

University of Central Florida
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*Health Center
University of Central Florida
Orlando, Florida*



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The University of Central Florida (UCF) Health Center provides preventive, primary and limited specialty care services to faculty, staff and more than 56,000 students. The 3-story facility includes a 48,000 sq. ft. Health Clinic, Dental Center, Women's Clinic, Wellness Center, and two Pharmacies. The Health Services Program is accredited by the Accreditation Association for Ambulatory Health Care (AAAHC) in support of its mission to provide quality outpatient care and health promotion services that promote, restore and maintain the optimal health of students, faculty and staff. The healthcare workers embrace diversity and are committed to quality, affordable and compassionate care that enhances the student learning experience. *(Photo by Jason Greene furnished courtesy of UCF)*

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*The Pat Walker Health Center
University of Arkansas
Fayetteville, Arkansas*



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The Pat Walker Health Center opened in November 2004 thanks to the generosity of donors and the University of Arkansas students. A local philanthropist, Pat Walker, generously supported the facility based on her sincere belief in promoting student well-being as a part of the university experience. Students find the 38,000 square foot facility with its airy, open well-lighted atrium to be an inviting environment for accessing medical, counseling and health promotion services. The University of Arkansas opened its first infirmary in 1889 to isolate students with communicable diseases. As public health and immunizations evolved throughout the 20th Century, the need for isolation lessened and the infirmary transformed into what it is today ... a comprehensive center for excellence in wellness, education, and health care delivery. *(Photo courtesy of Scott Flanagan)*

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*The Gibbs Recreation and Wellness Center
Rice University
Houston, Texas*



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The Barbara and David Gibbs Recreation and Wellness Center opened in September 2009. Centrally located, the Wellness Center provides dedicated classroom and meeting areas for wellness programming and student initiatives, such as acupuncture therapy, massage therapy, and wellness resources. The Recreation Center includes a new indoor gymnasium, enhanced fitness rooms, racquetball and squash courts, 9,000 square foot weight and cardio workout room, dance studio, 50-meter outdoor competition pool, 2,400 square foot outdoor recreation pool, and outdoor basketball courts. Constructed to meet Leadership in Energy and Environmental Design (LEED) standards developed by the U.S. Green Building Council, the Gibbs Recreation and Wellness Center is dedicated to providing an environment that promotes healthier lifestyles for Rice University's students, faculty, and staff. *(Photo courtesy of Tommy Lavergne)*

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*NDSU Wallman Wellness Center
North Dakota State University
Fargo, North Dakota*



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The Wellness Center at North Dakota State University, first proposed by a student-led initiative, was completed in 2001. This state-of-the-art facility provides student health services, health education, fitness space, and affordable childcare to the NDSU community. An expansion in 2007 added a 35-foot climbing and bouldering wall, basketball and racquetball courts, multi-use gymnasium, suspended running track, an additional group exercise room, and increased space for childcare and staff use. The building was renamed the Wallman Wellness Center at that time. In 2010, the Student Health Service was expanded to provide additional treatment facilities and radiology services. The Wallman Wellness Center supports the academic mission of NDSU by providing an environment for students to learn behaviors conducive to healthier lifestyles, and wellness is the common thread of the Center's programs and services. *(Photo courtesy of Dan Koeck)*

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*Varner House
James Madison University
Harrisonburg, Virginia*



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Varner House opened at Madison College in 1929. The building originally housed the first campus home economics program and was named simply the 'Practice House'. It was later named the Varner House in honor of Bernice R. Varner, Dean of Women and in charge of the Home Economics Department. Mrs. Varner was the subject of much debate when she became the first faculty member to sport the controversial new hairstyle of the 1920's called 'the bob'. The building was constructed to accommodate 14 home economic students that lived and worked in the house. The facility included two fully equipped kitchens, two dining rooms, four student bedrooms, and one bedroom for the instructor.

The 1970's brought change to Varner House and the College. Madison College was renamed James Madison University, and the traditional home economics curriculum changed so that Varner House was converted to administrative use.

Today, Varner House is home to the Counseling and Student Development Center. The kitchens, dining rooms, bathrooms, and bedrooms have all been converted into office space. Even the carport was renovated to provide a space for therapeutic work. But in the spirit of Mrs. Varner, clinicians still work to promote diversity and inclusion for all James Madison University students.

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*Student Health Center
North Carolina State University
Raleigh, North Carolina*



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The North Carolina State University (NCSU) Student Health Center staff provides primary, specialty, and preventive care to over 34,000 students. The Health Center was recently renovated to a 62,100 sq. ft. two-story facility that is home to Student Health Services, Counseling, Health Promotion, and Disability Services. The Student Health Center achieved LEED (Leadership in Energy and Environmental Design) Gold Certification, the first east coast student health center, and only the second nationally, to receive this honor.

