



# UNDERGRADUATE STUDENT Reference Group

## Data Report

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## Fall 2023

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

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AMERICAN COLLEGE HEALTH ASSOCIATION

### Demographics of Participating Institutions

Thirty nine postsecondary institutions self-selected to participate in the Fall 2023 ACHA National College Health Assessment and 26,453 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all students or used a random sampling technique, and used the ACHA-NCHA III (currently only offered as a web survey) are included in the analysis, yielding a final data set consisting of 18,755 students at 38 schools. **This report includes only data from 18,755 UNDERGRADUATE students at 38 schools** Demographic characteristics of the 38 campuses follow.

<b>Demographical Characteristics of the 38 US Postsecondary Institutions Included in the Fall 2023 ACHA-NCHA III UNDERGRADUATE Reference Group</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
Type of Institution	
Public	22
Private	16
2-year	0
4-year or above	38
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	8
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	7
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX, VA, WV)	22
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	1
Campus Size	
< 2,500 students	5
2,500 – 4,999 students	7
5,000 – 9,999 students	7
10,000 – 19,999 students	7
20,000 students or more	12
Campus Setting	
Very large city (population over 500,000)	6
Large city (population 250,000-499,999)	7
Small city (population 50,000-249,999)	14
Large town (population 10,000-49,999)	8
Small town (population 2,500-9,999)	3
Rural community (population under 2,500)	0
Carnegie Classification	
Associates Colleges	0
Baccalaureate Colleges	5
Baccalaureate/Associates Colleges	0
Masters Colleges and Universities	10
Doctoral Universities	22
Special Focus Institutions	1

<b>Demographical Characteristics of the 38 US Postsecondary Institutions Included in the Fall 2023 ACHA-NCHA III UNDERGRADUATE Reference Group</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
ACHA Membership Status	
Institutional Member	36
Nonmember	2
Religious Affiliation	
No	32
Yes	6
<u>If yes:</u>	
Catholic	3
Protestant or Other Christian	3
Postsecondary Minority Institution (US Department of Education)	
No	29
Yes	9
<u>*If yes:</u>	
Historically Black College or University (HBCU)	0
Hispanic-serving Institution (HSI)	9
Tribal College or University	0
Predominately Black Institution	0
Asian American and Native American Pacific Islander-serving	2
Alaska Native-serving or Native Hawaiian-serving Institution	0
Native American-serving Nontribal Institution	0
*institutions may hold more than one type of minority status	
<b>NOTE:</b> In an effort to protect the identity of the participating institutions, the minority institution status variables have been recoded into a single dichotomous (yes/no) variable in the Reference Group SPSS data files. Secondary researchers with access to the blind data files will not be able to ascertain which type of minority status designation an institution holds.	

<b>UNDERGRADUATE</b>	<b>Fall 2023 Institutions</b>
Number of institutions	38
Number of students	18,755
Mean response proportion*	10%
Median response proportion*	7%

\*Calculation of response proportion is based all students surveyed at the institution, and not limited to only undergraduate student responses.

**We need to draw your attention to an important change in your ACHA-NCHA Report documents. Beginning in Spring 2021, responses for transgender and gender-nonconforming students are readily available directly in the report documents. This represents an important change in the way we have been reporting ACHA-NCHA results. We've prepared the following information to better explain the specific changes, our reasoning for doing so, and tips for using these redesigned report documents.**

**I. What we've done to date**

- The ACHA-NCHA has asked respondents about their gender identity for 12 years.
- Data on transgender and gender-nonconforming (TGNC) students was available in the data file, but not displayed explicitly in the report documents in an effort to protect the privacy of TGNC students, particularly those students in smaller campus environments and at schools that publicly shared their ACHA-NCHA report documents.
- We have been trying to find the right balance between protecting students' privacy and making the results accessible to campus surveyors who may not use the statistical software that would be required to extract this information directly from the data files. Until now, we've erred on the side of protecting student privacy.

**II. Why change?**

- The number of TGNC students in our samples has been increasing over the years. Between 2008 and 2015, the number of students identifying as TGNC was very small (less than 0.05%). We've learned over the years that gender identity is complex and fluid. To better capture this complexity, we began asking separate questions about sex at birth and gender identity in Fall 2015. Now TGNC students tend to represent 3-4% of the overall sample.
- With greater number of students identifying as TGNC on the ACHA-NCHA in recent years, we have a better opportunity to understand their needs and behaviors than we have in years past.
- A number of health disparities between TGNC students and their cisgender peers have been well documented<sup>[1]</sup>, and schools need readily available access to this data in order to better address the needs of TGNC students.

**III. What's different about the way we are reporting?**

- First – a note about how we have been reporting ACHA-NCHA results to date. RSEX is a variable we create based on the responses to the questions on sex at birth, whether or not a student identifies as transgender, and their gender identity. The RSEX variable had allowed us to sort respondents into 4 groups for reporting purposes: male, female, non-binary, and missing. (Details about this variable can be found in all report documents.)
- The value labels for RSEX have been revised to better represent gender identity rather than sex. A value of "1" has been changed from "Male" to "Cis Men<sup>[2]</sup>." A "2" has been changed from "Female" to "Cis Women<sup>[3]</sup>." The value "3" has been changed from "non-binary" to "Transgender and Gender-Nonconforming" (TGNC), as it's a more accurate and inclusive term. The value "4" on RSEX remains "missing/unknown" and is used for students who do not answer all three questions.
- The "missing/unknown" column in the Data Report document has been replaced with a "Trans/Gender-Nonconforming" column. Because space limitations in the report prevent us from displaying all 4 categories plus a total column in the same document, it's now the "missing/unknown" column that is not displayed. Now when the Total of any given row is higher than the sum of the cis men, cis women, and TGNC respondents, the difference can be attributed to "missing/unknown" respondents that selected the response option presented in that row.
- A column for "Trans/Gender-Nonconforming" has been added the Executive Summary Report document.

**IV. Important considerations with this new format**

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

**Questions about this report? Please reach out to Christine Kukich at [Ckukich@acha.org](mailto:Ckukich@acha.org)**

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[1] Greathouse M, BrckaLorenz A, Hoban M, Huseman R, Rankin S, Stolzenberg EB. (2018). Queer-spectrum and trans-spectrum student experiences in American higher education: The analysis of national survey findings. New Brunswick, NJ: Tyler Clementi Center, Rutgers University.

[2] Cisgender refers to people whose gender identity matches their sex assigned at birth. Cis men is short for "cisgender men" and is a term used to describe persons who identify as men and were assigned male at birth.

[3] Cis women is short for "cisgender women" and is a term used to describe persons who identify as women and were assigned female at birth.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

### UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. **Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.**

#### A note about the use of sex and gender in this report:

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

#### 1) How would you describe your overall health?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	880	18	1057	10	41	4	2002	11.6
2 Very good	1999	41	4049	36	247	22	6338	36.7
3 Good	1429	29	4411	40	477	43	6366	36.9
4 Fair	512	11	1418	13	290	26	2249	13.0
5 Poor	77	2	184	2	48	4	318	1.8
Valid responses =	4897	28	11119	64	1103	6	17273	92.1
Invalid responses include no response.								

#### 2A) I feel that I belong at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	136	3	203	2	26	2	369	2.0
2 Disagree	159	3	326	3	52	4	548	2.9
3 Somewhat disagree	314	6	662	6	130	11	1123	6.0
4 Somewhat agree	1216	23	2755	23	345	29	4367	23.4
5 Agree	2197	41	5187	43	481	40	7916	42.3
6 Strongly agree	1334	25	2831	24	173	14	4375	23.4
Valid responses =	5356	29	11964	64	1207	6	18698	99.7
Invalid responses include no response.								

#### R2B) I feel that students' health and well-being is a priority of my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	157	3	247	2	45	4	456	2.4
2 Disagree	242	5	468	4	73	6	799	4.3
3 Somewhat disagree	484	9	1058	9	160	13	1720	9.2
4 Somewhat agree	1611	30	3825	32	471	39	5971	32.0
5 Agree	1927	36	4387	37	335	28	6694	35.8
6 Strongly agree	924	17	1971	17	121	10	3036	16.3
Valid responses =	5345	29	11956	64	1205	6	18676	99.6
Invalid responses include no response.								

#### R2C) I feel that the climate of my college/university encourages free and open discussion about students' health and well-being.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	124	2	186	2	19	2	331	1.8
2 Disagree	154	3	304	3	61	5	531	2.8
3 Somewhat disagree	357	7	830	7	119	10	1320	7.1
4 Somewhat agree	1469	28	3196	27	404	34	5120	27.4
5 Agree	2109	39	4936	41	409	34	7519	40.3
6 Strongly agree	1134	21	2502	21	192	16	3854	20.6
Valid responses =	5347	29	11954	64	1204	6	18675	99.6
Invalid responses include no response.								



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#### R2D) We are a college/university where we look out for each other.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	149	3	235	2	40	3	430	2.3
2 Disagree	232	4	424	4	59	5	724	3.9
3 Somewhat disagree	566	11	1059	9	182	15	1822	9.8
4 Somewhat agree	1569	29	3683	31	457	38	5788	30.9
5 Agree	1794	34	4335	36	341	28	6525	35.0
6 Strongly agree	1030	19	2205	19	124	10	3384	18.1
Valid responses =	5340	29	11941	64	1203	6	18653	99.5

Invalid responses include no response.

#### 3A) How many hours do you spend in a typical week (7 days) on the following activities?

##### Attending classes, discussion sections, or labs

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	22	0	31	0	7	1	61	0.3
2 1-5 hours	367	7	1049	9	92	8	1525	8.2
3 6-10 hours	1004	19	2473	21	267	22	3783	20.2
4 11-15 hours	1892	35	3948	33	442	37	6339	33.9
5 16-20 hours	1405	26	2893	24	285	24	4624	24.7
6 21-25 hours	416	8	924	8	68	6	1414	7.6
7 26-30 hours	152	3	403	3	28	2	589	3.1
8 More than 30 hours	106	2	243	2	18	2	371	2.0
Valid responses =	5364	29	11964	64	1207	6	18706	99.7

Invalid responses include no response.

#### 3B) How many hours do you spend in a typical week (7 days) on the following activities?

##### Studying and other academic activities outside of class

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	42	1	68	1	13	1	125	0.7
2 1-5 hours	1151	22	2698	23	321	27	4226	22.6
3 6-10 hours	1659	31	3706	31	386	32	5801	31.1
4 11-15 hours	1077	20	2348	20	233	19	3683	19.7
5 16-20 hours	649	12	1509	13	131	11	2304	12.3
6 21-25 hours	370	7	809	7	62	5	1247	6.7
7 26-30 hours	208	4	450	4	21	2	683	3.7
8 More than 30 hours	194	4	358	3	37	3	601	3.2
Valid responses =	5350	29	11946	64	1204	6	18670	99.5

Invalid responses include no response.

#### 3C) How many hours do you spend in a typical week (7 days) on the following activities?

##### Attending cultural events, movies, concerts, sports or other entertainment with others

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1328	25	2469	21	368	31	4224	22.6
2 1-5 hours	2908	54	7468	62	690	57	11156	59.7
3 6-10 hours	740	14	1416	12	102	9	2270	12.1
4 11-15 hours	200	4	352	3	27	2	584	3.1
5 16-20 hours	96	2	148	1	11	1	257	1.4
6 21-25 hours	45	1	60	1	5	0	112	0.6
7 26-30 hours	18	0	32	0	2	0	52	0.3
8 More than 30 hours	19	0	17	0	2	0	39	0.2
Valid responses =	5354	29	11962	64	1207	6	18694	99.7

Invalid responses include no response.

#### 3D) How many hours do you spend in a typical week (7 days) on the following activities?

##### Performing community service or volunteer activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3304	62	6405	54	816	68	10628	56.9
2 1-5 hours	1593	30	4649	39	321	27	6617	35.4
3 6-10 hours	264	5	572	5	37	3	880	4.7
4 11-15 hours	97	2	182	2	17	1	298	1.6
5 16-20 hours	43	1	77	1	7	1	128	0.7
6 21-25 hours	20	0	37	0	6	1	63	0.3
7 26-30 hours	7	0	19	0	2	0	28	0.1
8 More than 30 hours	19	0	21	0	2	0	43	0.2
Valid responses =	5347	29	11962	64	1208	6	18685	99.6

Invalid responses include no response.



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## 3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1052	20	3550	30	567	47	5234	28.0
2 1-5 hours	2008	37	5149	43	463	38	7687	41.1
3 6-10 hours	1311	24	1977	17	115	10	3423	18.3
4 11-15 hours	529	10	666	6	39	3	1240	6.6
5 16-20 hours	243	5	340	3	12	1	601	3.2
6 21-25 hours	107	2	159	1	7	1	276	1.5
7 26-30 hours	61	1	70	1	1	0	133	0.7
8 More than 30 hours	51	1	62	1	3	0	117	0.6
Valid responses =	5362	29	11973	64	1207	6	18711	99.8

Invalid responses include no response.

## 3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3302	62	7516	63	959	80	11896	63.7
2 1-5 hours	1577	29	3508	29	209	17	5334	28.5
3 6-10 hours	283	5	587	5	22	2	897	4.8
4 11-15 hours	96	2	177	2	9	1	284	1.5
5 16-20 hours	36	1	79	1	2	0	118	0.6
6 21-25 hours	30	1	37	0	2	0	69	0.4
7 26-30 hours	19	0	17	0	0	0	37	0.2
8 More than 30 hours	16	0	35	0	2	0	54	0.3
Valid responses =	5359	29	11956	64	1205	6	18689	99.6

Invalid responses include no response.

## 3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2025	38	4361	37	454	38	6899	37.0
2 1-5 hours	2101	39	5408	45	540	45	8125	43.5
3 6-10 hours	721	14	1444	12	139	12	2328	12.5
4 11-15 hours	288	5	442	4	40	3	776	4.2
5 16-20 hours	87	2	163	1	18	2	272	1.5
6 21-25 hours	60	1	59	1	9	1	129	0.7
7 26-30 hours	24	0	38	0	3	0	65	0.3
8 More than 30 hours	38	1	32	0	2	0	73	0.4
Valid responses =	5344	29	11947	64	1205	6	18667	99.5

Invalid responses include no response.

## 3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	399	8	718	6	80	7	1217	6.5
2 1-5 hours	1753	33	4558	38	454	38	6818	36.6
3 6-10 hours	1569	29	3505	29	353	29	5485	29.5
4 11-15 hours	811	15	1597	13	170	14	2602	14.0
5 16-20 hours	385	7	722	6	63	5	1179	6.3
6 21-25 hours	187	4	335	3	30	3	555	3.0
7 26-30 hours	98	2	183	2	12	1	294	1.6
8 More than 30 hours	136	3	292	3	37	3	468	2.5
Valid responses =	5338	29	11910	64	1199	6	18618	99.3

Invalid responses include no response.

## 3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3227	61	6982	59	908	76	11249	61.0
2 1-5 hours	1470	28	3677	31	233	20	5404	29.3
3 6-10 hours	377	7	810	7	34	3	1225	6.6
4 11-15 hours	127	2	196	2	10	1	335	1.8
5 16-20 hours	46	1	70	1	1	0	119	0.6
6 21-25 hours	21	0	38	0	4	0	63	0.3
7 26-30 hours	9	0	21	0	1	0	31	0.2
8 More than 30 hours	13	0	12	0	1	0	27	0.1
Valid responses =	5290	29	11806	64	1192	6	18453	98.4

Invalid responses include no response.



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## 3J) How many hours do you spend in a typical week (7 days) on the following activities?

### Spending time with family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2008	38	3936	33	499	42	6503	34.9
2 1-5 hours	1956	37	4657	39	460	38	7141	38.3
3 6-10 hours	612	12	1518	13	109	9	2260	12.1
4 11-15 hours	262	5	648	5	51	4	967	5.2
5 16-20 hours	162	3	356	3	24	2	546	2.9
6 21-25 hours	67	1	217	2	19	2	305	1.6
7 26-30 hours	45	1	153	1	8	1	206	1.1
8 More than 30 hours	209	4	448	4	29	2	693	3.7
Valid responses =	5321	29	11933	64	1199	6	18621	99.3

Invalid responses include no response.

## 3K) How many hours do you spend in a typical week (7 days) on the following activities?

### Watching TV, streaming movies/TV, or other media for entertainment

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	385	7	888	7	85	7	1379	7.4
2 1-5 hours	2140	40	5408	45	479	40	8094	43.3
3 6-10 hours	1451	27	3214	27	337	28	5043	27.0
4 11-15 hours	715	13	1299	11	149	12	2178	11.7
5 16-20 hours	321	6	612	5	75	6	1021	5.5
6 21-25 hours	137	3	238	2	34	3	416	2.2
7 26-30 hours	66	1	126	1	20	2	213	1.1
8 More than 30 hours	135	3	167	1	28	2	335	1.8
Valid responses =	5350	29	11952	64	1207	6	18679	99.6

Invalid responses include no response.

## 3L) How many hours do you spend in a typical week (7 days) on the following activities?

### Gaming

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1772	33	8730	73	479	40	11053	59.2
2 1-5 hours	1805	34	2149	18	399	33	4401	23.6
3 6-10 hours	905	17	648	5	169	14	1744	9.3
4 11-15 hours	428	8	214	2	89	7	743	4.0
5 16-20 hours	215	4	106	1	25	2	351	1.9
6 21-25 hours	105	2	44	0	21	2	173	0.9
7 26-30 hours	48	1	32	0	8	1	90	0.5
8 More than 30 hours	73	1	32	0	15	1	124	0.7
Valid responses =	5351	29	11955	64	1205	6	18679	99.6

Invalid responses include no response.

## 3M) How many hours do you spend in a typical week (7 days) on the following activities?

### Using social media

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	525	10	460	4	72	6	1075	5.8
2 1-5 hours	1984	37	4558	38	435	36	7038	37.9
3 6-10 hours	1492	28	3707	31	345	29	5595	30.2
4 11-15 hours	691	13	1625	14	171	14	2504	13.5
5 16-20 hours	315	6	743	6	84	7	1152	6.2
6 21-25 hours	142	3	329	3	36	3	511	2.8
7 26-30 hours	63	1	200	2	23	2	289	1.6
8 More than 30 hours	94	2	262	2	29	2	390	2.1
Valid responses =	5306	29	11884	64	1195	6	18554	98.9

Invalid responses include no response.

## 3N) How many hours do you spend in a typical week (7 days) on the following activities?

### Commuting to school and/or to work

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1724	32	3952	33	368	31	6099	32.7
2 1-5 hours	2624	49	5731	48	638	53	9079	48.7
3 6-10 hours	669	13	1416	12	141	12	2248	12.1
4 11-15 hours	171	3	437	4	34	3	645	3.5
5 16-20 hours	79	2	182	2	10	1	272	1.5
6 21-25 hours	33	1	79	1	2	0	115	0.6
7 26-30 hours	20	0	51	0	2	0	73	0.4
8 More than 30 hours	23	0	76	1	3	0	103	0.6
Valid responses =	5343	29	11924	64	1198	6	18634	99.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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(410) 859-1500

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UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

## 3O) How many hours do you spend in a typical week (7 days) on the following activities?

### Working for pay

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2844	54	5058	43	556	46	8538	46.0
2 1-5 hours	545	10	1294	11	118	10	1976	10.7
3 6-10 hours	596	11	1854	16	167	14	2643	14.3
4 11-15 hours	468	9	1308	11	127	11	1919	10.3
5 16-20 hours	408	8	1107	9	128	11	1655	8.9
6 21-25 hours	169	3	507	4	48	4	730	3.9
7 26-30 hours	90	2	285	2	21	2	398	2.1
8 More than 30 hours	194	4	447	4	35	3	684	3.7
Valid responses =	5314	29	11860	64	1200	6	18543	98.9

Invalid responses include no response.

## 3P) How many hours do you spend in a typical week (7 days) on the following activities?

### Participating in meditation or meditative activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4108	77	9075	76	919	77	14230	76.3
2 1-5 hours	972	18	2395	20	243	20	3642	19.5
3 6-10 hours	137	3	262	2	23	2	429	2.3
4 11-15 hours	60	1	93	1	6	1	160	0.9
5 16-20 hours	26	1	54	1	2	0	83	0.4
6 21-25 hours	21	0	20	0	4	0	45	0.2
7 26-30 hours	10	0	23	0	1	0	34	0.2
8 More than 30 hours	8	0	15	0	3	0	28	0.2
Valid responses =	5342	29	11937	64	1201	6	18651	99.4

Invalid responses include no response.

## 3Q) How many hours do you spend in a typical week (7 days) on the following activities?

### Performing unpaid household responsibilities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1473	28	2457	21	247	20	4209	22.5
2 1-5 hours	2864	53	6586	55	677	56	10226	54.7
3 6-10 hours	653	12	1762	15	193	16	2633	14.1
4 11-15 hours	187	4	554	5	39	3	784	4.2
5 16-20 hours	90	2	240	2	22	2	356	1.9
6 21-25 hours	37	1	121	1	10	1	169	0.9
7 26-30 hours	19	0	79	1	7	1	108	0.6
8 More than 30 hours	42	1	163	1	13	1	221	1.2
Valid responses =	5365	29	11962	64	1208	6	18706	99.7

Invalid responses include no response.

## 3R) How many hours do you spend in a typical week (7 days) on the following activities?

### Taking care of children or other family members (unpaid)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4589	86	9792	82	1035	86	15561	83.2
2 1-5 hours	402	8	1127	9	95	8	1641	8.8
3 6-10 hours	140	3	396	3	33	3	571	3.1
4 11-15 hours	62	1	154	1	12	1	229	1.2
5 16-20 hours	51	1	106	1	8	1	167	0.9
6 21-25 hours	35	1	69	1	9	1	113	0.6
7 26-30 hours	22	0	56	1	4	0	82	0.4
8 More than 30 hours	58	1	260	2	11	1	334	1.8
Valid responses =	5359	29	11960	64	1207	6	18698	99.7

Invalid responses include no response.

## 4) How do you describe your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	110	2	104	1	25	2	241	1.3
2 Slightly underweight	831	16	1045	9	151	13	2054	11.0
3 About the right weight	2810	52	6517	54	529	44	9947	53.1
4 Slightly overweight	1355	25	3607	30	389	32	5392	28.8
5 Very overweight	258	5	707	6	112	9	1089	5.8
Valid responses =	5364	29	11980	64	1206	6	18723	99.8

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

## 5) Are you trying to do any of the following about your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	1076	20	2571	22	409	34	4113	22.0
2 Stay the same weight	1167	22	2545	21	193	16	3940	21.0
3 Lose weight	1779	33	6135	51	472	39	8444	45.1
4 Gain weight	1342	25	728	6	133	11	2227	11.9
Valid responses =	5364	29	11979	64	1207	6	18724	99.8

Invalid responses include no response.

## 6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	169	3	317	3	39	3	529	2.9
1 1 to 149 Minutes	2453	46	5677	48	638	54	8850	47.7
2 150 to 299 Minutes	1175	22	2756	23	263	22	4226	22.8
3 300 or More Minutes	1533	29	3107	26	250	21	4939	26.6
Valid responses =	5330	29	11857	64	1190	6	18544	98.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	245.34	150.00	366.25	0	5040
Cis Women	245.94	140.00	397.23	0	5040
Trans/Gender Non-conforming	223.40	120.00	386.09	0	5040
Overall	244.50	140.00	387.77	0	5040

## 7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	1201	23	4299	36	536	45	6096	33.0
1 1 to 74 Minutes	1539	29	3605	31	403	34	5607	30.3
2 75 to 149 Minutes	686	13	1419	12	111	9	2231	12.1
3 150 or More Minutes	1899	36	2498	21	135	11	4562	24.7
Valid responses =	5325	29	11821	64	1185	6	18496	98.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	167.67	60.00	255.83	0	3000
Cis Women	105.70	30.00	208.64	0	3000
Trans/Gender Non-conforming	61.82	10.00	135.43	0	1500
Overall	120.64	40.00	221.63	0	3000

## 8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	1611	30	5443	46	727	60	7866	42.1
1 1 day	545	10	1502	13	146	12	2213	11.8
2 2 days	698	13	1661	14	130	11	2510	13.4
3 3 days	759	14	1461	12	98	8	2332	12.5
4 4 days	567	11	793	7	41	3	1415	7.6
5 5 days	643	12	665	6	37	3	1352	7.2
6 6 days	345	6	265	2	9	1	622	3.3
7 7 days	201	4	174	2	15	1	394	2.1
Valid responses =	5369	29	11964	64	1203	6	18704	99.7

Invalid responses include no response.



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FREQUENCY REPORT

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9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?

One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.

If you do not drink sugar-sweetened beverages, please enter 0.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	1555	29	2696	23	227	19	4521	24.4
2 1 serving	995	19	2587	22	292	24	3913	21.1
3 2 servings	828	16	2036	17	203	17	3094	16.7
4 3 servings	511	10	1233	10	130	11	1889	10.2
5 4 servings	308	6	712	6	73	6	1101	5.9
6 5 servings	269	5	593	5	58	5	924	5.0
7 6 servings	120	2	344	3	35	3	506	2.7
8 7 servings	149	3	481	4	36	3	673	3.6
9 8 servings	98	2	211	2	10	1	324	1.7
10 9 or more servings	487	9	982	8	132	11	1611	8.7
Valid responses =	5320	29	11875	64	1196	6	18556	98.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.12	2.00	4.65	0	30
Cis Women	3.28	2.00	4.73	0	30
Trans/Gender Non-conforming	3.58	2.00	5.04	0	30
Overall	3.25	2.00	4.73	0	30

9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?

(for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	3438	65	7802	66	779	66	12131	65.8
2 1-2 days	647	12	1478	13	113	10	2255	12.2
3 3-4 days	349	7	706	6	83	7	1150	6.2
4 5-10 days	416	8	1018	9	106	9	1550	8.4
5 11-15 days	126	2	267	2	43	4	439	2.4
6 16-20 days	119	2	198	2	20	2	340	1.8
7 21-25 days	77	2	132	1	8	1	220	1.2
8 26-30 days	124	2	201	2	28	2	356	1.9
Valid responses =	5296	29	11802	64	1180	6	18441	98.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.75	0.00	6.28	0	30
Cis Women	2.41	0.00	5.68	0	30
Trans/Gender Non-conforming	2.71	0.00	6.09	0	30
Overall	2.52	0.00	5.89	0	30

10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	1132	21	2043	17	307	26	3518	18.8
2 1-2 servings per day	3339	62	8102	68	769	64	12316	65.9
3 3-4 servings per day	756	14	1594	13	115	10	2488	13.3
4 5-6 servings per day	93	2	167	1	11	1	275	1.5
5 More than 6 servings per day	36	1	53	0	2	0	92	0.5
Valid responses =	5356	29	11959	64	1204	6	18689	99.6

Invalid responses include no response.

11) In the last 7 days, how many servings of vegetables did you eat on average per day?

One serving is 1/2 cup of fresh, frozen, or canned vegetables; 3/4 cup 100% vegetable juice; or 1 cup salad greens)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	824	15	1494	13	197	16	2537	13.6
2 1-2 servings per day	3174	59	7368	62	721	60	11375	60.9
3 3-4 servings per day	1135	21	2672	22	256	21	4093	21.9
4 5-6 servings per day	174	3	347	3	28	2	552	3.0
5 More than 6 servings per day	55	1	78	1	1	0	136	0.7
Valid responses =	5362	29	11959	64	1203	6	18693	99.7

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

The food that I bought just didn't last, and I didn't have money to get more

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	3164	59	5888	49	543	45	9685	52.0
1 Sometimes True	1718	32	4448	37	477	40	6712	36.0
2 Often True	456	9	1584	13	185	15	2235	12.0
Valid responses =	5338	29	11920	64	1205	6	18632	99.3

Invalid responses include no response.

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

I couldn't afford to eat balanced meals.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	3240	61	6046	51	520	43	9899	53.2
1 Sometimes True	1428	27	3902	33	400	33	5733	31.0
2 Often True	662	12	1957	16	284	24	2936	15.8
Valid responses =	5330	29	11905	64	1204	6	18608	99.2

Invalid responses include no response.

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3503	65	7073	59	636	53	11315	60.5
1 Only 1 or 2 days	785	15	1912	16	215	18	2933	15.7
2 Yes, some days, but not every day	812	15	2272	19	246	20	3365	18.0
3 Yes, almost every day	264	5	711	6	110	9	1096	5.9
Valid responses =	5364	29	11968	64	1207	6	18709	99.8

Invalid responses include no response.

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	4044	75	8339	70	745	62	13254	70.9
1 Yes	1320	25	3630	30	460	38	5453	29.1
Valid responses =	5364	29	11969	64	1205	6	18707	99.7

Invalid responses include no response.

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	4314	80	8980	75	817	68	14236	76.1
1 Yes	1053	20	2988	25	389	32	4475	23.9
Valid responses =	5367	29	11968	64	1206	6	18711	99.8

Invalid responses include no response.

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	609	11	1065	9	79	7	1766	9.4
2 5-15 minutes	1932	36	3813	32	333	28	6121	32.7
3 16-30 minutes	1457	27	3455	29	333	28	5298	28.3
4 31 minutes - 1 hour	920	17	2346	20	286	24	3588	19.2
5 over 1 hour	448	8	1297	11	176	15	1945	10.4
Valid responses =	5366	29	11976	64	1207	6	18718	99.8

Invalid responses include no response.

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	61	1	169	1	23	2	260	1.4
2 4 hours	167	3	442	4	63	5	679	3.6
3 5 hours	660	12	1606	13	162	13	2453	13.1
4 6 hours	1539	29	3209	27	337	28	5125	27.4
5 7 hours	1848	34	3754	31	378	31	6036	32.2
6 8 hours	899	17	2123	18	180	15	3228	17.2
7 9 hours	152	3	504	4	49	4	715	3.8
8 10 or more hours	40	1	173	1	17	1	231	1.2
Valid responses =	5366	29	11980	64	1209	6	18727	99.9

Invalid responses include no response.



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15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	44	1	115	1	16	1	178	1.0
2 4 hours	93	2	285	2	33	3	414	2.2
3 5 hours	282	5	730	6	66	6	1084	5.8
4 6 hours	636	12	1625	14	143	12	2422	12.9
5 7 hours	1109	21	2368	20	214	18	3725	19.9
6 8 hours	1623	30	3497	29	302	25	5470	29.2
7 9 hours	1084	20	2242	19	282	23	3646	19.5
8 10 or more hours	491	9	1111	9	152	13	1776	9.5
Valid responses =	5362	29	11973	64	1208	6	18715	99.8

Invalid responses include no response.

