

JOURNAL OF  
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January 2014  
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*Student Health Center  
Valdosta State University  
Valdosta, Georgia*



Published in Cooperation With the American College Health Association

A new 27,000 sq. ft. Student Health Center opened in January 2009 to accommodate Valdosta State University's growing student enrollment. The facility was funded through revenue bonds utilizing student health fees to cover the debt service. The Center's architecture is consistent with the Spanish mission style that is prevalent throughout campus. The aesthetic design allows natural light to bolster a comfortable environment for students seeking medical services.

The Student Health Center is equipped with one of the first digital x-ray systems in the area. The pharmacy, conveniently located at the rear entrance, allows students to complete their visit and exit into the parking area. This facility also nearly doubled the available laboratory space. The moderately complex CLIA-certified laboratory performs a number of in-house tests each year.

The motto "Healing the Present...Teaching the Future" is the focus for the Student Health Center's staff and medical professionals. The Center includes a library, classrooms, and pamphlet resource area to continue the theme of health education. Classes are conducted for students on proper preventive health measures and general patient care. The Student Health Center provides Valdosta State University's students with a modern and technologically advanced facility that supports their academic achievements and personal success. *(Photo courtesy of Ashley Baumann, Lott + Barber Architects, Inc.)*

**Valdosta State University**  
**January 2014; Volume 62 Number 1**





**Valdosta State University**  
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**(Inside Cover Photo)**





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*Health Center  
University of Central Florida  
Orlando, Florida*



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The University of Central Florida (UCF) and its Health Services are celebrating 50 years of excellence. The Health Services was established when UCF, then Florida Technological University, first opened its doors in 1968. Since that time, the department has grown tremendously and today averages 6,000 patient visits per month. Providing low-cost health services to the UCF community, the services are funded, in part, by a student health fee, and are committed to providing the UCF community with quality health care. As such, they are accredited by the Accreditation Association for Ambulatory Health Care (AAAHC).

The staff includes two sports medicine physicians, three psychiatrists, two gynecologists, five primary care physicians, four physician assistants, six advanced registered nurse practitioners, and a dietician, in addition to pharmacy, nursing, laboratory, and radiography staff. As of the fall of 2013, UCF has nearly 60,000 enrolled students and UCF Health Services employs 81 fulltime and approximately 97 part-time staff.



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*Health Services  
Arizona State University  
Tempe, Arizona*



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Arizona State University (ASU) Health Services building in Tempe, Arizona underwent a major renovation and expansion that was completed in March 2012. This is the first major upgrade of the facility since 1968 when ASU had an enrollment of 23,000 students. The current campus enrollment is close to 60,000 students. The new building incorporates design elements that increase efficiency, decrease student wait times, and expand the ability to provide services in wellness care (massage, chiropractic, dietetics, and acupuncture). ASU Health Services sees another 30 patients per day based solely on improvements in space and efficiency. During its first year, students needing lab work were also able to cut their visit times by an average of 40 minutes.

ASU students supported construction of the building through their health fee and were instrumental in the design process, including ASU color patterns, outside waiting areas, a health concierge desk, enlarged exam rooms that allow most care/procedures to occur in the same room, and an art gallery in collaboration with the Herberger Institute's School of Art.

Another key element of the building was the use of sustainable materials and design. The building is on track to become a certified LEED-platinum building and has been selected for an American Institute of Architects Arizona Design Award. The building was also featured in *Architectural Record* in March 2013. (Photo courtesy of Bill Timmerman)



**Arizona State University**  
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**Arizona State University**  
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**(Inside Cover Photo)**





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*Keefe Health Center  
Amherst College  
Amherst, Massachusetts*



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Amherst College is the home of the nation's oldest on-campus health program. Founded shortly before the outbreak of the Civil War, the college established a Department of Physical Education and Hygiene that oversaw the first comprehensive college health program employing an on-site physician. The "Amherst Program" featured a routine of medical examinations, exercise, hygiene courses, and medical treatment that became a model for college and secondary school programs both nationally and internationally.

Housed at 95 College Street since 1994, the staff of the Keefe Health Center remain committed to treating illnesses and promoting health in a caring, confidential, and competent manner for all Amherst students. The Office of Student Health offers direct patient care and health education, encouraging students to be active participants in their own health care. Students visit the center's practitioners for acute illnesses and injury care, physical examinations, immunizations, counseling, and physical therapy.

Amherst College also has an Emergency Medical Service (ACEMS), a student-run, student-staffed volunteer organization that operates on campus 24-hours/day while classes are in session to provide Basic Life Support Quick Response (BLS/QRS) for medical emergencies.



