



AMERICAN
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ACHA COVID-19 Update: March 10, 2021

These updates have been provided by ACHA's COVID-19 Task Force. Please forward this message to others on campus who may benefit. Non-members can subscribe to receive these and other messages [here](#). We will continue to update the [COVID-19 webpage](#) with important alerts and resources.

ACHA Updates

Last Chance to Register! Hot Topic: COVID-19 Variants—Which Ones Should We Worry About and How Do We Deal with Them?

Friday, March 12 at 3:00 pm-4:00 pm ET

Two expert infectious disease epidemiologists and a chief health officer will speak about COVID-19 variants, genomic sequencing, and the impact of variants on college campuses.

[Register here.](#)

Hot Topic: Commencement—Virtual, Hybrid, or In-Person? Public Health Considerations and Decision Making

Friday, March 26 at 3:00-4:00 PM ET

Come to our next free webinar and listen to three senior administrators/health center directors from a large university, a medium-sized university, and a public historically black college as they discuss the decision-making process, planning, and public health considerations for holding commencement activities.

[Register here.](#)

Recording Available! Let's Talk Campus Vaccines: Routine, COVID-19, and Everything in Between

Friday, March 5 at 3:00 pm-4:00 pm ET

Hosted by the American College Health Foundation with support from GlaxoSmithKline

Recorded on March 5, this webinar is a discussion on the state of vaccines on college and university campuses. This event will include expert perspectives on the anticipated rollout of the COVID-19 vaccines on college campuses, how the pandemic has affected routine vaccination and opportunities for catch up, and lessons learned from past infectious disease outbreaks that are applicable to the current moment. View the [recording](#) on ACHA's YouTube Channel.

CDC Updates

CDC Releases Guidance for People Who Are Fully Vaccinated

CDC has provided this [guidance for those who are fully vaccinated](#), defining what has and has not changed for people who are fully vaccinated. People are considered fully vaccinated:

- 2 weeks after their second dose in a two-dose series, like the Pfizer or Moderna vaccines, or

- 2 weeks after a single-dose vaccine, like Johnson & Johnson's Janssen vaccine

CDC notes that if it has been less than 2 weeks since receiving either the single-dose shot or the second dose of a two-dose series, you are NOT fully protected. Keep taking all [prevention steps](#) until you are fully vaccinated.

CDC also notes that "We're still learning how vaccines will affect the spread of COVID-19. After you've been fully vaccinated against COVID-19, you should keep taking [precautions](#) in public places like wearing a mask, staying 6 feet apart from others, and avoiding crowds and poorly ventilated spaces until we know more."

Data, Numbers, and Epidemiology

Emergence of B.1.526 in New York

CDC's [Science Update](#) from March 5 shares two reports describing the emergence of the B.1.526 variant in New York and the northeastern United States.

Prevention and Treatment

Prevent Epidemics Science Review: The Latest on COVID-19 Treatments

Prevent Epidemic's [Science Review](#) for February 22-March 6 features the article "The latest on COVID-19 treatments: evidence, approvals, guidelines and the implications of new variants."

Vaccines

The Ad Council Launches "It's Up To You" Campaigns to Educate Millions of Americans about COVID-19 Vaccines

Major brands, media companies, community-based organizations, faith leaders and other trusted messengers have [teamed up](#) to extend the reach of vaccine messages across all channels with a focus on Black and Hispanic communities, who have been hit hardest by the pandemic. Representing one of the largest public education efforts in U.S. history, more than 300 major brands, media companies, community-based organizations, faith leaders, medical experts and other trusted messengers are supporting the campaigns designed to reach distinct audiences. Created in close partnership with the Centers for Disease Control and Prevention (CDC), ensuring all "It's Up To You" messaging is rigorously vetted and backed by science, the campaigns urge audiences to visit [GetVaccineAnswers.org](#) ([DeTiDepende.org](#) in Spanish) to get the latest information about COVID-19 vaccines, with the ultimate goal of helping the public feel confident and prepared to get vaccinated once a vaccine is available to them.

See this series of tool kits from the Ad Council:

[Public Health Toolkit](#)

[Black Community Toolkit](#)

[Hispanic Community Toolkit](#)

[Black Faith Toolkit](#)

[Hispanic Faith Community Toolkit](#)

[Corporation/Employer Toolkit](#)

HHS Office of Minority Health to Offer Grants in Effort to Encourage COVID-19 Safety and Vaccination Among Underserved Populations

As part of President Biden's National Strategy for the COVID-19 Response and Pandemic Preparedness, the Administration is announcing an effort to invest \$250 million to encourage COVID-19 safety and vaccination

among underserved populations. The U.S. Department of Health and Human Services (HHS) Office of Minority Health (OMH) will offer the funding as health literacy grants to localities, who will partner with community-based organizations, to reach racial and ethnic minority, rural and other vulnerable populations. The new initiative – [Advancing Health Literacy to Enhance Equitable Community Responses to COVID-19](#) – is expected to fund approximately 30 projects in urban communities and 43 projects in rural communities for two years. Cities, counties, parishes or other similar subdivisions may apply for the funding.

Racial and ethnic minority populations experience higher rates of cases, hospitalizations and deaths related to SARS-CoV-2 infection. Social determinants of health, such as housing, education and work conditions, contribute to these disparities. Underlying chronic conditions, such as kidney disease, diabetes and obesity, are more prevalent among minority populations and increase the risk of severe COVID-19 illness.

OMH will be accepting applications for this new initiative through April 20, 2021.

College Campuses

A College President Worried About the Risk of Dorm Isolation. So He Moved In.

This New York Times [article](#) features Colonel Mark Anarumo, the president of Norwich University, a private military college in Vermont. In January, after ordering a lockdown on campus due to rapidly increasing cases of COVID-19, Dr. Anarumo was so concerned for the mental health of his students that he moved into one of the residence halls.

'Zoom Fatigue,' Gratitude, and Purring Cats: A Peek at Life During the Pandemic

The Chronicle of Higher Education [collected reader responses](#) to a series of questions related to the past year. Readers shared what they're sick of, what they've missed, and what has forever changed, for better or worse.

Mental Health

Webinar: It's OK Not to Be OK: Physician Burnout and Mental Health

Wednesday, March 24 at 2:00-3:00 PM ET

The National Institute for Health Care Management (NIHCM) Foundation presents this [webinar](#) with health care leaders who are working to reduce burnout in their industry and address challenges related to the pandemic.

Updated SAMHSA Training and Technical Assistance Related to COVID-19

SAMHSA is committed to providing regular training and technical assistance (TTA) on matters related to the mental and substance use disorder field as they deal with COVID-19. View the [updated available TTA resources](#).

National Study Shows Major Depression in Students

In this University Business [article](#), Dr. Sara Lipson, assistant professor at Boston University's School of Public Health and Associate Director of the Health Minds Network, discusses the recent Healthy Minds Study. The study had 33,000 participants at 36 institutions and was conducted during fall of 2020. The study reveals that:

- 13% of students have entertained thoughts of suicide.
- 23% have had non-suicidal self-injury episodes.
- 39% say they have experienced some type of depression.
- 34% say they have had some level of anxiety.

Lipson believes mental health initiatives around student well-being must be a "shared responsibility" driven by campus leaders "that extends well beyond the Counseling Center or the Help Center to every aspect of student life and academic life."

See all updates here: https://www.acha.org/ACHA/Resources/Topics/COVID-19_Update.aspx

ACHA COVID-19 Page: <https://www.acha.org/COVID-19>



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