WELCOME TO BOSTON! WE HOPE ACHA 2023 EXCEEDS YOUR EXPECTATIONS!

FINAL PROGRAM
Get to know the industry’s only student-centric pharmacy solution

Pharmacy Solution

Our first-of-its-kind pharmacy solution gives your students their most needed medications at a more affordable price, including features like:

- 40+ medications with a $0.00 copay
- Rebating, discounts, and payment assistance
- Bi-annual plan enhancements
- Student Health Center & pharmacy collaboration
- Simple emergency enrollment
- Fast travel override procedure

Visit Wellfleetstudent.com/rx or scan the QR code below to learn how Wellfleet Rx can help reduce costs and improve your students’ pharmacy experience.

Wellfleetstudent.com/rx

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### SCHEDULE AT A GLANCE

#### Tuesday, May 30
**Registration Opens**
7:00 am – 6:00 pm

**Pre-Conference Workshops**
9:00 am – 12:00 pm
*Tickets required*

**ACHA Leaders’ Lunch**
12:00 pm – 1:00 pm
*Invitation only*

**Pre-Conference Workshops**
1:30 pm – 4:30 pm
*Tickets required*

**Committee Meetings**
5:45 pm – 6:45 pm
*Note that some committees, coalitions, and task forces will be conducting virtual meetings after the meeting*

**ACHA Celebrates: Opening Reception**
6:00 pm – 7:00 pm

**2023 Awards and Fellows Ceremony**
7:00 pm – 8:00 pm

#### Wednesday, May 31
**Registration**
7:00 am – 6:00 pm

**Newcomers’ Orientation:**
**Navigating the ACHA Annual Meeting**
7:30 am – 8:30 am

**Affinity Groups and Reflection Spaces**
9:00 am – 9:45 am

**Opening General Session/Keynote Address**
10:00 am – 11:30 am

**Section Meetings**
12:00 pm – 1:00 pm

**Industry Presentations**
12:15 pm – 1:15 pm

**General Sessions**
1:30 pm – 2:30 pm

#### Thursday, June 1
**Fun Run/Walk**
Morning Mindful Yoga
6:00 am – 7:00 am

**Registration**
7:00 am – 5:00 pm

**Opening Breakfast with Exhibitors**
7:00 am

**Exhibit Hall**
7:00 am – 4:00 pm

**Affinity Groups and Reflection Spaces**
4:15 pm – 5:00 pm

#### Friday, June 2
**School Spirit Day!**
Morning Meditation
6:00 am – 7:00 am

**Registration**
7:00 am – 5:00 pm

**Continental Breakfast with Exhibitors**
7:00 am

**Exhibit Hall**
7:00 am – 1:30 pm

**Posters**
7:00 am – 3:15 pm

**General Sessions**
8:00 am – 9:30 am
10:00 am – 11:30 am

**Dorosin Memorial Lecture**
12:00 pm – 1:00 pm

**Assembly of Representatives**
4:15 pm – 5:00 pm

**Affinity Groups and Reflection Spaces**
5:15 pm – 6:00 pm

#### Saturday, June 3
**Registration**
7:00 am – 11:00 am

**Continental Breakfast**
7:00 am

**General Sessions**
8:00 am – 9:00 am
9:30 am – 10:30 am

**Closing Presidential Session**
11:00 am – 12:00 pm

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The Leadership Lunch and Meeting, Newcomers’ Orientation, Opening Reception, and Awards and Fellows Ceremony will be held at the Westin Copley Place. All other meeting sessions, events, and the Exhibit Hall will be in the Boston Marriott Copley Place, unless otherwise stated.
ENHANCE YOUR LEARNING AND EARN CE CREDIT

This year’s program features more than 150 educational sessions that will bring you cutting edge research, guidelines, programs, and best practices in college health and wellness from across the county – and beyond! With CE credit offered in 9 disciplines, you’re sure to maximize the continuing education you need in your profession.

NETWORK WITH PEERS FROM ACROSS THE COUNTRY

We know that a lot of great learning takes place outside of sessions, and we have plenty of networking opportunities at the meeting this year. From the returning Aspire: ACHA Mentoring program to info sessions, affinity groups and reflection spaces, and networking meetings, we hope you will find even more ways to connect with your colleagues.

DISCUSS INNOVATIVE RESEARCH WITH YOUR PEERS

We encourage you to spend time learning about the innovative research and programs being conducted around the country, as featured in more than 50 posters displayed at this year’s meeting. This is a great opportunity to ask questions, pick up handouts, get presenters’ contact information, etc. These are not formal presentations; feel free to move from one poster to another.

ACHA 2023 MEETING GOALS

Consistent with ACHA’s mission of advancing the health of college students and the campus community, we, the members of the association, gather at the annual meeting with invited guests to:

- Identify ways to increase knowledge, update professional skills, and incorporate evidence-based guidelines and standards into college health practice in the following areas:
  - Assessment and planning
  - Health promotion
  - Clinical care
  - Mental health services
  - Leadership development
- Identify opportunities for collaboration and exchange of ideas among college health professionals, students, and leaders in higher education.
- Discuss programs and environments that enhance health outcomes for college students and campus communities.
- Describe the effect of diverse cultures and experiences on the health of individuals and communities.
- Identify ways to integrate college health programs with the missions of the institutions we serve.
- Discuss ACHA’s role as a national advocate for policies that have a positive impact on the health college students and campus communities.
Donald Meichenbaum, PhD, is Distinguished Professor Emeritus from the University of Waterloo in Ontario, Canada, from which he took early retirement 25 years ago. Since that time, he has been Research Director of the Melissa Institute for Violence Prevention in Miami. He is one of the founders of cognitive behavior therapy, and in a survey of clinicians he was voted “one of the ten most influential psychotherapists of the 20th century.”

In his presentation, *Vicarious Trauma Among College Health Professionals: Identification and Management*, he will describe how the high number and high acuity of mental health concerns among college students has led to vicarious trauma (VT) among college health professionals, increasing burnout and turnover in the field. This program will help professionals identify, manage, and prevent VT.

**This session is partially sponsored by the American College Health Foundation Stephan D. Weiss, PhD, Mental Health Fund for Higher Education**

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Laurie Santos, PhD, is a professor of psychology and Head of Silliman College at Yale University. She is an expert on human cognition and the cognitive biases that impede better choices. Her course at Yale, Psychology and the Good Life, teaches students how the science of psychology can provide important hints about how to make wiser choices and live a life that’s happier and more fulfilling. Her course recently became Yale’s most popular course in over 300 years, with almost one of our four students at Yale enrolled.

Her keynote address, *Happiness: How to Feel Better in Difficult Times*, will explore what new results in psychological science teach us about how to be happier, how to feel less stressed, and how to flourish more. The workshop will also allow participants to put these scientific findings into practice by learning how to build the sorts of habits that promote a happier and more fulfilling life.

**This session is partially sponsored by the American College Health Foundation Stephan D. Weiss, PhD, Mental Health Fund for Higher Education**

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Actor and trans activist Elliot Fletcher got his start on the groundbreaking MTV Comedy “Faking It.” He was also on Freeform’s “The Fosters” and on Showtime’s critically acclaimed series “Shameless,” where he won over audiences as Cameron Monaghan’s woke and witty love interest. Fletcher was recently seen as a series regular in FX’s “Y: The Last Man.” Elliot was named as The Hollywood Reporter’s “Next Big Thing,” where he was featured in their inaugural Pride issue. He was also the face of Kenneth Cole’s “Zero Tolerance for Intolerance” collection.

In this session “*A Conversation with Elliott Fletcher,*” moderated by President Jessica Higgs, he will speak about the value of representation and the importance of access to healthcare for trans individuals.

**This session is partially sponsored by the American College Health Foundation Aetna Student Health Fund and the Ayers/Battle/Thomas Diversity Fund**
Connecting students to better care

Visit us at booth 100
FEATURED EVENTS

NEWCOMERS’ ORIENTATION: NAVIGATING THE ACHA ANNUAL MEETING

Room: Essex Ballroom (Westin)

Is this your first ACHA Annual Meeting? If so, make sure you join us on Wednesday, May 31, 7:30 am–8:30 am for this informal networking event. You’ll be surrounded by colleagues who are asking the same questions you are:

- How do I know what sessions would most benefit me?
- I’ve downloaded the mobile app, but now what?
- How do I get involved in a coalition or committee.
- Can anyone attend section and affiliate networking meetings?

And there will be plenty of seasoned meeting veterans on hand — who remember what their first meeting was like — to help you make the most out of your meeting experience!

AFFINITY GROUPS AND REFLECTION SPACES

Wednesday, May 31, 9:00 am-9:45 am
Thursday, June 1, 4:15 pm-5:00 pm
Friday, June 2, 5:15 pm-6:00 pm

BIPOC Affinity Groups
Room: Wellesley

These are spaces where individuals with shared identities come together for discussions and reflections. Although each person may share multiple identities, affinity groups are intended for those who can speak to that group’s collective racial or ethnic identity and experience from the “we” or “I” perspective. These spaces are for you to speak about your own identity, not to learn about the racial or ethnic identity of others.

White-Identified Reflection and Action Spaces
Room: Suffolk

This will be a space for white-identified folks who are interested in starting or furthering their anti-racist practice. A crucial part of anti-racism work for white people is examining and deconstructing their whiteness and white privilege. Wherever you fall in the process of practicing anti-racism, we welcome you to explore how we can create a more anti-racist approach within college health and at ACHA.

POSTERS: ANOTHER GREAT LEARNING OPPORTUNITY

Thursday, June 1, 7:00 am-4:00 pm
Friday, June 2, 7:00 am-3:15 pm

Room: Grand Ballroom Foyer

Posters are visual presentations of successful programs on campuses. More than 50 poster presenters will be available for discussion and questions during session breaks.

See if you can guess who will win the top prizes in these categories: Emerging Practices in College Health, Advancing Health Equity, Research Advances in College Health, and Student Voices in College Health.

See page 27 for a complete list of posters on display.

RISING LEADER COFFEE HOUR

Friday, June 2, 7:00 am-8:00 am
Room: Tremont

All meeting attendees are welcome to attend this informal meet and greet. Speak with current ACHA leaders about their roles within ACHA and learn how you can get more involved with the association.

BOSTON RED SOX VS. CINCINNATI REDS

Thursday, June 1: Game time is 7:10 pm

Open only to those who purchased tickets in advance. Transportation to and from the ballpark is on your own. Be sure to pick up your ACHA T-shirt at the Information Booth in the registration area on Thursday.

SCHOOL SPIRIT DAY

Friday, June 2

Show pride in your institution by wearing something displaying your school name, colors, or logo!
FEATURED EVENTS

Join us at

ACHA Celebrates!

Featuring the 2023 Award Recipients and Fellows

Wednesday, May 31
6:00 pm-7:00 pm
Opening Reception
Essex Ballroom (Westin)
(light appetizers and a cash bar)

7:00 pm-8:00 pm
Awards and Fellows Ceremony
Staffordshire (Westin)

ASPIRE: ACHA MENTORING

Individual Mentoring Sessions
Thursday, June 1, 8:00 am-5:15 pm
Advance sign-up required.
If you signed up for an individual mentoring session – either as a mentor or as a mentee – you were sent an email confirming your mentor/mentee’s information and your room and table assignment. If you have questions, stop by the Speaker and CE Support booth.

Small Group Mentoring Session
Friday, June 2, 12:00 pm-1:00 pm
If you signed up for a small group mentoring session on Building Strategic Partnerships Across Campus, you were sent an email confirming your room assignment. If you have questions — or would like to sign up to join a discussion group — stop by the Speaker and CE Support booth.

2023 ASSEMBLY OF REPRESENTATIVES

Friday, June 2, 4:15 pm-5:00 pm
Room: Provincetown

Provide your input on association governance! If you are an eligible voting member of ACHA, you play a very important role in the governance of the association, and therefore, in the field of college health. Plan to attend the Assembly of Representatives and hear association updates, meet the new ACHA CEO, welcome the incoming ACHA president into office, and vote on recommended bylaws amendments.

You are an eligible voting member if you are a:
• Representative of a member institution (RMI)
• Section chair, chair-elect, or designated representative
• Member of the ACHA Board of Directors
• Past president of ACHA

All ACHA members are invited to attend the Assembly of Representatives, though only the members listed above are eligible to vote.

A 2023 Assembly of Representative Information packet, which contains the recommended bylaws amendments, current ACHA Bylaws, and the Board of Directors approved Assembly of Representatives minutes from the previous year will be available for review at the Information Booth and on the ACHA website at www.acha.org/Bylaws.
WELLNESS ACTIVITIES

IMMERSE YOURSELF IN WELLNESS

We are again offering a variety of activities designed to enhance your sense of well-being. These activities provide a chance to challenge your physical and emotional self in the same way you stretch your intellectual muscles during educational sessions.

So take a break from classroom learning and don’t be afraid to try something new! You’ll find that many of these relaxation and exercise techniques promoting wellness of body and mind can be passed on to students and colleagues back home.

MORNING MINDFUL YOGA
Thursday, June 1, 6:00 am-7:00 am
Room: Harvard
Are you a seasoned yogi or exploring yoga for the first time? Join your colleagues as you wake up your body for 60 minutes of mindful yoga that includes stretching, de-stressing and invigorates you for the day. You will be guided through a flow by a certified yoga instructor who will offer options so you can control the outcome you are wanting. Please bring a towel or mat to practice on.

MORNING MEDITATION
Friday, June 2, 6:00 am-7:00 am
Room: Harvard
Start your day with a nourishing and silent practice of Loving-Kindness meditation. A certified meditation instructor will offer a 12-15 minute discussion and then a guided 25 minute Loving-Kindness meditation. Loving-Kindness meditation promotes the softening of the mind and heart, an opening to a deeper level of the feeling of kindness and compassion for others and yourself.

FUN RUN/WALK
Thursday, June 1, 6:00 am-7:00 am
Meet in the Marriott Lobby
Join your colleagues for a run/walk around the historic streets of Boston. Runners and walkers of all levels are encouraged to come out and join the fun! Maps for 5k and 1 mile distances will be provided onsite.

SEATED CHAIR MASSAGE
Thursday, June 1, 11:30 am-4:00 pm
Friday, June 2, 9:00 am-1:00 pm
Room: Back Bay Conference and Exhibit Hall
An on-site professional masseuse will administer this highly effective technique that provides an immediate sense of tranquility. Chair massage helps decrease stress symptoms, fatigue, muscle tightness, and tension in the neck, arms, and shoulders. (First come, first served).

Sponsored in part by Anthem Blue Cross Blue Shield

FITNESS CENTER
The complimentary fitness centers at the Marriott Copley Place and Westin Copley Place are open 24/7 and offer a wide array of equipment. The indoor pool at the Marriott is open from 6:00 am–10:00 pm.
The following sessions brought to you by industry representatives are open for all meeting registrants to attend on Wednesday or Thursday. Seating is limited and first-come, first-served.

Industry-Sponsored presentations are not part of the ACHA 2023 Annual Meeting’s accredited educational activity nor eligible for CE credit. Session may contain promotion. The content and opinions expressed are those of the sponsor or presenters and not of ACHA.

**Wednesday, May 31, 12:15 PM - 1:15 PM**

**IP1 Let’s Talk Periods: How to Normalize the Conversation**  
*Sponsored by Pfizer in partnership with Myovant Sciences*  
**Room: Tremont**  
Fear of stigmatization, the consequences of period poverty, and the impact of period and mental health issues on campus can negatively affect the college experience. Join a healthcare provider and an endometriosis patient advocate as they spotlight these challenges facing college students and discuss the importance of normalizing conversations about menstruation, explore strategies for addressing period equity, and describe when to seek help for period health issues, such as endometriosis. Lunch will be provided.

**Speaker(s):**  
Shany Toulouse, DNP, MEd, RN, NCSN, Massachusetts Director, National Association of School Nurses, Haverhill, Massachusetts  
Tara Mangum, Women’s Health Advocate, Newark, Delaware

**IP2 Let’s ‘B’ prepared for a meningococcal outbreak**  
*Sponsored by GSK*  
**Room: Boylston**  
We invite you to join us for a comprehensive presentation on the management of meningococcal B outbreaks, including the risks and consequences of invasive meningococcal disease, current CDC vaccination recommendations, and the economic burden of an outbreak on your campus. The presentation will also review several practical steps on how to prepare your campus for a meningococcal B outbreak. Lunch will be provided.

**Speaker(s):**  
Mary S. Hayney, PharmD, MPH, FCCP, BCPS, Professor of Pharmacy, School of Pharmacy, University of Wisconsin, Madison, WI  
Oscar Herrera-Restrepo, PhD, Director, Health Outcomes Scientist, U.S. Medical Affairs Vaccines, GSK

**Thursday, June 1, 12:15 PM - 1:15 PM**

**IP3 The Significance of Diagnostic Testing in Women’s Health: *Mycoplasma genitalium***  
*Sponsored by Hologic, Inc.*  
**Room: Tremont**  
Please join us as we discuss real-world data reflective of current clinical practices in the U.S. for *Mycoplasma genitalium*. We will also address ways in which we can improve patient care through established screening guidelines. Lunch will be provided.

**Speaker(s):**  
Kyle Bukowski, MD, Chief Medical Officer, Planned Parenthood of Maryland
Together We Thrive:
The Foundation for Student Success

DOUBLE Your Impact on College Student Well-Being!

Dollar for dollar from May 23–June 9, your donations to the American College Health Foundation will be matched by Wellfleet, up to $15,000.

Please consider making your donation to ACHF’s Unrestricted Fund, which allows us to be flexible in meeting the needs of ACHA members and our students.

Stop by our table in the registration area to learn more about ACHF and make your donation, or donate online at www.acha.org/ACHF
EXHIBIT HALL

PLAN TO VISIT THE EXHIBIT HALL
Room: Back Bay Conference and Exhibit Hall (Level 3)
Take time to visit our busy Exhibit Hall on Thursday and Friday. More than 80 exhibitors will display their health-related products or services. Name badges are required! If you do not have your name badge, you will not be granted access.

ACHA RAFFLE DRAWING
Friday, June 2, 1:00 pm
Drawings will be conducted on Friday, June 2 at 1:00 pm. Winners will be listed at the ACHA Info Booth, announced via the mobile app, and contacted following the meeting to have prizes shipped directly to you. To participate, drop your raffle tickets (available at registration upon check-in) in the appropriate tumbler inside the Exhibit Hall no later than 12:45 pm on Friday. You do not need to attend the drawing to win.

You’ll have a chance to win:
- A registration to ACHA’s 2024 Annual Meeting in Atlanta (2 winners)
- An ACHA E-Brochures packet (2 winners)

Those who complete the Exhibits Visitor Card will have a chance to win:
- Apple iPad (10th Gen)
- iRobot Roomba 694
- Beats Fit Pro Airbuds

BRAKFAST AND REFRESHMENT BREAKS
THURSDAY, JUNE 1
7:00 am
Opening Breakfast
Sponsored in part by Aetna Student Health

2:30 pm
Refreshments and Light Snacks
Sponsored in part by UnitedHealthcare Student Resources

FRIDAY, JUNE 2
7:00 am
Continental Breakfast
Sponsored in part by Wellfleet

SEATED CHAIR MASSAGE
Sponsored in part by Anthem Blue Cross Blue Shield
See page 9 for more details.

THURSDAY, JUNE 1
11:30 am-4:00 pm

FRIDAY, JUNE 2
9:00 am-1:00 pm

HOURS FOR THE EXHIBIT HALL

THURSDAY, JUNE 1
7:00 am-4:00 pm

FRIDAY, JUNE 2
7:00 am-1:30 pm

For an interactive Exhibit Hall floor plan and more information on the exhibitors, download and log into the ACHA 2023 Annual Meeting mobile app.
Campus Drug Prevention
www.campusdrugprevention.gov

HAVE YOU VISITED OUR WEBSITE LATELY?
Prevention Profiles: Take Five Podcast Series
Practitioner’s Toolbox
Prevention with Purpose Resources
Views from the Field
Sign up for email updates
Follow us on Twitter @deahq #deacampus
The ACHA Exhibit Hall is located in the Back Bay Conference and Exhibit Hall (Level 3)

It is open Thursday, June 1 from 7:00 am-4:00 pm, and Friday, June 2 from 7:00 am-1:30 pm
## EXHIBITORS

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<td>343</td>
</tr>
<tr>
<td>Wellfleet Student*</td>
<td>202</td>
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<tr>
<td>YOU at College</td>
<td>427</td>
</tr>
</tbody>
</table>

Join us in thanking our **Sustaining Members** for their continued support of ACHA and College Health and Wellness!
CONTINUING EDUCATION ADVISORS

Chair, Continuing Education Committee and Advisor for Continuing Education for Certified Health Education Specialists
Kathy Saichuk, MA, MCHES®
Louisiana State University, retired

Chair-elect, Advisor for Continuing Medical Education and Continuing Education for Family Physicians
Scott Henderson, MD
University of Missouri

Advisor for Continuing Nursing Education
Martha Davis, BSN, MBA
University of Georgia, retired

Advisor for Continuing Education for National Certified Counselors
Joy Himmel, PsyD, PMHCNS-BC, LPC, NCC
Old Dominion University

Advisor for Continuing Education for Social Workers
Drayton Vincent, MSW, LCSW, BCD
Louisiana State University, retired

Advisor for Continuing Education for Pharmacists
Deb Hubbell, RPh, FACHA
University of Connecticut, retired

Advisor for Continuing Education for Registered Dietitians and Nutritionists
Dawn Boyd Null, PhD, RD, LDN
Southern Illinois University

SECTION PROGRAM PLANNERS

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Nurse Administrators
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Nursing
Brenda Masiga-Crowell, DNP, MBA, RN, CNL
Purdue University

Pharmacy
Tabby Ragland, PharmD
Middle Tennessee State University

RELEVANT FINANCIAL RELATIONSHIP INFORMATION

None of the planners for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients, except:

Program Planning Committee member Ryan Patel, DO, who has disclosed that he owned or currently owns stock in Amgen, Bristol Myers, Abbvie, CVS pharmacy, Merck, Neurocrine Biosciences, GoodRx, Amwell, X-Vax, LB Pharmaceuticals, Dexcom, Inspire Medical, Resmed, Dermtek, Hims and Hers Health, Masimo, Novocure, Vertex Pharmaceuticals, Ocular Therapeutics, Transmedics, and Outset Medical.