**Amherst College**  
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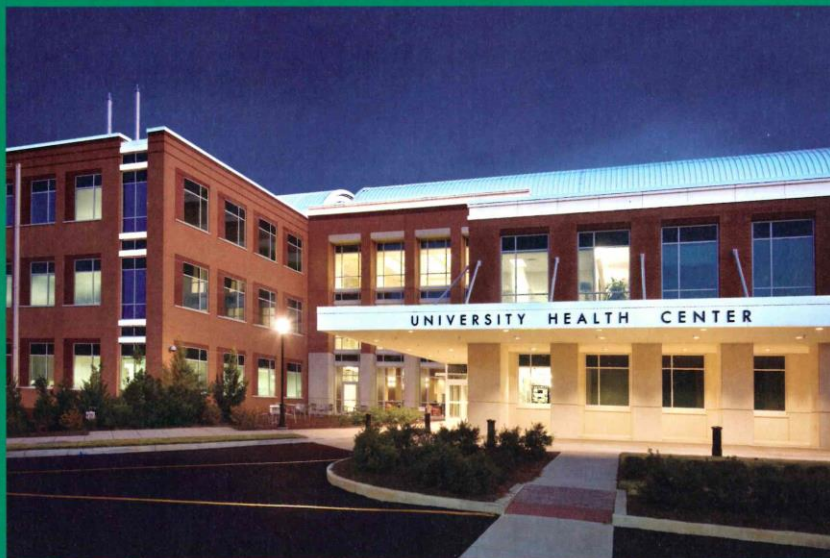




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*University Health Center  
University of Georgia  
Athens, Georgia*



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The University Health Center at the University of Georgia (UGA), built in 1997, is a state-of-the-art outpatient facility serving the UGA community. Primary care is provided in four medical clinics. Specialty clinics include counseling and psychiatric services, urgent care, women's health, sports medicine, allergy/travel, dermatology, vision, and dental. Additional services provided are physical therapy, massage therapy, laboratory, radiology, and pharmacy.

An expansion of the center in 2009, making the 110,000 square foot facility one of the largest student health centers in the country, allowed the addition of a Vision Clinic, as well as the expansion of Counseling and Psychiatric Services and the Health Promotion Department. Health promotion services include nutrition, sexual health, The John Fontaine Jr. Center for Alcohol Awareness and Education, and the Relationship and Sexual Violence Prevention Office. Another popular feature is a nutrition kitchen that serves as a unique classroom where nutritionists provide cooking instruction and demonstrations. The University Health Center is accredited by the Joint Commission and serves 34,000 students, as well as their spouses and partners. *(Photo courtesy of Scott Wang Photography, Inc.)*



**University of Georgia**  
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*Health and Counseling Center  
University of North Carolina  
Asheville, North Carolina*



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The University of North Carolina (UNC) Asheville Health and Counseling Center is an integrated care health facility providing medical care and mental health services to students. The staff recognizes the physical, psychological, and social dimensions of health and their connection to the students' ability to learn and serve. The Center offers an integrated care model which combines medical care, mental health services, case management, psychiatry, wellness education, and health promotion activities. The Health and Counseling Center provides clinical space for 12 exam rooms, 2 triage areas, 2 procedures rooms, 8 counselor offices, laboratory services, stress management lounge, and a 1,000 sq.-ft. event space.

In 1969, UNC Asheville joined the University of North Carolina system with a special commitment to student learning and undergraduate education. The University maintains its liberal arts focus as the designated undergraduate liberal arts university of the 17-campus University of North Carolina system.



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*University Health Service  
University of Kentucky  
Lexington, Kentucky*



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Having outgrown their adjacent location, the University Health Service (UHS) administrators at the University of Kentucky embarked on a major building initiative that opened the doors of a new building in July 2008. Students supported construction of the new building through their health fee. The University Health Service building houses healthcare services for both students and employees. Providers at UHS see approximately 70,000 students and employees per year, offering them an array of primary care, gynecology, employee health, behavioral health, and prevention services. The facility also has a Pharmacy that is conveniently located on the first floor.

The design process resulted in a building of approximately 73,850 sq. ft. including four stories of programming area with a partial basement and mechanical penthouse. The facility is located adjacent to several other campus medical facilities, including the Warren Wright Plaza, allowing it to share ancillary services such as laboratory and radiology with the Kentucky Clinic.



