

JOURNAL OF
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*Student Health Center
University of South Alabama
Mobile, Alabama*



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The mission of the University of South Alabama (USA) Student Health Center (SHC) is to provide efficient and cost-effective health care services relevant to the needs of the University community. In the fall of 2016, the Student Health Center moved to a newly renovated facility in the heart of campus in order to be more accessible to the student population. The new location also has more examination rooms and an expanded waiting room with an open reception area, and has resulted in a significant increase in utilization. All currently enrolled students are eligible for treatment at the SHC, which accepts and processes claims for a number of insurance carriers.

The Student Health Center is staffed with a team of physicians, nurse practitioners, registered nurses, licensed practical nurses, and clerical personnel dedicated to providing targeted health education and wellness promotion, as well as excellence in primary health care. The SHC provides treatment for a variety of medical conditions, as well as physical examinations, sports medicine, immunizations, women's health, sexual assault services, and health education. Laboratory testing is offered in the clinic and by reference laboratory, and radiographs are available by referral. The Student Health Center is fully accredited by the Accreditation Association for Ambulatory Health Care (AAAHC).

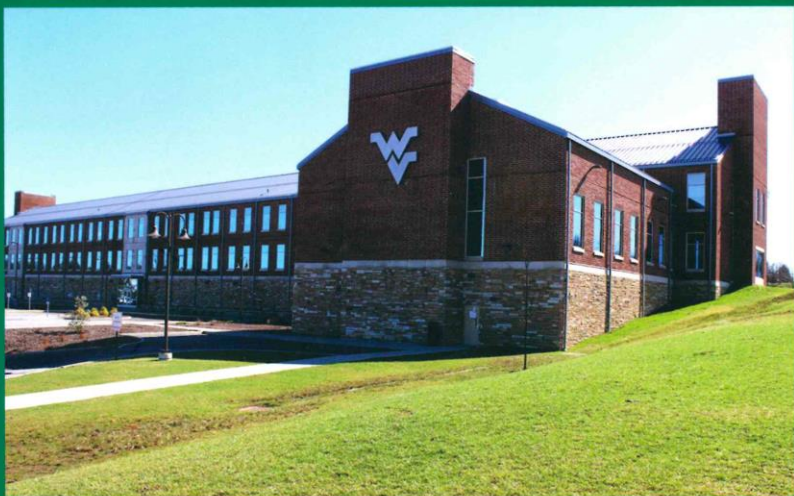
University of South Alabama
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*Health and Education Building
West Virginia University
Morgantown, West Virginia*



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The West Virginia University (WVU) Student Health Center is operated by WVU Medicine, West Virginia's largest healthcare institution. In summer of 2014, the new 117,344 sq. ft., three-story Health and Education Building opened its doors on the Evansdale campus to house Student Health Services, Well WVU and Carruth Center for Psychological and Psychiatric Services. The new building is located adjacent to the Student Recreation Center and the College of Physical Activity and Sport Sciences (CPASS). The project brought departments and personnel from all corners of the campus to a centralized location to focus on student health and wellness. The expanded space for Student Health added 28 exam rooms, a 40 seat waiting area, and a connecting full-service pharmacy.

Students at WVU are provided with quality care from academic physicians in a state-of-the-art facility that also operates as an Urgent Care for university faculty, staff, and Morgantown-area community members. Some of the services provided include women's wellness visits, preventive and acute care, sports and school physicals, immunizations, allergy injections, on-site x-rays, and lab services. Student Health also boasts an International Travel Clinic, which provides students, faculty, and family members with travel counseling and immunizations that they need for studying, teaching, and vacationing abroad.

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*Student Health Center
Purdue University
West Lafayette, Indiana*



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The Purdue University Student Health Center (PUSH) was completed in 1961 at a cost of nearly \$1.8 million. At the time, it served as a 24-hour, 90-bed hospital complete with emergency, radiological, and surgical facilities. It replaced services that had formerly been housed in the basement of the University's administrative building. A news article from its opening lauded that the hospital rooms were furnished with study desks, as students still had to keep up with their school work when they were ill. There was also piped-in music with radio receivers that could be placed under the pillows.

