



GRADUATE/PROFESSIONAL STUDENT Reference Group*

Data Report Spring 2020

***Due to the COVID-19 pandemic, schools that began data collection after March 16, 2020 were not included in the reference group**

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

Suggested citation for this document: American College Health Association. American College Health Association-National College Health Assessment III: Graduate/Professional Student Reference Group Data Report Spring 2020. Silver Spring, MD: American College Health Association; 2020.



AMERICAN COLLEGE HEALTH ASSOCIATION

Demographics of Participating Institutions

One hundred six postsecondary institutions self-selected to participate in the Spring 2020 ACHA National College Health Assessment and 69,004 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only institutions located in the United States that surveyed all students or used a random sampling technique, and used the ACHA-NCHA III (currently only offered as a web survey) are included in the analysis, yielding a final data set consisting of 50,307 students at 75 schools. **This report includes only data from 9,741 GRADUATE and PROFESSIONAL students at 51 schools.** Demographic characteristics of the 51 campuses follow.

Demographical Characteristics of the 51 US Postsecondary Institutions Included in the Spring 2020 ACHA-NCHA III GRADUATE Reference Group	
Campus Characteristic	<i>n</i>
Type of Institution	
Public	40
Private	11
2-year	3
4-year or above	48
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	8
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	14
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX, VA, WV)	20
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	9
Campus Size	
< 2,500 students	2
2,500 – 4,999 students	9
5,000 – 9,999 students	7
10,000 – 19,999 students	13
20,000 students or more	20
Campus Setting	
Very large city (population over 500,000)	11
Large city (population 250,000-499,999)	6
Small city (population 50,000-249,999)	18
Large town (population 10,000-49,999)	15
Small town (population 2,500-9,999)	1
Rural community (population under 2,500)	0
Carnegie Classification	
Associates Colleges	3
Baccalaureate Colleges	3
Baccalaureate/Associates Colleges	0
Masters Colleges and Universities	11
Doctoral Universities	33
Special Focus Institutions	1
Miscellaneous/Not Classified	0

Demographical Characteristics of the 51 US Postsecondary Institutions Included in the Fall 2020 ACHA-NCHA III GRADUATE Reference Group	
Campus Characteristic	<i>n</i>
ACHA Membership Status	
Institutional Member	50
Nonmember	1
Religious Affiliation	
No	48
Yes	3
<u>If yes:</u>	
Catholic	3
Protestant or Other Christian	0
Postsecondary Minority Institution (US Department of Education)	
No	46
Yes	5
<u>*If yes:</u>	
Postsecondary Minority Institution	0
Historically Black College or University (HBCU)	0
High Hispanic Enrollment	1
Hispanic-serving Institution (HSI)	3
Tribal College or University	0
Predominately Black Institution	0
Asian American and Native American Pacific Islander-serving	0
Alaska Native-serving or Native Hawaiian-serving Institution	0
Native American-serving Nontribal Institution	1
*institutions may hold more than one type of minority status	

GRADUATE STUDENTS	Spring 2020 Institutions
Number of institutions	51
Number of students	9,741
Mean response proportion*	13%
Median response proportion*	12%

*Calculation of response proportion is based all students surveyed at the institution, and not limited to only graduate student responses.



Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. **Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.**

A note about the use of sex and gender in this report:

Survey responses are reported by sex based on the responses to questions 67A, 67B, and 67C. For the purpose of the ACHA-NCHA report documents, respondents are reported as male or female only when their responses to these three questions are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either male or female. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as non-binary. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as male or female. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as non-binary. A respondent that skips any of the three questions is designated as unknown. Only 3 of the 4 categories are displayed in this report. Respondents categorized as non-binary are included in the Total column, but are not presented in a separate column. When the Total of any given row is higher than the sum of the male, female, and unknown respondents, the difference can be attributed to non-binary respondents that selected the response option presented in that row.

1) How would you describe your overall health?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Excellent	685	20	753	13	5	11	1479	15.5	
2 Very good	1575	46	2603	45	25	53	4288	44.8	
3 Good	995	29	2028	35	12	26	3146	32.9	
4 Fair	189	6	357	6	4	9	581	6.1	
5 Poor	19	1	53	1	1	2	78	0.8	
Valid responses =	3463	36	5794	61	47	0	9572	98.3	

Invalid responses include no response.

2A) I feel that I belong at my college/university.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	51	1	111	2	3	6	174	1.8	
2 Disagree	79	2	145	3	3	6	240	2.5	
3 Somewhat disagree	142	4	282	5	3	6	446	4.6	
4 Somewhat agree	621	18	1177	20	7	15	1870	19.3	
5 Agree	1653	47	2779	48	23	49	4574	47.2	
6 Strongly agree	975	28	1354	23	8	17	2383	24.6	
Valid responses =	3521	36	5848	60	47	0	9687	99.4	

Invalid responses include no response.

2B) I feel that students' health and well-being is a priority at my college/university.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	74	2	134	2	3	6	225	2.3	
2 Disagree	143	4	295	5	3	6	459	4.7	
3 Somewhat disagree	216	6	448	8	4	8	700	7.2	
4 Somewhat agree	966	28	1687	29	15	31	2755	28.5	
5 Agree	1437	41	2377	41	20	42	3921	40.6	
6 Strongly agree	679	19	895	15	3	6	1609	16.6	
Valid responses =	3515	36	5836	60	48	0	9669	99.3	

Invalid responses include no response.

2C) At my college/university, I feel that the campus climate encourages free and open discussion about students' health and well-being.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	64	2	100	2	2	4	177	1.8	
2 Disagree	102	3	233	4	2	4	359	3.7	
3 Somewhat disagree	226	6	433	7	6	13	704	7.3	
4 Somewhat agree	902	26	1601	28	12	26	2601	26.9	
5 Agree	1536	44	2468	42	22	47	4111	42.5	
6 Strongly agree	685	20	995	17	3	6	1710	17.7	
Valid responses =	3515	36	5830	60	47	0	9662	99.2	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

2D) At my college/university, we are a campus where we look out for each other.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Strongly disagree	78	2	123	2	3	6	215	2.2	
2 Disagree	154	4	259	5	4	9	440	4.6	
3 Somewhat disagree	314	9	553	10	5	11	910	9.4	
4 Somewhat agree	1052	30	1843	32	14	30	2997	31.1	
5 Agree	1336	38	2211	38	19	40	3648	37.8	
6 Strongly agree	575	16	825	14	2	4	1431	14.8	
Valid responses =	3509	36	5814	60	47	0	9641	99.0	

Invalid responses include no response.

3A) How many hours do you spend in a typical week (7 days) on the following activities?

Attending classes, discussion sections, or labs

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 0 hours	256	7	371	6	4	9	655	6.8	
2 1-5 hours	647	18	1149	20	9	19	1858	19.2	
3 6-10 hours	908	26	1553	27	9	19	2535	26.2	
4 11-15 hours	675	19	1083	19	12	26	1834	18.9	
5 16-20 hours	413	12	663	11	5	11	1107	11.4	
6 21-25 hours	167	5	305	5	4	9	487	5.0	
7 26-30 hours	105	3	243	4	2	4	357	3.7	
8 More than 30 hours	344	10	485	8	2	4	852	8.8	
Valid responses =	3515	36	5852	60	47	0	9685	99.4	

Invalid responses include no response.

3B) How many hours do you spend in a typical week (7 days) on the following activities?

Studying and other academic activities outside of class

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 0 hours	69	2	82	1	1	2	154	1.6	
2 1-5 hours	463	13	870	15	7	15	1379	14.3	
3 6-10 hours	673	19	1222	21	6	13	1962	20.3	
4 11-15 hours	485	14	920	16	12	26	1453	15.0	
5 16-20 hours	527	15	865	15	4	9	1429	14.8	
6 21-25 hours	337	10	544	9	5	11	913	9.4	
7 26-30 hours	264	8	486	8	4	9	778	8.0	
8 More than 30 hours	696	20	849	15	8	17	1602	16.6	
Valid responses =	3514	36	5838	60	47	0	9670	99.3	

Invalid responses include no response.

3C) How many hours do you spend in a typical week (7 days) on the following activities?

Attending cultural events, movies, concerts, sports or other entertainment with others

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 0 hours	807	23	1492	26	12	26	2382	24.6	
2 1-5 hours	2097	60	3656	63	25	54	5940	61.3	
3 6-10 hours	421	12	518	9	6	13	970	10.0	
4 11-15 hours	114	3	117	2	1	2	240	2.5	
5 16-20 hours	43	1	40	1	1	2	88	0.9	
6 21-25 hours	19	1	12	0	1	2	33	0.3	
7 26-30 hours	10	0	6	0	0	0	16	0.2	
8 More than 30 hours	8	0	7	0	0	0	15	0.2	
Valid responses =	3519	36	5848	60	46	0	9684	99.4	

Invalid responses include no response.

3D) How many hours do you spend in a typical week (7 days) on the following activities?

Performing community service or volunteer activities

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 0 hours	2156	61	3359	58	27	60	5693	58.9	
2 1-5 hours	1158	33	2156	37	11	24	3417	35.3	
3 6-10 hours	132	4	203	4	5	11	358	3.7	
4 11-15 hours	29	1	59	1	1	2	94	1.0	
5 16-20 hours	19	1	38	1	0	0	58	0.6	
6 21-25 hours	8	0	15	0	0	0	25	0.3	
7 26-30 hours	6	0	6	0	1	2	13	0.1	
8 More than 30 hours	7	0	5	0	0	0	13	0.1	
Valid responses =	3515	36	5841	60	45	0	9671	99.3	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	611	17	1188	20	11	24	1871	19.3	
2 1-5 hours	1696	48	3223	55	18	39	5080	52.5	
3 6-10 hours	866	25	1118	19	12	26	2041	21.1	
4 11-15 hours	228	7	233	4	2	4	474	4.9	
5 16-20 hours	69	2	49	1	2	4	128	1.3	
6 21-25 hours	26	1	18	0	1	2	47	0.5	
7 26-30 hours	11	0	10	0	0	0	21	0.2	
8 More than 30 hours	14	0	8	0	0	0	22	0.2	
Valid responses =	3521	36	5847	60	46	0	9684	99.4	

Invalid responses include no response.

3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	2346	67	3756	64	30	65	6319	65.3	
2 1-5 hours	943	27	1832	31	13	28	2853	29.5	
3 6-10 hours	149	4	183	3	2	4	348	3.6	
4 11-15 hours	33	1	40	1	0	0	73	0.8	
5 16-20 hours	22	1	13	0	1	2	38	0.4	
6 21-25 hours	9	0	5	0	0	0	14	0.1	
7 26-30 hours	6	0	3	0	0	0	9	0.1	
8 More than 30 hours	8	0	9	0	0	0	17	0.2	
Valid responses =	3516	36	5841	60	46	0	9671	99.3	

Invalid responses include no response.

3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	2115	60	3700	63	27	59	6002	62.1	
2 1-5 hours	1180	34	1899	33	16	35	3184	32.9	
3 6-10 hours	133	4	177	3	2	4	322	3.3	
4 11-15 hours	46	1	44	1	0	0	96	1.0	
5 16-20 hours	13	0	13	0	1	2	30	0.3	
6 21-25 hours	12	0	3	0	0	0	17	0.2	
7 26-30 hours	5	0	0	0	0	0	5	0.1	
8 More than 30 hours	7	0	4	0	0	0	12	0.1	
Valid responses =	3511	36	5840	60	46	0	9668	99.3	

Invalid responses include no response.

3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	213	6	297	5	2	4	528	5.5	
2 1-5 hours	1898	54	3704	63	26	57	5789	59.9	
3 6-10 hours	936	27	1255	22	12	26	2265	23.4	
4 11-15 hours	275	8	402	7	4	9	701	7.2	
5 16-20 hours	108	3	107	2	1	2	224	2.3	
6 21-25 hours	28	1	29	1	1	2	59	0.6	
7 26-30 hours	14	0	22	0	0	0	37	0.4	
8 More than 30 hours	39	1	28	1	0	0	69	0.7	
Valid responses =	3511	36	5844	60	46	0	9672	99.3	

Invalid responses include no response.

3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	2173	62	4138	71	31	69	6539	67.7	
2 1-5 hours	1091	31	1517	26	12	27	2684	27.8	
3 6-10 hours	170	5	135	2	1	2	313	3.2	
4 11-15 hours	33	1	30	1	0	0	63	0.7	
5 16-20 hours	17	1	7	0	1	2	26	0.3	
6 21-25 hours	10	0	4	0	0	0	15	0.2	
7 26-30 hours	4	0	3	0	0	0	7	0.1	
8 More than 30 hours	8	0	2	0	0	0	10	0.1	
Valid responses =	3506	36	5836	60	45	0	9657	99.1	

Invalid responses include no response.



3J) How many hours do you spend in a typical week (7 days) on the following activities?

Spending time with family

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1519	43	2030	35	21	47	3688	38.2
2 1-5 hours	983	28	1970	34	13	29	3044	31.5
3 6-10 hours	342	10	747	13	4	9	1120	11.6
4 11-15 hours	202	6	345	6	3	7	565	5.9
5 16-20 hours	136	4	234	4	0	0	377	3.9
6 21-25 hours	68	2	108	2	1	2	180	1.9
7 26-30 hours	46	1	68	1	0	0	115	1.2
8 More than 30 hours	212	6	330	6	3	7	566	5.9
Valid responses =	3508	36	5832	60	45	0	9655	99.1

Invalid responses include no response.

3K) How many hours do you spend in a typical week (7 days) on the following activities?

Watching TV, streaming movies/TV, or other media for entertainment

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	170	5	273	5	3	7	465	4.8
2 1-5 hours	1245	36	2337	40	17	37	3697	38.2
3 6-10 hours	1144	33	1898	33	17	37	3138	32.5
4 11-15 hours	543	16	764	13	4	9	1356	14.0
5 16-20 hours	215	6	352	6	5	11	593	6.1
6 21-25 hours	91	3	109	2	0	0	204	2.1
7 26-30 hours	39	1	48	1	0	0	90	0.9
8 More than 30 hours	64	2	58	1	0	0	124	1.3
Valid responses =	3511	36	5839	60	46	0	9667	99.2

Invalid responses include no response.

3L) How many hours do you spend in a typical week (7 days) on the following activities?

Gaming

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1654	47	4627	79	31	67	6462	66.9
2 1-5 hours	1025	29	835	14	8	17	1939	20.1
3 6-10 hours	432	12	240	4	4	9	708	7.3
4 11-15 hours	203	6	85	2	1	2	298	3.1
5 16-20 hours	101	3	24	0	1	2	133	1.4
6 21-25 hours	45	1	12	0	1	2	59	0.6
7 26-30 hours	15	0	7	0	0	0	22	0.2
8 More than 30 hours	31	1	2	0	0	0	34	0.4
Valid responses =	3506	36	5832	60	46	0	9655	99.1

Invalid responses include no response.

3M) How many hours do you spend in a typical week (7 days) on the following activities?

Using social media

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	417	12	329	6	7	15	779	8.0
2 1-5 hours	1654	47	2700	46	21	46	4481	46.3
3 6-10 hours	855	24	1691	29	11	24	2626	27.1
4 11-15 hours	329	9	646	11	3	7	1016	10.5
5 16-20 hours	132	4	288	5	2	4	438	4.5
6 21-25 hours	60	2	81	1	2	4	152	1.6
7 26-30 hours	27	1	49	1	0	0	79	0.8
8 More than 30 hours	44	1	62	1	0	0	110	1.1
Valid responses =	3518	36	5846	60	46	0	9681	99.4

Invalid responses include no response.

3N) How many hours do you spend in a typical week (7 days) on the following activities?

Commuting to school and/or to work

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	255	7	423	7	6	13	701	7.3
2 1-5 hours	2486	71	3892	67	28	61	6575	68.0
3 6-10 hours	575	16	1132	19	9	20	1778	18.4
4 11-15 hours	111	3	247	4	2	4	375	3.9
5 16-20 hours	46	1	64	1	0	0	117	1.2
6 21-25 hours	10	0	25	0	1	2	37	0.4
7 26-30 hours	7	0	18	0	0	0	25	0.3
8 More than 30 hours	23	1	32	1	0	0	55	0.6
Valid responses =	3513	36	5833	60	46	0	9663	99.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

3O) How many hours do you spend in a typical week (7 days) on the following activities?

Working for pay

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	1344	38	1741	30	16	35	3170	32.9	
2 1-5 hours	224	6	413	7	3	7	660	6.8	
3 6-10 hours	271	8	519	9	2	4	815	8.5	
4 11-15 hours	197	6	443	8	3	7	666	6.9	
5 16-20 hours	469	13	780	13	8	17	1304	13.5	
6 21-25 hours	128	4	315	5	3	7	462	4.8	
7 26-30 hours	96	3	236	4	0	0	348	3.6	
8 More than 30 hours	774	22	1376	24	11	24	2217	23.0	
Valid responses =	3503	36	5823	60	46	0	9642	99.0	

Invalid responses include no response.

3P) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in meditation or meditative activities

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	2558	73	3973	68	31	69	6724	69.8	
2 1-5 hours	806	23	1689	29	13	29	2597	27.0	
3 6-10 hours	84	2	107	2	0	0	205	2.1	
4 11-15 hours	16	1	20	0	0	0	37	0.4	
5 16-20 hours	17	1	16	0	1	2	36	0.4	
6 21-25 hours	9	0	4	0	0	0	14	0.1	
7 26-30 hours	1	0	2	0	0	0	3	0.0	
8 More than 30 hours	9	0	6	0	0	0	15	0.2	
Valid responses =	3500	36	5817	60	45	0	9631	98.9	

Invalid responses include no response.

3Q) How many hours do you spend in a typical week (7 days) on the following activities?

Performing unpaid household responsibilities

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	406	12	363	6	7	16	794	8.2	
2 1-5 hours	1911	54	3256	56	21	47	5316	55.0	
3 6-10 hours	787	22	1392	24	14	31	2273	23.5	
4 11-15 hours	248	7	439	8	1	2	712	7.4	
5 16-20 hours	91	3	175	3	2	4	279	2.9	
6 21-25 hours	35	1	77	1	0	0	116	1.2	
7 26-30 hours	11	0	43	1	0	0	55	0.6	
8 More than 30 hours	28	1	97	2	0	0	129	1.3	
Valid responses =	3517	36	5842	60	45	0	9674	99.3	

Invalid responses include no response.

3R) How many hours do you spend in a typical week (7 days) on the following activities?

Taking care of children or other family members (unpaid)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 hours	2823	80	4421	76	34	76	7482	77.4	
2 1-5 hours	238	7	545	9	4	9	813	8.4	
3 6-10 hours	137	4	196	3	3	7	348	3.6	
4 11-15 hours	82	2	97	2	1	2	189	2.0	
5 16-20 hours	59	2	115	2	1	2	181	1.9	
6 21-25 hours	41	1	53	1	0	0	98	1.0	
7 26-30 hours	22	1	56	1	1	2	81	0.8	
8 More than 30 hours	110	3	357	6	1	2	475	4.9	
Valid responses =	3512	36	5840	60	45	0	9667	99.2	

Invalid responses include no response.

4) How do you describe your weight?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Very underweight	33	1	27	1	1	2	64	0.7	
2 Slightly underweight	357	10	344	6	2	4	725	7.5	
3 About the right weight	1730	49	2944	50	30	65	4831	49.8	
4 Slightly overweight	1201	34	2054	35	12	26	3362	34.7	
5 Very overweight	202	6	486	8	1	2	714	7.4	
Valid responses =	3523	36	5855	60	46	0	9696	99.5	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

GRADUATE/PROFESSIONAL STUDENTS

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) = 9741 Web Surveys

5) Are you trying to do any of the following about your weight?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Not trying anything about my weight	660	19	1022	17	9	20	1766	18.2	
2 Stay the same weight	876	25	1309	22	9	20	2252	23.2	
3 Lose weight	1549	44	3390	58	24	52	5091	52.4	
4 Gain weight	446	13	152	3	4	9	614	6.3	
Valid responses =	3531	36	5873	60	46	0	9723	99.8	

Invalid responses include no response.

6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 Minutes	191	5	261	5	2	5	464	4.8	
1 1 to 149 Minutes	1771	50	3022	52	23	56	4967	51.3	
2 150 to 299 Minutes	806	23	1415	24	11	27	2283	23.6	
3 300 or More Minutes	757	22	1149	20	5	12	1965	20.3	
Valid responses =	3525	36	5847	60	41	0	9679	99.4	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	187.23	120.00	224.72	0	5000
Female	186.29	120.00	227.86	0	4200
Overall	186.03	120.00	225.32	0	5000

7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 Minutes	984	28	2151	37	19	45	3260	33.7	
1 1 to 74 Minutes	1002	29	1659	28	7	17	2747	28.4	
2 75 to 149 Minutes	575	16	815	14	7	17	1437	14.9	
3 150 or More Minutes	954	27	1221	21	9	21	2227	23.0	
Valid responses =	3515	36	5846	60	42	0	9671	99.3	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	112.70	60.00	163.32	0	3000
Female	86.05	30.00	136.59	0	2400
Overall	95.66	45.00	149.19	0	3000

8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 days	1217	34	2327	40	17	38	3679	37.8	
1 1 day	440	13	862	15	7	16	1343	13.8	
2 2 days	473	13	903	15	9	20	1424	14.6	
3 3 days	557	16	837	14	2	4	1429	14.7	
4 4 days	308	9	421	7	5	11	750	7.7	
5 5 days	280	8	327	6	3	7	625	6.4	
6 6 days	161	5	121	2	2	4	289	3.0	
7 7 days	98	3	80	1	0	0	188	1.9	
Valid responses =	3534	36	5878	60	45	0	9727	99.9	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?

One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.

If you do not drink sugar-sweetened beverages, please enter 0.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 servings	1527	44	2617	45	22	51	4276	44.2	
2 1 serving	710	20	1223	21	7	16	2005	20.7	
3 2 servings	453	13	703	12	2	5	1188	12.3	
4 3 servings	211	6	372	6	5	12	605	6.3	
5 4 servings	110	3	187	3	2	5	310	3.2	
6 5 servings	117	3	163	3	1	2	291	3.0	
7 6 servings	63	2	102	2	0	0	167	1.7	
8 7 servings	77	2	189	3	1	2	279	2.9	
9 8 servings	48	1	38	1	1	2	88	0.9	
10 9 or more servings	198	6	252	4	2	5	466	4.8	
Valid responses =	3514	36	5846	60	43	0	9675	99.3	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	2.05	1.00	3.49	0	29
Female	1.84	1.00	3.1	0	29
Overall	1.93	1.00	3.26	0	29

9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?

(for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 days	2851	82	5134	88	31	74	8234	85.7	
2 1-2 days	274	8	348	6	3	7	646	6.7	
3 3-4 days	124	4	105	2	5	12	242	2.5	
4 5-10 days	138	4	150	3	2	5	298	3.1	
5 11-15 days	26	1	30	1	0	0	60	0.6	
6 16-20 days	32	1	17	0	1	2	53	0.6	
7 21-25 days	7	0	11	0	0	0	19	0.2	
8 26-30 days	32	1	20	0	0	0	58	0.6	
Valid responses =	3484	36	5815	61	42	0	9610	98.7	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	1.10	0.00	3.94	0	30
Female	0.60	0.00	2.76	0	30
Overall	0.81	0.00	3.34	0	30

10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 servings per day	512	15	632	11	8	18	1194	12.3	
2 1-2 servings per day	2372	67	4113	70	27	60	6689	68.8	
3 3-4 servings per day	555	16	974	17	9	20	1584	16.3	
4 5-6 servings per day	66	2	109	2	0	0	179	1.8	
5 More than 6 servings per day	26	1	49	1	1	2	79	0.8	
Valid responses =	3531	36	5877	60	45	0	9725	99.8	

Invalid responses include no response.

11) In the last 7 days, how many servings of vegetables did you eat on average per day?

One serving is 1/2 cup of fresh, frozen, or canned vegetables; 3/4 cup 100% vegetable juice; or 1 cup salad greens)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 servings per day	230	7	248	4	5	11	496	5.1	
2 1-2 servings per day	2024	57	3341	57	22	50	5511	56.7	
3 3-4 servings per day	1022	29	1834	31	15	34	2978	30.6	
4 5-6 servings per day	189	5	348	6	1	2	556	5.7	
5 More than 6 servings per day	65	2	107	2	1	2	183	1.9	
Valid responses =	3530	36	5878	60	44	0	9724	99.8	

Invalid responses include no response.

12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

The food that I bought just didn't last, and I didn't have money to get more

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never True	2451	70	4017	69	27	63	6666	69.2	
1 Sometimes True	893	26	1541	27	9	21	2517	26.1	
2 Often True	160	5	261	5	7	16	451	4.7	
Valid responses =	3504	36	5819	60	43	0	9634	98.9	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

I couldn't afford to eat balanced meals.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	2447	70	3932	68	25	61	6562	68.2
1 Sometimes True	805	23	1495	26	13	32	2389	24.8
2 Often True	243	7	386	7	3	7	668	6.9
Valid responses =	3495	36	5813	60	41	0	9619	98.7

Invalid responses include no response.

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2665	76	4427	75	29	64	7306	75.1
1 Only 1 or 2 days	430	12	752	13	5	11	1222	12.6
2 Yes, some days, but not every day	344	10	593	10	8	18	981	10.1
3 Yes, almost every day	93	3	103	2	3	7	215	2.2
Valid responses =	3532	36	5875	60	45	0	9724	99.8

Invalid responses include no response.

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2931	83	4879	83	35	78	8038	82.7
1 Yes	604	17	995	17	10	22	1687	17.3
Valid responses =	3535	36	5874	60	45	0	9725	99.8

Invalid responses include no response.

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3091	88	5210	89	35	78	8552	87.9
1 Yes	441	13	665	11	10	22	1172	12.1
Valid responses =	3532	36	5875	60	45	0	9724	99.8

Invalid responses include no response.

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	527	15	777	13	4	9	1338	13.8
2 5-15 minutes	1324	38	2067	35	17	38	3490	35.9
3 16-30 minutes	907	26	1544	26	13	29	2537	26.1
4 31 minutes - 1 hour	559	16	1003	17	9	20	1631	16.8
5 over 1 hour	212	6	482	8	2	4	724	7.4
Valid responses =	3529	36	5873	60	45	0	9720	99.8

Invalid responses include no response.

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	22	1	41	1	0	0	65	0.7
2 4 hours	69	2	110	2	1	2	183	1.9
3 5 hours	338	10	637	11	6	13	1008	10.4
4 6 hours	1002	28	1606	27	12	27	2712	27.9
5 7 hours	1390	39	2184	37	14	31	3685	37.9
6 8 hours	600	17	1057	18	11	24	1708	17.6
7 9 hours	94	3	190	3	0	0	295	3.0
8 10 or more hours	19	1	50	1	1	2	71	0.7
Valid responses =	3534	36	5875	60	45	0	9727	99.9

Invalid responses include no response.

15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	16	1	20	0	0	0	37	0.4
2 4 hours	39	1	44	1	2	4	88	0.9
3 5 hours	142	4	194	3	3	7	349	3.6
4 6 hours	408	12	597	10	5	11	1038	10.7
5 7 hours	889	25	1354	23	9	20	2311	23.8
6 8 hours	1286	36	2077	35	17	38	3476	35.7
7 9 hours	571	16	1187	20	6	13	1816	18.7
8 10 or more hours	182	5	401	7	3	7	610	6.3
Valid responses =	3533	36	5874	60	45	0	9725	99.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741 Web Surveys

16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 days	1885	54	3016	51	23	51	5058	52.1	
2 1 day	676	19	1146	20	10	22	1888	19.5	
3 2 days	464	13	772	13	4	9	1271	13.1	
4 3 days	212	6	419	7	2	4	657	6.8	
5 4 days	92	3	180	3	4	9	285	2.9	
6 5 days	80	2	160	3	1	2	249	2.6	
7 6 days	35	1	58	1	0	0	96	1.0	
8 7 days	74	2	119	2	1	2	201	2.1	
Valid responses =	3518	36	5870	60	45	0	9705	99.6	

Invalid responses include no response.

16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 days	305	9	264	5	3	7	583	6.0	
2 1 day	483	14	522	9	6	14	1044	10.7	
3 2 days	730	21	972	17	11	25	1749	18.0	
4 3 days	618	18	925	16	5	11	1589	16.4	
5 4 days	370	11	704	12	3	7	1113	11.5	
6 5 days	394	11	816	14	5	11	1249	12.9	
7 6 days	182	5	372	6	3	7	568	5.8	
8 7 days	445	13	1295	22	8	18	1817	18.7	
Valid responses =	3527	36	5870	60	44	0	9712	99.7	

Invalid responses include no response.

16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 days	1433	41	2216	38	14	33	3761	38.8	
2 1 day	916	26	1375	23	11	26	2357	24.3	
3 2 days	502	14	817	14	5	12	1361	14.0	
4 3 days	232	7	436	7	5	12	698	7.2	
5 4 days	129	4	280	5	3	7	432	4.5	
6 5 days	119	3	258	4	1	2	386	4.0	
7 6 days	60	2	155	3	2	5	228	2.4	
8 7 days	131	4	329	6	2	5	479	4.9	
Valid responses =	3522	36	5866	60	43	0	9702	99.6	

Invalid responses include no response.

