

## **Cultural Competency & Diversity Websites**

### **Compiled by the American College Health Association**

### **Revised May 2011**

This resource list of multicultural websites is not intended to be a comprehensive listing of all relevant web pages. In addition, the inclusion of a website does not imply endorsement by the American College Health Association (ACHA). The description of each website is taken from the information provided at the site. Each URL was verified for accuracy on May 12, 2011, but may be subject to change.

#### **Advocates for Youth**

***www.advocatesforyouth.org***

- ❑ Established in 1980 as the Center for Population Options, Advocates for Youth champions efforts to help young people make informed and responsible decisions about their reproductive and sexual health. Advocates believes it can best serve the field by boldly advocating for a more positive and realistic approach to adolescent sexual health.
- ❑ Site offers numerous resources for developing and delivering culturally competent sexual health programs.
- ❑ Includes *Creating Safe Space for GLBTQ Youth: A Toolkit* and *Creating Culturally Competent Programs*.

#### **Association of American Indian Physicians (AAIP)**

***www.aaip.org***

- ❑ AAIP members are active in medical education, cross-cultural training between western and traditional medicine, and assisting Indian communities.
- ❑ The website lists AAIP's activities and programs, resources for health professionals, links to traditional medicine, activities for high school and college students, and policy issues.

#### **Center for Health and Health Care in Schools**

***www.healthinschools.org***

- ❑ The Caring Across Cultures: Achieving Cultural Competence in Health Programs at School program states “to build health programs that bring maximum benefit to all students, health programs at school must take into account the needs of their culturally diverse communities.” The resources identified on this website are intended to help health professionals and their school colleagues consider and respond to the impacts of cultural difference on health and health care.

#### **Command Spanish, Inc.**

***www.commandspanish.com***

- ❑ Offers “occupational Spanish” language materials and workshops as well as cross-cultural training seminars. The program teaches basic, workplace-specific vocabulary without an emphasis on grammar.
- ❑ Courses include: Survival Spanish for Paramedics and EMTs, Spanish for Dental Staff, Spanish for Nursing, Spanish for Physician’s Office, Spanish for Respiratory Care Practitioners, Spanish for Radiology Technicians, and Emergency Spanish for the ER.

### **Critical Multicultural Pavilion**

*[www.edchange.org/multicultural/index.html](http://www.edchange.org/multicultural/index.html)*

- ❑ The Multicultural Pavilion provides resources for educators to explore and discuss multicultural education; facilitates opportunities for educators to work toward self-awareness and development; and provides forums for educators to interact and collaborate toward a critical, transformative approach to multicultural education.
- ❑ This website provides some very unique resources including book reviews, film reviews, and a multicultural song index.
- ❑ The website also provides teaching tools for multicultural curriculum, papers on progressive education, activities for self-development and prejudice elimination, and creative writing about self, education, and society.

### **Cross Cultural Health Care Program (CCHP)**

*[www.xculture.org](http://www.xculture.org)*

- ❑ Since 1992, the CCHCP has been addressing broad cultural issues that impact the health of individuals and families in ethnic minority communities in Seattle and nationwide.
- ❑ Through a combination of cultural competency trainings, interpreter trainings, research projects, community coalition building, and other services, the CCHCP serves as a bridge between communities and health care institutions to ensure full access to quality health care that is culturally and linguistically appropriate.

### **CultureMed**

*<http://culturedmed.binghamton.edu/>*

- ❑ Binghamton University site promoting culturally-competent health care for refugees and immigrants. The library also houses a research center containing relevant print materials.

### **Diversity Rx**

*[www.diversityrx.org](http://www.diversityrx.org)*

- ❑ Diversity Rx provides a wealth of information regarding language and cultural needs of minorities, immigrants, refugees, and other diverse populations seeking health care.
- ❑ The website looks at background information, models and practices, policy and legal issues, and provides resources.

### **DiversityWeb: An Interactive Resource Hub for Higher Education**

*[www.diversityweb.org](http://www.diversityweb.org)*

- ❑ DiversityWeb is a project of the Association of American Colleges and Universities designed to create new pathways for diversity collaboration and connection, via the World Wide Web and more traditional forms of print communication.
- ❑ Website includes resources, discussion forums, institution profiles, and quarterly newsletter.

### **EthnoMed**

*[www.ethnomed.org](http://www.ethnomed.org)*

- ❑ The EthnoMed is a site of the University of Washington, Harborview Medical Center, and contains information about cultural beliefs, medical issues and other related issues pertinent to the health care of recent immigrants to Seattle, many of whom are refugees fleeing war-torn parts of the world.

