



American College Health Association

AWARD RECIPIENTS & FELLOWS

2010

Awards and Fellows Dinner

June 3, 2010

ACHA Annual Meeting

Philadelphia Marriott Downtown

Philadelphia, Pennsylvania

Fallen Comrades Table

The table is round to show everlasting concern for those who have paid the supreme sacrifice.

The chair leaning forward is empty, for they are not here to celebrate with us.

The tablecloth is white, symbolizing the purity of their intentions to respond to their country's call to arms.

The single yellow rose displayed in a vase reminds us of the families and loved ones who keep the faith awaiting their return.

The slice of lemon on the bread plate reminds us of their bitter fate.

The salt represents their families' tears.

The inverted glass signifies that they cannot toast with us tonight.



ACHA FELLOWS

ACHA Fellows preserve the history and perpetuate the best traditions of college health and ACHA. Because of fellows' experience and achievements, they serve as resources to others and help establish exceptional standards in college health.



Brooke Durland, MD Rochester Institute of Technology

Brooke has consistently demonstrated high levels of dedication and energy given to her career and the students she has worked with during her 21 years in college health. Her contributions to the college health field at both the affiliate and national levels have been progressive, and her involvement in college health, from clinical practice to affiliate and national participation, reflect a professional who is committed to students and their well-being and to maintaining the efforts of ACHA as a professional college health organization on all levels. Brooke epitomizes the spirit of volunteerism on which ACHA depends. She presented many times at the annual meeting and has given an enormous amount of her time to ACHA as a volunteer leader; she has served as a member of the Nominating and Continuing Medical Education Committees, the Region V Representative to the Board of Directors, and as secretary of the Clinical Medicine Section. In addition, she has worked with her affiliate for many years, presenting at affiliate meetings and serving in numerous leadership capacities, including that of president. She was recently honored by her affiliate with the New York State College Health Association Clifford B. Reifler Award.

ACHA FELLOWS



Deborah (Debby) Mathis, MSN, CRNP
University of Pennsylvania

For years Debby has been a tireless and enthusiastic supporter of both her affiliate, Mid-Atlantic College Health Association, and ACHA. She has held a number of positions in her affiliate, including two terms as president, and never hesitates to assume duties outside her position when her help is needed. Debby has been a steadying force that has guided MACHA through good times and bad, and her warm personality has made both long-term members and newcomers feel welcomed and engaged. During her role as Regional Representative on the ACHA Board of Director, Debby was very active in connecting the MACHA membership to the happenings of the national organization. She is truly an ambassador for all that ACHA represents.



P. Davis Smith, MD
Wesleyan University

Davis is an exemplary leader in college health, at his institution and in his affiliate and the national association. As past chair of the ACHA Sexual Health Education and Clinical Care Coalition and coordinator of the yearly ACHA Pap Test and STI Survey, Davis ensures the college health field's access to quantitative data on STIs, enabling his colleagues to determine whether progress is being made in their efforts to reduce disease. Early on, Davis advocated for improving care for transgender students and the positive impact this would have on his campus. He is an enthusiastic sharer of knowledge and presents often at affiliate and annual meetings as well as publishing in the *Journal of American College Health (JACH)* and *Action* newsletter. Davis also serves as a reviewer for the *JACH* and was the recipient of the New England College Health Association's President's Award in 2008.

ACHA FELLOWS



Sarah Van Orman, MD
University of Wisconsin-Madison

Sarah has done much to progress the field of college health and the association. She has worked on the ACHA Benchmarking Committee for four years and became co-chair of that committee in 2008. In this area of service to the organization, she helped develop the ACHA-PSAS, a patient satisfaction instrument for use by colleges and universities and a new and innovative tool in the college health field. Her participation in the Clinical Medicine Section has continued to increase its status nationally, in part because of her strong commitment to excellence and the highest standards of practice. Sarah contributes actively to medicine and education in the form of research, publications, lectures, and teaching, and she was named the Outstanding Clinician Educator by the Midwest Society for General Internal Medicine.



Gerald (Jerry) Wilmes, MD
Northwest Missouri State University

Jerry is a highly respected and fully committed member of both ACHA and the Central College Health Association (CCHA), being active in both the national and regional level of the association. He has been a part of the ACHA Membership Development Task Force, leadership development programs, Clinical Medicine and Administration Sections, Emerging Public Health Threats and Emergency Preparedness Coalition, Campus Violence Coalition, and Benchmarking Committee. Jerry is also a prominent member of CCHA, where he is currently serving as president. His dedication to health and wellness extend beyond the scope of college health, and his involvement within his community is exemplary, having served on various county task forces and committees and currently serving on the Missouri Higher Education Subcommittee of the Homeland Security Advisory Council and the Governor's Advisory Council for Physical Fitness and Health. His involvement in the Missouri State Task Force on Tuberculosis and Meningitis resulted in state legislation for meningococcal immunization and education.