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*Student Health Care Center  
University of Florida  
Gainesville, Florida*



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The Student Health Care Center has been meeting the health care needs of the University of Florida students since 1906. At that time, the University's first President, Andrew Sledd, hired Dr. Flint as professor of chemistry and University physician for a stipend of \$200 a year. Dr. Flint saw patients in his office or at their bedsides in Buckman Hall until the Infirmary was established as a six-bed unit on the fourth floor of Thomas Hall in 1911.

In 1919, the Infirmary was moved from Thomas Hall to one of the Student Army Training Corps' barracks. The number of beds was eventually increased to 45 with a separate contagious disease ward. The wooden Infirmary became the poster child for the University of Florida Alumni Association, with photographs of the poorly constructed building used to solicit funds for a new building in the Alumni Magazine.

The first section of today's Infirmary Building opened on June 24, 1931, as a part of the new Student Health Services Division, offering inpatient and surgical services for a student population of 3,000. Over the years, the Center has evolved into an outpatient clinic serving some 50,000 students. A number of structural changes have taken place over the years to add space, including the addition of north and south wings in 1947 to accommodate the influx of students following World War II and a nurses dormitory, a third floor attic in the south wing for a mental health unit in the 1970s, a west wing to house the pharmacy and additional clinical offices in 1975, and a complete renovation of the Infirmary Building in 1994. *(Photo courtesy of UF News Bureau, University of Florida)*



**University of Florida**  
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**University of Florida**  
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**(Inside Cover Photo)**

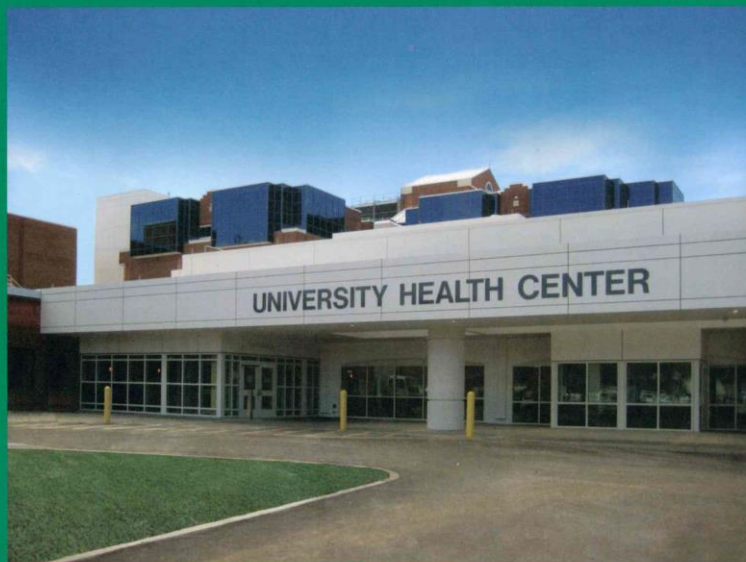




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*University Health Center  
James Madison University  
Harrisonburg, Virginia*



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The James Madison University Health Center moved into the new Student Success Center in March 2014. The Health Center offers students both scheduled and walk-in medical appointments, as well as allergy, international travel, women's health, laboratory, nutrition, pharmacy, and limited specialty services. In addition to other health education and promotion activities, the Center provides LGBT and ally education, peer health education, sexual violence education, and substance abuse services that address prevention, intervention, and recovery.

The new Health Center features 37 exam rooms, 8 procedure rooms, 6 observation beds, offices, meeting rooms, and additional space for future optometry, physical therapy, and expanded pharmacy services. The Center is staffed by a medical team of board-certified providers, a registered dietitian, professional health educators, and substance abuse prevention specialists.

The Student Success Center is a 250,000-square foot facility on campus that is a complete redesign of the former county hospital. It is a collaborative and high-impact learning environment for students and a hub of programs and services that promote student learning and development through innovation, proximity, accessibility, and interaction. The facility is among the largest and most comprehensive college facilities of its kind in the country.



**James Madison University**  
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*Witmer Building  
Millersville University  
Millersville, Pennsylvania*



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As one of the 14 universities within the Pennsylvania State System of Higher Education, Millersville University is a top-ranked, public university committed to offering students a high quality education. Their Health Services is housed in the Witmer Building that was built in 1967 and named for the late Dr. C. Howard Witmer. Dr. Witmer was a local physician who served the community for over 50 years and was a pioneer in building the Tuberculosis and Health Society of Lancaster County.

