The Structure

The Advocate Program offers three levels of participation and support, from the individual to departmental and institutional structures.

TRACK 1: Department Advocate team
Term: One academic year
Utilizing the four themes and well-being framework, department members designated as the Advocate team work with the Rackham Advocate:

- The Advocate team reflects on the strengths of the department, as well as identifies opportunities for improvement, including programmatic and structural changes.
- Once issues are identified, the Advocate team selects from a menu of intervention options, which can be tailored to the department’s needs.
- The Rackham Advocate and Advocate team then work together to implement and assess solutions.

TRACK 2: Focused Advocacy
Term: One month to one academic term
This track is tailored to address a specific short-term matter and/or need. The Rackham Advocate provides mental health and well-being resources, information, support, and guidance to Rackham graduate program staff and faculty on an ad hoc basis.

TRACK 3: Faculty/Staff Advocate
Term: 1-2 academic years
Supported by the Rackham Advocate, the Faculty/Staff Advocate may serve in multiple roles:

- As a member of the department Advocate team
- As a point person for students seeking mental health and well-being resources, including disability accommodations.
- As a resource and educator of well-being best practices, research, and data for other faculty within the department.