ACHA AWARDS

The following individuals were selected by their colleagues for their exceptional service and commitment to the association and the field of college health. Their hard work and creative vision are setting the standards for excellence in our field.

E. DEAN LOVETT AWARD

This award honors ACHA members who have directed or contributed significantly to the development of a college health program in an exemplary manner.



**Debra (Deb) Saure, RN, APRN
Creighton University**

For more than 15 years, Deb has served as the director of Student Health Services at Creighton University. During this time, she has created a reserve fund so that the health center has a more secure future and is able to continue to provide health services.

Deb was an important part of the merger between the university's health and counseling services, leading the way toward successfully bringing both departments under one roof. Her focus on the health of her campus community is her top priority, and her campaign to vaccinate the student body resulted in high rates of seasonal flu and H1N1 vaccination on campus. Deb has also been an active member of Central College Health Association (CCHA) and has served as the CCHA 2009 program planner and current vice president. During her role as CCHA program planner last year, Deb and her program planning committee worked to ensure that the meeting provided quality programming at a reasonable cost so that anyone who wanted to attend was able to do so. Her concern for her colleagues and students is one of her most admirable traits.

E. DEAN LOVETT AWARD

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**Geraldine (Gerri) Taylor, MS, ANP, BC
Bentley College**

Gerri's contributions to her university, her affiliate, her community, and ACHA are numerous. As part of her school's Crisis Management Team, Gerri was a leading force in developing collaboration among New England colleges, which resulted in sharing of resources and ideas as colleges dealt with the H1N1 pandemic. In addition, she was asked by the Massachusetts Director of Public Health to participate in the Massachusetts H1N1 Advisory and Statewide Surge Committees, and she recently represented Massachusetts colleges and universities in a statewide Influenza Response Conference. With campus safety an utmost priority to Gerri, she works hard to get crucial health related information out to students, faculty, and families. Long before H1N1, Gerri implemented illness and flu prevention campaigns, including social marketing materials and training for student leaders. Her achievements on her campus have helped make student health a vital part of the campus community. Gerri's leadership in the college health community is exemplified by her leadership positions in the ACHA Advanced Practice Clinicians Section and New England College Health Association and her membership in the ACHA Emerging Public Health Threats and Emergency Response Coalition.

OLLIE B. MOTEN AWARD

This award is given to those who have had a significant impact on the institution of higher education where employed.



Ruth Sarna, RN Baker University

Ruth has defined the Student Health Services at Baker University for nearly 20 years. Her impact on the lives of students is immeasurable, and students know her as their friend, confidant, supporter, and advisor. Ruth's dedication to her students goes beyond the health care setting; she attends sporting events, theater and musical performances, and student presentations, letting these young adults know that they are important to her and leaving a lasting impression on them as someone who truly cares. She has the unique ability to bring people together and in such a way that they are pleased to do so. If she sees a student or colleague in need or a wrong that needs to be righted, she steps in without hesitation. Her compassionate and energetic nature are just part of what makes Ruth such a valued asset at her school, as she also works tirelessly to provide students with quality health care and information. She collaborated with the health center at a larger university to give students increased access to care, and she helped found the popular Community Wellness Day for the Baker campus and wider community. Ruth has been an active member of the association, having served on the Board of Directors of ACHA and as chair of the Nurse-Directed Section, and has been on the Central College Health Association Executive board for years. She was named an ACHA Fellow in 2005 and has welcomed new members and meeting attendees each year at the Annual Meeting Newcomers Orientation session.

BEST PRACTICES IN COLLEGE HEALTH AWARD

This award is presented to a student health service for exemplary, innovative, and inspirational practices in college health.

Clicker Enhanced Social Norms Marketing Campaign Virginia Commonwealth University

The VCU Clicker Enhanced Social Norms Marketing program began in 2005 with the goal of reducing high-risk drinking and related harm through combining a campus-wide social norms campaign and the use of audience response technology (clickers) in alcohol education sessions. Objectives of the campaign include increasing the accuracy of student perceptions about peer alcohol use and increasing the number of protective strategies used by students. The VCU social norms marketing campaign reinforces healthy behaviors by presenting accurate information about normal use of alcohol and protective behaviors through several poster series that display health statistics, illustrate protective behaviors, and share brief health articles. Student involvement in planning, writing copy, graphic design, and media testing helps this program reflect the diversity embraced at VCU and all health messages are positive, inclusive, and empowering.



