### MEETING AT A GLANCE

#### TUESDAY, MAY 31
- **Registration Opens**
  - 7:00 a.m.-6:00 p.m.
- **Educational Programming and Workshops**
  - 8:00 a.m.-5:00 p.m.
- **Foundations of Leadership Workshop**
  - 12:00 p.m.-3:00 p.m.
- **Committee Meetings**
  - 5:30 p.m.-7:00 p.m.
  - 7:30 p.m.-9:00 p.m.

#### WEDNESDAY, JUNE 1
- **Registration**
  - 7:00 a.m.-3:45 p.m.
- **Newcomers’ Orientation to ACHA**
  - 7:30 a.m.-8:45 a.m.
- **Presiders/Facilitators Orientation**
  - 9:00 a.m.-9:45 a.m.
- **Student Mentoring Orientation**
  - 9:00 a.m.-9:45 a.m.
- **Opening General Session**
  - 10:00 a.m.-11:45 a.m.
- **Section Meetings**
  - 12:00 p.m.-1:15 p.m.
  - Newcomers welcome and encouraged to attend!
- **Student Orientation**
  - 12:00 p.m.-1:15 p.m.
- **Educational Programming**
  - 8:00 a.m.-9:30 a.m.
  - 10:00 a.m.-11:30 a.m.
- **Affiliate Meetings**
  - 12:00 p.m.-1:15 p.m.
  - Newcomers welcome and encouraged to attend!
  - **Educational Programming**
  - 1:45 p.m.-3:15 p.m.
  - 3:45 p.m.-5:15 p.m.

#### THURSDAY, JUNE 2
- **Registration**
  - 7:00 a.m.-3:45 p.m.
- **Opening Breakfast with Exhibitors**
  - 7:00 a.m.
- **Exhibit Hall, Silent Auction, and Poster Sessions**
  - 7:00 a.m.-11:00 a.m.
  - 12:00 p.m.-4:00 p.m.
- **Educational Programming**
  - 8:00 a.m.-9:30 a.m.
  - 10:00 a.m.-11:30 a.m.
- **Affiliate Meetings**
  - 12:00 p.m.-1:15 p.m.
  - Newcomers welcome and encouraged to attend!
  - **Educational Programming**
  - 1:45 p.m.-3:15 p.m.
  - 3:45 p.m.-5:15 p.m.
- **Assembly of Representatives**
  - 5:30 p.m.-7:00 p.m.
- **Gay, Lesbian, Bisexual, and Transgender Issues Networking**
  - 6:30 p.m.-7:00 p.m. (dinner follows)
- **San Diego Fiesta**
  - 7:30 p.m.-11:00 p.m.
- **AA/Al-Anon Open Meeting**
  - 9:00 p.m.-10:00 p.m.

#### FRIDAY, JUNE 3
- **Registration**
  - 7:00 a.m.-3:45 p.m.
- **Continental Breakfast with Exhibitors**
  - 7:00 a.m.
- **Exhibit Hall, Silent Auction, and Poster Sessions**
  - 7:00 a.m.-1:00 p.m.
- **Educational Programming**
  - 8:00 a.m.-9:30 a.m.
  - 10:00 a.m.-11:30 a.m.
- **Dorosin Memorial Luncheon**
  - 11:45 a.m.-1:15 p.m.
- **Educational Programming**
  - 1:45 p.m.-3:15 p.m.
  - 3:45 p.m.-5:15 p.m.
- **Assembly of Representatives**
  - 5:30 p.m.-7:00 p.m.

#### SATURDAY, JUNE 4
- **Fun Run**
  - 7:00 a.m.
- **Registration**
  - 8:00 a.m.-11:00 a.m.
- **Continental Breakfast**
  - 8:00 a.m.
- **Educational Programming**
  - 9:00 a.m.-10:30 a.m.
  - 11:00 a.m.-12:30 p.m.
- **2005-2006 Program Planning Committee Meeting**
  - 1:30 p.m.-3:30 p.m.

### Contents
- Acknowledgements .................. 4
- Sponsors ............................ 5
- In Memory ........................... 7
- ACHA Presidential Citations .......... 10
- General Information ................. 11
- Featured Events ...................... 14
- Poster Sessions ..................... 17
- Future College Health Meetings .... 20
- Continuing Education Details ....... 25
- Schedule of Programs & Events ..... 26
- Session Indices ..................... 56
- Presenter Directory ................ 70
- Planning Grid ....................... 71
- Hotel Floor Plans ................... 80

Schedule subject to change without notice.
Welcome to the American College Health Association 2005 Annual Meeting, “Charting a Course for College Health Leadership,” conducted in collaboration with the Pacific Coast College Health Association. We’re glad that you have joined us in San Diego for five days of outstanding educational programming, all by the warmth of the Pacific Ocean. You have taken advantage of a wonderful opportunity to earn continuing education credits, participate in key committee work, network with colleagues, and discuss the latest strategies and research.

ACHA recognizes the importance of leaders and leadership development within your community, on your campus, at state and national levels, and within ACHA. This year’s meeting presents more than 150 multidisciplinary sessions that address the complex health, wellness, and safety issues that require your effective leadership skills and collaborative efforts.

The meeting also features a continuation of our Foundations of Leadership Program; important section, affiliate, and committee meetings; and several special social events, including the San Diego Fiesta. Be sure to explore the latest college-health related products and services in our Exhibit Hall, which also houses the Silent Auction and Poster Sessions.

Our host hotel, the Town and Country Resort, offers landscaped grounds and outdoor pools for your enjoyment. We also hope that you will take time to discover our host city of San Diego, known throughout the world for its harbor and attractions: San Diego Zoo, SeaWorld, LEGOLAND, and the San Diego Wild Animal Park. If you are an outdoor enthusiast, you can choose from a range of water and sports activities at miles of beaches. Or, discover the city’s history and Spanish influence in Old Town San Diego and Balboa Park.

On behalf of the Program Planning Committee, Board of Directors, Pacific Coast College Health Association, and ACHA staff, enjoy your stay and thank you for joining us for this college health event!

2005 Annual Meeting Goals

Consistent with ACHA’s mission, values, and goals of advancing the health of college students and the campus community through service to the professionals in the field, we, the members of the association, gather at the annual meeting with invited guests to:

1. Foster an understanding about how the diversity of human experience and the socio-cultural context affects the health of individuals and community.

2. Create collaborative opportunities for the interdisciplinary exchange of ideas among students and professionals in the college health field.

3. Encourage the integration of college health with the missions of the institutions we serve.

4. Gain a greater understanding of the health care environments in which we operate.

5. Promote research, continuing education, and collaborative program development that will enable us to provide population and resource appropriate:

   - health promotion and disease prevention services
   - clinical services
   - mental health services
   - consumer services

   to the individuals and higher education communities we serve.
2005 PROGRAM PLANNING COMMITTEE

Program Planning Committee Chair/ACHA President-Elect
Doreen A. Perez, MS, BSN, RN-BC
University of North Florida

ACHA President
Nancy Allen, MA, CHES
Michigan State University

Leadership Program/ACHA Vice President
Dorothy Kozlowski, MSN, RN, NPC
Rutgers University

Section Program Planners

Administration
Susan Skalsky, MD, MPH, MBA
Montclair State University

Clinical Medicine
Jay W. Cranston, MD
Appalachian State University

Health Promotion
Melissa J. Kenzig, MSPH, CHES
Columbia University

Mental Health
Michael D. Malmon-Berg, PhD
College of Wooster

Nursing
Carol Perkins Kozel, BSN, RN
University of North Carolina-Chapel Hill

Nurse-Directed Health Services
A. Nancy Anderson, BSN, RN-C
College of Wooster

Pharmacy
John Q. Adams, PharmD
University of Nevada-Reno

Students/Consumers
Mary Tschann
University of San Francisco

Local Arrangements Chair
Jean Benthien, CRNP, MSN
Point Loma Nazarene University

Affiliate Program Planner
Pacific Coast College Health Association
Cathy Kodama, MPH
University of California-Berkeley

Advisors

Advisor for Student Issues
Reginald Fennell, PhD, CHES
Miami University

Advisor for American Academy of Family Physicians
Yvonne Mark, MD, MMS
Johns Hopkins University

Continuing Education Reviewers

Chair, Continuing Education Committee and Chair, Subcommittee on Continuing Medical Education
Eleanor W. Davidson, MD
Case Western Reserve University

Chair, Subcommittee on Continuing Nursing Education
Kathleen MacLachlan, MS, RN-C, ANP
Syracuse University

Chair, Subcommittee on Continuing Education for Psychologists
Michael D. Malmon-Berg, PhD
College of Wooster

Chair, Subcommittee on Continuing Education for Certified Health Education Specialists
Ric Underhile, PhD, CHES
Outside the Classroom, Inc.

AWARDS COMMITTEE

Committee Chair
Rosa Thomas, MPH, CHES
University of Tennessee

Oscar Battle Jr., MA, MPH
San Jose State University

Robert Dollinger, MD
Florida International University

R. Christa Eckert, MD
Tulane University

Carl Labbe, RPh
Arizona State University

Rhonda Luckey, EdD, MSPH
Indiana University of Pennsylvania

Scott Spear, MD
University of Wisconsin-Madison

Committee Chair
Sandra Smith, MS, RN-C
Clemson University

Jackie Ayers, PhD
University of Florida-Gainesville

John Dorman, MD
Stanford University

Ted Grace, MD, MPH
Ohio State University

Michael P. Haines, MS
Northern Illinois University

Alejandro Martinez, PhD
Stanford University

A Special Thank you to . . .

the following organizations for providing services or assisting with the coordination of this meeting:

Conferon
Laurie Trautner-Black
Senior Account Executive

Jennifer Haire
Meeting & Event Manager

Gabriella Scott
Meeting Manager

Corporate Travel Concept

Content Management

Davis Audio-Visual

Del Mar Trio

GES Exhibition Services

Town and Country Resort

USA Hosts — The Event Team

FELLOWS COMMITTEE

Committee Chair
Sandra Smith, MS, RN-C
Clemson University

Jackie Ayers, PhD
University of Florida-Gainesville

John Dorman, MD
Stanford University

Ted Grace, MD, MPH
Ohio State University

Michael P. Haines, MS
Northern Illinois University

Alejandro Martinez, PhD
Stanford University

A Special Thank you to . . .

the following organizations for providing services or assisting with the coordination of this meeting:

Conferon
Laurie Trautner-Black
Senior Account Executive

Jennifer Haire
Meeting & Event Manager

Gabriella Scott
Meeting Manager

Corporate Travel Concept

Content Management

Davis Audio-Visual

Del Mar Trio

GES Exhibition Services

Town and Country Resort

USA Hosts — The Event Team

A Special Thank you to . . .

<table>
<thead>
<tr>
<th>ACHA 2005 Annual Meeting Sponsors</th>
</tr>
</thead>
<tbody>
<tr>
<td>PCCHA</td>
</tr>
<tr>
<td>The Chickering Group</td>
</tr>
<tr>
<td>An Aetna Company</td>
</tr>
<tr>
<td>StudentResources</td>
</tr>
<tr>
<td>a Division of The MEGA Life and Health Insurance Company</td>
</tr>
<tr>
<td>sanofi pasteur</td>
</tr>
<tr>
<td>The vaccines business of sanofi-aventis Group</td>
</tr>
<tr>
<td>BAILEY AGENCIES INSURANCE</td>
</tr>
<tr>
<td>ORTHO-McNEIL</td>
</tr>
<tr>
<td>gsk GlaxoSmithKline</td>
</tr>
<tr>
<td>OUTSIDE THE CLASSROOM</td>
</tr>
<tr>
<td>Online Education For Life</td>
</tr>
<tr>
<td>Duke University</td>
</tr>
<tr>
<td>Student Health Center</td>
</tr>
<tr>
<td>A Joint Program of Community &amp; Family Medicine and Student Affairs</td>
</tr>
<tr>
<td>the Maksin group</td>
</tr>
<tr>
<td>American College Health Foundation</td>
</tr>
</tbody>
</table>
Dedicated In Memory Of Lewis Barbato, MD

The 2005 ACHA Annual Meeting is dedicated to the life and work of Lewis Barbato, MD, who passed away December 15, 2004. Dr. Barbato's amazing knowledge and enthusiasm touched the lives of everyone he met, as an active leader in ACHA (president 1958-59) and lifelong supporter of student health.

As a special way of remembering this dedicated college health professional and dear friend, we are asking those of you who knew Dr. Barbato to share your thoughts and memories with us in a keepsake album located at the American College Health Foundation Table in the registration area. Your remembrances will be compiled in a booklet that will be available at next year's annual meeting.

Please join us in sharing our appreciation to Dr. Barbato for his commitment to students, love of the association, and devotion to the field.
In Recognition

Joyce Meder, RNP, MPA, past president of ACHA (1996-97), ACHA fellow, former director of the campus health service at the University of Arizona, and foremost advocate for student health.

We will miss Joyce’s spirit and compassion, and have the utmost appreciation and gratitude for her selfless contributions to the association and the field. She believed passionately in providing the best possible care to students and wholeheartedly supported ACHA in its mission.

I ask that we all make every effort to do this work through thoughtful, open interactions carried out in a spirit of goodwill and friendship so that we may move forward in our effort to better serve our student consumers on campuses across the country. (Joyce Meder, From the President, Action, Vol. 36, No. 1)

Joyce Meder, RNP, MPA
Past President of ACHA (1996-97)
Deceased April 23, 2005
Stop By Our Booth!

The Chickering Group, an Aetna Company, is a full-service insurance administrator that provides high quality, innovative and competitively priced health insurance programs for college and university students.

Today, Chickering provides health insurance for more than 325,000 students at over 120 colleges and universities across the country. As a wholly owned independent subsidiary of Aetna—one of the largest and most respected health care organizations in the United States—we offer an extensive nationwide network of physicians, hospitals, and pharmacies to higher education institutions across the nation.

Coverage and services include:

- Customized benefit plans coordinated with campus student health centers.
- National Preferred Provider Network through Aetna with access to over 846,000 Providers.
- Web-based client and member products.
- Emergency Travel Assistance Services with Unlimited Medical Evacuation and Repatriation Benefits.

NEW for 2005-2006!

- Aetna Navigator™: An online member self-service website available 24 hours a day, 7 days a week. Students can access claims, coverage, and general health information as well as decision-support tools.
- Vital Savings by Aetna™: An optional dental and vision discount program offered on a voluntary basis at a low cost to all students.*

*It is not necessary to purchase the student health plan to purchase this additional discount program.

Visit Booth #79 to learn more about Chickering and enter our raffle to win a free prize!

www.chickering.com
The Opening General Session will include the awarding of two ACHA Presidential Citations, which are intended to recognize national or international scholars, researchers, politicians, activists, celebrities, or national/international organizations who have made outstanding contributions directly or indirectly impacting the health and wellness of college students and other members of the campus community.

It is our privilege to present this year’s ACHA Presidential Citations to Senator Tom Harkin (D-IA) and Joycelyn Elders, MD, former U.S. Surgeon General.

**Senator Tom Harkin (D-IA)**

Senator Tom Harkin of Iowa has focused on education and health-related legislation as a member of both the U.S. House of Representatives and U.S. Senate. As ranking Democrat on the Senate panel that funds most health programs, he’s guided efforts to focus more on prevention and early intervention. His passion for improving quality of care is further evidenced by his authorship of the 1990 Americans with Disabilities Act.

Senator Harkin has engaged in significant work related to the development of the Healthy Lifestyle and Prevention (HeLP) America Act, which is intended to improve the health of Americans and to reduce health care costs. This work intersects with the interests and work of the association and individual members, and it is grounded in the Healthy People 2010 agenda. Senator Harkin’s recent efforts to expand the focus of the HeLP Act to include resources for the college student population is to be commended.

**Joycelyn Elders, MD**

Dr. Joycelyn Elders’ dedicated work as the 16th Surgeon General of the United States — the first African-American woman to hold that post — faculty researcher and professor at University of Arkansas, and lifelong public health advocate, is an inspiration to professionals in the health care field.

Over the course of Dr. Elders’ career, she has championed health care concerns that intersect with those of the college health field: illness prevention, sexuality education, drug abuse and intervention, and advocacy for public health vs. private profit in health care reform. Dr. Elders’ progressive policies and continuing efforts to bring controversial issues into public debate have contributed significantly to productive discourse on health issues and health promotion.
Registration Booth, Information Booth, and ACHA Store Hours

**Tuesday, May 31**
7:00 a.m.-6:00 p.m.

**Wednesday, June 1**
7:00 a.m.-3:45 p.m.

**Thursday, June 2**
7:00 a.m.-3:45 p.m.

**Friday, June 3**
7:00 a.m.-3:45 p.m.
(Store will remain open until 6:00 p.m.)

**Saturday, June 4**
8:00 a.m.-11:00 a.m.

**Cell Phones and Pagers**
Out of courtesy to speakers and your fellow attendees, please turn off your cell phone or pager or place them on vibrate during sessions. If you must answer a call during a session, please exit the room so as not to disrupt the presentation.

**Welcome Spouses/Domestic Partners**
Spouses/domestic partners who wish to participate in annual meeting events must be registered. Those who wish to attend tours and other ticketed events must purchase a separate ticket for those functions. The spouse/domestic partner registration fee does not include continuing education credits or certificates of attendance.

**Message Board**
A self-service message board will be available in the registration area. Please use this board to exchange messages with other meeting attendees and to check on any socials taking place during the meeting.

**Your Name Badge**
You are required to wear the name badge included in your registration packet to gain admission to all annual meeting events. If you don’t have your name badge, you may be excluded from events.

**Press and Other Media**
Upon arrival, members of the press and other media should check in at the ACHA Registration Booth.

**Resource Tables**
Visit the resource tables located in the Atlas Foyer during the hours the ACHA Information Booth is open. Literature, posters, extra speaker handouts, or other materials that you would like to make available to attendees can be placed here. Check back each day to see what’s new!

**Session Audio CDs**
Audio CDs of most of the sessions will be available for purchase throughout the meeting and for a limited time thereafter. Look for ordering information in your registration packet.

**Special Accommodations**
If you require special services to participate in the meeting, please stop by the registration area for information. Wheelchair accessible guest rooms are available. All meeting rooms and rest rooms in the meeting area are wheelchair accessible.

---

### WHERE TO GO FOR ASSISTANCE

**Registration Booth**
- register for the meeting or pick up complete registration packet if pre-registered
- pay balance due or answer questions about fees or payments
- pick up or purchase event tickets
- pick up or replace name badges
- pick up continuing education materials if applying for credits

**ACHA Information Booth**
- become a member of ACHA
- ask questions about membership, the annual meeting, or ACHA programs and services
- preview ACHA publications
- obtain free copies of ACHA guidelines
- participate in the free employment placement service
- sign up for a time slot for the Open Forum

**ACHA Store**
- location of the Lost and Found
- purchase ACHA publications and research reports
- claim your winning Silent Auction item

**Message Board**
- check for details about informal get-togethers or planned socials
- check for messages left for you by an attendee

**USA Hosts — The Event Team Tour Table**
- pick up tickets for pre-registered tours and check availability of last minute tickets
- ask questions about tour logistics

**Local Arrangements Table**
- pick up information on local dining and entertainment options
- find out about San Diego attractions
Your Information Station
If you have any questions about membership, continuing education, research surveys, or the annual meeting — or if you'd like to preview ACHA publications — stop by the ACHA Information Booth.

Explore Employment Possibilities
Looking for the right employer or employee? Take advantage of the free placement service located at the ACHA Information Booth. Employers may list job descriptions and applicants may submit resumes. To participate, bring four copies of job descriptions/resumes to the booth.

Ticketed Functions
Pre-purchased tickets for the San Diego Fiesta, Awards/Fellows Dinner, and the Dorosin Memorial Luncheon are included in your registration packet. Limited tickets may still be available but must be purchased 48 hours in advance of each event. For assistance, visit the Registration Booth.

Ticketed functions are not refundable.

Tours
Visit the USA Hosts — The Event Team Tour Desk (in the registration area) to pick up tickets for pre-registered tours and to check the availability of last-minute tickets. Tickets for planned tours must be picked up at the tour desk during the following hours:

- Tuesday: 7:00 a.m.-12:00 p.m.
- Wednesday: 11:00 a.m.-1:30 p.m.
- Thursday: 11:00 a.m.-1:30 p.m.
- Friday: 11:00 a.m.-1:30 p.m.
- Saturday: 9:00 a.m.-11:00 a.m.

The departure point for all tours is indicated on your confirmation letter. If you have any questions during the hours the tour desk is not open, call USA Hosts San Diego — The Event Team at (619) 785-5828.

Breakfasts and Refreshment Breaks
Join your colleagues for complimentary refreshments at the indicated times and locations:

- **Wednesday, June 1**
  3:15 p.m.-3:45 p.m.
  Refreshments and light snack in the Atlas Foyer.

- **Thursday, June 2**
  7:00 a.m.
  Opening breakfast in the Exhibit Hall.
  3:15 p.m.-3:45 p.m.
  Refreshments and light snack in the Exhibit Hall.

- **Friday, June 3**
  7:00 a.m.
  Continental breakfast in the Exhibit Hall.
  3:15 p.m.-3:45 p.m.
  Refreshments and light snack in the Atlas Foyer.

- **Saturday, June 4**
  8:00 a.m.
  Continental breakfast in the Atlas Foyer.

ACHA Raffle Drawing
Drawings will be held and announced Friday, June 3 at 10:45 a.m. in the Exhibit Hall. Winners will be listed at the ACHA Information Booth and contacted following the meeting. To participate, fill out your raffle tickets (located on the sheet of tickets attached to your name badge) and drop them in the appropriate tumblers inside the Exhibit Hall no later than Friday at 10:00 a.m.

You'll have a chance to win:

- a free registration to ACHA’s 2006 Annual Meeting in New York City
- a free 2006 ACHA Individual Membership
- $50 savings towards your purchase of ACHA brochures
- beautiful artwork hand-crafted by Margaret Bridwell, MD

Exhibit Hall, Silent Auction, and Poster Sessions
Take time to visit our Exhibit Hall on Thursday and Friday! More than 75 exhibitors will display their health-related products and services. A detailed map of the hall and a list of exhibitors are printed in the Our Sponsors & Exhibitors flyer included in your registration packet.

Let the bidding begin for the ACHA Silent Auction! Bid on one-of-a-kind items and wonderful gift baskets, hotel getaways, artwork, and more. The Silent Auction will be held in the Exhibit Hall during exhibit hours; auction items are listed in the Silent Auction flyer included in your registration packet. Proceeds from the auction helps support high-quality speakers for the 2005 Annual Meeting.

Posters will also be displayed in the Exhibit Hall. See pages 17 and 18 for a listing of posters.

Location:
Exhibit Hall (Atlas Ballroom)

Exhibit Hall, Silent Auction, and Poster Session Hours
- **Thursday, June 2**
  7:00 a.m.-11:00 a.m.
  12:00 p.m.-4:00 p.m.
- **Friday, June 3**
  7:00 a.m.-1:00 p.m.

General Phone Numbers
Town and Country Resort Main Line
(619) 291-7131

Mission Valley Resort Main Line
(619) 298-8281

Holiday Inn Select Main Line
(619) 291-5720

Best Western Seven Seas Main Line
(619) 291-1300

USA Hosts — The Event Team Tour Company (619) 785-5828
Speaker Ready Room
Room: Terrace Salon 1
Presenters can preview their audio-visual materials on equipment set aside in the Speaker Ready Room. Equipment will be available on a self-serve basis during the following hours.

Tuesday, May 31
7:00 a.m.-8:00 p.m.

Wednesday, June 1
7:00 a.m.-6:00 p.m.

Thursday, June 2
7:00 a.m.-6:00 p.m.

Friday, June 3
7:00 a.m.-6:00 p.m.

Saturday, June 4
7:00 a.m.-11:00 a.m.

Hotel and Nearby Dining Options
Within the Town and Country Resort, the Sunshine Deli and Terrace Café offer quick casual fare; Charlie’s serves up a nightly sports bar atmosphere; and the Trellises Garden Grille and Kelly’s Steakhouse offer more leisurely fine dining. In addition, for your convenience, express lunches can be purchased in the Royal Palm Court on Wednesday and Thursday, from 11:30 a.m.-1:00 p.m.

For further dining options, visit the open-air Fashion Valley Shopping Center, located just a short walk from the Town and Country Resort. Fashion Valley boasts nearly two dozen restaurants, bistros, and eateries, as well as an inexpensive food court. The mall features six department stores, more than 200 specialty shops, and an 18-screen movie theater.

Getting Around Town and Over the Border
The San Diego Trolley is known for its reliability, safety, and convenience for traveling to the city’s harbor, shopping districts, and historic attractions, as well as the Mexico border. The Fashion Valley Transit Center trolley stop is located just a short walk from the Town and Country Resort, a few yards from the main south entrance of the Fashion Valley Shopping Center. Trolley fares are based on trip distance—a ride costs $1.50 to one station and 25 cents more for each additional station.

Tijuana, Mexico is a 20-minute drive south of San Diego. The easiest way to visit Tijuana is to ride the trolley to the border and walk across. U.S. citizens can enter Mexico for 72 hours or less without a passport or visa, but have a photo ID on hand (such as a driver’s license). If you think you may be mistaken for a resident of any country other than the United States, or you have any concerns, bring your documentation with you: either a passport or a birth certificate (original or notarized) and a photo ID.

Business and Shipping Services
The Town and Country Resort’s Business Center is located upstairs from the Atlas Ballroom. Hours are 8:00 a.m.-5:00 p.m. daily. Services and pricing information are available at the center. To ship or pick up packages, visit the hotel’s shipping and receiving area downstairs from the Atlas Ballroom.

Pool, Fitness Center, and Spa
You can relax in the warm Southern California sun at the Town and Country Resort’s three outdoor pools, which are open to all meeting attendees and hotel guests. If you are interested in using the Town and Country’s fitness center or spa and salon services, please mention you are an ACHA meeting attendee in order to receive a discount—the fitness center for $7 per day or three days at $18, and 10% off on all spa and salon services.

Thank you to the following affiliates for their contribution toward the musical entertainment for the Opening General Session:

Central College Health Association
Mid-America College Health Association
Mid-Atlantic College Health Association
New York State College Health Association
Ohio College Health Association
Rocky Mountain College Health Association
Southern College Health Association
Southwest College Health Association
OPENING GENERAL SESSION KEYNOTE ADDRESS

Wednesday, June 1, 10:00 a.m.-11:45 a.m.
Room: Grand Ballroom

Sponsored by Pacific Coast College Health Association and The Chickering Group

We are pleased to have an esteemed leader within the health care field as our keynote speaker: Joycelyn Elders, MD, former U.S. Surgeon General and the first African-American woman to hold that post. Dr. Elders is a pediatric endocrinologist and a distinguished professor of public health at the University of Arkansas. In addition to championing health-related issues, she has also sought to provide health care to underprivileged areas and worked to reduce the number of teen pregnancies.

An outspoken advocate for quality health education programs in America’s schools, Dr. Elders will be speaking on the topic, “Education: The Key to a Healthy Campus.” She will address the importance of teaching college students about unhealthy and risky behaviors and presenting them with accurate and factual information. Dr. Elders believes that healthcare access in itself is not enough without education that teaches about unhealthy patterns of living such as tobacco use, drug and alcohol abuse, unsafe sex, and poor eating habits. (Behavioral objectives listed on page 31.)

Music by the Del Mar Trio is sponsored by Central, Mid-America, Mid-Atlantic, New York State, Ohio, Rocky Mountain, Southern, and Southwest College Health Associations.