- Site includes information on Amharic, Cambodian, Chinese, Eritrean, Ethiopian, Hispanic, Oromo, Somali, Tigrean, Vietnamese, other groups, and cross-cultural issues.

### **Food and Nutrition Information Center**

[http://fnic.nal.usda.gov/nal\\_display/index.php?info\\_center=4&tax\\_level=1&tax\\_subject=242](http://fnic.nal.usda.gov/nal_display/index.php?info_center=4&tax_level=1&tax_subject=242)

- This website describes dietary patterns, habits, and behaviors of people of various ethnicities.
- The website provides some insights for health care professionals when treating patients of differing backgrounds.

### **The Gay, Lesbian, Bisexual, and Transgender Health Access Project**

[www.glbthealth.org](http://www.glbthealth.org)

- This project's stated mission is to strengthen the Massachusetts Department of Public Health's ability to foster the development of comprehensive, culturally appropriate health promotion policies and health care services for GLBT people through a variety of venues including community awareness, policy development, advocacy, direct service, and prevention strategies.
- Beyond Massachusetts, this site is a source for: *Community Standards of Practice for Provision of Quality Health Care Services to Gay, Lesbian, Bisexual, and Transgendered Clients*; training and technical assistance to health providers on implementing the *Standards of Practice*; an agency self-assessment tool, GLBT health promotion materials; and links to many other GLBT health-related websites.

### **Gay, Lesbian, Bisexual, Transgender Health Web Pages**

<http://www.kingcounty.gov/healthservices/health/personal/glb.asp>

- This site addresses a wide range of health concerns for the GLBT community.
- The website also provides info on health studies, gay/bisexual men, lesbian/bisexual women, transgendered people, GLBT youth, health care providers, services, and resources.

### **Gay and Lesbian Medical Association**

[www.glma.org](http://www.glma.org)

- The GLMA is a nonprofit organization working to end homophobia in healthcare.
- GLMA, along with a group from Columbia University, wrote an extensive summary of research on health care needs of GLBT patients available from this site.
- The website lists programs such as a Lesbian Health Fund, a Physician Referral, and the latest medical news and information.
- Site includes clinical information for working with LGBT populations and the *Healthy People 2010 Companion Document for Gay, Lesbian, Bisexual, and Transgender (GLBT) Health*.

### **Gay Men of African Descent (GMAD)**

[www.gmad.org/](http://www.gmad.org/)

- This organization is committed to empowering Gay Men of African Descent through education, social support, political advocacy, and health and wellness promotion.
- HIV prevention programs are the centerpiece of GMAD's Health and Wellness program. Program components including peer education, street outreach, mentoring, and support and discussion groups are all described.

- Programs are supplemented by forums and multi-session groups on various health issues including nutrition, fitness, and stress management.

### **Gender.Org**

***www.gender.org***

- This national organization focuses on the needs, issues, and concerns of gender variant people in human society. The group seeks to educate and advocate for all human beings who suffer from gender-based oppression in all of its many forms.
- The website provides a handout on basic tips for health care providers working with transgender people.

### **healthfinder® and healthfinder® Espanol**

***www.healthfinder.gov or www.healthfinder.gov/espanol***

- healthfinder® is a free guide to reliable consumer health and human services information, developed by the U.S. Department of Health and Human Services. healthfinder® can lead you to selected online publications, clearinghouses, databases, Web sites, and support and self-help groups, as well as government agencies and not-for-profit organizations that produce reliable information for the public.

### **Healthy Lesbian, Gay, and Bisexual Students Project**

***http://www.apa.org/pi/lgbt/programs/hlgbp/index.aspx***

- The American Psychological Association launched a website to help educate school counselors, nurses, social workers, and psychologists about the health needs and risks of LGB youth.
- The project focuses on health services; health education; counseling, psychological and social services; healthy school environment; and family/community involvement.
- The site features educational materials about caring for LGB youth, fact sheets on LGB youth-targeted violence, policy papers, and related news stories.

### **Human Rights Campaign**

***www.hrc.org***

- Resources on this website include: *Resource Guide to Coming Out* (and the Spanish version, *Guía de Recursos Para Salir Del Clóset*), *Resource Guide to Coming Out for African Americans*, and web information and resources about coming out in communities of color (African Americans, Latina/Latino, and Asian Pacific Americans).

