



# UNDERGRADUATE STUDENT Reference Group\*

## Data Report

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## Spring 2020

**\*Due to the COVID-19 pandemic, schools that began data collection after March 16, 2020 were not included in the reference group**

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

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AMERICAN COLLEGE HEALTH ASSOCIATION

### Demographics of Participating Institutions

One hundred six postsecondary institutions self-selected to participate in the Spring 2020 ACHA National College Health Assessment and 69,004 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all students or used a random sampling technique, and used the ACHA-NCHA III (currently only offered as a web survey) are included in the analysis, yielding a final data set consisting of 50,307 students at 75 schools. **This report includes only data from 39,602 UNDERGRADUATE students at 75 schools.** Demographic characteristics of the 75 campuses follow.

<b>Demographical Characteristics of the 75 US Postsecondary Institutions Included in the Spring 2020 ACHA-NCHA III UNDERGRADUATE Reference Group</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
Type of Institution	
Public	52
Private	23
2-year	4
4-year or above	71
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	19
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	16
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX, VA, WV)	23
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	17
Campus Size	
< 2,500 students	9
2,500 – 4,999 students	16
5,000 – 9,999 students	13
10,000 – 19,999 students	15
20,000 students or more	22
Campus Setting	
Very large city (population over 500,000)	14
Large city (population 250,000-499,999)	7
Small city (population 50,000-249,999)	25
Large town (population 10,000-49,999)	24
Small town (population 2,500-9,999)	5
Rural community (population under 2,500)	0
Carnegie Classification	
Associates Colleges	4
Baccalaureate Colleges	14
Baccalaureate/Associates Colleges	0
Masters Colleges and Universities	17
Doctoral Universities	39
Special Focus Institutions	1
Miscellaneous/Not Classified	0

<b>Demographical Characteristics of the 75 US Postsecondary Institutions Included in the Spring 2020 ACHA-NCHA III UNDERGRADUATE Reference Group</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
ACHA Membership Status	
Institutional Member	71
Nonmember	4
Religious Affiliation	
No	67
Yes	8
<u>If yes:</u>	
Catholic	4
Protestant or Other Christian	4
Postsecondary Minority Institution (US Department of Education)	
No	66
Yes	9
<u>*If yes:</u>	
Postsecondary Minority Institution	0
Historically Black College or University (HBCU)	0
High Hispanic Enrollment	2
Hispanic-serving Institution (HSI)	5
Tribal College or University	0
Predominately Black Institution	0
Asian American and Native American Pacific Islander-serving	0
Alaska Native-serving or Native Hawaiian-serving Institution	0
Native American-serving Nontribal Institution	2
*institutions may hold more than one type of minority status	

<b>UNDERGRADUATE STUDENTS</b>	<b>Spring 2020 Institutions</b>
Number of institutions	75
Number of students	39,602
Mean response proportion*	14%
Median response proportion*	13%

\*Calculation of response proportion is based all students surveyed at the institution, and not limited to only undergraduate student responses.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
Institutional Data Report - Spring 2020

UNDERGRADUATE STUDENTS

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 6, 2021  
FREQUENCY REPORT  
Number of Surveys (n) =

39602 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. **Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.**

**A note about the use of sex and gender in this report:**

Survey responses are reported by sex based on the responses to questions 67A, 67B, and 67C. For the purpose of the ACHA-NCHA report documents, respondents are reported as male or female only when their responses to these three questions are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either male or female. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as non-binary. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as male or female. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as non-binary. A respondent that skips any of the three questions is designated as unknown. Only 3 of the 4 categories are displayed in this report. Respondents categorized as non-binary are included in the Total column, but are not presented in a separate column. When the Total of any given row is higher than the sum of the male, female, and unknown respondents, the difference can be attributed to non-binary respondents that selected the response option presented in that row.

**1) How would you describe your overall health?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Excellent	2181	20	2648	10	14	13	4942	12.8	
2 Very good	4938	44	10691	42	42	39	16133	41.8	
3 Good	3128	28	9650	37	37	35	13424	34.8	
4 Fair	764	7	2496	10	12	11	3546	9.2	
5 Poor	146	1	307	1	2	2	507	1.3	
Valid responses =	11157	29	25792	67	107	0	38552	97.3	

Invalid responses include no response.

**2A) I feel that I belong at my college/university.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	256	2	452	2	3	3	745	1.9	
2 Disagree	298	3	668	3	8	7	1050	2.7	
3 Somewhat disagree	560	5	1287	5	7	6	2005	5.1	
4 Somewhat agree	2127	19	5019	19	26	23	7554	19.3	
5 Agree	5004	44	11953	46	45	41	17618	45.0	
6 Strongly agree	3141	28	6758	26	22	20	10186	26.0	
Valid responses =	11386	29	26137	67	111	0	39158	98.9	

Invalid responses include no response.

**2B) I feel that students' health and well-being is a priority at my college/university.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	298	3	583	2	5	5	954	2.4	
2 Disagree	576	5	1429	6	12	11	2193	5.6	
3 Somewhat disagree	947	8	2623	10	7	6	3805	9.7	
4 Somewhat agree	3562	31	8542	33	29	26	12608	32.3	
5 Agree	4220	37	9499	36	42	38	14213	36.4	
6 Strongly agree	1760	16	3404	13	16	14	5301	13.6	
Valid responses =	11363	29	26080	67	111	0	39074	98.7	

Invalid responses include no response.

**2C) At my college/university, I feel that the campus climate encourages free and open discussion about students' health and well-being.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	180	2	354	1	2	2	576	1.5	
2 Disagree	384	3	941	4	10	9	1442	3.7	
3 Somewhat disagree	820	7	1975	8	11	10	3008	7.7	
4 Somewhat agree	3179	28	7758	30	31	28	11470	29.4	
5 Agree	4833	43	10746	41	38	34	16131	41.3	
6 Strongly agree	1950	17	4290	17	19	17	6417	16.4	
Valid responses =	11346	29	26064	67	111	0	39044	98.6	

Invalid responses include no response.



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## 2D) At my college/university, we are a campus where we look out for each other.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	277	2	504	2	5	5	829	2.1	
2 Disagree	598	5	1160	5	10	9	1903	4.9	
3 Somewhat disagree	1132	10	2491	10	14	13	3834	9.8	
4 Somewhat agree	3680	33	8831	34	23	21	13103	33.6	
5 Agree	4010	35	9429	36	36	33	13885	35.6	
6 Strongly agree	1631	14	3613	14	21	19	5432	13.9	
Valid responses =	11328	29	26028	67	109	0	38986	98.4	

Invalid responses include no response.

## 3A) How many hours do you spend in a typical week (7 days) on the following activities?

### Attending classes, discussion sections, or labs

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	70	1	154	1	1	1	229	0.6	
2 1-5 hours	556	5	1480	6	5	5	2113	5.4	
3 6-10 hours	1897	17	4852	19	21	19	7102	18.1	
4 11-15 hours	4053	36	8617	33	34	31	13271	33.9	
5 16-20 hours	3206	28	7296	28	34	31	10910	27.9	
6 21-25 hours	1078	10	2292	9	10	9	3484	8.9	
7 26-30 hours	345	3	872	3	3	3	1260	3.2	
8 More than 30 hours	190	2	568	2	3	3	792	2.0	
Valid responses =	11395	29	26131	67	111	0	39161	98.9	

Invalid responses include no response.

## 3B) How many hours do you spend in a typical week (7 days) on the following activities?

### Studying and other academic activities outside of class

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	92	1	125	1	2	2	229	0.6	
2 1-5 hours	2083	18	4462	17	21	19	6858	17.5	
3 6-10 hours	3523	31	8034	31	21	19	12043	30.8	
4 11-15 hours	2439	21	5822	22	24	22	8626	22.1	
5 16-20 hours	1619	14	3832	15	13	12	5671	14.5	
6 21-25 hours	831	7	1935	7	7	6	2876	7.4	
7 26-30 hours	371	3	980	4	10	9	1417	3.6	
8 More than 30 hours	428	4	906	4	13	12	1390	3.6	
Valid responses =	11386	29	26096	67	111	0	39110	98.8	

Invalid responses include no response.

## 3C) How many hours do you spend in a typical week (7 days) on the following activities?

### Attending cultural events, movies, concerts, sports or other entertainment with others

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	2419	21	4770	18	23	21	7563	19.3	
2 1-5 hours	6403	56	16590	64	64	58	23985	61.2	
3 6-10 hours	1694	15	3386	13	13	12	5250	13.4	
4 11-15 hours	538	5	871	3	5	5	1463	3.7	
5 16-20 hours	210	2	329	1	3	3	565	1.4	
6 21-25 hours	75	1	103	0	1	1	186	0.5	
7 26-30 hours	30	0	40	0	1	1	79	0.2	
8 More than 30 hours	26	0	42	0	0	0	70	0.2	
Valid responses =	11395	29	26131	67	110	0	39161	98.9	

Invalid responses include no response.

## 3D) How many hours do you spend in a typical week (7 days) on the following activities?

### Performing community service or volunteer activities

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	6700	59	12863	49	59	53	20547	52.5	
2 1-5 hours	3816	34	11122	43	36	32	15447	39.5	
3 6-10 hours	527	5	1478	6	7	6	2094	5.3	
4 11-15 hours	178	2	367	1	3	3	570	1.5	
5 16-20 hours	88	1	163	1	2	2	264	0.7	
6 21-25 hours	42	0	63	0	1	1	110	0.3	
7 26-30 hours	12	0	30	0	2	2	46	0.1	
8 More than 30 hours	23	0	42	0	1	1	68	0.2	
Valid responses =	11386	29	26128	67	111	0	39146	98.8	

Invalid responses include no response.



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### 3E) How many hours do you spend in a typical week (7 days) on the following activities?

#### Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	1962	17	6369	24	25	23	8877	22.7	
2 1-5 hours	4803	42	12972	50	53	48	18541	47.3	
3 6-10 hours	2919	26	4539	17	21	19	7677	19.6	
4 11-15 hours	959	8	1185	5	6	6	2200	5.6	
5 16-20 hours	428	4	577	2	3	3	1029	2.6	
6 21-25 hours	189	2	265	1	0	0	464	1.2	
7 26-30 hours	66	1	111	0	2	2	185	0.5	
8 More than 30 hours	73	1	108	0	0	0	186	0.5	
Valid responses =	11399	29	26126	67	110	0	39159	98.9	

Invalid responses include no response.

### 3F) How many hours do you spend in a typical week (7 days) on the following activities?

#### Participating in spiritual or religious activities

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	7649	67	17303	66	78	71	26197	67.0	
2 1-5 hours	2891	25	7463	29	21	19	10668	27.3	
3 6-10 hours	508	5	897	3	3	3	1440	3.7	
4 11-15 hours	186	2	246	1	1	1	445	1.1	
5 16-20 hours	78	1	102	0	6	6	197	0.5	
6 21-25 hours	35	0	39	0	0	0	75	0.2	
7 26-30 hours	11	0	29	0	1	1	44	0.1	
8 More than 30 hours	25	0	32	0	0	0	60	0.2	
Valid responses =	11383	29	26111	67	110	0	39126	98.8	

Invalid responses include no response.

### 3G) How many hours do you spend in a typical week (7 days) on the following activities?

#### Participating in student clubs or organizations

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	4553	40	9581	37	37	33	14741	37.7	
2 1-5 hours	4489	39	12057	46	45	41	17244	44.1	
3 6-10 hours	1468	13	3044	12	19	17	4723	12.1	
4 11-15 hours	459	4	846	3	4	4	1369	3.5	
5 16-20 hours	216	2	325	1	4	4	571	1.5	
6 21-25 hours	98	1	123	1	0	0	234	0.6	
7 26-30 hours	43	0	53	0	1	1	102	0.3	
8 More than 30 hours	62	1	80	0	1	1	145	0.4	
Valid responses =	11388	29	26109	67	111	0	39129	98.8	

Invalid responses include no response.

### 3H) How many hours do you spend in a typical week (7 days) on the following activities?

#### Socializing with friends

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	540	5	985	4	6	6	1608	4.1	
2 1-5 hours	3735	33	10099	39	46	42	14426	36.9	
3 6-10 hours	3525	31	8102	31	35	32	12141	31.0	
4 11-15 hours	1816	16	3667	14	14	13	5710	14.6	
5 16-20 hours	911	8	1666	6	6	6	2679	6.8	
6 21-25 hours	329	3	662	3	1	1	1037	2.7	
7 26-30 hours	174	2	266	1	1	1	458	1.2	
8 More than 30 hours	352	3	654	3	1	1	1056	2.7	
Valid responses =	11382	29	26101	67	110	0	39115	98.8	

Invalid responses include no response.

### 3I) How many hours do you spend in a typical week (7 days) on the following activities?

#### Partying

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	5910	52	14081	54	60	55	21020	53.8	
2 1-5 hours	3849	34	9251	36	37	34	13562	34.7	
3 6-10 hours	1058	9	2006	8	9	8	3154	8.1	
4 11-15 hours	334	3	492	2	1	1	850	2.2	
5 16-20 hours	120	1	137	1	1	1	265	0.7	
6 21-25 hours	55	1	43	0	2	2	103	0.3	
7 26-30 hours	10	0	22	0	0	0	36	0.1	
8 More than 30 hours	31	0	24	0	0	0	57	0.1	
Valid responses =	11367	29	26056	67	110	0	39047	98.6	

Invalid responses include no response.



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### 3J) How many hours do you spend in a typical week (7 days) on the following activities?

#### Spending time with family

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	5405	48	11150	43	52	48	17417	44.6	
2 1-5 hours	3663	32	8982	34	31	28	13079	33.5	
3 6-10 hours	1072	9	2854	11	9	8	4075	10.4	
4 11-15 hours	486	4	1146	4	4	4	1705	4.4	
5 16-20 hours	241	2	633	2	4	4	912	2.3	
6 21-25 hours	134	1	299	1	4	4	462	1.2	
7 26-30 hours	68	1	208	1	2	2	290	0.7	
8 More than 30 hours	283	3	805	3	3	3	1119	2.9	
Valid responses =	11352	29	26077	67	109	0	39059	98.6	

Invalid responses include no response.

### 3K) How many hours do you spend in a typical week (7 days) on the following activities?

#### Watching TV, streaming movies/TV, or other media for entertainment

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	598	5	1334	5	7	6	2037	5.2	
2 1-5 hours	4065	36	10668	41	45	41	15326	39.2	
3 6-10 hours	3315	29	7790	30	34	31	11567	29.6	
4 11-15 hours	1772	16	3487	13	12	11	5501	14.1	
5 16-20 hours	866	8	1567	6	7	6	2565	6.6	
6 21-25 hours	334	3	602	2	2	2	986	2.5	
7 26-30 hours	144	1	294	1	1	1	460	1.2	
8 More than 30 hours	296	3	376	1	1	1	698	1.8	
Valid responses =	11390	29	26118	67	109	0	39140	98.8	

Invalid responses include no response.

### 3L) How many hours do you spend in a typical week (7 days) on the following activities?

#### Gaming

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	3694	33	20625	79	58	54	25088	64.2	
2 1-5 hours	3688	32	3864	15	28	26	8011	20.5	
3 6-10 hours	1890	17	918	4	14	13	2996	7.7	
4 11-15 hours	1059	9	346	1	6	6	1506	3.9	
5 16-20 hours	510	5	181	1	2	2	749	1.9	
6 21-25 hours	220	2	72	0	0	0	317	0.8	
7 26-30 hours	111	1	36	0	0	0	162	0.4	
8 More than 30 hours	204	2	41	0	0	0	259	0.7	
Valid responses =	11376	29	26083	67	108	0	39088	98.7	

Invalid responses include no response.

### 3M) How many hours do you spend in a typical week (7 days) on the following activities?

#### Using social media

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	1171	10	938	4	14	13	2215	5.7	
2 1-5 hours	4811	42	10312	40	54	49	15743	40.2	
3 6-10 hours	2897	25	8092	31	24	22	11472	29.3	
4 11-15 hours	1254	11	3546	14	15	14	5026	12.8	
5 16-20 hours	673	6	1748	7	2	2	2523	6.4	
6 21-25 hours	280	3	737	3	0	0	1061	2.7	
7 26-30 hours	114	1	318	1	2	2	450	1.1	
8 More than 30 hours	195	2	438	2	0	0	670	1.7	
Valid responses =	11395	29	26129	67	111	0	39160	98.9	

Invalid responses include no response.

### 3N) How many hours do you spend in a typical week (7 days) on the following activities?

#### Commuting to school and/or to work

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	3208	28	8541	33	34	31	12290	31.4	
2 1-5 hours	6336	56	13544	52	52	48	20673	52.9	
3 6-10 hours	1269	11	2834	11	13	12	4303	11.0	
4 11-15 hours	351	3	651	3	5	5	1063	2.7	
5 16-20 hours	103	1	257	1	2	2	382	1.0	
6 21-25 hours	51	0	102	0	1	1	160	0.4	
7 26-30 hours	18	0	63	0	2	2	86	0.2	
8 More than 30 hours	47	0	98	0	0	0	146	0.4	
Valid responses =	11383	29	26090	67	109	0	39103	98.7	

Invalid responses include no response.

**3O) How many hours do you spend in a typical week (7 days) on the following activities?****Working for pay**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	5598	49	9965	38	39	36	16236	41.5	
2 1-5 hours	997	9	2673	10	19	18	3828	9.8	
3 6-10 hours	1328	12	4069	16	14	13	5662	14.5	
4 11-15 hours	1080	10	3087	12	15	14	4337	11.1	
5 16-20 hours	979	9	2683	10	7	7	3831	9.8	
6 21-25 hours	521	5	1414	5	5	5	2015	5.2	
7 26-30 hours	289	3	880	3	6	6	1226	3.1	
8 More than 30 hours	578	5	1308	5	3	3	1943	5.0	
Valid responses =	11370	29	26079	67	108	0	39078	98.7	

Invalid responses include no response.

**3P) How many hours do you spend in a typical week (7 days) on the following activities?****Participating in meditation or meditative activities**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	8547	75	19272	74	80	73	28960	74.3	
2 1-5 hours	2346	21	6096	23	20	18	8851	22.7	
3 6-10 hours	267	2	424	2	5	5	740	1.9	
4 11-15 hours	121	1	111	0	1	1	240	0.6	
5 16-20 hours	35	0	59	0	2	2	101	0.3	
6 21-25 hours	21	0	21	0	1	1	47	0.1	
7 26-30 hours	11	0	10	0	1	1	26	0.1	
8 More than 30 hours	16	0	13	0	0	0	31	0.1	
Valid responses =	11364	29	26006	67	110	0	38996	98.5	

Invalid responses include no response.

**3Q) How many hours do you spend in a typical week (7 days) on the following activities?****Performing unpaid household responsibilities**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	2820	25	5077	19	29	27	8220	21.0	
2 1-5 hours	6624	58	16044	61	58	53	23609	60.3	
3 6-10 hours	1356	12	3375	13	11	10	4969	12.7	
4 11-15 hours	345	3	846	3	5	5	1265	3.2	
5 16-20 hours	132	1	351	1	1	1	510	1.3	
6 21-25 hours	51	0	155	1	2	2	218	0.6	
7 26-30 hours	17	0	84	0	2	2	108	0.3	
8 More than 30 hours	43	0	189	1	1	1	240	0.6	
Valid responses =	11388	29	26121	67	109	0	39139	98.8	

Invalid responses include no response.

**3R) How many hours do you spend in a typical week (7 days) on the following activities?****Taking care of children or other family members (unpaid)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	10097	89	22321	86	89	82	33810	86.5	
2 1-5 hours	725	6	2075	8	10	9	2925	7.5	
3 6-10 hours	219	2	583	2	2	2	839	2.1	
4 11-15 hours	116	1	262	1	3	3	399	1.0	
5 16-20 hours	63	1	168	1	4	4	248	0.6	
6 21-25 hours	30	0	84	0	0	0	122	0.3	
7 26-30 hours	15	0	70	0	0	0	90	0.2	
8 More than 30 hours	106	1	510	2	1	1	636	1.6	
Valid responses =	11371	29	26073	67	109	0	39069	98.7	

Invalid responses include no response.

**4) How do you describe your weight?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Very underweight	161	1	150	1	3	3	342	0.9	
2 Slightly underweight	1746	15	2077	8	11	10	4036	10.2	
3 About the right weight	6106	53	14539	55	58	54	21384	54.2	
4 Slightly overweight	2957	26	8037	31	29	27	11548	29.3	
5 Very overweight	495	4	1507	6	6	6	2113	5.4	
Valid responses =	11465	29	26310	67	107	0	39423	99.5	

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2020

UNDERGRADUATE STUDENTS

American College Health Association

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December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

39602 Web Surveys

## 5) Are you trying to do any of the following about your weight?

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Not trying anything about my weight	2346	20	4707	18	22	20	7539	19.1		
2 Stay the same weight	2450	21	5458	21	28	25	8236	20.8		
3 Lose weight	4090	36	14864	56	48	43	19648	49.7		
4 Gain weight	2610	23	1358	5	13	12	4117	10.4		
Valid responses =	11496	29	26387	67	111	0	39540	99.8		

Invalid responses include no response.

## 6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 0 Minutes	467	4	817	3	2	2	1343	3.4		
1 1 to 149 Minutes	5518	48	13219	50	56	54	19579	49.8		
2 150 to 299 Minutes	2647	23	6079	23	22	21	9077	23.1		
3 300 or More Minutes	2810	25	6088	23	24	23	9282	23.6		
Valid responses =	11442	29	26203	67	104	0	39281	99.2		

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	221.33	120.00	323.57	0	5040
Female	220.75	120.00	339.11	0	5040
Overall	220.72	120.00	333.9	0	5040

## 7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 0 Minutes	2725	24	8924	34	28	26	12270	31.3		
1 1 to 74 Minutes	3295	29	7834	30	36	34	11667	29.7		
2 75 to 149 Minutes	1671	15	3548	14	15	14	5407	13.8		
3 150 or More Minutes	3746	33	5879	23	27	26	9918	25.3		
Valid responses =	11437	29	26185	67	106	0	39262	99.1		

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	146.13	60.00	220.09	0	3000
Female	104.35	40.00	190.57	0	3000
Overall	115.78	50.00	200.45	0	3000

## 8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 0 days	3443	30	10353	39	46	42	14632	37.0		
1 1 day	1328	12	3711	14	12	11	5231	13.2		
2 2 days	1527	13	4220	16	15	14	5977	15.1		
3 3 days	1750	15	3597	14	11	10	5518	14.0		
4 4 days	1260	11	1877	7	14	13	3227	8.2		
5 5 days	1149	10	1535	6	6	6	2746	6.9		
6 6 days	602	5	659	3	2	2	1300	3.3		
7 7 days	438	4	426	2	4	4	900	2.3		
Valid responses =	11497	29	26378	67	110	0	39531	99.8		

Invalid responses include no response.



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December 6, 2021  
 FREQUENCY REPORT  
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**9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?**  
 One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.  
 If you do not drink sugar-sweetened beverages, please enter 0.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	3946	35	8616	33	50	47	13091	33.4
2 1 serving	2137	19	5537	21	13	12	8045	20.5
3 2 servings	1669	15	3921	15	19	18	5834	14.9
4 3 servings	957	8	2415	9	5	5	3502	8.9
5 4 servings	581	5	1342	5	6	6	1995	5.1
6 5 servings	483	4	1138	4	2	2	1685	4.3
7 6 servings	277	2	526	2	1	1	841	2.1
8 7 servings	276	2	829	3	1	1	1152	2.9
9 8 servings	169	2	323	1	1	1	514	1.3
10 9 or more servings	910	8	1567	6	8	8	2589	6.6
Valid responses =	11405	29	26214	67	106	0	39248	99.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	2.72	1.00	4.2	0	29
Female	2.51	1.00	3.8	0	29
Overall	2.58	1.00	3.93	0	29

**9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?**  
 (for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	8305	73	21715	83	87	82	31288	80.2
2 1-2 days	1320	12	2104	8	5	5	3572	9.2
3 3-4 days	557	5	780	3	4	4	1397	3.6
4 5-10 days	650	6	921	4	7	7	1647	4.2
5 11-15 days	165	2	190	1	2	2	378	1.0
6 16-20 days	137	1	153	1	1	1	308	0.8
7 21-25 days	66	1	78	0	0	0	150	0.4
8 26-30 days	126	1	123	1	0	0	267	0.7
Valid responses =	11326	29	26064	67	106	0	39007	98.5

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	1.63	0.00	4.65	0	30
Female	0.88	0.00	3.33	0	30
Overall	1.12	0.00	3.83	0	30

**10) In the last 7 days, how many servings of fruit did you eat on average per day?**  
 One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	2065	18	3494	13	23	21	5848	14.8
2 1-2 servings per day	7360	64	18013	68	64	59	26427	66.9
3 3-4 servings per day	1733	15	4207	16	19	18	6195	15.7
4 5-6 servings per day	246	2	521	2	2	2	803	2.0
5 More than 6 servings per day	75	1	137	1	0	0	225	0.6
Valid responses =	11479	29	26372	67	108	0	39498	99.7

Invalid responses include no response.

**11) In the last 7 days, how many servings of vegetables did you eat on average per day?**  
 One serving is 1/2 cup of fresh, frozen, or canned vegetables; 3/4 cup 100% vegetable juice; or 1 cup salad greens)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	1359	12	2594	10	11	10	4144	10.5
2 1-2 servings per day	6691	58	15652	59	58	53	23244	58.8
3 3-4 servings per day	2805	24	6827	26	33	30	10099	25.6
4 5-6 servings per day	479	4	1049	4	7	6	1596	4.0
5 More than 6 servings per day	150	1	262	1	1	1	436	1.1
Valid responses =	11484	29	26384	67	110	0	39519	99.8

Invalid responses include no response.

**12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.**  
 The food that I bought just didn't last, and I didn't have money to get more

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	6871	60	13959	53	54	51	21658	55.3
1 Sometimes True	3619	32	9420	36	47	44	13640	34.8
2 Often True	888	8	2778	11	6	6	3876	9.9
Valid responses =	11378	29	26157	67	107	0	39174	98.9

Invalid responses include no response.



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12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.  
I couldn't afford to eat balanced meals.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	6986	62	14189	54	53	50	21963	56.2
1 Sometimes True	3113	27	8305	32	38	36	11950	30.6
2 Often True	1258	11	3622	14	15	14	5190	13.3
Valid responses =	11357	29	26116	67	106	0	39103	98.7

Invalid responses include no response.

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	7649	67	16813	64	69	63	25376	64.2
1 Only 1 or 2 days	1735	15	4177	16	20	18	6198	15.7
2 Yes, some days, but not every day	1646	14	4350	17	17	16	6343	16.0
3 Yes, almost every day	459	4	1054	4	3	3	1615	4.1
Valid responses =	11489	29	26394	67	109	0	39532	99.8

Invalid responses include no response.

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	8797	77	19441	74	79	73	29308	74.1
1 Yes	2703	24	6957	26	30	28	10242	25.9
Valid responses =	11500	29	26398	67	109	0	39550	99.9

Invalid responses include no response.

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9377	82	20964	79	86	80	31495	79.6
1 Yes	2122	19	5438	21	22	20	8055	20.4
Valid responses =	11499	29	26402	67	108	0	39550	99.9

Invalid responses include no response.

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	1355	12	2386	9	7	6	3855	9.7
2 5-15 minutes	4214	37	8832	34	43	39	13507	34.2
3 16-30 minutes	3053	27	7528	29	36	33	11029	27.9
4 31 minutes - 1 hour	1930	17	5109	19	13	12	7424	18.8
5 over 1 hour	938	8	2545	10	10	9	3726	9.4
Valid responses =	11490	29	26400	67	109	0	39541	99.8

Invalid responses include no response.

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	149	1	273	1	0	0	452	1.1
2 4 hours	366	3	801	3	11	10	1246	3.1
3 5 hours	1289	11	3257	12	9	8	4773	12.1
4 6 hours	3194	28	7033	27	29	27	10680	27.0
5 7 hours	4002	35	8764	33	40	37	13276	33.6
6 8 hours	2064	18	4921	19	16	15	7244	18.3
7 9 hours	359	3	1084	4	3	3	1513	3.8
8 10 or more hours	75	1	278	1	1	1	377	1.0
Valid responses =	11498	29	26411	67	109	0	39561	99.9

Invalid responses include no response.

15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	117	1	217	1	0	0	349	0.9
2 4 hours	217	2	516	2	4	4	780	2.0
3 5 hours	525	5	1441	6	10	9	2056	5.2
4 6 hours	1253	11	3124	12	11	10	4543	11.5
5 7 hours	2240	20	5247	20	27	25	7805	19.7
6 8 hours	3646	32	7849	30	22	20	11922	30.1
7 9 hours	2478	22	5489	21	26	24	8347	21.1
8 10 or more hours	1017	9	2520	10	8	7	3745	9.5
Valid responses =	11493	29	26403	67	108	0	39547	99.9

Invalid responses include no response.



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### 16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 0 days	6345	55	12683	48	58	54	19773	50.1	
2 1 day	2114	18	4922	19	14	13	7339	18.6	
3 2 days	1406	12	3991	15	12	11	5643	14.3	
4 3 days	707	6	2122	8	10	9	2977	7.5	
5 4 days	359	3	1008	4	6	6	1438	3.6	
6 5 days	237	2	732	3	3	3	1034	2.6	
7 6 days	90	1	295	1	1	1	406	1.0	
8 7 days	222	2	607	2	4	4	880	2.2	
Valid responses =	11480	29	26360	67	108	0	39490	99.7	

Invalid responses include no response.

### 16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 0 days	643	6	544	2	2	2	1216	3.1	
2 1 day	1132	10	1305	5	6	6	2512	6.4	
3 2 days	2064	18	3103	12	10	9	5324	13.5	
4 3 days	2049	18	4091	16	28	26	6373	16.1	
5 4 days	1452	13	3594	14	14	13	5228	13.2	
6 5 days	1510	13	4094	16	17	16	5845	14.8	
7 6 days	683	6	2227	8	11	10	3046	7.7	
8 7 days	1944	17	7410	28	19	18	9951	25.2	
Valid responses =	11477	29	26368	67	107	0	39495	99.7	

Invalid responses include no response.

### 16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 0 days	3974	35	7593	29	32	30	11943	30.2	
2 1 day	2896	25	6172	23	31	29	9429	23.9	
3 2 days	1640	14	4138	16	13	12	6032	15.3	
4 3 days	886	8	2481	9	8	7	3540	9.0	
5 4 days	554	5	1580	6	9	8	2214	5.6	
6 5 days	577	5	1522	6	5	5	2224	5.6	
7 6 days	247	2	805	3	3	3	1119	2.8	
8 7 days	709	6	2086	8	7	7	3003	7.6	
Valid responses =	11483	29	26377	67	108	0	39504	99.8	

Invalid responses include no response.

### 16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 0 days	1526	13	5369	20	17	16	7296	18.5	
2 1 day	1787	16	5554	21	17	16	7650	19.4	
3 2 days	2386	21	5439	21	23	21	8139	20.6	
4 3 days	1684	15	3525	13	16	15	5424	13.7	
5 4 days	1369	12	2523	10	16	15	4044	10.2	
6 5 days	1302	11	2088	8	6	6	3511	8.9	
7 6 days	790	7	1046	4	7	7	1911	4.8	
8 7 days	631	6	824	3	6	6	1513	3.8	
Valid responses =	11475	29	26368	67	108	0	39488	99.7	

Invalid responses include no response.