The Center offers students a broad range of services such as primary care, women's health, counseling, psychiatry, physical therapy, health promotion, orthopedics, gastroenterology, occupational medicine, laboratory, radiology, allergy clinic, travel medicine, pharmacy, and support for students with disabilities. The campus health program is accredited by the Accreditation Association of Ambulatory Health Care (AAAHC), and in 2011, was ranked *11th out of 352 universities by Princeton Review on the list of Best Student Health Services in the United States.*

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*The WELL
Sacramento State University
Sacramento, California*



The WELL (Wellness, Education, Leisure, Lifestyle) is the new 151,000 square foot recreation and wellness center at Sacramento State University. Unlike other campus fitness facilities that focus on exercise alone, The WELL is the heart of student life, uniting fitness, healthcare, and social activity spaces under one roof. The combination of these vital aspects of student life forms a synergy so that the success of one directly benefits the others. The WELL provides whole-health care for 28,000 students and 3,400 faculty and staff through a broad spectrum of amenities and services: a rock climbing wall, four basketball courts, a large multi-activity court for indoor hockey or soccer, studios for cardio, weight training, exercise classes, urgent care center, primary care and women's health clinics, pharmacy, radiology, physical therapy, optometry, nutrition with a demonstration kitchen, health promotion and peer health educator offices, and counseling services. Offering a truly unique integration of services, The WELL reinforces a prevention-oriented mission and offers students the ability to become active participants in their health. *(Photo by Cesar Rubio)*

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*Arthur Ashe Student Health and Wellness Center
University of California, Los Angeles
Los Angeles, California*



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In 1997, the University of California, Los Angeles (UCLA) opened The Arthur Ashe Student Health and Wellness Center, dedicated in honor of an important UCLA alumnus, Arthur Ashe. Best known for his athletic success as a championship tennis player, he was also a humanitarian and an accomplished statesman before suffering through a devastating illness that eventually took his life. At the dedication ceremony for the Center, Arthur's wife, Jeanne Moutoussamy-Ashe, shared the following remarks: "The Arthur Ashe Student Health and Wellness Center: A perfect name because it implies that physical health is only a component of wellness. Arthur would have defined health as the optimal and integrated functioning of one's mental and emotional capabilities, and would therefore have been very pleased that this new facility will offer comprehensive care along those lines, as the best and indeed the only way of enabling students to optimally focus upon the rigors and opportunities of campus life."

The Ashe Center offers appointments in Primary Care, Women's/Men's Health, Immunizations, Physical/Occupational Therapy, Travel Medicine, Specialty Clinics, Acupuncture, and Massage. In fact, as soon as a student enrolls, he or she is assigned a primary care provider that caters to all their health care needs. The Center is staffed by licensed physicians, nurses, clinic assistants, and technicians who are in tune with the needs of the UCLA student population. Additionally, the Ashe Center has its own *in-house* Laboratory, Optometry, Pharmacy, and Radiology units. Arthur's own words continue to inspire and guide the vision, mission, and goals of the Arthur Ashe Student Health & Wellness Center: "From what we get, we can make a living; what we give, however, makes a life."

University of California, Los Angeles
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*Wellness and Recreation Center
Georgia College
Milledgeville, Georgia*



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Georgia College is Georgia's designated Public Liberal Arts University. Chartered in 1889, the University serves 5,700 undergraduate and 800 graduate students in its colleges of Arts and Sciences, Business, Education, and Health Sciences. The University is known for its innovative teaching that extends learning beyond the classroom and incorporates undergraduate research, service learning projects, internships, study abroad, and other approaches that provide students with hands-on, real-world experiences.

The Georgia College Wellness and Recreation Center opened in fall, 2011. This 100,000 sq. ft., LEED-certified facility houses four university programs including Wellness, Recreational Sports, Health Services, and Counseling Services. The new medical clinic features state-of-the-art examination rooms and equipment for addressing illnesses, minor injuries, women's health care, testing/treatment of infectious diseases, and a wide array of other issues. The Center also serves as the nexus point for campus health promotion programming.

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*The Norco Building
Boise State University
Boise, Idaho*



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Boise State University officially opened its 81,290 sq-ft Norco Building on January 13, 2010. This four-story building is the home of the University's Department of Nursing and University Health Services, integrating classroom learning, laboratory, clinical, and internship experiences with research and health care policy development. As a result, the synergy makes it possible to blend the expertise of faculty and community clinical partners with new simulation labs, lecture classrooms, and research areas.