16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	2960	55	5444	46	540	45	9024	48.2
2 1 day	1029	19	2336	20	231	19	3626	19.4
3 2 days	621	12	1838	15	174	14	2662	14.2
4 3 days	310	6	1031	9	99	8	1449	7.7
5 4 days	159	3	483	4	66	6	714	3.8
6 5 days	136	3	405	3	46	4	595	3.2
7 6 days	38	1	125	1	17	1	181	1.0
8 7 days	106	2	310	3	33	3	457	2.4
Valid responses =	5359	29	11972	64	1206	6	18708	99.7

Invalid responses include no response.

16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	303	6	242	2	24	2	582	3.1
2 1 day	492	9	549	5	49	4	1100	5.9
3 2 days	1023	19	1410	12	89	7	2537	13.6
4 3 days	942	18	1899	16	163	14	3028	16.2
5 4 days	720	13	1767	15	153	13	2659	14.2
6 5 days	693	13	1855	16	168	14	2734	14.6
7 6 days	279	5	955	8	101	8	1349	7.2
8 7 days	909	17	3302	28	461	38	4730	25.3
Valid responses =	5361	29	11979	64	1208	6	18719	99.8

Invalid responses include no response.

16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	1871	35	3401	28	275	23	5592	29.9
2 1 day	1308	24	2708	23	226	19	4275	22.9
3 2 days	757	14	1852	16	194	16	2829	15.1
4 3 days	431	8	1131	10	141	12	1724	9.2
5 4 days	249	5	767	6	98	8	1125	6.0
6 5 days	248	5	741	6	86	7	1081	5.8
7 6 days	128	2	392	3	57	5	585	3.1
8 7 days	368	7	974	8	130	11	1492	8.0
Valid responses =	5360	29	11966	64	1207	6	18703	99.7

Invalid responses include no response.

16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	774	14	2387	20	294	24	3498	18.7
2 1 day	911	17	2557	21	258	21	3760	20.1
3 2 days	1098	21	2521	21	249	21	3892	20.8
4 3 days	793	15	1665	14	134	11	2609	13.9
5 4 days	617	12	1134	10	100	8	1870	10.0
6 5 days	578	11	946	8	81	7	1619	8.7
7 6 days	347	7	433	4	52	4	840	4.5
8 7 days	247	5	326	3	38	3	623	3.3
Valid responses =	5365	29	11969	64	1206	6	18711	99.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2023

American College Health Association

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(410) 859-1500

[www.acha.org](http://www.acha.org)

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

UNDERGRADUATE STUDENTS

16E) On how many of the last 7 days did you: Take a nap?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	2087	39	4166	35	442	37	6764	36.1
2 1 day	1073	20	2207	18	215	18	3520	18.8
3 2 days	879	16	1990	17	192	16	3088	16.5
4 3 days	545	10	1345	11	142	12	2049	10.9
5 4 days	293	6	782	7	81	7	1170	6.3
6 5 days	209	4	618	5	54	5	887	4.7
7 6 days	106	2	320	3	25	2	456	2.4
8 7 days	168	3	547	5	57	5	780	4.2
Valid responses =	5360	29	11975	64	1208	6	18714	99.8

Invalid responses include no response.

16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	622	19	1167	15	101	13	1912	16.1
2 Between 30 and 59 minutes	1540	47	3387	44	292	38	5254	44.2
3 Between 60 and 119 minutes	856	26	2361	30	261	34	3503	29.4
4 2 hours or more	243	8	862	11	107	14	1230	10.3
Valid responses =	3261	27	7777	65	761	6	11899	63.4

Invalid responses include no response.

17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	3203	60	8332	70	883	74	12528	67.2
2 Never	1037	19	1574	13	110	9	2742	14.7
3 Rarely	263	5	497	4	42	4	806	4.3
4 Sometimes	191	4	335	3	38	3	569	3.1
5 Most of the time	192	4	379	3	32	3	610	3.3
6 Always	456	9	827	7	93	8	1397	7.5
Valid responses =	5342	29	11944	64	1198	6	18652	99.5

Invalid responses include no response.

17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	4522	85	10611	89	1120	93	16404	88.1
2 Never	405	8	591	5	27	2	1029	5.5
3 Rarely	48	1	71	1	6	1	125	0.7
4 Sometimes	51	1	83	1	6	1	141	0.8
5 Most of the time	69	1	78	1	8	1	157	0.8
6 Always	237	4	498	4	32	3	774	4.2
Valid responses =	5332	29	11932	64	1199	6	18630	99.3

Invalid responses include no response.

17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	4502	84	10718	90	1062	89	16426	88.2
2 Never	615	12	794	7	87	7	1507	8.1
3 Rarely	60	1	114	1	14	1	189	1.0
4 Sometimes	43	1	80	1	11	1	136	0.7
5 Most of the time	32	1	62	1	9	1	105	0.6
6 Always	83	2	159	1	16	1	265	1.4
Valid responses =	5335	29	11927	64	1199	6	18628	99.3

Invalid responses include no response.

18A) When, if ever, was the last time you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	348	7	934	8	161	13	1463	7.8
2 Within the last 2 weeks	3664	68	8161	68	669	55	12588	67.3
3 More than 2 weeks but within 30 days	349	7	704	6	65	5	1126	6.0
4 More than 30 days but within 3 months	532	10	1103	9	135	11	1791	9.6
5 More than 3 months but within 12 months	372	7	816	7	120	10	1327	7.1
6 More than 12 months ago	101	2	254	2	59	5	422	2.3
Valid responses =	5366	29	11972	64	1209	6	18717	99.8

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	24	1	64	1	6	1	94	0.8
1 1 to 4 Days	1091	30	2105	26	203	31	3427	27.3
2 5 to 10 Days	1038	28	2630	32	204	31	3902	31.1
3 11 to 14 Days	1498	41	3324	41	252	38	5109	40.8
Valid responses =	3651	29	8123	65	665	5	12532	66.8
Invalid responses include no response.								
	Mean	Median	Std Dev	Min	Max			
Cis Men	8.40	8.00	4.82	0	14			
Cis Women	8.56	9.00	4.68	0	14			
Trans/Gender Non-conforming	8.16	8.00	4.77	0	14			
Overall	8.49	9.00	4.73	0	14			

18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	1674	46	3586	44	353	53	5671	45.4
1 1 to 4 Days	990	27	2243	28	168	25	3417	27.3
2 5 to 10 Days	441	12	1182	15	88	13	1720	13.8
3 11 to 14 Days	540	15	1091	14	53	8	1694	13.5
Valid responses =	3645	29	8102	65	662	5	12502	66.7
Invalid responses include no response.								
	Mean	Median	Std Dev	Min	Max			
Cis Men	3.44	1.00	4.87	0	14			
Cis Women	3.48	1.00	4.75	0	14			
Trans/Gender Non-conforming	2.67	0.00	4.21	0	14			
Overall	3.42	1.00	4.76	0	14			

18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle? (only includes students that drove in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	4416	90	9515	88	832	84	14886	88.6
2 One accident	433	9	1111	10	132	13	1692	10.1
3 Two accidents	49	1	132	1	21	2	203	1.2
4 Three or more accidents	10	0	15	0	2	0	28	0.2
Valid responses =	4908	29	10773	64	987	6	16809	89.6
Invalid responses include no response.								

19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner called me names, insulted me, or put me down to make me feel bad.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4901	92	10704	90	1090	91	16850	90.6
2 Yes	424	8	1206	10	102	9	1745	9.4
Valid responses =	5325	29	11910	64	1192	6	18595	99.1
Invalid responses include no response.								

19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5038	95	11132	94	1125	94	17451	93.9
2 Yes	286	5	764	6	67	6	1129	6.1
Valid responses =	5324	29	11896	64	1192	6	18580	99.1
Invalid responses include no response.								

19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5167	97	11534	97	1150	97	18010	97.0
2 Yes	151	3	347	3	42	4	549	3.0
Valid responses =	5318	29	11881	64	1192	6	18559	99.0
Invalid responses include no response.								



# AMERICAN COLLEGE HEALTH ASSOCIATION

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## UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5252	99	11669	98	1162	97	18247	98.2
2 Yes	67	1	239	2	31	3	341	1.8
Valid responses =	5319	29	11908	64	1193	6	18588	99.1

Invalid responses include no response.

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5229	98	11504	97	1140	96	18033	97.1
2 Yes	90	2	395	3	51	4	544	2.9
Valid responses =	5319	29	11899	64	1191	6	18577	99.1

Invalid responses include no response.

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was in a physical fight.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5141	96	11788	99	1166	97	18259	97.8
2 Yes	208	4	161	1	38	3	411	2.2
Valid responses =	5349	29	11949	64	1204	6	18670	99.5

Invalid responses include no response.

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was physically assaulted (do not include sexual assault).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5236	98	11709	98	1160	96	18271	97.9
2 Yes	117	2	238	2	44	4	401	2.1
Valid responses =	5353	29	11947	64	1204	6	18672	99.6

Invalid responses include no response.

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was verbally threatened.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4669	88	10863	91	993	83	16668	89.5
2 Yes	664	13	1057	9	208	17	1951	10.5
Valid responses =	5333	29	11920	64	1201	6	18619	99.3

Invalid responses include no response.

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually touched without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5179	97	11113	93	1107	92	17554	94.3
2 Yes	160	3	792	7	94	8	1058	5.7
Valid responses =	5339	29	11905	64	1201	6	18612	99.2

Invalid responses include no response.

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5282	99	11665	98	1168	97	18278	98.0
2 Yes	58	1	268	2	36	3	366	2.0
Valid responses =	5340	29	11933	64	1204	6	18644	99.4

Invalid responses include no response.

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5302	99	11742	98	1165	97	18373	98.5
2 Yes	48	1	197	2	40	3	289	1.5
Valid responses =	5350	29	11939	64	1205	6	18662	99.5

Invalid responses include no response.



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**20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.**

**I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5234	98	11357	95	1114	92	17856	95.7
2 Yes	118	2	581	5	91	8	806	4.3
Valid responses =	5352	29	11938	64	1205	6	18662	99.5

Invalid responses include no response.

**R21A) How safe do you feel: On my campus (daytime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	34	1	42	0	10	1	88	0.5
2 Somewhat unsafe	47	1	133	1	31	3	213	1.1
3 Somewhat safe	567	11	1974	17	243	20	2813	15.0
4 Very safe	4644	87	9679	81	911	75	15368	82.1
5 Does not apply	70	1	148	1	13	1	233	1.2
Valid responses =	5362	29	11976	64	1208	6	18715	99.8

Invalid responses include no response.

**R21B) How safe do you feel: On my campus (nighttime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	60	1	389	3	54	5	509	2.7
2 Somewhat unsafe	312	6	2357	20	296	25	2994	16.0
3 Somewhat safe	1886	35	5788	48	546	45	8294	44.4
4 Very safe	2763	52	2669	22	244	20	5724	30.6
5 Does not apply	334	6	763	6	68	6	1177	6.3
Valid responses =	5355	29	11966	64	1208	6	18698	99.7

Invalid responses include no response.

**R21C) How safe do you feel: In the community surrounding my campus (daytime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	59	1	149	1	27	2	240	1.3
2 Somewhat unsafe	381	7	1252	11	155	13	1805	9.7
3 Somewhat safe	2059	38	5360	45	570	47	8053	43.1
4 Very safe	2625	49	4803	40	395	33	7900	42.2
5 Does not apply	233	4	405	3	59	5	704	3.8
Valid responses =	5357	29	11969	64	1206	6	18702	99.7

Invalid responses include no response.

**R21D) How safe do you feel: In the community surrounding my campus (nighttime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	406	8	1813	15	226	19	2468	13.2
2 Somewhat unsafe	1333	25	4254	36	466	39	6118	32.7
3 Somewhat safe	1854	35	3801	32	332	28	6027	32.2
4 Very safe	1328	25	1202	10	88	7	2646	14.1
5 Does not apply	440	8	901	8	95	8	1451	7.8
Valid responses =	5361	29	11971	64	1207	6	18710	99.8

Invalid responses include no response.

**22A1) In your life, which of the following substances have you ever used?**

**For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.**

**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3888	73	8852	74	885	73	13763	73.7
3 Yes	1462	27	3107	26	321	27	4919	26.3
Valid responses =	5350	29	11959	64	1206	6	18682	99.6

Invalid responses include no response.



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American College Health Association

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Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2184	41	4411	37	445	37	7118	38.2
3 Yes	3161	59	7525	63	760	63	11534	61.8
Valid responses =	5345	29	11936	64	1205	6	18652	99.5

Invalid responses include no response.

22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3661	69	8045	67	664	55	12489	66.9
3 Yes	1685	32	3898	33	538	45	6170	33.1
Valid responses =	5346	29	11943	64	1202	6	18659	99.5

Invalid responses include no response.

22A4) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5097	96	11488	97	1153	97	17898	96.9
3 Yes	190	4	335	3	40	3	570	3.1
Valid responses =	5287	29	11823	64	1193	6	18468	98.5

Invalid responses include no response.

22A5) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5032	94	11402	96	1145	95	17735	95.2
3 Yes	307	6	515	4	58	5	892	4.8
Valid responses =	5339	29	11917	64	1203	6	18627	99.3

Invalid responses include no response.

22A6) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5275	99	11848	100	1188	99	18476	99.3
3 Yes	52	1	57	1	17	1	128	0.7
Valid responses =	5327	29	11905	64	1205	6	18604	99.2

Invalid responses include no response.

22A7) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5131	96	11646	98	1149	96	18084	97.3
3 Yes	194	4	257	2	53	4	511	2.7
Valid responses =	5325	29	11903	64	1202	6	18595	99.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

22A8) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5159	97	11576	97	1153	96	18046	96.8
3 Yes	186	4	348	3	51	4	594	3.2
Valid responses =	5345	29	11924	64	1204	6	18640	99.4

Invalid responses include no response.

22A9) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	4884	91	11339	95	1061	88	17441	93.4
3 Yes	460	9	609	5	143	12	1223	6.6
Valid responses =	5344	29	11948	64	1204	6	18664	99.5

Invalid responses include no response.

22A10) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5274	99	11778	100	1183	99	18397	99.5
3 Yes	39	1	42	0	12	1	94	0.5
Valid responses =	5313	29	11820	64	1195	6	18491	98.6

Invalid responses include no response.

22A11) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5196	97	11749	98	1169	97	18274	97.9
3 Yes	151	3	200	2	35	3	394	2.1
Valid responses =	5347	29	11949	64	1204	6	18668	99.5

Invalid responses include no response.

22A12) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3732	98	7657	99	791	99	12298	98.9
3 Yes	63	2	63	1	12	2	139	1.1
Valid responses =	3795	31	7720	62	803	6	12437	66.3

Invalid responses include no response.

22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	407	28	854	28	106	33	1377	28.0
2 Once or twice	432	30	871	28	82	26	1395	28.4
3 Monthly	130	9	268	9	27	8	426	8.7
4 Weekly	167	11	287	9	31	10	489	9.9
6 Daily or almost daily	326	22	825	27	74	23	1229	25.0
Valid responses =	1462	30	3105	63	320	7	4916	26.2

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

**22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	296	9	525	7	113	15	945	8.2
2 Once or twice	905	29	2476	33	285	38	3700	32.1
3 Monthly	689	22	1837	25	161	21	2710	23.5
4 Weekly	1186	38	2573	34	184	24	3960	34.4
6 Daily or almost daily	85	3	101	1	15	2	203	1.8
Valid responses =	3161	27	7512	65	758	7	11518	61.4

Invalid responses include no response.

**22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	535	32	1179	30	116	22	1843	29.9
2 Once or twice	462	28	1188	31	155	29	1821	29.6
3 Monthly	217	13	521	13	86	16	827	13.4
4 Weekly	258	15	545	14	91	17	899	14.6
6 Daily or almost daily	209	12	456	12	90	17	767	12.5
Valid responses =	1681	27	3889	63	538	9	6157	32.8

Invalid responses include no response.

**22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	129	68	226	68	28	72	387	68.0
2 Once or twice	37	20	72	22	7	18	116	20.4
3 Monthly	12	6	25	8	1	3	38	6.7
4 Weekly	7	4	7	2	2	5	16	2.8
6 Daily or almost daily	5	3	5	2	1	3	12	2.1
Valid responses =	190	33	335	59	39	7	569	3.0

Invalid responses include no response.

**22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	202	66	309	60	37	65	556	62.4
2 Once or twice	59	19	104	20	9	16	172	19.3
3 Monthly	13	4	46	9	4	7	64	7.2
4 Weekly	14	5	16	3	5	9	35	3.9
6 Daily or almost daily	19	6	40	8	2	4	64	7.2
Valid responses =	307	34	515	58	57	6	891	4.8

Invalid responses include no response.

**22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	35	67	47	83	11	65	94	73.4
2 Once or twice	7	14	2	4	0	0	9	7.0
3 Monthly	5	10	2	4	3	18	10	7.8
4 Weekly	2	4	5	9	2	12	9	7.0
6 Daily or almost daily	3	6	1	2	1	6	6	4.7
Valid responses =	52	41	57	45	17	13	128	0.7

Invalid responses include no response.

**22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	134	70	145	56	31	59	316	62.1
2 Once or twice	40	21	79	31	10	19	129	25.3
3 Monthly	8	4	29	11	6	11	43	8.4
4 Weekly	6	3	3	1	5	9	14	2.8
6 Daily or almost daily	4	2	1	0	1	2	7	1.4
Valid responses =	192	38	257	50	53	10	509	2.7

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

## UNDERGRADUATE STUDENTS

**22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	118	63	213	61	31	61	369	62.1
2 Once or twice	33	18	83	24	8	16	125	21.0
3 Monthly	9	5	20	6	3	6	32	5.4
4 Weekly	16	9	17	5	6	12	39	6.6
6 Daily or almost daily	10	5	15	4	3	6	29	4.9
Valid responses =	186	31	348	59	51	9	594	3.2

Invalid responses include no response.

**22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	264	57	362	59	77	54	712	58.2
2 Once or twice	158	34	215	35	53	37	427	34.9
3 Monthly	25	5	25	4	9	6	59	4.8
4 Weekly	9	2	6	1	2	1	17	1.4
6 Daily or almost daily	4	1	1	0	2	1	8	0.7
Valid responses =	460	38	609	50	143	12	1223	6.5

Invalid responses include no response.

**22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	21	55	28	68	6	50	55	59.8
2 Once or twice	4	11	2	5	2	17	8	8.7
3 Monthly	5	13	6	15	2	17	13	14.1
4 Weekly	5	13	2	5	2	17	9	9.8
6 Daily or almost daily	3	8	3	7	0	0	7	7.6
Valid responses =	38	41	41	45	12	13	92	0.5

Invalid responses include no response.

**22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	113	75	148	74	21	60	289	73.4
2 Once or twice	17	11	35	18	8	23	60	15.2
3 Monthly	7	5	12	6	4	11	23	5.8
4 Weekly	8	5	3	2	1	3	12	3.0
6 Daily or almost daily	6	4	2	1	1	3	10	2.5
Valid responses =	151	38	200	51	35	9	394	2.1

Invalid responses include no response.

**22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	19	33	15	25	4	33	38	29.2
2 Once or twice	10	18	9	15	1	8	20	15.4
3 Monthly	3	5	5	8	3	25	11	8.5
4 Weekly	9	16	8	13	2	17	19	14.6
6 Daily or almost daily	16	28	23	38	2	17	42	32.3
Valid responses =	57	44	60	46	12	9	130	0.7

Invalid responses include no response.

**22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	59	61	101	59	11	65	172	59.9
1 Yes	30	31	63	37	4	24	99	34.5
99 Don't know	8	8	6	4	2	12	16	5.6
Valid responses =	97	34	170	59	17	6	287	1.5

Invalid responses include no response.



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**22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:**

**(only includes students who were prescribed this substance)**

**Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	23	77	49	78	2	50	76	76.8
1 Yes	6	20	14	22	1	25	21	21.2
99 Don't know	1	3	0	0	1	25	2	2.0
Valid responses =	30	30	63	64	4	4	99	0.5

Invalid responses include no response.

**22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:**

**(only includes students who were prescribed this substance)**

**Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	25	83	48	76	2	50	77	77.8
1 Yes	4	13	14	22	0	0	18	18.2
99 Don't know	1	3	1	2	2	50	4	4.0
Valid responses =	30	30	63	64	4	4	99	0.5

Invalid responses include no response.

**22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	45	67	76	56	11	55	132	58.9
1 Yes	17	25	49	36	7	35	74	33.0
99 Don't know	5	8	10	7	2	10	18	8.0
Valid responses =	67	30	135	60	20	9	224	1.2

Invalid responses include no response.

**22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:**

**(only includes students who were prescribed this substance)**

**Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	14	82	31	63	5	71	50	67.6
1 Yes	2	12	16	33	2	29	20	27.0
99 Don't know	1	6	2	4	0	0	4	5.4
Valid responses =	17	23	49	66	7	9	74	0.4

Invalid responses include no response.

**22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:**

**(only includes students who were prescribed this substance)**

**Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	14	82	38	78	5	71	57	77.0
1 Yes	1	6	10	20	2	29	13	17.6
99 Don't know	2	12	1	2	0	0	4	5.4
Valid responses =	17	23	49	66	7	9	74	0.4

Invalid responses include no response.

**22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	18	50	19	37	6	43	44	43.1
1 Yes	13	36	26	51	3	21	42	41.2
99 Don't know	5	14	6	12	5	36	16	15.7
Valid responses =	36	35	51	50	14	14	102	0.5

Invalid responses include no response.

**22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)**

**Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9	69	14	58	3	100	26	65.0
1 Yes	4	31	8	33	0	0	12	30.0
99 Don't know	0	0	2	8	0	0	2	5.0
Valid responses =	13	33	24	60	3	8	40	0.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

**22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)**

**Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	11	85	13	54	2	67	26	65.0
1 Yes	2	15	9	38	1	33	12	30.0
99 Don't know	0	0	2	8	0	0	2	5.0
Valid responses =	13	33	24	60	3	8	40	0.2

Invalid responses include no response.

**22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	418	41	670	31	62	30	1157	33.8
3 Once or twice	159	16	392	18	40	19	594	17.3
4 Monthly	60	6	122	6	13	6	196	5.7
5 Weekly	118	12	258	12	28	14	410	12.0
6 Daily or almost daily	259	26	743	34	65	31	1068	31.2
Valid responses =	1014	30	2185	64	208	6	3425	18.3

Invalid responses include no response.

**22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1425	52	3011	45	272	44	4737	46.6
3 Once or twice	616	22	1790	27	183	29	2611	25.7
4 Monthly	252	9	726	11	66	11	1054	10.4
5 Weekly	374	14	1022	15	85	14	1490	14.7
6 Daily or almost daily	79	3	170	3	19	3	270	2.7
Valid responses =	2746	27	6719	66	625	6	10162	54.2

Invalid responses include no response.

**22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	495	46	989	38	127	31	1621	39.2
3 Once or twice	211	19	616	24	106	26	944	22.8
4 Monthly	84	8	256	10	39	10	382	9.2
5 Weekly	158	15	368	14	66	16	593	14.3
6 Daily or almost daily	139	13	376	14	71	17	594	14.4
Valid responses =	1087	26	2605	63	409	10	4134	22.0

Invalid responses include no response.

**22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	25	42	59	55	4	36	88	49.2
3 Once or twice	16	27	26	24	1	9	43	24.0
4 Monthly	10	17	12	11	5	46	27	15.1
5 Weekly	8	13	8	8	1	9	18	10.1
6 Daily or almost daily	1	2	2	2	0	0	3	1.7
Valid responses =	60	34	107	60	11	6	179	1.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

**22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	65	63	117	57	6	32	190	57.1
3 Once or twice	18	17	32	16	7	37	57	17.1
4 Monthly	8	8	18	9	3	16	30	9.0
5 Weekly	7	7	16	8	2	11	25	7.5
6 Daily or almost daily	6	6	23	11	1	5	31	9.3
Valid responses =	104	31	206	62	19	6	333	1.8

Invalid responses include no response.

**22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	9	53	4	44	1	17	14	42.4
3 Once or twice	4	24	2	22	1	17	7	21.2
4 Monthly	2	12	3	33	1	17	6	18.2
5 Weekly	0	0	0	0	3	50	4	12.1
6 Daily or almost daily	2	12	0	0	0	0	2	6.1
Valid responses =	17	52	9	27	6	18	33	0.2

Invalid responses include no response.

**22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	41	71	66	60	10	46	117	60.9
3 Once or twice	9	16	30	27	3	14	42	21.9
4 Monthly	5	9	10	9	5	23	20	10.4
5 Weekly	1	2	3	3	4	18	9	4.7
6 Daily or almost daily	2	3	2	2	0	0	4	2.1
Valid responses =	58	30	111	58	22	11	192	1.0

Invalid responses include no response.

**22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	40	60	56	42	7	35	103	46.6
3 Once or twice	9	13	32	24	2	10	44	19.9
4 Monthly	9	13	17	13	3	15	29	13.1
5 Weekly	7	10	14	11	7	35	29	13.1
6 Daily or almost daily	2	3	13	10	1	5	16	7.2
Valid responses =	67	30	132	60	20	9	221	1.2

Invalid responses include no response.

**22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	103	56	123	51	37	57	264	53.4
3 Once or twice	42	23	79	33	12	19	133	26.9
4 Monthly	23	13	31	13	11	17	65	13.2
5 Weekly	12	7	9	4	4	6	26	5.3
6 Daily or almost daily	4	2	1	0	1	2	6	1.2
Valid responses =	184	37	243	49	65	13	494	2.6

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7	41	4	33	0	0	11	30.6
3 Once or twice	3	18	1	8	1	17	5	13.9
4 Monthly	4	24	6	50	1	17	11	30.6
5 Weekly	2	12	1	8	3	50	7	19.4
6 Daily or almost daily	1	6	0	0	1	17	2	5.6
Valid responses =	17	47	12	33	6	17	36	0.2

Invalid responses include no response.

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	21	55	23	44	2	14	46	43.8
3 Once or twice	5	13	13	25	6	43	24	22.9
4 Monthly	6	16	8	15	3	21	17	16.2
5 Weekly	2	5	4	8	3	21	9	8.6
6 Daily or almost daily	4	11	4	8	0	0	9	8.6
Valid responses =	38	36	52	50	14	13	105	0.6

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	12	32	14	35	1	13	27	31.4
3 Once or twice	0	0	7	18	2	25	9	10.5
4 Monthly	4	11	3	8	2	25	9	10.5
5 Weekly	7	19	3	8	2	25	12	14.0
6 Daily or almost daily	14	38	13	33	1	13	29	33.7
Valid responses =	37	43	40	47	8	9	86	0.5

Invalid responses include no response.

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	893	85	1805	80	168	79	2884	81.5
4 Once or twice	72	7	239	11	22	10	333	9.4
5 Monthly	32	3	83	4	11	5	126	3.6
6 Weekly	29	3	64	3	6	3	99	2.8
7 Daily or almost daily	29	3	60	3	7	3	97	2.7
Valid responses =	1055	30	2251	64	214	6	3539	18.9

Invalid responses include no response.

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2479	87	6058	87	580	90	9186	87.0
4 Once or twice	258	9	668	10	54	8	982	9.3
5 Monthly	72	3	143	2	6	1	224	2.1
6 Weekly	41	1	96	1	5	1	144	1.4
7 Daily or almost daily	9	0	12	0	0	0	21	0.2
Valid responses =	2859	27	6977	66	645	6	10557	56.3

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	995	87	2335	86	352	83	3713	86.3
4 Once or twice	81	7	232	9	47	11	362	8.4
5 Monthly	33	3	61	2	6	1	100	2.3
6 Weekly	23	2	51	2	13	3	90	2.1
7 Daily or almost daily	9	1	23	1	4	1	36	0.8
Valid responses =	1141	27	2702	63	422	10	4301	22.9

Invalid responses include no response.

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	40	66	86	79	7	70	133	73.5
4 Once or twice	9	15	15	14	1	10	25	13.8
5 Monthly	9	15	5	5	0	0	14	7.7
6 Weekly	2	3	3	3	1	10	6	3.3
7 Daily or almost daily	1	2	0	0	1	10	3	1.7
Valid responses =	61	34	109	60	10	6	181	1.0

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	88	85	172	84	15	75	278	83.2
4 Once or twice	7	7	16	8	2	10	25	7.5
5 Monthly	4	4	8	4	1	5	13	3.9
6 Weekly	4	4	6	3	1	5	11	3.3
7 Daily or almost daily	1	1	4	2	1	5	7	2.1
Valid responses =	104	31	206	62	20	6	334	1.8

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	11	65	6	60	1	17	18	52.9
4 Once or twice	1	6	2	20	1	17	4	11.8
5 Monthly	2	12	0	0	2	33	4	11.8
6 Weekly	1	6	1	10	1	17	3	8.8
7 Daily or almost daily	2	12	1	10	1	17	5	14.7
Valid responses =	17	50	10	29	6	18	34	0.2

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	49	85	96	86	15	68	160	82.9
4 Once or twice	0	0	9	8	2	9	11	5.7
5 Monthly	6	10	5	5	2	9	13	6.7
6 Weekly	1	2	2	2	2	9	5	2.6
7 Daily or almost daily	2	3	0	0	1	5	4	2.1
Valid responses =	58	30	112	58	22	11	193	1.0

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	60	90	112	84	13	65	186	83.8
4 Once or twice	4	6	13	10	2	10	19	8.6
5 Monthly	2	3	3	2	2	10	7	3.2
6 Weekly	0	0	5	4	2	10	7	3.2
7 Daily or almost daily	1	2	0	0	1	5	3	1.4
Valid responses =	67	30	133	60	20	9	222	1.2

Invalid responses include no response.

