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MEETING AT A GLANCE

TUESDAY, MAY 28
Registration Opens
7:00 AM-6:00 PM
Pre-Conference Workshops
9:00 AM-12:00 PM
Tickets required
ACHA Leaders’ Lunch
12:00 PM-1:15 PM
Invitation only
Pre-Conference Workshops
1:30 PM-4:30 PM
Tickets required
Committee/Coalition Meetings
5:30 PM-6:30 PM
6:45 PM-7:45 PM
Open to all!

WEDNESDAY, MAY 29
Registration
7:00 AM-6:00 PM
Newcomers’ Orientation to ACHA
7:30 AM-8:45 AM
Presiders’/Facilitators’ Orientation
9:00 AM-9:45 AM
Opening General Session/
Keynote Address
10:00 AM-11:45 AM
Section Meetings
12:00 PM-1:15 PM
All members welcome and
encouraged to attend!
Student Orientation
12:00 PM-1:15 PM
Educational Programming
1:45 PM-3:15 PM
3:45 PM-5:15 PM
Exhibit Hall
3:00 PM-7:00 PM
Opening Reception with Exhibitors
5:00 PM-7:00 PM
Open Forum and Reports to
ACHA Board of Directors
5:30 PM-6:30 PM
Awards and Fellows Celebration Dinner
7:00 PM-9:00 PM

FRIDAY, MAY 31
School Spirit Day!
Show pride in your institution by
wearing something displaying your
school name, colors, or logo.
Registration
7:00 AM-3:45 PM
Continental Breakfast with Exhibitors
7:00 AM
Exhibit Hall
7:00 AM-10:30 AM
11:30 AM-4:00 PM
Posters
7:00 AM-4:00 PM
Educational Programming
8:00 AM-9:30 AM
10:00 AM-11:30 AM

THURSDAY, MAY 30
Registration
7:00 AM-3:45 PM
Continental Breakfast
7:00 AM
Posters
7:00 AM-4:00 PM
Educational Programming
8:00 AM-9:30 AM
Special Plenary Session
10:00 AM-11:30 AM
Affiliate Meetings
12:00 PM-1:15 PM
All members welcome and
encouraged to attend!
Educational Programming
1:45 PM-3:15 PM
3:45 PM-5:15 PM
Dorosin Memorial Lecture
12:00 PM-1:15 PM
Educational Programming
1:45 PM-3:15 PM
3:45 PM-5:15 PM
Assembly of Representatives
5:30 PM-6:30 PM

SATURDAY, JUNE 1
Registration
7:00 AM-11:00 AM
Continental Breakfast
7:00 AM
Educational Programming
8:00 AM-9:30 AM
Closing Presidential Session
10:00 AM-11:30 AM

CONTENTS
Acknowledgements............................7
Meeting Sponsors ............................9
General Information ..........................10
Presidential Citation ..........................16
Featured Events ..............................16
Information Sessions and
Other Events ..............................20
Wellness Activities ............................21
Future College Health Meetings ............22
Posters ...........................................24
Continuing Education Details ..............28
Schedule of Programs and Events ...........29
Hotel Floor Plans .............................40
Session Index .................................60
Presenters Directory ..........................66
Meeting Grid .................................78

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15.12.116.1 ACHA
We welcome you to Boston for the ACHA 2013 Annual Meeting, held in collaboration with New England College Health Association.

This national meeting offers you an extraordinary opportunity to earn continuing education credits/contact hours, get acquainted with professionals from across the country, and add to your expertise in student health.

As members of the college health community, we strive to provide high quality and effective health services and programs that advance the health of students and the campus community. Insurance, budgeting and funding, cultural competency, disease prevention, crisis management, and mental health matters are just some of the issues that we face daily in our practice and on campus. These topics and many others are being presented in more than 120 educational sessions and discussions at this meeting. The meeting has a special focus on integration of services as we honor the spirit of service and compassion that college health professionals continually demonstrate.

“Service to Others…Compassion for All” carries an even deeper meaning as we remember the recent Boston Marathon tragedy of April 15th, empathize with victims and families, and acknowledge the valiant service of first responders, the law enforcement community, and ordinary citizens who stepped forward during a time of greatest need.

Our meeting is being held at the award-winning Boston Marriott Copley Place, centrally located in the historic Back Bay district of the city and surrounded by shopping and dining options. Minutes away from historic Trinity Church and Boston Common, this downtown hotel in Boston is a perfect base for touring the city. We also want to acknowledge the responsiveness of staff at several surrounding hotels, who came through quickly with additional lodging rooms at the discounted conference rate as we watched our registration number soar to unprecedented heights! Thank you to our contacts at the Westin Copley Place, The Sheraton Boston Hotel, the Hilton Boston Back Bay, and The Boston Park Plaza Hotel & Towers.

We hope you have a great five jam-packed days of educational and networking opportunities in Boston!
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ACKNOWLEDGEMENTS

2013 PROGRAM PLANNING COMMITTEE

RESOLUTION OF POTENTIAL CONFLICTS OF INTEREST — PROGRAM PLANNING COMMITTEE

Program Planning Committee members have completed conflict of interest statements regarding relationships with commercial entities. Each of the 2013 Program Planning Committee members have reported no relevant financial conflicts of interest.

Program Planning Committee Chair
Chad Henderson, MBA, FACHA
University of Rhode Island

Program Planning Committee Chair-elect and Poster Chair
Susan Hochman, MPH, CHES
The University of Texas at Austin

ACHA President
Jenny Haubenreiser, MA, FACHA
Montana State University-Bozeman

ACHA President-Elect/Advisor on Student Issues
Pat Ketcham, PhD, CHES, FACHA
Oregon State University

ACHA Vice President/Leadership Development Advisor
Sarah Van Orman, MD, MMM, FACHA
University of Wisconsin-Madison

SECTION PROGRAM PLANNERS

Administration
Corita (Corie) Beckerman, MS
St. Cloud State University

Advanced Practice Clinicians
Deborah Frank, RN, MS, ANP-BC
Syracuse University

Clinical Medicine
Jessica Higgs, MD
Bradley University

Health Promotion
Joleen Nevers, MAEd, CHES, AASECT Certified
University of Connecticut

Mental Health
John Miner, MD
Williams College

Nurse-Directed Health Services
April Lehrling, RN-C
Southeastern Oklahoma State University

Nursing
Natalie Conner, MS, RN-BC
University of Washington

Pharmacy
Deborah Hubbell, RPh
University of Connecticut

Students/Consumers
Eduardo Galindo
University of Utah

AFFILIATE PROGRAM COORDINATOR

New England College Health Association
Program Planning Coordinator
Gerri Taylor, MS, APN, BC
Bentley University

ADVISORS

Advisor for American Academy of Family Physicians
Yvonne Mark, MD, MMS
Johns Hopkins University

Advisor for Social Workers
Drayton Vincent, LCSW, MSW, BCD
Louisiana State University

CONTINUING EDUCATION REVIEWERS

Chair, Continuing Education Committee and Chair, Continuing Medical Education Subcommittee
Nell Davidson, MD
Case Western Reserve University

Chair, Continuing Nursing Education Subcommittee
Kathy MacLachlan, MS, ANP-BC
Syracuse University (retired)

Chair, Continuing Psychology Education Subcommittee
Michael Malmon, PhD
Metropolitan State University of Denver

Chair, Continuing Education for Certified Health Education Specialists Subcommittee
Kathy Saichuk, MA, MCHES
Louisiana State University

Chair, Continuing Education for National Certified Counselors Subcommittee
Joy Himmel, PsyD, PMHCA, BC, LPC, NCC
Pennsylvania State University-Altoona

RESOLUTION OF POTENTIAL CONFLICTS OF INTEREST — PROGRAM PLANNING COMMITTEE

Program Planning Committee members have completed conflict of interest statements regarding relationships with commercial entities. Each of the 2013 Program Planning Committee members have reported no relevant financial conflicts of interest.

FELLOWS ADVISORY COMMITTEE

Jackie Ayers, PhD
Committee Co-Chair
University of Florida-Gainesville

Doreen Perez, MS, RN-BC
Committee Co-Chair
University of North Florida

John Dorman, MD
Stanford University

Alejandro Martinez, PhD
Stanford University

Ted Grace, MD, MPH
Southern Illinois University - Carbondale

Alan Glass, MD
Washington University in Saint Louis

AWARDS ADVISORY COMMITTEE

Deborah Mathis, MSN, CRNP
Committee Chair
University of Pennsylvania

Jean Hanson, RN
Duke University

Victoria Judd, MBA, MD
University of Utah

Evelyn Wiener, MD
University of Pennsylvania

Susan Milstein, CHES, EdD, MCHES, PhD
Montgomery College - Rockville

Joanne Steane, MD
University of Wyoming

Joleen Nevers, MAEd
University of Connecticut

Shannon Lengerich
DePaul University

CONFERENCE HOTELS

ACHA gratefully acknowledges our conference hotels for their outstanding accommodations.

Boston Marriott Copley Place
110 Huntington Avenue
Boston, MA 02116

The Westin Copley Place
10 Huntington Avenue
Boston, MA 02116

Sheraton Boston Hotel
39 Dalton Street
Boston, MA 02119

Hilton Boston Back Bay
40 Dalton Street
Boston, MA 02115

Boston Park Plaza Hotel & Towers
50 Park Plaza
Boston, MA 02116

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— Margaret E. Spear, MD
Treasurer, AAAHC
Director, Penn State University Health Services

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The Westin Copley Place
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A special thank you to the following ACHA affiliates for their contribution toward the musical entertainment and wellness events for this meeting.

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Ohio College Health Association
Pacific Coast College Health Association
Rocky Mountain College Health Association
Southern College Health Association
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As an ACHA registrant, your contact information is conveniently encoded into your badge. **With your permission only,** exhibitors may scan the QR code or manually input your badge ID number and they will be provided your name, degree, title, company, address, phone, and email address. **You may decline** having your badge scanned if you do not wish to share your information. Just like handing out your business card, when you provide your contact information to exhibitors you are granting them permission to communicate with you. You will be subject to their communications and privacy policies and must opt-out with them directly.

### GENERAL INFORMATION

#### WHERE TO GO FOR ASSISTANCE

| Association programs and services and research survey inquiries | Information Booth |
| Audio downloads for purchase | Conference Media Audio Sales Booth |
| Audio/visual equipment questions | Speaker Information Booth |
| Balance due inquiries | On-site Registration Booth |
| Boston dining and entertainment options and area attractions | Local Arrangements Table |
| Coalition/committee/task force sign-up sheets | Information Booth |
| Continuing education credits (learn how to apply) | Badge Pick-up Booth and Speaker Information Booth |
| Employment opportunities | Message Board |
| Lost and found | ACHA Store |
| Membership inquiries | Information Booth |
| Messages left for/by attendees | Message Board |
| Name badge assistance | On-site Registration Booth |
| National College Health Assessment inquiries | Information Booth |
| Open Forum sign up sheet | Information Booth |
| Presentation and/or handouts for web posting | Speaker Information Booth |
| Presider/Facilitator schedule | Speaker Information Booth |
| Products for purchase (denim shirts, men’s oxford shirts, t-shirts, publications, and umbrellas) | ACHA Store |
| Publications from ACHA (special publications, guidelines, and brochures — stop by for free copies!) | Information Booth |
| Register and pay for meeting (for those who did not pre-register) | On-Site Registration Booth |
| Registration Materials — pick up your tote bag, badge, program, etc. (for pre-registered attendees) | Badge Pick-Up Booth |
| Session handouts (drop off extras from sessions) | Speaker Information Booth |
| Social events planned by sections | Message Board |
| Tickets to specials events (for purchase) | On-Site Registration Booth |
| Local dining and entertainment options and area attractions | Local Arrangements Table |

### Badge Pick-Up Booth, Onsite Registration Booth, Information Booth, and ACHA Store Hours

- **Tuesday, May 28** 7:00 AM – 6:00 PM
- **Wednesday, May 29** 7:00 AM – 6:00 PM
- **Thursday, May 30** 7:00 AM – 3:45 PM
- **Friday, May 31** 7:00 AM – 3:45 PM
- **Saturday, June 1** 7:00 AM – 11:00 AM

#### Your Name Badge

You are required to wear the name badge included in your registration packet to gain admission to all annual meeting events, including the Exhibit Hall and the Diversity Reception. If you don’t have your name badge, you may not be granted entry to conference events.
Meeting Rooms and Capacity
The pre-registration numbers indicate a record attendance level for this annual meeting. While seating for meeting rooms has been maximized, rooms are expected to be filled at or near capacity. When attending a session or event, out of consideration for your fellow attendees, please ensure that you move as far forward and toward the center as possible to make seating available for your colleagues.

Welcome Spouses/Domestic Partners
Spouses/domestic partners who wish to participate in annual meeting events (including the Exhibit Hall and the Diversity Reception) must be registered. Those who wish to attend ticketed events must purchase a separate ticket for those functions. The spouse/domestic partner registration fee does not include continuing education credits or certificates of attendance.

Special Accommodations
We have requested attendees to identify any special needs through pre-registration. If you require special services to participate in the meeting, please stop by the registration area for information. All meeting rooms and restrooms in the meeting area are wheelchair accessible.

Cell Phones, PDAs, and Pagers
Out of courtesy to speakers and your fellow attendees, please turn off your cell phone, PDA, or pager or place it on vibrate during sessions. If you must answer a call during a session, please exit the room so as not to disrupt the presentation.

Speaker Ready Room
Room: Orleans, 4th floor
Presenters can preview their audio-visual materials on equipment set aside in the Speaker Ready Room. Equipment will be available on a self-serve basis during the following hours.

Tuesday, May 28
7:00 AM – 6:00 PM
Wednesday, May 29
7:00 AM – 6:00 PM
Thursday, May 30
7:00 AM – 6:00 PM
Friday, May 31
7:00 AM – 6:00 PM
Saturday, June 1
7:00 AM – 11:00 AM

Resource Tables
Visit the resource tables located in the Meeting Registration Area during the hours the ACHA Information Booth is open. Literature, posters, or extra speaker handouts can be
placed here. (Information promoting for-profit products or services may not be placed on these tables. Exhibitor materials are prohibited.) There will also be a table for affiliate information. Check back each day to see what’s new!

**Session Audio Downloads**
Audio downloads of most of the sessions will be available for purchase throughout the meeting and for a limited time thereafter. Look for ordering information in your registration packet or visit the Conference Media table in the Meeting Registration Area. Order onsite for savings of at least $5 per individual session and up to $100 for the entire set.

**Breakfasts and Refreshment Breaks**
Join your colleagues for complimentary refreshments at the indicated times and locations:

**WEDNESDAY, MAY 29**
3:15 PM – 3:45 PM
Refreshments and light snacks in the Third Floor Atrium Lounge and Salon Foyer (4th floor)

**THURSDAY, MAY 30**
7:00 AM
Continental Breakfast in the Salon Foyer and Third Floor Atrium Lounge
3:15 PM – 3:45 PM
Refreshments and light snacks in the Exhibit Hall
5:00 PM – 7:00 PM
Opening Reception with Exhibitors
Refreshments and light snacks in the Exhibit Hall

**FRIDAY, MAY 31**
7:00 AM
Continental breakfast with Exhibitors in the Exhibit Hall
3:15 PM – 3:45 PM
Refreshments and light snacks in the Exhibit Hall

**SATURDAY, JUNE 1**
7:00 AM
Continental breakfast in the Salon Foyer

**Cash Lunch Concessions**
The Boston Marriot Copley Place will offer cash lunch concessions according to the schedule below. If you purchased lunch vouchers they will be provided in your registration packet. There will be a designated line for those with vouchers; all others should go to the cash line.

**WEDNESDAY, MAY 29**
11:30 AM – 1:30 PM
Third Floor Atrium Lounge

**THURSDAY, MAY 30**
11:30 AM – 1:30 PM
Third Floor Atrium Lounge

**FRIDAY, MAY 31**
11:30 AM – 1:30 PM
Exhibit Hall

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GENERAL INFORMATION

Hotel Dining Options
The Boston Marriott Copley Place offers several dining options. Three distinctive restaurants satisfy every appetite and budget for great dining and entertainment. Outside the hotel and in the adjoining shopping malls there are many other nearby eating establishments; simply ask the hotel concierge for a recommendation to meet your needs.

Spa, Fitness Center, and Tennis Center
Hotel amenities include access to a fully equipped Health Club with a wide range of cardiovascular and weight training machines, an indoor heated pool, and whirlpool (complimentary for hotel guests only) and a variety of massage services (some fees may apply; please check with hotel concierge).

Business Center and Related Services
The hotel's onsite business center offers copying, fax, and an array of professional services (fees apply).

Internet Availability
The Boston Marriott Copley Place offers high-speed wireless internet in the 1st and 2nd floor public areas. Guest rooms are equipped with wired internet for a daily rate of $12.95 – $16.95 depending on bandwidth. The meeting space and Exhibit Hall will not have internet access.

ACHA Committee and Coalitions
Interested in finding out more about the work of ACHA's committees and coalitions? Committee and coalition meetings (held on Tuesday and Wednesday evenings) are open to all attendees, so feel free to stop in and hear about the latest developments in the field and the important work committee and coalition members are doing.

If you are an ACHA member interested in joining a committee, you should speak to the committee chair and ask him/her to include your name in their roster when it is submitted to the ACHA president for approval.

If you are an ACHA member interested in joining a coalition, you should log into your ACHA member profile and check off the coalition you are interested in joining. You can also stop by the ACHA Information Booth and add your name to the coalition sign-up sheet.

Nursing Mothers' Room
Room: MIT, 3rd floor
A private room has been provided to allow mothers to nurse small children in privacy without having to return to individual hotel rooms.

ANNUAL MEETING INFO GOES MOBILE!

Check out the new 2013 Meeting App! You can now retrieve and manage annual meeting information via your smartphone or tablet devices. This app will essentially be the final program in the palm of your hand. Here’s a brief overview of the features.

1. **General Info** – welcome message and hotel location
2. **Schedule** – full list of programming including sessions, meetings, and featured events, organized by day
3. **Exhibitors & Sponsors** – full list of exhibitors
4. **Featured Events** – locations, dates, and times for the Keynote Address, Diversity Reception, and more
5. **Attendee List** – full list of pre-registered attendees
6. **Maps** – Maps of the Boston Marriott meeting space, Exhibit Hall, and surrounding area
7. **My Schedule** – build your own custom schedule! Select the sessions you want to attend in the schedule section and click “Add to My Schedule.” You can set reminders as well!
8. **Twitter** – links to @ACHA_Tweets and #ACHA13. If you tweet at the meeting be sure to use #ACHA13!
9. **Facebook** – links directly to ACHA’s Facebook page
10. **Photo Album** – post your photos of the meeting! We will feature some of them on Facebook and Twitter.
11. **Feedback** – answer questions about your time in Boston
12. **To-do** – build your own custom to-do list

To get the ACHA 2013 Annual Meeting app first download the Guidebook app from m.guidebook.com or the appstore. Then go to download guides, redeem code, and type in “ACHA2013.” Then just tap the ACHA 2013 Meeting logo to launch.
Consistent with ACHA’s mission of advancing the health of college students and the campus community, we, the members of the association, gather at the annual meeting with invited guests to:

- Increase knowledge, update professional skills, and incorporate evidence-based guidelines and standards into college health practice in the following areas:
  - Assessment and planning
  - Health promotion
  - Clinical care
  - Mental health services
  - Leadership development
- Identify opportunities for collaboration and exchange of ideas among college health professionals, students, and leaders in higher education.

- Gain greater understanding of programs and environments that enhance health outcomes for college students and campus communities.
- Recognize the effect of diverse cultures and experiences on the health of individuals and communities.
- Promote integration of college health programs with the missions of the institutions we serve.
- Enhance ACHA’s role as a national advocate for policies that have a positive impact on the health of college students and campus communities.

Moreover, in keeping with the 2013 meeting theme of Service to Others, Compassion for All, and a focus on integration of health and wellness, we also gather to develop strategies for integrating services through collaboration, strategic alliance, and partnership across the continuum of the college experience by highlighting the common goal of student well-being and community health.
ACHA Community Service Project

As we eagerly look forward to an exciting and successful annual meeting in Boston, we share a sense of solidarity and oneness with the greater Boston community and call your attention to One Fund Boston, Inc., formed by Massachusetts Governor Deval Patrick and Boston Mayor Tom Menino to raise money to help those families most affected by the tragic events that unfolded during the Boston Marathon.

“We are one Boston. We are one community. As always, we will come together to help those most in need. And in the end, we will all be better for it,” Mayor Menino said.

If you would like to donate, please visit their website at www.onefundboston.org.
PRESIDENTIAL CITATION

IN MEMORY OF EDWARD M. KENNEDY (1932 – 2009)

Ted Kennedy was elected to the United States Senate in 1962. During his first term in office he made it known that he would champion accessible, affordable, quality health care for all Americans. In 1966 he introduced legislation for a national system of community health centers. In 1971 he became chairman of the Senate Health subcommittee and began his campaign for national health insurance and introduced the “Health Security Act,” reflecting his plan for a single-payer plan financed through payroll taxes. Again in 1974 he teamed with Representative Wilbur Mills to propose a compulsory national health insurance plan to be paid for by payroll taxes and general revenues. By 1986 he collaborated to win the passage of COBRA.

In 1996 he co-sponsored the Health Insurance Portability and Accountability Act (HIPAA), to protect workers from loss of coverage when changing jobs and to establish regulations to ensure confidentiality of protected health information. In 1997 he joined Senator Orin Hatch to provide health insurance to uninsured children through the State Children’s Health Insurance program (SCHIP), funded through an increase in cigarette taxes. From 2006 through 2008 he championed efforts to achieve non-partisan mental health parity through the partnership and collaboration of both government and industry.

On June 9, 2009, while dealing with his own significant health issues, he submitted the Affordable Health Choices Act, which was combined with the Capitol Hill efforts on health reform. In an article appearing in Newsweek he wrote: “For four decades I have carried this cause – from the floor of the United States Senate to every part of this country. It has never been merely a question of policy; it goes to the heart of my belief in a just society.”

As we meet here in his home state, the Commonwealth of Massachusetts, we recognize his monumental contributions to our American society for all generations. Through his enduring life he truly exemplified our 2013 theme: Service to Others, Compassion for All.

FEATURED EVENTS

OPENING GENERAL SESSION/KEYNOTE ADDRESS

Wednesday, May 29, 10:00 AM – 11:45 AM, Room: Salon A-K, 4th floor

This year’s keynote speaker is Howard Koh, MD, MPH, assistant secretary for health of the U.S. Department of Health and Human Services. A former commissioner of public health for the Commonwealth of Massachusetts, Dr. Koh was most recently the Harvey V. Fineberg professor of the practice of public health, associate dean for public health practice, and director of the Division of Public Health Practice at the Harvard School of Public Health (HSPH). At HSPH, he served as the Principal Investigator on multiple research grants related to community-based participatory research, cancer prevention, health disparities, tobacco control, and emergency preparedness. He also served as the director of the HSPH Center for Public Health Preparedness. In his address, “The Long-view of College Health: A National Focus on Disease Prevention, Health Promotion, and the Value of Creating Healthy Campus Environments,” Dr. Koh will discuss the role of the Office of the Assistant Secretary of Health in promoting the health and preventing disease among the nation’s young adult population, national efforts related to collegiate tobacco policies, and the impact of national prevention efforts in reducing the cost of health care at the national level.

Joining Dr. Koh will be Patricia Maguire Meservey, PhD, RN, president of Salem State University. President Meservey came to Salem State from Suffolk University, where she served as the first provost and academic vice president of that institution. Previously, she held several positions at Northeastern University and Boston University as both a faculty member and administrator. Dr. Meservey will be discussing the role of senior campus administration in creating health-promoting campus communities and how tobacco-free campus policies enhance the academic mission.
SERVICE to others… COMPASSION for all

FEATURED EVENTS

SPECIAL PLENARY SESSION
Thursday, May 30, 10:00 AM – 11:30 AM
Room: Salon E, F, and G, 4th floor

A new addition to the program this year will be a plenary session on Thursday morning from 10:00-11:30 am. Frances Harding, Director, Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration (SAMHSA) will present, “Collaborative and Integrated Practices in College Health: Building Strength Through Strategic Alliance.” This session will articulate the need for collaborative multidisciplinary approaches, including the creation of strategic alliances and integrated approaches among behavioral health, medical services, and health promotion.

DOROSIN MEMORIAL LECTURE
Friday, May 31, 12:00 PM – 1:15 PM
Room: Salon E and F, 4th floor
Sponsored by the American College Health Foundation Aetna Student Health Fund

At this year’s Dorosin Memorial Lecture, Carol Gilligan, PhD, MA, professor of law at New York University, will highlight and describe research illuminating some of the relationships and challenges college students currently face. In her address “The Relational World of College Students 2013,” she will show how and why at this particular developmental phase of early adulthood explorations and experimentation with relationships become integral to self and moral development, and how cultural constructions of gender can lead to a seeming loss of basic human capacities.

CLOSING PRESIDENTIAL SESSION
Saturday, June 1, 10:00 AM – 11:30 AM
Room: Salon E and F, 4th floor
Sponsored by the American College Health Foundation UnitedHealthcare Student Resources Fund

The speaker for the Closing Presidential Session, “Wellness and Renewal for the College Health Professional: Returning to What Matters,” will be Charles Hatem, MD (Harvard Medical School/Mount Auburn Hospital). Connecting to the meeting theme of Service and Compassion, this session addresses an often overlooked aspect of health: college health practitioner wellness. Stress and burnout are not isolated to college students — clinical and mental health providers, health promotion professionals, administrators, and student leaders face increasing responsibilities with fewer resources, while maintaining professional standards of practice and the highest quality of service. Applying principles of compassion, renewal, and self-care by returning to the core values, purpose, and meaning of college health enables better service to others.

ACHA LEADERS’ LUNCH
Tuesday, May 28, 12:00 PM – 1:15 PM
Room: Salon G, 4th floor
Invitation only

ACHA leaders are invited to an “ACHA Leaders’ Lunch,” so that the association can express a special thanks to its invaluable volunteer leaders for their selfless contributions in aiding ACHA to advance the health of college students. Invited leaders include current affiliate presidents and presidents-elect; section chairs, chairs-elect, program planners, and planners-elect; coalition/committee/task force chairs, the ACHA Board of Directors, ACHF Board of Directors, and the executive editors of the Journal of American College Health.
**FEATURED EVENTS**

**PRE-CONFERENCE WORKSHOP OFFERINGS**

**Tuesday, May 28, 9:00 AM – 12:00 PM**

Tickets required.