16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 days	465	13	1060	18	7	16	1583	16.3	
2 1 day	535	15	1082	19	8	18	1671	17.2	
3 2 days	690	20	1108	19	6	14	1862	19.2	
4 3 days	475	14	737	13	5	11	1253	12.9	
5 4 days	416	12	642	11	6	14	1088	11.2	
6 5 days	416	12	625	11	5	11	1071	11.0	
7 6 days	294	8	342	6	5	11	661	6.8	
8 7 days	239	7	264	5	2	5	516	5.3	
Valid responses =	3530	36	5860	60	44	0	9705	99.6	

Invalid responses include no response.

16E) On how many of the last 7 days did you: Take a nap?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 0 days	1578	45	2851	49	23	54	4573	47.1	
2 1 day	802	23	1297	22	6	14	2163	22.3	
3 2 days	502	14	841	14	7	16	1389	14.3	
4 3 days	266	8	427	7	2	5	723	7.5	
5 4 days	112	3	186	3	2	5	309	3.2	
6 5 days	126	4	125	2	1	2	257	2.6	
7 6 days	38	1	51	1	0	0	91	0.9	
8 7 days	94	3	91	2	2	5	196	2.0	
Valid responses =	3518	36	5869	60	43	0	9701	99.6	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Less than 30 minutes	594	31	634	21	8	40	1274	25.2	
2 Between 30 and 59 minutes	839	44	1364	46	9	45	2273	44.9	
3 Between 60 and 119 minutes	408	21	804	27	2	10	1258	24.9	
4 2 hours or more	64	3	184	6	1	5	254	5.0	
Valid responses =	1905	38	2986	59	20	0	5059	51.9	

Invalid responses include no response.

17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not do this activity	1993	57	3784	65	24	57	5966	61.9	
2 Never	530	15	682	12	6	14	1246	12.9	
3 Rarely	149	4	169	3	1	2	328	3.4	
4 Sometimes	113	3	146	3	1	2	270	2.8	
5 Most of the time	170	5	208	4	3	7	394	4.1	
6 Always	551	16	835	14	7	17	1439	14.9	
Valid responses =	3506	36	5824	60	42	0	9643	99.0	

Invalid responses include no response.

17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not do this activity	2958	85	5299	91	33	81	8527	88.6	
2 Never	167	5	172	3	2	5	351	3.6	
3 Rarely	34	1	26	0	1	2	64	0.7	
4 Sometimes	39	1	28	1	1	2	71	0.7	
5 Most of the time	39	1	26	0	1	2	68	0.7	
6 Always	255	7	268	5	3	7	539	5.6	
Valid responses =	3492	36	5819	60	41	0	9620	98.8	

Invalid responses include no response.

17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not do this activity	3142	90	5518	95	33	83	8936	92.9	
2 Never	200	6	182	3	2	5	395	4.1	
3 Rarely	35	1	21	0	1	3	60	0.6	
4 Sometimes	33	1	16	0	2	5	56	0.6	
5 Most of the time	17	1	9	0	1	3	28	0.3	
6 Always	63	2	73	1	1	3	141	1.5	
Valid responses =	3490	36	5819	61	40	0	9616	98.7	

Invalid responses include no response.

18A) When, if ever, was the last time you drove a car or other vehicle?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	252	7	411	7	5	12	686	7.1	
2 Within the last 2 weeks	2667	76	4800	82	31	72	7714	79.6	
3 More than 2 weeks but within 30 days	81	2	97	2	3	7	187	1.9	
4 More than 30 days but within 3 months	202	6	177	3	2	5	391	4.0	
5 More than 3 months but within 12 months	195	6	189	3	1	2	396	4.1	
6 More than 12 months ago	126	4	181	3	1	2	319	3.3	
Valid responses =	3523	36	5855	60	43	0	9693	99.5	

Invalid responses include no response.

18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 Days	7	0	10	0	0	0	17	0.2	
1 1 to 4 Days	471	18	543	11	4	13	1061	13.8	
2 5 to 10 Days	673	25	1165	24	9	30	1905	24.7	
3 11 to 14 Days	1510	57	3075	64	17	57	4717	61.3	
Valid responses =	2661	35	4793	62	30	0	7700	79.0	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	10.06	12.00	4.48	0	14
Female	10.84	13.00	4.06	0	14
Overall	10.54	13.00	4.24	0	14



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 Days	1176	44	1863	39	16	55	3160	41.2	
1 1 to 4 Days	665	25	1241	26	5	17	1960	25.6	
2 5 to 10 Days	363	14	838	18	4	14	1237	16.1	
3 11 to 14 Days	450	17	831	17	4	14	1313	17.1	
Valid responses =	2654	35	4773	62	29	0	7670	78.7	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	3.85	1.00	5.13	0	14
Female	4.23	2.00	5.12	0	14
Overall	4.07	2.00	5.12	0	14

18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No accidents	2883	92	4787	91	33	89	7920	91.3	
2 One accident	242	8	447	9	3	8	713	8.2	
3 Two accidents	14	0	25	1	1	3	42	0.5	
4 Three or more accidents	1	0	1	0	0	0	3	0.0	
Valid responses =	3140	36	5260	61	37	0	8678	89.1	

Invalid responses include no response.

19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner called me names, insulted me, or put me down to make me feel bad.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3168	90	5303	91	39	89	8744	90.3	
2 Yes	348	10	546	9	5	11	935	9.7	
Valid responses =	3516	36	5849	60	44	0	9679	99.4	

Invalid responses include no response.

19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3361	96	5640	97	42	96	9303	96.1	
2 Yes	158	5	207	4	2	5	379	3.9	
Valid responses =	3519	36	5847	60	44	0	9682	99.4	

Invalid responses include no response.

19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3444	98	5754	98	39	91	9498	98.1	
2 Yes	73	2	95	2	4	9	183	1.9	
Valid responses =	3517	36	5849	60	43	0	9681	99.4	

Invalid responses include no response.

19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3484	99	5806	99	42	98	9595	99.2	
2 Yes	32	1	38	1	1	2	79	0.8	
Valid responses =	3516	36	5844	60	43	0	9674	99.3	

Invalid responses include no response.

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3462	99	5779	99	42	98	9541	98.7	
2 Yes	43	1	67	1	1	2	124	1.3	
Valid responses =	3505	36	5846	60	43	0	9665	99.2	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2020
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

December 6, 2021
 FREQUENCY REPORT
 Number of Surveys (n) = 9741 Web Surveys

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was in a physical fight.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3474	98	5831	99	42	98	9617	99.1
2 Yes	56	2	33	1	1	2	92	0.9
Valid responses =	3530	36	5864	60	43	0	9709	99.7

Invalid responses include no response.

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was physically assaulted (do not include sexual assault).

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3486	99	5814	99	42	98	9609	99.0
2 Yes	39	1	52	1	1	2	98	1.0
Valid responses =	3525	36	5866	60	43	0	9707	99.7

Invalid responses include no response.

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was verbally threatened.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3254	92	5514	94	36	86	9036	93.3
2 Yes	267	8	336	6	6	14	646	6.7
Valid responses =	3521	36	5850	60	42	0	9682	99.4

Invalid responses include no response.

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was sexually touched without my consent.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3454	98	5579	95	39	91	9321	96.2
2 Yes	70	2	275	5	4	9	372	3.8
Valid responses =	3524	36	5854	60	43	0	9693	99.5

Invalid responses include no response.

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3505	100	5783	99	43	100	9599	99.0
2 Yes	18	1	76	1	0	0	98	1.0
Valid responses =	3523	36	5859	60	43	0	9697	99.5

Invalid responses include no response.

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3505	99	5799	99	41	95	9609	99.1
2 Yes	20	1	54	1	2	5	84	0.9
Valid responses =	3525	36	5853	60	43	0	9693	99.5

Invalid responses include no response.

20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3468	99	5706	98	38	93	9465	97.7
2 Yes	54	2	144	3	3	7	219	2.3
Valid responses =	3522	36	5850	60	41	0	9684	99.4

Invalid responses include no response.

21A) How safe do you feel: On my campus (daytime)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	8	0	15	0	4	9	31	0.3
2 Somewhat unsafe	33	1	72	1	2	4	118	1.2
3 Somewhat safe	349	10	982	17	6	13	1387	14.4
4 Very safe	3133	89	4737	82	33	73	8108	84.1
Valid responses =	3523	37	5806	60	45	0	9644	99.0

Invalid responses include no response.



American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

21B) How safe do you feel: On my campus (nighttime)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	29	1	157	3	5	11	202	2.1
2 Somewhat unsafe	196	6	1014	18	6	13	1259	13.1
3 Somewhat safe	1265	36	3043	53	15	33	4442	46.1
4 Very safe	2030	58	1579	27	19	42	3723	38.7
Valid responses =	3520	37	5793	60	45	0	9626	98.8

Invalid responses include no response.

21C) How safe do you feel: In the community surrounding my campus (daytime)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	26	1	59	1	5	11	95	1.0
2 Somewhat unsafe	155	4	369	6	3	7	553	5.7
3 Somewhat safe	1071	30	2299	40	15	33	3486	36.2
4 Very safe	2268	64	3064	53	22	49	5492	57.1
Valid responses =	3520	37	5791	60	45	0	9626	98.8

Invalid responses include no response.

21D) How safe do you feel: In the community surrounding my campus (nighttime)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	166	5	577	10	7	16	773	8.0
2 Somewhat unsafe	605	17	1669	29	9	20	2355	24.4
3 Somewhat safe	1435	41	2546	44	14	31	4101	42.6
4 Very safe	1317	37	1004	17	15	33	2404	25.0
Valid responses =	3523	37	5796	60	45	0	9633	98.9

Invalid responses include no response.

22A1) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2081	59	4031	69	29	66	6309	65.0
3 Yes	1452	41	1831	31	15	34	3401	35.0
Valid responses =	3533	36	5862	60	44	0	9710	99.7

Invalid responses include no response.

22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages (beer, wine, liquor, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	734	21	1005	17	14	33	1803	18.6
3 Yes	2790	79	4858	83	28	67	7898	81.4
Valid responses =	3524	36	5863	60	42	0	9701	99.6

Invalid responses include no response.

22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2166	61	3368	58	28	67	5691	58.7
3 Yes	1359	39	2490	43	14	33	4005	41.3
Valid responses =	3525	36	5858	60	42	0	9696	99.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
Reference Group Data Report - Spring 2020

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

22A4) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cocaine (coke, crack, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3097	88	5327	91	37	88	8696	89.8
3 Yes	423	12	521	9	5	12	986	10.2
Valid responses =	3520	36	5848	60	42	0	9682	99.4

Invalid responses include no response.

22A5) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3130	89	5241	90	37	93	8639	89.1
3 Yes	397	11	618	11	3	8	1059	10.9
Valid responses =	3527	36	5859	60	40	0	9698	99.6

Invalid responses include no response.

22A6) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Methamphetamine (speed, crystal meth, ice, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3451	98	5803	99	39	98	9555	98.6
3 Yes	69	2	58	1	1	3	138	1.4
Valid responses =	3520	36	5861	60	40	0	9693	99.5

Invalid responses include no response.

22A7) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3317	94	5679	97	39	93	9282	95.9
3 Yes	204	6	169	3	3	7	398	4.1
Valid responses =	3521	36	5848	60	42	0	9680	99.4

Invalid responses include no response.

22A8) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3286	93	5451	93	38	93	9019	93.2
3 Yes	233	7	399	7	3	7	662	6.8
Valid responses =	3519	36	5850	60	41	0	9681	99.4

Invalid responses include no response.

22A9) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3049	87	5262	90	36	88	8562	88.4
3 Yes	474	14	593	10	5	12	1129	11.6
Valid responses =	3523	36	5855	60	41	0	9691	99.5

Invalid responses include no response.



22A10) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Heroin

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3412	99	5668	100	38	97	9373	99.4
3 Yes	20	1	28	1	1	3	55	0.6
Valid responses =	3432	36	5696	60	39	0	9428	96.8

Invalid responses include no response.

22A11) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)
[Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	3321	95	5562	95	37	95	9175	94.9
3 Yes	194	6	280	5	2	5	493	5.1
Valid responses =	3515	36	5842	60	39	0	9668	99.3

Invalid responses include no response.

22A12) In your life, which of the following substances have you ever used?
For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Other

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2666	98	4341	99	31	100	7236	98.6
3 Yes	56	2	41	1	0	0	105	1.4
Valid responses =	2722	37	4382	60	31	0	7341	75.4

Invalid responses include no response.

22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	719	50	1154	63	5	33	1931	56.9
2 Once or twice	336	23	362	20	6	40	723	21.3
3 Monthly	80	6	81	4	0	0	167	4.9
4 Weekly	96	7	67	4	1	7	171	5.0
6 Daily or almost daily	219	15	162	9	3	20	402	11.8
Valid responses =	1450	43	1826	54	15	0	3394	34.8

Invalid responses include no response.

22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Alcoholic beverages (beer, wine, liquor, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	171	6	238	5	3	11	423	5.4
2 Once or twice	462	17	1021	21	7	25	1538	19.6
3 Monthly	606	22	1166	24	4	14	1821	23.3
4 Weekly	1240	45	2068	43	12	43	3417	43.6
6 Daily or almost daily	287	10	323	7	2	7	633	8.1
Valid responses =	2766	35	4816	61	28	0	7832	80.4

Invalid responses include no response.

22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	698	52	1317	53	7	50	2083	52.2
2 Once or twice	326	24	658	27	2	14	1020	25.5
3 Monthly	103	8	193	8	3	21	311	7.8
4 Weekly	119	9	161	7	1	7	299	7.5
6 Daily or almost daily	110	8	153	6	1	7	281	7.0
Valid responses =	1356	34	2482	62	14	0	3994	41.0

Invalid responses include no response.



22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Cocaine (coke, crack, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	283	67	394	76	3	60	705	71.9
2 Once or twice	77	18	82	16	1	20	167	17.0
3 Monthly	20	5	24	5	1	20	47	4.8
4 Weekly	27	6	8	2	0	0	38	3.9
6 Daily or almost daily	14	3	10	2	0	0	24	2.4
Valid responses =	421	43	518	53	5	1	981	10.1

Invalid responses include no response.

22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	313	79	474	77	2	67	820	77.7
2 Once or twice	54	14	93	15	1	33	154	14.6
3 Monthly	11	3	21	3	0	0	35	3.3
4 Weekly	10	3	14	2	0	0	25	2.4
6 Daily or almost daily	6	2	15	2	0	0	21	2.0
Valid responses =	394	37	617	58	3	0	1055	10.8

Invalid responses include no response.

22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Methamphetamine (speed, crystal meth, ice, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	55	81	53	95	0	0	116	85.9
2 Once or twice	8	12	2	4	0	0	11	8.1
3 Monthly	3	4	0	0	1	100	4	3.0
4 Weekly	0	0	1	2	0	0	2	1.5
6 Daily or almost daily	2	3	0	0	0	0	2	1.5
Valid responses =	68	50	56	41	1	1	135	1.4

Invalid responses include no response.

22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	143	70	156	93	1	33	316	79.8
2 Once or twice	35	17	9	5	1	33	49	12.4
3 Monthly	10	5	0	0	0	0	11	2.8
4 Weekly	13	6	2	1	1	33	17	4.3
6 Daily or almost daily	2	1	1	1	0	0	3	0.8
Valid responses =	203	51	168	42	3	1	396	4.1

Invalid responses include no response.

22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	177	76	289	73	2	67	486	73.6
2 Once or twice	29	12	68	17	0	0	100	15.2
3 Monthly	9	4	19	5	1	33	33	5.0
4 Weekly	8	3	8	2	0	0	18	2.7
6 Daily or almost daily	10	4	13	3	0	0	23	3.5
Valid responses =	233	35	397	60	3	0	660	6.8

Invalid responses include no response.

22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	381	81	510	86	3	60	938	83.5
2 Once or twice	80	17	76	13	2	40	169	15.0
3 Monthly	8	2	3	1	0	0	12	1.1
4 Weekly	2	0	1	0	0	0	4	0.4
6 Daily or almost daily	1	0	0	0	0	0	1	0.1
Valid responses =	472	42	590	52	5	0	1124	11.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
Reference Group Data Report - Spring 2020

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

GRADUATE/PROFESSIONAL STUDENTS

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) = 9741 Web Surveys

22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Heroin

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	17	85	28	100	1	100	49	89.1
2 Once or twice	1	5	0	0	0	0	3	5.5
3 Monthly	0	0	0	0	0	0	1	1.8
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	2	10	0	0	0	0	2	3.6
Valid responses =	20	36	28	51	1	2	55	0.6

Invalid responses include no response.

22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)
[Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	173	89	243	87	2	100	432	87.6
2 Once or twice	17	9	31	11	0	0	50	10.1
3 Monthly	2	1	4	1	0	0	7	1.4
4 Weekly	1	1	1	0	0	0	2	0.4
6 Daily or almost daily	1	1	1	0	0	0	2	0.4
Valid responses =	194	39	280	57	2	0	493	5.1

Invalid responses include no response.

22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Other

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	27	49	19	48	0	0	49	47.6
2 Once or twice	8	15	6	15	0	0	16	15.5
3 Monthly	2	4	1	3	0	0	3	2.9
4 Weekly	3	6	2	5	0	0	5	4.9
6 Daily or almost daily	15	27	12	30	0	0	30	29.1
Valid responses =	55	53	40	39	0	0	103	1.1

Invalid responses include no response.

22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	59	73	115	80	1	100	184	78.3
1 Yes	20	25	25	18	0	0	46	19.6
99 Don't know	2	3	3	2	0	0	5	2.1
Valid responses =	81	34	143	61	1	0	235	2.4

Invalid responses include no response.



22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	15	75	13	52	0	0	29	63.0
1 Yes	5	25	12	48	0	0	17	37.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	20	43	25	54	0	0	46	0.5

Invalid responses include no response.

22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	16	80	16	64	0	0	33	71.7
1 Yes	4	20	9	36	0	0	13	28.3
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	20	43	25	54	0	0	46	0.5

Invalid responses include no response.

22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	35	63	64	59	1	100	106	60.9
1 Yes	18	32	39	36	0	0	60	34.5
99 Don't know	3	5	5	5	0	0	8	4.6
Valid responses =	56	32	108	62	1	1	174	1.8

Invalid responses include no response.

22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	16	89	24	62	0	0	41	68.3
1 Yes	2	11	15	39	0	0	19	31.7
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	18	30	39	65	0	0	60	0.6

Invalid responses include no response.

22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	17	94	28	72	0	0	47	78.3
1 Yes	0	0	10	26	0	0	11	18.3
99 Don't know	1	6	1	3	0	0	2	3.3
Valid responses =	18	30	39	65	0	0	60	0.6

Invalid responses include no response.

22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	13	62	17	46	0	0	33	54.1
1 Yes	7	33	20	54	0	0	27	44.3
99 Don't know	1	5	0	0	0	0	1	1.6
Valid responses =	21	34	37	61	0	0	61	0.6

Invalid responses include no response.

22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5	71	17	85	0	0	22	81.5
1 Yes	1	14	3	15	0	0	4	14.8
99 Don't know	1	14	0	0	0	0	1	3.7
Valid responses =	7	26	20	74	0	0	27	0.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) = 9741 Web Surveys

22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5	71	16	80	0	0	21	77.8
1 Yes	1	14	4	20	0	0	5	18.5
99 Don't know	1	14	0	0	0	0	1	3.7
Valid responses =	7	26	20	74	0	0	27	0.3

Invalid responses include no response.

22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	269	38	268	41	4	40	551	38.8
3 Once or twice	128	18	144	22	2	20	284	20.0
4 Monthly	38	5	39	6	0	0	83	5.8
5 Weekly	90	13	47	7	1	10	145	10.2
6 Daily or almost daily	188	26	150	23	3	30	357	25.1
Valid responses =	713	50	648	46	10	1	1420	14.6

Invalid responses include no response.

22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1223	48	1981	45	10	44	3302	45.8
3 Once or twice	549	22	1094	25	5	22	1697	23.6
4 Monthly	226	9	450	10	2	9	699	9.7
5 Weekly	407	16	745	17	5	22	1193	16.6
6 Daily or almost daily	139	6	161	4	1	4	312	4.3
Valid responses =	2544	35	4431	62	23	0	7203	73.9

Invalid responses include no response.

22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	304	48	543	49	1	14	882	48.0
3 Once or twice	125	20	272	24	3	43	415	22.6
4 Monthly	52	8	93	8	1	14	154	8.4
5 Weekly	87	14	117	11	1	14	216	11.8
6 Daily or almost daily	72	11	90	8	1	14	171	9.3
Valid responses =	640	35	1115	61	7	0	1838	18.9

Invalid responses include no response.

22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	78	58	73	61	1	50	157	58.4
3 Once or twice	23	17	24	20	0	0	51	19.0
4 Monthly	12	9	6	5	1	50	21	7.8
5 Weekly	17	13	12	10	0	0	30	11.2
6 Daily or almost daily	5	4	5	4	0	0	10	3.7
Valid responses =	135	50	120	45	2	1	269	2.8

Invalid responses include no response.

22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	50	62	72	50	0	0	127	54.0
3 Once or twice	16	20	33	23	0	0	51	21.7
4 Monthly	4	5	9	6	0	0	15	6.4
5 Weekly	9	11	17	12	0	0	27	11.5
6 Daily or almost daily	2	3	12	8	1	100	15	6.4
Valid responses =	81	34	143	61	1	0	235	2.4

Invalid responses include no response.



American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

December 6, 2021
 FREQUENCY REPORT
 Number of Surveys (n) = 9741 Web Surveys

22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**(only includes students who have used this substance within the last 3 months)****Methamphetamine (speed, crystal meth, ice, etc.)**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	7	58	2	67	0	0	10	55.6
3 Once or twice	1	8	1	33	0	0	3	16.7
4 Monthly	4	33	0	0	1	100	5	27.8
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	12	67	3	17	1	6	18	0.2

Invalid responses include no response.

22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**(only includes students who have used this substance within the last 3 months)****Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	44	75	11	92	0	0	59	74.7
3 Once or twice	6	10	1	8	1	50	10	12.7
4 Monthly	4	7	0	0	0	0	4	5.1
5 Weekly	5	9	0	0	1	50	6	7.6
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	59	75	12	15	2	3	79	0.8

Invalid responses include no response.

22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**(only includes students who have used this substance within the last 3 months)****Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	29	52	43	40	0	0	73	42.0
3 Once or twice	16	29	34	32	0	0	53	30.5
4 Monthly	3	5	9	8	0	0	15	8.6
5 Weekly	5	9	12	11	1	100	20	11.5
6 Daily or almost daily	3	5	10	9	0	0	13	7.5
Valid responses =	56	32	108	62	1	1	174	1.8

Invalid responses include no response.

22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**(only includes students who have used this substance within the last 3 months)****Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	59	66	52	68	0	0	117	65.0
3 Once or twice	21	24	19	25	0	0	44	24.4
4 Monthly	7	8	4	5	1	50	14	7.8
5 Weekly	1	1	1	1	1	50	3	1.7
6 Daily or almost daily	1	1	1	1	0	0	2	1.1
Valid responses =	89	49	77	43	2	1	180	1.8

Invalid responses include no response.

22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**(only includes students who have used this substance within the last 3 months)****Heroin**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	2	67	0	0	0	0	3	50.0
3 Once or twice	0	0	0	0	0	0	2	33.3
4 Monthly	1	33	0	0	0	0	1	16.7
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	3	50	0	0	0	0	6	0.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	13	62	24	65	0	0	38	62.3	
3 Once or twice	6	29	12	32	0	0	19	31.1	
4 Monthly	0	0	0	0	0	0	0	0.0	
5 Weekly	2	10	0	0	0	0	2	3.3	
6 Daily or almost daily	0	0	1	3	0	0	2	3.3	
Valid responses =	21	34	37	61	0	0	61	0.6	

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Other

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	17	63	11	55	0	0	30	57.7	
3 Once or twice	1	4	1	5	0	0	2	3.8	
4 Monthly	0	0	2	10	0	0	2	3.8	
5 Weekly	1	4	2	10	0	0	3	5.8	
6 Daily or almost daily	8	30	4	20	0	0	15	28.8	
Valid responses =	27	52	20	38	0	0	52	0.5	

Invalid responses include no response.

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	651	89	608	91	9	90	1314	89.9	
4 Once or twice	42	6	39	6	0	0	82	5.6	
5 Monthly	10	1	7	1	1	10	19	1.3	
6 Weekly	10	1	11	2	0	0	23	1.6	
7 Daily or almost daily	16	2	7	1	0	0	23	1.6	
Valid responses =	729	50	672	46	10	1	1461	15.0	

Invalid responses include no response.

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	2336	90	4155	91	20	87	6703	90.7	
4 Once or twice	170	7	324	7	2	9	510	6.9	
5 Monthly	36	1	64	1	1	4	103	1.4	
6 Weekly	33	1	30	1	0	0	64	0.9	
7 Daily or almost daily	9	0	3	0	0	0	13	0.2	
Valid responses =	2584	35	4576	62	23	0	7393	75.9	

Invalid responses include no response.

22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) *[Please report nonmedical use only.]*

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	594	91	1107	95	5	71	1778	93.4	
4 Once or twice	38	6	45	4	0	0	89	4.7	
5 Monthly	12	2	4	0	2	29	19	1.0	
6 Weekly	7	1	7	1	0	0	15	0.8	
7 Daily or almost daily	2	0	1	0	0	0	3	0.2	
Valid responses =	653	34	1164	61	7	0	1904	19.5	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	122	88	108	87	1	50	241	87.6
4 Once or twice	10	7	10	8	0	0	21	7.6
5 Monthly	3	2	5	4	0	0	8	2.9
6 Weekly	0	0	1	1	1	50	2	0.7
7 Daily or almost daily	3	2	0	0	0	0	3	1.1
Valid responses =	138	50	124	45	2	1	275	2.8

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	76	94	133	93	1	100	217	92.3
4 Once or twice	4	5	4	3	0	0	9	3.8
5 Monthly	1	1	3	2	0	0	6	2.6
6 Weekly	0	0	2	1	0	0	2	0.9
7 Daily or almost daily	0	0	1	1	0	0	1	0.4
Valid responses =	81	34	143	61	1	0	235	2.4

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	10	77	3	100	0	0	13	72.2
4 Once or twice	1	8	0	0	1	100	3	16.7
5 Monthly	2	15	0	0	0	0	2	11.1
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	13	72	3	17	1	6	18	0.2

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	56	95	12	100	0	0	73	92.4
4 Once or twice	0	0	0	0	1	50	2	2.5
5 Monthly	1	2	0	0	0	0	1	1.3
6 Weekly	2	3	0	0	1	50	3	3.8
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	59	75	12	15	2	3	79	0.8

Invalid responses include no response.

22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 Never	54	96	102	94	0	0	162	93.1
4 Once or twice	0	0	4	4	0	0	6	3.4
5 Monthly	0	0	1	1	1	100	3	1.7
6 Weekly	1	2	0	0	0	0	1	0.6
7 Daily or almost daily	1	2	1	1	0	0	2	1.1
Valid responses =	56	32	108	62	1	1	174	1.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	88	97	80	100	0	0	178	96.2
4 Once or twice	3	3	0	0	0	0	5	2.7
5 Monthly	0	0	0	0	0	0	1	0.5
6 Weekly	0	0	0	0	1	100	1	0.5
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	91	49	80	43	1	1	185	1.9

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	67	0	0	0	0	4	66.7
4 Once or twice	0	0	0	0	0	0	1	16.7
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	1	33	0	0	0	0	1	16.7
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	3	50	0	0	0	0	6	0.1

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	21	100	36	97	0	0	58	95.1
4 Once or twice	0	0	1	3	0	0	3	4.9
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	21	34	37	61	0	0	61	0.6

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	21	75	15	75	0	0	40	75.5
4 Once or twice	4	14	3	15	0	0	8	15.1
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	1	5	0	0	1	1.9
7 Daily or almost daily	3	11	1	5	0	0	4	7.5
Valid responses =	28	53	20	38	0	0	53	0.5

Invalid responses include no response.

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2341	90	4180	91	20	87	6732	91.0
5 Once or twice	208	8	327	7	2	9	551	7.4
6 Monthly	25	1	40	1	0	0	68	0.9
7 Weekly	11	0	26	1	1	4	40	0.5
8 Daily or almost daily	6	0	1	0	0	0	7	0.1
Valid responses =	2591	35	4574	62	23	0	7398	75.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	575	88	1077	93	5	71	1727	90.8
5 Once or twice	61	9	64	6	1	14	133	7.0
6 Monthly	10	2	7	1	1	14	20	1.1
7 Weekly	4	1	11	1	0	0	16	0.8
8 Daily or almost daily	5	1	0	0	0	0	5	0.3
Valid responses =	655	34	1159	61	7	0	1901	19.5

Invalid responses include no response.

22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	128	93	114	92	1	50	252	91.6
5 Once or twice	4	3	6	5	0	0	13	4.7
6 Monthly	4	3	3	2	1	50	8	2.9
7 Weekly	0	0	1	1	0	0	1	0.4
8 Daily or almost daily	1	1	0	0	0	0	1	0.4
Valid responses =	137	50	124	45	2	1	275	2.8

Invalid responses include no response.

22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	78	96	140	98	1	100	226	96.2
5 Once or twice	1	1	1	1	0	0	3	1.3
6 Monthly	2	3	1	1	0	0	4	1.7
7 Weekly	0	0	0	0	0	0	1	0.4
8 Daily or almost daily	0	0	1	1	0	0	1	0.4
Valid responses =	81	34	143	61	1	0	235	2.4

Invalid responses include no response.