In the 1980s, nurse practitioners trained at the facility were added to the staff, and by 1992 the facility had become entirely ambulatory. Although PUSH no longer provides inpatient care, it is now open for appointments Monday-Saturday. The primary care team consists of 16 physicians and nurse practitioners that provide care for more than 16,000 patients annually. The facility is located on Purdue's iconic Stadium Mall, across from the Neil Armstrong Hall of Engineering.

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*Student Wellness Center
Duke University
Durham, North Carolina*



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Duke University opened its new Student Wellness Center, “The Well”, in January 2017. This innovative facility meets the highest standards of clinical care while expanding the role of wellness in students’ lives. Strategically situated within the Campus Center, the building abuts the historic Duke Forest and, for the first time in Duke’s history, consolidates all student health and wellness departments into one location. In addition to Student Health, Counseling and Psychological Services, DuWell and DukeReach, the building includes a pharmacy, dental office, physical therapy, and multipurpose spaces. This diverse array of programs allows the entire campus community to meet, find balance, and focus on wellness.

The design’s open three-story atrium lobby infuses the building with natural light. A monumental entry stair follows a translucent wall up through the space to celebrate the intersection of prevention, intervention and social interaction. Oak harvested from the site and locally milled was used extensively for interior surfaces and exterior seating to integrate an authentic sense of nature and minimize the project’s environmental impact. A contemplative garden reinforces connections between the environment and personal wellness. These abundant and unique features make the Duke Student Wellness Center the embodiment of the University’s emphasis on integrating wellness into daily life. *(Photos courtesy of Robert Benson Photography)*

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Duke University
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(Inside Cover Photo)



JOURNAL OF American College HEALTH

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*Center for Health and Well-Being
University of South Carolina
Columbia, South Carolina*



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The 68,000 square foot Center for Health and Well-Being opened on the University of South Carolina campus on July 31, 2017. Design goals for the Center included creating a place that is welcoming, calming and focused on student well-being, with sustainability as one of its central principles. Five core colors were used in an array of yellow, green and blue shades that are known to help reduce stress and anxiety. Natural light and tree-themed environmental graphics were used to connect the five floors and integrate elements of nature inside the space. Campus officials anticipate receiving a Leadership in Energy and Environmental Design (LEED) Gold certification for the new facility.

New and expanded services include the addition of mental health specialists in clinical exam areas, a new eye clinic and optical shop, expanded sports medicine and physical therapy services with a complete rehab gym, a state-of-the-art demonstration kitchen, and expanded pharmacy services. Student Health Services also provides primary and women's health care, counseling and psychiatry, laboratory services, radiology, allergy/immunization & travel services, interpersonal violence & sexual assault intervention and prevention, and healthy campus initiatives including stress management, sexual health, nutrition and fitness programming. Student Health Services has been an accredited Patient-Centered Medical Home since 2014.

**University of South Carolina
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*Health and Medical Center
Colorado State University
Fort Collins, Colorado*



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Special Issue: Sexual Violence



Taylor & Francis
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Correction

In this issue, 66-06, a photo of Purdue University's Student Health Center was mistakenly captioned on the cover as Colorado State University's Health and Medical Center. The correct photo of Colorado State University's Health and Medical Center can be found on the next cover (66-07) and below.



**Correction of Title:
Purdue University
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*Health and Medical Center
Colorado State University
Fort Collins, Colorado*



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The Health and Medical Center at Colorado State University (CSU) opened in July 2017. The four-story, 113,000 sq. ft., \$59 M project was designed and built with the vision of elevating the health and well-being of the entire CSU community, including students, faculty, staff, and community members. The building consolidates under one roof all of the medical services into one convenient, on-campus location.

Building partners, including UCHealth, Associates in Family Medicine, and Columbine Health Systems, occupy the first floor of the building where they provide services for CSU faculty/staff and community members. Patients here have access to a walk-in clinic with extended hours, family medical care, digital imaging, occupational health and rehabilitation services, infusion services, and nutrition counseling.

