



American College Health Association

A W A R D
W I N N E R S
F E L L O W S
2009

Awards and Fellows Dinner

May 28, 2009

ACHA Annual Meeting
San Francisco Marriott
San Francisco, California

ACHA FELLOWS

ACHA Fellows preserve the history and perpetuate the best traditions of college health and ACHA. Because of fellows' experience and achievements, they serve as resources to others and help establish exceptional standards in college health.



Edward Ehlinger, MD, MSPH
University of Minnesota

"The field of college health has greatly benefited from Ed's innovations and tireless efforts."

As director of the University of Minnesota's health service, Ed has brought a public health perspective to college health and worked to make college students a public health priority group. He raised awareness of tobacco use by college students at a time when the issue was not a hot topic; this led to an increase in funding for anti-tobacco programs specifically aimed at college students. Ed also helped establish the first comprehensive college student health survey in the country. The survey, now in its thirteenth year, has proven to be an invaluable advocacy and program and policy development tool for post secondary institutions and served as the first pilot for ACHA's National College Health Assessment. He also guided the development and implementation of one of the most comprehensive health benefit plans in college health. One of his unique accomplishments was breaking the Guinness World Record for the number of influenza injections given in a single day; he achieved this through his ability to unite with others with a common goal and collaborate on projects of a large scale. Ed is an accomplished public and college health professional who goes out of his way to share his expertise with colleagues in college health and in the broader community. He has been a leader in the North Central College Health Association and has provided many years of service to ACHA as part of the Vaccine Preventable Diseases Committee. He is widely published and is a frequent presenter on multiple topics related to college health.

ACHA FELLOWS



Michael McNeil, MS, CHES
Columbia University

"Michael is a forward thinker and steadfast advocate for health promotion and the academic success of students."

Michael has made vast contributions to college health and ACHA. Under his leadership, ACHA's Health Promotion Section and Alcohol, Tobacco, and Other Drugs Coalition have continued to be cohesive, dynamic teams of college health professionals. As an active member of NASPA and a regional BACCHUS leader, Michael has actively promoted ACHA's mission to integrate student health into the academic arena. His involvement in so many areas means he has a unique understanding of the various roles health promotion has in higher education. He is the assistant director of the award-winning Alice! Health Promotion program at Columbia University and continually works to provide students with opportunities to act as college health leaders, thereby perpetuating the vitality that student involvement brings to the field of college health. Michael's passion for health promotion means he willingly shares his knowledge with his peers and never shies away from providing honest feedback and opinions.



Craig Roberts, PA-C, MS
University of Wisconsin-Madison

"Craig is very giving of his time and energy and has a palpable enthusiasm for college health."

Craig is an outstanding ambassador for college health. He is a local, regional, and national expert on the prevention, screening and treatment of sexually transmitted infections (STIs), and his colleagues consider him an extremely valuable asset to the field of college health. He has served on numerous advisory boards for organizations such as the Wisconsin Division of Public Health, Planned Parenthood of Wisconsin, and the Centers for Disease Control and Prevention. Craig makes every effort to share his knowledge with others, publishing extensively and presenting frequently at local, regional, and national events. In addition to his work on STI issues, he is a leader on other communicable diseases, serving most recently on the ACHA Tuberculosis Guidelines Task Force and the ACHA Emerging Public Health Threats Coalition. His work for ACHA also includes over 15 years as a consulting editor for the *Journal of American College Health*. He is called upon often to contribute his expertise, and he never hesitates to lend a hand wherever it is needed.

ACHA FELLOWS



Ruth Swisher, RN, MS
University of Wisconsin-Whitewater

“Ruth has an amazing passion about her mission to be a positive agent of change while advancing the overall well-being of college students.”