22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7	58	3	100	1	100	12	66.7
5 Once or twice	2	17	0	0	0	0	3	16.7
6 Monthly	3	25	0	0	0	0	3	16.7
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	12	67	3	17	1	6	18	0.2

Invalid responses include no response.

22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
(only includes students who were prescribed this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	56	95	12	100	0	0	73	92.4
5 Once or twice	0	0	0	0	1	50	2	2.5
6 Monthly	1	2	0	0	0	0	1	1.3
7 Weekly	2	3	0	0	1	50	3	3.8
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	59	75	12	15	2	3	79	0.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who were prescribed this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	50	89	99	92	1	100	154	88.5
5 Once or twice	2	4	8	7	0	0	14	8.0
6 Monthly	2	4	1	1	0	0	4	2.3
7 Weekly	2	4	0	0	0	0	2	1.1
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	56	32	108	62	1	1	174	1.8

Invalid responses include no response.

22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who were prescribed this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	87	96	76	95	0	0	173	93.0
5 Once or twice	4	4	4	5	0	0	10	5.4
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	1	50	2	1.1
8 Daily or almost daily	0	0	0	0	1	50	1	0.5
Valid responses =	91	49	80	43	2	1	186	1.9

Invalid responses include no response.

22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who were prescribed this substance)

Heroin

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	67	0	0	0	0	4	66.7
5 Once or twice	0	0	0	0	0	0	1	16.7
6 Monthly	1	33	0	0	0	0	1	16.7
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	3	50	0	0	0	0	6	0.1

Invalid responses include no response.

22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who were prescribed this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	20	95	36	97	0	0	58	95.1
5 Once or twice	1	5	1	3	0	0	3	4.9
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	21	34	37	61	0	0	61	0.6

Invalid responses include no response.

22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

of you because of your use of the following substance(s)? (only includes students who were prescribed this substance)

Other

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	25	89	17	85	0	0	46	86.8
5 Once or twice	0	0	2	10	0	0	3	5.7
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	3	11	1	5	0	0	4	7.5
Valid responses =	28	53	20	38	0	0	53	0.5

Invalid responses include no response.

22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1107	77	1550	85	13	87	2749	81.1
3 Yes, not in the past 3 months	184	13	160	9	0	0	357	10.5
6 Yes, in the past 3 months	156	11	116	6	2	13	285	8.4
Valid responses =	1447	43	1826	54	15	0	3391	34.8

Invalid responses include no response.



American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) = 9741 Web Surveys

22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	2311	83	4327	90	26	96	6844	87.3
3 Yes, not in the past 3 months	314	11	367	8	0	0	708	9.0
6 Yes, in the past 3 months	148	5	123	3	1	4	286	3.6
Valid responses =	2773	35	4817	61	27	0	7838	80.5

Invalid responses include no response.

22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	1183	88	2356	95	12	86	3677	92.4
3 Yes, not in the past 3 months	128	10	89	4	0	0	224	5.6
6 Yes, in the past 3 months	36	3	32	1	2	14	78	2.0
Valid responses =	1347	34	2477	62	14	0	3979	40.8

Invalid responses include no response.

22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	370	88	471	91	4	80	875	89.1
3 Yes, not in the past 3 months	37	9	41	8	0	0	82	8.4
6 Yes, in the past 3 months	14	3	7	1	1	20	25	2.5
Valid responses =	421	43	519	53	5	1	982	10.1

Invalid responses include no response.

22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	366	92	581	95	3	100	981	93.1
3 Yes, not in the past 3 months	25	6	27	4	0	0	57	5.4
6 Yes, in the past 3 months	5	1	6	1	0	0	16	1.5
Valid responses =	396	38	614	58	3	0	1054	10.8

Invalid responses include no response.

22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	54	78	48	83	1	100	111	80.4
3 Yes, not in the past 3 months	13	19	10	17	0	0	23	16.7
6 Yes, in the past 3 months	2	3	0	0	0	0	4	2.9
Valid responses =	69	50	58	42	1	1	138	1.4

Invalid responses include no response.

22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	192	95	159	95	1	33	371	93.7
3 Yes, not in the past 3 months	9	4	9	5	0	0	19	4.8
6 Yes, in the past 3 months	2	1	0	0	2	67	6	1.5
Valid responses =	203	51	168	42	3	1	396	4.1

Invalid responses include no response.

22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	205	88	361	91	2	67	590	89.3
3 Yes, not in the past 3 months	26	11	33	8	0	0	60	9.1
6 Yes, in the past 3 months	2	1	4	1	1	33	11	1.7
Valid responses =	233	35	398	60	3	0	661	6.8

Invalid responses include no response.



American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

December 6, 2021
 FREQUENCY REPORT
 Number of Surveys (n) = 9741 Web Surveys

22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**(only includes students who have ever used this substance)****Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	432	91	563	95	3	60	1048	93.0
3 Yes, not in the past 3 months	36	8	27	5	1	20	67	5.9
6 Yes, in the past 3 months	5	1	2	0	1	20	12	1.1
Valid responses =	473	42	592	53	5	0	1127	11.6

Invalid responses include no response.

22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**(only includes students who have ever used this substance)****Heroin**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	16	80	14	52	0	0	34	63.0
3 Yes, not in the past 3 months	4	20	13	48	0	0	18	33.3
6 Yes, in the past 3 months	0	0	0	0	1	100	2	3.7
Valid responses =	20	37	27	50	1	2	54	0.6

Invalid responses include no response.

22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**(only includes students who have ever used this substance)****Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)****[Please report nonmedical use only.]**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	168	87	241	87	2	100	424	86.4
3 Yes, not in the past 3 months	23	12	34	12	0	0	59	12.0
6 Yes, in the past 3 months	3	2	3	1	0	0	8	1.6
Valid responses =	194	40	278	57	2	0	491	5.0

Invalid responses include no response.

22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**(only includes students who have ever used this substance)****Other**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	48	86	28	72	0	0	82	79.6
3 Yes, not in the past 3 months	2	4	7	18	0	0	10	9.7
6 Yes, in the past 3 months	6	11	4	10	0	0	11	10.7
Valid responses =	56	54	39	38	0	0	103	1.1

Invalid responses include no response.

22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	1111	77	1541	84	13	87	2741	80.8
3 Yes, not in the past 3 months	189	13	184	10	0	0	388	11.4
6 Yes, in the past 3 months	146	10	103	6	2	13	263	7.8
Valid responses =	1446	43	1828	54	15	0	3392	34.8

Invalid responses include no response.

22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**Alcoholic beverages (beer, wine, liquor, etc.)**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	2472	89	4451	92	23	92	7131	90.7
3 Yes, not in the past 3 months	157	6	201	4	1	4	379	4.8
6 Yes, in the past 3 months	149	5	189	4	1	4	355	4.5
Valid responses =	2778	35	4841	62	25	0	7865	80.7

Invalid responses include no response.

22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
0 No, Never	1225	90	2339	94	13	93	3701	92.6
3 Yes, not in the past 3 months	79	6	86	4	0	0	171	4.3
6 Yes, in the past 3 months	51	4	62	3	1	7	125	3.1
Valid responses =	1355	34	2487	62	14	0	3997	41.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

2204) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Cocaine (coke, crack, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	378	90	488	95	4	80	901	92.4
3 Yes, not in the past 3 months	28	7	21	4	0	0	52	5.3
6 Yes, in the past 3 months	12	3	6	1	1	20	22	2.3
Valid responses =	418	43	515	53	5	1	975	10.0

Invalid responses include no response.

2205) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	369	93	579	94	3	100	986	93.5
3 Yes, not in the past 3 months	17	4	31	5	0	0	50	4.7
6 Yes, in the past 3 months	9	2	5	1	0	0	18	1.7
Valid responses =	395	37	615	58	3	0	1054	10.8

Invalid responses include no response.

2206) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Methamphetamine (speed, crystal meth, ice, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	55	81	49	88	0	0	112	83.0
3 Yes, not in the past 3 months	10	15	7	13	0	0	17	12.6
6 Yes, in the past 3 months	3	4	0	0	1	100	6	4.4
Valid responses =	68	50	56	41	1	1	135	1.4

Invalid responses include no response.

2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	190	94	160	95	3	100	373	94.0
3 Yes, not in the past 3 months	9	4	8	5	0	0	17	4.3
6 Yes, in the past 3 months	4	2	1	1	0	0	7	1.8
Valid responses =	203	51	169	43	3	1	397	4.1

Invalid responses include no response.

2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	208	90	371	94	2	67	603	91.6
3 Yes, not in the past 3 months	17	7	20	5	0	0	38	5.8
6 Yes, in the past 3 months	7	3	6	2	1	33	17	2.6
Valid responses =	232	35	397	60	3	0	658	6.8

Invalid responses include no response.

2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	456	97	576	98	4	80	1085	96.6
3 Yes, not in the past 3 months	15	3	12	2	0	0	30	2.7
6 Yes, in the past 3 months	1	0	2	0	1	20	8	0.7
Valid responses =	472	42	590	53	5	0	1123	11.5

Invalid responses include no response.

22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Heroin

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	16	80	16	59	0	0	35	64.8
3 Yes, not in the past 3 months	3	15	11	41	0	0	15	27.8
6 Yes, in the past 3 months	1	5	0	0	1	100	4	7.4
Valid responses =	20	37	27	50	1	2	54	0.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)
[Please report nonmedical use only.]

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	176	91	249	89	2	100	439	89.2
3 Yes, not in the past 3 months	17	9	29	10	0	0	49	10.0
6 Yes, in the past 3 months	1	1	1	0	0	0	4	0.8
Valid responses =	194	39	279	57	2	0	492	5.1

Invalid responses include no response.

22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Other

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	50	91	34	87	0	0	91	89.2
3 Yes, not in the past 3 months	1	2	4	10	0	0	5	4.9
6 Yes, in the past 3 months	4	7	1	3	0	0	6	5.9
Valid responses =	55	54	39	38	0	0	102	1.0

Invalid responses include no response.

22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2824	99	4876	100	28	100	7955	99.4
1 Yes, not in the past 3 months	13	1	22	0	0	0	36	0.5
2 Yes, in the past 3 months	6	0	0	0	0	0	8	0.1
Valid responses =	2843	36	4898	61	28	0	7999	82.1

Invalid responses include no response.

22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY]
(only includes students who have used drugs by injection within the last 3 months)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	2	40	0	0	0	0	3	42.9
1 More than once per week	3	60	0	0	0	0	4	57.1
Valid responses =	5	71	0	0	0	0	7	0.1

Invalid responses include no response.

23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)
Cigarettes

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	308	44	283	43	5	56	618	43.6
2 Yes	396	56	373	57	4	44	798	56.4
Valid responses =	704	50	656	46	9	1	1416	14.5

Invalid responses include no response.

23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)
E-cigarettes or other vape products (for example: Juul, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	400	59	365	57	5	56	799	57.8
2 Yes	284	42	280	43	4	44	584	42.2
Valid responses =	684	49	645	47	9	1	1383	14.2

Invalid responses include no response.

23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)
Water pipe or hookah

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	590	87	534	84	6	67	1166	84.9
2 Yes	90	13	105	16	3	33	207	15.1
Valid responses =	680	50	639	47	9	1	1373	14.1

Invalid responses include no response.

23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)
Chewing or smokeless tobacco

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	593	86	630	99	8	100	1274	92.6
2 Yes	94	14	5	1	0	0	102	7.4
Valid responses =	687	50	635	46	8	1	1376	14.1

Invalid responses include no response.



23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Cigars or little cigars

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	483	70	568	89	7	88	1096	79.5
2 Yes	204	30	68	11	1	13	282	20.5
Valid responses =	687	50	636	46	8	1	1378	14.1

Invalid responses include no response.

23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Other

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	463	96	447	98	4	100	945	96.7
2 Yes	20	4	11	2	0	0	32	3.3
Valid responses =	483	49	458	47	4	0	977	10.0

Invalid responses include no response.

24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1988	56	3097	53	18	45	5221	53.8
2 Within the last 2 weeks	362	10	544	9	5	13	967	10.0
3 More than 2 weeks but within 30 days	73	2	155	3	3	8	240	2.5
4 More than 30 days but within 3 months	189	5	347	6	1	3	556	5.7
5 More than 3 months but within 12 months	246	7	467	8	5	13	736	7.6
6 More than 12 months ago	672	19	1260	22	8	20	1993	20.5
Valid responses =	3530	36	5870	60	40	0	9713	99.7

Invalid responses include no response.

25A) When, if ever, was the last time you drank alcohol?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	475	14	579	10	6	15	1100	11.3
2 Within the last 2 weeks	2192	62	3761	64	21	54	6145	63.2
3 More than 2 weeks but within 30 days	272	8	566	10	6	15	864	8.9
4 More than 30 days but within 3 months	277	8	501	9	1	3	801	8.2
5 More than 3 months but within 12 months	140	4	253	4	3	8	401	4.1
6 More than 12 months ago	175	5	214	4	2	5	406	4.2
Valid responses =	3531	36	5874	60	39	0	9717	99.8

Invalid responses include no response.

25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you get drunk?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2095	77	3861	80	21	81	6141	78.9
2 Yes	635	23	954	20	5	19	1642	21.1
Valid responses =	2730	35	4815	62	26	0	7783	79.9

Invalid responses include no response.

25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you intend to get drunk?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2097	77	3890	81	21	81	6171	79.4
2 Yes	632	23	918	19	5	19	1603	20.6
Valid responses =	2729	35	4808	62	26	0	7744	79.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 Drinks	31	1	42	1	3	11	78	1.0	
1 1 to 2 Drinks	1475	54	3081	64	15	54	4697	60.3	
2 3 to 4 Drinks	682	25	1148	24	6	21	1887	24.2	
3 5 to 6 Drinks	303	11	383	8	1	4	709	9.1	
4 7 to 8 Drinks	128	5	113	2	1	4	247	3.2	
5 9 to 10 Drinks	68	3	39	1	1	4	110	1.4	
6 11 or More Drinks	47	2	14	0	1	4	64	0.8	
Total	2734	35	4820	62	28	0	7792	80.0	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	3.15	2.00	3.08	0	56
Female	2.44	2.00	1.8	0	20
Overall	2.69	2.00	2.37	0	56

27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 Hours	52	2	62	1	2	7	118	1.5	
1 1 to 2 Hours	1204	44	2020	42	12	44	3335	42.8	
2 3 to 4 Hours	995	36	1727	36	8	30	2802	36.0	
3 5 to 6 Hours	387	14	818	17	4	15	1235	15.9	
4 7 to 8 Hours	68	3	137	3	1	4	213	2.7	
5 9 to 10 Hours	16	1	31	1	0	0	48	0.6	
6 11 or More Hours	11	0	19	0	0	0	32	0.4	
Total	2733	35	4814	62	27	0	7783	79.9	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	2.97	3.00	1.89	0	24
Female	3.12	3.00	1.95	0	40
Overall	3.07	3.00	1.94	0	40

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 None	1278	58	2441	65	13	62	3846	62.7	
2 1 time	463	21	802	21	6	29	1299	21.2	
3 2 times	210	10	314	8	0	0	538	8.8	
4 3 times	99	5	104	3	1	5	212	3.5	
5 4 times	72	3	55	2	1	5	131	2.1	
6 5 times	24	1	18	1	0	0	43	0.7	
7 6 times	15	1	10	0	0	0	26	0.4	
8 7 times	7	0	3	0	0	0	10	0.2	
9 8 times	5	0	5	0	0	0	10	0.2	
10 9 times	4	0	3	0	0	0	7	0.1	
11 10 or more times	10	1	2	0	0	0	12	0.2	
Total	2187	36	3757	61	21	0	6134	63.0	

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

Did something I later regretted

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2431	85	4189	83	23	77	6821	83.4	
2 Yes	437	15	873	17	7	23	1354	16.6	
Valid responses =	2868	35	5062	62	30	0	8175	83.9	

Invalid responses include no response.



29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2638	92	4658	92	25	81	7514	91.8
2 Yes	236	8	409	8	6	19	674	8.2
Valid responses =	2874	35	5067	62	31	0	8188	84.1

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2368	83	4132	82	23	77	6693	81.7
2 Yes	504	18	940	19	7	23	1495	18.3
Valid responses =	2872	35	5072	62	30	0	8188	84.1

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Got in trouble with the police

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2865	100	5057	100	29	97	8166	99.7
2 Yes	8	0	12	0	1	3	22	0.3
Valid responses =	2873	35	5069	62	30	0	8188	84.1

Invalid responses include no response.

29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Got in trouble with college/university authorities

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2856	100	5058	100	29	97	8157	99.8
2 Yes	11	0	6	0	1	3	19	0.2
Valid responses =	2867	35	5064	62	30	0	8176	83.9

Invalid responses include no response.

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Someone had sex with me without my consent

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2858	100	5026	99	29	97	8124	99.3
2 Yes	14	1	38	1	1	3	58	0.7
Valid responses =	2872	35	5064	62	30	0	8182	84.0

Invalid responses include no response.

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Had sex with someone without their consent

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2871	100	5067	100	27	96	8180	100.0
2 Yes	0	0	2	0	1	4	4	0.0
Valid responses =	2871	35	5069	62	28	0	8184	84.0

Invalid responses include no response.

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Had unprotected sex

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2583	90	4588	91	26	93	7395	90.4
2 Yes	287	10	479	10	2	7	785	9.6
Valid responses =	2870	35	5067	62	28	0	8180	84.0

Invalid responses include no response.

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Physically injured myself

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2786	97	4892	97	26	90	7912	96.7
2 Yes	87	3	174	3	3	10	272	3.3
Valid responses =	2873	35	5066	62	29	0	8184	84.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Physically injured another person

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2864	100	5053	100	29	100	8159	99.8
2 Yes	4	0	11	0	0	0	17	0.2
Valid responses =	2868	35	5064	62	29	0	8176	83.9

Invalid responses include no response.

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Seriously considered suicide

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2825	99	4996	99	27	96	8050	98.5
2 Yes	44	2	66	1	1	4	124	1.5
Valid responses =	2869	35	5062	62	28	0	8174	83.9

Invalid responses include no response.

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Needed medical help

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2850	100	5041	100	28	100	8131	99.5
2 Yes	13	1	22	0	0	0	39	0.5
Valid responses =	2863	35	5063	62	28	0	8170	83.9

Invalid responses include no response.

30A) Within the last 30 days, did you drive after drinking any alcohol at all?
(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1469	72	2937	78	17	77	4542	75.6
2 Yes	581	28	846	22	5	23	1469	24.4
Valid responses =	2050	34	3783	63	22	0	6011	61.7

Invalid responses include no response.

30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	2795	98	4996	99	28	97	8029	98.2
2 Alcohol use negatively impacted performance in class	55	2	53	1	1	3	112	1.4
3 Alcohol use delayed progress towards degree	17	1	16	0	0	0	36	0.4
Valid responses =	2867	35	5065	62	29	0	8177	83.9

Invalid responses include no response.

31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?
(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	216	56	444	71	6	100	689	64.7
2 Yes	167	44	181	29	0	0	376	35.3
Valid responses =	383	36	625	59	6	1	1065	10.9

Invalid responses include no response.

31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance? (only includes students who used cannabis within the last 12 months)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	804	95	1464	98	12	92	2371	97.2
2 Marijuana use negatively impacted performance in class	29	3	19	1	0	0	49	2.0
3 Marijuana use delayed progress towards degree	11	1	5	0	1	8	20	0.8
Valid responses =	844	35	1488	61	13	1	2440	25.0

Invalid responses include no response.

32) Do you identify as a person in recovery from alcohol or other drug use?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2977	98	5213	99	37	100	8442	98.1
2 Yes	76	3	70	1	0	0	162	1.9
Valid responses =	3053	35	5283	61	37	0	8604	88.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

33A) When, if ever, was the last time you had: Oral sex (oral/genital contact)?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	908	26	1276	22	11	29	2253	23.5	
2 Within the last 2 weeks	1182	34	2060	36	11	29	3344	34.9	
3 More than 2 weeks but within 30 days	310	9	571	10	3	8	905	9.4	
4 More than 30 days but within 3 months	344	10	646	11	4	11	1023	10.7	
5 More than 3 months but within 12 months	338	10	591	10	5	13	965	10.1	
6 More than 12 months ago	417	12	631	11	4	11	1091	11.4	
Valid responses =	3499	37	5775	60	38	0	9581	98.4	

Invalid responses include no response.

33B) When, if ever, was the last time you had: Vaginal intercourse (penis in vagina)?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	1048	30	1203	21	15	41	2353	24.5	
2 Within the last 2 weeks	1310	38	2698	47	11	30	4104	42.8	
3 More than 2 weeks but within 30 days	241	7	499	9	2	5	762	7.9	
4 More than 30 days but within 3 months	285	8	508	9	4	11	810	8.4	
5 More than 3 months but within 12 months	258	7	387	7	3	8	667	7.0	
6 More than 12 months ago	352	10	494	9	2	5	892	9.3	
Valid responses =	3494	36	5789	60	37	0	9588	98.4	

Invalid responses include no response.

33C) When, if ever, was the last time you had: Anal intercourse (penis in anus)?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	2515	73	4291	75	30	81	7011	73.5	
2 Within the last 2 weeks	171	5	105	2	1	3	296	3.1	
3 More than 2 weeks but within 30 days	71	2	66	1	0	0	139	1.5	
4 More than 30 days but within 3 months	117	3	141	2	0	0	264	2.8	
5 More than 3 months but within 12 months	119	3	262	5	3	8	400	4.2	
6 More than 12 months ago	477	14	898	16	3	8	1427	15.0	
Valid responses =	3470	36	5763	60	37	0	9537	97.9	

Invalid responses include no response.

34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse? (only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 0 Partners	7	0	3	0	0	0	11	0.2	
1 1 Partner	1815	74	3452	80	20	83	5418	77.6	
2 2 Partners	222	9	420	10	0	0	666	9.5	
3 3 Partners	141	6	177	4	3	13	328	4.7	
4 4 Partners	62	3	102	2	0	0	170	2.4	
5 5 Partners	50	2	74	2	1	4	129	1.8	
6 6 Partners	30	1	32	1	0	0	63	0.9	
7 7 Partners	15	1	25	1	0	0	41	0.6	
8 8 to 10 Partners	43	2	34	1	0	0	81	1.2	
9 11 or More Partners	57	2	14	0	0	0	76	1.1	
Valid responses =	2442	35	4333	62	24	0	6983	71.7	

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	2.11	1.00	4.33	0	90
Female	1.51	1.00	1.69	0	50
Overall	1.75	1.00	3.11	0	90

35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months) Women or females

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	255	11	3990	94	11	52	4357	63.4	
2 Yes	2171	90	256	6	10	48	2515	36.6	
Valid responses =	2426	35	4246	62	21	0	6872	70.5	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Men or males

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2059	88	177	4	11	48	2322	33.9
2 Yes	281	12	4134	96	12	52	4531	66.1
Valid responses =	2340	34	4311	63	23	0	6853	70.4

Invalid responses include no response.

35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Trans women

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2321	99	4217	100	20	100	6720	99.4
2 Yes	14	1	12	0	0	0	39	0.6
Valid responses =	2335	35	4229	63	20	0	6759	69.4

Invalid responses include no response.

35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Trans men

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2315	99	4206	100	20	95	6699	99.3
2 Yes	16	1	15	0	1	5	48	0.7
Valid responses =	2331	35	4221	63	21	0	6747	69.3

Invalid responses include no response.

35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Genderqueer

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2294	99	4190	99	20	95	6642	98.4
2 Yes	36	2	34	1	1	5	111	1.6
Valid responses =	2330	35	4224	63	21	0	6753	69.3

Invalid responses include no response.

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Person(s) with another identity

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2319	100	4207	100	20	95	6700	99.3
2 Yes	12	1	14	0	1	5	47	0.7
Valid responses =	2331	35	4221	63	21	0	6747	69.3

Invalid responses include no response.

36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had oral sex within the last 30 days)

Oral sex (oral/genital contact)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1347	90	2448	93	11	79	3909	92.2
2 Rarely	49	3	61	2	0	0	112	2.6
3 Sometimes	28	2	32	1	1	7	63	1.5
4 Most of the time	19	1	19	1	2	14	43	1.0
5 Always	48	3	64	2	0	0	114	2.7
Valid responses =	1491	35	2624	62	14	0	4241	43.5

Invalid responses include no response.

36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had vaginal intercourse within the last 30 days)

Vaginal intercourse (penis in vagina)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	782	51	1786	56	7	58	2644	54.5
2 Rarely	115	7	194	6	0	0	311	6.4
3 Sometimes	111	7	213	7	1	8	330	6.8
4 Most of the time	154	10	278	9	1	8	442	9.1
5 Always	382	25	717	23	3	25	1122	23.1
Valid responses =	1544	32	3188	66	12	0	4849	49.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during: (only includes students that have had anal intercourse within the last 30 days)

Anal intercourse (penis in anus)?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	114	47	129	75	1	100	255	58.8	
2 Rarely	19	8	9	5	0	0	29	6.7	
3 Sometimes	29	12	3	2	0	0	34	7.8	
4 Most of the time	33	14	5	3	0	0	41	9.4	
5 Always	46	19	25	15	0	0	75	17.3	
Valid responses =	241	56	171	39	1	0	434	4.5	

Invalid responses include no response.

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?

(only includes students that have had vaginal intercourse within the last 12 months)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Yes	1662	80	3488	86	18	95	5271	83.5	
2 No, not want prevent pregnancy	145	7	180	4	1	5	337	5.3	
3 No, did not use any method	240	12	393	10	0	0	652	10.3	
4 Don't know	34	2	14	0	0	0	52	0.8	
Valid responses =	2081	33	4075	65	19	0	6312	64.8	

Invalid responses include no response.

38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)

(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control pills (monthly or extended cycle)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	1026	62	2128	61	12	67	3231	61.3	
1 Selected	636	38	1360	39	6	33	2040	38.7	
Valid responses =	1662	32	3488	66	18	0	5271	54.1	

Invalid responses include no response.

38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)

(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control shots

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	1641	99	3452	99	18	100	5212	98.9	
1 Selected	21	1	36	1	0	0	59	1.1	
Valid responses =	1662	32	3488	66	18	0	5271	54.1	

Invalid responses include no response.

38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)

(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control implants

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	1564	94	3280	94	15	83	4955	94.0	
1 Selected	98	6	208	6	3	17	316	6.0	
Valid responses =	1662	32	3488	66	18	0	5271	54.1	

Invalid responses include no response.

38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)

(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control patch

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	1653	100	3476	100	18	100	5250	99.6	
1 Selected	9	1	12	0	0	0	21	0.4	
Valid responses =	1662	32	3488	66	18	0	5271	54.1	

Invalid responses include no response.

38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)

(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

The ring

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not selected	1638	99	3404	98	17	94	5161	97.9	
1 Selected	24	1	84	2	1	6	110	2.1	
Valid responses =	1662	32	3488	66	18	0	5271	54.1	

Invalid responses include no response.



38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Emergency contraception ("morning after pill" or "Plan B")

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1629	98	3425	98	18	100	5172	98.1
1 Selected	33	2	63	2	0	0	99	1.9
Valid responses =	1662	32	3488	66	18	0	5271	54.1

Invalid responses include no response.

38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Intrauterine device (IUD)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1379	83	2678	77	15	83	4143	78.6
1 Selected	283	17	810	23	3	17	1128	21.4
Valid responses =	1662	32	3488	66	18	0	5271	54.1

Invalid responses include no response.

38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Male (external) condom

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	855	51	2134	61	14	78	3062	58.1
1 Selected	807	49	1354	39	4	22	2209	41.9
Valid responses =	1662	32	3488	66	18	0	5271	54.1

Invalid responses include no response.

38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Female (internal) condom

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1660	100	3481	100	18	100	5261	99.8
1 Selected	2	0	7	0	0	0	10	0.2
Valid responses =	1662	32	3488	66	18	0	5271	54.1

Invalid responses include no response.

38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Diaphragm or cervical cap

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1660	100	3482	100	18	100	5263	99.8
1 Selected	2	0	6	0	0	0	8	0.2
Valid responses =	1662	32	3488	66	18	0	5271	54.1

Invalid responses include no response.

38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Contraceptive sponge

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1661	100	3487	100	18	100	5269	100.0
1 Selected	1	0	1	0	0	0	2	0.0
Valid responses =	1662	32	3488	66	18	0	5271	54.1

Invalid responses include no response.

38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Withdrawal

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1431	86	2929	84	16	89	4463	84.7
1 Selected	231	14	559	16	2	11	808	15.3
Valid responses =	1662	32	3488	66	18	0	5271	54.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) = 9741 Web Surveys

38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Fertility awareness (for example: calendar, mucous, and basal body temperature)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1615	97	3361	96	17	94	5091	96.6
1 Selected	47	3	127	4	1	6	180	3.4
Valid responses =	1662	32	3488	66	18	0	5271	54.1

Invalid responses include no response.

38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Sterilization (for example: hysterectomy, tubes tied, or vasectomy)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1600	96	3323	95	16	89	5040	95.6
1 Selected	62	4	165	5	2	11	231	4.4
Valid responses =	1662	32	3488	66	18	0	5271	54.1

Invalid responses include no response.

38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Don't know

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1655	100	3484	100	17	94	5259	99.8
1 Selected	7	0	4	0	1	6	12	0.2
Valid responses =	1662	32	3488	66	18	0	5271	54.1

Invalid responses include no response.

