

Spring 2004



May, 2004
Volume 4, Issue 2

NCCHA NEWS

PRESIDENT'S LETTER

Hello all in NCCHA land,

I hope this finds you well and getting ready to *wind down* for the summer.

Does this newsletter look different to you? That's because Wendi Gilchrist from Minot State University moved to California in February. As a result we are without a Newsletter Editor until the newly elected one takes over October. In the interim, I worked on this issue with the invaluable help from my department's office assistant; Caren Barnett (Minot State Univ.) has volunteered to take the lead on the fall edition.

Since the last newsletter, the Board met in February at the Mall of America. (Thanks Alan for making the arrangements!) Despite blizzard conditions through which some had to travel and the temptation to "shop 'til we drop," each of us retained our composure to plow through an extensive agenda. The following is a summary:

NCCHA's current mission statement was updated and approved: The North Central College Health Association provides regional leadership by advancing the health of college students, by advocating and assisting its members with networking and educational opportunities, and by promoting college health services and influencing action on health issues.

All updated position descriptions were approved. The bylaws will be reviewed at our business meeting in New Orleans and changes will be addressed at the October board meeting. Look for the current draft in the late summer/fall newsletter.

We awarded two student grants this year through our Student Grant Program. Students from Minnesota State University – Mankato requested seed money to assemble and maintain a mobile kiosk for self-care supplies. Students from St. Cloud University requested monies for safe spring break initiatives. Congratulations to both groups. We look forward to reading about their outcomes in future newsletters.

Alice has been working with ACHA's web manager (Lisa Pitrone) regarding the establishment of the NCCHA website through the national organization. All files have been forwarded (e.g., student grant application process, minutes, logo, mission statement, position descriptions, bylaws, conference updates, etc.). To date, uploading progresses. Check it out at: www.acha.org/nccha/

Please feel free to contact me if you have any questions or comments. Thank you for your support and dedication to NCCHA.

If I don't see you in New Orleans, allow me to take time to wish you a relaxing and delightful summer.

Donna Schoenfeld
President

My dear friend and colleague (as she was to many of you) left Minot State Univer-

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REGION II REPORT**Dan Hoff, Representative**

This was my first meeting with the Board of Directors (BOD) of ACHA and I was quite impressed with all the issues we dealt with. Even after going much longer than scheduled, we didn't get all the agenda items covered. Some of us were in town a day early and went to Washington DC where we met with legislative assistants of several Congressmen. We did some advocacy work covering issues appropriate to college health. It was a very interesting day and afterwards the Board decided we should make this a part of each winter's meeting. The following issues were discussed:

COLLEGE NURSE CREDENTIALING - ACHA is working with the American Nurses Credential Center (ANCC) to develop an alternative method of recognizing specialty knowledge in college health nurses. It was reported that ANCC will stop administering the College Nurse assessment after this year, but those interested in taking the test could still do so this year. The specialty knowledge recognition could be open to non-bachelors degree nurses. The ACHA liaison to ANCC is Dorothy Kozlowski, RN of Rutgers Univ.

JOURNAL OF AMERICAN COLLEGE HEALTH- If you hadn't noticed, our Journal has been late in publication for several issues. There have been multiple meetings with Heldref Publications, ACHA leadership and legal counsel; ACHA leadership are confident that publisher is working on the problems and that we will receive all back issues in a short time. They will then be back on schedule.

NATIONAL COLLEGE HEALTH ASSESSMENT (NCHA) - ACHA declined an offer to merge NCHA with The Health Survey from Outside the Classroom. ACHA leadership will be working with JACH staff to publish the first year's results as soon as possible with the results of succeeding surveys published in a timely manner, thereafter.

ADVOCACY - ACHA has been a member of the Consortium of Governmental Relations for Student Affairs (CGRSA) for the last 3 years and has signed a contract with Capitol Advantage for a one-year subscription to their federal advocacy mobilization tool, Capwiz. ACHA staff will work closely with the Advocacy Committee to identify legislative issues concerning health of college students. ACHA members will then be contacted and encouraged to contact federal legislators regarding support for or against each particular piece of legislation. (e.g., when we met with Congressional aids we discussed the bill to mandate Meningitis vaccine for all college students, the FDA's advisory recommendation to let Plan B go over the counter, and ACHA's support for covering the uninsured). BTW - ACHA advocated against the first and for the second and third. Position statements are on the ACHA website.