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	174	89	225	91	57	86	457	89.6
4 Once or twice	11	6	14	6	3	5	28	5.5
5 Monthly	6	3	6	2	1	2	13	2.5
6 Weekly	3	2	0	0	2	3	5	1.0
7 Daily or almost daily	1	1	2	1	3	5	7	1.4
Valid responses =	195	38	247	48	66	13	510	2.7

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7	41	2	15	0	0	9	24.3
4 Once or twice	2	12	5	39	2	33	9	24.3
5 Monthly	4	24	2	15	1	17	7	18.9
6 Weekly	3	18	3	23	1	17	7	18.9
7 Daily or almost daily	1	6	1	8	2	33	5	13.5
Valid responses =	17	46	13	35	6	16	37	0.2

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	26	68	38	73	9	64	73	69.5
4 Once or twice	4	11	9	17	1	7	14	13.3
5 Monthly	4	11	2	4	1	7	7	6.7
6 Weekly	3	8	3	6	1	7	7	6.7
7 Daily or almost daily	1	3	0	0	2	14	4	3.8
Valid responses =	38	36	52	50	14	13	105	0.6

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	21	57	32	71	4	50	57	62.6
4 Once or twice	6	16	4	9	1	13	11	12.1
5 Monthly	4	11	5	11	1	13	10	11.0
6 Weekly	0	0	3	7	1	13	4	4.4
7 Daily or almost daily	6	16	1	2	1	13	9	9.9
Valid responses =	37	41	45	49	8	9	91	0.5

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

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FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2547	89	6181	89	584	91	9383	88.9
5 Once or twice	225	8	655	9	48	8	930	8.8
6 Monthly	46	2	75	1	9	1	131	1.2
7 Weekly	34	1	60	1	2	0	97	0.9
8 Daily or almost daily	7	0	10	0	1	0	19	0.2
Valid responses =	2859	27	6981	66	644	6	10560	56.3

Invalid responses include no response.

22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	948	83	2321	86	346	82	3644	84.6
5 Once or twice	126	11	276	10	50	12	455	10.6
6 Monthly	28	2	50	2	11	3	89	2.1
7 Weekly	27	2	46	2	9	2	84	1.9
8 Daily or almost daily	15	1	14	1	6	1	36	0.8
Valid responses =	1144	27	2707	63	422	10	4308	23.0

Invalid responses include no response.

22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	47	78	91	84	5	46	143	79.0
5 Once or twice	3	5	9	8	1	9	13	7.2
6 Monthly	5	8	5	5	2	18	12	6.6
7 Weekly	4	7	3	3	1	9	8	4.4
8 Daily or almost daily	1	2	1	1	2	18	5	2.8
Valid responses =	60	33	109	60	11	6	181	1.0

Invalid responses include no response.

22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	96	91	184	89	14	70	297	88.7
5 Once or twice	2	2	7	3	2	10	11	3.3
6 Monthly	2	2	7	3	1	5	10	3.0
7 Weekly	2	2	6	3	2	10	10	3.0
8 Daily or almost daily	3	3	2	1	1	5	7	2.1
Valid responses =	105	31	206	61	20	6	335	1.8

Invalid responses include no response.

22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	10	59	5	50	0	0	15	44.1
5 Once or twice	0	0	1	10	0	0	1	2.9
6 Monthly	5	29	2	20	2	33	9	26.5
7 Weekly	1	6	2	20	3	50	6	17.6
8 Daily or almost daily	1	6	0	0	1	17	3	8.8
Valid responses =	17	50	10	29	6	18	34	0.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

## UNDERGRADUATE STUDENTS

22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	50	86	100	89	16	73	166	86.0
5 Once or twice	3	5	6	5	1	5	10	5.2
6 Monthly	2	3	4	4	2	9	8	4.1
7 Weekly	1	2	2	2	2	9	5	2.6
8 Daily or almost daily	2	3	0	0	1	5	4	2.1
Valid responses =	58	30	112	58	22	11	193	1.0

Invalid responses include no response.

22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	57	85	108	81	12	60	178	80.2
5 Once or twice	4	6	14	11	3	15	21	9.5
6 Monthly	3	5	4	3	1	5	8	3.6
7 Weekly	2	3	4	3	0	0	6	2.7
8 Daily or almost daily	1	2	3	2	4	20	9	4.1
Valid responses =	67	30	133	60	20	9	222	1.2

Invalid responses include no response.

22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	179	91	231	94	55	85	466	91.4
5 Once or twice	10	5	11	5	3	5	24	4.7
6 Monthly	4	2	2	1	2	3	8	1.6
7 Weekly	1	1	2	1	2	3	5	1.0
8 Daily or almost daily	2	1	1	0	3	5	7	1.4
Valid responses =	196	38	247	48	65	13	510	2.7

Invalid responses include no response.

22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	9	53	3	23	0	0	12	32.4
5 Once or twice	1	6	3	23	1	17	5	13.5
6 Monthly	2	12	3	23	2	33	7	18.9
7 Weekly	4	24	3	23	1	17	8	21.6
8 Daily or almost daily	1	6	1	8	2	33	5	13.5
Valid responses =	17	46	13	35	6	16	37	0.2

Invalid responses include no response.

22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	27	71	37	73	8	57	72	69.2
5 Once or twice	6	16	7	14	1	7	14	13.5
6 Monthly	3	8	5	10	1	7	9	8.7
7 Weekly	0	0	1	2	3	21	4	3.8
8 Daily or almost daily	2	5	1	2	1	7	5	4.8
Valid responses =	38	37	51	49	14	13	104	0.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2023

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UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?  
of you because of your use of the following substance(s)? (only includes students who have used this substance in the last 3 months)  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	23	64	35	78	4	50	62	68.9
5 Once or twice	3	8	3	7	0	0	6	6.7
6 Monthly	2	6	2	4	2	25	6	6.7
7 Weekly	3	8	3	7	1	13	7	7.8
8 Daily or almost daily	5	14	2	4	1	13	9	10.0
Valid responses =	36	40	45	50	8	9	90	0.5

Invalid responses include no response.

22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1119	77	2436	79	239	75	3817	77.7
3 Yes, not in the past 3 months	150	10	265	9	32	10	450	9.2
6 Yes, in the past 3 months	192	13	399	13	49	15	643	13.1
Valid responses =	1461	30	3100	63	320	7	4910	26.2

Invalid responses include no response.

22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2746	87	6835	91	670	89	10329	89.9
3 Yes, not in the past 3 months	206	7	348	5	47	6	605	5.3
6 Yes, in the past 3 months	201	6	311	4	37	5	554	4.8
Valid responses =	3153	27	7494	65	754	7	11488	61.3

Invalid responses include no response.

22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1407	84	3453	89	438	82	5338	86.8
3 Yes, not in the past 3 months	135	8	249	6	49	9	438	7.1
6 Yes, in the past 3 months	132	8	187	5	48	9	371	6.0
Valid responses =	1674	27	3889	63	535	9	6147	32.8

Invalid responses include no response.

22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	144	76	283	85	29	73	460	81.3
3 Yes, not in the past 3 months	28	15	37	11	5	13	71	12.5
6 Yes, in the past 3 months	17	9	12	4	6	15	35	6.2
Valid responses =	189	33	332	59	40	7	566	3.0

Invalid responses include no response.

22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	270	88	468	91	50	86	798	89.6
3 Yes, not in the past 3 months	25	8	23	5	4	7	54	6.1
6 Yes, in the past 3 months	12	4	23	5	4	7	39	4.4
Valid responses =	307	34	514	58	58	7	891	4.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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### UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

#### 22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	39	75	46	81	8	47	94	73.4
3 Yes, not in the past 3 months	10	19	11	19	6	35	28	21.9
6 Yes, in the past 3 months	3	6	0	0	3	18	6	4.7
Valid responses =	52	41	57	45	17	13	128	0.7

Invalid responses include no response.

#### 22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	172	89	231	90	44	83	453	89.0
3 Yes, not in the past 3 months	14	7	12	5	2	4	29	5.7
6 Yes, in the past 3 months	7	4	13	5	7	13	27	5.3
Valid responses =	193	38	256	50	53	10	509	2.7

Invalid responses include no response.

#### 22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	150	81	287	83	39	77	483	81.7
3 Yes, not in the past 3 months	27	15	39	11	7	14	74	12.5
6 Yes, in the past 3 months	8	4	20	6	5	10	34	5.8
Valid responses =	185	31	346	59	51	9	591	3.2

Invalid responses include no response.

#### 22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	403	88	570	94	123	87	1105	90.9
3 Yes, not in the past 3 months	37	8	22	4	10	7	70	5.8
6 Yes, in the past 3 months	19	4	13	2	8	6	41	3.4
Valid responses =	459	38	605	50	141	12	1216	6.5

Invalid responses include no response.

#### 22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	24	63	31	76	5	42	60	65.2
3 Yes, not in the past 3 months	11	29	4	10	4	33	20	21.7
6 Yes, in the past 3 months	3	8	6	15	3	25	12	13.0
Valid responses =	38	41	41	45	12	13	92	0.5

Invalid responses include no response.

#### 22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	129	85	162	81	24	69	322	81.9
3 Yes, not in the past 3 months	14	9	25	13	7	20	47	12.0
6 Yes, in the past 3 months	8	5	12	6	4	11	24	6.1
Valid responses =	151	38	199	51	35	9	393	2.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	41	71	44	75	8	67	93	72.1
3 Yes, not in the past 3 months	12	21	7	12	0	0	19	14.7
6 Yes, in the past 3 months	5	9	8	14	4	33	17	13.2
Valid responses =	58	45	59	46	12	9	129	0.7

Invalid responses include no response.

22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1089	75	2170	70	236	74	3516	71.6
3 Yes, not in the past 3 months	162	11	346	11	34	11	547	11.1
6 Yes, in the past 3 months	210	14	586	19	51	16	850	17.3
Valid responses =	1461	30	3102	63	321	7	4913	26.2

Invalid responses include no response.

22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2898	92	7007	94	701	93	10688	93.1
3 Yes, not in the past 3 months	103	3	172	2	29	4	306	2.7
6 Yes, in the past 3 months	153	5	308	4	28	4	492	4.3
Valid responses =	3154	27	7487	65	758	7	11486	61.2

Invalid responses include no response.

22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1424	85	3428	88	460	86	5353	87.0
3 Yes, not in the past 3 months	92	6	179	5	29	5	303	4.9
6 Yes, in the past 3 months	161	10	284	7	49	9	499	8.1
Valid responses =	1677	27	3891	63	538	9	6155	32.8

Invalid responses include no response.

22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	162	86	296	88	32	80	494	87.0
3 Yes, not in the past 3 months	18	10	29	9	1	3	49	8.6
6 Yes, in the past 3 months	8	4	10	3	7	18	25	4.4
Valid responses =	188	33	335	59	40	7	568	3.0

Invalid responses include no response.

22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	278	91	475	92	48	83	812	91.2
3 Yes, not in the past 3 months	20	7	22	4	5	9	48	5.4
6 Yes, in the past 3 months	8	3	17	3	5	9	30	3.4
Valid responses =	306	34	514	58	58	7	890	4.7

Invalid responses include no response.

22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	39	78	43	75	9	53	92	73.0
3 Yes, not in the past 3 months	9	18	12	21	6	35	28	22.2
6 Yes, in the past 3 months	2	4	2	4	2	12	6	4.8
Valid responses =	50	40	57	45	17	13	126	0.7

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

**2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	179	92	242	95	46	87	473	92.9
3 Yes, not in the past 3 months	11	6	5	2	2	4	19	3.7
6 Yes, in the past 3 months	4	2	8	3	5	9	17	3.3
Valid responses =	194	38	255	50	53	10	509	2.7
Invalid responses include no response.								

**2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	160	87	307	89	37	73	512	86.6
3 Yes, not in the past 3 months	17	9	23	7	7	14	48	8.1
6 Yes, in the past 3 months	7	4	17	5	7	14	31	5.2
Valid responses =	184	31	347	59	51	9	591	3.2
Invalid responses include no response.								

**2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	427	93	579	95	129	92	1145	93.9
3 Yes, not in the past 3 months	22	5	17	3	9	6	49	4.0
6 Yes, in the past 3 months	10	2	12	2	3	2	25	2.1
Valid responses =	459	38	608	50	141	12	1219	6.5
Invalid responses include no response.								

**22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	23	59	31	76	5	42	59	63.4
3 Yes, not in the past 3 months	15	39	5	12	4	33	25	26.9
6 Yes, in the past 3 months	1	3	5	12	3	25	9	9.7
Valid responses =	39	42	41	44	12	13	93	0.5
Invalid responses include no response.								

**22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	131	87	169	85	24	69	330	84.0
3 Yes, not in the past 3 months	14	9	23	12	8	23	47	12.0
6 Yes, in the past 3 months	6	4	7	4	3	9	16	4.1
Valid responses =	151	38	199	51	35	9	393	2.1
Invalid responses include no response.								

**22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	44	76	47	83	8	67	99	77.3
3 Yes, not in the past 3 months	6	10	5	9	3	25	15	11.7
6 Yes, in the past 3 months	8	14	5	9	1	8	14	10.9
Valid responses =	58	45	57	45	12	9	128	0.7
Invalid responses include no response.								



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

### UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

#### 22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3275	99	7718	100	797	99	11882	99.4
1 Yes, not in the past 3 months	16	1	22	0	7	1	45	0.4
2 Yes, in the past 3 months	10	0	10	0	4	1	25	0.2
Valid responses =	3301	28	7750	65	808	7	11952	63.7

Invalid responses include no response.

#### 22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have used drugs by injection within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	5	50	5	71	2	67	13	61.9
1 More than once per week	5	50	2	29	1	33	8	38.1
Valid responses =	10	48	7	33	3	14	21	0.1

Invalid responses include no response.

#### 23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Cigarettes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	525	52	1357	62	99	48	1991	58.2
2 Yes	483	48	830	38	108	52	1428	41.8
Valid responses =	1008	29	2187	64	207	6	3419	18.2

Invalid responses include no response.

#### 23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) E-cigarettes or other vape products (for example: Juul, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	340	33	343	15	37	17	727	20.9
2 Yes	678	67	1885	85	176	83	2751	79.1
Valid responses =	1018	29	2228	64	213	6	3478	18.5

Invalid responses include no response.

#### 23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Water pipe or hookah

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	898	93	1981	93	185	92	3079	92.6
2 Yes	73	8	156	7	16	8	246	7.4
Valid responses =	971	29	2137	64	201	6	3325	17.7

Invalid responses include no response.

#### 23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Chewing or smokeless tobacco

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	783	80	2033	95	185	93	3016	90.3
2 Yes	199	20	107	5	15	8	323	9.7
Valid responses =	982	29	2140	64	200	6	3339	17.8

Invalid responses include no response.

#### 23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Cigars or little cigars

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	657	66	2028	95	182	90	2879	85.8
2 Yes	336	34	114	5	20	10	475	14.2
Valid responses =	993	30	2142	64	202	6	3354	17.9

Invalid responses include no response.

#### 23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	610	90	1425	98	141	93	2185	95.2
2 Yes	67	10	29	2	10	7	109	4.8
Valid responses =	677	30	1454	63	151	7	2294	12.2

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3446	64	7523	63	613	51	11698	62.5
2 Within the last 2 weeks	707	13	1577	13	266	22	2575	13.8
3 More than 2 weeks but within 30 days	201	4	445	4	73	6	727	3.9
4 More than 30 days but within 3 months	224	4	554	5	76	6	865	4.6
5 More than 3 months but within 12 months	319	6	808	7	90	8	1222	6.5
6 More than 12 months ago	463	9	1062	9	89	7	1621	8.7
Valid responses =	5360	29	11969	64	1207	6	18708	99.7

Invalid responses include no response.

25A) When, if ever, was the last time you drank alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1799	34	3553	30	343	28	5764	30.8
2 Within the last 2 weeks	2150	40	5037	42	402	33	7633	40.8
3 More than 2 weeks but within 30 days	422	8	1152	10	110	9	1699	9.1
4 More than 30 days but within 3 months	407	8	940	8	138	11	1506	8.1
5 More than 3 months but within 12 months	358	7	830	7	126	10	1329	7.1
6 More than 12 months ago	220	4	454	4	87	7	770	4.1
Valid responses =	5356	29	11966	64	1206	6	18701	99.7

Invalid responses include no response.

25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1717	58	4198	59	385	59	6360	58.8
2 Yes	1260	42	2922	41	263	41	4464	41.2
Valid responses =	2977	28	7120	66	648	6	10824	57.7

Invalid responses include no response.

25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you intend to get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1633	55	4106	58	353	55	6147	56.8
2 Yes	1340	45	3007	42	294	45	4666	43.2
Valid responses =	2973	27	7113	66	647	6	10813	57.7

Invalid responses include no response.

26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	118	4	139	2	27	4	289	2.7
1 1 to 2 Drinks	1061	36	3406	48	332	52	4838	44.9
2 3 to 4 Drinks	704	24	2054	29	186	29	2959	27.5
3 5 to 6 Drinks	480	16	988	14	63	10	1540	14.3
4 7 to 8 Drinks	306	10	309	4	19	3	637	5.9
5 9 to 10 Drinks	137	5	130	2	4	1	272	2.5
6 11 or More Drinks	157	5	70	1	13	2	242	2.2
Total	2963	27	7096	66	644	6	10777	57.5

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	4.23	3.00	3.71	0	50
Cis Women	3.08	3.00	2.36	0	48
Trans/Gender Non-conforming	2.80	2.00	2.36	0	16
Overall	3.38	3.00	2.85	0	50



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27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	140	5	212	3	34	5	392	3.6
1 1 to 2 Hours	1157	39	2880	41	308	48	4379	40.7
2 3 to 4 Hours	1050	35	2581	36	209	33	3863	35.9
3 5 to 6 Hours	471	16	1120	16	74	12	1674	15.6
4 7 to 8 Hours	94	3	218	3	17	3	330	3.1
5 9 to 10 Hours	21	1	39	1	1	0	61	0.6
6 11 or More Hours	30	1	34	1	1	0	65	0.6
Total	2963	28	7084	66	644	6	10764	57.4

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.12	3.00	2.29	0	49
Cis Women	3.06	3.00	1.95	0	31
Trans/Gender Non-conforming	2.73	2.00	2.51	0	48
Overall	3.05	3.00	2.09	0	49

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	892	42	2339	47	231	58	3490	45.8
2 1 time	543	25	1364	27	101	25	2016	26.5
3 2 times	348	16	694	14	41	10	1087	14.3
4 3 times	147	7	272	5	14	4	435	5.7
5 4 times	104	5	188	4	4	1	296	3.9
6 5 times	50	2	82	2	1	0	133	1.7
7 6 times	33	2	45	1	3	1	81	1.1
8 7 times	9	0	14	0	2	1	25	0.3
9 8 times	8	0	11	0	1	0	20	0.3
10 9 times	5	0	3	0	0	0	8	0.1
11 10 or more times	9	0	12	0	2	1	23	0.3
Total	2148	28	5024	66	400	5	7614	40.6

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Did something I later regretted

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2737	82	6401	81	654	85	9866	81.6
2 Yes	591	18	1510	19	117	15	2231	18.4
Valid responses =	3328	28	7911	65	771	6	12097	64.5

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2935	88	7081	89	719	93	10819	89.3
2 Yes	395	12	850	11	52	7	1300	10.7
Valid responses =	3330	27	7931	65	771	6	12119	64.6

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2683	81	6166	78	655	85	9583	79.1
2 Yes	648	20	1764	22	114	15	2534	20.9
Valid responses =	3331	27	7930	65	769	6	12117	64.6

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Got in trouble with the police

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3286	99	7866	99	761	99	11999	99.1
2 Yes	43	1	53	1	7	1	104	0.9
Valid responses =	3329	28	7919	65	768	6	12103	64.5

Invalid responses include no response.



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29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Got in trouble with college/university authorities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3287	99	7859	99	764	99	11995	99.1
2 Yes	40	1	59	1	5	1	106	0.9
Valid responses =	3327	27	7918	65	769	6	12101	64.5

Invalid responses include no response.

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Someone had sex with me without my consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3305	99	7798	98	754	98	11941	98.6
2 Yes	22	1	127	2	19	3	171	1.4
Valid responses =	3327	27	7925	65	773	6	12112	64.6

Invalid responses include no response.

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had sex with someone without their consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3314	100	7908	100	766	99	12074	99.8
2 Yes	9	0	13	0	7	1	30	0.2
Valid responses =	3323	27	7921	65	773	6	12104	64.5

Invalid responses include no response.

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Had unprotected sex

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3004	90	7071	89	702	91	10860	89.6
2 Yes	326	10	858	11	69	9	1258	10.4
Valid responses =	3330	27	7929	65	771	6	12118	64.6

Invalid responses include no response.

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured myself

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3096	93	7360	93	723	94	11263	93.1
2 Yes	229	7	559	7	49	6	841	6.9
Valid responses =	3325	27	7919	65	772	6	12104	64.5

Invalid responses include no response.

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Physically injured another person

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3303	99	7890	100	766	99	12047	99.5
2 Yes	22	1	34	0	6	1	63	0.5
Valid responses =	3325	27	7924	65	772	6	12110	64.6

Invalid responses include no response.

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Seriously considered suicide

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3230	97	7765	98	733	95	11808	97.5
2 Yes	96	3	155	2	39	5	297	2.5
Valid responses =	3326	27	7920	65	772	6	12105	64.5

Invalid responses include no response.

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
Needed medical help

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3292	99	7830	99	765	99	11972	99.0
2 Yes	35	1	83	1	6	1	126	1.0
Valid responses =	3327	28	7913	65	771	6	12098	64.5

Invalid responses include no response.



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**30A) Within the last 30 days, did you drive after drinking any alcohol at all?**

(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1832	87	4600	92	317	90	6782	90.6
2 Yes	277	13	387	8	37	11	707	9.4
Valid responses =	2109	28	4987	67	354	5	7489	39.9
Invalid responses include no response.								

**30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance?** (only includes students who drank alcohol within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	3193	96	7717	97	754	97	11751	96.9
2 Alcohol use negatively impacted performance in class	118	4	182	2	19	3	321	2.6
3 Alcohol use delayed progress towards degree	18	1	34	0	2	0	54	0.4
Valid responses =	3329	27	7933	65	775	6	12126	64.7
Invalid responses include no response.								

**31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?**

(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	470	65	1140	73	161	75	1782	70.4
2 Yes	256	35	428	27	55	26	748	29.6
Valid responses =	726	29	1568	62	216	9	2530	13.5
Invalid responses include no response.								

**31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance?**

(only includes students who used cannabis within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	1239	90	3092	95	412	91	4779	93.0
2 Marijuana use negatively impacted performance in class	105	8	139	4	34	8	280	5.4
3 Marijuana use delayed progress towards degree	37	3	33	1	7	2	80	1.6
Valid responses =	1381	27	3264	64	453	9	5139	27.4
Invalid responses include no response.								

**32) Do you identify as a person in recovery from alcohol or other drug use?**

(only includes students who have ever drank alcohol)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3493	98	8287	99	824	96	12698	98.2
2 Yes	69	2	120	1	38	4	229	1.8
Valid responses =	3562	28	8407	65	862	7	12927	68.9
Invalid responses include no response.								

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

**33A) When, if ever, was the last time you had:**

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2603	49	5566	47	536	45	8799	47.4
2 Within the last 2 weeks	1242	23	3205	27	294	25	4770	25.7
3 More than 2 weeks but within 30 days	313	6	794	7	75	6	1187	6.4
4 More than 30 days but within 3 months	332	6	769	7	94	8	1203	6.5
5 More than 3 months but within 12 months	417	8	869	7	111	9	1406	7.6
6 More than 12 months ago	419	8	676	6	90	8	1201	6.5
Valid responses =	5326	29	11879	64	1200	6	18566	99.0
Invalid responses include no response.								

**33B) When, if ever, was the last time you had:**

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2976	56	5903	50	708	59	9688	52.2
2 Within the last 2 weeks	1168	22	3396	29	248	21	4840	26.1
3 More than 2 weeks but within 30 days	236	4	665	6	43	4	946	5.1
4 More than 30 days but within 3 months	254	5	653	6	61	5	975	5.3
5 More than 3 months but within 12 months	338	6	715	6	69	6	1132	6.1
6 More than 12 months ago	343	7	544	5	70	6	971	5.2
Valid responses =	5315	29	11876	64	1199	6	18552	98.9
Invalid responses include no response.								



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

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33C) When, if ever, was the last time you had:

Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4595	87	10513	89	992	83	16243	87.7
2 Within the last 2 weeks	151	3	199	2	33	3	384	2.1
3 More than 2 weeks but within 30 days	63	1	100	1	15	1	178	1.0
4 More than 30 days but within 3 months	92	2	155	1	30	3	278	1.5
5 More than 3 months but within 12 months	149	3	272	2	40	3	467	2.5
6 More than 12 months ago	253	5	614	5	86	7	962	5.2
Valid responses =	5303	29	11853	64	1196	6	18512	98.7

Invalid responses include no response.

34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse?

(only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	23	1	45	1	5	1	75	0.8
1 1 Partner	1696	70	4324	71	389	66	6447	70.0
2 2 Partners	288	12	795	13	92	16	1184	12.9
3 3 Partners	148	6	421	7	38	7	611	6.6
4 4 Partners	98	4	202	3	15	3	316	3.4
5 5 Partners	52	2	120	2	13	2	187	2.0
6 6 Partners	33	1	73	1	11	2	117	1.3
7 7 Partners	18	1	40	1	5	1	64	0.7
8 8 to 10 Partners	31	1	68	1	7	1	106	1.2
9 11 or More Partners	45	2	45	1	11	2	103	1.1
Valid responses =	2432	26	6133	67	586	6	9210	49.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.00	1.00	3.29	0	69
Cis Women	1.74	1.00	1.97	0	37
Trans/Gender Non-conforming	2.08	1.00	3.82	0	70
Overall	1.84	1.00	2.63	0	70

35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Women or females

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	236	10	5426	91	373	67	6060	67.7
2 Yes	2162	90	519	9	181	33	2889	32.3
Valid responses =	2398	27	5945	66	554	6	8949	47.7

Invalid responses include no response.

35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Men or males

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2072	89	357	6	190	34	2644	29.4
2 Yes	256	11	5699	94	362	66	6346	70.6
Valid responses =	2328	26	6056	67	552	6	8990	47.9

Invalid responses include no response.

35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Trans women

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2298	99	5861	99	482	89	8690	98.6
2 Yes	19	1	41	1	61	11	124	1.4
Valid responses =	2317	26	5902	67	543	6	8814	47.0

Invalid responses include no response.

35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Trans men

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2289	99	5856	100	476	88	8672	98.7
2 Yes	23	1	30	1	63	12	117	1.3
Valid responses =	2312	26	5886	67	539	6	8789	46.9

Invalid responses include no response.



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35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Genderqueer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2266	98	5812	99	405	74	8529	96.8
2 Yes	48	2	83	1	142	26	281	3.2
Valid responses =	2314	26	5895	67	547	6	8810	47.0

Invalid responses include no response.

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Person(s) with another identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2272	99	5830	99	470	89	8621	98.3
2 Yes	34	2	49	1	61	12	148	1.7
Valid responses =	2306	26	5879	67	531	6	8769	46.8

Invalid responses include no response.

36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had oral sex within the last 30 days)

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1350	87	3506	88	314	85	5200	87.6
2 Rarely	63	4	150	4	16	4	231	3.9
3 Sometimes	43	3	92	2	14	4	149	2.5
4 Most of the time	37	2	88	2	8	2	134	2.3
5 Always	58	4	148	4	17	5	224	3.8
Valid responses =	1551	26	3984	67	369	6	5938	31.7

Invalid responses include no response.

36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had vaginal intercourse within the last 30 days)

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	464	33	1486	37	102	35	2061	35.8
2 Rarely	95	7	363	9	26	9	486	8.4
3 Sometimes	140	10	426	11	34	12	604	10.5
4 Most of the time	236	17	597	15	43	15	883	15.3
5 Always	461	33	1166	29	86	30	1721	29.9
Valid responses =	1396	24	4038	70	291	5	5755	30.7

Invalid responses include no response.

36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had anal intercourse within the last 30 days)

Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	98	46	192	65	26	54	316	56.7
2 Rarely	22	10	23	8	7	15	52	9.3
3 Sometimes	30	14	18	6	6	13	54	9.7
4 Most of the time	23	11	18	6	3	6	44	7.9
5 Always	40	19	44	15	6	13	91	16.3
Valid responses =	213	38	295	53	48	9	557	3.0

Invalid responses include no response.

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?

(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	1650	83	4478	83	349	84	6517	82.8
2 No, not want prevent pregnancy	31	2	81	2	4	1	117	1.5
3 No, did not use any method	260	13	797	15	60	14	1119	14.2
4 Don't know	52	3	61	1	4	1	119	1.5
Valid responses =	1993	25	5417	69	417	5	7872	42.0

Invalid responses include no response.



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**38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control pills (monthly or extended cycle)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	945	57	2639	59	227	65	3837	58.9
1 Selected	705	43	1839	41	122	35	2680	41.1
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.

**38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control shots**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1617	98	4384	98	339	97	6379	97.9
1 Selected	33	2	94	2	10	3	138	2.1
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.

**38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control implants**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1532	93	4137	92	314	90	6021	92.4
1 Selected	118	7	341	8	35	10	496	7.6
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.

**38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Birth control patch**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1625	99	4416	99	340	97	6421	98.5
1 Selected	25	2	62	1	9	3	96	1.5
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.

**38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**The ring**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1624	98	4396	98	344	99	6404	98.3
1 Selected	26	2	82	2	5	1	113	1.7
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.

**38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Emergency contraception ("morning after pill" or "Plan B")**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1523	92	4093	91	321	92	5968	91.6
1 Selected	127	8	385	9	28	8	549	8.4
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.

**38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
**Intrauterine device (IUD)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1469	89	3931	88	308	88	5742	88.1
1 Selected	181	11	547	12	41	12	775	11.9
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.



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38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Male (external) condom

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	647	39	2058	46	134	38	2854	43.8
1 Selected	1003	61	2420	54	215	62	3663	56.2
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.

38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Female (internal) condom

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1645	100	4469	100	349	100	6503	99.8
1 Selected	5	0	9	0	0	0	14	0.2
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.

38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Diaphragm or cervical cap

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1649	100	4475	100	349	100	6513	99.9
1 Selected	1	0	3	0	0	0	4	0.1
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.

38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Contraceptive sponge

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1649	100	4476	100	349	100	6514	100.0
1 Selected	1	0	2	0	0	0	3	0.0
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.

38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Withdrawal

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1327	80	3352	75	282	81	4991	76.6
1 Selected	323	20	1126	25	67	19	1526	23.4
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.

38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Fertility awareness (for example: calendar, mucous, and basal body temperature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1573	95	4145	93	320	92	6077	93.2
1 Selected	77	5	333	7	29	8	440	6.8
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.

38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Sterilization (for example: hysterectomy, tubes tied, or vasectomy)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1631	99	4409	99	337	97	6416	98.5
1 Selected	19	1	69	2	12	3	101	1.5
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.