FOUNDATIONS OF LEADERSHIP WORKSHOP

Tuesday, May 31, 12:00 p.m.-3:00 p.m.
Room: Regency Ballroom

Sponsored by the American College Health Foundation Endowment Fund and Student Resources Fund

ACHA will again offer the Foundations of Leadership Program, designed to provide current, emerging, and potential ACHA leaders the opportunity to enhance their knowledge and skills. The core of the program is the three-hour Foundations of Leadership Workshop — “Who Really Owns Health On a College Campus: A Strategic Planning Guide To Forming Partnerships Among Campus Leaders.” By utilizing data from the ACHA-National College Health Assessment and goals from both the Council for the Advancement of Standards and Healthy People 2010, a blueprint can be formulated to improve commitment to student services among all campus leaders. (Please see the behavioral objectives for this workshop on page 27.)

Participants in the Foundations of Leadership Program will have the option to earn a Foundations of Leadership Certificate of Participation by attending designated events, educational sessions, and meetings identified as part of the leadership training and development track. Refer to page 64 for a complete listing of designated sessions.

DOROSIN MEMORIAL LUNCHEON AND LECTURE

Friday, June 3, 11:45 a.m.-1:15 p.m.
Room: Regency Ballroom

This annual lecture and luncheon sponsored by the ACHA Mental Health Section features an acclaimed speaker within the field of mental health. This year, Joseph L. White, PhD, professor emeritus of psychology and psychiatry at the University of California-Irvine, School of Social Sciences, will present the lecture, “Understanding Diversity in College Healthcare Settings.” As student populations in university settings are becoming increasingly diverse, it is important to understand current issues involving racial, ethnic, and sexual identity, in order to facilitate better access to healthcare, better treatment outcomes, and better understanding between students, staff, and faculty. Dr. White will also discuss new approaches in assessing concerns unique to diverse student populations and advances in improving treatment delivery and adherence to treatment. (Behavioral objectives listed on page 47.)

Tickets are required for the luncheon. Check availability at the Registration Booth 48 hours in advance. The lecture is open to all registered attendees; those not purchasing luncheon tickets may bring their own lunch and sit in a pre-designated area.
Cultural Competency and Self Saturday, June 4 11:00 a.m.-12:30 p.m. Room: Golden Ballroom

Roberta Paul, MS, Native American coordinator at Washington State University Inter-collegiate College of Nursing, and an enrolled Nez Perce tribal member, will present a hands-on workshop to explore the relationship between cultural self-awareness and cultural competency. Participants will complete, analyze, and discuss the implications of their findings from a heritage self-assessment. Copies of the U.S. Department of Health and Human Services Office of Minority Health handbook, National Standards for Culturally and Linguistically Appropriate Services in Health Care, will also be distributed.

Social Change and Obesity Prevention: Where Do We Begin? Friday, June 3 10:00 a.m.-11:30 a.m. Room: Garden Salon 1

John C. Peters, PhD, director of the Nutrition Science Institute at Procter & Gamble, is the co-founder of America on the Move, a national campaign to inspire Americans to choose healthy lifestyles. This session will examine how obesity is a social problem — not exclusively a medical or biological one. Dr. Peters will address how we must first understand how our social systems promote excess weight and how, in effect, we need to create new social norms that support behaviors that combat obesity.

The Spirit, Science, and Practice of Holistic Health Promotion Thursday, June 2 8:00 a.m.-9:30 a.m. Room: Golden Ballroom

Jonathan Robison, PhD, MS, an adjunct assistant professor at Michigan State University, specializes in health promotion and human behavior with an interest in “why people do what they do and don’t do what they know.” Dr. Robison is also the co-editor of the Health at Every Size journal and the author of the recently published book, The Spirit and Science of Holistic Health. In this workshop, Dr. Robison will review major scientific discoveries that have impacted our understanding of health, illness, and the process of change. He will then introduce an alternative, holistic approach to create health and support healing.

White House Speaker — The National Drug Control Strategy: Emerging Opportunities To Reduce Drug Use in America Thursday, June 2, 12:30 p.m.-1:30 p.m. Room: Golden Ballroom

Vision Into Action: Tools for Professional and Program Development Based on the Standards of Practice for Health Promotion in Higher Education

For advancing the professional development of health promotion professionals and enhancing the quality of health promotion programs

Vision Into Action has two sections, one on professional development and one on program development. You can use this workbook to guide your daily efforts, assess your individual skills and capacities, evaluate your health promotion programs, and plan your department’s strategic goals.

This workbook is presented in two easy-to-use formats — print and CD-ROM — all included in one low price.

Available for purchase onsite at the ACHA Store. NOTE: All ACHA Member Institutions will receive a complimentary copy this summer.
1. The Power of Collaboration: Leading a Healthy Lifestyle Team
Karen Warren, MS (East Carolina University)

2. 100 People 100 Days: An Innovative Approach to a Smoking Policy Education Program
Sally Bratton, RN, FNP, PA-C and Sang Leng Trieu, MPH, CHES (Ohlone Community College)

3. Comparative Dental Health Status of Montana State University Students: 1960 vs. 2004
Karl Woodmansey, DDS (Montana State University)

4. Multi-modal College Smoking Cessation Program at a Small Urban Liberal Arts College
Ori Shinar, PsyD (Mercy College)

5. The Wellness Weigh: An Innovative Multidisciplinary Weight Loss Program at the University of Central Florida
Kelly Roberts, MD, Kristina Grabnickas, MSN, Terri Langford, and Valeska Wilson, MA (University of Central Florida)

6. The Construction and Initial Validation of a Sexual Knowledge, Attitudes, and Behavior Scale for Undergraduate Students
Heather Mueller (University of Missouri-Columbia)

7. A Multidisciplinary Gap Analysis of University Health Services Based on Healthy Campus 2010
Michael Wilkerson, MSEd, CHES, and Julie Eckert, MED, CHES (Texas State University-San Marcos)

8. For Real: Moving Beyond Peer Education through Community Alcohol Prevention
Jennifer Miranda and Elizabeth Ghobrial, MPH, CHES (California State University-Hayward)

9. Emergency Contraception
Nancy Harris, MSN (Virginia Commonwealth University)

10. Environmental Alcohol Strategy Recommendations and the Experience of “A Matter of Degree” in College Communities
Donald Zeigler, PhD (American Medical Association)

11. Expanding Beyond Alcohol by Moving Forward with Marijuana Prevention
Maggie Gaddis, MPH (California State University-Hayward)

12. Utilizing Rapid HIV Testing in Post Exposure Incidents
Sandi Scott-Holman, DO, and April Lawner (Nova Southeastern University)

13. How to Motivate Students
Theodore Swigart, PhD (California State University)

14. Why Don’t Students Use Our Health Center? – Results of a Non-User Survey
Gayleen Eilers, MD (University of Wisconsin-La Crosse)

15. The Academic Impact of Health and Health Care
Gayleen Eilers, MD (University of Wisconsin-La Crosse)

16. Healthy Campus 2010: A Comprehensive Campus-Wide Approach
George Brown, MA, and Tim Hebson, MED (The University of Alabama)

17. “What do Students Want in their Health Care?” – The Beginning to Student-centered Care
Gayleen Eilers, MD (University of Wisconsin-La Crosse)

18. Linked for Service, 24/7; Web-based Triage in College Health
Patricia Stuart, ARNP, Michael Deichen, MD, Terry Wheeler, MS, and Mary Lou Sole, PhD, RN, CCNS, FAAN (University of Central Florida)

19. Integrated Peer Education for Health, Wellness, and Counseling Services on a Commuter Campus
Karla West, MA, and Rhiannon Avery, MS (Boise State University)

20. Alcohol Related Factors as Impacted by Fraternity and Sorority Membership: A Literature Review
Adam Barry, MS (Texas A&M University)

21. Using Faculty/Coursework to Stretch your Health Promotion/Health Education Resources
Janet Reagan, PhD (College of St. Benedict); Lori Klapperich, MS (St. John’s University)

22. Developing an Online Birth Control Education Program for Your Student Health Center
Kimberly Rice, MSW, and Doris Lawyer, APN, CNP (University of Illinois at Urbana-Champaign)

23. Bringing Rape Education Into Campus Residential Settings Through Peer Education
Mary Wyandt, PhD, MED, and Dayna Mackey, MED (University of Arkansas)

24. AOD Prevention Programming: A Comprehensive Strategy
James Lange, PhD, and Susan Henry, MPH, CHES (San Diego State University)

25. The ECHO Program: A Collaborative, Non-mandatory, Disciplinary Response to Alcohol and Other Drug Violations
Luis Manzo, PhD, Marie Cascaron, MA, CHES, and Byron McGrae (Montclair State University)

26. Using Electronic Media for Substance Abuse and Violence Prevention
Gail Palkalns, PhD, and Margaret Clarke, MA (Seton Hall University)

27. Working Collaboratively to Eliminate Workplace Smoking in a College Community
Melissa Smith, MS, and Jannette Berkley-Patton, MA, PhD (University of Kansas)
The ACHA Students/Consumers Section is sponsoring an opportunity for students to participate in the ACHA Annual Meeting — a special students poster session! The poster session provides students with a chance to present work that they have been involved with over the last year. All submitted student posters will be displayed in the Exhibit Hall on Thursday and Friday.

Students have been selected to present their work during a session on Wednesday afternoon, 1:45 p.m.-3:15 p.m. All meeting attendees are invited to attend!

S-1. Graduate Student Mental Health: Needs Assessment and Utilization of Counseling Services
Jenny Hyun, PhD (University of California-Berkeley)

S-2. Revitalizing Student Health Advisory Councils
Stefanie Blevins (University of Missouri-Columbia)

S-3. The Art of Wellness
Sanaz Ghaffarian (University of Utah)

S-4. Promotion of Sexual Responsibility in a College Population
Carmela Morada (Washington University-St. Louis)

S-5. 13 Weeks of Wellness
Amber Dillard (University of Kentucky-Lexington)

S-6. Perceived Benefits of Human Sexuality Peer Facilitators
Scott Butler, MS, and Catherine Sherwood, MA (Indiana University-Bloomington)

S-7. HIV Prevention Across the Curriculum
Megan McNellis (Danville Area Community College)

S-8. What’s New at West Virginia University
Lisa Costello (West Virginia University)

S-9. Field Day — A Healthy Day Outside for the College Student
Alisa Brown (Carnegie Mellon University)

S-10. Focus Groups: How to Implement Changes Based on Feedback
Laura Lyon (University of Nebraska-Lincoln)

Danielle Plattenburg (Duke University)

S-12. University of Utah Annual Wellness Fair
Judy Vu (University of Utah)

S-13. HIV Counseling Program
Judy Vu (University of Utah)
Music, cash bar, and poolside atmosphere are open to all — no ticket required.

To join us for a Mexican buffet you must have purchased a ticket via your Meeting Registration Form. Dinner will be served from 7:30 p.m.-9:00 p.m. Those who have purchased a meal ticket must bring their ticket to the Fiesta to exchange for a wristband. Please wear your wristband to gain access to the food tables.

**See you Friday for an evening of lively entertainment and delicious food!**

If you would like to purchase a dinner ticket, check at the Registration Booth 48 hours in advance.

*Music sponsored by The Maksin Group*
Future College Health Meetings

Affiliate Meetings

— 2005 —

Ohio College Health Association
Date: June 16-17, 2005
Location: Fairborn, OH
Contact: Wendy McGonigal, (937) 775-3996, or wendy.mcgonigal@wright.edu

Rocky Mountain College Health Association
Date: September 16-17, 2005
Location: Laramie, WY
Contact: Sara Olsen, (307) 766-2712, or Sara@uwyo.edu

Mid-America College Health Association
Date: October 19-21, 2005
Location: Lexington, KY
Contact: Kim Page, (859) 257-5320 ext. 80340, or kim.page@uky.edu

Mid-Atlantic College Health Association
Date: October 23-25, 2005
Location: Lancaster, PA
Contact: Deborah Mathis, (215) 349-5796, or mathis@pobox.upenn.edu

New York State College Health Association and New England College Health Association (combined meeting)
Date: October 26-28, 2005
Location: Burlington, VT
Contact: Julie Basol, NECHA Administrator, (802) 425-3936, or jnb@gmavt.net

North Central College Health Association
Date: October 26-28, 2005
Location: Minneapolis, MN
Contact: Dave Golden, (612) 624-6738, or golde002@umn.edu

Southwest College Health Association
Date: October 27-28, 2005
Location: Denton, TX
Contact: June Brownlee, June@dsa.admin.unt.edu

— 2006 —

Central College Health Association
Date: March 15-17, 2006
Location: Lincoln, NE
Contact: Chris Blanke, (402) 643-7224, or cblanke@cune.edu

Southern College Health Association
Date: March 23-25, 2006
Location: Miami, FL
Contact: Robert Dollinger, (305) 348-3080, or dollinge@fiu.edu

Pacific Coast College Health Association
Date: October 18-21, 2006
Location: Vancouver, BC
Contact: Connie Coniglio, (604) 291-3197, or connie_coniglio@sfu.ca

For more information about the affiliates, visit the “About ACHA/Affiliates” area of the ACHA website.
Start Spreading The News!

Be a Presenter at the ACHA 2006 Annual Meeting in New York City!

The ACHA 2006 Annual Meeting will be held in one of the most exciting, energizing, and entertaining cities in the world — New York City! Our host hotel will be the Marriott Marquis in the heart of Times Square, at the center of Manhattan nightlife, Broadway shows, and shopping and culinary delights. Plus, we have an amazing discount hotel rate for the meeting — $186 per room, plus taxes!

We invite you to join us in New York City and “Be A Part Of It: The College Health Community” by being a presenter at our 2006 Annual Meeting.

The deadline for submitting your program proposals for next year’s meeting is September 13, 2005. The Call for Programs process is being conducted online, at www.acha.org/AnnualMeeting.

Visit our website in the coming weeks for your submission forms and detailed instructions. For more information, contact Cynthia Perez, Program Coordinator, at cperez@acha.org, or call (410) 859-1500, ext. 258.
Protection for your Student Body!

All made of Sheerlon® for a thinner, stronger more sensitive condom.

When safety and sensitivity cannot be comprised... distribute Beyond Seven!

Beyond Seven and Crown® condoms are available in bulk (cases of 1,008 pcs).
That’s less that $0.07 per condom. Additional volume discounts available.

Stop by booth #22 for more information.

For information on becoming a Beyond Seven® retailer,
please contact us 203.378.0003 or email: okamotousa@okamotousa.com

Distributed by Okamoto USA, Inc
18 King Street * Stratford, CT 06615
tel: 203.378.0003 * fax: 203.752.0400
email: okamotousa@okamotousa.com
visit www.beyonsevencondoms.com
Manufacturer of Crown® Condoms
Point and Click Solutions

Integrated Scheduling, Billing and EMR for Student Health

OpenRegistration™
- Student/Employee Registration
- University Interfaces
- Eligibility Checking
- Billing System & Financial Reporting

OpenSchedule™
- Advanced Patient Scheduling
- Counseling Privacy Features
- E-mail Reminders
- Self Checkin Module

OpenChart™
- Electronic Medical Records
- Order Entry/Note Writing
- Immunization/Pap Tracking
- Wireless/Mobile Version

OpenCommunicator™
- Secure Patient-Provider Messaging
- Secure Lab Results Delivery
- Web Entrance Medical Forms
- Web Patient Scheduling

Point and Click Solutions, Inc.
6 Lincoln Knoll Lane, Suite 101, Burlington, MA 01803

Visit Us at: www.StudentHealthSolutions.com
Tel: (781) 272-9800   Fax: (781) 272-9811
This annual meeting provides numerous opportunities for physicians, physician assistants, nurses, health educators, psychologists, and pharmacists to earn continuing education credits.

- The American College Health Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The American College Health Association designates this educational activity for a maximum of 24.0 category I credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

- This program for 34.8 contact hours is provided by ACHA, which is an accredited provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

- ACHA has been designated as a provider (#MD0011, Event #01016) of continuing health education by the National Commission for Health Education Credentialing Inc. This program has been awarded 29.0 category I continuing education contact hours.

- ACHA is approved by the American Psychological Association to offer continuing education for psychologists. ACHA maintains responsibility for the program. This program has been awarded 25.0 hours of continuing education for psychologists.

- The University of Texas College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmaceutical education. Pharmacists may receive a maximum of 1.8 CEUs (18.0 contact hours) for successful completion of the program. Successful completion of the program includes attending the accredited session(s) and completing a Record of Attendance/Evaluation Form. Continuing education statements will be mailed by The University of Texas directly to participants within 6-8 weeks following the program.

- This activity has been reviewed and is acceptable for up to 24.0 Prescribed credits by the American Academy of Family Physicians. This includes 24.0 Prescribed and 1.50 Elective credits. Because some sessions run concurrently, no more than a total of 24.0 credits may be reported.

CONTINUING EDUCATION KEY

| CME     | identifies the CE credit hours available for physicians and physician assistants |
| CH      | identifies the CE contact hours available to nurses |
| PsyCE   | identifies the CE credit hours available to psychologists |
| CECH    | identifies the CE contact hours available to certified health education specialists |
| AAFP-P  | identifies the prescribed CE credit hours available to members of the American Academy of Family Physicians |
| AAFP-E  | identifies the elective CE credit hours available to members of the American Academy of Family Physicians |
| PhCE    | identifies the CE contact hours available to pharmacists |

FACULTY DISCLOSURE DECLARATION

It is the policy of ACHA to insure balance, independence, objectivity, and scientific rigor in all its individually sponsored or joint-sponsored educational programs. All faculty participating in any ACHA-sponsored programs are expected to disclose to the program audience:

1) any relationship between speakers and commercial entities

2) discussion of off-label uses of medications and/or devices

3) any limitations in data cited

ACHA guards against discrimination in selecting faculty or participants for continuing education activities, and makes every effort to maintain awareness of individual differences with respect to the following, listed in alphabetical order: age; gender identity, including transgender; marital status; psychological/physical/learning disability; race/ethnicity; religious, spiritual, or cultural identity; sex; sexual orientation; socioeconomic status; veteran status. Faculty are chosen for their expertise to meet specific needs of trainees and their availability. Faculty and participants are not asked to identify any sensitive information and no selection is made on the basis of the individual differences listed above.
TUESDAY, MAY 31, 2005

TUESDAY SPECIAL EVENTS AND INFORMATION

7:00 AM - 6:00 PM
Registration
Room: Grand Foyer

12:00 PM - 3:00 PM
Foundations of Leadership Workshop
See Featured Events on page 14 and TU265 on page 27 for more information.
Room: Regency Ballroom

Sponsored by the American College Health Foundation Endowment Fund and Student Resources Fund

TUESDAY BUSINESS MEETINGS

8:00 AM - 3:15 PM
BD346. ACHA Board of Directors
Room: Windsor Rose

5:30 PM - 7:00 PM
BS293. Continuing Psychology Education Subcommittee
Room: Stratford
BS306. New York State College Health Association Executive Committee
Room: Brittany
BS309. Central College Health Association Executive Committee
Room: Eaton
BS318. North Central College Health Association Executive Committee
Room: Clarendon

A Cha would like to thank the following sponsors for their generous support:

  Tote Bags: Student Resources
  Name Badge Holders: The Chickering Group
  Notepads: sanofi pasteur
  Bottled Water: Bailey Agencies

TUESDAY BUSINESS MEETINGS (cont.)

5:30 PM - 7:00 PM (cont.)
BS324. Standards of Practice for Health Promotion in Higher Education Committee
Room: Crescent
BS328. New England College Health Association Executive Committee
Room: Towne
BS333. Clinical Medicine Section Executive Committee
Room: Dover
BS334. Southwest College Health Association Executive Committee
Room: Royal Palm 6
BS338. Administration Section Executive Committee
Room: Sunrise
BS342. Benchmarking Committee
Room: Esquire
BS352. Nursing Section Executive Committee
Room: Ascot
BS366. Southern College Health Association Executive Committee
Room: Galleria 2

6:30 PM - 7:30 PM
BS339. Nurse-Directed Section Executive Committee
Room: Sunset

7:30 PM - 9:00 PM
BS308. Bylaws Committee
Room: Brittany
BS312. Continuing Nursing Education Subcommittee
Room: Ascot
BS317. HIPAA Committee
Room: Clarendon
BS335. JACH Executive Editors
Room: Eaton
BS361. Pacific Coast College Health Association Executive Committee
Room: Towne

8:00 PM-9:00 PM
BS362. ACHA Section Officers — Volunteer Leadership Infrastructure Review Conversation
Room: Crescent
TU264. Nurse Directors Workshop: Staying Afloat in a Sea of Responsibilities as a Nurse Director
CME: 0 CH: 3.6 CECH: 0 PsyCE: 0 AAFP-P: 0 PhCE: 0
Room: Sunrise

A. The Multiple Hats Worn by a Nurse Director
The attendee should be able to:
1. Identify challenges faced in balancing many roles of the nurse director.
2. Describe administrative and clinical roles of nurse directors.
3. Compare scope of services offered.

B. Creative Ways for a Nurse Director To Facilitate Health Education
The attendee should be able to:
1. Describe ways of providing health education on a limited budget and with limited staff.
2. Identify resources available on campuses and in the community.
3. Compare strategies for building attendance at events sponsored by the student health center.

C. Creative Problem Solving: Record Keeping, Budgets, Reports, and Resources
The attendee should be able to:
1. Discuss problem-solving strategies encountered in day-to-day operations.
2. Compare documentation, record keeping, and annual reports.
3. Describe types of hand-outs, procedures and policy manuals, and other resources.

Presenters: Nancy Anderson, RN-BC, Jean Benthen, CRNP, MSN, Marsha Schreiber, MSN, Ollie Harper, BSN, WHNP, Judith Hatchkiss, RN-C, and David Johnson, MD, PA-C.

TU296. Leadership for Health Promotion in Higher Education
CME: 0 CH: 3.6 CECH: 3.0 PsyCE: 0 AAFP-P: 0 PhCE: 0
Room: Garden Salon 1
Sponsored by the American College Health Foundation Health Promotion in Higher Education Fund

The attendee should be able to:
1. Discuss at least three models for health promotion services on campus.
2. Discuss at least three practices of evaluation in health promotion and education.
3. Identify a process to continue health promotion leadership discussions on individual campuses and with colleagues at the national level.

Presenters: Naomi Modeste, DrPH, CHES, Loma Linda University; Paula L. Swinford, MS, MHA, CHES, (University of Southern California); Cathy Kodama, MPH, University of California-Berkeley; Carole Pertofsky, Med, CHES, Stanford University; Sabina White, MA, University of California; Miriam Eisenhardt, MPH, Saint Mary’s College

Presider: Paula L. Swinford, MS, MHA, CHES, (University of Southern California)

TU265. Foundations of Leadership Workshop — Who Really Owns Health On a College Campus: A Strategic Planning Guide To Forming Partnerships Among Campus Leaders
CME: 3.0 CH: 3.6 CECH: 3.0 PsyCE: 3.0 AAFP-P: 3.0 PhCE: 0
Room: Regency Ballroom
Sponsored by the American College Health Foundation Endowment Fund and Student Resources Fund

The attendee should be able to:
1. Define partnerships between and among campus leaders.
2. Explain the theoretical concept of strategic planning with health services and how it relates to the universities’ missions and goals.
3. Describe who should be involved in campus strategic planning.
4. Describe a strategic planning process designed to create “Health on Campus.”

Presenters: Kathleen E. Allen (Allen and Associates); John Dorman, MD, (Stanford University); Jim Grizzell, MBA, MA, CHES, (California State Polytechnic University-Pomona); James Turner, MD, (University of Virginia); Peggy Ingram Veeser, EdD, APRN, BC, (University of Tennessee-Memphis); Paul Myers, PhD, (University of Portland); Dennis P. Martell, PhD (Michigan State University); Doreen Perez, MS, RN-BC, (University of North Florida); Lynette Mundey, MD (Howard University); Gregory Birming, PhD (Rutgers University); Jhon Velasca, MA, (Montclair State University); Mary Tschann, (University of San Francisco)

Presider: Dorothy Kazlowski, NP-C, MSN (Rutgers University)

TU168. Strategic Planning: Move Your Healthy Campus Initiatives Forward
CME: 0 CH: 2.4 CECH: 2.0 PsyCE: 2.0 AAFP-P: 0 PhCE: 0
Room: Garden Ballroom

The attendee should be able to:
1. Explain how members of Administration, Nurse-Directed, Clinical Medicine and other ACHA sections have used the following ACHA resources: Standards of Practice for Health Promotion in Higher Education (SPHPHE), ACHA-National College Health Assessment (ACHA-NCHA), and Healthy Campus 2010 (HC2010).
2. Describe how the SPHPHE guide the development of an infrastructure needed to create environmental change.
4. Explain the assessment and analysis of health problems faced by college students.
5. Describe how to identify salient university mission-related health problems and outcomes for students with the ACHA-NCHA.
6. List resources available at the Center for College Health and Safety and from ACHA.

Presenters: Jim Grizzell, MBA, MA, CHES, (California State Polytechnic University-Pomona); Beth DeRicco, PhD (Higher Education Center for Alcohol and Other Drug Prevention); Lesley Sacher, MHA, CHE, (Florida State University)

Presider: Tina Saddler, ANP, (University of Nevada-Las Vegas)
Facilitator: Lora Jasman, MD, FACP, (Oregon State University)
The Silent Auction is a great opportunity to bid on some terrific items and support ACHA! Sample items include: gift certificate for Southwest Airlines, autographed celebrity photos, gift baskets, a digital camera, hotel stays, affiliate meeting registrations, and a PyraMED software package.

Please see the Silent Auction flyer included in your registration packet for detailed information about the auction’s location, hours, and rules, and a numbered list of the more than 70 items up for bid.

Silent Auction items have been generously donated by a diverse group of individuals and organizations committed to supporting college health. Proceeds from the Silent Auction will help strengthen ACHA’s resources by providing funds that help support high quality speakers at ACHA Annual Meetings.

This event is a continuation of our online auction, which was open March 15-May 20. All items posted in the online auction are now available for bid onsite!

**Silent Auction Location & Hours**

*ACHA Exhibit Hall, in the Atlas Ballroom*

*During Exhibit Hours*

Thursday, June 2 • 7:00 a.m.-11:00 a.m. • 12:00 p.m.-4:00 p.m. • Friday, June 3 • 7:00 a.m.-1:00 p.m.

We hope you enjoy this exciting event. Let the bidding begin!
**WEDNESDAY SPECIAL EVENTS AND INFORMATION**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 AM - 3:45 PM</td>
<td>Registration&lt;br&gt;Room: Grand Foyer&lt;br&gt;&lt;br&gt;7:30 AM - 8:45 AM</td>
</tr>
<tr>
<td>9:00 AM - 9:45 AM</td>
<td>Presidents/Facilitators Orientation&lt;br&gt;Room: Royal Palm 1 &amp; 2&lt;br&gt;All presidents and facilitators are strongly encouraged to attend this orientation meeting. Details regarding your responsibilities — including how to contact someone for assistance — will be discussed.</td>
</tr>
<tr>
<td>10:00 AM - 11:45 AM</td>
<td>Opening General Session&lt;br&gt;Room: Grand Ballroom&lt;br&gt;Join your colleagues in college health to hear Keynote Speaker Joycelyn Elders, MD, former U.S. Surgeon General and a distinguished professor of public health at the University of Arkansas. See Featured Events on page 14 and WE306 on page 31 for more details.</td>
</tr>
<tr>
<td>12:00 PM - 1:15 PM</td>
<td>Student Orientation&lt;br&gt;Room: Sheffield&lt;br&gt;All students are encouraged to attend this orientation customized to meet the unique needs of students.</td>
</tr>
<tr>
<td>3:30 PM - 5:00 PM</td>
<td>HIPAA Committee Information Session&lt;br&gt;Room: Garden Salon 2&lt;br&gt;See Featured Events on page 15 for information.</td>
</tr>
<tr>
<td>6:30 PM - 8:00 PM</td>
<td>Diversity Reception&lt;br&gt;Room: Terrace Pavilion&lt;br&gt;Come network and socialize with your colleagues at this reception co-hosted by the Ethnic Diversity Committee and the Gay, Lesbian, Bisexual, and Transgender Issues Committee.</td>
</tr>
</tbody>
</table>

*ACHA would like to thank the following sponsors for their generous support:*<br><br>Opening General Session/Keynote Address<br>The Chickering Group<br>Pacific Coast College Health Association<br>Diversity Reception<br>Pacific Coast College Health Association
WEDNESDAY BUSINESS MEETINGS

7:30 AM - 8:30 AM

**BS321.** Continuing Medical Education Subcommittee  
Room: Stratford  
**BS322.** Continuing Education for Certified Health Education Specialists Subcommittee  
Room: Dover

8:00 AM - 9:30 AM

**BS336.** JACH Consulting Editors’ Breakfast  
Room: Towne

12:00 PM - 1:15 PM

**BS012.** Administration Section  
Room: Pacific Salon 1  
**BS297.** Advanced Practice Clinicians Section  
Room: Royal Palm 3 & 4  
**BS013.** Clinical Medicine Section  
Room: Pacific Salon 2  
**BS014.** Health Promotion Section  
Room: Pacific Salon 4 & 5  
**BS015.** Mental Health Section  
Room: Pacific Salon 3  
**BS016.** Nursing Section  
Room: Garden Salon 2  
**BS017.** Nurse-Directed Section  
Room: Royal Palm 1 & 2  
**BS018.** Pharmacy Section  
Room: Ascot

1:45 PM - 3:15 PM

**BD363.** ACHA Affiliate Officers and ACHA Board of Directors — Volunteer Leadership Infrastructure Review Conversation  
Room: Sunrise

5:30 PM - 7:00 PM (cont.)