38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Other method

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1646	99	3445	99	18	100	5208	98.8
1 Selected	16	1	43	1	0	0	63	1.2
Valid responses =	1662	32	3488	66	18	0	5271	54.1

Invalid responses include no response.

39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")? (only includes students that have had vaginal intercourse within the last 12 months)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1869	89	3609	89	17	85	5616	88.9
2 Yes	164	8	394	10	3	15	568	9.0
3 Don't know	31	2	10	0	0	0	44	0.7
4 Not applicable	26	1	57	1	0	0	88	1.4
Valid responses =	2090	33	4070	64	20	0	6316	64.8

Invalid responses include no response.

40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1949	93	3938	97	19	95	6034	95.4
2 Yes, unintentionally	28	1	32	1	1	5	63	1.0
3 Yes, intentionally	103	5	110	3	0	0	216	3.4
4 Don't know	10	1	2	0	0	0	15	0.2
Valid responses =	2090	33	4082	65	20	0	6328	65.0

Invalid responses include no response.

41A) Below are 8 statements with which you may agree or disagree. Using the scale below, indicate your agreement with each item by indicating that response for each statement. I lead a purposeful and meaningful life.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	54	2	56	1	3	8	118	1.2
2 Disagree	87	3	87	2	0	0	190	2.0
3 Slightly disagree	99	3	152	3	3	8	265	2.7
4 Neither agree nor disagree	233	7	258	4	3	8	512	5.3
5 Slightly agree	530	15	862	15	4	10	1439	14.8
6 Agree	1489	42	2508	43	18	45	4122	42.4
7 Strongly agree	1039	29	1946	33	9	23	3066	31.6
Valid responses =	3531	36	5869	60	40	0	9712	99.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

41B) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	44	1	49	1	2	5	99	1.0
2 Disagree	85	2	69	1	0	0	162	1.7
3 Slightly disagree	116	3	184	3	1	3	310	3.2
4 Neither agree nor disagree	229	7	216	4	3	8	466	4.8
5 Slightly agree	630	18	912	16	8	21	1601	16.5
6 Agree	1537	44	2520	43	12	31	4174	43.0
7 Strongly agree	888	25	1920	33	13	33	2897	29.8
Valid responses =	3529	36	5870	60	39	0	9709	99.7

Invalid responses include no response.

41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	52	2	58	1	1	3	117	1.2
2 Disagree	99	3	136	2	1	3	241	2.5
3 Slightly disagree	161	5	251	4	2	5	437	4.5
4 Neither agree nor disagree	219	6	283	5	3	8	527	5.4
5 Slightly agree	704	20	1255	21	6	16	2028	20.9
6 Agree	1479	42	2451	42	18	47	4047	41.7
7 Strongly agree	817	23	1436	25	7	18	2314	23.8
Valid responses =	3531	36	5870	60	38	0	9711	99.7

Invalid responses include no response.

41D) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	28	1	36	1	1	3	70	0.7
2 Disagree	62	2	69	1	1	3	140	1.4
3 Slightly disagree	82	2	101	2	1	3	190	2.0
4 Neither agree nor disagree	269	8	307	5	3	8	597	6.2
5 Slightly agree	711	20	998	17	7	19	1773	18.3
6 Agree	1486	42	2555	44	11	30	4154	42.8
7 Strongly agree	893	25	1797	31	13	35	2778	28.6
Valid responses =	3531	36	5863	60	37	0	9702	99.6

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	28	1	39	1	1	3	72	0.7
2 Disagree	43	1	77	1	3	8	128	1.3
3 Slightly disagree	95	3	126	2	2	5	239	2.5
4 Neither agree nor disagree	140	4	197	3	1	3	349	3.6
5 Slightly agree	502	14	837	14	8	21	1390	14.3
6 Agree	1551	44	2554	44	13	33	4222	43.5
7 Strongly agree	1168	33	2039	35	11	28	3307	34.1
Valid responses =	3527	36	5869	60	39	0	9707	99.7

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	28	1	32	1	1	3	66	0.7
2 Disagree	37	1	48	1	2	5	92	0.9
3 Slightly disagree	89	3	86	2	1	3	185	1.9
4 Neither agree nor disagree	241	7	221	4	2	5	493	5.1
5 Slightly agree	466	13	712	12	1	3	1222	12.6
6 Agree	1505	43	2621	45	18	46	4239	43.6
7 Strongly agree	1167	33	2150	37	14	36	3416	35.2
Valid responses =	3533	36	5870	60	39	0	9713	99.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

41G) Below are 8 statements with which you may agree or disagree.
Using the scale below, indicate your agreement with each item by indicating that response for each statement.
I am optimistic about my future.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	59	2	67	1	2	5	135	1.4	
2 Disagree	73	2	92	2	2	5	182	1.9	
3 Slightly disagree	135	4	194	3	3	8	347	3.6	
4 Neither agree nor disagree	218	6	294	5	1	3	531	5.5	
5 Slightly agree	526	15	895	15	3	8	1473	15.2	
6 Agree	1311	37	2273	39	14	37	3692	38.1	
7 Strongly agree	1204	34	2053	35	13	34	3343	34.5	
Valid responses =	3526	36	5868	60	38	0	9703	99.6	

Invalid responses include no response.

41H) Below are 8 statements with which you may agree or disagree.
Using the scale below, indicate your agreement with each item by indicating that response for each statement.
People respect me.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Strongly disagree	29	1	47	1	2	5	80	0.8	
2 Disagree	41	1	42	1	0	0	90	0.9	
3 Slightly disagree	87	3	135	2	3	8	238	2.5	
4 Neither agree nor disagree	302	9	343	6	4	11	671	6.9	
5 Slightly agree	584	17	883	15	3	8	1525	15.7	
6 Agree	1563	44	2796	48	15	41	4481	46.1	
7 Strongly agree	925	26	1626	28	10	27	2625	27.0	
Valid responses =	3531	36	5872	60	37	0	9710	99.7	

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month
If a particular situation has not occurred recently, answer according to how you think you would have felt.
I am able to adapt when changes occur.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not at all true	32	1	27	1	2	5	65	0.7	
1 Rarely true	56	2	113	2	3	8	180	1.9	
2 Sometimes true	566	16	951	16	5	13	1569	16.2	
3 Often true	1712	49	2951	50	17	45	4810	49.6	
4 True nearly all the time	1160	33	1821	31	11	29	3074	31.7	
Valid responses =	3526	36	5863	60	38	0	9698	99.6	

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month
If a particular situation has not occurred recently, answer according to how you think you would have felt.
I tend to bounce back after illness, injury, or other hardships.

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Not at all true	47	1	63	1	2	5	116	1.2	
1 Rarely true	101	3	179	3	2	5	297	3.1	
2 Sometimes true	573	16	1066	18	9	23	1700	17.6	
3 Often true	1531	44	2634	45	13	33	4297	44.4	
4 True nearly all the time	1266	36	1914	33	13	33	3273	33.8	
Valid responses =	3518	36	5856	60	39	0	9683	99.4	

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	815	23	627	11	8	20	1491	15.4	
2 Yes	2693	77	5220	89	32	80	8175	84.6	
Valid responses =	3508	36	5847	60	40	0	9666	99.2	

Invalid responses include no response.

44A) The next 6 questions ask about how you have been feeling during the past 30 days.
For each question, please select the response that best describes how often you had this feeling.
During the past 30 days, about how often did you feel nervous?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 None of the time	435	12	427	7	3	8	886	9.1	
1 A little of the time	1178	33	1597	27	15	38	2850	29.4	
2 Some of the time	1356	39	2439	42	15	38	3910	40.3	
3 Most of the time	430	12	1054	18	6	15	1553	16.0	
4 All of the time	124	4	354	6	1	3	508	5.2	
Valid responses =	3523	36	5871	60	40	0	9707	99.7	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

44B) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel hopeless?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 None of the time	1577	45	2602	44	14	37	4276	44.2	
1 A little of the time	971	28	1730	30	11	29	2790	28.9	
2 Some of the time	723	21	1177	20	10	26	1981	20.5	
3 Most of the time	184	5	252	4	2	5	462	4.8	
4 All of the time	51	2	93	2	1	3	160	1.7	
Valid responses =	3506	36	5854	61	38	0	9669	99.3	

Invalid responses include no response.

44C) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel restless or fidgety?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 None of the time	783	22	1207	21	7	18	2043	21.1	
1 A little of the time	1120	32	1830	31	13	34	3028	31.3	
2 Some of the time	1090	31	1858	32	14	37	3046	31.5	
3 Most of the time	400	11	751	13	4	11	1208	12.5	
4 All of the time	121	3	215	4	0	0	360	3.7	
Valid responses =	3514	36	5861	61	38	0	9685	99.4	

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 None of the time	1918	55	2996	51	17	43	5026	51.8	
1 A little of the time	922	26	1663	28	13	33	2685	27.7	
2 Some of the time	491	14	908	16	8	20	1472	15.2	
3 Most of the time	135	4	240	4	1	3	391	4.0	
4 All of the time	49	1	61	1	1	3	121	1.2	
Valid responses =	3515	36	5868	61	40	0	9695	99.5	

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel that everything was an effort?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 None of the time	1139	32	1623	28	12	30	2826	29.1	
1 A little of the time	1040	30	1866	32	12	30	2989	30.8	
2 Some of the time	849	24	1438	25	12	30	2377	24.5	
3 Most of the time	364	10	699	12	3	8	1117	11.5	
4 All of the time	126	4	244	4	1	3	392	4.0	
Valid responses =	3518	36	5870	61	40	0	9701	99.6	

Invalid responses include no response.

44F) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel worthless?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 None of the time	2121	60	3643	62	21	53	5904	60.9	
1 A little of the time	733	21	1256	21	10	25	2074	21.4	
2 Some of the time	458	13	662	11	7	18	1171	12.1	
3 Most of the time	149	4	215	4	1	3	385	4.0	
4 All of the time	58	2	89	2	1	3	163	1.7	
Valid responses =	3519	36	5865	60	40	0	9697	99.5	

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you. How often do you feel that you lack companionship?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Hardly ever	1555	44	2637	45	17	43	4315	44.5	
2 Some of the time	1402	40	2450	42	18	45	3987	41.1	
3 Often	570	16	780	13	5	13	1404	14.5	
Valid responses =	3527	36	5867	60	40	0	9706	99.6	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

45B) Indicate how often each of the statements below is descriptive of you. How often do you feel left out?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Hardly ever	1651	47	2500	43	16	41	4268	44.0	
2 Some of the time	1469	42	2736	47	20	51	4355	44.9	
3 Often	405	12	629	11	3	8	1078	11.1	
Valid responses =	3525	36	5865	60	39	0	9701	99.6	

Invalid responses include no response.

45C) Indicate how often each of the statements below is descriptive of you. How often do you feel isolated from others?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Hardly ever	1574	45	2663	45	16	41	4346	44.8	
2 Some of the time	1429	41	2448	42	18	46	4016	41.4	
3 Often	521	15	762	13	5	13	1346	13.9	
Valid responses =	3524	36	5873	60	39	0	9708	99.7	

Invalid responses include no response.

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	3366	96	5568	95	34	87	9205	95.0	
2 Once or twice	127	4	252	4	3	8	408	4.2	
3 Monthly	21	1	27	1	1	3	55	0.6	
4 Weekly	3	0	8	0	1	3	14	0.1	
5 Daily or almost daily	0	0	3	0	0	0	5	0.1	
Valid responses =	3517	36	5858	60	39	0	9687	99.4	

Invalid responses include no response.

47A1) Within the last 12 months, have you had problems or challenges with any the following? Academics

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2237	63	3784	65	25	66	6201	63.9	
2 Yes	1292	37	2081	36	13	34	3501	36.1	
Valid responses =	3529	36	5865	60	38	0	9702	99.6	

Invalid responses include no response.

47A2) Within the last 12 months, have you had problems or challenges with any the following? Career

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2213	63	3816	65	23	62	6216	64.1	
2 Yes	1315	37	2050	35	14	38	3485	35.9	
Valid responses =	3528	36	5866	60	37	0	9701	99.6	

Invalid responses include no response.

47A3) Within the last 12 months, have you had problems or challenges with any the following? Finances

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2162	61	3276	56	21	57	5598	57.8	
2 Yes	1364	39	2581	44	16	43	4092	42.2	
Valid responses =	3526	36	5857	60	37	0	9690	99.5	

Invalid responses include no response.

47A4) Within the last 12 months, have you had problems or challenges with any the following? Procrastination

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1351	38	2145	37	17	47	3604	37.2	
2 Yes	2167	62	3719	63	19	53	6084	62.8	
Valid responses =	3518	36	5864	61	36	0	9688	99.5	

Invalid responses include no response.

47A5) Within the last 12 months, have you had problems or challenges with any the following? Faculty

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3003	85	4976	85	29	83	8204	84.7	
2 Yes	517	15	884	15	6	17	1481	15.3	
Valid responses =	3520	36	5860	61	35	0	9685	99.4	

Invalid responses include no response.



47A6) Within the last 12 months, have you had problems or challenges with any the following?

Family

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2694	77	3902	67	25	71	6782	70.1	
2 Yes	825	23	1951	33	10	29	2894	29.9	
Valid responses =	3519	36	5853	60	35	0	9676	99.3	

Invalid responses include no response.

47A7) Within the last 12 months, have you had problems or challenges with any the following?

Intimate relationships

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2365	67	3822	65	24	67	6371	65.7	
2 Yes	1156	33	2042	35	12	33	3320	34.3	
Valid responses =	3521	36	5864	61	36	0	9691	99.5	

Invalid responses include no response.

47A8) Within the last 12 months, have you had problems or challenges with any the following?

Roommate/housemate

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2941	83	4812	82	30	86	7985	82.4	
2 Yes	585	17	1044	18	5	14	1701	17.6	
Valid responses =	3526	36	5856	60	35	0	9686	99.4	

Invalid responses include no response.

47A9) Within the last 12 months, have you had problems or challenges with any the following?

Peers

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2986	85	4708	80	25	74	7915	81.7	
2 Yes	537	15	1151	20	9	27	1770	18.3	
Valid responses =	3523	36	5859	60	34	0	9685	99.4	

Invalid responses include no response.

47A10) Within the last 12 months, have you had problems or challenges with any the following?

Personal appearance

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2653	76	3677	63	21	60	6493	67.1	
2 Yes	862	25	2181	37	14	40	3185	32.9	
Valid responses =	3515	36	5858	61	35	0	9678	99.4	

Invalid responses include no response.

47A11) Within the last 12 months, have you had problems or challenges with any the following?

Health of someone close to me

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2491	71	3769	64	22	65	6432	66.4	
2 Yes	1031	29	2095	36	12	35	3258	33.6	
Valid responses =	3522	36	5864	61	34	0	9690	99.5	

Invalid responses include no response.

47A12) Within the last 12 months, have you had problems or challenges with any the following?

Death of a family member, friend, or someone close to me

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2921	83	4561	78	28	82	7712	79.7	
2 Yes	598	17	1299	22	6	18	1968	20.3	
Valid responses =	3519	36	5860	61	34	0	9680	99.4	

Invalid responses include no response.

47A13) Within the last 12 months, have you had problems or challenges with any the following?

Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3388	96	5546	95	33	94	9214	95.0	
2 Yes	137	4	320	6	2	6	482	5.0	
Valid responses =	3525	36	5866	60	35	0	9696	99.5	

Invalid responses include no response.



**47A14) Within the last 12 months, have you had problems or challenges with any the following?
Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3457	98	5757	98	33	97	9502	98.1	
2 Yes	65	2	102	2	1	3	183	1.9	
Valid responses =	3522	36	5859	60	34	0	9685	99.4	

Invalid responses include no response.

**47A15) Within the last 12 months, have you had problems or challenges with any the following?
Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3491	99	5810	99	33	94	9597	99.1	
2 Yes	30	1	54	1	2	6	92	0.9	
Valid responses =	3521	36	5864	61	35	0	9689	99.5	

Invalid responses include no response.

**47A16) Within the last 12 months, have you had problems or challenges with any the following?
Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3127	89	4647	79	27	77	7939	81.8	
2 Yes	397	11	1223	21	8	23	1761	18.2	
Valid responses =	3524	36	5870	61	35	0	9700	99.6	

Invalid responses include no response.

**47A17) Within the last 12 months, have you had problems or challenges with any the following?
Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3456	98	5308	91	31	91	9019	93.1	
2 Yes	69	2	555	10	3	9	672	6.9	
Valid responses =	3525	36	5863	60	34	0	9691	99.5	

Invalid responses include no response.

**47A18) Within the last 12 months, have you had problems or challenges with any the following?
Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3197	91	5184	88	27	77	8600	88.7	
2 Yes	325	9	683	12	8	23	1095	11.3	
Valid responses =	3522	36	5867	61	35	0	9695	99.5	

Invalid responses include no response.

**47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
Academics**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	22	2	17	1	0	0	40	1.1	
2 Minimal Distress	257	20	301	15	2	15	573	16.4	
3 Moderate Distress	594	46	865	42	6	46	1520	43.6	
4 High Distress	415	32	891	43	5	39	1357	38.9	
Valid responses =	1288	37	2074	59	13	0	3490	35.8	

Invalid responses include no response.

**47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
Career**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	21	2	18	1	0	0	41	1.2	
2 Minimal Distress	284	22	397	19	2	14	700	20.1	
3 Moderate Distress	597	46	894	44	6	43	1533	44.1	
4 High Distress	409	31	737	36	6	43	1203	34.6	
Valid responses =	1311	38	2046	59	14	0	3477	35.7	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	25	2	23	1	1	6	50	1.2	
2 Minimal Distress	388	29	611	24	5	31	1030	25.3	
3 Moderate Distress	623	46	1180	46	6	38	1858	45.6	
4 High Distress	323	24	757	29	4	25	1139	27.9	
Valid responses =	1359	33	2571	63	16	0	4077	41.9	

Invalid responses include no response.

47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	76	4	94	3	0	0	175	2.9	
2 Minimal Distress	883	41	1369	37	8	42	2329	38.5	
3 Moderate Distress	843	39	1478	40	5	26	2396	39.6	
4 High Distress	347	16	764	21	6	32	1151	19.0	
Valid responses =	2149	36	3705	61	19	0	6051	62.1	

Invalid responses include no response.

47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	20	4	18	2	1	17	40	2.7	
2 Minimal Distress	178	35	278	32	2	33	481	32.7	
3 Moderate Distress	211	41	342	39	3	50	593	40.3	
4 High Distress	103	20	243	28	0	0	359	24.4	
Valid responses =	512	35	881	60	6	0	1473	15.1	

Invalid responses include no response.

47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	29	4	44	2	0	0	73	2.5	
2 Minimal Distress	313	38	624	32	3	30	961	33.4	
3 Moderate Distress	335	41	823	42	4	40	1206	41.9	
4 High Distress	139	17	455	23	3	30	639	22.2	
Valid responses =	816	28	1946	68	10	0	2879	29.6	

Invalid responses include no response.

47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	29	3	57	3	0	0	91	2.7	
2 Minimal Distress	405	35	709	35	2	17	1149	34.7	
3 Moderate Distress	455	40	783	38	6	50	1278	38.6	
4 High Distress	262	23	491	24	4	33	794	24.0	
Valid responses =	1151	35	2040	62	12	0	3312	34.0	

Invalid responses include no response.

47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	37	6	35	3	0	0	73	4.3	
2 Minimal Distress	291	50	436	42	1	20	756	44.6	
3 Moderate Distress	172	30	364	35	4	80	558	32.9	
4 High Distress	82	14	207	20	0	0	308	18.2	
Valid responses =	582	34	1042	61	5	0	1695	17.4	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	28	5	53	5	0	0	83	4.7	
2 Minimal Distress	296	56	582	51	4	50	921	52.4	
3 Moderate Distress	152	29	383	33	4	50	562	31.9	
4 High Distress	57	11	127	11	0	0	193	11.0	
Valid responses =	533	30	1145	65	8	0	1759	18.1	

Invalid responses include no response.

47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	38	4	55	3	0	0	94	3.0	
2 Minimal Distress	451	52	948	44	5	36	1455	45.8	
3 Moderate Distress	292	34	837	39	3	21	1171	36.9	
4 High Distress	81	9	332	15	6	43	456	14.4	
Valid responses =	862	27	2172	68	14	0	3176	32.6	

Invalid responses include no response.

47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	37	4	42	2	1	8	83	2.6	
2 Minimal Distress	402	39	678	32	2	17	1114	34.3	
3 Moderate Distress	412	40	847	41	6	50	1308	40.3	
4 High Distress	175	17	523	25	3	25	742	22.9	
Valid responses =	1026	32	2090	64	12	0	3247	33.3	

Invalid responses include no response.

47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	22	4	32	3	2	33	60	3.1	
2 Minimal Distress	175	30	330	25	2	33	523	26.7	
3 Moderate Distress	253	43	462	36	2	33	738	37.6	
4 High Distress	144	24	473	37	0	0	641	32.7	
Valid responses =	594	30	1297	66	6	0	1962	20.1	

Invalid responses include no response.

47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	16	12	17	5	0	0	33	6.8	
2 Minimal Distress	44	32	98	31	1	50	149	30.9	
3 Moderate Distress	48	35	119	37	1	50	176	36.5	
4 High Distress	29	21	86	27	0	0	124	25.7	
Valid responses =	137	28	320	66	2	0	482	4.9	

Invalid responses include no response.

47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)

Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	5	8	13	13	0	0	18	9.8	
2 Minimal Distress	26	40	29	28	1	100	59	32.2	
3 Moderate Distress	23	35	30	29	0	0	61	33.3	
4 High Distress	11	17	30	29	0	0	45	24.6	
Valid responses =	65	36	102	56	1	1	183	1.9	

Invalid responses include no response.



American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) = 9741 Web Surveys

47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	2	7	11	21	0	0	14	15.4	
2 Minimal Distress	9	30	12	23	1	50	23	25.3	
3 Moderate Distress	12	40	23	43	1	50	37	40.7	
4 High Distress	7	23	7	13	0	0	17	18.7	
Valid responses =	30	33	53	58	2	2	91	0.9	

Invalid responses include no response.

47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	40	10	89	7	0	0	136	7.7	
2 Minimal Distress	215	54	661	54	4	50	935	53.3	
3 Moderate Distress	107	27	345	28	4	50	505	28.8	
4 High Distress	33	8	124	10	0	0	179	10.2	
Valid responses =	395	23	1219	69	8	0	1755	18.0	

Invalid responses include no response.

47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	10	15	24	4	0	0	37	5.5	
2 Minimal Distress	30	44	262	47	2	67	305	45.5	
3 Moderate Distress	19	28	177	32	1	33	213	31.7	
4 High Distress	9	13	92	17	0	0	116	17.3	
Valid responses =	68	10	555	83	3	0	671	6.9	

Invalid responses include no response.

47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No Distress	23	7	26	4	0	0	51	4.7	
2 Minimal Distress	152	47	290	43	4	50	466	42.7	
3 Moderate Distress	92	28	250	37	3	38	381	34.9	
4 High Distress	57	18	115	17	1	13	194	17.8	
Valid responses =	324	30	681	62	8	1	1092	11.2	

Invalid responses include no response.

47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	837	64	1298	64	9	64	2198	63.4	
2 Negatively impacted performance in a class	341	26	520	26	4	29	897	25.9	
3 Delayed progress towards degree	129	10	222	11	1	7	371	10.7	
Valid responses =	1307	38	2040	59	14	0	3466	35.6	

Invalid responses include no response.

47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	978	72	1951	76	9	56	3014	74.0	
2 Negatively impacted performance in a class	285	21	455	18	5	31	786	19.3	
3 Delayed progress towards degree	92	7	166	7	2	13	274	6.7	
Valid responses =	1355	33	2572	63	16	0	4074	41.8	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741 Web Surveys

47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	963	45	1820	49	7	39	2864	47.3	
2 Negatively impacted performance in a class	938	44	1520	41	9	50	2544	42.0	
3 Delayed progress towards degree	255	12	359	10	2	11	642	10.6	
Valid responses =	2156	36	3699	61	18	0	6050	62.1	

Invalid responses include no response.

47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	232	46	385	44	2	33	651	44.7	
2 Negatively impacted performance in a class	183	36	312	36	4	67	523	35.9	
3 Delayed progress towards degree	90	18	176	20	0	0	284	19.5	
Valid responses =	505	35	873	60	6	0	1458	15.0	

Invalid responses include no response.

47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	598	73	1446	74	8	80	2123	73.7	
2 Negatively impacted performance in a class	174	21	408	21	1	10	611	21.2	
3 Delayed progress towards degree	47	6	90	5	1	10	147	5.1	
Valid responses =	819	28	1944	67	10	0	2881	29.6	

Invalid responses include no response.

47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	776	67	1490	73	7	58	2342	70.8	
2 Negatively impacted performance in a class	311	27	454	22	3	25	799	24.2	
3 Delayed progress towards degree	64	6	92	5	2	17	167	5.0	
Valid responses =	1151	35	2036	62	12	0	3308	34.0	

Invalid responses include no response.

47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	464	80	830	80	3	60	1343	79.5	
2 Negatively impacted performance in a class	96	17	173	17	2	40	285	16.9	
3 Delayed progress towards degree	19	3	35	3	0	0	61	3.6	
Valid responses =	579	34	1038	61	5	0	1689	17.3	

Invalid responses include no response.

47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	418	79	904	80	7	78	1381	79.3	
2 Negatively impacted performance in a class	91	17	211	19	0	0	320	18.4	
3 Delayed progress towards degree	19	4	18	2	2	22	41	2.4	
Valid responses =	528	30	1133	65	9	1	1742	17.9	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	777	91	2002	92	10	71	2897	91.3
2 Negatively impacted performance in a class	69	8	158	7	1	7	245	7.7
3 Delayed progress towards degree	11	1	14	1	3	21	31	1.0
Valid responses =	857	27	2174	69	14	0	3173	32.6

Invalid responses include no response.

47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	793	78	1593	76	8	67	2476	76.4
2 Negatively impacted performance in a class	182	18	414	20	0	0	623	19.2
3 Delayed progress towards degree	47	5	80	4	4	33	140	4.3
Valid responses =	1022	32	2087	64	12	0	3239	33.3

Invalid responses include no response.

47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	419	71	863	67	3	50	1322	67.6
2 Negatively impacted performance in a class	143	24	351	27	1	17	514	26.3
3 Delayed progress towards degree	29	5	81	6	2	33	121	6.2
Valid responses =	591	30	1295	66	6	0	1957	20.1

Invalid responses include no response.

47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	81	59	201	63	0	0	291	60.8
2 Negatively impacted performance in a class	42	31	84	26	0	0	137	28.6
3 Delayed progress towards degree	14	10	33	10	1	100	51	10.6
Valid responses =	137	29	318	66	1	0	479	4.9

Invalid responses include no response.

47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	40	63	66	65	0	0	116	63.7
2 Negatively impacted performance in a class	19	30	29	28	0	0	52	28.6
3 Delayed progress towards degree	5	8	7	7	1	100	14	7.7
Valid responses =	64	35	102	56	1	1	182	1.9

Invalid responses include no response.

47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Did not affect academic performance	10	33	31	57	0	0	42	46.2
2 Negatively impacted performance in a class	17	57	18	33	1	100	40	44.0
3 Delayed progress towards degree	3	10	5	9	0	0	9	9.9
Valid responses =	30	33	54	59	1	1	91	0.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype) Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	307	78	980	80	7	100	1384	79.0
2 Negatively impacted performance in a class	74	19	201	17	0	0	308	17.6
3 Delayed progress towards degree	12	3	40	3	0	0	60	3.4
Valid responses =	393	22	1221	70	7	0	1752	18.0

Invalid responses include no response.

47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	51	75	478	87	3	100	566	84.9
2 Negatively impacted performance in a class	15	22	53	10	0	0	76	11.4
3 Delayed progress towards degree	2	3	21	4	0	0	25	3.7
Valid responses =	68	10	552	83	3	0	667	6.8

Invalid responses include no response.

47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	235	73	493	73	5	71	777	71.5
2 Negatively impacted performance in a class	59	18	137	20	1	14	220	20.3
3 Delayed progress towards degree	28	9	50	7	1	14	89	8.2
Valid responses =	322	30	680	63	7	1	1086	11.1

Invalid responses include no response.

48) Within the last 30 days, how would you rate the overall level of stress you have experienced?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	143	4	56	1	1	2	205	2.1
2 Low	1107	31	1211	21	10	24	2380	24.5
3 Moderate	1631	46	2988	51	19	46	4758	49.0
4 High	648	18	1616	28	11	27	2370	24.4
Valid responses =	3529	36	5871	60	41	0	9713	99.7

Invalid responses include no response.

49) Have you ever thought about or attempted to kill yourself?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2328	66	3557	61	30	71	6015	61.9
2 Just a brief passing thought	796	23	1464	25	6	14	2328	24.0
3 Planned at least once, but did not try to do it	230	7	460	8	4	10	725	7.5
4 Planned at least once, wanted to die	95	3	189	3	2	5	327	3.4
5 Attempted, but did not want to die	41	1	102	2	0	0	156	1.6
6 Attempted, really hoped to die	39	1	96	2	0	0	161	1.7
Valid responses =	3529	36	5868	60	42	0	9712	99.7

Invalid responses include no response.