The CSU Health Network is committed to the mind/body connection and provides an array of medical, counseling, and health education/prevention services for a population of more than 28,000 students. Services provided in the new facility include primary care, women's & men's care, transgender care, pharmacy, immunizations, radiology, dental services, optometry services, physical therapy, sports medicine/orthopedics, massage therapy, allergy and asthma care, nutrition care for disordered eating, travel medicine, behavioral health, and psychiatry. Counseling offers individual and group sessions, drugs and alcohol programs, intensive post-hospitalization support, and crisis intervention, while outreach efforts focus on substance abuse prevention, mental health initiatives, peer education, sexual health issues, tobacco cessation, resiliency, and spiritual care.



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Colorado State University
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Highland Commons Building University of Arizona Tucson, Arizona



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The Highland Commons Building was built in 2003 to bring health and wellness services together into one campus location. The three-story, 85,000 square-foot facility houses the Campus Health Service (CHS), Counseling & Psych Services (CAPS), Disability Resource Center (DRC), and Health Promotion & Preventive Services (HPPS). Long a leader in the field, the University of Arizona (UA) Campus Health Service became the first nationally accredited college health center in 1978, and has been continuously re-accredited since then by the Accreditation Association for Ambulatory Health Care (AAAHC).

The CHS provides over 70,000 visits a year and a wide range of services including general medical and walk-in clinics, counseling and psychological services, health promotion, women's health, pharmacy, travel & immunization services, sports medicine, physical therapy, therapeutic massage, clinical laboratory, radiology, and nutrition. UA Campus Health's annual Patient Satisfaction Survey conducted in 2017 revealed that 99% of UA students who use the health service would recommend it to a friend. Additionally, the *Princeton Review* named The University of Arizona Campus Health Service the 2nd Best Health Service in the nation, out of 382 colleges and universities, for the second year in a row. Everyone at Campus Health is proud that 2018 marks its 100 Year Anniversary of providing quality care to the students of The University of Arizona. *(Photo courtesy of Andrew J. Maghielse)*

University of Arizona
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*Cornell Health
Cornell University
Ithaca, New York*