The effectiveness of the social norms marketing campaign is improved by the use of innovative alcohol education sessions using clicker technology (hand-held wireless devices that transmit personal responses). The responses are immediately displayed as graphs during educational sessions. This immediate feedback increases believability of actual alcohol use on campus. These sessions challenge participants to observe healthy behaviors rather than unhealthy behaviors that seem more visible. Evaluation of clicker sessions have shown that attendees at a clicker alcohol session more accurately perceived alcohol use on campus than non-attendees. In addition, attendees were more likely to drink 1-4 drinks and less likely to drink 7-10 drinks than non-attendees. Data collected from standard questions on the ACHA-NCHA II and additional VCU specific questions added to the ACHA-NCHA II showed that students exposed to clicker sessions had more accurate perceptions of normative alcohol use than those only exposed to the social norms media.

AFFILIATES NEW PROFESSIONAL AWARD

The Affiliates New Professional Award honors service to the field of college health for five years or less and significant contributions to the institution and/or affiliate.



CENTRAL COLLEGE HEALTH ASSOCIATION
NEW PROFESSIONAL AWARD

Roni Gray, APRN, MS
Nebraska Methodist College

In 2007, Roni was hired at Nebraska Methodist College to help open the Student Health Center. Roni essentially functions as a “one-woman show,” serving as clinic director, nurse practitioner, medical assistant, and phlebotomist. She initiated collaboration with other campus and health department personnel to provide effective and efficient services. In the spring of 2009, Roni implemented Women’s Health Services and worked with the Nebraska Infertility Prevention Program to provide free or low-cost STI testing. Later that year, Roni proposed to offer low-cost services to faculty and staff at the college, which resulted in reduced health care costs for employees and the college. In addition to her many achievements as the health center director, Roni maintains her dedication to providing her students with excellent health care.

AFFILIATES NEW PROFESSIONAL AWARD



MID-AMERICA COLLEGE HEALTH ASSOCIATION
NEW PROFESSIONAL AWARD

Aimee Janssen-Robinson, MEd
Indiana State University

As the lone outreach educator at the Indiana State University health center, Aimee has been a key figure in promoting health on campus. She has taught courses, secured grants, and designed, implemented, and evaluated all of the wellness programs on campus in order to ensure that students are getting the best possible health education. Aimee is also involved as a volunteer leader in her affiliate, serving as the 2010 program planner. As soon as she entered into the Mid-America College Health Association (MACHA) program planner position, she hit the ground running, immediately assembling her committee and securing the date for the conference so that her colleagues could plan ahead.



MID-ATLANTIC COLLEGE HEALTH ASSOCIATION
NEW PROFESSIONAL AWARD

Kathy Wagner, MPH, CHES
Princeton University

In the two years that she has been with the Princeton University Health Center, Kathy has become an integral part of the staff. She has brought a fresh perspective and new ideas, which resulted in the creation of several health promotion programs for both students and staff. Kathy whole-heartedly embraced the new Healthier Princeton initiative and works towards its success by identifying opportunities for collaboration with campus and community partners. She is enthusiastic about her role as a health educator and her excitement is a positive influence on her colleagues.

AFFILIATES NEW PROFESSIONAL AWARD



NEW ENGLAND COLLEGE HEALTH ASSOCIATION
NEW PROFESSIONAL AWARD

Krista Berube, RN Worcester Polytechnic Institute

Krista began work at her campus student health services in July of 2008 and immediately became an asset to staff and students alike. In addition to her duties as part of the Campus Safety and Sexual Assault Education Teams, Krista is a sexual assault nurse examiner, to which her compassionate nature makes her ideally suited. One of her many accomplishments over the past year include organizing large-scale H1N1 clinics in a way that daily clinical services were preserved. She also serves as her campus Eco-Rep; in this capacity she works with staff and students to increase environmental awareness, encourage behavior changes, and promote campus greening efforts and sustainability events and activities. Her colleagues are impressed with Krista's ability to devote so much of herself to her work at the health center while setting a good example for her students with her active and healthy lifestyle.



NEW YORK STATE COLLEGE HEALTH ASSOCIATION
NEW PROFESSIONAL AWARD

Rebecca Harrington State University of New York - Oneonta

As the health educator at SUNY Oneonta, Rebecca has displayed dedication and creativity in all of her endeavors. She is supportive of others in her field and enthusiastically shares her knowledge and ideas with her colleagues at other colleges in the area and in the community. In a very short time in her position, Rebecca created a very comprehensive health promotion program on her campus and initiated a peer education program as well. She is a highly-respected mentor to both interns and students, who have all benefited greatly from her expertise in peer education and college health promotion.

