



UNDERGRADUATE STUDENT Reference Group

Data Report

Spring 2023

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

Suggested citation for this document: American College Health Association. American College Health Association-National College Health Assessment III: Undergraduate Student Reference Group Data Report Spring 2023. Silver Spring, MD: American College Health Association; 2023.



AMERICAN COLLEGE HEALTH ASSOCIATION

Demographics of Participating Institutions

One hundred twenty-seven postsecondary institutions self-selected to participate in the Spring 2023 ACHA National College Health Assessment and 79,137 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all students or used a random sampling technique, and used the ACHA-NCHA III (currently only offered as a web survey) are included in the analysis, yielding a final data set consisting of 78,024 students at 125 schools. **This report includes only data from 55,292 UNDERGRADUATE students at 125 schools.** Demographic characteristics of the 125 campuses follow.

Demographical Characteristics of the 125 US Postsecondary Institutions Included in the Spring 2023 ACHA-NCHA III UNDERGRADUATE Reference Group	
Campus Characteristic	<i>n</i>
Type of Institution	
Public	80
Private	45
2-year	11
4-year or above	114
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	27
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	17
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX, VA, WV)	25
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	56
Campus Size	
< 2,500 students	30
2,500 – 4,999 students	23
5,000 – 9,999 students	21
10,000 – 19,999 students	13
20,000 students or more	38
Campus Setting	
Very large city (population over 500,000)	24
Large city (population 250,000-499,999)	12
Small city (population 50,000-249,999)	46
Large town (population 10,000-49,999)	25
Small town (population 2,500-9,999)	14
Rural community (population under 2,500)	4
Carnegie Classification	
Associates Colleges	11
Baccalaureate Colleges	19
Baccalaureate/Associates Colleges	4
Masters Colleges and Universities	27
Doctoral Universities	64
Special Focus Institutions	0

Demographical Characteristics of the 125 US Postsecondary Institutions Included in the Spring 2023 ACHA-NCHA III UNDERGRADUATE Reference Group	
Campus Characteristic	<i>n</i>
ACHA Membership Status	
Institutional Member	99
Nonmember	26
Religious Affiliation	
No	108
Yes	17
<u>If yes:</u>	
Catholic	9
Protestant or Other Christian	8
Postsecondary Minority Institution (US Department of Education)	
No	101
Yes	24
<u>*If yes:</u>	
Historically Black College or University (HBCU)	0
Hispanic-serving Institution (HSI)	12
Tribal College or University	2
Predominately Black Institution	0
Asian American and Native American Pacific Islander-serving	13
Alaska Native-serving or Native Hawaiian-serving Institution	0
Native American-serving Nontribal Institution	4
*institutions may hold more than one type of minority status	
NOTE: In an effort to protect the identity of the participating institutions, the minority institution status variables have been recoded into a single dichotomous (yes/no) variable in the Reference Group SPSS data files. Secondary researchers with access to the blind data files will not be able to ascertain which type of minority status designation an institution holds.	

UNDERGRADUATE	Spring 2023 Institutions
Number of institutions	125
Number of students	55,292
Mean response proportion*	11%
Median response proportion*	10%

*Calculation of response proportion is based all students surveyed at the institution, and not limited to only undergraduate student responses.

We need to draw your attention to an important change in your ACHA-NCHA Report documents. Beginning in Spring 2021, responses for transgender and gender-nonconforming students are readily available directly in the report documents. This represents an important change in the way we have been reporting ACHA-NCHA results. We've prepared the following information to better explain the specific changes, our reasoning for doing so, and tips for using these redesigned report documents.

I. What we've done to date

- The ACHA-NCHA has asked respondents about their gender identity for 12 years.
- Data on transgender and gender-nonconforming (TGNC) students was available in the data file, but not displayed explicitly in the report documents in an effort to protect the privacy of TGNC students, particularly those students in smaller campus environments and at schools that publicly shared their ACHA-NCHA report documents.
- We have been trying to find the right balance between protecting students' privacy and making the results accessible to campus surveyors who may not use the statistical software that would be required to extract this information directly from the data files. Until now, we've erred on the side of protecting student privacy.

II. Why change?

- The number of TGNC students in our samples has been increasing over the years. Between 2008 and 2015, the number of students identifying as TGNC was very small (less than 0.05%). We've learned over the years that gender identity is complex and fluid. To better capture this complexity, we began asking separate questions about sex at birth and gender identity in Fall 2015. Now TGNC students tend to represent 3-4% of the overall sample.
- With greater number of students identifying as TGNC on the ACHA-NCHA in recent years, we have a better opportunity to understand their needs and behaviors than we have in years past.
- A number of health disparities between TGNC students and their cisgender peers have been well documented^[1], and schools need readily available access to this data in order to better address the needs of TGNC students.

III. What's different about the way we are reporting?

- First – a note about how we have been reporting ACHA-NCHA results to date. RSEX is a variable we create based on the responses to the questions on sex at birth, whether or not a student identifies as transgender, and their gender identity. The RSEX variable had allowed us to sort respondents into 4 groups for reporting purposes: male, female, non-binary, and missing. (Details about this variable can be found in all report documents.)
- The value labels for RSEX have been revised to better represent gender identity rather than sex. A value of "1" has been changed from "Male" to "Cis Men^[2]." A "2" has been changed from "Female" to "Cis Women^[3]." The value "3" has been changed from "non-binary" to "Transgender and Gender-Nonconforming" (TGNC), as it's a more accurate and inclusive term. The value "4" on RSEX remains "missing/unknown" and is used for students who do not answer all three questions.
- The "missing/unknown" column in the Data Report document has been replaced with a "Trans/Gender-Nonconforming" column. Because space limitations in the report prevent us from displaying all 4 categories plus a total column in the same document, it's now the "missing/unknown" column that is not displayed. Now when the Total of any given row is higher than the sum of the cis men, cis women, and TGNC respondents, the difference can be attributed to "missing/unknown" respondents that selected the response option presented in that row.
- A column for "Trans/Gender-Nonconforming" has been added the Executive Summary Report document.

IV. Important considerations with this new format

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

Questions about this report? Please reach out to Christine Kukich at Ckukich@acha.org

[1] Greathouse M, BrckaLorenz A, Hoban M, Huseman R, Rankin S, Stolzenberg EB. (2018). Queer-spectrum and trans-spectrum student experiences in American higher education: The analysis of national survey findings. New Brunswick, NJ: Tyler Clementi Center, Rutgers University.

[2] Cisgender refers to people whose gender identity matches their sex assigned at birth. Cis men is short for "cisgender men" and is a term used to describe persons who identify as men and were assigned male at birth.

[3] Cis women is short for "cisgender women" and is a term used to describe persons who identify as women and were assigned female at birth.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. **Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.**

A note about the use of sex and gender in this report:

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

1) How would you describe your overall health?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	2384	18	2766	8	125	4	5315	10.4
2 Very good	5547	41	12455	37	790	24	18951	36.9
3 Good	4130	31	13751	41	1435	43	19516	38.0
4 Fair	1255	9	4420	13	848	25	6618	12.9
5 Poor	190	1	570	2	145	4	926	1.8
Valid responses =	13506	26	33962	66	3343	7	51326	92.8

Invalid responses include no response.

2A) I feel that I belong at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	327	2	548	2	83	2	986	1.8
2 Disagree	515	4	1069	3	203	6	1814	3.3
3 Somewhat disagree	947	7	2237	6	341	10	3574	6.5
4 Somewhat agree	3338	23	9193	25	1080	30	13794	25.0
5 Agree	6302	43	15945	44	1406	39	23850	43.2
6 Strongly agree	3183	22	7411	20	482	13	11154	20.2
Valid responses =	14612	26	36403	66	3595	7	55172	99.8

Invalid responses include no response.

2B) I feel that students' health and well-being is a priority at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	439	3	858	2	170	5	1501	2.7
2 Disagree	835	6	2104	6	370	10	3364	6.1
3 Somewhat disagree	1603	11	4389	12	644	18	6723	12.2
4 Somewhat agree	4865	33	12818	35	1293	36	19174	34.8
5 Agree	4899	34	11876	33	902	25	17814	32.3
6 Strongly agree	1955	13	4322	12	206	6	6533	11.9
Valid responses =	14596	26	36367	66	3585	7	55109	99.7

Invalid responses include no response.

2C) At my college/university, I feel that the campus climate encourages free and open discussion about students' health and well-being.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	304	2	543	2	93	3	964	1.8
2 Disagree	516	4	1261	4	219	6	2032	3.7
3 Somewhat disagree	1263	9	3192	9	484	14	5010	9.1
4 Somewhat agree	4226	29	11098	31	1243	35	16770	30.4
5 Agree	5814	40	14233	39	1157	32	21356	38.8
6 Strongly agree	2462	17	6021	17	392	11	8947	16.2
Valid responses =	14585	26	36348	66	3588	7	55079	99.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

2D) At my college/university, we are a campus where we look out for each other.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	463	3	873	2	159	4	1531	2.8
2 Disagree	874	6	1894	5	287	8	3099	5.6
3 Somewhat disagree	1748	12	4519	12	664	19	7031	12.8
4 Somewhat agree	4964	34	12980	36	1325	37	19464	35.4
5 Agree	4615	32	11790	33	897	25	17443	31.7
6 Strongly agree	1897	13	4258	12	246	7	6445	11.7
Valid responses =	14561	26	36314	66	3578	7	55013	99.5

Invalid responses include no response.

3A) How many hours do you spend in a typical week (7 days) on the following activities?

Attending classes, discussion sections, or labs

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	107	1	311	1	31	1	457	0.8
2 1-5 hours	1193	8	3801	10	307	9	5352	9.7
3 6-10 hours	3325	23	8704	24	836	23	13001	23.6
4 11-15 hours	4666	32	10974	30	1172	33	16986	30.8
5 16-20 hours	3548	24	8141	22	843	24	12670	23.0
6 21-25 hours	1047	7	2659	7	246	7	3979	7.2
7 26-30 hours	442	3	1068	3	101	3	1625	2.9
8 More than 30 hours	277	2	738	2	55	2	1084	2.0
Valid responses =	14605	26	36396	66	3591	7	55154	99.8

Invalid responses include no response.

3B) How many hours do you spend in a typical week (7 days) on the following activities?

Studying and other academic activities outside of class

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	136	1	248	1	31	1	421	0.8
2 1-5 hours	3182	22	7841	22	857	24	12024	21.8
3 6-10 hours	4540	31	11524	32	1216	34	17441	31.7
4 11-15 hours	3016	21	7369	20	680	19	11177	20.3
5 16-20 hours	1845	13	4572	13	422	12	6905	12.5
6 21-25 hours	905	6	2348	7	190	5	3477	6.3
7 26-30 hours	497	3	1349	4	105	3	1968	3.6
8 More than 30 hours	461	3	1098	3	87	2	1666	3.0
Valid responses =	14582	26	36349	66	3588	7	55079	99.6

Invalid responses include no response.

3C) How many hours do you spend in a typical week (7 days) on the following activities?

Attending cultural events, movies, concerts, sports or other entertainment with others

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3897	27	9477	26	1146	32	14710	26.7
2 1-5 hours	7794	53	21458	59	1976	55	31519	57.2
3 6-10 hours	1926	13	3744	10	313	9	6033	10.9
4 11-15 hours	545	4	1006	3	85	2	1650	3.0
5 16-20 hours	253	2	371	1	35	1	664	1.2
6 21-25 hours	96	1	189	1	25	1	313	0.6
7 26-30 hours	42	0	89	0	6	0	138	0.3
8 More than 30 hours	42	0	52	0	6	0	104	0.2
Valid responses =	14595	26	36386	66	3592	7	55131	99.7

Invalid responses include no response.

3D) How many hours do you spend in a typical week (7 days) on the following activities?

Performing community service or volunteer activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	9418	65	21216	58	2475	69	33477	60.8
2 1-5 hours	4120	28	12583	35	903	25	17751	32.2
3 6-10 hours	614	4	1692	5	126	4	2461	4.5
4 11-15 hours	205	1	457	1	40	1	709	1.3
5 16-20 hours	115	1	236	1	20	1	374	0.7
6 21-25 hours	41	0	86	0	15	0	143	0.3
7 26-30 hours	34	0	54	0	6	0	96	0.2
8 More than 30 hours	29	0	51	0	6	0	89	0.2
Valid responses =	14576	26	36375	66	3591	7	55100	99.7

Invalid responses include no response.



3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	2721	19	10088	28	1537	43	14549	26.4
2 1-5 hours	5546	38	16130	44	1464	41	23367	42.3
3 6-10 hours	3659	25	6395	18	392	11	10525	19.1
4 11-15 hours	1478	10	2006	6	105	3	3614	6.5
5 16-20 hours	655	5	979	3	54	2	1702	3.1
6 21-25 hours	276	2	454	1	20	1	753	1.4
7 26-30 hours	112	1	205	1	12	0	331	0.6
8 More than 30 hours	155	1	171	1	9	0	341	0.6
Valid responses =	14602	26	36428	66	3593	7	55182	99.8

Invalid responses include no response.

3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	9655	66	24860	68	2902	81	37798	68.6
2 1-5 hours	3678	25	9317	26	548	15	13680	24.8
3 6-10 hours	729	5	1416	4	72	2	2237	4.1
4 11-15 hours	266	2	386	1	25	1	686	1.2
5 16-20 hours	119	1	204	1	23	1	352	0.6
6 21-25 hours	60	0	83	0	9	0	153	0.3
7 26-30 hours	37	0	44	0	4	0	87	0.2
8 More than 30 hours	44	0	76	0	5	0	127	0.2
Valid responses =	14588	26	36386	66	3588	7	55120	99.7

Invalid responses include no response.

3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	6896	47	17113	47	1642	46	25905	47.0
2 1-5 hours	5033	35	13885	38	1377	38	20516	37.3
3 6-10 hours	1576	11	3520	10	374	10	5527	10.0
4 11-15 hours	576	4	1025	3	95	3	1707	3.1
5 16-20 hours	247	2	439	1	53	2	745	1.4
6 21-25 hours	100	1	187	1	28	1	316	0.6
7 26-30 hours	61	0	96	0	8	0	166	0.3
8 More than 30 hours	73	1	93	0	8	0	178	0.3
Valid responses =	14562	26	36358	66	3585	7	55060	99.6

Invalid responses include no response.

3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	981	7	2137	6	216	6	3385	6.2
2 1-5 hours	4771	33	13790	38	1325	37	20097	36.6
3 6-10 hours	4247	29	10702	30	1030	29	16144	29.4
4 11-15 hours	2312	16	4954	14	508	14	7834	14.3
5 16-20 hours	1084	8	2223	6	250	7	3585	6.5
6 21-25 hours	492	3	1035	3	101	3	1644	3.0
7 26-30 hours	233	2	582	2	54	2	880	1.6
8 More than 30 hours	414	3	833	2	87	2	1349	2.5
Valid responses =	14534	26	36256	66	3571	7	54918	99.3

Invalid responses include no response.

3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	8694	60	20966	58	2538	71	32584	59.8
2 1-5 hours	4143	29	11450	32	799	23	16520	30.3
3 6-10 hours	1018	7	2516	7	134	4	3692	6.8
4 11-15 hours	322	2	637	2	43	1	1009	1.9
5 16-20 hours	142	1	238	1	22	1	406	0.7
6 21-25 hours	62	0	95	0	10	0	170	0.3
7 26-30 hours	25	0	28	0	4	0	58	0.1
8 More than 30 hours	35	0	31	0	3	0	71	0.1
Valid responses =	14441	26	35961	66	3553	7	54510	98.6

Invalid responses include no response.



3J) How many hours do you spend in a typical week (7 days) on the following activities?

Spending time with family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5568	38	12491	34	1585	44	19875	36.1
2 1-5 hours	5244	36	14049	39	1288	36	20777	37.8
3 6-10 hours	1685	12	4464	12	336	9	6537	11.9
4 11-15 hours	755	5	1838	5	148	4	2765	5.0
5 16-20 hours	421	3	1091	3	75	2	1607	2.9
6 21-25 hours	243	2	570	2	45	1	866	1.6
7 26-30 hours	122	1	378	1	24	1	529	1.0
8 More than 30 hours	493	3	1466	4	75	2	2055	3.7
Valid responses =	14531	26	36347	66	3576	7	55011	99.5

Invalid responses include no response.

3K) How many hours do you spend in a typical week (7 days) on the following activities?

Watching TV, streaming movies/TV, or other media for entertainment

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	858	6	2020	6	202	6	3123	5.7
2 1-5 hours	5440	37	15274	42	1238	35	22149	40.2
3 6-10 hours	4291	29	10730	30	1088	30	16268	29.5
4 11-15 hours	1994	14	4551	13	525	15	7146	13.0
5 16-20 hours	1035	7	2064	6	284	8	3423	6.2
6 21-25 hours	414	3	822	2	122	3	1380	2.5
7 26-30 hours	220	2	411	1	49	1	687	1.2
8 More than 30 hours	326	2	504	1	81	2	926	1.7
Valid responses =	14578	26	36376	66	3589	7	55102	99.7

Invalid responses include no response.

3L) How many hours do you spend in a typical week (7 days) on the following activities?

Gaming

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	4744	33	25963	72	1399	39	32353	58.8
2 1-5 hours	4572	31	6967	19	1108	31	12812	23.3
3 6-10 hours	2558	18	1965	5	574	16	5180	9.4
4 11-15 hours	1354	9	739	2	245	7	2369	4.3
5 16-20 hours	663	5	349	1	138	4	1163	2.1
6 21-25 hours	300	2	159	0	57	2	525	1.0
7 26-30 hours	150	1	90	0	30	1	271	0.5
8 More than 30 hours	235	2	102	0	34	1	377	0.7
Valid responses =	14576	26	36334	66	3585	7	55050	99.6

Invalid responses include no response.

3M) How many hours do you spend in a typical week (7 days) on the following activities?

Using social media

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1413	10	1480	4	211	6	3162	5.8
2 1-5 hours	5385	37	13390	37	1252	35	20219	36.9
3 6-10 hours	3946	27	11168	31	1060	30	16328	29.8
4 11-15 hours	1949	14	5390	15	498	14	7912	14.4
5 16-20 hours	943	7	2486	7	268	8	3732	6.8
6 21-25 hours	419	3	1102	3	126	4	1664	3.0
7 26-30 hours	191	1	558	2	69	2	828	1.5
8 More than 30 hours	224	2	642	2	82	2	961	1.8
Valid responses =	14470	26	36216	66	3566	7	54806	99.1

Invalid responses include no response.

3N) How many hours do you spend in a typical week (7 days) on the following activities?

Commuting to school and/or to work

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3786	26	9739	27	960	27	14630	26.7
2 1-5 hours	7948	55	19607	54	1955	55	29805	54.3
3 6-10 hours	1879	13	4641	13	473	13	7060	12.9
4 11-15 hours	487	3	1246	3	99	3	1863	3.4
5 16-20 hours	181	1	444	1	48	1	680	1.2
6 21-25 hours	108	1	225	1	17	1	353	0.6
7 26-30 hours	49	0	120	0	4	0	178	0.3
8 More than 30 hours	75	1	216	1	10	0	305	0.6
Valid responses =	14513	26	36238	66	3566	6	54874	99.2

Invalid responses include no response.



3O) How many hours do you spend in a typical week (7 days) on the following activities?

Working for pay

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include 1 0 hours, 2 1-5 hours, 3 6-10 hours, 4 11-15 hours, 5 16-20 hours, 6 21-25 hours, 7 26-30 hours, 8 More than 30 hours, Valid responses =.

Invalid responses include no response.

3P) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in meditation or meditative activities

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include 1 0 hours, 2 1-5 hours, 3 6-10 hours, 4 11-15 hours, 5 16-20 hours, 6 21-25 hours, 7 26-30 hours, 8 More than 30 hours, Valid responses =.

Invalid responses include no response.

3Q) How many hours do you spend in a typical week (7 days) on the following activities?

Performing unpaid household responsibilities

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include 1 0 hours, 2 1-5 hours, 3 6-10 hours, 4 11-15 hours, 5 16-20 hours, 6 21-25 hours, 7 26-30 hours, 8 More than 30 hours, Valid responses =.

Invalid responses include no response.

3R) How many hours do you spend in a typical week (7 days) on the following activities?

Taking care of children or other family members (unpaid)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include 1 0 hours, 2 1-5 hours, 3 6-10 hours, 4 11-15 hours, 5 16-20 hours, 6 21-25 hours, 7 26-30 hours, 8 More than 30 hours, Valid responses =.

Invalid responses include no response.

4) How do you describe your weight?

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include 1 Very underweight, 2 Slightly underweight, 3 About the right weight, 4 Slightly overweight, 5 Very overweight, Valid responses =.

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

5) Are you trying to do any of the following about your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	2851	20	7742	21	1235	34	12016	21.8
2 Stay the same weight	3022	21	7122	20	596	17	10834	19.6
3 Lose weight	5223	36	19355	53	1426	40	26217	47.5
4 Gain weight	3531	24	2205	6	336	9	6135	11.1
Valid responses =	14627	26	36424	66	3593	7	55202	99.8

Invalid responses include no response.

6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	465	3	905	3	108	3	1500	2.7
1 1 to 149 Minutes	6635	46	16986	47	1792	51	25667	46.9
2 150 to 299 Minutes	3416	24	8500	24	839	24	12869	23.5
3 300 or More Minutes	4031	28	9739	27	813	23	14731	26.9
Valid responses =	14547	27	36130	66	3552	6	54767	99.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	237.88	150.00	321.1	0	5040
Cis Women	243.89	150.00	363.85	0	5040
Trans/Gender Non-conforming	225.29	120.00	345.87	0	5040
Overall	241.22	150.00	353.4	0	5040

7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	3341	23	13034	36	1648	47	18229	33.4
1 1 to 74 Minutes	4045	28	10675	30	1084	31	15958	29.2
2 75 to 149 Minutes	2031	14	4488	13	333	9	6913	12.7
3 150 or More Minutes	5112	35	7836	22	475	13	13538	24.8
Valid responses =	14529	27	36033	66	3540	6	54638	98.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	160.77	60.00	231.13	0	3000
Cis Women	106.95	30.00	202.64	0	3000
Trans/Gender Non-conforming	67.79	10.00	162.68	0	3000
Overall	118.67	45.00	210.18	0	3000

8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	4306	30	15256	42	2040	57	21872	39.7
1 1 day	1470	10	4493	12	450	13	6475	11.7
2 2 days	1797	12	5103	14	398	11	7365	13.4
3 3 days	2061	14	4733	13	336	9	7180	13.0
4 4 days	1579	11	2721	8	162	5	4496	8.2
5 5 days	1732	12	2404	7	96	3	4267	7.7
6 6 days	1090	8	1102	3	58	2	2268	4.1
7 7 days	584	4	580	2	47	1	1226	2.2
Valid responses =	14619	27	36392	66	3587	7	55149	99.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?

One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.
If you do not drink sugar-sweetened beverages, please enter 0.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	4688	32	9198	25	789	22	14825	27.1
2 1 serving	2898	20	7973	22	855	24	11867	21.7
3 2 servings	2105	15	5914	16	640	18	8732	15.9
4 3 servings	1290	9	3559	10	344	10	5236	9.6
5 4 servings	775	5	2085	6	201	6	3090	5.6
6 5 servings	642	4	1752	5	172	5	2587	4.7
7 6 servings	375	3	1005	3	76	2	1466	2.7
8 7 servings	398	3	1330	4	112	3	1862	3.4
9 8 servings	239	2	557	2	41	1	845	1.5
10 9 or more servings	1106	8	2791	8	327	9	4263	7.8
Valid responses =	14516	27	36164	66	3557	6	54773	99.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.82	1.00	4.38	0	30
Cis Women	3.08	2.00	4.57	0	30
Trans/Gender Non-conforming	3.18	2.00	4.52	0	30
Overall	3.02	2.00	4.52	0	30

9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?

(for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	9380	65	24946	69	2374	67	37075	68.1
2 1-2 days	1705	12	4102	11	407	12	6200	11.5
3 3-4 days	888	6	1944	5	197	6	3054	5.6
4 5-10 days	1248	9	2604	7	264	8	4151	7.6
5 11-15 days	336	2	790	2	74	2	1210	2.2
6 16-20 days	319	2	677	2	84	2	1092	2.0
7 21-25 days	188	1	330	1	55	2	583	1.1
8 26-30 days	370	3	550	2	68	2	1005	1.8
Valid responses =	14434	27	35943	66	3523	6	54430	98.4

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.80	0.00	6.37	0	30
Cis Women	2.21	0.00	5.5	0	30
Trans/Gender Non-conforming	2.59	0.00	6.12	0	30
Overall	2.39	0.00	5.8	0	30

10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	2816	19	5384	15	712	20	9003	16.3
2 1-2 servings per day	9254	63	24906	69	2327	65	36839	66.9
3 3-4 servings per day	2118	15	5264	15	481	13	7945	14.4
4 5-6 servings per day	307	2	626	2	48	1	992	1.8
5 More than 6 servings per day	107	1	183	1	13	0	308	0.6
Valid responses =	14602	27	36363	66	3581	7	55087	99.6

Invalid responses include no response.

11) In the last 7 days, how many servings of vegetables did you eat on average per day?

One serving is 1/2 cup of fresh, frozen, or canned vegetables; 3/4 cup 100% vegetable juice; or 1 cup salad greens)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	1933	13	3960	11	504	14	6474	11.7
2 1-2 servings per day	8734	60	22816	63	2130	59	34003	61.7
3 3-4 servings per day	3302	23	8173	23	807	23	12401	22.5
4 5-6 servings per day	492	3	1129	3	118	3	1757	3.2
5 More than 6 servings per day	140	1	304	1	27	1	479	0.9
Valid responses =	14601	26	36382	66	3586	7	55114	99.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.
 The food that I bought just didn't last, and I didn't have money to get more

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	8154	56	17662	49	1566	44	27651	50.3
1 Sometimes True	5072	35	14000	39	1452	41	20736	37.7
2 Often True	1325	9	4607	13	561	16	6558	11.9
Valid responses =	14551	26	36269	66	3579	7	54945	99.4

Invalid responses include no response.

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.
 I couldn't afford to eat balanced meals.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	8276	57	17715	49	1474	41	27726	50.5
1 Sometimes True	4325	30	12302	34	1215	34	18020	32.8
2 Often True	1905	13	6216	17	891	25	9119	16.6
Valid responses =	14506	26	36233	66	3580	7	54865	99.2

Invalid responses include no response.

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9167	63	21174	58	1759	49	32421	58.8
1 Only 1 or 2 days	2309	16	6349	17	662	18	9407	17.0
2 Yes, some days, but not every day	2424	17	7019	19	869	24	10421	18.9
3 Yes, almost every day	723	5	1873	5	304	9	2934	5.3
Valid responses =	14623	26	36415	66	3594	7	55183	99.8

Invalid responses include no response.

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	10615	73	25097	69	2158	60	38246	69.3
1 Yes	4000	27	11300	31	1435	40	16905	30.7
Valid responses =	14615	26	36397	66	3593	7	55151	99.7

Invalid responses include no response.

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	11489	79	27503	76	2415	67	41820	75.8
1 Yes	3132	21	8908	25	1180	33	13358	24.2
Valid responses =	14621	26	36411	66	3595	7	55178	99.8

Invalid responses include no response.

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	1556	11	2796	8	150	4	4541	8.2
2 5-15 minutes	5079	35	11358	31	900	25	17487	31.7
3 16-30 minutes	4132	28	10483	29	999	28	15785	28.6
4 31 minutes - 1 hour	2584	18	7728	21	909	25	11347	20.6
5 over 1 hour	1268	9	4070	11	640	18	6050	11.0
Valid responses =	14619	26	36435	66	3598	7	55210	99.9

Invalid responses include no response.

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	201	1	396	1	66	2	680	1.2
2 4 hours	458	3	1145	3	177	5	1800	3.3
3 5 hours	1633	11	4259	12	508	14	6490	11.8
4 6 hours	3945	27	9643	27	956	27	14681	26.6
5 7 hours	5128	35	11952	33	1098	31	18347	33.2
6 8 hours	2634	18	6921	19	582	16	10229	18.5
7 9 hours	504	3	1577	4	157	4	2257	4.1
8 10 or more hours	128	1	554	2	54	2	746	1.4
Valid responses =	14631	26	36447	66	3598	7	55230	99.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	135	1	336	1	46	1	528	1.0
2 4 hours	272	2	678	2	78	2	1041	1.9
3 5 hours	726	5	2130	6	207	6	3099	5.6
4 6 hours	1760	12	4596	13	406	11	6829	12.4
5 7 hours	2983	20	7407	20	597	17	11090	20.1
6 8 hours	4545	31	10427	29	952	27	16077	29.1
7 9 hours	2884	20	7320	20	783	22	11094	20.1
8 10 or more hours	1324	9	3539	10	528	15	5453	9.9
Valid responses =	14629	26	36433	66	3597	7	55211	99.9

Invalid responses include no response.

16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	7585	52	16301	45	1500	42	25635	46.5
2 1 day	2930	20	7273	20	702	20	11011	20.0
3 2 days	1879	13	5835	16	573	16	8367	15.2
4 3 days	973	7	3063	8	351	10	4436	8.0
5 4 days	489	3	1558	4	183	5	2253	4.1
6 5 days	340	2	1138	3	111	3	1610	2.9
7 6 days	125	1	375	1	52	1	558	1.0
8 7 days	288	2	864	2	120	3	1290	2.3
Valid responses =	14609	26	36407	66	3592	7	55160	99.8

Invalid responses include no response.

16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	859	6	762	2	74	2	1718	3.1
2 1 day	1374	9	1843	5	133	4	3393	6.1
3 2 days	2641	18	4427	12	311	9	7448	13.5
4 3 days	2717	19	6027	17	436	12	9267	16.8
5 4 days	1926	13	5076	14	417	12	7470	13.5
6 5 days	1909	13	5839	16	529	15	8343	15.1
7 6 days	832	6	2935	8	336	9	4148	7.5
8 7 days	2362	16	9518	26	1361	38	13408	24.3
Valid responses =	14620	26	36427	66	3597	7	55195	99.8

Invalid responses include no response.

