

2026 American College Health Foundation

College Well-Being Award

<https://www.acha.org/ACHF>

Proposal Outline & Submission

PROPOSAL OUTLINE

Please submit **ACHF College Well-Being Award Funding Opportunity Proposal** as a PDF File. Please submit a typewritten PDF. Handwritten submissions will not be accepted. Use the following format:

- First page: Applicant Information Form
- Second Page: Authorizing Agent Signature Form
- Proposal pages in the following format:

Section I. Executive Summary (One-page limit – double spaced)

Provide an overall description of the project, including the evaluation plan.

Section II. Project Narrative (Six-page limit – double spaced)

This section should address the following points:

- Your institution's definition of well-being and how this project will meet the vision and process for building a healthy campus community and the progress your institution has made toward realizing this vision. If your institution is still in the beginning stages of this journey, please describe how your institution plans to establish a collective vision and process throughout the campus. Please limit to one paragraph.
- Describe the overall funding request, including:
 - rationale
 - goal(s)
 - specific objectives
 - anticipated impact
- Identify key personnel and campus partners who will be responsible for executing the proposed project.
- Describe the evaluation procedures that will be used to measure the proposed project.
- Identify other resources that will support this proposed project (in-kind campus contributions).
- Describe the sustainability plan after the funding concludes.

Section III: Budget (One-page limit– single spaced)

Provide budget detail, including funds requested and justification for their use.

Section IV: Appendices (Optional - Four-page limit– double spaced)

- Evaluation instruments
- Letters of support
- Other supporting documentation

Submission:

- Upload your completed proposal and the signed Application Cover Sheet Form in **One PDF File** to our [website](#).
- For more information, please contact the American College Health Foundation at: achf@acha.org