Current NCCHA Board Members

- Complete list of Board Members at [http://www.acha.org/about_acha/affiliates/NCCHA/bod.html](http://www.acha.org/about_acha/affiliates/NCCHA/bod.html)
- President: Birdie Cunningham, University of St. Thomas
- President-elect: Liz Miller**, Bethel University
- Past President: Ann Laros, University of Iowa
- Secretary: Beth Cotton, University of St. Thomas
- Treasurer: Heather Dale, Gustavus Adolphus College
- Membership Coordinator: Nissa Fell, Gustavus Adolphus College
- Newsletter Editor: Jessica Doty, University of North Dakota
- Members at Large: Jackie Greenfield (IA), Connie Kamara (MN), Megan McGee** (ND), Susan Thorson (SD), Jen Sorenson (WI)

**NEWLY ELECTED BOARD MEMBERS
Ruth Swisher was awarded the Gail Proffitt Award at the NCCHA Annual Meeting.
Ruth is the Health Service Director at the University of Wisconsin, Whitewater.
Her dedication to college health is impeccable!

- Pictured left to right, Ann Laros (2014 NCCHA President), Ruth Swisher, Ed Ellinger (MN Health Commissioner).

Congratulations Ruth!
Please view the NCCHA meeting minutes on the NCCHA Website:

http://www.acha.org/about_acha/affiliates/NCCHA/minutes.html
We have several members of our region who are actively participating at the national level. The following members serving on national boards or committees:

- Nissa Fell (Gustavus Adolphus): ACHA Membership Committee
- Jen Sorenson (UW- Stevens Point): Secretary for General Medicine
- Jerry Ryan (UW-Madison): Program Director: Med Section for ACHA meeting 2016, San Fran
- Sarah Van Orman (UW-Madison): President, ACHA
Please remember to vote for ACHA Board Members on the early January 2015 ballot will be announced and elections will take place Spring 2015.

Michelle Eslinger-Schneider (UND) has been nominated to be the ACHA Region 2 Representative. Please vote to support our NCCHA representative!

VOTE ACHA
Every year ACHA honors exemplary members nominated by their peers for exceptional service and commitment to the association and to the field of college health.

Nominations for 2015 honorees are open. **Deadline January 12, 2015.**

Please consider nominating someone great for the following awards:
- Edward Hitchcock Award for Outstanding Contributions in College Health.
- Ruth E. Boynton Award for Distinguished Service to ACHA
- E. Dean Lovett Award for Exemplary Contributions to a College Health Program
- Ollie B. Moten Award for Outstanding Service to One’s Institution
- Miguel Garcia-Tunon Memorial Award in Human Dignity
- Hannibal E. Howell, Jr. Award for Promoting Diversity in College Health
- Clifford B. Reifler Award for Outstanding Contributions to the *Journal of American College Health*
- Evelyn Wiener Mentoring Award [NEW]
- Best Practices in College Health Award

[http://www.acha.org/For_Members/Awards_Fellows.cfm](http://www.acha.org/For_Members/Awards_Fellows.cfm)
NCCHA Annual Meeting
October 28 – 30, 2015
La Crosse, WI
Conference Planner: Brian Allen from UW La Crosse

Remember to share this news with your peers who are not ACHA Individual members.
Call for Posters and papers Feb. 2015.
Contact Brian if you have any ideas for the meeting – ballen@uwlax.edu

2015 NCCHA Annual Meeting
Dear NCCHA 2014

I again want to thank you for the scholarship that allowed me to attend the conference. While attending the NCCHA 2014 conference I gained so much information and made some life networking connections with peer college healthcare workers.

The programs that were presented were of great interest to all who attended the conference. They focused on building strategies to help us successfully help our students prevent and improve overall physical and mental well-being as well as provide us with ideas on how to recover their health after an injury or illness.

We heard policies as they developed on the “Out of Control” Ebola epidemiology. The sessions on infection control, anxiety management and alcohol as well as the study on inhaled lavender and sleep hygiene as self-care intervention for better sleep gave me valuable information.

It was very touching to hear the dedication others have given to the association during the award ceremony.

The opportunity to network with peers best practices was tremendous. I look forward to future correspondence with many of the healthcare professionals.

I am thankful to have had the opportunity to attend my first NCCHA conference. I had a great time.

(Carla) Jo Morgan

• Carla Jo Morgan, Briar Cliff University
• Sheila Bosh, University of North Dakota

I want to thank the North Central College Health Association for their generosity in providing me with a scholarship opportunity to attend the 2014 annual meeting in Bloomington. The conference offered me the opportunity to network with other professionals, comparing programming and sharing new ideas. I loved the professional, yet relaxed feel of the conference. I was impressed with the creativity and passion demonstrated by my peers; many of whom have been working in college health for most of their careers. They are truly dedicated and inspire me to want to do more and be more. I’m looking forward to Wisconsin in 2015!

~Sheila Bosh

2014 NCCHA Annual Meeting Scholarship Recipients
Student Grant Award Winners

- Support advancement of women leaders (St. Thomas)
- Condom Fairy Program (UW Stevens Point)
- GYT, Chlamydia testing (St. Cloud State)

Student Research Grants are awarded matching funds of up to $500 that are directly applicable to College Health.

Link to Student Grant Guidelines: [http://www.acha.org/about_acha/affiliates/NCCHA/student_grant.html](http://www.acha.org/about_acha/affiliates/NCCHA/student_grant.html)
• Remember scholarships are available from NCCHA to attend the 2015 NCCHA meeting (due August 1, 2015) or the national 2015 ACHA meeting in Orlando, FL (due January 15, 2015).

• Scholarship applications are found at: http://www.acha.org/about_acha/affiliates/NCCHA/conference_scholarship.html

• Please complete and send to the NCCHA Secretary after completion.

SCHOLARSHIPS AVAILABLE
• To all ACHA Institutional Members: remember to add a student from your institution to your ACHA membership. This is no additional cost to your institution, but increases student involvement in the organization and NCCHA receives an additional subsidy.

• Representatives on the NCCHA Board will be contacting members in their state to encourage membership, involvement, and learn what more NCCHA/ACHA could provide to better serve college health.

• ACHA is actively seeking feedback for improving membership. Feel free to contact Nissa Fell, nfell@gustavus.edu, with any membership questions or concerns.
Only members receive the NCCHA Newsletter directly, spread the word.

Share the news, forward this newsletter to peers!