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FREQUENCY REPORT

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38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
Don't know

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1629	99	4469	100	348	100	6486	99.5
1 Selected	21	1	9	0	1	0	31	0.5
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.

38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)  
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)  
Other method

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1626	99	4429	99	339	97	6432	98.7
1 Selected	24	2	49	1	10	3	85	1.3
Valid responses =	1650	25	4478	69	349	5	6517	34.7

Invalid responses include no response.

39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")?  
(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1481	75	3943	73	315	75	5766	73.3
2 Yes	400	20	1366	25	89	21	1870	23.8
3 Don't know	80	4	25	1	7	2	113	1.4
4 Not applicable	22	1	80	2	8	2	112	1.4
Valid responses =	1983	25	5414	69	419	5	7861	41.9

Invalid responses include no response.

40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1947	98	5307	98	403	96	7700	97.8
2 Yes, unintentionally	13	1	56	1	7	2	76	1.0
3 Yes, intentionally	10	1	33	1	4	1	48	0.6
4 Don't know	22	1	25	1	4	1	52	0.7
Valid responses =	1992	25	5421	69	418	5	7876	42.0

Invalid responses include no response.

40B) Within the last 12 months, to what extent did your pregnancy (or a partner's pregnancy) affect your academic performance?  
(Please select the most serious outcome below) (only includes students or students with partners that have become pregnant in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Pregnancy did not affect my academics	19	83	55	63	7	64	81	66.4
2 Pregnancy negatively impacted my performance in a class	3	13	24	27	4	36	31	25.4
3 Pregnancy delayed progress towards my degree	1	4	9	10	0	0	10	8.2
Valid responses =	23	19	88	72	11	9	122	0.7

Invalid responses include no response.

41A) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I lead a purposeful and meaningful life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	159	3	173	1	46	4	390	2.1
2 Disagree	217	4	282	2	82	7	596	3.2
3 Slightly disagree	278	5	517	4	139	12	948	5.1
4 Neither agree nor disagree	625	12	1348	11	223	19	2221	11.9
5 Slightly agree	1041	19	2420	20	271	23	3756	20.1
6 Agree	1803	34	4553	38	298	25	6698	35.8
7 Strongly agree	1239	23	2670	22	148	12	4087	21.9
Valid responses =	5362	29	11963	64	1207	6	18696	99.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2023

American College Health Association

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(410) 859-1500

[www.acha.org](http://www.acha.org)

### UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

41B) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	104	2	129	1	34	3	275	1.5
2 Disagree	148	3	219	2	40	3	415	2.2
3 Slightly disagree	229	4	396	3	78	7	710	3.8
4 Neither agree nor disagree	538	10	920	8	99	8	1569	8.4
5 Slightly agree	1173	22	2409	20	266	22	3881	20.8
6 Agree	1975	37	4807	40	422	35	7262	38.8
7 Strongly agree	1193	22	3087	26	267	22	4587	24.5
Valid responses =	5360	29	11967	64	1206	6	18699	99.7

Invalid responses include no response.

41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	133	3	187	2	40	3	367	2.0
2 Disagree	213	4	409	3	95	8	731	3.9
3 Slightly disagree	354	7	788	7	146	12	1305	7.0
4 Neither agree nor disagree	547	10	1202	10	160	13	1932	10.3
5 Slightly agree	1282	24	3159	26	348	29	4826	25.8
6 Agree	1864	35	4168	35	298	25	6369	34.1
7 Strongly agree	968	18	2046	17	120	10	3161	16.9
Valid responses =	5361	29	11959	64	1207	6	18691	99.7

Invalid responses include no response.

41D) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	91	2	112	1	25	2	233	1.2
2 Disagree	122	2	149	1	39	3	319	1.7
3 Slightly disagree	181	3	276	2	52	4	517	2.8
4 Neither agree nor disagree	663	12	1117	9	173	14	1974	10.6
5 Slightly agree	1178	22	2560	21	305	25	4081	21.9
6 Agree	1948	36	4894	41	417	35	7312	39.1
7 Strongly agree	1173	22	2840	24	197	16	4241	22.7
Valid responses =	5356	29	11948	64	1208	6	18677	99.6

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	73	1	103	1	26	2	207	1.1
2 Disagree	97	2	189	2	49	4	346	1.9
3 Slightly disagree	174	3	351	3	94	8	636	3.4
4 Neither agree nor disagree	374	7	695	6	125	10	1211	6.5
5 Slightly agree	923	17	2212	19	286	24	3445	18.4
6 Agree	2129	40	5156	43	407	34	7754	41.5
7 Strongly agree	1590	30	3253	27	218	18	5091	27.2
Valid responses =	5360	29	11959	64	1205	6	18690	99.7

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	95	2	107	1	35	3	245	1.3
2 Disagree	119	2	141	1	55	5	320	1.7
3 Slightly disagree	217	4	307	3	95	8	634	3.4
4 Neither agree nor disagree	633	12	996	8	200	17	1860	9.9
5 Slightly agree	934	17	2075	17	289	24	3329	17.8
6 Agree	2005	37	5020	42	365	30	7427	39.7
7 Strongly agree	1360	25	3315	28	168	14	4880	26.1
Valid responses =	5363	29	11961	64	1207	6	18695	99.7

Invalid responses include no response.



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41G) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	174	3	223	2	78	7	489	2.6
2 Disagree	181	3	289	2	103	9	584	3.1
3 Slightly disagree	322	6	603	5	155	13	1096	5.9
4 Neither agree nor disagree	549	10	1075	9	150	12	1798	9.6
5 Slightly agree	976	18	2323	19	268	22	3598	19.2
6 Agree	1641	31	4169	35	288	24	6132	32.8
7 Strongly agree	1520	28	3279	27	163	14	4996	26.7
Valid responses =	5363	29	11961	64	1205	6	18693	99.7

Invalid responses include no response.

41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

People respect me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	108	2	117	1	41	3	277	1.5
2 Disagree	115	2	172	1	64	5	356	1.9
3 Slightly disagree	222	4	431	4	99	8	763	4.1
4 Neither agree nor disagree	809	15	1495	13	260	22	2602	13.9
5 Slightly agree	1037	19	2434	20	293	24	3800	20.3
6 Agree	1986	37	4837	40	339	28	7206	38.5
7 Strongly agree	1085	20	2473	21	111	9	3689	19.7
Valid responses =	5362	29	11959	64	1207	6	18693	99.7

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.<sup>1</sup>

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	57	1	112	1	25	2	202	1.1
1 Rarely true	123	2	401	3	87	7	624	3.3
2 Sometimes true	1080	20	2856	24	461	38	4452	23.8
3 Often true	2395	45	5588	47	447	37	8488	45.4
4 True nearly all the time	1702	32	3013	25	185	15	4930	26.4
Valid responses =	5357	29	11970	64	1205	6	18696	99.7

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.<sup>1</sup>

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	62	1	179	2	28	2	277	1.5
1 Rarely true	170	3	526	4	112	9	820	4.4
2 Sometimes true	989	19	2744	23	400	33	4189	22.4
3 Often true	2146	40	5115	43	435	36	7750	41.5
4 True nearly all the time	1988	37	3382	28	228	19	5633	30.2
Valid responses =	5355	29	11946	64	1203	6	18669	99.5

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2086	39	2361	20	195	16	4685	25.3
2 Yes	3203	61	9506	80	1004	84	13833	74.7
Valid responses =	5289	29	11867	64	1199	6	18518	98.7

Invalid responses include no response.



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44A) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel nervous?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	545	10	537	5	22	2	1116	6.0
1 A little of the time	1548	29	2226	19	138	12	3942	21.1
2 Some of the time	2121	40	4884	41	417	35	7484	40.1
3 Most of the time	826	15	2899	24	397	33	4160	22.3
4 All of the time	311	6	1411	12	229	19	1972	10.6
Valid responses =	5351	29	11957	64	1203	6	18674	99.6

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel hopeless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	2106	40	3913	33	190	16	6255	33.7
1 A little of the time	1486	28	3477	29	337	28	5332	28.7
2 Some of the time	1177	22	3138	26	403	34	4763	25.6
3 Most of the time	374	7	969	8	189	16	1555	8.4
4 All of the time	180	3	403	3	82	7	680	3.7
Valid responses =	5323	29	11900	64	1201	6	18585	99.1

Invalid responses include no response.

44C) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel restless or fidgety?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	1119	21	1595	13	57	5	2788	15.0
1 A little of the time	1390	26	2684	23	157	13	4255	22.9
2 Some of the time	1586	30	3977	33	375	31	5994	32.2
3 Most of the time	844	16	2513	21	364	30	3758	20.2
4 All of the time	387	7	1143	10	245	21	1805	9.7
Valid responses =	5326	29	11912	64	1198	6	18600	99.2

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	2664	50	4769	40	292	24	7770	41.6
1 A little of the time	1453	27	3642	31	389	32	5531	29.6
2 Some of the time	847	16	2510	21	369	31	3777	20.2
3 Most of the time	275	5	691	6	112	9	1092	5.9
4 All of the time	108	2	332	3	43	4	490	2.6
Valid responses =	5347	29	11944	64	1205	6	18660	99.5

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel that everything was an effort?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	1497	28	2423	20	75	6	4022	21.5
1 A little of the time	1527	29	3253	27	221	18	5024	26.9
2 Some of the time	1344	25	3424	29	358	30	5174	27.7
3 Most of the time	664	12	1904	16	333	28	2933	15.7
4 All of the time	319	6	949	8	219	18	1520	8.1
Valid responses =	5351	29	11953	64	1206	6	18673	99.6

Invalid responses include no response.



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44F) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel worthless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	2956	55	6112	51	354	29	9483	50.8
1 A little of the time	1146	22	2714	23	323	27	4211	22.6
2 Some of the time	732	14	1906	16	281	23	2956	15.8
3 Most of the time	308	6	765	6	144	12	1235	6.6
4 All of the time	200	4	455	4	102	9	776	4.2
Valid responses =	5342	29	11952	64	1204	6	18661	99.5

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you.

How often do you feel that you lack companionship?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	1891	35	4385	37	289	24	6614	35.4
2 Some of the time	2247	42	5338	45	566	47	8217	44.0
3 Often	1227	23	2230	19	350	29	3855	20.6
Valid responses =	5365	29	11953	64	1205	6	18686	99.6

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you.

How often do you feel left out?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	2097	39	3811	32	245	20	6191	33.1
2 Some of the time	2398	45	5848	49	576	48	8896	47.6
3 Often	871	16	2289	19	384	32	3595	19.2
Valid responses =	5366	29	11948	64	1205	6	18682	99.6

Invalid responses include no response.

45C) Indicate how often each of the statements below is descriptive of you.

How often do you feel isolated from others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	2029	38	4317	36	244	20	6629	35.5
2 Some of the time	2197	41	5143	43	524	44	7937	42.5
3 Often	1138	21	2491	21	436	36	4116	22.0
Valid responses =	5364	29	11951	64	1204	6	18682	99.6

Invalid responses include no response.

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4929	92	10513	88	812	68	16366	88.0
2 Once or twice	302	6	1102	9	279	23	1713	9.2
3 Monthly	78	2	194	2	66	6	353	1.9
4 Weekly	19	0	74	1	33	3	128	0.7
5 Daily or almost daily	9	0	26	0	11	1	47	0.3
Valid responses =	5337	29	11909	64	1201	6	18607	99.2

Invalid responses include no response.

47A1) Within the last 12 months, have you had problems or challenges with any of the following?

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2749	51	5450	46	384	32	8645	46.3
2 Yes	2608	49	6499	54	823	68	10027	53.7
Valid responses =	5357	29	11949	64	1207	6	18672	99.6

Invalid responses include no response.

47A2) Within the last 12 months, have you had problems or challenges with any of the following?

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3572	67	7668	64	681	57	12018	64.5
2 Yes	1771	33	4266	36	523	43	6622	35.5
Valid responses =	5343	29	11934	64	1204	6	18640	99.4

Invalid responses include no response.



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#### 47A3) Within the last 12 months, have you had problems or challenges with any of the following?

##### Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3233	61	5986	50	510	42	9817	52.7
2 Yes	2113	40	5946	50	694	58	8824	47.3
Valid responses =	5346	29	11932	64	1204	6	18641	99.4

Invalid responses include no response.

#### 47A4) Within the last 12 months, have you had problems or challenges with any of the following?

##### Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1413	26	2805	24	179	15	4434	23.8
2 Yes	3938	74	9125	77	1024	85	14211	76.2
Valid responses =	5351	29	11930	64	1203	6	18645	99.4

Invalid responses include no response.

#### 47A5) Within the last 12 months, have you had problems or challenges with any of the following?

##### Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4755	89	10642	89	1008	84	16535	88.8
2 Yes	585	11	1274	11	196	16	2083	11.2
Valid responses =	5340	29	11916	64	1204	6	18618	99.3

Invalid responses include no response.

#### 47A6) Within the last 12 months, have you had problems or challenges with any of the following?

##### Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3952	74	7119	60	518	43	11678	62.7
2 Yes	1390	26	4801	40	687	57	6948	37.3
Valid responses =	5342	29	11920	64	1205	6	18626	99.3

Invalid responses include no response.

#### 47A7) Within the last 12 months, have you had problems or challenges with any of the following?

##### Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3527	66	7603	64	724	60	11954	64.2
2 Yes	1811	34	4316	36	475	40	6661	35.8
Valid responses =	5338	29	11919	64	1199	6	18615	99.3

Invalid responses include no response.

#### 47A8) Within the last 12 months, have you had problems or challenges with any of the following?

##### Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4360	82	8612	72	828	69	13919	74.8
2 Yes	968	18	3298	28	372	31	4677	25.2
Valid responses =	5328	29	11910	64	1200	6	18596	99.2

Invalid responses include no response.

#### 47A9) Within the last 12 months, have you had problems or challenges with any of the following?

##### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4308	81	8988	76	789	66	14200	76.4
2 Yes	1020	19	2901	24	413	34	4377	23.6
Valid responses =	5328	29	11889	64	1202	6	18577	99.1

Invalid responses include no response.

#### 47A10) Within the last 12 months, have you had problems or challenges with any of the following?

##### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3139	59	4761	40	357	30	8323	44.7
2 Yes	2193	41	7142	60	848	70	10276	55.3
Valid responses =	5332	29	11903	64	1205	6	18599	99.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

47A11) Within the last 12 months, have you had problems or challenges with any of the following?

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3685	69	7076	60	648	54	11502	61.9
2 Yes	1645	31	4807	41	554	46	7068	38.1
Valid responses =	5330	29	11883	64	1202	6	18570	99.0

Invalid responses include no response.

47A12) Within the last 12 months, have you had problems or challenges with any of the following?

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4285	80	9126	77	932	77	14467	77.7
2 Yes	1055	20	2797	24	273	23	4158	22.3
Valid responses =	5340	29	11923	64	1205	6	18625	99.3

Invalid responses include no response.

R47A13) Within the last 12 months, have you had problems or challenges with any of the following?

I was bullied (threats, rumors, physical or verbal attacks, or being excluded from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5097	95	11150	93	1066	89	17453	93.6
2 Yes	247	5	788	7	136	11	1189	6.4
Valid responses =	5344	29	11938	64	1202	6	18642	99.4

Invalid responses include no response.

R47A14) Within the last 12 months, have you had problems or challenges with any of the following?

I was cyberbullied (technology was used to harass, threaten, embarrass, or target me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5191	97	11582	97	1121	93	18039	96.7
2 Yes	157	3	358	3	82	7	609	3.3
Valid responses =	5348	29	11940	64	1203	6	18648	99.4

Invalid responses include no response.

R47A15) Within the last 12 months, have you had problems or challenges with any of the following?

I was hazed (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation were used as a way of initiating me into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5268	99	11828	99	1183	98	18434	98.9
2 Yes	78	2	108	1	22	2	210	1.1
Valid responses =	5346	29	11936	64	1205	6	18644	99.4

Invalid responses include no response.

R47A16) Within the last 12 months, have you had problems or challenges with any of the following?

I experienced microaggression(s) directed at me (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4749	89	10126	85	723	60	15709	84.2
2 Yes	600	11	1812	15	480	40	2938	15.8
Valid responses =	5349	29	11938	64	1203	6	18647	99.4

Invalid responses include no response.

R47A17) Within the last 12 months, have you had problems or challenges with any of the following?

I was sexually harassed (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5185	97	10680	90	1011	84	17011	91.3
2 Yes	160	3	1258	11	192	16	1631	8.7
Valid responses =	5345	29	11938	64	1203	6	18642	99.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

UNDERGRADUATE STUDENTS

R47A18) Within the last 12 months, have you had problems or challenges with any of the following?

I experienced discrimination directed at me (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4943	92	10945	92	961	80	16982	91.1
2 Yes	404	8	994	8	243	20	1664	8.9
Valid responses =	5347	29	11939	64	1204	6	18646	99.4

Invalid responses include no response.

47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	32	1	47	1	4	1	85	0.9
2 Minimal Distress	401	15	681	11	84	10	1177	11.8
3 Moderate Distress	1205	46	2707	42	351	43	4298	43.0
4 High Distress	962	37	3041	47	382	47	4433	44.4
Valid responses =	2600	26	6476	65	821	8	9993	53.3

Invalid responses include no response.

47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	78	4	94	2	10	2	184	2.8
2 Minimal Distress	494	28	1055	25	148	29	1710	25.9
3 Moderate Distress	740	42	1724	41	214	41	2709	41.1
4 High Distress	455	26	1370	32	148	29	1989	30.2
Valid responses =	1767	27	4243	64	520	8	6592	35.1

Invalid responses include no response.

47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	53	3	93	2	6	1	153	1.7
2 Minimal Distress	559	27	1213	21	137	20	1924	21.9
3 Moderate Distress	874	42	2347	40	287	42	3530	40.2
4 High Distress	615	29	2260	38	260	38	3167	36.1
Valid responses =	2101	24	5913	67	690	8	8774	46.8

Invalid responses include no response.

47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	176	5	216	2	16	2	411	2.9
2 Minimal Distress	1328	34	2724	30	260	26	4348	30.8
3 Moderate Distress	1582	40	3652	40	409	40	5690	40.3
4 High Distress	832	21	2482	27	330	33	3682	26.1
Valid responses =	3918	28	9074	64	1015	7	14131	75.3

Invalid responses include no response.

47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	45	8	98	8	11	6	155	7.5
2 Minimal Distress	242	41	523	41	89	46	865	41.8
3 Moderate Distress	187	32	414	33	65	34	677	32.7
4 High Distress	110	19	230	18	28	15	373	18.0
Valid responses =	584	28	1265	61	193	9	2070	11.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UNDERGRADUATE STUDENTS

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FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	74	5	123	3	8	1	206	3.0
2 Minimal Distress	522	38	1435	30	192	28	2170	31.4
3 Moderate Distress	472	34	1857	39	260	38	2615	37.9
4 High Distress	311	23	1361	29	222	33	1916	27.7
Valid responses =	1379	20	4776	69	682	10	6907	36.8

Invalid responses include no response.

47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	104	6	152	4	13	3	270	4.1
2 Minimal Distress	584	32	1403	33	144	31	2150	32.4
3 Moderate Distress	603	33	1545	36	177	38	2347	35.4
4 High Distress	514	29	1190	28	138	29	1859	28.1
Valid responses =	1805	27	4290	65	472	7	6626	35.3

Invalid responses include no response.

47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	67	7	118	4	18	5	203	4.4
2 Minimal Distress	447	46	1325	40	155	42	1944	41.8
3 Moderate Distress	301	31	1082	33	106	29	1500	32.3
4 High Distress	150	16	751	23	91	25	1003	21.6
Valid responses =	965	21	3276	70	370	8	4650	24.8

Invalid responses include no response.

47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	80	8	167	6	19	5	269	6.2
2 Minimal Distress	530	53	1350	47	181	44	2079	47.9
3 Moderate Distress	294	29	966	34	145	35	1417	32.6
4 High Distress	105	10	397	14	66	16	577	13.3
Valid responses =	1009	23	2880	66	411	9	4342	23.2

Invalid responses include no response.

47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	102	5	143	2	22	3	267	2.6
2 Minimal Distress	1056	49	2641	37	267	32	3996	39.2
3 Moderate Distress	696	32	2661	38	331	39	3727	36.5
4 High Distress	319	15	1650	23	225	27	2215	21.7
Valid responses =	2173	21	7095	70	845	8	10205	54.4

Invalid responses include no response.

47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	98	6	224	5	28	5	353	5.0
2 Minimal Distress	603	37	1546	32	188	34	2354	33.4
3 Moderate Distress	636	39	1852	39	191	35	2705	38.4
4 High Distress	306	19	1169	24	145	26	1636	23.2
Valid responses =	1643	23	4791	68	552	8	7048	37.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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### UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

#### 47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	62	6	105	4	11	4	179	4.3
2 Minimal Distress	293	28	579	21	60	22	941	22.7
3 Moderate Distress	346	33	959	34	83	31	1400	33.8
4 High Distress	352	33	1144	41	118	43	1625	39.2
Valid responses =	1053	25	2787	67	272	7	4145	22.1

Invalid responses include no response.

#### 47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	42	17	77	10	6	4	127	10.7
2 Minimal Distress	84	34	235	30	42	31	367	30.9
3 Moderate Distress	68	28	252	32	43	32	371	31.3
4 High Distress	53	22	223	28	44	33	322	27.1
Valid responses =	247	21	787	66	135	11	1187	6.3

Invalid responses include no response.

#### 47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	33	21	40	11	8	10	82	13.5
2 Minimal Distress	45	29	106	30	24	30	179	29.5
3 Moderate Distress	44	28	102	29	24	30	175	28.8
4 High Distress	35	22	109	31	25	31	171	28.2
Valid responses =	157	26	357	59	81	13	607	3.2

Invalid responses include no response.

#### 47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	21	27	29	27	5	24	55	26.3
2 Minimal Distress	21	27	22	20	3	14	46	22.0
3 Moderate Distress	20	26	33	31	3	14	57	27.3
4 High Distress	16	21	24	22	10	48	51	24.4
Valid responses =	78	37	108	52	21	10	209	1.1

Invalid responses include no response.

#### 47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	125	21	214	12	50	10	394	13.4
2 Minimal Distress	299	50	924	51	251	52	1493	50.9
3 Moderate Distress	122	20	467	26	128	27	733	25.0
4 High Distress	53	9	203	11	50	10	312	10.6
Valid responses =	599	20	1808	62	479	16	2932	15.6

Invalid responses include no response.

#### 47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	24	15	93	7	17	9	135	8.3
2 Minimal Distress	61	38	440	35	53	28	562	34.5
3 Moderate Distress	43	27	417	33	66	35	532	32.7
4 High Distress	32	20	305	24	55	29	398	24.5
Valid responses =	160	10	1255	77	191	12	1627	8.7

Invalid responses include no response.



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### UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

**47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	62	15	91	9	18	8	172	10.4
2 Minimal Distress	183	45	422	43	95	39	709	42.8
3 Moderate Distress	100	25	311	31	70	29	489	29.5
4 High Distress	58	14	166	17	58	24	287	17.3
Valid responses =	403	24	990	60	241	15	1657	8.8

Invalid responses include no response.

**47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Career**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1146	65	2734	64	334	64	4257	64.6
2 Negatively impacted performance in a class	460	26	1156	27	149	29	1776	26.9
3 Delayed progress towards degree	158	9	356	8	37	7	558	8.5
Valid responses =	1764	27	4246	64	520	8	6591	35.1

Invalid responses include no response.

**47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Finances**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1337	64	3870	65	434	63	5683	64.6
2 Negatively impacted performance in a class	531	25	1446	24	198	29	2195	25.0
3 Delayed progress towards degree	235	11	611	10	61	9	914	10.4
Valid responses =	2103	24	5927	67	693	8	8792	46.9

Invalid responses include no response.

**47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Procrastination**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1216	31	3039	33	241	24	4523	32.0
2 Negatively impacted performance in a class	2286	58	5135	57	668	66	8172	57.7
3 Delayed progress towards degree	420	11	916	10	110	11	1459	10.3
Valid responses =	3922	28	9090	64	1019	7	14154	75.5

Invalid responses include no response.

**47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Faculty**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	246	42	581	46	85	44	926	44.8
2 Negatively impacted performance in a class	245	42	533	42	81	42	870	42.1
3 Delayed progress towards degree	89	15	149	12	29	15	270	13.1
Valid responses =	580	28	1263	61	195	9	2066	11.0

Invalid responses include no response.

**47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Family**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	947	69	3245	68	446	65	4686	68.0
2 Negatively impacted performance in a class	322	23	1240	26	193	28	1768	25.6
3 Delayed progress towards degree	107	8	283	6	43	6	441	6.4
Valid responses =	1376	20	4768	69	682	10	6895	36.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

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### UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

#### 47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1213	67	2920	68	308	65	4477	67.5
2 Negatively impacted performance in a class	487	27	1180	28	151	32	1836	27.7
3 Delayed progress towards degree	102	6	198	5	14	3	319	4.8
Valid responses =	1802	27	4298	65	473	7	6632	35.4

Invalid responses include no response.

#### 47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	743	77	2521	77	269	73	3558	76.6
2 Negatively impacted performance in a class	175	18	648	20	89	24	921	19.8
3 Delayed progress towards degree	42	4	106	3	13	4	166	3.6
Valid responses =	960	21	3275	71	371	8	4645	24.8

Invalid responses include no response.

#### 47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	777	77	2235	78	299	73	3342	77.1
2 Negatively impacted performance in a class	200	20	558	19	99	24	865	20.0
3 Delayed progress towards degree	31	3	81	3	12	3	127	2.9
Valid responses =	1008	23	2874	66	410	9	4334	23.1

Invalid responses include no response.

#### 47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1908	88	6104	86	705	84	8792	86.1
2 Negatively impacted performance in a class	219	10	851	12	121	14	1206	11.8
3 Delayed progress towards degree	51	2	143	2	17	2	213	2.1
Valid responses =	2178	21	7098	70	843	8	10211	54.4

Invalid responses include no response.

#### 47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1249	76	3458	72	389	71	5140	72.9
2 Negatively impacted performance in a class	312	19	1120	23	141	26	1585	22.5
3 Delayed progress towards degree	80	5	214	5	22	4	322	4.6
Valid responses =	1641	23	4792	68	552	8	7047	37.6

Invalid responses include no response.

#### 47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

##### Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	668	64	1552	56	142	52	2383	57.5
2 Negatively impacted performance in a class	308	29	997	36	103	38	1416	34.2
3 Delayed progress towards degree	74	7	241	9	26	10	345	8.3
Valid responses =	1050	25	2790	67	271	7	4144	22.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UNDERGRADUATE STUDENTS

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FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

**47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	168	68	487	62	85	63	751	63.4
2 Negatively impacted performance in a class	60	24	244	31	43	32	352	29.7
3 Delayed progress towards degree	18	7	53	7	8	6	81	6.8
Valid responses =	246	21	784	66	136	11	1184	6.3

Invalid responses include no response.

**47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	107	69	214	60	47	57	377	62.0
2 Negatively impacted performance in a class	34	22	115	32	27	33	178	29.3
3 Delayed progress towards degree	15	10	29	8	8	10	53	8.7
Valid responses =	156	26	358	59	82	13	608	3.2

Invalid responses include no response.

**47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	44	57	57	53	7	32	108	51.7
2 Negatively impacted performance in a class	25	33	42	39	11	50	79	37.8
3 Delayed progress towards degree	8	10	9	8	4	18	22	10.5
Valid responses =	77	37	108	52	22	11	209	1.1

Invalid responses include no response.

**47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype) Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	508	85	1476	82	402	84	2424	82.8
2 Negatively impacted performance in a class	68	11	284	16	67	14	424	14.5
3 Delayed progress towards degree	22	4	47	3	9	2	81	2.8
Valid responses =	598	20	1807	62	478	16	2929	15.6

Invalid responses include no response.

**47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	126	79	952	76	134	70	1228	75.5
2 Negatively impacted performance in a class	23	15	242	19	48	25	317	19.5
3 Delayed progress towards degree	10	6	60	5	10	5	81	5.0
Valid responses =	159	10	1254	77	192	12	1626	8.7

Invalid responses include no response.

**47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Discrimination**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	315	79	706	71	170	70	1207	72.8
2 Negatively impacted performance in a class	62	16	234	24	63	26	363	21.9
3 Delayed progress towards degree	24	6	50	5	10	4	87	5.3
Valid responses =	401	24	990	60	243	15	1657	8.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

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#### 48) Within the last 30 days, how would you rate the overall level of stress you have experienced?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	180	3	105	1	9	1	298	1.6
2 Low	1582	30	1903	16	142	12	3659	19.6
3 Moderate	2554	48	6122	51	570	47	9321	49.8
4 High	1048	20	3848	32	485	40	5436	29.0
Valid responses =	5364	29	11978	64	1206	6	18714	99.8
Invalid responses include no response.								

#### 49) Have you ever thought about or attempted to kill yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3120	58	6570	55	239	20	9990	53.5
2 Just a brief passing thought	1356	25	2910	24	309	26	4610	24.7
3 Planned at least once, but did not try to do it	438	8	1128	9	235	20	1827	9.8
4 Planned at least once, wanted to die	246	5	659	6	177	15	1102	5.9
5 Attempted, but did not want to die	100	2	297	3	82	7	483	2.6
6 Attempted, really hoped to die	99	2	395	3	162	14	672	3.6
Valid responses =	5359	29	11959	64	1204	6	18684	99.6
Invalid responses include no response.								

#### 50) How often have you thought about killing yourself in the past year?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3808	71	8126	68	464	39	12483	66.8
2 Rarely (1 time)	641	12	1551	13	194	16	2405	12.9
3 Sometimes (2 times)	427	8	1184	10	203	17	1835	9.8
4 Often (3-4 times)	207	4	533	5	140	12	889	4.8
5 Very often (5 or more times)	277	5	559	5	203	17	1064	5.7
Valid responses =	5360	29	11953	64	1204	6	18676	99.6
Invalid responses include no response.								

#### 51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4480	84	9418	79	668	55	14680	78.6
2 Yes, one time, did not want to die	480	9	1184	10	153	13	1825	9.8
3 Yes, one time, wanted to die	163	3	555	5	134	11	866	4.6
4 Yes, more than once, did not want to do it	152	3	471	4	108	9	742	4.0
5 Yes, more than once, wanted to do it	84	2	324	3	142	12	563	3.0
Valid responses =	5359	29	11952	64	1205	6	18676	99.6
Invalid responses include no response.								