Back by popular demand, a limited number of pre-conference workshops will again be offered at the Annual Meeting. Pre-conference workshops differ from the 90-minute concurrent sessions in that they are intended to help participants enhance specific skill sets or train to acquire specific competencies appropriate to practice in their discipline.

**Boot Camp for New Directors**
Sarah Van Orman, MD, MMM (University of Wisconsin-Madison)

*Room: Salon H and I, 4th floor*

**Pharmacotherapy Update — Part 1: Selected Topics in Primary Care**
Margaret Charpentier, PharmD, BCPS, Celia MacDonnell, PharmD, and Kelly Orr, PharmD (University of Rhode Island College)

*Room: Salon A and B, 4th floor*

**Quality in College Health: Achieving AAAHC Accreditation**
Margaret Spear, MD (The Pennsylvania State University); Ray Grundman, MSN (Accreditation Association for Ambulatory Health Care)

*Room: Boylston, 1st floor*

**The Columbia Suicide Severity Rating Scale (C-SSRS): A Training Workshop**
Kelly Posner, PhD (Columbia University); Christopher Lucas, MD, MPH (New York University)

*Room: Tremont, 1st floor*

**Tuesday, May 28, 1:30 PM – 4:30 PM**

**Healthy Campus 2020: Connect, Collaborate, and Create**
Michelle Burcin, PhD, MPH, MCHES (Walden University); Allison Smith, MPA (New York University)

*Room: Salon C and D, 4th floor*

**Pharmacotherapy Update — Part 2: Selected Topics in Mental Health**
James Ellison, MD, MPH (Harvard Medical School)

*Room: Salon A and B, 4th floor*

**Public Health Emergency Preparedness and Response Exercise Workshop**
Paul Biddinger, MD, FACEP, and Benjamin Dauksewicz, MA (Harvard University)

*Room: Tremont, 1st floor*

**Strategies for Developing College Health-Specific Nursing Protocols and Policies: Expanding the Effort**
Kathleen MacLachlan, MS, ANP-BC (Syracuse University); Shari Shapleigh, BSN, FNP-C (Tompkins Cortland Community College); Kathleen Malara, MSN, FNP-BC (Fordham University); Dorothy Kozlowski, MSN, APN-C (Rutgers University)

*Room: Salon H and I, 4th floor*

**Supervision of Mental Health Trainees in a College/University Setting: Practical, Legal, and Ethical Issues**
Alan Siegel, EdD (Massachusetts Institute of Technology); Marla Eby, PhD (Cambridge Health Alliance); Paul Gitterman, LICSW, MSc, CGP (Williams College)

*Room: Boylston, 1st floor*

**DIVERSITY RECEPTION**

**Wednesday, May 29, 6:30 PM – 8:00 PM**

*Room: Salon F, 4th floor*

Enjoy appetizers while networking with your colleagues at this reception co-hosted by the Coalition of Allies for LGBT Health and the Ethnic Diversity Coalition. We’re planning a fun and informal atmosphere — complete with a Wii™ system, a station where you can have your photo taken and then make a frame to go with it — and lots more! It will truly be a time to relax and enjoy getting together with old and new friends!

**THE AWARDS AND FELLOWS CELEBRATION DINNER**

**Thursday, May 30, 7:00 PM – 9:00 PM**

*Room: Westin Hotel, 3rd floor, Staffordshire Ballroom*

Join us in honoring 2013 ACHA award recipients and fellows for their outstanding dedication to the association and contributions to the field.

*Tickets are required for the dinner. The event is open to all registered attendees; those not purchasing dinner tickets may sit in a pre-designated area but may not bring their own food due to hotel restrictions.*

**SCHOOL SPIRIT DAY!**

**Friday, May 31**

Show pride in your institution by wearing something displaying your school name, colors, or logo!
FEATURED EVENTS

POSTERS
Room: Salon Foyer, 4th floor
Posters are visual presentations of successful programs on a variety of campuses and will be displayed in the foyer between registration and the Grand Ballroom. Poster presenters will be available for discussion and questions during session breaks on Thursday, May 30, and Friday, May 31, from 7:00 AM – 4:00 PM.

We encourage you to spend time learning about the innovative research and programs being conducted around the country, as featured in the posters displayed at this year’s meeting. This is a great opportunity to ask questions, pick up handouts, get presenters’ contact information, etc. This is not a formal presentation; feel free to move from one poster to another. See page 24 for a list of poster titles.

HOURS FOR POSTERS
Thursday, May 30
7:00 AM – 4:00 PM
Friday, May 31
7:00 AM – 4:00 PM

EXHIBIT HALL
Room: Back Bay Conference and Exhibit Hall, 3rd floor
Take time to visit our busy Exhibit Hall on Thursday, May 30 and Friday, May 31! More than 85 exhibitors will display their health-related products and services. A detailed map of the hall and a list of exhibitors are included in your tote bag. Name badges required! If you don’t have your name badge, you will not be granted entry.

HOURS FOR EXHIBIT HALL
Thursday, May 30
3:00 PM – 7:00 PM
Friday, May 31
7:00 AM – 10:30 AM, 11:30 AM – 4:00 PM

OPENING RECEPTION WITH EXHIBITORS
Thursday, May 30, 5:00 PM – 7:00 PM
Join us in the Exhibit Hall for light refreshments. More than 85 exhibitors will be on hand to share the latest industry information.

ACHA RAFFLE DRAWING
Friday, May 31, 3:15 PM
Drawings will be held and announced Friday, May 31, at 3:15 PM in the Exhibit Hall. Winners will be listed at the ACHA Information Booth and contacted following the meeting. To participate, drop your raffle tickets (located on the sheet of tickets attached to your name badge) in the appropriate tumblers inside the Exhibit Hall no later than 2:45 PM on Friday.

You’ll have a chance to win:
- a free registration to ACHA’s 2014 Annual Meeting in San Antonio
- a free 2014 ACHA Individual Membership
- $50 savings toward your purchase of ACHA brochures.

Those who complete the Exhibits Visitor Card (included in your tote bag) will have a chance to win a Google Nexus 7 tablet.

BREAKFASTS, CASH LUNCHES, AND REFRESHMENT BREAKS
See page 12 for more details.
Thursday, May 30
3:15 PM – 3:45 PM
Refreshments and light snacks in the Exhibit Hall
Friday, May 31
7:00 AM
Continental breakfast with Exhibitors in the Exhibit Hall
11:30 AM – 1:30 PM
Cash Lunch Concessions
3:15 PM – 3:45 PM
Refreshments and light snacks in the Exhibit Hall

SEATED CHAIR MASSAGE
See page 21 for more details.
Thursday, May 30
3:00 PM – 7:00 PM
Friday, May 31
11:30 AM – 3:30 PM
INFORMATION SESSIONS AND OTHER EVENTS

COLLEGE HEALTH AND RELIGION: NETWORKING FOR CATHOLIC UNIVERSITIES
Tuesday, May 28, 5:30 PM – 6:30 PM
Room: Wellesley, 3rd floor
Understanding how religion impacts college health decisions can be a complex issue for students and health professionals. Join members from other Catholic universities to network and openly discuss how to navigate topics like sexual health while supporting the university’s religious mission.

COUNCIL FOR THE ADVANCEMENT OF STANDARDS (CAS) USERS GROUP MEETING
Wednesday, May 29, 5:30 PM – 6:30 PM
Room: Maine, 5th floor
Are you currently using CAS standards in your practice? Have you conducted an internal or external CAS review? What would you find particularly helpful in using CAS in your work? Join us for a discussion about using and applying the CAS standards in college health practice. Discussion led by Stacy Andes, EdD, ACHA’s CAS Alternate Liaison.

OPEN MEETING OF COMMUNITY COLLEGE CAMPUS HEALTH CENTERS
Wednesday, May 29, 5:30 PM – 6:30 PM
Room: New Hampshire, 5th floor
Open to all who work in, are directors of, or supervise community college health centers.

FAITH-BASED FELLOWSHIP
Thursday, May 30, 7:00 AM – 8:00 AM
Room: New Hampshire, 5th floor
Connect with fellow attendees from faith-based schools and/or individuals of faith to discuss resources and special interest issues. Feel free to bring your breakfast.

ACHA-NCDP INFORMATION SESSION
Thursday, May 30, 12:00 PM – 1:15 PM
Room: Vermont, 5th floor
ACHA and the National College Depression Partnership (NCDP) have launched an exciting joint quality improvement collaborative focused on supporting college health systems and clinicians in providing optimal depression care through the use of outcomes measurements and collaborative learning. Attend this informational session to learn more about participation in the project. Faculty and past participants in the program will be on hand to answer questions!

HEALTH PROMOTION SECTION RESEARCH COMMITTEE
Thursday, May 30, 12:00 PM – 1:15 PM
Room: Harvard, 3rd floor
The Health Promotion Section Research Committee provides research-related training and resources; technical assistance; recognition and support; and a forum for collaboration among college health promotion researchers and those interested in research and evaluation. Individuals who would like to learn more about the committee and current members are invited to bring their lunch for this meet and greet and discussion of upcoming committee projects.

HIPAA/HIM INFORMATION SESSION
Thursday, May 30, 5:30 PM – 6:30 PM
Room: Vermont, 5th floor
Bring your questions on HIPAA and health information management, electronic records, ICD-10, etc., as members of the ACHA HIPAA/HIM Coalition will be available in an informal setting to answer questions. Or just stop by to hear what others in college health are talking about.

2013 ASSEMBLY OF REPRESENTATIVES
Provide your input on association governance!
Friday, May 31, 5:30 PM – 6:30 PM, Room: Salon F, 4th Floor
If you are a qualified voting member of ACHA, you play a very important role in the governance of the association, and therefore, in the field of college health. Please plan to attend the Assembly of Representatives, which convenes during the 2013 Annual Meeting in Boston at the Boston Marriott Copley Place, and help shape the governance of ACHA by voting on recommended bylaws amendments.

You are a qualified voting member if you are a representative of a member institution (RMI), a section chair, a section chair-elect, a section designated representative, a member of the Board of Directors, or a past president of ACHA. All ACHA members are invited to attend the Assembly of Representatives, though only the members listed above are eligible to vote.

If you have not already reviewed the 2013 Assembly of Representatives Information Packet, which contains the recommended bylaws amendments, current ACHA Bylaws, and the Board of Directors approved Assembly of Representative minutes from the previous year, a copy is available for review at the ACHA Information Booth. The packet is also available on ACHA’s website at http://members.acha.org/members/Bylaws_Gov.cfm.
IMMERSE YOURSELF IN WELLNESS

We are again offering a variety of activities designed to enhance your sense of well-being. These activities provide a chance to challenge your physical and emotional self in the same way you stretch your intellectual muscles during educational sessions. So take a break from classroom learning and don’t be afraid to try something new! You’ll find that many of these relaxation and exercise techniques promoting wellness of body and mind can be passed on to students and colleagues back home.

Walk Your Way to Fitness – in Fifteen Minutes!
Thursday, May 30
9:30 AM – 10:00 AM
Thursday, May 30
3:15 PM – 3:45 PM
Friday, May 31
9:30 AM – 10:00 AM
Friday, May 31
3:15 PM – 3:45 PM
Room: Regis, 3rd floor
Even the busiest person can achieve fitness! This brief and fun walking workout will reenergize you between sessions, so join your colleagues and stretch out those leg muscles.

Seated Chair Massage
Thursday, May 30
3:00 PM – 7:00 PM
Friday, May 31
11:30 AM – 3:30 PM
Room: Exhibit Hall, 3rd floor
An onsite professional masseuse will administer this highly effective technique that provides an immediate sense of tranquility. Chair massage helps decrease stress symptoms, fatigue, muscle tightness, and tension in the neck, arms, and shoulders. (First come, first served.)

Boston Solidarity Run/Walk
Thursday, May 30
6:00 AM
Meet in the Marriott Lobby
Proudly wear your blue and yellow running gear or Boston Marathon apparel and show your support for the city of Boston while enjoying a nice run/walk through the Back Bay area. Your guides, Pat Ketcham, Susan Hochman, Michael McNeil, and Alicia Czachowski, will lead you around the Boston Commons and along the Charles River. Runners and walkers of all levels are encouraged to come out and join the fun! Maps of the route will be provided onsite.

Sunrise Yoga
Thursday, May 30
6:00 AM – 7:00 AM
Room: Regis, 3rd floor
Yoga can help improve balance, strength, and flexibility and reduce stress and tension. This basic yoga class is suitable for all levels. The instructor will show modifications for poses as needed. Please wear comfortable clothing and if you have a yoga mat, bring it. Towels will be provided.

This class will be led by Deirdre Neylon, MA, a certified fitness instructor who has been teaching classes in the Greater Boston area for 18 years. She currently teaches classes for students at Bentley University in Waltham, Massachusetts.

Zumba
Friday, May 31
5:30 PM – 6:30 PM
Room: Regis, 3rd floor
Ditch the workout and join this Latin-inspired, calorie-burning dance fitness party™! Come check out the Zumba phenomenon that’s moving millions of people towards joy and health! Participants should dress for exercise and have comfortable shoes. All fitness levels are welcome. Towels will be provided.

This class will be led by Leah Parker-Moldover. She has been taking Zumba classes for the past five years and completed the training to become a licensed instructor last fall. She currently teaches at Bentley University and the Longfellow Gym in Wayland, Massachusetts.

ballroom dance for over 30 years. He specializes in Latin/Caribbean dances and incorporates the historical and cultural aspects of each type of dance for his students.

Stretch and Strengthen
Friday, May 31
6:00 AM – 7:00 AM
Room: Regis, 3rd floor
This class combines yoga and fitness-based poses, stretches, and exercises to promote flexibility, strength, and balance while relieving stress and tension. Suitable for all levels. Please wear comfortable clothing and if you have a yoga mat, bring it. Towels will be provided.

This class will be led by Deirdre Neylon, MA, a certified fitness instructor who has been teaching classes in the Greater Boston area for 18 years. She currently teaches classes for students at Bentley University in Waltham, Massachusetts.

Latin Dance
Thursday, May 30
5:30 PM – 6:30 PM
Room: Third floor Atrium Lounge
Latin dance is great exercise - it’s fast, and it’s fun! Learn basic steps that can be done alone or with a partner, designed to get your feet moving and your heart racing to great Latin rhythms. No partner or experience necessary. Towels will be provided.

This class will be led by Guillermo Rivera-Pagan. He has been teaching
FUTURE COLLEGE HEALTH MEETINGS

2013

**Mid-America College Health Association**
Date: November 6-8, 2013
Location: Carbondale, IL
Contact: John Massie, PhD, ATC, L, jmassie@siu.edu

**Mid-Atlantic College Health Association**
Date: October 3-4, 2013
Location: Philadelphia, PA
Contact: Vanessa Stoloff, MD, vstoloff@exchange.upenn.edu

**New England College Health Association**
*Combined meeting with New York State College Health Association*
Date: November 6-8, 2013
Location: Burlington, VT
Contact: Julie Basol, julie@nechaonline.org
Website: www.NECHAonline.org

**New York State College Health Association**
*Combined meeting with New England College Health Association*
Date: November 6-8, 2013
Location: Burlington, VT
Contact: Julie Basol, julie@nechaonline.org
Website: www.NECHAonline.org

**North Central College Health Association**
Date: November 13-15, 2013
Location: Minneapolis, MN
Contact: Birdie Cunningham, cunn5603@stthomas.edu

**Pacific Coast College Health Association**
Date: November 3-6, 2013
Location: Sheraton Park Hotel, Anaheim Resort, CA
Contact: Michelle Laabs, Michelle.Laabs@cui.edu

**Rocky Mountain College Health Association**
Date: October 18-19, 2013
Location: Denver, CO
Contact: LaVerne Loechel, laverne.loehcel@ucdenver.edu

2014

**Central College Health Association**
Date: March 17-19, 2014
Location: Kansas State University, Manhattan, KS
Contacts: Cathy Barry, cabby@k-state.edu, and Julie Gibbs, jagg3933@k-state.edu

**Ohio College Health Association**
Date: April 4, 2014
Location: Columbus, OH
Contact: Kim Cullers, cullersk@kenyon.edu

**Southern College Health Association**
Date: March 13-15, 2014
Location: Atlanta, GA
Contact: Vladimir Oge, MPH, CHES, vladimir.oge@health.gatech.edu

ACHA ANNUAL MEETINGS

**2014: San Antonio, TX**
San Antonio Marriott Rivercenter and Riverwalk
May 27-31, 2014

**2015: Orlando, FL**
Orlando World Center Marriott
May 26-30, 2015

**2016: San Francisco, CA**
San Francisco Marriott Marquis
May 31-June 4, 2016

**2017: Austin, TX**
JW Marriott Austin
May 30-June 3, 2017

**2018: Washington, DC**
Washington Marriott Wardman Park
May 29-June 2, 2018

**2019: Denver, CO**
Sheraton Denver Downtown
May 28-June 1, 2019
Call for Programs and Posters

Join us for the ACHA 2014 Annual Meeting, May 27 – 31, at the San Antonio Marriott Rivercenter and Riverwalk for five days of networking, collaboration, and continuing education! Start planning now to be a presenter at the American College Health Association’s 2014 Annual Meeting. The Call for Programs and Posters process will be open in June at www.acha.org/AnnualMeeting14. The deadline to submit your program proposals for consideration for next year’s meeting is September 13, 2013.

Visit our website for submission forms and instructions. For more information, contact Kevin McGinnis at kmcginnis@acha.org or call (410) 859-1500, ext. 258.

www.acha.org/AnnualMeeting14
POSTERS

Posters are visual presentations of successful programs on a variety of campuses and will be displayed in the foyer between registration and the Salon on the 4th floor. Poster presenters will be available for discussion and questions during session breaks on Thursday, May 30, and Friday, May 31, from 7:00 AM – 4:00 PM.

P1. Diverse Student Counseling Systems in Japanese Universities: A Comparison with the U.S. System
Yumi Adachi, MA, and Hiroaki Yoshikawa, MD, PhD (Kanazawa University Health Service Center)

P2. Utilizing a Multidisciplinary Approach to Serve Student Health Needs within the Confines of an Islamic, Conservative Multicultural Community
Jumana Al-Abdi, MS, and Yezenia Cadena-Malek, RN, BSN, MSHE (Carnegie Mellon University in Qatar)

P3. Health Needs of Self-Identified and Behaviorally-Identified Bisexual College Students
Nicole Aydt Klein, PhD, CHES (Southern Illinois University Edwardsville)

P4. Does Daily Practice of Meditation or Coherent Breathing Influence Perceived Stress, Anxiety or Holistic Wellness in College Freshmen and Sophomores?
Nancy Baker, PhD, ANP-BC (Boston College)

P5. The Impact of Binge Drinking and Combat Exposure on the Academic Outcomes/Correlates of Military Personnel in College
Adam Barry, PhD (University of Florida); Shawn Whiteman, PhD (Purdue University)

Sandra Bentley, PharmD, Matt Loftin, and Adam Turbyfill (University of Mississippi)

P7. Evaluating Patient Satisfaction of a Public University’s Pharmacy Services
Michael Warren, PharmD, and Sandra Bentley, PharmD (University of Mississippi School of Pharmacy)

P8. Cultural Investigation: Health Education and Promotion for Jehovah’s Witnesses
Amanda Burke, BS, MA, CTRS (Kent State University)

P9. Sexual Behaviors and Contraceptive Use Among Students Attending Faith-Based Colleges and Universities
Scott Butler, PhD, MPH, Kathleen Ragan, BS and Lucia Caltabiano, BS (Georgia College and State University); Nicole Smith, MPH, CHES, CPH, and Vanessa Schick, PhD (Indiana University); Debby Herbenick, PhD, MPH (Center for Sexual Health Promotion, Kinsey Institute)

P10. Examining the Efficacy of Target-Population Specific Screening and Brief Intervention to Address Alcohol Abuse Among College Students
M. Dolores Cimini, PhD, Estela M. Rivero, PhD, and Karen L. Sokolowski, PhD (University at Albany, State University of New York)

P11. Collegiate Hookah Waterpipe Use: Urgent Need for Prevention, Cessation, and Control Measures
Maria De Borba-Silva, DrPH, MPH (Crafton Hills College)

P12. Our Bodies, Our Minds: A Community College Basic Skills English, Health, and Counseling Learning Community
Maria De Borba-Silva, DrPH, MPH, and Aja Henriquez, EdD (Crafton Hills College)

P13. Compassion for All: Investigating High Risk Drinking Practices Among Unaffiliated College Students
John Finneran, PhD, Margaret Smith, EdD, MLADC, and Marjorie Droppa, PhD, MSc (Keene State College)

P14. University Healthcare Providers as Partners in Transition of Childhood Cancer Survivors
Ronald Forehand, MD, FAFP (University of Georgia); Maureen Olson, MD, FACEP (Georgia Institute of Technology); Michael Huey, MD (Emory University); Brian DeLoach, MD (Georgia Southern University); Sharon Rabinovitz, MD (Georgia State University); Leslie Cottrell, MD, FAFP (University of West Georgia)

P15. Health/Counseling Center Merger Result in Increased Service Utilization
Deborah Gibson, PhD, MCHES, Shannon Deal, MSN, BSN, Jennifer Hart, LMSW, and Cara Williams (University of Tennessee at Martin)

P16. The 13 Years Trend of Smoking Rate and Its Determinants in Post-Graduate Students in Japan
Takio Hayashi, MD, PhD (Japan Advanced Institute of Science and Technology)
P17. Student Leadership Development Within a Student Health Advisory Committee to Foster the Healthy Collegiate Experience
Darlene Nguyen and Suchith Vuppala (The University of Texas at Austin)

P18. Quitters Mobile: Developing a Smoking Cessation Program for Smartphones to Help Members of a Newly Tobacco-Free Campus Quit Smoking
Jessica Hughes Wagner, MPH, MCHES, and Blake Grugett, BFA, MA (The University of Texas at Austin)

P19. Peer-Facilitated, Online, Academic Courses that Enhance Students’ Wellness-Related Knowledge, Attitudes, and Behaviors
Jerri Kjolhaug, MPH, BS (University of Minnesota)

P20. The Special Needs of the Long Term Traveler
Joan Lantz, RN, and Christine Contillo, BS, BSN (Columbia University)

P21. Integrating Evidence-Based Alcohol Risk Reduction Practices and Intervention Services: Operationalizing the Institute of Medicine Protractor
Qiao Ming (Mandy) Li, MPH, and Stephanie Lake, MEd, CATC (University of California, Davis)

P22. Healthcare Transition: Empowering Young Adults with Disabilities to Take Charge of Their Health
Susan McNamee, RN, BSN (Loyola University Chicago Wellness Center); Ingrid Thompson, RN, BSN IL/NCSN (Northern Suburban Special Education District)

P23. Leveraging Technology to Support Comprehensive Health Promotion Programs
Michael McNeil, EdD, CHES, FACHA (Columbia University)

P24. Developing an Interactive Healthy Campus Map
Michael McNeil, EdD, CHES, FACHA, and Amanda Daugherty, MPH (Columbia University)

P25. The Neurocognitive Profile as a Tool in Assessing Student Needs, Developing Motivation and Metacognition, and Improving College Retention
Brian Mistler, PhD, and Jamie Molnar, MAppSc (Ringling College of Art and Design)

P26. Building a Sustainable Nurse-Managed Student Health Clinic System Through Faculty Practice and EHR Technology Integration
Julie Nolvak, DNSc, RN, CPNP, FAANP (University of Texas Health Science Center San Antonio)

P27. Assessing College Students’ Perception of a Health Care Model Implementing Telehealth
Denise Orell, MSN, APN, FNP-BC, and Tyke Hanisch, DNP, APRN, FNP-BC (Brandman University)

P28. Providing a Comprehensive Travel Health Nurse Visit
Anne Patey, MSN, BSN (Boston University)

P29. Marshaling the Power of Community to Prevent Suicide: A Competency-Based College Campus Approach
Jennifer Petro, PsyD, Sharon Mendes, MS, Cynthia Walsh, WHNP-BC, and Kate Zona, MA (University of Connecticut)

P30. Stress and Coping Behaviors Among Undergraduate and Graduate Students
Brandy Reeves, MPH, CHES, Joanne Brown, DNP, APRN, WHNP, FNP, CTTS, and Melinda Ickes, MEd, PhD (University of Kentucky)

P31. A Multidisciplinary Approach to Management of Staph Infections on a College Campus
Rosalinda Rossow, MSN, RN, FNP-BC (University of Texas-Pan American)

P32. Implementation and Evaluation of a University Health Service Depression Screening Program
Patricia Ruiz, DNP, APN (Seton Hall University)

P33. Assessing the Prevalence and Impacts of Visual Impairment on a University Community
Suha Saleh, MT, PhD, and Yara Asi, MA (University of Central Florida)

P34. Process and Results from the University of North Carolina Needs Assessment of Sexual Health: A Survey of Sexual Health Behavior, Knowledge, Awareness and Preferences Among a Representative Student Sample
Diana Sanchez, MPH, Jenifer Zanzonico, MPH, and Nadya Belenky, BA (University of North Carolina at Chapel Hill)

P35. Process and Evaluation of Condom Dispenser Mapping at the University of North Carolina Chapel Hill
Diana Sanchez, MPH, Jenifer Zanzonico, MPH, and Nadya Belenky, BA (University of North Carolina at Chapel Hill)
P36. Programming Strategies for Supporting College Students with Autism Spectrum Disorders
Matthew Segall, PhD (Emory University School of Medicine)

P37. Communicating About Suicide: What’s Helpful? What’s Dangerous? Using Safe and Effective Messaging to Promote Campus Mental Health and Prevent Suicide
Kerri Smith, LCSW, MPH, Linda Langford, ScD, and Adam Chu, MPH (Suicide Prevention Resource Center)

P38. State University of New York-Cortland Goes Tobacco-Free: Development of a Campus Policy
Alan Sofalvi, PhD, Devin Coppola, MD, and Catherine Smith, MSED, MCHES (State University of New York-Cortland)

P39. Fostering a Rapid HIV Testing Program to Reach At-Risk College Students
Jason Spitzer, MPH, and Merrill Lovezzo, BA, BS (University of California, Davis)

P40. Mild Traumatic Brain Injury: A Proposal for Guidelines in Student Health
Chris Tollefson, BSN, MSN, and Shirley Dinkel, PhD, MSN (Washburn University)

P41. A 5 Year Retrospective Study by Arizona State University Evaluating the Effectiveness of Provider Education on the Management of Skin and Soft Tissue Infections: Implementing CDC Guidelines
Dorothy Trimmer, FNP, BC MSN, RN, and James Li, BA (Arizona State University)

P42. Rattler Wellness: A New Approach to Wellness Programming at Florida A&M University
Akimi Walker, MS, EdS, and Tanya Tatum, MHA (Florida A&M University)

P43. Rowan University Medical Needs Shelter 2011 Hurricane Irene Evacuation
Scott Woodside, MSN, MBA, RN, and Karen Bozar Ovalle, MSN, APRN (Rowan University)

Mayumi Yamamoto, MD, PhD, MBA (Gifu University); Hiroaki Yoshikawa, MD, PhD (Kanazawa University Health Service Center)

P45. BASICS: Moving Towards a Hybrid Model for Brief Alcohol Intervention for High Risk College Students
Jenifer Zanzonico, MPH, Nadya Belenky, BA, and Natalie Rich, BA (The University of North Carolina at Chapel Hill)

P46. Tobacco-Free Campus Initiative at Arizona State University
Justin Zeien (Arizona State University)

P47. The Advocacy Initiative: Connecting Sexual Assault Victims to Resources for Improved Outcomes
Brooks Zitzmann, MSW, MSt, and Alicia Bourque, PhD (Loyola University New Orleans)
Student healthcare is a challenging issue for Colleges and Universities. It’s no secret that healthcare costs are on the rise. In fact, costs have more than doubled from 1999 to 2012, and experts are forecasting another large hike in 2013.

