



## *PCCHA Fall 2015 Newsletter*

### *Message from the President!*



*Dear PCCHA Colleagues,*

*I hope you are surviving the challenges of the fall semester.*

*On behalf of the PCCHA Executive Committee, I would like thank all of the PCCHA members and their colleagues who attended or presented a program at our annual meeting held in Phoenix, Arizona on October 4th through October 7th. Our conference committee, led by chair Belinda Vea, worked extremely hard to ensure the most stimulating program and the efforts paid off. Although the conference was not as highly attended as we had hoped, all who attended enjoyed the networking, updates from PCCHA and ACHA, and programming relevant to all of us who work in college health. In case you missed the conference, I wanted to share with you some of the initiatives the PCCHA Executive Committee has worked on throughout the year:*

- *A new strategic plan was crafted and the basic tenets of the plan focus on how we can most benefit the members of our organization. The strategic plan is located on the PCCHA website at <https://www.acha.org/pccha/> under the About tab.*
- *Our new logo was designed and unveiled at the ACHA meeting in Orlando in May of 2015. The logo is plastered all over this newsletter because we are so proud of how it turned out!*
- *Annual regional conferences are being re-evaluated due to rising costs, low attendance, and the rise of technology in providing opportunities for education.*
- *Webinars and other educational formats are being investigated to ensure PCCHA provides educational opportunities and networking into the future.*
- *Continuing our recruiting efforts to find interested PCCHA members to step up and run for an Executive Committee position. There is information on the positions that will become open for 2016 in this newsletter.*

*In closing, I ask that each and every one of you become actively involved in PCCHA. Attend the regional conferences, respond to surveys, become a nominee for an open Executive Committee position, or contact us and let us know what you are thinking! I hope to see all of you at the ACHA conference in 2016!*

*Dan*



### **PCCHA Executive Committee 2015**

#### **President**

**Dan Bruey**  
Northern Arizona University

#### **President-Elect**

**Dana Tasson**  
Portland State University

#### **Vice President**

**Polly Paulson**  
University of California, Davis

#### **Immediate Past President**

**Sang Leng Trieu**  
Ohlone College

#### **Treasurer**

**Cheryl Mossman**  
Northern Arizona University

#### **Historian**

**Andrew Nichols**  
University of Hawaii at Manoa

#### **Secretary**

**Cheryl Hug-English**  
University of Nevada, Reno

#### **Member-at-Large**

**Patrick Haines**  
University of California, Irvine

#### **Member-at-Large**

**Laurie Morgan**  
San Jose State University

#### **ACHA Region VI Representative**

(June 2016)  
**Belinda Veal**  
University of California

**Now is the time to get involved  
in PCCHA!  
Become a part of a great team!**

### **PCCHA Executive Committee Positions open for the 2016 Calendar Year.**

- **President-Elect**
- **Vice President Elect**
- **Secretary**
- **Historian**
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#### **Election Process**

- **Nominate someone or Self-nominate – all nominations are welcome**
- **Elections will be held the first of December with the final announcement mid-December**
- **All positions are for one year**
- **There is a New Officers Retreat in January/February in a location to be determined.**

**For position descriptions go to:**

**[https://www.acha.org/app\\_themes/PCCHA/documents/PCCHA\\_Job\\_Descriptions\\_2006.pdf](https://www.acha.org/app_themes/PCCHA/documents/PCCHA_Job_Descriptions_2006.pdf)**

**For the real scoop, contact one of us!**

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**Polly** [pcpaulson@ucdavis.edu](mailto:pcpaulson@ucdavis.edu)  
**Sang** [strieu@ohlone.edu](mailto:strieu@ohlone.edu)  
**Cheryl** [cheryl.mossman@nau.edu](mailto:cheryl.mossman@nau.edu)  
**Andrew** [nicholsa@hawaii.edu](mailto:nicholsa@hawaii.edu)  
**Cheryl** [chugenglish@unr.edu](mailto:chugenglish@unr.edu)  
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# *Conference Highlights!*