**BS316.** Vaccine-Preventable Diseases Committee  
Room: Crescent  
**BS320.** Advocacy Committee  
Room: Towne  
**BS325.** Rocky Mountain College Health Association Executive Committee  
Room: Esquire  
**BS326.** ACHA-NCHA Advisory Committee  
Room: Garden Salon 2  
**BS327.** Mid-Atlantic College Health Association Executive Committee  
Room: Sunset  
**BS329.** Ethics Committee  
Room: Pacific Salon 3  
**BS337.** Pacific Coast College Health Association Executive Committee  
Room: Sunrise  
**BS331.** Mid-America College Health Association Executive Committee  
Room: Royal Palm 3 & 4  
**BS332.** Health Promotion Section Executive Committee  
Room: Ascot  
**BS340.** Ohio College Health Association Executive Committee  
Room: Royal Palm 5 & 6  
**BS341.** Ethnic Diversity Committee  
Room: Stratford  
**BS351.** National Health Objectives for 2010 Committee  
Room: Royal Palm 1 & 2

7:30 PM - 9:00 PM

**BS311.** Mental Health Section Executive Committee  
Room: Clarendon  
**BS330.** Pharmacy Section Executive Committee  
Room: Ascot

8:00 PM - 9:00 PM

**BS364.** ACHA Committee Chairs — Volunteer Leadership Infrastructure Review Conversation  
Room: Crescent
WE106. Computer Addiction in College Students
CME: 0 CH: 1.8 CECH: 0 PsyCE: 0 AAFP-P: 0
PhCE: 0
Room: Pacific Salon 1
The attendee should be able to:
1. Identify students with computer addiction.
2. Differentiate between computer use, misuse, abuse, and dependency.
3. Describe appropriate strategies for counseling students with computer addiction.

Presenter: Peter Mastropianni, MA (State University of New York-Stony Brook)
Presider: Myrth Mehl (South Nazarene University)
Facilitator: Anne Devney, EdD, RN (College of Lake County Illinois)

WE171. Eczema, Two Thousand Rashes, and Three Creams: A Dermatology Primer for Mid-level Practitioners
CME: 1.5 CH: 1.8 CECH: 0 PsyCE: 0 AAFP-P: 1.5 PhCE: 0
Room: Pacific Salon 3
The attendee should be able to:
1. Discuss the various etiologies involved in the development of eczema.
2. Identify physical variations encountered in eczematous lesions.
3. List the various treatment modalities for both acute and chronic eczematous lesions.
4. Explain the role of a mid-level practitioner caring for eczema in a multidisciplinary team.

Presenters: Jolene C. Jernigan, RN-C, FNP, and Joythi Nair, MD (East Carolina University)
Presider: Ralph A. Manchester, MD (University of Rochester); Glenn Egelman, MD (Bowling Green State University)
Facilitator: Michael P. McNeil, MS (Temple University)

WE174. Outbreaks of Staph Aureus Skin Infections in Student-Athletes
CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 0 AAFP-P: 1.5 PhCE: 0
Room: Pacific Salon 4 & 5
The attendee should be able to:
1. Describe two outbreaks of staph aureus skin infections in student-athletes.
2. Discuss the appropriate investigation of such an outbreak.
3. List three ways that collaboration with experts outside the college health center can be helpful.

Presenters: Ralph A. Manchester, MD (University of Rochester); Glenn Egelman, MD (Bowling Green State University)
Presider: Jan Palmer, MD (West Virginia University)
Facilitator: Therese Boyd, EdD, ARNP-BC (Florida International University)
13 WE234. HIPAA is Not Just Privacy and Security
CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Windsor
The attendee should be able to:
1. Discuss HIPAA implementation in college health.
2. Demonstrate via case examples the eleven parts of HIPAA.
3. Discuss the HIPAA timeline.
Presenter: Joan M. Kiel, MPA, MPhil, PhD
(Duquesne University)
Presider: Kim Henson, MPhil (University of New Mexico)
Facilitator: Carol Bennett Seager, MSA (University of Kansas)

14 WE262. Continuing Education Workshop for Program Planners and Presenters
CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5
AAFP-P: 0 PhCE: 0
Room: Sunset
The attendee should be able to:
1. Describe characteristics of rigorous college health professional development programming.
2. Contrast “interesting” programs with those worthy of continuing education.
3. List steps to coordinating the planning and implementation of a college health professional development program.
Presenter: Eleanor W. Davidson, MD (Case Western Reserve University), Kathy MacLachlan, MS, RN-C, ANP (Syracuse University), Ric Underhile, PhD, LPPC, CHES (Outside the Classroom), Mike Malmon-Berg, PhD (College of Wooster)
Presider: Eleanor W. Davidson, MD (Case Western Reserve University)
Facilitator: Kathy MacLachlan, MS, RN-C, ANP (Syracuse University)

15 WE275. Treating the Multiple Disordered, Chronically Suicidal Patient: Dialectical Behavior Therapy for Borderline Personality Disorder
CME: 1.5 CH: 1.8 CECH: 0 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Royal Palm 1 & 2
The attendee should be able to:
1. Define borderline personality disorder.
2. Describe the current status of Dialectical Behavior Therapy (DBT) treatment outcome research.
3. Explain the DBT theory of borderline personality disorder.
4. Describe DBT treatment strategies.
Presenter: Milton Brown, PhD (Alliant University)
Presider: Gail Pakalns, PhD (Seton Hall University)
Facilitator: Joetta L. Carr, PhD (Western Michigan University)
21 WE089. College Students’ CAM Knowledge, Use, and Relationship to Selected Health Behaviors, Locus of Control, and Personal Illness Experiences
CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Windsor
The attendee should be able to:
1. Identify the percentage of college students using CAM therapies.
2. Explain the relationship of CAM use to age, selected health behaviors, attitudes about alternative practitioners versus traditional physicians, locus of control level, and personal illness experience.
3. Identify alternative practices and herbal medications used by college students.
4. Describe the implications for college health services.

Presenters: Linda B. Synovitz, PhD, RN, CHES, Wynn Gillan, DPH, and Ralph Wood, PhD (Southeastern Louisiana University)
Facilitator: Gaylene Davis, RN, ARNP (Wichita State University)

22 WE122. Utilizing Strategic Planning To Incorporate Healthy Campus 2010 at Rutgers University Health Services
CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Sunset
The attendee should be able to:
1. Identify the process of strategic planning for a multi-disciplinary approach including senior administration.
2. Describe priority goals based on ACHA-NCHA data and Healthy Campus 2010 objectives at Rutgers University.
3. Discuss a strategic plan as part of health service mission and goals.

Presenters: Dorothy Kozlowski, MSN, RN, NPC, and Melodee Lasky, MD (Rutgers University)
Presider: Judy Groop, RN-BC (Messiah College)
Facilitator: Carole Worsh, APRN, ANP (Pine Manor College)

23 WE125. HIV Prevention: Seeing a Need and Charting a Course
CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 0
AAFP-P: 1.5 PhCE: 0
Room: Pacific Salon 1
The attendee should be able to:
1. Describe the HIV outbreak identified in North Carolina in 2002 and the pattern since then.
2. Discuss the responses of key statewide stakeholders in HIV prevention, testing, and education.
3. List HIV prevention activities undertaken by several North Carolina universities.

Presenters: Jerry Barker, EdD (North Carolina State University); Mary M. Covington, MD (University of North Carolina-Chapel Hill); Tresa M. Saxton, PhD (University of North Carolina-Greensboro)
Presider: Marilyn Yourdon, APRN, BC (Wichita State University)
Facilitator: Claudia Witcher, RN, LHRM, CCR (University of Central Florida)

24 WE128. Making Benchmarking Work
CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Royal Palm 5 & 6
The attendee should be able to:
1. Identify two benefits of benchmarking.
2. Describe options for benchmarking.
3. Identify key issues to address in developing your own successful benchmarking program.

Presenters: Jo Ann Dawson, MD, MPH, and Shannon Wong Reid (University of California-Los Angeles)
Presider: Tanya Tatum, MHA (Florida State University)
Facilitator: Cheryl Block, RN (Southern Methodist University)

25 WE129. The First Year: A Guide for New Health Promotion Directors
CME: 0 CH: 1.8 CECH: 1.5 PsyCE: 0
AAFP-P: 0 PhCE: 0
Room: Pacific Salon 2
The attendee should be able to:
1. Identify the key components of a comprehensive college health promotion program, including documents and tools relevant to the field.
2. Discuss the skills and talents necessary to effectively direct a college health promotion program.
3. Identify the common challenges and opportunities that new health promotion directors face in their first year.

**Presenters:** Sarah Mart, MS, MPH (University of San Francisco); Melissa Kenzig, MSPH, CHES (Columbia University)

**Presider:** Beth DeRicco, PhD (Higher Education Center for Alcohol and Drug Prevention)

**Facilitator:** Amy Melichar, CHES (Marquette University)

### WE132. Formal or Informal and Why: Boundary Issues in the General Clinic

**CME:** 1.5  **CH:** 1.8  **CECH:** 0  **PsyCE:** 1.5  **AAFP-P:** 1.5  **PhCE:** 0

**Room:** Royal Palm 1 & 2

The attendee should be able to:
1. Define the term “boundary violation.”
2. Differentiate examples of “boundary crossing” from “boundary violation.”
3. Identify several ways a clinician might set professional boundaries with a young adult patient.

**Presenter:** Eleanor W. Davidson, MD (Case Western Reserve University); Alejandro Martinez, PhD (Stanford University)

**Presider:** Chris Brownson, PhD (University of Texas-Austin)

**Facilitator:** Mike Malmon-Berg, PhD (College of Wooster)

### WE156. Success Stories in Mental Wellness Programs: Lessons Learned in the Residence Halls

**CME:** 1.5  **CH:** 1.8  **CECH:** 1.5  **PsyCE:** 1.5  **AAFP-P:** 1.5  **PhCE:** 0

**Room:** Royal Palm 3 & 4

The attendee should be able to:
1. Discuss national and local qualitative and quantitative evidence used to support program development in mental wellness.
2. Identify pathways for collaboration among faculty, residential life, counseling center, and the student health center.
3. Describe practical strategies and several sample programs for mental wellness across several mental health topics.

**Presenter:** Justin M. Laird, PhD (State University of New York-Brockport)

**Presider:** Kathy McNaul, RNC, ANP (Macalester College)

**Facilitator:** Eileen Hineline, MSHA (Barry University)

### WE233. How the French Make Love: Techniques for Health Educators and Peer Educators

**CME:** 1.5  **CH:** 1.8  **CECH:** 1.5  **PsyCE:** 0  **AAFP-P:** 1.5  **PhCE:** 0

**Room:** Pacific Salon 4 & 5

The attendee should be able to:
1. Identify one medically accurate sexuality education video for adolescents.
2. Compare teenage birth rates in the U.S. with France and at least two other European countries that have more advanced sexuality education than the U.S.
3. Compare teenage abortion rates in the U.S. with France and at least two other European countries that have more advanced sexuality education than the U.S.
4. Identify two methods to advocate for medically accurate and age-appropriate sexuality education at the local, state, and/or national level.

**Presenters:** Julie Lynn Schafer and Reginald Fennell, PhD, CHES, (Miami University); Sarah Clark (University of California-Berkeley)

**Presider:** Reginald Fennell, PhD, CHES (Miami University-Ohio)

**Facilitator:** Mary Tschann (University of San Francisco)

### WE287. Hot Topics 2005: Administration

**CME:** 1.5  **CH:** 1.8  **CECH:** 1.5  **PsyCE:** 1.5  **AAFP-P:** 1.5  **PhCE:** 0

**Room:** Hampton

The attendee should be able to:
1. Identify important administrative issues in college health such as finance, personnel, regulatory, and insurance.
2. Identify potential concerns.
3. Discuss different approaches to these issues.

**Presenters:** Cheryl Presley, PhD (Southern Illinois University-Carbondale); Susan Skalsky, MD, MPH, MBA (Montclair State University)

**Presider:** Susan Skalsky, MD, MPH, MBA (Montclair State University)

**Facilitator:** Ann Nadler (University of Missouri-Columbia)
THURSDAY SPECIAL EVENTS AND INFORMATION

7:00 AM - 3:45 PM
Registration
Room: Grand Foyer

7:00 AM
Opening Breakfast with Exhibitors
Exhibit Hall, Silent Auction, and Poster Sessions Open
Room: Exhibit Hall (Atlas Ballroom)

8:00 AM - 9:30 AM
Room: Golden Ballroom

See Featured Events on page 15 and TH294 on page 37 for more details.
Sponsored by the American College Health Foundation Endowment Fund and Student Resources Fund

12:30 PM - 1:30 PM
TH307. White House Speaker — The National Drug Control Strategy: Emerging Opportunities To Reduce Drug Use in America
Room: Golden Ballroom

5:30 PM - 6:30 PM
Open Forum and Reports to ACHA’s Board of Directors
Room: Garden Salon 1

7:00 PM - 9:00 PM
Awards/Fellows Dinner
Room: Regency Ballroom

See Featured Events on page 15 for more information.
Tickets are required for the dinner.
Music by the Del Mar Trio sponsored by Duke Student Health Center

THURSDAY BUSINESS MEETINGS

12:00 PM - 2:00 PM
BS029. Pacific Coast College Health Association
Room: Clarendon

12:00 PM - 1:15 PM
BS023. Central College Health Association
Room: Towne

BS024. Mid-America College Health Association
Room: Esquire

BS025. Mid-Atlantic College Health Association
Room: Sunrise

BS026. New England College Health Association
Room: Stratford

BS027. New York State College Health Association
Room: Dover

BS028. Ohio College Health Association
Room: Eaton

BS030. Rocky Mountain College Health Association
Room: Brittany

BS031. Southern College Health Association
Room: Ascot

BS032. Southwest College Health Association
Room: Crescent

BS033. North Central College Health Association
Room: Garden Salon 2

1:30 PM - 3:30 PM
BS343. American College Health Foundation Board of Directors
Room: Galleria 2
32 TH075. Student Advisory Board Engagement
CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 1.5  
AAFP-P: 1.5  PhCE: 0
Room: Royal Palm 1 & 2

The attendee should be able to:
1. Identify elements that foster a healthy student advisory board relationship.
2. Define dashboard indicators in Excel spreadsheet format for senior administrators.
3. Compare their campus with Healthy Campus 2010 goals.

Presenters: Robert D. Palinkas, MD, Louis A. Holub, Mia E. Layne, and Adam C. Blahnik (University of Illinois at Urbana-Champaign)

33 TH181. Nurse Practitioner-directed Student Health Settings
CME: 0  CH: 1.8  CECH: 1.5  PsyCE: 0
AAFP-P: 0  PhCE: 0
Room: Pacific Salon 4 & 5

The attendee should be able to:
1. Describe the unique properties of nurse practitioner-directed student health settings.
2. Identify the unique challenges of nurse practitioner-directed student health settings.
3. Discuss the impact of a minimum of two different organizational settings on the characteristics of nurse practitioner-directed student health settings.

Presenters: Sandra Handley, RN, PhD, FNP (University of Missouri-Kansas City); Peggy Ingram Veese, EdD, APRN, BC (University of Tennessee-Memphis)

34 TH221. Mental and Behavioral Health Correlates to Spiritual Health and Religious Diversity: A Research Literature Review
CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 1.5
AAFP-E: 1.5  PhCE: 0
Room: Pacific Salon 6 & 7

The attendee should be able to:
1. Identify holistic models of human health: the mind, body, spirit connection.
2. Describe research findings on relationship between spiritual and religious beliefs and practices and health findings related to depression, substance abuse, sexual behavior, and immune function.

3. Discuss challenges, concerns, and opportunities associated with conducting spiritual health assessments and assessments of religious beliefs and practices in the context of college health and mental health care.

Presenters: Paul R. Myers, PhD (University of Portland)
Presiders: Greg Eells, PhD (Cornell University)
Facilitator: Ray Tucker, PhD (College of Wooster)

35 TH252. Redesign of Contraception: Elimination of Monthly Menstruation and Associated Symptoms
CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 0
AAFP-P: 1.5  PhCE: 0
Room: Pacific Salon 1

The attendee should be able to:
1. Discuss medical disorders associated with incessant ovulation and menstruation as reasons to consider menstrual suppression.
2. Describe the hormonal side effects associated with standard current 21 days/7 days hormonal contraceptive methods.
3. Discuss current and future alteration in contraceptive methods.
4. Discuss how to manage breakthrough bleeding often associated with contraceptive use.

Presenters: Patricia J. Sulak, MD (Texas A&M University College of Medicine)
Presiders: Scott Spear, MD (University of Wisconsin-Madison)
Facilitator: Russell Klinkenberg (Texas A&M University)

36 TH284. Same Models/Different Programs: Using the Ecological Model and the Standards of Practice for Health Promotion in Higher Education To Address HIV Risk in College Students
CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 0
AAFP-P: 1.5  PhCE: 0
Room: Sunrise

The attendee should be able to:
1. Describe the potential application of the ecological model to HIV risk reduction and college student populations.
2. Identify strategic partnerships needed to implement effective HIV risk reduction initiatives.
3. Describe ways the ACHA Standards of Practice for Health Promotion in Higher
Education (SPHPHE) can be used to support, revise, and plan effective HIV risk reduction initiatives.

4. Compare the impact of the Ecological Model and ACHA SPHPHE on the planning process for two different universities.

Presenters: Sarah Mart, MS, MPH, and Mary Grace Almandrez, MS (University of San Francisco); Susan Kennedy, PhD (Pennsylvania State University)

Presider: Jamie Shutter, MSED, CHES (University of Texas)

Facilitator: Justin Shutter, PhD (State University of New York-Brockport)

37 TH289. Improving the Quality of Life of the Person with HIV/AIDS

CME: 1.5  CH: 1.8  CECH: 0  PsyCE: 0
AAFP-P: 1.5  PhCE: 0

Room: Sunset

The attendee should be able to:
1. Identify the Quality of Life indicators that are gender specific.
2. Discuss a causal model related to the quality of life for a person with HIV/AIDS.
3. Describe how the findings can be used by the health care provider to assist the person with HIV/AIDS in improving their quality of life.

Presenter: Anna K. Omery, RN, DNSc (Kaiser Permanente)

Presider: Kathy Chan, PA-C (Morgan State University)

Facilitator: Anita Barkin, DrPH, CRNP (Carnegie Mellon University)


CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 1.5
AAFP-P: 1.5  PhCE: 0

Room: Golden Ballroom

The attendee should be able to:
1. List some of the major scientific discoveries that have changed our understanding of health, illness, healing, and the process of change.
2. Discuss the limitations of interventions based on our often-outdated scientific understandings of health, illness, and the process of change.
3. Describe the implications for health education of these new scientific understandings.

Presenter: Jon L. Robison, PhD, MS (Michigan State University)

Presider: Nancy Allen, MA, CHES (Michigan State University)

39 TH302. Student Health Insurance on Campus: The Current Landscape and Proposals To Increase Coverage

CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 0
AAFP-P: 1.5  PhCE: 0

Room: Pacific Salon 2

The attendee should be able to:
1. Discuss the range of approaches currently utilized by colleges to require health insurance coverage for some or all students.
2. Identify policy options available to colleges and states to increase health insurance coverage of students.
3. Explain how a policy-making model was used to affect the adoption of a mandatory ‘hard waiver’ policy.
4. Discuss how the principles of the model can be used as a guide for affecting other types of health policy changes on a college campus.

Presenters: Stacey L. Pogue (University of Texas); Anita Barkin, MSN, DrPH (Carnegie Mellon University)

Presider: David Roumaniere, MBA (Louisiana State University)

Facilitator: Katrin Wesner, CAPPMP (Rensselaer Polytechnic Institute)

40 TH305. SMART Recovery and the Need for Non-12-Step Recovery Options

CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 1.5
AAFP-P: 1.5  PhCE: 0

Room: Pacific Salon 2

The attendee should be able to:
1. Describe the U.S. addiction support group options currently available.
2. Explain the scientific evidence supporting the effectiveness of addiction treatment and addiction support groups.
3. Discuss the rationale the courts have used to define Alcoholics Anonymous as a religion.
4. Describe how to establish a collaborative approach for addiction treatment and recovery planning.

Presenter: Arthur Tom Horvath, PhD (SMART Recovery)

Presider: Eleanor Davidson, MD (Case Western Reserve University)

Facilitator: Kathleen MacLachlan, ANP (Syracuse University)

41 TH307. Emergency Contraception: Patterns, Perceptions, and Paradigms

CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 0
AAFP-P: 1.5  PhCE: 1.5

Room: Pacific Salon 1

The attendee should be able to:
1. Discuss ways to improve knowledge of and access to emergency contraception (EC).
2. Identify methods to create opportunities to engage patients and encourage informed choices regarding contraceptive selection.
3. Explain the implications of open access to EC and opportunities to affect positive, healthy behavioral choices.

Presenters: Carl K. Labbe, BSPharm, RPh, and Ann Ryan, MS, FNP (Arizona State University)

Facilitator: Deirdre Younger, RPh, MS (University of Maryland-College Park)

42 TH308. The Men’s Program: A Model Peer Education Program for Lowering Men’s Likelihood of Raping

CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 0
AAFP-P: 1.5  PhCE: 0

Room: Sunrise

Sponsored by the American College Health Foundation Murray DeArmond Student Activity Fund

The attendee should be able to:
1. Identify research-proven techniques for educating men about rape.
2. Discuss common reactions of college men to programming that focuses on rape prevention and education.
3. Explain how to successfully inspire college men to become involved in sexual assault prevention and peer education.

Presenters: John L. Mallory, Matthew J. Roosevelt, Nick M. Reiter, and William C. Carter (College of William and Mary)
2. Identify strategies to modify those costs through an organized system of care, disease management, and demand management.
3. Describe the “value” of student health: retention, academic performance, and healthier campuses.

Presenters: Stephen C. Caulfield, MSW (The Chickering Group); Sandra Scott; Wayne H. Ericson, PhD (Illinois State University)
Presider: Jerry Baker, EdD (North Carolina State University)
Facilitator: Terri Lyn Lemons, RN, MN, FNP, MPH (Clayton State University)

4. Identify opportunities to link faculty work, college health practice, and student affairs administration in strategies to cultivate and retain leadership in college health.
3. Describe suggested collaborative practices for mentoring new leadership in college health.

The attendee should be able to:
1. Discuss the currently recognized risks and benefits of treatment with antidepressant medications.
2. Differentiate the persistence and clearance rates of STDs and their associated sequelae.
3. Describe the contraceptive effects of hormonal and barrier contraception on STD transmission.