16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	4814	33	9849	27	720	20	15536	28.2
2 1 day	3715	25	8289	23	717	20	12832	23.3
3 2 days	2123	15	5970	16	558	16	8735	15.8
4 3 days	1220	8	3517	10	390	11	5177	9.4
5 4 days	735	5	2249	6	270	8	3289	6.0
6 5 days	680	5	2175	6	262	7	3150	5.7
7 6 days	350	2	1227	3	152	4	1760	3.2
8 7 days	963	7	3117	9	523	15	4657	8.4
Valid responses =	14600	26	36393	66	3592	7	55136	99.7

Invalid responses include no response.

16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	2030	14	6974	19	915	26	10034	18.2
2 1 day	2342	16	7766	21	792	22	11003	19.9
3 2 days	2910	20	7577	21	675	19	11260	20.4
4 3 days	2142	15	4992	14	434	12	7643	13.9
5 4 days	1770	12	3662	10	292	8	5773	10.5
6 5 days	1711	12	2966	8	263	7	4996	9.1
7 6 days	983	7	1419	4	129	4	2559	4.6
8 7 days	731	5	1063	3	94	3	1912	3.5
Valid responses =	14619	26	36419	66	3594	7	55180	99.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

16E) On how many of the last 7 days did you: Take a nap?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	5864	40	13860	38	1299	36	21244	38.5
2 1 day	3103	21	7341	20	672	19	11219	20.3
3 2 days	2326	16	5867	16	585	16	8855	16.0
4 3 days	1422	10	3911	11	435	12	5830	10.6
5 4 days	736	5	2111	6	218	6	3102	5.6
6 5 days	554	4	1546	4	169	5	2295	4.2
7 6 days	218	2	683	2	81	2	991	1.8
8 7 days	393	3	1102	3	135	4	1649	3.0
Valid responses =	14616	26	36421	66	3594	7	55185	99.8

Invalid responses include no response.

16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	1702	20	3357	15	294	13	5413	16.0
2 Between 30 and 59 minutes	4040	46	9988	44	919	40	15079	44.6
3 Between 60 and 119 minutes	2394	28	6843	31	763	33	10102	29.9
4 2 hours or more	578	7	2283	10	310	14	3208	9.5
Valid responses =	8714	26	22471	66	2286	7	33802	61.1

Invalid responses include no response.

17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	8427	58	24508	68	2439	68	35708	64.9
2 Never	2668	18	5007	14	397	11	8150	14.8
3 Rarely	757	5	1382	4	152	4	2314	4.2
4 Sometimes	578	4	1141	3	109	3	1848	3.4
5 Most of the time	623	4	1282	4	145	4	2074	3.8
6 Always	1511	10	2999	8	336	9	4914	8.9
Valid responses =	14564	26	36319	66	3578	7	55008	99.5

Invalid responses include no response.

17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	12298	85	32330	89	3239	91	48326	87.9
2 Never	909	6	1550	4	125	4	2614	4.8
3 Rarely	162	1	276	1	32	1	477	0.9
4 Sometimes	166	1	250	1	24	1	446	0.8
5 Most of the time	188	1	270	1	23	1	485	0.9
6 Always	824	6	1608	4	132	4	2603	4.7
Valid responses =	14547	26	36284	66	3575	7	54951	99.4

Invalid responses include no response.

17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	11895	82	32145	89	3003	84	47483	86.5
2 Never	1838	13	2796	8	341	10	5042	9.2
3 Rarely	263	2	366	1	73	2	708	1.3
4 Sometimes	188	1	234	1	39	1	469	0.9
5 Most of the time	123	1	170	1	37	1	337	0.6
6 Always	226	2	557	2	80	2	878	1.6
Valid responses =	14533	26	36268	66	3573	7	54917	99.3

Invalid responses include no response.

18A) When, if ever, was the last time you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	990	7	2904	8	478	13	4429	8.0
2 Within the last 2 weeks	9867	68	24679	68	1905	53	36765	66.6
3 More than 2 weeks but within 30 days	708	5	1710	5	199	6	2644	4.8
4 More than 30 days but within 3 months	1684	12	3942	11	488	14	6190	11.2
5 More than 3 months but within 12 months	907	6	2158	6	331	9	3445	6.2
6 More than 12 months ago	467	3	1038	3	194	5	1733	3.1
Valid responses =	14623	26	36431	66	3595	7	55206	99.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	62	1	133	1	15	1	211	0.6
1 1 to 4 Days	2202	22	5114	21	509	27	7900	21.6
2 5 to 10 Days	2941	30	7472	30	607	32	11118	30.3
3 11 to 14 Days	4645	47	11875	48	764	40	17417	47.5
Valid responses =	9850	27	24594	67	1895	5	36646	66.3
Invalid responses include no response.								
	Mean	Median	Std Dev	Min	Max			
Cis Men	9.15	10.00	4.65	0	14			
Cis Women	9.31	10.00	4.58	0	14			
Trans/Gender Non-conforming	8.47	10.00	4.61	0	14			
Overall	9.22	10.00	4.6	0	14			

18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	4151	42	10141	41	945	50	15372	42.1
1 1 to 4 Days	2499	25	6460	26	530	28	9577	26.2
2 5 to 10 Days	1474	15	3969	16	240	13	5716	15.6
3 11 to 14 Days	1699	17	3956	16	174	9	5877	16.1
Valid responses =	9823	27	24526	67	1889	5	36542	66.1
Invalid responses include no response.								
	Mean	Median	Std Dev	Min	Max			
Cis Men	3.99	1.00	5.12	0	14			
Cis Women	3.93	2.00	4.99	0	14			
Trans/Gender Non-conforming	2.75	0.00	4.23	0	14			
Overall	3.88	2.00	5	0	14			

18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	11900	91	28918	89	2514	86	43733	89.3
2 One accident	1127	9	3177	10	343	12	4692	9.6
3 Two accidents	104	1	322	1	53	2	487	1.0
4 Three or more accidents	18	0	35	0	7	0	64	0.1
Valid responses =	13149	27	32452	66	2917	6	48976	88.6
Invalid responses include no response.								

19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner called me names, insulted me, or put me down to make me feel bad.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13218	91	32192	89	3188	90	49098	89.4
2 Yes	1318	9	4076	11	375	11	5807	10.6
Valid responses =	14536	26	36268	66	3563	6	54905	99.3
Invalid responses include no response.								

19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13710	94	33874	94	3352	94	51443	93.8
2 Yes	816	6	2350	7	213	6	3405	6.2
Valid responses =	14526	26	36224	66	3565	6	54848	99.2
Invalid responses include no response.								

19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14073	97	35095	97	3439	97	53117	96.9
2 Yes	433	3	1120	3	121	3	1695	3.1
Valid responses =	14506	26	36215	66	3560	6	54812	99.1
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?
 A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14360	99	35506	98	3458	97	53842	98.1
2 Yes	161	1	743	2	103	3	1021	1.9
Valid responses =	14521	26	36249	66	3561	6	54863	99.2

Invalid responses include no response.

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?
 A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14245	98	34763	96	3348	94	52866	96.5
2 Yes	263	2	1443	4	209	6	1936	3.5
Valid responses =	14508	26	36206	66	3557	6	54802	99.1

Invalid responses include no response.

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.
 I was in a physical fight.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13904	95	35807	99	3479	97	53703	97.5
2 Yes	680	5	548	2	103	3	1355	2.5
Valid responses =	14584	26	36355	66	3582	7	55058	99.6

Invalid responses include no response.

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.
 I was physically assaulted (do not include sexual assault).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14196	97	35598	98	3459	97	53763	97.6
2 Yes	390	3	776	2	126	4	1319	2.4
Valid responses =	14586	26	36374	66	3585	7	55082	99.6

Invalid responses include no response.

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.
 I was verbally threatened.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12416	85	32302	89	2810	79	47962	87.3
2 Yes	2126	15	3997	11	767	21	6911	12.7
Valid responses =	14542	26	36299	66	3577	7	54953	99.4

Invalid responses include no response.

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.
 I was sexually touched without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13998	96	33078	91	3185	89	50755	92.5
2 Yes	544	4	3145	9	389	11	4117	7.5
Valid responses =	14542	27	36223	66	3574	7	54872	99.2

Invalid responses include no response.

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.
 Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14425	99	35208	97	3439	96	53591	97.4
2 Yes	152	1	1128	3	138	4	1435	2.6
Valid responses =	14577	26	36336	66	3577	7	55026	99.5

Invalid responses include no response.

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.
 I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14453	99	35485	98	3468	97	53929	98.0
2 Yes	132	1	838	2	115	3	1098	2.0
Valid responses =	14585	27	36323	66	3583	7	55027	99.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14239	98	34280	94	3295	92	52317	95.0
2 Yes	343	2	2063	6	288	8	2727	5.0
Valid responses =	14582	26	36343	66	3583	7	55044	99.6

Invalid responses include no response.

21A) How safe do you feel: On my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	80	1	137	0	26	1	254	0.5
2 Somewhat unsafe	256	2	869	2	158	4	1310	2.4
3 Somewhat safe	2687	18	10181	28	1192	33	14226	25.9
4 Very safe	11579	79	25096	69	2210	62	39230	71.3
Valid responses =	14602	27	36283	66	3586	7	55020	99.5

Invalid responses include no response.

21B) How safe do you feel: On my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	245	2	1888	5	203	6	2365	4.3
2 Somewhat unsafe	1482	10	10049	28	1060	30	12748	23.2
3 Somewhat safe	6332	43	18281	51	1724	48	26569	48.4
4 Very safe	6522	45	6013	17	594	17	13252	24.1
Valid responses =	14581	27	36231	66	3581	7	54934	99.4

Invalid responses include no response.

21C) How safe do you feel: In the community surrounding my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	192	1	514	1	64	2	788	1.4
2 Somewhat unsafe	1151	8	3912	11	500	14	5623	10.2
3 Somewhat safe	6030	41	19008	52	1983	55	27290	49.7
4 Very safe	7219	50	12808	35	1036	29	21261	38.7
Valid responses =	14592	27	36242	66	3583	7	54962	99.4

Invalid responses include no response.

21D) How safe do you feel: In the community surrounding my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	1179	8	6043	17	652	18	7953	14.5
2 Somewhat unsafe	3647	25	14456	40	1522	43	19838	36.1
3 Somewhat safe	6028	41	12561	35	1131	32	19906	36.2
4 Very safe	3730	26	3170	9	277	8	7241	13.2
Valid responses =	14584	27	36230	66	3582	7	54938	99.4

Invalid responses include no response.

22A1) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9708	66	24596	68	2402	67	37087	67.3
3 Yes	4908	34	11800	32	1185	33	18049	32.7
Valid responses =	14616	27	36396	66	3587	7	55136	99.7

Invalid responses include no response.

22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5037	35	10646	29	1061	30	16928	30.7
3 Yes	9550	66	25702	71	2525	70	38126	69.3
Valid responses =	14587	26	36348	66	3586	7	55054	99.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
Reference Group Data Report - Spring 2023

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	8610	59	20483	56	1589	44	30968	56.2
3 Yes	5982	41	15867	44	1994	56	24089	43.8
Valid responses =	14592	27	36350	66	3583	7	55057	99.6

Invalid responses include no response.

22A4) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	13517	94	34212	95	3344	94	51573	94.6
3 Yes	928	6	1771	5	202	6	2928	5.4
Valid responses =	14445	27	35983	66	3546	7	54501	98.6

Invalid responses include no response.

22A5) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	13298	91	33937	94	3265	91	50990	92.8
3 Yes	1272	9	2348	7	311	9	3972	7.2
Valid responses =	14570	27	36285	66	3576	7	54962	99.4

Invalid responses include no response.

22A6) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	14349	99	35911	99	3512	98	54293	98.9
3 Yes	196	1	330	1	59	2	592	1.1
Valid responses =	14545	27	36241	66	3571	7	54885	99.3

Invalid responses include no response.

22A7) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	13811	95	35143	97	3305	93	52752	96.2
3 Yes	733	5	1070	3	267	8	2109	3.8
Valid responses =	14544	27	36213	66	3572	7	54861	99.2

Invalid responses include no response.

22A8) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	13846	95	34818	96	3341	94	52505	95.5
3 Yes	716	5	1500	4	234	7	2478	4.5
Valid responses =	14562	26	36318	66	3575	7	54983	99.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

22A9) In your life, which of the following substances have you ever used?
 For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	12696	87	33312	92	3004	84	49475	90.0
3 Yes	1866	13	3015	8	571	16	5521	10.0
Valid responses =	14562	26	36327	66	3575	7	54996	99.5

Invalid responses include no response.

22A10) In your life, which of the following substances have you ever used?
 For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	14346	99	35879	100	3508	99	54252	99.4
3 Yes	115	1	178	1	44	1	342	0.6
Valid responses =	14461	26	36057	66	3552	7	54594	98.7

Invalid responses include no response.

22A11) In your life, which of the following substances have you ever used?
 For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)
 [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	13984	96	35345	97	3403	95	53240	96.8
3 Yes	599	4	975	3	178	5	1776	3.2
Valid responses =	14583	27	36320	66	3581	7	55016	99.5

Invalid responses include no response.

22A12) In your life, which of the following substances have you ever used?
 For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9984	99	22675	99	2228	97	35220	98.8
3 Yes	152	2	204	1	62	3	427	1.2
Valid responses =	10136	28	22879	64	2290	6	35647	64.5

Invalid responses include no response.

22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
 Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1405	29	3548	30	374	32	5365	29.8
2 Once or twice	1277	26	3080	26	314	27	4712	26.1
3 Monthly	411	8	872	7	94	8	1388	7.7
4 Weekly	482	10	1139	10	112	10	1747	9.7
6 Daily or almost daily	1326	27	3151	27	290	25	4817	26.7
Valid responses =	4901	27	11790	65	1184	7	18029	32.6

Invalid responses include no response.

22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
 Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	832	9	1837	7	273	11	2970	7.8
2 Once or twice	2530	27	7837	31	859	34	11361	29.8
3 Monthly	2217	23	6457	25	658	26	9406	24.7
4 Weekly	3576	38	9111	36	679	27	13464	35.4
6 Daily or almost daily	381	4	417	2	53	2	860	2.3
Valid responses =	9536	25	25659	67	2522	7	38061	68.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	1704	29	4386	28	397	20	6542	27.2	
2 Once or twice	1506	25	4794	30	533	27	6901	28.7	
3 Monthly	828	14	2258	14	285	14	3406	14.2	
4 Weekly	990	17	2320	15	342	17	3694	15.4	
6 Daily or almost daily	946	16	2084	13	431	22	3506	14.6	
Valid responses =	5974	25	15842	66	1988	8	24049	43.5	

Invalid responses include no response.

22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	582	63	1191	67	139	69	1926	65.9	
2 Once or twice	245	27	444	25	44	22	741	25.4	
3 Monthly	59	6	77	4	8	4	144	4.9	
4 Weekly	30	3	44	3	8	4	84	2.9	
6 Daily or almost daily	10	1	10	1	3	2	26	0.9	
Valid responses =	926	32	1766	60	202	7	2921	5.3	

Invalid responses include no response.

22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	790	62	1467	63	178	57	2459	62.1	
2 Once or twice	291	23	542	23	73	24	911	23.0	
3 Monthly	81	6	140	6	20	7	245	6.2	
4 Weekly	52	4	84	4	20	7	158	4.0	
6 Daily or almost daily	52	4	110	5	19	6	187	4.7	
Valid responses =	1266	32	2343	59	310	8	3960	7.2	

Invalid responses include no response.

22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	151	78	279	85	42	72	475	81.3	
2 Once or twice	15	8	24	7	7	12	46	7.9	
3 Monthly	14	7	8	2	2	3	24	4.1	
4 Weekly	6	3	13	4	5	9	25	4.3	
6 Daily or almost daily	7	4	3	1	2	3	14	2.4	
Valid responses =	193	33	327	56	58	10	584	1.1	

Invalid responses include no response.

22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	441	60	681	64	130	49	1270	60.5	
2 Once or twice	218	30	302	28	94	36	627	29.9	
3 Monthly	38	5	60	6	25	10	126	6.0	
4 Weekly	24	3	22	2	13	5	61	2.9	
6 Daily or almost daily	9	1	3	0	2	1	16	0.8	
Valid responses =	730	35	1068	51	264	13	2100	3.8	

Invalid responses include no response.

22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	492	69	968	65	140	60	1615	65.4	
2 Once or twice	118	17	318	21	41	18	483	19.5	
3 Monthly	44	6	81	5	21	9	148	6.0	
4 Weekly	30	4	71	5	22	10	124	5.0	
6 Daily or almost daily	30	4	59	4	8	3	101	4.1	
Valid responses =	714	29	1497	61	232	9	2471	4.5	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1075	58	1887	63	291	51	3291	59.7
2 Once or twice	648	35	988	33	226	40	1882	34.1
3 Monthly	110	6	113	4	39	7	267	4.8
4 Weekly	19	1	20	1	9	2	52	0.9
6 Daily or almost daily	10	1	4	0	5	1	21	0.4
Valid responses =	1862	34	3012	55	570	10	5513	10.0

Invalid responses include no response.

22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	83	73	158	89	28	65	270	79.4
2 Once or twice	5	4	7	4	1	2	13	3.8
3 Monthly	10	9	5	3	6	14	22	6.5
4 Weekly	10	9	5	3	6	14	22	6.5
6 Daily or almost daily	6	5	3	2	2	5	13	3.8
Valid responses =	114	34	178	52	43	13	340	0.6

Invalid responses include no response.

22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)
[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	489	82	823	85	134	76	1462	82.5
2 Once or twice	65	11	116	12	24	14	208	11.7
3 Monthly	18	3	18	2	7	4	43	2.4
4 Weekly	13	2	9	1	9	5	32	1.8
6 Daily or almost daily	12	2	8	1	3	2	27	1.5
Valid responses =	597	34	974	55	177	10	1772	3.2

Invalid responses include no response.

22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	56	39	74	40	21	36	155	38.9
2 Once or twice	15	10	20	11	6	10	41	10.3
3 Monthly	14	10	16	9	7	12	37	9.3
4 Weekly	24	17	15	8	8	14	48	12.1
6 Daily or almost daily	35	24	62	33	17	29	117	29.4
Valid responses =	144	36	187	47	59	15	398	0.7

Invalid responses include no response.

22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	276	68	509	68	69	60	862	67.1
1 Yes	111	27	211	28	35	30	362	28.2
99 Don't know	19	5	31	4	11	10	61	4.7
Valid responses =	406	32	751	58	115	9	1285	2.3

Invalid responses include no response.

22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	77	69	156	75	17	49	252	70.0
1 Yes	30	27	46	22	12	34	91	25.3
99 Don't know	4	4	7	3	6	17	17	4.7
Valid responses =	111	31	209	58	35	10	360	0.7

Invalid responses include no response.



22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	79	72	156	75	22	63	260	72.4
1 Yes	26	24	45	22	10	29	83	23.1
99 Don't know	5	5	8	4	3	9	16	4.5
Valid responses =	110	31	209	58	35	10	359	0.6

Invalid responses include no response.

22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	160	72	331	63	58	64	557	65.2
1 Yes	47	21	169	32	26	29	246	28.8
99 Don't know	15	7	28	5	7	8	51	6.0
Valid responses =	222	26	528	62	91	11	854	1.5

Invalid responses include no response.

22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE OF your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	35	75	101	60	15	58	152	61.8
1 Yes	11	23	61	36	11	42	86	35.0
99 Don't know	1	2	7	4	0	0	8	3.3
Valid responses =	47	19	169	69	26	11	246	0.4

Invalid responses include no response.

22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	40	85	124	73	18	69	184	74.8
1 Yes	5	11	38	23	7	27	52	21.1
99 Don't know	2	4	7	4	1	4	10	4.1
Valid responses =	47	19	169	69	26	11	246	0.4

Invalid responses include no response.

22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	68	63	82	54	23	54	179	57.7
1 Yes	31	29	65	43	12	28	110	35.5
99 Don't know	9	8	4	3	8	19	21	6.8
Valid responses =	108	35	151	49	43	14	310	0.6

Invalid responses include no response.

22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE OF your opioid medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	24	80	41	63	6	50	72	66.1
1 Yes	6	20	20	31	3	25	30	27.5
99 Don't know	0	0	4	6	3	25	7	6.4
Valid responses =	30	28	65	60	12	11	109	0.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)
 Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	22	73	40	62	8	67	71	65.1
1 Yes	8	27	21	32	1	8	31	28.4
99 Don't know	0	0	4	6	3	25	7	6.4
Valid responses =	30	28	65	60	12	11	109	0.2

Invalid responses include no response.

22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?
 (only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1132	33	2360	30	224	29	3754	30.6
3 Once or twice	524	15	1298	16	129	17	1967	16.0
4 Monthly	170	5	439	6	60	8	676	5.5
5 Weekly	395	12	948	12	99	13	1454	11.9
6 Daily or almost daily	1171	35	2921	37	272	35	4407	36.0
Valid responses =	3392	28	7966	65	784	6	12258	22.2

Invalid responses include no response.

22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?
 (only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4161	49	10219	45	917	42	15444	45.7
3 Once or twice	1848	22	5826	26	605	28	8356	24.7
4 Monthly	859	10	2603	11	236	11	3731	11.0
5 Weekly	1250	15	3591	16	305	14	5184	15.3
6 Daily or almost daily	322	4	646	3	112	5	1088	3.2
Valid responses =	8440	25	22885	68	2175	6	33803	61.1

Invalid responses include no response.

22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?
 (only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1690	41	4211	39	439	29	6414	38.3
3 Once or twice	782	19	2555	23	338	22	3709	22.1
4 Monthly	355	9	986	9	154	10	1507	9.0
5 Weekly	603	15	1565	14	252	17	2443	14.6
6 Daily or almost daily	678	17	1616	15	346	23	2679	16.0
Valid responses =	4108	25	10933	65	1529	9	16752	30.3

Invalid responses include no response.

22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?
 (only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	205	60	346	61	30	49	587	59.5
3 Once or twice	61	18	120	21	16	26	198	20.1
4 Monthly	31	9	45	8	7	12	84	8.5
5 Weekly	29	9	42	7	5	8	79	8.0
6 Daily or almost daily	16	5	17	3	3	5	38	3.9
Valid responses =	342	35	570	58	61	6	986	1.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?
 (only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	297	63	428	49	60	46	792	53.0
3 Once or twice	67	14	180	21	24	18	272	18.2
4 Monthly	42	9	98	11	17	13	160	10.7
5 Weekly	34	7	90	10	11	8	139	9.3
6 Daily or almost daily	34	7	76	9	19	15	131	8.8
Valid responses =	474	32	872	58	131	9	1494	2.7

Invalid responses include no response.

22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?
 (only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	15	36	20	43	5	31	40	37.0
3 Once or twice	5	12	7	15	2	13	14	13.0
4 Monthly	12	29	4	9	6	38	23	21.3
5 Weekly	3	7	8	17	1	6	12	11.1
6 Daily or almost daily	7	17	8	17	2	13	19	17.6
Valid responses =	42	39	47	44	16	15	108	0.2

Invalid responses include no response.

22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?
 (only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	182	64	254	66	82	63	529	64.7
3 Once or twice	52	18	84	22	28	21	168	20.6
4 Monthly	21	7	24	6	11	8	56	6.9
5 Weekly	16	6	14	4	5	4	36	4.4
6 Daily or almost daily	13	5	8	2	5	4	28	3.4
Valid responses =	284	35	384	47	131	16	817	1.5

Invalid responses include no response.

22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?
 (only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	96	43	206	39	27	29	335	39.2
3 Once or twice	50	23	153	29	27	29	231	27.0
4 Monthly	23	10	57	11	14	15	97	11.4
5 Weekly	27	12	62	12	17	19	107	12.5
6 Daily or almost daily	25	11	50	10	7	8	84	9.8
Valid responses =	221	26	528	62	92	11	854	1.5

Invalid responses include no response.

22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?
 (only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	458	60	627	57	131	48	1228	56.7
3 Once or twice	193	25	314	29	72	26	583	26.9
4 Monthly	70	9	96	9	34	13	205	9.5
5 Weekly	30	4	42	4	27	10	104	4.8
6 Daily or almost daily	15	2	18	2	9	3	46	2.1
Valid responses =	766	35	1097	51	273	13	2166	3.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7	23	6	32	2	14	15	22.4
3 Once or twice	4	13	4	21	1	7	9	13.4
4 Monthly	7	23	1	5	7	50	15	22.4
5 Weekly	6	19	6	32	2	14	15	22.4
6 Daily or almost daily	7	23	2	11	2	14	13	19.4
Valid responses =	31	46	19	28	14	21	67	0.1

Invalid responses include no response.

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	49	45	69	46	14	33	134	43.5
3 Once or twice	21	19	42	28	11	26	76	24.7
4 Monthly	16	15	13	9	6	14	35	11.4
5 Weekly	12	11	15	10	9	21	38	12.3
6 Daily or almost daily	10	9	10	7	3	7	25	8.1
Valid responses =	108	35	149	48	43	14	308	0.6

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	20	25	35	34	8	22	63	28.1
3 Once or twice	8	10	10	10	2	6	20	8.9
4 Monthly	9	11	5	5	7	19	22	9.8
5 Weekly	16	20	15	14	8	22	41	18.3
6 Daily or almost daily	27	34	39	38	11	31	78	34.8
Valid responses =	80	36	104	46	36	16	224	0.4

Invalid responses include no response.

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2859	82	6501	79	629	78	10083	79.7
4 Once or twice	297	9	882	11	93	12	1282	10.1
5 Monthly	119	3	320	4	31	4	473	3.7
6 Weekly	103	3	273	3	26	3	408	3.2
7 Daily or almost daily	113	3	257	3	28	4	401	3.2
Valid responses =	3491	28	8233	65	807	6	12647	22.9

Invalid responses include no response.

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7508	86	20660	87	1987	89	30432	86.8
4 Once or twice	831	10	2207	9	177	8	3244	9.3
5 Monthly	189	2	543	2	46	2	785	2.2
6 Weekly	133	2	338	1	27	1	499	1.4
7 Daily or almost daily	31	0	49	0	7	0	89	0.3
Valid responses =	8692	25	23797	68	2244	6	35049	63.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
 (only includes students who have used this substance within the last 3 months)
 Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3566	84	9975	87	1302	82	14999	85.8
4 Once or twice	416	10	938	8	186	12	1561	8.9
5 Monthly	119	3	273	2	40	3	435	2.5
6 Weekly	95	2	166	2	40	3	307	1.8
7 Daily or almost daily	65	2	85	1	17	1	171	1.0
Valid responses =	4261	24	11437	65	1585	9	17473	31.6

Invalid responses include no response.

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
 (only includes students who have used this substance within the last 3 months)
 Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	284	83	499	87	46	75	836	84.8
4 Once or twice	32	9	49	9	7	12	90	9.1
5 Monthly	12	4	10	2	4	7	27	2.7
6 Weekly	8	2	7	1	3	5	19	1.9
7 Daily or almost daily	5	2	6	1	1	2	14	1.4
Valid responses =	341	35	571	58	61	6	986	1.8

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
 (only includes students who have used this substance within the last 3 months)
 Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	422	89	769	88	100	77	1303	87.1
4 Once or twice	26	6	63	7	16	12	105	7.0
5 Monthly	9	2	19	2	7	5	35	2.3
6 Weekly	8	2	16	2	4	3	29	1.9
7 Daily or almost daily	10	2	8	1	3	2	24	1.6
Valid responses =	475	32	875	58	130	9	1496	2.7

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
 (only includes students who have used this substance within the last 3 months)
 Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	19	45	34	72	5	31	58	53.7
4 Once or twice	5	12	1	2	5	31	11	10.2
5 Monthly	9	21	4	9	2	13	15	13.9
6 Weekly	5	12	6	13	4	25	16	14.8
7 Daily or almost daily	4	10	2	4	0	0	8	7.4
Valid responses =	42	39	47	44	16	15	108	0.2

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
 (only includes students who have used this substance within the last 3 months)
 Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	250	87	360	94	120	90	746	90.5
4 Once or twice	17	6	11	3	5	4	33	4.0
5 Monthly	9	3	8	2	5	4	22	2.7
6 Weekly	6	2	3	1	3	2	14	1.7
7 Daily or almost daily	4	1	3	1	0	0	9	1.1
Valid responses =	286	35	385	47	133	16	824	1.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
 (only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	188	86	454	86	68	74	719	84.4
4 Once or twice	7	3	46	9	15	16	70	8.2
5 Monthly	9	4	11	2	5	5	25	2.9
6 Weekly	9	4	10	2	4	4	23	2.7
7 Daily or almost daily	7	3	6	1	0	0	15	1.8
Valid responses =	220	26	527	62	92	11	852	1.5

Invalid responses include no response.

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
 (only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	725	93	1052	94	245	89	2047	92.5
4 Once or twice	33	4	54	5	19	7	108	4.9
5 Monthly	10	1	11	1	6	2	28	1.3
6 Weekly	9	1	3	0	3	1	16	0.7
7 Daily or almost daily	7	1	4	0	2	1	15	0.7
Valid responses =	784	35	1124	51	275	12	2214	4.0

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
 (only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	6	19	9	47	3	20	18	26.1
4 Once or twice	2	7	1	5	3	20	6	8.7
5 Monthly	11	36	2	11	3	20	17	24.6
6 Weekly	6	19	4	21	3	20	14	20.3
7 Daily or almost daily	6	19	3	16	3	20	14	20.3
Valid responses =	31	45	19	28	15	22	69	0.1

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
 (only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	73	68	122	81	23	55	222	72.1
4 Once or twice	12	11	16	11	10	24	38	12.3
5 Monthly	12	11	7	5	4	10	23	7.5
6 Weekly	3	3	3	2	3	7	11	3.6
7 Daily or almost daily	8	7	2	1	2	5	14	4.5
Valid responses =	108	35	150	49	42	14	308	0.6

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
 (only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	55	63	88	80	20	54	164	68.9
4 Once or twice	9	10	5	5	9	24	23	9.7
5 Monthly	12	14	7	6	4	11	24	10.1
6 Weekly	4	5	5	5	2	5	12	5.0
7 Daily or almost daily	7	8	5	5	2	5	15	6.3
Valid responses =	87	37	110	46	37	16	238	0.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
 (only includes students who have used this substance within the last 3 months)
Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7639	88	21014	88	2006	90	30948	88.3
5 Once or twice	808	9	2241	9	174	8	3241	9.2
6 Monthly	134	2	310	1	36	2	484	1.4
7 Weekly	91	1	208	1	20	1	321	0.9
8 Daily or almost daily	25	0	31	0	6	0	64	0.2
Valid responses =	8697	25	23804	68	2242	6	35058	63.4

Invalid responses include no response.