All of the relevant relationships listed above have been mitigated.
ACKNOWLEDGMENTS

FELLOWS ADVISORY COMMITTEE

Committee Chair
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University of North Carolina-Wilmington

Board Liaison
Jessica Greher-Traue, MEd
Bentley University

Committee Members
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University of Wisconsin-Madison

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University of Georgia (retired)

Jamie Davidson, PhD, FACHA
University of Las Vegas-Nevada

Craig Roberts, MS, PA-C, FACHA
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Augusta University (retired)

Bryant Ford, PhD
Brown University

Deborah Mathis, APwwN, FACHA
University of Pennsylvania (retired)

Christopher Smith, MPH
Kenyon College

CONFERENCE HOTELS

ACHA gratefully acknowledges our conference hotels for their outstanding accommodations.

Boston Marriott Copley Place
Westin Copley Place
Courtyard Downtown Boston
Moxy Boston Downtown

A SPECIAL THANK YOU TO . . .

Body Works Massage Therapy Center

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Project Manager

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Production Resource Group (PRG)

AFFILIATE NETWORKING MEETINGS

ACHA's 11 affiliates have their own officers who provide leadership, guidance, and programming to members including conducting their own annual meetings. The affiliate network is a great way to get involved with college health.

COMMITTEE AND COALITION MEETINGS

ACHA coalitions and committees address a diverse range of exciting issues pertinent to ACHA and the health of college students, and they are a vital component of the association's work and mission. Coalitions are open to any members with an interest in the topic; committee membership is approved by the president. All meetings are open to all, but you must be a current ACHA member to join.

SECTION NETWORKING MEETINGS

ACHA's nine sections reflect the professional diversity of the individual members of ACHA. Each section elects or appoints its own section officers, who provide leadership, guidance, and programming for members, including selecting their own programs for the ACHA Annual Meeting. Your section is a great way to get involved with your peers and an even better place to take on a leadership role within the association.

SECTION NETWORKING MEETINGS

AFFILIATE NETWORKING MEETINGS

COMMITTEE AND COALITION MEETINGS

ACHA coalitions and committees address a diverse range of exciting issues pertinent to ACHA and the health of college students, and they are a vital component of the association's work and mission. Coalitions are open to any members with an interest in the topic; committee membership is approved by the president. All meetings are open to all, but you must be a current ACHA member to join.
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CHECK OUT THE ACHA MOBILE APP

ACHA is pleased to provide you with a mobile app for the 2023 Annual Meeting. With the app, you get all of the annual meeting information you need to know consolidated into the convenience of your mobile device. The app allows you to filter the schedule by tracks, including by date, CE type, badge, or event type; let’s you mark your favorites; and features interactive maps of the Exhibit Hall and hotel floor plans.

To download the ACHA 2023 Annual Meeting app, go to the app store and search for “ACHA 2023.” You’ll be asked to log in to access certain features. Use the four-digit ID on your badge to log in.

If you have any questions, visit the Speaker & CE Support Booth for assistance.

COMPLIMENTARY INTERNET ACCESS AVAILABLE

GUEST ROOMS

ACHA has negotiated and arranged complimentary internet access for you in guest rooms at the host hotels. Specific instructions will be available in your hotel room or through the front desk.

WIFI IN MEETING SPACE

Additionally, ACHA has purchased access to a limited amount of wireless internet bandwidth within the conference meeting space, intended only for light web browsing, web-based emailing and messaging, and use of the mobile conference app.

To connect:

1. View Available Wireless Networks
2. Connect to: Marriott_CONFERENCE
3. Enter the Password: ACHA23
4. Open your Web Browser, begin surfing.

Note that there is no wifi in the meeting space at the Westin.

WIFI NETWORK
Marriott_CONFERENCE
PASSCODE
ACHA23

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APH-610-0423 April 2023
Get the latest in college health news—follow ACHA on social media!

Follow us on social media to be entered in a raffle for a prize!

Scan the QR code for details.
GENERAL INFORMATION

WHERE TO GO FOR ASSISTANCE

All information areas are on the hotel's 4th level. See ‘Maps’ in the mobile app or in the center spread of the Final Program.

ACHA Info Booth

For information and inquiries about ACHA programs and services, including:
- National College Health Assessment
- Other research surveys
- Membership
- CCHN/Data Warehouse
- Publications from ACHA (e-brochures, special publications, and guidelines)
- College Health & Wellness Consulting

ACHF Booth

For information on American College Health Foundation (ACHF) projects and resources, plus
- Details on this year’s Matching Gift Challenge
- Make a donation

CoVAC Initiative Booth

For information and resources on the CoVAC Initiative (Campus COVID-19 Vaccination and Mitigation Initiative), including:
- The Storytelling Project
- Professional Education - Trustworthiness, Health Literacy & more
- Higher Education COVID-19 Community of Practice Discussion Forum
- Technical assistance for fall 2023 planning

Express Badge Pick-Up
- Lost and found
- Pre-registered attendee check-in and pick up:
  - name badge
  - tote bag
  - Final Program
  - CE Credit Instruction Packet
  - raffle card
- Earning continuing education credit questions (also see Speaker and CE Support Booth)
- Exhibit Hall questions

On-Site Registration
- New registrations (for those who did not pre-register)
- Balance due inquiries
- Name badge assistance
- Tickets for pre-conference workshops (for purchase if available)

Speaker and CE Support Booth
- Mobile app assistance
- Audio/visual equipment questions
- Earning continuing education credit questions
- Presider/Facilitator schedule
- Session handouts (drop off extra from sessions)
- Pickup CE packets for NASW, ACPE, and NBCC credit
- Poster presentation setup/dismantle questions

REGISTRATION AREA

Express Badge Pick-Up Booth, On-Site Registration Booth, ACHA Info Booth, ACHF Booth, CoVAC Booth, and Speaker and CE Support

Tuesday, May 30
7:00 am-6:00 pm

Wednesday, May 31
7:00 am-6:00 pm

Thursday, June 1
7:00 am-5:00 pm

Friday, June 2
7:00 am-5:00 pm

Saturday, June 3
7:00 am-11:00 am
The CoVAC Initiative is funded by a cooperative agreement between the American College Health Association and the Centers for Disease Control and Prevention.
WHAT’S IN A NAME?
You are required to wear your name badge to gain admission to all annual meeting events, including the Exhibit Hall, and Opening Reception. Note that the reception is at the Westin so check to make sure you have your badge with you before you walk over. If you don’t have your name badge, you may not be granted entry to conference events. But in addition to gaining you access to meeting sessions and events, your name badge contains several important pieces of information.

QR CODE
As an ACHA registrant, your contact information is conveniently encoded into your badge. With your permission only, exhibitors may scan the QR code or manually input your badge ID number and they will be provided your name, degree, title, company, address, phone number, email address, and area of practice. You may decline having your badge scanned if you do not wish to share your information. Just like handing out your business card, when you provide your contact information to exhibitors you are granting them permission to communicate with you. You will be subject to their communications and privacy policies and must opt-out with them directly.

PRE-CONFERENCE WORKSHOPS
If you purchased pre-conference workshop tickets in advance, the workshop code and a 1-2 word abbreviation of the title of the workshop will be printed on your name badge. This is your “ticket” into the workshop. Simply show your name badge to door monitor as you enter the room.

ACCESSORIZE YOUR BADGE
Visit the Badge Station for additional ribbons, stickers, and pins to accessorize your name badge. Wear your speaker ribbon proudly, let everyone know you are helping out as a presider or facilitator, or declare your ACHA section or affiliate. You can also pick up your 2023 meeting pin here, as well as pins from previous year’s meetings, if available.

SPOUSES/DOMESTIC PARTNERS AND CHILDREN
Spouses/domestic partners and children (13 years of age or above) who wish to participate in Annual Meeting events (including the Exhibit Hall, catered events, and business meetings) must be registered. Those who wish to attend ticketed events must purchase a separate ticket for those functions. Spouse/domestic partner/child registrants are not eligible for pre-conference workshops, and the registration fee does not include continuing education credits or certificates of attendance.

SPECIAL ACCOMMODATIONS
We have requested attendees to identify any special needs through pre-registration. If you require special services to participate in the meeting, please stop by the registration area for information. All meeting rooms and restrooms in the meeting area are wheelchair accessible.

MASKS AND DISTANCING
We recognize that attendees have varying degrees of comfort with masking and distancing, so please be respectful of your colleagues’ choices.

RESOURCE TABLES
Visit the resource tables located in the meeting registration area during the hours the ACHA Info Booth is open. Literature, posters, or extra speaker handouts can be placed here. Information promoting for-profit products or services may not be placed on these tables. Exhibitor materials are prohibited. Section, affiliate, and coalition information is welcome. Check back each day to see what’s new!
interested in finding out more about the work of ACHA’s committees, coalitions, and task forces?

If you are an ACHA member interested in joining a committee, you should speak to the committee chair and ask them to include your name in their roster when it is submitted to the ACHA president for approval.

If you are an ACHA member interested in joining a coalition, you should log into your ACHA member profile and check off the coalition you are interested in joining.

ACHA COMMITTEES, COALITIONS, AND TASK FORCES

SPEAKER READY ROOM

Room: Orleans/Falmouth

All speakers are required to check in with the AV tech in the Speaker Ready Room – whether you have submitted your slides in advance or not. If you submitted your slides in advance, you can still make changes by bringing updated slides on a memory device. The AV tech will go over your slides with you and give you important instructions for accessing your presentation from the laptop that will be used in your meeting room.

Tuesday, May 30
7:00 am-6:00 pm

Wednesday, May 31
7:00 am-6:00 pm

Thursday, June 1
7:00 am-5:00 pm

Friday, June 2
7:00 am-5:00 pm

Saturday, June 3
7:30 am-10:00 am

SESSION PRESENTATIONS

Session presentations/handouts – if they were provided to ACHA by the speaker – will be available to download from the ACHA website while you are at the meeting and for two months following the meeting. The web page will close on August 1, 2023, and the slides will no longer be available.

If new or updated slides were not provided to ACHA in advance of the meeting, current slides may not be available prior to the session. Please allow up to 48 hours for ACHA to post new slides.

To access the presentation web page, select Handouts from the mobile app menu or go to: www.acha.org/annualmeeting23/handouts.

Note: Slides for pre-conference workshops will only be made available to workshop registrants, with the presenters’ permission.

THURSDAY, JUNE 1

7:00 am
Opening Breakfast with Exhibitors
Room: Back Bay Conference Center and Exhibit Hall
Sponsored in part by Aetna Student Health

2:30 pm
Refreshments and light snacks
Room: Back Bay Conference Center and Exhibit Hall
Sponsored in part by UnitedHealthcare Student Resources

FRIDAY, JUNE 2

7:00 am
Continental Breakfast with Exhibitors
Room: Back Bay Conference Center and Exhibit Hall
Sponsored in part by Wellfleet

2:30 pm
Refreshments and light snacks
Room: 3rd floor Atrium

SATURDAY, JUNE 3

7:00 am
Continental Breakfast
Room: 3rd floor Atrium
Sponsored in part by the American College Health Foundation

Breakfasts and Refreshment Breaks

Complimentary for all attendees.

Wednesday, May 31
2:30 pm
Refreshments and light snacks
Room: 3rd floor Atrium
GENERAL INFORMATION

ALL GENDER RESTROOM
Everyone has the right to use a restroom safely and without stress.

There is one all gender restroom in the meeting space on the 4th floor. This restroom is indicated on the floor plan found on page 50-51 and is marked with signage both inside and outside the restroom.

An all gender designation means that this restroom is a welcoming place for all people. Transgender, gender non-conforming, and genderqueer people, as well as all others, are accepted in this space. If you choose to use this restroom, you agree to maintain a protective and welcoming environment by refraining from gender policing (i.e., scrutinizing, judging, or categorizing another person's gender). If you prefer to use a gendered restroom, those restrooms are also available and are indicated on the floor plan.

If you have questions about all gender restrooms, please contact members of the ACHA LGBTQ+ Health Coalition (information can be found on the ACHA website).

DINING OPTIONS
The Marriot Copley place offers the Yard House, known for great food, classic rock, an energetic vibe and the best selection of craft and local beers.

The Westin Copley Place offers Bar 10 and Fogo de Chao, an upscale, world-famous Brazilian Steakhouse. Both host hotels offer a Starbucks.

Additionally, there are more than 30 top-rated restaurants in Back Bay alone, including some of the best steakhouses and seafood in the city.

FEDEX OFFICE®
The FedEx Office Print & Ship Center in Marriott Copley Place (2nd floor) offers you everything you need to meet your convention exhibiting needs — from packing and shipping to signs, banners, office supplies, copying and printing services.

STORE HOURS:
Saturday: 8:30 am–12:00 pm
Sunday: CLOSED
Monday-Friday: 7:30 am-6:00 pm

AFFILIATE AND FUTURE ACHA ANNUAL MEETINGS

AFFILIATE ANNUAL MEETINGS

2023
New York State/New England College Health Association
October 18-20, 2023
Albany, NY

Mid-America College Health Association
October 19-21, 2023
West Lafayette, IN

North Central College Health Association
October 25-27, 2023
Maple Grove, MN

Check www.acha.org/ACHA/Networks/Regional_Affiliates.aspx for more information about other affiliate meetings.

2024: ATLANTA, GA
Atlanta Marriott Marquis
May 28-June 1, 2024

2025: NEW ORLEANS, LA
Hilton New Orleans Riverside
May 27-31, 2025

2026: DENVER, CO
Sheraton Denver Downtown Hotel
May 26-30, 2026
The theme is set. The wheels are turning. Planning is underway for ACHA 2024 in Atlanta!

Mark your calendar

It's not too soon to plan to gather again with 2,000 colleagues at the ACHA 2024 Annual Meeting, May 28-June 1, in Atlanta to invigorate, innovate, and Build Momentum for a Healthy Community.

Be a presenter

Program planning starts now!

A Call for Programs and Posters will launch in June 2023. We invite you to participate as a presenter to share your expertise, experiences, and ideas by submitting a proposal for consideration. The deadline to submit proposals will be September 11, 2023.

Watch for details in June at www.acha.org/annualmeeting24
POSTERS

Posters are visual presentations of successful programs on a variety of campuses and will be displayed in the Grand Ballroom Foyer. Poster presenters will be available for discussion and questions during session breaks on Thursday, June 1 and Friday, June 2. We encourage you to spend time learning about the innovative research and programs being conducted around the country, as featured in more than 50 posters displayed at this year’s meeting. This is a great opportunity to ask questions, pick up handouts, get presenters’ contact information, etc. These are not formal presentations; feel free to move from one poster to another.

See if you can guess who will win the top prizes for Emerging Practices in College Health, Advancing Health Equity, Research Advances in College Health, and Student Voices in College Health.

HOURS FOR POSTERS
THURSDAY, JUNE 1
7:00 am - 4:00 pm
FRIDAY, JUNE 2
7:00 am - 3:15 pm

P1 A Thematic Analysis of Diverse University Student Feelings and Communication about ADHD Diagnosis with Campus Community
Presenter(s): Mikaela Marie Alderite, Kevin Akakpo, Naftali Zeilinger, AA, Henry Bauman, BS, Tyre Johnson, BS, Erin Girio-Herrera, PhD, and Minha Asif (Towson University)

P2 Long COVID in Higher Education: Initial Student Cases and Requests for Accommodations
Presenter(s): Katherine Aquino, PhD (St. John's University)

P3 Systemic Allergic Reaction From Subcutaneous Immunotherapy (SCIT) and Timely Epinephrine Administration
Presenter(s): Amy Aycock, BSN (University of Georgia)

P4 The Impact of Mental and Physical Health on Productivity and Performance: An Analysis for UCSC Faculty and Staff
Presenter(s): Chrissie Bailey, MPA (University of Colorado Colorado Springs)

P5 The Transition to Post-Secondary Education: A Qualitative Examination of First-Person Narratives from University Students with ADHD
Presenter(s): Henry Bauman, BS, Naftali Zeilinger, AA, Minha Asif, and Tyre Johnson, BS, Erin Girio-Herrera, PhD, Brooke Wellminster, BS, and Mikaela Marie Alderite, BS (Towson University)

P6 Impact of Information Sources on Adherence to COVID-19 Related Safety Measures Among US College Students
Presenter(s): Md Khadimul Islam, MA (Wayne State University); Jahidul Islam Sarker, MSS (Kocaeli University)

P7 A Qualitative Assessment of Mental Health Literacy and Help-Seeking Behaviors among Male College Students
Presenter(s): Jennifer Bleck, PhD, MPH, NBC-HWC and Rita DeBate, PhD, MPH, NBC-HWC (University of South Florida)

P8 A Comparison of Remote and In-Person Modalities at a University-Based Wellness Coaching Program
Presenter(s): Jennifer Bleck, PhD, MPH, NBC-HWC; Rita DeBate, PhD, MPH, NBC-HWC and Sarah Scharf, MPH (University of South Florida)

P9 Matching NCHA & Student Success Data: Findings and Recommendations from San Francisco State
Presenter(s): Karen Boyce, LCSW (San Francisco State University)

P10 A Benchmark of Campus Interpersonal Violence Advocacy Services
Presenter(s): Nathan Q. Brewer, PhD, LICSW, QCSW (Boston University)

P11 Assessing Sexual/Reproductive Health Literacy in Undergraduate Students
Presenter(s): Simran Athwal, BS, Joanne Sarsam, and Claudia Brewer, BS (University of California, Los Angeles)

P12 The Role of Leadership in Establishing a Successful Okanagan Charter Adoption and Implementation Process: A Comparative Case Study Analysis of Health Promoting Universities.
Presenter(s): Sarah Brockway, EdD, OTR/L (Russell Sage College)

P13 Antibiotic Stewardship for Urinary Complaints: Retrospective Review of Urinary Complaints in Healthy, College Aged Students
Presenter(s): Ashley Brown, MSN, CRNP, Kathy McGovern, MSN, CRNP, and Kristen Ruina, MSN, CRNP (Haverford College)

Schedule subject to change. Check the ACHA mobile app for updates
**P14** Utilization of a Screening Tool and Referral Algorithm to Expedite Identification and Referrals of College Students Presenting with Symptoms Commonly Associated with Eating Disorder  
Presenter(s): Tracy Buni, MD (University of Virginia)

**P15** Health Insurance Education for College Students  
Presenter(s): Anya Chatterjee and Daniel Ghaly (The University of Texas at Austin)

**P16** Condom Fairy: Redesigning a More Inclusive Safer Sex Supply Program  
Presenter(s): Chen-Hong Tony Chen, MS and Nilagia McCoy, (Boston University)

**P17** Interdepartmental Collaborative Approach to Provide Equitable Access to COVID-19 Vaccines on Campus  
Presenter(s): Nicole Clark, DNP, RN, FNP-BC and Ann Payford, MSN, RN, ANP-BC, CHES (Oakland University)

**P18** Improving Patient’s Outcome by Utilizing a Breast Mass Tracking Process  
Presenter(s): Kristen Fabiszewski, MA, NP, Jessica Simpson, MD, Rose Darne, PA-C, Rosemary Tilmont-Kellum, PA-C, and Kimberly Fodran, MD (California State University, Long Beach)

**P19** Examining Mental Health Among Multiply Minoritized College Students: The Need for Intersectional Approaches  
Presenter(s): Rita DeBate, PhD, MPH, NBC-HWC and Jennifer Bleck, PhD, MPH, NBC-HWC (University of South Florida); Erika Thompson, PhD, MPH and Nolan Kline, PhD (University of North Texas Health Science Center)

**P20** Belonging: Student Voices Through PhotoVoice  
CANCELLED BY PRESENTER

**P21** Evaluation of a 4-Week Multicomponent Educational Sleep Hygiene E-Program for Undergraduate Students  
Presenter(s): Jennifer Diprete, MCHES, Yulia Drung, MA and Victoria Beltran, MPH, CHES, CSE (University of South Florida)

**P22** What Happens to College Students Who Seek Emergency Medical Services?  
Presenter(s): Elizabeth Edwards, MPH (University of Michigan, University Health Service); Aleksandra Stamper, MAS (University of Michigan)

**P23** Student Acceptability and Satisfaction with HIV Testing in a Non-Clinical, University Health Promotion Setting  
Presenter(s): Samantha Evans, MS, CHES, CWHC, Katherine Morgan, MS, CWHC, and Janelle Garcia, PhD, MCHES (University of Florida)

**P24** College-Aged Women’s Body Image and Social Media Usage throughout the COVID-19 Pandemic  
Presenter(s): Jessie Gentilella (University of Connecticut)

**P25** Assessing Nutritional Knowledge, Eating Habits, and Food Accessibility Among UT Austin Students in Light of the COVID-19 Pandemic  
Presenter(s): Daniel Ghaly and Anya Chatterjee (The University of Texas at Austin)

**P26** Increasing Access to Specialty Care Through eConsults  
Presenter(s): Stephanie Hartman, MD, Kim Dowdell, MD, and Meredith Hayden, MD (University of Virginia)

**P27** Psychiatric Consultation in Primary Care at Student Health: A Collaborative Care Program  
Presenter(s): Stephanie Hartman, MD and Lillian Mezey, MD, DFAPA, and Caroline Kim, BA (University of Virginia)

**P27A** Measuring Acuity and Complexity at Presentation for Care in a College Counseling Center  
Presenter(s): Lillian Mezey, MD, DFAPA and Kawai Tanabe, MPH (University of Virginia)

**P28** The Appropriateness of and Need for Weight Management Interventions on College Campuses: A Qualitative Inquiry  
Presenter(s): Jacqueline Hayes, PhD (The Miriam Hospital/Brown University)

**P29** Leaping from Clinician-Centric Scheduling to Student-Centric Scheduling  
Presenter(s): Cathryn Heath, MD and Lynn Fryer, MPH, MSN (Rutgers University)

**P30** A Review of Published Research on Peer Health Education Programs Delivered in the University Setting: What Works, What Doesn’t, and What Research is Still Needed?  
Presenter(s): Elizabeth Holt, PhD, Paige Dhyne, MSLIS, and Anna Cass, PhD (Furman University)
P31 | Relationship and Sexual Violence Among International College Students: Barriers to Reporting, and Strategies for Trauma-Informed Prevention and Response
Presenter(s): Sarah Hong, MPH, MIA and Asna Tabassum, BS (University of Southern California)

P32 | Students Who Have Serious Suicidal Ideation, Academic Distress, or Social Anxiety May Require Long-Term Counseling
Presenter(s): Ryo Horita, Nanako Imamura, MA, and Mayumi Yamamoto, MD, PhD, MBA (Gifu University)

P33 | Health Collaboration for All: Diversity and Inclusion of Health Education and Promotions on Campus and in the Community
Presenter(s): Phronie Jackson, PhD (The University of the District of Columbia)