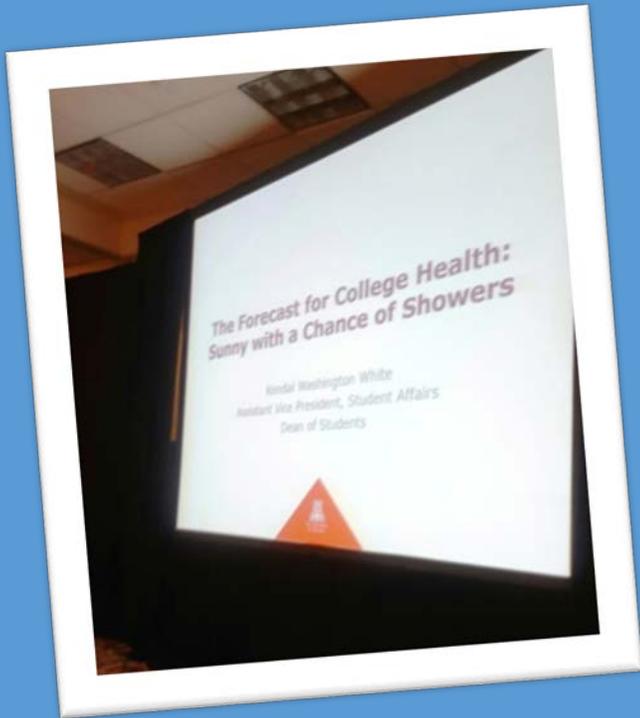
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**PCCHA RISING**

Advancing College Health  
through Innovation and Technology

OCTOBER 4-7, 2015 • PHOENIX, AZ

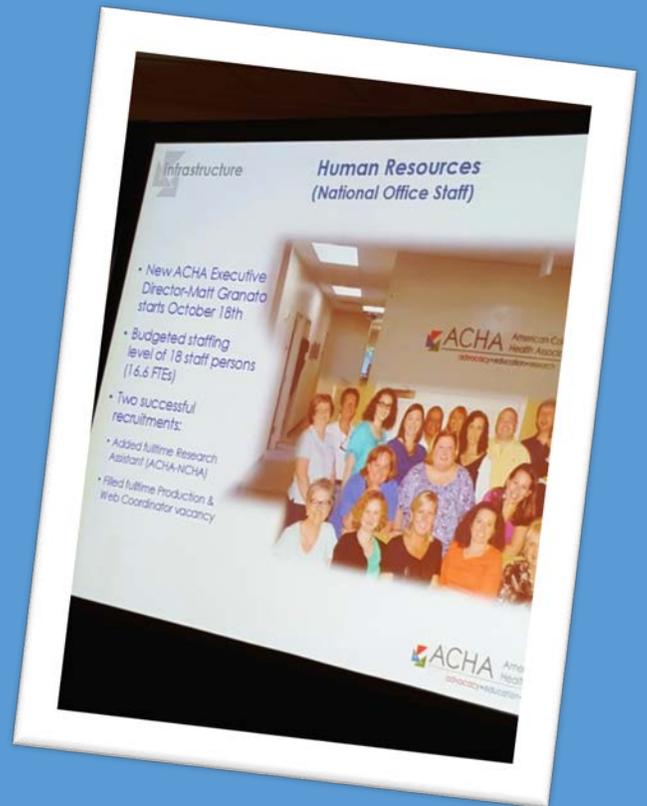
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*Kendal Washington White, Assistant Vice President for Student Affairs and Enrollment Management and Dean of Students at the University of Arizona gave a keynote which made us all think about the future of college health!*



*Immediate Past President of ACHA, Sarah van Orman, M.D. provided an update on the happenings at the national office!*



***Congratulations to 2015 PCCHA Grant Winners!***



***Golden Gull Award***

***Purpose:***

*Recognize exemplary, innovative, and inspirational practices within four areas of college health: Clinical Services, Consumer Services, Counseling Services, and Health Education and Promotion Services.*