22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
 (only includes students who have used this substance within the last 3 months)
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3435	81	9920	87	1276	81	14779	84.5
5 Once or twice	529	12	1095	10	178	11	1832	10.5
6 Monthly	124	3	189	2	65	4	380	2.2
7 Weekly	125	3	184	2	48	3	362	2.1
8 Daily or almost daily	50	1	55	1	18	1	128	0.7
Valid responses =	4263	24	11443	65	1585	9	17481	31.6

Invalid responses include no response.

22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
 (only includes students who have used this substance within the last 3 months)
Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	304	89	524	91	52	84	889	89.7
5 Once or twice	16	5	28	5	3	5	48	4.8
6 Monthly	7	2	9	2	3	5	19	1.9
7 Weekly	7	2	9	2	4	7	21	2.1
8 Daily or almost daily	7	2	5	1	0	0	14	1.4
Valid responses =	341	34	575	58	62	6	991	1.8

Invalid responses include no response.

22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
 (only includes students who have used this substance within the last 3 months)
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	439	93	813	93	115	88	1379	92.2
5 Once or twice	13	3	36	4	5	4	54	3.6
6 Monthly	6	1	8	1	7	5	21	1.4
7 Weekly	8	2	10	1	3	2	24	1.6
8 Daily or almost daily	8	2	6	1	1	1	17	1.1
Valid responses =	474	32	873	58	131	9	1495	2.7

Invalid responses include no response.

22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
 (only includes students who have used this substance within the last 3 months)
Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	18	43	35	75	6	38	59	54.6
5 Once or twice	6	14	2	4	2	13	10	9.3
6 Monthly	9	21	1	2	6	38	16	14.8
7 Weekly	5	12	7	15	1	6	14	13.0
8 Daily or almost daily	4	10	2	4	1	6	9	8.3
Valid responses =	42	39	47	44	16	15	108	0.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
 (only includes students who have used this substance within the last 3 months)
 Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	259	90	367	95	122	91	764	92.4
5 Once or twice	8	3	7	2	1	1	16	1.9
6 Monthly	11	4	2	1	10	8	23	2.8
7 Weekly	6	2	7	2	1	1	16	1.9
8 Daily or almost daily	3	1	3	1	0	0	8	1.0
Valid responses =	287	35	386	47	134	16	827	1.5

Invalid responses include no response.

22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
 (only includes students who have used this substance within the last 3 months)
 Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	179	81	447	85	71	77	706	82.8
5 Once or twice	14	6	57	11	6	7	78	9.1
6 Monthly	8	4	7	1	10	11	26	3.0
7 Weekly	14	6	10	2	4	4	28	3.3
8 Daily or almost daily	6	3	6	1	1	1	15	1.8
Valid responses =	221	26	527	62	92	11	853	1.5

Invalid responses include no response.

22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
 (only includes students who have used this substance within the last 3 months)
 Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	732	94	1067	95	250	91	2074	93.7
5 Once or twice	28	4	40	4	12	4	81	3.7
6 Monthly	6	1	8	1	9	3	23	1.0
7 Weekly	11	1	5	0	4	1	22	1.0
8 Daily or almost daily	6	1	4	0	1	0	14	0.6
Valid responses =	783	35	1124	51	276	12	2214	4.0

Invalid responses include no response.

22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
 (only includes students who have used this substance within the last 3 months)
 Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	9	29	10	53	3	20	22	31.9
5 Once or twice	3	10	2	11	1	7	7	10.1
6 Monthly	6	19	0	0	6	40	12	17.4
7 Weekly	8	26	3	16	4	27	16	23.2
8 Daily or almost daily	5	16	4	21	1	7	12	17.4
Valid responses =	31	45	19	28	15	22	69	0.1

Invalid responses include no response.

22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
 (only includes students who have used this substance within the last 3 months)
 Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)
 [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	77	71	121	81	26	61	228	73.8
5 Once or twice	8	7	18	12	3	7	29	9.4
6 Monthly	12	11	5	3	8	19	25	8.1
7 Weekly	5	5	4	3	4	9	15	4.9
8 Daily or almost daily	6	6	2	1	2	5	12	3.9
Valid responses =	108	35	150	49	43	14	309	0.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
of you because of your use of the following substance(s)? (only includes students who have used this substance in the last 3 months)
 Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	55	63	89	81	21	57	165	69.3
5 Once or twice	6	7	8	7	5	14	20	8.4
6 Monthly	7	8	2	2	5	14	14	5.9
7 Weekly	13	15	8	7	4	11	27	11.3
8 Daily or almost daily	6	7	3	3	2	5	12	5.0
Valid responses =	87	37	110	46	37	16	238	0.4

Invalid responses include no response.

22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3588	73	9056	77	846	72	13598	75.5
3 Yes, not in the past 3 months	626	13	1266	11	169	14	2088	11.6
6 Yes, in the past 3 months	683	14	1457	12	168	14	2327	12.9
Valid responses =	4897	27	11779	65	1183	7	18013	32.6

Invalid responses include no response.

22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	8188	86	23115	90	2147	85	33758	88.9
3 Yes, not in the past 3 months	691	7	1320	5	216	9	2244	5.9
6 Yes, in the past 3 months	642	7	1170	5	154	6	1985	5.2
Valid responses =	9521	25	25605	67	2517	7	37987	68.7

Invalid responses include no response.

22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4865	82	14087	89	1607	81	20762	86.4
3 Yes, not in the past 3 months	630	11	996	6	202	10	1853	7.7
6 Yes, in the past 3 months	461	8	750	5	179	9	1406	5.9
Valid responses =	5956	25	15833	66	1988	8	24021	43.4

Invalid responses include no response.

22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	777	84	1464	83	149	75	2406	82.5
3 Yes, not in the past 3 months	102	11	241	14	36	18	387	13.3
6 Yes, in the past 3 months	45	5	59	3	15	8	122	4.2
Valid responses =	924	32	1764	61	200	7	2915	5.3

Invalid responses include no response.

22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1132	89	2074	89	252	81	3490	88.2
3 Yes, not in the past 3 months	86	7	189	8	39	13	319	8.1
6 Yes, in the past 3 months	49	4	76	3	19	6	148	3.7
Valid responses =	1267	32	2339	59	310	8	3957	7.2

Invalid responses include no response.



22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
 (only includes students who have ever used this substance)
 Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	136	70	228	70	36	61	404	68.7
3 Yes, not in the past 3 months	44	23	91	28	11	19	148	25.2
6 Yes, in the past 3 months	14	7	9	3	12	20	36	6.1
Valid responses =	194	33	328	56	59	10	588	1.1

Invalid responses include no response.

22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
 (only includes students who have ever used this substance)
 Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	654	90	973	91	235	88	1893	90.2
3 Yes, not in the past 3 months	53	7	65	6	18	7	141	6.7
6 Yes, in the past 3 months	21	3	27	3	13	5	64	3.1
Valid responses =	728	35	1065	51	266	13	2098	3.8

Invalid responses include no response.

22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
 (only includes students who have ever used this substance)
 Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	618	87	1265	84	184	79	2088	84.4
3 Yes, not in the past 3 months	72	10	175	12	28	12	278	11.2
6 Yes, in the past 3 months	24	3	59	4	20	9	107	4.3
Valid responses =	714	29	1499	61	232	9	2473	4.5

Invalid responses include no response.

22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
 (only includes students who have ever used this substance)
 Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1636	88	2752	92	490	86	4937	89.8
3 Yes, not in the past 3 months	162	9	195	7	49	9	413	7.5
6 Yes, in the past 3 months	62	3	57	2	28	5	150	2.7
Valid responses =	1860	34	3004	55	567	10	5500	9.9

Invalid responses include no response.

22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
 (only includes students who have ever used this substance)
 Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	64	57	113	64	18	42	196	58.2
3 Yes, not in the past 3 months	34	30	57	32	13	30	107	31.8
6 Yes, in the past 3 months	15	13	6	3	12	28	34	10.1
Valid responses =	113	34	176	52	43	13	337	0.6

Invalid responses include no response.

22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
 (only includes students who have ever used this substance)
 Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)
 [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	485	81	788	81	122	69	1415	79.9
3 Yes, not in the past 3 months	87	15	163	17	41	23	293	16.5
6 Yes, in the past 3 months	25	4	22	2	14	8	63	3.6
Valid responses =	597	34	973	55	177	10	1771	3.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
 (only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	91	63	135	73	32	53	261	65.7
3 Yes, not in the past 3 months	28	19	30	16	12	20	74	18.6
6 Yes, in the past 3 months	25	17	19	10	17	28	62	15.6
Valid responses =	144	36	184	46	61	15	397	0.7

Invalid responses include no response.

22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
 Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3453	71	8115	69	797	68	12470	69.2
3 Yes, not in the past 3 months	637	13	1382	12	166	14	2206	12.2
6 Yes, in the past 3 months	810	17	2286	19	218	19	3342	18.5
Valid responses =	4900	27	11783	65	1181	7	18018	32.6

Invalid responses include no response.

22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
 Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	8659	91	23636	92	2246	89	34859	91.7
3 Yes, not in the past 3 months	337	4	738	3	125	5	1213	3.2
6 Yes, in the past 3 months	523	6	1243	5	143	6	1922	5.1
Valid responses =	9519	25	25617	67	2514	7	37994	68.7

Invalid responses include no response.

22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
 Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4978	84	13924	88	1585	80	20695	86.2
3 Yes, not in the past 3 months	414	7	741	5	160	8	1332	5.5
6 Yes, in the past 3 months	573	10	1159	7	242	12	1993	8.3
Valid responses =	5965	25	15824	66	1987	8	24020	43.4

Invalid responses include no response.

22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
 Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	811	88	1545	88	165	82	2540	87.2
3 Yes, not in the past 3 months	68	7	166	9	22	11	261	9.0
6 Yes, in the past 3 months	45	5	50	3	14	7	112	3.8
Valid responses =	924	32	1761	60	201	7	2913	5.3

Invalid responses include no response.

22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
 Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1176	93	2114	91	263	85	3585	90.7
3 Yes, not in the past 3 months	56	4	148	6	26	8	237	6.0
6 Yes, in the past 3 months	37	3	73	3	19	6	131	3.3
Valid responses =	1269	32	2335	59	308	8	3953	7.1

Invalid responses include no response.

22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
 Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	149	76	234	71	37	64	425	72.3
3 Yes, not in the past 3 months	33	17	86	26	11	19	130	22.1
6 Yes, in the past 3 months	13	7	8	2	10	17	33	5.6
Valid responses =	195	33	328	56	58	10	588	1.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	671	92	994	94	237	89	1936	92.4
3 Yes, not in the past 3 months	37	5	55	5	18	7	113	5.4
6 Yes, in the past 3 months	20	3	14	1	11	4	47	2.2
Valid responses =	728	35	1063	51	266	13	2096	3.8

Invalid responses include no response.

2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	630	88	1304	87	185	80	2142	86.8
3 Yes, not in the past 3 months	56	8	125	8	25	11	210	8.5
6 Yes, in the past 3 months	28	4	64	4	22	10	115	4.7
Valid responses =	714	29	1493	61	232	9	2467	4.5

Invalid responses include no response.

2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1769	95	2839	95	531	94	5198	94.7
3 Yes, not in the past 3 months	58	3	115	4	23	4	201	3.7
6 Yes, in the past 3 months	29	2	45	2	13	2	91	1.7
Valid responses =	1856	34	2999	55	567	10	5490	9.9

Invalid responses include no response.

22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	69	61	122	69	21	49	215	63.6
3 Yes, not in the past 3 months	31	27	50	28	14	33	97	28.7
6 Yes, in the past 3 months	14	12	4	2	8	19	26	7.7
Valid responses =	114	34	176	52	43	13	338	0.6

Invalid responses include no response.

22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	511	86	809	83	138	78	1477	83.5
3 Yes, not in the past 3 months	59	10	133	14	27	15	222	12.6
6 Yes, in the past 3 months	22	4	33	3	12	7	69	3.9
Valid responses =	592	33	975	55	177	10	1768	3.2

Invalid responses include no response.

22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	101	71	156	84	32	55	291	73.9
3 Yes, not in the past 3 months	23	16	18	10	9	16	55	14.0
6 Yes, in the past 3 months	19	13	11	6	17	29	48	12.2
Valid responses =	143	36	185	47	58	15	394	0.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	9889	99	26337	100	2644	98	39235	99.3
1 Yes, not in the past 3 months	65	1	110	0	27	1	204	0.5
2 Yes, in the past 3 months	33	0	29	0	24	1	91	0.2
Valid responses =	9987	25	26476	67	2695	7	39530	71.5

Invalid responses include no response.

22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have used drugs by injection within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	16	49	19	70	7	35	43	51.2
1 More than once per week	17	52	8	30	13	65	41	48.8
Valid responses =	33	39	27	32	20	24	84	0.2

Invalid responses include no response.

23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Cigarettes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1730	52	4732	59	349	44	6860	56.3
2 Yes	1583	48	3231	41	438	56	5315	43.7
Valid responses =	3313	27	7963	65	787	6	12175	22.0

Invalid responses include no response.

23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) E-cigarettes or other vape products (for example: Juul, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	893	26	1280	16	170	22	2374	19.1
2 Yes	2493	74	6872	84	622	79	10065	80.9
Valid responses =	3386	27	8152	66	792	6	12439	22.5

Invalid responses include no response.

23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Water pipe or hookah

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2840	89	7159	92	671	89	10770	91.4
2 Yes	341	11	589	8	80	11	1016	8.6
Valid responses =	3181	27	7748	66	751	6	11786	21.3

Invalid responses include no response.

23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Chewing or smokeless tobacco

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2615	81	7479	97	723	96	10912	92.2
2 Yes	616	19	261	3	31	4	918	7.8
Valid responses =	3231	27	7740	65	754	6	11830	21.4

Invalid responses include no response.

23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Cigars or little cigars

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2370	73	7371	95	686	91	10514	88.6
2 Yes	868	27	391	5	69	9	1348	11.4
Valid responses =	3238	27	7762	65	755	6	11862	21.5

Invalid responses include no response.

23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months) Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2093	94	5229	98	465	95	7848	96.7
2 Yes	144	6	93	2	24	5	270	3.3
Valid responses =	2237	28	5322	66	489	6	8118	14.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS
 September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	7960	55	18669	51	1420	40	28321	51.4
2 Within the last 2 weeks	2761	19	6948	19	1073	30	10908	19.8
3 More than 2 weeks but within 30 days	587	4	1663	5	231	6	2514	4.6
4 More than 30 days but within 3 months	833	6	2358	7	267	7	3500	6.3
5 More than 3 months but within 12 months	1035	7	2901	8	314	9	4280	7.8
6 More than 12 months ago	1433	10	3862	11	286	8	5624	10.2
Valid responses =	14609	26	36401	66	3591	7	55147	99.7

Invalid responses include no response.

25A) When, if ever, was the last time you drank alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3982	27	8110	22	791	22	13026	23.6
2 Within the last 2 weeks	6434	44	17090	47	1406	39	25143	45.6
3 More than 2 weeks but within 30 days	1233	8	3733	10	410	11	5433	9.9
4 More than 30 days but within 3 months	1253	9	3554	10	444	12	5325	9.7
5 More than 3 months but within 12 months	1023	7	2552	7	331	9	3943	7.1
6 More than 12 months ago	688	5	1367	4	208	6	2287	4.1
Valid responses =	14613	26	36406	66	3590	7	55157	99.8

Invalid responses include no response.

25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months) Did you get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5035	57	14181	58	1334	59	20759	57.9
2 Yes	3871	44	10164	42	917	41	15085	42.1
Valid responses =	8906	25	24345	68	2251	6	35844	64.8

Invalid responses include no response.

25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months) Did you intend to get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4849	55	13871	57	1255	56	20180	56.4
2 Yes	4052	46	10447	43	995	44	15630	43.6
Valid responses =	8901	25	24318	68	2250	6	35810	64.8

Invalid responses include no response.

26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink. (only includes students who drank alcohol within the last 3 months) The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	163	2	397	2	64	3	635	1.8
1 1 to 2 Drinks	3370	38	11795	49	1163	52	16494	46.2
2 3 to 4 Drinks	2155	24	7096	29	598	27	9928	27.8
3 5 to 6 Drinks	1492	17	3281	14	257	11	5071	14.2
4 7 to 8 Drinks	791	9	1090	5	102	5	2000	5.6
5 9 to 10 Drinks	456	5	405	2	31	1	901	2.5
6 11 or More Drinks	459	5	211	1	32	1	709	2.0
Total	8886	25	24275	68	2247	6	35738	64.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	4.32	3.00	4.25	0	89
Cis Women	3.07	2.00	2.38	0	55
Trans/Gender Non-conforming	2.94	2.00	2.57	0	45
Overall	3.37	3.00	3.03	0	89



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	251	3	612	3	75	3	954	2.7
1 1 to 2 Hours	3605	41	9682	40	1022	46	14454	40.5
2 3 to 4 Hours	3240	37	8891	37	766	34	13009	36.4
3 5 to 6 Hours	1406	16	4207	17	316	14	5969	16.7
4 7 to 8 Hours	261	3	635	3	45	2	950	2.7
5 9 to 10 Hours	64	1	142	1	11	1	220	0.6
6 11 or More Hours	56	1	92	0	9	0	159	0.4
Total	8883	25	24261	68	2244	6	35715	64.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.11	3.00	2.18	0	50
Cis Women	3.11	3.00	1.96	0	48
Trans/Gender Non-conforming	2.85	3.00	1.91	0	24
Overall	3.09	3.00	2.04	0	50

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	2719	42	8256	48	814	58	11909	47.5
2 1 time	1608	25	4392	26	318	23	6361	25.4
3 2 times	1038	16	2386	14	141	10	3588	14.3
4 3 times	457	7	957	6	61	4	1484	5.9
5 4 times	284	4	593	4	28	2	909	3.6
6 5 times	147	2	227	1	13	1	388	1.5
7 6 times	62	1	111	1	9	1	182	0.7
8 7 times	31	1	47	0	3	0	81	0.3
9 8 times	35	1	29	0	3	0	67	0.3
10 9 times	10	0	13	0	1	0	24	0.1
11 10 or more times	32	1	36	0	8	1	79	0.3
Total	6423	26	17047	68	1399	6	25072	45.3

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Did something I later regretted

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7907	80	20964	78	2126	83	31291	78.9
2 Yes	1990	20	5845	22	451	18	8355	21.1
Valid responses =	9897	25	26809	68	2577	7	39646	71.7

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8673	88	23432	87	2320	90	34756	87.6
2 Yes	1236	13	3396	13	259	10	4924	12.4
Valid responses =	9909	25	26828	68	2579	6	39680	71.8

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7735	78	20052	75	2041	79	30127	75.9
2 Yes	2169	22	6802	25	538	21	9574	24.1
Valid responses =	9904	25	26854	68	2579	6	39701	71.8

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Got in trouble with the police

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9783	99	26629	99	2556	99	39326	99.2
2 Yes	114	1	187	1	22	1	327	0.8
Valid responses =	9897	25	26816	68	2578	7	39653	71.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
 Got in trouble with college/university authorities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9761	99	26580	99	2544	99	39243	99.0
2 Yes	129	1	236	1	35	1	404	1.0
Valid responses =	9890	25	26816	68	2579	7	39647	71.7

Invalid responses include no response.

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
 Someone had sex with me without my consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9811	99	26205	98	2517	98	38888	98.1
2 Yes	84	1	604	2	58	2	754	1.9
Valid responses =	9895	25	26809	68	2575	6	39642	71.7

Invalid responses include no response.

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
 Had sex with someone without their consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9875	100	26784	100	2568	100	39586	99.8
2 Yes	28	0	45	0	11	0	88	0.2
Valid responses =	9903	25	26829	68	2579	7	39674	71.8

Invalid responses include no response.

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
 Had unprotected sex

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8738	88	23480	88	2343	91	34894	87.9
2 Yes	1172	12	3367	13	235	9	4804	12.1
Valid responses =	9910	25	26847	68	2578	6	39698	71.8

Invalid responses include no response.

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
 Physically injured myself

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9161	93	24537	92	2325	90	36363	91.7
2 Yes	741	8	2278	9	246	10	3287	8.3
Valid responses =	9902	25	26815	68	2571	6	39650	71.7

Invalid responses include no response.

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
 Physically injured another person

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9814	99	26691	100	2552	99	39416	99.4
2 Yes	85	1	133	1	24	1	245	0.6
Valid responses =	9899	25	26824	68	2576	6	39661	71.7

Invalid responses include no response.

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
 Seriously considered suicide

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9571	97	26133	97	2393	93	38441	96.9
2 Yes	333	3	693	3	184	7	1227	3.1
Valid responses =	9904	25	26826	68	2577	6	39668	71.7

Invalid responses include no response.

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
 Needed medical help

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9769	99	26477	99	2532	99	39132	98.8
2 Yes	118	1	307	1	39	2	470	1.2
Valid responses =	9887	25	26784	68	2571	6	39602	71.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

30A) Within the last 30 days, did you drive after drinking any alcohol at all?
 (only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4918	83	14349	90	1027	89	20447	88.3
2 Yes	1026	17	1539	10	134	12	2716	11.7
Valid responses =	5944	26	15888	69	1161	5	23163	41.9

Invalid responses include no response.

30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	9534	96	26086	97	2476	96	38448	96.9
2 Alcohol use negatively impacted performance in class	304	3	624	2	89	4	1025	2.6
3 Alcohol use delayed progress towards degree	67	1	133	1	12	1	216	0.5
Valid responses =	9905	25	26843	68	2577	6	39689	71.8

Invalid responses include no response.

31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?
 (only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1567	63	4569	72	530	68	6730	69.5
2 Yes	932	37	1741	28	252	32	2959	30.5
Valid responses =	2499	26	6310	65	782	8	9689	17.5

Invalid responses include no response.

31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance?
 (only includes students who used cannabis within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	4490	90	12682	95	1535	89	18896	93.1
2 Marijuana use negatively impacted performance in class	405	8	570	4	151	9	1141	5.6
3 Marijuana use delayed progress towards degree	98	2	113	1	38	2	255	1.3
Valid responses =	4993	25	13365	66	1724	8	20292	36.7

Invalid responses include no response.

32) Do you identify as a person in recovery from alcohol or other drug use?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10308	97	27700	98	2638	95	41033	97.5
2 Yes	305	3	582	2	155	6	1051	2.5
Valid responses =	10613	25	28282	67	2793	7	42084	76.1

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

**33A) When, if ever, was the last time you had:
 Oral sex (oral/genital contact)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	5881	41	14128	39	1374	38	21619	39.5
2 Within the last 2 weeks	4051	28	10829	30	913	26	15915	29.1
3 More than 2 weeks but within 30 days	912	6	2770	8	244	7	3963	7.2
4 More than 30 days but within 3 months	1202	8	3224	9	364	10	4830	8.8
5 More than 3 months but within 12 months	1284	9	2946	8	365	10	4644	8.5
6 More than 12 months ago	1203	8	2240	6	316	9	3792	6.9
Valid responses =	14533	27	36137	66	3576	7	54763	99.0

Invalid responses include no response.

**33B) When, if ever, was the last time you had:
 Vaginal intercourse (penis in vagina)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	6955	48	14952	41	1839	52	24030	43.9
2 Within the last 2 weeks	3934	27	11846	33	736	21	16618	30.4
3 More than 2 weeks but within 30 days	689	5	2342	7	188	5	3245	5.9
4 More than 30 days but within 3 months	904	6	2644	7	253	7	3834	7.0
5 More than 3 months but within 12 months	1029	7	2430	7	246	7	3741	6.8
6 More than 12 months ago	1011	7	1908	5	308	9	3259	6.0
Valid responses =	14522	27	36122	66	3570	7	54727	99.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
Reference Group Data Report - Spring 2023

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

33C) When, if ever, was the last time you had: Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	11752	81	30741	85	2818	79	45729	83.8
2 Within the last 2 weeks	539	4	549	2	128	4	1233	2.3
3 More than 2 weeks but within 30 days	221	2	349	1	57	2	635	1.2
4 More than 30 days but within 3 months	358	3	652	2	120	3	1144	2.1
5 More than 3 months but within 12 months	530	4	1184	3	149	4	1883	3.4
6 More than 12 months ago	1075	7	2564	7	292	8	3967	7.3
Valid responses =	14475	27	36039	66	3564	7	54591	98.7

Invalid responses include no response.

34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse? (only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	44	1	80	0	11	1	135	0.4
1 1 Partner	5193	66	14724	69	1190	62	21274	68.0
2 2 Partners	995	13	2763	13	310	16	4096	13.1
3 3 Partners	559	7	1412	7	140	7	2120	6.8
4 4 Partners	330	4	789	4	85	4	1221	3.9
5 5 Partners	190	2	512	2	65	3	774	2.5
6 6 Partners	134	2	292	1	32	2	462	1.5
7 7 Partners	76	1	172	1	26	1	280	0.9
8 8 to 10 Partners	173	2	300	1	45	2	523	1.7
9 11 or More Partners	162	2	193	1	31	2	393	1.3
Valid responses =	7856	25	21237	68	1935	6	31278	56.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.21	1.00	3.5	0	75
Cis Women	1.83	1.00	2.14	0	69
Trans/Gender Non-conforming	2.28	1.00	3.93	0	90
Overall	1.96	1.00	2.73	0	90

35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Women or females

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	872	11	18835	91	1146	62	20998	68.8
2 Yes	6895	89	1850	9	694	38	9527	31.2
Valid responses =	7767	25	20685	68	1840	6	30525	55.2

Invalid responses include no response.

35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Men or males

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6587	87	1112	5	696	38	8482	27.6
2 Yes	964	13	19960	95	1136	62	22204	72.4
Valid responses =	7551	25	21072	69	1832	6	30686	55.5

Invalid responses include no response.

35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Trans women

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7418	99	20408	100	1546	87	29565	98.5
2 Yes	82	1	111	1	234	13	461	1.5
Valid responses =	7500	25	20519	68	1780	6	30026	54.3

Invalid responses include no response.

35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Trans men

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7412	99	20364	99	1568	89	29545	98.6
2 Yes	81	1	116	1	198	11	417	1.4
Valid responses =	7493	25	20480	68	1766	6	29962	54.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Genderqueer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7276	97	20113	98	1247	69	28815	95.9
2 Yes	232	3	389	2	572	31	1236	4.1
Valid responses =	7508	25	20502	68	1819	6	30051	54.3

Invalid responses include no response.

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Person(s) with another identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7359	98	20274	99	1501	86	29323	98.1
2 Yes	125	2	168	1	252	14	577	1.9
Valid responses =	7484	25	20442	68	1753	6	29900	54.1

Invalid responses include no response.

36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had oral sex within the last 30 days)

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	4328	88	12077	89	1006	87	17550	88.6
2 Rarely	195	4	451	3	66	6	721	3.6
3 Sometimes	156	3	319	2	33	3	508	2.6
4 Most of the time	92	2	225	2	21	2	340	1.7
5 Always	174	4	487	4	28	2	695	3.5
Valid responses =	4945	25	13559	68	1154	6	19814	35.8

Invalid responses include no response.

36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had vaginal intercourse within the last 30 days)

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1632	36	5921	42	352	38	7961	40.3
2 Rarely	368	8	1218	9	76	8	1669	8.5
3 Sometimes	505	11	1410	10	89	10	2017	10.2
4 Most of the time	752	16	1974	14	129	14	2868	14.5
5 Always	1326	29	3596	26	272	30	5229	26.5
Valid responses =	4583	23	14119	72	918	5	19744	35.7

Invalid responses include no response.

36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had anal intercourse within the last 30 days)

Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	358	48	592	67	85	46	1048	56.6
2 Rarely	75	10	57	6	15	8	147	7.9
3 Sometimes	80	11	56	6	22	12	160	8.6
4 Most of the time	95	13	45	5	16	9	160	8.6
5 Always	145	19	140	16	45	25	336	18.2
Valid responses =	753	41	890	48	183	10	1851	3.3

Invalid responses include no response.

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?

(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	5441	83	16285	85	1140	81	23021	84.1
2 No, not want prevent pregnancy	148	2	317	2	37	3	505	1.8
3 No, did not use any method	823	13	2480	13	215	15	3549	13.0
4 Don't know	132	2	153	1	22	2	312	1.1
Valid responses =	6544	24	19235	70	1414	5	27387	49.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control pills (monthly or extended cycle)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3048	56	9449	58	796	70	13392	58.2
1 Selected	2393	44	6836	42	344	30	9629	41.8
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.

38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control shots

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5323	98	15954	98	1117	98	22549	97.9
1 Selected	118	2	331	2	23	2	472	2.1
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.

38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control implants

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4976	92	14985	92	1045	92	21151	91.9
1 Selected	465	9	1300	8	95	8	1870	8.1
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.

38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control patch

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5373	99	16099	99	1125	99	22748	98.8
1 Selected	68	1	186	1	15	1	273	1.2
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.

38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
The ring

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5342	98	15911	98	1119	98	22521	97.8
1 Selected	99	2	374	2	21	2	500	2.2
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.

38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Emergency contraception ("morning after pill" or "Plan B")

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5072	93	15148	93	1084	95	21452	93.2
1 Selected	369	7	1137	7	56	5	1569	6.8
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.

38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Intrauterine device (IUD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4690	86	13752	84	925	81	19493	84.7
1 Selected	751	14	2533	16	215	19	3528	15.3
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Male (external) condom

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2340	43	8208	50	479	42	11105	48.2
1 Selected	3101	57	8077	50	661	58	11916	51.8
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.

38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Female (internal) condom

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5428	100	16244	100	1134	100	22961	99.7
1 Selected	13	0	41	0	6	1	60	0.3
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.

38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Diaphragm or cervical cap

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5437	100	16279	100	1140	100	23010	100.0
1 Selected	4	0	6	0	0	0	11	0.0
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.

38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Contraceptive sponge

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5438	100	16281	100	1138	100	23012	100.0
1 Selected	3	0	4	0	2	0	9	0.0
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.

38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Withdrawal

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4505	83	12396	76	940	83	17971	78.1
1 Selected	936	17	3889	24	200	18	5050	21.9
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.

38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Fertility awareness (for example: calendar, mucous, and basal body temperature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5248	97	15257	94	1061	93	21709	94.3
1 Selected	193	4	1028	6	79	7	1312	5.7
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.

