	0	243	1	12	1	297	0.4
5 Received incomplete/dropped	11	0	89	0	3	0	103	0.1
Valid responses =	24,352	35	43,712	63	1,491	2	69,555	96.8

Invalid responses include no response or multiple responses.





**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**44N. Within the last school year, have any of the following affected your academic performance?**

**HIV Infection**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	23,939	98	43,433	99	1,413	95	68,785	99.0
2 Exprd academics not affected	341	1	220	1	61	4	622	0.9
3 Received lower grade exam	27	0	18	0	13	1	58	0.1
4 Received lower grade course	20	0	10	0	2	0	32	0.0
5 Received incomplete/dropped	5	0	5	0	1	0	11	0.0
Valid responses =	24,332	35	43,686	63	1,490	2	69,508	96.7

Invalid responses include no response or multiple responses.

**44O. Within the last school year, have any of the following affected your academic performance?**

**Injury**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	19,043	78	36,662	84	1,206	81	56,911	82.1
2 Exprd academics not affected	4,259	18	5,415	12	205	14	9,879	14.3
3 Received lower grade exam	639	3	953	2	49	3	1,641	2.4
4 Received lower grade course	221	1	331	1	16	1	568	0.8
5 Received incomplete/dropped	117	1	169	0	10	1	296	0.4
Valid responses =	24,279	35	43,530	63	1,486	2	69,295	96.4

Invalid responses include no response or multiple responses.

**44P. Within the last school year, have any of the following affected your academic performance?**

**Internet use/computer games**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	9,297	38	20,911	48	855	57	31,063	44.6
2 Exprd academics not affected	9,882	41	16,907	39	448	30	27,237	39.1
3 Received lower grade exam	3,699	15	4,771	11	135	9	8,605	12.4
4 Received lower grade course	1,383	6	1,114	3	48	3	2,545	3.7
5 Received incomplete/dropped	119	1	62	0	4	0	185	0.3
Valid responses =	24,380	35	43,765	63	1,490	2	69,635	96.9

Invalid responses include no response or multiple responses.

**44Q. Within the last school year, have any of the following affected your academic performance?**

**Learning disability**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	22,348	92	40,931	94	1,289	87	64,568	92.9
2 Exprd academics not affected	966	4	1,219	3	112	8	2,297	3.3
3 Received lower grade exam	498	2	784	2	40	3	1,322	1.9
4 Received lower grade course	415	2	584	1	30	2	1,029	1.5
5 Received incomplete/dropped	106	0	166	0	13	1	285	0.4
Valid responses =	24,333	35	43,684	63	1,484	2	69,501	96.7

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**44R. Within the last school year, have any of the following affected your academic performance?**

**Mononucleosis**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	23,565	97	42,023	96	1,364	93	66,952	96.1
2 Exprd academics not affected	553	2	992	2	80	5	1,625	2.3
3 Received lower grade exam	116	1	340	1	17	1	473	0.7
4 Received lower grade course	98	0	306	1	8	1	412	0.6
5 Received incomplete/dropped	50	0	123	0	5	0	178	0.3
Valid responses =	24,382	35	43,784	63	1,474	2	69,640	96.9

Invalid responses include no response or multiple responses.

**44S. Within the last school year, have any of the following affected your academic performance?**

**Pregnancy (yours or your partner's)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	23,658	97	42,648	97	1,354	92	67,660	97.1
2 Exprd academics not affected	538	2	742	2	91	6	1,371	2.0
3 Received lower grade exam	97	0	175	0	11	1	283	0.4
4 Received lower grade course	58	0	136	0	12	1	206	0.3
5 Received incomplete/dropped	30	0	99	0	10	1	139	0.2
Valid responses =	24,381	35	43,800	63	1,478	2	69,659	96.9

Invalid responses include no response or multiple responses.

**44T. Within the last school year, have any of the following affected your academic performance?**

**Relationship difficulty**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	14,240	58	21,948	50	918	62	37,106	53.3
2 Exprd academics not affected	6,584	27	14,165	32	375	25	21,124	30.3
3 Received lower grade exam	2,430	10	5,644	13	122	8	8,196	11.8
4 Received lower grade course	967	4	1,720	4	47	3	2,734	3.9
5 Received incomplete/dropped	152	1	307	1	17	1	476	0.7
Valid responses =	24,373	35	43,784	63	1,479	2	69,636	96.9

Invalid responses include no response or multiple responses.