P34 | Exploring the Parent-Student Relationship in College Students with ADHD: A Mixed Methodological Study
Presenter(s): Tyre Johnson, BS, Naftali Zeilinger, AA, Mikaela Alderite, BS, Minha Asif, and Erin Girio-Herrera, PhD (Towson University)

P35 | Mindfulness Matters: What Students Want in Mindfulness Programming
Presenter(s): Jennifer Kennymore, MPH, CWHC, MCHES (University of Florida)

P36 | Supporting Campus Mental Health with the National Standard of Canada for Mental Health and Well-Being for Post-Secondary Students
Presenter(s): Sandra Kappert, B.Comm (Mental Health Commission of Canada)

P37 | Access to Mental Health - A Model for College Counseling Centers
Presenter(s): Tony Lim, MD, Araceli Isenia, MSW, MEd, and Erik Marks, MSW, LICSW (MIT Medical)

P38 | Emergency Contraceptive Vending Machine: Student Organizing in a Post-Roe World
Presenter(s): Nicholas Lyons, Luis Rosales, BA, Dillon Tedesco, BA, and Mackenzie Pike (Boston University)

P39 | How Do We Evaluate "Vaginitis" Symptoms? How Should We?
Presenter(s): Dawn McAllister, MD, Roseann Neuberg, FNP-C, MSN, and Mary O’Brien, MD (Columbia University)

P40 | Utilizing Healthcare Equality Index (HEI) Certification to Address LGBTQ+ Health Disparities at Your Student Health Center
Presenter(s): Eugene J. Mehalik III, MPA (University of California Los Angeles)

P41 | Obesity on a College Campus: Understanding the Environmental Factors
Presenter(s): Wendi Middleton, PhD, CHES (Northeastern State University)

P42 | Weighing In on the Relationship Between Eating Disorders, Anxiety, and Sport Specific Factors Among Collegiate Student Athletes in Missouri
Presenter(s): Megan Mottola and Kayleigh Greenwood (University of Missouri - Columbia)

P43 | Don’t “Weigh” Me Down: Use of Blind Weights in College Health
Presenter(s): Donna Roberson, PhD, FNP-BC and Jeanne Finney, MS, RDN, LDN, LCMMHCA, NCC (East Carolina University)
**P53** Consent: Why it Matters and Why You Should Care  
Presenter(s): Annette Smiach, MSN, FNP-BC and Corrine Ausec, JD (Seton Hall University)

**P54** RN-Led STI Screening  
Presenter(s): Tamara Smith, BSN, RN, Angela Mazzei, MSN, RN, APRN, FNP-BC and Gary Kot, BA (Florida Atlantic University)

**P55** Why Do College Students Seek Emergency Services?  
Presenter(s): Aleksandra Stamper, MAS and Elizabeth Edwards, MPH (University of Michigan)

**P56** Another Season FLU By! The Evolution of RU Vaccine Clinic  
Presenter(s): Betty Stolarski, BSN, RN, Suzanne Rynkiewicz, BSN, RN, Selbourne Witter, RN, Christina Ferdinand, RN-BSN, and Maris Manguiat, BSN, RN (Rutgers University)

**P57** Perceptions of Physical, Mental, and Overall Wellbeing Among College Students  
Presenter(s): Colin H. Storm, PhD (Pepperdine University)

**P58** Are Some Left Out? A Study into Who is Benefitting From University Wellness Resources  
Presenter(s): Colin H. Storm, PhD (Pepperdine University)

**P59** Using a Multi-Faceted Approach to Increase Vaccine Confidence on a University Campus  
Presenter(s): Sarah Swartz, MPH, Mary Larson, PhD, MPH, RD, CDE, CHES, Elizabeth Crawford, PhD, Ellen Rubinstein, PhD, Shannon David, PhD, AT, Hannah Rayel, BA, and Alexandria Hicks, BA (North Dakota State University)

**P60** Examining Coping with the Stress of an ADHD Diagnosis in College Students: A Mixed Methodological Approach  
Presenter(s): Naftali Zeilinger, AA, Henry Bauman, BS, Minha Asif, Tyre Johnson, BS, and Erin Girio-Herrera, PhD (Towson University)
OVERALL PURPOSE
In keeping with the ACHA Strategic Plan, the purpose of the ACHA Annual Meeting is to provide high-quality education to college health professionals, students, and other stakeholders to enhance the skills and capacities needed to advance health and build healthier campus communities.

TARGET AUDIENCE
The target audience for the ACHA Annual Meeting includes college health professionals, students and other stakeholders.

COMMERCIAL SUPPORT
At the time of this posting, we have not received any commercial support.

SPONSOR DISCLOSURES
At the time of posting, sponsorship has been received from UnitedHealthcare Student Resources, Anthem Blue Cross Blue Shield, Wellfleet, Aetna Student Health, American College Health Foundation, Gallagher Student Health & Special Risk, and GeoBlue. See page 18 for a listing of meeting sponsors.

NON-ENDORSEMENT
ACHA does not endorse any products or services that are displayed or referred to in conjunction with this activity and is not responsible for the actual presentation of content during scientific sessions.

RELEVANT FINANCIAL RELATIONSHIP INFORMATION
Program Planning Committee: See page 16.
Speakers: See page 92.

SUCCESSFUL COMPLETION
In order to earn credits/contact hours and obtain a CE certificate, participants must:

• Be registered for the meeting.
• Attest via the online session evaluation site that each session for which credit/contact hours are requested was attended in its entirety. All online evaluations must be submitted by July 17, 2023.
• Complete additional steps for your discipline if applicable:
  • NASW: If requesting NASW credit for social workers, you must track your attendance at each session and submit a completed sign-in/out sheet. These sheets are available at the Speaker and CE Booth.
  • ACPE: If requesting ACPE credit for pharmacists, you must submit a completed attendance tracking sheet AND pass an online post-test (score of 80% or higher) for each session attended. Instruction packets are available at the Speaker and CE Booth.
  • NBCC: If requesting NBCC credit for certified counselors, you must track your attendance at each session and submit a completed sign-in/out sheet. These sheets are available at the Speaker and CE Booth.

ACHA guards against discrimination in selecting faculty or participants for continuing education activities, and makes every effort to maintain awareness of individual differences with respect to the following, listed in alphabetical order: age; gender identity, including transgender; marital status; physical size; psychological/physical/learning disability; race/ethnicity; religious, spiritual, or cultural identity; sex; sexual orientation; socioeconomic status; veteran status. Faculty are chosen for their expertise to meet specific needs of trainees and their availability. Faculty and participants are not asked to identify any sensitive information and no selection is made on the basis of the individual differences listed above.

CE credits are listed on the sessions and events pages. Check the ACHA Mobile App for any updates to the schedule.
CONTINUING EDUCATION STATEMENTS

CME: The American College Health Association (ACHA) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

ACHA designates this live activity for a maximum of 24 AMA PRA Category 1 credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP-P: The AAFP has reviewed ACHA 2023 Annual Meeting and deemed it acceptable for up to 23.00 Live AAFP Prescribed credits. Term of Approval is from 05/30/2023 to 06/03/2023. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CNE: This nursing continuing professional development activity was approved by Montana Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center’s Commission on Accreditation.

CHES®/MCHES®: Sponsored by ACHA, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES®) and/or Master Certified Health Education Specialists (MCHES®) to receive up to 24 total Category 1 continuing education contact hours. Maximum advanced-level contact hours available are 23.

PsyCE: ACHA is approved by the American Psychological Association to sponsor continuing education for psychologists. ACHA maintains responsibility for this program and its content. This program has been awarded 23 hours of continuing education for psychologists.

NBCC: The American College Health Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6397. Programs that do not qualify for NBCC credit are clearly identified. ACHA is solely responsible for all aspects of the program.

NASW: This program is Approved by the National Association of Social Workers (Approval # 886508715-6698) for 23 continuing education contact hours.

CPEU: This activity has been approved by the Commission on Dietetic Registration for 23 CEUs.

ACPE: The University of Maryland School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The 2023 ACHA Annual Meeting and Pre-Conference Workshops has been approved for a total of 24.5 contact hours (.245 CEUs) of knowledge-based continuing education targeted to pharmacists in college health ambulatory settings. Participants may earn a maximum of 18 contact hours (.18 CEUs) of pharmacy continuing education credit. All ACPE-approved activities are knowledge-based.

CONTINUING EDUCATION KEY

CME
Identifies the CE credit hours available to physicians and physician assistants.

AAFP-P
Identifies the Prescribed credit hours available to members of the American Academy of Family Physicians.

CNE
Identifies the CE contact hours available to nurses.
Note: Pharmacology credits, when available, are listed after the total number of contact hours (e.g., CNE:1.5/.75)

CHES®
Identifies the CE contact hours available to Certified Health Education Specialists.

MCHES®
Identifies the advanced-level contact hours available to Master Certified Health Education Specialists.

PsyCE
Identifies the CE credit hours available to psychologists.

NBCC
Identifies the NBCC approved clock hours available to national certified counselors.

NASW
Identifies the CE credit hours available to social workers.

CPEU
Identifies the continuing professional education hours available to Commission on Dietetic Registration (CDR) credentialed practitioners.

ACPE
Identifies the CE contact hours available to pharmacists.
Get expert advice on your campus health or wellness services with ACHA Consulting.

Who We Are

ACHA’s College Health and Wellness Consulting team consists of expert college health and wellness center leaders with a range of expertise and demographics that align with the diversity of campus size and type. Our expert consultants can assist your health and wellness services evolve and adapt to improve your students’ well-being and academic success.

What We Do

Our consultants conduct a thorough review of your health and wellness services and provide customized recommendations in response to your needs that provide you with a solid foundation for making changes. Whether you need advice on funding models, an evaluation of your staffing model, strategies to meet the rising student demand for mental health services, or more, ACHA Consulting can help.

What Clients Say

“The entire process was of great benefit, to both staff and consumers, helping to confirm the position of the student health center and supporting the quality of care provided and quality of staff available at the center.”

“Having experts in the field validate our needs and direction for enhancements of services has given us a blueprint for us for the next decade and beyond.”

Visit www.acha.org/Consulting to get started.
TUESDAY EVENTS, MEETINGS, & PRE-CONFERENCE WORKSHOPS

MEETINGS, DISCUSSION GROUPS, AND NETWORKING EVENTS

7:00 am - 6:00 pm
Registration

12:00 pm - 1:00 pm
ACHA Leaders’ Appreciation Lunch
Room: Staffordshire (Westin) (invitation only)

1:00 pm - 4:00 pm
ACHA Leadership Meeting with Board of Directors
Room: Regis (invitation only)

5:00 pm - 6:00 pm
Mid-Atlantic College Health Association Executive Committee
Room: Wellesley
Southern College Health Association Executive Committee
Room: Simmons
Southwest College Health Association Executive Committee
Room: Columbus I
Administration Section Executive Committee
Room: Maine
Advanced Practice Clinicians Section Executive Committee
Room: Vermont
Mental Health Section Executive Committee
Room: Columbus II
Nurse Administrators Section Executive Committee
Room: Tremont
Nursing Section Executive Committee
Room: Salon H-I
Pharmacy Section Executive Committee
Room: Northeastern
Advocacy Committee
Room: Suffolk
Campus Safety and Violence Coalition
Room: Boylston
Emerging Public Health Threats and Emergency Response Coalition
Room: Harvard
Sports Medicine Coalition
Room: Provincetown
Travel Health Coalition
Room: Salon J-K
Reproductive Rights Task Force
Room: New Hampshire

6:15 pm - 7:15 pm
New York State College Health Association Executive Committee
Room: Vermont
Clinical Medicine Section Executive Committee
Room: Columbus I
CCHN LeadershipTeam and CCHN Volunteer Experts joint meeting
Room: Provincetown
Vaccine-Preventable Diseases Advisory Committee
Room: Simmons
Community College Health Coalition
Room: Wellesley
Faculty and Staff Health and Wellness Coalition
Room: Boylston
Integrated College Health Coalition
Room: Tremont
Spirituality and Wellness Coalition
Room: Suffolk
No matter where you are in your career, the ability to tap into a community of peers is a great way to stay informed about what’s happening on other campuses, receive support on everyday work challenges, and contribute your expertise to help others!

Questions?
Email us at contact@acha.org.

www.community.acha.org
Tickets are required for all pre-conference workshops, which are open to all meeting attendees (excluding spouses/partners).

**9:00 AM – 12:00 PM**

1. **Crash Course for New College Health Primary Care Clinic Managers**
   - **Room:** Wellesley
   - **CME:** 3  **AAFP:** 3  **CNE:** 3  **CPEU:** 3
   - After this session, attendees should be able to:
     1. Explain core elements of clinic operations and tools to monitor important metrics and quality of care.
     2. Discuss strategies to mitigate unconscious bias when hiring new staff.
     3. Describe strategies for maximizing staff engagement.
     4. List resources to further professional development and deepen skill set.
   - **Presenter(s):** Amelita Maslach, MD (University of Michigan)
   - **Presider:** Cathy Pettid (University of Nebraska at Omaha)
   - **Facilitator:** James Perrott, RN, BSN (Wake Forest University)

2. **Developing a Strategic Framework for Evaluating Your Health and Wellness Coaching Programs**
   - **Room:** Boylston
   - **CNE:** 3  **CHES:** 3  **MCHES:** 3  **NASW:** 3  **CPEU:** 3
   - After this session, attendees should be able to:
     1. Differentiate between the three types of evaluation used for health and wellness coaching programs.
     2. Identify health and wellness coaching evaluation indicators for each type of evaluation.
     3. Discuss various measurement tools used to gather evaluation-specific indicators for health and wellness coaching.
     4. Describe methods for summarizing data findings and reporting to various stakeholder groups.
   - **Presenter(s):** Jennifer Bleck, PhD, MPH, NBC-HWC, and Rita DeBate, PhD, MPH, NBC-HWC, FAAHB, FAED (University of South Florida)
   - **Presider:** Jennifer Langenwalter, MPH, NBC-HWC, CHES (California State University, Fullerton)
   - **Facilitator:** Kristen Corcoran, RN, BSN, NBC-HWC, TTS (Skidmore College)

3. **Achieving AAAHC Accreditation for College Health, Part 1**
   - **Room:** Tremont
   - **CME:** 3  **AAFP:** 3  **CNE:** 3  **CHES:** 3  **MCHES:** 3  **NASW:** 3  **CPEU:** 3
   - After this session, attendees should be able to:
     1. Identify the steps required to start the process of getting ready for accreditation.
   - **Presenter(s):** Kelly Gorman, MSc (University at Albany); Marian Trattner, MSW (Wake Forest University); Joleen Nevers, MAEd, CHES, CSE, CSES (University of Connecticut)
   - **Presider:** Frieda Turner (Sam Houston State University)
   - **Facilitator:** Warren Whitfield (University of California, Berkeley)

2. **Dismantling White Supremacy and Healing Racial Trauma: Ending Racist Practices in College Health – Part 1**
   - **Room:** Simmons
   - **CNE:** 3  **CHES:** 3  **MCHES:** 3  **PsyCE:** 3  **NBCC:** 3  **NASW:** 3  **CPEU:** 3
   - After this session, attendees should be able to:
     1. Define terminology related to racism.
     2. Discuss broad history of racism within the U.S., including throughout the field of public health.
     3. Identify how participants reinforce white narratives through their roles on their campus.
     4. Describe strategies that can be incorporated into practice to center anti-oppression on campuses.
   - **Presenter(s):** Joy Himmel, PsyD, LCPC, NCC, RN, MA, BSN (Old Dominion University); Valerie Kiefer, DNP, APRN (University of Connecticut)
   - **Presider:** Heidi Orth, PharmD (University of North Carolina Wilmington)
   - **Facilitator:** James Huang, MD (Gallaudet University)
TUESDAY PRE-CONFERENCE WORKSHOPS

9:00 AM – 12:00 PM (CONT.)

5 Talking To Students About Cannabis and Psychedelics

Room: Suffolk

CME: 3  AAFP: 3  CNE: 3  CHES: 3  MCHES: 3  PsyCE: 3  NBCC: 3  NASW: 3  CPEU: 3

After this session, attendees should be able to:
1. Describe cannabis and psychedelics in cultural landscape.
2. Identify cannabis and psychedelics in the realm of student experience.
3. Discuss ways to engage students.
4. Identify what lies beyond engagement.

Presenter(s): Paul Schmitz, BA (Collective Impact Forum); Dominique Samari, JD (P3 Development Group)
Presider: Andrea Kimura, MEd, CHES (University of Missouri)
Facilitator: Sarah Van Orman, MD, MMM, FACHA (University of Southern California, Keck School of Medicine, Department of Family Medicine)

6 Collective Impact: Practices that Support Effective Collaboration to Achieve Big Impacts

Room: Provincetown

CME: 3  CHES: 3  MCHES: 3  NASW: 3  CPEU: 3

After this session, attendees should be able to:
1. Describe the fundamental definition and conditions that support collective impact.
2. Describe how a results-based strategy guides clear commitment from collaborative partners.
3. Describe how coalitions adapt the structure of their coalitions around their strategies.

7 Dashboards, Trustees and Advisory Groups: Leadership Approaches for Effectively Telling the Story of Health and Well-Being on your Campus

Room: Salon H-I

CME: 3  AAFP: 3  CNE: 3  CHES: 3  MCHES: 3  PsyCE: 3  NBCC: 3  NASW: 3  CPEU: 3

After this session, attendees should be able to:
1. Identify opportunities to more effectively collect their own data to tell the larger health and well-being story.
2. Identify opportunities to more effectively share their data to tell the larger health and well-being story.
3. Identify collaborative strategies amongst other offices within the health and well-being portfolio on their campuses.

8 Motivational Interviewing Skill-Building Applied in Healthcare Settings

Room: Boylston

CME: 3  AAFP: 3  CNE: 3  CHES: 3  MCHES: 3  PsyCE: 3  NBCC: 3  NASW: 3  CPEU: 3

After this session, attendees should be able to:
1. Explain core components of Motivational interviewing (MI).
2. Define discord.
3. Differentiate between sustain talk, change talk, and discord.
4. Describe how to apply MI skills of OARS (open questions, affirmations, reflective listening, and summary reflections) to intentionally attend to change talk.

Schedule subject to change. Check the ACHA mobile app for updates.
5. Describe how to respond to discord to realign with patient goals in order to maintain a positive working relationship.

Presenter(s): Chris Rzengota, MA, LPC, LSATP, and Lisa Campo, DNP, ANP-BC (George Mason University)

Presider: Sarah Templeton, BNP-FNP-C (Biola University)

9. Strategies and Processes for Developing and Enhancing Integrated Health and Wellness Services

Room: Suffolk

CME: 3  CNE: 3  CHES: 3  NASW: 3  CPEU: 3

After this session, attendees should be able to:

1. Identify change theory strategies.
2. Explain organizational structures and philosophical models that can support integrated care.
3. List programs and services that enhance integrated care models.
4. Identify strategies for centering integrated care within a diversity, equity, inclusion, and accessibility framework.

Presenter(s): Cory Wallack, PhD, Rachel Evans, MS, MCHES, Carrie Brown, PhD, Kathleen Coughlin, MPA, Tanya Williamson, PhD, and Matt Hackett, MS (Syracuse University)

Presider: Sherra Watkins, PhD (University of Utah)

Facilitator: Kathy Carstens, BNS, RN-BC (Davidson College)

10. Serving Student Veterans: Core Competencies for Healthcare Providers and Campus Personnel

Room: Vermont

CME: 3  CNE: 3  CHES: 3  PsyCE: 3  NBCC: 3  NASW: 3  CPEU: 3

After this session, attendees should be able to:

1. Describe how to substantiate military connected students as an area of multi-cultural diversity to improve client engagement.
2. Discuss how to communicate campus challenges faced by student veterans and service members.
3. Identify recommendations designed to enhance student outreach opportunities specific to student veterans and service members to improve clinical and academic outcomes.
4. Distinguish common clinical presentations of student veterans and service members in college and university counseling centers.

Presenter(s): Kevin Holloway, PhD (Uniform Services University of the Health Sciences)

11. Achieving AAAHC Accreditation for College Health -- Part 2

Room: Tremont

CME: 3  AAFP: 3  CNE: 3  CHES: 3  MCHES: 3  NASW: 3  CPEU: 3

After this session, attendees should be able to:

1. Identify the applicable adjunct chapters required for accreditation compliance.
2. Identify the components necessary for a more effective QI study.
3. Identify common deficiency areas in college health.

Presenter(s): Joy Himmel, PsyD, LCPC, NCC, RN, MA, BSN (Old Dominion University); Valerie Kiefer, DNP, APRN (University of Connecticut)

Presider: Ashley Campos (University of California Berkeley)

Facilitator: Kitty Carter-Wicker, MD (Morehouse School of Medicine)

12. Gender Affirming Services in a Primary Care Setting: A Review of Best Practices and Standards of Care

Room: Salon H-I

CME: 3  AAFP: 3  CNE: 3/90  CHES: 3  PsyCE: 3  NASW: 3  CPEU: 3  ACPE: 3 (UAN: 0025-9999-23-045-L01-P)

After this session, attendees should be able to:

1. Describe best practices for creating a successful transgender health program.
2. Identify current best practice guidelines, their history, and the specific release of WPATH SOC8.
3. Summarize the approach to gender affirming medical care through informed consent.
4. Describe the process of initiating gender affirming hormone therapy (estrogen, anti androgens, testosterone).
5. Discuss preventive health considerations for TDG individuals.

Presenter(s): Julie Thompson, PA-C, AAHIVS (Fenway Health)

Presider: Tabby Ragland, PharmD (Middle Tennessee State University)

Facilitator: Megan Winsor-Lovely (University of Maryland)
13 Dismantling White Supremacy and Healing Racial Trauma: Ending Racist Practices in College Health – Part 2

Room: Simmons

CME: 3  CHES: 3  MCHES: 3  PsyCE: 3
NBCC: 3  NASW: 3  CPEU: 3

After this session, attendees should be able to:
1. Identify strategies that can be incorporated into practice to center anti-oppression on campuses.
2. Describe how to create an action plan consisting of time-bound increments with action items scored according to perceived difficulty of implementation.
3. Describe how to apply strategies that center anti-oppression practices that participants can utilize on their campus.