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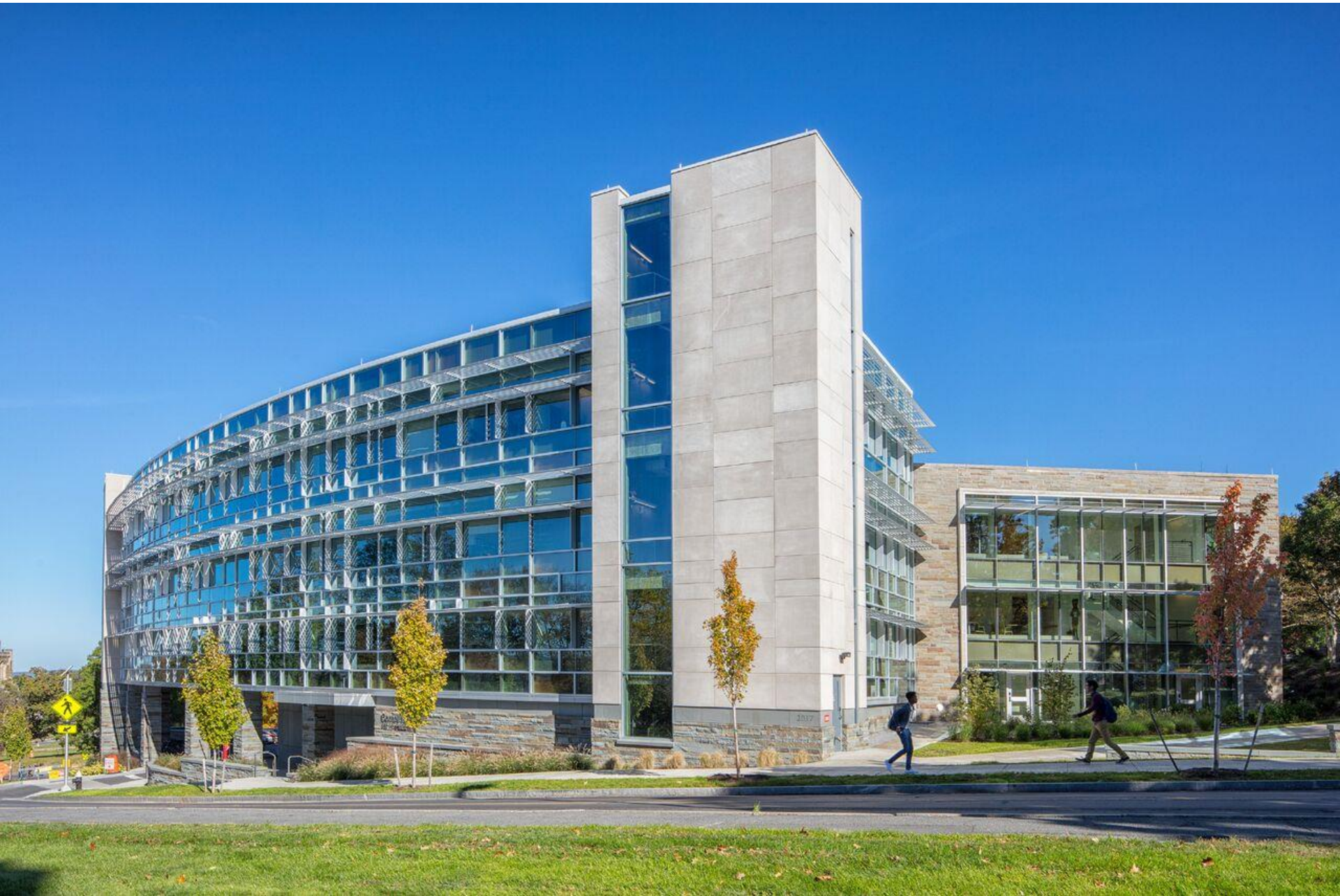


Taylor & Francis
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Cornell University's new health center, Cornell Health, opened its doors in July 2017 after a two-year renovation and expansion project of the former Gannett Health Services' building. Designed by Cornell alumna, Grace Chiang of Chiang O'Brien Architects, the new Cornell Health building draws on the natural beauty of the Ithaca area, using local bluestone, natural wood accents, and colors and patterns inspired by nature to create a soothing and spa-like aesthetic.

The new building was designed to include multidisciplinary suites and collaborative work spaces that facilitate the delivery of integrated medical and mental health services by providing an adequate number of appropriately-sized exam rooms to meet campus demand. The clinician offices are more private, improving confidentiality and the patient experience, with new counseling offices, meeting rooms and waiting areas, an expanded laboratory, radiology unit and pharmacy, and suites for Student Disability Services, Occupational Medicine and the Skorton Center for Health Initiatives. The expanded facility increased the health center's useable space from 25,000 to 52,000 square feet, improving access to care for a student body that has doubled in size and increased its utilization of health services by 250% since the original Gannett Clinic opened its doors in the 1950s. (*Photo courtesy of David Revette Photography*)

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Health and Wellness Center Queens University of Charlotte Charlotte, North Carolina



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Queens University of Charlotte is a small private liberal arts university founded in 1857 and located in Myers Park just three miles from their original downtown location. The Health and Wellness Center at Queens University of Charlotte moved to its current location in this quaint red brick cottage some 15 years ago. The 1,700 sq. ft. Center does not look or feel like most other medical centers, and that is by design. The goal is for their facility to look and feel more like a home — complete with comfy furniture, fireplace, and even a dog. Nola and Sunshine (rescued Golden Retrievers) serve as four-legged stress reduction providers ready to ease students' tension through walks, jogs, or wet kisses.