50) How often have you thought about killing yourself in the past year?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2816	80	4477	76	33	81	7479	77.0
2 Rarely (1 time)	295	8	620	11	5	12	960	9.9
3 Sometimes (2 times)	208	6	448	8	2	5	689	7.1
4 Often (3-4 times)	82	2	168	3	1	2	273	2.8
5 Very often (5 or more times)	125	4	155	3	0	0	307	3.2
Valid responses =	3526	36	5868	60	41	0	9708	99.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3162	90	5034	86	33	85	8419	86.8	
2 Yes, one time, did not want to die	217	6	457	8	5	13	703	7.2	
3 Yes, one time, wanted to die	68	2	178	3	1	3	266	2.7	
4 Yes, more than once, did not want to do it	46	1	102	2	0	0	163	1.7	
5 Yes, more than once, wanted to do it	31	1	98	2	0	0	153	1.6	
Valid responses =	3524	36	5869	60	39	0	9704	99.6	

Invalid responses include no response.

52) How likely is it that you will attempt suicide someday?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never	2563	73	4182	71	28	72	6907	71.1	
1 No chance at all	442	13	766	13	6	15	1255	12.9	
2 Rather unlikely	372	11	676	12	4	10	1103	11.4	
3 Unlikely	121	3	173	3	1	3	319	3.3	
4 Likely	25	1	53	1	0	0	93	1.0	
5 Rather likely	5	0	8	0	0	0	15	0.2	
6 Very likely	4	0	8	0	0	0	18	0.2	
Valid responses =	3532	36	5866	60	39	0	9710	99.7	

Invalid responses include no response.

53) Within the last 12 months, have you attempted suicide?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3465	99	5799	99	39	98	9564	98.9	
2 Yes	48	1	48	1	1	3	108	1.1	
Valid responses =	3513	36	5847	60	40	0	9672	99.3	

Invalid responses include no response.

54A) Have you ever received psychological or mental health services?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2150	61	2405	41	17	45	4647	47.8	
2 Yes	1382	39	3470	59	21	55	5071	52.2	
Valid responses =	3532	36	5875	60	38	0	9718	99.8	

Invalid responses include no response.

54B) Within in the last 12 months, have you received psychological or mental health services?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2828	80	3809	65	23	62	6784	69.9	
2 Yes	700	20	2064	35	14	38	2926	30.1	
Valid responses =	3528	36	5873	60	37	0	9710	99.7	

Invalid responses include no response.

54C1) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

My current campus health and/or counseling center?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	288	44	1008	51	4	36	1382	49.8	
2 Yes	370	56	959	49	7	64	1393	50.2	
Valid responses =	658	24	1967	71	11	0	2775	28.5	

Invalid responses include no response.

54C2) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider in the local community near my campus?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	413	63	1174	60	10	91	1665	60.1	
2 Yes	240	37	792	40	1	9	1105	39.9	
Valid responses =	653	24	1966	71	11	0	2770	28.4	

Invalid responses include no response.

54C3) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)

A mental health provider in my home town?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	477	74	1349	69	6	55	1924	69.8	
2 Yes	172	27	608	31	5	46	834	30.2	
Valid responses =	649	24	1957	71	11	0	2758	28.3	

Invalid responses include no response.

54C4) Were the psychological or mental health services you received in the last 12 months provided by:

(only includes students that received psychological or mental health services within the last 12 months)



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

A mental health provider not described above

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	515	90	1502	91	10	100	2129	90.5	
2 Yes	57	10	154	9	0	0	224	9.5	
Valid responses =	572	24	1656	70	10	0	2353	24.2	

Invalid responses include no response.

55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1339	38	1114	19	15	41	2521	26.0	
2 Yes	2188	62	4757	81	22	60	7185	74.0	
Valid responses =	3527	36	5871	60	37	0	9706	99.6	

Invalid responses include no response.

55B1) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months) My current campus health center?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	992	49	2460	56	13	65	3588	53.7	
2 Yes	1052	52	1949	44	7	35	3089	46.3	
Valid responses =	2044	31	4409	66	20	0	6677	68.5	

Invalid responses include no response.

55B2) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months) A medical service provider in the local community near my campus?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1247	62	2585	59	10	50	3948	60.0	
2 Yes	753	38	1771	41	10	50	2629	40.0	
Valid responses =	2000	30	4356	66	20	0	6577	67.5	

Invalid responses include no response.

55B3) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months) A medical service provider in my home town?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1074	54	1973	45	6	30	3155	47.9	
2 Yes	932	47	2393	55	14	70	3434	52.1	
Valid responses =	2006	30	4366	66	20	0	6589	67.6	

Invalid responses include no response.

55B4) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months) A medical service provider not described above?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1604	94	3414	94	17	100	5186	94.0	
2 Yes	107	6	208	6	0	0	329	6.0	
Valid responses =	1711	31	3622	66	17	0	5515	56.6	

Invalid responses include no response.

56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician's assistant)?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2102	60	1462	25	19	54	3680	38.0	
2 Yes	175	5	4350	74	12	34	4678	48.2	
3 Don't know	27	1	31	1	0	0	60	0.6	
4 Not applicable	1216	35	28	1	4	11	1278	13.2	
Valid responses =	3520	36	5871	61	35	0	9696	99.5	

Invalid responses include no response.

57) Have you had a dental exam and cleaning in the last 12 months?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1456	41	1897	32	10	24	3466	35.7	
2 Yes	2045	58	3916	67	30	73	6154	63.4	
3 Don't know	27	1	58	1	1	2	93	1.0	
Valid responses =	3528	36	5871	60	41	0	9713	99.7	

Invalid responses include no response.



American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

58) When you are outdoors in the sun, how often do you wear sunscreen?

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never	745	21	331	6	7	17	1106	11.4		
2 Rarely	988	28	974	17	13	32	2036	20.9		
3 Sometimes	1016	29	1831	31	6	15	2956	30.4		
4 Usually	635	18	1906	32	6	15	2607	26.8		
5 Always	148	4	835	14	9	22	1018	10.5		
Valid responses =	3532	36	5877	60	41	0	9723	99.8		

Invalid responses include no response.

59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear a shirt with sleeves

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never	519	15	742	13	6	17	1299	13.4		
2 Rarely	606	17	1137	19	3	8	1793	18.5		
3 Sometimes	996	28	2117	36	12	33	3213	33.2		
4 Usually	998	28	1390	24	9	25	2478	25.6		
5 Always	401	11	463	8	6	17	894	9.2		
Valid responses =	3520	36	5849	60	36	0	9677	99.3		

Invalid responses include no response.

59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear sunglasses

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never	638	18	491	8	5	14	1178	12.2		
2 Rarely	536	15	666	11	2	6	1246	12.9		
3 Sometimes	814	23	1412	24	7	20	2292	23.7		
4 Usually	968	28	2063	35	10	29	3121	32.3		
5 Always	557	16	1219	21	11	31	1834	19.0		
Valid responses =	3513	36	5851	61	35	0	9671	99.3		

Invalid responses include no response.

59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Stay in the shade

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never	208	6	221	4	4	11	441	4.6		
2 Rarely	454	13	708	12	3	9	1194	12.3		
3 Sometimes	1562	44	2579	44	13	37	4255	44.0		
4 Usually	1090	31	1942	33	10	29	3158	32.6		
5 Always	203	6	401	7	5	14	626	6.5		
Valid responses =	3517	36	5851	60	35	0	9674	99.3		

Invalid responses include no response.

59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear a hat

	Male		Female		Unknown		Total		Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 Never	826	24	1109	19	7	20	2003	20.7		
2 Rarely	753	22	1494	26	6	17	2311	23.9		
3 Sometimes	1001	29	2063	35	13	37	3160	32.7		
4 Usually	685	20	939	16	6	17	1682	17.4		
5 Always	245	7	249	4	3	9	514	5.3		
Valid responses =	3510	36	5854	61	35	0	9670	99.3		

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
Reference Group Data Report - Spring 2020

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	2403	69	2978	52	23	72	5580	58.4
1 1 time	147	4	219	4	0	0	381	4.0
2 2 times	181	5	387	7	2	6	591	6.2
3 3 times	113	3	256	4	0	0	385	4.0
4 4 times	62	2	142	3	1	3	205	2.1
5 5 times	124	4	377	7	2	6	507	5.3
6 6 to 10 times	217	6	632	11	1	3	869	9.1
7 11 to 15 times	61	2	188	3	1	3	253	2.6
8 16 to 20 times	72	2	246	4	1	3	321	3.4
9 21 to 49 times	50	1	219	4	0	0	272	2.8
10 50 or More times	41	1	138	2	1	3	188	2.0
Valid responses =	3471	36	5782	61	32	0	9552	98.1

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	3.22	0.00	13.29	0	365
Female	6.06	0.00	15.35	0	365
Overall	5.04	0.00	15.63	0	365

61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	1618	46	1845	32	14	40	3556	36.7
2 Have started, but not completed HPV vaccine	153	4	445	8	4	11	624	6.4
3 Completed HPV vaccine	915	26	3168	54	15	43	4239	43.8
4 I don't know my HPV vaccination status	837	24	400	7	2	6	1269	13.1
Valid responses =	3523	36	5858	60	35	0	9688	99.5

Invalid responses include no response.

62) Did you have a flu vaccine within the last 12 months?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1538	44	2284	39	11	31	3925	40.5
2 Yes	1908	54	3516	60	22	63	5620	58.0
3 Don't know	77	2	65	1	2	6	150	1.5
Valid responses =	3523	36	5865	60	35	0	9695	99.5

Invalid responses include no response.

63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Bronchitis

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3436	98	5567	95	30	91	9292	96.1
2 Yes	79	2	281	5	3	9	375	3.9
Valid responses =	3515	36	5848	60	33	0	9667	99.2

Invalid responses include no response.

63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Chlamydia

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3474	99	5790	99	33	97	9561	99.0
2 Yes	35	1	53	1	1	3	96	1.0
Valid responses =	3509	36	5843	61	34	0	9657	99.1

Invalid responses include no response.

63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Chicken Pox (Varicella)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3467	100	5759	100	33	100	9522	99.6
2 Yes	19	1	19	0	0	0	43	0.4
Valid responses =	3486	36	5778	60	33	0	9565	98.2

Invalid responses include no response.

63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2715	77	3847	66	25	76	6775	70.2
2 Yes	795	23	1988	34	8	24	2874	29.8
Valid responses =	3510	36	5835	60	33	0	9649	99.1

Invalid responses include no response.

63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following? Concussion



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
Reference Group Data Report - Spring 2020

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3476	99	5745	98	31	94	9517	98.6
2 Yes	33	1	96	2	2	6	137	1.4
Valid responses =	3509	36	5841	61	33	0	9654	99.1

Invalid responses include no response.

63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Gonorrhea

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3465	99	5833	100	31	97	9595	99.5
2 Yes	38	1	8	0	1	3	52	0.5
Valid responses =	3503	36	5841	61	32	0	9647	99.0

Invalid responses include no response.

63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Flu (influenza) or flu-like illness

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3192	91	5267	90	31	94	8737	90.3
2 Yes	325	9	586	10	2	6	936	9.7
Valid responses =	3517	36	5853	61	33	0	9673	99.3

Invalid responses include no response.

63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mumps

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3486	100	5810	100	30	97	9592	99.7
2 Yes	15	0	8	0	1	3	27	0.3
Valid responses =	3501	36	5818	60	31	0	9619	98.7

Invalid responses include no response.

63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mononucleosis (mono)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3485	99	5780	99	31	97	9560	99.4
2 Yes	21	1	35	1	1	3	61	0.6
Valid responses =	3506	36	5815	60	32	0	9621	98.8

Invalid responses include no response.

63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3225	92	5268	90	27	84	8752	90.8
2 Yes	286	8	562	10	5	16	891	9.2
Valid responses =	3511	36	5830	60	32	0	9643	99.0

Invalid responses include no response.

63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pelvic Inflammatory Disease

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3497	100	5828	100	31	97	9623	99.7
2 Yes	11	0	12	0	1	3	27	0.3
Valid responses =	3508	36	5840	61	32	0	9650	99.1

Invalid responses include no response.

63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pneumonia

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3464	99	5767	99	30	94	9520	98.9
2 Yes	40	1	58	1	2	6	106	1.1
Valid responses =	3504	36	5825	61	32	0	9626	98.8

Invalid responses include no response.



63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Shingles

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3466	99	5772	99	30	94	9527	99.2
2 Yes	25	1	46	1	2	6	81	0.8
Valid responses =	3491	36	5818	61	32	0	9608	98.6

Invalid responses include no response.

63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Stomach or GI virus or bug, food poisoning, or gastritis

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3287	94	5252	90	32	100	8813	91.3
2 Yes	218	6	593	10	0	0	838	8.7
Valid responses =	3505	36	5845	61	32	0	9651	99.1

Invalid responses include no response.

63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Urinary tract infection

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3469	99	5133	88	32	97	8881	91.9
2 Yes	41	1	715	12	1	3	779	8.1
Valid responses =	3510	36	5848	61	33	0	9660	99.2

Invalid responses include no response.

63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Other short-term, temporary illness not listed above

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2811	96	4530	95	24	100	7573	95.7
2 Yes	105	4	224	5	0	0	343	4.3
Valid responses =	2916	37	4754	60	24	0	7916	81.3

Invalid responses include no response.

63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Bronchitis

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	55	71	157	59	1	33	220	61.3
2 Negatively impacted performance in a class	19	25	101	38	2	67	126	35.1
3 Delayed progress towards degree	3	4	9	3	0	0	13	3.6
Valid responses =	77	21	267	74	3	1	359	3.7

Invalid responses include no response.

63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Chlamydia

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	32	94	43	86	0	0	77	85.6
2 Negatively impacted performance in a class	0	0	6	12	0	0	9	10.0
3 Delayed progress towards degree	2	6	1	2	0	0	4	4.4
Valid responses =	34	38	50	56	0	0	90	0.9

Invalid responses include no response.

63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Chicken Pox (Varicella)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	15	83	17	94	0	0	33	80.5
2 Negatively impacted performance in a class	1	6	1	6	0	0	5	12.2
3 Delayed progress towards degree	2	11	0	0	0	0	3	7.3
Valid responses =	18	44	18	44	0	0	41	0.4

Invalid responses include no response.



American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

December 6, 2021
 FREQUENCY REPORT
 Number of Surveys (n) =

9741 Web Surveys

63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?**(only includes students who have been diagnosed within the last 12 months)****Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not affect academic performance	546	70	1273	65	4	50	1873	66.4	
2 Negatively impacted performance in a class	220	28	639	33	3	38	889	31.5	
3 Delayed progress towards degree	15	2	38	2	1	13	57	2.0	
Valid responses =	781	28	1950	69	8	0	2819	28.9	

Invalid responses include no response.

63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?**(only includes students who have been diagnosed within the last 12 months)****Concussion**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not affect academic performance	18	56	30	32	1	50	51	38.3	
2 Negatively impacted performance in a class	9	28	52	56	1	50	65	48.9	
3 Delayed progress towards degree	5	16	11	12	0	0	17	12.8	
Valid responses =	32	24	93	70	2	2	133	1.4	

Invalid responses include no response.

63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?**(only includes students who have been diagnosed within the last 12 months)****Gonorrhea**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not affect academic performance	32	84	8	100	1	100	43	82.7	
2 Negatively impacted performance in a class	3	8	0	0	0	0	6	11.5	
3 Delayed progress towards degree	3	8	0	0	0	0	3	5.8	
Valid responses =	38	73	8	15	1	2	52	0.5	

Invalid responses include no response.

63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?**(only includes students who have been diagnosed within the last 12 months)****Flu (influenza) or flu-like illness**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not affect academic performance	200	64	306	54	1	50	517	57.1	
2 Negatively impacted performance in a class	98	31	236	42	1	50	347	38.3	
3 Delayed progress towards degree	16	5	24	4	0	0	41	4.5	
Valid responses =	314	35	566	63	2	0	905	9.3	

Invalid responses include no response.

63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?**(only includes students who have been diagnosed within the last 12 months)****Mumps**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not affect academic performance	11	73	7	100	0	0	18	69.2	
2 Negatively impacted performance in a class	2	13	0	0	1	100	5	19.2	
3 Delayed progress towards degree	2	13	0	0	0	0	3	11.5	
Valid responses =	15	58	7	27	1	4	26	0.3	

Invalid responses include no response.

63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?**(only includes students who have been diagnosed within the last 12 months)****Mononucleosis (mono)**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not affect academic performance	11	55	14	40	0	0	26	43.3	
2 Negatively impacted performance in a class	5	25	17	49	1	100	25	41.7	
3 Delayed progress towards degree	4	20	4	11	0	0	9	15.0	
Valid responses =	20	33	35	58	1	2	60	0.6	

Invalid responses include no response.

63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?**(only includes students who have been diagnosed within the last 12 months)****Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendonitis, or ligament injury)**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not affect academic performance	213	75	407	74	3	60	648	74.1	
2 Negatively impacted performance in a class	56	20	118	22	2	40	187	21.4	
3 Delayed progress towards degree	14	5	23	4	0	0	39	4.5	
Valid responses =	283	32	548	63	5	1	874	9.0	

Invalid responses include no response.



American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

December 6, 2021
 FREQUENCY REPORT
 Number of Surveys (n) =

9741 Web Surveys

63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?**(only includes students who have been diagnosed within the last 12 months)****Pelvic Inflammatory Disease**

	Male		Female		Unknown		Total Freq.	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not affect academic performance	9	82	8	67	0	0	17	63.0	
2 Negatively impacted performance in a class	0	0	3	25	1	100	6	22.2	
3 Delayed progress towards degree	2	18	1	8	0	0	4	14.8	
Valid responses =	11	41	12	44	1	4	27	0.3	

Invalid responses include no response.

63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?**(only includes students who have been diagnosed within the last 12 months)****Pneumonia**

	Male		Female		Unknown		Total Freq.	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not affect academic performance	25	63	28	51	0	0	54	52.4	
2 Negatively impacted performance in a class	11	28	24	44	2	100	41	39.8	
3 Delayed progress towards degree	4	10	3	6	0	0	8	7.8	
Valid responses =	40	39	55	53	2	2	103	1.1	

Invalid responses include no response.

63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?**(only includes students who have been diagnosed within the last 12 months)****Shingles**

	Male		Female		Unknown		Total Freq.	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not affect academic performance	18	78	35	78	0	0	54	69.2	
2 Negatively impacted performance in a class	3	13	9	20	1	50	18	23.1	
3 Delayed progress towards degree	2	9	1	2	1	50	6	7.7	
Valid responses =	23	29	45	58	2	3	78	0.8	

Invalid responses include no response.

63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?**(only includes students who have been diagnosed within the last 12 months)****Stomach or GI virus or bug, food poisoning, or gastritis**

	Male		Female		Unknown		Total Freq.	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not affect academic performance	152	71	374	65	0	0	538	65.8	
2 Negatively impacted performance in a class	54	25	180	31	0	0	247	30.2	
3 Delayed progress towards degree	9	4	22	4	0	0	33	4.0	
Valid responses =	215	26	576	70	0	0	818	8.4	

Invalid responses include no response.

63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?**(only includes students who have been diagnosed within the last 12 months)****Urinary tract infection**

	Male		Female		Unknown		Total Freq.	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not affect academic performance	29	73	571	84	0	0	617	83.6	
2 Negatively impacted performance in a class	9	23	96	14	1	100	107	14.5	
3 Delayed progress towards degree	2	5	10	2	0	0	14	1.9	
Valid responses =	40	5	677	92	1	0	738	7.6	

Invalid responses include no response.

63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?**(only includes students who have been diagnosed within the last 12 months)****Other short-term, temporary illness not listed above**

	Male		Female		Unknown		Total Freq.	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Did not affect academic performance	74	73	157	73	0	0	238	72.8	
2 Negatively impacted performance in a class	17	17	46	22	0	0	67	20.5	
3 Delayed progress towards degree	10	10	11	5	0	0	22	6.7	
Valid responses =	101	31	214	65	0	0	327	3.4	

Invalid responses include no response.

64) Have you ever been tested for HIV?

	Male		Female		Unknown		Total Freq.	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Yes, within the last 12 months	589	17	1205	21	7	18	1878	19.4	
2 Yes, more than 12 months ago	745	21	1503	26	7	18	2313	23.9	
3 No	2003	57	2689	46	22	58	4839	50.0	
4 Unsure	180	5	462	8	2	5	655	6.8	
Valid responses =	3517	36	5859	60	38	0	9685	99.4	

Invalid responses include no response.



65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Acne

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2808	80	4169	71	24	69	7202	74.6
2 Yes	703	20	1670	29	11	31	2451	25.4
Valid responses =	3511	36	5839	60	35	0	9653	99.1

Invalid responses include no response.

65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3257	93	5433	93	31	91	8942	92.5
2 Yes	251	7	419	7	3	9	723	7.5
Valid responses =	3508	36	5852	61	34	0	9665	99.2

Invalid responses include no response.

65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Alcohol or Other Drug-Related Abuse or Addiction

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3447	98	5792	99	33	100	9527	98.5
2 Yes	72	2	59	1	0	0	145	1.5
Valid responses =	3519	36	5851	60	33	0	9672	99.3

Invalid responses include no response.

65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - food allergy

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3261	93	5120	88	26	81	8638	89.4
2 Yes	253	7	723	12	6	19	1019	10.6
Valid responses =	3514	36	5843	61	32	0	9657	99.1

Invalid responses include no response.

65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - animals/pets

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3100	89	5013	86	28	85	8637	86.9
2 Yes	394	11	810	14	5	15	1263	13.1
Valid responses =	3494	36	5823	61	33	0	9620	98.8

Invalid responses include no response.

65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - environmental (for example: pollen, grass, dust, mold)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2656	76	3996	68	26	77	6837	70.9
2 Yes	852	24	1842	32	8	24	2812	29.1
Valid responses =	3508	36	5838	61	34	0	9649	99.1

Invalid responses include no response.

65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2973	85	4034	69	25	76	7170	74.2
2 Yes	534	15	1816	31	8	24	2489	25.8
Valid responses =	3507	36	5850	61	33	0	9659	99.2

Invalid responses include no response.

65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Asthma

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3075	88	4916	84	25	74	8216	85.3
2 Yes	429	12	908	16	9	27	1415	14.7
Valid responses =	3504	36	5824	60	34	0	9631	98.9

Invalid responses include no response.



American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

December 6, 2021
 FREQUENCY REPORT
 Number of Surveys (n) = 9741 Web Surveys

65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**Autism spectrum**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3467	99	5802	100	31	100	9559	99.3
2 Yes	31	1	24	0	0	0	67	0.7
Valid responses =	3498	36	5826	61	31	0	9626	98.8

Invalid responses include no response.

65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3466	99	5724	98	31	100	9467	98.2
2 Yes	40	1	114	2	0	0	177	1.8
Valid responses =	3506	36	5838	61	31	0	9644	99.0

Invalid responses include no response.

65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3494	100	5797	99	30	100	9580	99.2
2 Yes	15	0	47	1	0	0	74	0.8
Valid responses =	3509	36	5844	61	30	0	9654	99.1

Invalid responses include no response.

65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**Cancer**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3482	99	5748	99	31	100	9520	98.7
2 Yes	28	1	89	2	0	0	125	1.3
Valid responses =	3510	36	5837	61	31	0	9645	99.0

Invalid responses include no response.

65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**Celiac disease**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3484	100	5731	99	29	100	9507	99.2
2 Yes	6	0	68	1	0	0	79	0.8
Valid responses =	3490	36	5799	60	29	0	9586	98.4

Invalid responses include no response.

65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3320	95	5327	91	27	90	8906	92.4
2 Yes	184	5	506	9	3	10	731	7.6
Valid responses =	3504	36	5833	61	30	0	9637	98.9

Invalid responses include no response.

65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3044	87	4410	75	25	81	7618	78.9
2 Yes	461	13	1437	25	6	19	2034	21.1
Valid responses =	3505	36	5847	61	31	0	9652	99.1

Invalid responses include no response.

65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**Diabetes or pre-diabetes/insulin resistance**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3428	98	5680	97	29	94	9394	97.4
2 Yes	80	2	160	3	2	7	253	2.6
Valid responses =	3508	36	5840	61	31	0	9647	99.0

Invalid responses include no response.



American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

December 6, 2021
 FREQUENCY REPORT
 Number of Surveys (n) = 9741 Web Surveys

**65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3482	99	5534	95	31	100	9297	96.3
2 Yes	26	1	307	5	0	0	353	3.7
Valid responses =	3508	36	5841	61	31	0	9650	99.1

Invalid responses include no response.

**65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Endometriosis**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3503	100	5660	97	31	100	9451	98.1
2 Yes	3	0	168	3	0	0	184	1.9
Valid responses =	3506	36	5828	60	31	0	9635	98.9

Invalid responses include no response.

**65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Gambling Disorder**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3495	100	5810	100	31	100	9603	99.8
2 Yes	7	0	8	0	0	0	17	0.2
Valid responses =	3502	36	5818	60	31	0	9620	98.8

Invalid responses include no response.

**65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Genital herpes**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3469	99	5673	98	31	100	9431	98.3
2 Yes	23	1	130	2	0	0	163	1.7
Valid responses =	3492	36	5803	60	31	0	9594	98.5

Invalid responses include no response.

**65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Gastroesophageal Reflux Disease (GERD) or acid reflux**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3321	95	5384	92	30	97	8980	93.2
2 Yes	182	5	442	8	1	3	651	6.8
Valid responses =	3503	36	5826	60	31	0	9631	98.9

Invalid responses include no response.

**65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3431	98	5686	97	31	100	9409	97.5
2 Yes	74	2	157	3	0	0	239	2.5
Valid responses =	3505	36	5843	61	31	0	9648	99.0

Invalid responses include no response.

**65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Hepatitis B or C**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3492	100	5805	100	31	100	9592	99.6
2 Yes	14	0	24	0	0	0	42	0.4
Valid responses =	3506	36	5829	61	31	0	9634	98.9

Invalid responses include no response.

**65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 High blood pressure (hypertension)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3301	94	5613	96	29	97	9192	95.4
2 Yes	205	6	215	4	1	3	440	4.6
Valid responses =	3506	36	5828	61	30	0	9632	98.9

Invalid responses include no response.



**65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
High cholesterol (hyperlipidemia)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3328	95	5598	96	30	97	9206	95.4
2 Yes	177	5	249	4	1	3	446	4.6
Valid responses =	3505	36	5847	61	31	0	9652	99.1

Invalid responses include no response.

**65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
HIV or AIDS**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3476	100	5802	100	31	100	9574	99.7
2 Yes	19	1	3	0	0	0	24	0.3
Valid responses =	3495	36	5805	60	31	0	9598	98.5

Invalid responses include no response.

**65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Human papillomavirus (HPV) or genital warts**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3469	99	5504	94	31	100	9255	95.8
2 Yes	42	1	342	6	0	0	401	4.2
Valid responses =	3511	36	5846	61	31	0	9656	99.1

Invalid responses include no response.

**65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Insomnia**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3376	96	5465	94	29	94	9099	94.6
2 Yes	125	4	352	6	2	7	517	5.4
Valid responses =	3501	36	5817	60	31	0	9616	98.7

Invalid responses include no response.

**65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Irritable bowel syndrome (spastic colon or spastic bowel)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3381	97	5419	93	29	94	9075	94.2
2 Yes	117	3	418	7	2	7	561	5.8
Valid responses =	3498	36	5837	61	31	0	9636	98.9

Invalid responses include no response.

**65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Migraine headaches**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3306	95	4884	84	26	84	8432	87.6
2 Yes	189	5	944	16	5	16	1189	12.4
Valid responses =	3495	36	5828	61	31	0	9621	98.8

Invalid responses include no response.

**65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3434	98	5600	96	30	97	9308	96.5
2 Yes	77	2	233	4	1	3	337	3.5
Valid responses =	3511	36	5833	60	31	0	9645	99.0

Invalid responses include no response.

**65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Polycystic Ovarian Syndrome (PCOS)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3494	100	5497	94	30	97	9275	96.4
2 Yes	2	0	327	6	1	3	346	3.6
Valid responses =	3496	36	5824	61	31	0	9621	98.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3439	98	5450	93	30	97	9132	94.7
2 Yes	65	2	391	7	1	3	515	5.3
Valid responses =	3504	36	5841	61	31	0	9647	99.0

Invalid responses include no response.

65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3504	100	5833	100	31	100	9633	99.8
2 Yes	5	0	9	0	0	0	19	0.2
Valid responses =	3509	36	5842	61	31	0	9652	99.1

Invalid responses include no response.

65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Sleep Apnea

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3385	97	5732	98	31	100	9409	97.6
2 Yes	121	4	98	2	0	0	227	2.4
Valid responses =	3506	36	5830	61	31	0	9636	98.9

Invalid responses include no response.

65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Thyroid condition or disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3454	99	5478	94	31	100	9222	95.7
2 Yes	52	2	346	6	0	0	410	4.3
Valid responses =	3506	36	5824	60	31	0	9632	98.9

Invalid responses include no response.

65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Tourette's or other neurodevelopmental condition not already listed

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3499	100	5814	100	31	100	9611	99.6
2 Yes	11	0	21	0	0	0	35	0.4
Valid responses =	3510	36	5835	60	31	0	9646	99.0

Invalid responses include no response.

65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Traumatic brain injury (TBI)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3468	99	5754	99	31	100	9516	99.0
2 Yes	32	1	61	1	0	0	100	1.0
Valid responses =	3500	36	5815	60	31	0	9616	98.7

Invalid responses include no response.

65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3474	99	5690	98	31	100	9457	98.1
2 Yes	34	1	138	2	0	0	180	1.9
Valid responses =	3508	36	5828	60	31	0	9637	98.9

Invalid responses include no response.