The Department of Health and Human Service Revised Regulations give you the power and control to deliver cost effective Self-Funded Student Health Plans. Roundstone’s College Med allows institutions to reduce administrative costs and gain control over their health care spend.

College Med is:

- **TURNKEY:** Including everything you need to gain control and improve wellness.
- **EFFECTIVE:** Self funding insurance reduces expense and controls cost increases.
- **PROVEN:** 30% savings experienced by groups with 100% return of collateral contribution.
CONTINUING EDUCATION

CONTINUING EDUCATION KEY

CME identifies the CE credit hours available to physicians and physician assistants
AAFP-P identifies the Prescribed credit hours available to members of the American Academy of Family Physicians
CNE identifies the CE contact hours available to nurses
Note: Pharmacology credits, when available, are listed after the total number of contact hours (e.g. CNE:1.5/.75)
CHES identifies the CE contact hours available to Certified Health Education Specialists
MCHES identifies the advanced-level contact hours available to Master Certified Health Education Specialists
PsyCE identifies the CE credit hours available to psychologists
NBCC identifies the NBCC approved clock hours available to national certified counselors
NASW identifies the CE credit hours available to social workers
ACPE identifies the CE credit hours available to pharmacists

ACHA guards against discrimination in selecting faculty or participants for continuing education activities, and makes every effort to maintain awareness of individual differences with respect to the following, listed in alphabetical order: age; gender identity, including transgender; marital status; physical size; psychological/physical/learning disability; race/ethnicity; religious, spiritual, or cultural identity; sex; sexual orientation; socioeconomic status; veteran status. Faculty are chosen for their expertise to meet specific needs of trainees and their availability. Faculty and participants are not asked to identify any sensitive information and no selection is made on the basis of the individual differences listed above.

This annual meeting provides numerous opportunities for physicians, physician assistants, nurses, nurse practitioners, health educators, psychologists, counselors, social workers, and pharmacists to earn continuing education credits.

- The American College Health Association (ACHA) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.
- ACHA designates this live activity for a maximum of 27.5 AMA PRA Category I credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- ACHA is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.
- ACHA designates this educational activity for a maximum of 27.5 contact hours.
- ACHA is approved by the American Psychological Association to sponsor continuing education for psychologists. ACHA maintains responsibility for this program and its content. This program has been awarded 27.5 hours of continuing education for psychologists.
- Sponsored by ACHA, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 27.5 total Category I continuing education contact hours. Maximum advanced-level contact hours available are 27.5.
- ACHA is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for sessions that meet NBCC requirements. Sessions for which NBCC-approved clock hours will be awarded are identified in this program. The ACEP is solely responsible for all aspects of the program.
- This program is approved by the National Association of Social Workers (Approval #866508715-1685) for 27.5 Social Work continuing education contact hours.
- This live activity, ACHA 2013 Annual Meeting, Service to Others, Compassion for All, with a beginning date of 05/28/13, has been reviewed and is acceptable for up to 27.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- ACHA Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician’s Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.
- The University of Maryland School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The 2013 ACHA Annual Meeting consists of 24.0 hours (2.4 CEU) of knowledge-based continuing education targeted to pharmacists in college health ambulatory clinic settings. Participants may earn a maximum of 22.5 hours (2.25 CEUs) of pharmacy continuing education credit.

DISCLOSURES

It is the policy of ACHA to insure balance, independence, objectivity, and scientific rigor in all its individually sponsored or joint-sponsored educational programs. All faculty participating in any ACHA-sponsored programs are expected to disclose to the program audience:

1) Any relationship between speakers and commercial entities
2) Discussion of off-label uses of medications and/or devices
3) Any limitations in data cited

To receive continuing education credit/contact hours, participants are required to:
1) sign in at the Registration Booth upon arrival at the meeting
2) attend each session for which credit is requested in its entirety
3) complete the online session evaluation

ACHA’s accredited status does not imply endorsement of any commercial products displayed in conjunction with this activity by ACHA or by any accrediting body listed on this page.
## Special Events and Information

**7:00 AM – 6:00 PM**
*Registration*
*Room: Grand Foyer, 4th Floor*

**12:00 PM – 1:15 PM**
*ACHA Leaders’ Lunch (invitation only)*
*Room: Salon G, 4th floor*
See Featured Events on page 18 for more information.

**5:30 PM – 6:30 PM**
*College Health and Religion: Networking for Catholic Universities*
*Room: Wellesley, 3rd floor*
Understanding how religion impacts college health decisions can be a complex issue for students and health professionals. Join members from other Catholic universities to network and openly discuss how to navigate topics like sexual health while supporting the university’s religious mission.

## Meetings

**7:30 AM – 9:00 AM**
BS581. *Annual Meeting Program Planners Training Session*
*Room: Salon C, 4th floor*
Section program planners for the 2013, 2014, and 2015 ACHA annual meetings are encouraged to attend.

**5:30 PM – 6:30 PM**
BS529. *Continuing Nursing Education Subcommittee*
*Room: MIT, 3rd floor*
BS530. *Continuing Education for Certified Health Education Specialists Subcommittee*
*Room: Harvard, 3rd floor*
BS531. *Continuing Psychology Education Subcommittee*
*Room: Suffolk, 3rd floor*
BS532. *Continuing Education for National Certified Counselors Subcommittee*
*Room: Brandeis, 3rd floor*
BS535. *Mid-Atlantic College Health Association Executive Committee*
*Room: Vermont, 5th floor*
BS539. *Ohio College Health Association Executive Committee*
*Room: Maine, 5th floor*
BS540. *Pacific Coast College Health Association Executive Committee*
*Room: New Hampshire, 5th floor*
BS548. *Mental Health Section Executive Committee*
*Room: Vineyard, 4th floor*
BS551. *Pharmacy Section Executive Committee*
*Room: Yarmouth, 4th floor*
BS558. *Benchmarking Advisory Committee*
*Room: St. Botolph, 2nd floor*

BS560. *Alcohol, Tobacco, and Other Drugs Coalition*
*Room: Boylston, 1st floor*
BS563. *Emerging Public Health Threats and Emergency Response Coalition*
*Room: Tremont, 1st floor*
BS566. *Healthy Campus Coalition*
*Room: Salon A and B, 4th floor*
BS568. *Sexual Health Education and Clinical Care Coalition*
*Room: Salon C and D, 4th floor*
BS570. *Student Health Insurance/Benefits Plans Coalition*
*Room: Salon H and I, 4th floor*
BS572. *Bylaws Committee*
*Room: Massachusetts, 5th floor*
BS575. *College Health Nursing Competencies Recognition Task Force*
*Room: Boston University, 3rd floor*
BS576. *Cultural Competency Skills Building Task Force*
*Room: Connecticut, 5th floor*
BS555. *JACH Executive Editors’ Meeting*
*Room: Columbus I and II, 1st floor*

**6:45 PM – 7:45 PM**
BS550. *Nursing Section Executive Committee*
*Room: Columbus I and II, 1st floor*
BS564. *Ethnic Diversity Coalition*
*Room: Salon C and D, 4th floor*
BS562. *Coalition of Allies for LGBT Health*
*Room: Salon A and B, 4th floor*
BS577. *Data Collecting Software Selection Task Force*
*Room: Tremont, 1st floor*

**6:45 PM – 9:30 PM**
BS537. *New England College Health Association Executive Committee*
*Room: Boylston, 1st floor*

## Committee/Coalition Meetings

**5:30 PM-6:30 PM and 6:45 PM-7:45 PM**
*Open to all!*

Interested in finding out more about the work of ACHA’s committees and coalitions? Committee and coalition meetings (held on Tuesday and Wednesday evenings) are open to all attendees, so feel free to stop in and hear about the latest developments in the field and the important work committee and coalition members are doing. If you are interested in joining an ACHA committee or coalition, see page 13.
Tuesday Pre-Conference Workshops

Tickets are required for all pre-conference workshop offerings, which are open to all registered meeting attendees (excluding spouses/partners).

1. **TU1-221. Boot Camp for New Directors**
   - **Room:** Salon A and B, 4th floor
   - **CME:** 3.0  **AAFP-P:** 3.0  **CNE:** 3.0  **CHES:** 3.0  **MCN:** 3.0  **NASH:** 3.0
   - **PsyCE:** 3.0  **MPA:** 3.0
   - **After this session attendees should be able to:**
     1. Describe the transition from direct care provider to the role of health service director.
     2. Identify strategies for sharpening communication and leadership skills.
     3. Define key financial concepts.
     4. Outline key management skills.
     5. Define key concepts in quality improvement.
   - **Presenter(s):** Sarah Van Orman, MD, MMM, FACHA (University of Wisconsin-Madison); Brooke Durland, MD (Rochester Institute of Technology); Jessica Higgs, MD (Bradley University); Charley Bradley, BPS, RNBC, FACHA (Dartmouth College)
   - **Presider:** John Vaughn, MD (The Ohio State University)
   - **Facilitator:** Beth Wichman, MD (University of Texas-San Antonio)

2. **TU1-355. Pharmacotherapy Update — Part I: Selected Topics in Primary Care**
   - **Room:** Salon A and B, 4th floor
   - **CME:** 3.0  **AAFP-P:** 3.0  **CNE:** 3.0  **ACPE:** 3.0  **UAN:** 0025-9999-13-026-L01-P
   - **After this session attendees should be able to:**
     1. Describe the pathogenesis for the conditions to be discussed: headaches, common dermatologic conditions, and management of respiratory problems.
     2. Differentiate between common vs. acute clinical manifestations for each condition.
     3. Discuss the clinical assessment of each condition.
     4. Identify treatment options for each condition.
   - **Presenter(s):** Margaret Charpentier, PharmD, BCPS, Celia MacDonnell, PharmD, and Kelly Orr, PharmD (University of Rhode Island College of Pharmacy)
   - **Presider:** Deidre Younger, RPh, MS (University of Maryland)
   - **Facilitators:** Sheryl Gamble, RPh, CPh, MBA (University of Central Florida); Joy Himmel, PsyD, PMHON-BC, LPC, NCC (Pennsylvania State University-Altoona); Deborah Mathis, CRNP (University of Pennsylvania); Anita Barkin, DrPH, MSN, CRNP (Carnegie Mellon University)

3. **TU1-152. Quality in College Health: Achieving AAAHC Accreditation**
   - **Room:** Boylston, 1st floor
   - **CME:** 3.0  **AAFP-P:** 3.0  **CNE:** 3.0  **CHES:** 3.0  **PsyCE:** 3.0  **ACPE:** 3.0  **UAN:** 0025-9999-13-027-L01-P
   - **After this session attendees should be able to:**
     1. List the benefits of achieving accreditation.
     2. Describe the actions necessary to prepare for initial accreditation and for re-accreditation.
     3. Describe the accreditation survey process.
     4. List the core standards that apply to all organizations seeking accreditation.
     5. Describe the adjunct standards that may apply to various organizations.
   - **Presenter(s):** Margaret Spear, MD (The Pennsylvania State University); Roy Grandman, MSN, MPA (Accreditation Association for Ambulatory Health Care)
   - **Presider:** Beverly Kloepell, MD, MBA (University of New Mexico)
   - **Facilitator:** Yvonne Mark, MD (Johns Hopkins University)

4. **TU1-300. The Columbia Suicide Severity Rating Scale (C-SSRS): A Training Workshop**
   - **Room:** Tremont, 1st floor
   - **CME:** 3.0  **AAFP-P:** 3.0  **CNE:** 3.0  **CHES:** 3.0  **PsyCE:** 3.0  **MPA:** 3.0
   - **After this session attendees should be able to:**
     1. Define different levels of suicide risk.
     2. Describe the method of administering the C-SSRS.
     3. Differentiate suicidal behaviors and levels of ideation.
   - **Presenter(s):** Kelly Posner, PhD (Columbia University College of Physicians & Surgeons); Christopher Lucas, MD, MPH (New York University)
   - **Presider:** Eleanor Davidson, MD, MBA (Case Western Reserve University)
   - **Facilitator:** Keith Anderson, PhD (Rensselaer Polytechnic Institute)

5. **TU2-250. Healthy Campus 2020: Connect, Collaborate, and Create**
   - **Room:** Salon C and D, 4th floor
   - **CME:** 3.0  **AAFP-P:** 3.0  **CNE:** 3.0  **CHES:** 3.0  **PsyCE:** 3.0  **MPA:** 3.0  **ACPE:** 3.0  **UAN:** 0025-9999-13-027-L01-P
   - **After this session attendees should be able to:**
     1. Describe the general principles of Healthy Campus 2020.
     2. Describe the action model using an ecological and social determinants approach.
     3. Identify key considerations for developing a Healthy Campus initiative.
   - **Presenter(s):** Michelle Burcin, PhD, MPH, MCHES (Walden University); Allison Smith, MPA (New York University)
   - **Presider:** Kathryn Steward, MPH, MCHES (Western Kentucky University)
   - **Facilitator:** April Lehrling, RN-C (Southeastern Oklahoma State University)

6. **TU2-356. Pharmacotherapy Update — Part II: Selected Topics in Mental Health**
   - **Room:** Boylston, 1st floor
   - **CME:** 3.0  **AAFP-P:** 3.0  **CNE:** 3.0  **CHES:** 3.0  **MCHES:** 3.0  **PsyCE:** 3.0  **MPA:** 3.0  **ACPE:** 3.0  **UAN:** 0025-9999-13-027-L01-P
   - **After this session attendees should be able to:**
     1. List the major classes of psychotropic medications, their indications, and major side effects.
     2. List some of the medication treatment options for each major psychiatric disorder.
     3. Describe how co-administered drugs can interact with each other for the benefit or detriment of treatment.
   - **Presenter(s):** James Ellison, MD, MPH (Harvard Medical School)
   - **Presider:** Mark Reed, MD (Dartmouth College)
   - **Facilitators:** Margaret Higham, MD (Tufts University); Deborah Hubbel, RPh (University of Connecticut); Deborah Mathis, CRNP (University of Pennsylvania); Anita Barkin, DrPH, MSN, CRNP (Carnegie Mellon University)

Web Posting of Presentation and Presenter Handouts

Ask the speakers at the presentations you attend to submit their materials for ACHA website inclusion. Attendees can download the materials from [www.acha.org/AnnualMeeting13](http://www.acha.org/AnnualMeeting13) after July 1. This is particularly helpful when speakers run out of handouts at the meeting.
Tuesday Pre-Conference Workshops

Tickets are required for all pre-conference workshop offerings, which are open to all registered meeting attendees (excluding spouses/partners).

1:30 PM – 4:30 PM (cont.)

7 TU2-213. Public Health Emergency Preparedness and Response Exercise Workshop
Room: Tremont, 1st floor
CME:3.0  AAFP-P:3.0  CNE:3.0  CHE:3.0  MCHES:3.0
PsyCE:3.0  NBCC:3.0  NASW:3.0
After this session attendees should be able to:
1. Explain the basics of exercise design, conduct, and evaluation.
2. Explain the steps involved with holding a tabletop exercise at a college or university and provide participants tools to create their own exercises.
3. Identify key stakeholders and personnel who should be involved in emergency preparedness and response to an emerging public health threat.
4. Describe the importance of an all-hazards approach to emergency preparedness.
Presenter(s): Paul Biddinger, MD, FACEP, and Benjamin Dauksewicz, MA (Harvard School of Public Health)
Presider: Brenda Johnston, RN, MSN (Oklahoma City University)

8 TU2-249. Supervision of Mental Health Trainees in a College/University Setting: Practical, Legal, and Ethical Issues
Room: Boylston, 1st floor
CME:3.0  AAFP-P:3.0  CNE:3.0/.40  PsyCE:3.0  NBCC:3.0  NASW:3.0
After this session attendees should be able to:
1. Identify legal issues of mental health supervision.
2. Discuss the ethical complexities of dual relationships in supervision.
3. Identify the practical problems of trainees providing clinical care in a college setting.
Presenter(s): Alan Siegel, EdD, and Simon Lejeune, MD (Massachusetts Institute of Technology); Marla Eby, PhD (Cambridge Health Alliance); Paul Gitterman, LICSW, MSc, CGP (Williams College)
Presider: John Miner, MD (Williams College)
Facilitator: Michael Malmon, PhD (Metropolitan State College of Denver)

The ACHA-Patient Satisfaction Assessment Service (ACHA-PSAS) gauges patient satisfaction and provides insight into the quality and performance of a college or university health service. Participation in the ACHA-PSAS has many benefits! As a patient satisfaction measurement tool, it can help your health service support accreditation, track performance over time, compare results to other institutions nationwide, and provide results 24/7.

Want to participate in this innovative service?
Complete information, including sample surveys, pricing and order forms, and a user’s manual, is available at www.acha.org/ACHA-PSAS
Questions? Contact ACHA Research Director, E.Victor Leino, PhD, at vleino@acha.org
Special Events and Information

**7:00 AM – 6:00 PM**
Registration  
*Room: Grand Foyer, 4th Floor*

**7:30 AM – 8:45 AM**
Newcomers’ Orientation to ACHA  
*Room: Gloucester, 3rd floor*
Learn about ACHA’s programs and services and how to get the most from your annual meeting. You’ll also meet ACHA’s officers and other colleagues. Section chairs will be available to introduce activities within your specialty.

**9:00 AM – 9:45 AM**
Presiders’/Facilitators’ Orientation  
*Room: Arlington/Berkeley, 3rd floor*
All presiders and facilitators are strongly encouraged to attend this orientation meeting. Details regarding your responsibilities — including resources for technical assistance — will be discussed.

**9:00 AM – 10:00 AM**
Health Promotion Section New Member Welcome Session  
*Room: Boylston, 1st floor*
Health Promotion Section members who are attending their first conference, who are newer members, or are returning members who have been away for a while are invited to this bring-your-own-breakfast gathering following the ACHA Newcomers’ Orientation. Participants will get oriented to the HP section, learn about opportunities to get involved, and meet with other HP Section members. (Please bring your breakfast!)

**10:00 AM – 11:45 AM**
Opening General Session/Keynote Address  
*Room: Salon A-K, 4th floor*
Join your colleagues to hear Keynote Speakers Howard Koh, MD, MPH, assistant secretary for health of the U.S. Department of Health and Human Services and Patricia Maguire Meservey, PhD, RN, president of Salem State University. See Featured Events on page 16 and WE-358 on page 33 for more information.

**12:00 PM – 1:15 PM**
Student Orientation  
*Room: New Hampshire, 5th floor*
All students are encouraged to attend this orientation customized to meet the unique needs of students.

**5:30 PM – 6:30 PM**
Council for the Advancement of Standards (CAS) Users Group Meeting  
*Room: Maine, 5th floor*
Are you currently using CAS standards in your practice? Have you conducted an internal or external CAS review? What would you find particularly helpful in using CAS in your work? Join us for a discussion about using and applying CAS standards in college health practice. Discussion led by Stacy Andes, EdD, ACHA’s CAS Alternate Liaison.

Meetings

**8:00 AM – 9:30 AM**
BS580.  
*JACH Consulting Editors’ Breakfast*
*Room: Columbus I and II, 1st floor*

**12:00 PM – 1:15 PM**
BS507.  
*Administration Section*
*Room: Boylston, 1st floor*

BS508.  
*Advanced Practice Clinicians Section*
*Room: Simmons, 3rd floor*

BS509.  
*Clinical Medicine Section*
*Room: Wellesley, 3rd floor*

BS510.  
*Health Promotion Section*
*Room: Tremont, 1st floor*

BS511.  
*Mental Health Section*
*Room: Vermont, 5th floor*

BS512.  
*Nursing Section*
*Room: St. Botolph, 2nd floor*

BS513.  
*Nurse-Directed Health Services Section*
*Room: Suffolk, 3rd floor*

BS514.  
*Pharmacy Section*
*Room: Columbus I and II, 1st floor*

**4:00 PM – 5:00 PM**
BD503.  
*ACHA Leadership Meeting with Board of Directors*
*Room: Regis, 3rd floor*

**5:30 PM – 6:30 PM**
BS528.  
*Continuing Medical Education Subcommittee*
*Room: Vermont, 5th floor*

BS534.  
*Mid-America College Health Association Executive Committee*
*Room: Columbus I, 1st floor*

BS538.  
*North Central College Health Association Executive Committee*
*Room: Columbus II, 1st floor*

BS544.  
*Administration Section Executive Committee*
*Room: Boston University, 3rd floor*
Wednesday General Sessions

5:30 PM – 6:30 PM

<table>
<thead>
<tr>
<th>Session</th>
<th>Description</th>
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| BS545. | Advanced Practice Clinicians Section Executive Committee  
| Room: Suffolk, 3rd floor |
| BS546. | Clinical Medicine Section Executive Committee  
| Room: Harvard, 3rd floor |
| BS547. | Health Promotion Section Executive Committee  
| Room: Massachusetts, 5th floor |
| BS549. | Nurse-Directed Health Services Section Executive Committee  
| Room: Brandeis, 3rd floor |
| BS551. | ACHA-National College Health Assessment Advisory Committee  
| Room: St. Botolph, 2nd floor |
| BS553. | Vaccine-Preventable Diseases Advisory Committee  
| Room: Tremont, 1st floor |
| BS554. | Campus Safety and Violence Coalition  
| Room: Salon A, B and C, 4th floor |
| BS556. | Faculty and Staff Health and Wellness Coalition  
| Room: Salon J and K, 4th floor |
| BS557. | HIPAA/Health Information Management Coalition  
| Room: Salon H and I, 4th floor |
| BS558. | Spirituality, Religion, and Student Health Coalition  
| Room: Salon D, 4th floor |
| BS559. | Wellness Needs of Military Veteran Students Coalition  
| Room: Boylston, 1st floor |
| BS560. | Ethics Committee  
| Room: Wellesley, 3rd floor |
| BS561. | Guidelines for a Comprehensive College Health Program Task Force  
| Room: Simmons, 3rd floor |
| 6:45 PM – 7:45 PM |  
| BS536. | New York State College Health Association Executive Committee  
| Room: Columbus I, 1st floor |
| BS541. | Rocky Mountain College Health Association Executive Committee  
| Room: Columbus II, 1st floor |
| BS543. | Southwest College Health Association Executive Committee  
| Room: St. Botolph, 2nd floor |

8:00 AM – 9:30 AM

10 | WE-320. Continuing Education Workshop for Program Planners (Affiliate and Institutional)  
| Room: Vermont, 5th floor |
| Presenter(s): Eleanor Davidson, MD (Case Western Reserve University); Kathleen MacLachlan, MSc, ANP-BC, FACHA (Syracuse University (Retired)); Joy Himmel, PsyD, PMHCNS. BC, LPC, NCC (Pennsylvania State University, Altoona); Kathy Saichuk, MA, MCHES (Louisiana State University); Michael Malmon, PhD (Metropolitan State University of Denver)  
| Room: Brandeis, 3rd floor |

1:45 PM – 3:15 PM

11 | WE-358. Opening General Session: The Long-view of College Health: A National Focus on Disease Prevention, Health Promotion, and the Value of Creating Healthy Campus Environments  
| Room: Salon A-K, 4th floor |
| Presenter(s): Joan Kiel, PhD, CHPS (Duquesne University); Angela Campbell, RHIA (Eastern Illinois University)  
| Room: Boylston, 1st floor |

10:00 AM – 11:45 AM

12 | WE1-102. Implementing HIPAA and ICD-10  
| Room: Salon H and I, 4th floor |
| Presenter(s): Eleanor Davidson, MD (Case Western Reserve University); Kathleen MacLachlan, MSc, ANP-BC, FACHA (Syracuse University (Retired)); Joy Himmel, PsyD, PMHCNS. BC, LPC, NCC (Pennsylvania State University, Altoona); Kathy Saichuk, MA, MCHES (Louisiana State University); Michael Malmon, PhD (Metropolitan State University of Denver)  
| Room: Vermont, 5th floor |

1:00 PM – 2:45 PM

13 | WE1-138. Recruitment, Training, Retention: Creating Remarkable Peer Education Groups  
| Room: Salon H and I, 4th floor |
| Presenter(s): Joan Kiel, PhD, CHPS (Duquesne University); Angela Campbell, RHIA (Eastern Illinois University)  
| Room: Salon A-K, 4th floor |
### Wednesday General Sessions

#### WE1-143. Female Athlete Triad: Evaluation and Treatment Options
**Room: Trenton, 1st floor**

CME:1.5  AAFP-P:1.5  CNE:1.5/.50  PsyCE:1.5  NBCC:1.5  NASW:1.5  CHES:1.5  MCHES:1.5

After this session attendees should be able to:
1. Define Female Athlete Triad.
2. Discuss the medical evaluation of women with Female Athlete Triad.
3. Identify possible treatment strategies for women with Female Athlete Triad.
4. Identify resources to aid in treatment and identification of women with Female Athlete Triad.