Traditional undergraduate and nursing students have access to a full array of integrated treatment services funded through the tuition package. The integrative model of nursing, medical, and counseling services allows for reduced costs and improved quality of care through a mind/body approach. Most clinical appointments are with a nurse, but a doctor is available 1 day a week, and the providers have even been known to make campus 'house calls'. Licensed mental health counselors provide individual and group sessions, while the medical team works together to provide education in stress reduction, resilience, sleep hygiene, and other health issues. The Health and Wellness Center provides a safe space for Queens University students to come for information, counseling, and treatment, resulting in over 6,000 visits per year, and embracing the campus motto: *"Not to be served, but to serve"*.

Queens University of Charlotte
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*Dr. Bob Smith Health Center
Southern Methodist University
Dallas, Texas*



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Standing prominently in the heart of the Southern Methodist University (SMU) campus, the Dr. Bob Smith Health Center is a 33,000-square-foot facility that provides medical, counseling, pharmacy, and health promotion services to SMU students under one roof. Construction of the expanded state-of-the-art Health Center was completed in the summer of 2016 on the site of the former Memorial Health Center which had been in service for more than 50 years. The Dr. Bob Smith Health Center is named for a University alumnus and benefactor who was a prominent Dallas medical leader. The Health Center is a core component of SMU's commitment to student well-being as they pursue their academic and personal goals. *(Photo courtesy of Southern Methodist University, Hillsman S. Jackson).*

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*Health Center
University of Central Florida
Orlando, Florida*



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The University of Central Florida (UCF) Student Health Services has expanded its current Health Center by adding an additional 10,000 square feet. The new area is home to Behavioral Health, which includes dietician services, psychiatry, substance use treatment, and neuro-biofeedback. There are over 11,000 annual visits to Behavioral Health, with services clustered in this space to better integrate Behavioral Health providers in the fields of Psychiatry and substance use treatment.

The addition also houses International Health, Health Information Management and Compliance, and the Immunization and Allergy Clinic. International Health provides travel medicine services to students and faculty traveling abroad, as well as healthcare to the many international students attending UCF. Patients have the opportunity to receive any required immunizations, travel-related advice, or medications. Student Health Services has been accredited by the Accreditation Association for Ambulatory Healthcare (AAAHC) since 2000.

**University of Central Florida
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*Tang Center
University of California, Berkeley
Berkeley, California*



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The Tang Center's opening in 1993 ushered the University of California (UC) Berkeley's University Health Services into a whole new era. By providing comprehensive services in a single facility, including mental health counseling, clinical services, health promotion, dental care, optometry, etc., the Tang Center's medical model was among the most advanced in the UC System. From its inception, the Tang Center has also been a leader in providing medical services for the entire campus, including students, faculty, and staff. The Tang Center's staff includes general practitioners, nurses, physical therapists, optometrists, pharmacists, nutritionists, lab technicians, psychologists, psychiatrists, and social workers.

Targeting outreach to its diverse campus constituents, and coordinating physical and mental health care services, allows the staff to provide over 118,000 visits annually and serve nearly two-thirds of the student body. Besides primary care, the providers offer seamless referral for urgent care services as necessary, and treatment for a wide variety of medical needs. Their staff also place a focus on preventive health, offering services centered on wellness, health maintenance, and disease prevention, and their model of integrated health supports their mission to improve the students' overall well-being and academic success. University Health Services is a fully accredited health care facility by the Accreditation Association for Ambulatory Health Care (AAAHC).

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*Elson Student Health Center
University of Virginia
Charlottesville, Virginia*



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The University of Virginia built its first infirmary in 1858 and established a Department of Student Health in 1938. Over the next 40 years, University enrollment increased from 5,000 to 16,500 with the admission of women. The changes in enrollment and demographics necessitated an increase in staff, along with a larger and more comprehensive ambulatory care facility. The Elson Student Health Center opened its doors in January of 1990.

Since then, the Department has increased its commitment to supporting the educational and research missions of the University. Staffed by nearly 140 employees that serve students from 11 schools, Student Health now has around 60,000 visits annually. There are five distinct units housed within the Department: Counseling and Psychological Services, General Medicine, Gynecology, Health Promotion, and the Student Disability Access Center. A paradigm shift towards wellness has replaced the former infirmary model, resulting in a name change to the Department of Student Health & Wellness, and the construction of a new facility scheduled for completion in 2020.