65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions? Other ongoing or chronic condition not listed above

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3170	96	4981	93	21	91	8386	93.6
2 Yes	146	4	388	7	2	9	569	6.4
Valid responses =	3316	37	5369	60	23	0	8955	91.9

Invalid responses include no response.



65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Allergic & immunologic disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	116	89	296	86	1	50	439	86.4	
2 Yes	15	12	48	14	1	50	69	13.6	
Valid responses =	131	26	344	68	2	0	508	5.2	

Invalid responses include no response.

65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Autoimmune disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	114	85	249	72	1	50	388	75.6	
2 Yes	20	15	98	28	1	50	125	24.4	
Valid responses =	134	26	347	68	2	0	513	5.3	

Invalid responses include no response.

65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Blood disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	124	94	310	91	2	100	462	91.3	
2 Yes	8	6	32	9	0	0	44	8.7	
Valid responses =	132	26	342	68	2	0	506	5.2	

Invalid responses include no response.

65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Brain & nervous system disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	107	82	292	85	1	50	427	83.7	
2 Yes	24	18	53	15	1	50	83	16.3	
Valid responses =	131	26	345	68	2	0	510	5.2	

Invalid responses include no response.

65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Hair, skin, nails disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	109	83	302	89	1	50	437	86.9	
2 Yes	23	17	38	11	1	50	66	13.1	
Valid responses =	132	26	340	68	2	0	503	5.2	

Invalid responses include no response.

65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Digestive system disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	102	74	279	82	2	100	408	79.8	
2 Yes	36	26	63	18	0	0	103	20.2	
Valid responses =	138	27	342	67	2	0	511	5.2	

Invalid responses include no response.

65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Endocrine system disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	126	96	320	94	2	100	474	94.6	
2 Yes	5	4	20	6	0	0	27	5.4	
Valid responses =	131	26	340	68	2	0	501	5.1	

Invalid responses include no response.



65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Eye/ear/nose/throat disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	112	85	307	90	1	50	440	87.1	
2 Yes	20	15	35	10	1	50	65	12.9	
Valid responses =	132	26	342	68	2	0	505	5.2	

Invalid responses include no response.

65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Heart & vascular disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	127	97	320	95	2	100	476	95.0	
2 Yes	4	3	18	5	0	0	25	5.0	
Valid responses =	131	26	338	67	2	0	501	5.1	

Invalid responses include no response.

65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Infectious disease

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	127	97	331	98	1	50	486	97.4	
2 Yes	4	3	6	2	1	50	13	2.6	
Valid responses =	131	26	337	68	2	0	499	5.1	

Invalid responses include no response.

65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Mental health/psychological disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	121	92	315	94	1	50	461	92.0	
2 Yes	11	8	22	7	1	50	40	8.0	
Valid responses =	132	26	337	67	2	0	501	5.1	

Invalid responses include no response.

65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Musculoskeletal disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	116	87	300	88	1	50	434	86.1	
2 Yes	17	13	41	12	1	50	70	13.9	
Valid responses =	133	26	341	68	2	0	504	5.2	

Invalid responses include no response.

65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Reproductive system disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	123	94	309	92	2	100	457	91.6	
2 Yes	8	6	28	8	0	0	42	8.4	
Valid responses =	131	26	337	68	2	0	499	5.1	

Invalid responses include no response.

65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Respiratory disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	124	97	329	98	2	100	481	97.4	
2 Yes	4	3	7	2	0	0	13	2.6	
Valid responses =	128	26	336	68	2	0	494	5.1	

Invalid responses include no response.



65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Sleep-wake disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	121	92	320	95	2	100	469	94.0	
2 Yes	10	8	18	5	0	0	30	6.0	
Valid responses =	131	26	338	68	2	0	499	5.1	

Invalid responses include no response.

65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Urinary system disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	127	97	325	97	2	100	481	96.8	
2 Yes	4	3	11	3	0	0	16	3.2	
Valid responses =	131	26	336	68	2	0	497	5.1	

Invalid responses include no response.

65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Other ongoing or chronic condition not previously reported

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	75	68	197	72	2	100	291	70.6	
2 Yes	35	32	77	28	0	0	121	29.4	
Valid responses =	110	27	274	67	2	0	412	4.2	

Invalid responses include no response.

65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Anaphylaxis

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	14	93	41	85	1	100	58	85.3	
2 Yes	1	7	7	15	0	0	10	14.7	
Valid responses =	15	22	48	71	1	1	68	0.7	

Invalid responses include no response.

65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Medication allergy

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	11	73	27	57	0	0	40	58.8	
2 Yes	4	27	20	43	1	100	28	41.2	
Valid responses =	15	22	47	69	1	1	68	0.7	

Invalid responses include no response.

65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Latex allergy

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	14	93	43	90	1	100	61	89.7	
2 Yes	1	7	5	10	0	0	7	10.3	
Valid responses =	15	22	48	71	1	1	68	0.7	

Invalid responses include no response.

65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Insect/bee sting allergy

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	13	87	42	88	0	0	57	83.8	
2 Yes	2	13	6	13	1	100	11	16.2	
Valid responses =	15	22	48	71	1	1	68	0.7	

Invalid responses include no response.

**65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?***(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)***Immune deficiency**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	12	80	35	73	1	100	51	75.0
2 Yes	3	20	13	27	0	0	17	25.0
Valid responses =	15	22	48	71	1	1	68	0.7

Invalid responses include no response.

65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?*(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)***Other allergic or immunologic condition not previously reported**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	10	83	32	80	0	0	45	78.9
2 Yes	2	17	8	20	1	100	12	21.1
Valid responses =	12	21	40	70	1	2	57	0.6

Invalid responses include no response.

65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?*(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)***Other allergic or immunologic condition**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	16	94	69	76	1	100	91	79.1
2 Yes	1	6	22	24	0	0	24	20.9
Valid responses =	17	15	91	79	1	1	115	1.2

Invalid responses include no response.

65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?*(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)***Rheumatoid Arthritis**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	17	94	77	84	1	100	99	84.6
2 Yes	1	6	15	16	0	0	18	15.4
Valid responses =	18	15	92	79	1	1	117	1.2

Invalid responses include no response.

65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?*(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)***Scleroderma**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	17	100	85	94	1	100	108	94.7
2 Yes	0	0	5	6	0	0	6	5.3
Valid responses =	17	15	90	79	1	1	114	1.2

Invalid responses include no response.

65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?*(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)***Systemic Lupus Erythematosus**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	17	94	77	85	1	100	99	85.3
2 Yes	1	6	14	15	0	0	17	14.7
Valid responses =	18	16	91	78	1	1	116	1.2

Invalid responses include no response.

65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?*(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)***Other autoimmune disorder not previously reported**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	12	67	39	51	0	0	53	52.5
2 Yes	6	33	37	49	1	100	48	47.5
Valid responses =	18	18	76	75	1	1	101	1.0

Invalid responses include no response.



65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Anemia

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	6	100	9	33	0	0	16	43.2
2 Yes	0	0	18	67	0	0	21	56.8
Valid responses =	6	16	27	73	0	0	37	0.4

Invalid responses include no response.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hemophilia

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	6	100	27	96	0	0	36	94.7
2 Yes	0	0	1	4	0	0	2	5.3
Valid responses =	6	16	28	74	0	0	38	0.4

Invalid responses include no response.

65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hypercoagulable states

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	67	25	86	0	0	32	82.1
2 Yes	2	33	4	14	0	0	7	17.9
Valid responses =	6	15	29	74	0	0	39	0.4

Invalid responses include no response.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Platelet Conditions

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	6	86	24	86	0	0	32	82.1
2 Yes	1	14	4	14	0	0	7	17.9
Valid responses =	7	18	28	72	0	0	39	0.4

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Sickle Cell Disease

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	6	100	27	96	0	0	36	94.7
2 Yes	0	0	1	4	0	0	2	5.3
Valid responses =	6	16	28	74	0	0	38	0.4

Invalid responses include no response.

65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Other blood condition not previously reported

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	57	21	78	0	0	27	73.0
2 Yes	3	43	6	22	0	0	10	27.0
Valid responses =	7	19	27	73	0	0	37	0.4

Invalid responses include no response.

65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Cerebral Palsy

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	21	91	46	96	1	100	70	92.1
2 Yes	2	9	2	4	0	0	6	7.9
Valid responses =	23	30	48	63	1	1	76	0.8

Invalid responses include no response.



65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Epilepsy

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	17	71	38	79	1	100	58	76.3
2 Yes	7	29	10	21	0	0	18	23.7
Valid responses =	24	32	48	63	1	1	76	0.8

Invalid responses include no response.

65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Seizure Conditions

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	16	70	38	81	1	100	56	75.7
2 Yes	7	30	9	19	0	0	18	24.3
Valid responses =	23	31	47	64	1	1	74	0.8

Invalid responses include no response.

65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Multiple Sclerosis

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	23	100	45	92	1	100	71	93.4
2 Yes	0	0	4	8	0	0	5	6.6
Valid responses =	23	30	49	64	1	1	76	0.8

Invalid responses include no response.

65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Other brain or nervous system condition not previously reported

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	15	65	27	64	0	0	44	62.9
2 Yes	8	35	15	36	1	100	26	37.1
Valid responses =	23	33	42	60	1	1	70	0.7

Invalid responses include no response.

65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Alopecia

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	22	96	33	92	1	100	59	93.7
2 Yes	1	4	3	8	0	0	4	6.3
Valid responses =	23	37	36	57	1	2	63	0.6

Invalid responses include no response.

65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Eczema

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	15	65	19	51	0	0	35	53.8
2 Yes	8	35	18	49	1	100	30	46.2
Valid responses =	23	35	37	57	1	2	65	0.7

Invalid responses include no response.

65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hirsutism

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	23	100	35	97	1	100	61	96.8
2 Yes	0	0	1	3	0	0	2	3.2
Valid responses =	23	37	36	57	1	2	63	0.6

Invalid responses include no response.



65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hyperhidrosis

	Male		Female		Unknown		Total Freq.	Total Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	22	96	36	100	1	100	62	98.4
2 Yes	1	4	0	0	0	0	1	1.6
Valid responses =	23	37	36	57	1	2	63	0.6

Invalid responses include no response.

65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Photodermatitis

	Male		Female		Unknown		Total Freq.	Total Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	23	100	35	97	1	100	61	96.8
2 Yes	0	0	1	3	0	0	2	3.2
Valid responses =	23	37	36	57	1	2	63	0.6

Invalid responses include no response.

65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Psoriasis

	Male		Female		Unknown		Total Freq.	Total Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	17	74	26	72	1	100	45	71.4
2 Yes	6	26	10	28	0	0	18	28.6
Valid responses =	23	37	36	57	1	2	63	0.6

Invalid responses include no response.

65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Vitiligo

	Male		Female		Unknown		Total Freq.	Total Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	23	100	35	95	1	100	61	95.3
2 Yes	0	0	2	5	0	0	3	4.7
Valid responses =	23	36	37	58	1	2	64	0.7

Invalid responses include no response.

65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Other hair, skin, or nail condition not previously reported

	Male		Female		Unknown		Total Freq.	Total Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	14	67	24	73	1	100	41	71.9
2 Yes	7	33	9	27	0	0	16	28.1
Valid responses =	21	37	33	58	1	2	57	0.6

Invalid responses include no response.

65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Crohn's Disease

	Male		Female		Unknown		Total Freq.	Total Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	27	87	47	80	0	0	78	83.0
2 Yes	4	13	12	20	0	0	16	17.0
Valid responses =	31	33	59	63	0	0	94	1.0

Invalid responses include no response.

65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Diverticular Disease

	Male		Female		Unknown		Total Freq.	Total Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	31	100	55	92	0	0	89	93.7
2 Yes	0	0	5	8	0	0	6	6.3
Valid responses =	31	33	60	63	0	0	95	1.0

Invalid responses include no response.



65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Esophageal Disease

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	29	94	57	95	0	0	89	93.7
2 Yes	2	7	3	5	0	0	6	6.3
Valid responses =	31	33	60	63	0	0	95	1.0

Invalid responses include no response.

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Gallbladder Disease

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	29	97	53	88	0	0	85	90.4
2 Yes	1	3	7	12	0	0	9	9.6
Valid responses =	30	32	60	64	0	0	94	1.0

Invalid responses include no response.

65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Ulcerative Colitis

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	20	59	50	82	0	0	73	73.7
2 Yes	14	41	11	18	0	0	26	26.3
Valid responses =	34	34	61	62	0	0	99	1.0

Invalid responses include no response.

65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Other digestive system condition not previously reported

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	19	63	31	62	0	0	51	60.7
2 Yes	11	37	19	38	0	0	33	39.3
Valid responses =	30	36	50	60	0	0	84	0.9

Invalid responses include no response.

65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Hearing loss

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	11	61	25	71	1	100	42	70.0
2 Yes	7	39	10	29	0	0	18	30.0
Valid responses =	18	30	35	58	1	2	60	0.6

Invalid responses include no response.

65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Uveitis

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	16	100	32	97	1	100	55	96.5
2 Yes	0	0	1	3	0	0	2	3.5
Valid responses =	16	28	33	58	1	2	57	0.6

Invalid responses include no response.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Vertigo

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	14	82	31	89	1	100	52	85.2
2 Yes	3	18	4	11	0	0	9	14.8
Valid responses =	17	28	35	57	1	2	61	0.6

Invalid responses include no response.



American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

December 6, 2021
 FREQUENCY REPORT
 Number of Surveys (n) = 9741 Web Surveys

65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?*(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)*

Other eye/ear/nose/throat condition not previously reported

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	2	15	10	37	0	0	15	31.9
2 Yes	11	85	17	63	1	100	32	68.1
Valid responses =	13	28	27	57	1	2	47	0.5

Invalid responses include no response.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?*(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)*

Cardiac Arrhythmia

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	1	25	15	88	0	0	17	70.8
2 Yes	3	75	2	12	0	0	7	29.2
Valid responses =	4	17	17	71	0	0	24	0.2

Invalid responses include no response.

65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?*(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)*

Coronary Artery Disease

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	100	17	100	0	0	24	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	4	17	17	71	0	0	24	0.2

Invalid responses include no response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?*(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)*

Congenital Heart Condition

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	100	16	94	0	0	22	91.7
2 Yes	0	0	1	6	0	0	2	8.3
Valid responses =	4	17	17	71	0	0	24	0.2

Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?*(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)*

Congestive Heart Failure

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	3	75	17	100	0	0	21	87.5
2 Yes	1	25	0	0	0	0	3	12.5
Valid responses =	4	17	17	71	0	0	24	0.2

Invalid responses include no response.

65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?*(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)*

Heart Murmur

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	100	14	88	0	0	20	87.0
2 Yes	0	0	2	13	0	0	3	13.0
Valid responses =	4	17	16	70	0	0	23	0.2

Invalid responses include no response.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?*(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)*

Valvular Heart Disease (for example: Mitral valve prolapse)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	100	16	94	0	0	21	87.5
2 Yes	0	0	1	6	0	0	3	12.5
Valid responses =	4	17	17	71	0	0	24	0.2

Invalid responses include no response.



American College Health Association-National College Health Assessment (ACHA-NCHA III)
 Reference Group Data Report - Spring 2020
 American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

GRADUATE/PROFESSIONAL STUDENTS
 December 6, 2021
 FREQUENCY REPORT
 Number of Surveys (n) = 9741 Web Surveys

65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
 (only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
 Other heart or vascular condition not previously reported

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	3	100	7	39	0	0	11	47.8
2 Yes	0	0	11	61	0	0	12	52.2
Valid responses =	3	13	18	78	0	0	23	0.2

Invalid responses include no response.

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?
 (only includes students that selected having an ongoing/chronic infectious disease not listed above)
 Lyme Disease

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	100	3	60	1	100	9	75.0
2 Yes	0	0	2	40	0	0	3	25.0
Valid responses =	4	33	5	42	1	8	12	0.1

Invalid responses include no response.

65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?
 (only includes students that selected having an ongoing/chronic infectious disease not listed above)
 Other infectious disease not previously reported

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	1	33	2	67	0	0	3	37.5
2 Yes	2	67	1	33	1	100	5	62.5
Valid responses =	3	38	3	38	1	13	8	0.1

Invalid responses include no response.

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
 Carpal Tunnel Syndrome

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	15	88	36	88	1	100	59	84.3
2 Yes	2	12	5	12	0	0	11	15.7
Valid responses =	17	24	41	59	1	1	70	0.7

Invalid responses include no response.

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
 Fibromyalgia

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	15	94	33	81	0	0	56	81.2
2 Yes	1	6	8	20	1	100	13	18.8
Valid responses =	16	23	41	59	1	1	69	0.7

Invalid responses include no response.

65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
 Gout

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	16	100	41	100	1	100	67	97.1
2 Yes	0	0	0	0	0	0	2	2.9
Valid responses =	16	23	41	59	1	1	69	0.7

Invalid responses include no response.

65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
 Muscular Dystrophy

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	15	94	41	100	1	100	66	95.7
2 Yes	1	6	0	0	0	0	3	4.3
Valid responses =	16	23	41	59	1	1	69	0.7

Invalid responses include no response.



65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoarthritis

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	14	88	33	81	1	100	56	81.2
2 Yes	2	13	8	20	0	0	13	18.8
Valid responses =	16	23	41	59	1	1	69	0.7

Invalid responses include no response.

65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoporosis

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	16	100	40	98	1	100	65	94.2
2 Yes	0	0	1	2	0	0	4	5.8
Valid responses =	16	23	41	59	1	1	69	0.7

Invalid responses include no response.

65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Temporomandibular Joint Dysfunction

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	15	94	29	71	1	100	51	73.9
2 Yes	1	6	12	29	0	0	18	26.1
Valid responses =	16	23	41	59	1	1	69	0.7

Invalid responses include no response.

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Other musculoskeletal condition not previously reported

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	31	12	41	1	100	19	37.3
2 Yes	9	69	17	59	0	0	32	62.7
Valid responses =	13	25	29	57	1	2	51	0.5

Invalid responses include no response.

65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Amenorrhea

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	8	100	21	75	0	0	33	78.6
2 Yes	0	0	7	25	0	0	9	21.4
Valid responses =	8	19	28	67	0	0	42	0.4

Invalid responses include no response.

65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Cervical Dysplasia

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	8	100	28	100	0	0	39	95.1
2 Yes	0	0	0	0	0	0	2	4.9
Valid responses =	8	20	28	68	0	0	41	0.4

Invalid responses include no response.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	8	100	16	59	0	0	25	61.0
2 Yes	0	0	11	41	0	0	16	39.0
Valid responses =	8	20	27	66	0	0	41	0.4

Invalid responses include no response.



65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Prostatitis

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	7	88	28	100	0	0	38	92.7
2 Yes	1	13	0	0	0	0	3	7.3
Valid responses =	8	20	28	68	0	0	41	0.4

Invalid responses include no response.

65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Sexual Dysfunction

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	50	24	86	0	0	31	75.6
2 Yes	4	50	4	14	0	0	10	24.4
Valid responses =	8	20	28	68	0	0	41	0.4

Invalid responses include no response.

65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Other reproductive system condition not previously reported

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	7	88	10	46	0	0	20	57.1
2 Yes	1	13	12	55	0	0	15	42.9
Valid responses =	8	23	22	63	0	0	35	0.4

Invalid responses include no response.

65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?
 (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Cystic Fibrosis

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	100	7	100	0	0	11	84.6
2 Yes	0	0	0	0	0	0	2	15.4
Valid responses =	4	31	7	54	0	0	13	0.1

Invalid responses include no response.

65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?
 (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Sarcoidosis

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	100	7	100	0	0	11	84.6
2 Yes	0	0	0	0	0	0	2	15.4
Valid responses =	4	31	7	54	0	0	13	0.1

Invalid responses include no response.

65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?
 (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Active Tuberculous

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	100	7	100	0	0	11	84.6
2 Yes	0	0	0	0	0	0	2	15.4
Valid responses =	4	31	7	54	0	0	13	0.1

Invalid responses include no response.

65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?
 (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Other respiratory system condition not previously reported

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	2	67	2	33	0	0	4	40.0
2 Yes	1	33	4	67	0	0	6	60.0
Valid responses =	3	30	6	60	0	0	10	0.1

Invalid responses include no response.



65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Hypersomnolence

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	9	100	9	56	0	0	20	74.1
2 Yes	0	0	7	44	0	0	7	25.9
Valid responses =	9	33	16	59	0	0	27	0.3

Invalid responses include no response.

65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Narcolepsy

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	9	90	9	50	0	0	19	63.3
2 Yes	1	10	9	50	0	0	11	36.7
Valid responses =	10	33	18	60	0	0	30	0.3

Invalid responses include no response.

65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Restless Leg Syndrome

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	9	100	12	75	0	0	22	81.5
2 Yes	0	0	4	25	0	0	5	18.5
Valid responses =	9	33	16	59	0	0	27	0.3

Invalid responses include no response.

65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Paralysis

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	8	89	13	81	0	0	22	81.5
2 Yes	1	11	3	19	0	0	5	18.5
Valid responses =	9	33	16	59	0	0	27	0.3

Invalid responses include no response.

65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Terrors (or night terrors)

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	7	78	13	81	0	0	21	77.8
2 Yes	2	22	3	19	0	0	6	22.2
Valid responses =	9	33	16	59	0	0	27	0.3

Invalid responses include no response.

65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Walking

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	6	67	16	100	0	0	24	88.9
2 Yes	3	33	0	0	0	0	3	11.1
Valid responses =	9	33	16	59	0	0	27	0.3

Invalid responses include no response.

65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Other sleep-wake condition not previously reported

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	5	63	7	78	0	0	12	66.7
2 Yes	3	38	2	22	0	0	6	33.3
Valid responses =	8	44	9	50	0	0	18	0.2

Invalid responses include no response.



65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Bladder disease

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	100	10	91	0	0	15	93.8
2 Yes	0	0	1	9	0	0	1	6.3
Valid responses =	4	25	11	69	0	0	16	0.2

Invalid responses include no response.

65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney disease

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	100	9	82	0	0	13	81.3
2 Yes	0	0	2	18	0	0	3	18.8
Valid responses =	4	25	11	69	0	0	16	0.2

Invalid responses include no response.

65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney stone

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	3	75	9	82	0	0	12	75.0
2 Yes	1	25	2	18	0	0	4	25.0
Valid responses =	4	25	11	69	0	0	16	0.2

Invalid responses include no response.

65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Urinary incontinence

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	4	100	10	91	0	0	14	87.5
2 Yes	0	0	1	9	0	0	2	12.5
Valid responses =	4	25	11	69	0	0	16	0.2

Invalid responses include no response.

65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Other urinary system condition not previously reported

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	1	33	7	70	0	0	8	61.5
2 Yes	2	67	3	30	0	0	5	38.5
Valid responses =	3	23	10	77	0	0	13	0.1

Invalid responses include no response.

65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:
 (only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 1 Diabetes

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	44	68	111	82	1	50	163	76.9
2 Yes	21	32	24	18	1	50	49	23.1
Valid responses =	65	31	135	64	2	1	212	2.2

Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:
 (only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 2 Diabetes

	Male		Female		Unknown		Total Freq.	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.		
1 No	46	65	106	77	2	100	160	72.7
2 Yes	25	35	31	23	0	0	60	27.3
Valid responses =	71	32	137	62	2	1	220	2.3

Invalid responses include no response.



65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Pre-diabetes or insulin resistance

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	40	54	55	36	2	100	100	42.0	
2 Yes	34	46	96	64	0	0	138	58.0	
Valid responses =	74	31	151	63	2	1	238	2.4	

Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Gestational Diabetes

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	65	99	114	83	1	50	188	87.0	
2 Yes	1	2	24	17	1	50	28	13.0	
Valid responses =	66	31	138	64	2	1	216	2.2	

Invalid responses include no response.

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Acne

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	568	81	1067	64	9	90	1692	69.3	
2 Yes	133	19	595	36	1	10	748	30.7	
Valid responses =	701	29	1662	68	10	0	2440	25.0	

Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	93	44	120	30	0	0	227	34.4	
2 Yes	121	57	277	70	2	100	433	65.6	
Valid responses =	214	32	397	60	2	0	660	6.8	

Invalid responses include no response.

65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Alcohol or Other Drug-Related Abuse or Addiction

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	50	70	34	58	0	0	89	61.8	
2 Yes	21	30	25	42	0	0	55	38.2	
Valid responses =	71	49	59	41	0	0	144	1.5	

Invalid responses include no response.

65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - food allergy

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	191	76	493	69	3	60	712	70.6	
2 Yes	60	24	224	31	2	40	297	29.4	
Valid responses =	251	25	717	71	5	0	1009	10.4	

Invalid responses include no response.

65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - animals/pets

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	318	81	544	68	2	40	907	72.3	
2 Yes	74	19	261	32	3	60	348	27.7	
Valid responses =	392	31	805	64	5	0	1255	12.9	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	640	76	1225	67	4	50	1948	69.6	
2 Yes	208	25	608	33	4	50	850	30.4	
Valid responses =	848	30	1833	66	8	0	2798	28.7	

Invalid responses include no response.

65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	158	30	420	23	0	0	598	24.2	
2 Yes	374	70	1386	77	8	100	1878	75.8	
Valid responses =	532	21	1806	73	8	0	2476	25.4	

Invalid responses include no response.

65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Asthma

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	336	79	554	62	5	56	937	66.8	
2 Yes	91	21	347	39	4	44	466	33.2	
Valid responses =	427	30	901	64	9	1	1403	14.4	

Invalid responses include no response.

65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Autism Spectrum

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	17	61	14	58	0	0	34	53.1	
2 Yes	11	39	10	42	0	0	30	46.9	
Valid responses =	28	44	24	38	0	0	64	0.7	

Invalid responses include no response.

65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	15	38	25	22	0	0	42	23.7	
2 Yes	25	63	89	78	0	0	135	76.3	
Valid responses =	40	23	114	64	0	0	177	1.8	

Invalid responses include no response.

65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	10	67	24	51	0	0	36	48.6	
2 Yes	5	33	23	49	0	0	38	51.4	
Valid responses =	15	20	47	64	0	0	74	0.8	

Invalid responses include no response.

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Cancer

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	15	58	40	45	0	0	56	45.5	
2 Yes	11	42	49	55	0	0	67	54.5	
Valid responses =	26	21	89	72	0	0	123	1.3	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Celiac disease

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	50	32	48	0	0	37	47.4
2 Yes	3	50	35	52	0	0	41	52.6
Valid responses =	6	8	67	86	0	0	78	0.8

Invalid responses include no response.

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	57	31	150	30	2	67	218	30.0
2 Yes	126	69	353	70	1	33	508	70.0
Valid responses =	183	25	503	69	3	0	726	7.5

Invalid responses include no response.

65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	156	34	390	27	0	0	569	28.1
2 Yes	303	66	1041	73	6	100	1456	71.9
Valid responses =	459	23	1431	71	6	0	2025	20.8

Invalid responses include no response.

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Diabetes or pre-diabetes/insulin resistance

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	28	54	34	0	0	79	31.5
2 Yes	58	73	104	66	2	100	172	68.5
Valid responses =	80	32	158	63	2	1	251	2.6

Invalid responses include no response.

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	69	177	58	0	0	206	58.4
2 Yes	8	31	130	42	0	0	147	41.6
Valid responses =	26	7	307	87	0	0	353	3.6

Invalid responses include no response.

65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Endometriosis

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	69	42	0	0	74	40.9
2 Yes	0	0	97	58	0	0	107	59.1
Valid responses =	3	2	166	92	0	0	181	1.9

Invalid responses include no response.

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Gambling Disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	8	100	0	0	14	82.4
2 Yes	2	29	0	0	0	0	3	17.6
Valid responses =	7	41	8	47	0	0	17	0.2

Invalid responses include no response.



65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Genital herpes

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	44	79	61	0	0	93	57.4
2 Yes	13	57	51	39	0	0	69	42.6
Valid responses =	23	14	130	80	0	0	162	1.7

Invalid responses include no response.

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	96	53	222	51	1	100	332	51.2
2 Yes	86	47	217	49	0	0	316	48.8
Valid responses =	182	28	439	68	1	0	648	6.7

Invalid responses include no response.

65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	49	80	51	0	0	122	51.3
2 Yes	38	51	76	49	0	0	116	48.7
Valid responses =	74	31	156	66	0	0	238	2.4

Invalid responses include no response.

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Hepatitis B or C

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	71	14	64	0	0	25	62.5
2 Yes	4	29	8	36	0	0	15	37.5
Valid responses =	14	35	22	55	0	0	40	0.4

Invalid responses include no response.

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High blood pressure (hypertension)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	73	36	59	27	0	0	137	31.1
2 Yes	132	64	156	73	1	100	303	68.9
Valid responses =	205	47	215	49	1	0	440	4.5

Invalid responses include no response.

65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	38	88	36	0	0	163	36.6
2 Yes	109	62	160	65	1	100	282	63.4
Valid responses =	177	40	248	56	1	0	445	4.6

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	32	2	67	0	0	8	33.3
2 Yes	13	68	1	33	0	0	16	66.7
Valid responses =	19	79	3	13	0	0	24	0.2

Invalid responses include no response.



65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	71	186	55	0	0	225	56.4
2 Yes	12	29	154	45	0	0	174	43.6
Valid responses =	42	11	340	85	0	0	399	4.1

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Insomnia

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	54	45	155	45	1	50	220	43.8
2 Yes	65	55	190	55	1	50	282	56.2
Valid responses =	119	24	345	69	2	0	502	5.2

Invalid responses include no response.