The new facility also allows University Health Services to offer medical, counseling, insurance, billing, wellness and marketing services under one roof to optimize the health of students, faculty, and staff in the Boise State community. In addition to new exam, treatment, and procedure rooms, a wellness garden features a serene outdoor space. Located adjacent to the Recreation Center, the Norco Building allows for an integrated model of health care delivery with experiential learning opportunities that support a healthier campus and future society. *(Photo by Christian Columbres)*

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*The Mobile Health Unit
Miami University
Oxford, Ohio*



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The Mobile Health Unit (MHU) at Miami University was a national initiative funded by The Ford Foundation from 2008-2012, with the mobile clinic provided through a partnership with Armor Mobile Systems. The purpose of the project was to explore the utilization of a mobile clinic for providing health promotion and clinical services to college students both on and off campus. In 2010, the 38-foot mobile clinic piloted using undergraduate peer educators, supervised by two Certified Health Education Specialists (CHES), to provide health promotion services from 9:00 p.m. to midnight in proximity to local bars and restaurants. In addition, nursing students offered clinical services, such as influenza vaccinations and human immunodeficiency virus (HIV) antibody testing. During fall semester 2011, a Regional College Tour visited 9 colleges in Ohio, Kentucky and Indiana, allowing university administrators to explore the use of a MHU to provide health services at various locations around college campuses and their surrounding communities. (www.muohio.edu/mobilehealthunit)

Miami University

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*Engemann Student Health Center
University of Southern California
Los Angeles, California*



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The University of Southern California's (USC) old student health center was built as an infirmary in 1949. The health center's visits nearly tripled in the past two decades to some 90,000 students per year as USC transitioned into an increasingly residential university. In response to this growth, USC opened its new six-story, 105,000 sq. ft. Engemann Student Health Center in January of this year.

This state-of-the-art facility consolidated more than 16 services into one location, including primary and urgent care, laboratory, radiology, counseling services, wellness, dental services, physical and occupational therapy, travel and immunizations, health insurance, and a pharmacy located near the front door. In addition, the spacious new center houses specialty services, such as dermatology, allergy, and gynecology; acupuncture and chiropractic services; a resource center and conference rooms for student use; and a faculty/staff clinic.

The Engemann Student Health Center was constructed to the highest standards of sustainability, and its open lobby provides a warm welcome for visitors. The interior spaces were designed to maximize comfort, privacy, confidentiality, and efficiency. The center also supports the Division of Student Affairs' branding statement, 'BeWellUSC', dedicated to keeping the faculty, staff, and students of USC healthy.

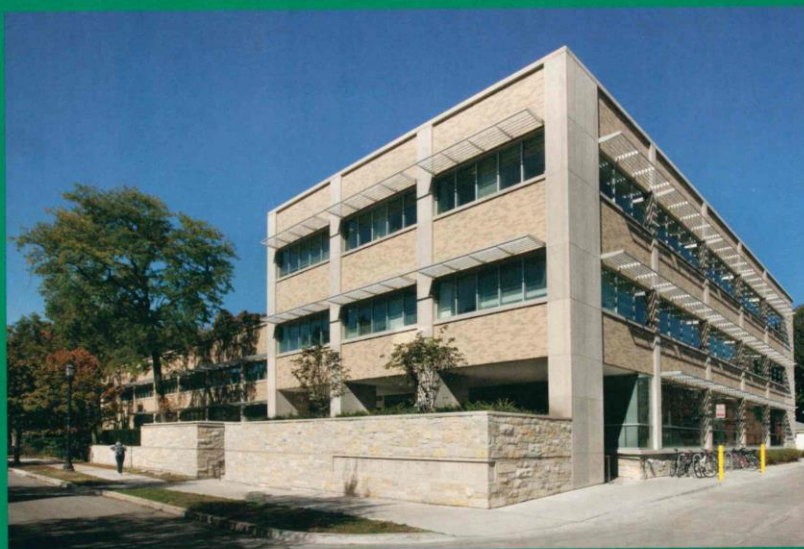
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*University Health Service
Northwestern University
Evanston, Illinois*



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Northwestern University Health Service proudly celebrated the 100th anniversary (1912-2012) of providing healthcare services to its students. In 2010, Northwestern University completed construction on a new 54,000 sq. ft. facility that included renovation of the original Searle Hall. This new facility represents a significant improvement to support the delivery of contemporary health care for over 13,000 Northwestern students on the Evanston Campus, and provides space for the Northwestern University Health Service, Health Promotion and Wellness, and Counseling and Psychological Services. The Health Service provides clinical space for 23 exam rooms, 5 procedure rooms, pharmacy, laboratory, and general diagnostic radiology services including 3 digital x-ray reading rooms.