**Presenter(s):** Sarah Van Orman, MD, MMM, FACHA, Danielle Oakley, PhD, Arnold Jennerman, MBA, BBA, and Gerald Byan, MD (University of Wisconsin-Madison)

**Facilitator:** Martha Reuman-Piper, MSN, FNP-BC (Bentley University)

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#### WE1-197. Best Practices in Health Services Integration: A Case Study
**Room: Salon G, 4th floor**

CME:1.5  AAFP-P:1.5  CNE:1.5  MCHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5  CHES:1.5  MCHES:1.5

After this session attendees should be able to:
1. List barriers to integration of medical, mental health, prevention, and administrative support services within college health services.
2. Compare and contrast several aspects of professional culture between medical, mental health, prevention, and administrative professionals.
3. Describe several devices and programs that can be used within integrated health services.
4. Discuss the role of a public health approach as a framework for service integration.

**Presenter(s):** Sarah Pitts, MD (Boston Children’s Hospital, Harvard Medical School); Maria Monge, MD, MAT (Boston Children’s Hospital, Harvard Medical School, Bentley University)

**Presider:** Margaret Fitzgerald, MSN, FNP-BC (Bentley University)

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#### WE1-224. Crohn’s and the College Student
**Room: Wellesley, 3rd floor**

CME:1.5  AAFP-P:1.5  CNE:1.5/.75  ACPE:1.5 (UAN-0025-9999-13-030-L01-P)

After this session attendees should be able to:
1. Discuss diagnosis of Crohn’s Disease.
2. Describe management of Crohn’s Disease.
3. Identify resources to support social, emotional, and academic needs of students with Crohn’s Disease.

**Presenter(s):** Evelyn Wiener, MD (University of Pennsylvania)

**Presider:** Anne Hartig, BS, RPh, (University of Nevada-Las Vegas)

**Facilitator:** Marie Powell-Daly, RPh (University of Maryland-College Park)

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#### WE1-275. Using Virtual Reality Simulations and Other Technology to Enhance Clinical Skills in Managing Prescription Drug and Other Substance Abuse
**Room: Suffolk, 3rd floor**

CME:1.5  AAFP-P:1.5  CNE:1.5  MCHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5

After this session attendees should be able to:
1. Describe the application of virtual reality simulations to enhance clinicians’ brief intervention skills working with students abusing alcohol, prescription drugs, and/or cocaine.
2. Outline motivational interviewing principles and methods to decrease high-risk drinking and other risky behaviors in college students.
3. Discuss experiential ways for clinicians to improve brief motivational interviewing skills.
4. Describe two specific strategies you will incorporate into your everyday clinical, counseling, or advising work on campus to motivate high-risk students who are in denial, highly resistant, or ambivalent about change.

**Presenter(s):** Paul Grossberg, MD (University of Wisconsin-Madison School of Medicine and Public Health) 

**Presider:** Martha Davis-Gollin, BSN, MBA (The University of Georgia)

**Facilitator:** Mallory Byestar, RN, BSN (Illinois College)

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#### WE1-281. Sexual Violence on the College Campus: Revealed!
**Room: Salon B and C, 4th floor**

CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  MCHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5

After this session attendees should be able to:
1. Identify the offenders responsible for the vast majority of sexual violence.
2. Explain the predatory behavior of serial offenders.
3. Explain the impact of trauma on memory.
4. Discuss implications of above for campus prevention and response.

**Presenter(s):** David Lisak, PhD 

**Presider:** Gert Taylor, MS-ANP-BC (Bentley University)

**Facilitator:** David McBride, MD (Boston University)

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**Room: St. Botolph, 2nd floor**

CME:1.5  CHES:1.5  MCHES:1.5

After this session attendees should be able to:
1. Describe the Standards of Practice for Health Promotion in Higher Education (SPHPHE).
2. Discuss the purpose of the SPHPHE companion tool, Vision Into Action (VIA).
3. Describe the revisions made to VIA.
4. Describe how to use VIA to strengthen health promotion in higher education.

**Presenter(s):** Gino Baral Abrams, MPH, EdM, LSW, MCHES (Lehigh University); Amy Melichar Messman, MEd, MCHES (Marquette University)

**Presider:** Alicia Czochowski, MPH, CHES (Northern Illinois University)

**Facilitator:** Polly Paulson, MPH, MA, MCHES (University of California, Davis)

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**Schedule subject to change without notice.**
Wednesday General Sessions

» » 1:45 PM – 3:15 PM (cont.) « «

21 WE1-344. Genotyping the Patient Requiring Mental Health Medications: When Does It Make Sense? Room: Salon D, 4th floor
Sponsored by the American College Health Foundation UnitedHealthcare Student Resources Fund
CME:1.5 AAFP-P:1.5 CNE:1.5/.75 PsyCE:1.5 NBCC:1.5 NASW:1.5 ACPE:1.5 (UAN-0025-9999-13-O31-L01-P)
After this session attendees should be able to:
1. Describe the scenario set up in the presented cases.
2. Explain the decision making process at key junctures of the clinical case.
3. Identify the limitations of clinical pharmacogenomic testing as applied to the use of psychotropic medications.
Presenter(s): Charles Caley, PharmD, BCPP (University of Connecticut School of Pharmacy)
Presider: Deborah Hubbell, RPh (University of Connecticut)
Facilitator: Tabby Ragland, PharmD (Middle Tennessee State University)

CME:1.5 AAFP-P:1.5 CNE:1.5/.25 PsyCE:1.5 NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Describe the basics of marijuana pharmacology, use, and prevalence among college students.
2. Identify adverse health behaviors and addiction risks associated with marijuana usage.
3. Describe the acute, intermediate, and long-term effects of marijuana on the human brain and body, including its effects on learning and memory.
4. Discuss how the above knowledge can be used to understand and craft strategies to decrease marijuana abuse by college students.
Presenter(s): Mark Reed, MD (Dartmouth College)
Presider: Mariva Gigge, MD (University of Alabama)
Facilitator: Julie Ross, PhD (Tufts University)

23 WE1-354. The National Tobacco-Free College Campus Initiative: Building and Supporting Community Health on Campus Room: Simmons, 3rd floor
Sponsored by the American College Health Foundation Health Promotion in Higher Education Fund
CME:1.5 AAFP-P:1.5 CNE:1.5/30 CHES:1.5 MCHES:1.5 PsyCE:1.5 NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Describe the National Tobacco-Free College Campus Initiative (TFCI), which addresses campus policy advocacy, implementation, and promotion of cessation.
2. Explain the rationale for supporting the trend toward tobacco-free campus policies, including governmental and national agency support for these efforts.
3. Describe tobacco cessation strategies and resources to serve all community members as a means of encouraging compliance.
Presenter(s): Clifford Douglas, JD (University of Michigan School of Public Health); Jenny Haubenreiser, MA, FACHA (Montana State University); Michael Fiore, MD, MPH, MBA (University of Wisconsin-Madison)
Presider: Jenny Haubenreiser, MA, FACHA (Montana State University)
Facilitator: Paula Staight, MS (University of Oregon)

» » 3:45 PM – 5:15 PM « «

24 WE2-101. Marijuana Update 2013 Room: Salon H and I, 4th floor
CME:1.5 AAFP-P:1.5 CNE:1.5/.0 CHES:1.5 PsyCE:1.5 NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Describe the basics of marijuana pharmacology, use, and prevalence among college students.
2. Explain the rationale for supporting the trend toward tobacco-free campus policies, including governmental and national agency support for these efforts.
3. Describe tobacco cessation strategies and resources to serve all community members as a means of encouraging compliance.
Presenter(s): Donald Misch, MD (University of Colorado-Boulder)
Presider: Sharon Robinovitz, MD (Georgia State University)
Facilitator: Beverly Kloeppe, MD, MBA (University of New Mexico)

25 WE2-108. An Emerging Campus Mental Health Model: Integrative Treatment and Supported Education for College Students with Serious Mental Illness Room: Boylston, 1st floor
CME:1.5 AAFP-P:1.5 CNE:1.5/30 CHES:1.5 PsyCE:1.5 NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Identify the prevalence of college students with serious mental illness and the impact on student, provider, and institution.
2. Describe model of integrated treatment and rehabilitation at Boston University that supports the successful retention and tenure of students with serious mental illness.
3. Describe program evaluation data and case studies.
4. Discuss how you might tailor these concepts and processes to create a similar safety net on your campus.
Presenter(s): Dori Hutchinson, ScD, and Margaret Ross, MD (Boston University)
Presider: Joy Himmet, PsyD, APRN-BC, LPC, NCC (The Pennsylvania State University-Altoona)
Facilitator: Linda Crumett (Montana State University-Billings)

26 WE2-115. Social Media: Policy Creation and Liability Management Room: Suffolk, 3rd floor
CME:1.5 AAFP-P:1.5 CNE:1.5 PsyCE:1.5 NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Explain the lack of guidance in relation to social networking is a danger to practitioners.
2. Define which ethical codes apply to social networking.
3. Identify what actions need to be taken to ensure ethical actions.
Presenter(s): Marcus Hotaling, PhD (Union College); Brian Mistler, PhD (Ringling College)
Presider: Belinda Yeo, PhD (University of California)
Facilitator: Kathleen Casserly, BS, CASAC (Farmingdale State College)

27 WE2-122. Tests for Tuberculosis (TB) Infection in the College Student Population: Performance of Tubercul skin Test (TST) and QuantiFERON-TB Gold InTube (QFT) Relative to Risk Factors Room: Salon J and K, 4th floor
CME:1.5 AAFP-P:1.5 CNE:1.5
After this session attendees should be able to:
1. Compare latent tuberculosis infection and active tuberculosis disease.
2. Describe the two current methods used for diagnosis of latent TB infection.
3. Identify an important public health reason to test college students for latent TB infection.
4. Describe the importance of targeted TB testing.
Presenter(s): Sharon McMullen, RN, MPH (University of Wisconsin-Madison)
Presider: Linda Crumett (Montana State University-Billings)
Facilitator: Gae Holt, ASN-RN (Rutgers University)
Wednesday, May 29, 2013

SCHEDULE OF PROGRAMS AND EVENTS

Wednesday General Sessions

3:45 PM – 5:15 PM (cont.)

WE2.132. Developing a Multidisciplinary Eating Disorder Treatment Team in a University Setting
Room: St. Botolph, 2nd floor
CME:1.5  AAFP-P:1.5  CNE:1.5  NASW:1.5  PsyCE:1.5
After this session attendees should be able to:
1. Define the role, function, and value of a multidisciplinary eating disorder treatment team in a university setting.
2. Discuss “how-to” skills for developing and implementing an eating disorder treatment team program within a university setting.
3. Identify the key components of a multidisciplinary eating disorder treatment team.
4. Discuss ways to increase treatment effectiveness and measure treatment outcome.
Presenter(s): Rachel Stokes, PsyD, Vanessa Richard, BS, RD, LDN, Aimee Daigle, MSN, FNP-BC, and Jennifer Gilkes, MD (Louisiana State University)
Facilitator: Adebola Ilesanmi, MSN, FNP (Winston-Salem State University)

WE2.134. HIV Pre-Exposure and Post-Exposure Prophylaxis for High-Risk Sexual Behavior in Men Who Have Sex with Men
Room: Simmons, 3rd floor
CME:1.5  AAFP-P:1.5  CNE:1.5  NASW:1.5  PsyCE:1.5  NBCC:1.5
After this session attendees should be able to:
1. Define what pre-exposure prophylaxis (PREP) and non-occupational post-exposure prophylaxis (NPEP) are.
2. Identify the indication for NPEP.
3. Identify the indications for PREP.
4. Discuss the pharmacology of the medications used in NPEP and PREP.
Presenter(s): Kevin Kapila, MD (Fenway Health)
Presider: Gerri Taylor, MS-ANP-BC (Bentley University)
Facilitator: David McBride, MD (Boston University)

WE2.216. Toward a Medical Home Model: Closing Urgent Care and Tracking Its Impact on Continuity
Room: Wellesley, 3rd floor
CME:1.5  AAFP-P:1.5  CNE:1.5  NASW:1.5  PsyCE:1.5
After this session attendees should be able to:
1. Define medical home.
2. Discuss early results of implementation of a patient centered medical home (PCMH) model.
3. List the principles of medical home.
4. Describe a model that could work in any college health setting.
Presenter(s): Brenda Aiken, MD, and Sharon Sperling-Silber, NP (Columbia University/Columbia Health)
Presider: James Jacobs, MD, PhD (The Ohio State University)
Facilitator: Harry McDermott, MD, MPH (University of Arizona)

WE2.252. Implementing Alcohol Risk Management Research in College Settings: The Safer California Universities Panel
Room: Salon D, 4th floor
CME:1.5  AAFP-P:1.5  CNE:1.5  NASW:1.5
After this session attendees should be able to:
1. Define the Safer California Universities alcohol risk management strategy.
2. Discuss a plan to enhance campus and community enforcement efforts.
3. Outline a timely visibility plan through the use of media and campus communication systems to increase knowledge of enforcement efforts within the community.
4. Identify strategies that utilize peer to peer programming in generating an environmental alcohol management effort.
Presenter(s): Mary Becerra, MPH, CHES (California State University-Fullerton); Qiao Ming (Mandy) Li, MPH, CPH (University of California-Davis); Meg Kobe, MAT (University of California-Santa Cruz); Theresa Fagoun, BS, CHES (California State University-Chico); Richard McGaffigan, MSW, BSSW (Prevention Research Center/Pacific Institute for Research & Evaluation)
Presider: Polly Paulson, MPH, MA, CHES (Macalester College)
Facilitator: Michelle Ladoos, MSN, FNP-C (Concordia University, Irvine)

WE2.260. College Health Insurance/Benefit Plans — Post Affordable Care Act
Room: Salon 6, 4th floor
CME:1.5  AAFP-P:1.5  CNE:1.5  NASW:1.5  PsyCE:1.5
After this session attendees should be able to:
1. Discuss implications of the Affordable Care Act on college health.
2. Identify strategies moving to adapt to the environment.
Presenter(s): Cindy McGahey, MBA (University of New Hampshire)
Presider: Jenny Foss, MSN (Old Dominion University)
Facilitator: Valerie Lyon (Cornell University)

WE2.267. Enhancing College Student Sleep: Programming Strategies That Could Work on Your Campus
Room: Salon E, 4th floor
CME:1.5  AAFP-P:1.5  CNE:1.5  NASW:1.5  PsycE:1.5
After this session attendees should be able to:
1. Describe problematic sleep patterns within specific college populations.
2. Discuss types of sleep health promotion programs.
3. Describe the efficacy of sleep programs implemented on two campuses.
Presenter(s): Janice Prichard, PhD, and Birdie Cunningham, MA (University of St. Thomas); Lisa Broek, MA, CHES (Marafelter College)
Presider: Michelle Ladoos, MSN, FNP-C (Concordia University, Irvine)
Facilitator: Maria Vanessa Stachowski, RN-BC (Alfred State, State University of New York)

WE2.304. Improving the Health Literacy of a University: A Collaborative Campus Effort
Room: Tremont, 1st floor
CME:1.5  NASW:1.5
After this session attendees should be able to:
1. Define health literacy.
2. Identify main health literacy issues for university students that affect student success.
3. Describe health literacy initiative strategies implemented on a university campus.
Presenter(s): Dana Carpenter, MPH, and Matthew Vogelpohl, MPH (University of Louisville)
Presider: Darlene Nguyen (The University of Texas at Austin)

When attending a session or event, out of consideration for your fellow attendees, please ensure that you move as far forward and toward the center as possible to make seating available for your colleagues.
Wednesday General Sessions

» 3:45 PM – 5:15 PM (cont.) «

Room: Salon A, B, and C, 4th floor
Sponsored by the American College Health Foundation Murray DeArmound Student Activity Fund
CME:1.5 AAFP-P:1.5 CNE:1.5 PSYCE:1.5 NBCC:1.5 NASW:1.5 ACPE:1.5 (UAN-0025-9999-13-029-L01-P)
After this session attendees should be able to:
1. Review trends related to commonly used herbal and dietary supplements.
2. Discuss main indications, dosages, adverse effects and interactions associated with the herbal and dietary supplements for medical and mental health concerns.
3. Discuss information resources that are utilized for obtaining information on herbal and dietary supplements.
4. Explore opportunities for future education in the area of herbal and dietary supplements.
Presenter(s): Lana Dvorkin-Camiel, PharmD, RPh (Massachusetts College of Pharmacy and Health Sciences)
Presider: Tabby Ragland, PharmD (Middle Tennessee State University)
Facilitator: Ann Marie Johnson, RPh (Minnesota State University, Mankato)

ANNUAL MEETING INFO GOES MOBILE!
Check out the new 2013 Meeting App! You can now retrieve and manage annual meeting information via your smartphone or tablet devices. This app will essentially be the final program in the palm of your hand. See page 13 for a brief overview of the features and instructions to download.

2010-2011 College Health Salary and Staffing Survey Report

This report contains information gathered through a comprehensive survey on salary and staffing levels from the field. The Salary and Staffing Report is a valuable resource that:

- Provides salary and staffing data for nearly 50 positions in several personnel categories
- Reports the ranges for salaries to include the minimum, 25th percentile, median, mean, 75th percentile, and maximum reported levels
- Displays staffing levels (in full time equivalents) in a similar manner
- Depicts the average (mean) level for each position
- Organizes and presents all of this information according to several variables, including the type, size, location, and Carnegie classification of institutions

Visit www.acha.org/publications for ordering information.

<table>
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<th>Salary and Staffing Survey Report</th>
<th>Participant</th>
<th>Non-participant</th>
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American College Health Association
Thursday, May 30, 2013

Special Events and Information

7:00 AM — 3:45 PM
Registration
Room: Grand Foyer, 4th Floor

7:00 AM
Continental Breakfast
Room: Grand Foyer, 4th floor and Third Floor Atrium Lounge

7:00 AM — 8:00 AM
Faith-Based Fellowship
Room: New Hampshire, 5th floor
Connect with fellow attendees from faith-based schools and/or individuals of Christian faith to discuss resources and special interest issues.

10:00 AM — 11:30 AM
Special Plenary Session
Room: Salon E, F and G, 4th floor
See Featured Events on page 17 and TH-353 on page 44 for more information.

12:00 PM — 1:15 PM
ACHA-National College Depression Partnership Information Session
Room: Vermont, 5th floor
See page 20 for more information.

Health Promotion Section Research Committee
Room: Harvard, 3rd floor
See page 20 for more information.

5:00 PM — 7:00 PM
Opening Reception with Exhibitors
Room: Back Bay Conference and Exhibit Hall, 3rd floor
Join us in the Exhibit Hall for light refreshments. More than 85 exhibitors will be on hand to share the latest industry information.

Meetings

7:00 AM — 9:00 AM
BD506. American College Health Foundation Board of Directors
Room: Harvard, 3rd floor

12:00 PM — 1:15 PM
BS516. Central College Health Association
Room: Simmons, 3rd floor
BS517. Mid-America College Health Association
Room: Tremont, 1st floor
BS518. Mid-Atlantic College Health Association
Room: Salon II and I, 4th floor
BS519. New England College Health Association
Room: Salon A, B and C, 4th floor
BS520. New York State College Health Association
Room: Boylston, 1st floor
BS521. North Central College Health Association
Room: Suffolk, 3rd floor
BS522. Ohio College Health Association
Room: Salon D, 4th floor
BS523. Pacific Coast College Health Association
Room: Salon J and K, 4th floor
BS524. Rocky Mountain College Health Association
Room: Columbus I and II, 1st floor
BS525. Southern College Health Association
Room: St. Botolph, 2nd floor
BS526. Southwest College Health Association
Room: Wellesley, 3rd floor

Wellness Activities - See page 28 for details

Walk Your Way to Fitness – in Fifteen Minutes!
Thursday, May 30
9:30 AM – 10:00 AM
Room: Regis, 3rd floor

Boston Solidarity 5K Run/Walk
Thursday, May 30
6:00 AM – 7:00 AM
Meet in Marriott Lobby

Sunrise Yoga
Thursday, May 30
6:00 AM – 7:00 AM
Room: Regis, 3rd floor

Seated Chair Massage
Thursday, May 30
3:00 PM – 7:00 PM
Room: Exhibit Hall, 3rd floor

Latin Dance
Thursday, May 30
5:30 PM – 6:30 PM
Room: Third Floor Atrium Lounge

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BS519. New England College Health Association
Room: Salon A, B and C, 4th floor
BS520. New York State College Health Association
Room: Boylston, 1st floor
BS521. North Central College Health Association
Room: Suffolk, 3rd floor
BS522. Ohio College Health Association
Room: Salon D, 4th floor
BS523. Pacific Coast College Health Association
Room: Salon J and K, 4th floor
BS524. Rocky Mountain College Health Association
Room: Columbus I and II, 1st floor
BS525. Southern College Health Association
Room: St. Botolph, 2nd floor
BS526. Southwest College Health Association
Room: Wellesley, 3rd floor

Wellness Activities - See page 28 for details

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Thursday, May 30
3:00 PM – 7:00 PM
Room: Exhibit Hall, 3rd floor

Latin Dance
Thursday, May 30
5:30 PM – 6:30 PM
Room: Third Floor Atrium Lounge
SCHEDULE OF PROGRAMS AND EVENTS

Thursday General Sessions

36 | TH1-103. Managing Mental Health and Complex Medical Issues in Study Abroad Programs  
Room: Wellesley, 3rd floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Identify the dilemmas faced by travel abroad programs in managing mental health and complex medical conditions among participants.  
2. Describe processes and protocols at two universities to proactively identify medical and mental health conditions that might impact a student during a study abroad experience.  
3. Compare American with Disabilities Act law, confidentiality, and individual college policy to complicated study abroad scenarios.  
4. Review guiding principles.  
Presenter(s): Margaret Higham, MD (Tufts University); Margaret Ross, MD (Boston University); Tanya Sullivan, RN, MSN, FNP-BC (Wellesley College)  
Facilitator: Charley Bradley, BPS, RN (Rutgers University-Newark)  
Presider: Margot Ross, MSN, FNP-BC (Wellesley College)  

37 | TH1-104. Review and Update on Oral Antibiotics and the Emergence of Antimicrobial Resistance (AMR): New Guidelines for the Management of Common Outpatient Infections in Young Adults to Avoid Treatment Failure  
Room: Salon E, F, and G, 4th floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Review commonly used oral antibiotics.  
2. Review mechanisms of antimicrobial resistance of various bacterial organisms.  
3. Describe newer oral antibiotics and oral antibiotics in the pipeline.  
4. Outline recently published guidelines and recommendations on antibiotic treatments of common outpatient bacterial infections in the face of antibiotic resistance.  
Presenter(s): Luis De Jesus, MD (Rutgers University-Newark)  
Presider: Deb Saure, MSN (Creighton University)  
Facilitator: Maria Vanessa Stachowskii, RN-BC (Alfred State, State University of New York)  

38 | TH1-109. Utilizing Acceptance and Commitment Therapy (ACT) with College and University Students  
Room: Vermont, 5th floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Identify the ACT model, including the theoretical and philosophical foundations.  
2. Describe various ACT interventions.  
3. Compare various outcome studies on ACT.  
4. Discuss ways to apply ACT psychotherapy to college and university students.  
Presenter(s): Greg Eells, PhD (Gallaudet University)  
Presider: Julie Ross, PhD (Tufts University)  
Facilitator: Karen Thellin, LMHC (Williams College)  

39 | TH1-131. The Use of Telemental Health Services for College Students at a Rural University  
Room: Salon D, 4th floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Identify key elements of telemental health.  
2. Discuss how telemental health can benefit rural colleges and universities.  
3. Define lessons learned and best practices for implementation on a college campus.  
Presenter(s): Eve-Lynn Nelson, PhD, and Amy Carmack, MA, MS (University of Kansas Medical Center)  
Presider: Christopher Schaebauer, BS (University of Colorado-Boulder)  

40 | TH1-135. The Concussed Student Athlete: Return to Sport and the Classroom  
Room: Salon J and K, 4th floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Define concussion.  
2. Identify signs and symptoms of concussion and post-concussive syndrome.  
3. Discuss principles of concussion management.  
Presenter(s): Craig Davidson, MD (University of Oregon)  
Presider: Thomas Nary, MD (Boston College)  
Facilitator: John Vaughn, MD (The Ohio State University)  

41 | TH1-141. Title IX and Bystander Intervention Methods: Maximizing How We Train Faculty, Staff, and Students  
Room: Salon H and I, 4th floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Define bystander intervention methods.  
2. Discuss how to solicit and gain support for a bystander accountability program.  
3. Describe how Title IX requirements can be built into a bystander accountability program.  
4. Identify the obstacles to culture change and reporting violence.  
Presenter(s): Amy Hoch, PsyD (Rowan University); Stephanie Hinton, MA, CPA (University of South Carolina); Faith Yingling, MSED, PhD, CHES (Bowling Green State University); Debra Weiss, BEd, MA (City University of New York); Meghan Galven, MPH (University of Maryland, College Park); Marc Torres, MPH (University of Oregon)  

42 | TH1-234. Prevalence of Mental Health Conditions in a Cohort of 700,000 College Students  
Room: Tremont, 1st floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Describe the data available in the College Health Surveillance Network.  
2. Compare the burden of care associated with mental health diagnoses.  
3. Compare the use of student health services for mental health diagnoses for diverse subgroups.  
4. Discuss the implications of this information for delivery of services through student health centers.  
Presenter(s): James Turner, MD, FACHA, and Adrienne Keller, PhD (University of Virginia)  
Presider: Drayton Vincent, LCSW, MSW, BCD (Louisiana State University)  
Facilitator: Lisa Laitman, MSEd, LCADC (Rutgers University)  

Attend the Opening Reception with Exhibitors tonight at 5:00 PM in the Exhibit Hall (3rd floor)!  
Light refreshments will be provided.
On this floor:
Boylston
Columbus I & II
Tremont
Marriott Lobby

On this floor:
St. Botolph
Access to The Westin
Copley Place and
Sheraton Boston
Hotel
On this floor:
ACHA Exhibit Hall
Boston University
Brandeis
Harvard
MIT (Nursing Mother’s Room)
North Eastern
Regis
Suffolk
Third Floor Atrium Lounge
Wellesley

For a full list of exhibitors and a map of the exhibit hall, see the Sponsors and Exhibitors booklet included in your tote bag.
On this floor:
- ACHA Information
- ACHA Store
- Conference Media
- Audio Recording
- Orleans - speaker ready room
- Poster Sessions
- Registration - badge pickup - exhibitor registration - onsite registration
- Salon A – K
- Speaker Information
FIFTH FLOOR

NOTE: Use the elevators to access the fifth floor

On this floor:
- Connecticut
- Maine
- Massachusetts
- New Hampshire
- Rhode Island
- Vermont