Presenters: Patricia J. Sulak, MD (Texas A&M University College of Medicine)
Presider: Scott Spear, MD (University of Wisconsin-Madison)
Facilitator: Sherry Swanson, CNP (Hiram College)

48 TH271. Update on Use of Antidepressant Medications in Young Adults
CME: 1.5 CH: 1.8 CECH: 0 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Pacific Salon 3

**SCHEDULE OF PROGRAMS AND EVENTS**

<table>
<thead>
<tr>
<th>Time</th>
<th>Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 AM - 11:30 AM (cont.)</td>
<td></td>
</tr>
</tbody>
</table>
| **43 TH142. Stress Management Programming Ideas** | CME: 0 CH: 1.8 CECH: 1.5 PsyCE: 0
AAFP-P: 0 PhCE: 0 |
| Room: Sunset | The attendee should be able to:
1. List a range of health education programming ideas to assist individuals in bringing stress to beneficial levels.
2. Describe stress and stress management strategies.
3. Identify nine general health education objectives for stress management.
| Presenter: Owen P. Moran, MSc (Concordia University)
Presider: Nancy Anderson, RN-BC (College of Wooster)
Facilitator: Caren Barnett (Minot State University) | |

| **44 TH161. It’s All About Students: Advocating for and with Students** | CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 0
AAFP-P: 1.5 PhCE: 0 |
| Room: Royal Palm 1 & 2 | The attendee should be able to:
1. Identify skills essential in advocacy for student health issues.
2. Describe the role of college health professionals and students as agents of change on campus and in their extended communities.
3. Discuss a forum for the exchange of information regarding college health student advocacy.
| Presenters: Mary Alice Serafini, MA (University of Arkansas); Kathleen McAuliffe, MD, MPH (Portland State University); Jane M. Crocker, LSW (University of North Dakota); Linda Ann LaSalle, MA, PhD (Pennsylvania State University); Fern Goodhart, MS, CHES (Rutgers University)
Presider: Mary Alice Serafini, MA (University of Arkansas) | |

| **45 TH189. Rising Health Costs: Strategies To Stem the Tide and Stay Afloat** | CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0 |
| Room: Pacific Salon 6 & 7 | The attendee should be able to:
1. Explain the key components of student health costs, including student health insurance costs.
2. Identify strategies to modify those costs through an organized system of care, disease management, and demand management.
3. Describe the “value” of student health: retention, academic performance, and healthier campuses.
| Presenters: Stephen C. Caulfield, MSW (The Chickering Group); Sandra Scott; Wayne H. Ericson, PhD (Illinois State University)
Presider: Jerry Baker, EdD (North Carolina State University)
Facilitator: Terri Lyn Lemons, RN, MN, FNP, MPH (Clayton State University) | |

| **46 TH212. Faculty Alliances for Educating the Next Generation of College Health Leaders** | CME: 0 CH: 1.8 CECH: 1.5 PsyCE: 0
AAFP-P: 0 PhCE: 0 |
| Room: Windsor | The attendee should be able to:
1. Describe three faculty applications of current practitioner “tools of the trade”: the Standards of Practice for Health Promotion in Higher Education, Healthy Campus 2010, and the ACHA-National College Health Assessment.
2. Identify examples of collaborative partnerships between preparation program faculty and college health practitioners.
3. Describe suggested collaborative practices for mentoring new leadership in college health.
| Presenters: Ray Quirolgico, MEd (University of San Francisco); Mohammed Forouzesh (California State University-Long Beach); Billie J. Lindsey, EdD, CHES (Western Washington University); Melbourne Howell (San Diego State University)
Presider: Nancy Stockert, PhD (University of Hawaii-Manoa)
Facilitator: Heather Morris (Arkansas State University) | |

| **47 TH251. STDs: Facts Most Healthcare Professionals Don’t Know!** | CME: 1.5 CH: 1.8 CECH: 0 PsyCE: 0
AAFP-P: 1.5 PhCE: 0 |
| Room: Golden Ballroom | The attendee should be able to:
1. Discuss the incidence and prevalence of the most common STDs and their asymptomatic carrier rates.
2. Differentiate the persistence and clearance rates of STDs and their associated sequelae.
3. Describe the contraceptive effects of hormonal and barrier contraception on STD transmission.
| Presenters: Patricia J. Sulak, MD (Texas A&M University College of Medicine)
Presider: Scott Spear, MD (University of Wisconsin-Madison)
Facilitator: Sherry Swanson, CNP (Hiram College) | |

| **48 TH271. Update on Use of Antidepressant Medications in Young Adults** | CME: 1.5 CH: 1.8 CECH: 0 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0 |
| Room: Pacific Salon 3 | Sponsored by the American College Health Foundation Josh Kaplan Fund for Clinical Medicine

The attendee should be able to:
1. Explain how psychiatrists and other physicians decide whether to treat young people with antidepressant medication.
2. Discuss the currently recognized risks and benefits of treatment with antidepressant medications.
| Presenters: Jeff K. Rouse, MD (University of California-San Diego)
Presider: Alan Barnes, MDCM (University of Florida-Gainesville)
Facilitator: Joy Himmel, PsyD, RNCS, PC (Pennsylvania State University-Altoona) | |

| **49 TH278. Responding to an HIV Epidemic on College Campuses: North Carolina’s Experience at Minority Servicing Institutions** | CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0 |
| Room: Royal Palm 5 & 6 | The attendee should be able to:
1. Describe the key steps in building a public health/academic partnership to implement an HIV risk reduction program.
2. Identify strategies for linking community resources to campuses to enhance program effectiveness.
| Presenters: Ray Quirolgico, MEd (University of San Francisco); Mohammed Forouzesh (California State University-Long Beach); Billie J. Lindsey, EdD, CHES (Western Washington University); Melbourne Howell (San Diego State University)
Presider: Nancy Stockert, PhD (University of Hawaii-Manoa)
Facilitator: Heather Morris (Arkansas State University) |
## SCHEDULE OF PROGRAMS AND EVENTS

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
<th>Presenters</th>
</tr>
</thead>
</table>
| 10:00 AM  | 50 TH291. Credentialing for Nurse Practitioners                         | Towne               | Presenters: Doreen Perez, MS, RN-BC (University of North Florida); Elvira Velez, ARNP, BSN, MPH (Florida International University); Therese Boyd, EdD, ARNP-BC (Florida State University); Lorna Harris, PhD, RN, FAAN (North Carolina Agricultural and Technical State University); Lena Clayton, RN, MS, FAAP (Fayetteville State University); David H. Jolly, MED, MSPH, DrPH (North Carolina Central University)  
Facilitator: Barbara Wilcox, RN (Clemson University)  
Presider: Fae McLean, RN-C (Clemson University)  
Room: Towne |
| 11:00 AM  | 51 TH297. How Things Work, ACHA Style!                                   | Royal Palm 3 & 4     | Presenters: Doreen Perez, MS, RN-BC (University of North Florida); Elvira Velez, ARNP, BSN, MPH (Florida International University); Therese Boyd, EdD, ARNP-BC (Florida State University); Lorna Harris, PhD, RN, FAAN (North Carolina Agricultural and Technical State University); Lena Clayton, RN, MS, FAAP (Fayetteville State University); David H. Jolly, MED, MSPH, DrPH (North Carolina Central University)  
Facilitator: Barbara Wilcox, RN (Clemson University)  
Presider: Fae McLean, RN-C (Clemson University)  
Room: Royal Palm 3 & 4 |
| 12:30 PM  | 52 TH307. White House Speaker — The National Drug Control Strategy: Emerging Opportunities To Reduce Drug Use in America   | Golden Ballroom      | Presenters: Doreen Perez, MS, RN-BC (University of North Florida); Elvira Velez, ARNP, BSN, MPH (Florida International University); Therese Boyd, EdD, ARNP-BC (Florida State University); Lorna Harris, PhD, RN, FAAN (North Carolina Agricultural and Technical State University); Lena Clayton, RN, MS, FAAP (Fayetteville State University); David H. Jolly, MED, MSPH, DrPH (North Carolina Central University)  
Facilitator: Barbara Wilcox, RN (Clemson University)  
Presider: Fae McLean, RN-C (Clemson University)  
Room: Golden Ballroom |
| 1:15 PM   | 53 TH016. Headaches and the Sound of Three Zebras: Common Complaint — Uncommon Cause | Pacific Salon 2      | Presenters: Doreen Perez, MS, RN-BC (University of North Florida); Elvira Velez, ARNP, BSN, MPH (Florida International University); Therese Boyd, EdD, ARNP-BC (Florida State University); Lorna Harris, PhD, RN, FAAN (North Carolina Agricultural and Technical State University); Lena Clayton, RN, MS, FAAP (Fayetteville State University); David H. Jolly, MED, MSPH, DrPH (North Carolina Central University)  
Facilitator: Barbara Wilcox, RN (Clemson University)  
Presider: Fae McLean, RN-C (Clemson University)  
Room: Pacific Salon 2 |
| 1:45 PM   | 54 TH028. Keeping Whole Students at Their Peak: A Model for Integrated Health Care | Sunset              | Presenters: Doreen Perez, MS, RN-BC (University of North Florida); Elvira Velez, ARNP, BSN, MPH (Florida International University); Therese Boyd, EdD, ARNP-BC (Florida State University); Lorna Harris, PhD, RN, FAAN (North Carolina Agricultural and Technical State University); Lena Clayton, RN, MS, FAAP (Fayetteville State University); David H. Jolly, MED, MSPH, DrPH (North Carolina Central University)  
Facilitator: Barbara Wilcox, RN (Clemson University)  
Presider: Fae McLean, RN-C (Clemson University)  
Room: Sunset |
| 2:30 PM   | 55 TH063. Assessing and Caring for Spanish-speaking/Latino Patients      | Windsor             | Presenters: Doreen Perez, MS, RN-BC (University of North Florida); Elvira Velez, ARNP, BSN, MPH (Florida International University); Therese Boyd, EdD, ARNP-BC (Florida State University); Lorna Harris, PhD, RN, FAAN (North Carolina Agricultural and Technical State University); Lena Clayton, RN, MS, FAAP (Fayetteville State University); David H. Jolly, MED, MSPH, DrPH (North Carolina Central University)  
Facilitator: Barbara Wilcox, RN (Clemson University)  
Presider: Fae McLean, RN-C (Clemson University)  
Room: Windsor |
| 3:15 PM   | 56 TH071. Sexually Transmitted Diseases: National Update               | Pacific Salon 3     | Presenters: Doreen Perez, MS, RN-BC (University of North Florida); Elvira Velez, ARNP, BSN, MPH (Florida International University); Therese Boyd, EdD, ARNP-BC (Florida State University); Lorna Harris, PhD, RN, FAAN (North Carolina Agricultural and Technical State University); Lena Clayton, RN, MS, FAAP (Fayetteville State University); David H. Jolly, MED, MSPH, DrPH (North Carolina Central University)  
Facilitator: Barbara Wilcox, RN (Clemson University)  
Presider: Fae McLean, RN-C (Clemson University)  
Room: Pacific Salon 3 |

The attendee should be able to:
1. Define a model for integrated health care.
2. List multidisciplinary initiatives.
3. Discuss potential avenues for cross-disciplinary interaction.

Presenters: Doreen Perez, MS, RN-BC (University of North Florida); Elvira Velez, ARNP, BSN, MPH (Florida International University)  
Facilitator: Therese Boyd, EdD, ARNP-BC (Florida State University)  
Presider: Sharon Henricksen, RN (Duke University)  
Room: Pacific Salon 3

The attendee should be able to:
1. Describe the symptoms, diagnosis, treatment and complications of sexually transmitted diseases (STDs) commonly encountered on college campuses.
2. Identify any updates in the recommended diagnosis and treatment of STDs.
3. Identify appropriate STD educational topics for the college student.

Presenter: Mary Jo Groves, MD (Wittenberg University)
Facilitator: Sharon Roberson (University of Texas-Austin)

57 TH114. Fundraising Fundamentals for Health Professionals
CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Towne

The attendee should be able to:
1. Define fundraising terms/terminology.
2. Identify various fundraising strategies and the components of a successful proposal.
3. Explain to others the contribution of their work in fundraising initiatives.

Presenters: Suzanne J. Hubbell, MBA, and Charles P. Merrihew, MBA (Syracuse University)
Presider: Jo Ann Molnar (Cornell University)
Facilitator: Kim Henson, MPA (University of New Mexico)

58 TH184. Standards Into Action: Using the Standards of Practice for Health Promotion in Higher Education for Professional Development and Program Assessment
CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Pacific Salon 6 & 7

The attendee should be able to:
1. Identify utilization of scales that assess professional self-development.
2. Identify utilization of scales that assess program level indicators.
3. Explain how these tools can impact and improve their practice of college health.

Presenters: Susan L. Kennedy, PhD (Pennsylvania State University); Patricia Fabiano, PhD (Western Washington University)
Presider: Sarah Mart, MS, MPH (University of San Francisco)
Facilitator: Jane Emmereee, PhD, CHES (University of Florida-Gainesville)

59 TH211. Leadership Issues Among Primary Care, Psychiatry, and Counseling: Coordination, Case Management, and Medications
CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Royal Palm 1 & 2

The attendee should be able to:
1. Describe three different challenges for leaders in coordinating primary care, psychiatry, and counseling.
2. Describe two approaches for each challenge that might be of value at your institution, which are not currently operational.
3. Describe two advantages and two disadvantages of each approach.

Presenters: Ronald L. Elson, MD, MPH (University of California-Berkeley); Robert Dollowing, MD, and Heidi von Harscher, PhD, FICPP (Florida International University); R. Christa Eckert, MD, MPH (Tulane University); Chris Brownson, PhD (University of Texas-Austin)
Presider: R. Christa Eckert, MD (Tulane University)
Facilitator: Janell Kalifey-Ayad, MSW, LCSR (Tulane University)

60 TH241. SOS: Stressed Out Students
CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Golden Ballroom

The attendee should be able to:
1. Discuss three data-driven trends that suggest increasing levels of stress and school disengagement.
2. Contrast value systems that emphasize a balanced and fulfilling quality of life versus those that foster a competitive determination to succeed.
3. Identify how individuals can help students and their colleagues to refocus their energies on cultivating deeper connections with loved ones, and life balance.

Presenters: Carole S. Pertofsky, MEd, CHES, and Douglas Daher, PhD (Stanford University)
Presider: Maria Benevides, LMFT (Point Loma Nazarene University)
Facilitator: Cathy Kodama, MPH (University of California-Berkeley)

61 TH259. Hot Topics 2005: Clinical Medicine
CME: 1.5 CH: 1.8 CECH: 0 PsyCE: 0
AAFP-P: 1.5 PhCE: 0
Room: Pacific Salon 1

The attendee should be able to:
1. Identify an area of current relevance to members of the section.
2. Identify points of agreement on these issues and points of disension.
3. Identify key factors that might influence the way an individual health service or clinician might approach the problem.

Presenter: Scott J. Spear, MD (University of Wisconsin-Madison); Jeanne Marrazzo, MD, MPH (University of Washington)
Presider: Jay Cranston, MD (Appalachian State University)

62 TH270. What If You Build It and Nobody Comes? Creating and Marketing Health Programs That Get Students in the Room
CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 0
AAFP-P: 1.5 PhCE: 0
Room: Sunrise

The attendee should be able to:
1. Identify and analyze the basic underlying theories that drive health promotion activities and programs for college students.
2. Identify the systems/cultures/environments that regulate behaviors that affect student health.
3. Describe program marketing strategies that capture the attention of and connect with the student population.

Presenter: Donnovan Yisrael, MA (Stanford University)

63 TH272. Understanding the Impact of Internet Pornography on College Students
CME: 1.5 CH: 1.8 CECH: 0 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Royal Palm 3 & 4

The attendee should be able to:
1. Describe the widespread use of pornography, and the adverse impact it can have on interpersonal relationships.
2. Identify the skills necessary to help students break the addiction cycles associated with regular pornography use.
3. Discuss with students in the ongoing recovery process and the re-establishment of healthy interpersonal relationships.
<table>
<thead>
<tr>
<th>Time</th>
<th>Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:45 PM - 3:15 PM (cont.)</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>TH285. Brief Clinical Interventions and Effective Health Policies To Reduce High-Risk Drinking and Substance Abuse Among College Students</strong></td>
</tr>
<tr>
<td></td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5</td>
</tr>
<tr>
<td></td>
<td>AAFP-P: 1.5 PhCE: 0</td>
</tr>
<tr>
<td></td>
<td><strong>Room: Garden Salon 2</strong></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to:</td>
</tr>
<tr>
<td></td>
<td>1. Explain brief intervention and its effectiveness for reducing the risks of alcohol and other drug use (AOD) among college men and women.</td>
</tr>
<tr>
<td></td>
<td>3. Describe three effective techniques for clinicians to “seize the teachable prevention moment” and engage the patient in a meaningful behavior change process.</td>
</tr>
<tr>
<td></td>
<td><strong>Presenters:</strong> Dessa Bergen-Cico, PhD (Syracuse University); Paul Grossberg, MD (University of Wisconsin-Madison)</td>
</tr>
<tr>
<td></td>
<td><strong>Presider:</strong> Sarah Mart, MS, MPH (University of San Francisco)</td>
</tr>
<tr>
<td></td>
<td><strong>Facilitator:</strong> Kelly Ross-Davis, MS (University of Alabama-Birmingham)</td>
</tr>
<tr>
<td>3:45 PM - 5:15 PM</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>TH006. Asthma: Update and Review of Basic Principles</strong></td>
</tr>
<tr>
<td></td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5</td>
</tr>
<tr>
<td></td>
<td>AAFP-P: 1.5 PhCE: 0</td>
</tr>
<tr>
<td></td>
<td><strong>Room: Royal Palm 3 &amp; 4</strong></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to:</td>
</tr>
<tr>
<td></td>
<td>1. Describe the substantial impact that asthma has on our patients and our health care system.</td>
</tr>
<tr>
<td></td>
<td>2. Discuss the basic principles of asthma pathophysiology, natural history, and medication management.</td>
</tr>
<tr>
<td></td>
<td>3. Identify the special challenges that college health centers face as they treat patients with asthma.</td>
</tr>
<tr>
<td></td>
<td><strong>Presenter:</strong> K. Louise Hanson, MD (Vanderbilt University)</td>
</tr>
<tr>
<td></td>
<td><strong>Presider:</strong> Cecil Price, MD (Wake Forest University)</td>
</tr>
<tr>
<td></td>
<td><strong>Facilitator:</strong> Jan Palmer, MD (West Virginia University)</td>
</tr>
<tr>
<td>66</td>
<td><strong>TH312. The “War on Obesity”</strong></td>
</tr>
<tr>
<td></td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5</td>
</tr>
<tr>
<td></td>
<td>AAFP-P: 1.5 PhCE: 0</td>
</tr>
<tr>
<td></td>
<td><strong>Room: Hampton</strong></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to:</td>
</tr>
<tr>
<td></td>
<td>1. Explain the scientific foundations of current approaches to helping people with weight- and eating-related concerns.</td>
</tr>
<tr>
<td></td>
<td>2. Discuss the economic, social, political, and health consequences of the “war on obesity.”</td>
</tr>
<tr>
<td></td>
<td>3. Describe the philosophical foundations and major components of an alternative approach for helping people with weight- and eating-related concerns.</td>
</tr>
<tr>
<td></td>
<td><strong>Presenter:</strong> Jon I. Robison, PhD, MS (Michigan State University)</td>
</tr>
<tr>
<td>67</td>
<td><strong>TH002. Revenue Enhancement Analysis for College Health Services</strong></td>
</tr>
<tr>
<td></td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5</td>
</tr>
<tr>
<td></td>
<td>AAFP-P: 1.5 PhCE: 0</td>
</tr>
<tr>
<td></td>
<td><strong>Room: Garden Salon 2</strong></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to:</td>
</tr>
<tr>
<td></td>
<td>1. Identify most types of medical coding errors.</td>
</tr>
<tr>
<td></td>
<td>2. Describe a fee schedule analysis.</td>
</tr>
<tr>
<td></td>
<td>3. Discuss reimbursements and the financial impact on the operation of one’s health service.</td>
</tr>
<tr>
<td></td>
<td><strong>Presenters:</strong> Alan J. Allery, MEd, MHA, PhD (University of North Dakota); James A. Feickert (Health Care Consultants, Inc.)</td>
</tr>
<tr>
<td></td>
<td><strong>Presider:</strong> Bill Waid, MHA (University of California-Davis)</td>
</tr>
<tr>
<td></td>
<td><strong>Facilitator:</strong> Jolene C. Jernigan, RN-C, FNP (East Carolina University)</td>
</tr>
<tr>
<td>68</td>
<td><strong>TH097. Update in Contraceptive Technology</strong></td>
</tr>
<tr>
<td></td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 0</td>
</tr>
<tr>
<td></td>
<td>AAFP-P: 1.5 PhCE: 1.5 contact hours (program no. 067-999-023-L01)</td>
</tr>
<tr>
<td></td>
<td><strong>Room: Golden Ballroom</strong></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to:</td>
</tr>
<tr>
<td></td>
<td>1. Discuss the pros and cons of newly available contraceptive options.</td>
</tr>
<tr>
<td></td>
<td>2. Identify evidence-based guidance for provision of contraceptive services.</td>
</tr>
<tr>
<td></td>
<td><strong>Presenter:</strong> Eleanor Binola Schwarz, MD, MS (University of California-San Francisco)</td>
</tr>
<tr>
<td></td>
<td><strong>Presider:</strong> Carl Labbe, RPh (Arizona State University)</td>
</tr>
<tr>
<td>69</td>
<td><strong>TH124. About-Face: Masks of Disease</strong></td>
</tr>
<tr>
<td></td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 0</td>
</tr>
<tr>
<td></td>
<td>AAFP-P: 1.5 PhCE: 0</td>
</tr>
<tr>
<td></td>
<td><strong>Room: Sunrise</strong></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to:</td>
</tr>
<tr>
<td></td>
<td>1. Describe the physical examination of the head, face, and neck areas.</td>
</tr>
<tr>
<td></td>
<td>2. Compare normal and abnormal findings on facial examination.</td>
</tr>
<tr>
<td></td>
<td>3. Identify disease states that present with changes in the face and its appendages.</td>
</tr>
<tr>
<td></td>
<td><strong>Presenter:</strong> Ted W. Grace, MD, MPH (Ohio State University)</td>
</tr>
<tr>
<td></td>
<td><strong>Presider:</strong> Celeste Kendrick, MSN, FNP (Texas A&amp;M University-Corpus Christi)</td>
</tr>
<tr>
<td></td>
<td><strong>Facilitator:</strong> Claudia Witcher, RN, LHRM, CCR (University of Central Florida)</td>
</tr>
</tbody>
</table>
TH155. Campus Violence: Are We Making Progress?
CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Sunset
The attendee should be able to:
1. Discuss five major categories of campus violence nationwide.
2. Describe three innovative violence prevention programs that are data-based.
3. Identify the main obstacles to implementing prevention programs on your campus.
Presenter: Joetta L. Carr, PhD (Western Michigan University); Robert L. Ward, MSED (American College Health Association); Mary Alice Serafini, MA (University of Arkansas-Fayetteville); Ann Deveney, EdD, RN (College of Lake County)
Presider: Robert L. Ward, MSED (American College Health Association)

TH165. Healthy Campus 2010: How Three Campuses are Making It Happen
CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Pacific Salon 3
The attendee should be able to:
1. Describe healthy campus initiatives.
2. Explain how Healthy Campus 2010 can be used to develop college health programs.
3. Compare collaborative relationships and work groups used for developing healthy campus environments.
Presenters: Jim Grizzell, MBA, MA, CHES (California State Polytechnic University-Pomona); Jane Emmerere, PhD, MA, and Philip L. Barkley, MD (University of Florida); Lesley Sacher, MHA, CHE (Florida State University); Dennis Martell, PhD (Michigan State University); Lauri Dusseller, MS (Iowa State University)
Presider: Olivia Senn, MPH, CHES (The BACCHUS & GAMMA Peer Education Network)
Facilitator: Dana Farley (University of Minnesota)

TH222. The Ethics and Language of Holistic Leadership
CME: 0 CH: 1.8 CECH: 1.5 PsyCE: 1.5
AAFP-P: 0 PhCE: 0
Room: Pacific Salon 4 & 5
The attendee should be able to:
1. Discuss ACHA Ethical Principles and Guidelines.
2. Identify a grammatical method for assessment and intervention in group dynamics.
3. Describe opportunities to explore and share experiences related to the combination of the ACHA ethics and grammatical method in leadership contexts.
Presenter: Paul R. Myers, PhD (University of Portland)
Presider: Vicki Judd, MD (University of Utah)
Facilitator: Beth Brown, ANP (Oregon State University)

TH253. Advances in Screening for Anal Carcinoma
CME: 1.5 CH: 1.8 CECH: 0 PsyCE: 0
AAFP-P: 1.5 PhCE: 0
Room: Pacific Salon 1
The attendee should be able to:
1. Identify patients who are at risk for anal carcinoma.
2. Describe procedures for obtaining anal cytology.
3. Discuss the limitations and appropriate management of abnormal anal cytology.
Presenter: Keren Green, MSN, RN (University of Chicago)
Presider: Kathleen MacLachlan,ANP (Syracuse University)
Facilitator: Peter Davis Smith, MD (Wesleyan University)

TH258. Learning Disabilities and ADHD Accommodations: Leveling the Playing Field or Causing New Forms of Discrimination
CME: 1.5 CH: 1.8 CECH: 0 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Pacific Salon 2
The attendee should be able to:
1. Discuss the latest demographic data on disabled students in higher education.
2. Discuss key issues in the diagnosis of learning disabilities and ADHD in minority populations.
3. Identify ways in which institutions can protect the rights of minority students who may have learning disabilities or ADHD.
Presenters: Cynthia C. Griggs, PhD, and Cortney Z. Werrell, MA (Case Western Reserve University)
Presider: Joy Pengilly, PhD (Case Western Reserve University)

TH268. Why Am I Attracted to People Who Are Bad for Me? How Attraction Can Be a Barrier to Healthy Relationships
CME: 0 CH: 1.8 CECH: 1.5 PsyCE: 0
AAFP-P: 0 PhCE: 0
Room: Windsor
The attendee should be able to:
1. Identify cultural expectations/ideologies related to romance, attraction, and romantic partner choice.
2. Explain the role of these romantic cultural expectations/ideologies in unhealthy relationships.
3. Describe strategies that help counteract these cultural expectations/ideologies and lead to healthier relationships.
Presenter: Donna Y. Yasoed, MA (Stanford University)
Presider: Cathy Wallace, RN (Florida Atlantic University)
Facilitator: Carl Shaner, RN, MSN (Pennsylvania College of Technology)

TH276. Meeting the Mental Health Needs of Today's Culturally Unique and Complex College Student
CME: 1.5 CH: 1.8 CECH: 0 PsyCE: 1.5
AAFP-P: 1.5 PhCE: 0
Room: Pacific Salon 6 & 7
Sponsored by the American College Health Foundation Ayers/Battle/Thomas Diversity Fund
The attendee should be able to:
1. Identify struggles, psychological dynamics, and values unique to Asian-American, Latino-American, and African-American students.
2. List areas to assess to determine a student's level of acculturation vs. ethnic identity.
3. Discuss communication style and behavioral differences that are involved in establishing rapport.
Presenter: Christine H. Duong, PhD
Presider: Robert Portnoy, PhD (University of Nebraska-Lincoln)
Facilitator: Deborah William-Roberts (Kettering University)

TH282. Tricks of the Trade: Advice for New or Potential Grad Students and New Professionals
CME: 0 CH: 0 CECH: 1.5 PsyCE: 0
AAFP-P: 0 PhCE: 0
Room: Royal Palm 1 & 2
The attendee should be able to:
1. Describe the process of beginning a career in college health.
2. Discuss career development in college health.
3. Discuss questions regarding specific health field careers addressed.
Presenter: Mary Tschann (University of San Francisco)
Presider: Mary Tschann (University of San Francisco)
Facilitator: Danielle Fods (University of Minnesota-Minneapolis)
### FRIDAY SPECIAL EVENTS AND INFORMATION

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 AM - 3:45 PM</td>
<td>Registration&lt;br&gt;Room: Grand Foyer</td>
</tr>
<tr>
<td>7:00 AM</td>
<td>Continental Breakfast with Exhibitors&lt;br&gt;Room: Atlas Ballroom&lt;br&gt;Exhibit Hall, Silent Auction, and Poster Sessions Open</td>
</tr>
<tr>
<td>7:00 AM - 8:00 AM</td>
<td>ACHA 2005-2006 Ad Hoc Committee Chairs’ Breakfast&lt;br&gt;Room: Crescent</td>
</tr>
<tr>
<td>9:45 AM - 11:00 AM</td>
<td>HIPAA Committee Information Session&lt;br&gt;Room: Esquire&lt;br&gt;See Featured Events on page 15 for information.</td>
</tr>
<tr>
<td>10:00 AM - 11:30 AM</td>
<td>FR295. Presidential Session II: Social Change and Obesity Prevention: Where Do We Begin?&lt;br&gt;Room: Garden Salon 1&lt;br&gt;See Featured Events on page 15 and FR295 on page 47.</td>
</tr>
<tr>
<td>11:45 AM - 1:15 PM</td>
<td>Dorosin Memorial Luncheon: Understanding Diversity in College Healthcare Settings&lt;br&gt;Room: Regency Ballroom&lt;br&gt;Joseph L. White, PhD (University of California-Irvine). Sponsored by the Mental Health Section. See Featured Events on page 14 and FR310 on page 47 for more information.</td>
</tr>
<tr>
<td>5:30 PM - 7:00 PM</td>
<td>Assembly of Representatives&lt;br&gt;Room: Pacific Salon 3</td>
</tr>
<tr>
<td>6:30 PM - 7:00 PM</td>
<td>Gay, Lesbian, Bisexual, and Transgender Issues Networking (dinner follows)&lt;br&gt;Room: Royal Palm 1 &amp; 2</td>
</tr>
<tr>
<td>7:30 PM - 11:00 PM</td>
<td>San Diego Fiesta&lt;br&gt;Join us poolside for regional cuisine, DJ-spun dance music, and a fun-filled evening with your fellow attendees. Ticket required for dinner.&lt;br&gt;DJ music sponsored by The Maksin Group</td>
</tr>
<tr>
<td>9:00 PM - 10:00 PM</td>
<td>AA/Al-Anon Open Meeting&lt;br&gt;Room: Esquire</td>
</tr>
<tr>
<td>11:45 AM - 1:15 PM</td>
<td>Dorosin Memorial Luncheon: Understanding Diversity in College Healthcare Settings&lt;br&gt;Room: Regency Ballroom&lt;br&gt;Joseph L. White, PhD (University of California-Irvine). Sponsored by the Mental Health Section. See Featured Events on page 14 and FR310 on page 47 for more information.</td>
</tr>
<tr>
<td>1:45 PM - 3:15 PM</td>
<td>BS365. Volunteer Leadership Infrastructure Review Committee — Update for the ACHA Membership&lt;br&gt;Room: Pacific Salon 1</td>
</tr>
</tbody>
</table>

### FRIDAY BUSINESS MEETINGS

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 AM - 8:00 AM</td>
<td>BS323. Continuing Education Committee&lt;br&gt;Room: Eaton</td>
</tr>
<tr>
<td>12:00 PM - 1:15 PM</td>
<td>BS319. Students/Consumers Section&lt;br&gt;Room: Towne</td>
</tr>
<tr>
<td>7:00 AM - 3:45 PM</td>
<td>BS323. Continuing Education Committee&lt;br&gt;Room: Eaton</td>
</tr>
<tr>
<td>12:00 PM - 1:15 PM</td>
<td>BS319. Students/Consumers Section&lt;br&gt;Room: Towne</td>
</tr>
<tr>
<td>1:45 PM - 3:15 PM</td>
<td>BS365. Volunteer Leadership Infrastructure Review Committee — Update for the ACHA Membership&lt;br&gt;Room: Pacific Salon 1</td>
</tr>
</tbody>
</table>

### FRIDAY GENERAL SESSIONS

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 AM - 11:30 AM</td>
<td>FR017. Increase the Effectiveness of Your Health and Wellness Programs: Evaluating Prevention Efforts&lt;br&gt;CME: 0 CH: 3.6 CECH: 3.0 PsyCE: 0&lt;br&gt;AAFP-P: 0 PhCE: 0&lt;br&gt;Room: Pacific Salon 3&lt;br&gt;The attendee should be able to:&lt;br&gt;1. Discuss an overall process and rationale for program evaluation.&lt;br&gt;2. Describe a strategic plan, including an evaluation plan, for addressing a salient health and wellness problem on their campuses.&lt;br&gt;3. Identify indicators of success.</td>
</tr>
<tr>
<td>8:00 AM - 9:30 AM</td>
<td>FR009. A Primer on Marijuana&lt;br&gt;CME: 1.5 CH: 1.8 CECH: 0 PsyCE: 1.5&lt;br&gt;AAFP-P: 1.5 PhCE: 0&lt;br&gt;Room: Golden Ballroom&lt;br&gt;The attendee should be able to:&lt;br&gt;1. Discuss the current epidemiology of cannabis use.&lt;br&gt;2. Identify the somatic and neurobehavioral consequences of cannabis use.&lt;br&gt;3. Describe an approach to the college student who admits to cannabis use.&lt;br&gt;Presenter: Richard L. Horndasch, MD (University of Illinois College of Medicine at Peoria)</td>
</tr>
</tbody>
</table>
### FR0109. Selecting and Implementing an Electronic Medical Record in a University Health Setting

- **Presider:** Lisa Martin, RN, NCSN (Rogers State University)
- **Facilitator:** Rita Koett, MSN, FNP (Point Loma Nazarene University)

**CME:** 1.5  **CH:** 1.8  **CECH:** 1.5  **PsyCE:** 1.5  
**AAFP-P:** 1.5  **PhCE:** 1.5  
**Room:** Pacific Salon 6 & 7

The attendee should be able to:
1. Identify the processes of how to select and implement an EMR.
2. Describe methodology most capable of assuring staff receptivity to an EMR.
3. List the advantages and disadvantages of using an EMR.

