

ACHA Sexual Health Coalition Minutes

9/21/2022

16 Attendees

Purpose and Goals of Coalition:

- Develop and/or revise educational materials and continuing education opportunities
- Develop and implement strategic initiatives
- Serve as expert consultants and a resource for questions about sexual and reproductive health in college students
- Administer annual Sexual Health Services Survey

Updates:

- If anyone is interested in helping with the white paper best practices review, a sign up link will be provided during the October meeting.
- SHSS Report comes out later this year- seeking a physician willing to co-present at ACHA Annual Meeting (May) in Boston. Email lcordova@upenn.edu if interested.
- Ongoing development opportunity:
 - Reproductive health/justice and policy discussion coming up (date TBD)
 - Working with Reproductive rights task force to provide

Discussion:

- How do sex toys play a role in sex education?
 - Some universities are not able to provide sex toys at events or even discuss them and pleasure when conducting sexual health programming
 - Some sex toy stores or national condom brands will donate resources to colleges if asked
 - Sex toy hygiene is important to discuss during sex education- cleaning toys, using contraception on toys, how to discuss toys and boundaries with partners,
 - Comprehensive sex education reduces sexual violence because it educates students on pleasure, intimacy, boundaries, communication, etc.
 - Ideas for events/services
 - Sex toy trivia (discuss body safe sex toys)
 - Pleasure questionnaire in clinical setting
 - Sexual health consultations with a health educator
 - Resources:
 - Sexual Citizens (book) by Jennifer Hirsch and Shamus Khan
 - Teaching Safer Sex: <https://www.sexedcenter.org/announcement/teaching-safer-sex-abridged-edition/>
 - The Center for Sex Education has tons of educational activities and lesson plans (for example, "Masturbation: A Safe, yet Touchy Subject")

Upcoming Programming Ideas for October:

- Breast Cancer Awareness Month
- Health Literacy Month
- Domestic Violence Awareness Month
- National Family Sexuality Education Month
- LBGT History Month
- National Coming Out Day: October 11th

Next Meeting:

- October 19th from 11am-12pm
- Meetings will be held on the third Wednesday of every month from 11am-12pm on Zoom