38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Sterilization (for example: hysterectomy, tubes tied, or vasectomy)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5348	98	15963	98	1096	96	22555	98.0
1 Selected	93	2	322	2	44	4	466	2.0
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Don't know

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5385	99	16252	100	1131	99	22922	99.6
1 Selected	56	1	33	0	9	1	99	0.4
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.

38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Other method

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5381	99	16139	99	1103	97	22771	98.9
1 Selected	60	1	146	1	37	3	250	1.1
Valid responses =	5441	24	16285	71	1140	5	23021	41.6

Invalid responses include no response.

39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")? (only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4911	75	14451	75	1054	75	20565	75.3
2 Yes	1322	20	4421	23	260	18	6029	22.1
3 Don't know	201	3	68	0	37	3	315	1.2
4 Not applicable	79	1	247	1	62	4	396	1.5
Valid responses =	6513	24	19187	70	1413	5	27305	49.4

Invalid responses include no response.

40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6309	97	18771	98	1358	96	26622	97.2
2 Yes, unintentionally	75	1	277	1	34	2	388	1.4
3 Yes, intentionally	101	2	126	1	12	1	240	0.9
4 Don't know	54	1	59	0	12	1	130	0.5
Valid responses =	6539	24	19233	70	1416	5	27380	49.5

Invalid responses include no response.

41A) Below are 8 statements with which you may agree or disagree. Using the scale below, indicate your agreement with each item by indicating that response for each statement. I lead a purposeful and meaningful life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	417	3	495	1	130	4	1061	1.9
2 Disagree	606	4	1024	3	285	8	1950	3.5
3 Slightly disagree	763	5	1701	5	323	9	2826	5.1
4 Neither agree nor disagree	1640	11	3712	10	622	17	6050	11.0
5 Slightly agree	2812	19	7585	21	853	24	11367	20.6
6 Agree	4918	34	13524	37	991	28	19599	35.5
7 Strongly agree	3455	24	8363	23	387	11	12289	22.3
Valid responses =	14611	26	36404	66	3591	7	55142	99.7

Invalid responses include no response.

41B) Below are 8 statements with which you may agree or disagree. Using the scale below, indicate your agreement with each item by indicating that response for each statement. My social relationships are supportive and rewarding.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	308	2	397	1	66	2	780	1.4
2 Disagree	426	3	746	2	145	4	1339	2.4
3 Slightly disagree	663	5	1481	4	218	6	2396	4.3
4 Neither agree nor disagree	1259	9	2424	7	275	8	4011	7.3
5 Slightly agree	2949	20	7399	20	840	23	11305	20.5
6 Agree	5563	38	14542	40	1299	36	21596	39.2
7 Strongly agree	3434	24	9409	26	747	21	13696	24.8
Valid responses =	14602	26	36398	66	3590	7	55123	99.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

41C) Below are 8 statements with which you may agree or disagree.
 Using the scale below, indicate your agreement with each item by indicating that response for each statement.
 I am engaged and interested in my daily activities.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	358	3	572	2	123	3	1068	1.9
2 Disagree	610	4	1337	4	266	7	2246	4.1
3 Slightly disagree	1080	7	2655	7	486	14	4280	7.8
4 Neither agree nor disagree	1357	9	3441	10	394	11	5263	9.5
5 Slightly agree	3565	24	9722	27	1047	29	14489	26.3
6 Agree	4966	34	12510	34	948	26	18570	33.7
7 Strongly agree	2672	18	6148	17	325	9	9202	16.7
Valid responses =	14608	27	36385	66	3589	7	55118	99.7

Invalid responses include no response.

41D) Below are 8 statements with which you may agree or disagree.
 Using the scale below, indicate your agreement with each item by indicating that response for each statement.
 I actively contribute to the happiness and well-being of others.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	273	2	327	1	52	1	662	1.2
2 Disagree	346	2	466	1	109	3	936	1.7
3 Slightly disagree	477	3	877	2	168	5	1541	2.8
4 Neither agree nor disagree	1650	11	3126	9	459	13	5312	9.6
5 Slightly agree	3225	22	7692	21	930	26	11959	21.7
6 Agree	5200	36	14823	41	1259	35	21483	39.0
7 Strongly agree	3425	24	9043	25	613	17	13177	23.9
Valid responses =	14596	27	36354	66	3590	7	55070	99.6

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.
 Using the scale below, indicate your agreement with each item by indicating that response for each statement.
 I am competent and capable in the activities that are important to me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	206	1	313	1	69	2	603	1.1
2 Disagree	226	2	504	1	127	4	867	1.6
3 Slightly disagree	491	3	1031	3	284	8	1844	3.3
4 Neither agree nor disagree	875	6	2097	6	299	8	3311	6.0
5 Slightly agree	2417	17	6641	18	866	24	10047	18.2
6 Agree	5702	39	15136	42	1276	36	22297	40.5
7 Strongly agree	4691	32	10669	29	669	19	16153	29.3
Valid responses =	14608	27	36391	66	3590	7	55122	99.7

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.
 Using the scale below, indicate your agreement with each item by indicating that response for each statement.
 I am a good person and live a good life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	250	2	306	1	77	2	646	1.2
2 Disagree	317	2	420	1	144	4	898	1.6
3 Slightly disagree	564	4	979	3	260	7	1827	3.3
4 Neither agree nor disagree	1529	11	2836	8	573	16	5023	9.1
5 Slightly agree	2557	18	6288	17	879	25	9840	17.9
6 Agree	5372	37	14643	40	1139	32	21339	38.7
7 Strongly agree	4018	28	10914	30	517	14	15540	28.2
Valid responses =	14607	27	36386	66	3589	7	55113	99.7

Invalid responses include no response.

41G) Below are 8 statements with which you may agree or disagree.
 Using the scale below, indicate your agreement with each item by indicating that response for each statement.
 I am optimistic about my future.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	449	3	649	2	231	6	1354	2.5
2 Disagree	515	4	1006	3	277	8	1834	3.3
3 Slightly disagree	816	6	1947	5	421	12	3231	5.9
4 Neither agree nor disagree	1390	10	2972	8	520	15	4955	9.0
5 Slightly agree	2638	18	6959	19	814	23	10517	19.1
6 Agree	4382	30	12267	34	835	23	17627	32.0
7 Strongly agree	4416	30	10595	29	494	14	15607	28.3
Valid responses =	14606	26	36395	66	3592	7	55125	99.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

People respect me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	292	2	394	1	104	3	805	1.5
2 Disagree	343	2	549	2	172	5	1083	2.0
3 Slightly disagree	579	4	1233	3	323	9	2164	3.9
4 Neither agree nor disagree	1914	13	4108	11	720	20	6859	12.4
5 Slightly agree	2841	20	7270	20	875	24	11090	20.1
6 Agree	5430	37	14763	41	1035	29	21415	38.9
7 Strongly agree	3203	22	8060	22	359	10	11679	21.2
Valid responses =	14602	27	36377	66	3588	7	55095	99.6

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.¹

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	157	1	296	1	73	2	537	1.0
1 Rarely true	325	2	984	3	251	7	1583	2.9
2 Sometimes true	2608	18	8340	23	1153	32	12245	22.2
3 Often true	6627	45	16784	46	1431	40	25085	45.5
4 True nearly all the time	4893	34	9968	27	677	19	15652	28.4
Valid responses =	14610	27	36372	66	3585	7	55102	99.7

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.¹

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	184	1	412	1	83	2	692	1.3
1 Rarely true	464	3	1533	4	304	9	2329	4.2
2 Sometimes true	2518	17	8059	22	1116	31	11842	21.5
3 Often true	5758	40	15468	43	1356	38	22806	41.4
4 True nearly all the time	5664	39	10854	30	724	20	17364	31.6
Valid responses =	14588	27	36326	66	3583	7	55033	99.5

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5203	36	6382	18	512	14	12239	22.4
2 Yes	9253	64	29737	82	3055	86	42432	77.6
Valid responses =	14456	26	36119	66	3567	7	54671	98.9

Invalid responses include no response.

44A) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel nervous?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	1358	9	1514	4	66	2	2979	5.4
1 A little of the time	4309	30	6696	18	430	12	11511	20.9
2 Some of the time	5795	40	14527	40	1244	35	21772	39.5
3 Most of the time	2261	16	9357	26	1189	33	12937	23.5
4 All of the time	875	6	4248	12	656	18	5854	10.6
Valid responses =	14598	27	36342	66	3585	7	55053	99.6

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel hopeless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	5648	39	11883	33	529	15	18189	33.2
1 A little of the time	4125	28	10762	30	994	28	16002	29.2
2 Some of the time	3257	22	9397	26	1272	36	14106	25.7
3 Most of the time	1074	7	2916	8	548	15	4607	8.4
4 All of the time	438	3	1216	3	225	6	1905	3.5
Valid responses =	14542	27	36174	66	3568	7	54809	99.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

44C) The next 6 questions ask about how you have been feeling during the past 30 days.
 For each question, please select the response that best describes how often you had this feeling.
 During the past 30 days, about how often did you feel restless or fidgety?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	2600	18	4616	13	179	5	7455	13.6
1 A little of the time	3865	27	8223	23	446	13	12618	23.0
2 Some of the time	4639	32	11761	33	1048	29	17609	32.1
3 Most of the time	2450	17	8062	22	1152	32	11804	21.5
4 All of the time	988	7	3562	10	748	21	5377	9.8
Valid responses =	14542	27	36224	66	3573	7	54863	99.2

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days.
 For each question, please select the response that best describes how often you had this feeling.
 During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	7191	49	13844	38	754	21	21946	39.9
1 A little of the time	3982	27	11557	32	1182	33	16875	30.7
2 Some of the time	2416	17	7739	21	1072	30	11382	20.7
3 Most of the time	703	5	2307	6	413	12	3464	6.3
4 All of the time	302	2	877	2	165	5	1364	2.5
Valid responses =	14594	27	36324	66	3586	7	55031	99.5

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days.
 For each question, please select the response that best describes how often you had this feeling.
 During the past 30 days, about how often did you feel that everything was an effort?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	3853	26	7071	20	256	7	11255	20.5
1 A little of the time	4109	28	9835	27	641	18	14693	26.7
2 Some of the time	3857	26	10385	29	1094	31	15480	28.1
3 Most of the time	1900	13	6067	17	932	26	9022	16.4
4 All of the time	869	6	2958	8	663	19	4568	8.3
Valid responses =	14588	27	36316	66	3586	7	55018	99.5

Invalid responses include no response.

44F) The next 6 questions ask about how you have been feeling during the past 30 days.
 For each question, please select the response that best describes how often you had this feeling.
 During the past 30 days, about how often did you feel worthless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	7966	55	18101	50	1019	28	27275	49.6
1 A little of the time	3055	21	8711	24	925	26	12823	23.3
2 Some of the time	2166	15	5759	16	897	25	8940	16.3
3 Most of the time	868	6	2414	7	447	13	3781	6.9
4 All of the time	533	4	1314	4	296	8	2177	4.0
Valid responses =	14588	27	36299	66	3584	7	54996	99.5

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you.
 How often do you feel that you lack companionship?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	5252	36	13023	36	867	24	19277	35.0
2 Some of the time	5945	41	16450	45	1609	45	24248	44.0
3 Often	3403	23	6902	19	1114	31	11567	21.0
Valid responses =	14600	27	36375	66	3590	7	55092	99.6

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you.
 How often do you feel left out?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	5592	38	11406	31	743	21	17871	32.4
2 Some of the time	6448	44	17865	49	1733	48	26297	47.7
3 Often	2554	18	7103	20	1114	31	10915	19.8
Valid responses =	14594	26	36374	66	3590	7	55083	99.6

Invalid responses include no response.



American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

45C) Indicate how often each of the statements below is descriptive of you.
 How often do you feel isolated from others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	5368	37	12349	34	674	19	18513	33.6
2 Some of the time	5997	41	16225	45	1552	43	23994	43.6
3 Often	3232	22	7800	21	1363	38	12578	22.8
Valid responses =	14597	26	36374	66	3589	7	55085	99.6

Invalid responses include no response.

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	13396	92	31744	87	2325	65	47858	87.0
2 Once or twice	917	6	3591	10	880	25	5485	10.0
3 Monthly	169	1	667	2	241	7	1100	2.0
4 Weekly	63	0	241	1	92	3	409	0.7
5 Daily or almost daily	20	0	81	0	43	1	152	0.3
Valid responses =	14565	26	36324	66	3581	7	55004	99.5

Invalid responses include no response.

47A1) Within the last 12 months, have you had problems or challenges with any the following?
 Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7530	52	17384	48	1308	36	26432	48.0
2 Yes	7057	48	18978	52	2282	64	28629	52.0
Valid responses =	14587	26	36362	66	3590	7	55061	99.6

Invalid responses include no response.

47A2) Within the last 12 months, have you had problems or challenges with any the following?
 Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9451	65	22813	63	1987	56	34563	62.9
2 Yes	5119	35	13499	37	1594	45	20420	37.1
Valid responses =	14570	26	36312	66	3581	7	54983	99.4

Invalid responses include no response.

47A3) Within the last 12 months, have you had problems or challenges with any the following?
 Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8190	56	17194	47	1424	40	27064	49.2
2 Yes	6378	44	19128	53	2158	60	27926	50.8
Valid responses =	14568	26	36322	66	3582	7	54990	99.5

Invalid responses include no response.

47A4) Within the last 12 months, have you had problems or challenges with any the following?
 Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3753	26	8343	23	481	13	12671	23.0
2 Yes	10822	74	27956	77	3102	87	42306	77.0
Valid responses =	14575	27	36299	66	3583	7	54977	99.4

Invalid responses include no response.

47A5) Within the last 12 months, have you had problems or challenges with any the following?
 Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12799	88	31901	88	2919	82	48035	87.5
2 Yes	1749	12	4332	12	663	19	6847	12.5
Valid responses =	14548	27	36233	66	3582	7	54882	99.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

47A6) Within the last 12 months, have you had problems or challenges with any the following?

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10414	72	20961	58	1450	41	33110	60.3
2 Yes	4139	28	15320	42	2127	60	21821	39.7
Valid responses =	14553	26	36281	66	3577	7	54931	99.3

Invalid responses include no response.

47A7) Within the last 12 months, have you had problems or challenges with any the following?

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9171	63	21789	60	1955	55	33224	60.5
2 Yes	5391	37	14486	40	1626	45	21709	39.5
Valid responses =	14562	27	36275	66	3581	7	54933	99.4

Invalid responses include no response.

47A8) Within the last 12 months, have you had problems or challenges with any the following?

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11100	76	23698	65	2270	64	37424	68.2
2 Yes	3445	24	12530	35	1305	37	17440	31.8
Valid responses =	14545	27	36228	66	3575	7	54864	99.2

Invalid responses include no response.

47A9) Within the last 12 months, have you had problems or challenges with any the following?

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11459	79	26637	74	2232	63	40672	74.2
2 Yes	3058	21	9582	27	1340	38	14152	25.8
Valid responses =	14517	26	36219	66	3572	7	54824	99.2

Invalid responses include no response.

47A10) Within the last 12 months, have you had problems or challenges with any the following?

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8428	58	13666	38	982	27	23283	42.4
2 Yes	6107	42	22592	62	2597	73	31602	57.6
Valid responses =	14535	26	36258	66	3579	7	54885	99.3

Invalid responses include no response.

47A11) Within the last 12 months, have you had problems or challenges with any the following?

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9572	66	20556	57	1794	50	32205	58.7
2 Yes	4957	34	15660	43	1779	50	22630	41.3
Valid responses =	14529	26	36216	66	3573	7	54835	99.2

Invalid responses include no response.

47A12) Within the last 12 months, have you had problems or challenges with any the following?

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11388	78	26604	73	2636	74	41000	74.6
2 Yes	3174	22	9691	27	936	26	13948	25.4
Valid responses =	14562	27	36295	66	3572	7	54948	99.4

Invalid responses include no response.

47A13) Within the last 12 months, have you had problems or challenges with any the following?

Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13837	95	33555	92	3168	88	51016	92.8
2 Yes	739	5	2758	8	415	12	3974	7.2
Valid responses =	14576	27	36313	66	3583	7	54990	99.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

**47A14) Within the last 12 months, have you had problems or challenges with any the following?
 Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14147	97	35104	97	3339	93	53078	96.5
2 Yes	429	3	1203	3	243	7	1903	3.5
Valid responses =	14576	27	36307	66	3582	7	54981	99.4

Invalid responses include no response.

**47A15) Within the last 12 months, have you had problems or challenges with any the following?
 Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14326	98	35939	99	3538	99	54312	98.8
2 Yes	246	2	374	1	47	1	675	1.2
Valid responses =	14572	27	36313	66	3585	7	54987	99.4

Invalid responses include no response.

**47A16) Within the last 12 months, have you had problems or challenges with any the following?
 Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12776	88	29653	82	1930	54	44696	81.3
2 Yes	1800	12	6659	18	1651	46	10293	18.7
Valid responses =	14576	27	36312	66	3581	7	54989	99.5

Invalid responses include no response.

**47A17) Within the last 12 months, have you had problems or challenges with any the following?
 Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14046	96	31209	86	2840	79	48535	88.3
2 Yes	522	4	5093	14	743	21	6434	11.7
Valid responses =	14568	27	36302	66	3583	7	54969	99.4

Invalid responses include no response.

**47A18) Within the last 12 months, have you had problems or challenges with any the following?
 Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13216	91	32305	89	2592	72	48499	88.2
2 Yes	1357	9	4002	11	986	28	6475	11.8
Valid responses =	14573	27	36307	66	3578	7	54974	99.4

Invalid responses include no response.

**47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?
 (only includes students that had problems or challenges with this issue within the last 12 months)
 Academics**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	69	1	82	0	11	1	163	0.6
2 Minimal Distress	1134	16	1893	10	234	10	3300	11.6
3 Moderate Distress	3201	46	7732	41	934	41	11985	42.0
4 High Distress	2626	37	9225	49	1102	48	13103	45.9
Valid responses =	7030	25	18932	66	2281	8	28551	51.6

Invalid responses include no response.

**47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?
 (only includes students that had problems or challenges with this issue within the last 12 months)
 Career**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	169	3	211	2	25	2	409	2.0
2 Minimal Distress	1411	28	3252	24	385	24	5093	25.0
3 Moderate Distress	2120	42	5699	42	704	44	8622	42.4
4 High Distress	1391	27	4292	32	478	30	6216	30.6
Valid responses =	5091	25	13454	66	1592	8	20340	36.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	113	2	200	1	15	1	330	1.2
2 Minimal Distress	1668	26	3963	21	354	16	6045	21.7
3 Moderate Distress	2698	43	7714	41	888	41	11401	41.0
4 High Distress	1876	30	7187	38	896	42	10055	36.1
Valid responses =	6355	23	19064	68	2153	8	27831	50.3

Invalid responses include no response.

47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	392	4	579	2	59	2	1040	2.5
2 Minimal Distress	3914	36	8404	30	772	25	13200	31.3
3 Moderate Distress	4150	39	11367	41	1224	40	16904	40.1
4 High Distress	2320	22	7510	27	1042	34	11008	26.1
Valid responses =	10776	26	27860	66	3097	7	42152	76.2

Invalid responses include no response.

47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	117	7	245	6	25	4	395	5.8
2 Minimal Distress	809	47	1863	43	285	43	2995	44.0
3 Moderate Distress	544	31	1487	35	226	34	2289	33.7
4 High Distress	266	15	711	17	123	19	1123	16.5
Valid responses =	1736	26	4306	63	659	10	6802	12.3

Invalid responses include no response.

47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	176	4	319	2	25	1	524	2.4
2 Minimal Distress	1584	39	4517	30	518	24	6686	30.8
3 Moderate Distress	1518	37	5937	39	815	38	8363	38.5
4 High Distress	841	20	4463	29	762	36	6135	28.3
Valid responses =	4119	19	15236	70	2120	10	21708	39.3

Invalid responses include no response.

47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	287	5	435	3	54	3	782	3.6
2 Minimal Distress	1734	32	4691	33	473	29	6954	32.2
3 Moderate Distress	1887	35	5252	36	566	35	7785	36.0
4 High Distress	1457	27	4050	28	525	32	6093	28.2
Valid responses =	5365	25	14428	67	1618	7	21614	39.1

Invalid responses include no response.

47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	196	6	436	4	42	3	681	3.9
2 Minimal Distress	1596	47	4614	37	493	38	6765	39.0
3 Moderate Distress	1081	32	4278	34	416	32	5826	33.6
4 High Distress	550	16	3152	25	351	27	4089	23.6
Valid responses =	3423	20	12480	72	1302	7	17361	31.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	306	10	503	5	50	4	869	6.2
2 Minimal Distress	1527	50	4529	48	625	47	6751	48.0
3 Moderate Distress	876	29	3183	34	425	32	4546	32.3
4 High Distress	326	11	1300	14	235	18	1887	13.4
Valid responses =	3035	22	9515	68	1335	9	14053	25.4

Invalid responses include no response.

47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	277	5	474	2	38	2	795	2.5
2 Minimal Distress	3002	50	8199	36	904	35	12205	38.8
3 Moderate Distress	1919	32	8526	38	959	37	11521	36.6
4 High Distress	871	14	5310	24	683	26	6942	22.1
Valid responses =	6069	19	22509	72	2584	8	31463	56.9

Invalid responses include no response.

47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	285	6	572	4	53	3	919	4.1
2 Minimal Distress	1844	37	4959	32	581	33	7449	33.0
3 Moderate Distress	1828	37	6007	39	661	37	8584	38.1
4 High Distress	977	20	4082	26	478	27	5605	24.8
Valid responses =	4934	22	15620	69	1773	8	22557	40.8

Invalid responses include no response.

47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	169	5	269	3	24	3	469	3.4
2 Minimal Distress	900	28	2062	21	204	22	3196	23.0
3 Moderate Distress	1113	35	3279	34	276	30	4719	33.9
4 High Distress	984	31	4061	42	431	46	5531	39.7
Valid responses =	3166	23	9671	70	935	7	13915	25.2

Invalid responses include no response.

47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	104	14	203	7	14	3	323	8.2
2 Minimal Distress	275	37	990	36	144	35	1416	35.7
3 Moderate Distress	235	32	909	33	150	36	1324	33.4
4 High Distress	121	17	649	24	107	26	899	22.7
Valid responses =	735	19	2751	69	415	10	3962	7.2

Invalid responses include no response.

47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	82	19	138	12	15	6	239	12.6
2 Minimal Distress	162	38	435	36	106	44	708	37.4
3 Moderate Distress	116	27	360	30	71	29	554	29.3
4 High Distress	66	16	265	22	51	21	393	20.7
Valid responses =	426	22	1198	63	243	13	1894	3.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	66	27	86	23	7	15	160	23.9
2 Minimal Distress	72	29	110	30	14	30	196	29.3
3 Moderate Distress	65	27	90	24	16	34	174	26.0
4 High Distress	42	17	85	23	10	21	140	20.9
Valid responses =	245	37	371	55	47	7	670	1.2

Invalid responses include no response.

47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	339	19	690	10	88	5	1131	11.0
2 Minimal Distress	966	54	3543	53	860	52	5447	53.1
3 Moderate Distress	370	21	1778	27	521	32	2732	26.6
4 High Distress	119	7	629	10	181	11	952	9.3
Valid responses =	1794	17	6640	65	1650	16	10262	18.6

Invalid responses include no response.

47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	67	13	270	5	28	4	368	5.7
2 Minimal Distress	221	43	1960	39	271	37	2477	38.6
3 Moderate Distress	139	27	1630	32	229	31	2027	31.6
4 High Distress	92	18	1226	24	215	29	1550	24.1
Valid responses =	519	8	5086	79	743	12	6422	11.6

Invalid responses include no response.

47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	180	13	263	7	33	3	479	7.4
2 Minimal Distress	635	47	1832	46	394	40	2905	45.0
3 Moderate Distress	362	27	1266	32	340	35	2016	31.2
4 High Distress	174	13	629	16	218	22	1055	16.3
Valid responses =	1351	21	3990	62	985	15	6455	11.7

Invalid responses include no response.

47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3248	64	8540	64	955	60	12861	63.3
2 Negatively impacted performance in a class	1426	28	3695	28	511	32	5694	28.0
3 Delayed progress towards degree	429	8	1206	9	122	8	1777	8.7
Valid responses =	5103	25	13441	66	1588	8	20332	36.8

Invalid responses include no response.

47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4075	64	12522	66	1280	59	18028	64.8
2 Negatively impacted performance in a class	1682	27	4699	25	642	30	7096	25.5
3 Delayed progress towards degree	599	9	1832	10	233	11	2698	9.7
Valid responses =	6356	23	19053	68	2155	8	27822	50.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
 (only includes students that had problems or challenges with this issue within the last 12 months)
Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3395	32	9328	34	787	25	13647	32.4
2 Negatively impacted performance in a class	6208	58	15658	56	1930	62	24021	57.0
3 Delayed progress towards degree	1184	11	2864	10	381	12	4485	10.6
Valid responses =	10787	26	27850	66	3098	7	42153	76.2

Invalid responses include no response.

47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
 (only includes students that had problems or challenges with this issue within the last 12 months)
Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	711	41	1855	43	265	40	2876	42.4
2 Negatively impacted performance in a class	819	47	1975	46	322	49	3159	46.5
3 Delayed progress towards degree	204	12	466	11	73	11	755	11.1
Valid responses =	1734	26	4296	63	660	10	6790	12.3

Invalid responses include no response.

47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
 (only includes students that had problems or challenges with this issue within the last 12 months)
Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2835	69	10327	68	1334	63	14648	67.7
2 Negatively impacted performance in a class	1021	25	3969	26	644	31	5695	26.3
3 Delayed progress towards degree	254	6	892	6	134	6	1300	6.0
Valid responses =	4110	19	15188	70	2112	10	21643	39.1

Invalid responses include no response.

47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
 (only includes students that had problems or challenges with this issue within the last 12 months)
Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3553	66	9586	67	1067	66	14339	66.4
2 Negatively impacted performance in a class	1536	29	4148	29	455	28	6197	28.7
3 Delayed progress towards degree	281	5	676	5	95	6	1061	4.9
Valid responses =	5370	25	14410	67	1617	7	21597	39.1

Invalid responses include no response.

47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
 (only includes students that had problems or challenges with this issue within the last 12 months)
Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2571	75	9416	76	917	71	13023	75.2
2 Negatively impacted performance in a class	729	21	2629	21	331	26	3721	21.5
3 Delayed progress towards degree	123	4	406	3	50	4	585	3.4
Valid responses =	3423	20	12451	72	1298	7	17329	31.3

Invalid responses include no response.

47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
 (only includes students that had problems or challenges with this issue within the last 12 months)
Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2323	76	7379	78	966	72	10793	76.9
2 Negatively impacted performance in a class	624	21	1868	20	327	25	2854	20.3
3 Delayed progress towards degree	95	3	247	3	41	3	390	2.8
Valid responses =	3042	22	9494	68	1334	10	14037	25.4

Invalid responses include no response.



47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
 (only includes students that had problems or challenges with this issue within the last 12 months)
Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	5269	87	19390	86	2143	83	27043	86.1
2 Negatively impacted performance in a class	672	11	2654	12	377	15	3753	11.9
3 Delayed progress towards degree	131	2	418	2	61	2	619	2.0
Valid responses =	6072	19	22462	72	2581	8	31415	56.8

Invalid responses include no response.

47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
 (only includes students that had problems or challenges with this issue within the last 12 months)
Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3584	73	11053	71	1207	68	15996	71.0
2 Negatively impacted performance in a class	1140	23	3813	24	484	27	5500	24.4
3 Delayed progress towards degree	215	4	731	5	83	5	1042	4.6
Valid responses =	4939	22	15597	69	1774	8	22538	40.8

Invalid responses include no response.

47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
 (only includes students that had problems or challenges with this issue within the last 12 months)
Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1957	62	5270	55	442	47	7748	55.8
2 Negatively impacted performance in a class	961	30	3544	37	388	42	4940	35.5
3 Delayed progress towards degree	247	8	843	9	103	11	1209	8.7
Valid responses =	3165	23	9657	69	933	7	13897	25.1

Invalid responses include no response.

47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
 (only includes students that had problems or challenges with this issue within the last 12 months)
Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	493	67	1859	68	276	67	2658	67.3
2 Negatively impacted performance in a class	188	26	721	26	112	27	1046	26.5
3 Delayed progress towards degree	54	7	161	6	25	6	245	6.2
Valid responses =	735	19	2741	69	413	10	3949	7.1

Invalid responses include no response.

47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
 (only includes students that had problems or challenges with this issue within the last 12 months)
Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	293	69	823	69	171	71	1301	68.9
2 Negatively impacted performance in a class	95	22	304	25	55	23	463	24.5
3 Delayed progress towards degree	37	9	69	6	15	6	125	6.6
Valid responses =	425	22	1196	63	241	13	1889	3.4

Invalid responses include no response.

47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?
 (only includes students that had problems or challenges with this issue within the last 12 months)
Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	147	60	223	60	25	53	398	59.4
2 Negatively impacted performance in a class	68	28	107	29	13	28	191	28.5
3 Delayed progress towards degree	30	12	41	11	9	19	81	12.1
Valid responses =	245	37	371	55	47	7	670	1.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype) Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1495	84	5560	84	1328	81	8511	83.1
2 Negatively impacted performance in a class	233	13	926	14	274	17	1473	14.4
3 Delayed progress towards degree	57	3	141	2	44	3	252	2.5
Valid responses =	1785	17	6627	65	1646	16	10236	18.5

Invalid responses include no response.

47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	395	76	3884	77	534	72	4861	76.0
2 Negatively impacted performance in a class	87	17	949	19	158	21	1215	19.0
3 Delayed progress towards degree	37	7	234	5	49	7	324	5.1
Valid responses =	519	8	5067	79	741	12	6400	11.6

Invalid responses include no response.

47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1013	75	2976	75	687	70	4763	74.1
2 Negatively impacted performance in a class	257	19	806	20	238	24	1335	20.8
3 Delayed progress towards degree	82	6	187	5	57	6	334	5.2
Valid responses =	1352	21	3969	62	982	15	6432	11.6

Invalid responses include no response.