STREET MAP

1. Boston Marriott Copley Place
2. The Westin Copley Place
3. Sheraton Boston Hotel
4. Hilton Boston Back Bay
5. Boston Park Plaza Hotel & Towers

The “T” — MBTA Subway
Thursday General Sessions

TH1-238. Beyond Medical Diagnosis and Treatment: Uncovering and Prioritizing Tasks at the Visit
Room: St. Botolph, 2nd floor
CME:1.5 AAFP-P:1.5 CNE:1.5 MCHES:1.5
After this session attendees should be able to:
1. Describe four essential tasks of primary care.
2. Identify reasons why the presenting complaint may be hiding a more latent reason for visit.
3. Identify why this process helps a clinician save time and work more effectively.
Presenter(s): Eleanor Davidson, MD (Case Western Reserve University); Sara Lee, MD (Rainbow Babies & Children’s Hospital)
Presider: Margaret Potts, MSN, FNP-BC (Longwood University)
Facilitator: David Allwein, RN,MS,ACNS-BC (University of Incarnate Word)

TH1-243. Campuswide Screening for High-Risk Drinkers: A Discussion and Analysis of Three Universities’ Experiences Implementing Evidence-Based Alcohol Screenings
Room: Boylston, 1st floor
CME:1.5 AAFP-P:1.5 CNE:1.5 CHES:1.5 MCHES:1.5 PsyCE:1.5 NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Implement the screening of drinking across three different college campuses.
2. Discuss the use of small tests of change to facilitate the implementation of screening across multiple college departments.
3. Compare the use of measures across the three colleges to inform the effectiveness of implementation.
4. Discuss the challenges and successes associated with implementing campuswide alcohol screenings.
Presenter(s): Maryanne Jaconis, MS (University of Wyoming); Stephen Hughes, MD, and Nianne VanFleet, MS, RN, NE-BC (Cornell University); Lara Hunter, LCSW (State University of New York at Stony Brook)
Presider: Lisa Schrader, MPH, MCHES (Middle Tennessee State University)

TH1-254. Meaningful Use: Benchmarking Tool for College Health
Room: Salon A, B, and C, 4th floor
CME:1.5 AAFP-P:1.5 CNE:1.5 CHES:1.5 MCHES:1.5 NASW:1.5
After this session attendees should be able to:
1. Discuss the importance of relevant benchmarks to quality and process improvement.
2. Explain the Meaningful Use Guidelines and their relevance to college health care automation.
3. Discuss the process followed by University Health Services to adapt the Meaningful Use Guidelines as college health care automation benchmarking standards.
4. Identify practical ways in which the results of this study can be used in managing college health care automation.
Presenter(s): Arnold Jennerman, MBA, BBA (University of Wisconsin-Madison)
Presider: Jim Davis, MD (University of North Carolina at Chapel Hill); Tabbie Ragland, PharmD (Middle Tennessee State University); Lois Parker, BSPharm, RPh (Massachusetts General Hospital)
Facilitator: Annie Kleva, RN, MSA (University of Notre Dame)

TH1-291. Hot Topics: Pharmacy
Room: Suffolk, 3rd floor
CME:1.5 AAFP-P:1.5 CNE:1.5 CHES:1.5 MCHES:1.5 PsyCE:1.5 NBCC:1.5 ACPE:1.5 (UAN-0025-9999-13-035-L04-P)
After this session attendees should be able to:
1. Describe the use of clinical pharmacist practitioner protocols.
2. Explain the collaboration involved and the lessons learned in managing a bacterial meningitis event.
3. Describe a pharmacist’s contribution on a medical relief trip to assist in rebuilding the medical infrastructure of Haiti.
Presenter(s): Deborah Hubbell, RPh (University of Connecticut); Amy Sauls, PharmD, CPP (University of North Carolina at Chapel Hill); Tabbie Ragland, PharmD (Middle Tennessee State University); Lois Parker, BSPharm, RPh (Massachusetts General Hospital)
Presider: Deirdre Younger, BSPharm, RPh (University of Maryland-College Park)
Facilitator: Sheryl Gamble, RPh (University of Central Florida)

TH1-323. Advancing Knowledge About Evidence-Based Reproductive Health Information in an Era of Internet Hype and Distortion
Room: Simmons, 3rd floor
CME:1.5 AAFP-P:1.5 CNE:1.5 CHES:1.5 MCHES:1.5 NASW:1.5
After this session attendees should be able to:
1. Describe how three different media reports on women’s health present inaccurate or misleading information.
2. Explain two ways in which the media has influenced the public discourse on women’s health.
3. Identify three damaging influences of distorted media on women’s health.
4. Describe three possible strategies for countering media misinformation.
Presenter(s): Judy Norsigian, BA (Our Bodies Ourselves)
Presider: Gerri Taylor, MS-ANP-BC (Bentley University)
Facilitator: Diane Denning (Brandeis University)

TH2-353. Collaborative and Integrated Practices in College Health: Building Strength Through Strategic Alliance
Room: Salon E, F, and G, 4th floor
CME:1.5 AAFP-P:1.5 CNE:1.5 CHES:1.5 MCHES:1.5 PsyCE:1.5 NBCC:1.5 ACPE:1.5 (UAN-0025-9999-13-032-L04-P)
After this session attendees should be able to:
1. Explain current evidence illuminating the interconnectedness between mental health and substance abuse issues and related considerations.
2. Explain how national health agencies are promoting more collaborative models of care, including medical care, substance abuse prevention, mental health promotion, and public health approaches to promote overall health.
3. Identify key barriers and challenges inhibiting meaningful collaboration, including accreditation standards and traditional models that have created campus silos.
4. Discuss ways in which campuses have successfully created more collaborative multidisciplinary relationships and integrated practices to enhance student health and well-being, both at the individual and environmental level.
Presenter(s): Frances Harding (Substance Abuse and Mental Health Services Administration); Kent Bullis, MS (Ball State University); Chris Brownson, PhD (The University of Texas at Austin); Jenny Haubenreiser, MA, FACHA (Montana State University); Victor Schwartz, MD (The Jed Foundation)
Presider: Jenny Haubenreiser, MA, FACHA (Montana State University)
Facilitator: John Miner, MD (Williams College)

Schedule subject to change without notice.
Thursday General Sessions

49 | TH3-110. Research Partnerships for Student Success: Investigating the Relationship Between Wellness Status and Academic Success Among Two Freshmen Cohorts
Room: Salon H and I, 4th floor
CME:1.5  AAFP-P:1.5  CNE:1.5  MCHES:1.5
PsyCE:1.5  NBCC:1.5  NASW:1.5
After this session attendees should be able to:
1. Explain the relationship between wellness and academic performance.
2. Describe the impact of health-risk behavior on freshmen academic performance and retention.
3. Discuss how to use the research results to enhance freshmen success and reduce dropout.
Presenter(s): Marjorie Droppa, PhD, and Dick Jardine, PhD (Keene State College)
Presider: Cathie Wallace, MSN (Florida Atlantic University)
Facilitator: Pat Marling, BSN, MEd (Tarrant County College)

50 | TH3-133. Making Large Events Meaningful: Evaluation and Assessment Applied to Annual Campuswide Event
Room: Salon J and K, 4th floor
CME:1.5  AAFP-P:1.5  CNE:1.5  MCHES:1.5
NASW:1.5
After this session attendees should be able to:
1. Explain the process of creating an evaluation plan for annual health promotion events with the goal of providing skills that others can use to evaluate their existing programs.
2. Describe the use of resulting data to inform and modify services and programs offered to a campus community.
3. Identify future plans: How to write goals and objectives for next year’s event.
Presenter(s): Kimberly Chestnut, PhD, Ashley LaSala, MS, MEd, and Diedre Berry-Guy, MPH (Temple University)
Presider: Christopher Schaeffer, BS (University of Colorado-Boulder)

51 | TH3-137. Evaluating the Current Evidence-Based Protocol for Uncomplicated Urinary Tract Infections (UTIs) in College-Aged Women
Room: Salon A, B, and C, 4th floor
CME:1.5  AAFP-P:1.5  CNE:1.5/50
After this session attendees should be able to:
1. Describe the research study design.
2. Discuss management of UTIs within chart review period.
Presenter(s): Teri Aronowitz, PhD, FNP-BC (University of Massachusetts-Boston); Jessica Caron, MSN (Beth Israel Medical Center); David McBride, MD (Boston University)
Presider: Debbie Forman, ANP, BC (Bentley University)
Facilitator: Yvonne Mark, MD, MMS (Johns Hopkins University)

52 | TH3-174. Confidentiality in College Health: Ethical, Clinical, and Legal Considerations
Room: Salon F, 4th floor
Sponsored by the American College Health Foundation UnitedHealthcare Student Resources Fund
CME:1.5  AAFP-P:1.5  CNE:1.5  PsyCE:1.5
NBCC:1.5  NASW:1.5
After this session attendees should be able to:
1. Identify the nature and purposes of confidentiality in clinical work.
2. Identify the ethical challenges of doing clinical work in a college setting.
3. Review the legal constraints both for and against the sharing of clinical information.
4. Describe a model for integration on health information in a college setting.
Presenter(s): John Miner, MD (Williams College); M. Gerard Fromm, PhD (Austen Riggs Center); Daryl Lapp, JD (Edwards Wildman Palmer, LLP)
Presider: Hedy Lopez, MSN, CSN (Williams College)
Facilitator: Marisa Giggie, MD (University of Alabama)

53 | TH3-180. Pertussis on College Campuses: A Re-Emerging Threat
Room: Boylston, 1st floor
CME:1.5  AAFP-P:1.5  CNE:1.5
After this session attendees should be able to:
1. Describe the recent epidemiology of pertussis in the United States.
2. Outline current recommendations regarding pertussis vaccination for adolescents and young adults.
3. Identify the steps to appropriately managing pertussis exposures on college campuses.
Presenter(s): Thomas Sandora, MD, MPH (Boston Children’s Hospital)
Presider: Susan Even, MD (University of Missouri-Columbia)
Facilitator: Theresa Spaulding, MD (The University of Texas at Austin)

54 | TH3-198. Utilizing the Theory of Planned Behavior in Stress Reduction and Other Health Promotion Interventions
Room: St. Botolph, 2nd floor
CME:1.5  CHES:1.5  MCHES:1.5  NASW:1.5
After this session attendees should be able to:
1. Explain the value of theory-based programs.
2. Describe the Theory of Planned Behavior constructs.
3. Describe how the Theory of Planned Behavior can be applied to health promotion programs.
4. Discuss the Theory of Planned Behavior to their own work.
Presenter(s): Alyssa Lederer, MPH, CHES (Indiana University School of Public Health-Bloomington); Colleen Harshbarger, MS, E-RYT500 (West Virginia University)
Presider: Lisa Schrader, MPH, MCHES (Middle Tennessee State University)
Facilitator: Rosa Thomas, MPH, CHES (University of Tennessee-Knoxville)

55 | TH3-225. Promoting Safe Transitions to College Mental Health Services: Lessons Learned
Room: Wellesley, 3rd floor
CME:1.5  AAFP-P:1.5  CNE:1.5/25  PsyCE:1.5  NBCC:1.5  NASW:1.5
After this session attendees should be able to:
1. Describe components of a well-rounded transition plan.
2. Explain how to incorporate transition support into the ongoing care of their adolescent patients.
3. List barriers to achieving successful transitions.
Presenter(s): Adele Martel, MD (Northwestern University/Lurie Children’s Hospital of Chicago); Adelaide Robb, MD (George Washington University School of Medicine/Children’s National Medical Center); Susan Arnold, MD (University of Alabama); Vivien Chan, MD (University of California-Irvine)
Presider: Cynthia Roth, BSN (Northern Arizona University)

56 | TH3-257. Leveraging Opportunity and Managing Risk in Self-Funded Student Health Insurance Plans
Room: Suffolk, 3rd floor
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  NASW:1.5
After this session attendees should be able to:
1. Define the components of premium rates for a self-funded student health insurance plan.
2. Identify methods of controlling plan costs.
3. List ways to limit risk to your institution.
4. Discuss how the Affordable Care Act impacts self-funded student health plans.
Presenter(s): Heather Pineda, MPH (University of California)
Presider: Michael Huey, MD (Emory University)
Facilitator: Ellen Reynolds, MS (University of Rhode Island)

Please silence your cell phones during sessions.
**Thursday General Sessions**

**TH3-293. The Ethnic Diversity Coalition**

**Presenters:** What College Health is Doing to Address Health Disparities

**Room:** Salon B, 4th floor

**Sponsored by:** Foundation Josh Kaplan Fund for Clinical Medicine

**CME:** 1.5  **AAFP-P:** 1.5  **CNE:** 1.5  **CHES:** 1.5  **NASW:** 1.5

After this session attendees should be able to:
1. Define health disparity and two significant factors that influence such disparities.
2. Discuss five strategies that will help eliminate health disparities.
3. Identify unique programs/activities at five schools that address health disparities through targeted health and wellness programming for students of color.
4. Discuss the use of health disparity information in the development of campus programming.

**Presenter(s):** Tanya Tatum, MHA (Florida A&M University)

**TH3-333. Integrated Campus Health Service — A Stellenbosch University Perspective**

**Room:** Simmons, 3rd floor

**Sponsored by:** American College Health Association Foundation

**CME:** 1.5  **AAFP-P:** 1.5  **CNE:** 1.5  **CHES:** 1.5  **NASW:** 1.5

After this session attendees should be able to:
1. Explain why the change from Student Health Service to Campus Health Service was necessary.
2. Describe the services offered at Campus Health Service.
3. Identify challenges and threats to service delivery and what plans we have in place to overcome them.
4. Explain the integration of the administration process between our unit and the university.

**Presenter(s):** Lynne Julie, MBCib, DipFammed, and Valdene Southon, LLB (Stellenbosch University)

**Presider:** Chad Henderson, MBA, FACHA (University of Rhode Island)

**TH3-334. Vulvar Disease — Overview, Diagnosis, and Management for College-Aged Women**

**Room:** Salon G, 4th floor

**Sponsored by:** American College Health Foundation

**CME:** 1.5  **AAFP-P:** 1.5  **CHES:** 1.5  **NASW:** 1.5

After this session attendees should be able to:
1. Identify the normal vulva.
2. Identify the vulvar lichens.
3. Identify common causes of vulvar ulcers.
4. Describe an approach to vulvar pain and vulvodynia.

**Presenter(s):** Lynette Margesson, MD, FRCP

**Presider:** Deborah Mathis, CRNP (University of Pennsylvania)

**Facilitator:** Carol Gahl, PA-C (Eastern Washington University)

**TH3-341. New DEA e-Prescribing Regulations and Case Law Update**

**Room:** Trenton, 1st floor

**Sponsored by:** American College Health Foundation

**CME:** 1.5  **AAFP-P:** 1.5  **CHES:** 1.5  **NASW:** 1.5

After this session attendees should be able to:
1. Identify the federal law requirements of a pharmacy, prescriber, and intermediary when filling a prescription for an electronically prescribed controlled substance.
2. Describe what must be done if a pharmacy receives a paper prescription from a patient that indicates that it was previously electronically transmitted to a different pharmacy.
3. Identify the limits placed upon intermediaries when an electronic transmission fails and what the procedures are to be followed by the prescriber and intermediary upon transmission failure.
4. Compare the distinction between the new e-prescribing and the continuation of current prescription drug abuse among students.

**Presenter(s):** Laurence Sweeney, RPh, Esq (University of New England College of Pharmacy)

**Presider:** Deirdre Younger, BSPharm, MS (University of Maryland-College Park)

**Facilitator:** Ann Marie Johnson, RPh (University of Rhode Island)

**TH4-111. Service with Compassion: Empowering a College Community to Reduce Prescription Drug Abuse Among Students**

**Room:** St. Botolph, 2nd floor

**Sponsored by:** Foundation Josh Kaplan Fund for Clinical Medicine

**CME:** 1.5  **AAFP-P:** 1.5  **CHES:** 1.5  **NASW:** 1.5

After this session attendees should be able to:
1. Identify the breadth and consequences of prescription drug abuse among college students.
2. Discuss the use of a community-based participatory research model — Appreciative Inquiry (AI) — to empower a college community to decrease prescription drug abuse among its students.
3. Explain how to implement AI using collaborative partners in college communities.

**Presenter(s):** Marjorie Droppa, PhD, Caitlin Ruth, Jessica Joroin, Rachel Levy, and Jeanelle Boyer, MS, PhD (Keene State College)

**Presider:** Cecil Price, MD (Wake Forest University)

**TH4-172. Pulmonary Embolism in the College Health Population**

**Room:** Salon H and I, 4th floor

**Sponsored by:** American College Health Foundation

**CME:** 1.5  **AAFP-P:** 1.5  **CHES:** 1.5  **NASW:** 1.5

After this session attendees should be able to:
1. Define emotional eating among college students.
2. Discuss the consequences of emotional eating among college students.
3. Identify if there is a relationship between emotional eating, body mass index (BMI), and grade point average (GPA).
4. Identify if there is a relationship between emotional eating and college retention.

**Presenter(s):** Joanne Haefele, PhD, MS, BSN, and Patricia Braun, DNSC, MSN, MA, BSN (Northern Illinois University)

**Presider:** April Gehring, RN-C (Southeastern Oklahoma State University)

**TH4-173. Address Health Disparities in the Development of Campus Programming**

**Room:** Salon G, 4th floor

**Sponsored by:** American College Health Foundation

**CME:** 1.5  **AAFP-P:** 1.5  **CHES:** 1.5  **NASW:** 1.5

After this session attendees should be able to:
1. Define two clinical presentations of venous thromboembolism (VTE): pulmonary embolism (PE) and deep vein thrombosis (DVT).
2. Describe the consequences of emotional eating among college students.
3. Identify if there is a relationship between emotional eating, body mass index (BMI), and grade point average (GPA).
4. Identify diagnostic approaches to detection of possible DVT/PE.
5. Discuss treatment options for anticoagulation management.

**Presenter(s):** Vanessa Stoloff, MD (University of Pennsylvania)

**Presider:** Deborah Mathis, CRNP (University of Pennsylvania)

**Facilitator:** Adeola Ilesanmi, MSN, FNP (Winston-Salem State University)
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**64 | TH4-245. Self-Management Tools: It’s Not Just Patients Who Can Benefit From Them**
*Room: Tremont, 1st floor*

CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  NASW:1.5  
After this session attendees should be able to:
1. Describe three self-management tools used for patients with depression.
2. Describe three self-management tools for clinicians.
3. Describe a teaching process for clinicians learning to do this.
4. Describe how clinician self-management tools can be entered into the chart.

Presenter(s): Eleanor Davidson, MD, Tanya Massey, FNP, and Maryann McGlenn, PhD (Case Western Reserve University)
Presider: Sarah Fisher, BS, RN-BC (University of Richmond)
Facilitator: Gan Holt, ASN-RN (Rutgers University)

**65 | TH4-247. Parasites in the Academy**
*Room: Salon J and K, 4th floor*

CME:1.5  AAFP-P:1.5  CNE:1.5/.75  ACPE:1.5  (UAN-0025-9999-13-034-L01-P)
After this session attendees should be able to:
1. Differentiate the skin manifestations and clinical management of common ectoparasites (e.g., bed bugs, lice, scabies, fleas, and chiggers).
2. Identify infection with protozoal parasites (e.g., malaria, entamoeba, giardia, and cryptosporidium).
3. Describe manifestations of helminthic parasite infections in humans.
4. List key features of sexually transmitted parasite infection, including trichomonas and giardia.

Presenter(s): James Jacobs, MD, PhD (The Ohio State University)
Presider: Anne Hartig, BS, RPh (University of Nevada-Las Vegas)
Facilitator: Marie Powell-Daly, RPh (University of Maryland-College Park)

**66 | TH4-253. 2013 ACHA Advocacy Update**
*Room: Salon D, 4th floor*

CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  MCHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5  
After this session attendees should be able to:
1. Identify key advocacy topics identified by ACHA coalitions and sections.
2. Identify resources and strategies to advocate for college student health (e.g., legislative processes).
3. Identify components of the Affordable Care Act related to the delivery of health care on college campuses.

Presenter(s): Jenny Haubenreiser, MA, FACHA (Montana State University); Anita Barkin, DrPH, MSN, CRNP, FACHA (Carnegie Mellon University); Cindy McGahey, MBA (University of New Hampshire); Randy Nuckolls, JD (MeKenna Long & Aldridge LLP)
Presider: Mary Hoban, PhD, CHES (American College Health Association)

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Join the thousands of college health professionals who have discovered the benefits of ACHA membership!

ACHA members strengthen and increase the visibility of college health on campus and among the media, government, and other members of the general community. In addition, numerous resources and professional and personal development opportunities are available to members at discounted prices.

Visit [www.acha.org](http://www.acha.org) to learn more about the value of becoming an ACHA member!
Thursday General Sessions

TH4-265. How to Get the Information
You Need: Best Practices in Survey Design and Implementation
Room: Salon A, B, and C, 4th floor
CME:1.5  CHES:1.5  MCHES:1.5  NBCC:1.5  NASW:1.5
After this session attendees should be able to:
1. Identify common survey flaws.
2. Describe how to design surveys with high content validity.
3. Explain how to implement surveys based on best practices to minimize social desirability influences and increase response rate.
Presenter(s): Alyssa Lederer, MPH, CHES (Indiana University School of Public Health-Bloomington); Michelle Cohen Segall, MPH, CHES (Georgia Institute of Technology); Sara Oswalt, MPH, PhD (University of Texas at San Antonio); Dana Umscheid, PhD, MCHES (Middle Tennessee State University)
Presider: Faith Yingling, PhD, MEd, CHES (Bowling Green State University)

TH4-284. Integrating IT and Clinical Practice for Implementation and Support of Electronic Health Records at The University of Texas at Austin
Room: Wellesley, 3rd floor
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  MCHES:1.5  NASW:1.5
After this session attendees should be able to:
1. Identify obstacles to the efficient support and implementation of an electronic health record.
2. Discuss the strategies The University of Texas at Austin employed to address some of these obstacles from an information technology (IT) standpoint.
3. Explain the benefits of having a clinical provider in the IT department.
Presenter(s): Theresa Spalding, MD, Robert Reed, and Sherry Guyton, RN, MSN, FNP-BC (The University of Texas at Austin)
Presider: Laura Champion, MD (Calvin College)
Facilitator: Diane Cook (Dartmouth College)

TH4-286. Establishing Best Practices for Student Health Advisory Boards/Committees: A National Survey
Room: Boylston, 1st floor
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  NASW:1.5
After this session attendees should be able to:
1. Define the scope of student health advisory committees/boards within the sociocological model of health promotion in higher education.
2. Explain national survey data from student health advisory committees/boards from across the country.
3. Describe how to establish or enhance a student health advisory committee/board program within a range of campus types.
4. Discuss methods for benchmarking effectiveness of student health advisory committee/board organizations.
Presenter(s): Eduardo Gallindo (University of Utah); Christopher Schaefbauer, BS (University of Colorado Boulder); Cassie Souvy (University of Oregon); Chloe Sakow (Boston University); Megan Wittenburg (Arizona State University); Sebastien Laroche (University of Florida)
Presider: Darlene Nguyen (The University of Texas at Austin)

TH4-305. Ethical Principles and Practices Applied to College Health
Room: Suffolk, 3rd floor
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5
After this session attendees should be able to:
1. Define ethical principles.
2. Discuss ethical guidelines.
3. Discuss how ethical principles and guidelines apply to cases in college health.
Presenter(s): Victoria Judd, MD, MBA (University of Utah School of Medicine); Mary Beth Kattus, MPA, MS (Case Western Reserve University); Lori Denuw, EdD, ATC, MCHES, F-AAHE (A.T. Still University); Kent Bullis, MD (Ball State University); Sanya Tatsum, MHA (Florida A&M University)
Presider: Victoria Judd, MD, MBA (University of Utah School of Medicine)
Facilitator: Mary Beth Kattus, MPA (Case Western Reserve University)

TH4-324. Defining Roles and Responsibilities for the New College Health Nurse Through Standardized Nursing Competencies
Room: Salon E, 4th floor
CME:1.5
After this session attendees should be able to:
1. Define college health nursing standards and competencies.
2. Explain the qualifications and application process to be recognized as a college health nurse.
3. Describe how the application will be evaluated and the successful college health nurse will be recognized.
Presenter(s): Doreen Perez, MS, RN-BC (University of North Florida); Carol Perkins Kozel, BSN, RN (University of North Carolina at Chapel Hill); Dorothy Kaslowski, MSN, ANP-C (Rutgers University)

Stop by the ACHA Information Booth to:
- learn more about ACHA programs and services (ACHA-National College Health Assessment, ACHA-Peer Review Assistance Program, ACHA-Patient Satisfaction Assessment Service)
- pick up samples of ACHA’s health information brochures for young adults
- learn more about ACHA membership and benefits
Do you need an objective evaluation of your health services?

ACHA Peer Review Assistance Program

ACHA’s Peer Review Assistance Program for institutional health services can help you address a variety of college health related subjects!

ACHA’s peer reviewers are seasoned college health professionals who can provide your institution with recommendations for:

- Funding sources, generating revenue, and/or creating a business plan
- Integrating services
- Implementing strategies for collaborative care
- Staffing levels, compensation, and/or productivity
- Improving efficiencies within your health service and how to best meet students’ needs
- Changes or additions to services offered
- Administrative structures
- Planning facilities, size, layout, location, construction, and renovation
- And much, much more!

Your institution has the opportunity to set the objectives that determine how in-depth the peer review will be! ACHA will assist you by identifying appropriate reviewers and defining the scope of the review, as well as scheduling site visits.

To learn more, visit www.acha.org/Peer_Review/Peer_Review_Program.cfm or email rmack@acha.org.

American College Health Association
Friday, May 31, 2013

Special Events and Information

7:00 AM – 3:45 PM
Registration
Room: Grand Foyer, 4th Floor

7:00 AM
Continental Breakfast with Exhibitors
Room: Back Bay Conference and Exhibit Hall, 3rd floor

12:00 PM – 1:15 PM
Dorosin Memorial Lecture
Room: Salon E and F, 4th floor
Sponsored by the American College Health Foundation Aetna Student Health Fund
See Featured Events on page 17 and FR-331 on page 54 for more information.

5:30 PM – 6:30 PM
Assembly of Representatives
Room: Salon F, 4th floor
If you are a qualified voting member of ACHA, plan to attend the 2013 Assembly of Representatives and help shape the governance of ACHA by voting on recommended bylaws amendments. See page 20 for more information.