### **The Mautner Project**

***www.mautnerproject.org***

- The Mautner Project is the only national organization dedicated to lesbians with cancer, their partners, and caregivers. Their mission is to provide: direct services to lesbians with cancer, their partners and caregivers; education and information to the lesbian community about cancer; education to the health care community about the special concerns of lesbians with cancer and their families; advocacy on lesbian health issues in national and local arenas.
- The website can be accessed in Spanish as well.

### **Mental Health America**

***www.nmha.org/index.cfm***

- ❑ This site provides cultural competency tips for organizations providing mental health services.

### **Multi-Cultural Educational Services**

***www.mcedservices.com***

- ❑ This website sells multi-lingual booklets on various topics including access to health care, family planning, breast-feeding, growth and development, safety for babies and children, and taking oral medication.

### **MySistahs (Advocates for Youth)**

***www.amplifyyourvoice.org/mysistahs***

- ❑ This website provides health information for young minority teens such as dating violence, puberty, and sexual health.
- ❑ The website also gives teens the opportunity to chat with each other about important issues or discuss questions they may have.
- ❑ This website is a great resource for teenagers to turn to for up-to-date information and the opportunity to chat with peers with similar or different backgrounds.

### **The National Alliance for Hispanic Health**

***www.hispanichealth.org***

- ❑ This website provides up-to-date news and information about various aspects of Hispanic health.

### **National Asian Women's Health Organization (NAWHO)**

***www.nawho.org***

- ❑ NAWHO was founded in 1993 to eliminate health disparities for Asian women and families.
- ❑ They have designed and implemented educational programs on topics including cancer, reproductive health, mental health, violence prevention, osteoporosis, and more.
- ❑ NAWHO also has a leadership network, partnership initiatives, and does policy and advocacy work for the Asian-American community.

### **National Center for Cultural Competence (NCCC)**

***http://nccc.georgetown.edu/index.html***

- ❑ The NCCC designs, implements, and evaluates culturally and linguistically competent service delivery systems by providing training, technical assistance, information exchange, product development and dissemination, and more.
- ❑ *Cultural Competence in Primary Health Care: Partnerships for a Research Agenda* describes a rationale for cultural competence in primary health care research, the role of primary health care organizations, and characteristics of health care organizations striving to achieve cultural competence and cultural proficiency.  
***(gucchd.georgetown.edu/nccc/documents/Policy%20Brief%203.pdf)***

## **National Clearinghouse for Alcohol and Drug Information**

***www.ncadi.samhsa.gov/***

- ❑ This website describes how to develop effective messages and materials and provides resources for Hispanics/Latinos, Gay, Lesbian, and Bisexuals, Asian/Pacific Islanders, Women, African Americans, Elders, People with Disabilities, Youth, American Indian/Alaskan Natives, Workplaces, and Faith Communities.
- ❑ The website is an excellent resource to gain insights on how to target each of these communities.

## **National Council on Interpreting in Health Care**

***www.ncihc.org***

- ❑ The NCIHC started as an informal working group in 1994 and met yearly until it was formally established in 1998. The group is composed of leaders from around the country who work as medical interpreters, interpreter services coordinators and trainers, clinicians, policymakers, advocates and researchers.
- ❑ Goals for NCIHC include: establishing a framework that promotes culturally competent health care interpreting that includes standards for provision of interpreter services in health care settings and a code of ethics for interpreters in health care; developing and monitoring policies, research, and model practices; sponsoring a national dialogue of diverse voices and interests on related issues; and collecting, disseminating and acting as a clearinghouse on programs and policies to improve language access to health care for limited English proficient (LEP) patients.

## **The National Forum on People's Differences**

***www.yforum.com***

- ❑ This website is a forum for individuals to ask people from different ethnic backgrounds questions they have always had.

## **National Library of Medicine**

- ❑ American Indian Health: an information portal to issues affecting the health and well-being of American Indians ***americanindianhealth.nlm.nih.gov***
- ❑ Arctic Health: an information portal to issues affecting the health and well-being of our planet's northern-most inhabitants ***www.arctichealth.org***
- ❑ Asian American Health: an information portal to issues affecting the health and well-being of Asian Americans ***asianamericanhealth.nlm.nih.gov***

## **National MultiCultural Institute (NMCI)**

***www.nmci.org***

- ❑ NMCI's mission is to work with individuals, organizations, and communities in creating a society that is strengthened and empowered by its diversity. NMCI leads efforts to increase communication, understanding, and respect among people of diverse backgrounds.
- ❑ *Cultural Competency in Health Care: A Guide for Trainers* (4th Ed.) can be ordered through this site.