48) Within the last 30 days, how would you rate the overall level of stress you have experienced?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	448	3	242	1	24	1	727	1.3
2 Low	4466	31	5990	17	413	12	10946	19.8
3 Moderate	6865	47	18710	51	1704	47	27540	49.9
4 High	2837	19	11470	32	1453	40	15952	28.9
Valid responses =	14616	26	36412	66	3594	7	55165	99.8

Invalid responses include no response.

49) Have you ever thought about or attempted to kill yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	7962	55	18474	51	602	17	27217	49.4
2 Just a brief passing thought	3916	27	9417	26	944	26	14416	26.2
3 Planned at least once, but did not try to do it	1348	9	3881	11	707	20	6017	10.9
4 Planned at least once, wanted to die	728	5	2244	6	590	17	3624	6.6
5 Attempted, but did not want to die	286	2	1052	3	283	8	1646	3.0
6 Attempted, really hoped to die	377	3	1302	4	457	13	2180	4.0
Valid responses =	14617	27	36370	66	3583	7	55100	99.7

Invalid responses include no response.

50) How often have you thought about killing yourself in the past year?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	10121	69	23682	65	1233	34	35288	64.1
2 Rarely (1 time)	1802	12	4963	14	635	18	7473	13.6
3 Sometimes (2 times)	1279	9	4056	11	706	20	6118	11.1
4 Often (3-4 times)	569	4	1847	5	418	12	2874	5.2
5 Very often (5 or more times)	835	6	1808	5	593	17	3314	6.0
Valid responses =	14606	27	36356	66	3585	7	55067	99.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11934	82	27934	77	2069	58	42300	76.9
2 Yes, one time, did not want to die	1342	9	3936	11	420	12	5755	10.5
3 Yes, one time, wanted to die	600	4	1938	5	419	12	2999	5.5
4 Yes, more than once, did not want to do it	440	3	1450	4	278	8	2193	4.0
5 Yes, more than once, wanted to do it	282	2	1070	3	394	11	1777	3.2
Valid responses =	14598	27	36328	66	3580	7	55024	99.5

Invalid responses include no response.

52) How likely is it that you will attempt suicide someday?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	9603	66	23811	66	1142	32	34786	63.2
1 No chance at all	1978	14	4629	13	511	14	7186	13.1
2 Rather unlikely	1962	13	5053	14	989	28	8126	14.8
3 Unlikely	634	4	1827	5	478	13	2995	5.4
4 Likely	270	2	750	2	287	8	1332	2.4
5 Rather likely	76	1	172	1	105	3	359	0.7
6 Very likely	77	1	103	0	67	2	257	0.5
Valid responses =	14600	27	36345	66	3579	7	55041	99.5

Invalid responses include no response.

53) Within the last 12 months, have you attempted suicide?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14123	97	35424	98	3382	94	53436	97.3
2 Yes	445	3	829	2	201	6	1498	2.7
Valid responses =	14568	27	36253	66	3583	7	54934	99.4

Invalid responses include no response.

54A) Have you ever received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8976	61	15811	43	692	19	25690	46.6
2 Yes	5635	39	20592	57	2901	81	29454	53.4
Valid responses =	14611	26	36403	66	3593	7	55144	99.7

Invalid responses include no response.

54B) Within in the last 12 months, have you received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11322	78	21983	60	1314	37	34916	63.4
2 Yes	3284	23	14389	40	2278	63	20187	36.6
Valid responses =	14606	27	36372	66	3592	7	55103	99.7

Invalid responses include no response.

54C1) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

My current campus health and/or counseling center?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1814	58	8336	59	1343	60	11642	59.3
2 Yes	1336	42	5691	41	883	40	7987	40.7
Valid responses =	3150	16	14027	71	2226	11	19629	35.5

Invalid responses include no response.

54C2) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider in the local community near my campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2379	76	10261	74	1566	71	14359	73.8
2 Yes	744	24	3646	26	642	29	5097	26.2
Valid responses =	3123	16	13907	71	2208	11	19456	35.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS
 September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

54C3) Were the psychological or mental health services you received in the last 12 months provided by:
(only includes students that received psychological or mental health services within the last 12 months)
A mental health provider in my home town?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1711	54	6801	49	1083	49	9694	49.4
2 Yes	1456	46	7215	52	1142	51	9936	50.6
Valid responses =	3167	16	14016	71	2225	11	19630	35.5

Invalid responses include no response.

54C4) Were the psychological or mental health services you received in the last 12 months provided by:
(only includes students that received psychological or mental health services within the last 12 months)
A mental health provider not described above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2281	86	9377	88	1537	85	13766	86.8
2 Yes	380	14	1392	12	283	16	2087	13.2
Valid responses =	2661	17	11189	71	1820	11	15853	28.7

Invalid responses include no response.

55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6273	43	9367	26	749	21	16541	30.0
2 Yes	8330	57	27016	74	2840	79	38564	70.0
Valid responses =	14603	27	36383	66	3589	7	55105	99.7

Invalid responses include no response.

55B1) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)
My current campus health center?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5636	71	17362	67	1741	64	24976	67.6
2 Yes	2265	29	8601	33	999	37	11983	32.4
Valid responses =	7901	21	25963	70	2740	7	36959	66.8

Invalid responses include no response.

55B2) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)
A medical service provider in the local community near my campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5622	71	17732	69	1769	65	25364	68.9
2 Yes	2275	29	8123	31	958	35	11470	31.1
Valid responses =	7897	21	25855	70	2727	7	36834	66.6

Invalid responses include no response.

55B3) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)
A medical service provider in my home town?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1990	25	5676	22	743	27	8495	22.5
2 Yes	6121	76	20763	79	2041	73	29205	77.5
Valid responses =	8111	22	26439	70	2784	7	37700	68.2

Invalid responses include no response.

55B4) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)
A medical service provider not described above?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5966	93	19176	95	1999	93	27379	94.5
2 Yes	432	7	987	5	158	7	1596	5.5
Valid responses =	6398	22	20163	70	2157	7	28975	52.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10297	71	19272	53	2077	58	31959	58.0
2 Yes	750	5	16548	46	1229	34	18672	33.9
3 Don't know	245	2	330	1	66	2	656	1.2
4 Not applicable	3313	23	227	1	217	6	3807	6.9
Valid responses =	14605	27	36377	66	3589	7	55094	99.6

Invalid responses include no response.

57) Have you had a dental exam and cleaning in the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3858	26	8643	24	1135	32	13788	25.0
2 Yes	10431	71	26885	74	2338	65	40021	72.5
3 Don't know	330	2	887	2	125	4	1363	2.5
Valid responses =	14619	26	36415	66	3598	7	55172	99.8

Invalid responses include no response.

58) When you are outdoors in the sun, how often do you wear sunscreen?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3034	21	2347	6	426	12	5885	10.7
2 Rarely	4763	33	6496	18	846	24	12243	22.2
3 Sometimes	4041	28	11127	31	1137	32	16472	29.8
4 Usually	2270	16	10961	30	890	25	14227	25.8
5 Always	519	4	5505	15	297	8	6372	11.5
Valid responses =	14627	26	36436	66	3596	7	55199	99.8

Invalid responses include no response.

59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Wear a shirt with sleeves

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2440	17	6121	17	441	12	9081	16.5
2 Rarely	2740	19	7633	21	607	17	11064	20.1
3 Sometimes	3947	27	12442	34	1157	32	17732	32.3
4 Usually	3768	26	7592	21	998	28	12479	22.7
5 Always	1671	12	2473	7	377	11	4570	8.3
Valid responses =	14566	27	36261	66	3580	7	54926	99.3

Invalid responses include no response.

59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Wear sunglasses

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3082	21	5550	15	850	24	9591	17.4
2 Rarely	2570	18	6150	17	654	18	9469	17.2
3 Sometimes	3696	25	9966	27	949	27	14754	26.8
4 Usually	3516	24	10166	28	749	21	14533	26.4
5 Always	1700	12	4491	12	382	11	6643	12.1
Valid responses =	14564	26	36323	66	3584	7	54990	99.5

Invalid responses include no response.

59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Stay in the shade

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	831	6	1624	5	130	4	2612	4.8
2 Rarely	1807	12	4565	13	297	8	6709	12.2
3 Sometimes	6110	42	15172	42	1149	32	22642	41.2
4 Usually	4979	34	12398	34	1616	45	19190	34.9
5 Always	828	6	2559	7	392	11	3824	7.0
Valid responses =	14555	26	36318	66	3584	7	54977	99.4

Invalid responses include no response.

**59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?****Wear a hat**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3027	21	8807	24	937	26	12907	23.5
2 Rarely	2932	20	10392	29	934	26	14372	26.2
3 Sometimes	4264	29	11996	33	1052	29	17479	31.9
4 Usually	2926	20	4038	11	503	14	7539	13.7
5 Always	1390	10	1007	3	153	4	2579	4.7
Valid responses =	14539	26	36240	66	3579	7	54876	99.2

Invalid responses include no response.

60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	9169	64	15144	42	2415	69	27054	50.1
1 1 time	535	4	1059	3	133	4	1748	3.2
2 2 times	746	5	2011	6	195	6	2975	5.5
3 3 times	516	4	1485	4	147	4	2162	4.0
4 4 times	272	2	932	3	74	2	1289	2.4
5 5 times	540	4	2033	6	125	4	2718	5.0
6 6 to 10 times	975	7	4195	12	201	6	5402	10.0
7 11 to 15 times	314	2	1486	4	67	2	1873	3.5
8 16 to 20 times	390	3	2202	6	50	1	2654	4.9
9 21 to 49 times	436	3	2594	7	49	1	3087	5.7
10 50 or More times	429	3	2585	7	38	1	3067	5.7
Valid responses =	14322	27	35726	66	3494	6	54029	97.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	5.69	0.00	20.08	0	365
Cis Women	11.68	2.00	24.9	0	365
Trans/Gender Non-conforming	3.04	0.00	12.77	0	365
Overall	9.47	0.00	23.28	0	365

61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	2629	18	5047	14	386	11	8146	14.8
2 Have started, but not completed HPV vaccine	429	3	1627	5	171	5	2247	4.1
3 Completed HPV vaccine	6699	46	20724	57	2084	58	29760	54.2
4 I don't know my HPV vaccination status	4819	33	8877	25	943	26	14792	26.9
Valid responses =	14576	27	36275	66	3584	7	54945	99.4

Invalid responses include no response.

62) Did you have a flu vaccine within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6399	44	15109	42	1281	36	23000	41.8
2 Yes	7321	50	19645	54	2122	59	29370	53.4
3 Don't know	869	6	1592	4	187	5	2676	4.9
Valid responses =	14589	27	36346	66	3590	7	55046	99.6

Invalid responses include no response.

COVIDVAXA Have you been vaccinated against COVID-19?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1725	12	3820	11	161	5	5752	10.5
2 Yes	12852	88	32525	90	3431	96	49284	89.5
Valid responses =	14577	26	36345	66	3592	7	55036	99.5

Invalid responses include no response.

COVIDVAXC Was your first COVID-19 vaccine the Johnson & Johnson vaccine? (only includes students who have been vaccinated against COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10928	86	29225	90	3061	90	43628	88.9
2 Yes	1860	15	3157	10	359	11	5424	11.1
Valid responses =	12788	26	32382	66	3420	7	49052	88.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

COVAXSTATUS Vaccination Status

(This variable was calculated using number of doses received and is based on whether a student received Johnson & Johnson as their first vaccine. Students studying in the U.S. on a visa were coded to missing for this variable, unless they reported not being vaccinated against COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Have not been vaccinated against COVID-19	1725	12	3820	11	161	5	5752	10.6
1 Received one dose of two-dose primary series	216	2	379	1	34	1	636	1.2
2 Received primary dose(s)	3560	25	8671	24	621	18	12935	23.8
3 Received primary dose(s) and one booster dose	6106	42	15766	44	1617	46	23702	43.6
4 Received primary dose(s) and two or more booster doses	2783	19	7247	20	1123	32	11294	20.8
Valid responses =	14390	26	35883	66	3556	7	54319	98.2

Invalid responses include no response.

COVIDINF Have you tested positive for COVID-19 within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9807	67	23163	64	2088	58	35383	64.3
2 Yes	4769	33	13169	36	1501	42	19624	35.7
Valid responses =	14576	26	36332	66	3589	7	55007	99.5

Invalid responses include no response.

63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14210	98	34689	96	3442	96	52820	96.4
2 Yes	328	2	1507	4	128	4	1960	3.6
Valid responses =	14538	27	36196	66	3570	7	54800	99.1

Invalid responses include no response.

63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14373	99	35588	99	3516	99	53966	98.7
2 Yes	142	1	498	1	51	1	696	1.3
Valid responses =	14515	27	36086	66	3567	7	54662	98.9

Invalid responses include no response.

63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14342	100	35454	100	3491	100	53771	99.6
2 Yes	62	0	152	0	19	1	237	0.4
Valid responses =	14404	27	35606	66	3510	6	54008	97.7

Invalid responses include no response.

63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10456	72	21138	58	2214	62	34141	62.3
2 Yes	4069	28	15045	42	1360	38	20636	37.7
Valid responses =	14525	27	36183	66	3574	7	54777	99.1

Invalid responses include no response.

63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14167	98	34946	97	3439	96	53029	96.9
2 Yes	354	2	1201	3	127	4	1699	3.1
Valid responses =	14521	27	36147	66	3566	7	54728	99.0

Invalid responses include no response.

63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14390	99	35890	100	3523	99	54289	99.5
2 Yes	85	1	135	0	27	1	251	0.5
Valid responses =	14475	27	36025	66	3550	7	54540	98.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12737	88	30492	85	3043	86	46696	85.5
2 Yes	1753	12	5596	16	506	14	7922	14.5
Valid responses =	14490	27	36088	66	3549	6	54618	98.8

Invalid responses include no response.

63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14396	100	35905	100	3522	99	54312	99.7
2 Yes	48	0	74	0	22	1	148	0.3
Valid responses =	14444	27	35979	66	3544	7	54460	98.5

Invalid responses include no response.

63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14202	98	35204	98	3467	98	53356	98.1
2 Yes	224	2	718	2	80	2	1027	1.9
Valid responses =	14426	27	35922	66	3547	7	54383	98.4

Invalid responses include no response.

63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13401	92	32833	91	3229	91	49913	91.2
2 Yes	1132	8	3326	9	339	10	4843	8.8
Valid responses =	14533	27	36159	66	3568	7	54756	99.0

Invalid responses include no response.

63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14451	100	35980	100	3531	99	54453	99.6
2 Yes	50	0	147	0	29	1	230	0.4
Valid responses =	14501	27	36127	66	3560	7	54683	98.9

Invalid responses include no response.

63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14337	99	35538	99	3492	98	53852	98.7
2 Yes	144	1	504	1	59	2	716	1.3
Valid responses =	14481	27	36042	66	3551	7	54568	98.7

Invalid responses include no response.

63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14348	100	35711	100	3518	99	54066	99.6
2 Yes	62	0	136	0	21	1	223	0.4
Valid responses =	14410	27	35847	66	3539	7	54289	98.2

Invalid responses include no response.

63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13643	94	32158	89	3140	88	49393	90.3
2 Yes	865	6	3975	11	426	12	5310	9.7
Valid responses =	14508	27	36133	66	3566	7	54703	98.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

**63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?
 Urinary tract infection**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14368	99	31156	86	3203	90	49174	90.0
2 Yes	123	1	4939	14	357	10	5468	10.0
Valid responses =	14491	27	36095	66	3560	7	54642	98.8

Invalid responses include no response.

**63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?
 Other short-term, temporary illness not listed above**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11833	97	27605	96	2682	95	42480	96.1
2 Yes	337	3	1210	4	148	5	1714	3.9
Valid responses =	12170	28	28815	65	2830	6	44194	79.9

Invalid responses include no response.

**63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?
 (only includes students who have been diagnosed within the last 12 months)
 Bronchitis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	169	54	653	44	50	39	882	45.6
2 Negatively impacted performance in a class	125	40	764	52	72	57	966	49.9
3 Delayed progress towards degree	22	7	60	4	5	4	88	4.5
Valid responses =	316	16	1477	76	127	7	1936	3.5

Invalid responses include no response.

**63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?
 (only includes students who have been diagnosed within the last 12 months)
 Chlamydia**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	120	86	387	82	36	74	547	82.0
2 Negatively impacted performance in a class	14	10	74	16	11	22	100	15.0
3 Delayed progress towards degree	5	4	13	3	2	4	20	3.0
Valid responses =	139	21	474	71	49	7	667	1.2

Invalid responses include no response.

**63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?
 (only includes students who have been diagnosed within the last 12 months)
 Chicken Pox (Varicella)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	46	77	130	92	13	68	192	85.7
2 Negatively impacted performance in a class	11	18	9	6	4	21	25	11.2
3 Delayed progress towards degree	3	5	2	1	2	11	7	3.1
Valid responses =	60	27	141	63	19	8	224	0.4

Invalid responses include no response.

**63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?
 (only includes students who have been diagnosed within the last 12 months)
 Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2251	56	7054	47	591	44	9962	48.5
2 Negatively impacted performance in a class	1710	42	7440	50	726	54	9966	48.5
3 Delayed progress towards degree	94	2	493	3	40	3	633	3.1
Valid responses =	4055	20	14987	73	1357	7	20561	37.2

Invalid responses include no response.

**63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?
 (only includes students who have been diagnosed within the last 12 months)
 Concussion**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	136	41	384	33	37	31	562	34.4
2 Negatively impacted performance in a class	175	52	662	57	68	56	913	55.8
3 Delayed progress towards degree	25	7	116	10	16	13	161	9.8
Valid responses =	336	21	1162	71	121	7	1636	3.0

Invalid responses include no response.

**63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	68	82	108	84	18	67	197	81.4
2 Negatively impacted performance in a class	12	15	15	12	7	26	35	14.5
3 Delayed progress towards degree	3	4	5	4	2	7	10	4.1
Valid responses =	83	34	128	53	27	11	242	0.4

Invalid responses include no response.

63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	837	48	2190	40	179	36	3233	41.2
2 Negatively impacted performance in a class	827	48	3095	56	303	60	4260	54.3
3 Delayed progress towards degree	67	4	256	5	20	4	348	4.4
Valid responses =	1731	22	5541	71	502	6	7841	14.2

Invalid responses include no response.

63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	41	85	57	84	9	47	110	79.1
2 Negatively impacted performance in a class	4	8	7	10	7	37	19	13.7
3 Delayed progress towards degree	3	6	4	6	3	16	10	7.2
Valid responses =	48	35	68	49	19	14	139	0.3

Invalid responses include no response.

63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	89	41	251	36	29	37	373	37.1
2 Negatively impacted performance in a class	105	48	383	54	40	51	529	52.6
3 Delayed progress towards degree	24	11	70	10	10	13	104	10.3
Valid responses =	218	22	704	70	79	8	1006	1.8

Invalid responses include no response.

63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	753	67	2162	65	166	49	3101	64.2
2 Negatively impacted performance in a class	322	29	998	30	149	44	1494	30.9
3 Delayed progress towards degree	53	5	156	5	24	7	234	4.8
Valid responses =	1128	23	3316	69	339	7	4829	8.7

Invalid responses include no response.

63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	37	76	86	61	17	59	142	64.0
2 Negatively impacted performance in a class	6	12	44	31	9	31	60	27.0
3 Delayed progress towards degree	6	12	11	8	3	10	20	9.0
Valid responses =	49	22	141	64	29	13	222	0.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?
 (only includes students who have been diagnosed within the last 12 months)

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	68	48	184	38	21	36	279	40.0
2 Negatively impacted performance in a class	65	46	266	54	29	50	363	52.0
3 Delayed progress towards degree	9	6	39	8	8	14	56	8.0
Valid responses =	142	20	489	70	58	8	698	1.3

Invalid responses include no response.

63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?
 (only includes students who have been diagnosed within the last 12 months)

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	46	77	97	75	9	45	155	72.8
2 Negatively impacted performance in a class	10	17	23	18	6	30	40	18.8
3 Delayed progress towards degree	4	7	9	7	5	25	18	8.5
Valid responses =	60	28	129	61	20	9	213	0.4

Invalid responses include no response.

63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?
 (only includes students who have been diagnosed within the last 12 months)

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	521	60	1977	50	192	45	2710	51.2
2 Negatively impacted performance in a class	316	37	1805	46	215	51	2356	44.5
3 Delayed progress towards degree	26	3	176	4	17	4	223	4.2
Valid responses =	863	16	3958	75	424	8	5289	9.6

Invalid responses include no response.

63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?
 (only includes students who have been diagnosed within the last 12 months)

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	87	74	3712	77	244	70	4081	76.1
2 Negatively impacted performance in a class	24	20	1058	22	96	27	1189	22.2
3 Delayed progress towards degree	7	6	75	2	10	3	92	1.7
Valid responses =	118	2	4845	90	350	7	5362	9.7

Invalid responses include no response.

63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?
 (only includes students who have been diagnosed within the last 12 months)

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	194	60	667	59	71	50	942	58.4
2 Negatively impacted performance in a class	102	32	408	36	63	45	580	36.0
3 Delayed progress towards degree	25	8	59	5	7	5	91	5.6
Valid responses =	321	20	1134	70	141	9	1613	2.9

Invalid responses include no response.

64) Have you ever been tested for HIV?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	1249	9	4068	11	503	14	5889	10.7
2 Yes, more than 12 months ago	895	6	2376	7	279	8	3587	6.5
3 No	11619	80	26732	74	2567	71	41297	75.0
4 Unsure	840	6	3191	9	246	7	4313	7.8
Valid responses =	14603	27	36367	66	3595	7	55086	99.6

Invalid responses include no response.

64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14212	97	35722	98	3491	97	53923	98.1
2 Yes	374	3	556	2	102	3	1047	1.9
Valid responses =	14586	27	36278	66	3593	7	54970	99.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10843	75	24571	68	2460	69	38216	69.9
2 Yes	3669	25	11554	32	1107	31	16491	30.1
Valid responses =	14512	27	36125	66	3567	7	54707	98.9

Invalid responses include no response.

65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12602	87	31499	87	2498	70	46971	85.8
2 Yes	1921	13	4642	13	1077	30	7766	14.2
Valid responses =	14523	27	36141	66	3575	7	54737	99.0

Invalid responses include no response.

65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14281	98	35696	99	3453	97	53913	98.5
2 Yes	248	2	453	1	120	3	832	1.5
Valid responses =	14529	27	36149	66	3573	7	54745	99.0

Invalid responses include no response.

65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13026	90	30946	86	2918	82	47305	86.5
2 Yes	1485	10	5166	14	643	18	7373	13.5
Valid responses =	14511	27	36112	66	3561	7	54678	98.9

Invalid responses include no response.

65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12633	87	30771	85	2962	83	46763	85.6
2 Yes	1849	13	5289	15	604	17	7837	14.4
Valid responses =	14482	27	36060	66	3566	7	54600	98.7

Invalid responses include no response.

65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10689	74	24860	69	2358	66	38228	69.8
2 Yes	3839	26	11287	31	1206	34	16503	30.2
Valid responses =	14528	27	36147	66	3564	7	54731	99.0

Invalid responses include no response.

65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11781	81	21623	60	1367	38	35037	63.9
2 Yes	2746	19	14603	40	2213	62	19791	36.1
Valid responses =	14527	26	36226	66	3580	7	54828	99.2

Invalid responses include no response.

65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12332	85	30094	83	2843	80	45670	83.5
2 Yes	2173	15	6014	17	719	20	8996	16.5
Valid responses =	14505	27	36108	66	3562	7	54666	98.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

**65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Autism spectrum**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13995	97	35440	99	3073	86	52938	97.2
2 Yes	461	3	519	1	485	14	1522	2.8
Valid responses =	14456	27	35959	66	3558	7	54460	98.5

Invalid responses include no response.

**65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14293	99	35078	97	3297	92	53133	97.1
2 Yes	223	2	1068	3	271	8	1587	2.9
Valid responses =	14516	27	36146	66	3568	7	54720	99.0

Invalid responses include no response.

**65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14439	99	35602	98	3341	94	53855	98.3
2 Yes	99	1	588	2	233	7	936	1.7
Valid responses =	14538	27	36190	66	3574	7	54791	99.1

Invalid responses include no response.

**65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Cancer**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14410	99	35896	99	3537	99	54324	99.4
2 Yes	98	1	216	1	29	1	348	0.6
Valid responses =	14508	27	36112	66	3566	7	54672	98.9

Invalid responses include no response.

**65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Celiac disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14365	100	35359	99	3482	98	53683	98.9
2 Yes	74	1	479	1	55	2	614	1.1
Valid responses =	14439	27	35838	66	3537	7	54297	98.2

Invalid responses include no response.

**65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13881	96	33176	92	2983	84	50473	92.4
2 Yes	625	4	2909	8	577	16	4164	7.6
Valid responses =	14506	27	36085	66	3560	7	54637	98.8

Invalid responses include no response.

**65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12200	84	25244	70	1525	43	39244	71.6
2 Yes	2332	16	10956	30	2048	57	15551	28.4
Valid responses =	14532	27	36200	66	3573	7	54795	99.1

Invalid responses include no response.

**65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Diabetes or pre-diabetes/insulin resistance**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14248	98	35087	97	3434	96	53240	97.4
2 Yes	247	2	1009	3	127	4	1397	2.6
Valid responses =	14495	27	36096	66	3561	7	54637	98.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14273	99	32900	91	3008	84	50620	92.7
2 Yes	209	1	3203	9	556	16	4015	7.3
Valid responses =	14482	27	36103	66	3564	7	54635	98.8

Invalid responses include no response.

65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14461	100	35263	98	3449	97	53650	98.2
2 Yes	23	0	815	2	112	3	957	1.8
Valid responses =	14484	27	36078	66	3561	7	54607	98.8

Invalid responses include no response.

65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14459	100	35999	100	3547	100	54486	99.8
2 Yes	43	0	31	0	13	0	90	0.2
Valid responses =	14502	27	36030	66	3560	7	54576	98.7

Invalid responses include no response.

65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14319	100	35293	99	3484	99	53572	99.2
2 Yes	60	0	339	1	35	1	441	0.8
Valid responses =	14379	27	35632	66	3519	7	54013	97.7

Invalid responses include no response.

65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14080	97	34125	94	3288	92	51948	95.0
2 Yes	437	3	2009	6	279	8	2754	5.0
Valid responses =	14517	27	36134	66	3567	7	54702	98.9

Invalid responses include no response.

65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14244	98	35246	98	3436	96	53389	97.5
2 Yes	287	2	916	3	137	4	1362	2.5
Valid responses =	14531	27	36162	66	3573	7	54751	99.0

Invalid responses include no response.

65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14468	100	36051	100	3559	100	54577	99.8
2 Yes	43	0	55	0	10	0	113	0.2
Valid responses =	14511	27	36106	66	3569	7	54670	98.9

Invalid responses include no response.

65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13984	97	35219	98	3441	97	53116	97.4
2 Yes	506	4	783	2	111	3	1412	2.6
Valid responses =	14490	27	36002	66	3552	7	54528	98.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

**65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 High cholesterol (hyperlipidemia)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14161	98	35032	97	3438	97	53098	97.3
2 Yes	345	2	1000	3	117	3	1479	2.7
Valid responses =	14506	27	36032	66	3555	7	54577	98.7

Invalid responses include no response.

**65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 HIV or AIDS**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14388	100	35692	100	3511	99	54068	99.9
2 Yes	28	0	24	0	21	1	75	0.1
Valid responses =	14416	27	35716	66	3532	7	54143	97.9

Invalid responses include no response.

**65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Human papillomavirus (HPV) or genital warts**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14415	100	35558	99	3525	99	53978	99.1
2 Yes	62	0	419	1	31	1	516	0.9
Valid responses =	14477	27	35977	66	3556	7	54494	98.6

Invalid responses include no response.

**65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Insomnia**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13830	96	33153	93	2950	83	50364	92.7
2 Yes	613	4	2687	8	600	17	3954	7.3
Valid responses =	14443	27	35840	66	3550	7	54318	98.2

Invalid responses include no response.

**65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Irritable bowel syndrome (spastic colon or spastic bowel)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14173	98	33949	94	3283	92	51866	95.0
2 Yes	329	2	2109	6	284	8	2747	5.0
Valid responses =	14502	27	36058	66	3567	7	54613	98.8

Invalid responses include no response.

**65A41) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Long COVID or having a Post-COVID Condition**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14319	98.7	35170	97.4	3444	96.6	53408	97.7
2 Yes	194	1.3	932	2.6	123	3.4	1260	2.3
Valid responses =	14513	27	36102	66	3567	7	54668	98.9

Invalid responses include no response.

**65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Migraine headaches**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13516	94	30645	86	2873	81	47443	87.7
2 Yes	869	6	5070	14	657	19	6666	12.3
Valid responses =	14385	27	35715	66	3530	7	54109	97.9

Invalid responses include no response.

**65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding,
 Trichotillomania, other body-focused repetitive behavior disorders)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14119	97	33293	92	3045	85	50882	93.0
2 Yes	412	3	2844	8	530	15	3849	7.0
Valid responses =	14531	27	36137	66	3575	7	54731	99.0

Invalid responses include no response.



American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

**65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Polycystic Ovarian Syndrome (PCOS)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14462	100	34522	96	3364	95	52808	96.9
2 Yes	17	0	1482	4	192	5	1715	3.1
Valid responses =	14479	27	36004	66	3556	7	54523	98.6

Invalid responses include no response.

**65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14040	97	32843	91	2793	78	50091	91.6
2 Yes	478	3	3263	9	782	22	4598	8.4
Valid responses =	14518	27	36106	66	3575	7	54689	98.9

Invalid responses include no response.

**65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14441	100	36007	100	3500	98	54425	99.6
2 Yes	59	0	90	0	73	2	222	0.4
Valid responses =	14500	27	36097	66	3573	7	54657	98.9

Invalid responses include no response.

**65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Sleep Apnea**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14139	98	35488	99	3460	97	53559	98.1
2 Yes	361	3	551	2	99	3	1027	1.9
Valid responses =	14500	27	36039	66	3559	7	54586	98.7

Invalid responses include no response.

**65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Thyroid condition or disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14325	99	34738	96	3432	97	52963	97.1
2 Yes	165	1	1300	4	126	4	1607	2.9
Valid responses =	14490	27	36038	66	3558	7	54570	98.7

Invalid responses include no response.