Meetings

7:00 AM – 8:00 AM
BS527. Continuing Education Committee
Room: Columbus I and II, 1st floor

12:00 PM – 1:15 PM
BS552. Students/Consumers Section
Room: Salon H and I, 4th floor

Wellness Activities

Walk Your Way to Fitness – in Fifteen Minutes!
Friday, May 31
9:30 AM – 10:00 AM
Room: Regis, 3rd floor

3:15 PM – 3:45 PM
Room: Exhibit Hall

Seated Chair Massage
Friday, May 31
11:30 AM – 3:30 PM
Room: Exhibit Hall

Special Events and Information

7:30 AM – 8:00 AM
Continental Breakfast with Exhibitors
Room: Back Bay Conference and Exhibit Hall, 3rd floor

8:00 AM – 9:30 AM
FR1-112. Sudden Cardiac Death and Cardiac Screening in the Student Athlete
Room: Salon A, B, and C, 4th floor
CME:1.5  AAFP-P:1.5  CNE:1.5
After this session attendees should be able to:
1. Identify the most common causes of sudden cardiac death in the United States.
2. Review the consensus recommendations for screening.
3. Identify the pros and cons of ECG screening.
Presenter(s): Matthew Pecci, MD (Boston University)
Presider: Adrienne Wald, EdD, MBA, BSN (University of Massachusetts-Boston)
Facilitator: Margaret Higham, MD (Tufts University)

8:00 AM – 9:30 AM
FR1-158. Meeting the Needs of Students with Autism Spectrum Disorders in a College Setting
Room: St. Botolph, 2nd floor
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  PsyCE:1.5
After this session attendees should be able to:
1. Define autism and Asperger’s Disorder.
2. Discuss the support needs that individuals with autism and Asperger’s have.
3. Discuss proactive strategies for working with adults diagnosed with Asperger’s Disorder.
Presenter(s): Karen Berkman, PhD, MSW, MS, and Joseph Puccio, MD, FAAP (University of South Florida)
Presider: Deborah Frank, RN, MS, ANP-BC (Syracuse University)
Facilitator: Catherine Vinzani, FNP (North Carolina State University)

8:00 AM – 9:30 AM
FR1-185. Current Landscape of Faculty and Staff Health and Wellness Programs
Room: Wellesley, 3rd floor
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  MCHES:1.5  NASW:1.5
After this session attendees should be able to:
1. Define the objectives of the Faculty and Staff Health and Wellness Coalition.
2. Define faculty and staff health and wellness programs.
3. Identify key components to a faculty and staff health and wellness initiative.
4. Identify best and promising practices within faculty and staff health and wellness.
Presenter(s): Nikki Brauer, MS (Illinois State University); Faith Yingling, MS, EdD, PhD, CHES (Bowling Green State University); Mindy Menn, MS (University of Florida); Dana Umscheid, PhD, MCHES (Middle Tennessee State University); Debra Weiss, MA, EdD (City University of New York)
Presider: Lori Dewald, EdD, ATC, MCHES, F-AAHE (A.T. Still University)

70 Please silence your cell phones during sessions.
**FR1-205. Improved Patient Care Utilizing Wrap-Around Services: Selected Diagnosis of Asthma and Stress Management**

**Room: Suffolk, 3rd floor**

CME:1.5 AAFP-P:1.5 CHE:1.5 MCHES:1.5
NASW:1.5 ACE:1.5 (UAN-0025-9999-13-039-L04-P)

After this session attendees should be able to:
1. List recommendations for the treatment of asthma and stress management.
2. Define wrap-around services.
3. Discuss the use of technology to assist in patient education efforts and provide a holistic experience.

**Presenters:** Saara Schwartz, MD, and Mariela Gabaroni, MS, MCHES (Florida International University)

**Presider:** Lauren Johnson, MD (Duke University)

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**FR1-246. Healthy Campus 2020: Connect, Collaborate, and Create**

**Room: Salon G, 4th floor**

CME:1.5 AAFP-P:1.5 CHE:1.5 MCHES:1.5
PsyCE:1.5 NBCC:1.5 NASW:1.5

After this session attendees should be able to:
1. Describe the Healthy Campus 2020 framework.
2. Identify sources and characteristics of data in college health settings.
3. Describe the transformation of data to knowledge using an adapted data-driven decision making framework.
4. Discuss data pitfalls and avoiding “analysis paralysis.”

**Presenters:** Sara Lin, MPH, CPH, and Amir Uribi, MPH (University of California Los Angeles)

**Presider:** Ruth Swisher, MS (University of Wisconsin-Whitewater)

**Facilitator:** Corie Beckermann, MS (St. Cloud State University)

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**FR1-259. Mathematical Model of Medical Provider Productivity in a Student Health Center**

**Room: Boylston, 1st floor**

CME:1.5 AAFP-P:1.5 CHE:1.5 MCHES:1.5
NASW:1.5

After this session attendees should be able to:
1. Contrast revenue sources and funding models used to support student health services.
2. Identify determinants of clinical provider productivity.
3. Explain relationships between clinical productivity and value of the services provided (subsidized system) or of the revenue generated (fee-for-service system).
4. Discuss multiple simulations generated by our mathematical model of medical provider productivity, relative to industry productivity benchmarks, and discuss implications for the fiscal sustainability of college health.

**Presenters:** James Jacobs, MD, PhD, and Nicholas Messenger (The Ohio State University)

**Presider:** Christopher Schaefbauer, BS (University of Colorado-Boulder)

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**FR1-287. Clinical Informatics in College Health: From Data to Knowledge**

**Room: Simmons, 3rd floor**

CME:1.5 AAFP-P:1.5 CHE:1.5 MCHES:1.5
NASW:1.5

After this session attendees should be able to:
1. Identify determinants of clinical provider productivity.
2. Describe the transformation of data to knowledge using an adapted data-driven decision making framework.
3. Discuss data pitfalls and avoiding “analysis paralysis.”

**Presenters:** Sara Lin, MPH, CPH, and Amir Uribi, MPH (University of California Los Angeles)

**Presider:** Ruth Swisher, MS (University of Wisconsin-Whitewater)

**Facilitator:** Corie Beckermann, MS (St. Cloud State University)

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**FR1-289. Healthy Campus Course: Using Inter-Disciplinary Education to Strengthen Ties Between Faculty and Student Affairs Professionals**

**Room: Tremont, 1st floor**

CME:1.5 AAFP-P:1.5 CHE:1.5 MCHES:1.5

After this session attendees should be able to:
1. Describe current research that illustrates the benefits of collaboration among departments to successful healthy campus initiatives.
2. Explain how the University of South Florida’s Healthy Campus course, co-taught by faculty and students affairs professionals, creates and maintains collaborations across the academic/student affairs divide.
3. Identify opportunities within your college or university to collaborate with faculty on academic initiatives.

**Presenters:** Laura Rusnak, MPH, and Jennifer Parker, MS, RD (University of South Florida)

**Presider:** Deb Taylor, RN, CWE (Anderson University)

**Facilitator:** Sarah Forsythe, RN, BSN, CWE (Anderson University)

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**Room: Salon D, 4th floor**

CME:1.5 AAFP-P:1.5 CHE:1.5 MCHES:1.5
PsyCE:1.5 NBCC:1.5 NASW:1.5

After this session attendees should be able to:
1. Differentiate community-based participatory research (CBPR) from traditional college health research methods.
2. Identify applications for CBPR research in college settings.
3. Describe a project that used CBPR methods to explore excessive drinking among undergraduates.
4. List benefits of CBPR projects on college campuses.

**Presenters:** Sandra Bulmer, PhD, MS, Sara Barrows, MS, MPH, Melissa Richard, MSW, Stephanie Santos, BS, Kara Pelletier, BS, Jude Lalanne, BS, and Laura Hnath, BS (Southern Connecticut State University); Barbara Barton, PhD, MPH, RN, CHES (State University of New York, College at Cortland)

**Presider:** Cynthia Burwell, EdD, MCHES (Norfolk State University)
**SCHEDULE OF PROGRAMS AND EVENTS**

**Friday General Sessions**

### 8:00 AM – 9:30 AM (cont.)

**FR1-330. The Science of Resilience in College Students**

**Room: Salon E and F, 4th floor**

Sponsored by the American College Health Foundation
UnitedHealthcare Student Resources Fund

CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5

After this session attendees should be able to:
1. Explain the key findings of research and new science regarding resilience.
2. List specific factors relating to resilience in college students.
3. Discuss strategies to enhance resilience to stress in college students.

**Presenters:** Steven Southwick, MD (Yale University School of Medicine); Brian Lupo, BA, BSN (Durham Regional Hospital)

**Presider:** Natalie Conner, MS, RN-BC (University of Washington)

**Facilitator:** Cynthia Roth, BSN (Northern Arizona University)

### 10:00 AM – 11:30 AM

**FR1-350. Generation Blend: Understanding Shifting Generational Norms and Their Impact on Student Resilience and Coping**

**Room: Salon J and K, 4th floor**

CME:1.5  AAFP-P:1.5  CNE:1.5 CHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5

After this session attendees should be able to:
1. Describe increased utilization of counseling center services across the nation.
2. Explain factors associated with increase in counseling center utilization.
3. Discuss psychological implications of changes in generational norms.
4. Discuss ways in which college professionals can provide students with an experience that supports health coping and encourages more intimate social connectedness.

**Presenters:** Marcus Hotaling, PhD (Union College); Peter Forkner, PhD, and Stephanie Kendall, PhD (Bentley University); Christopher Schaeff Bauer, BS (University of Colorado Boulder)

**Presider:** Genn Taylor, MS, APN, BC (Bentley University)

**Facilitator:** Michael Malnnon, PhD (Metropolitan State College of Denver)

**FR2-171. Benchmarks Versus Behaviors: A Picture of Health Behavior Trends Over 15 Years**

**Room: Salon A, B, and C, 4th floor**

CME:1.5  AAFP-P:1.5  CNE:1.5 CHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5

After this session attendees should be able to:
1. Describe the trends in prominent health problems that have persisted over 15 years of assessment.

**Presenters:** Steven Southwick, MD (Yale University School of Medicine); Brian Lupo, BA, BSN (Durham Regional Hospital)

**Presider:** John Miner, MD (Williams College)

**Facilitator:** Keith Anderson, PhD (Rensselaer Polytechnic Institute)

**FR2-144. Traumatic Brain Injury: Opportunities for Success**

**Room: Simmons, 3rd floor**

Sponsored by the American College Health Foundation Professional Nursing Fund

CME:1.5  AAFP-P:1.5  CNE:1.5 CHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5

After this session attendees should be able to:
1. Differentiate types of traumatic brain injury.
2. Describe management of traumatic brain injury.
3. Discuss outcomes from traumatic brain injury.

**Presenter(s):** Vincent Vacca, MSN (Union College); Peter Forkner, PhD, and Stephanie Kendall, PhD (Bentley University); Christopher Schaeff Bauer, BS (University of Colorado Boulder)

**Presider:** April Scruggs, MSN, FNP, CNS (Lynchburg College)

**Facilitator:** Brenda Johnston, RN, MSN (Oklahoma City University)

**FR2-181. Clinician Screening for Domestic Violence, Sexual Assault, and Molestation in College Students**

**Room: Suffolk, 3rd floor**

CME:1.5  AAFP-P:1.5  CNE:1.5 CHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5

After this session attendees should be able to:
1. Define intimate partner violence (IPV).
2. List physical consequences of IPV.
3. List the psychosocial consequences of IPV, sexual assault, and molestation.
4. Discuss strategies to improve IPV, sexual assault, and molestation screening of college students.

**Presenter(s):** Susan Moscou, FNP, MPH, PhD (Columbia University)

**Presider:** Linda Reid, RN-BC, BA (Oregon State University)

**FR2-195. Minors on Campus: Policies, Services, Risk, and Safety**

**Room: Tremont, 1st floor**

CME:1.5  AAFP-P:1.5  CNE:1.5 CHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5

After this session attendees should be able to:
1. Identify risks and benefits involved in caring for minors on campus.
2. Discuss legal issues, including background checks for staff, abuse reporting and legal liabilities for the institution, health services, and residential staff.
3. Discuss implications of HIPAA/FERPA and confidentiality issues in service delivery, including managing communication with parents and guardians.
4. Define policies and practices that should be in place to assure best practices in providing services to minors.

**Presenter(s):** Evan Pattishall, MD, Nancy Lambert, RN, BS, and Mary Alyce Nelson, MSN, RN (The Pennsylvania State University)

**Presider:** Kathy Mostelle, BSN (The University of Texas at Austin)

**Facilitator:** Kathy Carstens, BSN, RN, BC (Wayne Forest University)
SCHEDULE OF PROGRAMS AND EVENTS

Friday General Sessions

89  FR2-220. Applying the Socioecological Model to Enhance Programs and Services for Student-Veterans in a College Health Environment  
Room: Wellesley, 3rd floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  MCCHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Identify key challenges and barriers facing student-veterans as they transition from active service to an academic setting, including academic, physical, mental, social, and spiritual needs.  
2. Identify approaches to improve social support and create opportunities for student-veterans in a college health environment.  
3. Identify challenges and barriers facing university leadership and campus health professionals in creating a more supportive and wellness-enhancing campus environment.  
4. Discuss inter-relationships and interdependencies among members and systems of the campus and community to support the needs of student-veterans in higher education.  
Presenter(s): Brad Badgley, MEd (Columbia University); Lorri Castro-Zenoni (Salt Lake Community College)

90  FR2-255. A Response to Suicide Risk Among LGBT Youth and Young Adults  
Room: St. Botolph, 2nd floor  
Sponsored by the American College Health Foundation Ayers/Battle/Thomas Diversity Fund  
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  MCCHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Identify the differences in developmental stages for LGBT youth and young adults.  
2. Identify risk of suicide due to LGBT youth experiences due to changes in coming out process.  
3. Explain the importance of a connection to community interaction for young people.  
4. Discuss the influence of leadership activities on risk behaviors.  
Presenter(s): Nancy Mullen, MSW (Youth Outlook); Andrea Drott, MS, Ed (Northern Illinois University)  
Presider: Deborah Frank, RN,MS,ANP-BC (Syracuse University)  
Facilitator: Adeola Ilesanmi, MSN,FNP (Winston-Salem State University)

Room: Salon H and L, 4th floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  CHES:1.5  MCCHES:1.5  PsyCE:1.5  NBCC:1.5  NASW:1.5  
After this session attendees should be able to:  
1. List the current legal and ethical guidelines that must be addressed in the creation of Behavioral Intervention Teams.  
2. Identify the essential membership of Behavioral Intervention Teams.  
Presenter(s): Louise Douce, PhD (The Ohio State University); Greg Eells, PhD (Cornell University); Victor Schwartz, MD (The Jed Foundation); Chris Brownson, PhD (The University of Texas at Austin)  
Presider: Jamie Davidson, PhD (University of Nevada-Las Vegas)  
Facilitator: John Miner, MD (Williams College)

92  FR2-337. Test of Reinforcement for Chlamydia Trachomatis and Neisseria Gonorrhoeae: A Protocol Developed at a University Student Health Center to Increase Rescreening Rates Through a Clinic-Based Quality Improvement Plan  
Room: Salon J and K, 4th floor  
CME:1.5  AAFP-P:1.5  CNE:1.5/.25  
After this session attendees should be able to:  
1. List the CDC recommendations for Chlamydia trachomatis and Neisseria gonorrhoeae management.  
2. Explain the importance of a Chlamydia trachomatis and Neisseria gonorrhoeae Test of Reinfection.  
3. List three strategies to improve Chlamydia trachomatis and Neisseria gonorrhoeae Test of Reinfection patient compliance.  
Presenter(s): Susan Mancuso, MSN, FNP (University of Buffalo); Gale Burstein, MD, MPH (Erie County Department of Health)  
Presider: Craig Roberts, PA-C, MS (University of Wisconsin-Madison)  
Facilitator: Robert E. Fouts, PA-C, MS (University of Wisconsin-Madison)

93  FR2-345. Establishing a Successful Collaborative Medication Therapy Management Service  
Room: Salon D, 4th floor  
Sponsored by the American College Health Foundation Ayers/Battle/Thomas Diversity Fund and the Professional Nursing Fund  
CME:1.5  AAFP-P:1.5  CNE:1.5/.25  ACPE:1.5 (UAN-0025-9999-13-036-104-P)  
After this session attendees should be able to:  
1. Describe the value of medication therapy management (MTM) and collaborative drug therapy management within the patient centered medical home model.  
2. Define the opportunities of MTM practice initiatives in Connecticut.  
3. Identify reimbursement options for pharmacist services.  
Presenter(s): Thomas Buckley, MPH, BS Pharm (University of Connecticut School of Pharmacy)  
Presider: Deborah Hubbell, RPh (University of Connecticut)  
Facilitator: Deirdre Younger, BS Pharm, MS (University of Maryland-College Park)

94  FR2-346. To Bill or Not to Bill? That is the Question  
Room: Salon E and F, 4th floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  
After this session attendees should be able to:  
1. Identify key steps in determining whether or not to bill third party insurers for services rendered in the college health setting.  
2. Compare current practice within the health center to key steps for a successful billing program.  
3. Discuss the cost benefit analysis of potential billing program for your health center.  
Presenter(s): Ellen Reynolds, MS, Patricia Parkes, BS, RHIA, and Cynthia Yemma, AS, CPC (University of Rhode Island)  
Presider: Marc Goldfarb, MSW, CACIII (Fort Lewis College)  
Facilitator: LaVerne Locleh, BS (University of Colorado Anschutz Medical Campus)

95  FR2-351. Hot Topics: Clinical Medicine  
Room: Salon G, 4th floor  
CME:1.5  AAFP-P:1.5  CNE:1.5/.50  
After this session attendees should be able to:  
1. List several challenging scenarios facing college health professionals.  
2. Describe sources of up-to-date, evidence-based information for managing challenging clinical conditions.  
3. Describe strategies on other campuses for managing challenging clinical scenarios.  
4. Describe current funding challenges to providing clinical care.  
Presenter(s): David McBride, MD (Boston University); Craig Roberts, PA-C, MS (University of Wisconsin-Madison)  
Presider: John Vaughn, MD (The Ohio State University)  
Facilitator: John Dorman, MD (Stanford University)

Schedule subject to change without notice.
95 FR2-359. Moving from Theory and Research to Practice: Lessons Learned in the College Population
Room: Boylston, 1st floor
Sponsored by the American College Health Foundation Health Promotion in Higher Education Fund and the Murray DeArmond Student Activity Fund
CME:1.5 AAFP-P:1.5 CNE:1.5/3 CHES:1.5 MCHES:1.5 NASW:1.5
After this session attendees should be able to:
1. Describe the fundamental health promotion principles guiding for intervention development.
2. Describe the criteria for selecting evidence-based interventions.
3. Lists the steps to implementing evidence-based interventions in the college population.
4. Lists repositories of evidence-based health promotion interventions and examples of college-level interventions.
Presenter(s): William Vebor, HSD (Indiana University)
Presider: Joleen M. Nevers, MAEd, CHES, AASECT (University of Connecticut)
Facilitator: Heather Eastman-Mueller, PhD, CHES (University of Missouri)

96 FR3-116. Total Quality Improvement Assessment of Strep C B-Hemolytic Streptococci in the College Population
Room: Boylston, 1st floor
CME:1.5 AAFP-P:1.5 CNE:1.5/50 ACPE:1.5 (UAN-0025-9999-13-037-L01-P)
After this session attendees should be able to:
1. Discuss Strep C pharyngitis in the community and college health settings.
2. Compare pharyngeal Strep C treatment before and after corrective actions were implemented.
3. Discuss future options for treatment of pharyngeal Strep C in the college population.
Presenter(s): Valerie Kieler, MS, APRN-BC (University of Connecticut)
Presider: Tobby Ralground, PharmD (Middle Tennessee State University)
Facilitator: Ann Marie Johnson, RPh (Minnesota State University, Mankato)

98 FR3-168. Review and Update on the Evaluation and Management of Hypertension in the Young Adult
Room: Salon E, 4th floor
CME:1.5 AAFP-P:1.5 CNE:1.5/50
After this session attendees should be able to:
1. Define hypertension.
2. Discuss the evaluation of hypertension.
3. Identify causes of secondary hypertension and those at risk.
4. Discuss the management of hypertension.
Presenter(s): Donald Kreuz, MD, FACC (Columbia University)
Presider: Thomas Nary, MD (Boston College)
Facilitator: Ralph Manchester, MD (University of Rochester)

99 FR3-178. Medical Marijuana and the College Student
Room: St. Botolph, 2nd floor
CME:1.5 AAFP-P:1.5 CNE:1.5/25 CHES:1.5 MCHES:1.5 PsyCE:1.0 NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Compare the legal status of marijuana among the states and federal laws.
2. Discuss the motivations for obtaining a medical marijuana recommendation.
3. Compare student marijuana users who have a medical marijuana recommendation against those who do not.
4. Describe a comprehensive prevention strategy that takes a functional programmatic perspective to minimize the expected harms associated with increased access to marijuana.
Presenter(s): James Lange, PhD (San Diego State University)
Presider: April Lehrling, RN-C (Southeastern Oklahoma State University)
Facilitator: Gwendolyn Evans, RN-BC, MLER, LNC (Brookdale Community College)
**Friday General Sessions**

102 | FR3-210. Real Time Peer Review: Review a Manuscript With the Editors of JACH  
Room: Suffolk, 3rd floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  PsyCE:1.5  NASW:1.5  
After this session attendees should be able to:  
1. List the steps of the peer review process for JACH and provide examples of each.  
2. Define the types of manuscripts published in JACH and how the peer review process is applied to each.  
3. Identify errors commonly seen in submitted manuscripts and how they should be addressed by reviewers and authors.  
Presenter(s): John Vaughn, MD (The Ohio State University); Teli Aronowicz, PhD, FNP-BC (University of Massachusetts, Boston); Adam Barry, PhD (University of Florida)

103 | FR3-251. Campus Recovery Communities: Building and Sustaining Communities to Support Students in Recovery  
Room: Salon D, 4th floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  PsyCE:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Discuss the history of relapse prevention programs in college settings and the need for supporting college students in recovery.  
2. Identify the different approaches to implementing successful collegiate relapse prevention programs.  
3. Discuss the student perspective of collegiate recovery communities and how these communities promote service opportunities for these students both within the college community and the larger community.  
4. Identify key components of the process of recovery from substance addiction.  
5. Discuss how relapse prevention and recovery models work together in the collegiate recovery programs.  
Presenter(s): Lisa Laitman, MSEd, LCADC (Rutgers University); Teresa Johnston, MA, LPC (Kansas State University)  
Presider: Hillary Black, MSW (Simmons College)

104 | FR3-258. The Past, Present, and Future of Mental Health Services on Campus  
Room: Salon A, B, and C, 4th floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  PsyCE:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Review the historical roots of mental health services on college and university campuses.  
2. Discuss the present state of mental health practice in higher education.  
3. Explain how the role of mental health professionals may evolve in the future.  
Presenter(s): Jamie Davidson, PhD (University of Nevada, Las Vegas); Kathryn Alessandria, PhD, LPCMH, ACS (American College Counseling Association); Traci Callandrillo, PhD (American Psychological Association); Chris Browson, PhD (The University of Texas at Austin); Leigh White, MD (American Psychiatric Association); Dan Jones, PhD, ABPP (Association of University and College Counseling Center Directors); Melissa Bartsch (American College Personnel Association); John MacPhee, MBA, MPH (The Jed Foundation)  
Presider: Drayton Vincent, LCSW, MSW, BCD (Louisiana State University)  
Facilitator: Marcus Hotaling, PhD (Union College)

Room: Wellesley, 3rd floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  PsyCE:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Describe evidence-based strategies for promoting recall in adult learners/patients.  
2. Identify strategies for recall promotion in both patient care and teaching contexts.  
3. Describe a forum for sharing pedagogical strategies.  
Presenter(s): Scott Tripler, MD, and Alan Lorenz, MD (University of Rochester)  
Presider: Kathy Mosteller, BSN (The University of Texas at Austin)  
Facilitator: Mallory Bejster, RN, BSN (Illinois College)

106 | FR3-327. Trans Health Care 2013: A View from the Frontlines  
Room: Salon J and K, 4th floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  PsyCE:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Define transgender.  
2. Explain specific psychological issues on a college campus for transgendered students.  
3. Discuss health care needs and resources for transgendered students.  
Presenter(s): Norman Spack, MD (Boston Children's Hospital)  
Presider: Gerri Taylor, MS-ANP-BC (Bentley University)  
Facilitator: Mary Kay Connell, RNP (Salve Regina University)

107 | FR3-336. ACHA-National College Health Assessment 2013 Update  
Room: Salon H and I, 4th floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  PsyCE:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Identify significant findings from the most recent ACHA-NCHA data.  
2. Identify trends in ACHA-NCHA data since 2000.  
3. Identify future direction for the ACHA-NCHA.  
Presenter(s): Mary Hoban, PhD, CHES, and Valerie Hartman, MS (American College Health Association); Alejandro Martinez, PhD (Stanford University)

108 | FR3-339. Hot Topics: Administration  
Room: Salon G, 4th floor  
CME:1.5  AAFP-P:1.5  CNE:1.5  PsyCE:1.5  NASW:1.5  
After this session attendees should be able to:  
1. Identify issues relevant to administrators in college health centers and higher education through discussion groups.  
2. Discuss strategies for managing these issues on campus.  
Presenter(s): Ann Nadler, MA (University of Missouri-Columbia); Libby Graney, MBA, PhD (Boise State University); Mary Beth Kattus, MA (Case Western Reserve University)  
Presider: Rita Girth, RN (Pittsburgh State University)  
Facilitator: Diane Cook (Dartmouth College)

When attending a session or event, out of consideration for your fellow attendees, please ensure that you move as far forward and toward the center as possible to make seating available for your colleagues.
Friday General Sessions

111 FR4-204. Group Counseling: Making it Work on the Small Campus

Room: Suffolk, 3rd floor
CME: 1.5  AAFP-P: 1.5  CNE: 1.5  PsyCE: 1.5  NBCC: 1.5
NASW: 1.5
After this session attendees should be able to:
1. Describe benefits of group treatment in the college counseling center.
2. List statistics of group counseling usage rates contrasting large and small schools.
3. Discuss impediments to the use of group counseling on the small college campus.
4. Explain strategies used by counseling center staff to create successful group counseling programs.