Presenter(s): Kelly Gorman, MSc (University at Albany); Marian Trattner, MSW (Wake Forest University); Joleen Nevers, MAEd, CHES, CSE, CSES (University of Connecticut)

Presider: Janna Buckwalter, LMHV (Cornell University)

Facilitator: Elizabeth Magill, RN, BSN, MA (Susquehanna University)

14 Healthcare is for Healing: Using Behavioral Threat Assessment and Management to Support Student and Campus Safety and Well-Being

Room: Wellesley

CME: 3  CNE: 3  CHES: 3  PsyCE: 3
NBCC: 3  NASW: 3  CPEU: 3

After this session, attendees should be able to:
1. Name five elements comprising a comprehensive approach to violence prevention in healthcare.
2. Identify three focused considerations for implementing behavioral threat assessment and management best practices in healthcare.
3. Identify clinically relevant protective factors that decrease the likelihood of violent behaviors in health care and other venues.
4. Enumerate three core needs of personnel directly following critical events.

Presenter(s): Lynn Van Male, PhD, CTM (Oregon Health and Science University; Private Consultant; US Veterans Health Administration); Philip Saragoza, MD (University of Michigan Medical School and Work Trauma Services, Inc.)

Presider: Barbara Lewis, MD (Harvard University)

Facilitator: Tammy Walsh, EdD (Ringling College of Art and Design)

15 Advancing Equity in Collective Impact

Room: Provincetown

CME: 3  CNE: 3  CHES: 3  MCHES: 3
NASW: 3  CPEU: 3

After this session, attendees should be able to:
1. Discuss the fundamental definition and conditions that support collective impact.
2. Describe how a results-based strategy guides clear commitment from collaborative partners.
3. Discuss how coalitions adapt the structure of their coalitions around their strategies.
4. Describe the leadership practices that support effective collaboration: asset-based community engagement, equity and inclusion, trust, continuous learning, and accountability.

Presenter(s): Paul Schmitz, BA (Collective Impact Forum); Dominique Samari, JD (P3 Development Group)

Presider: Andrea Kimura, MEd, CHES (University of Missouri)

Facilitator: Eileen Hineline, MS, RN-BC (Barry University)
Do you have a comprehensive picture of your students’ health and well-being?

Having current, relevant data on your students’ health can be your guide to achieving a healthier campus and strengthening student success.

Join more than 1,000 other schools using the ACHA-NCHA to get a comprehensive picture of their students’ health and well-being, behaviors, and impediments to academic performance.

Learn more at www.acha.org/NCHA.
WEDNESDAY
EVENTS,
MEETINGS,
& GENERAL SESSIONS

MEETINGS, DISCUSSION GROUPS,
AND NETWORKING EVENTS

7:00 am - 6:00 pm
Registration

7:30 am - 8:30 am
Newcomers’ Orientation:
Navigating the ACHA Annual Meeting
Room: Essex Ballroom (Westin)
Is this your first ACHA Annual Meeting? If so, make sure you join us for this informal networking event. You’ll be surrounded by colleagues who are asking the same questions as you are. And there will be plenty of seasoned meeting veterans on-hand — who remember what their first meeting was like -- to help you make the most out of your meeting experience.

9:00 am - 9:45 am
JACH Executive Editors’ Meeting
Room: Tremont
College Health and Wellness Consulting
Room: Simmons
Discussion will cover an overview of the services of the CHWC program. See if a consultation is the right strategy to move your wellness, health, or counseling program forward.

Nurse Administrators Networking
Room: 3rd Floor Atrium
Nurse Administrators and Nurse Directors are all invited to bring your favorite coffee to network and collaborate with other section members!

Registered Dietitians Networking
Room: Harvard
Discussion will include mutual areas of interest among fellow dietitians in providing care to students.

BIPOC Affinity Group Meeting
Room: Wellesley
Affinity groups are spaces where individuals with shared identities come together for discussions and reflections. This year, we will bring together groups based on racial or ethnic background. Although each person may share multiple identities, affinity groups are intended for those who can speak to that group’s collective racial or ethnic identity and experience from the “we” or “I” perspective. These spaces are for you to speak about your own identity, not to learn about the racial or ethnic identity of others.

White-Identified Reflection and Action Space
Room: Suffolk
This space is for white-identified folx who are interested in starting or furthering their anti-racist practice. A crucial part of anti-racism work for white people is examining and deconstructing their whiteness and white privilege. Wherever you fall in the process of practicing anti-racism and deconstructing your whiteness and white privilege, we invite you into this space to explore how we can individually and collectively create a more anti-racist approach within college health and at ACHA.

Schedule subject to change. Check the ACHA mobile app for updates.
10:00 am - 11:30 am
Opening General Session/Keynote Address
Room: Grand Ballroom
Join your colleagues to hear Keynote Speaker Laurie Santos, PhD. See Featured Events for more information.

12:00 pm - 1:00 pm
ACHA section meetings are open to all members of the section.

Administration Section
Room: Wellesley

Advanced Practice Clinicians Section
Room: Simmons

Clinical Medicine Section
Room: Provincetown

Mental Health Section
Room: Salon H-I

Nursing Section
Room: Suffolk

Nurse Administrator Section
Room: Salon J-K

Pharmacy Section
Room: Harvard

Health Promotion Section Member Welcome Session
Room: Salon B-D
Note that the Health Promotion Section conducted their section meetings prior to this meeting. If you have questions, contact the section chair.
All Health Promotion Section members are invited to this bring-your-own-lunch gathering. Whether you are brand new to ACHA or have been coming for years, this is an opportunity for you to relax and network with other members of the section. Participants will get an opportunity to meet and connect with other HP Section members from across the country.

5:45 pm - 6:45 pm
New England College Health Association Executive Committee
Room: Suffolk

LGBTQ+ Health Coalition
Room: Wellesley

Sexual Health Coalition and Promoting LGBTQIA+ Equity Task Force
Room: Salon J-K

Wellness Needs of Military Veteran Students Coalition
Room: Salon H-I

AVP/AVCs Health & Well-Being Task Force
Room: Simmons

6:00 PM - 7:00 PM
ACHA Opening Reception
Room: Essex Ballroom (Westin)
Join fellow meeting attendees at the Opening Reception, where we will have light appetizers and a cash bar while we network with our friends and colleagues in an informal atmosphere.

7:00 pm - 8:00 pm
ACHA Awards and Fellows Ceremony
Room: Staffordshire (Westin)
Come celebrate with your colleagues as we honor the 2023 Award Recipients and Fellows. See Featured Events page for more information. Name badges are required for all events.

GO MOBILE!
Get all the meeting information you need to know in the convenience of your mobile device, including
Filter schedule by date, CE type, badge, or event type
An interactive exhibit hall map to plan your visit
Mark your favorites to create your personal schedule for the week.
To download the app, go to the app store and search for “ACHA 2023.”
10:00 AM - 11:30 AM

16  Keynote Address: Happiness: How to Feel Better in Difficult Times

Room: Grand Ballroom
CME: 1  AAFP: 1  CNE: 1  CHES: 1
MCHES: 1  PsyCE: 1  NBCC: 1  NASW: 1
CPEU: 1

After this session, attendees should be able to:
1. Identify some of the most common misconceptions about what makes us happy.
2. List five behaviors that psychology research suggests can help us live a more satisfying life.

Presenter(s): Laurie Santos, PhD (Yale University)

1:30 PM – 2:30 PM

17  Centrality in Well-Being: A New Perspective on Individual Well-Being

Room: Salon E
CME: 1  CHES: 1  NBCC: 1  NASW: 1
CPEU: 1

After this session, attendees should be able to:
1. Define centrality and explain well-being from a centrality framework.
2. Identify what it means to care for self.
3. Identify what it means to relate to others.

18  Eye Concerns in College Health

Room: Salon F
CME: 1  AAFP: 1  CNE: 1
CPEU: 1  ACPE: 1 (UAN: 0025-9999-23-046-L01-P)

After this session, attendees should be able to:
1. Identify which eye concerns should be referred immediately to an eye care professional.
2. Identify dry eye and conjunctivitis.

Presenter(s): Dina Kakish, OD, FAAO (University of Michigan)
Presider: Perla Andrade, CMA (Pacific University)
Facilitator: Joyce McNeill, MPH, MN, CNM (University of Pennsylvania)

19  The Impacts of Spiritual Health on Student Well-Being

Room: Wellesley
CME: 1  CNE: 1  CHES: 1  NASW: 1
CPEU: 1

After this session, attendees should be able to:
1. Discuss the importance of spiritual health.
2. Describe how to assess spiritual health within their health centers.
3. Discuss how to help students navigate their spiritual journeys.

Presenter(s): Keith R. Anderson, DMin (Liberty University)
Presider: Andreea Baker, MSN, BSN (Doane University)
Facilitator: Santee Ezell, MS, CHES, CPM, CNP (Mississippi State University)

20  The Well-Being Improvement Survey for Higher Education Settings (WISHES)

Room: Salon B-D
CME: 1  CNE: 1  CHES: 1  MCHES: 1
CPEU: 1

After this session, attendees should be able to:
1. Describe the genesis of the TAiHE collaboration and its main goals.
2. Identify the key players involved in the design of the WISHES survey tool.
3. Name the major domains/measures of well-being identified in the WISHES survey.
4. Describe the major findings of student well-being assessed from the WISHES survey.
22. **DEA Today**

**Room: Provincetown**

CME: 1  AAFP: 1  CNE: 1/20  CHES: 1  CPEU: 1  ACPE: 1 (UAN: 0025-9999-23-047-L03-P)

After this session, attendees should be able to:

1. Describe the dangers of illicit pill usage.
2. Describe what DEA is doing to combat this crisis.
3. Describe how to explain information clearly to patients.

**Presenter(s):**
- Noah Herzon, MBA (Drug Enforcement Administration)
- Tabby Ragland, PharmD (Middle Tennessee State University)
- Michele Frontale, RPh (Syracuse University)

**Presider:**
- Andrea L. Kimura, MEd, CHES (University of Missouri-Columbia)

**Facilitator:**
- Michele Frontale, RPh (Syracuse University)

21. **CCHN Update: A Deep Dive into the Institutional Profile Survey Results**

**Room: Salon J-K**

CME: 1  CNE: 1  CHES: 1  MCHES: 1  CPEU: 1

After this session, attendees should be able to:

1. Describe the types of college health benchmarks collected with the ACHA CCHN Annual Institutional Profile Survey (IPS).
2. Describe results from the IPS and trends in the findings over the last 5 academic years.
3. Identify next steps for future development of the Connected College Health Network (CCHN).

**Presenter(s):**
- Mary Hoban, PhD, MCHES (American College Health Association)
- Sarah Van Orman, MD, MMM (University of Southern California, Keck School of Medicine, Department of Family Medicine)
- Michael Huey, MD (Emory University, retired)
- Mary Schmidt-Owens, PhD (University of Central Florida)

**Presider:**
- Michael Huey, MD (Emory University, retired)

**Facilitator:**
- Mary Schmidt-Owens, PhD (University of Central Florida)

23. **Got Grit?: Practical Ideas for Counselors to Understand and Identify Wellness Strategies to Develop Resiliency Among College-Aged Clients**

**Room: Suffolk**

CNE: 1  CHES: 1  PsyCE: 1  NBCC: 1  CPEU: 1

After this session, attendees should be able to:

1. Compare the difference between grit and resilience, and how these essential components of wellness contribute to the importance of being a successful college student.
2. Identify effective ways to increase grit and resilience to bolster their client's perception of wellness and internal locus of control.

**Presenter(s):**
- Adam Dodge, JD (EndTab, LLC)
- Andrea L. Kimura, MEd, CHES (University of Missouri-Columbia)
- Debra Stephens, BFA (School of the Art Institute of Chicago)

**Facilitator:**
- Debra Stephens, BFA (School of the Art Institute of Chicago)

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This session is partially sponsored by the American College Health Foundation UnitedHealthcare Student Resources Fund
1:30 PM – 2:30 PM (CONT.)

25 A Statewide Peer Coaching Program: What Students Are Looking For and How They Benefit

Room: Simmons
CNE: 1  CHES: 1  CPEU: 1

After this session, attendees should be able to:
1. Differentiate between types of peer support programs.
2. Describe student needs when they come to peer coaching.
3. Describe the impact that the peer coaching program has had for students and the state of Utah.

Presenter(s): Kris Coles, EdD (Utah System of Higher Education)
Presider: LaNika Wright, PhD, WHNP-BC (East Carolina University)
Facilitator: Heidi Garcia, MSE (University of Kansas)

26 An Integrated Multidisciplinary Early Identification and Triage of College Students at Risk for Anxiety and Depression

Room: Salon G
CME: 1  AAFP: 1  CNE: 1  PsyCE: 1
NBCC: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:
1. Describe mental health impacts on college students and campus resources.
2. Describe one method of implementing a proactive, multidisciplinary approach to identifying students at risk for anxiety and depression, and connecting them with timely and appropriate care.

27 ACHA Gun Safety Task Force Report

Room: Vermont
CME: 1  CNE: 1  CHES: 1  CPEU: 1

After this session, attendees should be able to:
1. Describe gun ownership in the USA.
2. Describe the impact of campus gun violence.
3. Describe current and potential promising practices for mitigating gun violence on colleges and universities.
4. Explain advocacy to reduce gun violence on campus.

Presenter(s): Belinda Vea, PhD (University of California); Jake Baggott, MLS (University of Wisconsin, Madison); Robert Jones, MD (The University of North Carolina at Charlotte); Sara Nimmo, MBA (Missouri State University); Kim Webb, MEd, LPC (Washington University in St. Louis); Keith Williamson, MA (Midwestern State University)
Presider: Brian Victor, PhD (University of North Carolina Wilmington)
Facilitator: Rae Fletcher, PhD (University of Illinois Urbana-Champaign)

28 Contraceptive Counseling in the College Health Setting: Finding the Most Effective Method for Your Patient

Room: Salon G
CME: 1  AAFP: 1  CNE: 1  CHES: 1  CPEU: 1

After this session, attendees should be able to:
1. Discuss components of performing an effective new patient consultation.
2. Review available birth control options, risks/benefits, and commonly used decision making tools through cases.
3. Discuss relevant updates in contraceptive medicine.

Presenter(s): Allie Schwartz, MD and Nasreen Ghazi, MD (Florida Atlantic University)
Presider: Elizabeth Cardinale, MD (Penn State University)
Facilitator: Robert Stines, DNP (The School of the Art Institute Chicago)

3:00 PM – 4:00 PM

29 Extending Student Healthcare Access Through Campus-Based Pharmacies

Room: Vermont
CNE: 1  NASW: 1  CPEU: 1  ACPE: 1
(UAN: 0025-9999-23-048-L04-P)

After this session, attendees should be able to:
1. Describe ways in which campus-based pharmacies can help to increase student healthcare access.
2. Identify facilitators and barriers to implementation of campus-based pharmacy services.
3:00 PM – 4:00 PM (CONT.)

3. Identify opportunities for creation and implementation of campus-based pharmacy services at their institution.

Presenter(s): Ashley Meredith, PharmD, MPH, BCACP, BCPS, CDGES, Treliss Rudd, PharmD, and Nicole Noel, PharmD (Purdue University)
Presider: Deborah Hubbell, RPh, FACHA (University of Connecticut, retired)
Facilitator: Carla Bolek, MSN (University of Chicago)

30 Project ACCESS: Mitigating Risk for HIV and Substance Use Among College Students Experiencing Health Disparities Using an Embedded Prevention Navigator Model

Room: Salon J-K
CME: 1  CHES: 1  MCHES: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:

1. Identify how embedded prevention navigators can provide access to timely and culturally responsive HIV and substance use services on a college campus.
2. List five on-campus and community partners that can support the health and well-being of college students experiencing health disparities.
3. Identify two evidence-based and culturally responsive population or individual-level strategies that may be implemented to address HIV and substance use risk among minoritized student populations.

4. Identify two strategies to recruit prevention navigators with lived experience with HIV and recovery from substance use to provide timely and responsive interventions to students experiencing health disparities.

Presenter(s): M. Dolores Cimini, PhD, Corey Monley, BGS, Cara Fresquez, MAC-P, Megan McCarthy, BS (University at Albany); Evan Ozmat, MS (Research Foundation at SUNY)
Presider: Tanisha Freeman, MBA (Texas Woman’s University)

31 The Parallel Pandemic: What Clinicians Need to Know About Long COVID

Room: Salon E
CME: 1  AAFP: 1  CNE: 1  CPEU: 1

After this session, attendees should be able to:

1. Define Long COVID.
2. Describe evaluation and management of Long COVID.
3. Discuss Long COVID and academic, personal, and athletic performance.

Presenter(s): Bruce D. Levy, MD (Brigham and Women’s Hospital and Harvard Medical School)
Presider: Scott Henderson, MD (University of Missouri)
Facilitator: Geno Mehalik, MPA (University of California Los Angeles)

Leading Campus Prevention Strategies: Practical and Aspirational Approaches for Impact

CANCELLED BY PRESENTER

33 Emergency Response Planning: Beyond the Document

Room: Provincetown
CME: 1  CNE: 1  CHES: 1  NASW: 1

After this session, attendees should be able to:

1. Define key elements and campus partners for emergency response planning.
2. Discuss how to create a shared governance for planning and actual response efforts.
3. Identify key communications and limits of information sharing.

Presenter(s): Erica Bumpurs, MS (Sam Houston State University); Eileen Hineline, MS, RN-BC (Barry University); Anna Harte, MD (University of California, Berkeley); Carman North, MPH, CPH (University of Tennessee, Knoxville); Ellen Goldberg, MSN, RN (East Carolina University)
Presider: Shelly Sloan, MS, CHES (SUNY Oswego)
Facilitator: Jackie Hop, DNP, MBA (University of Central Florida)
35. **Why Does Race Matter: A Deeper Look into Anxiety**

**Room: Salon B-D**

CME: 1  CNE: 1  CHES: 1  PsyCE: 1  NBCC: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:

1. Identify race related stressors that are typically experienced by students.
2. Define Generalized Anxiety Disorder and Generational Trauma.
3. Describe strategies that can be used when treating patients with anxiety.

**Presenter(s): Krystalynn Williams, LMFT (Krystal Clear Mind, S Corp)**

**Presider: Nicole Karcinski, DNP (University of Florida)**

36. **Developing a Faculty/Staff Well-Being Program: Lessons from the Road**

**Room: Simmons**

CME: 1  CHES: 1  MCHES: 1  CPEU: 1

After this session, attendees should be able to:

1. Describe the components of a faculty/staff well-being program.
2. Identify key partners at their institution to champion such a program.
3. List components of a faculty/staff well-being program that needs to be in place to ensure access, equity and inclusion.

**Presenter(s): Kiera Walker, LPC, MA, NCC (University of Alabama at Birmingham)**

**Presider: Darren Aaron, MHA (University of North Carolina Greensboro)**

**Facilitator: Ellen Larson, MD (Colgate University)**

37. **Centering Equity in Evidence-Based, Campus-Wide Mental Health Strategic Planning**

**Room: Wellesley**

CME: 1  PsyCE: 1  NBCC: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:

1. Identify a process by which an equity-centered mental health strategic plan can be created on their campus.
2. Describe results of a comprehensive literature review of best practices literature on mental health strategies for college communities of color.
3. Identify tangible resources for future reference, including the full CSULB mental health strategic plan and all collateral materials and associated press coverage.

**Presenter(s): Beth Lesen, PhD, MEd, and Damian Zavala, MSW, LCSW, MPA (California State University, Long Beach)**

**Presider: Taylor Higgins, MA, LPCC (California Baptist University)**

**Facilitator: Daniel Miller, BA (Global Health Metrics)**
3:00 PM – 4:00 PM (CONT.)

38 Developing an Inclusive Express STI Testing Clinic Within the Student Health Center

Room: Salon F

CME: 1  AAFP: 1  CNE: 1  CHES: 1  CPEU: 1

After this session, attendees should be able to:

1. Discuss the importance of providing a variety of inclusive STI testing options to encourage greater student participation in regular testing.
2. Describe how to implement a new Express STI Testing Clinic option within the standard student health center model.
3. Identify potential pitfalls/barriers when starting a new program.

Presenter(s): Nora Basile, DNP, APRN, ACPCNP-BC, WHNP-BC and Kim Kerrigan, MSN, APRN, FNP (Bentley University)

Presider: Kathleen Coughlin, MPA (Syracuse University)

Facilitator: Deborah Hester, BSN, RN (Sam Houston State University)

4:00 PM – 5:00 PM

40 To Treat or Not Treat? Management of Viral Respiratory Tract Infections

Room: Salon E

CME: 1  AAFP: 1  CNE: 1  PsyCE: 1  ACPE: 1 (UAN:0025-9999-23-050-L01-P)

After this session, attendees should be able to:

1. Explain symptoms utilized to diagnose a viral respiratory tract infection.
2. Describe the currently available treatments for respiratory viral infection.

Presenter(s): Maureen Campion, PharmD and Gabriela Andujar Vazquez, MD (Tufts Medical Center)

Presider: Kyle Weisholtz, DNP, APN-BC (Stevens Institute of Technology)

Facilitator: Carla Bolek, MSN (University of Chicago)

This session is sponsored by the American College Health Foundation Professional Nursing Fund

4:30 PM – 5:30 PM

39 Implementing Team-Based Outpatient Eating Disorder Treatment in a College Health Center

Room: Salon C

CME: 1  AAFP: 1  CNE: 1  PsyCE: 1  NBCC: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:

1. Define the diagnostic criteria for the most common eating disorders (EDs) according to the DSM-V, and common presenting signs/symptoms and complications of EDs.
2. Summarize current evidence-based practices for the treatment of EDs.
3. Describe the necessary and ideal elements of a campus-based interdisciplinary outpatient ED treatment team.
4. Identify common programmatic challenges and several possible solutions for overcoming these challenges.

Presenter(s): Cathryn Imperato, RN, DNP, NP-C, WHNP-BC, Toby Morris, MS, RD, and Erin O’Connor, LCSW, MSW (University of California, Berkeley)

Presider: Jane Powers, MSN, ANP-C (Emerson College, retired)

Facilitator: Jen Swails (University of Georgia)

41 Immunization Compliance Reenvisioned

Room: Salon B-D

CME: 1  CNE: 1  CHES: 1  CPEU: 1

After this session, attendees should be able to:

1. Define the components of a successful immunization compliance program.
2. Discuss areas for improvement that were identified pre-pandemic and were magnified during the pandemic.
3. Describe strategies employed to improve the immunization compliance program.

Presenter(s): Noa’a Shimoni, MD, MPH, Mallory Scott, MBA, and Cynthia Lant, BA (Rutgers University)

Presider: Monica Kunkel, MSN, RN-C (Columbia University)
WEDNESDAY GENERAL SESSIONS

4:30 PM - 5:30 PM (CONT.)