**Presuters:** James C. Turner, MD, and Jennifer Bauerle, PhD (University of Virginia)

**Presider:** Deborah Mathis, MSN, CRNP (University of Pennsylvania)

**Facilitator:** Linda Bruce, MSN, NPC (Syracuse University)

### FR0117. Co-Occurring Disorders Assessment and Treatment: Identifying Best Practices for College Health

- **Presider:** Mary Ross, RN (Santa Barbara Community College)
- **Facilitator:** Steve Stride, PhD (Point Loma Nazarene University)

**CME:** 1.5  **CH:** 1.8  **CECH:** 0  **PsyCE:** 1.5  
**AAFP-P:** 1.5  **PhCE:** 0  
**Room:** Sunset

The attendee should be able to:
1. Discuss prevalence of co-occurring disorders and how these disorders present in college clients upon intake.
2. Explain how a multi-disciplinary approach to treatment can improve prognosis by describing case studies.
3. Discuss best practices in treating co-occurring disorders.

**Presuters:** Lisa A. Laitman, MEd, LCADC, and Najmi M. Shaikh, MD (Rutgers University); William J. Reidy, Jr., MSW, MDiv (SAMHSA’s Co-Occurring Center for Excellence)

**Presider:** Keith J. Anderson, PhD (Rensselaer Polytechnic Institute)

**Facilitator:** Greg Eells, PhD (Cornell University)

### FR0134. Dietary Supplements and the NCAA: What Student-Athletes Need to Know

- **Presider:** Alan Barnes, MDCM (University of Florida-Gainesville)
- **Facilitator:** Kimberly Crowley, LCSW, MPH (Tulane University)

**CME:** 1.5  **CH:** 1.8  **CECH:** 0  **PsyCE:** 0  
**AAFP-P:** 1.5  **PhCE:** 0  
**Room:** Hampton

The attendee should be able to:
1. Identify 2005 research data regarding collegiate athlete supplement use.
2. Identify health and safety concerns and NCAA regulations regarding dietary supplement use by collegiate student-athletes.

**Presuters:** R. Christa Eckert, MD, MPH, Kimberly D. Crowley, MSW, LCSW, MPH, and Randall M. Graf, PhD (Tulane University); Ronald Elson, MD, MPH (University of California-Berkeley)

**Presider:** Kimberly Crowley, LCSW, MPH (Tulane University)

### FR015. Estimated Blood Alcohol Concentration Correlation with Negative Consequences Among College Students

- **Presider:** Alan Barnes, MDCM (University of Wisconsin-Madison)
- **Facilitator:** Kimberly Crowley, MSW, LCSW, MPH, and Randall M. Bauerle, PhD (University of Virginia)

**CME:** 1.5  **CH:** 1.8  **CECH:** 0  **PsyCE:** 1.5  
**AAFP-P:** 1.5  **PhCE:** 0  
**Room:** Pacific Salon 6 & 7

The attendee should be able to:
1. Identify correlations between the eBAC and negative consequences among college students using alcohol.
2. Identify the usefulness of eBAC in clinical interventions for alcohol abuse.
3. Identify the usefulness of eBAC in health education interventions.

**Presuters:** James C. Turner, MD, and Jennifer Bauerle, PhD (University of Virginia)

**Presider:** Deborah Mathis, MSN, CRNP (University of Pennsylvania)

**Facilitator:** Linda Bruce, MSN, NPC (Syracuse University)

### FR0149. Blending Mental Health and Student Health: One Experience in Integration

- **Presider:** Mary Ross, RN (Santa Barbara Community College)
- **Facilitator:** Steve Stride, PhD (Point Loma Nazarene University)

**CME:** 1.5  **CH:** 1.8  **CECH:** 0  **PsyCE:** 1.5  
**AAFP-P:** 1.5  **PhCE:** 0  
**Room:** Pacific Salon 4 & 5

The attendee should be able to:
1. Describe one process for combining mental health and student health services into an integrated holistic center in a single facility.
2. Describe an approach used by one student health service to prioritize programming based on core values articulated by the staff of a mental health and student health service.
3. Identify key components of a successful process to develop consensus among a disparate group of professionals delivering care to students.

**Presuters:** Kathleen McAuliffe, MD, MPH, and Layton Borkan, LCSW (Portland State University)

**Presider:** Mary Ross, RN (Santa Barbara Community College)

**Facilitator:** Steve Stride, PhD (Point Loma Nazarene University)

### FR047. Mental Health Ethical Clinical Practice and Decisions Unique to College Health — or Treatment Interruptus

- **Presider:** Mary E. Wilfert, MEd, CHES (National Collegiate Athletic Association); Rachel C. Olander (National Center for Drug Free Sport)
- **Facilitator:** Lindsey Eades (Virginia Commonwealth University)

**CME:** 1.5  **CH:** 1.8  **CECH:** 0  **PsyCE:** 1.5  
**AAFP-P:** 1.5  **PhCE:** 0  
**Room:** Royal Palm 3 & 4

The attendee should be able to:
1. Describe several ways to handle necessary medication continuation during vacation, summers, or extended leaves.
2. Explain two referral options upon graduation.
3. Explain one way to handle both voluntary and involuntary leaves of absence.
4. Describe one way to handle course drops for medical reasons and one faculty argument against this.
5. Discuss the ethical conflict in handling mandated evaluations.

**Presuters:** R. Christa Eckert, MD, MPH, Kimberly D. Crowley, MSW, LCSW, MPH, and Randall M. Graf, PhD (Tulane University); Ronald Elson, MD, MPH (University of California-Berkeley)

**Presider:** Alan Barnes, MDCM (University of Florida-Gainesville)

**Facilitator:** Kimberly Crowley, LCSW, MPH (Tulane University)
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>FR225</td>
<td>Charting a Course for Health Promotion on Your Campus</td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 0</td>
<td>Royal Palm 5 &amp; 6</td>
<td>1.5</td>
<td>1.8</td>
<td>1.5</td>
<td>0</td>
<td>1.5</td>
<td>0</td>
<td>0</td>
<td></td>
<td>1.5</td>
<td>1.8</td>
<td>1.5</td>
<td>0</td>
</tr>
<tr>
<td>88</td>
<td>FR196. ACHA HIPAA Committee Update</td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5</td>
<td>Pacific Salon 2</td>
<td>1.5</td>
<td>1.8</td>
<td>1.5</td>
<td>1.5</td>
<td>1.5</td>
<td>0</td>
<td>1.5</td>
<td>1.5</td>
<td>1.5</td>
<td>1.5</td>
<td>1.5</td>
<td>0</td>
</tr>
<tr>
<td>89</td>
<td>FR224. Mentoring and Supporting Minority Students at Predominately White Institutions</td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5</td>
<td>Royal Palm 1 &amp; 2</td>
<td>1.5</td>
<td>1.8</td>
<td>1.5</td>
<td>1.5</td>
<td>1.5</td>
<td>0</td>
<td>1.5</td>
<td>1.5</td>
<td>1.5</td>
<td>1.5</td>
<td>1.5</td>
<td>0</td>
</tr>
<tr>
<td>90</td>
<td>FR255. College Students and Health Enhancing Choices: Ideas for Action</td>
<td>CME: 0 CH: 1.8 CECH: 1.5 PsyCE: 0</td>
<td>Towne</td>
<td>1.5</td>
<td>1.8</td>
<td>1.5</td>
<td>1.5</td>
<td>1.5</td>
<td>0</td>
<td>1.5</td>
<td>1.5</td>
<td>1.5</td>
<td>1.5</td>
<td>1.5</td>
<td>0</td>
</tr>
<tr>
<td>91</td>
<td>FR037. Publishing in JACH: Strategies for Success!</td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5</td>
<td>Royal Palm 3 &amp; 4</td>
<td>1.5</td>
<td>1.8</td>
<td>1.5</td>
<td>1.5</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>92</td>
<td>FR304. Connecting Students to Credible Online Resources: Panel Discussion</td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 0</td>
<td>Pacific Salon 6 &amp; 7</td>
<td>1.5</td>
<td>1.8</td>
<td>1.5</td>
<td>1.5</td>
<td>1.5</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

The attendee should be able to:
1. Describe HIPAA requirements in relation to mental health records.
2. Discuss effective implementation strategies regarding HIPAA regulations and their impact on research.
3. Discuss HIPAA security compliance requirements.

Presenters: Vicky Rosa, RN, MHA (Butler University); Cindy Ragan, CISSP (University of Florida); Linda E. Lekawski, MS, DO, and Mary Elizabeth Herring, JD (Texas A&M University)

Presider: Julie Bentley (University of Kentucky)
Facilitator: Alice Wilson (University of Kentucky)

The attendee should be able to:
1. Identify ways for nurses, health educators, the administration, and student services to present student health initiatives.
2. Discuss some examples of current initiatives including the hypothesis and measurable outcomes of health choices and student success.
3. Describe ways to influence the administration to dedicate time and finances to student/faculty health and well-being.

Presenter: JoAnne L. Owens-Nouslar, MPE, EdD (Walk4Life, Inc.)
Presider: Lynne Price, RN (University of Illinois-Springfield)
Facilitator: Kathy McNaul, RNC, ANP (Macalester College)

The attendee should be able to:
1. Identify emerging infectious disease issues in a collegiate population.
2. Define emerging infectious disease issues in a collegiate population.
3. Discuss clinical techniques that would be useful in diagnosing emerging conditions.

Presenter: Robert D. Palinkas, MD (University of Illinois at Urbana-Champaign)
Presider: Barbara Bester, RN-C (Hamline University)
Facilitator: Esther Horst, RN, BC (College of Wooster)
<table>
<thead>
<tr>
<th>Schedule of Programs and Events</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>95 FR094. College Mental Health</strong></td>
</tr>
<tr>
<td><strong>2005: Realities, Challenges, and Opportunities</strong></td>
</tr>
<tr>
<td>CME: 1.5  CH: 1.8  CECH: 0  PsyCE: 1.5</td>
</tr>
<tr>
<td>AAFP-P: 1.5  PhCE: 0</td>
</tr>
<tr>
<td>Room: Golden Ballroom</td>
</tr>
</tbody>
</table>

The attendee should be able to:
1. Describe serious mental health problems on campus.
2. List key questions and solutions to address the mental health issues on campus that include: (a) How much care for whom? (b) What are the key financial considerations, such as prescription and insurance coverage, in-house resources, and community-based resources?
3. Discuss the factors to consider in both medical leaves and re-entry to school.

Presenters: Richard D. Kadison, MD (Harvard University), Sacred Bodison, MD, MBA (University of Maryland-College Park), Mary Alice Serafini, MA (University of Maryland-College Park).

**96 FR103. Nurse Directors of Health Services Using CAS and ACHA Consultation To Chart a Course Towards Student Learning** |
| CME: 0  CH: 1.8  CECH: 1.5  PsyCE: 0 |
| AAFP-P: 0  PhCE: 0 |
| Room: Royal Palm 5 & 6 |

The attendee should be able to:
1. Describe CAS Standards and their application to medical/clinical services on campus.
2. Explain the ACHA consultation process and what tools (e.g., CAS Standards) are available.
3. Compare using CAS Standards to AAAHC or JCAHO in how they relate to health services on campus.

Presenters: Ollie Harper, BSN, WHNP (Jackson State University); Paula L. Swinford, MS, MHA, CHES (University of Southern California); Robert Dillenger, MD (Florida International University); Sharon Henricksen, RN (Duke University); Miriam Eisenhardt, BSN, MPH (Saint Mary’s College); Sandra A. Stern, RN-C, NP (Anna Maria College).

**97 FR115. STIs — CSI Style** |
| CME: 0  CH: 1.8  CECH: 1.5  PsyCE: 0 |
| AAFP-P: 0  PhCE: 1.5  contact hours (program no. 067-999-05-023-L04) |
| Room: Sunset |

The attendee should be able to:
1. Describe signs and symptoms of common sexually transmitted infections.
2. Discuss resources available in the education of students in prevention of STIs.
3. Discuss the involvement and collaboration of community agencies with the peer education programs at the three colleges.

Presenters: Quintin S. Doromal, Jr., EdD (American Association of Community Colleges); Janell B. Lang, EdS (Owens Community College); C. Jean Dunlap, MA (Rose State College); Pamela B. Hill, EdD (San Antonio College).

**98 FR126. Sexual Dysfunction in Young Adult Males** |
| CME: 1.5  CH: 1.8  CECH: 0  PsyCE: 1.5 |
| AAFP-P: 1.5  PhCE: 0 |
| Room: Pacific Salon 1 |

The attendee should be able to:
1. Describe the pathophysiology of sexual dysfunction in young adult males, with particular emphasis on effects of thyroid dysfunction, hepatic dysfunction, prescribed medications, and anabolic steroid use.
2. Discuss approaches to the psychological and medical management of sexual dysfunction in young adult males, ranging from watchful waiting to specialist referral.
3. Compare pharmacological treatments for sexual dysfunction, including prescribed, OTC, and black market preparations.

Presenters: Duveen L. Woolbright, RN, MS, NP (University of South Carolina-Spartanburg); Carl Labbe, RPh (Arizona State University); Deirdre Younger, RPh, MS (University of Maryland-College Park).

**100 FR220. Health Science Faculty and Residence Life: Partners for Healthy Student Success** |
| CME: 0  CH: 1.8  CECH: 1.5  PsyCE: 0 |
| AAFP-P: 0  PhCE: 0 |
| Room: Towne |

The attendee should be able to:
1. Describe one campus’ collaborative programs to connect academic learning with a residential student development experience.
2. Identify three key tenets in student development theory that apply to college health promotion.
3. Discuss effective strategies for establishing collaborative partnerships inside and outside of the classroom to advance students’ health and success.

Presenters: Ray Quiraligoca, MEd (University of San Francisco); Justin Laird, PhD (State University of New York-Brockport).

**99 FR154. Ask Me Now ... Peer Educator Programs at Three Bridges Community Colleges** |
| CME: 0  CH: 1.8  CECH: 1.5  PsyCE: 0 |
| AAFP-P: 0  PhCE: 0 |
| Room: Sunrise |

The attendee should be able to:
1. Describe the three unique peer education programs at Owens Community College, Rose State College, and San Antonio College.

**101 FR250. Get Hip on Back Pain: Understanding Pelvic and Hip Contributions to Chronic Back Pain Conditions** |
| CME: 0  CH: 1.8  CECH: 0  PsyCE: 0 |
| AAFP-P: 0  PhCE: 0 |
| Room: Pacific Salon 4 & 5 |

The attendee should be able to:
1. Describe the biomechanical relationship between the pelvis, sacrum, and lumbar spine.
2. Explain how pelvic asymmetry can negatively affect sacroiliac, hip, and lumbar facet joint function.
## SCHEDULE OF PROGRAMS AND EVENTS

### 10:00 AM - 11:30 AM (cont.)

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Presenters/Participants</th>
<th>Room/Location</th>
<th>CE Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>102</td>
<td><strong>FR267. Wimps, Studs, Virgins, and Bad Girls: How Gender Roles Affect Sexual Health and Everything Else</strong></td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 0 AAFP-P: 1.5 PhCE: 0</td>
<td>Royal Palm 1 &amp; 2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1. Identify gender role expectations/ideologies.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2. Explain the concept of “cultural literacy.”</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>3. Discuss how gender role expectations/ideologies directly impede safer sex behaviors.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Presenter: Donnovan Israel, MA (Stanford University)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>102</td>
<td><strong>FR295. Presidential Session II: Social Change and Obesity Prevention — Where Do We Begin?</strong></td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5 AAFP-P: 1.5 PhCE: 0</td>
<td>Garden Salon 1</td>
<td></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1. Describe the magnitude of the obesity problem in the U.S. population and its impact on health and quality of life.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2. Identify key behavioral, social, and environmental factors contributing to excess energy consumption and reduced energy expenditure in the U.S. population.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>3. Identify the approximate magnitude of the energy imbalance that can explain the average weight gain in the adult population.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>4. List two small changes in behavior that, if practiced by everyone, would eliminate further population weight gain.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Presenter: John Peters (America on the Move)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Presider: Nancy Allen, MA CHES (Michigan State University)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>105</td>
<td><strong>FR310. Dorosin Memorial Luncheon: Understanding Diversity in College Healthcare Settings</strong></td>
<td>CME: 1.0 CH: 1.2 CECH: 1.0 PsyCE: 1.0 AAFP-P: 1.0 PhCE: 0</td>
<td>Regency Ballroom</td>
<td></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1. Discuss current issues of diversity seen in university health care settings including racial, ethnic, and sexual identity.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2. Discuss new approaches in assessing concerns unique to diverse student populations.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>3. Discuss advances in improving treatment delivery and adherence to treatment.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Presenter: Joseph L. White, PhD (University of California-Irvine)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Presider: Michael Haberecht, MD, PhD (Stanford University)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### 11:45 AM - 1:15 PM

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Presenters/Participants</th>
<th>Room/Location</th>
<th>CE Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>104</td>
<td><strong>FR303. Physical Inactivity and Obesity on College Campuses</strong></td>
<td>CME: 0 CH: 1.8 CECH: 1.5 PsyCE: 0 AAFP-P: 0 PhCE: 0</td>
<td>Pacific Salon 2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1. Explain the epidemiology of physical inactivity and obesity and related issues facing college health.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2. Discuss the nutrition and physical activity program opportunities for students at two different universities.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>3. Describe how to initiate and maintain a successful nutrition peer health education program.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>4. Describe future developments in technologies that are used in these types of interventions.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Presenters: Karen Jean Cafdas, PhD, and Sarah McArdle, MPH, CHES (San Diego State University); John E. Massie, PhD (Southern Illinois University)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Presider: Terri Clark, MPH (New York City College of Technology)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Facilitator: Jennifer Lepus (University of Maryland-Baltimore County)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>107</td>
<td><strong>FR022. Recruiting and Retaining Peer Educators: Keeping the Excitement Alive and Well</strong></td>
<td>CME: 0 CH: 1.8 CECH: 1.5 PsyCE: 0 AAFP-P: 0 PhCE: 0</td>
<td>Royal Palm 5 &amp; 6</td>
<td></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1. Describe how one peer health program went from 10 students to over 100 in 18 months.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2. Describe peer health education recruitment efforts on one college campus.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>3. Discuss ways to collaborate with other groups and departments on campus to recruit peer health educators.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Presenter: Georgia Childs, MAEd (East Carolina University)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Presider: Jacque DeFouw (University of Memphis)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Facilitator: Andrea McMillion (Duke University)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>108</td>
<td><strong>FR042. Key Cultural Factors that Influence Risk Amongst Gay and Bisexual Men Who Have Sex With Men (MSM): Five Suggested Areas for Intervention by College Health Practitioners and Educators</strong></td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5 AAFP-P: 1.5 PhCE: 0</td>
<td>Pacific Salon 3</td>
<td></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1. Differentiate the risk profiles of local MSM whose knowledge, attitudes, behaviors, and beliefs either guard against or align with the five key risk facilitators.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
FR100. It’s My Body and I’ll Pierce/Tattoo If I Want To . . .
CME: I.5 CH: I.8 CECH: I.5 PsyCE: 0
AAFP-P: I.5 PhCE: 0
Room: Royal Palm 1 & 2
The attendee should be able to:
1. List potential complications/risks associated with body art.
2. Identify safety standards for choosing a tattooing or piercing studio.
3. Describe special issues surrounding body piercing and sexual activity.

Presenters: Cristina N. Trevino and Chris Leeth (University of Texas-Austin)

FR133. Current Controversies in College Health Psychiatry
CME: I.5 CH: I.8 CECH: 0 PsyCE: I.5
AAFP-P: I.5 PhCE: 0
Room: Sunset
The attendee should be able to:
1. Identify two possible reporting structures for a university psychiatrist.
2. Identify current clinical controversies in college health psychiatry.
3. Identify how a psychiatrist might interact with the medical staff of a health service (roles, relationships, etc.).

Presenters: Eleanor W. Davidson, MD (Case Western Reserve University); Richard Kadison, MD (Harvard University); Daniel Silverman, MD (Princeton University); R. Christa Eckert, MD, MPH (Tulane University)

FR146. Ten New Medications Important in College Health
CME: I.5 CH: I.8 CECH: 0 PsyCE: 0
AAFP-P: I.5 PhCE: 1.5 contact hours (program no. 067-999-05-026-L01)
Room: Garden Salon 1
The attendee should be able to:
1. List 10 medications that are either new products on the market or older products with recently expanded (or retracted) applicability — each of which is important in the practice of college health.
2. Differentiate the on-label versus off-label uses of the new medications in college health.
3. Discuss the pharmacoeconomics of the new medication choices.

Presenter: James R. Jacobs, MD, PhD (Syracuse University)
Presider: Carl Labbe, RPh (Arizona State University)

CME: 0 CH: I.8 CECH: I.5 PsyCE: 0
AAFP-P: 0 PhCE: 0
Room: Golden Ballroom
The attendee should be able to:
1. Discuss negative ways of interpersonal communication.
2. Identify different types of stressors.

Presenters: Barbara A. Hoffman, MSN, CNP, Allison Marie Langenhop, and Nanci L. Ickes (Bowling Green State University)
Presider: Barbara Caldwell, RN, MSN, CNP (Cleveland State University)
Facilitator: Brenda Johnston, RN (Oklahoma City University)
1:45 PM - 3:15 PM (cont.)

115 FR279. Flu Vaccinations: Myths and Legends
CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 0
AAFP-P: 1.5  PhCE: 0
Room: Royal Palm 3 & 4
The attendee should be able to:
1. Identify two motivators for obtaining flu vaccinations.
2. Describe two characteristics of an at-risk patient population that would benefit from additional attention to discuss flu vaccinations.
3. Discuss elements of decision-making conflict as applied to obtaining flu vaccinations.
Presenter: Ann M. Mayo, DNSc, and Stefanie Cobler, BSN, ADA (Kaiser Permanente)
Presider: Dan Hoff, PA (Fort Lewis College)
Facilitator: Michelle Fisher, APRN (Delaware State University)

116 FR281. Men and Eating Disorders on Campus
CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 1.5
AAFP-P: 1.5  PhCE: 0
Room: Towne
The attendee should be able to:
1. Identify the social and economic forces that influence men to develop eating disorders and poor body image.
2. Describe how — and why — media images affect male body image and self-esteem.
3. Discuss gender-specific developmental differences and the need for gender-specific treatments for eating disorders.
4. Discuss techniques for the prevention of eating disorders.
Presenter: Leigh Cohn, MAT (Gurze Books)
Presider: Carole Goldberg, PsyD (Yale University)
Facilitator: Ray Tucker, PhD (College of Wooster)

3:45 PM - 5:15 PM

117 FR008. Charting a Life Course: Fostering Student Development Through an Academic Framework
CME: 0  CH: 1.8  CECH: 1.5  PsyCE: 1.5
AAFP-P: 0  PhCE: 0
Room: Pacific Salon 4 & 5
The attendee should be able to:
1. Discuss the relationship between student development and academic success.
2. Describe how to use data in supporting program development and evaluation.
3. List positive developmental outcomes associated with long-term exposure to stress management tools and development concepts.

118 FR033. Medical Grand Rounds 2005
CME: 1.5  CH: 1.8  CECH: 0  PsyCE: 0
AAFP-P: 1.5  PhCE: 0
Room: Hampton
The attendee should be able to:
1. Describe a differential diagnosis based on limited historical and physical information.
2. Discuss appropriate laboratory testing and imaging.
3. Describe the likelihood of disease and the significance of laboratory and radiologic results based on the risk of the patient.

119 FR069. The Integration of Complementary Therapies into Student Health Services
CME: 0  CH: 1.8  CECH: 1.5  PsyCE: 0
AAFP-P: 0  PhCE: 0
Room: Royal Palm 1 & 2
The attendee should be able to:
1. Define complementary therapy terms/philosophies.
2. Recite the latest research assessing complementary modalities.
3. Identify steps to implementing complementary therapies into student health services.
4. Describe relaxation and energy sensing techniques.

120 FR151. Management of Migraine Headache in the Primary Care Setting: An Update on New Pharmacological Treatments
CME: 1.5  CH: 1.8  CECH: 0  PsyCE: 0
AAFP-P: 1.5  PhCE: 1.5 contact hours (program no. 067-999-027-L01)
Room: Pacific Salon 2
Sponsored by Ortho McNeil Pharmaceutical, Inc.
The attendee should be able to:
1. Describe diagnostic techniques for headaches which will target migraine vs. stress or sinus etiology.
2. Identify the etiology of migraine headaches.
3. Discuss the most recent abortive therapies for migraine headaches.

121 FR164. Practical Tools in Stress Management and Mind Body Wellness: An Interactive Workshop
CME: 0  CH: 1.8  CECH: 1.5  PsyCE: 0
AAFP-P: 0  PhCE: 0
Room: Garden Salon 1
The attendee should be able to:
2. Describe several practical stress management strategies appropriate for use across multiple settings.
3. Identify key resources for stress management and relaxation in the college population.

Facilitator: Deloise Williams, RN (Lincoln University)
### FR218. Health, Counseling, and Disability Services: How a Team Approach Can Improve Retention

**CME: 1.5 CH: 1.8 CECH: 0 PsyCE: 1.5 AAFP-P: 1.5 PhCE: 0**

**Room: Sunrise**

The attendee should be able to:
1. Explain how Section 504 of the Rehabilitation Act affects colleges and universities.
2. List ways in which disability services providers and health care professionals can collaborate to facilitate the accommodation modification process while improving health care.
3. Describe how these collaborations improve the outcome of students, both academically and clinically.

