It’s Thanks Birth Control Day!

In attendance: Blake Flaugher (he/him), Christine Kukich (she/her), Jordan McCann (she/her), Brandy Reeves (she/her), Cheryl Owens (she/her), Danielle Devers (she/her), Lizzie Finley

- Review of the Coalition purpose
  - Meet third Wednesday of the month at 11am EST/8am PST

- Updates
  - Best Practices Implementation Guide: coming soon
    - Did webinar in September to review guide and best practices
    - Webinar in November about case studies using best practices for sexual health promotion and clinical care during COVID; recording coming soon
  - Sexual Health Services Survey Report 2018-2019 available
    - Rate of positive pregnancy test has declined over time
  - ACHA Annual Meeting
    - Coalition submitted proposal for Expedited partner Therapy (EPT)

- Open discussion
  - How are you preparing students for a longer break?
    - Push in weekly student newsletter to promote safer sex supplies--pick them up before heading home for break
    - Promotion to students to pick up safer sex products in the wellness center
    - Partnering with health department to mail safer sex products to students over break--willing to mail most places (locally and in other states, as long as there are no restrictions on mailing to that location)
  - What did you learn in Fall to prepare for Spring?
    - Doing sexual health programming in a virtual space may allow for more anonymity--may be better than in person in that regard.
      - Recent event on one campus allowed for students to ask questions in a way where no one could see them or hear them--may not know who is asking the question
    - Asynchronous programming--Canvas modules. Birth control options, STI/HIV prevention. Directing people to the course when they pick up safer sex supplies to help them learn how to use them
    - One school did an Instagram survey and over 100 students replied saying they like asynchronous programming
    - Recording videos with different faculty and staff on campus. One person did a video on “sex in the time of COVID"
    - Sex hasn’t stopped!
    - COVID has helped people/schools talk about masturbation and sex toys and pleasure in an easier way
• Some people at schools may have been hesitant to have those conversations before, but COVID prevention opened a door and has made it easier
  ■ One school tried to have more anonymous safer sex supply pick up--people could select any name they wanted. Have to give the name to health center staff when pick up their bags. Students liked the anonymity, but several chose offensive order nicknames. Order form changed to remind them that they will need to provide the nickname to the center staff and to be respectful.
  ■ Started a system to pick up the bags within 1 week or else students will wait longer

  o Wingmanning
    ■ From the book “Sexual Citizens”
    ■ Having a wingman when you go out at night; not leaving your friends; bystander intervention
    ■ Is anyone encouraging their students to be a good wingman?
    ■ Could be from a safety reason, but also how do you set friends up? What makes a good match?
    ■ Discussion of sex and sexual assault prevention--are people doing them in conjunction? Why or why not?
      ■ One school said they were able to do much of their sexual health programming because they frame it as a sexual assault prevention strategy
    o How can the coalition support you in your work?
• Next meeting: December 16 11am EST/8am PST