### 16E) On how many of the last 7 days did you: Take a nap?

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 0 days	4719	41	9919	38	38	35	15226	38.6	
2 1 day	2343	21	5404	21	21	19	8057	20.4	
3 2 days	1789	16	4376	17	19	17	6463	16.4	
4 3 days	1087	10	2762	11	11	10	4046	10.3	
5 4 days	597	5	1495	6	7	6	2202	5.6	
6 5 days	429	4	1072	4	7	6	1559	4.0	
7 6 days	161	1	474	2	1	1	667	1.7	
8 7 days	332	3	842	3	5	5	1228	3.1	
Valid responses =	11457	29	26344	67	109	0	39448	99.6	

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
**Institutional Data Report - Spring 2020**  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
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[www.acha.org](http://www.acha.org)

December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

### 16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Less than 30 minutes	1213	18	2557	16	15	21	3920	16.4	
2 Between 30 and 59 minutes	3169	48	7460	46	31	44	11081	46.3	
3 Between 60 and 119 minutes	1797	27	4768	29	20	29	6905	28.9	
4 2 hours or more	440	7	1475	9	4	6	2009	8.4	
Valid responses =	6619	28	16260	68	70	0	23915	60.4	

Invalid responses include no response.

### 17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not do this activity	6137	54	16605	63	54	51	23730	60.5	
2 Never	2548	22	4410	17	17	16	7201	18.4	
3 Rarely	672	6	1252	5	7	7	2010	5.1	
4 Sometimes	462	4	855	3	13	12	1400	3.6	
5 Most of the time	478	4	926	4	7	7	1465	3.7	
6 Always	1067	9	2155	8	9	8	3405	8.7	
Valid responses =	11364	29	26203	67	107	0	39211	99.0	

Invalid responses include no response.

### 17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not do this activity	9543	84	23206	89	84	79	34191	87.3	
2 Never	812	7	1123	4	7	7	2006	5.1	
3 Rarely	171	2	234	1	5	5	424	1.1	
4 Sometimes	143	1	192	1	4	4	353	0.9	
5 Most of the time	112	1	201	1	2	2	330	0.8	
6 Always	572	5	1207	5	5	5	1855	4.7	
Valid responses =	11353	29	26163	67	107	0	39159	98.9	

Invalid responses include no response.

### 17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not do this activity	9288	82	23535	90	84	79	34202	87.4	
2 Never	1495	13	1880	7	12	11	3558	9.1	
3 Rarely	218	2	241	1	2	2	485	1.2	
4 Sometimes	131	1	143	1	4	4	300	0.8	
5 Most of the time	72	1	86	0	2	2	163	0.4	
6 Always	136	1	261	1	3	3	420	1.1	
Valid responses =	11340	29	26146	67	107	0	39128	98.8	

Invalid responses include no response.

### 18A) When, if ever, was the last time you drove a car or other vehicle?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	594	5	1756	7	11	10	2560	6.5	
2 Within the last 2 weeks	7961	69	18026	68	62	57	26890	68.1	
3 More than 2 weeks but within 30 days	681	6	1563	6	10	9	2345	5.9	
4 More than 30 days but within 3 months	1422	12	3194	12	14	13	4847	12.3	
5 More than 3 months but within 12 months	539	5	1207	5	8	7	1862	4.7	
6 More than 12 months ago	270	2	603	2	3	3	962	2.4	
Valid responses =	11467	29	26349	67	108	0	39466	99.7	

Invalid responses include no response.

### 18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 Days	38	1	92	1	0	0	132	0.5	
1 1 to 4 Days	1969	25	4057	23	16	26	6275	23.4	
2 5 to 10 Days	2277	29	5256	29	19	31	7780	29.0	
3 11 to 14 Days	3661	46	8568	48	26	43	12627	47.1	
Valid responses =	7945	30	17973	67	61	0	26814	67.7	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	8.98	10.00	4.73	0	14
Female	9.21	10.00	4.67	0	14
Overall	9.12	10.00	4.7	0	14



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FREQUENCY REPORT  
Number of Surveys (n) =

39602 Web Surveys

### 18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 Days	3432	43	7724	43	29	48	11593	43.3	
1 1 to 4 Days	2038	26	4711	26	11	18	6987	26.1	
2 5 to 10 Days	1112	14	2809	16	8	13	4034	15.1	
3 11 to 14 Days	1347	17	2688	15	13	21	4140	15.5	
Valid responses =	7929	30	17932	67	61	0	26754	67.6	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	3.87	1.00	5.09	0	14
Female	3.74	1.00	4.91	0	14
Overall	3.76	1.00	4.96	0	14

### 18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No accidents	9520	90	21190	89	82	88	31885	88.9	
2 One accident	960	9	2467	10	8	9	3571	10.0	
3 Two accidents	91	1	262	1	3	3	379	1.1	
4 Three or more accidents	13	0	24	0	0	0	40	0.1	
Valid responses =	10584	30	23943	67	93	0	35875	90.6	

Invalid responses include no response.

### 19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner called me names, insulted me, or put me down to make me feel bad.

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	10452	91	23485	89	96	93	35394	89.9	
2 Yes	985	9	2826	11	7	7	3988	10.1	
Valid responses =	11437	29	26311	67	103	0	39382	99.4	

Invalid responses include no response.

### 19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	10791	94	24684	94	98	96	37012	94.0	
2 Yes	643	6	1629	6	4	4	2373	6.0	
Valid responses =	11434	29	26313	67	102	0	39385	99.5	

Invalid responses include no response.

### 19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11119	97	25641	98	99	97	38339	97.4	
2 Yes	305	3	670	3	3	3	1033	2.6	
Valid responses =	11424	29	26311	67	102	0	39372	99.4	

Invalid responses include no response.

### 19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11292	99	25388	98	99	98	38726	98.5	
2 Yes	121	1	439	2	2	2	602	1.5	
Valid responses =	11413	29	26281	67	101	0	39328	99.3	

Invalid responses include no response.

### 19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11220	98	25388	97	98	99	38153	97.1	
2 Yes	179	2	874	3	1	1	1139	2.9	
Valid responses =	11399	29	26262	67	99	0	39292	99.2	

Invalid responses include no response.



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December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

**20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was in a physical fight.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	10902	95	25935	99	98	95	38412	97.4	
2 Yes	558	5	408	2	5	5	1033	2.6	
Valid responses =	11460	29	26343	67	103	0	39445	99.6	

Invalid responses include no response.

**20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was physically assaulted (do not include sexual assault).**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11217	98	25938	98	97	93	38743	98.2	
2 Yes	250	2	421	2	7	7	728	1.8	
Valid responses =	11467	29	26359	67	104	0	39471	99.7	

Invalid responses include no response.

**20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was verbally threatened.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	9985	87	24021	91	88	86	35347	89.7	
2 Yes	1462	13	2289	9	14	14	4049	10.3	
Valid responses =	11447	29	26310	67	102	0	39396	99.5	

Invalid responses include no response.

**20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was sexually touched without my consent.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11115	97	23987	91	90	89	36574	92.8	
2 Yes	337	3	2322	9	11	11	2826	7.2	
Valid responses =	11452	29	26309	67	101	0	39400	99.5	

Invalid responses include no response.

**20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11378	99	25529	97	101	100	38489	97.6	
2 Yes	81	1	805	3	0	0	946	2.4	
Valid responses =	11459	29	26334	67	101	0	39435	99.6	

Invalid responses include no response.

**20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11371	99	25691	98	99	98	38652	98.1	
2 Yes	77	1	614	2	2	2	741	1.9	
Valid responses =	11448	29	26305	67	101	0	39393	99.5	

Invalid responses include no response.

**20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11239	98	24962	95	94	96	37723	95.8	
2 Yes	202	2	1345	5	4	4	1662	4.2	
Valid responses =	11441	29	26307	67	98	0	39385	99.5	

Invalid responses include no response.

**21A) How safe do you feel: On my campus (daytime)?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not safe at all	53	1	63	0	2	2	132	0.3	
2 Somewhat unsafe	118	1	355	1	3	3	524	1.3	
3 Somewhat safe	1443	13	4858	18	22	21	6699	17.0	
4 Very safe	9872	86	21073	80	79	75	32125	81.4	
Valid responses =	11486	29	26349	67	106	0	39480	99.7	

Invalid responses include no response.



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**FREQUENCY REPORT**  
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### 21B) How safe do you feel: On my campus (nighttime)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	111	1	869	3	2	2	1040	2.6
2 Somewhat unsafe	656	6	5685	22	20	19	6673	16.9
3 Somewhat safe	4660	41	14099	54	55	53	19541	49.6
4 Very safe	6034	53	5650	22	27	26	12149	30.8
Valid responses =	11461	29	26303	67	104	0	39403	99.5

Invalid responses include no response.

### 21C) How safe do you feel: In the community surrounding my campus (daytime)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	114	1	273	1	4	4	410	1.0
2 Somewhat unsafe	685	6	2262	9	12	12	3117	7.9
3 Somewhat safe	4284	37	12375	47	33	32	17448	44.2
4 Very safe	6393	56	11411	43	55	53	18466	46.8
Valid responses =	11476	29	26321	67	104	0	39441	99.6

Invalid responses include no response.

### 21D) How safe do you feel: In the community surrounding my campus (nighttime)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	699	6	3582	14	13	13	4473	11.3
2 Somewhat unsafe	2509	22	9652	37	25	24	12708	32.2
3 Somewhat safe	4973	43	10323	39	45	44	15982	40.5
4 Very safe	3304	29	2775	11	20	19	6300	16.0
Valid responses =	11485	29	26332	67	103	0	39463	99.6

Invalid responses include no response.

### 22A1) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6887	60	17485	66	68	65	25439	64.4
3 Yes	4583	40	8876	34	37	35	14039	35.6
Valid responses =	11470	29	26361	67	105	0	39478	99.7

Invalid responses include no response.

### 22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages (beer, wine, liquor, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3117	27	6181	24	40	38	9740	24.7
3 Yes	8342	73	20155	77	65	62	29700	75.3
Valid responses =	11459	29	26336	67	105	0	39440	99.6

Invalid responses include no response.

### 22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	6470	56	14910	57	64	63	22192	56.2
3 Yes	5009	44	11456	43	38	37	17296	43.8
Valid responses =	11479	29	26366	67	102	0	39488	99.7

Invalid responses include no response.





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**22A4) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Cocaine (coke, crack, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	10414	91	24648	94	95	91	36573	93.1
3 Yes	995	9	1595	6	9	9	2718	6.9
Valid responses =	11409	29	26243	67	104	0	39291	99.2

Invalid responses include no response.

**22A5) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	10099	88	23907	91	94	90	35465	89.9
3 Yes	1366	12	2427	9	10	10	3977	10.1
Valid responses =	11465	29	26334	67	104	0	39442	99.6

Invalid responses include no response.

**22A6) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	11328	99	26122	99	104	100	39068	99.1
3 Yes	126	1	207	1	0	0	358	0.9
Valid responses =	11454	29	26329	67	104	0	39426	99.6

Invalid responses include no response.

**22A7) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	10869	95	25572	97	99	96	37962	96.4
3 Yes	582	5	735	3	4	4	1434	3.6
Valid responses =	11451	29	26307	67	103	0	39396	99.5

Invalid responses include no response.

**22A8) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	10712	94	24933	95	94	92	37120	94.2
3 Yes	750	7	1374	5	8	8	2290	5.8
Valid responses =	11462	29	26307	67	102	0	39410	99.5

Invalid responses include no response.

**22A9) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9845	86	24096	92	92	91	35290	89.5
3 Yes	1625	14	2222	8	9	9	4140	10.5
Valid responses =	11470	29	26318	67	101	0	39430	99.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
Institutional Data Report - Spring 2020

UNDERGRADUATE STUDENTS

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 6, 2021  
FREQUENCY REPORT  
Number of Surveys (n) =

39602 Web Surveys

**22A10) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

### Heroin

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	11043	100	25308	100	92	99	37935	99.5
3 Yes	60	1	96	0	1	1	172	0.5
Valid responses =	11103	29	25404	67	93	0	38107	96.2

Invalid responses include no response.

**22A11) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)**  
*[Please report nonmedical use only.]*

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	10830	95	25384	97	97	95	37737	95.9
3 Yes	600	5	887	3	5	5	1601	4.1
Valid responses =	11430	29	26271	67	102	0	39338	99.3

Invalid responses include no response.

**22A12) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

### Other

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	9551	99	21184	99	84	100	32034	99.0
3 Yes	148	2	158	1	0	0	324	1.0
Valid responses =	9699	30	21342	66	84	0	32358	81.7

Invalid responses include no response.

**22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1260	28	2921	33	12	32	4364	31.2
2 Once or twice	1301	29	2817	32	12	32	4273	30.6
3 Monthly	446	10	767	9	1	3	1266	9.1
4 Weekly	556	12	847	10	6	16	1479	10.6
6 Daily or almost daily	997	22	1475	17	6	16	2583	18.5
Valid responses =	4560	33	8827	63	37	0	13965	35.3

Invalid responses include no response.

**22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Alcoholic beverages (beer, wine, liquor, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	476	6	1022	5	5	8	1607	5.5
2 Once or twice	1929	23	5563	28	15	23	7845	26.6
3 Monthly	1894	23	5149	26	24	37	7329	24.9
4 Weekly	3555	43	7762	39	18	28	11721	39.8
6 Daily or almost daily	433	5	471	2	3	5	950	3.2
Valid responses =	8287	28	19967	68	65	0	29452	74.4

Invalid responses include no response.

**22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1406	28	3321	29	12	32	4922	28.6
2 Once or twice	1372	28	3689	32	7	19	5281	30.7
3 Monthly	621	13	1626	14	8	22	2380	13.8
4 Weekly	763	15	1403	12	7	19	2295	13.3
6 Daily or almost daily	824	17	1361	12	3	8	2334	13.6
Valid responses =	4986	29	11400	66	37	0	17212	43.5

Invalid responses include no response.



**22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Cocaine (coke, crack, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	545	55	872	55	5	56	1498	55.5
2 Once or twice	339	34	561	35	2	22	932	34.5
3 Monthly	70	7	104	7	1	11	184	6.8
4 Weekly	28	3	36	2	0	0	66	2.4
6 Daily or almost daily	6	1	13	1	1	11	21	0.8
Valid responses =	988	37	1586	59	9	0	2701	6.8

Invalid responses include no response.

**22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	736	54	1287	53	6	60	2135	54.0
2 Once or twice	426	31	783	33	1	10	1248	31.6
3 Monthly	104	8	175	7	1	10	293	7.4
4 Weekly	48	4	99	4	1	10	159	4.0
6 Daily or almost daily	46	3	66	3	1	10	118	3.0
Valid responses =	1360	34	2410	61	10	0	3953	10.0

Invalid responses include no response.

**22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Methamphetamine (speed, crystal meth, ice, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	99	79	179	87	0	0	290	81.2
2 Once or twice	8	6	12	6	0	0	26	7.3
3 Monthly	10	8	9	4	0	0	23	6.4
4 Weekly	5	4	5	2	0	0	12	3.4
6 Daily or almost daily	3	2	2	1	0	0	6	1.7
Valid responses =	125	35	207	58	0	0	357	0.9

Invalid responses include no response.

**22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	326	56	403	55	2	50	788	55.2
2 Once or twice	187	32	272	37	2	50	502	35.2
3 Monthly	43	7	41	6	0	0	92	6.4
4 Weekly	18	3	13	2	0	0	37	2.6
6 Daily or almost daily	6	1	2	0	0	0	9	0.6
Valid responses =	580	41	731	51	4	0	1428	3.6

Invalid responses include no response.

**22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	494	66	781	57	2	29	1368	60.1
2 Once or twice	168	23	387	28	2	29	599	26.3
3 Monthly	47	6	89	7	1	14	147	6.5
4 Weekly	17	2	68	5	1	14	94	4.1
6 Daily or almost daily	21	3	41	3	1	14	70	3.1
Valid responses =	747	33	1366	60	7	0	2278	5.8

Invalid responses include no response.

**22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	880	54	1213	55	4	44	2237	54.3
2 Once or twice	616	38	874	40	3	33	1618	39.3
3 Monthly	98	6	103	5	1	11	215	5.2
4 Weekly	19	1	15	1	1	11	40	1.0
6 Daily or almost daily	6	0	6	0	0	0	12	0.3
Valid responses =	1619	39	2211	54	9	0	4122	10.4

Invalid responses include no response.



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December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

39602 Web Surveys

**22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Heroin**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	47	78	79	84	0	0	134	78.8
2 Once or twice	2	3	4	4	0	0	9	5.3
3 Monthly	3	5	3	3	0	0	8	4.7
4 Weekly	5	8	4	4	0	0	9	5.3
6 Daily or almost daily	3	5	4	4	1	100	10	5.9
Valid responses =	60	35	94	55	1	1	170	0.4

Invalid responses include no response.

**22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)**

[Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	480	80	646	73	2	40	1206	75.6
2 Once or twice	95	16	196	22	1	20	314	19.7
3 Monthly	13	2	25	3	2	40	43	2.7
4 Weekly	4	1	9	1	0	0	18	1.1
6 Daily or almost daily	7	1	7	1	0	0	15	0.9
Valid responses =	599	38	883	55	5	0	1596	4.0

Invalid responses include no response.

**22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**

**Other**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	57	39	53	34	0	0	121	37.8
2 Once or twice	25	17	32	20	0	0	57	17.8
3 Monthly	8	6	12	8	0	0	21	6.6
4 Weekly	13	9	11	7	0	0	24	7.5
6 Daily or almost daily	42	29	49	31	0	0	97	30.3
Valid responses =	145	45	157	49	0	0	320	0.8

Invalid responses include no response.

**22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you?**

(only includes students who have used this substance within the last 3 months)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	493	80	902	81	1	25	1449	80.1
1 Yes	106	17	187	17	3	75	308	17.0
99 Don't know	20	3	31	3	0	0	53	2.9
Valid responses =	619	34	1120	62	4	0	1810	4.6

Invalid responses include no response.



**22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this substance)**

Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	78	74	123	66	2	67	210	68.2
1 Yes	25	24	59	32	1	33	88	28.6
99 Don't know	3	3	5	3	0	0	10	3.2
Valid responses =	106	34	187	61	3	1	308	0.8

Invalid responses include no response.

**22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this substance)**

Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	79	75	134	72	1	33	223	72.4
1 Yes	27	26	47	25	1	33	77	25.0
99 Don't know	0	0	6	3	1	33	8	2.6
Valid responses =	106	34	187	61	3	1	308	0.8

Invalid responses include no response.

**22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	199	80	383	66	4	80	625	69.1
1 Yes	37	15	178	31	1	20	237	26.2
99 Don't know	14	6	21	4	0	0	42	4.6
Valid responses =	250	28	582	64	5	1	904	2.3

Invalid responses include no response.

**22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months: (only includes students who were prescribed this substance)**

Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	26	70	118	67	1	100	155	66.0
1 Yes	10	27	54	31	0	0	75	31.9
99 Don't know	1	3	4	2	0	0	5	2.1
Valid responses =	37	16	176	75	1	0	235	0.6

Invalid responses include no response.

**22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months: (only includes students who were prescribed this substance)**

Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	26	70	124	70	1	100	164	69.5
1 Yes	11	30	44	25	0	0	62	26.3
99 Don't know	0	0	9	5	0	0	10	4.2
Valid responses =	37	16	177	75	1	0	236	0.6

Invalid responses include no response.

**22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	67	57	128	54	2	67	215	55.4
1 Yes	45	38	105	45	1	33	161	41.5
99 Don't know	6	5	3	1	0	0	12	3.1
Valid responses =	118	30	236	61	3	1	388	1.0

Invalid responses include no response.

**22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)**

Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	23	51	76	72	1	100	103	64.0
1 Yes	20	44	23	22	0	0	50	31.1
99 Don't know	2	4	6	6	0	0	8	5.0
Valid responses =	45	28	105	65	1	1	161	0.4

Invalid responses include no response.



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**22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)**

**Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	30	67	74	71	0	0	108	67.5
1 Yes	12	27	24	23	1	100	41	25.6
99 Don't know	3	7	7	7	0	0	11	6.9
Valid responses =	45	28	105	66	1	1	160	0.4

Invalid responses include no response.

**22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1247	39	2338	41	8	32	3711	40.1
3 Once or twice	534	17	1074	19	4	16	1681	18.2
4 Monthly	193	6	314	6	4	16	537	5.8
5 Weekly	400	13	603	11	3	12	1050	11.3
6 Daily or almost daily	822	26	1356	24	6	24	2276	24.6
Valid responses =	3196	35	5685	61	25	0	9255	23.4

Invalid responses include no response.

**22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3557	47	7929	43	27	45	11936	44.5
3 Once or twice	1738	23	4829	27	11	18	6824	25.4
4 Monthly	743	10	2017	11	11	18	2888	10.8
5 Weekly	1224	16	2961	16	9	15	4347	16.2
6 Daily or almost daily	292	4	517	3	2	3	856	3.2
Valid responses =	7554	28	18253	68	60	0	26851	67.8

Invalid responses include no response.

**22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1463	42	3290	43	12	48	4958	42.1
3 Once or twice	708	21	1745	23	3	12	2582	21.9
4 Monthly	294	9	734	10	2	8	1095	9.3
5 Weekly	467	14	980	13	5	20	1537	13.0
6 Daily or almost daily	518	15	989	13	3	12	1618	13.7
Valid responses =	3450	29	7738	66	25	0	11790	29.8

Invalid responses include no response.

**22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Cocaine (coke, crack, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	292	66	437	63	1	25	750	63.4
3 Once or twice	91	21	142	20	1	25	242	20.5
4 Monthly	26	6	54	8	1	25	88	7.4
5 Weekly	24	6	46	7	0	0	75	6.3
6 Daily or almost daily	7	2	18	3	1	25	28	2.4
Valid responses =	440	37	697	59	4	0	1183	3.0

Invalid responses include no response.

**22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	387	62	622	56	1	25	1043	57.5
3 Once or twice	152	24	271	24	1	25	435	24.0
4 Monthly	32	5	73	7	0	0	112	6.2
5 Weekly	24	4	92	8	1	25	123	6.8
6 Daily or almost daily	27	4	63	6	1	25	100	5.5
Valid responses =	622	34	1121	62	4	0	1813	4.6

Invalid responses include no response.



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**22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
 (only includes students who have used this substance within the last 3 months)  
 Methamphetamine (speed, crystal meth, ice, etc.)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	9	38	8	30	0	0	22	34.4
3 Once or twice	4	17	5	19	0	0	11	17.2
4 Monthly	5	21	6	22	0	0	12	18.8
5 Weekly	3	13	6	22	0	0	13	20.3
6 Daily or almost daily	3	13	2	7	0	0	6	9.4
Valid responses =	24	38	27	42	0	0	64	0.2

Invalid responses include no response.

**22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
 (only includes students who have used this substance within the last 3 months)  
 Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	167	67	235	73	1	50	439	69.8
3 Once or twice	48	19	61	19	1	50	122	19.4
4 Monthly	14	6	13	4	0	0	33	5.2
5 Weekly	12	5	10	3	0	0	24	3.8
6 Daily or almost daily	8	3	3	1	0	0	11	1.7
Valid responses =	249	40	322	51	2	0	629	1.6

Invalid responses include no response.

**22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
 (only includes students who have used this substance within the last 3 months)  
 Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	139	55	272	47	1	20	438	48.3
3 Once or twice	58	23	156	27	1	20	227	25.1
4 Monthly	20	8	43	7	1	20	74	8.2
5 Weekly	18	7	61	11	1	20	93	10.3
6 Daily or almost daily	17	7	50	9	1	20	74	8.2
Valid responses =	252	28	582	64	5	1	906	2.3

Invalid responses include no response.

**22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
 (only includes students who have used this substance within the last 3 months)  
 Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	438	61	560	57	1	20	1071	58.1
3 Once or twice	181	25	283	29	1	20	499	27.1
4 Monthly	64	9	91	9	2	40	177	9.6
5 Weekly	31	4	33	3	1	20	75	4.1
6 Daily or almost daily	7	1	10	1	0	0	21	1.1
Valid responses =	721	39	977	53	5	0	1843	4.7

Invalid responses include no response.

**22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**  
 (only includes students who have used this substance within the last 3 months)  
 Heroin

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	3	27	1	7	0	0	5	14.7
3 Once or twice	1	9	1	7	0	0	3	8.8
4 Monthly	2	18	5	33	0	0	9	26.5
5 Weekly	1	9	6	40	1	100	8	23.5
6 Daily or almost daily	4	36	2	13	0	0	9	26.5
Valid responses =	11	32	15	44	1	3	34	0.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2020

UNDERGRADUATE STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

39602 Web

Surveys

**22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

*[Please report nonmedical use only.]*

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	75	63	129	55	0	0	216	55.7	
3 Once or twice	23	19	62	26	3	100	98	25.3	
4 Monthly	7	6	15	6	0	0	24	6.2	
5 Weekly	8	7	20	9	0	0	33	8.5	
6 Daily or almost daily	6	5	9	4	0	0	17	4.4	
Valid responses =	119	31	235	61	3	1	388	1.0	

Invalid responses include no response.

**22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

Other

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	38	45	46	47	0	0	85	44.7	
3 Once or twice	10	12	16	16	0	0	26	13.7	
4 Monthly	5	6	7	7	0	0	12	6.3	
5 Weekly	6	7	2	2	0	0	9	4.7	
6 Daily or almost daily	26	31	28	28	0	0	58	30.5	
Valid responses =	85	45	99	52	0	0	190	0.5	

Invalid responses include no response.

**22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**

**(only includes students who have used this substance within the last 3 months)**

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	2834	86	5056	86	20	80	8205	85.6	
4 Once or twice	268	8	432	7	1	4	734	7.7	
5 Monthly	64	2	132	2	2	8	211	2.2	
6 Weekly	69	2	168	3	0	0	255	2.7	
7 Daily or almost daily	56	2	109	2	2	8	175	1.8	
Valid responses =	3291	34	5897	62	25	0	9580	24.2	

Invalid responses include no response.

**22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**

**(only includes students who have used this substance within the last 3 months)**

Alcoholic beverages (beer, wine, liquor, etc.)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	6749	87	16556	88	51	85	24242	87.3	
4 Once or twice	772	10	1739	9	1	2	2606	9.4	
5 Monthly	144	2	350	2	5	8	523	1.9	
6 Weekly	101	1	223	1	2	3	343	1.2	
7 Daily or almost daily	26	0	35	0	1	2	64	0.2	
Valid responses =	7792	28	18903	68	60	0	27778	70.1	

Invalid responses include no response.

**22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**

**(only includes students who have used this substance within the last 3 months)**

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) *[Please report nonmedical use only.]*

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	3041	85	7198	89	20	80	10766	87.9	
4 Once or twice	332	9	542	7	2	8	936	7.6	
5 Monthly	78	2	152	2	0	0	248	2.0	
6 Weekly	78	2	104	1	1	4	195	1.6	
7 Daily or almost daily	37	1	62	1	2	8	108	0.9	
Valid responses =	3566	29	8058	66	25	0	12253	30.9	

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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 Silver Spring, MD 20910  
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[www.acha.org](http://www.acha.org)

December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

**22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
 (only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	391	89	635	90	2	50	1059	88.6
4 Once or twice	32	7	49	7	1	25	89	7.4
5 Monthly	8	2	14	2	0	0	23	1.9
6 Weekly	3	1	4	1	1	25	11	0.9
7 Daily or almost daily	7	2	6	1	0	0	13	1.1
Valid responses =	441	37	708	59	4	0	1195	3.0

Invalid responses include no response.

**22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
 (only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	577	93	1021	91	3	75	1659	91.6
4 Once or twice	24	4	61	5	0	0	91	5.0
5 Monthly	8	1	17	2	0	0	27	1.5
6 Weekly	6	1	12	1	0	0	18	1.0
7 Daily or almost daily	7	1	9	1	1	25	17	0.9
Valid responses =	622	34	1120	62	4	0	1812	4.6

Invalid responses include no response.

**22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
 (only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	13	50	13	46	0	0	32	47.8
4 Once or twice	2	8	6	21	0	0	10	14.9
5 Monthly	5	19	5	18	0	0	12	17.9
6 Weekly	3	12	2	7	0	0	7	10.4
7 Daily or almost daily	3	12	2	7	0	0	6	9.0
Valid responses =	26	39	28	42	0	0	67	0.2

Invalid responses include no response.

**22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
 (only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	234	92	314	96	1	50	597	93.4
4 Once or twice	7	3	4	1	0	0	15	2.3
5 Monthly	8	3	3	1	0	0	14	2.2
6 Weekly	3	1	5	2	1	50	9	1.4
7 Daily or almost daily	2	1	1	0	0	0	4	0.6
Valid responses =	254	40	327	51	2	0	639	1.6

Invalid responses include no response.

**22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?**  
 (only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	221	88	522	89	2	40	804	88.5
4 Once or twice	21	8	39	7	1	20	65	7.2
5 Monthly	5	2	14	2	0	0	21	2.3
6 Weekly	2	1	3	1	2	40	9	1.0
7 Daily or almost daily	3	1	6	1	0	0	9	1.0
Valid responses =	252	28	584	64	5	1	908	2.3

Invalid responses include no response.



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December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

39602 Web

Surveys

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	684	93	918	92	3	60	1724	91.7
4 Once or twice	43	6	58	6	0	0	118	6.3
5 Monthly	4	1	9	1	1	20	18	1.0
6 Weekly	2	0	7	1	0	0	12	0.6
7 Daily or almost daily	6	1	2	0	1	20	9	0.5
Valid responses =	739	39	994	53	5	0	1881	4.7

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	31	3	21	0	0	8	22.9
4 Once or twice	2	15	3	21	0	0	6	17.1
5 Monthly	4	31	4	29	0	0	9	25.7
6 Weekly	1	8	2	14	1	100	6	17.1
7 Daily or almost daily	2	15	2	14	0	0	6	17.1
Valid responses =	13	37	14	40	1	3	35	0.1

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	105	88	210	89	2	67	339	87.1
4 Once or twice	5	4	16	7	1	33	25	6.4
5 Monthly	2	2	2	1	0	0	8	2.1
6 Weekly	3	3	4	2	0	0	9	2.3
7 Daily or almost daily	4	3	4	2	0	0	8	2.1
Valid responses =	119	31	236	61	3	1	389	1.0

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	72	82	92	89	0	0	169	84.9
4 Once or twice	9	10	6	6	0	0	15	7.5
5 Monthly	4	5	0	0	0	0	5	2.5
6 Weekly	1	1	1	1	0	0	2	1.0
7 Daily or almost daily	2	2	5	5	0	0	8	4.0
Valid responses =	88	44	104	52	0	0	199	0.5

Invalid responses include no response.

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	6828	88	16570	88	52	88	24356	87.6
5 Once or twice	770	10	1952	10	5	9	2818	10.1
6 Monthly	122	2	246	1	1	2	388	1.4
7 Weekly	73	1	140	1	0	0	223	0.8
8 Daily or almost daily	11	0	18	0	1	2	30	0.1
Valid responses =	7804	28	18926	68	59	0	27815	70.2

Invalid responses include no response.



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December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

39602 Web

Surveys

**22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
**(only includes students who have used this substance within the last 3 months)**

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2955	83	7120	88	20	80	10576	86.2
5 Once or twice	420	12	684	9	2	8	1204	9.8
6 Monthly	96	3	130	2	2	8	239	1.9
7 Weekly	78	2	100	1	1	4	191	1.6
8 Daily or almost daily	25	1	33	0	0	0	61	0.5
Valid responses =	3574	29	8067	66	25	0	12271	31.0

Invalid responses include no response.

**22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
**(only includes students who have used this substance within the last 3 months)**

**Cocaine (coke, crack, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	407	92	655	92	2	50	1099	91.7
5 Once or twice	17	4	39	6	0	0	59	4.9
6 Monthly	12	3	10	1	0	0	24	2.0
7 Weekly	1	0	3	0	1	25	7	0.6
8 Daily or almost daily	4	1	5	1	1	25	10	0.8
Valid responses =	441	37	712	59	4	0	1199	3.0

Invalid responses include no response.

**22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
**(only includes students who have used this substance within the last 3 months)**

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	596	96	1069	95	3	75	1729	95.3
5 Once or twice	14	2	28	3	0	0	44	2.4
6 Monthly	8	1	11	1	0	0	22	1.2
7 Weekly	3	1	8	1	1	25	12	0.7
8 Daily or almost daily	3	1	4	0	0	0	7	0.4
Valid responses =	624	34	1120	62	4	0	1814	4.6

Invalid responses include no response.