ACHA FINANCES- ACHA's and the Foundation's finances are in the best condition in several years, mostly because of their investments. The BOD did approve a proposal to make small increases each year in both membership dues and Annual Meeting registration.

ANNUAL MEETING, NEW ORLEANS - There are 144 programs scheduled (10 more than last year).

OTHER ITEMS OF IMPORTANCE-There was a proposal that a new section, "Advanced Practice Clinician" be formed to serve PAs and NPs. More information and comment from members will be obtained before the decision is made.

President Fennell will begin a tradition of a "Presidential Citation" whereby one or two distinguished persons will be cited for the significant impact they have made affecting how we think about health and the programs and services we provide.

The ACHA National Office is moving towards relocation. There are many problems with the current space (e.g., safety issues, smoking in the front foyer).

The issue of whether ACHA should sign on as an organization to the position statement of the Assoc. of Reproductive Health Professionals (that government policy should be science-based) was again debated as comments from the membership had been solicited since last June. The BOD decided not to sign on by a narrow 7 to 6 margin.

Well, that's my summary. Don't hesitate to connect with me if you need further explanation. See you in New Orleans!

Farewell to a Friend

sity February 1 for sunny California. Wendi Gilchrist came to MSU in May 2001 as the Director of Student Health Services. During that short 2 ½ years, she not only changed the complexion of how health services is delivered at MSU, she jumped into NCCHA with both feet. She loved a challenge and she willingly took on the position of Newsletter Editor for the organization. She attended two ACHA annual meetings during that time and once again – jumped in with both feet. I’m not sure if many of you know this, but Wendi was very instrumental in the planning of this year’s ACHA annual meeting in New Orleans – think of her when you attend the nurse directed health services sessions! At last year’s annual meeting in Miami, Wendi was awarded the Affiliate New Professionals Award – what a very exciting moment for her! Wendi is married to a professional military man and Lane received orders for transfer to the LA Air Force Station late 2003. At that same time they had an opportunity to adopt a baby in California – what a truly happy time for them in their lives. So, to make a long story short, Baby Sarah was born on February 1, Wendi moved to LA that day, Lane and Hannah moved March 1 (with the assistance of grandma and grandpa Gilchrist), and they moved into a house in early March. Wendi is presently basking in the joys of motherhood and the California sun. She is looking for employment (hopefully to start sometime in the fall) and going to Disneyland with her season pass. She misses us and we definitely miss her!!!

The members of NCCHA would like to take this opportunity to thank Wendi for her most dedicated and untiring service to NCCHA and to ACHA and to wish her only the best in future endeavors.

Caren Barnett

E. Dean Lovett Award, 2004

Angel Weisbrod, from Saint Mary's University in Winona, Minnesota received ACHA's 2004 E. Dean Lovett Award. One of her nominators offered this... "she is so very deserving because of her commitment, innovation, and longevity with college health. She has truly lived the tenets of college health: a commitment to excellence, a passion for her work, and the leadership to bring it all to the benefit of college students everywhere."

Congratulations Angel!

NCCHA Board Position Fall 2004

Thanks to those who have nominated and those who have accepted the nominations for the following open positions: President Elect, Member-at-Large Minnesota, Member-at-Large South Dakota, Newsletter Editor and Student Representative. **However, the position of Secretary/Treasurer is still open.** Nominations are being accepted. The position description and nomination information is included. Please send all information to: alice.m.reilly-myklebust@uwrf.edu

Secretary-Treasurer

Requirements for Position:

See NCCHA Position Description.

Description of Position:

- Serves as a voting officer on the NCCHA Board
- Records minutes of meetings and distributes copies to all Board Members.
- Responds to correspondence.
- Keeps financial books.
- Keeps checking account balanced.
- Pays bills.
- Submits an annual written financial report at the Winter Board Meeting.
- Presents an oral Treasurer's report ' at each meeting or written format if absent
- Responsible for submission of an ACHA Affiliate Annual (un-audited) Financial Report for the reporting period, ending on December 31, to ACHA. ACHA provides the necessary reporting forms and instructions to the Secretary-Treasurer annually in November.
- Works closely with Program Planning Committee for the NCCHA Annual Conference regarding financial needs.