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*Morris Health Center
Drew University
Madison, New Jersey*



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Drew University began as a Theological School in 1867, adding a College of Liberal Arts in 1928 and Graduate School in 1955. Drew is a distinguished small University, notable for the quality of its academic programs, the beauty of its 186-acre wooded campus, and its ideal location 30 miles west of New York City. The University has a total enrollment of more than 2,000 students, with 79 percent of its undergraduate students living on campus during the academic year.

Drew University Health Service (DUHS) opened in the 1930s with a nurse-in-residence and physician coverage from the community. Morris Health Center was built in 1961 as a 16-bed infirmary, but in 1991, the infirmary was closed as the Health Service underwent renovation into an ambulatory care center. The Health Center is open 7 days a week during the semester, and has approximately 3,800 sq. ft. of space that includes three treatment rooms, a conference/classroom called the Wellness Center, and a licensed clinical laboratory. The Health Service is staffed by certified nurse practitioners, registered nurses, and a part-time physician contracted through Morristown Medical Center.

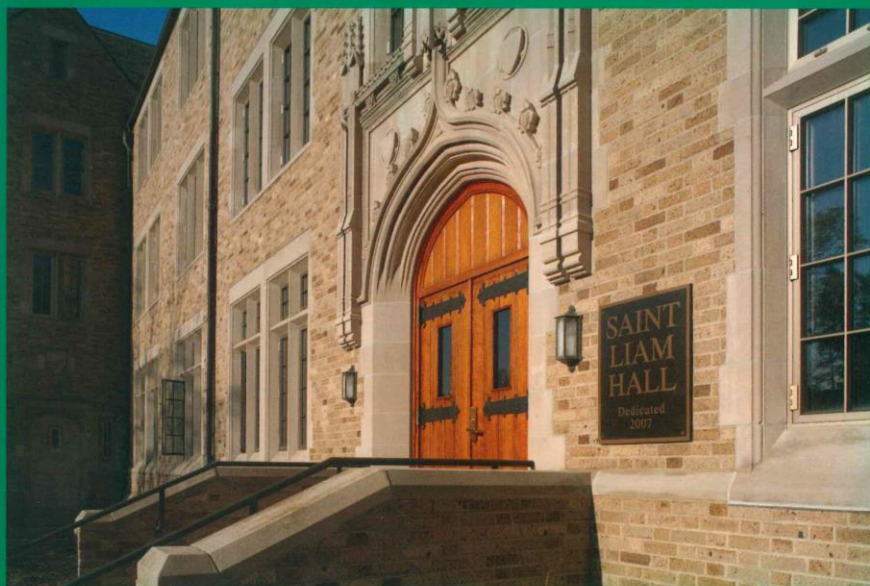
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*Saint Liam Hall
University of Notre Dame
Notre Dame, Indiana*



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The University Health Services (UHS), University Counseling Center (UCC), and Rev. James E. McDonald Center for Student Well-Being (McWell) at the University of Notre Dame are housed in beautiful Saint Liam Hall that was renovated in 2007. The co-located departments operate separately, but are highly collaborative in caring for the whole student.

The UHS team practices exceptional college health care, infused with Notre Dame's values, to foster lifelong health and well-being for its students. In addition to primary and urgent care, UHS offers lab, radiology, physical therapy, and pharmacy services in-house.

The UCC provides confidential, culturally sensitive individual and group psychological counseling, psychiatric services, crisis intervention, and consultation/outreach to Notre Dame students to address stress and other emotional problems often associated with a rigorous scholarly environment that can interfere with their academic success.

McWell fosters a culture of well-being to empower students to maximize their potential through risk reduction and wellness enhancement initiatives including a sleep program, BASICS, and Koru Mindfulness. McWell also features research-informed student space dedicated to restoration and relaxation. (*Photo courtesy of Matt Cashore*)

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