**22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
**(only includes students who have used this substance within the last 3 months)**

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	11	44	13	46	0	0	29	43.9
5 Once or twice	1	4	6	21	0	0	8	12.1
6 Monthly	7	28	5	18	0	0	16	24.2
7 Weekly	3	12	3	11	0	0	8	12.1
8 Daily or almost daily	3	12	1	4	0	0	5	7.6
Valid responses =	25	38	28	42	0	0	66	0.2

Invalid responses include no response.

**22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
**(only includes students who were prescribed this substance)**

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	235	93	318	97	1	50	604	94.4
5 Once or twice	6	2	2	1	0	0	9	1.4
6 Monthly	10	4	4	1	0	0	17	2.7
7 Weekly	2	1	3	1	1	50	7	1.1
8 Daily or almost daily	1	0	1	0	0	0	3	0.5
Valid responses =	254	40	328	51	2	0	640	1.6

Invalid responses include no response.



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December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

**22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
 (only includes students who were prescribed this substance)

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	218	87	510	88	2	40	785	86.5
5 Once or twice	17	7	51	9	1	20	75	8.3
6 Monthly	7	3	14	2	1	20	27	3.0
7 Weekly	5	2	5	1	0	0	11	1.2
8 Daily or almost daily	5	2	3	1	1	20	9	1.0
Valid responses =	252	28	583	64	5	1	907	2.3

Invalid responses include no response.

**22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
 (only includes students who were prescribed this substance)

**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	679	92	927	93	3	60	1734	92.1
5 Once or twice	48	7	60	6	0	0	120	6.4
6 Monthly	6	1	4	0	1	20	14	0.7
7 Weekly	2	0	5	1	1	20	11	0.6
8 Daily or almost daily	3	0	1	0	0	0	4	0.2
Valid responses =	738	39	997	53	5	0	1883	4.8

Invalid responses include no response.

**22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
 (only includes students who were prescribed this substance)

**Heroin**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	23	3	20	0	0	7	19.4
5 Once or twice	2	15	3	20	0	0	7	19.4
6 Monthly	3	23	4	27	0	0	8	22.2
7 Weekly	2	15	2	13	1	100	8	22.2
8 Daily or almost daily	3	23	3	20	0	0	6	16.7
Valid responses =	13	36	15	42	1	3	36	0.1

Invalid responses include no response.

**22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
 (only includes students who were prescribed this substance)

**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	105	88	217	92	2	67	349	89.5
5 Once or twice	6	5	11	5	1	33	20	5.1
6 Monthly	3	3	3	1	0	0	8	2.1
7 Weekly	2	2	4	2	0	0	7	1.8
8 Daily or almost daily	3	3	2	1	0	0	6	1.5
Valid responses =	119	31	237	61	3	1	390	1.0

Invalid responses include no response.

**22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
 of you because of your use of the following substance(s)? (only includes students who were prescribed this substance)

**Other**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	74	84	95	91	0	0	174	87.4
5 Once or twice	9	10	7	7	0	0	16	8.0
6 Monthly	1	1	0	0	0	0	2	1.0
7 Weekly	3	3	0	0	0	0	3	1.5
8 Daily or almost daily	1	1	2	2	0	0	4	2.0
Valid responses =	88	44	104	52	0	0	199	0.5

Invalid responses include no response.

**22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

(only includes students who have ever used this substance)

**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3288	72	6945	79	29	81	10647	76.2
3 Yes, not in the past 3 months	514	11	787	9	0	0	1374	9.8
6 Yes, in the past 3 months	749	17	1104	13	7	19	1943	13.9
Valid responses =	4551	33	8836	63	36	0	13964	35.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
**Institutional Data Report - Spring 2020**  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
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[www.acha.org](http://www.acha.org)

December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

## 22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	7061	85	17988	90	59	92	26049	88.5
3 Yes, not in the past 3 months	599	7	1050	5	3	5	1771	6.0
6 Yes, in the past 3 months	609	7	921	5	2	3	1600	5.4
Valid responses =	8269	28	19959	68	64	0	29420	74.3

Invalid responses include no response.

## 22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4100	82	10164	90	32	89	14936	87.1
3 Yes, not in the past 3 months	472	10	655	6	3	8	1217	7.1
6 Yes, in the past 3 months	401	8	541	5	1	3	1002	5.8
Valid responses =	4973	29	11360	66	36	0	17155	43.3

Invalid responses include no response.

## 22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	860	87	1341	85	6	67	2303	85.3
3 Yes, not in the past 3 months	74	8	179	11	2	22	269	10.0
6 Yes, in the past 3 months	52	5	66	4	1	11	127	4.7
Valid responses =	986	37	1586	59	9	0	2699	6.8

Invalid responses include no response.

## 22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1245	92	2177	90	10	100	3577	90.6
3 Yes, not in the past 3 months	70	5	145	6	0	0	232	5.9
6 Yes, in the past 3 months	42	3	88	4	0	0	141	3.6
Valid responses =	1357	34	2410	61	10	0	3950	10.0

Invalid responses include no response.

## 22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	97	77	137	68	0	0	250	71.0
3 Yes, not in the past 3 months	22	18	56	28	0	0	82	23.3
6 Yes, in the past 3 months	7	6	9	5	0	0	20	5.7
Valid responses =	126	36	202	57	0	0	352	0.9

Invalid responses include no response.

## 22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	535	92	664	91	3	75	1298	91.0
3 Yes, not in the past 3 months	29	5	47	6	0	0	85	6.0
6 Yes, in the past 3 months	16	3	19	3	1	25	44	3.1
Valid responses =	580	41	730	51	4	0	1427	3.6

Invalid responses include no response.

## 22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	653	87	1153	85	5	71	1940	85.2
3 Yes, not in the past 3 months	63	8	147	11	0	0	230	10.1
6 Yes, in the past 3 months	32	4	64	5	2	29	106	4.7
Valid responses =	748	33	1364	60	7	0	2276	5.7

Invalid responses include no response.

**22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?****(only includes students who have ever used this substance)****Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1415	88	2001	91	7	78	3656	88.8
3 Yes, not in the past 3 months	133	8	157	7	0	0	324	7.9
6 Yes, in the past 3 months	70	4	48	2	2	22	135	3.3
Valid responses =	1618	39	2206	54	9	0	4115	10.4

Invalid responses include no response.

**22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?****(only includes students who have ever used this substance)****Heroin**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	40	67	56	60	1	100	103	60.6
3 Yes, not in the past 3 months	15	25	34	36	0	0	54	31.8
6 Yes, in the past 3 months	5	8	4	4	0	0	13	7.6
Valid responses =	60	35	94	55	1	1	170	0.4

Invalid responses include no response.

**22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?****(only includes students who have ever used this substance)****Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)****[Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	514	86	730	83	2	40	1328	83.4
3 Yes, not in the past 3 months	70	12	136	15	2	40	229	14.4
6 Yes, in the past 3 months	14	2	17	2	1	20	36	2.3
Valid responses =	598	38	883	55	5	0	1593	4.0

Invalid responses include no response.

**22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?****(only includes students who have ever used this substance)****Other**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	112	77	127	83	0	0	252	79.5
3 Yes, not in the past 3 months	16	11	21	14	0	0	40	12.6
6 Yes, in the past 3 months	17	12	6	4	0	0	25	7.9
Valid responses =	145	46	154	49	0	0	317	0.8

Invalid responses include no response.

**22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)****Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	3347	73	6808	77	26	72	10567	75.4
3 Yes, not in the past 3 months	428	9	664	8	1	3	1154	8.2
6 Yes, in the past 3 months	800	18	1391	16	9	25	2295	16.4
Valid responses =	4575	33	8863	63	36	0	14016	35.4

Invalid responses include no response.

**22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)****Alcoholic beverages (beer, wine, liquor, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	7608	92	18703	93	59	92	27393	92.8
3 Yes, not in the past 3 months	248	3	497	3	2	3	795	2.7
6 Yes, in the past 3 months	430	5	829	4	3	5	1322	4.5
Valid responses =	8286	28	20029	68	64	0	29510	74.5

Invalid responses include no response.

**22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)****Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4216	85	10240	90	34	94	15156	88.0
3 Yes, not in the past 3 months	278	6	472	4	0	0	804	4.7
6 Yes, in the past 3 months	493	10	692	6	2	6	1257	7.3
Valid responses =	4987	29	11404	66	36	0	17217	43.5

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
**Institutional Data Report - Spring 2020**  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

December 6, 2021  
**FREQUENCY REPORT**  
 Number of Surveys (n) = 39602 Web Surveys

**2204) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Cocaine (coke, crack, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	902	92	1401	89	8	89	2408	89.4
3 Yes, not in the past 3 months	45	5	127	8	1	11	184	6.8
6 Yes, in the past 3 months	39	4	52	3	0	0	101	3.8
Valid responses =	986	37	1580	59	9	0	2693	6.8

Invalid responses include no response.

**2205) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1266	93	2247	93	10	100	3676	92.8
3 Yes, not in the past 3 months	55	4	105	4	0	0	172	4.3
6 Yes, in the past 3 months	38	3	68	3	0	0	113	2.9
Valid responses =	1359	34	2420	61	10	0	3961	10.0

Invalid responses include no response.

**2206) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Methamphetamine (speed, crystal meth, ice, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	100	81	153	74	0	0	270	76.5
3 Yes, not in the past 3 months	18	15	47	23	0	0	68	19.3
6 Yes, in the past 3 months	5	4	6	3	0	0	15	4.2
Valid responses =	123	35	206	58	0	0	353	0.9

Invalid responses include no response.

**2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	543	94	687	94	3	75	1336	93.6
3 Yes, not in the past 3 months	16	3	34	5	0	0	54	3.8
6 Yes, in the past 3 months	20	4	12	2	1	25	38	2.7
Valid responses =	579	41	733	51	4	0	1428	3.6

Invalid responses include no response.

**2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	671	90	1185	87	6	86	1997	87.8
3 Yes, not in the past 3 months	46	6	131	10	0	0	195	8.6
6 Yes, in the past 3 months	27	4	51	4	1	14	83	3.6
Valid responses =	744	33	1367	60	7	0	2275	5.7

Invalid responses include no response.

**2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1530	95	2108	96	9	100	3914	95.1
3 Yes, not in the past 3 months	48	3	65	3	0	0	122	3.0
6 Yes, in the past 3 months	40	3	35	2	0	0	81	2.0
Valid responses =	1618	39	2208	54	9	0	4117	10.4

Invalid responses include no response.

**22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Heroin**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	42	71	60	63	1	100	110	65.1
3 Yes, not in the past 3 months	11	19	29	31	0	0	44	26.0
6 Yes, in the past 3 months	6	10	6	6	0	0	15	8.9
Valid responses =	59	35	95	56	1	1	169	0.4

Invalid responses include no response.



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December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

**22O11) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)**  
*[Please report nonmedical use only.]*

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	536	90	761	86	5	100	1387	87.2
3 Yes, not in the past 3 months	46	8	103	12	0	0	167	10.5
6 Yes, in the past 3 months	12	2	20	2	0	0	37	2.3
Valid responses =	594	37	884	56	5	0	1591	4.0

Invalid responses include no response.

**22O12) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Other**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	124	84	132	86	0	0	270	85.2
3 Yes, not in the past 3 months	9	6	16	11	0	0	25	7.9
6 Yes, in the past 3 months	14	10	5	3	0	0	22	6.9
Valid responses =	147	46	153	48	0	0	317	0.8

Invalid responses include no response.

**22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	8523	99	20442	100	63	97	30196	99.5
1 Yes, not in the past 3 months	43	1	63	0	1	2	114	0.4
2 Yes, in the past 3 months	18	0	14	0	1	2	47	0.2
Valid responses =	8584	28	20519	68	65	0	30357	76.7

Invalid responses include no response.

**22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY]**  
**(only includes students who have used drugs by injection within the last 3 months)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	7	41	7	54	1	100	22	50.0
1 More than once per week	10	59	6	46	0	0	22	50.0
Valid responses =	17	39	13	30	1	2	44	0.1

Invalid responses include no response.

**23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)**  
**Cigarettes**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1883	59	3660	64	11	46	5699	61.2
2 Yes	1316	41	2073	36	13	54	3620	38.8
Valid responses =	3199	34	5733	62	24	0	9319	23.5

Invalid responses include no response.

**23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)**  
**E-cigarettes or other vape products (for example: Juul, etc.)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	812	25	1129	19	10	42	2042	21.6
2 Yes	2415	75	4703	81	14	58	7405	78.4
Valid responses =	3227	34	5832	62	24	0	9447	23.9

Invalid responses include no response.

**23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)**  
**Water pipe or hookah**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2674	86	4878	86	20	87	7861	85.6
2 Yes	449	14	813	14	3	13	1327	14.4
Valid responses =	3123	34	5691	62	23	0	9188	23.2

Invalid responses include no response.

**23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)**  
**Chewing or smokeless tobacco**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2572	82	5512	97	21	91	8438	91.9
2 Yes	570	18	148	3	2	9	741	8.1
Valid responses =	3142	34	5660	62	23	0	9179	23.2

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III) Institutional Data Report - Spring 2020 UNDERGRADUATE STUDENTS

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
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[www.acha.org](http://www.acha.org)

December 6, 2021  
FREQUENCY REPORT  
Number of Surveys (n) = 39602 Web Surveys

### 23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

#### Cigars or little cigars

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2224	70	5263	93	17	74	7801	84.6
2 Yes	947	30	411	7	6	26	1420	15.4
Valid responses =	3171	34	5674	62	23	0	9221	23.3

Invalid responses include no response.

### 23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

#### Other

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2283	95	4296	99	11	100	6848	97.4
2 Yes	109	5	64	2	0	0	183	2.6
Valid responses =	2392	34	4360	62	11	0	7031	17.8

Invalid responses include no response.

### 24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	5936	52	13623	52	55	55	20292	51.4
2 Within the last 2 weeks	2250	20	4469	17	16	16	7130	18.0
3 More than 2 weeks but within 30 days	452	4	1212	5	4	4	1738	4.4
4 More than 30 days but within 3 months	750	7	1874	7	6	6	2754	7.0
5 More than 3 months but within 12 months	923	8	2440	9	6	6	3522	8.9
6 More than 12 months ago	1175	10	2756	10	14	14	4070	10.3
Valid responses =	11486	29	26374	67	101	0	39506	99.8

Invalid responses include no response.

### 25A) When, if ever, was the last time you drank alcohol?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2405	21	4555	17	27	26	7284	18.4
2 Within the last 2 weeks	6080	53	14138	54	39	38	20968	53.0
3 More than 2 weeks but within 30 days	996	9	2761	11	16	16	3932	9.9
4 More than 30 days but within 3 months	1017	9	2664	10	9	9	3875	9.8
5 More than 3 months but within 12 months	604	5	1516	6	7	7	2244	5.7
6 More than 12 months ago	393	3	755	3	5	5	1227	3.1
Valid responses =	11495	29	26389	67	103	0	39530	99.8

Invalid responses include no response.

### 25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

#### Did you get drunk?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4259	53	11032	57	36	57	15907	55.5
2 Yes	3799	47	8446	43	27	43	12741	44.5
Valid responses =	8058	28	19478	68	63	0	28648	72.3

Invalid responses include no response.

### 25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

#### Did you intend to get drunk?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4145	51	10902	56	35	56	15637	54.6
2 Yes	3916	49	8558	44	28	44	12999	45.4
Valid responses =	8061	28	19460	68	63	0	28636	72.3

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2020

UNDERGRADUATE STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

39602 Web

Surveys

26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 Drinks	139	2	284	2	2	3	453	1.6	
1 1 to 2 Drinks	2726	34	8834	45	18	31	12058	42.1	
2 3 to 4 Drinks	1852	23	5778	30	22	38	7954	27.7	
3 5 to 6 Drinks	1486	18	3042	16	9	16	4686	16.3	
4 7 to 8 Drinks	890	11	1027	5	4	7	1975	6.9	
5 9 to 10 Drinks	512	6	354	2	3	5	890	3.1	
6 11 or More Drinks	460	6	173	1	0	0	649	2.3	
Total	8065	28	19492	68	58	0	28665	72.4	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	4.61	4.00	3.84	0	80
Female	3.22	3.00	2.42	0	79
Overall	3.61	3.00	2.97	0	80

27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 Hours	178	2	402	2	2	3	620	2.2	
1 1 to 2 Hours	3061	38	7850	40	22	37	11380	39.7	
2 3 to 4 Hours	3229	40	7579	39	22	37	11234	39.2	
3 5 to 6 Hours	1295	16	3072	16	12	20	4513	15.8	
4 7 to 8 Hours	193	2	427	2	0	0	632	2.2	
5 9 to 10 Hours	50	1	91	1	1	2	147	0.5	
6 11 or More Hours	59	1	54	0	0	0	121	0.4	
Total	8065	28	19475	68	59	0	28647	72.3	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	3.17	3.00	2.18	0	50
Female	3.06	3.00	1.84	0	48
Overall	3.09	3.00	1.96	0	50

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 None	2268	37	6418	46	14	38	9057	43.3	
2 1 time	1552	26	3842	27	12	32	5591	26.7	
3 2 times	984	16	1962	14	6	16	3024	14.4	
4 3 times	497	8	874	6	4	11	1413	6.7	
5 4 times	366	6	563	4	0	0	954	4.6	
6 5 times	164	3	244	2	1	3	424	2.0	
7 6 times	100	2	94	1	0	0	201	1.0	
8 7 times	48	1	46	0	0	0	98	0.5	
9 8 times	32	1	29	0	0	0	64	0.3	
10 9 times	15	0	13	0	0	0	29	0.1	
11 10 or more times	48	1	33	0	0	0	82	0.4	
Total	6074	29	14118	67	37	0	20937	52.9	

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Did something I later regretted

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	6701	77	16176	77	57	81	23862	77.2	
2 Yes	1969	23	4829	23	13	19	7051	22.8	
Valid responses =	8670	28	21005	68	70	0	30913	78.1	

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

**29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)**  
**Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7268	84	17961	85	64	91	26323	85.1
2 Yes	1402	16	3060	15	6	9	4604	14.9
Valid responses =	8670	28	21021	68	70	0	30927	78.1

Invalid responses include no response.

**29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)**  
**Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6394	74	15002	71	52	74	22339	72.2
2 Yes	2273	26	6021	29	18	26	8589	27.8
Valid responses =	8667	28	21023	68	70	0	30928	78.1

Invalid responses include no response.

**29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)**  
**Got in trouble with the police**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8554	99	20839	99	69	100	30616	99.0
2 Yes	119	1	185	1	0	0	317	1.0
Valid responses =	8673	28	21024	68	69	0	30933	78.1

Invalid responses include no response.

**29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)**  
**Got in trouble with college/university authorities**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8527	98	20808	99	70	100	30554	98.8
2 Yes	147	2	214	1	0	0	376	1.2
Valid responses =	8674	28	21022	68	70	0	30930	78.1

Invalid responses include no response.

**29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)**  
**Someone had sex with me without my consent**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8589	99	20569	98	69	99	30365	98.2
2 Yes	84	1	455	2	1	1	567	1.8
Valid responses =	8673	28	21024	68	70	0	30932	78.1

Invalid responses include no response.

**29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)**  
**Had sex with someone without their consent**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8658	100	20980	100	70	100	30865	99.8
2 Yes	19	0	47	0	0	0	71	0.2
Valid responses =	8677	28	21027	68	70	0	30936	78.1

Invalid responses include no response.

**29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)**  
**Had unprotected sex**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7453	86	18001	86	65	93	26563	86.0
2 Yes	1209	14	3003	14	5	7	4338	14.0
Valid responses =	8662	28	21004	68	70	0	30901	78.0

Invalid responses include no response.

**29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)**  
**Physically injured myself**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7988	92	19329	92	61	87	28451	91.9
2 Yes	683	8	1704	8	9	13	2491	8.1
Valid responses =	8671	28	21033	68	70	0	30942	78.1

Invalid responses include no response.



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**29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)**  
**Physically injured another person**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8583	99	20892	100	69	100	30694	99.3
2 Yes	82	1	109	1	0	0	202	0.7
Valid responses =	8665	28	21001	68	69	0	30896	78.0

Invalid responses include no response.

**29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)**  
**Seriously considered suicide**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8403	97	20434	97	66	96	29983	97.0
2 Yes	263	3	563	3	3	4	915	3.0
Valid responses =	8666	28	20997	68	69	0	30898	78.0

Invalid responses include no response.

**29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)**  
**Needed medical help**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8546	99	20739	99	69	99	30497	98.8
2 Yes	105	1	252	1	1	1	381	1.2
Valid responses =	8651	28	20991	68	70	0	30878	78.0

Invalid responses include no response.

**30A) Within the last 30 days, did you drive after drinking any alcohol at all?**  
**(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4737	84	11635	89	40	89	16904	87.4
2 Yes	927	16	1437	11	5	11	2434	12.6
Valid responses =	5664	29	13072	68	45	0	19338	48.8

Invalid responses include no response.

**30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	8320	96	20418	97	65	96	29928	96.9
2 Alcohol use negatively impacted performance in class	284	3	511	2	3	4	834	2.7
3 Alcohol use delayed progress towards degree	48	1	69	0	0	0	123	0.4
Valid responses =	8652	28	20998	68	68	0	30885	78.0

Invalid responses include no response.

**31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?**  
**(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1153	54	2771	65	13	81	4096	61.1
2 Yes	965	46	1512	35	3	19	2610	38.9
Valid responses =	2118	32	4283	64	16	0	6706	16.9

Invalid responses include no response.

**31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance?**  
**(only includes students who used cannabis within the last 12 months)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	3864	91	9341	96	27	90	13879	94.2
2 Marijuana use negatively impacted performance in class	333	8	333	3	2	7	717	4.9
3 Marijuana use delayed progress towards degree	65	2	63	1	1	3	135	0.9
Valid responses =	4262	29	9737	66	30	0	14731	37.2

Invalid responses include no response.

**32) Do you identify as a person in recovery from alcohol or other drug use?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8849	98	21485	99	75	96	31592	98.2
2 Yes	207	2	307	1	3	4	575	1.8
Valid responses =	9056	28	21792	68	78	0	32167	81.2

Invalid responses include no response.



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The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

### 33A) When, if ever, was the last time you had: Oral sex (oral/genital contact)?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	4079	36	8961	34	42	42	13626	34.7	
2 Within the last 2 weeks	3509	31	8871	34	29	29	12845	32.7	
3 More than 2 weeks but within 30 days	840	7	2182	8	9	9	3158	8.0	
4 More than 30 days but within 3 months	1002	9	2476	9	6	6	3637	9.3	
5 More than 3 months but within 12 months	1088	10	2182	8	8	8	3433	8.7	
6 More than 12 months ago	935	8	1549	6	6	6	2611	6.6	
Valid responses =	11453	29	26221	67	100	0	39310	99.3	

Invalid responses include no response.

### 33B) When, if ever, was the last time you had: Vaginal intercourse (penis in vagina)?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	4961	43	10006	38	45	46	15779	40.2	
2 Within the last 2 weeks	3374	30	9456	36	27	28	13217	33.7	
3 More than 2 weeks but within 30 days	653	6	1728	7	6	6	2466	6.3	
4 More than 30 days but within 3 months	801	7	2014	8	4	4	2913	7.4	
5 More than 3 months but within 12 months	894	8	1760	7	5	5	2764	7.0	
6 More than 12 months ago	749	7	1247	5	11	11	2133	5.4	
Valid responses =	11432	29	26211	67	98	0	39272	99.2	

Invalid responses include no response.

### 33C) When, if ever, was the last time you had: Anal intercourse (penis in anus)?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	9043	80	21514	82	78	81	31793	81.3	
2 Within the last 2 weeks	421	4	530	2	3	3	1019	2.6	
3 More than 2 weeks but within 30 days	204	2	308	1	2	2	545	1.4	
4 More than 30 days but within 3 months	303	3	628	2	4	4	988	2.5	
5 More than 3 months but within 12 months	505	4	1091	4	4	4	1667	4.3	
6 More than 12 months ago	900	8	2043	8	5	5	3102	7.9	
Valid responses =	11376	29	26114	67	96	0	39114	98.8	

Invalid responses include no response.

### 34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse? (only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 Partners	19	0	28	0	1	2	51	0.2	
1 1 Partner	4115	61	10356	63	29	58	14981	61.7	
2 2 Partners	966	14	2468	15	11	22	3595	14.8	
3 3 Partners	579	9	1352	8	3	6	2010	8.3	
4 4 Partners	317	5	802	5	3	6	1176	4.8	
5 5 Partners	208	3	539	3	2	4	795	3.3	
6 6 Partners	153	2	325	2	0	0	500	2.1	
7 7 Partners	79	1	183	1	0	0	275	1.1	
8 8 to 10 Partners	168	3	315	2	0	0	509	2.1	
9 11 or More Partners	161	2	209	1	1	2	397	1.6	
Valid responses =	6765	28	16577	68	50	0	24289	61.3	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	2.42	1.00	3.84	0	90
Female	2.09	1.00	2.39	0	40
Overall	2.21	1.00	2.97	0	90

### 35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Women or females

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	586	9	14824	91	28	61	15881	66.3	
2 Yes	6124	91	1495	9	18	39	8062	33.7	
Valid responses =	6710	28	16319	68	46	0	23943	60.5	

Invalid responses include no response.

**35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)****Men or males**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5872	89	765	5	18	40	7005	29.2
2 Yes	694	11	15714	95	27	60	16951	70.8
Valid responses =	6566	27	16479	69	45	0	23956	60.5

Invalid responses include no response.

**35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)****Trans women**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6504	99	16142	100	43	100	23459	99.3
2 Yes	37	1	70	0	0	0	172	0.7
Valid responses =	6541	28	16212	69	43	0	23631	59.7

Invalid responses include no response.

**35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)****Trans men**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6464	99	16103	99	41	95	23369	99.1
2 Yes	51	1	92	1	2	5	224	0.9
Valid responses =	6515	28	16195	69	43	0	23593	59.6

Invalid responses include no response.

**35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)****Genderqueer**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6449	99	15991	99	42	96	23121	97.9
2 Yes	77	1	206	1	2	5	499	2.1
Valid responses =	6526	28	16197	69	44	0	23620	59.6

Invalid responses include no response.

**35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)****Person(s) with another identity**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6483	99	16113	100	39	95	23382	99.1
2 Yes	45	1	85	1	2	5	221	0.9
Valid responses =	6528	28	16198	69	41	0	23603	59.6

Invalid responses include no response.

**36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during: (only includes students that have had oral sex within the last 30 days)****Oral sex (oral/genital contact)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	3869	89	9921	90	32	84	14302	89.6
2 Rarely	152	4	386	4	0	0	563	3.5
3 Sometimes	93	2	234	2	2	5	348	2.2
4 Most of the time	71	2	153	1	1	3	238	1.5
5 Always	155	4	326	3	3	8	507	3.2
Valid responses =	4340	27	11020	69	38	0	15958	40.3

Invalid responses include no response.

**36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)****Vaginal intercourse (penis in vagina)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1344	34	4202	38	13	41	5725	36.7
2 Rarely	338	8	1094	10	4	13	1477	9.5
3 Sometimes	439	11	1188	11	1	3	1676	10.7
4 Most of the time	685	17	1665	15	8	25	2418	15.5
5 Always	1202	30	2979	27	6	19	4301	27.6
Valid responses =	4008	26	11128	71	32	0	15597	39.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 6, 2021  
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**36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during: (only includes students that have had anal intercourse within the last 30 days)**

**Anal intercourse (penis in anus)?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	263	42	547	66	2	40	860	55.3	
2 Rarely	50	8	68	8	0	0	125	8.0	
3 Sometimes	77	12	49	6	1	20	137	8.8	
4 Most of the time	69	11	47	6	0	0	121	7.8	
5 Always	162	26	124	15	2	40	312	20.1	
Valid responses =	621	40	835	54	5	0	1555	3.9	

Invalid responses include no response.

**37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?**

**(only includes students that have had vaginal intercourse within the last 12 months)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Yes	4987	88	13209	89	33	83	18757	88.5	
2 No, not want prevent pregnancy	74	1	152	1	0	0	246	1.2	
3 No, did not use any method	509	9	1397	9	4	10	1986	9.4	
4 Don't know	106	2	95	1	3	8	209	1.0	
Valid responses =	5676	27	14853	70	40	0	21198	53.5	

Invalid responses include no response.

**38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**

**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Birth control pills (monthly or extended cycle)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	2253	45	6270	48	17	52	8859	47.2	
1 Selected	2734	55	6939	53	16	49	9898	52.8	
Valid responses =	4987	27	13209	70	33	0	18757	47.4	

Invalid responses include no response.

**38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**

**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Birth control shots**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	4876	98	12936	98	33	100	18360	97.9	
1 Selected	111	2	273	2	0	0	397	2.1	
Valid responses =	4987	27	13209	70	33	0	18757	47.4	

Invalid responses include no response.

**38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**

**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Birth control implants**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	4526	91	12204	92	28	85	17226	91.8	
1 Selected	461	9	1005	8	5	15	1531	8.2	
Valid responses =	4987	27	13209	70	33	0	18757	47.4	

Invalid responses include no response.

**38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**

**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**Birth control patch**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	4929	99	13117	99	32	97	18602	99.2	
1 Selected	58	1	92	1	1	3	155	0.8	
Valid responses =	4987	27	13209	70	33	0	18757	47.4	

Invalid responses include no response.

**38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**

**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**

**The ring**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	4904	98	12964	98	33	100	18410	98.2	
1 Selected	83	2	245	2	0	0	347	1.8	
Valid responses =	4987	27	13209	70	33	0	18757	47.4	

Invalid responses include no response.



**38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Emergency contraception ("morning after pill" or "Plan B")**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4772	96	12645	96	31	94	17956	95.7
1 Selected	215	4	564	4	2	6	801	4.3
Valid responses =	4987	27	13209	70	33	0	18757	47.4

Invalid responses include no response.

**38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Intrauterine device (IUD)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4351	87	11414	86	27	82	16224	86.5
1 Selected	636	13	1795	14	6	18	2533	13.5
Valid responses =	4987	27	13209	70	33	0	18757	47.4

Invalid responses include no response.

**38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Male (external) condom**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2155	43	6664	51	18	55	9064	48.3
1 Selected	2832	57	6545	50	15	46	9693	51.7
Valid responses =	4987	27	13209	70	33	0	18757	47.4

Invalid responses include no response.

**38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Female (internal) condom**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4969	100	13184	100	33	100	18711	99.8
1 Selected	18	0	25	0	0	0	46	0.2
Valid responses =	4987	27	13209	70	33	0	18757	47.4

Invalid responses include no response.

**38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Diaphragm or cervical cap**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4980	100	13204	100	33	100	18744	99.9
1 Selected	7	0	5	0	0	0	13	0.1
Valid responses =	4987	27	13209	70	33	0	18757	47.4

Invalid responses include no response.

**38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Contraceptive sponge**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4977	100	13201	100	33	100	18737	99.9
1 Selected	10	0	8	0	0	0	20	0.1
Valid responses =	4987	27	13209	70	33	0	18757	47.4

Invalid responses include no response.

**38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Withdrawal**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4049	81	10113	77	27	82	14629	78.0
1 Selected	938	19	3096	23	6	18	4128	22.0
Valid responses =	4987	27	13209	70	33	0	18757	47.4

Invalid responses include no response.





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**38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Fertility awareness (for example: calendar, mucous, and basal body temperature)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4862	98	12708	96	33	100	18109	96.5
1 Selected	125	3	501	4	0	0	648	3.5
Valid responses =	4987	27	13209	70	33	0	18757	47.4

Invalid responses include no response.

**38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Sterilization (for example: hysterectomy, tubes tied, or vasectomy)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4944	99	13050	99	32	97	18540	98.8
1 Selected	43	1	159	1	1	3	217	1.2
Valid responses =	4987	27	13209	70	33	0	18757	47.4

Invalid responses include no response.

**38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Don't know**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4929	99	13193	100	33	100	18680	99.6
1 Selected	58	1	16	0	0	0	77	0.4
Valid responses =	4987	27	13209	70	33	0	18757	47.4

Invalid responses include no response.