***2015 PCCHA Recipient***

*Liz Romero,  
San Jose State University*

***Rest and Relaxation Program***

***Member at Large  
Laurie Morgan  
presents Liz Romero  
with her award at the  
2015 PCCHA  
Conference!***

***Congratulations to 2015 PCCHA Grant Winners!***



***Member at Large  
Patrick Haines  
presents Andrea  
Wilson with her  
award at the 2015  
PCCHA***

***PCCHA Mini-Grant***

***Purpose:***

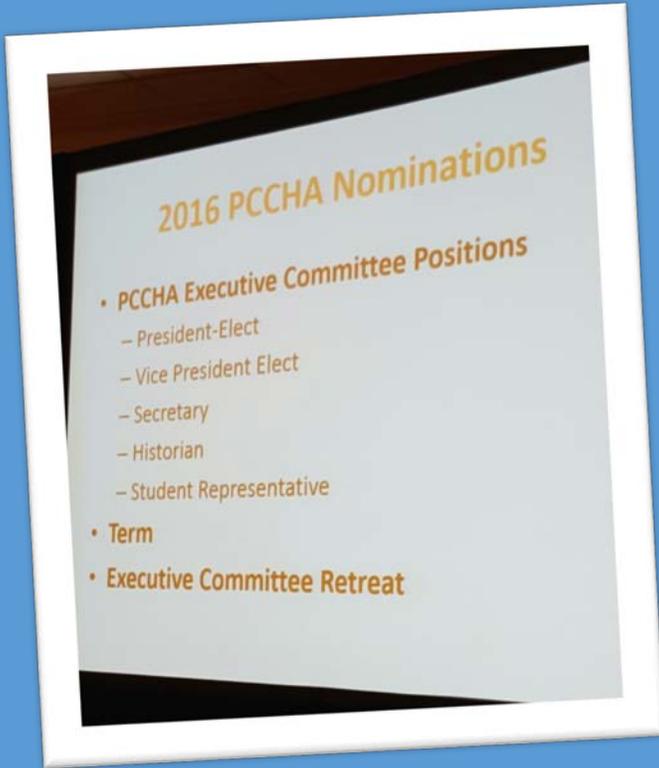
*Provide financial support to for colleges or universities in promoting college health and wellbeing of students*