Ruth has displayed a continuous dedication to the North Central College Health Association, ACHA, and her campus. Ruth’s 30 years of service to the University of Wisconsin-Whitewater have been extraordinary. During her tenure, her campus health service has become a respected, sought-after resource for students. She oversees an extensive intern program for 15-20 students per year from the Department of Biology and was publicly commended by the department chair for providing the interns with a universally positive experience. Because students find their experiences so fruitful and rewarding, a number of interns continue as volunteers at the clinic. She holds high the principles of quality health care and is an unwavering advocate for comprehensive student health coverage; she also seeks creative approaches to removing barriers to health care. Ruth has a long history of being actively involved with the local public health departments and her affiliate. She has attended numerous regional and national conferences, been a member-at-large for NCCHA, chaired the 2004 NCCHA Annual Meeting, presented on a variety of college health topics, and is the current NCCHA president.

ACHA AWARDS

The following individuals were selected by their colleagues for their exceptional service and commitment to the association and the field of college health. Their hard work and creative vision are setting the standards for excellence in our field.

E. DEAN LOVETT AWARD

This award honors ACHA members who have directed or contributed significantly to the development of a college health program in an exemplary manner.



Carole Worsh, ANP, APRN
Pine Manor College (Retired)

“Carole has been a leader and inspiration in the field of college health for many, many years.”

Carole served her campus communities and her affiliate with a tireless dedication. She served on the New England College Health Association (NECHA) Board of Directors from 1986 to 2005, including two terms as president. She made the total health of her students a priority by advocating for better facilities, expanded services, and an engaged staff. Early on, she saw the enormous value of college health service nurse directors helping each other, and in 1983, she recruited her peers in forming the College Health Association of Nurse Directors (CHAND), a support and networking group for nurse and nurse practitioner-directed college health services in the greater Boston area. Carole believes that by acting together, college health nurse directors can tackle issues of student health and ultimately make the greatest impact on their campus health programs. Valuing the incredible work of her colleagues, Carole created CHAND’s Louise Gazzara Award to honor her colleagues. The award is now given out by NECHA, which bestowed the Gazzara Award upon Carole in 2000.

OLLIE B. MOTEN AWARD

This award is given to those who have had a significant impact on the institution of higher education where employed.



**Peggy Kovac, CHES, MS
West Virginia University**

“Peggy lived her professional life in service and with inspiration.”

Peggy served as the coordinator of the West Virginia University (WVU) Student Health Service’s Health Promotion Program.

She spent every day working towards educating students and

enhancing their ability to make informed, life-long decisions about their health.

Peggy was a pioneer in college health on her campus and developed an array of student-interactive health programs. She also created and advised the WVU Student Health Advisory Board (SHAB), a student organization that serves as a liaison between WVU Student Health Service and WVU students. SHAB provides students opportunities to plan health-related events on campus and serves as an outlet for students to be involved in student health policy development and implementation. Peggy lost her courageous battle with cancer in 2008 but her on-going legacy of providing a platform for student involvement remains. Her colleagues and students remember her not only for her vast achievements but also for her kindness, warmth, and sense of humor.

LEWIS BARBATO AWARD

This award honors students who have made major contributions to college health as reflected in the association’s mission and vision statements.



**Rose Hartzell, MS, CHES, NCTMB, WICMT
Indiana University**

“Rose is a consummate teacher and a testament to professionalism.”

Rose is a determined student and a dedicated health educator.

She is able to visualize what improvements can be made in her campus’ health programs and then leads the effort to make these

changes happen. Rose understands what college students want and need from a health program and she is able to deliver these services to them in unique and effective ways. Her breadth of experience far outweighs the short time she has been in college health; her colleagues are amazed by how much she has accomplished in such a few years. Rose throws herself wholeheartedly into all levels of education, whether she is teaching students on campus or her peers through her presentations at numerous conferences. She has accomplished all of this while furthering her own education.

HANNIBAL E. HOWELL AWARD

This award honors ACHA members who have made outstanding proactive contributions to their campus communities and ACHA by promoting health care and preventive health relevant to ethnic minorities.



**Cynthia Burwell, EdD, CHES
Norfolk State University**

“Cynthia is a valuable asset to her profession and to the students who benefit from her efforts.”