**Presenters:** Susan Skalsky, MD, MPH, MBA, Linda A. Smith, MSED, and Jaclyn Friedman-Lombardo, PhD (Montclair State University)

**Presider:** Myrline Hooper (Texas A&M University)

**Facilitator:** Elvira Velez, MPH, ARNP-BC (Florida International University)

### FR220. Building Student Activists for Emergency Contraception

**CME: 0 CH: 1.8 CECH: 1.5 PsyCE: 0 AAFP-P: 0 PhCE: 0**

**Room: Towne**

The attendee should be able to:
1. Discuss creative ways to educate students about the need for emergency contraception on college campuses.
2. Describe obstacles on campus that diminish access to emergency contraception.
3. Identify students active in their campus health advocacy and advisory committees and campus networks to expand public education efforts on emergency contraception.

**Presenters:** Jessie Roeder and Nisha Gulati (Feminist Majority Foundation)

### FR223. The Metabolic Syndrome

**CME: 1.5 CH: 1.8 CECH: 0 PsyCE: 0 AAFP-P: 1.5 PhCE: 0**

**Room: Sunset**

The attendee should be able to:
1. Define the metabolic syndrome in patients.
2. Discuss the best approaches to the treatment of the metabolic syndrome.
3. Discuss the prognosis of untreated metabolic syndrome.
4. Describe the role that depression may play in the efforts to treat the metabolic syndrome.

**Presenter:** Victoria E. Judd, MD (University of Utah)

**Presider:** Susan Skalsky, MD, MPH, MBA (Montclair State University)

**Facilitator:** Jeannine Reed, MSN, NP (Goucher College)

### FR247. Hot Topics 2005: Mental Health

**CME: 1.5 CH: 1.8 CECH: 0 PsyCE: 1.5 AAFP-P: 1.5 PhCE: 0**

**Room: Pacific Salon 1**

The attendee should be able to:
1. Identify emerging mental health issues that may require professional interventions.
2. Discuss effective programs and/or interventions that have been used on various college campuses.

**Presenter:** Joetta L. Carr, PhD (Western Michigan University)

### FR260. Hot Topics 2005: Emerging Needs and Strategies in Health Promotion

**CME: 0 CH: 0 CECH: 1.5 PsyCE: 0 AAFP-P: 0 PhCE: 0**

**Room: Sheffield**

The attendee should be able to:
1. Describe the Health Promotion Section’s goals, actions, and accomplishments from the past year.
2. Identify emerging needs within the field along with potential solutions to address common frustrations.
3. Discuss how the Health Promotion Section can further the strategic planning process and set priorities for the upcoming year.

**Presenter:** Jane Emmereee, PhD, MA (University of Florida)

### FR277. Caring for the Transgender Student

**CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5 AAFP-P: 1.5 PhCE: 0**

**Room: Pacific Salon 6 & 7**

The attendee should be able to:
1. Discuss the basics of transgenderism and the transgender spectrum.
2. Describe the accepted standards of care for transsexuals (per the 2001 Standards of Care of the Harry Benjamin International Gender Dysphoria Association).
3. Identify available treatment modalities including cross-gender hormone therapy and surgery, both genital and cosmetic.
4. Identify a practical approach to the transsexual or transgendered patient, including general medical as well as specific transgender care.

**Presenter:** Jamie Buth, MD (VA Medical Center, New Orleans)

**Presider:** Mary T. Hoban, PhD, CHES (American College Health Association)

### FR280. Conducting Research in a Student Health Center: Beginning Strategies and Pitfalls

**CME: 0 CH: 1.8 CECH: 1.5 PsyCE: 0 AAFP-P: 0 PhCE: 0**

**Room: Royal Palm 3 & 4**

The attendee should be able to:
1. List major steps of the research process.
2. Describe two human subjects research issues among the college population.
3. Discuss two practical strategies for beginning a research project.

**Presenter:** Ann M. Mayo, DNSc (Kaiser Permanente)

**Presider:** Anita Barkin, DrPH, CRNP (Carnegie Mellon University)

**Facilitator:** Eileen Dondero, ARNP (Florida Gulf Coast University)

### FR300. Campus Crisis and Response: Lessons Learned

**CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5 AAFP-P: 1.5 PhCE: 0**

**Room: Royal Palm 5 & 6**

The attendee should be able to:
1. Describe real-life responses to campus/community disasters which have required the implementation of a campus’ disaster plan.
2. Discuss the importance of clear, coordinated campus response plans and the integration with local city/county emergency response agencies.

3. Explain models of intervention to help mitigate the psychological impact of traumatic events.

Presenters: Thomas E. Wilson, MSOD, and Gregg Lichtenstein, MD, MBA (San Diego State University); Marsha H. Huddle, RN-C, MSW, and Claudia R. Witcher, RN (University of Central Florida); Roberta L. Staples, MA, and Jane M. O’Brien, MPA (Marist College)

Presider: Thelma Pierre, MSW (Prairie View A&M University)

Facilitator: Deborah Beck, MPA (Western Carolina University)

---

130 FR301. Electronic Medical Record/Practice Management Selection and Implementation

CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 1.5
AAFP-P: 1.5  PhCE: 0

Room: Golden Ballroom

The attendee should be able to:
1. Describe how to get started on your EMR project: needs assessment, RFP or RFI, team members and other methods of assessment.
2. List the tools that can aid in EMR search, assessment, and selection.
3. Describe processes that can lead to successful implementation for your site, including the training of all levels of clinical and administrative staff and how to get buy-in by new users.
4. Identify the applicability of electronic health records within the operational, security, and regulatory frameworks of college health services and counseling or mental health settings.

Presenters: Christine L. Triplett, RN (Western Michigan University); Doris Guanowsky, MPA (Pennsylvania State University); Doreen Hodgkins, MBA (SLBA, Inc.); Jolene C. Jernigan, RN-C, FNP (East Carolina University); Celeste Kendrick, MSN, FNP (Texas A&M University-Corpus Christi); Brian Druley (Northwestern University)

Presider: Kris Kreutz, MBA (University of Arizona)

Facilitator: Joyce Harris, RN, MHA (Sacramento State University)
Get a Complete Picture of Your Students’ Health!

What is the ACHA-National College Health Assessment (ACHA-NCHA)
The ACHA-NCHA is a national research effort organized by the American College Health Association to assist college health service providers, health educators, counselors, and administrators in collecting data about their students’ habits, behaviors, and perceptions on the most prevalent health topics: injury prevention, personal safety and violence; alcohol, tobacco, and other drug use; sexual health; sexual assault and dating violence; weight, nutrition, and exercise; and mental health. While other health surveys of college students cover a single topic area, such as alcohol and drug use, the ACHA-NCHA offers the broadest range of health issues, as well as the ability to map the results over an extended period of time.

How the ACHA-NCHA Can Benefit Your Campus
You can use the acquired data to:
- identify the most common risks to academic performance and retention
- better understand your students’ health trends and determine the health areas of highest priority
- report on campus behavioral norms
- allocate monetary and staffing resources
- design new health programs and evaluate current strategies
- compare your specific campus data with national, aggregate ACHA-NCHA data

Who Has Already Participated in the ACHA-NCHA
More than 160,000 students at 274 colleges and universities have participated in the surveys, providing the college health and higher education fields with a vast spectrum of research on student health. Data from the ACHA-NCHA now spans nine collection periods, from Spring 2000 through Spring 2004. The survey has been used by two-year and four-year schools that represent the many geographical regions of the United States, all Carnegie Classifications, and various campus settings, ranging from large metropolitan areas to rural small towns.

What Types of Surveys are Offered
Participating schools have the option of using paper-based or web-based surveys. With the web-based surveys students are invited to participate via an e-mail message and then complete and submit the survey online. Two versions of the survey are available: spring and fall. The fall survey asks students certain questions based on the time frame of “in the last 12 months...”; the spring survey asks students certain questions based on the time frame of “in the last school year...”

Where to Go For More Information
Visit the Information Booth onsite, or visit the ACHA-NCHA home page at www.acha-ncha.org. The website features complete, up-to-date information about participating in the survey, as well as selected data highlights, a sample survey, FAQs, a user’s manual, and testimonials. For more detailed information, call (410) 859-1500.

American College Health Association
SATURDAY, JUNE 4, 2005

SATURDAY SPECIAL EVENTS AND INFORMATION

7:00 AM
Fun Run

8:00 AM - 11:00 AM
Registration
Room: Grand Foyer

8:00 AM
Continental Breakfast
Room: Atlas Foyer

SATURDAY GENERAL SESSIONS

CME: 3.0  CH: 3.6  CECH: 0  PsyCE: 0
AAFP-P: 3.0  PhCE: 3.0 contact hours (program no. 067-999-05-028-L01)
Room: Pacific Salon 3

The attendee should be able to:
1. Describe appropriate exercise therapy and nutrition recommendations for treatment/prevention of diabetes.
2. List insulins with expected action times and five groups of oral medications with main action and concerns.
3. Explain current monitoring options.

Presenter: Ruth Ann Petzinger, MS, RN, APN-C, CDE (Saint Peter’s University Hospital)
Presider: Celeste Kendrick, MSN, FNP (Texas A&M University-Corpus Christi)
Facilitator: Mary Madson, RN-C (University of Rochester)

132 SA274. Understanding and Working with the Self-Injuring Student
CME: 3.0  CH: 3.6  CECH: 0  PsyCE: 3.0
AAFP-P: 3.0  PhCE: 0
Room: Pacific Salon 1

The attendee should be able to:
1. Describe three meanings and functions of the self-injurious act.
2. Describe the use of an “Impulse Control Log” to assist students in confronting thoughts, feelings, and actions.
3. Explain how transference and projective identification can help maintain therapeutic alliance.

Presenter: Wendy Lader, PhD (Linden Oaks Hospital)
Presider: Mike Malmon-Berg, PhD (College of Wooster)
Facilitator: Chris Brownson, PhD (University of Texas-Austin)

133 SA305. Grant Writing: Resources and Skills
CME: 3.0  CH: 3.6  CECH: 3.0  PsyCE: 3.0
AAFP-P: 0  PhCE: 0
Room: Pacific Salon 6 & 7

Sponsored by the American College Health Foundation Koster Insurance Innovative Practices in College Health Fund

The attendee should be able to:
1. Identify sources of potential grant funding including federal, foundation, corporate, and community organizations.
2. Describe how to access sources for grant funding.
3. List the necessary elements of grant writing.
4. Explain the role of data analysis in grant writing and interpretation of results.

Presenter: Bruce Growick, PhD, and Danell Haines, PhD (Ohio State University)
Presider: Susan Skalsky, MS, MPH, MBA (Montclair State University)
Facilitator: Carol Kezel, RN (University of North Carolina-Chapel Hill)
<table>
<thead>
<tr>
<th>Time</th>
<th>Program Title</th>
<th>Presenter(s)</th>
<th>Room</th>
<th>AAFP-P</th>
<th>CH</th>
<th>CECH</th>
<th>PsyCE</th>
<th>CME</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 AM - 10:30 AM</td>
<td><strong>SA085. Student Health Center Outcomes Assessment</strong></td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5 AAFP-P: 1.5 PhCE: 0</td>
<td>Golden Ballroom</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to: 1. Describe the process used to develop and implement an outcomes assessment. 2. Explain the results of the outcomes assessment.</td>
<td>Presenter: Kim M. Hersan (University of New Mexico)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Presider: Thelma Pierre, MSW (Prairie View A&amp;M University)</td>
<td>Facilitator: Susan Even, MD (University of Missouri-Columbia)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:30 AM - 11:30 AM</td>
<td><strong>SA088. Freedom Rides and Student SEED (Seeking Educational Equity and Diversity) Seminars: A Nontraditional Approach to Health Promotion</strong></td>
<td>CME: 0 CH: 1.8 CECH: 1.5 PsyCE: 0 AAFP-P: 0 PhCE: 0</td>
<td>Towne</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to: 1. Discuss the environmental approach to health promotion at the University of Wisconsin-Madison (UW-Madison). 2. Explain the roles of community building (among students of color and LGBT students); community service; civic engagement/service learning; violence prevention; and the Policy, Alternatives, Community, and Education (PACE) Project, which aims to reduce high-risk drinking in the UHS health promotion effort. 3. Differentiate the environmental approach taken at the UW-Madison from the conventional approach taken by many college health programs, including the involvement of independent student organizations versus the standard hiring of students as peer educators.</td>
<td>Presenter: Daiva Alder and Susan Crowley, MPA (University of Wisconsin-Madison)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:30 AM - 12:30 PM</td>
<td><strong>SA108. Substance Abuse Prevention for Older Adolescents: Successful Transitions from High School through College</strong></td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5 AAFP-P: 1.5 PhCE: 0</td>
<td>Sheffield</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to: 1. Discuss current alcohol and other drug trends and issues in high school and college campuses, and the current state of prevention efforts. 2. Identify specific social challenges facing older adolescents as they prepare for college, as they relate to alcohol and other drugs. 3. Describe appropriate techniques for responding to these challenges. 4. Identify developmental research pertinent to the use of alcohol and drugs and the transition to college life.</td>
<td>Presenters: Alan I. Glass, MD, and Karen Levin Coburn (Washington University in St. Louis); Julie Rosenbluth, MPH (American Council for Drug Education); Bessie Oster (Phoenix House)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Presider: Theresa Malmon-Berg, MSN, CNP (College of Wooster)</td>
<td>Facilitator: Lynne Price, RN (University of Illinois-Springfield)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:30 PM - 1:30 PM</td>
<td><strong>SA159. Marijuana on Campus: Who, What, and Why</strong></td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 1.5 AAFP-P: 1.5 PhCE: 0</td>
<td>Pacific Salon 4 &amp; 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to: 1. Identify short- and long-term effects of marijuana use. 2. List trends in marijuana use related to college students. 3. Describe the relationship between marijuana use and depression.</td>
<td>Presenters: Scott T. Walters, PhD (University of Texas School of Public Health); Mitch Earleywine, PhD (University of Southern California); Betsy D. Fay, MHS, CHES (Washington University in St. Louis)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:30 PM - 2:30 PM</td>
<td><strong>SA119. Campus Outreach: Sending Your SHAC Full Speed Ahead</strong></td>
<td>CME: 1.5 CH: 1.8 CECH: 1.5 PsyCE: 0 AAFP-P: 1.5 PhCE: 0</td>
<td>Sunset</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>The attendee should be able to: 1. Identify the health needs of your university while improving existing programs. 2. Describe the optimal use of available campus and community resources to support idea expansion.</td>
<td>Presenters: Colin C. Gilligan and Rebecca L. Teng (University of Texas-Austin)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
141 SA179. Providing Culturally Appropriate Health Care to Diverse Populations: A Focus on Muslim Women
CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 0
AAFP-P: 1.5  PhCE: 0
Room: Windsor

The attendee should be able to:
1. Discuss how culture may impact health care delivery and health education for Muslim women.
2. Describe the barriers caused by making assumptions about Muslim women.
3. Identify ways to better meet the health care and health education needs of Muslim women in various health care settings.

Presenter: Memoona Hasnain, MD, MHPE, PhD (University of Illinois at Chicago)
Presider: Geeta Pfau, RN, PhD (Eastern Connecticut State University)
Facilitator: Sharon Patterson, RN (Texas A&M University)

11:00 AM - 12:30 PM

142 SA056. Lost in the Glitter of the LGBT Rainbow
CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 0
AAFP-P: 1.5  PhCE: 0
Room: Sunset

The attendee should be able to:
1. Discuss health disparities among lesbians and other women who have sex with women.
2. Discuss barriers to health care experienced by lesbians and how these barriers can be even higher for lesbians of color and differently abled lesbians.
3. Discuss tools and strategies for improving the cultural competence of college health services to serve lesbians and other women who have sex with women.

Presenter: Daña Alder (University of Wisconsin-Madison)
Presider: Shannon Rauth, MEd (University of Texas)
Facilitator: Theresa Kersch, CHES, CPP (Rensselaer Polytechnic Institute)

143 SA111. Leveraging Health Insurance and Emergency Assistance Providers During a Crisis
CME: 0  CH: 1.8  CECH: 1.5  PsyCE: 0
AAFP-P: 0  PhCE: 0
Room: Windsor

The attendee should be able to:
1. Discuss the basic tenets of a student health insurance and emergency assistance program.
2. Describe ACHA insurance standards for international and domestic students.
3. Identify specific issues related to a serious medical event or death of a student participating in a study abroad program or an international student on a U.S. campus.
4. Discuss how best to utilize the resources of the medical insurance provider and the emergency assistance provider during a medical incident or in the event of a student death.

Presenters: Dana M. Farley, MS, Edward Ehlinger, MD, MSPH, and Megan Whittet, MPH (University of Minnesota)
Presider: Sherry Swanson, CNP (Hiram College)
Facilitator: Eric Davidson, MA, CSADP (Eastern Connecticut State University)

144 SA147. Current Treatment Guidelines for Uncomplicated UTIs Given Increasing Resistance Rates of E. Coli
CME: 1.5  CH: 1.8  CECH: 0  PsyCE: 0
AAFP-P: 1.5  PhCE: 0
Room: Sheffield

The attendee should be able to:
1. Identify the current treatment recommendations for uncomplicated UTIs.
2. Describe at least one way to evaluate your own local E. Coli resistance rates.
3. Discuss ways of implementing any necessary treatment changes based upon the information presented.

Presenters: Curtis Kelly (Assist America); Candy Means (Student Assurance Services)
Presider: Jean Hanson, RN, MPH (Duke University)
Facilitator: Tanya Tatum, MHA (Florida State University)

145 SA162. Marijuana on Campus: Prevention and Intervention Options
CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 1.5
AAFP-P: 1.5  PhCE: 0
Room: Pacific Salon 4 & 5

The attendee should be able to:
1. Identify students who meet marijuana dependence criteria.
2. Discuss several evidence-based interventions for college students.
3. Discuss ways to integrate effective marijuana interventions into existing treatment efforts.

Presenters: Scott T. Walters, PhD (University of Texas School of Public Health); Jennifer Rikard, PhD, and Leslie Ann Wilson, PhD (San Diego State University); Denise Walker, PhD (University of Washington); Robert Stephens, PhD (Virginia Tech)

146 SA188. Role of Health Service in Tobacco Control on the Campus and in the Community
CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 0
AAFP-P: 1.5  PhCE: 0
Room: Hampton

The attendee should be able to:
1. Describe how a health service can use data to influence policy on and off campus.
2. Describe how to facilitate a state-wide approach to tobacco control on college campuses.
3. Describe how to develop cessation services and resources within the health service, on campus, and with community/state agencies.

Presenters: Dana M. Farley, MS, Edward Ehlinger, MD, MSPH, and Megan Whittet, MPH (University of Minnesota)
Presider: Linda Farris (Arkansas State University)
Facilitator: Eric Davidson, MA, CSADP (Eastern Illinois University)

147 SA245. Five Years Into the ACHA-NCHA: A Town Meeting
CME: 1.5  CH: 1.8  CECH: 1.5  PsyCE: 1.5
AAFP-P: 1.5  PhCE: 0
Room: Towne

The attendee should be able to:
1. Describe the history of the ACHA-National College Health Assessment (NCHA).
2. Differentiate the ACHA-NCHA survey instrument design.
3. Identify ideas, questions, and concerns regarding the future direction(s) of the ACHA-NCHA.
4. Discuss institutional needs and capacities regarding data to guide a possible redesign of the ACHA-NCHA.

Presenters: Patricia Ketchum, PhD (Oregon State University); Daisye Orr, MPH, CHES (University of Southern California)
SA292. Assessment and Management of Genital Herpes
CME: 1.5  CH: 1.5  PsyCE: 0  AAFP-P: 1.5  PhCE: 0
Room: Pacific Salon 2
Sponsored by GlaxoSmithKline

The attendee should be able to:
1. Identify the incidence and prevalence of HSV in the college age population.
2. Discuss clinical symptomatology and lab diagnosis, including SHV antibody testing.
3. Describe treatment and prevention options.
4. Discuss self-care strategies that promote a healthy lifestyle.

Presenter: Gary Richwald, MD, MPH (Former Director, Los Angeles STD Program and Medical Advisor to the Los Angeles/Orange County Help Groups)
Presider: Kathy Chan, PA-C (Morgan State University)
Facilitator: Thelma Lake, MS, RNC-NP (Babson College)
ACHA’s Professional Publications and Research Survey Reports Are Available for Purchase Onsite!

Take advantage of this convenient opportunity to purchase these resources at a discounted rate!

Samples can be previewed at the ACHA Information Booth. Purchases can be made at the ACHA Store.

Check out these brochures for your students:
- Sexually Transmitted Infections
- Stress in College
- Acquaintance and Date Rape
- Contraception: Choosing a Method
- Dealing with Depression
- HIV Infection & AIDS
- HPV... Symptoms and Prevention
- Eating Disorders
- Know Your Status: Testing for HIV
- Recovering from Stomach Illness: Dietary Recommendations

Plus, purchase these publications and research survey reports at the highest discounted member rate:
- Guidelines for a College Health Program
- Vision Into Action: Tools for Professional and Program Development Based on The Standards of Practice for Health Promotion
- 2003-2004 College Health Staffing and Salary Survey Report
- Benchmarking DataShare II
- National College Health Assessment Executive Summaries and Reference Group Reports
- Healthy Campus 2010
- College Health Nurse Resource and Study Guide
- Scope and Standards of College Health Nursing Practice
- Enhancing Peer Education Programs

HEALTHY CAMPUS 2010. STUDENT HEALTH. STAFFING & SALARY DATA. We’ve got the most current data and survey results!
# Session Index

## Tuesday, May 31

### 8:00 AM - 11:00 AM

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Nurse Directors Workshop: Staying Afloat in a Sea of Responsibilities as a Nurse-Director</td>
<td>Sunrise</td>
</tr>
<tr>
<td>2</td>
<td>Leadership for Health Promotion in Higher Education</td>
<td>Garden Salon 1</td>
</tr>
</tbody>
</table>

### 12:00 PM - 3:00 PM

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Foundations of Leadership Workshop — Who Really Owns Health On a College Campus:</td>
<td>Regency Ballroom</td>
</tr>
<tr>
<td></td>
<td>A Strategic Planning Guide To Forming Partnerships Among Campus Leaders</td>
<td></td>
</tr>
</tbody>
</table>

### 3:00 PM - 5:00 PM

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>Strategic Planning: Move Your Healthy Campus Initiatives Forward</td>
<td>Garden Ballroom</td>
</tr>
</tbody>
</table>

## Wednesday, June 1

### 10:00 AM - 11:45 AM

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Opening General Session — Education: The Key to a Healthy Campus</td>
<td>Grand Ballroom</td>
</tr>
</tbody>
</table>

### 1:45 PM - 3:15 PM

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>Eat Naturally, Exercise Regularly, Change Internally: A Blueprint for a Healthy Lifestyle</td>
<td>Golden Ballroom</td>
</tr>
<tr>
<td>7</td>
<td>Computer Addiction in College Students</td>
<td>Pacific Salon 1</td>
</tr>
<tr>
<td>8</td>
<td>Eczema, Two Thousand Rashes, and Three Creams: A Dermatology Primer for Mid-level Practitioners</td>
<td>Pacific Salon 3</td>
</tr>
<tr>
<td>9</td>
<td>Outbreaks of Staph Aureus Skin Infections in Student-Athletes</td>
<td>Pacific Salon 4 &amp; 5</td>
</tr>
<tr>
<td>10</td>
<td>Reconsidering: Health, Leadership, and Learning</td>
<td>Royal Palm 5 &amp; 6</td>
</tr>
<tr>
<td>12</td>
<td>Athletic Health Care: What is Going on in Your Athletic Department?</td>
<td>Royal Palm 3 &amp; 4</td>
</tr>
<tr>
<td>13</td>
<td>HIPAA is Not Just Privacy and Security</td>
<td>Windsor</td>
</tr>
<tr>
<td>14</td>
<td>Continuing Education Workshop for Program Planners and Presenters</td>
<td>Sunset</td>
</tr>
<tr>
<td>15</td>
<td>Treating the Multiple Disordered, Chronically Suicidal Patient: Dialectical Behavior Therapy for Borderline Personality Disorder</td>
<td>Royal Palm 1 &amp; 2</td>
</tr>
<tr>
<td>16</td>
<td>Student Poster Session</td>
<td>California</td>
</tr>
</tbody>
</table>

### 3:45 PM - 5:15 PM

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>17</td>
<td>Vanderbilt University’s Transition to Electronic Medical Records: Our Experience of Planning, Implementing, and Using EMRs</td>
<td>Golden Ballroom</td>
</tr>
<tr>
<td>18</td>
<td>Update on ACIP Recommendations for Meningococcal Conjugate Vaccine</td>
<td>Sheffield</td>
</tr>
<tr>
<td>19</td>
<td>Alternative Spring Break — Defining Success</td>
<td>Pacific Salon 6 &amp; 7</td>
</tr>
<tr>
<td>20</td>
<td>Infectious Mononucleosis: A Case-based Review</td>
<td>Pacific Salon 3</td>
</tr>
<tr>
<td>21</td>
<td>College Students’ CAM Knowledge, Use, and Relationship to Selected Health Behaviors, Locus of Control, and Personal Illness Experiences</td>
<td>Windsor</td>
</tr>
<tr>
<td>22</td>
<td>Utilizing Strategic Planning To Incorporate Healthy Campus 2010 at Rutgers University Health Services</td>
<td>Sunset</td>
</tr>
<tr>
<td>23</td>
<td>HIV Prevention: Seeing a Need and Charting a Course</td>
<td>Pacific Salon 1</td>
</tr>
<tr>
<td>24</td>
<td>Making Benchmarking Work</td>
<td>Royal Palm 5 &amp; 6</td>
</tr>
</tbody>
</table>
3:45 PM - 5:15 PM (cont.)

