

# AMERICAN COLLEGE HEALTH ASSOCIATION (ACHA) HEALTH PROMOTION SECTION

ACHA offers great resources and networking opportunities for health promotion professionals through its Health Promotion Section.

## 1. How to Get Involved

To join ACHA, visit <http://www.acha.org/Membership>. On this site, you can explore the different types of membership and download applications for membership.

To get involved in the Health Promotion Section, visit [http://members.acha.org/members/HP\\_Section.cfm](http://members.acha.org/members/HP_Section.cfm) and contact the Health Promotion Section chair.

## 2. Accessing Available Resources

Once a member of ACHA, you can access available resources on the Health Promotion Section webpage:

[http://members.acha.org/members/HP\\_Section.cfm](http://members.acha.org/members/HP_Section.cfm)

- Section Announcements – learn more about ongoing and new section events and activities, including volunteer opportunities
- Section Articles of Operation, minutes, Strategic Plan, HP Section Newsletter, Section Needs Assessment Surveys and Results, and Professional Development and Networking Opportunities

You can also access other resources available to ACHA members. Simply log in to “My Membership” on <http://www.acha.org>.

## 3. Communication Forums

Listservs are ideal for staying in the loop! These forums provide for the exchange of information and ideas via email, among professionals on a variety of topics. The forums are unaffiliated with ACHA; however, a list of some available groups can be found on the ACHA website. Visit <http://www.acha.org> and select “Discussion Groups” from the drop down menu under the “College Health A-Z” resource list. There are multiple specialized listservs that you can subscribe to, but we encourage you to at least subscribe to “The College Health Promotion List” and to “SHS-Student Health Services.”

ACHA has a Facebook page and can be viewed at <http://www.facebook.com/pages/American-College-Health-Association/184694151568162>. You can also follow ACHA on Twitter at [http://twitter.com/ACHA\\_Tweets](http://twitter.com/ACHA_Tweets). We encourage you to check out the Facebook page often and tweet as much as you want!

Likewise, while not official ACHA communication channels not representative of ACHA’s positions, we also encourage you to check out the Higher Education Health Promotion Professionals (and friends) Facebook page and follow us on Twitter at ACHAHealthPromo (<http://twitter.com/ACHAHealthPromo>). These are great forums to further network with the section membership and to share information, news, position announcement, and more! They are closely aligned with the members and leaders of the ACHA Health Promotion Section but are not an official ACHA pages.

## 4. Affiliates

ACHA has 11 affiliate organizations throughout six regions of the United States. The affiliates have their own officers, annual meetings, and can help you to network with colleagues in your local area. You can access information regarding what affiliate you belong to, when affiliate meetings are taking place, as well as who the current affiliate officers are at [http://www.acha.org/about\\_acha/affiliates.cfm](http://www.acha.org/about_acha/affiliates.cfm).

## 5. Organizations and Associations

American College Health Association (ACHA). Baltimore, MD. (410) 859-1500. <http://www.acha.org>

American College Personnel Association (ACPA). Washington, DC. (202) 835-2272. <http://www.acpa.nche.edu>

Counsel for the Advancement of Standards in Higher Education (CAS). Washington DC. (202) 862-1400. <http://www.cas.edu/>

Journal of American College Health. Taylor & Francis Group. (215) 625-8900. <http://www.acha.org/Publications/JACH.cfm>

National Association of Student Personnel Administrators (NASPA). Washington, DC. (202) 265-7500. <http://www.naspa.org>

## 6. Tools of the Trade

The “Tripod”

- American College Health Association - National College Health Assessment (ACHA-NCHA) available at [http://www.acha-ncha.org/pubs\\_rpts.html](http://www.acha-ncha.org/pubs_rpts.html)
- American College Health Association. (2012). *Standards of Practice for Health Promotion in Higher Education*. [http://www.acha.org/Publications/docs/Standards\\_of\\_Practice\\_for\\_Health\\_Promotion\\_in\\_Higher\\_Education\\_May2012.pdf](http://www.acha.org/Publications/docs/Standards_of_Practice_for_Health_Promotion_in_Higher_Education_May2012.pdf)
- Healthy Campus 2020 objectives, targets, and baselines for students and faculty/staff available at <http://www.acha.org/HealthyCampus/objectives.cfm>

Other helpful resources:

- Council for the Advancement of Standards in Higher Education. (2009). *CAS Professional Standards for Higher Education* (7th ed.). Washington, DC: Author. <https://www.cas.edu/catalog/iteminfo.cfm?itemid=103&compid=1>
- Health Education Code of Ethics: <http://www.nchec.org/credentialing/ethics/>
- Health Education Responsibilities and Competencies: <http://www.nchec.org/credentialing/responsibilities/>
- American College Health Association. (2014). Guidelines for Hiring Health Promotion Professionals in Higher Education. [http://www.acha.org/Publications/docs/Hiring\\_Health\\_Promotion\\_Professionals\\_in\\_Higher\\_Ed\\_May2014.pdf](http://www.acha.org/Publications/docs/Hiring_Health_Promotion_Professionals_in_Higher_Ed_May2014.pdf)
- ACHA Guidelines, Recommendations, and White Papers: [http://www.acha.org/Publications/Guidelines\\_WhitePapers.cfm](http://www.acha.org/Publications/Guidelines_WhitePapers.cfm)

## 7. Health Promotion Committees

The Health Promotion Section has several committees which can give you the opportunity to get involved, and anyone who is a member can volunteer. If you are interested in joining any of these committees, please contact the Health Promotion Section chair.

**Section Committee on Professional Development:** This committee recruits volunteers every fall to review the abstracts submitted to ACHA for the national annual meeting to determine the ones to be most relevant to health promotion.

**Needs Assessment Committee:** This committee meets every other year to review the HP Needs Assessment, make modifications to the assessment to improve it and add any additional areas of inquiry, disseminate the survey to the HP section, and finally to analyze and share the findings with the HP section.

**Strategic Planning Committee:** This committee meets every other year to develop/update the Section Strategic Plan and present it to the HP Section Executive Committee for approval.

**Research Ad hoc Committee:** This committee provides research-related training and resources; technical assistance; recognition, encouragement, and support; and a forum for collaboration among college health promotion researchers in order to facilitate evidence-informed practice and to advance knowledge.

**Officer Nominations Committee:** This committee works to solicit candidates for the elected positions of: Chair Elect, Program Planner-Elect, and Secretary, solicit candidates for the appointed positions of: Member-at-Large, and to prepare any elected candidate materials for submission to the ACHA National Office.

**Member Development Ad hoc Committee:** This committee provides continuing education and professional development opportunities outside of the annual meetings through webinars and networking calls. The committee has developed and maintains a Resource Mentor Guide for HP members, hosts a welcome session each year at the annual meeting, plans the section social at the annual meeting, and distributes member materials at the annual meeting and online.

**Publications Review Ad hoc Committee:** This committee reviews documents related to the ACHA Health Promotion Section for relevance and accuracy, including the Standards of Practice of Health Promotion in Higher Education, Vision Into Action, and the Guidelines for Hiring Health Promotion Professionals in Higher Education.

## 8. Health Promotion Section Involvement Barometer

Commitment	Position	Description	Term	# of Positions	Contact	Requirement
Low	Annual Meeting Presider	Set-up; Introduce speaker(s); session timer; collect session evaluations.	Annual Meeting	10-20	EC, PP	1, 2
	Abstract Reviewer	Review and score assigned abstracts to be considered as HP selected sessions for the Annual Meeting	Early Oct.	Unlimited	PP	1
Medium	Committee Member	Participate in all committee calls and other tasks as needed	1 year	1-10	EC	1, 3, 4
	Secretary	Section communications, meeting minutes; edits Section Newsletter	1 year	1	EC,NC	1, 2, 4
	Member-at-Large	Participates in monthly meetings; committee and/or task force member	1 year	4	EC,NC	1, 3
	Committee Chair	Convene conference calls; recruit members; communicate with section leadership & membership; document agendas & minutes, bi/annual report	1 year	3-5	EC	1, 3
High	Program Planning Chair-Elect	Assists the Program Planning Chair with duties	1 year	1	EC,NC	1,2,4
	Chair-Elect	Assist Chair; coordinates "Hot Topics" at AM; reviews and presents Articles of Operation revisions at AM; Chairs Strategic Planning Committee	1 year	1	EC,NC	1, 2, 4
	Program Planning Chair	Provides leadership for annual meeting program planning; coordinates selection of sessions	1 year	1	EC,NC	1,2,4
	Chair	Provides leadership; carry out strategic plan; lead monthly meetings, write bi/annual reports	1 year	1	EC,NC	1,2,4

**Contact** (EC= Executive Committee Member, PP= Program Planner, MDC= Member Development Committee Chair, SEC= Section Secretary, NC = Nominating Committee)  
**Requirements** (1 =Individual member of ACHA, 2 =Must attend Annual Meeting, 3 =Appointed Position, 4 =Elected Position)