#### 52) How likely is it that you will attempt suicide someday?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3670	69	8150	68	391	33	12281	65.7
1 No chance at all	723	14	1462	12	155	13	2359	12.6
2 Rather unlikely	617	12	1467	12	350	29	2480	13.3
3 Unlikely	216	4	564	5	174	15	964	5.2
4 Likely	85	2	225	2	89	7	407	2.2
5 Rather likely	23	0	48	0	28	2	105	0.6
6 Very likely	24	0	42	0	16	1	84	0.4
Valid responses =	5358	29	11958	64	1203	6	18680	99.6
Invalid responses include no response.								

#### 53) Within the last 12 months, have you attempted suicide?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5197	97	11677	98	1125	93	18154	97.5
2 Yes	147	3	240	2	79	7	475	2.5
Valid responses =	5344	29	11917	64	1204	6	18629	99.3
Invalid responses include no response.								

#### 54A) Have you ever received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3626	68	5798	48	274	23	9751	52.1
2 Yes	1732	32	6178	52	934	77	8954	47.9
Valid responses =	5358	29	11976	64	1208	6	18705	99.7
Invalid responses include no response.								



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FREQUENCY REPORT

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## 54B) Within in the last 12 months, have you received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4321	81	7723	65	482	40	12602	67.4
2 Yes	1039	19	4250	36	726	60	6103	32.6
Valid responses =	5360	29	11973	64	1208	6	18705	99.7

Invalid responses include no response.

## 55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2276	43	3222	27	212	18	5759	30.8
2 Yes	3083	58	8748	73	993	82	12939	69.2
Valid responses =	5359	29	11970	64	1205	6	18698	99.7

Invalid responses include no response.

## MH1) Have you ever been prescribed medication for a mental health condition?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4494	84	8355	70	505	42	13446	71.9
2 Yes	866	16	3612	30	701	58	5249	28.1
Valid responses =	5360	29	11967	64	1206	6	18695	99.7

Invalid responses include no response.

## MH2) When were you first prescribed medication for a mental health condition? (only students that were ever prescribed medication for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Before starting at your current college/university	636	74	2612	73	523	75	3824	73.1
2 After starting at your current college/university	226	26	991	28	176	25	1410	26.9
Valid responses =	862	16	3603	69	699	13	5234	27.9

Invalid responses include no response.

## MH3) Were you prescribed medication for a mental health condition in the last 12 months?

(only students that were ever prescribed medication for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	414	48	1449	40	254	36	2137	40.8
2 Yes	451	52	2160	60	446	64	3107	59.2
Valid responses =	865	16	3609	69	700	13	5244	28.0

Invalid responses include no response.

## MH4) Have you ever had counseling for a mental health condition?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4186	78	7237	61	373	31	11867	63.5
2 Yes	1173	22	4729	40	834	69	6828	36.5
Valid responses =	5359	29	11966	64	1207	6	18695	99.7

Invalid responses include no response.

## MH5) When did you first start counseling for a mental health condition? (only students that have ever had counseling for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Before starting at your current college/university	844	72	3466	73	651	78	5034	73.9
2 After starting at your current college/university	324	28	1254	27	180	22	1777	26.1
Valid responses =	1168	17	4720	69	831	12	6811	36.3

Invalid responses include no response.

## MH6) Have you had counseling for a mental health condition in the last 12 months? (only students that have ever had counseling for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	524	45	1661	35	238	29	2442	35.8
2 Yes	646	55	3059	65	594	71	4371	64.2
Valid responses =	1170	17	4720	69	832	12	6813	36.3

Invalid responses include no response.



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**56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3771	70	6740	56	677	56	11294	60.4
2 Yes	174	3	4982	42	422	35	5614	30.0
3 Don't know	132	3	149	1	22	2	307	1.6
4 Not applicable	1285	24	97	1	85	7	1484	7.9
Valid responses =	5362	29	11968	64	1206	6	18699	99.7

Invalid responses include no response.

**57) Have you had a dental exam and cleaning in the last 12 months?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1325	25	2669	22	343	28	4381	23.4
2 Yes	3909	73	8985	75	826	68	13834	73.9
3 Don't know	129	2	328	3	39	3	502	2.7
Valid responses =	5363	29	11982	64	1208	6	18717	99.8

Invalid responses include no response.

**58) When you are outdoors in the sun, how often do you wear sunscreen?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1087	20	900	8	169	14	2189	11.7
2 Rarely	1831	34	2237	19	321	27	4433	23.7
3 Sometimes	1477	28	3681	31	379	31	5582	29.8
4 Usually	805	15	3507	29	246	20	4595	24.5
5 Always	163	3	1659	14	94	8	1925	10.3
Valid responses =	5363	29	11984	64	1209	6	18724	99.8

Invalid responses include no response.

**59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?**

**Wear a shirt with sleeves**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1111	21	2331	20	189	16	3654	19.6
2 Rarely	1124	21	2798	23	219	18	4168	22.3
3 Sometimes	1419	27	3943	33	388	32	5808	31.1
4 Usually	1128	21	2142	18	279	23	3582	19.2
5 Always	571	11	729	6	126	11	1445	7.7
Valid responses =	5353	29	11943	64	1201	6	18657	99.5

Invalid responses include no response.

**59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?**

**Wear sunglasses**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1212	23	2069	17	330	28	3664	19.6
2 Rarely	980	18	2132	18	217	18	3353	18.0
3 Sometimes	1298	24	3255	27	276	23	4869	26.1
4 Usually	1237	23	3071	26	230	19	4560	24.4
5 Always	624	12	1422	12	148	12	2217	11.9
Valid responses =	5351	29	11949	64	1201	6	18663	99.5

Invalid responses include no response.

**59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?**

**Stay in the shade**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	307	6	516	4	38	3	875	4.7
2 Rarely	571	11	1332	11	93	8	2004	10.7
3 Sometimes	2116	40	4499	38	351	29	7012	37.6
4 Usually	2003	38	4526	38	578	48	7171	38.4
5 Always	345	7	1079	9	143	12	1595	8.5
Valid responses =	5342	29	11952	64	1203	6	18657	99.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

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### UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

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#### 59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

##### Wear a hat

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1204	23	3371	28	378	32	5013	26.9
2 Rarely	1097	21	3425	29	295	25	4851	26.1
3 Sometimes	1482	28	3593	30	327	27	5435	29.2
4 Usually	1059	20	1220	10	150	13	2450	13.2
5 Always	495	9	310	3	49	4	865	4.6
Valid responses =	5337	29	11919	64	1199	6	18614	99.2

Invalid responses include no response.

#### 60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	3496	66	5059	43	824	70	9482	51.6
1 1 time	174	3	412	4	52	4	644	3.5
2 2 times	296	6	697	6	64	5	1068	5.8
3 3 times	163	3	592	5	53	5	817	4.4
4 4 times	101	2	340	3	23	2	468	2.5
5 5 times	197	4	661	6	37	3	898	4.9
6 6 to 10 times	315	6	1362	12	74	6	1764	9.6
7 11 to 15 times	116	2	487	4	15	1	619	3.4
8 16 to 20 times	145	3	692	6	13	1	852	4.6
9 21 to 49 times	136	3	777	7	11	1	925	5.0
10 50 or More times	129	2	702	6	18	2	852	4.6
Valid responses =	5268	29	11781	64	1184	6	18389	98.0

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	5.05	0.00	19.58	0	365
Cis Women	10.27	2.00	22.3	0	365
Trans/Gender Non-conforming	3.61	0.00	19.31	0	365
Overall	8.30	0.00	21.54	0	365

#### 61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	899	17	1695	14	121	10	2741	14.7
2 Have started, but not completed HPV vaccine	138	3	453	4	60	5	660	3.5
3 Completed HPV vaccine	2343	44	6478	54	637	53	9520	51.1
4 I don't know my HPV vaccination status	1967	37	3304	28	388	32	5721	30.7
Valid responses =	5347	29	11930	64	1206	6	18642	99.4

Invalid responses include no response.

#### 62) Did you have a flu vaccine within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2539	47	5503	46	537	45	8652	46.3
2 Yes	2322	43	5546	46	572	48	8508	45.6
3 Don't know	495	9	903	8	95	8	1514	8.1
Valid responses =	5356	29	11952	64	1204	6	18674	99.6

Invalid responses include no response.

#### COVIDVAXD) Have you received at least one dose of a COVID-19 vaccine?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	715	13	1526	13	84	7	2351	12.6
2 Yes	4571	85	10282	86	1108	92	16091	86.2
3 Not sure	70	1	146	1	10	1	233	1.2
Valid responses =	5356	29	11954	64	1202	6	18675	99.6

Invalid responses include no response.

#### COVIDVAXE) Have you received a COVID-19 vaccine in the last 12 months? (only students that have received at least one dose of a COVID-19 vaccine)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2757	60	6162	60	559	51	9539	59.4
2 Yes	1409	31	3225	31	428	39	5113	31.8
3 Not sure	397	9	877	9	117	11	1408	8.8
Valid responses =	4563	28	10264	64	1104	7	16060	85.6

Invalid responses include no response.



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## COVIDINF Have you tested positive for COVID-19 within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4482	84	9801	82	928	77	15338	82.3
2 Yes	867	16	2136	18	272	23	3309	17.7
Valid responses =	5349	29	11937	64	1200	6	18647	99.4

Invalid responses include no response.

## 63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5209	98	11449	96	1151	96	17958	96.5
2 Yes	129	2	474	4	44	4	653	3.5
Valid responses =	5338	29	11923	64	1195	6	18611	99.2

Invalid responses include no response.

## 63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5282	99	11740	99	1177	99	18350	98.9
2 Yes	42	1	145	1	15	1	204	1.1
Valid responses =	5324	29	11885	64	1192	6	18554	98.9

Invalid responses include no response.

## 63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5271	100	11699	100	1176	100	18298	99.6
2 Yes	21	0	55	1	5	0	82	0.4
Valid responses =	5292	29	11754	64	1181	6	18380	98.0

Invalid responses include no response.

## 63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3937	74	7228	61	751	63	12020	64.6
2 Yes	1398	26	4678	39	447	37	6574	35.4
Valid responses =	5335	29	11906	64	1198	6	18594	99.1

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5202	98	11496	97	1153	96	18001	96.9
2 Yes	128	2	399	3	43	4	575	3.1
Valid responses =	5330	29	11895	64	1196	6	18576	99.0

Invalid responses include no response.

63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5290	100	11803	100	1179	99	18426	99.5
2 Yes	25	1	49	0	10	1	85	0.5
Valid responses =	5315	29	11852	64	1189	6	18511	98.7

Invalid responses include no response.

63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4805	90	10477	88	1066	90	16485	89.0
2 Yes	508	10	1387	12	123	10	2036	11.0
Valid responses =	5313	29	11864	64	1189	6	18521	98.8

Invalid responses include no response.

63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5283	100	11776	100	1184	100	18396	99.7
2 Yes	15	0	30	0	5	0	51	0.3
Valid responses =	5298	29	11806	64	1189	6	18447	98.4

Invalid responses include no response.

63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5238	99	11576	98	1171	99	18138	98.2
2 Yes	68	1	241	2	18	2	328	1.8
Valid responses =	5306	29	11817	64	1189	6	18466	98.5

Invalid responses include no response.

63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4938	93	10809	91	1076	90	16965	91.3
2 Yes	397	7	1097	9	119	10	1626	8.7
Valid responses =	5335	29	11906	64	1195	6	18591	99.1

Invalid responses include no response.

63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5311	100	11847	100	1184	99	18495	99.6
2 Yes	14	0	43	0	7	1	65	0.4
Valid responses =	5325	29	11890	64	1191	6	18560	99.0

Invalid responses include no response.

63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5264	99	11713	99	1172	99	18301	98.8
2 Yes	55	1	146	1	17	1	221	1.2
Valid responses =	5319	29	11859	64	1189	6	18522	98.8

Invalid responses include no response.



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#### 63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5279	100	11729	100	1180	100	18339	99.7
2 Yes	14	0	40	0	6	1	61	0.3
Valid responses =	5293	29	11769	64	1186	6	18400	98.1

Invalid responses include no response.

#### 63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5039	95	10642	90	1050	88	16862	90.8
2 Yes	290	5	1251	11	139	12	1705	9.2
Valid responses =	5329	29	11893	64	1189	6	18567	99.0

Invalid responses include no response.

#### 63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5280	99	10473	88	1065	89	16959	91.4
2 Yes	45	1	1404	12	127	11	1589	8.6
Valid responses =	5325	29	11877	64	1192	6	18548	98.9

Invalid responses include no response.

#### 63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4272	98	8920	96	898	96	14211	96.5
2 Yes	110	3	359	4	37	4	511	3.5
Valid responses =	4382	30	9279	63	935	6	14722	78.5

Invalid responses include no response.

#### 63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	79	64	219	48	20	46	319	50.6
2 Negatively impacted performance in a class	43	35	219	48	17	39	282	44.8
3 Delayed progress towards degree	1	1	20	4	7	16	29	4.6
Valid responses =	123	20	458	73	44	7	630	3.4

Invalid responses include no response.

#### 63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	37	93	117	82	9	64	164	82.8
2 Negatively impacted performance in a class	3	8	22	16	4	29	29	14.6
3 Delayed progress towards degree	0	0	3	2	1	7	5	2.5
Valid responses =	40	20	142	72	14	7	198	1.1

Invalid responses include no response.

#### 63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

##### Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	17	90	51	96	1	20	69	88.5
2 Negatively impacted performance in a class	2	11	1	2	2	40	5	6.4
3 Delayed progress towards degree	0	0	1	2	2	40	4	5.1
Valid responses =	19	24	53	68	5	6	78	0.4

Invalid responses include no response.



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#### 63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	852	61	2458	53	216	48	3522	54.2
2 Negatively impacted performance in a class	521	37	2079	45	216	48	2839	43.3
3 Delayed progress towards degree	22	2	129	3	14	3	166	2.5
Valid responses =	1395	21	4666	71	446	7	6557	35.0

Invalid responses include no response.

#### 63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	63	51	138	36	13	32	215	39.2
2 Negatively impacted performance in a class	53	43	216	57	25	61	296	53.9
3 Delayed progress towards degree	7	6	26	7	3	7	38	6.9
Valid responses =	123	22	380	69	41	7	549	2.9

Invalid responses include no response.

#### 63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	20	87	42	91	5	56	67	84.8
2 Negatively impacted performance in a class	2	9	3	7	3	33	8	10.1
3 Delayed progress towards degree	1	4	1	2	1	11	4	5.1
Valid responses =	23	29	46	58	9	11	79	0.4

Invalid responses include no response.

#### 63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	289	58	629	46	58	48	985	49.1
2 Negatively impacted performance in a class	205	41	683	50	57	47	953	47.5
3 Delayed progress towards degree	8	2	52	4	7	6	68	3.4
Valid responses =	502	25	1364	68	122	6	2006	10.7

Invalid responses include no response.

#### 63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	12	86	23	82	1	20	36	75.0
2 Negatively impacted performance in a class	2	14	4	14	2	40	8	16.7
3 Delayed progress towards degree	0	0	1	4	2	40	4	8.3
Valid responses =	14	29	28	58	5	10	48	0.3

Invalid responses include no response.

#### 63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	26	40	90	38	2	12	118	37.0
2 Negatively impacted performance in a class	35	54	125	53	13	77	173	54.2
3 Delayed progress towards degree	4	6	21	9	2	12	28	8.8
Valid responses =	65	20	236	74	17	5	319	1.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

### UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

#### 63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	287	73	740	68	68	58	1103	68.2
2 Negatively impacted performance in a class	99	25	311	29	45	38	456	28.2
3 Delayed progress towards degree	10	3	41	4	5	4	58	3.6
Valid responses =	396	24	1092	68	118	7	1617	8.6

Invalid responses include no response.

#### 63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	12	92	27	68	3	43	42	68.9
2 Negatively impacted performance in a class	1	8	7	18	1	14	9	14.8
3 Delayed progress towards degree	0	0	6	15	3	43	10	16.4
Valid responses =	13	21	40	66	7	11	61	0.3

Invalid responses include no response.

#### 63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	33	62	66	46	3	18	102	47.4
2 Negatively impacted performance in a class	19	36	68	48	13	77	102	47.4
3 Delayed progress towards degree	1	2	9	6	1	6	11	5.1
Valid responses =	53	25	143	67	17	8	215	1.1

Invalid responses include no response.

#### 63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	10	77	29	81	2	33	41	73.2
2 Negatively impacted performance in a class	2	15	4	11	1	17	7	12.5
3 Delayed progress towards degree	1	8	3	8	3	50	8	14.3
Valid responses =	13	23	36	64	6	11	56	0.3

Invalid responses include no response.

#### 63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	186	65	697	56	74	53	974	57.4
2 Negatively impacted performance in a class	95	33	520	42	60	43	682	40.2
3 Delayed progress towards degree	7	2	28	2	5	4	41	2.4
Valid responses =	288	17	1245	73	139	8	1697	9.0

Invalid responses include no response.

#### 63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	39	89	1034	75	88	70	1169	75.1
2 Negatively impacted performance in a class	4	9	315	23	35	28	358	23.0
3 Delayed progress towards degree	1	2	25	2	2	2	29	1.9
Valid responses =	44	3	1374	88	125	8	1556	8.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	68	66	208	62	23	64	301	62.8
2 Negatively impacted performance in a class	33	32	111	33	11	31	157	32.8
3 Delayed progress towards degree	2	2	16	5	2	6	21	4.4
Valid responses =	103	22	335	70	36	8	479	2.6

Invalid responses include no response.

64) Have you ever been tested for HIV?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	318	6	1063	9	140	12	1531	8.2
2 Yes, more than 12 months ago	226	4	580	5	75	6	894	4.8
3 No	4488	84	9241	77	901	75	14748	78.9
4 Unsure	328	6	1077	9	92	8	1515	8.1
Valid responses =	5360	29	11961	64	1208	6	18688	99.6

Invalid responses include no response.

64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5227	98	11746	98	1171	97	18301	98.1
2 Yes	125	2	192	2	37	3	357	1.9
Valid responses =	5352	29	11938	64	1208	6	18658	99.5

Invalid responses include no response.

65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4021	76	8368	70	819	69	13322	71.8
2 Yes	1294	24	3511	30	375	31	5221	28.2
Valid responses =	5315	29	11879	64	1194	6	18543	98.9

Invalid responses include no response.

65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4666	88	10386	87	829	69	15989	86.1
2 Yes	661	12	1512	13	366	31	2587	13.9
Valid responses =	5327	29	11898	64	1195	6	18576	99.0

Invalid responses include no response.

65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5271	99	11802	99	1171	98	18396	99.1
2 Yes	53	1	94	1	24	2	173	0.9
Valid responses =	5324	29	11896	64	1195	6	18569	99.0

Invalid responses include no response.

65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4754	89	10243	86	984	82	16109	86.9
2 Yes	569	11	1627	14	210	18	2432	13.1
Valid responses =	5323	29	11870	64	1194	6	18541	98.9

Invalid responses include no response.

65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4648	88	10205	86	990	83	15974	86.3
2 Yes	666	13	1646	14	201	17	2536	13.7
Valid responses =	5314	29	11851	64	1191	6	18510	98.7

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3836	72	8144	69	761	64	12842	69.2
2 Yes	1487	28	3740	32	435	36	5715	30.8
Valid responses =	5323	29	11884	64	1196	6	18557	98.9

Invalid responses include no response.

65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4526	85	7617	64	479	40	12707	68.3
2 Yes	810	15	4288	36	723	60	5891	31.7
Valid responses =	5336	29	11905	64	1202	6	18598	99.2

Invalid responses include no response.

65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4519	85	9974	84	967	81	15592	84.2
2 Yes	794	15	1883	16	230	19	2929	15.8
Valid responses =	5313	29	11857	64	1197	6	18521	98.8

Invalid responses include no response.

65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5120	97	11625	98	1013	85	17887	96.8
2 Yes	186	4	207	2	182	15	600	3.2
Valid responses =	5306	29	11832	64	1195	6	18487	98.6

Invalid responses include no response.

65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5252	99	11626	98	1109	93	18132	97.7
2 Yes	71	1	263	2	87	7	429	2.3
Valid responses =	5323	29	11889	64	1196	6	18561	99.0

Invalid responses include no response.

65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5305	100	11728	99	1140	96	18320	98.6
2 Yes	28	1	177	2	54	5	264	1.4
Valid responses =	5333	29	11905	64	1194	6	18584	99.1

Invalid responses include no response.

65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5287	99	11800	99	1185	99	18423	99.3
2 Yes	30	1	84	1	9	1	124	0.7
Valid responses =	5317	29	11884	64	1194	6	18547	98.9

Invalid responses include no response.

65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5286	100	11658	99	1172	99	18262	98.9
2 Yes	26	1	146	1	18	2	194	1.1
Valid responses =	5312	29	11804	64	1190	6	18456	98.4

Invalid responses include no response.



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July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5157	97	11039	93	1005	84	17334	93.5
2 Yes	167	3	834	7	187	16	1208	6.5
Valid responses =	5324	29	11873	64	1192	6	18542	98.9

Invalid responses include no response.

65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4672	88	8802	74	527	44	14085	75.8
2 Yes	657	12	3103	26	669	56	4498	24.2
Valid responses =	5329	29	11905	64	1196	6	18583	99.1

Invalid responses include no response.

65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5239	99	11519	97	1132	95	18036	97.3
2 Yes	81	2	353	3	58	5	498	2.7
Valid responses =	5320	29	11872	64	1190	6	18534	98.8

Invalid responses include no response.

65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5236	99	10987	93	1034	87	17391	93.9
2 Yes	72	1	891	8	160	13	1139	6.1
Valid responses =	5308	29	11878	64	1194	6	18530	98.8

Invalid responses include no response.

65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5293	100	11632	98	1160	97	18231	98.6
2 Yes	5	0	224	2	31	3	265	1.4
Valid responses =	5298	29	11856	64	1191	6	18496	98.6

Invalid responses include no response.

65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5299	100	11840	100	1182	99	18472	99.8
2 Yes	13	0	9	0	8	1	31	0.2
Valid responses =	5312	29	11849	64	1190	6	18503	98.7

Invalid responses include no response.

65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5257	100	11611	99	1158	99	18173	99.4
2 Yes	16	0	78	1	14	1	109	0.6
Valid responses =	5273	29	11689	64	1172	6	18282	97.5

Invalid responses include no response.

65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5196	98	11270	95	1094	92	17702	95.5
2 Yes	127	2	611	5	95	8	843	4.5
Valid responses =	5323	29	11881	64	1189	6	18545	98.9

Invalid responses include no response.



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#### 65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5238	98	11578	97	1139	95	18099	97.5
2 Yes	91	2	305	3	55	5	458	2.5
Valid responses =	5329	29	11883	64	1194	6	18557	98.9

Invalid responses include no response.

#### 65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5319	100	11866	100	1186	99	18522	99.8
2 Yes	8	0	19	0	7	1	35	0.2
Valid responses =	5327	29	11885	64	1193	6	18557	98.9

Invalid responses include no response.

#### 65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5151	97	11592	98	1153	97	18042	97.5
2 Yes	169	3	249	2	38	3	461	2.5
Valid responses =	5320	29	11841	64	1191	6	18503	98.7

Invalid responses include no response.

#### 65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5182	98	11480	97	1136	96	17943	97.0
2 Yes	133	3	365	3	52	4	557	3.0
Valid responses =	5315	29	11845	64	1188	6	18500	98.6

Invalid responses include no response.

#### 65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5251	100	11739	100	1177	100	18316	99.8
2 Yes	15	0	9	0	6	1	31	0.2
Valid responses =	5266	29	11748	64	1183	6	18347	97.8

Invalid responses include no response.

#### 65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5293	100	11718	99	1185	99	18346	99.3
2 Yes	17	0	98	1	7	1	123	0.7
Valid responses =	5310	29	11816	64	1192	6	18469	98.5

Invalid responses include no response.

#### 65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5092	96	10991	93	1002	84	17218	93.5
2 Yes	189	4	798	7	185	16	1190	6.5
Valid responses =	5281	29	11789	64	1187	6	18408	98.1

Invalid responses include no response.

#### 65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5207	98	11266	95	1096	92	17708	95.6
2 Yes	115	2	605	5	93	8	824	4.4
Valid responses =	5322	29	11871	64	1189	6	18532	98.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

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65A41) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5269	98.9	11636	98	1143	95.9	18196	98.1
2 Yes	57	1.1	239	2	49	4.1	347	1.9
Valid responses =	5326	29	11875	64	1192	6	18543	98.9

Invalid responses include no response.

65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5018	95	10282	88	991	84	16424	89.6
2 Yes	247	5	1456	12	188	16	1908	10.4
Valid responses =	5265	29	11738	64	1179	6	18332	97.7

Invalid responses include no response.

65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5199	98	11083	93	1027	86	17435	93.9
2 Yes	132	3	808	7	168	14	1133	6.1
Valid responses =	5331	29	11891	64	1195	6	18568	99.0

Invalid responses include no response.

65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5291	100	11324	96	1138	96	17895	96.9
2 Yes	5	0	506	4	53	5	571	3.1
Valid responses =	5296	29	11830	64	1191	6	18466	98.5

Invalid responses include no response.

65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5194	97	11022	93	975	82	17319	93.3
2 Yes	137	3	863	7	216	18	1238	6.7
Valid responses =	5331	29	11885	64	1191	6	18557	98.9

Invalid responses include no response.

65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5300	100	11844	100	1162	98	18454	99.6
2 Yes	18	0	31	0	30	3	81	0.4
Valid responses =	5318	29	11875	64	1192	6	18535	98.8

Invalid responses include no response.

65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5210	98	11692	99	1159	98	18205	98.4
2 Yes	110	2	154	1	28	2	298	1.6
Valid responses =	5320	29	11846	64	1187	6	18503	98.7

Invalid responses include no response.



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FREQUENCY REPORT

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65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5259	99	11401	96	1147	97	17951	97.1
2 Yes	52	1	435	4	39	3	530	2.9
Valid responses =	5311	29	11836	64	1186	6	18481	98.5

Invalid responses include no response.

65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5287	99	11811	100	1166	98	18411	99.4
2 Yes	37	1	56	1	25	2	120	0.6
Valid responses =	5324	29	11867	64	1191	6	18531	98.8

Invalid responses include no response.

65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5260	99	11717	99	1175	99	18296	99.0
2 Yes	53	1	119	1	12	1	189	1.0
Valid responses =	5313	29	11836	64	1187	6	18485	98.6

Invalid responses include no response.

65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5301	100	11699	99	1170	98	18318	98.8
2 Yes	27	1	178	2	23	2	229	1.2
Valid responses =	5328	29	11877	64	1193	6	18547	98.9

Invalid responses include no response.

65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4864	97	10227	94	930	86	16146	94.3
2 Yes	166	3	650	6	152	14	985	5.7
Valid responses =	5030	29	10877	63	1082	6	17131	91.3

Invalid responses include no response.

65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Allergic & immunologic disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	127	85	485	84	110	82	735	83.4
2 Yes	23	15	94	16	25	19	146	16.6
Valid responses =	150	17	579	66	135	15	881	4.7

Invalid responses include no response.

65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Autoimmune disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	120	78	417	69	105	77	655	72.1
2 Yes	33	22	184	31	32	23	253	27.9
Valid responses =	153	17	601	66	137	15	908	4.8

Invalid responses include no response.



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**65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Blood disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	142	95	512	88	125	90	794	89.6
2 Yes	8	5	69	12	14	10	92	10.4
Valid responses =	150	17	581	66	139	16	886	4.7

Invalid responses include no response.

**65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Brain & nervous system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	124	83	474	82	102	76	715	81.1
2 Yes	26	17	107	18	32	24	167	18.9
Valid responses =	150	17	581	66	134	15	882	4.7

Invalid responses include no response.

**65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Hair, skin, nails disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	125	84	516	89	122	90	777	88.4
2 Yes	24	16	62	11	14	10	102	11.6
Valid responses =	149	17	578	66	136	15	879	4.7

Invalid responses include no response.

**65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Digestive system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	128	84	489	84	106	78	735	82.7
2 Yes	25	16	94	16	30	22	154	17.3
Valid responses =	153	17	583	66	136	15	889	4.7

Invalid responses include no response.

**65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Endocrine system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	144	95	527	91	120	88	806	91.6
2 Yes	7	5	50	9	16	12	74	8.4
Valid responses =	151	17	577	66	136	15	880	4.7

Invalid responses include no response.

**65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Eye/ear/nose/throat disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	133	88	530	92	124	92	799	90.6
2 Yes	19	13	49	9	11	8	83	9.4
Valid responses =	152	17	579	66	135	15	882	4.7

Invalid responses include no response.

**65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Heart & vascular disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	139	93	517	89	116	85	787	89.3
2 Yes	10	7	62	11	21	15	94	10.7
Valid responses =	149	17	579	66	137	16	881	4.7

Invalid responses include no response.



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**65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Infectious disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	146	97	560	97	127	95	848	96.9
2 Yes	4	3	15	3	7	5	27	3.1
Valid responses =	150	17	575	66	134	15	875	4.7

Invalid responses include no response.

**65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Mental health/psychological disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	127	85	447	77	79	58	662	74.8
2 Yes	23	15	136	23	57	42	223	25.2
Valid responses =	150	17	583	66	136	15	885	4.7

Invalid responses include no response.

**65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Musculoskeletal disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	139	93	519	89	108	79	777	87.8
2 Yes	11	7	64	11	28	21	108	12.2
Valid responses =	150	17	583	66	136	15	885	4.7

Invalid responses include no response.

**65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Reproductive system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	148	98	529	91	110	83	799	90.8
2 Yes	3	2	51	9	23	17	81	9.2
Valid responses =	151	17	580	66	133	15	880	4.7

Invalid responses include no response.

**65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Respiratory disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	144	96	544	94	123	92	825	94.2
2 Yes	6	4	32	6	11	8	51	5.8
Valid responses =	150	17	576	66	134	15	876	4.7

Invalid responses include no response.

**65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Sleep-wake disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	144	95	541	93	122	90	819	93.0
2 Yes	7	5	38	7	13	10	62	7.0
Valid responses =	151	17	579	66	135	15	881	4.7

Invalid responses include no response.

**65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Urinary system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	146	97	558	97	125	94	843	96.6
2 Yes	4	3	16	3	8	6	30	3.4
Valid responses =	150	17	574	66	133	15	873	4.7

Invalid responses include no response.