42 Perceived Health in University Employees

**Room: Salon J-K**

CME: 1  CNE: 1  CHES: 1  MCHES: 1  CPEU: 1

After this session, attendees should be able to:

1. Identify physical, mental, and environmental factors that predict perceived health of employees at a single university.
2. Describe any mediating and moderating factors that influence perceived health in this specific group of university employees.
3. List possible strategies that could enhance employee health and well-being based on the data.
4. Discuss what these factors and strategies might look like at different institutions.

*Presenter(s): Paige Whitney, MSc (University of Colorado, Colorado Springs)*

*Presider: Jennifer Cook, MSN, RN (San Jose State University)*

43 Implementation of a Stepped Care Model in an Anxiety, Stress and Sleep Program in a College Mental Health Setting in the Pontificia Universidad Católica, Chile

**Room: Salon H-I**

CME: 1  CNE: 1  CHES: 1  MCHES: 1  PsyCE: 1  NBCC: 1  NASW: 1

After this session, attendees should be able to:

1. Describe the demographic, institutional and cultural barriers to equitable campus mental health in a developing country.
2. Discuss a possible organizational structure for equitable mental health delivery program for stress, anxiety and good sleep.
3. Describe evidence and experience based ideas for in-campus and online equitable mental health interventions, workshops, trainings, counseling and open activities regarding stress, anxiety and good sleep.
4. Propose evidence and experience based ideas for in-campus and online equitable mental health interventions, workshops, trainings, counseling and open activities regarding stress, anxiety and good sleep.

*Presenter(s): Constanza Rojas Vivanco, BS, and Maria-Paz Jana, MA (Pontificia Universidad Católica)*

*Presider: Faith DeNardo, PhD (Bowling Green State University)*

44 Outpatient Pharmacotherapy for Young Adult Populations: Updates and Recommendations

**Room: Provincetown**

CME: 1  AAFP: 1  CNE: 1/1  CPEU: 1  ACPE: 1  (UAN: 0025-9999-23-051-L01-P)

After this session, attendees should be able to:

1. Explain new guidance for old medications.
2. Describe indications for new medications.
3. Identify opportunities for medical stewardship.

*Presenter(s): James Jacobs, MD, PhD (Stanford University)*

*Presider: Michael Huey, MD (Emory University, retired)*

*Facilitator: Michele Frontale, BS, RPh (Syracuse University)*

45 Health Promotion on a Shoestring Budget: Utilizing Multiple Strategies to Accomplish More with Less

**Room: Suffolk**

CNE: 1  CHES: 1  MCHES: 1  CPEU:

After this session, attendees should be able to:

1. Discuss the factors that impact funding available for health promotion programming.
2. Identify strategies to maximize resources in delivering meaningful health promotion programming.
3. Identify tangible steps to advocate for health promotion funding.

*Presenter(s): Jennifer DiPrete, MEd, MCHES; Courtney Deremiah, MS, MCHES; Kathleen Koviak, MPH, CHES, and Kameron Talley, MS, NCC, CHES (University of South Florida)*

*Presider: Santee Ezell, MS, PCED, CHES, CHWI, CPM,CPN (Mississippi State University)*

*Facilitator: Ryane Draper (Oklahoma State University)*
Fourth Floor

Registration Area
Posters
Speaker Ready Room

MEETING ROOMS
Salons A through K
Orleans/Falmouth
Provincetown

Fifth Floor

MEETING ROOMS
Maine
New Hampshire
Vermont
**WEDNESDAY GENERAL SESSIONS**

**4:30 PM - 5:30 PM (CONT.)**

**46 Inclusive Health and Wellness Assessment and Data-Driven Policy for Students of Various Social Identities**

*Room: Vermont*

CME:1  CNE:1  CHES:1  NBCC:1  NASW:1  CPEU:1

After this session, attendees should be able to:

1. Describe how to create an inclusive health and wellness assessment plan.
2. Describe how to increase the knowledge and awareness when working with students with various social identities (e.g., international, LGBTQ+ students, students with disabilities, etc.) in health and wellness practice.
3. Describe how to improve the skills in data-driven policies and practices.

*Presenter(s): Qingyi Yu, PhD, Julie Woulfe, PhD, and Tanya Williamson, PhD (Syracuse University)*

*Presider: Marguerite O’Brien, MSW (Coastal Carolina University)*

*Facilitator: Shannon Atnip, BBA, LVN (Sam Houston State University)*

**47 Trans and Gender Expansive (TGE) Student Experiences on Campus: University of Michigan (UM) Survey Data, Campus Response and Recommendations**

*Room: Simmons*

CME:1  CNE:1  CHES:1  MCHES:1  NASW:1  CPEU:1

After this session, attendees should be able to:

1. Compare the diversity of UM TGE students with non-TGE students using national college data (ACHA-NCHA).

*Presenter(s): Robyn Buchsbaum, MHS, and Mary Hoban, PhD, MCHES (American College Health Association); Mallory Jordan, MPH, MBA (NASPA); Erin O’Sullivan, MA, MFA (NIRSA)*

*Presider: Stephanie Hanenberg, MSN, FNP-C (University of Colorado Colorado Springs)*

*Facilitator: Macy Stokes (Oklahoma State University)*

**49 ACHA Benchmarking Advisory Committee Updates**

*Room: Wellesley*

CME:1  AAFP:1  CNE:1  CHES:1  MCHES:1  NASW:1  CPEU:1

After this session, attendees should be able to:

1. Describe the goals and vision of the benchmarking advisory committee.
2. Identify two new benchmarking studies for the different disciplines in ACHA.

*Presenter(s): Susan Hochman, MPH (The University of Texas at Austin); Melanie Trost, MD (Duke University)*

*Presider: Alicia Czachowski, EdD, MPH (Columbia University)*
THURSDAY EVENTS, MEETINGS, & GENERAL SESSIONS

MEETINGS, DISCUSSION GROUPS, AND NETWORKING EVENTS

6:00 am – 7:00 am
Morning Mindful Yoga
Room: Harvard
Fun Run/Walk
Meet in the Marriott lobby

7:00 am – 5:00 pm
Registration

7:00 am
Opening Breakfast with Exhibitors
Room: Back Bay Conference and Exhibit Hall

7:00 am – 4:00 pm
Exhibit Hall Open
Room: Back Bay Conference and Exhibit Hall

7:00 am – 4:00 pm
Poster Displays
Room: Grand Ballroom Foyer

7:00 am - 8:00 am
Women of Color Networking
Room: Tremont
The Women of Color Networking session will provide a safe space for all women-identifying professionals in college health and wellness. The space will provide an opportunity to meet, share, heal, increase community, and learn skills to navigate life successfully as a woman of color. It will provide a safe, supportive, empowering, and liberating atmosphere for engaging in courageous and unique conversations at the intersection of race and gender. Common topics include, but are not limited to, upward mobility/job growth, culturally-specific family pressures and expectations, experience of racial stress, belongingness, and any other topics that feel relevant to attendees.

12:00 pm - 1:00 pm
ACHA affiliate meetings are open to all members of the affiliate. If you have questions, contact your affiliate president.

Central College Health Association
Room: Salon J-K
Mid-America College Health Association
Room: Simmons
Mid-Atlantic College Health Association
Room: Wellesley
New England College Health Association
Room: Salon E
New York State College Health Association
Room: Salon B-D
North Central College Health Association
Room: Suffolk
Ohio College Health Association
Room: Vermont
Pacific Coast College Health Association
Room: Salon F

8:00 am - 5:00 pm
Individual Mentoring Sessions
Advance sign-up required. If you have questions about your mentoring session, go to the Speaker and CE Support booth.
THURSDAY EVENTS & MEETINGS (CONT.)

12:00 pm - 1:00 pm (cont.)
Rocky Mountain College Health Association
Room: Salon H-I
Southern College Health Association
Room: Salon G
Southwest College Health Association
Room: Provincetown

4:15 pm - 5:00 pm
Faith-Based Fellowship
Room: Simmons
Discussion will include topics of interest to attendees from faith-based schools and/or individuals of faith, including resources and special interest issues.

HIPAA/Health Information Management Information Session
Room: Salon H-I
Bring your questions on HIPAA and health information management, electronic records, etc., as members of the ACHA HIPAA/HIM Coalition will be available in an informal setting to answer questions. Or just stop by to hear what others in college health are talking about.

Lookout Mountain Group
Room: Tremont
The Lookout Mountain Group (LMG) is an informal group of college health leaders who think strategically about best practices and innovations in college health. Anyone interested is welcome to attend.

Journal of American College Health (JACH) Info Session
Room: Salon J-K
Join Dr. Teri Aronowitz, Editor-in-Chief of the Journal of American College Health, and Melody Harris from Taylor & Francis Publishers, to learn how to get your research published in the Journal. We will describe the submission process, share tips on how to get your manuscript accepted, and define common shortcomings of scientific journal submissions and how to avoid them.

BIPOC Affinity Group Meetings
Room: Wellesley
Affinity groups are spaces where individuals with shared identities come together for discussions and reflections. This year, we will bring together groups based on racial or ethnic background. Although each person may share multiple identities, affinity groups are intended for those who can speak to that group’s collective racial or ethnic identity and experience from the “we” or “I” perspective. These spaces are for you to speak about your own identity, not to learn about the racial or ethnic identity of others.

White-Identified Reflection and Action Space
Room: Suffolk
This space is for white-identified folx who are interested in starting or furthering their anti-racist practice. A crucial part of anti-racism work for white people is examining and deconstructing their whiteness and white privilege. Wherever you fall in the process of practicing anti-racism and deconstructing your whiteness and white privilege, we invite you to into this space to explore how we can individually and collectively create a more anti-racist approach within college health and at ACHA.

7:00 pm
Boston Red Sox game
Open only to those who purchased tickets in advance. Transportation to and from the ballpark is on your own. Be sure to pick up your ACHA T-shirt at the Information Booth in the registration area on Thursday.

Thursday Breakfast and Refreshment Breaks
7:00 am
Opening Breakfast with Exhibitors
Room: Back Bay Conference Center and Exhibit Hall
2:30 pm
Refreshments and light snacks
Room: Back Bay Conference Center and Exhibit Hall
Put valuable, relevant health information immediately in your students’ hands.

ACHA’s Brochures are now available as digital files for EHR patient portals!

- Access to ACHA’s entire library of E-Brochures
- Digital file format for sharing in EHR patient portals or email
- On-Demand and unlimited printing
- Customized brochures with your school’s name
- No more shipping fees
- No more minimum order quantity
- No more waiting on inventory

ACHA Institutional Members receive discounted pricing on E-Brochure packages!
Learn more at www.acha.org/e-brochures.
50 Mental Health Care for Transgender and Gender Diverse College Students

Room: Salon E
CME: 1.5  AAFP: 1.5  CNE: 1.5/.15  PsyCE: 1.5  NBCC: 1.5  NASW: 1.5  CPEU: 1.5

After this session, attendees should be able to:
1. Explain the context for behavioral health inequities for college students, across diagnostic categories within a gender minority stress framework.
2. Describe culturally responsive tailoring of evidence-based clinical practices for transgender and gender diverse (TGD) college students.
3. Discuss strategies for building inclusive, affirming, and trauma-informed environments within college mental health settings to optimize mental health outcomes for TGD students.

Presenter(s): Alex Keuroghlian, MD, MSc, MPH (Massachusetts General Hospital/Harvard Medical School/Fenway Health)
Presider: Dana Froetschel, RN, BSN (University of Georgia)
Facilitator: Debra Stephens, BFA (School of the Art Institute of Chicago)

51 Pursuing Transformational Change for Better Student Well-Being: Key Learnings from Eight Universities

Room: Salon B-D
CME: 1.5  CNE: 1.5  CHES: 1.5  MCHES: 1.5  NASW: 1.5  CPEU: 1.5

After this session, attendees should be able to:
1. Describe the Triple Aim framework.
2. Summarize key learnings for the field about pursuing transformational change in support of better student well-being outcomes.
3. Compare different ways in which the Triple Aim framework has been used to inspire partners and drive transformational change by diverse institutions.

Presenter(s): Allison Smith, MPA (New York University); James Jacobs, MD, PhD (Stanford University); Martha Dannenbaum, MD, FACOG (Texas A&M University); Lindsay Phillips, MD, MSc (Rochester Institute of Technology)
Presider: Andrea L. Kimura, Med, CHES (University of Missouri-Columbia)
Facilitator: Ryane Draper (Oklahoma State University)

52 A Panel Discussion: Addressing the Current State of ATOD on College Campuses

Room: Salon H-I
CME: 1.5  CHES: 1.5  MCHES: 1.5  NASW: 1.5  CPEU: 1.5

After this session, attendees should be able to:
1. Discuss current trends in ATOD data and the changing demographics of college students and substance use.
2. Discuss ways to reorient professionals to the critical processes of ATOD prevention.
3. Identify tools and strategies widely accepted in the field of college ATOD prevention and intervention.

Presenter(s): Delynne Wilcox, PhD, MPH, CHES (University of Alabama); Amelia Arria, PhD (University of Maryland School of Public Health); Diane Fedorchak, Med (University of Massachusetts Amherst); Liz Prince, MAEd, LPC (University of Georgia)
Presider: JR Denson, MS, EMT (American University)

53 Supporting On-Campus and Online Students’ Well-Being

Room: Simmons
CME: 1.5  CHES: 1.5  MCHES: 1.5  NASW: 1.5  CPEU: 1.5

After this session, attendees should be able to:
1. Describe overarching differences in health and wellness needs for traditional on-campus and online students.

ALL GENDER RESTROOM
There is one all gender restroom in the meeting space on the 4th floor.
This restroom is indicated on the floor plan found on page 50-51 and is marked with signage both inside and outside the restroom.
See page 25 for details.
2. Identify how on-campus support services can be used as a basis for providing health and wellness resources to a much larger online population.

3. Outline how support services can be created for learners across modalities that both support online students and support pre-existing on-campus services.

Presenter(s): Felix Pizzi, MSED, LCMHC, CCMHC, Daniel Poulin, MS, Elyse Peredno, MA, LMHC, LCMHC, Jay Tifone, MS, and Nicole Monahan, LMHC (Southern New Hampshire University)

Presider: Andreea Baker, MSN, BSN (Doane University)

How to Successfully Establish a Gender Affirming Care Program in an On-Campus Student Health Center: A Panel Discussion

This session has been moved to 10:00 am today in Salon H-I

CME: 1.5  CNE: 1.5  CHES: 1.5  PsyCE: 1.5  NBCC: 1.5  NASW: 1.5  CPEU: 1.5

After this session, attendees should be able to:

1. Explain the importance of having a gender affirming care program in a college based health center.

2. Describe ways to establish a gender affirming care program, including but not limited to important elements such as privacy implications, legal considerations, environment of care, insurance coverage.

3. Discuss importance of collaboration with campus partners in supporting transgender and non-binary students.

4. Discuss how to advocate and overcome barriers in establishing a gender affirming care program.

Presenter(s): Julia Burton, MSN, CRNP, FNP-BC (University of Pennsylvania); Coralie Pederson, MSN (University of Minnesota); Ellen Goldberg, MSN, RN (East Carolina University); Angel Yackel, MSN, APRN, CNP (Carleton College)

Presider: Ann Rayford, ANP-BC, MSN, CHES (Oakland University)

Facilitator: Shannon Atnip, BBA, LVN (Sam Houston State University)

The Nuts and Bolts of Accessing Campus Vaccine Data

Room: Salon J-K

CME: 1.5  CNE: 1.5  CHES: 1.5  CPEU: 1.5

After this session, attendees should be able to:

1. Discuss the findings of the ACHF Survey on Immunization Practices in College Students.

2. Discuss the ACHA Guidelines on Immunization Recommendations for College Students.

3. Describe ways to implement a comprehensive institutional immunization policy through immunization data collection.

4. Explain how to quickly know who is at risk and help keep a campus healthy through vaccine systems and processes.

Presenter(s): Angela Long, MS, MPH (University of Oregon); Craig Roberts, PA-C, MS, and Courtney Blomme, MS, RD (University of Wisconsin-Madison); Madeline Wilson, MD, FACP (Yale Medicine)

Presider: Carman North, MPH, CPH (University of Tennessee, Knoxville)

Facilitator: Thevy Chai, MD (University of North Carolina at Chapel Hill)

Contraceptive Update

Room: Salon F

CME: 1.5  AAFP: 1.5  CNE: 1.5/1.5  CHES: 1.5  CPEU: 1.5  ACPE: 1.5

(UAN: 0025-9999-23-052-L01-P)

After this session, attendees should be able to:

1. Describe the current intrauterine devices on the market with recent extensions for use by the United States Food And Drug Administration.

2. Discuss the new contraceptives on the market.

Presenter(s): Carolyn Howard, MD, MPH, FACOG (The University of Rhode Island)

Presider: Joanne Brown, DNP, APRN (University of Kentucky, retired)

Facilitator: Carla Bolek, MSN (University of Chicago)

Staff-Led Programming that Builds Community and Increases Retention

Room: Suffolk

CME 1.5  CNE: 1.5  CHES: 1.5

After this session, attendees should be able to:

1. Identify how on-campus support services can be used as a basis for providing health and wellness resources to a much larger online population.

2. Outline how support services can be created for learners across modalities that both support online students and support pre-existing on-campus services.

Presenter(s): Felix Pizzi, MSED, LCMHC, CCMHC, Daniel Poulin, MS, Elyse Peredno, MA, LMHC, LCMHC, Jay Tifone, MS, and Nicole Monahan, LMHC (Southern New Hampshire University)

Presider: Andreea Baker, MSN, BSN (Doane University)
Experiences Utilizing the Okanagan Charter to Advance Well-Being
Room: Wellesley
CME: 1.5  CHES: 1.5  MCHES: 1.5  CPEU: 1.5

After this session, attendees should be able to:
1. Identify the two calls to action for higher education institutions outlined in the Okanagan Charter, what a health promoting university (HPU) is and how to become one.
2. Discuss the many different ways in which the first cohort of HPUs in the U.S. are advancing the health and well-being of person, place and planet using interdisciplinary collaborations and a systems level approach.
3. List multiple ways to address mental health issues using a systems level, whole university approach.

Presenter(s): Katryna Sardis, MSW and Sophie Hood, BS (The University of Missouri); Amelia Ross, BA, Larisa Wallace, MPH, and Jennifer Nealey (University of Georgia)
Presider: Nasreen Ghazi, MD (Florida Atlantic University)
Facilitator: Geno Mehalik, MPA (University of California Los Angeles)

Experiences Utilizing the Okanagan Charter to Advance Well-Being
Room: Wellesley
CME: 1.5  CHES: 1.5  MCHES: 1.5  CPEU: 1.5

After this session, attendees should be able to:
1. Describe current CDC Interim COVID-19 Immunization Schedule for previously vaccinated and unvaccinated patients.
2. Discuss the vaccines available for preventing Mpox infection.
3. Describe recent changes to FDA indications and CDC/ACIP recommendations when giving vaccines.
4. Identify strategies to reduce vaccine hesitancy to increase immunization rates.

Presenter(s): See-Won Seo, PharmD, BCACP (Albany College of Pharmacy and Health Sciences)
Presider: Tabby Ragland, PharmD (Middle Tennessee State University)
Facilitator: Kendra Bookman, PharmD (Sam Houston State University)

Join the conversation on social media with hashtag
#ACHA2023
The Emerging Role of Psychedelics in Mental Health

**Room: Salon E**

- **CME:** 1.5  **AAFP:** 1.5  **CNE:** 1.5/1.125  **CHES:** 1.5  **PsyCE:** 1.5  **NBCC:** 1.5  **NASW:** 1.5  **ACPE:** 1.5  
  *(UAN: 0025-9999-23-055-L01-P)*

After this session, attendees should be able to:

1. Describe the psychopharmacology of psychedelic drugs.
2. Discuss current evidence on the efficacy and safety of psychedelic drugs in mental disorders.
3. Identify areas for further research of psychedelic drugs for mental disorders prior to clinical translation.

**Presenter(s):** Ishrat Husain, MBBS, MRCPsych, MD (Centre for Addiction and Mental Health)

**Presider:** Jamie Davidson, PhD (University of Nevada, Las Vegas)

**Facilitator:** Keith Anderson, PhD (Rensselaer Polytechnic Institute, retired)

Using Collective Impact and Inter-professional Education to Create a Student Well-Being Collective @ Columbia University Irving Medical Center (CUIMC): Increasing Interprofessional Capacity for Change

**Room: Salon B-D**

- **CNE:** 1.5  **CHES:** 1.5  **MCHES:** 1.5  **CPEU:** 1.5

After this session, attendees should be able to:

1. Define Collective Impact.
2. Describe inter-professional education in health professions.

**Presenter(s):** Andrea Moore, MCG, Angie Chanem-Uzqueda, PhD, MPH, Farahnaz Namvari, MD, Lauren Martinez, PhD (University of Southern California, Keck School of Medicine, Department of Family Medicine); Elizabeth Ronca, LCSW (University of Southern California, Keck School of Medicine, Department of Psychiatry and Behavioral Science)

**Presider:** Noa’a Shimoni, MD MPH (Rutgers University)
10:00 AM - 11:30 AM (CONT.)

65 Clinical Informatics, Metrics and KPIs: Essentials for College Health Professionals Responding to Public Health Threats

**Room:** Suffolk

CME: 1.5  CNE: 1.5  CHES: 1.5  MCHES: 1.5  NASW: 1.5  CPEU: 1.5

After this session, attendees should be able to:

1. Define clinical informatics.
2. Identify and display metrics and KPIs.
3. Decide what to measure and display at your IHE.

**Presenter(s):** Lindsey Mortenson, MD, Aleksandra Stamper, MAS, Elizabeth Edwards, MPH, and Roen Montalva, MS (University of Michigan)

**Presider:** Ryan Patel, DO (The Ohio State University)

66 ACHA-NCHA Update

**Room:** Simmons

CME: 1.5  CNE: 1.5  CHES: 1.5  MCHES: 1.5  PsyCE: 1.5  NBCC: 1.5  NASW: 1.5  CPEU: 1.5

After this session, attendees should be able to:

1. Describe new measures added to the ACHA-NCHA III.
2. Discuss findings and trends from the first five ACHA-NCHA III implementations.

**Presenter(s):** Michael Huey, MD, FACHA (Emory University, retired); Catherine Ebelke, PA-C, CTH (Montana State University); Carol Griggs, PhD, MDiv (University of Wisconsin-Madison); Amy Sauls, PharmD, CPP, BCACP (University of North Carolina); Kathy Thorson, NP-C (Bowelin College)

**Presider:** Kathy Carstens, BSN (Davidson College)

**Facilitator:** Eileen Hineline, MSHSA, BSN (Barry University)

67 College Travel Health: Addressing Small and Less-Resourced Schools, Equity and Inclusion, Mental Health, Ethics, Collaboration and Privacy

**Room:** Wellesley

CME: 1.5  CNE: 1.5  CHES: 1.5  NASW: 1.5  CPEU: 1.5

After this session, attendees should be able to:

1. Describe possible adaptations that can allow small and less-resourced IHEs offer travel health services.
2. Explain ways to foster equity and inclusion in IHE travelers.
3. Describe ways to support students with mental health challenges while abroad.
4. Explain steps to move towards achieving ethical and responsible travel.
5. Discuss collaboration and privacy issues in college travel health.