**65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Tourette's or other neurodevelopmental condition not already listed**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14405	99	35896	100	3479	98	54251	99.3
2 Yes	103	1	156	0	84	2	358	0.7
Valid responses =	14508	27	36052	66	3563	7	54609	98.8

Invalid responses include no response.

**65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Traumatic brain injury (TBI)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14336	99	35634	99	3488	98	53938	98.8
2 Yes	178	1	404	1	66	2	656	1.2
Valid responses =	14514	27	36038	66	3554	7	54594	98.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

**65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14449	99	35555	99	3512	98	53994	98.7
2 Yes	80	1	557	2	61	2	708	1.3
Valid responses =	14529	27	36112	66	3573	7	54702	98.9

Invalid responses include no response.

**65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Other ongoing or chronic condition not listed above**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13261	96	31034	93	2851	87	47534	93.6
2 Yes	517	4	2238	7	430	13	3250	6.4
Valid responses =	13778	27	33272	66	3281	6	50784	91.8

Invalid responses include no response.

**65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
 Allergic & immunologic disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	393	85	1664	84	318	84	2419	84.2
2 Yes	70	15	314	16	61	16	455	15.8
Valid responses =	463	16	1978	69	379	13	2874	5.2

Invalid responses include no response.

**65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
 Autoimmune disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	389	84	1452	72	281	74	2164	74.4
2 Yes	77	17	559	28	99	26	746	25.6
Valid responses =	466	16	2011	69	380	13	2910	5.3

Invalid responses include no response.

**65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
 Blood disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	430	93	1761	89	333	88	2569	89.2
2 Yes	35	8	223	11	44	12	311	10.8
Valid responses =	465	16	1984	69	377	13	2880	5.2

Invalid responses include no response.

**65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
 Brain & nervous system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	393	85	1659	84	283	75	2378	82.7
2 Yes	72	16	320	16	96	25	497	17.3
Valid responses =	465	16	1979	69	379	13	2875	5.2

Invalid responses include no response.

**65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
 Hair, skin, nails disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	389	83	1759	89	342	91	2532	88.0
2 Yes	78	17	224	11	33	9	345	12.0
Valid responses =	467	16	1983	69	375	13	2877	5.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Digestive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	383	83	1603	81	306	81	2336	81.2
2 Yes	80	17	381	19	73	19	542	18.8
Valid responses =	463	16	1984	69	379	13	2878	5.2

Invalid responses include no response.

65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Endocrine system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	428	93	1850	94	337	90	2662	93.4
2 Yes	32	7	114	6	37	10	188	6.6
Valid responses =	460	16	1964	69	374	13	2850	5.2

Invalid responses include no response.

65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Eye/ear/nose/throat disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	401	86	1774	91	336	90	2557	89.7
2 Yes	64	14	186	10	39	10	294	10.3
Valid responses =	465	16	1960	69	375	13	2851	5.2

Invalid responses include no response.

65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Heart & vascular disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	428	93	1769	90	336	90	2577	90.2
2 Yes	34	7	200	10	38	10	279	9.8
Valid responses =	462	16	1969	69	374	13	2856	5.2

Invalid responses include no response.

65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Infectious disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	440	96	1906	98	362	98	2758	97.4
2 Yes	20	4	45	2	9	2	75	2.6
Valid responses =	460	16	1951	69	371	13	2833	5.1

Invalid responses include no response.

65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Mental health/psychological disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	383	83	1490	76	201	52	2113	73.9
2 Yes	78	17	469	24	185	48	748	26.1
Valid responses =	461	16	1959	68	386	13	2861	5.2

Invalid responses include no response.

65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Musculoskeletal disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	403	87	1705	87	304	81	2454	85.7
2 Yes	63	14	261	13	73	19	408	14.3
Valid responses =	466	16	1966	69	377	13	2862	5.2

Invalid responses include no response.



65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Reproductive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	441	96	1777	90	327	88	2596	91.0
2 Yes	18	4	193	10	46	12	257	9.0
Valid responses =	459	16	1970	69	373	13	2853	5.2

Invalid responses include no response.

65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Respiratory disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	428	93	1863	95	353	95	2690	94.8
2 Yes	32	7	92	5	20	5	148	5.2
Valid responses =	460	16	1955	69	373	13	2838	5.1

Invalid responses include no response.

65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Sleep-wake disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	425	92	1844	94	333	90	2651	93.3
2 Yes	35	8	114	6	38	10	189	6.7
Valid responses =	460	16	1958	69	371	13	2840	5.1

Invalid responses include no response.

65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Urinary system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	439	96	1909	98	358	96	2755	97.0
2 Yes	20	4	47	2	16	4	84	3.0
Valid responses =	459	16	1956	69	374	13	2839	5.1

Invalid responses include no response.

65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Other ongoing or chronic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	282	68	1097	66	200	65	1609	66.1
2 Yes	131	32	572	34	107	35	824	33.9
Valid responses =	413	17	1669	69	307	13	2433	4.4

Invalid responses include no response.

65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Anaphylaxis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	54	77	228	75	42	74	330	74.8
2 Yes	16	23	78	26	15	26	111	25.2
Valid responses =	70	16	306	69	57	13	441	0.8

Invalid responses include no response.

65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Medication allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	45	64	161	52	24	41	235	53.0
2 Yes	25	36	146	48	35	59	208	47.0
Valid responses =	70	16	307	69	59	13	443	0.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS
 September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
 (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
 Latex allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	61	87	260	84	46	81	373	84.4
2 Yes	9	13	48	16	11	19	69	15.6
Valid responses =	70	16	308	70	57	13	442	0.8

Invalid responses include no response.

65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
 (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
 Insect/bee sting allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59	86	255	84	49	86	371	85.1
2 Yes	10	15	47	16	8	14	65	14.9
Valid responses =	69	16	302	69	57	13	436	0.8

Invalid responses include no response.

65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
 (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
 Immune deficiency

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	74	191	63	40	68	291	66.3
2 Yes	18	26	111	37	19	32	148	33.7
Valid responses =	70	16	302	69	59	13	439	0.8

Invalid responses include no response.

65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
 (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
 Other allergic or immunologic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	43	69	184	77	36	72	268	75.1
2 Yes	19	31	55	23	14	28	89	24.9
Valid responses =	62	17	239	67	50	14	357	0.6

Invalid responses include no response.

65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
 (only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
 Other allergic or immunologic condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51	72	391	73	66	73	515	72.9
2 Yes	20	28	143	27	24	27	191	27.1
Valid responses =	71	10	534	76	90	13	706	1.3

Invalid responses include no response.

65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
 (only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
 Rheumatoid Arthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57	86	454	86	74	80	593	85.3
2 Yes	9	14	73	14	18	20	102	14.7
Valid responses =	66	9	527	76	92	13	695	1.3

Invalid responses include no response.

65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
 (only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
 Scleroderma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	96	511	98	83	93	668	97.4
2 Yes	3	5	9	2	6	7	18	2.6
Valid responses =	67	10	520	76	89	13	686	1.2

Invalid responses include no response.



65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
 (only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
Systemic Lupus Erythematosus

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62	91	469	89	79	89	618	88.9
2 Yes	6	9	60	11	10	11	77	11.1
Valid responses =	68	10	529	76	89	13	695	1.3

Invalid responses include no response.

65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
 (only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
Other autoimmune disorder not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	50	240	52	38	49	317	51.6
2 Yes	33	50	220	48	40	51	297	48.4
Valid responses =	66	11	460	75	78	13	614	1.1

Invalid responses include no response.

65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?
 (only includes students that selected having an ongoing/chronic blood disorder not listed above)
Anemia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	76	77	36	14	34	118	39.6
2 Yes	8	24	139	64	27	66	180	60.4
Valid responses =	33	11	216	72	41	14	298	0.5

Invalid responses include no response.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?
 (only includes students that selected having an ongoing/chronic blood disorder not listed above)
Hemophilia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	82	192	95	32	82	257	91.5
2 Yes	6	18	11	5	7	18	24	8.5
Valid responses =	33	12	203	72	39	14	281	0.5

Invalid responses include no response.

65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?
 (only includes students that selected having an ongoing/chronic blood disorder not listed above)
Hypercoagulable states

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	81	189	93	34	90	255	91.4
2 Yes	6	19	14	7	4	11	24	8.6
Valid responses =	32	11	203	73	38	14	279	0.5

Invalid responses include no response.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?
 (only includes students that selected having an ongoing/chronic blood disorder not listed above)
Platelet Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	67	180	89	33	89	240	86.0
2 Yes	11	33	23	11	4	11	39	14.0
Valid responses =	33	12	203	73	37	13	279	0.5

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?
 (only includes students that selected having an ongoing/chronic blood disorder not listed above)
Sickle Cell Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	82	194	95	35	90	262	92.9
2 Yes	6	18	10	5	4	10	20	7.1
Valid responses =	33	12	204	72	39	14	282	0.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?
 (only includes students that selected having an ongoing/chronic blood disorder not listed above)
 Other blood condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	63	107	61	18	47	149	59.4
2 Yes	12	38	69	39	20	53	102	40.6
Valid responses =	32	13	176	70	38	15	251	0.5

Invalid responses include no response.

65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)
 Cerebral Palsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	60	92	297	97	85	93	449	95.5
2 Yes	5	8	9	3	6	7	21	4.5
Valid responses =	65	14	306	65	91	19	470	0.9

Invalid responses include no response.

65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)
 Epilepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	62	240	77	77	84	366	76.6
2 Yes	25	38	72	23	15	16	112	23.4
Valid responses =	66	14	312	65	92	19	478	0.9

Invalid responses include no response.

65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)
 Seizure Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	46	70	230	75	74	81	357	75.5
2 Yes	20	30	78	25	17	19	116	24.5
Valid responses =	66	14	308	65	91	19	473	0.9

Invalid responses include no response.

65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)
 Multiple Sclerosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57	91	289	95	82	89	436	93.2
2 Yes	6	10	16	5	10	11	32	6.8
Valid responses =	63	13	305	65	92	20	468	0.8

Invalid responses include no response.

65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)
 Other brain or nervous system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	66	134	52	41	53	221	54.8
2 Yes	21	34	122	48	37	47	182	45.2
Valid responses =	61	15	256	64	78	19	403	0.7

Invalid responses include no response.

65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)
 Alopecia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	60	85	185	88	24	83	278	86.9
2 Yes	11	16	26	12	5	17	42	13.1
Valid responses =	71	22	211	66	29	9	320	0.6

Invalid responses include no response.



65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)
Eczema

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	40	92	43	20	67	145	44.1
2 Yes	46	61	122	57	10	33	184	55.9
Valid responses =	76	23	214	65	30	9	329	0.6

Invalid responses include no response.

65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)
Hirsutism

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	70	97	197	96	24	83	300	94.9
2 Yes	2	3	9	4	5	17	16	5.1
Valid responses =	72	23	206	65	29	9	316	0.6

Invalid responses include no response.

65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)
Hyperhidrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	96	191	93	25	83	292	93.0
2 Yes	3	4	14	7	5	17	22	7.0
Valid responses =	70	22	205	65	30	10	314	0.6

Invalid responses include no response.

65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)
Photodermatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	94	199	97	26	87	301	95.0
2 Yes	4	6	7	3	4	13	16	5.0
Valid responses =	72	23	206	65	30	9	317	0.6

Invalid responses include no response.

65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)
Psoriasis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	67	162	76	20	65	237	72.7
2 Yes	24	33	51	24	11	36	89	27.3
Valid responses =	73	22	213	65	31	10	326	0.6

Invalid responses include no response.

65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)
Vitiligo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	96	201	97	26	87	304	95.9
2 Yes	3	4	6	3	4	13	13	4.1
Valid responses =	71	22	207	65	30	9	317	0.6

Invalid responses include no response.

65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)
Other hair, skin, or nail condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	50	79	119	68	10	44	183	68.5
2 Yes	13	21	57	32	13	57	84	31.5
Valid responses =	63	24	176	66	23	9	267	0.5

Invalid responses include no response.



65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?
 (only includes students that selected having an ongoing/chronic digestive system disorder not listed above)
Crohn's Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62	80	305	84	61	88	435	84.0
2 Yes	16	21	59	16	8	12	83	16.0
Valid responses =	78	15	364	70	69	13	518	0.9

Invalid responses include no response.

65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?
 (only includes students that selected having an ongoing/chronic digestive system disorder not listed above)
Diverticular Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	72	96	349	97	64	94	492	96.3
2 Yes	3	4	12	3	4	6	19	3.7
Valid responses =	75	15	361	71	68	13	511	0.9

Invalid responses include no response.

65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?
 (only includes students that selected having an ongoing/chronic digestive system disorder not listed above)
Esophageal Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	66	89	333	93	59	87	465	91.4
2 Yes	8	11	27	8	9	13	44	8.6
Valid responses =	74	15	360	71	68	13	509	0.9

Invalid responses include no response.

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?
 (only includes students that selected having an ongoing/chronic digestive system disorder not listed above)
Gallbladder Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	73	97	332	92	61	90	473	92.2
2 Yes	2	3	31	9	7	10	40	7.8
Valid responses =	75	15	363	71	68	13	513	0.9

Invalid responses include no response.

65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?
 (only includes students that selected having an ongoing/chronic digestive system disorder not listed above)
Ulcerative Colitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62	83	328	90	56	84	453	88.1
2 Yes	13	17	37	10	11	16	61	11.9
Valid responses =	75	15	365	71	67	13	514	0.9

Invalid responses include no response.

65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?
 (only includes students that selected having an ongoing/chronic digestive system disorder not listed above)
Other digestive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	67	172	57	22	36	241	55.3
2 Yes	22	33	130	43	40	65	195	44.7
Valid responses =	66	15	302	69	62	14	436	0.8

Invalid responses include no response.

65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?
 (only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)
Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	68	132	73	22	60	198	70.2
2 Yes	19	32	49	27	15	41	84	29.8
Valid responses =	60	21	181	64	37	13	282	0.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Uveitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55	93	168	96	32	89	259	94.5
2 Yes	4	7	7	4	4	11	15	5.5
Valid responses =	59	22	175	64	36	13	274	0.5

Invalid responses include no response.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Vertigo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	54	92	139	79	30	79	227	81.7
2 Yes	5	9	38	22	8	21	51	18.3
Valid responses =	59	21	177	64	38	14	278	0.5

Invalid responses include no response.

65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Other eye/ear/nose/throat condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	42	58	39	11	38	92	38.8
2 Yes	32	58	92	61	18	62	145	61.2
Valid responses =	55	23	150	63	29	12	237	0.4

Invalid responses include no response.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Cardiac Arrhythmia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	75	152	80	26	74	206	78.3
2 Yes	8	25	39	20	9	26	57	21.7
Valid responses =	32	12	191	73	35	13	263	0.5

Invalid responses include no response.

65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Coronary Artery Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	88	186	97	32	94	252	95.8
2 Yes	4	12	5	3	2	6	11	4.2
Valid responses =	33	13	191	73	34	13	263	0.5

Invalid responses include no response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congenital Heart Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	78	175	93	30	86	235	90.4
2 Yes	7	22	13	7	5	14	25	9.6
Valid responses =	32	12	188	72	35	13	260	0.5

Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congestive Heart Failure

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	79	185	97	29	85	245	93.2
2 Yes	7	21	6	3	5	15	18	6.8
Valid responses =	33	13	191	73	34	13	263	0.5

Invalid responses include no response.



65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
 (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Heart Murmur

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	66	147	77	25	71	197	75.2
2 Yes	11	34	43	23	10	29	65	24.8
Valid responses =	32	12	190	73	35	13	262	0.5

Invalid responses include no response.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
 (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Valvular Heart Disease (for example: Mitral valve prolapse)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	82	171	91	30	83	233	88.9
2 Yes	6	18	17	9	6	17	29	11.1
Valid responses =	33	13	188	72	36	14	262	0.5

Invalid responses include no response.

65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
 (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Other heart or vascular condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	48	55	33	10	32	80	34.9
2 Yes	14	52	112	67	21	68	149	65.1
Valid responses =	27	12	167	73	31	14	229	0.4

Invalid responses include no response.

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?
 (only includes students that selected having an ongoing/chronic infectious disease not listed above)
Lyme Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	53	31	71	6	67	48	65.8
2 Yes	9	47	13	30	3	33	25	34.2
Valid responses =	19	26	44	60	9	12	73	0.1

Invalid responses include no response.

65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?
 (only includes students that selected having an ongoing/chronic infectious disease not listed above)
Other infectious disease not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	61	24	62	5	71	40	61.5
2 Yes	7	39	15	39	2	29	25	38.5
Valid responses =	18	28	39	60	7	11	65	0.1

Invalid responses include no response.

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Carpal Tunnel Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	48	86	218	88	59	86	334	87.0
2 Yes	8	14	31	12	10	15	50	13.0
Valid responses =	56	15	249	65	69	18	384	0.7

Invalid responses include no response.

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Fibromyalgia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	51	90	194	78	51	77	305	79.6
2 Yes	6	11	56	22	15	23	78	20.4
Valid responses =	57	15	250	65	66	17	383	0.7

Invalid responses include no response.



65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Gout

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	55	98	241	97	64	94	369	96.3
2 Yes	1	2	8	3	4	6	14	3.7
Valid responses =	56	15	249	65	68	18	383	0.7

Invalid responses include no response.

65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Muscular Dystrophy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	53	93	235	95	60	90	358	93.7
2 Yes	4	7	13	5	7	10	24	6.3
Valid responses =	57	15	248	65	67	18	382	0.7

Invalid responses include no response.

65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Osteoarthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47	83	220	89	54	79	331	86.4
2 Yes	10	18	28	11	14	21	52	13.6
Valid responses =	57	15	248	65	68	18	383	0.7

Invalid responses include no response.

65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Osteoporosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	50	89	229	93	59	91	348	92.3
2 Yes	6	11	17	7	6	9	29	7.7
Valid responses =	56	15	246	65	65	17	377	0.7

Invalid responses include no response.

65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Temporomandibular Joint Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	50	89	209	83	55	82	322	83.2
2 Yes	6	11	44	17	12	18	65	16.8
Valid responses =	56	14	253	65	67	17	387	0.7

Invalid responses include no response.

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Other musculoskeletal condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	39	78	37	22	36	122	36.3
2 Yes	33	61	135	63	40	65	214	63.7
Valid responses =	54	16	213	63	62	18	336	0.6

Invalid responses include no response.

65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Amenorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	71	149	83	35	80	196	81.3
2 Yes	5	29	31	17	9	21	45	18.7
Valid responses =	17	7	180	75	44	18	241	0.4

Invalid responses include no response.



65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Cervical Dysplasia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	65	169	96	36	82	216	91.1
2 Yes	6	35	7	4	8	18	21	8.9
Valid responses =	17	7	176	74	44	19	237	0.4

Invalid responses include no response.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	82	84	45	17	37	115	46.4
2 Yes	3	18	101	55	29	63	133	53.6
Valid responses =	17	7	185	75	46	19	248	0.4

Invalid responses include no response.

65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Prostatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	65	175	98	37	86	223	93.7
2 Yes	6	35	3	2	6	14	15	6.3
Valid responses =	17	7	178	75	43	18	238	0.4

Invalid responses include no response.

65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Sexual Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	61	158	89	33	75	202	84.5
2 Yes	7	39	19	11	11	25	37	15.5
Valid responses =	18	8	177	74	44	18	239	0.4

Invalid responses include no response.

65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Other reproductive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	53	91	58	22	56	122	57.5
2 Yes	8	47	65	42	17	44	90	42.5
Valid responses =	17	8	156	74	39	18	212	0.4

Invalid responses include no response.

65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?
 (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)
Cystic Fibrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	87	82	91	11	61	123	86.6
2 Yes	4	13	8	9	7	39	19	13.4
Valid responses =	30	21	90	63	18	13	142	0.3

Invalid responses include no response.

65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?
 (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)
Sarcoidosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	93	85	96	16	89	132	94.3
2 Yes	2	7	4	5	2	11	8	5.7
Valid responses =	29	21	89	64	18	13	140	0.3

Invalid responses include no response.



65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?
 (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)
Active Tuberculous

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	93	87	97	15	79	133	93.7
2 Yes	2	7	3	3	4	21	9	6.3
Valid responses =	29	20	90	63	19	13	142	0.3

Invalid responses include no response.

65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?
 (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)
Other respiratory system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	69	42	53	8	47	71	56.3
2 Yes	8	31	38	48	9	53	55	43.7
Valid responses =	26	21	80	63	17	13	126	0.2

Invalid responses include no response.

65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)
Hypersomnolence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	79	78	73	21	64	127	72.6
2 Yes	7	21	29	27	12	36	48	27.4
Valid responses =	33	19	107	61	33	19	175	0.3

Invalid responses include no response.

65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Narcolepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	59	66	60	27	77	115	63.5
2 Yes	14	41	44	40	8	23	66	36.5
Valid responses =	34	19	110	61	35	19	181	0.3

Invalid responses include no response.

65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)
Restless Leg Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	91	74	69	20	57	125	70.6
2 Yes	3	9	34	32	15	43	52	29.4
Valid responses =	32	18	108	61	35	20	177	0.3

Invalid responses include no response.

65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)
Sleep Paralysis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	77	75	70	22	67	125	71.0
2 Yes	8	24	32	30	11	33	51	29.0
Valid responses =	34	19	107	61	33	19	176	0.3

Invalid responses include no response.

65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)
Sleep Terrors (or night terrors)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	79	80	75	20	63	128	73.6
2 Yes	7	21	27	25	12	38	46	26.4
Valid responses =	33	19	107	61	32	18	174	0.3

Invalid responses include no response.

**65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Walking

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	84	93	87	26	79	148	85.1
2 Yes	5	16	14	13	7	21	26	14.9
Valid responses =	32	18	107	61	33	19	174	0.3

Invalid responses include no response.

65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Other sleep-wake condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	68	67	77	17	57	103	70.1
2 Yes	9	32	20	23	13	43	44	29.9
Valid responses =	28	19	87	59	30	20	147	0.3

Invalid responses include no response.

65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Bladder disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	72	39	89	6	50	59	78.7
2 Yes	5	28	5	11	6	50	16	21.3
Valid responses =	18	24	44	59	12	16	75	0.1

Invalid responses include no response.

65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	84	36	84	7	50	59	76.6
2 Yes	3	16	7	16	7	50	18	23.4
Valid responses =	19	25	43	56	14	18	77	0.1

Invalid responses include no response.

65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney stone

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	74	35	80	8	57	58	74.4
2 Yes	5	26	9	21	6	43	20	25.6
Valid responses =	19	24	44	56	14	18	78	0.1

Invalid responses include no response.

65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Urinary Incontinence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	61	27	61	6	46	45	59.2
2 Yes	7	39	17	39	7	54	31	40.8
Valid responses =	18	24	44	58	13	17	76	0.1

Invalid responses include no response.

65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Other urinary system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	71	22	56	7	58	41	59.4
2 Yes	5	29	17	44	5	42	28	40.6
Valid responses =	17	25	39	57	12	17	69	0.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 1 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	131	63	633	78	74	76	845	74.8
2 Yes	78	37	180	22	23	24	284	25.2
Valid responses =	209	19	813	72	97	9	1129	2.0

Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 2 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	146	73	668	83	80	85	904	81.6
2 Yes	53	27	136	17	14	15	204	18.4
Valid responses =	199	18	804	73	94	8	1108	2.0

Invalid responses include no response.

65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Pre-diabetes or insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	97	46	256	27	24	20	380	29.6
2 Yes	114	54	682	73	98	80	903	70.4
Valid responses =	211	16	938	73	122	10	1283	2.3

Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Gestational Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	179	97	723	93	84	90	996	93.4
2 Yes	6	3	55	7	9	10	70	6.6
Valid responses =	185	17	778	73	93	9	1066	1.9

Invalid responses include no response.

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2462	68	5985	52	754	69	9299	56.9
2 Yes	1183	33	5471	48	337	31	7049	43.1
Valid responses =	3645	22	11456	70	1091	7	16348	29.6

Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	792	41	1117	24	244	23	2184	28.2
2 Yes	1122	59	3504	76	830	77	5548	71.8
Valid responses =	1914	25	4621	60	1074	14	7732	14.0

Invalid responses include no response.

65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	136	55	251	56	57	49	451	54.6
2 Yes	112	45	199	44	60	51	375	45.4
Valid responses =	248	30	450	54	117	14	826	1.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS
 September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
 (only includes students that have been diagnosed with this condition)
Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1111	75	3340	65	485	76	4993	68.2
2 Yes	364	25	1785	35	154	24	2324	31.8
Valid responses =	1475	20	5125	70	639	9	7317	13.2

Invalid responses include no response.

65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
 (only includes students that have been diagnosed with this condition)
Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1487	81	3704	71	470	79	5727	73.7
2 Yes	353	19	1540	29	127	21	2046	26.3
Valid responses =	1840	24	5244	67	597	8	7773	14.1

Invalid responses include no response.

65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
 (only includes students that have been diagnosed with this condition)
Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2981	78	7751	69	936	78	11798	71.9
2 Yes	847	22	3468	31	259	22	4612	28.1
Valid responses =	3828	23	11219	68	1195	7	16410	29.7

Invalid responses include no response.

65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
 (only includes students that have been diagnosed with this condition)
Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	885	32	3169	22	394	18	4494	22.8
2 Yes	1854	68	11390	78	1812	82	15237	77.2
Valid responses =	2739	14	14559	74	2206	11	19731	35.7

Invalid responses include no response.

65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
 (only includes students that have been diagnosed with this condition)
Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1597	74	3599	60	479	67	5738	64.2
2 Yes	569	26	2373	40	236	33	3203	35.8
Valid responses =	2166	24	5972	67	715	8	8941	16.2

Invalid responses include no response.

65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
 (only includes students that have been diagnosed with this condition)
Autism Spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	270	59	208	41	184	38	687	45.7
2 Yes	186	41	302	59	296	62	815	54.3
Valid responses =	456	30	510	34	480	32	1502	2.7

Invalid responses include no response.

65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
 (only includes students that have been diagnosed with this condition)
Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	85	38	254	24	60	22	405	25.6
2 Yes	138	62	812	76	210	78	1178	74.4
Valid responses =	223	14	1066	67	270	17	1583	2.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
 (only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	42	43	169	29	63	27	279	30.0
2 Yes	55	57	419	71	168	73	652	70.0
Valid responses =	97	10	588	63	231	25	931	1.7

Invalid responses include no response.

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
 (only includes students that have been diagnosed with this condition)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	45	88	41	9	35	143	41.7
2 Yes	53	55	128	59	17	65	200	58.3
Valid responses =	97	28	216	63	26	8	343	0.6

Invalid responses include no response.

65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
 (only includes students that have been diagnosed with this condition)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	43	59	191	40	29	54	269	44.1
2 Yes	30	41	286	60	25	46	341	55.9
Valid responses =	73	12	477	78	54	9	610	1.1

Invalid responses include no response.

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
 (only includes students that have been diagnosed with this condition)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	229	37	784	27	183	32	1206	29.2
2 Yes	394	63	2102	73	389	68	2927	70.8
Valid responses =	623	15	2886	70	572	14	4133	7.5

Invalid responses include no response.

65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
 (only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	770	33	2397	22	400	20	3611	23.3
2 Yes	1558	67	8524	78	1641	80	11893	76.7
Valid responses =	2328	15	10921	70	2041	13	15504	28.0

Invalid responses include no response.

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
 (only includes students that have been diagnosed with this condition)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	74	30	257	26	48	38	383	27.6
2 Yes	172	70	744	74	78	62	1003	72.4
Valid responses =	246	18	1001	72	126	9	1386	2.5

Invalid responses include no response.

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
 (only includes students that have been diagnosed with this condition)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	105	51	1397	44	245	44	1771	44.4
2 Yes	103	50	1787	56	309	56	2221	55.6
Valid responses =	208	5	3184	80	554	14	3992	7.2

Invalid responses include no response.



65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)
Endometriosis

Table with 10 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct.

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)
Gambling Disorder

Table with 10 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct.

65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)
Genital herpes

Table with 10 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct.

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)
Gastroesophageal Reflux Disease (GERD) or acid reflux

Table with 10 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct.

65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)
Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

Table with 10 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct.

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)
Hepatitis B or C

Table with 10 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct.

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)
High blood pressure (hypertension)

Table with 10 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	154	45	376	38	40	35	577	39.5
2 Yes	188	55	614	62	73	65	884	60.5
Valid responses =	342	23	990	68	113	8	1461	2.6

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	54	16	67	8	40	39	54.9
2 Yes	12	46	8	33	12	60	32	45.1
Valid responses =	26	37	24	34	20	28	71	0.1

Invalid responses include no response.

65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	66	215	51	13	43	269	52.4
2 Yes	21	34	204	49	17	57	244	47.6
Valid responses =	61	12	419	82	30	6	513	0.9

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	297	49	1067	40	237	40	1619	41.1
2 Yes	313	51	1607	60	360	60	2316	58.9
Valid responses =	610	16	2674	68	597	15	3935	7.1

Invalid responses include no response.

65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	162	50	830	40	127	45	1129	41.4
2 Yes	163	50	1268	60	155	55	1599	58.6
Valid responses =	325	12	2098	77	282	10	2728	4.9

Invalid responses include no response.

N3Q65T41) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	87	46	330	35.7	51	41.8	474	38
2 Yes	103	54	595	64.3	71	58.2	772	62
Valid responses =	190	15	925	74	122	10	1246	2.3

Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	525	61	2294	46	342	52	3197	48.3
2 Yes	339	39	2742	54	312	48	3425	51.7
Valid responses =	864	13	5036	76	654	10	6622	12.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	183	45	897	32	167	32	1269	33.2
2 Yes	225	55	1933	68	361	68	2559	66.8
Valid responses =	408	11	2830	74	528	14	3828	6.9

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	80	374	25	72	38	470	27.5
2 Yes	3	20	1103	75	120	63	1238	72.5
Valid responses =	15	1	1477	86	192	11	1708	3.1

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	157	33	872	27	170	22	1221	26.7
2 Yes	321	67	2371	73	608	78	3353	73.3
Valid responses =	478	10	3243	71	778	17	4574	8.3

Invalid responses include no response.

65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	48	40	44	17	24	87	38.0
2 Yes	30	52	50	56	55	76	142	62.0
Valid responses =	58	25	90	39	72	31	229	0.4

Invalid responses include no response.