***Grant amount: \$3,000***

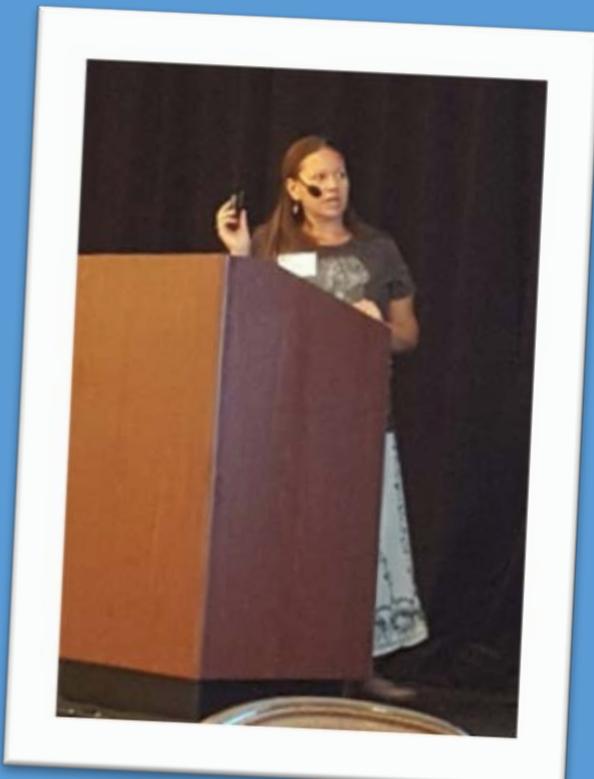
***2015 PCCHA Recipients***

*Andrea Wilson and Marissa Baumann,  
California State University, East Bay*

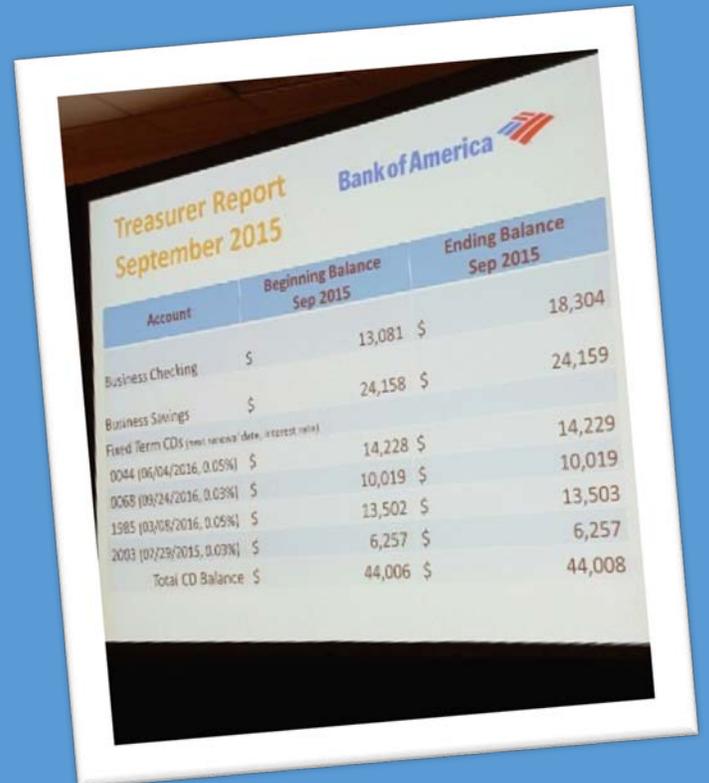
*Applied Suicide Intervention Skills  
Training (ASSIST)*



*Immediate Past President Sang Trieu asked if you could picture yourself in a more active role in PCCHA!*



*Treasurer Cheryl Mossman presented a snapshot of the organization's finances!*



## *Spotlight on the PCCHA Superstar!*

*Belinda Vea, our regional representative to ACHA, really stepped up to the plate when our Vice President (and conference planner) left her position. Belinda singlehandedly took the reins and made the conference happen! This was no small feat and we appreciate everything Belinda has done for our organization!*





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*Thanks to all of the participants, speakers, presenters, exhibitors, and everyone else who helped make the conference a success!*