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65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)  
Other ongoing or chronic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	86	70	299	64	75	65	467	65.0
2 Yes	37	30	167	36	40	35	251	35.0
Valid responses =	123	17	466	65	115	16	718	3.8

Invalid responses include no response.

65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?  
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)  
Anaphylaxis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	59	67	73	16	67	99	69.7
2 Yes	9	41	25	27	8	33	43	30.3
Valid responses =	22	15	92	65	24	17	142	0.8

Invalid responses include no response.

65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?  
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)  
Medication allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	50	49	53	9	36	70	49.0
2 Yes	11	50	43	47	16	64	73	51.0
Valid responses =	22	15	92	64	25	17	143	0.8

Invalid responses include no response.

65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?  
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)  
Latex allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	91	84	91	19	76	125	87.4
2 Yes	2	9	8	9	6	24	18	12.6
Valid responses =	22	15	92	64	25	17	143	0.8

Invalid responses include no response.

65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?  
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)  
Insect/bee sting allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	91	75	82	18	75	115	81.6
2 Yes	2	9	16	18	6	25	26	18.4
Valid responses =	22	16	91	65	24	17	141	0.8

Invalid responses include no response.

65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?  
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)  
Immune deficiency

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	91	57	62	15	60	95	66.4
2 Yes	2	9	35	38	10	40	48	33.6
Valid responses =	22	15	92	64	25	17	143	0.8

Invalid responses include no response.

65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?  
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)  
Other allergic or immunologic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	80	57	79	16	76	90	77.6
2 Yes	4	20	15	21	5	24	26	22.4
Valid responses =	20	17	72	62	21	18	116	0.6

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other allergic or immunologic condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	81	128	74	19	63	176	73.9
2 Yes	6	19	44	26	11	37	62	26.1
Valid responses =	32	13	172	72	30	13	238	1.3

Invalid responses include no response.

65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Rheumatoid Arthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	81	151	89	21	70	201	85.2
2 Yes	6	19	19	11	9	30	35	14.8
Valid responses =	32	14	170	72	30	13	236	1.3

Invalid responses include no response.

65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Scleroderma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	94	162	98	26	87	221	95.3
2 Yes	2	6	4	2	4	13	11	4.7
Valid responses =	32	14	166	72	30	13	232	1.2

Invalid responses include no response.

65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Systemic Lupus Erythematosus

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	91	154	91	24	80	211	89.4
2 Yes	3	9	15	9	6	20	25	10.6
Valid responses =	33	14	169	72	30	13	236	1.3

Invalid responses include no response.

65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other autoimmune disorder not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	55	59	42	15	58	93	46.5
2 Yes	14	45	80	58	11	42	107	53.5
Valid responses =	31	16	139	70	26	13	200	1.1

Invalid responses include no response.

65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Anemia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	50	23	34	4	36	31	35.2
2 Yes	4	50	45	66	7	64	57	64.8
Valid responses =	8	9	68	77	11	13	88	0.5

Invalid responses include no response.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hemophilia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	59	95	10	71	75	88.2
2 Yes	2	25	3	5	4	29	10	11.8
Valid responses =	8	9	62	73	14	16	85	0.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UNDERGRADUATE STUDENTS

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FREQUENCY REPORT

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65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hypercoagulable states

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	59	95	9	75	74	89.2
2 Yes	2	25	3	5	3	25	9	10.8
Valid responses =	8	10	62	75	12	14	83	0.4

Invalid responses include no response.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Platelet Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	50	55	90	9	75	68	82.9
2 Yes	4	50	6	10	3	25	14	17.1
Valid responses =	8	10	61	74	12	15	82	0.4

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Sickle Cell Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	60	97	9	75	75	90.4
2 Yes	2	25	2	3	3	25	8	9.6
Valid responses =	8	10	62	75	12	14	83	0.4

Invalid responses include no response.

65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Other blood condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	38	32	65	3	30	38	55.9
2 Yes	5	63	17	35	7	70	30	44.1
Valid responses =	8	12	49	72	10	15	68	0.4

Invalid responses include no response.

65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Cerebral Palsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	88	101	98	26	90	149	94.3
2 Yes	3	13	2	2	3	10	9	5.7
Valid responses =	24	15	103	65	29	18	158	0.8

Invalid responses include no response.

65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Epilepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	63	85	81	23	77	124	77.0
2 Yes	9	38	20	19	7	23	37	23.0
Valid responses =	24	15	105	65	30	19	161	0.9

Invalid responses include no response.

65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Seizure Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	67	83	80	20	69	120	75.5
2 Yes	8	33	21	20	9	31	39	24.5
Valid responses =	24	15	104	65	29	18	159	0.8

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Multiple Sclerosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	87	100	98	26	90	147	94.2
2 Yes	3	13	2	2	3	10	9	5.8
Valid responses =	23	15	102	65	29	19	156	0.8

Invalid responses include no response.

65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Other brain or nervous system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	56	51	57	14	50	75	54.7
2 Yes	8	44	38	43	14	50	62	45.3
Valid responses =	18	13	89	65	28	20	137	0.7

Invalid responses include no response.

65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Alopecia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	83	53	93	8	73	81	88.0
2 Yes	4	17	4	7	3	27	11	12.0
Valid responses =	23	25	57	62	11	12	92	0.5

Invalid responses include no response.

65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Eczema

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	33	22	37	3	21	34	34.3
2 Yes	16	67	38	63	11	79	65	65.7
Valid responses =	24	24	60	61	14	14	99	0.5

Invalid responses include no response.

65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hirsutism

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	91	56	97	9	75	87	91.6
2 Yes	2	9	2	3	3	25	8	8.4
Valid responses =	23	24	58	61	12	13	95	0.5

Invalid responses include no response.

65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hyperhidrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	87	53	90	8	67	82	85.4
2 Yes	3	13	6	10	4	33	14	14.6
Valid responses =	23	24	59	61	12	13	96	0.5

Invalid responses include no response.

65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Photodermatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	91	57	98	9	75	88	93.6
2 Yes	2	9	1	2	3	25	6	6.4
Valid responses =	23	24	58	62	12	13	94	0.5

Invalid responses include no response.



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FREQUENCY REPORT

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65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Psoriasis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	77	43	72	9	75	70	72.9
2 Yes	5	23	17	28	3	25	26	27.1
Valid responses =	22	23	60	63	12	13	96	0.5

Invalid responses include no response.

65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Vitiligo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	87	53	91	9	75	83	87.4
2 Yes	3	13	5	9	3	25	12	12.6
Valid responses =	23	24	58	61	12	13	95	0.5

Invalid responses include no response.

65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Other hair, skin, or nail condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	74	38	79	4	36	56	70.9
2 Yes	5	26	10	21	7	64	23	29.1
Valid responses =	19	24	48	61	11	14	79	0.4

Invalid responses include no response.

65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Crohn's Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	64	81	91	22	76	123	83.1
2 Yes	9	36	8	9	7	24	25	16.9
Valid responses =	25	17	89	60	29	20	148	0.8

Invalid responses include no response.

65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Diverticular Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	92	85	97	24	89	135	94.4
2 Yes	2	8	3	3	3	11	8	5.6
Valid responses =	24	17	88	62	27	19	143	0.8

Invalid responses include no response.

65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Esophageal Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	88	84	96	24	86	132	91.7
2 Yes	3	13	4	5	4	14	12	8.3
Valid responses =	24	17	88	61	28	19	144	0.8

Invalid responses include no response.

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Gallbladder Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	92	77	87	22	82	125	86.8
2 Yes	2	8	12	14	5	19	19	13.2
Valid responses =	24	17	89	62	27	19	144	0.8

Invalid responses include no response.



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65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Ulcerative Colitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	75	76	84	22	76	120	81.1
2 Yes	6	25	14	16	7	24	28	18.9
Valid responses =	24	16	90	61	29	20	148	0.8

Invalid responses include no response.

65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Other digestive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	50	43	61	8	32	62	52.5
2 Yes	9	50	28	39	17	68	56	47.5
Valid responses =	18	15	71	60	25	21	118	0.6

Invalid responses include no response.

65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	63	36	75	3	27	54	65.9
2 Yes	7	37	12	25	8	73	28	34.1
Valid responses =	19	23	48	59	11	13	82	0.4

Invalid responses include no response.

65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Uveitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	89	47	98	8	73	73	91.3
2 Yes	2	11	1	2	3	27	7	8.8
Valid responses =	18	23	48	60	11	14	80	0.4

Invalid responses include no response.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Vertigo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	78	43	90	6	55	65	81.3
2 Yes	4	22	5	10	5	46	15	18.8
Valid responses =	18	23	48	60	11	14	80	0.4

Invalid responses include no response.

65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Other eye/ear/nose/throat condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	56	25	58	2	22	36	50.7
2 Yes	7	44	18	42	7	78	35	49.3
Valid responses =	16	23	43	61	9	13	71	0.4

Invalid responses include no response.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Cardiac Arrhythmia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	56	50	83	15	75	70	77.8
2 Yes	4	44	10	17	5	25	20	22.2
Valid responses =	9	10	60	67	20	22	90	0.5

Invalid responses include no response.



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65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Coronary Artery Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	56	59	100	18	86	82	91.1
2 Yes	4	44	0	0	3	14	8	8.9
Valid responses =	9	10	59	66	21	23	90	0.5

Invalid responses include no response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congenital Heart Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	60	55	92	16	76	77	83.7
2 Yes	4	40	5	8	5	24	15	16.3
Valid responses =	10	11	60	65	21	23	92	0.5

Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congestive Heart Failure

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	67	58	100	17	85	81	92.0
2 Yes	3	33	0	0	3	15	7	8.0
Valid responses =	9	10	58	66	20	23	88	0.5

Invalid responses include no response.

65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Heart Murmur

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	78	50	83	17	81	74	81.3
2 Yes	2	22	10	17	4	19	17	18.7
Valid responses =	9	10	60	66	21	23	91	0.5

Invalid responses include no response.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Valvular Heart Disease (for example: Mitral valve prolapse)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	55	92	16	76	77	85.6
2 Yes	2	25	5	8	5	24	13	14.4
Valid responses =	8	9	60	67	21	23	90	0.5

Invalid responses include no response.

65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Other heart or vascular condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	33	16	33	6	29	25	31.3
2 Yes	6	67	33	67	15	71	55	68.8
Valid responses =	9	11	49	61	21	26	80	0.4

Invalid responses include no response.

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Lyme Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	14	93	3	43	18	69.2
2 Yes	2	67	1	7	4	57	8	30.8
Valid responses =	3	12	15	58	7	27	26	0.1

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Other infectious disease not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	25	6	50	1	20	8	36.4
2 Yes	3	75	6	50	4	80	14	63.6
Valid responses =	4	18	12	55	5	23	22	0.1

Invalid responses include no response.

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Carpal Tunnel Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	73	54	89	19	70	84	81.6
2 Yes	3	27	7	12	8	30	19	18.4
Valid responses =	11	11	61	59	27	26	103	0.5

Invalid responses include no response.

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Fibromyalgia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	82	54	89	19	70	84	81.6
2 Yes	2	18	7	12	8	30	19	18.4
Valid responses =	11	11	61	59	27	26	103	0.5

Invalid responses include no response.

65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Gout

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	82	60	98	24	89	96	93.2
2 Yes	2	18	1	2	3	11	7	6.8
Valid responses =	11	11	61	59	27	26	103	0.5

Invalid responses include no response.

65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Muscular Dystrophy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	73	60	98	23	85	94	92.2
2 Yes	3	27	1	2	4	15	8	7.8
Valid responses =	11	11	61	60	27	26	102	0.5

Invalid responses include no response.

65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoarthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	73	57	95	22	82	90	88.2
2 Yes	3	27	3	5	5	19	12	11.8
Valid responses =	11	11	60	59	27	26	102	0.5

Invalid responses include no response.

65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoporosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	73	59	95	23	85	93	89.4
2 Yes	3	27	3	5	4	15	11	10.6
Valid responses =	11	11	62	60	27	26	104	0.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Temporomandibular Joint Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	73	47	77	23	85	81	78.6
2 Yes	3	27	14	23	4	15	22	21.4
Valid responses =	11	11	61	59	27	26	103	0.5

Invalid responses include no response.

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Other musculoskeletal condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	36	13	28	7	28	25	28.7
2 Yes	7	64	34	72	18	72	62	71.3
Valid responses =	11	13	47	54	25	29	87	0.5

Invalid responses include no response.

65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Amenorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	38	76	16	73	57	74.0
2 Yes	2	67	12	24	6	27	20	26.0
Valid responses =	3	4	50	65	22	29	77	0.4

Invalid responses include no response.

65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Cervical Dysplasia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	44	94	18	86	64	87.7
2 Yes	2	67	3	6	3	14	9	12.3
Valid responses =	3	4	47	64	21	29	73	0.4

Invalid responses include no response.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	28	60	8	36	39	52.0
2 Yes	2	67	19	40	14	64	36	48.0
Valid responses =	3	4	47	63	22	29	75	0.4

Invalid responses include no response.

65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Prostatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	47	100	19	86	69	92.0
2 Yes	2	67	0	0	3	14	6	8.0
Valid responses =	3	4	47	63	22	29	75	0.4

Invalid responses include no response.

65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Sexual Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	43	92	19	86	65	87.8
2 Yes	2	67	4	9	3	14	9	12.2
Valid responses =	3	4	47	64	22	30	74	0.4

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Other reproductive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	22	55	6	38	29	47.5
2 Yes	3	100	18	45	10	63	32	52.5
Valid responses =	3	5	40	66	16	26	61	0.3

Invalid responses include no response.

65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Cystic Fibrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	40	27	90	10	91	40	83.3
2 Yes	3	60	3	10	1	9	8	16.7
Valid responses =	5	10	30	63	11	23	48	0.3

Invalid responses include no response.

65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Sarcoidosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	60	30	100	10	91	44	91.7
2 Yes	2	40	0	0	1	9	4	8.3
Valid responses =	5	10	30	63	11	23	48	0.3

Invalid responses include no response.

65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Active Tuberculous

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	60	29	97	10	91	43	89.6
2 Yes	2	40	1	3	1	9	5	10.4
Valid responses =	5	10	30	63	11	23	48	0.3

Invalid responses include no response.

65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Other respiratory system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	50	19	70	6	55	28	62.2
2 Yes	3	50	8	30	5	46	17	37.8
Valid responses =	6	13	27	60	11	24	45	0.2

Invalid responses include no response.

65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Hypersomnolence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	30	83	9	75	44	77.2
2 Yes	2	29	6	17	3	25	13	22.8
Valid responses =	7	12	36	63	12	21	57	0.3

Invalid responses include no response.

65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Narcolepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	57	25	68	10	83	41	69.5
2 Yes	3	43	12	32	2	17	18	30.5
Valid responses =	7	12	37	63	12	20	59	0.3

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Restless Leg Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	57	32	87	9	69	47	79.7
2 Yes	3	43	5	14	4	31	12	20.3
Valid responses =	7	12	37	63	13	22	59	0.3

Invalid responses include no response.

65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Paralysis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	27	75	7	58	40	69.0
2 Yes	2	29	9	25	5	42	18	31.0
Valid responses =	7	12	36	62	12	21	58	0.3

Invalid responses include no response.

65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Terrors (or night terrors)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	30	83	7	58	43	74.1
2 Yes	2	29	6	17	5	42	15	25.9
Valid responses =	7	12	36	62	12	21	58	0.3

Invalid responses include no response.

65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Walking

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	33	92	8	73	48	85.7
2 Yes	2	29	3	8	3	27	8	14.3
Valid responses =	7	13	36	64	11	20	56	0.3

Invalid responses include no response.

65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Other sleep-wake condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	25	22	71	7	54	31	59.6
2 Yes	3	75	9	29	6	46	21	40.4
Valid responses =	4	8	31	60	13	25	52	0.3

Invalid responses include no response.

65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Bladder disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	16	100	4	57	23	82.1
2 Yes	2	50	0	0	3	43	5	17.9
Valid responses =	4	14	16	57	7	25	28	0.1

Invalid responses include no response.

65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	25	13	81	7	88	22	73.3
2 Yes	3	75	3	19	1	13	8	26.7
Valid responses =	4	13	16	53	8	27	30	0.2

Invalid responses include no response.



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FREQUENCY REPORT

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65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney stone

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	14	88	5	71	22	78.6
2 Yes	2	50	2	13	2	29	6	21.4
Valid responses =	4	14	16	57	7	25	28	0.1

Invalid responses include no response.

65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Urinary Incontinence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	14	88	3	43	18	64.3
2 Yes	4	100	2	13	4	57	10	35.7
Valid responses =	4	14	16	57	7	25	28	0.1

Invalid responses include no response.

65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Other urinary system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	25	10	67	2	33	13	50.0
2 Yes	3	75	5	33	4	67	13	50.0
Valid responses =	4	15	15	58	6	23	26	0.1

Invalid responses include no response.

65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 1 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47	66	202	75	36	77	288	73.7
2 Yes	24	34	68	25	11	23	103	26.3
Valid responses =	71	18	270	69	47	12	391	2.1

Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 2 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	48	74	217	82	36	75	303	79.1
2 Yes	17	26	48	18	12	25	80	20.9
Valid responses =	65	17	265	69	48	13	383	2.0

Invalid responses include no response.

65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Pre-diabetes or insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	40	97	30	15	27	141	30.9
2 Yes	44	60	225	70	40	73	315	69.1
Valid responses =	73	16	322	71	55	12	456	2.4

Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Gestational Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61	97	237	93	43	94	344	93.5
2 Yes	2	3	19	7	3	7	24	6.5
Valid responses =	63	17	256	70	46	13	368	2.0

Invalid responses include no response.



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65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	830	65	1836	53	245	66	2935	56.7
2 Yes	454	35	1642	47	128	34	2239	43.3
Valid responses =	1284	25	3478	67	373	7	5174	27.6

Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	41	413	27	88	24	783	30.3
2 Yes	387	59	1095	73	278	76	1797	69.7
Valid responses =	660	26	1508	58	366	14	2580	13.8

Invalid responses include no response.

65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	43	49	53	16	67	89	52.0
2 Yes	30	57	43	47	8	33	82	48.0
Valid responses =	53	31	92	54	24	14	171	0.9

Invalid responses include no response.

65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	413	73	1046	65	156	75	1637	67.9
2 Yes	152	27	568	35	52	25	775	32.1
Valid responses =	565	23	1614	67	208	9	2412	12.9

Invalid responses include no response.

65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	508	77	1111	68	145	73	1780	70.8
2 Yes	156	24	520	32	53	27	735	29.2
Valid responses =	664	26	1631	65	198	8	2515	13.4

Invalid responses include no response.

65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1117	76	2467	66	327	76	3950	69.5
2 Yes	360	24	1253	34	104	24	1730	30.5
Valid responses =	1477	26	3720	65	431	8	5680	30.3

Invalid responses include no response.

65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	293	36	1017	24	151	21	1470	25.0
2 Yes	515	64	3256	76	570	79	4401	75.0
Valid responses =	808	14	4273	73	721	12	5871	31.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

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65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	569	72	1121	60	147	65	1852	63.8
2 Yes	221	28	746	40	79	35	1052	36.2
Valid responses =	790	27	1867	64	226	8	2904	15.5

Invalid responses include no response.

65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Autism Spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	127	69	100	49	71	40	307	51.7
2 Yes	58	31	106	52	107	60	287	48.3
Valid responses =	185	31	206	35	178	30	594	3.2

Invalid responses include no response.

65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	35	69	26	18	21	114	26.6
2 Yes	46	65	193	74	69	79	314	73.4
Valid responses =	71	17	262	61	87	20	428	2.3

Invalid responses include no response.

65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD), Avoidant Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	54	54	31	11	20	82	31.3
2 Yes	13	46	121	69	43	80	180	68.7
Valid responses =	28	11	175	67	54	21	262	1.4

Invalid responses include no response.

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	43	27	32	3	38	43	35.2
2 Yes	17	57	57	68	5	63	79	64.8
Valid responses =	30	25	84	69	8	7	122	0.7

Invalid responses include no response.

65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	65	58	40	9	53	85	44.5
2 Yes	9	35	86	60	8	47	106	55.5
Valid responses =	26	14	144	75	17	9	191	1.0

Invalid responses include no response.

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	53	32	241	29	59	32	360	29.9
2 Yes	114	68	590	71	128	68	845	70.1
Valid responses =	167	14	831	69	187	16	1205	6.4

Invalid responses include no response.



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FREQUENCY REPORT

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65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	236	36	732	24	149	22	1127	25.2
2 Yes	417	64	2353	76	520	78	3348	74.8
Valid responses =	653	15	3085	69	669	15	4475	23.9

Invalid responses include no response.

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	29	89	25	21	36	137	27.6
2 Yes	57	71	263	75	37	64	359	72.4
Valid responses =	80	16	352	71	58	12	496	2.6

Invalid responses include no response.

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34	47	407	46	88	56	534	47.2
2 Yes	38	53	480	54	69	44	598	52.8
Valid responses =	72	6	887	78	157	14	1132	6.0

Invalid responses include no response.

65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	60	82	37	13	43	99	37.6
2 Yes	2	40	142	63	17	57	164	62.4
Valid responses =	5	2	224	85	30	11	263	1.4

Invalid responses include no response.

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	46	7	88	4	50	17	58.6
2 Yes	7	54	1	13	4	50	12	41.4
Valid responses =	13	45	8	28	8	28	29	0.2

Invalid responses include no response.

65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	38	38	49	4	33	48	45.3
2 Yes	10	63	40	51	8	67	58	54.7
Valid responses =	16	15	78	74	12	11	106	0.6

Invalid responses include no response.

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	46	294	48	50	53	405	48.3
2 Yes	69	54	316	52	44	47	434	51.7
Valid responses =	127	15	610	73	94	11	839	4.5

Invalid responses include no response.



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FREQUENCY REPORT

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65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	48	53	120	40	18	33	189	41.4
2 Yes	43	47	184	61	37	67	267	58.6
Valid responses =	91	20	304	67	55	12	456	2.4

Invalid responses include no response.

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	25	11	61	3	50	16	50.0
2 Yes	6	75	7	39	3	50	16	50.0
Valid responses =	8	25	18	56	6	19	32	0.2

Invalid responses include no response.

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	80	48	78	32	16	43	177	38.7
2 Yes	88	52	170	69	21	57	280	61.3
Valid responses =	168	37	248	54	37	8	457	2.4

Invalid responses include no response.

65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	48	110	30	22	42	198	35.7
2 Yes	69	52	253	70	30	58	356	64.3
Valid responses =	133	24	363	66	52	9	554	3.0

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	13	5	63	2	33	9	30.0
2 Yes	13	87	3	38	4	67	21	70.0
Valid responses =	15	50	8	27	6	20	30	0.2

Invalid responses include no response.

65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	59	47	48	2	29	59	48.0
2 Yes	7	41	51	52	5	71	64	52.0
Valid responses =	17	14	98	80	7	6	123	0.7

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	95	52	340	43	90	49	531	45.2
2 Yes	89	48	450	57	94	51	643	54.8
Valid responses =	184	16	790	67	184	16	1174	6.3

Invalid responses include no response.



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65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55	48	241	40	54	59	356	43.4
2 Yes	60	52	362	60	38	41	464	56.6
Valid responses =	115	14	603	74	92	11	820	4.4

Invalid responses include no response.

65T41) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	51	122	51.7	19	38.8	170	49.4
2 Yes	28	49	114	48.3	30	61.2	174	50.6
Valid responses =	57	17	236	69	49	14	344	1.8

Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	150	61	639	44	98	53	896	47.2
2 Yes	96	39	810	56	88	47	1001	52.8
Valid responses =	246	13	1449	76	186	10	1897	10.1

Invalid responses include no response.

65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	60	46	296	37	52	32	416	37.0
2 Yes	71	54	509	63	112	68	709	63.0
Valid responses =	131	12	805	72	164	15	1125	6.0

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	60	121	24	18	36	144	25.5
2 Yes	2	40	383	76	32	64	421	74.5
Valid responses =	5	1	504	89	50	9	565	3.0

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	46	34	261	30	51	24	361	29.3
2 Yes	91	66	598	70	164	76	872	70.7
Valid responses =	137	11	859	70	215	17	1233	6.6

Invalid responses include no response.

65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	28	13	42	11	37	30	37.0
2 Yes	13	72	18	58	19	63	51	63.0
Valid responses =	18	22	31	38	30	37	81	0.4

Invalid responses include no response.



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65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	48	44	75	51	13	48	138	47.6
2 Yes	61	56	73	49	14	52	152	52.4
Valid responses =	109	38	148	51	27	9	290	1.5

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	33	76	18	5	13	100	18.9
2 Yes	34	67	358	83	34	87	428	81.1
Valid responses =	51	10	434	82	39	7	528	2.8

Invalid responses include no response.

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	65	28	50	8	32	60	50.0
2 Yes	13	35	28	50	17	68	60	50.0
Valid responses =	37	31	56	47	25	21	120	0.6

Invalid responses include no response.

65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	62	66	56	8	67	109	57.7
2 Yes	20	38	53	45	4	33	80	42.3
Valid responses =	53	28	119	63	12	6	189	1.0

Invalid responses include no response.

65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	48	56	32	8	36	77	33.9
2 Yes	14	52	121	68	14	64	150	66.1
Valid responses =	27	12	177	78	22	10	227	1.2

Invalid responses include no response.

65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	41	237	40	60	41	368	40.1
2 Yes	93	59	362	60	85	59	549	59.9
Valid responses =	158	17	599	65	145	16	917	4.9

Invalid responses include no response.

65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	33	9	120	11	37	13	194	10.8
2 Medicine only	205	53	447	41	81	29	743	41.5
3 Therapy only	29	8	140	13	39	14	215	12.0
4 Both medicine and therapy	118	31	380	35	120	43	633	35.3
5 Other Treatment	1	0	5	1	1	0	7	0.4
Valid responses =	386	22	1092	61	278	16	1792	9.6

Invalid responses include no response.



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Reference Group Data Report - Fall 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

## UNDERGRADUATE STUDENTS

65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	3	10	12	28	3	38	18	22.2
2 Medicine only	3	10	0	0	0	0	3	3.7
3 Therapy only	13	43	22	51	4	50	39	48.1
4 Both medicine and therapy	9	30	6	14	1	13	16	19.8
5 Other Treatment	2	7	3	7	0	0	5	6.2
Valid responses =	30	37	43	53	8	10	81	0.4

Invalid responses include no response.

65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	49	10	257	8	36	6	343	7.8
2 Medicine only	119	23	687	21	101	18	916	20.8
3 Therapy only	122	24	774	24	125	22	1038	23.6
4 Both medicine and therapy	219	43	1516	47	305	54	2072	47.1
5 Other Treatment	6	1	18	1	2	0	26	0.6
Valid responses =	515	12	3252	74	569	13	4395	23.4

Invalid responses include no response.

65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	23	40	29	27	44	41	99	34.6
2 Medicine only	4	7	4	4	7	7	15	5.2
3 Therapy only	17	29	50	47	36	34	114	39.9
4 Both medicine and therapy	12	21	21	20	20	19	54	18.9
5 Other Treatment	2	3	2	2	0	0	4	1.4
Valid responses =	58	20	106	37	107	37	286	1.5

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	3	7	10	5	5	7	18	5.8
2 Medicine only	6	13	35	18	14	20	55	17.6
3 Therapy only	6	13	20	10	4	6	30	9.6
4 Both medicine and therapy	29	63	128	66	45	65	207	66.1
5 Other Treatment	2	4	0	0	1	1	3	1.0
Valid responses =	46	15	193	62	69	22	313	1.7

Invalid responses include no response.

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1	8	13	11	2	5	16	8.9
2 Medicine only	1	8	18	15	4	9	24	13.3
3 Therapy only	3	23	32	26	9	21	45	25.0
4 Both medicine and therapy	6	46	58	48	27	63	91	50.6
5 Other Treatment	2	15	0	0	1	2	4	2.2
Valid responses =	13	7	121	67	43	24	180	1.0

Invalid responses include no response.



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65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	26	6	139	6	22	4	188	5.6
2 Medicine only	83	20	460	20	94	18	650	19.4
3 Therapy only	87	21	444	19	85	16	623	18.6
4 Both medicine and therapy	218	52	1301	55	313	60	1868	55.9
5 Other Treatment	3	1	7	0	4	1	15	0.4
Valid responses =	417	12	2351	70	518	15	3344	17.8

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	6	16	73	15	18	26	101	16.9
2 Medicine only	1	3	22	5	3	4	27	4.5
3 Therapy only	17	45	259	54	36	52	314	52.6
4 Both medicine and therapy	11	29	110	23	12	17	136	22.8
5 Other Treatment	3	8	15	3	0	0	19	3.2
Valid responses =	38	6	479	80	69	12	597	3.2

Invalid responses include no response.

65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	3	43	0	0	0	0	3	25.0
2 Medicine only	0	0	1	100	1	25	2	16.7
3 Therapy only	2	29	0	0	2	50	4	33.3
4 Both medicine and therapy	1	14	0	0	1	25	2	16.7
5 Other Treatment	1	14	0	0	0	0	1	8.3
Valid responses =	7	58	1	8	4	33	12	0.1

Invalid responses include no response.

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	22	25	87	19	17	18	127	19.8
2 Medicine only	34	38	165	37	41	44	242	37.8
3 Therapy only	10	11	50	11	12	13	74	11.5
4 Both medicine and therapy	18	20	133	30	22	24	177	27.6
5 Other Treatment	5	6	14	3	1	1	21	3.3
Valid responses =	89	14	449	70	93	15	641	3.4

Invalid responses include no response.

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	12	17	54	11	9	8	75	10.6
2 Medicine only	10	14	64	13	24	21	99	14.0
3 Therapy only	20	28	149	29	30	27	204	28.8
4 Both medicine and therapy	28	39	239	47	48	43	325	45.8
5 Other Treatment	1	1	3	1	1	1	6	0.8
Valid responses =	71	10	509	72	112	16	709	3.8

Invalid responses include no response.



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65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	12	13	31	5	7	4	51	5.9
2 Medicine only	9	10	53	9	13	8	75	8.6
3 Therapy only	38	42	251	42	69	42	366	42.0
4 Both medicine and therapy	29	32	259	43	73	45	370	42.5
5 Other Treatment	3	3	3	1	2	1	9	1.0
Valid responses =	91	10	597	69	164	19	871	4.6

Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	15	0	0	1	5	3	5.9
2 Medicine only	2	15	2	11	5	26	9	17.6
3 Therapy only	3	23	3	17	3	16	9	17.6
4 Both medicine and therapy	4	31	13	72	10	53	27	52.9
5 Other Treatment	2	15	0	0	0	0	3	5.9
Valid responses =	13	25	18	35	19	37	51	0.3

Invalid responses include no response.