**Presenter(s):** Mary Hoban, PhD, MCHES and Christine Kukich, MS (American College Health Association); Alyssa Lederer, PhD, MCHES, MPH (Indiana University-Bloomington)

**Presider:** Jennifer Cook, MSN, RN (San Jose State University)

68 How to Successfully Establish a Gender Affirming Care Program in an On-Campus Student Health Center: A Panel Discussion

**Room:** Salon H-I

This session was originally scheduled for today at 8:00 am

Refer to page 57 for session details.

69 Human Health as a Component of Well-Being: Foundations for a Strategic Plan

**Room:** Salon G

CME: 1.5  CHES: 1.5  MCHES: 1.5  CPEU: 1.5

After this session, attendees should be able to:

1. Describe the relationship between health and well-being.
2. Identify essential questions to initiate a systems and settings strategic plan.
3. Identify potential steps in a strategic planning process.
4. Describe steps in a strategic planning process taken on two campuses.

**Presenter(s):** Paula Swinford, MS, MHA (University of Southern California, Keck School of Medicine, Department of Family Medicine ); Rebecca Kennedy, PhD (University of Alabama-Birmingham)

**Presider:** Padma Entusah, MPH (Columbia University)
70  Emerging Digital Safety Issues Facing Students

Room: Salon J-K
CNE: 1.5  CHES: 1.5  MCHES: 1.5  CPEU: 1.5

After this session, attendees should be able to:

1. Identify three emerging digital safety issues facing students.
2. Explain three approaches to preventing emerging forms of tech-facilitated abuse.

Presenter(s): Adam Dodge, JD (EndTab, LLC)
Presider: Andrea Kimura, MEd, CHES (University of Missouri-Columbia)

This session is partially sponsored by the American College Health Foundation UnitedHealthcare Student Resources Fund

71  Mapping Undergraduate Higher-Risk Alcohol Use Across Time and Space

Room: Vermont
CNE: 1.5  CHES: 1.5  MCHES: 1.5  NASW: 1.5  CPEU: 1.5

After this session, attendees should be able to:

1. Describe the shortfalls of current AOD research and intervention approaches.
2. Explain how gaps in current approaches can be addressed by mapping temporal and spatial variations in students’ higher-risk drinking.
3. Describe the data cleaning and analysis process, including use of spatial data visualization, well enough to implement and/or partner with campus colleagues to implement.

72  Best Practices for Sexual Health Services in College Health

Room: Salon F
CME: 1  AAFP: 1  CNE: 1  CHES: 1  MCHES: 1  CPEU: 1

After this session, attendees should be able to:

1. Explain the purpose, goals, and value of the Sexual Health Services Survey.
2. List at least three key findings of the CY 2021 SHSS.

73  HP Hot Topics: Cultivating a Culture of Care that Integrates Health Equity, Social Justice, and Anti-Racism

Room: Wellesley
CNE: 1  CHES: 1  MCHES: 1  CPEU: 1

After this session, attendees should be able to:

1. Describe at least one best practice to improve sexual health services.

Presenter(s): Lauren Cordova, MEd (University of Pennsylvania); Suzanne Swierc, MPH, CHES, (Texas A&M University); Jordan McCann, MPH, RBA, CHES (James Madison University); Nancy Russell, BSN, MSN, DNP (Johns Hopkins University)
Presider: Lori Dewald (Southern Illinois University)
3. Explain why social justice, health equity, and anti-racism are essential to cultivating a culture of care at institutions of higher education.

4. List promising practices for prioritizing and integrating social justice, health equity, and anti-racism in health promotion practice.

**Presenter(s):** Luoluo Hong, PhD, MPH (Georgia Institute of Technology)
Presider: Samantha Smith, PhD, MPH, CHES (University of Maryland, Baltimore County)
Facilitator: Faith DeNardo, PhD (Bowling Green State University)

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**Wellstart: Development and Pilot of An Online Mental Health Intervention**

*Room: Vermont*

CME: 1  CNE: 1  CHES: 1  MCHES: 1  PsyCE: 1  NBCC: 1  NASW: 1  CPEU: 1

**After this session, attendees should be able to:**

1. Describe the current need for additional mental health interventions in IHEs.
2. Describe the development of Wellstart content modules and support materials.
3. Discuss how Wellstart is different from other online wellness courses.
4. Describe data collected from the pilot Wellstart programs.

**Presenter(s):** Rebecca Harrington, MA (SUNY Oneonta); Robyn Buchsbaum, MHS (American College Health Association); Rebecca Rampe, PsyD (University of Alabama, Birmingham); Greg Bunyea, MS (Carnegie Mellon University)
Presider: Ann Rayford, ANP-BC, MSN, CHES (Oakland University)
Facilitator: Daniel Miller, BA (Global Health Metrics)

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**Working with Immunization Data to Increase Vaccination Rates: Challenges and Solutions through Case Studies**

*Room: Salon J-K*

CME: 1  CNE: 1  CHES: 1  CPEU: 1

**After this session, attendees should be able to:**

1. Identify data sources and data abstraction plans that allow administrators to understand vaccination in their population of interest.
2. Discuss the strengths and limitations of existing data sources.
3. Describe solutions to common data challenges so vaccination projects can move forward.
4. Discuss how to engage with learners to brainstorm solutions to their vaccination campaign challenges.

**Presenter(s):** Noa’a Shimoni, MD MPH, Francesca M. Maresca, PhD, CHES, and Michala Rose, BA (Rutgers University)
Presider: Lisa Lonchar, RN, BSN (Carnegie Mellon University)

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**Hot Topics and Updates in Allergy**

*Room: Salon B-D*

CME: 1  AAFP: 1  CNE: 1/75  CPEU: 1  ACPE: 1 (UAN: 0025-9999-23-056-L01-P)

**After this session, attendees should be able to:**

1. Describe new tests to more accurately diagnose allergic conditions.
2. Discuss new medications to manage allergic conditions.
3. Discuss new forms of immunotherapy.

**Presenter(s):** S. Shahzad Mustafa, MD (Rochester Regional Health)
Presider: Eileen Hineline, MSHA, BSN (Barry University)
Facilitator: Tabby Ragland, PharmD (Middle TN State University)

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**Student-Athlete Mental Health: It Takes a Team**

*Room: Salon G*

CME: 1  AAFP: 1  CNE: 1  CHES: 1  PsyCE: 1  NBCC: 1  NASW: 1  CPEU: 1

**After this session, attendees should be able to:**

1. Identify specific concerns related to the mental health of student-athletes (SAs).
2. Define best practices in SA mental health management.
3. Explain the importance of an interdisciplinary team in the management of SA mental health.

**Presenter(s):** Andrew McBride, MD, CAQSM (Health Center at Auraria)
Presider: Lori Dewald, EdD, ATC, MCHES (Southern Illinois University)
THURSDAY GENERAL SESSIONS

1:30 PM - 2:30 PM (CONT.)

78 Powerful Presence: Mindfulness Training for Student Veteran Resilience at Arizona State University

Room: Salon H-I

CNE: 1  CHES: 1  MCHES: 1  PsyCE: 1  NBCC: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:
1. Compare how the student veteran population differs from civilian students.
2. Define mindfulness principles and benefits.
3. Identify how mindfulness training can support student veteran resilience.
4. List implications from the "Powerfully Present: Mindfulness training for student veteran resilience" study.

Presenter(s): Zachary Reeves-Blurton, EdD and Nika Gueci, EdD, MA (Arizona State University)

Presider: Ted Coleman, PhD, CHES, MS, LPCC (California State University, San Bernardino)

80 Getting the Right Students, the Right Care, at the Right Time Using an Open-Source Campus App

Room: Suffolk

CME: 1  CNE: 1  CHES: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:
1. Identify ways smartphones can be leveraged to inform care needs.
2. Discuss methods to reduce clinic volumes.
3. Describe how to empower intervention teams.

Presenter(s): Mel Fenner, PhD, CPHIMS, Nick Chancellor, DC, MS, and John Paul, BSEE (The University of Illinois Urbana-Champaign)

Presider: Rae Fletcher, PhD (University of Illinois Urbana-Champaign)

81 Well-Being for Everyone: The Future of Health Equity

Room: Salon E

CME: 1  CNE: 1  CHES: 1  MCHES: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:
1. Explain health equity.
2. Explain strategies to engage with well-being and equity.

Presenter(s): Sherrá Watkins, PhD, LCMHC-S, LCAS, CRC, CSC (University of Utah); B.K. Taylor, EdD (West Chester University); Raphael Florestal-Kevelier, PhD, MPH (University of Illinois Chicago)

Presider: Heidi Garcia, MSE (University of Kansas)

Facilitator: Shelly Sloan, MS, CHES (SUNY Oswego)

Follow us on social media to be entered in a raffle for a prize!

Scan the QR code for details.
1:30 PM - 2:30 PM (CONT.)

82 RN Online Care Pathways to Support Team Based Care

Room: Provincetown

CME: 1  CNE: 1  CPEU: 1

After this session, attendees should be able to:

1. Define team based care.
2. Identify care pathways that can be delegated to licensures other than physicians.
3. Identify how the Patient Portal can be used to engage in team based care.

Presenter(s): Amrit Nagra, MPH and Bettina Pedone, MSN, RN, FNP-BC (University of California, Los Angeles)
Presider: Jennifer L. Cook, MSN, RN (San Jose State University)
Facilitator: Deborah Hester, BSN, RN (Sam Houston State University)

84 Immunization Compliance in Higher Education: A Panel Discussion

Room: Salon J-K

CME: 1  CNE: 1  CHES: 1  CPEU: 1

After this session, attendees should be able to:

1. Describe compliance strategies, systems, and workflows used by higher education stakeholders.
2. Identify campus partners to support compliance processes.
3. Discuss population specific barriers to compliance standards.
4. Identify communication strategies to support compliance.

Presenter(s): Erica Bumpurs, MS (Sam Houston State University); Melanie Gibson, MBA (University of Georgia); Mary Johnson, DNP, MSN, FNP-BC (Meredith College); Beth Graham, BA, ASBD (Dickinson College)
Presider: Robin Prosko (Oregon State University)
Facilitator: Melissa Walker (Wake Forest University)

3:00 PM - 4:00 PM

83 Quality STI Care: Is Your Student Health Center All It Can Be?

Room: Salon E

CME: 1  AAFP: 1  CNE: 1  CHES: 1  CPEU: 1
(UAN: 0025-9999-23-057-L01-P)

After this session, attendees should be able to:

1. Describe “quality” STI clinical services.

Presenter(s): Daisha Washington, MPH (National Association of County and City Health Officials)
Presider: Jackie Hop, DNP, MBA (University of Central Florida)
Facilitator: Deborah Hester, BSN, RN (Sam Houston State University)

85 Where Do We Go From Here? Understanding the Current Landscape of Mental Health Services in Higher Education

Room: Salon F

CNE: 1  CHES: 1  MCHES: 1  PsyCE: 1
NBCC: 1  NASW: 1

After this session, attendees should be able to:

1. Discuss the most current data regarding counseling center demand and consequent burnout in staff.
2. Describe mental health trends in students and the connection of those trends to departments on campus.
3. Identify the factors that need to be addressed in talking with administrators and other stakeholders regarding workable solutions for aligning resources and expectations for counseling center staff.

Presenter(s): Kimberly Gorman, PhD (Western Carolina University); Marcus Hotaling, PhD (Union College); David Walden, PhD (Hamilton College); Lynn Braun, MA, LPCC-S (Defiance College)
Presider: Keith Anderson, PhD (Rensselaer Polytechnic Institute, retired)

86 ACHA Code of Conduct Overview

Room: Vermont

CNE: 1  CHES: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:

1. Discuss the ACHA Code of Conduct.
2. Describe the role of the ACHA Ethics Committee.
3. Identify the key points of the ACHA Code of Conduct.

   Presenter(s): Michele Richardson, MBA (Bowie State University)

87 Community Conversations: Developing and Assessing the Expansion of Mental Health Prevention Efforts Within Identity-Based Spaces

   Room: Salon H-I
   CNE: 1  CHES: 1  NBCC: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:

1. Identify three abnormalities commonly seen in vital signs of people with eating disorders.
2. List body systems commonly affected by disordered eating patterns.
3. Describe recommended components of a follow-up visit for eating disorders.

   Presenter(s): Samantha Smith, PhD, MPH, CHES, and Jasmine Lee, PhD, MSW (University of Maryland, Baltimore County)

88 A Beginner’s Guide to Using History and Physical Assessment to Identify and Monitor Disordered Eating in the College Population

   Room: Provincetown
   CME: 1  AAFP: 1  CNE: 1  CPEU: 1

After this session, attendees should be able to:

3. Discuss how substance use among LGBTQ+ college students is an adaptive attempt to cope with minority stress.
4. Discuss how to engage LGBTQ+ students in interactions focused on substance use and protective behavioral strategies within the context of an inclusive service environment.

   Presenter(s): Cara Fresquez, MAC-P, M. Dolores Cimini, PhD, Megan McCarthy, BS, and Mikhaela McFarlin, BA (University at Albany, SUNY)
   Presider: Joanne Brown, DNP, APRN (University of Kentucky, retired)

89 Building a Culture of Care to Address Substance Use Among LGBTQ+ College Students

   Room: Suffolk
   CME: 1  CNE: 1  CHES: 1  MCHES: 1  PsyCE: 1  NBCC: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:

1. List serious outcomes associated with sexual assault on college campus.
2. Describe what is involved in a sexual assault forensic exam.
3. Discuss how to develop a framework to incorporate sexual assault forensic exams into a college health clinical setting in collaboration with a hospital based SANE program.

   Presenter(s): Dara Dixon, MSN, RN, and Laura Burkhart, MD, MPH (Vanderbilt University Medical Center)
   Presider: Kathleen Coughlin, MPA (Syracuse University)
   Facilitator: Dana Froetschel, BSN (University of Georgia)

Join the conversation on social media with hashtag #ACHA2023
91 The Pre-Participation Physical Exam: Essentials for College Health Practitioners

Room: Salon G

CME: 1  AAFP: 1  CNE: 1/10  CPEU: 1

After this session, attendees should be able to:

1. Describe how to use the Pre-participation Exam (PPE) to identify students who are at increased risk of injury or mental health deterioration.
2. Describe how to implement the cardiovascular history and exam with respect to screening for hypertension and occult cardiac lesions such as hypertrophic cardiomyopathy.
3. Describe the musculoskeletal screening exam.
4. Describe how to manage commonly detected abnormalities in a cost-effective manner.

Presenter(s): David Edwards, MD (Texas Tech University); Stephen Edwards, MD (Baylor College of Medicine/Texas Children's Hospital)

Presider: Andrew McBride, MD, CAQSM (Health Center at Auraria)

92 Healthy Campus: Inventory Implementation and the Healthy Campus Journey

Room: Salon B-D

CME: 1  CHES: 1  MCHES: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:

1. Describe the Healthy Campus Inventory and Implementation Guide.
2. Discuss initial cohort inventory aggregate responses/scoring.

Presenter(s): Erica Phillipich, MA (Michigan State University); Nikki Brauer, MS, CWPM, COEE, CHWC (Illinois State University)

Presider: Stephanie Hanenberg, MSN, FNP-C (University of Colorado Colorado Springs)

93 Leveraging Survey Data for Impact

Room: Simmons

CME: 1  CNE: 1  CHES: 1  CPEU: 1

After this session, attendees should be able to:

1. Identify best practices for building demographic questions.
2. Describe how you can customize a survey to meet your needs and build a high-impact action plan based on the results.

Presenter(s): Karen Shapiro, MBA, MPH, Noa'a Shimoni, MD, MPH (Rutgers School of Health Professions)

Presider: Andreea Baker, MSN, BSN (Doane University)
FRIDAY EVENTS, MEETINGS, & GENERAL SESSIONS

MEETINGS, DISCUSSION GROUPS, AND NETWORKING EVENTS

6:00 am – 7:00 am
Morning Meditation
Room: Harvard

7:00 am - 5:00 pm
Registration

7:00 am
Continental Breakfast with Exhibitors
Room: Back Bay Conference and Exhibit Hall

7:00 am – 1:30 pm
Exhibit Hall Open
Room: Back Bay Conference and Exhibit Hall

7:00 am – 3:15 pm
Poster Displays
Room: Grand Ballroom Foyer

7:00 am - 8:00 am
Rising Leader Coffee Hour
Room: Tremont
All meeting attendees are welcome to attend this informal meet and greet. Speak with current ACHA leaders about their roles within ACHA and learn how you can get more involved with the association.

8:00 am - 5:00 pm
HEMHA Meeting
Room: Boylston

12:00 pm - 1:00 pm
Dorosin Memorial Lecture
Room: Salon E-F
See Featured Events for more information. (Note that you may bring a lunch with you.)

Pharmacy Section Gathering
Room: Tremont
Bring your lunch and talk with your colleagues about current issues in college health pharmacy.

Small Group Mentoring
Advance sign-up required. If you have questions about your mentoring session, go to the Speaker & CE Support booth.

4:15 pm - 5:00 pm
Assembly of Representatives
Room: Provincetown
If you are a qualified voting member of ACHA, plan to attend the 2023 Assembly of Representatives and help shape the governance of ACHA by voting on recommended bylaws amendments. You’ll also hear reports from the ACHA CEO and treasurer, plus the ACHF Chair. In addition, the incoming ACHA President will give an address.

SCHOOL SPIRIT DAY
Friday, June 2
Show pride in your institution by wearing something displaying your school name, colors, or logo!
FRIDAY EVENTS & MEETINGS (CONT.)

5:15 pm - 6:15 pm
AVP/AVC Networking
Room: 3rd floor Atrium
If you are the AVP/AVC for Student Health and Wellbeing on your campus (or equivalent position), please join other AVP/AVCs for a networking meeting. We'll be discussing current topics and relationship building primarily for folks in the AVP/AVC roles at their given institutions.

BIPOC Affinity Group Meetings
Room: Wellesley
Affinity groups are spaces where individuals with shared identities come together for discussions and reflections. This year, we will bring together groups based on racial or ethnic background. Although each person may share multiple identities, affinity groups are intended for those who can speak to that group’s collective racial or ethnic identity and experience from the “we” or “I” perspective. These spaces are for you to speak about your own identity, not to learn about the racial or ethnic identity of others.

White-Identified Reflection and Action Space
Room: Suffolk
This space is for white-identified folx who are interested in starting or furthering their anti-racist practice. A crucial part of anti-racism work for white people is examining and deconstructing their whiteness and white privilege. Wherever you fall in the process of practicing anti-racism and deconstructing your whiteness and white privilege, we invite you to into this space to explore how we can individually and collectively create a more anti-racist approach within college health and at ACHA.

Friday Breakfast and Refreshment Breaks
7:00 am
Continental Breakfast with Exhibitors
Room: Back Bay Conference Center and Exhibit Hall
2:30 pm
Refreshments and light snacks
Room: 3rd floor Atrium

GO MOBILE!
Get all the meeting information you need to know in the convenience of your mobile device, including
Filter schedule by date, CE type, badge, or event type
An interactive exhibit hall map to plan your visit
Mark your favorites to create your personal schedule for the week.
To download the app, go to the app store and search for “ACHA 2023.”
**FRIDAY GENERAL SESSIONS**

**8:00 AM – 9:30 AM**

**94 Gender Affirming Hormone Therapy for the Young Adult in the College Health Setting**

**Room: Simmons**

CME: 1.5  AAFP: 1.5  CNE: 1.5/45  
PsyCE: 1.5  NASW: 1.5  CPEU: 1.5  
ACPE: 1.5  
(UAN: 0025-9999-23-058-L01-P)

After this session, attendees should be able to:

1. Identify unique health care risks for trans and gender diverse individuals and why gender care is within the scope of primary care.
2. Review criteria for the initiation of hormonal therapy.
3. Describe how to prescribe and monitor feminizing and masculinizing hormone therapy.

Presenter(s): Allie Schwartz, MD (Florida Atlantic University)  
Presider: Dana Froetschel, BSN (University of Georgia)  
Facilitator: Perla Andrade, CMA (Pacific University)

**95 Band-Aids and Bicycle Helmets: Managing Anxiety and Depression in College Students**

**Room: Salon F**

CME: 1.5  AAFP: 1.5  CNE: 1.5/1.125  
CPEU: 1.5

After this session, attendees should be able to:

1. Describe the disease burden of anxiety and depressive disorders in adolescents and young adults (AYAs).
2. Discuss the various factors that create barriers to care.
3. Describe how to develop a structured approach to identifying and treating these disorders in a primary care setting.
4. Describe how to plan for appropriate follow-up care, including referral to other clinicians.

Presenter(s): Benjamin Silverberg, MD, MSc, FAAFP, FCUCM (West Virginia University)  
Presider: Macy Stokes (Oklahoma State University)  
Facilitator: Nancy Russell, DNP, MSN, FNP-BC (Johns Hopkins University)

**96 Health Equity Across Campuses: A Call to Action**

**Room: Wellesley**

CNE: 1.5  CHES: 1.5  MCHES: 1.5  
NASW: 1.5  CPEU: 1.5

After this session, attendees should be able to:

1. Discuss the role of branch campuses as part of the larger university system.
2. Discuss the barriers to supporting branch campus students’ mental health and well-being.
3. Discuss potential solutions for supporting branch campus students’ mental health and well-being.

Presenter(s): Dee Kinney, PhD, MSW, RDN (Miami University Branch Campuses)  
Presider: Edward Jones II, MBA, CHFP, LSSBB (Grand Valley State University)

**97 Using Restorative Practices to Influence and Manage Change in the Higher Education Learning Collaborative**

**Room: Salon H-I**

CME: 1.5  CNE: 1.5  CHES: 1.5  
MCHES: 1.5  NASW: 1.5  CPEU: 1.5

After this session, attendees should be able to:

1. Describe restorative practices, principles, and processes.
2. Describe the purpose and design of the Restorative Practices in Higher Education Learning Collaborative study.
3. Describe how college health leaders have used restorative practices to manage change and develop community on their campuses.
4. Discuss how to be more intentional in their own leadership and influence using restorative practices.