26 Formal or Informal and Why: Boundary Issues in the General Clinic ................................................. Royal Palm 1 & 2
27 Success Stories in Mental Wellness Programs: Lessons Learned in the Residence Halls. .................. Royal Palm 3 & 4
28 How the French Make Love: Techniques for Health Educators and Peer Educators ................ Pacific Salon 4 & 5
29 Hot Topics 2005: Administration ................................................................. Hampton

Thursday, June 2

8:00 AM - 9:30 AM

30 Dashboard Indicators for College Administrators Based on ACHA-NCHA Results. ....................... Royal Palm 3 & 4
31 Depression, Tobacco, and Alcohol: Evidence-based Screening and Intervention Utilized Within a College Health Setting ...................................................... Pacific Salon 3
32 Student Advisory Board Engagement ................................................................. Royal Palm 1 & 2
33 Nurse Practitioner-directed Student Health Settings .......................................................... Pacific Salon 4 & 5
34 Mental and Behavioral Health Correlates to Spiritual Health and Religious Diversity: A Research Literature Review ................................................................. Pacific Salon 6 & 7
35 Redesign of Contraception: Elimination of Monthly Menstruation and Associated Symptoms .......... Pacific Salon 1
36 Same Models/Different Programs: Using the Ecological Model and the Standards of Practice for Health Promotion in Higher Education To Address HIV Risk in College Students .................................................. Sunrise
37 Improving the Quality of Life of the Person with HIV/AIDS ....................................................... Sunset
38 Presidential Session I: The Spirit, Science, and Practice of Holistic Health Promotion ................. Golden Ballroom
39 Student Health Insurance on Campus: The Current Landscape and Proposals To Increase Coverage ................................................................. Pacific Salon 2

10:00 AM - 11:30 AM

40 SMART Recovery and the Need for Non-12-Step Recovery Options ................................................ Pacific Salon 2
41 Emergency Contraception: Patterns, Perceptions, and Paradigms ................................................ Pacific Salon 1
43 Stress Management Programming Ideas .................................................................................. Sunset
44 It’s All About Students: Advocating for and with Students ....................................................... Royal Palm 1 & 2
45 Rising Health Costs: Strategies To Stem the Tide and Stay Afloat ........................................ Pacific Salon 6 & 7
46 Faculty Alliances for Educating the Next Generation of College Health Leaders ........................ Windsor
47 STDs: Facts Most Healthcare Professionals Don’t Know! ......................................................... Golden Ballroom
48 Update on Use of Antidepressant Medications in Young Adults. ................................................ Pacific Salon 3
49 Responding to an HIV Epidemic on College Campuses: North Carolina’s Experience at Minority Serving Institutions ......................................................... Royal Palm 5 & 6
50 Credentialing for Nurse Practitioners .................................................................................... Towne
51 How Things Work, ACHA Style! .......................................................................................... Royal Palm 3 & 4

12:30 PM - 1:30 PM

52 White House Speaker — The National Drug Control Strategy: Emerging Opportunities To Reduce Drug Use in America ......................................................... Golden Ballroom
### SESSION INDEX

#### 8:00 AM - 9:30 AM (cont.)

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>81</td>
<td>Estimated Blood Alcohol Concentration Correlation with Negative</td>
<td>Pacific Salon 6 &amp; 7</td>
</tr>
<tr>
<td></td>
<td>Consequences Among College Students</td>
<td></td>
</tr>
<tr>
<td>82</td>
<td>Mental Health Ethical Clinical Practice and Decisions Unique to College Health - Or Treatment Interrupts</td>
<td>Royal Palm 3 &amp; 4</td>
</tr>
<tr>
<td>83</td>
<td>Selecting and Implementing an Electronic Medical Record in a University Health Setting</td>
<td>Pacific Salon 1</td>
</tr>
<tr>
<td>84</td>
<td>Co-Occurring Disorders Assessment and Treatment: Identifying Best Practices for College Health</td>
<td>Sunset</td>
</tr>
<tr>
<td>85</td>
<td>Dietary Supplements and the NCAA: What Student-Athletes Need To Know</td>
<td>Hampton</td>
</tr>
<tr>
<td>86</td>
<td>Preparing for a Public Health Emergency: Campus and Community Working Together</td>
<td>Pacific Salon 4 &amp; 5</td>
</tr>
<tr>
<td>87</td>
<td>Blending Mental Health and Student Health: One Experience in Integration</td>
<td>Pacific Salon 2</td>
</tr>
<tr>
<td>88</td>
<td>ACHA HIPAA Committee Update</td>
<td>Royal Palm 1 &amp; 2</td>
</tr>
<tr>
<td>89</td>
<td>Mentoring and Supporting Minority Students at Predominately White Institutions</td>
<td>Royal Palm 5 &amp; 6</td>
</tr>
<tr>
<td>90</td>
<td>Charting a Course for Health Promotion on Your Campus</td>
<td>Royal Palm 3 &amp; 4</td>
</tr>
<tr>
<td>91</td>
<td>College Students and Health Enhancing Choices: Ideas for Action</td>
<td>Towne</td>
</tr>
<tr>
<td>92</td>
<td>Connecting Students to Credible Online Resources: Panel Discussion</td>
<td>Sunrise</td>
</tr>
</tbody>
</table>

#### 10:00 AM - 11:30 AM

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>93</td>
<td>Publishing in JACH: Strategies for Success!</td>
<td>Royal Palm 3 &amp; 4</td>
</tr>
<tr>
<td>94</td>
<td>Name That Bug</td>
<td>Pacific Salon 6 &amp; 7</td>
</tr>
<tr>
<td>95</td>
<td>College Mental Health 2005: Realities, Challenges, and Opportunities</td>
<td>Pacific Salon 6 &amp; 7</td>
</tr>
<tr>
<td>96</td>
<td>Nurse Directors of Health Services, Using CAS and ACHA Consultation To Chart a Course Towards Student Learning</td>
<td>Royal Palm 5 &amp; 6</td>
</tr>
<tr>
<td>97</td>
<td>STIs — CSI style</td>
<td>Sunset</td>
</tr>
<tr>
<td>98</td>
<td>Sexual Dysfunction in Young Adult Males</td>
<td>Pacific Salon 1</td>
</tr>
<tr>
<td>99</td>
<td>Ask Me Now...Peer Educator Programs at Three Bridges Community Colleges</td>
<td>Sunrise</td>
</tr>
<tr>
<td>100</td>
<td>Health Science Faculty and Residence Life: Partners for Healthy Student Success</td>
<td>Towne</td>
</tr>
<tr>
<td>101</td>
<td>Get Hip on Back Pain: Understanding Pelvic and Hip Contributions to Chronic Back Pain Conditions</td>
<td>Pacific Salon 4 &amp; 5</td>
</tr>
<tr>
<td>102</td>
<td>Wimps, Studs, Virgins, and Bad Girls: How Gender Roles Affect Sexual Health and Everything Else</td>
<td>Royal Palm 1 &amp; 2</td>
</tr>
<tr>
<td>103</td>
<td>Presidential Session II: Social Change and Obesity Prevention — Where Do We Begin?</td>
<td>Garden Salon 1</td>
</tr>
<tr>
<td>104</td>
<td>Physical Inactivity and Obesity on College Campuses</td>
<td>Pacific Salon 2</td>
</tr>
</tbody>
</table>

#### 11:45 AM - 1:15 PM

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>105</td>
<td>Dorosin Memorial Luncheon: Understanding Diversity in College Healthcare Settings</td>
<td>Regency Ballroom</td>
</tr>
</tbody>
</table>

#### 1:45 PM - 3:15 PM

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>106</td>
<td>Hot Topics in Sexually Transmitted Infections</td>
<td>Pacific Salon 2</td>
</tr>
<tr>
<td>107</td>
<td>Recruiting and Retaining Peer Educators: Keeping the Excitement Alive and Well</td>
<td>Royal Palm 5 &amp; 6</td>
</tr>
<tr>
<td>108</td>
<td>Key Cultural Factors that Influence Risk Amongst Gay and Bisexual Men Who Have Sex with Men (MSM): Five Suggested Areas for Intervention by College Health Practitioners and Educators</td>
<td>Pacific Salon 3</td>
</tr>
<tr>
<td>109</td>
<td>Acquiring Your Electronic Medical Records (EMR): Buy It or Build It!</td>
<td>Sunrise</td>
</tr>
<tr>
<td>110</td>
<td>It's My Body and I'll Pierce/Tattoo If I Want To</td>
<td>Royal Palm 1 &amp; 2</td>
</tr>
<tr>
<td>111</td>
<td>Current Controversies in College Health Psychiatry</td>
<td>Sunset</td>
</tr>
</tbody>
</table>
1:45 PM - 3:15 PM (cont.)

112 Ten New Medications Important in College Health ......................................................... Garden Salon 1
113 Dis-stress: Healthy Ways for Students To Relieve Stress ................................................ Golden Ballroom
114 Helping Policymakers Discover the Health and Productivity Connection ......................... Pacific Salon 6 & 7
115 Flu Vaccinations: Myths and Legends .............................................................................. Royal Palm 3 & 4
116 Men and Eating Disorders on Campus ............................................................................. Towne

3:45 PM - 5:15 PM

117 Charting a Life Course: Fostering Student Development Through an Academic Framework .... Pacific Salon 4 & 5
118 Medical Grand Rounds 2005 ............................................................................................ Hampton
119 The Integration of Complementary Therapies into Student Health Services .................. Royal Palm 1 & 2
120 Management of Migraine Headache in the Primary Care Setting:
    An Update on New Pharmacological Treatments .............................................................. Pacific Salon 2
121 Practical Tools in Stress Management and Mind Body Wellness: An Interactive Workshop .... Garden Salon 1
122 Health, Counseling, and Disability Services: How a Team Approach Can Improve Retention ... Sunrise
123 Building Student Activists for Emergency Contraception ................................................. Towne
124 The Metabolic Syndrome ................................................................................................ Sunset
125 Hot Topics 2005: Mental Health ....................................................................................... Pacific Salon 1
126 Hot Topics 2005: Emerging Needs and Strategies in Health Promotion ......................... Sheffield
127 Caring for the Transgender Student ................................................................................ Pacific Salon 6 & 7
128 Conducting Research in a Student Health Center: Beginning Strategies and Pitfalls .......... Royal Palm 3 & 4
129 Campus Crisis and Response: Lessons Learned ............................................................... Royal Palm 5 & 6
130 Electronic Medical Record/Practice Management Selection and Implementation ............ Golden Ballroom

Saturday, June 4

9:00 AM - 12:30 PM

132 Understanding and Working with the Self-Injuring Student ............................................. Pacific Salon 1
133 Grant Writing: Resources and Skills ............................................................................... Pacific Salon 6 & 7

9:00 AM - 10:30 AM

134 Student Health Center Outcomes Assessment ............................................................... Golden Ballroom
135 Freedom Rides and Student SEED (Seeking Educational Equity and Diversity) Seminars:
    A Nontraditional Approach to Health Promotion ............................................................. Towne
136 Addressing Ethical Dilemmas Using the ACHA Ethical Guidelines ................................. Hampton
137 Substance Abuse Prevention for Older Adolescents: Successful Transitions from
    High School through College ......................................................................................... Sheffield
138 Campus Outreach: Sending Your SHAC Full Speed Ahead ............................................. Sunset
139 Health, Mental Health, and Academics: Meeting Student Needs through Professional
    and Peer Providers ........................................................................................................ Pacific Salon 2
140 Marijuana on Campus: Who, What, and Why ................................................................. Pacific Salon 4 & 5
141 Providing Culturally Appropriate Health Care to Diverse Populations: A Focus on Muslim Women ........................................................................................................ Windsor
11:00 AM - 12:30 PM

142 Lost in the Glitter of the LGBT Rainbow ................................. Sunset
143 Leveraging Health Insurance and Emergency Assistance Providers During a Crisis ......................... Windsor
144 Current Treatment Guidelines for Uncomplicated UTIs Given Increasing Resistance Rates of E. Coli. ........ Sheffield
145 Marijuana on Campus: Prevention and Intervention Options ........................................ Pacific Salon 4 & 5
146 Role of Health Service in Tobacco Control on the Campus and in the Community ................ Hampton
147 Five Years Into the ACHA-NCHA: A Town Meeting ........................................................ Towne
148 SHAC: A Roundtable Discussion for Students ............................................................... Stratford
149 Assessment and Management of Genital Herpes ................................................................. Pacific Salon 2
150 Presidential Session III: Cultural Competency and Self .................................................... Golden Ballroom
Foundations of Leadership Program and Certificate of Participation

Are you interested in enhancing your leadership skills and learning more about leadership opportunities in ACHA? The following list highlights a curriculum of annual meeting sessions and activities related to enhancing leadership skills, organizational knowledge of ACHA, and overall understanding of college health.

Plus, you can earn an "ACHA Foundations of Leadership Certificate — 2005" by attending the eight core activities and eight of the electives listed below. The certificate application form will be available at the required Foundations of Leadership Workshop on Tuesday afternoon.

**Attendance is required at these eight core activities:**

**Tuesday, May 31**

12:00 p.m.-3:00 p.m.

3. 1. Foundations of Leadership Workshop — Who Really Owns Health on a College Campus

**Wednesday, June 1**

10:00 a.m.-11:45 a.m.

2. Opening General Session — Education: The Key to a Healthy Campus

12:00 a.m.-1:15 p.m.

3. Section Meetings

4. Stop by the American College Health Foundation Table

**Thursday, June 2**

10:00 a.m.-11:30 a.m.

5. How Things Work, ACHA Style!©

12:00 p.m.-1:15 p.m.

6. Affiliate Meetings

**Friday, June 3**

5:30 p.m.-7:00 p.m.

8. Assembly of Representatives

*If you attended this session at a previous ACHA Annual Meeting or affiliate meeting, or if you have purchased the audio tape/CD, you may check the box on the certificate application form.
Select eight elective activities from the following options:

**Tuesday, May 31**

8:00 a.m.-11:00 a.m.
1. Nurse Directors’ Workshop
2. Leadership for Health Promotion in Higher Education
3:00 p.m.-5:00 p.m.
4. Strategic Planning: Move Your Healthy Campus Initiatives Forward

**Wednesday, June 1**

Newcomers Orientation to ACHA
Presiders/Facilitators Orientation
Student Mentoring Orientation
Student Orientation
Committee Meetings
Diversity Reception
1:45 p.m.-3:15 p.m.
10. Reconsidering: Health, Leadership, and Learning

**Thursday, June 2**

Awards/Fellows Dinner
8:00 a.m.-9:30 a.m.
30. Dashboard Indicators for College Administrators Based on ACHA-NCHA Results
10:00 a.m.-11:30 a.m.
46. Faculty Alliances for Educating the Next Generation of College Health Leaders
50. Credentialing for Nurse Practitioners
12:30 p.m.-1:30 p.m.
52. White House Speaker
1:45 p.m.-3:15 p.m.
59. Leadership Issues Among Primary Care, Psychiatry, and Counseling
61. Hot Topics 2005: Clinical Medicine
3:45 p.m.-5:15 p.m.
72. Healthy Campus 2010: How Three Campuses Are Making It Happen
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Room/Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 a.m.-9:30 a.m.</td>
<td>89 Mentoring and Supporting Minority Students at Predominantly White Institutions</td>
<td>Royal Palm 1 &amp; 2</td>
</tr>
<tr>
<td></td>
<td>90 Charting a Course for Health Promotion on Your Campus</td>
<td>Royal Palm 5 &amp; 6</td>
</tr>
<tr>
<td>10:00 a.m.-11:30 a.m.</td>
<td>96 Nurse Directors of Health Services: Using CAS and ACHA Consultation To</td>
<td>Royal Palm 5 &amp; 6</td>
</tr>
<tr>
<td></td>
<td>103 Chart a Course Towards Student Learning</td>
<td>Royal Palm 5 &amp; 6</td>
</tr>
<tr>
<td></td>
<td>103 Presidential Session II: Social Change and Obesity Prevention: Where Do We Begin?</td>
<td>Garden Salon 1</td>
</tr>
<tr>
<td>11:45 a.m.-1:15 p.m.</td>
<td>105 Dorosin Memorial Lecture</td>
<td>Regency Ballroom</td>
</tr>
<tr>
<td>12:00 p.m.-1:15 p.m.</td>
<td>Students/Consumers Section Meeting</td>
<td>Towne</td>
</tr>
<tr>
<td>1:45 p.m.-3:15 p.m.</td>
<td>114 Helping Policymakers Discover the Health and Productivity Connection</td>
<td>Pacific Salon 6 &amp; 7</td>
</tr>
<tr>
<td>3:45 p.m.-5:15 p.m.</td>
<td>117 Charting a Life Course: Fostering Student Development Through an Academic Framework</td>
<td>Pacific Salon 4 &amp; 5</td>
</tr>
<tr>
<td></td>
<td>125 Hot Topics 2005: Mental Health</td>
<td>Pacific Salon 1</td>
</tr>
<tr>
<td></td>
<td>126 Hot Topics 2005: Emerging Needs and Strategies in Health Promotion</td>
<td>Sheffield</td>
</tr>
<tr>
<td></td>
<td>128 Conducting Research in a Student Health Center: Beginning Strategies and Pitfalls</td>
<td>Royal Palm 3 &amp; 4</td>
</tr>
<tr>
<td>9:00 a.m.-10:30 a.m.</td>
<td>135 Freedom Rides and Student SEED (Seeking Educational Equity and Diversity) Seminars</td>
<td>Towne</td>
</tr>
<tr>
<td></td>
<td>136 Addressing Ethical Dilemmas Using the ACHA Ethical Guidelines</td>
<td>Hampton</td>
</tr>
<tr>
<td>11:00 a.m.-12:30 p.m.</td>
<td>146 Role of Health Service in Tobacco Control on the Campus and in the Community</td>
<td>Hampton</td>
</tr>
<tr>
<td></td>
<td>147 Five Years into the ACHA-National College Health Assessment: A Town Meeting</td>
<td>Towne</td>
</tr>
<tr>
<td></td>
<td>150 Presidential Session III: Cultural Competency and Self</td>
<td>Golden Ballroom</td>
</tr>
</tbody>
</table>
Wednesday, June 1

10:00 AM - 11:45 AM
5 Opening General Session — Education: The Key to a Healthy Campus ......................... Grand Ballroom

1:45 PM - 3:15 PM
9 Outbreaks of Staph Aureus Skin Infections in Student-Athletes ......................... Pacific Salon 4 & 5
12 Athletic Health Care: What is Going on in Your Athletic Department? ........ Royal Palm 3 & 4

3:45 PM - 5:15 PM
23 HIV Prevention: Seeing a Need and Charting a Course ......................... Pacific Salon 1
28 How the French Make Love: Techniques for Health Educators and Peer Educators Pacific Salon 4 & 5

Thursday, June 2

8:00 AM - 9:30 AM
34 Mental and Behavioral Health Correlates to Spiritual Health and Religious Diversity: A Research Literature Review Pacific Salon 6 & 7
37 Improving the Quality of Life of the Person with HIV/AIDS .... Sunset
38 Presidential Session I: The Spirit, Science, and Practice of Holistic Health Promotion Golden Ballroom

10:00 AM - 11:30 AM
42 The Men’s Program: A Model Peer Education Program for Lowering Men’s Likelihood of Raping Sunrise
49 Responding to an HIV Epidemic on College Campuses: North Carolina’s Experience at Minority Serving Institutions Royal Palm 5 & 6

1:45 PM - 3:15 PM
55 Assessing and Caring for Spanish-speaking/Latino Patients ....................... Windsor
56 Sexually Transmitted Diseases: National Update Pacific Salon 3
65 Effects of HAART on Depressive Symptomatology in HIV Seropositive Gay and Bisexual Men Pacific Salon 4 & 5

3:45 PM - 5:15 PM
73 The Ethics and Language of Holistic Leadership Pacific Salon 4 & 5
74 Advances in Screening for Anal Carcinoma Pacific Salon 1
75 Learning Disabilities and ADHD Accommodations: Leveling the Playing Field or Causing New Forms of Discrimination Pacific Salon 2
76 Why Am I Attracted to People Who Are Bad for Me? How Attraction Can Be a Barrier to Healthy Relationships Windsor
77 Meeting the Mental Health Needs of Today’s Culturally Unique and Complex College Student Pacific Salon 6 & 7
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 AM - 9:30 AM</td>
<td>Dietary Supplements and the NCAA: What Student-Athletes Need To Know.</td>
</tr>
<tr>
<td></td>
<td>Mentoring and Supporting Minority Students at Predominately White</td>
</tr>
<tr>
<td></td>
<td>Institutions.</td>
</tr>
<tr>
<td>10:00 AM - 11:30 AM</td>
<td>Sexual Dysfunction in Young Adult Males.</td>
</tr>
<tr>
<td></td>
<td>Ask Me Now... Peer Educator Programs at Three Bridges Community Colleges</td>
</tr>
<tr>
<td></td>
<td>Wimps, Studs, Virgins, and Bad Girls: How Gender Roles Affect Sexual</td>
</tr>
<tr>
<td></td>
<td>Health and Everything Else.</td>
</tr>
<tr>
<td></td>
<td>Presidential Session II: Social Change and Obesity Prevention: Where Do</td>
</tr>
<tr>
<td></td>
<td>We Begin?</td>
</tr>
<tr>
<td>11:45 AM - 1:15 PM</td>
<td>Dorosin Memorial Luncheon: Understanding Diversity in College</td>
</tr>
<tr>
<td></td>
<td>Healthcare Settings.</td>
</tr>
<tr>
<td>1:45 PM - 3:15 PM</td>
<td>Key Cultural Factors that Influence Risk Amongst Gay and Bisexual Men</td>
</tr>
<tr>
<td></td>
<td>Who Have Sex with Men (MSM): Five Suggested Areas for Intervention by</td>
</tr>
<tr>
<td></td>
<td>College Health Practitioners and Educators.</td>
</tr>
<tr>
<td></td>
<td>It's My Body and I'll Pierce/Tattoo If I Want To.</td>
</tr>
<tr>
<td></td>
<td>Men and Eating Disorders on Campus.</td>
</tr>
<tr>
<td>3:45 PM - 5:15 PM</td>
<td>Health, Counseling, and Disability Services: How a Team Approach Can</td>
</tr>
<tr>
<td></td>
<td>Improve Retention.</td>
</tr>
<tr>
<td></td>
<td>Caring for the Transgender Student.</td>
</tr>
<tr>
<td>9:00 AM - 10:30 AM</td>
<td>Freedom Rides and Student SEED (Seeking Educational Equity and Diversity) Seminars: A Nontraditional Approach to Health Promotion.</td>
</tr>
<tr>
<td></td>
<td>Addressing Ethical Dilemmas Using the ACHA Ethical Guidelines.</td>
</tr>
<tr>
<td></td>
<td>Providing Culturally Appropriate Health Care to Diverse Populations: A</td>
</tr>
<tr>
<td></td>
<td>Focus on Muslim Women.</td>
</tr>
<tr>
<td>11:00 AM - 12:30 PM</td>
<td>Lost in the Glitter of the LGBT Rainbow.</td>
</tr>
<tr>
<td></td>
<td>Leveraging Health Insurance and Emergency Assistance Providers During a</td>
</tr>
<tr>
<td></td>
<td>Crisis.</td>
</tr>
<tr>
<td></td>
<td>Presidential Session III: Cultural Competency and Self.</td>
</tr>
</tbody>
</table>
American College Health Association Speaker Disclosure Statement

Current guidelines require that participants in continuing education activities be made aware of 1) any relationships between speakers and commercial entities, 2) discussion of off-label uses of medications and/or devices, and 3) any limitations in data cited. Through the Call for Programs process, speakers were asked to complete conflict of interest statements regarding relationships with commercial entities. Speakers will be asked to verbally disclose whether they will be addressing any off-label uses of medications and/or devices. They will also be asked to address any limitations in data cited. *The following presenters (listed in alphabetical order) have indicated that they have relationships with commercial entities to disclose:*

James C. Turner, MD, has disclosed that he has had financial support from sanofi pasteur for previous educational programs, but is not receiving funding for this year’s program.”

Patricia Sulak, MD, has disclosed that she is receiving research support and is on Speakers Bureaus with Berrex Laboratories and Barr Laboratories.

Stephen Caulfield, MSW, has disclosed that he is employed by The Chickering Group (An Aetna Company).

Jeanne Marrazzo, MD, MPH, has disclosed that she is on Speakers Bureaus with 3M Pharmaceuticals, GlaxoSmithKline, and KV Pharmaceuticals.

Raulan Young, MPT, PRC, has disclosed that he is on a Speakers Bureau with the Postural Restoration Institute.

Edward Wiesmeier, MD, has disclosed that he has received research support from Merck and from the National Institutes for Health. He is on Speakers Bureaus with Digene and Cytyc.

Andrew Blumenfeld, MD, has disclosed that he will receive funding from ACHA, through an educational grant from Ortho McNeil Pharmaceutical, Inc.

Curtis Kelly has disclosed that he has an affiliation with Student Assurance Services.

Gary Richwald, MD, MPH, has disclosed that he will receive funding from ACHA, through an educational grant from GlaxoSmithKline.