**44U. Within the last school year, have any of the following affected your academic performance?**

**Sexually transmitted disease**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	23,674	98	41,965	96	1,360	93	66,999	96.7
2 Exprd academics not affected	526	2	1,329	3	85	6	1,940	2.8
3 Received lower grade exam	50	0	172	0	10	1	232	0.3
4 Received lower grade course	24	0	65	0	3	0	92	0.1
5 Received incomplete/dropped	7	0	15	0	7	1	29	0.0
Valid responses =	24,281	35	43,546	63	1,465	2	69,292	96.4

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA)  
Reference Group Data Report - Spring 2007**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

**FREQUENCY REPORT**

Number of Surveys (n) = 71,860 Paper & Web Surveys

**44V. Within the last school year, have any of the following affected your academic performance?**

**Sinus infection/ear infection/bronchitis/strep throat**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	18,624	77	27,450	63	1,053	72	47,127	67.8
2 Exprd academics not affected	4,248	18	11,737	27	294	20	16,279	23.4
3 Received lower grade exam	1,190	5	3,833	9	89	6	5,112	7.4
4 Received lower grade course	217	1	590	1	17	1	824	1.2
5 Received incomplete/dropped	32	0	119	0	6	0	157	0.2
Valid responses =	24,311	35	43,729	63	1,459	2	69,499	96.7

Invalid responses include no response or multiple responses.

**44W. Within the last school year, have any of the following affected your academic performance?**

**Sleep difficulties**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	10,669	44	14,829	34	722	49	26,220	37.6
2 Exprd academics not affected	7,709	32	17,131	39	420	29	25,260	36.2
3 Received lower grade exam	4,359	18	9,235	21	223	15	13,817	19.8
4 Received lower grade course	1,451	6	2,336	5	80	6	3,867	5.5
5 Received incomplete/dropped	198	1	320	1	21	1	539	0.8
Valid responses =	24,386	35	43,851	63	1,466	2	69,703	97.0

Invalid responses include no response or multiple responses.

**44X. Within the last school year, have any of the following affected your academic performance?**

**Stress**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	8,120	33	6,687	15	505	35	15,312	22.0
2 Exprd academics not affected	9,481	39	20,592	47	543	37	30,616	43.9
3 Received lower grade exam	4,687	19	11,747	27	260	18	16,694	24.0
4 Received lower grade course	1,743	7	3,945	9	122	8	5,810	8.3
5 Received incomplete/dropped	355	2	864	2	29	2	1,248	1.8
Valid responses =	24,386	35	43,835	63	1,459	2	69,680	97.0

Invalid responses include no response or multiple responses.

**44Y. Within the last school year, have any of the following affected your academic performance?**

**Other**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not happen to me/not N/A	16,468	84	28,071	82	624	85	45,163	82.9
2 Exprd academics not affected	1,785	9	3,119	9	58	8	4,962	9.1
3 Received lower grade exam	685	4	1,635	5	27	4	2,347	4.3
4 Received lower grade course	437	2	918	3	14	2	1,369	2.5
5 Received incomplete/dropped	188	1	452	1	13	2	653	1.2
Valid responses =	19,563	36	34,195	63	736	1	54,494	75.8

Invalid responses include no response or multiple responses.



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 45. How old are you?

Age (Years)	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
18	2,821	11	5,822	13	155	13	8,798	12.6
19	5,233	21	9,563	22	236	20	15,032	21.5
20	4,551	18	8,561	19	202	17	13,314	19.0
21	4,337	18	7,699	17	160	13	12,196	17.4
22	2,783	11	4,450	10	121	10	7,354	10.5
23	1,328	5	1,778	4	66	6	3,172	4.5
24	759	3	1,074	2	47	4	1,880	2.7
25	573	2	768	2	32	3	1,373	2.0
26	388	2	561	1	22	2	971	1.4
27	312	1	416	1	17	1	745	1.1
28	230	1	390	1	16	1	636	0.9
29	164	1	296	1	14	1	474	0.7
30	182	1	257	1	10	1	449	0.6
31	123	1	201	1	10	1	334	0.5
GE 32	959	4	2,285	5	103	9	3,347	4.8
Valid responses =	24,743	35	44,121	63	1,211	2	70,075	97.5