**38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)**  
**(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Other method**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4942	99	13102	99	33	100	18591	99.1
1 Selected	45	1	107	1	0	0	166	0.9
Valid responses =	4987	27	13209	70	33	0	18757	47.4

Invalid responses include no response.

**39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")?**  
**(only includes students that have had vaginal intercourse within the last 12 months)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4543	80	11923	80	32	80	17009	79.9
2 Yes	894	16	2809	19	6	15	3805	17.9
3 Don't know	201	4	41	0	1	3	254	1.2
4 Not applicable	56	1	134	1	1	3	210	1.0
Valid responses =	5694	27	14907	70	40	0	21278	53.7

Invalid responses include no response.

**40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5578	98	14685	98	41	100	20913	98.0
2 Yes, unintentionally	57	1	149	1	0	0	222	1.0
3 Yes, intentionally	42	1	58	0	0	0	107	0.5
4 Don't know	37	1	53	0	0	0	95	0.4
Valid responses =	5714	27	14945	70	41	0	21337	53.9

Invalid responses include no response.

**41A) Below are 8 statements with which you may agree or disagree.**  
**Using the scale below, indicate your agreement with each item by indicating that response for each statement.**  
**1 lead a purposeful and meaningful life.**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	301	3	353	1	4	4	734	1.9
2 Disagree	476	4	722	3	7	7	1323	3.3
3 Slightly disagree	529	5	1179	5	6	6	1861	4.7
4 Neither agree nor disagree	1000	9	1919	7	9	9	3128	7.9
5 Slightly agree	2018	18	4861	18	20	19	7228	18.3
6 Agree	4215	37	10558	40	33	32	15259	38.6
7 Strongly agree	2957	26	6802	26	25	24	10002	25.3
Valid responses =	11496	29	26394	67	104	0	39535	99.8

Invalid responses include no response.



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**41B) Below are 8 statements with which you may agree or disagree.**  
**Using the scale below, indicate your agreement with each item by indicating that response for each statement.**  
**My social relationships are supportive and rewarding.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	206	2	263	1	4	4	509	1.3	
2 Disagree	305	3	441	2	4	4	813	2.1	
3 Slightly disagree	424	4	929	4	4	4	1443	3.7	
4 Neither agree nor disagree	788	7	1330	5	11	11	2244	5.7	
5 Slightly agree	2156	19	4856	18	21	20	7369	18.7	
6 Agree	4715	41	11121	42	38	37	16454	41.6	
7 Strongly agree	2899	25	7432	28	21	20	10676	27.0	
Valid responses =	11493	29	26372	67	103	0	39508	99.8	

Invalid responses include no response.

**41C) Below are 8 statements with which you may agree or disagree.**  
**Using the scale below, indicate your agreement with each item by indicating that response for each statement.**  
**I am engaged and interested in my daily activities.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	264	2	347	1	3	3	673	1.7	
2 Disagree	430	4	802	3	4	4	1351	3.4	
3 Slightly disagree	653	6	1666	6	5	5	2484	6.3	
4 Neither agree nor disagree	838	7	1727	7	11	11	2706	6.8	
5 Slightly agree	2636	23	6301	24	23	22	9388	23.8	
6 Agree	4339	38	10324	39	35	34	15194	38.5	
7 Strongly agree	2332	20	5213	20	23	22	7720	19.5	
Valid responses =	11492	29	26380	67	104	0	39516	99.8	

Invalid responses include no response.

**41D) Below are 8 statements with which you may agree or disagree.**  
**Using the scale below, indicate your agreement with each item by indicating that response for each statement.**  
**I actively contribute to the happiness and well-being of others.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	184	2	197	1	4	4	422	1.1	
2 Disagree	225	2	287	1	4	4	564	1.4	
3 Slightly disagree	314	3	545	2	3	3	931	2.4	
4 Neither agree nor disagree	1010	9	1731	7	12	12	2901	7.3	
5 Slightly agree	2226	19	4826	18	16	15	7428	18.8	
6 Agree	4537	40	11397	43	37	36	16546	41.9	
7 Strongly agree	2996	26	7388	28	28	27	10712	27.1	
Valid responses =	11492	29	26371	67	104	0	39504	99.8	

Invalid responses include no response.

**41E) Below are 8 statements with which you may agree or disagree.**  
**Using the scale below, indicate your agreement with each item by indicating that response for each statement.**  
**I am competent and capable in the activities that are important to me.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	145	1	190	1	1	1	371	0.9	
2 Disagree	158	1	350	1	5	5	584	1.5	
3 Slightly disagree	292	3	684	3	3	3	1065	2.7	
4 Neither agree nor disagree	514	5	1091	4	4	4	1730	4.4	
5 Slightly agree	1638	14	4031	15	19	18	6024	15.2	
6 Agree	4852	42	11802	45	48	46	17285	43.8	
7 Strongly agree	3886	34	8231	31	24	23	12448	31.5	
Valid responses =	11485	29	26379	67	104	0	39507	99.8	

Invalid responses include no response.

**41F) Below are 8 statements with which you may agree or disagree.**  
**Using the scale below, indicate your agreement with each item by indicating that response for each statement.**  
**I am a good person and live a good life.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	170	2	189	1	1	1	403	1.0	
2 Disagree	220	2	293	1	5	5	580	1.5	
3 Slightly disagree	370	3	707	3	5	5	1185	3.0	
4 Neither agree nor disagree	997	9	1554	6	8	8	2771	7.0	
5 Slightly agree	1815	16	3981	15	22	21	6158	15.6	
6 Agree	4445	39	11408	43	36	35	16410	41.5	
7 Strongly agree	3474	30	8241	31	26	25	12001	30.4	
Valid responses =	11491	29	26373	67	103	0	39508	99.8	

Invalid responses include no response.



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**41G) Below are 8 statements with which you may agree or disagree.**  
**Using the scale below, indicate your agreement with each item by indicating that response for each statement.**  
**I am optimistic about my future.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Strongly disagree	282	3	415	2	3	3	796	2.0	
2 Disagree	365	3	675	3	5	5	1169	3.0	
3 Slightly disagree	536	5	1245	5	6	6	1949	4.9	
4 Neither agree nor disagree	910	8	1690	6	10	10	2787	7.1	
5 Slightly agree	1939	17	4633	18	19	18	6888	17.4	
6 Agree	3684	32	9602	36	33	32	13731	34.8	
7 Strongly agree	3775	33	8110	31	27	26	12185	30.8	
Valid responses =	11491	29	26370	67	103	0	39505	99.8	

Invalid responses include no response.

**41H) Below are 8 statements with which you may agree or disagree.**  
**Using the scale below, indicate your agreement with each item by indicating that response for each statement.**  
**People respect me.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Strongly disagree	186	2	243	1	1	1	464	1.2	
2 Disagree	194	2	336	1	4	4	605	1.5	
3 Slightly disagree	368	3	850	3	5	5	1339	3.4	
4 Neither agree nor disagree	1247	11	2163	8	16	16	3696	9.4	
5 Slightly agree	2007	18	4555	17	17	17	6920	17.5	
6 Agree	4704	41	11945	45	36	35	17192	43.5	
7 Strongly agree	2783	24	6286	24	24	23	9292	23.5	
Valid responses =	11489	29	26378	67	103	0	39508	99.8	

Invalid responses include no response.

**42A) Please indicate how much you agree with the following statements as they apply to you over the last month**  
**If a particular situation has not occurred recently, answer according to how you think you would have felt.**  
**I am able to adapt when changes occur.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
0 Not at all true	96	1	133	1	2	2	254	0.6	
1 Rarely true	238	2	649	3	2	2	959	2.4	
2 Sometimes true	1934	17	5682	22	25	25	8094	20.5	
3 Often true	5642	49	13100	50	44	44	19450	49.3	
4 True nearly all the time	3560	31	6765	26	28	28	10678	27.1	
Valid responses =	11470	29	26329	67	101	0	39435	99.6	

Invalid responses include no response.

**42B) Please indicate how much you agree with the following statements as they apply to you over the last month**  
**If a particular situation has not occurred recently, answer according to how you think you would have felt.**  
**I tend to bounce back after illness, injury, or other hardships.**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
0 Not at all true	130	1	257	1	1	1	424	1.1	
1 Rarely true	304	3	933	4	5	5	1343	3.4	
2 Sometimes true	1835	16	5679	22	28	28	7989	20.3	
3 Often true	4857	42	11915	45	43	43	17442	44.3	
4 True nearly all the time	4328	38	7520	29	23	23	12194	31.0	
Valid responses =	11454	29	26304	67	100	0	39392	99.5	

Invalid responses include no response.

**43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	3808	33	4503	17	27	27	8584	21.9	
2 Yes	7619	67	21722	83	72	73	30699	78.1	
Valid responses =	11427	29	26225	67	99	0	39283	99.2	

Invalid responses include no response.

**44A) The next 6 questions ask about how you have been feeling during the past 30 days.**  
**For each question, please select the response that best describes how often you had this feeling.**  
**During the past 30 days, about how often did you feel nervous?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
0 None of the time	1155	10	1311	5	11	11	2527	6.4	
1 A little of the time	3725	32	5680	22	21	22	9677	24.5	
2 Some of the time	4469	39	10683	41	39	40	15734	39.8	
3 Most of the time	1574	14	6074	23	17	18	8109	20.5	
4 All of the time	568	5	2635	10	9	9	3463	8.8	
Valid responses =	11491	29	26383	67	97	0	39510	99.8	

Invalid responses include no response.



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**44B) The next 6 questions ask about how you have been feeling during the past 30 days.**  
**For each question, please select the response that best describes how often you had this feeling.**  
**During the past 30 days, about how often did you feel hopeless?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 None of the time	4845	42	9382	36	40	42	14549	36.9	
1 A little of the time	3279	29	7982	30	21	22	11754	29.8	
2 Some of the time	2360	21	6378	24	25	26	9243	23.5	
3 Most of the time	686	6	1893	7	7	7	2801	7.1	
4 All of the time	289	3	675	3	3	3	1056	2.7	
Valid responses =	11459	29	26310	67	96	0	39403	99.5	

Invalid responses include no response.

**44C) The next 6 questions ask about how you have been feeling during the past 30 days.**  
**For each question, please select the response that best describes how often you had this feeling.**  
**During the past 30 days, about how often did you feel restless or fidgety?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 None of the time	2442	21	4381	17	21	22	6977	17.7	
1 A little of the time	3311	29	6743	26	27	28	10342	26.2	
2 Some of the time	3566	31	8574	33	27	28	12654	32.1	
3 Most of the time	1591	14	4742	18	15	16	6776	17.2	
4 All of the time	558	5	1899	7	7	7	2695	6.8	
Valid responses =	11468	29	26339	67	97	0	39444	99.6	

Invalid responses include no response.

**44D) The next 6 questions ask about how you have been feeling during the past 30 days.**  
**For each question, please select the response that best describes how often you had this feeling.**  
**During the past 30 days, about how often did you feel so sad nothing could cheer you up?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 None of the time	6008	52	10933	42	45	47	17369	44.0	
1 A little of the time	3066	27	7961	30	25	26	11539	29.2	
2 Some of the time	1717	15	5355	20	17	18	7521	19.1	
3 Most of the time	509	4	1579	6	6	6	2263	5.7	
4 All of the time	176	2	532	2	3	3	780	2.0	
Valid responses =	11476	29	26360	67	96	0	39472	99.7	

Invalid responses include no response.

**44E) The next 6 questions ask about how you have been feeling during the past 30 days.**  
**For each question, please select the response that best describes how often you had this feeling.**  
**During the past 30 days, about how often did you feel that everything was an effort?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 None of the time	3577	31	6612	25	26	27	10393	26.3	
1 A little of the time	3392	30	7440	28	23	24	11177	28.3	
2 Some of the time	2718	24	6742	26	23	24	9931	25.1	
3 Most of the time	1275	11	3868	15	14	14	5511	14.0	
4 All of the time	529	5	1696	6	11	11	2476	6.3	
Valid responses =	11491	29	26358	67	97	0	39488	99.7	

Invalid responses include no response.

**44F) The next 6 questions ask about how you have been feeling during the past 30 days.**  
**For each question, please select the response that best describes how often you had this feeling.**  
**During the past 30 days, about how often did you feel worthless?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 None of the time	6713	59	14072	53	47	49	21303	53.9	
1 A little of the time	2335	20	6003	23	22	23	8771	22.2	
2 Some of the time	1511	13	3903	15	16	17	5773	14.6	
3 Most of the time	600	5	1598	6	8	8	2394	6.1	
4 All of the time	325	3	797	3	4	4	1253	3.2	
Valid responses =	11484	29	26373	67	97	0	39494	99.7	

Invalid responses include no response.

**45A) Indicate how often each of the statements below is descriptive of you.**  
**How often do you feel that you lack companionship?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Hardly ever	4227	37	9492	36	28	30	14116	35.8	
2 Some of the time	4776	42	12237	46	46	48	17776	45.1	
3 Often	2470	22	4622	18	21	22	7566	19.2	
Valid responses =	11473	29	26351	67	95	0	39458	99.6	

Invalid responses include no response.



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**45B) Indicate how often each of the statements below is descriptive of you.**  
**How often do you feel left out?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Hardly ever	4545	40	8398	32	33	35	13360	33.9	
2 Some of the time	5125	45	13201	50	39	41	19073	48.3	
3 Often	1803	16	4750	18	23	24	7022	17.8	
Valid responses =	11473	29	26349	67	95	0	39455	99.6	

Invalid responses include no response.

**45C) Indicate how often each of the statements below is descriptive of you.**  
**How often do you feel isolated from others?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Hardly ever	4636	40	9811	37	29	30	14833	37.6	
2 Some of the time	4597	40	11358	43	44	46	16633	42.1	
3 Often	2242	20	5190	20	23	24	8001	20.3	
Valid responses =	11475	29	26359	67	96	0	39467	99.7	

Invalid responses include no response.

**46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	10678	94	23299	89	76	78	35152	89.5	
2 Once or twice	576	5	2320	9	14	14	3220	8.2	
3 Monthly	107	1	423	2	4	4	622	1.6	
4 Weekly	53	1	121	1	2	2	207	0.5	
5 Daily or almost daily	8	0	71	0	1	1	88	0.2	
Valid responses =	11422	29	26234	67	97	0	39289	99.2	

Invalid responses include no response.

**47A1) Within the last 12 months, have you had problems or challenges with any the following?**  
**Academics**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	6423	56	13944	53	48	51	21027	53.3	
2 Yes	5053	44	12405	47	47	50	18429	46.7	
Valid responses =	11476	29	26349	67	95	0	39456	99.6	

Invalid responses include no response.

**47A2) Within the last 12 months, have you had problems or challenges with any the following?**  
**Career**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8124	71	18199	69	56	58	27318	69.2	
2 Yes	3351	29	8154	31	40	42	12144	30.8	
Valid responses =	11475	29	26353	67	96	0	39462	99.6	

Invalid responses include no response.

**47A3) Within the last 12 months, have you had problems or challenges with any the following?**  
**Finances**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	7143	62	14081	53	52	54	21991	55.7	
2 Yes	4330	38	12270	47	44	46	17469	44.3	
Valid responses =	11473	29	26351	67	96	0	39460	99.6	

Invalid responses include no response.

**47A4) Within the last 12 months, have you had problems or challenges with any the following?**  
**Procrastination**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3227	28	7031	27	32	34	10566	26.8	
2 Yes	8240	72	19295	73	63	66	28858	73.2	
Valid responses =	11467	29	26326	67	95	0	39424	99.6	

Invalid responses include no response.

**47A5) Within the last 12 months, have you had problems or challenges with any the following?**  
**Faculty**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	10298	90	23476	89	81	85	35111	89.1	
2 Yes	1164	10	2824	11	14	15	4284	10.9	
Valid responses =	11462	29	26300	67	95	0	39395	99.5	

Invalid responses include no response.



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## 47A6) Within the last 12 months, have you had problems or challenges with any the following?

### Family

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8537	75	16073	61	55	57	25363	64.4	
2 Yes	2907	25	10219	39	41	43	14003	35.6	
Valid responses =	11444	29	26292	67	96	0	39366	99.4	

Invalid responses include no response.

## 47A7) Within the last 12 months, have you had problems or challenges with any the following?

### Intimate relationships

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	7151	62	16100	61	64	67	24157	61.2	
2 Yes	4313	38	10263	39	32	33	15303	38.8	
Valid responses =	11464	29	26363	67	96	0	39460	99.6	

Invalid responses include no response.

## 47A8) Within the last 12 months, have you had problems or challenges with any the following?

### Roommate/housemate

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8742	76	17218	65	71	74	27040	68.5	
2 Yes	2726	24	9139	35	25	26	12416	31.5	
Valid responses =	11468	29	26357	67	96	0	39456	99.6	

Invalid responses include no response.

## 47A9) Within the last 12 months, have you had problems or challenges with any the following?

### Peers

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	9046	79	19138	73	75	78	29255	74.2	
2 Yes	2404	21	7189	27	21	22	10153	25.8	
Valid responses =	11450	29	26327	67	96	0	39408	99.5	

Invalid responses include no response.

## 47A10) Within the last 12 months, have you had problems or challenges with any the following?

### Personal appearance

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	7475	65	12321	47	47	49	20369	51.7	
2 Yes	3977	35	14004	53	49	51	19041	48.3	
Valid responses =	11452	29	26325	67	96	0	39410	99.5	

Invalid responses include no response.

## 47A11) Within the last 12 months, have you had problems or challenges with any the following?

### Health of someone close to me

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8035	70	15960	61	71	74	24911	63.2	
2 Yes	3432	30	10369	39	25	26	14519	36.8	
Valid responses =	11467	29	26329	67	96	0	39430	99.6	

Invalid responses include no response.

## 47A12) Within the last 12 months, have you had problems or challenges with any the following?

### Death of a family member, friend, or someone close to me

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	9197	80	19862	75	79	82	30303	76.9	
2 Yes	2268	20	6472	25	17	18	9126	23.1	
Valid responses =	11465	29	26334	67	96	0	39429	99.6	

Invalid responses include no response.

## 47A13) Within the last 12 months, have you had problems or challenges with any the following?

### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11019	96	24619	93	89	94	37101	94.0	
2 Yes	464	4	1744	7	6	6	2381	6.0	
Valid responses =	11483	29	26363	67	95	0	39482	99.7	

Invalid responses include no response.



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**47A14) Within the last 12 months, have you had problems or challenges with any the following?  
 Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11253	98	25616	97	91	96	38403	97.3	
2 Yes	223	2	738	3	4	4	1062	2.7	
Valid responses =	11476	29	26354	67	95	0	39465	99.7	

Invalid responses include no response.

**47A15) Within the last 12 months, have you had problems or challenges with any the following?  
 Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11304	99	26152	99	94	99	39068	99.0	
2 Yes	176	2	203	1	1	1	401	1.0	
Valid responses =	11480	29	26355	67	95	0	39469	99.7	

Invalid responses include no response.

**47A16) Within the last 12 months, have you had problems or challenges with any the following?  
 Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	10292	90	21872	83	78	82	33071	83.8	
2 Yes	1185	10	4493	17	17	18	6407	16.2	
Valid responses =	11477	29	26365	67	95	0	39478	99.7	

Invalid responses include no response.

**47A17) Within the last 12 months, have you had problems or challenges with any the following?  
 Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11182	97	22831	87	87	92	35373	89.6	
2 Yes	297	3	3524	13	8	8	4095	10.4	
Valid responses =	11479	29	26355	67	95	0	39468	99.7	

Invalid responses include no response.

**47A18) Within the last 12 months, have you had problems or challenges with any the following?  
 Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	10558	92	23695	90	77	81	35465	89.8	
2 Yes	920	8	2670	10	18	19	4011	10.2	
Valid responses =	11478	29	26365	67	95	0	39476	99.7	

Invalid responses include no response.

**47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?  
 (only includes students that had problems or challenges with this issue within the last 12 months)  
 Academics**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	56	1	56	1	0	0	120	0.7	
2 Minimal Distress	905	18	1363	11	7	16	2381	13.0	
3 Moderate Distress	2390	48	5196	42	20	46	7964	43.4	
4 High Distress	1677	33	5746	47	17	39	7887	43.0	
Valid responses =	5028	27	12361	67	44	0	18352	46.3	

Invalid responses include no response.

**47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?  
 (only includes students that had problems or challenges with this issue within the last 12 months)  
 Career**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	116	4	157	2	0	0	284	2.3	
2 Minimal Distress	1020	31	2088	26	8	21	3251	26.9	
3 Moderate Distress	1440	43	3496	43	22	58	5221	43.2	
4 High Distress	757	23	2377	29	8	21	3330	27.6	
Valid responses =	3333	28	8118	67	38	0	12086	30.5	

Invalid responses include no response.



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**47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)

**Finances**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	83	2	101	1	2	5	192	1.1	
2 Minimal Distress	1250	29	2804	23	15	38	4221	24.3	
3 Moderate Distress	1881	44	5126	42	9	23	7350	42.3	
4 High Distress	1101	26	4183	34	14	35	5629	32.4	
Valid responses =	4315	25	12214	70	40	0	17392	43.9	

Invalid responses include no response.

**47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)

**Procrastination**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	328	4	446	2	2	3	810	2.8	
2 Minimal Distress	3164	39	6572	34	20	33	10120	35.3	
3 Moderate Distress	3169	39	7755	40	23	38	11433	39.8	
4 High Distress	1529	19	4428	23	16	26	6341	22.1	
Valid responses =	8190	29	19201	67	61	0	28704	72.5	

Invalid responses include no response.

**47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)

**Faculty**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	78	7	161	6	0	0	253	5.9	
2 Minimal Distress	525	45	1205	43	5	39	1860	43.6	
3 Moderate Distress	384	33	981	35	6	46	1460	34.2	
4 High Distress	173	15	463	17	2	15	691	16.2	
Valid responses =	1160	27	2810	66	13	0	4264	10.8	

Invalid responses include no response.

**47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)

**Family**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	105	4	199	2	2	5	315	2.3	
2 Minimal Distress	1094	38	3093	30	12	32	4403	31.6	
3 Moderate Distress	1111	39	3952	39	17	45	5411	38.8	
4 High Distress	578	20	2928	29	7	18	3801	27.3	
Valid responses =	2888	21	10172	73	38	0	13930	35.2	

Invalid responses include no response.

**47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)

**Intimate relationships**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	216	5	261	3	2	7	499	3.3	
2 Minimal Distress	1442	34	3243	32	10	35	4922	32.3	
3 Moderate Distress	1551	36	3884	38	12	41	5687	37.3	
4 High Distress	1087	25	2836	28	5	17	4134	27.1	
Valid responses =	4296	28	10224	67	29	0	15242	38.5	

Invalid responses include no response.

**47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)

**Roommate/housemate**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	138	5	267	3	0	0	421	3.4	
2 Minimal Distress	1353	50	3624	40	9	38	5182	41.9	
3 Moderate Distress	841	31	3193	35	14	58	4228	34.2	
4 High Distress	380	14	2014	22	1	4	2523	20.4	
Valid responses =	2712	22	9098	74	24	0	12354	31.2	

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
**Institutional Data Report - Spring 2020**  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

**47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)

**Peers**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No Distress	194	8	324	5	0	0	547	5.4	
2 Minimal Distress	1287	54	3581	50	8	42	5114	50.7	
3 Moderate Distress	670	28	2397	34	9	47	3270	32.4	
4 High Distress	236	10	843	12	2	11	1155	11.5	
Valid responses =	2387	24	7145	71	19	0	10086	25.5	

Invalid responses include no response.

**47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)

**Personal appearance**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No Distress	151	4	208	2	2	4	374	2.0	
2 Minimal Distress	1918	49	5138	37	12	27	7379	39.0	
3 Moderate Distress	1353	34	5411	39	19	42	7181	37.9	
4 High Distress	532	14	3178	23	12	27	4005	21.1	
Valid responses =	3954	21	13935	74	45	0	18939	47.8	

Invalid responses include no response.

**47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)

**Health of someone close to me**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No Distress	174	5	283	3	2	8	474	3.3	
2 Minimal Distress	1292	38	3296	32	5	21	4818	33.3	
3 Moderate Distress	1335	39	4161	40	12	50	5786	40.0	
4 High Distress	621	18	2591	25	5	21	3389	23.4	
Valid responses =	3422	24	10331	71	24	0	14467	36.5	

Invalid responses include no response.

**47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)

**Death of a family member, friend, or someone close to me**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No Distress	116	5	173	3	1	6	298	3.3	
2 Minimal Distress	657	29	1387	22	8	50	2128	23.4	
3 Moderate Distress	797	35	2325	36	4	25	3250	35.7	
4 High Distress	688	31	2570	40	3	19	3417	37.6	
Valid responses =	2258	25	6455	71	16	0	9093	23.0	

Invalid responses include no response.

**47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)

**Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No Distress	63	14	95	6	0	0	166	7.0	
2 Minimal Distress	208	45	666	38	1	17	928	39.1	
3 Moderate Distress	123	27	579	33	4	67	774	32.6	
4 High Distress	68	15	400	23	1	17	505	21.3	
Valid responses =	462	19	1740	73	6	0	2373	6.0	

Invalid responses include no response.

**47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)

**Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No Distress	37	17	77	11	0	0	119	11.3	
2 Minimal Distress	91	41	291	40	3	75	418	39.6	
3 Moderate Distress	60	27	208	28	0	0	299	28.3	
4 High Distress	34	15	158	22	1	25	220	20.8	
Valid responses =	222	21	734	70	4	0	1056	2.7	

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
Institutional Data Report - Spring 2020

UNDERGRADUATE STUDENTS

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 6, 2021  
FREQUENCY REPORT  
Number of Surveys (n) =

39602 Web Surveys

### 47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	49	28	33	17	0	0	88	22.2	
2 Minimal Distress	63	36	64	32	0	0	138	34.8	
3 Moderate Distress	37	21	59	30	1	100	99	24.9	
4 High Distress	26	15	44	22	0	0	72	18.1	
Valid responses =	175	44	200	50	1	0	397	1.0	

Invalid responses include no response.

### 47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	204	17	395	9	1	6	637	10.0	
2 Minimal Distress	686	58	2506	56	9	56	3545	55.5	
3 Moderate Distress	206	18	1198	27	6	38	1645	25.8	
4 High Distress	84	7	380	9	0	0	556	8.7	
Valid responses =	1180	18	4479	70	16	0	6383	16.1	

Invalid responses include no response.

### 47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	50	17	173	5	1	13	232	5.7	
2 Minimal Distress	130	44	1420	40	3	38	1650	40.5	
3 Moderate Distress	72	24	1134	32	2	25	1290	31.6	
4 High Distress	43	15	786	22	2	25	907	22.2	
Valid responses =	295	7	3513	86	8	0	4079	10.3	

Invalid responses include no response.

### 47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	100	11	157	6	0	0	268	6.7	
2 Minimal Distress	466	51	1269	48	6	38	1891	47.3	
3 Moderate Distress	239	26	888	33	8	50	1282	32.1	
4 High Distress	112	12	348	13	2	13	555	13.9	
Valid responses =	917	23	2662	67	16	0	3996	10.1	

Invalid responses include no response.

### 47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	2220	67	5287	65	27	69	7904	65.4	
2 Negatively impacted performance in a class	891	27	2186	27	11	28	3259	26.9	
3 Delayed progress towards degree	226	7	651	8	1	3	930	7.7	
Valid responses =	3337	28	8124	67	39	0	12093	30.5	

Invalid responses include no response.

### 47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	2923	68	8327	68	26	61	11760	67.6	
2 Negatively impacted performance in a class	1051	24	2899	24	13	30	4216	24.2	
3 Delayed progress towards degree	338	8	996	8	4	9	1422	8.2	
Valid responses =	4312	25	12222	70	43	0	17398	43.9	

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 6, 2021  
FREQUENCY REPORT  
Number of Surveys (n) =

39602 Web Surveys

**47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
(only includes students that had problems or challenges with this issue within the last 12 months)

**Procrastination**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	2733	33	6968	36	20	32	10072	35.0	
2 Negatively impacted performance in a class	4831	59	10837	56	37	60	16478	57.3	
3 Delayed progress towards degree	648	8	1422	7	5	8	2206	7.7	
Valid responses =	8212	29	19227	67	62	0	28756	72.6	

Invalid responses include no response.

**47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
(only includes students that had problems or challenges with this issue within the last 12 months)

**Faculty**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	493	43	1273	46	7	54	1881	44.3	
2 Negatively impacted performance in a class	528	46	1260	45	5	39	1924	45.3	
3 Delayed progress towards degree	133	12	263	9	1	8	438	10.3	
Valid responses =	1154	27	2796	66	13	0	4243	10.7	

Invalid responses include no response.

**47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
(only includes students that had problems or challenges with this issue within the last 12 months)

**Family**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	2099	73	7020	69	29	73	9675	69.4	
2 Negatively impacted performance in a class	649	22	2678	26	10	25	3580	25.7	
3 Delayed progress towards degree	144	5	476	5	1	3	680	4.9	
Valid responses =	2892	21	10174	73	40	0	13935	35.2	

Invalid responses include no response.

**47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
(only includes students that had problems or challenges with this issue within the last 12 months)

**Intimate relationships**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	3014	70	6911	68	24	80	10403	68.3	
2 Negatively impacted performance in a class	1148	27	2931	29	5	17	4295	28.2	
3 Delayed progress towards degree	136	3	371	4	1	3	533	3.5	
Valid responses =	4298	28	10213	67	30	0	15231	38.5	

Invalid responses include no response.

**47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
(only includes students that had problems or challenges with this issue within the last 12 months)

**Roommate/housemate**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	2136	79	7158	79	14	58	9685	78.4	
2 Negatively impacted performance in a class	521	19	1741	19	10	42	2400	19.4	
3 Delayed progress towards degree	58	2	192	2	0	0	267	2.2	
Valid responses =	2715	22	9091	74	24	0	12352	31.2	

Invalid responses include no response.

**47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
(only includes students that had problems or challenges with this issue within the last 12 months)

**Peers**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	1918	81	5772	81	11	55	8103	80.6	
2 Negatively impacted performance in a class	421	18	1254	18	8	40	1801	17.9	
3 Delayed progress towards degree	42	2	95	1	1	5	153	1.5	
Valid responses =	2381	24	7121	71	20	0	10057	25.4	

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 6, 2021  
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**47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)

**Personal appearance**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3501	88	12192	88	41	85	16529	87.2
2 Negatively impacted performance in a class	419	11	1536	11	7	15	2143	11.3
3 Delayed progress towards degree	45	1	206	2	0	0	279	1.5
Valid responses =	3965	21	13934	74	48	0	18951	47.9

Invalid responses include no response.

**47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Health of someone close to me**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2620	77	7596	74	18	75	10719	74.2
2 Negatively impacted performance in a class	679	20	2379	23	4	17	3239	22.4
3 Delayed progress towards degree	115	3	348	3	2	8	494	3.4
Valid responses =	3414	24	10323	71	24	0	14452	36.5

Invalid responses include no response.

**47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Death of a family member, friend, or someone close to me**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1470	65	3792	59	12	75	5451	60.0
2 Negatively impacted performance in a class	656	29	2232	35	3	19	3047	33.5
3 Delayed progress towards degree	132	6	426	7	1	6	593	6.5
Valid responses =	2258	25	6450	71	16	0	9091	23.0

Invalid responses include no response.

**47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	335	72	1190	69	3	50	1634	68.9
2 Negatively impacted performance in a class	105	23	466	27	3	50	622	26.2
3 Delayed progress towards degree	23	5	82	5	0	0	115	4.9
Valid responses =	463	20	1738	73	6	0	2371	6.0

Invalid responses include no response.

**47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	162	73	530	72	2	50	757	71.6
2 Negatively impacted performance in a class	50	23	173	24	2	50	250	23.7
3 Delayed progress towards degree	10	5	33	5	0	0	50	4.7
Valid responses =	222	21	736	70	4	0	1057	2.7

Invalid responses include no response.

