Quarantine
In Place

WHY
To slow the spread of the COVID-19. Because you have had contact with a person who has tested positive for COVID-19 or who has symptoms highly suspicious for COVID-19.

WHAT
➔ You should wear a mask if you are in common areas of your living space.
➔ You should seek advice by telephone rather than presenting to the doctor’s office.
➔ If you do leave your assigned living area for any reason you should wear a scarf or mask.
➔ Document your temperature and symptoms (cough or trouble breathing) twice a day and send a copy of that log to Student Health Services once a week.

ACTIVITY RESTRICTIONS
➔ You should NOT go out.
➔ You should NOT go out for walks.
➔ NO visitors.
➔ You should remain in your room.
➔ You should wear a mask or scarf if you are in common areas of your living space.
➔ You may NOT go to work, school, church/worship, public events, dining halls or group gatherings.
➔ You should seek advice by telephone rather than presenting to the doctor’s office.
➔ If you do leave your assigned living area for any reason you should wear a scarf or mask.

WHAT IF I HAVE SYMPTOMS?
If you have a fever > 100.4°F, cough, OR trouble breathing call Student Health Services at 315-228-7750. Mention that you are on quarantine and describe your symptoms.

If you cannot reach Student Health Services, contact Community Memorial Hospital at 315-824-1100. Ask for the Emergency Department. Tell them you are a Colgate student who has been on quarantine. Tell them about your symptoms. If you are having a medical emergency, call 911 and tell them your symptoms and that you been on quarantine due to COVID-19 exposure. If they recommend coming to the health center or the ER, contact campus safety, and tell them that you have been on quarantine and now need transport to the appropriate facility.