Presenter(s): Keith Anderson, PhD (Rensselaer Polytechnic Institute); Jocelyn Novella, MA, LPC (Sacred Heart University); Joshua Zella, MS (Lee University); Marta Carlson, PhD (Assumption College); Susan Ellingwood, MSW, LKSW (Providence College)

Presider: Joy Himmel, PsyD, APRN-BC, LPC, NCC (The Institute); Jocelyn Novella, MA, LPC (Sacred Heart University); Rosemary Mulhull, RSM, MS (Sacred Threads Center)

Facilitator: Andrew Berger, PhD (Farmingdale State College)

112 FR4-207. Weaving the Thread of Spirituality Into Wellness

Room: Wellesley, 3rd floor
CME: 1.5  AAFP-P: 1.5  CNE: 1.5  MCHES: 1.5  PsyCE: 1.5  NBCC: 1.5
NASW: 1.5
After this session attendees should be able to:
1. Define spirituality.
2. Distinguish spirituality from religion.
3. Define practical techniques that partner spirituality and wellness.

Presenter(s): Maria DiLenzio, MA (Bentley University); Rosemary Mulhull, RSM, MS (Sacred Threads Center)

Presider: Deborah Rosenberger, BSN, RN-BC (University of Mary Hardin-Baylor School of Health Services)

Facilitator: Andrew Berger, PhD (Farmingdale State College)

113 FR4-214. Sexual Assault Prevention: Fostering a Positive Campus Sexual Culture

Room: Salon J and K, 4th floor
CME: 1.5  AAFP-P: 1.5  CNE: 1.5  MCHES: 1.5  PsyCE: 1.5  NBCC: 1.5
NASW: 1.5
After this session attendees should be able to:
1. Identify elements of campus sexual culture that contribute to sexual misconduct.
2. Identify traditional sexual prevention tactics that inadvertently strengthen problematic campus dynamics.
3. Discuss the benefits of positive intervention strategies.
4. Identify the advantages of working with well-trained peer educators.

Presenter(s): Melanie Boyd, PhD (Yale University)
Presider: Jamie Leonard, MPH, CHES (University of Virginia)

114 FR4-223. Common Oral Conditions for the Primary Care Provider

Room: Salon G, 4th floor
CME: 1.5  AAFP-P: 1.5  CNE: 1.5/.50
After this session attendees should be able to:
1. Describe normal oral and dental anatomy.
2. Discuss the epidemiology of dental and oral disease within the college-aged population.
3. Review current theories regarding oral cancers.
4. Identify triage and treatment of acute dental emergencies.

Presenter(s): Kenneth Ogawa, DMD, MD (University of Missouri-Columbia)
Presider: Jessica Higgs, MD (Bradley University)
Facilitator: Glenn Egelman, MD, MS, FACP

115 FR4-236. Beyond Advising: The Role of Coaching in Student Success

Room: Simmons, 3rd floor
CME: 1.5  CHES: 1.5  NASW: 1.5
After this session attendees should be able to:
1. Describe the key components of the University of Maryland, Baltimore’s Wellness and Academic-Life Balance conceptual model.
2. Discuss the importance and effectiveness of coaching as a tool for student learning and academic support.
3. Explain the basic concepts of the Co-Active Coaching model.
4. Define tools to effectively plan, develop, implement, and assess a coaching service at their respective universities.

Presenter(s): Hillary Edwards, BA (University of Maryland, Baltimore) Michelle Pearce, PhD (University of Maryland, Baltimore School of Medicine)
Presider: Darlene Nguyen (The University of Texas at Austin)

Web Posting of Presentation and Presenter Handouts

Ask the speakers at the presentations you attend to submit their materials for ACHA website inclusion. Attendees can download the materials from www.acha.org/AnnualMeeting13 after July 1. This is particularly helpful when speakers run out of handouts at the meeting.
Friday General Sessions

116. FR4-237. Vector-Borne Diseases in North America: Epidemiology, Diagnosis and Management

Room: St. Botolph, 2nd floor
CME:1.5 AAFP-P:1.5 CNE:1.5/.50

After this session attendees should be able to:
1. Describe current and emerging vector-borne diseases of concern in the U.S.
2. Discuss the ecological factors that have led to a resurgence of West Nile Virus infection in the U.S.
3. Identify elements essential to the proper diagnosis and management of West Nile virus disease and other mosquito and tick transmitted diseases.

Presenter(s): Alfred DeMaria, Jr., MD (Massachusetts Department of Public Health)
Presider: Gerri Taylor, MS, ANP-BC (Bentley University)
Facilitator: Craig Roberts, MS, PA-C (University of Nevada-Las Vegas)

117. FR4-248. Care at the Core: Lessons Learned from a Combined Health and Counseling Service

Room: Salon H and I, 4th floor
CME:1.5 AAFP-P:1.5 CNE:1.5/.25 CHES:1.5 MCHES:1.5 ACPE:1.5

After this session attendees should be able to:
1. Describe the potential of an integrated health and counseling service to influence the effectiveness of college health and wellness operations and initiatives.
2. Identify approaches to address potential obstacles to effective health services integration.
3. Discuss the priorities of a combined health service in addressing the needs of the greater college community.
4. Discuss the challenges of creating and maintaining coordination of care in a combined student health care setting.

Presenter(s): Robert Klein, MD, MBA, Peter Doyle, MD, Diane Hansen, EdJ, and John Jaynes, RN (Northeastern University)
Presider: April Scruggs, MSN, FNP, CNS (Lynchburg College)
Facilitator: Brenda Johnston, RN, MSN (Oklahoma City University)

118. FR4-342. Immunization Update 2013

Room: Salon E, 4th floor

Sponsored by the American College Health Foundation Professional Nursing Fund
CME:1.5 AAFP-P:1.5 CNE:1.5/.25 CHES:1.5 ACPE:1.5

After this session attendees should be able to:
1. Identify vaccine-preventable pathogens and the CDC recommended vaccines based upon live/inactivated, route, preparation, and storage.
2. Discuss the new High-Dose and Intradermal forms of influenza vaccine.
3. Describe ACIP recommendations and FDA approved indications for the CDC recommended vaccines.

Presenter(s): Kenneth McCall, BSPharm, PharmD (University of New England College of Pharmacy)
Presider: Anne Hartig, BS, RPh (University of Nevada-Las Vegas)
Facilitator: Marie Powell-Daly, RPh (University of Maryland-College Park)

119. FR4-348. Understanding Contraception

Room: Salon A, B, and C, 4th floor
CME:1.5 AAFP-P:1.5 CNE:1.5/.25 CHES:1.5 MCHES:1.5 NASW:1.5

After this session attendees should be able to:
1. Identify the mechanisms of action for currently available contraceptives.
2. Explain the benefits and risks of different contraceptives, based on their pharmacology.
3. Describe some of the recent data regarding safety of contraceptives, over-the-counter availability, and new and emerging contraceptives.

Presenter(s): Alexandra Hall, MD (University of Wisconsin-Stout)
Presider: Deborah Mathis, CRNP (University of Pennsylvania)
Facilitator: Stephanie Hansenberg, FNP-BC (University of Colorado-Colorado Springs)

119-A. FR4-360. Enhancing the Sexual Health of College Students: Utilizing the SIECUS Sexuality Education Guidelines and ETR Curriculum

Room: Boylston, 1st floor

Sponsored by the American College Health Foundation Health Promotion in Higher Education Fund and the Murray DeArmound Student Activity Fund
CME:1.5 AAFP-P:1.5 CNE:1.5/.3 CHES:1.5 MCHES:1.5 ACPE:1.5

After this session attendees should be able to:
1. Describe the college sexual environment.
2. List the sexual development issues of college students.
3. Describe features of the SIECUS and ETR programs applicable to enhancing college student sexual health.
4. Lists the components of establishing a personal sexual voice and code of behavior.

Presenter(s): William Yarbrough, HSD (Indiana University)
Presider: Heather Eastman-Mueller, PhD, CHES (University of Missouri-Columbia)
Facilitator: Joleen Nevers, MAEd (University of Connecticut)

We appreciate your feedback!

Your comments will help the Program Planning Committee prepare and plan sessions and events for next year’s meeting in San Antonio!

Annual Meeting General Evaluation Instructions
Provide overall feedback about the meeting at www.acha.org/AnnualMeeting13

Session Evaluation for all Meeting Attendees and Continuing Education Instructions
Use the worksheets included in your tote bag during or after each session to jot down your thoughts. Then when you have access to the Internet, go online to evaluate the sessions.

Presenters and Presiders/Facilitators
You will receive an email after the meeting with a link to a short survey about your experience at the meeting.
Saturday, June 1, 2013

Special Events and Information

7:00 AM – 11:00 AM
Registration
Room: Grand Foyer, 4th Floor

7:00 AM
Continental Breakfast
Room: Grand Foyer, 4th floor

10:00 AM – 11:30 AM
Closing Presidential Session
Room: Salon E and F, 4th floor
Sponsored by the American College Health Foundation UnitedHealthcare StudentResources Fund. See Featured Events on page 17 and SA2-357 on page 59 for more information.

Meetings

7:00 AM – 8:00 AM
BS553. 2013 Program Planning Committee Debriefing
Room: Vermont, 5th floor
Section program planners for the 2013, 2014, and 2015 ACHA annual meetings are encouraged to attend.

8:00 AM – 10:00 AM
BD504. ACHA Board of Directors
Room: Regis, 3rd floor

1:00 PM – 2:30 PM
BD505. ACHA Executive Committee

Saturday General Sessions

3. Explain how personalized normative feedback works.
Presenter(s): Clayton Neighbors, PhD (University of Houston); Christine Reilly, MA (National Center for Responsible Gaming)
Presider: Susan Hochman, MPH, MCHES (The University of Texas at Austin)

4. Explain ways to effectively communicate with a student who may present with an eating disorder.
Presenter(s): Joann Hendelman, PhD, RN, FAED, CEDS, and Johanna Kandel, BA (Alliance for Eating Disorders Awareness)
Presider: Gae Holt, ASN-RN (Rutgers University)

121. SA1-118. Eating Disorders 101: How to Screen, Assess, and Diagnose Students With Eating Disorders
Room: Salon H, J, J, and K, 4th floor
CME:1.5 AAFP-P:1.5 CNE:1.5 CHES:1.5 PsyCE:1.5 NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Identify signs of eating disorders.
2. Identify screening questions to assess if an eating disorder may be present in a student.
3. Identify the new and lesser known eating disorders.
4. Explain how personalized normative feedback works.
Presenter(s): Clayton Neighbors, PhD (University of Houston); Christine Reilly, MA (National Center for Responsible Gaming)
Presider: Susan Hochman, MPH, MCHES (The University of Texas at Austin)

122. SA1-167. Promoting Strengths-Based, Collaborative Treatment at Your College Counseling Service
Room: Wellesley, 3rd floor
CME:1.5 AAFP-P:1.5 CNE:1.5 CHES:1.5 PsyCE:1.5 NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Explain the elements of strengths-based, collaborative assessment.
2. Discuss how to bring a strengths-based focus to ongoing treatment.
3. Describe how to create strength-based medical records.
4. Describe how to implement a strengths-based approach in a college-mental health setting.
Presenter(s): SuEllen Hamkins, MD, and Josh Relin, PsyD (University of Massachusetts, Amherst)
Presider: Michael Malmon, PhD (Metropolitan State College of Denver)
Facilitator: Drayton Vincent, LCSW, MSW, BCD (Louisiana State University)

123. SA1-175. Creating a Caring Community: Engaging Peers in Campus Suicide Prevention and Mental Health Promotion
Room: Tremont, 1st floor
CME:1.5 AAFP-P:1.5 CNE:1.5 CHES:1.5 MCHES:1.5 PsyCE:1.5 NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Explain the importance of adopting a comprehensive, campuswide approach to mental health promotion and suicide prevention.
2. Describe best practices for engaging peers in campus suicide prevention and mental health promotion efforts.
3. Identify strategies other campuses have used to incorporate peer programs into their comprehensive suicide prevention plans.
Presenter(s): Kerri Smith, LCSW, MPH (The Suicide Prevention Resource Center); Charles Morse, MA (Worcester Polytechnic Institute)
Presider: Keith Anderson, PhD (Rensselaer Polytechnic Institute)
Facilitator: John Miner, MD (Williams College)

Please silence your cell phones during sessions.
Saturday General Sessions

8:00 AM – 9:30 AM (cont.)

SA1-194. Eliminating Waiting Lists: Short-Term Prevention Groups for College Students
Room: St. Botolph, 2nd floor
CME:1.5 AAFP-P:1.5 CNE:1.5 CHES:1.5 PsyCE:1.5
NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Describe the need and rationale for this mode of delivery.
2. Describe the program.
3. Discuss outcome of the program.
Presenter(s): Shane Owens, PhD, ABPP, Andrew Berger, PhD, ABPP, Jill Bandura, PhD, Christopher Browne, PhD, Kristin Lopez, MS, Meredith McWilliams, MS, and Al-Jameela Youssel, MS (Farmingdale State College)

SA1-226. Integration of Physical Activity Into Depression Treatment in College Health: The Wellcat Fit Experience
Room: Simmons, 3rd floor
CME:1.5 AAFP-P:1.5 CNE:1.5 CHES:1.5 PsyCE:1.5
NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Describe the role of exercise/physical activity in the treatment of depression in the college student population.
2. Identify key elements in the selection and training of "physical activity buddies" for treatment of depression.
3. Describe the potential successes and challenges of an "exercise buddy" program for depressed college students.
Presenter(s): Deborah Stewart, MD, and Garrett Rieck, MA (California State University-Chico)
Presider: Carl Shaner, RN, MSN (Pennsylvania College of Technology)
Facilitator: April Lehrling, RN-C (Southeastern Oklahoma State University)

SA1-266. Outsourcing of a University-Operated Student Health Service: A Case Study — CANCELLED BY PRESENTER

SA1-274. Energy Drinks on College Campuses: Motivations, Risky Behaviors, and Health Concerns
Room: Salon E and F, 4th floor
CME:1.5 AAFP-P:1.5 CNE:1.5/.50 CHES:1.5 PsyCE:1.5
NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Describe demographics of energy drink consumption in college students.
2. Describe motivations for energy drink consumption.
3. Identify health concerns associated with energy drinks.
4. Describe the relationship between energy drink consumption and risk-taking behaviors.
Presenter(s): J. Roxanne Prichard, PhD, and Caitlin Kelly (University of St. Thomas)
Presider: Deborah Hubbell, RPh (University of Connecticut)
Facilitator: Deirdre Younger, BS Pharm, MS (University of Maryland-College Park)

SA1-301. Medical Grand Rounds: Type 1 Diabetes in Young Adults Transitioning to College: Medical Management Issues and Risks
Room: Boylston, 1st floor
Sponsored by the American College Health Foundation Josh Kaplan Fund for Clinical Medicine
CME:1.5 AAFP-P:1.5 CNE:1.5/.50 CHES:1.5 PsyCE:1.5
NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Define the challenges of intensive medical management of type 1 diabetes for college students.
2. List the risk factors for and prevention of severe hypoglycemia with special attention to alcohol ingestion.
3. Discuss the special risks of eating disorders in young women with diabetes.
4. Review the common office gynecologic issues in young women with type 1 diabetes.
Presenter(s): M. Joan Mansfield, MD (Joslin Diabetes Center)
Presider: Gerri Taylor, MS,ANP-BC (Bentley University)
Facilitator: Jill deGrauw, APRN,FNP-BC (Austin Peay State University)

SA1-338. Type 1 Diabetes in Young Adults Transitioning to College: Medical Management Issues and Risks
Room: Simmons, 3rd floor
Sponsored by the American College Health Foundation Josh Kaplan Fund for Clinical Medicine
CME:1.5 AAFP-P:1.5 CNE:1.5/.50 CHES:1.5 PsyCE:1.5
NBCC:1.5 NASW:1.5
After this session attendees should be able to:
1. Discuss the basis of professional stress and burnout, particularly with increasing challenges facing institutions of higher education.
2. Identify the fundamental values and privileges associated with the work of college health.
3. Discuss sources of renewal and wellness within the practice of college health.
4. Discuss how self-care and renewal allows professionals to provide better service to students.
Presenter(s): Charles Hatem, MD (Harvard Medical School/ Mount Auburn Hospital)
Presider: Jenny Haubenreiser, MA, FACHA (Montana State University)
Facilitator: Pat Ketcham, PhD, CHES, FACHA (Oregon State University)

Please join us next year in San Antonio!

Envisioning Building Achieving
May 27-31 • San Antonio, Texas
ACHA 2014 Annual Meeting
Conducted in collaboration with the Southwest College Health Association
www.acha.org/AnnualMeeting14
## SESSION INDEX

### TUESDAY, MAY 28, 2013

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 AM - 12:00 PM</td>
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<tr>
<td>1</td>
<td>Boot Camp for New Directors</td>
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<td>2</td>
<td>Pharmacotherapy Update - Part I: Selected Topics in Primary Care (UAN-0025-9999-13-026-L01-P)</td>
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<td>3</td>
<td>Quality in College Health: Achieving AAAHC Accreditation</td>
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<td>4</td>
<td>The Columbia Suicide Severity Rating Scale (C-SSRS): A Training Workshop</td>
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<td>5</td>
<td>Healthy Campus 2020: Connect, Collaborate, and Create</td>
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<td>6</td>
<td>Pharmacotherapy Update - Part II: Selected Topics in Mental Health (UAN-0025-9999-13-027-L01-P)</td>
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<td>7</td>
<td>Public Health Emergency Preparedness and Response Exercise Workshop</td>
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<td>8</td>
<td>Strategies for Developing College Health-Specific Nursing Protocols and Policies: Expanding the Effort</td>
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<td>9</td>
<td>Supervision of Mental Health Trainees in a College/University Setting; Practical, Legal and Ethical Issues</td>
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### WEDNESDAY MAY 29, 2013

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8:00 AM - 9:30 AM</td>
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<tr>
<td>10</td>
<td>Continuing Education Workshop for Program Planners (Affiliate and Institutional)</td>
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<td>10:00 AM - 11:45 AM</td>
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<td>11</td>
<td>Keynote Address: The Long-View of College Health: A National Focus on Disease Prevention, Health Promotion, and the Value of Creating Healthy Campus Environments</td>
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<td>12</td>
<td>Implementing HIPAA and ICD-10</td>
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<td>13</td>
<td>Recruitment, Training, Retention: Creating Remarkable Peer Education Groups</td>
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<td>14</td>
<td>Female Athlete Triad: Evaluation and Treatment Options</td>
<td>1.5</td>
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<td>15</td>
<td>Best Practices in Health Services Integration: A Case Study</td>
<td>1.5</td>
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<td>16</td>
<td>Crohn's and the College Student (UAN-0025-9999-13-030-L01-P)</td>
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<tr>
<td>17</td>
<td>Using Virtual Reality Simulations and Other Technology to Enhance Clinical Skills in Managing Prescription Drug and Other Substance Abuse</td>
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<tr>
<td>18</td>
<td>Skills Building and Clinical Pearls: Challenging Cases in STI Diagnosis and Treatment of Young Adults</td>
<td>1.5</td>
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<tr>
<td>19</td>
<td>Confronting the Reality of Sexual Violence on the College Campus</td>
<td>1.5</td>
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<tr>
<td>20</td>
<td>Bringing Professional Practice into Alignment with the Standards of Practice for Health Promotion in Higher Education: The 2nd Edition of Vision Into Action Revealed!</td>
<td>1.5</td>
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<tr>
<td>21</td>
<td>Genotyping The Patient Requiring Mental Health Medications: When Does It Make Sense? (UAN-0025-9999-13-031-L01-P)</td>
<td>1.5</td>
</tr>
<tr>
<td>22</td>
<td>Grand Rounds: Mental Health</td>
<td>1.5</td>
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<td>23</td>
<td>The National Tobacco-Free College Campus Initiative: Building and Supporting Community Health on Campus</td>
<td>1.5</td>
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</tbody>
</table>
## SESSION INDEX

### WEDNESDAY MAY 29, 2013

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>CME</th>
<th>AAFP-P</th>
<th>CNE Pharm</th>
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<tbody>
<tr>
<td>24</td>
<td>Marijuana Update 2013</td>
<td>1.5</td>
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<td>25</td>
<td>An Emerging Campus Mental Health Model: Integrative Treatment and Supported Education for College Students with Serious Mental Illness</td>
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<td>26</td>
<td>Social Media: Policy Creation and Liability Management</td>
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<td>27</td>
<td>Tests for Tuberculosis (TB) Infection in the College Student Population: Performance of Tuberculin Skin Test (TST) and QuantIFERON-TB Gold inTube (QFT) Relative to Risk Factors</td>
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<td>28</td>
<td>Developing a Multidisciplinary Eating Disorder Treatment Team in a University Setting</td>
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<td>29</td>
<td>HIV Pre-Exposure and Post-Exposure Prophylaxis for High Risk Sexual Behavior in Men Who Have Sex with Men</td>
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<td>30</td>
<td>Toward a Medical Home Model: Closing Urgent Care and Tracking Its Impact on Continuity</td>
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<td>31</td>
<td>Implementing Alcohol Risk Management Research in College Settings: The Safer California Universities Panel</td>
<td>1.5</td>
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<tr>
<td>32</td>
<td>College Health Insurance/Benefit Plans — Post Affordable Care Act</td>
<td>1.5</td>
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<td>33</td>
<td>Enhancing College Student Sleep: Programming Strategies that Could Work on Your Campus</td>
<td>1.5</td>
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<td>34</td>
<td>Improving the Health Literacy of a University: A Collaborative Campus Effort</td>
<td>1.5</td>
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<td>35</td>
<td>Herbal Basics: What Every Healthcare Provider Should Know (UAN-0025-9999-13-029-L01-P)</td>
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### THURSDAY, MAY 30, 2013

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<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>CME</th>
<th>AAFP-P</th>
<th>CNE Pharm</th>
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<th>NBCC</th>
<th>NASW</th>
<th>ACPE</th>
</tr>
</thead>
<tbody>
<tr>
<td>36</td>
<td>Managing Mental Health and Complex Medical Issues in Study Abroad Programs</td>
<td>1.5</td>
<td>1.5</td>
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<tr>
<td>37</td>
<td>Review and Update on Oral Antibiotics and the Emergence of Antimicrobial Resistance (AMR): New Guidelines for the Management of Common Out-Patient Infections in Young Adults to Avoid Treatment Failure</td>
<td>1.5</td>
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<td>38</td>
<td>Utilizing Acceptance and Commitment Therapy (ACT) with College and University Students</td>
<td>1.5</td>
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<td>The Concussed Student Athlete — Return to Sport and the Classroom</td>
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<td>Title IX and Bystander Intervention Methods: Maximizing How We Train Faculty, Staff and Students</td>
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<td>Beyond Medical Diagnosis and Treatment: Uncovering and Prioritizing Tasks at the Visit</td>
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<td>Establishing Best Practices for Student Health Advisory Boards/Committees: A National Survey</td>
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<td>Defining Roles and Responsibilities for the New College Health Nurse Through Standardizing Nursing Competencies</td>
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### FRIDAY, MAY 31, 2013

#### 8:00 AM – 9:30 AM

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<td>Sudden Cardiac Death and Cardiac Screening in the Student Athlete</td>
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<td>Meeting the Needs of Students with Autism Spectrum Disorders in a College Setting</td>
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<td>Current Landscape of Faculty and Staff Health and Wellness Programs</td>
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<td>Improved Patient Care Utilizing Wrap-Around Services: Selected Diagnosis of Asthma and Stress Management (UAN-0025-9999-13-039-L04-P)</td>
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<td>Healthy Campus 2020: Connect, Collaborate, and Create</td>
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<td>Mathematical Model of Medical Provider Productivity in a Student Health Center</td>
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<td>Clinical Informatics in College Health: From Data to Knowledge</td>
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<td>Healthy Campus Course: Using Inter-Disciplinary Education to Strengthen Ties Between Faculty and Student Affairs</td>
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<td>Breathing New Life Into College Health Research: Using CBPR Methods to Inform Programming</td>
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<td>The Flu Fighter Vaccination Campaign: A Cross Campus Collaboration that Optimizes Student Learning and Student Health</td>
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<td>The Science of Resilience in College Students</td>
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<td>Generation Blend: Understanding Shifting Generational Norms and Their Impact on Student Resilience and Coping</td>
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<td>Benchmarks Versus Behaviors: A Picture of Health Behavior Trends Over 15 Years</td>
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<td>Clinician Screening for Domestic Violence, Sexual Assault, and Molestation in College Students</td>
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<td>Minors on Campus: Policies, Services, Risk and Safety</td>
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<td>Applying the Socioecological Model to Enhance Programs and Services for Student-Veterans in a College Health Environment</td>
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<td>A Response to Suicide Risk Among LGBT Youth and Young Adults</td>
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<td>Balancing Safety and Support on Campus: A Guide for Behavioral Intervention Campus Teams</td>
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<td>Test of Reinfection for Chlamydia Trachomatis and Neisseria Gonorrhoeae; a Protocol Developed at a University Student Health Center to Increase Rescreening Rates through a Clinic-based Quality Improvement Plan</td>
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<td>Establishing a Successful Collaborative Medication Therapy Management Service (UAN-0025-9999-13-036-L04-P)</td>
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<td>To Bill or Not to Bill? That is the Question</td>
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<td>Moving from Theory and Research to Practice: Lessons Learned in the College Population</td>
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<tr>
<td>Vector-Borne Diseases in North America: Epidemiology, Diagnosis and Management</td>
<td>1.5</td>
<td>1.5</td>
</tr>
<tr>
<td>Care at the Core: Lessons Learned from a Combined Health and Counseling Service</td>
<td>1.5</td>
<td>1.5</td>
</tr>
<tr>
<td>Immunization Update 2013 (UAN-0025-9999-13-038-L01-P)</td>
<td>1.5</td>
<td>1.5</td>
</tr>
<tr>
<td>Understanding Contraception</td>
<td>1.5</td>
<td>1.5</td>
</tr>
<tr>
<td>Enhancing the Sexual Health of College Students: Utilizing the SIECUS</td>
<td>1.5</td>
<td>1.5</td>
</tr>
<tr>
<td>SESSION INDEX</td>
<td></td>
<td></td>
</tr>
<tr>
<td>----------------</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**CONTINUING EDUCATION (see page 28)**

<table>
<thead>
<tr>
<th></th>
<th>CME</th>
<th>AAFP-P</th>
<th>CME Pharm</th>
<th>CHES</th>
<th>MCHES</th>
<th>PsyCE</th>
<th>NBCC</th>
<th>NASW</th>
<th>ACPE</th>
</tr>
</thead>
</table>

**SATURDAY, JUNE 1, 2013**

### 8:00 AM – 9:30 AM

|  | Eating Disorders 101: How to Screen, Assess, and Diagnose Students with Eating Disorders | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |
|  | Addressing College Gambling: An Evidence-Based Online Screening and Brief Intervention | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |
|  | Promoting Strengths-Based, Collaborative Treatment at Your College Counseling Service | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |
|  | Creating a Caring Community: Engaging Peers in Campus Suicide Prevention and Mental Health Promotion | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |
|  | Eliminating Waiting Lists: Short-Term Prevention Groups for College Students | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |
|  | Integration of Physical Activity Into Depression Treatment in College Health: The Wellcat Fit Experience | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |
|  | Outsourcing of a University-Operated Student Health Service: A Case Study | CANCELLED BY PRESENTER |
|  | Energy Drinks on College Campuses: Motivations, Risky Behaviors and Health Concerns (UAN-0025-9999-13-040-L04-P) | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |
|  | Medical Grand Rounds: Unknown Case Presentation and Discussion | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |
|  | Type 1 Diabetes in Young Adults Transitioning to College: Medical Management Issues and Risks | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |

### 10:00 AM – 11:30 AM

|  | Presidential Session: Wellness and Renewal for the College Health Professional: Returning to What Matters | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |

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**American College Health Association (ACHA-NCHA)**

Having current, relevant data about your students’ health can help you to enhance campus-wide health promotion and prevention services.