**47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	106	61	129	64	0	0	247	62.2
2 Negatively impacted performance in a class	55	31	63	31	1	100	126	31.7
3 Delayed progress towards degree	14	8	9	5	0	0	24	6.0
Valid responses =	175	44	201	51	1	0	397	1.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 6, 2021  
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### 47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype) Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1027	87	3795	85	8	50	5372	84.3
2 Negatively impacted performance in a class	127	11	603	14	7	44	887	13.9
3 Delayed progress towards degree	26	2	74	2	1	6	116	1.8
Valid responses =	1180	19	4472	70	16	0	6375	16.1

Invalid responses include no response.

### 47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	235	80	2791	80	4	50	3220	79.0
2 Negatively impacted performance in a class	48	16	607	17	4	50	716	17.6
3 Delayed progress towards degree	12	4	111	3	0	0	140	3.4
Valid responses =	295	7	3509	86	8	0	4076	10.3

Invalid responses include no response.

### 47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	715	79	2023	76	8	44	3022	76.0
2 Negatively impacted performance in a class	158	17	532	20	10	56	803	20.2
3 Delayed progress towards degree	38	4	93	4	0	0	149	3.7
Valid responses =	911	23	2648	67	18	0	3974	10.0

Invalid responses include no response.

### 48) Within the last 30 days, how would you rate the overall level of stress you have experienced?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	410	4	231	1	0	0	659	1.7
2 Low	3858	34	5105	19	25	25	9218	23.4
3 Moderate	5259	46	13637	52	52	51	19677	49.8
4 High	1953	17	7386	28	25	25	9923	25.1
Valid responses =	11480	29	26359	67	102	0	39477	99.7

Invalid responses include no response.

### 49) Have you ever thought about or attempted to kill yourself?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	6461	56	13791	52	59	58	20674	52.4
2 Just a brief passing thought	3098	27	6850	26	24	24	10347	26.2
3 Planned at least once, but did not try to do it	995	9	2779	11	5	5	4089	10.4
4 Planned at least once, wanted to die	552	5	1491	6	6	6	2300	5.8
5 Attempted, but did not want to die	165	1	698	3	4	4	955	2.4
6 Attempted, really hoped to die	211	2	746	3	3	3	1116	2.8
Valid responses =	11482	29	26355	67	101	0	39481	99.7

Invalid responses include no response.

### 50) How often have you thought about killing yourself in the past year?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	8130	71	17600	67	72	73	26415	66.9
2 Rarely (1 time)	1445	13	3681	14	11	11	5440	13.8
3 Sometimes (2 times)	937	8	2664	10	5	5	3880	9.8
4 Often (3-4 times)	408	4	1202	5	6	6	1743	4.4
5 Very often (5 or more times)	572	5	1213	5	5	5	2015	5.1
Valid responses =	11492	29	26360	67	99	0	39493	99.7

Invalid responses include no response.



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### 51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	9749	85	21238	81	77	78	32027	81.1	
2 Yes, one time, did not want to die	903	8	2542	10	10	10	3637	9.2	
3 Yes, one time, wanted to die	410	4	1240	5	7	7	1820	4.6	
4 Yes, more than once, did not want to do it	252	2	674	3	1	1	1020	2.6	
5 Yes, more than once, wanted to do it	176	2	663	3	4	4	982	2.5	
Valid responses =	11490	29	26357	67	99	0	39486	99.7	

Invalid responses include no response.

### 52) How likely is it that you will attempt suicide someday?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
0 Never	7614	66	17690	67	60	61	25892	65.5	
1 No chance at all	1636	14	3527	13	11	11	5418	13.7	
2 Rather unlikely	1470	13	3390	13	15	15	5286	13.4	
3 Unlikely	481	4	1131	4	6	6	1817	4.6	
4 Likely	194	2	470	2	4	4	769	1.9	
5 Rather likely	49	0	96	0	1	1	179	0.5	
6 Very likely	56	1	64	0	2	2	147	0.4	
Valid responses =	11500	29	26368	67	99	0	39508	99.8	

Invalid responses include no response.

### 53) Within the last 12 months, have you attempted suicide?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	11144	97	25743	98	100	98	38442	97.7	
2 Yes	303	3	503	2	2	2	888	2.3	
Valid responses =	11447	29	26246	67	102	0	39330	99.3	

Invalid responses include no response.

### 54A) Have you ever received psychological or mental health services?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	7468	65	12579	48	51	52	20489	51.8	
2 Yes	4029	35	13824	52	47	48	19054	48.2	
Valid responses =	11497	29	26403	67	98	0	39543	99.9	

Invalid responses include no response.

### 54B) Within in the last 12 months, have you received psychological or mental health services?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	9318	81	17514	66	74	76	27555	69.8	
2 Yes	2171	19	8859	34	23	24	11947	30.2	
Valid responses =	11489	29	26373	67	97	0	39502	99.7	

Invalid responses include no response.

### 54C1) Were the psychological or mental health services you received in the last 12 months provided by: (only includes students that received psychological or mental health services within the last 12 months) My current campus health and/or counseling center?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	932	47	3658	44	9	43	4958	44.7	
2 Yes	1066	53	4577	56	12	57	6124	55.3	
Valid responses =	1998	18	8235	74	21	0	11082	28.0	

Invalid responses include no response.

### 54C2) Were the psychological or mental health services you received in the last 12 months provided by: (only includes students that received psychological or mental health services within the last 12 months) A mental health provider in the local community near my campus?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	1450	73	5848	72	15	75	7849	71.6	
2 Yes	525	27	2299	28	5	25	3113	28.4	
Valid responses =	1975	18	8147	74	20	0	10962	27.7	

Invalid responses include no response.

### 54C3) Were the psychological or mental health services you received in the last 12 months provided by: (only includes students that received psychological or mental health services within the last 12 months) A mental health provider in my home town?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	1147	58	4491	55	14	70	6091	55.4	
2 Yes	845	42	3676	45	6	30	4909	44.6	
Valid responses =	1992	18	8167	74	20	0	11000	27.8	

Invalid responses include no response.

### 54C4) Were the psychological or mental health services you received in the last 12 months provided by: (only includes students that received psychological or mental health services within the last 12 months)



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### A mental health provider not described above

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1649	93	6708	95	13	77	9026	94.5
2 Yes	123	7	357	5	4	24	527	5.5
Valid responses =	1772	19	7065	74	17	0	9553	24.1

Invalid responses include no response.

### 55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4236	37	5261	20	35	35	9831	24.9
2 Yes	7255	63	21110	80	64	65	29670	75.1
Valid responses =	11491	29	26371	67	99	0	39501	99.7

Invalid responses include no response.

### 55B1) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months) My current campus health center?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4298	66	10812	57	31	56	15749	58.8
2 Yes	2243	34	8270	43	24	44	11049	41.2
Valid responses =	6541	24	19082	71	55	0	26798	67.7

Invalid responses include no response.

### 55B2) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months) A medical service provider in the local community near my campus?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4842	75	13208	70	37	67	18822	70.9
2 Yes	1647	25	5671	30	18	33	7719	29.1
Valid responses =	6489	24	18879	71	55	0	26541	67.0

Invalid responses include no response.

### 55B3) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months) A medical service provider in my home town?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1518	23	4033	21	14	26	5856	21.6
2 Yes	5139	77	15248	79	41	75	21271	78.4
Valid responses =	6657	25	19281	71	55	0	27127	68.5

Invalid responses include no response.

### 55B4) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months) A medical service provider not described above?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5262	95	15313	96	36	84	21480	95.7
2 Yes	281	5	626	4	7	16	972	4.3
Valid responses =	5543	25	15939	71	43	0	22452	56.7

Invalid responses include no response.

### 56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician's assistant)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7527	66	12181	46	57	61	20583	52.1
2 Yes	651	6	13733	52	24	26	14975	37.9
3 Don't know	176	2	252	1	4	4	459	1.2
4 Not applicable	3129	27	196	1	9	10	3463	8.8
Valid responses =	11483	29	26362	67	94	0	39480	99.7

Invalid responses include no response.

### 57) Have you had a dental exam and cleaning in the last 12 months?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2754	24	5703	22	20	20	8910	22.5
2 Yes	8503	74	20105	76	74	74	29744	75.2
3 Don't know	238	2	592	2	6	6	885	2.2
Valid responses =	11495	29	26400	67	100	0	39539	99.8

Invalid responses include no response.



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### 58) When you are outdoors in the sun, how often do you wear sunscreen?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never	2310	20	2294	9	21	21	4867	12.3	
2 Rarely	3836	33	5786	22	21	21	10097	25.5	
3 Sometimes	3275	29	8819	33	27	27	12563	31.8	
4 Usually	1794	16	7193	27	23	23	9326	23.6	
5 Always	287	3	2311	9	7	7	2694	6.8	
Valid responses =	11502	29	26403	67	99	0	39547	99.9	

Invalid responses include no response.

### 59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

#### Wear a shirt with sleeves

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never	1945	17	4672	18	14	15	6872	17.4	
2 Rarely	2230	19	5879	22	19	20	8415	21.4	
3 Sometimes	3054	27	8860	34	26	27	12420	31.5	
4 Usually	2938	26	5404	21	25	26	8752	22.2	
5 Always	1302	11	1497	6	12	13	2952	7.5	
Valid responses =	11469	29	26312	67	96	0	39411	99.5	

Invalid responses include no response.

### 59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

#### Wear sunglasses

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never	2011	18	3071	12	16	17	5433	13.8	
2 Rarely	2044	18	3918	15	13	14	6265	15.9	
3 Sometimes	3022	26	7274	28	24	25	10676	27.1	
4 Usually	3065	27	8477	32	30	31	11943	30.3	
5 Always	1320	12	3585	14	13	14	5101	12.9	
Valid responses =	11462	29	26325	67	96	0	39418	99.5	

Invalid responses include no response.

### 59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

#### Stay in the shade

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never	624	5	1327	5	5	5	2041	5.2	
2 Rarely	1672	15	3750	14	9	9	5603	14.2	
3 Sometimes	5064	44	11356	43	37	39	16996	43.1	
4 Usually	3606	32	8358	32	33	34	12601	32.0	
5 Always	496	4	1549	6	12	13	2192	5.6	
Valid responses =	11462	29	26340	67	96	0	39433	99.6	

Invalid responses include no response.

### 59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

#### Wear a hat

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never	2379	21	6229	24	16	17	8993	22.9	
2 Rarely	2459	22	7644	29	29	30	10534	26.8	
3 Sometimes	3537	31	8829	34	25	26	12843	32.7	
4 Usually	2177	19	2911	11	18	19	5348	13.6	
5 Always	881	8	649	3	8	8	1608	4.1	
Valid responses =	11433	29	26262	67	96	0	39326	99.3	

Invalid responses include no response.





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## 60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 times	6733	60	9585	37	52	58	17310	44.5	
1 1 time	421	4	866	3	5	6	1357	3.5	
2 2 times	687	6	1655	6	5	6	2438	6.3	
3 3 times	445	4	1292	5	5	6	1798	4.6	
4 4 times	221	2	790	3	1	1	1042	2.7	
5 5 times	529	5	1788	7	2	2	2376	6.1	
6 6 to 10 times	994	9	3544	14	6	7	4669	12.0	
7 11 to 15 times	279	3	1220	5	3	3	1526	3.9	
8 16 to 20 times	355	3	1731	7	1	1	2125	5.5	
9 21 to 49 times	348	3	1885	7	10	11	2288	5.9	
10 50 or More times	302	3	1629	6	0	0	1968	5.1	
Valid responses =	11314	29	25985	67	90	0	38897	98.2	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	5.70	0.00	18.84	0	365
Female	11.21	3.00	22.91	0	365
Overall	9.36	2.00	21.78	0	365

## 61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Have not received HPV vaccine	2114	18	4040	15	16	17	6389	16.2	
2 Have started, but not completed HPV vaccine	520	5	1713	7	5	5	2364	6.0	
3 Completed HPV vaccine	5669	49	16199	62	54	58	22818	57.8	
4 I don't know my HPV vaccination status	3164	28	4408	17	18	19	7887	20.0	
Valid responses =	11467	29	26360	67	93	0	39458	99.6	

Invalid responses include no response.

## 62) Did you have a flu vaccine within the last 12 months?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	5429	47	11766	45	44	46	17908	45.4	
2 Yes	5387	47	13698	52	49	51	19926	50.5	
3 Don't know	663	6	893	3	3	3	1637	4.1	
Valid responses =	11479	29	26357	67	96	0	39471	99.7	

Invalid responses include no response.

## 63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Bronchitis

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11062	97	24742	94	87	94	37334	94.8	
2 Yes	389	3	1572	6	6	7	2060	5.2	
Valid responses =	11451	29	26314	67	93	0	39394	99.5	

Invalid responses include no response.

## 63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Chlamydia

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11323	99	25818	98	90	98	38731	98.5	
2 Yes	109	1	431	2	2	2	574	1.5	
Valid responses =	11432	29	26249	67	92	0	39305	99.3	

Invalid responses include no response.

## 63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Chicken Pox (Varicella)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11322	100	25937	100	93	100	38864	99.7	
2 Yes	46	0	65	0	0	0	116	0.3	
Valid responses =	11368	29	26002	67	93	0	38980	98.4	

Invalid responses include no response.

## 63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8025	70	14646	56	64	70	23654	60.1	
2 Yes	3433	30	11639	44	28	30	15718	39.9	
Valid responses =	11458	29	26285	67	92	0	39372	99.4	

Invalid responses include no response.

## 63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Concussion



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	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11130	97	25375	97	89	97	38071	96.7
2 Yes	315	3	921	4	3	3	1293	3.3
Valid responses =	11445	29	26296	67	92	0	39364	99.4

Invalid responses include no response.

#### 63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Gonorrhea

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11368	100	26189	100	92	100	39169	99.7
2 Yes	59	1	68	0	0	0	137	0.3
Valid responses =	11427	29	26257	67	92	0	39306	99.3

Invalid responses include no response.

#### 63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Flu (influenza) or flu-like illness

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10185	89	22798	87	81	89	34402	87.3
2 Yes	1268	11	3524	13	10	11	5000	12.7
Valid responses =	11453	29	26322	67	91	0	39402	99.5

Invalid responses include no response.

#### 63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Mumps

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11360	100	26135	100	92	100	39108	99.8
2 Yes	38	0	40	0	0	0	82	0.2
Valid responses =	11398	29	26175	67	92	0	39190	99.0

Invalid responses include no response.

#### 63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Mononucleosis (mono)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11219	98	25511	98	91	99	38312	97.8
2 Yes	184	2	647	3	1	1	867	2.2
Valid responses =	11403	29	26158	67	92	0	39179	98.9

Invalid responses include no response.

#### 63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10509	92	23593	90	88	96	35534	90.3
2 Yes	932	8	2699	10	4	4	3823	9.7
Valid responses =	11441	29	26292	67	92	0	39357	99.4

Invalid responses include no response.

#### 63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Pelvic Inflammatory Disease

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11409	100	26190	100	91	99	39212	99.7
2 Yes	23	0	93	0	1	1	128	0.3
Valid responses =	11432	29	26283	67	92	0	39340	99.3

Invalid responses include no response.

#### 63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

##### Pneumonia

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11211	98	25686	98	87	96	38479	98.1
2 Yes	186	2	531	2	4	4	752	1.9
Valid responses =	11397	29	26217	67	91	0	39231	99.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

### 63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

#### Shingles

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11337	100	26028	100	89	98	38971	99.6
2 Yes	41	0	103	0	2	2	153	0.4
Valid responses =	11378	29	26131	67	91	0	39124	98.8

Invalid responses include no response.

### 63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

#### Stomach or GI virus or bug, food poisoning, or gastritis

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10728	94	23366	89	79	86	35520	90.3
2 Yes	715	6	2916	11	13	14	3830	9.7
Valid responses =	11443	29	26282	67	92	0	39350	99.4

Invalid responses include no response.

### 63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

#### Urinary tract infection

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11348	99	22252	85	88	96	35055	89.2
2 Yes	84	1	4011	15	4	4	4264	10.8
Valid responses =	11432	29	26263	67	92	0	39319	99.3

Invalid responses include no response.

### 63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

#### Other short-term, temporary illness not listed above

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9824	97	21542	96	69	95	32645	96.2
2 Yes	263	3	950	4	4	6	1287	3.8
Valid responses =	10087	30	22492	66	73	0	33932	85.7

Invalid responses include no response.

### 63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

#### Bronchitis

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	235	63	770	50	1	20	1045	52.1
2 Negatively impacted performance in a class	131	35	699	46	3	60	879	43.9
3 Delayed progress towards degree	10	3	62	4	1	20	80	4.0
Valid responses =	376	19	1531	76	5	0	2004	5.1

Invalid responses include no response.

### 63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

#### Chlamydia

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	88	85	348	84	1	50	456	82.9
2 Negatively impacted performance in a class	15	14	56	14	0	0	80	14.5
3 Delayed progress towards degree	1	1	10	2	1	50	14	2.5
Valid responses =	104	19	414	75	2	0	550	1.4

Invalid responses include no response.

### 63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

#### Chicken Pox (Varicella)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	36	82	50	82	0	0	87	79.1
2 Negatively impacted performance in a class	6	14	5	8	0	0	14	12.7
3 Delayed progress towards degree	2	5	6	10	0	0	9	8.2
Valid responses =	44	40	61	55	0	0	110	0.3

Invalid responses include no response.



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**63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?****(only includes students who have been diagnosed within the last 12 months)****Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	2071	62	6203	54	15	58	8568	55.5
2 Negatively impacted performance in a class	1250	37	5015	44	10	39	6589	42.7
3 Delayed progress towards degree	48	1	228	2	1	4	290	1.9
Valid responses =	3369	22	11446	74	26	0	15447	39.0

Invalid responses include no response.

**63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?****(only includes students who have been diagnosed within the last 12 months)****Concussion**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	131	43	274	31	0	0	417	33.4
2 Negatively impacted performance in a class	145	48	508	57	2	100	687	55.0
3 Delayed progress towards degree	27	9	108	12	0	0	144	11.5
Valid responses =	303	24	890	71	2	0	1248	3.2

Invalid responses include no response.

**63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?****(only includes students who have been diagnosed within the last 12 months)****Gonorrhea**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	47	80	52	81	0	0	103	78.6
2 Negatively impacted performance in a class	9	15	6	9	0	0	17	13.0
3 Delayed progress towards degree	3	5	6	9	0	0	11	8.4
Valid responses =	59	45	64	49	0	0	131	0.3

Invalid responses include no response.

**63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?****(only includes students who have been diagnosed within the last 12 months)****Flu (influenza) or flu-like illness**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	621	50	1396	41	5	56	2104	43.2
2 Negatively impacted performance in a class	581	47	1916	56	3	33	2600	53.4
3 Delayed progress towards degree	29	2	126	4	1	11	167	3.4
Valid responses =	1231	25	3438	71	9	0	4871	12.3

Invalid responses include no response.

**63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?****(only includes students who have been diagnosed within the last 12 months)****Mumps**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	32	89	31	82	0	0	65	83.3
2 Negatively impacted performance in a class	3	8	2	5	0	0	6	7.7
3 Delayed progress towards degree	1	3	5	13	0	0	7	9.0
Valid responses =	36	46	38	49	0	0	78	0.2

Invalid responses include no response.

**63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?****(only includes students who have been diagnosed within the last 12 months)****Mononucleosis (mono)**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	81	45	223	35	0	0	315	37.4
2 Negatively impacted performance in a class	85	48	350	56	1	100	448	53.2
3 Delayed progress towards degree	13	7	58	9	0	0	79	9.4
Valid responses =	179	21	631	75	1	0	842	2.1

Invalid responses include no response.

**63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?****(only includes students who have been diagnosed within the last 12 months)****Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendonitis, or ligament injury)**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	665	72	1874	70	2	50	2646	70.2
2 Negatively impacted performance in a class	213	23	676	25	2	50	964	25.6
3 Delayed progress towards degree	40	4	111	4	0	0	160	4.2
Valid responses =	918	24	2661	71	4	0	3770	9.5

Invalid responses include no response.



**63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?**  
 (only includes students who have been diagnosed within the last 12 months)

**Pelvic Inflammatory Disease**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	17	77	57	63	0	0	77	62.1
2 Negatively impacted performance in a class	4	18	21	23	0	0	32	25.8
3 Delayed progress towards degree	1	5	12	13	1	100	15	12.1
Valid responses =	22	18	90	73	1	1	124	0.3

Invalid responses include no response.

**63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?**  
 (only includes students who have been diagnosed within the last 12 months)

**Pneumonia**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	96	54	203	40	3	75	313	43.1
2 Negatively impacted performance in a class	75	42	266	52	0	0	359	49.4
3 Delayed progress towards degree	8	5	43	8	1	25	54	7.4
Valid responses =	179	25	512	71	4	1	726	1.8

Invalid responses include no response.

**63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?**  
 (only includes students who have been diagnosed within the last 12 months)

**Shingles**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	33	83	69	70	0	0	103	70.1
2 Negatively impacted performance in a class	5	13	22	22	1	50	32	21.8
3 Delayed progress towards degree	2	5	7	7	1	50	12	8.2
Valid responses =	40	27	98	67	2	1	147	0.4

Invalid responses include no response.

**63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?**  
 (only includes students who have been diagnosed within the last 12 months)

**Stomach or GI virus or bug, food poisoning, or gastritis**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	418	60	1578	55	5	42	2081	55.4
2 Negatively impacted performance in a class	267	38	1196	42	7	58	1560	41.6
3 Delayed progress towards degree	17	2	85	3	0	0	112	3.0
Valid responses =	702	19	2859	76	12	0	3753	9.5

Invalid responses include no response.

**63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?**  
 (only includes students who have been diagnosed within the last 12 months)

**Urinary tract infection**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	69	84	3088	80	1	50	3280	80.2
2 Negatively impacted performance in a class	12	15	719	19	1	50	766	18.7
3 Delayed progress towards degree	1	1	39	1	0	0	43	1.1
Valid responses =	82	2	3846	94	2	0	4089	10.3

Invalid responses include no response.

**63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?**  
 (only includes students who have been diagnosed within the last 12 months)

**Other short-term, temporary illness not listed above**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	174	69	617	68	1	33	833	67.9
2 Negatively impacted performance in a class	63	25	247	27	2	67	336	27.4
3 Delayed progress towards degree	15	6	39	4	0	0	57	4.6
Valid responses =	252	21	903	74	3	0	1226	3.1

Invalid responses include no response.

**64) Have you ever been tested for HIV?**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Yes, within the last 12 months	1369	12	4724	18	15	16	6449	16.4
2 Yes, more than 12 months ago	889	8	2156	8	8	8	3223	8.2
3 No	8327	73	16591	63	64	67	25891	65.8
4 Unsure	859	8	2806	11	9	9	3786	9.6
Valid responses =	11444	29	26277	67	96	0	39349	99.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UNDERGRADUATE STUDENTS

American College Health Association  
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December 6, 2021  
FREQUENCY REPORT  
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39602 Web Surveys

### 65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

#### Acne

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8502	74	18398	70	62	68	28034	71.4
2 Yes	2925	26	7827	30	29	32	11241	28.6
Valid responses =	11427	29	26225	67	91	0	39275	99.2

Invalid responses include no response.

### 65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

#### ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10317	90	24260	92	78	86	35886	91.1
2 Yes	1133	10	2046	8	13	14	3501	8.9
Valid responses =	11450	29	26306	67	91	0	39387	99.5

Invalid responses include no response.

### 65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

#### Alcohol or Other Drug-Related Abuse or Addiction

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11314	99	26084	99	85	94	38987	98.9
2 Yes	146	1	237	1	5	6	423	1.1
Valid responses =	11460	29	26321	67	90	0	39410	99.5

Invalid responses include no response.

### 65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

#### Allergies - food allergy

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10316	90	22685	86	77	85	34380	87.4
2 Yes	1113	10	3586	14	14	15	4946	12.6
Valid responses =	11429	29	26271	67	91	0	39326	99.3

Invalid responses include no response.

### 65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

#### Allergies - animals/pets

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9992	88	22402	86	73	80	33746	86.0
2 Yes	1423	13	3803	15	18	20	5499	14.0
Valid responses =	11415	29	26205	67	91	0	39245	99.1

Invalid responses include no response.

### 65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

#### Allergies - environmental (for example: pollen, grass, dust, mold)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8355	73	18292	70	65	71	27722	70.6
2 Yes	3080	27	7938	30	26	29	11565	29.4
Valid responses =	11435	29	26230	67	91	0	39287	99.2

Invalid responses include no response.

### 65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

#### Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9874	86	17803	68	71	78	28487	72.3
2 Yes	1585	14	8530	32	20	22	10934	27.7
Valid responses =	11459	29	26333	67	91	0	39421	99.5

Invalid responses include no response.

### 65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

#### Asthma

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9652	85	21783	83	69	77	32729	83.3
2 Yes	1768	16	4470	17	21	23	6565	16.7
Valid responses =	11420	29	26253	67	90	0	39294	99.2

Invalid responses include no response.



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**65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?****Autism spectrum**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11151	98	25992	99	88	98	38646	98.6	
2 Yes	250	2	184	1	2	2	553	1.4	
Valid responses =	11401	29	26176	67	90	0	39199	99.0	

Invalid responses include no response.

**65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?****Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11295	99	25709	98	89	98	38534	97.9	
2 Yes	148	1	589	2	2	2	833	2.1	
Valid responses =	11443	29	26298	67	91	0	39367	99.4	

Invalid responses include no response.

**65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?****Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11393	99	26037	99	87	97	38995	99.0	
2 Yes	64	1	266	1	3	3	395	1.0	
Valid responses =	11457	29	26303	67	90	0	39390	99.5	

Invalid responses include no response.

**65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?****Cancer**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11369	99	26109	99	89	99	39083	99.4	
2 Yes	71	1	161	1	1	1	249	0.6	
Valid responses =	11440	29	26270	67	90	0	39332	99.3	

Invalid responses include no response.

**65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?****Celiac disease**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11307	99	25709	99	88	99	38605	98.9	
2 Yes	77	1	322	1	1	1	422	1.1	
Valid responses =	11384	29	26031	67	89	0	39027	98.5	

Invalid responses include no response.

**65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?****Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	10992	96	24268	93	83	92	36676	93.4	
2 Yes	434	4	1937	7	7	8	2578	6.6	
Valid responses =	11426	29	26205	67	90	0	39254	99.1	

Invalid responses include no response.

**65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?****Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	9975	87	19697	75	74	82	30519	77.5	
2 Yes	1469	13	6598	25	16	18	8849	22.5	
Valid responses =	11444	29	26295	67	90	0	39368	99.4	

Invalid responses include no response.

**65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?****Diabetes or pre-diabetes/insulin resistance**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11272	99	25720	98	86	96	38571	98.0	
2 Yes	169	2	557	2	4	4	775	2.0	
Valid responses =	11441	29	26277	67	90	0	39346	99.4	

Invalid responses include no response.



**65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11316	99	24777	94	81	90	37529	95.3
2 Yes	125	1	1530	6	9	10	1843	4.7
Valid responses =	11441	29	26307	67	90	0	39372	99.4

Invalid responses include no response.

**65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Endometriosis**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11420	100	25689	98	88	98	38681	98.4
2 Yes	17	0	575	2	2	2	645	1.6
Valid responses =	11437	29	26264	67	90	0	39326	99.3

Invalid responses include no response.

**65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Gambling Disorder**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11394	100	26195	100	88	100	39197	99.9
2 Yes	23	0	19	0	0	0	51	0.1
Valid responses =	11417	29	26214	67	88	0	39248	99.1

Invalid responses include no response.

**65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Genital herpes**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11329	100	25820	99	88	98	38738	99.1
2 Yes	47	0	266	1	2	2	336	0.9
Valid responses =	11376	29	26086	67	90	0	39074	98.7

Invalid responses include no response.

**65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Gastroesophageal Reflux Disease (GERD) or acid reflux**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11135	97	24976	95	87	97	37631	95.7
2 Yes	295	3	1274	5	3	3	1673	4.3
Valid responses =	11430	29	26250	67	90	0	39304	99.2

Invalid responses include no response.

**65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11252	98	25662	98	90	99	38499	97.8
2 Yes	190	2	637	2	1	1	868	2.2
Valid responses =	11442	29	26299	67	91	0	39367	99.4

Invalid responses include no response.

**65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Hepatitis B or C**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11408	100	26210	100	90	100	39233	99.8
2 Yes	24	0	54	0	0	0	84	0.2
Valid responses =	11432	29	26264	67	90	0	39317	99.3

Invalid responses include no response.

**65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 High blood pressure (hypertension)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11034	97	25777	98	88	98	38385	97.7
2 Yes	379	3	465	2	2	2	892	2.3
Valid responses =	11413	29	26242	67	90	0	39277	99.2

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2020

UNDERGRADUATE STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

39602 Web Surveys

**65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**High cholesterol (hyperlipidemia)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11175	98	25544	97	85	94	38286	97.3
2 Yes	264	2	730	3	5	6	1054	2.7
Valid responses =	11439	29	26274	67	90	0	39340	99.3

Invalid responses include no response.

**65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**HIV or AIDS**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11356	100	26124	100	88	99	39095	99.9
2 Yes	18	0	33	0	1	1	54	0.1
Valid responses =	11374	29	26157	67	89	0	39149	98.9

Invalid responses include no response.

**65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**Human papillomavirus (HPV) or genital warts**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11398	100	25957	99	88	100	38956	99.0
2 Yes	50	0	339	1	0	0	412	1.0
Valid responses =	11448	29	26296	67	88	0	39368	99.4

Invalid responses include no response.

**65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**Insomnia**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11048	97	24629	94	80	91	37092	94.5
2 Yes	365	3	1582	6	8	9	2154	5.5
Valid responses =	11413	29	26211	67	88	0	39246	99.1

Invalid responses include no response.

**65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**Irritable bowel syndrome (spastic colon or spastic bowel)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11235	98	24958	95	84	93	37709	95.9
2 Yes	203	2	1312	5	6	7	1624	4.1
Valid responses =	11438	29	26270	67	90	0	39333	99.3

Invalid responses include no response.

**65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**Migraine headaches**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10807	95	22689	87	77	87	34857	88.9
2 Yes	605	5	3487	13	12	14	4348	11.1
Valid responses =	11412	29	26176	67	89	0	39205	99.0

Invalid responses include no response.

**65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11192	98	24834	95	85	94	37469	95.2
2 Yes	245	2	1445	6	5	6	1872	4.8
Valid responses =	11437	29	26279	67	90	0	39341	99.3

Invalid responses include no response.

**65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**Polycystic Ovarian Syndrome (PCOS)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11395	100	25189	96	86	96	38127	97.1
2 Yes	14	0	1037	4	4	4	1129	2.9
Valid responses =	11409	29	26226	67	90	0	39256	99.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
**Institutional Data Report - Spring 2020**  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

**65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11187	98	24685	94	83	93	37232	94.6
2 Yes	251	2	1602	6	6	7	2115	5.4
Valid responses =	11438	29	26287	67	89	0	39347	99.4

Invalid responses include no response.

**65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11394	100	26225	100	90	100	39224	99.7
2 Yes	36	0	69	0	0	0	128	0.3
Valid responses =	11430	29	26294	67	90	0	39352	99.4

Invalid responses include no response.

**65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Sleep Apnea**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11235	98	25929	99	88	98	38750	98.6
2 Yes	193	2	331	1	2	2	561	1.4
Valid responses =	11428	29	26260	67	90	0	39311	99.3

Invalid responses include no response.

**65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Thyroid condition or disorder**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11294	99	25247	96	89	99	38083	97.1
2 Yes	113	1	958	4	1	1	1148	2.9
Valid responses =	11407	29	26205	67	90	0	39231	99.1

Invalid responses include no response.

**65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Tourette's or other neurodevelopmental condition not already listed**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11389	100	26187	100	89	99	39178	99.6
2 Yes	54	1	81	0	1	1	158	0.4
Valid responses =	11443	29	26268	67	90	0	39336	99.3

Invalid responses include no response.

**65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Traumatic brain injury (TBI)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11264	99	25884	99	87	97	38731	98.8
2 Yes	140	1	278	1	3	3	451	1.2
Valid responses =	11404	29	26162	67	90	0	39182	98.9

Invalid responses include no response.