65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	3	23	7	25	8	47	18	30.0
2 Medicine only	7	54	10	36	6	35	24	40.0
3 Therapy only	0	0	2	7	1	6	3	5.0
4 Both medicine and therapy	1	8	8	29	2	12	11	18.3
5 Other Treatment	2	15	1	4	0	0	4	6.7
Valid responses =	13	22	28	47	17	28	60	0.3

Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	7	35	13	25	1	25	21	26.3
2 Medicine only	0	0	11	21	1	25	12	15.0
3 Therapy only	5	25	9	17	1	25	15	18.8
4 Both medicine and therapy	4	20	17	32	1	25	24	30.0
5 Other Treatment	4	20	3	6	0	0	8	10.0
Valid responses =	20	25	53	66	4	5	80	0.4

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	14	199	12	13	10	281	12.7
2 Yes	386	86	1424	88	114	90	1934	87.3
Valid responses =	450	20	1623	73	127	6	2215	11.8

Invalid responses include no response.

65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62	42	231	41	19	37	314	41.0
2 Yes	87	58	331	59	33	64	452	59.0
Valid responses =	149	19	562	73	52	7	766	4.1

Invalid responses include no response.



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65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	46	30	149	29	23	43	219	30.1
2 Yes	109	70	366	71	30	57	509	69.9
Valid responses =	155	21	515	71	53	7	728	3.9

Invalid responses include no response.

65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	90	25	319	26	32	31	443	25.9
2 Yes	265	75	919	74	72	69	1267	74.1
Valid responses =	355	21	1238	72	104	6	1710	9.1

Invalid responses include no response.

65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	46	21	110	15	14	18	171	16.3
2 Yes	173	79	632	85	65	82	875	83.7
Valid responses =	219	21	742	71	79	8	1046	5.6

Invalid responses include no response.

65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	47	27	49	2	40	37	48.1
2 Yes	9	53	28	51	3	60	40	51.9
Valid responses =	17	22	55	71	5	6	77	0.4

Invalid responses include no response.

65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	56	37	43	4	57	46	43.8
2 Yes	4	44	49	57	3	43	59	56.2
Valid responses =	9	9	86	82	7	7	105	0.6

Invalid responses include no response.

65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	21	125	21	34	27	187	22.3
2 Yes	90	79	461	79	93	73	653	77.7
Valid responses =	114	14	586	70	127	15	840	4.5

Invalid responses include no response.

65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	21	68	26	6	16	86	24.0
2 Yes	44	79	195	74	31	84	272	76.0
Valid responses =	56	16	263	73	37	10	358	1.9

Invalid responses include no response.



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65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	31	22	7	41	39	23.9
2 Yes	2	100	110	78	10	59	124	76.1
Valid responses =	2	1	141	87	17	10	163	0.9

Invalid responses include no response.

65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	40	4	10	2	25	10	17.2
2 Yes	6	60	36	90	6	75	48	82.8
Valid responses =	10	17	40	69	8	14	58	0.3

Invalid responses include no response.

65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	15	49	16	5	11	67	15.5
2 Yes	59	86	266	84	39	89	366	84.5
Valid responses =	69	16	315	73	44	10	433	2.3

Invalid responses include no response.

65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	40	61	33	11	30	91	34.1
2 Yes	26	61	123	67	26	70	176	65.9
Valid responses =	43	16	184	69	37	14	267	1.4

Invalid responses include no response.

65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	33	4	57	1	33	7	43.8
2 Yes	4	67	3	43	2	67	9	56.3
Valid responses =	6	38	7	44	3	19	16	0.1

Invalid responses include no response.

65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	32	44	26	6	29	78	27.9
2 Yes	60	68	126	74	15	71	202	72.1
Valid responses =	88	31	170	61	21	8	280	1.5

Invalid responses include no response.

65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	41	117	46	14	48	162	45.8
2 Yes	41	59	135	54	15	52	192	54.2
Valid responses =	69	19	252	71	29	8	354	1.9

Invalid responses include no response.



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65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	1	33	1	5.3
2 Yes	13	100	2	100	2	67	18	94.7
Valid responses =	13	68	2	11	3	16	19	0.1

Invalid responses include no response.

65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	43	24	47	2	40	29	45.3
2 Yes	4	57	27	53	3	60	35	54.7
Valid responses =	7	11	51	80	5	8	64	0.3

Invalid responses include no response.

65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	32	95	26	16	42	132	28.6
2 Yes	40	68	265	74	22	58	329	71.4
Valid responses =	59	13	360	78	38	8	461	2.5

Invalid responses include no response.

65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	25	199	25	21	24	245	24.6
2 Yes	71	75	607	75	66	76	750	75.4
Valid responses =	95	10	806	81	87	9	995	5.3

Invalid responses include no response.

65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	72	19	5	16	78	18.6
2 Yes	2	100	311	81	26	84	342	81.4
Valid responses =	2	0	383	91	31	7	420	2.2

Invalid responses include no response.

65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	23	19	26	5	36	39	26.0
2 Yes	47	77	53	74	9	64	111	74.0
Valid responses =	61	41	72	48	14	9	150	0.8

Invalid responses include no response.

65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	29	66	19	5	15	81	19.1
2 Yes	24	71	289	81	29	85	343	80.9
Valid responses =	34	8	355	84	34	8	424	2.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UNDERGRADUATE STUDENTS

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FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	36	17	14	1	7	23	15.3
2 Yes	9	64	104	86	13	93	127	84.7
Valid responses =	14	9	121	81	14	9	150	0.8

Invalid responses include no response.

65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	59	99	53	8	62	145	54.9
2 Yes	24	41	88	47	5	39	119	45.1
Valid responses =	59	22	187	71	13	5	264	1.4

Invalid responses include no response.

65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	67	70	60	29	78	123	64.7
2 Yes	11	33	46	40	8	22	67	35.3
Valid responses =	33	17	116	61	37	19	190	1.0

Invalid responses include no response.

65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	7	58	2	67	11	64.7
2 Yes	0	0	5	42	1	33	6	35.3
Valid responses =	2	12	12	71	3	18	17	0.1

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	59	129	58	11	58	176	58.5
2 Yes	24	41	92	42	8	42	125	41.5
Valid responses =	59	20	221	73	19	6	301	1.6

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	63	75	53	17	74	118	57.3
2 Yes	15	38	67	47	6	26	88	42.7
Valid responses =	40	19	142	69	23	11	206	1.1

Invalid responses include no response.

65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	53	64	179	59	21	66	254	60.3
2 Yes	30	36	125	41	11	34	167	39.7
Valid responses =	83	20	304	72	32	8	421	2.2

Invalid responses include no response.



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65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34	69	173	68	30	83	237	69.5
2 Yes	15	31	82	32	6	17	104	30.5
Valid responses =	49	14	255	75	36	11	341	1.8

Invalid responses include no response.

65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	45	52	49	11	79	82	50.3
2 Yes	23	55	54	51	3	21	81	49.7
Valid responses =	42	26	106	65	14	9	163	0.9

Invalid responses include no response.

65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	7	70	2	40	12	66.7
2 Yes	0	0	3	30	3	60	6	33.3
Valid responses =	3	17	10	56	5	28	18	0.1

Invalid responses include no response.

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	6	60	3	60	12	66.7
2 Yes	0	0	4	40	2	40	6	33.3
Valid responses =	3	17	10	56	5	28	18	0.1

Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	12	92	2	100	15	93.8
2 Yes	0	0	1	8	0	0	1	6.3
Valid responses =	1	6	13	81	2	13	16	0.1

Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	38	6	22	1	50	10	27.0
2 Yes	5	63	21	78	1	50	27	73.0
Valid responses =	8	22	27	73	2	5	37	0.2

Invalid responses include no response.

65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	100	22	67	3	75	30	71.4
2 Yes	0	0	11	33	1	25	12	28.6
Valid responses =	5	12	33	79	4	10	42	0.2

Invalid responses include no response.



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65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	64	78	68	24	75	120	69.4
2 Yes	8	36	37	32	8	25	53	30.6
Valid responses =	22	13	115	66	32	18	173	0.9

Invalid responses include no response.

65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	80	103	75	19	86	143	76.9
2 Yes	5	20	35	25	3	14	43	23.1
Valid responses =	25	13	138	74	22	12	186	1.0

Invalid responses include no response.

65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	67	34	52	4	67	46	55.4
2 Yes	4	33	31	48	2	33	37	44.6
Valid responses =	12	14	65	78	6	7	83	0.4

Invalid responses include no response.

65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	33	49	68	14	78	68	68.0
2 Yes	4	67	23	32	4	22	32	32.0
Valid responses =	6	6	72	72	18	18	100	0.5

Invalid responses include no response.

65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	16	57	5	71	22	61.1
2 Yes	0	0	12	43	2	29	14	38.9
Valid responses =	0	0	28	78	7	19	36	0.2

Invalid responses include no response.

65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	0	0	0	0	2	66.7
2 Yes	1	33	0	0	0	0	1	33.3
Valid responses =	3	100	0	0	0	0	3	0.0

Invalid responses include no response.

65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	2	50	1	50	5	50.0
2 Yes	2	50	2	50	1	50	5	50.0
Valid responses =	4	40	4	40	2	20	10	0.1

Invalid responses include no response.



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65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	56	33	70	3	75	42	66.7
2 Yes	4	44	14	30	1	25	21	33.3
Valid responses =	9	14	47	75	4	6	63	0.3

Invalid responses include no response.

65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	31	28	51	8	73	41	48.8
2 Yes	11	69	27	49	3	27	43	51.2
Valid responses =	16	19	55	65	11	13	84	0.4

Invalid responses include no response.

65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	50	1	100	3	42.9
2 Yes	2	100	2	50	0	0	4	57.1
Valid responses =	2	29	4	57	1	14	7	0.0

Invalid responses include no response.

65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	43	17	44	2	33	31	42.5
2 Yes	16	57	22	56	4	67	42	57.5
Valid responses =	28	38	39	53	6	8	73	0.4

Invalid responses include no response.

65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	42	44	41	8	57	65	43.0
2 Yes	15	58	64	59	6	43	86	57.0
Valid responses =	26	17	108	72	14	9	151	0.8

Invalid responses include no response.

65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	1	100	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	1	100	1	0.0

Invalid responses include no response.

65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	3	13	1	50	6	21.4
2 Yes	1	33	20	87	1	50	22	78.6
Valid responses =	3	11	23	82	2	7	28	0.1

Invalid responses include no response.



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65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	14	64	55	65	11	65	80	64.0	
2 Yes	8	36	30	35	6	35	45	36.0	
Valid responses =	22	18	85	68	17	14	125	0.7	

Invalid responses include no response.

65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11	61	57	62	12	75	82	64.1	
2 Yes	7	39	35	38	4	25	46	35.9	
Valid responses =	18	14	92	72	16	13	128	0.7	

Invalid responses include no response.

65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	16	73	126	66	13	65	155	66.5	
2 Yes	6	27	65	34	7	35	78	33.5	
Valid responses =	22	9	191	82	20	9	233	1.2	

Invalid responses include no response.

65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8	67	38	70	7	78	53	70.7	
2 Yes	4	33	16	30	2	22	22	29.3	
Valid responses =	12	16	54	72	9	12	75	0.4	

Invalid responses include no response.

65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	42	61	4	80	47	62.7	
2 Yes	0	0	27	39	1	20	28	37.3	
Valid responses =	0	0	69	92	5	7	75	0.4	

Invalid responses include no response.

65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	12	100	23	74	7	100	42	82.4	
2 Yes	0	0	8	26	0	0	9	17.6	
Valid responses =	12	24	31	61	7	14	51	0.3	

Invalid responses include no response.

65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1	50	0	0	0	0	1	33.3	
2 Yes	1	50	0	0	1	100	2	66.7	
Valid responses =	2	67	0	0	1	33	3	0.0	

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Fall 2023

American College Health Association

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UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	62	12	67	4	80	24	64.9
2 Yes	5	39	6	33	1	20	13	35.1
Valid responses =	13	35	18	49	5	14	37	0.2

Invalid responses include no response.

65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	11	27	42	2	40	30	38.0
2 Yes	8	89	38	59	3	60	49	62.0
Valid responses =	9	11	65	82	5	6	79	0.4

Invalid responses include no response.

65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	3	43	3	38	7	38.9
2 Yes	2	67	4	57	5	63	11	61.1
Valid responses =	3	17	7	39	8	44	18	0.1

Invalid responses include no response.

65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	14	6	50	1	100	8	40.0
2 Yes	6	86	6	50	0	0	12	60.0
Valid responses =	7	35	12	60	1	5	20	0.1

Invalid responses include no response.

65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	60	12	80	1	100	16	76.2
2 Yes	2	40	3	20	0	0	5	23.8
Valid responses =	5	24	15	71	1	5	21	0.1

Invalid responses include no response.

65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?

(only includes students with an ongoing or chronic condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2447	73	5302	60	371	36	8167	60.8
2 Negatively impacted performance in a class	746	22	3091	35	525	51	4418	32.9
3 Delayed progress towards degree	182	5	514	6	143	14	856	6.4
Valid responses =	3375	25	8907	66	1039	8	13441	71.7

Invalid responses include no response.

66A) Within the last 12 months, have any of the following affected your academic performance?

Assault (physical)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5210	98	11524	97	1131	94	18003	96.9
2 Did not affect academic performance	107	2	273	2	42	4	427	2.3
3 Negatively impacted performance in a class	10	0	79	1	25	2	115	0.6
4 Delayed progress towards degree	9	0	29	0	2	0	43	0.2
Valid responses =	5336	29	11905	64	1200	6	18588	99.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

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#### 66B) Within the last 12 months, have any of the following affected your academic performance? Assault (sexual)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5201	98	10943	92	1070	89	17349	93.7
2 Did not affect academic performance	91	2	633	5	72	6	806	4.4
3 Negatively impacted performance in a class	15	0	228	2	45	4	289	1.6
4 Delayed progress towards degree	8	0	47	0	10	1	66	0.4
Valid responses =	5315	29	11851	64	1197	6	18510	98.7

Invalid responses include no response.

#### 66C) Within the last 12 months, have any of the following affected your academic performance? Allergies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	3355	63	6847	58	641	54	10924	59.1
2 Did not affect academic performance	1750	33	4418	37	476	40	6703	36.3
3 Negatively impacted performance in a class	183	3	535	5	72	6	796	4.3
4 Delayed progress towards degree	20	0	39	0	3	0	64	0.3
Valid responses =	5308	29	11839	64	1192	6	18487	98.6

Invalid responses include no response.

#### 66D) Within the last 12 months, have any of the following affected your academic performance? Anxiety

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2736	52	3510	30	161	14	6449	35.0
2 Did not affect academic performance	1449	27	4045	34	367	31	5892	32.0
3 Negatively impacted performance in a class	967	18	3780	32	582	49	5394	29.3
4 Delayed progress towards degree	143	3	455	4	79	7	685	3.7
Valid responses =	5295	29	11790	64	1189	6	18420	98.2

Invalid responses include no response.

#### 66E) Within the last 12 months, have any of the following affected your academic performance? Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4437	83	9594	81	705	59	14818	79.9
2 Did not affect academic performance	339	6	753	6	106	9	1206	6.5
3 Negatively impacted performance in a class	416	8	1317	11	326	27	2107	11.4
4 Delayed progress towards degree	130	2	216	2	60	5	415	2.2
Valid responses =	5322	29	11880	64	1197	6	18546	98.9

Invalid responses include no response.

#### 66F) Within the last 12 months, have any of the following affected your academic performance? Concussion or Traumatic Brain Injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5193	98	11456	96	1145	95	17934	96.6
2 Did not affect academic performance	73	1	187	2	32	3	293	1.6
3 Negatively impacted performance in a class	49	1	206	2	15	1	274	1.5
4 Delayed progress towards degree	12	0	34	0	8	1	56	0.3
Valid responses =	5327	29	11883	64	1200	6	18557	98.9

Invalid responses include no response.

#### 66S) Within the last 12 months, have any of the following affected your academic performance? COVID-19

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4517	85	9634	81	931	78	15192	82
2 Did not affect academic performance	526	10	1386	12	145	12	2073	11.2
3 Negatively impacted performance in a class	242	5	756	6	106	9	1126	6.1
4 Delayed progress towards degree	39	1	82	1	16	1	138	0.7
Valid responses =	5324	29	11858	64	1198	6	18529	98.8

Invalid responses include no response.



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Number of Surveys (n) = 18755 Web Surveys

#### 66G) Within the last 12 months, have any of the following affected your academic performance? Depression

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	3868	73	7205	61	348	29	11472	62.1
2 Did not affect academic performance	663	13	1806	15	229	19	2721	14.7
3 Negatively impacted performance in a class	617	12	2337	20	518	44	3531	19.1
4 Delayed progress towards degree	169	3	482	4	97	8	763	4.1
Valid responses =	5317	29	11830	64	1192	6	18487	98.6

Invalid responses include no response.

#### 66H) Within the last 12 months, have any of the following affected your academic performance? Eating disorder/problem

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4953	93	9652	82	845	71	15559	84.2
2 Did not affect academic performance	264	5	1585	13	259	22	2134	11.6
3 Negatively impacted performance in a class	65	1	525	4	77	7	676	3.7
4 Delayed progress towards degree	22	0	73	1	12	1	107	0.6
Valid responses =	5304	29	11835	64	1193	6	18476	98.5

Invalid responses include no response.

#### 66I) Within the last 12 months, have any of the following affected your academic performance? Headaches/migraines

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4080	77	7146	61	668	56	11985	65.2
2 Did not affect academic performance	900	17	2968	25	324	27	4227	23.0
3 Negatively impacted performance in a class	279	5	1553	13	184	16	2033	11.1
4 Delayed progress towards degree	24	1	101	1	13	1	141	0.8
Valid responses =	5283	29	11768	64	1189	6	18386	98.0

Invalid responses include no response.

#### 66J) Within the last 12 months, have any of the following affected your academic performance? Influenza or influenza like illness (the flu)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4790	90	10280	87	1015	85	16216	87.6
2 Did not affect academic performance	375	7	969	8	107	9	1458	7.9
3 Negatively impacted performance in a class	142	3	572	5	67	6	789	4.3
4 Delayed progress towards degree	10	0	24	0	4	0	39	0.2
Valid responses =	5317	29	11845	64	1193	6	18502	98.7

Invalid responses include no response.

#### 66K) Within the last 12 months, have any of the following affected your academic performance? Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4739	89	10669	90	1031	86	16569	89.3
2 Did not affect academic performance	469	9	894	8	112	9	1487	8.0
3 Negatively impacted performance in a class	101	2	282	2	49	4	435	2.3
4 Delayed progress towards degree	17	0	35	0	7	1	62	0.3
Valid responses =	5326	29	11880	64	1199	6	18553	98.9

Invalid responses include no response.

#### 66L) Within the last 12 months, have any of the following affected your academic performance? PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5302	100	7023	59	761	64	13193	71.1
2 Did not affect academic performance	20	0	3301	28	268	22	3607	19.4
3 Negatively impacted performance in a class	1	0	1451	12	161	13	1635	8.8
4 Delayed progress towards degree	3	0	108	1	9	1	121	0.7
Valid responses =	5326	29	11883	64	1199	6	18556	98.9

Invalid responses include no response.



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#### 66M) Within the last 12 months, have any of the following affected your academic performance? Post Traumatic Stress Disorder (PTSD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	5138	97	10854	92	949	80	17060	92.4
2 Did not affect academic performance	106	2	526	4	113	10	759	4.1
3 Negatively impacted performance in a class	42	1	359	3	102	9	511	2.8
4 Delayed progress towards degree	24	1	86	1	24	2	139	0.8
Valid responses =	5310	29	11825	64	1188	6	18469	98.5

Invalid responses include no response.

#### 66N) Within the last 12 months, have any of the following affected your academic performance? Short-term illness, excluding upper respiratory illness and influenza

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4692	88	9820	83	929	78	15567	84.0
2 Did not affect academic performance	461	9	1381	12	182	15	2038	11.0
3 Negatively impacted performance in a class	151	3	642	5	84	7	883	4.8
4 Delayed progress towards degree	13	0	23	0	2	0	39	0.2
Valid responses =	5317	29	11866	64	1197	6	18527	98.8

Invalid responses include no response.

#### 66O) Within the last 12 months, have any of the following affected your academic performance? Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4355	82	8365	71	787	66	13619	73.5
2 Did not affect academic performance	722	14	2306	19	259	22	3307	17.8
3 Negatively impacted performance in a class	233	4	1156	10	145	12	1547	8.3
4 Delayed progress towards degree	15	0	42	0	6	1	64	0.3
Valid responses =	5325	29	11869	64	1197	6	18537	98.8

Invalid responses include no response.

#### 66P) Within the last 12 months, have any of the following affected your academic performance? Sleep difficulties

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	3031	57	5962	50	408	34	9455	51.0
2 Did not affect academic performance	1194	22	3038	26	342	29	4613	24.9
3 Negatively impacted performance in a class	1001	19	2636	22	413	35	4097	22.1
4 Delayed progress towards degree	101	2	237	2	34	3	378	2.0
Valid responses =	5327	29	11873	64	1197	6	18543	98.9

Invalid responses include no response.

#### 66Q) Within the last 12 months, have any of the following affected your academic performance? Stress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	1945	37	2471	21	142	12	4589	24.7
2 Did not affect academic performance	1839	35	4316	36	326	27	6517	35.1
3 Negatively impacted performance in a class	1350	25	4509	38	644	54	6570	35.4
4 Delayed progress towards degree	189	4	583	5	85	7	868	4.7
Valid responses =	5323	29	11879	64	1197	6	18544	98.9

Invalid responses include no response.

#### 66R) Within the last 12 months, have any of the following affected your academic performance? Other issue not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4020	99	8298	98	816	94	13240	97.9
2 Did not affect academic performance	26	1	71	1	10	1	108	0.8
3 Negatively impacted performance in a class	23	1	66	1	26	3	117	0.9
4 Delayed progress towards degree	10	0	30	0	14	2	57	0.4
Valid responses =	4079	30	8465	63	866	6	13522	72.1

Invalid responses include no response.



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#### 67A) What sex were you assigned at birth?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	11993	100	968	80	13055	69.7
2 Male	5372	100	0	0	234	19	5649	30.2
3 Intersex	1	0	3	0	7	1	13	0.1
Valid responses =	5373	29	11996	64	1209	6	18717	99.8

Invalid responses include no response.

#### 67B) Do you identify as transgender?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5373	100	11996	100	484	40	17954	96.0
2 Yes	0	0	0	0	725	60	756	4.0
Valid responses =	5373	29	11996	64	1209	6	18710	99.8

Invalid responses include no response.

#### 67C) Which term do you use to describe your gender identity?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	11996	100	110	9	12121	64.8
2 Man or male	5373	100	0	0	92	8	5470	29.2
3 Trans woman	0	0	0	0	48	4	48	0.3
4 Trans man	0	0	0	0	112	9	112	0.6
5 Genderqueer	0	0	0	0	126	10	128	0.7
6 My identity is not listed	0	0	0	0	0	0	104	0.6
7 Agender	0	0	0	0	91	8	92	0.5
8 Genderfluid	0	0	0	0	137	11	139	0.7
9 Non-binary	0	0	0	0	491	41	495	2.6
10 Intersex	0	0	0	0	2	0	2	0.0
Valid responses =	5373	29	11996	64	1209	6	18711	99.8

Invalid responses include no response.

#### 68) What term best describes your sexual orientation?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual	49	1	260	2	162	13	487	2.6
2 Bisexual	258	5	1845	15	286	24	2414	12.9
3 Gay	253	5	19	0	54	5	329	1.8
4 Lesbian	0	0	347	3	120	10	477	2.6
5 Pansexual	52	1	323	3	169	14	564	3.0
6 Queer	23	0	262	2	222	18	527	2.8
7 Questioning	92	2	367	3	40	3	502	2.7
9 Straight/Heterosexual	4599	86	8461	71	121	10	13214	70.8
10 My identity not listed above	28	1	65	1	32	3	138	0.7
Valid responses =	5354	29	11949	64	1206	6	18652	99.5

Invalid responses include no response.

#### 69) How old are you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	1248	23	2870	24	296	25	4457	24.0
2 19 Years	1191	22	2717	23	262	22	4200	22.6
3 20 Years	995	19	2283	19	249	21	3555	19.1
4 21 Years	866	16	2069	17	197	16	3153	17.0
5 22 Years	381	7	782	7	74	6	1243	6.7
6 23 Years	175	3	299	3	35	3	516	2.8
7 24 Years	86	2	145	1	20	2	252	1.4
8 25 Years	55	1	94	1	14	1	164	0.9
9 26 to 30 Years	157	3	241	2	35	3	436	2.3
10 31 to 40 Years	131	3	245	2	12	1	392	2.1
11 41 or More Years	56	1	154	1	6	1	218	1.2
Valid responses =	5341	29	11899	64	1200	6	18586	99.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	20.71	20.00	4.34	18	98
Cis Women	20.60	20.00	4.39	18	70
Trans/Gender Non-conforming	20.30	20.00	3.21	18	55
Overall	20.61	20.00	4.32	18	98



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2023

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### UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

#### 71) What is your weight in pounds?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	20	0	427	4	49	4	502	2.7
2 101 to 150 Pounds	1603	30	7341	63	588	50	9603	52.4
3 151 to 200 Pounds	2680	50	3002	26	356	31	6077	33.2
4 201 to 250 Pounds	744	14	702	6	124	11	1583	8.6
5 251 to 300 Pounds	213	4	179	2	36	3	434	2.4
6 301 or More Pounds	58	1	47	0	15	1	123	0.7
Valid responses =	5318	29	11698	64	1168	6	18322	97.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	174.74	168.00	40.47	55	420
Cis Women	147.33	140.00	37.67	52	500
Trans/Gender Non-conforming	158.98	150.00	47.63	60	500
Overall	156.14	148.00	41.16	52	500

#### 72) What is your year in school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	1663	31	3483	29	368	30	5570	29.7
2 2nd year undergraduate	1241	23	2790	23	283	23	4358	23.2
3 3rd year undergraduate	1221	23	2794	23	282	23	4335	23.1
4 4th year undergraduate	977	18	2431	20	208	17	3650	19.5
5 5th year or more undergraduate	271	5	498	4	68	6	842	4.5
6 Master's (MA, MS, etc.)	0	0	0	0	0	0	0	0.0
7 Doctorate (PhD, EdD, MD, JD, etc.)	0	0	0	0	0	0	0	0.0
8 Not seeking a degree	0	0	0	0	0	0	0	0.0
9 Other (please specify):	0	0	0	0	0	0	0	0.0
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.

#### 73) What is your enrollment status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	5064	95	11365	95	1113	92	17700	94.8
2 Part-time	271	5	560	5	82	7	917	4.9
3 Other	19	0	26	0	10	1	57	0.3
Valid responses =	5354	29	11951	64	1205	6	18674	99.6

Invalid responses include no response.

#### 73A) I am taking classes this term:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	4019	75	7984	67	865	72	12975	69.3
2 Entirely online	53	1	228	2	21	2	304	1.6
3 A mix of in-person and online classes	1288	24	3770	32	320	27	5437	29.1
Valid responses =	5360	29	11982	64	1206	6	18716	99.8

Invalid responses include no response.

#### 73B1) How likely is it that you will:

Leave your school before graduating and transfer to another school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	130	2	300	3	39	3	471	2.5
2 Moderately likely	127	2	224	2	38	3	393	2.1
3 Slightly likely	311	6	653	6	82	7	1054	5.6
4 Slightly unlikely	233	4	527	4	57	5	825	4.4
5 Moderately unlikely	668	13	1199	10	161	13	2048	11.0
6 Very unlikely	3896	73	9062	76	830	69	13906	74.4
Valid responses =	5365	29	11965	64	1207	6	18697	99.7

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

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73B2) How likely is it that you will:

Leave your school before graduating without transferring to another school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	122	2.3	218	1.8	17	1.4	364	1.9
2 Moderately likely	66	1.2	102	0.9	21	1.7	190	1.0
3 Slightly likely	133	3	211	2	37	3	385	2.1
4 Slightly unlikely	165	3.1	312	2.6	45	3.7	529	2.8
5 Moderately unlikely	398	7.4	706	5.9	130	10.8	1249	6.7
6 Very unlikely	4474	84	10412	87	957	79	15969	85.5
Valid responses =	5358	29	11961	64	1207	6	18686	99.6

Invalid responses include no response.

73C1) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Lack of safe and/or affordable housing

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	574	83.4	1090	78.1	134	70.5	1807	78.8
2 Yes	114	16.6	306	21.9	56	29.5	486	21.2
Valid responses =	688	30	1396	61	190	8	2293	12.2

Invalid responses include no response.

73C2) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Financial concerns other than housing

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	432	63.2	758	54.1	93	48.7	1291	56.3
2 Yes	252	36.8	642	45.9	98	51.3	1003	43.7
Valid responses =	684	30	1400	61	191	8	2294	12.2

Invalid responses include no response.

73C3) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Need to take care of family members/children

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	618	90	1214	87.1	169	88	2015	88.0
2 Yes	69	10	180	12.9	23	12	276	12.0
Valid responses =	687	30	1394	61	192	8	2291	12.2

Invalid responses include no response.

73C4) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Conflicts with work responsibilities/schedule

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	604	88.3	1161	83.8	155	81.6	1934	84.9
2 Yes	80	11.7	225	16.2	35	18.4	345	15.1
Valid responses =	684	30	1386	61	190	8	2279	12.2

Invalid responses include no response.

73C5) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Ongoing physical and/or mental health issues

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	535	77.8	913	65.6	89	47.3	1546	67.6
2 Yes	153	22.2	479	34.4	99	52.7	741	32.4
Valid responses =	688	30	1392	61	188	8	2287	12.2

Invalid responses include no response.

73C6) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Change in my academic plans and/or professional goals (e.g., institution doesn't have the academic program I want; I may not want my chosen degree anymore)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	396	57.4	774	55.4	100	52.6	1281	55.8
2 Yes	294	42.6	622	44.6	90	47.4	1014	44.2
Valid responses =	690	30	1396	61	190	8	2295	12.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

#### 73C7) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Poor academic performance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	533	77.6	1100	78.9	133	69.6	1779	77.6
2 Yes	154	22.4	295	21.1	58	30.4	513	22.4
Valid responses =	687	30	1395	61	191	8	2292	12.2

Invalid responses include no response.