Selection:

See NCCHA Position Description Page.

Term:

The Secretary-Treasurer shall be elected to a three year term and may be re-elected to serve one additional term.

NCCHA Position Description

The North Central College Health Association includes the following states:
IOWA, MINNESOTA, NORTH DAKOTA, SOUTH DAKOTA, AND WISCONSIN

Requirements:

- Must be employed in college health in the state represented by the nominee (The NCCHA Executive Board will approve Presidential appointments)
- Must be an institutional member of North Central College Health Association
- Preferred: Member of American College Health Association

Expectations:

- Attends both the Fall and Winter NCCHA Board Meetings
- Attends the NCCHA Annual Conference
- Participates in the development of NCCHA policy and guidelines
- Outgoing board members are expected to orient new board members in their new position

Selection:

- A nominating committee appointed by the President to be chaired by the Past President will contact qualified members to develop a slate of nominees
- The President will announce the nominations at the business session of the Fall meeting
- The President will announce the results of the election during the Fall meeting
- All NCCHA individual members and staff of member institutions are eligible to vote.
- A majority vote elects

NCCHA will pay for any NCCHA mailing, phone or printing expenses incurred by a Board Member

Nomination Information
NORTH CENTRAL COLLEGE HEALTH ASSOCIATION OFFICERS

Please type or print, giving as much information as possible.

Nomination for the Position of: Secretary/Treasurer

Position: _____ **Title:** _____

Institution: _____

Address: _____

Name: _____ **Fax:** _____ **Email:** _____

Years College Health: ____ **# Years Current Position:** ____ **Years Involved NCCHA/ACHA** ____

Educational Background: _____

Experience in College Health Field: _____

Special Attributes & Accomplishments that will Enhance The Position:

Please give a short statement that presents you professional and/or personal reflections on the mission/goals of NCCHA and college health.

It is the intention of the NCCHA to cultivate leadership that is well-informed, committed to the growth and viability of NCCHA, and responsive to the membership. All candidates must be from NCCHA member institutions in good standing.

NCCHA Board Members 2003-2004

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NCCHA 2004 Annual Meeting

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NCCHA 2004 Conference Lake Geneva, WI

2004 NCCHA CONFERENCE UPDATE

Save these dates: October 13, 14, and 15, 2004, to attend the NCCHA Annual Conference, "Lighting the Way...the Path to Wellness" to be held at the beautiful Grand Geneva Resort & Spa, in Lake Geneva, Wisconsin. All health, counseling and administrative personnel are welcome. NOT limited to NCCHA member states.

A GREAT PROGRAM: over 40 sessions in all!

Program Highlights:

- Ed Ehlinger, MD: The Role of College Health
- Jhon Velasco & Marie Cascarano: The Power of Words
- Tom Shiltz: Eating Disorders
- Sheldon Wasserman, MD, Wisconsin Representative: The Politics of Health Care & How it Relates to College Health
- Dennis Maki, MD: Infectious diseases
- Ed Wiesmeier, MD, (ACHA STI Task Force Chair) & Brian Allen, DO: HPV Testing & Vaccine Trials
- Allan Rifkin, MD: Headaches
- Hugh Johnston, MD: ADHD
- John Prestby, Ph.D.: Dialectical Behavioral Therapy
- Eric Kaplan, MD: Depression & Borderline Personality Disorder

New this year: pre-conference workshops. Plan to join us EARLY Wednesday morning.

Visit our WEBSITE often to keep up with conference developments, speakers and topics, registration processes, deadlines and special lodging rates. www.conted.und.edu/WInccha

Please visit www.travelwisconsin.com and search both Lake Geneva and Walworth County for activities and events in the area for you and your family.

ACHA ANNUAL CONFERENCE, NEW ORLEANS 2004

Get all jazzed up about college health at the 2004 annual Meeting in New Orleans!

HYATT REGENCY

June 8th – 12th

Visit the ACHA website @ www.acha.org for details!