**65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11381	100	25895	99	90	100	38861	98.8
2 Yes	58	1	380	1	0	0	476	1.2
Valid responses =	11439	29	26275	67	90	0	39337	99.3

Invalid responses include no response.

**65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Other ongoing or chronic condition not listed above**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10557	97	23135	94	78	92	35006	94.5
2 Yes	356	3	1512	6	7	8	2049	5.5
Valid responses =	10913	29	24647	67	85	0	37055	93.6

Invalid responses include no response.



**65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Allergic & immunologic disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	290	88	1169	86	4	67	1598	85.7	
2 Yes	41	12	195	14	2	33	266	14.3	
Valid responses =	331	18	1364	73	6	0	1864	4.7	

Invalid responses include no response.

**65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Autoimmune disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	276	83	1030	75	5	100	1434	76.1	
2 Yes	57	17	352	26	0	0	450	23.9	
Valid responses =	333	18	1382	73	5	0	1884	4.8	

Invalid responses include no response.

**65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Blood disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	314	95	1199	88	5	100	1666	89.5	
2 Yes	16	5	168	12	0	0	195	10.5	
Valid responses =	330	18	1367	73	5	0	1861	4.7	

Invalid responses include no response.

**65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Brain & nervous system disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	285	86	1171	86	1	17	1587	84.9	
2 Yes	48	14	198	15	5	83	283	15.1	
Valid responses =	333	18	1369	73	6	0	1870	4.7	

Invalid responses include no response.

**65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Hair, skin, nails disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	278	84	1210	89	5	100	1631	87.5	
2 Yes	55	17	154	11	0	0	232	12.5	
Valid responses =	333	18	1364	73	5	0	1863	4.7	

Invalid responses include no response.

**65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Digestive system disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	276	84	1120	82	4	80	1529	81.8	
2 Yes	53	16	252	18	1	20	341	18.2	
Valid responses =	329	18	1372	73	5	0	1870	4.7	

Invalid responses include no response.

**65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Endocrine system disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	312	95	1271	94	4	80	1730	93.5	
2 Yes	17	5	86	6	1	20	120	6.5	
Valid responses =	329	18	1357	73	5	0	1850	4.7	

Invalid responses include no response.



**65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Eye/ear/nose/throat disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	288	87	1225	90	4	67	1656	89.4	
2 Yes	42	13	130	10	2	33	197	10.6	
Valid responses =	330	18	1355	73	6	0	1853	4.7	

Invalid responses include no response.

**65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Heart & vascular disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	312	95	1249	92	5	83	1711	92.3	
2 Yes	18	6	108	8	1	17	143	7.7	
Valid responses =	330	18	1357	73	6	0	1854	4.7	

Invalid responses include no response.

**65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Infectious disease**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	318	97	1318	98	5	100	1794	97.4	
2 Yes	10	3	32	2	0	0	47	2.6	
Valid responses =	328	18	1350	73	5	0	1841	4.6	

Invalid responses include no response.

**65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Mental health/psychological disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	289	87	1123	83	3	50	1515	81.5	
2 Yes	42	13	235	17	3	50	343	18.5	
Valid responses =	331	18	1358	73	6	0	1858	4.7	

Invalid responses include no response.

**65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Musculoskeletal disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	295	89	1211	89	4	67	1647	88.2	
2 Yes	37	11	157	12	2	33	221	11.8	
Valid responses =	332	18	1368	73	6	0	1868	4.7	

Invalid responses include no response.

**65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Reproductive system disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	321	98	1235	91	4	80	1715	92.8	
2 Yes	7	2	120	9	1	20	133	7.2	
Valid responses =	328	18	1355	73	5	0	1848	4.7	

Invalid responses include no response.

**65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Respiratory disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	310	94	1276	95	4	67	1734	94.3	
2 Yes	19	6	69	5	2	33	105	5.7	
Valid responses =	329	18	1345	73	6	0	1839	4.6	

Invalid responses include no response.



**65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Sleep-wake disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	309	95	1283	95	4	80	1737	94.2	
2 Yes	17	5	70	5	1	20	107	5.8	
Valid responses =	326	18	1353	73	5	0	1844	4.7	

Invalid responses include no response.

**65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Urinary system disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	315	97	1308	97	4	80	1783	97.1	
2 Yes	11	3	36	3	1	20	53	2.9	
Valid responses =	326	18	1344	73	5	0	1836	4.6	

Invalid responses include no response.

**65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Other ongoing or chronic condition not previously reported**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	187	67	775	65	2	67	1053	65.7	
2 Yes	92	33	411	35	1	33	550	34.3	
Valid responses =	279	17	1186	74	3	0	1603	4.0	

Invalid responses include no response.

**65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Anaphylaxis**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	35	90	149	77	0	0	203	77.8	
2 Yes	4	10	44	23	1	100	58	22.2	
Valid responses =	39	15	193	74	1	0	261	0.7	

Invalid responses include no response.

**65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Medication allergy**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	27	69	98	51	0	0	136	51.9	
2 Yes	12	31	95	49	2	100	126	48.1	
Valid responses =	39	15	193	74	2	1	262	0.7	

Invalid responses include no response.

**65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Latex allergy**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	38	97	164	86	0	0	224	86.5	
2 Yes	1	3	27	14	1	100	35	13.5	
Valid responses =	39	15	191	74	1	0	259	0.7	

Invalid responses include no response.

**65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Insect/bee sting allergy**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	35	90	166	87	0	0	225	86.5	
2 Yes	4	10	26	14	1	100	35	13.5	
Valid responses =	39	15	192	74	1	0	260	0.7	

Invalid responses include no response.



**65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?**  
 (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

**Immune deficiency**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	34	87	136	71	1	50	190	72.5
2 Yes	5	13	57	30	1	50	72	27.5
Valid responses =	39	15	193	74	2	1	262	0.7

Invalid responses include no response.

**65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?**

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

**Other allergic or immunologic condition not previously reported**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	30	83	137	86	0	0	181	84.2
2 Yes	6	17	23	14	1	100	34	15.8
Valid responses =	36	17	160	74	1	0	215	0.5

Invalid responses include no response.

**65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?**

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

**Other allergic or immunologic condition**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	40	76	258	77	0	0	328	76.8
2 Yes	13	25	78	23	0	0	99	23.2
Valid responses =	53	12	336	79	0	0	427	1.1

Invalid responses include no response.

**65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?**

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

**Rheumatoid Arthritis**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	49	93	291	87	0	0	370	87.1
2 Yes	4	8	42	13	0	0	55	12.9
Valid responses =	53	12	333	78	0	0	425	1.1

Invalid responses include no response.

**65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?**

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

**Scleroderma**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	50	98	317	97	0	0	403	96.6
2 Yes	1	2	11	3	0	0	14	3.4
Valid responses =	51	12	328	79	0	0	417	1.1

Invalid responses include no response.

**65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?**

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

**Systemic Lupus Erythematosus**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	51	96	293	88	0	0	375	88.4
2 Yes	2	4	42	13	0	0	49	11.6
Valid responses =	53	13	335	79	0	0	424	1.1

Invalid responses include no response.

**65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?**

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

**Other autoimmune disorder not previously reported**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	25	51	158	54	0	0	200	53.5
2 Yes	24	49	135	46	0	0	174	46.5
Valid responses =	49	13	293	78	0	0	374	0.9

Invalid responses include no response.



**65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?**  
 (only includes students that selected having an ongoing/chronic blood disorder not listed above)

**Anemia**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	12	80	46	28	0	0	61	32.4
2 Yes	3	20	116	72	0	0	127	67.6
Valid responses =	15	8	162	86	0	0	188	0.5

Invalid responses include no response.

**65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?**  
 (only includes students that selected having an ongoing/chronic blood disorder not listed above)

**Hemophilia**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	13	87	146	95	0	0	168	93.9
2 Yes	2	13	8	5	0	0	11	6.1
Valid responses =	15	8	154	86	0	0	179	0.5

Invalid responses include no response.

**65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?**  
 (only includes students that selected having an ongoing/chronic blood disorder not listed above)

**Hypercoagulable states**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	12	86	144	94	0	0	165	93.2
2 Yes	2	14	9	6	0	0	12	6.8
Valid responses =	14	8	153	86	0	0	177	0.4

Invalid responses include no response.

**65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?**  
 (only includes students that selected having an ongoing/chronic blood disorder not listed above)

**Platelet Conditions**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	10	77	128	83	0	0	145	81.5
2 Yes	3	23	27	17	0	0	33	18.5
Valid responses =	13	7	155	87	0	0	178	0.4

Invalid responses include no response.

**65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?**  
 (only includes students that selected having an ongoing/chronic blood disorder not listed above)

**Sickle Cell Disease**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	13	100	147	96	0	0	169	96.0
2 Yes	0	0	6	4	0	0	7	4.0
Valid responses =	13	7	153	87	0	0	176	0.4

Invalid responses include no response.

**65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?**  
 (only includes students that selected having an ongoing/chronic blood disorder not listed above)

**Other blood condition not previously reported**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	5	42	96	69	0	0	106	66.3
2 Yes	7	58	44	31	0	0	54	33.8
Valid responses =	12	8	140	88	0	0	160	0.4

Invalid responses include no response.

**65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?**  
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

**Cerebral Palsy**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	44	96	184	96	3	75	259	95.2
2 Yes	2	4	7	4	1	25	13	4.8
Valid responses =	46	17	191	70	4	1	272	0.7

Invalid responses include no response.



**65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?**  
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

**Epilepsy**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	36	77	142	73	3	75	207	74.5
2 Yes	11	23	53	27	1	25	71	25.5
Valid responses =	47	17	195	70	4	1	278	0.7

Invalid responses include no response.

**65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?**  
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

**Seizure Conditions**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	29	64	135	70	2	67	190	70.1
2 Yes	16	36	57	30	1	33	81	29.9
Valid responses =	45	17	192	71	3	1	271	0.7

Invalid responses include no response.

**65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?**  
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

**Multiple Sclerosis**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	42	91	184	97	3	75	258	95.2
2 Yes	4	9	6	3	1	25	13	4.8
Valid responses =	46	17	190	70	4	1	271	0.7

Invalid responses include no response.

**65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?**  
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

**Other brain or nervous system condition not previously reported**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	29	69	95	57	2	100	138	57.3
2 Yes	13	31	73	44	0	0	103	42.7
Valid responses =	42	17	168	70	2	1	241	0.6

Invalid responses include no response.

**65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Alopecia**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	45	94	131	89	0	0	194	89.8
2 Yes	3	6	16	11	0	0	22	10.2
Valid responses =	48	22	147	68	0	0	216	0.5

Invalid responses include no response.

**65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Eczema**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	25	49	66	44	0	0	102	45.7
2 Yes	26	51	84	56	0	0	121	54.3
Valid responses =	51	23	150	67	0	0	223	0.6

Invalid responses include no response.

**65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Hirsutism**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	47	98	141	96	0	0	207	96.3
2 Yes	1	2	6	4	0	0	8	3.7
Valid responses =	48	22	147	68	0	0	215	0.5

Invalid responses include no response.





**65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Hyperhidrosis**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	45	94	139	95	0	0	203	94.0
2 Yes	3	6	8	5	0	0	13	6.0
Valid responses =	48	22	147	68	0	0	216	0.5

Invalid responses include no response.

**65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Photodermatitis**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	46	96	143	97	0	0	205	95.3
2 Yes	2	4	4	3	0	0	10	4.7
Valid responses =	48	22	147	68	0	0	215	0.5

Invalid responses include no response.

**65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Psoriasis**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	37	74	108	73	0	0	160	73.1
2 Yes	13	26	40	27	0	0	59	26.9
Valid responses =	50	23	148	68	0	0	219	0.6

Invalid responses include no response.

**65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Vitiligo**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	46	96	138	95	0	0	203	95.3
2 Yes	2	4	7	5	0	0	10	4.7
Valid responses =	48	23	145	68	0	0	213	0.5

Invalid responses include no response.

**65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Other hair, skin, or nail condition not previously reported**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	27	66	83	66	0	0	124	67.4
2 Yes	14	34	42	34	0	0	60	32.6
Valid responses =	41	22	125	68	0	0	184	0.5

Invalid responses include no response.

**65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?**  
 (only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

**Crohn's Disease**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	37	73	190	79	0	0	251	76.3
2 Yes	14	28	52	22	1	100	78	23.7
Valid responses =	51	16	242	74	1	0	329	0.8

Invalid responses include no response.

**65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?**  
 (only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

**Diverticular Disease**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	47	94	229	96	0	0	308	95.4
2 Yes	3	6	9	4	1	100	15	4.6
Valid responses =	50	15	238	74	1	0	323	0.8

Invalid responses include no response.

**65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?***(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)***Esophageal Disease**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	43	86	220	92	1	100	292	89.8
2 Yes	7	14	20	8	0	0	33	10.2
Valid responses =	50	15	240	74	1	0	325	0.8

Invalid responses include no response.

**65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?***(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)***Gallbladder Disease**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	46	92	210	89	0	0	286	89.1
2 Yes	4	8	26	11	1	100	35	10.9
Valid responses =	50	16	236	74	1	0	321	0.8

Invalid responses include no response.

**65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?***(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)***Ulcerative Colitis**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	39	78	206	86	0	0	276	84.7
2 Yes	11	22	35	15	1	100	50	15.3
Valid responses =	50	15	241	74	1	0	326	0.8

Invalid responses include no response.

**65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?***(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)***Other digestive system condition not previously reported**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	33	73	124	61	1	100	176	63.3
2 Yes	12	27	78	39	0	0	102	36.7
Valid responses =	45	16	202	73	1	0	278	0.7

Invalid responses include no response.

**65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?***(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)***Hearing loss**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	29	74	91	72	0	0	135	71.4
2 Yes	10	26	35	28	1	100	54	28.6
Valid responses =	39	21	126	67	1	1	189	0.5

Invalid responses include no response.

**65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?***(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)***Uveitis**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	36	92	119	94	0	0	175	92.6
2 Yes	3	8	7	6	1	100	14	7.4
Valid responses =	39	21	126	67	1	1	189	0.5

Invalid responses include no response.

**65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?***(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)***Vertigo**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	38	97	97	76	1	100	152	79.6
2 Yes	1	3	31	24	0	0	39	20.4
Valid responses =	39	20	128	67	1	1	191	0.5

Invalid responses include no response.



**65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?**  
 (only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)  
 Other eye/ear/nose/throat condition not previously reported

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	20	53	48	44	0	0	79	46.2
2 Yes	18	47	62	56	1	100	92	53.8
Valid responses =	38	22	110	64	1	1	171	0.4

Invalid responses include no response.

**65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?**  
 (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)  
 Cardiac Arrhythmia

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	13	77	81	77	0	0	106	76.3
2 Yes	4	24	24	23	1	100	33	23.7
Valid responses =	17	12	105	76	1	1	139	0.4

Invalid responses include no response.

**65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?**  
 (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)  
 Coronary Artery Disease

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	16	94	101	96	0	0	131	94.9
2 Yes	1	6	4	4	0	0	7	5.1
Valid responses =	17	12	105	76	0	0	138	0.3

Invalid responses include no response.

**65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?**  
 (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)  
 Congenital Heart Condition

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	14	82	90	86	0	0	116	84.1
2 Yes	3	18	15	14	0	0	22	15.9
Valid responses =	17	12	105	76	0	0	138	0.3

Invalid responses include no response.

**65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?**  
 (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)  
 Congestive Heart Failure

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	16	94	99	94	0	0	129	93.5
2 Yes	1	6	6	6	0	0	9	6.5
Valid responses =	17	12	105	76	0	0	138	0.3

Invalid responses include no response.

**65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?**  
 (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)  
 Heart Murmur

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	13	77	74	71	0	0	96	70.1
2 Yes	4	24	30	29	0	0	41	29.9
Valid responses =	17	12	104	76	0	0	137	0.3

Invalid responses include no response.

**65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?**  
 (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)  
 Valvular Heart Disease (for example: Mitral valve prolapse)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	14	82	96	91	0	0	121	87.7
2 Yes	3	18	9	9	0	0	17	12.3
Valid responses =	17	12	105	76	0	0	138	0.3

Invalid responses include no response.



**65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?**

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Other heart or vascular condition not previously reported

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	7	50	35	38	0	0	49	41.2
2 Yes	7	50	57	62	0	0	70	58.8
Valid responses =	14	12	92	77	0	0	119	0.3

Invalid responses include no response.

**65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?**

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Lyme Disease

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	8	89	21	66	0	0	32	69.6
2 Yes	1	11	11	34	0	0	14	30.4
Valid responses =	9	20	32	70	0	0	46	0.1

Invalid responses include no response.

**65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?**

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Other infectious disease not previously reported

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	6	67	14	56	0	0	23	60.5
2 Yes	3	33	11	44	0	0	15	39.5
Valid responses =	9	24	25	66	0	0	38	0.1

Invalid responses include no response.

**65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?**

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Carpal Tunnel Syndrome

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	30	86	131	87	1	50	183	87.1
2 Yes	5	14	19	13	1	50	27	12.9
Valid responses =	35	17	150	71	2	1	210	0.5

Invalid responses include no response.

**65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?**

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Fibromyalgia

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	33	94	114	77	1	100	164	78.5
2 Yes	2	6	35	24	0	0	45	21.5
Valid responses =	35	17	149	71	1	0	209	0.5

Invalid responses include no response.

**65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?**

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Gout

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	35	100	144	97	1	100	202	97.1
2 Yes	0	0	5	3	0	0	6	2.9
Valid responses =	35	17	149	72	1	0	208	0.5

Invalid responses include no response.

**65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?**

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Muscular Dystrophy

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	33	94	142	95	1	100	197	94.7
2 Yes	2	6	7	5	0	0	11	5.3
Valid responses =	35	17	149	72	1	0	208	0.5

Invalid responses include no response.



**65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?**  
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)  
**Osteoarthritis**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	30	86	129	88	1	100	179	86.9
2 Yes	5	14	18	12	0	0	27	13.1
Valid responses =	35	17	147	71	1	0	206	0.5

Invalid responses include no response.

**65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?**  
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)  
**Osteoporosis**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	34	97	141	95	1	100	195	94.2
2 Yes	1	3	8	5	0	0	12	5.8
Valid responses =	35	17	149	72	1	0	207	0.5

Invalid responses include no response.

**65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?**  
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)  
**Temporomandibular Joint Dysfunction**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	32	91	114	77	1	100	162	78.3
2 Yes	3	9	34	23	0	0	45	21.7
Valid responses =	35	17	148	71	1	0	207	0.5

Invalid responses include no response.

**65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?**  
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)  
**Other musculoskeletal condition not previously reported**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	12	40	41	33	1	100	61	34.3
2 Yes	18	60	83	67	0	0	117	65.7
Valid responses =	30	17	124	70	1	1	178	0.4

Invalid responses include no response.

**65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?**  
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)  
**Amenorrhea**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	6	86	96	84	0	0	106	83.5
2 Yes	1	14	18	16	1	100	21	16.5
Valid responses =	7	6	114	90	1	1	127	0.3

Invalid responses include no response.

**65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?**  
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)  
**Cervical Dysplasia**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	5	71	105	95	0	0	115	92.7
2 Yes	2	29	6	5	1	100	9	7.3
Valid responses =	7	6	111	90	1	1	124	0.3

Invalid responses include no response.

**65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?**  
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)  
**Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	5	71	64	55	0	0	73	56.6
2 Yes	2	29	52	45	1	100	56	43.4
Valid responses =	7	5	116	90	1	1	129	0.3

Invalid responses include no response.



**65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?**  
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

**Prostatitis**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	3	43	109	98	0	0	117	94.4
2 Yes	4	57	2	2	1	100	7	5.6
Valid responses =	7	6	111	90	1	1	124	0.3

Invalid responses include no response.

**65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?**  
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

**Sexual Dysfunction**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	5	71	103	92	1	100	113	90.4
2 Yes	2	29	9	8	0	0	12	9.6
Valid responses =	7	6	112	90	1	1	125	0.3

Invalid responses include no response.

**65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?**  
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

**Other reproductive system condition not previously reported**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	5	83	54	54	1	100	62	55.9
2 Yes	1	17	46	46	0	0	49	44.1
Valid responses =	6	5	100	90	1	1	111	0.3

Invalid responses include no response.

**65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?**  
 (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

**Cystic Fibrosis**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	19	100	61	88	0	0	94	90.4
2 Yes	0	0	8	12	1	100	10	9.6
Valid responses =	19	18	69	66	1	1	104	0.3

Invalid responses include no response.

**65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?**  
 (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

**Sarcoidosis**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	19	100	66	96	0	0	99	95.2
2 Yes	0	0	3	4	1	100	5	4.8
Valid responses =	19	18	69	66	1	1	104	0.3

Invalid responses include no response.

**65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?**  
 (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

**Active Tuberculous**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	18	95	66	97	1	100	99	96.1
2 Yes	1	5	2	3	0	0	4	3.9
Valid responses =	19	18	68	66	1	1	103	0.3

Invalid responses include no response.

**65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?**  
 (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

**Other respiratory system condition not previously reported**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	8	53	36	64	1	100	52	61.2
2 Yes	7	47	20	36	0	0	33	38.8
Valid responses =	15	18	56	66	1	1	85	0.2

Invalid responses include no response.



**65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

**Hypersomnolence**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	15	88	53	80	0	0	82	80.4
2 Yes	2	12	13	20	1	100	20	19.6
Valid responses =	17	17	66	65	1	1	102	0.3

Invalid responses include no response.

**65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

**Narcolepsy**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	11	65	33	49	1	100	59	56.7
2 Yes	6	35	35	52	0	0	45	43.3
Valid responses =	17	16	68	65	1	1	104	0.3

Invalid responses include no response.

**65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

**Restless Leg Syndrome**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	12	71	45	69	0	0	70	69.3
2 Yes	5	29	20	31	1	100	31	30.7
Valid responses =	17	17	65	64	1	1	101	0.3

Invalid responses include no response.

**65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

**Sleep Paralysis**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	12	75	43	67	0	0	66	66.7
2 Yes	4	25	21	33	1	100	33	33.3
Valid responses =	16	16	64	65	1	1	99	0.2

Invalid responses include no response.

**65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

**Sleep Terrors (or night terrors)**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	12	71	50	77	0	0	75	74.3
2 Yes	5	29	15	23	1	100	26	25.7
Valid responses =	17	17	65	64	1	1	101	0.3

Invalid responses include no response.

**65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

**Sleep Walking**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	15	88	57	88	0	0	86	85.1
2 Yes	2	12	8	12	1	100	15	14.9
Valid responses =	17	17	65	64	1	1	101	0.3

Invalid responses include no response.

**65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

**Other sleep-wake condition not previously reported**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	11	69	47	78	0	0	69	75.0
2 Yes	5	31	13	22	1	100	23	25.0
Valid responses =	16	17	60	65	1	1	92	0.2

Invalid responses include no response.



**65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?**  
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

**Bladder disease**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	9	90	27	79	0	0	39	78.0
2 Yes	1	10	7	21	1	100	11	22.0
Valid responses =	10	20	34	68	1	2	50	0.1

Invalid responses include no response.

**65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?**  
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

**Kidney disease**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	5	50	27	82	0	0	35	71.4
2 Yes	5	50	6	18	1	100	14	28.6
Valid responses =	10	20	33	67	1	2	49	0.1

Invalid responses include no response.

**65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?**  
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

**Kidney stone**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	8	80	22	65	1	100	33	66.0
2 Yes	2	20	12	35	0	0	17	34.0
Valid responses =	10	20	34	68	1	2	50	0.1

Invalid responses include no response.

**65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?**  
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

**Urinary Incontinence**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	7	70	20	61	0	0	32	65.3
2 Yes	3	30	13	39	1	100	17	34.7
Valid responses =	10	20	33	67	1	2	49	0.1

Invalid responses include no response.

**65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?**  
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

**Other urinary system condition not previously reported**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	8	80	18	67	0	0	29	69.0
2 Yes	2	20	9	33	1	100	13	31.0
Valid responses =	10	24	27	64	1	2	42	0.1

Invalid responses include no response.

**65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:**  
 (only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

**Type 1 Diabetes**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	80	52	355	73	3	75	468	68.5
2 Yes	74	48	129	27	1	25	215	31.5
Valid responses =	154	23	484	71	4	1	683	1.7

Invalid responses include no response.

**65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:**  
 (only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

**Type 2 Diabetes**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	112	77	420	88	2	50	570	85.3
2 Yes	34	23	58	12	2	50	98	14.7
Valid responses =	146	22	478	72	4	1	668	1.7

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
**Institutional Data Report - Spring 2020**  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

December 6, 2021  
**FREQUENCY REPORT**  
 Number of Surveys (n) = 39602 Web Surveys

**65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:**  
 (only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

**Pre-diabetes or insulin resistance**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	96	63	183	35	2	50	290	39.8	
2 Yes	56	37	345	65	2	50	438	60.2	
Valid responses =	152	21	528	73	4	1	728	1.8	

Invalid responses include no response.

**65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:**  
 (only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

**Gestational Diabetes**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	141	99	441	94	3	75	622	95.1	
2 Yes	2	1	26	6	1	25	32	4.9	
Valid responses =	143	22	467	71	4	1	654	1.7	

Invalid responses include no response.

**65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Acne**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	1930	66	4064	52	16	57	6303	56.4	
2 Yes	985	34	3717	48	12	43	4879	43.6	
Valid responses =	2915	26	7781	70	28	0	11182	28.2	

Invalid responses include no response.

**65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**ADD/ADHD - Attention Deficit/Hyperactivity Disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	408	44	626	33	5	50	1138	36.4	
2 Yes	518	56	1279	67	5	50	1991	63.6	
Valid responses =	926	30	1905	61	10	0	3129	7.9	

Invalid responses include no response.

**65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Alcohol or Other Drug-Related Abuse or Addiction**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	84	58	133	56	2	40	236	56.2	
2 Yes	62	43	103	44	3	60	184	43.8	
Valid responses =	146	35	236	56	5	1	420	1.1	

Invalid responses include no response.

**65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Allergies - food allergy**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	825	75	2288	64	10	77	3287	66.9	
2 Yes	279	25	1275	36	3	23	1625	33.1	
Valid responses =	1104	22	3563	73	13	0	4912	12.4	

Invalid responses include no response.

**65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Allergies - animals/pets**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	1111	79	2582	68	11	65	3888	71.1	
2 Yes	305	22	1202	32	6	35	1581	28.9	
Valid responses =	1416	26	3784	69	17	0	5469	13.8	

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
 Institutional Data Report - Spring 2020  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

**65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

**(only includes students that have been diagnosed with this condition)**

**Allergies - environmental (for example: pollen, grass, dust, mold)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	2330	76	5281	67	16	62	8007	69.5	
2 Yes	735	24	2626	33	10	39	3510	30.5	
Valid responses =	3065	27	7907	69	26	0	11517	29.1	

Invalid responses include no response.

**65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

**(only includes students that have been diagnosed with this condition)**

**Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	508	32	2072	24	6	30	2742	25.2	
2 Yes	1068	68	6423	76	14	70	8144	74.8	
Valid responses =	1576	14	8495	78	20	0	10886	27.5	

Invalid responses include no response.

**65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

**(only includes students that have been diagnosed with this condition)**

**Asthma**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	1334	76	2645	60	8	38	4179	64.2	
2 Yes	418	24	1792	40	13	62	2334	35.8	
Valid responses =	1752	27	4437	68	21	0	6513	16.4	

Invalid responses include no response.

**65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

**(only includes students that have been diagnosed with this condition)**

**Autism Spectrum**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	144	69	99	59	2	100	298	60.3	
2 Yes	65	31	69	41	0	0	196	39.7	
Valid responses =	209	42	168	34	2	0	494	1.2	

Invalid responses include no response.

**65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

**(only includes students that have been diagnosed with this condition)**

**Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	55	37	140	24	0	0	219	26.4	
2 Yes	93	63	446	76	2	100	610	73.6	
Valid responses =	148	18	586	71	2	0	829	2.1	

Invalid responses include no response.

**65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

**(only includes students that have been diagnosed with this condition)**

**Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	31	48	77	29	2	67	130	33.2	
2 Yes	33	52	187	71	1	33	262	66.8	
Valid responses =	64	16	264	67	3	1	392	1.0	

Invalid responses include no response.

**65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**

**(only includes students that have been diagnosed with this condition)**

**Cancer**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	37	53	57	36	0	0	103	41.9	
2 Yes	33	47	102	64	1	100	143	58.1	
Valid responses =	70	28	159	65	1	0	246	0.6	

Invalid responses include no response.



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**65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Celiac disease**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	58	76	145	46	1	100	217	52.2	
2 Yes	18	24	173	54	0	0	199	47.8	
Valid responses =	76	18	318	76	1	0	416	1.1	

Invalid responses include no response.

**65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	156	36	557	29	1	14	773	30.1	
2 Yes	276	64	1370	71	6	86	1792	69.9	
Valid responses =	432	17	1927	75	7	0	2565	6.5	

Invalid responses include no response.

**65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	494	34	1548	24	8	50	2203	25.0	
2 Yes	969	66	5031	77	8	50	6617	75.0	
Valid responses =	1463	17	6579	75	16	0	8820	22.3	

Invalid responses include no response.

**65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Diabetes or pre-diabetes/insulin resistance**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	48	28	176	32	0	0	239	30.9	
2 Yes	121	72	380	68	3	100	534	69.1	
Valid responses =	169	22	556	72	3	0	773	2.0	

Invalid responses include no response.

**65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	62	50	715	47	4	57	872	47.7	
2 Yes	62	50	806	53	3	43	957	52.3	
Valid responses =	124	7	1521	83	7	0	1829	4.6	

Invalid responses include no response.

**65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Endometriosis**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	15	88	192	34	1	50	225	35.0	
2 Yes	2	12	381	67	1	50	418	65.0	
Valid responses =	17	3	573	89	2	0	643	1.6	

Invalid responses include no response.

**65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Gambling Disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	20	87	15	79	0	0	39	78.0	
2 Yes	3	13	4	21	0	0	11	22.0	
Valid responses =	23	46	19	38	0	0	50	0.1	

Invalid responses include no response.



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**65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Genital herpes**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	28	60	93	36	2	100	133	40.1	
2 Yes	19	40	169	65	0	0	199	59.9	
Valid responses =	47	14	262	79	2	1	332	0.8	

Invalid responses include no response.

**65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Gastroesophageal Reflux Disease (GERD) or acid reflux**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	163	55	569	45	0	0	794	47.6	
2 Yes	132	45	701	55	3	100	875	52.4	
Valid responses =	295	18	1270	76	3	0	1669	4.2	

Invalid responses include no response.

**65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	100	53	270	43	1	100	387	44.6	
2 Yes	90	47	366	58	0	0	480	55.4	
Valid responses =	190	22	636	73	1	0	867	2.2	

Invalid responses include no response.

**65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Hepatitis B or C**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	14	58	29	55	0	0	47	56.6	
2 Yes	10	42	24	45	0	0	36	43.4	
Valid responses =	24	29	53	64	0	0	83	0.2	

Invalid responses include no response.

**65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**High blood pressure (hypertension)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	166	44	160	35	1	50	348	39.2	
2 Yes	213	56	301	65	1	50	540	60.8	
Valid responses =	379	43	461	52	2	0	888	2.2	

Invalid responses include no response.

**65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**High cholesterol (hyperlipidemia)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	121	46	299	42	1	25	446	42.8	
2 Yes	142	54	422	59	3	75	596	57.2	
Valid responses =	263	25	721	69	4	0	1042	2.6	

Invalid responses include no response.

**65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**HIV or AIDS**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	10	59	24	73	0	0	35	66.0	
2 Yes	7	41	9	27	1	100	18	34.0	
Valid responses =	17	32	33	62	1	2	53	0.1	

Invalid responses include no response.



**65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	64	146	43	0	0	187	45.6
2 Yes	18	36	191	57	0	0	223	54.4
Valid responses =	50	12	337	82	0	0	410	1.0

Invalid responses include no response.