65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	62	53	205	49	0	0	279	49.9
2 Yes	54	47	212	51	2	100	280	50.1
Valid responses =	116	21	417	75	2	0	559	5.7

Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Migraine headaches

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	120	64	487	52	2	40	632	53.4
2 Yes	68	36	452	48	3	60	551	46.6
Valid responses =	188	16	939	79	5	0	1183	12.1

Invalid responses include no response.

65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	42	104	45	0	0	144	42.7
2 Yes	45	58	129	55	1	100	193	57.3
Valid responses =	77	23	233	69	1	0	337	3.5

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	123	38	1	100	132	38.3
2 Yes	0	0	204	62	0	0	213	61.7
Valid responses =	2	1	327	95	1	0	345	3.5

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	37	148	38	0	0	182	35.7
2 Yes	41	63	240	62	1	100	328	64.3
Valid responses =	65	13	388	76	1	0	510	5.2

Invalid responses include no response.



65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

Table with columns: Male (Freq., Pct.), Female (Freq., Pct.), Unknown (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a bar chart for the 'Total' column.

Invalid responses include no response.

65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Sleep Apnea

Table with columns: Male (Freq., Pct.), Female (Freq., Pct.), Unknown (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a bar chart for the 'Total' column.

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

Table with columns: Male (Freq., Pct.), Female (Freq., Pct.), Unknown (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a bar chart for the 'Total' column.

Invalid responses include no response.

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

Table with columns: Male (Freq., Pct.), Female (Freq., Pct.), Unknown (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a bar chart for the 'Total' column.

Invalid responses include no response.

65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Traumatic brain injury (TBI)

Table with columns: Male (Freq., Pct.), Female (Freq., Pct.), Unknown (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a bar chart for the 'Total' column.

Invalid responses include no response.

65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

Table with columns: Male (Freq., Pct.), Female (Freq., Pct.), Unknown (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a bar chart for the 'Total' column.

Invalid responses include no response.

65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Other ongoing or chronic condition not listed above

Table with columns: Male (Freq., Pct.), Female (Freq., Pct.), Unknown (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a bar chart for the 'Total' column.

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No treatment	12	10	20	7	0	0	34	7.9	
2 Medicine only	51	43	143	52	1	50	202	47.1	
3 Therapy only	10	8	16	6	0	0	32	7.5	
4 Both medicine and therapy	47	39	96	35	0	0	159	37.1	
5 Other Treatment	0	0	1	0	1	50	2	0.5	
Valid responses =	120	28	276	64	2	0	429	4.4	

Invalid responses include no response.

65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No treatment	2	10	7	28	0	0	11	20.4	
2 Medicine only	0	0	1	4	0	0	1	1.9	
3 Therapy only	12	57	13	52	0	0	30	55.6	
4 Both medicine and therapy	6	29	2	8	0	0	9	16.7	
5 Other Treatment	1	5	2	8	0	0	3	5.6	
Valid responses =	21	39	25	46	0	0	54	0.6	

Invalid responses include no response.

65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No treatment	20	5	73	5	0	0	96	5.1	
2 Medicine only	82	22	337	24	1	13	432	23.0	
3 Therapy only	99	27	348	25	1	13	478	25.5	
4 Both medicine and therapy	167	45	619	45	5	63	855	45.6	
5 Other Treatment	6	2	8	1	1	13	16	0.9	
Valid responses =	374	20	1385	74	8	0	1877	19.3	

Invalid responses include no response.

65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Autism spectrum

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No treatment	2	18	2	20	0	0	7	23.3	
2 Medicine only	1	9	0	0	0	0	1	3.3	
3 Therapy only	3	27	5	50	0	0	14	46.7	
4 Both medicine and therapy	5	46	2	20	0	0	7	23.3	
5 Other Treatment	0	0	1	10	0	0	1	3.3	
Valid responses =	11	37	10	33	0	0	30	0.3	

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No treatment	1	4	2	2	0	0	3	2.2	
2 Medicine only	5	20	15	17	0	0	20	14.8	
3 Therapy only	1	4	5	6	0	0	7	5.2	
4 Both medicine and therapy	18	72	65	73	0	0	103	76.3	
5 Other Treatment	0	0	2	2	0	0	2	1.5	
Valid responses =	25	19	89	66	0	0	135	1.4	

Invalid responses include no response.

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No treatment	1	20	1	4	0	0	2	5.3	
2 Medicine only	0	0	2	9	0	0	2	5.3	
3 Therapy only	2	40	7	30	0	0	15	39.5	
4 Both medicine and therapy	2	40	13	57	0	0	19	50.0	
5 Other Treatment	0	0	0	0	0	0	0	0.0	
Valid responses =	5	13	23	61	0	0	38	0.4	

Invalid responses include no response.

65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	15	5	40	4	0	0	58	4.0
2 Medicine only	63	21	223	21	0	0	296	20.4
3 Therapy only	66	22	231	22	1	17	320	22.0
4 Both medicine and therapy	157	52	542	52	5	83	773	53.2
5 Other Treatment	2	1	4	0	0	0	7	0.5
Valid responses =	303	21	1040	72	6	0	1454	14.9

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	25	11	9	0	0	13	8.9
2 Medicine only	1	13	16	12	0	0	18	12.3
3 Therapy only	3	38	61	47	0	0	69	47.3
4 Both medicine and therapy	2	25	40	31	0	0	45	30.8
5 Other Treatment	0	0	1	1	0	0	1	0.7
Valid responses =	8	5	129	88	0	0	146	1.5

Invalid responses include no response.

65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gambling Disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1	50	0	0	0	0	1	33.3
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	0	0	0	0	1	33.3
4 Both medicine and therapy	1	50	0	0	0	0	1	33.3
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	2	67	0	0	0	0	3	0.0

Invalid responses include no response.

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Insomnia

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	10	16	22	12	0	0	33	11.8
2 Medicine only	21	33	71	37	1	100	105	37.5
3 Therapy only	7	11	28	15	0	0	38	13.6
4 Both medicine and therapy	25	40	63	33	0	0	98	35.0
5 Other Treatment	0	0	6	3	0	0	6	2.1
Valid responses =	63	23	190	68	1	0	280	2.9

Invalid responses include no response.

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	4	9	9	7	0	0	15	7.8
2 Medicine only	10	22	17	13	0	0	29	15.0
3 Therapy only	8	18	36	28	0	0	51	26.4
4 Both medicine and therapy	23	51	67	52	1	100	98	50.8
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	45	23	129	67	1	1	193	2.0

Invalid responses include no response.

65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	5	15	6	0	0	20	6.1
2 Medicine only	2	5	18	8	0	0	21	6.4
3 Therapy only	20	49	108	45	0	0	147	44.8
4 Both medicine and therapy	17	42	98	41	0	0	138	42.1
5 Other Treatment	0	0	1	0	1	100	2	0.6
Valid responses =	41	13	240	73	1	0	328	3.4

Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	5	15	6	0	0	20	6.1
2 Medicine only	2	5	18	8	0	0	21	6.4
3 Therapy only	20	49	108	45	0	0	147	44.8
4 Both medicine and therapy	17	42	98	41	0	0	138	42.1
5 Other Treatment	0	0	1	0	1	100	2	0.6
Valid responses =	41	13	240	73	1	0	328	3.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500

December 6, 2021
FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

www.acha.org

1 No treatment	0	0	0	0	0	0	0	0.0	
2 Medicine only	0	0	0	0	0	0	1	16.7	
3 Therapy only	0	0	0	0	0	0	1	16.7	
4 Both medicine and therapy	1	100	2	100	0	0	4	66.7	
5 Other Treatment	0	0	0	0	0	0	0	0.0	
Valid responses =	1	17	2	33	0	0	6	0.1	

Invalid responses include no response.

65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No treatment	0	0	0	0	0	0	0	0.0	
2 Medicine only	2	67	2	50	0	0	5	50.0	
3 Therapy only	0	0	0	0	0	0	2	20.0	
4 Both medicine and therapy	1	33	2	50	0	0	3	30.0	
5 Other Treatment	0	0	0	0	0	0	0	0.0	
Valid responses =	3	30	4	40	0	0	10	0.1	

Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No treatment	6	50	7	32	0	0	13	36.1	
2 Medicine only	3	25	3	14	0	0	6	16.7	
3 Therapy only	1	8	5	23	0	0	8	22.2	
4 Both medicine and therapy	2	17	4	18	0	0	6	16.7	
5 Other Treatment	0	0	3	14	0	0	3	8.3	
Valid responses =	12	33	22	61	0	0	36	0.4	

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Acne

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	28	21	61	10	0	0	92	12.4	
2 Yes	104	79	527	90	1	100	647	87.6	
Valid responses =	132	18	588	80	1	0	739	7.6	

Invalid responses include no response.

65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - food allergy

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	20	33	77	35	1	50	101	34.2	
2 Yes	40	67	145	65	1	50	194	65.8	
Valid responses =	60	20	222	75	2	1	295	3.0	

Invalid responses include no response.

65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - animals/pets

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	109	53	266	44	3	75	390	46.3	
2 Yes	96	47	337	56	1	25	452	53.7	
Valid responses =	205	24	603	72	4	0	842	8.6	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Asthma

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	13	54	16	1	25	68	14.7
2 Yes	79	87	291	84	3	75	396	85.3
Valid responses =	91	20	345	74	4	1	464	4.8

Invalid responses include no response.

65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Cancer

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	36	19	40	0	0	24	36.4
2 Yes	7	64	29	60	0	0	42	63.6
Valid responses =	11	17	48	73	0	0	66	0.7

Invalid responses include no response.

65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Celiac disease

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	12	34	0	0	16	39.0
2 Yes	0	0	23	66	0	0	25	61.0
Valid responses =	3	7	35	85	0	0	41	0.4

Invalid responses include no response.

65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	15	48	14	0	0	70	13.8
2 Yes	106	85	304	86	1	100	436	86.2
Valid responses =	125	25	352	70	1	0	506	5.2

Invalid responses include no response.

65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	19	29	28	1	50	41	24.1
2 Yes	46	81	74	72	1	50	129	75.9
Valid responses =	57	34	103	61	2	1	170	1.7

Invalid responses include no response.

65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Endometriosis

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	24	25	0	0	26	24.5
2 Yes	0	0	72	75	0	0	80	75.5
Valid responses =	0	0	96	91	0	0	106	1.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Genital herpes

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	15	8	16	0	0	11	15.9
2 Yes	11	85	43	84	0	0	58	84.1
Valid responses =	13	19	51	74	0	0	69	0.7

Invalid responses include no response.

65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	17	23	11	0	0	41	13.1
2 Yes	70	83	193	89	0	0	272	86.9
Valid responses =	84	27	216	69	0	0	313	3.2

Invalid responses include no response.

65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	37	24	32	0	0	39	33.6
2 Yes	24	63	52	68	0	0	77	66.4
Valid responses =	38	33	76	66	0	0	116	1.2

Invalid responses include no response.

65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Hepatitis B or C

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	25	3	43	0	0	5	38.5
2 Yes	3	75	4	57	0	0	8	61.5
Valid responses =	4	31	7	54	0	0	13	0.1

Invalid responses include no response.

65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High blood pressure (hypertension)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	22	29	19	0	0	60	20.1
2 Yes	101	78	126	81	1	100	238	79.9
Valid responses =	129	43	155	52	1	0	298	3.1

Invalid responses include no response.

65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	43	40	77	48	0	0	126	44.8
2 Yes	65	60	83	52	1	100	155	55.2
Valid responses =	108	38	160	57	1	0	281	2.9

Invalid responses include no response.

65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

HIV or AIDS

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	8	1	100	0	0	3	18.8
2 Yes	12	92	0	0	0	0	13	81.3
Valid responses =	13	81	1	6	0	0	16	0.2

Invalid responses include no response.



65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Human papillomavirus (HPV) or genital warts

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	5	42	74	48	0	0	81	46.6	
2 Yes	7	58	80	52	0	0	93	53.4	
Valid responses =	12	7	154	89	0	0	174	1.8	

Invalid responses include no response.

65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Irritable bowel syndrome (spastic colon or spastic bowel)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	16	30	45	21	0	0	67	24.0	
2 Yes	38	70	166	79	2	100	212	76.0	
Valid responses =	54	19	211	76	2	1	279	2.9	

Invalid responses include no response.

65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Migraine headaches

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	23	34	86	19	2	67	117	21.5	
2 Yes	44	66	361	81	1	33	428	78.5	
Valid responses =	67	12	447	82	3	1	545	5.6	

Invalid responses include no response.

65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Polycystic Ovarian Syndrome (PCOS)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	0	0	49	24	0	0	51	24.2	
2 Yes	0	0	153	76	0	0	160	75.8	
Valid responses =	0	0	202	96	0	0	211	2.2	

Invalid responses include no response.

65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Sleep Apnea

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	9	15	10	18	0	0	20	16.4	
2 Yes	53	86	45	82	0	0	102	83.6	
Valid responses =	62	51	55	45	0	0	122	1.3	

Invalid responses include no response.

65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Thyroid condition or disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	2	7	36	13	0	0	40	12.2	
2 Yes	29	94	251	88	0	0	288	87.8	
Valid responses =	31	9	287	88	0	0	328	3.4	

Invalid responses include no response.

65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	2	11	10	16	0	0	12	14.5	
2 Yes	16	89	54	84	0	0	71	85.5	
Valid responses =	18	22	64	77	0	0	83	0.9	

Invalid responses include no response.



65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Acne

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	64	36	61	0	0	56	62.2
2 Yes	10	36	23	39	0	0	34	37.8
Valid responses =	28	31	59	66	0	0	90	0.9

Invalid responses include no response.

65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	75	2	22	0	0	5	38.5
2 Yes	1	25	7	78	0	0	8	61.5
Valid responses =	4	31	9	69	0	0	13	0.1

Invalid responses include no response.

65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	0	0	4	80.0
2 Yes	0	0	0	0	0	0	1	20.0
Valid responses =	0	0	3	60	0	0	5	0.1

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - food allergy

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	40	48	63	0	0	58	58.0
2 Yes	12	60	28	37	1	100	42	42.0
Valid responses =	20	20	76	76	1	1	100	1.0

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - animals/pets

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	73	70	175	69	1	33	256	68.4
2 Yes	32	31	80	31	2	67	118	31.6
Valid responses =	105	28	255	68	3	1	374	3.8

Invalid responses include no response.

65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	100	24	83	0	0	30	85.7
2 Yes	0	0	5	17	0	0	5	14.3
Valid responses =	4	11	29	83	0	0	35	0.4

Invalid responses include no response.



65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Asthma

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	67	27	52	1	100	37	56.1
2 Yes	4	33	25	48	0	0	29	43.9
Valid responses =	12	18	52	79	1	2	66	0.7

Invalid responses include no response.

65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Autism spectrum

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	1	0.0

Invalid responses include no response.

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	0	0	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	100	0	0	0	0	1	0.0

Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.0

Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Cancer

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	21	0	0	4	16.7
2 Yes	4	100	15	79	0	0	20	83.3
Valid responses =	4	17	19	79	0	0	24	0.2

Invalid responses include no response.

65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Celiac disease

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	10	91	0	0	13	86.7
2 Yes	1	33	1	9	0	0	2	13.3
Valid responses =	3	20	11	73	0	0	15	0.2

Invalid responses include no response.

65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	77	29	62	0	0	44	65.7
2 Yes	4	24	18	38	0	0	23	34.3
Valid responses =	17	25	47	70	0	0	67	0.7

Invalid responses include no response.



65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2	100	9	69	0	0	12	70.6	
2 Yes	0	0	4	31	0	0	5	29.4	
Valid responses =	2	12	13	76	0	0	17	0.2	

Invalid responses include no response.

65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	5	46	9	31	1	100	15	36.6	
2 Yes	6	55	20	69	0	0	26	63.4	
Valid responses =	11	27	29	71	1	2	41	0.4	

Invalid responses include no response.

65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	3	100	0	0	3	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	3	100	0	0	3	0.0	

Invalid responses include no response.

65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Endometriosis

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	16	67	0	0	17	68.0	
2 Yes	0	0	8	33	0	0	8	32.0	
Valid responses =	0	0	24	96	0	0	25	0.3	

Invalid responses include no response.

65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gambling Disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Genital herpes

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1	50	0	0	0	0	2	18.2	
2 Yes	1	50	8	100	0	0	9	81.8	
Valid responses =	2	18	8	73	0	0	11	0.1	

Invalid responses include no response.

65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8	57	15	65	0	0	26	63.4	
2 Yes	6	43	8	35	0	0	15	36.6	
Valid responses =	14	34	23	56	0	0	41	0.4	

Invalid responses include no response.



65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2	15	7	29	0	0	9	24.3	
2 Yes	11	85	17	71	0	0	28	75.7	
Valid responses =	13	35	24	65	0	0	37	0.4	

Invalid responses include no response.

65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Hepatitis B or C

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	1	33	0	0	2	40.0	
2 Yes	1	100	2	67	0	0	3	60.0	
Valid responses =	1	20	3	60	0	0	5	0.1	

Invalid responses include no response.

65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High blood pressure (hypertension)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8	30	14	50	0	0	25	43.1	
2 Yes	19	70	14	50	0	0	33	56.9	
Valid responses =	27	47	28	48	0	0	58	0.6	

Invalid responses include no response.

65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	20	48	23	31	0	0	45	36.6	
2 Yes	22	52	52	69	0	0	78	63.4	
Valid responses =	42	34	75	61	0	0	123	1.3	

Invalid responses include no response.

65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

HIV or AIDS

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	1	100	1	100	0	0	3	100.0	
Valid responses =	1	33	1	33	0	0	3	0.0	

Invalid responses include no response.

65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1	20	13	19	0	0	16	21.3	
2 Yes	4	80	55	81	0	0	59	78.7	
Valid responses =	5	7	68	91	0	0	75	0.8	

Invalid responses include no response.

65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Insomnia

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3	100	6	75	0	0	10	83.3	
2 Yes	0	0	2	25	0	0	2	16.7	
Valid responses =	3	25	8	67	0	0	12	0.1	

Invalid responses include no response.



65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	8	57	25	58	0	0	39	61.9	
2 Yes	6	43	18	42	0	0	24	38.1	
Valid responses =	14	22	43	68	0	0	63	0.6	

Invalid responses include no response.

65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Migraine headaches

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	13	65	52	63	0	0	68	61.8	
2 Yes	7	35	31	37	1	100	42	38.2	
Valid responses =	20	18	83	75	1	1	110	1.1	

Invalid responses include no response.

65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3	100	3	100	0	0	7	100.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	3	43	3	43	0	0	7	0.1	

Invalid responses include no response.

65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	27	56	0	0	28	56.0	
2 Yes	0	0	21	44	0	0	22	44.0	
Valid responses =	0	0	48	96	0	0	50	0.5	

Invalid responses include no response.

65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	4	80	0	0	4	80.0	
2 Yes	0	0	1	20	0	0	1	20.0	
Valid responses =	0	0	5	100	0	0	5	0.1	

Invalid responses include no response.

65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Sleep Apnea

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	6	86	7	70	0	0	14	77.8	
2 Yes	1	14	3	30	0	0	4	22.2	
Valid responses =	7	39	10	56	0	0	18	0.2	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500

December 6, 2021
FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

www.acha.org

65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Thyroid condition or disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2	100	15	42	0	0	18	45.0	
2 Yes	0	0	21	58	0	0	22	55.0	
Valid responses =	2	5	36	90	0	0	40	0.4	

Invalid responses include no response.

65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	0	0	0	0	0	0.0	
2 Yes	0	0	0	0	0	0	0	0.0	
Valid responses =	0	0	0	0	0	0	0	0.0	

Invalid responses include no response.

65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2	100	0	0	0	0	2	66.7	
2 Yes	0	0	1	100	0	0	1	33.3	
Valid responses =	2	67	1	33	0	0	3	0.0	

Invalid responses include no response.

65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	0	0	5	56	0	0	5	45.5	
2 Yes	2	100	4	44	0	0	6	54.5	
Valid responses =	2	18	9	82	0	0	11	0.1	

Invalid responses include no response.

65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?
(only includes students with an ongoing or chronic condition)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not affect academic performance	1638	76	3231	71	15	63	4996	71.4	
2 Negatively impacted performance in a class	392	18	1104	24	8	33	1597	22.8	
3 Delayed progress towards degree	126	6	249	5	1	4	405	5.8	
Valid responses =	2156	31	4584	66	24	0	6998	71.8	

Invalid responses include no response.

66A) Within the last 12 months, have any of the following affected your academic performance?
Assault (physical)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	3454	98	5725	98	29	91	9462	97.8	
2 Did not affect academic performance	51	2	90	2	2	6	152	1.6	
3 Negatively impacted performance in a class	9	0	27	1	1	3	43	0.4	
4 Delayed progress towards degree	2	0	11	0	0	0	14	0.1	
Valid responses =	3516	36	5853	61	32	0	9671	99.3	

Invalid responses include no response.

66B) Within the last 12 months, have any of the following affected your academic performance?
Assault (sexual)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	3445	98	5575	95	30	97	9293	96.4	
2 Did not affect academic performance	43	1	191	3	1	3	249	2.6	
3 Negatively impacted performance in a class	13	0	58	1	0	0	79	0.8	
4 Delayed progress towards degree	3	0	17	0	0	0	24	0.2	
Valid responses =	3504	36	5841	61	31	0	9645	99.0	

Invalid responses include no response.



American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

December 6, 2021
 FREQUENCY REPORT
 Number of Surveys (n) = 9741 Web Surveys

66C) Within the last 12 months, have any of the following affected your academic performance?**Allergies**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	2561	73	3637	62	19	61	6369	66.2	
2 Did not affect academic performance	875	25	2015	35	9	29	3001	31.2	
3 Negatively impacted performance in a class	50	1	162	3	3	10	225	2.3	
4 Delayed progress towards degree	12	0	15	0	0	0	32	0.3	
Valid responses =	3498	36	5829	61	31	0	9627	98.8	

Invalid responses include no response.

66D) Within the last 12 months, have any of the following affected your academic performance?**Anxiety**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	1794	51	2029	35	13	41	3907	40.6	
2 Did not affect academic performance	1059	30	2286	39	11	34	3445	35.8	
3 Negatively impacted performance in a class	528	15	1296	22	7	22	1917	19.9	
4 Delayed progress towards degree	119	3	222	4	1	3	365	3.8	
Valid responses =	3500	36	5833	61	32	0	9634	98.9	

Invalid responses include no response.

66E) Within the last 12 months, have any of the following affected your academic performance?**Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	3168	90	5296	91	24	77	8700	90.1	
2 Did not affect academic performance	170	5	262	5	3	10	458	4.7	
3 Negatively impacted performance in a class	141	4	241	4	4	13	416	4.3	
4 Delayed progress towards degree	28	1	46	1	0	0	79	0.8	
Valid responses =	3507	36	5845	61	31	0	9653	99.1	

Invalid responses include no response.

66F) Within the last 12 months, have any of the following affected your academic performance?**Concussion or Traumatic Brain Injury (TBI)**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	3444	98	5704	98	30	97	9432	97.7	
2 Did not affect academic performance	48	1	87	2	1	3	146	1.5	
3 Negatively impacted performance in a class	14	0	46	1	0	0	64	0.7	
4 Delayed progress towards degree	5	0	9	0	0	0	16	0.2	
Valid responses =	3511	36	5846	61	31	0	9658	99.1	

Invalid responses include no response.

66G) Within the last 12 months, have any of the following affected your academic performance?**Depression**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	2291	65	3413	58	19	59	5825	60.3	
2 Did not affect academic performance	685	20	1326	23	7	22	2079	21.5	
3 Negatively impacted performance in a class	427	12	899	15	5	16	1406	14.6	
4 Delayed progress towards degree	113	3	206	4	1	3	352	3.6	
Valid responses =	3516	36	5844	60	32	0	9662	99.2	

Invalid responses include no response.

66H) Within the last 12 months, have any of the following affected your academic performance?**Eating disorder/problem**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	3281	94	5225	90	27	87	8762	90.9	
2 Did not affect academic performance	173	5	501	9	4	13	710	7.4	
3 Negatively impacted performance in a class	37	1	99	2	0	0	144	1.5	
4 Delayed progress towards degree	8	0	13	0	0	0	23	0.2	
Valid responses =	3499	36	5838	61	31	0	9639	99.0	

Invalid responses include no response.

66I) Within the last 12 months, have any of the following affected your academic performance?**Headaches/migraines**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	2675	76	3393	58	20	65	6252	64.9	
2 Did not affect academic performance	670	19	1849	32	6	19	2599	27.0	
3 Negatively impacted performance in a class	138	4	544	9	5	16	717	7.4	
4 Delayed progress towards degree	19	1	47	1	0	0	68	0.7	
Valid responses =	3502	36	5833	61	31	0	9636	98.9	

Invalid responses include no response.



American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

66J) Within the last 12 months, have any of the following affected your academic performance? Influenza or influenza like illness (the flu)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	3031	87	4848	83	26	84	8124	84.3
2 Did not affect academic performance	346	10	692	12	4	13	1072	11.1
3 Negatively impacted performance in a class	113	3	272	5	1	3	406	4.2
4 Delayed progress towards degree	12	0	23	0	0	0	35	0.4
Valid responses =	3502	36	5835	61	31	0	9637	98.9

Invalid responses include no response.

66K) Within the last 12 months, have any of the following affected your academic performance? Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	3129	89	5226	89	25	81	8611	89.2
2 Did not affect academic performance	316	9	499	9	5	16	845	8.8
3 Negatively impacted performance in a class	46	1	101	2	1	3	160	1.7
4 Delayed progress towards degree	14	0	21	0	0	0	37	0.4
Valid responses =	3505	36	5847	61	31	0	9653	99.1

Invalid responses include no response.

66L) Within the last 12 months, have any of the following affected your academic performance? PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	3473	99	3210	55	23	70	6894	71.4
2 Did not affect academic performance	28	1	2233	38	9	27	2330	24.1
3 Negatively impacted performance in a class	1	0	378	7	1	3	400	4.1
4 Delayed progress towards degree	0	0	25	0	0	0	29	0.3
Valid responses =	3502	36	5846	61	33	0	9653	99.1

Invalid responses include no response.

66M) Within the last 12 months, have any of the following affected your academic performance? Post Traumatic Stress Disorder (PTSD)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	3385	97	5436	93	28	90	9059	93.9
2 Did not affect academic performance	73	2	238	4	1	3	338	3.5
3 Negatively impacted performance in a class	27	1	130	2	2	7	180	1.9
4 Delayed progress towards degree	15	0	44	1	0	0	72	0.7
Valid responses =	3500	36	5848	61	31	0	9649	99.1

Invalid responses include no response.

66N) Within the last 12 months, have any of the following affected your academic performance? Short-term illness, excluding upper respiratory illness and influenza

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	3020	86	4622	79	26	81	7879	81.6
2 Did not affect academic performance	384	11	936	16	4	13	1368	14.2
3 Negatively impacted performance in a class	87	3	264	5	2	6	365	3.8
4 Delayed progress towards degree	13	0	22	0	0	0	38	0.4
Valid responses =	3504	36	5844	61	32	0	9650	99.1

Invalid responses include no response.

66O) Within the last 12 months, have any of the following affected your academic performance? Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	2618	75	3445	59	22	71	6252	64.8
2 Did not affect academic performance	723	21	1940	33	6	19	2749	28.5
3 Negatively impacted performance in a class	146	4	438	8	3	10	608	6.3
4 Delayed progress towards degree	17	1	27	1	0	0	46	0.5
Valid responses =	3504	36	5850	61	31	0	9655	99.1

Invalid responses include no response.

66P) Within the last 12 months, have any of the following affected your academic performance? Sleep difficulties

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	1993	57	2809	48	14	44	4924	51.0
2 Did not affect academic performance	991	28	2020	35	8	25	3103	32.1
3 Negatively impacted performance in a class	471	13	917	16	8	25	1463	15.1
4 Delayed progress towards degree	54	2	101	2	2	6	168	1.7
Valid responses =	3509	36	5847	61	32	0	9658	99.1

Invalid responses include no response.



American College Health Association
 8455 Colesville Road, Suite 740
 Silver Spring, MD 20910
 (410) 859-1500
www.acha.org

December 6, 2021
 FREQUENCY REPORT
 Number of Surveys (n) =

9741 Web Surveys

66Q) Within the last 12 months, have any of the following affected your academic performance?

Stress

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	1152	33	955	16	9	27	2161	22.4	
2 Did not affect academic performance	1517	43	2946	50	11	33	4579	47.4	
3 Negatively impacted performance in a class	706	20	1686	29	12	36	2505	25.9	
4 Delayed progress towards degree	134	4	262	5	1	3	417	4.3	
Valid responses =	3509	36	5849	61	33	0	9662	99.2	

Invalid responses include no response.

66R) Within the last 12 months, have any of the following affected your academic performance?

Other issue not previously reported

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Did not experience this issue	2733	98	4237	98	17	90	7162	97.7	
2 Did not affect academic performance	33	1	55	1	1	5	92	1.3	
3 Negatively impacted performance in a class	13	1	23	1	1	5	41	0.6	
4 Delayed progress towards degree	7	0	17	0	0	0	32	0.4	
Valid responses =	2786	38	4332	59	19	0	7327	75.2	

Invalid responses include no response.