AFFILIATES NEW PROFESSIONAL AWARD



ROCKY MOUNTAIN COLLEGE HEALTH ASSOCIATION
NEW PROFESSIONAL AWARD

Katie Dunker, MS University of Denver

Katie joined the University of Denver Health and Counseling Center in 2006; since then she has formed the first Health Promotion Department at the university and is now program director of health promotion. She assembled a staff that includes two health promotion interns, several paid students, and 15 volunteer peer educators. Katie's efforts to create brief interventions for students who have been sanctioned for alcohol and marijuana use have been greatly successful, with over 400 students participating in alcohol sanctions interventions in the first two years. As of January 1, the University of Denver is a smoke-free campus, due largely to Katie and her staff's spearheading the effort to ban tobacco products on campus. In addition to her undertakings on campus, Katie has been active in the wider college health community, having presented over a dozen times and co-authored several publications. She is currently serving on the executive committee for the ACHA Alcohol, Tobacco, and Other Drugs Coalition and is in her second year on the Rocky Mountain College Health Association board.



SOUTHERN COLLEGE HEALTH ASSOCIATION
NEW PROFESSIONAL AWARD

Nichole Scaglione, MS, CHES Winthrop University

When Nichole joined the Winthrop University Health and Counseling Services staff as a wellness coordinator, she immediately displayed a passion for college health. One of her goals is to foster within her students a vested interest in their own health; she is not to content to simply teach them — she wants them to be active participants in the process. Nichole has a deep understanding and appreciation for the development of innovative methods for health promotion through research and evaluation and was instrumental in bringing the ACHA-NCHA to her campus. Nichole challenges the university community to expand its traditional ideas of health promotion and has shown outstanding leadership and mentoring skills to students, faculty, and staff.

AFFILIATES NEW PROFESSIONAL AWARD



SOUTHWEST COLLEGE HEALTH ASSOCIATION
NEW PROFESSIONAL AWARD

Shirley Wade, MSN, APRN, FNP-C **Southern University**

In the two years she has been in the college health field, Shirley has transformed her university's student health center. After her first year as director, the health center was seeing double the amount of students and operating with a surplus budget. Shirley has also developed a tracking method to ensure that students obtain appropriate follow-up care and referrals. She implemented an electronic health record and organizes a semi-annual wellness event in which over 50 vendors and other campus departments participate. As chair of the university's Student Health Insurance Committee, she developed a master plan for student health coverage and expanded students' access to routine procedures for which they previously had to go off-campus. Shirley's dedication and hard work are evident in the positive growth of the health center and vastly improved patient satisfaction rates.

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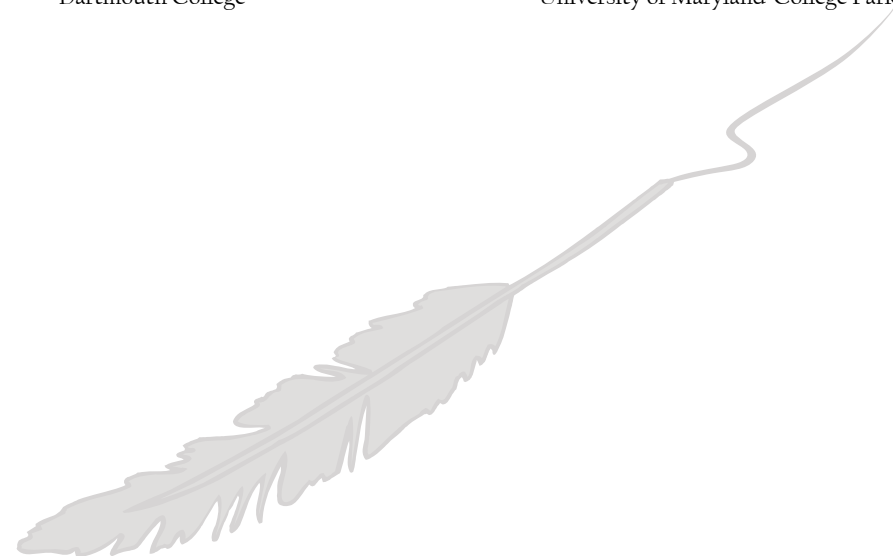
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ACHA 2010 ANNUAL MEETING

PHILADELPHIA, PA ★ JUNE 1-5

Conducted in collaboration with the Mid-Atlantic College Health Association



American College Health Association