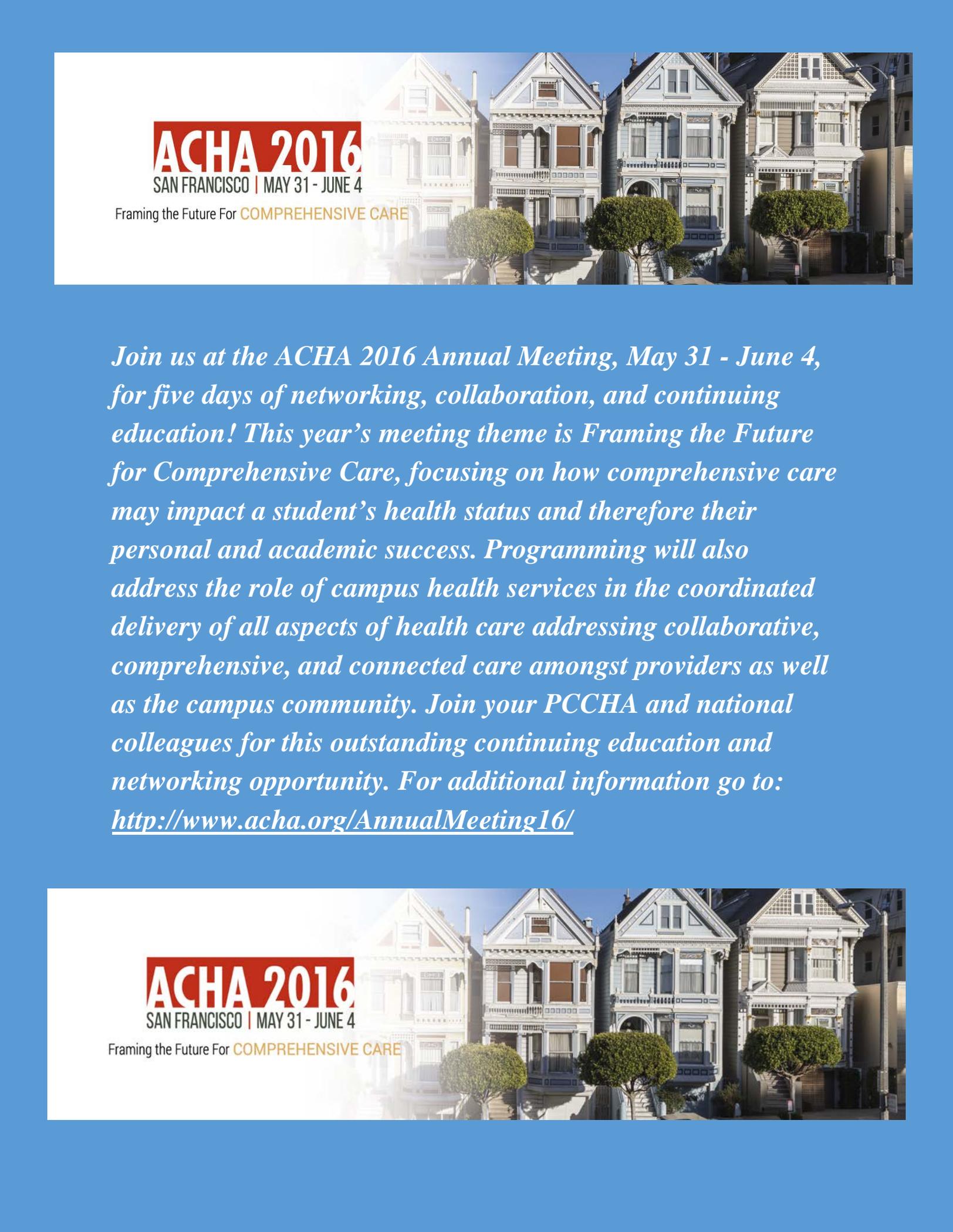
## *What's next?*

### *Nominate a Candidate for PCCHA Affiliate New Professionals Awards!*

*This award recognizes ACHA/PCCHA members who have provided service to the field of college health for FIVE years or less and who have made significant contributions to their institutions or PCCHA (nominees must have a current individual membership, an institutional membership is not sufficient criteria for this award). Send nominations to [laurie.morgan@sjsu.edu](mailto:laurie.morgan@sjsu.edu) or [tassond@pdx.edu](mailto:tassond@pdx.edu)*

### *Consider becoming a member of the Executive Committee!*

*Nominate a colleague or self-nominate. This is a great way to meet people and get involved. Contact one of us if you would like additional information! Nominations should be emailed to [strieu@ohlone.edu](mailto:strieu@ohlone.edu)*