The American College Health Association’s National College Health Assessment (ACHA-NCHA) — a nationally recognized research survey conducted twice a year since 2000 — can assist you in collecting precise data about your students’ habits, behaviors, and perceptions on the widest range of health issues including: alcohol, tobacco, and other drug use; sexual health; weight, nutrition, and exercise; mental health; personal safety and violence; and impediments to academic performance.

Visit [www.acha-ncha.org](http://www.acha-ncha.org) for more information. Or, call the ACHA-NCHA Program Office at (410) 859-1500.

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**American College Health Association**
Current guidelines require that participants in continuing education activities be made aware of 1) any relationships between speakers and commercial entities, 2) discussion of off-label uses of medications and/or devices, and 3) any limitations in data cited. Through the Call for Programs process, speakers were asked to complete conflict of interest statements regarding relationships with commercial entities. Speakers will be asked to verbally disclose whether they will be addressing any limitations in data cited. The following presenters have indicated that they have relationships with commercial entities to disclose:

Gale Burnstein, MD, MPH, has disclosed that she is receiving financial assistance for this program from the NYC STD/HIV Prevention Training Center.  92

Michelle Brownrigg, MSc, has disclosed that the program receives support from ParticipACTION via the Ontario Trillium Foundation.  101

Adelaide Robb, MD, has disclosed that she is a consultant for Bristol Myers Squibb, Otsuka (Data Safety Monitoring Board chair), Lundbeck, and Eli Lilly and has received grant/research support from Bristol Myers Squibb, Forest, Glaxo Smith Kline, Janssen, Merck, Lundbeck, NICHDI, Otsuka, and Supernus.  55

Mary Hoban, PhD, CHES, has disclosed that she is employed by the American College Health Association.  107

Valerie Hartman, MS, has disclosed that she is employed by the American College Health Association.  107

Wendy Stephan, MPH, CHES, has disclosed that she is receiving financial assistance for this program from the American Association of Poison Control Centers.  109

Clayton Neighbors, PhD, has disclosed that he is receiving financial assistance from and is a current grantee of The National Center for Responsible Gaming.  121

Christine Reilly, MA, has disclosed that she is employed by The National Center for Responsible Gaming.  121

Web Posting of Presentations and Presenter Handouts

Ask the speakers at the presentations you attend to submit their materials for ACHA website inclusion. Attendees can download the materials from www.acha.org after July 1. This is particularly helpful when speakers run out of handouts at the meeting.

Presenters, please bring a copy of your presentation and handouts on a CD or flash drive to the Speaker Information Booth. Please label it with the complete session name and number, along with your name.
PRESENTERS DIRECTORY

B

Barbara Barton, PhD, MPH, RN, CHES
State University of New York, College at Cortland
Cortland, NY
81

Melissa Bartsch, PhD
University of Tennessee-Knoxville
(American College Personnel Association)
Knoxville, TN
104

Mary Becerra, MPH, CHES
California State University, Fullerton
Fullerton, CA
31

Andrew Berger, PhD, ABPP
Farmingdale State College
Farmingdale, NY
124

Karen Berkman, PhD, MSW, MS
University of South Florida
Tampa, FL
74

Diedre Berry-Guy, MPH
Temple University
Philadelphia, PA
50

Paul Biddinger, MD, FACEP
Harvard School of Public Health
Boston, MA
7

Melanie Boyd, PhD
Yale University
New Haven, CT
113

Jeanelle Boyer, MS, PhD
Keene State University
Keene, NH
61

Charley Bradley, BPS, RNBC, FACHA
Dartmouth College
Hanover, NH
1

Nikki Brauer, MS
Illinois State University
Normal, IL
75

Patricia Braun, DNSC, MSN, MA, BSN
Northern Illinois University
De Kalb, IL
62

Lisa Broek, MA, CHES
Macalester College
St. Paul, MN
33

Christopher Browne, PhD
Farmingdale State College
Farmingdale, NY
124

Michelle Brownrigg, MSc
University of Toronto
Toronto, Ontario, Canada
101

Chris Brownson, PhD
The University of Texas at Austin
Austin, TX
48, 68, 91, 104

Thomas Buckley, MPH, BS Pharm
University of Connecticut School of Pharmacy
Storrs, CT
93

Kent Bullis, MD
Ball State University
Muncie, IN
48, 71

Sandra Bulmer, PhD, MS
Southern Connecticut State University
New Haven, CT
81

Michelle Burcin, PhD, MPH, MCHES
Walden University
Madison, WI
5, 77

Gale Burstein, MD, MPH
Erie County Department of Health
Buffalo, NY
92

C

Charles Caley, PharmD, BCPP
University of Connecticut School of Pharmacy
Hartford, CT
21

Traci Callandrillo, PhD
American University
(American Psychological Association)
Washington, DC
104

Angela Campbell, RHIA
Eastern Illinois University
Charleston, IL
12

Marta Carlson, PhD
Assumption College
Worcester, MA
111

Amy Carmack, MA, MS
University of Kansas Medical Center
Kansas City, KS
39

Jessica Caron, MSN
Beth Israel Medical Center
Boston, MA
51

Dana Carpenter, MPH
University of Louisville
Louisville, KY
34

Lorri Castro-Zenoni
Salt Lake Community College
Salt Lake City, UT
89

Vivien Chan, MD
University of California, Irvine
Irvine, CA
55

Margaret Charpentier, PharmD, BCPS
University of Rhode Island College of Pharmacy
Kingston, RI
2

Kimberly Chestnut, PhD
Temple University
Philadelphia, PA
50

Meghan Cohen, MPH
University of Maryland, College Park
College Park, MD
41

Birdie Cunningham, MA
University of St. Thomas
St. Paul, MN
33

D

Aimee Daigle, MSN, FNP-BC
Louisiana State University
Baton Rouge, LA
28

Benjamin Dauksewicz, MA
Harvard School of Public Health
Boston, MA
7

Craig Davidson, MD
University of Oregon
Eugene, OR
40

Eleanor Davidson, MD
Case Western Reserve University
Cleveland, OH
10, 43, 64

Jamie Davidson, PhD
University of Nevada, Las Vegas
Las Vegas, NV
104
PRESENTERS DIRECTORY

D

Luis De Jesus, MD
Rutgers University-Newark
Newark, NJ
37

Alfred DeMaria, Jr., MD
Massachusetts Department of Public Health
Jamaica Plain, MA
116

Lori Dewald, EdD, ATC, MCHES, F-AAHE
A. T. Still University
Kirkville, MO
71

Maria DiLorenzo, MA
Bentley University
Waltham, MA
112

Louise Douce, PhD
The Ohio State University
Columbus, OH
91

Clifford Douglas, JD
University of Michigan School of Public Health
Ann Arbor, MI
23

Peter Doyle, MD
Northeastern University
Boston, MA
117

Marjorie Droppa, PhD
Keene State College
Keene, NH
49, 61

Andrea Drott, MS Ed
Northern Illinois University
DeKalb, IL
90

David Drum, PhD
The University of Texas at Austin
Austin, TX
68

Brooke Durland, MD
Rochester Institute of Technology
Rochester, NY
1

Lana Dvorkin-Camiel, PharmD, RPh
Massachusetts College of Pharmacy and Health Sciences
Boston, MA
35

E

Marla Eby, PhD
Cambridge Health Alliance
Cambridge, MA
9

Hillary Edwards, BA
University of Maryland, Baltimore
Baltimore, MD
115

Greg Eells, PhD
Cornell University
Ithaca, NY
38, 91

Susan Ellingwood, MSW, LICSW
Providence College
Providence, RI
111

James Ellison, MD, MPH
Harvard Medical School
Belmont, MA
6

F

Theresa Fagouri, BS, CHES
California State University, Chico
Chico, CA
31

Michael Fiore
MD, MPH, MBA
University of Wisconsin-Madison
23

Peter Forkner, PhD
Bentley University
Waltham, MA
84

M. Gerard Fromm, PhD
Austen Riggs Center
Stockbridge, MA
52

G

Mariela Gabaroni, MS, MCHES
Florida International University
Miami, FL
76

Eduardo Galindo
University of Utah
Salt Lake City, UT
70

Jennifer Gilkes, MD
Louisiana State University
Baton Rouge, LA
28

H

Carol Gilligan, PhD
New York University
New York, NY
96

Paul Gitterman, LICSW, MSc, CGP
Williams College
Williamstown, MA
9

Helen Gordon, DNP, CNM, CNE
Duke University
Durham, NC
82

Libby Greaney, MBA, PhD
Boise State University
Boise, ID
108

Paul Grossberg, MD
University of Wisconsin School of Medicine and Public Health
Madison, WI
17

Raymond Grundman, MSN, MPA
Accreditation Association for Ambulatory Health Care
Skokie, IL
3

Sherry Guyton, RN, MSN, FNP-BC
The University of Texas at Austin
Austin, TX
69

Joanne Haefele, PhD, MS, BSN
Northern Illinois University
DeKalb, IL
62

Alexandra Hall, MD
University of Wisconsin, Stout
Menomonie, WI
119

SuEllen Hamkins, MD
University of Massachusetts-Amherst
Amherst, MA
122

Kaycee Hammer
Slippery Rock University
Grove City, PA
86

Diane Hansen, EdD
Northeastern University
Boston, MA
117

Jean Hanson, RN, MPH
Duke University
Durham, NC
82
<table>
<thead>
<tr>
<th>Name</th>
<th>Affiliation</th>
<th>Location</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frances Harding</td>
<td>Substance Abuse and Mental Health Services Administration</td>
<td>Rockville, MD</td>
<td>48</td>
</tr>
<tr>
<td>Colleen Harshbarger, MS</td>
<td>E-RYT 500 West Virginia University</td>
<td>Morgantown, WV</td>
<td>54</td>
</tr>
<tr>
<td>Valerie Hartman, MS</td>
<td>American College Health Association Hanover, MD</td>
<td>Hanover, MD</td>
<td>107</td>
</tr>
<tr>
<td>Michelle Hartman, DNP, PNP</td>
<td>Duke University</td>
<td>Durham, NC</td>
<td>82</td>
</tr>
<tr>
<td>Charles Hatem, MD</td>
<td>Harvard Medical School/Mount Auburn Hospital</td>
<td>Cambridge, MA</td>
<td>130</td>
</tr>
<tr>
<td>Jenny Haubenreiser, MA</td>
<td>FACHA Montana State University</td>
<td>Bozeman, MT</td>
<td>23, 48, 66</td>
</tr>
<tr>
<td>Melissa Heivly</td>
<td>University of North Carolina-Wilmington</td>
<td>Wilmington, NC</td>
<td>13</td>
</tr>
<tr>
<td>Joann Hendelman, PhD, RN</td>
<td>FAED, CEDS Alliance for Eating Disorders Awareness</td>
<td>West Palm Beach, FL</td>
<td>120</td>
</tr>
<tr>
<td>Katherine Hsu, MD, MPH</td>
<td>Massachusetts Department of Public Health/Boston University School of Medicine</td>
<td>Jamaica Plain, MA</td>
<td>18</td>
</tr>
<tr>
<td>Deborah Hubbell, RPh</td>
<td>University of Connecticut</td>
<td>Storrs, CT</td>
<td>46</td>
</tr>
<tr>
<td>Stephen Hughes, MD</td>
<td>Cornell University</td>
<td>Ithaca, NY</td>
<td>44</td>
</tr>
<tr>
<td>Lara Hunter, LCSW</td>
<td>State University of New York at Stony Brook</td>
<td>Stony Brook, NY</td>
<td>44</td>
</tr>
<tr>
<td>Dori Hutchinson, ScD</td>
<td>Boston University</td>
<td>Boston, MA</td>
<td>25</td>
</tr>
<tr>
<td>James Jacobs, MD, PhD</td>
<td>The Ohio State University</td>
<td>Columbus, OH</td>
<td>65, 78</td>
</tr>
<tr>
<td>Maryanne Jaconis, MS</td>
<td>University of Wyoming</td>
<td>Laramie, WY</td>
<td>44</td>
</tr>
<tr>
<td>Dick Jardine, PhD</td>
<td>Keene State College</td>
<td>Keene, NH</td>
<td>49</td>
</tr>
<tr>
<td>John Jaynes, RN</td>
<td>Northeastern University</td>
<td>Boston, MA</td>
<td>117</td>
</tr>
<tr>
<td>Arnold Jennerman, MBA, BBA</td>
<td>University of Wisconsin-Madison</td>
<td>Madison, WI</td>
<td>15, 45</td>
</tr>
<tr>
<td>Jessica Jodoin</td>
<td>Keene State College</td>
<td>Keene, NH</td>
<td>61</td>
</tr>
<tr>
<td>Teresa Johnston, MA, LPC</td>
<td>Kennesaw State University</td>
<td>Atlanta, GA</td>
<td>103</td>
</tr>
<tr>
<td>Victoria Judd, MD, MBA</td>
<td>University of Utah School of Medicine</td>
<td>Salt Lake City, UT</td>
<td>71</td>
</tr>
<tr>
<td>Lynne Julie, MBChB, DipFammed</td>
<td>Stellenbosch University</td>
<td>Stellenbosch, Western Cape, South Africa</td>
<td>58</td>
</tr>
<tr>
<td>Mary Beth Katitus, MPA</td>
<td>Case Western Reserve University</td>
<td>Cleveland, OH</td>
<td>71, 108</td>
</tr>
<tr>
<td>Johanna Kandel, BA</td>
<td>Alliance for Eating Disorders Awareness</td>
<td>West Palm Beach, FL</td>
<td>120</td>
</tr>
<tr>
<td>Kevin Kapila, MD</td>
<td>Fenway Health</td>
<td>Boston, MA</td>
<td>29</td>
</tr>
<tr>
<td>Adrienne Keller, PhD</td>
<td>University of Virginia</td>
<td>Charlottesville, VA</td>
<td>42</td>
</tr>
<tr>
<td>Caitlin Kelly</td>
<td>University of St. Thomas</td>
<td>St. Paul, MN</td>
<td>127</td>
</tr>
<tr>
<td>Stephanie Kendall, PhD</td>
<td>Bentley University</td>
<td>Waltham, MA</td>
<td>84</td>
</tr>
<tr>
<td>Valerie Kiefer, MS, APRN-BC</td>
<td>University of Connecticut</td>
<td>Storrs, CT</td>
<td>97</td>
</tr>
<tr>
<td>Laura Hnath, BS</td>
<td>Southern Connecticut State University</td>
<td>New Haven, CT</td>
<td>81</td>
</tr>
<tr>
<td>PRESENTERS DIRECTORY</td>
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<td>Robert Klein, MD, MBA</td>
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</tr>
<tr>
<td><strong>117</strong></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Meg Kobe, MAT</td>
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<td>Santa Cruz, CA</td>
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</tr>
<tr>
<td><strong>31</strong></td>
<td></td>
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<tr>
<td>Howard Koh, MD, MPH</td>
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<td>U.S. Department of Health and Human Services</td>
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<td>Washington, DC</td>
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<tr>
<td><strong>11</strong></td>
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<tr>
<td>Carol Perkins Kozel, BSN, RN</td>
<td></td>
<td></td>
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<tr>
<td>University of North Carolina at Chapel Hill</td>
<td></td>
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</tr>
<tr>
<td>Chapel Hill, NC</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>72</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dorothy Kozlowski, MSN, ANP-C</td>
<td></td>
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<td>Rutgers University</td>
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</tr>
<tr>
<td>New Brunswick, NJ</td>
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</tr>
<tr>
<td><strong>8, 72</strong></td>
<td></td>
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<tr>
<td>Donald Kreuz, MD, FACC</td>
<td></td>
<td></td>
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<td>Columbia University</td>
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</tr>
<tr>
<td>New York, New York</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>98</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| **L**                |
| Lisa Laitman, MSEd, LCADC |
| Rutgers University      |
| New Brunswick, NJ       |
| **103**                |
| Jude Lalanne, BS        |
| Southern Connecticut State University |
| New Haven, CT           |
| **81**                 |
| Patricia Lamberson, MPH  |
| City University of New York |
| New York, NY            |
| **100**                |
| Nancy Lambert, RN, BS   |
| The Pennsylvania State University |
| University Park, PA     |
| **88**                 |
| James Lange, PhD        |
| San Diego State University |
| San Diego, CA           |
| **99**                 |
| Daryl Lapp, JD          |
| Edwards, Wildman, and Palmer LLP |
| Boston, MA              |
| **52**                 |
| Sebastien Laroche       |
| University of Florida   |
| Gainesville, FL         |
| **70**                 |
| Ashley LaSala, MS, MEd  |
| Temple University       |
| Philadelphia, PA        |
| **50**                 |
| Alyssa Lederer, MPH, CHES |
| Indiana University School of Public Health-Bloomington |
| Bloomington, IN         |
| **54, 67**             |
| Sara Lee, MD            |
| Rainbow Babies & Children's Hospital Cleveland, OH |
| **43**                 |
| Simon Lejeune, MD       |
| Massachusetts Institute of Technology Boston, MA |
| **9**                  |
| Rachel Levy             |
| Keene State College     |
| Keene, NH               |
| **61**                 |
| Qiao Ming (Mandy) Li, MPH, CPH |
| University of California, Davis |
| Davis, CA               |
| **31**                 |
| Sara Lin, MPH, CPH      |
| University of California-Los Angeles Los Angeles, CA |
| **79**                 |
| David Lisak, PhD        |
| Framingham, MA          |
| **19**                 |
| Kristin Lopez, MS       |
| Farmingdale State College |
| Farmingdale, NY         |
| **124**                |
| Alan Lorenz, MD         |
| University of Rochester Rochester, NY |
| **105**                |
| Christopher Lucas, MD, MPH |
| New York University     |
| New York, NY            |
| **4**                  |
| Brian Lupo, BA, BSN     |
| Durham Regional Hospital Durham, NC |
| **82**                 |
| Celia MacDonnell, PharmD |
| University of Rhode Island College of Pharmacy |
| Kingston, RI            |
| **2**                  |
| Kathleen MacLachlan, MS, ANP-BC |
| Syracuse University (retired) Syracuse, NY |
| **8, 10**              |
| John MacPhee, MBA, MPH  |
| The Jed Foundation New York, NY |
| **104**                |
| Kathleen Malara, MSN, FNP-BC |
| Fordham University Bronx, NY |
| **8**                  |
| Michael Malmon, PhD     |
| Metropolitan State University of Denver Denver, CO |
| **10**                 |
| Susan Mancuso, MSN, FNP |
| University of Buffalo Buffalo, NY |
| **92**                 |
| M. Joan Mansfield, MD   |
| Joslin Diabetes Center Boston, MA |
| **129**                |
| Luis Manzo, PhD         |
| St. John's University Queens, NY |
| **100**                |
| Lynette Margesson, MD, FRCPC Mancheshire, NH |
| **59**                 |
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| Northwestern University/Lurie Children's Hospital of Chicago Chicago, IL |
| **55**                 |
| Alejandro Martinez, PhD  |
| Stanford University Stanford, CA |
| **107**                |
| Tanya Massey, FNP       |
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| **64**                 |
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| **51, 95**             |
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Durham, NH 32, 66

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Case Western Reserve University
Cleveland, OH 64

Sharon McMullen, RN, MPH
University of Pennsylvania
Philadelphia, PA 27

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Farmingdale, NY 124

Mindy Menn, MS
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Gainesville, FL 75

Patricia MacGill, PhD
Salem State University
Salem, MA 11

Nicholas Messenger
The Ohio State University
Columbus, OH 78

Amy Melichar Messman, MEd, MCHES
Marquette University
Milwaukee, WI 20

John Miner, MD
Williams College
Williamstown, MA 52

Donald Misch, MD
University of Colorado-Boulder
Boulder, CO 24

Brian Mistler, PhD
Ringling College
Sarasota, FL 26

N

Ann Nadler, MA
University of Missouri-Columbia
Columbia, MO 108

Clayton Neighbors, PhD
University of Houston
Houston, TX 121

Eve-Lynn Nelson, PhD
University of Kansas Medical Center
Kansas City, KS 39

Mary Alyce Nelson, MSN, RN
The Pennsylvania State University
University Park, PA 88

Lena Newlin, MPH, CHES
University of Wyoming
Laramie, WY 44

Judy Norsigian, BA
Our Bodies Ourselves
Cambridge, MA 47

Jocelyn Novella, MA, LPC
Sacred Heart University
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Randy Nuckolls, JD
McKenna, Long & Aldridge LLP
Washington, D.C. 66

O

Danielle Oakley, PhD
University of Wisconsin-Madison
Madison, WI 15

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University of Missouri-Columbia
Columbia, MO 114

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University of Rhode Island College of Pharmacy
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Sara Osvalt, MPH, PhD
University of Texas at San Antonio
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Farmingdale State College
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P

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Tampa, FL 80

Lois Parker, BSPharm, RPh
Massachusetts General Hospital
Holliston, MA 46

Patricia Parkes, BS, RHIA
University of Rhode Island
Kingston, RI 94

Evan Pattishall, MD
The Pennsylvania State University
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Michelle Pearce, PhD
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</tr>
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</tr>
<tr>
<td>Slippery Rock University</td>
</tr>
<tr>
<td>Slippery Rock, PA</td>
</tr>
<tr>
<td>86</td>
</tr>
<tr>
<td>Doreen Perez, MS, RN BC</td>
</tr>
<tr>
<td>University of North Florida</td>
</tr>
<tr>
<td>Jacksonville, FL</td>
</tr>
<tr>
<td>72</td>
</tr>
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<td>56</td>
</tr>
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<td>Boston, MA</td>
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<td>14</td>
</tr>
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<tr>
<td>33, 127</td>
</tr>
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</tr>
<tr>
<td>Tampa, FL</td>
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<td>74</td>
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<td><strong>R</strong></td>
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<td>46</td>
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<td>22</td>
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<td>The University of Texas at Austin</td>
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<tr>
<td>Austin, TX</td>
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<tr>
<td>69</td>
</tr>
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<td>121</td>
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<td>University of Massachutes, Amherst</td>
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<td>122</td>
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<td><strong>E</strong></td>
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<td>94</td>
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<td>25, 36</td>
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<td>University of South Florida</td>
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<td>70</td>
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<td>Boston, MA</td>
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<td>University of Colorado Boulder</td>
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<td>Boulder, CO</td>
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<td>70, 84</td>
</tr>
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<td>Miami, FL</td>
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<td>76</td>
</tr>
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</tr>
<tr>
<td>The Jed Foundation</td>
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<td>New York, NY</td>
</tr>
<tr>
<td>48, 91</td>
</tr>
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<td>67</td>
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<td>110</td>
</tr>
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<tr>
<td>Cambridge, MA</td>
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<td>9</td>
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<tr>
<td>13</td>
</tr>
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<td>123</td>
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58
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West Haven, CT
83
Norman Spack, MD
Boston Children’s Hospital
Boston, MA
106
Theresa Spalding, MD
The University of Texas at Austin
Austin, TX
69
Margaret Spear, MD
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University Park, PA
3
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30
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109
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Chico, CA
125
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Baton Rouge, LA
28
Vanessa Stoloff, MD
University of Pennsylvania
Philadelphia, PA
63
Wendy Stuhldreher, PhD
Slippery Rock University
Slippery Rock, PA
86
Laurence Sweeney, RPh, Esq
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North Chelmsford, MA
60
Valdene Southon, LLB
Stellenbosch University
Stellenbosch, Western Cape, South Africa
58

T
Tanya Tatum, MHA
Florida A&M University
Tallahassee, FL
57, 71
Trisha Tinney, MS, CHES
University of North Carolina-Wilmington
Wilmington, NC
13
Mark Torres, MPH
University of Oregon
Eugene, OR
41
Scott Tripler, MD
University of Rochester
Rochester, NY
105
James Turner, MD, FACHA
University of Virginia
Charlottesville, VA
42

U
Amrit Ubhi, MPH
University of California, Los Angeles
Los Angeles, CA
79
Dana Umscheid, PhD, MCHES
Middle Tennessee State University
Murfreesboro, TN
67, 75

V
Vincent Vacca, MSN
Brigham & Women’s Hospital
Boston, MA
85
Sarah Van Orman, MD, MMM, FACHA
University of Wisconsin-Madison
Madison, WI
1, 15
Nianne VanFleet, MS, RN, NE-BC
Cornell University
Ithaca, NY
44
Joshua Zello, MS
Lee University
Cleveland, OH
111

W
Jessica Hughes Wagner, MPH, MCHES
The University of Texas at Austin
Austin, TX
110
Debra Weiss, MA, EdD
City University of New York
New York, NY
41, 75
Leigh White, MD
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(American Psychiatric Association)
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104
Evelyn Wiener, MD
University of Pennsylvania
Philadelphia, PA
16
Megan Wittenberg
Arizona State University
Tempe, AZ
70

Y
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Bloomington, IN
95A, 119A
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University of Rhode Island
Kingston, RI
94
Faith Yingling, MSED, PhD, CHES
Bowling Green State University
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41, 75
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