**65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

Insomnia

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	163	47	634	41	6	75	891	42.4
2 Yes	187	53	913	59	2	25	1210	57.6
Valid responses =	350	17	1547	74	8	0	2101	5.3

Invalid responses include no response.

**65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	101	50	496	38	4	67	638	39.5
2 Yes	102	50	809	62	2	33	976	60.5
Valid responses =	203	13	1305	81	6	0	1614	4.1

Invalid responses include no response.

**65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

Migraine headaches

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	361	60	1490	43	2	20	1981	45.8
2 Yes	242	40	1981	57	8	80	2344	54.2
Valid responses =	603	14	3471	80	10	0	4325	10.9

Invalid responses include no response.

**65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	123	50	512	36	3	60	711	38.1
2 Yes	121	50	930	65	2	40	1154	61.9
Valid responses =	244	13	1442	77	5	0	1865	4.7

Invalid responses include no response.

**65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	100	283	27	1	33	319	28.4
2 Yes	0	0	751	73	2	67	805	71.6
Valid responses =	14	1	1034	92	3	0	1124	2.8

Invalid responses include no response.

**65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	86	34	489	31	2	33	645	30.6
2 Yes	164	66	1109	69	4	67	1463	69.4
Valid responses =	250	12	1598	76	6	0	2108	5.3

Invalid responses include no response.



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**65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	14	40	36	53	0	0	64	51.2	
2 Yes	21	60	32	47	0	0	61	48.8	
Valid responses =	35	28	68	54	0	0	125	0.3	

Invalid responses include no response.

**65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

Sleep Apnea

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	90	47	173	53	1	50	279	50.2	
2 Yes	102	53	154	47	1	50	277	49.8	
Valid responses =	192	35	327	59	2	0	556	1.4	

Invalid responses include no response.

**65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	44	39	203	21	1	100	269	23.6	
2 Yes	68	61	748	79	0	0	870	76.4	
Valid responses =	112	10	951	83	1	0	1139	2.9	

Invalid responses include no response.

**65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	43	80	44	54	0	0	99	62.7	
2 Yes	11	20	37	46	1	100	59	37.3	
Valid responses =	54	34	81	51	1	1	158	0.4	

Invalid responses include no response.

**65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

Traumatic brain injury (TBI)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	71	51	149	54	1	50	239	53.2	
2 Yes	69	49	129	46	1	50	210	46.8	
Valid responses =	140	31	278	62	2	0	449	1.1	

Invalid responses include no response.

**65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	31	54	164	43	0	0	208	44.0	
2 Yes	26	46	214	57	0	0	265	56.0	
Valid responses =	57	12	378	80	0	0	473	1.2	

Invalid responses include no response.

**65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

Other ongoing or chronic condition not listed above

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	157	57	559	44	0	0	764	44.9	
2 Yes	120	43	705	56	4	100	937	55.1	
Valid responses =	277	16	1264	74	4	0	1701	4.3	

Invalid responses include no response.



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**65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**ADD/ADHD - Attention Deficit/Hyperactivity Disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No treatment	62	12	147	12	1	20	236	11.9	
2 Medicine only	293	57	684	54	3	60	1052	53.0	
3 Therapy only	39	8	104	8	0	0	175	8.8	
4 Both medicine and therapy	119	23	331	26	0	0	506	25.5	
5 Other Treatment	2	0	10	1	1	20	16	0.8	
Valid responses =	515	26	1276	64	5	0	1985	5.0	

Invalid responses include no response.

**65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Alcohol or Other Drug-Related Abuse or Addiction**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No treatment	15	24	23	22	0	0	38	20.7	
2 Medicine only	3	5	0	0	0	0	4	2.2	
3 Therapy only	24	39	53	52	2	67	88	47.8	
4 Both medicine and therapy	16	26	18	18	0	0	38	20.7	
5 Other Treatment	4	7	9	9	1	33	16	8.7	
Valid responses =	62	34	103	56	3	2	184	0.5	

Invalid responses include no response.

**65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No treatment	102	10	462	7	3	23	595	7.3	
2 Medicine only	223	21	1350	21	3	23	1672	20.6	
3 Therapy only	283	27	1662	26	2	15	2133	26.2	
4 Both medicine and therapy	449	42	2877	45	4	31	3654	44.9	
5 Other Treatment	9	1	61	1	1	8	76	0.9	
Valid responses =	1066	13	6412	79	13	0	8130	20.5	

Invalid responses include no response.

**65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Autism spectrum**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No treatment	15	23	24	35	0	0	53	27.2	
2 Medicine only	7	11	2	3	0	0	10	5.1	
3 Therapy only	31	48	31	45	0	0	85	43.6	
4 Both medicine and therapy	10	15	11	16	0	0	41	21.0	
5 Other Treatment	2	3	1	1	0	0	6	3.1	
Valid responses =	65	33	69	35	0	0	195	0.5	

Invalid responses include no response.

**65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No treatment	12	13	27	6	0	0	43	7.1	
2 Medicine only	16	17	88	20	0	0	114	18.7	
3 Therapy only	12	13	57	13	0	0	80	13.1	
4 Both medicine and therapy	53	57	267	60	1	50	365	59.9	
5 Other Treatment	0	0	6	1	1	50	7	1.1	
Valid responses =	93	15	445	73	2	0	609	1.5	

Invalid responses include no response.

**65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No treatment	7	21	16	9	0	0	24	9.2	
2 Medicine only	4	12	14	8	0	0	22	8.4	
3 Therapy only	9	27	51	27	1	100	81	31.0	
4 Both medicine and therapy	13	39	101	54	0	0	130	49.8	
5 Other Treatment	0	0	4	2	0	0	4	1.5	
Valid responses =	33	13	186	71	1	0	261	0.7	

Invalid responses include no response.

**65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III) Institutional Data Report - Spring 2020 UNDERGRADUATE STUDENTS

American College Health Association  
8455 Colesville Road, Suite 740  
Silver Spring, MD 20910  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

December 6, 2021  
FREQUENCY REPORT  
Number of Surveys (n) = 39602 Web Surveys

### Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	64	7	271	5	1	13	357	5.4
2 Medicine only	185	19	974	19	1	13	1260	19.1
3 Therapy only	268	28	1137	23	2	25	1552	23.5
4 Both medicine and therapy	440	46	2600	52	3	38	3383	51.2
5 Other Treatment	10	1	39	1	1	13	53	0.8
Valid responses =	967	15	5021	76	8	0	6605	16.7

Invalid responses include no response.

### 65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

#### Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	18	29	149	19	2	67	182	19.1
2 Medicine only	8	13	27	3	0	0	38	4.0
3 Therapy only	29	47	437	54	1	33	518	54.3
4 Both medicine and therapy	6	10	179	22	0	0	202	21.2
5 Other Treatment	1	2	12	2	0	0	14	1.5
Valid responses =	62	6	804	84	3	0	954	2.4

Invalid responses include no response.

### 65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

#### Gambling Disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	1	25	0	0	1	10.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	2	67	1	25	0	0	4	40.0
4 Both medicine and therapy	1	33	1	25	0	0	4	40.0
5 Other Treatment	0	0	1	25	0	0	1	10.0
Valid responses =	3	30	4	40	0	0	10	0.0

Invalid responses include no response.

### 65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

#### Insomnia

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	38	20	209	23	1	50	268	22.2
2 Medicine only	74	40	348	38	1	50	457	37.9
3 Therapy only	22	12	103	11	0	0	141	11.7
4 Both medicine and therapy	44	24	232	26	0	0	310	25.7
5 Other Treatment	9	5	16	2	0	0	29	2.4
Valid responses =	187	16	908	75	2	0	1205	3.0

Invalid responses include no response.

### 65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

#### Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	16	13	92	10	1	50	116	10.1
2 Medicine only	17	14	124	13	0	0	150	13.0
3 Therapy only	34	28	288	31	0	0	350	30.4
4 Both medicine and therapy	53	44	420	45	1	50	528	45.8
5 Other Treatment	1	1	5	1	0	0	9	0.8
Valid responses =	121	10	929	81	2	0	1153	2.9

Invalid responses include no response.

### 65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

#### PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	22	13	79	7	1	25	111	7.6
2 Medicine only	13	8	79	7	0	0	101	6.9
3 Therapy only	67	41	513	46	2	50	652	44.6
4 Both medicine and therapy	56	34	419	38	0	0	571	39.1
5 Other Treatment	6	4	17	2	1	25	26	1.8
Valid responses =	164	11	1107	76	4	0	1461	3.7

Invalid responses include no response.

### 65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

#### Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.





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	1	5	3	9	0	0	4	6.7	
1 No treatment	1	5	3	9	0	0	4	6.7	
2 Medicine only	2	10	10	31	0	0	13	21.7	
3 Therapy only	3	14	6	19	0	0	10	16.7	
4 Both medicine and therapy	14	67	12	38	0	0	31	51.7	
5 Other Treatment	1	5	1	3	0	0	2	3.3	
Valid responses =	21	35	32	53	0	0	60	0.2	

Invalid responses include no response.

### 65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No treatment	3	27	12	33	0	0	19	32.8		
2 Medicine only	2	18	14	39	0	0	16	27.6		
3 Therapy only	2	18	5	14	1	100	9	15.5		
4 Both medicine and therapy	3	27	4	11	0	0	12	20.7		
5 Other Treatment	1	9	1	3	0	0	2	3.4		
Valid responses =	11	19	36	62	1	2	58	0.1		

Invalid responses include no response.

### 65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No treatment	22	32	34	26	1	100	59	28.2		
2 Medicine only	11	16	27	21	0	0	41	19.6		
3 Therapy only	16	24	17	13	0	0	37	17.7		
4 Both medicine and therapy	18	27	30	23	0	0	50	23.9		
5 Other Treatment	1	2	21	16	0	0	22	10.5		
Valid responses =	68	33	129	62	1	0	209	0.5		

Invalid responses include no response.

### 65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Acne

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	100	10	391	11	1	9	518	10.7		
2 Yes	877	90	3293	89	10	91	4317	89.3		
Valid responses =	977	20	3684	76	11	0	4835	12.2		

Invalid responses include no response.

### 65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - food allergy

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	136	49	491	39	1	33	665	41.2		
2 Yes	143	51	775	61	2	67	951	58.8		
Valid responses =	279	17	1266	78	3	0	1616	4.1		

Invalid responses include no response.

### 65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - animals/pets

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	416	57	1202	46	3	33	1700	48.8		
2 Yes	315	43	1405	54	6	67	1786	51.2		
Valid responses =	731	21	2607	75	9	0	3486	8.8		

Invalid responses include no response.



**65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Allergies - environmental (for example: pollen, grass, dust, mold)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Asthma**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	98	24	272	15	1	8	388	16.7
2 Yes	319	77	1506	85	11	92	1929	83.3
Valid responses =	417	18	1778	77	12	1	2317	5.9

Invalid responses include no response.

**65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Cancer**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	55	37	37	0	0	57	40.1
2 Yes	15	46	64	63	1	100	85	59.9
Valid responses =	33	23	101	71	1	1	142	0.4

Invalid responses include no response.

**65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Celiac disease**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	67	67	39	0	0	83	42.1
2 Yes	6	33	104	61	0	0	114	57.9
Valid responses =	18	9	171	87	0	0	197	0.5

Invalid responses include no response.

**65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	18	257	19	2	33	349	19.6
2 Yes	226	82	1107	81	4	67	1435	80.4
Valid responses =	275	15	1364	76	6	0	1784	4.5

Invalid responses include no response.

**65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Diabetes or pre-diabetes/insulin resistance**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	19	80	21	0	0	109	20.5
2 Yes	98	81	300	79	3	100	424	79.5
Valid responses =	121	23	380	71	3	1	533	1.3

Invalid responses include no response.

**65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Endometriosis**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	89	23	0	0	98	23.5
2 Yes	2	100	291	77	1	100	319	76.5
Valid responses =	2	0	380	91	1	0	417	1.1

Invalid responses include no response.



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**65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Genital herpes**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	16	27	16	0	0	35	17.9
2 Yes	16	84	141	84	0	0	161	82.1
Valid responses =	19	10	168	86	0	0	196	0.5

Invalid responses include no response.

**65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Gastroesophageal Reflux Disease (GERD) or acid reflux**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	16	108	16	0	0	139	16.0
2 Yes	111	84	588	85	3	100	730	84.0
Valid responses =	132	15	696	80	3	0	869	2.2

Invalid responses include no response.

**65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	45	142	39	0	0	185	38.9
2 Yes	49	55	222	61	0	0	290	61.1
Valid responses =	89	19	364	77	0	0	475	1.2

Invalid responses include no response.

**65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Hepatitis B or C**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	50	12	50	0	0	17	48.6
2 Yes	5	50	12	50	0	0	18	51.4
Valid responses =	10	29	24	69	0	0	35	0.1

Invalid responses include no response.

**65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**High blood pressure (hypertension)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	76	36	101	34	1	100	190	35.5
2 Yes	137	64	196	66	0	0	345	64.5
Valid responses =	213	40	297	56	1	0	535	1.4

Invalid responses include no response.

**65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**High cholesterol (hyperlipidemia)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	64	45	232	56	1	33	312	53.0
2 Yes	78	55	184	44	2	67	277	47.0
Valid responses =	142	24	416	71	3	1	589	1.5

Invalid responses include no response.

**65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**HIV or AIDS**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	43	5	56	0	0	9	52.9
2 Yes	4	57	4	44	0	0	8	47.1
Valid responses =	7	41	9	53	0	0	17	0.0

Invalid responses include no response.



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**65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Human papillomavirus (HPV) or genital warts

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	17	84	44	0	0	93	42.1
2 Yes	15	83	106	56	0	0	128	57.9
Valid responses =	18	8	190	86	0	0	221	0.6

Invalid responses include no response.

**65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Irritable bowel syndrome (spastic colon or spastic bowel)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	26	234	29	0	0	281	28.9
2 Yes	76	75	573	71	2	100	693	71.1
Valid responses =	102	10	807	83	2	0	974	2.5

Invalid responses include no response.

**65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Migraine headaches

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	59	25	462	24	0	0	555	23.8
2 Yes	182	76	1507	77	8	100	1775	76.2
Valid responses =	241	10	1969	85	8	0	2330	5.9

Invalid responses include no response.

**65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Polycystic Ovarian Syndrome (PCOS)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	126	17	1	50	134	16.7
2 Yes	0	0	624	83	1	50	670	83.3
Valid responses =	0	0	750	93	2	0	804	2.0

Invalid responses include no response.

**65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Sleep Apnea

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	22	43	28	0	0	69	25.1
2 Yes	79	78	110	72	1	100	206	74.9
Valid responses =	101	37	153	56	1	0	275	0.7

Invalid responses include no response.

**65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Thyroid condition or disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	19	129	17	0	0	151	17.4
2 Yes	55	81	617	83	0	0	717	82.6
Valid responses =	68	8	746	86	0	0	868	2.2

Invalid responses include no response.

**65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	31	32	15	0	0	44	16.7
2 Yes	18	69	181	85	0	0	220	83.3
Valid responses =	26	10	213	81	0	0	264	0.7

Invalid responses include no response.



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**65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

### Acne

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	48	51	208	56	1	100	270	55.2	
2 Yes	47	50	161	44	0	0	219	44.8	
Valid responses =	95	19	369	75	1	0	489	1.2	

Invalid responses include no response.

**65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

### ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	7	50	23	48	0	0	32	47.1	
2 Yes	7	50	25	52	1	100	36	52.9	
Valid responses =	14	21	48	71	1	1	68	0.2	

Invalid responses include no response.

**65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

### Alcohol or Other Drug-Related Abuse or Addiction

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	4	67	0	0	4	57.1	
2 Yes	1	100	2	33	0	0	3	42.9	
Valid responses =	1	14	6	86	0	0	7	0.0	

Invalid responses include no response.

**65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

### Allergies - food allergy

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	62	47	236	51	1	100	317	49.9	
2 Yes	70	53	231	50	0	0	318	50.1	
Valid responses =	132	21	467	74	1	0	635	1.6	

Invalid responses include no response.

**65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

### Allergies - animals/pets

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	250	64	683	60	2	67	981	60.9	
2 Yes	143	36	458	40	1	33	631	39.1	
Valid responses =	393	24	1141	71	3	0	1612	4.1	

Invalid responses include no response.

**65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

### Allergies - environmental (for example: pollen, grass, dust, mold)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

**65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

### Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17	71	93	66	0	0	117	66.5	
2 Yes	7	29	48	34	1	100	59	33.5	
Valid responses =	24	14	141	80	1	1	176	0.4	

Invalid responses include no response.



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**65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

### Asthma

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	46	48	132	53	0	0	188	51.5
2 Yes	50	52	119	47	1	100	177	48.5
Valid responses =	96	26	251	69	1	0	365	0.9

Invalid responses include no response.

**65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

### Autism spectrum

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	8	89	0	0	14	82.4
2 Yes	0	0	1	11	0	0	3	17.6
Valid responses =	2	12	9	53	0	0	17	0.0

Invalid responses include no response.

**65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

### Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	9	82	0	0	12	75.0
2 Yes	2	67	2	18	0	0	4	25.0
Valid responses =	3	19	11	69	0	0	16	0.0

Invalid responses include no response.

**65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

### Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	0	0	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	0	0	3	75	0	0	4	0.0

Invalid responses include no response.

**65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

### Cancer

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	17	10	27	0	0	13	23.2
2 Yes	15	83	27	73	0	0	43	76.8
Valid responses =	18	32	37	66	0	0	56	0.1

Invalid responses include no response.

**65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

### Celiac disease

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	50	43	67	0	0	51	65.4
2 Yes	5	50	21	33	0	0	27	34.6
Valid responses =	10	13	64	82	0	0	78	0.2

Invalid responses include no response.

**65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

### Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	73	173	70	1	50	237	69.9
2 Yes	13	27	75	30	1	50	102	30.1
Valid responses =	48	14	248	73	2	1	339	0.9

Invalid responses include no response.



**65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	92	59	67	0	0	74	69.8
2 Yes	1	8	29	33	0	0	32	30.2
Valid responses =	13	12	88	83	0	0	106	0.3

Invalid responses include no response.

**65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Diabetes or pre-diabetes/insulin resistance**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	77	32	41	0	0	51	47.7
2 Yes	5	23	47	60	0	0	56	52.3
Valid responses =	22	21	79	74	0	0	107	0.3

Invalid responses include no response.

**65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	86	26	62	0	0	34	66.7
2 Yes	1	14	16	38	0	0	17	33.3
Valid responses =	7	14	42	82	0	0	51	0.1

Invalid responses include no response.

**65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Endometriosis**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	47	55	0	0	53	55.8
2 Yes	0	0	39	45	0	0	42	44.2
Valid responses =	0	0	86	91	0	0	95	0.2

Invalid responses include no response.

**65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Gambling Disorder**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Genital herpes**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	10	37	0	0	14	40.0
2 Yes	1	33	17	63	0	0	21	60.0
Valid responses =	3	9	27	77	0	0	35	0.1

Invalid responses include no response.

**65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Gastroesophageal Reflux Disease (GERD) or acid reflux**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	52	65	61	0	0	85	62.5
2 Yes	10	48	41	39	0	0	51	37.5
Valid responses =	21	15	106	78	0	0	136	0.3

Invalid responses include no response.



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**65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	11	28	42	30	0	0	53	29.3	
2 Yes	28	72	97	70	0	0	128	70.7	
Valid responses =	39	22	139	77	0	0	181	0.5	

Invalid responses include no response.

**65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Hepatitis B or C

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	3	60	4	36	0	0	7	43.8	
2 Yes	2	40	7	64	0	0	9	56.3	
Valid responses =	5	31	11	69	0	0	16	0.0	

Invalid responses include no response.

**65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High blood pressure (hypertension)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	34	47	39	41	1	100	76	42.5	
2 Yes	38	53	56	59	0	0	103	57.5	
Valid responses =	72	40	95	53	1	1	179	0.5	

Invalid responses include no response.

**65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	29	48	92	41	0	0	124	41.3	
2 Yes	31	52	134	59	1	100	176	58.7	
Valid responses =	60	20	226	75	1	0	300	0.8	

Invalid responses include no response.

**65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

HIV or AIDS

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	3	100	3	60	0	0	6	66.7	
2 Yes	0	0	2	40	0	0	3	33.3	
Valid responses =	3	33	5	56	0	0	9	0.0	

Invalid responses include no response.

**65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	2	67	19	24	0	0	24	27.3	
2 Yes	1	33	61	76	0	0	64	72.7	
Valid responses =	3	3	80	91	0	0	88	0.2	

Invalid responses include no response.

**65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Insomnia

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	10	77	53	65	0	0	66	67.3	
2 Yes	3	23	28	35	0	0	32	32.7	
Valid responses =	13	13	81	83	0	0	98	0.2	

Invalid responses include no response.





**65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
 Irritable bowel syndrome (spastic colon or spastic bowel)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	16	64	134	60	0	0	164	61.0	
2 Yes	9	36	90	40	0	0	105	39.0	
Valid responses =	25	9	224	83	0	0	269	0.7	

Invalid responses include no response.

**65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
 Migraine headaches

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	36	62	270	63	0	0	327	62.4	
2 Yes	22	38	162	38	0	0	197	37.6	
Valid responses =	58	11	432	82	0	0	524	1.3	

Invalid responses include no response.

**65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
 Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	3	50	18	62	0	0	23	60.5	
2 Yes	3	50	11	38	1	100	15	39.5	
Valid responses =	6	16	29	76	1	3	38	0.1	

Invalid responses include no response.

**65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
 Polycystic Ovarian Syndrome (PCOS)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	0	0	66	56	0	0	68	54.0	
2 Yes	0	0	52	44	1	100	58	46.0	
Valid responses =	0	0	118	94	1	1	126	0.3	

Invalid responses include no response.

**65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
 PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	3	60	22	79	0	0	25	73.5	
2 Yes	2	40	6	21	0	0	9	26.5	
Valid responses =	5	15	28	82	0	0	34	0.1	

Invalid responses include no response.

**65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
 Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	1	100	0	0	0	0	1	100.0	
Valid responses =	1	100	0	0	0	0	1	0.0	

Invalid responses include no response.

**65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
 Sleep Apnea

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	15	68	27	64	0	0	44	65.7	
2 Yes	7	32	15	36	0	0	23	34.3	
Valid responses =	22	33	42	63	0	0	67	0.2	

Invalid responses include no response.



**65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Thyroid condition or disorder**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	5	39	38	31	0	0	46	31.5	
2 Yes	8	62	86	69	0	0	100	68.5	
Valid responses =	13	9	124	85	0	0	146	0.4	

Invalid responses include no response.

**65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Tourette's or other neurodevelopmental condition not already listed**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	2	67	0	0	4	80.0	
2 Yes	0	0	1	33	0	0	1	20.0	
Valid responses =	0	0	3	60	0	0	5	0.0	

Invalid responses include no response.

**65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Traumatic brain injury (TBI)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3	75	4	36	0	0	7	46.7	
2 Yes	1	25	7	64	0	0	8	53.3	
Valid responses =	4	27	11	73	0	0	15	0.0	

Invalid responses include no response.

**65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

**Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	4	50	13	42	0	0	18	41.9	
2 Yes	4	50	18	58	0	0	25	58.1	
Valid responses =	8	19	31	72	0	0	43	0.1	

Invalid responses include no response.

**65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?**  
 (only includes students with an ongoing or chronic condition)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	5715	75	12396	62	46	71	18702	64.3	
2 Negatively impacted performance in a class	1522	20	6520	32	16	25	8648	29.7	
3 Delayed progress towards degree	349	5	1194	6	3	5	1724	5.9	
Valid responses =	7586	26	20110	69	65	0	29074	73.4	

Invalid responses include no response.

**66A) Within the last 12 months, have any of the following affected your academic performance?**  
**Assault (physical)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	11140	97	25522	97	84	96	38182	96.8	
2 Did not affect academic performance	286	3	592	2	4	5	954	2.4	
3 Negatively impacted performance in a class	37	0	181	1	0	0	242	0.6	
4 Delayed progress towards degree	9	0	42	0	0	0	57	0.1	
Valid responses =	11472	29	26337	67	88	0	39435	99.6	

Invalid responses include no response.

**66B) Within the last 12 months, have any of the following affected your academic performance?**  
**Assault (sexual)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	11136	98	23874	91	79	92	36426	92.7	
2 Did not affect academic performance	221	2	1624	6	4	5	1963	5.0	
3 Negatively impacted performance in a class	48	0	636	2	2	2	752	1.9	
4 Delayed progress towards degree	11	0	121	1	1	1	152	0.4	
Valid responses =	11416	29	26255	67	86	0	39293	99.2	

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
**Institutional Data Report - Spring 2020**  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

## 66C) Within the last 12 months, have any of the following affected your academic performance?

### Allergies

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	7865	69	16432	63	56	65	25232	64.3	
2 Did not affect academic performance	3256	29	8946	34	25	29	12817	32.7	
3 Negatively impacted performance in a class	268	2	788	3	4	5	1115	2.8	
4 Delayed progress towards degree	11	0	46	0	1	1	67	0.2	
Valid responses =	11400	29	26212	67	86	0	39231	99.1	

Invalid responses include no response.

## 66D) Within the last 12 months, have any of the following affected your academic performance?

### Anxiety

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	5785	51	8066	31	36	42	14178	36.2	
2 Did not affect academic performance	3187	28	8819	34	21	25	12456	31.8	
3 Negatively impacted performance in a class	2166	19	8339	32	24	28	11231	28.6	
4 Delayed progress towards degree	266	2	975	4	4	5	1353	3.4	
Valid responses =	11404	29	26199	67	85	0	39218	99.0	

Invalid responses include no response.

## 66E) Within the last 12 months, have any of the following affected your academic performance?

### Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	9936	87	23171	88	72	83	34295	87.1	
2 Did not affect academic performance	658	6	1130	4	6	7	1913	4.9	
3 Negatively impacted performance in a class	711	6	1732	7	8	9	2699	6.9	
4 Delayed progress towards degree	126	1	266	1	1	1	449	1.1	
Valid responses =	11431	29	26299	67	87	0	39356	99.4	

Invalid responses include no response.

## 66F) Within the last 12 months, have any of the following affected your academic performance?

### Concussion or Traumatic Brain Injury (TBI)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	10989	96	25112	96	83	95	37621	95.6	
2 Did not affect academic performance	252	2	563	2	2	2	862	2.2	
3 Negatively impacted performance in a class	158	1	509	2	1	1	708	1.8	
4 Delayed progress towards degree	36	0	107	0	1	1	153	0.4	
Valid responses =	11435	29	26291	67	87	0	39344	99.3	

Invalid responses include no response.

## 66G) Within the last 12 months, have any of the following affected your academic performance?

### Depression

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	7417	65	14216	54	54	64	22116	56.2	
2 Did not affect academic performance	1961	17	4928	19	13	15	7216	18.3	
3 Negatively impacted performance in a class	1722	15	6051	23	16	19	8426	21.4	
4 Delayed progress towards degree	344	3	1105	4	2	2	1604	4.1	
Valid responses =	11444	29	26300	67	85	0	39362	99.4	

Invalid responses include no response.

## 66H) Within the last 12 months, have any of the following affected your academic performance?

### Eating disorder/problem

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	10681	94	22084	84	66	79	33932	86.4	
2 Did not affect academic performance	588	5	3148	12	15	18	4059	10.3	
3 Negatively impacted performance in a class	132	1	894	3	3	4	1134	2.9	
4 Delayed progress towards degree	18	0	121	1	0	0	157	0.4	
Valid responses =	11419	29	26247	67	84	0	39282	99.2	

Invalid responses include no response.

## 66I) Within the last 12 months, have any of the following affected your academic performance?

### Headaches/migraines

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	8454	74	14830	57	57	68	24168	61.7	
2 Did not affect academic performance	2314	20	7698	29	16	19	10477	26.7	
3 Negatively impacted performance in a class	575	5	3454	13	9	11	4267	10.9	
4 Delayed progress towards degree	30	0	220	1	2	2	269	0.7	
Valid responses =	11373	29	26202	67	84	0	39181	98.9	

Invalid responses include no response.



**66J) Within the last 12 months, have any of the following affected your academic performance?**  
**Influenza or influenza like illness (the flu)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	9845	86	21349	82	76	89	32492	82.8	
2 Did not affect academic performance	984	9	2791	11	4	5	3952	10.1	
3 Negatively impacted performance in a class	565	5	1998	8	3	4	2697	6.9	
4 Delayed progress towards degree	21	0	73	0	2	2	102	0.3	
Valid responses =	11415	29	26211	67	85	0	39243	99.1	

Invalid responses include no response.

**66K) Within the last 12 months, have any of the following affected your academic performance?**  
**Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	9974	87	23036	88	77	91	34357	87.4	
2 Did not affect academic performance	1199	11	2533	10	4	5	3923	10.0	
3 Negatively impacted performance in a class	218	2	611	2	3	4	897	2.3	
4 Delayed progress towards degree	45	0	92	0	1	1	147	0.4	
Valid responses =	11436	29	26272	67	85	0	39324	99.3	

Invalid responses include no response.

**66L) Within the last 12 months, have any of the following affected your academic performance?**  
**PMS (Premenstrual Syndrome), painful periods, or menstrual cramping**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	11293	99	11891	45	56	67	24110	61.3	
2 Did not affect academic performance	109	1	10989	42	20	24	11583	29.5	
3 Negatively impacted performance in a class	9	0	3262	12	8	10	3467	8.8	
4 Delayed progress towards degree	3	0	139	1	0	0	153	0.4	
Valid responses =	11414	29	26281	67	84	0	39313	99.3	

Invalid responses include no response.

**66M) Within the last 12 months, have any of the following affected your academic performance?**  
**Post Traumatic Stress Disorder (PTSD)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	11004	96	24165	92	77	90	36449	92.7	
2 Did not affect academic performance	258	2	1134	4	6	7	1549	3.9	
3 Negatively impacted performance in a class	131	1	798	3	2	2	1061	2.7	
4 Delayed progress towards degree	42	0	181	1	1	1	269	0.7	
Valid responses =	11435	29	26278	67	86	0	39328	99.3	

Invalid responses include no response.

**66N) Within the last 12 months, have any of the following affected your academic performance?**  
**Short-term illness, excluding upper respiratory illness and influenza**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	9418	82	19910	76	71	83	30497	77.6	
2 Did not affect academic performance	1518	13	4288	16	9	11	6086	15.5	
3 Negatively impacted performance in a class	475	4	1996	8	4	5	2630	6.7	
4 Delayed progress towards degree	12	0	72	0	2	2	94	0.2	
Valid responses =	11423	29	26266	67	86	0	39307	99.3	

Invalid responses include no response.

**66O) Within the last 12 months, have any of the following affected your academic performance?**  
**Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	8303	73	14733	56	61	72	23960	61.0	
2 Did not affect academic performance	2351	21	8099	31	15	18	10900	27.7	
3 Negatively impacted performance in a class	753	7	3325	13	7	8	4311	11.0	
4 Delayed progress towards degree	17	0	95	0	2	2	123	0.3	
Valid responses =	11424	29	26252	67	85	0	39294	99.2	

Invalid responses include no response.

**66P) Within the last 12 months, have any of the following affected your academic performance?**  
**Sleep difficulties**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	6051	53	11345	43	41	50	17884	45.5	
2 Did not affect academic performance	3040	27	8141	31	24	29	11673	29.7	
3 Negatively impacted performance in a class	2183	19	6408	24	16	20	9178	23.4	
4 Delayed progress towards degree	154	1	366	1	1	1	566	1.4	
Valid responses =	11428	29	26260	67	82	0	39301	99.2	

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
**Institutional Data Report - Spring 2020**  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

### 66Q) Within the last 12 months, have any of the following affected your academic performance?

#### Stress

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	3369	30	3429	13	21	24	6989	17.8
2 Did not affect academic performance	4560	40	10788	41	27	31	15813	40.2
3 Negatively impacted performance in a class	3193	28	10993	42	33	38	15033	38.2
4 Delayed progress towards degree	307	3	1065	4	5	6	1488	3.8
Valid responses =	11429	29	26275	67	86	0	39323	99.3

Invalid responses include no response.

