



AMERICAN
COLLEGE
HEALTH
ASSOCIATION

ACHA COVID-19 Update: April 29, 2020

These updates have been provided by ACHA's COVID-19 Task Force. Please forward this message to others on campus who may benefit. Non-members can subscribe to receive these and other messages [here](#). We will continue to update the [COVID-19 webpage](#) with important alerts and resources.

ACHA Q&A Session: Public Health and College Health Working Together

Friday, May 1, 2020 at 3:00 pm EDT

Join ACHA for a discussion on the topic of Public Health and College Health Working Together on COVID-19. The webinar will include a brief discussion of ACHA's COVID-19 survey results, a state health department perspective on campus partnerships on COVID-19, and real-life examples of how campuses are working with their local and state health departments as they move towards reopening.

This hour-long session will allow time for questions from attendees. [Registration is required](#). If you are unable to attend, please do not register as capacity is limited. The Q&A session will be recorded and uploaded to ACHA's YouTube channel and will be available publicly. If you are unable to attend but have questions you'd like answered, feel free to submit your questions in advance [here](#).

CDC Updates COVID-19 Symptoms List

CDC expanded its list of possible [COVID-19 symptoms](#). Notable additions are chills, shaking with chills, anosmia, and dysgeusia.

Reopening Campus

- This Inside Higher Ed [article](#) provides guidance for administrators regarding immediate, medium, and longer term planning to brand, engage, retain staff, and salvage their campus as this pandemic's first wave ebbs.
- The coronavirus pandemic has left college leaders facing difficult decisions about when to reopen campuses and how to go about it. *The Chronicle* is [tracking individual colleges' plans](#).
- The Hastings Center frames reopening the nation [as more than a question of pure science and data](#) but one of values and ethics, stating that "science is indispensable in deciding how and when to reopen. We need to know about the epidemiology of the disease, how the virus works, and more. But deciding how to move forward is a decision about values, not just data."

NACUBO Business Continuity Plans

NACUBO (National Association of College and University Business Officers) has posted these [free checklists](#) to help college administrators streamline their planning and response efforts.

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FDA Cautions Against Outpatient Hydroxychloroquine/Chloroquine Use

FDA is concerned that hydroxychloroquine and chloroquine are being used inappropriately to treat non-hospitalized patients for coronavirus disease (COVID-19) or to prevent that disease. FDA authorized their temporary use only in hospitalized patients with COVID-19 when clinical trials are not available, or participation is not feasible, through an [Emergency Use Authorization \(EUA\)](#). These medicines have a number of side effects, including serious heart rhythm problems that can be life-threatening.

These concise [FDA recommendations](#) are ready to be placed directly into clinical protocols/guidelines.

NIH COVID-19 Treatment Guidelines

These [Treatment Guidelines](#) have been developed to inform clinicians how to care for patients with COVID-19. Because clinical information about the optimal management of COVID-19 is evolving quickly, these Guidelines will be updated frequently as published data and other authoritative information becomes available.

Currently there are no (FDA-approved drugs for COVID-19.

IDSA Recommendations for Easing Social Distancing

The Infectious Diseases Society of America has released recommendations [establishing guidelines for easing social distancing](#), which like other guidelines involve widespread testing and surveillance, contact tracing, isolation of those infected, scaled up health care capacity, and a vaccine or a cure.

Active Minds Survey: The Impact of COVID-19 on Student Mental Health

Active Minds [analyzed data from more than 3,000 student survey responses](#) and found that 80% or students stated their mental health has worsened in some way due to COVID-19, 20% of college students report that their mental health has significantly worsened due to the pandemic, and 55% of students do not know where to go to seek help for mental health struggles right now.

ONDCP Letter

The White House Office of National Drug Control Policy (ONDCP) provided [this letter](#) along with [a list of free virtual resources](#) to assist in the prevention and early intervention of substance abuse.

IHI Virtual Learning Hour Special Series: Quality Improvement, Epidemiology, and COVID-19

This pandemic has emphasized the importance of using sound quality improvement (QI) methods to deliver excellent, safe care to every patient, every time, while protecting the health care workforce. Put simply, this is the time for quality improvers to hone their skills such as rapid cycles of testing, adapting and deploying innovative practices, daily team huddles, critical strategic prioritization and deployment of resources, and more. Infectious disease expert, epidemiologist, and CDC alumnus, Dr. Don Goldmann reflects on the intersection of data-driven QI and epidemiology and helps us understand how these sciences contribute to each other in crafting an effective response in a time of crisis. IHI leaders offer their unique perspectives and insights on the importance of using improvement methods in trying times. [View the recording here](#).

See all updates here: https://www.acha.org/ACHA/Resources/Topics/COVID-19_Update.aspx

ACHA COVID-19 Page: <https://www.acha.org/COVID-19>