Isolation In Place

WHAT
Document your temperature and symptoms (cough or trouble breathing or others) twice a day and send a copy of that log to Student Health Services.

WHY
To slow the spread of the COVID–19 virus.

ACTIVITY RESTRICTIONS
➔ You may NOT go out.
➔ You may NOT go to work, school, church/worship, public events, dining halls or group gatherings.
➔ You may NOT go out for walks.
➔ NO Visitors.
➔ You should remain in your room.
➔ You should remain in your private room as much as possible and wear a scarf or mask when you are in common areas.
➔ You should seek advice by telephone rather than presenting to the Doctor’s office.
➔ If you do leave your assigned living area for any reason you should wear a scarf or mask.

WHAT IF I HAVE SYMPTOMS?
If you have fever > 100.4, cough, OR trouble breathing call Student Health Services at 315-228-7750. Mention that you are on quarantine and describe your symptoms.

If you cannot reach Student Health Services, contact Community Memorial Hospital at 315-824-1100. Ask for the Emergency Department. Tell them you are a Colgate student in isolation for positive COVID-19 or symptoms concerning for COVID19. Tell them about your symptoms.
If you are having a medical emergency, call 911 and that you are in isolation for positive COVID-19 or symptoms concerning for COVID19.
If they recommend coming to the health center or the ER, contact campus safety and tell them that you have been in isolation and now need transport to the appropriate facility.