65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	164	46	271	50	60	62	504	49.4
2 Yes	196	54	277	51	37	38	516	50.6
Valid responses =	360	35	548	54	97	10	1020	1.8

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	36	266	21	25	20	352	22.1
2 Yes	104	64	1027	79	100	80	1243	77.9
Valid responses =	162	10	1293	81	125	8	1595	2.9

Invalid responses include no response.

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	67	72	48	39	48	183	52.4
2 Yes	34	33	78	52	43	52	166	47.6
Valid responses =	102	29	150	43	82	23	349	0.6

Invalid responses include no response.



65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	117	66	223	56	44	68	389	59.9
2 Yes	60	34	177	44	21	32	260	40.1
Valid responses =	177	27	400	62	65	10	649	1.2

Invalid responses include no response.

65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	38	48	231	42	25	42	298	42.5
2 Yes	41	52	323	58	35	58	404	57.5
Valid responses =	79	11	554	79	60	9	702	1.3

Invalid responses include no response.

65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	258	53	859	41	161	40	1300	42.9
2 Yes	230	47	1219	59	243	60	1727	57.1
Valid responses =	488	16	2078	69	404	13	3027	5.5

Invalid responses include no response.

65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	130	12	455	13	81	10	677	12.2
2 Medicine only	572	51	1289	37	225	27	2111	38.1
3 Therapy only	72	6	421	12	148	18	652	11.8
4 Both medicine and therapy	339	30	1306	37	369	45	2059	37.2
5 Other Treatment	8	1	28	1	5	1	41	0.7
Valid responses =	1121	20	3499	63	828	15	5540	10.0

Invalid responses include no response.

65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	18	16	34	17	8	13	61	16.3
2 Medicine only	4	4	2	1	2	3	8	2.1
3 Therapy only	62	56	100	50	45	75	210	56.1
4 Both medicine and therapy	18	16	48	24	2	3	68	18.2
5 Other Treatment	9	8	15	8	3	5	27	7.2
Valid responses =	111	30	199	53	60	16	374	0.7

Invalid responses include no response.

65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	155	8	827	7	86	5	1079	7.1
2 Medicine only	416	23	2216	20	259	14	2923	19.2
3 Therapy only	492	27	2944	26	438	24	3914	25.7
4 Both medicine and therapy	771	42	5305	47	1017	56	7189	47.2
5 Other Treatment	19	1	83	1	11	1	114	0.7
Valid responses =	1853	12	11375	75	1811	12	15219	27.5

Invalid responses include no response.



65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	65	35	106	35	99	34	281	34.6
2 Medicine only	16	9	13	4	5	2	34	4.2
3 Therapy only	58	31	124	41	152	52	346	42.6
4 Both medicine and therapy	41	22	56	19	34	12	138	17.0
5 Other Treatment	5	3	3	1	5	2	14	1.7
Valid responses =	185	23	302	37	295	36	813	1.5

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	13	9	43	5	14	7	70	5.9
2 Medicine only	40	29	142	18	36	17	218	18.5
3 Therapy only	11	8	92	11	24	11	128	10.9
4 Both medicine and therapy	72	52	529	65	132	63	750	63.7
5 Other Treatment	2	1	6	1	4	2	12	1.0
Valid responses =	138	12	812	69	210	18	1178	2.1

Invalid responses include no response.

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	9	16	43	10	13	8	65	10.0
2 Medicine only	7	13	40	10	6	4	54	8.3
3 Therapy only	11	20	114	27	56	33	185	28.4
4 Both medicine and therapy	26	47	220	53	90	54	341	52.3
5 Other Treatment	2	4	2	1	3	2	7	1.1
Valid responses =	55	8	419	64	168	26	652	1.2

Invalid responses include no response.

65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	94	6	437	5	65	4	605	5.1
2 Medicine only	311	20	1524	18	246	15	2103	17.7
3 Therapy only	388	25	1873	22	366	22	2663	22.4
4 Both medicine and therapy	751	48	4632	54	954	58	6439	54.2
5 Other Treatment	12	1	49	1	9	1	70	0.6
Valid responses =	1556	13	8515	72	1640	14	11880	21.5

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	32	31	317	18	60	19	414	18.6
2 Medicine only	6	6	39	2	12	4	57	2.6
3 Therapy only	46	45	1028	58	176	57	1262	56.8
4 Both medicine and therapy	17	17	360	20	50	16	431	19.4
5 Other Treatment	2	2	43	2	11	4	57	2.6
Valid responses =	103	5	1787	80	309	14	2221	4.0

Invalid responses include no response.



American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS
 September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	4	40	1	11	0	0	5	20.0
2 Medicine only	0	0	0	0	1	17	1	4.0
3 Therapy only	3	30	3	33	2	33	8	32.0
4 Both medicine and therapy	3	30	3	33	1	17	7	28.0
5 Other Treatment	0	0	2	22	2	33	4	16.0
Valid responses =	10	40	9	36	6	24	25	0.0

Invalid responses include no response.

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	58	19	331	21	66	19	465	20.2
2 Medicine only	123	39	563	35	131	37	831	36.0
3 Therapy only	37	12	209	13	50	14	301	13.1
4 Both medicine and therapy	86	28	475	30	101	28	667	28.9
5 Other Treatment	8	3	24	2	9	3	42	1.8
Valid responses =	312	14	1602	69	357	15	2306	4.2

Invalid responses include no response.

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	26	12	194	10	42	12	265	10.4
2 Medicine only	46	21	233	12	28	8	310	12.1
3 Therapy only	72	32	611	32	112	31	811	31.8
4 Both medicine and therapy	80	36	877	45	174	48	1149	45.0
5 Other Treatment	0	0	15	1	4	1	19	0.7
Valid responses =	224	9	1930	76	360	14	2554	4.6

Invalid responses include no response.

65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	31	10	157	7	35	6	226	6.7
2 Medicine only	17	5	133	6	33	5	185	5.5
3 Therapy only	148	46	1102	47	254	42	1528	45.6
4 Both medicine and therapy	122	38	951	40	277	46	1374	41.0
5 Other Treatment	3	1	26	1	7	1	36	1.1
Valid responses =	321	10	2369	71	606	18	3349	6.1

Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	4	13	5	10	1	2	10	7.0
2 Medicine only	1	3	7	14	11	20	19	13.4
3 Therapy only	5	17	3	6	7	13	16	11.3
4 Both medicine and therapy	20	67	33	66	33	60	92	64.8
5 Other Treatment	0	0	2	4	3	6	5	3.5
Valid responses =	30	21	50	35	55	39	142	0.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	13	38	22	28	15	36	52	31.5
2 Medicine only	12	35	21	27	11	26	48	29.1
3 Therapy only	2	6	14	18	9	21	29	17.6
4 Both medicine and therapy	6	18	18	23	4	10	29	17.6
5 Other Treatment	1	3	3	4	3	7	7	4.2
Valid responses =	34	21	78	47	42	25	165	0.3

Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	22	37	55	31	2	10	79	30.4
2 Medicine only	7	12	28	16	6	29	41	15.8
3 Therapy only	9	15	22	12	2	10	35	13.5
4 Both medicine and therapy	17	28	61	35	7	33	85	32.7
5 Other Treatment	5	8	11	6	4	19	20	7.7
Valid responses =	60	23	177	68	21	8	260	0.5

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	127	11	654	12	55	16	845	12.1
2 Yes	1045	89	4741	88	280	84	6115	87.9
Valid responses =	1172	17	5395	78	335	5	6960	12.6

Invalid responses include no response.

65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	164	46	715	41	65	43	954	41.6
2 Yes	193	54	1046	59	88	58	1338	58.4
Valid responses =	357	16	1761	77	153	7	2292	4.1

Invalid responses include no response.

65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	119	34	443	29	46	36	620	30.8
2 Yes	227	66	1070	71	81	64	1392	69.2
Valid responses =	346	17	1513	75	127	6	2012	3.6

Invalid responses include no response.

65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	258	31	948	28	89	35	1310	28.8
2 Yes	573	69	2471	72	168	65	3235	71.2
Valid responses =	831	18	3419	75	257	6	4545	8.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	111	20	350	15	36	15	502	15.9
2 Yes	451	80	1994	85	199	85	2663	84.1
Valid responses =	562	18	2344	74	235	7	3165	5.7

Invalid responses include no response.

65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	51	50	39	4	25	82	41.4
2 Yes	26	49	77	61	12	75	116	58.6
Valid responses =	53	27	127	64	16	8	198	0.4

Invalid responses include no response.

65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	57	114	40	11	44	142	42.0
2 Yes	13	43	169	60	14	56	196	58.0
Valid responses =	30	9	283	84	25	7	338	0.6

Invalid responses include no response.

65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	84	22	420	20	98	25	613	21.0
2 Yes	305	78	1675	80	290	75	2301	79.0
Valid responses =	389	13	2095	72	388	13	2914	5.3

Invalid responses include no response.

65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	37	22	157	21	23	30	217	21.7
2 Yes	135	79	584	79	55	71	783	78.3
Valid responses =	172	17	741	74	78	8	1000	1.8

Invalid responses include no response.

65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	125	24	15	22	141	23.4
2 Yes	4	100	402	76	53	78	462	76.6
Valid responses =	4	1	527	87	68	11	603	1.1

Invalid responses include no response.

65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	44	17	10	2	11	31	14.0
2 Yes	15	56	156	90	16	89	190	86.0
Valid responses =	27	12	173	78	18	8	221	0.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	27	14	174	15	29	23	234	16.0
2 Yes	168	86	958	85	98	77	1230	84.0
Valid responses =	195	13	1132	77	127	9	1464	2.6

Invalid responses include no response.

65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	45	201	36	18	23	291	36.5
2 Yes	79	55	359	64	59	77	507	63.5
Valid responses =	144	18	560	70	77	10	798	1.4

Invalid responses include no response.

65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	50	3	13	1	20	13	29.5
2 Yes	7	50	20	87	4	80	31	70.5
Valid responses =	14	32	23	52	5	11	44	0.1

Invalid responses include no response.

65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	81	27	114	22	20	30	219	24.4
2 Yes	223	73	405	78	46	70	677	75.6
Valid responses =	304	34	519	58	66	7	896	1.6

Invalid responses include no response.

65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	65	35	308	51	29	40	406	46.3
2 Yes	122	65	302	50	43	60	470	53.7
Valid responses =	187	21	610	70	72	8	876	1.6

Invalid responses include no response.

65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	25	1	13	1	9	5	16.1
2 Yes	9	75	7	88	10	91	26	83.9
Valid responses =	12	39	8	26	11	35	31	0.1

Invalid responses include no response.

65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	19	90	45	3	18	97	40.1
2 Yes	17	81	112	55	14	82	145	59.9
Valid responses =	21	9	202	83	17	7	242	0.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	18	336	27	47	30	413	25.9
2 Yes	133	82	929	73	108	70	1182	74.1
Valid responses =	162	10	1265	79	155	10	1595	2.9

Invalid responses include no response.

65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	98	29	632	23	74	24	815	24.0
2 Yes	240	71	2088	77	237	76	2586	76.0
Valid responses =	338	10	2720	80	311	9	3401	6.2

Invalid responses include no response.

65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	218	20	26	22	247	20.1
2 Yes	1	33	879	80	93	78	984	79.9
Valid responses =	3	0	1097	89	119	10	1231	2.2

Invalid responses include no response.

65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	25	85	31	9	24	144	28.1
2 Yes	146	75	190	69	28	76	369	71.9
Valid responses =	195	38	275	54	37	7	513	0.9

Invalid responses include no response.

65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	21	185	18	17	17	227	18.4
2 Yes	82	79	834	82	82	83	1007	81.6
Valid responses =	104	8	1019	83	99	8	1234	2.2

Invalid responses include no response.

65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
 Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	22	36	11	8	23	54	13.5
2 Yes	32	78	284	89	27	77	347	86.5
Valid responses =	41	10	320	80	35	9	401	0.7

Invalid responses include no response.

65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
 Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	56	343	55	33	64	450	56.2
2 Yes	53	44	277	45	19	37	351	43.8
Valid responses =	121	15	620	77	52	6	801	1.4

Invalid responses include no response.



65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	80	62	300	67	69	86	457	68.4
2 Yes	49	38	148	33	11	14	211	31.6
Valid responses =	129	19	448	67	80	12	668	1.2

Invalid responses include no response.

65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	78	24	73	2	25	41	68.3
2 Yes	4	22	9	27	6	75	19	31.7
Valid responses =	18	30	33	55	8	13	60	0.1

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	84	55	392	58	34	55	516	57.4
2 Yes	69	45	282	42	28	45	383	42.6
Valid responses =	153	17	674	75	62	7	899	1.6

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	71	61	241	58	26	62	345	59.0
2 Yes	45	39	174	42	16	38	240	41.0
Valid responses =	116	20	415	71	42	7	585	1.1

Invalid responses include no response.

65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	139	57	515	58	48	58	712	58.2
2 Yes	103	43	368	42	35	42	511	41.8
Valid responses =	242	20	883	72	83	7	1223	2.2

Invalid responses include no response.

65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	105	69	583	72	68	80	763	71.8
2 Yes	47	31	232	29	17	20	300	28.2
Valid responses =	152	14	815	77	85	8	1063	1.9

Invalid responses include no response.

65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	54	198	59	20	61	281	58.4
2 Yes	49	46	138	41	13	39	200	41.6
Valid responses =	107	22	336	70	33	7	481	0.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	50	33	77	12	86	51	73.9
2 Yes	6	50	10	23	2	14	18	26.1
Valid responses =	12	17	43	62	14	20	69	0.1

Invalid responses include no response.

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	54	29	67	9	64	45	64.3
2 Yes	6	46	14	33	5	36	25	35.7
Valid responses =	13	19	43	61	14	20	70	0.1

Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	44	34	79	12	92	50	76.9
2 Yes	5	56	9	21	1	8	15	23.1
Valid responses =	9	14	43	66	13	20	65	0.1

Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	26	7	15	0	0	15	19.0
2 Yes	20	74	40	85	4	100	64	81.0
Valid responses =	27	34	47	59	4	5	79	0.1

Invalid responses include no response.

65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	50	68	65	7	70	83	63.4
2 Yes	8	50	37	35	3	30	48	36.6
Valid responses =	16	12	105	80	10	8	131	0.2

Invalid responses include no response.

65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62	78	274	71	73	80	415	73.2
2 Yes	18	23	114	29	18	20	152	26.8
Valid responses =	80	14	388	68	91	16	567	1.0

Invalid responses include no response.

65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	67	73	313	73	54	83	439	73.7
2 Yes	25	27	117	27	11	17	157	26.3
Valid responses =	92	15	430	72	65	11	596	1.1

Invalid responses include no response.



65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	42	68	46	8	40	89	44.7
2 Yes	18	58	80	54	12	60	110	55.3
Valid responses =	31	16	148	74	20	10	199	0.4

Invalid responses include no response.

65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	77	238	76	42	70	307	75.1
2 Yes	7	23	75	24	18	30	102	24.9
Valid responses =	31	8	313	77	60	15	409	0.7

Invalid responses include no response.

65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	78	65	12	86	91	67.4
2 Yes	0	0	42	35	2	14	44	32.6
Valid responses =	0	0	120	89	14	10	135	0.2

Invalid responses include no response.

65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	75	1	100	0	0	4	80.0
2 Yes	1	25	0	0	0	0	1	20.0
Valid responses =	4	80	1	20	0	0	5	0.0

Invalid responses include no response.

65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	46	7	41	0	0	12	40.0
2 Yes	6	55	10	59	2	100	18	60.0
Valid responses =	11	37	17	57	2	7	30	0.1

Invalid responses include no response.

65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	58	117	71	16	62	150	68.2
2 Yes	10	42	49	30	10	39	70	31.8
Valid responses =	24	11	166	75	26	12	220	0.4

Invalid responses include no response.

65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	43	72	38	5	28	106	38.7
2 Yes	34	57	117	62	13	72	168	61.3
Valid responses =	60	22	189	69	18	7	274	0.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	43	1	33	1	100	6	46.2
2 Yes	4	57	2	67	0	0	7	53.8
Valid responses =	7	54	3	23	1	8	13	0.0

Invalid responses include no response.

65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	39	55	52	12	60	100	48.3
2 Yes	47	61	51	48	8	40	107	51.7
Valid responses =	77	37	106	51	20	10	207	0.4

Invalid responses include no response.

65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	32	135	47	13	45	169	44.8
2 Yes	40	68	151	53	16	55	208	55.2
Valid responses =	59	16	286	76	29	8	377	0.7

Invalid responses include no response.

65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	1	100	1	20.0
2 Yes	3	100	1	100	0	0	4	80.0
Valid responses =	3	60	1	20	1	20	5	0.0

Invalid responses include no response.

65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	75	24	28	1	33	28	29.8
2 Yes	1	25	63	72	2	67	66	70.2
Valid responses =	4	4	87	93	3	3	94	0.2

Invalid responses include no response.

65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	63	240	73	54	83	336	73.0
2 Yes	21	38	89	27	11	17	124	27.0
Valid responses =	56	12	329	72	65	14	460	0.8

Invalid responses include no response.

65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	52	206	64	30	71	251	64.0
2 Yes	13	48	116	36	12	29	141	36.0
Valid responses =	27	7	322	82	42	11	392	0.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59	63	387	66	53	75	505	65.9
2 Yes	35	37	203	34	18	25	261	34.1
Valid responses =	94	12	590	77	71	9	766	1.4

Invalid responses include no response.

65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	54	144	75	34	83	195	74.1
2 Yes	12	46	49	25	7	17	68	25.9
Valid responses =	26	10	193	73	41	16	263	0.5

Invalid responses include no response.

65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	136	68	15	65	154	67.8
2 Yes	0	0	65	32	8	35	73	32.2
Valid responses =	2	1	201	89	23	10	227	0.4

Invalid responses include no response.

65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	76	114	73	27	79	166	74.8
2 Yes	7	24	42	27	7	21	56	25.2
Valid responses =	29	13	156	70	34	15	222	0.4

Invalid responses include no response.

65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	4	80	1	100	7	70.0
2 Yes	2	50	1	20	0	0	3	30.0
Valid responses =	4	40	5	50	1	10	10	0.0

Invalid responses include no response.

65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	73	51	62	7	78	94	67.1
2 Yes	13	27	31	38	2	22	46	32.9
Valid responses =	48	34	82	59	9	6	140	0.3

Invalid responses include no response.

65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	35	74	45	4	27	87	42.6
2 Yes	13	65	92	55	11	73	117	57.4
Valid responses =	20	10	166	81	15	7	204	0.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
Reference Group Data Report - Spring 2023

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
FREQUENCY REPORT
Number of Surveys (n) = 55292 Web Surveys

65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	67	14	64	8	53	32	62.7
2 Yes	4	33	8	36	7	47	19	37.3
Valid responses =	12	24	22	43	15	29	51	0.1

Invalid responses include no response.

65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	50	23	43	0	0	34	44.2
2 Yes	11	50	30	57	2	100	43	55.8
Valid responses =	22	29	53	69	2	3	77	0.1

Invalid responses include no response.

65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	38	16	49	4	57	23	46.9
2 Yes	5	63	17	52	3	43	26	53.1
Valid responses =	8	16	33	67	7	14	49	0.1

Invalid responses include no response.

65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?
(only includes students with an ongoing or chronic condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	6609	69	15973	57	1082	35	23843	57.6
2 Negatively impacted performance in a class	2395	25	10390	37	1633	52	14592	35.3
3 Delayed progress towards degree	577	6	1886	7	421	13	2938	7.1
Valid responses =	9581	23	28249	68	3136	8	41373	74.8

Invalid responses include no response.

66A) Within the last 12 months, have any of the following affected your academic performance?
Assault (physical)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	14107	97	34925	97	3369	94	52856	96.5
2 Did not affect academic performance	381	3	897	3	142	4	1439	2.6
3 Negatively impacted performance in a class	45	0	302	1	37	1	388	0.7
4 Delayed progress towards degree	11	0	83	0	19	1	117	0.2
Valid responses =	14544	27	36207	66	3567	7	54800	99.1

Invalid responses include no response.

66B) Within the last 12 months, have any of the following affected your academic performance?
Assault (sexual)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	14120	97	32548	90	3075	86	50178	91.9
2 Did not affect academic performance	295	2	2312	6	272	8	2902	5.3
3 Negatively impacted performance in a class	64	0	993	3	155	4	1227	2.2
4 Delayed progress towards degree	13	0	230	1	59	2	307	0.6
Valid responses =	14492	27	36083	66	3561	7	54614	98.8

Invalid responses include no response.

66C) Within the last 12 months, have any of the following affected your academic performance?
Allergies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	9734	67	22209	62	2107	59	34333	63.0
2 Did not affect academic performance	4272	30	12369	34	1288	36	18103	33.2
3 Negatively impacted performance in a class	421	3	1348	4	149	4	1940	3.6
4 Delayed progress towards degree	29	0	95	0	19	1	145	0.3
Valid responses =	14456	27	36021	66	3563	7	54521	98.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

66D) Within the last 12 months, have any of the following affected your academic performance?
Anxiety

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	6772	47	9198	26	450	13	16549	30.4
2 Did not affect academic performance	4111	28	12145	34	1036	29	17423	32.0
3 Negatively impacted performance in a class	3114	22	12930	36	1782	50	18016	33.1
4 Delayed progress towards degree	455	3	1645	5	280	8	2409	4.4
Valid responses =	14452	27	35918	66	3548	7	54397	98.4

Invalid responses include no response.

66E) Within the last 12 months, have any of the following affected your academic performance?
Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	12013	83	29258	81	2076	58	43660	79.9
2 Did not affect academic performance	846	6	2069	6	322	9	3270	6.0
3 Negatively impacted performance in a class	1341	9	4048	11	929	26	6423	11.8
4 Delayed progress towards degree	306	2	731	2	235	7	1298	2.4
Valid responses =	14506	27	36106	66	3562	7	54651	98.8

Invalid responses include no response.

66F) Within the last 12 months, have any of the following affected your academic performance?
Concussion or Traumatic Brain Injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	14064	97	34770	96	3382	95	52676	96.2
2 Did not affect academic performance	240	2	628	2	80	2	954	1.7
3 Negatively impacted performance in a class	201	1	655	2	74	2	941	1.7
4 Delayed progress towards degree	20	0	130	0	26	1	178	0.3
Valid responses =	14525	27	36183	66	3562	7	54749	99.0

Invalid responses include no response.

66S) Within the last 12 months, have any of the following affected your academic performance?
COVID-19

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	10499	72	24732	68	2275	64	37831	69.1
2 Did not affect academic performance	2655	18	7139	20	667	19	10549	19.3
3 Negatively impacted performance in a class	1201	8	3884	11	565	16	5702	10.4
4 Delayed progress towards degree	160	1	410	1	66	2	649	1.2
Valid responses =	14515	27	36165	66	3573	7	54731	99.0

Invalid responses include no response.

66G) Within the last 12 months, have any of the following affected your academic performance?
Depression

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	9692	67	19759	55	863	24	30517	55.9
2 Did not affect academic performance	2151	15	6212	17	748	21	9196	16.9
3 Negatively impacted performance in a class	2104	15	8405	23	1574	44	12233	22.4
4 Delayed progress towards degree	532	4	1653	5	378	11	2603	4.8
Valid responses =	14479	27	36029	66	3563	7	54549	98.7

Invalid responses include no response.

66H) Within the last 12 months, have any of the following affected your academic performance?
Eating disorder/problem

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	13372	93	28584	79	2407	68	44736	82.1
2 Did not affect academic performance	798	6	5376	15	807	23	7058	12.9
3 Negatively impacted performance in a class	249	2	1803	5	302	9	2378	4.4
4 Delayed progress towards degree	32	0	268	1	35	1	338	0.6
Valid responses =	14451	27	36031	66	3551	7	54510	98.6

Invalid responses include no response.



**66I) Within the last 12 months, have any of the following affected your academic performance?
 Headaches/migraines**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	10971	76	21322	59	1917	54	34489	63.5
2 Did not affect academic performance	2571	18	9227	26	982	28	12898	23.7
3 Negatively impacted performance in a class	814	6	4975	14	598	17	6461	11.9
4 Delayed progress towards degree	73	1	370	1	50	1	498	0.9
Valid responses =	14429	27	35894	66	3547	7	54346	98.3

Invalid responses include no response.

**66J) Within the last 12 months, have any of the following affected your academic performance?
 Influenza or influenza like illness (the flu)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	12444	86	29425	82	2896	81	45162	82.7
2 Did not affect academic performance	1321	9	3899	11	366	10	5633	10.3
3 Negatively impacted performance in a class	702	5	2651	7	274	8	3658	6.7
4 Delayed progress towards degree	30	0	120	0	29	1	179	0.3
Valid responses =	14497	27	36095	66	3565	7	54632	98.8

Invalid responses include no response.

**66K) Within the last 12 months, have any of the following affected your academic performance?
 Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	12766	88	32377	90	3087	87	48642	88.9
2 Did not affect academic performance	1356	9	2709	8	310	9	4415	8.1
3 Negatively impacted performance in a class	351	2	923	3	150	4	1450	2.7
4 Delayed progress towards degree	53	0	127	0	19	1	200	0.4
Valid responses =	14526	27	36136	66	3566	7	54707	98.9

Invalid responses include no response.

**66L) Within the last 12 months, have any of the following affected your academic performance?
 PMS (Premenstrual Syndrome), painful periods, or menstrual cramping**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	14448	100	19639	54	2136	60	36542	66.7
2 Did not affect academic performance	60	0	11295	31	862	24	12318	22.5
3 Negatively impacted performance in a class	11	0	4968	14	531	15	5564	10.2
4 Delayed progress towards degree	3	0	287	1	45	1	339	0.6
Valid responses =	14522	27	36189	66	3574	7	54763	99.0

Invalid responses include no response.

**66M) Within the last 12 months, have any of the following affected your academic performance?
 Post Traumatic Stress Disorder (PTSD)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	13881	96	32526	90	2727	77	49530	90.9
2 Did not affect academic performance	323	2	1809	5	371	10	2541	4.7
3 Negatively impacted performance in a class	202	1	1304	4	328	9	1869	3.4
4 Delayed progress towards degree	54	0	369	1	128	4	559	1.0
Valid responses =	14460	27	36008	66	3554	7	54499	98.6

Invalid responses include no response.

**66N) Within the last 12 months, have any of the following affected your academic performance?
 Short-term illness, excluding upper respiratory illness and influenza**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	12455	86	28820	80	2712	76	44375	81.2
2 Did not affect academic performance	1450	10	4713	13	496	14	6715	12.3
3 Negatively impacted performance in a class	570	4	2468	7	338	10	3404	6.2
4 Delayed progress towards degree	27	0	126	0	21	1	177	0.3
Valid responses =	14502	27	36127	66	3567	7	54671	98.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

**66O) Within the last 12 months, have any of the following affected your academic performance?
 Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	11517	79	24021	67	2315	65	38177	69.8
2 Did not affect academic performance	2102	15	7597	21	758	21	10558	19.3
3 Negatively impacted performance in a class	847	6	4326	12	471	13	5695	10.4
4 Delayed progress towards degree	48	0	176	1	26	1	254	0.5
Valid responses =	14514	27	36120	66	3570	7	54684	98.9

Invalid responses include no response.

**66P) Within the last 12 months, have any of the following affected your academic performance?
 Sleep difficulties**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	7942	55	17055	47	1085	30	26266	48.0
2 Did not affect academic performance	3405	23	9595	27	1006	28	14130	25.8
3 Negatively impacted performance in a class	2903	20	8695	24	1334	37	13081	23.9
4 Delayed progress towards degree	277	2	789	2	141	4	1233	2.3
Valid responses =	14527	27	36134	66	3566	7	54710	98.9

Invalid responses include no response.

**66Q) Within the last 12 months, have any of the following affected your academic performance?
 Stress**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	4911	34	6452	18	405	11	11866	21.7
2 Did not affect academic performance	4925	34	12792	35	952	27	18799	34.4
3 Negatively impacted performance in a class	4114	28	14935	41	1872	53	21136	38.6
4 Delayed progress towards degree	571	4	1943	5	331	9	2885	5.3
Valid responses =	14521	27	36122	66	3560	7	54686	98.9

Invalid responses include no response.

**66R) Within the last 12 months, have any of the following affected your academic performance?
 Other issue not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	10900	98	25232	98	2444	95	38883	97.9
2 Did not affect academic performance	84	1	193	1	30	1	309	0.8
3 Negatively impacted performance in a class	72	1	233	1	50	2	363	0.9
4 Delayed progress towards degree	20	0	118	1	37	1	181	0.5
Valid responses =	11076	28	25776	65	2561	6	39736	71.9

Invalid responses include no response.

67A) What sex were you assigned at birth?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	36469	100	2930	81	39706	72.0
2 Male	14639	100	0	0	660	18	15446	28.0
3 Intersex	9	0	3	0	12	0	27	0.0
Valid responses =	14648	27	36472	66	3602	7	55179	99.8

Invalid responses include no response.

67B) Do you identify as transgender?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14648	100	36472	100	1541	43	52947	96.1
2 Yes	0	0	0	0	2061	57	2170	3.9
Valid responses =	14648	27	36472	66	3602	7	55117	99.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

67C) Which term do you use to describe your gender identity?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	36472	100	269	8	36794	66.7
2 Man or male	14648	100	0	0	216	6	14885	27.0
3 Trans woman	0	0	0	0	136	4	136	0.2
4 Trans man	0	0	0	0	285	8	286	0.5
5 Genderqueer	0	0	0	0	469	13	475	0.9
6 My identity is not listed	0	0	0	0	0	0	313	0.6
7 Agender	0	0	0	0	228	6	228	0.4
8 Genderfluid	0	0	0	0	447	12	450	0.8
9 Non-binary	0	0	0	0	1545	43	1559	2.8
10 Intersex	0	0	0	0	7	0	8	0.0
Valid responses =	14648	27	36472	66	3602	7	55134	99.7

Invalid responses include no response.

68) What term best describes your sexual orientation?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual (from write-ins)	95	1	428	1	281	8	836	1.5
2 Bisexual	916	6	5940	16	871	24	7816	14.2
3 Gay	845	6	38	0	176	5	1070	1.9
4 Lesbian	2	0	1088	3	403	11	1533	2.8
5 Pansexual	137	1	971	3	543	15	1681	3.1
6 Queer	86	1	1045	3	863	24	2078	3.8
7 Questioning	251	2	1333	4	92	3	1694	3.1
9 Straight/Heterosexual	12195	84	25249	70	321	9	37875	68.9
10 My identity not listed above	70	1	195	1	49	1	355	0.6
Valid responses =	14597	27	36287	66	3599	7	54938	99.4

Invalid responses include no response.

