Monkeypox Update for Institutions of Higher Education

August 24, 2022
Agenda

- Monkeypox Prevention in Institutions of Higher Education (IHE)
- Managing Cases and Exposures
- Q & A
Preventing Monkeypox in IHEs
Preventing Monkeypox

- Continue normal operations for infection prevention
  - Encouraging staff and students to stay home when sick
  - Providing handwashing supplies
  - Cleaning and disinfecting regularly
  - Identifying space to isolate someone who is sick
  - Having personal protective equipment (PPE) available

- Locker rooms, gyms, and sports uniforms
  - No evidence that this is a common source of transmission
  - Routine cleaning and laundry
Identifying and Responding to Cases in IHEs
Managing Cases

- Clean and disinfect areas where the person with monkeypox spent time
- Isolate the student
- Communicate with the public health department
- Communicate with staff and students
  - Keep messages fact-based to avoid introducing stigma
- Arrange virtual classes, when possible, for students with monkeypox
- People can return when the scabs have fallen off and a fresh layer of healthy skin has formed
  - Typically, 2-4 weeks after symptoms begin
- Staff caring for the student should wear a respirator, avoid touching the rash, use gowns and gloves, wash hands
Managing Exposures

• Continue routine activities if no signs or symptoms
• Monitor for symptoms for 21 days
• If someone who was exposed develops symptoms, follow isolation guidelines
• The health department will determine whether someone is eligible for post-exposure vaccination

More information: https://www.cdc.gov/poxvirus/monkeypox/clinicians/monitoring.html
Resources

- Institutions of Higher Education Landing Page
  https://www.cdc.gov/poxvirus/monkeypox/community/higher-education.html

- Reducing Monkeypox Transmission in Congregate Living Settings
  https://www.cdc.gov/poxvirus/monkeypox/specific-settings/congregate.html

- Safer Sex, Social Gatherings, and Monkeypox
  https://www.cdc.gov/poxvirus/monkeypox/sexualhealth/index.html

- What You Need to Know about Monkeypox for Young Adults
  https://www.cdc.gov/poxvirus/monkeypox/teens-young-adults.html

- Cleaning and Disinfection – EPA’s List Q
  https://www.epa.gov/pesticide-registration/disinfectants-emerging-viral-pathogens-evps-list-q
Questions?
For more information, contact CDC
1-800-CDC-INFO (232-4636)

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.