Millersville University Health Services provides comprehensive health care by physicians, advanced practice clinicians, registered nurses, and administrative staff for approximately 8,700 students and the campus community. It is committed to providing holistic health services that promote healthy lifestyle choices. Services include evaluation and treatment of acute illness and injury; cooperative care with family practitioners to manage chronic medical conditions; student teacher certification examinations; athletic physicals; women's health screening; and testing and treatment for sexually transmitted infections.

Additional services are provided by partnering with local resources and donors. These include the Diana and Marsha Breast Cancer Awareness Resource Center, a private lactation room, physical therapist, and sexual assault counseling by the YWCA and Susquehanna Valley Pregnancy Services.



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*University Physicians Medical Building  
University of Missouri  
Columbia, Missouri*



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For over 100 years, the University of Missouri Student Health Center (MU SHC) has cared for students in support of a healthier campus. Located on the fourth floor of University Physicians Medical Building adjacent to University Hospital, the SHC is positioned near many residence halls and Greek houses. The Center has 27 exam rooms and 14 rooms for behavioral health care and health coaching. Students also benefit from an on-site pharmacy, radiology, and lab draw station.

Accredited by the Accreditation Association for Ambulatory Healthcare (AAAH), the SHC promotes high quality, affordable, integrated health services for nearly 35,000 MU students. Work is guided by a commitment to the University of Missouri values of Respect, Responsibility, Discovery and Excellence.

Much of MU SHC's revenue is collected from a student fee to provide outpatient services in primary care (including chronic illnesses, transgender transition, minor injuries), behavioral health (including psychiatry and counseling), individual and group health coaching, health screenings, immunizations, allergy injections, dietitian services, sexually transmitted disease outreach testing, and contemplative practices. The Student Health Center uses the same electronic medical record as the MU Health Care system allowing for improved care coordination for students hospitalized or referred for sub-specialty care.



**University of Missouri**  
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*Falcon Center  
Fairmont State University and  
Pierpont Community & Technical College  
Fairmont, West Virginia*



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The Falcon Center is located on the shared campus of Fairmont State University and Pierpont Community & Technical College in Fairmont, West Virginia. The 126,000 square foot Student Activity Center opened in January 2005 and houses the Health Service, as well as the recreational facilities, dining hall, public safety office, copy center, and bookstore.

The Health Service Mission is to enhance the educational process by modifying or removing health related barriers to learning and promoting an optimal level of wellness. Services include treatment of illness and injury, women's health, sexually transmitted infection counseling and treatment, physical examinations, allergy injections, influenza vaccinations, point of care laboratory tests, and community referrals as indicated. Health promotion and health education are a priority in the care of students. The Health Service partners with the School of Nursing to provide clinical opportunities for senior Bachelor of Science Nursing Degree (BSN) students. The Health Service also collaborates with the Office of Counseling Services to identify students needing evaluation and treatment for a variety of mental health issues. *(Photo courtesy of Cynthia Staley, Fairmont State University)*



**Fairmont State University and Pierpont Community & Technical College**  
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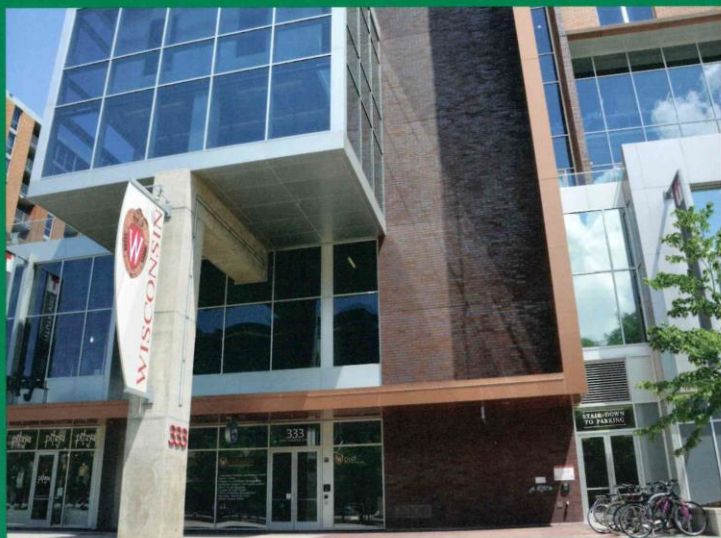




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*University Health Services  
University of Wisconsin  
Madison, Wisconsin*



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*Through direct service, population health measures, and support for a healthy environment, we strive to improve the health of campus.* For more than 100 years, University Health Services (UHS) has supported the educational and research mission of the University of Wisconsin — Madison (UW-M), providing quality care in a fully integrated medical, mental health, and prevention service model that promotes the health and well-being of the campus community.