67A) What sex were you assigned at birth?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Female	0	0	5882	100	15	63	6086	62.6	
2 Male	3538	100	0	0	9	38	3630	37.4	
3 Intersex	0	0	0	0	0	0	1	0.0	
Valid responses =	3538	36	5882	61	24	0	9717	99.8	

Invalid responses include no response.

67B) Do you identify as transgender?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3538	100	5882	100	13	93	9558	98.5	
2 Yes	0	0	0	0	1	7	149	1.5	
Valid responses =	3538	36	5882	61	14	0	9707	99.7	

Invalid responses include no response.

67C) Which term do you use to describe your gender identity?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Woman or female	0	0	5882	100	10	42	5949	61.2	
2 Man or male	3538	100	0	0	12	50	3577	36.8	
3 Trans woman	0	0	0	0	0	0	7	0.1	
4 Trans man	0	0	0	0	0	0	15	0.2	
5 Genderqueer	0	0	0	0	1	4	32	0.3	
6 My identity is not listed	0	0	0	0	0	0	22	0.2	
7 Agender	0	0	0	0	0	0	15	0.2	
8 Genderfluid	0	0	0	0	1	4	28	0.3	
9 Non-binary	0	0	0	0	0	0	69	0.7	
10 Intersex	0	0	0	0	0	0	3	0.0	
Valid responses =	3538	36	5882	61	24	0	9717	99.8	

Invalid responses include no response.

68) What term best describes your sexual orientation?

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Asexual (from write-ins)	6	0	45	1	0	0	64	0.7	
2 Bisexual	132	4	521	9	1	4	694	7.2	
3 Gay	243	7	7	0	2	7	264	2.7	
4 Lesbian	0	0	119	2	0	0	142	1.5	
5 Pansexual	12	0	90	2	0	0	130	1.3	
6 Queer	15	0	79	1	2	7	148	1.5	
7 Questioning	26	1	70	1	0	0	108	1.1	
9 Straight/Heterosexual	3078	87	4915	84	22	82	8100	83.6	
10 My identity not listed above	13	0	13	0	0	0	34	0.4	
Valid responses =	3525	36	5859	61	27	0	9684	99.4	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

69) How old are you?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	0	0	2	0	0	0	4	0.0
2 19 Years	0	0	2	0	0	0	3	0.0
3 20 Years	5	0	10	0	0	0	15	0.2
4 21 Years	50	1	92	2	1	4	147	1.5
5 22 Years	214	6	529	9	4	14	769	8.0
6 23 Years	388	11	775	13	2	7	1198	12.4
7 24 Years	380	11	714	12	1	4	1125	11.7
8 25 Years	380	11	609	10	3	11	1016	10.5
9 26 to 30 Years	1236	35	1757	30	11	39	3091	32.1
10 31 to 40 Years	652	19	907	16	4	14	1615	16.8
11 41 or More Years	200	6	433	7	2	7	648	6.7
Valid responses =	3505	36	5830	61	28	0	9631	98.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	28.36	27.00	6.54	20	71
Female	28.25	26.00	7.25	18	73
Overall	28.29	26.00	7.04	18	97

71) What is your weight in pounds?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	21	1	153	3	0	0	177	1.8
2 101 to 150 Pounds	764	22	3431	59	12	48	4312	45.0
3 151 to 200 Pounds	2006	57	1703	29	9	36	3827	39.9
4 201 to 250 Pounds	551	16	367	6	4	16	954	10.0
5 251 to 300 Pounds	114	3	116	2	0	0	241	2.5
6 301 or More Pounds	43	1	24	0	0	0	69	0.7
Valid responses =	3499	37	5794	60	25	0	9580	98.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Male	178.61	173.00	38.8	55	500
Female	150.49	142.00	37.69	52	401
Overall	161.25	155.00	40.81	52	500

72) What is your year in school?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	0	0	0	0	0	0	0	0.0
2 2nd year undergraduate	0	0	0	0	0	0	0	0.0
3 3rd year undergraduate	0	0	0	0	0	0	0	0.0
4 4th year undergraduate	0	0	0	0	0	0	0	0.0
5 5th year or more undergraduate	0	0	0	0	0	0	0	0.0
6 Master's (MA, MS, etc.)	1556	44	3225	55	17	35	4933	50.6
7 Doctorate (PhD, EdD, MD, JD, etc.)	1982	56	2657	45	31	65	4808	49.4
8 Not seeking a degree	0	0	0	0	0	0	0	0.0
9 Other (please specify):	0	0	0	0	0	0	0	0.0
Valid responses =	3538	36	5882	60	48	0	9741	100.0

Invalid responses include no response.

73) What is your enrollment status?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	3167	90	4939	84	38	91	8380	86.2
2 Part-time	335	10	885	15	3	7	1255	12.9
3 Other	29	1	48	1	1	2	82	0.8
Valid responses =	3531	36	5872	60	42	0	9717	99.8

Invalid responses include no response.

74) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2274	65	4689	80	26	65	7223	74.4
2 Yes	1252	36	1178	20	14	35	2481	25.6
Valid responses =	3526	36	5867	60	40	0	9704	99.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

75A1) How do you usually describe yourself? (Please select ALL that apply)

American Indian or Native Alaskan

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3504	99	5800	99	48	100	9620	98.8
1 Selected	34	1	82	1	0	0	121	1.2
Valid responses =	3538	36	5882	60	48	0	9741	100.0

Invalid responses include no response.

75A2) How do you usually describe yourself? (Please select ALL that apply)

Asian or Asian American

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	2457	69	4735	81	36	75	7462	76.6
1 Selected	1081	31	1147	20	12	25	2279	23.4
Valid responses =	3538	36	5882	60	48	0	9741	100.0

Invalid responses include no response.

75A3) How do you usually describe yourself? (Please select ALL that apply)

Black or African American

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3391	96	5518	94	46	96	9212	94.6
1 Selected	147	4	364	6	2	4	529	5.4
Valid responses =	3538	36	5882	60	48	0	9741	100.0

Invalid responses include no response.

75A4) How do you usually describe yourself? (Please select ALL that apply)

Hispanic or Latino/a/x

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3250	92	5389	92	46	96	8945	91.8
1 Selected	288	8	493	8	2	4	796	8.2
Valid responses =	3538	36	5882	60	48	0	9741	100.0

Invalid responses include no response.

75A5) How do you usually describe yourself? (Please select ALL that apply)

Middle Eastern/North African (MENA) or Arab Origin

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3453	98	5776	98	47	98	9541	97.9
1 Selected	85	2	106	2	1	2	200	2.1
Valid responses =	3538	36	5882	60	48	0	9741	100.0

Invalid responses include no response.

75A6) How do you usually describe yourself? (Please select ALL that apply)

Native Hawaiian or Other Pacific Islander Native

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3523	100	5874	100	47	98	9715	99.7
1 Selected	15	0	8	0	1	2	26	0.3
Valid responses =	3538	36	5882	60	48	0	9741	100.0

Invalid responses include no response.

75A7) How do you usually describe yourself? (Please select ALL that apply)

White

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1594	45	2033	35	27	56	3741	38.4
1 Selected	1944	55	3849	65	21	44	6000	61.6
Valid responses =	3538	36	5882	60	48	0	9741	100.0

Invalid responses include no response.

75A8) How do you usually describe yourself? (Please select ALL that apply)

Biracial or Multiracial

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3459	98	5694	97	44	92	9454	97.1
1 Selected	79	2	188	3	4	8	287	2.9
Valid responses =	3538	36	5882	60	48	0	9741	100.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

75A9) How do you usually describe yourself? (Please select ALL that apply)

Another Identity

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3434	97	5800	99	48	100	9546	98.0
1 Selected	104	3	82	1	0	0	195	2.0
Valid responses =	3538	36	5882	60	48	0	9741	100.0

Invalid responses include no response.

75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

Mexican, Mexican American, Chicano

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	192	67	346	70	2	100	548	68.8
1 Selected	96	33	147	30	0	0	248	31.2
Valid responses =	288	36	493	62	2	0	796	8.2

Invalid responses include no response.

75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

Puerto Rican

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	249	87	421	85	2	100	683	85.8
1 Selected	39	14	72	15	0	0	113	14.2
Valid responses =	288	36	493	62	2	0	796	8.2

Invalid responses include no response.

75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

Cuban

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	269	93	432	88	1	50	711	89.3
1 Selected	19	7	61	12	1	50	85	10.7
Valid responses =	288	36	493	62	2	0	796	8.2

Invalid responses include no response.

75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

Another Hispanic, Latino/a/x, or Spanish origin

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	143	50	255	52	1	50	408	51.3
1 Selected	145	50	238	48	1	50	388	48.7
Valid responses =	288	36	493	62	2	0	796	8.2

Invalid responses include no response.

75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

East Asian (for example: Chinese, Japanese, or Korean)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	534	49	450	39	4	33	1006	44.1
1 Selected	547	51	697	61	8	67	1273	55.9
Valid responses =	1081	47	1147	50	12	1	2279	23.4

Invalid responses include no response.

75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1007	93	1017	89	11	92	2063	90.5
1 Selected	74	7	130	11	1	8	216	9.5
Valid responses =	1081	47	1147	50	12	1	2279	23.4

Invalid responses include no response.

75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	623	58	832	73	9	75	1497	65.7
1 Selected	458	42	315	28	3	25	782	34.3
Valid responses =	1081	47	1147	50	12	1	2279	23.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) =

9741 Web Surveys

75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

Other Asian

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	1065	99	1131	99	12	100	2246	98.6
1 Selected	16	2	16	1	0	0	33	1.4
Valid responses =	1081	47	1147	50	12	1	2279	23.4

Invalid responses include no response.

76) What is your relationship status?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	1413	40	1962	33	17	41	3500	36.0
2 In relationship not married/partnered	1163	33	2348	40	14	33	3606	37.1
3 Married/partnered	954	27	1559	27	11	26	2607	26.8
Valid responses =	3530	36	5869	60	42	0	9713	99.7

Invalid responses include no response.

77A) Are you a member of a social fraternity or sorority?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3372	96	5559	95	40	98	9225	95.0
2 Yes	156	4	309	5	1	2	484	5.0
Valid responses =	3528	36	5868	60	41	0	9709	99.7

Invalid responses include no response.

77B) Do you live in a fraternity or sorority residence?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3515	100	5849	100	42	100	9671	99.5
2 Yes	17	1	22	0	0	0	46	0.5
Valid responses =	3532	36	5871	60	42	0	9717	99.8

Invalid responses include no response.

78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	516	15	494	8	2	5	1032	10.7
2 Parent/guardian/other family member's home	143	4	448	8	1	2	610	6.3
3 Off-campus/non-university housing	2796	80	4779	82	40	91	7836	81.1
4 Temporarily with relative, friend, couch surfing	8	0	16	0	1	2	26	0.3
5 Don't have a place to live	1	0	1	0	0	0	2	0.0
6 Other (please specify)	47	1	110	2	0	0	162	1.7
Valid responses =	3511	36	5848	60	44	0	9668	99.3

Invalid responses include no response.

79) What is your primary source of health insurance?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 College/university Health Insurance Plan	2009	57	2382	41	26	61	4526	46.6
2 Covered by parent/guardian plan	604	17	1562	27	9	21	2235	23.0
3 Covered by employer-based plan	565	16	1313	22	7	16	1938	19.9
4 Medicaid, Medicare, SCHIP, VA/Tricare	124	4	249	4	0	0	395	4.1
5 I bought a plan on my own	155	4	216	4	1	2	384	3.9
6 Don't have health insurance	59	2	126	2	0	0	195	2.0
7 Don't know if I have health insurance	6	0	9	0	0	0	18	0.2
8 Have insurance, don't know primary source	11	0	17	0	0	0	31	0.3
Valid responses =	3533	36	5874	60	43	0	9722	99.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

80) What is your approximate cumulative grade average?

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 A+	551	16	1041	18	6	14	1647	17.0	
2 A	1395	40	2525	43	18	43	4050	41.7	
3 A	737	21	1017	17	12	29	1814	18.7	
4 B+	370	11	559	10	2	5	957	9.9	
5 B	220	6	332	6	2	5	571	5.9	
6 B-	44	1	78	1	0	0	126	1.3	
7 C+	18	1	36	1	0	0	55	0.6	
8 C	20	1	13	0	1	2	35	0.4	
9 C-	4	0	2	0	0	0	7	0.1	
10 D+	0	0	0	0	0	0	0	0.0	
11 D	0	0	1	0	1	2	2	0.0	
12 D-	1	0	0	0	0	0	1	0.0	
13 F	0	0	0	0	0	0	2	0.0	
14 N/A	171	5	254	4	0	0	435	4.5	
Valid responses =	3531	36	5858	60	42	0	9702	99.6	

Invalid responses include no response.

81A) Do you participate in organized college athletics at any of the following levels?

Varsity

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3430	98	5754	99	35	100	9483	98.7	
2 Yes	55	2	68	1	0	0	129	1.3	
Valid responses =	3485	36	5822	61	35	0	9612	98.7	

Invalid responses include no response.

81B) Do you participate in organized college athletics at any of the following levels?

Club Sports

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3284	94	5652	97	32	94	9227	96.1	
2 Yes	197	6	160	3	2	6	371	3.9	
Valid responses =	3481	36	5812	61	34	0	9598	98.5	

Invalid responses include no response.

81C) Do you participate in organized college athletics at any of the following levels?

Intramurals

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	2955	85	5394	93	31	94	8628	90.1	
2 Yes	523	15	402	7	2	6	946	9.9	
Valid responses =	3478	36	5796	61	33	0	9574	98.3	

Invalid responses include no response.

82A) Do you have any of the following?

Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3268	93	5426	93	28	88	8941	92.3	
2 Yes	257	7	432	7	4	13	745	7.7	
Valid responses =	3525	36	5858	60	32	0	9686	99.4	

Invalid responses include no response.

82B) Do you have any of the following?

Autism Spectrum Disorder

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3491	99	5822	100	31	97	9597	99.3	
2 Yes	31	1	24	0	1	3	71	0.7	
Valid responses =	3522	36	5846	60	32	0	9668	99.3	

Invalid responses include no response.

82C) Do you have any of the following?

Deaf/Hearing loss

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	3433	98	5750	99	32	97	9473	98.1	
2 Yes	80	2	90	2	1	3	182	1.9	
Valid responses =	3513	36	5840	60	33	0	9655	99.1	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

82D) Do you have any of the following?

Learning disability

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3458	99	5708	98	30	94	9445	98.1
2 Yes	51	2	114	2	2	6	187	1.9
Valid responses =	3509	36	5822	60	32	0	9632	98.9

Invalid responses include no response.

82E) Do you have any of the following?

Mobility/Dexterity disability

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3495	99	5784	99	31	100	9563	99.0
2 Yes	21	1	58	1	0	0	94	1.0
Valid responses =	3516	36	5842	60	31	0	9657	99.1

Invalid responses include no response.

82F) Do you have any of the following?

Blind/Low Vision

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3463	99	5759	99	31	100	9513	98.5
2 Yes	53	2	80	1	0	0	142	1.5
Valid responses =	3516	36	5839	60	31	0	9655	99.1

Invalid responses include no response.

82G) Do you have any of the following?

Speech or language disorder

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3485	99	5811	100	30	94	9586	99.3
2 Yes	35	1	21	0	2	6	67	0.7
Valid responses =	3520	36	5832	60	32	0	9653	99.1

Invalid responses include no response.

83) Are you currently or have you been a member of the Armed Services?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3339	95	5781	99	32	94	9420	97.3
2 Yes, have served in area of hazardous duty	105	3	31	1	1	3	140	1.4
3 Yes, have not served in area hazardous duty	73	2	49	1	1	3	125	1.3
Valid responses =	3517	36	5861	61	34	0	9685	99.4

Invalid responses include no response.

84) What is the highest level of education completed by either of your parents (or guardians)?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	127	4	128	2	1	3	269	2.8
2 High school diploma or GED	349	10	612	10	4	11	993	10.2
3 Attended college but no degree	167	5	306	5	1	3	484	5.0
4 Associate's degree	208	6	456	8	0	0	679	7.0
5 Bachelor's degree	1116	32	2004	34	13	37	3211	33.1
6 Master's degree	995	28	1489	25	10	29	2566	26.5
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	549	16	850	15	6	17	1460	15.1
8 Don't know	16	1	19	0	0	0	37	0.4
Valid responses =	3527	36	5864	60	35	0	9699	99.6

Invalid responses include no response.

85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3125	89	5170	88	31	84	8580	88.4
2 Yes	401	11	701	12	6	16	1127	11.6
Valid responses =	3526	36	5871	60	37	0	9707	99.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021
FREQUENCY REPORT
Number of Surveys (n) = 9741 Web Surveys

HT_INCH Height in Inches

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	0	0	0	0	0	0.0
3 49 to 60 Inches	0	0	238	4	0	0	247	2.6
4 61 to 72 Inches	2708	78	5517	95	23	85	8477	88.8
5 73 to 84 Inches	752	22	33	1	3	11	811	8.5
6 85 or More Inches	3	0	5	0	1	4	9	0.1
Valid responses =	3463	36	5793	61	27	0	9544	98.0

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Male	0.02	0.01	0.04	0	0.38
Female	0.03	0.02	0.04	0	0.49
Overall	0.03	0.01	0.04	0	0.49

BAC Estimated Blood Alcohol Content

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	1444	53	2003	42	10	67	3563	46.4
1 .01 to .05% Alcohol	936	35	2064	44	3	20	3071	40.0
2 .06 to .07% Alcohol	123	5	257	5	0	0	390	5.1
3 .08 to .09% Alcohol	63	2	139	3	0	0	209	2.7
4 .10 to .15% Alcohol	105	4	203	4	1	7	320	4.2
5 .16 to .20% Alcohol	26	1	54	1	1	7	82	1.1
6 .21 to .25% Alcohol	4	0	13	0	0	0	17	0.2
7 .26 to .30% Alcohol	2	0	7	0	0	0	9	0.1
8 .31 to .49% Alcohol	3	0	6	0	0	0	10	0.1
Valid responses =	2706	35	4746	62	15	0	7671	78.7

Invalid responses include no response.

RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	2503	93	4324	91	13	87	7024	91.6
1 .08% or higher	203	8	422	9	2	13	647	8.4
Valid responses =	2706	35	4746	62	15	0	7671	78.7

Invalid responses include no response.

RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	2566	95	4463	94	13	87	7233	94.3
1 .1% or higher	140	5	283	6	2	13	438	5.7
Valid responses =	2706	35	4746	62	15	0	7671	78.7

Invalid responses include no response.

BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Male	25.41	25.00	4.98	7	62
Female	25.07	24.00	5.95	6	69
Overall	25.22	24.00	5.68	6	94

RBMI Body Mass Index Classifications

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	107	3	285	5	3	12	407	4.3
2 Desired weight (18.5- 24.9)	1692	49	3216	56	11	44	5043	53.1
3 Overweight (25- 29.9)	1191	35	1346	23	10	40	2610	27.5
4 Class I obesity (30- 34.9)	312	9	516	9	1	4	860	9.1
5 Class II obesity (35- 39.9)	101	3	222	4	0	0	340	3.6
6 Class III obesity (>=40)	52	2	170	3	0	0	232	2.4
Valid responses =	3455	36	5755	61	25	0	9492	97.4

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Male	1.26	0.00	1.87	0	6
Female	1.27	0.00	1.86	0	6
Overall	1.28	0.00	1.88	0	6

RUSDAFI USDA Food Security Category

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	377	11	607	11	10	25	1045	10.9
2 Low food security (2-4)	641	18	1149	20	6	15	1849	19.3
3 High or marginal food security (0-1)	2468	71	4037	70	24	60	6692	69.8
Valid responses =	3486	36	5793	60	40	0	9586	98.4

Invalid responses include no response.

KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Male	6.54	6.00	4.73	0	24
Female	6.95	6.00	4.67	0	24
Overall	6.86	6.00	4.73	0	24

RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-4)	1374	40	2075	36	13	36	3520	36.6
2 Moderate psychological distress (5-12)	1704	49	2992	51	22	61	4872	50.7
3 Serious psychological distress (13-24)	400	12	757	13	1	3	1215	12.6
Valid responses =	3478	36	5824	61	36	0	9607	98.6

Invalid responses include no response.

ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Male	5.07	5.00	1.84	3	9
Female	5.04	5.00	1.75	3	9
Overall	5.06	5.00	1.79	3	9

RULS3 Recoded UCLA Loneliness Scale

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	2074	59	3482	59	25	64	5712	58.9
2 Positive for loneliness (6-9)	1448	41	2378	41	14	36	3981	41.1
Valid responses =	3522	36	5860	60	39	0	9693	99.5

Invalid responses include no response.

SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Male	4.49	3.00	2.42	3	17
Female	4.70	3.00	2.55	3	18
Overall	4.68	3.00	2.58	3	18

RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	2946	84	4702	80	32	84	7836	81.0
2 Positive for suicidal screening (7-18)	570	16	1145	20	6	16	1837	19.0
Valid responses =	3516	36	5847	60	38	0	9673	99.3

Invalid responses include no response.

DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Male	46.14	48.00	8.08	8	56
Female	47.18	48.00	7.54	8	56
Overall	46.72	48.00	7.83	8	56

CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Male	6.21	6.00	1.49	0	8
Female	6.15	6.00	1.46	0	8
Overall	6.16	6.00	1.48	0	8



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) =

9741

Web

Surveys

SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Male	5.50	2.00	7.55	0	31
Female	3.55	0.00	6.37	0	31
Overall	4.47	2.00	7.01	0	31

TOBACCORISK ASSIST Tobacco Risk

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	871	61	1333	74	9	60	2270	68.0
2 Moderate Risk (4-26)	530	37	441	25	5	33	1019	30.5
3 High Risk (27-39)	23	2	22	1	1	7	48	1.4
Valid responses =	1424	43	1796	54	15	0	3337	34.3

Invalid responses include no response.

SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Male	7.41	6.00	5.98	0	39
Female	6.90	6.00	5.44	0	37
Overall	7.11	6.00	5.68	0	39

ALCOHOLRISK ASSIST Alcohol Risk

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	2101	78	3819	83	21	91	6111	81.0
2 Moderate Risk (11-26)	530	20	751	16	2	9	1323	17.5
3 High Risk (27-39)	53	2	55	1	0	0	114	1.5
Valid responses =	2684	36	4625	61	23	0	7548	77.5

Invalid responses include no response.

SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Male	3.99	2.00	6.3	0	39
Female	3.02	0.00	5.06	0	36
Overall	3.43	2.00	5.64	0	39

CANNABISRISK ASSIST Cannabis Risk

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	898	68	1762	73	8	57	2753	70.9
2 Moderate Risk (4-26)	399	30	635	26	5	36	1086	28.0
3 High Risk (27-39)	23	2	17	1	1	7	46	1.2
Valid responses =	1320	34	2414	62	14	0	3885	39.9

Invalid responses include no response.

SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Male	2.60	0.00	4.7	0	27
Female	1.69	0.00	3.73	0	26
Overall	2.16	0.00	4.36	0	31

COCAINERISK ASSIST Cocaine Risk

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	320	78	435	86	4	80	787	82.0
2 Moderate Risk (4-26)	90	22	72	14	0	0	170	17.7
3 High Risk (27-39)	2	1	0	0	1	20	3	0.3
Valid responses =	412	43	507	53	5	1	960	9.9

Invalid responses include no response.

SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Male	2.95	0.00	5.74	0	30
Female	1.15	0.00	2.24	0	7
Overall	2.31	0.00	5.08	0	30

METHRISK ASSIST Methamphetamine Risk

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	50	76	46	85	0	0	104	80.0
2 Moderate Risk (4-26)	15	23	8	15	1	100	25	19.2
3 High Risk (27-39)	1	2	0	0	0	0	1	0.8
Valid responses =	66	51	54	42	1	1	130	1.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Male	1.69	0.00	3.98	0	30
Female	0.55	0.00	1.53	0	6
Overall	1.37	0.00	3.79	0	30

INHALANTRISK ASSIST Inhalant Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Low Risk (0-3)	175	87	155	93	1	33	349	88.8	
2 Moderate Risk (4-26)	24	12	12	7	1	33	41	10.4	
3 High Risk (27-39)	2	1	0	0	1	33	3	0.8	
Valid responses =	201	51	167	42	3	1	393	4.0	

Invalid responses include no response.

SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Male	1.37	0.00	3.44	0	31
Female	1.52	0.00	3.42	0	27
Overall	1.52	0.00	3.62	0	31

RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Low Risk (0-3)	343	88	524	86	2	67	902	86.2	
2 Moderate Risk (4-26)	47	12	86	14	1	33	141	13.5	
3 High Risk (27-39)	1	0	1	0	0	0	3	0.3	
Valid responses =	391	37	611	58	3	0	1046	10.7	

Invalid responses include no response.

SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Male	1.85	0.00	4.11	0	30
Female	1.96	0.00	3.89	0	22
Overall	2.06	0.00	4.36	0	30

SEDATIVERISK ASSIST Sedative Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Low Risk (0-3)	194	84	313	79	2	67	527	80.5	
2 Moderate Risk (4-26)	36	16	81	21	1	33	125	19.1	
3 High Risk (27-39)	2	1	0	0	0	0	3	0.5	
Valid responses =	232	35	394	60	3	0	655	6.7	

Invalid responses include no response.

SSISHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Male	1.10	0.00	2.45	0	21
Female	0.69	0.00	1.84	0	15
Overall	0.98	0.00	2.63	0	31

HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Low Risk (0-3)	420	90	544	93	3	75	1013	91.3	
2 Moderate Risk (4-26)	47	10	39	7	1	25	95	8.6	
3 High Risk (27-39)	0	0	0	0	0	0	1	0.1	
Valid responses =	467	42	583	53	4	0	1109	11.4	

Invalid responses include no response.

SSISHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Male	2.85	0.00	5.55	0	24
Female	2.67	0.00	2.92	0	6
Overall	3.46	1.00	4.91	0	24

HEROINRISK ASSIST Heroin Risk

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Low Risk (0-3)	15	75	16	59	0	0	33	61.1	
2 Moderate Risk (4-26)	5	25	11	41	1	100	21	38.9	
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0	
Valid responses =	20	37	27	50	1	2	54	0.6	

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

SSISRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Male	1.10	0.00	2.75	0	22
Female	1.15	0.00	2.7	0	20
Overall	1.22	0.00	3.06	0	26

RXOPIOIDRISK ASSIST Opioid Risk

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	173	89	247	89	2	100	435	88.8
2 Moderate Risk (4-26)	21	11	30	11	0	0	55	11.2
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	194	40	277	57	2	0	490	5.0

Invalid responses include no response.

SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Male	5.66	2.00	9.28	0	39
Female	5.17	3.00	6.26	0	23
Overall	5.67	2.00	8.45	0	39

OTHERSSISRISK ASSIST Other Drug Risk

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	33	62	20	56	0	0	58	59.8
2 Moderate Risk (4-26)	18	34	16	44	0	0	36	37.1
3 High Risk (27-39)	2	4	0	0	0	0	3	3.1
Valid responses =	53	55	36	37	0	0	97	1.0

Invalid responses include no response.

PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Male	412.10	300.00	454.89	0	8000
Female	357.28	240.00	408.72	0	8200
Overall	375.99	260.00	425.8	0	8200

PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	973	28	1921	33	16	39	3014	31.3
2 Yes	2539	72	3904	67	25	61	6629	68.7
Valid responses =	3512	36	5825	60	41	0	9643	99.0

Invalid responses include no response.

PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1857	53	3486	60	27	66	5542	57.5
2 Yes	1655	47	2338	40	14	34	4100	42.5
Valid responses =	3512	36	5824	60	41	0	9642	99.0

Invalid responses include no response.

HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2227	63	4017	69	29	71	6472	67.1
2 Yes	1285	37	1807	31	12	29	3170	32.9
Valid responses =	3512	36	5824	60	41	0	9642	99.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Reference Group Data Report - Spring 2020

GRADUATE/PROFESSIONAL STUDENTS

American College Health Association
8455 Colesville Road, Suite 740
Silver Spring, MD 20910
(410) 859-1500
www.acha.org

December 6, 2021

FREQUENCY REPORT

Number of Surveys (n) = 9741 Web Surveys

The following questions about firearms were optional to add to the NCHA (n=12 schools)

86A) Do you have access to a gun/firearm?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	864	84.3	1228	83.7	11	91.7	2167	84
2 Yes	161	15.7	240	16.3	1	8.3	413	16
Valid responses =	1025	40	1468	57	12	0	2580	26.5

Invalid responses include no response or multiple responses.

86B) During the last 30 days, on how many days did you carry a gun/firearm on campus?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	998	99.7	1432	99.7	9	100	2511	99.7
2 1-2 days	0	0	1	0.1	0	0	1	0
3 3-4 days	0	0	0	0	0	0	0	0
4 5-30 days	3	0.3	3	0.2	0	0	7	0.3
Valid responses =	1001	40	1436	57	9	0	2519	25.9

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	0.03	0.00	0.72	0	20
Female	1.19	0.00	1.19	0	30
Overall	0.06	0.00	1.17	0	30

86C) To what extent are you concerned about gun violence on campus?

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all concerned	376	36.8	365	24.9	2	18.2	760	29.5
2 Slightly concerned	375	36.7	562	38.4	6	54.5	973	37.8
3 Moderately concerned	171	16.7	340	23.2	2	18.2	532	20.7
4 Very concerned	64	6.3	141	9.6	1	9.1	210	8.2
5 Extremely concerned	37	3.6	56	3.8	0	0	98	3.8
Valid responses =	1023	40	1464	57	11	0	2573	26.4