Presenter(s): Gina Abrams, DrPH, EdM, LSW, MCHES (International Institute for Restorative Practices); Raphael Florestal-Kevelier, PhD, MPH (University of Illinois Chicago); Delyne Wilcox, PhD, MPH, CHES (University of Alabama); Alicia Czachowski, MPH, EdD, CHES (Columbia University); Stacy Andes, EdD, MA (Villanova University); Ashleigh Hala, MSW, LCSW (Wake Forest University); Paula Swinford, MS, MHA (University of Southern California, Keck School of Medicine, Department of Family Medicine)  
Presider: Katryna Sardis, LMSW (University of Missouri-Columbia)
8:00 AM – 9:30 AM (CONT.)

98 Approaches to Grant Writing for Health Promotion: How We Get Grants

Room: Salon G
CNE: 1.5  CHES: 1.5  MCHES: 1.5  CPEU: 1.5

After this session, attendees should be able to:
1. Identify how grants can be used to supplement or expand health promotion activities.
2. Describe the grant writing process.
3. Explain how grants could be used at their institution.

Presenter(s): Kyra Patel, MPH, CHES, Elisabeth Cavallaro, MPH, CHES, and Jordan Perry, MPH, MCHES, CWWS (Appalachian State University)
Presider: Andreea Baker, MSN, BSN (Doane University)
Facilitator: Ryane Draper, BS (Oklahoma State University)

99 The Changing Landscape: An Update from the ACHA Reproductive Rights Task Force

Room: Salon J-K
CME: 1.5  CNE: 1.5  CHES: 1.5  MCHES: 1.5  CPEU: 1.5

After this session, attendees should be able to:
1. Discuss ways to navigate the changing legal landscape of reproductive rights in the U.S.
2. Describe the impact of the Supreme Court’s decision on the field of college health.
3. List potential questions to be added to the ACHA-NCHA instrument to capture data on access to reproductive health care.

4. Discuss next steps and future work for the task force.

Presenter(s): Marian Trattner, MSW (Wake Forest University); Padma Entsuah, CHES, MPH (Columbia University); Susan Ernst, MD (University of Michigan); Kim Webb, MEd, LPC (Washington University in St. Louis); Joanne Brown, DNP, APRN (University of Kentucky, retired); Marguerite O’Brien, MSW (Coastal Carolina University); Eleanor Kim, MD (University of California, Berkeley); Sharon Rabinovitz, MD (Emory University)
Presider: Diane Lamotte, RPh (University of California Santa Cruz, retired)
Facilitator: Carla Bolek, MSN (University of Chicago)

100 Building Menstrual Management Capacity in Campus Health Providers

Room: Provincetown
CME: 1.5  AAFP: 1.5  CNE: 1.5  CPEU: 1.5

After this session, attendees should be able to:
1. Outline pertinent social and cultural barriers to menstrual health for adolescents and young adults.
2. Differentiate normal from abnormal menstruation for adolescents and young adults.
3. Describe primary dysmenorrhea.
4. Outline endometriosis in adolescents and young adults.

Presenter(s): Noor Dasouki Abu-Alnadi, MD, MSCR and Morgan Greenwood, MPH (University of North Carolina Chapel Hill)
Presider: Jessica Higgs, MD (Bradley University)

101 The Ups and Downs of Treating ADHD in the Primary Care Setting

Room: Salon B-D
CME: 1.5  AAFP: 1.5  CNE: 1.5/1.25  PsyCE: 1.5  NBCC: 1.5  CPEU: 1.5  ACPE: 1.5
(UAN: 0025-9999-23-059-L01-P)

After this session, attendees should be able to:
1. Describe how to diagnose ADHD in the primary care and college setting.
2. Describe how to treat ADHD with both stimulant and nonstimulant medications.

Presenter(s): Perry Mandanis, MD (Self-Employed)
Presider: Deborah Hubbell, RPh, FACHA (University of Connecticut, retired)
Facilitator: Michele Frontale, RPh (Syracuse University)

This session is partially sponsored by the American College Health Foundation Josh Kaplan Fund for Clinical Medicine

102 Mindful Self-Care for College Health Professionals

Room: Salon E
CNE: 1.5  CHES: 1.5  MCHES: 1.5  NBCC: 1.5  NASW: 1.5  CPEU: 1.5

After this session, attendees should be able to:
1. Define mindfulness as it relates to stress management and self-care.
3. Identify short- and long-term strategies for dealing with day-to-day stress.

**Presenter(s):** Ted Coleman, PhD, CHES, MS, LPCC (California State University, San Bernardino)
**Presider:** Kathy Carstens, BSN (Davidson College)
**Facilitator:** Melissa Walker (Wake Forest University)

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**104. New Trends in Mental Health Services Delivery: Faster, Shorter, and Diversified**

**Room:** Suffolk

CME: 1.5  PsyCE: 1.5  NBCC: 1.5  NASW: 1.5  CPEU: 1.5

*After this session, attendees should be able to:*  
1. Describe past, present, and future models of mental health care on college campuses, and their pros and cons.  
2. Describe innovations in mental health service delivery for college counseling centers, and implementation strategies for other campuses.

**Presenter(s):** Will Meek, PhD (Minerva University)  
**Presider:** Joy Himmel, PsyD (Old Dominion University)  
**Facilitator:** Keith Anderson, PhD (Rensselaer Polytechnic Institute, retired)

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**105. Animals on Campus: Ethical and Practical Considerations**

**Room:** Provincetown

CME: 1.5  CNE: 1.5  CHES: 1.5  PsyCE: 1.5  NBCC: 1.5  NASW: 1.5  CPEU: 1.5

*After this session, attendees should be able to:*  
1. Describe the history of the Higher Education Mental Health Alliance, the nine partner organizations, previous guides, and how exactly to access the free resources.  
2. Identify the differences between service animals, therapy animals, and emotional support animals.  
3. Discuss the current regulations related to each kind of emotional support animals.

**Presenter(s):** Andrea Levinson, MD, MSc, FRCPC (The University of Toronto); Alexia Jaouich, PhD (Stepped Care Solutions)  
**Presider:** Andreae Baker, MSN, BSN (Doane University)

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**106. Addressing the Needs of “High Risk” Students in a Stepped Care 2.0 (SC2.0) Model**

**Room:** Salon J-K

CME: 1.5  CNE: 1.5  PsyCE: 1.5  NBCC: 1.5  CPEU: 1.5

*After this session, attendees should be able to:*  
1. Describe Stepped Care 2.0 in a post-secondary setting.  
2. Discuss the application of SC2.0 to support students with acute and complex needs.  
3. Identify strategies for developing an interdisciplinary approach to complex and acute care on campus.  
4. Discuss interprofessional collaboration as a means to avoiding over-escalation and reducing waitlists when supporting students experiencing acute and/or complex mental health concerns.

**Presenter(s):** Alan Lorenz, MD (Rochester Institute of Technology); Marcus Hotaling, PhD (Union College)  
**Presider:** Tanisha Freeman, MBA (Texas Woman’s University)  
**Facilitator:** Carla Bolek, MSN (University of Chicago)
FRIDAY GENERAL SESSIONS

10:00 AM – 11:30 AM (CONT.)

107 The Necessity of Inclusion in Clinical Care -- Incorporating Accessibility in Gender and Sexual Health in College Health

Room: Wellesley
CME: 1.5  AAFP: 1.5  CNE: 1.5/0.45
CPEU: 1.5

After this session, attendees should be able to:
1. Describe how to implement HIV Prevention Care beyond Truvada
2. Discuss sexual health in pleasure and health autonomy/empowerment directed care.
3. Describe how to establish gender affirming care.

Presenter(s): Ariel Watriss, MSN, NP-C, Lisa Keegan, MSN, AGPCNP-BC, WHNP-BC, and Mariah Henderson, MS, PA-C (Tufts University)
Presider: Megan Huddleston, RN, BSN (University of Missouri)
Facilitator: Elisa Burkett, RN (University of Missouri)

108 Management of Eating Disorders in the Out-Patient Setting Within Student Health

Room: Salon B-D
CME: 1.5  AAFP: 1.5  CNE: 1.5  PsyCE: 1.5
NBCC: 1.5  NASW: 1.5  CPEU: 1.5

After this session, attendees should be able to:
1. Define the diagnostic criteria for eating disorders as described in the DSM-V.
2. Identify the signs and symptoms characteristic of patients with eating disorders and subsequent pathophysiologic changes.
3. Discuss the approach of a multidisciplinary treatment team in the management of eating disorders.

Presenter(s): Heather Needham, MD, MPH (University of Southern California, Keck School of Medicine, Department of Family Medicine; Danielle Gonzales, PsyD, NRHSP (University of Southern California, Keck School of Medicine, Department of Psychiatry and Behavioral Science)
Presider: Nicole Karcinski, DNP (University of Florida)
Facilitator: Theryl Chai, MD (University of North Carolina Chapel Hill)

109 Herbal Basics: What Every Healthcare Provider Should Know

Room: Salon G
CME: 1.5  AAFP: 1.5  CNE: 1.5/1.125
CHES: 1.5  CPEU: 1.5  ACPE: 1.5
(UAN: 0025-9999-23-060-L01-P)

After this session, attendees should be able to:
1. Review trends related to commonly used herbal and dietary supplements.
2. Discuss main indications, dosages, adverse effects and interactions associated with herbal and dietary supplements.
3. Discuss information resources utilized for obtaining information on herbal and dietary supplements.

110 Organizing, Hiring, and Supervising Effective Health Promotion Units

Room: Simmons
CNE: 1.5  CHES: 1.5  MCHES: 1.5
CPEU: 1.5

After this session, attendees should be able to:
1. Describe the importance of these three resources about organizational structures, hiring processes, and supervision skills to an effective health promotion unit.
2. Explain how to center equity when building an effective health promotion unit.
3. Discuss how health promotion professionals can apply these resources to build an effective team.

Presenter(s): Padma Entsuah, MPH, CHES, Alicia Czachowski, EdD, MPH, CHES, and Gina Orlando, MPH, CHES; (Columbia University); Sarah Menefee, MPH, CHES (The College of William & Mary); Joleen Nevers, MAEd, CHES, CSE, CSES (University of Connecticut); Raphael Florestal-Kevelier, PhD, MPH (University of Illinois-Chicago)
Presider: Lindsey Lopez, MA (Sam Houston State University)
Facilitator: Corliss Gossett, RN (School of the Art Institute of Chicago)
FRIDAY GENERAL SESSIONS

10:00 AM –11:30 AM (CONT.)

111 The Art of Being a Unicorn: Our Journey to a Successful Integration of Health, Mental Health, and Wellness Services Co-Located Within Campus Recreation

Room: Salon E

CME: 1.5  CNE: 1.5  CHES: 1.5  MCHES: 1.5  NASW: 1.5  CPEU: 1.5

After this session, attendees should be able to:

1. Identify advantages of successfully integrating multiple disciplines.
2. Describe an integration template to outline an effective timeline and strategy.
3. Identify the barriers that can prevent a successful integration.
4. Describe strategies to sustain a successful integration and build upon it over time.

Presenter(s): Stephanie Hanenberg, MSN, FNP-C, Benek Altayli, PsyD, Billie Baptiste, DNP, FNP-C, and Chrissie Bailey, MPA (University of Colorado, Colorado Springs)

Presider: Jane Powers, MSN, ANP-C (Emerson College, retired)
Facilitator: Jamie Shutter, MSEd, FACHA (University of Missouri)

112 Japan University Health Association (JUHA) Session: Mental Health Problems During the COVID-19 Pandemic and Suicide Prevention in Japanese Colleges and Universities

Room: Salon H-I

CME: 1.5  CNE: 1.5  CHES: 1.5  PsyCE: 1.5  NBCC: 1.5  NASW: 1.5

After this session, attendees should be able to:

1. Describe the relationship between JUHA and ACHA.
2. Describe the status of suicide among college students in Japan, and its prevention measures.
3. Describe the lingering effect of COVID-19 on the mental health of first year university students in Japan.
4. Describe the changes and risks of depression and eating attitudes among college students in Japan.

Presenter(s): Katsuhiro Yasumi, PhD, MD (Tokyo Institute of Technology); Yuri Okamoto, PhD, MD (Hiroshima University); Katsumi Nakagawa, MD, PhD, JD (Ritsumeikan University); Ryo Horita, PhD, MA (Gifu University)

Presider: Carman North, MPH, CPH (University of Tennessee, Knoxville)

113 From Dizziness to Abdominal Pain: Interesting Medical Cases from College Health

Room: Salon F

CME: 1.5  AAFP: 1.5  CNE: 1.5/15  CPEU: 1.5

After this session, attendees should be able to:

1. Describe evaluation of a patient with persistent headache symptoms.
2. Discuss diagnostic possibilities of a patient presenting with upper abdominal pain.
3. Describe evaluation of a patient with orthostatic hypotension and dizziness.
4. Describe evaluation of patient presenting with diffuse rash.

Presenter(s): Stephanie Hartman, MD and Andy Hawkins, MD (University of Virginia)

Presider: Dana Froetschel, BSN (University of Georgia)
Facilitator: Emily Lenz, MSN (School of the Art Institute of Chicago)

Join the conversation on social media with hashtag

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Schedule subject to change. Check the ACHA mobile app for updates.
12:00 PM - 1:00 PM

114  Dorosin Memorial Lecture: Vicarious Trauma Among College Health Professionals: Identification and Management

Room: Salon E-F

CME: 1  AAFP: 1  CNE: 1  CHES: 1  MCHES: 1  PsyCE: 1  NBCC: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:
1. Identify vicarious trauma (VT).
2. Describe the impact of VT on college health professionals.
3. Describe strategies to manage VT.
4. Identify strategies to prevent VT.

Presenter(s): Donald Meichenbaum, PhD (Melissa Institute for Violence)
Presider: Ryan Patel, DO (The Ohio State University)

This session is partially sponsored by the American College Health Foundation. Stephan D. Weiss, PhD, Mental Health Fund for Higher Education

1:30 PM - 2:30 PM

115  The Role of Nurses and Health Services in Sexual Assault Response

Room: Wellesley

CME: 1  CNE: 1  CHES: 1  CPEU: 1

After this session, attendees should be able to:
1. Describe the need for more deliberate engagement of health services providers in sexual assault response on campus.
2. Compare various models for campus-based sexual assault response in health services.
3. Discuss evidence-based screening tools and strategies for screening in college health centers.

Presenter(s): Katherine Hutchinson, PhD, RN, FAAN, Christopher Nasin, MD, Melissa Sutherland, FNP-BC, PhD, Hans Saint-Eloi Cadely, PhD, Somatra Connolly, MSN, RN and Erica Liebermann, PhD, ANP/WHNP (University of Rhode Island); Jacqueline Hayes, PhD (Brown University/The Miriam Hospital); Nancy VanDevanter, EdM, MPH, DrPH (New York University)
Presider: Kathy Carstens, BSN (Davidson College)

1:30 PM - 2:30 PM

117  Implementing a New Student Health Insurance Program

CANCELLED BY PRESENTER

Room: Vermont

CME: 1  AAFP: 1  CNE: 1  CHES: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:
3. Discuss the potential role for nurses (including SANEs) on campus.

Presenter(s): Sophie Pillsbury, BA, BS (Duquesne University)
Presider: Jackie Hop, DNP, MBA (University of Central Florida)
Facilitator: Carla Bolek, MSN (University of Chicago)
118 | Leveraging Opportunities for Integrated Health and Well-Being Practices That Bridge Gaps and Promote Cross-Collaboration

Room: Suffolk

CME: 1  CNE: 1  CHES: 1  MCHES: 1  CPEU: 1

After this session, attendees should be able to:

1. Discuss the barriers and challenges accessing health and wellness resources, both on and off-campus, particularly for those students that identify as racial minorities at predominantly white institutions.
2. Identify key strategies that highlight the impact of resource allocation and population health as essential in the discourse centered around retention and matriculation, specifically among senior leadership.
3. Describe best practice principles of clinical case management to a collegiate integrated health program, emphasizing cross-collaboration and health equity.

Presenter(s): Mari Ross, PhD, LPC-MHSP, ACS, and Leigh Norwood, MSW (University of North Carolina, Charlotte)

Presider: Martha Davis, RN, MBA (University of Georgia, retired)

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119 | Making Informed Technology Choices for Campus Programs at Any Size

Room: Salon H-I

CME: 1  CNE: 1  CHES: 1  MCHES: 1  CPEU: 1

After this session, attendees should be able to:

1. Identify the top questions to consider when choosing a technology product.
2. Identify top inquiries to make when reviewing technology with the product developer and campus IT professionals.
3. Discuss with attendees of like-institutions, experiences with purchasing and how to overcome pitfalls.
4. Describe brief takeaways from roundtable discussions to enhance technology purchasing experiences.

Presenter(s): Robert Brown, BA (University of Georgia)

Presider: April Lehrling, MS, RN-C (Southeastern Oklahoma State University)

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120 | The Influence of Environmental Factors, Including Diversity, Equity, and Inclusion, on the Emotional Well-Being of Students, Staff, and Faculty

Room: Salon E

CME: 1  CNE: 1  CHES: 1  MCHES: 1  PsyCE: 1  NBCC: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:

1. Identify a new survey tool designed to measure emotional well-being of students, staff, and faculty.
2. Explain the intersectional nature of diversity, equity, and inclusion on mental health and emotional well-being.
3. Discuss the mental health and emotional well-being disparities that exist among students, staff, and faculty.
4. Describe the influence of environmental factors on the mental health and emotional well-being of students, staff, and faculty.

Presenter(s): Ryan Travia, EdD (Babson College); Valerie Merriweather, MA, MHA (North Carolina Central University)

Presider: Alicia Czachowski, EdD, MPH (Columbia University)

Facilitator: Katryna Sardis, LMSW (University of Missouri-Columbia)

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DON’T MISS THE OPPORTUNITY TO EARN CE CREDIT!

The deadline to request credit is July 17, 2023.

Go to www.acha.org/AnnualMeeting23 to evaluate the sessions.

Stop by the Speaker and CE Support Booth for questions.
121 Assessing Student Well-Being at the Institution Level: When Students Thrive, Institutions Thrive

Room: Salon G
CNE: 1 CCHS: 1 MCHES: 1 CPEU: 1

After this session, attendees should be able to:
1. Describe areas of strength and opportunity for institutions based on initial Student Well-being Institutional Support Survey (SWISS) results.
2. Describe how perceptions of institutional support for student well-being differ based on student identities.
3. Identify ways that institutions can take action based on SWISS results.

Presenter(s): Bridget Yuhas, EdD, MS (Butler University)
Presider: Andreea Baker, MSN, BSN (Doane University)

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123 Pharmacy Hot Topics 2023

Room: Salon B-D
CNE: 1 CPEU: 1 ACPE: 1
(UAN: 0025-9999-23-061-L04-P)

After this session, attendees should be able to:
1. Describe the steps taken to successfully collaborate with other various departments on campus to help promote services available to the campus community.
2. List two-three other departments on campus that they can work with to help promote pharmacy services.
3. Identify two-three ways additional services the pharmacy department can provide to the campus community and increase revenue within the department.

Presenter(s): Bretta Quick, PharmD, BCPP, SDIV (University of Colorado at Denver)

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124 Creating and Curating a Collaborative Trauma Informed Care Curriculum for Your College Health Center

Room: Simmons
CME: 1 AAFP: 1 CCHS: 1 CPEU: 1

After this session, attendees should be able to:
1. Define trauma and trauma informed care.
2. Identify a trauma informed care needs assessment survey.
3. Explain how to collaborate within your health center and with campus partners to create a trauma informed organization.
4. Describe how to design a trauma informed care curriculum framework for your student health center.

Presenter(s): Patty Pinanong, MD; Angie Chanem-Uzqueda, PhD, MPH (University of Southern California, Keck School of Medicine, Department of Family Medicine), and Kerry Flammang, BSN, RN (University of Southern California, Keck Medicine)
Presider: Nasreen Ghazi, MD (Florida Atlantic University)

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125 Leveraging Technology and Advocates to Support a Culture of Mental Health

Room: Provincetown
CME: 1 CCHS: 1 CCHS: 1 NBCC: 1 CPEU: 1

After this session, attendees should be able to:
1. Differentiate parameters for organizing mental health resources for users.
2. Describe the implementation process for an online strategy to showcase mental health resources.
FRIDAY GENERAL SESSIONS

1:30 PM - 2:30 PM (CONT.)

3. Explain the benefits of live peer chat.
4. List steps for developing mental health liaison program.

Presenter(s): Sara Stahlman, MA, Emily Jones, AS, and Ashiya Campbell, BA (University of North Carolina at Chapel Hill)
Presider: Nancy Russell, DNP, MSN, FNP-BC (Johns Hopkins University)
Facilitator: Ted Coleman, PhD, CHES, MS, LPCC (California State University, San Bernardino)

3:00 PM - 4:00 PM

126 Considerations for Use and Management of Biologic Drugs at a College Health Center

Room: Suffolk
CME: 1 AAFP: 1 CNE: 1/1 CPEU: 1
ACPE: 1
(UAN: 0025-9999-23-062-L04-P)

After this session, attendees should be able to:
1. Identify the biologic medications most commonly used in young adults.
2. Describe barriers to access and use of biologic medications.
3. Discuss strategies to overcome challenges around access and use of biologic medications.

Presenter(s): Amy Sauls, PharmD, CPP, BCCP (University of North Carolina at Chapel Hill)
Presider: Michele Frontale, RPh (Syracuse University)
Facilitator: Tabby Ragland, PharmD (Middle Tennessee State University)

127 Title IX: Then and Now

Room: Salon E
CNE: 1 CHES: 1

After this session, attendees should be able to:
1. Identify the historical context to Title IX.
2. Explain the impact of the historical context of Title IX within the current higher education landscape.
3. Discuss current best practices for implementing Title IX on their campus.

Presenter(s): Cynthia Burwell, EdD, MS (Norfolk State University); Kelly Gorman, MSc (University at Albany, SUNY)
Presider: Lori Dewald, EdD, ATC, MCHES (Southern Illinois University)
Facilitator: Mary Schmidt-Owens, PhD (University of Central Florida)

128 Providing Efficient, Appropriate Care Through RN Driven Virtual Appointments?

Room: Wellesley
CNE: 1 CPEU: 1

After this session, attendees should be able to:
1. Identify patients assigned female at birth with symptoms of a urinary tract infection (UTI) who can be treated virtually, without a urine analysis.
2. Identify asymptomatic patients who can be screened for sexually transmitted infections.