In 2009, UHS moved to the new Student Services Tower in the heart of campus, increasing student accessibility and convenience. In 2012-13, UHS had more than 85,000 visits for a wide range of medical, mental health counseling, prevention, and wellness services that support individual students in being personally and academically healthy and successful.

In addition to student care, UHS offers select occupational health and medicine services to faculty/staff, and a range of public health services that include influenza vaccinations, food safety training and testing, communications about disease outbreaks, and other potential health concerns that affect the UW-Madison campus. In addition, UHS has been fully accredited by the Accreditation Association for Ambulatory Health Care (AAAHC) since 1983.



# University of Wisconsin

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*Zerfoss Student Health Center  
Vanderbilt University  
Nashville, Tennessee*



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The Zerfoss Student Health Center, located on the beautiful Vanderbilt University campus, was built in 1967 in honor of Thomas Bowman Zerfoss, MD. Dr. Zerfoss was appointed the first university physician in 1926 and served students exclusively for more than 40 years.

The Vanderbilt Student Health Center exists to serve the primary care needs of the Vanderbilt student community, with the mission to enhance their academic experience by providing quality healthcare services in a nurturing and cost-effective manner. Services include primary and acute care, injections, lab, sports medicine, and nutrition. The staff serve over 12,500 students with approximately 38,000 visits per year. Funding is partially provided through a tax on tuition, and insurance is not billed for services provided.

Vanderbilt University is a Carnegie doctoral/research university founded in 1873 with a \$1 million endowment from Commodore Cornelius Vanderbilt. The Zerfoss Student Health Center is a member of the Department of General Internal Medicine and the Vanderbilt University Medical Center. *(Photo courtesy of Vanderbilt University)*



**Vanderbilt University**  
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*Kennedy Training Ship  
Massachusetts Maritime Academy  
Buzzards Bay, Massachusetts*



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Kennedy is the training ship of the Massachusetts Maritime Academy in Buzzards Bay, Massachusetts. She served the United States Government for over 20 years, including several tours to the Persian Gulf as part of the First Gulf War before she was laid up as part of the Maritime Administrations' National Defense Reserve Fleet. In 2001, the ship was moved to Buzzards Bay for preparation to replace the previous training ship for the Academy. She has recently been deployed to New York Harbor in support of Hurricane Sandy relief efforts, housing first responders and FEMA personnel.

The Kennedy sets sail every winter for six weeks with the Health Services' medical staff caring for the 600 students and 100 faculty aboard. There are 10 in-patient beds, 2 assessment beds, and a medical isolation room. Emergency, urgent, and primary care is provided along with illness prevention and containment, galley and berthing inspections, health education, and mental health support. When not at sea, the same team provides medical care from the land-based University Health Service. College health is truly an exciting and diverse field mandating success and performance in many different environments – including the middle of the ocean!



**Massachusetts Maritime Academy  
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*Health Services Center  
University of New Hampshire  
Durham, New Hampshire*



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The University of New Hampshire (UNH) is located in the seacoast area and has nearly 12,500 undergraduate students and 2,200 graduate students. Its Health Services (HS) first opened in 1930 as a student infirmary. After almost 6 decades of continuous growth in patient visits, HS opened the current 21,000 square foot facility in 1988. Overnight beds and urgent care services were maintained until 1995 when HS transitioned to an appointment-based ambulatory care center. In 2012, services were extended to include UNH employees in a new Employee Clinic.

The Health Services Center works to promote, maintain, and improve the health and well-being of the University community in support of the institution's academic mission. This is accomplished by providing primary health care services, education on health care consumerism, health promotion and disease prevention, co-curricular learning opportunities for students, and a public health role. Services are accessible, cost effective, and provided in a caring and professional manner.

The Health Services Center provides over 20,000 medical and wellness education/counseling visits and presents over 500 educational programs annually. The Center employs some 60 full- and part-time staff that helped UNH celebrate its 150<sup>th</sup> anniversary in 2015. Health Services has been accredited by the Accreditation Association for Ambulatory Health Care (AAAHC) for the past 16 years.



# University of New Hampshire

## November/December 2015; Volume 63 Number 8

**Publisher's Note:** The "About the Cover" section for Vol. 63, Issue 8 was inadvertently not published in that issue. The information for that cover is as follows (printed in Vol. 64 Issue 2)

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