### **The National Minority AIDS Council (NMAC)**

*www.nmac.org*

- ❑ The National Minority AIDS Council is national organization that develops leadership within communities of color to address the challenge of HIV/AIDS.
- ❑ NMAC's website describes their programs and services including public policy, technical assistance, conferences, and treatment education, training and advocacy.
- ❑ In addition, they have online expert sessions, virtual conferences, publications, links to community resources, and HIV/AIDS facts.

### **National Native American AIDS Prevention Center (NNAAPC)**

*www.nnaapc.org*

- ❑ The NNAAPC Prevention Services provides capacity building and training to American Indian, Alaskan Native, and Native Hawaiian tribes, organizations, agencies, communities, and those who serve these populations to develop successful HIV and other sexually transmitted diseases prevention programs.
- ❑ The site provides info on Native care services and locations, public policy, research, and resources.

### **National Prevention Information Network (CDC-NPIN)**

*www.cdcpin.org*

- ❑ The site offers downloadable HIV/AIDS and other STD information in English, Spanish, Tagalog, Khmer, Vietnamese, Korean, and Chinese.

### **New York Online Access to Health**

*www.noah-health.org*

- ❑ This website provides information on various health topics both in English and Spanish.

### **Office of Minority Health**

*www.omhrc.gov*

- ❑ The Office of Minority Health was created under the Department of Health and Human Services to improve the health of racial and ethnic populations through policies and programs aimed at eliminated health disparities.
- ❑ The website provides a calendar for conferences and satellite conferences, publications, data/statistics, links to other federal agencies, and list of resources.
- ❑ Online access to National Standards on Culturally and Linguistically Appropriate Services (CLAS) in Health Care, Final Report (2001) (<http://minorityhealth.hhs.gov/templates/content.aspx?ID=87>)
- ❑ Online training program, “A Family Physician’s Practical Guide to Culturally Competent Care,” offers 9 free CME credits. ([ccm.thinkculturalhealth.org](http://ccm.thinkculturalhealth.org))

### **Patient and Family Education Services**

*www.depts.washington.edu/pfes/CultureClues.htm*

- ❑ Culture Clues© are tip sheets for clinicians designed to increase awareness about concepts and preferences of patients from the diverse cultures served by the University of Washington Medical Center.

- ❑ African American, Albanian, American Indian/Alaska Native, Chinese, Deaf, Hard-of-Hearing, Korean, Latino, Russian, Somali, and Vietnamese are currently available. Also end-of-life issues for the Latino, Russian, and Vietnamese cultures.

### **Patient Education Resources for Clinicians**

*[www.ohsu.edu/library/patiented/links.shtml](http://www.ohsu.edu/library/patiented/links.shtml)*

- ❑ This Oregon Health and Science University library site contains links to Web Sources for Patient Education Handouts in English, Spanish, and low-literacy resources in both languages.

### **The Provider's Guide to Quality & Culture**

*[erc.msh.org/mainpage.cfm?file=1.0.htm&module=provider&language=English](http://erc.msh.org/mainpage.cfm?file=1.0.htm&module=provider&language=English)*

- ❑ This web site, produced by Management Sciences for Health, is designed to assist health care organizations throughout the US in providing high quality, culturally competent services to multi-ethnic populations.
- ❑ Site contents include: Quality & Culture Quiz, and links to information about African Americans, Asian Americans, Hispanic/Latinos, Native Americans, and Pacific Islanders.

### **Sexuality Information and Education Council of the United States (SIECUS)**

*[www.siecus.org](http://www.siecus.org)*

- ❑ Promotes comprehensive education about sexuality, and advocates the right of individuals to make responsible sexual choices. Resources on cultural competency also available.

### **US Census Bureau – Minority Links**

*[www.census.gov/pubinfo/www/hotlinks.html](http://www.census.gov/pubinfo/www/hotlinks.html)*

- ❑ Quick and easy links to the latest data on racial and ethnic populations in the United States including: Black/African American, Hispanic/Latino, Asian/Pacific Islander, and American Indian/Alaska Native.

### **Youth Resource**

*[www.amplifyyourvoice.org/youthresource](http://www.amplifyyourvoice.org/youthresource)*

- ❑ Youth Resource, a project of Advocates for Youth, provides a wide range of information specific to LGBT youth including the latest news, info on listservs, chat rooms, and youth groups, choosing the right schools, and HIV/STD info.
- ❑ This website can also be viewed in Spanish.