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	21.66	20.00	5.17	18	92
Female	21.74	20.00	5.73	18	89
Overall	21.73	20.00	5.58	18	92

## 46. What is your sex?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	44,442	100			44,442	64.1
2 Male	24,932	100	0	0			24,932	35.9
Valid responses =	24,932	36	44,442	64			69,374	96.5

Invalid responses include no response or multiple responses.

## 47. Height in inches?

Inches	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
low-36	0	0	0	0	0	0	0	0.0
37-48	0	0	3	0	0	0	3	0.0
49-60	21	0	1,957	5	37	3	2,015	2.9
61-72	17,961	73	41,682	95	959	86	60,602	87.1
73-84	6,545	27	236	1	119	11	6,900	9.9
GE 85	18	0	19	0	3	0	40	0.1
Valid responses =	24,545	35	43,897	63	1,118	2	69,560	96.8

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	70.74	71.00	3.08	49	99
Female	65.02	65.00	2.88	48	96
Overall	67.07	67.00	4.03	48	99



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper & Web Surveys

### 48. What is your weight in pounds?

	Male		Female		Unknown		Total	
Pounds	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0-50	0	0	0	0	0	0	0	0.0
51-100	42	0	1,204	3	34	3	1,280	1.8 ▮
101-150	6,118	25	30,478	70	654	49	37,250	53.5 ▮
151-200	13,823	56	9,906	23	474	35	24,203	34.7 ▮
201-250	3,669	15	1,622	4	146	11	5,437	7.8 ▮
251-300	784	3	410	1	25	2	1,219	1.8 ▮
301-350	134	1	69	0	6	0	209	0.3 ▮
351-400	24	0	13	0	3	0	40	0.1 ▮
401-450	7	0	4	0	1	0	12	0.0
GE 451	2	0	1	0	1	0	4	0.0
Valid responses =	24,603	35	43,707	63	1,344	2	69,654	96.9

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	176.78	170.00	36.60	55	567
Female	142.74	135.00	31.80	54	550
Overall	155.09	149.00	37.48	54	567

### 49. Year in school:

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	6,126	25	10,970	25	341	26	17,437	25.3 ▮
2 2nd year undergraduate	5,458	23	9,981	23	309	23	15,748	22.8 ▮
3 3rd year undergraduate	5,297	22	9,514	22	275	21	15,086	21.9 ▮
4 4th year undergraduate	4,133	17	7,638	18	184	14	11,955	17.3 ▮
5 5th year or more undergraduate	1,535	6	2,054	5	115	9	3,704	5.4 ▮
6 Graduate or professional	1,310	5	2,596	6	55	4	3,961	5.7 ▮
7 Adult special	98	0	209	1	12	1	319	0.5 ▮
8 Other	240	1	496	1	33	3	769	1.1 ▮
Valid responses =	24,197	35	43,458	63	1,324	2	68,979	96.0

Invalid responses include no response or multiple responses.

### 50. Are you a full-time student?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	23,134	94	41,155	94	1,232	86	65,521	93.4 ▮
2 No	1,545	6	2,872	7	208	14	4,625	6.6 ▮
Valid responses =	24,679	35	44,027	63	1,440	2	70,146	97.6

Invalid responses include no response or multiple responses.

### 51. How do you usually describe yourself?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
White - not Hispanic (includes	18,592	75	33,191	75	895	36	52,678	73.3 ▮
Black - not Hispanic	1,113	5	2,512	6	107	4	3,732	5.2 ▮
Hispanic or Latino	1,984	8	3,641	8	207	8	5,832	8.1 ▮
Asian or Pacific Islander	2,974	12	4,756	11	192	8	7,922	11.0 ▮
American Indian or Alaskan	346	1	586	1	21	1	953	1.3 ▮
Other	24,932	4	44,442	4	2,486	100	71,860	4.1 ▮

Valid responses = all responses and blanks: since multiple responses were possible, more than 100% may be included.