### 66R) Within the last 12 months, have any of the following affected your academic performance?

#### Other issue not previously reported

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	9558	98	20805	98	65	99	31567	97.9
2 Did not affect academic performance	85	1	211	1	1	2	326	1.0
3 Negatively impacted performance in a class	46	1	183	1	0	0	252	0.8
4 Delayed progress towards degree	28	0	70	0	0	0	107	0.3
Valid responses =	9717	30	21269	66	66	0	32252	81.4

Invalid responses include no response.

### 67A) What sex were you assigned at birth?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	26425	100	36	58	27616	69.8
2 Male	11509	100	0	0	26	42	11919	30.1
3 Intersex	3	0	6	0	0	0	17	0.0
Valid responses =	11512	29	26431	67	62	0	39552	99.9

Invalid responses include no response.

### 67B) Do you identify as transgender?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11511	100	26428	100	37	90	38633	97.7
2 Yes	1	0	3	0	4	10	896	2.3
Valid responses =	11512	29	26431	67	41	0	39529	99.8

Invalid responses include no response.

### 67C) Which term do you use to describe your gender identity?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	26431	100	33	62	26688	67.5
2 Man or male	11512	100	0	0	15	28	11727	29.7
3 Trans woman	0	0	0	0	0	0	39	0.1
4 Trans man	0	0	0	0	0	0	97	0.2
5 Genderqueer	0	0	0	0	1	2	123	0.3
6 My identity is not listed	0	0	0	0	1	2	166	0.4
7 Agender	0	0	0	0	0	0	64	0.2
8 Genderfluid	0	0	0	0	0	0	124	0.3
9 Non-binary	0	0	0	0	3	6	511	1.3
10 Intersex	0	0	0	0	0	0	3	0.0
Valid responses =	11512	29	26431	67	53	0	39542	99.8

Invalid responses include no response.

### 68) What term best describes your sexual orientation?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual (from write-ins)	32	0	281	1	2	3	401	1.0
2 Bisexual	552	5	3607	14	10	13	4491	11.4
3 Gay	615	5	71	0	3	4	774	2.0
4 Lesbian	0	0	649	3	2	3	793	2.0
5 Pansexual	77	1	526	2	2	3	820	2.1
6 Queer	25	0	396	2	3	4	691	1.8
7 Questioning	177	2	776	3	3	4	1004	2.5
9 Straight/Heterosexual	9981	87	19955	76	50	67	30309	76.8
10 My identity not listed above	27	0	103	0	0	0	183	0.5
Valid responses =	11486	29	26364	67	75	0	39466	99.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III) Institutional Data Report - Spring 2020

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December 6, 2021  
FREQUENCY REPORT  
Number of Surveys (n) =

39602 Web Surveys

### 69) How old are you?

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 18 Years	1417	12	3786	14	11	14	5414	13.7		
2 19 Years	2567	22	6126	23	25	31	9064	23.0		
3 20 Years	2347	21	5775	22	18	23	8469	21.5		
4 21 Years	2185	19	5185	20	8	10	7681	19.5		
5 22 Years	1199	11	2616	10	8	10	3974	10.1		
6 23 Years	478	4	735	3	2	3	1272	3.2		
7 24 Years	229	2	372	1	0	0	638	1.6		
8 25 Years	158	1	233	1	1	1	417	1.1		
9 26 to 30 Years	468	4	639	2	0	0	1157	2.9		
10 31 to 40 Years	280	2	534	2	3	4	846	2.1		
11 41 or More Years	124	1	306	1	4	5	445	1.1		
Valid responses =	11452	29	26307	67	80	0	39377	99.4		

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	21.19	20.00	4.38	18	90
Female	20.89	20.00	4.28	18	90
Overall	20.98	20.00	4.32	18	90

### 71) What is your weight in pounds?

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 51 to 100 Pounds	25	0	772	3	1	1	837	2.1		
2 101 to 150 Pounds	3333	29	16857	65	48	60	21008	53.7		
3 151 to 200 Pounds	6034	53	6667	26	21	26	13228	33.8		
4 201 to 250 Pounds	1566	14	1375	5	9	11	3098	7.9		
5 251 to 300 Pounds	352	3	342	1	1	1	731	1.9		
6 301 or More Pounds	106	1	81	0	0	0	203	0.5		
Valid responses =	11416	29	26094	67	80	0	39105	98.7		

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	174.62	169.00	38.61	65	465
Female	146.55	140.00	35.36	52	500
Overall	155.23	148.00	38.79	52	500

### 72) What is your year in school?

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 1st year undergraduate	2879	25	6700	25	28	25	9965	25.2		
2 2nd year undergraduate	2629	23	6150	23	31	28	9188	23.2		
3 3rd year undergraduate	2997	26	6928	26	33	30	10377	26.2		
4 4th year undergraduate	2266	20	5510	21	17	15	8095	20.4		
5 5th year or more undergraduate	741	6	1143	4	3	3	1977	5.0		
6 Master's (MA, MS, etc.)	0	0	0	0	0	0	0	0.0		
7 Doctorate (PhD, EdD, MD, JD, etc.)	0	0	0	0	0	0	0	0.0		
8 Not seeking a degree	0	0	0	0	0	0	0	0.0		
9 Other (please specify):	0	0	0	0	0	0	0	0.0		
Valid responses =	11512	29	26431	67	112	0	39602	100.0		

Invalid responses include no response.

### 73) What is your enrollment status?

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Full-time	10714	93	24762	94	101	98	37009	93.8		
2 Part-time	710	6	1479	6	2	2	2290	5.8		
3 Other	61	1	109	0	0	0	177	0.4		
Valid responses =	11485	29	26350	67	103	0	39476	99.7		

Invalid responses include no response.

### 74) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States?

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	10322	90	24207	92	81	84	36033	91.4		
2 Yes	1138	10	2112	8	15	16	3376	8.6		
Valid responses =	11460	29	26319	67	96	0	39409	99.5		

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
**Institutional Data Report - Spring 2020**  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
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[www.acha.org](http://www.acha.org)

December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

### 75A1) How do you usually describe yourself? (Please select ALL that apply)

#### American Indian or Native Alaskan

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	11240	98	25812	98	108	96	38661	97.6
1 Selected	272	2	619	2	4	4	941	2.4
Valid responses =	11512	29	26431	67	112	0	39602	100.0

Invalid responses include no response.

### 75A2) How do you usually describe yourself? (Please select ALL that apply)

#### Asian or Asian American

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	9771	85	23005	87	93	83	34234	86.4
1 Selected	1741	15	3426	13	19	17	5368	13.6
Valid responses =	11512	29	26431	67	112	0	39602	100.0

Invalid responses include no response.

### 75A3) How do you usually describe yourself? (Please select ALL that apply)

#### Black or African American

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10962	95	24669	93	103	92	37203	93.9
1 Selected	550	5	1762	7	9	8	2399	6.1
Valid responses =	11512	29	26431	67	112	0	39602	100.0

Invalid responses include no response.

### 75A4) How do you usually describe yourself? (Please select ALL that apply)

#### Hispanic or Latino/a/x

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	10247	89	23288	88	103	92	35026	88.4
1 Selected	1265	11	3143	12	9	8	4576	11.6
Valid responses =	11512	29	26431	67	112	0	39602	100.0

Invalid responses include no response.

### 75A5) How do you usually describe yourself? (Please select ALL that apply)

#### Middle Eastern/North African (MENA) or Arab Origin

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	11309	98	26024	99	109	97	38965	98.4
1 Selected	203	2	407	2	3	3	637	1.6
Valid responses =	11512	29	26431	67	112	0	39602	100.0

Invalid responses include no response.

### 75A6) How do you usually describe yourself? (Please select ALL that apply)

#### Native Hawaiian or Other Pacific Islander Native

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	11437	99	26321	100	111	99	39410	99.5
1 Selected	75	1	110	0	1	1	192	0.5
Valid responses =	11512	29	26431	67	112	0	39602	100.0

Invalid responses include no response.

### 75A7) How do you usually describe yourself? (Please select ALL that apply)

#### White

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3374	29	7563	29	51	46	11375	28.7
1 Selected	8138	71	18868	71	61	55	28227	71.3
Valid responses =	11512	29	26431	67	112	0	39602	100.0

Invalid responses include no response.

### 75A8) How do you usually describe yourself? (Please select ALL that apply)

#### Biracial or Multiracial

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	11062	96	25197	95	106	95	37790	95.4
1 Selected	450	4	1234	5	6	5	1812	4.6
Valid responses =	11512	29	26431	67	112	0	39602	100.0

Invalid responses include no response.



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### 75A9) How do you usually describe yourself? (Please select ALL that apply)

#### Another Identity

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	11321	98	26177	99	110	98	39117	98.8	
1 Selected	191	2	254	1	2	2	485	1.2	
Valid responses =	11512	29	26431	67	112	0	39602	100.0	

Invalid responses include no response.

### 75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

#### Mexican, Mexican American, Chicano

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	735	58	1945	62	6	67	2788	60.9	
1 Selected	530	42	1198	38	3	33	1788	39.1	
Valid responses =	1265	28	3143	69	9	0	4576	11.6	

Invalid responses include no response.

### 75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

#### Puerto Rican

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	1090	86	2636	84	7	78	3864	84.4	
1 Selected	175	14	507	16	2	22	712	15.6	
Valid responses =	1265	28	3143	69	9	0	4576	11.6	

Invalid responses include no response.

### 75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

#### Cuban

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	1144	90	2825	90	6	67	4116	89.9	
1 Selected	121	10	318	10	3	33	460	10.1	
Valid responses =	1265	28	3143	69	9	0	4576	11.6	

Invalid responses include no response.

### 75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

#### Another Hispanic, Latino/a/x, or Spanish origin

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	735	58	1761	56	5	56	2592	56.6	
1 Selected	530	42	1382	44	4	44	1984	43.4	
Valid responses =	1265	28	3143	69	9	0	4576	11.6	

Invalid responses include no response.

### 75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

#### East Asian (for example: Chinese, Japanese, or Korean)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	797	46	1480	43	4	21	2355	43.9	
1 Selected	944	54	1946	57	15	79	3013	56.1	
Valid responses =	1741	32	3426	64	19	0	5368	13.6	

Invalid responses include no response.

### 75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

#### Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	1371	79	2602	76	18	95	4126	76.9	
1 Selected	370	21	824	24	1	5	1242	23.1	
Valid responses =	1741	32	3426	64	19	0	5368	13.6	

Invalid responses include no response.

### 75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

#### South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	1297	75	2701	79	17	90	4164	77.6	
1 Selected	444	26	725	21	2	11	1204	22.4	
Valid responses =	1741	32	3426	64	19	0	5368	13.6	

Invalid responses include no response.





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## 75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

### Other Asian

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1709	98	3376	99	17	90	5281	98.4
1 Selected	32	2	50	2	2	11	87	1.6
Valid responses =	1741	32	3426	64	19	0	5368	13.6

Invalid responses include no response.

## 76) What is your relationship status?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	7031	61	14227	54	62	61	22209	56.2
2 In relationship not married/partnered	4038	35	11126	42	33	32	15791	40.0
3 Married/partnered	414	4	1021	4	7	7	1503	3.8
Valid responses =	11483	29	26374	67	102	0	39503	99.8

Invalid responses include no response.

## 77A) Are you a member of a social fraternity or sorority?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10268	89	23082	88	85	86	34890	88.3
2 Yes	1225	11	3308	13	14	14	4634	11.7
Valid responses =	11493	29	26390	67	99	0	39524	99.8

Invalid responses include no response.

## 77B) Do you live in a fraternity or sorority residence?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11147	97	25763	98	94	95	38519	97.5
2 Yes	343	3	625	2	5	5	999	2.5
Valid responses =	11490	29	26388	67	99	0	39518	99.8

Invalid responses include no response.

## 78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	4918	44	12450	48	53	53	18228	47.3
2 Parent/guardian/other family member's home	1657	15	3620	14	13	13	5511	14.3
3 Off-campus/non-university housing	4486	40	9466	37	32	32	14459	37.5
4 Temporarily with relative, friend, couch surfing	26	0	55	0	1	1	88	0.2
5 Don't have a place to live	6	0	7	0	0	0	14	0.0
6 Other (please specify)	54	1	173	1	1	1	237	0.6
Valid responses =	11147	29	25771	67	100	0	38537	97.3

Invalid responses include no response.

## 79) What is your primary source of health insurance?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 College/university Health Insurance Plan	1079	9	2354	9	14	14	3635	9.2
2 Covered by parent/guardian plan	8471	74	19676	75	63	61	29303	74.1
3 Covered by employer-based plan	365	3	838	3	3	3	1245	3.1
4 Medicaid, Medicare, SCHIP, VA/Tricare	670	6	1657	6	9	9	2440	6.2
5 I bought a plan on my own	201	2	427	2	6	6	662	1.7
6 Don't have health insurance	407	4	1020	4	6	6	1492	3.8
7 Don't know if I have health insurance	118	1	157	1	2	2	300	0.8
8 Have insurance, don't know primary source	184	2	267	1	1	1	463	1.2
Valid responses =	11495	29	26396	67	104	0	39540	99.8

Invalid responses include no response.



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FREQUENCY REPORT

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39602 Web Surveys

## 80) What is your approximate cumulative grade average?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 A+	825	7	2061	8	5	5	3005	7.6	
2 A	2536	22	7054	27	29	28	9975	25.3	
3 A	2437	21	5877	22	24	24	8683	22.0	
4 B+	1919	17	4300	16	18	18	6490	16.4	
5 B	1831	16	3667	14	14	14	5724	14.5	
6 B-	849	7	1461	6	3	3	2412	6.1	
7 C+	502	4	789	3	5	5	1356	3.4	
8 C	326	3	602	2	3	3	980	2.5	
9 C-	92	1	180	1	0	0	287	0.7	
10 D+	29	0	58	0	0	0	95	0.2	
11 D	24	0	42	0	0	0	71	0.2	
12 D-	13	0	16	0	0	0	31	0.1	
13 F	12	0	22	0	0	0	37	0.1	
14 N/A	93	1	242	1	1	1	357	0.9	
Valid responses =	11488	29	26371	67	102	0	39503	99.8	

Invalid responses include no response.

## 81A) Do you participate in organized college athletics at any of the following levels?

### Varsity

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	10700	95	24799	95	93	97	37061	95.2	
2 Yes	583	5	1235	5	3	3	1868	4.8	
Valid responses =	11283	29	26034	67	96	0	38929	98.3	

Invalid responses include no response.

## 81B) Do you participate in organized college athletics at any of the following levels?

### Club Sports

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	9928	88	23844	92	86	89	35242	90.3	
2 Yes	1403	12	2219	9	11	11	3771	9.7	
Valid responses =	11331	29	26063	67	97	0	39013	98.5	

Invalid responses include no response.

## 81C) Do you participate in organized college athletics at any of the following levels?

### Intramurals

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8541	76	23299	90	85	89	33346	86.0	
2 Yes	2726	24	2594	10	11	12	5432	14.0	
Valid responses =	11267	29	25893	67	96	0	38778	97.9	

Invalid responses include no response.

## 82A) Do you have any of the following?

### Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	10260	90	24073	91	82	87	35600	90.3	
2 Yes	1201	11	2264	9	12	13	3827	9.7	
Valid responses =	11461	29	26337	67	94	0	39427	99.6	

Invalid responses include no response.

## 82B) Do you have any of the following?

### Autism Spectrum Disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11218	98	26087	99	91	98	38796	98.6	
2 Yes	233	2	198	1	2	2	563	1.4	
Valid responses =	11451	29	26285	67	93	0	39359	99.4	

Invalid responses include no response.

## 82C) Do you have any of the following?

### Deaf/Hearing loss

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11169	98	25823	98	90	97	38541	98.1	
2 Yes	251	2	414	2	3	3	731	1.9	
Valid responses =	11420	29	26237	67	93	0	39272	99.2	

Invalid responses include no response.



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39602 Web

Surveys

## 82D) Do you have any of the following?

### Learning disability

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11073	97	25143	96	87	94	37700	96.4
2 Yes	314	3	975	4	6	7	1417	3.6
Valid responses =	11387	29	26118	67	93	0	39117	98.8

Invalid responses include no response.

## 82E) Do you have any of the following?

### Mobility/Dexterity disability

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11338	99	26012	99	90	97	38891	99.0
2 Yes	94	1	227	1	3	3	400	1.0
Valid responses =	11432	29	26239	67	93	0	39291	99.2

Invalid responses include no response.

## 82F) Do you have any of the following?

### Blind/Low Vision

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11093	97	25296	97	87	93	37933	96.7
2 Yes	327	3	914	4	7	7	1312	3.3
Valid responses =	11420	29	26210	67	94	0	39245	99.1

Invalid responses include no response.

## 82G) Do you have any of the following?

### Speech or language disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11315	99	26098	99	92	98	38995	99.1
2 Yes	119	1	185	1	2	2	341	0.9
Valid responses =	11434	29	26283	67	94	0	39336	99.3

Invalid responses include no response.

## 83) Are you currently or have you been a member of the Armed Services?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10987	96	26116	99	95	97	38711	98.1
2 Yes, have served in area of hazardous duty	228	2	45	0	2	2	288	0.7
3 Yes, have not served in area hazardous duty	259	2	185	1	1	1	459	1.2
Valid responses =	11474	29	26346	67	98	0	39458	99.6

Invalid responses include no response.

## 84) What is the highest level of education completed by either of your parents (or guardians)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	282	3	719	3	2	2	1030	2.6
2 High school diploma or GED	1416	12	3593	14	16	17	5219	13.2
3 Attended college but no degree	904	8	2401	9	9	10	3463	8.8
4 Associate's degree	969	8	2564	10	6	6	3675	9.3
5 Bachelor's degree	3466	30	7750	29	27	29	11660	29.5
6 Master's degree	2832	25	6154	23	17	18	9386	23.8
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	1464	13	2965	11	13	14	4659	11.8
8 Don't know	153	1	226	1	4	4	402	1.0
Valid responses =	11486	29	26372	67	94	0	39494	99.7

Invalid responses include no response.

## 85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11215	98	25557	97	91	97	38358	97.2
2 Yes	262	2	816	3	3	3	1123	2.8
Valid responses =	11477	29	26373	67	94	0	39481	99.7

Invalid responses include no response.



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## HT\_INCH Height in Inches

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	0	0	0	0	0	0.0
3 49 to 60 Inches	6	0	1399	5	5	6	1459	3.7
4 61 to 72 Inches	8572	76	24674	94	74	90	34690	88.7
5 73 to 84 Inches	2751	24	113	0	3	4	2964	7.6
6 85 or More Inches	8	0	8	0	0	0	17	0.0
Valid responses =	11337	29	26194	67	82	0	39130	98.8

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

## BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Male	0.05	0.03	0.06	0	0.48
Female	0.05	0.03	0.06	0	0.50
Overall	0.05	0.03	0.06	0	0.50

## BAC Estimated Blood Alcohol Content

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	2590	32	5225	27	11	28	8159	28.8
1 .01 to .05% Alcohol	2686	34	7415	39	17	43	10496	37.0
2 .06 to .07% Alcohol	713	9	1669	9	1	3	2472	8.7
3 .08 to .09% Alcohol	550	7	1329	7	4	10	1952	6.9
4 .10 to .15% Alcohol	932	12	2342	12	4	10	3384	11.9
5 .16 to .20% Alcohol	305	4	801	4	2	5	1136	4.0
6 .21 to .25% Alcohol	140	2	297	2	1	3	452	1.6
7 .26 to .30% Alcohol	55	1	109	1	0	0	172	0.6
8 .31 to .49% Alcohol	45	1	97	1	0	0	145	0.5
Valid responses =	8016	28	19284	68	40	0	28368	71.6

Invalid responses include no response.

## RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	5989	75	14309	74	29	73	21127	74.5
1 .08% or higher	2027	25	4975	26	11	28	7241	25.5
Valid responses =	8016	28	19284	68	40	0	28368	71.6

Invalid responses include no response.

## RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	6539	82	15638	81	33	83	23079	81.4
1 .1% or higher	1477	18	3646	19	7	18	5289	18.6
Valid responses =	8016	28	19284	68	40	0	28368	71.6

Invalid responses include no response.

## BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Male	24.58	24.00	4.99	10	65
Female	24.50	23.00	5.54	5	83
Overall	24.55	23.00	5.43	5	83

## RBMI Body Mass Index Classifications

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	508	5	1465	6	4	5	2085	5.4
2 Desired weight (18.5- 24.9)	6575	58	15651	60	48	61	23032	59.2
3 Overweight (25- 29.9)	2878	25	5362	21	17	22	8612	22.1
4 Class I obesity (30- 34.9)	906	8	2072	8	6	8	3139	8.1
5 Class II obesity (35- 39.9)	287	3	866	3	3	4	1229	3.2
6 Class III obesity (>=40)	160	1	577	2	1	1	786	2.0
Valid responses =	11314	29	25993	67	79	0	38883	98.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

## American College Health Association-National College Health Assessment (ACHA-NCHA III) Institutional Data Report - Spring 2020 UNDERGRADUATE STUDENTS

American College Health Association  
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[www.acha.org](http://www.acha.org)

December 6, 2021  
FREQUENCY REPORT  
Number of Surveys (n) = 39602 Web Surveys

### USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Male	1.71	1.00	2.1	0	6
Female	1.95	1.00	2.16	0	6
Overall	1.90	1.00	2.16	0	6

### RUSDAFI USDA Food Security Category

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	1840	16	5051	19	19	18	7331	18.8
2 Low food security (2-4)	2612	23	6609	25	29	28	9610	24.7
3 High or marginal food security (0-1)	6865	61	14354	55	55	53	22012	56.5
Valid responses =	11317	29	26014	67	103	0	38953	98.4

Invalid responses include no response.

### KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Male	6.99	6.00	4.97	0	24
Female	8.25	8.00	5.13	0	24
Overall	7.99	7.00	5.17	0	24

### RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-4)	4197	37	7100	27	32	33	11516	29.4
2 Moderate psychological distress (5-12)	5628	49	13797	53	42	44	20213	51.6
3 Serious psychological distress (13-24)	1563	14	5276	20	22	23	7460	19.0
Valid responses =	11388	29	26173	67	96	0	39189	99.0

Invalid responses include no response.

### ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Male	5.40	5.00	1.91	3	9
Female	5.50	6.00	1.84	3	9
Overall	5.50	6.00	1.87	3	9

### RULS3 Recoded UCLA Loneliness Scale

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	5898	52	12942	49	39	41	19411	49.3
2 Positive for loneliness (6-9)	5560	49	13379	51	56	59	20000	50.7
Valid responses =	11458	29	26321	67	95	0	39411	99.5

Invalid responses include no response.

### SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Male	5.06	4.00	2.89	3	18
Female	5.28	4.00	3.03	3	18
Overall	5.32	4.00	3.08	3	18

### RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	8799	77	19270	73	74	75	28789	73.1
2 Positive for suicidal screening (7-18)	2656	23	7023	27	25	25	10596	26.9
Valid responses =	11455	29	26293	67	99	0	39385	99.5

Invalid responses include no response.

### DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Male	44.98	47.00	8.88	8	56
Female	45.84	48.00	8.04	8	56
Overall	45.39	47.00	8.43	8	56

### CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Male	6.21	6.00	1.48	0	8
Female	5.95	6.00	1.47	0	8
Overall	6.00	6.00	1.49	0	8



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December 6, 2021  
FREQUENCY REPORT  
Number of Surveys (n) =

39602 Web Surveys

## SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Male	7.85	5.00	8.41	0	31
Female	6.70	3.00	8.18	0	31
Overall	7.12	3.00	8.3	0	31

## TOBACCORISK ASSIST Tobacco Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Low Risk (0-3)	2104	48	4702	55	18	50	7073	52.3	
2 Moderate Risk (4-26)	2154	49	3534	41	17	47	5952	44.0	
3 High Risk (27-39)	158	4	318	4	1	3	496	3.7	
Valid responses =	4416	33	8554	63	36	0	13521	34.1	

Invalid responses include no response.

## SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Male	7.41	6.00	6.24	0	39
Female	7.00	6.00	5.76	0	39
Overall	7.13	6.00	5.92	0	39

## ALCOHOLRISK ASSIST Alcohol Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Low Risk (0-10)	6208	78	15424	81	50	78	22533	80.3	
2 Moderate Risk (11-26)	1561	20	3329	18	14	22	5102	18.2	
3 High Risk (27-39)	155	2	239	1	0	0	414	1.5	
Valid responses =	7924	28	18992	68	64	0	28049	70.8	

Invalid responses include no response.

## SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Male	7.00	4.00	8.03	0	39
Female	5.71	3.00	6.83	0	39
Overall	6.18	3.00	7.3	0	39

## CANNABISRISK ASSIST Cannabis Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Low Risk (0-3)	2318	48	5769	53	22	61	8421	51.0	
2 Moderate Risk (4-26)	2293	48	4906	45	13	36	7616	46.2	
3 High Risk (27-39)	190	4	237	2	1	3	464	2.8	
Valid responses =	4801	29	10912	66	36	0	16501	41.7	

Invalid responses include no response.

## SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Male	2.92	2.00	5.12	0	39
Female	3.06	2.00	4.97	0	38
Overall	3.07	2.00	5.14	0	39

## COCAINERISK ASSIST Cocaine Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Low Risk (0-3)	756	78	1137	74	5	56	1981	75.3	
2 Moderate Risk (4-26)	198	21	386	25	4	44	619	23.5	
3 High Risk (27-39)	12	1	17	1	0	0	32	1.2	
Valid responses =	966	37	1540	59	9	0	2632	6.6	

Invalid responses include no response.

## SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Male	3.96	0.00	8.01	0	33
Female	3.32	0.00	6.5	0	33
Overall	3.98	0.00	7.54	0	33

## METHRISK ASSIST Methamphetamine Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Low Risk (0-3)	90	75	149	74	0	0	249	72.2	
2 Moderate Risk (4-26)	24	20	45	22	0	0	81	23.5	
3 High Risk (27-39)	6	5	7	4	0	0	15	4.3	
Valid responses =	120	35	201	58	0	0	345	0.9	

Invalid responses include no response.



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December 6, 2021  
 FREQUENCY REPORT  
 Number of Surveys (n) = 39602 Web Surveys

## SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Male	2.55	0.00	4.92	0	34
Female	2.14	2.00	3.69	0	34
Overall	2.44	2.00	4.51	0	34

## INHALANTRISK ASSIST Inhalant Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Low Risk (0-3)	464	81	592	83	2	50	1141	81.3	
2 Moderate Risk (4-26)	99	17	120	17	1	25	247	17.6	
3 High Risk (27-39)	7	1	5	1	1	25	15	1.1	
Valid responses =	570	41	717	51	4	0	1403	3.5	

Invalid responses include no response.

## SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Male	2.40	0.00	4.23	0	37
Female	2.71	0.00	4.6	0	34
Overall	2.61	0.00	4.5	0	37

## RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Low Risk (0-3)	1047	78	1799	76	8	80	2982	76.4	
2 Moderate Risk (4-26)	288	21	571	24	2	20	899	23.0	
3 High Risk (27-39)	9	1	13	1	0	0	24	0.6	
Valid responses =	1344	34	2383	61	10	0	3905	9.9	

Invalid responses include no response.

## SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Male	2.74	0.00	5.34	0	36
Female	3.20	0.00	5.35	0	35
Overall	3.12	0.00	5.43	0	36

## SEDATIVERISK ASSIST Sedative Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Low Risk (0-3)	572	78	958	71	3	43	1638	72.9	
2 Moderate Risk (4-26)	156	21	376	28	3	43	587	26.1	
3 High Risk (27-39)	9	1	11	1	1	14	21	0.9	
Valid responses =	737	33	1345	60	7	0	2246	5.7	

Invalid responses include no response.

## SSISHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Male	2.72	2.00	4.49	0	37
Female	2.45	2.00	3.88	0	37
Overall	2.65	2.00	4.28	0	37

## HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Low Risk (0-3)	1207	76	1636	76	5	56	3041	75.5	
2 Moderate Risk (4-26)	366	23	512	24	4	44	964	23.9	
3 High Risk (27-39)	13	1	9	0	0	0	24	0.6	
Valid responses =	1586	39	2157	54	9	0	4029	10.2	

Invalid responses include no response.

## SSISHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Male	5.63	3.00	9.57	0	36
Female	5.46	0.00	9.26	0	39
Overall	6.32	3.00	9.97	0	39

## HEROINRISK ASSIST Heroin Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Low Risk (0-3)	39	68	56	62	0	0	99	60.7	
2 Moderate Risk (4-26)	14	25	28	31	1	100	51	31.3	
3 High Risk (27-39)	4	7	7	8	0	0	13	8.0	
Valid responses =	57	35	91	56	1	1	163	0.4	

Invalid responses include no response.



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December 6, 2021  
**FREQUENCY REPORT**  
 Number of Surveys (n) = 39602 Web Surveys

### SSISRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Male	1.78	0.00	4.34	0	35
Female	2.07	0.00	4.27	0	36
Overall	2.08	0.00	4.5	0	36

### RXOPIOIDRISK ASSIST Opioid Risk

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	498	84	716	82	2	40	1294	82.1
2 Moderate Risk (4-26)	90	15	149	17	3	60	269	17.1
3 High Risk (27-39)	3	1	9	1	0	0	13	0.8
Valid responses =	591	38	874	55	5	0	1576	4.0

Invalid responses include no response.

### SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Male	7.17	5.00	8.03	0	33
Female	6.36	6.00	6.88	0	39
Overall	6.77	5.00	7.69	0	39

### OTHERSSISRISK ASSIST Other Drug Risk

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	62	45	59	40	0	0	131	43.5
2 Moderate Risk (4-26)	71	51	82	56	0	0	157	52.2
3 High Risk (27-39)	6	4	5	3	0	0	13	4.3
Valid responses =	139	46	146	49	0	0	301	0.8

Invalid responses include no response.

### PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Male	512.65	340.00	626.3	0	11040
Female	428.17	260.00	584.68	0	11040
Overall	451.20	280.00	598.02	0	11040

### PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2900	25	8219	32	30	29	11713	29.9
2 Yes	8513	75	17890	69	74	71	27440	70.1
Valid responses =	11413	29	26109	67	104	0	39153	98.9

Invalid responses include no response.

### PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5442	48	15239	58	60	58	21778	55.6
2 Yes	5968	52	10863	42	44	42	17365	44.4
Valid responses =	11410	29	26102	67	104	0	39143	98.8

Invalid responses include no response.

### HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6535	57	17520	67	68	65	25261	64.5
2 Yes	4875	43	8582	33	36	35	13882	35.5
Valid responses =	11410	29	26102	67	104	0	39143	98.8

Invalid responses include no response.





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The following questions about firearms were optional to add to the NCHA (n=14 schools)

**86A) Do you have access to a gun/firearm?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2703	83	5809	89	24	83	8860	86.9
2 Yes	557	17	734	11	5	17	1334	13.1
Valid responses =	3260	32	6543	64	29	0	10194	25.7

Invalid responses include no response or multiple responses.

**86B) During the last 30 days, on how many days did you carry a gun/firearm on campus?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	3198	100	6398	100	27	96	9974	99.6
2 1-2 days	2	0	7	0	0	0	9	0.1
3 3-4 days	1	0	1	0	0	0	2	0.0
4 5-30 days	13	0	9	0	1	4	26	0.3
Valid responses =	3214	32	6415	64	28	0	10011	25.3

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	0.08	0.00	1.43	0	30
Female	0.03	0.00	0.74	0	30
Overall	0.05	0.00	1.43	0	30

**86C) To what extent are you concerned about gun violence on campus?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all concerned	1710	52	1885	29	13	43	3703	36.3
2 Slightly concerned	1045	32	2509	38	11	37	3686	36.1
3 Moderately concerned	352	11	1394	21	3	10	1845	18.1
4 Very concerned	108	3	489	8	3	10	637	6.2
5 Extremely concerned	57	2	270	4	0	0	342	3.3
Valid responses =	3272	32	6547	64	30	0	10213	25.8