A portion of the funding for the new facility was made possible by a \$1 million grant from the Searle Funds at the Chicago Community Trust. The grant honors the late John G. Searle whose \$800,000 gift in 1960 helped fund construction of the original Searle Hall. The renovated Searle Hall received gold-level certification from the U.S. Green Building Council's LEED (Leadership in Energy and Environmental Design) Green Building Rating System®. *(Photo by James Steinkamp, Steinkamp Photography)*

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*Student Services Building
Illinois State University
Normal, Illinois*



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Illinois State University (ISU) Student Health Services (SHS) moved into the Student Services Building in 1992. The Student Health Services' space is currently undergoing a three-phase renovation project to create more space for exam rooms and a larger Pharmacy in support of their mission "to enhance the health and wellness of our students through a relevant blend of quality and affordable health care services".

Student Health Services offers a student-oriented clinic providing examinations, treatment, urgent care, and minor surgical procedures. Services include primary care, psychiatry, radiology, laboratory, immunizations, allergy injections, pharmacy, student insurance, and sleep therapy. Preventive Medicine staff serves as a liaison between SHS and McLean County Health Department, and collaborates with campus and community agencies to strengthen disaster-response plans and procedures.

Student Health Services also collaborates with the Sports Medicine and Rehabilitation Therapy (SMART) Clinic that provides advanced care for ISU students in the areas of prevention, evaluation, and rehabilitation of various orthopedic related injuries. The SMART Clinic recently received Honorable Mention for the ISU Team Excellence Award. Student Health Services has been accredited by the Accreditation Association for Ambulatory Health Care (AAAHC) since 1986.

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*Student Recreation and Wellness Center
University of Nevada, Las Vegas
Las Vegas, Nevada*



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The Student Recreation and Wellness Center at the University of Nevada, Las Vegas (UNLV) is a state-of-the-art integrated facility that opened its doors in the fall of 2007. With more than 189,000 square feet, the facility houses the Student Health Center, Student Counseling and Psychological Services, and Campus Recreational Services. The Student Health Center offers comprehensive primary care services, in addition to specialty services such as Gynecology, Sports Medicine, and Dermatology. Since moving into this facility, office visits at the Student Health Center have increased over 30% and are now approaching 19,000 visits annually. Recent renovations within the Student Health Center increased available clinical space to include 20 exam rooms in which to provide more efficient services and to open a new Faculty and Staff Treatment (FAST) Center with a distinctly separate waiting area. Student Counseling and Psychological Services (CAPS) has a private waiting room, two assessment rooms, two large group rooms, and 20 offices. A full-service laboratory and pharmacy are also available on-site for use by the entire UNLV community. (continued)

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*Student Recreation and Wellness Center
University of Nevada, Las Vegas
Las Vegas, Nevada*



The campus health, wellness, and recreation resource center, called the Rebel Wellness Zone (RWZ), is a unique collaborative area that offers nutrition services, fitness assessments, personal training consultations, body composition and metabolic analysis, massage chairs, educational programming, and space for peer education/advocacy groups. Campus Recreational Services offers a 6-lane, 25-yard lap pool, spa and leisure pool, cardio and circuit training equipment, classrooms for group fitness classes, multi-purpose activity courts, and an indoor walking/jogging track with views of the UNLV campus. The Student Recreation and Wellness Center also houses a cafe that offers healthy dining options. *(Photo by Sam Fentress Photography/Hastings & Chivetta Architects)*

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*Health and Wellness Center
Florida State University
Tallahassee, Florida*



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The Florida State University's Health and Wellness Center, located on the campus of Florida State University (FSU) in Tallahassee, opened on August 2012 after 10 years in the planning, design, and construction phases. The 170,000 sq. ft. building is a unique partnership between Student Affairs and Academic Affairs, and is the first building on campus that combines related health and wellness services from three different areas: University Health Services (UHS), Campus Recreation, and the College of Nursing.

University Health Services provides healthcare, prevention, education, and outreach services in a safe and supportive environment. The department promotes campus wellness, encouraging healthy lifestyles and personal responsibility to enhance students' capacity for reaching academic and personal goals. Services include: allergy, chiropractic, diagnostic imaging, health promotion, nutrition counseling, primary care, women's care, physical therapy, and psychiatry. The Health and Wellness Center also houses the student-run FSU Medical Response Unit. The College of Nursing's five state-of-the-art classrooms provide much needed space for the college to keep pace with changes in health care and the expanding roles of nurses. Campus Recreation's newest facility, The Fitness and Movement Clinic (FMC), offers personal and small group training, fitness assessments, and associated services through partnerships with various educational and professional programs on campus. *(Photo courtesy of Ray Stanyard & LLT Building Corporation)*

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