



AMERICAN  
COLLEGE  
HEALTH  
ASSOCIATION

## ACHA COVID-19 Update: April 22, 2020

*These updates have been provided by ACHA's COVID-19 Task Force. Please forward this message to others on campus who may benefit. Non-members can subscribe to receive these and other messages [here](#). We will continue to update the [COVID-19 webpage](#) with important alerts and resources.*

### User Resource Library Available

To aid campuses in their pandemic response, ACHA is making available to all college health and well-being professionals a selection of the [most popular user-contributed resources](#) in ACHA Connect, our online forum for members.

### In Development: Guidelines for Reopening Campuses

The ACHA COVID-19 Task Force has designated a subcommittee to draft guidelines for reopening campuses. Topics to be addressed include public health priorities and considerations, campus and health center preparation, testing and contact tracing, special populations, mental health considerations, and more. Look for these guidelines to be released in the coming weeks.

#### Other Resources Related to Reopening

##### Johns Hopkins Phased Reopening Guide for Governors

This [publication](#) from Johns Hopkins University offers guidance for assessing the risks of reopening specific businesses. In the chart on page 14, institutions of higher education are categorized “High Contact Intensity” and “High Number of Contacts” but also considered to have “High Modification Potential.” CDC and ACHA are listed in the “Mitigation” column as resources.

##### American College of Physicians Issues Statement on Essential Elements to Reopen

The American College of Physicians (ACP) released [a statement](#) in which they identified the following five elements necessary to safely ease COVID-19 restrictions: 1) widespread administration of a reliable method of testing for COVID-19; 2) an approach to scale up contact tracing; 3) sufficient workforce and supply capacity for testing, analysis, and follow-up; 4) personal protective equipment (PPE) for every frontline physician, nurse, or other professional health care worker; and 5) sufficient hospital, physician, and health system capacity to treat patients with the virus.

##### A Roadmap to Pandemic Resilience

Harvard University’s Edmond J. Safra Center for Ethics released "[Roadmap to Pandemic Resilience: Massive Scale Testing, Tracing, and Supported Isolation \(TTSI\) as the Path to Pandemic Resilience for a Free Society](#)," laying out how a massive scale-up of testing, paired with contact tracing and supported isolation, can rebuild trust in our personal safety and re-mobilize the U.S. economy.

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## **CPR Recommendations**

This [article](#) published in the journal *Circulation* provides interim guidance for performing basic life support (BLS) and advanced life support (ALS) in individuals suspected of COVID-19. Out of hospital cardiac arrest (OHCA) is the most relevant for our settings. Since many college health programs teach BLS to laypeople, page 5 may be of interest. Those health services that perform ALS must understand the risk of aerosolization if considering intubation.

## **COVID-19 Symptoms**

CDC added anosmia and dysgeusia to the [list of symptoms](#) associated with COVID-19.

## **APHA Resources**

APHA is speaking out for outbreak response funding and support and providing [COVID-19 resources](#) to help the public health community share science-based information with the public. These resources include topic areas on [equity](#) and [higher-risk populations](#).

## **PreventEpidemics.org Website**

[PreventEpidemics.org](#) by Resolve to Save Lives, an initiative of Vital Strategies, provides clear and concise country-level data on epidemic preparedness and the ability to find, stop, and prevent epidemics. The organization recently released [a new report](#) called “Box It In” on how public health can guide the way to box in the coronavirus with four essential actions.

## **CARES Act: Higher Education Emergency Relief Fund**

The U.S. Department of Education has provided [a list of dollars allocated to each university](#), including financial aid available to students, through the [CARES Act: Higher Education Emergency Relief Fund](#).

Listen to this podcast [Distributing \\$6.3 Billion in Emergency Aid for Students](#) from Inside Higher Ed.

## **Webinars and Podcasts**

### **ACHA Q&A Recording**

This Q&A session, recorded on April 17, 2020, covers ACHA’s COVID-19 work, updated COVID-19 clinical and testing data, the impact on communities of color, and considerations for the re-opening of campuses. View the recording [here](#).

### **COVID-19 Update: Preparedness and Response on U.S. College Campuses**

This recorded webinar from NFID includes a discussion on COVID-19 preparedness and response efforts on US college campuses. Co-sponsored by ACHA, this webinar addresses disease epidemiology and current U.S. guidance for college populations. View the recording [here](#).

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## **Re-Opening the Nation: What Values Should Guide Us?**

The Hastings Center hosted this online discussion of the ethical issues related to easing COVID-19 pandemic restrictions in the United States. As the nation weighs when and how to re-open the economy, we will need to build a new normal that leads with key values like public health, economic well-being, and respect for civil liberties. These values are often in tension with one another, or seen to be, but they can be successfully managed with forethought and sensitivity. View the recording [here](#).

## **Responding to COVID-19: A Science-Based Approach**

This webinar series from the American Public Health Association and the National Academy of Medicine explores the state of the science surrounding the current outbreak of COVID-19 in the United States and globally, with a focus on the emerging evidence on how to best mitigate its impact. The recorded webinars are available at <https://covid19conversations.org/>.

See all updates here: [https://www.acha.org/ACHA/Resources/Topics/COVID-19\\_Update.aspx](https://www.acha.org/ACHA/Resources/Topics/COVID-19_Update.aspx)

ACHA COVID-19 Page: <https://www.acha.org/COVID-19>