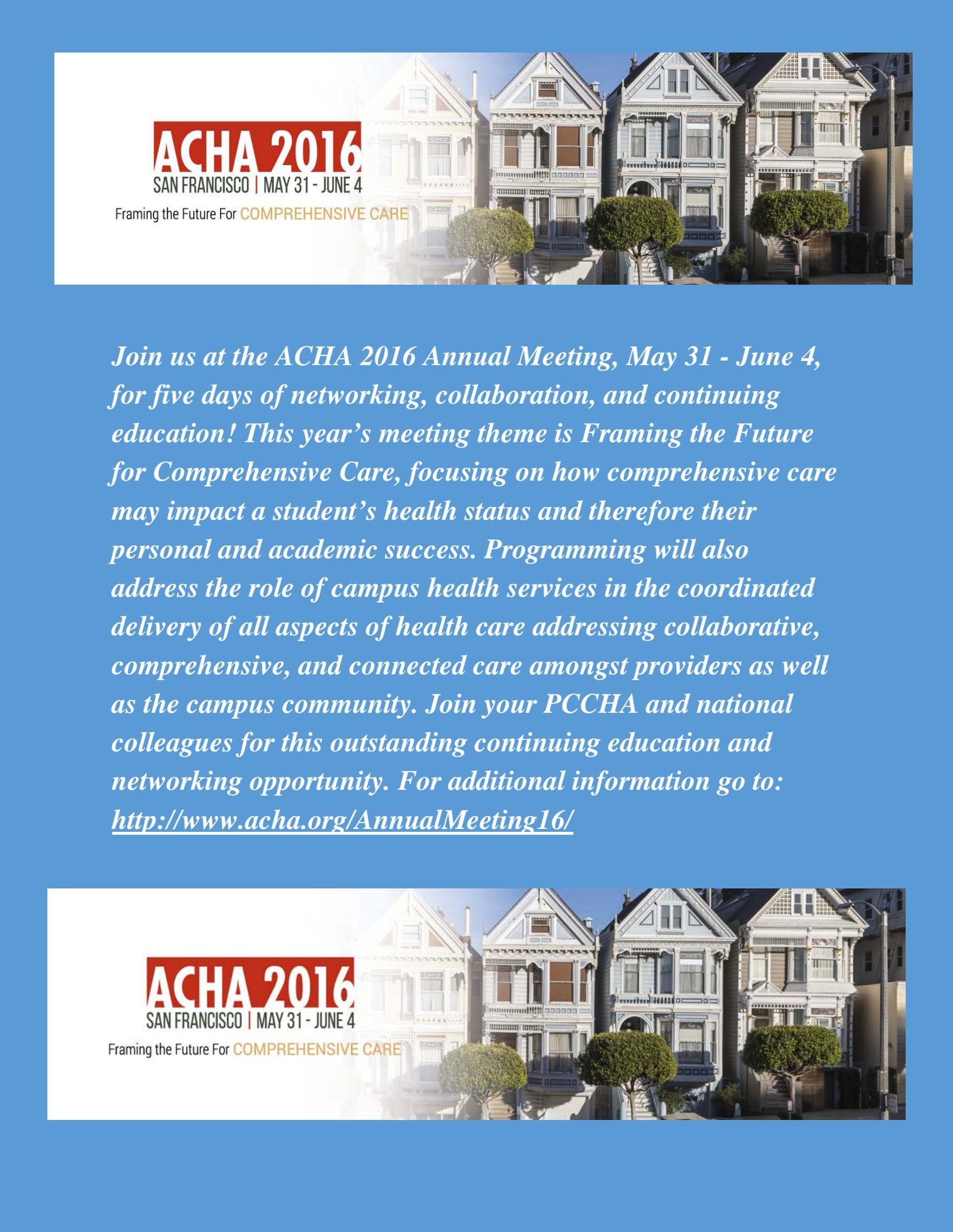


**ACHA 2016**

SAN FRANCISCO | MAY 31 - JUNE 4

Framing the Future For **COMPREHENSIVE CARE**

*Join us at the ACHA 2016 Annual Meeting, May 31 - June 4, for five days of networking, collaboration, and continuing education! This year's meeting theme is Framing the Future for Comprehensive Care, focusing on how comprehensive care may impact a student's health status and therefore their personal and academic success. Programming will also address the role of campus health services in the coordinated delivery of all aspects of health care addressing collaborative, comprehensive, and connected care amongst providers as well as the campus community. Join your PCCHA and national colleagues for this outstanding continuing education and networking opportunity. For additional information go to: <http://www.acha.org/AnnualMeeting16/>*



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