# American College Health Association-National College Health Assessment (ACHA-NCHA) Reference Group Data Report - Spring 2007

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 30, 2007

## FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper &amp; Web Surveys

## 52. Are you an international student?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	1,090	4	1,552	4	62	4	2,704	3.9
2 No	23,548	96	42,450	97	1,361	96	67,359	96.1
Valid responses =	24,638	35	44,002	63	1,423	2	70,063	97.5

Invalid responses include no response or multiple responses.

## 53. What is your current relationship status?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Single	15,161	61	23,051	52	761	53	38,973	55.3
2 Married/domestic partner	1,419	6	3,086	7	170	12	4,675	6.6
3 Engaged or committed dating	8,008	32	17,525	40	462	32	25,995	36.9
4 Separated	74	0	160	0	11	1	245	0.3
5 Divorced	83	0	359	1	21	2	463	0.7
6 Widowed	20	0	50	0	11	1	81	0.1
Valid responses =	24,765	35	44,231	63	1,436	2	70,432	98.0

Invalid responses include no response or multiple responses.

## 54. Where do you currently live?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus residence hall	8,970	36	17,100	39	256	18	26,326	37.4
2 Fraternity or sorority house	404	2	453	1	11	1	868	1.2
3 Other university/college	1,122	5	2,228	5	33	2	3,383	4.8
4 Off-campus housing	9,153	37	15,604	35	553	39	25,310	35.9
5 Parent/guardian's home	4,088	17	6,394	15	415	29	10,897	15.5
6 Other	1,024	4	2,446	6	161	11	3,631	5.2
Valid responses =	24,761	35	44,225	63	1,429	2	70,415	98.0

Invalid responses include no response or multiple responses.

## 55. Are you a member of a social fraternity or sorority?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	1,980	8	3,139	7	91	6	5,210	7.4
2 No	22,654	92	40,888	93	1,336	94	64,878	92.6
Valid responses =	24,634	35	44,027	63	1,427	2	70,088	97.5

Invalid responses include no response or multiple responses.

## 56. How many hours a week do you work for pay?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	10,384	42	15,941	36	487	34	26,812	38.2
2 1 - 9 hours	3,854	16	8,073	18	155	11	12,082	17.2
3 10 - 19 hours	4,463	18	9,334	21	239	17	14,036	20.0
4 20 - 29 hours	3,243	13	6,024	14	274	19	9,541	13.6
5 30 - 39 hours	1,170	5	2,333	5	141	10	3,644	5.2
6 40 hours	802	3	1,493	3	83	6	2,378	3.4
7 more than 40 hours	779	3	931	2	54	4	1,764	2.5
Valid responses =	24,695	35	44,129	63	1,433	2	70,257	97.8

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA)**

**Reference Group Data Report - Spring 2007**

American College Health Association

P.O. Box 28937

Baltimore, MD 21240-8937

(410) 859-1500

[www.acha.org](http://www.acha.org)

August 30, 2007

FREQUENCY REPORT

Number of Surveys (n) = 71,860 Paper & Web Surveys

**57. How many hours a week do you volunteer?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	17,146	70	27,652	63	1,016	72	45,814	65.5	
2 1 - 9 hours	6,573	27	14,629	33	334	24	21,536	30.8	
3 10 - 19 hours	640	3	1,181	3	39	3	1,860	2.7	
4 20 - 29 hours	149	1	282	1	16	1	447	0.6	
5 30 - 39 hours	45	0	70	0	3	0	118	0.2	
6 40 hours	23	0	51	0	6	0	80	0.1	
7 more than 40 hours	53	0	60	0	7	1	120	0.2	
Valid responses =	24,629	35	43,925	63	1,421	2	69,975	97.4	

Invalid responses include no response or multiple responses.

**58. Do you have any kind of health insurance (including prepaid plans such as HMOs - health maintenance organizations)?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Yes	20,601	84	37,891	87	1,059	74	59,551	85.8	
2 No	2,222	9	3,383	8	282	20	5,887	8.5	
3 Not sure	1,685	7	2,168	5	89	6	3,942	5.7	
Valid responses =	24,508	35	43,442	63	1,430	2	69,380	96.5	

Invalid responses include no response or multiple responses.