#### 73C8) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Negative experience at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	486	71.1	941	67.6	121	64	1558	68.2
2 Yes	198	28.9	450	32.4	68	36	725	31.8
Valid responses =	684	30	1391	61	189	8	2283	12.2

Invalid responses include no response.

#### 73C9) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

I don't feel like I fit in at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	447	65.1	819	58.8	106	55.2	1382	60.3
2 Yes	240	34.9	573	41.2	86	44.8	908	39.7
Valid responses =	687	30	1392	61	192	8	2290	12.2

Invalid responses include no response.

#### 73C10) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Other (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	436	88.6	840	89	109	89.3	1396	89.0
2 Yes	56	11.4	101	11	13	10.7	172	11.0
Valid responses =	492	31	941	60	122	8	1568	8.4

Invalid responses include no response.

#### 74A) Are you studying in the United States this semester/term?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	304	5.7	674	6	84	7	1072	5.8
2 Yes	5040	94.3	11248	94	1120	93	17564	94.2
Valid responses =	5344	29	11922	64	1204	6	18636	99.4

Invalid responses include no response.

#### 74B) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are studying in the U.S. this semester/term)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4050	83	9315	85	957	88	14453	84.5
2 Yes	860	18	1646	15	129	12	2647	15.5
Valid responses =	4910	29	10961	64	1086	6	17100	91.2

Invalid responses include no response.

#### 74C) Would you need a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are NOT studying in the U.S. this semester/term)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	250	87.4	590	90.9	68	90.7	915	89.9
2 Yes	36	12.6	59	9.1	7	9.3	103	10.1
Valid responses =	286	28	649	64	75	7	1018	5.4

Invalid responses include no response.

#### 75A1) How do you usually describe yourself? (Please select ALL that apply)

American Indian or Native Alaskan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5252	98	11760	98	1174	97	18352	97.9
1 Selected	121	2	236	2	35	3	403	2.1
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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July 22, 2025

FREQUENCY REPORT

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### 75A2) How do you usually describe yourself? (Please select ALL that apply)

#### Asian or Asian American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4488	84	10306	86	1045	86	15999	85.3
1 Selected	885	17	1690	14	164	14	2756	14.7
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.

### 75A3) How do you usually describe yourself? (Please select ALL that apply)

#### Black or African American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5012	93	10989	92	1129	93	17290	92.2
1 Selected	361	7	1007	8	80	7	1465	7.8
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.

### 75A4) How do you usually describe yourself? (Please select ALL that apply)

#### Hispanic or Latino/a/x

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4144	77	9036	75	948	78	14273	76.1
1 Selected	1229	23	2960	25	261	22	4482	23.9
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.

### 75A5) How do you usually describe yourself? (Please select ALL that apply)

#### Middle Eastern/North African (MENA) or Arab Origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5299	99	11835	99	1197	99	18503	98.7
1 Selected	74	1	161	1	12	1	252	1.3
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.

### 75A6) How do you usually describe yourself? (Please select ALL that apply)

#### Native Hawaiian or Other Pacific Islander Native

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5349	100	11941	100	1202	99	18666	99.5
1 Selected	24	0	55	1	7	1	89	0.5
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.

### 75A7) How do you usually describe yourself? (Please select ALL that apply)

#### White

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2112	39	4803	40	384	32	7375	39.3
1 Selected	3261	61	7193	60	825	68	11380	60.7
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.

### 75A8) How do you usually describe yourself? (Please select ALL that apply)

#### Biracial or Multiracial

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5140	96	11428	95	1109	92	17840	95.1
1 Selected	233	4	568	5	100	8	915	4.9
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.

### 75A9) How do you usually describe yourself? (Please select ALL that apply)

#### Another Identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5313	99	11910	99	1197	99	18590	99.1
1 Selected	60	1	86	1	12	1	165	0.9
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.



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UNDERGRADUATE STUDENTS

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FREQUENCY REPORT

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**75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)**  
Mexican, Mexican American, Chicano

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	332	27	742	25	78	30	1165	26.0
1 Selected	897	73	2218	75	183	70	3317	74.0
Valid responses =	1229	27	2960	66	261	6	4482	23.9
Invalid responses include no response.								

**75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)**  
Puerto Rican

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1164	95	2770	94	236	90	4199	93.7
1 Selected	65	5	190	6	25	10	283	6.3
Valid responses =	1229	27	2960	66	261	6	4482	23.9
Invalid responses include no response.								

**75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)**  
Cuban

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1206	98	2902	98	250	96	4389	97.9
1 Selected	23	2	58	2	11	4	93	2.1
Valid responses =	1229	27	2960	66	261	6	4482	23.9
Invalid responses include no response.								

**75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)**  
Another Hispanic, Latino/a/x, or Spanish origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	923	75	2320	78	204	78	3467	77.4
1 Selected	306	25	640	22	57	22	1015	22.6
Valid responses =	1229	27	2960	66	261	6	4482	23.9
Invalid responses include no response.								

**75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)**  
East Asian (for example: Chinese, Japanese, or Korean)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	534	60	979	58	83	51	1603	58.2
1 Selected	351	40	711	42	81	49	1153	41.8
Valid responses =	885	32	1690	61	164	6	2756	14.7
Invalid responses include no response.								

**75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)**  
Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	631	71	1160	69	110	67	1914	69.4
1 Selected	254	29	530	31	54	33	842	30.6
Valid responses =	885	32	1690	61	164	6	2756	14.7
Invalid responses include no response.								

**75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)**  
South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	575	65	1190	70	127	77	1908	69.2
1 Selected	310	35	500	30	37	23	848	30.8
Valid responses =	885	32	1690	61	164	6	2756	14.7
Invalid responses include no response.								

**75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)**  
Other Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	870	98	1658	98	160	98	2704	98.1
1 Selected	15	2	32	2	4	2	52	1.9
Valid responses =	885	32	1690	61	164	6	2756	14.7
Invalid responses include no response.								



# AMERICAN COLLEGE HEALTH ASSOCIATION

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## UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

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### 76) What is your relationship status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	3506	65	6754	57	669	55	11031	59.0
2 In relationship not married/partnered	1666	31	4770	40	495	41	6987	37.4
3 Married/partnered	189	4	435	4	44	4	676	3.6
Valid responses =	5361	29	11959	64	1208	6	18694	99.7
Invalid responses include no response.								

### 77A) Are you a member of a social fraternity or sorority?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5006	93	11028	92	1154	96	17344	92.7
2 Yes	356	7	945	8	54	5	1365	7.3
Valid responses =	5362	29	11973	64	1208	6	18709	99.8
Invalid responses include no response.								

### 77B) Do you live in a fraternity or sorority residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5277	98	11834	99	1195	99	18465	98.7
2 Yes	88	2	141	1	12	1	247	1.3
Valid responses =	5365	29	11975	64	1207	6	18712	99.8
Invalid responses include no response.								

### 78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	2614	50	5796	49	648	54	9147	49.5
2 Parent/guardian/other family member's home	1080	21	2398	20	218	18	3722	20.1
3 Off-campus/non-university housing	1531	29	3555	30	316	26	5443	29.5
4 Temporarily with relative, friend, couch surfing	18	0	31	0	6	1	55	0.3
5 Don't have a place to live	6	0	5	0	4	0	19	0.1
6 Other (please specify)	27	1	60	1	4	0	93	0.5
Valid responses =	5276	29	11845	64	1196	6	18479	98.5
Invalid responses include no response.								

### 79\_1) What is your primary source of health insurance? (select all that apply)

I have a college/university Student Health Insurance Plan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	4789	89.1	10991	91.6	1103	91.2	17051	90.9
1 Selected	584	10.9	1005	8.4	106	8.8	1704	9.1
Valid responses =	5373	29	11996	64	1209	6	18755	100.0
Invalid responses include no response.								

### 79\_2) What is your primary source of health insurance? (select all that apply)

I have health insurance through my parent/guardian (or their employer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	1605	29.9	3392	28.3	293	24.2	5348	28.5
1 Selected	3768	70.1	8604	71.7	916	75.8	13407	71.5
Valid responses =	5373	29	11996	64	1209	6	18755	100.0
Invalid responses include no response.								

### 79\_3) What is your primary source of health insurance? (select all that apply)

I have health insurance through my employer (or my spouse/partner's employer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	5241	97.5	11627	96.9	1181	97.7	18224	97.2
1 Selected	132	2.5	369	3.1	28	2.3	531	2.8
Valid responses =	5373	29	11996	64	1209	6	18755	100.0
Invalid responses include no response.								

### 79\_4) What is your primary source of health insurance? (select all that apply)

I have health insurance through Medicaid, Medicare, or VA/Tricare

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	5025	93.5	10989	91.6	1099	90.9	17269	92.1
1 Selected	348	6.5	1007	8.4	110	9.1	1486	7.9
Valid responses =	5373	29	11996	64	1209	6	18755	100.0
Invalid responses include no response.								



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## 79\_5) What is your primary source of health insurance? (select all that apply)

I have health insurance that was purchased from the exchange or an insurance carrier directly

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	5318	99	11883	99.1	1200	99.3	18576	99.0
1 Selected	55	1	113	0.9	9	0.7	179	1.0
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.

## 79\_9) What is your primary source of health insurance? (select all that apply)

I have health insurance through an embassy or sponsoring agency for international students

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	5368	99.9	11977	99.8	1208	99.9	18730	99.9
1 Selected	5	0.1	19	0.2	1	0.1	25	0.1
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.

## 79\_10) What is your primary source of health insurance? (select all that apply)

I have health insurance through another source (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	5329	99.2	11900	99.2	1203	99.5	18608	99.2
1 Selected	44	0.8	96	0.8	6	0.5	147	0.8
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.

## 79\_8) What is your primary source of health insurance? (select all that apply)

I have health insurance, but I don't know the primary source

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	5201	96.8	11686	97.4	1188	98.3	18249	97.3
1 Selected	172	3.2	310	2.6	21	1.7	506	2.7
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.

## 79\_6) What is your primary source of health insurance? (select all that apply)

I don't have health insurance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	5039	93.8	11200	93.4	1149	95	17552	93.6
1 Selected	334	6.2	796	6.6	60	5	1203	6.4
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.

## 79\_7) What is your primary source of health insurance? (select all that apply)

I don't know if I have health insurance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	5204	96.9	11726	97.7	1185	98	18289	97.5
1 Selected	169	3.1	270	2.3	24	2	466	2.5
Valid responses =	5373	29	11996	64	1209	6	18755	100.0

Invalid responses include no response.



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FREQUENCY REPORT

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## 80) What is your approximate cumulative grade average?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	505	9	1182	10	99	8	1802	9.7
2 A	1353	25	3388	28	300	25	5086	27.3
3 A-	1063	20	2437	20	210	18	3740	20.1
4 B+	771	14	1732	15	180	15	2702	14.5
5 B	679	13	1345	11	198	17	2239	12.0
6 B-	306	6	628	5	78	7	1024	5.5
7 C+	220	4	341	3	36	3	602	3.2
8 C	167	3	287	2	33	3	491	2.6
9 C-	63	1	109	1	14	1	190	1.0
10 D+	18	0	31	0	3	0	52	0.3
11 D	12	0	23	0	4	0	41	0.2
12 D-	2	0	17	0	2	0	22	0.1
13 F	7	0	16	0	4	0	27	0.1
14 N/A	187	4	397	3	39	3	631	3.4
Valid responses =	5353	29	11933	64	1200	6	18649	99.4

Invalid responses include no response.

## 81A) Do you participate in organized college athletics at any of the following levels?

### Varsity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4879	93	11049	94	1163	97	17241	93.7
2 Yes	380	7	731	6	33	3	1150	6.3
Valid responses =	5259	29	11780	64	1196	7	18391	98.1

Invalid responses include no response.

## 81B) Do you participate in organized college athletics at any of the following levels?

### Club Sports

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4443	85	10674	91	1125	94	16384	89.2
2 Yes	792	15	1099	9	73	6	1977	10.8
Valid responses =	5235	29	11773	64	1198	7	18361	97.9

Invalid responses include no response.

## 81C) Do you participate in organized college athletics at any of the following levels?

### Intramurals

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3945	76	10319	88	1121	95	15528	85.1
2 Yes	1282	25	1365	12	65	6	2723	14.9
Valid responses =	5227	29	11684	64	1186	6	18251	97.3

Invalid responses include no response.

## 82A) Do you have any of the following?

### Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4579	86	10113	85	745	63	15531	83.6
2 Yes	757	14	1787	15	447	38	3047	16.4
Valid responses =	5336	29	11900	64	1192	6	18578	99.1

Invalid responses include no response.

## 82B) Do you have any of the following?

### Autism Spectrum Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5112	96	11593	98	905	76	17723	95.7
2 Yes	209	4	271	2	288	24	805	4.3
Valid responses =	5321	29	11864	64	1193	6	18528	98.8

Invalid responses include no response.

## 82C) Do you have any of the following?

### Deaf/Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5180	98	11618	98	1139	96	18078	97.9
2 Yes	130	2	209	2	46	4	392	2.1
Valid responses =	5310	29	11827	64	1185	6	18470	98.5

Invalid responses include no response.



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## 82D) Do you have any of the following?

### Learning disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5130	97	11232	95	1044	88	17539	95.0
2 Yes	174	3	590	5	143	12	923	5.0
Valid responses =	5304	29	11822	64	1187	6	18462	98.4

Invalid responses include no response.

## 82E) Do you have any of the following?

### Mobility/Dexterity disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5267	99	11696	99	1107	93	18212	98.4
2 Yes	52	1	156	1	83	7	298	1.6
Valid responses =	5319	29	11852	64	1190	6	18510	98.7

Invalid responses include no response.

## 82F) Do you have any of the following?

### Blind/Low Vision

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5095	96	11266	95	1116	94	17617	95.3
2 Yes	209	4	569	5	75	6	861	4.7
Valid responses =	5304	29	11835	64	1191	6	18478	98.5

Invalid responses include no response.

## 82G) Do you have any of the following?

### Speech or language disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5220	99	11733	99	1156	98	18252	98.9
2 Yes	77	2	97	1	28	2	207	1.1
Valid responses =	5297	29	11830	64	1184	6	18459	98.4

Invalid responses include no response.

## 83) Are you currently or have you been a member of the Armed Services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5124	96	11782	99	1183	98	18237	97.9
2 Yes, have served in area of hazardous duty	90	2	42	0	11	1	145	0.8
3 Yes, have not served in area hazardous duty	122	2	103	1	11	1	240	1.3
Valid responses =	5336	29	11927	64	1205	6	18622	99.3

Invalid responses include no response.

## 84) What is the highest level of education completed by either of your parents (or guardians)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	210	4	620	5	27	2	862	4.6
2 High school diploma or GED	854	16	2115	18	194	16	3183	17.1
3 Attended college but no degree	402	8	993	8	107	9	1520	8.1
4 Associate's degree	362	7	975	8	90	8	1436	7.7
5 Bachelor's degree	1526	29	3192	27	342	28	5099	27.3
6 Master's degree	1336	25	2769	23	292	24	4440	23.8
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	555	10	1132	10	138	11	1840	9.9
8 Don't know	104	2	148	1	18	2	276	1.5
Valid responses =	5349	29	11944	64	1208	6	18656	99.5

Invalid responses include no response.

## 85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5198	97	11470	96	1169	97	17987	96.5
2 Yes	148	3	458	4	34	3	645	3.5
Valid responses =	5346	29	11928	64	1203	6	18632	99.3

Invalid responses include no response.



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#### HT\_INCH Height in Inches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	1	0	0	0	1	0.0
3 49 to 60 Inches	6	0	820	7	67	6	899	4.9
4 61 to 72 Inches	4107	78	10918	93	1080	91	16234	88.1
5 73 to 84 Inches	1167	22	62	1	45	4	1283	7.0
6 85 or More Inches	2	0	1	0	0	0	4	0.0
Valid responses =	5282	29	11802	64	1192	6	18421	98.2

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

#### BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.05	0.02	0.06	0	0.49
Cis Women	0.05	0.03	0.06	0	0.50
Trans/Gender Non-conforming	0.04	0.02	0.06	0	0.45
Overall	0.05	0.03	0.06	0	0.50

#### BAC Estimated Blood Alcohol Content

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	1134	39	2049	29	225	36	3434	32.4
1 .01 to .05% Alcohol	979	33	2716	39	277	44	3991	37.7
2 .06 to .07% Alcohol	205	7	589	9	38	6	839	7.9
3 .08 to .09% Alcohol	167	6	458	7	25	4	653	6.2
4 .10 to .15% Alcohol	308	11	745	11	32	5	1087	10.3
5 .16 to .20% Alcohol	79	3	232	3	13	2	325	3.1
6 .21 to .25% Alcohol	33	1	109	2	7	1	150	1.4
7 .26 to .30% Alcohol	15	1	37	1	2	0	54	0.5
8 .31 to .49% Alcohol	16	1	33	1	5	1	54	0.5
Valid responses =	2936	28	6968	66	624	6	10587	56.4

Invalid responses include no response.

#### RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	2318	79	5354	77	540	87	8264	78.1
1 .08% or higher	618	21	1614	23	84	14	2332	21.9
Valid responses =	2936	28	6968	66	624	6	10587	56.4

Invalid responses include no response.

#### RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	2485	85	5812	83	565	91	8917	84.2
1 .1% or higher	451	15	1156	17	59	10	1670	15.8
Valid responses =	2936	28	6968	66	624	6	10587	56.4

Invalid responses include no response.

#### BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Cis Men	24.84	24.00	5.29	9	68
Cis Women	24.88	23.00	6.01	6	73
Trans/Gender Non-conforming	25.79	24.00	6.83	10	59
Overall	24.93	24.00	5.88	6	73

#### RBMI Body Mass Index Classifications

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	298	6	679	6	95	8	1080	5.9
2 Desired weight (18.5- 24.9)	2862	54	6628	57	541	46	10109	55.5
3 Overweight (25- 29.9)	1375	26	2468	21	273	23	4137	22.7
4 Class I obesity (30- 34.9)	467	9	1078	9	139	12	1701	9.3
5 Class II obesity (35- 39.9)	181	3	440	4	68	6	694	3.8
6 Class III obesity (>=40)	88	2	338	3	49	4	484	2.7
Valid responses =	5271	29	11631	64	1165	6	18205	97.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III)

### Reference Group Data Report - Fall 2023

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(410) 859-1500

[www.acha.org](http://www.acha.org)

### UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

#### USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Cis Men	1.78	1.00	2.15	0	6
Cis Women	2.20	1.00	2.27	0	6
Trans/Gender Non-conforming	2.58	2.00	2.33	0	6
Overall	2.10	1.00	2.25	0	6

#### RUSDAFI USDA Food Security Category

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	964	18	2792	24	360	30	4154	22.4
2 Low food security (2-4)	1175	22	3103	26	319	27	4637	25.0
3 High or marginal food security (0-1)	3170	60	5968	50	520	43	9748	52.6
Valid responses =	5309	29	11863	64	1199	6	18539	98.8
Invalid responses include no response.								

#### KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Cis Men	7.49	6.00	5.23	0	24
Cis Women	8.84	8.00	5.26	0	24
Trans/Gender Non-conforming	11.85	12.00	5.11	0	24
Overall	8.67	8.00	5.36	0	24

#### RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-12)	4419	84	9107	77	662	56	14279	77.5
3 Serious psychological distress (13-24)	849	16	2703	23	525	44	4144	22.5
Valid responses =	5268	29	11810	64	1187	6	18423	98.2
Invalid responses include no response.								

#### ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.48	6.00	1.92	3	9
Cis Women	5.54	6.00	1.87	3	9
Trans/Gender Non-conforming	6.33	6.00	1.85	3	9
Overall	5.58	6.00	1.89	3	9

#### RULS3 Recoded UCLA Loneliness Scale

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	2642	49	5726	48	381	32	8803	47.2
2 Positive for loneliness (6-9)	2721	51	6209	52	823	68	9861	52.8
Valid responses =	5363	29	11935	64	1204	6	18664	99.5
Invalid responses include no response.								

#### SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.03	4.00	2.91	3	18
Cis Women	5.27	4.00	3.11	3	18
Trans/Gender Non-conforming	8.36	8.00	3.88	3	18
Overall	5.41	4.00	3.22	3	18

#### RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	4127	77	8761	74	430	36	13399	71.9
2 Positive for suicidal screening (7-18)	1223	23	3163	27	769	64	5231	28.1
Valid responses =	5350	29	11924	64	1199	6	18630	99.3
Invalid responses include no response.								

#### DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Cis Men	43.66	46.00	9.16	8	56
Cis Women	44.77	47.00	8.35	8	56
Trans/Gender Non-conforming	39.69	41.00	9.65	8	56
Overall	44.08	46.00	8.8	8	56

#### CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.13	6.00	1.56	0	8
Cis Women	5.84	6.00	1.57	0	8
Trans/Gender Non-conforming	5.17	5.00	1.68	0	8
Overall	5.87	6.00	1.59	0	8



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July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

#### SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	7.37	4.00	8.14	0	31
Cis Women	8.38	5.00	8.77	0	31
Trans/Gender Non-conforming	7.83	5.00	8.75	0	31
Overall	8.03	5.00	8.59	0	31

#### TOBACCORISK ASSIST Tobacco Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	701	49	1364	45	146	47	2227	46.4
2 Moderate Risk (4-26)	670	47	1535	51	156	50	2373	49.5
3 High Risk (27-39)	49	4	135	4	11	4	195	4.1
Valid responses =	1420	30	3034	63	313	7	4795	25.6

Invalid responses include no response.

#### SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.62	5.00	6.24	0	36
Cis Women	6.62	5.00	5.75	0	39
Trans/Gender Non-conforming	5.88	5.00	5.57	0	36
Overall	6.57	5.00	5.88	0	39

#### ALCOHOLRISK ASSIST Alcohol Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	2476	82	5946	83	623	85	9119	82.6
2 Moderate Risk (11-26)	488	16	1159	16	101	14	1754	15.9
3 High Risk (27-39)	61	2	96	1	7	1	167	1.5
Valid responses =	3025	27	7201	65	731	7	11040	58.9

Invalid responses include no response.

#### SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.32	3.00	7.89	0	39
Cis Women	6.14	3.00	7.35	0	39
Trans/Gender Non-conforming	7.93	6.00	8.35	0	39
Overall	6.35	3.00	7.62	0	39

#### CANNABISRISK ASSIST Cannabis Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	851	53	1906	51	203	39	2981	50.1
2 Moderate Risk (4-26)	697	43	1761	47	295	56	2773	46.6
3 High Risk (27-39)	58	4	106	3	25	5	193	3.2
Valid responses =	1606	27	3773	63	523	9	5947	31.7

Invalid responses include no response.

#### SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	4.01	0.00	7.22	0	33
Cis Women	2.92	0.00	5.38	0	30
Trans/Gender Non-conforming	4.61	0.00	9.4	0	36
Overall	3.43	0.00	6.49	0	36

#### COCAINERISK ASSIST Cocaine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	132	71	255	77	29	76	420	75.1
2 Moderate Risk (4-26)	46	25	72	22	6	16	124	22.2
3 High Risk (27-39)	7	4	4	1	3	8	15	2.7
Valid responses =	185	33	331	59	38	7	559	3.0

Invalid responses include no response.

#### SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	4.80	0.00	8.45	0	33
Cis Women	2.98	0.00	6.01	0	29
Trans/Gender Non-conforming	10.53	6.00	13.05	0	34
Overall	4.94	0.00	8.85	0	34

#### METHRISK ASSIST Methamphetamine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	35	70	43	77	8	47	87	69.6
2 Moderate Risk (4-26)	13	26	12	21	5	29	30	24.0
3 High Risk (27-39)	2	4	1	2	4	24	8	6.4
Valid responses =	50	40	56	45	17	14	125	0.7

Invalid responses include no response.



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### UNDERGRADUATE STUDENTS

July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

#### SSSINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.39	0.00	5.15	0	33
Cis Women	2.78	0.00	5.4	0	30
Trans/Gender Non-conforming	5.15	0.00	9.31	0	34
Overall	2.91	0.00	6	0	34

#### INHALANTRISK ASSIST Inhalant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	155	81	198	78	36	68	395	78.4
2 Moderate Risk (4-26)	35	18	48	19	12	23	95	18.8
3 High Risk (27-39)	1	1	7	3	5	9	14	2.8
Valid responses =	191	38	253	50	53	11	504	2.7

Invalid responses include no response.

#### SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.45	0.00	5.14	0	33
Cis Women	2.67	0.00	5.55	0	32
Trans/Gender Non-conforming	4.20	0.00	8.35	0	36
Overall	2.70	0.00	5.7	0	36

#### RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	243	80	415	81	41	73	709	79.9
2 Moderate Risk (4-26)	57	19	91	18	11	20	160	18.0
3 High Risk (27-39)	4	1	9	2	4	7	18	2.0
Valid responses =	304	34	515	58	56	6	887	4.7

Invalid responses include no response.

#### SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.10	0.00	5.27	0	33
Cis Women	3.36	0.00	6.23	0	32
Trans/Gender Non-conforming	6.12	0.00	10.58	0	35
Overall	3.54	0.00	6.57	0	35

#### SEDATIVERISK ASSIST Sedative Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	136	74	255	75	37	73	435	74.2
2 Moderate Risk (4-26)	47	26	81	24	8	16	137	23.4
3 High Risk (27-39)	1	1	6	2	6	12	14	2.4
Valid responses =	184	31	342	58	51	9	586	3.1

Invalid responses include no response.

#### SSISHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.80	0.00	4.91	0	33
Cis Women	2.30	0.00	4.19	0	34
Trans/Gender Non-conforming	3.56	2.00	6.62	0	30
Overall	2.65	0.00	4.87	0	34

#### HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	335	75	468	78	100	73	912	76.4
2 Moderate Risk (4-26)	105	24	129	22	32	23	267	22.4
3 High Risk (27-39)	5	1	4	1	5	4	15	1.3
Valid responses =	445	37	601	50	137	11	1194	6.4

Invalid responses include no response.

#### SSISHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	8.05	3.00	10.36	0	33
Cis Women	5.85	0.00	10.07	0	32
Trans/Gender Non-conforming	14.92	16.00	14.16	0	30
Overall	8.28	3.00	11.3	0	33

#### HEROINRISK ASSIST Heroin Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	19	51	28	72	5	42	52	58.4
2 Moderate Risk (4-26)	15	41	8	21	2	17	25	28.1
3 High Risk (27-39)	3	8	3	8	5	42	12	13.5
Valid responses =	37	42	39	44	12	13	89	0.5

Invalid responses include no response.



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July 22, 2025

FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

#### SSSRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.89	0.00	6.44	0	33
Cis Women	2.92	0.00	6.24	0	34
Trans/Gender Non-conforming	6.49	2.00	10.72	0	31
Overall	3.26	0.00	7	0	34

#### RXOPIOIDRISK ASSIST Opioid Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	122	81	157	80	23	66	309	79.0
2 Moderate Risk (4-26)	27	18	35	18	7	20	69	17.6
3 High Risk (27-39)	2	1	5	3	5	14	13	3.3
Valid responses =	151	39	197	50	35	9	391	2.1

Invalid responses include no response.

#### SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	10.40	6.00	11.18	0	33
Cis Women	10.10	8.00	9.65	0	32
Trans/Gender Non-conforming	12.42	7.00	13.53	0	31
Overall	10.47	6.00	10.71	0	33

#### OTHERSSISRISK ASSIST Other Drug Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	23	43	15	29	5	42	43	36.8
2 Moderate Risk (4-26)	22	42	31	60	3	25	56	47.9
3 High Risk (27-39)	8	15	6	12	4	33	18	15.4
Valid responses =	53	45	52	44	12	10	117	0.6

Invalid responses include no response.

#### PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Cis Men	580.29	360.00	734.9	0	11037
Cis Women	456.10	250.00	669.49	0	11040
Trans/Gender Non-conforming	344.04	180.00	493.2	0	6000
Overall	484.72	280.00	682	0	11040

#### PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1237	23	3706	31	483	41	5483	29.7
2 Yes	4077	77	8088	69	699	59	12971	70.3
Valid responses =	5314	29	11794	64	1182	6	18454	98.4

Invalid responses include no response.

#### PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2457	46	7447	63	927	78	10942	59.3
2 Yes	2857	54	4346	37	255	22	7511	40.7
Valid responses =	5314	29	11793	64	1182	6	18453	98.4

Invalid responses include no response.

#### HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2941	55	8357	71	985	83	12404	67.2
2 Yes	2373	45	3436	29	197	17	6049	32.8
Valid responses =	5314	29	11793	64	1182	6	18453	98.4

Invalid responses include no response.

#### References

<sup>1</sup> Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.



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UNDERGRADUATE STUDENTS

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FREQUENCY REPORT

Number of Surveys (n) = 18755 Web Surveys

The following questions about guns/firearms are included in all surveys unless a school chooses to opt-out. The firearm questions were included in the ACHA-NCHA at 23 schools.

86A) Do you have access to a gun/firearm?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2030	84	5026	91	571	91	7692	89.0
2 Yes	395	16	485	9	57	9	946	11.0
Valid responses =	2425	28	5511	64	628	0	8638	46.1

Invalid responses include no response.

86B) During the last 30 days, on how many days did you carry a gun/firearm on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	2355	99	5380	100	599	100	8403	99.5
2 1-2 days	6	0	2	0	0	0	8	0.1
3 3-4 days	2	0	1	0	0	0	3	0.0
4 5-30 days	14	1	12	0	2	0	28	0.3
Valid responses =	2377	28	5395	64	601	7	8442	45.0

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	0.13	0.00	1.83	0	30
Cis Female	0.04	0.00	0.84	0	30
Trans/Gender Non-conforming	0.10	0.00	1.73	0	30
Overall	0.07	0.00	1.27	0	30

86C) To what extent are you concerned about gun violence on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all concerned	1270	52	1633	30	130	21	3056	35.4
2 Slightly concerned	780	32	2125	39	237	38	3170	36.7
3 Moderately concerned	273	11	1154	21	174	28	1610	18.6
4 Very concerned	65	3	386	7	47	8	505	5.8
5 Extremely concerned	41	2	216	4	39	6	302	3.5
Valid responses =	2429	28	5514	64	627	7	8643	46.1

Invalid responses include no response.