Interpreting Scores in the ACHA-NCHA III

www.acha.org/NCHA

Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)


The ASSIST generates a Substance Specific Involvement Score (SSIS) for each of 12 different substances (tobacco, alcohol, cannabis, cocaine, prescription stimulants, meth, inhalants, sedatives or sleeping pills, hallucinogens, heroin, prescription opioids, and other substances). The range for each SSIS is 0-39, where the higher the score reflecting a higher level of risk associated with that substance use. Each of the 12 SSIS’s are then collapsed into a risk category of low risk, moderate risk, or high risk.

The Connor-Davison Resilience Scale (CD-RISC2) [http://www.connordavidson-resiliencescale.com](http://www.connordavidson-resiliencescale.com)


The CD-RISC2 generates a score between 0 and 8, with higher scores reflecting greater resilience.

Diener Flourishing Scale – Psychological Well-Being (PWB)


The Diener PWB generates a score between 8 and 56, with higher scores reflecting a higher level of psychological well-being.

Food Security


Updated November 2023
USDA, Economic Research Service, Food Security Survey Tools. Six-item Short Form. Available at: 

USDA Food Security 6-item Short Scale Score (5 items when self-administered) generates a score between 0 and 6, with higher scores reflecting lower levels of food security. The score is then collapsed into one of three categories: a score of 0-1 reflects high or marginal food security, a score of 2-4 reflect low food security, and a score of 5-6 reflects very low food security. Combining those with low food security and very low food security will reflect the portion of the sample with food insecurity.

**Kessler 6 (K6)**


The Kessler 6 generates a score between 0 and 24, with higher scores reflecting higher levels of psychological distress and serious mental illness. The score is then collapsed into one of three categories: a score of 0 to 4 reflects no or low psychological distress, a score of 5-12 reflects moderate psychological distress, and a score of 13-24 reflects serious psychological distress.

**UCLA Loneliness Scale**


The Short UCLA Loneliness Scale (ULS3) generates a score between 3 and 9, with higher scores reflecting higher levels of loneliness. The score is then collapsed into one of two categories: a score of 3-5 reflects a negative screening for loneliness, and a score of 6-9 reflects a positive screening for loneliness.

**The Suicide Behaviors Questionnaire – Revised (SBQ-R)**


The SBQ-R generates a score between 3 and 18, with higher scores reflecting higher risk for suicide. The score is then collapsed into one of two categories: a score of 3-6 reflects a negative screening for suicide risk, and a score of 7-18 reflects a positive screening for suicide risk.