*All other speakers listed in this program have indicated that they have no relationship with commercial entities to disclose.*
<table>
<thead>
<tr>
<th>Name</th>
<th>Institution</th>
<th>City, State, Zip</th>
</tr>
</thead>
<tbody>
<tr>
<td>Layton Borkan, LCSW</td>
<td>Portland State University</td>
<td>Portland, OR</td>
</tr>
<tr>
<td>Milton Brown, PhD</td>
<td>Alliant University</td>
<td>San Diego, CA</td>
</tr>
<tr>
<td>Chris Brownson, PhD</td>
<td>University of Texas-Austin</td>
<td>Austin, TX</td>
</tr>
<tr>
<td>Jamie Buth, MD</td>
<td>VA Medical Center, New Orleans</td>
<td>New Orleans, LA</td>
</tr>
<tr>
<td>Barbara Caldwell, RN, MSN, CNP</td>
<td>Cleveland State University</td>
<td>Cleveland, OH</td>
</tr>
<tr>
<td>Karen Calfas, PhD</td>
<td>San Diego State University</td>
<td>San Diego, CA</td>
</tr>
<tr>
<td>Joetta Carr, PhD</td>
<td>Western Michigan University</td>
<td>Kalamazoo, MI</td>
</tr>
<tr>
<td>William Carter</td>
<td>College of William and Mary</td>
<td>Williamsburg, VA</td>
</tr>
<tr>
<td>Stephen Caulfield, MSW</td>
<td>The Chickering Group</td>
<td>Boston, MA</td>
</tr>
<tr>
<td>Norma Charles, PsyD, MS, MEd</td>
<td>University of Florida</td>
<td>Gainesville, FL</td>
</tr>
<tr>
<td>Georgia Childs, MAEd</td>
<td>East Carolina University</td>
<td>Greenville, NC</td>
</tr>
<tr>
<td>Sarah Clark</td>
<td>University of California-Berkeley</td>
<td>Berkeley, CA</td>
</tr>
<tr>
<td>Lena Clayton, RN, MS, FAAP</td>
<td>Fayetteville State University</td>
<td>Fayetteville, NC</td>
</tr>
<tr>
<td>Steffanie Cobler, BSN, ADA</td>
<td>Kaiser Permanente</td>
<td>Isomita, CA</td>
</tr>
<tr>
<td>Karen Levin Coburn</td>
<td>Washington University in St. Louis</td>
<td>St. Louis, MO</td>
</tr>
<tr>
<td>Leigh Cohn, MAT</td>
<td>Gurze Books</td>
<td>Carlsbad, CA</td>
</tr>
<tr>
<td>Janet Corson-Rikert, MD</td>
<td>Cornell University</td>
<td>Ithaca, NY</td>
</tr>
<tr>
<td>Mary Covington, MD</td>
<td>University of North Carolina-Chapel Hill</td>
<td>Chapel Hill, NC</td>
</tr>
<tr>
<td>Jane Croeker, LSW</td>
<td>University of North Dakota</td>
<td>Grand Forks, ND</td>
</tr>
<tr>
<td>Kimberly Crowley, MSW, LCSW, MPH</td>
<td>Tulane University</td>
<td>New Orleans, LA</td>
</tr>
<tr>
<td>Susan Crowley, MPA</td>
<td>University of Wisconsin-Madison</td>
<td>Madison, WI</td>
</tr>
<tr>
<td>Douglas Daher, PhD</td>
<td>Stanford University</td>
<td>Stanford, CA</td>
</tr>
<tr>
<td>Eleanor Davidson, MD</td>
<td>Case Western Reserve University</td>
<td>Cleveland, OH</td>
</tr>
<tr>
<td>Addison Davis, IV</td>
<td>White House Office of National Drug Control Policy</td>
<td>Washington, DC</td>
</tr>
<tr>
<td>Jo Ann Dawson, MD, MPH</td>
<td>University of California-Los Angeles</td>
<td>Los Angeles, CA</td>
</tr>
<tr>
<td>Carol Day, MSN</td>
<td>Georgetown University</td>
<td>Washington, DC</td>
</tr>
<tr>
<td>Michael DeChen, MD</td>
<td>University of Central Florida</td>
<td>Orlando, FL</td>
</tr>
<tr>
<td>Beth DeRicco, PhD</td>
<td>Higher Education Center for Alcohol and Other Drug Prevention</td>
<td>Newton, MA</td>
</tr>
<tr>
<td>Ann Devney, EdD, RN</td>
<td>College of Lake County</td>
<td>Grayslake, IL</td>
</tr>
<tr>
<td>Mary Covington, MD</td>
<td>University of Minnesota-Duluth</td>
<td>Duluth, MN</td>
</tr>
<tr>
<td>Jane Croeker, LSW</td>
<td>University of North Dakota</td>
<td>Grand Forks, ND</td>
</tr>
<tr>
<td>Kimberly Crowley, MSW, LCSW, MPH</td>
<td>Tulane University</td>
<td>New Orleans, LA</td>
</tr>
<tr>
<td>Susan Crowley, MPA</td>
<td>University of Wisconsin-Madison</td>
<td>Madison, WI</td>
</tr>
<tr>
<td>Douglas Daher, PhD</td>
<td>Stanford University</td>
<td>Stanford, CA</td>
</tr>
<tr>
<td>Eleanor Davidson, MD</td>
<td>Case Western Reserve University</td>
<td>Cleveland, OH</td>
</tr>
<tr>
<td>Anjali Downs, MPH, CHES</td>
<td>Georgetown University</td>
<td>Washington, DC</td>
</tr>
<tr>
<td>Lynette Drake, MS</td>
<td>Eastern Illinois University</td>
<td>Charleston, IL</td>
</tr>
<tr>
<td>Name</td>
<td>Affiliation</td>
<td>City, State</td>
</tr>
<tr>
<td>-----------------------------</td>
<td>--------------------------------------</td>
<td>---------------</td>
</tr>
<tr>
<td>Brian Druley</td>
<td>Northwestern University</td>
<td>Evanston, IL</td>
</tr>
<tr>
<td>C. Jean Dunlap, MA</td>
<td>Rose State College</td>
<td>Midwest City, OK</td>
</tr>
<tr>
<td>Christine Duong, PhD</td>
<td>Temecula, CA</td>
<td>77</td>
</tr>
<tr>
<td>Lauri Dusselier, MS</td>
<td>Iowa State University</td>
<td>Ames, IA</td>
</tr>
<tr>
<td>Dan Fabiano, PhD</td>
<td>Western Washington University</td>
<td>Bellingham, WA</td>
</tr>
<tr>
<td>Stephen Fallon, PhD</td>
<td>Skills4, Inc.</td>
<td>Ft Lauderdale, FL</td>
</tr>
<tr>
<td>Dana Farley, MS</td>
<td>University of Minnesota</td>
<td>Minneapolis, MN</td>
</tr>
<tr>
<td>James Feickert</td>
<td>Health Care Consultants, Inc</td>
<td>Fargo, ND</td>
</tr>
<tr>
<td>Reginald Fennell, PhD, CHES</td>
<td>Miami University</td>
<td>Oxford, OH</td>
</tr>
<tr>
<td>Danielle Fods</td>
<td>University of Minnesota</td>
<td>Minneapolis, MN</td>
</tr>
<tr>
<td>Mohammed Forouzesh</td>
<td>California State University-Long Beach</td>
<td>Long Beach, CA</td>
</tr>
<tr>
<td>Betsy Foy, MHS, CHES</td>
<td>Washington University in St. Louis</td>
<td>St Louis, MO</td>
</tr>
<tr>
<td>Jaclyn Friedman-Lombardo, PhD</td>
<td>Montclair State University</td>
<td>Montclair, NJ</td>
</tr>
<tr>
<td>Wynn Gillan, DPh</td>
<td>Southeastern Louisiana University</td>
<td>Hammond, LA</td>
</tr>
<tr>
<td>Colin Gilligan</td>
<td>University of Texas-Austin</td>
<td>Austin, TX</td>
</tr>
<tr>
<td>Jason Gillman</td>
<td>University of Utah</td>
<td>Salt Lake City, UT</td>
</tr>
<tr>
<td>Alan Glass, MD</td>
<td>Washington University in St. Louis</td>
<td>St Louis, MO</td>
</tr>
<tr>
<td>Fern Goodhart, MS, CHES</td>
<td>Rutgers University</td>
<td>New Brunswick, NJ</td>
</tr>
<tr>
<td>Kristina Gorbatenko-Roth, PhD, MA, LP</td>
<td>University of Wisconsin-Stout Menomonie, WI</td>
<td>11</td>
</tr>
<tr>
<td>Ted Grace, MD, MPH</td>
<td>Ohio State University</td>
<td>Columbus, OH</td>
</tr>
<tr>
<td>Randall Graf, PhD</td>
<td>Tulane University</td>
<td>New Orleans, LA</td>
</tr>
<tr>
<td>Phyllis Gray, MPH</td>
<td>North Carolina Division of Public Health, HIV/STD Prevention &amp; Care Branch</td>
<td>Raleigh, NC</td>
</tr>
<tr>
<td>Keren Green, MSN, RN</td>
<td>University of Chicago</td>
<td>Chicago, IL</td>
</tr>
<tr>
<td>Cynthia Griggins, PhD</td>
<td>Case Western Reserve University</td>
<td>Cleveland, OH</td>
</tr>
<tr>
<td>Jim Grizzell, MBA, MA, CHES</td>
<td>California State Polytechnic</td>
<td>Pomona, CA</td>
</tr>
<tr>
<td>Miriam Eisenhardt, BSN, MPH</td>
<td>Saint Mary’s College</td>
<td>Moraga, CA</td>
</tr>
<tr>
<td>Edward Ehlinger, MD, MSPH</td>
<td>University of Minnesota</td>
<td>Minneapolis, MN</td>
</tr>
<tr>
<td>Glenn Egelman, MD</td>
<td>Bowling Green State University</td>
<td>Bowling Green, OH</td>
</tr>
<tr>
<td>Gregory Eells, PhD</td>
<td>Cornell University</td>
<td>Ithaca, NY</td>
</tr>
<tr>
<td>R. Christa Eckert, MD, MPH</td>
<td>Tulane University</td>
<td>New Orleans, LA</td>
</tr>
<tr>
<td>Patricia Fabiano, PhD</td>
<td>Western Washington University</td>
<td>Bellingham, WA</td>
</tr>
<tr>
<td>James Feickert</td>
<td>Health Care Consultants, Inc</td>
<td>Fargo, ND</td>
</tr>
<tr>
<td>Patrick Emmereee, PhD, MA</td>
<td>University of Florida</td>
<td>Gainesville, FL</td>
</tr>
<tr>
<td>Wayne Ericson, PhD</td>
<td>Illinois State University</td>
<td>Normal, IL</td>
</tr>
<tr>
<td>Patricia Emmereee, PhD, MA</td>
<td>University of Florida</td>
<td>Gainesville, FL</td>
</tr>
<tr>
<td>Wayne Ericson, PhD</td>
<td>Illinois State University</td>
<td>Normal, IL</td>
</tr>
<tr>
<td>Jane Emmereee, PhD, MA</td>
<td>University of Florida</td>
<td>Gainesville, FL</td>
</tr>
<tr>
<td>Wayne Ericson, PhD</td>
<td>Illinois State University</td>
<td>Normal, IL</td>
</tr>
</tbody>
</table>
PRESENTERS DIRECTORY

Paul Grossberg, MD
University of Wisconsin-Madison
Madison, WI
64

Mary Jo Groves, MD
Wittenberg University
Springfield, OH
56

Bruce Growick, PhD
Ohio State University
Columbus, OH
133

Doris Guanowsky, MPA
Pennsylvania State University
University Park, PA
83, 130

Nisha Gulati
Feminist Majority Foundation
Beverly Hills, CA
123

Jennifer Haubenreiser, MS
Montana State University
Bozeman, MT
90

Sharon Henricksen, RN
Duke University
Durham, NC
96

Kim Henson
University of New Mexico
Albuquerque, NM
134

Mary Elizabeth Herring, JD
Texas A&M University
College Station, TX
88

Pamela Hill, EdD
San Antonio College
San Antonio, TX
99

Doreen Hodgkins, MBA
SLBA, Inc.
Lacey, WA
130

Barbara Hoffman, MSN, CNP
Bowling Green State University
Bowling Green, OH
113

Louis Holub
University of Illinois at Urbana-Champaign
Urbana, IL
32

Richard Horndasch, MD
University of Illinois College of Medicine
at Peoria
Peoria, IL
80

Arthur Horvath, PhD
SMART Recovery
La Jolla, CA
40

Judith Hotchkiss, RN-C
Marymount College-Palos Verdes
San Diego, CA
1

Melbourne Hovell
San Diego State University
San Diego, CA
46

Suzanne Hubbell, MBA
Syracuse University
Syracuse, NY
57

Marsha Huddle, RN-C, MSW
University of Central Florida
Orlando, FL
129

Steve Hughes, MD
Cornell University
Ithaca, NY
54

Lora Jasman, MD
Oregon State University
Corvallis, OR
136

Keith Jensen
University of Nebraska-Lincoln
Lincoln, NE
148

Jolene Jernigan, RN-C, FNP
East Carolina University
Greenville, NC
8, 130

David Jolly, MEd, MSPH, DrPH
North Carolina Central University
Durham, NC
49

Victoria Judd, MD
University of Utah
Salt Lake City, UT
124

Richard Kadison, MD
Harvard University
Cambridge, MA
95, 111
Richard Keeling, MD
Keeling & Associates, Inc.
New York, NY
10

Jude Kehoe, LPN, HTP, EMP
University of Oregon
Eugene, OR
119

Curtis Kelly
Assist America
Princeton, NJ
143

Celeste Kendrick, MSN, FNP
Texas A&M University-Corpus Christi
Corpus Christi, TX
130

Susan Kennedy, PhD
Pennsylvania State University
University Park, PA
36, 58

Melissa Kenzig, MSPH, CHES
Columbia University
New York, NY
25

Dianne Kerr, PhD, CHES
Kent State University
Kent, OH
93

Patricia Ketcham, PhD
Oregon State University
Corvallis, OR
147

Matthew Kiechle, MS, CHES
Syracuse University
Syracuse, NY
92

Joan Kiel, MPA, MPhil, PhD
Duquesne University
Pittsburgh, PA
13

Jason Kilmer, PhD
The Evergreen State College
Olympia, WA
139

Wendy Knutson, MS
University of Wisconsin-Stout
Menomonie, WI
11

Cathy Kodama, MPH
University of California-Berkeley
Berkeley, CA
2

Dorothy Kozlowski, MSN, RN, NPC
Rutgers University
New Brunswick, NJ
22

Barbara Kruilich, PA-C
The Evergreen State College
Olympia, WA
139

Carl Labbe, BS Pharm, RPh
Arizona State University
Tempe, AZ
41

Wendy Lader, PhD
Linden Oaks Hospital
Naperville, IL
132

Justin Laird, PhD
State University of New York-Brockport
Brockport, NY
27, 100, 121

Lisa Laitman, MEd, LCADC
Rutgers University
New Brunswick, NJ
84

Janell Lang, EdS
Owens Community College
Toledo, OH
99

Allison Langenhop
Bowling Green State University
Bowling Green, OH
113

Linda LaSalle, MA, PhD
Pennsylvania State University
University Park, PA
44

Melodee Lasky, MD
Rutgers University
New Brunswick, NJ
22

Mia Layne
University of Illinois at Urbana-Champaign
Urbana, IL
32

Chris Leeth
University of Texas-Austin
Austin, TX
110

Linda Lekawski, MS, DO
Texas A&M University
College Station, TX
88

Gregg Lichtenstein, MD, MBA
San Diego State University
San Diego, CA
129

Billie Lindsey, EdD, CHES
Western Washington University
Bellingham, WA
46

Valerie Lyon, MHA
Cornell University
Ithaca, NY
54

Kathy MacLachlan, MS, RN-C, APN
Syracuse University
Syracuse, NY
14

John Mallory
College of William and Mary
Williamsburg, VA
42

Mike Malmon-Berg, PhD
College of Wooster
Wooster, OH
14

Ralph Manchester, MD
University of Rochester
Rochester, NY
9

Jeanne Marrazzo, MD, MPH
University of Washington
Seattle, WA
61

Sarah Mart, MS, MPH
University of San Francisco
San Francisco, CA
25, 36, 90

Alejandro Martinez, PhD
Stanford University
Stanford, CA
26

Dennis Martell, PhD
Michigan State University
East Lansing, MI
3, 72
<table>
<thead>
<tr>
<th>Name</th>
<th>Affiliation</th>
<th>City, State</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kenneth Ogawa, DMD, MD</td>
<td>University of Missouri-Columbia</td>
<td>Columbia, MO</td>
<td>53</td>
</tr>
<tr>
<td>Rachel Olander</td>
<td>National Center for Drug Free Sport</td>
<td>Kansas City, MO</td>
<td>85</td>
</tr>
<tr>
<td>Anna Omery, RN, DNSc</td>
<td>Kaiser Permanente</td>
<td>Pasadena, CA</td>
<td>37</td>
</tr>
<tr>
<td>Daisye Orr, MPH, CHES</td>
<td>University of Southern California</td>
<td>Los Angeles, CA</td>
<td>147</td>
</tr>
<tr>
<td>Bessie Oster</td>
<td>Phoenix House</td>
<td>New York, NY</td>
<td>137</td>
</tr>
<tr>
<td>JoAnne Owens-Nauslar, MPE, EdD</td>
<td>Walk4Life, Inc.</td>
<td>Plainfield, IL</td>
<td>91</td>
</tr>
<tr>
<td>Robert Palinkas, MD</td>
<td>University of Illinois at Urbana-Champaign</td>
<td>Urbana, IL</td>
<td>32, 94, 109</td>
</tr>
<tr>
<td>Roberta Paul</td>
<td>Washington State University College of Nursing</td>
<td>Spokane, WA</td>
<td>150</td>
</tr>
<tr>
<td>Doreen Perez, MS, RN-BC</td>
<td>University of North Florida</td>
<td>Jacksonville, FL</td>
<td>3, 51, 55</td>
</tr>
<tr>
<td>Carole Pertofsky, MEd, CHES</td>
<td>Stanford University</td>
<td>Stanford, CA</td>
<td>2, 60</td>
</tr>
<tr>
<td>John Peters</td>
<td>America on the Move</td>
<td></td>
<td>103</td>
</tr>
<tr>
<td>Christine Peterson, MD</td>
<td>University of Virginia</td>
<td>Charlottesville, VA</td>
<td>92</td>
</tr>
<tr>
<td>James Mitchell, MBA</td>
<td>Montana State University</td>
<td>Bozeman, MT</td>
<td>87</td>
</tr>
<tr>
<td>Naomi Modeste, DrPH, CHES</td>
<td>Loma Linda University</td>
<td>Loma Linda, CA</td>
<td>2</td>
</tr>
<tr>
<td>Owen Moran, MSc</td>
<td>Concordia University</td>
<td>Montreal, QC</td>
<td>43</td>
</tr>
<tr>
<td>Robert Morgenthal, MD</td>
<td>University of Central Florida</td>
<td>Orlando, FL</td>
<td>31</td>
</tr>
<tr>
<td>Karen Moses, MS, RD, CHES</td>
<td>Arizona State University</td>
<td>Tempe, AZ</td>
<td>10, 90</td>
</tr>
<tr>
<td>Lynette Mundey, MD</td>
<td>Howard University</td>
<td>Washington, DC</td>
<td>3</td>
</tr>
<tr>
<td>Lynn Murel, MD</td>
<td>University of Wisconsin-Stout</td>
<td>Menomonie, WI</td>
<td>11</td>
</tr>
<tr>
<td>Paul Myers, PhD</td>
<td>University of Portland</td>
<td>Portland, OR</td>
<td>3, 34, 73, 136</td>
</tr>
<tr>
<td>Joythi Nair, MD</td>
<td>East Carolina University</td>
<td>Greenville, NC</td>
<td>8</td>
</tr>
<tr>
<td>Stephanie Nelson, RN, MSN</td>
<td>Gallatin City-County Health Department, Montana</td>
<td>Bozeman, MT</td>
<td>87</td>
</tr>
<tr>
<td>Jane O’Brien, MPA</td>
<td>Marist College</td>
<td>Poughkeepsie, NY</td>
<td>129</td>
</tr>
<tr>
<td>Peter Mastroianni, MA</td>
<td>State University of New York-Stony Brook</td>
<td>Stony Brook, NY</td>
<td>7</td>
</tr>
<tr>
<td>Anne Mattson, ANP-BC, MPH</td>
<td>University of Oregon</td>
<td>Eugene, OR</td>
<td>119</td>
</tr>
<tr>
<td>Ann Mayo, DNSc</td>
<td>Kaiser Permanente</td>
<td>San Diego, CA</td>
<td>115, 128</td>
</tr>
<tr>
<td>Sarah McArdle, MPH, CHES</td>
<td>San Diego State University</td>
<td>San Diego, CA</td>
<td>104</td>
</tr>
<tr>
<td>Kathleen McAuliffe, MD, MPH</td>
<td>Portland State University</td>
<td>Portland, OR</td>
<td>44, 86</td>
</tr>
<tr>
<td>Gregory McCord, MA, MDiv</td>
<td>Reinicke Counseling Associates</td>
<td>San Diego, CA</td>
<td>63</td>
</tr>
<tr>
<td>Kerren McDougal, EdD</td>
<td>Texas Tech University</td>
<td>Lubbock, TX</td>
<td>92</td>
</tr>
<tr>
<td>Elizabeth McHugh, PA-C</td>
<td>The Evergreen State College</td>
<td>Olympia, WA</td>
<td>139</td>
</tr>
<tr>
<td>Kristen McKinney, PhD</td>
<td>University of California, Los Angeles</td>
<td>Los Angeles, CA</td>
<td>117</td>
</tr>
<tr>
<td>Gloria McWhirter, MSN</td>
<td>University of Florida</td>
<td>Gainesville, FL</td>
<td>89</td>
</tr>
<tr>
<td>Candy Mears</td>
<td>Student Assurance Services</td>
<td>Stillwater, MN</td>
<td>143</td>
</tr>
<tr>
<td>Charles Merrihew, MBA</td>
<td>Syracuse University</td>
<td>Syracuse, NY</td>
<td>57</td>
</tr>
<tr>
<td>John Massie, PhD</td>
<td>Southern Illinois University</td>
<td>Carbondale, IL</td>
<td>104</td>
</tr>
<tr>
<td>James Mitchell, MBA</td>
<td>Montana State University</td>
<td>Bozeman, MT</td>
<td>87</td>
</tr>
<tr>
<td>Naomi Modeste, DrPH, CHES</td>
<td>Loma Linda University</td>
<td>Loma Linda, CA</td>
<td>2</td>
</tr>
<tr>
<td>Owen Moran, MSc</td>
<td>Concordia University</td>
<td>Montreal, QC</td>
<td>43</td>
</tr>
<tr>
<td>Robert Morgenthal, MD</td>
<td>University of Central Florida</td>
<td>Orlando, FL</td>
<td>31</td>
</tr>
<tr>
<td>Karen Moses, MS, RD, CHES</td>
<td>Arizona State University</td>
<td>Tempe, AZ</td>
<td>10, 90</td>
</tr>
<tr>
<td>Lynette Mundey, MD</td>
<td>Howard University</td>
<td>Washington, DC</td>
<td>3</td>
</tr>
<tr>
<td>Lynn Murel, MD</td>
<td>University of Wisconsin-Stout</td>
<td>Menomonie, WI</td>
<td>11</td>
</tr>
<tr>
<td>Paul Myers, PhD</td>
<td>University of Portland</td>
<td>Portland, OR</td>
<td>3, 34, 73, 136</td>
</tr>
<tr>
<td>Joythi Nair, MD</td>
<td>East Carolina University</td>
<td>Greenville, NC</td>
<td>8</td>
</tr>
<tr>
<td>Stephanie Nelson, RN, MSN</td>
<td>Gallatin City-County Health Department, Montana</td>
<td>Bozeman, MT</td>
<td>87</td>
</tr>
<tr>
<td>Jane O’Brien, MPA</td>
<td>Marist College</td>
<td>Poughkeepsie, NY</td>
<td>129</td>
</tr>
<tr>
<td>Kenneth Ogawa, DMD, MD</td>
<td>University of Missouri-Columbia</td>
<td>Columbia, MO</td>
<td>53</td>
</tr>
<tr>
<td>Rachel Olander</td>
<td>National Center for Drug Free Sport</td>
<td>Kansas City, MO</td>
<td>85</td>
</tr>
<tr>
<td>Anna Omery, RN, DNSc</td>
<td>Kaiser Permanente</td>
<td>Pasadena, CA</td>
<td>37</td>
</tr>
<tr>
<td>Daisye Orr, MPH, CHES</td>
<td>University of Southern California</td>
<td>Los Angeles, CA</td>
<td>147</td>
</tr>
<tr>
<td>Bessie Oster</td>
<td>Phoenix House</td>
<td>New York, NY</td>
<td>137</td>
</tr>
<tr>
<td>JoAnne Owens-Nauslar, MPE, EdD</td>
<td>Walk4Life, Inc.</td>
<td>Plainfield, IL</td>
<td>91</td>
</tr>
<tr>
<td>Robert Palinkas, MD</td>
<td>University of Illinois at Urbana-Champaign</td>
<td>Urbana, IL</td>
<td>32, 94, 109</td>
</tr>
<tr>
<td>Roberta Paul</td>
<td>Washington State University College of Nursing</td>
<td>Spokane, WA</td>
<td>150</td>
</tr>
<tr>
<td>Doreen Perez, MS, RN-BC</td>
<td>University of North Florida</td>
<td>Jacksonville, FL</td>
<td>3, 51, 55</td>
</tr>
<tr>
<td>Carole Pertofsky, MEd, CHES</td>
<td>Stanford University</td>
<td>Stanford, CA</td>
<td>2, 60</td>
</tr>
<tr>
<td>John Peters</td>
<td>America on the Move</td>
<td></td>
<td>103</td>
</tr>
<tr>
<td>Christine Peterson, MD</td>
<td>University of Virginia</td>
<td>Charlottesville, VA</td>
<td>92</td>
</tr>
</tbody>
</table>
Ruth Ann Petzinger, MS, RN, APN-C, CDE
Saint Peter’s University Hospital
New Brunswick, NJ
131

Stacey Pogue
University of Texas
Austin, TX
39

Cheryl Presley, PhD
Southern Illinois University-Carbondale
Carbondale, IL
29

Ray Quirolgico, MEd
University of San Francisco
San Francisco, CA
10, 46, 100

Jon Robison, PhD, MS
Michigan State University
East Lansing, MI
38, 66

Matthew Roosevelt
College of William and Mary
Williamsburg, VA
42

Vicky Rosa, RN, MHA
Butler University
Indianapolis, IN
88

Julie Rosenbluth, MPH
American Council for Drug Education
New York, NY
137

James Rothenberger, MPH, CT
University of Minnesota
Minneapolis, MN
106

Jeff Rowe, MD
University of California-San Diego
San Diego, CA
48

Ann Ryan, MS, FNP
Arizona State University
Tempe, AZ
41

Lesley Sacher, MHA, CHE
Florida State University
Tallahassee, FL
4, 72

Ruth Sarna, RN
Baker University
Baldwin City, KS
1

Tresa Saxton, PhD
University of North Carolina-Greensboro
Greensboro, NC
23

Julie Lynn Schafer
Miami University
Norwalk, OH
28

James Schaus, MD
University of Central Florida
Orlando, FL
31

Marsha Schreiber, MSN, CNS, RN-C
Biola University
La Mirada, CA
1

Eleanor Bimla Schwarz, MD, MS
University of California-San Francisco
San Francisco, CA
69

Sandra Scott
45

Mary Alice Serafini, MA
University of Arkansas-Fayetteville
Fayetteville, AR
44, 71

Najmi Shaikh, MD
Rutgers University
New Brunswick, NJ
84

Daniel Silverman, MD
Princeton University
Princeton, NJ
111

Susan Skalsky, MD, MPH, MBA
Montclair State University
Montclair, NJ
29, 122

Linda Smith, MSEd
Montclair State University
Montclair, NJ 07043, NJ
122

Peter Davis Smith, MD
Wesleyan University
Middletown, CT
20

Mary Smolenski, EdD, MS, APRN, BC, FNP
American Nurses Credentialing Center
Silver Spring, MD
50

Scott Spear, MD
University of Wisconsin-Madison
Madison, WI
61

Roberta Staples, MA
Marist College
Poughkeepsie, NY
129

Robert Stephens, PhD
Virginia Tech
Blacksburg, VA
145

Sandra Stern, RN-C, NP
Anna Maria College
Paxton, MA
96

Claire Stiles, PhD
Eckerd College
St. Petersburg, FL
136
Jennifer Stripe, MEd
University of California-Los Angeles
Los Angeles, CA
117

Patricia Sulak, MD
Texas A&M University College of Medicine
Temple, TX
35, 47

Jennifer Swails-Wenger, MS
Vanderbilt University
Nashville, TN
17

Paula Swinford, MS, MHA, CHES
University of Southern California
Los Angeles, CA
2, 96

Linda Synovitz, PhD, RN, CHES
Southeastern Louisiana University
Hammond, LA
21

Rebecca Teng
The University of Texas-Austin
Austin, TX
138

Cristina Trevino
University of Texas-Austin
Austin, TX
110

Christine Triplett, RN
Western Michigan University
Kalamazoo, MI
130

Mary Tschann
University of San Francisco
San Francisco, CA
3, 16, 78

Adam Turner
University of Arizona
Tucson, AZ
148

James Turner, MD
University of Virginia
Charlottesville, VA
3, 18, 81

Barbara Tyler, MD
Texas A&M University
College Station, TX
136

Ric Underhile, PhD, LLPC, CHES
Outside the Classroom
14

Peggy Ingram Veeseer, EdD, APRN, BC
University of Tennessee-Memphis
Memphis, TN
3, 33, 93

Jhon Velasco, MA
Montclair State University
Montclair, NJ
3

Elvira Velez, ARNP, BSN, MPH
Florida International University
North Miami, FL
55

Heidi von Harscher, PhD, FICPP
Florida International University
North Miami, FL
59

Denise Walker, PhD
University of Washington
Seattle, WA
145

Scott Walters, PhD
University of Texas School of Public Health
Dallas, TX
140, 145

Robert L. Ward, MSEd
American College Health Association
Baltimore, MD
71

Jan Wheaton, PhD
Cleveland State University
Cleveland, OH
6

Joseph White, PhD
University of California-Irvine
Irvine, CA
105

Sabina White, MA
University of California
Santa Barbara, CA
2

Megan Whittet, MPH
University of Minnesota
Minneapolis, MN
146

Edward Wiesmeier, MD
University of California-Los Angeles
Los Angeles, CA
106

Mary Wifert, MEd, CHES
National Collegiate Athletic Association
Indianapolis, IN
85

Leslie Wilson, PhD
San Diego State University
San Diego, CA
145

Thomas Wilson, MSOD
San Diego State University
San Diego, CA
129

Claudia Witcher, RN
University of Central Florida
Orlando, FL
129

Ralph Wood, PhD
Southeastern Louisiana University
Hammond, LA
21

Duveen Woolbright, RN, MS, NP
University of South Carolina-Spartanburg
Spartanburg, SC
97

Courtney Worrell, MA
Case Western Reserve University
Cleveland, OH
75

Donnovan Yisrael, MA
Stanford University
Stanford, CA
62, 76, 102

Raulan Young, MPT, PRC
Proactive Physical Therapy
101
<table>
<thead>
<tr>
<th>Time</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 AM</td>
<td>Registration Opens 7:00</td>
<td></td>
<td>Opening Breakfast w/Exhibitors 7:00</td>
<td>Continental Breakfast w/Exhibitors 7:00</td>
<td>Fun Run 7:00</td>
</tr>
<tr>
<td>7:15 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:30 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:45 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:00 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:15 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:45 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:00 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:15 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:30 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:45 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:00 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:15 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:30 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:45 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:00 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:15 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:30 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:45 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:00 PM</td>
<td>LEADERSHIP 12:00-3:00</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:15 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:30 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:45 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:15 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:30 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:45 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:15 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:45 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:15 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:30 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:45 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:15 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:30 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:45 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:15 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:30 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:45 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6:15 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6:30 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6:45 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:15 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:30 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:45 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:15 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:45 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:15 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:30 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Use this grid to plan your schedule. The white blocks indicate concurrent sessions; fill in the code or title.
Place FLOOR PLAN.REV PDF HERE