

Fall 2012

Issue



# Ohio College Health Association Newsletter

## A Message From OCHA President

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Welcome autumn! That is my sentiment at this time of year. I personally enjoy the cyclical nature of my work in college health. There is a sense of the familiar with each season, but at the same time the work is always new...new students, new challenges, new rewards. A big new for my institution this year is student insurance and all that is associated with it. What is your new \_\_\_? I have found the support of colleagues in college health through OCHA and ACHA to be invaluable and just what I need as new situations arise. We together represent a wealth of information and experience. I encourage you to draw on that support as well. The only bad question is the one unasked.

I was glad to be able to attend ACHA annual meeting in Chicago, College Health: Architects of Change, to see many of you, to attend outstanding sessions, to have fun with colleagues and proud to give a big shout-out "WHOOPI!" when OCHA was recognized as the first ACHA affiliate in the opening history review. I plan to be in attendance in Boston, Service to others: Compassion to for all, and hope you will be, too.

I would like to thank Laurie Smith and Tim Eppich for their time working on OCHA board and wish them well as they move on. I would like to welcome and introduce our newest OCHA board members, Darlene Francis from Edison Community College and Linda Roeder from Ashland University. Thank you both for your willingness to serve. The board also welcomes back Marsha Tilden in her new role as ACHA Region III representative. Please contact any board member with questions or concerns. We are here to work for you.

Our website was MIA last year, but I am pleased to announce that with the talent of Wendy Smith, ACHA Graphic/Web Designer, we now have a new web presence. Thank you Wendy! Check us out @ [www.acha.org/OCHA/](http://www.acha.org/OCHA/) I hope your fall semester is off to a great start, with all that is new and all that is familiar.

Sincerely,

Denise Smith



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### Mini- grant Application Available

*The Ohio College Health Association will award ONE \$1000 mini-grant for the 2013-2014 academic year. Grants will be awarded at the OCHA annual meeting on April 12, 2013.*

**Applications deadline is January 31, 2013.**  
*(Applications are attached)*

## Nominate a Colleague

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Nominating a colleague for an ACHA Award or Fellowship is a wonderful way to recognize these exceptional college health professionals who bring innovation and passion to the field.

If you are aware of a deserving individual whom you would like to nominate for an ACHA Award or Fellowship, please follow the link to learn more,

[http://www.acha.org/For\\_Members/](http://www.acha.org/For_Members/)

Awards\_Fellows.cfm.

The Affiliate New Professional Award is a special award that recognizes ACHA members who have provided service to the field of college health for five years or less and who have made significant contributions to their institutions and/or affiliate.

[http://www.acha.org/For\\_Members/affiliate\\_new\\_professionals\\_award\\_noms.cfm](http://www.acha.org/For_Members/affiliate_new_professionals_award_noms.cfm)

**Submit nominations for the Affiliate New Professionals Award by January 7, 2013 to:**

OCHA President, Denise Smith  
RN

Mount Vernon Nazarene University Student Health Services

[dsmith1@mvnu.edu](mailto:dsmith1@mvnu.edu)

## OCHA Listserv

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OCHA hosts a listserv open to participation by college health professionals in Ohio and the surrounding area. The list serves as an information sharing resource for those working in the field.

In order to join the list, please send your name and email address to [djf1@uakron.edu](mailto:djf1@uakron.edu). Once you are a member of the OCHA list, you will receive messages sent to our list by college health colleagues in the

area. You may also send messages/inquiries to the entire list membership by sending messages to

[ochan-l@lists.uakron.edu](mailto:ochan-l@lists.uakron.edu)

Important note: Messages sent to the list are received by the entire membership. Likewise, when you respond to a message received via the list by clicking on "reply" all members will receive your response.



## Board candidates

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Ever consider serving on the OCHA executive board?

The nominating committee will be seeking potential candidates. The position will require 4 yearly meetings and is a great way to become involved with OCHA. Notify

Darlene Francis RN at [dfrancis@edisonohio.edu](mailto:dfrancis@edisonohio.edu) if interested.



## Save the Date For the 2013 Annual Meeting

Mark your calendars!! Our annual meeting is scheduled for **April 12th, 2013 at the Martin De Porres Center located on the Ohio Dominican campus in Columbus, Ohio.**

Our theme this year is "Compassion & Dedication: Partners in College Health"

Hope to see you there!



## Current OCHA Board Members

- Denise Smith**, (Acting) President, Mount Vernon Nazarene
- Diane Fashinpaur**, Past President, The University of Akron
- Julie Yingling**, President Elect, University of Findlay
- Kim Cullers**, Vice President, Kenyon College
- Barbara Dudley**, Secretary, Ohio Dominican
- Lois Wells**, Treasurer, Case Western Reserve, Retired
- Heidi Bobek**, Member-at-large, Capital University
- Karen Borneman**, Member-at-Large, Cleveland State
- Darlene Francis**, Member-at-Large, Edison Community College
- Linda Roeder**, Member-at-Large, Ashland University

## Social Media

Join the social media frenzy! The American College Health Association and the Journal of American College Health Association both have Facebook pages. Just click "like" to join!



## National ACHA Annual Meeting

"Service to Others, Compassion for All" will be held in Boston, MA on May 28-June 1, 2013. Attend this annual meeting with networking opportunities, professional development, and continuing education. **Access more information at [www.acha.org/annualmeeting13](http://www.acha.org/annualmeeting13)**

## Calendar of Upcoming Events

**October 11– National Depression Screening Day** [www.mentalhealthscreening.org](http://www.mentalhealthscreening.org)

**November 15—Great American Smokeout** American Cancer Society

**December 1– World AIDS day** [www.worldaidscampaign.org/en](http://www.worldaidscampaign.org/en)

## Call for Programs

The OCHA board is busy planning our annual meeting on April 12, 2013. Do you have an area of college health you would love to know more about? Do you have an idea of a program or topic? We would love your input. Please submit ideas to Julie Yingling at [yinglingj@findlay.edu](mailto:yinglingj@findlay.edu)

## Healthy Campus 2020

Healthy Campus 2020 provides a framework for improving the overall health status on campuses nationwide. Strategies suggested in Healthy Campus 2020 extend beyond traditional interventions of education, diagnosis, treatment and health care at clinical levels. Visit [www.acha.org/healthycampus/](http://www.acha.org/healthycampus/) for more information.