Registered Nurse (RN) Led Sexually Transmitted Infection (STI) Screening Program
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Introduction
- The mission of the RN STI program: to improve the health of FAU students by increasing access to no-cost STI screenings
- The former screening model at SHS was referred to as Testing Tuesday (TT)
- Highlights of the RN STI Program:
  - Patient completes a comprehensive sexual history and symptom review questionnaire which is reviewed by the RN
  - RN discusses appropriate testing recommendations and provides counseling
  - If a patient is experiencing symptoms, they will be referred to a provider
  - Student Health Services noticed with the new RN Led STI program, there has been an increase in the number of students seeking testing

Workflow Model
- STI Screening Questionnaire Completed
- RN reviews screening questions to determine testing type
- RN performs consultation with patient and testing completed
- Provider reviews lab results and notifies patient of results

Development of RN Training Program
- Additional benefits to shifting program to be RN led
  - Incorporated aspects of ACHA best practices for sexual health into training
  - Compliance with CDC which endorses having standard protocols in place and creating a safe space for students (inclusive forms, SOGI data etc)[2]
  - Use of RN at their highest level in SHS
  - Students may be more likely to communicate with nurses on sensitive information
  - Peer review as quality control
- How
  - Utilized up to date CDC education guides for training
  - Onboarding includes training with the CMO or Lead Clinician for new hires. Additionally, the new hires shadow the experienced RNs
  - Established RN STI policy
  - Institutional support

Number of Tests Performed by Academic Year

<table>
<thead>
<tr>
<th>Procedure</th>
<th>2021-22 Academic Year</th>
<th>2022-23 Academic Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Urine GC/CT</td>
<td>251</td>
<td>399</td>
</tr>
<tr>
<td>Rectal GC/CT</td>
<td>5</td>
<td>19</td>
</tr>
<tr>
<td>Oral GC</td>
<td>174</td>
<td>257</td>
</tr>
<tr>
<td>Syphilis</td>
<td>174</td>
<td>257</td>
</tr>
<tr>
<td>HIV</td>
<td>176</td>
<td>276</td>
</tr>
</tbody>
</table>

Evolution from Testing Tuesday to the RN Led STI Screening Program

Testing Tuesday (TT) Program
The program had inherent limitations. In August 2016, one of our Advanced Practice Registered Nurses (APRN) piloted the program, a weekly clinic that offered no-cost urine chlamydia/gonorrhea (GC/CT) testing
- Access
  - Appointments only available 1 day per week
  - Patient could only schedule same day via walk in
  - > 5 to 10 patients turned away weekly, due to appointment slots filling up
  - Single APRN ran the program. If APRN was out, appointments were shifted to other providers, resulting in reduced access to the general medical clinic
- Testing
  - Only Urine GC/CT testing available
  - Expanded testing for high-risk patients not offered
  - If patients referred to general medical clinic for additional testing, often deferred because cost was a barrier
- Education
  - Single provider educating patients

RN Led STI Screening Program
In August 2021, after 6 months of planning, we unveiled the RN Led STI Screening Program. Chief Medical Officer (CMO) and Lead Clinician created an evidence based training program to standardize education being delivered
- Access
  - Appointments available multiple days per week
  - Appointments available at all 3 campus locations
  - Ability to schedule in advance online or by phone
  - No patient is turned away
- Testing
  - Expanded program to include Urine GC/CT, Oral GC, Rectal GC/CT, Syphilis, and HIV
  - Referral to general medical clinic for PrEP and contraception care
- Education
  - Peer reviews to assess charting, testing, and documentation
  - Inclusive sexual health education


Access online www.cdc.gov