Cynthia has shown outstanding professional achievement in college health and proven to be a dedicated member of ACHA.

She has been involved in college health for almost 15 years, during which she has accomplished much. Cynthia has participated in numerous ACHA activities, including serving as the chair of the National Health Objectives for 2010/2020 Coalition, a member of the Ethnic Diversity Coalition, and president of the Mid-Atlantic College Health Association. In these positions, she led inclusive conversations and brought cultural competency to the forefront. Cynthia has also developed programs and activities and participated in awareness events to meet the needs of a diverse college community. Her colleagues are impressed by how her thoughtfulness and conscientiousness are a part of every undertaking.

CLIFFORD B. REIFLER AWARD

This award honors those who have made outstanding contributions to the Journal of American College Health



**Peggy Veaser, APRN, BC, EdD
University of Tennessee-Memphis**

“When Peggy stepped down as an executive editor, she left us with a publication of which we can be proud and memories of a good leader and friend.”

Peggy began her term as an executive editor for the *Journal of American College Health* at a time when the publication was struggling

to find direction. Readership and article submissions were down, and the journal was undergoing the difficult transition to an online manuscript submission process. Peggy’s skill as an editor helped the journal to make this transition smoothly, and she excelled at recruiting authors to submit their work. Her fellow editors have praised her ability to lead them into compromise, even when faced with the most controversial of topics, and her expertise as a nurse, a health center director, and a professor of nursing was a welcome addition to the journal. Peggy’s extraordinary talent as diplomat, leader, and editor have helped create a stronger publication, and her colleagues feel strongly that without her contributions the journal would not be the quality publication it is today.

BEST PRACTICES IN COLLEGE HEALTH AWARD

This award is presented to a student health service for exemplary, innovative, and inspirational practices in college health.

The STEPS Alcohol Screening and Brief Intervention Program University at Albany, State University of New York

“The STEPS Program is a necessary, critical, and effective intervention.”



Developed, implemented, and rigorously evaluated by the University at Albany for the past three years, the STEPS Program is a comprehensive Screening and Brief Intervention Program (SBI) strategy designed to reduce the frequency and quantity of alcohol use and reduce the negative consequences of alcohol use experienced by college students. STEPS consists of five building blocks (screening, targeting, engaging, preventing, and sustaining) and targets three specific populations of high risk drinkers: first year students, student athletes, and students seeking primary and mental health care. The program has reached more than 13,000 students to date and has resulted in statistically and clinically significant reductions in alcohol use and associated negative consequences across each targeted population. Two groundbreaking strategies implemented by the program are web-delivered brief alcohol intervention and a team-delivered student athlete specific brief alcohol intervention. Based on evidence of the program’s effectiveness, it was nominated by the White House Office of National Drug Control Policy for consideration as part of the President’s 2009 National Drug Control Strategy. Along with White House staff, the STEPS Program staff played a national role in moving SBI forward in being recognized as an insurance-reimbursable healthcare service for both college students and the general public.

AFFILIATES NEW PROFESSIONAL AWARD

The Affiliates New Professional Award honors service to the field of college health for five years or less and significant contributions to the institution and/or affiliate.



CENTRAL COLLEGE HEALTH ASSOCIATION
NEW PROFESSIONAL AWARD

Becky Hotovy, RN, BSN Midland Lutheran College

“Becky is dedicated to college health and enthusiastic about creatively meeting student needs.”

In 2006, Becky became the director of Student Health at Midland Lutheran College in Fremont, Nebraska. Since then, she has been instrumental in addressing numerous student health concerns and promoting health on a campuswide scale. Becky strives to get students committed to establishing good health habits for life; she does this in a way that is both fun and educational for her students. She also partners with counseling services to provide numerous programs ranging from breast cancer awareness to a backpack weigh-in. Becky has impressed her colleagues with the creativity she displays daily and her ability to impart health education in an enjoyable and lasting way.