Presenter(s): Jacqueline Rumsey, RN, BS and Emilee Fraizer, BSN, RN (Cornell University)
Presider: Jennifer Cook, MSN, RN (San Jose State University)
Facilitator: Deborah Hester, BSN, RN (Sam Houston State University)

129 Contributing to Student Wellness Through Healthy Eating: A Campus Farm to Table Program

Room: Salon G
CME: 1 CNE: 1 CHES: 1 CPEU: 1

After this session, attendees should be able to:
1. Discuss focus group themes in making campus health resources more equitable.

Presenter(s): Jessica Larkin-Wells, BA, and Heather Phillips, RDN, CPT (University of Connecticut)
Presider: Katryna Sardis, LMSW (University of Missouri-Columbia)

130 Believe When We Say Something’s Wrong: Improving Marginalized Students’ Experiences with Campus Health Services

Room: Salon F
CME: 1 CNE: 1 CHES: 1 NASW: 1 CPEU: 1

After this session, attendees should be able to:
1. Discuss focus group themes in making campus health resources more equitable.
2. Identify areas for improvement in one’s own campus health center.

Presenter(s): Kari Mansager, MEd and Amber Williams, PhD (California Polytechnic State University, San Luis Obispo)
Presider: Ted Coleman, PhD, CHES, MS, LPCC (California State University, San Bernardino)

131 Is the Research Truly Inclusive?
Room: Salon J-K
CNE: 1  CHES: 1  MCHES: 1  NBCC: 1  NASW: 1

After this session, attendees should be able to:
1. Identify potential biases in research strategies.
2. Identify strategies to make research inclusive.

Presenter(s): Tondra Moore, PhD, JD, MPH (Prairie View A&M University); Yolanda Nicholson, DNP, MSN, RN, FNP-C (North Carolina A&T State University)
Presider: Andreea Baker, MSN, BSN (Doane University)

132 College Health: Delivering Services to the Emerging Adult Healthcare Consumer
Room: Salon B-D
CME: 1  AAFP: 1  CNE: 1  CHES: 1  MCHES: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:
1. Identify barriers or attitudes of the emerging healthcare consumer.
2. Discuss perceptions or practices of the healthcare providers and clinical support team that impact patient compliance or success.

3. Identify strategies to facilitate the successful transition to post college healthcare utilization and preventative services.

Presenter(s): Erica Bumpurs, MS (Sam Houston State University); Carol Griggs, PhD, MDiv (University of Wisconsin-Madison)
Presider: Eileen Hineline, MSHA, BSN (Barry University)

133 Best Practices for Maximizing Efficiency at Mass Vaccination Clinics on College Campuses
Room: Simmons
CME: 1  CNE: 1  CHES: 1  CPEU: 1

After this session, attendees should be able to:
1. Describe benefits of mass vaccination clinics.
2. Identify important elements of an efficient mass vaccination clinic.
3. List strategies for implementing efficient mass vaccination efforts on your campus.

Presenter(s): Lauren Cordova, MEd (University of Pennsylvania)
Presider: Rae Fletcher, PhD (University of Illinois Urbana-Champaign)
Facilitator: Megan Huddleston, RN, BSN (University of Missouri)

ACHA Wellness Needs of Military Veteran Students Coalition Report
CANCELLED BY PRESENTER

135 Results and Analytics from 2022 National Survey on Student Health Insurance/Benefit Plans
Room: Salon H-I
CNE: 1  CHES: 1  CPEU: 1

After this session, attendees should be able to:
1. Define the national environment as it pertains to SHIBPs.
2. Compare existence and implementation of insurance standards.
3. Describe uninsured and underinsured population in college health.
4. Define future stability and sustainability of SHIBPs.
5. Compare health services operational models.

Presenter(s): Liebe Meier, MHA, MBA (Cornell University); Doug Koyle (Ohio Wesleyan University); Shannon Millington, PT (University of Oregon); Zina Slaughter, MBA (University of California)
Presider: Debra Stephens, BFA (School of the Art Institute of Chicago)
SATURDAY EVENTS, MEETINGS, & GENERAL SESSIONS

MEETINGS, DISCUSSION GROUPS, AND NETWORKING EVENTS

**7:00 am - 11:00 am**
Registration

**7:00 am**
Continental Breakfast
Room: 3rd Floor Atrium

**8:00 am - 12:00 pm**
HEMHA Meeting
Room: Boylston

**11:00 am - 12:00 pm**
Closing Presidential Session
Room: Salon E-F
See Featured Events page for more information.

**12:00 pm - 5:00 pm**
American College Health Association Board of Directors Retreat
Room: Regis

DON'T MISS THE OPPORTUNITY TO EARN CE CREDIT!

The deadline to request credit is July 17, 2023.
Go to www.acha.org/AnnualMeeting23 to evaluate the sessions.
Stop by the Speaker and CE Support Booth for questions.

Saturday Breakfast

**7:00 am**
Continental Breakfast
Room: 3rd floor Atrium

Schedule subject to change. Check the ACHA mobile app for updates.
SATURDAY GENERAL SESSIONS

8:00 AM – 9:00 AM

136 Increasing Awareness and Access to Individual Basic Needs for Student Empowerment

Room: Simmons
CME: 1  CNE: 1  CHES: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:
1. Describe the current prevalence of food insecurity in the college arena.
2. Discuss the importance of addressing basic needs in the college student community.
3. Describe the formation and roll out of a basic needs toolkit in their professional environment.

Presenter(s): Kristi Stoeckel, RD (San Francisco State University)

137 Occurrence of Health-Related Events Among Undergraduate Students Studying Abroad

Room: Salon J-K
CME: 1  AAFP: 1  CNE: 1  CHES: 1  CPEU: 1

After this session, attendees should be able to:
1. Discuss the initiation of a multi-center research project to assess the student study abroad office, student health center, and students.
2. Describe the health-related events acquired among undergraduate students studying abroad.

Presenter(s): Kristina M. Angelo, DO, MPH&TM (Centers for Disease Control and Prevention)
Presider: Jessica Higgs, MD (Bradley University)

138 A Multidisciplinary Annual Wellness Screening of University Level Dancers

Room: Vermont
CME: 1  CNE: 1  CPEU: 1

After this session, attendees should be able to:
1. Identify tests and outcome measures used to access the physical condition of a university dance student.
2. Describe the screen used to access risk of an eating disorder in university dance students.
3. Explain the need for a multidisciplinary university dance wellness program to prevent injuries and support students’ continuous participation in their program.
4. Discuss the importance of referral to various medical providers to address the physical, dietary, and psychological needs of university dance students.

Presenter(s): Nadine Aktan, PhD, FNP-BC (Rutgers School of Nursing); Jill Nocella, PhD, APRN-BC, Emily Mahon, PhD, MBA, MA, and Jill Guzman, DNP, CRNP-PC (William Paterson University)
Presider: Emily Lenz, MSN (School of the Art Institute of Chicago)

139 The Relationship Between Somatic Symptoms and Mental Health in the College-Aged Student

Room: Salon G
CME: 1  AAFP: 1  CNE: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:
1. Describe the relationships between somatic symptoms and mental health.
2. Compare factors related to somatic symptoms and student primary care encounters.
3. Describe how to apply knowledge gained about somatic symptoms and mental health to professional practice to promote high quality outcomes and reduce suicide risk.

Presenter(s): Sara Nimmo, MBA, and Lindsay Barber, MSA (Missouri State University)
**Social Marketing for Student Affairs Professionals: Campaigns to Ignite Mental Health Culture Change**

*Room: Provincetown*
*CNE: 1  CHES: 1  MCHES: 1  NASW: 1  CPEU: 1*

After this session, attendees should be able to:

1. Explain the steps to implement a social marketing campaign.
2. Identify strategies and research required for effective health communication reaching college students.
3. Describe examples of campaigns to drive help-seeking behavior change and common challenges.
4. Discuss key considerations for evaluation and sustainability.

*Presenter(s): Emilia George, MPH, CHES, and Leah Finch, MA, LMHC, NCC (The Jed Foundation)*
*Presider: Nicole Karcinski, DNP (University of Florida)*

**Stress Management and Emotional Resilience (SMART) Mobile App for College Students**

*Room: Salon B-D*
*CME: 1  CNE: 1  CHES: 1  PsyCE: 1  MCHES: 1  NBCC: 1  NASW: 1  CPEU: 1*

After this session, attendees should be able to:

1. Compare stress management programs delivered via apps, website, and face-to-face.
2. Describe components of effective stress management programs.

*Presenter(s): Lori Dewald, EdD, ATC, MCHES, F-AAHE (Southern Illinois University); Nikki Brauer, MS, CWPM, COEE, CHWC (Illinois State University); Faith DeNardo, PhD, MSEd, F-AAHE (Bowling Green State University); Marguerite O’Brien, MSW (Coastal Carolina University)*
*Presider: Shannon Atnip, BBA, LVN (Sam Houston State University)*
*Facilitator: Carla Bolek, MSN (University of Chicago)*

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**Emotional Intelligence in Your Clinical Practice 2.0**

*Room: Salon H-I*
*CME: 1  AAFP: 1  CNE: 1  CHES: 1  MCHES: 1  NBCC: 1  NASW: 1  CPEU: 1  ACPE: 1*
*(UAN: 0025-9999-23-063-L04-P)*

After this session, attendees should be able to:

1. Explain the emotional intelligence framework.
2. Discuss the positive impact of emotional intelligence on patient care.
3. List the domains of emotional intelligence.
4. Identify and implement emotional intelligence in clinical practice.

*Presenter(s): Marisol Torres, MPH, MCHES and Connie Marmolejo, DrPH (University of California - Riverside)*
*Presider: Andreea Baker, MSN, BSN (Doane University)*
SATURDAY GENERAL SESSIONS

9:30 AM - 10:30 AM

145 Outpatient Concussion Management
Room: Salon F
CME: 1  AAFP: 1  CNE: 1  CPEU: 1

After this session, attendees should be able to:
1. Describe the definition and epidemiology of concussion.
2. Discuss how to integrate key concussion management tools into clinical workflows.
3. Describe the conditions under which students may begin a graduated return to learn, work and play protocol.

Presenter(s): Dena Florczyk, MD and Chaitali Mukherjee, MD, MPH (University of California, Los Angeles)
Presider: Michael Huey, MD (Emory University, retired)

146 A Multidisciplinary Approach to Working with ARFID Diagnosis Post a Bariatric Procedure Within Student Health
Room: Wellesley
CME: 1  AAFP: 1  CNE: 1/30  PsyCE: 1  NBCC: 1  CPEU: 1  ACPE: 1
(UAN: 0025-9999-23-064-L01-P)

After this session, attendees should be able to:
1. Describe the eating disorder diagnosis ARFID.
2. Describe the roles of an interdisciplinary team treating students with eating disorders.
3. Discuss the role of dietary and psychopharmacologic intervention in the treatment of complex eating disorder patients.
4. Explain the medical concerns of a bariatric patient with an ARFID.

147 Building a Comprehensive Community of Care to Support Student-Athlete Mental Health Using a Public Health-Informed Approach
Room: Simmons
CME: 1  CNE: 1  CHES: 1  MCHES: 1  PsyCE: 1  NBCC: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:
1. Articulate how stressors specific to student-athletes may affect their mental health and risk for suicide.
2. Identify attitudes and concerns about mental health that are held by athletics staff, coaches, and student-athletes.
3. Describe how athletics conferences have played a key role in advancing our understanding of student-athlete mental health issues and promoting collaborative and innovative communities of care within and across member institutions.

4. List five actionable strategies based on a comprehensive public health framework that may be implemented by mental health professionals, sport managers, and university administrators to promote a community of care.

Presenter(s): M. Dolores Cimini, PhD (University at Albany, SUNY); Marsha Florio, MS, and Valerie Moyer, PhD (America East Conference)
Presider: Laurel Halsey, MBA (Colorado State University-Fort Collins)

148 Dynamic Innovations to Improve Food Security, Health, and Well-Being of Students in a University Health Setting
Room: Salon B-D
CME: 1  CNE: 1  CHES: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:
1. Define food security.
2. Discuss university students’ attitudes and preferences regarding food security screening.
3. Discuss interventions to help improve identification of food security and refer to on and off campus resources.

Presenter(s): Tahshann Richards, DO, MPH, Karisma Ajodah, LCSW, and Carissa Borton, BSN, RN (Columbia University)
Presider: Monica Kunkel, MSN (Columbia University)
Facilitator: Carla Bolek, MSN (University of Chicago)
SATURDAY GENERAL SESSIONS

9:30 AM - 10:30 AM (CONT.)

149  Doing More With Less: How You Can Meet the Needs of the Students and Achieve Your Goals Without a Big Budget

Room: Salon G
CME: 1  CNE: 1  CHES: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:
1. Identify campus and community partners to offer programming and services on their campus.
2. Identify opportunities for increased funding for health center programs and services.
3. Identify possible barriers that smaller institutions face when planning and implementing for services.

Presenter(s): Andreea Baker, MSN, BSN (Doane University); Eileen Hineline, MS, RN-BC (Barry University)
Presider: Emily Lenz, MSN, FNP-C (School of the Art Institute of Chicago)

150  Embedding Counselors in Student Health Centers: Implementing and Evaluating the Primary Care Behavioral Health Service Delivery Model

Room: Salon E
CME: 1  AAFP: 1  CNE: 1  PsyCE: 1  NBCC: 1  NASW: 1  CPEU: 1

After this session, attendees should be able to:
1. Describe the Primary Care Behavioral Health (PCBH) model of care.
2. Explain various ways to evaluate PCBH outcomes.
3. Identify the barriers and facilitators associated with implementation of the PCBH model in college health settings.
4. Outline the steps toward implementing/evaluating a PCBH model on their campus.

Presenter(s): Kevin Readdean, PhD, LMHC (Rensselaer Polytechnic Institute)
Presider: Ann Rayford, ANP-BC, MSN, CHES (Oakland University)

151  HBCU Summit: A Review and Discussion of the 2023 HBCU Summit and Preparation for the 2024 Summit

Room: Salon J-K
CNE: 1  CPEU: 1

After this session, attendees should be able to:
1. Define HBCU needs.
2. Define the Gaps of Support.

Presenter(s): Yolanda Nicholson, DNP, MSN, RN, FNP-C (North Carolina A&T State University)
Presider: Jennifer Cook, MSN, RN (San Jose State University)

152  Employing Athletic Trainers in Your Student Health Center Will Enhance Patient Services

Room: Salon H-I
CNE: 1  CPEU: 1

After this session, attendees should be able to:
1. Describe the educational and clinical skills preparation of athletic trainers.
2. Explain the knowledge, skills, and abilities of athletic trainers.
3. Identify how student health centers can employ athletic trainers for the plethora of injuries and conditions that are seen by student health centers.
4. Discuss the return on investment in the hiring of athletic trainers within student health centers.

Presenter(s): Lori Dewald, EdD, ATC, MCHES, F-AAHE (Southern Illinois University)
SATURDAY GENERAL SESSIONS

11:00 AM - 12:00 PM

153 Presidential Closing Session: A Conversation with Elliot Fletcher

Room: Salon E-F

CME: 1  CNE: 1  CHES: 1

After this session, attendees should be able to:
1. Discuss the value of representation.
2. Describe the importance of access to healthcare for trans individuals.

Presenter(s): Elliot Fletcher

Presider: Jessica Higgs, MD (Bradley University)

This session is partially sponsored by the American College Health Foundation Aetna Student Health Fund and the Ayers/Battle/Thomas Diversity Fund
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Schedule subject to change. Check the ACHA mobile app for updates.
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30 | Project ACCESS: Mitigating Risk for HIV and Substance Use Among College Students Experiencing Health Disparities Using an Embedded Prevention Navigator Model | CANCELLED BY PRESENTER |

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| 33 | Emergency Response Planning: Beyond the Document | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 34 | Increasing Access to Services for Underrepresented Populations Utilizing Liaison Roles | 0 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 |
| 35 | Why Does Race Matter: A Deeper Look into Anxiety | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 1 |
| 36 | Developing a Faculty/Staff Well-Being Program: Lessons from the Road | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 1 |
| 37 | Centering Equity in Evidence-Based, Campus-Wide Mental Health Strategic Planning | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 1 | 0 | 1 |
| 38 | Developing an Inclusive Express STI Testing Clinic Within the Student Health Center | 1 | 1 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |

4:30 PM - 5:30 PM

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### SESSION INDEX

**THURSDAY, JUNE 1**

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<td>The Pre-Participation Physical Exam: Essentials for College Health Practitioners</td>
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### FRIDAY, JUNE 2

#### 8:00 AM - 9:30 AM

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<td>Building Menstral Mgmt. Capacity in Campus Health Providers</td>
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<td>Screening in College Health Centers: Panel on the National College Health Care Provider Study and Implications for Practice</td>
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<td>Implementing a New Student Health Insurance Program</td>
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<td>Leveraging Opportunities for Integrated Health and Well-Being Practices: Innovative Solutions That Bridge Gaps and Promote Cross-Collaboration</td>
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Schedule subject to change. Check the ACHA mobile app for updates.
**SESSION INDEX**

| 122 | The Changing Face of Disordered Eating: A Team Approach to Recognizing, Assessing and Treating Eating Disorders in Diverse Populations | 1 | 1 | 0 | 0 | 1/10 | 1 | 1 | 1 | 0 | 1 |
| 123 | Pharmacy Hot Topics 2023 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 1 |
| 124 | Creating and Curating a Collaborative Trauma Informed Care Curriculum for Your College Health Center | 1 | 1 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 125 | Leveraging Technology and Advocates to Support a Culture of Mental Health | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 |

**FRIDAY, JUNE 2 (cont.)**

| 126 | Considerations for Use and Management of Biologic Drugs at a College Health Center | 1 | 1 | 0 | 0 | 1/1 | 0 | 0 | 0 | 1 | 1 |
| 127 | Title IX: Then and Now | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 128 | Providing Efficient, Appropriate Care Through RN Driven Virtual Appointments? | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |
| 129 | Contributing to Student Wellness Through Healthy Eating: A Campus Farm to Table Program | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |
| 130 | Believe When We Say Something's Wrong: Improving Marginalized Students’ Experiences with Campus Health Services | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 1 |
| 131 | Is the Research Truly Inclusive? | 0 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 0 |
| 132 | College Health: Delivering Services to the Emerging Adult Healthcare Consumer | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 0 | 1 |
| 133 | Best Practices for Maximizing Efficiency at Mass Vaccination Clinics on College Campuses | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 134 | ACHA Wellness Needs of Military Veteran Students Coalition Report | CANCELLED BY PRESENTER |
| 135 | Results and Analytics from 2022 National Survey on Student Health Insurance/Benefit Plans | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |

**SATURDAY, JUNE 3**

| 136 | Increasing Awareness and Access to Individual Basic Needs for Student Empowerment | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| 137 | Occurrence of Health-Related Events Among Undergraduate Students Studying Abroad | 1 | 1 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |
| 138 | A Multidisciplinary Annual Wellness Screening of University Level Dancers | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |
| 139 | The Relationship Between Somatic Symptoms and Mental Health in the College-Aged Student | 1 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 |
| 140 | Clinical Staffing Models, Recruitment and Well-Being in a Competitive World | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |
| 141 | Social Marketing for Student Affairs Professionals: Campaigns to Ignite Mental Health Culture Change | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 1 | 0 | 1 |
| 142 | Stress Management and Emotional Resilience (SMART) Mobile App for College Students | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 1 |
| 143 | Emotional Intelligence in Your Clinical Practice 2.0 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 |
| 144 | Collective Impact: Innovative Strategies to Integrate Well-Being Across Campus | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 1 |
### SATURDAY, JUNE 3 (cont.)

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<td>A Multidisciplinary Approach to Working with ARFID Diagnosis Post a Bariatric Procedure Within Student Health</td>
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<td>Building a Comprehensive Community of Care to Support Student-Athlete Mental Health Using a Public Health-Informed Approach</td>
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<td>Dynamic Innovations to Improve Food Security, Health, and Well-Being of Students in a University Health Setting</td>
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<td>Doing More With Less: How You Can Meet the Needs of the Students and Achieve Your Goals Without a Big Budget</td>
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<td>Embedding Counselors in Student Health Centers: Implementing and Evaluating the Primary Care Behavioral Health Service Delivery Model</td>
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None of the presenters or planners for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients, except for the following:

S. Shahzad Mustafa, MD, who has disclosed that he is on speakers’ bureaus for Genentech, Regeneron, AstraZeneca, GlaxoSmithKline, CSL Behring, and Aimmune.

Katherine Hsu, MD, MPH, who has disclosed that she owned stock in Johnson & Johnson.

Bruce Levy, MD, who has disclosed that he has received research funding from Entrinisc Therapeutics, GSK, Pieris Pharmaceuticals, SRA, and Sanofi; is a consultant for Astra Zeneca, Entrinisc Therapeutics, Nocion Therapeutics and Pieris Pharmaceuticals; receives royalties from Propeller Health; and owns stock in Genentech and Nocion Therapeutics.

See-Won Seo, PharmD, who has disclosed that they own stock in Biora Therapeutics, Inc. and Unicure.

Mariah Henderson, MS, PA-C, who has disclosed that she was a consultant for Otsuka Pharmaceutical.

All of the relevant financial relationships listed for these individuals have been mitigated.
## PRESENTERS DIRECTORY

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<tr>
<td>Jake Baggott, MLS</td>
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<td>Chrissie Bailey, MPA</td>
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<td>Rianna Bailey, MSW, LCSW</td>
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<td>Andreea Baker, BSN, MSN</td>
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<td>Billie Baptiste, DNP, FNP-C</td>
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<td>Nora Basile, DNP, APRN, AGPCNP-BC, WHNP-BC</td>
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<td>Courtney Blomme, MS, RD</td>
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<td>Nyssa Boardman, PsyD</td>
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<td>Carissa Borton, BSN, RN</td>
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<td>Nikki Brauer, MS, CWPM, COEE, LPCC-S</td>
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<td>Joanna Brown, DNP, APRN</td>
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<td>Robert Brown, BA</td>
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<td>Robyn Buchsbaum, MHS</td>
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<td>Erica Bumpurs, MS</td>
<td>Sam Houston State University</td>
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<td>Greg Bunyea, MS</td>
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<td>Laura Burkhart, MD, MPH</td>
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<td>Julia Burton, MSN, CRNP, FNP-BC</td>
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<td>Lana Dvorkin Camiel, PharmD</td>
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<td>Ashiya Campbell, BA</td>
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<td>Ted Coleman, PhD, CHES, MS, LPCC</td>
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<td>Kris Coles, EdD</td>
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<td>Somatra Connolly, MSN, RN, PMHNP-BC</td>
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<td>Lauren Cordova, MSEd</td>
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