69) How old are you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	1791	12	5170	14	518	15	7550	13.8
2 19 Years	3178	22	8234	23	850	24	12372	22.6
3 20 Years	2846	20	7554	21	747	21	11251	20.5
4 21 Years	2541	17	6751	19	642	18	10008	18.3
5 22 Years	1652	11	3528	10	365	10	5591	10.2
6 23 Years	660	5	1070	3	130	4	1877	3.4
7 24 Years	365	3	542	2	62	2	977	1.8
8 25 Years	238	2	435	1	48	1	728	1.3
9 26 to 30 Years	588	4	1218	3	122	3	1941	3.5
10 31 to 40 Years	449	3	1073	3	64	2	1600	2.9
11 41 or More Years	261	2	639	2	23	1	930	1.7
Valid responses =	14569	27	36214	66	3571	7	54825	99.2

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	21.54	20.00	5.11	18	97
Cis Women	21.27	20.00	4.89	18	85
Trans/Gender Non-conforming	20.81	20.00	3.76	18	88
Overall	21.31	20.00	4.9	18	97

71) What is your weight in pounds?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	40	0	1190	3	108	3	1354	2.5
2 101 to 150 Pounds	4111	28	22485	63	1893	54	28730	53.1
3 151 to 200 Pounds	7494	52	9055	25	1033	30	17707	32.7
4 201 to 250 Pounds	2140	15	2211	6	336	10	4731	8.7
5 251 to 300 Pounds	532	4	600	2	94	3	1240	2.3
6 301 or More Pounds	168	1	143	0	37	1	355	0.7
Valid responses =	14485	27	35684	66	3501	6	54117	97.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	176.34	170.00	40.42	59	500
Cis Women	147.78	140.00	37.9	52	500
Trans/Gender Non-conforming	157.32	145.00	45.45	52	500
Overall	156.12	147.00	41.14	52	500



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

72) What is your year in school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	4122	28	9937	27	1013	28	15248	27.6
2 2nd year undergraduate	3372	23	8589	24	855	24	12953	23.4
3 3rd year undergraduate	3580	24	9311	26	884	25	13883	25.1
4 4th year undergraduate	2776	19	7164	20	669	19	10721	19.4
5 5th year or more undergraduate	798	5	1471	4	181	5	2487	4.5
6 Master's (MA, MS, etc.)	0	0	0	0	0	0	0	0.0
7 Doctorate (PhD, EdD, MD, JD, etc.)	0	0	0	0	0	0	0	0.0
8 Not seeking a degree	0	0	0	0	0	0	0	0.0
9 Other (please specify):	0	0	0	0	0	0	0	0.0
Valid responses =	14648	26	36472	66	3602	7	55292	100.0

Invalid responses include no response.

73) What is your enrollment status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	13654	94	34047	94	3352	93	51555	93.6
2 Part-time	890	6	2168	6	221	6	3319	6.0
3 Other	60	0	120	0	19	1	201	0.4
Valid responses =	14604	27	36335	66	3592	7	55075	99.6

Invalid responses include no response.

73A) I am taking classes this term:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	9684	66	21658	60	2400	67	34085	61.7
2 Entirely online	552	4	2150	6	141	4	2867	5.2
3 A mix of in-person and online classes	4393	30	12618	35	1057	29	18251	33.1
Valid responses =	14629	27	36426	66	3598	7	55203	99.8

Invalid responses include no response.

74) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12700	88	32505	90	3313	93	48984	89.7
2 Yes	1792	12	3547	10	250	7	5643	10.3
Valid responses =	14492	27	36052	66	3563	7	54627	98.8

Invalid responses include no response.

75A1) How do you usually describe yourself? (Please select ALL that apply) American Indian or Native Alaskan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	14246	97	35467	97	3470	96	53731	97.2
1 Selected	402	3	1005	3	132	4	1561	2.8
Valid responses =	14648	26	36472	66	3602	7	55292	100.0

Invalid responses include no response.

75A2) How do you usually describe yourself? (Please select ALL that apply) Asian or Asian American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	11842	81	30398	83	3069	85	45786	82.8
1 Selected	2806	19	6074	17	533	15	9506	17.2
Valid responses =	14648	26	36472	66	3602	7	55292	100.0

Invalid responses include no response.

75A3) How do you usually describe yourself? (Please select ALL that apply) Black or African American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	13901	95	34142	94	3396	94	51991	94.0
1 Selected	747	5	2330	6	206	6	3301	6.0
Valid responses =	14648	26	36472	66	3602	7	55292	100.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

75A4) How do you usually describe yourself? (Please select ALL that apply)

Hispanic or Latino/a/x

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	12428	85	30397	83	3058	85	46390	83.9
1 Selected	2220	15	6075	17	544	15	8902	16.1
Valid responses =	14648	26	36472	66	3602	7	55292	100.0

Invalid responses include no response.

75A5) How do you usually describe yourself? (Please select ALL that apply)

Middle Eastern/North African (MENA) or Arab Origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	14345	98	35827	98	3542	98	54272	98.2
1 Selected	303	2	645	2	60	2	1020	1.8
Valid responses =	14648	26	36472	66	3602	7	55292	100.0

Invalid responses include no response.

75A6) How do you usually describe yourself? (Please select ALL that apply)

Native Hawaiian or Other Pacific Islander Native

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	14546	99	36238	99	3576	99	54926	99.3
1 Selected	102	1	234	1	26	1	366	0.7
Valid responses =	14648	26	36472	66	3602	7	55292	100.0

Invalid responses include no response.

75A7) How do you usually describe yourself? (Please select ALL that apply)

White

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5425	37	13296	37	1061	30	20016	36.2
1 Selected	9223	63	23176	64	2541	71	35276	63.8
Valid responses =	14648	26	36472	66	3602	7	55292	100.0

Invalid responses include no response.

75A8) How do you usually describe yourself? (Please select ALL that apply)

Biracial or Multiracial

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	13955	95	34534	95	3268	91	52282	94.6
1 Selected	693	5	1938	5	334	9	3010	5.4
Valid responses =	14648	26	36472	66	3602	7	55292	100.0

Invalid responses include no response.

75A9) How do you usually describe yourself? (Please select ALL that apply)

Another Identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	14416	98	36165	99	3566	99	54694	98.9
1 Selected	232	2	307	1	36	1	598	1.1
Valid responses =	14648	26	36472	66	3602	7	55292	100.0

Invalid responses include no response.

75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

Mexican, Mexican American, Chicano

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	783	35	2099	35	196	36	3107	34.9
1 Selected	1437	65	3976	65	348	64	5795	65.1
Valid responses =	2220	25	6075	68	544	6	8902	16.1

Invalid responses include no response.

75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

Puerto Rican

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2081	94	5619	93	483	89	8236	92.5
1 Selected	139	6	456	8	61	11	666	7.5
Valid responses =	2220	25	6075	68	544	6	8902	16.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

Cuban

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2147	97	5923	98	527	97	8657	97.2
1 Selected	73	3	152	3	17	3	245	2.8
Valid responses =	2220	25	6075	68	544	6	8902	16.1

Invalid responses include no response.

75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

Another Hispanic, Latino/a/x, or Spanish origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1496	67	4168	69	389	72	6096	68.5
1 Selected	724	33	1907	31	155	29	2806	31.5
Valid responses =	2220	25	6075	68	544	6	8902	16.1

Invalid responses include no response.

75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

East Asian (for example: Chinese, Japanese, or Korean)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1360	49	2775	46	215	40	4389	46.2
1 Selected	1446	52	3299	54	318	60	5117	53.8
Valid responses =	2806	30	6074	64	533	6	9506	17.2

Invalid responses include no response.

75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1970	70	4189	69	357	67	6577	69.2
1 Selected	836	30	1885	31	176	33	2929	30.8
Valid responses =	2806	30	6074	64	533	6	9506	17.2

Invalid responses include no response.

75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2232	80	4981	82	466	87	7761	81.6
1 Selected	574	21	1093	18	67	13	1745	18.4
Valid responses =	2806	30	6074	64	533	6	9506	17.2

Invalid responses include no response.

75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

Other Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2753	98	5965	98	527	99	9333	98.2
1 Selected	53	2	109	2	6	1	173	1.8
Valid responses =	2806	30	6074	64	533	6	9506	17.2

Invalid responses include no response.

76) What is your relationship status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	8916	61	19638	54	2024	56	30909	56.0
2 In relationship not married/partnered	4885	33	14740	41	1431	40	21232	38.5
3 Married/partnered	820	6	2021	6	140	4	3009	5.5
Valid responses =	14621	27	36399	66	3595	7	55150	99.7

Invalid responses include no response.

77A) Are you a member of a social fraternity or sorority?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13625	93	33115	91	3472	97	50730	91.9
2 Yes	999	7	3293	9	124	3	4444	8.1
Valid responses =	14624	27	36408	66	3596	7	55174	99.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS
 September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

77B) Do you live in a fraternity or sorority residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14401	99	35928	99	3560	99	54427	98.6
2 Yes	225	2	479	1	38	1	747	1.4
Valid responses =	14626	27	36407	66	3598	7	55174	99.8

Invalid responses include no response.

78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	6522	45	16140	45	1855	52	24780	45.5
2 Parent/guardian/other family member's home	2550	18	5987	17	535	15	9178	16.9
3 Off-campus/non-university housing	5182	36	13343	37	1116	31	19803	36.4
4 Temporarily with relative, friend, couch surfing	51	0	119	0	26	1	198	0.4
5 Don't have a place to live	11	0	14	0	6	0	34	0.1
6 Other (please specify)	91	1	331	1	19	1	449	0.8
Valid responses =	14407	26	35934	66	3557	7	54442	98.5

Invalid responses include no response.

79) What is your primary source of health insurance?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 College/university Health Insurance Plan	1837	13	3948	11	375	11	6220	11.6
2 Covered by parent/guardian plan	9522	67	23992	68	2455	70	36319	67.7
3 Covered by employer-based plan	591	4	1609	5	90	3	2308	4.3
4 Medicaid, Medicare, SCHIP, VA/Tricare	1261	9	3693	10	363	10	5375	10.0
5 I bought a plan on my own	291	2	578	2	44	1	926	1.7
6 Don't have health insurance	341	2	839	2	80	2	1268	2.4
7 Don't know if I have health insurance	148	1	273	1	38	1	463	0.9
8 Have insurance, don't know primary source	253	2	500	1	44	1	804	1.5
Valid responses =	14244	27	35432	66	3489	6	53683	97.1

Invalid responses include no response.

80) What is your approximate cumulative grade average?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	1246	9	3367	9	302	8	4972	9.0
2 A	3675	25	10897	30	950	27	15668	28.5
3 A-	3119	21	7729	21	787	22	11737	21.3
4 B+	2192	15	5093	14	517	14	7878	14.3
5 B	2097	14	4656	13	410	11	7226	13.1
6 B-	913	6	1797	5	217	6	2950	5.4
7 C+	555	4	1024	3	137	4	1732	3.1
8 C	411	3	901	3	122	3	1453	2.6
9 C-	146	1	256	1	41	1	449	0.8
10 D+	43	0	67	0	22	1	134	0.2
11 D	34	0	59	0	8	0	102	0.2
12 D-	14	0	33	0	2	0	51	0.1
13 F	21	0	42	0	5	0	69	0.1
14 N/A	138	1	420	1	70	2	636	1.2
Valid responses =	14604	27	36341	66	3590	7	55057	99.6

Invalid responses include no response.

81A) Do you participate in organized college athletics at any of the following levels?

Varsity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13441	93	34157	95	3507	98	51603	94.7
2 Yes	965	7	1871	5	60	2	2907	5.3
Valid responses =	14406	26	36028	66	3567	7	54510	98.6

Invalid responses include no response.

81B) Do you participate in organized college athletics at any of the following levels?

Club Sports

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12686	88	33387	93	3333	94	49877	91.8
2 Yes	1657	12	2524	7	231	7	4447	8.2
Valid responses =	14343	26	35911	66	3564	7	54324	98.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

81C) Do you participate in organized college athletics at any of the following levels?

Intramurals

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11728	82	32982	92	3385	96	48571	89.8
2 Yes	2608	18	2702	8	147	4	5489	10.2
Valid responses =	14336	27	35684	66	3532	7	54060	97.8

Invalid responses include no response.

82A) Do you have any of the following?

Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12375	85	30645	85	2237	63	45585	83.2
2 Yes	2182	15	5572	15	1326	37	9236	16.8
Valid responses =	14557	27	36217	66	3563	6	54821	99.1

Invalid responses include no response.

82B) Do you have any of the following?

Autism Spectrum Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14006	96	35427	98	2770	78	52602	96.1
2 Yes	518	4	731	2	782	22	2113	3.9
Valid responses =	14524	27	36158	66	3552	6	54715	99.0

Invalid responses include no response.

82C) Do you have any of the following?

Deaf/Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14094	97	35458	98	3423	96	53443	97.8
2 Yes	402	3	632	2	132	4	1180	2.2
Valid responses =	14496	27	36090	66	3555	7	54623	98.8

Invalid responses include no response.

82D) Do you have any of the following?

Learning disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13908	96	34143	95	3113	88	51596	94.7
2 Yes	556	4	1822	5	431	12	2859	5.3
Valid responses =	14464	27	35965	66	3544	7	54455	98.5

Invalid responses include no response.

82E) Do you have any of the following?

Mobility/Dexterity disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14363	99	35707	99	3356	94	53888	98.6
2 Yes	158	1	412	1	202	6	791	1.4
Valid responses =	14521	27	36119	66	3558	7	54679	98.9

Invalid responses include no response.

82F) Do you have any of the following?

Blind/Low Vision

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13935	96	34551	96	3375	95	52317	95.8
2 Yes	553	4	1509	4	183	5	2272	4.2
Valid responses =	14488	27	36060	66	3558	7	54589	98.7

Invalid responses include no response.

82G) Do you have any of the following?

Speech or language disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14278	99	35792	99	3467	98	54000	98.9
2 Yes	201	1	284	1	89	3	590	1.1
Valid responses =	14479	27	36076	66	3556	7	54590	98.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS
 September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

83) Are you currently or have you been a member of the Armed Services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13965	96	35980	99	3538	99	53972	98.1
2 Yes, have served in area of hazardous duty	286	2	90	0	24	1	407	0.7
3 Yes, have not served in area hazardous duty	335	2	258	1	24	1	624	1.1
Valid responses =	14586	27	36328	66	3586	7	55003	99.5

Invalid responses include no response.

84) What is the highest level of education completed by either of your parents (or guardians)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	535	4	1646	5	91	3	2286	4.2
2 High school diploma or GED	2371	16	6053	17	487	14	8976	16.3
3 Attended college but no degree	1083	7	3283	9	324	9	4737	8.6
4 Associate's degree	1170	8	3195	9	245	7	4644	8.4
5 Bachelor's degree	4216	29	10077	28	999	28	15442	28.1
6 Master's degree	3349	23	8100	22	934	26	12494	22.7
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	1659	11	3558	10	458	13	5743	10.4
8 Don't know	214	2	437	1	53	2	720	1.3
Valid responses =	14597	27	36349	66	3591	7	55042	99.5

Invalid responses include no response.

85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14137	97	34653	95	3518	98	52798	96.0
2 Yes	456	3	1681	5	72	2	2226	4.0
Valid responses =	14593	27	36334	66	3590	7	55024	99.5

Invalid responses include no response.

HT_INCH Height in Inches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	0	0	0	0	0	0.0
3 49 to 60 Inches	8	0	2026	6	165	5	2219	4.1
4 61 to 72 Inches	11044	77	33780	94	3245	92	48470	89.1
5 73 to 84 Inches	3360	23	145	0	131	4	3670	6.7
6 85 or More Inches	11	0	7	0	3	0	24	0.0
Valid responses =	14423	27	35958	66	3544	7	54383	98.4

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.05	0.02	0.06	0	0.48
Cis Women	0.05	0.03	0.06	0	0.50
Trans/Gender Non-conforming	0.04	0.02	0.05	0	0.44
Overall	0.05	0.03	0.06	0	0.50

BAC Estimated Blood Alcohol Content

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	3260	37	7180	30	779	36	11315	32.2
1 .01 to .05% Alcohol	3047	35	9566	40	873	40	13575	38.6
2 .06 to .07% Alcohol	668	8	1905	8	156	7	2752	7.8
3 .08 to .09% Alcohol	504	6	1476	6	95	4	2091	5.9
4 .10 to .15% Alcohol	845	10	2430	10	190	9	3487	9.9
5 .16 to .20% Alcohol	269	3	751	3	65	3	1096	3.1
6 .21 to .25% Alcohol	110	1	314	1	16	1	443	1.3
7 .26 to .30% Alcohol	52	1	148	1	7	0	207	0.6
8 .31 to .49% Alcohol	52	1	117	1	8	0	177	0.5
Valid responses =	8807	25	23887	68	2189	6	35143	63.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	6975	79	18651	78	1808	83	27642	78.7
1 .08% or higher	1832	21	5236	22	381	17	7501	21.3
Valid responses =	8807	25	23887	68	2189	6	35143	63.6

Invalid responses include no response.

RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	7479	85	20127	84	1903	87	29733	84.6
1 .1% or higher	1328	15	3760	16	286	13	5410	15.4
Valid responses =	8807	25	23887	68	2189	6	35143	63.6

Invalid responses include no response.

BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Cis Men	24.94	24.00	5.23	8	66
Cis Women	24.80	23.00	6.03	8	76
Trans/Gender Non-conforming	25.59	24.00	6.87	9	66
Overall	24.89	23.00	5.89	8	76

RBMI Body Mass Index Classifications

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	664	5	2128	6	262	8	3096	5.8
2 Desired weight (18.5- 24.9)	7819	54	20670	58	1760	51	30483	56.7
3 Overweight (25- 29.9)	3909	27	7040	20	717	21	11748	21.8
4 Class I obesity (30- 34.9)	1255	9	3239	9	401	12	4932	9.2
5 Class II obesity (35- 39.9)	476	3	1396	4	180	5	2084	3.9
6 Class III obesity (>=40)	243	2	1034	3	161	5	1449	2.7
Valid responses =	14366	27	35507	66	3481	6	53792	97.3

Invalid responses include no response.

USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Cis Men	1.93	1.00	2.19	0	6
Cis Women	2.24	2.00	2.25	0	6
Trans/Gender Non-conforming	2.71	2.00	2.37	0	6
Overall	2.19	1.00	2.25	0	6

RUSDAFI USDA Food Security Category

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	2855	20	8518	24	1146	32	12654	23.1
2 Low food security (2-4)	3504	24	9837	27	939	26	14419	26.4
3 High or marginal food security (0-1)	8100	56	17747	49	1478	42	27592	50.5
Valid responses =	14459	26	36102	66	3563	7	54665	98.9

Invalid responses include no response.

KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Cis Men	7.64	7.00	5.19	0	24
Cis Women	8.95	8.00	5.22	0	24
Trans/Gender Non-conforming	11.99	12.00	5.17	0	24
Overall	8.82	8.00	5.31	0	24

RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-4)	4646	32	7904	22	267	8	12897	23.7
2 Moderate psychological distress (5-12)	7375	51	19449	54	1675	47	28753	52.9
3 Serious psychological distress (13-24)	2413	17	8553	24	1604	45	12749	23.4
Valid responses =	14434	27	35906	66	3546	7	54399	98.4

Invalid responses include no response.

ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.52	6.00	1.93	3	9
Cis Women	5.59	6.00	1.86	3	9
Trans/Gender Non-conforming	6.36	6.00	1.87	3	9
Overall	5.63	6.00	1.89	3	9



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

RULS3 Recoded UCLA Loneliness Scale

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	7186	49	17229	47	1121	31	25720	46.7
2 Positive for loneliness (6-9)	7405	51	19125	53	2467	69	29336	53.3
Valid responses =	14591	27	36354	66	3588	7	55056	99.6

Invalid responses include no response.

SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.23	4.00	3.03	3	18
Cis Women	5.48	4.00	3.16	3	18
Trans/Gender Non-conforming	8.48	8.00	3.83	3	18
Overall	5.63	4.00	3.28	3	18

RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	10849	75	25612	71	1239	35	37943	69.1
2 Positive for suicidal screening (7-18)	3712	26	10645	29	2329	65	16954	30.9
Valid responses =	14561	27	36257	66	3568	6	54897	99.3

Invalid responses include no response.

DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Cis Men	43.92	46.00	9.22	8	56
Cis Women	44.90	47.00	8.34	8	56
Trans/Gender Non-conforming	40.05	41.00	9.36	8	56
Overall	44.29	46.00	8.75	8	56

CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.19	6.00	1.56	0	8
Cis Women	5.93	6.00	1.55	0	8
Trans/Gender Non-conforming	5.32	5.00	1.71	0	8
Overall	5.95	6.00	1.58	0	8

SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	8.36	5.00	8.68	0	31
Cis Women	8.39	5.00	8.85	0	31
Trans/Gender Non-conforming	8.47	5.00	8.91	0	31
Overall	8.39	5.00	8.81	0	31

TOBACCORISK ASSIST Tobacco Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	2203	46	5284	46	504	44	8057	45.8
2 Moderate Risk (4-26)	2394	50	5710	50	594	51	8780	50.0
3 High Risk (27-39)	188	4	491	4	57	5	740	4.2
Valid responses =	4785	27	11485	65	1155	7	17577	31.8

Invalid responses include no response.

SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	7.02	5.00	6.43	0	39
Cis Women	6.81	5.00	5.93	0	39
Trans/Gender Non-conforming	6.75	5.00	6.4	0	38
Overall	6.85	5.00	6.09	0	39

ALCOHOLRISK ASSIST Alcohol Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	7404	80	20062	82	1983	82	29726	81.3
2 Moderate Risk (11-26)	1598	17	4147	17	393	16	6183	16.9
3 High Risk (27-39)	215	2	377	2	55	2	652	1.8
Valid responses =	9217	25	24586	67	2431	7	36561	66.1

Invalid responses include no response.

SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	7.26	4.00	8.38	0	39
Cis Women	6.29	4.00	7.29	0	39
Trans/Gender Non-conforming	8.90	6.00	8.89	0	38
Overall	6.76	4.00	7.77	0	39



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023

FREQUENCY REPORT

Number of Surveys (n) = 55292 Web Surveys

CANNABIRISK ASSIST Cannabis Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	2781	48	7505	49	697	36	11086	47.8
2 Moderate Risk (4-26)	2722	47	7327	48	1098	57	11266	48.6
3 High Risk (27-39)	276	5	421	3	120	6	830	3.6
Valid responses =	5779	25	15253	66	1915	8	23182	41.9

Invalid responses include no response.

SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.15	0.00	5.96	0	36
Cis Women	2.65	0.00	4.84	0	36
Trans/Gender Non-conforming	3.79	0.00	7.06	0	36
Overall	2.94	0.00	5.49	0	36

COCAINERISK ASSIST Cocaine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	706	77	1351	78	143	72	2214	76.8
2 Moderate Risk (4-26)	191	21	373	21	50	25	623	21.6
3 High Risk (27-39)	18	2	17	1	5	3	44	1.5
Valid responses =	915	32	1741	60	198	7	2881	5.2

Invalid responses include no response.

SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	4.82	0.00	8.96	0	33
Cis Women	3.15	0.00	5.96	0	34
Trans/Gender Non-conforming	7.05	0.00	11.04	0	38
Overall	4.21	0.00	7.97	0	38

METHRISK ASSIST Methamphetamine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	132	69	233	72	34	59	402	69.3
2 Moderate Risk (4-26)	44	23	84	26	18	31	146	25.2
3 High Risk (27-39)	16	8	7	2	6	10	32	5.5
Valid responses =	192	33	324	56	58	10	580	1.0

Invalid responses include no response.

SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.68	0.00	5.56	0	36
Cis Women	2.05	0.00	4.24	0	34
Trans/Gender Non-conforming	3.34	2.00	5.95	0	34
Overall	2.47	0.00	5.07	0	36

INHALANTRISK ASSIST Inhalant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	575	81	881	84	192	74	1675	81.2
2 Moderate Risk (4-26)	122	17	164	16	59	23	351	17.0
3 High Risk (27-39)	16	2	10	1	7	3	36	1.7
Valid responses =	713	35	1055	51	258	13	2062	3.7

Invalid responses include no response.

SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.40	0.00	4.92	0	33
Cis Women	2.57	0.00	4.84	0	35
Trans/Gender Non-conforming	4.13	0.00	7.21	0	36
Overall	2.67	0.00	5.17	0	36

RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1015	81	1785	77	212	69	3040	77.5
2 Moderate Risk (4-26)	225	18	520	22	82	27	835	21.3
3 High Risk (27-39)	16	1	15	1	12	4	47	1.2
Valid responses =	1256	32	2320	59	306	8	3922	7.1

Invalid responses include no response.

SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.94	0.00	6.14	0	34
Cis Women	3.10	0.00	5.69	0	35
Trans/Gender Non-conforming	4.80	0.00	8.2	0	34
Overall	3.25	0.00	6.18	0	35



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2023
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
 FREQUENCY REPORT
 Number of Surveys (n) = 55292 Web Surveys

SEDATIVERISK ASSIST Sedative Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	551	78	1095	74	152	66	1815	73.9
2 Moderate Risk (4-26)	139	20	371	25	66	29	584	23.8
3 High Risk (27-39)	18	3	22	2	13	6	56	2.3
Valid responses =	708	29	1488	61	231	9	2455	4.4

Invalid responses include no response.

SSISHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.47	0.00	4.38	0	35
Cis Women	2.06	0.00	3.68	0	34
Trans/Gender Non-conforming	3.35	2.00	5.47	0	37
Overall	2.36	0.00	4.24	0	37

HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1428	78	2359	80	390	70	4225	78.1
2 Moderate Risk (4-26)	377	21	587	20	158	28	1136	21.0
3 High Risk (27-39)	19	1	13	0	10	2	47	0.9
Valid responses =	1824	34	2959	55	558	10	5408	9.8

Invalid responses include no response.

SSISHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	7.74	3.00	11.18	0	34
Cis Women	3.58	0.00	6.62	0	34
Trans/Gender Non-conforming	10.12	6.00	12.66	0	34
Overall	6.04	2.00	9.78	0	34

HEROINRISK ASSIST Heroin Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	61	55	116	66	19	45	196	59.0
2 Moderate Risk (4-26)	32	29	53	30	13	31	99	29.8
3 High Risk (27-39)	18	16	6	3	10	24	37	11.1
Valid responses =	111	33	175	53	42	13	332	0.6

Invalid responses include no response.

SSISRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.55	0.00	6.06	0	36
Cis Women	2.10	0.00	4.65	0	37
Trans/Gender Non-conforming	4.39	0.00	8.45	0	34
Overall	2.54	0.00	5.8	0	37

RXOPIOIDRISK ASSIST Opioid Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	483	82	786	81	131	75	1416	80.5
2 Moderate Risk (4-26)	90	15	175	18	32	18	301	17.1
3 High Risk (27-39)	15	3	11	1	12	7	42	2.4
Valid responses =	588	33	972	55	175	10	1759	3.2

Invalid responses include no response.

SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	10.05	6.00	10.84	0	39
Cis Women	7.98	6.00	8.67	0	37
Trans/Gender Non-conforming	12.65	11.00	12.29	0	39
Overall	9.58	6.00	10.28	0	39

OTHERSSISRISK ASSIST Other Drug Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	52	41	73	43	20	39	147	41.1
2 Moderate Risk (4-26)	56	44	87	51	23	44	168	46.9
3 High Risk (27-39)	20	16	11	6	9	17	43	12.0
Valid responses =	128	36	171	48	52	15	358	0.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
Reference Group Data Report - Spring 2023

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

UNDERGRADUATE STUDENTS

September 6, 2023
FREQUENCY REPORT
Number of Surveys (n) = 55292 Web Surveys

PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Cis Men	559.26	360.00	638.74	0	9000
Cis Women	456.44	270.00	619.51	0	11040
Trans/Gender Non-conforming	359.94	200.00	546.46	0	9000
Overall	477.58	300.00	624	0	11040

PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3361	23	11014	31	1363	39	15911	29.2
2 Yes	11136	77	24935	69	2166	61	38599	70.8
Valid responses =	14497	27	35949	66	3529	6	54510	98.6

Invalid responses include no response.

PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6565	45	21363	59	2613	74	30890	56.7
2 Yes	7930	55	14585	41	915	26	23615	43.3
Valid responses =	14495	27	35948	66	3528	6	54505	98.6

Invalid responses include no response.

HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7870	54	24334	68	2827	80	35422	65.0
2 Yes	6625	46	11614	32	701	20	19083	35.0
Valid responses =	14495	27	35948	66	3528	6	54505	98.6

Invalid responses include no response.

References

¹ Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.

The following questions about guns/firearms require an opt-in on the part of the campus. The firearm questions were included in the ACHA-NCHA at 20 schools.

86A) Do you have access to a gun/firearm?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1916	79	4746	85	419	90	7138	83.6
2 Yes	509	21	831	15	47	10	1404	16.4
Valid responses =	2425	28	5577	65	466	0	8542	15.4

Invalid responses include no response.

86B) During the last 30 days, on how many days did you carry a gun/firearm on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	2367	99	5459	100	455	100	8349	99.4
2 1-2 days	7	0	4	0	0	0	12	0.1
3 3-4 days	1	0	2	0	0	0	3	0.0
4 5-30 days	20	1	11	0	0	0	33	0.4
Valid responses =	2395	29	5476	65	455	5	8397	15.2

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	0.16	0.00	1.93	0	30
Cis Female	0.04	0.00	1.02	0	30
Trans/Gender Non-conforming	0.00	0.00	0	0	0
Overall	0.08	0.00	1.4	0	30

86C) To what extent are you concerned about gun violence on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all concerned	1027	42	1389	25	56	12	2491	29.1
2 Slightly concerned	787	32	1853	33	160	34	2821	33.0
3 Moderately concerned	400	17	1361	24	139	30	1923	22.5
4 Very concerned	143	6	600	11	68	15	818	9.6
5 Extremely concerned	72	3	381	7	44	9	500	5.8
Valid responses =	2429	28	5584	65	467	5	8553	15.5

Invalid responses include no response.