NEW ENGLAND COLLEGE HEALTH ASSOCIATION
NEW PROFESSIONAL AWARD

Jaime R. Chandler, MS, PA-C Dartmouth College

“Jaime is thorough, thoughtful, and dedicated to her patients and co-workers.”

Since joining the staff of Dartmouth College Health Services in 2006, Jaime has demonstrated a passion for the practice of medicine in the college health field and displays an eagerness to grow as a health professional. She never stops improving upon her already strong skills, and her dedication to her students is evident in her willingness to take on any challenge. After volunteering as co-chair of the Eating Disorders Team, Jaime had much to learn about a complex issue, but her determination paid off and she has grown into a compassionate, supportive primary care provider and counselor, gaining the trust of her patients. Jaime has also shown great interest in collaborating with the larger college health community; she takes every opportunity to share her knowledge with others, and her colleagues appreciate her positive attitude and creativity.

AFFILIATES NEW PROFESSIONAL AWARD



NEW YORK STATE COLLEGE HEALTH ASSOCIATION
NEW PROFESSIONAL AWARD

Susan Hochman, MPH
Columbia University

“Susan’s sense of dedication and strong desire to create a better world fuel her passion for work and life.”

Susan has been a member of the Health Services at Columbia staff for just under three years. In those few years, she has provided outstanding support to Columbia’s mental health and student health advisory committees, and she truly understands that the role of student health promotion services on a campus is to support and enhance the learning mission of the institution. She embraced her new responsibilities of supervising students and has taken self-directed action to develop her leadership and supervisory skills. Susan actively participates in ACHA’s Health Promotion Section by serving on section committees and as a member-at-large. Her skill at enhancing existing programs, ability to self-start, and dedication to her craft have earned her the respect and admiration of her colleagues.



PACIFIC COAST COLLEGE HEALTH ASSOCIATION
NEW PROFESSIONAL AWARD

Michelle Johnston, MPH
University of California, Davis

“Michelle is a visionary, skilled, and pragmatic leader in health promotion.”

Michelle is known on her campus as a remarkable resource for health and wellness efforts. Since she joined the University of California, Davis Student Health Services as the health promotion supervisor, she has helped transform programs and preventive services. Michelle has also forged partnerships with other UC Davis health services, university departments, and the local community. These partnerships have taken health promotion on her campus to a new level, fully integrating health education and promotion into the larger campus community. Michelle consistently supports her staff in all their endeavors to improve the health of their students, and she developed a strategic plan that has brought renewed energy, direction, and influence to her department.

AFFILIATES NEW PROFESSIONAL AWARD



ROCKY MOUNTAIN COLLEGE HEALTH ASSOCIATION
NEW PROFESSIONAL AWARD

Stephanie Hanenberg, FNP-C
University of Colorado-Colorado Springs

“Stephanie has taken the health center to new heights with her positive approach and vision.”

In 2005 Stephanie was hired as director of the University of Colorado at Colorado Springs Student Health Center and has since greatly increased the health center’s visibility on campus. She skillfully marketed the health center’s programs and services, which led to an increase in student visits and an improvement in services. Her ability to communicate and build relationships means she is always accessible to patients, student organizations, faculty, and staff. Stephanie leads her staff in providing quality health care that is accessible, affordable, and a pleasant experience, and her colleagues appreciate the positive environment she has created through her compassionate leadership. She has also been highly active in her affiliate, serving as president-elect. Her involvement in RMCHA has helped strengthen and revitalize the organization, and her enthusiasm and hard work have served as a model for other affiliate members.

FELLOWS COMMITTEE

Jackie Ayers, PhD, *Chair*
University of Florida-Gainesville

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Stanford University

Ted Grace, MD, MPH
Southern Illinois University-Carbondale

Alejandro Martinez, PhD
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Baker University

AWARDS COMMITTEE

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University of Pennsylvania



Building Bridges by the Bay

ACHA 2009 ANNUAL MEETING
SAN FRANCISCO, CA • MAY 26-30

*Conducted in collaboration with the
Pacific Coast College Health Association*



American College Health Association