

# ACHA Sexual Health Coalition Minutes

7/20/2022

27 Attendees

## Purpose and Goals of Coalition:

- Develop and/or revise educational materials and continuing education opportunities
- Develop and implement strategic initiatives
- Serve as expert consultants and a resource for questions about sexual and reproductive health in college students
- Administer annual Sexual Health Services Survey

## Updates:

- Past Chair-Elect, Lauren Cordova, is officially the Chair for the 2022-2023 academic school year
- Welcome to our new Chair-Elect: Suzanne Swierc!
- Thank you so much, Jordan McCann, for serving as this past years Chair! We appreciate all of your hard work and leadership
- Over 100 universities participated in the Sexual Health Services this past school year- the results report will be out later this year
- If anyone is interested in helping with the white paper best practices review, please contact Lauren Cordova

## Discussion:

- Dobbs SCOTUS decision
  - What needs are you identifying?
    - How do we work with students who need abortion healthcare services or guidance but cannot receive this guidance or service because they attend public schools who receive funding from the state that can be taken away or limited if providing these services?
      - Some states can provide prescriptions for Plan B
      - If students are using prevention methods such as fertility awareness, pulling out, condoms, or not using a prevention method, ask what they are doing to decrease harm to a potential child like decreasing alcohol use or taking prenatal vitamins. Many students will inquire about additional contraception/birth control methods
      - Offering generic Plan B at the pharmacy (or prescriptions for Ella from providers) if able
    - Limited resources in community compounds challenges in college health- if the community can't help, then what can we do?
    - What about students who are on their parents' health insurance but want to keep their health care matters private?
      - If students are over the age of 18, they can call their insurance and have their Explanation of Benefits (EOB) sent directly to them
      - Direct them to local, community resources that are low-cost, so they don't have to use insurance

- Any fees associated with STI testing should be labeled as “Health Assessment Fee” on Bursar to reduce stigma in receiving testing
- Bill to state insurance instead of private insurance (New Jersey for example)
- Provide free rapid HIV testing and STI testing for students through state health departments
- Provide students with a 30 day billing hold until they can contact their insurance company to change their EOB
- Provide student health insurance through campus or third party
- Provide education on Health Insurance (ex. Health Insurance 101 Presentation)
- Partner with community resources who provide services to help students sign up for state insurance
- Language for posting statements online about Dobbs v. Jackson
  - <https://health.cornell.edu/about/news/we-respect-your-choices>
  - <https://health.umd.edu/statement>
  - <https://www.universityofcalifornia.edu/press-room/uc-statement-dobbs-v-jackson-womens-health-organization-decision>
  - <https://uhs.umich.edu/gyn-sexual-health>
- California is mandated to have abortion resources, but every health clinic is at a different state- working on security and increasing services from other states (300 students a month using resources)
- Future webinar topics and/or facilitators ideas
  - Mifeprex/Mifepristone Information
    - <https://www.fda.gov/drugs/postmarket-drug-safety-information-patients-and-providers/mifeprex-mifepristone-information>
  - Department collaboration between health educators and clinicians
  - More resources for trans students i.e. safe binding, vocal training, navigating healthcare, etc.
  - Partnering with the APC or Clinical Medicine Sections
  - Building a comprehensive sexual health curriculum for an academic year: workshops, poster series, tabling events, sex ed health fairs, consent tie ins, etc
  - How to communicate new laws surrounding sexual health care services and abortion services to students who might not understand new state regulations
  - Monkey Pox education
  - How to incorporate violence prevention in sex education and vice versa

## Upcoming Programming for August:

- National Immunization Awareness Month
- Red Zone

## Next Meeting:

- August 17<sup>th</sup> from 11am-12pm
- Meetings will be held on the third Wednesday of every month from 11am-12pm on Zoom