

# ACHA Sexual Health Coalition Minutes

10/19/2022

## 13 Attendees

### Purpose and Goals of Coalition:

- Develop and/or revise educational materials and continuing education opportunities
- Develop and implement strategic initiatives
- Serve as expert consultants and a resource for questions about sexual and reproductive health in college students
- Administer annual Sexual Health Services Survey

### Updates:

- If anyone is interested in helping with the white paper best practices review, you can sign up here: [https://upenn.co1.qualtrics.com/jfe/form/SV\\_838zivERVBgbSLQ](https://upenn.co1.qualtrics.com/jfe/form/SV_838zivERVBgbSLQ)
- SHSS Report comes out later this year- seeking a physician willing to co-present at ACHA Annual Meeting (May) in Boston. Email [lcordova@upenn.edu](mailto:lcordova@upenn.edu) if interested.
- Ongoing development opportunity:
  - Reproductive health/justice and policy discussion coming up in November (date TBD)
  - Working with Reproductive rights task force to provide

### Discussion:

- U.S. Department of Education, Office for Civil Rights statement
  - The Department of Education's Office for Civil Rights (OCR) enforces Title IX of the Education Amendments of 1972 (Title IX), which prohibits discrimination based on sex in education programs or activities that receive Federal financial assistance. The Department's Title IX regulations prohibit discrimination based on pregnancy and related conditions in institutions that receive Federal funds (referred to here as "schools"). These protections, which include a prohibition on discrimination based on termination of pregnancy, have been in place since 1975, when the Department's regulations implementing Title IX were first issued following Congressional review.
  - <https://www2.ed.gov/about/offices/list/ocr/docs/ocr-pregnancy-resource.pdf>
- Emergency contraception on campus
  - Who is giving it out? Can education/promotion offices provide EC for students? Do students have to meet with a physician before receiving it?
  - After hours access/eliminating barriers to obtaining EC
    - Student activists expanding access to emergency contraception: <https://www.ec4ec.org/>
    - Lockers or vending machines for after hour access on campus
- At-home/remote sexual and reproductive health support
  - At-home STI testing
    - BCB benefits supports students in covering the cost of accessing BC online or in person (dependent on location)
      - <https://www.bedsider.org/>
    - Are students asking for at-home testing? In this a concern?

- Students are concerned about using family insurance and privacy with testing, so there are some worried about coming into the student health center to get tested
- Time and travel costs to health center
- Online testing options seem to be expensive (or more expensive than Health Center costs) or inaccessible (still having to go into a lab to get bloodwork done)
- STI/Pregnancy telemedicine
- Contraception by mail

## Upcoming Programming Ideas for November:

- Trans Awareness Month
- International Stress Awareness Week (Nov 7<sup>th</sup>-11<sup>th</sup>)
- Transgender Day of Remembrance (Nov 20<sup>th</sup>)
- International Day for the Elimination of Violence Against Women (Nov 25<sup>th</sup>)
- World AIDS Day (Dec 3<sup>rd</sup>)

## Next Meeting:

- November 16th from 11am-12pm
- Meetings will be held on the third Wednesday of every month from 11am-12pm on Zoom